

**Sheriff killed  
in shootout**

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**Wanted: Petite she-crabs  
with shapely leg tags  
for fun, scientific research**

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# The Lumberjack

Since 1929 • Vol. 58, No. 8

Humboldt State University, Arcata, Calif.

Wednesday, Dec. 1, 1982

## Voiceless student seeks a credential

*HSU is baffled at what's to be done with  
an inaudible ed major who wants to teach*

By S. Tammy Harrer  
Staff writer

Education major Lisa Bach, unable to speak audibly, wants a teaching credential, but is hindered by a situation never before encountered by the HSU faculty and administration.

Bach said the primary problem involves the university's policies of working with handicapped students and making reasonable accommodations.

Bach underwent an extensive operation during the summer and as a result can no longer speak audibly.

As such, Bach has to use either sign language or an interpreter to speak. That's where the difficulties arose, she said.

"As an example," Bach said in an interview through her interpreter, "it's a requirement I take a speech class, for which there are no substitutes, and the university said I couldn't take the course because I had no voice."

Bach offered to bring an interpreter to the class to speak for her, but that was not acceptable, and neither was sign language, Bach said.

Ronald Young, dean of the College of Creative Arts and Humanities, disagreed.

"To my knowledge, the university hasn't made a decision on it at all yet," Young said. "The speech department refused to waive the course because

they don't have the power to waive it. But, so far as I know up to this point, the university has taken no position on it."

The speech course Bach is supposed to take requires oral readings in children's literature, Young said. Students are supposed to demonstrate their ability to read children's literature to children.

"If Lisa brings in someone who can read the literature, it's not Lisa," Young said.

"It's up to the Teacher Preparation Committee to decide whether or not the course can be waived," he added. "There won't be any objection from anyone in the department if the course is waived."

Also in question, Bach said, is whether she can obtain a teaching credential from HSU.

"I can't get a teaching credential from HSU," Bach said. "If I wanted to graduate with a teaching credential, it would have to be a specialized credential, and they don't have a specialized credential program. They say I can't teach regular kids."

Bach said a specialized program grants only special credentials, so she could only teach deaf children.

"I don't want to teach deaf children," Bach stressed. "I want to teach regular children."

"They said they'd let me into the regular program," she said, "if I could pass the speech and hearing tests, which I can't."

According to HSU Affirmative Action Officer Helen Batchelor, it never occurred to the faculty it would ever have to deal with such a problem.

"She (Lisa) has a very special kind of problem," Batchelor said. "She's not deaf and yet she's been put into that category because of her speech problem."

"We will have to address the problem of disabled students on campus and what kinds of accommodations might be called for in broad areas."

Bach approached HSU President Alistair McCrone with her concerns and did not find the visit to be all that reassuring.

"I went to McCrone and he said he would look into it," Bach said. "He

See PROBLEM, back page



Lisa Bach



Staff photo by Deborah Heiman

## Pianist for all seasons

George Winston gave a full-blown performance on his birthday in the HSU Van Duzer Theater Nov. 19 to a packed house. Bud Productions promoter Mark-Jeffery Rosen honored the occasion with balloons. Winston said, "I'm 33 but my head is 66." See story, page 21.

ORIGINAL DEFECTIVE



# Disorder wastes away female victims

By Domini Maffei  
Staff writer

An HSU student died last month of anorexia nervosa, or self-starvation. Facts are being withheld at her parent's wishes.

One fact, however, remains clear. Anorexia is becoming increasingly common in the United States.

Anorexia was first described by Simone Portio, an Italian physician, in 1500; it is by no means a new disease. It is, though, one of the few psychiatric disorders that can lead to death.

In a paper published on anorexia, psychologists C. Philip Wilson and Ira Mintz said the death rate of the disease is from 1 to 10 percent.

Anorexia affects tens of thousands of people. The disease usually begins with the onset of puberty.

Wilson and Mintz stated 90 percent of anorexia cases are adolescent girls.

"I live on grapes and lettuce. I'm so afraid of putting on weight," quoted the New York Times of a starving actress.

A study by Dr. Martin Ceaser of the department of psychiatry at

Georgetown University and Medical School characterized anorexia nervosa as a "morbid fear of becoming fat" and a "relentless pursuit of thinness." According to this study, the average anorexic has lost 25 percent or more of his or her body weight.

The anorexia victim is obsessed with becoming fat. Bizarre rituals over food, eating and elimination, Ceaser said, help the anorexic feel she has control over her body. The anorexic may cut her food into tiny sections and push them around on her plate, but will avoid eating them.

Wilson and Mintz described a typical anorexia patient's diet as completely low-calorie, high-protein foods which concentrate on cottage cheese, carrots and diet soda. An anorexic eats little or no breakfast or lunch, and extremely minute portions at dinner.

In the course of the disease, Ceaser described patients as those who strongly deny any feeling of hunger. The anorexia victim usually withdraws from society and has a distorted body image.

"Despite even a state of marked cachexia (a wasting away of the

body)," Ceaser wrote, "the patient will have the delusional belief she is fat."

Along with compulsive dieting, anorexics follow a compulsive, highly regimented exercise program, and often deny any feelings of fatigue. Amenorrhea, or the absence of menstruation, can also occur.

Dr. Craig Garver of the HSU Student Health Center said this differs from amenorrhea which may occur in women athletes, because in anorexia cases the cause is not physical but psychological.

Garver is starting his second year at the health center; treating anorexics is a part of his practice.

Garver said people generally do not come into the health center and say they are anorexics and need help. The disease is usually discovered in the course of treatment for other problems such as anemia or amenorrhea.

Garver said he feels anorexia is a behavioral disease; he sees it as a matter of control. The anorexic feels she has no control over her life. She fears sexual development, childhood's end or separation from an overbearing

mother.

One thing she can control is what goes into her body.

Emil Rodolfa of the HSU Counseling Center also treats anorexics. He said he feels the demands of society drive people to self-starvation.

Rodolfa said many expectations are put on a young woman to fit a perfect image. These women receive negative parental messages that they aren't OK as they are, Rodolfa explained.

He said anorexic women feel they have to be different to be accepted by their parents and by the rest of society. They see thinness as a means to acceptance.

The health center and the counseling center work together to treat anorexia patients.

Garver said the actual reason for anorexia is not medical, but the consequences of it may be. For this reason, a patient is treated both psychologically and physiologically.

"We feel the solution is in counseling," Garver said. "Where the patient can establish rapport and support, either here or at the counseling center, is what is important."

At the counseling center, Rodolfa tries to get his patients to understand the dynamics behind their actions, and gain control over them.

He also works with hypnosis to suggest better feelings and increase feelings of control over taking food.

Rodolfa deals just with the individual anorexia victim since he practices in a college setting where most of his patients are away from home. He said he does feel, however, that family counseling is beneficial.

"It would be very helpful," Rodolfa said, "since in a lot of ways it is a family problem."

Cindy Anderson Siemens is a therapist at the Humboldt Family Service Center in Eureka in the treatment of anorexia victims.

Siemens, who holds a master's degree in psychology from HSU, said she sees Madison Avenue as the reason behind the disease.

"People feel if I get thin everything

## Bulimia: Obsession for food, self-abuse

By Jennifer McGauley  
Copy chief

Bulimia, an eating disorder in which victims consume extreme quantities of food and then induce vomiting to rid themselves of their intake, affects approximately 10 percent of the women at HSU, Emil Rodolfa, psychologist at the HSU Counseling Center, said.

"I think there are some women here who are real tied into the cycle."

The disorder, opposite anorexia nervosa on the same continuum, stems primarily from a fear of gaining weight and a desire to attain society's standards of the "ideal" woman, Rodolfa said.

The weight of a bulimic, however, tends to hover around what is considered normal for the woman, he said, adding that some exceed and some fall short of their normal weight.

Aside from societal pressures, others, such as parental and academic pressures, also contribute.

"I would think women who are in college are more susceptible because they're in a pressure-cooker situation," Rodolfa said.

Bulimia, meaning "ox hunger," typically consists of frequent binges followed by purges through vomiting or the use of diuretics or laxatives.

The typical binge lasts about one hour and consists of spicy or high-carbohydrate foods, such as

doughnuts, cookies and sweets. The victim may purge anywhere from two times a week, to five times a day, Rodolfa said.

Bulimics, usually adolescent females, begin the cycle casually, he said, but their habits gradually get out of control. The cycle can last five or six years, and Rodolfa said some bulimics he has counseled have gone through the process for 10 years.

The more ingrained the cycle becomes, the more isolated the bulimic feels, "which makes them feel even worse," he said.

"They feel so different from others because they've got this big secret that they've got to hide."

In this respect, bulimia differs from anorexia, or self-starvation. Whereas the anorexic virtually shuns food, the bulimic is obsessed with it. In the form of self-punishment, the bulimic attempts to negate this obsession through purging, Rodolfa said.

In addition, Dr. Craig Garver, physician at the HSU Student Health Center, said bulimics do not appear as in control as anorexics. "They're feeling out of control."

Aside from the psychological ef-

fects, there are a number of physical complications that can arise from bulimia, which, Rodolfa said, has a 5 percent fatality rate.

"A danger of vomiting that can be fatal is when vomit is sucked into the lungs or gets stuck in the airway," Garver said.

"If they vomit, and do it in secret, they could run the risk of killing themselves."

Some bulimics go to extreme measures to rid themselves of their caloric intake, he said, citing a case in which a woman used plastic baggies to induce vomiting.

All three methods of purging result in a loss of potassium, which produces extreme weakness, constipation and, in some cases, abnormal heart rhythms,

See PURGE, page 6

See STARVE, page 6

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# Teacher complaints delay evaluations

By Garth Rogers  
Campus editor

Teacher evaluations for "HSU Insight" will not be administered this quarter, it was announced at Monday night's Student Legislative Council meeting.

"HSU Insight" is a booklet compiled from student evaluations to help students determine which instructors they would prefer for general-education classes.

Ross Glen, Associated Students president, said the evaluations will not be done this quarter because the evaluation form used last spring is being revised.

The revision of the evaluation form is the result of many complaints the council received from faculty members, Glen said.

The council concurred that changes need to be made in the evaluation forms, but SLC Chairperson Joe Corcoran said, "The evaluations should

have been revised earlier in the quarter so we could have the evaluations this quarter."

Corcoran said he felt the problem stemmed from the ineffectiveness of the committee which oversees the evaluations.

"The committee may have set itself back too far to really be effective," he said.

A.S. Vice-President Karen Lindsteadt, however, said, "No, the committee has not been ineffective."

She said working out the details of a new form has taken a lot of time and effort on the part of the committee.

"The committee has been working hard since day one to come up with the information to make the changes," Glen said.

Corcoran countered that one of the problems with the committee being so far behind is that the SLC has not been adequately informed as to what has been going on with the evaluations or that more help was needed to get the

evaluation form done in time for this quarter.

Corcoran said he has asked Jeff Weitz, the chairperson of the Teacher Evaluation Committee, several times to come to the SLC meetings and report to council on the progress of the committee.

Glen agreed that there has not been enough communication from the committee and said he would make sure this was corrected.

Also at Monday night's meeting, Connie Carlson, reporting for Paul Bruno, A.S. business manager, recommended the council "hold off on the frats until" a report is filed by a recently formed committee.

The committee was formed at the direction of HSU President Alistair McCrone to look into the feasibility of having fraternities at HSU, she said.

The committee is being set up by Susan Kitchen, assistant to the dean for student services, and will include members of the administration, faculty

and SLC members, Carlson said.

The committee's report should be available "around the first of the year," she said.

McCrone will decide whether fraternities will be able to organize at HSU based on the committee's report, Carlson said.

The SLC also approved changes in its code regarding the number of absences allowed members before impeachment proceedings are taken against them.

The discussion of the code changes, which lasted more than an hour, began with a motion to adopt wording that would clarify how many absences were allowed.

Under the former wording it was not clear if the limit was three absences per quarter or three per year.

The code changes adopted by the council state, "At such times as the A.S. vice president is aware of three absences (three points of violation) in one quarter, the terms of impeachment may be prepared and referred to the judiciary."

## SLC vacancies filled by new process

By Donna Rodriguez  
Staff writer

Associated Students President Ross Glen has made use of a relatively new process in appointing various student government positions — the Personnel Committee.

Such appointments fall under the jurisdiction of the A.S. president.

"I didn't want to give up my executive prerogative, but since these positions basically deal with the Student Legislative Council, I felt they should take an active part in the process," Glen said in a recent interview.

The 16 members of the SLC are elected each spring quarter by the student body. One representative is chosen from each of the seven colleges, along with four representatives-at-large, a freshman-dorm representative and four commissioners (Academic Affairs, Planning, Programming and Student Services).

Five positions were still vacant at the beginning of fall quarter. Glen said the SLC had gone too long without a full council.

Byron Turner, representative-at-large, was chairperson of the four-member Personnel Committee.

"We called everyone who completed an application and scheduled them for an interview," Turner said. "We held interviews on a Sunday because Sunday was convenient for everyone."

Each candidate filled out the same application form and was asked the same questions.

The committee took notes during the interviews. Turner said discussion of applicants ranged in length from 15 minutes to an hour.

Glen appointed positions on recommendations from this committee. He said this appointment process was especially effective because of the number of positions needed to be filled.

"Overall, there was a total of about 20 applicants for these positions. We didn't even have that many people run for office last year."

Scot Stegeman, who was appointed Natural Resources representative this quarter, described the process as "a thorough and applicable system, on the

See MEMBERS, page 9

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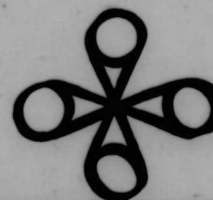
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## Frats, elitism have no place at HSU

In a time when an attitude that cries "if everyone else is doing it we should too" pressures people to be like everyone else, a fraternity has arrived at HSU looking for members and official recognition.

It must have been too good to be true, but as testament to our cultural priorities and physical remoteness it has taken the late-1970s resurgence of campus fraternities a while to reach Arcata with its particular brand of male leadership training.

### Editorial

Yet the appropriateness of a fraternity at HSU is rightly being questioned by students and administration alike. For it is HSU's cultural differences that offer alternatives and encourage individual forthrightness which set it apart from many other schools.

It is ironic that one supporter of a fraternity here said HSU students are too obsessed with individualism. Yet each of us is distinctly different and to join a group that prides itself on sameness seems out of place on this campus.

At a time when elitism is commended by some and it is fashionable to worry more about stereotypes and easier to assign stereotypes, the attempt by Delta Sigma Phi to form is not surprising, but it is dismaying. For as Associated Students President Ross Glen aptly said, "We should be breaking down social barriers, not creating them."

