

The Lumberjack



CHRIS COLE crosses the Little River on his way to winning the Trinidad Beach Run Saturday with a time of 41:24.
John Cressy
See related story, page 13.

Yurok club gets OK to organize Master, city plans clash

by Joan Villa

Controversy about the organization of a new campus club, the Yurok Customs and Rights Support Group, appears to be temporarily settled since both the Student Legislative Council and the associate dean for student resources approved their Intent to Organize last week.

The purpose of the Yurok support group as stated on their Intent to Organize is "to educate group members to traditional Yurok customs, beliefs and laws, and to support efforts to sustain these traditional ways." However, it was first believed the group would be discriminatory against women.

Part of the group's education comes through discussions with a Yurok spiritual leader, Calvin Rube, who lives in the "high country" in the Siskiyou Mountains, Rob Joynt said. Joynt has been an active member and organizer of the predominantly white student group.

Before visiting this spiritual leader, one must be pure, Joynt explained. Purification takes four days prior to the visit and involves abstaining from alcohol, sex and drugs.

Not discrimination

Controversy arose when it was discovered that women on their menstrual cycle or "moontime" are not considered pure according to Yurok custom, and therefore are barred from visiting Rube during that time.

However, group member Nicole Fernandez explained that what appears to white people as discrimination stems from a lack of understanding of the Indian's ways.

"Indian women have never been discriminated against," she said. "There is nothing in our beliefs that make us unequal to men."

Fernandez explained that a woman's moontime was a highly spiritual time when women could isolate themselves to purify their body and spirit according to natural law. Isolation would last 10 days from the beginning of menstruation.

Women's bodies take on different energies, she said, and the presence of impurities causes a conflict of energies when Rube tries to communicate with the Creator. This conflict also occurs when the sacred high country has been desecrated.

To the Indian, a woman's body is sacred, like the land, Fernandez said. All life comes from woman like life

flourishes from nature. She explained that man's role is that of protector.

The problem, explained Ed Simmons, associate dean for student resources, was this was not explained properly when the group first appeared before the SLC. Any discrimination against women would be illegal under Title IX of the 1972 Education Amendments to the U.S. Civil Rights Act, he said.

"But the Intent to Organize was approved all the way through. I'm satisfied and the council is satisfied that there is no violation of Title IX," he said, "and that is really what we were looking

(Continued on back page)

Trustees grant fee raise to fund activities classes

by Ziba Rashidian

The California State University and Colleges Board of Trustees has approved a plan to allow an increase in student fees of up to \$10 per year to fund instructionally related activities.

Instructionally related activities are programs for which students receive academic credit. They include theater productions, art galleries, debate, student-run newspapers and radio stations and intercollegiate athletics.

The funding of instructionally related activities has a long history of controversy. It was originally funded through the Associated Students budget.

The A.S. gets its money from a yearly \$20 student body fee. This fee remained constant since the 1960's.

As a result of inflation and A.S. funding of innovative programs such as childcare

centers, legal services and special ethnic programs, there were not enough funds to support more traditional ones.

This caused a conflict on some campuses between student government and university presidents. The president has the power to veto, freeze or withhold A.S. budgets if he does not approve of how the funds are being allocated or if he wants more funds spent on traditional programs.

Limit control

These conflicts resulted in the Student Presidents Association sponsoring legislation to limit control by university presidents. It also resulted in a joint effort by the SPA and the Campus Presidents Association to have instructionally related activities receive funding from the state.

In 1974, the CSUC system received \$2.6

(Continued on page 3)

by Ziba Rashidian

The negative declaration on the revisions of the university master plan has been postponed indefinitely, according to Donald Lawson, director of institutional research at HSU.

A negative declaration on the revisions means their environmental impact is negligible and a full-blown environmental impact report would not be required.

The postponement follows a one-year initial study of the revisions by Raymond Yusi of the Chancellor's office. The initial study is required under the California Environmental Quality Act (CEQA) of 1970. It determines the environmental impact of a proposed project—in this case the revision of the master plan.

Yusi visited the campus Jan. 18 and attended a meeting of the University Resources, Planning and Budget Committee (URPB). At the meeting, he said the initial study was almost completed and it appeared the recommendation would be for a negative declaration.

When the initial study was begun last February, the Campus Planning Committee, the Student Legislative Council and the Arcata City Council asked that a complete environmental impact report be done on the master plan. The 1977 committee resolution asked that a full environmental impact report be made "rather than a negative declaration or a categorical exemption." The resolution was approved by University President Alistair McCrone.

At the URPB meeting, Yusi said the proposed revisions have "no substantial impact."

"In fact, whatever impact these

(Continued on page 3)



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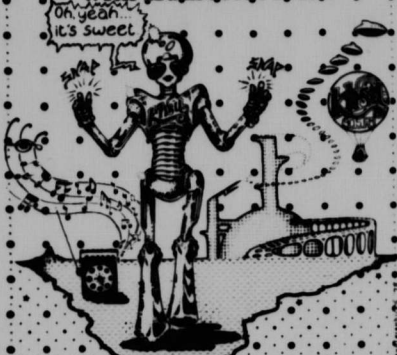
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Form for financial aid easier now

Every year, millions of students apply for financial assistance through college financial aid programs. And every year there is confusion about how to go about it.

The confusion may be lessened this year with the implementation of a single application form and financial statement. The single form replaces separate applications used by the Student Aid Commission, the State Colleges and Universities, the University of California and California's community colleges. Many of California's private schools will also use the new form.

A special supplement to the new form is the Cal Grant application. "With all the Cal Grant supplements, there is just as much paper work as there was last year," said Jack Altman, HSU financial aid director. "The process is, unfortunately, still complicated." However, Altman said the intent of the standard form was still good because of the trend towards more standardization among California colleges.

There are three different programs to the Cal Grant supplements. Cal Grant A provides fees assistance or tuition to students from low and middle income families. The grants are based on financial need and academic ability.

Cal Grant B provides subsistence and tuition assistance to students from families that are generally from minority or low income families.

Cal Grant C is for vocationally-minded students and does not apply to the HSU campus.

Another state grant available to HSU students is the Educational Opportunity Grants. These are limited in number and are only available to California residents.

The most popular forms of financial aid on the HSU campus are federal grants, loans and work-study.

There are two federal grants available to the HSU students, Basic Educational Opportunity Grants (BEOG), and Supplemental Educational Opportunity Grants (SEOG).

Work-study is popular

"BEOG, in simple terms, is the foundation financial aid for those of high eligibility," said Altman. "It need not be paid back."

Approximately 3,000 HSU students have applied for it this year because it is required if a student is filling out a form for financial aid. Altman said this year students are receiving \$800,000 in BEOG grants. Students can still apply through March 15.

The SEOG grants are restricted to

undergraduates who demonstrate exceptional financial need. The average grant at HSU for 1976-77 was \$635.

One of the most popular forms of student financial assistance is work-study. Students who are eligible for this program may fill available work positions on campus. Because it is so popular, funds have run out this year.

However, Altman said the California Student Aid Commission has recommended an additional \$44,000 in funds for this year. The pay rate for work-study ranges from \$2.73 to \$4.17 per hour.

Three types of loans

Loans include National Direct Student Loans, Federally Insured Student Loans and Short-Term Loans. The loans, except for STL, are low interest loans and are generally paid back after completion of college.

Short term loans are generally repaid within six weeks, but no later than the end of the quarter in which they were borrowed. Short term loans are popular because they are usually available the same day the student applies for it. Short term loans reach a maximum of \$150.

In addition to the programs listed above, there are federal financial assistance programs for students entering nursing-health and law enforcement. HSU scholarships are also available to students based on academic achievement and need.

More information concerning financial aid may be found at the Financial Aid Office, located in Brero House, No. 93.

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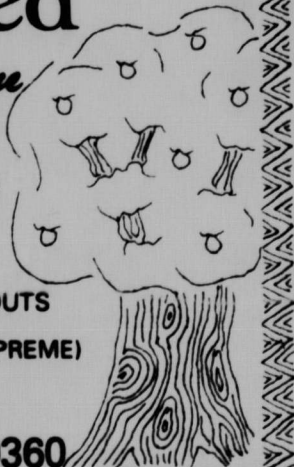
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\$10 fee labelled 'tax'

(Continued from front page)

million from the General Fund to support instructionally related activities, including intercollegiate athletics. In succeeding years, the CSUC system continued to receive money from the general fund to support instructionally related activities, but the amount was reduced \$85,818 for the 1976-77 year, and the funds could not be used for intercollegiate athletics.

The idea of a \$10 instructionally related activities fee came from a chancellor's office task force on student fees, formed in 1976. The task force was to look into the problem of university presidents' control over the A.S. budgets and the general limitation of funds for programs. The task force recommended the \$10 fee.

The SPA used the issue to bargain for limitations on presidential control over A.S. budgets. They gave their support of the fee at the meeting once their stipulations had been met.

Conditional support

The SPA had said it would support the fee if:

- funds generated on a campus remain on the campus and a "special projects fund" is set up for carry-over funds.
 - students have a controlling majority on the board which allocates the funds.
 - after three years, any increase or decrease in the fee will be decided by a majority vote of students voting in a referendum.
 - limitations on presidential review of the A.S. budget are approved.
- There will be equal numbers of students and faculty-administrators on the board. The board will be chaired by

the A.S. president or his designee.

A.S. Vice-President Dave Bush said an executive order from the chancellor's office dealing with limitation of the campus presidents' control over the A.S. budget is forth coming.

The activities fee was opposed by the United Professors of California (AFL-CIO), a faculty union representing 3,700 professors in the CSUC system. Warren Kessler, president of the association, addressed the board. He said the IRA fee is a form of tuition.

"In spite of the Governor's oft-repeated pledge to oppose any new taxes at the level of state government," Kessler said, "the students of the California State University and Colleges are being asked to pay a new tax, an educational tax for instructionally related activities."

Back door tuition

"We do not believe that a democratic governor, or any governor for that matter, ought to be allowed to impose tuition on the CSUC through the back door."

Kessler concluded the additional fee would "deter properly qualified students from attending our State University and Colleges system."

The new fee will be collected beginning next fall along with the associated student body and student body center fees.

University President Alistair McCrone, A.S. President Gregg Cottrell and Bush met Monday to discuss setting up the instructionally related activities board and the amount of the fee for this campus.

Master plan action delayed

(Continued from front page)

(changes) have generally reduces the impact of the existing plan."

