

The Lumberjack

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HUMBOLDT STATE UNIVERSITY
ARCATA, CALIF. 95521
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VOL. 57, NO. 20

Kidney patients rely on dialysis center

By Martin Melendy
Staff writer

If the Eureka-Arcata Hemodialysis Center closes, some local kidney patients will be forced to make a decision their life depends on.

One local kidney patient already knows what he would do if the center closed.

"If they closed it down I'd have to move somewhere where there was a center," Jacob Pollock, a Humboldt State University student, said.

Pollock suffers from kidney failure and has been on hemodialysis for two four-hour visits every week since November.

"If small ones are closed all over, people will have to move to the cities," he said.

There are alternatives to hemodialysis. Kidney transplants are one alternative, but some people are not receptive to these life-saving alternatives because of physical, mental or logistical reasons.

For such patients, closure of the local center could mean leaving the area as the only way to stay

alive.

As a result of federal budget cuts made last August, the possibility of the center closing is increasing.

Since 1973, National Medical Care Inc., the parent company of the local center, has received \$133 from Medicare each time a patient used the kidney machine, Herb Dye, administrator of the Eureka and Ukiah centers, said.

A change in the amount paid for each visit was proposed last November by the Department of Health and Human Services, which provides funding for the centers.

The new guidelines call for National Medical Care Inc. to receive \$128 for each visit, Jim Boyle, an aide to Rep. Don Clausen, said in a telephone interview from Washington, D.C.

NMC has stated it would close 60 centers across the country if the amount of reimbursement dropped to \$128, Dye said.

"Eureka and Ukiah centers are included on the list," he said.

The possibility of the center closing poses implications for Pollock's future, but the realities of being a student with failing kidneys affects Pollock now.

"I've got to take Tuesday and Thursday classes, and I have a problem getting labs. I'll probably take a lot of courses I can do independently," he said.

This is the first quarter Pollock has been both a student and a dialysis patient.

A persistent problem has been attaining a consistent ability to study, Pollock said.

"Some days or weeks I'm wiped out. I just couldn't study for one mid-term and I threw up the morning of the test," he said.

For a person who used to stick his thumb out on weekends and spend time the way he wanted, Pollock has found his new restrictions both confining and disruptive.

"Dialysis made it so I had to get some trip together. Now I've got to make sure that I'm back around so I can get here (the center)," he said.

"Yeah, it (dialysis) was extremely disruptive. I'm getting used to it now. I've gotten used to it being extremely disruptive," he said.

The Department of Health and Human Services hopes to encourage less disruptive forms of home dialysis by payment of lower subsidies to the centers, Boyle said.

Ironically, the Eureka center has the highest percent of home-dialysis patients in Northern California, Richard Wolf, a nephrologist who cares for



Staff photo by Wayne Miller

An intricate relationship of man and machine is reflected in Jacob Pollock's eyes.

See KIDNEY, back page

Utility committee to hear gripes

By Valerie Moore
Staff writer

Complaints and opinions of local residents concerning escalating Pacific Gas and Electric Co. rates will be heard tonight by state Assemblyman Doug Bosco, D-Occidental, and other legislators.

Bosco and five other members of the Assembly's Select Committee on Utility Performance, Rates and Regulation will listen to PG&E customers at 7 p.m. in the Eureka High School Auditorium.

PG&E representatives will be at the hearing "to observe and to answer questions if called upon," Wes Reed, PG&E customer services manager, said in a telephone interview.

The Assembly committee members "are interested in hearing customers' specific complaints and new ideas for legislative action in hopes of bringing utility rates down and stabilizing them," Luke Breit, committee consultant, said in a telephone interview.

Humboldt County residents demonstrated their frustration with PG&E's recent rate increase at a protest rally Friday. About 300 persons marched and carried signs in front of the PG&E building in Eureka from 10 a.m. until after noon, Jean Warnes, the protest's organizer, said.

"When will it stop?" one protester's sign said. Another read, "High rates make no 'sense' just \$\$.

In addition to the rally Friday, Hum-

boldt County residents joined protesters in 21 other Central and Northern California counties in a blackout from 7 to 8 p.m.

The rally's purpose was to show the solidarity of people concerned with the \$909 million rate increase granted to PG&E by the Public Utilities Commission in December, according to the Associated Press.

The blackout did not have a noticeable impact on PG&E systems in Eureka, Reed said.

"Our system varies so much normally that it (the blackout) was not substantial enough to show any difference," he said.

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Inside

Thrills, spills, gills—
kids flip over fish

—See centerspread

Employment worries?
Try speech pathology

—See page 11

Cagers close to tune
'Wait till next year'

—See page 13

Senior citizens tackle 'sick society'

Gray Panthers' leader lauds local chapter

By Timothy VanderVeen
Staff writer

The local chapter of the Gray Panthers welcomed national founder and president Maggie Kuhn to the Arcata Community Center Saturday.

The meeting attracted local politicians, students and others who share a concern about the treatment of persons of all ages — particularly the elderly.

Kuhn was honored by Arcata Mayor Dan Hauser. She, in turn, praised the efforts of the Del Norte-Humboldt County Gray Panthers.

Addressing local attempts to stop "ageism" (age discrimination) and improve the treatment of elderly persons, she said it was good to see the local Gray Panthers joining the rest of country's efforts.

'I never realized that Ronny was a communist,' she said, smiling.

"You constitute a social laboratory ... for the healing of a sick society," she said.

At this soft-spoken woman's request, the audience moved in closer. She's a small, frail woman with long, white hair piled in a bun, but at 76, the energy she exudes is infectious.

One woman said she dropped friends off for meetings, but after hearing Kuhn speak, she was ready to join the Gray Panthers.

Kuhn praised the efforts of local Panthers to educate the public on medical expenses and their survey on pharmaceutical costs.

"What you're doing here in Humboldt County has national impact," she said.

Kuhn said the best way to advocate change was to work from within the government and with outside support.

299 reopens, more rain could cause closure

Highway 299 was reopened to two-way controlled traffic Monday after heavy rains closed the road 7.3 miles east of Willow Creek over the weekend.

Traffic resumed at about 7:45 Monday morning, but a one-hour delay is likely because of fallen debris, Teddy Eggleston, public affairs officer for Caltrans, said.

The road was closed Friday afternoon when rocks and mud came down from the hillside above the highway.

But she acknowledged frustration in attempts to work with the Reagan administration.

At the White House Conference on Aging in December, the Reagan administration's philosophy seemed to be "out with the old and in with the new," Kuhn said.

Kuhn had been appointed by President Carter as the head of the Advisory on Aging, but was dismissed by President Reagan.

She said 400 delegates were appointed by Reagan at the conference and several committees were "stacked" to reflect Reagan's policy toward the elderly. Kuhn said at the end of the conference the delegates were dismissed immediately and to this day "We don't know what's going on."

She said the Panthers are working with medical students to create medical treatment affordable to all.

She said although socialized medicine has been called "communist" by some, it exists in a limited capacity today.

"We have it for Ronny and Nancy and the members of Congress," Kuhn said. "If it's OK for Ronny and Nancy, why not for you and me?"

"I never realized that Ronny was a communist," she said, smiling.

Kuhn told the audience some of the Panthers' priorities. Besides socialized medicine and improved treatment of elderly persons, the Panthers are working to stop nuclear proliferation and prevent nuclear war.

Her cry of, "No more nukes" brought cheers from the audience.

She advocates alternative energy sources and wants to see greater use of windmills and solar greenhouses.

Kuhn suggested educating seniors on energy alternatives.

She emphasized the need to get more seniors involved in social change and the fight against "ageism."

According to Kuhn, apathy is a huge obstacle that the elderly must overcome.

