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The Lumberjack

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In The Wake of Disaster

Two HSU students travel to Japan to chronicle the aftermath of the Tohoku earthquake.

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Corrections

- In our March 2 issue, we forgot to include that a photo was provided by SYNRGY
- Last issue, Stephanie Giles' name was misspelled on page seven
- Kristan Korn's deserves a photo credit on page four

If you have any **Corrections** contact us:

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DOCUMENTING DISASTER

TWO HSU STUDENTS CHRONICLE AFTERMATH OF JAPAN'S EARTHQUAKE AND TSUNAMI

Nicholas Preciado
Managing Editor

Preston Drake-Hillyard and Travis Turner, two Humboldt State journalism juniors, raised \$3,200 in two days and flew to Japan on March 15 to document the aftermath of the recent Tohoku earthquake and tsunami.

The two students landed at the Narita International Airport in Tokyo. Turner said that while there was not any major destruction, the streets of the metropolis were deserted.

"Businesses were closed, markets were out of food and gas was being rationed," said Turner. Cars lined up for miles to get one gallon of gas.

The two students travelled by train from Tokyo. Drake-Hillyard said that within minutes of being on the train, a passenger walked up to them with a translated sentence on his cell phone.

"It read 'Do not trust the Japanese media, they lie,'" said Drake-Hillyard. The man said that people were left in the dark as far as information about the devastation was concerned. "[The Japanese] relied on outside news and Twitter feeds to stay updated," said Drake-Hillyard.

Turner said that the trains were shut down two hours outside of Tokyo. The students had to travel the rest of the way by bus, taxi and in some cases walk for miles.

"I think it's vital for us to show our support to the human community after disasters like these," said Taylor Paselk, senior applied technology major. "For HSU to show that we can set aside our own lives to be helpful in any way possible is something that gives me pride."

The most devastated area Drake-Hillyard and Turner saw was Sendai, just east of the epicenter of the quake. Cars were left mangled and thrown together with upturned houses. The temperature dropped to negative five

degrees. Blizzards came without warning and blanked the ground.

"The destruction was like walking into an unruly child's bedroom," said Turner. "The town was wrecked. The tsunami had crushed everything within a mile of the shore. Large houses were flipped upside down."

During their stay, earthquakes continued to plague the country.

"A decent sized one hit while we were asleep in the evacuee shelter," said Drake-Hillyard. "Travis and I woke up, popped our heads out of the sleeping bags, checked to ourselves with that 'really' look on our faces and returned to sleep."

Entire families remain displaced. Severed gas lines and electrical cables rest in what used to be living rooms. Supply lines are cut off, meaning food and supplies can't be transported into the most affected areas. There is little to no food.

"Those who chose to stay are sifting through the remains, sifting for food, belongings and lost family members," said Drake-Hillyard.

Even though there are all of these displaced people, Drake-Hillyard and Turner said they could see resilience and pride in their eyes.

"I saw an older man with a broom in front of a house that was demolished. He was starting to get his home together one sweep at a time," said Turner. "The amount of work he had in front of him did not matter, he was responsible for starting it."

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Nicholas Preciado may be contacted at
thejack@humboldt.edu



(ABOVE) Thousands upon thousands of Kirin beer cans and full kegs were strewn across a two mile radius on March 17, 2011 after the Kirin brewery and distribution buildings were struck by a tsunami on March 11. A group of Japanese youths scour the remains for anything that might be usable.
| Preston Drake-Hillyard/Venatore Media



On March 17th, 2011 members of the Japanese Self Defense Force were picking through rubble looking for residents that were unable to escape the approaching tsunami. The death toll could reach more than 19,000 with more than 7,600 confirmed dead and another 11,600 still missing.
| Preston Drake-Hillyard/Venatore Media



(ABOVE) Vehicles set on top of homes and fallen buildings stand as a testament to the awesome power of the tsunami that hit Sendai, Japan on March 11, 2011. Cars remained unmoved on March 17, 2011. | Preston Drake-Hillyard/Venatore Media

DISCLAIMER: the Editor in Chief is a member of Venatore Media

HANGING UP THE BADGE

HSU seeks a new police chief as UPD Chief Tom Dewey plans to retire.

Scotty Lee Meyers
Staff Writer

It is finals week of the 2008 spring semester at Humboldt State University, a few years back. Someone tapes mysterious boxes to three different campus buildings. A bomb squad hightails to campus.

On the other side of HSU, the University Police Department responds to a group of rowdy protesters gathered outside the president's office. Fire engines and sheriff squads hurry to campus. HSU nearly shuts down.

Just another day at the office for UPD Chief of Police Thomas Dewey. There will not be too many left because Chief Dewey will exercise his right to retire after this semester. A committee led by Director of Housing John Capaccio search for a new candidate to fill the position.

Dewey graduated from Humboldt State University in 1983 with a degree in Natural Resources Interpretation with intentions of becoming a park ranger. He wanted to serve and protect the natural resources of Humboldt County. Instead he chose to serve and protect the people.

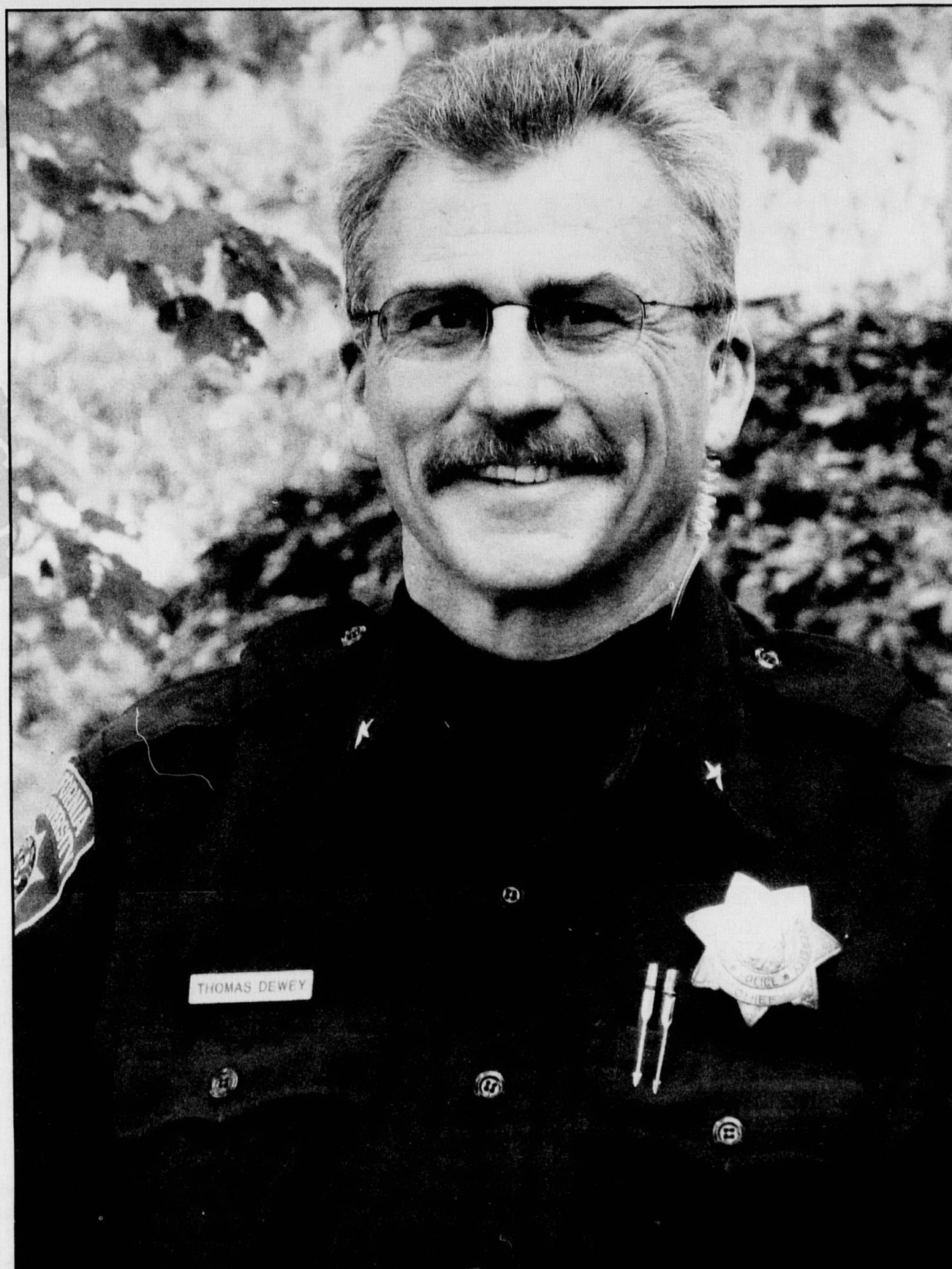
Dewey first became involved in law enforcement in the early '80s as a reserve police officer for Arcata Police Department. He stayed with the APD for 17 years until he transferred to the university in 2000. He climbed the ranks, moving from sergeant to interim police chief in four years. Dewey was sworn in as UPD police chief in 2004.

Teaching moments are important to Dewey. He says he has worked hard to instill that into the culture of UPD. "Any time we have a high risk, low frequency moment in our department, we debrief to learn from it, a chalk-talk moment," says Dewey. This teacher's mentality helps him at his other job as a part-time teacher for the police academy at College of the Redwoods.

