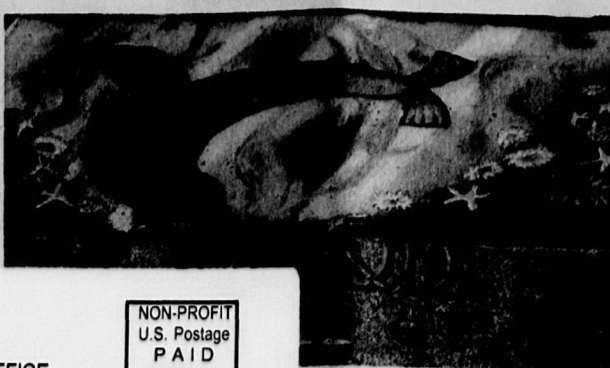




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Pastels on the Plaza | Alyssa Alvarez



THE LUMBERJACK

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WEDNESDAY, OCTOBER 5, 2011

Faculty to strike on 2 Cal State campuses

East Bay and Dominguez Hills prepare for 'concerted actions' in **NEWS p. 3**

Counterfeits caught



Local stores and cashiers deal with fake money in **NEWS p. 4**

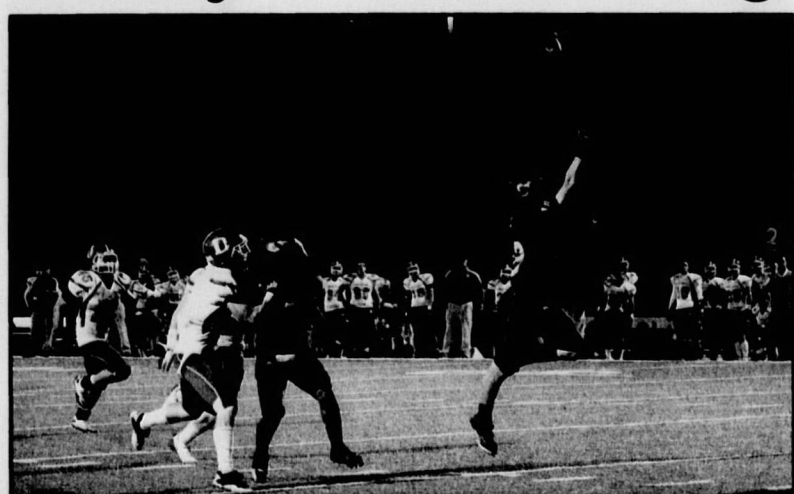
Can you tell if these are the genuine thing or just a counterfeit?
| 'Alohi Bikle

SPORTS

Track team looks to recruit more women

Inside the struggle to recruit female athletes in order to comply with equality laws in **SPORTS p. 6**

Victory at Homecoming



Senior tight end Chris Bolt leaps and reaches for a pass from senior quarterback Mike Proulx while senior wide receiver Kevin Miles blocks Dixie State defenders. | Catherine Wong

Jacks defeat Dixie State Red Storm, named in Top 25 in **SPORTS p. 8-9**

FEATURES

Covered in Chocolate

A profile of a local candymaker in **FEATURES p. 10**

Student DJs prepare for national radio event

KRFH joins broadcast for College Radio Day in **FEATURES p. 11**

Students join nationwide protest against corruption

by David Percival

John Lennon wrote and recorded a song called "Power to the People" 40 years ago.

The nearly 50 students and community members who congregated beneath overcast skies at the University Quad on Saturday might argue Lennon's words are more relevant today than ever before.

They gathered together as Occupy Humboldt.

Inspired by the Occupy Wall Street demonstrations that began Sept. 17 in New York and continue to spread nationwide, Occupy Humboldt strives to peacefully protest the corruption and social inequality in the nation.

HSU history major Justin Gallant was one of the protesters at the event. "It honestly starts with the problem of corporate greed in this country," he said, clutching a homemade sign during Saturday's kickoff protest that read "Capitalism is a Pyramid Scheme." "The students are the inheritance of the future. We're the ones who are going to have to deal with the mess that's going on right now," he said.

The Occupy Humboldt protest coincided with HSU's Homecoming and Family Weekend.

"I think it was definitely intentional," Gallant said. "It's here [on campus] to show presence, to let the teachers and families and students know."

Impassioned chanting, complimented by a lone bongo beat,

greeted throngs of families as they climbed B Street toward the Jack's football game on Saturday evening.

"The people united will never be divided," the group said in unison. "We're here for you. We're the 99 percent."

The 99 percent refers to the American citizens who make disproportionately less money than the other 1 percent of Americans.

Travis Turner, an HSU journalism major, pointed to increasing tuition fees as one serious issue fueling the protest.

"I can barely afford to go to school right now," said Turner, who helped orchestrate Occupy Humboldt by creating a Twitter page and website for the movement. "Education is kind of rotting on the vine in this country."

Taking a tip from the New York City movement, many Occupy Humboldt protesters chose to brave the Arcata night by camping out at the intersection of B Street and Laurel Drive on campus.

"We slept well last night except for a little sprinkler love at 4:30 a.m.," read an anonymous post on the Occupy Humboldt Facebook



Travis Turner protests with other students and community members as part of Occupy Humboldt. | Yawen Xu

page.

Sunday saw the group stationed at a corner of the Arcata Plaza. Chelsea Gordon and Jess Saatdjian, who waved signs at passing cars, stressed the importance of remembering that the corruption and power imbalance affect more than just one group of people.

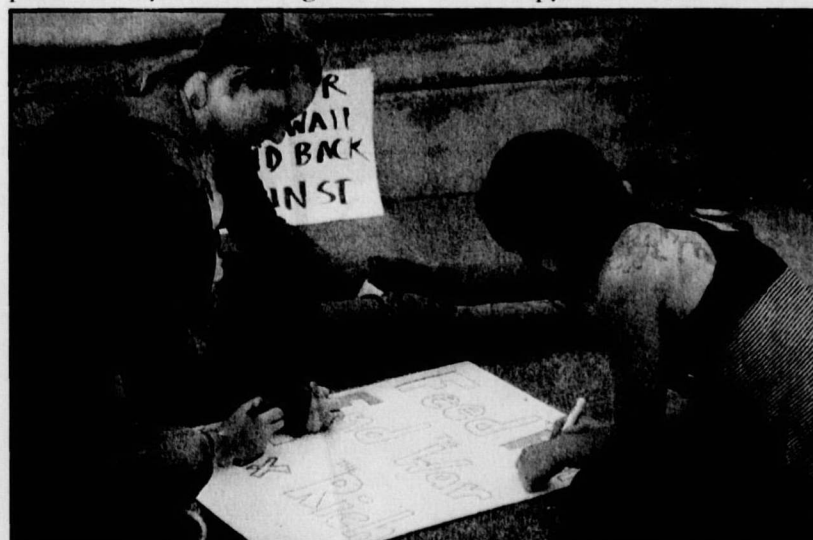
"This isn't about liberal, conservative, republican, democrat—it's about everyone, from policemen to garbage workers," said Gordon, an ecological restoration major at HSU. "If you make less than \$250,000, you are technically in the 99 percent."

Occupy Humboldt pushes on, motivated in part by the determination of similar groups sprouting up everywhere from Chicago to Los Angeles. They are all in pursuit of a common goal: removing the greed and corruption of the 1 percent and empowering the people.

"We have to stand up," said Saatdjian, an environmental management and protection major whose protest sign read "The system has betrayed us." "It feels like a steam roller. It's just crushing us," she said.

David Percival may be contacted at thejack@humboldt.edu

For more information or to join the cause, visit occupyhumboldt.org or occupywallst.org



Students prepare protest signs at the Occupy Humboldt protest on campus on Oct. 1, 2011 | Yawen Xu

Occupying San Francisco

Guest Writer

by Shelby Meyers

Outside Embarcadero Station in San Francisco, drumbeats reverberate through the streets of the financial district. The drums belong to the new residents on Market Street: Occupy San Francisco.

Occupy San Francisco is a nonviolent movement birthed from Occupy Wall Street in New York. People come together to camp and occupy the streets of San Francisco. According to the movement's website, occupysf.com, Oakland will be next.

Occupants took residence outside the Federal Reserve building at 101 Market St. and plan to stay as long as possible.

"We're here to stay," said Mark Schwartz, 57. "We're organized, and I have high hopes it'll

last." The camp began on Sept. 17 and receives individual donations. These donations pay for most of the occupation's supplies.

Emma Kluge, a UC Davis junior and economic major said, "Tents, money, food, anything we need, people have given."

The campsite has different sections, including a medical tent. Mattresses and sleeping bags are laid out for bedrooms. The living room comprises plastic lawn chairs, a communal library and a banner painting station. Above the kitchen, a bright-red banner with black bold lettering reads "Food Not War." Next to that is the media center.

"We have four different websites, computers, iPads and a telephone that can keep us in constant contact with anyone and everyone," said 48-year-old occupier Leslie Moore. Through the website occupysf.com, the

media team can post lists of items needed for donation and update a calendar of events for the month of October. This includes workshops and the daily general assembly.

The most recent workshop was to prepare everyone to speak with press and media. "It was more of a therapy session on how to deal with a camera and microphone in your face," Schwartz said, as locals made their way down the street and photographed the campground in the middle of the city.

Crowds gathered around the front table of the campsite. The table was littered with leaflets, stickers and fliers, all made by the communications team. Families, war veterans, businessmen and young adults stopped to look at the site.

Anna Houston, 22, said there

Jump to OCCUPY in NEWS p. 2

Finding a balance: Homeless struggle to care for themselves and their pets

by Yawen Xu

Editor's note: This is the second in a series on panhandlers and homelessness in Humboldt County.

Between the lack of shelter, condescending looks and ordinances that prohibit their activities, it is not easy for homeless people. That hardship is only made worse when they have pets.

Take Mortezy Hadez Bathory for example. Bathory received his first ticket from a police officer for walking his dog on the Arcata Plaza on a Friday afternoon.

Bathory said the officer told him he is prohibited from walking his dog on the plaza. As a result, he has been told to appear at the Homeless Court in Eureka on Nov. 14.

Bathory travelled to Arcata three weeks ago. Without a job or place to live, he makes a living by occasionally panhandling and assistance from strangers in town.

Pandora Stash Box, Bathory's dog, is a 7-month-old female. She was a gift from Bathory's therapist. "My doctor told me a dog will help me to not hurt people," he said.

Dry dog food costs Bathory \$5 to \$6 for each bag. And he said he always keeps his water bottle full in case his dog is thirsty. At night, they sleep together wherever Bathory lands - bushes, woods, or trail; dry or wet.

Bathory knows he is not a steady caretaker. However, his dog means a lot to him.

"Everybody needs someone they can love. Love is very important," he said. "People like me, they can only experience love through an animal. You have to get used to it."

Bathory lost his mother when he was a baby. He didn't know his name or birthday until he read his mother's journal. Most of the time he travels around the world alone. He said he feels happy and steady

when he is with his dog.

According to the National Coalition for the Homeless, up to 10 percent of homeless persons have at least one pet in a total of 3.5 million homeless persons in the United States.

Just as homeless people with dogs face problems, so do homeless cat owners.

Kathy Bustos has lived on the streets for just over ten months. Bustos has breast cancer. She said her doctor told her she has less than one year to live.

While on the street, Bustos kept her two cats in storage facilities she rented

cleaned up their defecation.

"I don't have much time [left], I just want to stay with my babies," Bustos said, adding that she was very sad because she thought her pets would be killed after they were sent to the animal shelter.



Mortezy Hadez Bathory and his dog, Pandora Stash Box, rest at the corner of H and 6th Streets by the Safeway in Arcata, on Friday. | Yawen Xu

Sergeant Kym Thompson is the supervisor of the animal shelter. She said the two cats were in poor health when they arrived at the shelter.

Thompson said the 6-year-old male cat likes to hide and be in dark corners. She said the 10-year-old female cat is doing a little bit better, but still likes to walk in circles.

ficers telling her to move and she has become disconnected from her family. Now she has also lost her pets.

Each month Bustos receives approximately \$900 from the social security office in Eureka. She spends \$292 on two storage units to keep her furniture and belongings. The rest she spends on medications for medical issues including hypertension, heart problems and breast cancer. She also still buys cat food. Even though her cats had been taken away, Bustos feeds the wild cats. After paying for all of these things, she lacks money to rent a place to live.

Thompson said she doesn't think being homeless means that pet owners will necessarily treat their animals better or worse than people who are not homeless. "Animals just want to be with people," she said. "They just want to be loved."

However, there are problems that come with being a homeless pet owner, Thompson said. Sometimes homeless people don't have the money to look for the resources to have their pets spayed or neutered, or they can't afford to get their pets vaccinations.

Thompson suggested people go to local organizations which sometimes provide vouchers for low-cost spaying and neutering, such as Companion Animal Foundation in Arcata or Friends for Life Animal Rescue in Eureka. "It's important to control," she said, in reference to both dog and cat populations.

Bustos doesn't know how her cats are doing in the animal shelter. "I was afraid of calling," she said. "I don't know if they are still alive or not. I just want my babies back."

Yawen Xu may be contacted at thejack@humboldt.edu

OCCUPY S.F.

OCCUPY Continued from PAGE 1

is a "range of people" involved. Originally from Canada, where she owns her own catering company, Houston has been at the site for two weeks. "It's an amazing group of individuals; we're all different, but everyone here has hope," she said. Houston said she plans on staying as long as possible and believes the movement will grow.

Moore said that in a late-night "inspired" discussion, the group came to three general ideas that will be refined and posted to their website: 1: We support Occupy Wall Street, 2: We are the 99 percent, 3: Power to the people.

Moore said she feels there is "no official group strategy," but "people are working to reach critical mass" which will hopefully bring about change. What kind of change? She said there is no way to understand what kind of change will occur, but that "it will happen".

Armed with a bullhorn and stripes of red, white and blue under his left eye, a middle-aged artist who goes by Michael was one of the original people to start the camp. "The movement is here to create awareness," he said. "It's what I call putting the feet in the street."

He said the group's goal is to prove they can have a true democracy as a miniature society. He said the occupation is a place where "good ideas are encouraged." He emphasized the importance of nonviolence, because it is important to "show we can work together and reach demands in a nonviolent nature."

The occupants have so far not had any confrontations with police and said they would like to keep it that way. The group was originally only able to sleep on the streets from 11 p.m. to 7 a.m. due to San Francisco law. However, the group has since received permission to camp out.

"The police here have been very supportive ... and we've been cooperative," Kluge said.

The Occupy San Francisco group is organizing a new faction to begin a movement in Oakland, for which a meeting will be held on Tues. Oct. 4, at 1 p.m. in Mosswood Park.

Occupants of the camp said they are there to stay. The growing support behind Occupation Wall Street, Occupation Los Angeles, and what is now becoming Occupation Humboldt is only strengthening their resolve.

Shelby Meyers may be contacted at sam160@humboldt.edu

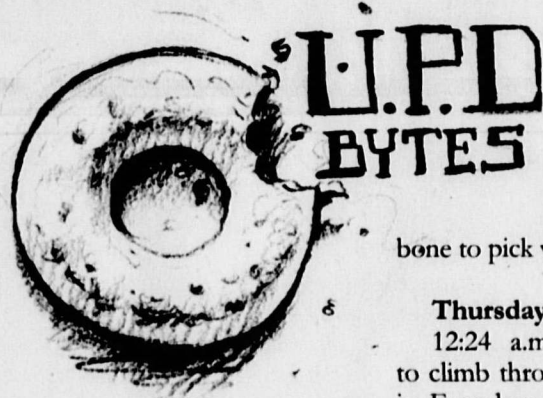
"Everybody needs someone they can love. Love is very important. People like me, they can only experience love through an animal."
-MORTEZY HADEZ BATHORY

from Rainbow Storage in Arcata. Approximately three weeks ago the storage manager heard the cats meowing, cut the lock and took her pets to the Humboldt County Animal Shelter.

