



# The LUMBERJACK

Humboldt State University, Arcata, Calif.

Vol. 72, No. 5

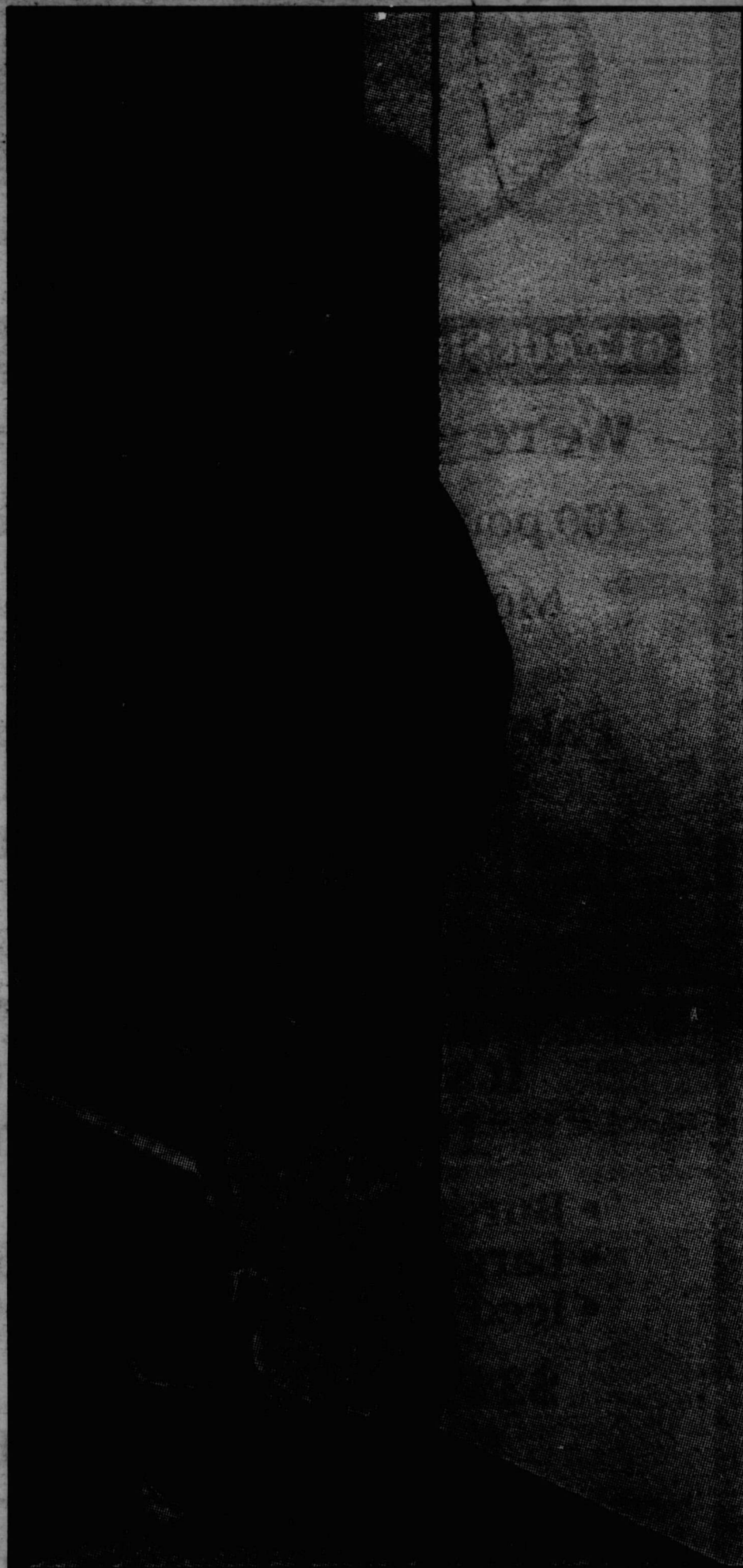
Wednesday, Oct. 6, 1993

## Small reasons for recovery

County programs help mothers  
recover from drug addiction.

However, recovery sometimes comes  
too late for the children.

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While their mothers attend the Healthy Moms Program's counseling sessions on self-esteem, parenting and drug addiction, these children enjoy play therapy at the day care center in Eureka. Staff members said the children, not named here to protect their privacy, like the trusting atmosphere of the center.

PHOTOS BY DEVANIE ANDERSON

# 5

### Mo' MONEY

The CSU Board of Trustees  
proposes the eighth fee  
increase in as many years.  
Students may have to pay  
more than ever before.

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### QUARTERBACK QUANDARY

Coach Fred Whitmire names a  
freshman as starting quarerback.  
Will he be able to lead the  
Lumberjacks to victory Saturday  
against Azusa Pacific?





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## The LUMBERJACK

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# UPD offers cost efficiency for escort service

■ A rise in the cost of record checks for volunteers caused a change of management for Safety in Numbers.

By Tanja Elliott  
LUMBERJACK STAFF

Walking across campus at odd hours doesn't have to involve risk.

Management of Safety in Numbers changed over to the University Police Department this semester, allowing the escort service to be offered 24 hours a day.

Safety in Numbers began after an alleged rape was reported Dec. 2 on campus. Brenda Aden, university affirmative action officer and head of the sexual assault committee, coordinated campus groups interested in starting the service.

UPD manages the escort service this semester to save expenses and expand the availability of the service. UPD uses members of the department because they are already trained and are readily available, said Jim Hulsebus, acting director of the Department of Public Safety.

The cost of the mandatory record checks for every volunteer proved to be the major cause for the switch over. The price for each student's record check jumped this semester from \$27

to \$32, Hulsebus said.

There were four people involved with the organization of the group, which interviewed 135 applicants and trained the 68 that were hired, Aden said.

"We do not have the resources to go through this every year," she said. "We had to ask ourselves if there was a more efficient way to use \$2,500 (the cost of the record checks)."

"I believe UPD's escort service offers more than what we had before," Aden said.