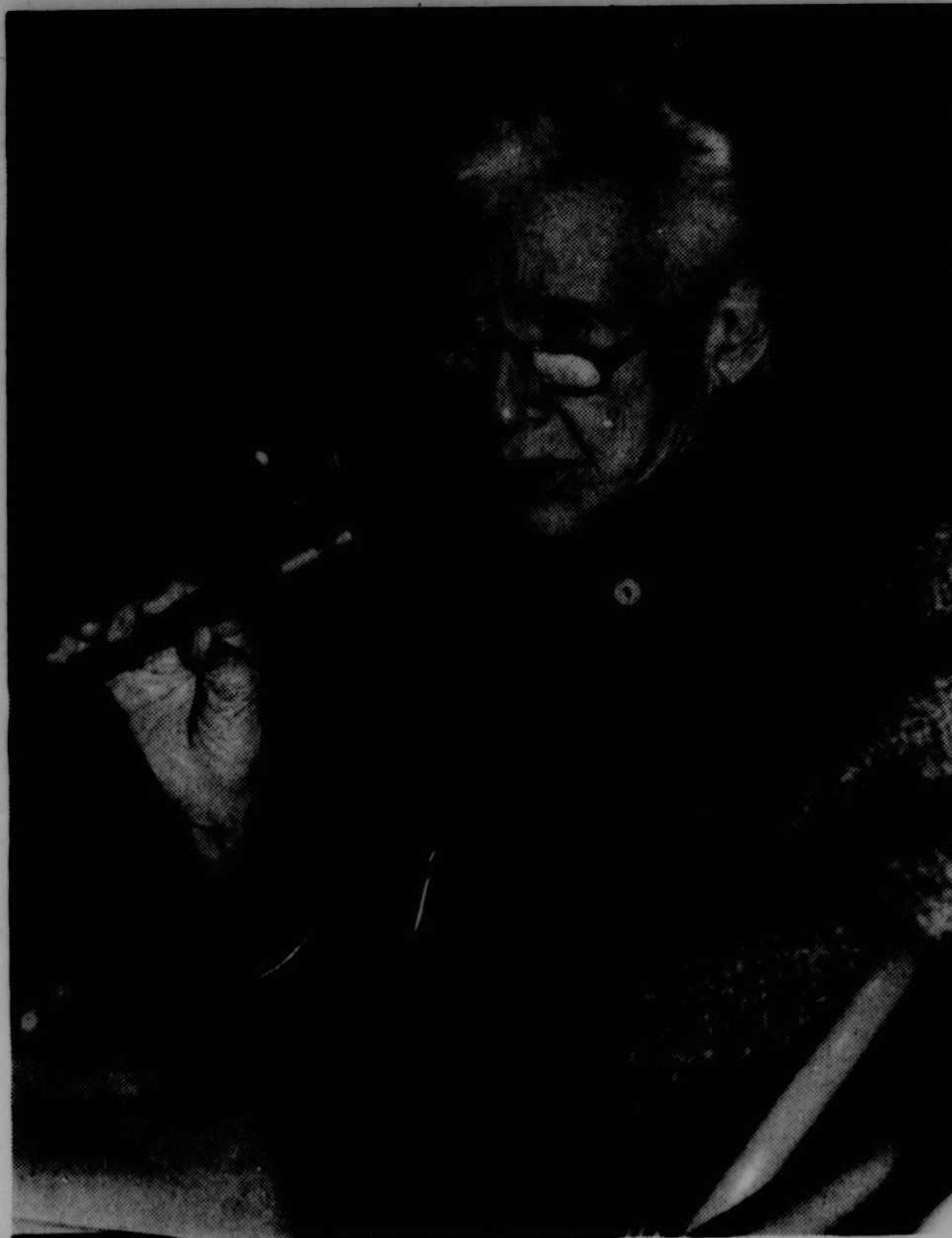
"When you retire you cop-out," she said. "You disengage from life."

But further rain could mean closing it again, Eggleston explained.

"It's the same spot that has been closed and reopened a number of times within the past couple of months," she said.

She said that through traffic can resume as long as the rains subside. Otherwise, another slide is probable.

According to the Eureka office of the U.S. Weather Service, fair weather is predicted through today and Wednesday, but some clouds are expected.



Staff photo by Janice Clark

Cat-like concentration is worn by Maggie Kuhn, president of the Gray Panthers. Kuhn visited the North Coast last week.

She called it "brain damage that has to be healed."

Faced with frustrating times — as funds are cut for Social Security and medical insurance — people must turn that frustration into anger, Kuhn said.

She said to motivate people, the Panthers "have them take a look at what they did in their past." She said that if people recall the injustices and abuses of the past, they will more likely do something about it.

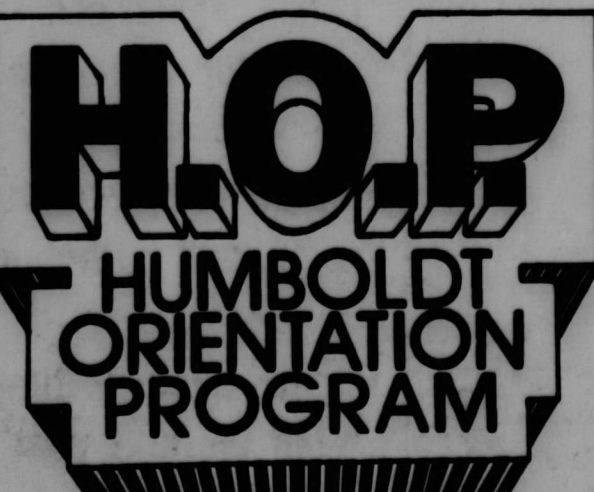
Kuhn quoted Mao Tse-tung, saying the elderly must, "Speak the bitter

past." She said it generates anger, but from that anger comes energy to activate for change. She encouraged the Panthers to hold hearings at local senior centers.

"Interrupt the bingo players and make them get involved," she implored.

Explaining the apprehension some may have toward change, she cited the analogy of an archer.

"In order to hit the target he must, of course, pull back, but he must finally let go," she said.



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CenterArts given big bucks

SLC, McCrone discuss student topics

By Steve Jaramillo
Copy editor

The Student Legislative Council held a question-and-answer session with Humboldt State University President Alistair McCrone at Monday night's meeting.

One of the topics discussed was the possible change to the semester system.

McCrone said a school's calendar — whether semester or quarter — should serve the student's interest and "that is very much in my mind."

McCrone, who will make the final decision, said, "I confess to my favoring the semester calendar — this does not mean I would make that decision."

If the move is made to the semester system, it would not be implemented until the 1984-85 academic year, McCrone said.

Councilmember Karen Lindsteadt asked McCrone's opinion on having a night curriculum.

"We are doing what we can," he said.

McCrone said one problem is not

having enough students to take night classes.

"If we could get the full-time equivalent registration we would do it," he said.

Valerie Moore, Associated Students vice president, asked McCrone what he thought was the role of student government.

"You (the SLC) have begun to touch the surface in the (teacher) evaluations you're doing," he said.

"You seem to be concerned with academic quality — that's the role of student government," he said.

McCrone then asked the council some questions.

He asked if budget cuts, which will result in increased fees next year, would affect Humboldt State University's enrollment, and most councilmembers quietly nodded their heads in agreement.

McCrone also asked the council how the university should react if enroll-

ment did drop at HSU.

"I would not like to see the elimination of one of our smaller departments," Lindsteadt said.

"I disagree," Councilmember Michael Vantress said. "You're giving benefits to inefficiency — eliminate some of those programs."

McCrone said a university's curriculum cannot be determined by "consumer demand" alone.

The council also approved the establishment of a

CenterArts Endowment, a \$50,000 account that will come out of the A.S.'s general reserve.

The money would be invested, and the interest earned would help subsidize the CenterArts budget.

CenterArts' Coordinator Peter Pennekamp spoke to the council of the need for more funds and the services they provide to the student.

When Pennekamp came to HSU in 1970, "A problem was retention of

students — the student needs something to do," he said.

He said inflation and increased transportation costs have driven prices up so fast that ticket-price increases cannot make up the difference.

"The average program cost \$2,400 last year," he said.

The endowment is one way to cover the increased costs of attracting artists to HSU, rather than raising ticket prices.

The council then discussed what effects tying up \$50,000 of reserve funds would have on the SLC budget.

"I don't think \$50,000 is going to choke us to death," Vantress said.

A.S. Treasurer Cindy Szuhay said, "This can be taken out of our reserves without hurting our other programs."

The council then unanimously approved the endowment.

In other action, the council:

- Defeated by a 7-3 vote the proposal to raise money for the A.S. by getting students to fill out Sears credit applications. Each application would earn the A.S. \$1.

The debate centered around the issue of the A.S. becoming involved with a commercial, profit-making organization and how this would affect credibility.

General Manager Paul Bruno relayed a message from Edward "Buzz" Webb, dean for student services, who said it would set a "poor precedent."

Councilmember Ross Glen agreed. "I think this idea stinks."

- Heard a report by Moore on night bus ridership. Last week's totals increased to 153 riders.



Briefly

Blood drive

The Humboldt State Forestry Club is sponsoring a blood drive Thursday from 11 a.m. to 4 p.m. at the Natural Resources Building, Room 203.

Everyone is welcome as a donor. There is a special need for blood-type "O".

Video tape exhibit

Video Art, a show of video tapes by established artists and Humboldt State University students, can be seen in the Reese Bullen Gallery, Feb. 25 through March 13. The show is free and open to the public weekdays, 10 a.m. to 5 p.m.

Featured works are by La Mamell, Inc., a production company that has exhibited in major museums and on public television. The founder of La Mamell, Inc., Carl Loeffler, will direct a "Video and Performance" workshop, March 5 and 6, in the Reese Bullen Gallery. Times for the workshop will be announced later.

Sunday dance

The Humboldt Eldridge Retarded Organization will present an afternoon of music and dancing — featuring the Pistol River Dixieland Jazz Band — on Sunday.

The event is from 4 to 8 p.m. at Fat Albert's, 312 E St., Eureka. Cost is \$2.50 at the door. All proceeds go to Humboldt County patients who reside at Sonoma State Hospital.

For information call 443-5326 or 442-1352.

Fellowship talks

The Newman Center, campus headquarters of catholic fellowship, is holding a series of fellowship discussions on Wednesdays at 7 p.m.

Current events and how the Christian life can be applied to them will be the topic of discussion.

This week's topic is faith — how to

attain it and retain it.

The public is invited.

The center is located at 700 Union St.

Renter's workshop

The Continuing Education office is offering a class titled "Landlord-Tenant Rights and Relations" Saturday from 8 a.m. to 5 p.m.

Instructor Thomas Crutcher will discuss lease and rental agreements, landlord-tenant roles and eviction.

The class will be held in Siemens Hall 108. A fee of \$25 will be charged.

For information call 826-3731.

Correction

The Feb. 16 issue of The Lumberjack erroneously listed Janet Towne as the director of the Dance-Mime Winter Performance held over the weekend.

The dance portion of the performance was directed by Carolynne Kast. The mime portion was directed by Jon Paul Cook.

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QUALITY SOAPS, OILS, AND SHAMPOOS

The heat of protest

Friday's protest against the Pacific Gas & Electric Co. was a good example of what happens when normally sedate citizens are pushed too far.

A diverse group of about 250 people gathered outside PG&E's Eureka office to express their frustration over continually rising utility bills.