Chief of police comes with tremendous scrutiny. It's what Dewey won't miss about the job. "There's a gotcha culture in society, a lot of Monday morning quarterbacks." For Dewey, frustration arises when inaccurate and sensationalized information gets to the public in one form or another. "I'm forced to explain a misconception instead of being proactive," says Dewey.

Administration of UPD switched from Student Affairs to Administrative Affairs last summer when Vice President of Student Affairs Steven Butler departed. "I was a little worried about losing touch with some of the departments in Student Affairs," says Dewey. But second-in-command, Lieutenant Lynne Soderberg, now has a seat at meetings with the Student Affairs team, preserving vital lines of communication. Dewey says most CSU's place their police departments in administrative affairs.

Applications are due Friday March 25. The search committee will not say if they have received any yet. According to the job listing, minimum qualifications for the job require candidates to currently be a sworn peace officer, have a bachelor's degree and 15 years of law enforcement experience – including a minimum of four years of



| Courtesy Tom Dewey

management at the Lieutenant level or above.

HSU's police chief is responsible for parking services and emergency management in addition to managing UPD.

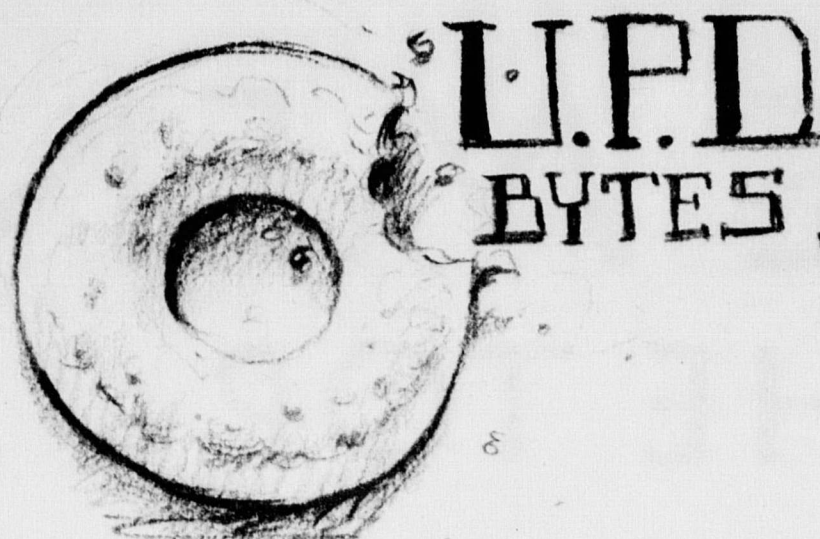
The next chief of police will not come internally from UPD because only Lt. Soderberg qualifies – and she doesn't want the job. Soderberg says she's nearing retirement and it would be a short-term fix for a long-term need. "It wouldn't be fair to the university," says Soderberg.

Burt Nordstrom, Vice President of Administrative Affairs, is responsible for the business aspects of the university, like human resources, construction, facilities management, payroll, and now UPD. The search committee, which has one student member, recommends candidates, but Nordstrom ultimately decides. Salary will be negotiated based on the candidate's experience. Dewey says the annual salary will range anywhere from \$100,000 to \$140,000.

"[Tom] will be hard to replace," says Nordstrom. "He moved smoothly between different groups of people."

Not to miss a teaching moment, Dewey offers advice to HSU's next police chief. "Focus on building relationships because it's a small place and you can't burn bridges."

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Scotty Lee Meyers may be contacted at thejack@humboldt.edu



Friday, March 11

1:06 a.m. A noise complaint was filed on Granite Avenue about a person repeatedly playing a vuvuzela, the horn made famous during the 2010 World Cup. The person was warned, though he or she could not be blamed for having international soccer withdrawals.

Saturday, March 12

12:05 a.m. Police responded to a request for medical aid for two intoxicated people. One of those in need of medical attention was arrested for being drunk in public. Lesson: don't call the cops for help when you're publicly drunken.

1:11 a.m. UPD set out on a foot chase after a person peed on the security camera near the pedestrian underpass on LK Wood Boulevard. The person escaped while UPD was pissed off about being pissed on.

Monday, March 14

8:12 a.m. Two transients were warned for sleeping near the HSU Natural History Museum on G Street.

Tuesday, March 15

9:06 p.m. Police warned another transient with a sleeping bag for camping near the BSS building. He was removed from campus.

Wednesday, March 16

8:04 a.m. Yet another transient person was warned and barred from campus for sleeping on a bench outside the library. Apparently HSU becomes a squatter colony when students are away.

Thursday, March 17

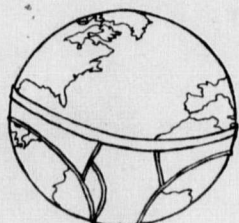
9:32 a.m. A non-student was warned for using the shower in the Jolly Giant Commons. Frankly, the police should encourage people in Arcata to shower instead of stopping them.

Friday, March 18

8:29 a.m. Police were called to the Jolly Giant Commons where a person was reportedly stealing plants and flowers. The person was warned that while it's nice to pick flowers, they technically are HSU property.

1:27 p.m. A possible arson was reported in the third story men's restroom in Sunset hall. Police documented the damage but an investigation has yet to begin. Look for The Lumberjack's coverage of the police investigation next week.

-Compiled by Josh Aden



The World In Briefs

Palestine

Eight Palestinians were killed and dozens injured when Israel launched air and artillery attacks at suspected militants in Gaza over the weekend. The strikes are in response to sporadic rockets fired from Gaza. Tensions have risen and Hamas has vowed to avenge members of the group and civilians killed in the strikes.

Libya

U.S. and European forces have bombed Libyan military targets since the United Nations approved a no-fly zone over the country with the stated purpose of protecting civilian rebels. Libya's embattled leader, Col. Muammar Gaddafi, has vowed to continue his fight to maintain power despite the international military response. At least two bombs have hit Gaddafi's compound while attacking western forces say they are not trying to kill Gaddafi but only disable his military. Some African leaders have criticized the intervention, Jacob Zuma in South Africa and Hifikepunye Pohamba of Namibia who said the west is unduly interfering in African affairs. The African Union has condemned civilian deaths in western attacks.

Syria

The United Nations called for a probe into government violence against protesters after Syrians had spent 5 days been protesting for more democratic rights and an end to corruption. Some reports say Governor Faisal Kalthoum had been fired in response to protests that also called for a closure of secret police headquarters and the release of political prisoners. Six were killed in protests including an 11-year-old who died from tear gas inhalation.

Ivory Coast

Nearly 500 are dead and a half million displaced as political violence continues in Ivory Coast. President Laurent Gbagbo claims to have won the election and refused to step down while the U.N. acknowledged winner Alassane Ouattara fights to become the rightful ruler. The U.N. has warned the conflict is being forgotten as violence rages and food and aid calls go unanswered.

Haiti

Jean-Bertrand Aristide returned to Haiti after seven years in exile in South Africa. Aristide was twice ousted by U.S. efforts and was greeted by thousands of Haitians in Port-au-Prince. His return comes as Haiti's efforts to rebuild have been largely put on hold until the outcome of presidential run-off election. Aristide was last elected in a 92 percent landslide and many Haitians have continued to see him as their legitimate leader. His party has been excluded from elections since the 2004 military coup.

-Compiled by Josh Aden

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THE MEN AT THE TOP

The Lumberjack sat down with the President and Provost to get a deeper look at HSU's Administrators.

President Rollin Richmond

Edgar Burgara
Staff Writer

LJ: What was your dream job as a kid?

Rollin Richmond: I grew up in a religious family; my father and mother were both missionaries.

I was born in Africa in Kenya. I really had two choices in my life as to what I was going to become and I violated my parents' wishes. What they really wanted me to do was go into the ministry. When I went into high school and started thinking critically I saw that I was not going to be able to agree with all the perspectives that religion provided. So the second thing I could do was to become a physician. In fact several people in my family are physicians. I'll be forever grateful I went to San Diego State and started working with a faculty member who saw I was interested in science.

LJ: What were your childhood hobbies?

Richmond: I grew up in Southern San Diego in a small town called Elsinore. I enjoyed very much catching insects and catching lizards and looking at them. I think that's partly what got me interested in biology.

LJ: What are you afraid of?