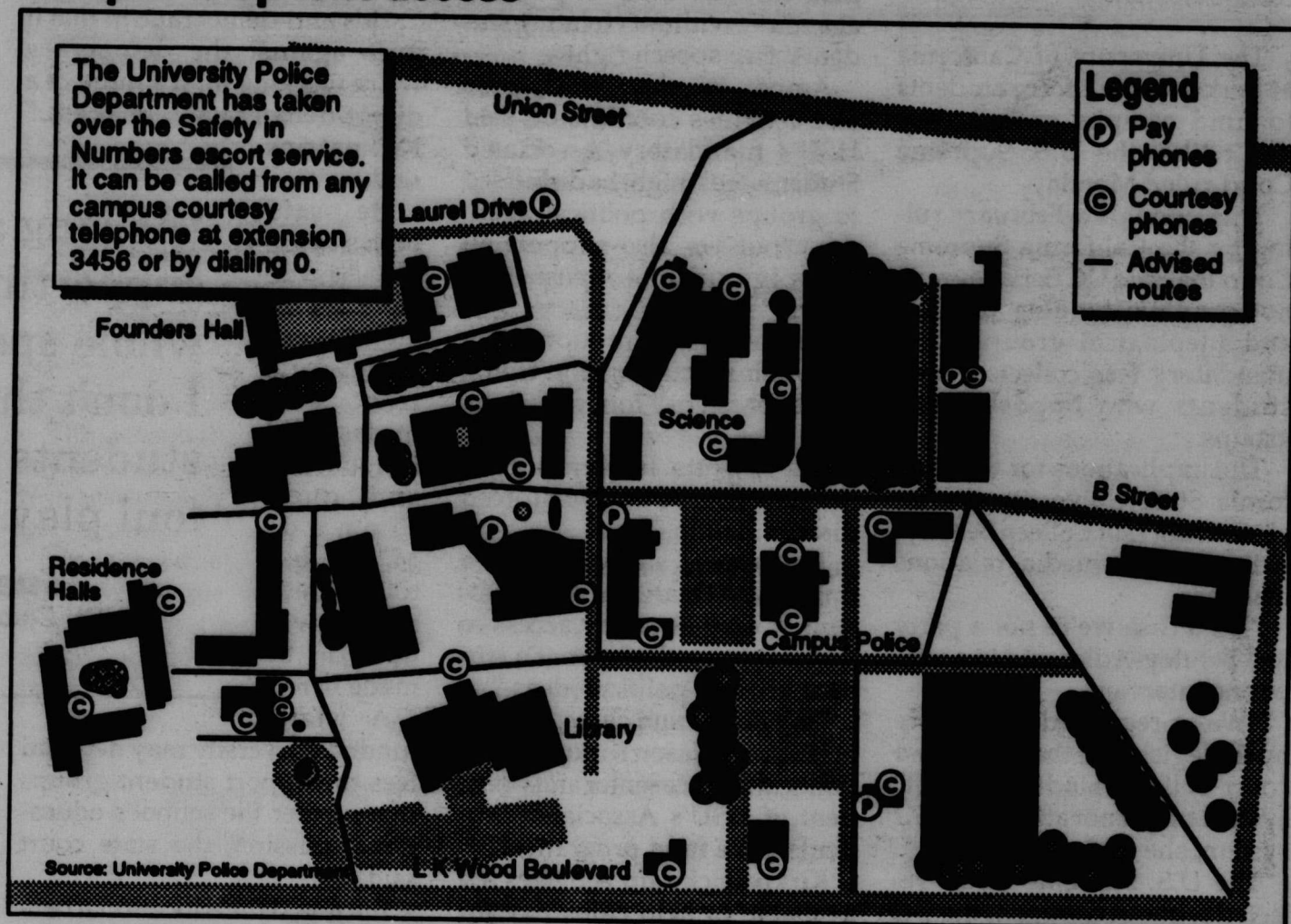
"We just have to wait and see if people will trust UPD and use the service," Aden said.

A person can request a male or female escort at any hour, anywhere on campus, including over the foot bridge into town.

"I want to make sure that males and females are available at all times," Aden said. The volunteer program wasn't always able to do that.

There have been four escort calls this semester. If students need an escort they can use the courtesy phones located around campus and dial extension 3456 or zero, which goes directly to the switch board at UPD. There are more than 80 locations

## Campus telephone access



GRAPHIC BY JAMES GREEN AND DAVID COURTLAND

around campus with phones. Students should familiarize themselves with where they are located, Hulsebus said.

"So if they feel uncomfortable they know where they can call from," he said.

There are 10 officers on the force available for the escort ser-

vice but if there is a need, UPD will hire volunteers from last semester.

"I hope people use it if they feel the need for service," Hulsebus said. "If people feel uncomfortable, they should call and we will escort them."

Campus maps are available in

front of UPD, the information booth on Harpst Street and from the brochure racks around campus. The maps illustrate where lighted corridors are and where the courtesy phones are located.

"If you are not walking in a group, you should be calling the escort service," Hulsebus said.

## 'A View from the Hill'

### Book covers history of HSU from past to present

■ History Professor William Tanner began to research HSU's history after helping former HSU professor, Homer Balabanis, edit the memoirs of his career at HSU.

By Erin Waldner  
LUMBERJACK STAFF

Many students could graduate from HSU without knowing that the campus almost burned down in the 1950s when an intended bonfire went awry.

Other students might never know that before Elda Cartwright was selected to be a member of the first U.S. Women's Olympic Team in 1928, she attended HSU.

Facts like these only make up part of HSU's history.

The complete history can be found in "A View from the Hill," written by history Professor William Tanner. It is the first published book detailing HSU history.

Tanner's interest in the subject began when he met Homer Balabanis, a former economics professor who came to HSU in 1923 and passed away two years ago.

"Harry was a permanent fixture around

here," Tanner said. "I got to know him and he told me stories about HSU during the '20s and '30s."

In 1983, Tanner edited Balabanis' reminiscences of his career at HSU. Shortly after, he began his own research into the university's history.

"I've been fooling around with the history of HSU for about 10 years," said Tanner, who is chair of the history department.

In order to do a complete research, Tanner sought assistance.

"There were students doing oral interviews with alumni and professors offering information," he said.

Besides reading past editions of The Lumberjack and the HSU annuals, Tanner also took advantage of the Library's Humboldt Room, which contains information pertaining to Humboldt County.

By 1989 Tanner was nearing the completion of the manuscript.

It was then that University Graphic Services received a rough copy of "A View from the Hill" to see if the department was interested in producing the book.

"It was natural for my department to handle the production since we (are responsible) for the photography, graphics and typography for the campus," said Kathleen Heil, manager of University Graphic Services.

When Tanner completed the manuscript in 1991, Tim Simms was assigned to editing the book.

An editor with University Graphic Services, Simms began the editing process by copy-editing and spot-checking the manuscript.

"I was tearing out my hair from time to time," he said.

During production, Heil and Simms made the decision to add 35 side-stories to the book.

"They were added for additional flavor, to make it richer," Heil said.

The side-stories cover such topics as student pranks and memorable people connected with HSU.

"While working on the book we uncovered so many heartwarming stories and wonderful personalities."

KATHLEEN HEIL  
University Graphic Services Manager

"While working on the book we uncovered so many heartwarming stories and wonderful personalities," Heil said. Throughout production, University Graphic Services went through the process of collecting photographs for the book.

"We sought out photographs throughout the County," Heil said, adding that the Humboldt Room had "folders and boxes of photos."

The production of "A View from the Hill" ended this summer and the completed manuscript was sent to Sinclair Publishing Co.

The university will cover the cost of printing through the book's sales.

"It will be a big seller among alumni," Simms said.

"People will be interested in picking it up and seeing their friends."

Tanner will sign his books at a reception Monday in the Founders Hall Courtyard from 3:30 to 5 p.m.



# Students can choose where fees go, court says

■ Campus groups may lose funding if students choose not to support politics or ideologies with which they disagree.