Bustos said she knows it is illegal to keep cats in a storage unit, but she didn't want to send her cats somewhere else. She said she went to feed them every day and

"Someone locked those cats in a small, dark confined space for a long period of time," she said. "The lack of sunlight and exercise had an effect on them emotionally and physically."

Since being homeless, Bustos has experienced a lot. She has been sexually harassed, her hands and legs have swollen from the cancer, she is woken at night by police of-



11:13 p.m. Arcata PD requested UPD units come to the Arcata Plaza for a fight. Apparently the departments have a bone to pick with one another.

Thursday, Sept. 29

12:24 a.m. Subject attempted to climb through an open window in Founders Hall. Subject said he needed to get some papers before morning. Subject advised to enter during regular building hours like a normal person.

Wednesday, Sept. 28

10:37 p.m. Audible alarm occurred at Siemens Hall. Alarm activated by plant. Such is the nature of the African Alarm-Pulling Ficus.

Friday, Sept. 30

11:49 p.m. Person reported that two intoxicated male subjects came to her residence hall and were causing a disturbance. They left their AA chips in the bottom of the six pack.

Saturday, Oct. 1

7:20 p.m. Group of people observed setting up tents at Laurel Hall. Subjects were advised that they had to remove the tents and could not sleep on campus. Sorry, Occupy Humboldt; it was a good run.

11:37 p.m. Female warned for

urinating in public at the Library south lot. Subject advised that drawing a little "Women's Room" sign with your pee doesn't actually make it a bathroom.

Sunday, Oct. 2

1:01 a.m. A suspicious transient male was reported loitering near the Canyon gazebo. Male was directed to leave by residents prior to officer arrival. Residents probably told him about a great place to get free exercise equipment and business signs on California Ave.

Compiled by Nate Post

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CONTACT US

Office: 707-826-3271

Fax: 707-826-5921

E-mail: thejack@humboldt.edu

www.thelumberjack.org

Advertising

Office: 707-826-3259

Fax: 707-826-5921

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The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty, and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

This is your newspaper. Be a part of it.

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students, or Humboldt State University.

Corrections

HSU student Bridget Berezna's name was spelled incorrectly on page 10 of the Sept. 28 issue in "Mormons: Not just bikes and suits." Also, the information in the fact box on that page should have been sourced as provided by Mormon.org.

In the Sept. 28 editorial, "The secretive chancellor," it was stated that San Diego State University President Elliot Hirschman had not received a raise in five years. It was meant to say that the position of university president at San Diego State University had not received a raise in five years.

In "AS petitions for earlier beer" on page 3, the name of the Redwood Curtain IGA (Imperial Golden Ale) was misspelled. Also, there isn't an Associated Students Executive Council. The executive council mentioned in the article referred to the university president, the vice president of university advancement, the vice president of academic affairs, the vice president of enrollment management and student affairs and the vice president of administrative affairs.

The maps in the graphic on page 7 of the Sept. 28 issue should have been sourced as provided by Google.

If you have any corrections or comments, please contact our office at (707) 826-3271 or thejack@humboldt.edu

East Bay and Dominguez Hills may strike for salary bargaining

by Melissa Coleman

California Faculty Association calls for action against the CSU administration, which has refused to accept their bargaining agreements since 2008.

The California Faculty Association announced on Sept. 28 that faculty from two CSU campuses will act to protest the lack of salary increases.

"We are determined to fight and protect what is best for our system," said Association President Lillian Taiz. "We all need to join together for this greater good."

During the announcement, Taiz called for "concerted actions" from Cal State East Bay and Dominguez Hills on Nov. 17, which will include picketing and a strike.

Association Bargaining Chair Andy Merrifield clarified what that means for the campuses. "Concerted action is just when workers get together collectively to demonstrate their anger and outrage at the way management has treated them," he said. "It can be as simple as everyone dressing the same on any given day or participating in informational picketing. It is a legal form of pressure."

Merrifield said all faculty members, including lecturers, have the right to take such action without punishment from the administration.

Former Association Chapter President Sue Pak said HSU will not participate in the strike with East Bay and Dominguez Hills. "We just want to do a couple of campuses for now," she said. She added that if

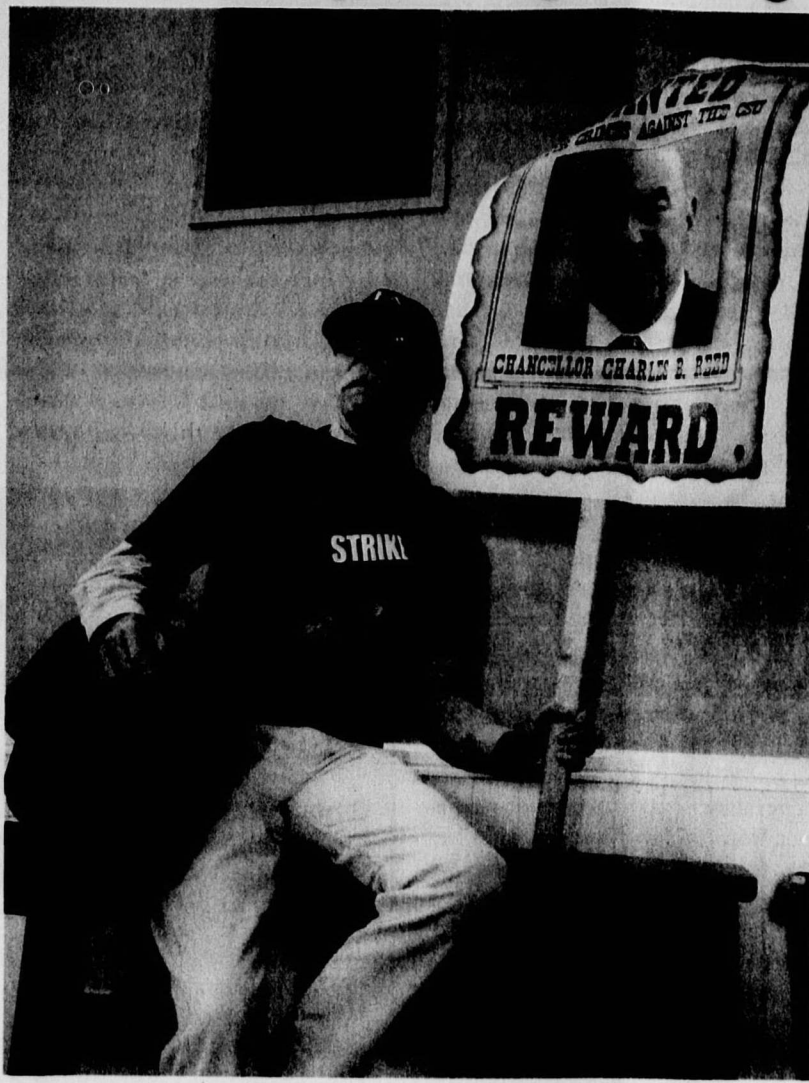
"The administration has quite openly regarded the faculty as an obstacle standing in the way of their changes."

-LILLIAN TAIZ, CFA PRESIDENT

CSU Chancellor Charles Reed does not reopen salary bargaining, action will escalate to all campuses.

The action is a result of attempted salary bargaining between the association and the chancellor's office. Reed has refused all faculty raises since 2008. The average faculty salary in the 2007/2008 school year was \$77,935. Calculated for inflation, the average salary is now worth \$73,330, a 5.9 percent decrease.

"The chancellor's only proposals would take things away from



Martin Flashman, HSU mathematics professor, silently states his purpose during Chancellor Charles B. Reed's visit to Humboldt State on Thursday, Sept. 22, 2011. The CFA had a strong, clear message at the meeting. | Angela Tsai

provisions in previous contracts," Taiz said. "The administration has quite openly regarded the faculty as an obstacle standing in the way of their changes."

Retired HSU biology professor Milton Boyd, who protested Reed's appearance on campus two weeks

ago, said Reed has not honored the previous contracts.

"I'm one of those people that believes that contracts are signed for the mutual

benefit of both parties and when one party later decides, 'Gee maybe that wasn't such a good idea after all,' that's not a good reason to essentially set aside the provisions in the contract ... That's what's been done," Boyd said.

The CFA also demanded limits to class sizes and an increase in tenure-track positions throughout the CSU system in its new bargaining proposal. "With more than 500 tenure-track positions lost in 2010 to 2011 alone, the downward trend has accelerated and must be re-

versed," Taiz said.

HSU faculty members can now vote at the CFA office to authorize whether the CFA Board of Directors will call a one-day strike at one or more campuses.

HSU music major Michael Randall said he would support faculty action, even if it impacts his education. "I think there's an imbalance in the pay scale," he said. "I would understand and be supportive."

Studio art student Julia Muse agreed. "I'd have to commend that," she said. "If the faculty isn't going to strike, who is?"

Pak said HSU faculty members will picket on Nov. 8 in solidarity with Dominguez Hills and East Bay. They will hand out leaflets to inform people about the bargaining with Reed.

Humboldt's California Faculty Association Chapter President and philosophy professor Benjamin Schaeffer said he hopes it does not have to come to a strike.

"Nobody wants to walk. Nobody wants to do that," Schaeffer said, "so we are really hoping that we can resolve it so it doesn't come to that."

Catherine Wong contributed to this report.

Melissa Coleman may be contacted at melissajcoleman@gmail.com

A SUMMARY OF THE CFA'S PROPOSALS:

- Address long-standing salary inequities for Associate and Full Professors by implementing Year 2 of the previously negotiated equity program now.
- Pay faculty a 1 percent General Salary Increase (GSI) in 2011/12, 2012/13, and 2013/14.
- Increase the GSI to 5 percent in the first year in which the CSU's gross operating budget grows to what the CSU asked for in its budget request for 2008/09.
- Pay eligible faculty a service salary increase each year.
- Maintain summer pay rates that are based on regular academic year pay rates – and reject the pay cuts for teaching summer sessions that the Chancellor proposed.
- Extend regular academic year pay rates and benefits to all for-credit courses taught through extension.
- Officially recognize academic freedom in the contract for all faculty work, including extension and online education.
- Increase tenure track-hiring
- Maintain three-year and unconditional full-time lecturer appointments
- Fully integrate all faculty into the contract—equal rights for counselors, librarians, and coaches
- Prevent contracting out of CSU faculty work

Information courtesy of the California Faculty Association. For a full list of demands visit www.CalFact.org

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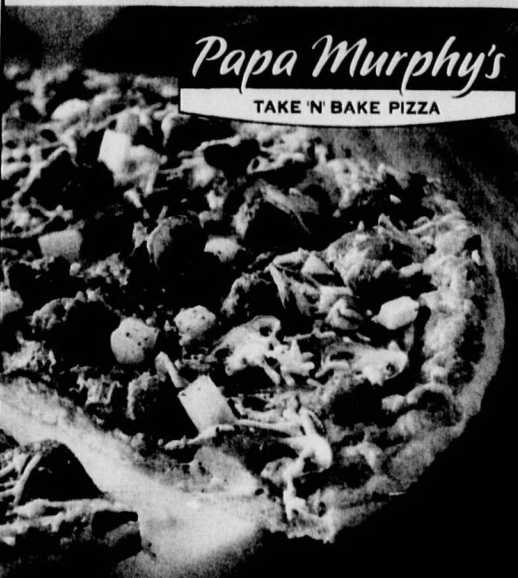
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Thursday Oct. 6th

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www.HumboldtBeerWeek.com

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Brian Jordan
(of KDTU) & friends 9:00pm - \$12/\$15
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www.brianjordan.net

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Local stores find counterfeit money

by Kaliegh Brady

Waxy texture, thick paper and fake holograms are a few of the telltale signs of a counterfeit bill. Yet, as local business owners are discovering, detecting fake money gets harder and harder as crafty counterfeiters become better at hiding the truth.

Shannon Melser is an English major at HSU and works as a cashier at Michaels. "You can't really do anything about it unless you're 110 percent sure. Usually we call the manager or just say we can't cash it if it's a big bill," Melser said.

"I found one once and it was pretty obvious. It was like card stock," she said. "The ones this year are really good."

In the past, most stores used special pens to detect counterfeit money. The pens use an iodine-based ink that turns black when applied to a wood-based paper, such as photocopier paper. The U.S. Department of the Treasury prints genuine money on a cotton-based paper, while most counterfeiters simply use photocopier paper from their printers.

Recently, instead of using the pen, a growing number of stores use a visual inspection method. This is because many of the fake bills found have been printed on real money.

For example, a counterfeiter will take a five-dollar bill and turn it into a fifty or a hundred-dollar bill by washing the ink off the original. However, because the fake was printed on cotton-based paper, the pen test fails and only a visual inspection will catch it. Employees usually look for a discrepancy in the faces printed on the bill or for the Mylar strip that tells the bill's true value.

"Another thing is if you can see the watermark before you hold it up to the light, it's fake. You're not supposed to see it when you're just holding it," Melser said.

Vince Graves-Blandford is the assistant manager at the North Coast Co-Op in Arcata. "We've noticed that a lot of counterfeit bills will pass the pen test," Graves-Blandford said. "Since we switched over to the visual inspection, we've been catching a lot more. With the pen, you have to wait for a chemi-

cal reaction, so the visual inspection is a lot faster and more efficient."

"It isn't just fifties and hundreds that are being counterfeited either. The bills trickle in at different values," Graves-Blandford said, "anything from 10 to 100."

Last month, Lori Tipple, manager of the US Bank in Arcata, spent seven hours going to all of the stores on the Plaza and showing them how to detect counterfeit bills. "I went to every business, regardless if they bank with us, because we take the loss as a whole. In the last two days we've received five counterfeit bills," she said.

"That's a lot for Arcata."

Shauna Owens, a salesclerk at Hot Knots Store, said the manager of US Bank did a great job of solving a problem before it got out of hand. "They're really well made nowadays. We've definitely had some, but it hasn't been a huge issue now that we know what to look for," she said.

"There's nothing bank managers hate more than counterfeit bills," Tipple said, "because it hurts the businesses and the community. They don't get that money back."

Kaliegh Brady may be contacted at thejack@humboldt.edu

HOW TO CATCH FAKE CASH

Portrait and Border and Seals

The genuine portrait appears lifelike and stands out distinctly from the background. The counterfeit portrait is usually lifeless and flat. The fine lines in the border and seals of a genuine bill are clear and unbroken.

Serial Numbers

Genuine serial numbers have a distinctive style, are evenly spaced and printed in the same ink color as the Treasury Seal. On a counterfeit, the numbers may differ in color from the Treasury seal and may not be uniformly spaced or aligned.

Paper

Genuine currency paper has tiny red and blue fibers embedded throughout. Counterfeits may try to simulate these fibers by printing tiny red and blue lines on their paper. It is illegal to reproduce the distinctive paper used in the manufacturing of United States currency.

Watermark

The watermark portrait should match the printed one. The newer five-dollar bill has a "5" watermark instead of Lincoln. One-dollar bills have no watermarks.

