

# THE LUMBERJACK

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By the students – for the people

Free

## The courage to ride

by Ian Benjamin Finnegan Thompson

Raina May was two when she rode Dusty the horse on a trail in Crater Lake. When she was one, May remembers being drawn to the images of horses in picture books her mother would read her. Ever since those experiences, May has been in love with horses.

“I like how they’re really big but really gentle, like gentle giants,” said May.

Another passion of May’s is archery. “When I was five my dad made me a willow bow and quiver,” said May.

May combines these two loves through horseback archery, also known as mounted archery.

May wanted to do horseback archery since she saw the Rogue Mounted Archers from Oregon. Through the help of a friend, who was willing to share their horse, May was able to start doing mounted archery. She now competes in international tournaments.

Last year she won first place in the juniors division at the Rogue Mounted Archers International Competition at the age of eight.

Saturday was the first day May rode and shot off of Annie the mule. May previously rode a horse named -



continued on page four

Uri Driscoll fires an arrow off his horse Soulseeker. | Ian B.F. Thompson

Ian B.F. Thompson may be contacted at thejack@humboldt.edu

## Benefits of being outside



The top of the sky trail at The Trees of Mystery. | Iridian Casarez

by Bryan Donoghue

Being outside rejuvenates our bodies. Geneviève Marchand, a Kinesiology professor specializing in outdoor recreation notices that many students come here and take opportunities to get to know the community of outdoor recreation, but that there are also some students who do not. This point of curiosity led to a study, if participation in the outdoors near Humboldt State helps students feel more connected to their campus community.

“My hypothesis is that it is and that students that actually either have opportunities to go outdoors or take the time to go outdoors feel more connected to Humboldt State.” Marchand said.

“I’m really interested to find if that works and if that makes a difference.”

The outdoors provide a variety of different benefits under a cluster of different weather conditions and locations. Although, being outside in nature like we have in Humboldt stays consistently beneficial in how it effects our bodies and mind.

The cooling air is helpful with refreshment, acting as a stimulant of sorts that wakes up an individual, specifically someone who has been fatigued.

“When I’ve been at the gym all day, it’s nice to just walk outside and feel the cool air and just kind of chill for a second,” said Madeline Hatch, a sophomore kinesiology

continued on page six

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## 17th in the nation



Graphic Illustrations | Claire Roth

by Gabe Rivera

The Lumberjacks football team looked poised for a big push to the playoffs Saturday night at the Redwood Bowl, dismantling the Chadron State Eagles 56-13.

HSU came out with their chainsaws roaring, when Senior quarterback Robert Webber connected with his No. 1 target, junior wide out John Todd for a beautiful 37-yard catch that set up sophomore running back Jamar Byrd for the first score of the game from the 2-yard line. The team would not look back.

Todd wants the whole team to get credit for the way they’ve started this season but wants them to remain focused on a week-to-week basis.

“We all deserve credit,” Todd said. “We work our butts off. Winning is just like a trophy for that but we’re gonna

take it step by step. We got a big game with Central Washington next week.” Todd finished the game with two receptions for 123 yards and a score.

The 1-2 punch of All-American senior tailback, Ja’Quan Gardner and sophomore tailback Jabar Byrd, was on full display. Each back gave the Eagles defense fits, combining for three scores. A big part of the running games success was the performance of the offensive line who were constantly opening holes for the two backs throughout the game.

Gardner is off to his best start statistically since he was runner up for the Harlan Hill trophy in 2015 and while that is in the back of his mind, he’s more worried about helping his team win.

continued on page nine

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# SAUDEN RESOURCES

Come join the LGBTQ+ student organizations for a collaborated event in celebration of National Coming Out Day


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Wednesday, October 11th  
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## PUZZLES



### Weekly Sudoku

Difficulty: difficult

			2	8				
						3	9	4
	5	7						
4						9	7	1
			4		6			
9	2	3						5
						8	5	
6	4	1						
				7	9			



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### Pun of the week

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Alumni Owned and Operated

Defending the title

by Charlotte Rutigliano

According to Recreation and Administration professor Gen Marchand, the challenge started in 2013 with only about 10 participating schools. This year, there are 92 colleges and universities across the nation participating in the challenge. “Last year was the first year HSU participated, and we won,” Marchand said.

HSU won about three thousand dollars worth of North Face camping gear. Any HSU student can rent the gear for free, minus a small cleaning fee.

Marketing professor Nancy Vizenor said events like this are really great for HSU, and that it’s good for both students and the school to be involved in a competition like this.

“So many of our students are attracted to HSU because of the amazing outdoor experiences,” Vizenor said, “so if potential students who enjoy time outdoors see that HSU is apart of this challenge, they may feel sure that the university will offer experiences they desire.”

Marchand said there is an outdoor for everyone, that going for a walk in the park is the same thing as mountain biking.

“There’s a point system that has many layers,” March-

and said. “Most things are either five or ten points, but you get more points for being in groups, or participating in school-sponsored activities.”

Activities like last Sunday’s Paddlefest, a school-sponsored event that took place at the Humboldt Bay Aquatic Center in Eureka.

The event allowed students and community members to use paddle boards, kayaks and canoes for free. Each person who logged their activity on the Outdoor Nation app gained ten points for participating in a paddle sport. Center Activities also set up hammocks, which would add an additional five points. Participants also gained more points for either having three or more people in the photo, sharing the post on either Facebook or Twitter, and indicating that it was a school-sponsored event.

Because of Paddlefest, HSU was able to pass CSU Sacramento and move into third place, with the point total currently at 86,314. HSU is trailing behind second-place Texas Woman’s University by almost seven thousand points.

You can join the challenge by downloading the Outdoor Nation app. The challenge ends on October 15th.



Students preparing to hit the water. | Charlotte Rutigliano



Students preparing to hit the water. | Charlotte Rutigliano

Clark Kent may be contacted at thejack@humboldt.edu

California Senate urges for free tuition

by Charlotte Rutigliano

Assembly Member Miguel Santiago urged Governor Jerry Brown to sign Assembly Bill 19 (AB 19) on Thursday, Sept. 27, in Los Angeles. AB 19 would give free tuition to community college students.

AB 19 would allow the California Community Colleges to waive fees for first-time students, and full-time community college students for one year. This bill would boost enrollment and graduation rates, expand access to financial aid and decrease student debt. Additionally, this bill would support California’s business by addressing the shortage of college-educated workers that are needed to sustain the workforce.

