

THE LUMBERJACK

Free

By the students – for the people

When life is ruff, pet a pup



Photo story continued on page six

Junior Lyric Bell interacting with one of the therapy dogs, Milo, 4. | Liam Olson

HSU Library faces budget cuts

by Erin Chessin

About \$150,000 is being subtracted from the HSU Library due to extreme budget cuts the school is facing. This means that \$80,000 is coming out of library staff positions and \$70,000 is coming out of the library’s research collection, including books, databases, and journals. Students and staff will start to feel the impact starting July 1 when the budget cuts will take effect.

Cyril Oberlander, the Dean of the University Library, said he wants to assure students that the school is making its budget cut choices in favor of the students. “We have to be strategic about our budget cuts in the end and decide what is most likely to help students out the most,” Oberlander said. The library’s biggest concern is to make sure students have all the resources they need to succeed in their education. This means providing more textbooks on reserve, improving the technology, and putting in more tables for students to work at.



The Humboldt State University Library. | Liam Olson

Recently the library has made new additions to the second floor of the library by adding big screens for students to hook up their computers to and collaboration tables with charger ports in order to make the library environment easier to study. The Dean of the Library’s goal is to keep student jobs in the library. “I would like to hire more students in the library,” Oberlander said. “Student employment is great for retention and many students are dealing with debt.”

continued on page three

HSU takes on the Big Apple

by Juan Herrera

Maintaining peace, resolving conflicts, protecting the environment and much more between nations is not an easy task, but someone has to do it. The organization in charge of doing so is the United Nations (U.N.). This group consists of representatives from countries making policies to benefit their needs while trying to attend to other nations problems as well. According to the United Nations website, the organization was set in place to keep international order following World War II to hopefully prevent another one from breaking

out. Still, to this day, the U.N., based out of New York City, makes decisions and policies with the intent to maintain peace and security. Now imagine a simulation of the actual U.N., but instead of country representatives, you have college kids from around the world meeting at one conference to try and maintain peace. Humboldt State University had the opportunity to compete in the Model United Nations (M.U.N.) conferences; Far West and Nationals. Nationals were held in the heart of New York City from April 9-13, then shortly after Far West was held in San Francisco from April 21-25 of 2017.



Six of the eight that represented HSU at Model UN Nationals, New York | Juan Herrera

Maggie Martinez, a senior at HSU, was one of the eight representatives that went to Far West and Nationals. She talks a little about the differences in both conferences. “Far West is slightly more lenient, but people are more aggressive in an unproductive way,” Martinez said. “Whereas Nationals people are aggressive in a productive manner.”

continued on page three

holly yashi

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Year wrap-up



Issue 1

Largest March in Eureka City History

On January 21, women and men took to the streets of Eureka to march in protest of the inauguration of Donald Trump.

"We need to be together, as the mass of humanity, with all our diversity in order to join up and be powerful, and challenge the other powers that are trying to oppress us," Arcata local, Joanne McGarry said.



Issue 11

Athletics department faces deficit growth

Humboldt State University's athletics department will face a budget deficit as the fiscal year comes to a close on June 30, 2017 for the second consecutive year. The athletic department is expected to come up \$669,000 short, once again requiring HSU to divert \$500,000 from its general fund to help curtail the deficit.



Spring term began on January 17. Since the first Lumberjack issue of the semester, we have covered a wide range of topics within HSU and the local community. Here is a look at some of the top stories the Lumberjack has covered this semester. For all these stories and more go to thelumberjack.org.



Issue 9

The Vote is In, Tuition Goes Up

On March 22, the California State University Board of Trustees voted 11-to-8 to increase student tuition for the 2017-18 academic year by \$270 for undergraduates. There are over 100,000 more students enrolled in the CSU system today than in 1985 while funding has decreased by 2.9 percent. The state's gradual abandonment of CSU funding commitments has pressured the Board of Trustees to find alternative financial support for institution services.



Issue 13

Remembering David Josiah Lawson

David Josiah Lawson, a second-year criminology major and president of Brothers United, was stabbed and killed on the early morning of Saturday, April 15. Brothers United organized a vigil to remember their brother. The audience consisted of Lawson's family members who traveled from Riverside, California.



Local

- A federal judge dismissed portions of a lawsuit claiming Eureka's ordinances against camping and storage of personal items in public spaces violates the Constitutional rights of homeless individuals.

North Coast Journal Update - 4/28/2017

- Highway 101 is open and traffic is flowing north of Leggett.

Caltrans Update - 4/25/17

U.S.

- A federal judge on Tuesday blocked the Trump administration from enforcing a threat to take away funds from sanctuary cities.

CNN Update - 4/25/17

- Trump administration still considering how to make it easier to sue the media.

Washington Post Update - 4/30/2017

World

- Pope Francis urged the United States and North Korea on Saturday to defuse their increasingly tense standoff and avert a potentially horrific conflict.

New York Times Update - 4/29/2017

Charlotte Rutigliano may be contacted at thejack@humboldt.edu



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Love knows no borders

The realities of the US-Mexico barrier

by Kelly Bessem

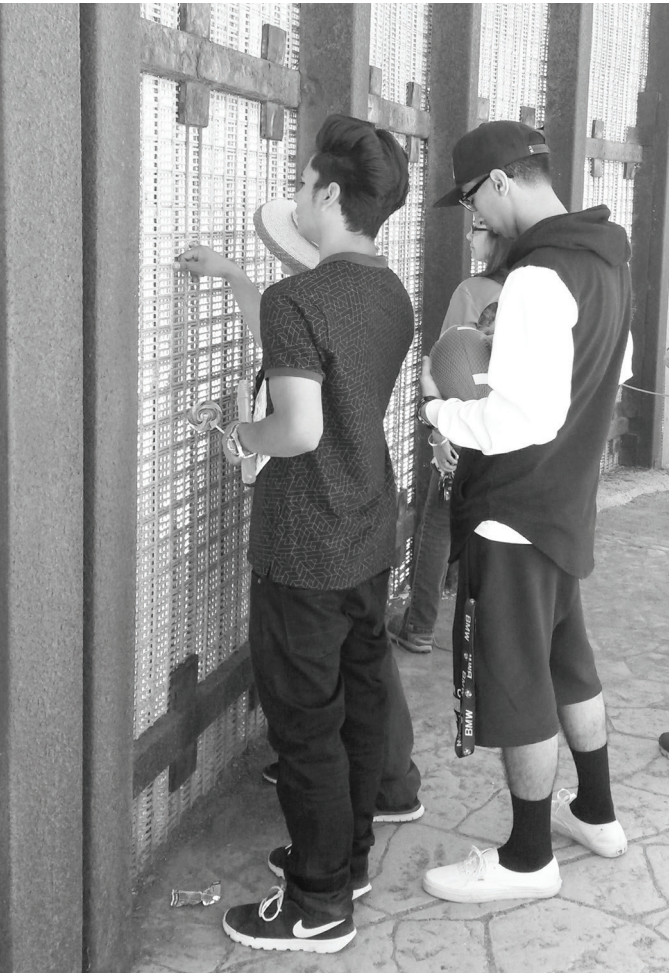
April 30, 2017 marked the fifth time the Door of Hope/ Puerta de Esperanza was opened at the US-Mexico border near San Diego, California to let family members from each country momentar-

ily hug each other. This year six families were given three minutes each.

This emotional event began in 2013 when Enrique Morones, founder of the social justice non-profit Border An-

gels, realized the child of one of his volunteers had never hugged her father.

“This event isn’t political, it’s about the image of a daughter hugging her had for the first time,” Morones said.



A young man tries to fit his pinky through to touch someone on the other side of the fence. I Kelly Bessem



Enrique Morones explains how he negotiated the opening of the door. I Kelly Bessem



Though they cannot touch, family and friends talk through the thick border fence. I Kelly Bessem



The US-built fence towers over those celebrating on either side.

Library gets cut \$150,000

continued from page one



HSU students working on computers at the HSU Library I Liam Olson

HSU Financial Affairs has to make budget cut choices amongst its departments, and unfortunately, the school cannot hold off the debt any longer.

“We only have a budget that stretches so far and this is the year we have to make cuts,” Oberlander said.

According to Oberlander, there are two reasons the school is facing debt. One reason is out of HSU’s control.

“Federal and state funding for higher education has been gradually decreasing over the years,” Oberlander said.

The second reason for the debt is the school’s overspending. A meeting was held on April 9 where the HSU Center Board of Directors met to discuss the debt issue.