Security Thread

A security thread is embedded in all bills except the \$1 and \$2 bills. If you hold the bill up to the light you easily see "USA" followed by the denomination. They also glow under a black light: \$5 bill glows blue; the \$10 bill glows orange, the \$20 bill glows green, the \$50 bill glows yellow, and the \$100 bill glows red.

Color-shifting ink

Tilt the \$10, \$20, \$50 and \$100 bills to watch the color-shifting ink change from copper to green.

Information provided by secretservice.gov/money_detect.shtml

The World In Briefs

Italy An appeals court jury in Perugia, Italy overturned the 2009 murder conviction against Amanda Knox and her former boyfriend, Raffaele Sollecito, Monday. The pair were acquitted of charges that they had sexually assaulted and murdered 21-year-old British student Meredith Kercher, Knox's roommate in Perugia. The jury, however, upheld a conviction against Knox for slander. That charge carried a three-year sentence, time which Knox has already served.

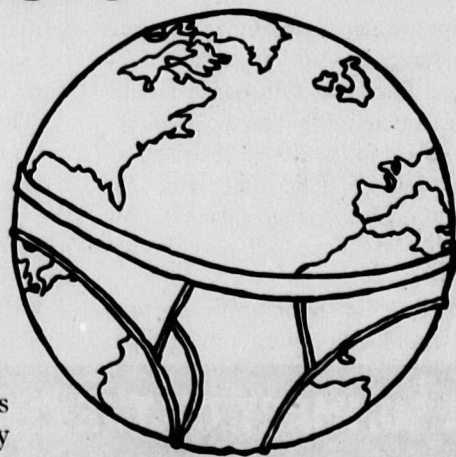
Yemen Samir Khan, a U.S. citizen of Pakistani heritage who published material promoting al Qaeda ideology and attacks against the U.S., was killed Friday in a CIA-directed drone attack. The attack also killed U.S.-born Muslim cleric Anwar al-Awlaki. Recent articles in Khan's English-language web magazine, Inspire, praised the 9/11 terrorist attacks. In addition to Khan and al-Awlaki, two other individuals were reported killed in the drone attack.

China The chairman of the House Intelligence Committee, Rep. Mike Rogers, R-Mich., slammed China Tuesday, saying the country was committing cyber espionage aimed at stealing U.S. industrial secrets. Specific targets of recent cyber attacks include defense systems and data about fighter jets and unmanned drones. According to experts, the sophistication and number of cyber attacks against the U.S. have been increasing.

UK Prime Minister David Cameron said he will consider the introduction of a "fat tax" to battle Britain's growing waistline. Faced with increasing obesity levels, Cameron said he would not rule out measures like the tax placed on foods with high amounts of saturated fats recently implemented in Denmark. The Danish tax has been met with a backlash of criticism. Cameron said such a tax was needed to prevent rising health costs and declining life expectancy.

Canada As it makes its way toward the Avalon Peninsula of Newfoundland, Ophelia has weakened from a hurricane to a tropical storm with top sustained winds of approximately 110 kilometers per hour. Ophelia was downgraded by the National Hurricane Center in Miami Monday from a Category 1 storm.

Syria As of Tuesday, as many as 3,000 activists in Homs, Syria have been arrested and nearly the same amount have been killed. For several months, activists have been gathering weapons and working to mount an armed attack on the regime. The UN Security Council vetoed a resolution on Tuesday night, which, if passed, would have stopped President Bashar Assad from cracking down on civilians.

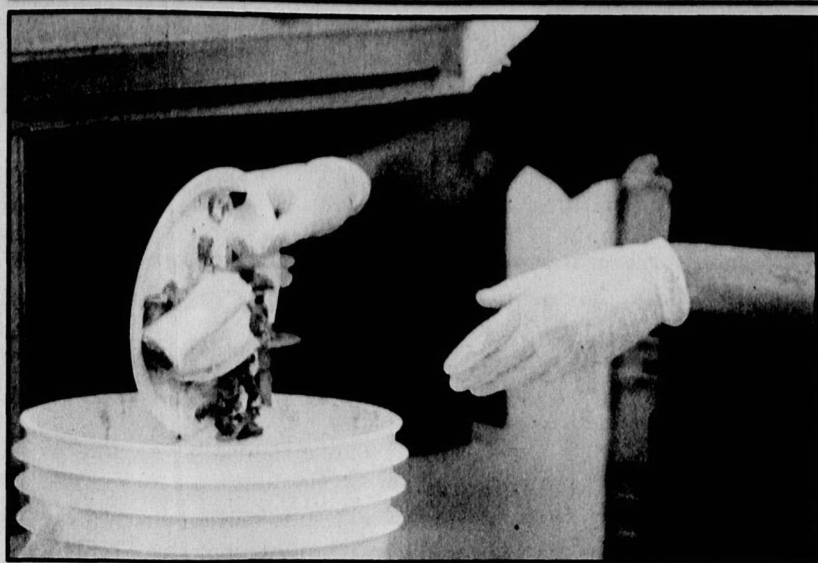


Somalia A truck bomb killed at least 50 people on Tuesday at a government compound in Mogadishu, Somalia. The Shabab, an Islamist group linked to Al Qaeda, had some control over the country, which has been in a transitional phase since 1991. Officials suspect the Shabab was responsible for the bomb.

Israel: A mosque in Tuba-Zangariyye, Israel was set on fire and vandalized on Monday. Police suspect the culprits were extremists taking revenge on the Palestinian government.

Sources: *The Guardian*, *The New York Times*, CNN, CBS News, USA Today

Compiled by Melissa Coleman and Kaci Poor



Marcus Hicks, an HSU senior communications major, puts unused and discarded food into buckets at the 'J' on Tuesday, Oct. 3, 2011. | Kristan Korns

HSU strives to reduce food wasting habits on campus

by Kevin Forestieri

Think twice before throwing out that half-eaten sandwich in the Depot.

Approximately one-third of HSU's total waste comes from uneaten food, said HSU's sustainability director Tall Chief Comet. A portion of this food comes from students not finishing the meals they pay for on campus, he said.

At HSU, many students pay for food with the J Point system. Sustainability and Waste Coordinator Morgan King said a lot of students run on a tight budget. "If students choose to buy food at The J, they're going to eat it," he said. King said if students are picking up food just to throw it out, the problem isn't with the J Point system.

Antonio Gomez, a student working as a cashier in The J, said he feels the problem may lie in the mindset of the students. He thinks it has to do with students being careless when spending J Points at the beginning of the semester. Gomez said students start the semester with a huge pool of J points to spend from and oftentimes do not make an

effort to ration them.

"By the middle of the semester, some students start to realize they can't keep spending J points like they have been," Gomez said. "Sometimes students find out they can't afford to buy what they put on their tray and have to put it back."

Gomez suggests one of the ways the school can mitigate wasted food is by encouraging students to frequently check their J Point balance.

"You can ask the cashiers to check the balance for you at any point," he said.

Students may be more aware of their eating habits if they have a good sense of how much they're spending on food, Gomez said.

HSU is also working to divert campus food waste to composting. The kitchen in The J no longer has trash cans. Leftover food is instead loaded into plastic bins and sent to composting. The compost is then distributed to HSU groundskeeping and campus sustainability programs.

Kevin Forestieri may be contacted at thejack@humboldt.edu

Green opportunities arise with new biodigester plan

by Kevin Forestieri

The Humboldt Waste Management Authority plans to construct enclosed tanks known as anaerobic digesters, or biodigesters. They will allow HSU to divert organic waste out of landfills and into a digesting process. The process produces electricity, fuel for vehicles and heat.

This form of composting breaks down almost all organic material. Juliette Bohn, a program analyst for the Humboldt Waste Management Authority, said biodigesters can break down almost all organic waste. All of HSU's food waste can feed the biodigesters. Other materials, such as plants from groundskeeping operations on campus, can also be used.

Biodigesters use fermentation to break down biomass. This process produces two energy-rich gases: methane and carbon dioxide. These gases can then be used to produce heat and electricity.

"There is no biomass waste at the end of the process," Bohn said. She said the leftover organic matter can be used to produce fertilizer.

Another advantage to the biodigestion process is that it avoids the release of harmful gasses. Methane produced by food waste rises into the atmosphere. Carbon dioxide is also created when trucking food waste to the landfill. The biodigester program could substantially reduce the production of both.

Biodigesters could also save HSU money. Morgan King, HSU sustainability and waste coordinator, said it costs the school \$150 per ton to dump waste into landfills. That waste could instead be handled by biodigesters.

HSU has already started preparations to adopt the biodigester program. King said, "right now we're concerned with education [about the biodigester] and setting up new waste bins."

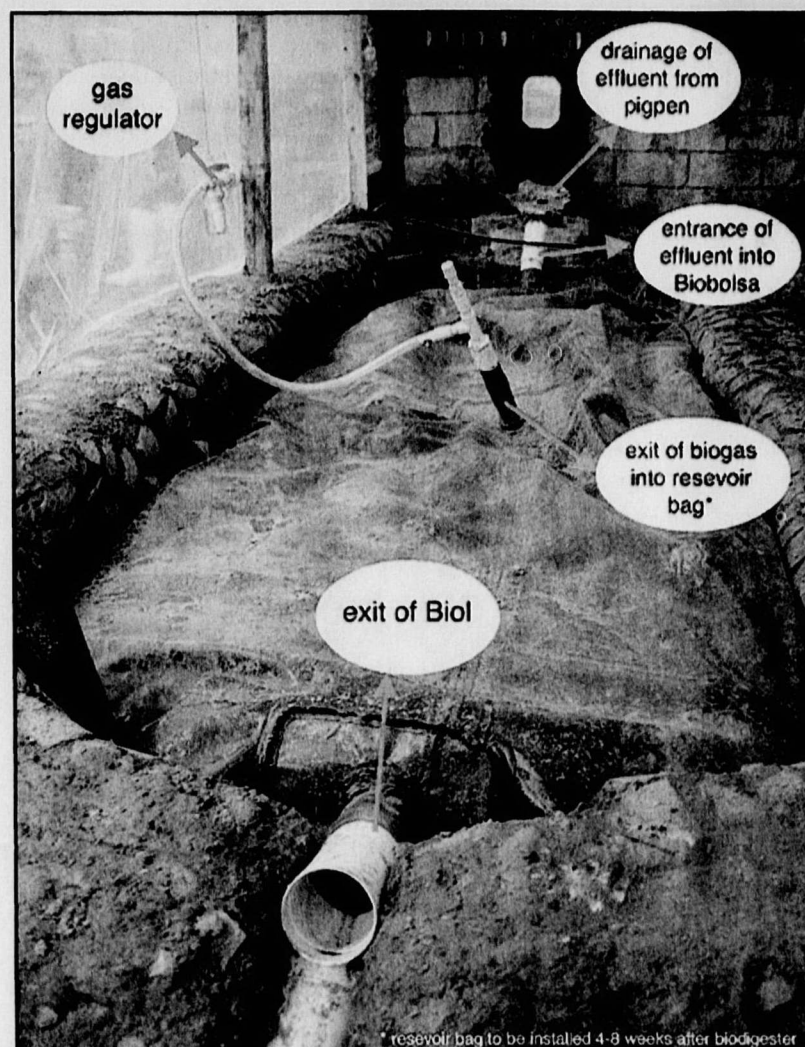
No biomass waste is left at the end of the process, leftover organic matter can be used to make fertilizer.

—JULIETTE BOHN
HWMA PROGRAM ANALYST

The school is part of a Humboldt Waste Management Authority pilot program. In this program, specific bins are designed to collect organic waste, separating it from trash that cannot be digested. The kitchen in The J has already undergone changes to accommodate the newly proposed plans.

The biodigester is expected to be built and fully operational by the end of 2012 or early 2013.

Kevin Forestieri may be contacted at thejack@humboldt.edu



A team of HSU students and the International Institute of Renewable Resources built a demonstration Biodigester in San Cristóbal de las Casas, Chiapas, Mexico- Aug. 2, 2010. | Image provided by Appropedia

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Sports

Jumping hurdles to fill a roster

by Luke Ramseth

Track and field practice is over, but a few athletes linger in Redwood Bowl on a crisp evening. They are hungry for some post-workout Jolly Giant Cafeteria food. But before they head off, they are eager to discuss two issues unusually crucial to their team: recruiting and Title IX.

Despite being a spring sport, HSU track athletes and head coach Scott Pesch are desperate to find women to run, jump and throw. If they can, men may need to be cut come spring.

"There are twice as many men as women [on the roster] right now," said senior long-distance runner Bridget Berg. She said the challenge of finding women runners is nothing new. "Coach is always trying to get more women, otherwise he has to kick off some men," she said.

The challenge is partially due to Title IX, a U.S. law that stipulates public schools have even numbers of participants and financial support between men's and women's sports teams. A California state law, known as Cal-NOW, also regulates gender equality in sports. For Pesch and the track team, however, recruiting enough women to comply with the guidelines is not easy for several reasons.

Title IX and Cal-NOW restrictions

Tom Trepiak is charged with making sure HSU's athletic department and individual teams comply with NCAA guidelines. He has a thick manual of rules

and regulations for DII college athletics sitting on his desk, of which Title IX and Cal-NOW is only a part. There are serious implications—including a loss of federal funding—if a school breaks the rules or has unacceptable numbers.

"The days of 'anybody can show up and play' are over," Trepiak said. "It's established. You need to be equitable."

Being equitable means a few things. The total number of participants in women's and men's sports must be within 5 percent of the respective male and female enrollment numbers at HSU. So, if HSU enrollment was 55 percent female, the total number of women athletes across sports would have to be between 50 and 60 percent of the total number of athletes.

The HSU football team has over 100 players listed on its roster. Women's rowing and softball, two solely women's sports with around 75 athletes between them, help even out the high football numbers.

Last year, there were a total of 202 men and 199 women athletes at HSU.

Financial aid awarded to men and women must also be close to even, but does not have to be equal between sports, Trepiak said.

According to a report on gender equity, last year HSU male athletes received \$351,899 dollars in aid, including \$7,600 dollars for male track athletes. Women athletes received \$340,000 dollars, including \$24,500 for female track athletes.

Trepiak said the track team has a slight advantage. He said the team needs to have about

equal numbers of men and women, but since it's a spring sport, many of the participation numbers are already tallied from fall and winter sports.

Trepiak said he can then tell Pesch whether he has some flexibility with the gender balance in his roster. Last year, for example, there were 39 male to 32 female track and field athletes.

Still, though, Pesch said he has trouble recruiting enough women without having to cut the men's squad.

"It's harder to find women talent," Pesch said. "We get more inquiry from men than women."

Pesch said he thinks the ratio of prospective men to women contacting him about the team is about 5 to 2.

Freshman runner Tony Plasencia said he is concerned about the lack of women on the team. He said he would like to see parts of Title IX revised.

"I don't think you should penalize the guys if you can't find the women," he said.

A struggle to recruit

Pesch sifts through a pile of printed emails in the Library Cafe. They are emails from potential track and field recruits. Many are from interested men. He is researching their results online and calling them up. He calls the few women first.

Pesch said there are multiple reasons that it is hard to attract female runners to HSU.

The high attrition rate of female runners after high school is one reason. They often do not want to continue to com-

pete in college. HSU's location is another reason.

"It's harder to get women from Southern California because it's so far from home," he said. "We only have two women from there right now."

Pesch said he is trying to find more depth for his team. He said if the team can score better results at meets—if he creates a winning program—more women will want to come.

