



The Lumberjack

Humboldt State University Arcata, California

Thirty-two pages in two sections

April 16, 1986

Vol. 62, No. 20



On paper

"Sword of the Spirit in the Hands of Women," a 22-inch by 30-inch watercolor, is one of several works by this HSU art graduate. Please see story page B1.

'Crazies' to go for glory, fueled by Kinetic energy

By Kurt Rasmussen
Staff writer

Grab the drinks and pack the car — the World Championship Kinetic Sculpture Race is back.

The race, an annual Humboldt County event since 1969, will be held Memorial Day weekend.

Between 80 and 100 racers usually sign up to participate, although many of those don't turn up at the starting line.

"One-third of the race entrants show up on race morning," said Thom Orth, executive director for the race, (but) "We have a lot of repeat crazies."

The cross-county event has served as a championship race for winners of similar races held in Washington, Colorado and Arizona.

Although Coors Brewing Co. has sponsored some past races, this year's kinetic race is sponsored by private donations. Sponsors who donate \$150 or more get their names printed on the side of a machine, said Vicki Sleight,

public affairs liaison.

Sleight said racers from outside Humboldt County make up a large number of the participants.

"We have a good response from out of town — real overwhelming," she said.

The race begins with the noon whistle May 24 at the Arcata plaza and ends May 26 at the Humboldt County Fairgrounds. The 36-mile course goes through downtown Eureka, along beaches and across Humboldt Bay.

A popular attraction for spectators is "Deadman's Drop" at Samoa Beach. Rules allow the use of ropes to ease the descent, but such an easy method is frowned on.

"It's like a 250-foot drop. The machines have to ride down. Usually the whole excitement is to see who can make it without using ropes," Sleight said.

Racers compete for the best overall

Please see RACE page A10

Budget may enhance student leaders' pay

By Tom Verdin
Campus editor

Stipends — that's the buzz word humming around Associated Students offices as student government leaders work to pull together the annual A.S. budget.

And if two of the largest student programs on campus receive the A.S. funds they requested, more than \$11,000 in student fees could be allocated as compensation for some student leadership positions.

The A.S. budget has been in the evaluation stage since budget hearings for the 34 A.S.-funded programs were held April 4 and 5. The A.S. Board of Finance, which compiles the budget, will make its recommendation to the Student Legislative Council at Monday night's meeting.

Connie Carlson, A.S. general manager, said a final budget will "hopefully" be compiled by the SLC by mid-May. It must then be signed by President Alistair McCrone.

Student fees include an A.S. fee, which was \$40 per student this year and next year will be \$42. The fee goes to fund programs such as student government, Youth Educational Services and Campus Center for Appropriate Technology.

The largest requested increases came in the form of stipend requests from the A.S. government office and from The Lumberjack, whose budget re-

quest jumped 383 percent over last year's allotment. Stipends are financial compensation for student leaders and campus program directors.

Dave Michels, A.S. treasurer and Board of Finance chairman, said approximately \$20,000 would have to be trimmed from the total of all budget requests to meet the A.S. budget of \$252,000.

A.S. President Mark Murray drafted the A.S. government budget, which calls for an increase from \$10,879 to a requested \$19,866, much of which goes to fund an increase in student government stipends.

"Basically these are full-time jobs, especially in terms of the A.S. president. He can write off a year of school," Murray said.

"If you want to get quality people to do this job, it at least has to be worth their while."

Murray, who said the A.S. stipends have not been raised in five years, requested that stipends:

- be increased for the A.S. president from \$1,500 per year to \$3,000 per year
 - be increased for the A.S. vice president from \$500 per year to \$1,500 per year
 - be increased for the A.S. treasurer from \$1,500 per year to \$2,000 per year
 - be increased for the SLC chairman from \$300 per year to \$500 per year
- ("Murray's) justification was two-

Please see BUDGET page A4

'Racist' charges leveled by curriculum group

By Rod Boyce
Editor in chief

A group of faculty and students is seeking to alter the university's curriculum to increase representation of women and ethnic groups in course material.

More than 40 people, mostly women and many of them angry at the university's approval of selected course material, met in Goodwin Forum Monday to push for changes in course content.

HSU administrators, however,

assert there has been progress toward greater minority representation in the curriculum.

The meeting was the third, and largest, of the nameless group in two weeks and the first to arrive at a planned resolution to what some members of the group see as "institutionalized racism."

"I felt like I was getting ripped off with my education," Lisa Woodward, 20-year-old philosophy senior, said.

Please see WOMEN page A7

Inside your Lumberjack

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Math professor guides calculated fantasies, juggles 'super learning,' women's issues

By Susynne McElrone
Staff writer

Books about math and women's studies are crammed in bookshelves that reach the ceiling. Papers cover the desk top and most of the floor; a 10-speed bicycle and racing helmet sit in the corner next to a box of juggling pins. All this is crammed into room 49 in the library basement, Phyllis Chinn's office. Her office is a reflection of her life — diverse and full.

"She's very lively, very interesting and an excellent mathematician," said Richard Rothrock, theater arts professor. "She loves juggling and loves to teach it."

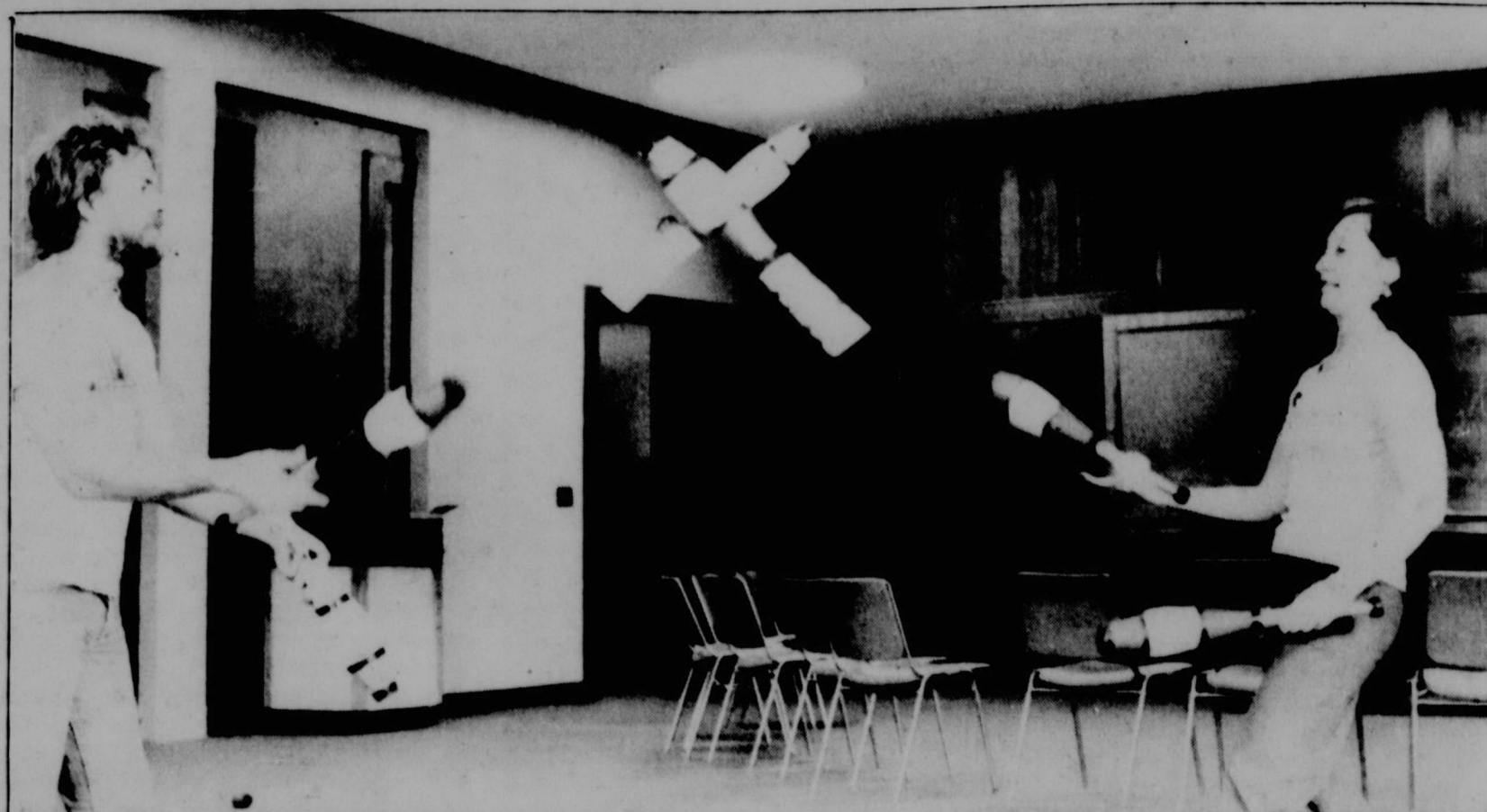
Chinn is adviser to the juggling club, and she said she has been juggling "about five years."

"A lot of mathematicians juggle. They're just intrigued by the patterns involved — it's a kind of structured play," Chinn said.

Chinn, who has taught at HSU for 11 years, has applied some techniques learned through juggling to her teaching.

"When I had to work really hard at learning to juggle, I learned patterns of persistence and practice. So I'm a very patient teacher as a result," Chinn said.

"I can understand how someone would have to work very hard at (math) the way I did with juggling, so it



—Jeffrey Pally

Dean Massey, president of the campus juggling society, and Phyllis Chinn.

has made me perhaps a little more patient with people who are learning math."

Chinn teaches a class called "Math Confidence."

"(The class) teaches students things like study skills, relaxation techniques, time management and working for an understanding of basic mathematical skills. It's focused on attitudes towards

math," Chinn said.

In her classes, Chinn includes aspects of "super learning" techniques for learning and memorizing material.

Please see next page

Campus briefs

Be aware of environment

Wallace and Page Stegner will discuss "Environmental Consciousness" April 24 at 8 p.m. in the Kate Buchanan Room and conduct a workshop April 26 in Fulkerson Hall.

For further information contact any of the department co-sponsors: geography (3946), sociology (3139), English (3758) or journalism (4775).

Motivation day scheduled

American Indian College Motivation Day, a program design to encourage Native American high school students to attend college, will be held May 8 from 9 a.m. to 2 p.m.

Registration is required by Tuesday.

For more information contact Morena Taylor, Student Affirmations Action Office, at 826-4791.

Eat, listen, learn about clubs

Club Activities Day will be held April 30 from 10 a.m. to 3 p.m. in the quad.

Live music, food and exhibitions will be featured, and information about HSU clubs will be available.

For more information contact Nancy Darby, Club Coordinating Council, at 822-4151 or 826-4421.

Surviving 'The Killing Fields'

Dith Pran, whose life was portrayed "The Killing Fields," will lecture about his story of survival May 14 at 7:30 p.m. in the College of the Redwoods Forum.

Tickets go on sale Wednesday. Admission price is \$6; seating will be limited.

For more information call 443-8411, ext. 531

Computer know-how

The following workshops will be offered through Academic Computing Services:

- Macintosh to Mainframe Communication April 30 from 10 a.m. till noon in FA 211.

- CYBER Network Operating Systems May 1 from 2 to 5 p.m. in SA 564.

- Electronic Mail Bulletin Board Systems May 3 from 10 a.m. till noon in Library 208.

- IBM and PC to Mainframe Communications May 8 from 10 a.m. till noon in SH 119.

For more information call Laurie Takao at Academic Computing Services, 826-4206

Speaking about the world...

Great Decisions '86 will sponsor the following lectures:

- "Third-World Development," by Mohammad Hemmasi, Thursday.

- "Israel and the United States," by Samuel Oliner, April 24.

- "Religion in International Politics," by Ilie Smultea, May 1.

All lectures will take place in Founders Hall 157 at 7 p.m.

For more information, call 826-3711.

Follow the Leaders

The Club Coordinating Council will sponsor Club Leadership Day Saturday from 8:30 a.m. to 12:15 p.m.

The discussion will include basic leadership skills, planning successful programs, recruitment and motivation and publicity highlights.

The day will begin with a continental breakfast in NHE 106.

For more information contact Nancy Darby, Club Coordinating Council, at 822-4151 or 826-4421.

Money available for clubs

Any clubs considering special education, cultural or social projects or events may apply for funds now available through the Club Coordinating Council.

For more information contact PJ Jeffords in the University Center gameroom.

Work outdoors, influence people

Topics ranging from working outdoors to influencing people's values of the land will be discussed at a symposium on women and the environment.

The free symposium will be held in the Kate Buchanan Room Friday from 7 to 10 p.m. and Saturday from 9 a.m. to 5 p.m.

In addition, a weekend of rock climbing, nature exploration, music making, writing and discussion is scheduled for April 26 and 27. Enrollment will be limited.

For more information contact Adrienne Behrstock at 826-3236.

Picture this, cameraman

Upward Bound is seeking an instructor for its Photo Yearbook class, which is held from June 23 to July 25.

The instructor will conduct 10 hours of class per week for five weeks. The goal of these classes is to produce a 40-page yearbook documenting Upward Bound's summer session.

The instructor must have experience in photography, darkroom techniques and design and layout knowledge appropriate for a magazine-format yearbook.

Salary is \$15.22 per classroom hour of instruction.

Interested persons can pick up applications in NHE 205. Applications must be turned in with a resume, tentative budget and a course proposal by 4 p.m. April 25.

Continued from previous page

Chinn said "super learning" is a method developed in Bulgaria that increases the visualization and retention of new material and can help reduce the stress that sometimes accompanies learning.

"I have in the past and will again come to class early for a voluntary relaxation and visualization session.

"I'll come in with a tape recorder and we'll go through various kinds of right-brain activities, just to get the students in a relaxed mood for learning. Especially when I'm teaching calculus classes, I run relaxation exercises, which the students really like," Chinn said.

"I have been doing some presentations at conventions where I teach other teachers how to use some of these techniques that I call right-brain and guided fantasy activities," Chinn said.

For the past two years Chinn has been faculty development coordinator. She conducts teaching technique workshops for professors and sets up discussions between administrators and faculty to help improve communication.

"I set up a series of once-a-month luncheons (for the faculty) with Academic Vice President (Michael) Wartell with different topics every month," Chinn said.

"This is one of my innovations — sort of a way of letting people from one department meet people from other departments and have intelligent conversations on things that are not directly in our teaching areas."

Rothrock, Chinn's predecessor as faculty development coordinator, said, "She's imaginative in dealing with faculty development and addressing

problems that arise in situations with the faculty. She is also very pleasant to work with."

Chinn was recently elected by faculty members to serve on the University Faculty Committee for a two-year term.

The committee consists of five faculty members "evaluate requests (of faculty members) for promotion, tenure and appointment," Wartell said. "Then they make a recommendation to me and I make the final decision."

In addition to her school-related

'One notion is that we're responsible for our own experience. I have a relationship with students where they take responsibility for their own learning.'

—Phyllis Chinn
Math professor

work, Chinn is active in the women's rights movement.

"(She is) very interested in women's subjects and was instrumental in persuading the faculty to deal with women's studies," Rothrock said.

Chinn was appointed this year by CSU Chancellor Ann Reynolds to a commission studying the status of women in the fields of science, math and engineering.

"We found that women are under-represented, as we expected. The causes are many. It starts in the elementary schools and the higher you go, the more under-representation shows up," Chinn said.

She said the reasons more men than women are in science, engineering and

math are "partly social, partly because of reluctant professors, subtle discriminations and even blatant sexism."

Chinn experienced some not-so-subtle discrimination when she was in college.

One male professor told her on the first day of one of her college classes, "You girls might as well forget about good grades — I'm going to give them to the guys so they can't get the draft."

Chinn said she wishes she had known then that she could have sued her professor for such a remark.

When not teaching, Chinn is involved with her own projects.

"In my spare time I'm doing mathematical research on various areas of graph theory," she said. "I try to write at least one paper a year so that I can present it at the annual convention in the southeastern United States. It draws from 200 to 400 people in my field."

This summer, Chinn will travel to China to attend a math conference and present a paper on graph theory.

She said her math skills won't help her in communicating with the Chinese.

"My husband is Chinese, and he has spoken exclusively Chinese to each of our children since they were born. But

what they speak is a version of Cantonese which will be not at all useful where I'm going, so even my passive understanding won't help," Chinn said.

In 1987, Chinn will present one of the American Mathematical Society's summer research conferences, presented for the top mathematicians in the country.

Her workshop will be at Cornell University or the University of Santa Fe. The topic will be graphs and algorithms (a special way of solving mathematical problems) and how the two fields overlap.

"Usually the top researchers in the field are chosen (to present the workshops). I'm not one, but I'm a really good conference organizer," Chinn said.

Chinn is also involved with Erhard Seminars Training, a "sensitivity training" program. She said est is designed to increase one's sense of self and help people realize their potential.

"One of the est notions is that we're responsible for our own experience," Chinn said. "In my teaching I guess that translates into 'I can't learn anyone anything.' I have a relationship with students where they take responsibility for their own learning.

"(Est) reminds me what I can be, so that I don't slip back into being 'too small,' and that I go on tackling bigger and better things."

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27th Annual Lumberjack Days

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Student group out gassed

By Tom Verdin
Campus editor

It was billed as a "media event." Students First, a campus club formed last week as a "think tank for student issues" and expected to be one of two powerful coalitions in this year's Associated Students elections, had planned to stage a mild protest of Bloxham's Exxon at 14th and G Streets Monday morning.

But nobody, save the press, showed. "We just couldn't get it together," Steve Salmi, public affairs director for the A.S. and Students First member, said.

A handful of club members, including A.S. President Mark Murray and presidential candidate and SLC program commissioner Terri Carbaugh, went later that day to "negotiate" with Exxon management about what Carbaugh called a "blatant discrepancy in gas prices" between Arcata and Eureka service stations.

The event at Exxon was advertised during the weekend as the first step by the club to expose, as one club member said, "blatant exploitation of students" by area businesses.

A Students First press release said the club singled out Bloxham's Exxon because it charged more for every grade of gasoline than any other station in Eureka and because it was closer to HSU than any other.

Murray said, "(Bloxham's) is the worst example, or the best, of what's going on. It's kind of like the free-market system gone haywire."

Carbaugh said Bloxham's was "tak-

ing advantage of" being near the university and said Students First could "see no justification for the higher prices."

