

Reentry Resource Guide

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Welcome Letter

Hello Resource Guide User,

Thank you for choosing to use the Humboldt County Resource Guide that has been designed specifically for those that have been incarcerated. This guide was designed by students from the Sociology Department at Humboldt State University. We conducted a research project in Spring of 2016. Where we interviewed formerly and currently incarcerated people. We found that there is a need to know the resources that currently exist. We want to see you succeed, and this guide will help you access resources and aid you in the journey of reintegration.

We know that many people returning to the community after being incarcerated need assistance with identification, housing, employment, and other basic needs.

We encourage you talk to your probation officer, case worker, mentor, or anyone who can be an ally to your success. **If you are an AB109 client under Probation supervision, or are required to enter residential treatment or a batterers program, there may be extra assistance available for you - ask your probation officer.** We all want you succeed. The more open you are about what support you need, the more we can help you! Seek the counsel of your peers that have successfully changed their lives after incarceration. The more supports you have, the more likely you will be successful. We are truly excited to welcome you back into the community!

Sincerely,
S.H.A.T.T.E.R
 Students of Humboldt Advocating Total Transformative and Effective Reintegration

“If at first you don’t succeed try, try, try again.” W.E. Hickson

Hotlines and Non-emergency Services

In An Emergency Call **911**

Hotlines:

311 Baby Hotline	1-800-311-BABY (2229)
AIDS Hotline	1-800-342-2437 (English)
	1-800-344-7432 (Spanish)
	442-0711
Alcoholics Anonymous	1-866-418-1397
Alcohol & Drug Help Line-Treatment/ Referrals	1-800-222-3463
California Missing Children Hotline	1-800-662-8887
California’s Smokers Hotline	1-800-4ACHILD
Child Abuse Hotline - Child Help National	445-6180
Child Welfare Services (24 hr.)	1-800-799-SAFE (7233) (English/Spanish)
Domestic Violence Hotline	1-800-662-HELP (4357)
Drug Abuse Hotline-Treatment/ Referrals	826-6020
Humboldt Earthquake Hotline	1-800-783-1919
Head Lice Help line (Lice Advice Help Line)	445-7715
Humboldt Co Mental Health Crisis Line	443-6042
Humboldt Domestic Violence Services	1-800-THELOST
Missing/Abducted Children	1-800-438-6233
Mothers Against Drunk Driving	1-866-315-8645
Narcotics Anonymous	1-800-786-2929
National Runaway Safeline	1-800-273-TALK (8255)
National Suicide Prevention Hotline	445-2881
Northcoast Rape Crisis Team	1-800-222-1222
Poison Control Center	442-2345
Pregnancy Care Center	1-877-256-6877
State of California Victim Services	1-800-SUICIDE
Suicide Prevention Hotline/National Help Network	1-800-843-5200 (24 hr.)
Youth Crisis Hotline	444-2273
Youth Services Bureau	

Non-Emergency Numbers

	<u>Police</u>	<u>Fire</u>
Arcata	822-2428	825-2000
Blue Lake	445-7251	668-5765
California Highway Patrol	822-5981	
Eureka	441-4060	441-4000
Ferndale	786-4025	786-9909
Fortuna	725-7550	725-5521
Hoopa Valley Tribal Police	530-625-4615	
Humboldt County Sheriff	445-7251	445-7251
Loleta	445-7251	733-5407
McKinleyville	839-3857	825-2000
Rio Dell	764-5642	764-3329
Trinidad	677-0133	677-0224

Support Groups

Days, Times and Locations are subject to change without notice.
Please call ahead to confirm the groups location and time.

Monday

Celebrate Recovery 442-1784
Eureka Faith Center
1032 Bay Street, Eureka
Faith based drug and alcohol recovery support group.
Childcare available. Mondays dinner at 6:00 (\$3 adult, \$2 child), group 7-9 pm.
eurekafaithcenter.org

Lactation Assistance Program 618-9536
Call for location, 2-6 pm. Hands on education, assistance and support for nursing moms.

Mental Health Support 407-7059
County Mental Health, Rainbow Room 4:30-6:00
720 Wood St., Eureka
Support for caregivers and family members of people with mental illness. First Friday at McKin. Senior Resource Center.

POET– Peer Outreach and Education Team 269-4243
General Hospital, Burre Room
1st Mon. of the month, 6:30-8 (except holidays)
Diabetes support group.

Grief Support Group 445-8443
Jacoby Store House, 4th Floor, Arcata
6-7:30

Domestic Violence Survivors 866-668-6543
Call for location, childcare available (call business office ahead if needed), 6-7:30 pm

Tuesday

Mother to Mother 822-7743
317 3rd St., Conference Room, Eureka
10-12 am. For mothers with newborns to one year olds.

Spanish speaking stress management support groups
St. Joseph's Parish
2312 Newburg Rd., Fortuna
4th Wed. of the month 6:00-8:00
For More Info, Call 407-8380

Telehealth
2426 Buhne St., Eureka
2nd Tues. of the month 6:00-8:00
For More Info, Call 498-1032

Wednesday

Celebrate Recovery Step Studies 442-1784
Eureka Faith Center
1032 Bay Street, Eureka
Faith based drug and alcohol recovery support group.
Childcare available. Wednesday from 6-8 pm.

Grief Support Group 445-8443
Hospice Main Office
3327 Timber Fall Court, Eureka
5:30-7 pm

Mental Health Support 407-7059
County Mental Health, Rainbow Room 12:00-1:00
720 Wood St., Eureka
Support for caregivers and family members of people with mental illness

Madre a Madre (Spanish only) 441-4477
St. Joseph Hospital 2-4 pm
Burré Room 1st Wed. of the month
Christ Lutheran Church 1:30-3:30
2132 Smith Ln., Fortuna 2nd Wed. of the month
Spanish speaking nursing mother support group through Paso a Paso.

Spanish speaking diabetes support groups
St. Joseph's Parish
2312 Newburg Rd., Fortuna
1st Wed. of the month 6:30-7:30
For more info call 407-8380

Telehealth
2426 Buhne St., Eureka
3rd Wed. of the month 6:30-8:00
For more info call 498-1032

Thursday

Domestic Violence Survivors 866-668-6543
Call for location, childcare available (call business office ahead if needed), 6-7:30 pm

Friday

Domestic Violence Survivors 866-668-6543
Call for location, childcare available (call business office ahead if needed) 12-1:30 pm

Grief Support Group 445-8443
Hospice Main Office
3327 Timber Fall Court, Eureka
1-2:30 pm

POET– Peer Outreach and Education Team 822-5378
Azalea Hall, 1620 Pickett Rd., McKinleyville
1st Fri. of the month, 10-11:30 am
Diabetes support group.

Saturday

Grief Support Group 445-8443
Saturday Morning Slipper Club
Hospice Main Office
3327 Timber Fall Court, Eureka
9-10:30 am

AA
Call or go online for schedule 442-0711, 844-442-0711
aahumboldtelnorte.net

About Contacting Resources

When contacting potential resources, you can guide community personnel in discussing information about what they have to offer you. Remember, you don't need to disclose your prior incarceration, just be honest if asked directly. Also, before calling, write down what you want to ask or know.

- Explain why you are calling.
"I am calling from Arcata. I'm looking for information on getting my ID. I need to know how much it costs, and what documents I need to bring with me to the DMV."
- Have a pen and paper ready to write down any information you may receive.
- Ask for the resource's specific functions (what do they do?) and decide if any of them match your needs:
- If you feel that you would benefit from the program, get the following information: Location of services, name of a contact person (if any), hours of service, fee, eligibility requirements and how to apply.
- Ask the resources personnel to send you the necessary brochures or other paperwork that further explain the resource. Give your name and address.
- If the person with whom you spoke cannot help you, ask for the name of someone else you can call for the same service.
- Don't give up! If you are not sure of exactly where to call, try calling 211 Humboldt or any other number listed in this guide. Work with your home visitor, family worker, or center teacher to reach the resources you need.

**211 Humboldt
Humboldt Community Switchboard**
A comprehensive database of information on resources available in Humboldt County.