Former HSU long-distance runner Amanda Garcia said the problem was the team's former coach, Sandy Moran, who Pesch took over for last year. She said Moran did not "fully support" the women's team.

"If it wasn't for her, some girls would still be around on the team," Garcia said.

Garcia said Pesch has made many improvements, but a negative reputation was already established.

Berg agreed.

"It was the old coach; she wasn't into the team. She didn't pay attention to certain people," Berg said.

Prospective recruits would come check out the women's team previously and see groups of individual women who ran the same events rather than a team, Berg said.

She said more women will be recruited under Pesch.

Middle-distance runner Alizah Rotman said she sees improvement on the horizon, though.

"There will be a snowball effect once we get a better program," she said. "More women will want to come to HSU."

Luke Ramseth may be contacted at Lsr16@humboldt.edu

Jacks Roundup Playing Up

by Luke Ramseth

Despite starting their season 4-0 and jumping into the No. 24 spot in the American Football Coaches Association poll, the football team's first real test is this Saturday at UC Davis. The televised win a few weeks back against Central Washington challenged the Jacks, but really doesn't compare to UC Davis, a Div. I program with a solid reputation.

The Aggies are 1-3 this season, but they've lost to powerhouses like University of Hawaii and Arizona State. HSU and Davis have actually played 59 times since 1935. The Jacks hold a 15-41-3 record against the Aggies, but the teams have not played each other since Davis upgraded to Div. I in 2007.

The game won't count against HSU in Great Northwest Athletic Conference standings, but will undoubtedly mean a lot for players' pride. The Jacks can only hope UC Davis overlooks them, with the Aggies homecoming game next week versus University of Texas, San Antonio. If they can somehow sneak out of Davis with a win, maybe the Humboldt community will officially jump on the HSU football bandwagon. (See a recap of last week's homecoming win over Dixie State on page 9.)

In Brief

Men's Soccer: Jacks 4, Sonoma State 5

Sonoma prevailed in a high-powered offensive shootout last Thursday. HSU's Zach Hammond struck first, followed by two goals from freshman Eric Baumgardner and one from sophomore Nate Roupp.

However, it was Sonoma who scored in the 85th minute to prevent overtime. Head coach C.J. Johnson said he was happy with his team's play and sees better team chemistry forming.

Jacks 0, Chico State 2

HSU Defender Jordan Zogg was ejected in just the 30th minute, leaving the Jacks a man down for most of the game on Sunday.

Injuries and sicknesses among starters also hindered HSU's chances from the start against a 5-2-3 Chico team. The Jacks are now 2-7-0 overall. They play two league powerhouses this weekend. CSU Dominguez Hills is Friday at 3 p.m. at College Creek Field, with CSU Los Angeles on Sunday at 2 p.m.

Women's Soccer: Jacks 0, Sonoma State 1

Tamra James, Carly Kolpin and Chelsea LaRue all took shots that came tantalizingly close, but didn't go in.

HSU goalkeeper Jennie Paugh made a mistake off a corner kick, allowing Sonoma its only goal.

Jacks 0, Chico State 1

The Jacks continued their scoring drought on Sunday. HSU fought ably, outshooting Chico 9-6 in the second half, but once again they couldn't finish.

Tamra James and Aliya McCarthy played especially well, said Johnson. The Jacks take on Dominguez Hills at College Creek Field on Friday at 12:30 p.m. They play CCAA second-place team CSU Los Angeles on Sunday at 11:30 p.m.

Volleyball: 0-2 weekend

The Jacks took on an unbeaten CSU San Bernadino team last Thursday. HSU went ahead in the second set, but was still swept in three sets to none.

Sophomore Brooke Ferguson impressed with 16 digs.

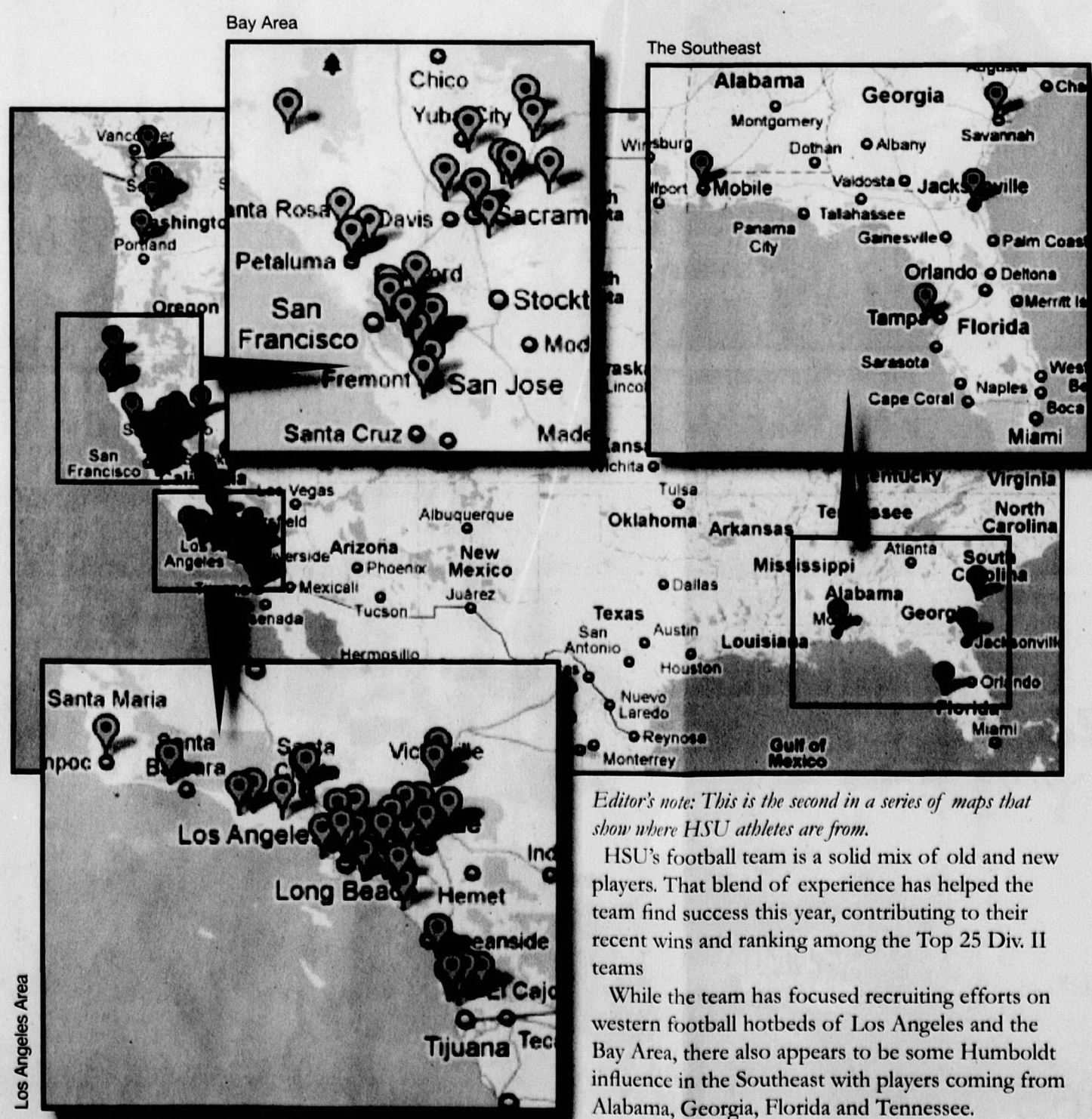
On Friday, HSU faced their second nationally-ranked team of the weekend, but emerged with the same result: a loss in three sets.

Oceana Matsubu scored 11 kills and 12 digs. Ferguson again led with 13 digs.

Luke Ramseth may be contacted at Lsr16@humboldt.edu

Where's your team from?

A breakdown of HSU football players' hometowns



Graphic created by Luke Ramseth and Kaci Poor
Maps created in BatchGeo using Google

Editor's note: This is the second in a series of maps that show where HSU athletes are from.

HSU's football team is a solid mix of old and new players. That blend of experience has helped the team find success this year, contributing to their recent wins and ranking among the Top 25 Div. II teams.

While the team has focused recruiting efforts on western football hotbeds of Los Angeles and the Bay Area, there also appears to be some Humboldt influence in the Southeast with players coming from Alabama, Georgia, Florida and Tennessee.

Only one player, defensive linebacker Andrew Iupati of American Samoa, came to the team from outside the United States.

HSU Cycling to host race in Community Forest

Proceeds will go toward building more multi-use trails

by Susan Aksu

Collegiate cyclists from UC Davis, UC Berkeley and Stanford, among others, will compete against the Humboldt State University cycling team and local community during Ridge Trail Festival this weekend.

The festival will include musical entertainment, organic food and bike races on the trails of the Arcata Community Forest. The event will take place at Redwood Park on Saturday from 11 a.m. to 5 p.m. and in Willow Creek's Horse Linto Camp on Sunday from 9 a.m. to noon.

The festival is organized and funded by the Trail Council, a committee made up of cyclists, volunteers, concerned citizens and the City of Arcata. It will raise money for more trail-building in the Arcata Community Forest.

HSU Cycling Club President Justin Graves said the plan is to connect the west end of the community forest to Sunnybrae Community Forest. The forested property between Arcata and Sunnybrae must first be purchased from the Green Diamond Resource Company and other private land owners.

Race director and owner of Revolution Bicycle Repair Sean Tetrault said the goal of the expansion is to create more local recreational opportunity. Tetrault said there is no remaining room for trails in Arcata Forest's 600 acres.

He said the expansion of accessibility to more trails will

give Arcata the economic benefits of tourism as well.

"We've seen towns that were not doing so well economically bring in trail networks and [market] themselves as ... destination[s] for mountain biking, hiking and running. Their tourism dollars shot through the roof," said Tetrault.

The goal for the 2011 Ridge Trail Festival is to raise \$30,000 dollars, event director Kirk Cohune said. In 2010, fundraising efforts by the The Race for the Ridge Trail, Bat 'n Rouge and several sponsors accumulated \$30,000 to go toward new trails.

HSU journalism alumnus Rocky Brashears has been working on designing the race courses for this weekend. However, he said rain delayed the planning and may affect the course of the trail.

"It's a fresh trail and [the dirt is] freshly churned, so we might have to shorten the race a bit because it will be difficult to ride through," Brashears said.

Brashears, who began volunteering with local trail-building six years ago, has been helping design the trail which will connect the Arcata and Sunnybrae community forests.

"There is no legal way to cross through to Fickle Hill from the Arcata forest," Brashears said. In addition, it would help bring two separate areas of Arcata together, he said.

About 30 volunteers have signed on to help with different aspects of the festivities. The

HSU Cycling Team is helping with the marking and clearing of trails.

HSU Cycling members are also registered to compete in the different events.

In the Arcata Forest, bike races include an eight-mile cross country mountain bike race, and a 0.7-mile short-track race. Racers will do multiple laps in both events. Another run will be open to the public between the two cycling events. There will also be kids' races and a casual citizens' bike ride on Saturday.

Super-d and downhill races are slated for Willow Creek on Sunday. The downhill race is a fast and treacherous race that will take riders around three to five minutes to complete. Super-d racers will do much of the downhill course, but with some uphill and flat terrain mixed in. It will take closer to 10 minutes. Racers who do three of the four cycling events over the weekend and have the best times are eligible to win the "Queen and King of the Ridge" award.

All skill levels are welcome. However the mountain bike cross country race is very competitive, said Tetrault. He predicts HSU cyclist Matt Schiff will take first place. Schiff won two collegiate races hosted by the University of Nevada, Reno two weeks ago.

Tetrault said he predicts HSU riders Jake Hinlicky or Justin Graves will win the downhill races in Willow Creek. In 2010, Graves came in second for the cross country and short track events, and won the Super-d.

Brashears recommends spectators watch the short track race on Saturday, because the course is easily accessible and loops around Redwood Park.

"HSU cyclists are going to be competing in the races, so it's a great way for students to come out and show their support," Brashears said. "It's going to be fun. There is going to be good music, good food, good brews and good weather."



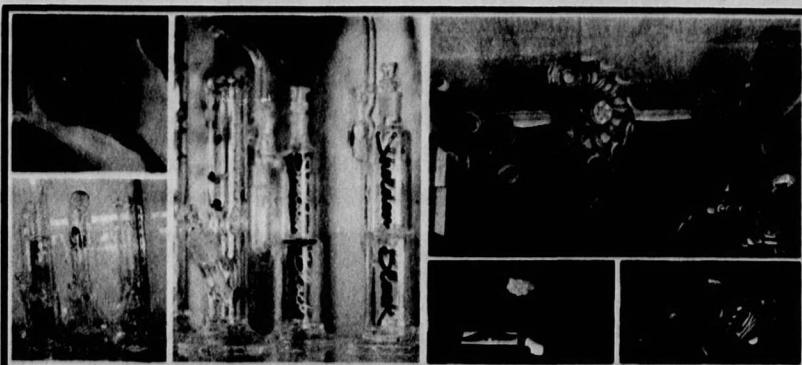
Humboldt State rider Justin Graves pops a wheelie as he hits the home stretch of a 22-mile race during the 2010 Race for the Ridge. | Preston Drake-Hillyard

Susan Aksu Movsesian may be contacted at sa207@humboldt.edu

Jacks can't find the net despite effort



[LEFT] Freshman forward Liz Christensen moves the ball into position against Sonoma State. [ABOVE] Midfielder Lizzie Mitchell prepares to pass the ball to her team mate. [BOTTOM] Junior forward Tamra James leaps into the air, pressuring the Sonoma State goalie away from the ball. | Catherine Wong