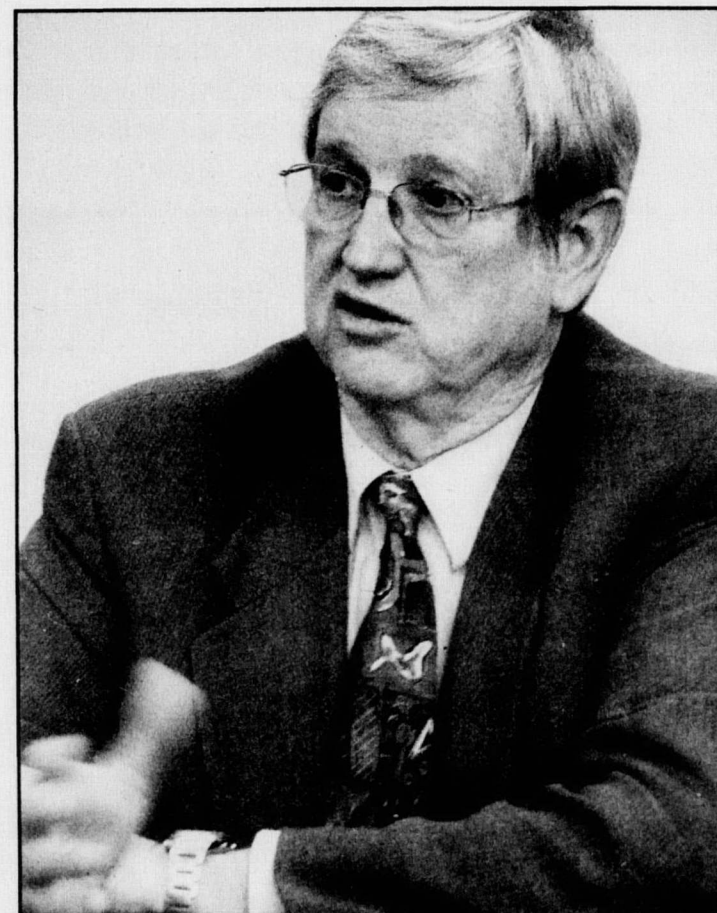
Richmond: I'm afraid of the political dysfunction in California. I care deeply for education. The longer I'm here, the more I care for what Humboldt State University does for our students and the community in the region. I'm quite frightened about where we are. I'm even a little afraid of the political status not only within California but within our country. I think we let things deteriorate too far. I think we've gotten away from our understanding of what being a republic is.

LJ: What's your favorite book and why?

Richmond: I'm not sure I have a favorite book. I enjoy reading about science a great deal. Let me tell you about two books, one I finished reading and the other I'm about a third of the way through. The one I finished reading is called "The Trouble with Physics." It's written by theoretical physicist Lee Smolin. It's a book about string theory and what he believes is not correct about string theory. Reading that book also got me to read a book by another theoretical physicist at Cornell and Columbia University by a guy named Brian Greene. It's about multiple universes and my first thought was "This is completely crazy. How can there be more than one universe?" At a third of the way in he hasn't completely convinced me but he's coming awfully close.

LJ: What car do you drive?

Richmond: I have a 1992 Dodge Stealth, which I bought at my children's urging. We were living in Florida, I was having a little bit of a midlife crisis and they said, "Dad, you need a sports car."



President Rollin Richmond | Nichole Parada

LJ: What is the craziest thing you've ever done?

Richmond: When I was about to be 60 [years old] I called my two sons and said, "I'm about to be 60. I don't need any material things [but] I would like to do something to celebrate my birthday." I thought 60 was old. I'm now 66 and I don't think [that] is old anymore. I said, "I want you to do something special with me." They said, "alright Dad, we'll call you back." They did and said we're jumping out of an airplane. My wife refused to go. She was sure I was going to end up as a splat. It was perfectly easy and I encourage everyone to give it a try.

LJ: What's your favorite type of ice cream?

Richmond: Strawberry.

LJ: Richmond, in your past you genetically tested fruit flies. What did that involve?

Richmond: My graduate work at Rockefeller University was on the genetics of speciation in fruit flies. There was a particularly interesting group of fruit flies in the northern part of South America in Columbia and Venezuela. My professor and I would go down every January and February when it was miserable in New York City and collect fruit flies, which I thought was a good idea. This was [when] I did my thesis work in the late '60s, the beginning of the application of electric technologies to evolutionary questions. When I became a professor at Indiana University, I became very interested in some of the behavioral issues and fruit flies [which] have been used in the last couple of decades very extensively to investigate the genetic basis of a number of behaviors. I was very interested in the neural basis for addiction to drugs and fed flies cocaine and measured their behavior. [I] was interested in seeing if I could select the flies that were susceptible and try to identify the genes involved.

Provost Robert Snyder

LJ: What was your dream job as a kid?

Bob Snyder: An entomologist was what I wanted to be when I was growing up.

If I would've had my dream job it would've been in the Amazon doing nomenclature, capturing and identifying insects. I've always been fascinated by insects, I don't know why.

LJ: Do you still collect insects?

Snyder: No, I gave it up a long time ago. But I started college to do it and was three quarters of the way through a biology degree. I talked to my advisor, [and my] advisor said if you want to be an entomologist you need a PhD, which was incomprehensible for me at that stage of my life. The other thing this guy told me was, "you know, if you become an Animologist, you are not going to become an Animologist and collect insects. You're going to be on a farm station somewhere in the Midwest, telling farmers what sort of insecticide to use to kill insects." I [thought], "wow" and I quit school. It was pretty close to the end of that semester and I just dropped out.

LJ: What were your childhood hobbies?

Snyder: Insects, reading and then probably camping and fishing.

LJ: What are you afraid of?

Snyder: On a fear basis, probably heights.

LJ: What's your favorite book and why?

Snyder: Moby Dick is probably my favorite one. I read it every once in a while.

LJ: What car do you drive?

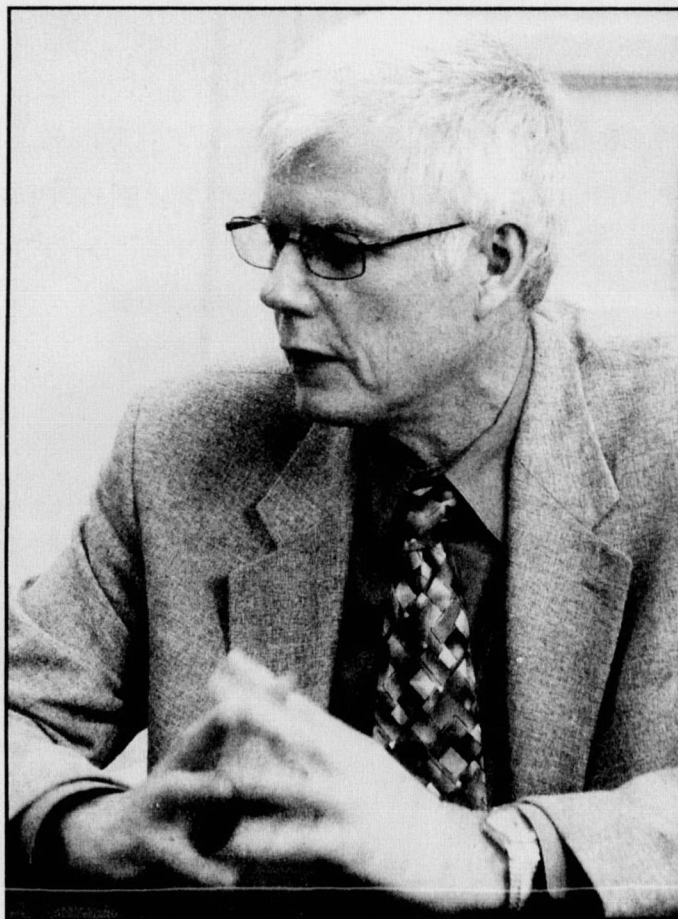
Snyder: A 2006 BMW 300 series. It handles well, it's my first real car.

LJ: What is the craziest thing you've ever done?

Snyder: I just don't know what would fall into that category. I'd have to really think about it. Yeah nothing comes to mind, honestly.

LJ: What's your favorite type of ice cream?

Snyder: New York Super Fudge Chunk.



Provost Bob Snyder | Nichole Parada

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Edgar Burgara may be contacted at thejack@humboldt.edu

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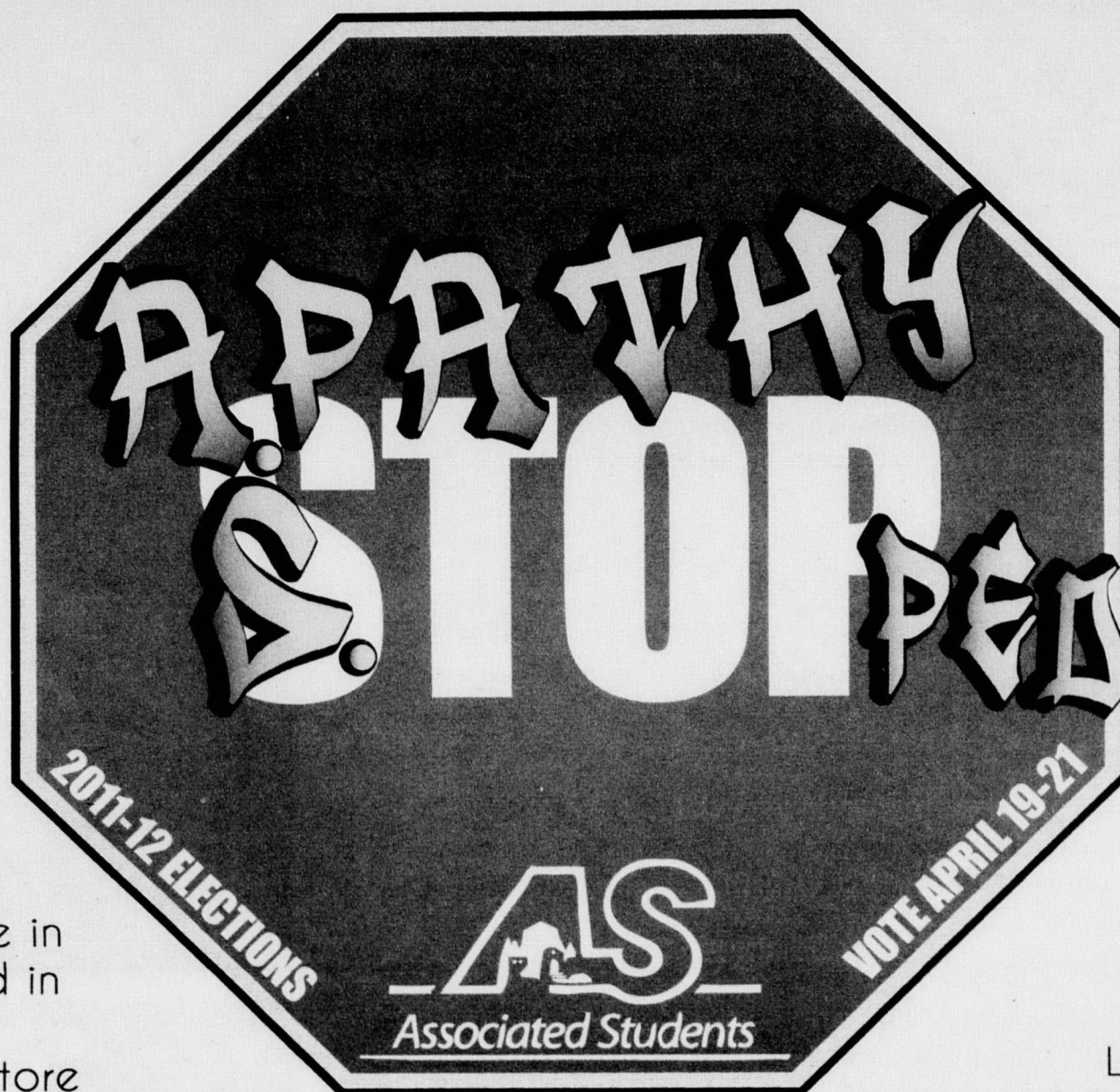
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www.humboldt.edu/associatedstudents

