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contents

NEWS FROM AROUND HUMBOLDT



Photo by Michael Schnitzer

School for most HSU students started on Monday. The semester will run until the middle of December.

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ONTHECOVER

Chris Peters, Yurok tribe member, works as a part-time commercial fisherman. The future of salmon is still in murky waters.

Photo by Matthew Mais
Design by Christopher Cook

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campus

NEWS FROM AROUND HUMBOLDT

BUDGET CRISIS LOOMS OVER HSU



Photo by Michael Schnelzer

HSU President Rollin Richmond (right) looks on as Provost and Vice President for Academic Affairs Rick Vrem discusses budget woes.

By Luis Molina EDITOR-IN-CHIEF

HSU administrators cut \$10.1 million from the HSU's budget because of California's economical problems.

This is the second cut to hit HSU in as many years. Last year, administrators cut \$2.8 million from the budget. The new cut brings the total to \$12.9 million and is equal to 16 percent of the total budget. The cuts – which will affect all areas of HSU – will leave students with 255 fewer class sections, larger class sizes, fewer services and fewer faculty and staff. People employed at HSU may also see fewer hours of work.

"The cuts will be differential," HSU President Rollin Richmond, said. "We are doing our best so (students) receive the best quality of education."

According to the '03-'04 budget scenario put out by the administration, the \$10.1 million cut will result in following cuts:

- Academic Affairs - \$5.5 million
- Administrative Affairs - \$1.7 million
- Student Affairs - \$924,815
- President's office with organizational changes - \$364,349
- All university budget - \$559,320.
- Other Expenses - \$148,067

This represents a total of \$9.3 million in cuts, plus \$800,000 that Richmond set aside for any unexpected expenses.

"If I give them (university departments) the (\$800,000), they will spend it," Richmond said. "I would

continued on page 5

Mike Miller CAMPUS EDITOR

On a cool, foggy morning just before the academic year, HSU faculty and staff gathered in the van Duzer Theatre to prepare for a year already under a dark budget cloud.

After they had finished chattering and waving to one another across the crowded auditorium, the educators settled in for more serious discussions from HSU President Rollin Richmond and a host of other University administrators.

The president welcomed them warmly, saying that he was "still honored" to be serving Humboldt in his office. He introduced the members of his cabinet, and pointed out a few high-profile members of the audience, including the mayors of Arcata and Eureka.

Karen Carlton, dean of Arts and Humanities, took her turn at a microphone just in front of the stage. She introduced a long list of new faculty and staff, as well as those who had changed jobs within the college since the spring semester.

Susan Higgins, dean of Professional Studies and James Howard, dean of Natural Sciences, followed with similar recitations from their own schools.

Library Dean Sharmon Kenyon introduced a few members of the staff there, announcing yesterday's celebration of the library's 40th anniversary as a federal depository.

Bill Cannon, director of Information Technology Services, and Carl Hansen, director of Extended Educa-

continued on page 18

Humboldt State University Student Affairs
**COUNSELING & PSYCHOLOGICAL
SERVICES**

TRADITIONS - For students who are from communities or racial backgrounds that are underrepresented at HSU. Unstructured discussions about a variety of issues. Mondays, 3 - 4:30 p.m., Rm. 203

NEW DIRECTIONS - Support for students attending college later in life; either returning or first attending. Fridays, 10 - 11:30 a.m., Rm. 203

RECOVERING FROM DEPRESSION - You don't need to struggle alone. This group provides a supportive environment for those struggling with depression. Tuesdays, 9 - 10:30 a.m., Rm. 203

HEALING FROM SEXUAL ABUSE/ASSAULT - Support group for women with a history of sexual assault or abuse. Mondays, 3:30 - 5 p.m., Rm. 223

CALMING ANXIETY - A group that focuses on learning to better manage anxiety. Explores different techniques to monitor and reduce anxiety by examining ways in which distorted thoughts can negatively influence feelings and behavior. Tuesdays, 3:30 - 5 p.m., Rm. 203

BREAKING FREE FROM RESTRICTIVE EATING - This psychoeducational/support group is for individuals who take an over-controlled or restrictive approach to their eating. Do you obsess about your weight, the food you eat, having control over your life? Come get support and learn new alternatives for feeling good about yourself. Mondays, 10 - 11:30 a.m., Rm. 223

MAKING PEACE WITH FOOD & BODY - A therapy/support group for individuals who struggle with body image issues and/or compulsive or emotional overeating. Tuesdays, 2 - 3:30 p.m., Rm. 223

LET'S TALK ABOUT SEXUALITY - A group for students who identify as lesbian, gay, bisexual, and transgender and for those who are in the process of thinking about (or questioning) their sexuality and would like a safe place to talk. No sign up required. Come as often as you like. Thursdays, 3:30 - 5 p.m., Rm. 203

BETTER BOUNDARIES - This group will focus on ways to create better boundaries within your relationships. For example, we will explore issues of assertiveness, emotional regulation, how to handle and cope with interpersonal conflict, etc. Thursdays, 3 - 4:30 p.m., Rm. 203

HEALTHY COUPLES - Couples will focus on improving communication and relationship skills. Wednesdays, 3 - 4:30 p.m., Rm. 223

LONG TERM COUNSELING GROUP - Time & Date TBA

WELLNESS SUPPORT - Time & Date TBA

To attend any of these groups call 826-3236 or come to Counseling and Psychological Services, Student Health Center Building, 2nd floor, Room 205.

For more information see our web page

www.humboldt.edu/~hsucaps

Walking the walk before you walk

Daniel Mendez

LUMBERJACK STAFF

This past May 17th turned out to be a beautiful day for HSU's commencement ceremonies of 2003.

Family and friends from all over made the journey to this Northern California campus to proudly watch their loved ones walk the stage in cap and gown, completing that final step toward a college degree.

For some at least the step was not so final.

There were quite a few HSU students who participated in May's commencement although they will not have completed their coursework until this December. They had signed the petition to walk early.

Like most college campuses, HSU does not offer a commencement ceremony at the end of the Fall semester. Students who wish to participate in a commencement ceremony must do so at the end of the Spring semester.

For those unfinished students who wish to participate in the May ceremony of their graduating year, a petition to walk early must first be signed through the Academic Information & Referral (AIR) Center.

From there, based on the student's completed work and units in progress, the continuing student is either granted or denied the opportunity to participate in an early May commencement.

Those who are granted early commencement can go along with the whole graduating process as if they were

going to be done in May. Even though a student may still have some units to complete, they can order their announcements and purchase their cap and gown as if they were all finished.

Yet, they are not.

According to Degree Evaluator Debbie Alexander, it is estimated that there are

roughly 300 students a year who end up participating in the early commencement.

"It's actually been that way for the past few years," she said.

For these 300 early walkers, they are very close to completing their units. Most will end up finishing what needs to get done in order to be officially graduated.

Even though the majority of these students will earn their degree in the end, there is always just a handful who do not end up completing their

remaining units as scheduled the following December.

"Most of the students do finish," said AIR Center Director Ginny Kelly, "I'd say about 90 percent do, 10 percent don't."

The Fall semester is just getting underway for these premature graduates, pseudo stage-walkers, and incomplete intellectuals who are extending their college experience for one last semester. It could be worse though.

While these continuing students are simply jockeying for position in the bookstore lines, last May's actual graduates are currently jockeying for position in the real world.

The cuts come to HSU on

The administration is also exploring ways to reduce HSU's bills like electricity. It is finding ways to improve or maintain revenues. Administrators are examining the organization of HSU and how it could increase its efficiency, in addition to examining the efficiency of summer classes. Administrators put a clause in the criteria that mandates that any programs that will be cut or suspended - like all track-

Carol Terry, budget officer

"HSU for several years has been over-funded. We have not met our target enrollment for several years."

Clara Potes-Fellow, CSU media-relations manager, said the CSU system is cutting 13 percent of its budget.

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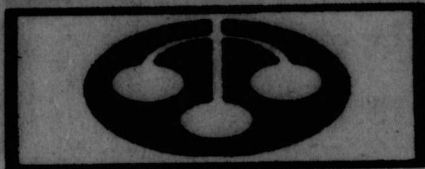
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New regulations pushing smokers away from campus buildings

Karen Wilkinson
LUMBERJACK STAFF

Smoking is becoming ever-more marginalized and designated for certain areas, at least here at HSU. Last spring, faculty, staff, and students voted to update the smoking policy, some with hopes of making the campus smoke-free.

The latest policy insists smokers stay at least 15 feet away from all buildings and entrances. Also, sponsorship of athletic, intramural, and other University events by tobacco companies or distributors is not allowed when those companies' advertisement of the tobacco products is required in return. For example, a tobacco logo on a t-shirt or banner would be unacceptable.

Signs are already provided at each University entrance summarizing this policy. In addition, three of HSU's facilities require a 25-foot barrier because of health concerns: the Student Health Center, the Children's Center, and the Child Development Laboratory.

Enforcement of these requirements is up to everyone, according to the policy. These regulations are self-policed, therefore there will not be campus police enforcing these rules and writing citations. Rather, "consideration for the other is key."

"It's a community issue and I think...we can be civil about it," said Bryce Kyburz, Health Educator of HSU.

Humboldt is not the first educational institution to have such a smoking policy. In fact, in 1999, Shasta College developed a policy that restricts students and employees from smoking anywhere on campus, except for designated smoking areas located away from all buildings and major walkways.

At CSU Chico, there is a 25-foot restriction and the campus police can write out citations to violators, making their policy the strictest of all California State Universities. CSU Sacramento has a 20-foot rule.

The effects of second-hand

smoke may take longer to show up, but they are severe. Second-hand smoke is listed as a Group A carcinogen, a rating used only for substances proven to cause cancer in humans (i.e. asbestos), according to the Center for Disease Control and Prevention.

Second-hand smoke will cause an estimated 3,000 lung cancer deaths this year, according to the CDC.

The most common and immediate health problem caused from smoking is lungs losing their elasticity, according to Kyburz. If you get winded from walking up and down the steps to Founder's Hall, that's a sign your lungs have been damaged. Smokers may develop a dry, hacking cough, are more often sick, and may become addicts quickly. Longer range health

effects are lung, throat, and mouth cancer, heart disease, and emphysema.

Kyburz recommends that those who smoke take advantage of the resources on campus and within the community to help them quit.

Reconsideration of the smoking policy will take place during September and October of 2004. Whether to adopt a restriction of smoking to designated areas in parking lots and specified areas in housing locations will be considered.

"Most people who do smoke, don't want to smoke," said Kyburz. "Most say,

'I wish I had never started, I wish I could quit, I'm planning on quitting, I want to cut back.' You never hear someone say, 'it's fantastic, I want to smoke more.'"



Photo by Erik Fraser

Smokers will need to exercise courtesy around campus

Quit smoking:

Starting September 16, at the American Cancer Society in McKinleyville, 5:30 - 7 p.m. Free class, once a week for six weeks.

Starting October 13, at the American Cancer Society in Eureka. 5:30 - 7 p.m. Free class, meets once a week for six weeks.

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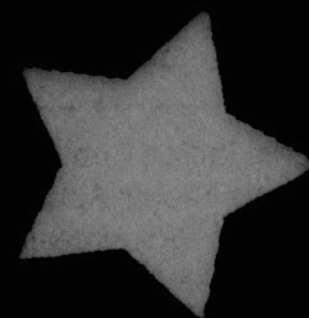
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campus

Faculty cutbacks mean larger and fewer classes at HSU

By Luis Molina
EDITOR-IN-CHIEF

As many as 50 part-time HSU lecturers will not get their contracts renewed this semester because of budget cuts to the CSU system.

"Between 40 and 50 of about 200 part-time lecturers - who are good people - will not get their contract renewed," HSU President Rollin Richmond said. "They are not as good as full-time faculty because they don't spend as much time on campus and cannot dedicate themselves full time to HSU."

According to a summary of preliminary reductions by Academic Affairs, the 40-50 people not re-hired will equal in cost 64.9 full-time equivalent lecturers and 21.2 full-time equivalent staff members.

The lecturers around HSU are not happy with what Christopher Haynes, California Faculty Association lecturer representative and part-time geography professor, called a "blatant layoff."

"We are pissed off," Haynes said. "Just about every week *The Times-Standard* reported a new administrative appointment and it is frustrating when you hear that. It is the wrong priority."

According to a General Fund Appropriation scenario by the president's office, Administrative Affairs will take a 15.86 percent cut from its budget, which is the largest cut percentage-wise among all the departments.

Rick Vrem, vice president of academic affairs, said that HSU's priority - specified in the reduction criteria created by HSU - is the quality of education.

"It is not a layoff," Vrem said. "Under normal circumstances, these people would have been rehired."

Vrem said some lecturers have been hired; more could be hired later on in the semester and more in the spring.

"It is certainly possible that when we recover from this fiscal mess and have more money we will want to

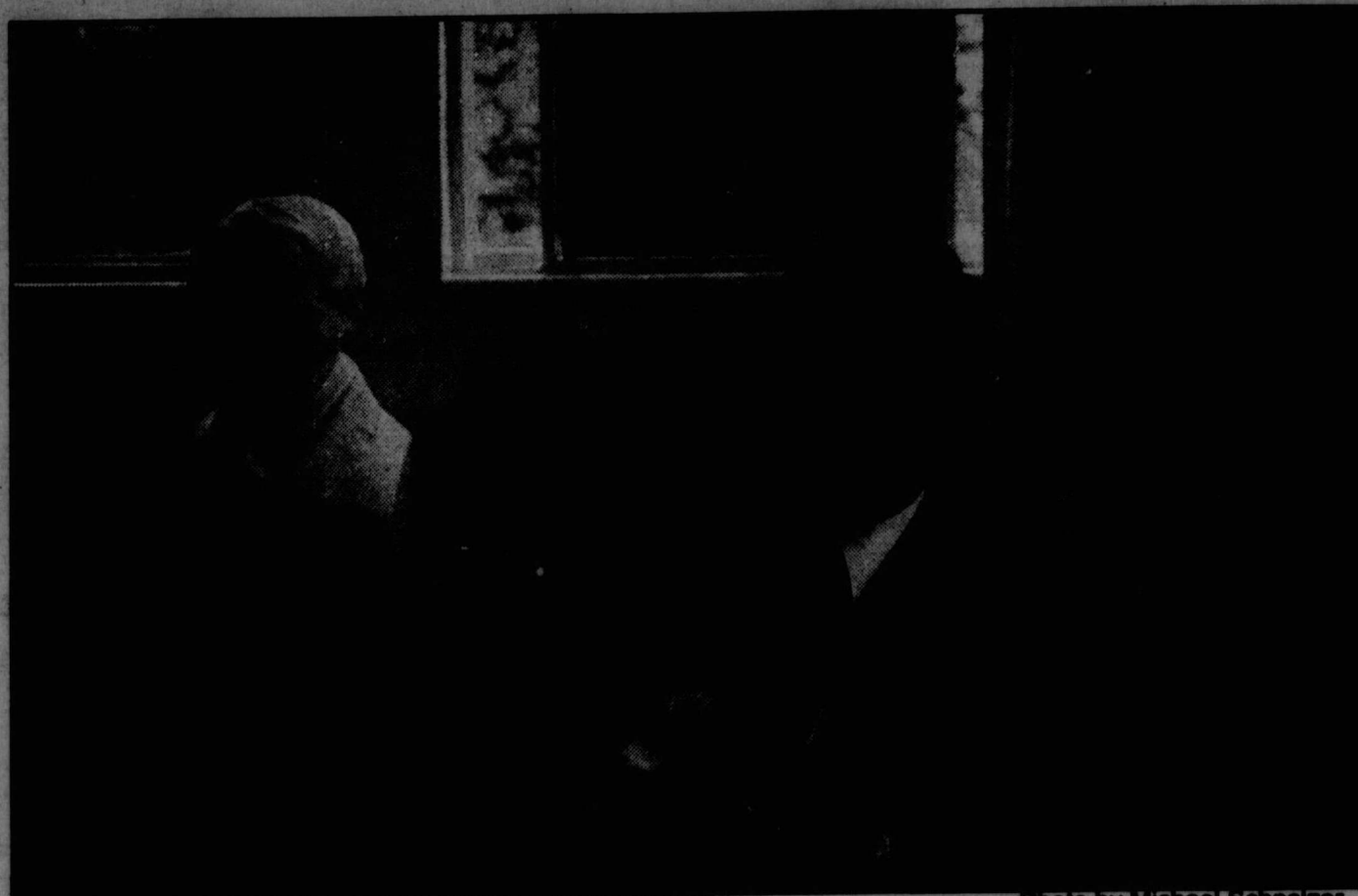


Photo by Michael Schnalzer

President Rollin Richmond is trying to make the tight budget work

employ them again to teach for us," Richmond said.

HSU's general operating budget of \$82.9 million dedicates 61 percent - \$50.5 million - to salaries and 15 percent of it to benefits, which is \$12.5 million.

"When you have such a high salary it leaves very little to move around," Vrem said.

The number of faculty members laid off won't be known until mid-semester evaluations are done. The administration has to consider

the reduced hours, volunteer lecturers and other factors.

"We have to compare who is teaching a class this semester with who was teaching it last year," said Haynes.

Personnel reduction is Faculty, next page

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Faculty

not the only problem lecturers are facing. Some lecturers who were rehired are getting fewer hours and bigger class sizes.

"Tenure-track and tenure faculty will have a more students in a class room," Haynes said. "That means

work at night because there are less people around, and because they work at night, the pay is higher. We are scheduling them in the daytime so we don't have to pay them that higher wage."

A CFA press release announced that even though some faculty members are losing their jobs, others are receiving a raise. Some faculty members are receiving raises called Service Salary Income or step raises - which were negotiated into the contract by the CFA and the chancellor's office. Step raises are a salary increase of 2.5 percent for years of work.

"We are pissed off. Just about every week *The Times-Standard* reported a new administrative appointment and it is frustrating when you hear that."

Chris Haynes, CFA

a bigger work load for the same pay. Some teachers just found out they are getting more students in their classes. If I have a lesson plan for 20 students, how could I change to teach 40 in a couple of days? It is frustrating."

Tenure faculty and tenure-track lecturers with a 3-year contract have a guaranteed contract.

"Tenure faculty — by contract — have to work 15 (weighted teaching) units and 3 units of service to the community or the campus," Robin Meiggs, California Faculty Association chapter president and crew coach, said. "They are different ways you could work the 3 service unit — like being on a committee."

Richmond said the University Police Department will have to let go one officer, custodial services will have fewer personnel; there will be less teacher assistants and fewer counselors.

"We are also doing a lot of shifting of positions to have some sort of hybrid flexibility," said Richmond. "Custodians usually like to

Anna Sunshine, from the media relations office of CFA, said it won't know how many professors at HSU or in the other 22 campuses received the step raises until the chancellor gives the CFA the numbers in October.

"It is not a layoff. Under normal circumstances, these people would have been rehired."

Rick Vrem, Provost and Vice president for Academic Affairs

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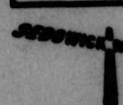
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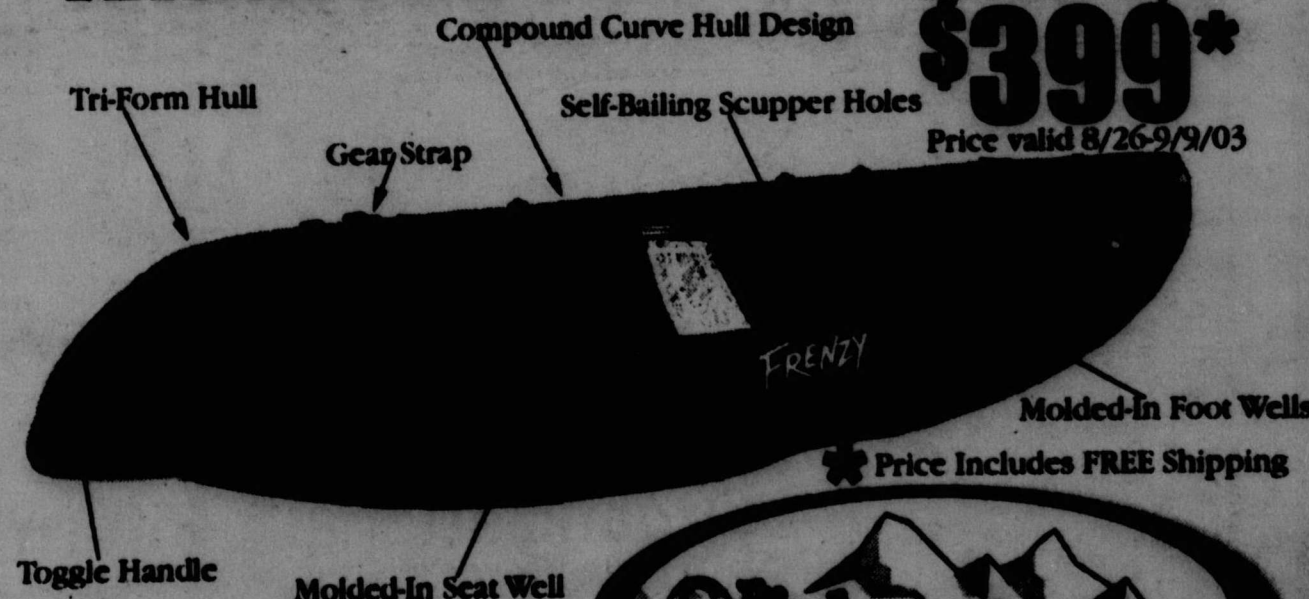
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Humboldt sports a new look – sort of

By Helen Sanderson
COPY EDITOR

Humboldt State University has a new logo, although it's not much different from the previous logo.

It took a year of deliberations the university Image Steering Committee, made up of approximately 20 people - only one of whom was an HSU student, Associated Students President Gretchen Kinney - to make slight modifications of the old logo, which featured a silhouetted redwood trees grouped next to the words Humboldt State University.

The new image is essentially the same. The trees are still there, although with a bit more space between them. "Humboldt" is now written in green alongside "State Uni-

versity," in gray.

A number of images were pitched, including a shot of Founders Hall - the oldest building on campus. That was scrapped when a consensus was reached that the mission-style architecture of the hilltop building was more representative of Southern California than Humboldt County.

Plans to incorporate a redwood leaf into the schools insignia also went up in smoke when it was determined that it's graphic representation too closely resembled a marijuana leaf - something that Kinney said is not the image that the university is currently seeking.

Efforts to confirm the cost of the new graphic were not responded to by press time, although Kinney said that the venture was not cost effective.

UPD CLIPS

Sunday Aug 17
2:22 p.m. A person was skating on campus and was directed to the skate park by UPD.

8: 48 p.m. UPD assisted APD in finding a missing juvenile.

9:58 p.m. There was a 911 hang-up.

Tuesday August 19
A subject was contacted posting fliers.

4:00 p.m. UPD assisted APD in locating a "transient" in the community forest.

Wednesday, August 20
12:15 p.m. A vehicle hit a barricade on campus. No damage was incurred.

6:47 p.m. Taft Construction Co. reported a saw was stolen. It was later recovered.

6:49 p.m. A subject cited for possession of marijuana. The weed was taken and was slated for destruction.

Thursday August 20
9:51 a.m. A dog was found leashed to rail near the De-

pot. The owner was contacted and the dog was removed.

1:44 p.m. University Police documented subjects yelling obscenities.

2:47 p.m. Police issued a possession ticket behind Chinquapin Hall. The weed was seized by police.

Saturday August 23

12:54 a.m. A housing employed reported a subject asleep in the area of Redwood St. fire lane. An officer arrested Ronald Edward Griffith.

2:30 p.m. A report was taken of unnamed males harassing each other in Redwood Hall.

Sunday August 24,

1:22 a.m. Housing reported a resident needed to talk with an officer regarding a problem with a roommate. There was a possible assault.

1:39 a.m. A bong was confiscated from Pepperwood residence hall.