441-1001 or dial 211
Or online theswitchboard.org

Family & Community Resource Centers

Resource Centers offer support, information and referrals on a variety of topics. All inquiries and discussions are confidential.

Arcata Family Resource Center 822-4858
2400 Baldwin St.

Betty Kwan Chinn Center 407-3833
7th & C St., Eureka
M-F 8-3

Blue Lake Community Resource Center, St. Joseph's 668-4281
111 Greenwood Ave., Blue Lake
M-W 9-6; F 9-3

Bridgeville Community Center 777-1775
38717 Kneeland Rd., Bridgeville
Mailing address PO Box 3, Bridgeville, 95526
T-F 9-4

Carlotta Healthy Start 768-3860
300 Wilder Rd., Carlotta, CA 95528
M-F 8:30-3:30

Eel River Valley Multi Generational Center 725-3300
2280 Newburg Road, Fortuna, CA 95540

Eureka Comm. Resource Ctr, St. Joseph's 442-5239
35 West 3rd St., Eureka
Mon-Fri 11-3

Family Resource Center – Marshall Campus 441-2516
I Street between Trinity & Huntoon, Eureka
M-F 8:30-4:30

Fortuna Community Services 725-1166
2331 Rohnerville Road
T & W 9:30-11:30

Hupa Family Resource Center (530) 625-4000
T9 Holt Street (Box 728), Hoopa, CA 95546

Loleta Comm. Resource Ctr, St. Joseph's 733-5239
700 Loleta Dr. (Loleta Grammar School)

Manila Community Center 444-9771
1611 Peninsula Dr., Manila
Mailing address 1901 Park St.
M-Th 12:00-5:00

Mattole Valley Resource Center 629-3311
PO Box 191, Petrolia 95558
Wednesdays 9-1 by appointment

McKinleyville Family Resource Center 840-0905
1459 Hiller Rd., McKinleyville
Mon-Fri 10-4 (closed 2-2:30)

Rio Dell Comm. Resource Ctr, St. Joseph's 764-5239
99 Wildwood Ave., Rio Dell
Mon-Fri 8-4

South Bay/Pine Hill Healthy Start 445-5933
5230 Vance Ave., Eureka
M-F 9:30-6

Southern Humboldt Family Resource Center 923-1147
344 Humboldt Ave., Redway
Located on Whitmore Ave. edge of Redway School campus
M-F 8:30-5:30

Westside Family Resource Center-Jefferson Project 497-6280
1000 B Street, Eureka
T-F 9:30-5:30

Willow Creek Comm. Resource Center, St. Joseph's (530) 629-3141
38883 Hwy 299, Willow Creek
Mon-Fri 8:30-1, afternoons by appt.

Alcohol and Drug Services

Treatment Programs –Inpatient/Outpatient

Alcohol and Other Drug Programs

Department of Health and Human Services 476-4054
720 Wood St., Eureka

Outpatient treatment, education and referral for alcohol and other drug problems. Sliding scale, insurance or Medi-Cal. Orientation every Friday at 8:30 AM.

co.humboldt.ca.us/hhs/mhb/adultalcoholandotherdrugsprogram

Alcohol/Drug Care Services

1335 C St., Eureka

Admin 445-1391
Serenity Inn 442-4815
Lee Brown (Men's) 268-0264
Bonnie Brown (Women's) 444-2232
Detox 445-3869

Services include detox & residential. Inpatient programs.

Temporary housing at Serenity Inn. Fee, call for details.

Crossroads 445-0869

1205 Myrtle Ave., Eureka

Residential treatment program -men & women. Minimum 90 days. Sliding fee scale, some special payment programs.

Eureka Community Health Center 442-4038

2200 Tydd St., Eureka

Substance abuse support, medical treatment of addiction, opiate dependency services, resource and referral.

opendoorhealth.org

Healthy Moms Program 441-5220

Department of Health and Human Services

2910 H St., Eureka

Alcohol and other drug day treatment program for pregnant and parenting moms, skill classes, and practical life skills. On-site child care provided. Sliding scale, Medi-Cal.

co.humboldt.ca.us/hhs/mhb/healthymomsprogram

Humboldt Recovery Center

Women 443-4237
Men 444-6262

1302 11th St., Eureka

Residential recovery home for men and women. Outpatient counseling and educational presentations available upon request. Sliding scale fee.

humboldtrecoverycenter.org

Humboldt Family Service Center 443-7358

1802 California St., Eureka

Drug and alcohol education, drug diversion, batterers' program, children of divorce workshops, family, children and individual counseling, premarital counseling for adolescents. humboldtfamilyservice.org

Humboldt Alcohol Recovery Treatment (HART)

2331 Rohnerville Road, Fortuna, CA 95540 725-9381
Toll Free 800-987-6237

Outpatient treatment, first and multiple offender, member of the Drinking Driver Treatment Program. Extended payment plan available.

fortunaacs.com/hart

HumWorks 269-4179

Department of Health and Human Services

929 Koster St., Mod D, Eureka

Counseling and Advocacy Services to parents receiving CalWorks that have or are experiencing substance abuse issues, mental health issues or domestic violence. CalWorks participants may qualify for treatment activities as counting towards CalWorks requirements.

Hoopa Tribe's Human Services/Behavioral Health

2 Orchard Ave., Hoopa 530-625-4237

Drop-in center for education, referral, outpatient counseling, community education and prevention. Parenting classes, marriage and family counseling, health and wellness group, probation/parole referrals for alcohol and other drugs services and PAVE for domestic violence.

Mobile Medical 443-4666

Call for location schedule. Substance abuse support, resource and referral. Clinic with regular stops throughout Humboldt County. Opiate dependency services. Spanish speakers available.

opendoorhealth.org

Mountain of Mercy 707-601-3403

Honey Dew, Ca

Christian based 12 month residential program. No fee for services. Call for more information.

NorthCountry Clinic 822-2481

785 18th St., Arcata

Substance abuse support, medical treatment of addiction, Opiate dependency services. Resource and referral.

opendoorhealth.org

Redwood Teen Challenge 268-8727

Men's Center 1805 4th St., Eureka 268-0614

Women's Center 1435 7th St., Eureka 442-4233

Live-in recovery program for adults. Services range from 12-18 months. Fee for service, some scholarships are available.

redwoodtc.org

Eureka Rescue Mission 443-4551

110 2nd St., Eureka CA

Drug and Alcohol Recovery Program for men, 12 month, live in program includes a Christian 12-Step, education program, Bible study, daily chores, and goal setting.

eurekarescuemission.org

Singing Trees Recovery Center 800-344-3799

PO Box 8, Garberville

Programs include a 14/30/60/90 day program and 7 day detox. Contact for payment options/insurances accepted.

singingtreesrecovery.com

United Indian Health Services 825-5000

1600 Weeot Way, Arcata

Drug and alcohol education, prevention and counseling (group or individual). Detox/residential treatment assistance.

uihs.org

Support Groups

Al-Anon Alateen/ ACA Groups 443-1419

PO Box 6425, Eureka, 95502 888-425-2666

ncwsa.org/district-01/

Alcoholics Anonymous 442-0711

Local 24 hour hotline 844-442-0711

Call or go online for meeting schedule.

aahumboldtelnorte.net

Eureka Faith Center - Celebrate Recovery

1032 Bay St., Eureka 442-1784

Mon. 6pm-BBQ dinner. 7pm peer support groups. Large Group with live music and teaching or testimony. 8pm Men and Women's Small groups. Child care is provided.

Parenting with Love & Logic

Rose Baker 496-6070

Changing Tides 444-8293

2379 Myrtle Ave., Eureka

Team child services, Special Needs Connection & Family Empowerment, children and family services, parenting classes and counseling. Home visiting programs for overburdened families and teen parents.

Supported Parenting Program 444-8293

Weekly in-home visits to teach parenting skills and parent education to those with developmental disabilities.

changingtidesfs.org

College of the Redwoods

Kelly Mendonca 476-4455

Caregivers Education Program

Parenting education classes including Love and Logic, Positive Discipline, Dad's Support Group, Kinship Support Group. Call for information. Child care provided, must be arranged in advance.

