

The Lumberjack

Serving the campus and surrounding communities since 1929

Vol. 86, No. 11

Wednesday, April 13, 2005

Arcata, Calif.

Who will be back?

Up to 46 of these lecturers may lose their jobs due to a tight budget

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J. Steven Wright
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-COMMUNITY-

Farmers' market

People flooded the Arcata Plaza Saturday at the first open market of the year.

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-SPORTS-

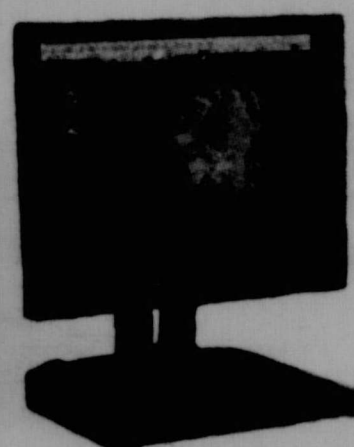
HSU track sprints

Four HSU track runners will join the Mt. SAC relay hoping to qualify for nationals.

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-SCIENCE-

What's up with the weather?



California closely escaped a drought this year.

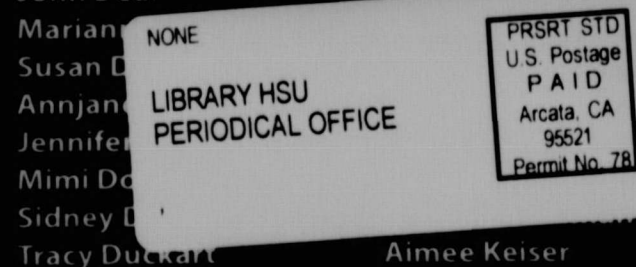
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-SCENE-

"The Real-er World"

The audience roams freely in a house watching actors perform improv comedy.

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the corrections

Send corrections to thejack@humboldt.edu.

March 23 issue:

• pg. 9 – Vets give students alternatives story
Jim Klump's name was misspelled.
The Navy discharged Klump because he had diabetes, not asthma.


how to contact us:

 thejack@humboldt.edu

(Send letters to the editor, guest columns, story ideas, press releases, general opinions and corrections.)

Calendar: events@humboldt.edu

(Send event details and contact info.)

 Newsroom: 826-3271

Advertising office: 826-3259

Fax: 826-5921



(snail mail)

The Lumberjack
Nelson Hall East
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the cover

The list of 188 lecturers at HSU, compiled from HSU Web site.

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the

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Careers, Summer and Seasonal Jobs, last-minute resume questions...
11:30 - 1:30 Th., April 21 UC Quad—Information

Career Center Workshops

Apr 21 05 Resume Writing for NR and Science Students 4/21 @ 12 noon
NHW 232

Interviewing Demonstrations: Total Reality!

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Founders Hall, Room 178

Workshop Description

Survivor is child's play compared to the stress that the typical job interview can induce. But you have nothing to fear, that's what this workshop will prove to you. By preparing and practicing for interviews, you'll be a strong Contender in your Amazing Race to get a job. This workshop will provide you with useful tips and insights about interviewing. Yes, you too, can be the next American Interviewing Idol!

The format for this workshop will be demonstration-style - Humboldt State University student volunteers will be interviewed by **Target Corporation Store Team Leaders** in front of the audience and then constructive criticism and tips for success will be provided. Don't worry, you won't be called on to be interviewed, but if you're interested in doing so, please email Cherry Ouellette in the Career Center at cgv7001@humboldt.edu

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The HSU Career Center, Nelson Hall West, Room 130

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Budget cut threatens part time professors

As many as 46 lecturers could lose their jobs next fall

Cat Sieh
Staff writer

Geography Lecturer Chris Haynes could be out of a job come next semester. As many as 46 of the other 187 part-time faculty at HSU could also pack their bags.

HSU administrators estimate as much as a \$3.2 million reallocation of funds next school year. University officials are scrambling to find a way to cut more meat from the school's already truncated budget.

Both administrators and faculty say part-time salaries, at around \$65,000 a pop, will be one of the first things to go.

Reallocating \$3.2 million would mean taking about 5.5 percent of the current budget from certain areas of the university and distributing them to "critical," higher priority areas. Without more state funding, President Rollin Richmond said he has little choice but to turn inward to compensate for financial shortcomings.

"Several people would almost certainly lose their jobs," he said.

Though HSU administrators say students are still their top priority, part-time faculty loss could affect class size, availability and quality when professors take on

more courses as they lose lecturers to teach them.

"I can't imagine how they could run their programs without the lecturers," said Haynes, HSU lecturer representative for the California Faculty Association. "We're one-half of the faculty."

Administrators are split over just how large the cut will be, and the University Budget Committee will not make funding recommendations until May.

And it has all happened before. Two years ago, long butcher-paper lists hung from the art building roof and stretched nearly to the ground. The lists named all HSU part-time faculty members, protesting

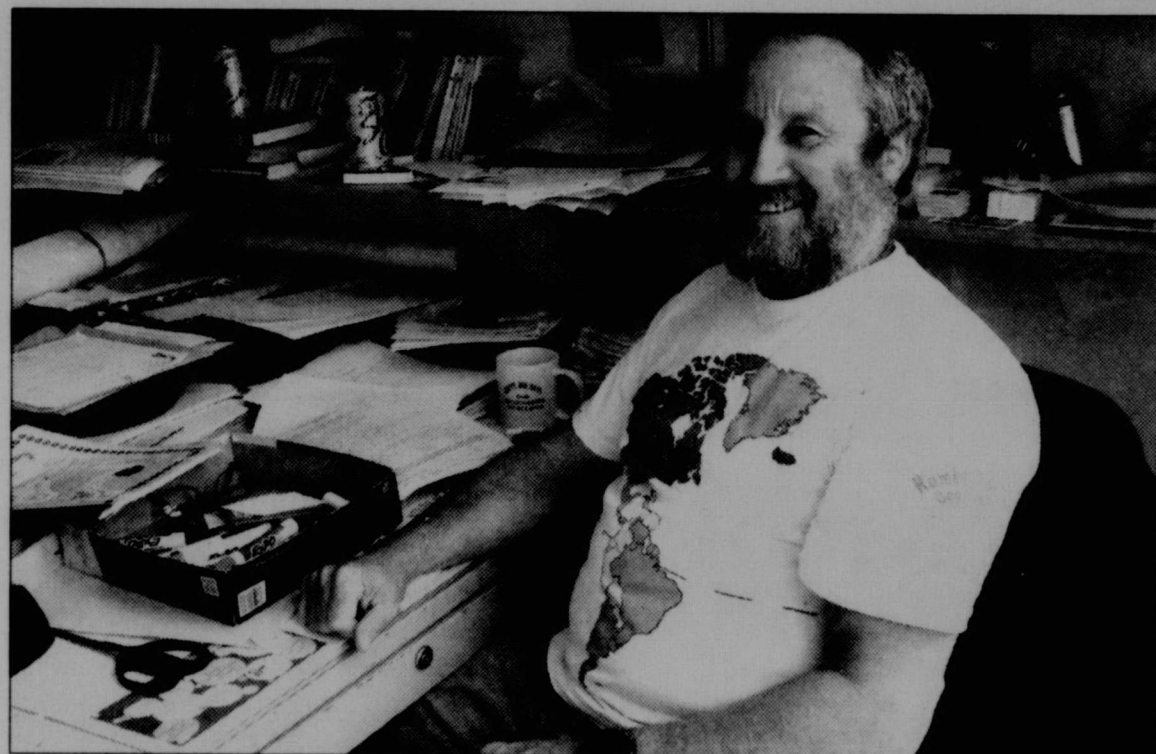
the fact that any of them might not be rehired due to severe CSU-wide budget cuts. A number of lecturers did lose their jobs to the cut, including well-liked geology lecturer Bob McPherson.

Along with his job, McPherson, who had been teaching at HSU for 10 years, lost his insurance and now pays an \$8,000 premium. He still teaches at College of the Redwoods, where he is a research associate, and has also taught for more than 10 years.

"The administration doesn't realize how important lecturers really are," McPherson

"Several people would almost certainly lose their jobs."

Rollin Richmond
HSU President



Nicola Hunt

Geography lecturer Chris Haynes has little job security at HSU. As many as 46 part-time faculty may not be rehired next semester due to budget reallocations.

said. "I think they're cutting off the nose to spite the face."

This year's reallocation is one in a long cycle of budget cuts endured by part-time or "temporary" faculty, leaving them with little job security, and for some, little faith in HSU's priorities.

If the entire cut were taken from faculty salaries it would mean as many as 46 of HSU's part-time faculty would not be rehired.

"We have cut other areas of the university to the point where we can't make additional cuts without significant damage to the university," said Richard Vrem, vice president of Academic Affairs. "Whatever fat we've had in this university has been excised. ...I can't rule that possibility (of not rehiring part-time faculty) out."

While Vrem said the cut could be half

see LECTURERS, pg. 5

New rec center to open in May

Sean M. Quincey
Staff writer

Months behind schedule and at almost \$1 million more than the proposed cost, the newly renovated Student Recreation Center is scheduled to open on May 31, the first day of summer school.

"The students voted in favor of the renovations because at the time (2001) we didn't have an adequate sports facility—especially for the caliber of athletes that compete here," said Janelle Blakeley, a communications junior and sports club representative for the

rec center's board of directors. "But at the same time, the Center is for the students first."

HSU students are the ones footing the bill.

Director of Facilities Management Bob Schulz said the project was originally proposed as a \$3.2 million job, but routine adjustments and changed orders in the form of turf, a heating system, lighting and an expensive awning brought the total to \$4.05 million.

Student fees are the only funds the university is using to pay the tab. Of the tuition each student pays per semester \$48 goes to the renovation fund.

If fees continue at this same rate, the project will be completely paid for in 2031.

Manolo Platin, chair of the California State Student Association and member of the rec center's board of directors, said the board has done the best it could to stick



Jason Major

Workers in the new sports recreation center on campus, scheduled for completion on May 31.

see REC CENTER, pg. 6

Barrios Unidos

Activist speaks in KBR

Rose Mitchell
Staff writer

Anti-crime activist Daniel "Nane" Alejandre moved the crowd to tears during his talk on troubled youth last Tuesday in the Kate Buchanan Room as a part of HSU's Celebracion Latina.

Alejandre is a director of Barrios Unidos, a grass roots organization that aims to help young adults who have been prosecuted due to gang affiliation. He talked about youth empowerment and reaching the entire community.

Alejandre believes that people should stop the hate and the violence that goes on in broken down neighborhoods in the United States by educating and providing support to those who had a troubled youth.

People can take part by acknowledging the problems found in their own judicial systems and

by volunteering to help out their communities.

Psychology and ethnic studies junior Adriana De León-Topete said that listening to Alejandre reminded her of family and friends who have been in jail.

De León-Topete is inspired by the outreach programs that Barrios Unidos provides for the youth that are behind bars and hopes to make a difference by participating in similar activities.

"I am trying to go down the same path of Nane," De León-Topete said. "I like that Alejandre said you need to be aware of problems that exist in the streets before you can start making a difference."

Alejandre said he does not want somebody to join any particular group, he just wants people to make a difference through

see BARRIOS, pg. 8

HSU students can vote online for one of two AS presidential candidates on April 19, 20 and 21. For more information on your choices and candidates for other offices, go to www.humboldt.edu/~aselect



Nicola Hunt

Nicole Alvarado

Link with administration key

Aimee Clizbe
Staff writer

Nicole Alvarado wants to be your voice. Although Alvarado is already involved in more than six campus and community programs, she's in the running for one more.

Alvarado, one of two AS presidential candidates, says that now is a crucial time for students to have someone as president of Associated Students who can work well with the HSU administration and voice student concerns about things like fee increases.

She was raised by her grandparents in Denuba, a small agriculture-based town in central California. She said her grandparents have been the most influential people in her life.

"They taught me that you can't be part of a community unless you get involved," she said.

Alvarado has a wide range of experience in leadership positions. In the past she held a position as a Residence Hall Advisor, Living Group Advisor and liaison for the Women's Center and the Multicultural Center, among other positions.

Some people are skeptical of Alvarado's past performance.

Studio art junior V. Chand said, "I don't know if I trust her word of being there for the students, because she was my LGA when I lived in the dorms and I didn't feel like she was

there for me when I needed her to help enforce the noise levels."

Currently Alvarado works with the Sustainable Campus Task Force, is the student representative for the Homeless Task Force in Arcata, and one of the current vice presidents of Student Affairs, just to name a few.

Friend of Alvarado and AS Legislative Vice President Kyle Zeck

"Nicole is very hard working, she has the most diverse background of the candidates, and she wants to work with the administration not for them."

Kyle Zeck
AS legislative vice president

said, "Nicole [Alvarado] is very hard working, she has the most diverse background of the candidates, and she wants to work with the administration not for them. She's really dedicated to

the students."

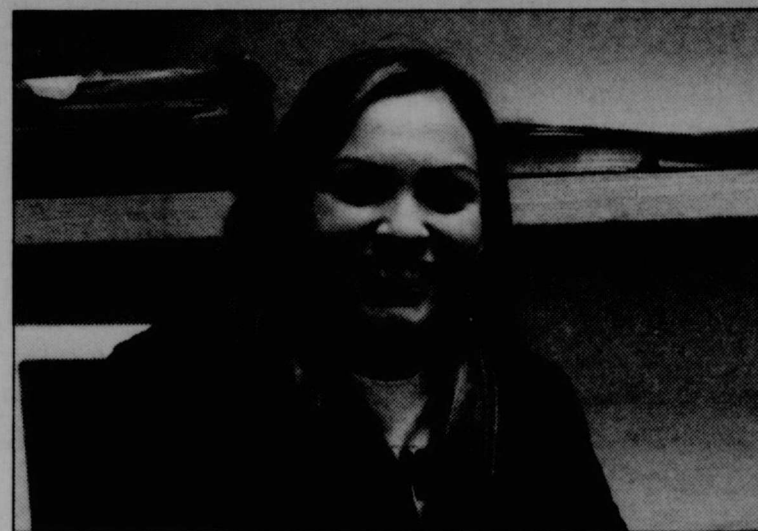
Alvarado says the first thing she would like to focus on, if elected AS president, is to push for a more environmentally sustainable campus.

"I really think that ethically [HEIF] is something we need," she said. "And also if 80 percent of the students (who voted) voted for it and the administration doesn't approve it, that's taking away student democracy."

Paige Glenn, a communications junior, hasn't quite made up her mind as to which candidate she really wants to give her vote to.

"I'm probably going to vote for Nicole [Alvarado] because she really seems like she knows what she's doing and she's really involved," she said.

Aimee Clizbe can be reached at alc33@humboldt.edu



Jeff Cox-Grubbs

Diana Campos

Eyes small classes and diversity

Kimberly Thorpe
Staff writer

With three years of experience and service on more than 20 committees, Diana Campos is ready to take on one of the most demanding student positions at HSU: Associated Students President.

The current vice president of Administrative Affairs and biology junior started

with AS as a freshman sitting on various committees, including the University Budget Committee and the President's Council.

"I have a lot of experience on Associated Students," Campos said. "I felt that I was prepared and ready."

Besides sitting on committees, Campos has also served as a representative for the College of Natural Resources and Sciences.

She is also involved in FAARE (Fighting for Accessible, Affordable, Reliable Education), a student lobbying group.

"She really works well with a team," said Terra Rentz, a wildlife biology sophomore who works with Campos on FAARE. "If something needs to be done [she] always works it in, even though she has 120 things on her plate."

As a member of AS for the past three years, Campos has seen the growth of problems affecting students—namely budgetary ones.

"Students can easily be over-

looked by the administration and the state," she said. "They should be the first priority in every major decision that [the administration] makes."

In addition to the burden of rising tuition and campus fees, Campos is concerned that students are losing out as class sizes increase.

"My freshman year, everybody had a seat. Now I go to class and students are sitting on the floor," she said.

Additionally, she said trying to increase enrollment, a goal of the administration, too dramati-

cally will change some of the benefits of attending HSU.

"Personally, I came to HSU because my view on it was that it was a small, tight-knit community with small classes," she said. "I know a lot of students appreciate the fact that you can get one-on-one time with professors. I think we're really getting away from the uniqueness of HSU."

Another main concern for Campos is the issue of diversity—something the school continues to grapple with.

"I would highly recommend having open forums," she said. "The answers lie within the students that are here — that know the issues, know the problems."

Kimberly Thorpe can be reached at kat21@humboldt.edu

LECTURERS: HSU struggles to meet students' needs

continued from pg. 3

the size planned, and the University Budget Committee has yet to decide exactly how much will go, one thing is for certain—the student-to-faculty ratio will rise again. This time, Richmond says it could rise above the state average of about 18 students per faculty.

"It would be wholesale elimination of people and the classes they teach," said Haynes, who has lectured at HSU for 17 years.

He also said cutting lecturers could mean the elimination of entire lower division, general education courses in some departments.

"How can a student complete their academic objectives if that many courses disappear?" he asked.

Richmond said HSU's commitment to hire and retain more tenure-track professors will also fall by the wayside.

Although the university has set aside funding to fill more than 20 tenure-track positions next year, Richmond said that HSU, in its current financial position, deviates from its plan to tenure more professors and will continue to do so without more funding.

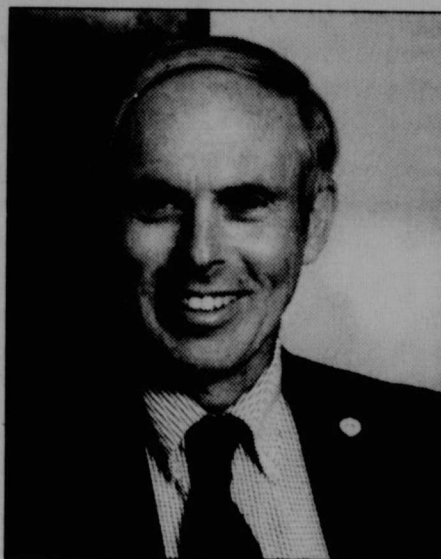
"The problem with Humboldt State is that we've already taken some really big cuts," Richmond said. "We're really struggling."

Vrem said it is likely that some part-timers will be replaced with newly hired tenure-track professors. He noted that regardless of how many part-time faculty are not rehired, there will be fewer lecturers next semester because they are covering classes that the new tenured-track faculty will teach.

Although HSU expects to receive more state funding than last year, the school also has more necessary expenditures.

Rising energy costs, insurance expenses, building costs, increased enrollment efforts, information and technology services upgrades and salary increases for current professors are among the expenses that HSU will field next year.

In order to increase enrollment, summer school will also be reinstated as a state-funded program through HSU rather than



courtesy of Richard Vrem's office

"Most of our long-term lecturers are very good. We want to try to maintain them if we can."

Richard Vrem

vice president of Academic Affairs

through extended education like last summer, at considerable expense to the university.

McPherson said by HSU eliminating liaisons to CR, such as himself, the university has lost a valuable enrollment tool.

"A lot of lecturers who are threatened are our greatest recruiting tool," he said. McPherson said many CR students are referred to HSU through liaisons who were cut due to the budget.

HSU could conceivably decide simply not to fund programs such as summer session, deemed "dispensables" (important, but not absolutely necessary), thereby avoiding a reallocation altogether. But administrators say doing so would cause as much or more damage to the university as would losing part-timers.

"I think it would do some damage to the university to not fund those things," Richmond said. "Our top priority is students," he added. "We're all struggling to meet the needs of students."

University vice presidents originally put together an \$8 million wish list outside of the designated university budget for next semester.

President Richmond said the \$3.2 million reallocation estimate

was made to accommodate the most pressing requests, and he expects the final cut approved by the Budget Committee to be very close to that figure.

Richmond said the committee will make recommendations mid-May and will have a final reallocation figure by June.

Vrem, however, said he thinks the committee will not fund many items on the wish list, and expects a 2 to 3 percent reallocation, which he estimated at about \$1 million.

"Finding a full million (dollars) is going to be very difficult without affecting students," he said. "I frankly don't know where I'm going to find that money."

Still, Vrem said providing a sufficient number of classes for students is among his highest priorities.

"This is just a continuation of a several-year-long budget problem," Haynes said. "Cyclically, this is something that occurs in California because of problems we have in the state budget."

Haynes also attributed budget problems to "leadership issues in the (CSU) Chancellor's office."

Vrem emphasized that the university will try to retain as many part-time positions as possible.

"Most of our long-term lecturers are very good," he said. "We want to try to maintain them if we can."

Still, Haynes is skeptical, even after 17 years of employment at HSU.

If his position were to be eliminated, his contract could be rescinded up to and including the first week of the semester.

"I have a three-year contract," he said. "But it can be scrapped at any time if there is low enrollment or funding."

Cat Sieh can be reached at cms72@humboldt.edu

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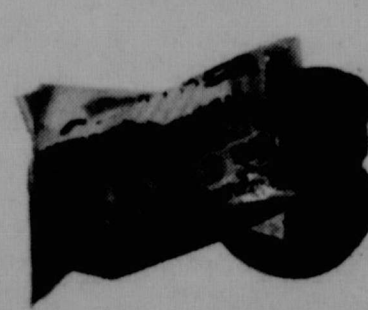
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AS

REC CENTER: Student fees funded transformation of the old field house

continued from pg. 3

to the original proposal, but unforeseen adjustments to the rec center had to be made.

Bob Chipman, a math education senior, voted in favor of the renovations in 2001.

"I thought the extra student fees were worth the improvements to the Field House," he said. "And now to see the changes actually be made—it really makes you feel like you're a part of the decision-making process."

Karla Fandel, a studio art junior, said if the university's goal is to increase enrollment, money could be better spent offering classes and retaining professors.

"I think it's great that they're creating that facility, but since I'm not using it I don't think extra-curricular activities should be included in my fees," Fandel said. "That money I spend could go toward things that I'm going to be using and participating in."

Located on the southeast corner of the Redwood Bowl, a quick tour of the rec center reveals what used to be a dim, chilly, 29,000-square-foot indoor dirt field now

looks like something that went through an extreme makeover.

The aged wooden walls, along with the undercarriage of the roof, have all been coated in white paint while the old lights that used to hang a few dozen feet from the floor have been drawn back to the ceiling.

The upper portion of the north wall is now fitted with a row of windows to allow natural light onto the field.

The field turf that now blankets the old pothole-ridden dirt lot also features a yellow ring of turf that is designated for runners.

The turf's infill (soil) is actually made of recycled tires. HSU received a \$100,000 grant from the California Integrated Waste Management Board for deciding to use recycled materials in the renovation.

Dave Nakamura, the rec center's project manager, said the grant money will go exclusively toward paying off the balance of the turf.

Specifically designed to save energy, hot

water pipes run underneath the field providing a heating system that warms the lower 12 feet of air above the field.

"[The heating system] was expensive to put in but it will save the university money in the long run," Platin said.

The field is also designed to host a 3,000-seat venue—the only building on campus that can house that many people in one room.

The door-high, rock-climbing wall that ran through the middle of the old Field House, as well as the racquetball courts, were completely removed and replaced with a 9,800-square-foot fitness center that sits on the south side of the rec center.

On the left side of the center looms a new 46-foot-high rock climbing wall that varies in levels of difficulty.