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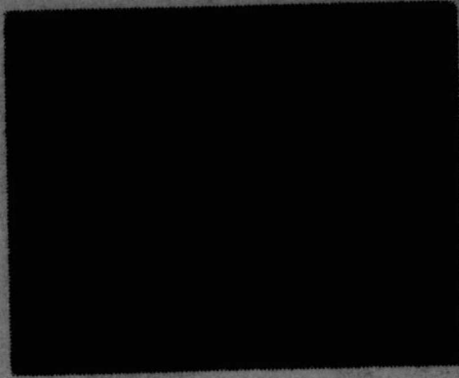
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campus

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from the Lumberjack

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- Mac McClary
former adviser



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Welcome Humboldt State Students



Up and Coming Events:

Golf tournament in Eureka
Skate Park Tournament in Arcata
Music jam at Muddy Waters

HSU Library celebrates 40 years as a federal depository location

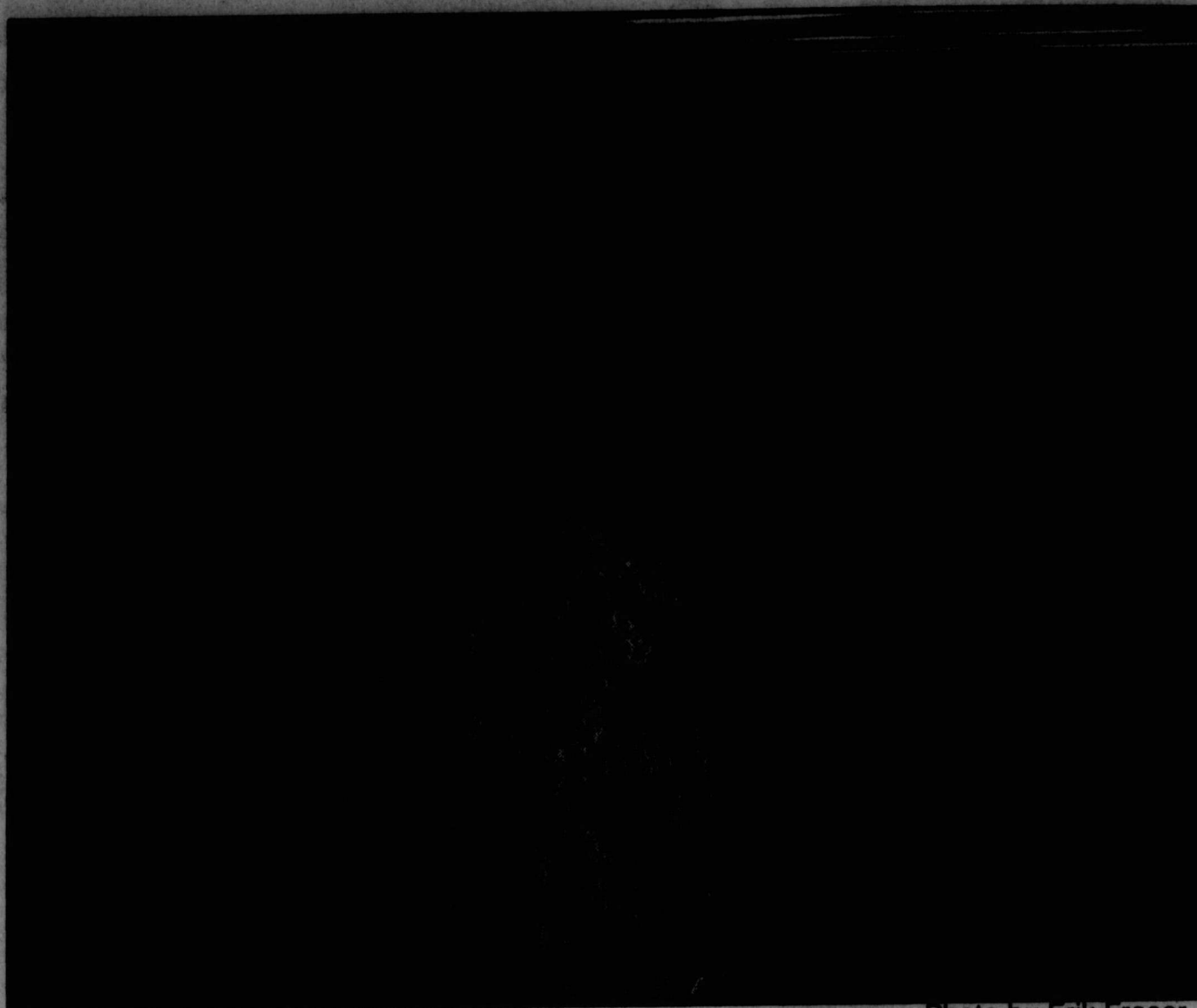


Photo by Erik Fraser

Rep. Mike Thompson (right), Library Dean Sharmon Kenyon and Provost and Vice President for Academic Affairs Rick Vrem turned out to honor the library.

The HSU Library has been a federal depository for 40 years. To mark the occasion, a celebration was held yesterday in the library.

Rep. Mike Thompson attended the festivities, held in the library. The library currently holds about 500,000 volumes of government data covering a variety of topics.

The library has served the First Congressional District during this time, supplying the community with government documents at no cost.

REAL

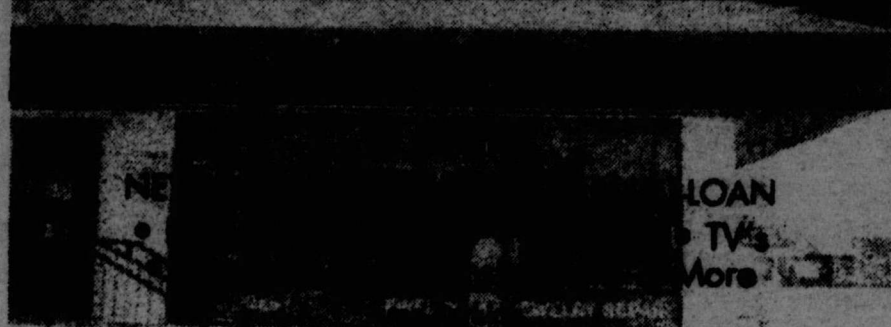


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Technology making big changes around campus

Mike Miller
CAMPUS EDITOR

Starting this fall, students will be able to surf the web from virtually anywhere on campus. Thanks to a wireless network installed around the central area of campus, students with a notebook computer can access the campus network and internet connection while soaking up some sun or getting a breath of fresh air between classes.

This tech upgrade is just one of the projects keeping HSU's Information Technology Services department busy. After suffering losses in funding and staff because of the tight budget, the department has been busting its hump with the goal of giving students cutting-edge services while staying under budget.

"Our one biggest problem," said ITS Director Bill Cannon, "is keeping everything running."

That problem became very real recently

when computer virus attacks hit the University network. The "Sobig" and "Blaster" viruses swamped networks and the people who run them, keeping IT staff from focusing on other projects.

One big project that kept ITS occupied during the summer was increasing accessibility services to students with special computing needs.

The recent budget cuts have left ITS in a tricky situation.

"We've lost 10 percent of our (staff) positions and half of our operating budget," Cannon said. "We've spread our resources just about all the way across the board."

Of the 23 campuses of the California State University system, Cannon said, "We're one of the few that cut funding for IT."

GalPoly - San Luis Obispo and CSU Chico are the others. This isn't stopping Cannon from thinking big.

A priority on his wish list is the conversion of more classrooms to "smart" classrooms, equipped with telecommunications, computers and audio-visual equipment. Currently there are 21 such lecture rooms out of about 60 around campus.

"We have enough labs," he said. "We need to look at what we put in them." This also means cutting costs on software licensing, power consumption and making



Students will soon be able to get online as they do this. Photo by Erik Fraser

sure that the equipment suits the needs of most students.

To this end, the computer labs in Gist Hall and Harry Griffith Hall have been outfitted with 92 new PCs. Cannon said that moving away from the dual-platform Macintosh computers would serve the students better.

Other IT developments include the introduction of a new webmail service. In January, new ID numbers will replace the current system with something more secure and anonymous than a student's social security number.

Cannon is eager to begin the next several projects. A major system upgrade is due, and the next five years will see the replacement of nearly all the hardware.

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campus

continued from page 3

tion, gave their own reports. It was then announced that HSU has no Dean of Enrollment Management. The respective directors of Financial Aid, Admissions and Outreach also gave their two cents.

The subject of the budget crisis was never far off during the varied announcements by faculty and staff leaders. Lou Ann Wieand, president of the General Faculty, used her time at the microphone to welcome her colleagues and encourage them to support the faculty association.

"Although there are fewer of you, you are very important to us," she said. She then lightened the mood by announcing a few faculty parties.

Carl Coffey, vice president of Administrative Affairs, introduced new staff members from his department. He told the audience of a series of new projects that he is overseeing - including a \$40 million project that includes a renovation of the University Center and an upgrade to the telecommunications sys-

tem. The Human Resources occupants of "Schulz Mobile Estates," as he called their temporary offices, will move to Siemens Hall in the beginning of September.

Coffey was more cautious in his estimation of other projects. On the subject of one new building project, he said, "hopefully construction will begin ... next summer. Honest."

The department of fiscal affairs announced that it was honored for excellence in financial reporting.

Richard Vrem, provost and vice president for academic affairs, took the microphone onstage and warmly greeted the audience.

"I'd like to thank you all for coming, and I hope you will give me your support in my bid for California governor," he joked.

Vrem said that enrollment was at a near-record level, and mentioned Humboldt's high rating in terms of both student and faculty satisfaction. He harkened back to Richmond's inauguration address, reiterating the four themes that the president had

laid out for how to run HSU: student centeredness, diversity, social and environmental responsibility, and community involvement.

Vrem went on to say that a Strategic Planning Process, developed in 1997, had been shelved, and a new one was in the works. This process calls for a clear vision for the university over the next decade or so and should be "action-oriented." He said a Master Plan is also being de-

veloped as well as other projects.

"We are in the process of developing a new budget process," Vrem said.

Richmond took over again, inviting those seated on the stage to occupy the front row for a visual presentation of the state of the university, highlighting some new staff members and programs that have shown success. He gave a synopsis of the budget situation, showing

areas that had been most affected by the recent cuts and how his office was coping with them.

When he offered the opportunity for questions from the audience, few did. One instructor stood up and asked Richmond about the budget outlook for 2004 - 05. The president said the outlook was grim.

"There will be no increases," he said.



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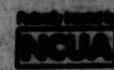
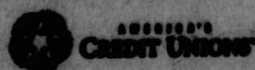
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NEWS FROM AROUND HUMBOLDT

A year later, salmon issue not solved

Agencies yet to have permanent plan to protect endangered fish

By Matthew Mais
MANAGING EDITOR

Salmon are beginning their journey up river this month, secured by minimal policy protection from government agencies.

Last September around 34,000 Chinook salmon died on the Klamath and Trinity Rivers en route to their spawning grounds.

"If conditions appear similar to last year and the (Salmon) run is above average and there is direct threat to the fish, water had been made available to the Bureau of Reclamation in a court ruling last April, by Judge Oliver Wanger, in order to avoid another fish problem," said BOR Public Affairs Director Jeff McCracken in a phone interview from Sacramento.

There are some differences in the amount of water flowing out of the mouth of the Klamath this year.

The year has been classified as "below average" where as last year was classified a "dry year," there is more water being allowed, by the agencies, to flow out of the Trinity and the Klamath Rivers.

This is not part of any permanent plan.

The Department of the Interior announced last Friday in a press release that it will increase flows on the Trinity River, which connects with the Klamath River, "to allow Trinity River Chinook initiate migration up river and reduce the potential for this year's projected above-average fish densities in the Lower Klamath River that could lead to increased chance of disease."

This plan has come into question because it will not do anything help Klamath salmon once they get above the confluence of the Trinity and Klamath rivers, said Tim McKay of the Northcoast Environmental Center.

"This is true," said Jim Lecky, Assistant Regional Administrator for the National Marine Fisheries Service, now the National Oceanic and Atmospheric Administration.

Yurok Fisheries Manager Dave Hillemeier said the reclamation bureau's intentions are good, however he did not see need for these additional flows due the amount of water coming out of Iron Gate Dam on the Klamath.

Hillemeier said he saw need for consistent fish pathology studies and if there was evidence of a problem starting, then it would be time to implement so kind of aid.

"We need to make sure that we are not changing things too drastically," said Hillemeier.

If things were to be changed in too much of an extreme manner Hillemeier said, there are a



Photos by Matthew Mais

Tourist fishers lined the banks at the mouth of the Klamath River last weekend. Although this land is owned by the Yurok, tourists are allowed to fish there when the river is open to fishing

few possible negative outcomes.

"Since there is so much water that will be coming out of the Trinity River" the fish that normally spawn on the Klamath might go up the Trinity or maybe the water above Weitchpec may not be suitable.

Lecky, via phone interview from Sacramento said that most of the fish that died last year were on the Trinity — that is why water is being sent from there.

"[The Bureau] is just trying to make themselves look good letting water out of the Trinity," Yurok commercial fisherperson Emery Mattz III. This is not a solution."

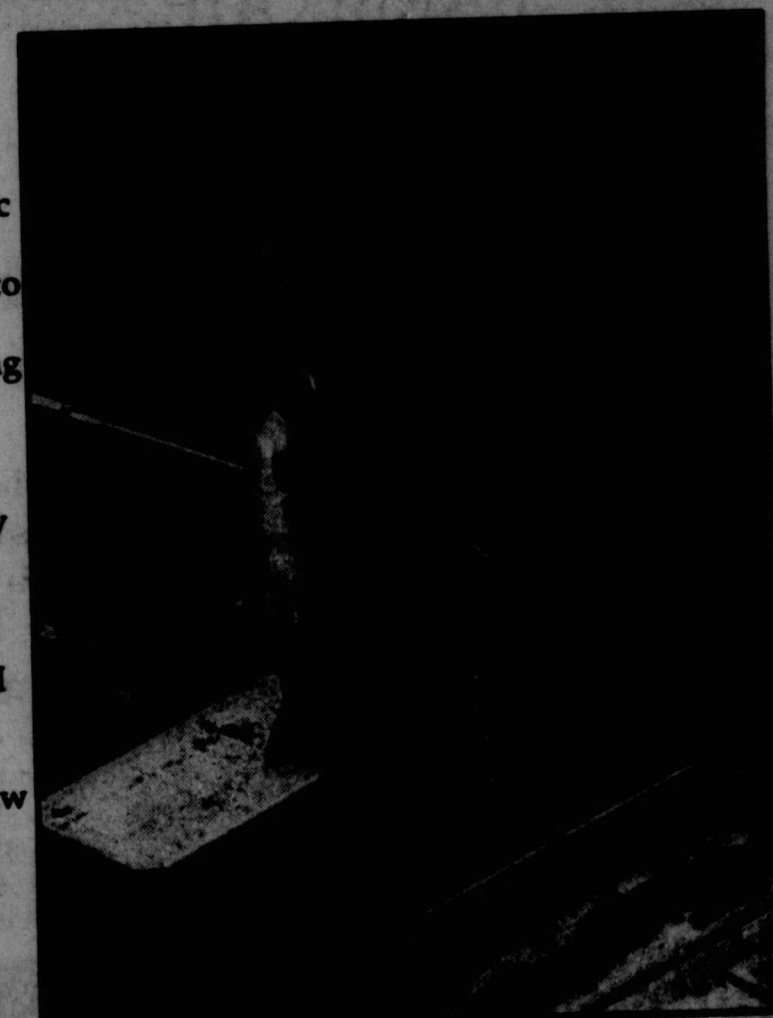
They are trying to kill our salmon in order to end our resistance. In doing so they will be able send the water where they want, Mattz III said.

Bureau of reclamation public affairs specialist David Jones said in a phone interview that he was not sure if any water would be coming from Iron Gate Dam, which is on the Klamath.

The additional water was made available from a ruling U.S. District Court Judge Oliver Wanger on April 4, 2003. He allowed a maximum of 50,000 acre-feet.

According to the press the additional water

see Salmon page 25



Coty Bates, 11, a Yurok tribal member has been fishing with his family on the Klamath for three years.

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North Coast represented in recall HSU lecturer qualifys to be on ballot for governor

By Serena Zelezny
COMMUNITY EDITOR

Taking a chance in a race that has captivated the state and shocked the country, at HSU professor has decided to compete against some of the biggest names in the country for the opportunity to become California's next governor.

Darin Price, an HSU chemistry teacher and a McKinleyville resident is the only candidate from northern California to run for this position.

Price, who has long been interested in politics and North Coast issues, said that he was compelled to add his name to the list for about a week before he finally followed his intuition and became an official gubernatorial candidate for the Natural Law party.

Price said that he is opposed to the recall, despite that fact that he feels that Gray Davis has not been performing well as governor, however he feels that this is the perfect opportunity for North Coast issues such as agriculture, timber, fish and water to be heard in statewide discussions.

"I care about where I live," said Price, who along with his wife Sandra, enjoys many outdoor activities.

He feels that the state takes many resources from the North Coast, but doesn't give much back.

"The state doesn't end at San Francisco," he said.

"Unfortunately," he said, "in the long run it may have little to no difference (on local issues). But at least I am not sitting around and just being mad or complaining about it."

The Natural Law party focuses on prevention-oriented government, being fiscally conservative and having creative solutions.

According to Price's Web site priceforgov.com, the party stands for prevention-oriented government, conflict-free politics, and proven solutions, including natural health care programs shown to prevent disease and cut costs. It also focuses on education that develops

students' full potential through programs that increase intelligence and creativity, and effective, field-tested crime prevention and rehabilitation programs. Also, and perhaps most importantly, it supports lowering taxes through cost-effective solutions, not reduced services, and protecting the environment through energy efficiency and use of nonpolluting energy sources. Price believes that these things are necessary to help the state improve its economic situation.



Chemistry teacher Darin Price is the only candidate from Northern California

"For example, I believe that \$99,000,000,000.00 in taxes is enough money to have all of the programs we want without new taxes. Through efficiency, conservation, prevention, and fiscal policies that make sense, attract business, and increase our bond rating we can make the same money go further and do more. The solution to every problem is not always to just throw more money at it, through creativity and efficiency you can save money and simultaneously increase the benefits," he wrote on his website.

In order to get his name on the ballot, Price had to have 140 signatures of fellow Natural Party members. However, Price said

that there is really a small number of party members in the area. Therefore, Price said he found 140 people who would change their political party affiliation in order to have

"The state doesn't end at San Francisco."

Darin Price
candidate for governor

a North Coast candidate on the ballot.

This allowed him to pay only a small fee of just over \$300 to enter the race.

Price says throughout the campaign he will continue to teach at HSU, where he has been teaching for the last eight years.

See Price on next page

Price:

continued from page 20

He was also a graduate from HSU with degrees in chemistry, math, physical science and postgraduate coursework in environmental engineering.

While a student at HSU he ran for AS President only to fall short by a handful of votes.

Price said had you asked him then there is no way he would have thought he would ever run for governor.

"But it is such a unique opportunity," he said.

And also a learning experience.

"You face the good, bad, and the ugly," Price said.

One of his major concerns is about getting his name heard statewide while competing for attention against many major political figures and Hollywood personalities such as Cruz Bustamante and Arnold Schwarzenegger.

Price has already done several television and radio interviews along with newspaper interviews.

Meanwhile, Bustamante, who is currently the Lieutenant Governor of California, has gained the support for his "No on Recall and Yes on Bustamante" campaign from several major statewide organizations. These organizations include the California State Employees Association, California Association of Highway Patrolmen, The California Latino Legislative Caucus and the California Conference of Carpenters.

Arnold Schwarzenegger, who has also been a popular candidate in this race, has been receiving a great deal of press time as well due to his popularity as a Hollywood movie star.

When asked how he feels running against these major candidates, Price said he thinks it is great.

"This is the perfect opportunity for people to express their opinions and try to make a difference," he said.

"Plus," he said, "I will be considered a former gubernatorial candidate for rest of my life."

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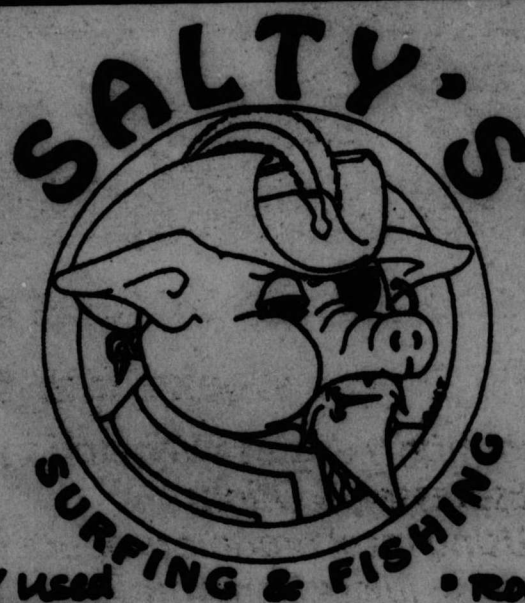
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TWO LOCATIONS!

Two local breweries recognized

Magazine says Humboldt has beer you 'must taste'

By Serena Zelezny
COMMUNITY EDITOR

On a weekend, it is not unusual to see the bar at the Lost Coast Brewery lined with a handful of regulars, sipping on frothy mugs of beer, chatting away a lazy afternoon. In fact it wouldn't be unusual to see quite a few people coming in and out of the brewery these days. Lost Coast Brewery in Eureka and Mad River Brewery in Blue Lake were both recently recognized on a list of "must taste beers" in *All About Beer Magazine*.

In their May issue, the magazine printed a list of what they consider the beers that all beer lovers should be sure to try. The list was compiled by thirty different beer-tasting professionals who looked for beers that either really stood out for being unusual or reliable everyday beers that are often taken for granted.

The list includes beers made in many different countries including Austria, Belgium, Czech Republic, Finland, Germany, United Kingdom, among others, creating a list of about 160 specific beers.

Lost Coast Brewery's Indica India Pale Ale and Mad River Brewing Company's Steelhead Extra Pale Ale were both featured on the list.

Barbara Groom, who has been the owner of Lost Coast Brewery since it opened in 1990, said she was very excited to have the brewery named on the list.

Unlike receiving a medal for their outstanding brews, which the brewery has to apply for, she felt this recognition for being one of the best in the world was far more prestigious.

Groom said that few realize that breweries in the Northern California area are becoming well known for brewing some of the best beers in the world.

"We do it the pure way," she said. "We don't put in extra additives like they do in other countries," she explained, mentioning that some countries add extra substances such as sugar to their beers.



Lost Coast Brewery's Indica India Pale Ale is on *All About Beer Magazine's* list of "must taste" beers.

Mad River Brewing Company takes great pride in their 100% all natural brews. In fact, they even avoid using machinery to create their beer.

"I like to say that we have rustic charm," said the brewery's marketing director Brian Baku. Who said he also feels that that he feels that their location in Blue Lake and the moral of their brewers make it unique.

Baku said that when brew master Bob Smith founded the brewery in 1989 he created a mission statement: be socially responsible and environmentally conscious. In order to live up to that mission they have created their own wastewater

treatment and reuse and recycle everything. They have also won a statewide award called WRAP, or Waste Reduction Awareness Program.

Both breweries said that a large amount of their business comes from local customers.

Baku said that at Mad River though their beer is available in 14 states, one-third of their customers come from Humboldt County. However, their core market is actually the Bay Area, which makes up one-half of their business.

Groom said that over the summer they have also had large groups of people from out of town come into their breweries as part of a beer tour.

See Beer on next page

Beer: breweries focus on quality

continued from previous page

Renee Cabrales, who is the manager at the Lost Coast Brewery on 4th Street in Eureka, said that he sees a lot of what they call "drivers," which are people who are driving through and a stop when they realize that is where Lost Coast beers are made.

Both breweries were recognized for their version of pale ale, which is an English beer style. According to the Samuel Adams Web site (samadams.com),

It has a crisp malt character and a subtle richness. It says that the word "pale" refers to the only lightly roasted malt that is used in brewing. This makes the beer have an amber color.

Groom said that the India Pale Ale, or IPA, actually comes from a style that was created when British soldiers were stationed in India.