Two Feathers, Native American Family Services

1560 Betty Court, Suite A, McKinleyville 839-1933

800-341-9454

Services to promote stability of families and the best interest of Native American children. Must be Native American.

twofeathersnafs.org

Showers / Bathing / Laundry

Arcata Community Pool 822-6801

1150 16th St., Arcata

Medi-Cal, EBT, SSI recipients: \$5.25 adults, \$4.50 seniors and \$3.50 for children. Regular admission prices are more. Use of pools, sauna & showers. Bring towel & soap.

arcatapool.com

Eureka Rescue Mission 445-3787

110 2nd St., Eureka

Showers Mon, Wed, Fri 1-3

Showers and clothing exchange.

eurekarescuemission.org

Fortuna Community Services / DORCAS 725-1166

2331 Rohnerville Rd., Fortuna

Showers for homeless community in the Fortuna area on Tues 9:30-11:30. Call for more details.

fortunaacs.com

St Vincent De Paul 445-9588

35 W. 3rd St, Eureka

Free public showers M, W, F 8:30-12:30. Soap & shampoo provided.

Transportation

Arcata and Mad River Transit System 822-3775

925 E St., Arcata

Transportation in/around Arcata, call or go online for schedule/cost.

arcatatransit.org

Dial-a-Ride

To apply 443-9747, 443-0826

To be picked up 442-4555

Call for information and certification process. Fee for services. For people unable to take public transportation due to a disability.

DMV 800-777-0133

322 W 15th St., Eureka & 1180 Evergreen Road, Redway

Fortuna Senior Citizens Bus Service 725-7625

This is a Dial-a-Ride service for seniors and disabled individuals inside Fortuna city limits.

friendlyfortuna.com

HCAR Care-A-Van 443-7077

525 7th St., Eureka Ext. 1

Care-A-Van provides transportation for non-emergency medical appointments for seniors and disabled. Call for current route schedule. Fee for service.

Humboldt Domestic Violence Services 444-9255

866-668-6543, 443-6042

Emergency transportation provided on a case-by-case basis for people experiencing domestic violence. Call for assistance.

hdvs.org

Humboldt Transit Authority (HTA) 443-0826

133 V St., Eureka Routes

run from Scotia to Trinidad, 7 days a week.

www.hta.org

Redwood Coast Transit 464-6400

Bus service from Crescent City to Arcata. Call for price and schedule or visit website.

redwoodcoasttransit.org

Transportation Assistance Program (TAP) 269-4106

929 Koster St., Eureka

One way transportation assistance out of Humboldt County, meal allowance for families/individuals, assists in relocating, reuniting with extended family, gaining employment and increasing self sufficiency. Must meet eligibility requirements. humboldt.gov/530/transportation-assistance-program-tap

Veterans Resources

Eureka Veterans Affairs

Community Based Outpatient Clinic 269-7500

930 Harris St., Eureka

Humboldt County Veterans Service Office 445-7341

825 5th St., Room 310, Eureka

M-F 8-4:30, phones 8:30-12, 1-4. VA benefit counseling.

Northcoast Veteran Resource Center 442-4322

109 4th St., Eureka 442-5852

Programs to assist veterans in gaining employment, transitional housing, housing vouchers, behavioral/ mental health and other supportive services.

Redwood Veterans Center 444-8271

2830 G St., Suite A, Eureka

Re-integration counseling for veterans, socialization groups, outreach.

Veterans Administration 800-827-1000

www.va.gov

Native American Resources

Bear River Band of the Rohnerville Rancheria	733-1900
27 Bear River Drive, Loleta	
brb-nsn.gov	
Big Lagoon Rancheria	826-2079
PO Box 3060, Trinidad	
Blue Lake Rancheria	668-5101
428 Chartin Road, Blue Lake	
bluelakerancheria-nsn.gov	
Bureau Of Indian Affairs	
364 Knollcrest Dr., Suite 105, Redding	(530) 223-7960
bia.gov	
California Indian Legal Services	443-8397
324 F St., Eureka	
Free or low cost representation for certain legal matters. Call for more information and eligibility.	
calindian.org	
Elk Valley Rancheria	(707) 464-4680
elk-valley.com 866-464-4680	
Hoopa Human Services	(530) 625-4236
Orchard Road, Hoopa	
Assistance for Hoopa tribal members including food, energy assistance, counseling and substance abuse treatment.	
hoopa-nsn.gov	
Hoopa Valley Tribal Housing Authority	(530) 625-4759
25 Hostler Field, Hwy 96, Hoopa	
Indian Action Council	
2905 Hubbard Lane, Ste. C, Eureka	443-8401
Education and tutoring, Native American Library, ancestry info.	
Indian Child Welfare Association	(503) 222-4044
5100 SW Macadam Ave., Suite 300, Portland, OR	
nicwa.org	
Karuk Tribe	(530) 493-1600
Happy Camp	
karuk.us	
Libby Nix Community Center	(530) 625-4300
Weitchpec	
Medical, dental, vision, child/family counseling, substance abuse treatment, nutrition, cultural classes and events and social services for eligible Native American families.	
unitedindianhealthservices.org	
Northern California Indian Development Council	
517 5th St., Eureka	445-8451
Employment and other assistance to eligible families.	
ncidc.org	
Resighini Rancheria, Klamath	482-2431
resighinrancheria.com	
Smith River Rancheria, Smith River,	487-9255
tolowa-nsn.gov	
Table Bluff Reservation Wiyot Tribe, Loleta	733-5055
wiyot.us	
Tribal TANF	476-0344
636 H St., Eureka	
Cash aid, food stamps and other services.	
tribaltanf.cdss.ca.gov	
Trinidad Rancheria	677-0211
trinidad-rancheria.org	
Two Feathers, Native American Family Services	
1560 Betty Court, Suite A, McKinleyville	839-1933

800-341-9454

Services to promote stability of families and the best interest of Native American children. Must be Native American.

twofeathersnafs.org

United Indian Health Services

Operates clinics in Arcata, Fortuna, Kalmath, Weitchipec and Crescent City. Medical, dental, counseling, vision and other health services.

1600 Weott Way, Arcata 825-5000

940 Main St., Fortuna 725-7988

uihs.org

Yurok Indian Housing Authority, Klamath 482-1506

yurokhousing.com

Yurok TANF 445-2422

Parenting

Changing Tides 444-8293

2379 Myrtle Ave., Eureka

Team child services, Special Needs Connection & Family Empowerment, children and family services, parenting classes and counseling. Home visiting programs for overburdened families and teen parents.

Supported Parenting Program 444-8293

Weekly in-home visits to teach parenting skills and parent education to those with developmental disabilities.

changingtidesfs.org

College of the Redwoods

Kelly Mendonca 476-4455

Caregivers Education Program

Parenting education classes including Love and Logic, Positive Discipline, Dad's Support Group, Kinship Support Group. Call for information. Child care provided, must be arranged in advance.

Foster Parent Support Group 476-4455

Ongoing monthly support group for foster parents through the College of the Redwoods Kinship program.

Young Parents Support Group 269-4003

333 6th St., Eureka

Meets 1st and 3rd Friday 4-6 pm. Open to pregnant teens, teen parents, young parents, children and support people.

redwoods.edu/eureka/foster

Directory of Community Parenting Classes

changingtidesfs.org

Family Resource Center

Manila Community Center 444-9771, 444-3803

1611 Peninsula Dr., Manila

Parent support meeting Mon. 5-7, free childcare and dinner.

manilacsd.com

Northcoast Children's Services 822-7206

1266 9th St., Arcata 800-808-7206

Head Start, Early Head Start and State Preschools.

Parenting classes offered to enrolled families.

ncsheadstart.org

Parent Project 825-2508

6-10 week course for parents of elementary, middle and high school students. \$35 per family

parentproject.com

Narcotics Anonymous 866-315-8645

PO Box 6634, Eureka, CA 95502 444-8645

Free confidential support for ending addiction. Call or check website for meeting times.

humboldtna.org

Clean and Sober Living

Call for cost, location and availability

Connie Shelly 845-6744

Clean & sober house. Rooms for rent. Children welcome.

Corner Stones Recovery 725-9252

Clean & sober house. Rooms for rent. Men Only. No children.