“During the last five years, the University has been over-

spending and this year the deficit is at \$4.1 million,” Peg Blake, the VP of Enrollment Management and Student Affairs, said in the meeting’s release statement.

Hundreds of students flow in and out the library every day, many relying on the computer software, databases, and textbooks on reserve to get their degree. Jocelyn Barber is a junior environmental engineering major who relies on the library to get a hold of pricey textbooks required for a class.

“It’s a great thing the HSU library allows students to check out expensive textbooks on reserve,” Barber said. “It would be a waste of money to buy \$300 textbook only to use once or twice, so thankfully I can use it at the library for free.”

Erin Chessin may be contacted at thejack@humboldt.edu

HSU’s Model UN heads to New York City

continued from page one



Jenn Bradley (left), Lorea Euskadi (middle), and Maggie Martinez (right) representing HSU at the Far West Model UN conference. I Juan Herrera

According to Martinez, at Nationals, the country HSU represented was Cabo Verde with a total of eight students. She then mentions at Far West HSU took on Russia, Yemen, and Bhutan with a total of 30 students.

Lorea Euskadi, senior at HSU, another one of the eight student representatives that attended both conferences talks about the importance of M.U.N.

“This a huge opportunity for college students to network with people that could benefit their future,” Euskadi said. “Model UN has taught me multiple life lessons, but the most important to me is a hard work ethic.”

According to Euskadi the Nationals conference is actually considered a National Collegiate Conference Association (NCCA) event with a broadcasted closing plenary in the actual U.N. headquarters building. She then mentions

that due to Nationals being the world’s largest intercollegiate MUN simulation it brings a lot of stress and pressure on the students.

“Writing paper after paper for five straight days, with hopefully more than three hours a sleep a night, will mentally drain anyone,” Euskadi said. “Then having to make everything damn near perfect will put a ton of stress on the delegates putting in the work.”

Humboldt State will be attending next year’s Model U.N. at Nationals and Far West as well. Both conferences will be held at the same venue but the times are TBA for some time in 2018.

Martinez had one last part of advice for the future Model U.N. representatives that Humboldt State sends.

“Congregate, compromise and mediate,” Martinez said. “These three things helped me excel very well in the conferences.”

Kelly Bessem may be contacted at thejack@humboldt.edu

Juan Herrera may be contacted at thejack@humboldt.edu

Travel delays

Traffic to and from Humboldt County

by Andre Hascall



Slide on the 101 | Caltrans District 1 Facebook

It's common knowledge that traveling outside of Humboldt county is a long trip. Plenty of students are getting ready to scurry down south to begin summer vacation, while families and friends of Humboldt State University graduates prepare to make the drive to Humboldt for the graduation ceremony. With the recent storm that has recently hit Humboldt county in the past months, various repairs have been needed along the 101, including a huge rockslide. The usual quickest route back south, Highway 101, may not be such a good choice for students heading home, or families and friends heading to Humboldt.

Eli Shannon, freshman psychology major, is finishing up his first year at HSU. "I was

planning on leaving about a week after finals," Shannon said. "If the 101 is closed I guess I'm taking the 299." Shannon's remark may sound similar to other students who are planning on reaching their destinations as fast possible.

Currently US 101 has two locations of 1-way controlled traffic, both being in Mendocino county. One of these locations is 12 miles north of Dora Creek Bridge, and the other being south of Garberville. Around 6 miles of the 101 are being reduced to one lane both ways in southern Humboldt County.

Some students have people coming up to watch the graduation ceremony. One of those graduating students is Araceli Gracia. She is a child development major who will be walk-

ing this month.

"I'm planning on telling my family to take the 299 instead," Gracia said. "It would be better to take the 299 to be safe rather than taking the 101 getting stuck or having to turn around and take longer."

The inconveniences on the 101 are another worry for students as they prepare for finals. Worrying about passing classes is stressful enough without having to endure a lengthy car ride home. One student who calls San Diego home is Melissa Blanford, a marketing major with a minor in English. "Yeah I guess I'm kinda annoyed that there will be traffic," Blanford said. "But I'm not really worried about it considering I have finals to worry about."

"US 101 Traffic Alert:

101 north of Leggett will be experiencing delays of up to 30 minutes 7 am to 7 pm weekdays to stabilize the hillside at the location of recent rockslides and install a cable mesh system. The work may take 2-3 months to complete and reopen both lanes."



Roads opened to single-lane | Caltrans District 1 Facebook



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Mental Health Week

by Stella Stokes

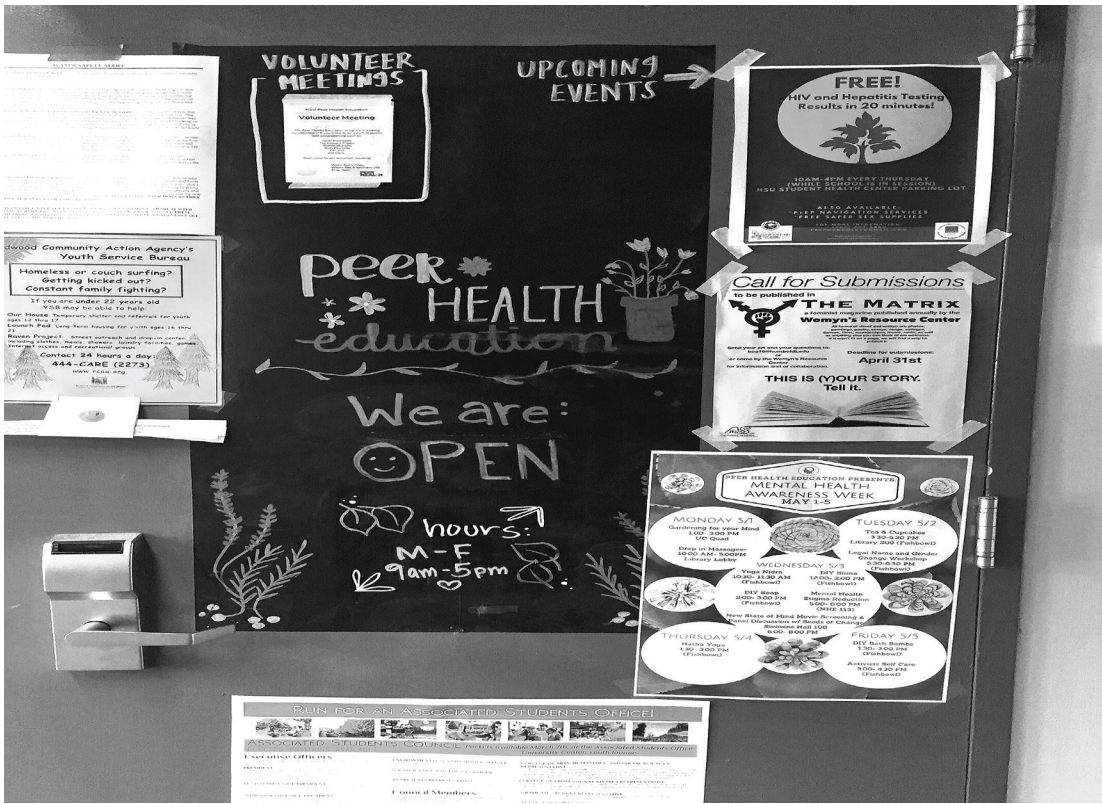
The Peer Health Educators are hosting various workshops around HSU campus during Mental Health Week from May 1-5. They’ve finalized all the workshops for the students to enjoy, including yoga lessons, massages and how to make bath bombs. Lizzie Alvarez, the coordinator of Mental Health Week, believes people forget to care for themselves because they’re so focused on homework and papers.

“Self care is increasingly important.”

— Lizzie Alvarez

“Self care is increasingly important,” Alvarez said. Christina Cole adds that it’s not only finals that students

stress about. With the news of David Josiah Lawson’s death and other personal factors, the semester can be draining to students. “It makes times like this more important to check in,” Cole said. Alvarez and Ani Glenn suggest studying in parts, not cramming everything in at once to ease the strain of finals. Late night study sessions are not mentally or physically healthy because lack of sleep can affect your grade. Planning what to study and organizing time can be overall helpful and beneficial. Peer Health Educators are a social justice focused program consisting of students who educate fellow students on mental, physical and sexual health. For more information on Peer Health Educators, visit their office in RWC 127, open 9 a.m.-5 p.m. Monday-Friday. For disability accommodations, email ravin@humboldt.edu.