The revisions in the master plan have to be approved by the trustees before they can be adopted permanently. CEQA action is required before this approval can be given.

Lawson said after Yusi's visit he received a memorandum from the Physical Planning and Development office. He said it informed him the office was not going to take further action on the initial study until he sent a list of the changes, justification for each one and a clarification on the conflict between the university master plan and the Arcata General Plan.

"All of a sudden they've got to hear from this campus," Lawson said. "Some people feel they had this information a year ago."

The conflict between the university master plan and the Arcata General Plan has existed since 1975. It involves a three block area from 14th and Union streets to the top of Union Street hill. The university master plan calls for acquisition of the area in 1981-82 for an Industrial Arts building. The city plan designates the area as a residential, low-density neighborhood.

Trade-off

When the university plan was developed, the three block area represented a trade-off between the university and the city. The city agreed to let the area go if the university would stay north of 14th street, according to Wesley Chesbro, city councilmember. Chesbro said the city

would try to prevent the university takeover of the area although the university as a state agency has eminent domain. He said he didn't feel bound by the previous agreement because the university had violated it by moving into the University Annex. The Arcata and university communities would not support a university effort to expand in that direction, he said.

"I think we'll go ahead," said Dorsey Longmire, campus facilities planner.

Lawson is not sure whether the university can legally expand without the consent of the city. He said no further action would be taken by the Chancellor's office until he responds to their request for more information.

Know your blood pressure?

Free daily blood pressure screenings are being held at the Department of Motor Vehicles (DMV), 322 W. 15th St., Eureka.

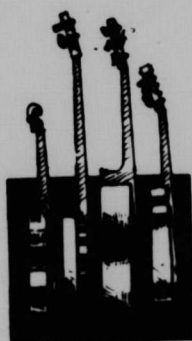
The Humboldt County Health Department and Heart Association of the Redwood Empire are co-sponsoring the free screenings in cooperation with the DMV.

Blood pressures will be taken from 8:30 to 1, and 2 to 4:30 p.m., Monday through Friday.

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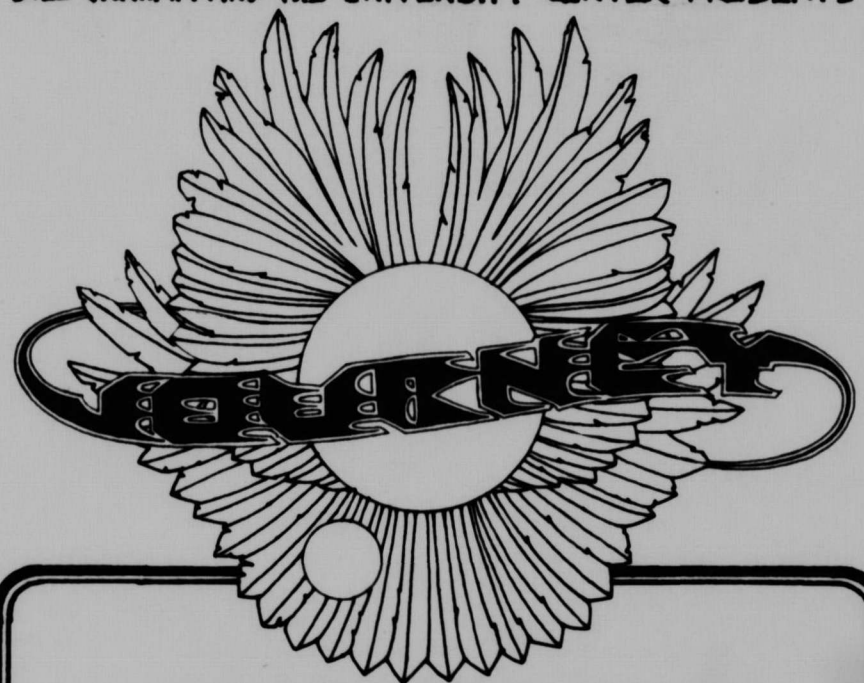
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Editorial

Wits gather to carve cash

After a ponderous beginning the newly constituted Student Legislative Council seems to be gathering its wits, or at least half of them. For the most part SLC does not do much; one person close to the council suggested the council spends most of its time, figuratively speaking, fondling money. That is your money, by the way. About \$200,000 worth.

Theoretically the council should be composed of representatives elected from the student body. This year the majority of councilmembers are Cottrell appointees but this does not mean these appointees are less capable of independent thought than elected representatives.

In fact the final budget will not be passed by this council; the council elected in the spring will cast the vote of approval but this is largely a formality. The final OK rests with President Alstair McCrone, another example of HSU being in loco parentis.

Some people have cast aspersions on the motives for some other people wanting to be on the SLC. These aspersions suggest that these other folks are only interested in voting on budget matters and then only to protect or inflate budgets of activities they have special interest in. It is rumored these narrowminded councilmembers do not regularly attend SLC meetings.

But we have no way of determining what councilmembers' motives are for being part of student government. Hopefully their intentions are honorable. And for those students who feel their special interests will not be adequately represented we can only suggest you participate in the budget deciding process by attending SLC meetings and letting your voices be heard.

Timber lobbies poll public's pulse

Two national timber lobbies, the American Forest Institute and the National Forest Products Association, recently sponsored a national public opinion poll concerning the use of national forest lands.

According to the poll, a majority of Americans would prefer to have existing national forests preserved rather than increase the timber harvest from those forests.

We bring this up only to serve as a potential guide for future development on the Northcoast. If Americans prefer wilderness to an increased timber cut on federal lands perhaps we can begin to prepare now for those days when we cannot rely on felled trees to inflame the local economy.

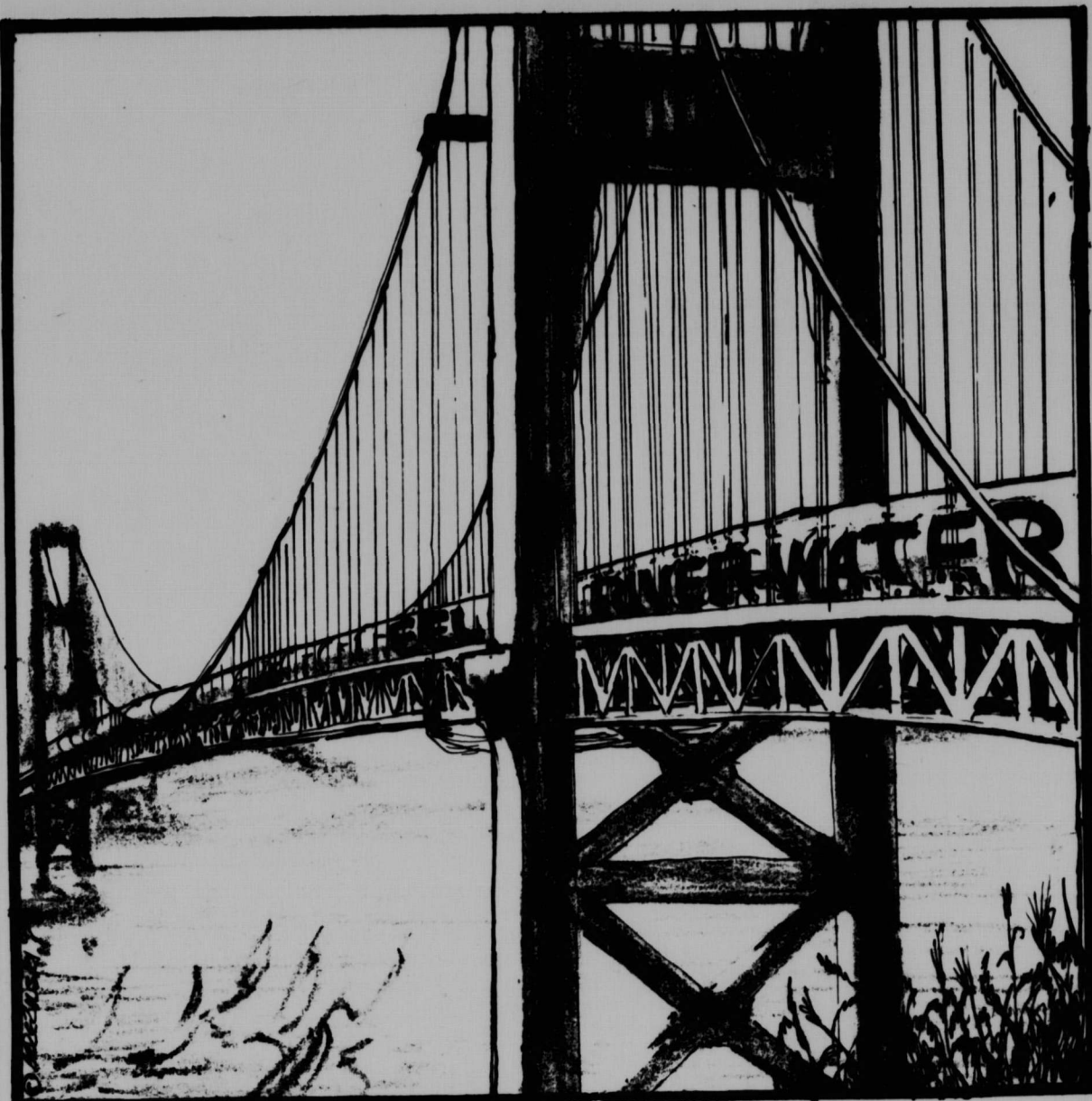
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Opinions expressed are not necessarily those of the paper and are not the opinions of the university, the AS or anyone else.

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Advertising rates are available on request at 826-3259 or the Lumberjack office.

Second class postage paid at Arcata, California.



Letters to the editor

Vote!

Editor:

With the Arcata City Council election quickly approaching, I would like to remind students that there are many issues concerning them: parking, housing, public transportation, etc. Progress is being made in these areas, but if things are to continue it is essential that there are voices to represent the students' views on the council.

For the past four years one of the leading voices representing us has been Wesley Chesbro. He has shown a responsibility and commitment to HSU students. Therefore, I would like to endorse Wesley Chesbro for re-election and urge you to take the time and energy to vote. It is a small price to pay to make Arcata a better place to live.

Gregg Cottrell
AS president

Questions or comments should be addressed to the editor. The deadline for letters is noon Friday before publication. Letters should be no longer than one double spaced typewritten page.