Robin the Hood Blues

I've been stayin' up late playin' in a rock and
roll band
And it sure had been sweet holdin' my hand
You know I couldn't eat, sleep, or lift my head
Cause I, Cause I
Got to see my baby again
You know baby I've been so good
I've been like a regular robin the hood
You know I didn't know I could be so poor,
If I couldn't see your face no more
Cause I, Cause I
Got to see my baby again

ARTS
& ENTERTAINMENT



Meet the Musician

Blue Street Junction

Stephanie Giles
Staff Writer

Popular local band Blue Street Junction creates a unique sound of blues and jazz that brings out the "cool cat" in every fan. The band includes HSU students Andrew Harris (guitar, saxophone and vocals) Joe Antrim (guitar, vocals) Amy Day (vocals) Ari Davie (bass, trumpet) and Sam Kaplan-Good (drums). DJ of Local Lixx on KRFH, Rob the Lobster, was originally attracted to their "sliding sound," and the vocals. "When [Harris and Davie] put down their strings and pick up their horns it adds a lot of chemistry," he said. "And the way Joe Antrim can hold some solid blues down, especially Stevie Ray Vaughn." With funky guitar solos, a grooving horn section and crooning vocals, Blue Street Junction brings the blues to Humboldt County.



(Top) Andrew Harris (guitar), Joe Antrim (guitar), Ari Davie (bass), Amy Day (vocals), and Sam Kaplan-Good (drums) play at HumBrews| Photos Provided by Blue Street Junction

The Lumberjack: How long has Blue Street Junction been performing?

Kaplan-Good: Andrew started Blue Street over two years ago, with a different line-up. I've been playing with BSJ for about a year and a half, and our current lineup has been together for six months.

LJ: Where do you play?

Kaplan-Good: We play at venues all around Humboldt County: Humbrews, Jambalaya, Six Rivers Brewery, Mosgo's, Blondies, Blue Lake Casino, Cher-Ae Heights Casino.

LJ: How would you define your sound?

Kaplan-Good: Bluesy, funky, high-energy jam rock.

Harris: We sound like a mix between Stevie Ray Vaughan, Jimi Hendrix, and Funkadelic with female vocals.

LJ: Where do you find your inspiration?

Kaplan-Good: Great drummers like John Bonham, Billy Cobham, Keith Moon. Bands like The Allman Brothers, Cream, Hendrix, Zeppelin.

Harris: Our songs are about everyday life.

LJ: What's your favorite part about performing?

Kaplan-Good: Grooving and getting people to move their bodies.

Harris: We really enjoy performing. We are best known as a live band. It is a lot of fun playing to a full venue; having the crowd really engaged in the music and dancing their asses off. Our shows are very energetic, which is fun for us and the crowd.

LJ: Have you had any embarrassing moments while performing?

Kaplan-Good: Andrew has knocked over my cymbal stand more than once. I threw a stick at Joe onstage the other night to get him to pay attention.

LJ: Any band pranks?

Kaplan-Good: We're playing an April Fools' Day show at Mosgo's Coffee in a few weeks...look out for pranks galore.

LJ: What are your future band plans?

Kaplan-Good: Our plans are kind of up in the air right now.

Harris: Some of us would like to pursue musical careers professionally, but at this point just gain experience playing lots of shows.

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Stephanie Giles
may be contacted
at thejack@humboldt.edu

www.facebook.com/pages/Blue-Street-Junction

Upcoming shows:

Blondie's Food and Drink

Friday, March 25th at 10 p.m.

On the quad at HSU

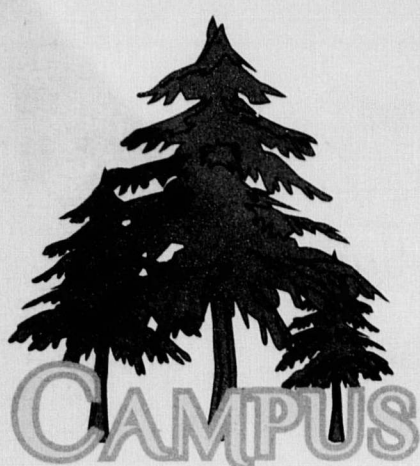
Monday, March 28th at noon

Six Rivers Brewery March 31st at 9 p.m.

Mosgo's Coffee

April 1st at 9 p.m. with the Small Axe.

FLYING HIGH: BIRDS AND COFFEE IN JAMAICA



Catherine Wong
Staff Writer

The Winter 2011 research team stands for a group photograph with the local children. (Left to right: McKenzie Trainor, Matt Johnson, Christina Rockwell, Sam Aguilar, and Brent Campos) | McKenzie Trainor

McKenzie Trainor's first step in Kingston, Jamaica was one of relief. She had spent the last 48 hours in airports. Only one of the seven checked bags arrived. Her clothes, personal gear and project equipment were out of reach for the next two days. "I was really happy that we were leaving the hectic city of Kingston for the mountains," said Trainor. "The mountains were absolutely beautiful."

Trainor was part of an HSU research team lead by wildlife professor Matthew Johnson and his graduate students, Brent Campos and Christina Rockwell. The group travelled to Jamaica last winter to study insect-eating birds on coffee farms. Johnson's research investigates the use of local birds to control pests instead of chemical pesticides in the Blue Mountain region of Jamaica.

The coffee berry borer beetle, *Hypothenemus hampei*, is the most harmful pest to coffee crops worldwide. Johnson began research on the use of birds as "biological control" in 2005 after he found that the beetle makes up a large part of the birds' diets. In 2006, he received grant money from the National Geographic Society to continue his research. Two years later he received another grant from the National Science Foundation.

Caitlyn Bishop went on Johnson's trip in December 2009. "The female bores a hole through the top of the coffee berry, goes down, lays her eggs and renders the coffee berry unsellable," explained Bishop. "The berry is completely useless and the borer is striking farms all over Jamaica."

Most of the migratory birds in Jamaica feed on the beetles. Many Jamaican farmers raise sun-grown coffee. This approach means that trees are cleared from coffee farms, eliminating the habitat for birds. Johnson's research hopes to prove the chance beetles will attack a farm decreases as the number of birds increases. By tracking the movement and feeding habits of the birds, Johnson and his students work to convince local coffee farmers to convert to shade-grown agriculture and leave the trees for the birds.

The Blue Mountain Coffee region produces some of the world's most expensive coffee. The region stretches over the parishes of Saint Andrew, Saint Thomas, Portland and Saint Mary in eastern Jamaica. Coffee from the area retails for up to \$100 per pound. "After oil, coffee is one of the most exported products in the world," explained Bishop.

Students caught the birds using mist nets. When properly deployed, the nets are nearly invisible. Students glue a radio transmitter, approximately the size of a grain of rice to the captured birds and release them. Students then track the birds using their equipment and map every hour where the bird is on the coffee farm. From there, they can create an approximate territory size. Johnson and his team use the data collected to report on the feeding habits of the birds. This helps determine the ideal economic-environmental balance for the farmers.

The students who went to Jamaica spent a full semester preparing for the trip. They prepared for Johnson's main project as well as thesis of their own. The undergraduates met with Johnson and his graduate students for an hour each week outside of classes in order to plan. Ideas had to be established early so methods

for collection and sampling could be decided.

"There's no way you can do a trial study, because you're not there," said Bishop. "You have to make sure that once you're there you collect all the data that you need because you can't go back." Students also learned about Jamaican history, culture and local birds prior to their trip.