Francisco Rodriguez, Chancellor of the Los Angeles Community College District (LACCD), started the press conference saying we are here to change the narrative of public education, an often misunderstood and forgotten branch of higher education.

“The two-year system of California Community Colleges and others around the country have received unprecedented attention,” Rodriguez said. “Because of the role that community colleges play to fuel the economic engine of this country and of California.”

According to Rodriguez, the

LACCD serves amongst the poorest students in the nation, that 85 percent of the students are non-white, and fifty percent of the students live at or near the poverty line.

“In Los Angeles where we have a plethora of educational options we have amongst the lowest rate of participation for adults in higher education,” Rodriguez said.

Rodriguez quoted a recent study from Public Policy State of California report, “California needs 1.1 million with bachelor’s degrees by 2030 to keep up with economic demand. More college graduates means very clearly, higher incomes getter economic mobility, more tax revenue and less demand for social services.”

“The idea of tuition-free community college programs has been spreading across the nation,” Rodriguez said. “California is leading the nation with the idea of universal access to higher education.”

Santiago said education should not be a privilege for the few who can afford it, education is a right and education should be free.

“When you leave our education system and you have the tools to compete in the 21st century you shouldn’t have to be in debt for a decade or two, just because you got a quality education,” Santiago said.

[continued on thelumberjack.org](#)

Charlotte Rutigliano may be contacted at thejack@humboldt.edu

Local Buddhism School Consecrates New Buddha Statue

by Alexander Badger

A local Tibetan school is hosting several upcoming events in Humboldt, which includes the consecration of a Buddha statue and culminates in a weekend intensive with special guest teacher, Gochen Tulku Sang-ngag Rinpoche.

“The statue we are unveiling is known as the second Buddha,” resident teacher Ven. Khenpo Ugyen Wangchuk said.

The statue will be consecrated at a special ceremony held Thursday, Oct. 5, from

9:00 am. until 11:00 am. at the Ewam Ku Sum Ling school in Kneeland.

Gochen Tulku Sang-ngag Rinpoche will be teaching a weekend mind training intensive called Yogi Dharmarakshita’s “The Peacock’s Neutralizing of Poisons,” transcending ego interference to discover true happiness at the Arcata Veterans Hall Saturday, Oct. 7 and Sunday, Oct. 8 from 10:00 am. until 4:00pm.

Gochen Tulku Sang-ngag Rinpoche is the founder and spiritual director of Ewam International Centers, which has

several locations around the world. He was born into one of the oldest families in Tibet and was recognized in early childhood to be the reincarnation of the Gochen Tulku.

“Rinpoche was captured in Tibet and imprisoned for 10 years by Chinese soldiers,” the owner of Kneeland Ewam Ku Sum Ling school, Amri Padme said. “It turned out to be his greatest opportunity and a positive experience because he was imprisoned alongside several other master teachers that shared their wisdom and practices with him. He also learned how to have compassion for the soldiers that captured him.”

Resident teacher, Khenpo Ugyen Wangchuk is an advanced level monastic originally from Bhutan and has studied Buddhism since the age of 7. He received a Master’s degree in Buddhist Philosophy from the Nyingma Institute Taktse. In 2006, the title of Khenpo was conferred upon him, which is the equivalent of a PhD.

“All Tibetan teachings are about mind training, the transformation of the mind, the true nature of the mind,” Ven. Wangchuk said. “How we can change our mind from difficulties and suffering and reach true happiness.”

[continued on thelumberjack.org](#)



Resident teacher Ven. Khenpo Ugyen Wangchuk at the Ewam Ku Sum Ling school of Tibetan Buddhism in Kneeland, CA. | Robert Brown

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A story about horseback archery, medieval festival of courage next weekend and an archer named Raina May.

by Ian B.F. Thompson

continued from front page

- Remedy until the horse died two months ago. Remedy was a temperamental retired Rodeo horse who was partially blind.

“No one else could ride her, but the horse liked Raina,” said Katie May. “It may have been how light she was on the horse.”

Annie is owned by Darcey Lima who also owned Remedy. May was introduced to Lima through her principal Bettina Eipper of Coastal Grove Charter School in Arcata after Eipper heard May wanted to do horseback archery. Through the support of May’s family, Eipper and Lima, May was able to ride Remedy and now Annie.

May practiced horseback archery along with other classmates from Coastal Grove in Blue Lake on Saturday in preparation for the Medieval Festival of Courage.

Every Waldorf school, including Coastal Grove, has a Festival of Courage event every fall said Eipper. The autumn festival is symbolic of preparing for the dark days of winter and awakening to our inner lives.

“You have to slay your dragons before winter comes,” said Eipper.

May’s performance with her classmates and members of the Blue Lake Mounted Archers can be seen at the Medieval Festival of Courage in Blue Lake on October 7 and 8. The festival is a fundraiser for Coastal Grove Charter School. The performances and cho-

reography are being planned by May’s friends and Coastal Grove students Ariana Burchill and Haven Smyth. The horseback archers will incorporate costumes, music, battles, stories and narrative into their equestrian performances.

Proceeds of the event will support Coastal Grove which will in turn support May’s goal of living and working with horses.

“I want to have a big farm with a bunch of horses and be a horse trainer,” said May. She also wants a mounted archery course on her farm to teach others how to shoot on horseback.

To learn more about the festival, visit [medievalfestivalofcourage.org](http://medievalfestivalofcourage.org).



Left handed archer Mandy Smalley shoots off her horse Jasper. | Ian B.F. Thompson

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Aidan Hought-Diaz and his mother Sonia Hought on their pony cart pony cart driven by their pony Napoleon. | Ian B.F. Thompson



Raina May on Annie Calhoun the mule. | Ian B.F. Thompson



Coastal Grove students Ariana Burchill (sitting) and Haven Smyth (standing on horse) discuss the performance which they are choreographing for the Medieval festival of courage to the other participants involved. | Ian B.F. Thompson

# The challenge is ON

HSU is defending its No. 1 status against 93 schools in the Outdoor Nation Campus Challenge, happening Sept. 18 – Oct. 15.

by Robert Brown

“Outdoor Nation is a fun way to get outside and be active,” Bridgette Hanson of Center Activities said. “That’s different for everyone, it’s why Humboldt won last year.”

Open to students and anyone in the community, all you have to do is download the app, get out and take pictures of yourself, then post them to win prizes. The challenge is sponsored by REI, The North Face, eno, and Hydro Flask, and local businesses Adventures Edge, Minor Theatre, and Muddy Waters.