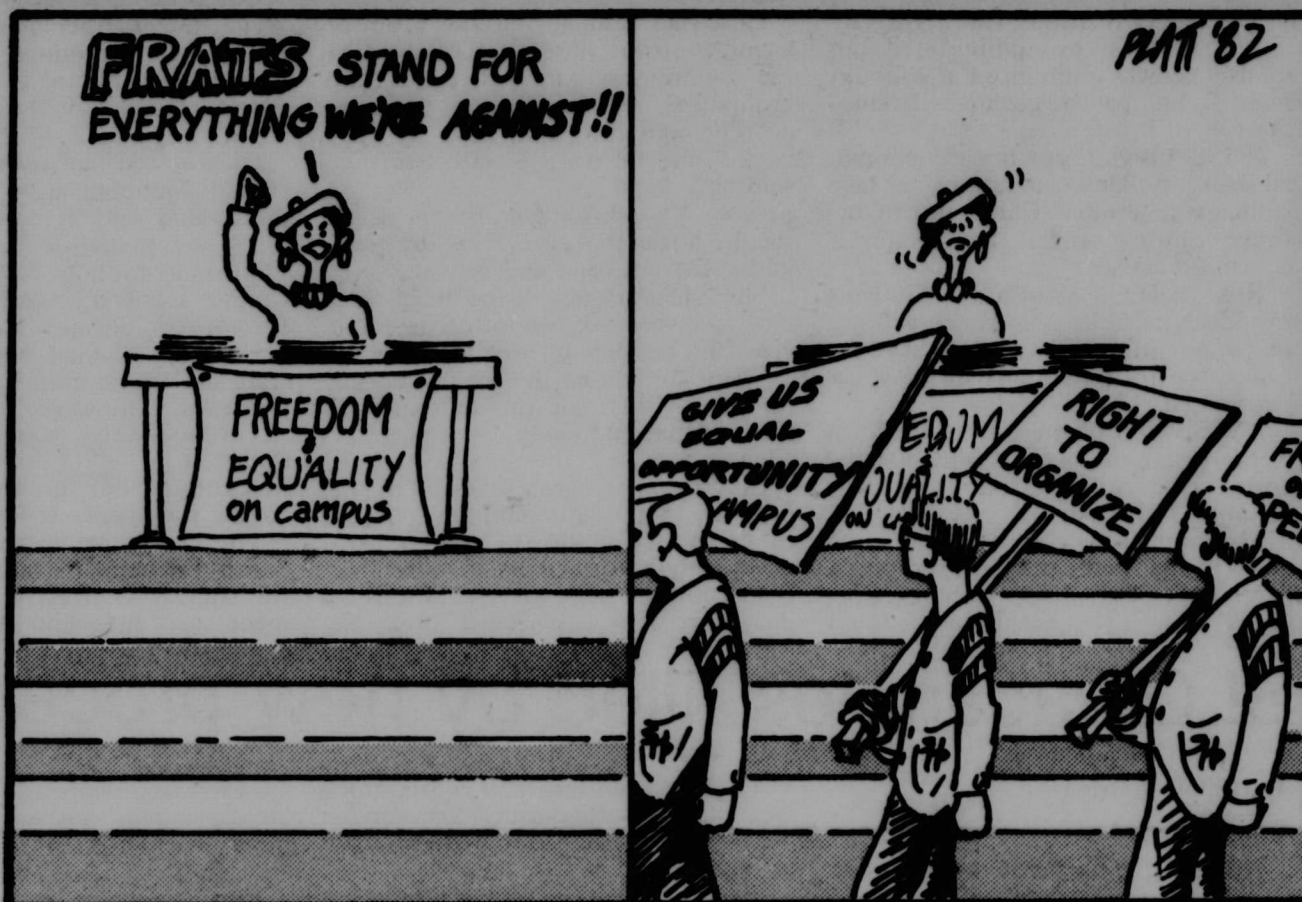
Social barriers are inherent with fraternities regardless of claims that they contribute numerous campus and community services. The most obvious barrier is that raised against women.

Though this concept of a one-sex organization abounds, it is a bit jaded today. And at HSU, which is a campus open to all without regard to sex or race, a campus organization — fraternity or sorority — that excludes a person because of sex seems in opposition to the school's ideal.

That fraternities allow women to participate as "little sisters" is more demeaning than to exclude women altogether.

It is hard to measure where students stand on a fraternity, but Glen said results from a suggestion box question on the topic drew overwhelming opposition from students.

The atmosphere at HSU that allows people to be proud of their differences and alternative ways of thinking is a priceless cultural commodity. A fraternity on campus merely sets this school back to a time that is outdated.



## Letters to the editor

### Angered by Sanger

Editor:

The HSU Women's Center is soliciting comments on a feminist film which the County Board of Education had refused to buy for use in local public schools. The film, "The American Woman: Portraits of Courage," profiles a number of women, including Margaret Sanger, the founder of Planned Parenthood. Sanger (1883-1966) was one of the leading eugenicists of her time. In 1919 she wrote in her "Birth Control Review," "More children from the fit, less from the unfit — that is the chief issue of birth control." In 1922 she wrote that free health care for poor mothers and their children requires "the healthier and more normal sections of the world to shoulder the unthinking and indiscriminate fecundity of others; which brings with it ... a dead weight of human waste." In 1932 she proposed "a stern and rigid policy of sterilization and segregation" of those persons "already tainted" by their heredity. She said such persons should be offered pensions in return for their consent to be sterilized and that if they refused this offer they should be segregated from the rest of the population so that their "tainted" inheritance would not weaken future generations. She said they should be segregated for life on designated "farm lands and homesteads" where "they would be taught to work under competent instructors."

In 1933 her "Birth Control Review" featured an article titled "Eugenic Sterilization: An Urgent Need," by Professor Ernst Rudin, curator of the Kaiser Wilhelm Institute for Anthropology, Human Genetics, and Eugenics, who called for strenuous

and immediate action to "prevent the multiplication of bad stocks."

Sanger decried the fact that in the democratic process "a moron's vote (is) as good as the vote of a genius" and that "funds that should be used to raise the standard of our civilization are diverted to maintenance of those who never should have been born." She proposed that black people be urged to limit their births by ministers "with engaging personalities" to spearhead the movement and to neutralize black opposition.

Feminists have, of course, a right to their choice of heroines, but it is questionable whether this particular choice should be forced on local schools.

Jacqueline Kasun  
Professor of economics

### Offensive ad libs

Editor:

It is dreadfully unfortunate that Warren Maher was not sufficiently familiar with the life and work of Mark Twain to capture the real essence of Ken Richters' performance. To Maher's credit, likely by sheer accident, he did reveal Mr. Richters' mendacious character beyond doubt when he quoted him as having said, "I try not to deviate from Twain. It's a fool who goes out there and tries to ad lib." Bold-faced balderdash in the first sentence, insight into himself in the second.

Richters' artistic immaturity and narcissism was readily apparent to anyone who is familiar with Twain. Students of S.L. Clemens found Richters'

Continued on page 5

## The Lumberjack

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# HUMBOLDT JACK

by Scott Bailey



WOULD YOU JOIN A FRATERNITY IF WE HAD ONE?



## Letters to the editor

Continued from page 4

frequent ad libs offensive in the extreme (Mark Twain was neither Groucho Marx nor Red Skelton). Richters took great liberty with Twain's work, inexplicably substituting Moses for Aaron Burr and sadly winging it with ridiculous vaudevillian poor taste under the guise of Twain's "Old Ram" story. Twain never begged for cheap laughs by repetitious suggestive references to "Milkies."

My amateur assessment was 40 percent Richters, 60 percent Twain. Vainly believing he could somehow "improve" the work of America's emeritus literary mind, Richters committed inexcusable violence to Twain's work. He ought to stick to class-B television smarm and stop deluding himself at Mark Twain's expense.

Some advice to you Mr. Maher from Twain: "When in doubt, tell the truth." Laughter and applause have little to do with the quality of any particular performance.

Twain's assessment of "The Local Interviewer" has withstood the test of time once again.

Michael J. Evers  
College of Behavioral and Social Sciences

### New economics

Editor:

Greetings, especially to those described in last week's "Mashburn" letters as "troubled, pop, rebellious" youths. Please tell them that "help is on the way!" In particular, it is coming from an eminent world leader in economics who in a recent letter wrote, "I sympathize very much with your concern on young people's frustration. Your and my generations did not succeed in making the world a safer and better place to live."

Last spring, I wrote about Professor Jan Tinbergen, the first Nobel co-laureate in economics, who is the leader of a group of economists now known as the "Dutch school of income distribution. They during the past 28 years have been — and still are — working to develop a demand and supply economic theory of relative scarcity" to explain and to help provide an escape from the earnings inequalities that directly and indirectly afflict our country and the world, and which today have us walking — hopefully pulling back a bit from — the brink of economic collapse and possible nuclear destruction.

Unfortunately, this important help which is on the way may not reach us in time unless a lot more of us and you put down some of what we are now

burdened with and go out to meet and help bring in these economist helpers and rescuers. For right now the new economic thinking and theory which they have pioneered and explosively researched and written about still remains largely hidden and buried in university libraries and economics departments.

The informal and quite unprofessional 150-item bibliography of mine of the current literature of this new economics, and also my 60-page rambling discussion of the theory and what I see as its implications are still at the library reserve desk, and I would even be glad to make a date to meet any group or handful of you in the library lobby or nearby to help make a bit clearer the fascinating, almost unbelievable story of this now-buried economics and its almost too good to be true — yet unfortunately a bit threatening to those of us on the better-educated occupational levels — important implications for a "safer and better place to live."

A quicker look at this new economics may more easily (actually, there is nothing easy about the algebraic economics used in most of the writings) be obtained by quickly skimming "Personal Income Distribution" edited by W. Krelle and A. Shorrocks, a wondrously complete report of a 1977 I.E.A. conference; and Professor Tinbergen's 1975 landmark volume, "Income Distribution: Analysis and Policies." I would even suggest that if this letter generates enough interest that these two volumes, which themselves contain good bibliographies, should be put on reserve.

These pioneering, courageous and painstakingly dedicated band of economists and their help or rescue for us is, yes, "on the way." But it may not get here, or get here in time, if enough of us don't put down some of what we are doing within the walls of our beleaguered fort and ride out to meet them and help "bring them in."

Samuel Glenn  
Eureka

### Wienie race

Editor:

Now that it appears the Greek fraternal presence will be felt again at HSU, perhaps we will also see the revival of that ancient rite of passage — the wienie race. These races, associated with initiations, were normally performed out of doors, often around a huge, convivial bonfire. Aspiring initiates, usually befuddled with copious quantities of beer, would be required to strip and, with a wienie gripped between the cheeks of their buttocks, make a wild, waddling dash to the finish line. Penalties for dropping the precious cargo varied.

So, and with apologies to Mason Williams who originated the "Them Poems" — "Them Wienie Racers"

How about them wienie racers,  
Ain't they queer?  
Runnin' naked races  
Grippin' wienies in they rear.

Grippin' them huge wursts,  
Grippin' them tiny,  
Grippin' them smoked wursts  
In they hiney.

Look at them wienie racers,  
Ain't they geeks  
Runnin' round in circles  
Grippin' wienies in they cheeks.

Them high aspirin' racers,  
Dashin' amidst the cheers,  
Are seekin' to be Frat Men,  
To rise above their peers.

How to be a wienie racer?  
Man, you've got to have The Grip,  
And keep them buns a squeezin'  
Through the whole, damned trip!

Floyd Jack  
English

### Chemical concern

Editor:

I currently reside on Spear Avenue in Arcata. It has come to my attention that the Sun Valley Bulb Farm has been spraying toxic chemicals on the land a short distance from my home. This is of great concern to me.

Although I realize that these toxic chemicals are used by this company to continue the production of their crop, and that it is their right to support their families with this production, I am also aware that the rights of individuals who live in outlying areas are also involved.

It is the rights of these individuals that I am concerned with. Society has presently evolved to the point that free enterprise has resulted in the slow poisoning of the earth. The air, which is the common right of all individuals, is being poisoned also. While it is even questionable that the Sun Valley Bulb Farm has the right to poison any part of this planet, it is especially questionable that today's laws have allowed them to poison the air we breathe and the ground and water of this community.

Please consider this grave problem because, in all seriousness, this is the tragedy of the commons that we live in, that one person may poison or otherwise hurt others for the benefit or profit of himself.

Jennifer Bell

## Letter laws

Letters to the editor are welcomed at The Lumberjack, but should follow these guidelines:

Letters should be typed or handwritten clearly, double-spaced and no more than 350 words.

They must be signed by the author in ink and include full name, address and telephone number. Those submitted by students must contain class standing and major, and those written by staff members should include their title. Addresses and telephone numbers are confidential.

Letters may be delivered personally to The Lumberjack office (Nelson Hall East 6), mailed or placed in the letters box in front of the library. Letters are published at the editor's discretion.

We also welcome Views from the Stump. Those wishing to write these guest columns should contact the editor at least a week in advance.

## Editorial board

The Lumberjack's editorial board meets once a week to discuss issues it deems worthy of editorial comment. The board consists of The Lumberjack's editors and two staff members. Once a topic is picked for editorial comment, a member of the board is selected to write the editorial.

Lumberjack editorials are not signed. Ultimate responsibility for the opinion(s) expressed, however, is the editor's.



## Prof defuses explosive situation

By Sarah Sawyer  
Staff writer

A potentially explosive situation was defused last week by HSU chemistry Professor Bob Wallace after the Humboldt County Sheriff's Department bomb squad refused to respond.

Wallace took action six days after 3½ pounds of explosive, crystalline picric acid was uncovered in the science complex.

Jean Hanson, stockroom supervisor for biological sciences, discovered the acid Nov. 18. Hanson said the chemical is used in solution for staining biological specimens in microscopy classes.

Problems arise when the solution dries out and forms crystals which can explode if impacted, Jerry Hopkins, campus safety coordinator, said.

Jim Smith, chairperson of biological sciences, compared the crystals to TNT.

Despite this, Wallace's reaction was casual.

"I feel what I did was perfectly

safe," he said in a telephone interview Tuesday.

Wallace opened the bottles and poured water over the crystals to neutralize the chemical.

But immediately after the chemical was discovered, Hopkins notified the bomb squad.

"We were worried because it was 12 to 15 years old. We did not know if it was stable or not and I didn't want to find out," he said.

The bomb squad would not come, Hopkins said.

Captain James Sintic of the sheriff's department said, "We don't have the type of vehicle to transport hazardous chemical materials anymore and we are not going to get our people hurt."

"The explosive experts only take care of explosives like nitroglycerin, but not hazardous chemicals which can be explosive."

Hopkins said he spent three hours calling people in the San Francisco Bay Area in an attempt to find out how to deal with the explosive.

He said no one from San Francisco was willing to come this far to dispose of the chemical.

## Purge

Continued from page 2  
Garver said.

Also, stomach acid, about as strong as car battery acid, can cause chemical burns in the lungs and throat, he said. The acid can also cause decay in the gums and teeth.

In addition, purging increases the chances of ulcers and stomach bleeding. It can also "blow out the blood vessels in the throat," Garver said.

Although amenorrhea, absence of menstruation, rarely occurs, the menstrual cycle can become irregular, Rodolfa said. And because the body does not take in the protein it needs, hair and skin can be adversely affected.

Garver said a major consequence of bulimia is depression, which may lead to suicidal tendencies. And to cope with the pressure resulting from their situation, he said, bulimics may develop problems with drugs or alcohol.

These physical complications, as well as the psychological effects, were discussed at a recent seminar held at HSU. Heidi Schimps, a bulimic, was one of the panelists at the meeting,

which was sponsored by the HSU Student Home Economic Association.

At 14, Schimps, now a 21-year-old hair stylist, was anorexic. At 16, she said, she became a victim of the binge-purge syndrome, and has been at it for five years.

"I'm obsessed with it."

In three months, Schimps, at 5 feet, 2 inches, went from 140 pounds to 89 pounds. Since she began the cycle, she said, she has gone only one week without bingeing and purging.

"People used to say to me, 'How can you eat so much and stay so skinny?'"

She said her compulsion to lose weight began with the nine-day Wonder Diet. From there she moved to diet pills, and then starved herself.

"You want to look like everyone else," Schimps said.

She added, however, that the bulimic process has infringed upon her lifestyle, since she must set aside time after she eats to purge.

"I've been caught in the act by my boyfriend, and I thought I was going to lose him, but he was real understanding."

## Starve

Continued from page 2  
can be OK because the magazines said so," Siemens said. She quoted the saying, "You can never be too rich or too thin."

Siemens said in her treatment she likes to focus on examining ideas and old beliefs the anorexia victims have about themselves that do not necessarily hold true anymore. One of these ideas is that the woman is fat and ugly.

Siemens treats individuals on a private basis, and also holds group

therapy. She finds group therapy beneficial because there is a lot of healing capacity there, and, she said, the victims can test new behaviors in a safe environment.

"Humor is the first sign of health," Siemens said. "That is what I look for."

Treatment for anorexia nervosa is offered at the HSU Student Health Center, the HSU Counseling Center and the Humboldt Family Service Center.