Trainor fuelled her excitement by flipping through "Birds of the West Indies." She studied the measurements and body weights of bananaquits (*Coereba flaveola*) and orangequits (*Euneornis campestris*) in addition to helping the team in the mountains. "We drove on these super narrow roads with steep cliffs to the sides of them that curved up into the mountains," said Trainor. "I expected nobody to be living in such rural areas so far into the mountains, but people were sitting on the side of the road, braiding each other's hair and hanging out no matter how remote the area was."

Johnson and his students also met with the Coffee Industry Board of Jamaica during their stay. The board regulates the trademark on the Blue Mountain Coffee name. It also purchases coffee from small farmers, processes it and exports it to other countries. The board is working to stop the use of endosulfan, a chemical pesticide. In 2008, Johnson ran a workshop on how birds can control the beetle. One year later, the board recommended that farmers use 10 trees per acre of land. Now it recommends 40 trees per acre.

Bishop is impressed with what the team accomplished. "It was intimidating enough being a white woman in Jamaica, so you know, being a white woman with something to say is like...very scary," said Bishop. "We got some stares. We got some comments thrown at us. Like someone would say, 'Hey Johnny!' or 'Hey whitey!'"

Sam Aguilar also travelled with Johnson on his most recent trip and researched the roosting habits of bananaquits. "People always think it's really difficult to do something like this if you're just a student, like it's almost impossible," said Aguilar. "But when you demonstrate positive results backed with solid evidence, it speaks for itself. You don't have to go and advertise when there's such a clear value to something."

Aguilar also found that the curiosity of the locals helped to overcome any trouble with understanding the accents. "The kids were especially curious and would often follow us around," said Aguilar. "We would show them what we were doing and explain to them why it was important. I think a lot of it flew over their heads, but some of it stuck for sure."

The students were allowed one car for the group and one day off per week. They'd use it to visit the beaches, go to restaurants and refuel in Kingston. But the group spent most of their free time birdwatching. Trainor said, "My favorite part was getting to see and hold so many amazing new birds. There are like 30 endemic species in Jamaica and they come in crazy colors that you never knew existed in nature. Like neon green."

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**Catherine Wong may be
contacted at thejack@
humboldt.edu**



Photos Provided By Sam Aguilar

324 species of blrds In Jamalca
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Sunday 3/27
Doors at 6 p.m. \$8 18+

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EAT, PRAY, TALK: A NIGHT WITH ELIZABETH GILBERT

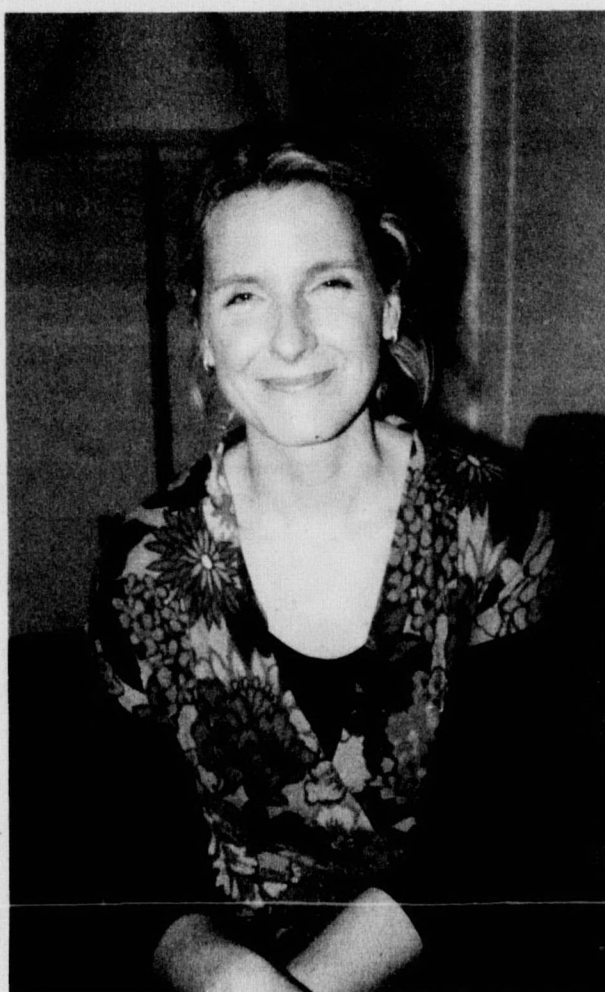
Jordan Sayre
Staff Writer

As Elizabeth Gilbert walks through JFK Airport, a woman approaches her and asks, "Are you involved with that book 'Eat, Pray, Love?'" Gilbert says she is. The woman runs over to her friend, points to Gilbert and says, "That's the woman who wrote the book based off the movie Eat, Pray, Love."

Author Elizabeth Gilbert spoke at Humboldt State University on March 17 about her books. "Eat, Pray, Love" takes you on a journey with Gilbert on her spiritual quest through Italy, India and Indonesia. The book was on the New York Times Best Seller list for 187 weeks, selling more than 10 million copies. "Her books make you feel like you are traveling with her," says Aimee Keiser, an Arcata resident. In 2010, Hollywood grabbed hold of the book and turned it into a film that starred Julia Roberts.

Her other book, "Committed: A Skeptic Makes Peace with Marriage", was a follow-up to "Eat, Pray, Love" about marriage, fidelity, family values and social expectations. "I love the honesty of her books," says community member Jaana Prall.

Gilbert believes traveling in different countries helped her find her personal identity, but she says it is not for everyone. "I think there are people that are very capable of finding it while being rooted in one place, watching the seasons of that place change and interacting with people for decades," says Gilbert. Gilbert recommends fighting off the urge to travel to many places on one trip. She suggests staying put in one place for the trip to see how the locals live.



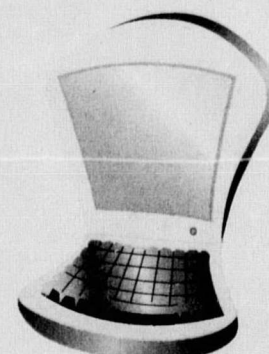
Eat, Pray, Love author Elizabeth Gilbert spoke at the Van Duzer Theater at Humboldt State University on March 17. Gilbert shared tales from her travels, and research on marriage from her new book Committed. | Jordan Sayre

When Gilbert went to Italy, she posted a sign in an Internet cafe that said "native English speaker looking for conversation partners." "The very best way to meet people if you are traveling in a non-English-speaking country is to use the greatest currency on earth, the English language," says Gilbert. "English is the language that everyone wants to perfect because it is the language of advancement on Earth right now like Latin was 2,000 years ago."

When Gilbert was writing "Eat, Pray, Love", she traveled alone for a year and realized that as a woman she had an advantage. "What you really want is to meet women while traveling because that's how you really come to know a culture. I feel like women have this great advantage over men traveling alone in that a woman alone is not considered a threat," said Gilbert. "So I as a woman traveling alone can approach any women and ask her questions and integrate myself into her life. She'll hand me her baby to hold, show me her house, help me and know that I'm not going to do any harm. Women will help women all over the world."

In Gilbert's latest book "Committed", she focuses on the ups and downs of marriage. She advises college students to keep their minds open to the statistics before jumping into marriage. 85% of people under 25 getting married end in divorce, according to Gilbert. "Just look at the statistics. You are very ill-advised to get married under the age of 25. Your odds of staying married are so astronomically low," she says. "The more you know yourself, the more you know the world, the more that person knows himself or herself, the more financially stable you are. All these things seem to help. But these aren't things I would have listened to when I got engaged at 23. Just look at the numbers and maximize your odds."

While marriage is on the decline, Gilbert believes there is one thing that could save it: gay marriage. "I think it is really important to remember that in the United States, marriage is a civil issue, not a religious one. It will pass; it's a generational thing. You ask young people what they think and they are all for it," says Gilbert. Gilbert is currently on tour throughout the United States, then will take a year off to travel. "I am looking forward to being an anonymous traveler again, instead of being the traveler who people come and see. I want to go see people," says Gilbert. "I want to follow my curiosity. Curiosity is so much less intense than passion, which people always tell you to follow, but it can be so intimidating especially when you are feeling lost you can always access your curiosity."



Go online for full interview.

Jordan Sayre may be contacted at thejack@humboldt.edu

Quick and Easy Meals

Jordan Sayre
Staff Writer

Sweet Potato Fries and

Honey Mustard Chicken

Serves two people

Sweet Potato Fries

Ingredients:

1 sweet potato
1/3 cup olive oil
2 cloves of garlic
1 tsp. salt and pepper
1/2 tsp. cayenne pepper
(optional)

Directions:

1. Slice potatoes into thin strips.
2. Mix potatoes and olive oil in a bowl.
3. Season potatoes with salt, pepper, garlic and cayenne if desired.
4. Lay them on a baking sheet and bake at 400 degrees for 20 minutes. Bake an additional 10 minutes if you want them crispy.

Honey Mustard Chicken

Ingredients:

2 boneless chicken breasts
3 tbsp. honey
3 tbsp. Dijon mustard
1 tbsp. lemon juice

Directions:

1. Blend honey, mustard and lemon juice in a mixing bowl.
2. Coat chicken breasts with mix.
3. Lay on baking sheet and bake at 400 degrees for 20 minutes or until fully cooked.