We commend the protestors for voicing their anger over an unacceptable situation. Unfortunately, without continued vigilance, the situation will become more unacceptable.

PG&E has some large bills to pay, and the money will come from the consumer.

For instance, the Humboldt Bay nuclear power plant cost \$28 million and was supposed to last 30 years. It lasted 13 years and still has to be decommissioned. Dale Bridenbaugh, a nuclear engineer and consultant, said at the Second Annual Decommissioning Conference held at Humboldt State University last year that it will cost at least \$30 million to decommission the plant.

The Diablo Canyon nuclear power plant cost \$2.5 billion to construct. It was supposed to be operating by 1973. It is still not on line. It, too, will have to be decommissioned someday. PG&E has estimated it will cost \$192 million to decommission Diablo.

The Helms Creek Project is another PG&E boondoggle. It is a tunnel between two lakes — one higher than the other. When water is released through the tunnel, it turns turbines which produce electricity for peak-use periods. When the peak period is over, PG&E pumps the water back to the higher lake. But there is a hitch. It takes more power to pump the water back up than is produced by its fall.

This technological marvel was supposed to cost \$211 million in 1980. So far, it has cost \$680 million. It may be finished this year — three years behind schedule.

Once Diablo Canyon and Helms Creek start producing electricity, we will start paying for them.

On top of this, the Reagan administration is talking about deregulating natural gas. If this happens, gas prices could double by 1985, according to the Citizens-Labor Energy coalition in a study it did entitled "Bleak Harvest: The Impact of Gas Decontrol on America's Farms."

Therefore, rates are not likely to go down unless a large cross section of the population — such as those at Friday's protest — make themselves heard.

A good place to start will be tonight at Eureka High School Auditorium at 7. Members of the state Assembly's Select Committee on Utility Performance, Rates and Regulation will hold a public hearing.

Be heard!

Area legislators

U.S. Senate

Alan Cranston
229 Russell Senate Office Bldg.
Washington, D.C. 20510
(202) 224-3553

S.I. Hayakawa
6217 Dirksen Senate Office Bldg.
Washington, D.C. 20510
(202) 224-3844

House of Representatives

Don Clausen
2136 Rayburn House Office Bldg.
Washington, D.C. 20515
(202) 225-3311
Eureka office: 442-0912

Assembly

Douglas H. Bosco
Room 3142
State Capitol
Sacramento, Calif. 95814
(916) 445-8360
Eureka office: 445-2055

State Senate

Barry Keene
Room 3053
State Capitol
Sacramento, Calif. 95814
(916) 445-3375
Eureka office: 443-4816



Letters to the editor

Taking a stand

Editor:

"None so blind as those who will not see" — how true! After too many years of too many cancerous communist growths enveloping our planet (without strong intervention and treatment, need anyone doubt the outcome?), some still can't understand our country's wanting to prevent a communist takeover in El Salvador.

The propaganda mills grind on.

Although the intended victim government isn't the best, it is better to help defend it than to serve it on a silver platter to insatiable communism. Where should we take a stand, if any — Fortuna, Eureka, Crescent City?

Godless communists have been known to: wear soldier suits of the country they're consuming, while killing useless (almost) women, children, old people and unreconstructables; indulge in the Big Lie (sure helped Hitler eliminate Jews); infiltrate; agitate; incarcerate; commit genocide; terrorism; any effective "end justifies the means" thing.

Despite overwhelming evidence, despite blood-chilling testimony of former victims, multitudinous refugees, defectors and other experts, despite the writings of Karl Marx, Lenin and many scientific socialists (communists) clearly spelling out and consummating their

plans, some just cannot seem to get the message!

Take Hanoi Jane (please!). When asked by a Eureka TV interviewer why there is animosity toward her, predictably she said, "Here you have the large landowners" A stock answer from one who does not believe in private ownership of property by others (at that point my darkened TV set failed to divulge the balance of her illuminating reply).

In this writer's opinion, there can be only two reasons why some individuals stubbornly persist in their blindness. The first one you guessed. The second explanation is either that they are grossly stupid, or mentally retarded.

Jan Brown
Arcata

Slow reaction

Editor:

For two years I have read students' comments about the University Center in The Lumberjack. It strikes me as being odd how the people who are so quick to speak are so slow to act.

What am I talking about? Last week a position on the Humboldt University Bookstore Committee opened up. At the time of this writing, not one application has been received. Put up, or shut up!

Bill Whalen
Senior, business

Solar incentive

Editor:

I wanted to thank you for your generally excellent coverage in last week's Lumberjack of the Humboldt 2000 Project discussion of Humboldt County's energy future.

Unfortunately, there was one error in the article which changed the meaning of one of my remarks. I was quoted as saying that there is a "lack of financial incentive for homeowners to implement alternative energy sources."

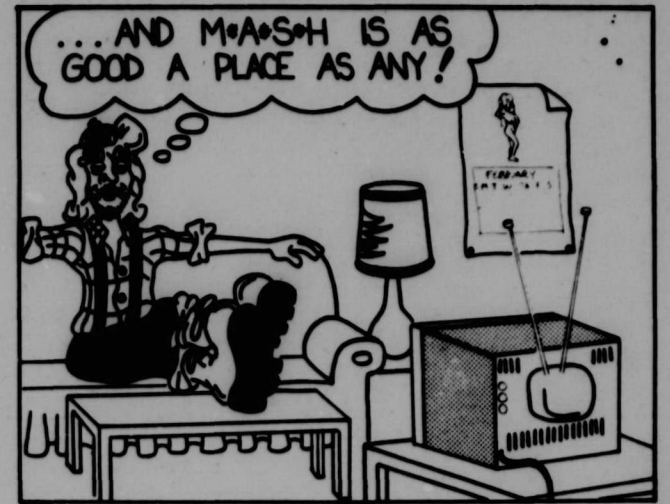
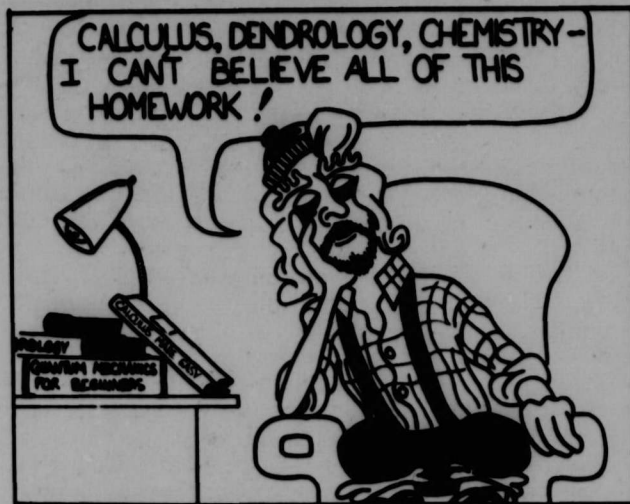
What I actually said was that *renters*, not homeowners, have little or no incentive to install insulation or solar hot-water heating in homes which they don't own and probably won't live in long enough to recover their investment through reduced utility bills. I also pointed out that landlords don't generally weatherize or solarize their rentals unless they are paying the utility bill themselves.

Homeowners directly benefit from conservation and solar energy because 1) they own the home, 2) they pay the utility bills and 3) they qualify for tax breaks and low-interest loan programs. The 45 percent of the housing units in California which are rentals are generally not affected by any of these factors.

The reason that all of this is important is that there is a piece of state legislation, AB 781, which would, if passed,

HUMBOLDT JACK

By Scott Bailey



Writer witnesses pain his pen causes

By Mark Chappell
Staff writer

As a journalism student and staff writer on The Lumberjack, I am learning to grasp "the pen" with skill. But I do not always witness the pain my articles cause.

My report on Humboldt Plaza — the federal housing unit — appeared in the Feb. 5 issue and caused the tenants pain because some information was missing.

And the information I did provide was misinterpreted.

In my article, I attempted to describe the sharing and special bonds I witnessed between certain families. I also tried to describe the interest that volunteers from Youth Educational Services have in children living at the plaza.

A simple story with a good feeling — or so I thought.

A group of tenants contacted me after the article was published and asked me to talk with them. They said they were upset with the way they were portrayed in the article. They said one area of disagreement was with the choice of the word "poor" in the headline, "Poor build bonds, share knowledge at housing project."

They said the article failed to mention their own recreation program and director. They also said certain tenant quotes were not representative of the whole group and other quotes were taken out of context.

As I listened to them, I felt I had done a great in-

View from the stump



justice to these people. The hurt and discomfort, even though unintentional, was caused by my lack of knowledge and history of the area.

The word "poor," as used in the headline, was chosen for its accuracy under a deadline situation.

In later talks with the tenants, they expressed their definition of the word poor. One said when she hears the word poor, she thinks of the people in El Salvador or the people living in New York who do not have any food or shelter. Another said he views a poor person as one not totally owning his possessions — always making payments. Another added there are those poor in spirit and love. In their eyes, none of those definitions fit the people living at the plaza.

But The Lumberjack's use of the word "poor" was within the definitions cited in a government report and the Random House Dictionary.

In a report on poverty compiled by the U.S. Census Bureau the words "poverty," "low-income" and "poor" are used interchangeably.

The Random House Dictionary defines the word poor as "having little or no money, goods or other means of support; a poor family on welfare."

So the confusion begins. I am learning there is no such thing as a simple story. Just as life is complex, so is writing about it.

There is a tendency for a reporter in his search for truth to write only what he sees and hears. I believe there is no wrong in that, but what the reporter must also do is write from a rock of understanding.