Jordan Recovery Center 464-7849

Men's and women's houses, mothers and babies accepted.

Mark and Karen Mesa 442-1104

No couples, no children.

New Life 268-8531, 368-9028

No children

North Coast Veteran's Center 442-4322

Veterans only

Rose and Tom Broussard 441-9205

Co-ed, children on weekends

Sonoma Street House 268-5651

Clean & sober house. Rooms for rent. Children welcome.

Tim Shelley's 444-3935

Clean & sober house. Rooms for rent. Children welcome.

Child Care / Preschool Services

After School Programs:

Most elementary schools offer an after school care option.

Ask your child's school if they have a program available.

Boys and Girls Club of the Redwoods 441-1030

3117 Prospect, Eureka

Programs for school age children and teens. No SS# needed.

Calworks Department of Health and Human Services

929 Koster St., Eureka

Families on CalWorks are eligible for childcare payment assistance immediately with no waitlist. Contact your CalWorks worker for more information.

Changing Tides 444-8293

2379 Myrtle Ave., Eureka

Child care information, referrals, subsidies vouchers, respite care for parents with developmentally disabled children.

Home visiting programs for overburdened families and teen parents. Call for information on support, resources, referral, counseling and advocacy for families.

College of the Redwoods Child Development Center

7351 Tompkins Hill Rd., Eureka 476-4337

Childcare for CR students. Low to no cost, based on income.

Humboldt State Children's Center 826-3838

1 Harpst St., Arcata

Childcare for HSU students. Low to no cost, based on income.

Northcoast Children's Services 822-7206

1266 9th St., Arcata

PO Box 1165, Arcata, 95518 1-800-808-7206

Head Start, Early Head Start and State Preschools. Center based and home based programs for children and families with children ages 0 - 5.

Ryan Youth Center 268-1844

1653 J St., Eureka

Winzler Children's Center 441-2498

717 Creighton St., Eureka

Preschool and school age programs. Low to no cost, based on income.

Yurok Tribal Head Start/Early Head Start 444-0433

3400 Erie St., Eureka

Childcare and Head Start/Early Head Start programs in Witchepec, Klamath & Eureka. Contact for info and eligibility.

Clothing Resources

Free Clothing:

Family Resource Centers

* See page 3 for the center closest to you.

Marshall Family Resource Center 441-2516

2100 J St., Eureka

Open Sept.-June

Kids Closet 442-1784

1032 Bay St., Eureka

T, W, Th 10-12 & 1-4:30. Free clothes for kids sizes 4-14 every 4 months.

Pregnancy Care Center 442-2345

2390 Myrtle Ave., Eureka

M, T, Th, F 10:00-3:00

Clothing and other resources including mentoring to pregnant women. Call for more information.

The Raven Project 443-7099

523 T St., Eureka

Sun 1-5, M 5-9, T-Th 10-1, W 1-6, F 1-4.

Primarily for homeless teens 21 and under, some children's clothing and diapers. Call for information on groups.

7th Day Adventist Church

Eureka - T & Th 10-2 442-6950

Fortuna - T & W 9:30-11:30 725-1166

McKinleyville - W 9-2, closed 12-1 839-3832

Call for times & clothing resources.

Thrift Shops / Low-cost Clothing:

Angels of Hope 822-5019

1309 10th St., Arcata

Mon.-Sat. 10-7, Sun. 11-5

Cuddly Bear 725-4421

751 10th St., Fortuna

Mon.-Thurs. 11-6, Fri.-Sat. 11-5

Discovery Shop -American Cancer Society 443-2155

2942 F St., Eureka

Mon.-Fri. 9:30-5:30, Sat. 10-5, Sun. 12-4

Hospice of Humboldt Thrift Shop 826-2545

575 H St., Arcata

Mon.-Fri. 10-5:30, Sat. 10-5

Lots for Tots 445-3477

3008 Broadway, Eureka

866-214-5814

Mon.-Sat. 10-6, Sun. 12-5

Gently used children's clothing, furniture and toys.

Miranda's Rescue Shop

1694 Myrtle Ave., Eureka 441-1755

Mon.-Fri. 10-6

822 S. Fortuna Blvd., Fortuna 725-4166

Mon.-Sat. 10-6, Sun. 12-4

1544 Pickett Rd., McKinleyville 839-5015

Mon.-Sat. 10-6, Sun. 12-4

Rescue Mission Thrift Store 1031 Broadway, Eureka M-S 10-5:45	443-2523
St. Vincent de Paul 528 2nd St., Eureka W-F 1-5, Sat 1-6	443-8677
Tailwaggers Thrift Shop 2737 F St., Eureka M-S 10-6	445-5837
Consignment: Lots for Tots 3008 Broadway, Eureka	445-3477 866-214-5814
Recycled Youth 1507 G St., Arcata Mon.-Fri. 10-5, Sat. 11-5	825-7775

Custody / Divorce

Children of Divorce Workshop Humboldt Family Service Center 1802 California St., Eureka Call for costs, days and times.	443-7358
Department of Child Support Services 2420 6th St., Eureka M-Th 9-5, F 9-4 Assistance with enforcing court ordered child support/ opening a child support case.	866-901-3212
Humboldt County Courthouse Self Help Center Humboldt County Courthouse 825 5th St., Eureka <u>Self Help Center</u> Room 305 Call for appointment. Family Law facilitators/self-help resources by appointment or walk-in basis only, assist with court paperwork.	445-7256 ext. 1321
<u>Family Law Services</u> 421 I St, Hours: 9-2 Pick up and file Family Law paperwork.	269-1210
<u>Restraining Order Workshop</u> Room 305 Walk-in hours, call for more information. Assistance with restraining orders and custody paperwork. <u>humboldt.courts.ca.gov</u>	445-7256 ext. 1321
Legal Services of Northern California	

Disability/Special Needs

123 3rd St., Eureka Closed Fridays	445-0866
California Dept. of Rehabilitation 1330 Bayshore Way, Suite 101, Eureka Assistance for people with disabilities in finding a job.	445-6300
Changing Tides 2379 Myrtle Ave., Eureka Special Needs Connection Call for information on support, resources (respite workers, therapeutic aides), referral and advocacy for families with children who have special needs.	444-8293
Developmental Disabilities Board 505 S. State St., Ukiah PO Box 245, Ukiah, CA 95482 Advocacy services for people with developmental disabilities	463-4700

in Humboldt, Del Norte, Lake and Mendocino Counties.	
Early Start Services for infants and toddlers with disabilities.	445-0893
Humboldt Community Access and Resource Center (HCAR) 1707 E St. #2, Eureka A wide variety of support services and job programs for people with disabilities.	443-7077
Humboldt County Adult Protective Services/In Home Supportive Services 808 E St., Eureka toll free 1-866-527-8614 This agency handles reports of abuse of dependent adults. Offers in-home support services and has a caregiver registry.	476-2100
Humboldt Co. Office of Education-Special Beginnings 901 Myrtle Ave., Eureka Educational program for children with special needs (0 - 5) and their families, special day class for children with autism. <u>humboldt.k12.ca.us</u>	445-6006
Making Headway 305 O St., Eureka Provides services to survivors of traumatic brain injury and their families. Therapy, counseling and case management to coordinate care and recovery. Sliding fee scale. <u>mhwcenter.org</u>	442-7668
Mobile Medical Office Appointments Mobile medical clinic with regular stops throughout Humboldt County. Counseling services available. Spanish speaking. <u>opendoorhealth.com</u>	443-4666
Redwood Caregiver Resource Center Resources for families & caregivers of brain-impaired adults.	1-800-834-1636
Redwood Coast Regional Center (RCRC) 525 2nd St. Suite 300, Eureka Serves adults and children with developmental disabilities including intake, advocacy and case management services. <u>redwoodcoastrc.org</u>	445-0893
Social Security and Medicare Eligibility Information 3144 Broadway, Eureka <u>ssa.gov</u> English/Spanish	800-772-1213 866-828-1991
Speech Therapy For qualified children over 3 years of age, provided by your school district. See school districts next page for contact info.	
Tri County Independent Living 2822 Harris St., Eureka Support services, advocacy and independent-living skills programs. Assistance with filling out housing applications. Provides housing lists. <u>tilinet.org</u>	445-8404
Department of Health and Human Services	269-4179