However, during Students First's absence at the Exxon station Monday morning, Dennis Bloxham, son of owner Jim Bloxham, said the exploitation charges were "not true at all."

"Their mouths and hands work faster than their brains do. It's called prior contempt without investigation," he said. "Tell any of them who want to protest that they can come down here and buy the station because we just can't make a living from it."

Bloxham explained that the Arcata station's prices were set by what he called a "jobber," his Eureka supplier who owns a number of stations on the North Coast.

After speaking with Bloxham Monday afternoon, Carbaugh and Students First concluded the station was not "ripping students off."

Leo Defazio, SLC academic affairs commissioner and Carbaugh's leading opponent in this spring's presidential elections, said the Students First coalition-to-be "is focusing too much on external things."

"From what I've seen right off the bat, they're going against what I'm for. I want to bring student government back to the campus," Defazio said. "Going to a gas station is a big misuse of student government."

Carbaugh, however, said that student issues extend beyond the campus because students live both on and off campus.

Budget

Continued from front page

fold," said Dave Michels, A.S. treasurer and board of finance chairman.

"He compared (his stipend) with (those of) other schools, and the workload is such that you shouldn't have to be rich to be president."

Murray compared his stipend to those of other CSU student body presidents who make between \$4,000 and \$6,000 per year.

Leo Defazio, SLC academic affairs commissioner, disagreed with the stipend increase.

"With that type of stipend, I could see someone coming out of the woodwork and doing the job for the money. There's too much potential for misuse and abuse," he said.

"Instead of a monetary stipend, I would like to see us get units. There are people out there in athletics and other programs who don't work nearly as hard as student government people and are getting units."

Carlson said if one stipend were considerably increased, stipends should be created for other student government officials.

"There should be equality. Someone working the same amount of hours with the same amount of responsibility should be getting the same stipend," she said.

"If you were to break it down into an hourly wage, it would be next to nothing."

While advertisement revenue accounts for more than 85 percent of The Lumberjack's budget, the newspaper has asked the A.S. for an editor's sti-

pend of \$500 per semester. It has also requested \$1,620 to pay people to stuff inserts and wants a one-time-only \$1,400 summer stipend for the seven section editors who will return to school early to work on the paper.

No Lumberjack editor has received any payment since 1980, said Trudi White, Lumberjack business manager.

"It's important that the A.S. recognize not only academic needs but the financial needs of the people like (Lumberjack) staffers who volunteer all that time down here," White said.

"We're asking for it because it's inequitable to take the position out of the grasp of someone who cannot afford to be editor but is otherwise qualified. We're also hoping it will add to the prestige of being editor."

The Lumberjack's request increased from \$2,500 last year to \$9,580 for next year. The figure includes \$5,300 for White's position.

Michels said the Board of Finance had not looked at the newspaper's request, but Carlson said the increase was "viable."

Other major budget items included the Club Coordinating Council's request for \$2,000 to help clubs sponsor campus events and a \$8,500 request for an A.S. magazine.

Carlson said "academic support" for some A.S.-funded programs, like The Lumberjack and KHSU radio, could be greater. She said such programs for students could be counted as academic and as "labs" and therefore receive money from individual departments instead of from the A.S.

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	7	8	9	10
		Preparing for & Taking Standardized Tests 9:00 - 10:30	Preparing for & Taking Standardized Tests 9:00 - 10:30	Time Management/ Study Schedules 12:30 - 2:00
	14	15	16	17
		Notetaking and Notemaking 9:00 - 10:30	Notetaking & Notemaking 9:00 - 10:30	Reading/Memory 12:30 - 2:00
	21	22	23	24
		Time Management/ Study Schedules 9:00 - 10:30	Preparing for GWPE and Essays 9:00 - 10:30	Preparing for GWPE and Essays 12:30 - 2:00
	28	29	30	1
		Test-Taking Anxieties 9:00-10:30		Test-Taking Anxieties 12:00 - 2:00
MAY				
Math Confidence 3:00-5:00	5	6	7	8
		Test-Taking Strategies 9:00 - 10:30	Test-Taking Strategies 9:00 - 10:30	
	12	13	14	15
		Reading and Memory 9:00 - 10:30	Reading and Memory 9:00 - 10:30	
	19	20	21	22
		Preparing for the GRE 9:00 - 10:30	Preparing for the GRE 9:00 - 10:30	
	26	27	28	29
				Test-Taking Anxieties 12:00 - 2:00
JUNE				
	2	3	4	5
		Test-Taking Anxieties 9:00-10:30	Preparing for & Taking Standardized Tests 9:00 - 10:30	Preparing for & Taking Standardized Tests 9:00 - 10:30

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Counseling workshop has '10-hour rollercoaster ride through nuclear fear'; participants come out all right

By Tony Forder
Staff writer

"I affirm that I can make a difference," "life for our children," "do I choose to create or destroy," "action."

At the end of the workshop each participant voiced a self-chosen phrase as we dropped individual postcards into a basket.

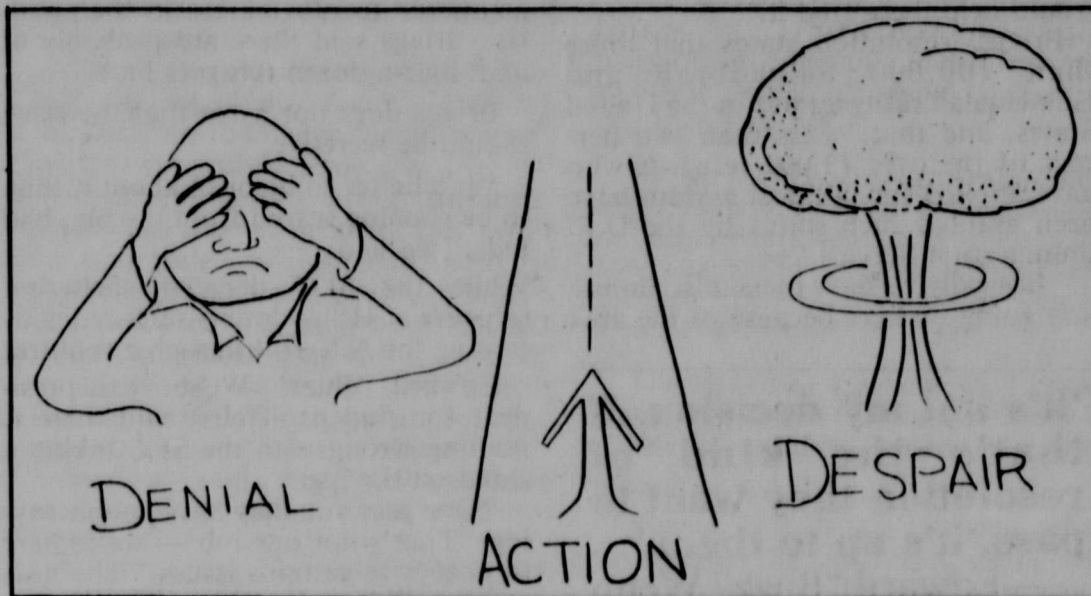
Each phrase represented a response to the title of the workshop, "Meaning in the Nuclear Age," held last weekend in HSU's Counseling Center. The postcards, pledging an action to help alleviate the threat of nuclear holocaust, had been written to ourselves. They would be mailed to us three weeks later to serve as reminders.

The mood at the workshop's conclusion was upbeat. Workshop leaders David and Madeline McMurray used a combination of slide and video presentations, visualization and meditation techniques, creative exercises and group ritual and discussion.

Participants were led on a 10-hour rollercoaster ride through nuclear fear and depression to a destination of hope and optimism.

McMurray is director of counseling and psychological services on campus. Madeline McMurray directs a counseling service in Eureka.

"In the 10 hours of this workshop, we will be walking the edge of despair," McMurray told the 30



students and community members at the outset.

"Some of it will not be comfortable. We will be facing death of the most grotesque nature."

The workshop was designed to deepen contact with peoples' feelings about what is going on in the world, McMurray said. Most people today are familiar with nuclear numbers — the cause and effect of a nuclear exchange. Facing up to feelings, however, is a harder step to take.

How one feels about living 22 minutes away from annihilation is not something that most people care to dwell on — unless you are a child or

teenager. The workshop's first video demonstrated that the younger members of American society are less able to shut out the nuclear threat than are older generations.

A perceived feeling of hopelessness among today's college students led McMurray to create the workshop. The workshop is not limited to students, however.

"There is no place for people to talk, to express their fears," he said.

For Madeline McMurray, the feeling of inadequacy in helping her own children cope with the nuclear nightmare provided her inspiration. Last weekend's workshop was the third

the McMurrays have conducted at HSU, but the cry for help is coming from far and wide. The counseling couple have been in demand on campuses statewide, not only to provide the workshop to students, but to faculty and counselors.

"We are providing them with the tools to set up their own workshops. I know of at least seven campuses where they have accredited classes now," McMurray said.

"There definitely seems to be a need for this," Madeline McMurray said, "People are interested; people are excited."

While some teachers are opposed to the idea of peace being taught in the classroom, Madeline McMurray believes it is a legitimate part of the university environment.

"It's too easy to dismiss it as not part of the classroom curriculum. After all, what is education if we can't talk about issues of life," she said.

The workshop is offered for one unit of credit through the campus religious studies department. The McMurrays hope that next year it will be incorporated into an emphasis phase which will take an interdisciplinary approach to peace.

"There is no area where peace is not relevant today," McMurray said, "even in business. Look at what would

Please see NUKES page A7

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rhythm guitar

SLC votes: Aid refugees leaving Central America

By Jeff Hausman
Staff writer

Central American refugees who have fled their countries in search of sanctuary in the United States can now get some guidance at HSU.

Although federal law says such refugees are illegal, the Student Legislative Council in March approved a resolution allowing HSU to give referral assistance to such immigrants. Not all members, however, immediately approved of the resolution.

Terri Carbaugh, SLC programming commissioner, said, "My biggest fear was that by trying to help these people, we would hurt them by giving them false hope. HSU is not a haven — we don't have the resources to house them. I don't think the deans are going to put sleeping bags in the rooms."

The resolution, written by Mike Briggs, SLC Professional Studies representative, was amended by the council to delete the possibility of the campus becoming a haven and to stress the SLC's support of the local religious community's efforts to provide sanctuary to the refugees.

Associated Students President Mark Murray pointed out that HSU would not become a refuge. He also stressed the lack of facilities on campus.

"I would have supported HSU becoming a sanctuary if we had the room," he said. "The maximum thing we could do is serve as a referral center. If somebody needed refuge, we

would help them find it."

Briggs' resolution states that more than 100,000 Salvadoran and Guatemalan refugees live in the United States, and that "Less than two percent of the over 13,000 refugees who have applied for political asylum have been granted such status by the U.S. Immigration Service."

"Basically we have racial discrimination going on here because of the area

'It's not my decision. If that's the kind of resolution they want to pass, it's up to them.'

—Edward "Buzz" Webb
Vice president for student affairs

these people are coming from," Briggs said.

A spokesman for the U.S. Immigration and Naturalization Service in San Pedro said anyone giving aid and comfort to refugees is "violating federal law." State and local officials have no jurisdiction.

The spokesman, in a telephone interview from San Pedro, also said it is not the INS's duty to go out and find people in violation of this law.

Sanctuary activity in this area is "an extremely underground operation,"

Briggs said.

When asked about sanctuary activity in the area, one church official said, "That's something I'd rather not talk about."

The sanctuary movement is thought to be rather small in Humboldt County compared to other areas in the country. Briggs said there are probably at least half-a-dozen refugees here.

Briggs does not agree that the issue should be secretive.

"It's better to be open about it than to be running scared from the big, bad feds," he said.

While the SLC debated sheltering refugees at HSU, doubts surfaced concerning the A.S. role in such a venture.

Edward "Buzz" Webb, vice president for student affairs, said there is nothing wrong with the SLC taking a stand on the issue.

"One year you may have people saying, 'That's not our job — we're here to deal with campus issues.' The next year you'll have people saying, 'Wait a minute — we're part of a society. Why can't we get involved?'"

"It's not my decision," Webb said. "If that's the kind of resolution they want to pass, it's up to them."

Carbaugh's first reaction to the resolution was that "it was out of the A.S.'s hands to harbor refugees." She is now pleased, however, that the resolution was amended to state: "We support the community support of the refugees."

"The resolution originally said (the refugees) could stay here until there got to be favorable conditions back home," Carbaugh said. "But it's Central America — conditions will never change there."

SLC votes down 20-unit class load

By Mark Anderson
Staff writer

A proposal to limit class loads to 20 units per semester next year was unanimously defeated by the Student Legislative Council Monday night.

The idea behind the proposal was to limit the number of units students, freshmen in particular, would be allowed to carry without the permission of their adviser.

In the event that a student wanted to challenge the rule, an adviser would have to make a judgment based on the student's past academic record.

"I think we are all adults here at the university, and I think we can decide for ourselves how many units we can take," said Terri Carbaugh, SLC programming commissioner.

Leo Defazio, SLC academic affairs commissioner, argued in favor of the proposal. Citing from his experience working at the Academic Information and Referral Center, he said the problem with students taking heavy loads is "an eyes bigger than their stomachs type of thing."

In other action, the council unanimously denounced a CSU Chancellor's executive order regarding grades of Incomplete. CEO 171 allows university records offices to automatically change Incomplete grades to "F" grades after one year.

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Women

Continued from front page

"I was a junior when I began feeling that way. From campus to campus, I think we are in a backwater (with the present curriculum)," she said. Woodward is now on a one-year academic leave.

Central to the group's complaint is a 1980 Executive Order from the CSU Chancellor's Office stating that approved instruction "should recognize the contributions . . . that have been made by members of various cultural groups and women."

The order, which both group members and university officials said is vague, does not require mandatory inclusion of women and minorities in course material, Whitney Buck, dean for undergraduate studies, said. Buck is a member of the HSU University Curriculum Committee.

"The directive says 'should,' not 'will.' The committee did the labor and work to a degree expected to satisfy the executive order," Buck said.

Buck said bias has always been present in the classroom and, based on past record, is something to be corrected.

The order originated with the CSU

Chancellor's Office, but any change in campus curriculum was left to individual universities, Ralph Bigelow, associate dean of educational support services, said.

Monday's meeting was aimed at pushing the HSU faculty and administration to change the university's present curriculum structure.

Recurrent among group members' arguments was the theme of the "white western male" as dominant in course teachings. The group proposes university funds be allocated to perform a "bibliographical search" to aid instructors in selecting texts more favorable to minority and women's contributions in areas of study.

Bigelow said any bibliographical search could infringe upon academic freedom.

"The policy, Executive Order 338, was developed over a period of two years for the whole CSU system," he said.

"What you've got up at Humboldt is a local incident and it would be enormously hard for anyone to change the whole general education package. But it's not impossible."

Nukes

Continued from page A5

happen to real estate prices if there were a nuclear war."

The workshop is set up along the lines of traditional Jungian psychology, Madeline McMurray said. It deals with archetypal images of death and rebirth.

The first part of the workshop deals with death and despair — in this case, the death of the human race. Each person was asked to state whether they thought nuclear war would happen. Few people answered negatively.

The acknowledgement of "nuclear despair" is much the same as facing the death of someone close, McMurray said.

"Many people are denying what's going on," he said. "Not seeing what we are doing to the earth is a way of protecting ourselves. Facing our despair is a way of empowerment. You can live more fully if you know what's going on."

Madeline McMurray said the aim of the workshop was not to dwell on the

sense of depression, but to move through it.

"The danger of becoming aware is that too much despair will create a situation of such hopelessness that no action is possible," she said. "The other danger is that a belief that some outside force — science or God — will save us and no action is taken."

"The position of psychological health is one that holds together the opposites of hope and despair," she said.

At the end of the workshop it wasn't hard to gauge the effect of the McMurrays' efforts to empower the participants. At 4 p.m., while the McMurrays were trying to wind things down, one person was already composing a letter to President Reagan protesting nuclear bomb testing.

Others were talking about setting up a table in the quad to collect signatures. As a speaker on video said, "There are only two choices really — co-existence or no existence."



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HSU plans replacement of 'antiquated' telephones

By Mark Anderson
Staff writer

A computerized telephone system is expected to replace HSU's 20-year-old system within two years.

"There have been major changes in the telecommunications industry and our system is antiquated. It is mechanical as opposed to digital, and we need to upgrade it," said Edward Del Biaggio, vice president for administrative affairs.

"The theory behind installing a new telecommunications system is that through cost-avoidance it can pay for itself in 10 years," Del Biaggio said.

Don Mild, director of planning and information technology, said the school needs a new telephone system for four reasons: telephone rates, the divestiture of AT&T, difficulty with maintenance and the features new telephone technology offers.

Mild cited call-forwarding as a feature a new system might offer. Call-forwarding allows the user to direct calls from his or her office to any campus phone.

If the school receives funding for the system, contractors will begin bidding for the installation job in July, 1987. Del Biaggio said the university is working with the CSU Chancellor's Office to obtain funding.

"The whole project, all of its pieces, would be in the neighborhood of \$2 million and that would not get us into (the price range of) exotic telephone systems," Mild said. "We would be looking at a Chevy as opposed to a Cadillac."

Mild said the campus telephone system in use is the equivalent of

"small town telephone systems designed in the 1920s."

While the system is adequate for basic needs, Mild said, major changes in the telephone industry and telecommunications technology in recent years warrant the installation of a new system.

Mild cited the deregulation of telephone rates as an important reason for replacing the school's telephone system. "The rates for this equipment are no longer covered by tariffs."

"AT&T took control of our equipment and raised the rates. (The rental charge on) single-line telephones went from \$1.01 to \$4 (per month)."

"Last year the school bought 500 single-line telephones from AT&T for \$25.50 each because the yearly rental on the phones amounted to about \$48 per year for each phone."

"The numbers game is constantly changing because we are no longer covered by the Public Utilities Commission," Mild said.

Also, maintenance of the campus system is becoming increasingly difficult and expensive.

"Every month we seem to see an increasing number of problems with our system. The handwriting is on the wall. There will be a day when we have some major problems with our system, and we want the new system in operation before that day," Mild said.

Another problem stems from the settlement AT&T made with the Department of Justice in 1982. The Justice Department agreed to drop its eight-year-old antitrust suit. In return, AT&T agreed to divest its 22 Bell System companies.



