

LIBRARY USE ONLY

the Lumber JACK

Humboldt State University
Arcata, Calif. Vol. 83 No. 15

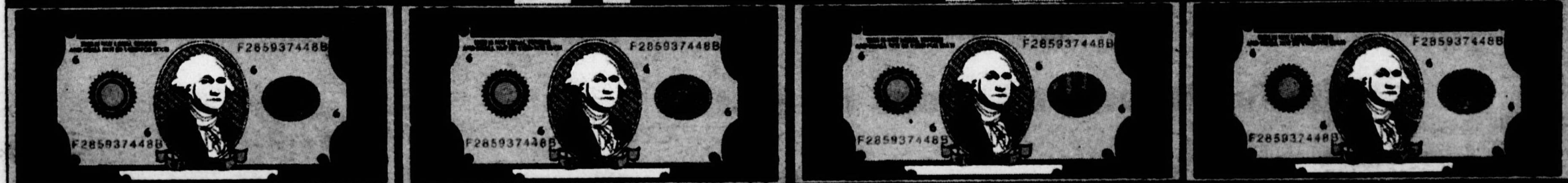
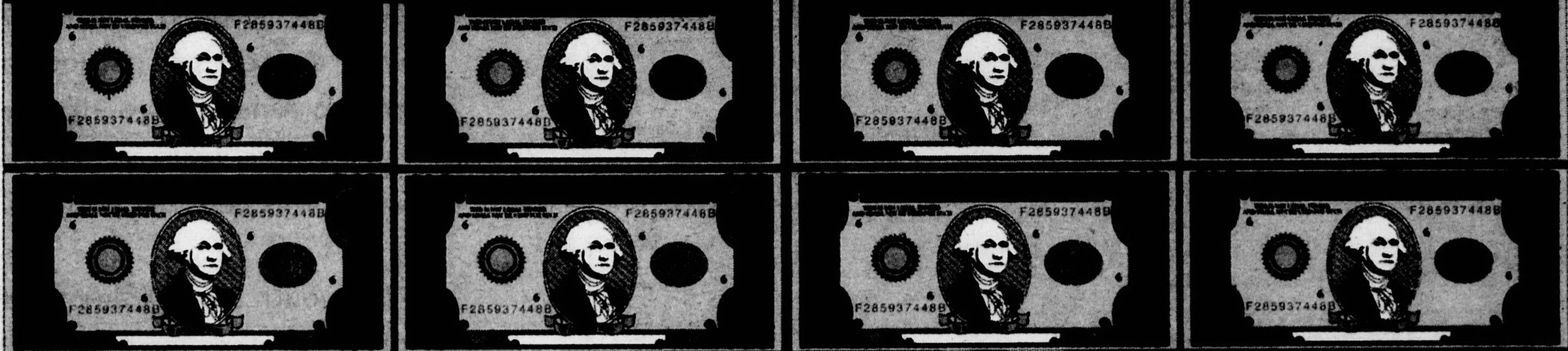
Serving the campus and surrounding communities since 1929

Wednesday, January 22, 2003

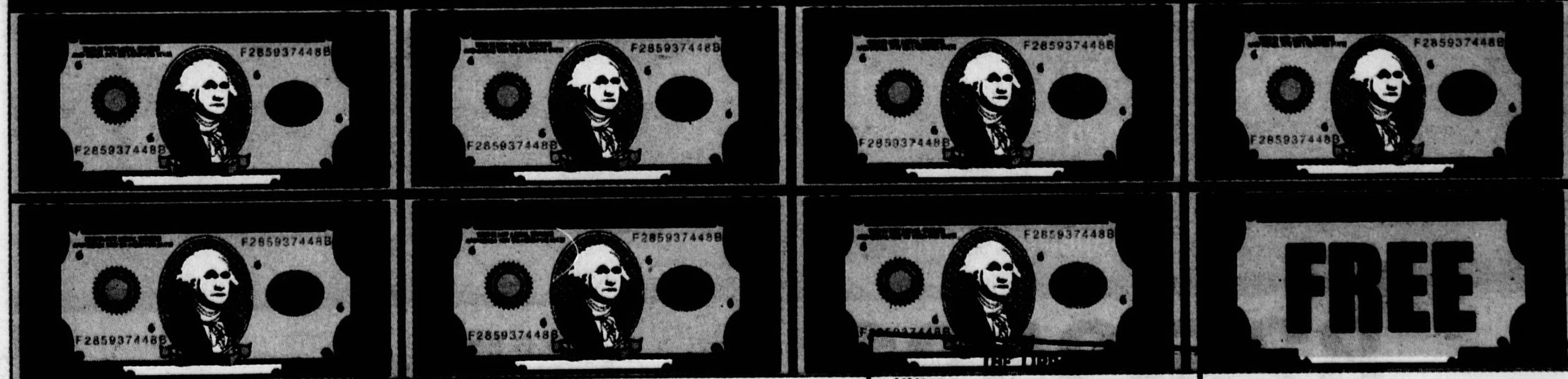
ADD'L REQUEST

LIBRARY HSU
PERIODICAL OFFICE

Non-Profit Org
U.S. Postage
PAID
Arcata, CA 95521
Permit No. 78



TRUSTEES STUDENT HSU Students Travel to Protest



HUMBOLDT STATE UNIVERSITY
ARCATA, CALIFORNIA 95521

CONTENTS

Wednesday, January 22, 2003

www.thejack.org

The Lumberjack

Corrections

• For corrections email thejack@humboldt.edu or call 826.3271.

Editorial Board

Editor in chief.....James Morgan
Managing editor.....Nolan O'Brien
Copy editor.....Matt Mais
Campus editor.....Hazel Lodevico
Community editor.....Chris Owens
Science editor.....Luis Molina
Scene editor.....James Wynn
Sports editor.....Gabriel Jackson
Opinion editor.....Heather Sundblad
Calendar editor.....Jamie Crippen
Photo chief.....Chris Cook
Photo editor.....Diana Pachmayer
Layout editor.....Nathan Rushton
Production.....Matt Crawford

Ad Staff

Business Manager.....Pam Yagotin
Ad design.....Jen McFerrin,
Kellie Morgan, Diana Jex
Ad reps.....Margaret Carlstrom,
Jen McFerrin
Classifieds.....Erinn Knight
Adviser.....Jerry Reynolds

• The Lumberjack is Printed by The Times-Standard.

Campus

Student Fees.....3
Black History Month5
V.P. Candidate.....6
Construction.....7
Campus clips.....9
Sister City club.....10

Community

UPD clips.....11
Small pox.....13
Woods on trial.....13
Martin Luther King Jr.....14

Science

Fish species discovered/CCAT.....19
Orion.....22
Sexually Speaking.....23
Science clips.....24

Scene

Habib Koite.....25
Movie: The hype.....26
Spearhead preview27

Video: Peter Jackson.....28
CD: Common / Phish29
book; Live from N.Y.....30
Art exhibitions.....32
DVD: Pavement.....33
Peking acrobats.....34

Sports

Mens basketball35
Womens basketball.....36
Club sports.....39
Sports clips.....40

Scorecard

Jacks of the week41

Opinion

Editorial/Letters.....42
Columns43
Horoscopes45

Calendar

See page40

Classifieds

See page42

In The Jack
50 years ago

In response to criticism by the U.S. leaders that there was a lack of patriotism among American youth, the Lumberjack editorial board wrote this editorial position.

"The youth are sick and tired of being the force behind the threats of the politicians. They are sick and tired of fighting battles started by their leaders."

Newsroom: 707.826.3271

Ad Department: 707.826.3259

Fax Line: 707.826.5921

E-mail: thejack@humboldt.edu

Web site: www.thejack.org

Subscriptions: \$7.50/ semester, \$15/year

Mailing address: NHE #6, Arcata, CA 95521

Unlimited Internet Access for just...



\$14.95 a month
student rate

OPEN EVERY DAY

Call for Same Day Access

FREE
10 MB
Website

- HSU & CR Student Discounts
- Web Design & Hosting
- Friendly Technical Support
- Superior E-mail
- Free Internet Classes
- E-Commerce Solutions
- Business & Personal Accounts
- Positively Outrageous Service

825-9592

1165 G Street
Arcata, CA 95521
www.redwoods.quik.com



CSU raises student fees by 10 percent on all campuses

Fee increase reflects the substantial budget cuts imposed by the state's budget summary

by Nathan Rushton

LAYOUT EDITOR

The California State University board of trustees, wrestling with \$125 million in cuts to the CSU budget because of the state's more than \$30 billion budget-deficit woes, voted Dec. 16 to increase student fees.

The 13-3 trustees vote brought the first student-fee increase since the 1994-95 school year, according to a CSU news release. It marked the first time since the 1982-83 school year, that a mid-year increase was approved. The fee increases—\$72 per-semester for undergraduates and \$114 for graduate students—went into effect earlier this month.

"These are really, really tough times for California," CSU Chancellor Charles B. Reed said in a Dec. 16 CSU news release. "We didn't want to recommend raising fees, but everybody has to share a part of the burden if the CSU is to maintain quality and access."

According to California's Governor's Budget Summary released Jan. 10, the new fee increase will partially offset the \$59.6 million mid-year cuts to the 2002-03 CSU school year budget.

Roughly \$30 million will be generated from the student fee increases, the CSU news release said, of which one-third would go immediately to financial aid for students.

HSU's Director of University Relations Sean Kearns said that anytime student fees are increased, someone is affected.

"We haven't gotten enough information yet on how the cuts will impact the university," Kearns said.

An HSU cashier's desk employee said that the bulk of the students had registered before class started this week and that there weren't any problems with the increases.

HSU's Associated Students adopted a resolution Dec. 13 in opposition to the student

fee increases. In the resolution, adopted from Sonoma State board of director's resolution dated Dec. 2, the Associated government encouraged HSU students to lobby against the fee increase "via communication with legislators and the CSU board of trustees."

The resolution also states that raising fees will increase barriers to education and decrease diversity.

California State Student Association representative Caitlin Gill, political science senior, attended the meeting at Long Beach on Dec. 16 where the CSU board of trustees met to vote on the proposed fee increase. She and about 15 other students went to protest against the increase.

"We didn't go to Long Beach expecting to sway the trustees vote away from approving the student fee increase," Gill said. "The board of trustees, by virtue of their

See Increase, page 8



PHOTO NATHAN RUSHTON

2002-03 HSU Student Fees

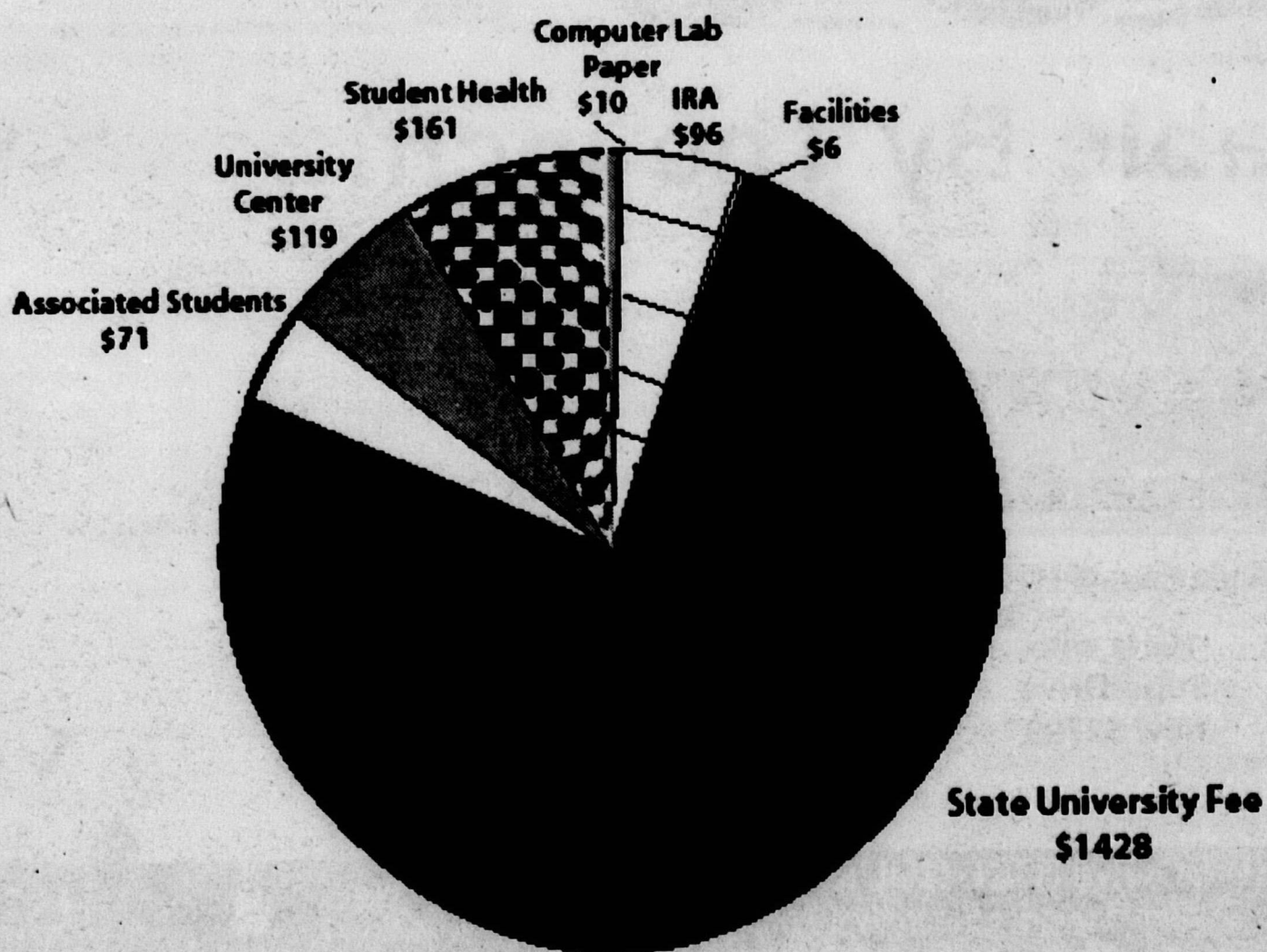


PHOTO BY CHRISTOPHER COOK

Students, top, wait in line to pay their registration fees for the spring semester. Protesters made up of students and faculty from various CSU campuses, bottom, march towards the board of trustees meeting in Long Beach, CA.

• Please note that the state university fee is receiving the 10% increase beginning spring semester



30% Off
All HSU
Women's
Imprinted
Clothing



30% Off
Selected
full-zip
hooded
sweatshirts



25% Off
All Backpacks

Humboldt Jacks
Travel Mug
\$3.99
Reg. \$5.95



25% Off



All Calendars

Entire Selection
Dry erase
message boards
Your Choice
\$4.99
Reg. \$7.25- \$8.99



Verbatim
CD-R singles
99¢
each




20% Off



CD Wallets

30% Off

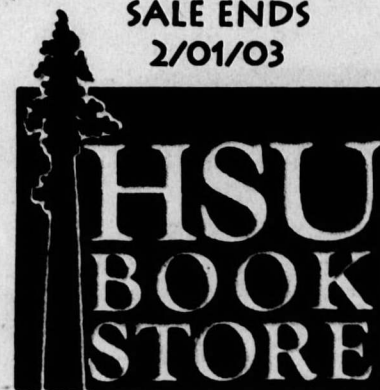


All Staplers

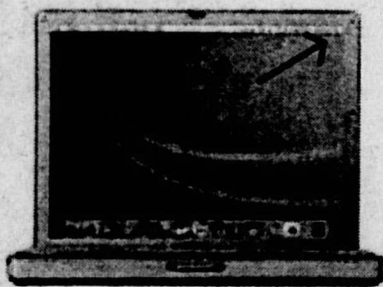


back to School

SALE ENDS
2/01/03

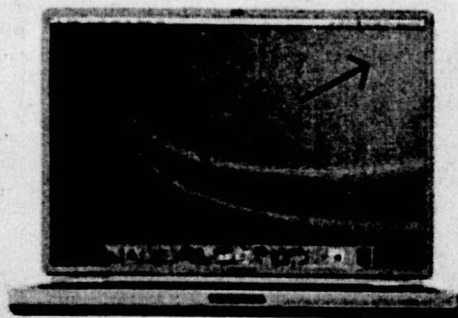


Now Available By The Inch!



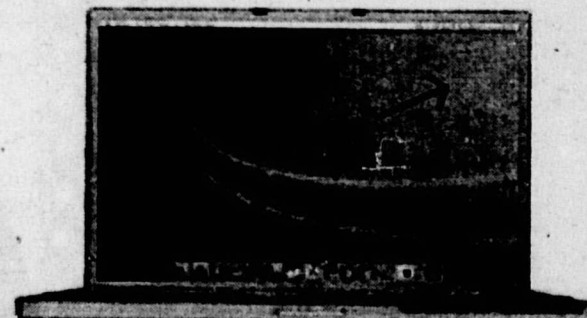
12.1" Screen - 4.6lbs - 1.18" thin

**The smallest,
most affordable
PowerBook G4 ever.**



15.2" Widescreen - 5.4lbs - 1" thin

**1GHz with
SuperDrive
now \$2799**



17" Widescreen - 6.8lbs - 1" thin

**The world's
first 17-inch
notebook.**

HSU
BOOK
STORE



HSU BOOKSTORE HOURS
Mon - Thur 7:45am - 5:30pm • Friday 7:45am - 5:00pm • Saturday 10:00am - 1:00pm • Sunday - Closed
(707) 826-5848 • www.humboldt.org/bookstore



HSU
BOOK
STORE

Black History Month Shedding light on the past by looking towards the future

by Hazel Lodevico

CAMPUS EDITOR

Observance of black history was created in 1926 to erase ignorance and misconceptions of the history of black Americans. This February, students, staff and faculty at HSU are carrying on this tradition of spreading awareness through dialogue.

A month-long celebration of dialogue, music, poetry and food will be sponsored by the Black Student Union and Sister 2 Sister.

For many of those involved in the planning of Black History Month, the focus seems to be more on the themes relevant to today and the future.

"The past is important," Syreeta Smith, child development senior and member of both BSU and Sister 2 Sister said. "But it's also a matter of where we are today and where we are growing."

"This is a time we do have to promote the better understanding of our history," BSU adviser Makayla Benjamin said.

"People need to know Black History Month is so much more than slavery, it's more than what they see in 'Roots' It's about the contributions African Americans have made to American history," Benjamin said.

The opening ceremonies will be kicked off on Friday, Jan. 31 on the Quad with music and poetry, including a performance by the new student hip-hop dance team, Demolition.

Activities and social events will be held like the Dating Game and a Soul Food Dinner sponsored by Sister 2 Sister, however the main component of Black History Month is dialogue.

"This is our opportunity to have dialogue about our history," Smith said. "How else can we educate ourselves if we don't communicate with each other?"

Films focusing on the black experience such as "The Color Purple" and "The Josephine Baker Story" will be shown with discussions following the films.

Several faculty members

HSU celebrates....

Black History Month

Friday, January 31st

noon-1:00pm in quad
Opening Ceremonies

Saturday, February 1st

7-9:00pm Klamath River Room
Workshop1st floor of J
Movie Matinee "The Color Purple"

Monday, February 3rd

noon-1:00 in quad
Black Historical Figures Panel

Wednesday, February 5th

6:30-8:00pm FH 025
Black Educational Speaker Issac Carter
"Hip Hop and the Black History"

Sunday, February 9th

6-8:00pm South Lounge
Dating Game

Monday, February 10th

7-9:00pm NHE106
Workshop

Tuesday, February 11th

7-9:00 KBR
Speaker Reanae McNeal

Friday, February 14th

7-9:00pm
Poetry Slam/Open Mic

Wednesday, February 19th

6-7:00pm SH115
Workshop

Sunday, February 23rd

6-8:00pm KBR
Soul Food Dinner

Thursday, February 27th

1st floor of the J
Movie Night "The Josephine Baker Story"

Friday, February 28th

7:00pm The Fulkerson Recital Hall
Dance and Art Festival

*Some activities are missing times/locations.
Please contact the MultiCultural Center at
826-3364 for any information.

will be holding workshops centering on issues and themes relevant to black culture such as black spirituality and music. Issac Carter, a lecturer of world languages and cultures, will be presenting a workshop discussing how Hip-hop music can bring awareness to the contributions of black Americans in society.

The keynote speaker will be Reanae McNeal, a renowned performing artist, playwright, storyteller and lecturer.

McNeal will be returning to HSU after performing her one-woman play, "Don't Speak My Mother's Name in Vain," in October of 1999.

"She was very powerful in bringing people together to share in issues relevant to African Americans and themes relevant to people in general," Smith said of McNeal. "For her to come back to HSU is truly an inspiration to people."

However, for some, a designated month is not enough in the education of black American awareness.

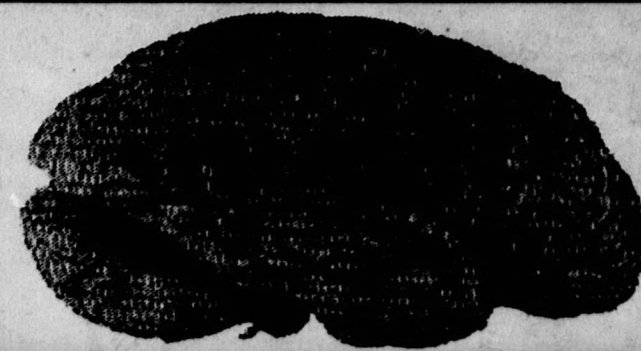
"The fact that there is a des-

ignated time only reinforces our country's inherent racist and oppressive nature," said Carter. "Black History Month in many ways only amounts to an exercise in exploitive cultural voyeurism. Yeah they sing, dance, got some good food and some of them are smart!

"All too often individuals who observe Black History Month never begin to examine their power and privilege and how it directly impacts the black experience, thus creating the need for the month," Carter said. "What happens when the month is over? Do Black people and their contributions disappear?"

However, many acknowledge Black History Month as a stepping stone towards the understanding of black history and culture.

"Here in Humboldt, and in many other places, this is the only time people have the opportunity to learn about African Americans, and this one month is all we have," Smith said.



Look like a local for only two bucks

Los Bagels Travel mugs only \$2.00
(Regularly \$3.50)

HSU Depot Only
Must surrender
coupon



One coupon per
person

Offer good through January 31, 2003

Humboldt's Finest Bagel Bakery & Cafe

Exceptional Pastries & Bagels Baked Fresh Daily
Healthy Fast Food on Campus & in Town

MORE THAN JUST REAL BAGELS

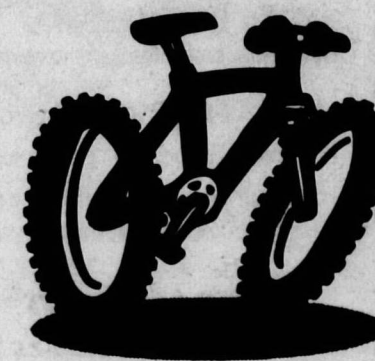


1061 L St
Arcata
826-3150

HSU
Depot
826-5308

1061 L St
Eureka
826-8521

RIDE YOUR BIKE



IT'S GREAT, IT'S EASY, IT'S CLOSE...

Parking next to your class couldn't be easier, with bike racks around campus, it's the perfect solution to a...

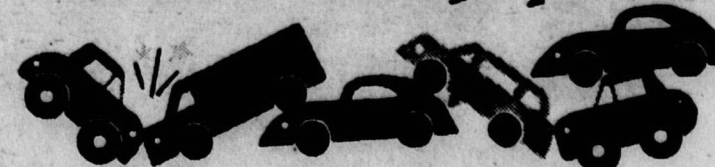
STRESS-FREE COMMUTE!!

For bicycle licensing & transportation alternatives

Parking & Commuter Services

826-3773 parking@humboldt.edu

EASE THE CRUNCH



COUNSELING and PSYCHOLOGICAL SERVICES

Humboldt State University
Student Affairs

Groups Spring 2003

STRESS LESS Drop-in
relaxation techniques.

TENSION TAMERS
Learn to better
manage anxiety.

DREAM A LITTLE DREAM What are your dreams
trying to tell you? Come find out!

TRADITIONS For students who are from communities or
racial backgrounds that are underrepresented at HSU.
Unstructured discussions about a variety of issues.

GRIEF

WOMEN'S ROOM

ISSUES OF FAMILY OF ORIGIN

ACOA

HEALTHY COUPLES

GIRLFRIENDS Structured women's support group.

BOUNDARIES Discuss the effects of
living without clear boundaries and
discuss new ways of coping to provide a
better sense of emotional stability.

SOCIAL SUPPORT Providing
support to learn how to express
positive feelings and improve
personal effectiveness.

GRADUATE STUDENT SUPPORT

ANGER MANAGEMENT

10%

This group is for students who identify as lesbian, gay, bisexual, and
transgendered and for those who are in the process of thinking
about (or questioning) their sexuality and would like a safe place to

BETTER RELATIONSHIPS

BLUES BUSTERS

PARENT SUPPORT

WELLNESS SUPPORT Provides techniques to help
manage anxiety, nervousness, increase self-esteem,
and develop improved relationships.

NEW DIRECTIONS
Support for
students
attending college
later in life.

ANGER AWARENESS Providing information and
coping strategies for dealing with anger.

HEALING ROOM In this structured 10-12 week group, learn
survival skills for healing after sexual assault or abuse and re-create
connection and safety with others. Pre-Screening Required.

**FOOD FOR THOUGHT: CREATING A POSITIVE RELATIONSHIP WITH
FOOD & BODY** Explore your relationship with food, your feelings
about your body and examine the impact that society has had in
these areas to create a new more empowered approach to eating
and self.

Groups start the week of January 27th

To attend any of these groups call 826-3236 or come
to Counseling and Psychological Services Student
Health Center Building 2nd floor Room 205

For more information see our web page www.humboldt.edu/~hsucaps

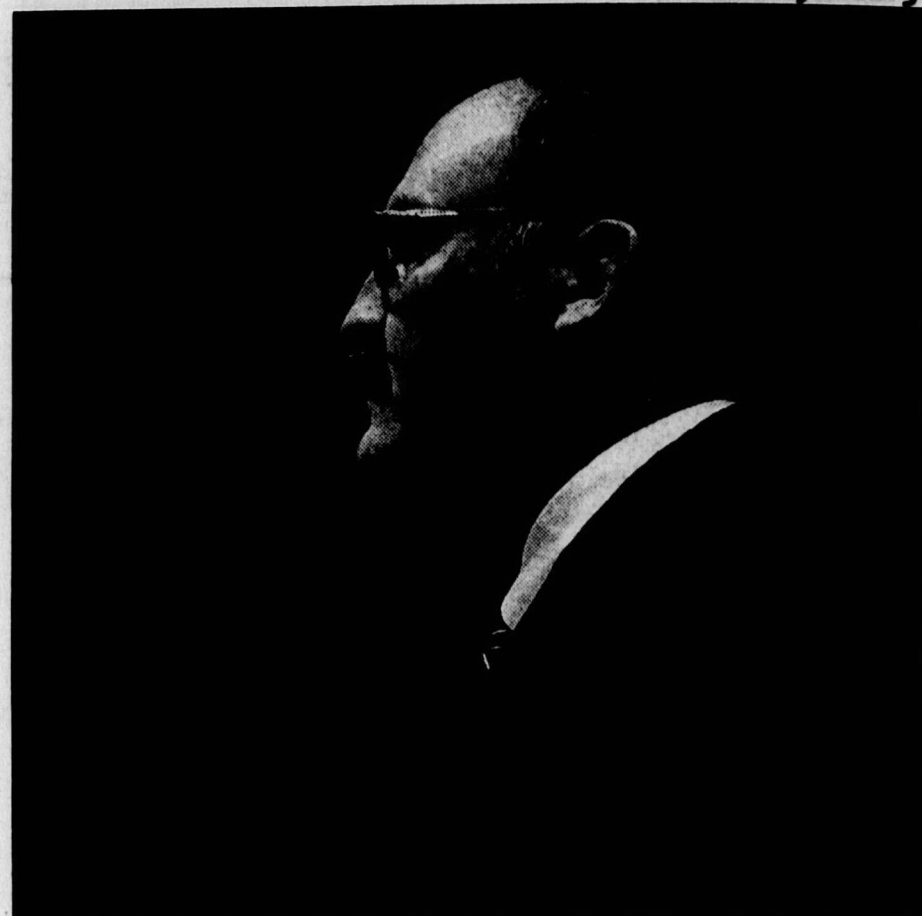


PHOTO BY JAMES MORGAN

VP candidate Mark Rozewski speaks at an open forum in
the Natural Resources building Room 101 last Friday.

Candidates for VP address the campus

By James Morgan

EDITOR IN CHIEF

Perspective candidates for
the new vice president of ad-
ministrative affairs began mak-
ing appearances at the campus
last week.

Mark Rozewski — associate
provost for finance and plan-
ning at Rutgers University in
Camden, N.J. — visited the
campus at 8:30 Friday morn-
ing, culminating in an open
forum in Natural Resources
101 on Friday afternoon and
a meeting with President Rich-
mond.

To a crowd of about 30,
largely comprised of HSU fac-
ulty, he talked about his expe-
rience in both fiscal and man-
agement issues in his time at
Rutgers — more than 20 years.

Most of the questions Roze-
wski answered at the com-
munity forum were related
to administrative issues. But
Rozewski did comment on
other aspects of secondary ed-
ucation, including how well-
maintained classrooms con-
tribute to setting the tone of a
college.

Rozewski also addressed
the relationship between a col-
lege and its "host community,"
touching on the law suit be-
tween the university and the
City of Arcata about the pro-
posed BSS building.

Staff and faculty tried more
to get an idea on his experience
and personal philosophy as it
would relate to the job.

