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Student shooters return to the range



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Politics club meets

DUMBERJACK, P. 9-12
A compendium of parody news



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LUMBERJACK

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SAY YES TO VOLUNTEERING

YES program is back on campus offering once a week in-person, hour-long volunteer programs. The program, like all others, was stymied when the COVID-19 pandemic began.

The YES program is a student-led community engagement program focused on youth services in and around the HSU campus. The program has been at HSU since 1968 and initiated over 70 community programs. This semester they are offering nine programs for student internships and leadership opportunities.

We spoke to Melea Smith, the YES program coordinator, about the Potowot volunteer gardening program as well as the drop-in knitting program. Both programs are part of the Volunteer Opportunity Program (VOP) and offer short-term in-person volunteering to HSU students. Access is limited in both programs but requires no previous experience. The volunteer gardening program requires a sign up for their Thursday hour and a half work. However, the knitting group is first come first serve. Knitting takes place at noon on Wednesdays and volunteers are asked to come a few minutes early to get situated.

“What I found is that it’s a really sweet way for students who want to connect or volunteer to come together for an hour and do something that’s creative and it’s a big stress reliever,” Smith said.

The VOP Potowot gardening project is a collaborative effort between the YES program and United Indian Health Services (UIHS). This program has helped students at HSU learn various organic gardening techniques as well as give much needed support to run the UIHS three acre garden. This semester, volunteers have helped harvest squash, pick blackberries for jam, weeded and prepped garden beds and helped maintain artichokes.

Jude Marshall, the community nutrition manager at UIHS has said that HSU students are welcome to help with



Photos by Morgan Hancock | Students participate in an on-campus drop-in knitting circle on the University Center Plaza on Friday, Oct. 8. The event, put on by YES, is part of a part time volunteering program that offers short term volunteer opportunities to students.

volunteer efforts, while gaining practical experience in the garden.

Jasmine Rafferty, a transfer student to the social work program, has been attending the gardening program since this semester’s start. Rafferty has found a great community within the gardening volunteer program and the YES House.

“I’m honored and grateful to be participating in the program because it’s addressing the needs of our community and students alike so it just brings everybody together,” Rafferty said.

The drop-in knitting program is currently led by student leader Bran Hoyt, an art studio and art education major.



A participant knits in the University Center Plaza during a YES House drop-in knitting event.

SEE YES • PAGE 3

Savage Henry hosts 10th annual comedy festival

by Sophia Escudero and Liam Gwynn

The Savage Henry comedy club opened its doors for the first show of the festival on Thursday, October 7. The entire venue was filled with a pink spotlight-tinted haze, courtesy of several fog machines provided by the

event’s sponsor, Terplandia. The fog itself was infused with Blue Dream terpenes.

The comedy club was not packed, owing to COVID-19 regulations, but having a physical show at multiple venues was a huge step up from last year,

which was held mostly over Zoom. The pandemic definitely took its toll on the comedy scene, but for Chris Durant, owner and founder of the club, the support from the community was indispensable.

“It really gave us a reason to keep

this place open,” Durant said. “Every time we felt like giving up, we’d get some support from the community and be like alright, let’s see what we can do.”

Unlike many comedy festivals, Savage Henry doesn’t have a submission process, but instead books its talent on an invitation basis.

“It’s fun, I call it my fantasy football,” Durant said. “These are all friends of mine. I’m meeting some of them for the first time in person, but they’re all friends of mine. Friends of friends of friends kind of thing.”

The shows themselves were a show of many diverse styles of stand-up, with various comedians taking turns hosting.

SEE SAVAGE • PAGE 4



Photo by Sophia Escudero | Comedian Alec Cole winds up a set during the Savage Henry Comedy Festival at Savage Henry Comedy Club in Eureka on Thursday, Oct. 7.

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Goodbye writing proficiency exam

The Graduate Writing Proficiency Exam is no longer required for HSU graduation

by Kris Nagel

On the afternoon of Friday, Oct. 8, students that registered for the Graduate Writing Proficiency Exam (GWPE) received a notification that this long standing graduation requirement was removed from Humboldt State.

Instituted in the 1970s, this 100-minute exam stood in the way of graduating

seniors for the better half of the last century. This requirement was a way for California State University campuses to validate the writing aptitude of its students.