“It’s so inspiring to live in this community,” Scott McCrary, student representative for ON said. “We have some of the most amazing nature spots here in Humboldt.”

Some examples of ON Challenge events are guided walks,

tidepool exploration, restoration projects, crafting, and volunteer events, also workshops on hiking, bike maintenance and birding. “Our biggest event is Paddlefest,” Hanson said. “Around 200 people come to that event, some people get to try kayaking for the first time.”

Each event accomplished earns a certain amount of points, for instance, backpacking, camping, and biking earn 10 points. Skateboarding, slacklining, and yoga earn 5 points. Birdwatching, gardening and stargazing earn 2 points. Add up points by completing as many events as you can and use them to redeem prizes.

“A really fun event is the scavenger hunt,” McCrary said. “People follow clues through the week hidden in different places. Then take




a picture with the clue once they’ve found them and post them in the app. to win a North Face backpack.”

Along with an individual winner, schools are also competing to have the most number of people participating in their communities challenge. Last year HSU won the title of number one outdoorsiest school.

“Winning was exhilarating,” one of last years winners, Ruby Garcia said. “Especially because we did it as a community and we won a \$3,000 gear library that is available to students free of cost.”

To find out more go to [hsu-outdoors.humboldt.edu](http://hsu-outdoors.humboldt.edu) or [www.oncampuschallenge.org](http://www.oncampuschallenge.org)

“A big thank you to the Humboldt community,” McCrary said. “This wouldn’t be possible without the local radio and local sponsors.”

1		Southern Utah University
2		Texas Women’s University
3		Humboldt State University

The Outdoor Nation Division 1 leaderboard as of Oct.3 | Daisy Rodriguez

Robert Brown may be contacted at [thejack@humboldt.edu](mailto:thejack@humboldt.edu)

# Fill up that fridge

by Andre Hascall

With the rise in cost of food, eating on campus isn’t cheap without an already expensive meal plan. This leaves off-campus students with the decision of where they will get their food.

Alkaid Ramirez, who lives off campus, opted out of getting one of the HSU meal plans.

“I’ll go to Winco if I can make the effort, but thats deep in Eureka,” Ramirez said. “But I’ll go to Safeway like twice a week.”

Ramirez highlighted a big factor in choosing where to shop, fortunately for him he owns a vehicle. If you are restricted to the bus, zip car or any other forms of transportation in Humboldt County, getting to and from Eureka with a full fridge worth of groceries gets more difficult.

With inexpensive grocery stores out of our immediate reach, on-campus dining provides a convenient chance to grab some food. Options like The J, The depot and Windows Cafe offer students prepared food. Whereas The Marketplace, and The Cupboard also have the option of picking up a few groceries.

Malek Southall, first year oceanography student, has a meal plan so he enjoys most of his meals on campus.

“I’ll usually eat at The J,” Southall said. “But The Depot is clutch.”

Choosing The J to eat most of his meals, as it is the most inexpensive place on campus



WinCo Foods produce section. | Iridian Casarez



Wildberries produce section. | Alex Badger

to eat, for those with or without J-points. Yet, the variety at The Depot is hard to beat.

We know that the J is the cheapest place to eat, and if you’re looking for cheap groceries for home, WinCo seems to be the most cost-efficient.

Fourth year student at HSU, Jocelyn Barber, recently went grocery shopping. Her choice for this trip was Safeway, since its closest to home.

“That is the last time I am shopping at Safeway for the

year,” Barber said. “I would have gotten double the food at WinCo.”


Students agree that WinCo is a good place to shop if you want more food for the same price as some of the other grocery stores.

“If we are talking percentages,” Ramirez said. “I’d say I get about 30 to 40 percent more food at WinCo.”

Andre Hascall may be contacted at [thejack@humboldt.edu](mailto:thejack@humboldt.edu)



Outdoor Nation Campus Challenge promo on [hsuoutdoors.humboldt.edu](http://hsuoutdoors.humboldt.edu)



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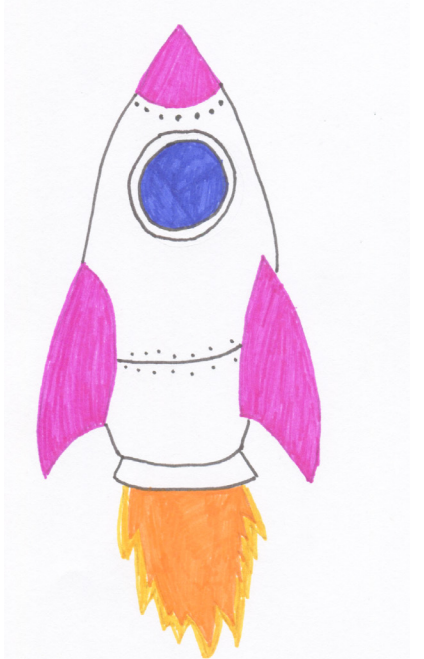
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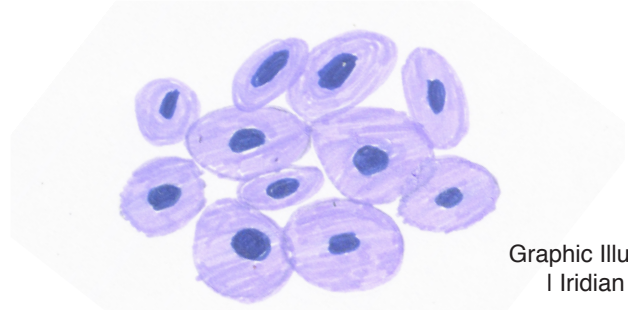
by Bryan Donoghue

Our species’ origins are close to 200,000 years old according to some investigators. Through a recent study on a boy who lived in South Africa 2,000 years ago, Homo sapiens may have emerged as a genetically distinct species as early as 350,000 years ago. Researchers retrieved a complete version of the ancient boy’s DNA from his skeleton to compare with DNA from modern people and Stone Age species. The boy’s DNA is not affected by the migrations that occurred 2,000 years ago, so evolutionary geneticist Carina Schlebusch of Uppsala University in Sweden finds it to be the best benchmark so far for gauging when Homo sapiens originated in Africa.