It takes time and energy to climb that rock for every story. There is only a certain amount of time allotted a reporter to gather, understand and write the story.

The tenants do have their own recreation program. I heard nothing but praise from both mothers and children for the program and its director, Dan Rei.

What I heard from these tenants came from their hearts. They shared with me a need to belong in the community — to be regarded as no different from the rest of Arcata. They talked about discrimination, especially toward the kids.

If I had been able to interpret their feelings, the story would certainly have been a more accurate portrayal of these people.

I was finally able to understand the story after taking the time to meet with the tenants, talk to others about the subject and gather comments.

The plaza story still puzzles me. I have great respect for the people I met at the plaza. They said the story implied that they were different. In my eyes they are, but in a good way. Sometimes we want something for so long that it overshadows everything else.

I apologize to those I offended, but most of all, I pray for truth.

More letters to the editor

Continued from page 4

quickly bring about weatherization and insulation of rental units in California.

AB 781, by Assemblyman Mel Levine, would require that — after 1985 for apartments and after 1986 for single-family homes — housing units would be required to

be insulated and weatherized prior to resale.

Conservation retrofit as provided for in AB 781 would begin saving Californians \$534 million in utility bills per year in 1985 and increase to savings of \$1.7 billion annually by the year 2000.

AB 781 has passed the state Assembly and is pending before the state Senate. I urge

all persons concerned about excessive utility bills and who oppose our continuing dangerous dependence on off-shore and imported oil and on nuclear power to write Sen. Barry Keene, Senate President David Roberti and Gov. Jerry Brown at the state Capitol, Sacramento, Calif. 94814, and urge them to support AB 781 and the Levine Conservation

retrofit bill.

AB 781 is endorsed by an unusually broad coalition of groups including the Sierra Club, the State Board of Realtors, the California Building Industries Association and the Solar-Cal Local Government Commission.

America is moving toward energy conservation, but not quickly enough. Please help

accelerate the transition by supporting a bill which will assure that rentals, and not just owner-occupied homes, are made energy efficient.

Please call me at 445-7693 if you have further questions about AB 781.

Wesley Chesbro

Humboldt County Supervisor,
District 3

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Effect of hydro development discussed

By Tim Helms
Staff writer

The potential impact of small hydroelectric facilities was the topic of Thursday's meeting of Friends of the River.

Doug Linney, F.O.R. legislative researcher, spoke to a group of 25 North Coast residents about how the

passage of a federal law permitting hydroelectric development will affect the salmon fisheries and river ecology.

Over the past 1½ years there has been a rush to file applications for construction of hydroelectric facilities with the passage of the Public Utilities Regulatory Policies Act.

This law requires public utilities, such as Pacific Gas and Electric Co., to

purchase the energy from small producers of 80 megawatts or less at the price the utility would have charged customers, according to Linney. One megawatt is equivalent to 1,000 kilowatts.

"It makes it very economical for someone to put up a windmill, or whatever," Linney said, "and sell the excess energy to the public utility."

Hydroelectric facilities were included in this law as a renewable resource.

"As a result, a lot of speculators, a lot of people have applied to the Federal Energy Regulatory Commission for licensing — that's the small hydro rush," Linney said.

In the past year there have been 132 applications for small hydro projects in the watersheds of Shasta, Siskiyou, Trinity and Humboldt counties, Linney said.

A typical small hydro project, according to Linney involves a diversion built upstream, where the water is forced into a pipe and is run along a ridge to a point where it drops suddenly into a generator. The used water is then returned to the stream.

"Depending on how much water is actually taken out of the river," Linney said, "the process may have profound impacts on the ecology."

He stressed that these small hydro facilities (under five megawatts) aren't harmful individually, but collectively can be detrimental to river health, as the flow of water is needed to remove silt that washes into the rivers.

The Department of Fish and Game ultimately decides how much water will be left in the river for fisheries

enhancement. If too much water is removed from the rivers, the salmon spawning grounds will be adversely affected.

If salmon eggs are to survive, they need clear gravel beds and oxygen. If there is insufficient water to wash over the gravel beds, silt will collect and the oxygen supply will dissipate. The eggs will not hatch in this environment.

Retrofits are another type of hydro facility which have no effect upon the streams and are put on existing dams. Linney favors this approach.

He fears the large hydro (five to 200 megawatts) because they can have serious effects. They use impoundment dams and can flood major areas.

"(The producers of large hydros) say they return all the water to the stream, are clean and have no effect," Linney said. "Yet for 10, 15, or 20 miles there will be little or no water in the river."

Linney said combining these large facilities into the same law with "micro hydros" creates a problem. Micro hydros are used by residents living along the waterways. They produce less than a megawatt and have no profound effect on the ecology.

An applicant has three years to determine the project's feasibility before he must act. Linney said filing for a preliminary permit costs \$10 to \$15 and that is why speculators have rushed to snatch up all potential areas.

With so many permits coming in, the process of assessing each permit's potential impact is being bogged down, and Linney said that is a big problem.

"Thirty files have been made on the Trinity River," he said, "and each of them needs to be looked at."

Local elementary school teacher stresses environmental education

By Andrew Moore
staff writer

Environmental education and energy conservation are not the exclusive domain of enlightened adults, but part of a child's school day.

Jeff Self, a teacher at Alice Birney Elementary School in Eureka, has been emphasizing environmental education for five years. He follows teaching guidelines prepared by Pacific Gas & Electric Co. and given to all Northern California counties.

Self said one of the purposes of conservation education is to "make the students learn how to be more conscious of the energy situation."

Field trips and course assignments are designed to let students make discoveries on their own. They become interested in a subject and conduct their own experiments. Self said the program has been successful at all levels, from the fourth to the eighth grade.

The program's cost is minimal because PG&E community volunteers come to classrooms and suggest student projects or speak on environmental topics, he said.

Self will teach a class on solar energy in May.

"Administration response to the (PG&E) program is very favorable, and more schools in the area are beginning to apply it to their own science courses," Self said.

In other counties, similar programs geared toward local conditions are being added to the general curriculum. Cheryl Benano-Christensen, public information officer for the county school system, said.

PG&E began providing course material four years ago and offers a teaching workshop to help instructors understand the information, Carol Dillon, PG&E spokesperson, said in a telephone interview.

The material also ties in with subjects such as math and vocabulary.

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Clausen seeks 11th term in office; economy, employment key issues

Congressman Don Clausen, R-Crescent City, spent last Friday on the North Coast as he filed his candidacy for re-election in what could be his 11th term.



Don Clausen

Lumberjack photo

Clausen, who has been the North Coast's representative for almost 20 years, filed in Crescent City, Eureka and Santa Rosa.

If elected to the seat he has held for 10 terms, Clausen will find his district different in geographic character.

This is because two new counties have been added to the district — Glenn and Trinity — while Napa and Lake counties have been dropped from district.

Such a change is part of a new redistricting scheme approved by the Legislature and the state Supreme Court. (The switch might not be final, however — a referendum dealing with the redistricting plan for California's counties will be part of the June ballot. State Republicans, the force behind the referendum, question the fairness of the redistricting as it stands now.)

The district also includes Del Norte, Humboldt, Mendocino, and Sonoma counties.

Clausen believes he can represent the North Coast well because of his familiarity with the district and with the workings of the House of Representatives. He was quoted as saying that fewer federal regulations will help the district by giving people the opportunity to revitalize their communities.

Economic development, high inflation and unemployment rates are among the major issues Clausen plans to address in his campaign.

So far Clausen has no opposition from his party. The only Democrat to formally announce his candidacy is Mike Koepf, from Elk (Mendocino County).

Clausen was unavailable for comment.

Gripes

Continued from front page

"About 50 percent of Eureka blacked-out," Warnes estimated.

"PG&E spokesmen said the effect on PG&E during that hour was nil," Warnes said, "but we weren't trying to affect their operations. We accomplished our goals — to unite the people and to capture the eyes and ears of the legislators."

"I'm glad to be able to bring the committee to my own district," Bosco said in a recent press release. "People here have been particularly hard hit by the recent PG&E rate increase, and they have been particularly vocal about it."

The committee was originally formed last summer to investigate the problems at PG&E's Helms Creek project, where the projected cost had tripled to more than \$700 million in the past five years.

However, the Assembly committee's responsibilities were expanded Friday to include utility rate design and structure, lifeline allowances, construction projects and state Public Utilities Commission regulations, Bosco said.

The committee has already had a well-attended hearing in Placerville and will be in San Diego on Saturday, Bosco said.

"We are tentatively scheduled to hold further hearings in San Jose, Santa Rosa, Fresno and Los Angeles," he said.

After listening to the suggestions of the speakers at each hearing, the committee will discuss the most viable options and present them as legislation, Breit said.

In addition to Bosco, Peter Chacon, D-San Diego, Jim Costa, D-Fresno, Gilbert Marguth, R-Livermore, Don Rogers, R-Bakersfield, and Norman Waters, D-Lodi, will represent the 12-member committee tonight in Eureka, Breit said.

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Fish "petting" was one of the day's highlights, enjoyed by all — except a few steelhead.

Small fry meet feisty fish

Hatchery spawns environmental interest

• See related story, page 6.

Screams of fright and laughter filled the spawning shack at the Mad River Fish Hatchery as children watched the salmon-spawning operations.

Many of the kids were fascinated by the size of the fish — up to three feet long. Others scoffed, and some bragged about their fathers' catches.