Domestic Violence

HumWorks Social Service Branch Campus 929 Koster St., Eureka Behavioral health services for CalWorks recipients. Addresses substance abuse, mental health and domestic violence related barriers to employment. HumWorks services count towards CalWorks required hours. Contact your CalWorks worker for a referral.	
The Emma Center 5251 Erickson Way, Suite 3, Arcata	825-6680

Housing Enforcement Program Public Health) Inspects and evaluates rental housing at the request of tenants. Requires that landlords repair and correct all dangerous, substandard conditions.	445-6215 (Through)
Victims of Crime Resource Center (English and Spanish) Information/ referral to legal resources for victims of crime. <u>1800victims.org</u>	800-842-8467 800-VICTIMS
Victim Witness 712 4th St., Eureka Assistance for victims of violent crimes and their families including counseling assistance, restraining orders, court accompaniment and relocation assistance.	445-7417
VINE LINK <u>www.vinelink.com</u> Reports status of those incarcerated. Can set up to be notified when a loved one is released.	877-411-5588

Mental Health/Counseling

If you are having a mental health crisis call the crisis line at 445-7715 or 911

Beacon Health Strategies Families on Medi-Cal can call for counselor referrals. <u>beaconhealthstrategies.com</u> . Plan name is "Partnership".	855-765-9703
Changing Tides Family Services 2379 Myrtle Ave., Eureka Mental health services to support children and their families. Accepts Medi-Cal. <u>changingtidesfs.org</u>	444-8293
Emma Center 5251 Erickson Way, Arcata Crisis services, resources, referrals, some financial assistance for counseling and other wellness interventions. <u>emmacenter.org</u>	825-6680
Eureka Community Health Center 2200 Tydd St., Eureka Medical, counseling and psychiatric services. Medi-Cal or sliding scale. <u>opendoorhealth.com</u>	441-1624
Hospice of Humboldt 3327 Timber Fall Court, Eureka Free grief/bereavement support groups. Call or go online for schedule. <u>hospiceofhumboldt.org</u>	445-8443
Humboldt Family Service Center 1802 California St., Eureka Counseling for children, women and men, drug education, marriage counseling, Children of Divorce Workshop, family violence program. Sliding scale. * Free walk-in counseling on Mondays 1-4. <u>humboldtfamilyservice.org</u>	443-7358
Humboldt County Mental Health Services Crisis intervention, inpatient and outpatient mental health services, counseling and medication evaluations. <u>Adult</u> -720 Wood St., Eureka <u>Child</u> -1711 3 rd St., Eureka <u>Garberville Office</u> <u>Crisis Line</u> <u>Hope Center</u>	888-849-5728 268-2900 268-2800 923-2729 445-7715 441-3723

2933 H St., Modular Building, Eureka Educational environment for persons with mental health challenges. Workshops, classes and activities. Free. <u>Mobile Outreach Vehicle</u> Call for schedule	441-4650, 267-4843
<u>Patients Rights Advocacy Services</u> Call for assistance with service problems. <u>humboldtgov.org</u>	268-2995
Humboldt Open Door Clinic 770 10 th St., Arcata Medical, counseling services. Medi-Cal or sliding scale. <u>opendoorhealth.com</u>	826-8610
HumWorks Services to parents receiving CalWORKS that have or are experiencing substance abuse issues, mental health issues, and domestic violence. Request info from your worker.	269-4179
HSU Counseling Clinic HSU-Davis House #81, Arcata Staffed by second year graduate students, services for a fee, sliding scale, limited hours in summer. <u>humboldt.edu/psychology</u> click on <i>Community Clinic</i>	826-3921
Mobile Medical Office NAMI (National Alliance on Mental Illness) <u>www.nami-humboldt.org</u> Advocacy, education and support groups for families of people with mental health illnesses.	443-4666 444-1600
NorthCountry Clinic 785 18 th St., Arcata Medical, counseling services. Medi-Cal or sliding scale. <u>opendoorhealth.com</u>	822-2481
North Coast Association of Mental Health Professionals Online searchable listing for mental health providers in Humboldt County. Searchable by type of therapy, location, and insurance accepted. <u>ncamhp.org</u>	441-3832
Redwoods Rural Health Center 101 West Coast Rd., Redway Medical, counseling services. Medi-Cal or sliding scale. Medi-Cal liaison is available, call for hours. <u>rrhc.org</u>	923-2783
Remi Vista 3960 Walnut Dr., Eureka Counseling for children & families. Medi-Cal.	268-8722
Two Feathers Native American Family Services 1560 Betty Court, Suite A, McKinleyville Mental health services to women and children who have experienced sexual, emotional or physical abuse. Culture groups, positive Indian parenting, case management and crisis intervention. <u>twofeathers-nafs.org</u>	839-1933 800-341-9454
Victim Witness-Victim Compensation Program 712 4th St., Eureka Assistance to victims of violent crimes and their families including counseling payment assistance, restraining orders, court accompaniment and relocation assistance.	445-7417
United Indian Health Services 1600 Weeot Way, Arcata Child/family counseling services are provided to eligible families. Must be member of a federally recognized tribe. <u>uihs.org</u>	825-5000
Willow Creek Community Health Center 38883 Hwy 299, Willow Creek PO Box 726, Willow Creek Medical, counseling services. Medi-Cal or sliding scale.	(530) 629-3111

Redwood Village Apartments 923-4048
56 Orchard Ln., Redway
Reduced rent.

Rio Dell Apartments 764-3324
753 Rigby Ave., Rio Dell
Reduced rent.

River Community Homes 822-7816
1061 Hallen Dr., Arcata
Sliding scale.

Strombeck Properties 822-4557
960 South G St., Arcata
Fax- 822-4525
Some reduced rent available.
www.strombeckprop.com

Willow Creek Apartments 499-2440
520-528 Hwy 96, Willow Creek
Reduced rent.

Redwood Creek Apartments 725-1308
2296 Redwood Way, Fortuna
Reduced rent apartments.

Home Ownership:
Foreclosure Prevention & Assistance
www.makinghomeaffordable.gov/

City of Arcata 822-5955
736 F St., Arcata
First Time Homebuyer Program, Housing Rehab Program.
Down payment, mortgage and housing rehab assistance for low income with good credit.
cityofarcata.org

City of Eureka 441-4214
531 K St., Eureka
First Time Homebuyer Program, Housing Rehab Loan.
Down payment, mortgage and housing rehab assistance for low income with good credit.

Humboldt County Affordable Housing 445-7541
520 E St., Eureka
Loan assistance for home repair and a 1st time home buyers program.

Rural Community Development 443-6714 ext. 4
Access to Farmers Home Loan program and low interest home repair loans.

Renter's rights/ legal assistance:

Legal Services of Northern California 445-0866
123 3rd St., Eureka
Renter's rights information, eviction and civil legal matters. Call for scope of services and hours. Closed Mondays.

Humboldt County Courthouse Self Help Center
Humboldt County Courthouse 445-7256
825 5th St., Room 305, Eureka
Civil law assistance, eviction paperwork and small claims cases.
humboldt.courts.ca.gov

Substandard Housing Enforcement 445-6215
Department of Health and Human Services, Environmental Health
100 H St., Suite 100, Eureka
Inspects housing, files repair recommendations with landlords.

Clean and Sober Living
Call for cost, location and availability

Connie Shelly 845-6744
Clean & sober house. Rooms for rent. Children welcome.

Corner Stones Recovery 725-9252
Clean & sober house. Rooms for rent. Men Only. No chil-

dren.

Jordan Recovery Center 464-7849
Men's and women's houses, mothers and babies accepted.

Mark and Karen Mesa 442-1104
No couples, no children.

New Life 268-8531, 368-9028
No children

North Coast Veteran's Center 442-4322
Veterans only, singles, no family

Rose and Tom Broussard 441-9205
Co-ed, children on weekends

Sonoma Street House 268-5651
Clean & sober house. Rooms for rent. Children welcome.

Tim Shelley's 444-3935
Clean & sober house. Rooms for rent. Children welcome

California Indian Legal Services 443-8397
324 F St., Eureka
Legal services for low-income Native Americans.