Source: Science News



Graphic Illustrations | Iridian Casarez



Graphic Illustrations  
| Iridian Casarez

Cells can be reprogrammed using mixtures of DNA, RNA and proteins. The most popular method uses viruses as a delivery vehicle—although they can infect unintended cells, provoke immune responses and even turn cells cancerous. Now there’s another process known as tissue nanotransfection, which involves a chip holding an array of tiny channels that apply electric fields to individual cells. This gives the chip the ability to convert or reprogram cells into other types, which has raised hopes for regenerating damaged limbs and organs. Researchers used the chip to restored the legs of injured mice and claim the technique is developed enough to test on people.

Source: Scientific American

Elon Musk continues to make new announcements on rockets that will help us travel to far away places, but recently he’s getting in touch with his roots. Rather than 12-meter rockets he’s been wanting to go to Mars with, Musk is opting to launch smaller vehicles that are only about nine meters tall. These rockets can travel up to 18,000 miles per hour, making long-distances shorter. Musk said that any two points on Earth would be less than an hour apart. Buying a ticket for a seat will cost the same as full fare economy in an airplane.

Source: New York Times

Animals travel the world’s oceans on makeshift rafts, whether they’re synthetic or natural. The 2011 Japanese tsunami caused a mega-rafting event and objects from Japan traveled as far as 7,000 km. The tsunami transported hundreds of species to the United States and Canada. Researchers have documented animals on 635 debris objects such as docks and buoys. There were 279 living Japanese invertebrate and fish species, with about 20 species together in each piece of debris. As the world population grows, the amount of waste entering the ocean will rise. Due to this, in the future of our coasts could become a lot less diverse.

Source: Science Magazine

Bryan Donoghue may be contacted at thejack@humboldt.edu



Grants Pass, Oregon | Iridian Casarez

*The benefit of being outside right now is a mutually shared sentiment by students, professors, and faculty members.*

by Bryan Donoghue

*continued from front page*

...major at Humboldt State. This sentiment aligns with Marchand’s research. According to Marchand, just being outside reduces our stress levels.

“We basically just go outdoors, and somehow being that it’s nature, that open space, being in green, the sounds and the smells, it all reduces our stress levels.” Marchand said. “There’s actually evidence of it reducing your heart rate, and

calming your breathing.”

It’s not just feeling exhausted physically, after spending a while studying, sometimes the brain needs a breath of fresh air to be woken up as well.

“I definitely notice that when I get bogged down with studying, if I take my reading outside, it kind of wakes me up a bit,” said Kindall Murie, a senior marine biology major.

There’s evidence that the outdoors helps plenty psychologically. According to Marchand, it reduces mental stress and gives just a better mental wellbeing overall.

The outdoor environment of Humboldt County is something to be grateful for according to Steve Bell, an assistant supervisor at the Student Recreational Center at Humboldt State.

“You have to stimulate yourself. This is a natural way to get what’s available out there.” Bell said. “So that’s what we’re doing. We’re making the most of an opportunity to be out here, by being outside today. I was just telling my daughter here that you really need to thank God for the opportunity.”

To enjoy the benefits of being outside, you have to put the effort in. Make that first step. The benefits will follow.

“I was telling my daughter, we are going to get a lot more out of this than what you put into it.” Bell said. “You don’t only reap what you sow, you reap more than you sow. We’re doing it by faith, and we’re basically sowing the seed today to reap the benefits of another time.”

According to Marchand, there’s evidence we learn best about ourselves, and potentially about how to work with other groups in outdoor settings that are challenging us.

“In the end, nature takes care of letting them know if they did a good job, or not.” Marchand said. “I think they learn about themselves, and become better and more in tune with themselves as human beings.”



The top of the sky trail at Trees of Mystery. | Iridian Casarez



Gold Beach, Oregon | Iridian Casarez

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# Interdisciplinary innovation

by Bryan Donoghue

Minerals can be understood with Chemistry, matter and energy needs Physics to explain it, and Geology is necessary to comprehend the physics behind Seismology or the Chemistry behind Mineralogy. When the disciplines of Physics, Chemistry and Geology combine it creates a greater understanding of how the sciences are interconnected. Humboldt State’s professors and faculty understand that, and continue to operate their interdisciplinary program, Stars to Rocks.

The program is modeled after Humboldt State’s successful pilot program, the Klamath Connection. Katlin Overeem, the HSI STEM lead coordinator said Stars to Rocks is for first time freshman in the Chemistry, Geology or Physics departments. Aside from showing the relations between the three majors, Overeem said Stars to Rocks teaches time management, how to take notes, and introduces students to various resources on campus like the learning center, multicultural centers, and the

peer mentoring program.

“Students have the tools that they need to know how to succeed as a student at HSU,” Overeem said. “This interdisciplinary strategy creates a more cohesive approach to learning for the student.”

The ability to articulate your science is a crucial skill. Kevin Boston, a Forestry professor with Stars to Rocks is a believer in, “we learn better when we write about it.”

“I’m teaching this material in critical thinking really about how to think and reply critically to Environmental Science kind of problems in general, that was sort of the approach I was going to take for the class,” Boston said. “We learn to be better writers by being better readers.”

This is a sentiment shared among other faculty members, like Overeem. Overeem explains one of the components of the program is block scheduling, which means that their courses are already set up for them. Freshmen in the Stars to Rocks programs get to be in the same sections of their courses together, and that al-

lows the faculty of the program to show how a variety of disciplines is needed in order to be a successful scientist. The set of courses are all GE courses.

“Even if a student decides at some point that Chemistry isn’t right for them, all the courses that we put them into will count towards another degree at HSU,” Overeem said. “The ability to properly communicate your science is a really important component of being a scientist as well. So we’re able to work with these other departments like English and Communication and build these bridges across campus between departments that don’t typically interact.”

Zane Comden, a senior Physics major at Humboldt State sees benefit in the public outreach the program is involved in, and finds it to be a great way to show how all these disciplines are interconnected.

“There’s a lot of openings in the field for public outreach and stuff like that, Especially considering that people want to know where their tax dollars are going when it comes to things like publicly funded research,” Comden said. “When it comes to sciences like that, you can’t really have Geology without Chemistry and you can’t really have Chemistry without Physics, and underneath all that you can’t really have Physics without Math.”

Aside from the interdisciplinary aspect, Boston finds the program to be a great way for students to stay on a good path.



Taken from Humboldt State HSI Stem Flickr | Josh Smith



Taken from Humboldt State HSI Stem Flickr | Josh Smith

“You would see a number of students that’d struggle in their first year. Good students get into bad habits,” Boston said. “The first year experience from high school to college, and the freedom associated with college can effect students differently. Good students in high school can struggle mightily in college.”