Before the announcement was made, students were obligated to register for the exam after completing 60 units and a general education written communication course. In making this decision, Humboldt State administration has signaled that the academic expectations it has for students have developed past the need for a short exam testing competency.

More information regarding the fees associated with the GWPE is set to be released next week, along with a formal announcement. Until then, students

that were anticipating registering for the test can pocket the \$32 registration fee. Those who paid already can expect to receive more information about their fees later this week.

With midterms quickly approaching and finals on the horizon, another check can be marked off the long to-do list for graduating seniors.

YES FROM PAGE 1

Hoyt has been volunteering with YES since spring of 2019 after joining one of YES's semester-long volunteer programs following their transfer to HSU.

"YES has kind of really been the heart of my HSU experience," Hoyt said. "It has connected me with other leaders on campus and helped build my own leadership skills."

Student leadership is a feature of the YES House and empowers students to find leadership roles based around their interests or major.

"Within YES there's a really beautiful structure of student leadership," Smith said. "Volunteers fuel the program, program directors help lead those volunteer programs, and then the program consultants help mentor and support student leaders as they learn how to lead their program and other parts of their internship."

The drop-in knitting program will meet weekly until November 17 with a volunteer limit of 10 people. The Potowot gardening project will end three weeks earlier on October 28 and is limited to 15 student volunteers each session.

Amanda Ramirez-Sebree was a part of the YES program during her time at HSU from 2014 to 2018 and even held the position of governing body co-chair within the program. Ramirez-Sebree credits her time with YES as the inspiration to her current career as a school teacher.

"You get to build relations and get connections with those around you," Ramirez-Sebree said. "You get to give back to a community that is serving you."

YES currently has plans for more in-person volunteer opportunities next semester but is still working on the dates and programs that will be offered.



Photos by Morgan Hancock | Brandi Hoyt at the YES Humboldt knitting circle in the University Center Plaza on Friday, Oct. 8.



From left to right: Cammile Delaney, KC Sterling, and Brandi Hoyt at the YES knitting circle in the University Center Plaza.



Students participate in an on-campus drop-in knitting circle on the University Center Plaza



K.C. Sterling adjusts a facemask while knitting at the YES Humboldt knitting circle.



Picnic at the Park Gets Political

Politics Club social held in person once again

by Lindsey Gaul

On Oct. 8, 2021, the Politics Club held their first in person meeting since the pandemic began. Their new goal is to create a communal setting for students to come and meet one another face to face again and be able to have open discourse about current political issues. It is not a requirement to be a political science major, anyone is welcome.

Tani Sebro is the advisor for the Politics Club and a professor at HSU. Sebro acknowledged the impact of the COVID-19 pandemic on the Politics Club, in terms of loss of recruitment and engagement. Because who wants to show up to another zoom meeting?

But this semester is the first opportunity for students to meet in person once again. There were about 20 students and faculty that came to Redwood Park to enjoy some snacks and board games.

“I think that rebuilding that community that was there before the pandemic is probably the main focus right now,” Sebro said.

The goal of this meeting was to just meet, first and foremost. Students that have classes with each other online were finally able to meet face to face, but masks are still required obviously.

Henry Myers is a political science major, who was excited to meet more of his classmates at the park to engage in questions about the political.

“Joining the politics club was a good way to meet other people interested in being involved in politics, academics,

and stuff,” Myers said.

Rainer Shea is another political science major that came to meet people involved in the activist community around Humboldt.

“My goal is to build relationships that can get me more connected to this community, like the more politically active parts,” Shea said.

ue that outside of school too and have conversations that are important,” Archila said. “In Politics Club, you see a bunch of people with different backgrounds coming together and talking about what is going on in the world.”

Humboldt State University is a small campus, so the opportunity for community connection is huge. There



Members of the Politics club meet at Redwood Park on Friday Oct. 8.

Photo by Lindsey Gaul

Anyone can be an activist, it does not just have to be political science majors. There is a whole group of people just interested in conversation about politics beyond what is being discussed in a classroom setting.

Serena Archila is the president of the Politics Club. Archila took on this leadership role to learn from and work with others and to grow as a student in the political community, not just in the classroom.