The new center will also house nearly \$99,000 worth of new cardiovascular and strength equipment. All of the workout equipment from the existing weight room will be moved into the fitness center when the semester ends.

Nakamura still has about \$52,000 to spend on exercise equipment before the end of the year.

"[The money allotted to the exercise budget] is sufficient for right now," Nakamura said. "We need to assess our existing equipment, but it's likely we're going to supplement the fitness center down the road."

The east side of the rec center holds an expanded Marching Lumberjacks room.

Nakamura said about 90 percent of the facility will be available for use on a limited basis through the summer.

Current HSU students, employed and emeritus faculty and staff and alumni will all have access to the center's equipment.

Graduates from 2003 through 2005 will receive a two-year membership at no charge. Others must be accompanied by a member and will pay a \$10-per-day fee.

Sean Quincey can be reached at smq1@humboldt.edu

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UPD Clips



Monday, April 4

1:24 p.m. UPD was unable to find the person reported dispensing fliers in the Mai Kai lot.

3:38 p.m. A subject requested to speak to an officer about a dispute with a roommate.

11:10 p.m. Subjects who started a grassfire with a lighter-fluid drenched towel behind the Canyon dorms extinguished the blaze before officers arrived.

Tuesday, April 5

12:17 a.m. Three subjects were attempting to gain entry to the Canyon dorms to post fliers.

The reporting party advised them of proper procedures but they were seen again trying to get into another dorm. UPD contacted the subjects and advised them of regulations.

7:48 a.m. Someone reported an argument possibly escalating to violence in front of the Canyon dorms. Subjects contacted said the tiff was solely verbal.

6:07 p.m. A reporting party was receiving threats via the Internet.

11:02 p.m. There were no injuries in the vehicle vs. bicyclist incident on LK Wood and Sunset.

Wednesday, April 6

11:01 a.m. A female who fainted on the Library first floor refused medical aid.

Thursday, April 7

9:32 a.m. Officers initiated an investigation involving a report of a subject possibly making threatening calls.

1:57 p.m. Officers warned a male obtaining signatures for a petition in front of the Library without proper permits and restricted him from campus.

Friday, April 8

2:05 a.m. Officers arrested a male subject on H and 14 streets for possession of a controlled substance, driving without a license, violating probation and having an outstanding warrant from Mendocino County and sent him to jail.

see UPD, next page

UPD Clips

continued from previous page

2:05 a.m. Officers arrested a male subject for giving false information to a peace officer and having an outstanding warrant from San Bernardino County. He spent the night in county jail.

6:29 a.m. Someone rolled the large horseshoe sculpture into the Mai Kai lot fence then rolled back into place next to the Ceramics Lab.

6:28 p.m. A suspicious person loitering around the Natural History Museum left the area upon officers' arrival.

Saturday, April 9

2:22 a.m. Officers cited a driver for marijuana possession and possessing an open container.

3:01 p.m. A subject restricted from housing was spotted in Sunset Hall. UPD contacted the subject, who was given housing restriction information.

6:49 p.m. Officers were unable to locate a subject possibly viewing porn in the Harry Griffith Hall computer lab.

7:59 p.m. Officers contacted subjects by Fern Lake, east of the tennis courts in the forest, and advised them of alcohol regulations.

Sunday, April 10

2:08 a.m. Officers arrested a male subject for driving under the influence and took him to county jail.

3:07 a.m. Officers cited a Pepperwood Hall subject for marijuana possession after UPD received a call reporting noise and loud music. Officers cited a second subject for contributing to the delinquency of a minor.

3:12 p.m. Officers advised subjects posting fliers over fliers in the UC Quad area of flier-posting regulations.

10:48 p.m. Officers were unable to locate subjects reported hiding in a tree behind the Art building.

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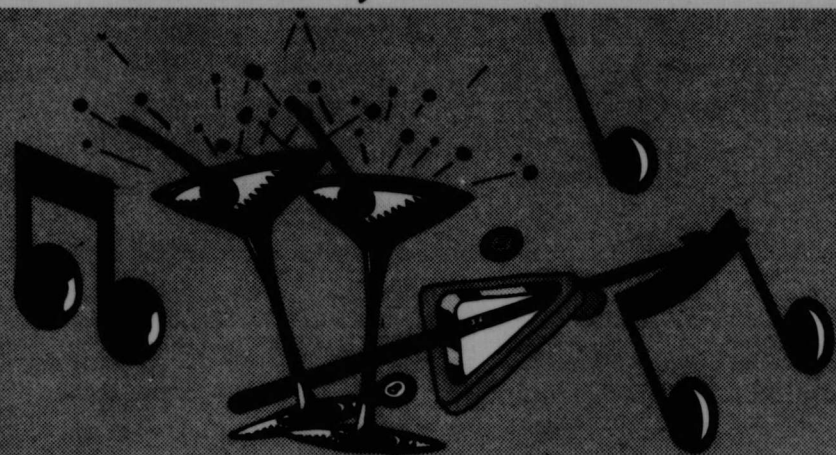
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Thursday 9:00pm
 Old School Hip-Hop with DJ Ray
Friday & Saturday 9:00pm
 The Hip-Hop Mix with DJ Ray
Sunday 8:00pm
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BARRIOS: Speaker encourages individual action

continued from pg. 3

their actions.

Anyone who is aware and willing to give support can get involved.

HSU students can volunteer through the Y.E.S. House, said sociology and Spanish sophomore Manuel Martir. The program is every Wednesday from 6 p.m. to 9 p.m. and it gives juvenile's chance to hang out and play games with people.

"You could become a role model and try to make a change," Martir said. "I wanted to get experience working with delinquent kids because I want to be a parole officer."

Community members can volunteer at the local Humboldt County Juvenile Hall in Eureka, or help tutor someone in local schools.

During the event, the audience watched an emotional and disturbing documentary film called "Juvies," a movie based on children in the Los Angeles juvenile hall prison system who have been convicted and charged as adults.

Alejandre burned a stick of sage, a woodsy smelling herb used in many religious ceremonies, to help ward off evil spirits in the hopes of cleansing and bringing about good spirits before playing the film for an audience of about 20 people.

In the film 12 prisoners chosen at random share their stories about charges ranging from robbery to assault and murder.

As the film progressed the young adults expressed past histories leading up to their arrests

and revealed stories of abuse and molestation. The crowd was silent as tears dropped from their eyes as they witnessed the reality and problems present in California's cities and prisons.

The subject touched home for many who have friends and family in jail.

These criminals aren't just your typical convicts, and there are several instances where the adults in their lives have led them astray by leading them into a life full of violence.

Alejandre said gang-enhancement laws such as the penal code 186.22, which tacks on longer prison

terms for serious offenses caused by those who are gang affiliated.

However, the statute can often be misleading because even somebody barely associated with a gang can be labeled a gang member, thus being eligible for a lengthier sentence.

Many can't help being friends with or have acquaintances with gang members because they have grown up with people or have family members that end up getting into gangs. Alejandre said this often doesn't help rehabilitation for gang members because they become trapped in a system that is very hard to get out of.

Barrios Unidos also created the Cesar Chavez School of Social Change in Santa Cruz, a continuation school for those who

have fallen behind in high school. It currently teaches about 20 students.

They also have Barrios Unidos Productions, a silk-screen business that promotes positive artwork by printing youth and prisoner's artwork on T-shirts. The production also gives young adults jobs in the community as well as providing prisoners with a percentage of sales.

Currently Barrios Unidos is developing a project in Santa Cruz

where it hopes to gain ownership of 2 acres in the downtown area. The organization plans to build 40 apartments on the proper-

ty that could provide affordable housing for those in need.

Alejandre said Barrios Unidos expanded because the community in the streets of California and the world need to deal with the issue of violence, cultural awareness, and economical status of their community, by educating themselves on what matters.

Barrios Unidos isn't just for those who are in need of help now, said Alejandre, it is there to set up a blueprint for future generations.

"We have to pass work onto further generations," Alejandre said. "We need to unite our communities through race, economics, and technology."

Rose Mitchell can be reached at ram47@humboldt.edu



Jeff Cox-Grubbs

Dancers perform at the Latino Purposeful Dinner in the Kate Buchanan Room on Sunday. The dinner served Latino cuisine and was part of the Celebracion Latina, a two week program of events at HSU from March 30 to April 13.

ARCATA

pizza & deli

Appetizers

Homemade Mozzarella Sticks (5)	\$6.95
Homemade Sm. Gouda Sticks (5)	\$6.95
Garlic Bread	\$2.95

Sides

Meatballs	\$3.95
French Fries	\$3.25
Cheese Fries (Choice Cheese \$5.65)	\$4.50
Ranch Dressing	\$0.50
Marinara	\$0.75
Smokey BBQ	\$0.95

Salads

Salad Dressing: Ranch, Balsamic Vinaigrette, Italian, Thousand Island, Honey Dijon

Chef Salad Fresh Romaine Topped with Carrots, Tomatoes, Onions, Ham, Turkey, Pepperoncinis, Salami, Croutons, Cucumbers, Parmesan, Provolone & with Choice Dressing.	\$8.95
Mediterranean Salad Mixed Greens, Artichoke Hearts, Kalamata Olives, Roasted Garlic, Carrots, Onions, Tomatoes Tossed in our House Balsamic Vinaigrette and Dusted with Feta & Parmesan	\$7.25
Caesar Salad Romaine, Tomatoes, Carrots, Onions & Croutons Tossed in House Egg-Less Mango Caesar Dressing	\$6.50
Side Salad Mixed Greens, Tomatoes, Onions, Cucumbers, Carrots, Croutons, Choice of Dressing & Dusted with Parmesan	\$2.95

Deli Salads	pint	quart
Traditional Coleslaw	\$1.95	\$3.25
Soup Du Jour	See server for details \$4.95	

Authentic Philadelphia Style Cheese Steaks

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Traditional #1 Sautéed Onions & American Cheese	\$6.95	\$13.50

Traditional #2 Sautéed Onions, Swiss & Provolone Cheese	\$7.25	\$14.00
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Traditional #3 Jack Cheese, Sautéed Onions, Jalapenos & Mushrooms	\$7.50	\$14.50
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Pizza Steak Marinara, Onions, Mozzarella, Provolone & Parmesan	\$7.50	\$14.50
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All Sandwiches Served With a Pickle

Burgers

(Substitute Boca or Garden of Eatin' at No Additional Charge)
All Burgers are Served with Lettuce, Tomato, Onions.
Additional Toppings: \$1.00. Jalapenos, Sautéed Onions, Sautéed Mushrooms,
(Bacon, Cheese & Avocado Just Add \$1.50)

Traditional Burger 9oz Burger Cooked to Perfection	\$5.95
---	--------

Swiss Mushroom Burger Sautéed Mushrooms & Swiss	\$6.95
--	--------

Arcata Burger Bacon, Avocado & Choice of Cheese	\$7.95
--	--------

Southwest Burger Jalapenos, Sautéed Onions & Jack Cheese	\$6.95
---	--------

BBQ Bacon Burger BBQ, Bacon & Choice of Cheese	\$7.50
---	--------

Grilled Ahi Burger Ahi Fillet, Lemon, Red Chili Aioli & Sprouts	\$6.95
--	--------

Vegetarian Specialties Sandwiches

Cold

Tofu Club Herb Tofu, Marinated Soy Chunks, Lettuce, Tomato, Sprouts, Avo, Mayo & Served on 3 Slices of Toasted Sourdough	\$7.25
Herb Tofu Sandwich Tofu, Lettuce, Tomato, Avocado, Onion, our New Vegan Garlic Spread & Served on Whole Wheat	\$7.25
Tofu Submarine Brio French Roll Filled with Tofu, Avocado, Lettuce, Onions, Sprouts, Tomato, Garlic Spread & Choice of Cheese	\$7.75
Veggie Sandwich Your Choice of Bread & CheeseJ, Lettuce, Tomato, Onion, Cucumbers, Carrots, Mayo & Sprouts	\$6.25

Hot

Adams Tofu Herb Tofu, Feta, Grilled Tomato, Basil, Spinach & Served on Grilled Sourdough	\$6.50
Tofu Reuben Herb Tofu, Kraut, Swiss Cheese Between 2 Pieces of Grilled Rye & Served with a Side of 1000 Island	\$7.25
Grilled Cheese And Tomato Choice of 2 Cheeses, Warm Tomato Slices Grilled on Sourdough with Lettuce, Sprouts & Onions	\$4.95
Soy Steak Marinated Soy Chunks, Onions, Swiss & Provolone	6" \$6.50 12" \$12.50

Cold Sandwiches

House Favorites

Turkey Club Deli Turkey Breast, Bacon, Lettuce, Tomato, Sprouts, Mayo, Avocado & Served On 3 Slices of Toasted Sourdough	\$7.50
B.L.T Bacon, Lettuce, Tomato, Mayo on Toasted Sourdough	\$5.50
Italian Sub Ham, Salami, Provolone, Pepperoncinis, Lettuce, Tomato, Sprouts, Onions & Served on a Brio Roll Topped with Vinaigrette 2 Sizes Available	6" \$6.95 12" \$13.00
Terrific Turkey Organic Oven Roasted Turkey, Cranberry Sauce, Mayo, Lettuce, Stuffing & Tomato Served on a Brio Roll	\$6.95
Mediterranean Turkey Organic Turkey, Olive Tapenade, Feta Cheese, Lettuce, Tomato, Onions, Sprouts & Served on Whole Wheat	\$6.95

House Classics

The Following Sandwiches are Served Cold, with a Choice of Cheese and Bread. All Sandwiches Come with Mayo, Lettuce, Tomato, Onions and Sprouts. Sizes Available are 6 & 12 Inch

Pastrami and Cheese	\$7.25
Ham and Cheese	\$6.50
Smoked Albacore Salad and Cheese	\$7.50
Organic Turkey Salad and Cheese	\$7.50
Roast Beef and Cheese	\$7.25
Classic Turkey & Cheese Sandwich	\$6.50

Pizza

Choice Toppings: Extra Cheese, Mushrooms, Garlic, Red Onions, Black Olives, Kalamata Olives, Red Bell Peppers, Spinach, Sun Dried Tomatoes, Fresh Tomatoes, Artichoke Hearts, Pesto, Pepperoncinis, Jalapenos, Fresh Basil, Pepperoni, Ham, Bacon, Meatballs, Sausage, Anchovy's, Roasted Garlic, Olive Tapenade, Ricotta Cheese, Pineapple, Feta Cheese, Tofu, Organic Turkey, Salami & Soy Chunks

Large Cheese Pizza	18"	\$11.95
Extra Toppings: Whole Pie	\$2.50	1/2 \$1.50
Super Slices	\$2.50	
Slice Du Jour	\$3.50	
Topping on our Super Slice	\$0.50	

Specialty Pizzas and House Suggestions

Mediterranean Artichoke Hearts, Kalamata Olives, Feta Cheese, Spinach, Fresh Tomato, Fresh Basil, Red Onion, Roasted Garlic, Marinara, Mozzarella & Parmesan Cheese	\$17.95
Hawaiian Ham, Pineapple, Red Onions, Marinara & Mozzarella	\$16.95
The Carnivore Ham, Bacon, Sausage, Pepperoni, Meatballs, Red Onion, Salami, Marinara & Mozzarella	\$18.50

Very Veggie Onions, Mushrooms, Tomato, Spinach, Basil, Olives, Roasted Garlic & Mozzarella	\$16.95
Vegan White Pizza Traditional Style. Roasted Garlic, Olives, Basil, Spinach, Red Onions, Olive Oil, Tomato (This pie does not have marinara sauce and it's also a cheese-less pizza)	\$14.95
Garlic Lovers Roasted Garlic. Fresh Garlic Artichoke Hearts, Basil, Sun Dried Tomato, Smoked Gouda, Marinara & Mozzarella	\$17.95
The Gotti Spinach. Roasted Red Bell Peppers, Sun-Dried Tomatoes, Mozzarella, Feta, Pesto & Parmesan	\$18.50

Calzones And Panzarotti

Calzones Spinach, Mozzarella & Ricotta Served with a Side of Marinara (Additional Toppings \$.95) Add Toppings from Above List	\$9.25
Panzarotti A Panzarotti is a Large Pocket of Pizza Stuffed with Marinara, Mozzarella, Fresh Garlic & Basil. Lightly Fried; Essentially, this is an Italian Chimichanga. Add Toppings From Above (Additional Toppings \$.95)	\$8.25

All Sandwiches Served With a Pickle

Hot Sandwiches

Hot Grinders And Melts

Adams Turkey Deli Turkey Breast, Feta, Grilled Tomato, Basil & Spinach Served on Grilled Sourdough	\$6.95
Organic Turkey Salad Melt Your Choice of Bread and CheeseJ with Lettuce, Tomato, Sprouts & Onions	\$7.50
Fresh Smoked Tuna Salad Melt Your Choice of Bread and Cheese with Lettuce, Tomato, Sprouts & Onions	\$7.50
Chicken Parmesan Breaded Chicken Breast Topped with Marinara, Melted Mozzarella, Provolone, Parmesan & Served on a Brio Roll	\$7.50
Meatball Grinder Homemade Meatballs Served on a Brio Roll Topped with Marinara, Mozzarella, Provolone & Parmesan	\$7.50
Hot Roast Beef Roast Beef, Grilled Onions & Horseradish Cheddar Cheese Melted on a Brio Roll, Served with Lettuce, Tomato, Sprouts & Onions	\$7.50

Hot Ham And Swiss Thinly Sliced Ham & Melted Swiss Cheese Served on a Brio Roll with Lettuce, Tomato, Onions, & Sprouts on the side.	Available 6 & 12 Inch	\$6.75 \$13.00
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French Dip Roast Beef, Melted Swiss, Onion Strings, Side Of Horsy Sauce & a Side of Au Jus Served on a Brio Roll	\$7.75
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Organic Turkey Reuben Fresh Roasted Organic Turkey, Swiss Cheese & Kraut Between Two Pieces of Grilled Rye, with a Side of 1,000 Island	\$6.95
--	--------

Hot Pastrami Sandwiches.

All Pastrami Sandwiches Served on Los Bagels Corn Rye and Accompanied with a Crisp Pickle Spear.	
The Rachael Hot Pastrami, Coleslaw & Horseradish Cheddar Cheese Between Two Pieces of Grilled Rye	\$7.50
Pastrami Melt Hot Pastrami, Grilled Onions, Kraut & Smoked Gouda Between Two Pieces of Grilled Rye	\$7.50
Pastrami Reuben Hot Pastrami, Swiss Cheese, Kraut Between Two Pieces of Grilled Rye & a Side of 1,000 Island	\$7.50

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Campus Recycling	NEC
CCAT	Tutoring Services
CenterArts	Sports Clubs
Children's Center	Student Access Gallery
Club Support	Women's Center
Drop In Recreation	YES
Film Festival	Operation U-Turn
Graduation Pledge Alliance	



A majority approval is required.

YOUR CHOICES:

YES - A yes vote indicates you are in favor of the proposed fee increase and the additional funding for programs it will support.

NO - A no vote indicates you are not in favor of the proposed fee increase.

APRIL 19, 20, 21

THE CURRENT AS FEE FOR HSU IS \$36 FALL SEMESTER; \$35 SPRING SEMESTER; AND \$35 SUMMER SEMESTER. THE PROPOSED FEE INCREASE WOULD BECOME EFFECTIVE FALL SEMESTER 2005, BRINGING THE AS FEES TO \$51 FALL, \$50 SPRING, AND \$50 SUMMER.

PRO & CON STATEMENTS submitted by members of the Associated Students Council of Humboldt State University

STATEMENTS IN SUPPORT OF THE ASSOCIATED STUDENTS FEE INCREASE:

- 1• Without a fee increase, those programs integral to expanding student education beyond the classroom would have to be run on a minimal budget incapable of maintaining programs at their current levels.
- 2• Remember.... these programs are run for students, by students, and the Associated Students fee remains here on campus and is distributed BY students FOR students.
- 3• The AS Fee supports a wide variety of programs and activities that would be diminished if this fee is not approved. Examples include sport club activities, diversity programming funds, CCAT, Campus Recycling, MultiCultural Center, club travel, Women's Center, AS Presents, Arts & Music Festival, YES, etc.
- 4• Our Associated Students fee is lower than the average AS fee in the CSU system and we provide a much broader range of student run/student-directed programs and services than other campuses.

STATEMENTS AGAINST THE ASSOCIATED STUDENTS FEE INCREASE:

- 1• I don't have anything against any of the AS Programs, but I'm having a tough time coming up with enough money to go to school now.
- 2• Escalating fees could put a university education out of reach of low-income students.
- 3• Student fees are a significant financial burden. In economic times like this, when state fees are also being increased, we need to be very careful of what students are being charged for.
- 4• Not all students utilize the programs and services provided by the Associated Students—yet all students are required to pay the fee.

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www.humboldt.edu/~hsuas

Tuesday, April 19, 2005
Wednesday April 20, 2005
Thursday, April 21, 2005

QUESTIONS ABOUT THE FEE INCREASE?
Come to the Open Forums

Thursday, APRIL 7
11am- 1 pm
Kate Buchanan Room

Wednesday, APRIL 13
4pm - 6pm
Nelson Hall East Room 113

FOR MORE INFORMATION
Associated Students Office
Located In the University
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Open market attracts the crowd



Jason Major

Booths and people line the streets of the Plaza as the Farmers' Market reopened last Saturday after closing for the season in November. About 100 people attended and items such as herbs, bread and plants were sold at the first market of the year.

Adam Creighton
Staff writer

A farmers-only market has made room for non-growers: now you can get your coffee, buy a bagel, tamale or cookie without leaving the festivities.

The 27th annual Arcata Farmers' Market opened last Saturday on the Plaza, continuing last year's commitment to allow some non-farmers to sell their goods.

"I think the growers decided they wanted to have some other things going on,"

said Serge Scherbatskoy, owner of Brio Breadworks, an Arcata bakery. "I've been trying to get in there for a few years. Last year, they contacted us and said they wanted to try it out."

"We all wanted bread there," said Andi Zierer, president of the North Coast Growers Association. "The majority [of growers] thought that it was great to have bread there. That's what you see in any other good market, you see local baked goods."

"We have created what is called a 'non-

ag' area, distinct from the market," said Christine "T" Griffin, market manager for the North Coast Growers Association. "It's associated with the Farmers' Market, but it's not part of the producers-only market."

Last August, Brio Breadworks joined with Celebrations, which sells tamales, in the non-ag section of the market.

"Last year it was just me and Tamra [Tafuya], selling tamales," Scherbatskoy said. "No one noticed us."

Eventually, market-goers paid atten-

tion. Now, the idea is more popular. Sacred Grounds, Los Bagels, Henry's Olives and Arcata Cookie Company offered their wares last weekend, joining the cadre of local businesses in the center of the Plaza.

"It went over extremely well," Scherbatskoy said. "Everyone would come over and listen to the band, and they moved the speakers so they aren't blasting in your face. It created a really nice atmosphere. It's

see FARMERS', pg. 14

PPM pays up, lawsuit settled

Karen Wilkinson
Staff writer

Not only was the building infested with rats and ants, but support beams with holes wide enough to stick your arm through were holding up the Campus Apartments.