"It was the law that every soldier got a pint," she said.

She explained that because it was shipped from England to India they added lots of ops as a preservative.

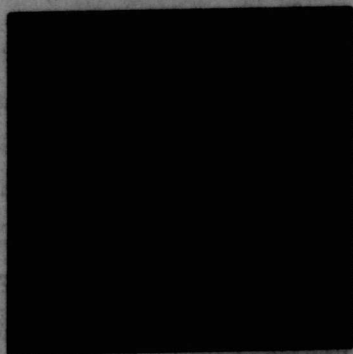
Groom said that Lost Coast's "Indica" IPA, was named for the Latin and Italian word for India.

Baku said that even though thier beer is becoming increasingly popular, Mad River's main focus is to make good beer not necessarily about increasing the distribution of their beer.

"I receive a dozen emails a week," he said, "they want to know where they can buy our beer in New Hampshire. And I have to tell them that they can't."

Groom said that the beers made at Lost Coast and Mad River come out above the rest because both breweries the focus is on the indregients and the quality of the beer. It is important to have a beer that is original, like no one else in the world.

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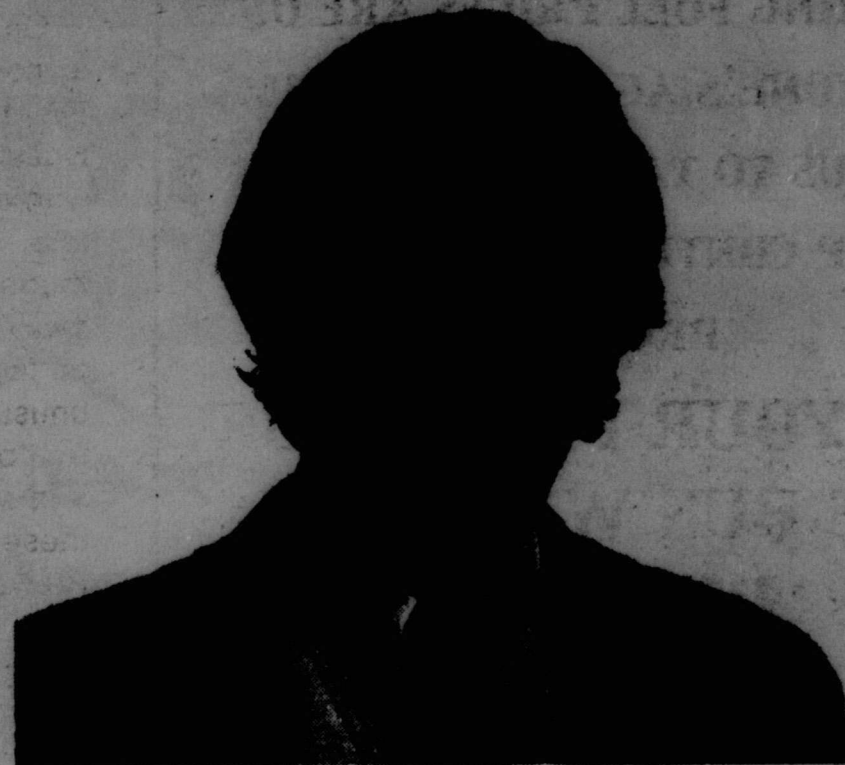
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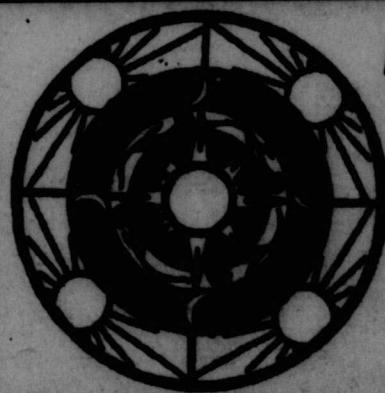
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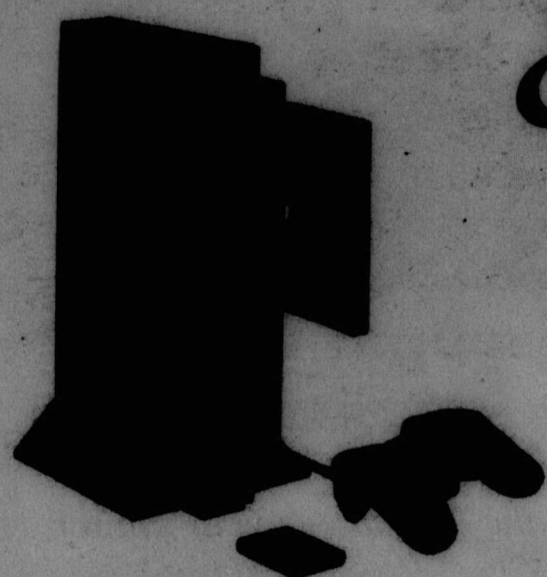
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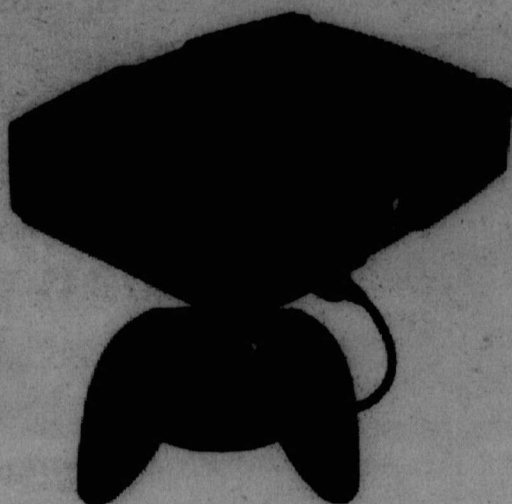
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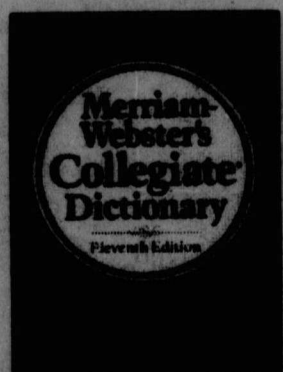


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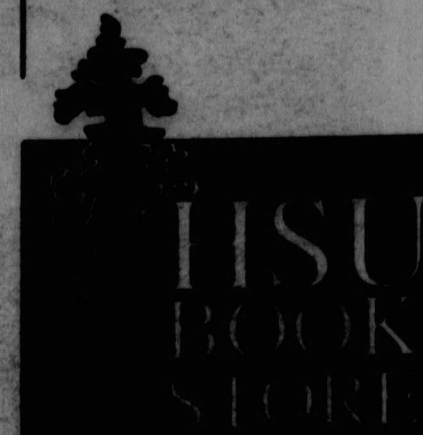
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Salmon: Waterflow schedule

continued from page 19

will be sent as follows:

- Previously scheduled increase from a summer base flow of 450 cubic feet per second to a peak flow of 1,650cfs in late August.

- It will then ramp down to 1,000cfs by September 15.

- The flow will then be reduced to the base summer flow.

- The total volume of water associated with the release schedule is 33,000 acre-feet.

Also according to the press release the water is coming from a "negotiated exchange agreement that allows the BOR to use up to 50,000 acre-feet of water belonging to Metropolitan Water District of Southern California."

This July it was found by Judge Sandra Armstrong in Oakland that the 10-year Klamath River management plan, that divided water between many different interests and the endangered Coho salmon, put out by the Bush Administration was in violation of the Endangered Species Act.

It violated the act because agency was depending on too many outside sources in maintaining the plan. The plan also lacked an exact number of how many endangered Coho salmon could die before the agency would take action.

Judge Armstrong also found the "biological opinion" produced by the Atmospheric Administration used by the reclamation bureau to determine water flows was arbitrary and capricious.

"[Judge Armstrong's finding] is what it is and we will comply with that," said Lecky.

"We are going back to reassess the flow schedule. We do not have anything set in stone," added Lecky.

This is the policy that was put in place by the Bush Administration last year when 34,000 salmon died on the Klamath and Trinity Rivers.

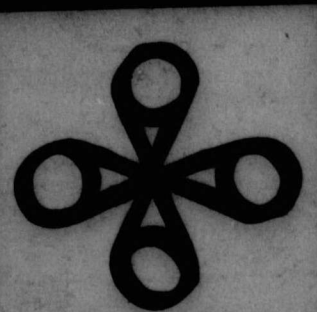
Lecky said the NOAA is looking to create a multi-year plan that would promote restoration of the habitat as well as the health of the fish.

"If this is any indication of what is to come we are going to really be screwed," said Jack Mattz.

"Soon the river will be like the Colorado River it will not even reach the ocean. The salmon will have to ride skateboards to get to the ocean," added Mattz III.

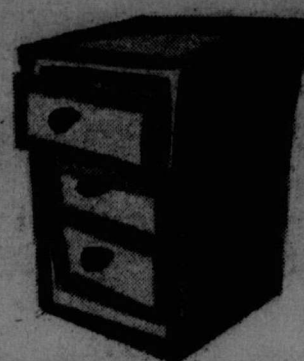
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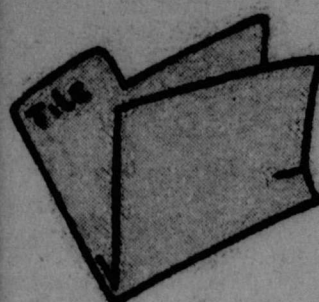


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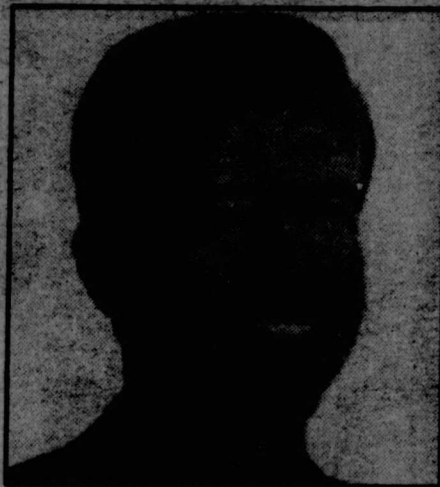
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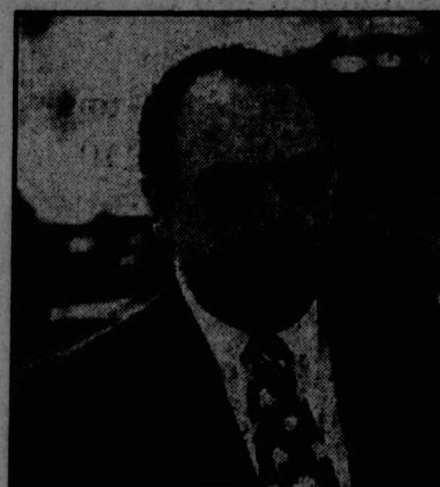
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Occupation:
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Party: Democrat
Slogan: No on the Recall



Name: Cruz Bustamante
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Occupation:
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Party: Democrat
Stance: No on the Recall, Yes on Bustamante



Name: Arnold Schwarzenegger
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Occupation: Actor/
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Cruise Ship Makes Stop in Humboldt

Right now there is a community on the ocean that will begin floating to any port on 24-hours notice, not to mention while your waiting it is possible to play tennis, run the track, play simulated golf or participate in numerous other diversions.

This community resides on a 12 deck, 43,000 ton, 644 ft passenger ship called the World. There a 110, two to six bedroom condominiums complete with kitchens on the ship and most have private verandas. There are also 88 guest suites.

The starting price for one of the 1,106 square foot two bedroom apartments is \$2,255,00 USD.

This ship's maximum capacity is 1046 persons and its estimated average occupancy is 320 residents and guests.

According to its Web site the ship will “boast an international complement of approximately 340 experienced seafarers and hospitality staff members.”

Among them will be Scandinavian officers, European waiters, plus international hotel, housekeeping and social staff.

**--Compiled by
Matthew Mais**

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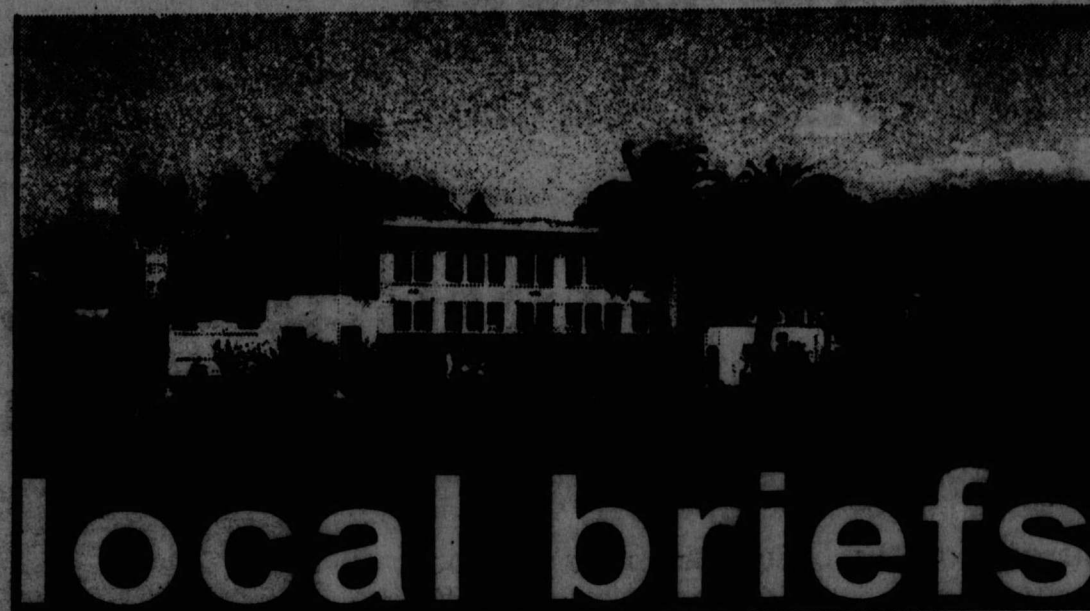
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local briefs

Councilman hoping to impeach President

The North Coast Journal reported in its last issue that Dave Meserve, an Arcata City Council member, is resolving to impeach both President Bush and Vice President Cheney.

Meserve, who is known for his different ideas, feels that by directing an attack on Iraq, the President and Vice President have committed high crimes for not abiding by their oath to "preserve, protect and defend the Constitution."

The Journal said that perhaps this view is not so unusual as there is already an ongoing impeachment effort which has collected 270,000 signatures.

Support group plans campaign to keep DA

Back in February District Attorney Paul Gallegos filed a suit Against the Pacific Lumber Company claiming that they had reported false data relating to landslides. This action spurred a recall effort to remove the DA from office.

However, according to the North Coast Journal, a group supporting Gallegos, called The Friends of Paul Gallegos, has made plans to raise the DA if there is a recall election. They filed a statement of organization with the county election office early last month, which means that they plan to either raise or spend more than \$1000 for this cause.

Arts school in Arcata forced to raise funds

Due to state budget cuts, Sunset School of Arts, an Arcata elementary school that focuses on the arts is at risk of losing two of their arts specialists.

In an attempt to keep the specialists, parents and local artist Alan Sanborn have started a fund raising campaign.

They need to raise \$21,000 and have already raised \$8,000. They also have a promise from an anonymous donor to match the amount that they raise.

City to give money for wheelchair ramps

The Eureka City Council recently approved funding for a Wheelchair Grant Program.

The program will award up to \$1500 for homeowners to build a wheelchair ramp.

Property owners that live in Eureka and live in a low income household may be eligible to receive a grant.

The grant was part of a revised Housing Rehabilitation Program Policies and Procedures that was recently approved.

White powder found in local post office

Around midnight on Friday morning, a cardboard package at the post office on Clark Street began leaking a white powder, the Times-Standard reported.

A hazardous materials response team from the fire department along with county environmental health workers confiscated the package.

As it turns out the package was leaking baking soda. It belonged to a Miranda man who had left his toiletries at a hotel.

Local foundation gives grants to non-profits

The Humboldt Area Foundation announced recently that they would award gifts of up to \$2000 for their small grants program. This program, which now has a simpler application process will be used to meet the needs of non-profit organizations or to fund small projects.

The foundation, which was established in 1972, has awarded \$21.1 million in gifts to worthy non-profit organizations, special projects, and student scholarships. For more informa-

science

NEWS FROM AROUND HUMBOLDT

Fuel cells tour nation with Lollapalooza HSU engineer demonstrates alternative energy to concert-goers

By Kira Rubenthaler SCIENCE EDITOR

An engineer from HSU has been demonstrating how hydrogen fuel cells work as part of this summer's Lollapalooza music tour.

Since the beginning of July, Nate Coleman, a 2001 graduate of the environmental resource engineering program at HSU and an engineer at the Schatz Energy Research Center, has been touring the country with a number of bands and activist groups.

"Lollapalooza's mission is to be great and wonderful, to speak to people and speak for the earth, and to embody music's power to bring people together," Perry Farrel of Jane's Addiction said in a press release.

Nearly 30 organizations--including the Sierra Club, the National Resources Defense Council, the Axis of Justice, and the National Biodiesel Board--have booths set up at the concerts while bands like Jane's Addiction, Audioslave and Incubus play onstage.

Coleman runs a booth where he explains how fuel cells work and how hydrogen can be produced using renewable energy.

Fuel cells generate energy by combining hydrogen and oxygen in a chemical reaction that gives off electricity. The only byproduct is water.

Hydrogen fuel is produced renewably by using electricity from solar panels to split water into hydrogen and oxygen.

"It doesn't matter where you are in the United States," Coleman said. "People are interested in renewable energy."

He said when explaining fuel cells to the public he sometimes focuses on the cell's zero emissions and other times he talks about the need to rely less on other countries for energy.

"Depending on who it is," Coleman said, "I'll approach it at a different angle."

Coleman runs the booth for seven hours at each concert



Nate Coleman, an engineer from HSU's Schatz Center, explains how a fuel cell combines hydrogen and oxygen to produce electricity with water as the only byproduct.

and said he gives out about 150 business cards during this time so people can look

up the Schatz center on the internet.

Coleman said some of the

public's most common responses to his exhibit include

See Fuel cells on page 33

Last chance: Mars won't be this visible for almost 300 years

By James Egan COPY CHIEF

Don't panic if you look to the night sky this week and find the stars dwarfed by a gigantic sphere of red-orange light. It's only Mars.

The red planet is closer to Earth this week than it has been in almost 60,000 years, a mere 34.6 million miles away. This is relatively close compared to 191 million miles last January, when Mars was 1/30th as bright as it is now.

As a result, the visibility of Mars from Earth is the best it has been for quite some time. The planet looks larger and brighter than any star and is easily visible to the naked eye.

The view will be even more impressive with the help of a

telescope or a pair of binoculars, which can be used to spot the planet's varying dark and bright patches of desert and southern polar ice cap.

Mars will be visible to the naked eye through October of this year.

The reason for Mars' extreme proximity to Earth is that the planets' elliptical orbits have brought them to a point where they are very near each other.

"Think of two horses going around a racetrack," said Dr. Stone Brusca, an HSU physics professor. "We (the earth) are passing between Mars and the sun."

Brusca said when you look at Mars you're seeing sunlight bouncing off the surface. It

takes five minutes for the reflected light to reach Earth.

Brusca said the current nearness of Mars has no scientific significance.

"It doesn't matter what little earthlings on earth are seeing," he said. "It's just nice for people to go look at."

Brusca said the best way to see Mars is to look for bright red in the eastern sky at 10 or 11 at night, when the planet is high in the sky.

"The later the better," explained Brusca.

So make an effort to go out look for the red planet tonight. The next time Mars will be as visible as it will be this week will probably be around the year 2287, and chances are you'll be dead.



The dirt on Mars contains a lot of iron oxide and is similar to the soil in the southwestern United States.

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Little River runs into the Pacific Ocean. Salmon are hatched in rivers and swim to the saltwater where they mature. They return to the freshwater to spawn before they die.

Resoration needed to protect local species of threatened fish

By Kira Rubenthaler

SCIENCE EDITOR

Three species of fish found in Humboldt County are listed as federally threatened by the Department of Fish and Game.

All three follow the cycle of hatching in freshwater, maturing in the ocean and returning to spawn in freshwater.

The chinook or king salmon and the coho salmon die after spawning.

Dennis Halligan, a fish biologist with the Natural Resources Management Corporation said some of the steelhead trout can survive to spawn for two or three years.

"Their (the fish) numbers aren't anywhere near historical levels," Halligan said.

According to Fish and Game, the number of coho salmon in California, counting hatchery stocks, is less than 6 percent of their numbers in the 1940s.

The maximum number of coho spawning in California in the 1940s ranged from 200,000 to one million.

Halligan said many factors contributed to the reduction of fish populations.

"It's not a good idea to point fingers," Halligan said. "We all impact these critters just by the fact that we drive on roads and use natural resources."

According to Fish and Game, some reasons for the decline of salmon are poor use of logging and urban land, overharvesting, introduced diseases, effects of droughts and floods and climatic change.

Halligan said timber harvest practices—such as clear cutting to streambanks, dragging logs down creeks and installing roads—caused sediment to wash into streams,

creasing for the last few years due to improved rainfall and ocean conditions.

"The ocean plays a tremendous role in the ability of these critters to survive," Halligan said.

He said fish spend much of their lives in the ocean, and upwellings and water temperatures are some of the factors that affect populations.

"That (the ocean) is a big black box," Halligan said.

"Not many people know what's going on out there."

According to Fish and Game, restoration and protection of fish habitat is the key to preventing further decline of fish populations.

"There's a hell of a lot of restoration going on around here," Halligan said.

He said forest and land practice rules have been tightened and ranchers and landowners are implementing stock management.

Consideration should be given to shutting down hatchery production, particularly those that use non-native species, according to Fish and Game.

"It's incumbent to do what we can," Halligan said. "And then cross our fingers and let Mother Nature do her work."

"There's a hell of a lot of restoration going on around here."

Dennis Halligan

Natural Resources Management Corporation biologist

damaging fish habitat.

He said some restoration attempts have also hurt fish.

Halligan said in the 1970s and 1980s it was mistakenly thought that wood in streams was bad for fish, and large efforts were made to remove the wood.

"They basically removed habitat," Halligan said.

He said there have been problems when fish hatcheries raise fish that come from a different region and are not accustomed to the local habitat. They breed with the wild fish, weakening the genetics.

Halligan said some fish populations have been in-

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Hole in ozone above Antartica could be headed for record size

Australian scientists said the ozone hole above Antartica is headed for a record size if it continues growing at its present rate. According to a Reuters article, the Australian study determined the reason for the expansion to be colder temperatures in the stratosphere. When the air up there cools enough, clouds form that cause man-made chlorofluorocarbons to destroy ozone. An Australian scientist told Reuters that the current growth resembles the record-holding growth of 2000. The hole currently covers all of the Antartic, according to Reuters.

U.C. Berkeley students climb high in redwoods to study fog

U.C. Berkeley graduate students are climbing redwoods to install tiny weather monitoring stations high in the trees. According to a CNN article, the weather stations are about the size of a 35 mm film canister and are designed to measure barometric pressure, light, humidity, and temperature. The stations include a miniature PC to store data, a radio and either a small battery or a small source of solar power to transmit readings. On five trees in Berkeley's botanical gardens there are about 50 stations. The study will investigate how redwoods absorb moisture from fog.

Lice indicate when humans stopped running around naked

According to lice genes, humans began wearing clothes about 70,000 years ago. Scientists at the Max Planck Institute for Evolutionary Anthropology in Germany said that's when body lice evolved from head lice, according to a Nature Science Update article. The scientists said the evolution of the body louse should parallel the development of its habitat--clothes. The spread of clothes may have prompted humans to move to colder climates, according to the Nature Science Update. Genetic and archeological evidence indicates that modern humans started leaving Africa 50,000 to 100,000 years ago. Scientists at the Planck Institute are now studying the third human louse, the pubic louse, to try and find when humans lost their body hair.