His day also included meet-

ing with the search committee
and both directors and staff
of development and adminis-
trative services. Also, the itin-
erary included a lunch with
the executive committee and
a meeting with the Academic
Senate's executive committee.

Rozewski was the first of
four candidates vying for the
position. All of the candidates
will have virtually identical
agendas for the visits.

Yesterday, William Becker
— who is the executive vice
president at Mt. Hood Com-
munity College in Gresham,
Ore. — visited the campus.
He spoke in Science B 133 at
4 p.m.

Two more candidates will
come this week. On Friday,
Kenneth Levison will visit. His
community forum scheduled
for 3 p.m. in Nelson Hall East
102. Levison is the vice presi-
dent for administration and an
adjunct lecturer on humanities
at the State University of New
York College at Geneseo, N.Y.

And on Monday, Carl Coffey
spends his time in the hot
seat. Coffey is the interim vice
president for development
and administrative services
at HSU. He also is the associ-
ate vice president for facilities
planning and operations at
CSU Stanislaus in Turlock.

Coffey will answer ques-
tions in Nelson Hall east at 3
p.m. in Nelson Hall East 102
on Monday.

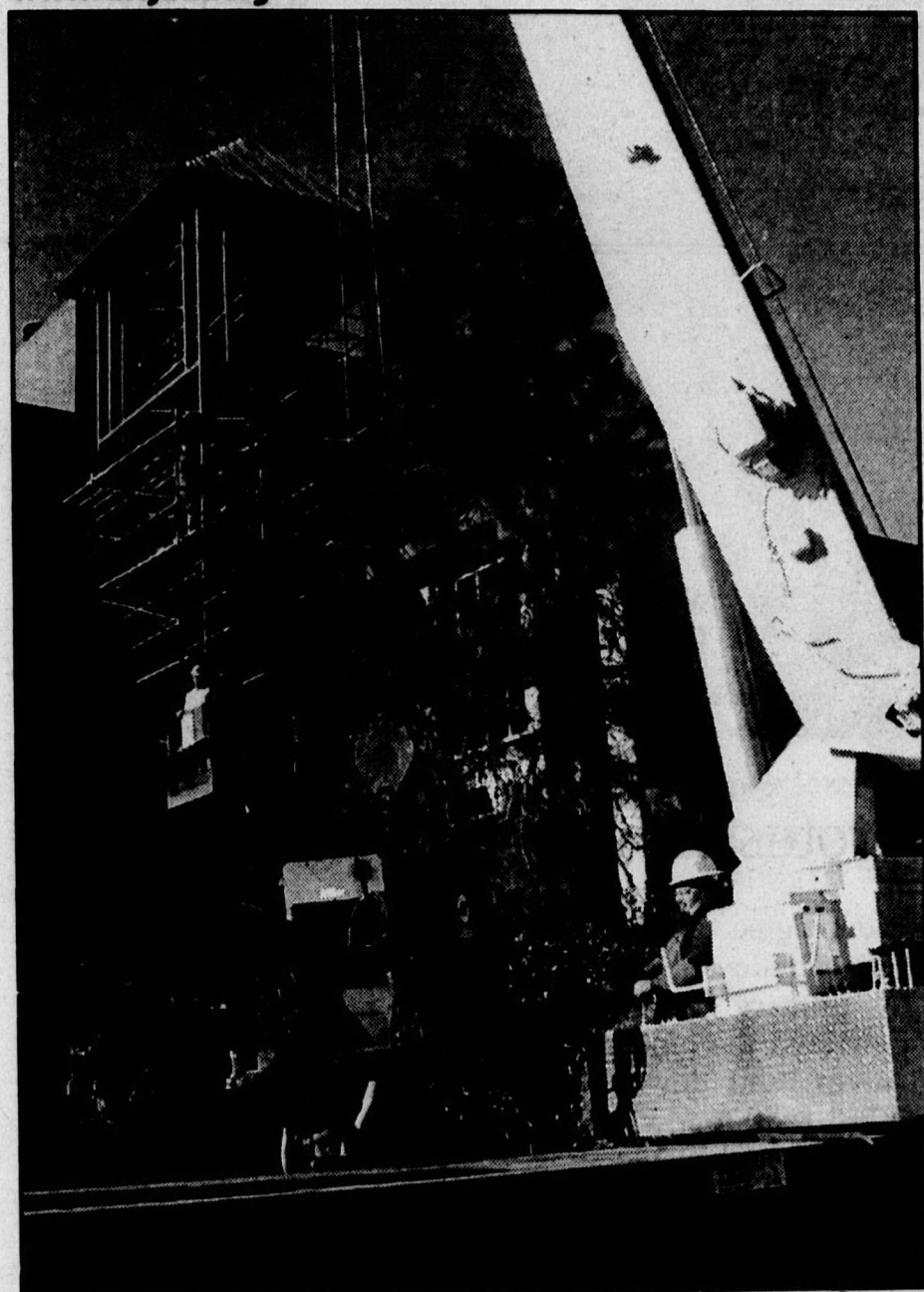


PHOTO BY NATHAN RUSHTON

A tower is being added to the library to house a new air intake duct. The old system, located on the library's basement level, was inadequate.



Talisman

Direct Importer of Beads
Indonesian Crafts and
East Indian Tribal Jewelry

आत्मवास भव
(Be authentic)

214 F. Street • Eureka, CA 95501 • 707.443.1509

ARE YOUR EYES TIRED AND SORE?
SICK OF READING? JUST LOOK AT THE
GRAPHICS AND COME BACK LATER.
the 'jack

SOLUTIONS

HEMP * RECYCLED * ORGANIC

shirts
pants
dresses
skirts
hoodies
shoes
socks
journals
paper
cards
wallets
backpacks
underwear
yoga wear
twine
paints
finishes



sheets
towels
pillows
bedding
H2O filters
body care
bags
solar
hats
books
toys
games
T-shirts
chocolate
tree-free
...and more

"Make a difference"

1063 H Street • Arcata • 822-6972

ARCATA & MAD RIVER TRANSIT SYSTEM

A&MRTS

822-3775

Extended hours
until 10 PM,
Monday to Friday

Your HSU Faculty,
Staff or Student I.D.
will get you anywhere in
ARCATA absolutely FREE!

Take the bus "in Arcata it's the best thing going"

NOW Offering Greyhound Tickets
and Package Express Services

GREYHOUND
PACKAGE EXPRESS

For More Information Call:
1-800-231-2222 or www.greyhound.com



studies show that 90% of HSU students learn about the birds and the bees from the personals on thejack.org



Colony Inn Your own room !

... for a lot less than dorms

- » Pay as little as \$315 per month including utilities
- » Get free internet access & use our computer lab
- » Stay close to HSU, the Plaza and on the bus line

Come check it out !

455 Union Street

822-1909

Financial Aid Recipients!

Spring
Freeze Date
is

February 4th



This is the deadline to finalize your enrollment for financial aid. Note that this date is earlier than the last date to add classes.

Consumer Information Advisory: A list of information required to be published and available for students, employees and the general public can be reviewed on our Financial Aid homepage at www.humboldt.edu/~finaid. This disclosure list fulfills requirements of the Higher Education Act of 1965 and the Higher Education Amendments of 1998; information regarding student rights required by the Family Education Rights and Privacy Act (FERPA) of 1974; the Student Right to Know and Campus Security Act of 1990; the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act of 1990; the Equity in Athletics Disclosure Act of 1995 and the Drug-Free Workplace Act of 1988. You may request a paper copy of this list from the Financial Aid Office.

*Note: The University's annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus, in certain off-campus buildings or property owned or controlled by Humboldt State University and on public property within, or immediately adjacent to and accessible from the campus. The report also includes institutional policies concerning campus security, such as policies regarding alcohol and drug use, crime prevention, the reporting of crimes, sexual assault and other matters. You can obtain a copy of this report by contacting the University Police Department or by accessing the following website: <http://www.humboldt.edu/~hsupd>

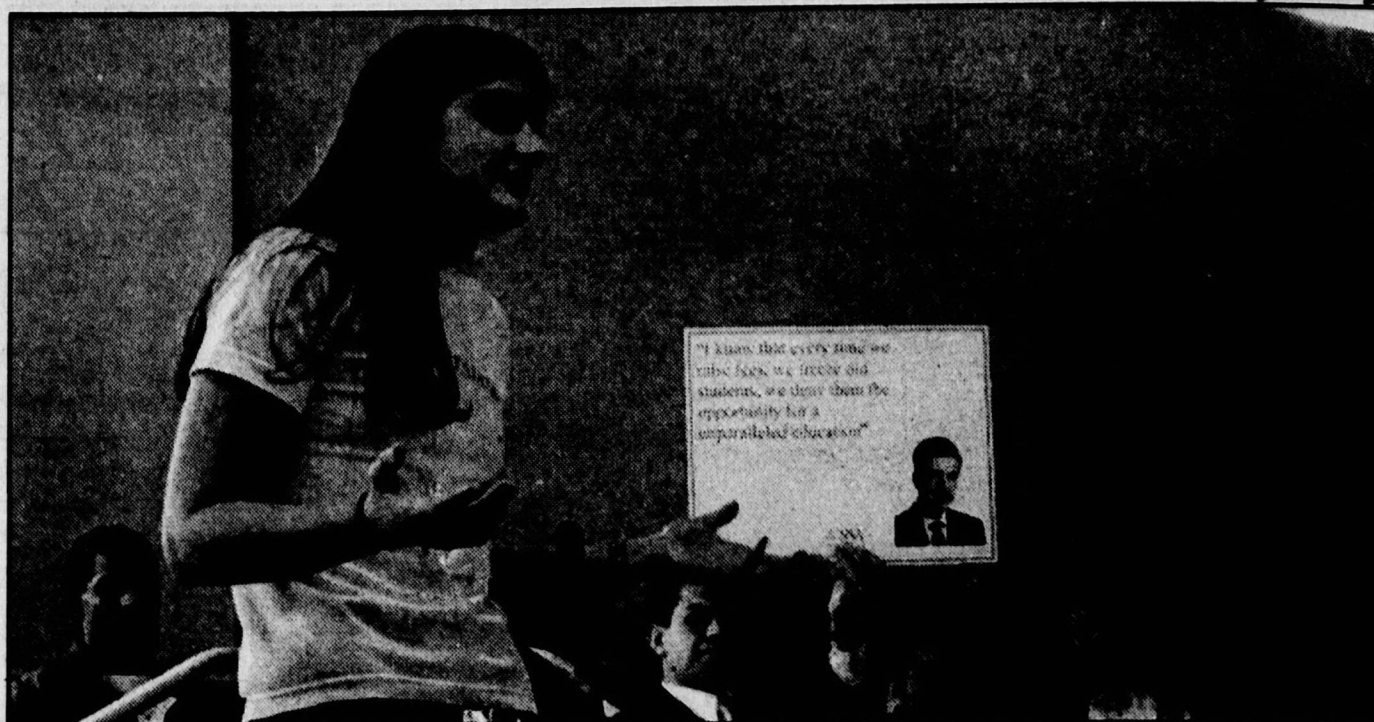


PHOTO BY CHRISTOPHER COOK

CSSA representative Caitlin Gill addresses the board during its meeting on Dec. 16

Increase: Students protest the Board's decision

•continued from page 1

position, was intentionally put in a situation where they had no other recourse."

Gill said the board of trustees' is essentially a political tool that the governor and the legislature can use to carry out politically unpopular actions.

Gill said she looked at the CSU budget and felt there were other cost offsetting options that could be carried out. The CSU board of trust-

ees didn't agree with the Gill's recommendation.

The primary goal that Gill said she and the other representatives went down to accomplish was to put shared governance on the table.

"The real crime about the 10 percent student-fee increase was that it happened with no student input at the worst possible time for students who have already bud-

geted through their full academic year," Gill said.

Gill said that if student fee increases are on the table, students should be able to sit at that table if it is going to affect them. She said that during the spring semester the California State Student Association will have a presence in the capitol lobbying the legislature on the proposed budget to preserve California's higher education.

centerartsseason

fri jan 24

direct from west africa!

habib koite

acclaimed guitarist from mali & his high energy band

sponsored by the
Metro CDs & Tapes
and Los Bagels

& bamada

sat jan 25

renowned for its
unique artistic
vision & fearless
commitment to
experimentation

kronos
quartet



sponsored by
Alvarado Plaza Grill



fri feb 14

ballet
hispanico

a dazzling fusion of
modern dance, ballet,
and latin dance!

sun feb 16

shawn colvin

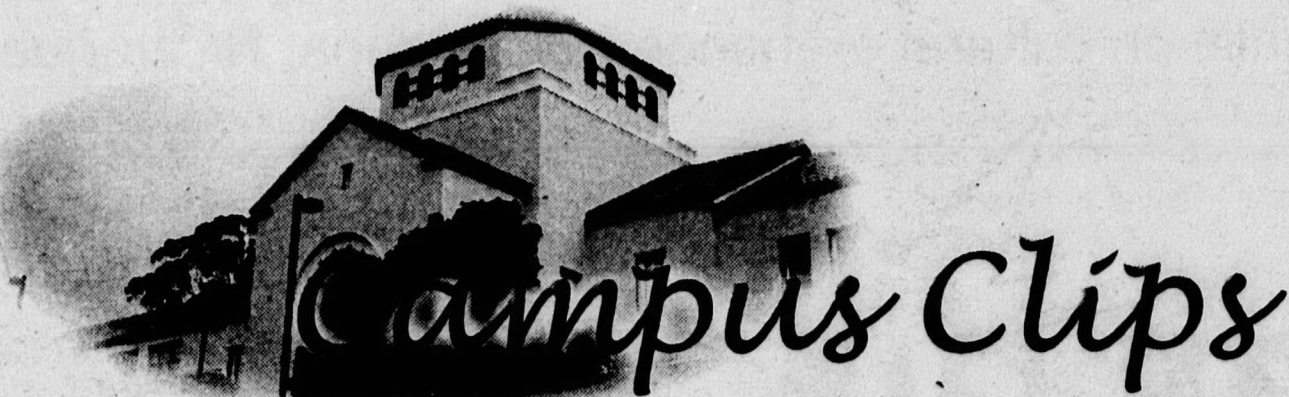
sponsored by the
Metro CDs & Tapes
and Los Bagels

grammy award-winning singer/songwriter

all shows 8pm van duzer theatre, unless indicated otherwise

get your
tickets today!

826-3928



Celebrate the Lunar New Year on Feb.1

The Lunar New Year, as celebrated in countries such as China, Vietnam and Korea, falls on Feb.1 this year. To celebrate the year of the sheep the Asian Pacific American Student Alliance, in conjunction with the Council for Adoptive Children, will hold a celebration in the Kate Buchanan Room on Saturday, Feb. 1, from 11 a.m. to 2 p.m. Festivities will include traditional New Year dishes, refreshments, and arts and crafts. Chinese Lion Dancers from the Bay Area will also perform. Admission is free and open to the public.

For more information contact Isaac at 822-0547.

MCC presents 9th annual Diversity Conference

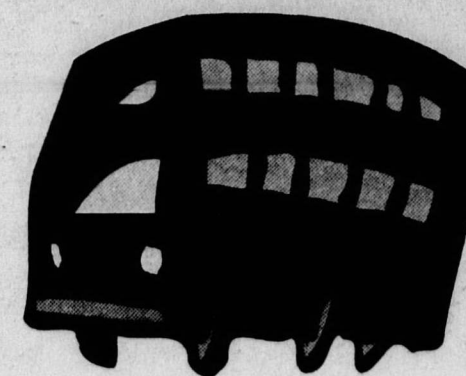
The MultiCultural Center will present its 9th annual Diversity Conference on March 7 and 8 with this year's theme as "Coalition Building: Unit-ing for Change; Communi-cating to Make a Difference." One unit of academic credit is offered in ethnic studies, women's studies and leader-ship studies.

John Brown Childs, author of "Transcommunalism: from the Politics of Conversion to the Ethics of Respect," will be the keynote speaker. The fees

for the conference are \$15 for HSU and CR faculty, staff, stu-dents, high school students, and \$20 for community mem-bers. For students taking the conference for credit, the fee will be added to their spring registration fee. Non-credit participants may register at the MCC (House 55). For more information contact the MCC at 826-3364.

-compiled by Hazel Lodevico

RIDE THE BUS



IT'S GREAT, IT'S EASY, IT'S CLOSE...

Get on and off the bus in the center of campus. What could be closer?

Low cost or FREE rides and a...

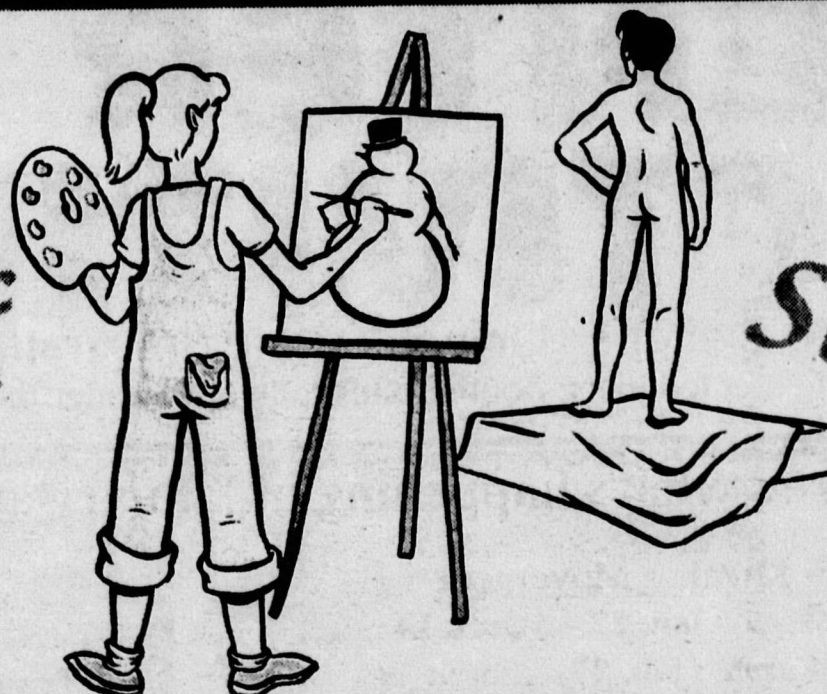
STRESS-FREE COMMUTE!!

For bus schedules & transportation alternatives
Parking & Commuter Services
826-3773 parking@humboldt.edu

EASE THE CRUNCH



20-50 % off



Super Savings

Super Savings throughout the store!

Back to School Sale

20% off all class list items

Golden-liquetex Acrylic Paints 25% off

Strathmore Pads 25% off

Easels 20-50% off

 **ART CENTER**

211 G St. • Oldtown, Eureka • 443-7017 • 815 J St. • Arcata • 822-4800

Sister City Club urges students to make a difference

Members perform humanitarian aid while on cultural exchange to Camoapa, Nicaragua

By Hazel Lodevico

CAMPUS EDITOR

For the past several years, the Arcata Camoapa Sister City Club has dedicated itself to humanitarian aid on cultural exchange to Camoapa, Nicaragua.

But with leadership changes after years of active involvement, the HSU student chapter of the Arcata Sister City Club is currently looking for motivated students to keep the tradition alive.

The student-run organization sends a brigade of students to the agrarian community on Nicaragua's pacific Coast Range to work on various projects which include community development and working with local leaders of Camoapa.

The club offers a broad range of opportunities to members, social science graduate student Neil Peacock said.

"If you have a desire to do volunteer work or do service

learning, learn about a different country, intern, receive independent credits or do research on a project, you can do all of this with the Sister City project," Peacock said.

Arcata's ties with Camoapa, a community of 1,200 people, began in the 80s as a statement of political solidarity with the Nicaraguan government at the time, taking a stand against Reagan era intervention in Nicaragua. The city of Arcata sent a group of delegates to find a city in Nicaragua to form sister city ties.

The group came across Camoapa, which, like Arcata, is a small city surrounded by a country setting. Since then the city of Arcata has formed close ties with the Nicaraguan community.

The HSU chapter of the Sis-

ter City Club was formed in 1996 as a student auxiliary of the Arcata organization.

Peacock emphasizes that although the club receives some support from the city of Arcata, they are a totally student-run organization.

Although the club applies for small grants through AS and the Women's Center, Peacock said much of their funding for their trips is generated through extensive fund raising such as benefit concerts and tabling on the quad.

Once funding is raised and

enough students are interested in going, a trip usually scheduled during the summer is organized.

While in Camoapa, members have the chance to experience life

in a Latin American country while working towards the development and betterment of Camoapa through community service and humanitarian aid.

The club has worked on projects ranging from cultural to material projects. For example, delivered bags of baseball materials and old uniforms to the Nicaraguan community where baseball is a favorite pastime. Members also worked on projects such as improving wells and landscapes to community centers such as

an adult education center.

Members also helped build a basketball court for a youth diversion program with volunteers from Arcata High School.

"It's definitely an adventure," Peacock said.

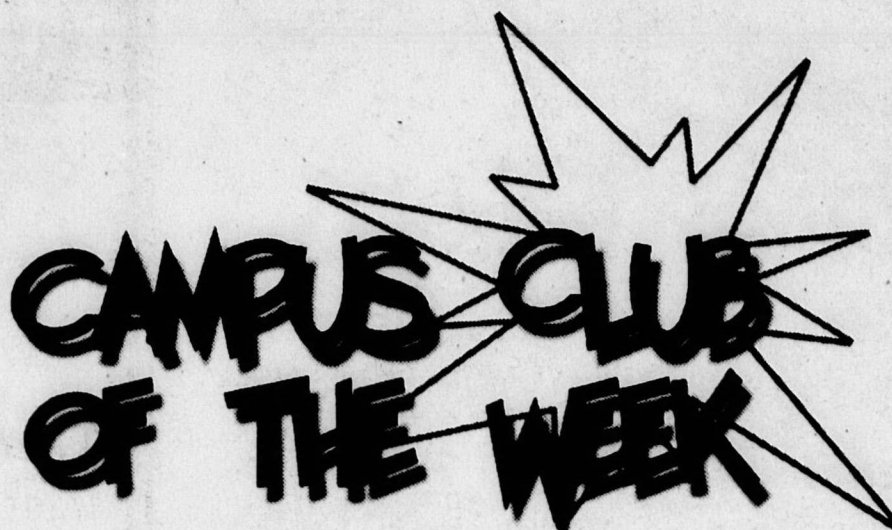
However, the benefits of the Sister City Club extend academically as well as culturally, Peacock said.

"This is all student motivated," Peacock said. "Students can build a relationship with their professors and their professors can see the hard work and effort they put into this project and give them credit in a number of different ways."

Through his experiences with the Sister City Club, Peacock said he has received credit for internships and for several of his classes. Peacock's efforts with the Sister City Club has also earned him two scholarships.

Peacock stresses the broad range of areas students can

See Camoapa, page 12



CENTER ACTIVITIES

University Center • Humboldt State University • Arcata
Conveniently located in the South Lounge, directly under the Bookstore.

Here's what's happening in January and February:

Yoga • Karate • Movement

Physical Yoga • Jan. 27 - March 14

Isshinryu Karate • Jan. 27 - March 14

Finding the Point of Balance • Feb. 9

Yin Yang Play • Feb. 15

Using Your Center for Power
& Elegance • Feb. 12 - March 19

Art • Cooking

Round Two of Tantalizing Soups • Jan. 29

Beginning Foiled Stained Glass • Feb. 1 & 2; Feb. 3 & 4

Turkish Delight • Feb. 5

Skills & Training

EMT-1 • Jan. 28 - May 8

Private Pilot Ground School • Feb. 12 - April 23

Intro. to Birdwatching • Jan. 28 - Feb. 2

ARC Workplace First Aid & Safety • Feb. 24

ARC Adult CPR • Feb. 26

Music • Dance

Beginning /Intermediate Guitar • Jan. 28 - March 11

Beginning Poi Dance • Jan. 28 - March 11

Intro. to Middle Eastern Dance • Feb. 1 - March 8

Outdoor • Aquatic Adventures

X-Country Skiing for Beginners • Feb. 9; Feb. 22

Intro. to Kayaking • Feb. 16

Intro. to Sea Kayaking • Feb. 22

Kayak Pool & Roll Session • Feb. 23



826-5557

Aquatic Classes

Outdoor Classes

Leisure Classes

Outdoor Rentals

Consignment

Check us out online

Come by and pick up a catalog for detailed class descriptions and a full list of all classes offered.



Thursday, Dec. 19

9:41 a.m. Several subjects were reported smoking marijuana under the Annex's east canopy. Officers responded but the subjects were gone on arrival and unable to be located.

5:55 p.m. A subject was arrested in Sunset hall for maintaining a place meant to unlawfully furnish or use controlled substances.

The subject was also charged with possession of more than an ounce of marijuana, intent to sell and possession of concentrated cannabis.

The search warrant was served with assistance from the Arcata Police Department.

9:21 p.m. A subject was cited in the Sunset hall for possession of less than an ounce of marijuana.

11:18 p.m. UPD received a report of a subject in Cedar hall smoking marijuana in their room.

Saturday, Dec. 21

11:00 a.m. A housing employee reported finding less than an ounce of marijuana in the Creekview, Redwood and Manor residence halls.

11:45 a.m. An officer picked up a bong confiscated from the Redwood Manor residence hall. It was slated for destruction.

11:45 a.m. An unspecified number of smoking pipes and bongs were found in various residence halls during the winter break's security checks.

They were confiscated and slated for destruction.

1:45 p.m. UPD respond-

ed to a weapons violation and picked up a pair of nun-chakas found and confiscated from the Redwood or Sunset residence hall.

10:00 p.m. UPD received a report of a strong marijuana odor on the second floor of the Maple residence hall. Officers responded, checked the area but were unable to locate the subjects.

Sunday, Dec. 22

12:36 p.m. Off campus assistance was requested to contact a subject seen inhaling an

unknown substance, possibly hair spray or paint.

Friday, Dec. 27

1:48 p.m. UPD confiscated marijuana and a smoking pipe confiscated from a Redwood or Sunset hall resident. The pipe and marijuana were slated for destruction.

Monday, Dec. 30

11:55 a.m. UPD responded to a request to check a Gist hall office for a space heater that was possibly left on. The heater was found and was turned off.

Tuesday, Dec. 31

7:39 p.m. A possible mushroom picker was contacted near the footbridge near the Cypress/Creekview trail. No contraband was found.

11:46 p.m. A driver was stopped at 8th and G streets. The subject had been drinking but their blood alcohol levels did not exceed the legal limit.

-COMPILED BY NOLAN O'BRIEN



Bongs confiscated from residence halls...

last semester: 8
this semester: 0

Bong Tally

An Afternoon with the Authors

Come see what it's like to travel with the Grateful Dead, solve mysteries, or live life as a waitress.

The Humboldt Literacy Project presents the 3rd annual

"An Afternoon with the Authors"

Sunday, February 2nd, 2003

1:00 - 4:00 p.m.

at the North Coast Inn, Arcata

Tickets are \$20 • Seating is limited!

For advance tickets, contact HLP:

(707) 445-3655

Visa and Mastercard accepted.



Our guests this year are

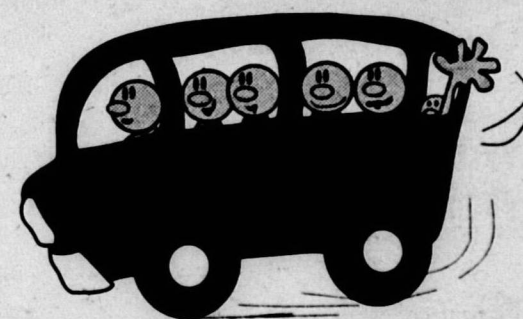
Dennis McNally,

Penny Warner,

and Alison

Owings

CARPOOL



IT'S GREAT, IT'S EASY, IT'S CLOSE...

Three people, your HSU parking permit and a visit to the Harpst Street Parking Office will make a...

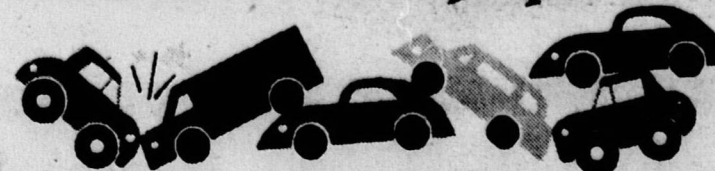
STRESS-FREE COMMUTE!!

For carpool matching and transportation alternatives

Parking & Commuter Services

826-3773 parking@humboldt.edu

EASE THE CRUNCH



visit
thejack.org
duh...everyone's doin' it!

TheJack.Org

check it out



You know You want to

Camoapa

•continued from page 10

"Students can link with a third world country, broaden their perspectives of the world and at the same time actively work to make a difference."

Sterling Evans

SISTER CITY CLUB ADVISER

earn credits in.

"The opportunities are so open," Peacock said. "I've seen students earn credit in anything from political science and nursing. I based some of my research for my senior project through what I experienced in Camoapa."

"The Sister City Club is definitely a valuable experience for students," Sterling Evans, professor of history and adviser to the Sister City Club. As a member of the Arcata organization, Evans said traveling with the student chapter of the Sister City Club to Camoapa was an eye-opening experience.

"There is a broader world this club is lucky to be involved with," Evans said. "Students can link with a third world country, broaden their perspectives of the world and at the same time actively work to make a difference."

As he looks towards graduation in May, Peacock said he would like to see the torch of active involvement carried on. Yet, at this point in its existence, the club is experiencing its lowest ebb of involvement.

Peacock urges students to look into the opportunities the Sister City club can offer.

"If there is anyone out there who is interested in Latin America and thinks they could be involved with Sister city, then they should get involved, because they can - they have opportunity to make it happen

"Have confidence in your ability for change - volunteer and get experience. That will help you in your future," Peacock said.