Boston said drugs and alcohol uses can become common in certain students, and that can contribute to performance problems.

“I think this is an interesting opportunity to address

some of those issues for students and make the first year more valuable to them. It’s a very interesting pedagogical approach,” Boston said.

The program continues to be a success according to Overeem, and will continue next year. For those looking to join Humboldt State University next semester, Overeem will be communicating with Oceanography and Marine Biology professors to pilot Rising Tides, a new interdisciplinary program.



Taken from Humboldt State HSI Stem Flickr | Josh Smith

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# Divesting for a sustainable future

by Kyra Skylark

Years ago, the movement to move away from fossil fuels was at the forefront of the public eye. Marchers organized and protests took headlines, screaming for change citizens demanded organizations eliminate their support for unsustainable energy practices.

In the spring of 2013, a group of Humboldt State students approached Craig Wruck, the Vice President of the HSU Advancement Foundation, to discuss eliminating the university’s investments within the fossil fuel industry and other concerning sectors.

“Four years ago, the students came to us, and it was during the whole run up to the fossil fuels divestment movement,” said Craig Wruck. “Humboldt State has been very good about socially responsible investing since the foundation was reconstituted, so we never had separate investments and we had never owned separate stocks. It would have been easy for us to say, ‘Good news, we’ve already divested, we don’t own any Texaco stock, because that was literally true.’”

Yes, HSU was not directly invested in fossil fuels. However, indirect mutual funds held ties to the fossil fuel industry. This is what the students wanted to change.

“Our endowments as of the end of last year totaled about 30 to 31 million, and those are contributions over the last thirty years or so. They are then

invested, and they are invested in what are called institutional funds, but are actually mutual funds. That’s not unusual for an endowment of our size. We just aren’t big enough to pick individual stocks, we get better diversification and lower costs if we invest in these institutional funds.”

Sorting through the details of the institutional funds was not an easy decision at first.

“It was a real risk for the foundation board, because they’re programed to get the best return they can,” said Wruck.

It took over a year to compromise and for the board to begin the process of divesting from the mutual fund investments that had ties to fossil fuels. The Advancement Foundation and the students worked to find the best compromise environmentally and financially.

“It’s an interesting argument. Whether the best way to force change in the corporate world, in terms of utilities and

energy production, is to stop investing in it,” said HSU President Lisa Rossbacher.

Rossbacher was also a member of the Foundation board, and debated the next step in divesting from fossil fuels.

“Do we stay invested and use the fact that we are shareholders to argue from within, or do we make an even more dramatic statement and divest,” said Rossbacher. “We are in the process of divesting.

The board decided, at the encouragement of the students, to look into the indirect mutual funds and their ties to fossil fuels.

“We, [the Advancement Foundation] decided to take on the more complicated work of looking into the investments that the mutual funds own and trying to figure out how to green those up,” said Wruck. “Nobody had done that before.”

continued on thelumberjack.org



The Advancement Foundation works to create a more sustainable campus at the prompting from students. | Kyra Skylark

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Jack Pass

by Keaundrey Clark

Football

The No. 19-ranked Humboldt State football team got out to an early lead and never looked back as it rolled past non-conference Chadron State, 56-13, Saturday night in Redwood Bowl.

Ja’Quan Gardner finished the game with a team-high 135 yards on 20 carries.

Webber was 15-of-22 passing for 338 yards and four touchdowns.

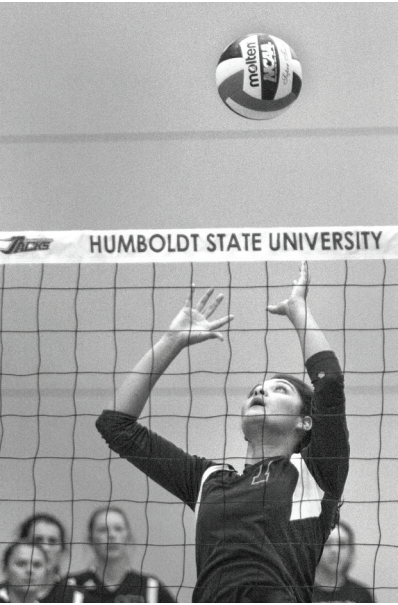
Humboldt State sophomore defensive back Davaeon Johnson was tabbed as Player of the Week by the Great Northwest Athletic Conference Defensive this past Monday.

Johnson matched a GNAC single-game record with three interceptions, taking one for a touchdown.

The Lumberjacks travel to face the Wildcats of Central Washington Saturday in Ellensburg. Kickoff is scheduled for 1 p.m.

Volleyball

Humboldt State volleyball lost to Cal State Los Angeles 3-1 (16-25, 24-26, 25-23, 19-25) this past weekend. Alex Lolland and Janelle Ayala led the Green and Gold with 13 and 12 kills, respectively.



Women’s Soccer

Humboldt State’s women’s soccer team had a up-and-down weekend at home, as they split a pair of conference games.

Humboldt State’s women’s soccer team captured its first victory and points against the Chico State team since 2012 with a 2-1 win on Friday afternoon.

Sunday afternoon at home, they fell to the visiting Stanislaus State Warriors by the final of 2-0.

The Jacks record now stands at 5-4-1, 1-3-1 in conference. They will turn their attention to a pair of CCAA matchups next weekend, first Cal Poly Pomona Friday at 12:30 p.m. and then Sunday at Cal State Bernardino at 2 p.m.

Men’s Soccer

Humboldt State Men’s soccer played with heart and determination this past weekend but fell to Stanislaus State in the 3-2 loss and a heartbreaking double overtime 1-0 to Chico State.

Stanislaus State hit a game-winner at the 80-minute mark on Sunday and Chico State knocking in a crushing goal in the 103-minute.

HSU falls to 6-3 overall, 3-2 in conference, and has a pair of CCAA foes to contend with next weekend in a Friday 3 p.m. visit to Cal Poly Pomona and a Sunday 11:30 a.m. date at Cal State San Bernardino.

Cross Country

Three HSU women placed in the top 10 and Annie Roberts led the way with a fifth place overall ranking. Joining Roberts in the top 10 were Tiana Gillick (18:01.7) and Cessair McKinney (18:06.9) who finished in eighth and 10th place, respectively. Kaylee Thompson (18:13.7) finished in 13th place and Rosa Granados (18:36.6) crossed the finish line in 29th place to round out the HSU scorers.