By Andrew Hessel  
LUMBERJACK STAFF

The University of California at Berkeley can't force students to fund campus groups they don't like, the U.S. Supreme Court ruled Monday.

This upholds a February ruling by the California Supreme Court that said UC Berkeley may not continue funding political and ideological groups with mandatory fees collected from students who oppose those groups.

The implications for the California State University system are unclear, said Colleen Bentley-Adler, CSU's media relations manager.

"It's a case we're not a party to," Bentley-Adler said in a telephone interview.

"We're regulated a lot more by the legislature than UC," and court rulings binding the UC system might not affect the CSU system, she said.

The U.S. Supreme Court rejected without comment the UC Board of Regents' argument that the fees could be used to support

all student organizations — regardless of ideology or political agenda — without violating students' free speech rights.

Amber Whaley, HSU clubs and activities coordinator, said HSU's mandatory Associated Students fees might be disbursed to groups with political agendas, "but we also support all sorts of groups that oppose those views."

"As long as we're supporting the whole spectrum, I don't think students can call foul play," she said.

The Regents' lawyers argued the state court's decision forced discrimination.

The appeal stated, "Once a university creates a public forum, it may not deny access to that forum on the basis of a student group's political ideas."

"We don't fund clubs, really," at HSU, said Jason Kirkpatrick, a political science senior and president of HSU's Associated Students. "We fund programs."

Kirkpatrick said A.S. fees are available to help clubs pay for transportation, publications and recreational and social activities.

The state Education Code allows those uses of mandatory fees.

"Basically, that judgement is going against democracy," he said. "Every A.S. fee increase is voted on by the students. They elect people democratically to decide where those fees go."

"It's anti-democratic in that it goes against the democracy we're working in. It's more of a direct-democracy process," Kirkpatrick said.

He said both sides of the issue have merit, and "every policy and law ever made should be looked at and questioned. Maybe tough decisions will have to be made here."

A state-funded university may demand fees to support student groups that further the school's educational mission, the state court said.

But it said the educational benefits of some groups "become incidental to the group's primary

function of advancing its own political and ideological interests."

"The incidental benefit to education will not justify the burden on the dissenting students' constitutional rights," the court said.

University officials must identify such groups and offer a corresponding rebate to students who object to the use of their fees for political and ideological activities, the state judges ruled.

"As long as we're supporting the whole spectrum, I don't think students can call foul play."

AMBER WHALEY  
HSU Clubs and Activities  
Coordinator

They said the Regents could adopt another method of funding student activities, such as a voluntary system.

The campuses have been working together on ways to

comply with this decision" since the state court's decision, said Bob Sanders, public information representative for the UC Berkeley chancellor's office.

In a telephone interview, Sanders said all the UC campuses will probably be affected, because the

system's Board of Regents was sued, not just the Berkeley campus.

"We haven't decided how to implement it," he said, but "they'll probably comply pretty quickly."

He said all the UC campuses' chancellors will meet later this month to discuss the issue.

Determining which groups are "political" will be the most difficult part of implementing the court's decision, said UC A.S. President Marco Pulisci.

"Student groups are very concerned that this is going to affect their funding," Pulisci said in a telephone interview.

Student organizations don't favor the voluntary payment option, he said.

"Among student groups and student leaders, the mandated fees with a method for students to retract fees is the preferred system," Pulisci said.

"We were named in the suit; our lawyer worked with the regents' lawyer," Pulisci said.

A group of UC Berkeley students sued the UC system in 1979, challenging the use of their "student association" fees to fund some campus groups, including some which promoted women's rights, gay rights, environmental issues, world peace and communism.



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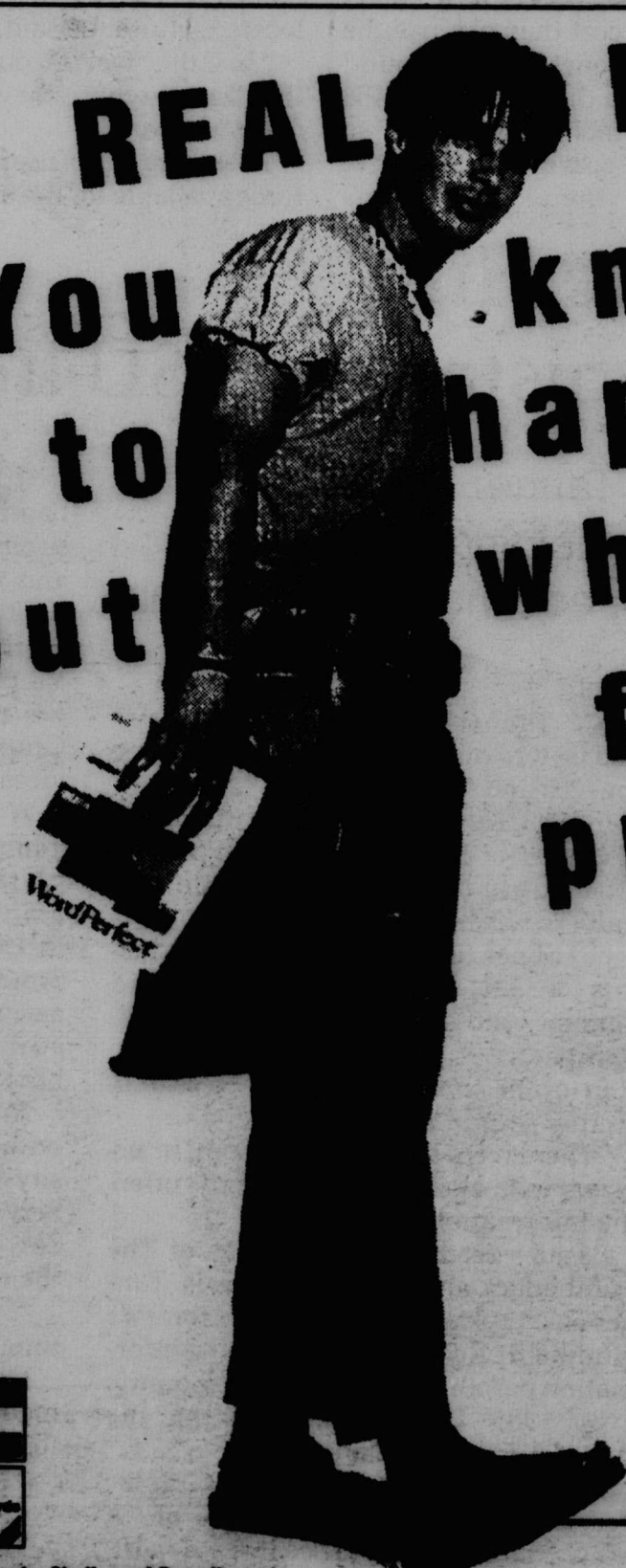
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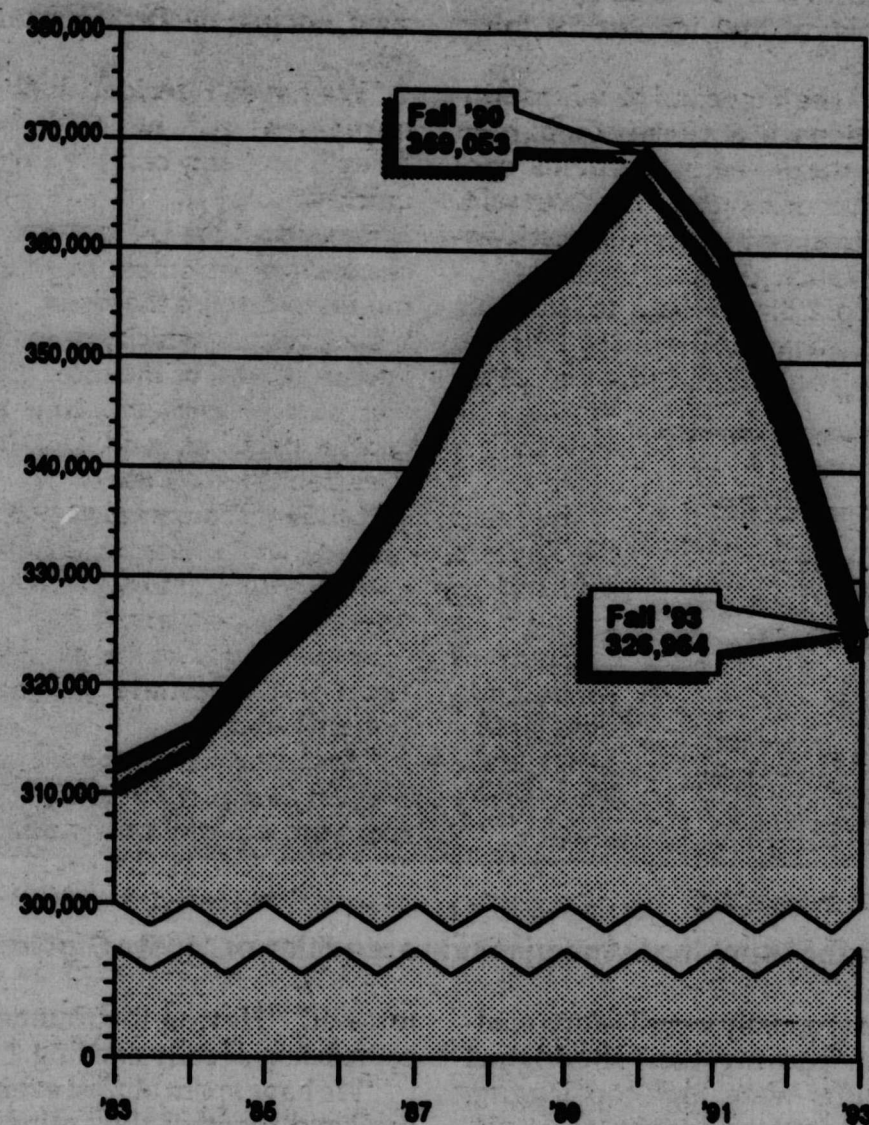
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## CSU enrollment declines