Peacock will meet with anyone who is interested in being a part of the Sister City Club in the Karshner Lounge every Thursday at 6 p.m. for the first three weeks of the semester.

NORTH COAST EDUCATION SUMMIT 2003

February 7-9, 2003
Friday-Sunday at
Humboldt State University

Three Days of Workshops,
Activities and Speeches on
the Cutting-Edge Issues of
Our Time including...

- What Do Students Get Out of *Burning Man* that they Don't Get Out of College?
- Working with Children from Poor White Families
- Becoming an Anti-Racist Teacher
- The ABC's of Writing Children's Books
- How Should Professors Best Use Office Hours?
- What is the First Year of Teaching Really Like?
- Entire Tracks of Workshops on Service Learning, Homophobia in Schools, and Environmental Education!



Dorothy Allison, author of *"Bastard Out of Carolina"* will speak on Sunday at 3:30 pm at Van Duzer Auditorium.

You Want To Be Here!

Register Today: (707) 826-3731
or www.humboldt.edu/~summit03

\$40 registration fee; to attend only Dorothy Allison's speech, tickets at the door for \$10.

HSU and CR students: \$10

Scholarships and Disability Accommodation Available

Humboldt County to combat terrorism with a case of the smallpox

County health officials investigate potential use of aged vaccine

by Nolan O'Brien

MANAGING EDITOR

Small pox vaccines have not been given since 1972, but beginning in February some of Humboldt County's health care workers will join the planned 10 million to receive the living sister virus used to eradicate naturally occurring small pox in the 1970's.

Humboldt County's February inoculations will help comprise a nationwide bio-terrorism response system designed to offset the occurrence of a small pox epidemic.

"We're working under orders from the White House," said Ann Lindsay, Humboldt County public health officer, Department of Health and Human Service. "One of our goals is to have a small pox response team who could staff emergency vaccination efforts."

Federal money has been set aside to offset the costs of preparing such a response system.

"Ultimately, the bio-terrorism funding will benefit our infrastructure and allow us to do things we should have done all along but never had the funding to do," Lindsay said. "In terms of money that's come in, the public health laboratory received \$400,000 for upgrade and we received almost another \$300,00 for planning and infrastructure development."

Small pox can be deadly, but unlike other bio-

weapons, it is also contagious. While there is no treatment for small pox, Lindsay said that 95 percent of those who receive the vaccine within three days of exposure are not affected. But she also said that if you were exposed to small pox today, it could take up to 18 days before you felt sick.

"They're giving us the vaccine but we have to administer it," Lindsay said.

She expects between one and two hundred Humboldt County response team members to be inoculated during the first phase in early February. These workers will be prepared to respond to a public medical emergency. Phase two is planned for March and will focus on the general medical community as well as police and fire workers. According to Lindsay, the second phase should see ten times the inoculations of the first phase. While it is unclear when phase three will take place, it will offer voluntary inoculations to the general public.

"As of now, there is no date for a plan to make a vaccine for small pox available to the general public," Lindsay said. "At this point, I would say one-third of the people shouldn't be vaccinated."

Lindsay said that alternative vaccines are under development and that the public could see an alternative as soon as 2004.

While current vaccination plans focus on preparing a medical team for bio-terror response, Linda Loomis foresees dangerous results if the general pub-

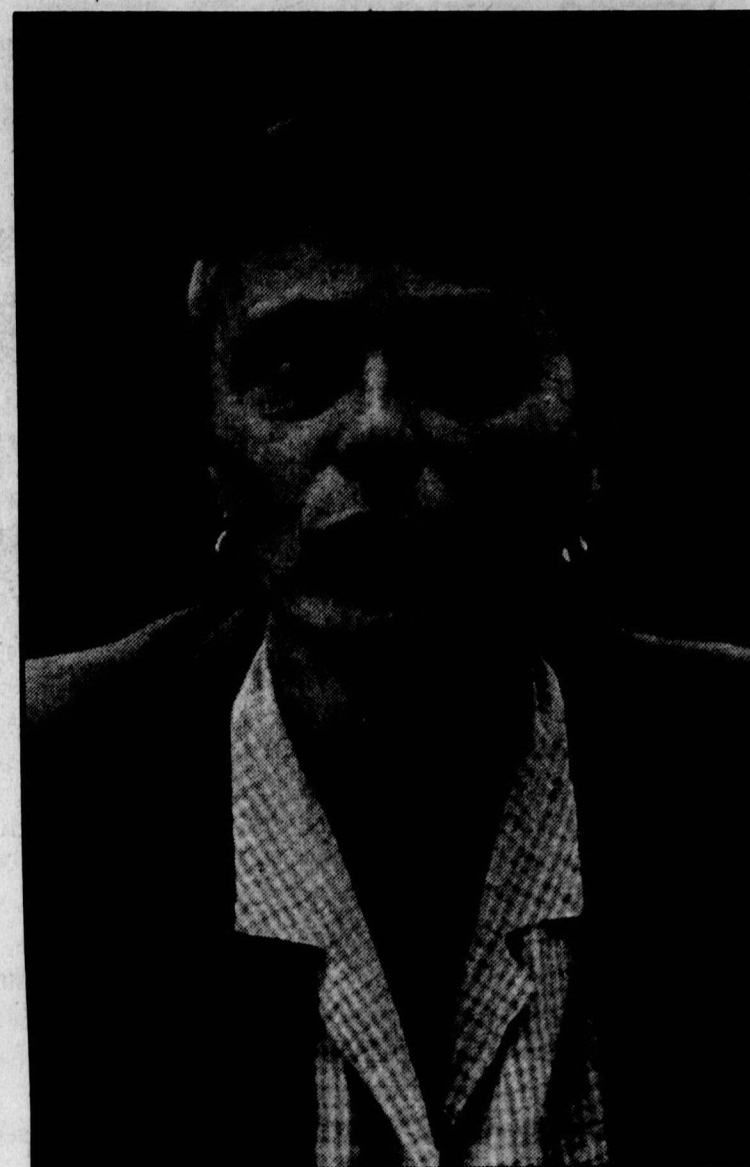


PHOTO BY NOLAN O'BRIEN

Humboldt County Health officer, Ann Lindsay, discusses the use of the smallpox vaccine to combat potential bio-terrorist attacks.

lic is granted access to the living sister virus. Loomis is an HSU graduate who was injured in 1960 by exposure to the vaccine.

"The most adverse side effect is death," Loomis said during a phone interview from San Antonio, Texas. "This is not your mother's measles vaccine. You can pass the vaccine virus onto other people."

see Smallpox, page 18

Woods pleads not guilty to murder

Teen arraigned more than two months after November '02 killing

by Matt Crawford

SPECIAL PROJECTS EDITOR

An Arcata teenager arrested in connection to the murder of his father pleaded not guilty to charges of murder, robbery and vehicle theft at an arraignment earlier this month.

Nearly two-and-a-half months after his arrest, Benjamin Woods, 17, entered the plea on Jan. 6.

Previous attempts to arraign the teenager were postponed because Greg Rael, Woods' attorney, did not have time to review all of the evidence for the case. Other delays occurred after Deputy District Attorney Max Cardoza, the lead prosecutor in the case, left town on a family emergency.

Woods was apprehended 40 miles north of Weaverville on Nov. 18 after his friends notified police of his location. He

was driving his father's pickup truck.

In an interview after the arrest, Arcata Police Lt. Randy Mendosa said he got the impression that Woods called his friends so law enforcement could find him.

Woods' father, John Woods, was found dead in his Arcata home on Nov. 15.

According to Humboldt County Coroner Frank Jager, his death was caused by

multiple hits to the head from a blunt object. The murder weapon has not been located. However, after the autopsy Jager said the weapon was probably something similar to a pipe.

Although Woods is being tried as an adult, he is being held at juvenile hall because he is 17-years old.

After Woods turns 18-years old, the District Attorney's office will request that Woods be

transferred to the County jail, Cardoza said.

Cardoza said the judge will have the final decision.

The next proceedings in the Woods case will be a pre-trial on Feb. 5.

Cardoza said the pre-trial is basically a status conference to see if everyone is ready to proceed.

A preliminary hearing will

see Woods, page 16

Martin Luther King Jr. celebrated in Arcata community

Dance, song, and poetry presented in remembrance of famed civil rights activist

by Chris Cook

PHOTO CHIEF

The Arcata Recreation Division sponsored a community dinner at the Arcata Community Center Monday night to celebrate the ideologies of Martin Luther King.

Volunteers for the Community Center's Arts in the Afternoon program and the Redwood Peace and Justice center served beans and rice to over 230 people.

Dinner led into a program of performances designed to reflect King's teachings in a pertinent way to current



Members of the Arcata High School African drum class enlighten the crowd at the Arcata Community center while playing African rhythms in commemoration of Martin Luther King Jr. The high schoolers were also joined by several other performers in celebration of the life of the longtime civil rights leader.

events.

"What's important about Martin Luther King are his teachings. He was incarnated and left early, too early, but he left behind teachings that need to be exercised and utilized," said Jesse Wedemeyer, master of ceremonies.

Wedemeyer began the eve-

ning's performances with a traditional Hawaiian prayer song. Wedemeyer explained the importance of the word "Aloha".

"Used in greeting, Aloha means, 'I give my breath to you,' or, 'I give my life to you. You begin to see the importance in that word when you

look at it this way," Wedemeyer said.

The evening's performances included the Arcata High School African drum class, a solo performance by 16-year-old communist punk vocalist Shane Brinton, and the inter-

faith gospel choir.

AHS African Drum class teacher Rigel Schmitt sang and played lead conga on a song he translated as, "If you insult us, your conscience will kill you."

Brinton's guttural lyrics

see King, page 17

BLUE LAKE CASINO SUPER BOWL PARTY!

SUNDAY • JANUARY 26TH

DOORS OPEN @ 1PM

KICKOFF @ 3PM

TICKETS

\$15 MVP CLUB MEMBERS

\$20 NON-MVP MEMBERS



614110

CASINO WAY • BLUE LAKE, CA 95525

YOUR TICKET INCLUDES:

- AN OFFICIAL SUPER BOWL PARTY T-SHIRT & PENDANT
- TWO DRINK TICKETS GOOD FOR TWO BUD DRAFTS
- APPETIZER BUFFET DURING THE BIG GAME
- CHANCES TO WIN SUPER BOWL MERCHANDISE
- A SEAT TO WATCH THE GAME ON OUR BIG SCREEN
- ENTRY TO WIN A 36" COLOR TELEVISION

FREE SUPER BOWL POOL

The first 100 fans through the gates receive a FREE SQUARE on our Super Bowl Pool.

SEATING IS LIMITED

GET YOUR TICKETS AT THE MVP CLUB

OR ORDER BY PHONE

(Mastercard, Visa, American Express Accepted)

Call 668.9770 (ext. 1149)



707.668.9770 • WWW.BLUELAKECASINO.COM

Sacred Grounds
ORGANIC COFFEE ROASTERS



7 TH & F ST ARCATA, CA

WWW.SACRED-GROUNDS.COM

Want to make an ounce of difference?

(Last year we made 70,000 pounds of it)

It's amazing what we can do together. Last year, Sacred Grounds roasted 70,000 pounds of certified organic coffee, representing almost one square mile of sustainable land use.

Thanks to you, our customers and friends, we are able to continue supporting fair traded, certified organic and shade grown coffee production in the developing world.

Want to know why we think this is so important? Take a look and see for yourself.

What Is Organic Coffee?

Coffee is the second most traded commodity in the world--and it is damaging our planet. That's because commercial coffee is also one of the world's most sprayed crops, and its fields are encroaching on thousands of acres of virgin rain forest.

Organic coffee, however, is grown *without* the dangerous pesticides and chemical fertilizers that are commonly used on large, commercial plantations. Instead, it is grown sustainably, with attention paid to the health of people and the environment.



Why Certify?

Without certification, organic coffee would not exist. Organic coffee produces less yield per acre than commercial coffee, and consumes more time and labor. The certification process is also long, complicated, and expensive. But, without organic certification, the small farmers who grow organic coffee would never get paid for their efforts. Furthermore, certification is the only way to defend the meaning of the term "organic" in the marketplace. Anyone can say that their coffee is organic, but certification is the only way to *guarantee* that the coffee we sell is exactly what we say it is--100% organic.

That's why we are happy to submit to the audits and on-site inspections of Quality Assurance International-- and proud that all of our coffee is certified organic.



Save the Forest?

Many forces contribute to the destruction of the rain forests and coffee is one of them. Millions of acres are devoted to growing row upon row of commercial coffee, creating an ecological desert.

That's why Sacred Grounds buys *nothing but* shade-grown coffee. Shade-grown coffee is grown under diversified shade cover--in and around the existing forest that is the natural habitat of hundreds of species of migratory song birds. These same birds, in turn, act as a natural defense against the bugs and pests that can ruin a coffee crop. Shade-grown coffee protects the great forests and the creatures that need the rain forests to survive...including people like us.



The Human Equation...

Let's face it. Money talks. Yet, for millions of third-world farmers, it stays eerily silent. The very people who produce some of our favorite things live in abject poverty. How can we expect them to think of things like "the environment" when they are starving? Obviously, *something* has to change.

That's why Sacred Grounds was one of the very first members of TransFair USA, an independent, nonprofit organization that promotes Fair Trade across the globe. Fair Trade improves the lives of small coffee farmers by guaranteeing them a fair price for their coffee, regardless of the ever changing price of coffee on Wall Street. Fair Trade promotes self-reliance and equality through fair market practices.

Sacred Grounds Coffee is available by the pound at our downtown cafe, the Arcata and Eureka Co-ops, Wildberries Marketplace, Murphy's Markets, and other fine food stores. Our coffee is now served at Windows Cafe at Humboldt State University, as well as at our downtown cafe and fine eating establishments.



Back - to - School

Save 50%

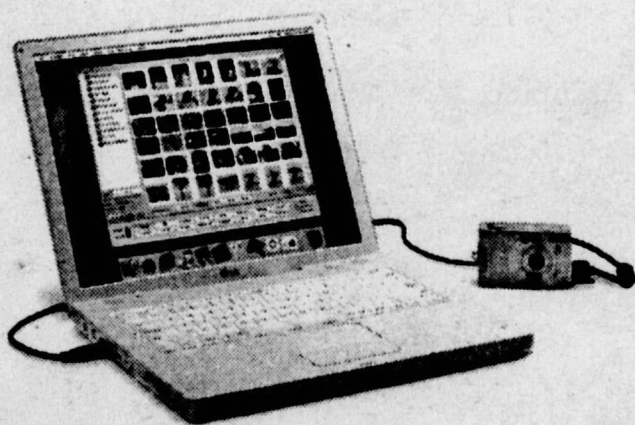
With this coupon
on all 4" house plants,
25% off all other house plants,
and 25% off all pottery with
purchase of indoor plant

Sale ends February 5, 2003

Miller Farms

1828 Central Ave. McKinleyville
Mon-Sat 8:30-5:30
closed Sundays until spring
www.millerfarmsnursery.com

Apple Macintosh Specialists



Sales Service Support

Our NorthCoast's *only*
Authorized Apple Dealer
and

Authorized Apple Service Provider.



Capital Business Machines

1336 4th Street Eureka • 443-9301



Authorized Reseller

Authorized Service Provider

Woods: Youth awaits trial

• continued from page 13

be held on Feb. 18.

"Some preliminary hearings take as little as a half hour or an hour, some take several days," Cardoza said.

Cardoza did not rule out the possibility of settling the case before going to trial.

"The vast majority of criminal cases settle before going to trial," Cardoza said. "For this case, its too early to tell."

November 15, 2002

John Woods is found dead from multiple hits to the head with a blunt object in his Arcata home. Police began a search to locate Woods's son, Benjamin.

November 16, 2002

A \$1 million warrant is issued for a 17-year-old Benjamin.

November 19, 2002

Benjamin Woods is arrested in a wooded area 40 miles north of Weaverville. The Humboldt County District Attorney's office files charges of murder, use of a deadly weapon, first-degree robbery, vehicle theft and the special circumstance of committing a murder during the course of a robbery. Wood's arraignment is postponed until December 4th.

December 4, 2002

The second attempt to arraign Woods is postponed because his defense attorney has not recieved all of the evidence for the case and Deputy District Attorney Max Cardoza was out of town due to a family emergency.

December 11, 2002

Woods arraignment is delayed for the third time because defense attorney Greg Rael had still not recieved all of the evidence for the case.

December 20, 2002

The fourth attempt to arraign Benjamin Woods is delayed because defense attorney Greg Rael was ill.

January 5, 2003

Benjamin Woods pleads not guilty to all charges. A pre-trial and preliminary hearing are scheduled for February.

www.thejack.org

King: Remembrance important to community

• continued from page 14

criticized American foreign policy.

"We just keep on Dropping Bombs/ We just keep on killing children, Brinton sang.

Brinton finished his set with his eyes pinched, tendons in his neck stressed, and his voice clawing out the line, "why not just try and enjoy your life."

Brinton explained that to him Martin Luther King's struggle was not just a struggle for black Americans, but a struggle for the working class.

"We need to struggle and we need to win," Brinton said.

The interfaith gospel choir culminated the evening's entertainment. The choir sang several songs including, "peace must last forever", and "Eyes on the Prize".

At the end, Wedemeyer invited the remaining 80 attendants to come to the front of the stage and join hands. Two circles were formed, one inside the other, and the In-



PHOTO BY CHRIS COOK

16-year old Shane Brinton, a Communist punk guitarist fervently belts out lyrics in front of the MLK Day crowd.

terfaith Gospel Choir lightly sang, "We shall overcome" as the PA system played Mar-

tin Luther King's "I have a dream" speech.

Don't Fold Under Pressure!



be like the lumberjack and listen to KRFH 610 AM

KICK ASS!

Student-Run Radio
www.krfh.net

Papa Murphy Says:

Make Football Parties Easy!

Our delicious pizza and your hot oven are a winning team!

Papa Murphy's
HAND MADE - DELIVERED

TWO LARGE 1-TOPPING PIZZAS

Three 100% real cheeses and your favorite topping!
Extra toppings available!

BOTH FOR ONLY \$11.99 ONLY 99¢ EACH

Exp Feb 28, 2003 • Not valid with other offers. Extra toppings additional.

your choice ANY FAMILY SIZE STUFFED PIZZA

Chicago Style:
Salami, pepperoni, sausage, beef, onions, Roma tomatoes, and green onions!

Big Munchy:
Pepperoni, sausage, black olives, mushrooms, Roma tomatoes, bell peppers and herb & cheese blend!

Grilled Chicken & Bacon:
Creamy garlic sauce, grilled chicken, crispy bacon, onions and Roma tomatoes!

Build Your Own:
Choose your three favorite toppings! Garnished with Roma tomatoes.

\$3 OFF!

Exp Feb 28, 2003 • Limit 1 per order. Not valid with other offers. Please see restrictions.

OUR LARGE PEPPERONI

Three 100% real cheeses and our premium pepperoni!
Extra toppings available!

\$6.99 ONLY 99¢ EACH

Want 30% More Pizza?

Exp Feb 28, 2003 • Limit 4 • Not valid with other offers. • Please see restrictions.

ANY LARGE GOURMET COMBO

Your Choice! All our Gourmet Combos are made with our delicious creamy garlic sauce. Choose from Gourmet Vegetarian, Chicken Garlic or Classic Italian.

\$9.99 ONLY 99¢ EACH

Exp Feb 28, 2003 • Limit 4 • Not valid with other offers. • Please see restrictions.

We Make Choices Everyday...



Picking out the best fresh powder includes charging into what life has to offer.
Don't cut the journey short.
Be healthy.



Factoid: If smoking trends continue, over 10 million people globally will die of smoking in the year 2030.

www.humfire.org/choice

This ad made possible by grant # 01-10000 with the Department of Health Services, California Coastal Region.

McKINLEYVILLE CHIROPRACTIC

Work Injuries • Auto Accidents • Low Back Pain • Headaches

Most Insurances Accepted

1660 Central Ave. Ste. A • McKinleyville • (707) 839-4344

Customized tours - NOT offered by any other tour company!

Highlands & Islands of Scotland

17 days • August 7-23, 2003

\$2935 credit card/\$2850 cash discount land only PPDO

(Air available at \$1200 pp)

Legendary Ireland

12 Days • July 21 - August 1, 2003

\$1880 credit card/\$1825 cash discount land only PPDO

(Air available at \$825 pp)



Each Tour:

- Our own private tour company
- Personally escorted by D. J. Loomis

RENO TOURS

Jan. 29-30 SANDS REGENCY \$125 PPDO
Mar. 18-20 NUGGET SHOW TOUR \$185 PPDO

Want \$50? Sign up for any Reno Tour shown in this ad and if your name is drawn as we depart, WE'LL GIVE YOU 50 DOLLARS CASH TO START YOUR TRIP!



CS12007118-40

Downtown Eureka
707.443.2778
info@dalaines.com

McKinleyville
707.839.4381
mckin@dalaines.com

The Best The World
Has To Offer

Want to hear about more great travel? Join our
mailing list. Phone or e-mail us!
www.Dalaines.com

JAMBALAYA

Seasonal Cuisine
Seafood & Bistro

Lively, Casual & Delicious * Full bar * Great Wine List
Open Tuesday Through Saturday from 5pm

Appetizers
Pint of Beer
Friends

Cosmopolitan Tuesdays \$3 * Margarita Wednesdays \$3

915 H Street * Arcata Plaza * Reservations: 822 4766

Smallpox: More potent than ever

• continued from page 13

Linda said the chances of another case like hers is one in 27 million.

"We're working under order from the White House. One of our goals is to have a small pox response team who could staff emergency vaccination efforts."

Ann Lindsay

DEPARTMENT OF HEALTH AND
HUMAN SERVICE

"I stand as the statistical anomaly," she said. "That summer I had a big patch of eczema in the crook of my left arm."

Her physician believes that the small pox vaccine entered the open eczema outbreak while with another child who had an exposed immunization site.

"There were more than 80 pustules that eventually erupted" Loomis said. "They were hard and lentil-like when they first came out. Some were so thickly clustered that the pustules ran together."

"I could not bend my arm and I had a very high fever," she said. "The doctors seriously considered amputating my arm."

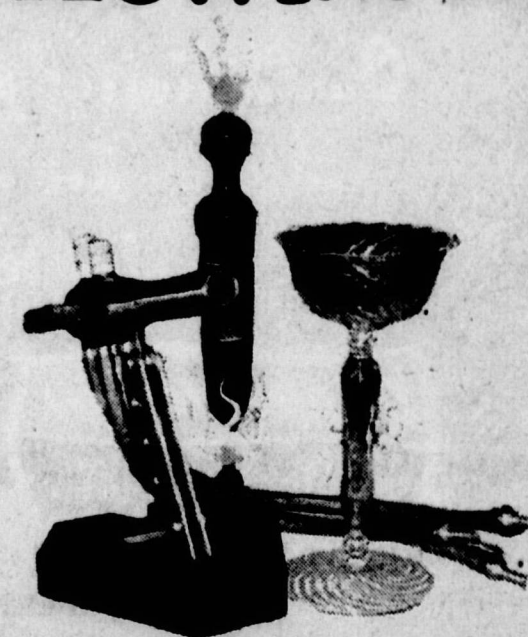
The white house does not recommend that the general public be vaccinated at this point.

Lindsay concurred, "In the absence of any direct threat of small pox, it would be advisable to wait."



www.ecotopiarecordings.com

GLASS BLOWING SUPPLIES



TOOLS • TUBE • ROD • COLOR • MILLEFIORI
Protective Eyewear • Kilns • Dichroic Glass
Gift Certificates Available • Make Your Own Gifts

GLASS HOUSE

Millefiori Gallery at www.millhouse.com

1264 Giuntoli Lane • Arcata, CA • 707-822-1374
fax 707-822-1375

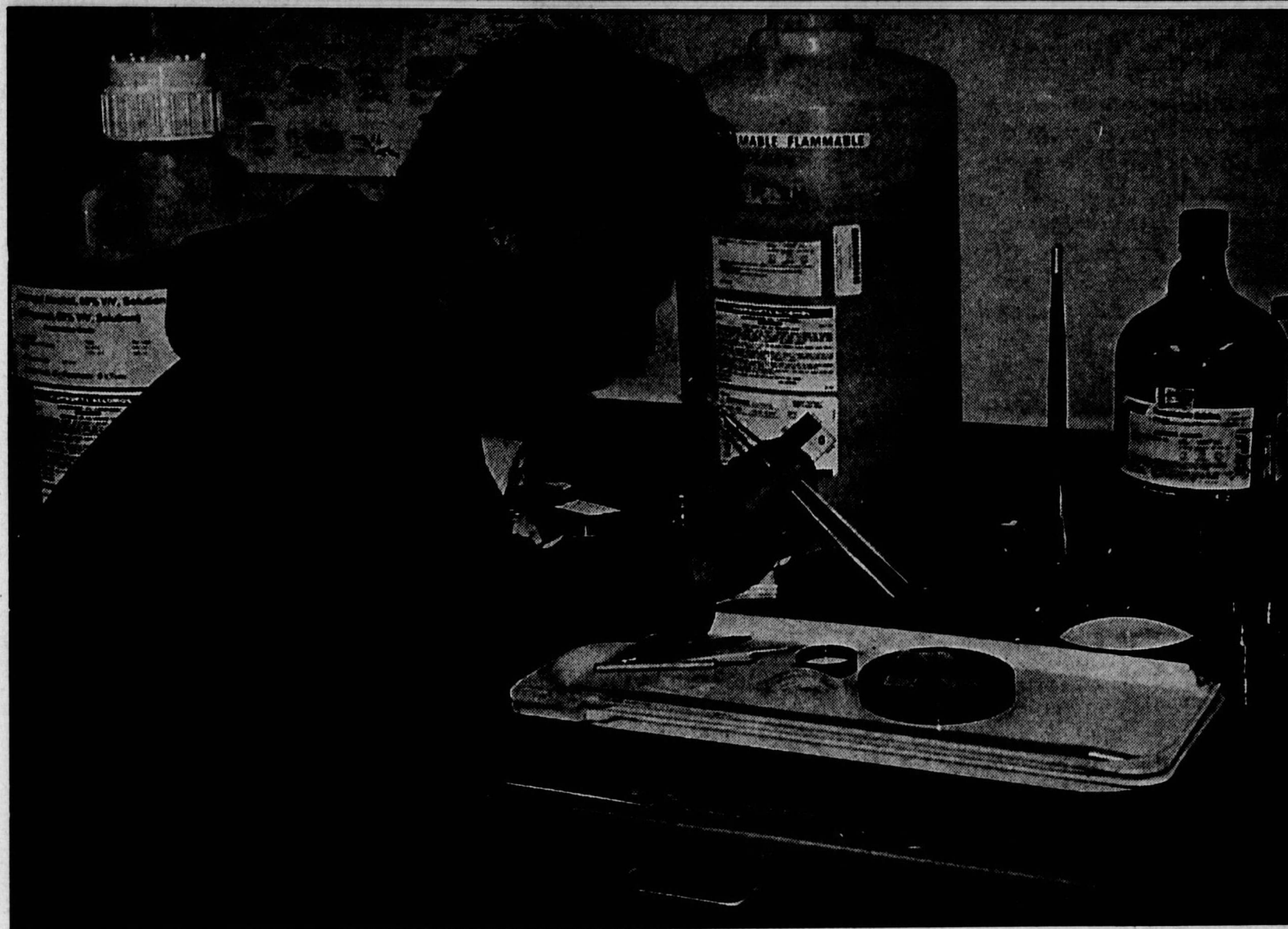


PHOTO BY LUIS MOLINA

Gus Thiesfield, fish collection manager, studies the 1 inch diameter scales of the coelacanth. The fish species, which is older than the dinosaurs, is believed to be the closest relative to the first animals to walk the earth.

Fish that has not changed provides clues to evolution

by Luis Molina

SCIENCE EDITOR

A fish believed to be extinct millions of years ago was found off the coast of Africa in the 1930s. Since the finding of the coelacanth, many studies have been made on it to see if it is the closest relative to the first earth-walking species.

"Imagine walking around in the forest behind HSU. A T-Rex runs across the path," Ronald Fritzche, special assistant to the vice president and ichthyologist said. "That is how important this discovery was to the science world."

Many scientists believe the coelacanth is the closest relative to the tetrapods, the first animals to walk on the earth.

Fritzche said a fisherman group off the coast of Africa found the first coelacanth.

Before the 1930s, it was believed that it was extinct for more than 60 million years.

Fritzche said a coelacanth has not been caught alive yet because it is a deep-water fish and when it

is brought up to the surface, it cannot survive.

According to the Australian Museum, the original discovery of the coelacanth is still considered the zoological find of the century.

"This living fossil comes from a lineage of fishes that was thought to have been extinct since the time of the dinosaurs," the Web site said. "It is the only living animal to have a fully functional intracranial joint — a division which separates the ear and brain from the nasal organs and eye, and allows the front part of the head to be lifted when the fish is feeding."

Many ichthyologists say the coelacanth is in a category of its own.

"The drift-feeding coelacanth is an opportunistic predator, 'scarfing' up whatever it can with a suction action of the jaw and hinged cranium," said DinoFish.com, a coelacanth Web site. "(The) location of the prey fish is possibly aided by a rostral organ in the snout, which acts as an electric field receptor."

Fishes that been tagged with sonic devices were found to leave the

caves at the same time late each afternoon to forage along the coastal incline during the night.

"The coelacanth's uncanny sense of timing and coastal navigation skills have yet to be explained," according to DinoFish.com.

"Another mystery is the whereabouts of the juvenile fish which are rarely seen in submersible dives and seldom caught by local fishermen," according to DinoFish.com.

Fritzche said its eggs are 9 inches in diameter — which is big.