All letters must contain the author's name, major and year if he or she is a student, title and department if he or she is a faculty member or administrator and community residents should be identified by town.

All letters are subject to editing.

Messy Mai-Kai

Editor:

I recently moved into the Mai-Kai apartments. The residents seem very pleasant as far as college students go.

I find one major flaw in them, however. Some of them are absolute pigs. I don't mean how they keep the rooms, I mean that the grounds surrounding the complex are littered with bottles, cans, paper and other debris.

It is a common thought that college students are ecology-conscious persons but you couldn't prove it by these actions. I

remember a few years back when we had things called Earth Days, when people would pick up litter and ride their bikes to school. Are we so old that we cannot remember these days from our past?

I propose that the residents of the Mai-Kai apartments take it upon themselves to throw the trash where it belongs and to help maintain a clean campus and community.

Rick Vasquez
junior, forestry

The Lumberjack

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...more letters

Grades

Editor:

I have found it very interesting to be around this campus in the past few years and to have heard more than one vigorous altercation on the relative merits of letter and decimal grading systems. What is most interesting to me is not the arguments, but the fact that they contain so little substance. The real argument, as I see it, should be over the pros and cons of grades themselves.

Haven't you ever wondered what all these points they give us are going to be good for? I have. It so happens that I've collected quite a few grade points in my day, and although deep down I've hoped they would be redeemable for something really valuable like a T.V. set or power tools, no one has yet shown me a catalog.

My intellect, of course, crushes these hopes. Grades and points are chiefly a means to help schools encourage competition, to demoralize those who fail, and to produce a stratified graduating class for a stratified society. Their function in learning, though I doubt such a function exists, is secondary to these purposes. The fear and emotional distress grades cause are well known to us all — we've experienced these feelings through at least 12 years of schooling.

If there had been a third box on that recent student ballot, it surely would have gotten my most stylish "X." If we could envision an alternative society — cooperative rather than competitive — and if the university could see itself as a community creating alternatives rather than an institution feeding an existing market, the need for grades would dissolve.

Several progressive colleges have developed an evaluation system to suit this new vision. Generally called a portfolio, it is a well-organized, well-presented depository for written evaluations by both faculty and students, samples of work, and whatever else enhances it. Obviously, after even four moderately productive years, the portfolio would be impressive.

It looks now as if we at Humboldt State will be receiving both decimal and letter grades for a while. Too bad we weren't given the opportunity to vote for option number three.

Tom Balderston
junior, biology

UPD: Thanks!

Editor:

I would like to publicly thank Officer Roger Schroeder of the University Police Department, for a small service he recently performed that was certainly above and beyond the normal call of duty.

I, being the forgetful idiot that I am, inadvertently left the emergency flasher on in my car all day Sunday and into the night.

At 4 a.m., Monday morning, Officer Schroeder called to say that my flasher was on, and that he'd gladly give me a ride to the car. He said, "if somebody woke me up at 4 a.m., I sure wouldn't feel like walking!"

I turned off the flasher and was saved the expense of charging or replacing my battery. I appreciate the time he spent in tracking me down, as well as the ride to my car.

We are lucky to have people such as this man patrolling our campus. It's good to see the humanity behind the badge shine through.

Michael Hahn
freshman, psychology

Dasmann

Editor:

Aside from learning that France's Ecology Party is running a close third in the political arena, we were completely unimpressed and even disappointed with Dr. Raymond Dasmann's presentation on the evening of Jan. 28.

Thinking that we would be intellectually stimulated by an "internationally known ecologist" speaking on "reinhabiting California," we were misled into enduring a lecture that only dealt with the grossest of generalities. Besides acknowledging everyday facts about the growth of environmental consciousness in our society, he presented no new facts or insight into our current ecological problems.

In contrast, the lecture presented Friday evening, Jan. 20, by Dr. Robert Bowman of San Francisco State was far superior. He spoke coherently from a true ecological framework. Certainly, one shouldn't always deal from a completely biological perspective. However, to stimulate a true concern in a subject, some specific problems and answers must be discussed.

We are wondering who is taking charge on the ecological front as the "reinhabitants" wallow in personal environmental bliss.

Allen Northrup
graduate student, zoology
Robert Flecker
junior, zoology

Housing

Editor:

After two quarters of seeing the Humboldt Housing Action Project's pamphlets being circulated with the same grossly misleading information, it is past time to complain. I would be one of the first to admit that there are

major housing problems in this area, but a bigger than life portrayal of the problem by HHAP will not solve it.

One of the main concerns of HHAP is that of the high housing costs in this area. One pamphlet states that, "also it was found that half of the local tenants put 50 percent of their income into rent costs. This is double the government standard of 25 percent."

This fact is not nearly so shocking when you realize the majority of tenants in this area are students who work part time and go to school part time. Isn't government standard based upon the income of tenants with full-time employment? Of course students put out a larger percentage of their total income in housing, they have less total income.

The monthly rent rate also seems to be a little more understandable when you consider apartment investment costs. I recently spoke with a representative from the Humboldt County Building Inspection office about building costs and investment returns.

The inspector quoted a figure of 600 to 800 square feet as the average size for the most recently constructed two-bedroom apartments. I was also given a building cost of \$21.70 per square foot. This rate represents a fixed average used by the inspector and not the actual rate, which I was told is much higher.

If we multiply the average apartment size with this fixed building rate, we have a building cost of between \$13,020 and \$17,360 per apartment.

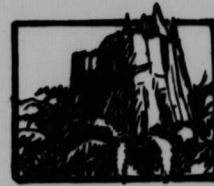
The inspectors also informed me that most investors expect a 1 percent per month investment return. If 1 percent of the building costs is taken we find that a monthly rental rate of between \$130.20 and \$173.60 would have to be charged just to cover the investment. If you then add to that insurance costs, furniture and other items, it is not so hard to understand why rental rates are so high.

An easy opposition to this argument might be that these figures would mean nothing to the large corporation investing in an apartment complex as a tax write-off. This, however, is not true. According to the HSU Housing Office, the majority of apartment complex investments in this area are made by couples, individuals and older persons wishing to retire in this area and live off the profits.

I am not excusing the high cost of housing. What I am saying is that in order to solve the problem we must first understand it and open channels of communication. I strongly believe that this understanding and communication will never take place so long as the Humboldt Housing Action Project continues to alienate landlords.

Cara Lee Barnes
junior, english, theater arts

View from the stump



Fear of Students

by Ron Glick

Whenever more than 20 students attend a meeting of any university administrative committee they have an effect on that committee's decision-making process. It is as if committees are afraid to offend the students.

On Jan. 18, a meeting of the University Resources, Planning and Budget Committee was attended by some 30 students. At that meeting in response to a question from a student, one of the committee members said there will soon be a negative declaration (of environmental impact) submitted on the proposed destruction and removal of three houses from behind the library.

Never before had anybody ever mentioned anything about environmental impact reports when discussing those houses.

Two years ago, when it looked like the university was not going to make its full time enrollment (FTE), there were indications that the Cluster program would be cut. Many students went to an Academic Senate meeting to support Cluster, and we still have that program today.

It would be going too far to suggest that student participation stopped Cluster from being axed, or that it caused a negative declaration to be filed on the houses. But as Kenn Sandell, the AS Treasurer said, "The people on the URPB committee are much more alert and careful when students are present."

If only 1 percent of the student body were to attend administration committee meetings each week, student input into the form of the campus would be many times increased. So the next time you have a little free time, check to see what the administration is up to. You might discover a can of worms!

Tenant's Corner

by Kevin Gladstone

Humboldt Housing Action Project Coordinator

If you are a cat you have a better chance of finding an apartment in Arcata than if you are a child. Sound absurd? This is just one aspect of the debate currently surrounding discrimination against children in rental housing.

Two weeks ago, "60 Minutes" did a story on the controversy. This month, a bill was introduced by Senator Roberti which would have prohibited such discrimination. The bill went down in a 17 to 17 tie vote after a heated debate.

Are children people? Are families entitled to free housing selection? How do children rank with cats and dogs? These questions continually arise in the debate on this type of housing discrimination.

Arcata has a serious problem in this respect. While other cities have 40 percent or more of their apartment units available to children, Arcata has only 22 percent of its units available.

The existence of legal discrimination against families and single parents with children further reduces the already scarce housing supply for these city residents. This significantly affects the family characteristics of the community. While the patter of little feet is a sound many can live without, those left searching for shelter are hard pressed — and many times forced — to settle for unsafe, substandard housing.

Currently, the problems of families and single parents are compounded in the housing search. Arcata's acute housing shortage, reflected by a zero vacancy rate over the last six months and coupled with the discriminatory practices of apartment owners, creates a problem of serious proportions. The most hard pressed are single parents on a limited income.

What can be done to alleviate the problem posed to a substantial segment of the population? Legislation is one solution, but as Senator Roberti said of his recently defeated bill: "This was an example of people interest against monied interests and the money won."

However, there is a solution to the problem on a local level. Cities such as Berkeley and San Francisco have already passed local ordinances prohibiting this type of discrimination. Arcata could do similarly and pass a local ordinance to protect Arcata's families. Children are part of our community and should be protected.

Happenings

Founders Hall Flicks

The Marx Brothers' "A Night in Casablanca," Frank Capra's "Mr. Deeds Goes to Town," and "Our Town" with William Holden and Martha Scott will be shown on Feb. 10, 11, and 12 respectively. Show time is 7 p.m. in Founders Hall Auditorium.

Psyche and Symbol

The Bridge will present "The Mythic World of the Navaho" tonight in the University Center Lounge at 8 p.m. This is program no. 3 of the Psyche and Symbol series and admission is free.

Men's Lib?

"Signals," the critically acclaimed "men's lib" play will be presented by the Bear Republic Theatre Thursday night at 7:30. The play is free and a discussion will follow the performance. The play will be held in the Student Recital Hall.

Film-Maker

Philip Makanna, experimental, thematic and commical film-maker, will be speaking in the Multipurpose Room Thursday, Feb. 9 at 7:30 p.m. Admission is \$1.

Environmental Sculpture

Environmental sculpture by John Dooley and Kim Koga will be on display for five separate days in the Foyer Gallery. The display dates are Feb. 1, 13, 21, March 7, and March 17. Gallery hours are 8 p.m. to midnight Monday through Saturday.

Poetry

Toby Lurie, a celebrated poet, will be at HSU once again. Lurie, author of two books and a record album, will be on campus Friday, Feb. 10. He will perform in the Multipurpose Room at 7:30 p.m. Admission is free.