Front door of Peer Health Education office. Room 127 in the SRC building | Onaja Waki

Stella Stokes may be contacted at thejack@humboldt.edu

Tips to chill out during finals

by Liam Olson

Finals can be stressful and it can feel like your brain is on overload during this hectic time. Sometimes it’s hard to remember how to chill out and relax with so much to do. Here is a few quick and easy tips to help put your mind at ease.

Tea is a great way to relax after a long day of work. According to Malia Anspach, an employee of the Arcata store Moonrise Herbs, lavender, catnip, skullcap, and chamomile are the perfect herbs to add to your tea to help you relax.

Taking small breaks in between homework is beneficial for your brain. By taking breaks from homework, it would prevent your brain from burning out and making work more difficult. Whether it is watching Netflix or just taking a walk, anything that gives your brain a break helps.

The Peer Health Educators are hosting various activities to help students relax around the HSU campus. These activities are for mental health awareness week which occurs from May 1-5.

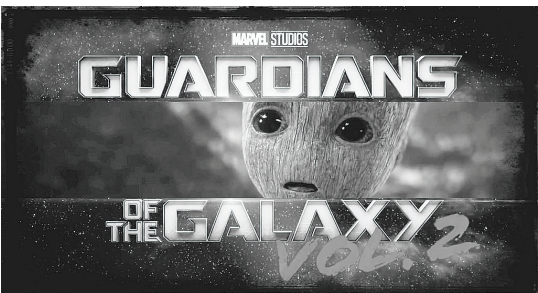
HSU has multiple events to help students relax during finals. One of these events is dog petting therapy which will take place in the HSU Library on May 8 from 1-2:30 p.m. and May 9 from 6:30-8 p.m.

Liam Olson may be contacted at thejack@humboldt.edu

Summer movies to get excited for

by Stella Stokes

It’s almost summer and that means avoiding the sun by sitting in a theatre multiple times, or in my case, avoiding the local summer fog. There’s the usual duds hitting the theaters, but there are several exciting franchises and new stories that are coming out as well. Here are my picks that I’m pre ordering tickets for that are worth checking out.

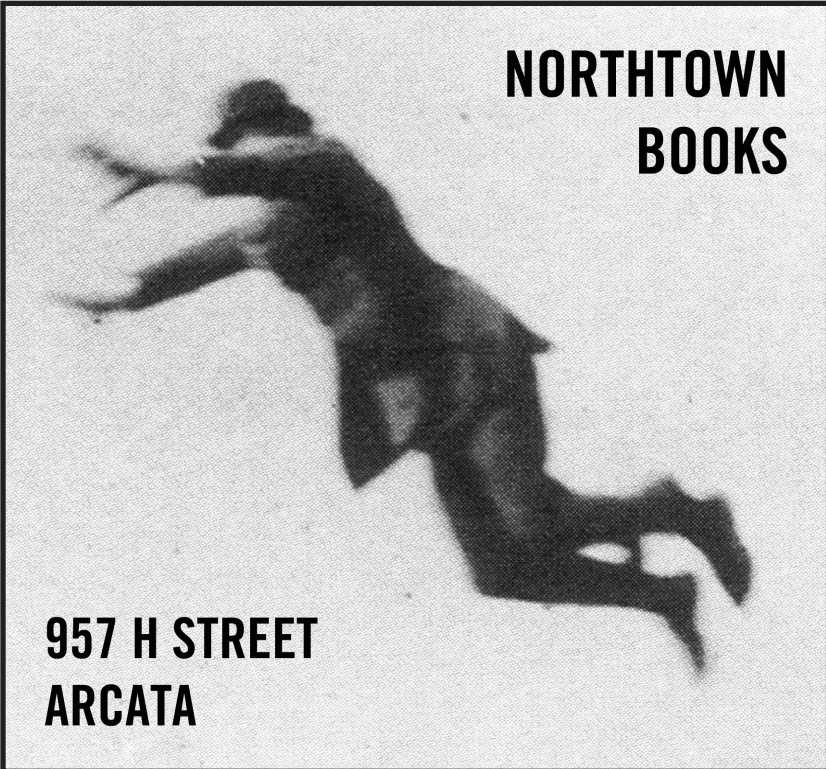


Guardians of the Galaxy Vol. 2 (May 5)
It’s still within the semester, but this Marvel sequel kicks off the summer blockbuster season. After coming out from watching the first one on opening day, I was eager to hear what will the next soundtrack be like and how Baby Groot will kick butt.



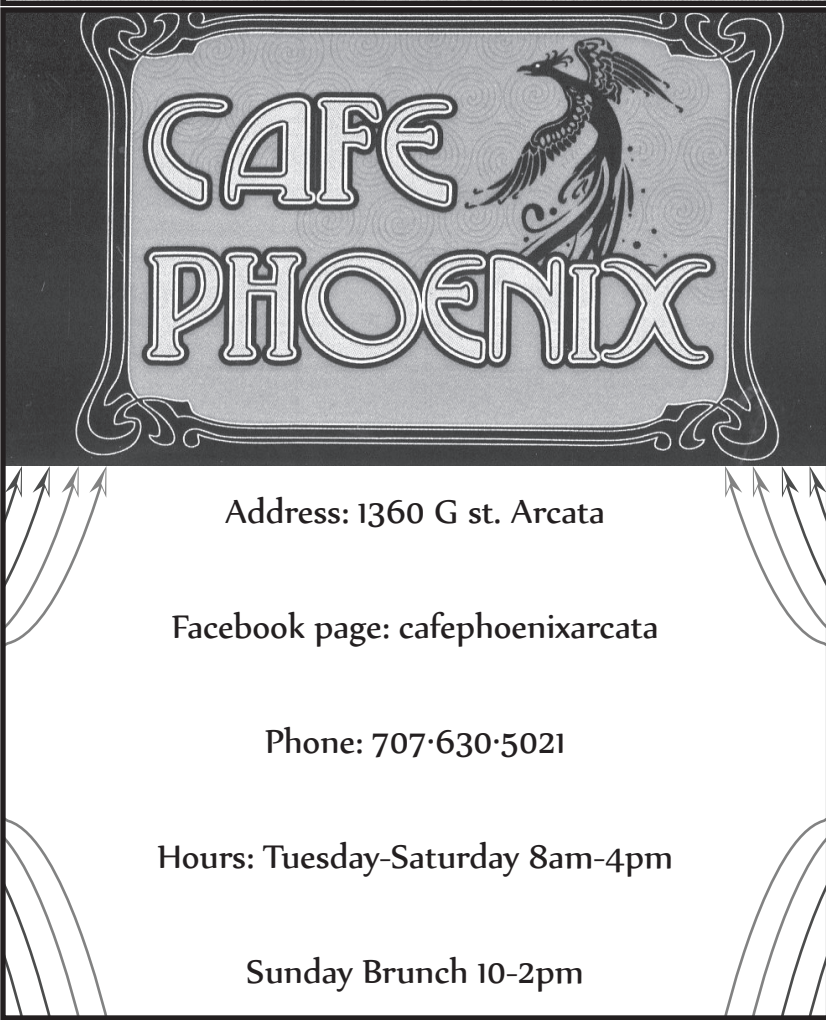
Spider-Man: Homecoming (July 7)
Spider-Man was one of the first comic book movies I saw and loved the first two movies with Tobey Maguire. The franchise had a rock path with the reboot of The Amazing Spider-Man and now another reboot with “Homecoming.” This movie brings Peter Parker in high school with actor Tom Holland, who actually looks like he’s in highschool, and sounds more light-hearted than recent Marvel films.

Stella Stokes may be contacted at thejack@humboldt.edu



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Sun May 7 – Pirates! Band of Misfits (2012)
Doors @ 5:30 PM, Movie @ 6 PM, \$5, Rated PG.

Wed May 10 – Sci Fi Night: Cyborg 2087 (1966)
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Sun May 14 – The Incredibles (2004)
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Dog therapy to help students relax during finals

Students were able to pet therapy dogs to destress from the stressful workload of finals in the Jolly Giant Commons on April 29. Canyon Student Assistant Elisabeth Torretti and the Canyon staff put on the event for student residents. The therapy dogs will return to campus at the library on May 8 from 1-2:30 p.m. and May 9 from 6:30-8 p.m.



Freshman Helen Acosta taking a photo of Chablis while freshman Daisy Sanchez pets Chablis.



Junior Kayla Stark petting Milo. Milo's owner said that he has been working as a therapy dog since he was one year old, an unusually young age to begin therapy dog training.