Fall enrollment has dropped for the third straight year throughout the California State University system's 20 campuses. This marks the largest drop in enrollment in CSU history.



SOURCE: The San Francisco Chronicle

FRANK MINA / CAMPUS EDITOR

## Fee increase proposed for next year by trustees

**Undergraduate students may pay a 10 to 22 percent increase for fall '94.**

By Dirk Rabdeu  
EDITOR IN CHIEF

Students in the California State University system face the eighth fee hike in as many years.

The increase, which was proposed at the CSU Board of Trustees Sept. 14-15 meeting, would cause fees to rise between 10 and 22 percent for undergraduate students. Graduate students face a 32 to 46 percent increase.

The state charges \$1440 a year in fees, which does not include fees assessed by the individual universities.

Undergraduate students at HSU would see their fees rise from \$1676 per year to between \$1820 and \$1994 under the proposed plan.

Fees for graduate students, who also pay \$1676 per year, would rise to between \$2138 and \$2336 per year.

Both amounts are based upon 1993 fee structure.

Last year, the trustees proposed an increase of 37 percent as part of a plan to have students pay for one-third of the costs for education.

In August, the Legislature approved as part of the state's budget package additional funds to the CSU system. These funds kept the student increase at 10 percent.

Jason Kirkpatrick, president of Associated Students, said he was outraged by the proposal.

"These types of fee hikes, without the compensating financial aid is going to cut out the middle class," he said.

The California State Students Association lobbied to defeat the attempt to raise fees by 37 percent. The Legislature limited the increase to 10 percent.

## UPD Clips



**A Living Group Advisor in Laurel Hall received numerous telephone complaints Wednesday at 10 a.m. about loud music coming from a resident's room.**

The LGA attempted to reach the occupants by telephone, but after getting no answer the room was entered by the LGA and University Police Department Officer Pablo Jimenez.

No one was in the room, but the stereo was at a high volume and two bongos were observed.

Both bongos were confiscated. No citations were given.

- David Link

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# Marching 'Jacks stomp through 25 years

■ Alumni and current band members will play at Oct. 16 at the HSU homecoming game to celebrate its anniversary.

By Teresa Mills  
LUMBERJACK STAFF

It "storms" the dorms.  
It "storms" the bars.

The rebellious Marching Lumberjacks that have traditionally done the unpredictable with a style of its own will be celebrating its 25th anniversary at the Oct. 16 homecoming game.

Alumni of the Marching Lumberjacks, including the founder Michael McDermott, as well as the current band members, will be marching at the half-time show when the Lumberjacks play against San Francisco State.

In 1968 the HSU music department dropped the marching band, then known as the Block H Marching Band, from its curriculum.

This led to the all-male band of about 23 members, the Marching Lumberjacks.

McDermott said in a telephone interview that he couldn't see the band end.

"The very first year we wanted to do something that was separate from the Block H Band," said McDermott, who graduated in 1971.

The band has gained its fame from its outrageousness and unpredictability.

This includes the photograph that appeared in National Geographic's July issue where current band members march along the ocean shore.

McDermott said, in regard to the photograph, "I couldn't believe it! We've gotten attention because people enjoy seeing the unexpected."

McDermott said he is glad he could leave something behind at HSU that is lasting.

Two decades ago the band named its fund after McDermott — the Disciples of Saint Michael Fund — which he finds very flattering.

Band veteran Brian Morrison, who graduated in 1980, is one of the organizers of the reunion. He has been trying to contact about 500 members of the Marching Lumberjacks Alumni Association.

Morrison, who was in the band from 1975-1980 as general manager and a trumpet player, said, "After this half-time show we could get in trouble again."

"When you do what everyone expects of you, you're boring."

Morrison had plenty of stories to tell about the band's unusual activities.

"At parades, instead of marching on the street we would march on the sidewalk," he said. "We were constantly being invited to parades because we did strange things; but when we tried to get in the Rose Parade they refused."

Morrison said some of the parades the band has marched in include the San Francisco St. Patrick's Day Parade, the Cloverdale Citrus Parade, the Doo Dah Parade in Pasadena, the Picnic Days Parade and the Battle of the Bands in Davis.