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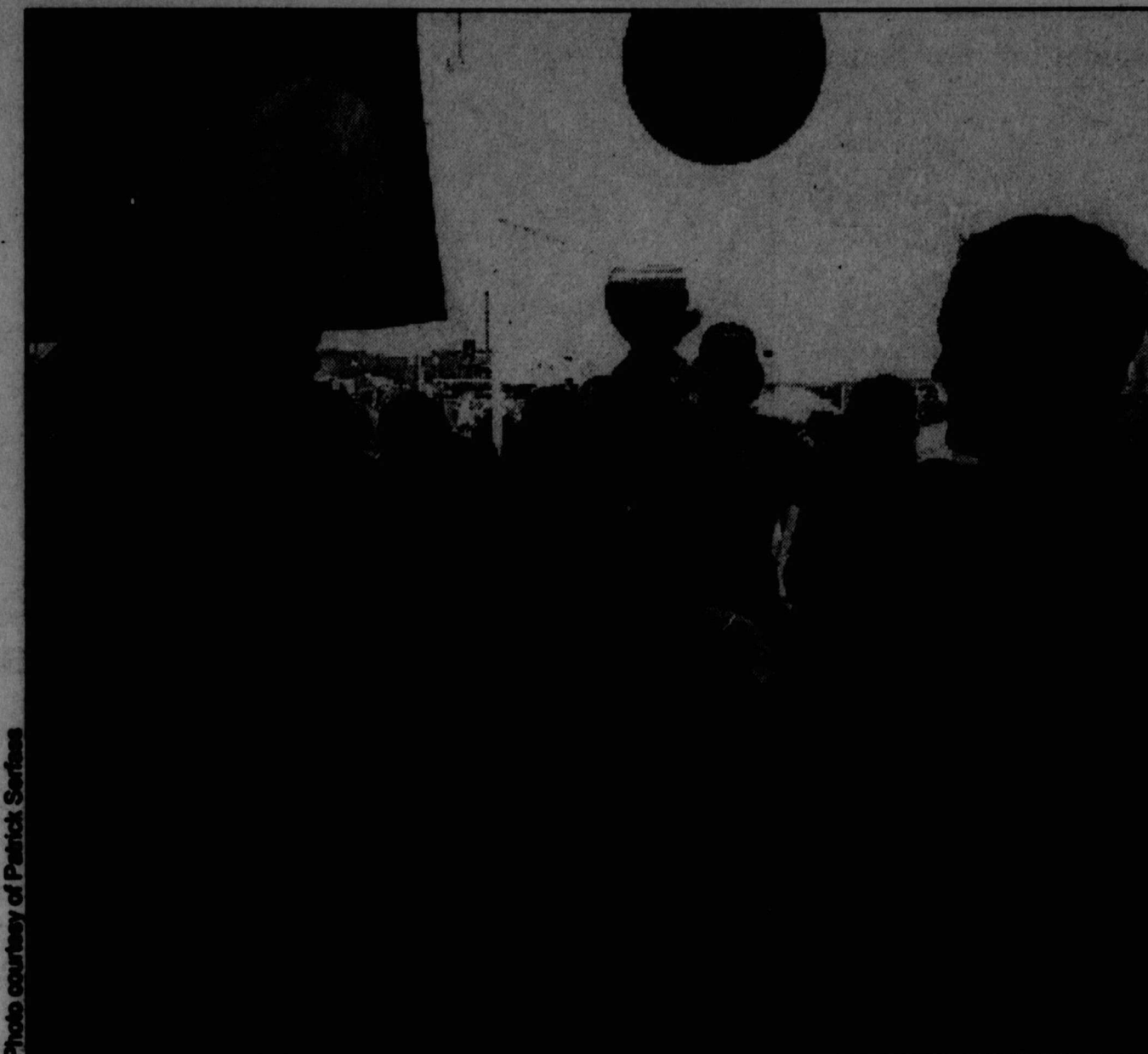


Photo courtesy of Patrick Surface

Perry Farrel of Jane's Addiction makes a toast with a smoothie blended by electricity generated by a hydrogen fuel cell designed by HSU's Schatz Center.

Fuel cells: Farrel uses fame to promote cells

Continued from page 29

"Why aren't we (the United States) making solar hydrogen right now? (and) When can I buy a fuel cell car?"

He said people who travel on the tour--such as electricians, stagehands, and the musicians--are also interested in the fuel cells.

Coleman said it is difficult to get hydrogen on the road, so there

have only been three shows where he could actually run the fuel cell. He said at those demonstrations he used the fuel cell to make a smoothie

for Farrel, who talked about the need for renewable energy. "As town criers we're very interested in promoting alternative fuel," Farrel said in a press release. "We're in danger of losing every environmental law written in this country, and the voice that

Coleman said Farrel is collecting signatures from people saying they support fuel-cell technology, and he will use them to try to make government agencies become more energy efficient.

"It's cool because he's using his star power to draw people's attention," Coleman said.

"We're in danger of losing every environmental law written in this country..."

Perry Farrel
Jane's Addiction

Richard Engel, a research engineer for Schatz, said Schatz's involvement with the tour began last spring, when an engineer went to Washington to give a presentation and

slide show to the National Hydrogen Association.

Engel said someone from Lollapalooza was there and was impressed with the presentation, so Schatz was asked if they would join the tour.

"First we treated it as a joke," Engel said. "But then it looked like it was actually going to happen."

The Lollapalooza tour was started by Jane's Addiction in 1991, but the tour stopped after eight years. Lollapalooza 2003 is the first tour since 1997. The tour has played in more than 20 locations this summer.

"Lollapalooza gives us an opportunity to see more people than we would have and to spread knowledge around," Coleman said.

He said he met people from different alternative energy organizations at some of the concerts, and they gave him literature to continue handing out on the tour.

Engel said the fuel-cell industry is struggling. He said fuel cells are expensive compared to gasoline engines, but the use of renewable energy will probably increase as oil supplies run out.

"There is a lot of hype and not enough reality yet," Engel said.

Engel said Schatz will continue to educate people about fuel cells and renewable energy.

"We have proof in our lab that fuel cells work," Engel

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Michael Schnitzer

If you re-enter your car while pumping gas, friction between car seats and clothing can create static, which has the potential to spark at the fill point on a gas hose.

Static fires at pumps rare But fall weather creates cool, dry air, conditions most likely to cause ignition

By Kira Rubenthaler SCIENCE EDITOR

Look out for static next time you're at the pump. Static build-up can spark a fire when you're refueling your car, especially if you re-enter the vehicle while pumping.

Gas-pump fires related to static electricity are uncommon, according to the American Petroleum Institute, but they are most likely to occur in fall, when the air is cool and dry.

Since 1992 there have been 149 fires in U.S. gas stations that were linked to static electricity, according to a 2003 Petroleum Equipment Institute report.

The report verified that no running motors, open flames or problems with electrical continuity were responsible for the fires. Electrostatic charging was determined to be the probable cause of each of the fires.

Static electricity can build up when a person re-enters

the car while pumping gas. If the person then returns to the fill hose, the static may spark at the hose's fill point and cause a fire.

The Equipment Institute reported that in many of the fires, static build-up occurred on the refueler as a result of friction between car seat material and clothing.

Over sixty fires occurred after the driver re-entered the car while refueling and then got back out and touched the nozzle. Over thirty fires started when the driver touched the gas cap or surrounding area before refueling began.

The most common injuries resulting from these fires were singed hair, first or second degree burns, and burns to the hands, according to the Equipment Institute's report. One human death and one dog death were reported.

The report listed the most common damage to vehicles involved in the fires as totaled

cars, blistered or discolored paint and minor damage under \$1,000. Damage to the stations included destroyed nozzles and damaged or destroyed dispensers. Two cases of destroyed garages and nearby buildings were listed.

According to both Institutes, the best way to avoid a fire related to static electricity is to stay out of your car while refueling.

If you do have to re-enter the car, the American Institute recommends touching a metal part of the car away from the fill point before touching the nozzle.

Other rules to remember while pumping gas are: always turn off your engine and don't smoke.

If a fire does start while pumping gas, the Equipment Institute recommends leaving the nozzle in the vehicle and moving away. Emergency controls should be used to shut off the pumps.

Clips:

Continued from page 32

Scientists detect West Nile virus in California mosquitoes

The first cases of mosquitoes infected with the West Nile virus have been found in California the state Health Director said. Mosquitos carrying the virus were trapped in Imperial county near the Salton Sea at the beginning of August, according to a San Francisco Chronicle article. West Nile virus has been spreading across the United States for four years. According to the Chronicle, the virus will probably continue to spread across California with the help of migratory birds bitten by the infected mosquitoes. The Salton Sea area is a popular stopping point for migrating birds. The first case of a human in California being infected with West Nile virus was in L.A. in September 2002. The woman who was infected said she had not left the Los Angeles area, but scientists could not find mosquitoes carrying the virus.

Almost credible bigfoot proof to be displayed in Willow Creek

A cast of the impression of a large, unidentified animal will be on display at the China Flat Museum in Willow Creek during the International Bigfoot Symposium from September 12-14. According to a press release by the museum, the cast contains impressions of a heel, Achilles tendon, buttocks, thigh and forearm. Several anthropologists and a bigfoot investigator have perused the cast and decided it was not made by an elk. The cast was made in September 2000 at Skookum Meadow in southern Washington. Bigfoot trackers placed fruit and pheromones in an area and played sounds supposedly made by a bigfoot in an attempt to lure a creature near enough to be photographed. According to the press release, the trackers heard screams three nights in a row and found the impression and pieces of chewed apple next to a muddy pool. The cast is 6 feet by 6 feet and weighs 200 pounds.

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Melinda Myers has been part of HSU's faculty for 10 years. She teaches Human Sexuality other courses for the Psychology and Women's Studies Departments. She owns Good Relations Lovers' Boutique, a sex-positive store in Eureka. She is a single mom, with two sons to whom she lectures frequently about sex and relationships. Her 1-unit weekend course, Choices and Changes in Sexuality, Psychology 236, happening October 3 and 4 is open by magic number. E-mail her at mm3, if you'd like to add the course.

Anxiety about sex plagues student But apprehension may be a blessing in disguise

By Melinda Myers

REGULAR COLUMNIST

Welcome to the New Year! In this column, I answer questions about sex and relationships from students, staff and community members. The published answers are anonymous, although I occasionally write back privately as well. If you've got a question, feel free to write me.

Q:

I have a plaguing problem with sex. I am afraid to do it. I lost my virginity after a party with a guy I really didn't even like. I'm not sure what I was thinking but it just kinda happened, I had no idea it would be so easy to do it. But now that I have already done it I am really afraid to do it again.

I had an opportunity the other night with a cute guy and I couldn't have been more scared. I ended up walking away and he slept with another girl. I don't regret that I walked away but I really wonder why I am so afraid, do you have any advice? Also, when I lost my virginity I didn't feel anything. Is that normal? I've heard that it's supposed to hurt and it didn't, but it didn't feel good either. Is that OK?

A:

It sounds to me like there are several things wrapped up in your question. The first step is figuring out what you DO want sexually. It is possible that any cute guy will do, but I doubt that would really work for you.

Many people say that the first time they had sex it "just happened." That's not too unusual. It also isn't unusual for it not to hurt, and it is very common for it to feel just so-so. It takes

practice, like anything else, to get comfortable with it and to know what you want and how you like things.

Because we don't educate young people about having good sex, just about avoiding bad consequences, your experience is a common one. It is very hard to figure out that kind of thing with sex "just happening". I think you made the right choice regarding the above-mentioned cute boy. Believe me, they're a dime a dozen!

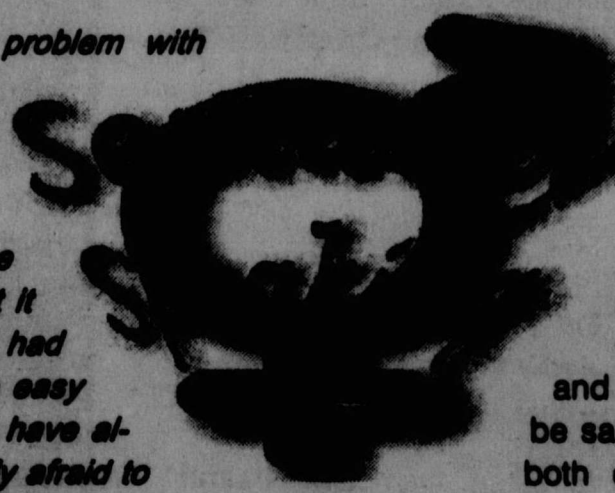
When you decide that you DO want sex, with a particular person, you're in a situation that works for you, and you've taken preparations to be safe, sex will feel much better both emotionally and physically.

It's a very mind-body experience; you can't have one without the other.

As for being afraid of sex, I would suggest you think about what exactly is scaring you. Is it the physical act, the emotional connection or lack of one, or something else? Are you worried about being betrayed, let down, letting your partner down? These are all possible, and only you can figure it out.

Until you're really clear about what you want, with whom and how, and what you're afraid of don't have sex. You've got lots of time, and it isn't like you're going to run out of opportunities. Give yourself time to sort out your priorities and desires.

Your fear is a gift. From what you've said, I feel comfortable saying that you aren't ready, and the fact you've already had intercourse isn't relevant. Good sex doesn't "just happen". If you wait until you're really ready, I bet you won't be afraid, and I bet you'll enjoy yourself, too.



Sickles, Hatchets and Meat Cleavers

The Flying Karamazov Brothers get dangerous at Humboldt State

By Sean Bohrman SCENE EDITOR



The Flying Karamazov Brothers have been throwing sharp objects at each other for nearly 30 years now, and through the cuts, comedy and peeled sheep's heads comes Catch! The Brothers' new show, features routines from their many Broadway shows and performances as well as some new material. The Lumberjack had the pleasure of talking with Dmitri Karamazov this past week about his history with the group and his upcoming shows at HSU

Lumberjack: Hey Dmitri, do you ever get nervous throwing around sharp and fiery objects?

Dmitri Karamazov: Not much anymore, no. Certainly at the very beginning I did. I got cut a lot.

LJ: Did you start out with knives or balls or what?

Dmitri: Strangely, I started off with balls. The next thing I graduated to was knives instead of juggling clubs.

LJ: How long did it take you to

graduate?

Dmitri: Uh, let's just say I was a cut above the rest.

LJ: Has anyone ever been injured at one of your performances?

Dmitri: Performers, yes. Audiences, no.

LJ: What's the worst injury?

Dmitri: Probably during a rehearsal, Ivan cut his thumb very badly on a sickle. Like, almost sliced down the middle kind of thing. It was gruesome.

LJ: What's the strangest thing you've ever juggled? Any babies or small animals?

Dmitri: I've juggled a baby, I juggled a lobster once. A live lobster. But as far as odd things, we've had a peeled sheep's head, 9-foot octopi, pig stomachs filled with lime Jell-O, a bag of dead frogs in formaldehyde, stuff like that.

LJ: What's more difficult to juggle, those types of things or knives and sharp objects?

Dmitri: It just depends on that particular bit, The Gamble, it's really about the combination of things. Something heavy,

something weird and something light.

LJ: How was it appearing on Seinfeld as the Flying Sandos Brothers?

Dmitri: It was great! It was a really nice crew to work with. The actors on the show were really gracious and easy to work with too. So actually it was a pretty pleasant experience.

LJ: What was it like meeting Mr. Rogers when you visited his neighborhood?

Dmitri: It was actually sort of an enlightening experience. He really is like he is on television. He's just the sweetest, kind of Buddha-like guy. And we thought, 'You know what? This guy really has something cool to say to kids.' You could of thought that what he was doing was really an act, but in fact that is who he was. And I thought it was great.

LJ: What'd you guys do on Mr. Rogers Neighborhood?

Dmitri: We played a Bach two-part invention while juggling over a marimba. And

we taught kids how to juggle.

LJ: How long does it usually take you to teach somebody how to juggle?

Dmitri: Not very long, it's up to them after that really with practice. But teaching someone how to juggle, you can do it in a minute.

LJ: Of the many countries you've performed in which gives you guys the best response?

Dmitri: I would say, sort of between two. Ireland, which is not so surprising because they're real jokesters there, and Singapore, strangely. The audiences there completely got everything we were doing. And Ireland, like I say, is not surprising because those people are almost all of them comedians one way or another. But Singapore was really surprising because you wouldn't think English was their language, when in fact it sort of is, they just speak it with a Chinese accent. And they just totally love it, I think they're so suppressed there that it's a good release for

them.

LJ: What do you do when you're not juggling?

Dmitri: I write screenplays and plays and stuff for our shows and various other things.

LJ: Do you have any good stories about your experiences with The Who, Frank Sinatra and the Grateful Dead and all those guys when you performed with them?

Dmitri: Uh, sure! One of the interesting things about opening for Frank Sinatra was that President Reagan was going to be in the audience and they sent in the bomb squad, dog sniffing detectors, fierce looking German Shepherds. And in fact I am a pyrotechnic and we had some theatrical explosive stuff with me so I was a little worried about it. But when the dog came into our dressing room instead of going for my box full of explosives he went right for my crotch. Which he found much more interesting

Juggling continued on pg. 38

The Juggling Jesters

continued from previous page

for some reason. And they immediately pulled the dog away.

LJ: Were you hiding explosives in your crotch?

Dmitri: No, well I mean, you know, it depends on who you're talking to, of course.

LJ: Can you tell us about your show *Catch!* It's sort of a best-of thing, right?

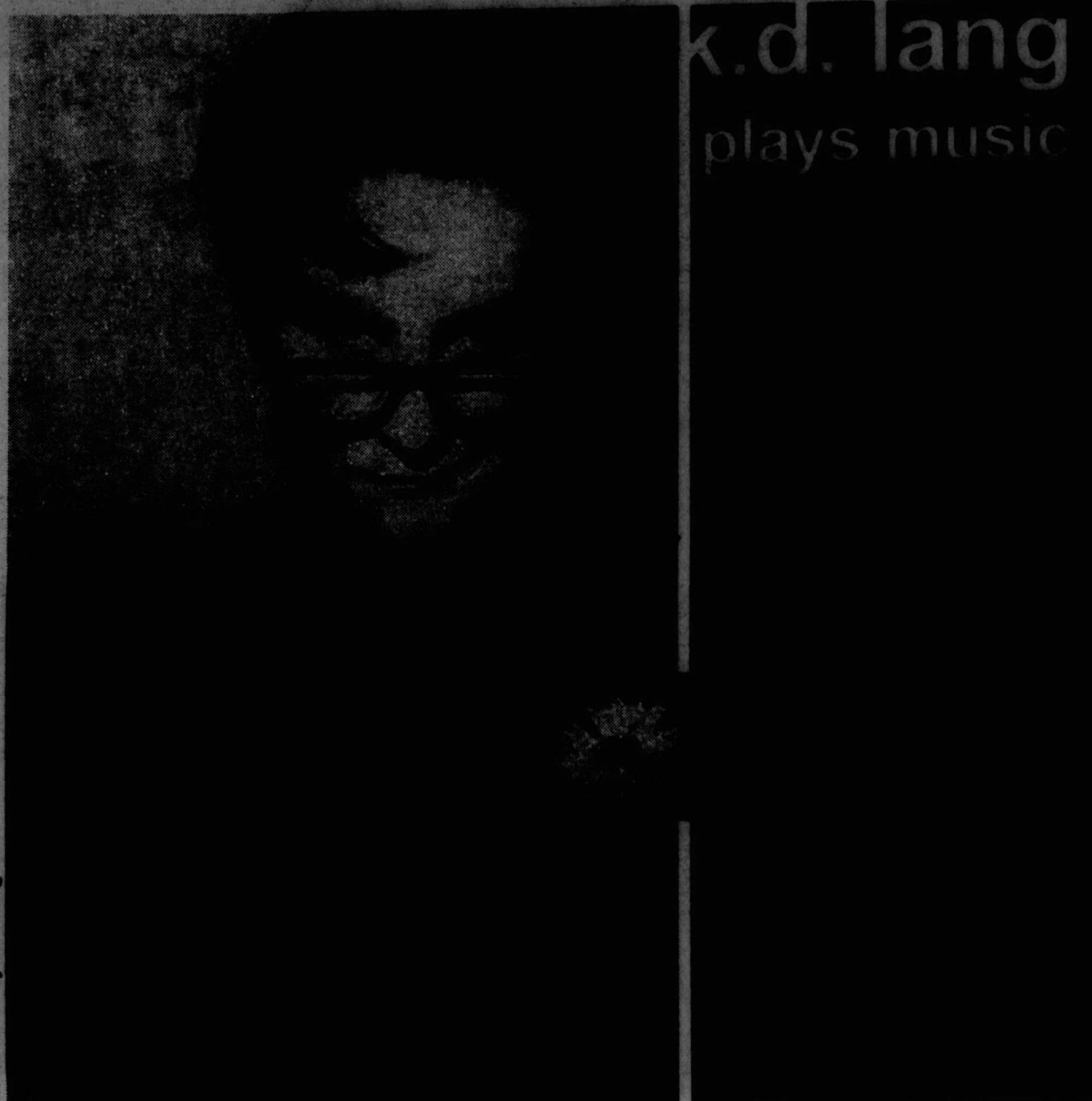
Dmitri: Yeah, we've been doing this for three decades or so, so it's a compendium of a lot of different shows we've done over the years. And we thought this would be a good time to do something like that. So we have improvisational juggling, *The Gamble* and we also play music. We do an old thing we did from our first Broadway show called *The Danger Trick*, which is where we juggle nine different objects and sort of describe them. We do a Polish-Appalachian clog dance, which is not seen too often anymore. And it's actually a really wonderful, wonderful fun show.

LJ: What has been your greatest achievement as Dmitri, one of the *Flying Karamazov Bros.*?

Dmitri: Well, I think it has been to sort of meld the world of literature and theatre and vaudeville into sort of a seamless whole.

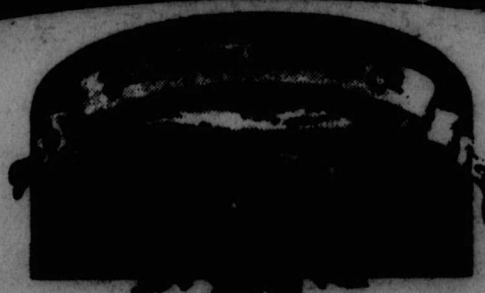
From the streets of San Francisco to the stages of Broadway the Flying Karamazov Bros. have performed from Israel to the Netherlands to your very own Humboldt State University. The brothers will be laughing in the face of danger twice on Saturday, September 6 at 3 PM and 7 PM in the Van Duzer Theatre. Tickets are \$25 for the masses, \$20 for the elderly, and \$15 for the students.

Photo courtesy of k.d. lang



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Mario Golf: Toadstool Tour Gamecube

Golfing video games have generally been the butt of every joke, but this is no joke my friends, Mario Golf: Toadstool Tour is a totally awesome game!

Granted it could have been a lot better had the designers gotten more creative, but as it is Mario Golf is addictive, difficult and fun.

The box said that there would be Chomps and stuff jumping out of sandtraps but I didn't see anything of the sort. The only thing that sets this apart from other golfing games is that it is easy to play and instead of some white guy in slacks you've got Mario, Luigi and all of the Super Mario Bros. staples, even a few new ones including Waluigi. I know I hated the character too at first but he danced and yelled his way into my heart.

Regular Luigi stood out though, on the character selection screen just set it on his character and watch him dance his pixelated little heart out and then you can stand up and dance too!

There is a bunch of characters to choose from including that pink dude who shoots balls from Super Mario Bros. 2 and the Koopa Troopa.

I played the tournament game and got stuck on course four, it's impossible. If there was a camera in my room while I was attempting this course there would have been many bleeps of profanity and childish displays of aggression towards inanimate objects within my fists reach. Lots of "What's wrong with you Wario?!" and "Oh great, yeah, just hit into the water, who cares? Not Princess Toadstool!"

I'd suggest renting this game before you make any impulse buys, it's a good game but it's not great. They should have designed special levels for each character, like lava levels and the like, but it's all just fairways and greens as far as my wireless controller can see.