“This is really something that I’m passionate about, and I want to continue that outside of school too and have conversations that are important,” Archila said. “In Politics Club, you see a bunch of people with different backgrounds coming together and talking about what is going on in the world.”

Humboldt State University is a small campus, so the opportunity for community connection is huge. There is so much that can be done for the students and the local community, as well as the bigger international community of global governance. It all starts with conversation.

Come join the Politics Club on Fridays at 4pm, locations varying as it has been held on zoom up until this meeting. Follow their instagram for meeting updates @hsupolitics.

“If you are interested in questions about the political, which is everything, because everything is political, then you should join us!” Sebro said.

SAVAGE

FROM PAGE 1

LA-based comedian and HSU graduate Alec Cole lent his dry, understated style to the second show of the evening, introducing each comedian with a (hopefully) joking list of their crimes against humanity.

“I know it’s been pretty hard out here, as would be imagined given everything in the past year, but it feels like everyone who’s come out so far is just out for a good time,” Cole said.

Cole got his start performing comedy locally, and was glad to be back. He had moved to LA to pursue comedy, only to have his plans set back by the global pandemic, a case of COVID-19, and a bout of mercury poisoning.

“After I had COVID, I tried to take better care of myself so I went pescatarian, but I didn’t do any research,

“I know it’s been pretty hard out here, as would be imagined given everything in the past year, but it feels like everyone who’s come out so far is just out for a good time,”

-Alec Cole, comedian



Comedian Rachel Pinson addresses the audience.

Photo by Sophia Escudero

and I just ate too much of the wrong fish,” Cole said. “So yeah, last year was a doozy, but now I’m back out doing stand-up.”

San Francisco-based comedian Rachel Pinson has been performing comedy for four years, gathering much of her material from her own life.

“It’s almost like the job of the comedian to take stuff, especially traumatic things or really harsh things, and make them in a way that’s palatable and funny,” Pinson said. “A lot of my comedy is about being a woman and the stuff we face every day, like harassment, and turning around. It’s like growing up and being made fun of, and just being able to make fun of myself before the other people do.”

Pinson has definitely experienced something of the “boy’s club” mentality in comedy.

“There’s definitely times when I’ll hear stuff when I get off like, ‘that was a great set, and I’m talking about her jokes, hahaha!’” Pinson said.

However, she has found that the sexism of the business can be worked to her advantage, being able to be brought on as a “diversity hire.”

“People are like, ‘we need a female!’ and I’m like ‘you haven’t even seen my set,’” Pinson said.

HSU graduate and headlining comedian David Eubanks got his start at The Jam in Arcata after seeing an open mic flyer.

“From the first time I did it, I was just hooked,” Eubanks said.

Eubanks encouraged any student considering trying stand-up to come to a local open mic night and try something out. The local comedy scene is always looking for more talent, and the festival has been welcoming to newer comics.

“Humboldt State University, hire me for a private gig,” Eubanks added.

Seasonal depression meals

by Lindsey Gaul

Fall is finally upon us and you know what that means. The shelves have been restocked with pumpkin spice everything, but left behind on those shelves is your summertime self esteem because guess what else is here, seasonal depression. Don’t worry, we have a new array of seasonally fitting meals that you can make to get you through the fall time.

1. Bagel and Cream Cheese - You’re probably a vegan if you attend HSU, but if you are affected by seasonal depression then it probably doesn’t matter that you’ve eaten cream cheese for six days in a row. It doesn’t matter that your stomach feels horrible because you’re going to feel horrible anyways.
2. Microwavable Lasagna - This probably tastes better in the oven, but I still don’t know whether it’s allowed to leave the film on the box, even though that is what the directions say. I don’t know if I believe them, so just put it in the microwave. You can get any sort of lasagna.
3. Sleep - Some days you will feel so horrible that you just have to eat sleep for dinner.
4. Watered Down Iced Coffee - When the person at the coffee shop drive thru window handed you that cup, I bet that seasonal depression went out the window. But then you have to stir it, and it doesn’t look that cute anymore. You can get oat milk as a vegan substitute, but you’re drinking coffee so you’re going to anally evade yourself all day anyways. Don’t forget to add pumpkin spice.
5. A Double Shot of Tequila - This is always a quick and easy snack for any time of the day. I like to garnish this with pineapple juice. This is served best on an empty stomach.
6. Freezer Burned Stir Fry - This is one of my personal favorites. With this meal, you actually have to put some effort into cooking, so it always gets me out of my funk for like five minutes and makes me feel productive. Since seasonal depression is just one flavor of my depression, I don’t clear out my freezer all year long. My frozen vegetables always look like cute little snowballs before I toss them in a pan. It’s okay if the best by date has passed because they’re in the freezer.
7. Tech Deck Wheel - One time I dared my roommate to eat a Tech Deck wheel. They were doing pretty bad.
8. Cherry Tomatoes - Eating a balanced meal is really important to improve your mental health, so make sure to add some greens to your diet in the form of loose, uncooked vegetables.