Jennifer Watkins, who lived on the south side of the building from summer 2000 to spring 2001, is one of 248 plaintiffs who received part of a \$300,000 settlement last week in a class-action lawsuit against Professional Property Management, Inc., which managed the complex until summer 2004.



Campus Apartments

see LAWSUIT, NEXT PAGE

Breaking the county meth addiction

Shawn Tulecke-Paulson
Staff writer

As a young teenager attending Eureka High Ashley panhandled for food while her mom prostituted herself to support methamphetamine binges.

"My mom was not there for me," Ashley said. Ashley wanted her last name withheld.

Ashley is not alone in Humboldt County, where law enforcement and public health officials consider meth to be their number one concern.

But meth and the related problems cannot be contained by either agency alone.

The Speed Prevention and Awareness

Network (SPAN) is battling the county's growing methamphetamine epidemic.

SPAN has three goals: prevent, treat and enforce.

The group consists of law enforcement, recovered meth addicts, concerned families, public health workers and members of the media.

The group is working with KEET-TV to create a media campaign against meth, spreading the word in high schools and on television.

According to KEET-TV's project summary, "Meth use and related deaths are higher per capita in Humboldt Coun-

see METH, pg. 16

LAWSUIT: Company told occupants one thing, while city officials told them another

continued from last page



photo illustration by Ray Aspuria

Two hundred forty eight plaintiffs who lived in the Campus Apartments received part of a \$300,000 settlement last week in a class-action lawsuit against Professional Property Management, Inc., which managed the complex until summer 2004.

PPM did not return phone calls to The Lumberjack.

Though receiving \$807.61, Watkins said she wasn't thinking about money when she decided to take legal action against the Eureka-based property management company.

"Even if I'd gotten only \$1 it would have been worth it," Watkins said. "I wanted them to pay in one way or another."

On March 15, 2001, Watkins stepped outside her one-bedroom apartment with morning coffee in hand only to notice a sign stating, "this building is unsafe for human occupancy," and that "it is unlawful for any person to occupy or reside in this

building."

The 80-ft. high, 8-by-8 inch posts holding the decks up have since been re-supported.

PPM said in a March 2001 press release, "The Building Department cited failing structural supports for the south-facing decking that could be a hazard in the event of an earthquake or other natural disaster."

Given 72 hours to vacate, Watkins hurriedly made phone calls to PPM, the building manager and janitors who told her not to worry about the notices. She proceeded to walk downstairs from her third-floor apartment to the parking lot and found a circle of residents and city officials discuss-

ing the situation.

Two years prior to the 2001 evacuation, the county health department advised PPM owners of the potential health and safety hazard the insecure support beams posed. No renovations were made at the time.

Watkins said PPM Property Manager Sheila Bearden, who was among the crowd, expressed dissatisfaction with Arcata officials.

"This is when a light bulb went off in my head," Watkins said. "Professional Property Management was telling me one thing and the city of Arcata was telling me something else."

Watkins said PPM approached residents

with release forms, relinquishing their legal rights in exchange for one month free rent. She didn't sign the paperwork and instead searched the phone book for a lawyer. "I wanted them to pay for all the stress they put people through," Watkins said.

"If [PPM] had just taken the time initially and fixed the deck they would have paid half the settlement amount," Watkins said. "If someone messes you over, sometimes the only way you can get them is in the pockets."

Karen Wilkinson can be reached at klw23@humboldt.edu

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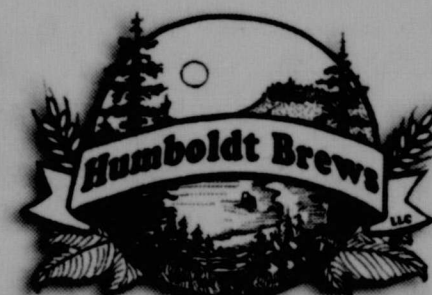
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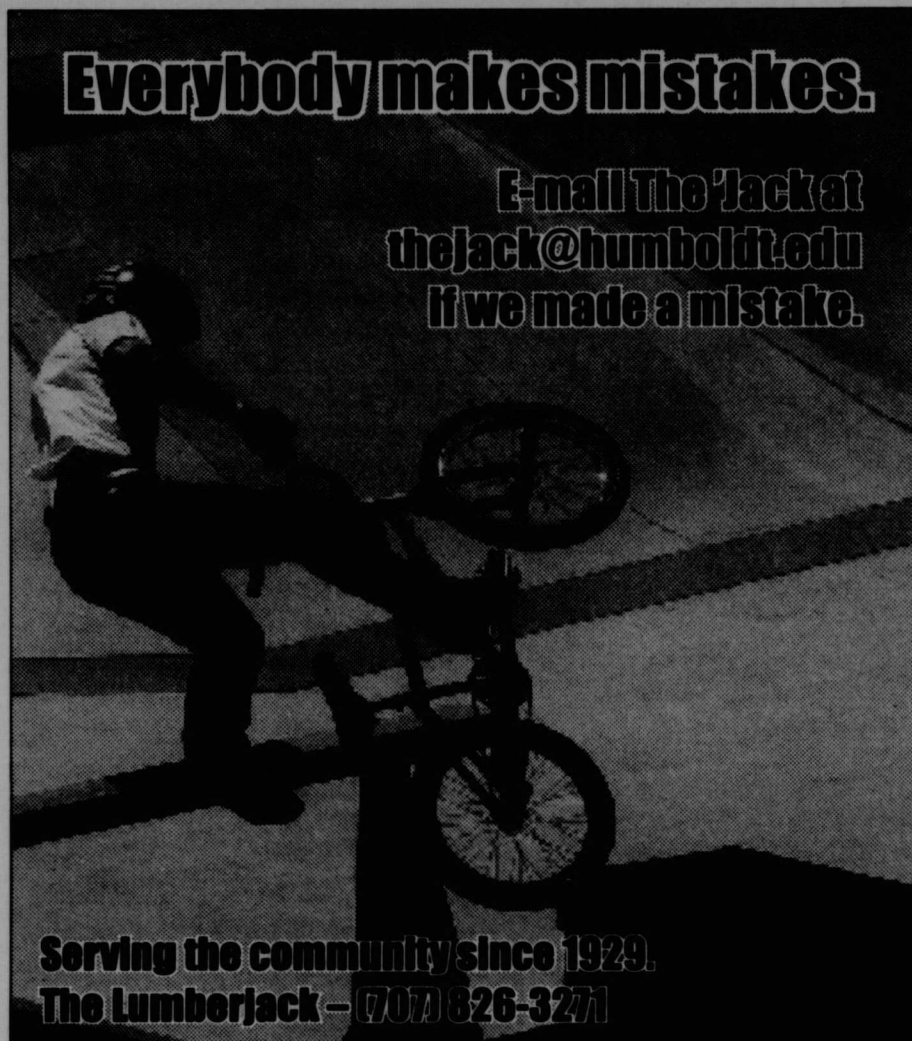
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MARKET: New offerings provide welcome change

continued from pg. 12



Kira Rubenthaler

People fill the sidewalks of the Arcata Plaza as vendors packed the streets hoping to sell their goods.

more festive, everybody profits."

Zierer said the diverse vendors showed the city's flair.

"Arcata showed itself in its finest side for the students and parents visiting Humboldt to see... such a happening market," Zierer said.

The change in style of the market shows its ability to keep up with current trends.

"It's what's going on at any farmers' market you go to now," Scherbatskoy said. "There's a lot more going on there than just growers."

And there will be more each week.

Humble Beginnings

The Arcata Farmers' Market began in 1978 when a law was passed that allowed farmers to eliminate middlemen.

"Before 1978 it was illegal to sell directly to the buyer," Griffin said. After the law was passed, "Farmers [met] on the corner of 7th and F, selling out of the back of their trucks."

The market operated unofficially at 7th and F streets for a

few years, before gaining official permission.

"In 1981 ... we were allowed to operate at 7th and F, it wasn't until another 9 or 10 more years [before] we came onto the Plaza," Griffin said.

The market now has a regular season, from April until November every Saturday from 9 in the morning until 2 in the afternoon, and the association has even branched out into weekday markets to accommodate growers who, due to limited space and seniority, can't fit into the big Saturday market.

Starting the first week of June, weekday farmers' markets will take place on Tuesdays from 10 a.m. to 1 p.m. in Old Town Eureka, and from 3:30 p.m. to 6:30 p.m. at Wildberries Marketplace, as well as Thursday from 10 a.m. to 1 p.m. in Henderson Center, Eureka, and also Thursdays from 3:30 p.m. to 6:30 p.m. in McKinleyville.

Other Developments

Last year, the North Coast Growers Association developed

a program to accept food stamp debit cards at their Saturday markets.

"We've always been able to accept food stamps," Griffin said, "[but] people are switching from paper stamps to a debit card. By their very nature, farmers' markets are outside, and that makes it difficult. There aren't outlets for machines that swipe debits."

Last year, the markets provided debit machines to customers for the first time.

"People come to the T-shirt table, swipe their card, and get approved, and then we issue these wooden dollar coins. With those, they can go to any farmer and purchase," Griffin said.

The program has expanded and now offers people in the Women, Infants and Children (WIC) program access to Farmers' Market produce.

"I'm really excited to offer fresh, locally grown produce to people who might never be able to afford it," Griffin said.

Adam Creighton can be reached at carrotwedge@yahoo.com



Jason Major

The sidewalks and streets weren't the only areas packed with people, the center was filled with musicians and people enjoying the weather.

Back in the market

Kira Rubenthaler

Sunny weather

Smiles could be seen on many faces as the sunny weather lifted the atmosphere at the market.

Lookin' around

People had a hard time choosing from the various booths and items sold from them.

This booth, from The Angora Bunny Lady, sold scarves, exotic fiber hats, baby caps and booties.



Jason Major

Fun under the sun

Kira Rubenthaler

While some went to the market for fun, others enjoyed the sun and took time for some leisure activities.

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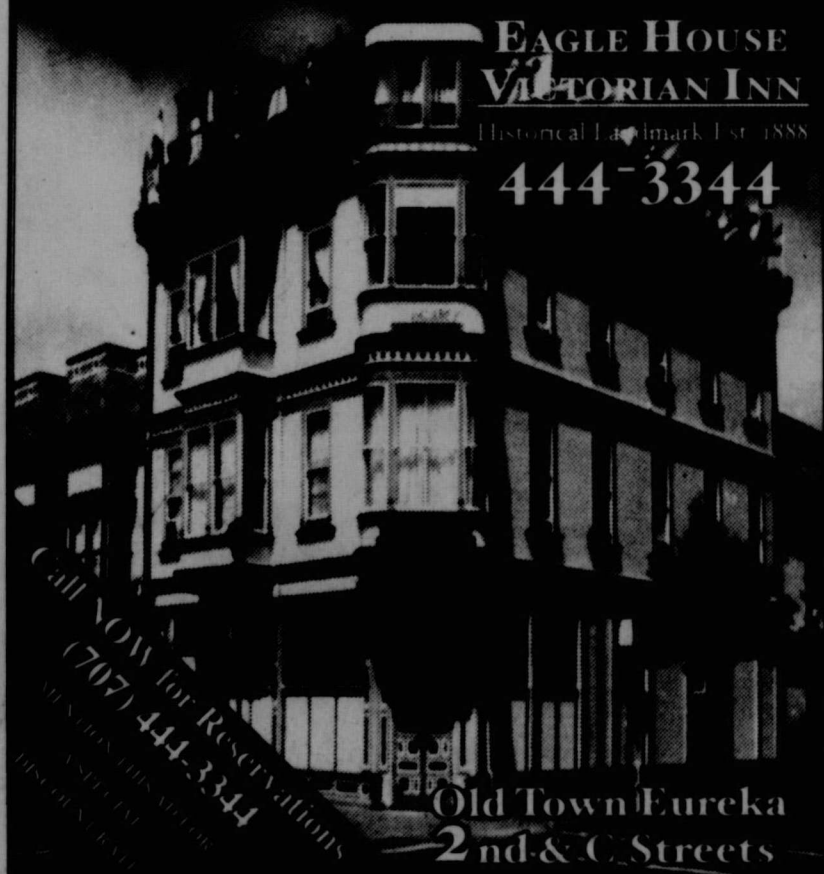
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METH: Drug contributes to criminal acts

continued from pg. 12

ty than in the rest of California, with most of the homicides and the most violent domestic abuse in Humboldt County involving methamphetamines."

Department of Health and Human Services Mental Health Branch Director Lance Morton said, "It takes 30 years of alcohol abuse to do the same kind of damage to a person as speed does in two years."

State Assembly member Patty Berg's liaison to SPAN Nancy Stark said Berg is interested in the group because, "If you speak with anyone in the public health profession in Humboldt County they will tell you it is the number one drug problem in Humboldt county, and the number one public health problem."

Meth contributes to crime as well, Stark said.

"A lot of people who are coming to the [SPAN] meetings are concerned because, for example, their houses have been broken into," Stark said. "It certainly contributes to theft and crime in neighborhoods."

Besides being highly addictive, meth is popular because it is cheap and can be made in the back of a truck, or in a storage

freezer, for example.

All you need is cold medicine containing pseudo ephedrine, and a combination of ingredients like methanol, rubbing alcohol, hydrochloric acid, and a drain cleaner, battery acid, lye, or antifreeze.

"You would be surprised what goes around out there on the street. A lot of it will just plain kill you," said former police officer Kirk Felhaber who is a member of SPAN.

Clean up is costly, and for people running an illegal operation it is dangerous.

Five to six pounds of toxic waste is created in the manufacturing process per pound of meth.

This toxic waste is often dumped into storm drains, plumbing, or directly onto the ground, possibly affecting drinking water, said the Methamphetamine Fact Book put out by SPAN.

To combat the spread of meth, federal law prohibited the purchase of more than one bottle of cold medicine containing pseudoephedrine at a time, but police say often times meth manufacturers go from one drug store to another until they have all they need.

"It takes 30 years of alcohol abuse to do the same kind of damage to a person as speed does in two years."

Lance Morton

director of department of health and human services mental health branch

Although, most of these labs seized, however are relatively small when compared with labs seized from Mexican drug trafficking organizations (DTOs).

The Department of Justice's National Drug Intelligence Center (NDIC) said in its 2001 California Northern and Eastern Districts Drug Threat Assessment, "while only 16 percent of the clandestine laboratories seized by [the California Bureau of Narcotic Enforcement] task forces in 1998 were associated with Mexican DTOs, these accounted for 90 percent of all methamphetamines seized at laboratory sites."

Felhaber agreed with the report, "The Mexican mafia is well organized, well focused...[and] is even starting to be real prevalent in Humboldt County."

The meth problem is not going away any time soon as it is the most serious law enforcement concern, the NDIC report said.

"We're seeing a 95 percent turnover [of Humboldt County prisoners on drug related charges]," Felhaber said. "In other words 95 percent of the people that are sent out come back."

SPAN is becoming a resource for promoting effective forms of treatment, while informing pharmacists, health professionals, trucking companies, and the public on how to help eradicate meth in Humboldt County.

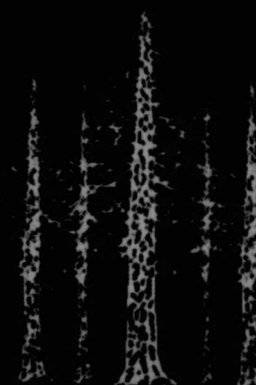
"The idea is to get people talking about it. I know that people we talk to agree that education is the number one thing that needs to happen," said Claire Reynolds, Director of Community Relations and Outreach for KEET-TV, who is working with SPAN on a media campaign.

Stark encourages people concerned with meth to come to the meetings every third Tuesday of the month.

"It's an important collaboration within the community to help find solutions to a community wide problem," Stark said.

Shawn Tulecke-Paulson can be reached at
phellxthecat@hotmail.com

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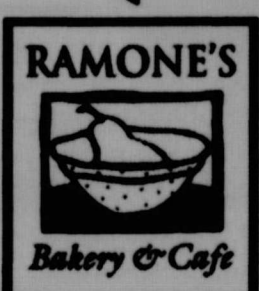


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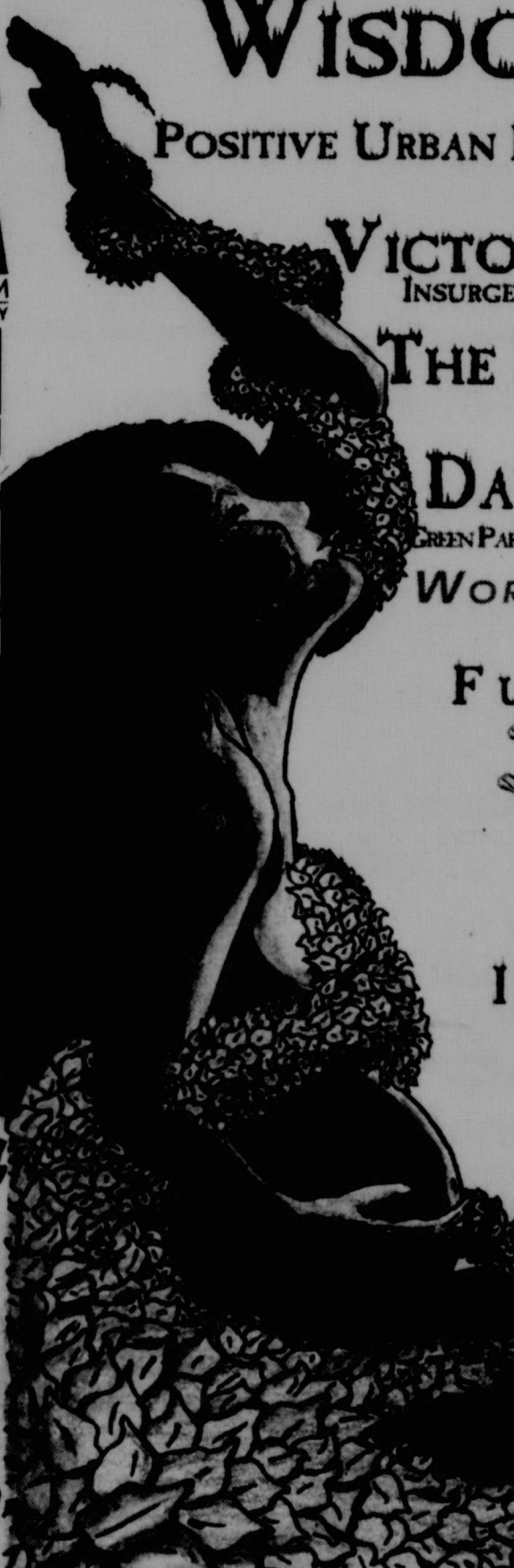
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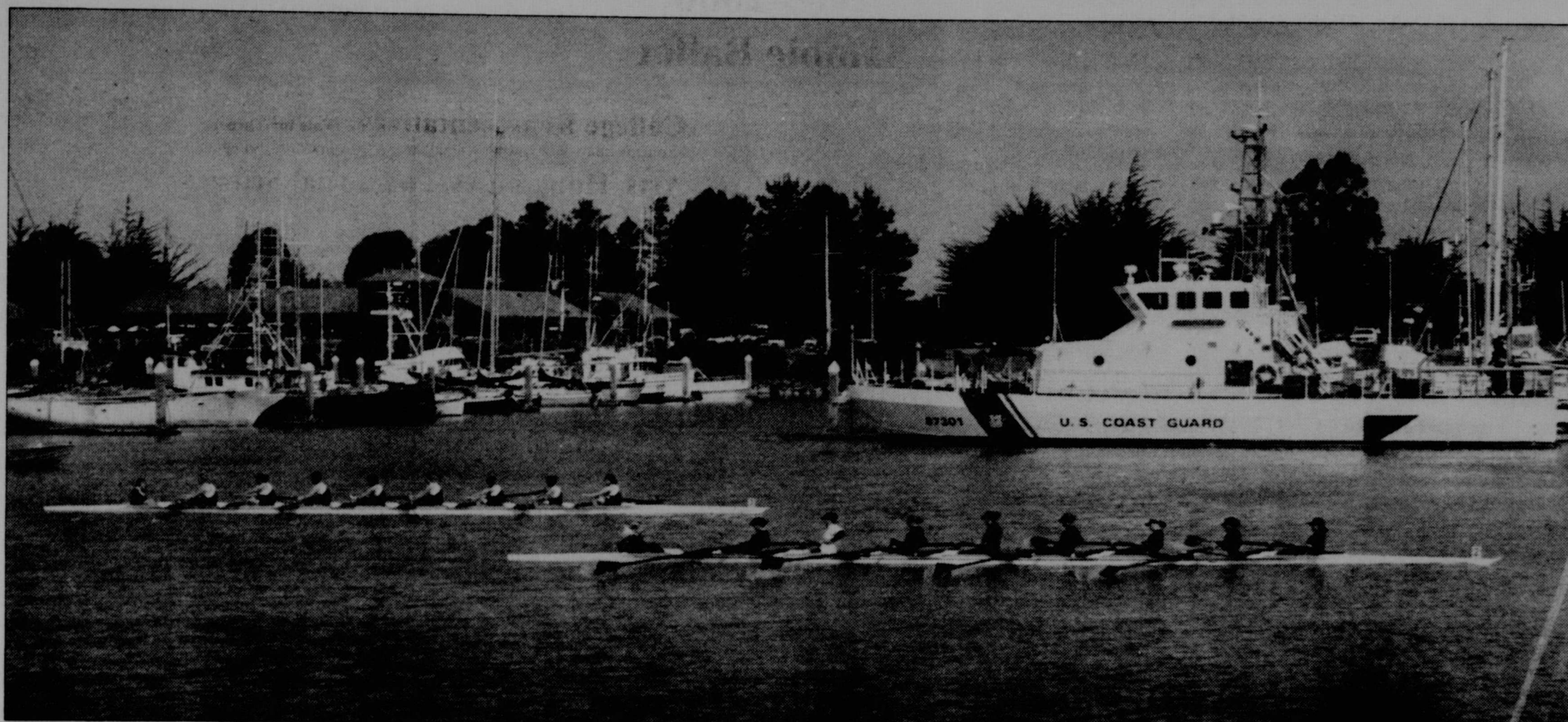
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Katie Denbo

HSU's second varsity eight boat (front) pulls past Santa Clara rowers on Humboldt Bay Saturday, en route to a home regatta victory. HSU finished in 5:19.51.

Crew wins home regatta

Humboldt Bay boat races successful for HSU rowers

Katie Denbo
Sports Editor

A sunken boat and rough waters couldn't hold down the women's crew team on Saturday, as they rowed their way to victory in the 22nd annual Blue Heron Redwood Sprints Regatta on Humboldt Bay.

"We haven't won our home regatta in a couple of years, so any time you can win your home event is a good feeling," said Head Coach Robin Meiggs.

White caps on the bay made for a rough start of the day, as the women's four boat filled with water and sank before the race began.

"I can't say that panic ensued, but there were some pretty excited girls," Meiggs said. "We're still working on our mental game, you don't expect to sink a boat the first race of the day."

Subsequent races fared well, though, as the 'Jacks' junior varsity four, second novice four and second varsity eight boats all seized first place in their respective races. As a team HSU topped both Willamette and Santa Clara universities, who placed second and third, respectively.