The Australian Museum said perhaps the most interesting feature of the coelacanth however, is that it has paired fins that move in a similar fashion to our arms and legs.

"The coelacanth is a lobe-finned fish," Fritzche. "It has a different anatomy in many ways from that of a 'normal' bony fish. This is also true of the scales which are not the same anatomically as those of other bony fishes."

It can grow to 1.8 meters in length.

The HSU wildlife and fisheries

see Prehistoric Fish, page 21

Student program helping the environment since '78

HSU's CCAT house and co-directors are self-sustainable

by Nathan Rushton

LAYOUT EDITOR

At HSU's Campus Center for Appropriate Technology student can learn about everything from making sushi to farming bees.

If you arrive with a smile, you might be able to talk one of CCAT's three, live-in co-directors into letting you use the pedal-powered blender to make a smoothie, but you will probably have to bring your own fruit and juice.

CCAT is a student-run and student-lead appropriate technology and sustainable living demonstration home that has been in operation for 25 years.

According to CCAT's 2000-2002 biennial report, the house has been visited by thousands of students, homeowners and corporate CEOs since 1978, when students and faculty renovated the dilapidated building into the "living laboratory."

The CCAT demonstration home is perched on the hill just south of the Forestry and Natural Resources buildings. The center is open 9 a.m. to 5 p.m. Monday through Friday for anyone to drop by. The CCAT library has more than 1,000 books, periodicals and videos available for check-out covering topics such as solar heating, politics and composting.

If CCAT's library doesn't have what you're looking for, chances are one of the co-directors can answer your question or point you in the right direction.

CCAT's co-directors spend a great deal of their time answering questions. Besides helping the regular walk-in visitors' questions, co-directors and CCAT employees handled roughly 4,000 telephone, mail and e-mail inquiries from all around the world during the last two years, according to their biennial report.

Hollie Hall, a rangeland soil science senior beginning her second semester as co-director, said it has been one of her dreams to teach people to use fewer resources. Hall said she first got involved with CCAT by volunteering. She said she was initially turned off by the co-director job because

See CCAT, page 20

CCAT: embodying HSU student's environmental sentiments

of the amount of work involved. After a couple of years at HSU she changed her mind.

"I thought I was a good person to be co-director here because I have a strong personality," Hall said. "I know that when I tackle a project, I finish it."

CCAT's busy co-directors, in addition to carrying a full load of classes, work about 30 to 40 hours a week maintaining the house and gardens, giving tours, writing donation requests and grant proposals for class projects, improvements and upkeep on the house, according to the biennial report.

They also hire and supervise 14 student employees that help maintain the house and grounds. The bulk of CCAT's roughly \$30,000 budget, which comes from Associated Student fees, goes to paying those employees. In exchange for their work, the co-directors live in the house for free. Co-directors serve staggered, one-year terms and are chosen by a steering committee comprised of HSU faculty, staff, community members, as well as current and former co-directors.

Government and politics Assistant Professor John Meyer is one of CCAT's advisors and a member of the steering committee.

"From my experience, it is probably the single most demanding interview process I've seen for any sort of student-led position on campus," Meyer said.

In the early days of CCAT, Meyer said most co-directors came from an engineering background and were people interested in building and developing the systems of the house—solar panels and waste-water treatment systems.

Meyer said a lot of what the co-directors do now is not just developing the energy systems, but coordinating volunteers, speaking to the media, interacting with the administration, overseeing projects and representing CCAT

and its ideas to the community.

"It is a significant commitment," Meyer said. "They all seem to really pour a tremendous amount of heart and energy into what they are doing."

Eddie Tanner, a wildland soil science senior, is the newest face to CCAT and begins his one-year term this semester.

Tanner spent the last three years as a manager of the student-led Arcata Educational Farm, a community supported, organic farm on City of Arcata parkland in Sunn Brae. The Arcata Educational Farm grew out of the CCAT organic gardening class 10 years ago, Tanner said.

"Like thousands of other people who have visited the Campus Center for Appropriate Technology, CCAT showed me that individuals do make a difference," Tanner said. "After having gained so much knowledge and perspective from (CCAT), I wanted to return the favor."

Because of the current budget problems and energy shortages, Tanner said he hopes that the university will realize the value of conservation.

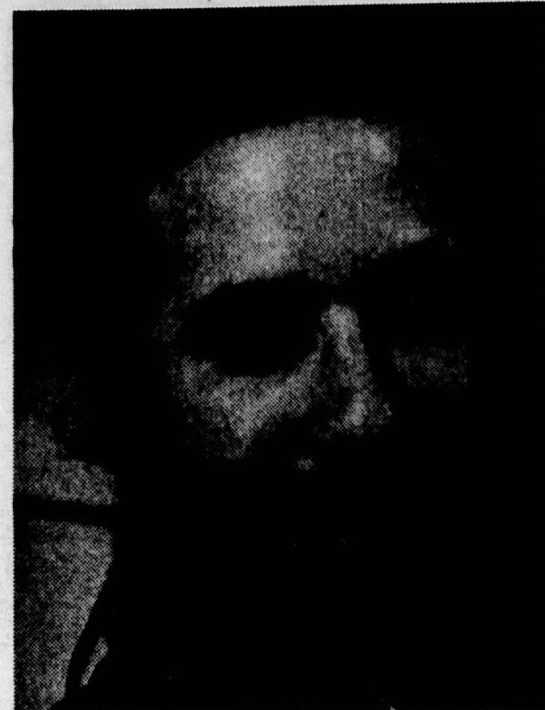


PHOTO BY NATHAN RUSHTON

Eddie Tanner is CCAT's newest co-director.

CCAT upcoming events

Monday Jan. 27

1 p.m.

Tour-guide Workshop

3 p.m.

Non-Toxic Home-Cleaning Products Workshop

Friday Jan. 31

3 p.m.

Intro to Photovoltaics

Thursday Feb. 6

2 p.m.

Basic Solar Water Heating

Friday Feb. 7

2 p.m.

Philosophies of Sustainable Agriculture

PRIMAL DECOR

TATTOOS AND PIERCING

1908 MYRTLE EUREKA, CA (707) 445-2609



OPEN SEVEN DAYS A WEEK!

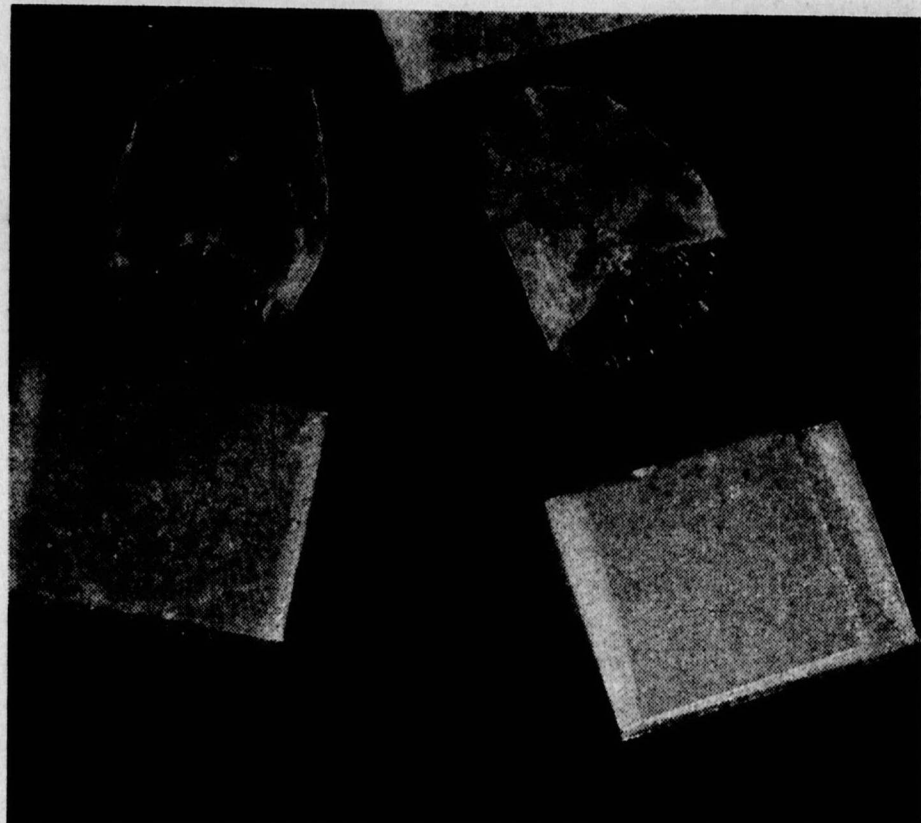
Sun-Tues 1-5 • Wed-Sat 1-7

coming soon... primaldecor.com

IMAGINATION CREATION EXPRESSION
S.T.I.L.
ALTERNATIVE ART CULTURE

LOCALLY MADE
ARTWORK
&
RED CHERRY
GLASS

2940 BROADWAY
EUREKA
MON - SAT
12PM-6PM
LOOK FOR THE BLUE NEON



BY LUIS MOLINA

The coelacanth has one-inch diameter scales. These scales are part of the HSU fish collection. They were brought here by Ronald Friztche, special assistant to the vice president and ichthyologist.

Prehistoric fish: species lost in time

department has coelacanth scales in its collection, which is the biggest fish collection in the CSU system.

Friztche brought the scales to HSU after he conducted an autopsy on a coelacanth.

"It is a vertebrate so it is relatively recent," he said. "There are large numbers of plants invertebrates that are older than the coelacanth."

Friztche said it is still very similar morphologically to prehistoric coelacanth fossils scientist have found and studied.

Gus Thiesfeld, collection manager said it has a heavy body and it is not adequate

for a fish.

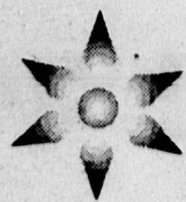
According to DinoFish.com, scientists have found erratic behavior in the prehistoric fish.

"When Hans Fricke and his submersible pilot first observed coelacanths at depth in 1987 they saw an odd bit of behavior," the website said. "From time to time the fishes tilted forward, snouts down and appeared to stand on their heads."

According to DinoFish.com, there are no explanation just questions.

"Was this some ancient vestigial behavior or, as some speculate, a response to the

Welcome Back!



Love,

The Jack



PACIFIC PARADISE

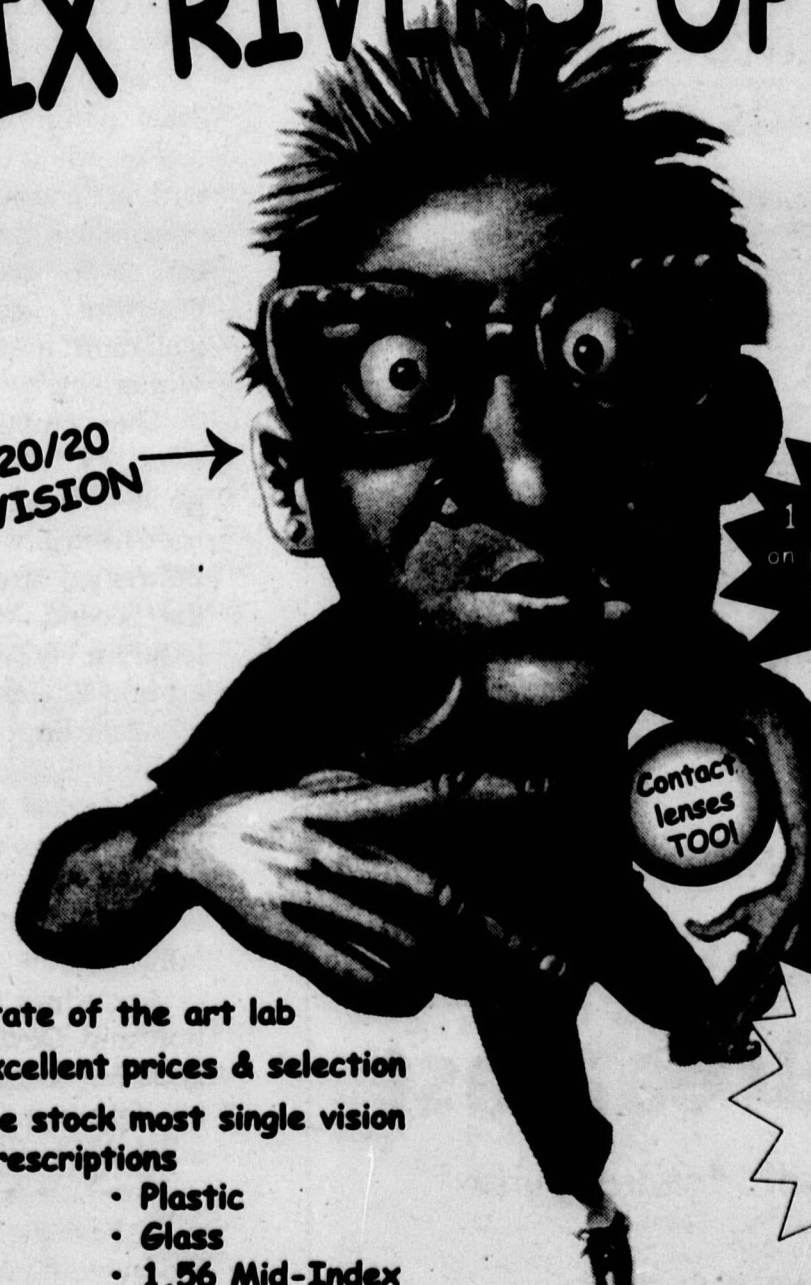
When you support
Pacific Paradise
you're supporting
the local music scene

A Humboldt Tradition

Humboldt County's kindest gift
1087 H Street, Arcata, CA 95521

SIX RIVERS OPTICAL

20/20
VISION



1 HOUR SERVICE
on prescriptions in stock
Monday through Friday

- State of the art lab
- Excellent prices & selection
- We stock most single vision prescriptions
 - Plastic
 - Glass
 - 1.56 Mid-Index (Thinner & lighter)

10%
STUDENT
DISCOUNT

445-2079

Mon - Fri: 9 - 5:30

Sat: 9:30-1:30

2039 Harrison Ave.

• Eureka •

ECONOMY EYEWEAR

\$69⁰⁰ Frame
& lenses
complete

Single vision plastic

1.56 MID-INDEX LENSES

\$59⁰⁰ Thinner
& lighter

Single vision in stock

We specialize in filling your doctor's prescription!

The Lumberjack:

Closing Down
The Depot 'Bar'
Every Monday Night
Since 2001



5th Annual Humor Therapy

Keys to celebrate living

OR

Build an attitude you and
your friends can love!

A Morning of insight and
laughter

with ROD BRAYFINDLEY
"Attitudinal Chiropractor"

Saturday, Feb. 1
9-11 AM

Free Country Style Breakfast

Azalea Hall McKinleyville

- KARATE DEMO ■
- MUSIC ■
- CHILDCARE ■
- JOKE SWAPPING ■

For more information call Church of the
Joyful Healer at 839-5691

Orion: the breeding ground for future stars

According to Greek
mythology, the
constellations rests in
the sky as a tribute to a
great hunter

Luis Molina

SCIENCE EDITOR

The Orion constellation stands out from most of the constellations in the sky. Not only is it one of the brightest but it is also the breeding ground for future stars.

"The Orion constellation itself is pretty easy to spot," Dave Konreich professor of physics said. "It is one of the few constellations that look like what it is supposed to be and that is a hunter. It looks like a guy with a sword, a belt and a bow."

"From HSU you have to look towards the south or southwest to see it," Konreich said. "You can see it without a telescope. It is very obvious and bright."

He said Orion is going to be visible for next three to four months after sunset.

According to Constellation Web site, Orion is without a doubt one of the brightest and most beautiful constellation in the winter sky.

The mythic tales of Orion go as far back as the Hittites, who flourished from the Second Millennium BC to around 1200 BC.

According to Student Exploration Web site, during Greek mythological times, Orion was a great hunter. He could hunt every wild animal that lived in the forest until he faced the scorpion. The story of Orion is not clear on how the scorpion killed him.

According to the Students for the Exploration and Development of Space Web site the gods felt sorry for Orion, so they put him and his dogs in the sky as constellations, along with all of the animals he hunted.

Konreich said the Scorpion constellation was placed on the opposite side of the sky so that Orion would never be hurt by it again.

"When you can see the Orion constellation you cannot see the Scorpion constellation," Konreich said.

Konreich said there are five or six major nebulas in Orion, which is one of the fascinating things about it.

The Student Exploration site said the sword of Orion is the home of one of the most famous nebulas, which is the Orion Nebula.

"This nebula is one of the brightest in the sky and can easily be seen with the naked eye. Another famous object, the Horsehead Nebula, is also located in Orion," the site said. "This region of dark dust against a bright nebula gets its name from its shape — that of a horse head."

Konreich said the Horsehead Nebula is an intriguing and very difficult nebula to find. It is just between zeta Orionis and sigma Orionis, visible in medium to large telescopes given the right sky conditions.

According to student exploration site Orion lies near to the Milky Way, and thus contains many open clusters and some of the best nebulae in the heavens. Led by the bright stars Betelgeuse and Rigel, this constellation holds many fine telescopic and binocular objects, along with some of the most photographed regions of the sky.

According to NASA the "Running Man" nebula is another thing to look in Orion.

"Running Man is a relatively bright region of nebulosity just north of the Orion Nebula complex. The Running Man is seen as the dark region between the areas of nebulosity, and often shows up in wide angle photographs of the Great Nebula," said the student exploration site. According to NASA perhaps second only to the Big Dipper in Ursa Major, the constellation of

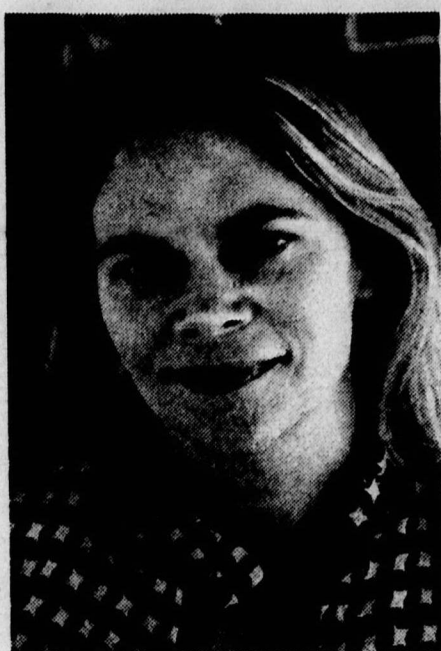
Orion is one of the most recognizable patterns of stars in the northern sky.

According to the Constellation Web site, there are many double stars in this constellation visible in small telescopes. "The Orion Nebula is perhaps the most photographed deep sky object in the heavens, a vast

nebula of gas and dust exquisitely lit by surrounding stars," the site said. Inside the nebula is the 'fascinating' four-star system known as The Trapezium: theta 1A, 1B, 1C, and 1D - four stars held together by common gravity (actually at least two other stars are part of this complex system.) They are visible in medium sized telescopes and, with the nebula, form one of the most beautiful binary systems in the heavens. According to the student exploration site Betelgeuse, the right arm of Orion -or armpit as the name suggests- glows with a dull red. It is slightly less bright but it is much larger, estimated at around 250 suns. If one were to replace our sun with Betelgeuse, its size would completely engulf the Earth and extend as far as Mars. According to NASA the Rigel - brightest star in Orion- ranks as the seventh brightest star in all the heavens, just behind Capella. It is a visual binary. Its companion is much fainter, but quite visible if the star gazer is persistent enough.

David Konreich
PROFESSOR OF PHYSICS

Melinda Myers teaches human sexuality and courses in the psychology and women's department. She owns Good Relations, a lovers' boutique, in Old Town Eureka and is the mother of two boys. If you have any questions you'd like answered, e-mail her at: mm3@bumboldt.edu



Candid communication can put an end to sexual dysfunction

by Melina Myers

REGULAR COLUMNIST

Q: I'm a 39 year old male in a relationship with a wonderful lady that I love very much. She is smart, beautiful and extremely sexy and making love with her is always wonderful. I do have a problem though in that I'm having a difficult time reaching orgasm. I could understand it if I were having some difficulty maintaining an erection, but that certainly isn't the case. I love the sexual chemistry we have and that she wants to make love as much as I do.

She is so wonderful about this and has been a great partner trying pretty much anything from oral sex to different positions to get me to climax. But for the most part, in order for me to reach orgasm, I have to masturbate myself while she watches. You need to know that this has happened in previous relationships but I was always able to hide the fact that I didn't reach orgasm during sex even though my partners would.

So, I don't know where to turn with this problem and since this is the lady I want to spend the rest of my life with I need some help. Because I love her so much I'm willing to do whatever it takes to get me through this.

A: As you probably know, last semester a man wrote me who was experiencing something similar. That column generated more comments than any other single thing I've ever written. There are a couple of major differences between his experience and yours, and those differences change my recommendations entirely.

Sexual dysfunctions generally have in common something called "subjective discomfort". This means that if you have a problem with it, it's a problem. If you're OK with it, then you don't. There are a few exceptions to this rule,

but in general, it's your feelings about what's happening that determine whether or not something is a dysfunction.

What you're describing affects about 10% of men at some point in their lives. It is fairly easy to treat, and I think you and your partner can probably do it by yourselves. To start with, I would suggest that you try Bridging.

Bridging means to engage in an activity likely to result in orgasm, in your case self-pleasuring, and then when you are very close to coming, your partner would pleasure you. This can be done in a variety of wonderful ways, but given what you've said in your question, I would suggest that she continue to pleasure you with her hand to start with. The trick to this is to communicate. You need to be able to let her know when you are very close to coming, and she needs to continue to stimulate you as similarly to what you were doing yourself as she can.

Like many types of sex therapy, this treatment is gradual. It might not work the first time, or even the second. It is likely to work, though. Once you can come with her pleasuring you in that manner, try switching a little earlier. Continue with that until it's easy and comfortable. You can try the same thing with other activities at that point. Pleasure yourself until you are close, and then your partner can continue to stimulate you orally or in whatever ways you and she like.

It sounds like you and she are already communicating well, and that you're being honest with her about your experience. Good luck, and let me know how it works. I've got other tricks up my keyboard if necessary.



BE THE SOLUTION!
TRAFFIC CONGESTION AND
SOARING FUEL PRICES ARE ON
EVERYONE'S AGENDA. IT'S TIME
FOR US TO TAKE A STAND AND
STOP CONTRIBUTING TO THE
PROBLEM.
DO YOUR PART, RIDE
THE BUS WHENEVER
POSSIBLE.



FOR MORE INFORMATION CALL 443.0826 OR
VISIT OUR WEBSITE AT WWW.HTA.ORG

Role Playing

I GET MY COMICS AT NCRC

SUBSCRIPTIONS

ROLEPLAYING GAMES

COLLECTIBLE CARD GAMES

1846 Broadway Ave. Eureka • 444-2288
oss1ncrp@northcoast.com

BRING THIS AD FOR 10% OFF PURCHASE OF \$10 OR MORE

The Lumberjack:

Closing Down
The Depot 'Bar'
Every Monday Night
Since 2001



5th Annual Humor Therapy

Keys to celebrate living

OR

Build an attitude you and
your friends can love!

A Morning of insight and
laughter

with ROD BRAYFINDLEY
"Attitudinal Chiropractor"

Saturday, Feb. 1

9-11 AM

Free Country Style Breakfast

Azalea Hall McKinleyville

■ KARATE DEMO ■

■ MUSIC ■

■ CHILDCARE ■

■ JOKE SWAPPING ■

For more information call Church of the
Joyful Healer at 839-5691

Orion: the breeding ground for future stars

According to Greek
mythology, the
constellations rests in
the sky as a tribute to a
great hunter

Luis Molina

SCIENCE EDITOR

The Orion constellation stands out from most of the constellations in the sky. Not only is it one of the brightest but it is also the breeding ground for future stars.

"The Orion constellation itself is pretty easy to spot," Dave Konreich professor of physics said. "It is one of the few constellations that look like what it is supposed to be and that is a hunter. It looks like a guy with a sword, a belt and a bow."

"From HSU you have to look towards the south or southwest to see it," Konreich said. "You can see it without a telescope. It is very obvious and bright."

He said Orion is going to be visible for next three to four months after sunset.

According to Constellation Web site, Orion is without a doubt one of the brightest and most beautiful constellation in the winter sky.

The mythic tales of Orion go as far back as the Hittites, who flourished from the Second Millennium BC to around 1200 BC.

According to Student Exploration Web site, during Greek mythological times, Orion was a great hunter. He could hunt every wild animal that lived in the forest until he faced the scorpion. The story of Orion is not clear on how the scorpion killed him.

According to the Students for the Exploration and Development of Space Web site the gods felt sorry for Orion, so they put him and his dogs in the sky as constellations, along with all of the animals he hunted.

Konreich said the Scorpion constellation was placed on the opposite side of the sky so that Orion would never be hurt by it again.

"When you can see the Orion constellation you cannot see the Scorpion constellation," Konreich said.

Konreich said there are five or six major nebulas in Orion, which is one of the fascinating things about it.

The Student Exploration site said the sword of Orion is the home of one of the most famous nebulas, which is the Orion Nebula.

"This nebula is one of the brightest in the sky and can easily be seen with the naked eye. Another famous object, the Horsehead Nebula, is also located in Orion," the site said. "This region of dark dust against a bright nebula gets its name from its shape — that of a horse head."

Konreich said the Horsehead Nebula is an intriguing and very difficult nebula to find. It is just between zeta Orionis and sigma Orionis, visible in medium to large telescopes given the right sky conditions.

According to student exploration site Orion lies near to the Milky Way, and thus contains many open clusters and some of the best nebulas in the heavens. Led by the bright stars Betelgeuse and Rigel, this constellation holds many fine telescopic and binocular objects, along with some of the most photographed regions of the sky.

According to NASA the "Running Man" nebula is another thing to look in Orion.

"Running Man is a relatively bright region of nebulosity just north of the Orion Nebula complex. The Running Man is seen as the dark region between the areas of nebulosity, and often shows up in wide angle photographs of the Great Nebula," said the student exploration site. According to NASA perhaps second only to the Big Dipper in Ursa Major, the constellation of

Orion is one of the most recognizable patterns of stars in the northern sky.

According to the Constellation Web site, there are many double stars in this constellation visible in small telescopes. "The Orion Nebula is perhaps the most photographed deep sky object in the heavens, a vast

nebula of gas and dust exquisitely lit by surrounding stars," the site said. Inside the nebula is the 'fascinating' four-star system known as The Trapezium: theta 1A, 1B, 1C, and 1D - four stars held together by common gravity (actually at least two other stars are part of this complex system.) They are visible in medium sized telescopes and, with the nebula, form one of the most beautiful binary systems in the heavens. According to the student exploration site Betelgeuse, the right arm of Orion - or armpit as the name suggests - glows with a dull red. It is slightly less bright but it is much larger, estimated at around 250 suns. If one were to replace our sun with Betelgeuse, its size would completely engulf the Earth and extend as far as Mars. According to NASA the Rigel - brightest star in Orion - ranks as the seventh brightest star in all the heavens, just behind Capella. It is a visual binary. Its companion is much fainter, but quite visible if the star gazer is persistent enough.

Melinda Myers teaches human sexuality and courses in the psychology and women's department. She owns Good Relations, a lovers' boutique, in Old Town Eureka and is the mother of two boys. If you have any questions you'd like answered, e-mail her at: mm3@humboldt.edu



Candid communication can put an end to sexual dysfunction

by Melina Myers

REGULAR COLUMNIST

Q: I'm a 39 year old male in a relationship with a wonderful lady that I love very much. She is smart, beautiful and extremely sexy and making love with her is always wonderful. I do have a problem though in that I'm having a difficult time reaching orgasm. I could understand it if I were having some difficulty maintaining an erection, but that certainly isn't the case. I love the sexual chemistry we have and that she wants to make love as much as I do.

She is so wonderful about this and has been a great partner trying pretty much anything different from oral sex to different positions to get me to climax. But for the most part, in order for me to reach orgasm, I have to masturbate myself while she watches. You need to know that this has happened in previous relationships but I was always able to hide the fact that I didn't reach orgasm during sex even though my partners would.

So, I don't know where to turn with this problem and since this is the lady I want to spend the rest of my life with I need some help. Because I love her so much I'm willing to do whatever it takes to get me through this.

A: As you probably know, last semester a man wrote me who was experiencing something similar. That column generated more comments than any other single thing I've ever written. There are a couple of major differences between his experience and yours, and those differences change my recommendations entirely.

Sexual dysfunctions generally have in common something called "subjective discomfort". This means that if you have a problem with it, it's a problem. If you're OK with it, then you don't. There are a few exceptions to this rule,

but in general, it's your feelings about what's happening that determine whether or not something is a dysfunction.

What you're describing affects about 10% of men at some point in their lives. It is fairly easy to treat, and I think you and your partner can probably do it by yourselves. To start with, I would suggest that you try Bridging.

Bridging means to engage in an activity likely to result in orgasm, in your case self-pleasuring, and then when you are very close to coming, your partner would pleasure you. This can be done in a variety of wonderful ways, but given what you've said in your question, I would suggest that she continue to pleasure you with her hand to start with. The trick to this is to communicate. You need to be able to let her know when you are very close to coming, and she needs to continue to stimulate you as similarly to what you were doing yourself as she can.

Like many types of sex therapy, this treatment is gradual. It might not work the first time, or even the second. It is likely to work, though. Once you can come with her pleasuring you in that manner, try switching a little earlier. Continue with that until it's easy and comfortable. You can try the same thing with other activities at that point. Pleasure yourself until you are close, and then your partner can continue to stimulate you orally or in whatever ways you and she like.

It sounds like you and she are already communicating well, and that you're being honest with her about your experience. Good luck, and let me know how it works. I've got other tricks up my keyboard if necessary.