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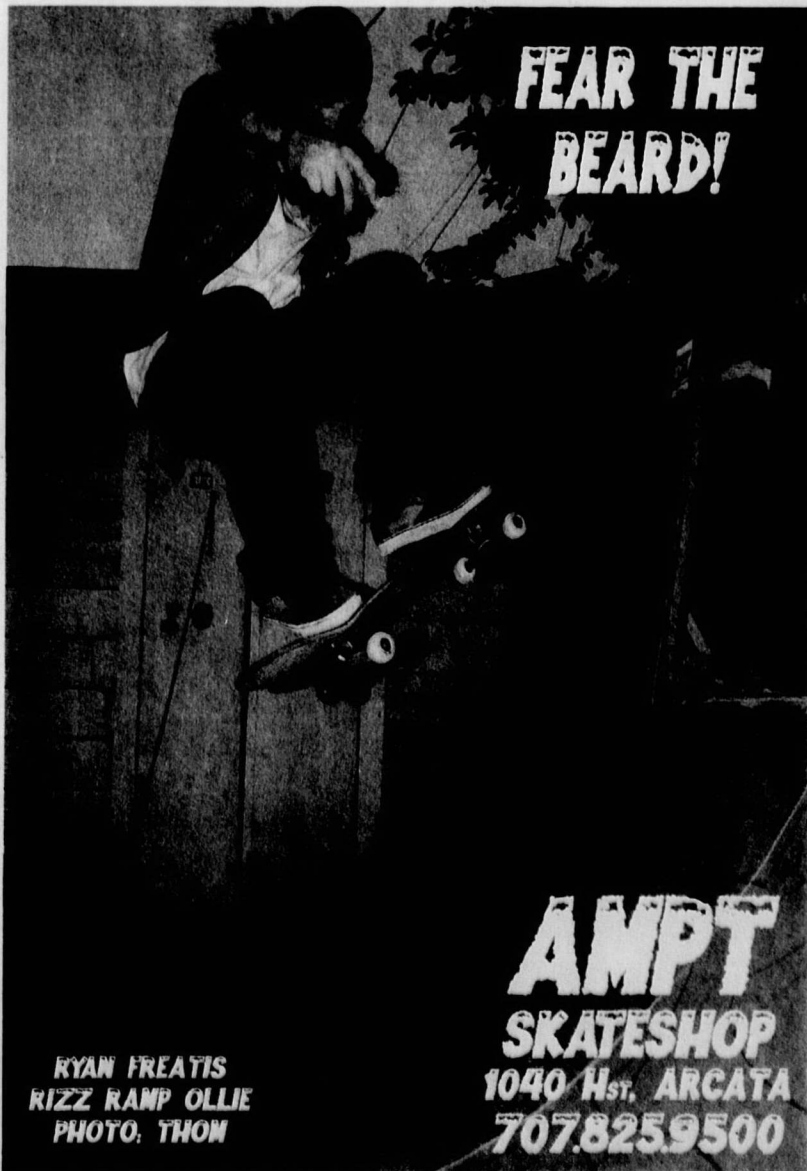
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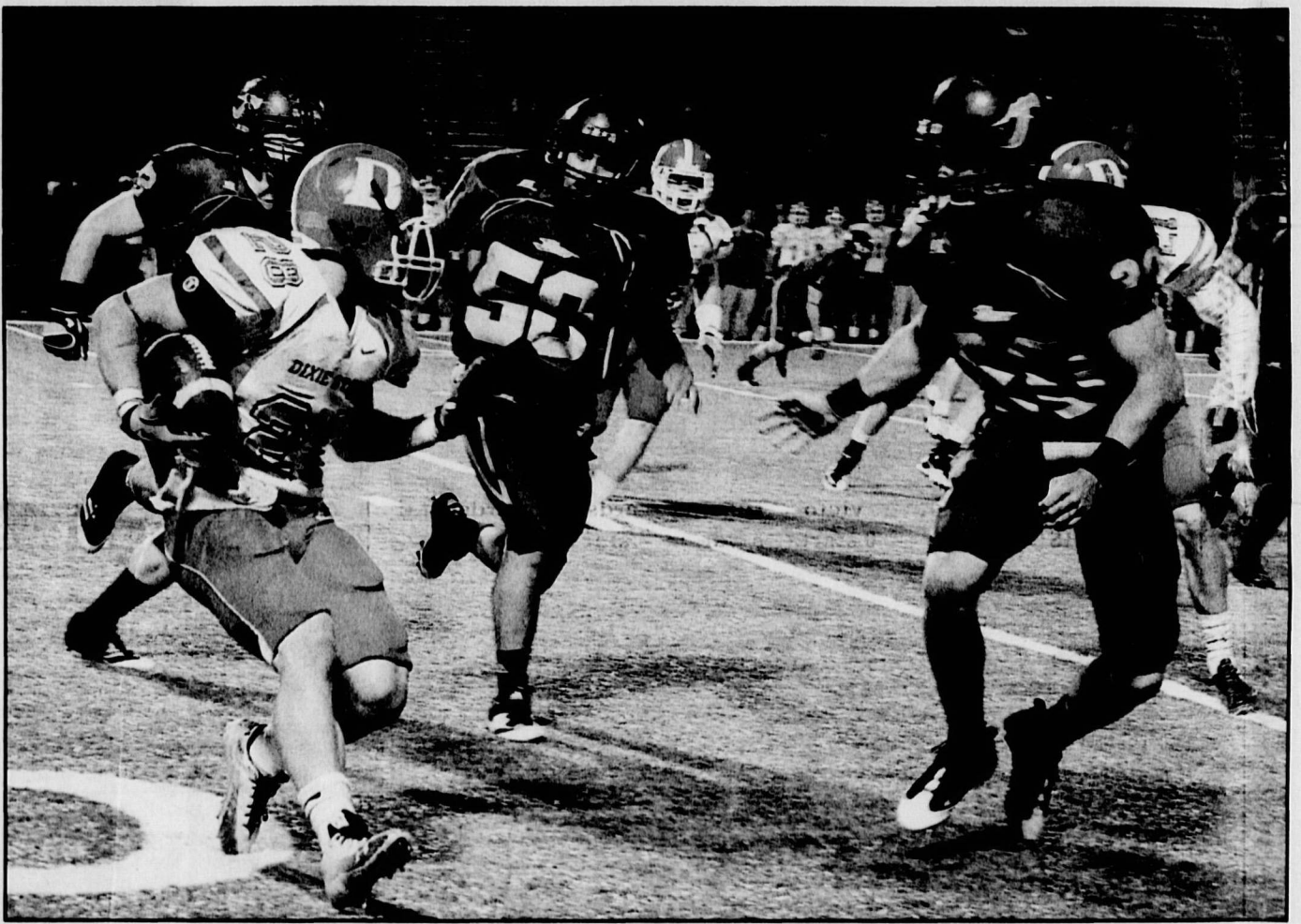
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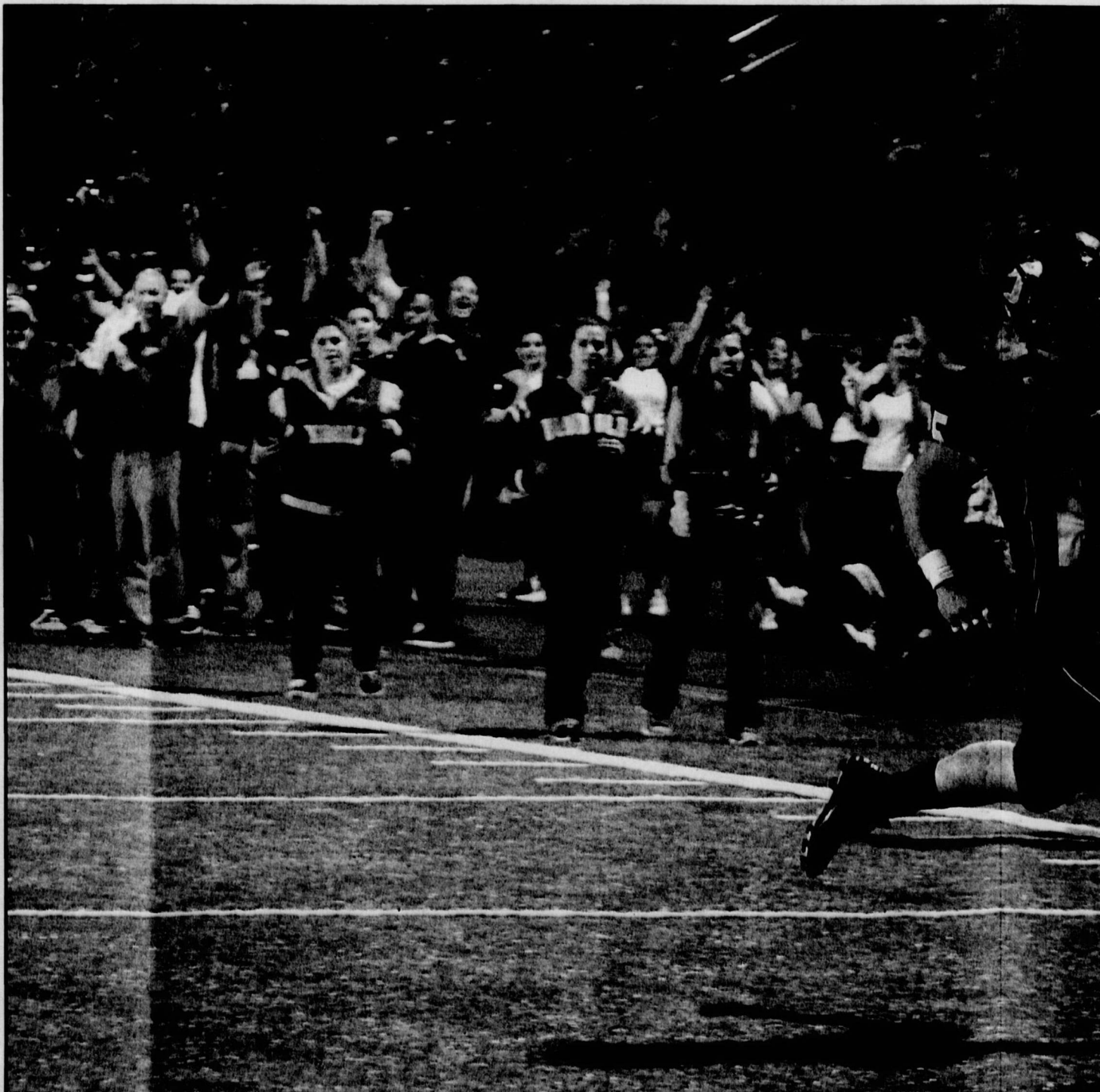
[ABOVE] Junior tight end Alex Hiebert runs over to celebrate the first touchdown of the game with senior tight end Chris Bolt. A two-yard pass from senior quarterback Mike Proulx to Hiebert completed a 73-yard drive and an extra point scored by senior kicker Brian Blumberg gave the Jacks a 7-0 lead early in the first quarter. [BELOW LEFT] Jacks fans cheer on the team with painted bodies and colorful wigs at this year's Homecoming game on Oct. 1, 2011. | Catherine Wong



[BELOW] Lucky Logger dances for the crowd. The sign he carries says both "GO" and "JACKS!" so he can get fans chanting for the home team. [BELOW RIGHT] Junior running back Mike Campana runs in a touchdown during the second half of the game while being cheered on by his team and the crowd. | Catherine Wong



[ABOVE] Sophomore linebacker Brandon Storer and junior defensive back Tanner Webb block a Dixie State Red Storm player. | Catherine Wong



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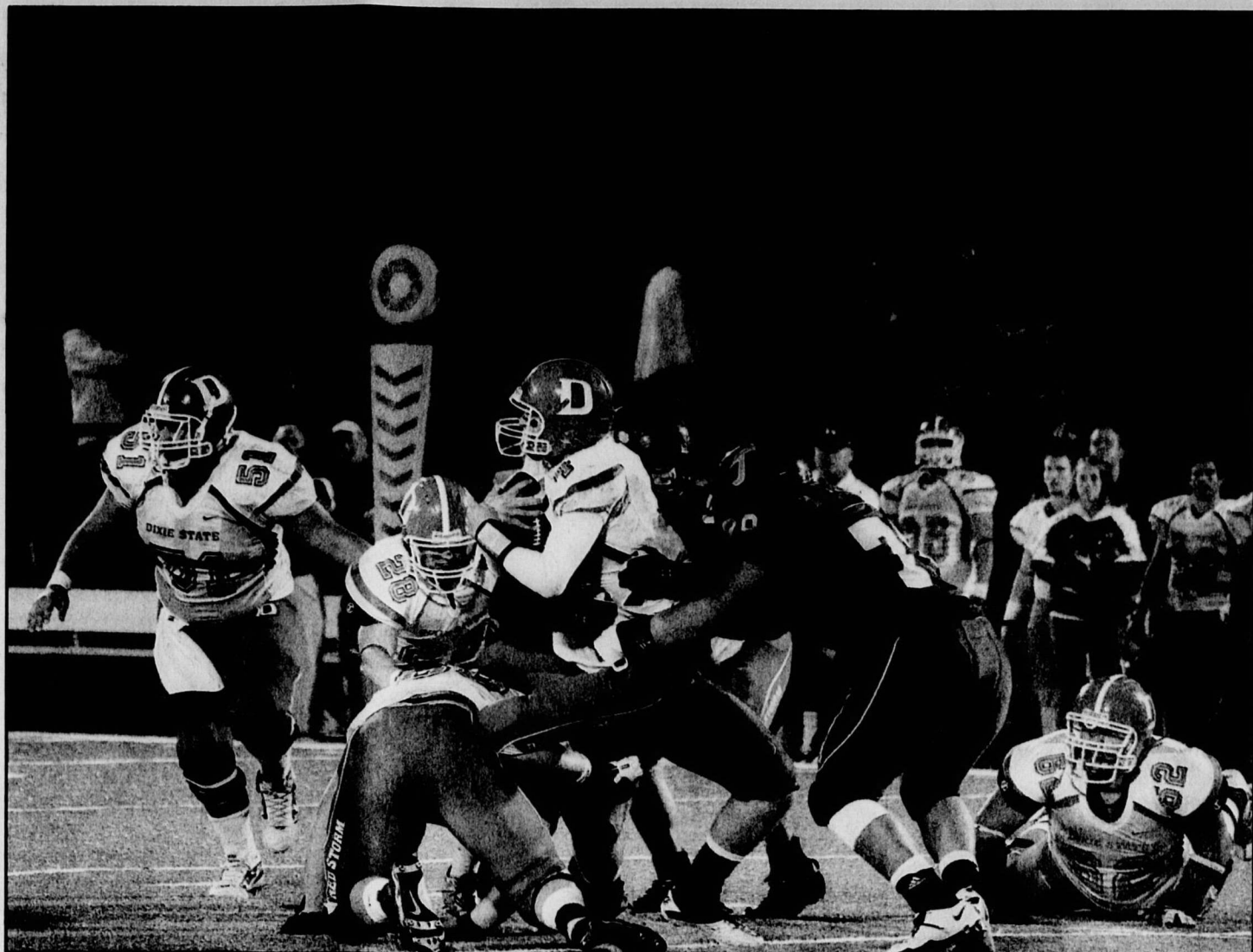
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STAY UNDEFEATED

JACKS WIN 56-27



Humboldt State Lumberjack defense takes down a Dixie State Red Storm player together. | Catherine Wong

by Catherine Wong

Junior tight end Alex Hiebert felt the football land in his hands. He turned and stepped into the end zone. The first points of the game were scored and it was only the team's first possession.

The HSU Jacks dominated Dixie State University Red Storm in a 56-27 win in front of 6,652 fans during Saturday's homecoming game.

For the first time since 1969—when the Jacks opened with six consecutive victories—HSU is off to a 4-0 start. After Saturday's game, the American Football Coaches Association ranked the Jacks in the Top 25 of NCAA Div. II schools, at No. 24.

In each quarter, the Jacks scored 14 points and earned a total of 591 yards of offense to the Red Storm's 370 yards.

The first half belonged to Jacks senior quarterback Mike Proulx. His throws to Hiebert, senior tight end

Chris Bolt and senior wide receiver Kevin Miles scored a total of four touchdowns in the first half.

Proulx completed 24 of 35 passes, for a total of 361 yards. He again survived all four quarters without a sack, as he has all season.

Senior running back Lyndon Rowells surpassed 100 yards for the third time this season, carrying the ball 25 times for 102 yards. All three of his touchdown runs—9 yards, 16 yards and 5 yards—came in the second half.

Junior linebacker Brian Sampson had 10 tackles, including one of the eight sacks the Jacks recorded against three different Dixie State quarterbacks. Senior defensive back Guy Ricciardulli and sophomore defensive back Jeremiah Maluia each had eight tackles.

Catherine Wong may be contacted at thejack@humboldt.edu



[ABOVE] The Marching Lumberjacks exit the field after performing Humboldt State Fight Song in front of 6,652 fans. [BELOW] "Real lumberjacks" rev chainsaws in celebration of the Jacks victory. They also sounded loudly for every touchdown scored — all eight of them. | Catherine Wong



Features

The sweet life of a local chocolatier

by Brandon Widder

Chocolate has a history.