Chris Irvin is the owner of the therapy dogs Chablis, 9 (in photo) and Wizard. Wizard and Chablis are Belgian Tervurens.

Liam Olson may be contacted at [thejack@humboldt.edu](#)

Succulents soothe the soul

by Emily Moore



A succulent living in a Sunset Hall window | Terra Hyke

Succulents are an awesome, low maintenance plant that are uniquely adapted to dry climates by storing water in the leaves, roots and stems. This makes them excellent plants for both indoor and outdoor spaces. That said, you still need to get the basics right. Here are the necessary light, water and soil requirements for succulents.

How much light do succulents need?

Indoor Light for Succulents

Your succulent requires at least four hours of direct sunlight daily through a sunny or bright window. If you don't provide adequate light, the succulents will search for the light and end up growing long and thin features. This fast growth gives the plant a light green color with leaves sparsely placed, and without inter-

vention, it will gradually die. Normal succulent growth is slow with dark green leaves placed compactly. If you notice abnormal growth, gradually introduce the plant to the sun.

Outdoor light for succulents

Even though most succulents loves sunlight, they do appreciate some afternoon shade during the hotter months to avoid burning. In their natural habitat, succulents are protected by taller trees and shrubs from direct sunlight. You should slowly introduce your new plant into sunny conditions since you may not know what conditions it grew in. In spring, protect them with a shade cloth.

How much water do succulents need?

While some succulents can hold water for a long time, they have a cycle of filling up and draining to simulate a dry climate. It's a good idea to develop a watering schedule that will allow the plants to dry before watering again. Keeping them moist constantly will result in rotting. You can use the pot's weight, a chopstick, or your finger to check if the soil is dry before another round of watering.

You can also keep an eye on the leaves; dry leaves will look shriveled, while saturated leaves will look plump

and soggy. Just keep in mind that not all succulents are the same, and there are succulents that are extremely water-sensitive, while others are more tolerant.

During their bloom and active growing season, most succulents need more water. Water before the soil is completely dried out to keep the cycle unbroken. In winter, water every twenty or so days.

What kind of soil do succulents need?

The soil used for your succulent should be mixed well so that it drains well, which will help to avoid rotting the plant. Consider a soil mix of 2/3 potting soil with 1/3 slate chips or any small stones for indoors plants. For those plants that stay outside, use 50/50 soil and slate chips since it has higher chances of receiving more water regularly from rain. The safest bet is usually to use a soil specifically formulated for succulents (succulents are a common houseplant, so your local gardening supply store should have some).

Avoid using glass containers or any container that does not drain. Since succulents don't like sitting on soggy soil for long, this kind of pot will eventually kill the plants. A well-drained soil is required for aeration and to keep the soil dry most of the time especially in winter when humidity is high, and there is no sunshine to dry up the soil.

Emily Moore may be contacted at [thejack@humboldt.edu](#)

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Hair extensions at your convenience!

by Onaja Waki



Two of the many types of weave hair textures offered, straight and wavy. | Onaja Waki

In town, there aren’t really any big beauty supply warehouses like in Los Angeles or the Bay Area, where people can go to purchase hair extensions to style their hair.

However, cosmetologist and owner of Lash Out lash extensions Starsha Marquez buys and sells weave and braiding hair out outside of her stylist job at The Trim on Samoa Boulevard. As a provider of these hair products, Marquez has been providing a service to individuals in Arcata who need and like to wear hair extensions.

As someone who gets their hair braided Marquez, understands how it may be a hassle to find a place where you can purchase hair extensions or even a place to install the hair.

“Plus my hair isn’t expensive. I only sell it for a dollar more than what you would buy in a regular beauty supply.”

— Starsha Marquez, owner of Lash Out

“I remember having those bad hair days and the struggle to get my hair done how I wanted,” said Marquez. “I used to drive all the way to Vallejo just for my hair appointments at the braiding hair shop, because they weren’t one out here.”

Once Marquez stopped braiding hair herself, she decided to start selling the hair instead.

“I was like the only one in Arcata who people knew to call for it.” Said Marquez. “Plus my hair isn’t expensive. I only sell it for a dollar more than what you would buy in a regular beauty supply.”

With her eyelash extension business and

hair extension providing services, Marquez is looking forward to expanding to a bigger space to provide more cosmetic services.

“I’m thinking about expanding my business and combining it with cuts, waxing, and manicures and pedicures,” said Martinez. “I’m also looking for braiders because I’m not interested in braiding myself, I will also provide the hair, still.”

Marquez has already built up a good client base consisting of HSU students and Arcata locals. After speaking with two of her HSU clients who have previously bought braiding hair from her they mentioned how well her customer service was.

HSU student Arri sanchez mentioned how well Marquez informed her about the different types of braiding hair.

“She had a big selection already,” said Sanchez. “She had red packs of hair, black, brown, multicolored, she just had it all.”

Mariah Sulton also a HSU student and a client of Marquez buys braiding hair on a regular bases.

“I couldn’t even begin to tell you how convenient it is to have her out here,” said Sulton. “Usually I would have to order my hair online or have my mom buy it and send it up to me, but ever since I found out about Starsha last semester I just go to her now.”



Starsha Marquez sitting at her in home hair studio. | Onaja Waki

Onaja Waki may be contacted at thejack@humboldt.edu



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Love Bush

Thursday May 11th
Zepparella
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Compassionate Bonds

HSU chem prof goes above and beyond

by Bryan Donoghue

For many students at Humboldt State University, any chemistry class is on a list of the hardest courses a student can take. Humboldt State has taken on a new temporary chemistry professor whom students are dubbing “passionate,” “exuberant,” “enthusiastic,” and “caring.” Walking into his office, some may mistake him for a student. He’s listening to Selena Gomez, One Direction and country music. But it’s his demeanor, not his music preference, that makes Puminan Punthasee so approachable.

“I’m not afraid to approach Pete, which I sometimes am with other professors,” said Kathryn Buzanski, 29-year-old student and Marine Corps veteran. “With Pete, I can email him, I can approach him, talk to him face-to-face, and have no worries.”

Punthasee’s approachability follows into his relationships with colleagues in the chemistry department. Joshua R. Smith, chair of the Department of Chemistry, recalls that the first time he met Punthasee. He found him to be funny and deeply empathetic. But it was his passion for teaching that struck Smith the most in the hiring process.

“He clearly had a passion for teaching, based on what he wrote in his application, and he clearly got that across during the interview as well,” Smith said.

This enthusiasm and commitment Punthasee brings to

teaching chemistry blossomed long before Humboldt State. Dating back to his high school years in Thailand, Punthasee had to take science courses every semester in high school. Thailand’s education system requires six science courses in order to graduate.

“I wasn’t really a smart kid, I was slow, and couldn’t grab anything that the teacher taught us,” Punthasee said. “My grades were okay but weren’t as high as I wanted them to be.”

Before graduating high school, Punthasee discovered his passion for learning, as he found a role model at his tutoring school.

“This chemistry teacher at my tutoring school made chemistry understandable,” Punthasee said. “And that was the starting point that made me realize that if I could understand chemistry, maybe there’s some other stuff that I can understand as well.”

Following high school, Punthasee graduated from the University of Thailand, and continued to expand his horizons by enrolling in University of Missouri’s Ph.D. program for chemistry.

“I was in a Ph.D. program at the University of Missouri, and I hated the program,” Punthasee said. “It’s the nature of the Ph.D. program that makes you do a bunch of research, but I don’t like doing the research, so I found myself looking at the clock every five minutes.”

Although he isn’t passionate about research, Punthasee found his calling as a teacher. He’s won three awards for being a teaching assistant through his graduate program. He’s been awarded with the Number One T.A. Choice award twice, and has also accepted the Green Chalk award for being an excellent teaching assistant.

“I bet you that no science teacher does things like I do, not in this state,” Punthasee said. “Only two people follow my ‘Pete’ style. Me, and my role model in Thailand.”

His efforts to reach out to students outside of the classroom further solidifies their appreciation for Punthasee as well. As a professor, he will send three emails each day on average, all for varying, but positive reasons.

“Pete really likes to send out encouraging emails,” said chemistry student Kate Panebianco.

Brooke Holdren, a 20-year-old science and art major at Humboldt State, also expressed how much the emails help her.

“I’ve gotten both general and personal encouragement emails. He’s really taking the time out to say specifically, ‘You’ve done this really well today,’” Holdren said.