So get out of the pro-shop and onto the 1st hole because it's time for Mario Golf: Toadstool Tour, fore!

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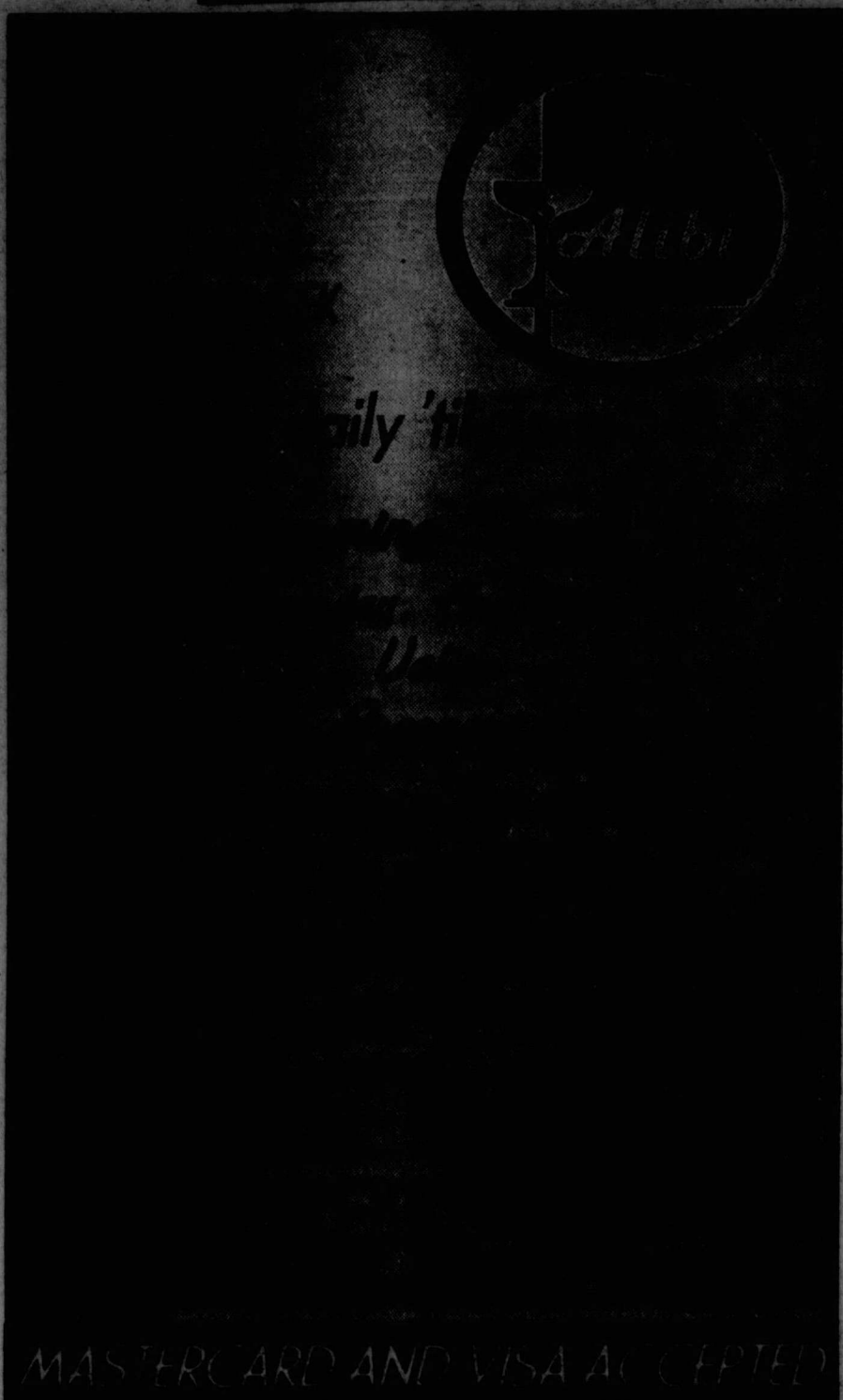
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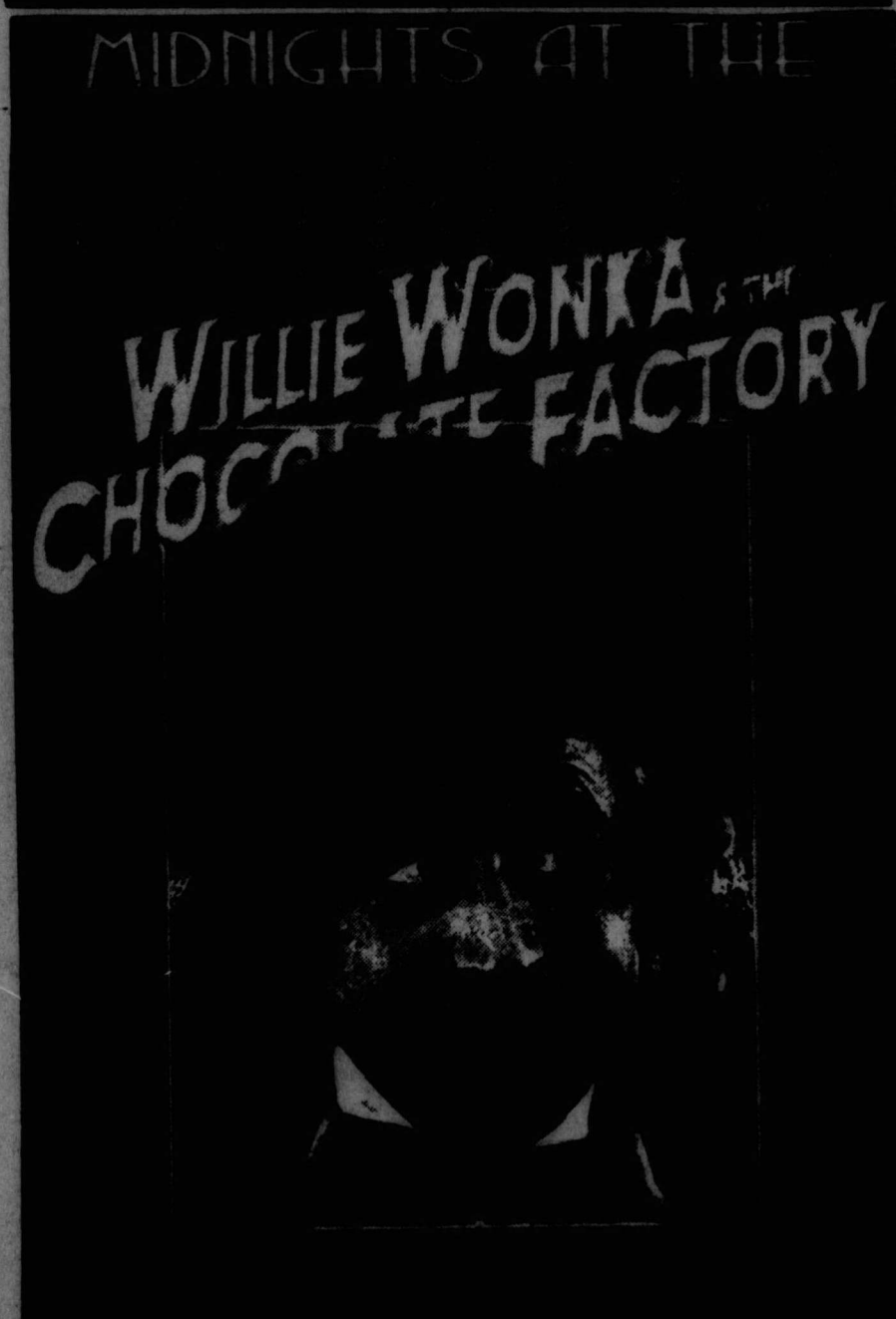
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Photo by Michael Schneider

IN ARCATA

THE WORKS

The Works is your stereotypical independent record store. Their selection of vinyl is top-notch for such a secluded area and their CD selection is nothing to scoff at. Their record bins have been known to reveal a gem or too, I personally have found Tiny Tim's first album and Motley Crue's "Shout at the Devil," among others. If you're looking for new CDs this is the first place to turn, they usually have all the mainstream stuff as well as a small selection of hard to find albums. The employees are generally good people but sometimes they can get caught up in the coolness of working at a record shop and can be a bit snobbish, but I don't hold it against them because I would totally act the same way. The biggest problem with The Works is that they don't separate their new acquired vinyl from the hundreds of other LPs they've had for 10 years, so everytime you go in there you have to scour the bins. It feels good to find something hidden in there, though.

PEOPLE'S RECORDS

This might just be the best record store in Humboldt County. The workers are totally awesome, they stock rare and hard-to-find records AND they're the only place you can regularly find new vinyl. The only problem with People's is that it is regularly raided by music junkies leaving slim pickins for the late. You can also easily order anything you want like long gone records and CDs. Although many-a-times I've put in an order for something and their dealer comes up with nothing, usually because the press of the record was miniscule. If you're one of those people who needs music, then People's Records is really the only place you need to shop for good music. If you're looking for seven inches, look no further than People's, they've got new ones coming in all the time and they have a decent selection of older 45s. I don't recommend purchasing your new CDs from here as more often than not, they cost much more than some of the higher profile stores.

THE METRO

Honestly, I've only been in this shop a few times. I walked in and asked "Do you got any vinyl?" They said no and I said have a nice life. But I've been in a few times afterwards hawking goods, there's always a bunch of people in there buying all the hot new CDs. The Metro is good for new music I suppose. Every time I've called inquiring about music, I'm always met with confusion and questions like "Are you sure that's a band?" This shop is like the mainstream music stop. But as mainstream as the Metro is, they have inherited some of the bad things about independent shops, such as snotty workers. When the photographer was trying to take pictures for this article, he was met with hostility! Calm down guys, it's just a camera. There are good things about The Metro though, they probably have lower prices for their CDs and in the end that's all that really matters.

Waterline Drift at Six Rivers

By Jen McFerrin



If you're free tomorrow night and you're sick of the same old bands playing at your favorite watering hole, come to Six Rivers in McKinleyville. San Diego based Waterline Drift will touch down in Humboldt County for a stop on their west-coast tour. Sometimes loud, sometimes soft and dreamy, Waterline Drift creates a unique mixture of melodic guitar, ambient soundscapes, analog noise, and vocal harmonies. The band seems to pick up where Brit-Pop left off in the early '90s. They cite some of their biggest influences as Ride, The Cure and Pink Floyd.

Forming in the fall of 1999, they've moved swiftly through the ranks of the local music scene. Known for their dynamic live performances, Waterline Drift has opened for numerous international touring acts such as Mark Gardener (Ride), Luna, Rasputina, No Knife, Tristeza, The Album Leaf, and Ilya.

Named as one of the top ten bands in San Diego by San Diego City Beat, Waterline Drift's performance will leave you wanting more. Which isn't a bad thing, because it's good for you. And because they've just released, "The New Shape of Your Head," which you can buy directly from www.waterlinedrift.com or pick up at Six Rivers when they play tomorrow night.

Cuckoo's Nest will play from 7:30 to 9:30. Waterline Drift will start up at 9:30

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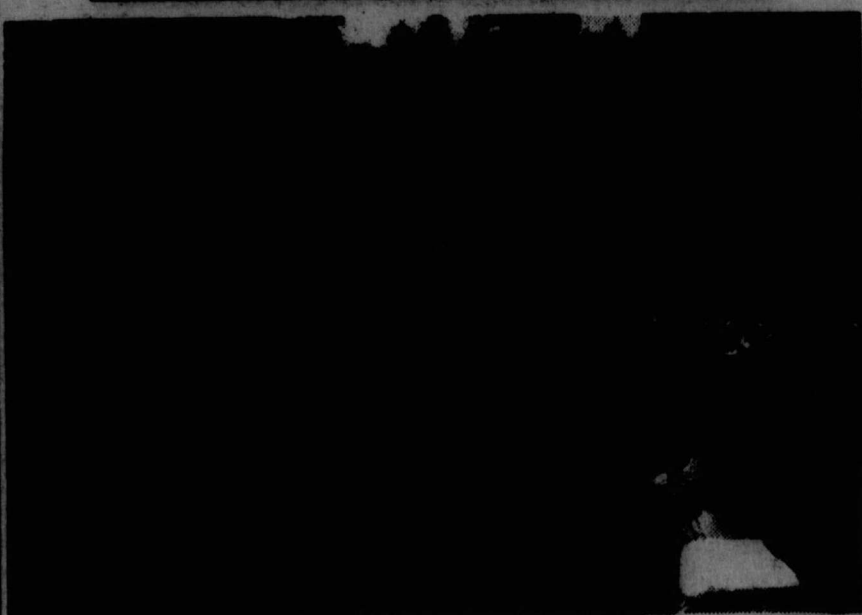
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MUSIC RE VIEWS

Photo courtesy of NilsLofgren.com



Grin

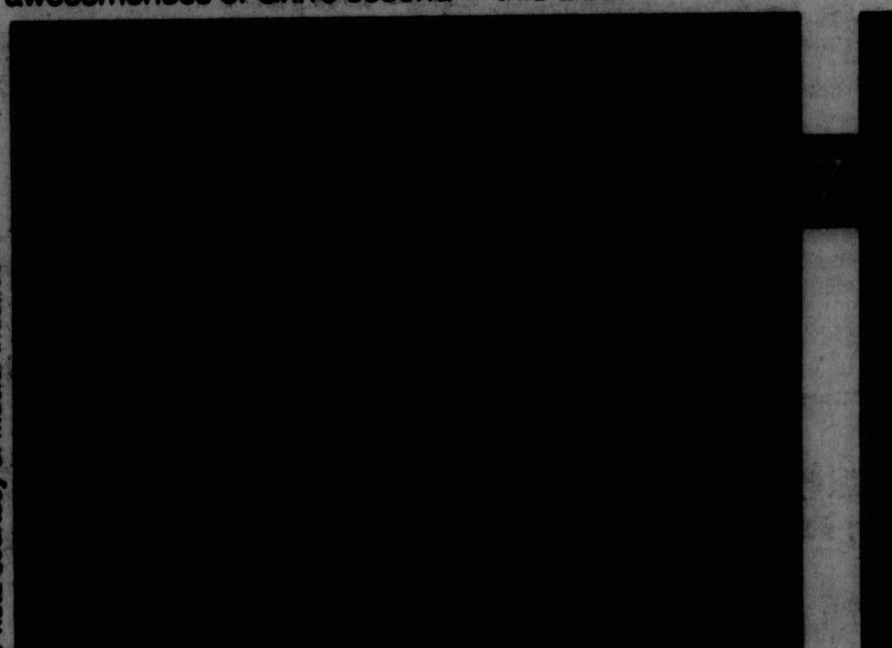
1+1

Columbia Records

Nils Lofgren man. This album
is so out of this world. Side
one of the record is "Rockin"
while side two proclaims itself
the "Dreamin'" side. And that's
what both sides are! The first
side is totally rocking, totally!
It's the kind of rocking where
you put your head down and
shake it a bit while you're
pumping your fist in the air,
it gives me goosebumps
just thinking about the
awesomeness of Grin's second

album 1+1. And as you would
have guessed it side two is
totally sweet. There's this one
song about losing a girl's
number and you're totally
like, "Yeah, I dig where you're
coming from Nils." Every song
on this album is a classic, I'm
into every song, start to finish.
After Grin Nils Lofgren went on
to do a bunch of solo albums,
most of which don't come
close to the music or lyrics of
this album.

Photo courtesy of MusicFinder.com



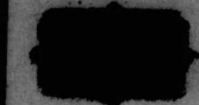
"Weird Al"
Yankovic
Poodle Hat
Volcano Records

I can't say anything bad about
"Weird Al" Yankovic. I respect
him too much as a human
being and plus I think he
might be Jesus in disguise.
His new album Poodle Hat is

good, but is it as good as his
heyday? Unfortunately, no. But
every single song he parodies
comes out a hundred times
better than the original. Plus
he's Weird Al, come on.



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The Rachel W/ Colelaw & Horseradish Cheddar	\$6.95
Pastrami Melt W/ Kraut, Sm. Gouda & Onion	\$6.95
Cold Pastrami W/ Horseradish Cheddar & Mayo	\$6.50
Pastrami Ranch W/ Swiss, Kraut & 1,000 Isls	\$6.50
Tofu Ranch Same As Above, Sub Herb Tofu	\$6.25

BURGERS

(Substitute Beef Or Garden At No Additional Charge)
All Burgers are served with lettuce, tomato, onion and A
Crisp pickle spear. Additional Toppings: \$1.00. Choice of
Cheese, Jalapenos, Sautéed Onions, Sautéed Mushrooms, Bacon,
& Avocado. *(Current Available Upon Request)*

Traditional Burger 9 OZ. Cooked to Perfection	\$5.25
Swiss Mushroom Burger Sautéed Mushrooms & Swiss	\$5.95
Arcata Burger Bacon, Avo. & Choice of Cheese	\$6.95
Southwest Burger Jalapenos, Sautéed Onions & Jack Cheese	\$5.95
BBQ Bacon Burger BBQ, Onions, Bacon & Choice of Cheese	\$6.50
Grilled Ahi Fillet Grilled Ahi Tuna Fillet w/ Red Chili Aioli	\$5.95

**Authentic Philadelphia Style Cheese
Steaks (Not an Imitation)**

	6"	12"
Traditional #1 Sautéed Onions & American	\$5.50	\$10.25
Traditional #2 Sautéed Onions, Swiss & Provolone	\$5.50	\$10.25
Traditional #3 Jack Cheese, Sautéed Onions, Jalapenos & Mushrooms	\$5.95	\$11.00
Flame Steak Marinara, Onions, Mozzarella & Provolone	\$5.50	\$10.25
Boy Steak Marinara Soy Chunks, Onions, Swiss & Provolone	\$5.50	\$10.25

Appetizers

Homemade Mozzarella Sticks (5)	\$5.95
Homemade Sm. Gouda Sticks (5)	\$5.95
Garlic Bread	\$2.50

Sides

Meatballs	\$2.95
French Fries	\$2.95
Cheese Fries (Choice Cheese \$5.45)	\$4.25
Ranch Dressing	\$5.50
Marinara	\$5.50
House BBQ	\$5.50

Salads

Salad Dressings: Balsamic Vinaigrette, Egg-Less
Caesar, Ranch, Thousand Island, Honey Dijon

Chef Salad Fresh romaine topped with Carrot, Tomatoes,
Onion Ham, Turkey, Pepperoncini Salsami and Provolone
Served W/ choice dressing \$8.25

Mediterranean Salad Mixed Greens W/ Artichoke
Hearts, Kalamata Olives, Roasted Garlic, Carrots, Onions,
Tomatoes tossed in our house Vinaigrette dressed W/ Feta and
Parm. \$6.95

Caesar Salad Romaine, Tomatoes, Carrots, Onions &
Croutons tossed in our House Caesar Dressing \$5.50

Side Salad Mixed Greens, Tomato, Onion, Carrots and
Croutons Served W/ Choice Of Dressing \$2.75

Deli Salads	mini	large
Traditional Colelaw	\$1.50	\$3.00
Potato Salad	\$1.75	\$3.25

Soup Du Jour See server for details

PIZZA

Choice Toppings: Extra Cheese,
Mushrooms, Garlic, Red Onions, Black Olives, Kalamata Olives,
Red Bell Peppers, Spinach, Sun Dried Tomatoes, Fresh
Tomatoes, Artichoke Hearts, Pesto, Pepperoncini's, Jalapenos,
Fresh Basil, Pepperoni, Ham, Bacon, Meatballs, Sausage,
Anchovy's, Roasted Garlic, Olive Tapenade, Ricotta Cheese,
Pineapple, Feta Cheese, Tofu & Soy Chunks.

Larm cheese 16"	\$9.95
Extra toppings:	\$1.50 each
Super Slice	\$2.25
Slice Du Jour	\$2.95
Any Toppings on our Super Slice is only	\$3.35

**Specialty Pizzas and House
Suggestions**

Mediterranean Artichoke Hearts, Kalamata Olives,
Feta Cheese, Spinach, Fresh Tomato, Fresh Basil, Red Onion,
Roasted Garlic, Marinara and a Dusting of Mozzarella &
Parmesan Cheese \$15.25

Hawaiian Ham, Pineapple, Red Onions, Marinara &
Mozzarella \$12.95

Anti-Veggie Ham, Bacon, Sausage, Pepperoni,
Meatballs, Red Onion, Marinara & Mozzarella \$14.95

Veggie-Veggie Onions, Sun dried Tomatoes, Red Bell
Peppers, Mushrooms, Tomato, Spinach, Basil, Olives, Roasted
Garlic, Artichoke Hearts & Mozzarella \$15.25

White Pizza Traditional Style. Roasted Garlic, Olives,
Basil, Spinach, Red Onions, Tomato (It does not have marinara
sauce and it's also a cheese-less pizza) \$12.95

Garlic Lovers Roasted Garlic, Artichoke Hearts, Basil,
Sun Dried Tomatoes, Smoked Gouda, Marinara, Mozzarella
\$14.75

The Gotti Spinach, Roasted Red Bell Peppers, Sun Dried
Tomatoes, Mozzarella, Feta, Pesto & Dusted W/ Parm. \$14.95

Specialty Sandwiches

Sandwiches are served with lettuce, sprouts, tomato, onion, a
Crisp pickle spear and choice of bread. Bread choices are: Loz
Bagels Rye, Vodka's sliced Sourdough, and Brio whole wheat
bread.

Cheese Choices: Provolone, Mozzarella, Monaster,
Smoked Gouda, Jack, Horseradish Cheddar, American, Feta,
Jarlsberg, and Organic Cheddar

Cold Ham and Swiss W/ Mayo & Choice of Bread \$5.90

Cold Local Albacore Tuna Salad W/ Tuna Salad,
Choice Of Cheese & Bread \$6.95

Cold Organic Turkey Salad W/ Turkey Salad, Choice
of Cheese & Bread \$6.95

Tuna Melt W/ Tuna Salad, Choice of Cheese & Bread
\$6.95

Turkey Melt W/ Turkey Salad, Choice of Cheese & Bread
\$6.95

Meaty Marvin W/ Cold Roast Beef, Colelaw, Choice of
Cheese & Bread \$6.25

Hot Roast Beef W/ Grilled Onions, Horseradish Cheddar &
served on a Brio Roll \$6.25

Mediterranean Turkey W/ Olive Tapenade, Feta, Organic
Turkey & served on Whole Wheat Bread \$6.50

Adams Famous Turkey W/ Tomato, Feta, Basil, Spinach
& served on Sourdough Bread \$6.25

Adams Famous Tofu W/ The above but Substituted with
Herb Tofu \$5.95

Terrific Turkey W/ Stuffing, Mayo, Cranberry Sauce &
served On a Brio Roll \$6.50

B.L.T. Traditional W/ Bacon and Mayo & Served on
Sourdough Bread \$4.95

California Club W/ Turkey, Bacon, Avocado, Mayo &
Served on Sourdough Bread \$6.95

Arcata Club W/ Herb Tofu, Marinara Soy Chunks,
Avocado, Mayo & Served on Sourdough Bread \$6.75

Grilled Cheese And Tomato W/ Choice of 2 Cheeses &
Served On Sourdough Bread \$4.25

Herb Tofu Sandwich W/ Herb Tofu, Avocado, Sprouts
Garlic Spread & Served On Whole Wheat Bread \$6.25

Calzones (Additional Toppings \$2.75)

Basil Cheese, Spinach, Mozzarella & Ricotta Served W/ Side of
Marinara \$7.95

Panzerotti (Additional Toppings \$2.50) A Panzerotti is a
large delicious ravioli-like pocket of pizza. It is stuffed with
Marinara, Mozzarella, Fresh Garlic & Basil. Folded, crimped
and lightly fried; essentially, this is the Italian Burrito.
\$6.95

**Cold Subs (All subs served with lettuce,
tomato, sprouts and onion
accompanied with a Crisp pickle spear.)**

6" 12"
Smoked Local Tuna Salad Sub W/ Choice
of Cheese & Mayo \$5.95 \$13.50

Organic Turkey Salad Sub W/ Choice of
Cheese & Mayo \$5.95 \$13.50

Ham Sub W/ Choice of Cheese & Mayo
\$5.50 \$9.50

Roast Beef Sub W/ Choice of Cheese & Mayo
\$5.95 \$10.95

Turkey Sub W/ Choice of Cheese & Mayo
\$5.95 \$10.95

Tofu Sub W/ Roasted Garlic Spread Choice of Cheese &
Avo. \$6.50 \$12.25

Traditional Italian Sub W/ Salsami, Ham,
Provolone, Herb, Salt, Pepper, Pepperoncini's, Oil, Vinegar,
Mayo & Sprouts \$6.25 \$12.00

Hot Grinders

(All Grinders Served with a Crisp Pickle Spear)

6" 12"
Meatball Grinder \$5.50 \$9.95

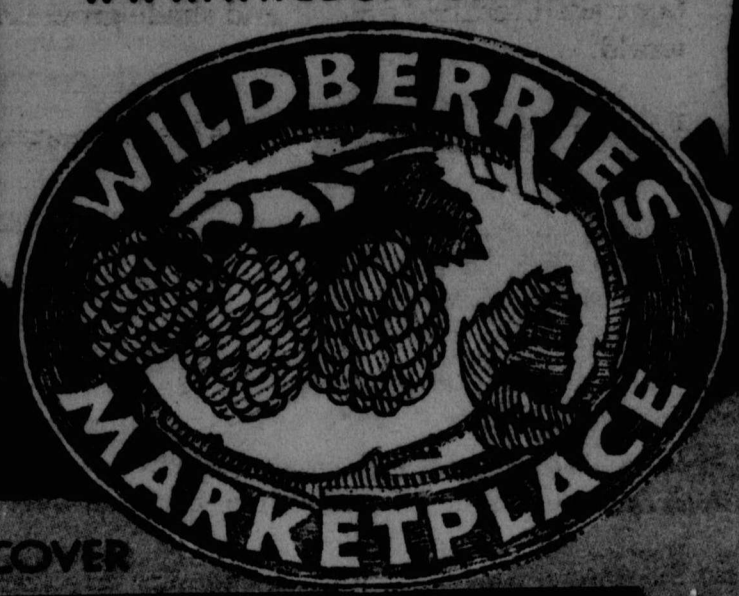
Hot Ham and Swiss Served W/ Mayo, Lettuce
Tomato, Onion, Sprouts \$6.75 \$10.25

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(Last year we made 70,000 pounds of it)

It's amazing what we can do together. Last year, Sacred Grounds roasted 70,000 pounds of certified organic coffee, representing almost one square mile of sustainable land use.