Senior Brigitte Hanlon, who rowed in both the winning JV four and second varsity eight races at times of 7 minutes, 47.88 seconds and 5:19.51, said the inclement weather made for difficult rowing conditions.

"The wind was strong and the waves were really bad, which made it very hard to hold onto the oar," she said. "In warm-ups the oar was hitting my knees. If the wind wasn't there we would have been able to focus more, but our coach always says that 'bad weather is a great equalizer.'"

Despite the obstacle, however, HSU was able to maintain composure and take first place.

"It's very exciting, there were races where we didn't know where we were standing," Hanlon said. "We started out strong, though, and held them off. In practice we've been working on our starts and we wanted to start strong."

Freshman Kendell Brown, who rowed in the JV four race,

said the boat's close win over Santa Clara made the team feel good.

"The race was really intense the entire way, it was definitely an adrenaline-based race," she said. "I really just wanted to win and not let the other rowers in the boat down, and I think they felt the same way."

The chill in the air made the teams' muscles hard to keep warm, Brown said,

but strength and will added to the sweetness of the victory.

"[The weather] made the race a little more painful on our bodies," she said. "This was also the first time our boat had really rowed together as a team, but it worked really well and we had a great race."

HSU also finished second behind Willamette in

the novice four with a time of 8:35.54, and second in the varsity eight behind Santa Clara with a time of 4:38.74. They took third in a second novice four race, behind Santa Clara and Willamette, with a time of 6:19.65, 19 seconds slower than the first place finisher Santa Clara.

"The team did well," Meiggs said. "They had anticipation for the races, and that's what we want."

A dedicated crowd of bundled-up fans lined the boardwalk and the Adorni Center and cheered HSU until the end.

"It's good for the kids and nice to see lots of athletes from other sports supporting them," Meiggs said. "It makes them feel really good."

Hanlon said the support of her peers motivated the rowers while on the water.

"There was a very nice-sized crowd out there," Hanlon said. "I could hear them screaming for us which kept us going."

The 'Jacks take a week off before traveling to compete in the Northwest Collegiate Rowing Championships on April 23 in Everett, Wash.

"Knowing the course more and not having to travel really gives us the home court advantage," Brown said. "You can really hear the crowd cheering for us, which gives us more adrenaline to row harder and make it to the finish."

Katie Denbo can be reached at kad32@humboldt.edu



Blue Heron Regatta Results

Women's Four		5. HSU	8:59.04
1. Seattle Pacific	No Time	Women's 2nd Novice Four	
2. Willamette	NT	1. HSU	7:16.26
3. HBRA	NT	2. Santa Clara	7:19.03
4. Santa Clara	NT	Women's Novice Four	
5. Mills College	NT	1. Santa Clara	6:00.49
6. HBRA	NT	2. Willamette	6:06.40
7. HSU	NT/DNS	3. HSU	6:19.65
Women's Novice Four		4. Mills College	6:36.81
1. Willamette	8:27.62	Women's 2nd Varsity Eight	
2. HSU	8:35.54	1. HSU	5:19.51
3. Santa Clara	8:46.04	2. Willamette	5:22.22
4. HSU	9:07.53	3. Santa Clara	5:29.05
5. HBRA	9:27.53	Women's Varsity Eight	
Women's JV Four		1. Santa Clara	4:33.43
1. HSU	7:47.88	2. HSU	4:38.74
2. Seattle Pacific	7:51.75	3. Willamette	4:49.96
3. Willamette	8:11.30	3. Mills College	4:49.96
4. Santa Clara	8:15.05		

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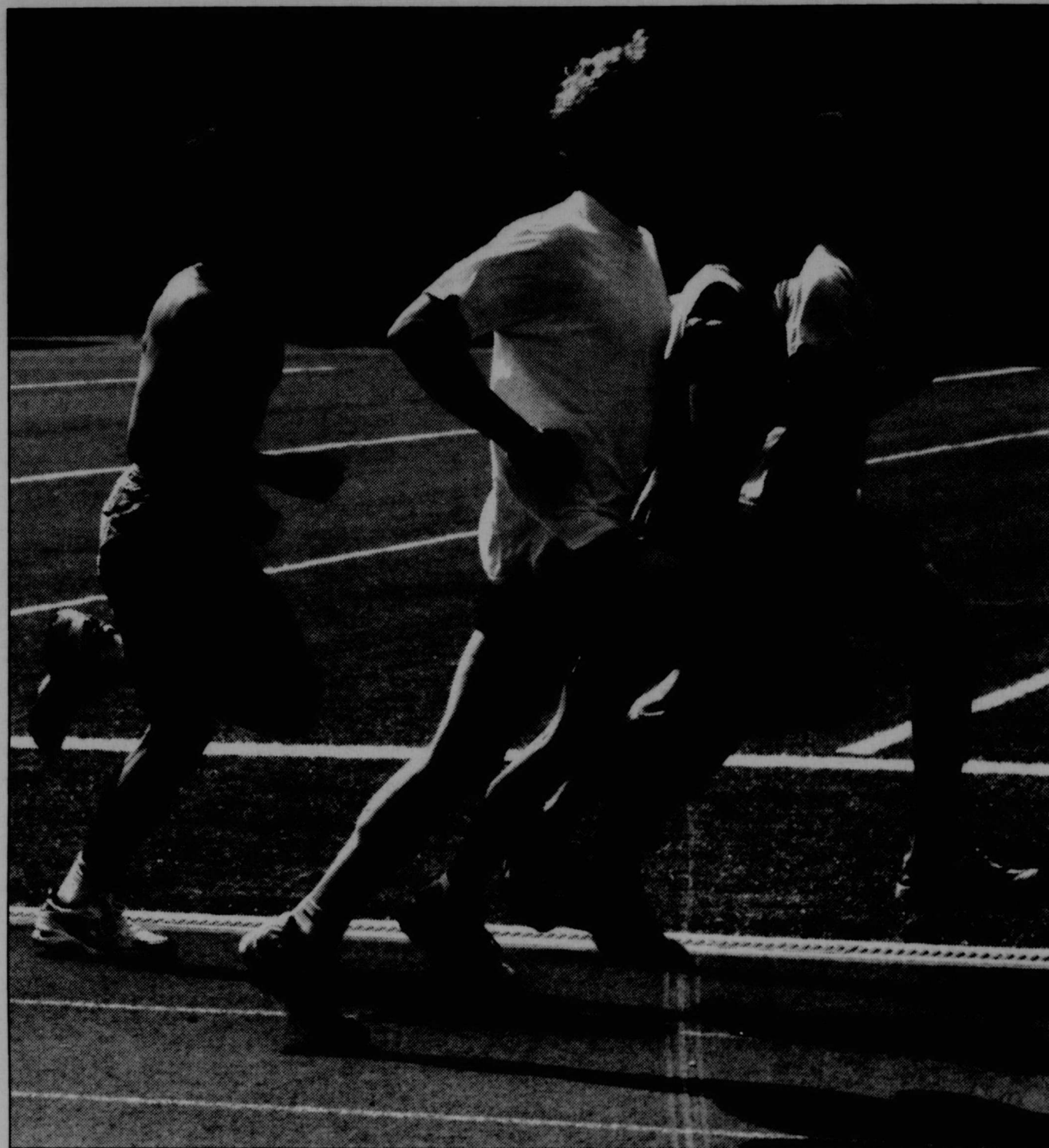
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Sayaka Rifu

Andrew Wright (in white) and Andrew Chong (second from right) jog around the track on a sunny Monday afternoon. Chong and Wright have both posted solid times in their past races.

Track looks toward nationals

Four HSU athletes shoot for qualifying times

Ray Aspuria
Community Editor

Four select HSU track and field athletes have the chance to achieve qualifying times this week, which may lead them to a national meet in the future.

"This weekend, we are sending four athletes to the Mt. SAC (San Antonio College) Relay," said first-year Head Coach Sandy Moran. "I hope they gain qualifying times for nationals."

Seniors Brian Kostock, Chris Binschus, Nicole Campbell, and junior Keri Gross will travel to Walnut on Friday for the 47th annual Mt. SAC Relay.

Kostock, a Santa Barbara native, will participate in the 10,000-meter race and Campbell, a Topanga native, is set to run the 1,500-meter race.

Binschus, a Eureka native, and Gross will compete in the 800-meter races.

If Binschus, Campbell and Gross perform well during Friday's relay, they have a chance to compete at the Long Beach Invitational Saturday.

Kostock's sole focus will be on the 10K run at the Mt. SAC Relay.

Mt. SAC events start at 1:30 p.m. at Hilmer Lodge Stadium.

The remainder of the track team will be in Da-

vis for the Woody Wilson Track and Field Classic on Saturday.

Woody Wilson Track and Field Classic

Track and field athletes traveling to Davis will focus on individual best times, hoping to gain qualifying marks for the Great Northwest Athletic Conference Championship.

Freshman runner Heather Moulton and sophomore Alli McCall are scheduled to run the women's steeplechase, while freshman runner Andrew Chong competes in the same event for the men.

Juniors Larry Blaylock and Jesus Cisneros are competing in the 5,000-meter run, while sophomore Andrew Wright and senior Ryan Tuss are set to double in the 800 and 1,500.

Sophomore John Daubenspeck and junior Tevor Scoggins are expected to compete in the 800-meter run, while Jessica Rendon and Andrew Lovio are scheduled to double in the women's 800- and 1,500-meter events.

Freshman Seth Astle is scheduled to compete in both the flat 400 and the 400-meter hurdles.

see **RUNNERS**, next page

RUNNERS: team parts ways for weekend to compete

continued from previous page

Results

Last Saturday, at the Stanislaus Invitational meet, Andrew Chong won the day's first event.

Chong ran the men's 3,000-meter steeplechase coming in at 9 minutes, 53.02 seconds, 17 seconds faster than his previous best time run earlier in the season.

He kept with the pack of other runners during the first half of the race but charged ahead at the mile mark and finished strong.

Binschus and Kostock lead the field of 32 men in the 1,500-meter race achieving, the best two times of the day. Binschus won his heat with a 4:05.99 run while Kostock finished closely at 4:08.47.

Both returned for later runs in the event with Kostock finishing the men's 800-meter run at 2:03.72 and Binschus running the 400 meters in 52.66 seconds.

Wright finished with the second best time of the day in the 800-meter run, timing at 1:58.05.

Thirty-four runners competed in the distance including Scoggins, Tuss and Cisneros.

Freshman Jamal White set the tone for HSU in the shorter distances, timing 11.46 seconds in the

100 and 23.67 in the 200.

Astle ran the 400 meters in 52.82 seconds.

Coach Moran

Moran, named head coach of the team in July, was an assistant track and cross country coach at Portland State.

She said while every team does have its good and bad, HSU's team has been running fairly well.

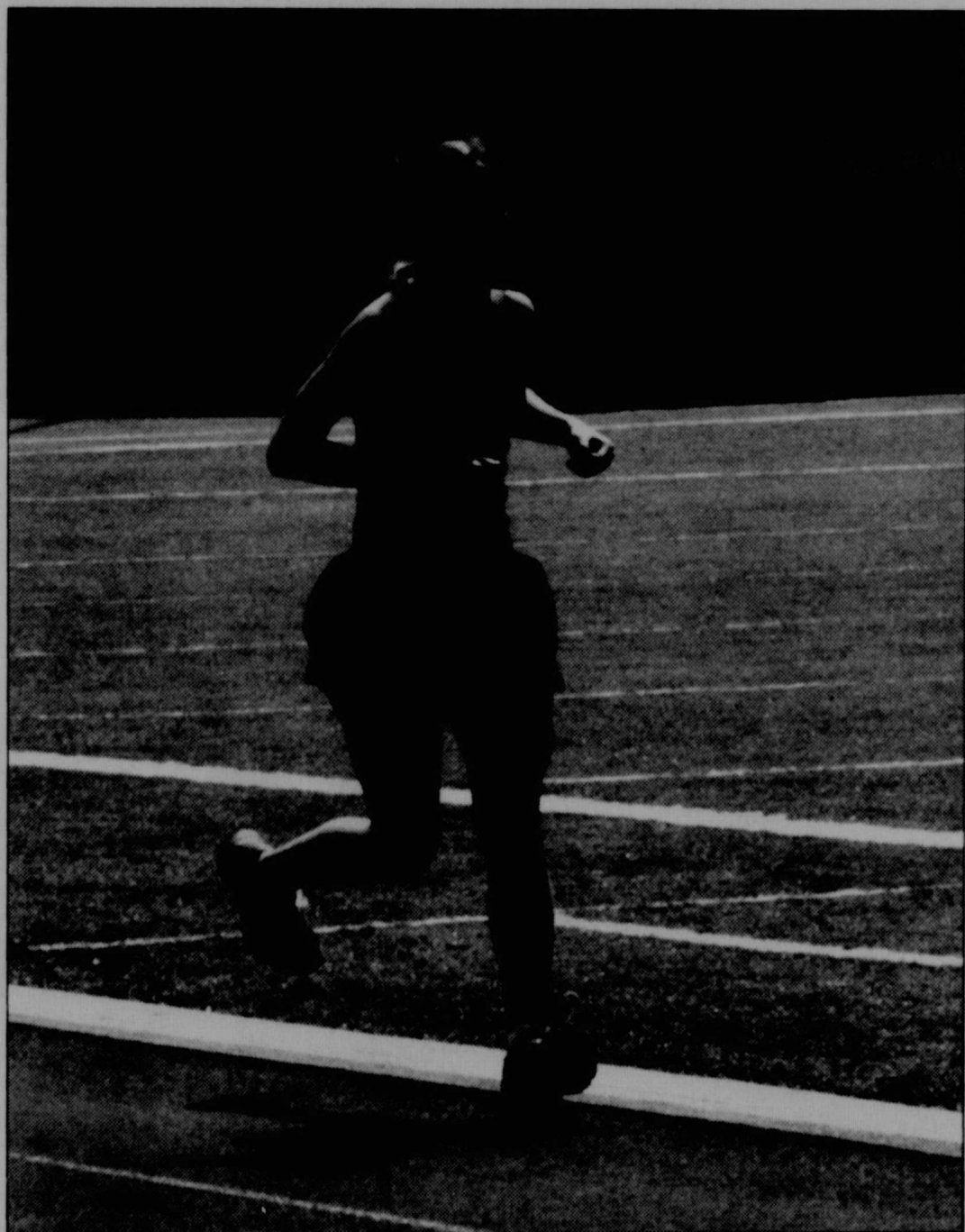
"They are developing the way I like," Moran said. "They have been running fast. We're moving in the right direction."

She is looking forward to the Mt. SAC Relay and hopes to see all four of the athletes to gain qualifying times for national marks.

While no particular athlete stands out in her mind, Moran said members of the team stand out in different ways.

"We have some strengths in the long and middle distance events," Moran said. "They fire each other up, they feed off of each other."

Ray Aspuria can be reached at jackasspuria@gmail.com



Sayaka Rifu

Freshman Heather Moulton posted strong times in past 5,000 meter races.

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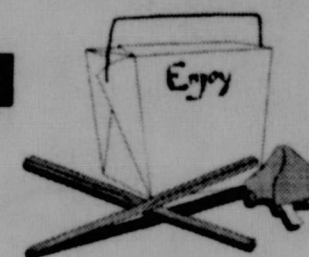
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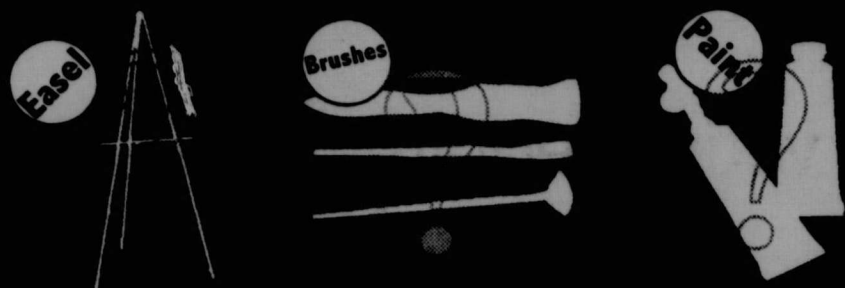
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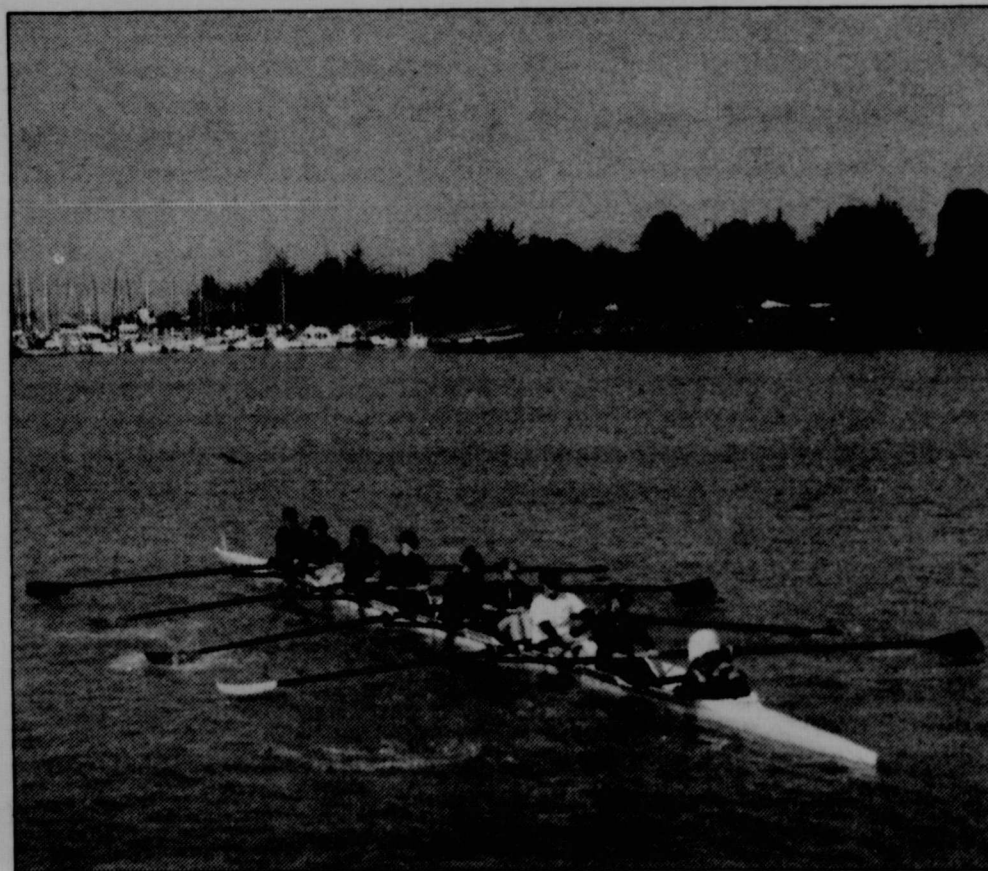


**AMC
BOARD
CO.**

The road to the win



Above: Members of HSU crew's second varsity eight boat take their craft down to the bay on Saturday.



Left: The team rows to the starting line, by the Old Town Boardwalk.

Bottom: HSU went on to win their race moments later, defeating Willamette and Santa Clara by 3 and 8 seconds, respectively.

See story on page 19.

photos by Katie Denbo



Lumberjack Editorial

Fewer lecturers = bad

HSU students have fewer and fewer choices these days.

If the anticipated lecturer layoffs go through, next semester could be even worse.

The administration doesn't know yet just how the budget reallocation will play out, but as many as 46 of the 200 lecturers could lose their jobs.

This means students will face even fewer class offerings, teachers and seats in classes.

President Rollin Richmond has said that the student-to-faculty ratio will rise next semester, exceeding the CSU average of about 18 students per faculty.

HSU has historically been known for its small class sizes and intimate setting, a reputation that will shrink like its class offerings as the number of faculty is reduced.

In the journalism department, the third largest major in the College of Arts, Humanities, and Social Sciences, many of the required classes are only offered once a year. Students in smaller majors have an even harder time taking those courses needed for graduation.

And it will only get worse with fewer lecturers.

To make matters even more dire, students have no say in which lecturers actually get laid off, pardon, not rehired.

Some lecturers are really great teachers, better than some of the tenured professors. Receiving tenure doesn't have much correlation with the quality of teaching.

Often, lecturers have more energy and enthusiasm and they haven't fallen into a routine of teaching the same class every year.

On the flip side, some lecturers are so afraid of losing their jobs that they won't speak out against the administration or even their own department.

The problem is: only the students know who are the inspiring teachers and who are the ones that make you want to change majors or wish you'd taken that other GE class you were considering.

The people who do the hiring and firing don't sit in the classroom and listen to these teachers for three hours a week, and then go home and read the books they pick out or write the papers they assign for countless more hours.

Students know, but students don't get to choose.

Students don't get to evaluate tenured professors, no matter how bad they are.

At the end of every semester, students fill out teacher evaluations for non-tenured professors. But how much are these evaluations actually taken into consideration?

We've all given a professor an honest and lousy evaluation, only to see him or her return semester after semester to continue tormenting students with poor quality instruction.

If the budget reallocation goes through and part-time faculty are not rehired, you're favorite teacher could be gone next fall.

The Lumberjack Statement of Policy



• Questions regarding the editorial content of The Lumberjack should be directed to the editor at 826-3271.

• The Lumberjack editorial is written based on the **majority opinion** of the newspaper's editorial board.

• **Staff columns, guest columns and cartoons reflect the opinion of the writers, not necessarily those of The Lumberjack or HSU.**

LETTERS TO THE EDITOR

Fisheries preservation requires education

Dear Editor,

People always hear about large-scale fisheries preservation efforts that are occurring along the North Coast and how the salmon run is doing for the year, but never hear of ways to help out. This is one of the largest flaws in preservation.

The public holds the keys to our watersheds, and they must know how to look after them. More time should be devoted in the paper that illustrates how everyone can help. There must be more educational information. The education does not have to be strictly on what laborious preservation project one can spend a weekend working on, but more through awareness.

The public needs to be aware of what is running down storm drains and the detrimental con-

sequence it has to our waterways. People need to know what they can do to prevent it, such as, not washing one's car with soap right next to a drain.

The public also needs to be aware of the effects of trash on waterways, so one will not hesitate to pick up a piece of trash while on a walk along a creek. This is information that can be easily passed from generation to generation. By educating the public that doing a little accumulates to a lot, we can preserve more than what may seem fathomable.

Ryan Darrow
Junior
Fisheries

Humboldt county gas too costly

Dear Editor,

I'm not sure if your readers are concerned about community events, but as consumers, they should be concerned about the outrageous price of gasoline in the area. How much longer can we afford to be robbed at the gas pump?

Why are all the major brand stations in our area charging exactly the same price? Why are the other stations (except Costco) charging exactly 2 cents a gallon less? Is this because nearly all these stations are owned or controlled by the three local distributors? Why is there essentially no competition except Costco? Maybe we need to ask Humboldt

Petroleum, Big Oil & Tire, and Renner Petroleum to explain why they continue to charge such outrageous prices at the pump? Is it just greed and avarice or something more sinister?

Are they trying to put Humboldt County on the map for having the highest gas prices in the nation? How high will gas prices go before the consumer has had enough? \$3 a gallon? \$4, or even \$5 a gallon? Will tourists soon avoid traveling through Humboldt County?