“He sends the most emails out of any teacher I’ve ever had. It’s really great and encouraging, sometimes a bit over the top, but that just shows how



Puminan Punthasee | Humboldt State University Chemistry Department

involved he is in comparison to the other teachers I’ve had.”

What makes Punthasee such a well-liked professor boils down to how relatable he is. He’s just like any regular college student, and he likes to keep things simple because simplicity is easier to understand.

“It’s just human nature,” he said. “We don’t like complicated stuff, we like fun stuff.”

Attributing his best quality to being a “tremendously freaking hard worker,” Punthasee said his talent lies in his ability to simplify and socialize.

Buzanski explained this in a way that many of Punthasee’s students can empathize with. “He does want to be our friend, but more importantly, he wants to be our friend while we know he’s our teacher,” she said.

Professor Punthasee will be leaving Humboldt State at the end of the summer term.

“I just got a job offer from Indiana University,” Punthasee said. “And I’m moving to IU after I’m done teaching summer in June.”

Bryan Donoghue may be contacted at thejack@humboldt.edu

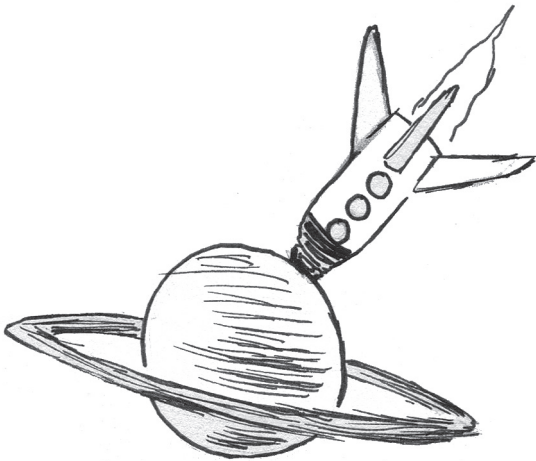
THIS WEEK IN SCIENCE

by Bryan Donoghue

Space - Cassini to go through Saturn’s Rings

The Cassini spacecraft, which has been circling Saturn for the past 13 years, skimmed over the planet’s largest moon, Titan, last Saturday. Titan’s gravity will pull Cassini into the narrow gap between Saturn and its innermost ring, a place where no man made satellite has gone before. The spacecraft will enter that gap about once a week until Sept. 15, when it will crash into Saturn and be destroyed.

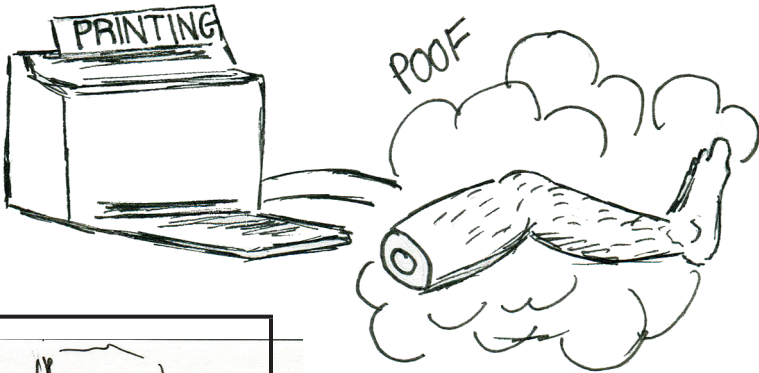
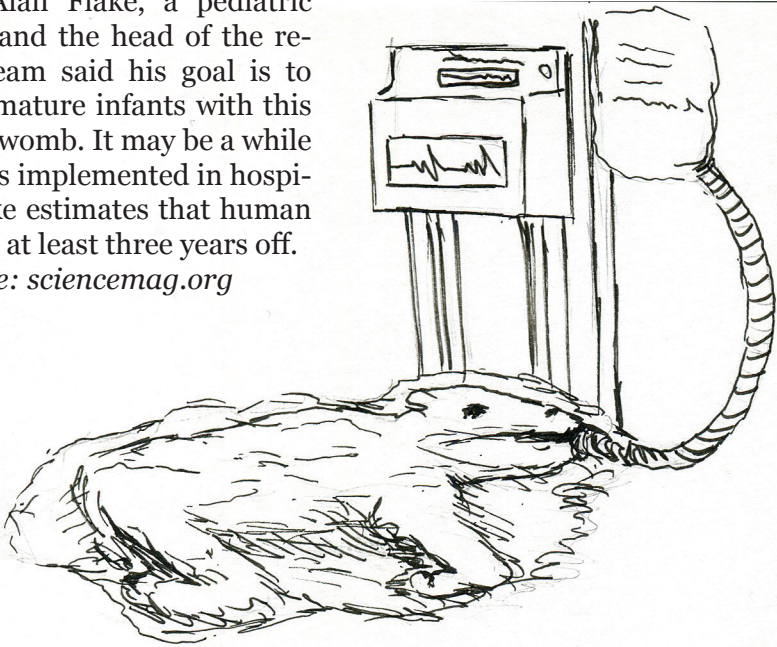
Source: nytimes.com



Technology - Artificial Womb

A team of researchers at the Children’s Hospital of Philadelphia in Philadelphia, Pennsylvania have engineered a fluid-filled “biobag” that allows premature lambs to develop in an artificial womb. Alan Flake, a pediatric surgeon and the head of the research team said his goal is to help premature infants with this artificial womb. It may be a while before it’s implemented in hospitals. Flake estimates that human testing is at least three years off.

Source: sciencemag.org



Technology - Bioprinted Cartilage

Researchers at Sahlgrenska Academy in Sweden have managed to generate cartilage tissue by bioprinting stem cells using a 3D bioprinter. Researchers found a procedure that ensured cell survival from printing so they could multiply. This allowed researchers to develop a protocol that causes the cells to differentiate to form cartilage. The bioprinted tissue is not only able to repair cartilage damage, but can be used to treat osteoarthritis, a condition where joint cartilage degenerates and breaks down.

Source: medicalxpress.com

Paleontology - Ancient Humans in California

An archeological research team headed by study leader and paleontologist at the San Diego Natural History Museum, Tom Deméré, said they’ve found signs of ancient humans in California between 120,000 and 140,000 years ago. This is more than one hundred thousand years before humans were thought to exist in the Americas. If the research team’s findings are correct, their findings at the Cerutti mastodon site could rewrite the history of humankind.

Source: nationalgeographic.com



Bryan Donoghue may be contacted at thejack@humboldt.edu

Restoring the largest old growth forest in the world

by Kelly Bessem

Portions of the Prairie Creek Watershed, one hour north of Arcata, are still being restored 50 years after being clearcut. Proposed restoration plans by the National Park Service (NPS) will make this region into the largest remaining old growth redwood forest in the world. This will be done by connecting 14,000 acres of old growth redwood patches. This designation is currently held by the 10,000 acre Rockefeller forest in Humboldt Redwoods State Park.

The Berry Glen cut area that's next in line is will see an estimated 45,000 cubic yards of total mud and gravel removed from the stream channel. That's equal to approximately 18,750 average US cars. All of this sediment washed down from the hillsides there post clearcutting in 1964.

Berry Glen played a pivotal role in the original formation of a Redwood National and State Park. According to NPS, this startling clear cut in full view from Highway 101 spurred enough criticism from travelers to warrant the finalization of protections there.

Removing mud and gravel that chokes stream channels, such as Berry Glen, allows the ecosystem to breathe new life.

Thinning the even-age stands of second growth so that light can reach the forest floor is also part of the restoration process. Keith Benson, an NPS biologist of the Orick, California area, explained that freeing watersheds in this way allows restoration to cascade through the whole ecosystem of an area.

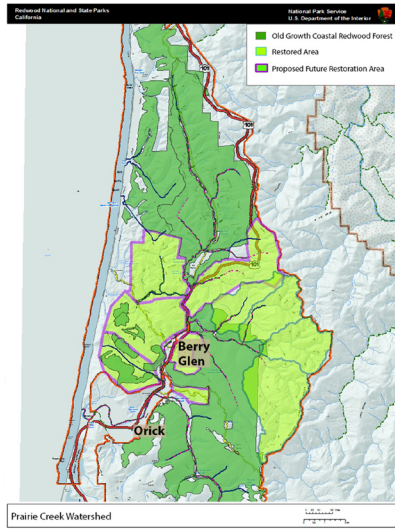
"The food chain cascades out from small stream creatures," Benson said. "Restoration resets what the area has evolved to in the past, complex redwood forests. Then species composition can restore itself."