Legal

CASA (Court Appointed Special Advocates) 443-3197
2356 Myrtle Ave., Eureka
Trained volunteers advocate for abused and neglected children going through the child welfare court system.
humboldtcasa.org

Department of Child Support Services 866-901-3212
2420 6th St., Eureka
PO Box 128, Eureka, CA 95502
Assistance with enforcing court ordered child support, opening a child support case.

Humboldt County Courts info line 445-7256
Homeless Court 445-7256 ext 1505
Court fines and fees can sometimes be worked off through community service. Felonies, DUI and violent crimes do not qualify. Contact for more info and eligibility.

Humboldt County Courthouse- Self Help Center
Family Law Assistance 269-1223 (to make appt.)
Family law facilitators/self-help resources available by appointment, assists with Family Law court paperwork. Free.

Civil Law Assistance 269-1283 (to make appt.)
Assistance with claims, eviction, civil law matters. Free.
humboldt.courts.ca.gov; courts.ca.gov/selfhelp

Humboldt County District Attorney 445-7411
825 5th St. (4th floor), Eureka

Humboldt County Public Defender 445-7634
1001 4th St., Eureka

Humboldt Domestic Violence Services
Toll-free 24 hour crisis line 66-668-6543, 443-6042
Office 444-9255
Referral, resources, restraining order assistance, court accompaniment.
hdvs.org

Humboldt Mediation Services 445-2505
317 3rd St., Suite 8, Eureka
Dispute resolution services. Parent/teen mediation at low or no cost. Sliding scale. Waivers available.

Legal Services of Northern California 445-0866
123 3rd St., Eureka
9-12, 1-3. Closed Fridays. No fee for qualified clients. Assistance with family law, eviction and civil legal matters.

Humboldt Domestic Violence Coordinating Council
PO Box 880, Eureka
Advocates for family violence prevention in Humboldt County. Email to DVCCRRedwoods-owner@yahoo.com
groups.com to see how you can get involved.

Humboldt Domestic Violence Services
PO Box 969, Eureka, CA 95502 444-9255
24 hour crisis line 443-6042
Domestic violence support groups, support groups for children and teens, peer counseling, temporary shelter, resource and referrals. All discussions are confidential.
hdvs.org

Humboldt Family Service Center 443-7358
1802 California St., Eureka
Family violence prevention. Batterers program. Counseling. They offer a 52 week batterers program.

MEND / WEND (Men/Women Experiencing Non-abusive Directions) 441-8630
930 3rd St., Eureka
Family therapy, anger management groups and a 52-week court approved domestic violence program. Call for details.

PAVE (Partner Alternatives to Violence Endeavor)
serving Fortuna and McKinleyville, Mail: 2474 Seidel Rd., Arcata, CA 95521, (707) 822-4744, (c) (707) 616-4238

Skuy-ech-son Batterer Intervention Program (Yurok Tribe) currently serving Hoopa, Klamath and Eureka, 190 Klamath Blvd., Klamath, CA 95548, (707) 482-1350, (c) (707) 482-0415

Two Feathers Native American Family Services
1560 Betty Ct., Suite A, McKinleyville 839-1933
Promotes stability of families and the best interest of Native American children. Must be Native American.

Victim Witness 445-7417
712 4th St., Eureka
Victims of family violence or another crime may be eligible for counseling funds, relocation assistance and advocacy. Call for eligibility information and application assistance.

WISH
PO Box 642, Garberville, CA 95542 923-4100
24 Hour 223-0043
Temporary shelter for women and children who are in crisis, provides emergency direct services. Resource and referral services, assists victims of rape & battery and provides help with temporary restraining orders.

Education

Adult Education:

Eureka Adult School 441-2426
or 100 J St., Eureka 441-3345
M-Th 8-4
Information on community education, GED, vocation education and English as a Second Language.
eurekaadultschool.org

Cal Works (AKA Welfare-To-Work) 268-3400
445 W. Washington St., Eureka
Basic Skills and Education: Basic education, GED prep, literacy. Classroom training: Eureka Adult School, HROP, College of the Redwoods. Vocational/Occupational Train-

ing, Work Experience Training, Childcare, transportation and ancillary expenses. Must have at least one dependent child under the age of 18 to qualify.
c4yourself.com

College of the Redwoods 476-4100
7351 Tompkins Hill Rd., Eureka
Call or go online for schedule of classes, fees & special events calendar. Classes, academic and vocational counseling offered in Humboldt & Del Norte counties. Eureka site has a child development center. Financial assistance.
GED Test Preparation 476-4500
333 6th St., Suite B, Eureka
GED test offered, 4 modules-\$35 per module. Need to pass all 4 modules to earn GED. Call for class days and times.
redwoods.edu

Extended Opportunity Program and Services (EOPS/CARE) 476-4270
7351 Tompkins Hill Road, Eureka
Financial support, counseling, parking, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.
redwoods.edu/eops, humboldt.edu/talentsearch
eurekacityschools.org

Humboldt Literacy Project
537 G St., Suite 203, Eureka 445-3655
922 N St., Fortuna 725-0655
Trains and provides tutors to assist in learning to read or improving reading skills (also ESL). Referrals for immigration issues accepted.
humlit.org

Humboldt State University 826-3011
1 Harpst St., Arcata
Call or go online for schedule of classes, fees and special events calendar. Academic counseling, child development center and other services.
humboldt.edu

Employment

California Conservation Corps 800-952-5627
Employment opportunities for young adults.

California Department of Rehabilitation 445-6300
1330 Bayshore Way, Suite 101, Eureka
M-F 8-5
Serves anyone with a physical, mental, or emotional problem that interferes with their ability to secure and hold a job. Job training and placement, help with transportation, vocational and personal counseling for those who qualify.
dor.ca.gov

CalWORKS
445 W. Washington St., Eureka 268-3400
Mon.-Fri. 8:30-12, 1-5. Assistance in obtaining employment including training, assessment and job search support.
c4yourself.com

Comprehensive Career Services (thru HCAR) 444-2349
1707 E St., Eureka 444-7077 ext. 819, 806
Vocational training, job placement for people with disabilities.

Craigslist
humboldt.craigslist.org

Express Employment Professionals 268-1866
14 West Wabash, Eureka

Temporary and permanent job placement. Typically the fee for service is paid by the employer.

Humboldt County Office of Education (HCOE)
901 Myrtle Ave., Eureka 445-7000
Regional Occupation Program for K - 12, court and community schools or special education.

*****Job Market***** 441-JOBS
409 K St., Eureka (Corner of 5th & K) 800-242-1353
1520 City Center, McKinleyville

Northcoast Veteran's Resource Center 442-5852
109 4th St., Eureka
Job listings, education and job-skills training programs are offered to all veterans.

vietvets.org/ncvrc.htm
Northern California Indian Development Council
517 5th St., Eureka 445-8451

Assistance for eligible Native American families in crisis. Also job counseling/training.
ncidc.org

RCAA 269-2001
904 G St., Eureka
rcaa.org

AFACTR/AmeriCorps : 269-2020
Members serve in partnership with Humboldt Co. Child Welfare Services and Family Resource Centers.

Sequoia Personnel 445-9641
2930 E St., Eureka
Temporary and permanent job placement. Typically fee for service is paid by employer.

sequoiapersonnel.com/job_counseling/training.
RCAA 269-2001
904 G St., Eureka

rcaa.org
AFACTR/AmeriCorps : 269-2020
Members serve in partnership with Humboldt Co. Child Welfare Services and Family Resource Centers.