Joe Hood
Eureka

Send letters to the editor to thejack@humboldt.edu after you read the gray box below

How to reach the Forum section

• The Lumberjack welcomes submissions for **guest columns or guest cartoons.**

• Letters to the editor should be no more than **350 words** and guest columns no more than **750 words.**

• Letters and guest columns will be edited for grammar and spelling.

• Letters and guest columns must be received by **5 p.m. Friday** for next issue consideration.

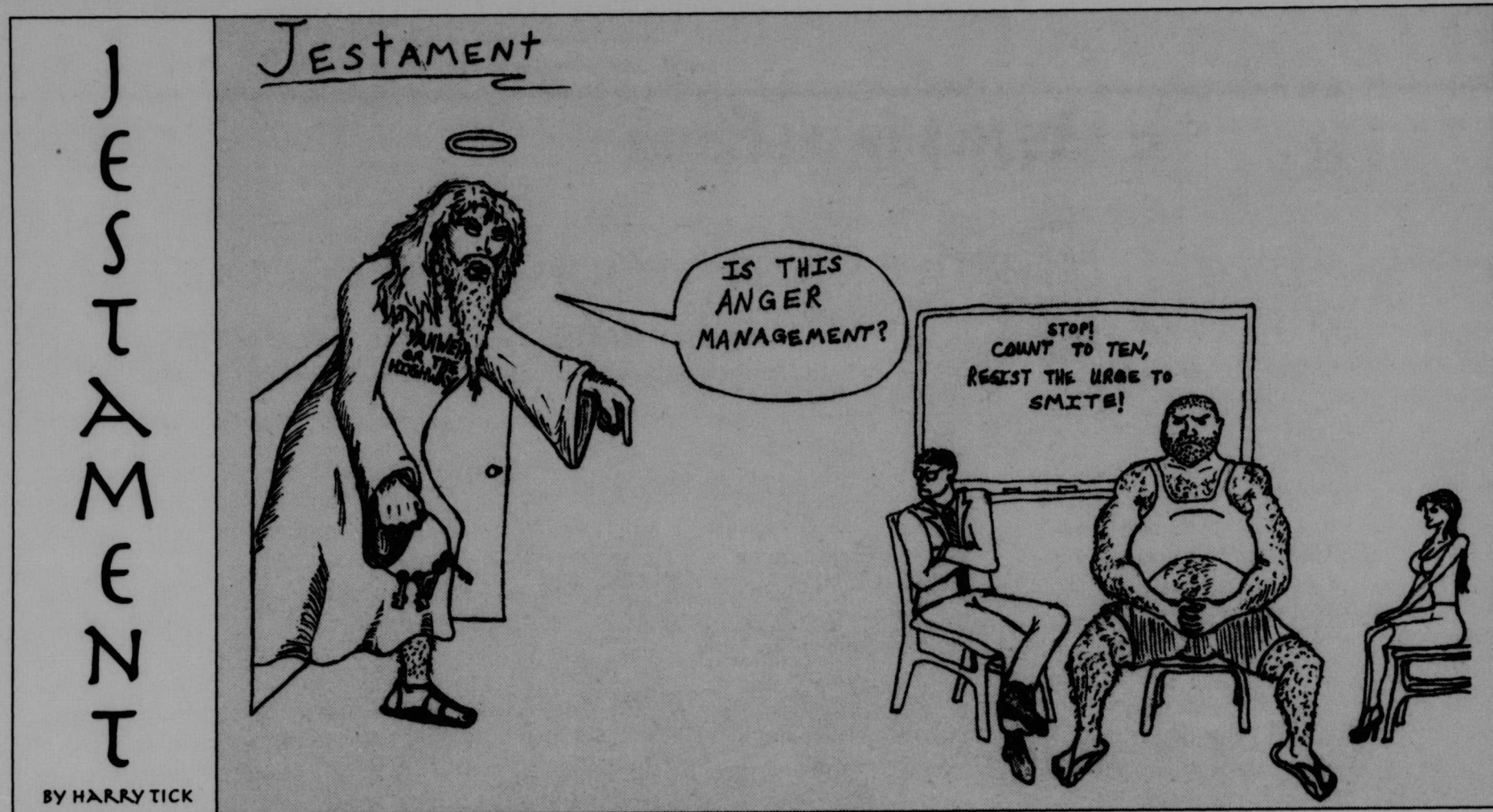
• Letters from the same author will only be published every **30 days.**

• Letters and guest columns **must** include the writer's **name, city of residence and phone number.** Also include **major and year in school** if a student.

• Letters can be e-mailed (preferred), faxed, snail-mailed or directly brought in to The Lumberjack.

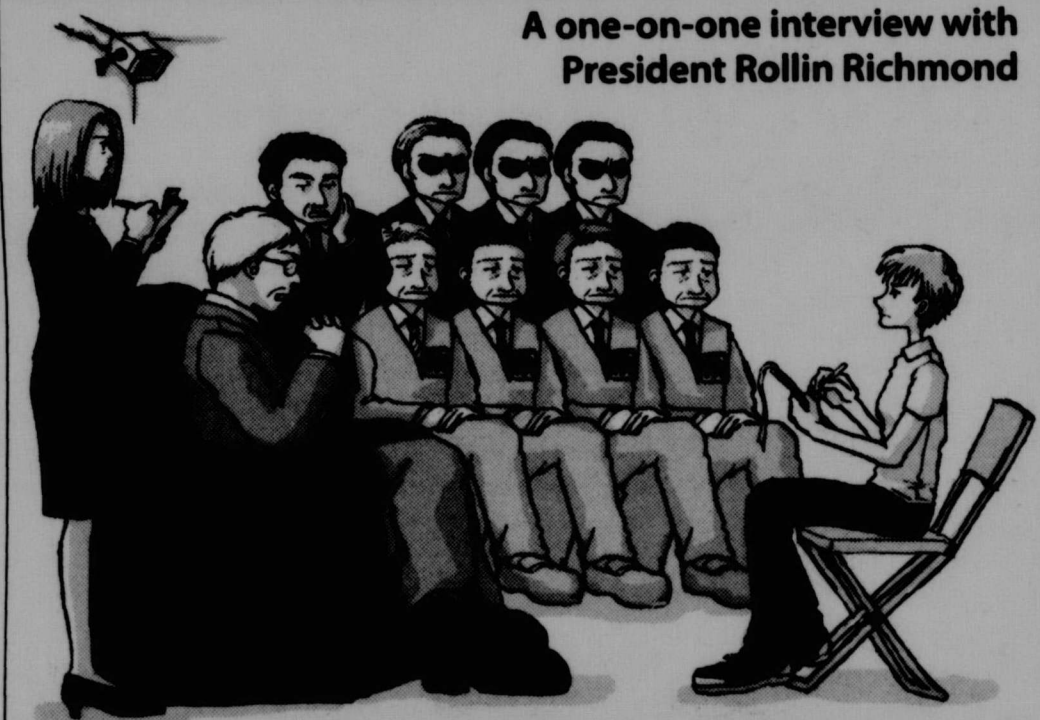
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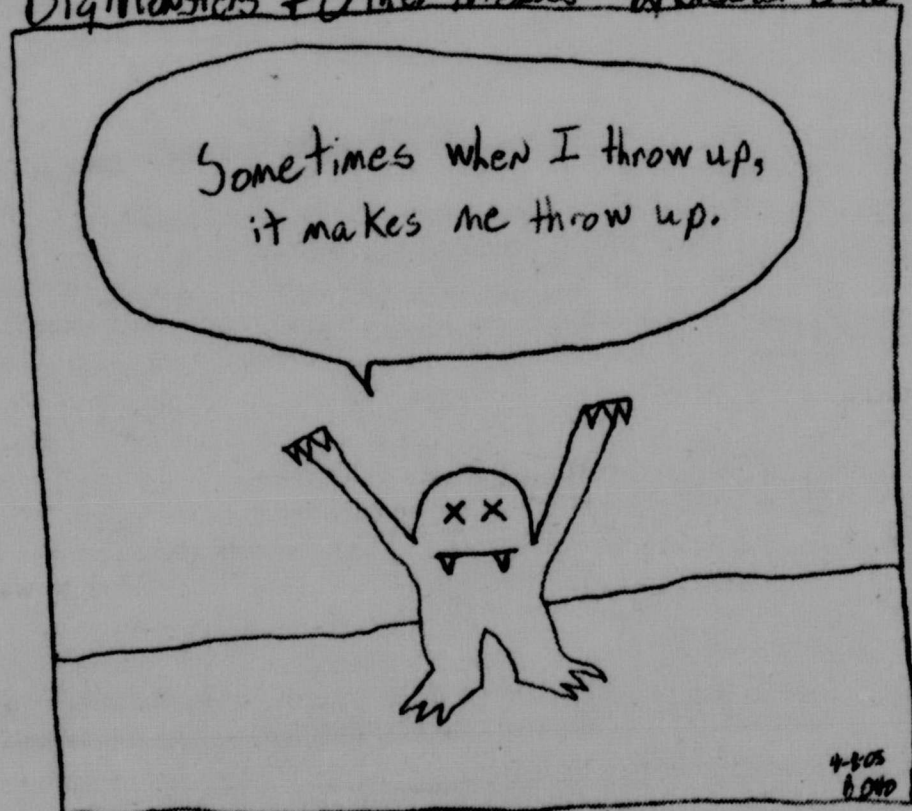


Adventures in Public Relations

A one-on-one interview with
President Rollin Richmond

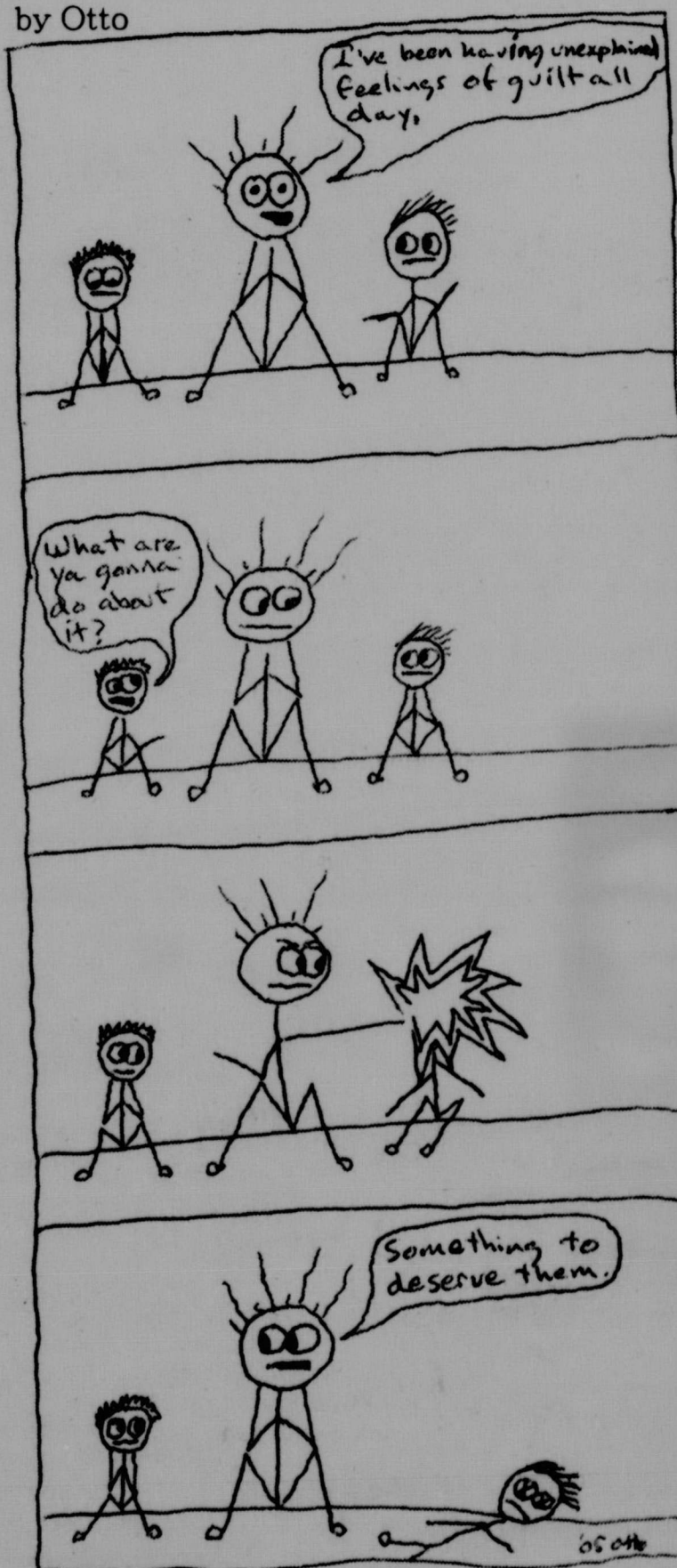


Big Monsters + Other friends by Brandon Otto



Mean Little Bastard

by Otto



Whaa
Whaaaaaaat?!

Stuff heard
out of context
on campus
and around town

"Pants? There's no
time for pants!"

When a student
was asked to
wear pants

"I'll take you all on
...one on one."

When a student
was asked to
fight a student

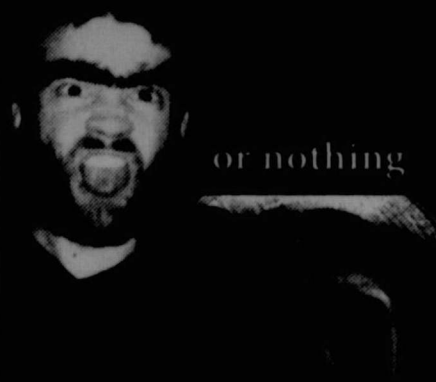
"I've been saving
my seed for over
20 years."

When a student
was asked to
fight a student

"Don't even try to
take me seriously.
I have no eyebrows."

When a student
was asked to
fight a student

**Eyebrow fashion
faux pas**
All



or nothing

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morous, shocking or
just plain weird?
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circumstances under
which you heard it, to
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To fluoridate or not to fluoridate, that is the question

Fluoride does far more good than bad

by Siddiq Kilkenny, director of North Coast Children's Services



Ingesting fluoride is risky business

by Paul Connett, professor of chemistry at St. Lawrence University, N.Y.

It is worthwhile to have discussions about our community health and the role of fluoride in our water system. Hopefully this process will help us all to learn something new.

We can learn that there is a concern in our country that large numbers of low income children do not have access to dental care and good nutrition and by the hundreds of thousands suffer from mild to very severe dental disease.

We can learn that it is a tragedy that the current president and the Congress are systematically disassembling the health and social safety net in the United States.

It is nice to know that a number of European countries who do not feel the need for fluoride in their water systems also have universal healthcare and very strong social safety nets.

As director of the Head Start and Early Head Start and other programs serving 900 children aged birth to five living in low-income families in Humboldt and Del Norte counties, I can verify without a doubt that we are in the midst of a dental disease epidemic that is affecting primarily low-income children.

Annually 35 percent of the children entering our program require dental treatment. Each year approximately 90 of those children have serious enough issues to require specialized treatment that frequently requires hospitalization.

This situation has partially come about as a result of a decline in the dental workforce, fewer dentists willing to accept Medi-Cal because of declining reimbursement rates, and the very small number of dentists trained to intervene with very young children.

Consequently, in Humboldt and Del Norte counties there are hundreds of children who experience severe pain on a regular basis because of their diseased mouths.

If fluoride is eliminated from the water system it is certain that more children will suffer. There is an overwhelming body of evidence that adding fluoride to water systems prevents tooth decay.

There is no proof that children in Arcata have suffered from fluorosis as a result of 50 years of fluoride in the wa-

ter. And while fluorosis does occur, it is generally the result of massive chemical spills, abnormal concentration of fluoride in the natural water of an area, or some other type of accidental exposure.

This community deserves intelligent discussion about issues of our health and I am very concerned about the scare tactics being used by the anti-fluoride folks.

They throw about the toxic label without any context, talk of a conspiracy by the aluminum industry; claim that the city is using contaminated material in the water system, and attempt to make you think that your next drink of water will cause you with Alzheimer's.

Fluoride is a natural element that is in air, water and soil and like many substances, if ingested in large amounts, it will make people ill.

Many essential vitamins and mineral our bodies need are toxic or lethal in high doses. This list includes vitamins A, C, E, B-6, calcium, iron, magnesium, zinc, manganese, copper, chromium, molybdenum, chloride, potassium and niacin.

The American Chemistry Society lists other everyday items: sucrose (sugar), salt, ascorbic acid (vitamin C), caffeine, capsaicin (peppers), corn oil, safflower oil, aspirin, Advil (ibuprofen), penicillin, guar gum (in most yogurts) as potentially carcinogenic in large amounts. Yet, in small amounts all these substances benefit us.

Arcata water, with one part per million of fluoride, has a three layer certification of quality indicating that it is essentially has no contaminants in it.

Do not be swayed by scare tactics, exaggerations and misuse of data. We can have better dialogue than that, check out www.fluorideinfo.com

Since the U.S. Public Health Service (PHS) endorsed water fluoridation in 1950 it has received ringing endorsements from many dental and medical agencies. However, after researching the literature on this matter for nine years I can confidently state that this practice is unwise, unnecessary, unsafe, ineffective, unethical, promoted unscientifically, and a massive distraction from the real causes of dental disease.

Incredibly, those who promote fluoridation most avidly cannot defend it in open public debate even when invited to do so by the U.S. Environmental Protection Agency. Nor are they able to answer my scientific questions in writing (see www.fluoridealert.org/50reasons.htm)

While most Americans drink fluoridated water, the vast majority of people in the rest of the world do not. Yet, according to the World Health Organization figures (www.fluorideaction.org/who-dmft.htm), their teeth are just as good as ours, if not better.

The largest U.S. survey found only a miniscule savings for those who drink fluoridated water: 0.6 of one permanent tooth surface out of the 128 surfaces in a child's mouth, and this was not shown to be statistically significant (Brunelle & Carlos, 1990).

In Australia the savings are even less: between 0.12 and 0.3 permanent tooth surfaces (Spencer, 1996).

In a 2004 survey, no significant difference was found in permanent teeth between children with lifelong consumption of fluoridated water and those drinking bottled water (Armfield & Spencer, 2004).

With the concession (CDC, 1999) that the benefits of fluoride are largely topical not systemic, the general decline in tooth decay in industrialized countries is more likely due to the universal availability of fluoridated toothpaste combined with a higher standard of living than it is to do with the risky business of ingesting fluoride.

One of the results of multiple sources of fluoride today, is the huge increase in dental fluorosis (enamel mottling and discoloration).

Early promoters believed that at 1 part per million (ppm) dental fluorosis would impact only about 10 percent of children, however today, at least 30 percent of American children are impacted (Heller, 1997), in Australia 40-56 percent (Spencer, 1996) and worldwide 48 percent (McDonagh, 2000).

While proponents argue that dental fluorosis is merely a cosmetic effect, a recent

study from Mexico shows that as the severity of dental fluorosis increases in children so does the frequency of bone fractures (Alarcon-Herrera, 2001).

Even though the early symptoms of fluoride's damage to bone are identical to arthritis and even though 1 in 3 American adults suffer from arthritis (CDC, 2002) no American agency has bothered to track fluoride levels in our bones to see if any of these cases are caused or exacerbated by fluoride.

While epidemiological studies on hip fractures in the elderly are mixed, the latest study from China indicates hip fractures doubled at 1.5 ppm and tripled at 4.3 ppm fluoride in the water (Li, 2001).

In animal studies, rats given drinking water containing 1 ppm fluoride, had an increased uptake of aluminum into the brain and beta amyloid deposits which are characteristic of Alzheimer's disease (Varner, 1998) and in human studies, children's IQs are lowered at 1.8 ppm (Xiang, 2003).

Other studies indicate that fluoride accumulates in the pineal gland (Luke, 2001), lowers thyroid function at 2.3 ppm (Bachinskii, 1985), increases uptake of lead into children's blood (Masters & Coplan, 1999, 2000) and lowers fertility at 3 ppm (Freni, 1994).

To all this we must add that about 1 percent of the population is hypersensitive to fluoride (Feltman & Kossel, 1968) and some evidence that osteosarcoma (bone cancer) is increasing in young boys living in fluoridated communities (Hoover, 1991; Cohn, 1992).

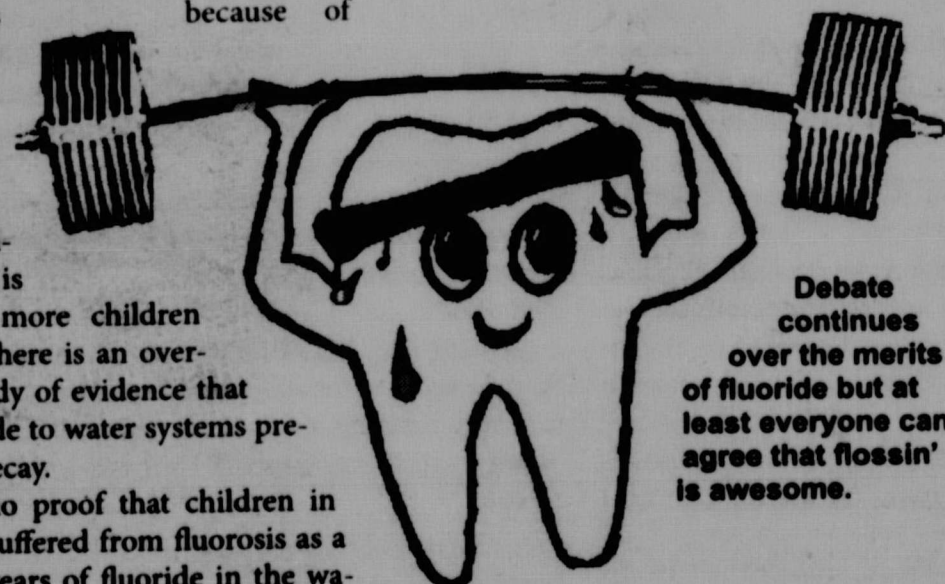
Thus to claim that fluoridation provides an adequate margin of safety is blatantly untrue and to force people to take these risks in order to save—at most—0.6 of one tooth surface is preposterous.

If more scientists were to review the primary literature themselves, instead of relying on second-hand digests from pro-fluoridation sources, support for fluoridation would quickly dwindle. As it is, without independent scrutiny, government agencies, freely using the public exchequer, seem more interested in protecting a long-standing policy than protecting our health.

Meanwhile, nature has given its own verdict on this debate: the level of fluoride found in mothers' milk (0.01 ppm) is 100 times lower than the level added to water in fluoridation schemes (1 ppm).

I am prepared travel to Humboldt County to debate any promoter of fluoridation (local or national). Are there any takers?

For Paul Connett's contact information e-mail thejack@humboldt.edu



Tipsy taxi: works for UC Davis, why not HSU?

Erin Tracy

Guest columnist

It's a typical Friday night in Arcata and you and your friends are attending a party. Suddenly, police officers arrive to end the evening. Nearly everyone has consumed too much alcohol and you immediately wonder how you will get home. What are your options?