Don Mild

As a result of that divestiture, HSU's telephone system is dependent on two companies — Pacific Bell and AT&T. Problems are caused when the system breaks down because it is difficult to determine which company's part of the system is at fault.

Pacific Bell owns all telephone lines connecting campus buildings to the main switching unit in the basement of Siemens Hall. Pacific Bell also owns the main trunk lines that connect the school's system to its Arcata office.

However, AT&T owns the main unit in Siemens Hall, the switching consoles in every building and more than 500 campus telephones.

Mild said revamping the underground conduit system alone could cost \$500,000.

"What you have here now," he said, "is wiring like spaghetti coming in from all over campus. The first step (in installing the new system) is to provide enough conduit underground."

He said when the Engineering and Biological Sciences Building was constructed the underground conduits leading to that part of campus were already filled.

Telephone and computer lines for the new building had to be routed far beyond the building via the switching consoles in Griffith Hall and the Forestry and Natural Resources Buildings.

"Lines that were not in use had to be hijacked to provide service for the Biology Building. Griffith, Natural Resources and Forestry Buildings are now at their limit as far as growth potential (for telephone and computer use) is concerned," Mild said.

This wiring has complicated the maintenance of the system. But with most conduits full, there was no other option.

Mild said replacing the old system will be "a lengthy and tedious process," taking about six months.

Not only will the main conduits between the buildings be replaced, but also the wiring within the buildings.

"We won't be able to use any of the old wiring," he said. "The old system will be kept in operation until the new system is ready to be put into use. There will probably be a time when you see two phones on every desk — one from the old system and one for the new system."

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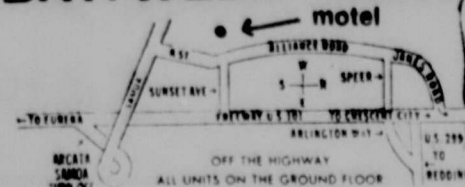
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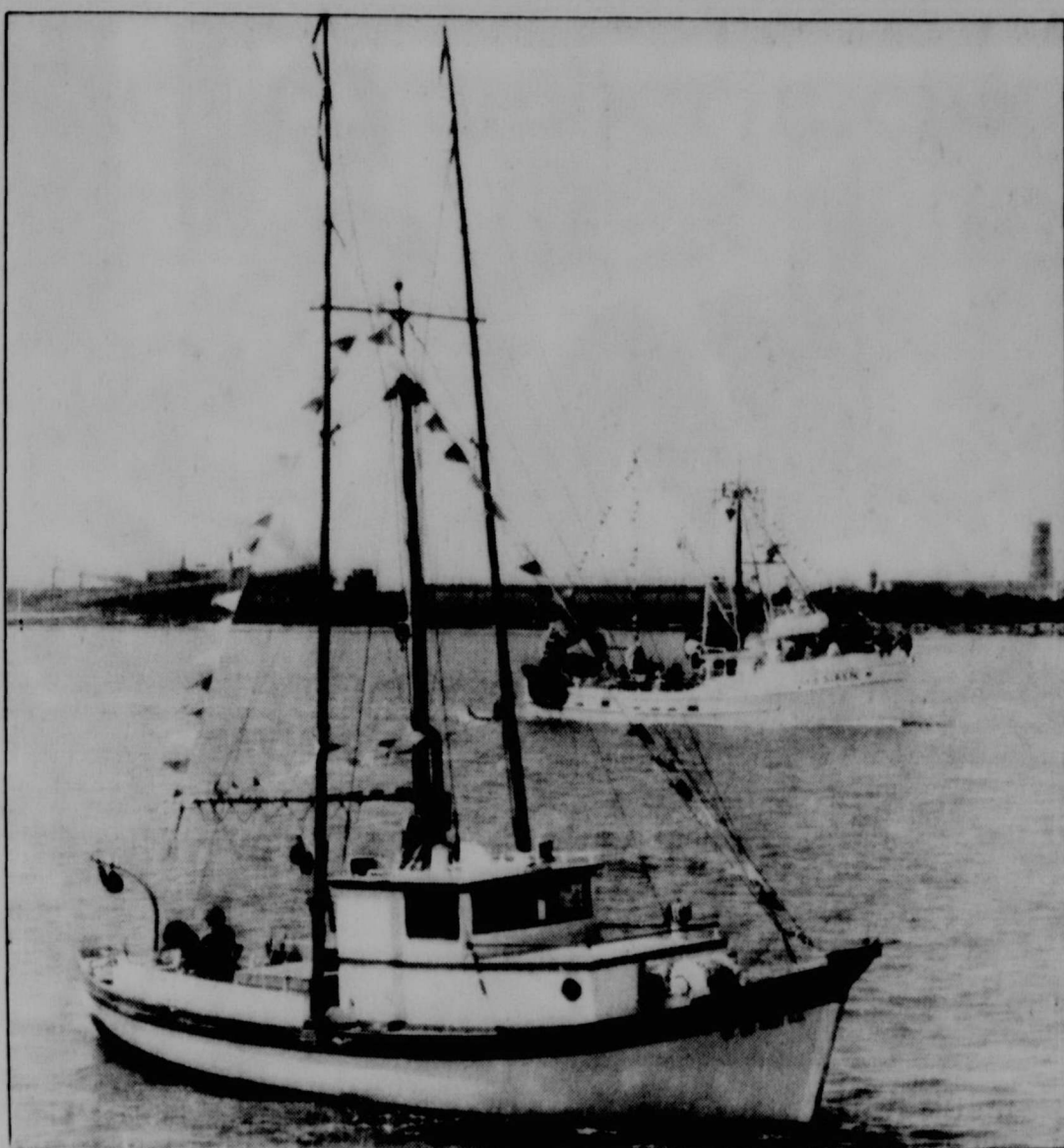
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—K.D. Norris

Floating along

A flotilla of decorated boats paraded past a crowd of nearly 300 people Sunday at Eureka's Small Boat Basin. The parade was part of the Seventh Annual Blessing of the Fleet Festival that was sponsored by the Commercial Fishermen's Wives of Humboldt. The festivities included judging of the decorated boats. Winga, above, last year's second-place winner, took third prize this year. The Mary Alice, foreground at left, and the Sea Siren also participated in the judging. Neither boat placed in the competition. Sea, a 45-foot boat, took first place, while Admiral King, last year's first place winner, placed second.

Community

Page A9
The Lumberjack
April 16, 1986

Walkers, volunteers step out for charity

32-kilometer walk-a-thon set for Eureka;
100 local businesses, organizations involved

By Allison Tetenman
Staff writer

The 32-kilometer March of Dimes 1986 WalkAmerica is underway, with the walk in Eureka scheduled for Saturday.

WalkAmerica is a walk-a-thon to raise funds nationwide to support research, medical services and public and professional education to combat birth defects.

The walk in Eureka will begin and end in Sequoia Park. Registration will begin at 8 a.m. Sponsor sheets may be obtained at McDonald's and Straw Hat Pizza.

The Eureka chapter, headed by Colleen Raven, has helped organize nine walks. Three walks were held Sunday in Crescent City, Weaverville and Hayfork. This weekend, walks will be held in Eureka, Fortuna and Garberville. On April 27 walks will be held in Fort Bragg, Willits and Ukiah.

Raven said a great deal of time and effort goes into planning the walks. Much of the work involves getting permits from the city and county and getting sponsors.

"It's not easy. It is very time consuming," said Raven, who is in her

sixth year as district coordinator for the March of Dimes.

There are reportedly more than 100 businesses and organizations involved in the WalkAmerica locally. A sponsor may give time, money, food or prizes. There are also more than 100 volunteers who work on this event.

People who participate in the walk will receive free hot dogs and soft drinks during and after the walk. The volunteers help at check points passing out food and making sure that the participants are not over exerting themselves.

The walk is held in more than 14 locations throughout Northern California. About 20,000 people participate, 500 of whom are from Humboldt County, Raven said. More than 2

million people participate nationwide.

WalkAmerica started nationally in the 1960s, and in Humboldt County in 1980. The five northern California counties involved are expected to raise about \$24,000.

In the past, there has been a great diversity in the ages of people who have participated in the walk. Raven said the youngest participant last year was 7 months old.

"Last year there was a guy who was 70 years old who participated in the walk in Ukiah. In Willits a group of blind people walk every year and their seeing-eye dogs even have sponsors," said Mary Tingley, community service representative for the March of Dimes.

Also part of WalkAmerica is Team-walk, in which a group of adults forms teams and walks together. The teams represent business and industry, political and social clubs and labor, athletics, and civic organizations. Teams may consist of 5 to 10 people, who take turns walking either part of the route or the entire route.

"(The teams consist of) two or more people walking, usually representing a business. The team that brings in the most money gets a plaque," Tingley said.

Money is raised by participants who get people to sponsor them. They can be sponsored either on a flat rate or by the kilometer. The participant does not have to walk the entire route.

The March of Dimes is supported only by donations. There are two main fund-raisers each year, the March of

Please see MARCH page A12

U.S. Senate hopeful speaks at HSU

By Ann Johnston
Staff writer

Republican U.S. Senate candidate Bob Naylor called the Reagan administration's policy on financial aid "unrealistic" in a press conference April 9 at HSU.

"I have some real concerns about Reagan's proposed cuts in student aid. The current Reagan plans don't reflect the needs of two-student families," he said.

Since taking office in 1980, President Reagan has proposed cuts in many areas of financial aid. However, none of these proposals have passed in

Congress, said Jack Altman, HSU's director of financial aid.

Altman said the issue of financial aid cuts is complex. When talking about the subject, one has to identify specific aid programs and proposed cuts, he said.

In the press conference, Naylor did not specify programs or proposed cuts in student aid.

Although Naylor criticized the Reagan administration's financial aid policies, he said the president's overall economic policy is benefiting students.

"The role of government is to make sure the economy grows to create new

jobs for students. Reagan's economic policy has created a number of jobs," he said.

Naylor's press conference was part of a two-day campaign swing through northern California.

Another Reagan policy Naylor supports is aid to the Nicaraguan rebels.

"I am strongly in favor of Contra aid. It is an investment in avoiding the use of U.S. troops to stabilize the area and counter the Nicaraguan threat," the candidate said.

Naylor said Canada's exporting of timber to the U.S. is a threat to the na-

Please see NAYLOR page A14

Race

Continued from front page

time throughout the three-day event. Each day they struggle to reach the timing gates, which close at sunset to ensure that all vehicles are off the course when darkness falls. Racers who don't make it to the gates are given a time penalty.

The first gate is in Eureka, the second at Crab Park and the third at the fairgrounds.

Race machines come in many sizes and shapes, but can be no more than eight feet high and 14 feet wide.

"You can make them super-simple or super-complex. Some don't even get off the plaza they're so simple, (such as) 10-speed bikes converted so they'll float," Orth said.

Hobart Brown, race director, started the event in 1969. His first people-powered vehicle was a tricycle he built for his son. The tricycle featured a water balloon thrower and a smoke maker — kinetic sculpture was born.

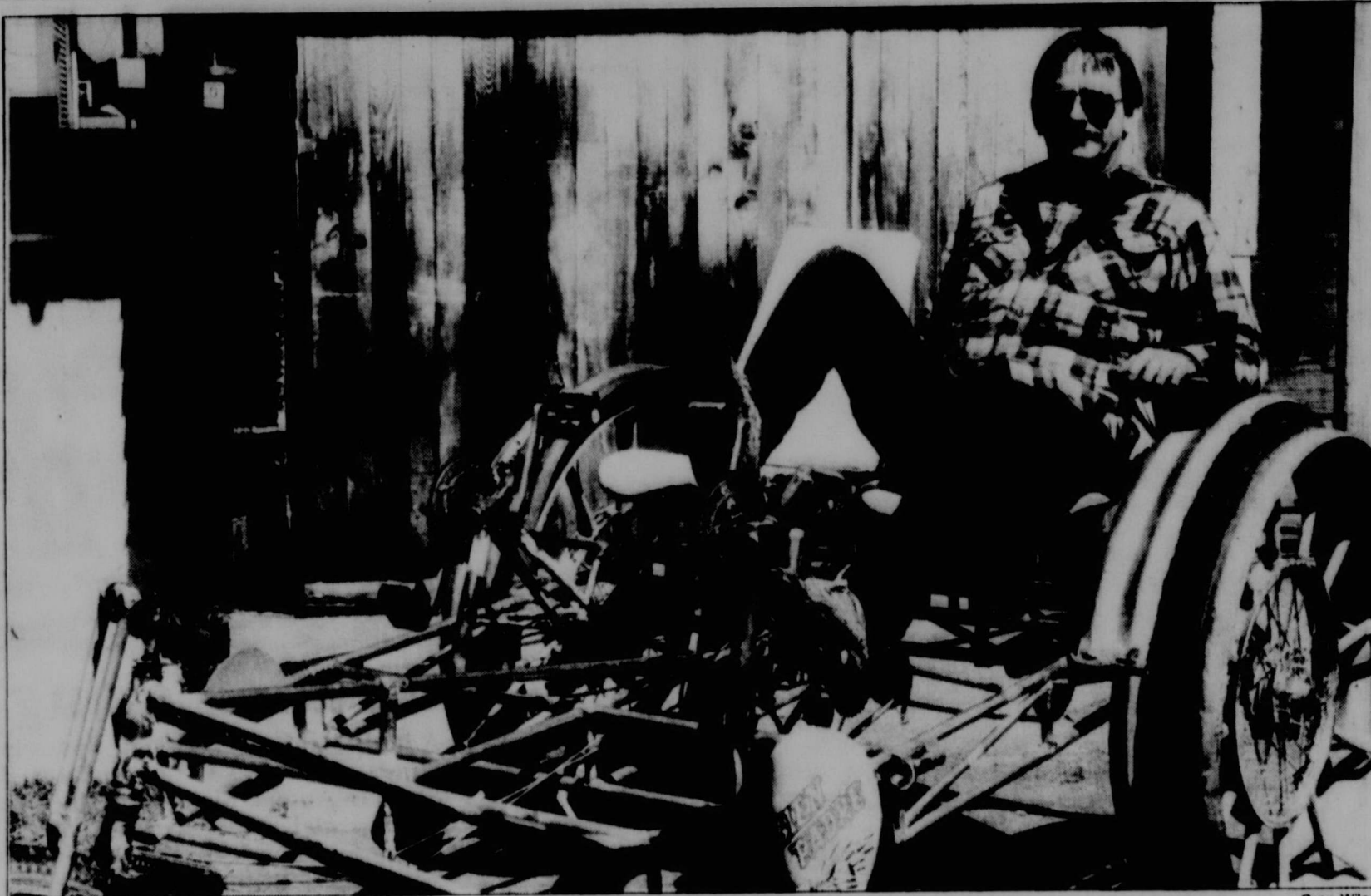
Since then the race has become a Humboldt County tradition and has been featured in Smithsonian Magazine and on ABC's Good Morning America.

Race activities are organized by 11 committees that rely heavily on volunteers. These committees coordinate crowd control, timing gates and officiating.

In past years many HSU students have helped out as jogging referees who run along with the racers "to make sure they're not cheating," Sleight said.

Orth is still looking for volunteer referees.

The race draws thousands of spectators, he said, although an actual



—Greg Wilson

Ken Beldleman, sponsored by Bien Padre for the World Championship Kinetic Sculpture Race, spent \$1,500 since Valentine's Day. He participated in last year's race and sold his machine to the Canadian government. It is now on display at the World's Fair.

count has never been made.

"It's wall-to-wall people. They are all over," Sleight said.

"It's fun because of what people put into it. Basically everybody does it for the glory."

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Pacific Lumber increases cut to make up loss

By K.D. Norris
Opinion editor

In an action designed to ease financial problems resulting from its recent takeover by a Texas-based conglomerate, Pacific Lumber Co. plans to immediately increase harvests of its Humboldt County redwoods.

While the action breaks PL's tradition of slowly harvesting the prime, old-growth redwoods, a PL representative and others familiar with local forestry said the increase will not be detrimental to the forests — unless the increased harvests continue for a long period.

Dave Galitz, a spokesman for the Scotia-based lumber company, said the 20 percent increase over last year's harvests was "brought about by our desire to reduce our debt load" after the legally debated takeover by Maxxam Corp. of Houston.

Carl Yee, HSU professor of forestry, said the old-growth redwoods — of which PL owns 17,000 acres in Humboldt County — are trees "in excess of 100 years old" and are larger and of higher quality than second-growth trees. The second-growth trees are harvested in 30- to 50-year cycles.

Galitz said plans for the increase have been approved by the California Department of Forestry and "Some (cutting) is already in the process."

Harold Johnson, a forester for the CDF in the Arcata-Eureka area, said it would be difficult to notice any in-

crease in the number of harvest plans submitted by PL because "Companies submit plans throughout the year."

Johnson, however, said he had noticed "an increase in (the number of clear-cut harvest plans) since the beginning of the year."

He added the increase has not been done "in a radical manner," and "There has been an increase over the last two years."

There are four basic types of harvesting methods, or cuts, specified on a harvest plan, he said. There are two thinning cuts — one for commercial sale of the wood and the other to prepare an area for commercial cut, a selective cut of certain types of trees, and a clear cut, where all usable wood is taken.

Johnson added that the majority of cuts PL has planned are selective cuts, "which leave a lot of the forest in place."

Galitz said the increase in harvesting is not going to have a great impact on the redwood forests.

"There will be no environmental damage to the stands," Galitz said. All of PL's plans were approved by the CDF, and "California has the most stringent forestry harvesting rules in the nation."

Yee, who is also vice chairman of the CDF governing board, agreed with

Galitz's assessment of the cutting impact, saying the 20 percent increase will "not automatically be bad," but "how long they carry the increase" could be a concern.

Yee said if PL continues to harvest the old-growth redwoods at an ac-

celerated pace, it will soon use up those resources.

"They (PL) are unique, the only (area) company in the old-growth market," he said. But if they cease to be the major old-growth supplier, "They will be in direct competition for the short-growth redwood (market)."

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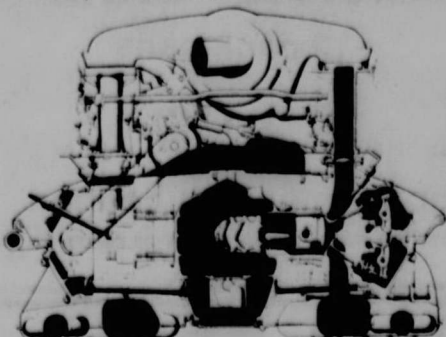
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Naylor

Continued from page A9

tional economy that has possible local repercussions.