Prep time: 10 minutes

Cook time: 20 minutes

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*Jordan Sayre may be
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Ryan Spaulding of HSU starts in the center of the lead pack during Sunday's race on campus. | Derek Lactaoen

HUMBOLDT'S CYCLING TEAM

Stephanie Giles & Derek Lactaoen

Staff Writer & Online Editor

Ryan Spaulding rounds the corner and turns uphill onto B Street. Rain falls as his tires rooster-tail water into the air. He stands up on his pedals, grits his teeth, lowers his head and forges uphill.

The junior art major is just one cyclist who competed in the Humboldt State Cycling Team's first set of home races last weekend.

Instead of savoring the last rainy days of spring break in town, the team set up race courses in Loleta, Calif., and on campus. HSU Cycling invited over eight university teams from California and Nevada to compete in various road races and time trials.

Humboldt is a Division II team, but ranks with Stanford, UC Davis, Berkeley, Cal Poly Pomona, Chico State and University of Nevada, many of which are Division I teams. In fall 2010, HSU ranked fourth out of all schools that competed during the mountain cycling season, and won first in Division II. The team is the smallest in its division with 30-40 members, depending on fall or spring semester. Other schools have up to 100 team members.

Despite its size, the team powered through the rain to snatch trophies and podium finishes in the weekend races.

HSU cyclists who won their events included Joe Mulleary in the D class criterion and Steven Pearl in the C class. Traci Kroll won the Women's B criterion on Sunday after winning Saturday's 29-mile road race.

Teammate and team Vice President Ben Barry competed in the A class.

Barry, a junior environmental management major, likes the amount of camaraderie on the team and the support from HSU. "The team has something to offer everyone," he said. "Team members can compete at a national level, and there are members who have never raced before." The team has nine categorized races for men and women, ranging from A's, which are professional levels, to D's, which are lower levels. "You get to meet with other riders and grow as a cyclist," Barry said.

During Sunday's criterion, fans lined the sidewalks around B Street and cheered for the cyclists that zoomed by. Armed with megaphones and vuvuzelas, the fans were a loud, supportive presence during the dreary weekend race.

Team president Justin Graves, junior business major, said the team is a good source of inspiration.

"The support from the other team members is positive," he said. This is Graves' tenth year as a cyclist, third semester on the cycling team and his first semester as the president.

Pete Morris from the University of Nevada, Reno finished second in Saturday's road race and biked in Sunday's criterion race. Morris was happy to race in Humboldt for the first time. "It's really rainy," he said. "We're dealing with snow back home so I guess this is better."

Morris said the hills on the Loleta course were tough, but that he would definitely come back next year for a Humboldt race. He was happy with the way HSU Cycling organized the race, especially for their first one. "It's nice. A lot of schools talk the talk but don't walk the walk," said Morris, who raced in the A class.

Spaulding finished in the top 10 of Sunday's criterion race. In comparison to a normal road race, criterion races pit cyclists together on a short course for many repeated laps within a given time limit. Spaulding says he hopes to compete at

nationals in May in Wisconsin. Coach Victoria Sama said he has a good chance of qualifying.

"I'm planning on doing it," said Spaulding. "It's been a goal for years. I raced in B's and earned my points," he said, referring to earning his way into the class A races, the most competitive category. Last weekend was Spaulding's first time competing in A races.

Sunday's race was, as far as the team knows, the first official road bike race held on HSU's campus. Find Humboldt State Cycling on Facebook for detailed results and photos from last weekend's races.

Stephanie Giles & Derek Lactaoen may be contacted at thejack@humboldt.edu



Ryan Spaulding races down Harpst Street to finish 10th in the Men's Class A Criterion. | Derek Lactaoen

LISA PETTY

BASKETBALL PLAYER EXTRAORDINAIRE AND UNOFFICIAL PRANKSTER

Marisa Penkauskas
Staff Writer

At age 13, Lisa Petty covertly waited with her friends outside her house in Castro Valley, Calif. just out of view from the driveway armed with small balloons filled with lotions and other mysterious liquids. Minutes later she ambushed her brother. The balloons burst on the windshield of his car like goo grenades, while Lisa and her friends ran inside and locked the door. "She's a prankster," said Will Petty, Lisa's brother. "In high school, she was always TP-ing people. She would take my bed sheets."

Petty, a 19-year-old undeclared sophomore, is hard-working, ambitious, adventurous and likes to have fun. The California Collegiate Athletic Association awarded Lisa with the All-CCAA title at the end of February -- signifying her performance this season. She averages 11.5 points per game after building her technique since first grade. In high school, she played all four years and won the First Team All-League with a few other strong players the last three years. "The majority of the people I associated with at first were just my coaches and team," Lisa said. "It was their friendliness and welcoming [that made me want to come here] but being here for two years I've learned that everyone is friendly and just accepting," said Petty.

HSU coaches Joddie and Skip Gleason recruited Petty to the Jack's basketball team immediately out of high school, following in her brother's footsteps. Lisa came from a family of sports enthusiasts. She grew up playing soccer, softball and basketball. Basketball is favored in the Petty family above all sports. "My parents used to play when they were younger," says Petty. "We have a small family so that's what we love to do together as a family."

Nick Koury, a 21-year-old senior recreation administration major, knew Petty in elementary school. He grew up playing basketball with the Petty siblings and still plays with them in Humboldt. "We play about three times a week," Koury says. "We all have less time as we're getting older, but we still try to get some games in."

Both Koury and Will Petty describe Lisa as a big competitor. "We would like to compete so we would fight sometimes growing up," said Will, a 22-year-old senior business finance major. "But as we got older, it got less volatile."

If Lisa was not playing basketball, she might watch television at home in a sunnier part of California where she wishes that she was. Petty is sure of her decision to play for HSU, though she remains undecided about her major. "I took a personality test and it told me to be a park ranger," Petty said. "But I don't want to be a park ranger so it's a hard decision."

Despite this career sug-

gestion, Lisa knows that basketball will always be a part of her life. "It's an adrenaline rush like when you go down a roller coaster and it feels like you lose your stomach -- that's what basketball gives me," says Petty. "I'm anxious all day before games, and can literally feel my blood moving when it's time to tie my shoes and play."

Petty is a serious student and an accomplished basketball player but likes to have fun and a good laugh. "But what people may not know about my sister is that she has a big heart," Will said. "Even if you step on her toes, she'll always be there to talk."

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Marisa Penkauskas may be contacted at thejack@humboldt.edu



(ABOVE) "It's an adrenaline rush like when you go down a roller coaster and it feels like you lose your stomach -- that's what basketball gives me," says Lisa Petty. | Photo Provided by HSU Athletics Department

Welcome Back HSU Students!

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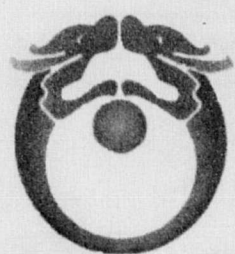


Yogoman Burning Band
with openers **sambAmore** 9:30pm - TBA
Yogoman hails from the Planet Yog, where embracing the ridiculous is commonly churned into a recipe for original dance moves. In 1987, Jordan Rain learned of Yogoman through a Junior High School skateboarding friend, Max Wallace, in his comic book entitled **Yogoman**.

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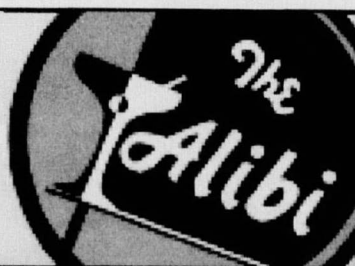
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.....Upcoming Shows.....

Saturday 26



Lozen

(female duo from Tacoma) + (ex-cicadas, -Black Eyes and Neckties)

Dog Shredder

(Heavy metal trio from Bellingham)

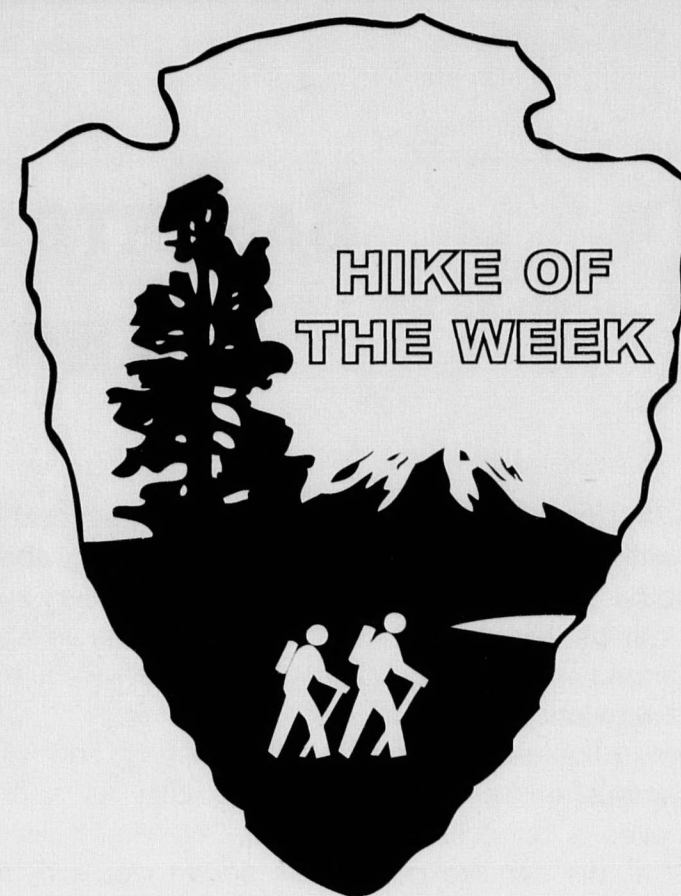
Monday 28



Sugar, Sugar, Sugar

(Rock n' roll from Bellingham) + DJ tbd

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HUMBOLDT STATE MONTH

Derek Lactaoen
Online Editor

Hey Hikers,

Spring break is over and the reality of the end of the semester is slapping all of us in the face. But don't worry, Humboldt County still has lots of hikes for you to de-stress with and enjoy between classes.