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# Sheriff, 3 others killed in trailer court shootout

By Theresa Novi  
Staff writer

In a bloody shootout Monday afternoon, three men — including unarmed Humboldt County Sheriff Gene Cox — were gunned down at a Eureka trailer park by a former mental patient.

The gunman was later fatally shot by police.

Cox, park resident Claire Montgomery and park manager Jack Alton were shot by Clarence Eugene McCutcheon, 50, after an argument stemming from a dispute between the resident and Alton, Eureka Public Safety Director Ray Shipley said at a news conference Tuesday.

The victims died from gunshot wounds, Shipley said.

Police said McCutcheon, who had been staying at the Ebb Tide Recreational Vehicle Park, had apparently been argumentative and was acting strangely toward Alton's wife, Hanna.

Alton, who was Cox's father-in-law, informed Cox of the dispute and Cox apparently decided to talk to McCutcheon, police said.

A witness said Cox was shot as he approached McCutcheon's trailer.

McCutcheon shot the sheriff with a .30-30-caliber hunting rifle.

Police said a statement made by one witness said Cox, who was due to retire Jan. 1 after 16 years as the county's sheriff, was shot at least four more times as he lay on the pavement.

The gunman then apparently reloaded his rifle and went after Alton and his wife. Instead, McCutcheon shot and killed Montgomery inside the office as he and Mrs. Alton attempted to hide.

Police said he then shot Alton outside the office.

At this point, police arrived on the scene after an anonymous caller had

alerted them.

McCutcheon reportedly fired at them. The officers returned the fire, wounding the gunman.

McCutcheon was taken to General Hospital where he died at about 6 p.m.

Autopsies and the coroner's investigation were under way at press

time.

McCutcheon had been diagnosed by mental health officials in Santa Monica as being a manic-depressive, Shipley said.

McCutcheon had a criminal history that included airplane bomb threats, Shipley said.

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# Local fishermen watch for tagged females

By Donna Rodriguez  
Staff writer

Today marks the opening of crab season, and the third and final year local crab fishermen will lend a helping hand to an HSU research project.

During the past two years fishermen from Eureka to Crescent City have been on the lookout for female Dungeness crabs tagged by HSU faculty and staff as part of this project.

HSU fisheries Professor David Hankin said in a recent interview there are two reasons female crabs are not harvested, and are therefore more easily studied than males.

"It is believed female crabs should be left out to reproduce. Also, females are much smaller than males making them commercially less valuable."

More than 10,000 crabs have been tagged and released at sea in an effort to study the age and growth of the female Dungeness.

Hankin said field tagging and laboratory studies constitute the crux of the program. Everyone involved is collectively doing what he describes as "an excellent job."

Fisheries graduate student Nancy Diamond tagged the crabs. Hankin said approximately 10 undergraduates have participated.

"Given the heavy teaching load of HSU faculty, a program like this would not be possible without such assistance," he said.

A \$500 prize is offered each year as an incentive for local fishermen to participate in the project.

Tags taken from the returned crabs are put into a "community hat." In October a drawing is held to select the winning tag and determine the winner.

This year 75 fishermen returned 245 crabs. Dave Turner of Trinidad, who turned in five tags, was awarded the prize.

The \$500 was provided by Sea Grant, a federal program designed to encourage applied research in ocean resource areas.

"We're not doing this to call attention to how wonderful the grant is, but as a means to enhance participation of fishermen and give them credit," Hankin said.

Trinidad fisherman Mike Clasby pulled the winning tag. Clasby has been with the program from the start and owns "Ernie G," the local commercial

vessel used in the tagging project.

Fishermen are again being asked to watch for tagged crabs this season.

The entire crab, with tag attached, must be returned in order to be eligible for next year's drawing.

Location and depth at which the crab was caught, plus the vessel owner's name and address, should accompany the tagged crab.

Crabs should be returned to the Department of Fish and Game office in Eureka, the HSU Marine Laboratory in Trinidad or any buyer in Crescent City.

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Poster publicizes research project.

# Travelers face danger of slides

By Theresa Novi  
Staff writer

Motorists traveling during the holiday season should be on their guard for rock and mud slides while on local highways, California Highway Patrol Lt. Jim Berry said.

And Marvin C. Clary, the regional manager for the Department of Transportation, predicted slides in the next week or so if rains continue.

"We've had several rock slides this week along highways 299 and 101," Berry said.

He said the danger for travelers is that rocks on the highways are not easily seen because they blend

in with the pavement.

He added that motorists could prepare for treacherous road conditions by giving themselves enough time to reach their destinations without having to speed on rain-slick highways.

Major landslides blocked highways 299 and 101 several times last year, but Clary said that this year the land surrounding the highways has "held its own so far."

"Last year we had a slide on Highway 299 east of Salyer come down. It crossed the highway into the Trinity River, and we worked day and night for two

See ROADS, page 12

## S.L.C. is: Student Legislative Council

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- Extending the add/drop period
- Cutting financial aid to non-registrants
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# New representatives appointed to council

The legislative experience of recently appointed members of the Student Legislative Council range from none to a great deal.

Freshman-dorm representative Tracy Germann served on student advisory committees, Girls League and various class councils in high school.

She has posted informational signs (saying who she is and what her position entails) on campus to aid in fulfilling her role as liaison between the dorms and SLC.

Natural resources representative Scot Stegeman gained the majority of his legislative experience while he attended Santa Rosa Junior College. He was executive vice president for one semester and served on various committees that dealt with students' rights issues.

## Political experience of members varies

He served on the Student Services Advisory Committee last year. This is his second year at HSU.

Physical education representative David Haiby has no political background and has never held an office. He holds a bachelor's in physical education from San Diego State University.

Since no one else applied for this position, the Personnel Committee did not interview Haiby. Glen looked at his application and interviewed him.

Haiby believes it is the responsibility of the people who attend an institution to work to improve that institution.

"People should not be afraid to become involved in school extracurricular activities, especially student government."

Behavioral and social sciences representative Otis Johnson held several legislative positions during high school.

He was student body president, representative in District 9, representative on the Board of Education in Oakland, junior member of student senate and president of All-City Council in which he had a constituency of more than 28,000 students.

Interdisciplinary studies and special programs representative Anjali Singh did not become involved in student government until she arrived at HSU last year.

She became interested during her last year in high school in West Berlin.

"Students there were really politically involved. What makes me mad is that it seems nobody wants to know what goes on here."

Singh said she saw the SLC position as an opportunity for involvement.

Glen appointed Jason Randall planning commissioner on recommendation of the Personnel Committee. He was appointed upon the resignation of former commissioner Steve Cates.

Randall, who initially applied for freshman-dorm representative, has no previous legislative experience.

"I am not afraid to admit that I am still learning. I have guidance, but I have to stand on my own."

As planning commissioner, Randall will sit on the University Resource Planning and Budget Committee.

He said he has no reservations about this position.

"I feel I can handle the position admirably and will give 110 percent. If I feel I may jeopardize my position, I will hand in my resignation."

Glen said he is pleased with the new appointees.

"They're an exceptional group of people."

— Donna Rodriguez

## Members

Continued from page 3

basis of what the committee asked me."

"They made judgments not on personal beliefs, but on terms of those persons interviewed."

But Clark Hartsock, freshman-dorm representative applicant, believed there was a degree of ambiguity in the questions.

"I have no real complaints, but I feel the questions should be more of a definitive nature. It's more efficient to ask more direct questions."

Not being appointed freshman-dorm representative has not kept Hartsock

from involvement in student government.

"I serve on the Student Judiciary Committee and am on five other committees," he said.

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# Herpes leads to psychological trauma

• Last of a series.

By Denise Morris  
Staff writer

Herpes and cancer are two six-letter words that can produce the ultimate in psychological devastation.

So said Helen Milner, women's health care nurse practitioner at the HSU Student Health Center.

"But there is one major difference," she said. "Cancer, in some cases, can be cured — herpes simplex cannot.

"And having no cure for this virus can become an overwhelming psychological and sociological factor in people's lives."

Milner, who also works part time as a registered nurse in the emergency room at Mad River Community Hospital, said the word "victim" is correct in describing a person who has contracted herpes simplex.

"After all, the victims did not ask to have anything as devastating as herpes occur to them," she added.

The herpes simplex virus affects two areas of the body. Herpes Type 1 ap-

## A virus with no cure can be overwhelming

pears as cold sores or fever blisters around the mouth. Herpes Type 2 involves blisters or lesions that appear on the genital area. Both types are extremely contagious.

"It is important to remember that people who have the virus are not lepers," Milner said. "It does not have to ruin their lives and it certainly does not have to make them pelvic cripples."

Milner said the major problem with humans is that, intellectually, they can define the problems of herpes, but, emotionally, it is hard to accept the disease.

"People fear ostracization — whether it be subtle or overt," she said.

"And because herpes is usually associated with sexual activity in the context of promiscuity, many people condemn without trying to place themselves into the situation of the herpes victim. These people believe that herpes is a curse for being intimate

with another human being."

Milner, whose psychological technique when dealing with a herpes patient combines gentleness and truth, also discussed the victim's self-image.

"Human beings need other people," she said. "We cannot live in a cocoon nor isolate ourselves because of fear.

"But many herpes victims blame themselves when they do not get the support from other people that is so vitally needed.

"They revel in self-condemnation and this practice leaves little room for forgiveness. And if herpes victims do not first forgive themselves, then who will?"

Although there are no local self-help groups that specifically address the psychological aspects of herpes, some people in the area provide information and attempt to assist the herpes victim with the realization of the disease.

Peter Pennekamp, manager of CenterArts, announced that, if fun-

ding is available, Dr. William Wickett, author of a book titled "Herpes, Cause and Control," will speak at HSU next quarter. Wickett's topic will be the herpes simplex virus.

Pennekamp said Wickett is the former medical director of California State University Fullerton's Student Health Center. He added that Wickett's book is based on studies of Fullerton students with diagnosed cases of herpes.

Terry Fountain, physician's assistant at Arcata's Northcountry Clinic for Women and Children, believes the need for herpes counseling is becoming stronger in the area.

"The problem is getting a group organized," she said.

But because of the interest expressed for a local herpes self-help group, Fountain predicted that the final planning stages of a group she is organizing should be completed this month.

Other sources of assistance and information for the herpes victim include:

✓ Herpes Resource Center, 260 Sheridan Ave., Palo Alto, Calif., 94306.

✓ California's Venereal Disease Hotline — (800) 982-5883.

✓ National Venereal Disease Hotline — (800) 227-8922.

## Victims at HSU tell of life after herpes

Michelle, a 19-year-old HSU student, was exposed to the herpes simplex virus in May.

Four days later, lesions formed. And after an examination by a doctor, Michelle was diagnosed as having Herpes Type 2.

A 22-year-old male HSU student was diagnosed as having Herpes Type 2 in October. After three weeks of soul-searching, the male student, who preferred to remain anonymous, decided to discuss the impact that herpes has had in his life.

The following excerpts of telephone interviews with Michelle and the male student stress the idea that there is life after herpes:

"When I was told that I had herpes, I felt like my entire world was collapsing," Michelle said. "I was horrified because it's incurable.

"I also felt that I had no control over my body. Other diseases can be cured, but not herpes. And as a young person, I never had to face anything that would last forever.

"In fact, the day I was told that I had the virus, I wrote in my journal that 'if you play with fire, you get burned.' Apparently, I considered myself both as a victim and as my own prosecutor.

"I was having problems dealing with it. And because I thought other people would be frightened of me, I alienated myself.

"For the first few months, I avoided sex and physical contact of any kind. I was even afraid to shower at someone else's house or use their towels.

"But now I'm adjusting to it and I can live with it.

"Reactions vary when I tell people

that I have herpes. For the most part, people have been understanding and react in a kind and loving way.

"But I don't think that I would ever tell my parents — not in the near future anyway. They don't acknowledge the

See HERPES, page 11



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# Herpes

Continued from preceding page

fact that I'm sexual, so how could I tell them that I have herpes?

"I guess the most frightening thing to me is not the virus but the fact that I could give it to someone. Because of all the implications involved, I sometimes feel like I am wearing a scarlet letter.

"The New Right has begun to correlate sexually transmitted diseases to God's wrath for sexual promiscuity.

"Herpes is not a moral issue. What it is is a physical disease — a virus. And you only have to answer to yourself and to God.

"But once a person comes to terms with herpes, then that person can go on living his or her life.

"You should feel good about your body and take control by eating right, exercising and avoiding stress.

"But the most important thing to remember is that herpes is a virus and should not be considered any worse than the common cold.

"Our society has such a hang-up with sex and it creates a great deal of emotional trauma over the herpes virus.

"My best advice to people who may be going through the same experiences that I did is that they should not be ashamed.

"The people who really matter in your life will be able to deal with it."

The male student shared many of the same feelings as Michelle:

"My first reaction when I was told I

had genital herpes was — why me?" he said.

"I kept telling myself that I had some other type of infection that could be cured with antibiotics. I continued to deny any possibility of herpes until it was absolutely diagnosed.

"Right now, I feel fine but I never know when the virus will come back. It's difficult, but I try not to dwell on it.

"I could see how having genital herpes could make a person feel alienated or isolated. But the people at the health center were very supportive. I felt like I had someone who cared and that helped me.

"At first, I didn't want to tell anyone that I had herpes because I was afraid people would change their opinion of me. But the people I've told, for the most part, have been very understanding.

"Years ago, I believed in the old stereotype that people who got herpes were loose. This attitude is wrong because I'm not that way and I got it. Now I have a better understanding of what it's really all about.

"My best advice to other people with herpes is not to let it get them down.

"Herpes is not the end of your life. In fact, it's only a small part of a person's life and should be considered as nothing more than a common virus.

"Who knows — they may come up with a cure and all this anxiety would have been for nothing."

— Denise Morris



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*Hair Cycle*

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# Briefly

The Students for Economic Democracy will hold its first general meeting at HSU Friday at noon in Nelson Hall, room 120.

Vicki Sanford, the Northern California organizer of SED, will be at the organizational meeting.

Registration materials for winter quarter are available this week from major advisers.

Materials must be returned, with fee payment, by noon Friday to the second-floor drop-box in Siemens Hall.

California's plan to construct shelters on California State University campuses for polychlorinated biphenyls — PCBs — was criticized Nov. 16 by the California State Student Association.

The CSSA urged the CSU Board of Trustees to "immediately remove all PCB contaminated equipment from the CSU system."

Student trustee Jenny Oropeza, at the request of a member of the trustees' committee on campus planning, agreed to prepare a report on the use and storage of PCBs on CSU campuses.

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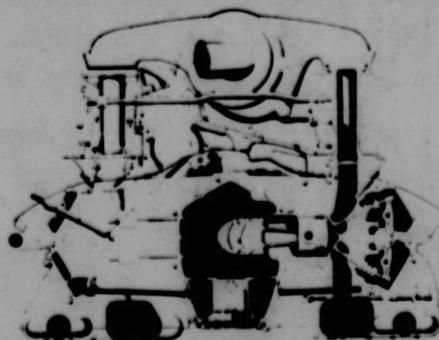
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# Finals week compounds stress; health center sees more students

By Beverly J. Freeman  
Staff writer

If you feel tired, nervous or uptight during finals week, or yell at your roommate for no apparent reason or if you shun studying given any excuse, you may have fallen prey to the most common ailment found among college students — stress.

The physical symptoms of stress include headaches, backaches, insomnia and inability to concentrate.

"Personality changes also occur," Dr. Jerrold Corbett, medical director of the HSU Student Health Center, said in a recent interview. "A person becomes more short-tempered and doesn't get along as well with their peers as they used to."

Lesley Meriwether, coordinator of the Health Promotion Program at the HSU Counseling Center, believes stress is the primary reason why students find difficulty in studying.

"Students under a lot of stress are unable to study, unable to concentrate and have lower motivation," Meriwether said. "They just don't feel like doing anything and they've got so much to

do."

Academic pressure, financial difficulties and problems with relationships are common causes of stress among college students.

"I think students are very pressured with the demands of accomplishing an education within a certain set time," Corbett said. "They're worried about their finances, especially in today's economy. Because of this, some students are taking more units, trying to get more schooling in less time and that compounds the problem tremendously."