"The timber industry is being hurt by Canadian imports which are subsidized by the Canadian government. This is an example of an unfair trade practice," he said.

Naylor said he hopes negotiations between the American and Canadian governments will halt this practice. He proposed placing a tariff (a tax on imported goods) to encourage the Canadian government to enter into negotiations.

By enacting this tax, the price of Canadian timber would rise to a level which would enable the United States to compete on the timber market, he said.

Naylor had no proposals for the fishing industry in Humboldt County. He said he hopes to learn more about that industry while in northern California.

To further his knowledge of fishing industry problems and issues, Naylor planned to visit the Eureka Fisheries Co. He had no plans, however, to attend any of the meetings being held by

the Pacific Fishery Management Council at the Eureka Inn.



Bob Naylor

The Pacific Fishery Management Council held a week-long series of meetings to set quotas and establish

regulations for the upcoming sport and commercial salmon fishing seasons.

On the issue of offshore oil drilling, Naylor said Interior Secretary Donald Hodel's policy did not take into consideration the needs of each area.

"Hodel needs to be more selective in his approach to offshore drilling. Drilling should be done first in areas of greater productivity and less environmental sensitivity," he said.

"Then, and only in the case of a national emergency, should drilling begin in areas of low productivity and high environmental sensitivity."

Naylor, a state assemblyman from Menlo Park, is one of thirteen republican candidates seeking the chance to run against Sen. Alan Cranston. The other Republican candidates are Professor Bill Allen, Los Angeles County Supervisor Mike Antonovich, former Black Panther leader Eldridge Cleaver, State Sen. Ed Davis, Rep. Bobbi Fiedler, television commentator Bruce Herschensohn, retired newspaper publisher Joseph William Knowland, Professor Arthur B. Laffer, lawyer and businessman George Montgomery, psychologist William Pemberton, consultant John Spring and U.S. Rep. Ed Zschau.

March

Continued from page A9

Dimes Telethon and WalkAmerica.

The March of Dimes has an April Fool's Day Run sponsored nationally by Delta Sigma Phi. HSU's chapter of Delta Sigma Phi held its run two weekends ago. The April Fool's Day Run consisted of a 1.5 and a 10-kilometer run. There are also other fund-raisers which go on throughout the year.

The March of Dimes was founded in 1938 by President Franklin Roosevelt to combat polio, Tingley said.

Raven said the March of Dimes has been in Humboldt County since the early 1940s.

In 1955, polio was defeated through the Salk and Sabin vaccines developed through research completely funded by the March of Dimes. Today, the March of Dimes has turned its fight to the elimination of birth defects.

There are over 3,000 known birth defects. More than 250,000 infants are born in the United States each year with physical or mental defects, and more than 60,000 Americans of all ages die every year as a result of birth defects.

The Northern California chapter is investing more than \$1 million annually in health programs.

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GOES PLACES

Community briefs

Council sets fishing regulations

The Pacific Fishery Management Council decided last week to allow commercial salmon fishing off the North Coast.

This decision marks the first time since 1984 that the fishermen have been allowed to do so and also the first time a quota, 83,000, has been placed on Chinook salmon caught by North Coast ocean fishermen.

A combined sport and commercial limit of 123,200 on Chinook is aimed at protecting Klamath River fish stocks and ensuring a return of adult salmon to the river this fall.

June 16 marks the commercial season opening. Additional dates are June 16-19, June 23-26 and June 30 through Aug. 31 or until the quota is met.

In-river sport fishermen also have a set of new regulations including a quota on King salmon, new bag limits and punch cards.

The in-river quota for fall-run Chinook is 7,750. The sport season will close when the quota is met.

The new regulations also increased the daily bag limit from two salmon to five, but only two of the five can be greater than 22 inches in length. Also in effect is a weekly bag limit of six King salmon greater than 22 inches.

Punch cards will be used to keep track of weekly bag limits and adult fish. The cards cost \$1 and may be purchased from any license dealer.

CHP defines policy

The murder of a Ukiah woman has caused the California Highway Patrol to define its policy on citizen requests for transportation assistance.

In November 1985, Rosie Grover called the CHP late in the night asking for a ride. The patrol declined because she was out of the area and told her instead to call a Ukiah-based patrol. She was found dead later that night.

Bruce Nelson of the Eureka-based CHP said that the new policy doesn't differ from the past one except that it is now written down.

"The only difference is that it now shows who has responsibility," Nelson said.

He said it has never been the CHP's policy to give rides to people, but now it will call other local agencies, such as a taxi cab, to help the person.

"Anybody who feels there's a danger should give us a call," he said. "The emergency number, 911, should always be used but if (the situation) is not an emergency" the correct remedy will be found.

Bill gives \$15 million to Eureka

State Sen. Barry Keene has introduced a bill that would provide \$15 million from federal offshore oil revenues to Eureka.

The bill would give the money to Eureka to develop an oil drilling rig fabrication site on the Somoa Peninsula in Humboldt Bay.

Bill may make debt a grant

A bill introduced by Assemblyman Dan Hauser could end repayment plans of Humboldt Bay Wastewater Authority of a \$599,752 construction loan and turn it into a grant.

The county would also be relieved of its obligation to pay its 7 percent share if AB3286 becomes law.

The loan was to be used in part to pay for administration costs of a regional wastewater treatment plant proposed in the 1970s. However, this plan was abandoned in favor of construction of individual treatment plants and alternative systems, such as the one in Arcata.

Revenue bonds that were to be used to repay the loan were never sold, leaving the authority without means to repay the loan.

Millions spent locally

More than \$481 million of federal spending was given to Humboldt County agencies, businesses and individuals in the financial year that ended Sept. 30.

The money was received through local offices of federal agencies, grants, government contracts, retirement payments and loans.

Overall, the federal government reported spending more than \$912 billion in local jurisdictions throughout the United States.

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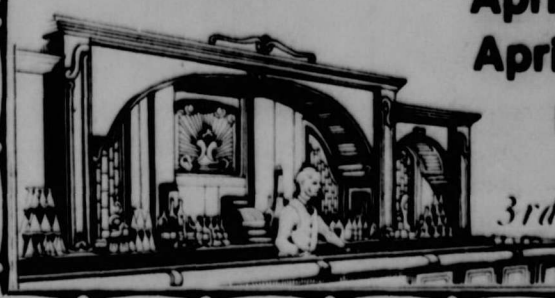
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Opinion

Page A14
The Lumberjack
April 16, 1986

A.S. works a lot, gets paid a little

HSU student government officials bring home the bacon — but it's a mighty lean strip.

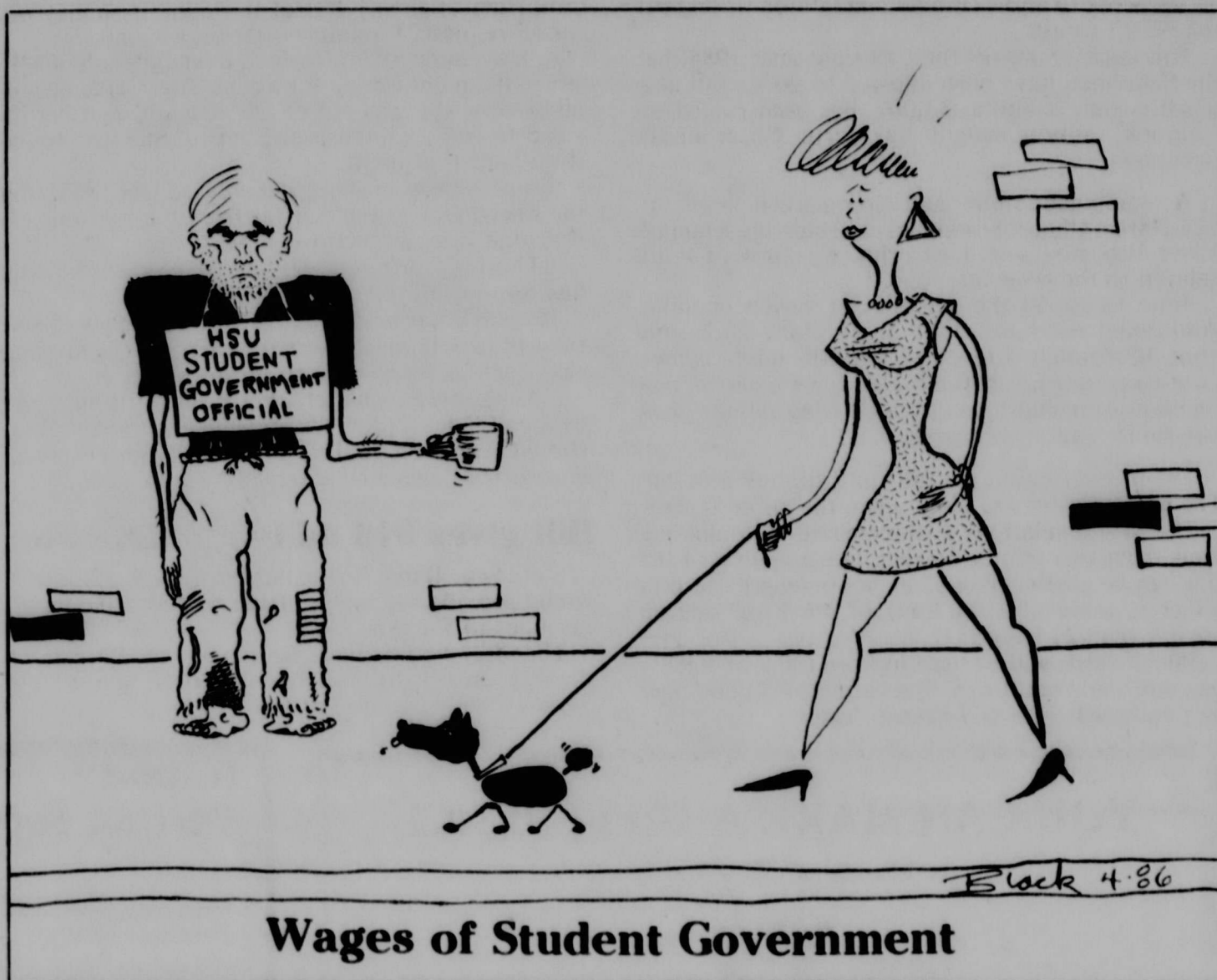
The Associated Students president and vice president can be caught burning the midnight oil for the good of students almost any night of the week. It can be a workload to put a regular 40-hour-a-week job to shame, and it's done for pocket change.

HSU ranks at the bottom of the totem pole when it comes to compensating its student government officials.

It's time for that to change. The A.S. budget request for higher stipends should be approved.

The fact is that A.S. presidents and vice presidents are not getting comparable worth for the job they're doing. Not only is the pay inadequate for the required workload, but it can be discriminatory against prospective presidents and vice presidents who can't afford to put in 40 hours a week for compensation that won't even put food on the table.

A.S. presidents and vice presidents are responsible for setting the agenda for the more than 6,300 students on campus and it's time they got a fair shake.



Wages of Student Government

Letters to the editor

Gast says thanks

Editor:

I'd like to say "thank you" to the students, faculty and staff who received me so warmly on the campus and at their homes. It was good to talk with you and to hear your concerns.

Please feel free to contact me to talk about your problems and ideas for the City of Arcata. If you would like a speaker at a club meeting or in class, please consider me or another council member. We can be reached at the Arcata City Hall, 822-5953.

Thea Gast

Arcata City Councilwoman

'Simple' answers, narrow minds?

Editor:

Concerning last week's editorial page (April 9), I was disappointed by a letter and the "Out of the

Woods" article. It is hard to read something that only carries a narrow-minded, biased view. Both writers had very important points to make, but looking at the issues in simple, one-sided ways tends to alienate readers from the whole truth of the story.

The letter to which I'm referring to above ("Racist policies doomed" by Joseph Stockett) hit me as being true, but not altogether correct. To say that the Middle East and South Africa have racial problems is an understatement. To say that all involved are racists is a simple answer.

Simple answers do not always represent well thought out open-mindedness. What was Stockett's point by saying that Israel, South Africa, the United States and all Judeo-Christian civilization in general represent "the greatest threat to world peace today." It is true that racism is dying, but not by calling all whites racists. Education, brother,

Please see LETTERS page A16

This week in HSU history

1966 — HSU's forestry department received some national attention, in the form of some research funds, 20 years ago this week.

Rudolf Becking, associate professor of forestry, was awarded a \$23,000 National Science Foundation grant from the Nature Conservancy group of Washington, D.C.

The grant was to continue and expand Becking's research efforts on the ecology of the coastal redwood forests and the effects of flooding on those areas.

1976 — A plan to allow beer sales on campus was put on hold because of complaints by community members. The complaints resulted in a delay in the licensing of a University Center site 10 years ago.

One critic of the idea questioned the need for

another drinking establishment with all the others available in town, noting that selling beer on campus would be a problem with all the under-age students around.

"Beer drinking is a major health and economic problem," the critic said.

1981 — The idea of HSU returning to a semester system was introduced this week in 1981 when President Alistair McCrone asked the Academic Senate and Student Legislative Council to study and advise him on the issue.

The SLC's response was that a student vote should be conducted on the issue.

Next year, more than five years later, the quarter-to-semester change will become history.

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Letters to the editor should be signed, legible and 350 words maximum with telephone number included. Students should include their major and class standing.

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Election rejection: fear and loafing at HSU

Power



By Kevin Hayden

Lines

How much will HSU students have to pay for the fear of responsibility they demonstrated by refusing to participate in Arcata's recent city elections? They'll pay more than their share, as usual.

Both of the candidates with distinct ties to HSU (Kathryn Corbett, sociology, and Dan Faulk, political science) were defeated. Both were endorsed by The Union and by the Arcata Merchants and Professionals Association (AMPA). Since winning candidate Jeff Redmond campaigned on his roles as a successful businessman and head of the Arcata Chamber of Commerce, the AMPA endorsement seemed to speak volumes about his base of support.

Also surprising was the fact that only The Lumberjack endorsed both of the winning candidates; its community influence seems to have grown larger than its collective editorial sense.

What does all this mean to YOU,

the college student who registered and voted in numbers too small for a microscope to focus on?

Well, imagine this scenario: HSU will be ringed with more parking meters. If the city council has its way, one will be stationed next to each desk. (Did you ever notice there are NO parking meters anywhere in Arcata, EXCEPT at HSU?)

Certain Arcata merchants, most of whom could not survive without our business, will continue to gouge students in the name of "charging what the market will bear." (Landlords and service station owners are among the chief culprits here, although it is the few who besmirch the reputations of the many.)

Also, HSU students will continue to find a plethora of available minimum wage jobs while the city council pursues dangerous industries such as the manufacture of oil drilling equipment. So far they have ignored decent-paying, clean and safe industries (such as modular home manufacturing and fish processing, which were proposed by candidate Faulk).

This scenario isn't as far-fetched as you may think. Many local businessmen enjoy minimum wages and maximum profits. The parking-meter-student-bleeder has been proposed and will soon be considered. Better representation for HSU would have helped.

After my experience in getting out the recent HSU dormie vote, I'm

concerned. First, most students at HSU aren't registered voters. Using the statistics of the Community Center (where dorm students vote), as a barometer, I discovered there were 1,425 registered voters for the 1982 city council elections. This year, there were only 757. Of these, only 246 voted.

Second, since this polling place represents four precincts, the actual student vote probably constitutes a much smaller number than this. I heard many who neglected to participate claim that Arcata elections wouldn't affect them. I suppose, based on the experience that we've never been nuked, we should also not concern ourselves with the arms race because it, too, doesn't affect us.

Having gone to the Closet of Old Arguments, I shall explain the Sanctity of The Vote to the unbelievers. Millions have died for the right you ignored. If you're an 18-year-old male, you're probably registered for the draft, thus granting your leaders the right to send you anywhere to fight and die for whatever reasons they see fit. If you don't care to select the people who decide your fate, I would question the validity of the intelligence testing that qualified you to attend HSU.

If you registered, but didn't vote, why did you waste your time? College is for the resourceful, and resourceful people don't waste.

If you didn't vote because you felt your vote doesn't count, you're wrong. Additionally, your non-vote

actually diluted the votes of students who did. The city council is aware of the decline in student voting, and may choose to cater to the other groups who DID wield the power of the ballot. If you're sprayed with dangerous chemicals, underpaid at your present job, unemployed, harassed by local officials, want night bus service, want redwood forests preserved, like clean air and drinking water, then the city council DOES affect you.

Finally, there are the results. On April 3, the council candidates spoke to students at the quad. A student asked whether any candidate supported the campaign of any other. Although Thea Gast indicated that she ran independently, a mailing co-sponsored by her campaign committee went out THE SAME DAY that also urged voters to elect Corbett.

The lack of student power at the polls, in conjunction with the dishonesty of one of the winning candidates, promises dark days ahead for HSU. Unfortunately, the only light amidst this apathetic gloom will be the flash of your cash as it enters your personalized parking meter.

"Power Lines" is a new weekly column by Kevin Hayden, a former Lumberjack staff member and currently an HSU student and Arcata businessman.

Students' choice: curiosity or closed mind

Out of



the woods

By Glenn P. Allen

Guest columnist

Has anyone noticed how two or three minutes before class is over there begins a rustling of students closing their notebooks, unzipping their backpacks, and stuffing it all in?

It seems they can't get out quick enough, that they can't spare a few extra minutes to learn more. It appears they are only interested in learning during class hours and no more.

Has anyone noticed the few students who consistently stay after class to ask questions? Why do only a few students have that insatiable appetite for learning while the rest think, "Let me get through this game called college so I can get my diploma and make some money."

How frightening to see the trends of specialization, of limits, of closed-mindedness. Is our education benefited by specializing our knowledge, by limiting ourselves, by being closed-

minded to other ideas? What has happened to global perspective?

We often hear students grumbling how they have to take these bull---G.E. courses which they consider a waste of time because, "I'll never have to use this stuff."

I've shown a world map to a student, a map without the names of the countries, and, excluding the North American countries not only could he not name each country, but he could not even name the continents! He knows computers and electronics, which is great, but what of geography, history and political science?

True, specializing for a job to earn money is important and does have its place, but there is so much more. If a citizen can't accurately discriminate between truth and falsity in journalistic releases and government pronouncements then he is perpetrating a great disservice to his society. Democracies thrive on an informed citizenry.