Media Exhibit

A solo exhibit of mixed media installation will be on view at the Nelson Hall Gallery from Feb. 6-15. John Harbaugh's exhibit can be viewed during regular gallery hours: Monday - Friday from 9 a.m. to 5 p.m.

Wanna Dance?

The Arcata Parks and Recreation Department will be offering beginning and advanced classes in social ballroom dances—Waltz, Fox Trot, Swing, Rumba, Samba, Cha Cha, and Tango—beginning Feb. 13. The class will be held every Monday evening for eight weeks with a fee of \$24. Call 822-5951 or 443-1174 for more information.

Chamber Music Quartet

The Julliard String Quartet, "the first family of chamber music," will perform in the Van Duzer Theatre on Feb. 13 at 8:30 p.m. Tickets are \$3 for students, \$4 general. For further information and ticket reservations call 826-3771.

Tax Help

Y.E.S. is now offering a free information and referral program to help individuals fill out their tax forms. Call 826-3340 for more information.

A Healthy Career

A workshop on careers in health and health related fields will be held Friday, Feb. 10 from 12-2 p.m. in Nelson Hall East 106.

Green and Gold Room Future

The University Resource Planning Budget Committee will discuss the future use of the Green and Gold Room today from 2-3:15 p.m. The discussion will be held in the president's conference room, Administration 201. The committee requests written statements regarding the use of the room be submitted to the chair of the URPBC in Administration 221 as soon as possible.

Hearing Workshops

Identification, management and rehabilitation of children with hearing disorders will be the focus of a two-day workshop sponsored by the HSU Speech and Hearing Department.

The workshop will begin Friday, Feb. 10 and will continue for the second half of the workshop on Saturday, Feb. 11.

For more information concerning conference and workshop times call 826-3476.

Car Tune-Up Clinic

The Industrial Arts Club will hold their annual car tune-up clinic Saturday, Feb. 11. Sign up in the UC Quad area from 10-2 p.m. daily.

"Miracle" Raffle

The Society of Professional Journalists (HSU chapter) is having a raffle for two tickets to the Ferndale Little Theatre production of "The Miracle Worker." The Raffle tickets are available at the SPJ Doughnut stand in the Language Arts building—one for 15 cents and two for 25 cents. The drawing will be held Friday, Feb. 17 and the winner will be notified. Performance dates are Feb. 17 and 18, Feb. 24 and 25, March 3 and 4, and March 10 and 11.

Groaning Joni does it again

by Jim Rochlin

Joni Mitchell

"Don Juan's Reckless Daughter" (Asylum BB-701)

"Don Juan's Reckless Daughter" exemplifies Joni Mitchell's progression as an artist.

Seldom on "Reckless Daughter" do we hear the octave-skipping vocals and acoustic instrumentation that characterized Mitchell's style on "For The Roses", "Blue" and earlier albums.

Nowadays, Mitchell's voice is deeper, smoother and jazzier than before, and her music has a more electric, jazz-tinged sound.

Weather Report backs Mitchell on several cuts of "Reckless Daughter," as they did on her last album, "Hejira."

Although Mitchell's lyrical observations and analyses are sharp, she often confines herself to the topic of romance.

Virtually all the songs on "Reckless Daughter" are concerned with romance, in one way or another.

The title cut demonstrates Mitchell's widest lyrical scope on the album. Here, Mitchell offers a smorgasbord of statements and images ranging from symbolic good and evil, life in the fast lane, sex and love, to a bluntly bleak political outlook:

Here in Good-Old-God-Save-America
The home of the brave and the free
We are all hopelessly oppressed
cowards
Of some duality
Of restless multiplicity

The music on the title cut noticeably resembles the music from "Coyote", on her last album.

With strong musical support from bassist Jaco Pastorius, "Talk To Me" displays one of Mitchell's most flavorful melodies and adds an energetic touch of gutsy humor to the album:

There was a man and a street lamp
I didn't know I drank such a lot
'Til I pissed a tequila-anaconda
The full length of the parking lot!

On "Silky Veils of Arden", Mitchell signals danger to young women:

Come all you fair and tender school girls

Take warning now—when you court young men

They are like the stars

On a summers morning

They sparkle up the night — then they're gone again

Daybreak-gone again

And on "Paprika Plains," a 16-minute cut that is heavily orchestrated at points, Mitchell reminisces through her childhood and paints a pessimistic picture of the Native Americans' position in society:

But when the church got through
They traded their beads for bottles
Smashed - on Railway Avenue
And they cut off their braids
And lost some link with nature

On the whole, the heavy, provocative lyrics and the progressive, non-commercial music make "Reckless Daughter" one of the Mitchell's most interesting albums.

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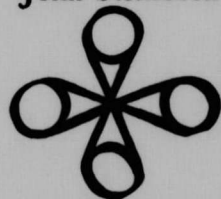
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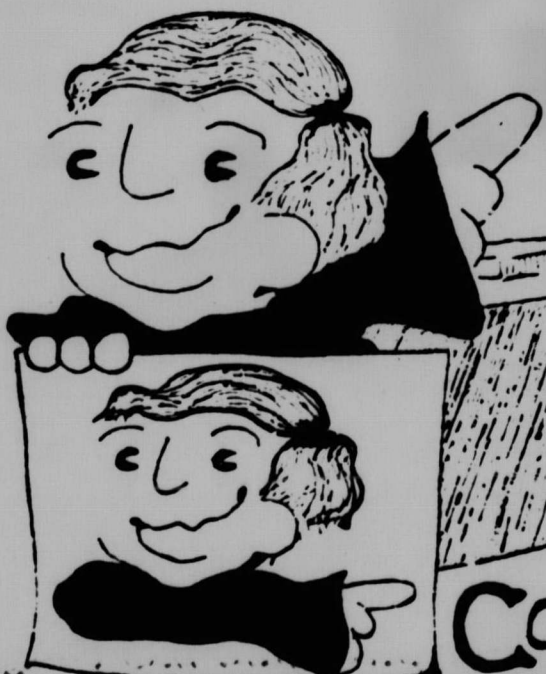
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QUESTION—What are the problems associated with a vegetarian diet and what

Veggie vittles

The road to vegetarian paradise may be a happy one, but it may contain a few chuck holes.

The best diets for protection against degenerative diseases, such as heart disease and cancer, are basically vegetarian diets. These diets offer high roughage, low calories and are generally high in vitamins and minerals.

There are two types of vegetarians: ovo-lacto-vegetarians and strict vegetarians.

The ovo-lacto-vegetarians allow eggs and dairy products in their menus. A slight deviation is evidenced by individuals who exclude eggs but allow dairy products.

The ovo-lacto-vegetarians have little trouble in meeting the same nutritional demands as the meat eaters. Both eggs and dairy products are suitable substitutes for meat. Eggs are an excellent source of all the essential amino acids and vitamin B-12, which can be lacking in the diet of the strict vegetarian.

Milk, cheese, cottage cheese and yogurt offer adequate nutrients that might be missing in a meatless diet. However, a diet high in eggs and dairy products would no longer be a low-calorie diet, and depending on the fruits, grains and vegetables eaten, may not be a high-roughage diet.

There would be little nutritional difference between a meat or ovo-lacto-vegetarian diet.

Strict vegetarian dangers

Strict vegetarians must eat with great care to obtain the right kind of protein.

Actually there is plenty of protein in vegetables and grains, but not necessarily the right kind of amino acids in the right amounts.

Rarely does a single vegetable or grain have all the essential amino acids in adequate proportions. However, a combination of two at the same meal is often satisfactory. For example, nuts combined with sunflower seeds is a good combination.

A major nutritional problem for many strict vegetarians is obtaining an adequate supply of vitamin B-12 and iron. Although iron appears to be plentiful in several leafy green vegetables, such as spinach, the oxalic-acid content in these vegetables negates the available iron and may actually drain additional iron stored in the liver.

A strict vegetarian must be sure to eat grains, nuts, and fruits high in iron. Wheat germ and wheat bran are excellent sources of iron, as are sunflower seeds and sesame seeds.

Vitamin B-12 deficiency

Vitamin B-12 only occurs in animal food sources and it was once thought that all strict vegetarians would show the characteristic anemia associated with a vitamin B-12 deficiency. However, this is no the case.

Some researchers believe that vitamin B-12 may be synthesized in the intestine by bacteria. Nevertheless, vitamin B-12 deficiency is common among strict vegetarians. For protection against B-12 deficiency, add a vitamin B-12 supplement or a B-complex (with B-12) to your diet.

Anyone who is a vegetarian or who is contemplating becoming one should read

"Diet for a Small Planet" by Frances Moore Lappe. Other good books that will help prepare menus with the right combinations of protein foods are: "Recipes for a Small Planet" by Ellen Buchman Ewald, "New Age Vegetarian Cookbook" by the Rosicrucian Fellowship, and "Ten Talents" by Hurd and Hurd.

I cannot recommend a strict vegetarian diet. If you want to go vegetarian, though, do it correctly and follow the advice in the paperback book "Diet for a Small Planet." The book is also helpful for ovo-lacto-vegetarians.

David R. Leuck

Prof., Zoology

Protein foods

Many peoples have given up eating meat.

Those who continue to eat dairy products should not have trouble obtaining an adequate amount of essential nutrients because they can replace meat with three to four servings each day of cheese, ice cream, eggs, dry beans, peas, nuts, peanut butter, and oilseeds.

However, there may be some nutritional problems for vegetarians who eliminate all animal products—from their diets, including dairy foods.

Let's take a look at the vegetarian's daily menu.

According to the four basic food groups, the two to four servings of regular milk can be replaced by soy milk.

As for protein sources, one can eliminate cheese, eggs, and ice cream and rely on the alternatives already mentioned.

If the vegetarian does not like soybean milk, he or she must consume four to six servings of other protein alternates daily to insure the proper nutrient intake. For example, excluding the four to five

servings of fresh fruits and vegetables, a strict vegetarian must consume the indicated minimum amounts of the following foods: four servings of dry beans, peas, nuts, peanuts, peanut

butter, and oil seeds in any combination; three to five servings of potatoes, breads, cereals, rolls, spaghetti and crackers.

Much of this is filling, starchy food, but is necessary to provide the required nutrients and calories; 2,000-2,100 calories for the female and 2,700-3,000 calories for the male.

Many strict vegetarians cannot eat that much food and often are underweight.