In honor of warmer weather (hopefully) and the second half of this term, The Lumberjack dedicates April to Humboldt State favorites. These hikes might not be extensive or challenging, but they'll take you to local favorites that deserve more of our time. They're close, they're different and most of all, they're fun. Alone, on a date or in a group, these Humboldt State hikes will make their way to the top of your list without a doubt.

The hikes include short excursions in the outskirts of Arcata, mud trudging, coastal views and short walks. We'll even have a night hike thrown in for after-dark adventuring.

So grab a six pack, a book and some buddies and get out there.

Do you have a hike suggestion that you would like to see featured? Do you have questions about local trails or hiking, or even just a story from your latest hiking experience? Let us hear about it. Send comments and questions to **Derek Lactaoen** at **Derek.Lactaoen@gmail.com**.

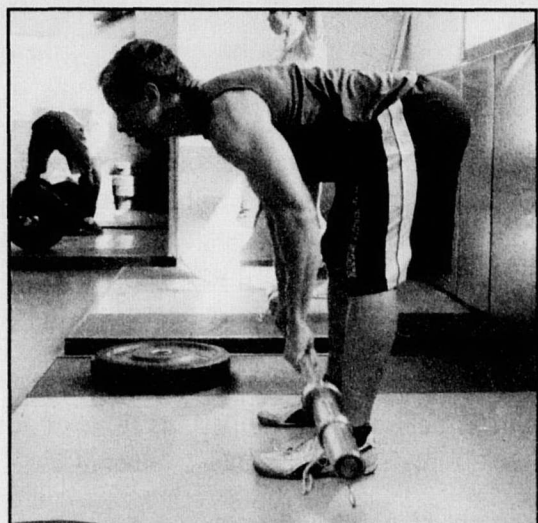
A COMPLETE WORKOUT

Featured in photos is Ryan Walsh, a senior studying to get his masters in Exercise Science. | Photographs by Nichole Parada

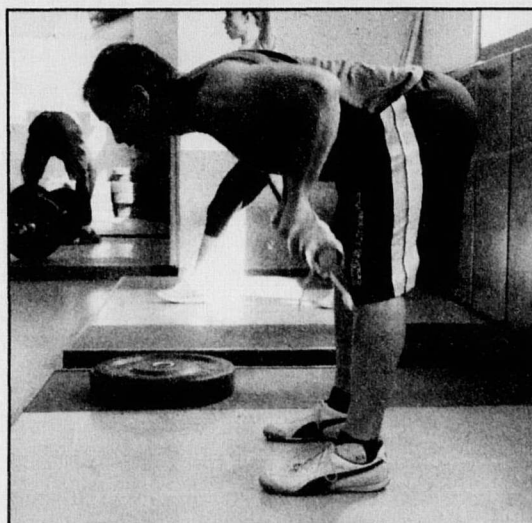
Drew Peterson of the Student Rec. Center helps The Lumberjack Newspaper put together a workout routine that everyone can do.

Bent Over Row

Pull Exercise (Focuses on Upper Back and Bi-Ceps)



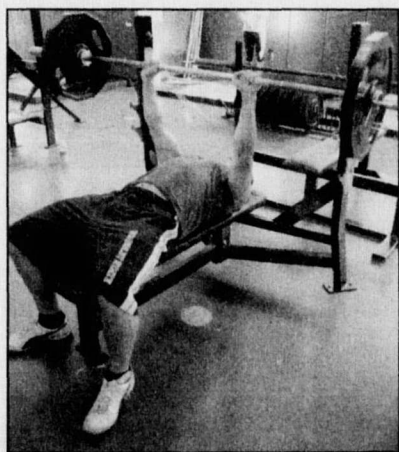
Step 1: Make sure you have a good grasp of the bar. When you lean forward, your back has to stay flat. Keep your knees bent and not in a locked position.



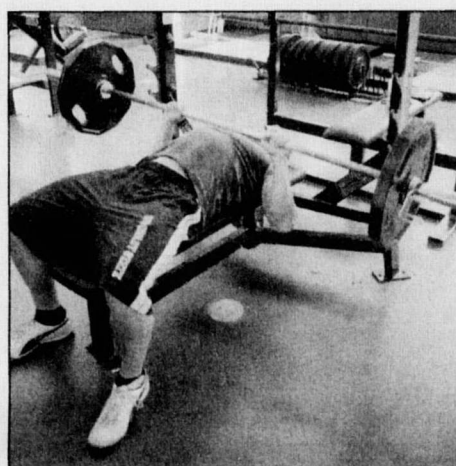
Step 2: Pull the bar directly to your chest. Keeping your back flat.

Bench Press

Push Exercise (Focuses on Chest, Shoulders and Tri-Ceps)



Step 1: Rest the bar in the palm of your hands. Balance the bar over your chest.



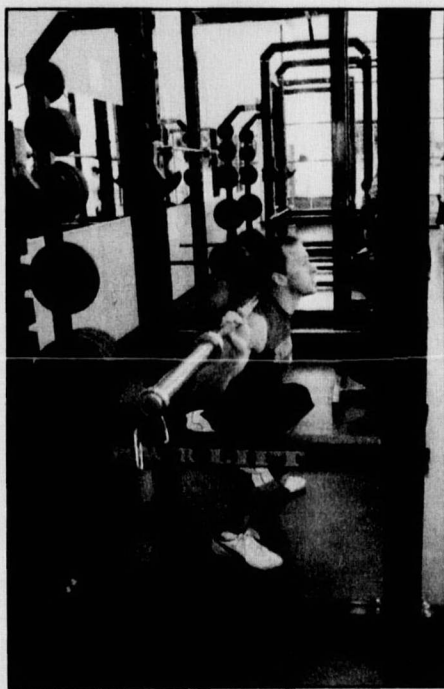
Step 2: Evenly lower the bar to your chest. When pushing the bar back up make sure that you don't fully extend your arms.

Back Squat

Legs Exercise (Focuses on Glutes, Hamstrings, Quads, Hip Flexors, Calves, Adductors, and Abductors)



Step 1: Place bar where your neck meet the top of your back.



Step 2: While bending your knees, keep your head straight and back straight.

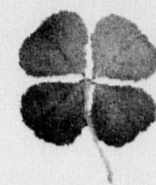


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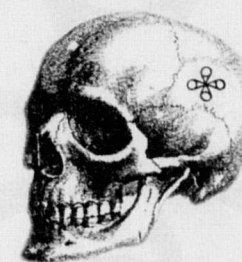
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EDITORIAL

Are We Doing Our Part?

Two weeks after the 9.0 megathrust earthquake that shattered parts of Japan, officials confirm 9,080 deaths, 2,675 injured and 13,561 missing as of March 22. Imagine the entire Humboldt State population dying more than twice over.

In the earthquake, one of Japan's nuclear power plants took a hard hit, leaving the plant unsafe and leaking radioactive materials. The rising radiation levels are affecting the country's food, water and air.

We need to be aware of the results of natural disasters that could happen here in the United States. We are the world's largest producer of nuclear power, accounting for more than 30 percent of worldwide nuclear generation of electricity. With 140 nuclear plants and four more being built in our country, a disaster could leave us in the same situation as Japan. Is nuclear power really worth the risk?

In California we have three active nuclear power plants. There is one in Humboldt County, which has been closed since 1985 for all of the seismic faults. There are over 247 identified active faults in the state of California, in Humboldt County alone we have the Mendocino Triple Junction and the San Andreas Fault. Having nuclear power plants in such an active seismic state is a cause for worry.

Aftershocks still rattle Japan, and its infrastructure is in shambles. Radiation is a big concern for those living near the Fukushima plant as officials find radiation contamination on Japanese food. We see war-like images of buildings on fire standing in the middle of muddy water. Our roommates continue to watch YouTube videos of walls of water rushing through city streets, gobbling up cars and buildings as boats float helplessly and out of place. Our out-of-town grandparents even call us to see how our version of the tsunami was.

In Sendai, JX Nippon Oil & Energy was also set ablaze by the earthquake. It produced a 145,000-barrel-per-day and is owned by the largest oil refiner in Japan. The day after the earthquake oil leaked into Shiogama Bay. It is estimated that consumption of oil will increase by as much as 300,000 barrels of oil per day to try to compensate for the loss of 11 Giga Watts of Japan's nuclear power capacity.

Right now we are bundled in our untouched homes, escaping mild rain, and might do nothing. But we have the chance to do something now. We'll fill a tank of gas to get where we need to go but we won't shell out \$2 for tsunami relief.

The Lumberjack wants to urge you to act. Donate to the Japan relief fund by texting "Red Cross" to 90999. The \$10 charge will automatically show up on your monthly bill. Search for other relief groups to find out ways you can help.

If Humboldt State is the place for people who seek, "above all else to improve the human condition" like the University's vision statement says, we should take this time to embody that. If we consider ourselves global citizens, we should take this time to embody that. If we acknowledge our national role as an affluent, generous people, we should take this time to embody that.