Thanks to you, our customers and friends, we are able to continue supporting fair traded, certified organic and shade grown coffee production in the developing world.

Want to know why we think this is so important? Take a look and see for yourself.

What is Organic Coffee?

Coffee is the second most traded commodity in the world—and it is damaging our planet. That's because commercial coffee is also one of the world's most sprayed crops, and its fields are encroaching on thousands of acres of virgin rain forest.

Organic coffee, however, is grown *without* the dangerous pesticides and chemical fertilizers that are commonly used on large, commercial plantations. Instead, it is grown sustainably, with attention paid to the health of people and the environment.



Why Certify?

Without certification, organic coffee would not exist. Organic coffee produces less yield per acre than commercial coffee, and consumes more time and labor. The certification process is also long, complicated, and expensive. But, without organic certification, the small farmers who grow organic coffee would never get paid for their efforts. Furthermore, certification is the only way to defend the meaning of the term "organic" in the marketplace. Anyone can say that their coffee is organic, but certification is the only way to *guarantee* that the coffee we sell is exactly what we say it is—100% organic.

That's why we are happy to submit to the audits and on-site inspections of Quality Assurance International— and proud that all of our coffee is certified organic.



Save the Forest?

Many forces contribute to the destruction of the rain forests and coffee is one of them. Millions of acres are devoted to growing row upon row of commercial coffee, creating an ecological desert.

That's why Sacred Grounds buys *nothing but* shade-grown coffee. Shade-grown coffee is grown under diversified shade cover—in and around the existing forest that is the natural habitat of hundreds of species of migratory song birds. These same birds, in turn, act as a natural defense against the bugs and pests that can ruin a coffee crop. Shade-grown coffee protects the great forests and the creatures that need the rain forests to survive...including people like us.



The Human Equation...

Let's face it. Money talks. Yet, for millions of third-world farmers, it stays eerily silent. The very people who produce some of our favorite things live in abject poverty. How can we expect them to think of things like "the environment" when they are starving? Obviously, *something* has to change.

That's why Sacred Grounds was one of the very first members of TransFair USA, an independent, nonprofit organization that promotes Fair Trade across the globe. Fair Trade improves the lives of small coffee farmers by guaranteeing them a fair price for their coffee, regardless of the ever changing price of coffee on Wall Street. Fair Trade promotes self-reliance and equality through fair market practices.

Sacred Grounds Coffee is available by the pound at our downtown cafe, the Arcata and Eureka Co-ops, Wildberries Marketplace, Murphy's Markets, and other fine food stores. Our coffee is now served at Windows Cafe at Humboldt State University, as well as at our downtown cafe and fine eating establishments.

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*Note: The University's annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus, in certain off-campus buildings or property owned or controlled by Humboldt State University and on public property within, or immediately adjacent to and accessible from the campus. The report also includes institutional policies concerning campus security, such as policies regarding alcohol and drug use, crime prevention, the reporting of crimes, sexual assault and other matters. You can obtain a copy of this report by contacting the University Police Department or by accessing the following website: <http://www.humboldt.edu/~hsupd>

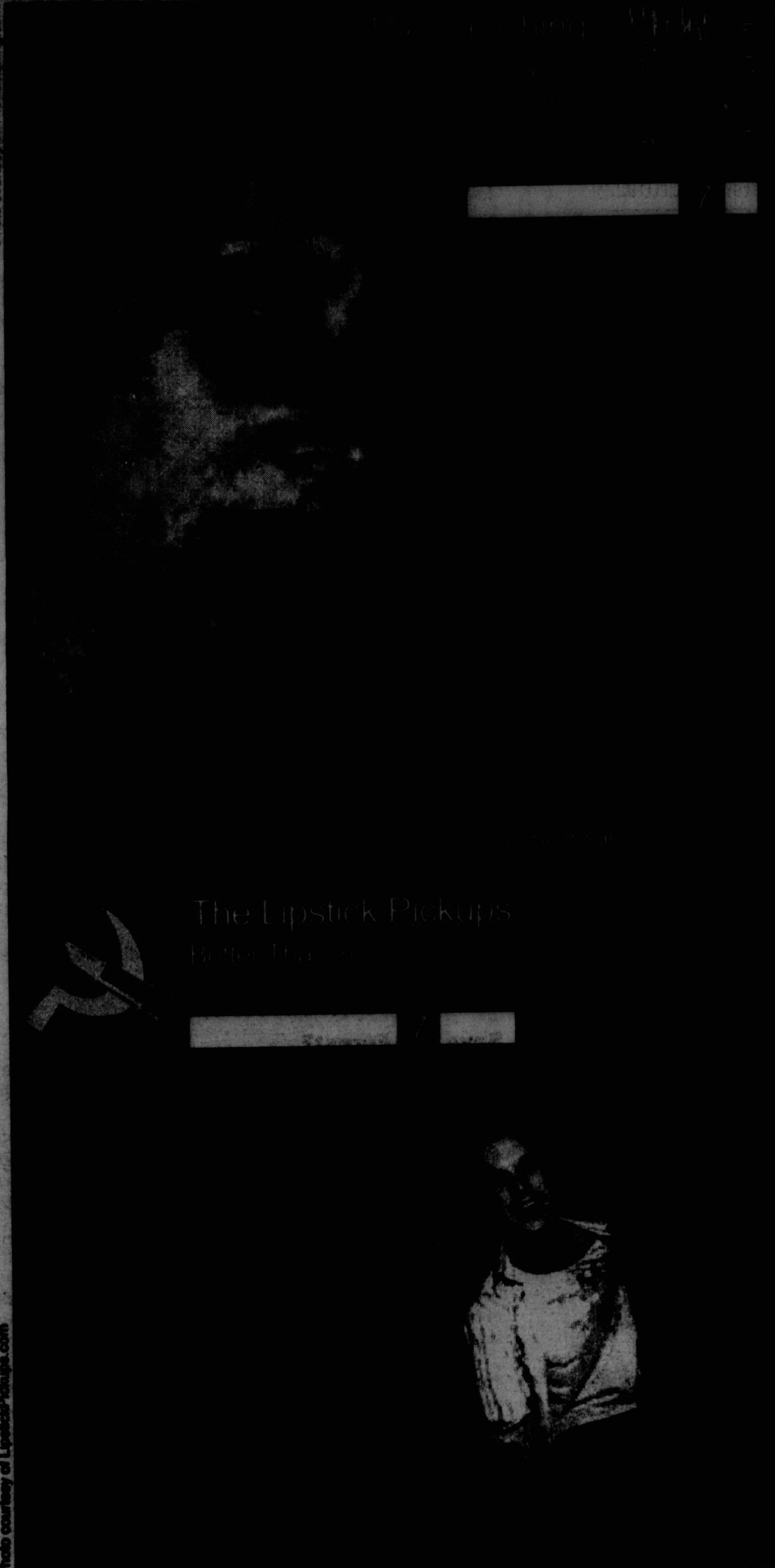
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MUSIC RE VIEWS

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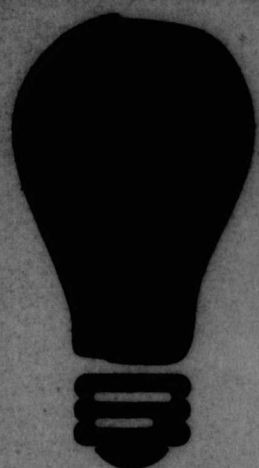


The Lipstick Pickups
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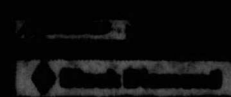
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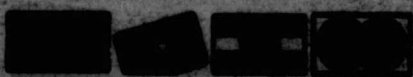
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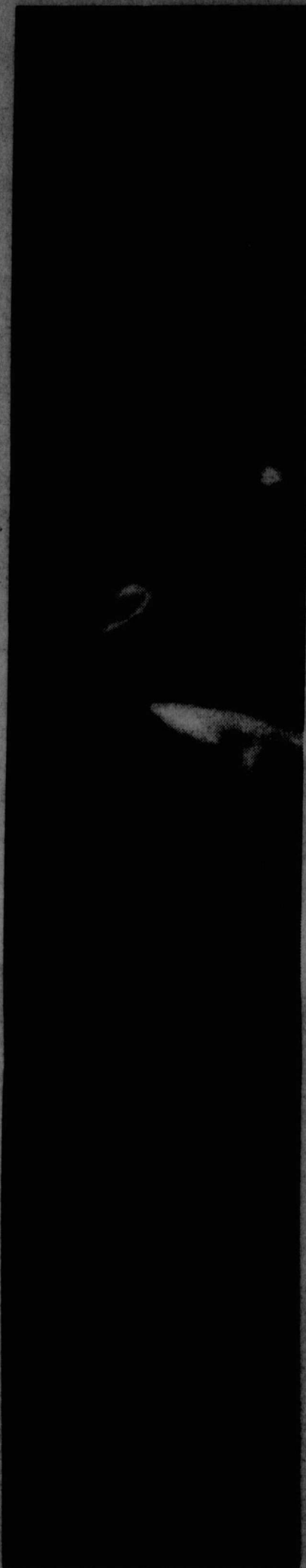
James/Chastell exit, across from North Coast Inn



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MUSIC RE VIEWS



4

Here's what this record is like. It's like when you go to a party and the host keeps asking, "Are you having fun?" And you politely say, "Yeah," but in your head you're like "This totally blows, I've gotta get out of here." This album is trying so god damn hard to have fun, every song is yelling "Look over here, we're having fun!" And you look back and you're like "No you're not, you guys are stupid." They even conned Jack White from the White Stripes to lend his vocals to the song "Danger! High Voltage," it's the best song on the album and it still sucks. The singer, Dick Valentine, kills it for me. I just want to go up to him, put a hand on his shoulder and say, "Dude, that's enough." And he'd nod knowingly and walk away, disappearing into the night.

Sean Bohman



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MUSIC RE VIEWS



The Neptunes
Present...Clones
Star Trak



8

The Neptunes are like King Midas only everything they touch turns into awesome instead of gold. This compilation featuring the likes of Busta, Nelly, Snoop and the long-awaited return of Ol' Dirt Bastard, under his new moniker Dirt McGirt, was obviously touched by the kings of the beat, Pharrel Williams and Chad Hugo. A large chunk of my decision to buy this was ODB's return, and while his song "Pop Shit" is good, it doesn't match anything from his sophomore album "Nigga Please." Nearly all of the Neptunes produced tracks are "bumping" as they say, but the standout track "Hot" belongs to an unknown named Rosco P. Coldchain. The beat sounds like it was borrowed from the Beastie Boys "Paul Revere" but with an appearance by Pusha T from Clipse it totally sets it above the rest of the pack. So just spare yourself some unwanted humiliation and buy this CD, you really can't go wrong with The Neptunes.

Sean Bohrman



Photo courtesy of MusicEmissions.com

"Taste the Secret" provides the perfect soundtrack for the perpetual debate about "conscious eating" that is so frequent in classes, conversations and mischievous chalk graffiti on the UC Quad. The concept album takes listeners through a hilarious account of the fictitious fast food joint Meat Shake. Specializing in chicken, pork, and steak shakes, the restaurant runs into trouble when a conflict with its neighborhood rival Veggie Hut escalates out of control. Laced between the storyline, glimpses of quality hip-hop appear in tracks, such as "La Revolucion" and "Opening Act," a term that is apparently associated with the group regularly. If you feel like getting a good laugh, check 'em out.

Matt Crawford

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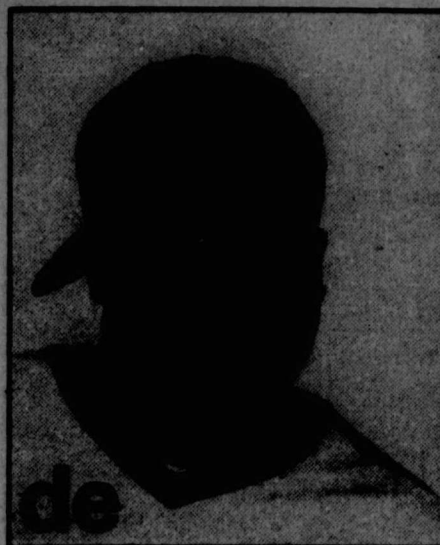
The Redwood Peace and Justice Center is a nonprofit community project which provides a resource network and physical space to support local organizations and individuals committed to education and action to human rights, social justice, and peace.

To hell in a handbasket

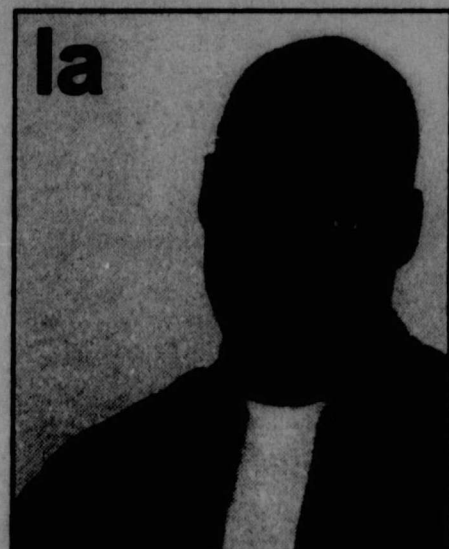
Freddy and Jason have a party

By [illegible]

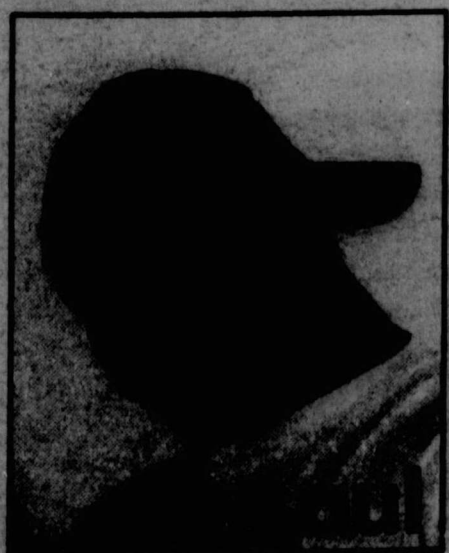




They blew up with "Me, Myself and I" and then they blew up again a decade or so later with "Oooh." Now get ready for them to explode all over Humboldt State! Wednesday, September 3 at 8 PM in the Kate Buchanan Room the Long Island trio De La Soul brings their neo-psychedelic collage of samples and styles straight to your backyard. Experience one of hip-hop's most creative voices live up close and personal.



Opening the show will be the quirky, jazz-influenced alternative rap-trio Ugly Duckling, and Quannum recording artist, Lifesavas. Tickets for this Associated Students show are \$30 for the commoners and \$20 for the enrolled commoners. Tickets are available at the university Ticket Office at HSU, the Works in Eureka/Arcata and The Metro. For more information call CenterArts at 826-3928.



ASK THE PASTOR

This column is published by the Pastor's Ministry of Arcata First Baptist Church. Please direct comments and questions you'd like the column to address to askthepastor@firstbaptist.org.
Dr. Clay Ford, Pastor

QUESTION: Do you have any advice for Christian students just starting out at HSU?

ANSWER: YES. I believe that the Old Testament prophet Daniel and his three friends, Shadrach, Meshach and Abednego, provide an excellent model for Christian students at HSU and other secular universities. Nebuchadnezzar, Emperor of Babylon, conquered the Israelites around 605 BC. His strategy was to bring to Babylon young people from the royal family and nobility who had aptitude for learning and who showed promise for service in the kingdom. These youth, including Daniel and his friends, were to be trained for three years in the language and culture of Babylon, and all kinds of literature and learning.

The Bible says that from the beginning Daniel "resolved not to defile himself", meaning that, even when he was learning all he could about every subject placed before him, he did not compromise his faith in God or his commitment to biblical values. Daniel and his friends were excellent students, and at the end of the three a year training period, the emperor found that in every matter of wisdom and understanding they were "ten times better" than all the other advisers in the whole kingdom.

I believe Daniel and his friends provide excellent role models for Christian students in a pluralistic university setting. Often Christians who move to Humboldt come out of Christian homes, Christian youth groups, and often Christian schools or home schools where their faith and world view are supported. Then, coming to HSU, they are taken from their supportive and familiar environment and thrust into a pluralistic environment that is sometimes, if not often, hostile to their faith in God, their world view, and many of the values they cherish. It is vitally important for you as a Christian student, while pursuing excellence in your studies, to follow Daniels, example by "resolving not to defile yourself." In other words, don't be intimidated into compromising who you are as a follower of Christ; don't give up your faith in God and the authority of the Scriptures; and resolve to continue to live by biblical moral values. But do so in a spirit of humility and respect toward those with whom you disagree. Be bold but in a winsome and not obnoxious or self-righteous way.

HSU has a great deal to offer, both academically and otherwise. There are some tremendous professors and a rich diversity of viewpoints that will cause you to think, to be stretched in often positive ways. On the other hand, you need to know that your faith is going to be severely assaulted. Some professors and students are deeply hostile to Christian faith and values, and though the HSU community espouses open-mindedness and tolerance, often these virtues are sorely lacking when Christianity is discussed.

Peer pressure to conform to the "political correctness" agenda is very high at HSU. How can a Christian student deal with such things? Again, by following the example of Daniel and his friends. **First**, keep your trust in God. **Second**, get plugged into Christian fellowship immediately. You will not have the strength to maintain your faith on your own. **Third**, don't compromise; be humble yet winsomely bold. And **fourth**, enjoy the journey, trusting God to work in and through your life in powerful ways. Because Daniel and his friends honored God, He raised them up to positions of prominence where they had an enormous impact not only on emperors but on the entire Babylonian and Medo-Persian empires.

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KABOOM!

S.W.A.T. will blow you up

By Luis Molina EDITOR IN CHIEF

With so many crappy films out this year — like Terminator 3, Open Range, and The Hulk —, S.W.A.T. is not so bad. The action is overblown, the acting is one dimensional and the plot is predictable, but it makes you eat a lot of popcorn, and that is all the writers have set out to do in their last three films.

The film is based on the corny '70s show most of us watched on Saturday mornings. The film is the series extended to two hours with cussing and gut splattering. Most of the characters have the same names in the series and film. The only difference is that in the series it was all about Dan "Hondo" Harrelson (Steve Forrest) and David "Deacon" Kay, and now it is Hondo (Samuel L. Jackson) and Jim Street (Collin Farrell).

S.W.A.T. was mostly a showcase for Farrell, whose character devises the plans and weapons that the team uses.

Farrell's acting was subpar, unemotional and boring. Other actors didn't fare any better. LL Cool J (Deacon "Deke" Kaye) and Michelle Rodriguez (Chris Sanchez) were in the film mostly for eye candy purposes. There is not much to say about their acting. One thing that struck me as odd was LL Cool J didn't lick his lips even once. The director must have bought him some lip gloss or something.

I was expecting a better performance from Samuel L. Jackson. I think he saw the Die Hard trilogy too many times before the filming because it he seemed like a bad carbon copy of Bruce Willis's John McClane.

The premise of S.W.A.T. is pretty simple: major drug lord is captured by the Los Angeles Police Department because he had a broken taillight. By the way, I swear that is how they catch every major crime lord. You get one botched-escape attempt after another until a neophyte unit successfully transports him to Folsom State Prison. Throw a little bit of betrayal, some rookies and explosions in a crowded city, and that is pretty much the plot.

Like I said, the plot was predictable. A bright spot in the story line of this popcorn film is how it displayed human greed. OK, it also had great explosions and a cool fight near train tracks.

S.W.A.T. is an uneventful way to spend a bored Saturday afternoon. It will make you eat some popcorn and realize that Collin Farrell does have an accent.

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'Jack Football 2003



The 'Jacks offensive line continues its efforts to improve on its blocking skills during summer camp on Redwood Bowl. The 'Jacks were last in the Great Northwest Athletic Conference in rushing yards gained last season (899 yds.) The 'Jacks have three returning starters on the offensive line Gabe Guzman, Cory White and Ken Tinkham all of whom started during different periods of last season. The 'Jacks first game will be at home against Western Oregon Saturday Sept. 6 at 1 p.m.

photos by Michael Schnitzer

by Charlene Murphy
Sports Editor

The 'Jacks are ranked last in Great Northwest Athletic Conference Coaches Poll, however, players and coaches insist this years squad is better than last season's 1-10 team.

Despite the 'Jacks sub par 2002 season, head Coach Doug Adkins believes his squad has improved.

"We are going to be a much better team," said Adkins. "We have always been competitive, we just hope we can push it up a notch."

Adkins is heading into his fourth season as head coach at HSU and has yet to earn a winning record in a season. He has compiled a mere nine wins versus 24 losses in that time span.

Not only does Adkins have much to prove this year but the new additions to the coaching staff do as well. Adkins and one assistant coach are the only two remaining members from the 2002 coaching staff.

With the absence of defense coordinator Reggie Bolton, Adkins has stepped back into the defensive coordinator position where he is most experienced, and where he said he would much rather be.

Bob Owens, former head coach at Whittier College, takes over the offensive side of the ball for the 'Jacks. He will utilize the same offense that he and Adkins were familiar with when they were both assistants at University of Nevada- Reno.

Other additions to the coaching staff are former Lumberjack alums Nick Mitchell and Jason White who return to HSU from other coaching arenas.

"The players are responding well to the new coaching staff," Adkins said. "Change in a coaching staff is sometimes a new chance for some players."

In the recruiting department Adkins and staff have made it a point to recruit younger talent contrary to what they have done in the past.