From Latin America to Europe, it has been around for thousands of years. What started out as a bitter bean was transformed into a drink and eventually the sweet, convenience store form we know today.

The global chocolate industry employs people around the world—from the enormous Cadbury facilities of the UK to the North American Hershey's company—and even those in our own backyard.

Sandra Nakashima, 58, has been making chocolate for over 12 years and does not plan on stopping anytime soon. Her business, Drakes Glen Creations, operates out of a small commercial kitchen in the Foodworks Culinary Center in northern Arcata.

Born the daughter of a military man in San Diego, she lived and worked in various locations throughout Southern California and the United States. Growing up, her mother and other relatives taught her candy making before she received formal training. During her 20s and early 30s, she worked as a mold maker and plaster caster in Hawaii until the 1984 recession forced the shop to close.

She moved to Humboldt County in 1986 at the insistence of her cousin, the former head of the HSU fish hatchery. She worked at the Far Side Café, located where the Italian restaurant Abruzzi now resides, and then at General Hospital in Eureka for 11 years as a diet aid and assistant nutritionist.

Sandra Nakashima later opened a candy and craft store in September 1999, adapting her craftsmanship and love of sweets to a business model. She soon began specializing strictly in chocolates.



A new craft for Drake's Glen involves using transfer sheets with FDA-approved edible ink ordered special from Belgium to print pictures, logos and even business cards onto solid chocolates. | Alyssa Alvarez

THERE'S A DIFFERENCE!

cacao: a bean-like seed from which cocoa, cocoa butter and chocolate are made; the small tropical American evergreen tree that bears these seeds

cocoa: a chocolate powder made from roasted and ground cacao seeds



Sandra Nakashima, owner of Drake's Glen Creations, spreads a mixture of dried cranberries and blanched almonds onto the milk chocolate molds for their Cranberry Almond Bar. | Alyssa Alvarez

"I've been in cooks and crafts for a long time," Sandra Nakashima said. "I wanted to do something that didn't work for other people and I love chocolate."

Susan Seamen, program director of the Prosperity Scholarship Individual Development Account

Program, has known Sandra Nakashima for years. "Sandra was one of the first to go through our IDA program," Seamen said. "She is a participant. When she sees opportunity, she pounces on it."

The program, offered through the Arcata Economic Development Corp., supports North Coast entrepreneurs with the skills and financing needed to start a business. During the course of the program, the Arcata Economic Development Corp. matches \$2 for every \$1 saved for up to \$1,200. Participants can then use the funds to purchase business assets, such as supplies—or in Sandra Nakashima's case, a kitchen window.

Twelve years later, the artisan chocolatier and her five employees continue their crusade for better chocolate. Her business now produces anywhere between 200 and 300 chocolates daily—from Mocha Extreme bars to truffles made with Mad River Brewery beer.

Their newest project: chocolates clad with logos and pictures.

"We were gonna make

Lumberjack chocolate, but [the vats] got turned off," said Sandra Nakashima, referring to the differing vats that melt the 600 pounds of bulk chocolate bars received monthly from Burlingame, Calif. The bulk chocolate—made from cacao beans from South America and the Ivory Coast—is melted and blended with different ingredients to produce a daily plethora of assorted chocolate flavors.

"One thing that makes our chocolates unique is that we don't freeze them; they're fresh," said Michael Nakashima, Sandra Nakashima's 31-year-old son and employee who graduated from HSU in 2003. "There are certain flavors that vanish when frozen. [Chocolate] is a bizarre creature."

Sandra Nakashima delved into the world of vegan chocolates with her truffles, but isn't quite ready to enter what she calls the "technical" organic market like some of her competitors.

Her business is slowly growing and expanding its market, despite the current recession and the rising cost of ingredients and transportation. Sandra Nakashima sells the majority of her chocolate through grocery stores and food establishments, such as the North Coast Co-op, Wildberries Marketplace, Fieldbrook Family Market, the Hilltop Marketplace and The J. She also receives orders through her website, but online business accounts for less than 5 percent of total sales.

Like most businesses, the chocolate business can be competitive. Sandra Nakashima must compete with large corporations that dominate the national chocolate scene during Halloween, Valentine's Day, Mother's Day and other big holidays. On a local level, she must also compete with Venlo Chocolates, Sjaak's Organic Chocolates, Old Town Coffee and Chocolates and Sweetness and Light, among others.

Sandra Nakashima said she hopes to enroll in more courses to hone her craft. In the U.S., UC Davis and several institutions in Chicago offer programs on the art of making chocolate, while France and Italy offer week-long courses abroad. She said she would also love to get into showpieces or display pieces.

For now, Drakes Glen Creations has enough on its plate.

"I'm glad I'm a little fish who doesn't want to jump in the big pond," Sandra Nakashima said. "It's just too complicated."

Brandon Widder may be contacted at blw36@humboldt.edu

Campus Weekly

Poetry as Activism
Great Hall, College Creek
Thursday, October 6
11 a.m. - 12:30 p.m.

Tara Hardy leads a workshop on issues of class, race, orientation, gender identity and family violence.

Wildlife's Ecology Series
Wildlife Building Room 258
Thursday, October 6
4 - 4:50 p.m.

Wendy Pearson speaks on the effects of nest success and mate fidelity on the breeding dispersal in a population of western snowy plovers for FREE.

The Carbon Footprint of Indoor Cannabis Production
BSS 168
Thursday, October 6
5:30 - 7 p.m.

Evan Mills of Lawrence Berkeley National Laboratory speaks on the energy and environmental dimensions of indoor cannabis production.

David Binney
Kate Buchanan Room
Thursday, October 6
8 p.m.
\$15 General, \$10 Student/Senior

Redwood Jazz Alliance presents an American alto saxophonist and composer.

A Woman's Perspective
Gist Hall 218
Friday, October 7
4 p.m.

HSU female faculty members will discuss the challenges and successes they have faced in their science and math careers. A question and answer session will follow. Snacks will be provided.

David Shemer
Fulkerson Recital Hall
Sunday, October 9
2 p.m.

David Shemer presents a harpsichord concert dedicated to J.S. Bach's music for FREE. Shemer is a conductor, teacher and music director of the Jerusalem Baroque orchestra. Recital will be followed by a lecture on Israel's contemporary music scene.

Drop-in Kickball
West Gym
Monday, October 10
6:55 - 9 p.m.
\$2 General, FREE for Students

The Student Recreation Center hosts HSU drop-in kickball games. Rules are similar to grade school.

Living on Shaky Ground
Goodwin Forum
Wednesday, October 12
2 - 4 p.m.

This two-hour class is presented by Judy Warren, of the Humboldt Earthquake Education Center. Learn how to survive Earthquakes and Tsunami's in Northern California and how to protect yourself and your family

Chromeo with Mayer Hawthorne & The County
Arcata Community Center
Wednesday, October 12
8 p.m.
\$35 General, \$30 Student

Come watch electrofunk duo Chromeo. P-Thugg on keyboards, synthesizers, and talk box and Dave 1 on guitar and lead vocals call themselves "the only successful Arab/Jewish partnership since the dawn of human culture."

Adrian Barbuzza may be contacted at ab2973@humboldt.edu

College radio hits the national airwaves

by Adrian Barbuzza

HSU's radio station, KRFH, has nearly 70 DJs in its arsenal. On Tues., 12 of them will participate in the first College Radio Day event with more than 300 stations.

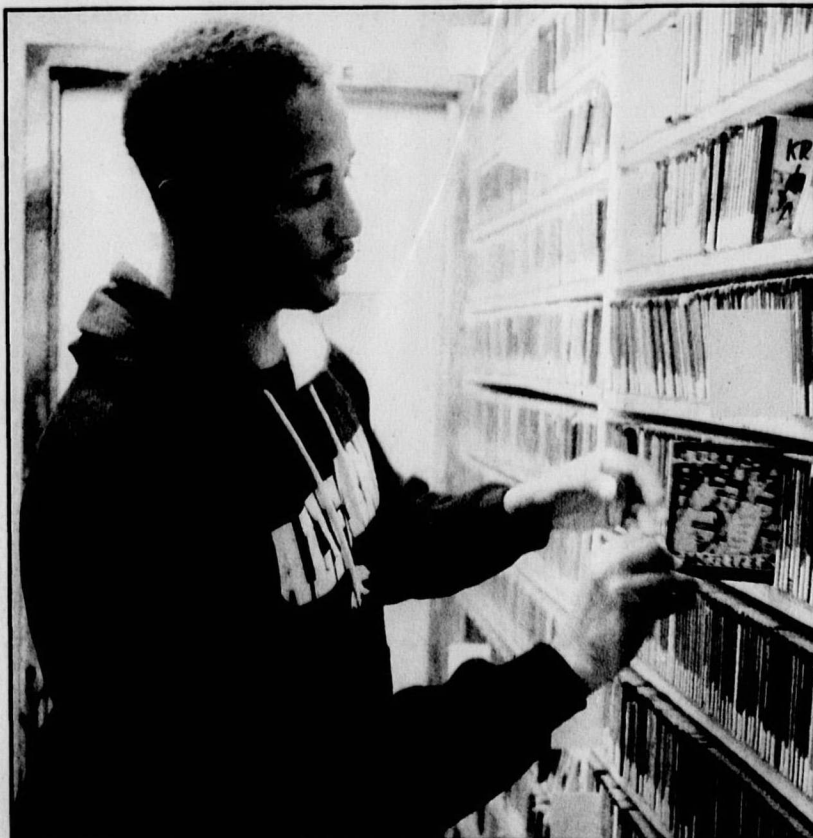
On College Radio Day, participating college radio stations will be broadcast nationwide. The aim is to raise national awareness of college and high school radio stations that operate in North America by encouraging people to listen.

Rob Quicke and Peter Kreten are the general managers for WPSC-FM of New Jersey's William Paterson University and WXAV-FM of Chicago's Saint Xavier University, respectively. They began planning College Radio Day in December.

Max Jones is a music major who started at KRFH when Lizzi Westwood invited him to the station to guest DJ. "Radio production is looking like a good option to make a living in music," said Jones, who hosts the radio show Guided by Voices.

"The structure is constantly evolving," Jones said. He is planning a politically charged show with an American theme for College Radio Day.

Like Jones, Ryan Tombrello started at KRFH when an older roommate invited him to co-DJ.



Stefan Williams selects a CD for his radio show. His shows are the Tuesday Rush Hour Mix and the Thursday Night Fix Mix. He will broadcast during College Radio Day. | Angela Tsai

Tombrello's radio show is called La Discoteca. Tombrello is also a performing DJ and spins underground electro from Belgium, Eastern Europe, South Africa, Brazil and several other countries. Tombrello is planning to spin a live DJ set from 8 p.m. to 10 p.m. for the event.

Following news radio, Stefan Williams made the decision to stray from sports to pursue journalism.

"Sports have brought me a long way. If I had not played sports, I probably would not be alive," Williams said. "I would leave sports practices early to finish projects for

professor Zoe Walronds' news radio class."

Williams, who is planning to make audio promotions for College Radio Day, grew up in Compton listening to the Baker Boys, Big Boy and other DJs from the KPWR 105.9 radio station. Williams' older brother, a break dancer, exposed him to hip-hop music and films like Breaking and Wildstyle. He said the DJs in films and music videos inspired him to become a DJ.

For Nikke Leskinen, it was Cliff Berkowitz's radio production class that got her hooked on radio.

Leskinen said she always enjoyed radio and DJ personalities in her youth. Now known as DJ Nikkay Slickk, she hosts the Afternoon Pregame Show from 11 a.m. to noon every Tuesday.

"This is not like turning on your iPod and selecting shuffle," Leskinen said. "Radio is about listening, talking about music and getting involved."

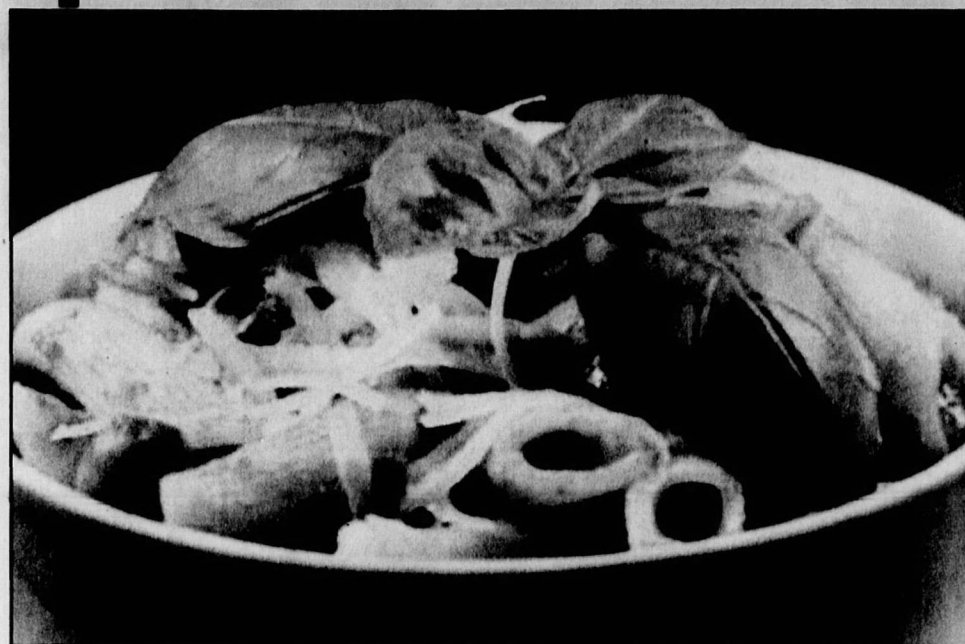
Leskinen said she plans to hand out food or music in giveaways on College Radio Day.

"I want to have a great party," Leskinen said. "It's cool to see a lot of people that really care ... It makes it fun and that is what radio should be."

The Lumberjack Recipe: Pasta Fresca

Serves 4 to 6 people

Pasta Fresca is a sweet twist on an original pasta dish. The sweet white wine brings out the flavors of the cherry tomatoes, while the fresh garlic and parmesan cheese bring your taste buds back to the original pasta flavor. You can make this dish with noodle pasta or bow-tie pasta, but the penne pasta tubes catch the flavors of the fresca sauce. This dish is a light, but filling meal that any person-on-the-go can make.



Photograph provided by FabulousFoods.com

Pasta

- 2 teaspoons extra virgin olive oil
- 2 1/2 cups precooked farfalle (bow-tie) pasta or penne pasta
- 1/4 cup Roma or cherry tomatoes, cubed
- 1 tablespoon red onions, diced
- 2 dashes kosher salt
- freshly cracked pepper
- 1 ounce fresh baby spinach
- Parmesan cheese (optional)

Fresca Sauce

- 1/4 cup fresh garlic
- 2 teaspoons kosher salt
- 1/4 cup balsamic vinegar
- 1/4 cup sweet white wine (sweet red wine works as well)
- 1 cup extra virgin olive oil

Directions

1. Prepare the fresca sauce: mix garlic, kosher salt, balsamic vinegar, sweet white wine and extra virgin olive oil.
2. Precook pasta.
3. Heat saute pan on high. Add extra virgin olive oil, pasta, tomatoes, diced red onions, kosher salt and cracked pepper.
4. Sear noodles, stirring occasionally until steaming hot.
5. Add baby fresh spinach and one ounce fresca sauce.
6. Toss to combine. Serve with freshly shaved Parmesan cheese.