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Earthquake preparedness in Humboldt County

Learn about geological activity and how to prepare

by Danielle Hendrickson and Lindsey Graul

Humboldt County has always experienced large earthquakes, and it is important to be prepared. The international ShakeOut drill is coming up on Oct. 21, 2021 at 10:21am. This is an opportunity to ensure that you are prepared in case an earthquake hits Humboldt.

Humboldt State University is located near a triple junction point right off the coast. This is where the Pacific, North American, and Juan De Fuca tectonic plates meet to form a very hazardous fault. Humboldt county is the most tectonically active region in the lower 48 states, according to the research done by professors in the geology department at Humboldt State University.

The Cascadia subduction zone is where the tectonic plates are subducting under the North American plate. Humboldt State University professor, Melanie Michalak, explains that the subduction zone has large magnitude earthquakes every 300 to 500 years. With the last one being in 1700. It is capable of producing earthquakes with a magnitude of 8 or 9.

Melanie Michalak, a geology professor at Humboldt State University, has taken part in the ShakeOut drill for years and even practices in class with her students. During the drill she lets her inner child come out and pretends she is in a large magnitude earthquake.

“If you don’t practice, a common impulse is to run,” Michalak said. “That’s natural as humans since we have a flight or fight response. But if you practice these drills enough you will learn to drop to the floor and it will become second nature. The best thing to do is start early with children, it could potentially save their life.”

How relationships influence longevity

by Danielle Hendrickson

At one time or another, we have all wondered what the key to a long and healthy life really is. Typically you would think that eating clean and vigorous exercise is the key to success, but a study conducted in the 2000’s had shocking results. While diet and physical activity are important, the relationships we have in life greatly outweigh the two.

As part of an expedition with National Geographic, Dan Buettner scouted the globe to find regions where there are the highest densities of elderly people. Five locations scattered around the world exhibited remarkable longevity: Okinawa, Japan; Sardinia, Italy; Nicoya, Costa Rica; Icaria, Greece and Loma Linda, California. These places are referred to as blue zones.

Amanda Hahn, is a psychology professor at HSU who understands the social strain that comes with going to school online. She forms study groups for her students to ensure they have a support group at all times.

“Social integration has been shown to be the single biggest predictor of longevity,” said Hahn. “Having a core support network is crucial. Also how much you interact with people, whether it’s good or bad.”

Analysts of the blue zone study found that genes account for only a small portion of our longevity. Lifestyle choices reigned supreme. Other indicators found in the blue zones are eating wisely, moving naturally and often, and having a purpose in life.

Besides being good for the mind, hearty relationships create a biological force field against disease and decline. Social isolation is the biggest public health risk we face in the twenty-first century.

In 1938 Harvard began The Grant Study, one of the most well known longitudinal studies ever done. This study followed hundreds of men throughout

The national ShakeOut drill is a reminder of the Drop, Cover, and Hold method, that will only be a quick reaction if you practice. When an earthquake hits, it is best to make yourself as small as possible, and to tuck into a ball and cover your head. If it’s possible to get under something sturdy, do that. But at least make sure that your head is protected.

Almost everyday little earthquakes occur between our feet, but are imperceptible. But every now and again, a big one hits. This earthquake could knock your TV off its stand if not mounted correctly, or knock a lamp over that was placed on an unstable shelf. The actual earthquake isn’t the only thing to fear, there are probably dozens of earthquake hazards all over your living space, according to the “Living on Shaky Ground” guide created by Humboldt State University, which includes more information on local hazards and preparation.