How are we benefited by having closed minds? Open-mindedness does not mean one must accept or agree with everything; it merely asks for an investigation, an attempt at understanding, and objectivity. If we allow our misconceptions and prejudices to remain without challenging them, then we begin living stagnant lives.

What has happened to the academic ideals of open-mindedness and curiosity? Have we chosen money and

pleasure over truth, knowledge, and understanding? Have we sacrificed our intellectual ideals on the altar of future employment?

Talking with a fellow student last quarter I was shocked to hear him slightly boast that he had never checked out a book from the library in his entire college career. Another student I know boasted that he had only had to write a couple of papers last quarter and actively seeks out classes that do not stress writing.

There is a world these people will not know, one they seem to not want to know, and tragically one they do not care to know. Sadly, we see this at the national level when our president asks, "Why should we fund intellectual curiosity?"

Why are we so apathetic? What kind of society and world are we creating? What has happened to the self-education and self-learning that have given us some of the great people of history?

I recall a story related to me by a friend who was shocked to hear her friend, in a conversation about Vietnam, say, "You mean Vietnam's a place?"

A poll by The New York Times found that of those polled 44 percent did not even know the Soviet Union fought in World War II while 28 percent believed that the USSR was an ally of Germany!

Our college and faculty resources are

so great yet we settle for a mere pittance. It seems the unconscious motto of many students today is, "IBM take me away." What could be more pathetic than a society whose youth have little more idealism and vision than is necessary to maintain the status quo?

How can specialization and a closed mind put together a comprehensive, in-depth global view necessary for us to attempt to solve our global problems? To look at the world through only a single discipline is such a narrow view that one tends to arrive at incomplete and wrong conclusions. How can we continue to maintain our ignorance and isolation in our complex and changing world?

We are all students and always will be students. Will we learn and make meaningful changes in our world or will we take the easy path only to wave goodbye to humanity?

"Out of the Woods" is a weekly column with opinions on a variety of subjects by writers from the university and community. Columns should be typewritten, double-spaced and less than two pages in length. Submit them to The Lumberjack opinion editor and include address and telephone number.

Letters

Continued from page A14

education.

From "Out of the Woods" comes K.D. Norris with his own view of the world. I wonder if anyone has ever called K.D. (or Stockett for that matter) a radical. It is a real talent being able to say something true in a manner that antagonizes rather than enlightens one's intelligence.

A talent like this did not go to waste; Norris did make a good point. Although I would not simply define "warmonger" as Ronald Reagan, we do need to take a careful look at the fashionably insane Moammar Khadafy and the costly Contras with their look-alikes the Sandinistas (and even Lyndon Larouche, for good measure). I guess it is fun to poke fun at our leaders, but such talk is soon forgotten. It is funny the role the radical plays in society.

Charles Mitchell

Sophomore, Political Science

Wrong album reviewed

Editor:

Professionalism at student-run, campus organizations has recently become quite a bone of contention. Your fine, award-winning publication seems to have made a genuine and

sincere attempt to expose the many problems this has created for student and community-operated public radio KHSU-FM.

I didn't have to dig very deep to find this bone. In the April 9 issue of the Lumberjack your new arts and entertainment editor Pete Liggett did not review the Bangles new album, which is titled "Different Light." He reviewed the CBS issued (for radio and press only) interview disc "Intercords." Quite poorly, I might add.

Such a glaring mistake could only be the result, it seems, of never bothering to place needle on vinyl. In my opinion, this is beyond unprofessionalism, it is downright criminal and much more offensive than anything I've ever heard from students on KHSU.

I really am sorry to be so harsh about this because I know and like many people on The Lumberjack staff. Nan Rad's review of Violent Femmes was quite well done, but it should also be noted that Nan has been a student disc jockey on KHSU for more than a year.

Professionalism? So often the pot calls the kettle black. There's your bone. Chew on it.

Paul Keegan

KHSU music director

Correction

In last week's front page article on Lumberjack Enterprises' Board of Directors, board member Gerald Hansen was incorrectly identified as manager of the Eureka Inn. Hansen is an accountant in Eureka.

Homo Sexual U. 'thrilling'

Editor:

As to Andy Pruter's allegation that HSU is, in fact, an acronym for "Homo Sexual University" — isn't it thrilling?

Gay and lesbian couples smooch hungrily in The Depot. Pederast love affairs flourish between professors and students in the epoch of Sappho and Socrates. There can be no doubt the specters of Walt Whitman, Gertrude Stein, Leonardo da Vinci, Emily Dickinson, Oscar Wilde, Janis Joplin and a host of others beam approvingly down at this gay paradise we have forged here at HSU.

Richard Russell

English major

Oz based on history?

Editor:

Did you know that the statue in the Arcata plaza is the Wizard of Oz?

The book by that name was a political satire in which the Emerald City was Washington, D.C., and the wizard was the president of the United States.

William McKinley was president when the book was published, therefore, he was the original Wizard of Oz.

The yellow brick road was the gold standard, a major political issue of the time. Gold was sold by the ounce, hence the name Oz.

Dorothy represented the common people. The Scarecrow with no brains was the farmers. The Tin Man with no heart was the industrialists. The Cowardly Lion was William Jennings Bryan, a presidential contender who lost to McKinley.

John Sullivan

Arcata

Students in; prices up

Editor:

Student parity on the LJE Board. Cheaper hamburgers at the Depot and higher quality food at the JGC? Sure. As was written in The Lumberjack (April 9), LJE is "a real corporation dealing with real dollars."

If the students take over, it will just be another chance for the Associated Students and the SLC to impose their radical, liberal policies.

Cheaper hamburgers? No way. More expensive hamburgers? You bet. Why? No beef from South Africa, no tomatoes grown with pesticides, no preservatives in the bread.

Cheaper food in general? No! We wouldn't get bananas from El Salvador, coffee from Nicaragua, chickens raised with hormones. Prices would most definitely go up.

If Mark Murray goes ahead with his promised "forum for feedback," speak up. Let's keep the responsible people in charge.

Rhys M. Evans

Sophomore, Wildlife

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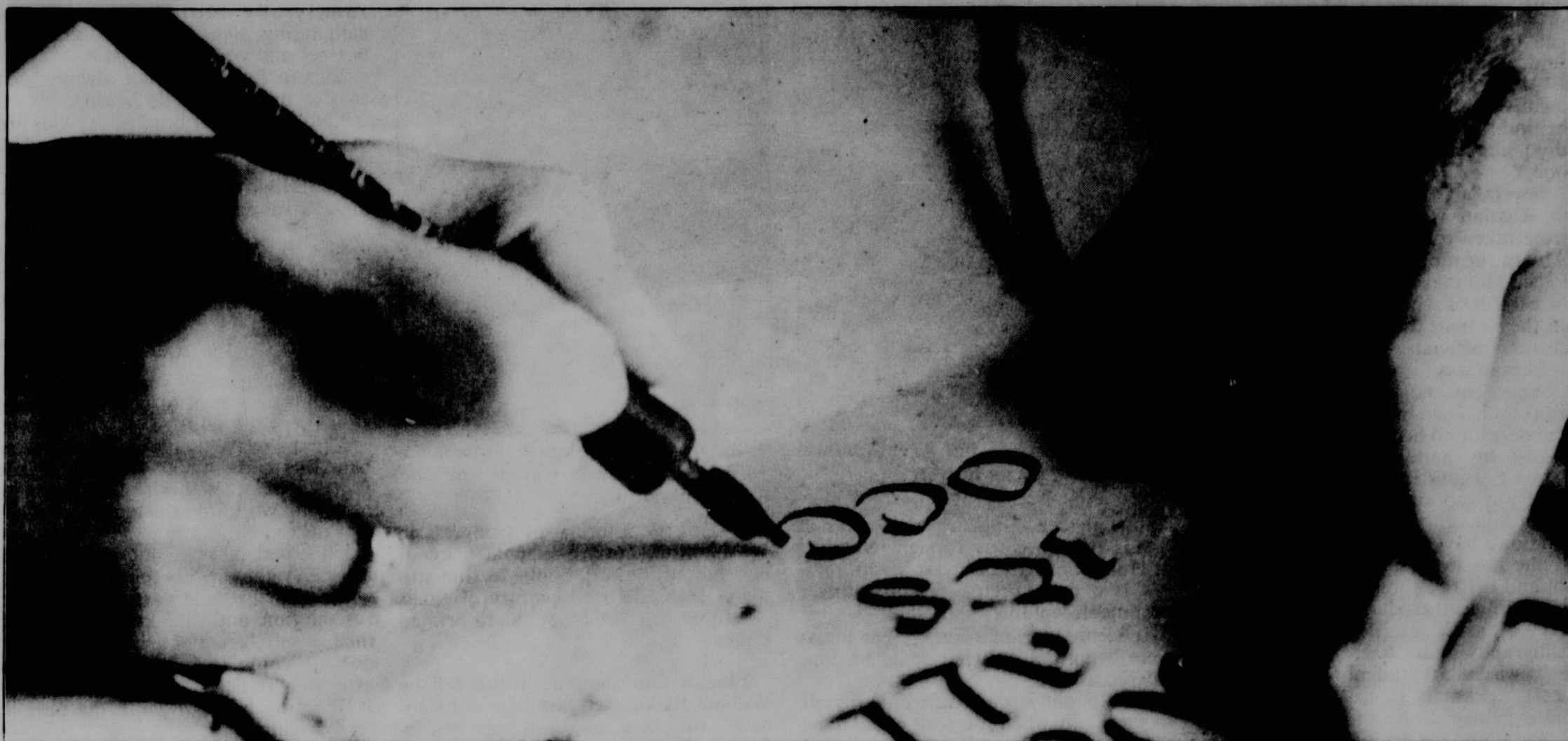


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The Lumberjack

Section
B

April 16, 1986



HSU graduate and local artist G. Rae Ekman has stirred the emotions of viewers with her graphic

depictions of war, religion and the nuclear future. Ekman's works and calligraphy are in watercolor and ink and some are made on handmade paper.

—John Wall



"Silent Crucifixion," a 30-inch by 40-inch watercolor, is one of Ekman's most controversial works.

Innovative calligrapher creates a few new lines

By Bert Colbert
Staff writer

Her message is "peace" and some of her art is controversial. She's had some works banned from shows and some businesses have been reluctant to advertise her exhibit in Eureka.

Arcata artist G. Rae Ekman blends flowing water colors with calligraphy to create scenes of atomic clouds and billowing volcanoes. Parts of scriptures or philosophic phrases accompany the paintings — they're social commentaries on a restless world.

"If we had peace on this planet I wouldn't be making anything like what I'm making now. I'd probably be doing landscapes," the 31-year-old Ekman said.

"Probably when there is peace I'll be in there going like this (motioning with her elbows in an outward jabbing motion) 'I want more room, I want more space; I want to be an individual.'"

Her art exhibit at Humboldt's Finest, a Eureka gift shop and gallery featuring the work of North Coast artists, has been running since March and will be on display through April. The display is titled "Light on the Path," and consists of water color and calligraphy pieces. It's the first public showing of Ekman's work in four years, she said.

When Ekman asked local businesses to display a flier announcing the exhibit, some declined because of the words "God" and "atheist" in the text. She has similar reactions to some

of her works because people assume she is making a religious statement.

"It's funny because some people will react to the word atheist but other people will be repelled by the word God. I think it's funny to have a show that brings those all those things in one place," she said.

Much of her work centers on living in the atomic age. Ekman hopes her work will inspire other artists to promote peace and harmony with the earth.

"There is so much art that is specifically made on nuclear themes and others that have the implied theme," she said.

"I think any artist that lives in this time that doesn't acknowledge that the threat of nuclear war has an impact on their work — is fooling themselves."

She draws from her life experiences to create her paintings, those things so "overwhelming I have to bring them outside myself."

One of her pieces, "Silent Crucifixion," has evoked strong reactions from people because of its symbolism. People either like it or are offended by it, Ekman said.

"It reads on a whole lot of different levels, from war to religion, but it also speaks about what doctors do to women," she said.

"That scar she has is a scar that I have. That's part of our culture right now. A lot of doctors do some

Please see INK next page

Ink

Continued from previous page

necessary — but a lot of unnecessary — cutting into women."

The artist also creates "prayer flags," flags with special phrases or spiritual sayings. They have their origin in Tibetan society, where they can be seen all over the country, she said.

"Part of our new age movement is creative ritual," she said. "The idea behind the prayer flags is that a person does not have to be religious to use one."

Several of Ekman's flags, inscribed in Russian with the word "peace," were taken to the Soviet Union by an Arcata group, Center for Creative Peace Making. Ekman said she had to be careful of what she put on the flags so they would make it through Soviet customs officials.

Ekman was raised in New Jersey and Connecticut and began writing stories as a child. Then in high school she went "underground because I was forbidden to use my hands." She said women weren't encouraged to be creative.

"I was supposed to use my mind, so I quit high school," she said. "Actually I don't have a high school diploma."

She has lived in Humboldt County on and off for about 10 years. A 1982 HSU English graduate, she also took art classes at HSU, studying calligraphy under Reese Bullen.

"I was an art student for a couple of years," Ekman said. "I burned too many bridges to be an art major."

She found the art instructors at HSU too rigid. They had their expectations and she had to conform to what they expected. Writing on paintings was too unconventional for the time, she said.



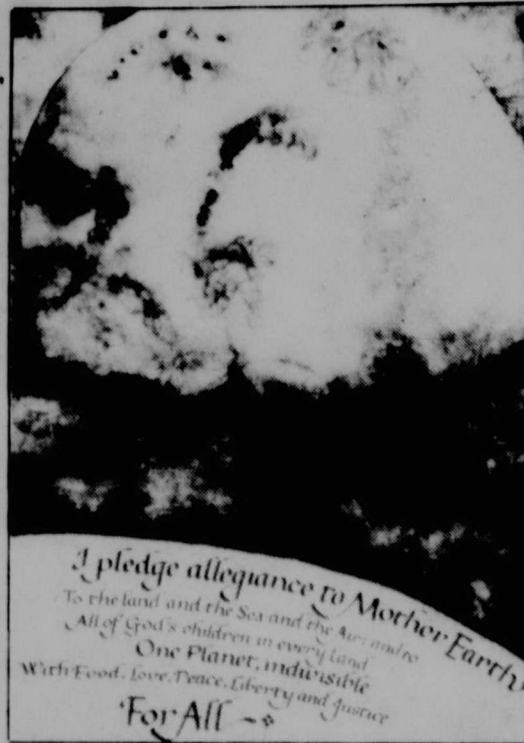
Ekman at work in her Arcata home, which doubles as her studio.

The idea of putting words on pictures was too foreign. Not just at Humboldt but to the art world, really. It's only pretty recently that's become acceptable," she said.

It seemed strange to her that limits were being put on what could be considered art.

"I thought it was real ironic myself — especially when someone could hang a shovel in an art gallery and call that art," Ekman said.

The artist said she wanted to learn more about the art of the printed word, so she attended library school and in-



"Pledge for New Age Children," a 15-inch by 22-inch watercolor and ink composition.

turned at the Library of Congress in Washington, D.C. She spent a lot of her time in the rare books section studying 14th and 15th century originals — some of the first hand-printed books.

Ekman said she was influenced by William Blake, Ben Shashan and Kenneth Patchen as well as Kathy Kathekollowizz, a Polish painter who documented life in Hitler's pre-war Nazi Germany.

"You never saw women artists for years and years. That's only recently

that we've been allowed to see these women's works," she said.

The mother of two children, Ezra, 9, and Juniper, 6, Ekman supports her family by doing commercial calligraphy, signs for businesses, family trees and writing poems.

Ekman said it has not always been easy to find time to do her art.

"Now it's easier because my kids are in school. For years I never looked at what my paintings looked like in natural light. I worked through the night," she said.

Her display at the Eureka gallery is the first of what she hopes will be a succession of shows and the beginning of increased exposure to the art world. Some of her artwork appeared in the North Coast View last month.

"It's taken many years to bring my work up to a level of consistency and strength," she said.

Ekman has sent out a brochure on her work to about 300 art and women's journals in an attempt to find channels to get her work into the mainstream art world.

"It's real clear to me that what I make is right for this time. Sometimes when an artist makes art, it's not right for the time and they know it because they don't get published, their art doesn't come out — it will happen after they're dead," she said.

"For my art — I think the time is really right."

Ekman's art can be seen April 18 and 19 in the Kate Buchanan room in the "Women in the Environment Symposium."

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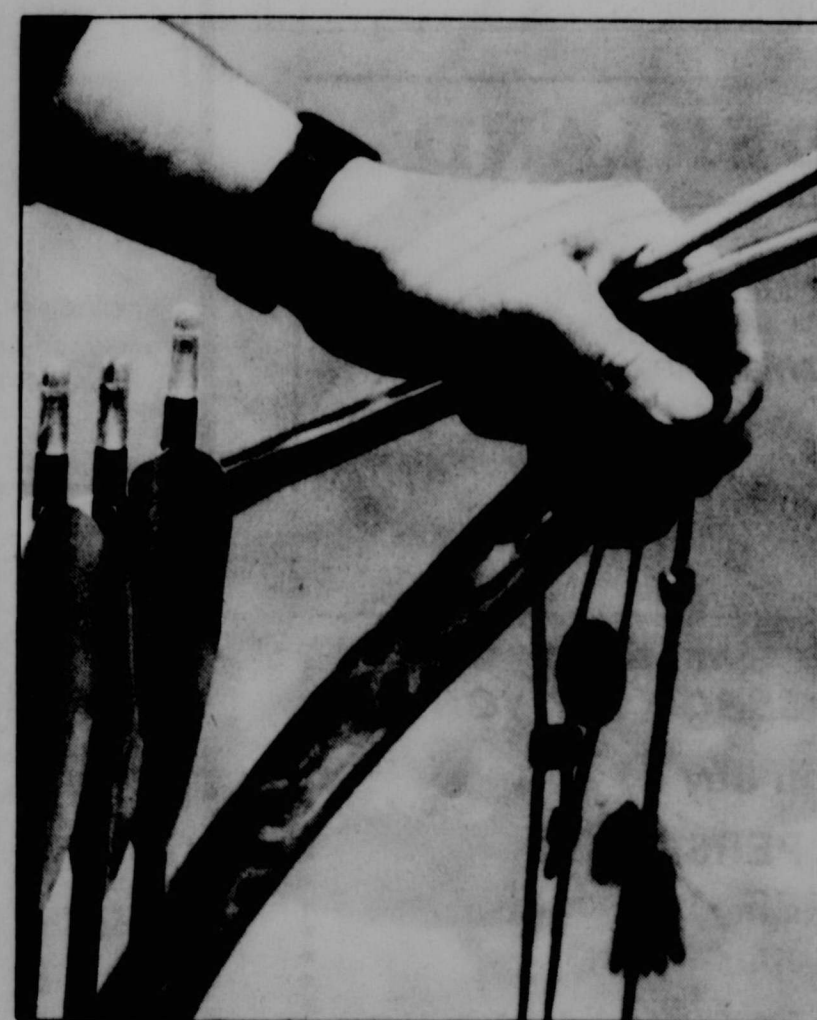
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The HSU Archery Club practices twice weekly in the Field House, sending up to 150 arrows into paper prey targets in a two-hour session. The club, open to in-

terested archers, has a wide range of skill levels among its nearly 20 members.