"We have significantly recruited for the future," said Adkins. "We would like to make that transition into a freshman program."

Only at specific positions were junior college transfers recruited and are most identifiable on the offensive line and linebacker positions.

Last season the 'Jacks experienced rushing woes on both sides of the ball only gaining 899 yards and giving up a conference high 2310 yards. The 'Jacks major focus of summer camp was to get better at running the ball, said Adkins.

"We need to improve on rush offense and rush defense," said Adkins. "We have to play better running defense."

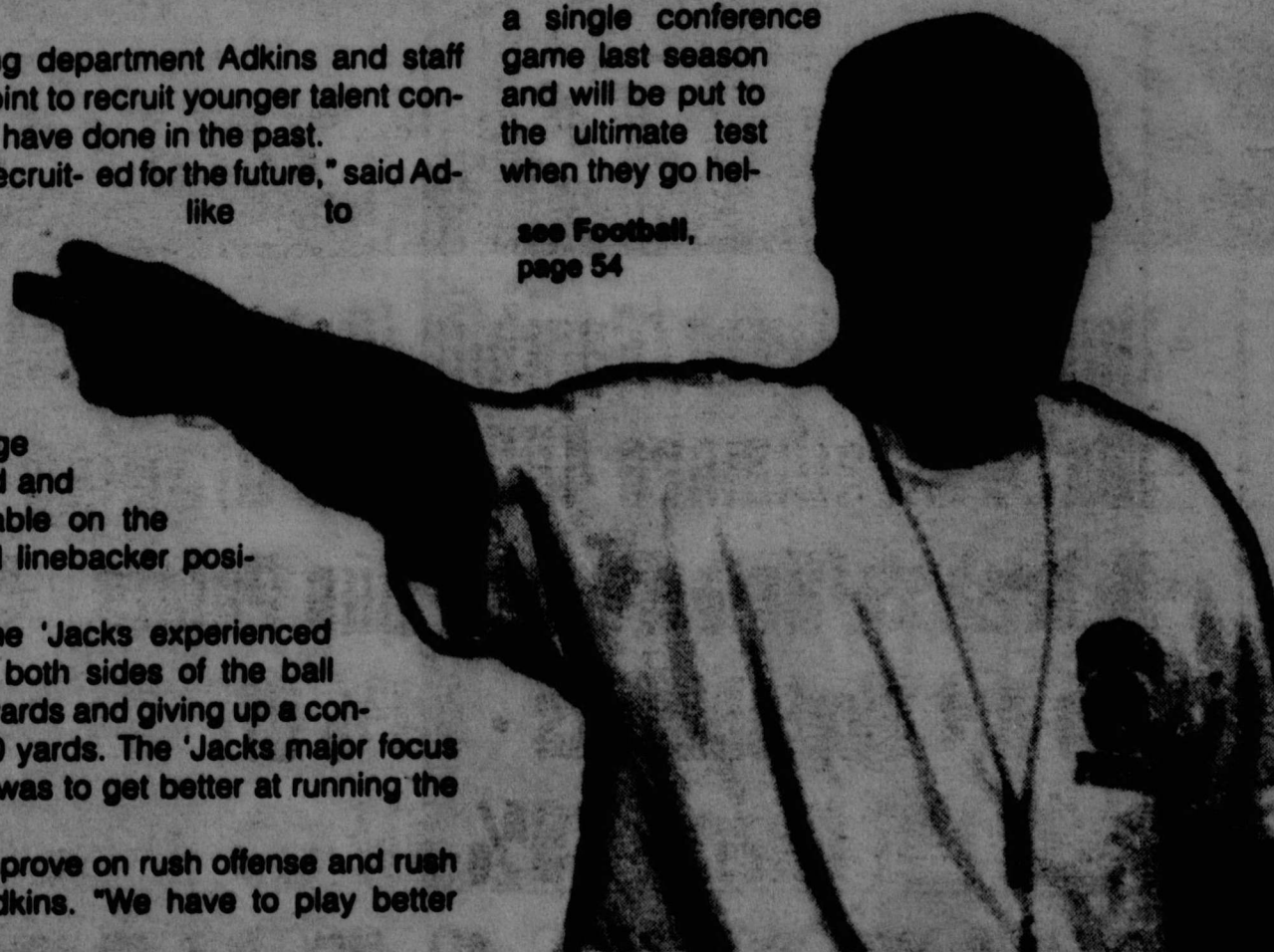
Adkins said there was not one particular part of the offense to blame.

The 'Jacks have made it an emphasis to run the ball more this season said Adkins.

"Our passing attack has been our bread and butter," said Adkins. "But we need to run the football more."

The 'Jacks did not win a single conference game last season and will be put to the ultimate test when they go hel-

see Football,
page 54



Head Coach Doug Adkins

sports

Football: continued

the ninth in the country, according to Preseason 2003 AFCA Division II College Football Poll.

Following is a position-by-position overview of the 'Jacks personnel courtesy of HSU Sports Information.

Wide Receivers

The receiving corps carries the most experience into fall camp, with two-time all-GNAC player Dustin Creager returning for his junior season and Brent Adkins back for his senior campaign. Last season the pair caught a combined 114 passes for 1,504 yards.

Seniors Chris White had a solid campaign last fall and newcomers Brandon Wetzel (Southern Methodist), Kamal Goomansingh (Long Beach JC), and redshirt Sean Quincey (Hartnell JC) add instant experience.

Offensive Line

The offensive line returns five experienced lumberjacks led by seniors Gabe Guzman, Cory White and Ken Tinkham, all of whom were starters during their junior seasons. Newcomers include Chris Wallace (6-2, 280, Butte JC), Jason Root (6-4, 300, Sierra JC) and College of the Redwoods transfer Rob Dressel (6-1, 275). A freshman who'll get a close look in practice is Matt Sims (6-2, 240).

"I like this group's work ethic," Adkins said. "The ones who were here early had a great spring. They're going to be a very physical group of players."

All-conference tight end John Otterness suffered an off-season injury that will keep him out of action, leaving the position wide open. Senior Christian Bloomquist, formerly a wide receiver, has added weight and muscle mass, and may challenge for

the starting assignment.

Running Backs

The Jacks will have to get used to life without Mitch Jones, as the three-year starter moved on after last season. Senior Corey Smith is one of two returning Jacks that saw action last season, the other being fellow senior Keith Arakaki. Perhaps the leading candidate is Adrian Waddy, a former Palomar JC standout who used a medical redshirt last year. Others competing for playing time will be Kyle Killingsworth (College of the Redwoods) and Rashad Gunn (Mt. SAC JC).

Quarterbacks

Chris Dixon returns for his senior campaign following an up-and-down junior season that finished on the high side. In the Jacks' season finale, Dixon passed for a school record 455 yards against Division IAA Sacramento State, earning national DII Player of the Week honors. Junior Jason Baughman and freshman JD Hellinger are both coming off of redshirt seasons and are expected to challenge for playing time. Patrick Lane is the lone newcomer.

Linebackers

Tim White is the team's top returning tackler with 99 tackles and will lead the Jacks into battle for his senior season. Senior Travis Kinyon is another returning starter and expectations are high for sophomore Brandon Wigton. Fred Victor played a back up role last season.

Nick White, who moves in from the secondary, and Markeese Wilson will add depth to a competitive position. Newcomers Felix Bobo (Riverside JC), Chad Macomber (Grossmont JC), Chris White (St. Mary's HS) and Johnny Terrell (Oakland HS) are others who will get a closer look.

Defensive Backs

The defensive backs will anchor the Lumberjack defense, providing an area of rare depth and experience. Seniors Cody Killingsworth, Mohammed Muheize and Adrian Blanson all have been starters, and Justin Graham started all 11 games last season. Emmitt Bowman and Chris Padilla, will provide depth. Gordon Brown, Thomas Tucker, Johnny Walker, Dwight Clark, Steve Smith and KeJuan Bullard are all coming off redshirt seasons and will compete for time. Newcomers include Zolton Thornton (San Pedro JC), Deville Seamster (U. of Idaho) and Alex Blanco (Santa Ana JC).

Defensive Line

A sometimes porous defensive line suffered more personnel losses in the off-season, but has a sound foundation in three veteran players. Zach Weinberger (6-0, 280, SR), Kevin Ashton (6-0, 265, SR) and Sean Sherbert (6-5, 230, SO) worked hard in the spring and will provide that nucleus. Tom Connolly saw significant time last season. Brian Johnson, is coming off a redshirt season and should compete for a starting spot, along with newcomers Adam Fain (Fresno JC), Chris Lovejoy (Glendale JC), Marcus Armstrong (Shasta JC), Set Perez (San Dimas HS), Adam Maser (Sutter HS) and Desmond Maxwell (Pomona JC).

Kicking Game

Tim Wilson, a transfer from Santa Margarita JC, is expected to handle the punting chores, while Ben Peterson, a redshirt freshman and Francisco Castellan, out of Contra Costa JC, will compete for place kicker duties.

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2003 Women's Volleyball Preview

by Charlene Murphy
Sports Editor

Head Coach Sue Woodstra returns this year for her second season as head coach of the HSU women's volleyball team and expects to see much improvement from last season's 5-21 record.

"I think our team is better than last year's team," said Woodstra. "We have more experience, better depth and better knowledge of the game."

Prior to Woodstra's arrival from Florida State University, the HSU volleyball programs foundation was slowly crumbling.

The 'Jacks experienced two different coaching staffs and accumulated only eight wins and 44 losses in the two seasons before Woodstra took over.

Since Woodstra has taken the reins, the 'Jacks have been making strides to rebuild the reputation of Lumberjack volleyball.

"There was a lot of change-over prior to when I came in," said Woodstra.

In addition to the absence of a permanent coaching staff the players had missed out on two spring training seasons, which Woodstra said hurt the program in the long run.

"Since Sue (Woodstra) arrived there is more structure in our practices, more conditioning and discipline," said senior middle backer Vescinda Alvord.

Spring training is a time when the fall sports teams regroup and begin to work on individual skills, team skills and strength and conditioning for the next season.

"We really focused on conditioning this spring," said Woodstra.

Woodstra believes the players' lack of overall fitness and conditioning was the 'Jacks major pitfall last season.

She said the players' fitness level was the critical factor in the number of five game match losses the team experienced.

During the 2002 season the 'Jacks only won two of the nine-five game matches.

"We really worked hard over the spring," said junior middle blocker Erin Jackson.

"We were on the track nearly everyday. It was really intense."

Twelve players from last season's squad return for the 2003 season.

"It's the same team as last season plus two more," said Jackson. "The only difference is we are more physically and mentally prepared."

The new additions to the team are freshman middle blocker Erin Phillips (5'11) and junior setter Lissa Danielson (5'7).

In addition to the extra work to extra work the 'Jacks put in during spring training Woodstra expects with Phillips and Danielson on the roster, the 'Jacks will be more competitive this season.

She hopes the squad will be able to be more explosive over a longer period of time.

"We are the smallest team in the conference," said Woodstra. "We need to maximize every touch on the ball."

Woodstra is banking on the play of her four seniors. Outside hitters Julia Shaw and Rachael Halverson led the team in kills last season.

Great Northwest Athletic Conference all-conference libero Kandis Benton was second in conference digs and middle backer Vescinda Alvord who played in over 90 percent of the contests last year.

"I am looking for them (the seniors) to be forceful this season," said Woodstra.

The 'Jacks are tied for the eighth spot in the GNAC Coaches Poll with North West Nazarene.

Woodstra says she has no real interest in where the 'Jacks are ranked.

"The most important thing is what you do on the court everyday," said Woodstra. "Sometimes you can't measure yourself by other people. You can only measure yourself by yourself."

Shortly the 'Jacks will know how they measure up to both UC Davis and San Francisco State, in the UC Davis Tournament on August 29 and 30. Last season the 'Jacks lost to both teams in the 2002 season.

photo by Michael Schnitzer



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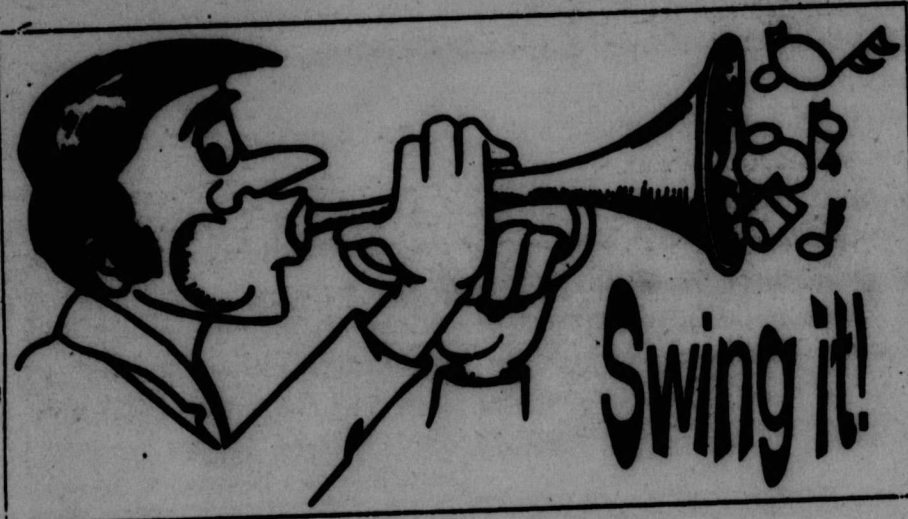
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Sports clips

compiled by Charlene Murphy

'Jacks' will induct 1 team, 5 players to Hall of Fame

Athletic excellence spanning the past three decades will be honored when Humboldt State Athletics inducts five individuals and one complete team into its Hall of Fame this fall.

During homecoming festivities on Oct. 11, former playing great Tonia Coleman, Jennifer Fritz, Chris Butterfield, Dave Colley and Brent Wissenback be added to the list of Lumberjack legends. They'll be formally inducted into the HSU Athletics Hall of Fame along with the 1973 HSU volleyball team during a celebration banquet the previous evening.

Williams 2003 All American

After a stellar season for a 44-19 Lumberjack team, Humboldt State University center fielder Andrea Williams was named to the National Fastpitch Coaches Association All-America third team.

Williams led HSU's softball team to a third place finish at the NCAA West Region Tournament. Williams hit .340 on the season and led the team in homeruns with nine, triples with seven, RBI with 53, slugging percentage at .577 and stolen bases with 22.

Williams was a first-team All-West region pick, a West Region All-Tournament Team pick, a first-team all-conference pick and named the Great Northwest Athletic Conference Player of the Year.

The junior team captain will be back to man the outfield for her senior campaign next season. Williams is the 27th softball All-American coached by head coach Frank Cheek.

V8 Rowers take third at championship

In their first NCAA Championship appearance HSU's rowers finished third in the varsity eight grand final.

Humboldt's time was an all-time course record for the Jacks. In fourth place it was Mercyhurst coming in at 7:11.03.

There was also a spares pair race that the NCAA put together in which the Jacks finished third behind the University of Southern California and Yale University.

Nick Mitchell returns to coach at HSU

Former HSU defensive-back Nick Mitchell has been selected as the Lumberjacks' new defensive coach.

Mitchell returns to HSU after coaching stints at Eastern New Mexico University and Contra Costa College. He served two years as defensive backs coach and West Coast recruiting coordinator at ENMU before taking on similar roles and also serving as co-head coach at Contra Costa the past two years.

Men's b-ball looks to future

HSU men's basketball added even more talent to an already respected squad with the signing of six recruits during the winter and spring. Brief bios of each are below:

Jordan Feramisco

Feramisco has been two-year standout at Palomar JC following a celebrated prep career at Torrey Pines High School in San Diego. Feramisco averaged 17 points, 6 rebounds and 3.5 assists per game for the Comets at Palomar JC.

Kojuan Johnson

Johnson, a 6'3 shooting guard, brings scoring and ball-handling ability to the lineup. During the season, Johnson averaged 19.8 points per game and grabbed 6.2 rebounds per contest. He also dished 4.1 assists per game while coming away with 2.6 steals.

Keith Spencer

Spencer, a 6'7 forward, earned Player of the Year honors in the Mesa League. During the season Spencer averaged 18.7 points and 9.8 rebounds per game for the Eastlake Titans. He also contributed 3.6 blocked shots and 3.4 assists per game.

Jeremiah Ward

Ward, a 6'0 point guard, earned first team All-Citrus League honors while starring for Division I-AA AB Miller High of Fontana.

Ward averaged 21.5 points and 5 assists per game. He scored 16 points in the San Bernardino County all-star game.

Will Sheufelt

Sheufelt, a 6'3 guard, averaged 21.6 points and four assists per game for the Oakmont Vikings. During his prep career, Sheufelt gained a reputation for last-second heroics on offense while also establishing himself as a solid defender.

Broderick Johnson

Johnson held the point guard spot on the Washington Union High School of Fresno team last year, helping lead the Panthers to the Valley Championship.

Carlos Corral

Corral, a 6'2 guard, earned All-CIF San Diego Section honors in Division III and was also chosen to the Imperial Valley all-league team. During his senior season at Brawley High School, Corral averaged 15.7 points, 7.2 rebounds and 6.8 assists per game.

Information courtesy of
HSU Sports Information

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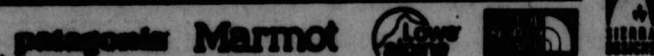


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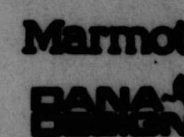


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opinion

NEWS FROM AROUND HUMBOLDT

The Lumberjack Editorial

It is OK. No need to worry. Our money is safeguarded against any wrongdoing. The administration and the California State University Chancellor's Office are handling the situation. These 60-something-year-old white men know exactly what you need right now in these perilous times. Especially since most of our options are being cut off as you read.

The situation — which only is going to get worse — doesn't require any students who will be affected to join any Associated Student's committee or act like watch dogs over the scant money that is being spent. The administration does not need any enthusiastic intelligent college students messing in their affairs. Hell, be sure not to take any more class because it will bring money to the school in the future.

Clearly, the CSU administrators have had a firm grip on how California's economy has worked over the last 10 years. They couldn't have known that the state stopped profiting off of the capital gains tax or the fall of the dot goners would affect the CSU system or that California's economy was going to go down with the other 49 states. Oh yeah, Enron, that was good for the state budget, right? We think so. So does our beloved governor as fortune may have it lose his job. After all he has done for the CSU, we think he should stay... in Pelican Bay.

They haven't known for the last couple of years that the CSU system was going to grow 7 percent. They have proved that they can and will plan for your future, while putting the bill on students' backs. That is a good thing.

The less effort you put into your education, the more you will get out of it. At least that is what the CSU system wants you to think, if not they would ask for your opinion.

Moron-ator rants on Govern-ator

A porn star, an Austrian body builder and an out-of-work midget actor walk into a bar in Sacramento. No, it is not a bad joke. These are our candidates for the governorship of the great state of California in its first recall election. Now, the election is hilarious.

The list of candidates reads longer than Schindler's list, except some of these candidates should be fed to the Gestapo.

How can anyone take this election serious when one of the major candidates announced he was running on "The Tonight Show with Jay Leno?" Everyone knows important news is announced on "Late Night with Conan O'Brien" and you have insult the Comic Dog doing play-by-play commentary.

How could someone look forward to this when one of the few people who are competent enough to bring California out of this funk it is in didn't run because the Terminator decided to run? I am talking about Richard Riordan.

I know he is a Republican, but it is just a front. He is a Democrat at heart. When Los Angeles was hurting from the '92 riot, he was able to restore civility, strengthen the city's economy and gave

more funds to Los Angeles Police Department so the officers could do their jobs, supported poor bus riders in their campaign against the Metro Transit Authority. He only asked for \$1 a term. He served two.

Now we get to choose between someone who will pump us up, someone who is not qualified to be around watermelons (Leo Gallagher) and someone who has enormous watermelons — Ange-lyne. In this category Mare Carey, who is the other porn star on the ballot, gets an honorable mention.

I figure if Arnie does win, the work-shortage problem California is facing will be fixed. We will all get jobs in the movies!

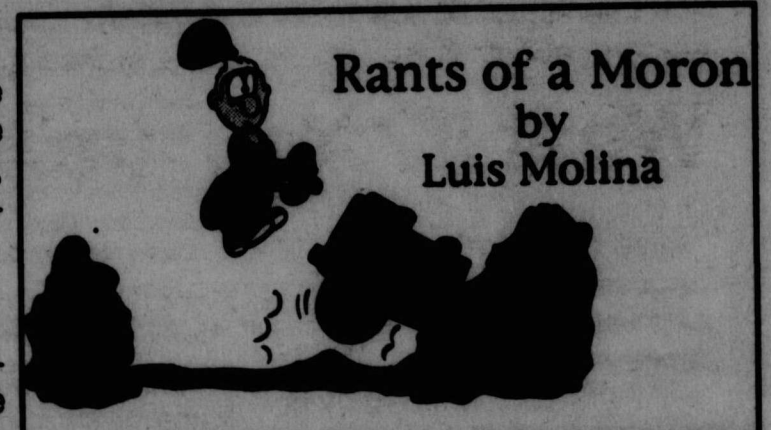
The ballot — which will be thicker than the phone book and Wilt Chamberlains little black book combined — is missing the quintessential Californian. Mickey Mouse is missing from the candidate list. He should have run; he was born in California — as opposed to Austria. He built an empire and has

never cheated on his wife. OK, maybe he should run for president.

How could I forget about Gary Coleman? He has been in the media eye since he was 3 feet tall. OK, he has only grown a couple inches since then but he might do the job. He can't do any worse than Gray Davis.

He could get Jimmie J.J. Walker to be his lieutenant governor. Then we could change our slogan from "The Bear Republic" to "Dy-nomite!"

Honestly, deep down in my



heart I am a sucker for the first amendment. It is pretty hard not to vote for one of the greatest First Amendment supporters of all time. Please vote for Larry Flint. He is a "smut peddler who cares."

Luis Molina is the Editor-in-Chief and will cast his vote for anyone having anything to do with smut or big meins.

Fantasy Footballers Cast Your Bet on this

To let all the opinion readers know, I will not be writing columns like those that have been published in past opinion sections. If someone writes to me though, and has something to say, I will gladly respond.

But the more pressing issue right now is the upcoming NFL season. Fantasy footballers open your eyes and read closely.

Your first round pick this year should be Randy Moss. He wasn't happy last year in Minnesota but this preseason

has shown that he has more desire to be a great player. (Did you see his hitch-and-go against Oakland or how he missed Woodson in the end-zone?)

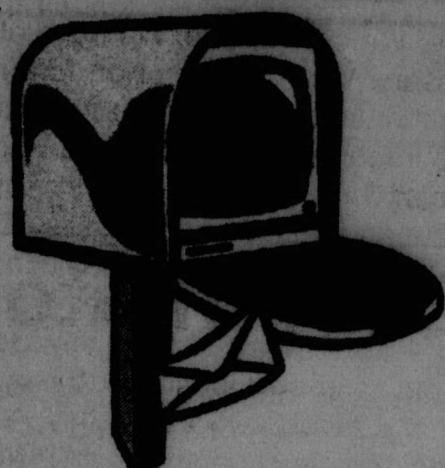
And it's not like Culpepper is not anxious to up his average QB rating (75.8) and average amount of TD's last year (18).

Your first RB picked should be LaDainian or Ricky Williams.

Brees is in his second full season starting, Marty is in his 2nd full season as head

coach and Marty-ball will be played it's most efficiently this year. And that David Boston guy is going to catch a few passes which will open the running game up to extents that San Diego has never seen before. He led the NFL in yards two seasons ago before he was injured. Expect him to be in the same race this year.

Your first QB should be Gannon if he's on the board. He is like Marino of old when he threw for 5,000. He still has the same offense from last year and even more, potent ones this year.



LETTER TO THE EDITOR

I am writing this letter as a follow-up to two letters (Jan 22 and April 30) which I wrote last Spring semester pertaining to child abuse and the academic and professional worlds of the social and psychological sciences. The reason why I wrote those letters is because I plan to give two presentations at HSU during this academic year. The letters were for the purpose of gaining the attention and interest of Lumberjack readers about these pre-

sentations.