Sequoia Personnel 445-9641
2930 E St., Eureka
Temporary and permanent job placement. Typically fee for service is paid by employer.

sequoiapersonnel.com

Financial Assistance

Annual Credit Report

Free credit report once a year

annualcreditreport.com

California Tribal TANF Partnership 476-0344
620 C St., Eureka

Assistance for members of federally recognized tribes.

cttp.net

EITC-Earned Income Tax Credit

Find out if you qualify for a tax credit for low to moderate income working individuals/couples with children

www.irs.gov/credits-&-deductions/individuals/Earned-Income-Tax-Credit

Extended Opportunity Program and Services (EOPS)

7351 Tompkins Hill Road, Eureka 476-4270

Financial support, counseling, parking, help with becoming self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.

redwoods.edu/eops

FAFSA

Financial aid to pay for college. You may qualify for grants that do not need to be paid back. Contact the Financial Aid office at the college you plan to attend, or apply at www.fafsa.ed.gov/

GOTTA GET ID 269-9590
904 G St., Eureka

Helps pay for cost of necessary identification (birth certificates, CA drivers licenses, CA ID, social security card, marriage, divorce, death certificates, certified copies of name changes).

Can pay cost for obtaining new identification, depending on eligibility. Must be referred by service provider. See website for list of providers.

rcaa.org

Humboldt County Dept. of Social Services (DHHS)

929 Koster St., Eureka 877-410-8809, 269-3590

Humboldt County Dept. of Social Services (DHHS)

929 Koster St., Eureka 877-410-8809, 269-3590

General Relief, Temporary Aid to Needy Families (TANF), CalFresh, Medi-Cal. Rental deposit assistance for homeless families, Winter Shelter vouchers (Nov.-April)

c4yourself.com

Humboldt Co. Health & Human Services

Southern Humboldt (707) 923-2779

727 Cedar St., Garberville
Centralized, local access to services including TANF, Public Health and Social Services.

Redwood Community Action Agency- HEAP

539 T St., Eureka 444-3834

Credit on PG&E bill one time per year. Based on income.

Social Security Administration 866-828-1991

3144 Broadway, Eureka
SSI, Medicare, retirement, disability, survivors.

State Disability Insurance 800-480-3287

409 K St., Eureka
Cash assistance for qualified disabled workers

edd.ca.gov

Unemployment 800-300-5616

Food Resources

Betty Chinn Day Center 407-3833

7th & C St., Eureka

M-F 8-3

Campbell Creek Connexion-Nazarene Church

76 13th St. (corner of 13th & Union, near HSU), Arcata

Food pantry distribution Sat. 10-12. for more information call

Food for People 445-3166

Or the Church 826-1000

Eureka Rescue Mission

110 2nd St., Eureka

Information and men's shelter 445-3787

Women & children's shelter 443-5016

Free breakfast and dinner are served daily.

eurekarescuemission.org

Food for People 445-3166

307 West 14th St., Eureka

Call or walk in on Mon. to schedule an apt for that week. Food pick up times Tues. & Wed. 10-3, 2nd & 4th Thurs.

Homeless Services

Emergency Shelters:

Arcata Night Shelter 211

Call for more information and hours of operation.

Eureka Rescue Mission

110 2nd St., Eureka 443-4551, 445-

3787
Women's shelter 443-5016

Free breakfast and dinner are served daily.

Humboldt County Department of Social Services (DSS)

929 Koster St., Eureka 877-410-8809

Winter shelter information 269-4106

Call for information regarding eligibility for emergency housing assistance, rental deposit assistance. Winter shelter program, Nov.-April for eligible families. Homeless may qualify for more CalFresh.

humboldt.gov

Humboldt Domestic Violence Services

Office, Mon.-Fri. 9-5 444-9255

24 hour crisis line 443-6042

Toll-free 24 hour crisis line: 866-668-6543

Emergency housing for women and children experiencing domestic violence is provided in a Safe House for up to 30 days. All contact is confidential.

WISH

PO Box 642, Garberville, CA 95542 923-4100

Hotline (707) 223-0043

Temporary shelter for women and children who are in crisis or experiencing domestic violence, provides emergency direct services. Resource and referral services, assists victims of rape & battery and help with temporary restraining orders.

wishshelter.org

Transitional Shelters:

Arcata House 211

1005 11th St., Arcata

Transitional housing program to assist individuals and families with interim housing while overcoming a temporary financial crisis. May help with deposits on a case by case basis. Call for a phone assessment.

arcatahouse.org

Northcoast Veterans Resource Center 442-5852

109 4th St., Eureka 442-4322

Transitional housing/housing assistance for homeless vets.

Redwood Community Action Agency (RCAA)

906 G St., Eureka

Admin 269-2001

Bridgehouse 269-9590

RCAA Multiple Assistance Center (MAC) 269-9590, Ext. 201

Rapid Rehousing Program, (Adults/Couples/no children)

Housing Services Office 269-2014

General resources for homeless families:

Family Resource Centers

*see page 3 for the resource center closest to you.

Betty Kwan Chinn Day Center 407-3833

133 7th St., Eureka

M-F 8-3

Housing

Variety of services including Open Door Mobile Medical Care (Mon. 8-2), computer use for research, help with public assistance enrollment, homeless court, education support/ GED, workshops (resume and AOD counseling, community resource referrals, interview clothing, housing/job search assistance, after school program, summer camp, playgroups, teen parent support services and activities.

Northern California Indian Development Council

241 F St., Eureka 445-8451

Housing assistance for eligible families. Call for information.

ncidc.org

Craig's List

humboldt.craigslis.org

Local classifieds and forums for jobs, housing, for sale, personals, services, local community, and events.

Times Standard Newspaper

humboldtclassifieds.kaango.com

Humboldt State University

Off Campus Housing

hsurentals.com

Subsidized Housing:

Please note that programs often have long waitlists

Aster Place 497-6321

2440 Myrtle Ave., Eureka

Reduced rent apartments in Eureka. 725-8062

Church Hill Townhomes 725-8062

2601 School St., Fortuna

Sliding scale apartments in Fortuna.

Courtyard Apartments 826-0386

3101 Boyd Rd., Arcata

Reduced rent.

Danco Property Management 822-9000

5251 Erikson Way, Arcata

Affordable apartments in Eureka, Fortuna, Redway and Willow Creek. Some sliding scale available.

www.danco-group.com

Fortuna Family Apartments 725-6500

2160 Stockton Court, Fortuna

Reduced rent apartments. 442-0311

Henderson Village 442-0311

515 Creighton, Eureka

Reduced rent.

Housing Authority (HUD) 443-4583

735 W. Everding, Eureka

Call for information and dates of next opening for Section 8 and other HUD housing programs in the area. Sliding scale.

Housing Humboldt/RCAA

PO Box 4655, Arcata, 95518 826-7312

Humboldt Plaza Apartments 822-4104

2575 Alliance Rd., Arcata

Sliding scale, Section 8.

Murray Apartments 839-2348

1423 Reasor Rd., McKinleyville

Reduced rent, sliding scale.

Redwood Court 725-6755

2042 Jenny Ln., Fortuna

Some reduced rent and some sliding scale.

Redwood Creek Apartments 839-0875

1740 Sutter Rd., McKinleyville

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NorthCountry Clinic
785 18th St., Arcata
Medical: 822-2481 OB & Prenatal: 822-1385
Medical care & counseling services. Medi-Cal, sliding scale.
opendoorhealth.com

Redwoods Rural Health Center 923-2783
101 W. Coast Rd., Redway
Medical, dental, birth control, counseling & prenatal care.
rrhc.org

Planned Parenthood of Northern CA 442-5700
3225 Timber Fall Court, Eureka
Information and services covering birth control, sexually transmitted disease testing and treatment, pregnancy testing and options counseling, HIV testing, abortion, LGBT services, morning after pill and teen clinic. Call for hours.
plannedparenthood.org

United Indian Health Services 825-5000
1600 Weeot Way, Arcata
Variety of medical, dental and mental health services for members of federally recognized tribes. Call for more info.
uihs.org

Willow Creek Community Health Center (530) 629-3111
38883 Hwy 299, Willow Creek
Family medical practice.