When the band storms, Morrison explained, members generally march into a dorm or bar playing their instruments as loud as possible — not necessarily in tune.

If the band storms a bar it will usually play until the bartender agrees to give them free drinks. A tradition the band still continues to practice.

"When we stormed people seemed to enjoy us," McDermott



TRACI WOODEN / THE LUMBERJACK

Chris Vandenberg, above, conducts the Marching Lumberjacks in a rendition of "Just a Gigolo."

said.

The Marching Lumberjacks' notorious reputation and unpredictable style has brought more recognition to HSU, Morrison said.

He mentioned the fame the university received when the band appeared in National Geographic.

"When I tell people I went to HSU they ask, 'Isn't that the school with the band that wears hard yellow hats?'" he said.

"The band would like to have more recognition from the university," he said. "There are people in the music department that think the band is the lowest form of scum."

In addition, Morrison said the band desperately needs a paid director and a better facility to hold its rehearsals.

"The talent is there but the band needs a director who can give them the musical discipline," he said. "The band has always been the bastard child of the university."

The old uniforms were not much different from today's Marching Lumberjacks' uniforms. Members of the band did

not originally wear T-shirts reading, "Kiss my Axe." The original outfits were high-top logging boots, green Macinaw coats, yellow hard hats, green jeans and gold dicyes which were taken from the 1950s Lumberjack Band's loggers'-look, said Stan Mottaz, director of the academic information and referral center and former band adviser.

Although the Marching Lumberjacks were originally an all-male band, Maria Johnston changed all that when she tried to join the band in the early 1970s. They would not let her join.

Johnston went to the student judiciary board and told it that student fees are paid by everyone including females and that she should be able to join the band.

"If they continued to be a male-only marching band they would lose all their student funding," Mottaz said.

He said the band is similar to a fraternity.

"They have all been through the same things. When the current band members meet the alumni they will probably have common experiences to talk about," he said.

Chris Vandenberg, the current Marching Lumberjacks' conduc-

tor, said, "Having the founder come back is really exciting."

"We have spent almost every weekend together this semester. The band gives you a sense of purpose. It's just a lot of fun."

A dinner and dance has been planned after the game at Odd Fellows Hall in Arcata with a catered dinner, drinks and speeches.

"We're just going to party," Morrison said.

Associate music Professor Gil Cline, a former Marching Lumberjacks member, was reluctant to admit he was in the band and said he probably would not be participating in the reunion.

"The best thing about that band is it gives students a chance to develop their leadership skills because it takes a lot to keep it going," Cline said.

Morrison said there are probably a lot of department heads at HSU that would not admit they were in the Marching Lumberjacks because of the infamous reputation it has always had.

McDermott said with excitement in his voice, "You can always tell who the people are in a marching band. When they hear a whistle, a marching band or a drum roll their ears perk up and their hearts beat faster."

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## Campus clips



## Parents' Weekend begins Friday

HSU's Parents' Weekend begins Friday and continues through Sunday.

Parents of HSU students will be able to join their sons and daughters in class and witness their student's routine.

The opening reception will be held at the Plaza Grill in Arcata at 5 p.m. Friday.

Saturday afternoon a softball game will be held at the Arcata Sports Complex as part of the schedule of events. At 7 p.m. parents will have a choice to go to the HSU football game in Redwood Bowl or to a musical sampler featuring HSU faculty in Fulkerson Recital Hall.

On Sunday there will be a brunch for the Parents' Weekend participants and at 1 p.m. there will be an HSU Athletics Honors Lunch.

## Professor, students awarded grant

A book written by HSU students and geology Professor Lowell Bennion received a \$23,000 grant from the U.S. Department of Agriculture Forest Service.

The grant will provide funds for editing, book design and layout and printing.

"Traversing the Trinity: A Scenic Slice of Northwest California," was intended to be a travel guidebook to the Trinity Scenic Byway, the area between Redding and Arcata along Highway 299.

## Library workshop teaches Internet

The Library will present two workshops on the Internet system this month.

There will be a workshop on how to operate electronic mail Friday. A workshop on how to operate telnet and perform file transfers will be offered Oct. 22.

Both workshops will be from 3 to 5 p.m. in Siemens Hall 119.

Information is available from the Library Information Services office at 826-4953.

## Residence hall vacancies cause creation of visitors' center

## Lumberjack Enterprises rents Maple Hall for visitors

By Jackson Garland  
LUMBERJACK STAFF

With the decline in students living on campus this semester, Housing and Dining Services has opened one of the residence halls as a visitor's center.

Maple Hall, one of the eight buildings that make up the Canyon section of the residence halls, will provide visitor housing to potential students and their families, visiting athletic teams, performing artists, faculty visitors and other persons or groups on specific university-related business.

The opening of the visitor's

center reflects the drop in demand for on-campus housing and the decline in enrollment.

While campus visitors can stay in the hall, visitors simply touring the area are not allowed to reside there.

Sharon Bonino, Housing and Dining Services' marketing coordinator, said that "someone who came up from, say, Monterey just to tour the North Coast would not be able to stay in the hall, but students' friends who are visiting can stay there." Visitors can also stay in their friend's room in the residence halls.

The lodging rates are \$15 for double occupancy and \$19 for single occupancy.

A room and meal package is available to visitors for \$29 per day and a two-week advance reservation is required.

"It's hard to say whether the visitor's center will make more money as a center as opposed to

students remaining in it," Bonino said.

She also said that it is hard to tell whether the hall will remain a visitor's center next year.

The hall has remained vacant throughout the first month of this academic year due to the lack of students who applied for on-campus housing.

"The reason that the center has opened is because we did not fill the residence halls with students this year," said Laura Hamby, Housing and Dining Services' director of business services. "If the campus admits as many freshmen as in previous years, the hall will be needed for students."

Even though the hall is located among several halls occupied by students, an environment that is naturally

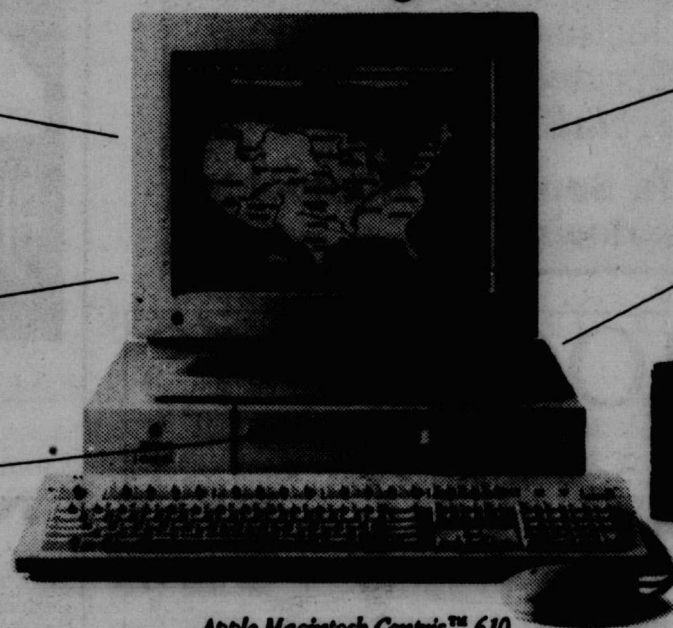
See Hall, page 8

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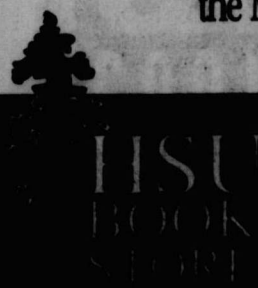
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# Literary group leaves 'major' barriers behind

■ Group provides a chance for professors and students to meet outside of the university setting.