Benson likened a restored redwood forest to a Costco warehouse for species in the region, versus a uniform second-growth forest to a 7-Eleven convenience store. The basics of the ecology behind redwood forest restoration can be understood with a simple equation:

↑Forest Connectivity +
↑Multi-Layer Old Growth Canopy = ↑Habitat + ↑Food Supply = ↑Higher Populations + ↑Diversity

Forest connectivity provides protection for prey while simultaneously providing more hunting abundance for

predators. It also allows for easier gene-sharing among species as traveling between areas becomes safer. Increased gene variety creates more resilient species as better traits surface among diverse populations. Having Multi-layer old growth canopy instead of one uniform layer for trees lets in sunlight and increases a forest's 3D space. This increases the availability of Habitat and Food Supply, resulting in Higher Populations and Diversity since both predators and prey have what they need in the ecosystem to thrive.



Map showing future Prairie Creek Watershed restoration plans that will connect old growth redwood forest. | National Park System

Redwood Forest Restoration Basics

↑Forest Connectivity + ↑Multi-Layer Old Growth Canopy =
↑Habitat + ↑Food Supply = ↑Populations + ↑Biodiversity

Removing sediment from watersheds in restoration projects allows for burgeoning biodiversity. | Kelly Bessem

Old Growth Restoration Begins with Watersheds

"Stream restoration cascades through whole ecosystem. The food chain tiers out from small stream creatures." -Keith Benson, NPS biologist

Mud and silt from historic logging fills watersheds previously filled with old growth redwoods and prevents them from springing back into life on their own. These degraded areas form habitat and food "deserts". Long-term restoration projects in the Prairie Creek Watershed are aiming to connect old growth patches to form the largest old growth redwood forest in the world.

Kelly Bessem may be contacted at thejack@humboldt.edu

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Calling Humboldt home

by Skye Hopkins

When it came to continuing his football career, Humboldt State was not Jamere Austin’s first choice. But now that he is here, his positive mindset is helping him make the best of it. As a new HSU football recruit, Jamere Austin is a 22-year-old junior who traveled from the San Fernando Valley this spring semester to major in communications. “I bought a plane ticket, but didn’t know which school I was going to,” Austin said. “I went to the airport and decided to come to Humboldt.” Austin started his college career at Los Angeles Pierce College where he played wide receiver. Considering a handful of the boys were from Austin’s hometown, he was excited to play with familiar faces. The coach that Austin originally spoke with before joining the Pierce Bulls left before the season even began leaving several of the players a little confused. “First season was bad,” Austin said. “We went three and seven.” With Pierce’s reputation

of getting several players to higher division football schools, Austin was only focused on getting ready for the next season. He worked hard during the summer with close to no “off-days.” His sophomore year, they ended up going 5 and 5. “We were a good team,” Austin said. “But things got sad.” He described his sophomore year as the year that changed his head about football for the better. His views and ideas around the game itself were more clear and his technique got better. During week six of that year, Austin received his first offer. Within a few weeks, he had 16 Division II offers. He committed to Lindenwood University in Missouri a little after the season ended. Through the second semester

of his sophomore year, Austin received several more offers and ended up committing to Southeastern Louisiana, a Division I school. However, the admissions department was hesitant to admit him because of a statistics class that had to be completed. Unfortunately, he did not end up passing the class. He was lucky enough to get a chance to re-take the class, but with no luck. His spot was passed on during the annual recruiting process. “I knew it was time to start back up,” Austin said. “So I wrote a little letter explaining my situation and posted it on social media.” He picked up roughly ten Division II offers, and with only one week to decide, he narrowed it down to Humboldt State and Midwestern State in Texas. After a spontaneous decision to make the trip to Humboldt, Austin was on campus speaking with Head Coach Rob Smith before he knew it. However, for Austin it seemed like if it was not one thing, it was another. Humboldt’s admission office did not approve his acceptance. It took three weeks for Humboldt’s administration and coaching staff to inform Austin that he would not be able to continue his classes for the 2016 fall semester. With yet

another detour, Austin began to feel extremely discouraged. He was already settled in to the small town, the positive energies of the HSU campus, and the welcoming manners from his teammates and coaches. Having to start over or even take a few steps back once again was not on his agenda. “Honestly, I started crying,” Austin said. “It just didn’t make sense. They told me I could come here, so I came and then just like that, I had to go back home.” Austin’s roommate, Jonathan Charles, was not too happy about his denial either. It looked like he would not get the chance to play a third college football season with his good friend and roommate. “Man was I bummed out,” Charles said. “My boy had to go all the way back home with no football in sight and I was stuck in a two-bedroom house with no Jamere.” Through those first few discouraging weeks spent back in the San Fernando Valley, Austin altered his focus and began to work rather than practice.

[continued on TheLumberjack.org](#)

Skye Hopkins may be contacted at thejack@humboldt.edu

Breaking boundaries

by Bryan Donoghue

A professor develops expertise in their area of study after years of building their intelligence. A martial arts instructor culminates themselves into a master of their craft. There are three professors on campus who instruct in the classroom and the studio. Each professor said they see Bruce Lee as an inspirational pop-culture icon, but their own origin stories begin with a simple fascination of martial arts rather than following a role model.

Hal Genger, an oceanography professor at Humboldt State University, is a 5th dan black belt in aikido and has been practicing the art since attending graduate school. His career at North Coast Aikido began in 1978, and has since become an instructor. “I just love to train with people,” Genger said. “When it flows good, I just feel so much better. Almost every time I get out of class I feel better than when I went to class. Every class does not go as well as I think it ought to, but I’m just

working on myself figuring out how to do this.” Even now, Genger retains interest in martial arts. Not only does he enjoy passing on what he’s learned to his students, but Genger also finds benefit in martial art’s stress relief, as well as how it helps people battle their ego. “You know, kind of my whole life I’ve been interested in martial arts, and it really helped with some anxiety issues,” Genger said. “It helped me survive graduate school, and then I just got inter-

ested in the physical, mental, spiritual part of it. It was important to my whole life.” “Any martial art is dealing with your ego, you become a little bit more humble and you learn to listen more, feel the experience that’s going on instead of going directly to a conflict situation,” Genger said. “That’s really important in dealing with your significant others. It’s better to listen instead of argue.” Aside from dealing with ego and helping with anxiety, Genger finds the connection

between martial arts and the classroom to be related to how he interacts with his students. “In the lecture you’re verbally interacting with your students, but it’s not a physical interaction, but with aikido it’s a little bit verbal but it’s just physical,” Genger said. A fellow instructor at North Coast Aikido, Peggy Ilene, teaches aikido at the university.

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Jack Pass

by Keaundrey Clark

Softball

No. 9 Humboldt State softball split Saturday’s Senior Day doubleheader versus No. 3 Cal State Monterey Bay and punched its ticket to the California Collegiate Athletic Association Tournament. The Lumberjacks matched their best run-scoring total of the season in game one’s 17-8 victory, and the Otters squeaked past the Green and Gold, 3-2, in the regular season finale. HSU earned the No. 3 seed in the conference tournament and will face second seed Cal State San Bernardino Friday at 5:30 p.m. at Arnaiz Stadium in Stockton. Monterey Bay is the conference’s No. 1 seed and Chico State rounded out the tournament field as the fourth seed. Madison Williams picked up her 16th win of the season. She and fellow senior pitcher

Kalyn Paque finished top 10 in wins and in strikeouts. Williams leading the conference with 182. This season senior catcher Breonna Bejaran led the Jacks with 11 home runs. She finished fourth in the conference. Senior second baseman Tiffany Hollingsworth lead the HSU with 40 RBIs, finishing top 10 in the conference in that category.

Women’s Crew

HSU Crew’s 2017 season is coming to an end, this season has been one of the best in school’s history. Humboldt State crew teams took another step forward dominance as they captured the Western Intercollegiate Rowing Association Championship title Sunday at Lake Natoma. All but one of the Green and Gold boats advanced from Saturday’s preliminaries to Sunday’s finals. The women’s V8 boat finished third in the first race of the day. HSU placed behind leader Western Washington (6:23.836) and second place boat UC Santa Barbara (6:29.994) with a 6:31.874 finish. The Jacks’ novice eight boat placed sixth against Division I competition with a time of 7:07.174. The best race of the day HSU’s women’s Varsity 4 finished just one second behind Western Washington. The Jacks finished with a time of 7:18.310, while the Vikings crossed the finish line in 7:17.630. The Green and Gold will have two weeks off from competition before making a cross-country trip to the Dad Vail Regatta in Philadelphia on May 12-13.