Daniel Tull was the top finisher for the men’s team in 13th place. Tull ran a personal record with a time of 25:28.3. Dustyn Salomon also put together a strong race placing 31st, followed by Adam Grimmitt in 43rd, Carson Cohn in 51st and Anthony Palacio in 102nd place.

The Jacks hit the road to San Diego to compete in the Triton Invite on Oct. 7.



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Jacks end weekend winless with late game collapses.

by Keaundrey Clark

Humboldt State Men’s soccer team played with heart and determination this past weekend but fell to Stanislaus State in a 3-2 loss and a heartbreaking 1-0 loss to Chico State in double overtime.

The overall theme of this weekend was HSU succumbing to late goals at home.

Stanislaus State hit a

game-winner at the 80-minute mark on Sunday and Chico State knocking in a crushing goal in the 103-minute.

Even with the losses. Head Coach Fred Jungemann knows the fight in his team will work for them in the long run.

“It’s that kind of spirit, that kind of camaraderie and fight together as a team, that we ha-

ven’t been short on all season,” said Jungemann. “And it’s the reason we’ve been winning games to this point.”

HSU falls to 6-3 overall, 3-2 in conference, and has a pair of CCAA foes to contend with next weekend on Friday, 3 p.m. at Cal Poly Pomona and a Sunday 11:30 a.m. date at Cal State San Bernardino.



Alejandro Cortes Garcia defends the ball during the game against Stanislaus State. | Lauren Shea



Cameron Spencer runs towards the ball during the game against Stanislaus State. | Lauren Shea

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# Jacks split weekend at College Creek Field

by Keaundrey Clark

Humboldt State’s women’s soccer team had an up and down weekend at home, as the team split a pair of conference games.

Humboldt State’s women’s soccer team captured its first victory and points against Chico State since 2012 with a 2-1 win on Friday afternoon, at College Creek Field.

“Everybody that went into the game impacted it in a very positive way,” said HSU Head Coach Paul Karver. “It felt like every time we made subs we were able to come at them in waves.”

Jenkins led the Jacks with seven shots, three on goal, and one goal this weekend.

HSU keeper Katelin Talbert made eight saves on the weekend.

Sunday afternoon at home, they fell to the visiting Stanislaus State Warriors by the final score of 2-0.

The Jacks record now stands at 5-4-1, 1-3-1 in conference.

The team will now turn its attention to a pair of CCAA matchups next weekend, Friday at Cal Poly Pomona at 12:30 p.m. and Sunday at Cal State San Bernardino at 2 p.m.



Myriah Epino (#22) taking the ball down field. | Ian B. F. Thompson



Abbie Jones (left) defending HSU player Erin Seigel (right.) | Ian B. F. Thompson



Sabina Postma (left) fakes out defender Brooke Coelho with skillful dribbling. | Ian B. F. Thompson



Brenna Meier (#1) Protects the goal as Jazmine Carranza takes a header while defending against HSU player Jacquelyn Dompier. | Ian B. F. Thompson



Rose Harman (#7) blocking Korie Bozart (#9) from taking the ball down field. | Ian B. F. Thompson

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## Football team chopping it’s way through competition

by Gabe Rivera

*continued from front page*

game, prepare for each game, give it your best every game,” Gardner said. “That’s not really on my mind but it would be cool to win.”

Gardner lead the team in rushing with 135-yards and a touchdown and Byrd added a career high two scores of his own. Senior quarterback Robert Webber had a near flawless game, throwing for 338-yards, four touchdowns and one interception.

The offense showed up as usual with 525-yards of total offense but the defense stepped up big time, taking the ball away from the Eagles seven times. The Jacks shut out the Eagles in the final 30 minutes and picked off Chadron’s quarterback five times.

Davaeon Johnson had a night to remember with a team high three picks off Eagles QB Dalton Holst. On one play, Johnson picked off Holst and ran the ball back 48-yards for

an electrifying Jacks touch-down less than a minute into the fourth quarter. Johnson’s three interceptions tied a Great Northwest Athletic Conference single-game record.

Jacks head coach Rob Smith is proud of his defense for stepping up and taking care of business against a Chadron team that had scored 73 points in the previous game.

“It’s just doing your job,” Smith said. “It’s trusting the guy next to you to do his job. Everybody wants magic answers and there’s no magic to it. Its guys playing hard and guys doing their job.”

The Jacks go into this week ranked No. 17 in the nation and are traveling for a tough conference showdown against the No. 13 ranked Central Washington University Wildcats (5-0) Saturday.

The Wildcats are coming off a 62-0 stomping of Simon Fraser on Saturday in which they held the Simon Fraser offense to just 26-yards on the day. The Jacks defeated Simon Fraser earlier this season 72-14.

The two powerhouse teams should provide some fireworks in this match-up. The game can be seen via live-stream at the Humboldt State athletics website. Kickoff is at 1 p.m. Saturday, Oct. 7 at Central Washington’s Tomlinson Stadium.



Johnson returning one of his three interceptions for a touchdown. | Thomas Allie

Thomas Allie

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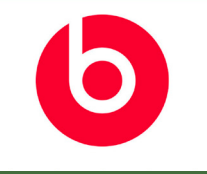
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Editorial

Drink smart

If we’re going out for drinks, we need to follow some rules for our own good. All work and no play makes a Lumberjack dull. Okay, that’s not exactly how the saying goes, but the truth is many people want to get buzzed after a long week. The major downside to this reality is that trouble usually follows where drunkards go. Petty fights, alcohol poisonings and sexual assaults are some of the ramifications of irresponsible partying.

Some of the ways people de-stress are exercising, playing video games or binge-watching shows on Netflix. The list goes on, but drinking alcohol remains one of the most popular ways to take a load off. This ritual isn’t going to stop, especially for college students. As long as we go out to bars or parties, the odds of putting ourselves in precarious situations are high. So, we present to you practical guidelines to protect yourself.

First of all, don’t drink on an empty stomach. You’re more likely to wind up blacked out, in jail or the hospital by avoiding this step.

Drink in moderation and know your limits. In other words, listen to your body. If you’re tipsy, it’s probably in your best interest to take a break and hydrate than giving in to more booze.

Be mindful of leaving your drink unattended, because they might get drugged. This applies especially to those who believe that placing a coaster over their glass will prevent any harm.