The higher demands placed on students by the quarter system also increase stress in some students.

"I think there are more problems with students on a quarter system because it is so intense," Meriwether said. "There's a little more stress because it's compressed into a shorter period of time."

Although stress is a common problem throughout the academic year, most stress-related health problems show up during finals week.

"We especially see it packed during finals week,"



Corbett said. "I would guess that during finals week 50 to 60 percent of what we see is stress related. During the regular school year only about 25 to 30 percent of what we see is related to stress."

The counseling center, however, sees fewer students come in during finals week, despite the increase in stress.

"As finals week gets here we don't have as many students," Meriwether said. "They come in prior to that. We have very few people coming in during finals week compared to the weeks prior to that. Between midterms and the end of the quarter lies a short period of time in which a lot has to be done. The quarter moves very quickly and by the time finals week gets here there's nothing they can do about it."

Corbett said the best way to prevent stress and stress-related problems is to relax and take breaks during difficult study periods.

"If you constantly study and don't do anything else, the stress is going to get worse and it's very hard to get better," Corbett said. "No matter how much work you have to do, out of every hour a student should take at least 10 minutes to do something physical, such as jogging or walking around. It helps you to relax and get away from the studies now and then."

## Roads

Continued from page 8

or three weeks to get the highway open," Clary said.

"You just never know how well the ground is going to hold up, but steady rains usually bring on the slides."

Clary said CalTrans is preparing for potential slides by "keeping people handy and having sufficient equipment readily available."

Energy that could be spent on maintaining good roadway conditions is being expended on what Clary says is a very emotional, costly endeavor — litter cleanup.

"Probably in the next week or two there will be

some pretty good slides" if the rain continues, Clary said.

"Highway 299 is in a very geologically unstable area."

Clary said that last year Carl's Slide on Highway 101 closed the road, and that if both slides (Salter and Carl's) had happened at the same time, Eureka would have been isolated.

Clary added that he doesn't believe such an occurrence is likely to happen, but because there are only three highways out of the area — 101 going north-south, 299 and 36 going east — major slides occurring simultaneously could cut Eureka off.

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# Crime program extends a helping hand

By Joanne Pasternak  
Staff writer

A program exists where victims and witnesses of crimes can receive counseling, comfort and, basically, a helping hand.

The Victim-Witness Program, initiated April 19 through a grant from the state, was designed to act as an advocate for victims and witnesses of violent crimes.

"We fill in the void space that law enforcement officers don't have time to fill," Barbara Allsworth, program coordinator, said.

A network of 35 programs exists throughout the state.

The program is funded by the State Indemnity Fund — a fund compiled from the fines criminals pay for their crimes and penalties.

"Our main target area is with the psychologically injured or harmed person," Allsworth said. "Some individuals become more traumatized than others. We're here to give them as much support as we can."

Besides acting as a support and counseling group, the program aids burglarized victims with property returns. The program reimburses a victim or victims for up to \$10,000 in medical costs or lost wages.

The program also deals with the witness' or victim's orientation into the

## Victims, witnesses receive aid, counseling

court's processes.

"Most people have never been involved with actual courtroom procedures. The courts are set up for the convenience of the criminal, not the victim," Allsworth said.

The program volunteers work with the people to help them serve as better witnesses in the courtroom situation.

"For those people that have never been in a courtroom procedure ... they don't know what to expect. We try to give them a feeling of what they can expect once inside the actual courtroom," Allsworth said.

The program has also been designed with yet another area — a court-escort service.

In this aspect of the program, volunteers accompany the victim or

witness to the courthouse or police station, acting as moral support for that person.

"What we really try to do is spend the time that the police don't have to spend, with the victim — resetting the wheels back in motion," Allsworth said.

In addition to working with people on a one-to-one basis, other areas of the program have been set up.

"We work very closely with the neighborhood watch programs, and we've also set up the instruction of crime prevention in the classroom," Allsworth said.

The program also deals with an outreach program. This was designed to aid people in the more remote areas of the state.

"Our program, we feel, is very successful. But in an area that so desperately needs this type of function, it's hard to say what successful is," Allsworth said. "Our statistics, feedback and active cases show that people are taking advantage of what is being offered to them."

The victim and witness program is run primarily through the help of volunteers.


"Our goal is to become a 24-hour program. Right now we don't have enough people, so we need to use an answering machine," Allsworth said. "We respond to a call as quickly as we can."

The program depends on volunteers. "It is possible to arrange for credit for student volunteers," Allsworth added.

For more information on the victim and witness program call 445-7417.

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# Ex-officer changes career, now crafts hobby horses

When it comes to building wooden rocking horses, craftsman Robert McCune does not horse around.

"Each horse takes from 10 to 15 hours to complete, depending upon the style. They are finished with three coats of lead-free paint or varathane," McCune said.

These crafty horses come in varathaned pine, redwood or painted pine.

"All wood is meticulously selected for the horses, particularly with the varathaned models. Some of the wood grains and coloring are exceptional in the pine and the varathane really accentuates the pine's beauty," McCune said. His wooden equestrians range from \$65 to \$95, depending on the type of wood and finish used.

There are a number of detailed steps involved in making a horse — you can't gallop through the process.

The rocking horse design consists of 20 wooden body parts, 30 metal screws, leather ears and a yarn tail, McCune said.

"The key to the appearance of these horses is sanding, sanding and more sanding. I go through seven separate processes of sanding — one by machine and six by hand," McCune added.

The horses are then hand painted. "I use eight brushes for painted as well as for varathaned horses," McCune said.

McCune's horses will be on display Saturday at the Humboldt Cultural Center's craft fair in Eureka. The exhibit will run until Dec. 22.

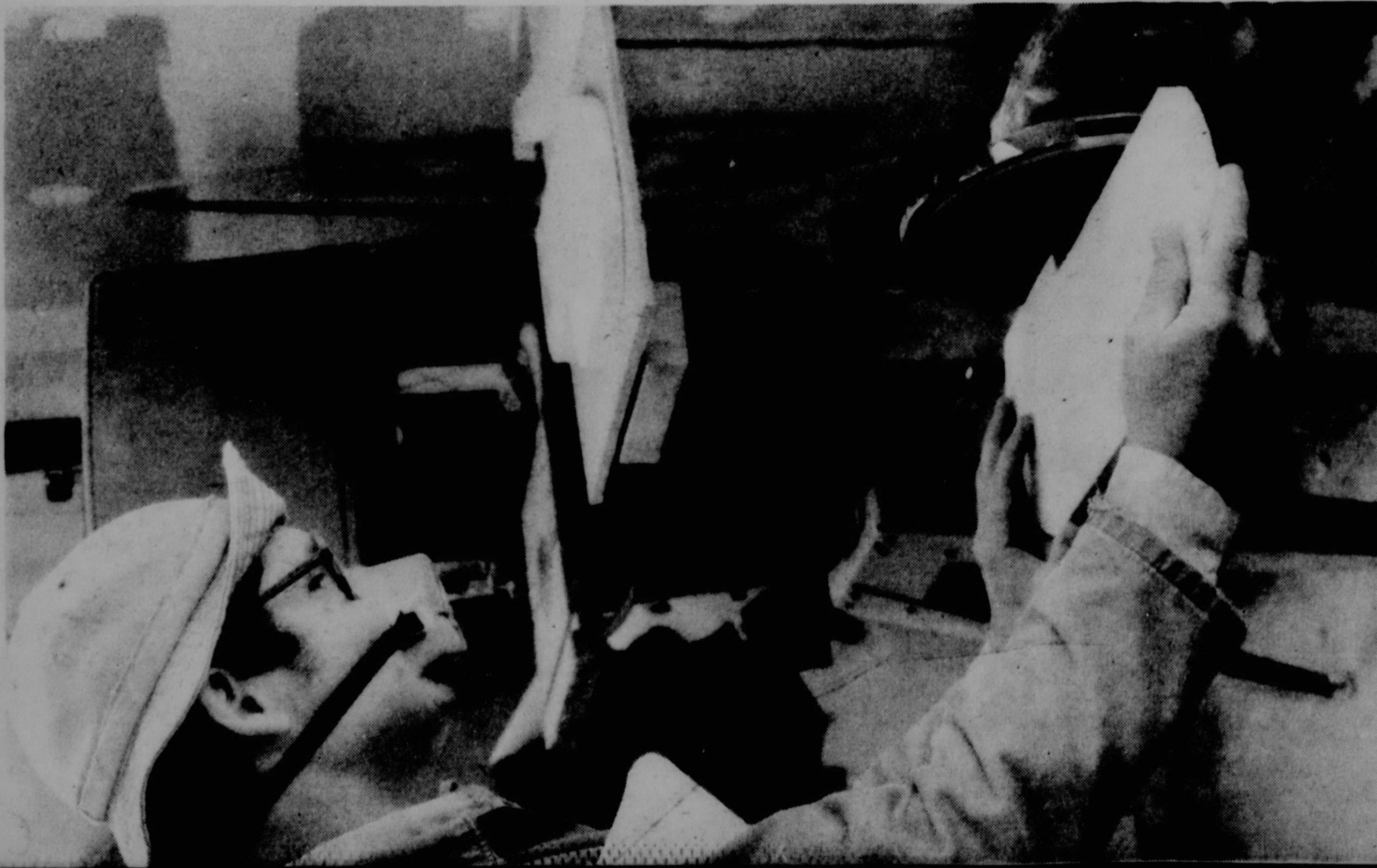
Of the 50 wooden horses he has made, McCune said he has sold about 10. So far, customers have bought horses for children ranging from 9 months to 3 years old.

After 23 years in Los Angeles law enforcement, McCune, 51, said, "Exposure to numerous problems in the judicial system brought me to the decision that it was time to make an occupational change."

"Woodworking has long been my hobby, so after three years of planning, I opened up shop."

Since his move to Arcata almost a year ago, McCune has displayed his wooden herd at various craft fairs.

Following a June showing, McCune and one of his pine rocking horses reviewed in The Pacific Woodworker magazine.

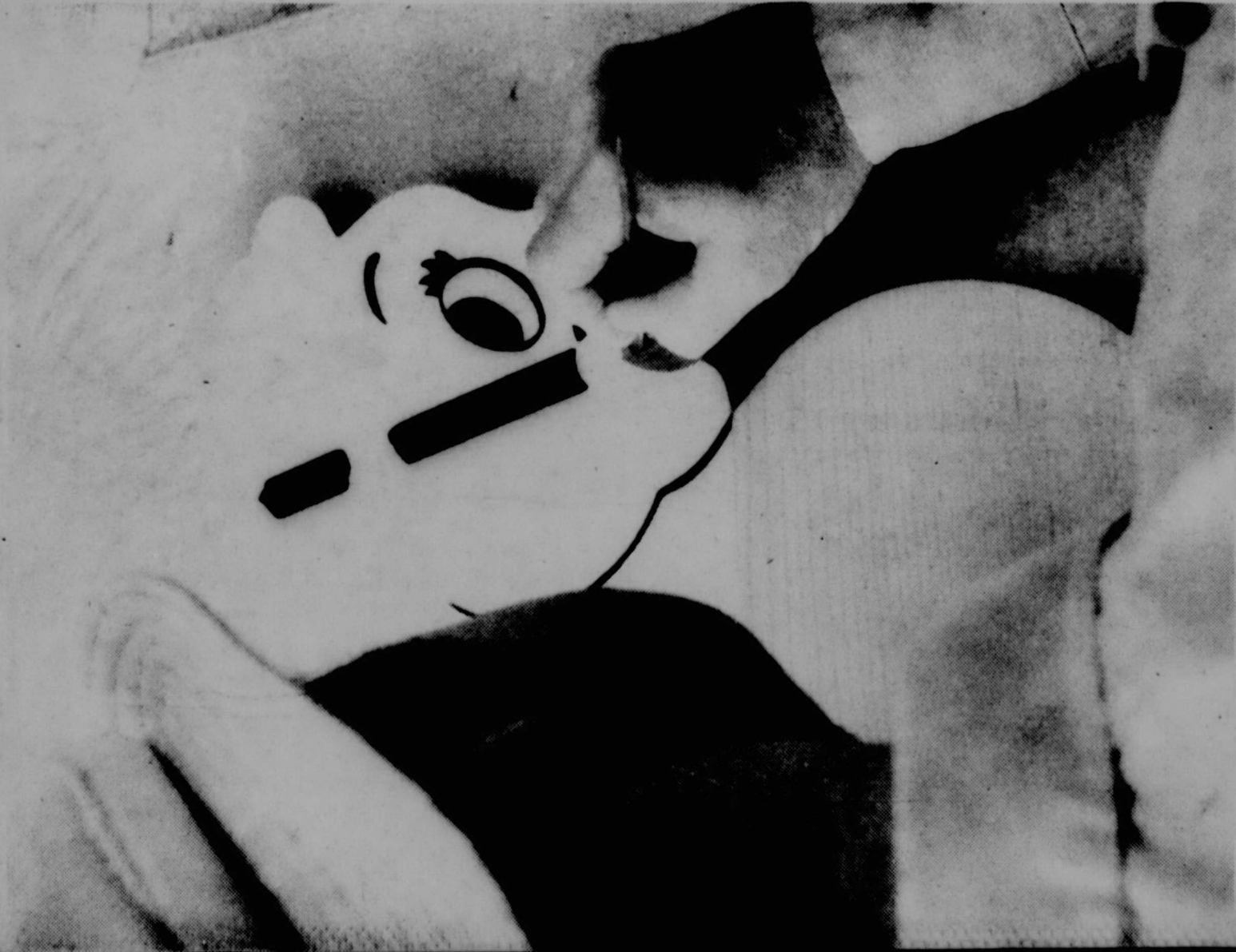


The newly cut pieces of the rocking horses must be sanded before a finish is applied to them. McCune avoids inhaling the wood dust by wearing a mask.





The newly cut pieces of the rocking horses must be sanded before a finish is applied to them. McCune avoids inhaling the wood dust by wearing a mask.



McCune pays meticulous attention to detail while painting the faces.

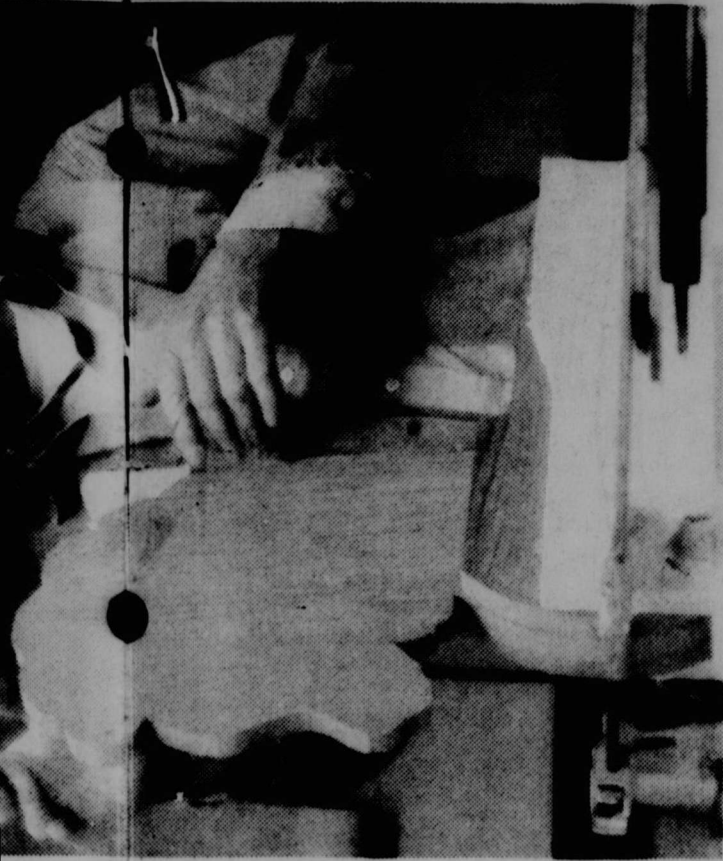
Story by Lori Thomas  
Photos by Jim Thomas

Following a June showing, McCune and one of his pine rocking horses reviewed in The Pacific Woodworker magazine.