A hazard that comes with living on the coast and next to many tectonic plates is tsunami’s. Littered across the county are various tsunami warning signs, these are placed in areas that are susceptible to these large waves. The last time a tsunami hit Northern California was in 2011, following the largest earthquake in Japan. It took nine hours to cross the ocean and ended up destroying some of Crescent City according to the Redwood Coast Tsunami Work Group.

Living in Humboldt places you in one of the most seismically active areas in California. Daniel O’Shea, an oceanography lecturer at Humboldt State University, warns of the danger that could occur if Humboldt were to be hit

their lives and collected data about their physical and mental wellbeing. They found strong relationships positively influenced lives more than wealth, fame, or IQ.

Robert Waldinger, a professor of psychiatry at Harvard Medical School and current director of the study, found that strong relationships delay mental and physical decline. We often forget that nurturing our relationships in life is a form of self care.

Many have been quarantining, especially the elderly since they are at a higher risk of catching the virus. Some were able to stay connected through technology during lockdowns. The elderly are not as tech savvy which isolates them even more.

Isolation is difficult for everyone, but if one doesn’t have a solid social network it can be especially hard. Centenarians (people the age 100 or older) in blue zones are never left alone. Which differs vastly from most of the world where people live far from loved ones.

Julianne Holt-Lunstad, a researcher and neuroscience professor at BYU found that all social interactions do not need to be positive, anything will do. Grumpy centenarians are alive and well, but they are constantly surrounded by their tight-knit support group. Whether it is their family, friends, priest or the local market owner, these centenarians are well respected and taken care of.

“When we feel some sort of threat, such as a pathogen, we tend to hunker down into our trusted inner circle,” Hahn said. “We get an us versus them mentality. So I can see why the pandemic has strengthened some relationships.”

Ultimately, the relationships we have in life can help add years on to our lives. Do you want to start integrating positive social changes into your life? Try to start a conversation with the grocery store clerk, and maybe call your mom more than once a month.

by a tsunami.

“The earthquake is your warning sign,” O’Shea said. “That is nature telling you to get off the beach, get inland, and get uphill. If we have a major subduction zone earthquake, a megathrust event, more than likely roads are going to get wrecked, bridges might collapse, we just don’t know what will happen.”

Amanda Admire is a geology lecturer and researcher at Humboldt State University. Admire has also participated in the ShakeOut drill for years.

Admire has their students participate every year as well. It is as simple as retaining the muscle memory to react when an earthquake hits. But Admire also recommends that students have an emergency go-bag ready and an evacuation route prepared and timed.

“Creating an emergency kit for a disaster is really important, and can be really helpful, especially in California,” Admire said. “We have more disasters than just earthquakes and tsunamis

right, we also have wildfire hazards, we have landslide hazards.”

These emergency kits could consist of items such as shoes and socks, because an earthquake could hit in the middle of the night. Make sure that medications are packed, and also things that children or pets need. Cash is very important, because if the power were to go out, then debit cards and online banking would be rendered obsolete. Your cell phone will be a mere paperweight without a charger, so it is always important to memorize and write down contact information. Canned or packaged food items are easy to store in a go-bag. Bring an item for comfort, whatever that is to you. Lastly, having an evacuation route prepared and timed is important, because it is good to know how long it would take to make it to high ground.

Register at [Shakeout.org](https://www.Shakeout.org) to participate in this international earthquake drill on Oct. 21, 2021 at 10:21am.

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HSU archery club hits the target

Check out the club and team that shoot for success

by Morgan Hancock

On Thursday nights, the Student Recreation Center is home to a group of students armed to the teeth. The fluorescent-lit astroturfed club sports field hosts the HSU Archery Club and Team. Archery novices and experts practice their craft side by side. Now that campus life has returned, they welcome new members and prepare for competition in the spring.

Juliana Suzukawa, a fourth-year student, continues her passion for archery through the team. Suzukawa got into archery when she was 15 and now competes and holds the rank of Team Safety Officer.