BE THE SOLUTION!
TRAFFIC CONGESTION AND
SOARING FUEL PRICES ARE ON
EVERYONE'S AGENDA. IT'S TIME
FOR US TO TAKE A STAND AND
STOP CONTRIBUTING TO THE
PROBLEM.
DO YOUR PART, RIDE
THE BUS WHENEVER
POSSIBLE.



FOR MORE INFORMATION CALL 443.0826 OR
VISIT OUR WEBSITE AT WWW.HTA.ORG

Role Playing

BRING THIS AD FOR 10% OFF PURCHASE OF \$10 OR MORE

I GET MY COMICS AT NCRP

SUBSCRIPTIONS

ROLEPLAYING GAMES

COLLECTIBLE CARD GAMES

BOOKS

1846 Broadway Ave. Eureka • 444-2288
oss1ncrp@northcoast.com



World's most famous hacker logged on after an eight year hiatus

Yesterday 39-year-old Kevin Mitnick will log on to the Internet for the first time in eight years, during the live TechTV show "Screen Savers." Also scheduled to be on the program are Shawn Fanning, creator of Napster Inc., and Steve Wozniak, a co-founder of Apple Computer Inc., said Reuters News Agency.

Mitnick, who lives in Thousand

Oaks, said he is ready to go to work in a position where he will be helping protect companies against the kind of hacking he used to do. He has a job interview scheduled but declined to name the company.

He was imprisoned for five years for breaking-and-entering on the internet.

New ways to detect the plague are being developed by African scientists

Scientists working in Madagascar have developed a test that can diagnose bubonic and pneumonic plague in just 15 minutes, compared to current tests that take weeks to yield results, according to ScienceDev.net

The pneumonic plagues can be deadly if not treated within 24 hours.

Even though both plagues are almost eradicated world wide, they infect thousands of people in developing countries, ScienceDev.net said.

Six-inch fish will have its day in court defending the Endangered Species Act

A six-inch fish will pose the most direct confrontation to the Endangered Species Act said The New York Times.

The fish, the silvery minnow, native to the Rio Grande, has been the subject of years of

court battles. A federal appeals court is about to decide whether, to save the fish, Albuquerque must give up drinking water it has set aside behind a federal dam for the years ahead.

Uganda researchers are testing the termite's ability to eat waste

Termites could hold the key to disposing of polythene waste such as plastic bags, which normally take several years to decompose, according to Ugandan researchers.

The researchers are follow-

ing up an observation that a particular type of termite appears able to eat polythene. They hope that the termites might offer an environmentally friendly method of disposing of polythene waste.

-compiled by Luis Molina

GET OUTDOORS.

*Adventure's
Edge*

HIKE quiet Redwood trails...

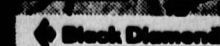
BIKE Northcoast byways...

PADDLE exhilarating waters...

CLIMB local crags and boulders...

ADVENTURE
AWAITS.

Welcome Back Students, Faculty & Staff !



Following the words of the story

Habib Koite and Bamada bring West African Afro-Pop to HSU

James Wynn

SCENE EDITOR

Senegalese historian Amadou Hampate Ba once wrote that when an African Elder dies, a library of knowledge goes with him.

It is a tradition in West African Society that all the histories of its people are found in the griot, a traditional praise singer and historian that passes down, through song, the stories of nations.

These songs used to be passed down through the playing of the djembe, which through its ability to raise and lower its tone by the squeezing of the cords that bind the drums head to the body, would follow the words of the story, until other drums would join in and complement each other and combine into a deep and unified sound.

West African musical tradition of deep tribal rhythmic patterns has been fused with modern day blues, jazz, Afro-Cuban pop and rock and roll that combine into a powerfully rhythmic audio orgasm.

Music has always reinforced West Africa's links to its past empires, and modern day griots, like Habib Koite, brings these traditions out of West Africa to international venues.

Koite was born in Kayes, Mali, in 1958 to a long line of griots. After teaching guitar at Mali's National Institute of art, Koite formed his band Bamada ("mouth of the crocodile") in 1998, and began playing around the struggling musical scene in Mali's capital, Bamako.

It was in Bamako that Koite developed his signature playing style that would come to define his band's sound. Tuning his guitar to the pentatonic scale, Koite forgoes the universally African thumb and forefinger picking technique.

"My way of playing comes from my training in classical guitar," says Koite, "where I learned to pick with all the fingers of my right hand. This, along with my research in traditional music has given my playing this certain color."

I'm curious about all the music in the world, but I make music from Mali.

Habib Koite

Habib is backed by Kele-tigui Diabate, Mali's undisputed king of

the *balafon*, a West African wooden-keyed xylophone. With Diabate, and the other equally talented members of Bamada, Koite swings from the Cuban-influenced grooves of "Batoumanbe" to the lifting and hauntingly rhythmic "Sinama Demiw".

Koite also uses his music as a vehicle to confront social concerns unique to Africa, from the role of women in African society, to the saturation of foreign influence on African youth.

The predominate style of music played by Koite is based on the *danssa*, a popular rhythm from his native city of Kayes. He uses these rhythms and that of a traditional type of Mali hunting music, a sacred and ancient rhythmic music called *doso*, for a sound that is intriguing and familiar, but uniquely and distinctly his own.

"I put these words together to symbolize the music of all ethnic groups in



Mali. I'm curious about all the music in the world," says Koite, "but I make music from Mali."

Habib Koite will be appearing at the Van Duzer Theatre on Saturday, Jan. 25, at 8 P.M. Tickets are available at The works in Arcata/Eureka, the Metro and the University Ticket Office. Cost is \$22 for general, \$17 for students/seniors, and \$12 for HSU students.



The First Scene of the Year

Catfish Keith plays down home blues

So is Spearhead

Humboldt County Art

Catfish Keith

The Debut of the Hype

Peter Jackson's first film reviewed

humboldt.edu/~carts
centerarts *season*

fri jan 24

direct from west africa!

habib koiteacclaimed guitarist from
mali & his high energy bandsponsored by the
Metro CDs & Tapes
and Los Bagels**& bamada**

sat jan 25

renowned for its
unique artistic
vision & fearless
commitment to
experimentation**kronos
quartet**sponsored by
Arcata Plaza Grill

fri feb 14

**ballet
hispanico**a dazzling fusion of
modern dance, ballet,
and latin dance!

sun feb 16

shawn colvinsponsored by the
Metro CDs & Tapes
and Los Bagels

grammy award-winning singer/songwriter

tues feb 18

voice of the dragona martial arts epic combining shaolin kung fu
with music, dance and theater into an action-packed saga!

mon feb 24

**the boys choir
of harlem**celebrate black
history month

tues mar 4

**terry
gross**host of npr's "fresh air"
sponsored by KHSU

fri mar 7

orion string quartetone of the most admired string quartets
on the international music scene*get your
tickets today!*

all shows 8pm van duzer theatre, unless indicated otherwise

826-3928

The Hype

Gangs of New York

By James Wynn

Gangs of New York, Martin Scorsese's latest release not only dragged Daniel Day Lewis out of semi-retirement, it also dragged on and on, going nowhere, and for the most part, losing the little, if any enjoyment I thought I might have gotten out of it.

This film clocked in at just about three hours, and it still couldn't get a story told. This movie cost millions of dollars to make, took months of shooting, built its own set, and rell, what was the point?

I certainly didn't find one. The thing is, this film was originally over four hours long. It was decided in post production that over an hour and a half should be cut out of it. Who knows what was in that lost footage. Maybe more of Leonardo DiCaprio talking to his father's knife and dancing an Irish jig.

The main problem with the story is that it had no true development. You can see that attempted to bring a historical aspect into it, but the only history involved was that it took place in the past in New York.

It was a sweeping monument to overbudgeted hollywood epics that loses its momentum the minute the actors attempt to do accents. Daniel Day Lewis's Character switches from an Southern, to a Boston, to an English accent freely throughout the movie. And ol' Leo, his best role as a character actor will always be Arnie, from *What's Eating Gilbert Grape*. And yet this movie is nominated for five Golden Globes. It's another example of over-hyped, underwritten film making. It will probably win an award or two. But then again, so did *Gladiator*.

publicize your event for free!

log on!
thejack
 calendar
 www.thejack.org

GOT WAX?

www.releasecommunity.com

RELEASE**Roy's Auto Center****DARIN RUDICK**5th and Broadway
Eureka, CA 95521Bus: (707) 443-3008
FAX: (707) 443-4084

Threadbare
 dancewear

You only have to search for it once -
 upstairs in the Plaza Design Building on the Arcata Plaza

*Dancewear, workout wear & casual wear
 for women & men!*

Shoes for ballet, tap, jazz & more!

Great selection & great prices!

Tuesday - Saturday from 11:00 - 6:00 and by appointment

822 E. Street, Suite 7, Arcata, California 95521-7824



Michael Franti and Spearhead once again bring thier politically charged anthems to HSU

By Matt Crawford

Michael Franti is a busy man.

In between a speech at Yale University, recording new music and constant touring, Franti and Spearhead will travel north from their headquarters in San Francisco to perform at the Mateel Community Center on Feb. 1.

What will the musician/poet/activist from San Francisco speak about at the University that President Bush attended?

"...Probably what ever comes to my mind, for and hour," Franti said, with a laugh, during a phone interview from San Francisco.

Putting all jokes aside, Franti said his speech at Yale will address the use of music for political action.

For more than 10 years, Franti has created an abundance of politically charged anthems that address issues ranging from capital punishment to eating healthy.

His latest album, "Songs From the Front Porch," is no exception.

Released last week, for purchase on the Internet, "Songs From the Front Porch" is a collection of acoustic melodies that is mostly comprised of Franti's voice accompanied with an acoustic guitar.

Franti said the idea for the

album manifested last year after several of his friends became upset with the economy and politics in the United States.

Franti said he wanted to create an album that could help people relax, something people could get comfort from.

"The acoustic album is the chill one," Franti said. "The new album is very high energy."

Scheduled for release in May, Franti said Spearhead's LP that is in the works, "Everyone Deserves Music," is more aggressive and calls for people to take to the streets and stand up for peace.

"It's the kind of album The Clash would have made if they were a hip-hop band," Franti said.

Franti said he was a big fan of The Clash when he was young and heard about them in a roundabout way.

He said he was a fan of reggae producer Mikey Dread and he read an interview with Dread that said he was working with The Clash.

Franti said he decided to listen to the band and he has liked them ever since.

The Clash's ability to mesh punk with reggae, funk and political lyrics was appealing, Franti said.

"The Clash were political, but they were still fun," Franti said.

When Joe Strummer, lead singer of The Clash, died at the age of 50 last month Franti was deeply affected. He said it made him step back and think.

Franti said the life of a political singer is sometimes a lonely one.

"There's been times in my career where people have not been wanting to hear political music," Franti said.

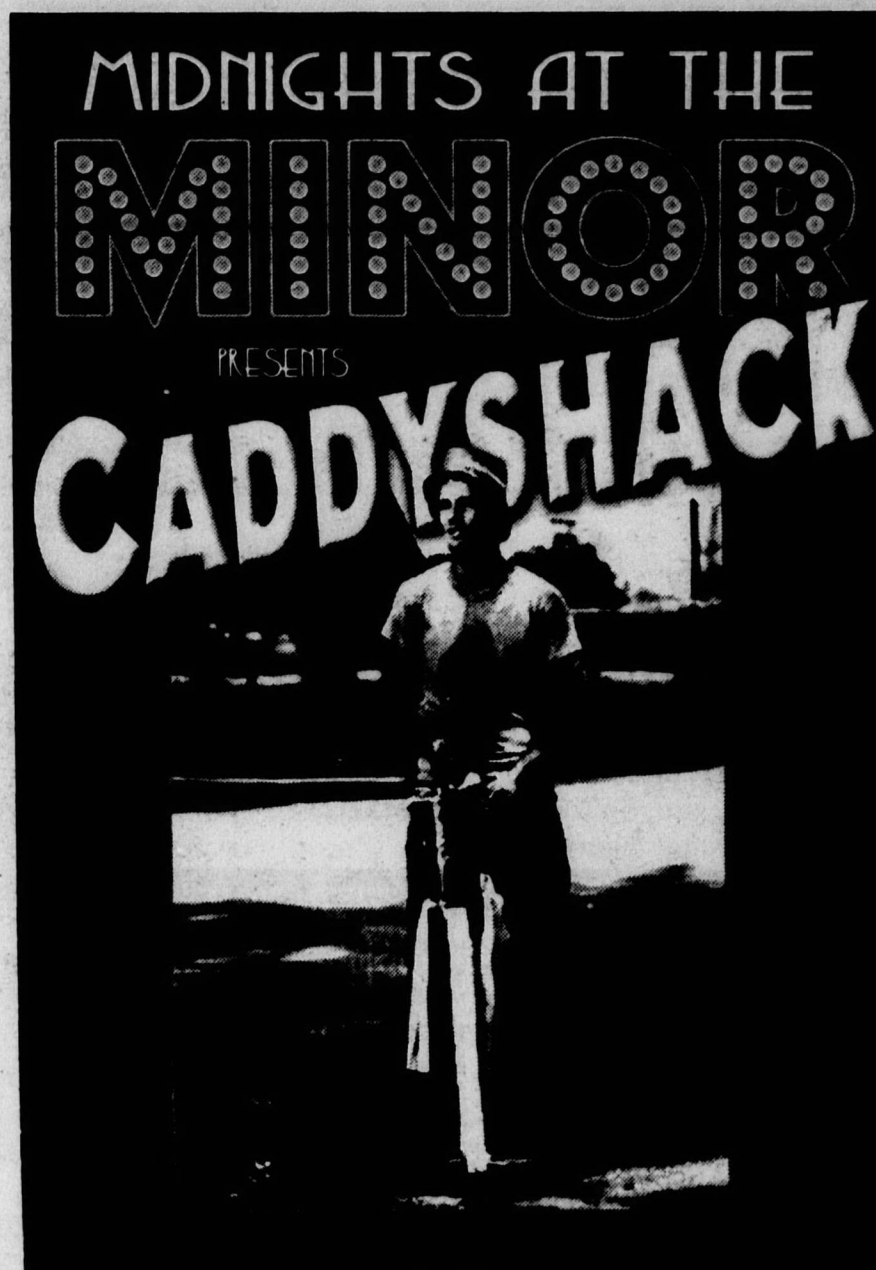
Last year, Franti's political messages were more abundant than ever in Humboldt County.

Franti and Spearhead traveled to Humboldt three times in 2002, including a headlining slot at Reggae on the River, SnoCore and a performance at the newly refurbished Kate Buchanan Room.

Franti said the performance on Feb. 1 should be comprised of mostly new material.

Tré Hardson and Wisdom Creations, featuring DJ Lex of Hieroglyphics will open the concert.

Doors will open at 8 p.m. and the concert will begin at 8:30 P.M. Tickets are available at all local outlets. For more information call People Productions at 923-4599.



FRIDAY, JANUARY 24 & SATURDAY, JANUARY 25 ONLY

ADMISSION \$5 • WWW.MINORTHEATRES.COM

**Skinsigned
Tattoo**
(707) 443-3809
**Finest Tattooing
on the Northcoast**

Studio B
(707) 443-5007
**Body Piercing • Clothing •
Smoking Accessories •
Largest Jewelry Selection**

**Autoclave Sterilization • Single Use Needles
• Comfortable & Sanitary Conditions**

11:00 to 7:00 Tues thru Sat

1806 4th Street, Eureka



SIX RIVERS BREWERYOpen 7 days a week • 12 Tasty Microbrews On Tap
Food served until 10:30pm**McKinleyville:** 1300 Central Ave
Reser/Info: 839-7580**MON: Open Mic Nite 8:30pm**

Musicians bring your instruments (no cover)

WED: Retro Hip Hop Dance Party
w/DJ Swoop 8:30pm**THURS: Bluegrass w/LAZYBONES**
local favorites**FRI: Reggae Nite! 2 bands/2 stages**
DJ GIDDEON & John Grissley Band**SAT: Old Man Clemmons** fusion jazz
dance party**SUN: Ska Wagon Band 9pm****Upcoming Events:**

Feb 8th: Lyckitty Split (stadium rockers)

Feb 14th: Guitar Shorty

Old Town Eureka: 325 2nd Street Eur.
Reser/Info: 268-3893**TUES: Open Mic Nite 8:30pm**

Musicians bring your instruments (no cover)

WED: Party Time Karaoke 8:30pm**THURS: Kulica 8:30pm** folk rock
local favorites**FRI: DAVID NELSON TRIO 8:30pm**
psychedelic dead rockers, tickets \$10 @ door**SAT: Dwayne Flatmo & Spud Gun****Upcoming Events:**Feb 1st: It's Arts! Alive & Latin Salsa Dance w/
Los Comidos & Kachimbo

Feb 12th: Legendary Reggae- The Wallers

KRFBH
GENERIC '610 AM**SPRING CONCERT**

ALL YOUR PUNK FAVORITES WITH

NUNS WITH GUNS

MORE PUNK ROCK WITH

TALENT SHOW

BOOGIE DOWN WITH

DJ JET-EYE

A GET FOUR TO THE FLOOR WITH THE

DUB COWBOY**KATE BUCHANAN**
FRIDAY ROOM
JANUARY 24

WWW.KRFBH.NET

8PM SHARP

\$3
610**SUPPORT STUDENT**
RUN RADIO**The Lumberjack****The goriest film you will ever see****Video Review**

By James Wynn



I don't know if everybody has seen the first two installments of *The Lord of the Rings* Trilogy. But I can reasonably assume that every has heard of them. In fact, unless you have been living in a cave with your eyes closed and your fingers in your ears, I would safely assume that this is a given.

Peter Jackson's epic recreation of J.R.R. Tolkien's novels are both stunning in their aesthetic beauty, as they are intriguing in the story line and the in-depth character portrayals.

Both *Lord of the Rings* films have received rave reviews and rightly so. Jackson has found the ability to stir something within us when watching these films.

His films, however, have not always been this well received, or this well known. Hidden away in the horror section of your local video store is an intriguing little film, aptly titled *Dead Alive*.

I don't know how many people have heard of this film, but if you're a big fan of Peter Jackson's newest films, then it might be worth your time to check this very early film.

Originally known as "braindead," this film was renamed *Dead Alive* for American audiences and was fiercely edited to achieve an R rating.

The story follows the bumbling heroic attempt of the film's main character, Lionel played by Timothy Blaine, in an attempt to, now get this, rid his small New Zealand town of flesh-eating zombies.

This movie has the most interesting premise

as to how zombies come about.

A scientist on an island in Sumatra is trying to capture a cross-breed of a rat and a monkey. He does, of course, dying in a gruesome way in the process.

The monkey-rat hybrid travels to a zoo in New Zealand, in which Lionel's mother gets bitten by it, while spying on her son and his new found love, who are on a date.

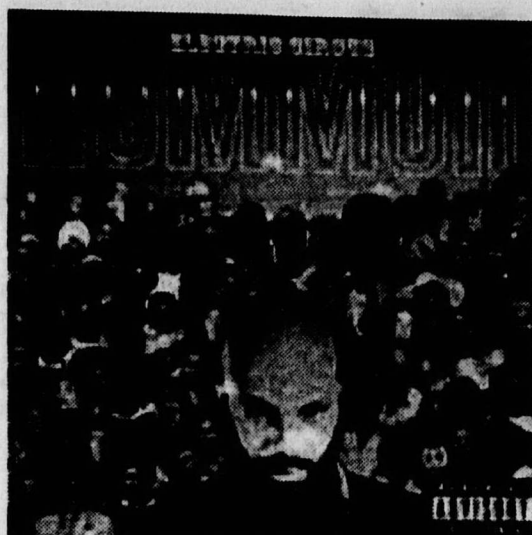
Thus begins the zombie portion of the story. As the story progresses from one zombie to two to four, the scenes just get weirder and weirder. Two of the zombies get it on and a couple of hours later they have a little zombie baby, who is quite wily, and learned from an early age how to seek out human flesh. Lionel keeps the zombies in his basement, feeding them tranquilizers to keep them sedated and happy. Of course they escape, and the end result involves a lawnmower, and hundreds of zombies.

The best part of this movie is that it offers no excuses for how gory it is, or for how cliché it is. In fact, what it does is embellishes these things until you see that Jackson is actually satirizing the genre known collectively as "campy horror flicks." It is a black comedy that does everything it can to gross you out, and absolutely nothing to make you interested in the actual plot.

But in this fashion it keeps you entertained, laughing, and mildly disgusted. You will never look at pudding the same way again.



CD Review

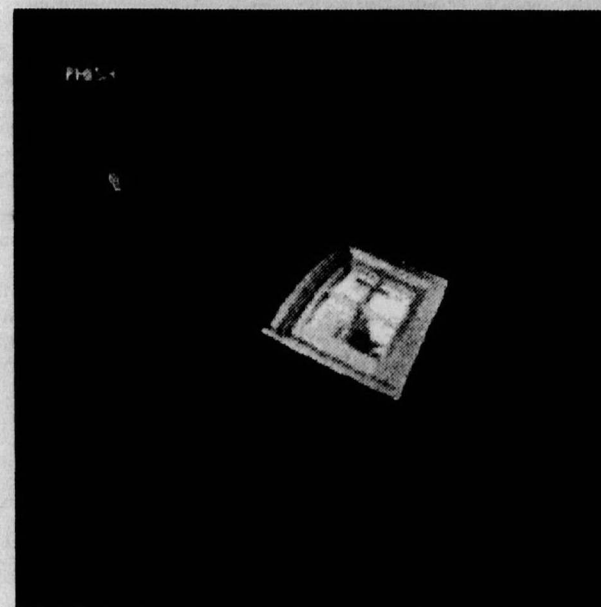


Common

Electric
Circus

Warner
Bros

CD Review



By James Wynn

Common's newest release Electric Circus, is good, but it's not great. It is in fact, almost like a real circus. It has the great stuff everybody wants like the lion tamers, and also the mediocre stuff, like the clowns. His album does some amazing things creatively on quite a few songs, including experimentation in new rhythms, and beats that have yet to grace the hip-hop world. Common unleashes some trully amazing songs that almost wrests underground or independant hip-hop, back from the grip of over commercialization, only to languish back into it again and other tracks. It's a hard album to listen to because when you first put it in, and you hear the first couple songs, you beleive you have something trully unique, and reaching ahead in it's visionary creativity.

The album even features Latitia Sadier from Stereolab on a track. But these little moments of pure genius are far too often over shadowed by lame, and sometimes, downright boring attempts at hip-hop.

Overall, I would reccomend this album, if only to hear those moments of genius that Common pulls off, but as a whole the album wallows in it's efforts.



By James Wynn

Phish's latest studio release album is interesting. Interesting because i had no Idea that they were putting out a new album. Honestly, since they took thier sabbatical to work on side projects and new bands, i have fallen out of the loop. I'm back in now. I have Phish's new CD.

This review will never be able to please everybody. This is because everyone who calls themself a phan, also condiders themselves an expert on which the best, worst, and everything in between album.

Let me just say this, this is by far my favorite studio release in the Phish Saga since Billy Breathes. It is also very similar to Billy Breathes, but in only one way. Round Room sounds completely different than other Phish Al-

bums, and there-in lies it's beauty.

Yet, it is a collection of lessons they have learned from producing thier other albums. The third track, and the album's namesake, RoundRoom, experiments in different time. The end result is a song that is classical Phish, with soft guitar licks, and a constant drumming beat involving Fishman's trademark multi-drum-rim playing. Mike sings on this one, and the result is a soft and catchy song much like Trainsong, that produces a beat like Guyute, with an end result like Silent In The Morning. The rest of the songs follow suit, making the end result one of teh finest studio releases Phish has produced.



MURPHY'S

ARCATA-WESTWOOD • ARCATA-SUNNY BRAE • EUREKA-CUTTEN •
BLUE LAKE-GLENDALE • TRINIDAD SHOPPING CENTER



**Mendocino
Brewing Company**
Red Tail Ale or Blue Heron.
12 Pack/12 oz. Bottle.....

9.99
+crv



**Budweiser
18 Packs!**

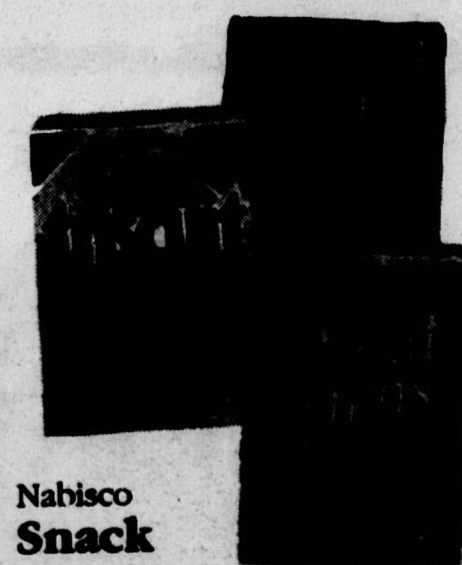
The King of Beers.
Selected Varieties.
18 Pack/12 oz. Cans.....

9.99
+crv



Crystal
**1% Low
Fat Milk**
Does your body good.
Gallon

2.29
ea.



Nabisco
**Snack
Crackers**
Lots to choose from!
6.7-10 oz.

2 \$4
for 1



**Dryer's
Ice Cream**
Homemade or M&M.
48-64 oz.....

3.99
ea.



Visual Tattoo

825-8004

Live From New York

Review by James Wynn

SCENE EDITOR

This is a nation that just adores gossip. You can tell how much a juicy little piece of information intrigues the casual reader by the number of unauthorized biographies it produces. (I believe the O.J. Trial had a record 153 published books. I think even O.J.'s dog had a book ghost-written by J.D. Salinger. I can't remember the title.)

So you would think another "behind the scenes" "tell all book" would fall immediately from the shelves into the dusty bins by the checkout counter, marked down at half price and recommended as lining in your parakeet's cage. But every once in awhile, a "tell all book" comes along and turns gossip into a Pulitzer-prize winning art form.

No less can be said of Live From New York, a new behind the scenes look at the lives of cast members, writers, directors, and the ever present Lorne Michaels, in the 27 years that Saturday Night Live has been on the air.

Co-written by Tom Shales and James Andrew Miller, Live From New York traces the life blood of the show, from its creation in Joshua

Tree National Monument during a hallucinogenic mushroom vision, through the golden first five years, through the eighties (when it was terrible), to the resurgence of the current great satire sketches that we have all come to know so well.

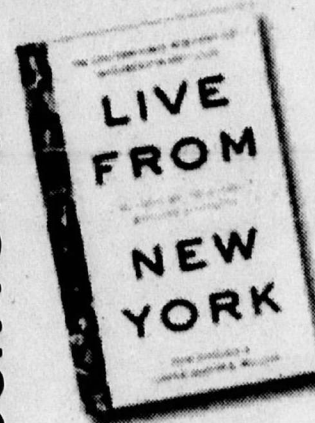
The style of writing in the book, when first noticed, will make you think twice about reading, do not put it down. Shales and Miller employ an oral style that lets the former and current stars talk in their own words about what life on the show was like. Actually, Shales and Miller had little to do with book besides the concept, and transcribing, verbatim, dialogues from interviews. The real meat of the book is having people like Chevy Chase, Al Franken, and Will Ferrell tell you in their own words about all night

coke-induced writing sessions, and fist fights that broke out backstage during taping. (Chevy Chase and Bill Murray once had a go at it a couple minutes before Chase's return debut as Update Anchor man.) The book explores the deaths of John Belushi and Chris Farley, and has former hosts explaining what it's like working with the cast.

This book explains, in the words of those who were there, what it's like to get famous (and forgotten) in one of the longest running shows on television.

For either the religious Saturday Night Live fanatics, the occasional viewer, or those people who like to overdo catch phrases from famous sketches, this book is both is an intriguing, humorous, and oftentimes shocking look behind the scenes of one of

book review



Lincoln-Walsh and Washington Area Present

Polyethnic Cajun Slamgrass
ALL AGES
DOORS AT 8:00 PM
SHOW AT 9:00 PM
Plus Special Guests
Kulica

FRIDAY JANUARY 31, 2003
THE HISTORIC EUREKA THEATRE

Please bring a non-perishable food item or a can of food to support our local food banks. Each donation automatically enters you to win cool stuff. Tickets \$25.00 Available at the local music stores and at www.leftoversalmon.com

RAMONE'S
BARRY & CO.
KUM
PACIFIC
CHINA

Role Playing

I GET MY COMICS AT NCRP

BRING THIS AD FOR 10% OFF PURCHASE OF \$10 OR MORE

SUBSCRIPTIONS
ROLEPLAYING GAMES
COLLECTIBLE CARD GAMES

1846 Broadway Ave. Eureka 444-2288
oss@ncrp.com

Words of Wisdom
from *The Lumberjack*

"It's not a parking permit.
It's a hunting permit
for an elusive beast."