It is recognized a vegetarian diet can lower blood pressure because of the low quantity of salt in most plant foods. Obtaining essential nutrients such as vitamin B-12 and iron may pose a problem for some strict vegetarians because vitamin B-12 is not found in plant foods. The lack of it may become evident after a period of time.

Female vegetarians may suffer mild to severe iron deficiencies as a result of not eating enough plant foods. There are clinical reports of female vegetarians who eat absolutely no animal products and suffer from blood problems because of iron and vitamin B-12 deficiencies.

Vitamin B-12 is important in normal human blood chemistry. Contrary to popular belief, some strict vegetarian Hindus do suffer iron and vitamin B-12 deficiencies. Of course, in western society, the problem can easily be solved with vitamin and iron supplements.

It should be emphasized, then, that one must plan his or her diet carefully if all meat and dairy products are eliminated.

Yiu H. Hui

Assoc. Prof., Home Economics



Flu defenses

The Russian Flu, the Hong Kong Flu and the Texan Flu—all three known locally as the "Humboldt Crud"—are the types of flu that are making the rounds in Humboldt County.

Regardless of their geographical origins, "flu" is the term applied to a set of symptoms which is the result of viral infections.

These symptoms include fever up to 102 degrees, backache, headache, general muscle ache, and sometimes a sore throat, abdominal distress or coughing. They appear in varying degrees and combinations.

Symptoms can last three to four days or until the body is able to work up an immunity to the virus, but there is no cure for the flu.

There are some things, however, that can be done to relieve the symptoms and speed recovery.

The most helpful thing is to stay home in bed for two to three days. During this time one should take aspirin—every three to four hours to be effective—and increase the intake of fluids like water, soda pop, popsicles, jello, soups and juices.

If fever, sore throat or coughing persist for more than four days, one should seek medical assistance. Even if the symptoms do not persist, the person should reduce activities for about two weeks to prevent a relapse.

Recovery will be gradual and one can expect to feel good again in about four weeks.

Lan Sing Wu, M.D.
Student Health Center

EDITOR'S NOTE: This nutrition forum is open to any helpful suggestions, ideas or questions. Send or bring questions or comments to The Lumberjack, Nelson Hall 6.

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Grippers grope for great

by Ray Richmond

As I sat in my waste-relieving stupor upon a porcelain receptacle in the Language Arts Building, I gazed blankly at the right-hand wall of my cubicle only to find it wasn't blank.

There, among a myriad of scripture, my mind broke stride and focused on the following statement:

"Give me 12 inches and make it hurt," she said. So I nailed her four times and hit her on the head with a rock."

While I took pity on the poor fellow who was so grossly underdeveloped (three inches!), I also found the tale kind of amusing. This guy had discovered a way to get his rocks off by hitting her with one.

It was also a little jolting to read that type of stuff, mainly because I had never associated HSU with perversion (perhaps out of naivete).

Hey, I said to the toilet paper

dispenser, Humboldt is that school were all anybody is supposed to be thinking about is getting stoned, plastered and watching M-A-S-H on TV, right? Did this one degenerate represent a campus trend?

I hoped so.

My instincts told me to read more, and I wasn't going to journey out to the bookstore and buy "Hot Bodies of Passion Island" to do it. It was my responsibility. The people had a right to know!

Being a reporter of not so sound mind and squatting body, I decided the campus water closets were to be my beat for a story. What I found after making my rounds to nearly every bathroom of the male gender on campus was more than mere sexual double-talk.

Quite the contrary, there's a Shakespeare in every department and building.

They've just kept their writing talents in the closet.

Without further undo, here is my compilation of the HSU cross-section of poets, pushers, and perverts who pen their peeves on painted plaster for pun and profit.

Love of life

First, there are the optimists . . .

"Old truckers never die . . . they just get a new Peterbilt."

"Long live life!" Who can argue with that?

"Be alert. The world needs more lerts."

"If it feels good, feel it!"

"Insanity is only a state of mind."

The downtrodden

Then, there are the pessimists . . .

"No matter how much you wiggle and dance, the last drop is always gonna land in your pants."

"Life is always fatal." Another informative remark.

"Time was created so everything wouldn't happen at once. School was created to negate the preceeding."

"When shit becomes of value, the poor will be born without assholes, but rich assholes will still be quite trendy."

"The first half of our life is ruined by our parents—the second half is ruined by our children."

"You betray yourself by the lovers you choose."

Wow, man

And how about the druggists . . .

"The only hope is in dope."

"Acid consumes 47 times its weight in excess reality." Who needs to take Roloids anymore?

"LSD: Not for the feeble-minded, but for the unminded."

"Reality is for people who can't handle drugs."

Of course, there are the sickies . . .

"There's something hanging from my nose . . . it looks like mucus but it's snot." Yeech!

"Hit and run means never having to say you're sorry."



"I'd rather have a bottle in front of me than have a frontal lobotomy." I'll drink to that.

And we can't forget our old friend Profoundities . . .

"Pat Profoundities sez: Theater is like sex. The harder you try, the worse you perform."

Yeah Longfellow!

Lest we leave out the poets . . .

"If it's yellow let it mellow. If it's brown flush it down. If it's clear it's been thin it's gin, black better step back, pink stop and think, green it's mean."

"Mangle and tangle while you angle your dangle."

"Rape a grape? Plug a slug? I'd rather chug-a-lug." I'd tend to agree.

Hear ye, hear ye

Time for the classifieds . . .

"Please don't throw toothpicks in the urinals; the crabs have learned how to pole vault." A personal favorite.

"The San Andreas is nobody's fault."

"Anyone can piss on the floor—be a hero and shit on the ceiling." Or a hundred bucks to the first guy to do it.

"In Humboldt County, men are men and so are women."

"I'm OK—You're Puerto Rican."

"Fly Huge Air Waste. Our motto—'You check it, we chuck it.'"

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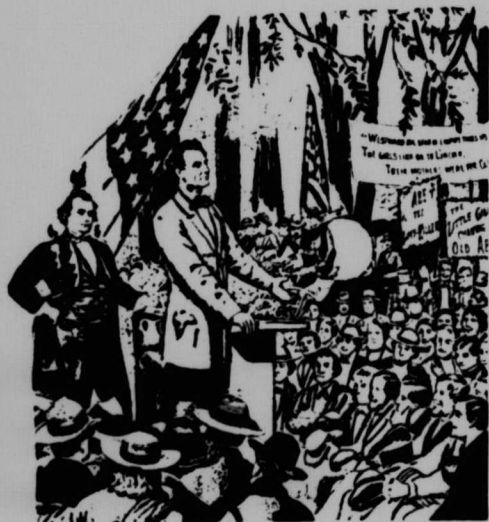
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Graffiti

The comparers . . .
 "Our judgements are like our watches—no two run alike, yet everyone is convinced that his is correct."

"Sitting on a warm toilet seat is like finding out your woman isn't a virgin; it still feels good, but you wonder who was there before you."

"Life is a shit sandwich—the more bread you have, the less shit you have to eat." No truer words were ever spoken, er, written, on a stall wall.

You know those big paper thingies you put on the toilet seat to prevent any infectious organisms from permeating your posterior epidermis? They were described as "Loggers' neckties, Japanese pizza, HSU's B.A.s, Polish bibs, Ronald Reagan T-shirts and ass gaskets."

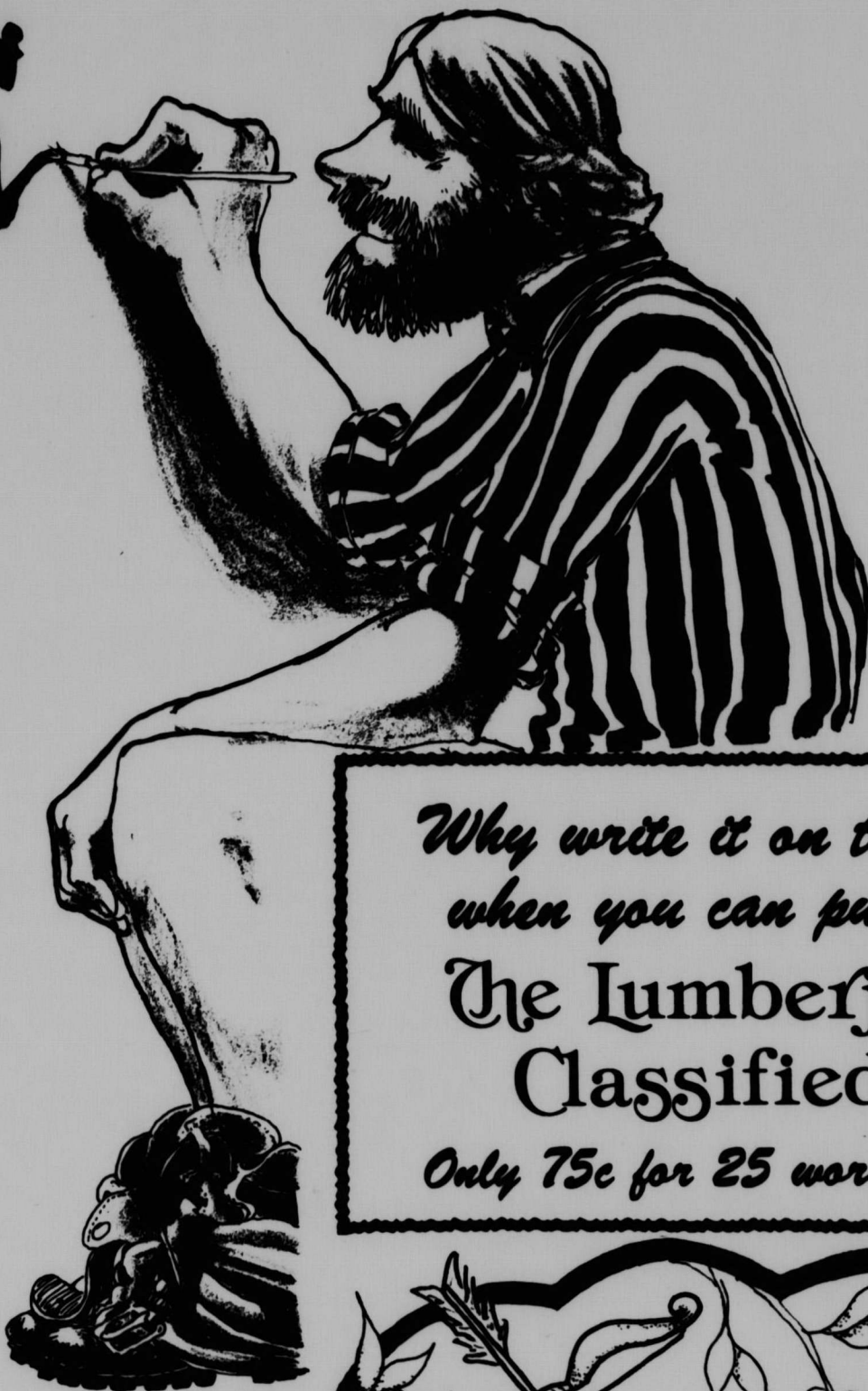
On the tissue dispensers were written, "Save trees—use fingers," "HSU degrees," and "Program guides for KHSU."