The first presentation will be near the end of this semester and it will be titled "How I Became a Semantic Wild Child and a Victim Without a Culture." The other presentation will be near the end of next semester and called "Survivor Myth, Survivor Image, Survivor Reality: seeking the truth about victims and survivors of child abuse."

A year from now I expect to be on the major television news journals, CBS "60 Minutes"; NBC "Dateline," and ABC "20/20." The reason why I expect this is because I am going to launch a media news story: "Survivor of child abuse claims to be 50 years ahead of cutting-

edge social and psychological sciences in understanding the effects of child abuse." I will announce that it is going to take a Nobel prize-winning type effort to understand the enigmatic effects of child abuse, and why this effort is needed. I will explain that no such organized effort currently exists, and I will share my detailed plans for organizing and funding such an effort.

Usually in the sciences, when someone claims to be 50 years or more ahead of their time, they are expected to publish lengthy articles in major scientific journals to substantiate their claims. And then the rest of the scientific and academic communities wait for such articles to be pub-

lished in periodicals which appear in university libraries. But I have no intention of taking that route. If journals want to publish what I have to say in my presentations, then that is fine. But, I expect to be on national television long before they get around to realizing that I am 50 years ahead of academics who publish and read those journals.

I don't need publication in any major journals to show that I am 50 years ahead of the cutting-edges in the social and psychological sciences. All I need is 400 words in my next Lumberjack letter 30 days from now.

Orion Palomar
Eureka Resident

What if? You are too dependent on your cell

I've been thinking a lot about cell phones lately; the pros, the cons and generally the aspects of their existence.

To what extent are they necessary, if at all?

The growing American sentiment is a resounding gimme, gimme, gimme. The most notable rationalization of cell phone use is based in the 'what if?' What if my car breaks down, I witness a crime, I get lost in the woods and I don't know whether to pick up red or white wine? What if?

Can you hear me now? Read on.

Let's think back before the times of cell phone abundance: dare I say before the 1990s? A time when people got up off of their asses, made decisions without incessant deliberation and did something. If they didn't know exactly what to do they figured it out.

These days people are under the misconception that cell phones give them independence. Leave your worries behind because anything you could possibly need; be it the police or a pizza, is as close as your cell phone. Safety-net notions provide an excuse for ignorance.

Parents rest assured when their teenage child has a cell. Heaven-forbid Timmy should run into car trouble. With a cell, he could call his parents or a mechanic.

What about teaching Timmy a little about car maintenance? Instead he's sent on his merry, ecstasy-induced, uninformed way, knowing only how to get the Volvo wagon from point A to point B. Everything else can be solved with a cell phone.

Speaking of people in altered

states, I recently went out dancing with some pals. I glanced over to where one of my friends sat alone, her head bowed with her eyes cast toward her lap. My initial response was, "what's wrong?"

Upon closer examination I realized that she was staring down at her cell phone, apparently checking a text message, too consumed with the 'what if' to have fun at the moment. My concern turned to a mixture of pity and frustration.

The likes of me are losing the fight. More people everyday- 150 million Americans and counting - are buying into and declaring that their cell phone is a necessity; something that they can't do without. Advertising tempts us to join them, like a hypnotist swinging a watch side to side before our eyes, reciting the 'what if's.'

When I feel myself growing weak, I escape to a dream world where cell phones don't exist. All of the cell phone gabbers that I encounter in public places are actually talking to themselves and are therefore mentally ill.

I suggest everyone try it.

"Hi, I'm on campus. Campus! Yeah! Where are you? Where!? Oh. With who? Who!? Oh. I'm going to buy my psychology book. My psychology..."

The show really begins when hand-free headsets take the stage. The talker is then able to charge full steam ahead, arms swinging by their sides freely, with unfocused eyes darting about wildly under their wrinkled brow while they bellow the ravings of tweaker-transient faire.

This imagination exercise usually snaps me out of my zombie-like acceptance zone. But how long can one hold out?

I realize that my views on this topic are generally unpopular. People tell me that cell phones save lives, save money and relationships. But what if the cost is the path to codependence and blissful ignorance? What if?



Staff Column

Helen Sanderson is a copy chief at The Lumberjack. She wrote a series of cell-phone stories for The North Coast Journal. Her preferred method of communication is yelling.

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CORRECTIONS

opinion

Direct Democracy Now!



When the first Europeans first started communicating with the Navajo Indians, they were surprised that there were no homeless in their communities. In fact the Navajo did not even have a word for homeless.

It was later found out that the Navajo could not bare the shame of having anyone in their community homeless.

I wish the university system could say the same about the word layoff — It can. Some professors on campus are trying to prove this by volunteering some of their hours in hopes that their coworkers can keep their livelihoods.

I applaud their sacrifice and courage, however I think they are not recognizing their true power. To me these professors are taking a similar action as those, including myself, who do not buy clothing made in sweat shops, buy products taken from the rainforests, etc.

These attempts are almost insignificant to the greater good because they do not include the whole community in the responsibility and the shame. The community I am speaking of is the United States.

There needs to come a

goods made from rainforest products obtained from clear-cutting redwoods etc or to stop. We must accept or deny the privileges we have accrued as a unit. Face the shame.

Personally, I generally believe that all people would vote their conscience when it involved overpowering another human. As a side note, I hold the nations that import ill-gotten goods equally responsible as those where the goods are produced.

I do not understand how ultra-conservatives and republicans (If there ever was a democratic party I would add them) can comprehend that corporations affect the decisions made by OUR government, but cannot understand how their personal decisions affect the rest of the world or at least their friends.

It is a privilege to even say that we should pursue anything, and so many say it without thinking once about the power of the United States. It is one thing to pursue your whatever, but it is missing a step to attempt this without understanding the process that allows one too. Of course I am guilty of this.

Let's face it; it is a privilege to attend a university or at least the ones that do not attempt to be the long arm of the corporate state. Obviously it gives us power over those of us who do not have the means to attend, not to mention the

personal empowerment. I would go even further to say it is a privilege to do anything

in the current governing structure that requires power at every turn.

It must also be noted

that I do not believe democracy is freedom. Freedom is freedom. But, I am trying to do what I can with what is happening. In hopes to one day see a more refined democracy such as bioregional democracy, which strays as far away as possible to our current capital driven representative democracy.

I don't know about you, but I don't need a representative and I don't even have a Ph.D. I don't think our faculty, staff and administrators need one either. We have already lost 40-50 teachers. That is too many. Without education there is no democracy. Without understanding our own power and privilege there is no justice.

I want to suggest that all of the administrators faculty, students and staff that believe in justice to organize and decide what is important in furthering our education, with the

means available. We can do this. We have all the tools necessary. We have an open forum that will fit the entire student body, the football field. And more importantly we have the portal through we can vote, the computer. It takes pennies to create and maintain a web site. Of course, each vote will be weighed equally and we do not need any outside influence. From there we will be able to simultaneously get what we want out of our education and exercise our power in a productive way.

As a final note, this is not an attack on President Richmond and all of what I have said directly comes from the power and privilege of others and myself.

Matthew Mais is the managing editor and would like to thank his teacher, Maestra Hilda Elisa Villavicencio Aguilar for helping him understand his power and privilege.

Should I be a journalist?

Here I am embarking on what will be my first real "journalism" work, and I already find myself wondering, do I really want to do this? What I mean is, am I sure I actually want to be a journalist, given what today's mainstream mass media has become?

I have only been a journalism major for about eight months now, but over that time I have come to the conclusion that mainstream media has become a negative force in America, manipulating our fears and failing in its primary role in a free-speech society.

Our nation's founding fathers recognized that a free press is critical in a democracy, which is why the First Amendment to the Constitution expressly forbids congress from making any laws restricting freedom of the press. Because of this freedom, the press plays an important role as a watchdog on the government. In fact, the press is often called the "fourth estate," acting as another branch of government in the system of checks and balances.

However, it seems to me that mainstream media has lost sight of this. The way George W. Bush, Dick Cheney, John Ashcroft, and company have been running things, this is a time when America desperately needs the media to keep the government honest. Instead, media has almost become an agent of the Bush Administration. Leading up to and during the war in Iraq, the media practically became a public relations firm for the White House, gobbling up every press release Ari Fleischer gave them. Newspapers and 24-hour news stations were infatuated with the term "shock-and-awe." News of anti-war rallies was downplayed by nearly every major media outlet. The San Francisco Chronicle even went so far as to claim that the number of people at a February anti-war march in San Francisco was over-estimated by a factor of four.

The Jessica Lynch story may have been worst example. It broke in the news as an inspiring, heroic rescue story that would boost the morale of the entire country. The story included everything from Lynch's never-say-die

firefight with Iraqi troops to an Iraqi civilian's thirty mile round trip walk from the hospital to tell American troops where they could find her.

As it turned out, much of the story was fabricated. Lynch was not shot or stabbed, as had been reported, but injured in a car accident. Her own family denied reports that she had amnesia. Despite these and other revelations, mass media still gave Lynch a hero's welcome when she returned home.

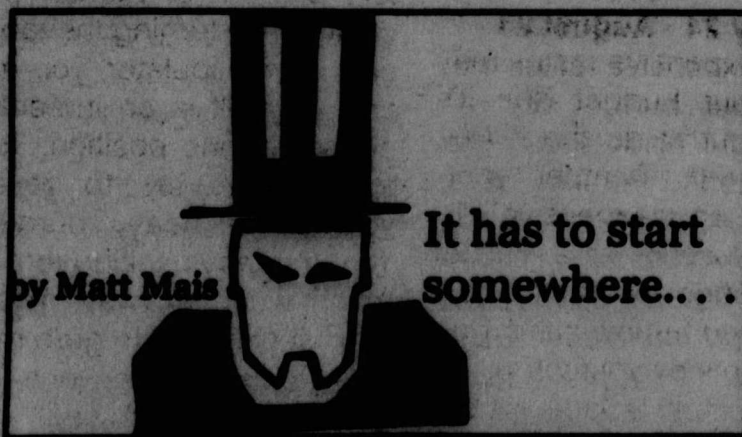
The other major problem with the media is the way it tries to grab your attention with sensational headlines and overblown statistics. The movie "Bowling

for Columbine" was inspired in part by a book called "The Culture of Fear" by Barry Glassner. The book analyzes how America as a society has been conditioned, partially by the media, to be paranoid about relatively inconsequential things. Glassner gives the example of the poisoned Halloween candy scare that began in the early 1970s. This scare, which lasted more than a decade, was based entirely on fear, not fact. There are only two documented cases of children dying from poisoned candy, and both involved the children's own families, not, as Glassner calls them, "sadistic strangers."

There are many other examples, from flesh-eating bacteria to a link between abortion and breast cancer. And even when these fears are discredited in the news, the stories are buried in the back pages of the newspaper, whereas the stories initially broke in giant headlines on the front page.

Now I realize that not all media outlets are guilty of these faults. It's just that being a member of the press is no longer as noble as it once was. The media has lost sight of its purpose in America. Perhaps I can be a force for change, but I think it's a long uphill battle.

Erik Fraser is the photo editor and is being electro-shocked at the moment. He can't speak, but blinking means he agrees to be a good Lumberjack journalist this semester.



time when we step away from our secular judeo-christian morality or apathy, our votes that continue the importing of clothing made by children,

WEEKLY HOROSCOPES

Places

February 20 - March 20

Don't take advantage of those around who are anxious to make you happy, or disaster will ensue. Unless you scale back your demands, you could create enemies out of people who should be your friends. Yes, you have very strong desires, but it's important to take time, money, and effort into account. Even if the results of a project are less than you expected, it's important to give praise and show your appreciation.

Aries

March 21 - April 20

Being too critical with a business or romantic partner is a bad idea. Yes, you may think they could improve their appearance or dietary habits, but keep these feelings to yourself. Chances are, this person is completely aware of their situation, and is miserable because of it. Offer support for the things they are doing right, and they'll respond by taking care of the problems you've noted. A little kindness goes a long way. Be alert...

Taurus

April 21 - May 21

Friends may accuse you of being self-involved, and you really can't deny it. The fact is, you've been so pre-occupied with personal plans you've let your social obligations fall by the wayside. Instead of trying to defend yourself, offer a few humble apologies. You can't afford to alienate your loved ones. Don't feel too bad about it, everybody has been guilty of the same crime at one time or another.

Aquarius

January 21 - February 19

Your physical desires are strong, but the object of your affection isn't in the mood for love. Instead of resorting to emotional manipulation, go out of your way to meet your partner's needs. Whether that means taking over chores, giving a backrub, or just holding your beloved close is immaterial. The important thing is to put your own desires aside for the sake of your relationship. Never fear; your good deed will be rewarded.

Capricorn

December 22 - January 20

An expert could try to belittle you in public, which really hurts your pride. Feel free to fight back, particularly if their attitude is abusive. Just because you don't possess as much knowledge as this person doesn't mean they can offend your dignity. Don't worry about drawing attention to your own ignorance. Onlookers will be totally on your side, especially if you state your objections in a firm but polite way.

Sagittarius

November 23 - December 21

Creating disruptions at home may be the only way you can get your problems addressed. Normally, you're content to take the independent route. This time you need help to achieve your aims. If family members seem insensitive or uncaring, feel free to give them a wake-up call. Secretly, your loved ones may be thrilled you're finally calling upon them for help. You have to admit, you've been a loner in the past.

Scorpio

October 24 - November 22

Having fun is your first priority, but your friends are more interested in what you can do for them. Before getting angry, think back to a time when your loved ones put personal plans aside for your benefit. Think of this as a temporary sacrifice for your long-term relationship. You can always reschedule festivities for a later date. Besides, the planets aren't favouring social gatherings right now. Choose duty over pleasure.

Libra

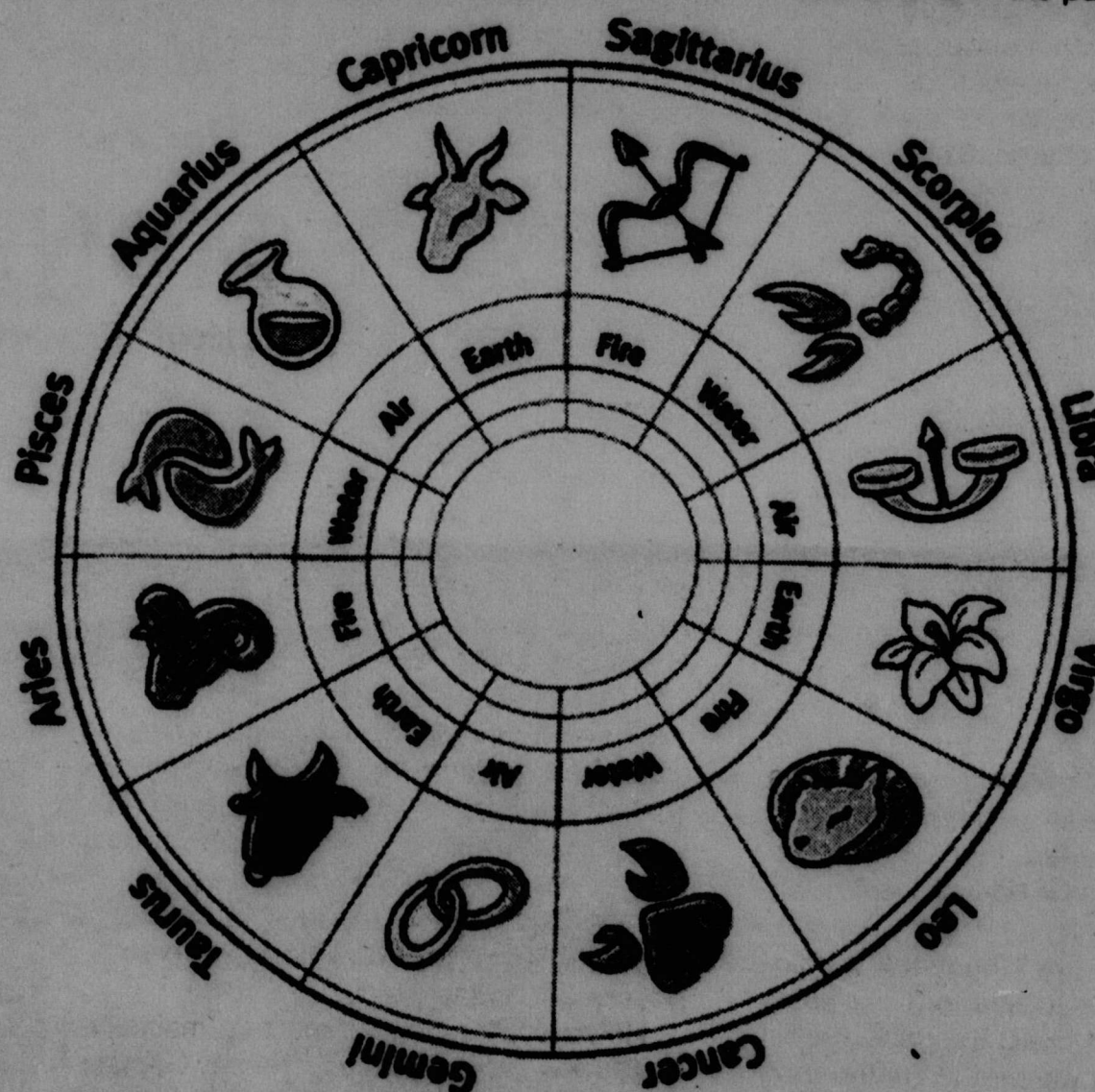
September 24 - October 23

Hidden resentments could cause you to lash out unexpectedly at a loved one. Onlookers will wonder what has got into you. Actually, this problem has been brewing for a long time. Your fear of confrontation has prevented you from setting healthy boundaries within a relationship. Now you have no other choice but to let all the anger and frustration explode. Work on expressing your emotions in a direct, healthy way.

Virgo

August 24 - September 23

You're so nice and accommodating somebody may try to take advantage of you. Fortunately, you're an excellent student of human psychology. By turning the tables on this manipulator, you may find yourself in an incredibly advantageous position. Take this opportunity to relieve yourself of heavy burdens. You're always taking on too much work, anyway. This is your big chance to grab more leisure time. If anyone deserves a break, it's you!



Gemini

May 22 - June 21

Your public antics could be a source of embarrassment to relatives. Although your first instinct may be to shrug off these complaints, it's important to respect the feelings of your loved ones. Otherwise, they're apt to ignore you when the tables are turned. Don't get defensive if somebody tells you your behaviour is hurtful. Listen quietly and let the words sink in. You may be surprised at how deeply you're affected. Be alert...

Cancer

June 22 - July 23

Your diplomatic skills will be invaluable when dealing with a narrow-minded person. Don't allow this character to insult another group's belief system or lifestyle. Otherwise, it will seem as though you're agreeing with this offensive standpoint. Instead, spark a dialogue about the benefits of diversity. Your charming way of presenting ideas could result in a more open-minded attitude. It's worth a try, anyway.

Leo

July 24 - August 23

Your expensive tastes may bleed your budget dry; it's time to put aside those material needs. Pamper yourself with an inexpensive trip to the museum or a casual walk through the park. You'll be amazed at how some quiet moments by yourself will fill up the empty space inside. If you catch yourself feeling guilty about an outstanding debt, create a plan that will allow you to fulfil this obligation as soon as possible.

calendar

WHAT'S HAPPENING IN HUMBOLDT

WEDAUG27

Native Plant Walk

at CCAT Workshop

Check out the local community forest's flora. Guide leaves from CCAT (Buck House #97) at 3 p.m.

Odd Ability (experimental hip hop and jazz)

at Rumours

Show starts at 8 p.m. \$3 cover. 21+

Lo-fi Breakdown (bluegrass)

at Muddy Waters

THURSAUG28

Valis, Agronaut (punk)

at The Alibi

The show starts at 10 p.m., \$3 cover charge, 21+

The Brian Post Trio (jazz)

at Saffire Rose

Show starts at 5 p.m. FREE

Z-Man (of Hierogliphics) (hip hop)

at The Humboldt Brewery

Also featuring Thug-E-Fresh and DJ Thanksgiving Brown. Starts at 9 p.m. \$5 gets you in. 21+

FRIAUG29

Big Earl & Crying Shame

at Saffire Rose

9:30 p.m.-1 a.m., FREE

Men's Soccer vs. Montana State- Billings

at the HSU soccer field

The game lasts from 7 p.m.-9p.m.

Selecta Truth (Reggae DJs)

at The Humboldt Brewery

9:30 p.m. \$4 cover. 21+

BeauSoleil (cajun)

at the Van Duzer Theatre

Starts at 8 p.m. \$25 general, \$20 seniors, \$15 students.

SATAUG30

Bump Foundation (funk)

at The Humboldt Brewery

Show starts at 9:30 p.m. \$3 cover. 21+

Men's Soccer vs. CSU Stan-

Game goes from 1 p.m.-3 p.m.

Abstract Rude, Tribe Unique

at Rumors

With special guests DJ Drez, Bukue One, and more.

k.d. lang (folk)

at the Van Duzer Theatre

8pm. Tickets are \$65 general, \$65 seniors, and \$45 HSU students.

SUNSEPT31

Club Triangle

at Club West

Doors open at 8:30. There's a reduced cover charge before 9pm; it's \$5 thereafter.

MONSEPT01

Israel Vibration (reggae)

at Club West

Doors open at 8:30, 18+



Courtesy of RasRecords.com

TUESSEP02

Men's Soccer vs. Grand Can-

at the HSU soccer field

4pm-6pm. FREE

GOTANYPLANS?

Let us know at thejack@humboldt.edu

classifieds

NEWS FROM AROUND HUMBOLDT

CAVEATEMPTOR

Before responding to the advertisements requesting money to be sent or giving a credit card number over the phone, you may want to contact the local Better Business Bureau to verify the authenticity of the company. The Lumberjack is not responsible for the validity of any offers advertised.

WANTED

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HELPWANTED

EFP is actively seeking a few final volunteers for the upcoming "Little Feat" show on 9/24 at The Eureka Theater. Positions include ushers, loaders, banders, etc...
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GYMNASTICS INSTRUCTOR +12hrs/week. \$7.10/hr. Teach movement, exercise and gymnastics to children 7-18 years of age. Must be 18 years old and have experience working with children and/or experience in upper level gymnastics. Call the Arcata Recreation Division at 822-7091 for more information. EOE/Affirmative Action Title IX

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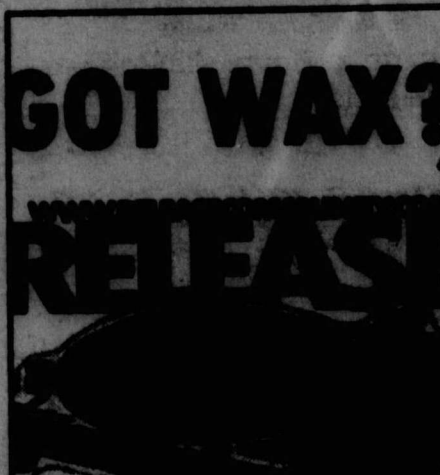
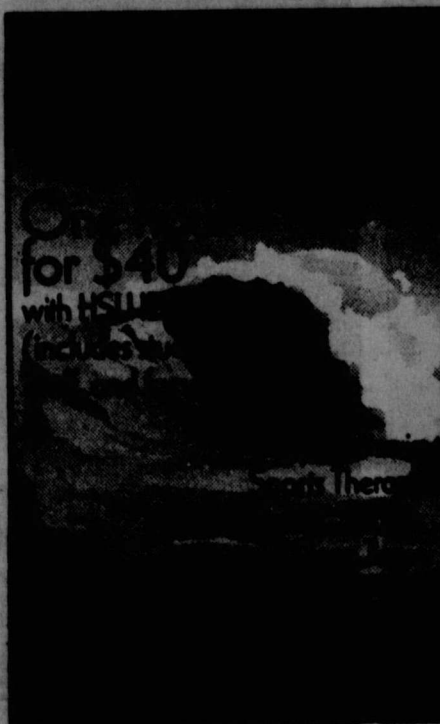
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