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Medical Outreach Team

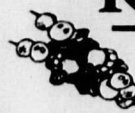
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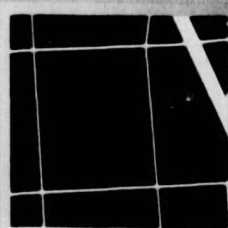
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Zumba fitness craze takes over Humboldt County

by Marimar White-Espin

Blaring music fills HSU's East Gym. Vibrations from the bass rattle the wooden floor. Hips keep time with Latin beats. Red faces, sweat and heaving chests dance to the Zumba fitness craze.

Participants work out to Latin and international music as they burn calories following an instructor's dance routine.

Certified Zumba instructor Meredith King said she was not pleased with her workout routine before discovering Zumba. "I used to work out at the gym everyday. It wasn't cutting it," she said.

After taking Zumba classes, King fell in love. "It feels like a night at the club," she said. King credits her 15-pound weight loss to Zumba. "It doesn't feel like a work out," she said.

Since becoming a certified instructor, King has offered a Zumba class at HSU's East Gym every Tuesday and Thursday from 5:30 to 6:30 p.m.

King is one of many Zumba instructors in the area. There are 28 classes offered around Arcata.

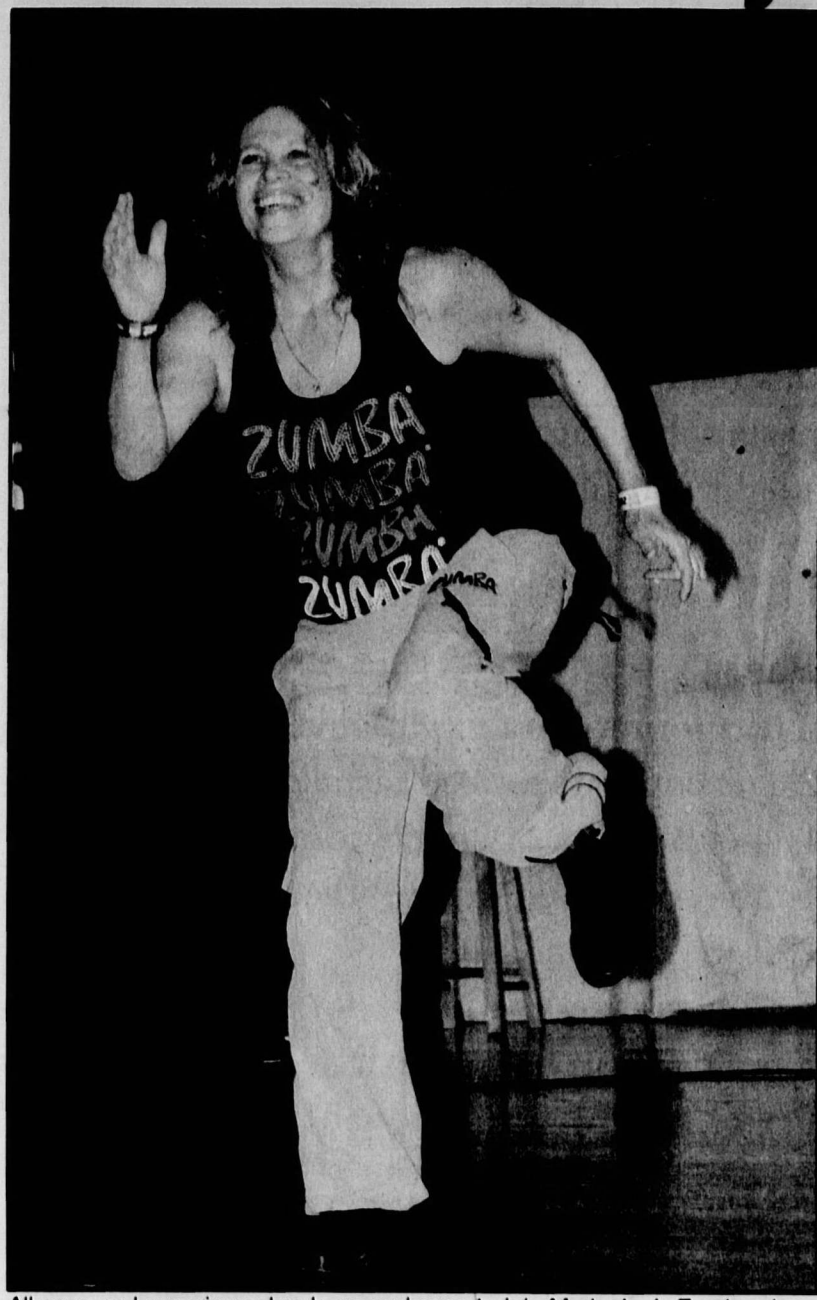
There are six Zumba classes offered at the Arcata HealthSPORT each week. HealthSPORT member Jaffa Dugan has been attending Zumba classes for over a year. "[Zumba] gets my heart rate up. I get more flexibility," Dugan said.

Jessie Beck is a certified Zumba instructor for the Arcata HealthSPORT. Beck told her class: "You don't have to know what you're doing, just as long as you're moving."

Beck and King said each Zumba class and instructor is different. Beck has a background in West African dance and said she enjoys a more choreographed approach using world music. King's music choice focuses on popular dance music she would listen to at home.

Beck and King encourage Zumba newcomers to explore the plethora of instructors in the area to find a class that works for their fitness level and dance style.

Zumba continues to grow in gyms all over the world. According



All ages and experience levels are welcome to join Marla Joy's Zumba class, offered at the Bayside Grange, Mondays and Thursdays at 6 p.m. | Alohi Bickle

to Zumba.com, there are more than 12 million people using the program in over 125 countries.

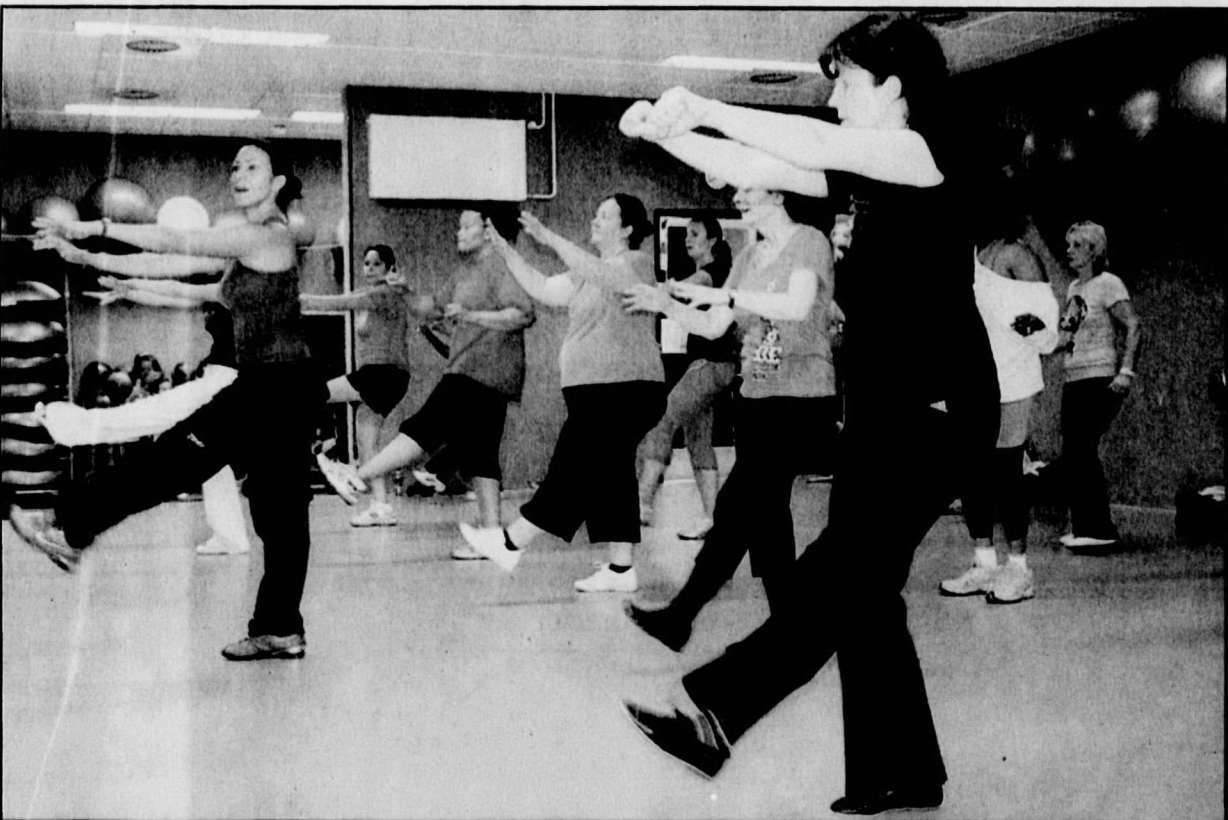
Zumba has even made its way into the living room. The Zumba Fitness video game sold 3 million copies worldwide. Zumba Fitness 2 for the Wii video game console will teach choreographed routines created from 20 different international dance styles. The game is scheduled to release on Nov. 15.

On Friday, Oct. 14 from 5:30 to 7:30 p.m. at the Red Fox Tavern

in Eureka, King and other certified Zumba instructors will host a Party In Pink Zumbathon. The \$10 charge for the Zumbathon will support breast cancer awareness for the Susan G. Komen Foundation.

Staff, students and members of the community are welcome to join King's Zumba class. "Anytime you feel the need to shake it, come see me," King said.

Marimar White-Espin may be contacted at thejack@humboldt.edu



Maria Moline, instructor, coaches her Zumba class through the dance choreography in the Patch Fitness Center in U.S. Army Garrison Stuttgart. | Public Domain photograph



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Opinion

Our criminal injustice system

Editorial

Aaron Bassler was the prime suspect in the shooting death of a Fort Bragg, Calif. city councilman and a Mendocino County Land Trust employee. Last Sunday, Bassler was shot seven times in the chest.

The three men who shot Bassler were members of a SWAT team from the Sacramento County Sheriff's Department and were reported by the Associated Press to have been "in the [Redwood] trees 40 yards from Bassler" and that "there had been no verbal exchange."

Our criminal justice system has fundamentally changed. Authorities no longer feel a need to apprehend accused people and bring them to trial.

The compassion and protections found in the Bill of Rights have been buried under fear. This fear supports what some would call the police state America has become.

Some may say it's hyperbole or a liberal outlook, but look at the facts in just the past three weeks.

Bassler, like his victims, was never given a chance to surrender. For years, Bassler's father pleaded with authorities to help his son get psychological assistance.

Consider that the Fifth Amendment states: No person shall be held to answer for a capital, or otherwise infamous

crime, unless on a presentment or indictment of a Grand Jury ... nor be deprived of life, liberty, or property, without due process of law.

Another blatant and controversial exhibit of a U.S. citizen executed without due process of the law was the sanctioned killing of Anwar al-Awlaki in Yemen. President Obama signed an Executive Order to kill the U.S.-born man with small missiles launched from two preda-

information he may possess as a top Al Qaeda commander, our own commander-in-chief set an example of sanctioned murder for all of us to witness, the Fifth Amendment be damned.

Are you not convinced that this serious issue can affect you?

What if you were arrested and sentenced to death for killing a police officer, except that no gun, fingerprints or DNA were ever found?

What if seven of the nine

people who testified against you retracted their statements and said they were "pressured and interrogated by the police to give their testimony"? What if thousands of petitions to spare your life, including one from four-

term Republican congressman Bob Barr and former FBI director William S. Sessions, were ignored?

This scenario played out three weeks ago in Georgia. Troy Davis maintained his innocence until the moment his heart stopped beating due to a lethal injection.

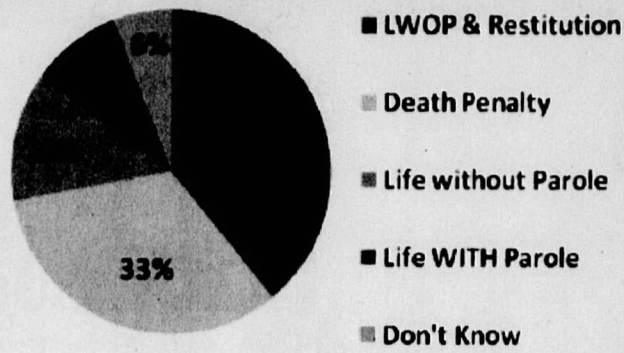
For more information on the Troy Davis case please go to

Amnesty USA at:

<http://www.amnestyusa.org/our-work/cases/usa-troy-davis>

Editors may be contacted at thejack@humboldt.edu

Preferred Punishment for Murder



Source: Death Penalty Information Center - November 2010

tor drones.

The White House is portraying al-Awlaki as the "Osama Bin-Laden of the Internet" for his anti-American rants posted on YouTube and as a top commander in Al Qaeda. But as V. Noah Gimbel of Foreign Policy In Focus (fpif.org) points out, "al-Awlaki, an imam of the Islamic faith, was once called into the Pentagon in the aftermath of 9/11 to advise U.S. officials on how to promote moderate over extremist Islam."

Instead of bringing this "traitor"—whose whereabouts were known—to justice or to debrief him in order to gather vital

Returning to HSU after 38 years

Letter to the Editor

Well, well, here I am returning to Humboldt State after 38 years.

Yep! I took the plunge and applied for further courses under The Osher Lifelong Learning Institute.

Some of my courses I am taking just for fun and others no doubt will require study and homework. So, I thought I would give some friendly points to ponder, so to speak, to the incoming class from an "older" prospective.

First of all, "learning" really is a lifelong process. It sounds trite, but it's true. Learning certainly doesn't end just because you get a diploma. Many people believe that your real education doesn't begin until you enter the work force. I don't believe that.

Be that as it may, I once again will have homework. (Yikes!)

Folks, get used to the idea that you will have homework for the rest of your life, more so if you are gainfully employed. Any activity that relates to your job after you have left for the day is homework. And believe me, you will spend many hours after work doing work-related duties. Now that's definitely homework, but they just call it by another name.

I also would like to stress to the incoming class not to become overly drawn into the "grade game." Getting and receiving "good" grades is emphasized way too much.

Now, you are going to have to trust me on this, as I have a lot of experience in this area of getting and receiving "good" grades (as I have earned a B.A. an M.A. and a J.D.). All my grades represented by these degrees are totally irrelevant now. I wish I had not worried so much about them at the time. I even remember getting a D- in high school algebra. At the time, I thought that I at least deserved a solid "D," but no, I got a D-. (What an old witch.)

At the time, I thought she was older than dirt, and now look, I am at least as old as she and probably older. The point is that I

survived quite nicely and, yes, even managed to enter college without serious head drama. View your grades as stepping stones to greater things. They certainly do not define you as a person!

Maintaining optimal health and taking care of yourself, physically, is vastly more important than any grade that you receive. The friendships and relationships you nourish and maintain during your college days and throughout your lifetime are vastly more important than any grade. The ability to develop independent critical thinking is far more important than any grade.

Finally, what you actually learn, no matter how trivial or irrelevant it seems at the time—this learning is much more important than any grade. Besides, you never know when such information may be needed. (Double Jeopardy for \$1,000, Alex.)

I can't close without briefly addressing the huge cost of getting a college education these days. Combine that with all the cutbacks and you truly have an unbearable situation.