— Mac McClary
former adviser



Catfish Keith Performs delta blues in Bluelake

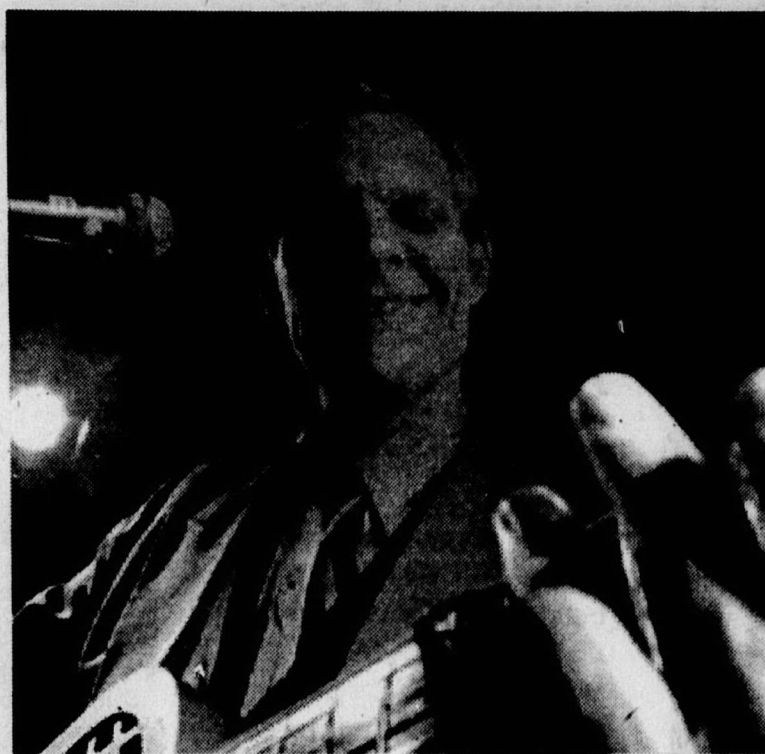
By James Wynn

Whether it's the rain, the constant overcast skies, or perhaps the lack of drinking establishments in the area, Humboldt County always seems to attract a modest amount of blues. A simpler explanation could be that Humboldt County just loves it's blues. Whatever the reason, Humboldt county is welcoming the next instalment of blues players on Tuesday, Jan. 28 from 8 to 10 p.m. at the Red Radish, 140 H St., Blue Lake. Doors will open at 7:30.

Catfish Keith recorded his first album at the age of 22, establishing him as a new force in acoustic blues, reaching number one on independent worldwide radio charts.

But Keith's rise to the delta blues elite had nothing to do with the mississippi delta. He was, in fact born and raised in the mid-west.

Keith was born in East Chicago, Indiana on Feb. 9, 1962. He first heard the blues as a child while living in "The Harbour", a working class, steel mill town, listening to Muddy Waters, Howlin' Wolf, and Buddy Guy on the radio. He first started playing guitar as a teenager, following the deep delta style finger picking of Son House. After graduating High School in Davenport, Iowa, Keith left home to pursue his dreams of becoming a testment to solo performers of American roots music.



Keith landed first in the Caribbean, crewing for a time on a sailboat in the Virgin Islands.

It was here that he first acquired the name Catfish, a shortening of the original nickname, catfish-swimming

around, given to him by a West-Indian lobster-diving partner.

This stint in the tropics exposed Keith to a fusion of jazz, calypso and reggae.

Drawing particular inspiration from the music of John Spence, Keith found a new genre of music to blend with his traditional blues playing.

Keith has released six albums in his career on his own label, Fish Tail Records, started in 1988 with his wife Penny Cahil.

Two of his albums, *Jitterbug Swing*, and *Fresh Catfish* have been nominated for the W.C. Handy Awards for Best Acoustic Blues Albums of the Year in 1992, and 1995.

His latest Album, *Twist it, Babe*, has already hit number

one on radio charts around the world, and reaffirms his status as one of the great modern day performers of deep delta blues and roots music.

This concert is sponsored by the Blue Lake Blues series, a non-profit, volunteer group, an extension of the Humboldt Folklife Society.

Tickets are \$15 in advance or \$17 at the door, and are available at the Works in Eureka and Arcata, the Metro in Arcata, or the Red Radish.

Dinner is available at the Red radish prior to the show at 5:30 P.M. For reservations, call 668-5994.

CHER-AE HEIGHTS CASINO *The Casino by the Sea!*

Win a New Orleans

Mardi Gras Trip

Trip Includes:

- Airfare
- Rental Car
- Hotel
- \$1,000 Spending Cash

Travel Dates 3/01/03 - 3/08/03

Or choose the \$5,000 cash option!

Play all month long to win!

Drawing held on January 25th



Hwy 101 North, Trinidad Exit, Left at Exit, Left on Scenic Drive
1 mile South to Cher-Ae Heights Casino!

CHER-AE HEIGHTS CASINO *The Casino by the Sea!*

DIAMONDS & DOLLARS

Win up to \$3,000 & a Hearts on Fire Diamond!*

\$1,000 @ 6pm • \$1,000 @ Ringo Intermission • \$1,000 after Ringo

Diamond Drawing After Ringo

Play to win, beginning January 26th

Drawings held February 14th

*Winner of the Diamond will receive the Diamond or \$3,000 cash option.
The Casino reserves the right to limit cash prizes or modify the promotion.

Minimum bet \$5.00. House rules apply.

707.677.3611

www.cheraeheightscasino.com

VOLUNTEER

"Help make a difference right here in our own community."

Yara Sanchez, HSU student

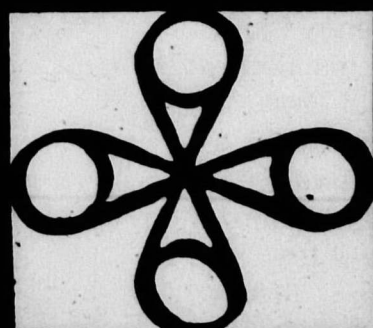


Become a leisure companion

476-8168

NORTHTOWN BOOKS

AN INDEPENDENT BOOKSTORE
FOR INDEPENDENT MINDS



OPEN EVERY DAY

1001 STREET ARCAT

PHONE 707 822 2541

FAX 707 822 0001



United
Cash Advance

need
CASH
before payday?

Visit one of our local stores.

EUREKA

1000 West Ave. • 442-8844
3846 Broadway • 442-8100

ARCATA

600 F St. • 826-8704

\$10 off your
first transaction
(with this ad)

The Humboldt Art Scene

Local and visiting artist's current exhibitions in Humboldt county

Alan Sanborn

The Humboldt Arts Council will host a retrospective exhibition of watercolor paintings by artist Alan Sanborn in the William Thonson Gallery Jan.16 through Feb.23 at the Morris Graves Museum of Art. An opening reception will be held on Feb.1, from 6 to 9 P.M. during *First Saturday Night Arts Alive!* The Public is invited to attend.

Installed within the largest gallery in the museum, Sanborn's retrospective explores nearly 20 years of the artist's work. Works from private collections, as well as works from the artist's collection will make up the entirety of the exhibit.

"Talent, discipline, craft, inspiration, vision....hoping that they will coincide beautifully at times, I keep working at the only two



variables I can control—craft and discipline," says Sanborn. "I'm a straightforward, no special effects, watercolorist."

"Like everyone, I try and I've tried to paint those I most admire, sometimes my own students. My style is, probably how much my self gets in the way of lessons I can't quite learn," says Sanborn.

Sanborn has exhibited across the nation consistently since 1988, is represented within collections across the United States, Australia, and in Russia, and was a California Arts Council grant recipient from 1989-1992. Sanborn has taught classes in illustration here at Humboldt State.

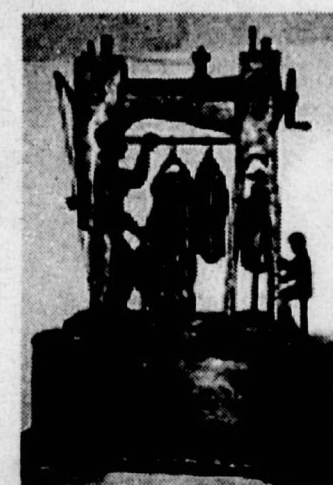
Val Polyanin

Icons of an Interior Landscape, a showing by outdoor figure sculpture by Val Polyanin. The exhibit is open to the public Jan.18 through July 5, 2003 in the Melvin Sculpture Garden at the Morris Graves Museum of Art.

Born in Stravropol, Ukraine, Polyanin began training at an art school in Vladivostok, Russia at the age of ten, and has been working as an artist in the U.S. since 1986. His figurative sculptures are created using a mixture of epoxy resin and fiberglass, resulting in a highly textured bronze-like finish.

Ranging from nine to seven feet tall, many figures are life size, inviting the viewer to witness and engage in imaginative narratives that reveal a complex network of emotional and psychological states.

Surreal, acrobatic and contemplative, the sculpture explores both physical and conceptual characteristics of the human condition.



The Morris Graves
Museum of Art is located
636 F Street
Eureka

cd review



Pavement
Slanted and
EnchantedLuxe
and Deluxe

Review by James Morgan

I have to admit it, I am one of those people who seem to always feel that the first album is the best album.

And so, it's pretty easy for me to say that Pavement's newest album, "Slanted and

Enchanted: Luxe and Reduxe," is the band's finest output. It is, after all, a supped-up version of that first album.

That's right, the boys over at Matador have found away to squeeze water from a rock. And may I just say, they do so in style. They certainly never saw the breakup of the classic "indie" group as an obstacle to success.

And the two-CD set, which contains classics from the "Watery, Domestic" EP and the band's Drag City release "Westing (by Musket and Sextant)," is certainly a success. In fact, it might very well be the best Pavement CD there is.

It begins the first CD with,

funny as it seems, the original "Slanted and Enchanted." From there, we are taken through some alternate versions and other ditties. And the CD wraps up with four songs from a John Peel Sessions recording.

The second CD starts off with the "Watery, Domestic" EP and some other songs from the "Watery" sessions. Then there is a second recording from a John Peel Sessions. And in the two Peel Sessions recording you will find what might be the best music in the whole set.

Then as sort of a night cap, the second CD ends with an entire concert, recorded in December of 1992.

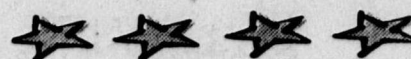
All in all, it's a great buy. If you are a Pavement fan, it promises to have something that you don't already have in your collection. If you are not a Pavement fan, then here is your chance to acquaint yourself with some of the best work of a band that helped to define music in the '90s - ar-

guably the greatest musical decade in the history of Western Humanities.

And if you are interested ... Matador also released a two-DVD set of the band called "Slow Century." Not the greatest documentary in the world (as it fails to discuss the breakup of the band), but it too is worth your time.

If nothing else, it is a great

collection of interviews and concert footage. And it has each of the Pavement videos. For you locals, at least one of the Arcata video rental stores has it.



The key to the reviews

CD Review Scale

- ★★★★★ rockin'
- ★★★★ pretty damn good
- ★★★ worth listening to
- ★★ indifferent
- ★ don't waste your money

STOCK UP 2 BLOCKS from the HSU CAMPUS! THE STUDENTS' CHOICE

ASK ABOUT PART-TIME JOBS!

TOP OF THE HILL G ST. ARCATA

VISIT US AT www.wildberries.com

LOCALLY OWNED
LOCALLY INVOLVED
MC, ATM, VISA, DISCOVER

WILDBERRIES MARKETPLACE

Student Stock-up

OPEN 7 AM - 11 PM DAILY!

STOCK UP AFTER THE HOLIDAYS



Sonia R. Bautista, DMD Inc.
Arcata Dental Office

Cosmetic Bonding
Wisdom Teeth
Root Canal Treatment
Ultrasonic Cleaning
Mercury Free Fillings

New Patients
Welcome

Nitrous Gas
Stereo Sound
Emergency Care

We Cater to
Cowards

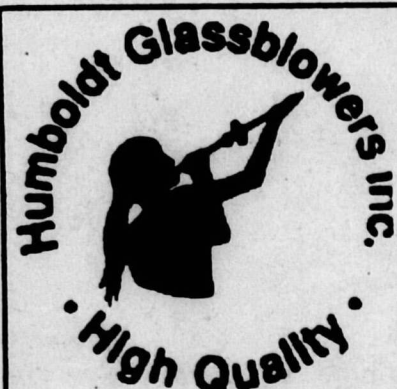
1225 B St. (2 Blocks from HSU) 822-5105

EXPERIENCED THREADS
and
VINTAGE CLOTHING
men's and women's clothing

COVERALLS AND
WORK JACKETS
now in stock

your port of call for

corner of 11th & K, Arcata
822-8288 • seven days a week



Humboldt Glassblowers
#64 Sunny Brae center
Arcata 822-7420

Open 7 days a week
Mon-Sat 10:30-6
Sun 10:30-5

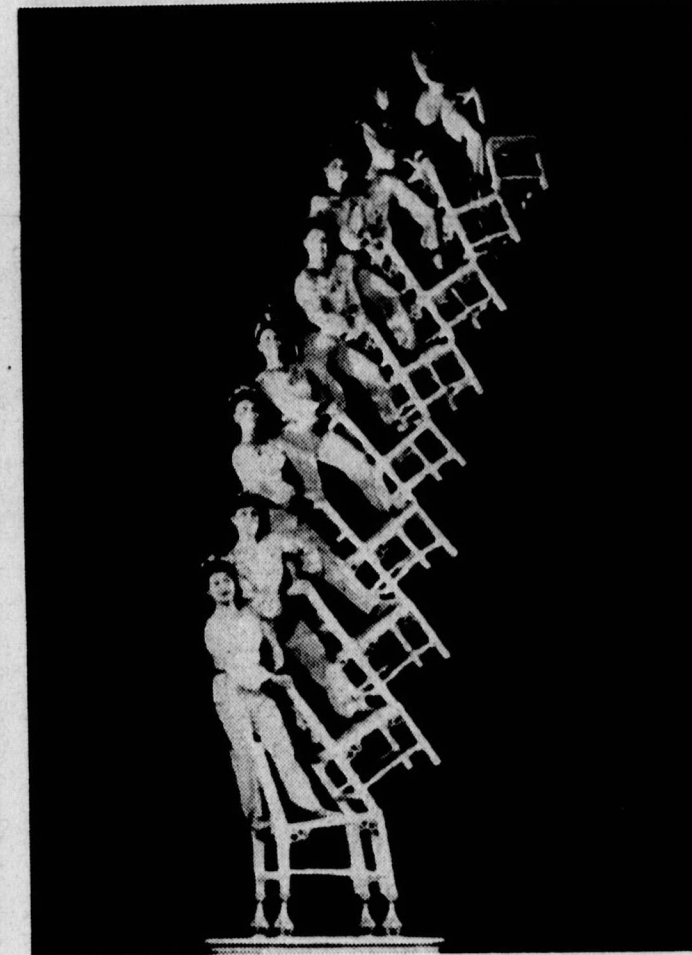
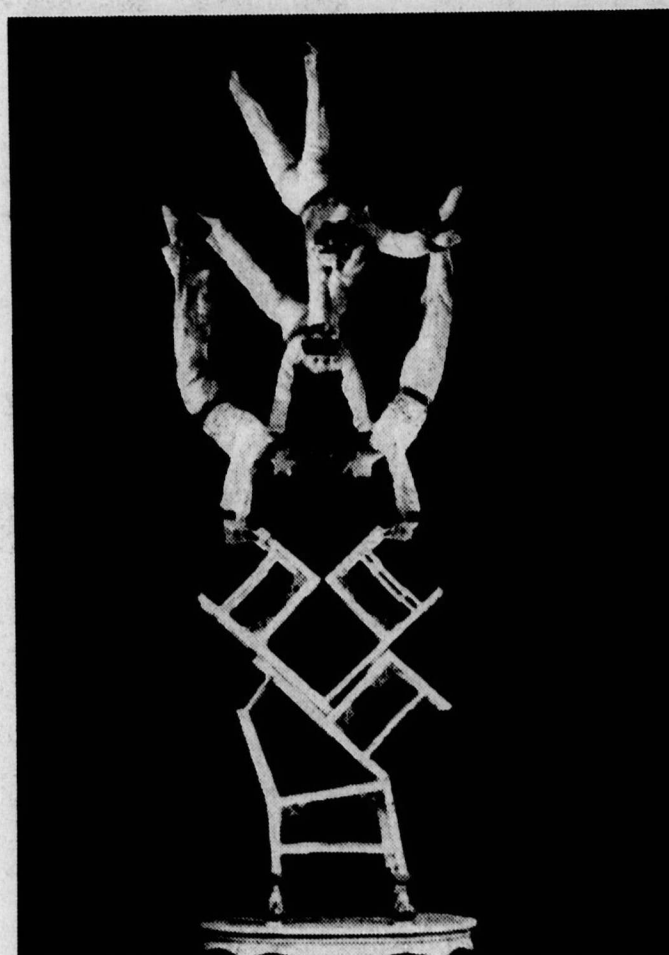
WELCOME BACK STUDENTS!

Show your Student ID and receive up to 20% discount storewide through January 31st

Check out our huge selection of disc golf supplies, costume accessories and funky tights, home décor, candles, incense and much much more!

Specializing in hand blown art glass!
Repairs and custom orders welcome

Mention PAR INFINITY and receive a 10% discount off disc golf supplies



The Peking Acrobats

James Wynn

SCENE EDITOR

The Peking Acrobats, direct from the People's Republic of China, is coming to HSU's Van Duzen Theatre on Tuesday, Jan. 28 at 8 P.M., presented by Center Arts.

The Peking Acrobats will perform a dizzying combination of stunts and acrobatic pagentry, including daring maneuvers atop a human pagoda using chairs, an amazing, if not unbelievable gymnastics routine, and incredible balancing techniques, and, perhaps most intriguing of all, foot juggling.

These acrobats are considered national stars in their home country because of the high degree of skill and years of training involved.

China has approximately 100,000 acrobats studying at schools dedicated to this art.

Students at these schools

begin studying very early around the age of five or six. Training last for about six years, up until the student is deemed fit to join a professional troupe, usually a city wide organization that draws its members regionally. It is from these ranks that the best acrobats are taking forming the nucleus of the elite, world touring troupes like the Peking Acrobats.

Acrobatics in China have a long and rich history essential to the culture of the Chinese people.

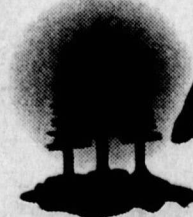
According to Fu Qifeng, author of *Chinese Acrobatics through the Years*, acrobatics began originally as a normal function of everyday life. During the Warring States Period, 403 through 221 B.C., acrobatics became widespread due to the belief that acrobatics could steel people's will

and increase their physical strength and the accuracy of their movements.

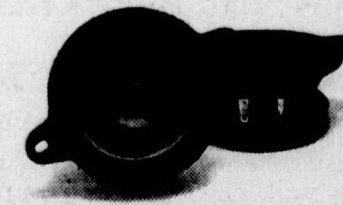
Today, the role of the traditional acrobatic troupes has evolved into an art form that earns performers the respect and admiration of the Chinese people. Acrobatic troupes travel throughout China, much like circus performers, bringing their own specialized costumes, stage props and acrobatic styles, to army units, villages, factories and frontier outposts.

The Peking Acrobats have performed all over the world in Australia, Europe, the Middle East and Africa to standing ovations and packed houses.

Tickets are available at the Works, the Metro, and the University ticket office. Tickets are \$25 for general, \$20 for students and seniors and \$15 for HSU students.



Humboldt
AUDIO & VIDEO



Home Theater

Car Stereo
Sales & Installation



203 5th Street • Eureka, CA • 707.445.9447 • Located diagonally from Benny's

The Lumberjack

www.thejack.org

'Jacks are back at home for weekend

HSU hopes to extend home winning streak against old foes

by Gabriel Jackson

SPORTS EDITOR

It's road trip time as HSU takes its undefeated record and its no. 1 national ranking on the road this week as they travel to Saint Martin's and Central Washington on Thursday and Saturday.

Last week the 'Jacks took apart a very good Seattle University team who came into the game with a record of 2-1 in conference, 9-3 record overall.

The 'Jacks had trouble stopping Andy Bloom, a freshman guard for the Redhawks who scored 18 of his teams 34 first half points. He was the primary reason HSU trailed the majority of the first half.

Bloom, however was shut down in the second half as his touches were limited and the 'Jacks defense was relentless thanks to aggressive play by J'ontar Coleman and a number of other Lumberjack defenders.

"I just tried to deny no. 23 (Bloom) the ball," said Coleman, the senior guard from Oakland. "This is our house and no one will come in here and take our thrown."

As the game went on, the energetic Lumberjack defense wore down the Redhawks forcing 16 turnovers for the game, eight in each half.

"That was a good team," said Tom Wood, Coach of the 'Jacks. "We were playing well in the first half, we just needed some shots to fall."

"In the second half we played better defense on 23 (Bloom), made a couple stops and we were able to convert on offense."

Austin Nichols led all scorers with 23 points on six of 12 shooting from the field, two of three from three point land and hitting nine of his 11 free-throws.

Fred Hooks had another strong performance all around game scoring 12 points, a game-high 18 rebounds and six assists and a pair of blocked shots.

Coleman had a solid game for the 'Jacks scoring 13 points on five of 10 shooting, and three of six from three-point land in addition to his sound defensive effort.

"I just continued to believe in myself," said Coleman. "My first shot was a confidence builder."

All 10 of the 'Jacks contributed in some fashion.

Any wind the Redhawks had in their sails was taken away when Nichols threw Hooks a lob pass on a fast break in which Hooks dunked on the poor Redhawk defender, extending HSU's lead to 20 denying hopes of a comeback and driving the home crowd bonkers.

A spoiled crowd of 1188 fans watched the number one team in the nation, the HSU Lumberjacks, demoralized the Northwest Nazarene Crusaders by a score of 94 to 70 Thursday night in the East Gym, moving their record to a perfect 11-0, (2-0) in conference.

The 'Jacks came out smoking as they put pressure on NNU from the jump ball to the final buzzer. There was an exchange of buckets early, but it got ugly quick. Crusaders couldn't match HSU's intensity and NNU found themselves in a deficit they could not get themselves out of as HSU led by as many as 27 points in the first half.

Coach of the 'Jacks, Tom Wood played all ten play-



ers, early and often and his team's depth was just too much for the undermanned Crusaders.

HSU got help from everyone as all 10 'Jack got in the scoring book.

"I thought we came out to play in the first half," said Wood. "We got out of the blocks nicely, and our bench sustained our energy level in the first half."

Junior forward Austin Nichols lead all scorers with 21 points on five of 11 shooting and he hit all nine of his free-throws, in a game that looked more like a dunking rally than the intense conference match-up it supposed to be.

Nichols displayed his 40+ vertical leap on a lob pass from Jeremy Robinson where he caught the ball in mid air and threw down a reverse dunk, bringing the crowd to its feet for a brief moment.

"It was a conference game," said Nichols. "We needed to make a statement."

After Kaylin Thornton got rid of his pre-game jitters by picking up a pair of cheap fouls, he had the most productive night of any player of HSU's bench

mob, scoring 17 points on 6 of 11 shooting from the field along with a game-high three steals. Thornton's solid defense set up several fast break opportunities resulting in a pair of dunks that ignited the crowd on both occasions.

"Once I got the first couple of fouls out of the way, I started to settle in," said Thornton, the junior forward from Oakland. "It was just a matter of focus, I felt good tonight."

Fred Hooks had a quiet 10 points on five of seven shooting from the floor, along with three assists and he and teammate Trey Shannon were tied with a game-high nine rebounds.

Jeremy Robinson had 11 points and four assists, and zero turnovers. Robinson was the floor general for the 'Jacks as he helped dictate the tempo early in the game as HSU opened up the game with a full court press, smothering the Crusaders and forcing 13 first half turnovers.

Even though the crusaders made a run late, it was too late as this one was over in the first half.

AWESOME discount coupon for GREAT Chinese food!

HUNAN • CANTON • PEKING
SZECHUAN • MANDARIN • DIM-SUMWe have the largest
VEGETARIAN MENU
in town!

Bring this ad and get

10% off*

your take-out or dine-in order!

Fine Chinese Cuisine on
the Plaza...761 8th St.
On the Arcata PlazaCall for to-go orders
or reservations**822-6105**

*does not include gratuity. One coupon per visit please.


HUNAN
PLAZA
 CHINESE
 RESTAURANT

*Our Blood Mobile
will be on the
HSU Campus*

Wed. 1-22 11-4pm on the quad

Thu. 1-23 11-4pm on the quad

Tues. 1-28 12-5pm Klamath and
Mad River Rooms

Wed. 1-29 11-4pm on the quad

Fri. 1-31 10-2pm on the quad

*Drop by and see us.
"You're just our Type!"*

 Northern California Community Blood Bank
 2524 Harrison Ave., Eureka • 443-8004

**LIVE FROM
NEW YORK**
 by the slice
 Authentic N.Y. Style Pizza
 1504 G St., Arcata
 822-6199

**Delivery Service
Available**

Open Mon-Thur: 11 am-9 pm, Fri & Sat: 11 am-10 pm, Sun: 2-9 pm

'Jacks win a pair at home HSU takes its win streak on the road

by Gabriel Jackson

SPORTS EDITOR

The Humboldt State Women's basketball team will play its next three games on the road, taking trips Western Oregon, Northwest Nazarene and Saint Martin's. Its next home game isn't until Feb. 6 when it will then take on Seattle University.

The 'Jacks won a pair of home games over the weekend, defeating Alaska Anchorage (7-5, 2-2) on Saturday by a score of 79-74, and coming from behind to edge out Alaska Fairbanks (5-7, 0-3) on Thursday by a score of 71-69.

HSU overcame a sloppy start that included 10 first half turnovers and erratic play on defense to drag the Seawolves to an overtime period in which the 'Jacks dominated.

"We executed our offense for scores and we made free throws," said Carol Harrison, coach of the 'Jacks. "We played with a ton of grit, we dug down and pulled out an emotional win."

The Seawolves led much of the first half, and it seemed that no matter what line-up Carol Harrison went with, the 'Jacks had no answer for Tanya Nizich. Nizich hit four of her seven three-point attempts giving her 12 points for the half, the only player to reach double figures at the half. She would only have one point the rest of the game.

Charlene Murphy displayed her senior leadership as she forced her team to keep its intensity up and its focus on the game helping to will her team to a win.

The 'Jacks relied on its half court defense as they stayed away from its press, and they were able to overcome a rebounded deficit of 52 to 41.

The starters provided the majority of the production for the 'Jacks as four out of the starting five reached double figures.

At the start of the second half, 'Jacks quickly dug into the AAU's four point lead, going to the conference's scoring leader Nicole Lynch early and often, as she had 17 second half points, 21 on the evening.

HSU even went on to lead by as many as 15 points with less than seven minutes to go in the game, but a number of turnovers and missed shots allowed the Seawolves to send the game to overtime.

Kamie Jo Massey dominated the



second half for the Seawolves scoring 19 points, grabbing 16 rebounds and dishing out eight assists.

"Charlene played like a senior, and we got a great defensive effort out of Peni," said Harrison of her players. "Tonight we were a survivor."

Charlene Murphy had 20 of her own points along with six assists. Sophomore guard, Kristen Earhart scored 10 points on three of five shooting and hitting four of six free throws down the stretch. Junior guard, Peni Vaefaga had 13 points on six of 10 shooting along with a pair of steals.

However, during the overtime period it was all Murphy and Lynch, scoring on free throws, and lay-ups as the 'Jacks ran away with the victory 79 to 74.

The HSU women's basketball team were down by as many as 19 points and shot a dismal 18.9 percent from the floor in the first half, but still managed to pull off a one-point victory Thursday night in the East Gym by defeating the Nanooks of Alaska Fairbanks (5-7 overall, 0-3 in conference), improving to 6-8 overall, but more importantly earning their first conference victory (1-4).

The Nanooks opened the game with a 14-0 run, with the

see Streak, page 40

Welcome HSU Students & Faculty!

The World's Finest Outdoor Specialty Shop is just 10 minutes from HSU!

Our best deals ever! PACKS!

Over 1000 pack
deals in stock!

Savings up to
70% OFF!

EXTERNAL FRAME		reg	SALE
Dana Design Terraframe.....		\$319	\$99
Dana Design Longbed.....		\$299	\$99
Jansport Olympic.....		\$149	\$79
Hundreds of day packs on SALE from Dana, Gregory, Lowe, The North Face, Osprey & GoLite!			
INTERNAL FRAME		reg	SALE
Dana Design Terraplane LTW.....		\$439	\$263
Dana Design Alpine LTW.....		\$399	\$199
Gregory Wind River.....		\$330	\$199

WATERPROOF BREATHABLE RAINCOATS

Marmot Mountain Denali Jacket III.....	reg \$279	SALE \$167
Marmot Precip.....	reg \$99	SALE \$59
Lowe Alpine Flash Jacket '01.....	reg \$249	SALE \$149
Sierra Designs Avalanche Jacket.....	reg \$159	SALE \$95
GoLite Reach 02' men's & women's.....	reg \$139	SALE \$89

Up to
40% OFF!

Marmot

HEADLAMPS & FLASHLIGHTS

Crane LED
Flashlights
20% off

Princeton Tec Solo Headlamp, black.....	reg \$26.99	SALE \$19.99
Petzl Zoom Headlamp.....	reg \$34.00	SALE \$29.00
Black Diamond Ion 2-LED headlamp.....	reg \$22.50	SALE \$19.95
Black Diamond Moonlight 4-LED headlamp.....	reg \$34.50	SALE \$29.95

SLEEPING BAGS!

Up to
45% OFF!

Marmot Trestles 15 Long.....	reg \$109	SALE \$75
Mountain Hardware 2nd Dimension RR.....	reg \$170	SALE \$119
Mountain Hardware 3rd Dimension RR.....	reg \$210	SALE \$147
The North Face Thunderhead Long.....	reg \$139	SALE \$79

We have KILLER DEALS on our own synthetic fill bags!

Marmot

Fly, bike, walk, or hitchhike!
Don't miss these deals!

More hard goods under
one roof than you've ever
seen before!

FLEECE

Save up to 50%
on Jackets, Vests, Pants,
& Gloves!

Marmot Plasma Jacket, '01.....	reg \$149	SALE \$75.00
Marmot Sequoia Fleece Vest.....	reg \$99	SALE \$49.00
Marmot Women's Zermatt Hoodie.....	reg \$99	SALE \$49.00
Lowe Alpine Aleutian Nail Head Jacket.....	reg \$99	SALE \$49.00
Patagonia Men's R2 Vest.....	reg \$99	SALE \$52.00
North Face Men's Inside Track Vest.....	reg \$70	SALE \$39.00

Marmot

Lowe
alpine

THE
NORTH
FACE

LONG Underwear

Up to
50% OFF
from the
NORTH FACE!