Establish a buddy system with trustworthy friends and try to stick together. If you stray from your friends, don’t go home with someone you don’t know. Remember that the bartender or bouncer’s job is to help their patrons, so don’t hesitate to ask for help.



Where’s our legal protection?

by Reza Sadeghzadeh

There is a health center on campus for students, but there is no place on campus for students to go to when they have a legal issue.

So many students have to deal with greedy landlords, careless employers and lousy customer service. If that’s not enough, some students are now facing racist immigration policies.

We are here to receive a higher education and hopefully be able to build a career from the experiences we gain.

Instead, some of us have to deal with external forces like housing and employment that spoil our learning ability.

There is no plausible reason for a student to be homeless and the University ought to find the root of this problem. More likely than not, homeless students are financially capable of paying rent, but landlords discriminate against

“We must act immediately to create a legal center for the sake of student success.”

— Reza Sadegh

some applicants.

The prejudice doesn’t stop there. It’s not just issues in our community, but throughout our nation. Our government’s approach towards immigration is not only racist, but it is also detrimental to our University due to our lack of diversity.

We as a University must act now!

One of our most powerful preemptive recourses in dealing with these external forces is establishing a legal center. We need a place on campus ready to help students with their legal issues so they can worry less and focus more on their academia.

We live in an isolated area with limited legal services and it would cost students an arm and a leg to seek legal counseling.

Luckily, there are some compassionate attorneys in our community who are willing to help. But it is our responsibility to create an organization so we can have access to legal services.

The creation of a legal center should be one of the main goals of Associated Students and it is a bit disappointing that we have not created a mechanism that provides legal remedies for those in need.

The time is now! We must

act immediately to create a legal center for the sake of student success.

“The creation of a legal center should be one of the main goals of Associated Students...”

— Reza Sadegh

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The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published weekly every Wednesday during the school year. Views and contents of The Lumberjack are those of the author and do not necessarily reflect those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-thirds majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not considered an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

Have an opinion? We want to hear it.

Submit your opinion to thejack@humboldt.edu

# Get your facts straight

by Matthew Hable

You, the reader, have a moral responsibility to verify the truth when it comes to news. Fake news is everywhere and much of it has to do with the fact that the average person can be a journalist these days. Millions of bloggers and social media users distribute biased, inaccurate and partial information. Add bipartisan news organizations to the mix and we have ourselves a flood of conflicting information inundating our lives every day.

The Society of Professional Journalists says that an ethical journalist “strives to ensure the free exchange of information... is accurate, fair and thorough.”

A good journalist aims to report objective information that has been carefully veri-

fied. Readers should do the same. If you dig deep enough, you’re likely to discover that the source of a story has media bias. By understanding the motive behind the story, the reader can make a better decision about sharing information. To put it another way, don’t immediately accept news for its face value.

It’s also worth mentioning that objectivity does not necessarily mean taking a neutral stance.

“Because the journalist must make decisions, he or she is not and cannot be objective. But journalistic methods are objective,” said Bill Kovach and Tom Rosenstiel, authors of “The Elements of Journalism.”

Verifying the truth is one

way to combat fake news, let alone filtering lies and deception just from an ethical standpoint. Go over the Code of Ethics on the Society of Professional Journalists website to gain a better understanding of ethical journalism.

“The first task of the new journalist/sense maker is to verify what information is reliable and then order it so people can grasp it efficiently,” said Kovach and Rosenstiel. Our responsibility is “to provide citizens with the tools they need to extract knowledge for themselves from the undifferentiated flood or rumor, propaganda, gossip, fact, assertion, and allegation the communications system now produces.”



“your facts are all over the place” I Daisy Rodriguez

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# North Korea = no worry

*Why you don’t need to worry about North Korea*

by Phillip Santos

Donald Trump and Kim Jong Un should be best friends. When I read about escalating tensions between Trump and Kim, I can’t help but see two short, chubby kids fighting over who gets to play in the sandbox. The sandbox tale typically ends with a long-lasting friendship after two people discover how much they have in common. Trump and Kim both employ inflammatory statements, exaggerate oppositional views, resort to strong arm tactics and utilize name calling on a regular basis. This is why U.S. relations with North Korea have become so frightening. We have two similar archetypes locked into a childish war of words, which is precisely why we don’t need to go bunker shopping just yet.

North Korea agreed to abandon “all nuclear weapons and existing programs” in 2005

during what was called the “six-party talks.” Clearly, that didn’t happen, but it shows us that the polar extreme of today’s situation wasn’t so long ago. More recently in 2015, North Korea agreed to suspend nuclear testing in return for the cessation of the annual U.S.-South Korea joint-military exercises. The U.S. rejected that offer. The takeaway from this is that North Korea has come to the table before, and I think that will continue to be the case.

What has pushed North Korea away from the negotiating table and into the war room is what we see Trump doing today: name calling and ridiculing. Former president Bush labeled North Korea as part of the “axis of evil,” The Interview portrayed the plotted assassination of Kim and now Trump has gone and said we would “totally destroy” North Korea. These events prompt-

ed displays of aggression by North Korea, ranging from withdrawal from disarmament talks to testing missiles. The common theme amongst these events is that they were reactionary and some might even say defensive. The U.S. has “totally destroyed” North Korea once before during the Korean War.

Curtis LeMay, head of the U.S. Air Force Strategic Air Command during the conflict, would later boast in an article from the Guardian that the U.S. bombing campaign killed about 20% of the population.

“We went over there and fought the war and eventually burned down every town in North Korea,” LeMay said.

When the President trumps about “totally destroying” North Korea, he’s rubbing the pain of history into a wound that hasn’t ever healed. If Trump can keep a lid on statements like that, we’ll be just

fine.

I feel a bit crazy for thinking this, but I think North Korea’s actions are somewhat rational. First consider that, as previously mentioned, the U.S. has demolished North Korea before. The track record since then doesn’t get any better - U.S. weapons have become more powerful and plentiful as a result of endless decades of war. Secondly, the U.S. has a long history of foreign intervention, even when there weren’t necessarily direct threats. I have a book called Killing Hope by William Blum that examines every U.S. Military and CIA intervention since World War II. It was printed in 1995 and has a chapter for each country the U.S. has intervened in. There are 55 chapters. Kim isn’t irrational for being weary of the U.S. His hostility makes a lot of sense. I find these indicators of ration as reasons for relief, because I think Kim understands

that any attack on his part would result in the destruction of his country. For that reason, I don’t see him authorizing an attack on foreign countries.