By Teresa Mills  
LUMBERJACK STAFF

Every subject is related to literature.

At least that is the philosophy of the HSU Literary Society that encourages students of any major to attend its activities and meetings.

"We are trying to connect these subjects," by stressing that the group is open to anyone, said Zöe Hare-Lockwood, one of the Society's three co-chairs.

She said its meetings and seminars give students and professors a chance to interact on a one-on-one basis.

"We are trying to create a learning experience that is also a social experience," Hare-Lockwood said.

She said the group invited a math professor to speak at one of its discussions on the topic of hidden numbers in the story of Alice in Wonderland.

Hare-Lockwood said she never noticed that aspect, and the lecture turned out to be very interesting.

"We're providing a place for professors and students to talk outside the school setting," Hare-Lockwood said.

Co-chair Tracey Rembert em-

phasized that it is important people know the organization meetings and activities are open to anyone and not limited to English majors.

"The best way we can really get people to understand who we are is to have them come to our discussions," Rembert said.

When the Society holds its meetings at T.J.'s Classic Cafe in Arcata, the members will sometimes talk about any number of issues — some having nothing to do with literature, Rembert said.

The Society is planning a "conversation table" at the Plaza Grill in Arcata, where people would be able to discuss books, movies and other topics, she said.

Hare-Lockwood said the Society is in the process of making the student-run academic organization a two-unit elective.

The Society's next activity will be a discussion led by ethnic studies Professor Victor Golla. The discussion is titled "Poetry About Language: Reading From and Commenting On a Personal Anthology of Poems that Take Language Itself as the Topic."

"We are out to entertain but we are also out to intellectually stimulate," said co-chair Henryetta Martin-Thompson.



TRACY WOODEN / THE LUMBERJACK

Co-chairs of the HSU Literary Society, from left, Zöe Hare-Lockwood, Tracey Rembert and Henryetta Martin-Thompson try to create a group available for all majors.

## Halls

• Continued from page 7

prone to excessive noise, few complaints are expected from visitors regarding noise.

"We have well-trained (Living Group Advisors) and we have a quiet-hour policy that

has proved effective," Bonino said.

The hall is being leased from the Housing and Dining Services by Lumberjack Enterprises for \$4.50 per night for each bed used by a visitor.

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# Mothers fight addiction to save children

■ Two mothers from Humboldt County who used drugs while pregnant reveal what it took to get them off the drugs.

By Dawn Hobbs

SPECIAL ASSIGNMENTS EDITOR

When Lisa and Karen first got pregnant they wondered how their drug use might affect their babies — but that didn't stop them from using.

Lisa, 32, born in Humboldt County, started using drugs when she was 12 years old. She slowly progressed from marijuana to speed to cocaine.

The seven years she tried to get pregnant culminated in surgery to increase fertility in 1992. She got pregnant in October of that year.

Snorting speed was a way of life for the legal secretary while she was raising her now nine-year-old son, Michael, by herself and was pregnant with Jenna.

"Then I looked in the mirror one morning," Lisa said, "and I looked awful, I looked terrible and I said aloud, 'You are such an addict. You've waited seven years for this baby and you're still using.'"

When Lisa was four months pregnant, she realized she needed help to stop using drugs and called the Healthy Moms Program.

"Part of the thing about being an addict is that you want to stop but can't," she said. "Pregnancy isn't a cure for addiction just like it isn't a cure for diabetes."

"But getting pregnant with Jenna changed my whole life," Lisa said. "I don't know if I would have been able to stop using without getting pregnant."

Lisa, who will graduate from the program in November, said she is happy now with her daughter and son.

"I like learning about me, too," she said. "I never knew who I was, using so early, but it's really exciting at 32 to find out who you are."

Drug use while pregnant "is something I still feel bad about," Lisa said.

"I can't go back and change the past," she said. "So I live in today and take it one day at a time."

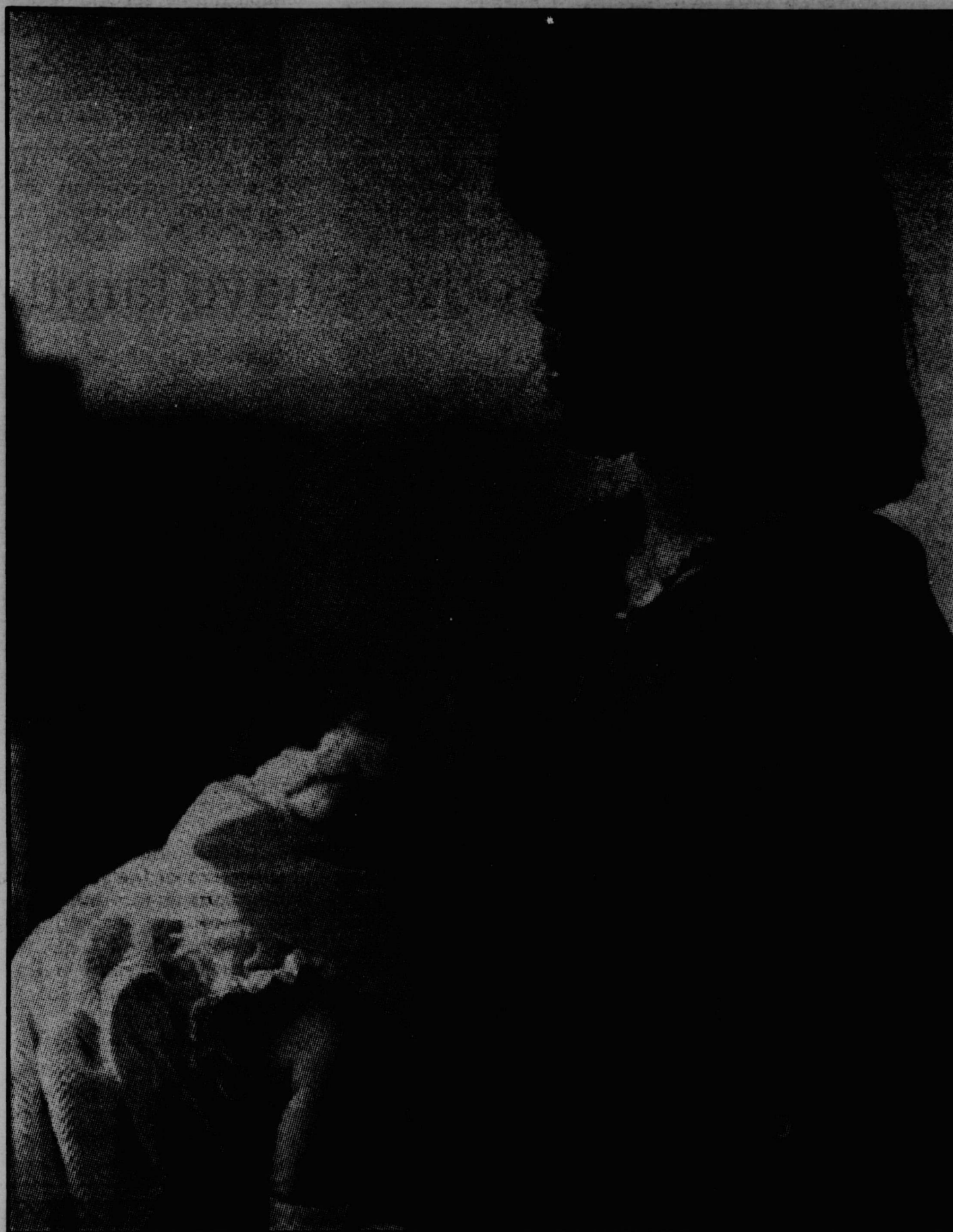
Karen, 28, also born in Humboldt County, graduated from the first stage of the Healthy Moms Program in September and has been clean for one year.