You can drive and risk getting a DUI, or even worse getting in an accident, which may result in injuries or fatalities. You can walk, assuming you're not one of the many people who lives in surrounding areas like McKinleyville or Eureka. Even if you are feeling up to a 10 mile walk, chances are you will be stopped for public drunkenness or walking along a highway. Since the buses stopped running hours ago, your last option is to call a cab and be charged no less than \$20 for a five minute cab ride. Your future, your very life, could depend on the choice you must make.

HSU should be more involved in insuring its students' safety. Acting Chief of Police Tom Dewey said the University Police Department's chief responsibility on weekends is to patrol the one-mile radius beyond campus to insure that students who live on campus get home safely. UPD arrests at least one student every weekend for driving under the influence.

These students may arrive home safely, but only after spending the night in jail and acquiring a police record. Dewey said the majority of DUI arrests come from the Arcata and Eureka police who are patrolling the bar areas.

Students need an alternative, and one university in particular has provided an extremely successful program. In 1985, UC Davis established the aptly named Tippy Taxi service.

Dave Seiler, the director of the Tippy Taxi service at UCD, said the university started the program by simply paying taxi drivers to pick up intoxicated students. In 1996 UCD took matters into its own hands and purchased a few 20-passenger vans that operate Thursday through Saturday nights. Drivers pick up students from their homes and take them to bars or parties. They also return to deliver them home safely. The only thing the service requires of its students is that they make an appointment and contribute \$1 toward expenses.

I'm puzzled as to why our university has not implemented a similar program for its students. Dewey said that a tippy taxi program would be a "mixed blessing."

"Every life you save is invaluable, but I don't know if such a system could sustain itself here," he said.

I agree there would be a lot of costs associated with starting a taxi service. The 15-passenger vans HSU has each cost \$700 to insure. Drivers must possess a class B license and receive appropriate training. Gas prices are skyrocketing and the reimbursement rate for government vehicles is 40 cents per mile.

Also, liability insurance must be taken into consideration. Chief Engineer of Plant Operations, George Wright said, "There is the issue of an intoxicated person injuring himself or another person."

Everyone I spoke with about this issue was pessimistic about whether the school would be able to fund a taxi service. I realize we are in the midst of significant budget cuts right now, but how can the university even consider doing cost-benefit analysis on its students' lives?

UC Davis' student government allocates \$30,000 for its Tippy Taxi program to cover insurance and maintenance costs, gas, and a \$9-an-hour paycheck for the student drivers. This year they made \$22,000 from the program. None

if this money is given back to the student government, but the program could essentially survive for approximately \$8,000 dollars.

HSU has a much lower enrollment than Davis, so we would need fewer vans and drivers. However, there is no doubt in my mind that the percent-

age of students using this service would be as great, if not greater, than that of UC Davis. For the program to be virtually self-sustainable HSU could charge \$3-\$5 instead \$1. What student wouldn't choose this service when the alternatives could be so much more costly?

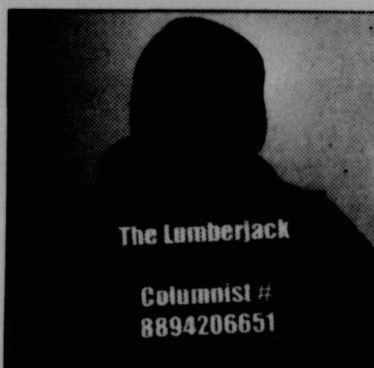
The last issue brought up by Officer Dewey was that drunken students can be violent. He believes that if a big white van pulls up at the Plaza, people are going to want to get in regardless of whether they have an appointment.

UCD's Seiler said that sometimes the drivers will break the appointment rule if they are going in the same direction anyway. As far as unruly and disrespectful passengers Seiler said, "Everyone loves Tippy Taxi drivers because they drive them around when they're drunk."

Let's have a little faith in HSU students and know that they too would be grateful for such a program and respect the rules and the drivers.

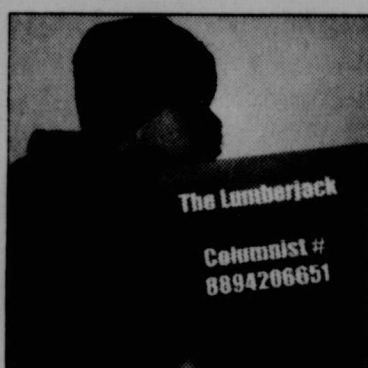
Erin Tracy is a journalism senior and will be graduating in May. With any luck, she will have a safe ride home from the ceremony.

Arizona's own brand of vigilante border patrol



Luis Molina

Production Manager



Arizona, if a person has a license, he or she can carry a handgun in public as long it's not concealed. It's like the Wild West era in the 2000s.

Instead of Billy the Kid, La Mara Salvatrucha (translated to the Salvadorian Gang) will oppose the "sheriff." The Washington Times last week reported that MS members were on route from L.A. to Arizona to "teach the Minute Men a lesson."

MS is one of the deadliest gangs in America. People don't get jumped into MS, which is common method amid street gangs. The prerequisite is the homicide of a rival.

This is not civic-minded gang banging.

It would be naïve to think there aren't any ulterior motives behind the protection. Money laundering, drug smuggling, people smuggling are some of the activities that the gang could be involved.

The place where the story becomes convoluted is when the immigrants come into play. They are caught in the middle of the dilemma like the bulldog in Tom and Jerry. Most people come to the United States because they want to escape poverty.

Latin America is an association of Third World countries. Their economy has been ravished by the policies of the World Trade Organization, the World Bank and the International Monetary Fund.

On top of that, the United States advertises the American Dream as the solution to poverty.

The American Dream is a great super-sized package. The deal-maker for most immigrants is the copious jobs — farmer, nurse for the terminally ill, maid, CEO of Microsoft, gardener, President of Ford and baseball player with steroids on the side.

When immigrants come to the United States, it has always been about survival. Everyone has the right to fight for survival.

The Minute Men have the right to protect their coun-

try and property. How would you like it if 50,000 people walked across your lawn while you were trying to burn a cross?

The Minute Men's survival isn't threatened because immigrants more often than not do jobs Americans don't want. Immigrants help keep prices down because their labor is underpaid.

Anyway, there is a history that led up to the events of April 4. Originally, the massive migration of Hispanics and Asians started in the '60s with the passage of the Civil Rights Bill and the Hart-Cellar Act. Most of us (Latino) in the '60s and '70s came through San Diego. The BP raised big-ass walls and the signs of the little girl running across the freeway.

That forced the migration to move to Texas. An increase in BP officers and erecting of walls forced the migration through the Arizona desert.

According to Department of Homeland Security documents, 340 people died attempting to cross the Arizona-Mexico border in 2003. As of May 1, 2004, 82 people had died.

People die mostly of dehydration and malnutrition. The Mexican government to ameliorate the problem of people dying last year released pamphlets on how to safely migrate.

The Mexican Army goes on regularly scheduled patrols. Its government doesn't have jobs to offer so it does what it can to protect its population. It's caught between a rock and a red state.

It's just like this situation: funny, without an easy solution. People are forced to do what they can for survival.

Gang banging survival tip: don't wear bright clothing when there are threats of drive-by shootings.

Luis Molina can be reached at nandom5@hotmail.com

Northern neighbors will experience drought

With low rainfall, Oregon and Washington will be thirsty this summer

Tara Apperson
Feature Editor

Northern California can be considered lucky. This past winter has left the area prepared for a warm and fruitful summer, while Washington and close neighbors in Oregon are already dealing with severe drought.

Before the recent storms in the last few weeks, it may have seemed like a dry winter on the North Coast to some.

But there is no need for alarm, Richard Stepp, an HSU physics professor who has his PhD in meteorology, said. Northern California is within a tenth of an inch of expected rainfall to date. It seemed like a dry winter because there was an earlier accumulation of rain than usual, Stepp said.

"What actually happened is that it started raining fairly heavily fairly early. We got way ahead of average, then going into December [the rain] just quit and we fell quite a bit behind average."

Fortunately, Northern California has caught up in its needed amount of precipitation. Counties in Oregon and Washington however, were not as lucky. Even Klamath County in Oregon, which is on the border of California, had received 41 percent of its average precipitation as of last Friday.

The upper Klamath River basin, which covers 5.6 million acres in Oregon and parts of north central California, is facing severe water deficits, and those who use the water are already planning accordingly.

Although it did rain last weekend, it will not come close to making up for the loss, said Ryan Sandler, meteorologist for the National Weather Service in Medford.

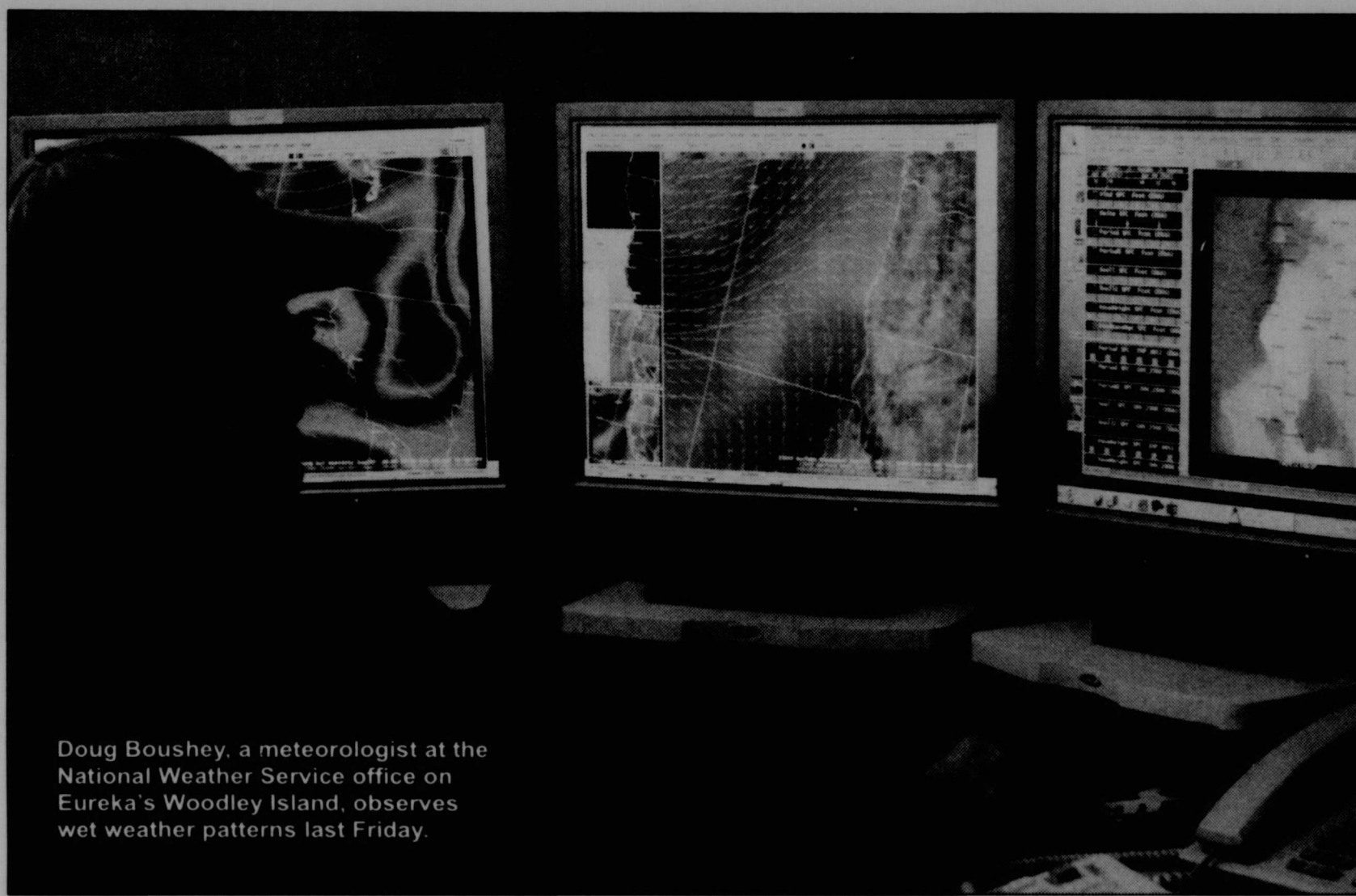
One of the contributing factors to the lack of water is the smaller-than-usual snowpack in the mountains, which is nature's way of storing water until the spring thaw.

Sandler said officials had considered a declaration of drought for the entire state of Oregon, but because of increased rainfall in March and April, they will hold back on their decision.

"This rainfall is helping, but they're still going to be behind," Sandler said.

While our northern neighbors may have to deal with withering crops, shallow rivers, fishing restrictions and fire hazards this summer, Northern California will be surrounded by green grass, plentiful agriculture and flowing water, all because the jet stream continually led storms through Northern California, and then to the southern part of the state, which received double the amount of usual rainfall in some areas, such as San Bernardino and Death Valley.

"We are essentially slaves of the jet," Stepp said.



Doug Boushey, a meteorologist at the National Weather Service office on Eureka's Woodley Island, observes wet weather patterns last Friday.

Tara Apperson

According to Sandler, Northern California should consider itself blessed because "it could have been a lot worse."

Northern California's agriculture has not been negatively effected because of the weather. Katie Delbar, the county executive director for farm service agencies, said "everything seems normal and up to date."

"This rainfall is helping, but [Oregon is] still going to be behind (in water storage)."

Richard Stepp
Meteorologist and physics professor

Delbar also said there is always the possibility of things going downhill; for example, if it stopped raining all together for the next few months. Also, if it rains too much at the end of the season, there may be difficulties with crops. When

it rained heavily last October, some corn crops could not be harvested due to flooding.

The weather also greatly affects fish and the fishing industry.

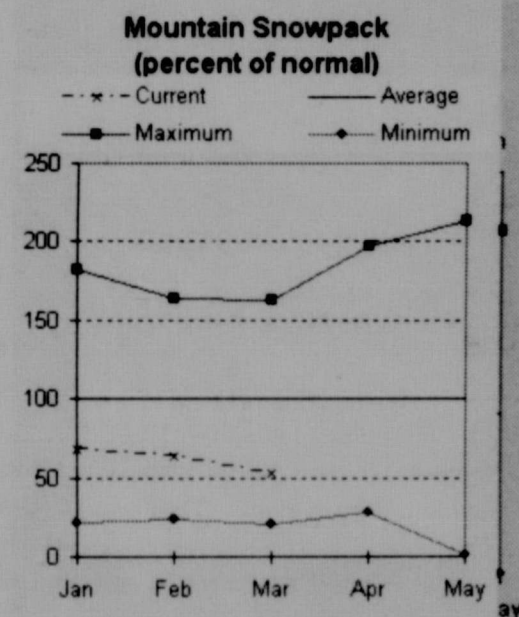
"Oregon and Washington didn't get their snowpack this year, and that could cause problems for the fish," said Fisheries Biology Professor Terry Roelofs.

Fish depend on many facets of the weather. If there is not enough stream flow, fish may not be able to migrate up or down stream. Also, if the stream is too shallow its temperature can rise, increasing the chances for bacterial growth.

This problem could occur in Washing-

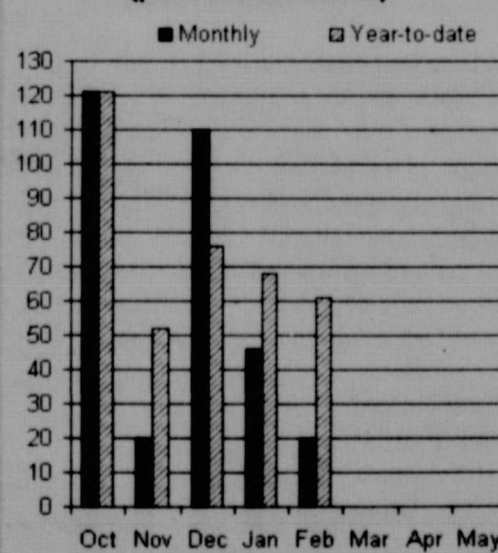
See WEATHER, pg 29

At the end of February reservoir storage for Clear Lake, Calif., Gerber Reservoir and Upper Klamath Lake in Oregon are at 72 percent of average. Meteorologists say the snow water level for the state of Oregon was at 53 percent of average in March.



courtesy of www.nrcs.usda.gov

Precipitation (percent of normal)



courtesy of www.nrcs.usda.gov

February precipitation was only at 20 percent of average in the Klamath River Basin, the lowest statewide. Meteorologists say residents should expect a water shortage and make plans accordingly.

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Jefferson Cox-Grubbs

Great battery roundup

After being No.1 for four years in a row, will Humboldt county keep its title?

Robert Deane
Staff writer

After coming up with the largest number of dead car batteries for four consecutive years, including 1,815 for the month of April 2004, Humboldt County will strive to maintain its top position in this year's Great Battery Roundup.

The Great Battery Roundup is a nationwide event hosted by the American Automobile Association.

Louise Jeffrey, the waste reduction coordinator for Humboldt County, said the event is conducted by region. The AAA will donate \$2 per battery to a local nonprofit organization.

Last year \$3,630 was awarded to Friends of the Arcata Marsh based on the number of batteries Humboldt County residents turned in.

Since the county's participation in the event began, Friends of the Arcata Marsh has been the beneficiary for the Great Battery Roundup, said Sue Leskiw, Friends of the Arcata Marsh member.

Other nonprofit organizations and jurisdictions in California are getting more involved and may give Humboldt County a run for its money, Jeffrey said.

This year, with the involvement of the Manila Community Services District, the money generated by Humboldt County will be split between the two nonprofit organizations, said Judy McKinley of the Eureka AAA office.

"We hope (Friends of the Arcata Marsh and the Manila Community Services Dis-

trict) will come up with a joint project," McKinley said.

Jeffrey feels the event is important to the community.

"This event shows how when (two) agencies team up, they can help the community," Jeffrey said. "It also helps give the community an outlet for disposing used or dead car batteries."

She also said the Manila Community Center wants to make sure people drop off their batteries by the drop-off dates so that the sites will be prepared to handle them properly.

"This event shows how when (two) agencies team up, they can help the community."

Louise Jeffrey
Humboldt County Waste Reduction coordinator

The Great Battery Roundup takes place from April 13 through April 23. The dead batteries will then be recycled into new batteries, and can be dropped off at the Arcata Community Recycling Center, the Corporation Yard

located in front of Perigot Park in Blue Lake, and the Tetrault Tire & Auto Service, The Lube Rack, Eureka Community Recycling Center and InterState Battery in Eureka.

The AAA suggests residents use caution when handling dead batteries. Safety tips include wearing gloves and safety glasses, and placing them in a cardboard or plastic container.

If battery cases are cracked or leaking fluid, make sure the container being used to transport the battery is leak-proof and that the battery is secure to prevent shifting as you drive. Do not smoke or expose batteries to an open flame.

Robert Deane can be reached at rw66@humboldt.edu

WEATHER: All will be green in No. Cal

continued from pg. 27

ton and Oregon.

Too much water can also cause problems because fish eggs can be washed away, affecting the fish population.

Roelofs said fish have evolved to deal with extremes in their environment, but five or six years of drought could cause major problems for the multi-million dollar industry.

The fire season, also partly dependent on weather, could cause problems in parts of Oregon and Washington. The outlook for Northern California is pretty normal, said Reg Kennedy, a meteorologist at the Eureka National Weather Service.

The California Seasonal Fire Weather/ Fire Danger outlook report, which predicts the fire season outlook for the summer indicates that most of California is in the normal range of fire

danger. The Oregon border, however, as well as in the southeast part of the state, the fire season outlook is above normal.

The temperature outlook for July, August and September indicates that most of California has a 33 percent chance of being warmer than average, and the Oregon and Washington coasts have a 40 percent chance of being warmer than average.

John Stuart, the chair of the Forestry and Watershed Management Department, said, "Just because it's dry doesn't mean it's going to burn."

Stuart pointed out that although the heat and dryness are part of the combination that causes fires, an ignition, such as lightning, is needed.

"The timing has to be perfect," Stuart said.

Tara Apperson can be reached at tmapp2@hotmail.com

"We are essentially slaves of the jet."

Richard Stepp

Meteorologist and physics professor

Birdwatch

April 3

- 6 orange-crowned warblers – Shea Park

April 4

- 2 palm warblers – Arcata Marsh
- swamp sparrow – Arcata Marsh
- Lincoln's sparrow – Arcata Marsh

April 5

- 2 white-winged scoters – Arcata Marsh
- palm warbler – Arcata Marsh
- loggerhead shrike – Redwood Creek
- 9 ring-necked ducks – Big Lagoon
- 2 wood ducks – Big Lagoon
- 5 hooded mergansers – Big Lagoon

April 6

- 4 pacific-slope flycatchers – Prairie Creek Redwoods State Park
- 4-6 cliff swallows – Arcata Marsh
- Caspian tern – Arcata Marsh
- palm warbler – Arcata Marsh

courtesy of
nwcalbird@yahoogroups.com

Science Clips

Panda Love

Giant pandas, Bai Yun and Gao Gao, parked themselves under their favorite bush and mated for two days San Diego Zoo officials said Saturday.

This is the second time in the zoo's history the two pandas have mated successfully. The first occasion resulted in Bai Yun giving birth in 2003 to the cub Mei Shing.

Mammoth fossil found

The fossilized remains of a mammoth believed to have been between 400,000 to 1.4 million years old, was uncovered by a construction crew in Moorpark, about 50 miles north of Los Angeles, paleontologists said Friday. Believed to be an ancestor of the Columbian mammoth, which lived 30,000 years ago and was found at the La Brea Tar Pits, it is believed that it was 14 feet tall, weighed 10 tons and were the first mammoths to reach North America.

Butterflies are everywhere

Due to heavy rains, billions of painted lady butterflies have made it to California in what scientists believe is a record migration.

Caterpillars will take advantage of bumper crops to feed, while adults will fly to Southern Oregon to mate. They will return to the desert in the fall. Painted ladies have a wingspan of 2 to 3 inches and are orange-black with brown patches. Males can be seen perched on shrubs and on patrol in the afternoon in search of females.

Great white shark

Monterey Bay Aquarium officials have decided to let the female great white shark go. The shark came to the aquarium after its capture by an Orange County fisherman.

During captivity the shark gained 100 pounds and the aquarium decided it was getting too big and too aggressive to remain in the exhibit. This is the first time a great white has stayed alive for more than 16 days and eaten regular meals.

Compiled by Jessica Cejnar

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Sayaka Rifu
Managing Editor

Acupuncturist Rachel Farber used to be afraid of needles. She still doesn't like the idea of needle pricks, but she loves what acupuncture does to the human body.

"The effects are so wonderful, it's worth it," she said.

Acupuncture is a treatment using thin needles to stimulate 400 points just beneath the skin to enhance positive physical condition.

She said the treatments are painless and that she developed a very gentle method by using the thinnest possible needles to make the process less intense.

Farber said there are many different theories to how acupuncture works, but she believes that it activates the oxygen and blood flow and it affects nerve pathways.

Although controversy still exists on how exactly the treatment works, Farber said the effect of Chinese medicine is proven by 5,000 years of application.

Farber practices traditional Chinese medicine at The Oasis by the Co-op

in Arcata. Chinese medicine includes acupuncture, massage, herbal and nutrition counseling.