McCune is not off his rocker, but next year he hopes to trot into San Francisco and Sacramento with 150 of his steadfast steeds.

The craftsman said he hopes his rocking horses will stir up buyers from exclusive stores such as Neiman Marcus.

McCune Woodworks is located in Arcata.



Clamp placement is crucial when gluing.



The finished 'herd' of rocking horses will be displayed at the Humboldt Cultural Center Dec. 4-22.



# Consolidation

## County combines justice courts despite pleas from community

By Laura Rains  
Staff writer

Despite pleas from residents and members of the local legal establishment, the Humboldt County Board of Supervisors voted last night to consolidate the Klamath-Trinity and Arcata justice courts.

Prior to his motion for consolidation, District 1 Supervisor Ervin Renner told the audience at the public hearing, "We're being cast as the villains here, but we have to make these very unpopular decisions."

The decision to combine the two courts, which produced the new North Humboldt Judicial District, was made after several hours of attention to the audience's remarks and deliberation by the board.

The courts will remain in operation until the consolidation becomes effective in 30 days. Steve Harvey, elected judge of the Klamath-Trinity court in June, will be sworn in at the beginning of the year and will split the caseload with Arcata Judge Ronald Rowland. An election will be held in 1984 to

determine who will preside over the new district.

Also at the meeting the board received a report from the County Administrative Office that outlined the budget cost savings, the services that would be offered and the availability of judges that consolidation would bring about. Bruce Adams, who prepared the report, said that despite the approximate savings of \$20,000 to \$32,000, the new district would "run virtually the same."

"It is our assumption that there would be no change in hours from what is currently provided," Adams said in a recent interview.

Rowland emphasized the need for savings in the county's budget in a previous interview. "The meat of the whole argument is the cost savings — that's what the board is concerned about."

Rowland explained how the board recently eliminated one phone line out of the four given him, and then removed the phone altogether. "That's how nitpicky they're getting."

At the meeting, Rowland questioned the accuracy of the proposed savings. "I don't think you're going to realize it (savings). It just isn't possible."

Harvey echoed Rowland's sentiments. "I agree with Judge Rowland that there will not be any savings. Everyone has poked holes in the budget by the CAO (County Administrative Office) tonight." He added to the board, "I think you're kidding yourself if you think you'll save money."

Board Chairperson Eric Hedlund also agreed with Rowland. "It sounds like Judge Rowland may be right when he says that there won't be any savings," Hedlund cast the only negative vote in the 4-1 approval of the consolidation.

The issue of the proposed savings was not the only contention that surfaced at the meeting.

Eureka attorney Larry Eitzen expressed concern that in combining the courts, the supervisors would disregard the wishes of the voters. "We will lose the flavor of having a local court to serve the local residents," Eitzen said, adding, "People want the control over local courts, and if consolidation occurs, people lose that control."

Should incumbent Klamath-Trinity Judge P. Timothy Murphy resign before his term expires in January, only Rowland would preside over the courts, and not split the duties with Harvey. This would result in instant savings for the county.

Several of the speakers at the

meeting raised doubts as to whether this was a proper way to handle the county's strapped budget.

A resident and editor of a newspaper in Willow Creek repeatedly asked the board and its counsel if Murphy had given any indication of resigning prior to the end of his term, but the issue was evaded.

"I can't believe that Judge Murphy would tell the people six years ago that he would serve his entire term, then resign," Hedlund said.

Later in the meeting, County Administrative Officer Bob Hendrix told the crowd, "Judge Murphy has indicated to me that he would resign if asked to do so."

The board's decision was not only based on the public hearing. The Garberville court, which was consolidated last year, served as a prototype for the board to study.

In the report prepared for the board, Adams stated, "While not duplicative of the proposed North County court in total, the successful operation of this court system is an indicator of probable success. The workload of the Garberville court was nearly twice that of the Hoopa (Klamath-Trinity) court."

In related action, the board approved a motion directed by District 3 Supervisor Wesley Chesbro that directs counsel to prepare an ordinance to annex Manila to the Eureka Judicial District and remove it from the North Humboldt Judicial District.

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# Klamath-Trinity judge to feel brunt of consolidation decision

Budget-cutting measures that have affected all aspects of local government reached into the pockets of a Humboldt County judge-elect after action last night by the Humboldt County Board of Supervisors in Eureka.

Steve Harvey, who was elected in June over the Klamath-Trinity justice court incumbent Judge P. Timothy Murphy, will not take office if Murphy resigns before his term expires in January.

This is due to the board's decision to consolidate the Klamath-Trinity and Arcata justice courts into the North Humboldt Judicial District.

If Murphy serves out his term and Harvey is sworn in in January, an election will be held in 1984 to determine who will preside over the North Humboldt Judicial District. That election would include Harvey and Arcata Justice Court Judge Ronald Rowland.

After the four-hour meeting, Harvey said he felt the outcome was a typical case of rural vs. urban areas.

"We the people of Klamath-Trinity were beaten by politics. We are only 3,000 voters and the majority of the supervisors aren't concerned with what happens to the people," he said.

"Tonight what we saw was a continuing drain on our services because we don't have political clout," Harvey said, adding, "There is not much sensitivity felt by the majority of the board."

In an interview regarding Harvey's position in the board's decision, County Administrative Officer Bruce Adams said, "He has no rights — and that is very unfortunate."

Rowland said he sympathized with Harvey. "No one can appreciate more

than me if someone runs in an election and is then told that they aren't needed.

"I don't know how you'd deal with that, but if I was Mr. Harvey, I'd be screaming like hell," Rowland said. "However, if they're going to consolidate the courts, now is the time."

In his statement to the board last night, Harvey said, "It (the board's action) won't starve Steve Harvey's family." He said he will continue his law practice if his elected position is abolished.

Harvey said one of his primary reasons for opposing the consolidation was, "the people wanted a resident who was responsive to their needs to be their judge."

— Laura Rains



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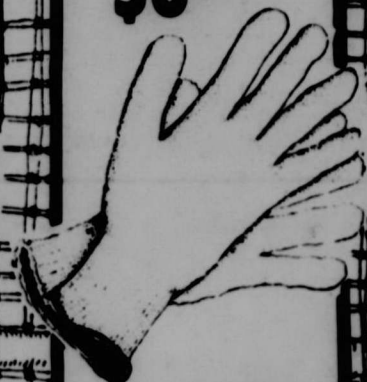
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# Bergie's owner sets sights on hotel

By John McElmott  
Staff writer

The Jacoby Storehouse and the Arcata Hotel, kitty corner to each other on the Arcata Plaza, are not only historic links to Arcata's past, they also interest a prominent Arcata entrepreneur named Steve Berg.

Berg, a 36-year-old Chicago native and nine-year Humboldt County resident, is the owner of Youngberg's Restaurant and Bergie's Bonafide Cafe, both in the Jacoby Storehouse.

He also built and formerly co-owned the Old Town Bar & Grill in Eureka. Now, he hopes to become the owner of the Arcata Hotel.

The hotel, owned by the SIO Corp., has been in a state of disrepair for a number of years. The ground floor is occupied by several small shops and the upper floors are used for low-rent housing.

"I don't think it (the hotel) is a safe structure at this point," said Berg, who wants to upgrade the building for use as a hotel and culinary school.

Berg's involvement with the hotel depends on whether the city is awarded a grant which would provide funds for renovation of the hotel and relocation of its residents.

The grant the city applied for is offered by the federal government's Housing and Urban Development office. The Small Cities Block Grant, as it is called, will be given to one of 125 cities that have applied for it.

"We have a great deal of competition for the grant," Arcata City Manager Rory Robinson said. "I feel, though, that the city has presented a good case for getting the grant."

If the city does get the HUD grant, which will be awarded in January, it will turn the hotel over to Berg, who will then become an equity partner with the city in the hotel venture.

If the city does not get the grant,

Berg said, the hotel will remain in its present state.

After the hotel is refurbished, Berg will repay the city the money it put up for the project. When the money is paid back, Berg will become the owner of the hotel.

Part of the money, Berg said, would be used to relocate the hotel's residents.

"The people living there will each get \$4,500 to find somewhere else to live and plenty of notice before having to move," Berg said. "I'm concerned about those people and want to help them out the best I can."

The shops on the hotel's ground floor, Berg said, will be allowed to remain.

He said his plans to include a hotel in the building stem from his concern that Arcata lacks a quality hotel.

"What I want to do is build 25 very nice hotel rooms for salesmen and other people who come into Arcata and want a nice place to stay," Berg said.

"The furniture in the rooms will be built by Humboldt County craftsmen," he added. "I want the hotel to be a showplace for the works of local craftsmen."

Besides owning Youngberg's and Bergie's, Berg also has an enterprise called Lost Arts, which is an agency that represents local artists and craftsmen. His restaurants feature art works done by county craftsmen.

Berg's other plan for the Arcata Hotel, the North Coast Culinary Society, will be a gourmet cooking school focusing on fine foods for banquets.

"I don't how many times I've been to large banquets and the food has been terrible," Berg said.

Berg isn't lacking in hotel experience. After dropping out of school at the age of 16, he worked as an accounting clerk for a hotel in Chicago. His job consisted of emptying dimes

from pay toilets in the hotel.

"I told the hotel manager I wanted to work in the hospitality business," Berg recalls, "and he gave me that job. It wasn't much, but it was a start."

He later got jobs as a head accountant for a hotel in Philadelphia and as a member of the personnel department for Playboy Enterprises. He moved to Seattle in 1972 and got a job with the Red Lion-Thunderbird hotel chain.

It was while he worked for Red Lion that Berg was introduced to Humboldt County. He was sent to Eureka to supervise the designing and building of the Red Lion Motor Inn.

After it was completed, Berg, along with another man, opened the Old Town Bar & Grill in Eureka. A year later, he sold his interest in the restaurant and built Youngberg's in the Jacoby Storehouse, which was then just being refurbished after spending several years as an empty mercantile warehouse.

Youngberg's opened its doors in November 1977 and was followed four years later by Bergie's, which replaced

the defunct Bret Harte restaurant.

For Berg, the move to the Jacoby Storehouse has proved to be a very lucrative venture, with Bergie's alone serving 6,000 meals a month.

Berg wants to see done to the rest of the Arcata Plaza what was done to the Jacoby Storehouse and what he hopes to do with the Arcata Hotel.

"Both Rory (Robinson) and I would like to see all the storefronts on the Plaza remodeled to look as they did at the turn of the century."

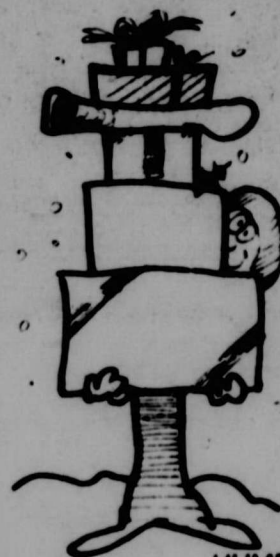
"The Plaza has great decay potential and this could happen unless the buildings are upgraded and made to look nice," Berg said.

He added that the city already has plans to upgrade the buildings near the Plaza, which, he said, will benefit the city since it could attract businesses to the area.

Berg said his interest in the hotel project stems from his fondness of Arcata. "Arcata has been good to me and I'd like to do something in return."

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# Gasquet nickel mine makes no sense to residents

By Marie Hopkins  
Staff writer

The Compendium of Environmental Considerations, recently released by California Nickel Corp., describes some of the environmental impacts of the company's proposed strip mine on Gasquet Mountain, but it has been criticized as incomplete by local environmental groups and residents of the Smith River basin.

Residents of Gasquet, Crescent City and Brookings, Ore., have banded together and formed a 400-member organization called Cal Nickel's Neighbors. The group's spokesman, John Diehl, said social conditions in the mines that surround towns could deteriorate with construction of the mine and sulfuric acid processing plant.

"So far, the company (Cal Nickel) has indicated that it will not provide housing for the 1,200 workers they will need during the construction phase of the project," Diehl said, or increase the police and sheriff force to handle the "notoriously rowdy" construction

communities.

Tourism is especially important to the small town of Gasquet, located below the mine site. The nearby Smith River is the last undammed river in California, and attracts sports fishermen to its salmon runs.

The compendium does not address impacts on the fish habitat in the Smith River, leaching of concentrated, and therefore, toxic, minerals, or effects on the 40 rare plant species in the area, according to Dwain Goforth, botanist and reporter for Econews, the Northcoast Environmental Center newsletter.

ter.

"There is no discussion of acid rain effects on fish — even though emissions of air pollutants from the processing plant will be more than 10 tons a day," Goforth said.

Del Norte County and the U.S. Forest Service are in the process of preparing a joint Environmental Impact Statement and Environmental Impact Report to fulfill state and federal law requirements for mining permits.

Dick Pickenpaugh, district resource officer for the Gasquet Forest Service

station, said the EIS and EIR will probably be out in early 1983, and public meetings will be held in Eureka, Crescent City and Sacramento.

"I think we can lessen any adverse environmental impacts (of the project)," Pickenpaugh said, adding that in an area with such high unemployment, the mine is welcomed by people in Gasquet.

The compendium said approximately 1,200 people will be employed for construction of the mine, and 450 will be employed full time.

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## 'Roots' reggae band to bring sun to area

By Stephen Crome  
Staff writer

*This ya music come to chant down Babylon,  
This ya music come to build a new nation,  
This ya music stamp out corruption,  
This ya music got some sweet sensation,  
This ya music got some good vibration,  
This ya music for a irie meditation.*  
— from "This Ya Musik," The Rastafarians'  
1981 album "Orthodox."

Authentic Jamaican "roots" reggae music will again be heard in Arcata when Redwood Curtain Productions presents the return of The Rastafarians to Mojoes tomorrow night.

The Rastafarians, whose name means "followers of Haile Selassie," are an eight-piece Jamaican reggae band who live and record in Santa Cruz.

They will stop in Arcata on their tour northward to help the Manila-Westhaven Parent Council raise funds for its eight preschool and recreational programs throughout Humboldt and Del Norte counties.

The dance concert starts at 9:30 p.m. and tickets are \$6 in advance and \$7 at the door. Tickets and The Rastafarians' 1981 debut album "Orthodox" are available at People's Records, Arcata and The Works, Eureka.

Two appearances by the band at Mojoes in 1981 were high-powered, rewarding experiences which put the enthusiastic audiences into the usual hypnotic reggae trance. MWPC Director Kim Montgomery said he expects tomorrow's performance to be a sellout show.

The members have dedicated themselves to Rastafarian music and the "Rasta" way of life (see related story).

Three members of the band have changed since their last appearance at Mojoes, but the five-man core of the group remains the same:

- ✓ From Kingston, Jamaica, comes lead singer, percussionist, lyricist and bassist Haile Maskel, from the Tribe of Judah. His recording studio and concert credits are a Who's Who of reggae artists and he formerly played with Ras Michael and the Sons of Negus.

- ✓ Wolde Manfesskiddus, or Shaka, is the band's other lead singer, drummer and percussionist. He is of the Tribe of Judah and comes from St. James, Jamaica.

- ✓ On congos and percussion is Yesac, or Big Dread, from the Tribe of Benjamin. He comes from Kingston, Jamaica's capital, and formerly played with Ras Michael and the Sons of Negus.

- ✓ Tony Moses, from the Tribe of Asher, plays rhythm guitar, percussion and sings background vocals. Born in Kingston, he has played with The Sons of Creation, the West Coast reggae band Roots of Creation and Jah Army.

- ✓ A founding father of the Toronto reggae music studio scene is keyboardist and background vocalist "Binghi." He was an original member of Roots of Creation which toured with Peter Tosh and Toots and the Maytals. Binghi is from the Tribe of Naphtali.