L/S Aerobic Crew Neck.....	reg \$36	SALE \$18
Marmot Lightweight Zip T, '01.....	reg \$42	SALE \$21
Marmot Men & Women's Lightweight Bottoms.....	reg \$40	SALE \$20
Marmot Women's Drylo 120 Briefs.....	reg \$16	SALE \$5

THE
NORTH
FACE

Marmot

TENTS! TENTS!

Savings up to
70% OFF!

Marmot MOUNTAIN HARD WEAR THE NORTH FACE

Bibler Tents: UP TO 25% OFF!

Clip Flashlight.....	reg \$189	SALE \$149
Sierra Designs Meteor Light.....	reg \$279	SALE \$199
Mountain Hardware Skyview, '01.....	reg \$350	SALE \$199
The North Face Talus.....	reg \$199	SALE \$139

Plus hundreds more at KILLER prices!

BINOCULARS!

ALL Nikon, Brunton &
Celestron
SALE PRICED!

Nikon Action 7 x 35.....	reg \$153	SALE \$115
Nikon Travelite V 9 x 25.....	reg \$170	SALE \$125
Nikon Mountaineer II 8 x 25.....	reg \$319	SALE \$225
Brunton Lite Tech 10 x 50 waterproof.....	reg \$169	SALE \$99

ALL
GARMIN
GPS
ON SALE!

Garmin eTrex Summit.....	reg \$267	SALE \$219
Garmin eTrex Vista.....	reg \$375	SALE \$319

We also carry mapping software by National Geographic & Maptech!

SOCKS

WigWag
Save over 50%
off this special buy!

Smart Wool
Save almost 40%
off our special buys!

FOOTWEAR

ACORN
Comfort on Earth

Montrail Wascatch II, men's.....	reg \$99	SALE \$59.00
Montrail Vitesse, men's.....	reg \$99	SALE \$59.00
La Sportiva Teiga GTX, men's.....	reg \$150	SALE \$99.00
La Sportiva Tibet Lady GTX.....	reg \$190	SALE \$119.00
Scarpa Borealis, women's.....	reg \$170	SALE \$99.00
Sheepskin Boots by Bear Paw.....	reg \$70	SALE \$29.00

montrail
la sportiva
scarpa

ALL Acorn
Slippers
20% off

HUMBOLDT'S FINEST GREEN CLIMBING

Every Humboldt's Finest comes with a
FREE T-SHIRT & KEY BINDER!
A Northern Mountain Exclusive Killer Deal!

FAMOUS CLIMBING PACKAGE DEALS!!!

Top Rope Kit.....	reg \$273	SALE \$215
Basic Trad Rack.....	reg \$265	SALE \$235
Mt. Shasta Package.....	reg \$242	SALE \$205

Tons of carabiners on sale
starting at \$4.39 for a Light D
Hot Wires for \$6.96!

Jack
Wolfskin
DANA
DESIGN

Super Low! Daypacks

SAVE 40%
TNF Yavapai
Just \$37 reg \$65

Dana Design Hoodoo Spire.....	reg \$149	SALE \$89
Dana Design Shadow Peak.....	reg \$189	SALE \$89
Slider, '01 by Dana Designs.....	reg \$139	SALE \$69
Fusion by Jack Wolfskin.....	reg \$99	SALE \$45
Atlantis, '01 by The North Face.....	reg \$53	SALE \$34

THE
NORTH
FACE

5th & Commercial • Eureka 445-1711

GREAT Service AND The LOWEST Prices!
World Class Selection Of Backpacking, Camping, Climbing & Paddle Sport Equipment

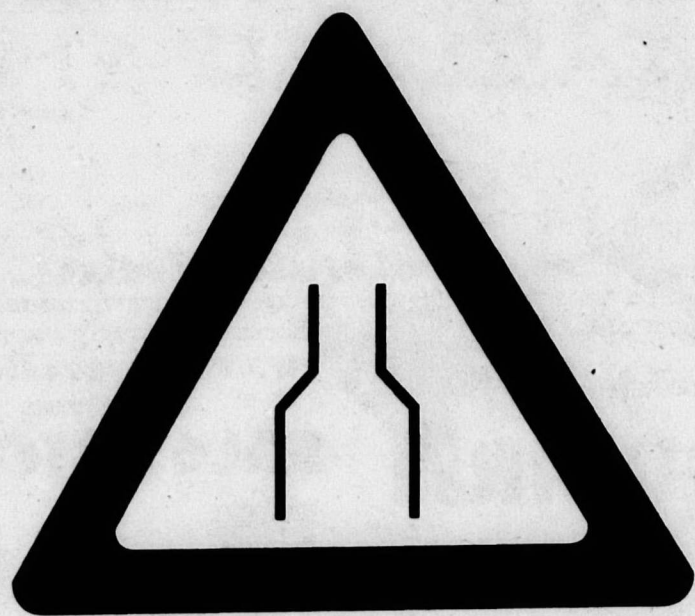
prices good for stock on hand and may change without notice

Mon - Sat 9:30am to 7pm
Sun 10 to 5

Surf our web site:
www.killerdeals.com

Visit us online!
Shop early for
best selection

Humboldt's New Media Covergence



mergemedia.org

Valley West
hair care
salon

A Full-Service Professional Salon

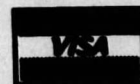
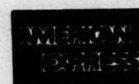


822-5991

Open Monday - Saturday

Walk-ins Welcome

Janes Road/Giuntoli Lane exit,
across from North Coast Inn



TheJack.org

full banner
ad

468 pixels

\$5 a week



On the Gazebo
Old Town-Eureka
2nd & F Street

707-445-0326

Fax: 707-445-2368

P.O. Box 6562
Eureka, CA 95502-6562

Your COMPLETE BIKE SHOP

Mountain, Road & Children's Bikes

- Accessories • Clothing •
- Repairs • Parts •

Hike, Bike, Paddle & Climb

**Adventure's
Edge**

OPEN DAILY

M-Sat: 9-6 Sun: 11-5

822-4673 650 10TH ST. ARCATA

www.adventuredge.com

ADVENTURE
AWAITS.

YAKIMA
RACKS



SEVEN
CYCLES

SPECIALIZED



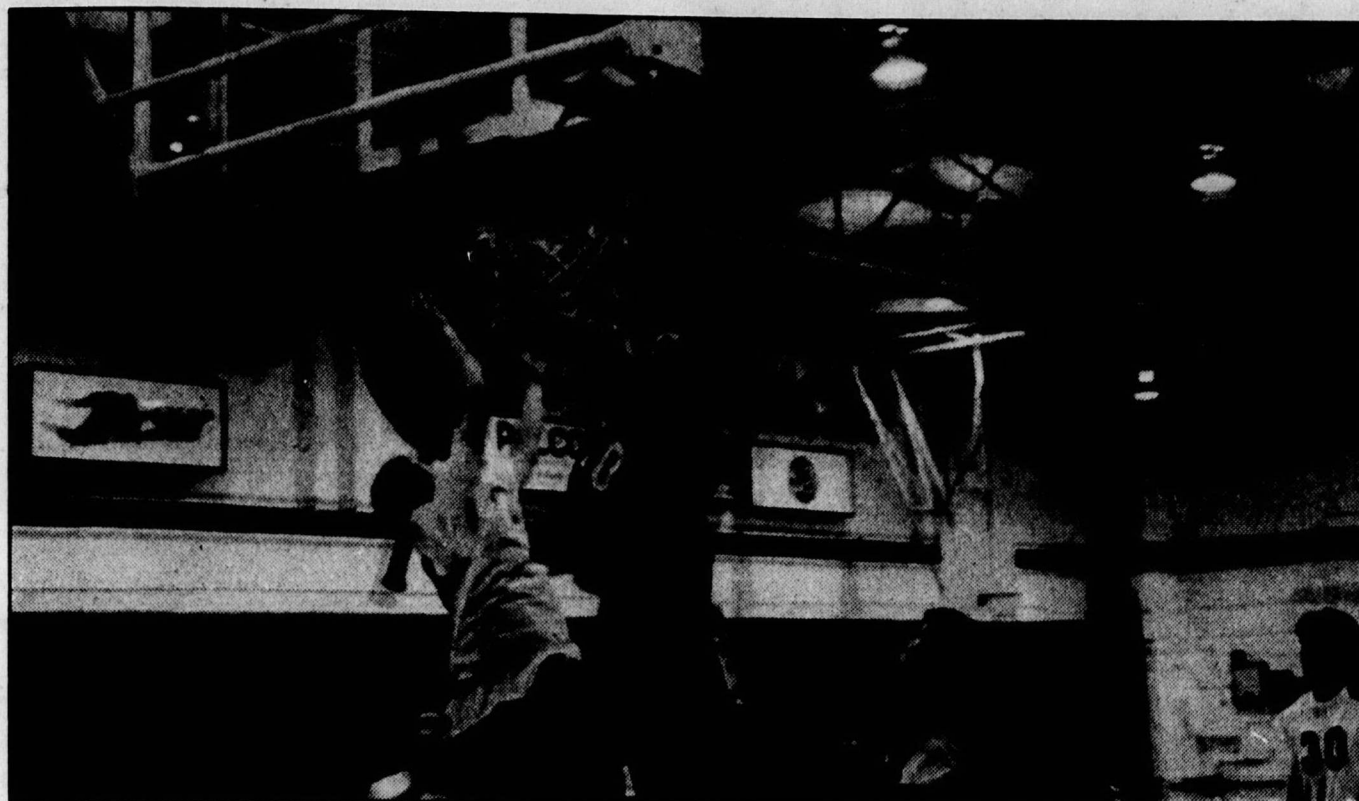


PHOTO COURTESY OF CLAY BROWN

Players perform in a club sports basketball scrimmage game in the East Gym.

Sign-ups are underway

Intramural and Club seasons start soon

by Gabriel Jackson

SPORTS EDITOR

As the spring semester gets underway, so does a new season of intramural and club sports.

At HSU, there are four different intramural sport leagues offered at various talent levels. The sports consist of basketball, soccer, softball and flag football.

The different basketball leagues are A, B, C, and six foot and under leagues. A- league being for the players who feel their skills are top notch, along with current intercollegiate athletes.

B-league is for players who have been out of intercollegiate athletics for two or more years, and for anyone else who feels they are capable of the stepping up to the challenge.

The C-league is for players whose skill levels are not quite up to par with those players of the A and B leagues.

The six foot and under league is for those players who do not feel like competing among a league of giants. It is just that, a league for players six feet tall and under.

The same league classes apply for soccer except for the six feet and under league. The only difference is that there are also men and women's leagues in addition to the A, B and C leagues.

"We usually have about 16 teams play on Monday and 24 teams play on Thursday," said Clay Brown, Director of Club and intramural sports at HSU in reference to the soccer leagues.

Intramural sports are a class, and in order to participate, students must register for intramurals for half a credit.

Sign ups were done different this semester. During the past semesters, sign ups started after the new semester had already started. As a result, students were forced to pay \$15 in order to add the class since the leagues started so late.

At the end of the fall semester, sign ups were done in enough time so that students could

avoid paying the \$15.

However, the signups will resume the first day of school, allowing new students and returning students who missed initial sign-ups to put teams together.

Late sign ups will go all the way up to February 11, the teams that signed up before Jan. 29, will start playing the first week of February.

For those students who are a little more serious and just plain looking for something different, there are 13 different club sports. HSU offers men and women's rugby, men and women's lacrosse, men and women's disc (ultimate Frisbee), men's volleyball, men's baseball, cheerleading, coed fencing, coed water polo, men's crew, as well as a new mountain biking club.

HSU's club teams are highly competitive and travel up and down the state competing in various tournaments taking on all comers.

"Both rugby teams are competitive and our disc team is currently ranked 12th in the nation," said Brown.

Club sports are funded through IRA funds and Associated Students also contributes a substantial amount to offset the travel costs.

Club sports get a ton of support from the Health and Physical Education department and the community in both time and money.

"Last spring we received \$120,000 from the community to build a boat house," said Brown.

"We usually get about 450 students participating all together. The kids are creative, and they stick together."

Students interested in playing a club sport are encouraged to contact the intramurals and club sports office at 826-5965 or check out the website at <http://www.humboldt.edu/~hpe/intra.html>. Students must also keep their eyes peeled for the tournaments various tournaments coming throughout the spring.



THE METRO
CDS & TAPES

20% OFF ALL

USED CDs

Jan. 29th - Feb 12th

WELCOME BACK

THE METRO CDS & TAPES

858 G STREET • ON THE PLAZA • ARCATA

OPEN EVERY DAY • FRIDAY NIGHTS UNTIL 8

822-9015

shoe *Envy*

Winter Sale!

McKinleyville Shopping Center
840-0968

Think You Might Be Pregnant?

FREE Pregnancy Testing
all services confidential

- Information and Educational Materials
- Clothing for Mom and Baby



442-2345

2390 Myrtle Ave, Eureka
Mon: 10-3 Tue: 12-5 Wed: 10-3

The Arcata Center
is temporarily
closed for relocation

24 Hour Hotline 725-5676

TOFU SHOP
 Fine Tofu Products
ORGANIC
 Local Since 1980
 Wholesale Info
 65 Frank Martin Ct., Arcata, CA
 (707) 822-7401



NON-CORPORATE • NON-CHAIN



...not your average video store

**Humboldt County's Best
 Source of Video & DVD Rentals
 for the Serious Film Fan**

INTERNATIONAL • BRIT TELLY • FILM NOIR
 EURO TRASH • HONG KONG • RARE IMPORTS
 SHAKESPEARE • JAZZ & BLUES • DOCUMENTARY
 PERFORMING ARTS • POSTCARDS • FILM
 MAGAZINES & MORE... WITH THE HELP OF A
 FRIENDLY AND KNOWLEDGABLE STAFF

**International films are not
 foreign to us**

Get our monthly newsletter and more at: www.vxflix.com
 400 G St., Arcata 826-1105 236 G St., Oldtown Eureka 443-8933

WASH HERE MOM'S DRY FREE LAUNDROMAT

- Non-Toxic, Odorless Dry Cleaning
- Open Seven Days A Week
- 7 am to 9:30 pm

PROFESSIONAL LAUNDRY SERVICE

- Drop-Off Service
- Seven Days A Week
- Same-Day Service
- Monday-Friday
- Drop off in the morning, pick up that evening
- Clothes, Bedspreads, Comforters, Sleeping Bags



The staff at MOM's offers 60 years of
 experience, affording high quality,
 low-cost service—The best laundromat
 value in Humboldt County.

Valley West Shopping Center
 Arcata • 5000 Valley West Blvd.
 822-1181



Sports clips

Women's volleyball team signs a new setter

On December 11, HSU announced the signing of Tomica Baquet, a 5-foot-9 setter from Ventura, Calif.

"I'm very excited that Tomica is going to be a lumberjack," hed coach Sue Woodstra said.

"She attended camp this past summer and impressed everyone. At her height, she will bring some size to our setting position. She's a very good athlete and has a good presence and steadiness on and off the court."

Baquet was an honorable mention all-conference pick at Saint Bonaventure High School as well as the MVP of HSU's summer volleyball camp.

'Jacks no longer among the nation's unbeaten

After edging out a seven point victory over Saint Martin's College Thursday, the HSU men's basketball team took it's unbeaten record into Ellensburg, Wash. to take on Central Washington University.

The 'Jacks committed a season-high 34 turnovers and suffered its first defeat of the season, falling to the Wildcats 85-69. The 'Jacks slip to 13-1 overall, 4-1 in conference while CWU moves to 9-6 overall and 3-3 in conference play

Streak: Players show composure in both wins

• continued from page 36

'Jacks' first points coming off of a jumper by Sophomore guard, Laura Berreth with 13:16 left in the first half. Berreth went on to have more than half of her teams points in the first half as the 'Jacks only scored 19 first half points on 7 of 37 shooting.

"Coach said to keep up our intensity on defense," said Laura Berreth, a sophomore guard from Lake Oswego, Oregon. "We only had six turnovers in the first half, our shots just weren't falling."

As the first half came to an end, the 'Jacks went on a run, cutting the deficit from 19 to 11 with six ticks left on the clock.

"We just needed to hit some open shots," said sophomore shooting guard, Jackie Kolesar.

The Nanooks went in with the lead, but HSU went in with the momentum. Fairbanks shot themselves in the foot committing 14 first half turnovers, but their hot shooting of 52 percent from the floor kept them ahead.

"We weren't patient on offense," said Carol Harrison, head coach of the 'Jacks.

HSU football lone DII survivor among California colleges and universities.

"We intend to maintain our football program for as long as financially possible," said President Rollin Richmond in a press release. "We will need continuing and increased alumni and community support if we are to build and maintain a program of excellence."

During the mid 1990s, football programs were terminated at sister schools CSU Hayward, CSU Chico, San Francisco State and Sonoma State because of budget cuts.

To maintain the status quo, HSU increased its fund-raising efforts and has survived on even leaner budget rations while adding two women's sports programs and embarking on a financial aid program for the first time in school history.

While various rumors have had a potentially damaging effect on alumni relations and scholarship fund-raising efforts, most immediately impacted are the coaching staff's efforts to recruit players from high schools and community colleges.

Among the programs pluses are HSU's continuing alliance with Great Northwest Athletic Conference football rivals Western Washington, Central Washington and Western Oregon.

"we were out of sink in the first half, but we willed ourselves a win."

"Katie gave us a big lift late in the first half, and throughout the second half, she was a key contributor," said Harrison.

The second half began the way like the first half ended. The 'Jacks had a number of second chance opportunities; they were just unable to convert.

Fairbanks extended their lead to as many as 16 points, but with about 16 minutes left in the game, the 'Jacks went to work. Slowly but surely the 'Jacks cut into the deficit and with help from its bench, HSU was able to give Fairbanks more than it could handle.

"We needed to read their defense better," said Berreth. "Nicole came up big, and our bench brought up the intensity."

Sophomore sensation Nicole Lynch led all scorers with 18 of her 20 points coming in the second half. HSU got 37 points from its bench with big lifts from Berreth,

Katie Richelieu and Ashley Johnson scoring 14, 12 and eight respectively. Junior forward Peni Vaefaga had a team high seven rebounds while sophomore guard Kristen Earhart had a team high six assists.

Carol Harrison
 HEAD COACH
 WOMEN'S BASKETBALL

SCOREBOARD

41

Wednesday, January 22, 2003

The Lumberjack

www.thejack.org

2002 MEN'S BASKETBALL (5-0, 1-0 GNAC)

DATE	OPPONENT	TIME
NOVEMBER		
23	HOLY NAMES COLLEGE	W, 99-62
29-29	at Mac Martin Invitational	
28	vs. Westmont College	W, 76-69 (OT)
29	vs. Chico State	W, 87-69
DECEMBER		
3	at Southern Oregon	W, 90-72
7	*Western Oregon	W, 88-78
12	SAN FRANCISCO STATE	W, 78-77
14	DOMINICAN COLLEGE	W, 87-69
28	at UC San Diego	W, 100-58
30	at CSU Dominguez Hills	W, 105-68
JANUARY		
4	NOTRE DAME de NAMUR	W, 85-59
9	* NORTHWEST NAZARENE	W, 94-70
11	* SEATTLE UNIVERSITY	W, 70-56
16	* at Saint Martin's	W, 69-62
18	*at Central Washington	L, 69-85
23	* WESTERN WASHINGTON	7 p.m.
25	* SEATTLE PACIFIC	7 p.m.

2002 HSU WOMEN'S BASKETBALL (2-3, 0-2 GNAC)

DATE	OPPONENT	TIME
November		
23-23	Chico Tournament	
	v.s. UC Davis	W, 70-68
	v.s. Chico State	L, 81-103
30-30	Holy Names Tournament	
	v.s. Holy Names	W, 76-69
	v.s. Southern Oregon	L, 80-83
DECEMBER		
5	* SEATTLE PACIFIC	L, 76-98
7	* CENTRAL WASHINGTON	L, 74-87
12	DOMINICAN	L, 65-70
14	CHICO STATE	W, 82-79
21	at Sonoma State	L, 48-71
29-29	UC San Diego Tournament	
	UC San Diego	W, 69-59
	Western New Mexico	W, 66-60
JANUARY		
9	*at Western Washington	L, 62-89
11	*at Seattle University	L, 58-70
16	* ALASKA FAIRBANKS	W, 71-69
18	* ALASKA ANCHORAGE	W, 79-74
25	*at Western Oregon	5:30 p.m.
30	*at Northwest Nazarene	7 p.m.

HOME GAMES IN BOLD

All home games are in the East Gym

*Great Northwest Athletic Conference game

Schedule shown through January

HUMBOLDT STATE **JACKS** OF THE WEEK



Nicole Lynch continues to lead the GNAC in scoring averaging 18.9 points a game and her team in rebounding with 7.8 boards a game. Nicole scored 20 points in a win over Alaska Fairbanks and had a double-double against Alaska Anchorage dropping in 21 points and grabbing 10 boards.



Austin Nichols, who scored 61 points and grabbed 18 boards in two road games. Nichols hit 18 of 26 shots from the field including seven of 13 three-pointers. His 32-point effort against Saint Martin's was the eighth 30-plus performance in his three-year collegiate career.

TOFU SHOP
Fine Tofu Products
ORGANIC
Local Since 1980
Wholesale Info
65 Frank Martin Ct., Arcata, CA
(707) 822-7401


NON-CORPORATE • NON-CHAIN

...not your average video store

**Humboldt County's Best
Source of Video & DVD Rentals
for the Serious Film Fan**

INTERNATIONAL • BRIT TELLY • FILM NOIR
EURO TRASH • HONG KONG • RARE IMPORTS
SHAKESPEARE • JAZZ & BLUES • DOCUMENTARY
PERFORMING ARTS • POSTCARDS • FILM
MAGAZINES & MORE... WITH THE HELP OF A
FRIENDLY AND KNOWLEDGABLE STAFF

**International films are not
foreign to us**

Get our monthly newsletter and more at: www.vxflix.com
400 G St., Arcata 826-1105 236 G St., Oldtown Eureka 443-8933

**WASH HERE MOM'S DRY FREE
LAUNDROMAT**

- Non-Toxic, Odorless Dry Cleaning
- Open Seven Days A Week
- 7 am to 9:30 pm

**PROFESSIONAL
LAUNDRY SERVICE**

- Drop-Off Service
- Seven Days A Week
- Same-Day Service
- Monday-Friday
- Drop off in the morning, pick up that evening
- Clothes, Bedspreads, Comforters, Sleeping Bags



The staff at MOM's offers 60 years of
experience, affording high quality,
low-cost service—The best laundromat
value in Humboldt County.

Valley West Shopping Center
Arcata • 5000 Valley West Blvd.
822-1181

Sports clips

Women's volleyball team signs a new setter

On December 11, HSU announced the signing of Tomica Baquet, a 5-foot-9 setter from Ventura, Calif.

"I'm very excited that Tomica is going to be a lumberjack," hed coach Sue Woodstra said.

"She attended camp this past summer and impressed everyone. At her height, she will bring some size to our setting position. She's a very good athlete and has a good presence and steadiness on and off the court."

Baquet was an honorable mention all-conference pick at Saint Bonaventure High School as well as the MVP of HSU's summer volleyball camp.

'Jacks no longer among the nation's unbeaten

After edging out a seven point victory over Saint Martin's College Thursday, the HSU men's basketball team took it's unbeaten record into Ellensburg, Wash. to take on Central Washington University.

The 'Jacks committed a season-high 34 turnovers and suffered its first defeat of the season, falling to the Wildcats 85-69. The 'Jacks slip to 13-1 overall, 4-1 in conference while CWU moves to 9-6 overall and 3-3 in conference play

Streak: Players show composure in both wins

• continued from page 36

'Jacks' first points coming off of a jumper by Sophomore guard, Laura Berreth with 13:16 left in the first half. Berreth went on to have more than half of her teams points in the first half as the 'Jacks only scored 19 first half points on 7 of 37 shooting.

"Coach said to keep up our intensity on defense," said Laura Berreth, a sophomore guard from Lake Oswego, Oregon. "We only had six turnovers in the first half, our shots just weren't falling."

As the first half came to an end, the 'Jacks went on a run, cutting the deficit from 19 to 11 with six ticks left on the clock.

"We just needed to hit some open shots," said sophomore shooting guard, Jackie Kolesar.

The Nanooks went in with the lead, but HSU went in with the momentum. Fairbanks shot themselves in the foot committing 14 first half turnovers, but their hot shooting of 52 percent from the floor kept them ahead.

"We weren't patient on offense," said Carol Harrison, head coach of the 'Jacks.

HSU football lone DII survivor among California colleges and universities.

"We intend to maintain our football program for as long as financially possible," said President Rollin Richmond in a press release. "We will need continuing and increased alumni and community support if we are to build and maintain a program of excellence."

During the mid 1990s, football programs were terminated at sister schools CSU Hayward, CSU Chico, San Francisco State and Sonoma State because of budget cuts.

To maintain the status quo, HSU increased its fund-raising efforts and has survived on even leaner budget rations while adding two women's sports programs and embarking on a financial aid program for the first time in school history.

While various rumors have had a potentially damaging effect on alumni relations and scholarship fund-raising efforts, most immediately impacted are the coaching staff's efforts to recruit players from high schools and community colleges.

Among the programs pluses are HSU's continuing alliance with Great Northwest Athletic Conference football rivals Western Washington, Central Washington and Western Oregon.

"we were out of sink in the first half, but we willed ourselves a win."

"Katie gave us a big lift late in the first half, and throughout the second half, she was a key contributor," said Harrison.

The second half began the way like the first half ended. The 'Jacks had a number of second chance opportunities; they were just unable to convert.

Fairbanks extended their lead to as many as 16 points, but with about 16 minutes left in the game, the 'Jacks went to work. Slowly but surely the 'Jacks cut into the deficit and with help from its bench, HSU was able to give Fairbanks more than it could handle.

"We needed to read their defense better," said Berreth. "Nicole came up big, and our bench brought up the intensity."

Sophomore sensation Nicole Lynch led all scorers with 18 of her 20 points coming in the second half. HSU got 37 points from its bench with big lifts from Berreth,

Carol Harrison
HEAD COACH
WOMEN'S BASKETBALL

Katie Richelieu and Ashley Johnson scoring 14, 12 and eight respectively. Junior forward Peni Vaefaga had a team high seven rebounds while sophomore guard Kristen Earhart had a team high six assists.

SCOREBOARD

41

Wednesday, January 22, 2003

The Lumberjack

www.thejack.org

2002 MEN'S BASKETBALL (5-0, 1-0 GNAC)

DATE	OPPONENT	TIME
NOVEMBER		
23	HOLY NAMES COLLEGE	W, 99-62
29-29	at Mac Martin Invitational	
28	vs. Westmont College	W, 76-69 (OT)
29	vs. Chico State	W, 87-69
DECEMBER		
3	at Southern Oregon	W, 90-72
7	*Western Oregon	W, 88-78
12	SAN FRANCISCO STATE	W, 78-77
14	DOMINICAN COLLEGE	W, 87-69
28	at UC San Diego	W, 100-58
30	at CSU Dominguez Hills	W, 105-68
JANUARY		
4	NOTRE DAME de NAMUR	W, 85-59
9	* NORTHWEST NAZARENE	W, 94-70
11	* SEATTLE UNIVERSITY	W, 70-56
16	* at Saint Martin's	W, 69-62
18	*at Central Washington	L, 69-85
23	* WESTERN WASHINGTON	7 p.m.
25	* SEATTLE PACIFIC	7 p.m.

2002 HSU WOMEN'S BASKETBALL (2-3, 0-2 GNAC)

DATE	OPPONENT	TIME
November		
23-23	Chico Tournament	
	v.s. UC Davis	W, 70-68
	v.s. Chico State	L, 81-103
30-30	Holy Names Tournament	
	v.s. Holy Names	W, 76-69
	v.s. Southern Oregon	L, 80-83
DECEMBER		
5	* SEATTLE PACIFIC	L, 76-98
7	* CENTRAL WASHINGTON	L, 74-87
12	DOMINICAN	L, 65-70
14	CHICO STATE	W, 82-79
21	at Sonoma State	L, 48-71
29-29	UC San Diego Tournament	
	UC San Diego	W, 69-59
	Western New Mexico	W, 66-60
JANUARY		
9	*at Western Washington	L, 62-89
11	*at Seattle University	L, 58-70
16	* ALASKA FAIRBANKS	W, 71-69
18	* ALASKA ANCHORAGE	W, 79-74
25	*at Western Oregon	5:30 p.m.
30	*at Northwest Nazarene	7 p.m.

HUMBOLDT STATE **JACKS** OF THE WEEK



Nicole Lynch continues to lead the GNAC in scoring averaging 18.9 points a game and her team in rebounding with 7.8 boards a game. Nicole scored 20 points in a win over Alaska Fairbanks and had a double-double against Alaska Anchorage dropping in 21 points and grabbing 10 boards.



Austin Nichols, who scored 61 points and grabbed 18 boards in two road games. Nichols hit 18 of 26 shots from the field including seven of 13 three-pointers. His 32-point effort against Saint Martin's was the eighth 30-plus performance in his three-year collegiate career.

HOME GAMES IN BOLD

All home games are in the East Gym

*Great Northwest Athletic Conference game

Schedule shown through January

The Lumberjack Editorial

CSU fee increases seem to just piss me off when deadline approaches

No one really wants to overstate the obvious and say that fee increases suck. But they do.

And certainly, there are times when a fee increase is called for. So looking back at 10 years of declining fees since the last fee increase, it seems like having to give an extra \$70-plus isn't asking that much, especially when the state is in the kind of financial trouble that California appears to be in right now.