Hospitals:
Note: Most hospitals have financial aid programs

Jerald Phelps Community Hospital 923-3921
733 Cedar St., Garberville
shchd.org

Mad River Community Hospital 822-3621
3800 Janes Rd., Arcata
Express Care 7 days a week 1-9pm
madriverhospital.com

Redwood Memorial Hospital 725-3361
3300 Renner Dr., Fortuna
redwoodmemorial.org

Redwood Urgent Care 298-2011
2440 23rd Street, Eureka
For non-life threatening conditions. Open everyday 10-8. Walk-in or same day online appointments. Accepts most major insurances, discounts for private pay, Medi-Cal/ Partnership not accepted at this time.
redwoodurgentcare.com

St. Joseph's Hospital 445-8121
2700 Dolbeer St., Eureka
stjosepheureka.org

Six Rivers Medical Center (530) 629-3116
850 State Hwy 96, Willow Creek

Insurance:
Covered California 800-300-1506
Assistance with finding affordable health insurance overage. Open enrollment Oct.-Jan. Enrollment may occur throughout the year with special circumstances.
coveredca.com

Department of Health and Human Services
929 Koster St., Eureka 877-410-8809
Medical coverage programs for low income adults and families (Medi-cal, County Medical Services Program [CMSP], Path2Health). Contact for eligibility. Non documented immigrants may be eligible for certain coverage, emergency benefits. c4yourself.com to apply for all DHHS benefits.
humboldtgov.org

Healthy Families/Medi-Cal for Children 877-410-8809
The Healthy Families program has ended. All eligible children will be moved to Medi-cal.
c4yourself.com to apply

Healthy Kids Humboldt 442-6066
2200 Harrison, Eureka
Advocacy and help with obtaining medical insurance for children under 19. Spanish speaking.

MCAP-Medi-Cal Access Program
Formerly: Access for Infants/Mothers Program (AIM)
PO Box 15559 800-433-2611
Sacramento, CA 95852
Insurance program (primary or secondary) for moderate income pregnant women who do not qualify for Medi-cal.
aim.ca.gov

Pediatrics:

Early Start at RCRC 445-0893 ext. 325
Health, development, and case management services for infants and toddlers with disabilities and their families.

Eureka Pediatrics
2800 Harris St., Eureka 445-8416
2192 Central Ave., McKinleyville 839-3377
eureka-peds.com

Humboldt County Health Department, THRIVE (The High Risk Infant Visitation Enhancement Program)
529 I St., Eureka 268-2105
In home case management for high risk infants.

Open Door Pediatrics 269-7051
2200 Tydd St., Eureka

Redwood Pediatrics 725-9355
3305 Renner Dr., Fortuna

St. Joseph's Home Care 443-9332
intermittent pediatric nursing, post-partum nursing program.
stjosephhomecare.org

***Pediatric Care is also available at any of the community health centers and clinics.**

Pregnancy/Perinatal Care:

Breastfeeding Care Line 445-8121 ext. 7536
2773 Harris St., Eureka
classes at NorthCountry Clinic. Call for more information.

Humboldt Open Door Clinic
(see listing under Health Care providers)

J Rophe Medical 444-0423
2458 Buhne St., Eureka
Free pregnancy tests, free ultrasounds up to 18 weeks.

NorthCountry Clinic
(see listing under Health Care providers)

Pregnancy Care Center 442-2345
2390 Myrtle Ave., Eureka
24 hour hotline: 1-800-395-HELP (4357)
Pregnancy counseling (some medical), parenting and social services assistance.

Public Health 268-2108
529 I St., Eureka
Maternal, Child, and Adolescent Health 445-6210
Health & resource information for pregnant/postpartum women.
co.humboldt.ca.us

Redwood Women's Center 725-6108
3309 Renner Dr., Fortuna
OB-GYN and information about using a midwife through pregnancy and birth.
redwoodwomenscenter.com

Humboldt County Dept. of Social Services (DHHS)
929 Koster St., Eureka 877-410-8809
TANF, CalFresh, Medi-Cal or CMSP
c4yourself.com to apply.

Jefferson Project 497-6280
1000 B St.
M-F 12-1, free produce - Sat 10 - 1 during growing season.
jefferson-project.org

McKinleyville Collaborative/Family Resource Center
1459 Hiller Rd., McKinleyville 840-0905
Various services including case management, referrals, food and clothing. Food distribution T & F 11-1 by apt.

Salvation Army 442-6475
2123 Tydd St., Eureka
Emergency food and other social services.

Seventh Day Adventist Community Service (The DORCAS Project)
4251 F St., Eureka 442-6950
2331 Rohnerville Rd., Fortuna 725-1166
1200 Central Ave., McKinleyville 839-3832
Food, clothing, toiletries and other services.

St. Joseph Pantry Shelf 725-1148
2292 Newburg Rd., Fortuna
M,W,F 10-12, except major holidays

St. Vincent de Paul 445-9588
35 West 3rd St., Eureka
Free lunch daily from 11-12:30. Food boxes given on emergency basis. Call ahead for details.

WIC - Women, Infants, Children
317 2nd St., Eureka 445-6255
727 Cedar St., Garberville 923-2779
1108 Main St., Fortuna 726-9427
1459 Hiller Rd., McKinleyville 840-0905

Health & Wellness

Dept. of Health & Human Services, Public Health
co.humboldt.ca.us/hhs

California Children's Services 445-6212
Assists with payment for medical treatment for low income children with qualifying illness. Referrals from pediatricians.

Child Passenger Safety Program: 476-4991
Spanish speaking 441-4477
Car seat safety classes, low/no cost car seats & inspections.

Environmental Health: 445-6215
100 H St., Suite 100, Eureka
Inspects substandard homes and assist with determining corrective action needed. For unincorporated areas.

Safety Programs: 476-4991
Life Jacket Loan Program, Child Passenger Safety Program

Lead Poisoning Prevention: 441-5566
Lead poisoning prevention and testing information.

Nurse Family Partnership: 855-707-WELL, 268-2105
Free home visiting program for first time mothers focused on empowerment, parenting, health and development.

Public Health Clinics
529 I St., Eureka 268-2108
Garberville Clinic 923-2779
Willow Creek Clinic (530) 629-2410
Immunizations, lice and scabies, TB, and STD clinics.

Public Health Nursing: 268-2105
Health and safety information and support through case management and home visits. County wide. Families may self refer if they need support with health related concerns.

Safe Care 441-5075
Parenting program for adults with children 0-5. 3 parts.

Dental:

Burre Dental 442-7078
959 Myrtle Ave., Eureka
Call in the morning for same/next day appointment if in pain.

K'ima:w Medical Center
Redwoods Rural Health Center
United Indian Health Services
Willow Creek Family Medical Group
Western Dental
1350 Churn Creek Rd., Redding, CA 96003 (530) 224-9700
1240 Farmers Ln., Santa Rosa, CA 95405 (707) 542-5200
Accepts MediCal. Will take Adults' MediCal for extractions. Oral surgery for Adults and Children. Burré often refers here for Children and Adults who need extensive treatment.
westerndental.com

Information and Referrals:

Child Health & Disability Prevention (CHDP)
908 7th St., Eureka 445-6210
Information & referrals for no-cost health exams for children.

Humboldt County Care Line 800-698-0843

Kris Kelly Health Information Center 442-9094
2711 Dolbeer St., Eureka
Comprehensive health information for North coast residents.
kkhic.org

St. Joseph's Community Resource Centers

Eureka	442-5239
528 2nd St., Eureka	
Blue Lake	668-5239
111 Greenwood, Blue Lake	
Rio Dell	764-5239
99 Wildwood Ave., Rio Dell	
Loleta	733-5239
700 Loleta Dr., (Loleta Grammar School), Loleta	
Willow Creek	(530) 629-3141
38883 Highway 299, Willow Creek	

Variety of services including classes, support groups, referrals and health information. Call for information & hours.

Health Care Providers (Doctors & Clinics):

Eureka Community Health & Wellness Center 441-1624
2200 Tydd St., Eureka
Medical and counseling services provided.
opendoorhealth.com

Humboldt Open Door Clinic
770 10th St., Arcata, 826-8610
1644 Central Ave., Suite F, McKinleyville 839-3068
Medical and counseling services. Medi-Cal, sliding scale.
opendoorhealth.com

K'ima:w Medical Center
1200 Airport Rd., Hoopa, CA 95546 (530) 625-4261
Community health care services for eligible families and individuals. Tribal enrollment *not* required for dental services.

Mobile Medical Office
Appointments 443-4666
Mobile medical clinic with regular stops throughout Humboldt County. Counseling services. Spanish speaking. Social Security Application assistance. Call for schedule.