"I'm not afraid to say I'm a recovering addict, because it opens the door for other people," said Karen, who started using drugs when she was 16.

Karen and her husband live in an apartment in Eureka with their 4-year-old son Bryan, 2-year-old son Joshua and 13-month-old daughter Katie.

Karen stopped breast feeding Joshua when he was 2 months old

See Mothers, page 10



DEVANIE ANDERSON/THE LUMBERJACK

Lisa, who snorted speed and cocaine early in her pregnancy with Jenna, said the pregnancy changed her whole life. Lisa nurses Jenna, knowing that now her milk won't harm her daughter.

## A way out

### Mothers learn how to parent and live drug-free in Eureka home

■ Healthy Moms deals with healing the mother to save the child.

By Amy Gittelsohn

LUMBERJACK STAFF

In a converted Eureka home, mothers are taught a way to live and a way to parent that is unfamiliar to them — without drugs.

The philosophy behind the Healthy Moms Program, which is in its third year, is that healing the mother will save the child. That's not an easy job for instructors, or mothers.

Many women are "third and fourth generation drug children," said program coordinator Blue Thomson. "Some of our women have no idea what it's like to live in any kind of a household other than a drug household."

Although some women in the program are homeless, none live in the Eureka home. Staff members show them what healthy family life can be like, from the little things like bread baking to being there to listen.

Childcare is provided to help mothers manage the six to eight month commitment needed to graduate from the program.

Over those months, women are required to go to the program three days a week for three hours a day and complete courses on drug addiction, self esteem and parenting.

Three drug and alcohol counselors teach classes on drug addiction, its physical and mental effects, its effects on the family, and what triggers relapses. Learning all these things is necessary for recovery, Thomson said.

"It's not an acceptable thing to use any

kind of drugs when you're pregnant," she said, adding that most women are aware of this.

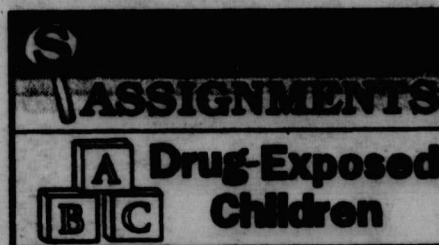
"When you know that something is harmful to somebody you love, and you still can't stop it, then chances are you have a real problem," Thomson said.

A state study found alcohol to be the second-highest drug (after nicotine) in a baby's system right after birth.

"The worst drug that a woman can use in her pregnancy is alcohol," she said. "And it's the legal one; alcohol causes permanent, irreversible brain damage."

Other classes focus on self esteem and self care. Sometimes a mother's self confidence is so low that she stays with a boyfriend or a husband who uses drugs

See Home, page 10



## INSIDE

- EASY TO LOVE:** A family tells of life with an adopted drug-exposed child. Page 11
- DAMAGED:** Problems faced by infants and children harmed by drugs while in the womb. Page 12
- STATISTICS:** How serious is the problem of pregnant women using? Page 14
- HSU HELPERS:** Students get a chance to lend a hand. Page 15
- TRACING THE STEPS:** How drugs go from the mother to the fetus. Page 19
- FAS:** Symptoms and dangers of Fetal Alcohol Syndrome. Page 21



# Mothers: one says 'pregnancy isn't a cure for addiction'

• Continued from page 9

old because she didn't want the cocaine she was snorting to get into his system. Karen kept using, drinking and smoking throughout her sixth month of pregnancy with Katie. She said her husband, a mill worker, used drugs intravenously.

After being evicted from two apartments because of drug-associated problems, Karen said she wanted to live by herself but kept using.

"Every time I'd go to the doctor," Karen said, "I kept using because I heard (the doctor) say that her heart beat and growth were normal and thought it was OK."

Karen said her children have "gone through a rough time" because of her and her husband's drug use.

However, she said her older son, Bryan, was happy when she and her husband, who is living with the family after a separation, received acknowledgment from Narcotics Anonymous after be-

ing clean for one year.

Although Karen said her middle child, Joshua, has speech problems because of lack of attention during specific developmental years, Katie is "healthy and fine."

While Lisa and Karen's babies were born seemingly unharmed and they were able to raise them, this isn't always the case.

If a newly born infant tests positive for drug exposure, the hospital notifies Child Welfare Services which conducts an in-

vestigation to determine whether or not the child can go home with the mother. This is usually dependent upon the home environment.

Most mothers aren't as lucky as Lisa and Karen, said Adrienne Okin, board member of the Humboldt County Council on Adoptable Children, referring to their children's health.

"A lot of times exposure to drugs is not as physically noticeable as it is with alcohol," said Okin, who provides poten-

tial adoptive parents with resources and referrals, including those who consider adopting a drug-exposed child.

Often children affected by drugs aren't categorized as such until they reach school age and exhibit learning difficulties, she said.

"The effect level varies from child to child," Okin said.

However, intervention is usually required with drug-exposed children, she said, adding that approximately 25 percent of the families obtain this intervention.

## Home: many mothers have family history of drug use

• Continued from page 9

while she tries to quit.

"When that happens, it's impossible" for her to succeed, Thomson said.

Women must take two classes on parenting to graduate. Although most of the children with parents in the program were substance exposed while in the womb, the atmosphere they grow up in can make a great difference.

If substance-abused children are born healthy, they often are able to outgrow their delays in a stable environment.

Though many women want to provide such a home, they may lack the skills to do so.

"The one truth involved in all of this is that these women love their children," Thomson said. "They would never intentionally hurt them... and they many times realize that what they know, the only way they know how to mother and be a parent is not OK. So they're looking for a change."