Having said that, there is something rather alarming about the fee increases passed by the board of trustees on December 16, in the middle of finals for HSU students.

The meeting was poorly timed. And there was little, if any, public discourse regarding the matter. Without the work of a few dedicated student representatives, a lot more of us would have come back to the increases rather unknowingly.

We at The Lumberjack feel that decisions of this magnitude, ones that affect so many students or citizens in general, should be executed within full view of those whom the decisions affect.

California is in trouble. And it seems to us that raising the fees for California's secondary education isn't going to help the problem in the long run.

This is more of a quick fix, but it is a quick fix that might cause problems for the state in the long run.

With the thunderhead from the storm of more fee increases just off the coast, underprivileged citizens of this state might soon find it hard to get a college degree on a limited budget.

Of course, we don't have an easy solution. The government will do what it has to do to balance the books. But we think we speak on behalf of all the students when we say that we would like to see it coming.

We would like to have a chance to vote on this kind of decision. We would like our voice to be heard when we are talking about our money.

It doesn't seem so outrageous to assume that there would be a good possibility that students could fall in line and agree with the fee increases. But we must be respected as adults and as part of this society, just as we would if we had decided to forgo our secondary education.

Statement of Policy

Questions regarding the editorial content of *The Lumberjack* should be directed to the editor at (707) 826-5922.

- *The Lumberjack* editorials are written based on the majority opinion of the newspaper's editorial board.

- Guest columns, cartoons and opinion articles reflect the opinion of the writers, not necessarily those of *The Lumberjack* or its staff.

- *The Lumberjack* welcomes submissions for guest columns or guest cartoons.

- Letters should be no more

than 400 words and guest columns no more than 750 words.

- Letters can be mailed, delivered or e-mailed (preferred) to *The Lumberjack*; Nelson Hall East 6, Arcata, CA 95521

- Email: thejack@humboldt.edu
- Letters must be received by 5 p.m. Friday for next issue consideration. Letters and guest columns must include the writer's name, city of residence and phone number. Include major and year in school if a student.

- Letters from the same author will only be published every 30 days.

Letters to the Editor

"Fisher" doesn't give all sides to story

Anyone (student or professor) who has completed their general education requirements in critical thinking and the social sciences should be able to see through the flaws of the film "Antwone Fisher" which is a glorious success story about a survivor of child abuse and his therapist.

As a survivor of child abuse I feel compelled to write about the other side of the story when it comes to therapists and survivors. I have a high IQ and I was an honor student in both high school and college (Pi Gamma Mu).

This may sound shocking, but I discovered that therapists

in general are biased, they lack critical thinking skills, and they are non-supportive of critical thinking skills in survivors.

I found that in therapy, clients are not supposed to think critically about the schools of thought which therapists believe in.

You are supposed to accept whatever your therapist tells you without thinking critically about where their thoughts come from and the scientific validity or invalidity of their theories. Instead of being encouraged to think critically, I was put down for thinking critically.

There can be a dark side to therapists which the public should know about; they can be blind, arrogant, anti-supportive and condescending. However, I did not give up on psychology as a science, especially when I discovered the difference between research psychology and therapeutic psychology. And that difference is a world of difference when it comes to critical thinking, honesty, intelligence and discovery.

Orion Palomar
Eureka resident



Diversity is strictly a myth here at HSU



HSU has some diversity issues that need to be addressed. When I walk around the HSU campus, I feel like I'm watching a new millennium version of a movie from the 1950's. Things are so segregated it's ridiculous. I see white people in one clique, black people in another clique — Latino people have a clique of their own. There are others too. Sometimes we integrate, but most of the time we don't.

HSU used to be perceived as a place where diversity was embraced, a place where people respected each other's differences. That's not the case anymore. Out of all the CSUs, HSU is the least diverse. Over the years, HSU has come share the same stereotypes of the drug infested community that surrounds it.

But no one seems to mind. This school doesn't want to effect change. Does anyone care that HSU is known for negativity? Does anyone care that when people think of HSU they automatically think of weed and hippies? That has to be disturbing to administrators on campus.

After all, students come and go annually but administrators are the ones that are here for the long run. But we all represent the school.

I get tired of explaining to people from back home that have never been to Humboldt County (but already have their own pre-conceived notions) that there is more to HSU besides ball and blunts. They seem to think we go to class and whip out our bongos and consume

our daily dose of chronic.

It's about perception. I often feel that my Caucasian peers (those that don't know me) are scared of me when I walk around campus. People rarely speak and when they do, I get the "oh my GOD please don't kill me" smirk. I'll tell you a little secret, most of us (African-Americans) come here to get an education and move on just like all other students.

Just because someone might dress a certain way or carry themselves in a certain way, doesn't mean that someone should be judged. It seems to me that people believe the things they hear in all those rap songs and what they see on MTV and it is starting to affect the way people look at blacks and our youth in general.

New stereotypes are being created and my generation is doing a great job of living up to them. We are all to blame.

I'm talking about cultural and ethnic diversity here. If HSU is so concerned with its minority enrollment, why don't they recruit more students of color?

It seems to me that administration would rather talk about the issues, rather than attempt to solve them. There are already programs set up to deal with the minority enrollment issues, but why can't these programs get the support they so desperately need?

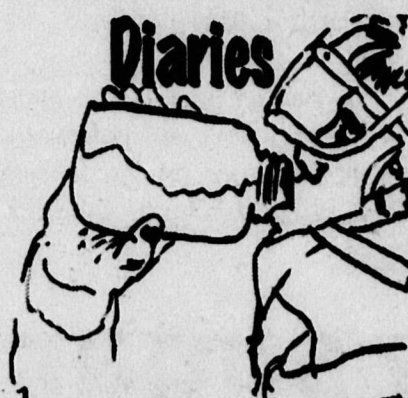
I'll tell you why: Students of color want to go to a place where they can feel accepted; where they can fit in, where they can explore job opportunities once they graduate.

Why are the majority of black stu-

dents on this campus current or former student athletes? I can only speak for African-Americans because, that's what I am and even still I can only speak for myself. After all, I'm only one of the many African-American students on a campus that holds about 7,400 students. I won't talk about the miniscule number of minority faculty members on campus.

Have you ever wondered why you see African-American men on this campus wear about three different hairstyles? Why do you think there are so many baldheads, Afros and braids being worn? It's because there is no-

The Football Diaries



by Gabriel Jackson

where in the entire county for an African-American male or female to have their hair done professionally. Instead we get to experiment with each others' hair while our Caucasian peers can go anywhere.

People fail to realize that barbershops and beauty salons are the cornerstone of a black community. It is the only place outside of church where African-Americans can discuss social, religious and political issues affecting the black community and blacks in general. It is an important part of our culture that is lost.

The people in power could do a great deal to make a difference. We need people's efforts to match their intentions. I

won't talk about the poorly funded multicultural center, or the underfunded Native-American Studies and Ethnic Studies departments. Is this really the best HSU can do? I hope it's not. What about the hiring of minority faculty members? If a student of color has a problem, whom are they supposed to go to? There needs to be some kind of support system for kids. Coming to this place is a culture shock.

If there is a black community outside the HSU campus, I haven't seen it. Where is the support? Where is the welcome?

On the other hand, my generation of African-Americans needs to wake up. We are the first generation to really reap the benefits of the civil rights struggle. And what do we do with it?

Instead of continuing to fight for other struggles and take advantages of the opportunities we now have, we sit back and expect things to happen for us instead of making things happen. There is no sense of urgency, and being productive isn't cool.

Something happens when people move away from mom and dad. Maybe it's the independence. As minorities, we need to get involved with the organizations on campus that mean something, ones that allow us to make a difference.

I hate to say it, but we expect things to be handed to us on a silver platter and that's not the way things work. We get away from home and

See Diaries, next page

In evolutionary terms, death penalty makes some sense?

Editor sees life as a precious commodity, supports Illinois governor's recent decision



The death penalty makes a lot of sense to me.

And no, I am not saying that in some sort of sarcastic manner. It really does make sense, on an evolutionary level.

I mean, let's assume for a second that there was no government or judicial system of any kind. Then in that world, you have this guy that

is going around raping and murdering all the young women of the clan. What are you going to do?

You see, it doesn't make a lot of sense to let that kind of person go on living. Even in a modern world, it still doesn't make a lot of sense. I mean, why should my tax dollars go to sustaining a life that I would gladly take if this were some prehistoric living environment.

Life really is a funny thing. And by funny, of course, I mean special and precious. And this notion about capitol punishment only shows how special life is.

I mean, really. You have one person who took something from someone else, though they already

had one. And now I am willing to take it from him at the risk of losing mine. And what would I gain? Nothing ... the same as he gained.

Then think about how this is the most precious thing we know of. After all, without it, nothing else matters. To value it so much, but treat it with so little regard when it has been attacked seems almost absurd.

But hey, who ever said life wasn't absurd, right?

Of course, law can't be absurd, not if we expect everyone to follow it. And I think that's where my problem lies. I mean, there is something absurd, to say the least, about the way that we exact our capitol punishment.

And it's really right in this gray area that I find my support for Gov. Ryan of Illinois, who recently commuted all his state's death sentences to life sentences.

It's not about what I would do. In those primitive times, how long did it take to find out who was doing those kinds of things? And how many innocent

people died?

I suppose that just as it is absurd to talk about the acts of murder and revenge it is absurd to talk about the difference between the killing of innocents by innocents and by governments.

But you know what, that's exactly what I am going to do.

I don't trust government. I don't think there is any reason to do so. I don't trust my computer either. I mean, that's why we back up files and such. And a government seems to be no different than a computer. They are both tools that we created to serve and enrich our lives.

And both seem to fall short of that goal so often.

So maybe I exaggerate. But a government is a tool. And to think that this tool might be killing innocent people, why that's almost enraging.



by James Morgan

See Goin' Back, next page

Diaries: Wake up call sounded for new generation

• Continued from previous page

decide we want to act like fools. I swear it seems like we get away from our families and our comfort zones and decide we want to reinvent ourselves.

I feel like my race is so caught up with the bullshit we see on television and what we hear on CDs that we forget about all the sacrifices that were made to get us this far.

When you turn on the television, all you see are people going to the club iced out, drinking drinks that are outrageously expensive for that reason only. With our backwards hats on, necklaces that goes down our waist, we pull up in a car sitting on dubs, bumpin'.

The bottom line is that black culture has become popular culture, and it is having a negative effect on my generation.

We care more about getting drunk and or high and getting a game on the sticks than we do about what's going on in class.

Playstation 2's and X-Boxes aren't going to get us through school; put down the stick and pick up a book. I'd be scared to ask my peers what the last book someone read was that

wasn't academic.

What good does it do to come to class high? How are you supposed to learn when you can't even sit up straight? People come up to Humboldt County and develop habits that they didn't have when they arrived here.

I feel like we are more worried about representing what city we are from and what hood or block we come from than we are about representing on the Associated Students or the UC Board or RHA. Where are our priorities? We can't complain about the way things are if none of us are willing to take action and join a cause that can make a difference. I don't feel like all of us are taking advantage of the opportunities we have.

We all need to wake up and do something about it. We all need to effect change. No one realizes the difference we could make if we all put forth a little effort.

Gabriel Jackson is the sports editor and feels these issues have not gotten enough attention and wants people to sit up, take notice and get their heads out of the clouds and back into reality.

Goin' Back: Absurdity runs deep

• Continued from previous page

And I mean, the purpose of that tool is to prevent the deaths of innocents, as well as to protect property. You can't forget the property, being how that's what pays for the government to begin with.

OK, now I think I have lost whatever shred of continuity I had going with this whole thing. So I will just put it in plain English. It's one thing to agree with the death penalty in theory. On some level, it makes sense.

And it might even makes sense to let a government do all the dirty work. But that is assuming that the government will take some of the absurdity out of the whole thing.

But when you look at the

proportions of death row inmates that are minorities, or how much money seems to help in avoiding the death penalty, or how many people have been exonerated by DNA evidence, the whole things still seems absurd.

Eventually there is a time when a society has to step away from what seems to make more sense in favor for what is right. For what it's worth, the idea of not killing people for what they have done seems considerably less absurd than killing them for any reason.

James Morgan is the Editor of The Lumberjack, and he would just like to take this moment to both thank and apologize to anyone who reads this, the worst crap he has ever written.

A recovering sugar addict speaks out



Some time ago I decided to change the way and what I eat. I no longer eat anything containing refined sugar, breads and other flour products.

In other words, foods with carbohydrates that raise the blood sugar to convert to sugar in the body and then to fat and promote the retention of fat instead of burning it.

One of the most difficult things to change is the taste buds.

I am a person who loves pasta, breads, sweets and pastries. I can no longer have any of these things. For the first few days of going through this new change I felt the worst withdrawal symptoms.

Take it from me, going off refined sugars and flour products is hard on a body that has had them for 28 years.

I had absolutely no energy and had intense cravings for everything. In addition to this I slept terribly and had intense mood swings as well as night sweats.

A doctor recently likened it to going through rehab for cocaine addiction but assured me I was doing the right thing

for my health and future.

I still have cravings and this may go on for about a year, but after time I will begin to crave the healthy things because my body and taste buds will have had no contact with the culprit called refined sugar.

As most people know, sugar is required in the body for brain function and people do need it, but it is the type of sugar one puts into her or his body that is the issue.

Vegetables, fruits and dairy products all contain sugars, but these are not the sugars that raise the insulin level in the body to high rates and promote the retention fat and the gaining of weight.

While I still like to have sweet things, I make most of them myself or buy the products that have clear ingredients labels so I can see what has been put in them. To do this I have to use artificial sweeteners, right? Wrong.

A product not widely known to the American public is sitting on shelves in natural food stores everywhere.

Stevia is an extremely sweet herb that is 200-300 times sweeter than sugar. It has a little bit of a licorice-like flavor at first that may take some getting used to.

Stevia is pretty much calorie-free, so all you weight loss fanatics can breath a sigh of

relief. Unlike sugar, it won't set off that rise in blood sugar. You don't get that sudden burst of energy followed by fatigue and a need for another "fix."

For some people who only like the taste of real sugar it may take a little getting used to, but it has important medicinal value that is well worth the task of learning to like it.

It does not feed yeast or other microorganisms, and it increases energy and by stimulating the pancreas, it aids in the digestion process.

After reading information at a holistic medicine site on the web, I came across information about the origin.

In 1899 Dr. M. S. Bertoni described this herb as "a plant with leaves so sweet that a part of one would sweeten a whole gourd full of mate."

Dr. Bertoni wrote some of the earliest articles on the plant in 1905 and 1918.

In the same previously mentioned article he notes: "The principal importance of Ka he'e (stevia) is due to the

possibility substituting it for saccharine. It presents these great advantages over saccharine:

1. It is not toxic but, on the contrary, it is healthful, as shown by long experience and according to the studies of a Dr. Rebaudi.

2. It is a sweetening agent of great power.

3. It can be employed directly in its natural state, (pulverized leaves).

4. It is much cheaper than saccharine."

According to Rob McCaleb from the Herbal Research Foundation at the same holistic website, this last point is most likely the reason we'll never see stevia in a grocery store any time soon.

He states that "noncaloric sweeteners are a big business in the U.S., as are caloric sweeteners like sugar and the sugar-alcohols, sorbitol, mannitol and xylitol. It is small wonder that the powerful sweetener interests here do not want the natural, inexpensive, and non-patentable stevia approved in the U.S.



TIME OUT
by Heather Sundblad

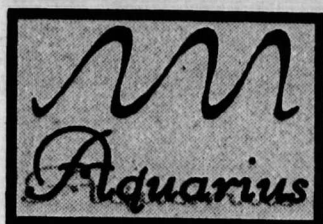
In 1921 the American Trade Commissioner to Paraguay stated in a letter "Although known to science for thirty years and used by the Indians for a much longer period nothing has been done commercially with the plant. This has been due to a lack of interest on the part of capital and to the difficulty of cultivation."

The same goes for the United States, obviously, because I see it nowhere but in health food shops and natural food stores. I haven't once seen it in a regular grocery store.

I have tried stevia in many different recipes and it works just as well as sugar if not better. The taste is great and a little bit goes a very long way.

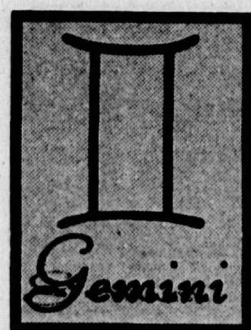
I implore sugar users to give it a try and also learn what sugar can do to your body if you are a lover of sweets and flour products. Also remember, all products have hidden sugars. Read your nutrition labels and learn what products hide the word sugar. There are more than you can possibly imagine.

Heather Sundblad is the opinion editor and cringes when she sees advertisements on television selling healthy and nutritious foods that are anything but. She has learned to look at the ingredients label and learn what those ingredients do as they digest.



Jan. 20 - Feb. 19

A romantic relationship is in your near future. It is up to you whether or not you give your full attention and effort to it. Remember to keep your eyes out for number one. Dodge the "bullet" and many things unknown are waiting for you.



May 21 - June 20

A close friend could become more to you this week. Frequent sightings and talks bring the two of you closer and romantic feelings could develop over time. Don't overlook the most obvious. You both have similar goals and this could lead to great things coming from the both of you together.



Sept. 23 - Oct. 23

Be very aware of personal issues about to come to light in public and be careful how they are brought out. Romance hints at you this week with smiles, sexual undertones and flirting directed at you at random times from a few people. Be careful not to take on more than you can handle for feeling can certainly be hurt as well as pride. Don't be afraid to take a chance though, for you never know where it will lead.



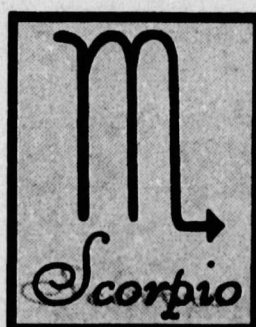
Feb. 20 - Mar. 20

This is the week to get jobs done around the house or office. You are feeling better about yourself and your health. Don't let this distract you from keeping up with your healthy lifestyle. This new year brings potential health problems if you're not careful.



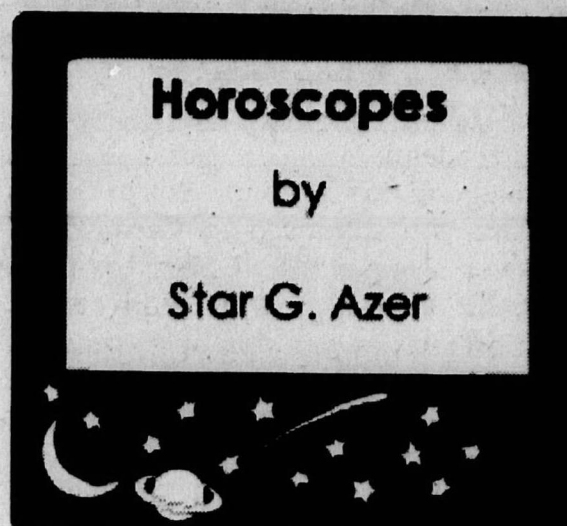
June 21 - July 22

Discussions with a loved one could lead to dormant issues not yet dealt with until now. Be careful how you handle them for feelings could be hurt if you're not paying attention. Your mind is racing with ideas with not much in the way of how to utilize them.



Oct. 24 - Nov. 22

More energy should be put into organizing your finances and future endeavors. Think long and hard about where your future is headed and take steps to ensure that you will get where you need to go.



Mar. 21 - Apr. 19

It seems hard work has paid off for you. Family and friends are singing your praises and you will be feeling a sense of accomplishment. Keep up the good work and never let others bring you down.



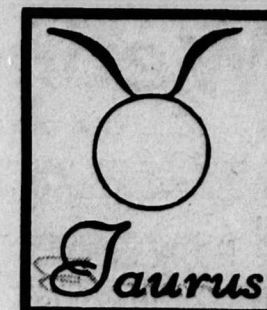
Jul. 23 - Aug. 22

The time is now to get started on your health, thoughts of career and relationships. Diet and exercise are paramount in getting you back to feeling good about your body and health. In other areas of your life you are feeling good and confident. Keep it up.



Nov. 23 - Dec. 21

You are starting to feel that you need to get out and do the social scene soon. You are missing friends that you haven't seen in awhile and realize that soon there will be no time to see them for they will scatter to the four winds in a mere few months.



April 20 - May 20

Dreams are more vivid and memorable for you this week. Strange occurrences will make you remember them frequently. Keep your eyes open for unwanted visitors in your personal space.



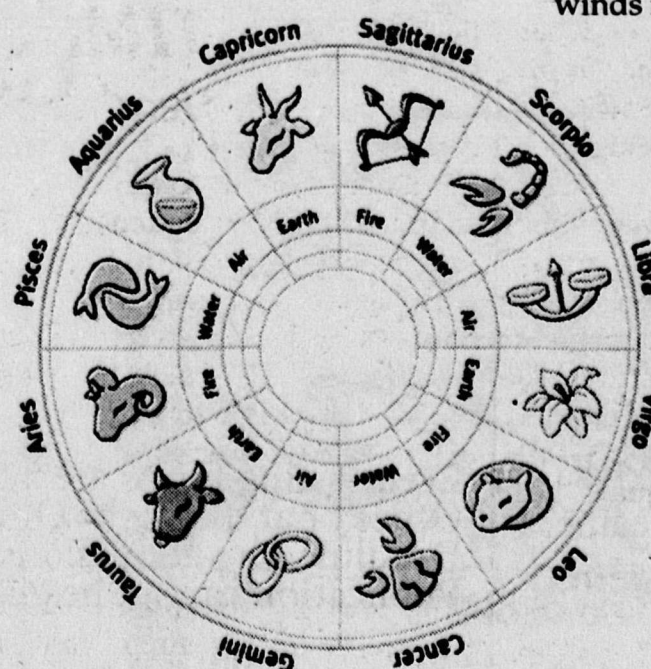
Aug. 23 - Sept. 22

This is a good week to plan and organize schedules and get started on projects lying dormant. This is also the week to be helpful to others for in the coming weeks you will need to rely on them as well. Be careful what you say and to who because this week will present you with sensitive individuals.



Dec. 22 - Jan. 19

You will begin to look more inward for reasons why things in your life seem to be going wrong more frequently than before. Look to your life situations first then at your attitude. At the same time, people around you will be looking to you for assistance because of your great ability to organize and keep track of many things at once.



Wednesday 22*Celebrate Hispanic Culture*

8 p.m. dancing featuring North Coast Dance and the Gang Risk Intervention Program's North Coast Ballet Folklorico youth ensemble at the Morris Graves Museum of Art. \$5 adults, \$3 students and seniors.

Karaoke

9 p.m. with Makin' Music at the Red Lion Hotel.

Thursday 23*Kulica*

9 p.m. performance at Six Rivers Brewery in Old Town. For more information call 268-3893

Open Mike

Sacred Grounds hosts poetry and music at 7 p.m.

Friday 24*Roe v. Wade Anniversary*

8 a.m. International women's health expert to speak at the celebration.

Spring Concert

KRFH hosts event at 8 p.m. in the Kate Buchanan Room. Cost \$3.

Improv Comedy Show

8-10 p.m. on the 2nd floor of the Jolly Giant Commons. FREE.

Saturday 25*Saturday Nights at Morris Graves*

An evening of dance at 8 p.m. featuring Heather Sorter and Shoshanna blending Middle Eastern, modern, Spanish, jazz and ballet styles.

Dune Plants and Restorations

10 a.m. walk led by Docent Lisa Gust at the Manila dunes. Meet at the Manila Community Center. Information call 444-1397

Sunday 26*Rock and Roll*

Humboldt Free Radio presents rock and roll with Drunk Horse, C-Average, Ociffer and Turbo 400 at the Vista. Cost \$4.

Super Bowl Party

In the Jolly Giant commons bottom floor. Watch the game on a big screen t.v.

Monday 27*Discussion of Residence Halls*

6 p.m. Residence-hall Association Executive Board Meeting in the Mad River Room in the Jolly Giant Commons.

Tuesday 28*Peking Acrobats*

Performance of their eye-popping, gravity-defying feats of strength in the Van Duzer Theatre at 7 p.m.

Beginning Poi

6:30 p.m. in the Kate Buchanan Room. Offered through Center Activities. Please pre-register.

Got An Event?

E-mail listings to Jaime Crippen at the jack@humboldt.edu or send them to

The
Lumberjack office at:

Nelson Hall East #6
Humboldt State University
Arcata, CA 95521

Event listing forms are available outside of The Lumberjack Advertising Office or at the Clubs Office on the second floor of the University center. Deadline for submissions is 4 p.m. the Friday before desired publication. Publication cannot be guaranteed.

CLASSIFIEDS

Wednesday, January 22, 2003

47

The Lumberjack

www.thejack.org

CAVEAT EMPTOR

Before responding to advertisements requesting money to be sent or giving a credit card number over the phone, you may want to contact the local Better Business Bureau to verify the authenticity of the company.

The Lumberjack is not responsible for the validity of any offers advertised.

HELP WANTED

PROJECT UPWARD Bound is seeking resident mentors for five-week summer program. Applications and information available in Nelson Hall East room 203. Deadline Feb. 7. 826-3553.

PROJECT UPWARD Bound is seeking instructors for 5-week summer program. English, Shakespeare, Math, Science, Computers, Electives. Applications and Info available NHE 203. Deadline Feb. 21. 826-3553.

INSPIRING SUMMER JOBS working with high school students. Resident Mentor, June 21-July 27 Upward Bound.

- Five-week academic program at HSU, \$1,750 plus room and board paid.
- Opportunity to encourage and motivate high school students to reach their potential.
- Act as a role model and mentor for a "core group" of 8-10 dynamic young people.
- Share your leadership abilities in a diverse academic and social environment.

Interested? Pick up an application at NHE 203 or call 826-3553. Applications due Feb. 7.

Fraternities • Sororities Clubs • Student Groups

Earn \$1,000-\$2,000 this semester with a proven CampusFundraiser 3 hour fundraising event. Our programs make fundraising easy with no risks. Fundraising dates are filling quickly, so get with the program! It works. Contact CampusFundraiser at (888) 923-3238, or visit www.campusfundrasier.com

OPPORTUNITIES

BARTENDER TRAINEES needed. \$250 a day potential. Local positions. 1-800-293-3985 ext. 263.

LEARN THE SPIRITUAL laws of life through ECKANKAR. Introductory lecture at HSU. NHE room 106 at 7 p.m. For more info, call 444-2536.

FOR SALE

85 MAZDA HATCHBACK high mileage, runs well, good gas mileage, roof rack. \$500 OBO. Michael 677-1923. Sold "as is."

1985 SILVER VW GOLF GTI htchbk 5-speed manual in gd cond. 36 mpg. Many new parts, service history included. Car is read to drive. \$1900. 441-3838.

ANNOUNCEMENT

HEALING MASSAGE classes and/or workshops to start in February. Danesha Dawn, LMT, uses her enthusiastic teaching to bring the art of massage to you. Low student rates. Call 1-888-726-0187 for info.

LEARN THE SPIRITUAL laws of life through ECKANKAR. Introductory lecture at HSU. NHE room 106, 7 p.m. For more info, call 444-2536.

SAL, A NATIONAL leadership and honors organization, is seeking motivated students to bring a chapter to campus. 3.0 required. Reply to rminer@sigmaalphalambda.org.

ANNOUNCEMENT (cont'd)

SIX RIVERS PLANNED Parenthood's Takin' it to the Streets program offers education, STD urine testing and treatment options, condoms and birth control supplies at no or low cost. Offered monthly on the 1st and 3rd Mondays from 2 to 4 p.m. and the 2nd and 4th Tuesdays from 10 a.m. to noon. Located in the upstairs conference room aboe the Health Center. Call Mira at 442-5709 for more details.

SUBSCRIPTION REQUESTS

PLEASE SEND ALL REQUESTS TO:

The Lumberjack
Nelson Hall East 6
Humboldt State University

Arcata, CA 95521

Rates: \$15/yr or \$7.50/semester

REWARD



**Missing Cat : Last seen 01/05/03
on Hayes Rd & McKinleyville Ave.**

**Black & Grey longhaired male neutered cat.
Big cat. 13 pounds with six toes, 13 yrs old**

DAISY < TOYOTA < SUZUKI

**REDWOOD
AUTOMOTIVE**

822-3770

513 J Street, Arcata • Just north of Café Mokka

MAZDA < HONDA < JEEP

- Brakes
(free inspection & estimate)
- Electrical Repairs
- Cooling Systems
- Clutches • Engine Overhauls
- Preventive Maintenance & Tune-ups

FORD < NISSAN < DODGE

Brought to you by REDWOOD AUTOMOTIVE'S quality friendly service

< QUALITY FRIENDLY SERVICE >

SOAK & STEAM ANY DAY FOR ONLY \$4 PER VISIT

- Student Special
- Drop-in Rate
- \$4 per daily admission Fee
- No Initiation Fee



JUST BLOCKS FROM
CAMPUS AT 1150 16TH ST.
OR CALL 822-6801

HSU Student Monthly Specials

- One Month Pass \$32
- Three Month Pass \$85
- No Initiation Fee
- Student Specials Expire 2/22/03
- HSU Student ID Required



*Arcata's Premier
Old World Coffeehouse
Seating indoors by the fireplace
and outdoors by the pond in an
enchanted Scandinavian Wood
Open noon to late night*

Cafe Mokka

PRIVATE OUTDOOR HOT TUBS • TRADITIONAL SAUNA CABINS



AND TUBS

Sunday - Thursday
noon to 11 pm

Friday & Saturday
noon to 1 am

OPEN EVERY DAY INCLUDING SUNDAYS & HOLIDAYS
corner 5th & J, Arcata • 822 2228 reservations