Probably the most effective graffiti was viewed in a stall that had been cleaned up.

"The nature of graffiti is to be contemporary, existing only until it is removed; by cleaning these walls, the janitor has not destroyed, but rather completed, the art form that is this toilet stall."

"Where has all the graffiti gone . . . long time passing." Where has this article gone . . . long time ending.

Guarantee—This article is not meant to offend anyone. If it offended you, return it to The Lumberjack office and you will receive a new copy free of charge.



*Why write it on the wall
 when you can put it in
 The Lumberjack
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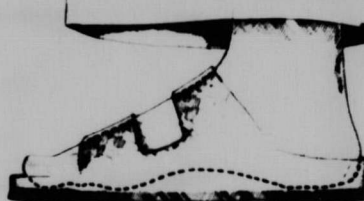
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Clear sky clears rivers for fishermen

by Greg Frome

Sunny weather in Humboldt County cleared a few rivers for some decent steelhead fishing two weeks ago, and the calm seas made crab fishing less hazardous, local fishermen said.

"Steelhead fishing looked real good for awhile on the Eel River," Greg Rice, a fisherman and Bucksport Sporting Goods salesman said.

Fish were also caught on the Van Duzen River.

"Humboldt County fishing is the type of situation where you have to keep on top of the river conditions," Rice said. "There are definitely steelhead and salmon in the rivers now. You can't catch them though, because the visibility is about nil."

Constant rainfall muddies the rivers. Also, lots of water in a river means the fish are more dispersed.

"It would be impossible for anyone to cover all the water that is in the rivers," Rice said. "Right now, all of the rivers are washed-out."

It should be emphasized, though, that it might be possible to fish in the rivers in a week if the rain stopped, he said.

Muddy river

Some rivers clear faster than others.

Muddy river

Some rivers clear faster than others. For instance, even with a week of clear weather, fishing was not possible in the Mad River due to muddy water. There is more silt in the Mad for a number of reasons, Rice said. One reason is the upstream logging activity in the past.

The Van Duzen is the "first local river to clear" quickly enough to fish, he said. Logging has been minimal in that area.

"The Mad River is one of the last to clear," Rice said. "The Eel River must be lure clear before the Mad will be any good. Now, the only place anyone could possibly fish is in the upper reaches of the Smith River."

Darryl Gowan, another fisherman and friend of Rice, also thinks the fishing

could get better.

"If we get a clear for two or three days, the fishing will be real good. But it will take awhile to find the fish," he said.

While the rivers are low on visibility and high on water, no one knows where to find the steelhead schools. One way to "track down" the fish is to ask other fishermen where they are, Gowan said.

Bait vs. visibility

Once the fish are found, the next step is to decide what to use for bait. Here, river visibility is an important factor. For two to three-inch water visibility use bait, Rice said. A three to eight-inch visibility is necessary to use lures, and about 15-inch visibility is required for fly fishing.

"It's hard to say this is the accepted

rule of thumb," Rice said. "It depends on the river and what it is you're fishing."

Steelhead fishermen are not alone in their dependency on weather conditions. Trinidad crab fishermen must confront the weather situation more directly. Three crab boats have sunk this year in the harbor due to large swells and generally rough weather, Mike Clasby, crab fisherman and ex-HSU biology major said.

Clasby decided to become a crab fisherman when he found how difficult it was to land a job in Humboldt County. He bought a 30-foot boat (Ernie G) and fishing gear and became self-employed.

Crab fishing this year is about average, he said. Last year, a record 24 million pounds of crab were caught in California.

The previous record was 17 million. Clasby expects about nine million pounds to be caught this year.

The weather is also average for this time of year. Crab boats, with an average 30-foot length, go out to sea about 4.5 days a week, Clasby said. However, it is unlikely any buy professional seamen challenge the ocean on many days - another reason for having a smaller catch than last year.

Crab fishing is cyclical by nature. Crabs rotate their habits about every nine years. Still, crab fishermen make sure there will be some to catch every year.

"Crabs are an easy population to manage," Clasby said. "We only keep males, 6 1/4 inches or bigger."

Aspects of remote sensing explored

by Phillip Zerbe

This quarter, HSU enters the space age with a new course entitled "Remote Sensing of the Environment."

"The class will provide an overview of recent developments in remote sensing," said the instructor of the course, Professor Larry Fox. "The first four weeks of the course will deal with why and how remote sensing operates and the next five weeks with its various applications."

Fox is the technical coordinator of the California Remote Sensing Project.

The applications of remote sensing will be discussed in the first five weeks of the program by a slate of guest lecturers. Topics include: photo interpretation with Fox, natural resources mapping with NASA specialist Robin Welch, application in land use with presentations by Wayne Rhode and Nancy Frainski-Young and geologic interpretation with Chevron representative Floyd Sabin.

Remote sensing is a relatively new field that began in the early 1960's when

Project Mercury space flights produced vivid "bird's eye view" photographs of the earth's surface. At first, few realized the scientific potential of these pictures, and they were viewed mainly as a novelty.

Mirror to the earth

As the space program progressed, remote sensing became a new medium of exploration. Satellites, as well as high altituded flying airplanes now serve as the scientists' mirror to the earth.

Remote sensing has revolutionized such fields as geology, agriculture, forestry, climatology, hydrology, wildlife management and even urban analysis. However, the limits of remote sensing have yet to be determined.

In addition to the technical aspects of remote sensing, the course will also evaluate its social impact. Some critics fear remote sensing could become the "Big Brother in the sky," since satellites have the capability of doing such things as locating marijuana fields and intercepting phone calls.

In the South, thermal sensors have been used to locate stills, and low light television cameras have been installed in high crime areas in some major cities, enabling police to observe the street activities.

Most of the lab work in the class will consist of photograph interpretation. Though computers are usually used for this, Fox said that "the student will be the computer," since the HSU systems do not have the capability of processing satellite data. There is, however, a remote computer terminal on campus that is hooked up to the NASA computer at Ames Research Center and students will be able to see how the data is processed.

In the past, remote sensing courses have been offered in the Forestry and Geology departments, "but those classes were narrower in scope," Fox said. "This course will not try to duplicate those, but will provide some more background in some of the newer techniques."

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Fisheries see signs of growth

by John Murk

Signs of growth within the U.S. fisheries industry indicate a strong potential for increasing development of local fisheries resources, a spokesperson for Lazio's Sea Foods said recently.

According to the Eureka Chamber of Commerce, the local fisheries industry generates \$30 - \$40 million annually in Humboldt County. This figure ranks the fisheries industry third in economic importance in the county behind timber and tourism, a Chamber of Commerce spokesperson added.

"Now is an exciting time to be involved in fisheries," said James P. Welsh, a professor in fisheries at HSU. "There are many opportunities for creative input in developing new, as well as existing, fisheries resources."

Much of the current stimulus for research and development of fisheries was created when Congress last year extended the offshore territorial limit to 200 miles," Welsh said.

Foreign nations restricted

The law restricts fishing by foreign nations within the 200-mile limit for species that are caught by U.S. fishermen. However, under the law any nation may apply for an annual license to fish for species not sought by the U.S. industry. Presently, Russia is the only country legally fishing in American waters.

"The 200-mile limit theoretically eliminated direct competition between foreign and U.S. fisheries," Welsh said. "It has created an opportunity for the U.S. industry to build itself up without competing against skilled and well-equipped foreign fishing fleets."

Welsh said the law has not been stringently enforced. He said a congressional hearing revealed that 80 percent of the foreign vessel violations have been dismissed in court without penalty. According to testimony, these dismissals were politically motivated, Welsh added.

In spite of law enforcement, Welsh said more efficient methods of fishing and more aggressive development of U.S. markets for the kinds of fish caught could probably increase the size of the fisheries industry. He said these factors, plus the development of new markets for unused species and better processing, could at least double the economic output of the local industry in five to ten years.

Develop hake industry

Some HSU fisheries students have worked with Lazio's Sea Foods on experimental trials to develop a hake fishing and processing industry.

"However, the problem is that a full-scale development of the hake industry locally will take more money, fishing vessels and fishing experience than are presently available," Welsh said. "It is a challenge that must be met because rising demands for food from an increasing world population will necessitate turning to the oceans to meet, even temporarily, these needs."

Another development which Welsh would like to see is the creation of a seafood technology laboratory in this area. Such a laboratory does not presently exist in California.

The lab would develop new fisheries products, establish home and commercial markets for these products, gather biological data on marine species and seek new techniques for harvesting fisheries resources.

Federal funds for projects

Richard Ridenhour, dean of academic planning at HSU, is chairperson of the Redwood Region Economic Development Commission, a task force of 13 public agencies examining the effects of park expansion upon the local economy. He said federal funds for development of fisheries projects may be available from the Economic Development Administration. However, Ridenhour cautioned that no money will be available for at least a year because of filing procedures.

Money available for creative study

by Rob Mandell

Applications are being accepted for the John Van Duzer Creative Arts Scholarships.

An annual total of \$5,000 is available for art, music and theater arts majors from a trust fund set up by Van Duzer's will.

Van Duzer was one of the first theater arts and speech teachers at HSU. He set up the scholarships for creative arts students of all class levels who exhibit "creative potential," Ron Young, dean of Creative Arts and Humanities said.

Applicants are judged by a creative arts committee on the basis of professional recommendations, number of exhibits or performances and other related activities.

Sliding scale

Once 12-15 applicants have been selected, their names are given to the financial aid office which sets up a sliding scale of award based on financial need. Each student is guaranteed at least \$50 per quarter, but some may get as high as \$800 per quarter.

"We don't get involved internally in the question of whether the students need money," Young said. "We just judge them on creative potential."