A 1981 BAM magazine review of the "Orthodox" album stated that the "Rastafarians play reggae in the best Bob Marley-Trenchtown (a shanty-town ghetto in Kingston) tradition; not surprising when you consider most of the musicians on the record are Jamaican. The songs are quite strong, with solid hooks and varied instruments from tune to tune."

The Santa Cruz Express said, "The Rastafarians' first LP is a concise blend of roots reggae and 'dub' (Jamaican studio music) elements, boasting strong talent and high-tech throughout."

A thorough, diverse blend of reggae music can be heard regularly on KHSU-FM 91.5, Saturdays from 6 to 8 p.m. and Sundays from 4 to 6 p.m. Music from well-known and obscure Jamaican recording artists can be heard on the programs as well as English reggae, "ska," calypso and other sounds of the Caribbean, along with occasional interviews with reggae artists.

Local bands that play reggae include Terra Firma and Airhead. Airhead will perform Saturday at Bergie's at 10 p.m.



Publicity photo

The Rastafarians, from left, Herb Daly, Tony Moses, Yesac (Big Dread), Elias Negash, Wolde Manfesskiddus (Shaka) and Haile Maskel. The band, with a few changes, is playing at Mojoes tomorrow night at 9:30.

### Might of the Trinity

## Ex-African ruler spirit of religion

*Editor's note: The following description of the religion of Rastafari and reggae music is, in part, from a concert program of Bob Marley and the Wailers' 1978 "Kaya" tour and a 1981 press release for The Rastafarians' album "Orthodox."*

Rastafari is an orthodox religion. Its doctrine recognizes Haile Selassie, Jah (God) Rastafari, of Ethiopia — a direct descendent of King Solomon and the Queen of Sheba — as Jesus Christ in his second manifestation.

The goal of the followers of Selassie, who are called Rastafarians, is to reunite as the Twelve Tribes of Israel, in the manner of Jah Chosen People scattered to the four corners of the world told of in the Bible.

Rastafarians, or Rastas, have natural, uncombed, unshaven hair which they refer to as "dreadlocks." This follows biblical writings which tell of the descendants of Abraham. These writings propose that the consecration (sacredness) of the Lord is on one's head and that a razor must not come to the "corners" of one's head. Also, that each hair on one's body is numbered and therefore should not be broken off by any instrument of Babylon (civilization).

The Rastafarian movement was started in Jamaica by various people who linked certain prophecies of the Bible to the crowning of His Imperial Majesty Haile Selassie as Emperor of Ethiopia, King of Kings, Lord of Lords and the Conquering Lion of the Tribe of Judah on Nov. 2, 1930.

Selassie was born in 1892 as Lij Tafari near Harar, Ethiopia. In 1910, he became governor of his province. He married in 1911. He became heir to the throne in 1916 and became known as Ras Tafari.

Ras Tafari was progressive and became the focus of the hopes of the younger generation. He insisted that Ethiopia evolve its own concepts suitable to conditions existing in that ancient

area.

In 1923, he had success in admitting Ethiopia to the League of Nations and the following year was the first Ethiopian ruler to travel abroad.

He assumed the title of negus (king) in 1928 and two years later was crowned emperor and took the name of Haile Selassie (Might of the Trinity).

Amid the 1935 Italian invasion, with bombings and poison-gas attacks, Selassie went to the League of Nations to plead the cause of his people, but was ignored.

After exile in London, he returned to Ethiopia in 1941 and turned the country from a state of chaos, destruction and political fragmentation into a stable structure.

By 1966, after nearly 50 years of rule, Selassie had made Ethiopia the center for the Organization of African Unity and the United Nations Economic Commission for Africa. He died in the early 1970s but his spirit and teachings live on in the religion of Rastafari.

Rastafarian music, called "roots" reggae, declares the tribulations brought upon the people by "the system." Its aim is to form and inspire a universal unity of people in the name of Rastafari and achieve the goal of repatriation to Africa (an idea originated in the early part of the century by Marcus Garvey, a Jamaican, who coined the phrase "black power").

Rastas smoke marijuana, which they call "herbs," as a healer to clean the body and mind and not as a drug used just to "get high."

Rastas generally do not eat meat. They prefer a meal of rice and vegetables prepared and cooked "ital" (no salt).

Rasta musicians include Peter Tosh, Black Uhuru, Burning Spear, and the late Bob Marley and the Wailers, who introduced the roots reggae sound to American and European audiences in the early 1970s.

Roots reggae carries a message which tries to inspire, teach and comfort those who listen.



## Humor brightens show

# 'Silly goose' tickles ivory

By Robert Lambie  
Staff writer

One man and one piano, but the possibilities are virtually endless.

George Winston proved this to be true to a sellout crowd in the HSU Van Duzer Theater.

Winston chose to greet the audience with humorous meanderings rather than jump right into his music.

Shunning his overblown introduction as "a man for all seasons," Winston sees himself in a less virtuous light.

"I think I'm a silly goose myself," Winston said.

As with other Windham Hill recording artists, such as William Ackerman, Darol Anger and Barbara Highis, Winston expressed a liking for the Arcata area.

"This was the best response of any place other than Evergreen, Colo., but they were all drunk," Winston said, reminiscing about his stop here last year.

"Colors" was the first piece played. An intricate mood piece, it relaxed the audience. Now they knew that skill was not going to be a problem.

Winston then played "Linus and Lucy" for all of us who like, but never hear the finish of, this song in the Peanuts Christmas Special. The crowd was appreciative.

In introducing his next piece, "January Stars," Winston explained that the first part of the song was about looking up at the stars, and the second part was about being out among them.

"In Houston I felt pressed to tell them that the middle part was about an astronaut shooting off into space. But here I figure you'll all just sit back and meditate and astral project yourselves out there." Winston knows how to please an audience.

Stride piano is a difficult style in which the left hand churns out a steady foundation of note-chord, note-chord. Such a style is used in Scott Joplin's "The Entertainer," and is generally associated with ragtime piano.

Winston used this style with aplomb in "Cat and Mouse," the most popular song of the night. Described as a "cartoon piece," its frenzied melody elicited waves of applause.

Winston then rested from his piano and picked up a harmonica for the next two songs.

Switching keys by switching harmonicas, Winston tooted through "Crawl Through Divorce," an Irish jig to which he appended his own ending.

Returning to the piano, Winston played "Longing," a slow-moving song that is like a lesson in listening.

There is more than one way to listen to a song.

In "Longing," Winston makes masterful use of open space. You can either listen to the melody line as the keys are struck, or you can listen to the overtones as they blend into that magic known as harmony.

Many of Winston's songs are similar, but deceptively so. It is often too easy to hear just the style of the performer and not what is actually being played.

Winston seems an unassuming man.

See WINSTON, page 22



Staff photos by Deborah Heiman

George Winston(s) chats with piano fans at Van Duzer Theater, Nov. 19.

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# Life, love, mystery fly with 'wings of poetry'

By Debe Cliver  
Guest writer

William Luce's "The Belle of Amherst," at the Pacific Art Center, is a hybrid creature with a mythological heart, a body of historical fact and wings of poetry.

Since the first, posthumous publication of her work, the mysteries of Emily Dickinson's life — her possible lover, her seclusion, the failure to publish during her lifetime — have attracted speculation.

Luce tries in his play to explore the hidden life of the artist through the vehicle of the known facts. In doing so, he takes certain liberties with the facts.

For example, his Emily says that the Rev. Charles Wadsworth was the man with whom she fell deeply in love, sometime around her 30th year. Scholars have been unable to positively identify this man, and have suggested almost a dozen candidates for the honor.

But in the dress rehearsal Monday, scholarship was not the aim of the play. To quote from the program notes, "As a dramatist, Luce is necessarily more concerned with the dynamics, rather than the biographical data of Dickinson's life."

This one-woman production is loosely structured as an afternoon of reminiscence, which gives the playwright a chance to work lots of poetry into the text. For the most part, this grafting is handled tactfully, although the compressed and graceful poetry stands out within the framework of the drama.

This is, in fact, a fairly non-dramatic

play. Much of the pleasure of it lies in verbal surprises. Dickinson was a master of aphorism, and of delicate irreverence.

Dodgen, as Emily, must be applauded for her stamina, since the play requires her to flash back and forth between the role of a 50-year-old woman and her memories of being a rebellious teenager, a young woman in the throes of unrequited love, a dependent daughter faced with the trauma of her father's death.

Dodgen makes a good job of difficult material, effectively capturing the wit and ethereal charm of the poet.

At the dress rehearsal, Dodgen is slightly restricted, and the audience might possibly wish for longer pauses around the verse, but these are minor points.

Dodgen has no problem at all holding an audience's attention; no mean feat, as she is the single focus of a full-scale production.

The set, designed by Mickey White, deserves special attention. Constructed for intimacy, it is a lovely presentation of the gracious but slightly austere Puritan glow of Dickinson's work.

Those with eagle eyes and a good memory will recognize portraits of Dickinson's family as actual reproductions.

For those unfamiliar with Dickinson's poetry and persona, this play serves as a delightful introduction. For those already acquainted, it offers a welcome opportunity to hear a great deal of her work spoken aloud.

"The Belle of Amherst" will run weekends through Monday, at 8 p.m. Phone 822-0828 for reservations and ticket prices.

## Winston

Continued from page 21

Wearing blue jeans and a flannel shirt, this bearded, balding, bespectacled man is liberal in both dress and thought.

"I wouldn't want to live without sin. I think the universe is a sin," Winston said in an interview after the show. "I like to think of everybody as a priest, or nobody as a priest."

For the most part, slide guitar is an acquired taste. And unless you're Leo Kottke, much of it sounds the same. Winston, however, did a good job in bringing out vague representations of everyone from the Rolling Stones to Mississippi John Hurt.

Winston ended the second set with "Carol of the Bells," a Christmas carol that most people recognize but can't name.

As the audience stood, Winston returned and launched into a stride-

piano "Jingle Bells" even before the people could sit down.

A second encore was in order and Winston responded in fine fashion with a stirring rendition of Vince Guaraldi's "Cast Your Fate to the Wind."

Guaraldi was one of the influences in Winston's piano career, along with Fats Waller and Professor Longhair. But Winston says he is more influenced by guitar stylists, such as Alex deGrassi and Daniel Hecht.

Winston's album, "Autumn," is the fourth-largest selling independently produced album in record history.

Winston also does some producing and has recently re-released a recording by Bola Sete, a truly inspired guitarist who no longer tours.

"If it ain't fun, it ain't worth a damn," Winston said. Amen.

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# Humboldt Calendar

## Wednesday, Dec. 1

**COUNTRY:** Dale Hustler and Wes Fulton, 8 p.m., Surf Room, Harbor Lanes, no cover.  
**BLUES:** Blues on the Move, 9 p.m., The Ritz, no cover.  
**POP:** Jan Grayling, 7 p.m., Eureka Inn lounge, no cover.  
**JAZZ PIANO:** Don Sheridan, 7 to 10 p.m., Bergie's, no cover.  
**POETRY/MUSIC PROGRAM:** "Stumpin' at the J," 8 p.m., Jambalaya, \$2.  
**POLK:** Monk Whiting, 7:30 p.m., Waterfront, no cover.  
**DUET:** Painter and Spang, 8:30 p.m., Red Lion Inn, no cover.  
**NEWSPAPER DEADLINE:** Last day to have events publicized in the Center Arts newspaper for January issue. Nelson Hall East, room 214. For information call 826-4411.  
**ARCATA THEATER:** "Quest for Fire," 7:45 p.m., "Space Movie," 9:35 p.m., \$2.50, 12 and under \$1.  
**MINOR THEATER:** "Brazil," 7 p.m., "Pixote," 9:05 p.m., \$1.99, 12 and under \$1.  
**EUREKA THEATER:** I, "Heidi's Song," 7 and 9 p.m.; II, "Time Bandits," call for times; III, "Tex," 7:15 and 9:15 p.m., \$3.50, 12 and under \$1.50.  
**STATE THEATER:** I, "The Empire Strikes Back," call for times; II, "E.T.," 7 and 9:10 p.m.; III, "They Call Me Bruce?," 7:25 and 9:35 p.m., \$3.50, 12 and under \$1.50.  
**EUREKA HIGH AUDITORIUM:** "Hawaii: An Insider's View," 7 p.m., \$2.50, students \$2.  
**FUND RAISER/RAFFLE:** HSU Black Student Union is raising funds for cultural events during winter and spring quarters, 6 to 9 p.m., Straw Hat Pizza, Uniontown Square, Arcata, tickets \$1 and 50 cents.  
**SWAP MEET:** Outdoor recreational equipment, 10 a.m. to 4 p.m., Nelson Hall, Goodwin Forum, free.  
**COFFEEHOUSE CONCERT:** Wayne Petty and Colin Campbell, 8 p.m., Rathskeller, free.

## Thursday, Dec. 2

**REGGAE:** The Rastafarians, benefit dance concert for the Manila-West Haven Parent Council's children's programs, 8:30 p.m., Mojos, \$6 advance, \$7 at door, tickets available at People's Records, Arcata and The Works, Eureka.  
**COUNTRY:** Dale Hustler and Wes Fulton, 8 p.m., Surf Room, Harbor Lanes, no cover.  
**ROCK:** The Q Band, 9:30 p.m., Old Town Bar & Grill, \$2.50.  
**STORYTELLING:** "Winter Tales," 8 p.m., Jambalaya, \$1.  
**JAZZ:** Mini and Jim, 8:30 p.m., Waterfront, no cover.  
**JAZZ PIANO:** Don Sheridan, 7 to 10 p.m., Bergie's, no cover.  
**ROCK:** The Lee Brothers, 9:30 p.m., Fat Albert's, \$2.  
**DUET:** Painter and Spang, 8:30 p.m., Red Lion Inn, no cover.  
**TOWN HALL MEETING:** For all students, 7 p.m., Rathskeller.  
**ARCATA THEATER:** "Quest for Fire," 7:45 p.m., "Space Movie," 9:35 p.m., \$2.50, 12 and under \$1.  
**MINOR THEATER:** "Brazil," 7 p.m., "Pixote," 9:05 p.m., \$1.99, 12 and under \$1.  
**EUREKA THEATER:** I, "Heidi's Song," 7 and 9 p.m.; II, "Time Bandits," call for times; III, "Tex," 7:15 and 9:15 p.m., \$3.50, 12 and under \$1.50.  
**STATE THEATER:** I, "The Empire Strikes Back," call for times; II, "E.T.," 7 and 9:10 p.m.; III, "They Call Me Bruce?," 7:25 and 9:35 p.m., \$3.50, 12 and under \$1.50.  
**PLAY:** "A Christmas Carol," 8:15 p.m., Ferndale Repertory Theater, \$6, for reservations call 725-2378.

## Friday, Dec. 3

**ROCK:** CenterArts presents Cheap Trick, 8 p.m., HSU East Gym, \$9.50 general, \$6.50 students.  
**COUNTRY:** Dale Hustler and Wes Fulton, 8 p.m., Surf Room, Harbor Lanes, no cover.  
**ROCK:** Mason Dixon, 9:30 p.m., Walt's Friendly Tavern, Blue Lake, \$2.  
**POP:** Jan Grayling, 7 p.m., Eureka Inn lounge, no cover.  
**ROCK:** The Q Band, 9:30 p.m., Old Town Bar & Grill, \$2.50.  
**POLK:** Ron and Bob, 6 to 9 p.m., Al Capone's, no cover.