Thursday's hatchery excursion was part of an environmental education program taught by Jeff Self, a teacher at Alice Birney Elementary School in

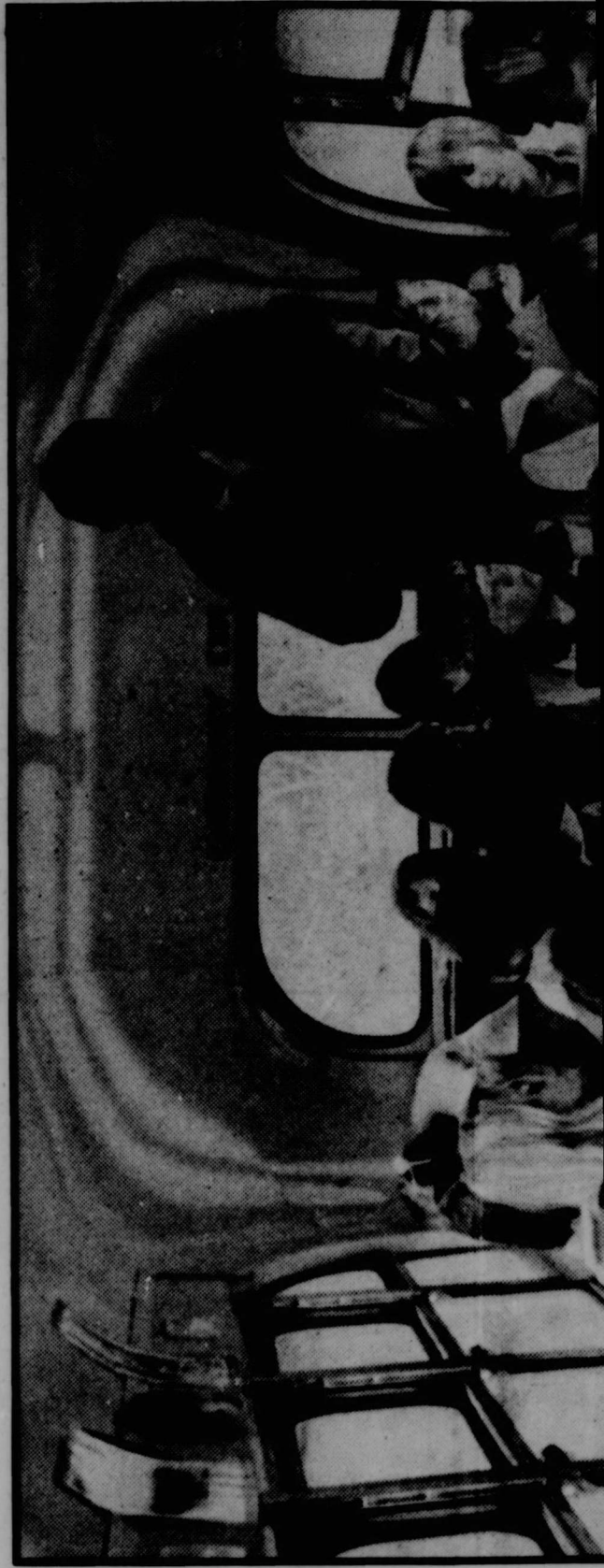
the next stop was the spawning shack, where most of the excitement began.

The fifth and sixth graders livened up when they saw the large trout and salmon flipping about on the inspection table.

Several students were knocked back when some of the powerful fish squirmed off the table. Also, many were splashed by fish thrashing in the tight-fitting storage pools.

Self was bombarded with questions from the children concerning the hatchery.

"The reaction of the children on this trip was the most respon-



Greg Jones contemplates newly fertilized fish eggs.

fish thrashing in the tight-fitting storage pools.

Self was bombarded with questions from the children concerning the hatchery.

"The reaction of the children on this trip was the most responsive yet," he said.

Some went home with fish eggs, and some went home with wet shirts, but all had a good time.

The trip gave them an opportunity to understand the hatchery, from the spawning stage to the egg, and see the important function it serves.

When asked what that function was, one student said, "To make more fish."

scored, and some dragged about their fathers' catches.

Thursday's hatchery excursion was part of an environmental education program taught by Jeff Self, a teacher at Alice Birney Elementary School in Eureka. In his students' science curricula, Self stresses awareness of one's surroundings.

They began their tour with a look at small fish, called fry, which are stored in shallow ponds. The fry, about one inch in length, are kept in water which is disinfected by ultraviolet light, or "concentrated sunburn rays" as Self explained to his students.

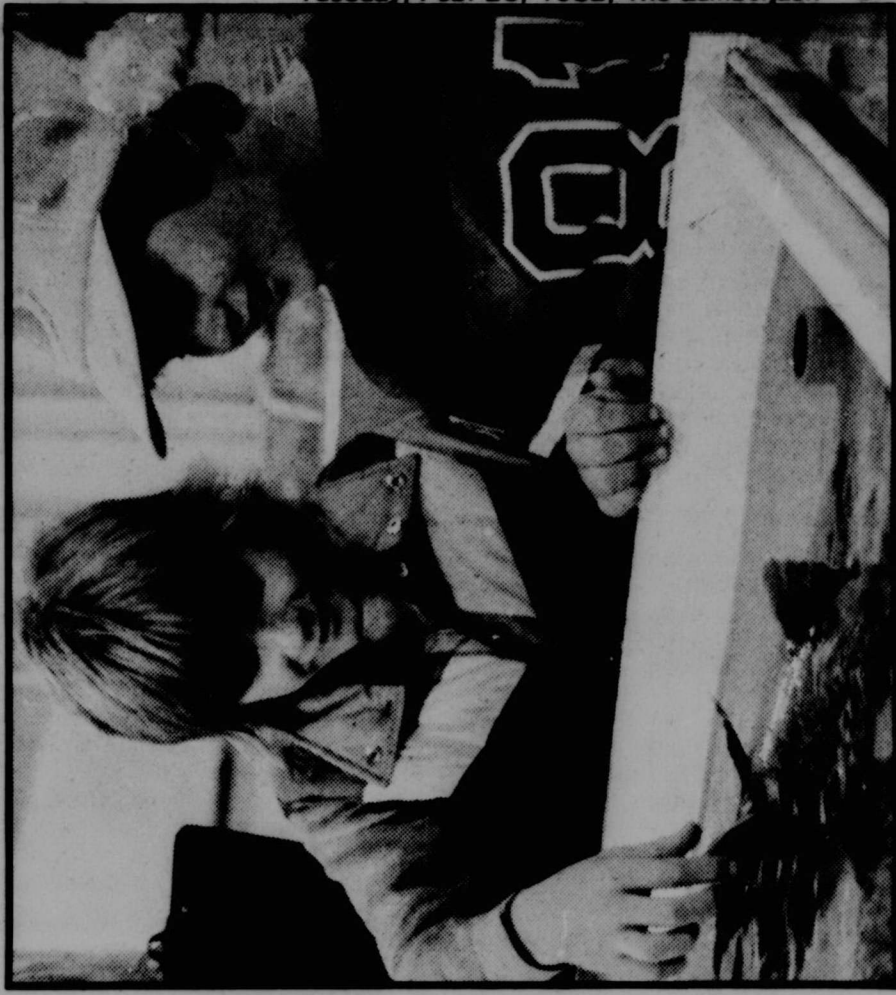
After visiting the fish ladder



Jeff Self runs through field trip schedule with his fifth and sixth grade students.



Hatchery assistant Andy Divine endures rash of resistant steelhead as he checks their sex and maturity.



Sedated fish prove cooperative petting subjects for Brian Larsen (left) and Lee Christensen.

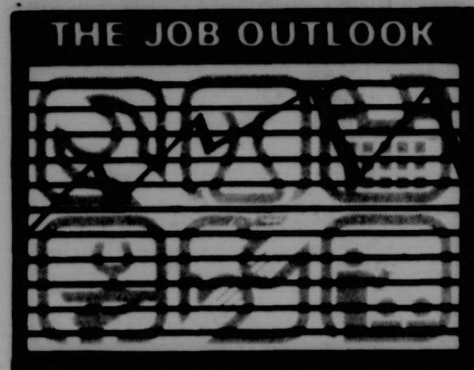
Story by Andrew Moore Photos by Wayne Floyd

Social science majors trained to adapt

• Second of a series.

By Michael Byers and Tim Wright
Staff writers

Humboldt State University's College of Behavioral and Social Sciences teaches skills applicable to many career



possibilities.

"We don't know what jobs will be out there in 10 to 20 years, so rather than train the student to be obsolete, we give them the skills needed to adapt to new jobs," JeDon Emenhiser, dean of the college, explained recently.

This philosophy of giving the stu-

dent a broad, liberal education was echoed by John Harper, geography department chairperson.

"This department is strongly motivated to giving the broadest and deepest education available," Harper said, adding that the employer of the geography major hires an employee talented in several fields.

Graduates do not always go into the fields they study. Instead, they apply the skills they have learned to other fields.

Dennis Musselman, psychology department chairperson, said most psychology undergraduates do not apply their degrees to psychology. They choose to use their skills to prepare for other fields, such as law and business management.

Students who seek advice on employment are usually directed to the Career Development Center.

"While we can often suggest where to look for a job, we suggest they start at the Career Development Center," Gerald Sattinger, chairperson of the political science department, said.

The center works with the departments to bring knowledgeable faculty, alumni employed in the field and

career counselors together in job workshops for students.

Lou Bombardier, a career counselor at the center, said although some faculty members are concerned with linking education to employment, others take the attitude of "benign neglect."

Some faculty members are "ignorant" of the job market, never having worked outside the academic world, or they do not see career guidance as their job, Bombardier said.