Bret Michalski, left, past club president, peers from behind his taut compound bow. Compound bows, used by most of the club's members, can send arrows to speeds of 200 feet per second. Above, a set of pulleys enables up to 70 pounds of pressure to be drawn from a compound bow.

Photos by Jeffrey Patty

Steel points put paper tigers at a disadvantage

By Rod Boyce
Editor in chief

A big whitetail deer took an arrow in its neck, then other targets took similar hits in rapid succession.

The targets lay still as eight archers approached the killing field in unison. There was no blood spilled, however. This prey was plain paper targets tacked up on some hay bales in the Field House.

With no archery ranges on the North Coast, the HSU archery club gives students a way to sharpen their bow skills, whether for hunting or target shooting.

"That's what's great about this. We come out here twice a week and just shoot to keep in shape," said Archery Club Vice President Howard Richburg.

"I get enjoyment just watching an arrow fly," Richburg said, holding his camouflage-colored compound bow. "We used to go out and just shoot them straight up."

"Most of our members come from the beginning archery class. It's real easy to learn how to shoot," said Richburg, a 23-year-old wildlife junior.

The HSU archers, found twice weekly in the Field House, possess skill levels that vary greatly. Some members have extensive archery backgrounds; others may be pulling back their first arrow, Richburg said.

Cindy Johnson, zoology senior, came out to shoot for her first time Friday. After a few errant flights, her arrows moved closer to the bullseye.

"I just came out here at the invitation of a friend. I've never shot before and I thought, 'Oh, why not try it?'"

Pulling up to 70 pounds of pressure on a compound bow is not easy.

To pull back a compound bow requires muscles seldom used, Bret Michalski, a 20-year-old wildlife management junior, said. Michalski is past president of the club.

"You only have one muscle that shoots a gun," he said, waving his trigger finger. "We use back muscles, upper arm muscles, the forearm and others not normally used. I knew a football player who couldn't pull a compound bow back."

For those unacquainted with or unable to pull back a compound bow, the university allows for the use of its basic recurve bows. HSU does not have the high-powered compound bows, although most club archers do.

Club membership is open to anyone interested in archery and club members will offer some instruction for those who have never shot. "You don't even have to have your own equipment," Richburg said.

Compound bows cost about \$200. With their system of wheels and cables,

Please see ARCHERY page B7

Campus gets clubbed

Okay, let's see if I've got it straight.

There were 110 HSU clubs and organizations as of January of this year.

Of those 110, 42 are academic

Vinnie's



By Vinnie Hernandez

Viewpoint

clubs, 37 are social institutions, 27 are sports and recreation clubs and four organizations are funded by the Associated Students.

Of those 110 campus clubs and organizations, I belong to the empty set — meaning I have yet to be a part of any HSU club or organization.

Well, I guess I could look into one of the academic clubs like accounting, chemistry, math, philosophy or physics, but it would probably expect me to know how to add and subtract the square root of a mole, or even worse, to know how to balance a checkbook.

For obvious reasons I don't fit in with the Asian Student Union, the Baptist Student Union, the Black Student Union, the Jewish Student

Union, the cheerleaders and the College Republicans. All of these exist on this campus, with many active members, some of whom I might even know.

The four A.S.-funded programs are the Campus Center for Appropriate Technology, the Lumberjack Days Planning Committee, the Marching Lumberjacks and Youth Educational Services. All have very good causes, but are too time-consuming for me, and they probably want dedicated volunteers.

I am most interested in the sports and recreation clubs.

Archery, badminton, disc, sailing, cycling, fencing, kendo, soccer, karate and even a golf club can be found at HSU. There are also recreational clubs which include the Fantasy Gamers Guild, the Folklife Society, the International Folkdance Club, a square dance club, the Wilderness Adventure Club of Humboldt (WACOH) and the Yoga and Meditation Society.

Of course there are also popular activities like lacrosse, rugby, volleyball and the Rowing Association (Crew). Baseball and women's softball are even making a comeback through clubs.

I still wonder where I fit in.

I used to have a bow and arrows when I was a kid, but I could never aim at a set of circles without getting dizzy. Besides, I don't hunt.

All of the other sports and recreation clubs sound terrific, but I think I'd rather just keep on writing about them instead.

Wet nets, soaked courts keep competition away

By Nathan Zeltzer
Staff writer

Wet weather has played a key role in the limited number of matches played by the HSU women's tennis team.

The 'Jacks netters, 0-3 in dual match play, have had three matches rained out, including a league match against Hayward, and have been forced to practice in the West Gym on rainy days.

"It's just totally different (playing tennis) from inside to outside," said HSU's second-ranked singles tennis player, Linda Boyles. "Now we are getting used to playing outside."

Despite dealing with indoor practices and canceled matches, coaches are happy with the number of players who turned out this season.

"I think that this year we just started making people aware that there is a team, and that they could come out," said assistant coach Kathy Obayashi.

Each year the team holds a meeting for people interested in playing tennis. This year 17 people showed up.

Obayashi said in past years only 10 or 11 interested players have come out for the team.

"There is so much more depth. In previous years you could really differentiate who were maybe the top two or three players," the 25-year-old recreation and resource planning



Please see TENNIS page B7

Michelle Griffin

—Tim Wilhelm

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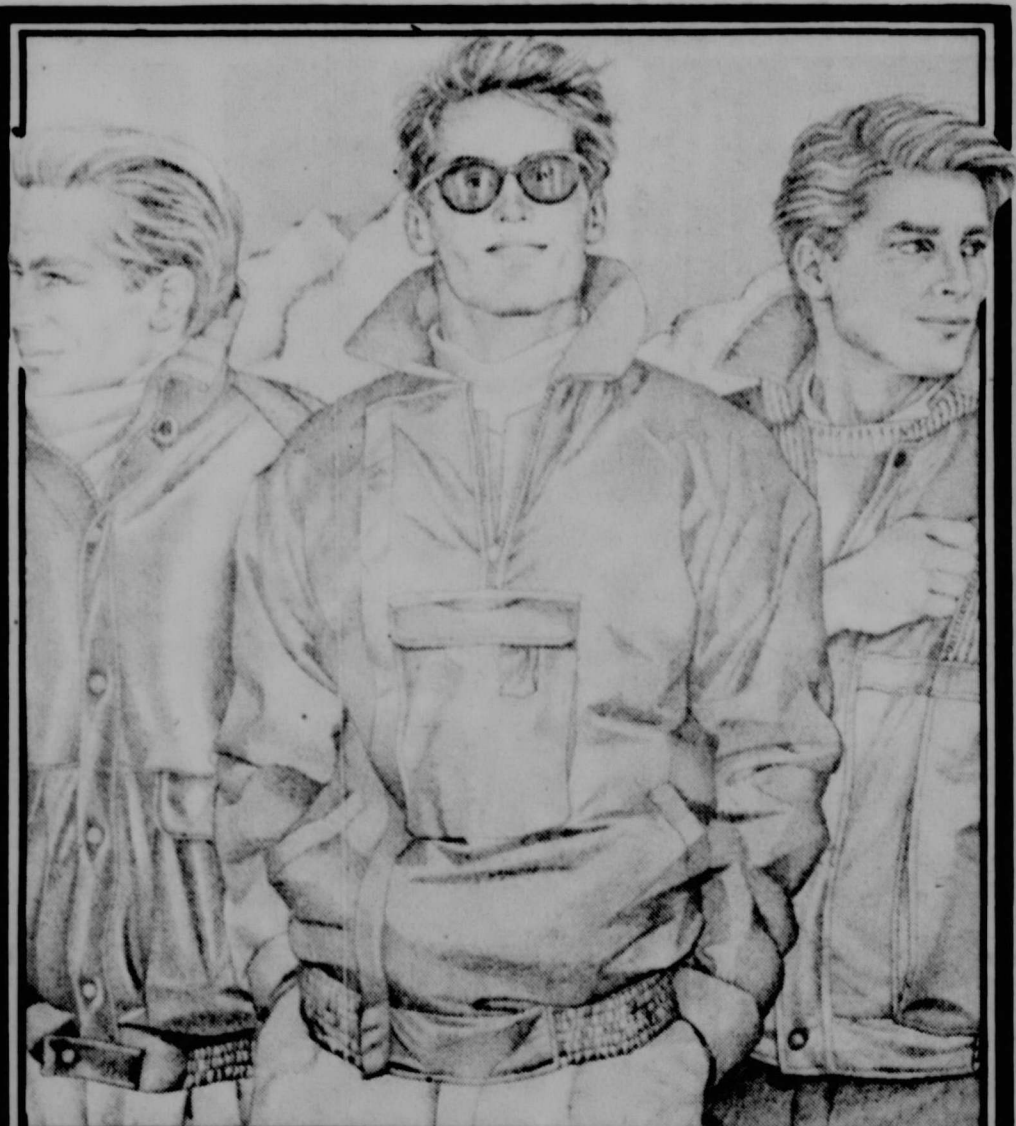
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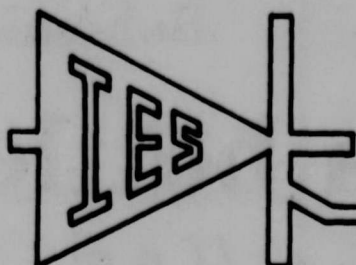
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Sports briefs

Runner qualifies for nationals

DAVIS — HSU distance runner Cris Romero became this season's first HSU runner to qualify for national competition when he finished second in the 1,500-meter race at the UC Davis Invitational track meet Saturday.

Romero finished the race with a national qualifying time of 3:50.28.

Romero also finished second in the 5,000-meter race with a personal best time of 14:58.4, leading a pack of HSU runners in that race.

Joe Karnes finished third at 14:59.1, followed by Dan Yarborough in fourth at 15:08. Dennis Pfeifer finished with a time of 15:12, while Mika Jakobson turned in a time of 15:13 in the 5,000-meter race.

More HSU track results

DAVIS — April Gomez finished third in the discus with a throw of 129-5 in a top performance among HSU women. She also threw the shot put 37-5½ at the Aggie Invitational Saturday.

Other HSU women to place at the invitational were Cindy Hicks, fourth in discus at 128-2½ and Tammy Calahan, fifth in the javelin with a throw of 137-6½.

Both HSU track teams will travel Friday to a tri-meet with Sonoma and Davis at Davis.

Meanwhile, three HSU tracksters qualified for the Bruce Jenner National Track Meet.

Tammi Callahan (javelin), Robert Prince (400-meter hurdles) and Cris Romero (one-mile) will compete at the Bruce Jenner meet Saturday in San Jose.

HSU has had five women and eight men qualify this year for the Northern California Athletic Conference championships to be held next month in Los Angeles.

HSU Crew rows on

The HSU Rowing Association had strong performances by both the men's and women's crew last weekend at the Redwood Shores Regatta in Foster City, Calif.

The men's varsity crew had four first-place finishes, four second-place finishes and took third place in three races. The men's novice crew took first in two events, second in three events and had one third-place finish.

For the women, the varsity went undefeated in four races, while the novice crew took two first-place and four second-place finishes.

HSU was one of nine schools to compete at the regatta. Other schools competing were Maritime Academy, UC Santa Barbara, UC San Diego, Santa Clara, Loyola Marymount, Cal Poly San Luis Obispo, UC Davis and Stanford.

The HSU Crew will put its oars back in the water Saturday when it hosts the Redwood Sprints at Humboldt Bay.

Participating schools will include Pacific Lutheran University, Seattle Pacific University, UC Davis, Sacramento State and St. Mary's.

Races will begin at 8 a.m. and continue throughout the day.

Slugs slide to Tucson

Despite a disappointing 15th-place finish among 16 schools at the Santa Barbara International Tourney Saturday, the HSU Ruggers are preparing for the playoffs.

HSU's Rugby Club, the Banana Slugs, will travel to Tucson, Ariz. for the first round of the Rugby National Championships April 25.

The Slugs finished the regular season in third place in the Northern California Collegiate Rugby Union to earn a spot in the playoffs.

Karate champs at HSU

The fourth annual Humboldt Invitational Karate Championships, sponsored by Center Activities, will be held Saturday in the East Gym starting at 10 a.m.

The guest of honor will be Brian Fitzgerald, Chief of Police in Branchburg, N.J. Fitzgerald, who holds a seventh-degree black belt, will lead a demonstration with HSU's Isshinryu Karate Club.

Admission is \$3, children under 12 free when accompanied by an adult. For more information, call Center Activities at 826-3357.

Spring skiing

Friday is the deadline to register for the Mount Bachelor three-day ski trip, April 24-27.

The program fee for downhill is \$146 for HSU students and \$156 for all others. Cross-country skiing for students is \$92; \$102 for all others.

The fee includes transportation, three nights' lodging and a three-day lift ticket for downhill. Complete ski rental packages are available at the Outdoor Center in the University Center gameroom.

Swim, bike and run

The College of the Redwoods Athletic Club will sponsor the Redwood Curtain Triathlon Sunday at College of the Redwoods.

The triathlon includes a 1,000-yard swim, a 14-mile bike ride and a four-mile run.

The race begins at the CR pool at 9 a.m. Check in starts at 7:30 a.m. and will continue until 8:30 a.m.

Today is the last day to register and entrants can be either individuals or teams. Cost is \$10 individual, \$20 for a team and \$7 for a shirt.

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Tennis

Continued from page B4

senior said.

One indication that this is a stronger team is the record of doubles teammates Michelle Griffin, a 21-year-old marine biology junior, and Karen Hillis, a 23-year-old math senior. They are undefeated with a 3-0 record in doubles competition this year.

"They should definitely be seeded in the conference finals," Obayashi said.

One of their victories came against a doubles team from UC Davis, which is in first place in the Northern California Athletic Conference.

Because the NCAC does not award scholarships, the schools in more populated areas have the advantage in recruiting players.

"If Humboldt kept up its recruiting, even at the high school level, we could have a real strong team," Obayashi

said.

The number one seed of the women's tennis team, Julie Spinas, said HSU will probably become more competitive in the years to come.

"This is the third year I have seen the tennis team, and it is getting better every year," said Spinas, a 29-year-old language studies senior.

Spinas, a former College of the Redwoods player, said she has had trouble finding competition to keep her motivated.

"I think (staying competitive) is hard because I don't get as much practice up here as I should," Spinas said.

With league championships one week away, HSU will travel to take on Hayward Friday, and Sonoma Saturday. The Lady Jacks will return home Monday to finish the regular season against CSU Stanislaus, at 2 p.m.

Archery

Continued from page B3

an arrow can be sent up to speeds of 200 feet per second. The recurve bow, often a single piece, can send an arrow up to 90 feet per second.

The club is comprised mostly of wildlife majors, although there are some business majors and a math credential major sprinkled in. Five women also line the club's membership roster in a traditionally male-dominated sport.

Most of the wildlife majors/hunters prefer to do their hunting the old-fashioned way, however.

"I just wanted to get back to a more primitive weapon," Michalski said. "Most of us (in the club) have some kind of gun and most of us hunt. Biggest thing I ever shot, though, was a grouse."

Hunting with a bow is a little more

fair to the prey, Michalski said. "With an arrow, there's only one little point to hit. With a shotgun, there's a whole spray pattern. Bow hunting is more back-to-nature, there aren't as many chemicals involved."

Michalski said the club is growing in popularity, although he can't explain the increase. "I don't think, though, that people are going to get into archery just because of Rambo," he said.

The club schedules group hunts, where most members go, although not all hunt. Some, Michalski said, just go along to practice and watch other members hunt.

A turkey shoot with paper-target turkeys, is planned for April 21. The event is billed as an open competition for all archery levels in both compound and recurve categories.



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April 16, 1986
Page B8

Tired of costly diets? Try backpacking

Year-round adventure
at North Coast sites

By Kelly Gibford
Staff writer

Canyon Creek, located in the heart of the Trinity Alps, is a popular vacation site. The reason — backpacking.

"Backpacking is influenced by the seasons — the 'favorite spot' can change considerably depending upon the month," said Scott Nelson, associate professor of health and physical education.

For year-round activity, two key places in Humboldt County are Shelter Cove and the Marble Mountain Wilderness.

Two other locations which have easier accessibility during the spring and summer months, due to the lower water levels, include Tall Trees in Redwood Creek National Park and Canyon Creek in the Trinity.

"This area is wonderful because of the many sights to see and the closeness of the areas," said Zan Mendonca, who has been backpacking for about eight years.