**CLASSICAL GUITAR:** James Fryer, 6:30 to 9:30 p.m., Fog's, no cover.  
**JAZZ PIANO:** Don Sheridan, 7 to 10 p.m., Bergie's, no cover.  
**ACOUSTIC GUITAR:** David Leo, 8:30 p.m., Silver Lining, Arcata Airport, no cover.  
**POP:** Raoul Ochoa, 6 p.m., Waterfront, no cover.  
**ROCK:** The Lee Brothers, 9:30 p.m., Fat Albert's, \$2.  
**DUET:** Painter and Spang, 8:30 p.m., Red Lion Inn, no cover.  
**CHRISTMAS PROGRAM:** "A Very Special Christmas," an annual program of holiday words and music with Jean and Leon Wagner, 8:15 p.m., Humboldt Cultural Center, \$2.50, students and seniors \$1.50.  
**CINEMATHEQUE:** "It's A Wonderful Life," 7:30 p.m., \$1.75, "Rhythm and Blues Revue," 10 p.m., \$2, Founders Hall Auditorium.  
**ARCATA THEATER:** "Mephisto," 7:45 p.m., "Breaker Morant," call 822-5171 for time, \$2.50, 12 and under \$1.  
**MINOR THEATER:** "Tron," 7 p.m., "Invaders From Mars," 8:55 p.m., \$1.99, 12 and under \$1.  
**EUREKA THEATER:** I, "Annie" and "The Secret of Nymph," call for times; II, "Time Bandits," call for time; III, "Tex," 7:15 and 9:15 p.m., \$3.50, 12 and under \$1.50.  
**STATE THEATER:** I, "The Empire Strikes Back," call for time; II, "E.T.," 7 and 9:10 p.m.; III, "Gregory's Girl," call for time, \$3.50, 12 and under \$1.50.

## Saturday, Dec. 4

**COUNTRY:** Dale Hustler and Wes Fulton, 8 p.m., Surf Room, Harbor Lanes, no cover.  
**HOLIDAY CONCERT:** Troika Ballets with the North Country Folk Ensemble, 8 p.m., Van Duzer Theater.  
**ROCK:** Mason Dixon, 9:30 p.m., Walt's Friendly Tavern, Blue Lake, \$2.  
**BLUES:** Blues on the Move, 9 p.m., The Ritz, no cover.  
**POP:** Jan Grayling, 7 p.m., Eureka Inn lounge, no cover.  
**REGGAE:** Airhead, 10 p.m., Bergie's, \$3.50.  
**ROCK:** The Q Band, 9:30 p.m., Old Town Bar & Grill, \$2.50.  
**CLASSICAL GUITAR:** James Fryer, 6:30 to 9:30 p.m., Fog's, no cover.  
**JAZZ PIANO:** Don Sheridan, 7 to 10 p.m., Bergie's, no cover.  
**POP:** The Spurs, 9 p.m., Jambalaya, \$2.  
**POLK:** Ron and Bob, 6 to 9 p.m., Al Capone's, no cover.  
**ACOUSTIC GUITAR:** David Leo, 8:30 p.m., Silver Lining, Arcata Airport, no cover.  
**CLASSICAL GUITAR:** Ted Tremaine, 8 p.m., Waterfront, no cover.  
**ROCK:** Merv George, 9:30 p.m., Fat Albert's, \$2.  
**DUET:** Painter and Spang, 8:30 p.m., Red Lion Inn, no cover.  
**CHRISTMAS ARTS AND CRAFTS FAIR:** "Art for the Holidays," 6:30 to 9:30 p.m., Humboldt Cultural Center.  
**CINEMATHEQUE:** "It's A Wonderful Life," 7:30 p.m., \$1.75, "Rhythm and Blues Revue," 10 p.m., \$2, Founders Hall Auditorium.  
**ARCATA THEATER:** "Mephisto," 7:45 p.m., "Breaker Morant," call 822-5171 for time, \$2.50, 12 and under \$1.  
**MINOR THEATER:** "Tron," noon and 7 p.m., "Invaders From Mars," 1:55 and 8:55 p.m., \$1.99, 12 and under \$1.  
**EUREKA THEATER:** I, "Annie" and "The Secret of Nymph," call for times; II, "Time Bandits," call for times; III, "Tex," 7:15 and 9:15 p.m., \$3.50, 12 and under \$1.50.  
**STATE THEATER:** I, "The Empire Strikes Back," call for times; II, "E.T.," 7 and 9:10 p.m.; III, "Gregory's Girl," call for times, \$3.50, 12 and under \$1.50.  
**PLAY:** "A Christmas Carol," 8:15 p.m., Ferndale Repertory Theater, \$6, for reservations call 725-2378.  
**PLAY:** "Buried Child," 8 p.m., Studio Theater, for ticket information call CenterArts 826-4411.  
**PLAY:** "Belle of Amherst," for time and ticket information call Pacific Art Center 822-0828.

## Sunday, Dec. 5

**GUITAR:** Jerry Thompson, 8 p.m., Surf Room, Harbor Lanes, no cover.  
**POP:** The Spurs, 9 p.m., Jambalaya, \$2.  
**COUNTRY:** Rio Loco, 9 p.m., Ramada Inn, no cover.  
**CHORALE CONCERT:** Music of the Christmas Season, 7:15 p.m., Fulkerson Recital Hall, free.

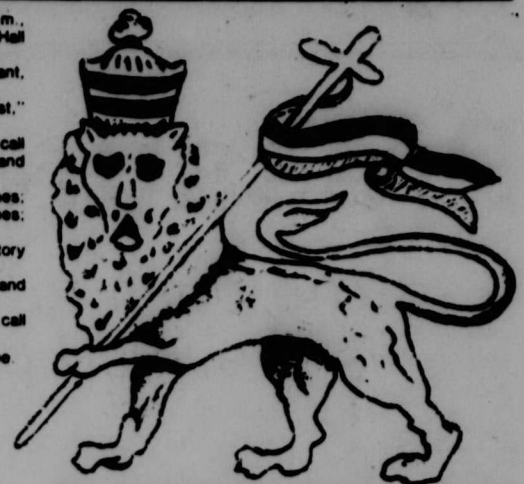
**CINEMATHEQUE:** "The Lavender Hill Mob," 7:30 p.m., \$1.75, "Rhythm and Blues Revue," 10 p.m., \$2, Founders Hall Auditorium.  
**ARCATA THEATER:** "Mephisto," 7:45 p.m., "Breaker Morant," call 822-5171 for time, \$2.50, 12 and under \$1.  
**MINOR THEATER:** "Griffiths," 7 p.m., "Personal Best," 8:45 p.m., \$1.99, 12 and under \$1.  
**EUREKA THEATER:** I, "Annie" and "The Secret of Nymph," call for times; II, "Time Bandits," call for times; III, "Tex," 7:15 and 9:15 p.m., \$3.50, 12 and under \$1.50.  
**STATE THEATER:** I, "The Empire Strikes Back," call for times; II, "E.T.," 7 and 9:10 p.m.; III, "Gregory's Girl," call for times, \$3.50, 12 and under \$1.50.  
**PLAY:** "A Christmas Carol," 2:15 p.m., Ferndale Repertory Theater, \$6, for reservations call 725-2378.  
**PLAY:** "Buried Child," 8 p.m., Studio Theater, for times and ticket information call CenterArts, 826-4411.  
**PLAY:** "Belle of Amherst," for times and ticket information call Pacific Art Center, 822-0828.  
**PIANO RECITAL:** Fulkerson Recital Hall, 2:15 p.m., free.

## Monday, Dec. 6

**COUNTRY:** Dale Hustler and Wes Fulton, 8 p.m., Surf Room, Harbor Lanes, no cover.  
**RECITAL:** Student recital, 8:15 p.m., Fulkerson Recital Hall, free.  
**JAZZ PIANO:** Don Sheridan, 7 to 10 p.m., Bergie's, no cover.  
**POLK:** Eric Wells, 6 p.m., Waterfront, no cover.  
**DUET:** Painter and Spang, 8:30 p.m., Red Lion Inn, no cover.  
**COUNTRY:** Rio Loco, 9 p.m., Ramada Inn, no cover.  
**ARCATA THEATER:** "Mephisto," 7:45 p.m., "Breaker Morant," call for time, \$2.50, 12 and under \$1.  
**MINOR THEATER:** "Griffiths," 7 p.m., "Personal Best," 8:45 p.m., \$1.99, 12 and under \$1.  
**EUREKA THEATER:** I, "Annie" and "The Secret of Nymph," call for times; II, "Time Bandits," call for times; III, "Tex," 7:15 and 9:15 p.m., \$3.50, 12 and under \$1.50.  
**MEETING:** Christian Science College Organization, 5 p.m., Nelson Hall East 120.  
**MEETING:** Students for Peace, 7 p.m., Nelson Hall East 119.  
**HOLIDAY CRAFTS FAIR:** Continuous live music, University Center, 9 a.m. to 4 p.m.  
**STATE THEATER:** I, "The Empire Strikes Back," call for times; II, "E.T.," 7 and 9:10 p.m.; III, "Gregory's Girl," call for times, \$3.50, 12 and under \$1.50.  
**PLAY:** "Buried Child," 8 p.m., Studio Theater, for ticket information call CenterArts, 826-4411.  
**HOOT NIGHT:** Open mike, 9 p.m., Ocean Grove Lodge, Trinidad, no cover.

## Tuesday, Dec. 7

**COUNTRY:** Dale Hustler and Wes Fulton, 8 p.m., Surf Room, Harbor Lanes, no cover.  
**HOLIDAY CRAFTS FAIR:** Continuous live music, University Center, 9 a.m. to 4 p.m.  
**JAZZ:** Dreamticket, 9 p.m., The Ritz, no cover.  
**POP:** Jan Grayling, 7 p.m., Eureka Inn lounge, no cover.  
**JAZZ PIANO:** Don Sheridan, 7 to 10 p.m., Bergie's, no cover.  
**POLK:** Eric Wells, 6 p.m., Waterfront, no cover.  
**DUET:** Painter and Spang, 8:30 p.m., Red Lion Inn, no cover.  
**ARCATA THEATER:** "Mephisto," 7:45 p.m., "Breaker Morant," call 822-5171 for time, \$2.50, 12 and under \$1.  
**MINOR THEATER:** "Griffiths," 7 p.m., "Personal Best," 8:45 p.m., \$1.99, 12 and under \$1.  
**EUREKA THEATER:** I, "Annie" and "The Secret of Nymph," call for times; II, "Time Bandits," call for times; III, "Tex," 7:15 and 9:15 p.m., \$3.50, 12 and under \$1.50.  
**STATE THEATER:** I, "The Empire Strikes Back," call for times; II, "E.T.," 7 and 9:10 p.m.; III, "Gregory's Girl," call for times, \$3.50, 12 and under \$1.50.  
**PLAY:** "Buried Child," 8 p.m., Studio Theater, for ticket information call CenterArts, 826-4411.  
**MEETING:** HSU Yoga and Meditation Society, 4:30 to 6:30 p.m., Nelson Hall East 120.



The crowned lion holding a cross and Jamaican flag is a symbol for the Rastafarian movement. The Rastafarians, a Jamaican "roots" reggae band, appears at Mojos tomorrow at 9:30 p.m.

## Arts in brief

"Buried Child," a Pulitzer Prize winning play by Sam Shepard, will be presented as part of the HSU theater arts main stage season.

The plot of "Buried Child" involves a prodigal grandson who returns home after an absence of six years.

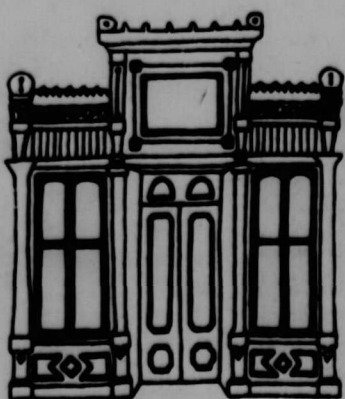
A New York Times review says the play deals with "The American family gone to seed — each of the strange characters is searching for his heritage."

Directed by John Heckel, "Buried Child" will run Friday through Dec. 11 at 8 p.m. Tickets are \$3.50 general and \$2.50 for students and are available at University Ticket Office, Uniontown Hallmark, Arcata and Windjammer Books, Eureka.

## EXHIBITS

**REESE BULLEN GALLERY:** 1982 Faculty Exhibition, 9 to 5 p.m. weekdays, and 10 to 2 p.m. Saturdays. Talks by the artists will be held in Art 105 from noon to 1 p.m. Dec. 1, 2, 7, 8 and 9.  
**LIBRARY:** "Views of Ecuador," oil paintings by Dan Minnick, through Dec. 6.  
**"Trinity Landscapes,"** by Jim McVicker, through Dec. 31.  
**"By The Wind,"** watercolors by Earline Shaw, through Jan. 3.  
**"Views in the Trinity Alps,"** watercolors by Ken Jervels, through Jan. 10.  
**"Night Passage,"** watercolors by Richard Case, through Jan. 10.  
**"Arch in Blue and Red" and "Fig,"** acrylic paintings by Joan Gold, through Jan. 10.  
**"Chanting of the Bees,"** a mural by David Walker, through June 1983.  
**"First Song,"** paintings by George Van Hook, through June 1983.  
**"Untitled Abstract,"** painting by Jeffrey Hay, through June 1983.  
**"Soaring After Velma,"** panel from a mural by David Walker, through June 1983.  
**"Sunset and Ruins,"** painting by Max Butler, through June 1983.

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## Pressure

*The push to excel at HSU sports is provided by the athlete, not coach*

By K.C. Swan  
Staff writer

Although HSU athletes are under different types of pressure, many coaches agree the athletic department doesn't drive their athletes to win.

Most of the pressure on athletes seems to come from themselves. "They have internal motivation to do their best," womens' cross country coach Dave Wells said of his runners.

**'There is no pressure from the administration to win or lose' — Frank Cheek**

Volleyball coach Barbara van Putten agreed. "The type of student that is attracted to HSU is the non-pressure type of athlete."

"The only pressure the girls feel is the pressure they put on themselves," she said.

Wrestling coach Frank Cheek believes that his highly motivated athletes are so dedicated to their sport that external pressure is not needed.

"My kids have great attitudes," Cheek said. "They have individual motivation."

"In wrestling we don't build character — we eliminate the ones who don't have it," he said.

Coaches are not pressured by the administration to drive their athletes.

"There is no pressure from the administration to win or lose," Cheek added. "The pressure comes from the community, the fans, the coaches and the athletes."

"I have never felt pressure from the administration," basketball coach Tom Wood said.

"This is not big time athletics," he said. "I've tried to keep it enjoyable for myself and for the kids."

With other sports such as football, Coach Bud Van Dorn said that the pressure comes from the nature of the sport. "Winning is important, the fans want to see a winner."

"There is not an economic pressure here," Van Deren added. "There are other things besides being under direct pressure of a scholarship."

Swimming coach Pam Armond believes the only pressure her swimmers feel comes from other schools they compete against. "In swimming we are in the toughest league in Division II."

Despite this, she said her "program is not as high-pressure as the other schools in our league."

If the easy attitude toward pressure and winning can be deemed a utopia, Wells pointed out that he also enjoys victory and that "it is not a utopia when you are not winning."

Losing is a part of athletics that coaches, players and fans must face.

"We have peaks and valleys," Van Deren said. "That is the way it has always been at HSU."

"But, it is only fun when you win," Van Deren added.

"When you have a long year it hurts the coaches and it hurts recruiting," Cheek said. "It is not a utopia and you are going to have disgruntled athletes."

Wood follows the philosophy that basketball should be fun and that the emphasis on winning is sometimes harmful.

**'They (HSU athletes) have internal motivation to do their best' — Dave Wells**

"The 'you have got to win' attitude is ridiculous," Wood said. "In my system you have got to perform the best you can."

Pressure in the form of positive reassurance is the method used by Wood to motivate his athletes.

Athletic teams at HSU may not always have winning seasons or positive attitudes but the environment they compete in is more relaxed.



Staff photo by Tim Parsons

HSU forward Cliff Dyeon draws a foul as he scores over College of Notre Dame's Black Grier. Dyeon scored 17 points as the Jacks downed Notre Dame 75-65 for their first win of the year. Center Jeff Fagan led HSU with 18 points. For more basketball news, see briefs, page 26.

## Intramural team digs into past for name

By Jim Neenan  
Staff writer

Though the name he chose for his team brings back the memory of one of the darkest moments in baseball, HSU Sports Information Director Tom Trepiak and the Black Sox are becoming a good intramural softball powerhouse.