Faculty ignorance of the job market is a problem students face when seeking advice on employment. Often they cannot be sure whether the faculty member is a competent adviser, Bombardier said.

He said one department that does try to emphasize linking education to the job market is the sociology department.

Bombardier said Paul Crosbie, chairperson of the sociology, anthropology and social welfare department, does more to assist students in

relating their education to the job market.

The department's concern is reflected in its Sociology 190 class, a seminar designed to link a student's education to the job market.

Emenhiser said the College of Behavioral and Social Sciences also offers several programs to help the student attain the necessary skills to enter the job market.

Among the programs designed to provide students with entry-level skills are internships, field work and collaborative research opportunities. For those students who seek jobs in the public sector, a public administration minor is available to teach the skills needed to pass the civil service examination.

"Once they get that first job, they're over the hump," Emenhiser said.

Even without entry level skills, most department chairpersons agree students can find jobs if they are persistent and willing to relocate.

See JOBS, page 12

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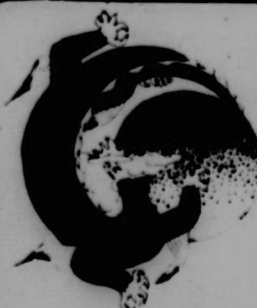


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Speech/hearing jobs plentiful for graduates

By Michael Byers
Staff writer

Graduates of Humboldt State University's speech and hearing program are virtually guaranteed a job, according to Professor Linda Hanrahan.

Ninety to 95 percent of those who earn the Clinical Rehabilitative Services Credential or the master's degree in speech and hearing are hired for full-time positions within a year after graduation, Hanrahan said.

But the high employment rate for speech-language pathologists who diagnose and treat speech, language and voice disorders is not unique to HSU, she said.

"Lack of knowledge on the public's part" about the existence and functions of speech and hearing pathologists is the reason there is such a demand for graduates, she said.

It is common for graduates eligible for employment as speech-language pathologists to have two to three job offers upon graduation, Hanrahan said.

Job opportunities should continue to be available at their current level of demand for another nine years when it should stabilize, she said.

Most of the speech-language pathologists work in schools, where they diagnose problems and either treat the patient or refer him to a specialist, Hanrahan said.

Although many people do not know speech and hearing professionals exist, "many diseases are concomitant with speech and language problems," she said.

Disorders can result from hearing loss, brain injury, mental retardation or emotional disturbances, according to Hanrahan.

When people are seriously hurt in auto accidents they often require the help of a speech-language pathologist, she said.

At the HSU speech and hearing sciences department, faculty and students diagnose and treat speech, language and hearing disorders for students and area residents. The tests are free to students, Hanrahan said.



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Ballet's visit one of county's 'biggest shows'

By Tim Wright
Staff writer

The Hartford Ballet's only California appearance of the season is this week at Humboldt State University.

"It's one of the biggest shows to (ever) hit Humboldt County," Peter Pennekamp, coordinator of CenterArts, said.

CenterArts is in charge of booking and promotion for the company's performance.

He said it could be the last major ballet company to ever visit the county.

The company had to consider the facilities, support and money HSU could offer, Larry Wolf, promotional coordinator for CenterArts, said.

Jobs

Continued from page 10

Herbert Hendricks, chairperson of the education department, referred to one former student who moved to an island in the Bering Sea to teach.

The department chairpersons also agree it is the student's responsibility to take the initiative in finding a job.

"Most freshmen are not job conscious and don't get job oriented until their junior or senior year," Emenhiser said.

Bombardier said the sophomore year is not too early to initiate contacts in the job market.

"Most students fall into jobs or wait for a fortunate accident to nudge them into one," he added.

Thomas MacFarlane, speech and hearing department chairperson, said most jobs are not advertised and the job market is not as good as it once was.

MacFarlane recalled that in the 1940s and 1950s doctorate recipients had jobs located for them by their professors. This process was called the "old boy network."

On Friday, reporters Jennifer McGauley and Neil Boyle examine employment opportunities for students in the College of Business and Economics.

"Part of the reason we got them to come is because we are gaining a reputation in the state and the nation for our (production) ability," Wolf said. "The fact they want to play here is an indication of our ability."

Pennekamp estimated the cost of bringing the company here to be at least \$18,000. While most of the funds are coming from the HSU Associated Students, the center did receive a grant of \$3,100 from the National Endowment for the Arts Council.

"It's a coup for us to have them here, not only because they're famous, but because our students can work with them," Wolf said.

Most of the technical support for the company will be handled by students, he said.

"If it wasn't for student support it wouldn't have happened."

While the company is here, members will work with students in workshops.

"The workshops filled up so fast, we didn't even have to advertise them," he said.

The performances will be Thursday, Friday and Saturday at 8 p.m. in the John Van Duzer Theater.

Each night will feature a different program, with Saturday's performance combining features from Thursday's and Friday's.

The programs contain "the highlights of their entire repertoire," Pennekamp said.

He added that the ballet would be classically, or thematically, oriented.

"Even if you think you hate ballet, it would be worth the \$5 to \$7 just to see something as spectacular as this in your life," Wolf said.



Lumberjack photo

Members of the Hartford Ballet



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Looking ahead

'Valuable experience' can benefit young cagers next year

By Tim Gruber
Staff writer

Despite finishing the Far Western Conference basketball season with a 3-9 record, Humboldt State University basketball coach Tom Wood has reason to look forward to next season after Saturday's last-second 50-49 victory over UC Davis.

"It's fun to win a close game for a change. The win will help us next year because the players will look back on the season-closing victory instead of the close losses," Wood said.

Although the 'Jacks compiled one of their worst records in recent years, Wood said the younger players gained valuable playing experience for next year.

At the season's end, the 'Jacks were starting freshmen Mike Hammond, Cliff Dyson and Jim Wilson, sophomore Joe Hash and senior Marvin Penner.

Hammond is a point guard who began starting in the season's second half. He sank a free throw with no time on the clock to defeat the Aggies Saturday.

"The hardest part to playing college basketball was adjusting to the type of defenses that are played. It is very physical and rugged in college basketball," Hammond said.

"Next year we should be right up

there in our conference," he said.

HSU will lose only two basketball players to graduation this spring — Ken Billman and Penner.

"I am somewhat disappointed for Ken and Marvin that they couldn't have gone out in style. The kids all played hard and they never gave up. We just didn't get the breaks," Wood said.

He said that next year the players will know him and what he expects of them.

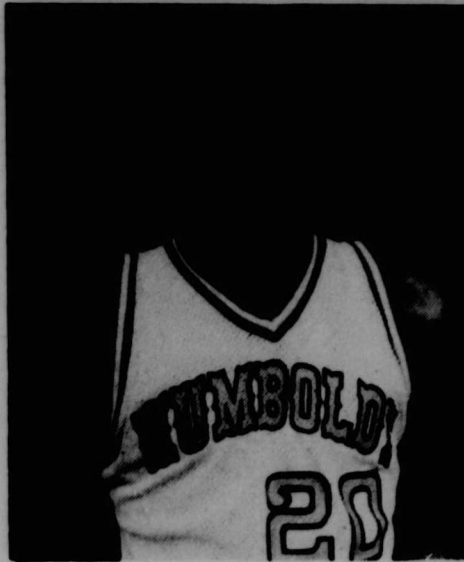
Looking back on the season, Wood said, "We were less than successful as far as attaining our win-loss goals," but added that "starting three freshmen and one sophomore was a very positive outcome of the season."

HSU lost on Friday night to Sonoma State but bounced back on Saturday to defeat UC Davis. That victory was the 'Jacks first in eight games.

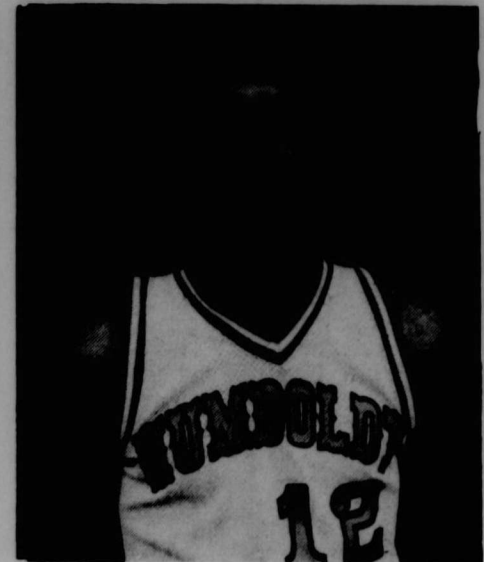
"Lack of calls in close situations hurt us a few times during the season, but for once we got the break at the end," Wood said.

The break Wood referred to was the foul to Hammond at the end of the game. Hammond then coolly sank a decisive free throw to win the game.

Because the team is not going to the play-offs this year, Wood said, "Now I will have time to recruit and get some help for next year."



Mike Hammond



Joe Hash

Sports Information photos

The Lumberjack

Sports

Wood to hit recruiting trail

The Far Western Conference basketball season ended Saturday, and already HSU's coach Tom Wood is ready to recruit for next year.

Wood, in his first year as head coach, had hoped to embark on a recruiting trip yesterday but NCAA rules require him to wait until March 1 and the end of the high school basketball season.

Wood has postponed the trip until after that season ends. Then he will be in search of "three junior college transfers and four or five freshmen."

"I'm particularly interested in bringing in quality freshmen," Wood said.

"That's the best way to build a program and get a winning tradition going."

He said he has done "a lot of preliminary recruiting work," and now has to "solidify some inroads" he has made.

"After all," he said, "recruiting is an all-year chore."