Keaundrey Clark may be contacted at thejack@humboldt.edu

Four score and seven years later

Editorial

We need proper advising. Graduation is upon us, yet many students find themselves coming back next semester because they did not receive enough units to meet the graduation requirement. More students are taking at least four years to get their diplomas, and they have to pay even if they only need one or two classes. Freshman are told to take 15 units or more to graduate in four years, an unrealistic pressure to put on an 18-year-old. If you're living on your own for the first time and taking on a financial burden taking more than 15 units could be too much. Other students

are told to "double-dip" classes. "Double-dipping" is where classes count for two general education classes rather than just one. "Double-dipping" classes leaves a lot more room for students to finish up their major courses. But if some students finish their general education requirements and their major requirements too early they are left with elective credits to make up before meeting the 120 unit cap to graduate and earn their Bachelor's degree. Some classes are only offered every other semester, and some are offered every two or four years which makes it hard for students to plan

their semesters accordingly. This is especially a struggle for transfer students with upper division courses. Transfer students take some upper division courses that they need to take again at HSU. There is a lack of communication with advisors and students. Sometimes advisors are not available to students to discuss their future at HSU. Advisors aren't fully trained to actually advise students on which classes to take. The university needs to train their staff to the fullest to be able to advise students accordingly. Students should make a four year plan of their classes



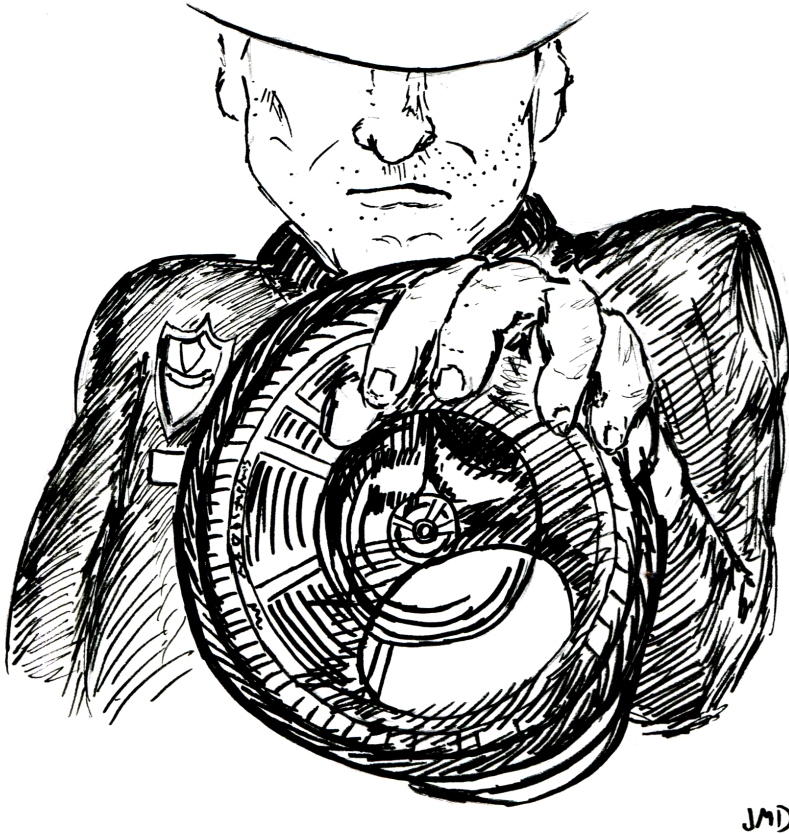
Police body cams are on the rise

Eureka Police Department is ahead of the game

by Deshaun Liddell-Patacsil

Eye witnesses and anonymous statements of incidents that occur are no longer enough to obtain the real truth behind stories. Technology is becoming the most reliable source for first-hand accounts and the need for transparency is needed more than ever. Body-worn cameras (BWC) are on the rise and many departments, including our Eureka Police Department, have started to display them on active duty. EPD may be the only local department in Humboldt County to have possession of these essential devices, but they will soon be required to be worn by all police officers. Several encounters have happened throughout the history of contact between law enforcement and civilians, where the story is not accurate. One classic example of this is when the tensions between protesters and police escalated and 18-year-old Michael Brown was gunned down by police in Ferguson, Missouri. If the officer was wearing a body cam, Brown still may have been alive. Instead of pulling the trigger, the officer may have hesitated knowing that his actions were being recorded. When police officers use force like this, protesters, civilians, and activists react by demand-

ing for extensive changes to police protocols. The goal of BWC's is to decrease violence and false complaints. With high-quality footage of incidents, there should be no questions if everything is captured on video, but this is not the case. There are several common questions and concerns that are left to ponder when it comes to BWCs. Some of the following questions and concerns are. When is it required for the cameras to be on? Will the cameras have mute buttons? Will the public be able to view the footage? If police body cameras had mute buttons, the video would not be an accurate representation. It is good to know that the cameras do not have mute buttons. Public records of video footage will be available upon request if you were involved in the incident. EPD's Captain Brian Stephens said that every contact will be recorded from traffic stops, police reports, field interviews, detentions, arrests, suspect interviews, searches and the list goes on. A problem with the requirement for every encounter with a citizen to be recorded is that the video can affect the privacy or conscious of the officer and also the cost of too much surveillance.



JAD

Graphic Illustrations | Joe DeVoogd

The main concerns from the law enforcement's perspective is their safety, and the proper storage of footage once it is captured. If a cloud-based storage is used for a particular department, fees can be upwards of \$50,000 annually. EPD has diminished this problem by using a server-based storage to have the film saved locally, costing roughly \$10,000 annually.

When proper funding is available, it is likely that this technology will be implemented for all law enforcement. Body worn cameras alone will not help solve the constant battle between law enforcement and civilians. They will however, help officers and civilians both be held more accountable for their actions. Regardless of the efficiency of the devices, the need for them is apparent.

Deshaun Liddell-Patacsil may be contacted at thejack@humboldt.edu

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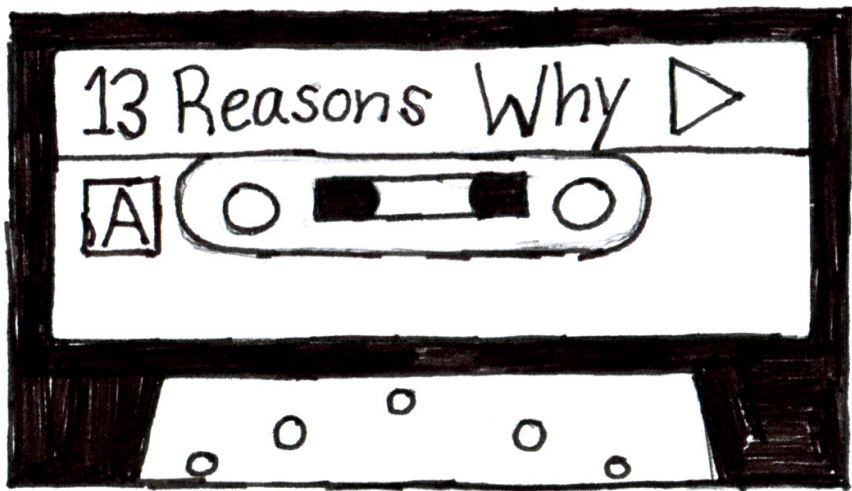
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New Netflix series “Thirteen Reasons Why” sparks controversy



by Erin Chessin

Last month, Netflix turned Jay Asher’s New York Times Bestseller, “Thirteen Reasons Why”, into a popular new series, but not everyone is excited about the outcome. The show has received high ratings and critical acclaim for its cinematography, but people are having different interpretations based on whether they read the books prior to watching the series. Those who have only watched the series are not grasping the brutal struggle with mental illness compared to those who read the books. The extreme differences between the series and Asher’s 2007 novel are apparent. The biggest changes are within the main character’s

portrayal, Hannah Baker, something fans of the book are displeased with. Netflix’s “Thirteen Reasons Why” tells the story of a high school teenager, Clay Jensen, who finds a box of tapes mysteriously on his doorstep one day. He listens to the tapes, which turn out to be a recorded suicide confession from Baker, who committed suicide two weeks prior. There are thirteen tapes, each are meant for a specific person who contributed to her decision to take her own life. Grace Hall, a freshman environmental science major at HSU, is disappointed to see various differences between the series and the novel she admires.