I commend all of you for continuing your education in these horrific economic times. I truly don't know if I would have been able to complete my degrees had I encountered such intense economic pressure.

I would like to think that I would have found a way. But I will say this: perseverance and determination are powerful forces. If you really want your degree, you will find a way.

Just hang in there day by day and you will succeed. If in fact, it takes you a little longer to get your degree, so be it.

Remember folks, the learning process is perpetual which brings me my favorite quotation from American Author, Mark Twain. He said the following: "I have never let my schooling interfere with my education." Truly, wise words of wisdom.

I sincerely hope the incoming class has a wonderful learning experience here at Humboldt State.

Greg P. Hitchko
Eureka, CA

"I commend you all for continuing your education in these horrific economic times."

—Greg P. Hitchko

Weighing the death penalty: Did Davis deserve to die?

by Mary Pero

Mark MacPhail, an off-duty police officer, was murdered in Savannah, Ga. on Saturday, Aug. 19, 1989. At the time of his murder, he was responding to a report of a homeless man being robbed and pistol-whipped. The robber then turned and shot the officer beneath the vest and in the head.

The gun has yet to be found. No fingerprints. No DNA. No blood by any person other than MacPhail. The man held for the crime had his execution delayed four times.

The man executed was Troy Davis.

Davis was lethally injected on Sept. 21, 2011 at 11:08 p.m.

Davis testified that he did not

see the shoot-

ing. He was

with Sylvester

"Redd" Coles

and Larry

Young, who

were in a scuf-

fle over a beer.

Young was the

homeless man.

Coles began

beating Young and Young yelled

for help. Davis saw a man coming

and ran.

Larry retracted his original

testimony:

"I couldn't honestly remem-

ber what anyone looked like or

what different people were wear-

ing. Plus, I had been drinking that

day, so I just couldn't tell who did

what. The cops didn't want to

hear that and kept pressing me to

give them answers. They made it

clear that we weren't leaving until

I told them what they wanted

to hear. They suggested answers

and I would give them what they

wanted. They put typed papers in

my face and told me to sign them.

I did sign them without reading

them."—Amnesty International

There were casings from bul-

lets of the gun that murdered

MacPhail, according to The

Huffington Post. Firearms exam-

iner Roger Parian could only say

that the .38-caliber shell casings

appeared to have come from the

same gun. The gun was linked to

non-lethal shooting earlier. Davis

was found guilty of both crimes.

There is no more evidence linking Davis to that crime either.

The family of Mark McPhail is looking to move on with their lives. According to the International Business Time News, MacPhail's widow, Joan McPhail, said there is nothing to rejoice and that it is now healing time for her family.

"I will grieve for the Davis family because now they're going to understand our pain and our hurt," Joan McPhail said. "My prayers go out to them. I have been praying for them all these years and I pray there will be some peace along the way for them," she said, according to the International Business Time News.

"Race is everything in this case," said Georgia

Congressman

John Lewis in

September 2008

to The Nation

News. Amnesty

International

continues to

protest. The

National

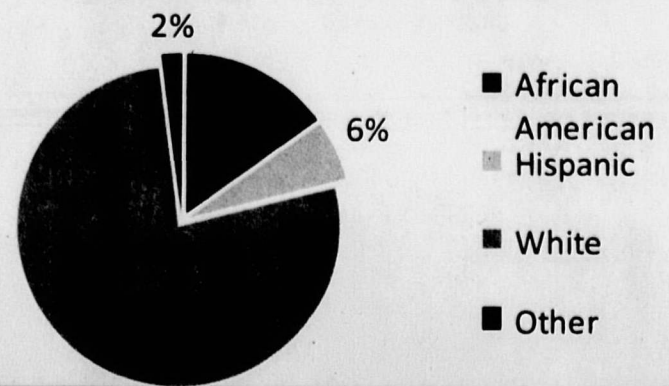
Association for the Advancement of Colored People, former President Jimmy Carter, Pope Benedict XVI and many more are asking: why an execution?

The day before Davis' death, the Supreme Court did halt the execution in Texas, according to CNN. Cleve Foster, a 47-year-old ex-army recruiter, is being held along with an accomplice, for raping and killing a woman in Fort Worth. A gun has been found. DNA has been found. Evidence of intercourse has been found. Blood has been found. Ward, his accomplice, died in prison from cancer.

The death penalty is a difficult issue. There is a lot of ethical weighing on both sides. There is a reason Troy Davis was executed and it was not because he is guilty of a murder. An execution not based on a crime is eerie. As people of the United States, we promote freedom, yet we murder our own people without evidence.

Mary Pero may be contacted at thejack@humboldt.edu

Race of homicide victims in cases resulting in executions since 1976



Graphic courtesy of Amnesty International

The Lumberjack Submission Policy

Send submissions to our Opinion Editor, J. Daniel Fernandez, at LumberjackFernandez@gmail.com

Include "Attn: Opinion" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

Guest columns may not exceed 750 words.

All letters and columns may be edited for grammar and spelling.

We reserve the right to edit profanity and obscenity and may hold content for any reason.

New contributors may be given preference over returning contributors.

Please include your name, telephone number, city of residence and affiliation with relevant campus or community organizations.

HSU students should provide their major and class standing.

We also welcome cartoons, spoof articles and other items.

All submissions must be received by 4:00 p.m. the Friday preceding publication.

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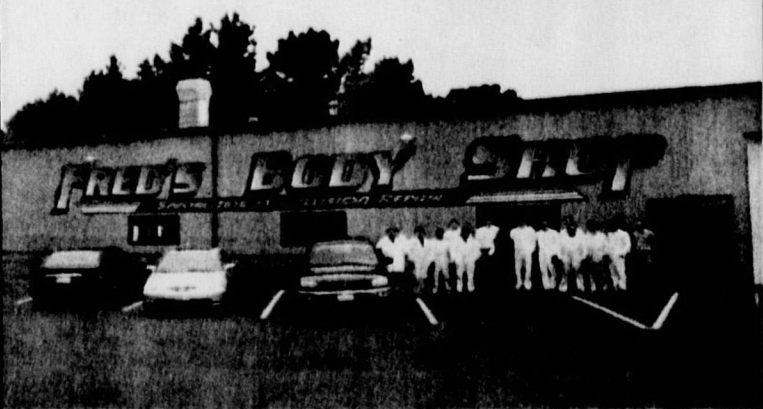
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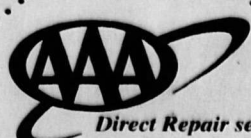
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Weekly Events

Campus events may be found in FEATURES p. 10

Thursday
10/06The Quick and
Easy Boys
Jambalaya
9 p.m., 21+, \$8Science Fiction
Pint & Pizza Night
Arcata Theatre Lounge
6 p.m., \$5 food purchaseBeer Pong Tournament
Humboldt Brews
6 p.m., All Ages
FREEThe Independents
The Red Fox Tavern
8 p.m., 21+, \$10Friday
10/07Phish Video Night
The Red Fox Tavern
9 p.m., 21+, FREEKaraoke with
Chris Clay
Nocturnum
9 p.m.3rd Annual String Thing
Arcata Theatre Lounge
7 p.m., 21+
\$12-15Children of the Sun
Jambalaya
9 p.m., 21+, \$5Saturday
10/08Brian Jordan
Humboldt Brews
8 p.m., 21+, \$12-15Ocean Night
Arcata Theatre Lounge
6:30 p.m., \$3 donation
FREE for children 10 & underMoo-Got-2
Jambalaya
9 p.m., 21+, \$8Echo Movement
and Ease Up
The Red Fox Tavern
8 p.m., 21+\$8-10Sunday
10/09Open Mic Night
Mosgo's Coffee
7 p.m., FREESundaze with Deep
Groove Society
Jambalaya
9 p.m., 21+, \$5Willy Wonka & the
Chocolate Factory
Arcata Theatre Lounge
5:30 p.m., Rated G, \$5Premonition 13 and
Witch Mountain
The Alibi
10:30 p.m., 21+, \$8Monday
10/10Monday Night Football
Jambalaya
5 p.m., 21+Monday Night Football
Arcata Theatre Lounge
5 p.m., Free with \$5 food
or beverage purchaseOpen Mic Night
Humboldt Brews
7:30 p.m., FREEQuiz Night
Blondies
7 p.m., All Ages
FREETuesday
10/11The Chop Tops
Red Fox Tavern
8 p.m., 21+, \$12Wahid
Arcata Playhouse
8 p.m., \$10-12EPIC Benefit:
Patagonia Rising
Arcata Theatre Lounge
6:30 p.m., \$10-25Will Jam for Food
Jambalaya
9 p.m., 21+
2 cans of food or \$3Wednesday
10/12Akaboom Sound
Dancehall Reggae
Jambalaya
9 p.m., 21+, \$5Science Fiction
Pint & Pizza Night
Arcata Theatre Lounge
6 p.m., \$5 food purchaseOpen Mic
with Mike Anderson
Old Town Coffee & Chocolates
6:30 p.m.Whomp Whomp
Wednesdays
Nocturnum
9 p.m., 21+, \$10Serving Breakfast, Lunch & Dinner
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Irish Pub Wednesdays

Corned Beef & Hash, Lamb Chops,
Halibut n' Chips, Cheese Fries,
Irish Flag Shots, Guinness,
50 cents off Irish Whiskeys

Ono Luau Thursdays

Coconut Shrimp, Chicken Katsu,
Aloha Chicken Wings, Maui Ahi Poke,
Macadamia Nut Halibut,
Blue Hawaiian, Mai Tais

Upcoming Shows

Saturday 8

Laudanum
Local Fund Raising Musical
Golden Raven
Arcata Theatre Lounge
8 p.m., \$10-15

Sunday 9

Premonition 13
Witch Mountain
The Alibi
10:30 p.m., 21+, \$8

WHERE'S ROLLIN?

It's hard enough to find HSU President Rollin Richmond in real life ... but can you find him in *The Lumberjack*?

Cartoon Rollin is hidden somewhere in the paper. If you find him, email the answer to thejack@humboldt.edu with the subject "ATTN:Where's Rollin?"

Winner will be picked on a lottery system and announced along with the prize in next week's edition.

LAST WEEK'S WINNER:

Edward Kier

You won a \$5 gift certificate to Arcata Scoop. We ask that you pick up your prize in our office, located in Gist Hall 227.

HUMBOLDT JUMBOLDT by Melissa Coleman

Rearrange the letters to form a word. Set aside the double underlined letters on the line below. Rearrange those letters when all words are solved to find this week's answer! Plurals allowed, no proper nouns though final answer may be a proper noun. *Answers in the next issue.*

EYFRO == -- == --

KRCCI -- -- --

CNAIP == == -- --

ARICC == -- -- ==



ANSWERS TO LAST WEEK'S PUZZLE:
CARGO, MORON, MOIST, SEAMS
FINAL ANSWER: ROOMMATES

Weekly Sudoku Difficulty: EXTREME

	6		8		5			
4						6	8	
		3					7	
					9	1		2
	4						3	
6		5	3					
	5				9			
	2	8						4
			7		1		5	

CRYPTO-PUN! by Melissa Coleman

Directions: Every letter has been replaced by a different letter to make a code. Figure out the code to solve the puns! Every pun uses the same code.

What does a clock do when it's hungry? ISRE QOWV PSGU ERWSLAE.

What kind of wine acts as an antidiuretic? FTLSY JSUR.

What does The Green Lantern do in a canoe? BRUSRE.

What should you do if calcium knocks on your door? NTYOJTL.

Which bone in the body is the biggest liar? YBR PTQGZO.

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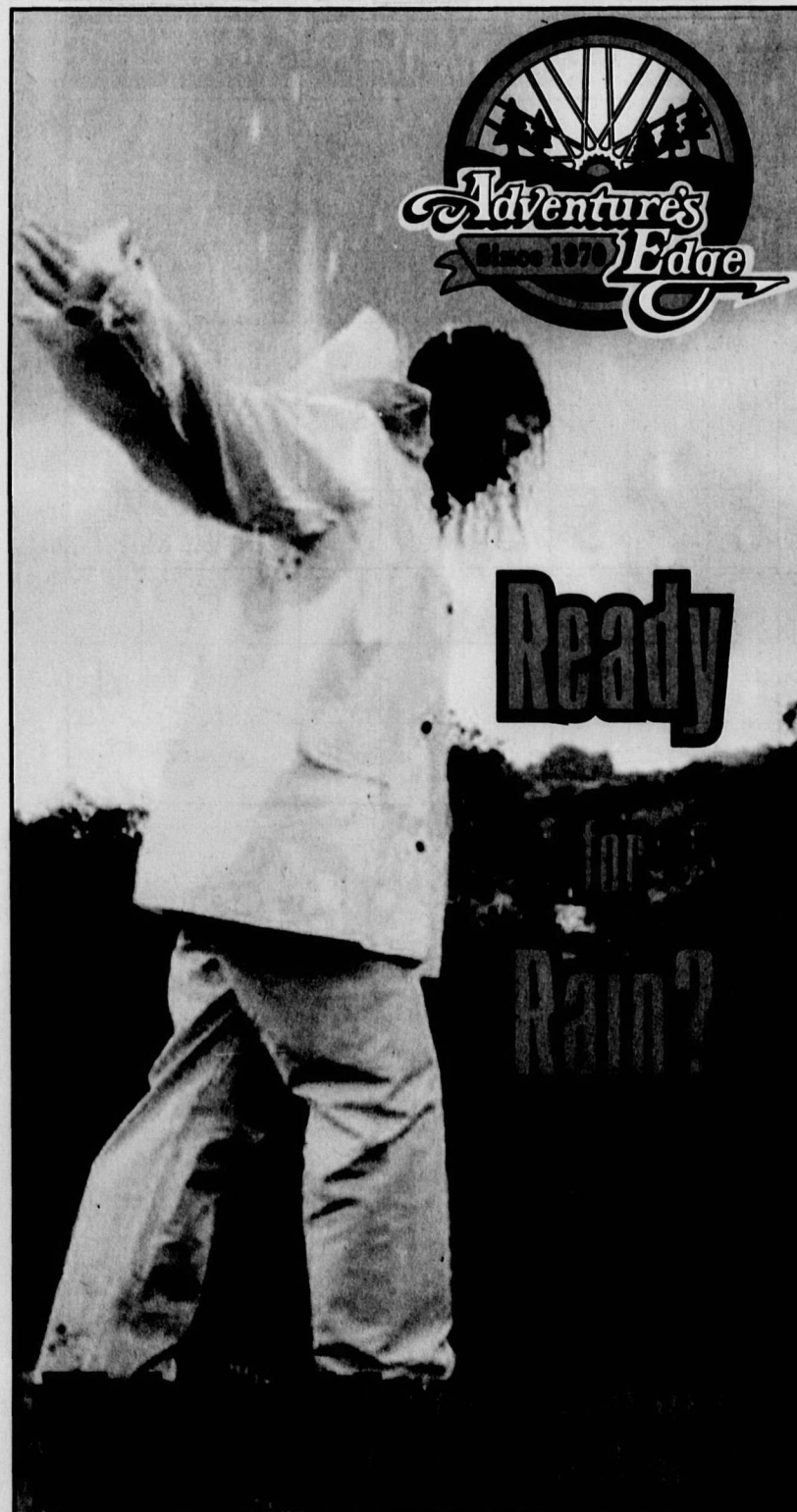
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Spotlight

Pastels on the Plaza

Photos by Alyssa Alvarez



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