Other majors within the School of Creative Arts and Humanities are not eligible for the scholarships because of the school's interpretation of Van Duzer's will, which specified only creative arts.

The school interpreted this as meaning art, music and theater arts, Young said.

"One could certainly argue that those are not the only creative endeavors, but we were trying to judge his intention as best we could," Young said.

Applications are available in the art, music and theater arts departmental offices, and at the School of Creative Arts and Humanities office. Deadline to apply is March 1.

Help coming for the lost

by Jim Rochlin

You are new at HSU and you have got that classic, confused look on your face. There soon might be a remedy.

A new course designed to better acquaint new students with HSU has recently been proposed.

The proposed "new student orientation class" may be offered "as a pilot effort with minimum class size" as early as spring quarter 1978, Dean of Student Resources Ed Simmons said.

The proposed orientation class may be offered as a three-unit elective and would supplement the existing Humboldt Orientation Program.

"We don't know what our end product will be, it's very early in development," Simmons said.

The proposed orientation class is tentatively composed of a required lecture and an optional lab.

The proposed topics to be discussed in the orientation class lecture and lab are varied.

Proposed lecture topics include learning skills, career development, academic information, available resources and social survival.

Proposed lab topics include celebration of the self, the Youth Employment Service, Residence Hall information, and disabled student information.

If the orientation class is offered on an experimental basis in spring quarter, and if it is a success, the class will be available to "larger numbers of students" in fall quarter 1978, Simmons said.

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HSU's Jim Jollett is wide open for a jumper as teammate Jeff Sutton out-positions Hayward State's Greg Humphrey for a possible rebound during the 'Jacks' 68-65 win on Friday. The Pioneers' Thaddeus Jamison watches hopelessly.

IAC asks for \$73,027 for next year's athletic program

by Ziba Rashidian

A budget of \$73,027 was submitted to the Board of Finance Friday by the Intercollegiate Athletic Committee.

In the past, intercollegiate athletics have been funded under a three-year contract with the Associated Students. The contract gave athletics 30 percent of the A.S. budget, about \$43,500. As a result of an amendment to the A.S. constitution last spring, the Student Legislative Council can only commit A.S. funds for one year—in this case 1978-79.

The budget proposal submitted Friday is based on the 30 percent figure although

other funds generated by the new Instructionally Related Activities fee may be allocated to athletics.

The budget is also based on estimated revenues generated by the sports themselves. Football, basketball and wrestling almost pay for themselves.

The proposal asks for \$45,151 for the eight men's athletic programs—an increase of \$1,209 from last year. The seven women's programs are budgeted for \$15,471—a \$1,400 increase.

The budget proposal will now undergo a series of reviews and hearings by the Board of Finance and the SLC.

Cressy Calls It

by John Cressy

For many, "Happy Hour" at the Red Pepper marks the beginning of a frolicking weekend and the end of class work for two days. I used to be included in that crowd. "Happy Hour" now marks the beginning of my work.

As sports editor, it is my job to stay on top of all the campus sports activities, and report it to you whether you want to know or not. To put it mildly, it was a busy weekend up here. So without further ado, here goes.

This weekend the sports action didn't wait until Friday. Thursday night the wrestling team stomped the four-member Stanislaus State squad, 45-3. Why Stanislaus even bothered to come up, I'll never know. They forfeited six matches.

The 'Jacks next grappled with the Alumni and won, 29-10. An amusing sight was of the less-than-perfectly-conditioned Alumni wrestlers LINDSEY YIP and LUIS HERRERA decked out and gasping for air together behind the Alumni bench after their respective matches. It probably resembled the scene following the Shootout at the OK Corral — and Herrera won his match. HSU travels to Chico to face the Wildcats tomorrow night in their last dual meet of the year.

Broadcast blues

I hope you all missed Friday night's Sportsline on KHSU as I self-destructed behind the microphone while reading the preview on the men's basketball team. With a couple of deep breaths I was able to survive the rest of the broadcast. But stay tuned, it'll never happen again — I hope.

Cagers sweep

Speaking of the cagers, they swept their games against Hayward State and San Francisco State by 68-65 and 81-69 scores. STEVE ALEXANDER was the star against Hayward as he scored 19 points which included four crucial freethrows in the last minute.

The 'Jacks pressed San Francisco State to death, forcing the Gators into 18 turnovers. GREG ASHBAUGH, ALEXANDER, TRAVIS BAILEY and JEFF SUTTON led the way with 17, 16, 15 and 14 points.

It was good to hear the hometown fans make so much noise, but those green and gold wooden blocks used in place of clapping hands have got to go. In the hands of an enthusiastic 10-year-old, the noise is as offending to the ears as Punk Rock music.

The star for the Gators was coach LYLE DAMON whose animated antics were loved by the fans. Wait until they get a load of BOB HAMILTON when he brings his UC Davis Aggies up on Feb. 25. He makes Damon look like Tommy Newsome.

But first things first. The 'Jacks, tied for second place in the FWC with Davis and Hayward with 4-2 records, play two more important games against conference-leading Sacramento State on Friday and Stanislaus State on Saturday. Both games are at 8 p.m. in the East Gym.

Spikers spree

Meanwhile, next door in the West Gym, the HSU volleyball club was taking care of Rogue River. Friday night it defeated the Oregonians 9-15, 15-8, 16-14, 21-19. Saturday it wasn't so close, as the club played what coach DANNY COLLEN called its best defensive match. The score: 15-7, 15-8, 8-15, 15-11.

This weekend the spikers play their first Northern California Volleyball League matches against Stanislaus State and UC Davis.

Trinidad run

Three cheers to all 565 finishers of Saturday's Trinidad Beach Run. Since I get winded walking up to Founders Hall, I decided to just take pictures. The runners of all ages, sizes and shapes, are a very healthy, but also very uncooperative bunch.

I positioned myself on the south bank of Little River, just waiting to take a Pulitzer Prize-winner of a poor soul taking an unintentional belly flop into the cold waters. It never happened.

I rushed, by car, to the finish line expecting to have my choice of exhausting and agonizing facial expressions from which to shoot. Again, no luck. It seemed that all the finishers of the 8.5-mile run had just taken their dog around the block for a stroll.

By the way, former HSU cross country and track standouts CHRIS COLE and GORDON INNES placed first and second, while present standout SCOTT PETERS finished third. Cole's time of 41:24 was 56 seconds off the record. CARRIE CRAVEN, the first woman finisher, placed 61st overall.

Plaudits are in order for HSU Oceanography Professor and Run Director GEORGE CRANDELL. It was a great success.

At Carson Field in Eureka, the improved rugby club was defeated by the Redding club 18-12. It was the same team that scrummed the HSU ruggers into the earth during a scrimmage in November. They travel to Santa Rosa to play that city's club on Saturday.

Not a lot of women's sports over the weekend as both the swimming and gymnastics teams were idle. Good luck to the "Swimmin' Women" this weekend as they try to pull an upset

(Continued on page 15)

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Female cager thrives in a sea of maleness

by Ray Richmond

It was just like any other morning. My alarm clock buzzed me out of my nocturnal oblivion this Thursday morn, but my body decided it didn't want to wake up.

Seven a.m.? Not even God is up at 7 a.m.! Why don't alarm clocks ever malfunction? What city was I in? Which year was this? Why was I waking up at this pre-rooster hour?

After ascertaining that alarm clocks always ring because they're masochists, that I was in Arcata, and that this was 1978, it finally dawned on me I was rising not to catch the worm but rather for my first crack at participatory journalism.

The assignment: Play basketball in Dick Niclai's 8 a.m. men's basketball class. The angle: Play on the same team as a woman.

I thought it kind of weird that a woman would even want to be in, much less compete in, a basketball class of men. Until I saw Chris Myers.

Imposing figure

At 6'1" and 160 pounds, Myers is an imposing figure on the hardwood. Not only does she hold her own on the basketball floor, she muscles a few male bodies around herself.

Myers is also a starting member of Humboldt State's women's basketball team. Playing center for the 'Jacks, she's tasted play at the disciplined level in addition to the scrappy, run-and-gun style of the class.

"I measure up in class pretty well," Myers said, not realizing the pun. "There isn't a lot of fouling really, and I don't have any problems with the physical end of playing with men."

Born in Wyandanch, N.Y., off Long Island, Chris moved with her family to Santa Maria at four, and to Whittier at six. She attended La Serna High in Whittier, playing junior varsity basketball her first two years, and varsity her final two.

As a senior, Myers was voted the team's MVP while accumulating a 16 points per game average. She was also voted to the All-Rio Hondo League team.

"I was always tall for my age, or just plain tall," Myers said. "Even though it helped me so much in my basketball, I

was always self-conscious about it. Finally I got over it as a senior, since I didn't have to stand at the back of the lines anymore."

Myers packed her bags and trucked up to HSU, after being graduated from La Serna in 1975, to be a forestry major. She later changed her mind and is majoring in English.

As a freshman, Myers immediately made her presence felt on the basketball floor as she started at center under Lynn Warner, present women's athletic director. Although the team's record was poor, she said it was a "good experience."

Pulled muscles

Pulled muscles in her legs prevented Myers from seeing much action last season, but this season, as a junior, she's putting her talents on display.

"We have lots of potential. It's just a matter of us not coming together yet," Myers said. "Our team is small and we have only eight players, but we'll improve."

Prior to last weekend, HSU's record was 2-4 in Golden State Conference play, and 3-7 overall. Myers has remained, however, one of the squad's top scorers (10 points a game) and leading rebounders (an average of 12).

Hey, wait a minute! This is supposed to be the story of my initial experience as a participating journalist. I've got to wake up, get in the gym and start shooting some baskets already or everyone's going to think I'm a liar.

Anyway, I brought myself back into the world of living enough so I was able to throw on my HSU shorts and sweatshirt. It was then that I walked through the early-morning dew and descended upon the pine jungle of the West Gym.

Frustrated jock

I had been in the basketball class the previous quarter, so I knew how the class operated. Yet I felt strange. I was a ringer. Plus I was out of practice, but that's just an excuse all frustrated jock sportswriters use to explain their lack of coordination.

Through some manipulating and a little help from my friend, I got on the same team as Myers. This would give me



Janis Linn

CHRIS SCREENS—HSU women's basketball center Chris Myers performs a classic screen on a member of the men's basketball class. The class allows her to play against competition closer to her 6'1" height.

a first-hand account of how she really performed against the rippling muscles and inflated egos of the male animal.