So why all the showmanship then? Well, the kid throwing a tantrum wants to be heard. Having nuclear power means you have more to say at the table and it might be the only way for North Korea. It may be savvy of U.S. to take North Korea out of corner time, sit down with them to hear their side and maybe even apologize for the hurt that’s been done. But can you see Trump, a man who still eats well done steaks swimming in ketchup, changing his nature to make this possible? I think he’s a playground bully who’d rather see the sandbox filled than change or apologize - and that is what we need to be afraid of.

Phillip Santos may be contacted at thejack@humboldt.edu

# Comments

**In Regards to: Get your facts straight**  
Comment by: Joe

*“When I began reading this article, I was thrilled because I thought it was going to turn into an apology for the many errors that this publication has made over the last year or so. As a reminder, last academic year, The Lumberjack began making outrageous claims then censoring comments that corrected them. They then posted an absolutely shameful article on lead poisoning in Eureka that was ultimately removed from this site because the premise was completely false. They then failed to publish information on the Lawson homicide that was delivered to their office before the preliminary hearing in April. The information turned out to be true. This semester, the article titled “Frustration is not Hostility” was published along with a false timeline. A comment was made calling for a correction and was met with no response. How dare you write an article calling out the readers for not correcting your publication. Take some accountability, apologize for your errors and don’t make the same mistake twice.”*

**In Regards to: Lucky Just Won’t Cut it**  
Email from: Andrea

*“In a previous issue of the Lumberjack, you asked for ideas for a new mascot. Has The Humboldt Fog been suggested? I realize the concept is a bit nebulous, but appropriate, I think.”*

**In Regards to: Lucky Just won’t cut it**  
Comment by: Mike

*“Back in the early days of UC Santa Cruz, a Duly Appointed University Administrator decided that the UCSC Team would be known as the Sea Lions.The students were having none of it. A slimy yellow groundswell ensued, and the Mighty Fighting Banana Slugs of UCSC were born.“-Fiat Slug” (“Let There Be Slug”) and the iconic Slimy Mascot have been voted one of the 10 best mascots in the country.How about “The Mighty Fighting Rainbow Snowflakes”? “We’re Having a Melt-Up!” “CHILL out!” “Let It Snow!”*

**In Regards to: Lucky just won’t cut it**  
Comment by: glennfranco59

*“Keep Lucky. Tradition is tradition. If the teams are called the Lumberjacks, why not just have a Lumberjill or a lumberper-son, if you want to be so politically correct. Also, there were multiple boom periods of forest destruction and major down-turns. It wasn’t just one major boom. There was also bust for workers laid off. (HSU, journalism, ’85)”*

**In Regards to: Let’s talk about Gender Pronouns**  
Comment By: Shi

*“My ego? what about my freespeech? if you’re holding a natural conversation and ‘misgender’ someone, because they naturally appear and display as the functional understanding of one gender or the other, it becomes simply rude and disruptive of the ‘misgendered’ party to interrupt them. does bringing their ‘identity’ into unrelated conversations apply only to others? should they not also be polite and pull them aside after they’ve finished to inform them? Why is it on everyone except themselves to make their needs clear. they aren’t children. they are expected to look after their own needs by this point.”*

# WHAT’S HAPPENING

## OCTOBER

*Check out the online calender on [thelumberjack.org](http://thelumberjack.org).  
Please submit any local events using the calendar Submit tab under calendar in the main menu.*

### WEDNESDAY 4

Outstanding Professor Lecture by Professor Stephen Cunha: Beyond Yosemite @ Van Duzer Theatre 5-7 pm

Sci-Fi Night ft. Robot Monster (1963) @ Arcata Theatre Lounge 6 pm

### THURSDAY 5

Administrative Support Assistant @ Founders Hall 118 5:30- 7 pm

### FRIDAY 6

Roller Skating @ Eureka Municipal Auditorium 6-8:30 pm  
Children \$4.50 Adults \$5.25

Apple Harvest Festival @ Rohner Park, Taste of the Harvest Hard Cider Festival, benefitting Wild Souls Ranch! 6 - 10 pm

Pastels on the Plaza @ 8th & 9th Sts bet. G & H Sts

The Haunting (1963) @ Eureka Theater 7:30 pm

Eureka Symphony Season Opening Concert @ Arkley Center for the Performing Arts 8 -10 pm

Dread Daze @ Blue Lake Casino 9 pm -1 am

### SATURDAY 7

Apple Harvest Festival  
FREE Hayrides to five stops around town  
10 am to 4 pm

**Downtown Fortuna**  
Old Fashioned Street Fair, 9 am- 5 pm

**Rohner Park**  
Walk & Roll Fair - 10 am- 1 pm  
Rising Stars Salsa Competition 11:30 am - 1:30 pm

Fall Festival @ Freshwater School 1- 4 pm

Beer & Cheese Pairing @ Sequoia Conference Center 6- 8 pm

Oktoberfest @ Arcata Veterans Hall 7 pm

### SUNDAY 8

Apple Harvest  
Clendenen’s Cider Works, 11 am- 3 pm

PRIVATE OUTDOOR HOT TUBS  
TRADITIONAL SAUNA CABINS



*Cafe Mokka*  
COFFEEHOUSE

Sun-Thurs: noon - 11pm  
Fri-Sat: noon - 1am

OPEN EVERY DAY  
INCLUDING SUNDAYS & HOLIDAYS  
CORNER 5TH & J. ARCATA  
822-2228 FOR RESERVATIONS

SAT, OCTOBER 14, 1-5PM PERIGOT PARK, BLUE LAKE

# HUMBOLDT HOPTOBERFEST

## BEER

Mad River, Six Rivers, Redwood Curtain, Lost Coast, Eel River, Humboldt Cider, The Booth, Humboldt Regeneration, Humboldt Homebrewers, North Coast Mendocino, Sierra Nevada, Lagunitas, Third Street Aleworks, Alaskan Firestone Walker, Bear Republic, Ninkasi, Anderson Valley

## MUSIC

Headshine  
Orjazzmic, La Patinas  
Blue Dragon Steel Band



**\$30 presale / \$35 at gate**

Presale tickets available at your local brewery, Wildberries, & [www.hoptoberfest.net](http://www.hoptoberfest.net). See website for free shuttle schedule.  
Kids under 12 free with paying adult. Leave the pets at home.