“We go down to Davis and compete with other schools from around the

state,” Suzukawa said. “I think that students should join the club and try out for team. archery is really good for helping you focus and for de-stressing.”

The club is open to students of all skill levels. They offer instruction and equipment to anyone interested.

Sophia Aulbach got into archery through the HSU club. Aulbach started as a freshman but had to stop when the pandemic rolled around. Now that campus life is returning, Aulbach is excited to get back into it.

“I like shooting things. Archery is a lot of fun,” Aulbach said. “We have an instructor, and for me, who started as a beginner, it was great to spend time learning for the first few weeks. They have all kinds of extra bows and any equipment if you forget or don’t have

your own.”

Elijah Vestal is a freshmen who got involved with the club as soon as possible.

“I do love it. If you’re into archery or if you’re not into archery, you should totally come. If you feel like you might want to, you totally should,” Vestal said.

Anthony Perez is a senior at HSU and president of the club and team. He organizes space for people to come out and shoot or for more serious folks about competing.

“It’s a chill environment to go up to the line and just have fun with archery,” Perez said. “We get equipment out to newbies and get them coached so they can feel on par with everyone else on the line.”



Photos by Morgan Hancock

1. Jaye Chang at Archery practice in the SRC on Thursday, Oct. 7.

2. Elijah Vestal at archery practice in the SRC

3. Club members on the line at Archery practice. in the SRC.

4. Student gets ready to take aim.

KO’ing loneliness with video games

The Humboldt State Smash Crew offers a welcoming atmosphere for fighting game fans of all experience levels

by Liam Gwynn

The Humboldt State Smash Crew has resurrected and is meeting every Friday at 5pm in Nelson Hall room 102. Casual conversations and practice matches take up the first few hours of the evening. However, after 7pm rolls around, the gamers face off in a bracket-style tournament.

President of the club, Justin Packham, said that the Super Smash Bros Club offers a place of community for freshman and transfer students alike. He had previously been a member of the Smash Bros Club before it was disbanded because of COVID-19. Packham is a junior now, but he said as a freshman the club was a great opportunity for him.

“I was feeling very homesick,” Packham said. “It was the first time I had ever been away from home for so long and for such a far distance away. So it was just a nice place where I could come and bond with people over this game I played and I made some of the best friendships I’ve ever made up here.”

Packham revived the Smash Bros club after the old one dissolved and he plans to retain the same atmosphere that made him feel so welcome as a freshman. For Packham, it is about having a safe haven for people to unwind after classes and meet with fellow students.

The Smash Crew plays a variety of fighting games, not just Super Smash Bros. Everyone can bring their own gaming setup and any fighting game that members want to play are welcome. A new hot topic in the fighting game scene is “Nickelodeon All-Star Brawl.” The game is essentially Super Smash Bros with characters from Nickelodeon cartoons instead of Nintendo characters. Packham says the game is fun but also trash. Several other club members chimed in to agree with that statement.

The club has a more friendly than competitive atmosphere, but that does not mean they do not compete. In previous years they have done trips to one of the largest Smash Bros tournaments in the country, Genesis 8. The event takes place this upcoming January in San Jose and Packham is hoping to bring down a group of club members to compete. The event offers cash prizes and tournaments for several different fighting games. Packham hopes to get funding from the school for the trip but that all depends on how many people join the club or how much fundraising they can do.

The Humboldt State Smash crew is open to the public and is welcoming any new members regardless of experience with video games. People are welcome to bring their own gaming setup and there are extra controllers and consoles available for people who don’t have their own.

Living with lesbians

The crashpad: a lesbian frat house

by Lindsey Graul

I live at the Crashpad with my two best friends, and we are all lesbians. The dynamic of this house rotates around our common interests, which is more than just the ladies, but also carrying heavy furniture, pretending to skateboard, letting our girlfriends move in after two weeks, baggy clothes— typical lesbian stuff.

Maya DiMaio has been my best friend since kindergarten and has been a resident of the Crashpad for the past two years.

“The Crashpad is like a lesbian frat house,” DiMaio said.

This house resembles a frat house, because we are messy and sometimes smelly. But the awesome thing about it being a lesbian frat house, is that it’s actually safe here for women.