HSU swim team finishes last; no national meet qualifiers

By Bob McLaughlin
Staff writer

The women's swim team ended its season last weekend on a disappointing note, finishing last in the conference championship meet.

The meet, which was held in Sacramento, was won by U.C. Davis, followed by Chico, Sacramento, San Francisco and Hayward.

The top finisher for the Lumberjacks was freshman Anna Chong who finished third in the 200-yard individual medley.

"Anna Chong had a really strong meet," Coach Pam Reisenweaver said.

Chong finished 11th in the 50-yard butterfly and ninth in both the 100-yard and 50-yard backstroke.

Nancy Marsh, who led the team most of the year, finished 11th in the 500-yard freestyle, 12th in 100-yard butterfly, ninth in 50 butterfly, sixth in the 1,650-yard freestyle and eighth in the 200-yard butterfly.

"It just wasn't a good meet for the team," Marsh said.

Reisenweaver agreed, "The team peaked too early in the season."

"The girls had two meets the week before the championships and I think they were tired," she said.

Other top swimmers were Jenny Reasoner, who finished 12th in the 500-yard freestyle and seventh in the 1,650 freestyle. Debra Fleming placed 10th in the 50-yard breast stroke, 11th in the 100-yard breast stroke and ninth in the 200-yard breast stroke. Mary Arnaudo placed 12th in the 1,650 freestyle.

Diver Kelly Pearl took ninth in the one-meter diving competition and 11th in the three-meter competition.

The 'Jacks finished the season with a 3-5 record, while placing sixth in the conference.

"This year's team was much stronger than last year's team," Reisenweaver said.

The team failed to qualify any swimmers for the national meet in Kirksville, Mo.

"The move to Division II made the qualifying times for the national meet much faster," Reisenweaver said.



Staff photo by Tim Parsons

Freshman Mike Hammond was awarded two free throws after being fouled with one second on the clock and the score tied at 49. After missing the first free throw, Hammond sank the next to give HSU a 50-49 season-ending win.

Basketball Standings

Golden State Conference

(women)

	Conference		All Games	
	W	L	W	L
San Francisco	12	1	20	6
Sacramento	10	3	10	13
Hayward	9	4	15	9
Chico	8	5	12	9
Davis	6	7	10	16
Stanislaus	5	8	12	11
Sonoma	1	12	7	17
HSU	1	12	6	16

Last Week's Results

Sonoma 81, HSU 71
Chico 70, Davis 65
San Francisco 82, Stanislaus 56
Hayward 86, Sacramento 59
Davis 80, HSU 58
Chico 65, Sonoma 45
San Francisco 69, Sacramento 62

Far Western Conference

(men)

	Conference		All Games	
	W	L	W	L
San Francisco	10	2	18	8
Stanislaus	9	3	15	11
Sacramento	8	4	11	15
Chico	5	7	10	16
Davis	5	7	8	15
HSU	3	9	10	15
Hayward	2	10	3	23

Last Week's Results

Sonoma 76, HSU 65
San Francisco 61, Stanislaus 59 OT
Sacramento 90, Hayward 66
Davis 76, Chico 58
HSU 50, Davis 49
Sacramento 64, San Francisco 53
Stanislaus 105, Hayward 96

One victory could lift women cagers from the GSC cellar

The Humboldt State University women's basketball team has one chance left to capture its second conference victory when it travels to Chico Saturday for the season finale.

The Lumberjacks have a 1-12 Golden State Conference record. Their lone victory came eight games ago against Sonoma State, which returned the favor by beating HSU Friday.

One-on-one tourney ends initial season

The men's basketball season concluded Saturday, and with it, the first Miller Brewery "One-on-One" Basketball Tournament.

The semifinal and final rounds were played at half-time of the men's and women's home basketball games.

The winner in the A Division was Brad Foster. Kevin McMillan placed second, while Drew Vanderpool took third.

In the B Division, Tom Rubke earned first-place honors, Barry Benko was second and Trent McMurado placed third.

Chris Conway finished the tournament as the 6-foot-and-under champion while David Powlas was runner-up.

"I hope we can put together one good last game," Coach Diann Laing said. "We need to reduce turnovers, and we need a better shooting percentage."

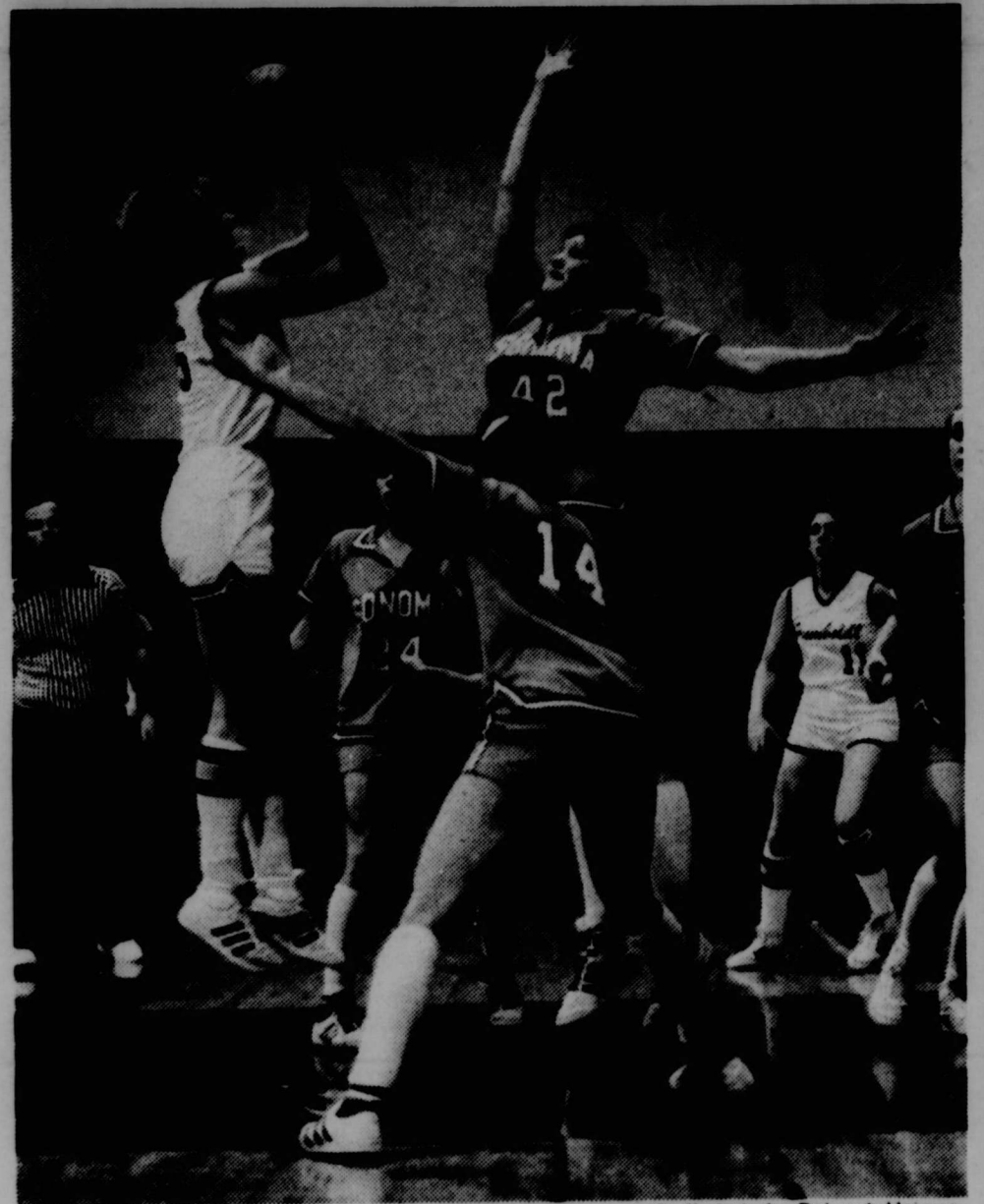
The 'Jacks made just 36.5 percent of their shots last weekend in losses to Sonoma, 81-71, and U.C. Davis, 80-58.

"We want to finish on a positive note," Laing said. "We can win if each player focuses on having her best performance. It's our last chance to get it together."

Courtside notes:

Forward Christi Rosvold maintained her 17.2 point average by scoring 14 points against Sonoma and 20 against Davis. Entering the games she ranked second in conference scoring behind Sonoma's Bridgid Donnelly, who netted 31 points against the 'Jacks.

Center Becky Yates leads the conference in field goal percentage for the third-straight week. She has hit 31 of 52 shots for a 59.6 percentage.



Staff photo by Deborah Heiman

Humboldt State's Christi Rosvold shoots in a crowd of Sonoma State defenders Friday night in an 81-71 Lumberjack loss.