“The series portrayed the story a lot differently,” said Hall. “People are watching it and are not having the right discussions about it later.” Hall believes Baker is depicted as “whiny” and “a drama queen” in the series, which is not the same character she remembered from the book. “It doesn’t highlight the fact that she has a mental illness,” said Hall. “In fact, it’s never even mentioned that she was depressed.” Some argue Netflix changed too much within the plots, characters and storytelling. For example, the story is told by Jensen in the TV series, whereas Baker narrates all thirteen episodes in the novel.

Also, Jensen and Baker are not close in the book, but they are undeniably friends in the series. Taylor Walters, a freshman business major at HSU, did not read the novel and said she did have a good impression of Baker’s character. “What I gathered from the show was that she blamed everyone else for her problems when she was the one who caused them,” said Walters. Walters said the issues that Baker dealt with are common and happen to a lot of teenagers. “Watching this made me angry,” said Walters. “These are things that happen to a lot of high school kids.”

HSU senior and environmental science major, Andie LeDesma, is upset with how Baker is portrayed on the show. “Because they didn’t mention that the girl had a mental illness, I wouldn’t be surprised if people said she was whiny or overdramatic,” said LeDesma. “A person who has depression is going to react differently to bullying versus a person who doesn’t have depression.” LeDesma believes it is important for Netflix viewers to be aware of the main character’s mental illness, otherwise the story gets misconstrued.

Erin Chessin may be contacted at thejack@humboldt.edu

Comics



Joe DeVoogd may be contacted at thejack@humboldt.edu

puzzles page

RIDDLE

A man wants to enter an exclusive club, but he doesn't know the password. Another man walks to the door and the doorman says 12, the man says 6, and is let in. Another man walks up and the doorman says 6, the man says 3, and is let in. Thinking he had heard enough, he walks up to the door and the doorman says 10, he says 5, and he isn't let in.

What should he have said?

HUMBOLDT JUMBOLDT

by Melissa Coleman
Rearrange the letters to form a word. Set aside the double underlined letters on the line below. Rearrange those letters when all words are solved to find this week's answer! Plurals allowed, no proper nouns though final answer may be a proper noun. Last Week's answer: Star Wars

ELVO

NHUCRB

YLDA

RGSONT

DSIWOM

“

”

Word to your mother

Compiled by Ian Bradley

Weekly Sudoku								
Difficulty: Hard								
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8	2		3					
		6	5	1		2		
		4					8	

Stumping Lumberjacks

Weekly Brain Teaser

By Ian Bradley

KEEP



Use the image to guess the word or phrase. Pay attention to the size and position of the clues (top/bottom/left/right), repetition, direction (up/down/backwards/forwards), and the style.
Examples: "P walk Ark" would be "walk in the park" or "DEAL" would be "big deal"

Email your answer to thejack@humboldt.edu with the subject "ATTN: Stumping Lumberjacks"

Last week's answer was "Heading over seas"

Have Unusable Furniture, Appliances or Other Large Items to Get Rid Of?
Call **Recology Arcata** at (707) 822-0304 and Request a **"Bulky Item Pick-up!"**
Free 2x/year for Residential Customers, Available to All Others for a Small, Reasonable Fee.
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CONGRATULATIONS HSU GRADUATES!

HPRC is proud be your medical cannabis dispensary. Thank you for choosing us to support you in your wellness and cannabis education. Have a safe and fun summer!



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Mon - Fri 10AM - 6PM • Sat 11AM - 6PM



HSU SUMMER SESSION

Need GE classes?
Earn credits to get ahead or catch up this summer.
In person or online

10 WEEKS: Full-Term [May 22-July 28]

5 WEEKS: 1ST Session
[May 22-June 23]

5 WEEKS: 2ND Session
[June 26-July 28]

8 WEEKS: Online Session [May 22-July 14]

More than 60 classes offered!
Enroll through Student Center beginning April 10!

FEES
\$289 per unit
\$25 late fee
[After first day of class]
Summer Session fees are subject to revision. Some courses may also require an individual course fee, as indicated in the schedule of classes.

humboldt.edu/extended/summer
707-826-3731

What’s Happening

May 4

Evening of Dance
7 – 8:30 pm
Van Duzer
Theatre
FREE EVENT

PROTEST LGBTQ+ DISCRIMINATION
5 pm
County Courthouse
Eureka

May 5

Q-Grad Celebration
4 – 8 pm
Kate Buchanan
Room (KBR)

Featured Artist Reception at Trinidad Art Gallery
5-9 pm
Trinidad Art
Gallery
FREE EVENT

May 6

Pancake Breakfast
8:30 - 10:30 am
Mad River Grange
Price: \$5
Blue Lake School’s eighth-grade class hosts.

May 11

All Native Sash Ceremony
6 – 10 pm
Kate Buchanan Room (KBR)

May 12

Asian Desi Pacific Islander Lei Ceremony
2 – 8 pm
Nelson Hall 102 - Goodwin Forum

Black Heritage Graduation Celebration
4 – 7 pm
Kate Buchanan Room (KBR)

Graduación Latinx
2 – 8 pm
Lumberjack Arena - Kiniesiology/Athletics 247

Commencement 2017

Saturday, May 13, 2017
8:30am – 5pm
Redwood Bowl Track & Field

CLASSIFIEDS

TIN CAN MAILMAN BUYS BOOKS, including TEXTBOOKS for cash or trade credit. Huge selection, open daily. Corner of 10th & H Arcata . Buyer on duty 11-4 Mon-Fri

Move-in Ready Family Home for Sale in McKinleyville. 4 bedroom, 3 bath. 1841 Cliff Ave. \$369,000 information on zillow.com. Ready for prequalified loan-ready buyer. For sale by owner. Call Ben at 707-702-1093 or 1841cliffhouse@gmail.com.

PRIVATE OUTDOOR HOT TUBS TRADITIONAL SAUNA CABINS



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COFFEEHOUSE

Sun-Thurs: noon - 11pm
Fri-Sat: noon - 1am

OPEN EVERY DAY
INCLUDING SUNDAYS & HOLIDAYS
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TICKETS
Now!

ZOO GIFT SHOP
THE WORKS, EUREKA
WILDBERRIES, ARCATA

BROWN PAPER TICKETS



EARLY BIRD
DISCOUNT
\$35 ZOO MEMBERS
\$40 NON MEMBERS
DESIGNATED
DRIVERS \$20
21+ EVENT

11TH ANNUAL
BREW @ THE ZOO
SATURDAY, MAY 6, 4-8PM

FEATURING:
LOCAL & REGIONAL BREWERIES
SMILEZ PHOTO BOOTH
3 PUB GRUB VENUES
SOUVENIR GLASS
LIVE BANDS & DJ
DANCING

SEQUOIA PARK
ZOO

EPIPHANY ARTISTS 24TH ANNUAL
SUMMER SOLSTICE & WORLD PEACE CELEBRATION

**SIERRA NEVADA
WORLD MUSIC FESTIVAL**
JUNE 16, 17, 18 MENDOCINO COUNTY FAIRGROUNDS BOONVILLE, CA

FRIDAY
GENTLEMAN - CHRONIXX - MELLOW MOOD
THE SKINTS - RANKING JOE - EXCO LEVI
I-TAWEH - BOONFIRE
IN THE DANCEHALL
PAOLO BALDINI DUBFILES - COMANCHE HI-POWER

SATURDAY
CAPLETON - TARRUS RILEY- ANTHONY B - MACKA B
DENNIS BOVELL - CHRISTOPHER ELLIS - GENERAL ROOTS
KEITH & TEX - NST & THE SOUL SAUCE
MARLA BROWN - SARITAH - LOS PINGUOS
I-TAWEH - TALKING DREADS - THE ELEVATORS
IN THE DANCEHALL
LEE 'SCRATCH' PERRY & SUBATOMIC SOUND SYSTEM
DENNIS BOVELL - JAH WARRIOR SHELTER HI FI

SUNDAY
BARRINGTON LEVY - THIRD WORLD - HORACE ANDY
THE BLACK SEEDS - GAPPY RANKS
LAKOU MIZIK - SINKANE -NST & THE SOUL SAUCE
EASTERN STANDARD SOUNDS - ARDEN PARK ROOTS
SOUL SKA - NON STOP TO CAIRO

FOR COMPLETE INFORMATION/TICKETING
PLEASE VISIT US ONLINE AT
SNWMF.COM

3 DAY MUSIC TICKET \$185
ON SITE CAMPING - CAR/SUV \$90



LINEUP AS OF 4/5 - SUBJECT TO CHANGE