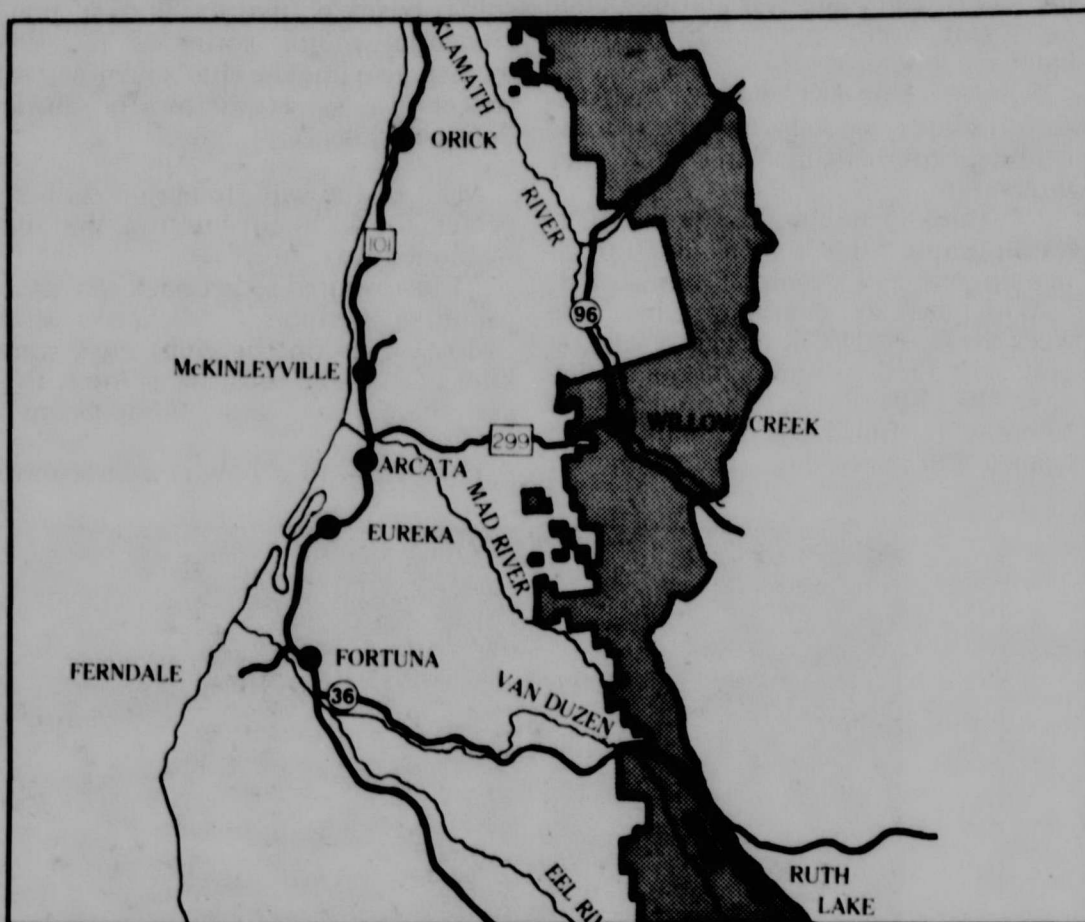
Backpacking has been a popular sport for about 10 years. Only recently, however, has backpacking for fitness become popular. It is now considered a life-long exercise, Nelson said.

"One could easily (lose weight), since all supplies must be carried and backpacking is considered to be aerobic exercise," Nelson said.

He said even though backpacking is a strenuous activity, the condition of a person's body has little to do with their ability to hike.

The University Center offers many backpacking excursions for groups, such as the King's Range hike, which covers the area surrounding Shelter Cove.

"This hike is great because of the many historical sights," Mendonca said. "There are the old abandoned lighthouse, whale watching and the



The North Coast offers an abundance of camping, fishing and hiking locations, several of which are within Six Rivers National Forest, shaded area.

Campus camping costs

Proper equipment is necessary in any sport, and backpacking is no exception. The beginning backpacker, though, may not want to invest a great deal of money right away.

The campus Outdoor Store rents some of the needed equipment at the following rates:

GEAR	DAILY	WEEKEND	WEEKLY
Two-person tent	\$9.00	\$14.00	\$25.00
backpack	\$5.00	\$10.00	\$15.00
sleeping bag	\$5.00	\$10.00	\$15.00
foam pads	\$1.00- \$1.50	\$ 2.00- \$ 3.00	\$ 3.50- \$ 5.00
ground tarp	\$.75	\$ 1.50	\$ 2.50
stove	\$1.75	\$ 3.00	\$ 6.00
lantern	\$5.00	\$ 7.00	\$10.00

Black Sands Beach, where the currents are continuously changing."

Nelson said being well-prepared and dressed comfortably are the keys to successful, enjoyable backpacking excursions. Hikers should also be well-informed about the area they plan to explore.

A map and compass are essential. Information provided by friends familiar with backpacking areas is valuable, such as how difficult the hikes are and whether there are hazards to watch out for.

Along with the enjoyment of nature and the solitude that come with backpacking, there are a few drawbacks. Poison oak, rattlesnakes and bears can be a problem. Bears do not usually attack people, but are looking for food.

Certain times of the year bring particular dangers. During the late fall and winter months, snow and frigid temperatures should be taken into consideration. In the fall, backpackers need to watch out for hunters.

Spring and summer months cause different problems. During these times, high water and insects, especially mosquitoes, are problems. Fire hazards are common in the summer months.

Backpacking in Humboldt County is considered safe. Nelson said people backpack often and encounter few problems. Most, however, choose to hike in groups of two to four.

Backpacking in a large group has its advantages. The Outdoor Center offers a shuttle bus service which drops people off and picks them up at a designated time and day, fairly close to the trails.

The other option for backpackers is leaving their car at the trail heads. These are areas set aside specifically for backpackers.

Backpacking is a growing fitness sport. It is a sport that requires some preparation and know-how, and can be enjoyed alone or with a group of friends.

Aerobics chews the fat, shapes up the body

By Laura L. Rhoades
Staff writer

Most of us who have gone on diets found they don't work if you don't exercise. If you diet without exercise, your body shape turns from a big pear into a little pear.

Only aerobic exercise will take off the fat inside the muscle, which causes the muscle to return to its original long, lean shape.

"It is a simple fact that those who exercise aerobically on a regular schedule do not get fat," Covert Bailey wrote in his book "Fit or Fat."

"Exercise increases muscle, tones it, alters its chemistry and increases its metabolic rate. All of these cause you to burn more calories even when asleep," Bailey said.

There are two types of exercise — aerobic and anaerobic. Aerobic means

"with oxygen" and anaerobic means "without oxygen." Each type stimulates the systems of the body in different ways.

Anaerobic exercise, such as weight lifting, golf and tennis, are relatively short-term, high-intensity activities that stimulate the metabolic machinery

Kurt Garl, manager of Valley West Fitness Center, said.

However, Bailey said, "There are very strong weight lifters who cannot run a mile and whose muscles are loaded with fat. These are people who 'go to fat' if they become inactive."

"It has been shown in many exercise

'For health most people really have no reason to anaerobically exercise.'

—Dave Wells
HSU track coach

to rapidly produce energy in the absence of oxygen. It is through anaerobic exercise that some of the more obvious improvements are seen.

"Anaerobic activity gives someone more of a feeling of accomplishment,"

physiology laboratories that a steady, continuous (aerobic) exercise repeated every day reverses more quickly the syndrome of muscle turning to fat than any other kind," Bailey said.

Aerobic exercise "works the heart

muscle and lungs at greater efficiency" than anaerobic exercise, said Dave C. Wells, HSU track coach and instructor.

In order for your body to benefit from aerobic exercise, "You must sustain your training heart rate (65-80 percent of your maximum heart rate) for at least 20 minutes three times a week," said Linda S. Guild, aerobic dance instructor.

"From the health aspect I think cardiovascular fitness is the most important," Wells said, "For health most people really have no reason to anaerobically exercise."

She said, however, "They (scientists) have yet to conclusively prove that any exercise will prolong your life."

"I believe, though, that even if it doesn't prolong life, it improves the quality of life," Wells said.



—Jeffrey Patty

Weightin' around

The HSU weight room, expanded to accommodate increased student use, has a user fee of 50 cents per visit unless users are enrolled in a weight-lifting class. Despite the once-controversial fee, the weight room continues to be heavily used by both students and community members.

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Exercise called lifesaver by HSU cancer patient

By Laura L. Rhoades
Staff writer

"I was supposed to be dead last May," Lynn D. Warner, HSU health and physical education instructor said.

"The only reason I'm still alive is because I've changed my lifestyle," she said. "Exercise saved my life, so now I'm an addict."

Warner has liver cancer. The survival rate for people with liver cancer is 7 percent.

'... the growth of cells is out of control.'

—Lynn Warner

Physical education instructor

"I'm sure I have cancer because of stress," Warner said.

Researchers believe that people who suffer large amounts of stress for more than 18 months are likely to develop cancer.

In addition to stress, diet, genetics and viruses have been shown to cause cancer.

Cancer occurs when "the growth of cells is out of control," Warner said.

Each year, 450,000 Americans die of

cancer, according to a June, 1984 Discover Magazine article.

Cancer cells can spread rapidly or grow slowly. "The slower the growth, the shorter the survival rate," Warner said.

However, through the use of exercise, stress reduction and proper diet researchers believe people can reduce their chances of developing the disease.

The National Cancer Institute has launched a cancer-prevention campaign, which aims to save 20,000 lives a year through improved diet.

A dietary code was set in 1982 by the American Cancer Society. The code lists foods to avoid, as well as those that should be eaten because they may help prevent cancer. The guidelines:

- Eat less fat.
- Eat foods rich in vitamins A and C.
- Eat more high-fiber foods, such as fruits, vegetables, and whole-grain cereals.
- Eat fewer salt-cured, smoked or nitrite-treated foods.

Questions about the effects of diet on cancer or questions about the symptoms, treatment and methods of detection of cancer can be answered by dialing 1-800-4-CANCER. The call is toll-free and is sponsored by the National Cancer Institute.

This tree died of a heart attack.

Carving hearts on trees seems harmless enough.

But the fact is, it cut short the life of this majestic oak.

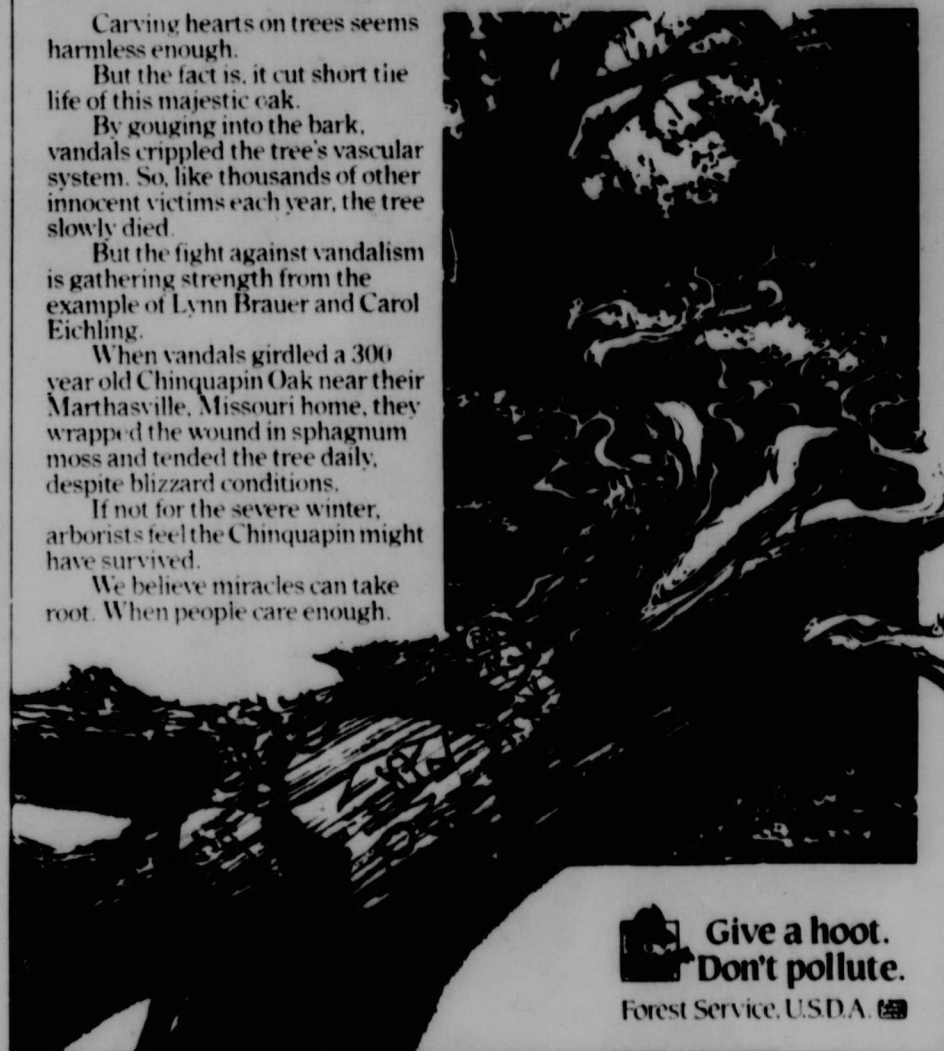
By gouging into the bark, vandals crippled the tree's vascular system. So, like thousands of other innocent victims each year, the tree slowly died.

But the fight against vandalism is gathering strength from the example of Lynn Brauer and Carol Eichling.

When vandals girdled a 300 year old Chinquapin Oak near their Marthasville, Missouri home, they wrapped the wound in sphagnum moss and tended the tree daily, despite blizzard conditions.

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Arts & Entertainment

Page B11
The Lumberjack
April 16, 1986

'Sweeney' helps the daily grind

By Reinaldo Cobeco
Staff writer

"In Fleet Street, that's in London Town, when King Charlie wore the Crown. There lived a man of Great renown... 'Twas Sweeney Todd the barber. He shaved the face of gentlemen, who then thereafter were never heard of again. They went to their maker impeccably shaved... by Sweeney Todd the demon barber of Fleet Street. To seek revenge may lead to hell, but everyone does it and seldom as well as Sweeney Todd... the demon barber of Fleet Street."

— From "Sweeney Todd"

A full meal is in store for those with an appetite for that which borders on the macabre when HSU's Opera Workshop presents the musical thriller "Sweeney Todd."

This production, which is a version written by Christopher Bond, with lyrics and music by Stephen Sondheim, will be presented Wednesday, Friday and Saturday evenings at 8, April 23 through May 3 in Gist Hall Theater.

The first production of "Sweeney Todd" took place at the Britannia Theater in London in February of 1847. The lyrics and music were added to a 1979 version of the play. Some of Sondheim's previous works include "A Little Night Music" and "A Funny Thing Happened On the Way to the Forum."

In this version, Bond makes the murderous Sweeney into a tragic hero rather than a villain.

As a young and happily married man, Sweeney is suddenly sent away to

prison by Judge Turpin, who is played by Richard Dunning. The judge does this to get his hands on Sweeney's wife, Lucille. Poor Lucille goes mad after being raped by the judge.

Judge Turpin has an accomplice by the name of Beadle, who is played by Ken Hannaford, assistant professor of music.

Fifteen years later, Sweeney gets out prison and goes for his revenge.

Taking up residence as a barber and slitting more throats than one can count, Sweeney sends his victims'

bodies downstairs to Mrs. Lovett's bake shop.

Out of love for Sweeney, Mrs. Lovett, played by Tara Twomey, will do most anything. Mrs. Lovett does this by disposing of the victims' bodies in a rather bizarre manner.

Little do the residents of London know that the secret of Mrs. Lovett's famous meat pies "is to put the meat through the grinder three times — three times so that it comes out juicy and tender."

Elizabeth Schnitzer, public relations

liaison for the Sweeney Todd production, said, "Throughout the production there is no use of blood. This aspect has been left up to the imagination of the audience. I've seen the cast growing and changing as they have had to deal with the strong subject matter of murder and rape."

Schnitzer said some persons may find some aspects of the subject matter objectionable.

John Massey, 20, a sophomore

Please see SWEENEY page B13



The cast of 'Sweeney Todd' rehearses for performances that begin April 23.

—Jeffrey Pally



The Endellion String Quartet, left to right, violinists Andrew Watkinson and James Clark, violist Garfield Jackson, and cellist David Waterman.

Award-winning quartet to play, string along with HSU students

By Ron Gastineau
Staff writer

England's Endellion String Quartet, on tour of the United States, will perform Saturday night and present workshops for students Friday.

The quartet, which won the International String Quartet competition in 1979, consists of violinists Andrew Watkinson and James Clark, cellist David Waterman and violist Garfield Jackson.

The group has played together for seven years and won string competitions in both England and the United States.

Musical selections for the 8 p.m. Saturday concert in Van Duzer Theater include "The Haydn String Quartet," "Bartok's String Quartet No. 3," and Beethoven's "String Quartet in E Flat."

HSU Symphony Conductor Walter Temme said the workshop, which will be held in Music 207, will be presented in two parts.

The first section will be a "master class" for string students, with students playing and receiving instruction from quartet members.

Temme said the class, which will last from 10 a.m. till noon, "gives students professional insight into playing."

The second section, from 2 till 4 p.m., will consist of lectures by quartet members.

HSU is one of many stops on the quartet's U.S. tour, which includes performances in Georgia, Texas, Florida, Kansas and Washington. The group has also appeared in Australia, Belgium, Finland, Greece, France and Italy.

Tickets for the concert are available at the University Ticket outlet, the New Outdoor Store, Arcata and The Works, Eureka. Prices are \$8, \$7 students and seniors for A section; \$7, \$5 students and seniors for B section.

For more information call 826-4411.

Pounding out world-beat sounds

By Ann Johnston
Staff writer

"I love it. I make it a point to be here every Friday. These guys are where it's at," said Kristin Westrum, a sociology senior.

Westrum is one of many students drawn to the steps of the Creative Arts

Complex by the beat of conga and bongo drums and the tinkling of bells.

Performing the Afro-Brazilian, Afro-Cuban and free-form rhythms is a group of students who view their playing as a creative outlet.

"With all the cultural deprivation, this is kind of an outlet for certain

creative needs that need to be expressed," said Howie Kaufman, a 21-year-old music junior who plays regularly on Fridays from noon till 2 p.m.

"Some of the rhythms are based on chants from deities of an African-based religion. They are very ancient, coming from Ghana and Nigeria,"

said Reinaldo Cobeo, a 27-year-old journalism junior and another regular Friday musician.

While a core group of musicians plays the instruments, anyone can participate.

"Anyone can grab an instrument and join in," said one drummer, Kelley Lewis, a 21-year-old English senior.

The size of the group varies from week to week, as do the number and type of percussion instruments. Musicians show up with drums, bells, shakers and sticks.

Most audience members, however, are content to listen, even if it's just to pause briefly on the way to class.

"I like it. It's nice to hear percussion," said Steve Wilson, a junior wildlife major.

"The rhythms help you walk to class," said Chris Rilling, a biology senior.

One student was late for an appointment because the drum beats had distracted him.