The Wild Rivers Community Foundation and the Redwood Regional Rotary Relief Super Fund are both collecting money for the harbors in Crescent City. Officials reported 35 boats were crushed.

Red Cross: Text 'REDCROSS' to 90999 to donate \$10

Salvation Army: Text 'JAPAN' or 'QUAKE' to 80888 to donate \$10

And All That Jazz

By T.K. Harris

Dear Porta-Potty Pyro,

Could you please not do that? I'm sure you know people use Porta-Potties to go to the bathroom in. How would you feel if you found one of your favorite toilets burned up and smoldering? You wouldn't feel very good, I bet. Where are people supposed to go now that you burned down maybe one of the best Porta-Potties in town? I get it, you love fire and seeing things light up in a great blaze of poopy glory. You love the rush. But it's not very nice to burn things. So stop it.

Dumpsters are another thing that should not be lit on fire. I assume it was you because both Porta-Potties and dumpsters are smelly, which tells me you enjoy the smell of waste. Dumpsters are needed to house garbage. Imagine if everybody started burning dumpsters.

Where would half of our trash go? It would be everywhere. Arcata would become like Water World except with trash, and without Kevin Costner. Is that what you want? A world of trash? As for the Tea Garden Apartments fire, the fire department says you might have had something to do with it. I don't know if you started that fire, but if you did, not cool. Someone could have gotten seriously hurt or killed. Would your mom approve of you leaving people without a home? I don't think she would.

I don't know who you are or where you're from, but you do not seem like a nice person. Next time you feel like watching something burn, just get on the Internet, that's what it's there for.

Sincerely,
T.K.

SEX COLUMN

Dirty Little Secrets

"Ai shitemo ii kai? Yureru yoru ni."
("Would it be okay to love too, in this trembling night?")
-Gackt, Vanilla

by Catherine Wong

Arema! ("Oh my!") Hentai is a Japanese word that is used to refer to sexually-explicit or pornographic comics and animation, particularly those of Japanese origin such as anime, manga and computer games. The word is generally used in this context only in Western culture. In Japan it can be used to mean 'metamorphosis' or 'abnormality.' The word actually has a negative connotation in Japanese and is commonly used to mean "sexually perverted."

Hentai draws a loose history from shunga, a Japanese form of erotic art that began around the year 794. Narrative hand scrolls depicted sexual scandals from the imperial court or the monasteries. The style reached its apex in the Edo period (1603 to 1867). Woodblock printing techniques emerged, and increased the quantity and the quality of erotic drawings.

Fast-forward to America in the late '60s. American distributors attempted to make quick cash by rushing out dubbed versions of adult animations from Japan. "Senya Ichiya Monogatari" (retitled "One Thousand and One Arabian Nights") was the first erotic animated feature film, and at 130 minutes it remains one of the longest.

But cartoons are not real. Neither is most pornography. The plot is fake, the bodies are fake and frankly, so are the orgasms. But people are still aroused by the images presented to them. The animated realm allows for fantasies to be visual but not be grounded in the reality of a set or even gravity. There are more options through animation than there are with live-action. Characters can look and act exactly as pictured by the artist. In their world, it is socially acceptable for men's hair to be 6 feet long and turquoise.

Hentai enthusiasts tend to get a worse reputation than those that are just "regular" porn fans. I've personally never understood why, but I think it's simply because not everyone gets aroused by animation. Well not everyone gets aroused by sexual intercourse. (Some of the unfortunate few, can't get aroused at all). The genre is highly criticized for its frequent depiction of squealing, big-breasted women that are often dominated by men. This also reflects general view of gender roles shown in most porn.

There are numerous subcategories for hentai, just like there are numerous subcategories for porn. Yaoi refers hentai that depicts homosexual males while yuri depicts homosexual females. Sexual fetishes are also animated. Bakunyu is specific to women with large-breasts. Futanari is specific to hermaphrodites or a feminine hourglass shape including breasts combined with a penis and scrotum.

Open up to the wide world and feel free to get animated.

THE LUMBERJACK SUBMISSION POLICY

Send submissions to: Opinion Editor Jordan Sayre at lumberjack.opinion@gmail.com

Include "Attn: Opinion" in the subject line or e-mail submissions.

Letters to the editor may not exceed 350 words.

Guest columns may not exceed 750 words.

All letters and columns may be edited for grammar and spelling.

We reserve the right to edit profanity and obscenity and may hold content for any reason.

New contributors may be given preference over return contributors.

Please include your name, telephone number, city of residence, and affiliation with relevant campus of community organizations.

New contributors may be given preference over return contributors. HSU students should provide their major and class standing.

We also welcome cartoons, spoof articles, and other items.

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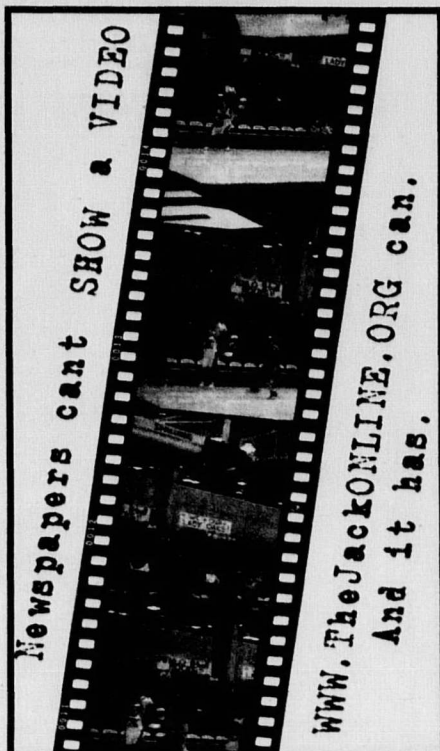
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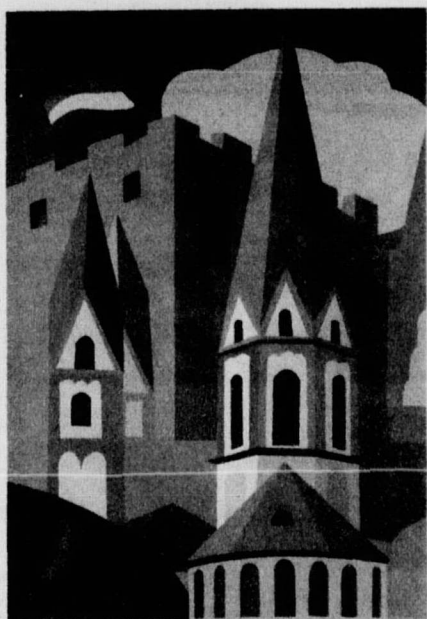
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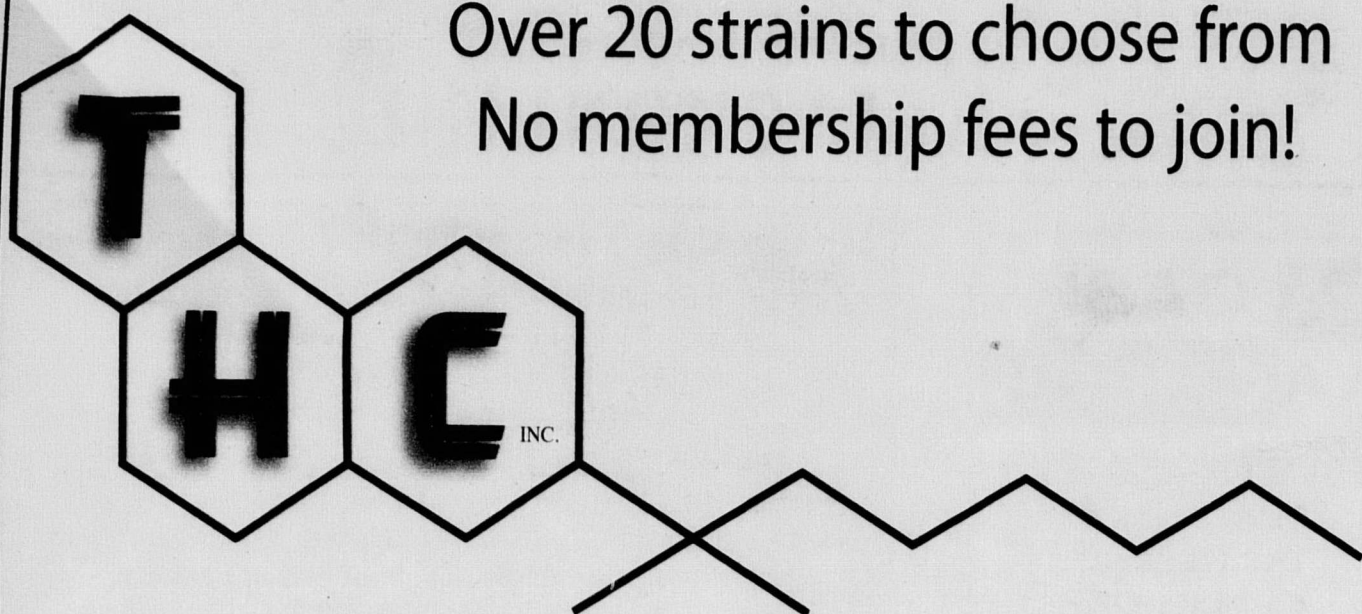
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