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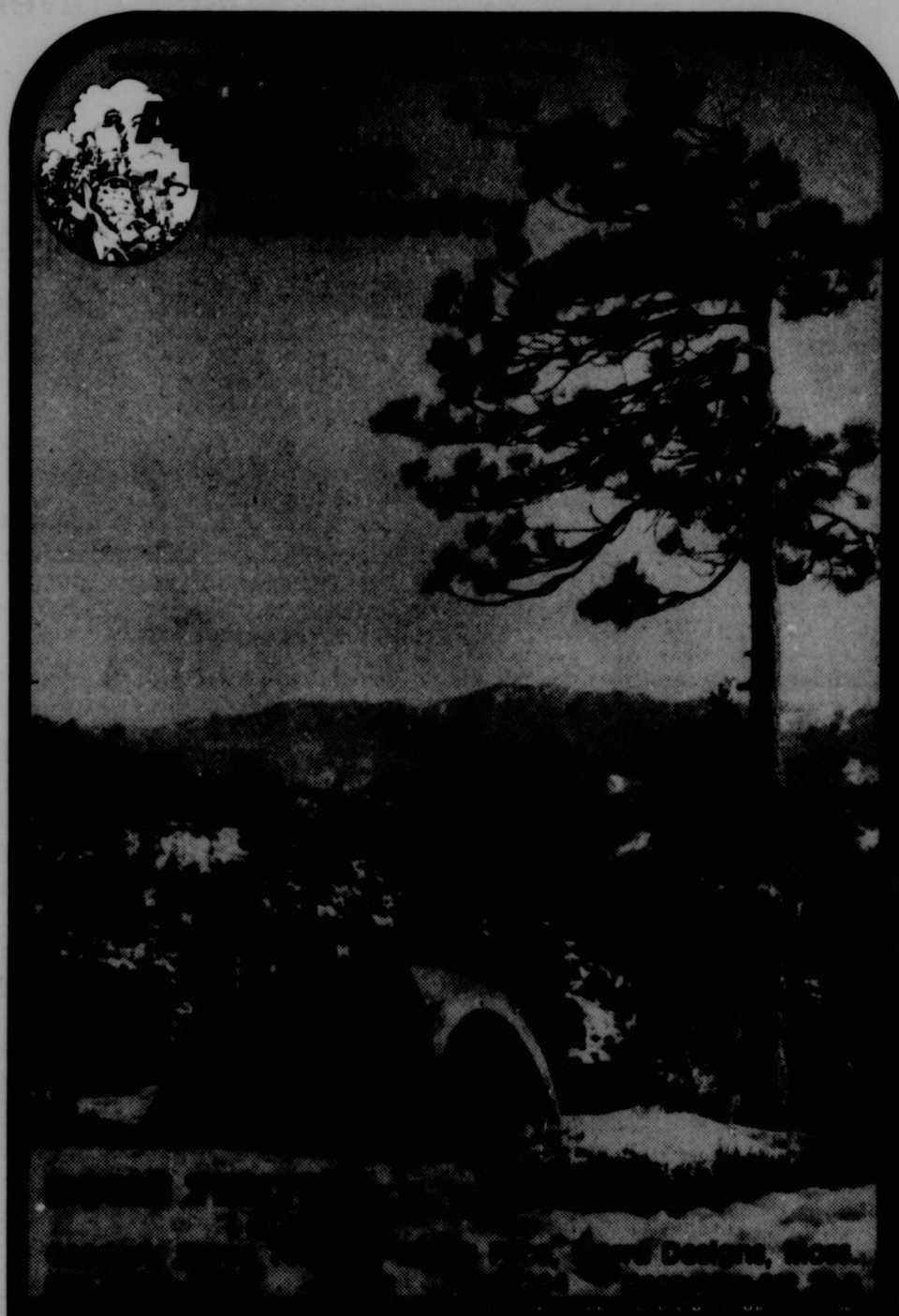
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Sculptor

HSU custodian creates abstract sculptures; personal ideologies reflected in his work

By Stephen Crome
Staff writer

"Art, education, politics and religion are ideas for a sense of direction, and hope is the foundation of ideas." Jack Navarro, 1978.

Sculptor Jack Navarro's personal ideologies are reflected in his work. His subjects portray animals in nature and man gaining dignity through work.

Navarro, 44, is a Humboldt State University custodian and the creator of four abstract redwood sculptures located in the small park just north of the Science Complex.

Titled "Humboldt Today for Tomorrow," the series of sculptures took 2½ years to complete, and represent learning between student and educator, Navarro said.

"People need to get good educations in order to make others more aware of what's going on," he said.

Navarro plans to unveil his latest piece, "The Worker," in front of the Plant Operations Building next month.

The nine-foot redwood sculpture took 1½ years to complete and represents the working man, Navarro said.

"The right hand is big — it shows strength," he said. "The pipewrench in the left hand represents work. The figure changes from realism to cubism depending on which side is viewed."

Navarro works mainly with redwood, but also uses clay, metal and stone. He starts all his big pieces from the top, carefully watching each area evolve.

Navarro also has renovated his house, which includes a bedroom done in the style of Egyptian architecture.

His secluded Arcata home contains an assortment of wood and stone busts, photographs, paintings and drawings. His property is a showcase for redwood log carvings, sculpture gardens and chairs cut from stumps.

"The stump chairs are in secluded places so that visitors can get away to read, study, talk or just be alone," he said.

Navarro uses chisels, mallets, gouges and woodplaners in his work, although he uses a chainsaw in the beginning to remove excess wood.

One sculpture, "Awareness," located in Arcata's Redwood Park, was carved from a massive redwood stump and represents maternity, he said.

It shows a mother and child, bear and cub and deer and fawn.

Navarro said he completed the sculpture after learning that a group of handicapped children visiting the park had complained of not seeing any animals.

Navarro's other sculptures include "One-Eyed Jack," a 15-foot lumber-

jack at the Lazy L Ranch on Fickle Hill Road, two bear cubs on both sides of the gateway to Eureka's Sequoia Park Zoo and a Tahitian ladder and bear cub in his driveway.

"I saw a bear reaching for a salmon in the water while I was in the woods and the beauty of it stuck in my mind. I had to do one for the house," he said.

Navarro's indoor sculptures include "Adultery," which is a carved panel showing a man and woman embracing, "Blue Guitarist," a panel styled after Picasso's Blue Period and an abstract work called "The Kiss," which is his reaction to modern art.

Two cube-shaped heads meet to form a kiss and a house is created from the space between, Navarro said.

"The house is the final result," he said. "It represents something built from nothing and that love begins at home."

Navarro is working on a redwood Indian which, when finished and mounted on a flattened stump, will be the first thing visitors see as they come up his driveway.

"It is symbolic of the first Americans — the Indians — looking out over the land," he said.

Navarro said he became involved with outdoor redwood sculpture because when he first arrived in Arcata 13 years ago, the only statue in the area was of William McKinley.

"I wanted to change that," he said. He fell in love with Humboldt County when he moved here, he said, and the university and local people have given him everything he has.

"The redwood logs for my work are given to me by the Simpson and Louisiana-Pacific lumber companies," he said. "My job at the university for the last 10 years has taken care of everything else."

Navarro said during his work-breaks he usually can be found in the library or the Rathskeller, where he enjoys the atmosphere and looseness of the people.

"Also, I like the dark," he said.

Navarro believes man must constructively coexist with nature and become aware of the unwritten laws of humanity, which demand that we respect each other's personal laws without trying to change them.

"Life is massive, larger than the mind, and each human is part of everyone else. It's too massive to try to understand it," he said.

Navarro said he tries to leave nature better than when he found it, and that we should slow down and take time to enjoy what we have in Humboldt County.

Success is a condition of the mind — it is just being happy with one's self, he said.

Navarro said people shouldn't give



Staff photo by Deborah Heiman

A worker's vision is shared by Jack Navarro and his sculpture.

each other names like black, Indian, hippy or redneck.

"We are humans before any label," he said.

Navarro was born in Houston, Texas, and grew up in Chicago. He spent a lot of time traveling before settling in Arcata. He shares his house with two HSU students; Bruce Potter, a botany major and Joanne Viada, who is working toward a teaching credential.

Both enjoy the atmosphere. Potter said Navarro is an honest, down-to-earth person who doesn't really fit into society because of his simplistic lifestyle.

"He is a hard worker and studies all disciplines of art when he's not working," he said.

"Jack has a kind of pride — not an open, loud kind, but a pride in quiet dignity," he said.

Kidney

Continued from front page
local kidney patients, said.

"You have to understand that I emphasize home dialysis," Wolf said. He added that of the 23 patients the center deals with, 14 use the center's machines, four have machines at home and seven use self-dialysis.

If the local center does close there are options for some, but not all, of the persons afflicted with kidney damage.

The option of receiving a kidney transplant is possible but not looked upon highly by Pollock.

"A transplant is like admitting defeat. I can't take someone else's kidney," he said.

Being hooked up to a machine is difficult, but Pollock said that someday he might overcome his feelings toward a transplant.

Although he is hooked up to a machine twice

weekly, Pollock has set his sights on getting off the machine.

"Slowly, hopefully I'll be able to get off the machine. It's a goal — something to live for."

Pollock said alternative healing methods may be a way for him to attain this goal. "Gotta do something to make my kidneys heal. It won't hurt to try different things like meditation and visualization," he said.

Other alternatives available for some kidney patients are two types of in-body dialysis. These involve implantation of a tube in the stomach through which a dextrose cleansing solution (dialysate) is passed into the blood system.

These methods enable the abdominal lining to act as an artificial kidney through which waste material is passed out of the blood and into the dextrose solution. It then goes into a plastic pouch which can

be emptied.

The key problem for people with kidney failure is they are unable to cleanse their body of the poisonous wastes functioning kidneys remove.

"I don't get rid of poisons hardly at all," Pollock said. "When you get too many poisons in you it makes it so you can't do things. It's like an intense hangover and you get really tired."

The routine which Pollock follows before each hook-up is a mixture of physical examination and giving blood. When he began using the machines the nurses at the center would hook him up, he said. Now he added, "slowly, but surely I've caught on."

Dependent upon how much waste has accumulated in the body, a day at the center usually lasts between three and five hours.

"I always feel best just before dialysis. Then it seems to take me three or four days to recover," he said.