"I was walking over to play tennis and I heard the drums calling me. So my tennis partner is probably still waiting," said Muhindu Mulember, a graduate student in forestry.

Audience response is what one of the musicians, Jon Lewis, found most

Please see next page



—Ann Johnston

'Anyone can grab an instrument and join in,' every Friday in the Art Complex quad from 12 p.m. to 2 p.m.



AAUW SCHOLARSHIP ANNOUNCEMENT

The American Association of University Women, Humboldt Branch, is pleased to announce that it is receiving application for the 1986-1987 Scholarship with a dollar amount of \$600. Eligibility is limited to H.S.U. re-entry women students enrolled in upper division or graduate level classes. Applicants must be Humboldt County residents, have a minimum grade point average of 3.0 and have financial need.

Request applications from Rose Ann Hurst, 3412 I St., Eureka, CA 95501. With your request include a self-addressed stamped envelope. Application deadline is September 30th.



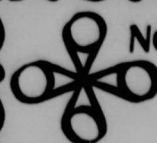
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- Bartok's String Quartet #3
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—Eugene Novotny, HSU Percussion Ensembles director

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Continued from previous page

rewarding.

"One of my main satisfactions in playing is not only communicating with other drummers rhythmically, but watching the rhythm pick up the spectators," Lewis said.

Most of the instruments played belong to Lewis, a 23-year-old music senior. He started playing percussion in junior high school and collected instruments as his interest grew.

Other musicians, such as John

studies Professor Toya Robinson.

These African religious traditions are still practiced in Latin America and the Caribbean, especially in the countries of Brazil, Cuba and Puerto Rico. Robinson said that although the names of these religions vary from country to country, they are usually known as Lucumi, Macumba and Santeria.

Robinson is teaching a class this quarter called "Women of Power? Priestesses, Healers and Magicians"

'Cultures usually have a place to meet to play live music, but our culture has moved away from this and relies on records, radio and electronic instruments.'

—Toya Robinson
Ethnic studies professor

Basye, make their own instruments.

"I feel that making your instruments makes for a more total performance," Basye said.

Basye, a 24-year-old industrial arts major, started playing percussion while attending Evergreen State College in Washington.

He constructed a Haitian-style drum from an old soy sauce barrel and is experimenting with different designs of bells.

Most of the instruments and rhythms originated in Africa and came to the Americas with the African slaves. These instruments helped the displaced Africans keep their traditional religious beliefs alive, said ethnic

which examines these African-derived religions.

For Robinson, the drummers represent a musical tradition that this "mechanized" society has lost.

"Cultures usually have a place to meet to play live music, but our culture has moved away from this and relies on records, radio and electronic instruments," she said. "As the world becomes more mechanized, people are wanting to create."

Basye said, "Drumming has been with us since the beginning of man. Although we may not be members of these (African) cultures, it is important that we bring this music to the people at HSU."

Sweeney

Continued from page B11

theater arts and music major, plays the role of Sweeney Todd.

Massey first saw a production of Sweeney Todd six years ago. "I've wanted to play the role ever since," he said.

Massey said the aspect of the role which he finds most interesting is that "Sweeney is such a victim of society, whom after being victimized, lashes back and has the last word."

Massey said he has found this role challenging because he is playing the part of a much older male whose personality differs greatly from his own.

"We (the cast) are a family — no person has a larger role than anyone else. We are a tight-knit company. It's rare that an actor gets to work in a situation like this where everyone gets along so well," Massey said.

Hannaford said of his character, "Beadle is a brownoser, a crony — he just wants to help. He does have a sentimental streak — like when he speaks of his daughter's birthday or of 'my

dear old mother.'"

Of his other tasks in the production, Hannaford said, "My job throughout this production, since January, has been to train the choral ensemble. We have worked very hard."

Colin Stevens, a native of Cornwall, England, plays the role of Mr. Fogg.

Stevens said, "The students of theater here, as opposed to those in England, come from a great variety of backgrounds. The theater personality in England is basically white and middle class. In England, the average university student is between 18 and 22 years old."

He added, "The most important thing here is that we feed off of each other. It's good to be able to work with these people. We are really one powerful ensemble — that is the strength of the show."

Tickets for the opera may be purchased at the University Ticket outlet, The New Outdoor Store, Arcata and The Works, Eureka. Prices are \$3.50 general, \$2.50 students. Seniors are admitted free.

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Arts & Entertainment briefs

Redbone strums into Old Town

Dark glasses, cheesey mustache, Panama hat and white suit — the trademarks of an eccentric guitarist named Leon Redbone.

Sunday night at the Old Town Bar & Grill, Redbone, backed by a three-piece horn section, will perform music ranging from blues to ragtime to love ballads and novelty songs.

The show is open to all ages and begins at 8 p.m. Tickets are \$8.50 and available in advance at The Works, Eureka; Kinko's and the Outback in Arcata and Wild Horse Records, Garberville.

Wine provides cultural benefit

An evening of wine tasting will be held Saturday as a benefit for the Humboldt Cultural Center.

The event is sponsored by Enrico's and will feature wines from 27 Californian wineries and a buffet of hors d'oeuvres.

Admission is \$7.50 at the door and the wine tasting will be held from 5 p.m. to 8 p.m.

'An Introduction to Quebec'

The Department of Foreign Languages will hold a meeting with Michel Robitaille, assistant cultural

delegate of the Quebec Government Office in Los Angeles.

Robitaille will present "An Introduction to Quebec," in Founders Hall 157 April 23 at 4 p.m.

Yield to Supreme Temptation

Do you have Temptations to listen to Supreme music? Do you lose your Four Tops over Gaye songs?

Maybe the Motown Revue is what you need. This Friday and Saturday at the Old Town Bar & Grill the Motown Revue will perform music by the Supremes, the Temptations, Marvin Gaye, Mary Wells and others.

Admission is \$4 at the door; you must be 21.

Glass shattered until May

"Glass Box," the fifth production in the HSU Theater Arts Season of New American Plays, originally scheduled for April, has been postponed until May.

The new performance dates are May 29-31 and June 1, 4-7 in Gist Hall Theater.

The postponement is due to scheduling conflicts between the visiting director from Sweden and the

San Francisco playwright.

Have paste, will paint

Bay Area artist Cherie Raciti will present "Painting as Object," a lecture and workshop discussing non-art materials and methods Friday.

The lecture and workshop are free and open to the public and begin at 7:30 p.m.

Raciti will speak about her work with non-art material such as modeling paste and hardware-store items, as opposed to traditional paints and oils. She will present her work plus the works of other artists who utilize this method.

Raciti has shown her art at the New York Whitney Museum, the San Francisco Museum of Modern Art and galleries throughout California.

So many books, such little shelves

The Friends of the Redwood Libraries is holding a book sale to clear off overstocked shelves.

The sale is being held at the Carnegie Building, 636 F St., Eureka, April 26 and 27 for non-members. There will be a pre-sale for members Saturday from 10 a.m. to 4 p.m.

Memberships may be purchased at the door for \$2, \$1 students.



By Marta Anne Laken
Food critic

For those of you who enjoy eating food out once in a while, here is a look at some Humboldt County eateries.

Bon Boniere

The huge cones and sundaes at this old-fashioned ice cream shop are worth every calorie. Try the butter brickle ice cream and the brownie sundae.

While Bon Boniere is known for ice cream, the sandwiches are great too. Try the roast beef or turkey. They are on the big side so you might want to order half so you'll have room for dessert. Everything is reasonably priced.

Sandwiches range from \$1.10 to \$3.20.

The Eureka Inn's Rib Room

For traditional dining this restaurant

is one of the area's best. For an appetizer try the French onion soup. It's laced with thyme and topped with a crust of Parmesan and Swiss cheese. The Caesar salad is prepared tableside and serves two. If you opt for the house salad, try the walnut oil vinaigrette. It's delicious.

For an entree the prime rib is pleasing to the palette. The fillet topped with Bernaise is so tender it practically melts in your mouth. The salmon is delicately seasoned and is baked with bread crumbs. It too scores high. For game lovers the roast duck with almonds and Grand Marnier is excellent. Be sure to ask your waiter to have it heavily browned so the skin is crispy.

Desserts at the Rib Room are wonderful. Try the Cherries Jubilee; it's prepared tableside and is an event in itself.

Entrees begin at \$10.95.

Hole In The Wall

Located in Arcata, this little nook is a good place to grab a quick off-campus lunch. It specializes in sandwiches piled high with your favorite toppings. Try a Submarine on a French baguette. They are particularly good. Steer clear of the corned beef; it lacks flavor.

If you like your sandwiches heated make sure you order them on a crusty

roll. Otherwise they get soggy.

Take-out only. Sandwiches run from \$3.25 to \$4.50.

Maxwell's

This Eureka establishment oozes with Victorian charm. It's a perfect place for a romantic date.

Start your meal with the mushroom appetizer. The mushrooms are stuffed with spinach and three cheeses and topped with Hollandaise. The dish is out of this world.

Dinners include soup and salad. The curried lentil soup is a great surprise. Its hearty seasoning is pleasing. Try the

honey-mustard vinaigrette on the salad. The homemade French baguettes are delicious.

For an entree the Greek prawns are good. They are sauteed and topped with tomatoes, basil and feta cheese. The veal scallops, however, are nothing spectacular. The dish needed more seasoning.

The vegetable medley served with each entree was puzzling. The vegetables were laced with some south-of-the-border seasoning that was completely out of character with the entrees.

Entrees range from \$7.50 to \$15.50.

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Lumberjack Classifieds

Page B15
The Lumberjack
April 16, 1986

You may order your classified ad through the University Ticket Office located in Nelson Hall East on weekdays between 10 a.m. and 5 p.m. The deadline for classifieds is 4 p.m. on the Fridays prior to publication. For more information call 826-3259.

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\$1250 Weekly Home-Mailing Program! Guaranteed earnings. Start immediately. Free details. Rush stamped, self-addressed envelope to: S&B-P, 804 Old Thorsby Road, Clanton, Alabama 35045. 6-4

Attention All Women: Poetry and art needed. The spring issue of Womenotes, The Women's Center Newsletter, will feature women's poetry and black and white graphic art. Deadline is May 1st. For specifics call 826-4216 or drop by the Women's Center, House 55. 4-23

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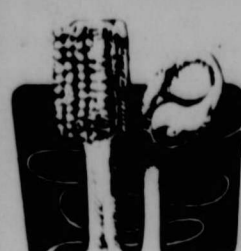
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Gear up for Spring Quarter—Gay/Lesbian Student Union meets Thursdays, 7 p.m. in House 55 (Women's Center) Relaxed, informal atmosphere. Join us! 4-16

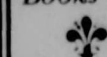
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Personals

Dear Paul, Remember, STD (VD) untreated can cause heart problems and sterilization. Patty. PLANNED PARENTHOOD 442-5709. 4-16

Hey Kumquat! (S. Wilde) It's that time again! Let's do lunch—you bring the peanut butter (smooth) this time! —Remember— that night? 4-16

Crwlssy—I think I am going to have to report you to MAG (Mothers Against Golfers), they sure would want to know why their 12-year-old daughters suddenly decided to learn to play golf! Nine hole club. 4-16

Happy Birthday Rodo—Even though it's a day late...hope you had fun burning the midnight oil! Let's do lunch! Dawling. 4-16

Muffin Man—I wish the bed was bigger but I'm glad we still fit! Gee whiz, I sure miss you when I have to be away....Sting. 4-16

Gumby Lives! In the world of busy people and busy schedules, I take the time out to say 'hey you crazy person, have a nice week!' Don't be a stranger....how could you? I see you more than my roommate!! Love ya anyways! Gumby Without a Job. 4-16

Have your resumes done at The LUMBERJACK! One page \$15. We are fast, reliable, accurate and we will even put your name on it!! Call Jeff at 826-3271 or drop by our office NHE in the basement! 4-16

Students get involved! There will be a public hearing on the 1986-87 Budget for the University Center Board of Directors on Fri., May 2, at 3:00 p.m., NHE 106. 4-23

Buy one get one FREE! Put a personal in THE LUMBERJACK and pick up a coupon for a free one! Coupon good only for personal classifieds until 5-30. Michel. 5-30

Pregnant! Counseling and care, pregnancy testing. Free and confidential. Friend to friend help. Call anytime 443-8665, 3980 F St. Eureka—Birthright of Humboldt. 6-4

Dear S.A. (Sunset Hall) Not very often do you see me at a loss of words. If you know me, but I am. Let's meet for lunch or dinner, O.K. Leave your name and address in my mailbox. Thanx, see you then. 4-16

For Sale

Cheap Firewood—Hardwood—Oak & Madrone. ¼ cord \$19.75 and up. Purchase any amount. Call 839-2829 for an information recording. 4-16

Multi-Family Garage Sale—Furniture, tools, scuba equipment, and lots more. Saturday and Sunday 4-19 & 20. 9 a.m. on 4610 McKinnon Ct. Valley West Arcata. 4-16

68 VW Squareback—No Engine. 4 tires-\$80, muffler-\$20, injectors-\$100, 2 heads-\$120, transaxle-\$90. 822-0936 7-9 a.m. or 5-11 p.m.

\$200 Reward for safe return of Male Samoyed Dog, one year old, 65 pounds (like Husky with pure white long hair), lost 15 March, Hiller Road, McKinleyville. No Questions!! Please call with any information 677-0369 or 839-4182. 4-16

1972 Dodge Van—Six cycliner, stick shift, good body, runs well. Must sell! Asking \$1300, but will consider any reasonable offer. 839-3949 evenings, weekends. 4-23

HUMBOLDT TRADERS—960 Samoa Blvd., Arcata, 822-8449. We buy, sell, trade. If we don't have it, you don't need it. Bring your stuff by before you leave for summer. 4-16

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Calendar

April 16-22

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The Lumberjack
April 16, 1986

Wednesday

Film:
Arcata: "Murphy's Romance," 7:45 p.m., "Educating Rita," 9:40 p.m., \$3
Minor: "The Kid," 7 p.m., "City Lights," 8 p.m., \$2.49

Music:
Depot: Richard Schafer, 8 p.m., free
Van Duzer Theater: Violent Femmes, progressive folk-rock, 8 p.m., \$8, \$6 students
Old Town Bar & Grill: D.J. Dance Party, funk, soul and Motown, 8 p.m., \$2
Jambalaya: Humboldt Blues Society, 9 p.m., free

Art:
Humboldt Cultural Center, Eureka: Northern California Ceramic Competition, exhibit through Friday, 12 p.m. to 5 p.m.
Reese Bullen Gallery: 1986 Annual Juried Student Exhibit, through April 28

Thursday

Film:
Arcata: See Wednesday listing
Minor: "Jagged Edge," 7 p.m., "Body Heat," 8:55 p.m., \$2.49

Music:
Old Town Bar & Grill: The Bold Ones, rock and roll, 9 p.m., \$1.50
Jambalaya: FDR Trio, 9 p.m., \$2

Theater:
Eagle House Theater, Eureka: "Mass Appeal," 8 p.m., \$7 general, \$6 students, seniors
North Coast Repertory Theater, Eureka: "Angel Street," 8:15 p.m.
Ferndale Repertory Theater, Ferndale: "The Little Foxes," 8:15 p.m.

Friday

Film:
Arcata: See Wednesday listing
Minor: See Thursday listing
Founders Hall 152: "African Queen," and "Adam's Rib," 7 p.m., \$2

Music:
Old Town Bar & Grill: Motown Revue, rock and roll, 9 p.m., \$4
Youngberg's: Latin Keys, Latin jazz, 9 p.m., no cover
Depot: Mark Wetzel, 4-6 p.m., free
Jambalaya: To the Bone with Bishop Mayfield, soul and rock, 9 p.m., \$3

Theater:
See Thursday listings

Events:
Nelson Hall East 119: "Peace Corps Opportunities" noon, free
Art 102: "Painting as Object," lecture/workshop with Cherie Raciti, 7:30 p.m., free
Kate Buchanan Room: "Women and the Environment/Women in the World," 7:30 p.m., free

Saturday

Films:
Arcata: See Wednesday listing
Minor: See Thursday listing
Founders Hall 152: See Friday listing

Music:
Old Town Bar & Grill: Motown Revue, rock and roll, 9 p.m., \$4
Youngberg's: Bold Ones, rock and roll, 9 p.m., no cover
Jambalaya: See Friday listing
Van Duzer Theater: The Endellion String Quartet, 8 p.m., \$8/7, \$7/5 students and seniors

Theater:
See Thursday listings

Events:
Humboldt Cultural Center, Eureka: Wine tasting, 5 p.m., \$7.50

Sports:
Redwood Bowl: Humboldt LaCrosse vs. Univ. of Santa Clara, noon
Humboldt Bay, Eureka: Crew, Redwood Sprints, all day

Sunday

Film:
Arcata: See Wednesday listing
Minor: "The Official Story," 7 p.m., "El Norte," 8:55 p.m., \$2.49

Music:
Old Town Bar & Grill: Leon Redbone, blues and ragtime, 8 p.m., \$8.50
Jambalaya: R-4, new wave, 9 p.m., \$1

Theater:
Eagle House Theater, Eureka: "Mass Appeal," 2 p.m.
North Coast Repertory Theater, Eureka: "Angel Street," 2 p.m.

Sports:
Redwood Bowl: Humboldt LaCrosse vs. Stanford, 10 a.m.

Monday

Film:
Arcata: See Wednesday listing
Minor: See Sunday listing

Music:
Jambalaya: The Java Boys, vocal jazz, 9 p.m.

Sports:
HSU tennis courts: HSU women's tennis vs. CSU Stanislaus, 2 p.m.

Tuesday

Film:
Arcata: See Wednesday listing
Minor: See Sunday listing

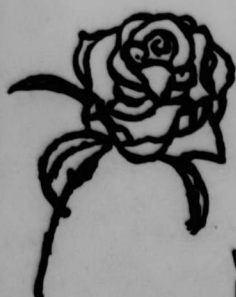
Music:
Old Town Bar & Grill: Cris Williamson, lyrical folk rock, 8 p.m., \$8

Events:
Goodwin Forum: Workshop, Lou Harrison, 1 p.m., free
Nelson Hall East 119: "Resume Writing," 10 a.m., free

Etc.

To have an event published in the Calendar, bring the information to The Lumberjack offices, Nelson Hall East 6. Deadline is 4 p.m. Friday. Remember to include dates, times, location and cost as well as your name and telephone number.

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