Farber said she often treats patients with digestive problems, mood disorders and respiratory issues.

Farber said both Chinese medicine and western pharmaceuticals have their own strengths. She said Chinese medicine seeks to address the root of the problem instead of just treating the symptoms.

For example, if a patient is suffering from insomnia, Farber said, Chinese medicine practitioners will seek not only to sedate the person, but treat the underlying problem which is causing the sleeplessness, such as nutrient deficiency, stress, and/or organ imbalance.

An acupuncturist must attain certification through formal academic training, as well as go through an exam to achieve a state license. Different states have different qualifications for acupuncture practitioners. Farber earned her qualification at the American College of Traditional Chinese Medicine, an accredited school in San Francisco. She began to practice acupuncture in Arcata three years ago.

"I've been developing community with patients beyond the treatment," she said. "I enjoy working with people here a lot."

HSU Health Center Director Re-

becca Stauffer uses acupuncture to improve her health.

"[Acupuncture is] most useful when muscle tension builds up," she said. "I actually prefer acupuncture over drugs for the problem."

Stauffer said people hold many options today to improve their health. Holistic medicine can be used in place of traditional medicine or as an additional treatment to health, she said.

"Overall, some of the alternative health care (options) are more and more accepted as a good adjunct (to the pharmaceutical treatment)," Stauffer said.

Individual practitioners at the center may suggest the use of holistic medicine, Stauffer said, but students should not use the alternative health care to treat serious symptoms. She also said students must understand that the cen-

ter's physicians are not specialized on the topic.

"As long as [students are] safe and as long as they're seeing an authorized practitioner, it's fine," Stauffer said.

Some students welcome the holistic approach to health, but the

soothing massage therapies can be a bit too expensive for them. Many massage therapists and acupuncturists who provide services in Arcata usually charge more than \$60 for an hour of massage or an initial acupuncture treatment.

On the other hand, Arcata School of Massage provides hour-long massage sessions by student interns for \$25. The school accepts 10 to 15 patients a day, including HSU students.

The director and owner of the school, Aaron Steinberg, said it's a common practice for massage schools to have a hands-on internship program, but his school is the only facility that offers such an internship in Humboldt County.

Steinberg said the massage industry grew 25 percent nationwide in the last two years. Career opportunity is tremendous and that is why the school kicked off its first semester last year with a full class of 14 students, he said.

Steinberg said most of the people who come to the school's clinic have never experienced massage before.

"In fact, we screen out the customer who has a regular therapist," he said.

To avoid taking business opportunities away from other local massage therapists, Steinberg said on the first visit the staff inquires about the customers past massage experience and politely requests that they stay with their regu-

see MEDICINE, pg. 33

Holistic health: A trend worth trying?



Sayaka Rifu

Naomi Withers, the office manager and herbalist at The Oasis in Arcata browses the selection of herbs sold at the store.

Koinonía

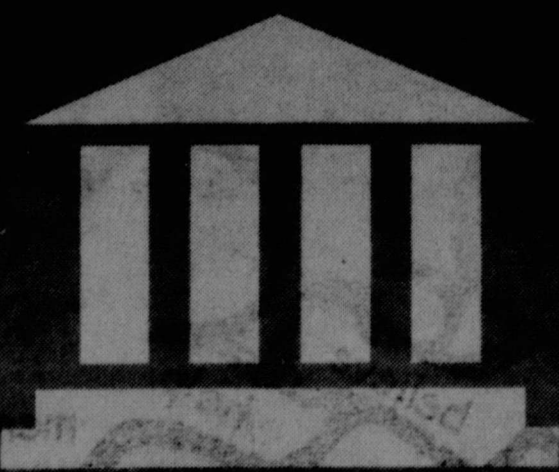
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Application and essay are due at the Office of the Vice President of Student Affairs, Nelson Hall East 216, by noon on April 22, 2005.

Tuition, travel, living expenses and a stipend will be PAID by the Panetta Institute for Public Policy. This Congressional Internship Program runs from September through mid-December 2005. Support for the program is provided by both the Chancellor of the SJU system and the trustees of the Panetta Institute.

For consideration, students must have a minimum 3.0 GPA and be a member of the community and public service.

Students who are accepted to the program will be required to complete the application and essay by the deadline.

For more information, contact the Office of the Vice President of Student Affairs, Nelson Hall East 216.

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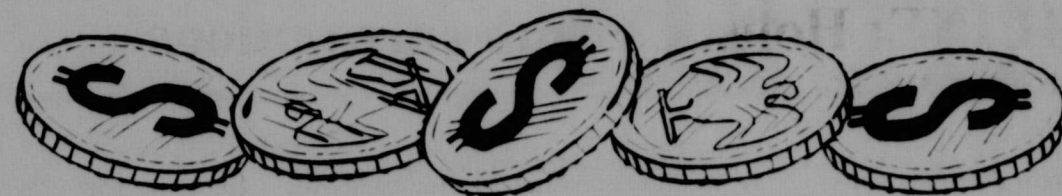
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How to get a chunk of change

A simple guide to investing in mutual funds

Investing Vocab



Learning how to invest is an overwhelming task. From real estate to stocks, there are a plethora of options. Here are a few basic definitions that may help clarify some confusion.

Investing: To commit (money or capital) in order to gain a financial return.

Stock: An instrument that signifies an ownership position (called equity) in a corporation and represents a claim on its proportional share in the corporation's assets and profits.

Bond: A certificate of debt issued by a government or corporation in order to raise money with a promise to pay a specified sum of money at a fixed time in the future and carrying interest at a fixed rate.

Interest: The fee a lender charges to a borrower for the use of borrowed money, usually expressed as an annual percentage of the principal; the rate is dependent upon the time value of money.

Principal: The amount borrowed, or the part of the amount borrowed which remains unpaid (excluding interest).

Equity: Total assets minus total liabilities; here also called shareholder's equity or net worth or book value.

Broker: An individual or firm which acts as an intermediary between a buyer and seller, usually charging a commission.

Thadeus Greenson

Staff writer

When Bryan Plumley speaks on career days at local high schools he tells students to follow their passions and not to worry about money, seemingly odd advice from a financial advisor.

Plumley, the Arcata investment representative for the investment firm Edward Jones, believes that monetary security can be achieved through sound financial planning and investing.

"If a person starts saving and investing at 20," Plumley said, "and they save for 20 years, most people won't ever have to save money again."

Al Abrahames, the Eureka branch manager for Beckman Investments (another investment firm), agrees that saving and investing are best started young.

"(Saving and investing) offer a good way to get ahead in this tough world," Abrahames said, "and every once in a while you get a nice stock that just takes off."

"One way that students can get started," Abrahames said, "(is by) only investing a small amount in mutual funds."

Mutual funds allow people to invest a sum of money into an ownership group that owns stock in as many as hundreds of different companies.

Experts consider mutual funds safer investments than owning stock in a single company because your investment is diversified, relying on the overall success of a group of companies rather than the performance of any individual company.

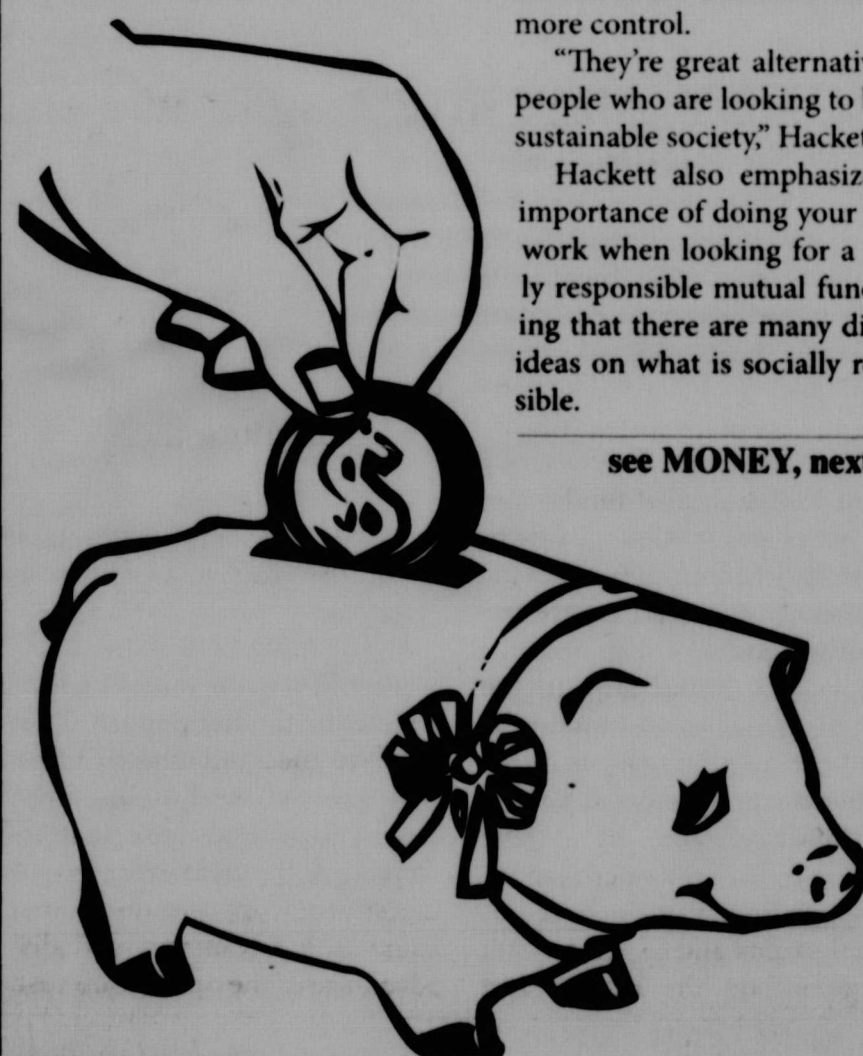
It is also possible for investors to pick and choose mutual funds that invest in businesses which hold similar ideals to their own. Socially responsible mutual funds run screens to exclude businesses which they believe to be practicing business in a morally objectionable way.

Steve Hackett, chair of the economics department at HSU, thinks that socially responsible mutual funds offer investors a bit more control.

"They're great alternatives for people who are looking to build a sustainable society," Hackett said.

Hackett also emphasized the importance of doing your homework when looking for a socially responsible mutual fund, noting that there are many different ideas on what is socially responsible.

see MONEY, next page



MEDICINE: Holistic health care options

continued from pg. 31

lar therapists if they have any.

Political science senior Andrea Tyler is one of the many HSU students who benefit from the school's inexpensive massage therapies.

Tyler said she would want an experienced practitioner for unfamiliar treatments like acupuncture and colonics, but perfectly fine with inexpensive massages provided by interns.

She said the affordable massage is a good option to have as a student.

Tyler said many people in Arcata know a lot about alternative health care options such as massage or herbs which makes it easier for those interested to have access to new material and methods.

Sabel Regalia, the herbal specialist at Moonrise Herbs said she began studying herbs four years ago, when she needed an alternative to the malaria pills she was supposed to take before traveling abroad.

"It opened up a whole new world," she said.

Regalia said she loves to help people by providing information to bridge the gap between people and plants.

"I'm not healing [the customers], plants are," she said. "I give a little advice."

Regalia said people often come in with lung infections from lingering colds—the Humboldt "crud." She said one of the herbs that works well with lung infection is usnea.

"It's funny because usnea grows here," she said. "It grows in damp, moist, foggy areas."

Regalia said herbs could be divided into cooling herbs and heating herbs. One of the many questions she asks her customers is, "Do you have a hot body or a cold body?"

Regalia said she makes recommendations based on the answer.

She said herbs work differently for different people, and the same can be said about pharmaceutical drugs.

However some doctors assume the same pill has the same effect on every person, she said.

"[Using herbs as an alternative is] a self-empowering process," she said. "It's about listening to yourself and your body."

Regalia said in general, holistic medicine is more accepted now because people are looking for more options.

She said using herbs is often cheaper and generally safer.

"[Herbs have] been used for thousands of years," she said.

Regalia said just as pharmaceutical drugs have side effects, some

herbs do too.

She said herbs are not always the safe alternative because of this.

"Herbs support the structure and function of the body and nudge your body into the right direction," Regalia said. "Pharmaceuticals take over your body without really fixing the problem."

No license is required to be an herbalist. Regalia said she learned about herbs at Northwest School of Botanical Studies.

"You can get a (bachelor's) degree in Naturopathy," Regalia said. "In Europe there is a certification (for herbalists), but the United States doesn't have one."

Sayaka Rifu can be reached at sr26@humboldt.edu



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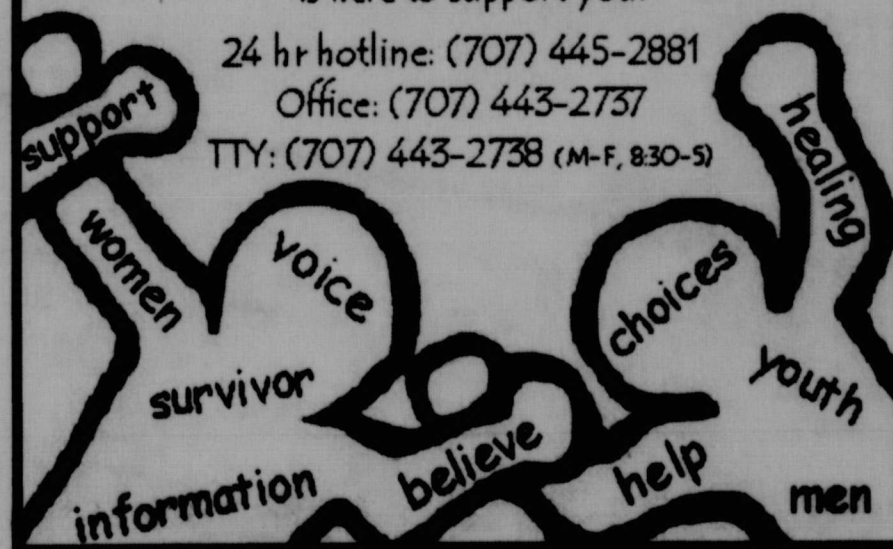
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MONEY: Start investing now

continued from previous page

Some might screen for weapons manufacturers, while others might screen for businesses that support a particular political party.

Mutual funds are also considered attractive investments because they can be relatively cheap. Some mutual funds offer buy ins as low as \$200. A buy in is simply the minimum initial investment that is required to enter a mutual fund.

After the initial buy in, the investor is free to add money as they wish in relatively small increments (some as low as \$25).

While investing in mutual funds is considered safer than investing in single stock, your potential profits and losses are still dependent on the market and

there is no protection against a crash.

"You don't want to venture into things without understanding them."

Steve Hackett

HSU economics department chair

In addition to mutual funds, a plethora of other opportunities exist for those looking to invest their money. Real estate, single stocks, individual retirement accounts and bonds all offer unique investment opportunities that come with advantages and disadvantages. The options are vast,

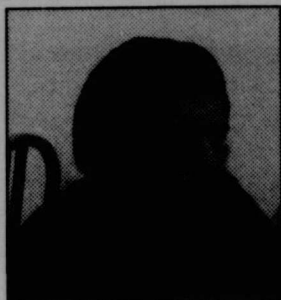
and can be quite overwhelming.

Though it is possible to invest without help, Hackett advised against trading without a professional or an intricate knowledge of the market. "You don't want to venture into things without understanding them," he said.

While Plumley agrees that it is possible to invest without consulting a professional, he generally warns against it unless the investor has a passion for doing research and a genuine interest in the market. "In life, you pay others to do the things you hate so you have more time to do the things you love," Plumley said.

Thadeus Greenson can be reached at tgreenson@hotmail.com

Who is your favorite teacher and why?



Scott Clore
Junior
Wildland soil science

David Bullard (Music/Lecturer)

"He's definitely the best guitar teacher I've had. He's a really good player and teacher."



Heather Burke
Senior
English

Christina Accomando (Womens studies/Professor)

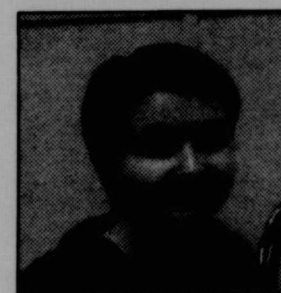
"She encourages students to see issues of race, class and gender where they might be overlooked."



Torrey Carson
Freshman
Marine biology

Jeffrey Dunk (Environmental science/Lecturer)

"Just because he was humorous in his lectures."



Heidi Archibald
Senior
Biology

Jacob Varkey (Biological sciences/Professor)

"He really gives his all to his students. He makes sure you get what you need so you can succeed."



Paula Cedillo
Senior
Psychology and Art

J. Steven Wright (Math/Lecturer)

"He's very patient with his students. He breaks things down so we can understand."



Jesse Senestraso
Junior
Nursing

Deborah Roberts (Nursing/Professor)

"She has the student's back."

Live walk-through theater in Arcata

"The Real-er World," a play by the Humboldt Repertoire Theatre, takes over a house for the next two weeks

James Egan
Campus Editor

For \$10 you can have the chance to be a fly on the wall of a dysfunctional Arcata household in "The Real-er World," a unique production based on the MTV reality show of a similar name.

The actors have no stage and the audience has no seats in the free form-improvisational show, where the characters wander around a two-story Victorian house as if nobody were watching. Audience members are free to roam wherever they wish, following whatever characters they want.

The actors do an eerily good job of ignoring the audience. Not once was I able to trick one into making eye contact, and if you're in their way they'll just worm around you without a word.

The free-roaming format makes for a truly unique experience. On Friday twenty-some audience members crowded around whatever characters were the most interesting.

Right up front, audience members are warned to keep a certain distance from the actors. The distance of five feet or so was almost impossible to maintain, since there would often be large groups crowded into small space. As a result, there were numerous comical audience-actor physical interactions.

When two characters got into a fight in the upstairs hallway, a pretty hefty guy was thrown into me. I also witnessed a woman getting pelted with a chip, a woman having to shimmy up onto a table to keep from having characters roll into her, and a man flinching when a character pulled a knife out of

her sleeve just a few feet from his head. But the accidental physical interactions just added to the fun of the show.

Although there is a basic plot, all the lines are entirely improvisational, which makes the show vary greatly from night to night. On Friday, the alcoholic asshole character "Mike," hilariously played by Zack Rouse, delivered a five-minute speech about how he thinks he's possessed by the devil, which hadn't happened the previous night. Phillip, a quiet nerd played by Marshall Pierce, and V, a maniacal

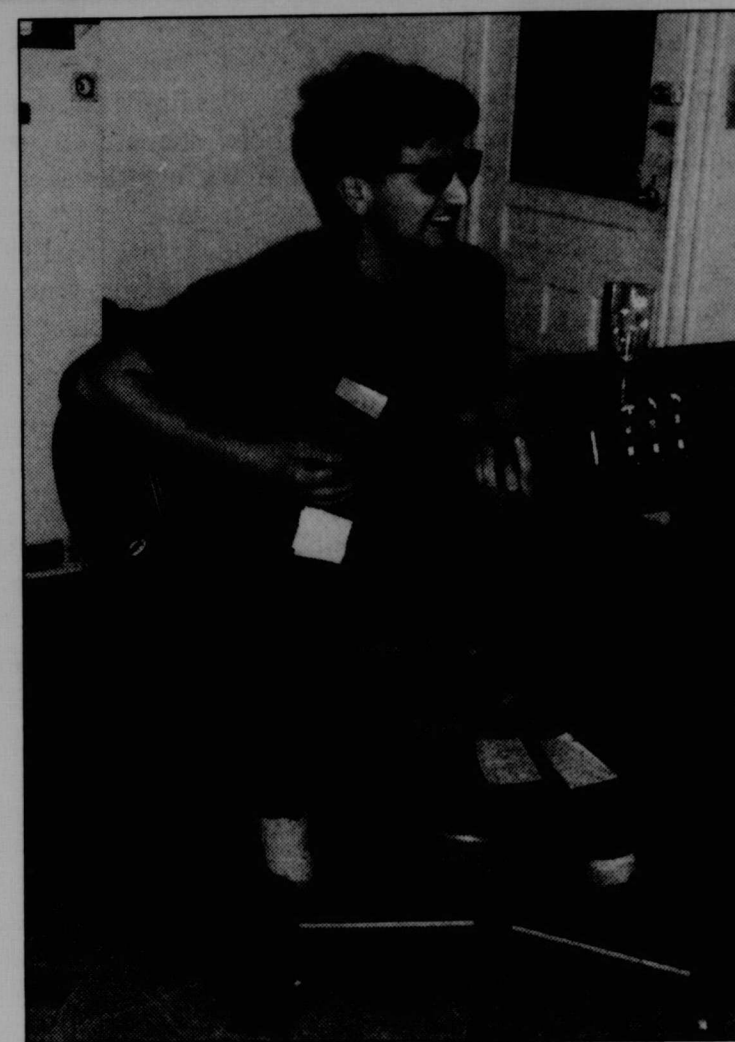


Two of the characters have a heart-to-heart-chat on the couch.

woman played by an actress named Green, ended up wed by the end of the performance, which didn't happen the night before.

Joe Castro, who plays Robert, the budding singer/songwriter whose melodic repertoire consists only of the F and G chords, makes up over five original songs per show.

It's not simply a comedy. Don't come expecting a satire of "The Real



Joe Castro, known as Robert in the play, is the songbird with two chords and big dreams.

World." Sure the characters strongly resemble reality-show archetypes (the neat freak, the belligerent drunk, the quiet square, the wannabe songwriter and the raging pothead are all there), but the show's strength comes from the unorthodox format.

Although it is, at moments, hilarious, a lot of it was more serious than comical. It's definitely not the typical set-up pay-off hit-and-miss comedy.

The scripted gags are few and far-between. But this doesn't keep the show from being worthwhile. Even when the characters seem to be serious, it's still funny because of the whole nature of the thing. The greatest part is that if you're bored, you can always leave and see what else is going on.

Every night the show will be different, and it's impossible to absorb the entire plot from going just once. Judging by the audience's reaction to the show, many of them will be returning for a second helping.

All throughout the performance, you're free to indulge in local beverages, including beer, and when it's over, it sort of transforms into a house-party atmosphere, where you're free to mingle with the actors and find out just how different they are from the characters they play. As it turned out, the hippie guy is allergic to pot smoke.

Due to a large volume of sex, drugs and everything in between, this definitely isn't something for kids.

The show starts at 8 p.m. and will be playing in the Salmon House at 2950 Janes rd., Arcata April 14, 15, 16, 22, 23, and 24. Reserve tickets at 407-6027.

James Egan can be reached at jte2@humboldt.edu

Asian Pacific Heritage celebrated at HSU

Kira Rubenthaler
Editor

Cultural dancers and a fashion show of traditional clothing will kick off the 3rd annual Asian Pacific Heritage Celebration next Monday.

The Celebration lasts from April 18 to May 1 at HSU and includes a variety of performances, workshops and speakers about the cultures and histories of Asian Americans and Pacific Islanders.

"The purpose of this whole event is to educate people and spread awareness of the issues that affect the Asian Pacific American community and how diverse that community is," said Hazel Lodevico, the coordinator of outreach at the HSU Multicultural Center.