The format in the class calls for five games to be played of five minutes each, with the last team to pass out being the winner. Seven teams play, which means one team has to sit out. Usually it's the team that loses the most.

We were to do a lot of sitting.

I got a rude awakening as the first game started. Passing off after dribbling downcourt, I was met by a smashing

forearm to the chops. After seeing several stars and stripes, I settled down to play (and watch) some basketball.

Myers went one for three shooting and totally dominated the boards. She was also one for one in outlet passes. Not a bad performance. And she even threw a few elbows. I put in one shot too, but we were killed on the scoreboard.

"The worst thing about playing here is that I'll have to wear these same socks to practice this afternoon," Chris said. I sympathized.

(Continued on page 15)

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(Continued from page 14)

So we had to sit out for a while, and upon returning it was more defeat. Myers was 0 for 2 shooting and one for one in outlet passes again. I couldn't even hit the backboard and we went down, 7-2.

We were the losers of the day. It was time to hit the showers (not the same one, however).

I saw that Myers was right, though. She definitely did hold her own, and she was treated not like a lady but as one of the guys.

Chivalrous men

"At first the guys tried to be polite, wanting to help me up after getting knocked down and asking if I was alright," Myers said. "Now they just say, 'Get up stupid.' It's nice to be able to be physical. I have a problem with fouls anyway and play is a lot more free in class.

"The guys were surprised sometimes that I can foul 'em. I rip their arms out of their sockets, blind them, do everything. They're discovering I can be just as klutzy as they are."

Being in the men's class in nothing new to Myers. "It's her third quarter in a row in a men's class, and things have gotten progressively easier. But at first...

"In the spring of 1977, I came to class and Niclai asked me what I was doing there. After I told him I wanted to play basketball, he wanted to know if there wasn't some women's class I could take," Myers said. "Then after I asked him if that meant he wasn't going to let me in, he said, 'No, it's OK. No problem.' Everything's been fine since then."

Keeps language down

"At first, it took some getting used to for both the guys and myself to have her around," Niclai said. "Now, though, she's treated just like anyone else. Personally, I like having her in here. She keeps the language down."



HSU basketball coach Jim Cosentino (center, facing) huddles with his team for some last-minute strategy during Friday's game against Hayward State. It worked as the 'Jacks won the thriller, 68-65.

Cressy Calls It—continued

in the GSC Finals in Reno. They'll have to beat good UC Davis and Chico State teams to do it. The gymnasts are home for the first time in a while as they take on Chico State tomorrow night at 7:30 in the West Gym.

Women cagers split

The women's basketball team was on the road and clobbered GSC rival Stanislaus State 85-40 on Friday. J.J. SUTTIE was unstoppable as she scored 27 points and pulled down 10 rebounds.

Saturday ALICE SOUNDERS scored 17 points, but the University of Nevada-Reno "fast broke us" according to coach DIANN LAING, and defeated the 'Jacks, 94-72.

The team, 3-4 in the GSC, returns home Friday and Saturday night to play Southern Oregon and UC Davis at 6 in the East Gym.

One would think that the aggressive style of play in the class would adversely affect her play for the team. It seems to both help and hurt, since it helps in her intensity but adds to her fouling (she's fouled out three times this season).

"I like it though," Myers said. "I may get some strage looks sometimes, but the class helps with my conditioning and

agressiveness and also with my body control. It helped me a lot when coming back from my injury last year, and now I stay in because it's fun and competitive."

Fun and competitive, huh? Not at 8 a.m. when I'm still rubbing the awake into my eyes. And with a glass jaw to boot!

I'll stick to being a frustrated jock.



John Cressy

PANTING AND PAINTING—A Moonstone Beach seascape artist seemed oblivious to the nearly 600 runners who passed him during Saturday's Trinidad Beach Run.

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Redwood figures return to their roots in the woods

by Pat Poulin

The four giant redwood figures that once stood in front of the plant operations building did not wander away during the quarter break, but have been placed in a wooded setting.

The sculptures, eight to 10 feet high, have been anchored in the small park between the biology building and Laurel Drive.

The redwood figures were moved to this spot for several reasons, according to Don Young, chairman of the Committee on Acceptance of Works of Art.

"The committee took a tour of the campus to see where the artwork might be most suitable," Young said. "We thought the sculptures would look best in a context of redwood trees."

"It was a matter of space, and the redwood trees offered a big enough space for showing off the sculptures' relative size."

The committee recommended and both the university presidents and the artist, Jack Navarro, approved the location of the sculptures.

"The location is great," Navarro said.

"It gives the statues the moisture they need."

The new location also exposes the statues, the adjacent lawn and bench to the afternoon sun — on those rare occasions it appears.

Best place

"Navarro wanted a place where students could sit around the pieces," Young said. "The day we went looking for a site, a lot of students were sitting there and it was thought to be the best place."

"I want people to walk around them, to stand on them, to sit in and to touch them," Navarro said. "They are part of the university and the university is here for the students."

There is no pathway around the sculptures, but a stone walkway runs in front of them. Small plants cover the area behind.

Navarro said the landscaping around the pieces is not finished. The concrete bases will be painted and walkways installed, encouraging persons to explore the statues.

Navarro calls the project "Humboldt Today For Tomorrow." It represents the "hope for the young people of today," he said.

Though the figures "speak" for themselves, their full meaning is not easily grasped if the enthusiastic Navarro is not there to point out the particulars of each.

Inspiration

In the creation of "the student of today," "the woman of today," "the educator of today" and "the musician of today," Navarro said he had a particular individual on campus in mind.

"It took about a year to come up with the idea for the sculptures," he said. "It began with a student. After talking to



Daniel Mandell

her, and as she walked away, it dawned on me—the student of today; backpack, flower in the hair and books with the happy-face emblem."

Loose-fitting clothes were added to the symbols of today's student. "They are more natural," Navarro said.

The student is the center, front figure of the group, and directly behind is "the woman of today." A political science professor was the inspiration behind this piece. She symbolizes strength and the educated woman, Navarro said.

To the right stands "the educator of today." This figure was inspired by a forestry professor and represents knowledge.

The piece to the left is "the musician, or conductor, of today." Navarro said he was so moved by a campus concert that the conductor became a part of the sculpture group. The conductor instills harmony between the figures.

Navarro is arranging a display for the first floor of the library. Scaled-down models will be used and he hopes to enhance the meaning of each piece.

"What's important is to give a different point of view, to give people a different way of thinking or finding peace of mind," Navarro said.

Peace of mind is what Navarro has provided through his unique artwork.



Daniel Mandell

Yurok 'spiritual ecology'

(Continued from front page)

Fernandez, an Aztec Indian, emphasized that the support group, like the Yuroks themselves, respects the natural law and seeks spiritual development.

Rube is the support group's teacher of the natural law. "But the Yuroks learn everything from the land," Fernandez said.

"Calvin deals with the Creator's laws and not people's laws," Joynt explained. "He receives his status and powers to heal from heredity."

He explained that the Yuroks were given their land in the Siskiyou by the Creator, who communicates to them and instructs them on the use of the land. "We recognize Calvin's authority on the Yurok land," Joynt said.

No G-O road

Rube told the group the Creator has communicated that the Siskiyou high country will be desecrated by the completion of the Gasquet-Orlerias (G-O) Road.

Although the Yurok Support Group is currently concentrating its efforts on blocking construction of the controversial G-O Road, they differ greatly from environmentalists groups because their goal is spiritual in addition to environmental.

Environmentalists may be able to plan the road to avoid endangered wildlife's habitats, Joynt said, but to the Yuroks any completion of the road would desecrate the land and disturb communication between the spirits and the Yurok

people.

He explained the Indian communities that were here 100 years ago combined technological and scientific ideas with spiritual thought.

"The group is together to do a basically spiritual thing and not political," Joynt said. "The idea is to maintain a balance in nature."

The Yuroks believe human sickness and weather disasters can be attributed to the imbalance in nature man has created through increased building and desecration of the land.

Reasons behind disasters

"In the world of the Indian there is no such thing as coincidences or accidents or luck — everything happens for a reason," Fernandez explained.

"Natural disasters is a misnomer from our viewpoint," Joynt said. "Droughts, hurricanes, and an increase in human sickness and disease is a result of desecration of the high country, as well as other land."

He explained one of the functions of the campus support group is to act as a liaison between the traditional Yuroks headed by Rube (The Yurok Customs and Rights Group) and political powers of the government.

Student Resources Coordinator Stanford M. Mottaz said the group must now submit a constitution to the Judiciary before being recognized by the Associated Students as a chartered organization. The Judiciary is responsible for reviewing the constitutionality of the club.

J-school will purchase innovative equipment

by Rob Mandell

The journalism department will be buying some advanced reporting and editing devices because of a recently awarded grant, journalism professor Howard L. Seemann said Monday.

The \$8,000 grant, awarded by the Gannett Newspaper Foundation, was confirmed Friday and should make its way to the journalism department by April, Seemann said.

Gannett Newspapers is the largest American chain of newspapers, owning more than 50 newspapers coast to coast.

"What makes this unusual is their policy not to give money to schools in communities where they don't own newspapers," Seemann said.

Gannett owns no newspapers in the area.

The grant will be used to buy electronic equipment designed to "capture the reporter's original keystroke" and eliminate the typesetting phase of newspaper production, Seemann said.

While the devices displace human labor, they are nonetheless the trend in the newspaper business.

"It's no time to join the printer's union," Seemann said.

The system Seemann proposes will include: a video display terminal, upon which articles are written; a disc reader

for transferring information from the terminal; a line printer which converts information written on the "disc" to regular typewriter print; and an interface for translating disc to line.

The system is reasonably complex and would enter HSU into journalism's new age. It carries an \$11,000 price tag, so the Gannett grant will cover only part of the cost.

Seemann said he hopes to get the remaining \$3,000 plus from a matching grant from an eastern foundation or the Associated Students.

The system is a far cry from the days of linotype, but Seemann feels HSU journalism will have to become familiar with the equipment in order to compete on the job market.

If two graduates with equal experience and ability applied for a job, the one with terminal experience would most likely get the job, he said.

"I predict that within five years all but the smallest weeklies will have terminals."

Despite the massive introduction of electronic equipment in journalism, Seemann feels the profession will remain virtually the same.

"There's still the human need for reporters," he said. "They haven't computerized interviews yet."