Lexi Rangel is my best friend that I met in college and also resides in the Crashpad.

“We only really hang out with girls,” Rangel said. “So when all our girl friends come over they feel very safe enough to get drunk and dance, without creepy men hitting on them.”

Just the other weekend, I looked around the house after a few people had come over from the bar, and it was all girls, gays, and non-binary people. We even had to turn away a straight

man at the door that followed us from the bar. Sorry sir. This is a house full of intoxicated women, we do not trust you.

“Generally, I like to surround myself with girls, and most of the people I know are gay,” Dimaio said. “So that is just where I feel the most comfortable, and having that home environment with only lesbians really just makes me feel loved and supported.”

This house is very special to us for the safety it provides, and we’ve only been hatecrimed once. Someone once yelled homophobic profanities at us when we were pretending to know how to skate in the front yard. And we have only had like two almost home inva-

sions, but that is just the living with lesbians in Arcata lifestyle.

When you’re living with all women, you’ve all got to be the muscle. We have had to handle situations that scare us, mainly because we are still vulnerable women. But we would rather sleep next to bats than have any male energy in this household, so it’s definitely a trade off.

“They [men] smell bad,” Rangel said.

“I don’t like most of them [men],” DiMaio said. “But I don’t know many of them [men] honestly.”

Stay safe and stay happy, lesbians. And always protect all of your fellow ladies.

A midnight masterpiece

Religious horror like you’ve never seen before

by Cheyenne Wise

Horror films are set to scare and terrify the audience, giving them the essence of dread, and fear, using people’s fear to invoke a response. The typical horror film usually has a shocking end, something to keep the audience captivated in the cathartic experience. Horror indulges our primal side, and our fears of vulnerability, being alienated, and the unknown.

Everyone can find a piece of themselves in horror, and there’s that sense of superiority that comes from yelling at the dumb protagonist for looking out the window at night.

Now if you are a fan of anything that goes bump in the night, you have probably seen *Haunting of Hill House*, *Doctor Sleep*, *Before I Wake*, or even *Gerald’s Game*. All of these movies are creations of director Mike Flanagan, who has once again made a wonderful experience filling you with dread the entire time.

Midnight Mass is the newest creation that gives you the feeling of being watched and maybe a little bit of that Catholic guilt even if you weren’t raised Catholic. The new miniseries tells the story of a small fishing town located on

an isolated island and the happenings inside the community.

The main focus of the story is Riley Flynn, played by actor Zach Gilford, and his alcoholic blunder which landed him in prison for four years after killing a young woman. He returns to his hometown that now looks abandoned after years of being gone. A man who was once an altar boy is now a disgraced outcast.

The town is mostly made up of devout Catholics and Riley further fails to fit in after he lost his faith in prison. Riley isn’t the only returning outcast. A

childhood friend, Erin Greene, showed up a few months beforehand, pregnant and divorced joining Riley in the refuse of the town.

Following the return of our lead, we meet Father Paul, a new parish priest. Father Paul’s arrival brings forth a mixture of supernatural and miraculous events with injuries healed and faith slowly being restored. From the start, it’s clear that theres something not quite right with Father Paul. The missing Monsignor and the overbearing member of St. Patrick’s Church, Bev Keane point to a more sinister plot.

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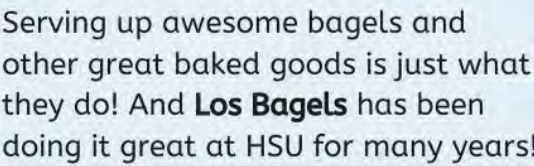
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Oct 16:
 (9:00am) Softball preseason game Upper Playing Field, Upper Play-
 ing Field - Track Area
 (10:00am) student shuttle R2 Resident Parking Lot - JGC
 (12:00pm) Men's Rugby vs. Sonoma State redwood bowl field
 (8:00 pm) Tropa Magica - live music Student Activities Center 222 -
 Karshner Lounge

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Maya and Shin are putting together some crazy delish lunch items like their super popular **Chicken Katsu!** #superyummy #weloveobento!

Hey Juan Burritos and HSU are a perfect match! They have **Meaty, Veggie and Vegan Burritos** hot and ready to go! Why not grab one on your way to class?



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