Lodevico said society tends to lump Asians and Pacific Islanders together, while in reality both terms cover a broad range of cultures and languages.

For instance, Monday night's performance festival will feature dances from Vietnamese, Hmong and Polynesian cultures, as well as a dance from the county of Azerbaijan in western Asia.

"[The celebration] gives people who do not know much about Asian cultures a chance to learn and experience first-hand some of the different Asian dances, songs, and food," said Jena Miyata, a biology freshman and publicity representative for the Asian Pacific American Student Al-

liance (APASA) at HSU.

The celebration started three years ago when members of APASA decided they wanted to have an event that discussed the diversity of Asian-Americans and Pacific Islanders, Lodevico said.

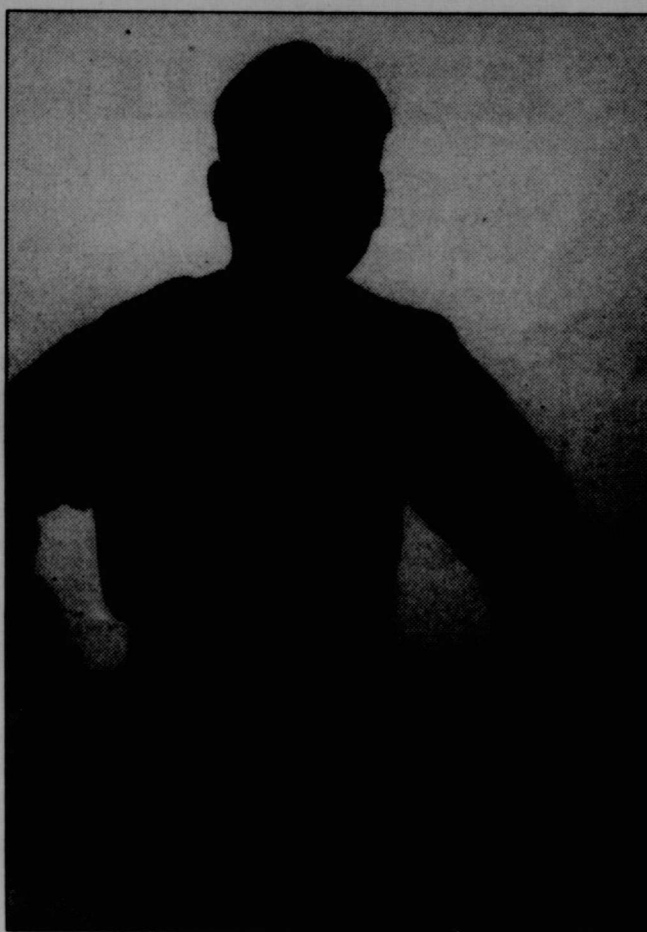
APASA members felt that the achievements of Asian and Pacific Americans were not well known in school and wanted to offer people a glimpse of how diverse the terms really were, Lodevico said.

The event has been growing every year since its inception, Lodevico said.

May is Asian Pacific Heritage Month, but since school lets out mid-way through the month, APASA decided to hold

the event in April.

"It's important because we as a club get to share our culture with everyone else and celebrate the month," said Pata Vang, a social work junior at HSU and president of APASA.



courtesy of APASA

Hmong comedian and rapper Tou Ger Xiong will deliver the keynote address on April 25.

Highlights of the two-week long celebration include the performance festival, keynote speaker Tou Ger Xiong, and a Hawaiian and Pacific Islander festival concluding the event.

On Monday at noon on the quad DJs will play a mix of Asian and Hawaiian hip hop and Hawaiian plate lunches will be sold.

"House of Flying Daggers" will show at 3 p.m. in the Kate Buchanan Room, followed by the performance festival at 6 p.m. in the

KBR. All events are free.

On Monday, April 25, Hmong rapper and comedian Tou Ger Xiong will deliver the keynote address at 7 p.m. in the KBR. Xiong has been called the Hmong version of Chris Rock, Jim Carey and Snoop Dogg rolled into one, and Lodevico said he is inspirational and often speaks out about issues affecting the Hmong community.

"Tou Ger Xiong, is an important event because people will be able to hear someone speak from experience who has made a name for himself as a comedian and rapper," Miyata said.

The celebration will conclude on Sunday, May 1 with Ho'olaule'a, a Hawaiian and Pacific Islander festival featuring traditional dances and music, including HSU graduate Jonathon Rivera from Hawaii. Authentic Hawaiian food will be served, including pork roasted in an imu pit.

A number of workshops, film screenings and other events will take place over the next two weeks. For more information on the Asian Pacific Heritage Celebration and for a full schedule of events, contact the Multicultural Center at 826-3369.

"Using this time to celebrate our differences and also celebrate our similarities is a really strong message to send out as well," Lodevico said.

Kira Rubenthaler can be reached at krr11@humboldt.edu

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Take Back the Night

HSU marches in protest of violence against women Friday

Tiffany Newton
Scene Editor

In a peaceful protest against violence towards women, the annual Take Back the Night (TBTN) march and rally will happen this Friday on the HSU Quad.

"TBTN is an internationally recognized annual rally and march to create a safe and positive space where students and community members come together to bring attention to the devastating problem of violence against women," said Kristina Horn, the sexual assault and domestic violence prevention coordinator for the HSU Women's Center.

TBTN started in England in the late '70s and the first North American rally was held in San Francisco in 1976, Horn said. Since then it has grown to an international event that is held on most college campuses in the United

States. The march is the culmination of a week of events geared to educate students and the community about violence against women and its many forms including rape, sexual harassment, child molestation, emotional abuse and domestic violence.

The rally will begin at 6:05 p.m. on Friday with keynote speaker Nomy Lamm, who was here for the Sex Worker's Art Show in February, said Vanessa Henson, coordinator of TBTN.

Then there will be the first of two open mic sessions. The first available only to women and survivors of violence, and the second available to anyone who wishes to participate.

During the rally there will be a march on the Plaza for women only. The press is asked to remain on the other side of the street, said Horn.

Although men are excluded from the march they can attend a group facilitated by Issac Carter, associate director of housing, on PMS. PMS stands for patriarchy, misogyny and sexism. The group will discuss how men perpetuate violence against women and what they can do to help.

"This event is so import and more emphasis from people like president Rollin Richmond is needed," said Henson, who is also a survivor of domestic violence.

In addition to the march there will be a dance workshop just before the rally along with slide shows, films and other events for the remainder of the week.

For more information contact the HSU Women's Center at 826-4216.

Tiffany Newton can be reached at trn7@humboldt.edu

Ruddigore takes the stage

HSU's opera workshop performs a classic with a contemporary twist this weekend at Fulkerson

Bryan Radzin
Staff writer

The devilish melodrama of "Ruddigore" will be presented by the opera workshop at Fulkerson Recital Hall on Thursday, Friday and Saturday.

Gilbert and Sullivan, creators of "Ruddigore," might be better known for their other works such as "Mikado," "Pirates of Penzance," and "H.M.S. Pinafore."

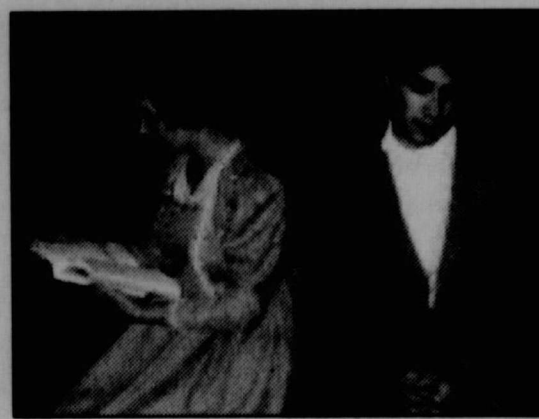
"Ruddigore" is a story of intrigue as well as comedy. A curse, placed by a witch before she dies, says the Baron of Ruddigore has to turn one kid bad in the town everyday, or he will die.

The baron then finds out he has an older brother who has to take over the role of turning the kids bad. In addition, the female lead, Rose, goes through an array of boyfriends as the plot progresses. First she is in love with a poor farmer who turns out to be the cursed Baron of Ruddigore. Then she falls for the baron's brother which adds to the fun.

"This play is guaranteed to make people laugh a lot," said Jim Stanard, opera workshop director and music professor. "It's one of

the funniest shows I have seen."

"Ruddigore" was the tenth collaboration between Gilbert and Sullivan and originally opened on Jan. 21, 1887. The play ran for 288 performances and included jokes about the most influential people of the time.



courtesy of HSU Music Department

Who will end up with whom?

HSU's rendition has been updated to include current events and prevalent people. There will be references to Arnold Schwarzenegger, Martha Stewart and others.

"This is a great cast," Stanard said. "The talent for this show is unusually strong."

The cast of this delightful show is entirely made up of students.

The young shy farmer will be played by Ryan Dominguez, the

zany Mad Margaret will be played by Mindy Willers, the sweet Merry Pauper will be performed by Samantha Heppie, and the role of Sir Despard Murgatroyd will be acted by Mark Alan Johnston.

"Out of the all the shows that I have been involved with in the 32 years I have been in Humboldt, 'Ruddigore' has a special place in my heart," Stanard said. "This show was the first one that I ever did at Brigham Young University and this performance will be my last."

There will be a sneak preview tomorrow at 8 p.m. in Fulkerson Hall. Tickets are free to students, but seating is limited to 100 people, and attendees are asked to arrive early, as everyone needs a ticket.

For the Friday and Saturday showings tickets will be \$6 general admission and \$2 for students and seniors, and can be picked up at the university ticket office or at the door the night of the show. If you want more information about this show call the HSU music department at 826-3531.

Bryan Radzin can be reached at br5@humboldt.edu



The Bay Area group, Attila and Dave Project, perform on the HSU Quad Friday at noon.

courtesy of attilaanddaveproject.com

Trio to light up Quad

Attila and Dave Project performs Friday

Oliver Symonds
Staff writer

This Friday at noon the Attila and Dave Project is coming to HSU to illuminate the Quad.

Their music has been constantly evolving since their beginning in the late 1980s, when the band consisted solely of Attila Medveczky and Dave Stevenson. The band would play coffee shops across the Bay Area as Attila and Dave Acoustic Duo.

"We never thought of doing an acoustic duo, it was all necessity [because they didn't have a drummer]," said Medveczky, lead vocals, bass and keyboards.

Sporadically the band would hire a drummer or keyboardist to fill in on a recording or a gig. In 1995, the band hooked up with Rusty Aceves and was finally able to obtain the talent and solidity they desired.

With the new lineup came more opportunity for improvisation and expansion.

"Rusty had a lot of loops," Medveczky said. "Rusty had a lot of ideas for us."

Medveczky has expanded his on-stage equipment from an acoustic bass to an electric bass, electric piano, bass pedals, two or three synthesizers and more.

"It's a strange situation between all these instruments," Medveczky said. "It's three guys doing the job of five."

The Project doesn't have any particular genre, which is both good and bad, according to Medveczky. It allows them to expand

and explore as a band, however it also excludes them from certain scenes and also prospective labels who only cater to specific genres.

"We never set for a definite idea of our style," Medveczky said. "It's unfortunate because it's made it hard for us to do things a band can do. If you're a jam band you can play at shows intended for jam bands."

Medveczky described his music as "mildly experimental music," but not as limited as that.

"We're really getting into sampling things," Medveczky said. Sampling is taking pieces from different audio tracks and combining them to create a new

"It's always getting more mature," Medveczky said.

Medveczky grew up surrounded by classical and jazz as opposed to Stevenson, who exhausted himself in the Bay Area punk rock scene. The addition of Rusty brought a lot of jazz, funk and rock influences.

It's apparent that artists such as Pink Floyd, Led Zeppelin and Miles Davis have influenced the Project and assisted them in painting such rhythmic soundscapes in their music.

The addition of Aceves prompted the release of their first full-length CD, *Songs of Innocence & Experience* in 1996. The compilation is essentially re-recordings from their earlier days transformed into something new due to the new band lineup.

"It was artificially made electric with Rusty stuck in," Medvec-

zky said. "It was a weird Frankenstein kind of thing."

A very shocking and different experience than one might expect if they had viewed the band live at one of their acoustic shows.

In 1999, Attila and Dave Project headed back to the recording studio to work on their second full-length album, *Lifeline*. The album contained all new tracks; pure Attila, Dave and Rusty originals.

Their most recent album, *Illuminated*, completely captures and portrays the talent of this trio. It carries the unearthly, psychedelic sounds of Pink Floyd, as well as the heavy rock styles of Led Zeppelin and Black Sabbath.

However, underneath all the synthesizers and smooth melodies, lie very big social and ideological questions about society.

"We like to ask the questions rather than give our answers and opinions," Medveczky said. "Get people thinking about the issues and having them come up with their own answers to them."

The Project is currently working on their next album expected to be released early next year.

"We have a lot of songs and we have a concept," Medveczky said. "The trick is figuring out how to fund it."

The band is going to be playing songs from all their albums including unreleased material. They will also be doing a live set on KMUD, Saturday at 4 p.m.

Oliver Symonds can be reached at rh570@bromidic.com

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Sunday, May 8th
Doors: 8pm / Show: 9pm
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Donald Harrison • The Headhunters
Robert Mercurio • Galactic
Stanton Moore • Galactic

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CALENDAR

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Wednesday 13

Communication Department Open House/BBQ
House 54, HSU campus
Noon, free
Meet and greet communication professors while you eat great food. Use your persuasive skills to negotiate for free food.

Poetry League
Founders Hall Room 204, HSU
5 p.m., fee
Join the multifaceted contingent of language technicians every Wednesday.

Qi-Gong & Self-Healing
TranquiliTea
1540 G St., Arcata
6:15 p.m., \$3-5
Join instructor John Yamas for a session of self-attention to get you through the week.

Winter Soldier
Redwood Peace & Justice Center
1040 H St., Arcata
7 p.m., free
This documentary covers the Winter Soldier hearings held by Vietnam Veterans Against the War. A powerful, sobering look at the dehumanizing effects of war.

The Meditations
Humboldt Brews
856 10th St., Arcata
9 p.m., \$12-14 at door
DJ Dub Cowboy opening for Jamaica's original harmony group.

3 Mile Dog Walk
Arcata Safeway Parking Lot
9:30 a.m., free
Take your leashed best friend for a walk from Redwood Creek to it's mouth.

Thursday 14

Papercrete
CCAT, HSU campus
2 p.m., free
Join Joyce Plath at CCAT to review the uses and options of this alternative building material made out of waste paper.

Free To Fly: The U.S. Cuba Link
Redwood Peace & Justice Center
1040 H St., Arcata
7 p.m., free
Ever wonder why you aren't free to fly to Cuba? This documentary by Estela Bravo tells the story of efforts to maintain links between the Cuban and American people.

Why? Ex-Cloudead Anticon
The Placebo
1611 Peninsula Dr., Manila
7 p.m., \$6 at door
Also performing at this early show are The Eka Garbage Company, Thanksgiving Brown and Swimming.

"Deathtrap"
Ferndale Repertory Theatre
447 Main St., Ferndale
8 p.m., \$12 general, \$10 students
Enjoy this breathtaking, classic thriller that is cleverly constructed to keep you guessing and laughing. Plays through April 30.

'80s For The Ladies
Rumours
415 5th St., Eureka
9 p.m., free
Those crazy but always charming E.L.F.S. will be mixing up the music for a night of drink specials.

Friday 15

Art Exhibit
First Street Gallery
422 1st St., Arcata
Noon to 5 p.m., free
HSU's gallery is exhibiting "Brush Work," the ariel photographs of Mark Abrahamson and "Montana Legacy," the paintings of Stock Schlueter.

Bravol: A Night Of Rising Stars
Azalea Hall
1620 Pickett Rd., McKinleyville
1 to 9 p.m., free
The day will consist of a youth fair, skate and BMX ramps, a community dinner and a youth talent showcase. The youth fair will consist of informational booths, workshops, games and activities. Pincapple Death and The Dean will perform.

Bike Tour Part 3
CCAT, HSU campus
2 p.m., free
All of the planning is complete and the group will get to try out their new skills.

Sierra Club Meeting & Potluck
Undetermined
6 p.m., free
Join hike leaders and enthusiasts for food, fun and fellowship. Call Allison at 826-8767 for directions and to sign up for an item to bring.

West African Drum Class
TranquiliTea
1540 G St., Arcata
6:30 p.m., \$8-15
All skill levels are welcome for this weekly drum class.

Mojo Daddy
Rumours
415 5th St., Eureka
9 p.m., \$3
If you enjoy East Coast Blues you'll love Humboldt's own four-man band.

The Lads
The Metro
On the Plaza, Arcata
7 p.m., free
If you enjoy Irish folk music, this is the show for you.

Buddy Reed
Muddy Waters
1603 G St., Arcata
9 p.m., \$3
The Mudd brings you some gut bucket blues for your eclectic side with this trio.

'80s & Ladies Night
Rumours
415 5th St., Eureka
9 p.m., no cover
For the best in retro music from the E.L.F.S. and drink specials for the girls, this is where the night starts.

\$\$Bling\$\$ Hip-Hop Night
The 535 Club
535 5th St., Eureka
9 p.m., free before midnight
Join host DJ Dub Cowboy for his weekly show that blends hip-hop and cross-cultured unity with a whole lot of bling.

To see your event listed in this calendar, e-mail the date, time, price, location and a short description of the event to The Lumberjack by 5 p.m., Friday prior to the event. Publication is not guaranteed.

✉: events@humboldt.edu
☎: (707) 826-3271, Fax: (707) 826-5921
📍: Nelson Hall East, Humboldt State University
Arcata, California, 95521

It's free!

The E.L.F.S. & DJ Red
Humboldt Brews
856 10th St., Arcata
9 p.m., \$3
Dance Party! That's right, it's a night with those electric ladies and one of the best DJs this area has to offer.

Saturday 16

Vintage Soul
Farmer's Market
On the Plaza, Arcata
10 a.m., free
If you haven't heard them perform before, don't miss your chance to hear this soulful funky rhythm and blues.

Godwit Jazz
Natural History Museum
1315 G St., Arcata
5 p.m., \$3
Bird, musician and natural history lovers are invited to hear music by the Gypsy Jazz Quintet and members of Cuckoo's Nest at this reception open to all.

Scott H. Biram
The Alibi
On the Plaza, Arcata
10:30 p.m., \$4
This one-man band Bloodshot Records artist from Austin, Texas will perform his hillbilly blues.

The '80s Show
Club West
535 5th St., Eureka
9 p.m., \$5 adults 18-21, \$8 21+
No, it's not a time warp. It's The '80s Man and he is presenting you with all of the best '80s music all night long.

The Rubberneckers
Rumours
415 5th St., Eureka
9 p.m., \$4
Also performing is The Great Salvation. It's gonna be a rager so bring a helmet, earplugs and safety goggles.

Sunday 17

Hula In Humboldt
Gist Hall Room 102, HSU
8 p.m., \$25 beginners, \$30 for intermediates
Hula classes every Sunday until April 24, so don't miss your chance to be part of the "Hana Hou" (encore) May 1.

Club Triangle
The 535 Club
535 5th St., Eureka
9 p.m., free
For alternative lifestyles or an evening out, 18 and older are welcome to stop in on the last night of the weekend.

Monday 18

Sculpture Walk
Siemens Hall
All day long, free
Check out this year's campus-wide collection of work from more than 30 sculptors.

2nd Annual Asian Pacific Performance Festival
Kate Buchanan Room
On the HSU campus
6 p.m., free
Experience the diverse cultures of Asia and the Pacific Islands with cultural performances. Includes a fashion show of traditional clothing. This events starts the 3rd annual Asian Pacific Heritage Celebration.

The Dukes Of Ted
Muddy Waters
1603 G St., Arcata
9 p.m., \$3
The Dukes will rock your soul with their smooth sounds and rock 'n' roll riffs.

"The Battle Of Algiers"
Founders Hall Room 118
On the HSU campus
6 p.m., free
Manuel Callahan facilitates this film screening and discussion on Gillo Pontecorvo's film that covers the violent struggle in the late 1950s for Algerian independence from France.

Karaoke
Humboldt Brews
856 10th St., Arcata
8:30 p.m., \$3
Put down your drink, grab that mic and pick a song for a night of fun-filled sing-along.

Tuesday 19

\$2 Tuesday
Rumours
415 5th St., Eureka
9 p.m., \$2
With great cover and \$2 drink specials, you just have to get out there and take advantage of it.

Kundalini Yoga
TranquiliTea
1540 G St., Arcata
6:30 p.m., \$8
Join instructor Tim Campbell for an hour-long session to help you wrap up your week.

Humboldt Hip-Hop Community
Humboldt Brews
856 10th St., Arcata
9 p.m., \$2 men, women free
Make your way to the hottest in new live music, with DJs spinning your favorites, or local MCs expressing themselves through a rhyme.



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THE LUMBERJACK seeks a Student Advertising Designer. Position begins August 2005, with training April 29th to May 3rd. Candidate must have excellent skills in computer programs such as Adobe Photoshop and Illustrator and In Design. Portfolio and experience a big plus. Must be enrolled in at least 6 credits at Humboldt State. The job pays \$150 per issue. Hours are flexible, but most work is done Fridays through Tuesdays. Please call Sarah at 826-3259 or stop by the office in Nelson Hall East.

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THE LUMBERJACK seeks two Student Advertising Representatives. Positions begin August 2005, with training April 28th to May 4th. Candidate must have excellent people and communication skills. Experience a plus. Must be enrolled in at least 6 credits at Humboldt State. Salary is paid by commission. Hours are flexible, but the busiest days are Friday through Tuesday. Please call Sarah at 826-3259 or stop by the office in Nelson Hall East.

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1990 Mazda 323, Blown head-gasket, brand new radiator. Not running, in Eureka. You tow or pick up. Call Mark at 442-1290.

Wellness

Marijuana Anonymous on HSU campus Wednesdays 6-7 pm HSU Annex 127. 839-7857

A.A. on campus 442-0711
O.A. on campus 441-9705
AL-ANON Family Groups 443-1419 Adult children of alcoholics meeting now on HSU campus Tuesdays 7-8p.m. SBSB 405 822-1758 *Newcomers Welcome*
NARCOTICS ANONYMOUS - For more information call (707) 444-8645

LOW-FEE COUNSELING for HSU students. Treatment available for anxiety, depression, and PTSD. Office located above Moonrise Herbs on the Square. Teri Callaghan, MFT 498-3927

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PASSION PRESENTS

SPRING 2005

YONDER MOUNTAIN STRING BAND

APRIL 9 (SAT)
EUREKA THEATER
TIX \$16/\$18 - ALL AGES



Sound Tribe Sector Nine

APRIL 19 (TUES)
ARCATA COMMUNITY CENTER
TIX \$20/\$22 - ALL AGES

LYRICS BOON

APRIL 30 (SAT)
MAZZOTTI'S (arcata)
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APRIL 10 (SUN)
EUREKA THEATER
TIX \$20/\$25 - ALL AGES



feat. Michael Travis of String Cheese Incident

APRIL 21 (THURS)
SIX RIVERS BREWERY
TIX \$10/\$12 - 21+ w/ID

Kyle Hollingsworth Band (of STRING CHEESE INCIDENT)

MAY 11 (WED)
SIX RIVERS BREWERY
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