The original Black Sox baseball team was the 1919 Chicago White Sox, a team that made it to the World Series.

The "sox" turned from white to black when Chicago gamblers persuaded several players to throw the Series.

The Humboldt version of the Black Sox is undefeated in the Wednesday night intramural league.

The Black Sox label struck Trepiak while he was in high school in Michigan.

"I played in a tabletop baseball league and I called my team the Black Sox. They swept the World Series three times."

Besides being the club's player-manager, Trepiak also acts as the team's scout. Trepiak's team didn't just emerge — he had to recruit.

"When I put together this team, my goal was to become the best intramural coed team."

Trepiak is also the team statistician. Each week, Trepiak updates the team's batting statistics.

"I probably carry it a little bit too far, but some of the players get a kick out of it."

Heavy hitters on the team include assistant wrestling coach Eric Woolsey, football player Eddie Pate and women's softball player Tena Johnson.

The highest batting average belongs to Richard Nelson, a senior journalism major.

The tall lefty, in the manner of Babe Ruth or Mickey Mantle, takes advantage of the short distance between the plate and the right field wall.

Trepiak said the main strength of the Black Sox team is it consistently has the best women in the league.

With Tena Johnson on his roster, Trepiak is assured of "a big gap" between his best and the other teams' best female players.

One of the rules of intramural softball at HSU is that three women must always be on the diamond. Many teams suffer because they lack good women players.

Because the Black Sox, in its second season, has often routed opposing teams, Trepiak wants to form a coed "A" league.

Under this plan, teams would be put into divisions, with the best teams in the same league.

As it is now, teams sign up for a certain night and play all their games on that night, which can lead to lopsided scores, since some teams are more

serious about winning than others.

While there are Black Sox teams in other intramural sports, the main focus is on softball, probably because the team's mentor is a self-proclaimed "baseball fanatic."

Trepiak was bitten hard by the baseball bug in 1968 when his local team, the Detroit Tigers, won the World Series.

Trepiak still owns a Danny McLain model baseball glove.

McLain, who pitched brilliantly for the Tigers in 1968, was the last pitcher in the major leagues to win more than 30 games in a season.

The power-hitting Black Sox begin post-season play this weekend.

It will be the first step in what Trepiak hopes will be the start of a winning tradition.

Trepiak's major problem in winning the championship may be keeping his team from getting in cahoots with any gamblers.



# Gymnastics is for the fitness-conscious

By Patty Pearson  
Staff writer

You may be too old to be an Olympic star in gymnastics, but you can never be too old to begin gymnastics for fun, fitness or competition.

Not only are beginning and intermediate gymnastics classes offered at HSU, but there are open workouts in the HSU gymnastics room Monday and Wednesday evenings from 7:30 to 9, as well. These workouts are for those on any level of gymnastics.

If you decide to attend an open workout and have never tried gymnastics before, watch how other people stretch. Before trying any of the apparatus, try to stretch every part of your body for at least 10 minutes.

After the stretches, your body should feel loose enough to attempt the splits. To try the splits, start from a standing position with one leg forward. Reach to the floor with one arm on each side of your extended legs; now slide your legs as close to the ground as possible and hold that position for about 30 seconds. Repeat the same move with the other leg in front.

If you need help with new moves, there is always somebody in charge willing to help. A good place to start gymnastics is on the floor trying forward somersaults to get accustomed to the mat. Handstands against the wall are also a good way to get your body used to the upside down position, and finding a balancing point.

Moves on the balance beam are similar to moves on the floor, in that both use combinations of dancing and tumbling moves. To get used to being on a

most strength, so exercises such as pullups and hanging on the bar while lifting your legs as high as possible, will help build strength to try new moves. Again, watching others and asking for assistance will only be beneficial.

As for the big leather box in the middle of the gym, it is called a vaulting horse. The springboard in front of it is used to get the height to fly over the vault. In order to get enough confidence to go over the vault, practice running and jumping on the springboard.

When you feel confident, the first move to try is the squat vault. This is done by springing off the board, reaching for the horse and tucking your legs through your arms until you have cleared the vault.

The cost of an open workout is 50 cents a session. HSU student Jeff Hiatt said, "I come to open workouts because I like to stretch out." Hiatt said he never competed in gymnastics, but heard about the open workout from a friend.

Paul Magnuson, also an HSU student, said, "It's a good workout and it's great for all levels of gymnastics."

You may have seen gymnastics on television and thought it looked easier than it really is, but don't get discouraged because gymnastics is something most people have never tried, and it takes a certain amount of courage to attempt most moves.

## Your body should feel loose

Whether you use the gym to watch, stretch, strengthen or to learn gymnastics moves, it is a great way to meet new people and have fun.

## Roll your head, shoulders...

One way to begin stretching is to roll your head, shoulders, arms, wrists and waist, right on down to your ankles and feet. From there, sit on the floor in a straddle position leaning first to one side, then the other side and the middle.

4-inch wide beam, begin walking forward, backward and sideways for the length of the beam. If your somersaults were straight on the floor, you may want to get some assistance and try one on the beam.

The uneven parallel bars require the



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**Editor's views****Warm-up**

By John Surge  
Sports editor

The Lumberjack is in the process of changing its editorial staff, therefore I'm out of a job. The new sports editor is Jim Noonan (see his intramural softball story on page 24). Noonan will reign as editor for winter and spring quarters. He will begin his own column next week.

**Wrestlers start year with two quick wins**

HSU Coach Frank Cheek's return to wrestling proved a success as his team trounced Sacramento State, and then upset the University of Oregon 25-20.

The University of Oregon won the Pacific 10 Conference wrestling title last year, defeating HSU 50-0 en route.

Cheek, whose successful career as HSU wrestling coach was interrupted last year when he took over as athletic director, called the win over Oregon one of his "greatest coaching victories."

Dave Navarre, an all-conference pick last year, won the 134-pound class and drew praise from Cheek.

Cheek was also "impressed" with heavyweight Joe Kamanski's performance against Oregon's Dan Cook who was Pac-10 champ last year.

Kamanski wrestled Cook to a draw.

Humboldt's next match is Friday when the team wrestles Linfield College and Pacific University in Forest Grove, Ore.

**Sports briefs****Women's basketball shoots for realistic goal**

The championship bracket is the goal of coach Cinda Rankin and the women's basketball team this weekend in the second annual Hayward Invitational.

Teams in the tourney are: Cal Poly, San Luis Obispo; Fresno State; University of British Columbia; University of South Dakota; and Cal State, Hayward.

On their last road trip, the 'Jacks won three of five, highlighted by a routing of Occidental College, 68-34.

Rankin said outside shooting is a troublesome area.

She said some opponents have disrupted the 'Jacks by forcing them to take shots from outside the key.

As a result, the 'Jacks are switching to an offense designed to get the ball inside more often.

The 'Jacks' offense relies heavily on Christi Rosvold, who is averaging 20.2 points a game.

**HSU football players named All-NCAC**

HSU receiver Eddie Pate, linebacker Lance Hunter and defensive back Dean Diaz were named to the first team all Northern California Athletic Conference football team.

Pate, one of the top pass-catchers in the nation, caught nine passes in a loss against U.C. Davis to give him 75 catches for the year, tying an HSU record set by Drew Roberts in 1960.

Diaz, a junior free safety, intercepted seven passes this season, a mark which distinguished him as the leading conference pass interceptor for the third consecutive year.

Diaz also tied a conference mark for the most interceptions in a career — 25.

Hunter was among the team leaders in tackles this season with 85. He also sacked opposing quarterbacks three times.

Seniors Dave Rush and John Rice, members of the defensive line, also known as the "Green Chain," were named to the second team.

**Men's basketball team gears for intense play**

HSU basketball coach Tom Wood hopes his team can play a more intense game this weekend in the Cal Poly Aggie Invitational.

"We've had our moments, but we need to sustain them over 40 minutes."

The 'Jacks, who lost last weekend to Santa Clara by 13 points, open the Aggie Invitational against Cal Poly, San Luis Obispo.

Wood said he likes to play "top notch" teams, such as Santa Clara and Cal Poly, because they prepare the team for conference games.

"We're not as far along as I had anticipated," he said. "We will be trying to catch up this week."

**Clark now All-Conference in two sports**

Cheryl Clark became the second woman in HSU history to receive all-conference recognition in two sports when she was named to the all Northern California Athletic Conference volleyball team.

Clark has twice been named to the softball all-conference team.

Teammate Laura Hay received honorable mention on the all-conference volleyball team.

The only other Humboldt State woman athlete to receive all-conference honors in two sports was Debra Hungerford.

**HSU martial artists win awards at meet**

HSU psychology Professor Mary Gruber led several HSU martial artists to honors at the 1982 North Coast Karate Championships held here Nov. 21.

Gruber took first place in women's

brown belt sparring second place in brown belt forms.

Also winning awards were: David Vill, Brad Foster, Brad MacNamara, Douglas Bouleau, Tuck Lee, Bill Donovan and Robert Sherman.

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**JEWISH STUDENT UNION** presents a film series about the culture and history of Israel, Thursday, December 9 at 8:30 p.m. in Godwin Forum. 12-8

**"AND I WILL POUR** out my spirit upon all flesh." Church of Holy Family, Sundays, 11:30, 1757 J Street, Arcata. 12-1

**GOT THE DOLDRUMS?** Pac-man got your quarter? For a change of pace try a balloon. From Alligator Balloons, 854 9th Street (near the Plaza). 822-4141. 12-1

**BLOOD DRIVE** The Business and Economics Club is sponsoring a blood drive Friday, December 3 in Godwin Forum in Nelson Hall East between 10 a.m. and 2 p.m. 12-1

**HSU ROCKS** The HSU Geology Club is presenting its 8th annual rock, mineral and fossil auction at 7 p.m. Wednesday, December 8 in NR 206. 12-1

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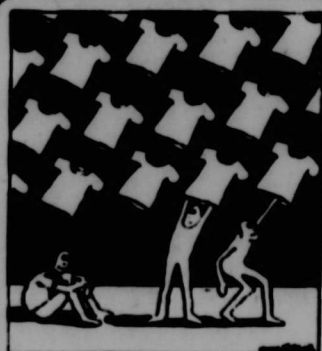
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# HSU parking

*No parking problem exists for vehicle stall hunters; just a myth*

By Theresa Hyland  
Staff writer

No parking problem exists at HSU, a campus parking control officer said. "We don't have a problem," Steve Sullivan, an HSU parking control officer said.

This news will come as a surprise to students who search the parking lot below the Mai Kai Apartment building between the hours of 10 a.m. and 2 p.m. for a space to park, he said.

During those hours the core lots, on the west side of B Street, are usually full, Sullivan said.

Every two hours or so there is a turnover, he added. "Everybody isn't here at the same time."

"You can easily find spaces at other hours," Sullivan said. "There are still other parking lots that are empty."

Elaine Rennacker and Sullivan comprise the parking enforcement staff at HSU. They patrol the parking lots on campus and conduct surveys and research on HSU parking.

People are upset when there are no spaces in the nearby parking lots, Sullivan said. But there are always empty spaces in the lot on the corner of Union and 14th streets.

There are 150 to 200 empty spaces there daily, he said. The lot is located a block south of the Natural Resources building and across the street from the Plant Operations building.

"People will do anything to avoid walking," Sullivan said. "That's just human nature."

He conceded that the walk is a bother when it rains, but since those spaces are not filled, there is no lack of parking spaces on campus.

"We don't have total utilization," he said. Until the lots are full, there will be no money to build more.

Five or six years ago a parking problem did exist, Sullivan said. "It didn't correct itself. We actively solved the problem."

More people walk, ride their bikes and use the bus, he said. There are fewer violators and more permits are sold.

There are 2,153 parking spaces on campus, Sullivan said. The staff parking consists of 476 spaces, and after 5 p.m., those spaces are available for student use. There are 1,425 student spaces. The remaining spaces are reserved for visitors, residence hall parking, handicapped, metered, loading zone and state service vehicle parking.

The fee at HSU is \$15 a quarter for a car parking permit, \$3.75 for a motorcycle permit and 50 cents for a day permit. The quarter fee is reduced as the quarter continues, Patty Butterfield, acting associate director of fiscal affairs, said.

The parking fees for California State Universities are set by the CSU trustees, Sullivan said. The Arcata Airport parking fees are the closest thing



ARCATA RESIDENT DOUG RAIL HELPS TO ALLEVIATE HSU'S PARKING PROBLEM AND ALSO MAKES A FEW EXTRA DOLLARS IN HIS BACKYARD...

to compare with HSU's fees. The fee at the airport is \$2.50 for 24 hours.

He said the fee at HSU is "very reasonable," considering the \$2-per-hour fee at some city lots.

The parking program is funded by the money generated from parking permits, Sullivan said, adding that the program is self-supporting.

That is "one of the things people don't realize." HSU receives no tax money or other funds for the maintenance of its parking program.

"We're like a private garage," Sullivan said. "We're just trying to break even."

The money budgeted for this year for the parking program is \$113,000, Butterfield said. The figure is a rough estimate of how much money will be made.

As of the Oct. 22 inventory, 2,829 permits were sold, she said. This compares with 2,592 sold for fall quarter last year.

The system of paying for parking is geared toward funding replacement of the asphalt on which the cars park,

Sullivan said. "We all have to pay."

Under Title 5 of the California State Codes, the only people who do not pay for parking are visitors who come to campus to transact business with the state, excluding students and employees, Sullivan said.

The tickets given for violations of the parking regulations are set by a judge, on a scale of what will deter people, Sullivan said.

The fines are \$6.50 for no parking decal permit, \$25 for parking in a handicapped zone, \$11.50 for parking in a red-curb zone and \$3.50 for having no decal for a staff lot.

"Our whole goal (of the citation system) is to cure the problem," of people violating the parking laws, Sullivan said.

These are real, regular laws, he added. People may disagree with them, but people are "still breaking the law," if they disobey them. People have to work with them until they are changed.

"It's like a city," Sullivan said. He

suggests going to Eureka and seeing what will happen if no money is put in the meter.

HSU parking offenders who receive five or more citations are subject to a \$50 fine and a mandatory court appearance. The offenders are contacted and Sullivan or Rennacker try to determine why they have so many citations. "We try to cover all bases," Sullivan said. "I would rather not give out the ticket."

Allowances are made for people with special problems, he said. If someone needs to park closer because of a handicap or for some other reason, special arrangements can be made. These people need to contact either Sullivan or Rennacker.

There is a plan in the works for the city of Arcata to charge a fee for parking on the city streets near the university. The fee is designed to deter students from parking in residential areas and allow people who live in the areas room to park their cars, Sullivan said. The plan is still in the beginning stages.

## Problem

Continued from front page

said I was being defensive."

"All I can say is there has been much effort to aid Lisa in her pursuit of her academic goals," McCrone said in a telephone interview. "We do a lot of things here to aid the handicapped. We lend them support."

According to McCrone, Bach's problem is being handled in the top-level offices of HSU, including the office of the dean of graduate studies and the office of affirmative action.

But, whether Bach's problem can be resolved, McCrone said it would be "difficult to answer."

"I don't believe the university is trying to make things hard for Lisa," Young said. "My chief concern is Lisa and the fact that she won't be misled and her chances at finding employment in that field. Whether or not she regains her voice will determine how employable she is."

Buzz Webb, dean of student ser-

vices, said if the resolution to the problem does not appeal to Bach, options are available for her on and off campus.

"I just want her to know what her rights are," Webb said. "I haven't talked to the education department yet. My only role, right now, is if and when it's necessary to appeal. It's going to go one of two ways."

Webb asked, "How responsible is the university for making the decision

on how employable a student is?"

Young said the university is seeking to resolve Bach's problem as fast as it can.

"The decision doesn't have to please me; the fact that they make a decision will please me," Young said.

"I don't think it'll be resolved to Lisa's satisfaction," he added. "But, I think they'll deal with this, in my judgment, where Lisa will be treated fairly."