Sometimes recovery is hindered by a painful past, she said.

"When you're an addict, you know how to stop the pain," she said.

While mothers are learning

parenting skills, staff members try to give them the nurturing many didn't get in childhood.

"All the staff ends up being very much like parents," Thomson said.

The transition away from the "family" can be difficult. Women are helped to find support within the community, such as enrollment in a 12-step program like Alcoholics Anonymous or private therapy.

After graduation, the women attend aftercare once per week for several hours.

Approximately 40 percent graduate from the day program, Thomson said. The program is at its maximum number, with 20 women on the day program, 10 on aftercare and six on a waiting list.

Women have been referred to the program by family members, their own mothers, doctors and sometimes at the insistence of Child Welfare Services, Thomson said.

The Healthy Moms program operates on \$140,000 yearly from the state and payments from Medi-Cal.

There are other perinatal programs offered to low income women, free of charge. Many

women who are above the poverty level and do not usually qualify for medical care can receive these services which include the following:

- Medi-Cal provides prenatal checkups, labor and delivery and a post-partum visit.

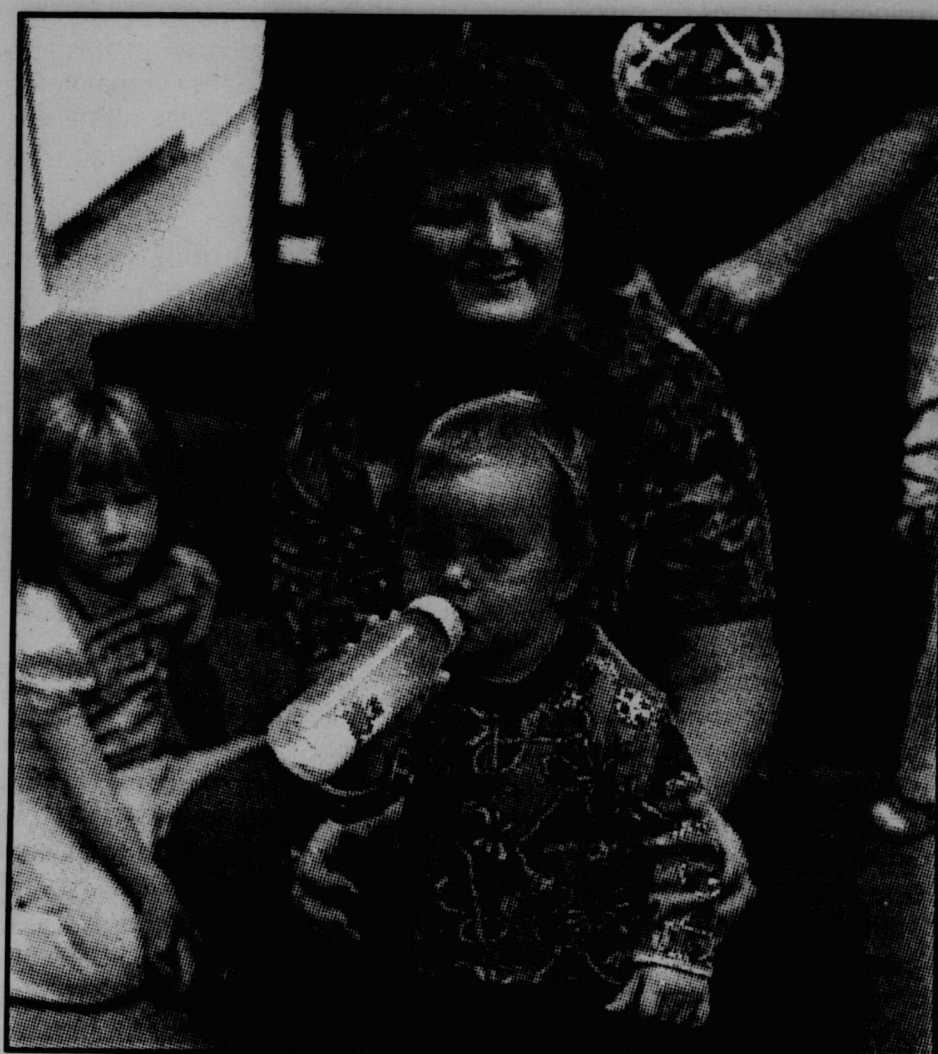
- The Comprehensive Perinatal Services Program provides women eligible for Medi-Cal with prenatal vitamins, extra prenatal visits, counseling and dietary evaluation.

- The Healthy Moms Program provides counseling services (441-5742).

- For information on family health needs, call the CARELINE, 8:30 a.m.-5 p.m., Monday through Friday (1-800-698-0843).

- Additionally, homeless pregnant women can get help finding shelter through: Rita Holz, coordinator of 20 private homes which take in pregnant women (443-0267), Birthright (443-8665) and Crisis Pregnancy Center in Fortuna (725-9313).

- The Sharp House (442-1309) offers shelter to pregnant teenagers only. They may also be matched with foster homes through Child Welfare Services (445-6180).



DEVANIE ANDERSON/THE LUMBERJACK

Blue Thomson, program coordinator for Healthy Moms, says the worst drug a woman can use during pregnancy is alcohol.

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# Young girl's spirit overcomes problems from syndrome

■ When she saw Moriah in the maternity ward, Yvonne Cooney saw beyond the ravages of being drug-exposed in the womb to the loving child beneath.

By Dawn Hobbs  
SPECIAL ASSIGNMENTS EDITOR

She loves Disney movies and Barney, her bike and babies.

Wearing her favorite Mickey Mouse shirt, Moriah Cooney, 10, rode her blue banana-seat bike around the family's Eureka home.

"She's cute and sweet and cuddles on your lap to go to sleep," said Yvonne Cooney, Moriah's adoptive mother.

"Her enthusiasm with life is something to behold," she said.

Cooney and her husband George, both HSU alumni, adopted Moriah in 1986. They also have two biological daughters, Megan, 16, and Margaret, 14.

Although Moriah is 10 years old, her developmental age is between four and five.

Moriah, born five weeks early on May 16, 1983, in Crescent City, was diagnosed with Fetal Alcohol Syndrome. At birth, she weighed 4 pounds, 12 ounces. She had breathing difficulties, a small head circumference, small and closely set eyes, thin lips, a cleft palate, small jaw and lacked a nose bridge—all signs of FAS.

Moriah was initially transported to a San Francisco hospital and then later transferred, for medical care, to Eureka's General Hospital where Cooney, a registered nurse, has worked for 20 years in the maternity ward.

Cooney first noticed Moriah

while working in the nursery one day.

"She was cute and looked like a little elf," she said.

Other nurses had problems with Moriah's irritability, but Moriah was "very responsive" to Cooney.

During the three months Moriah was in the hospital, Cooney said Moriah's birth mother visited her only once. Moriah was placed under the protection of Child Welfare Services, which searched for a foster home to care for her.

Cooney said never before nor since has she become so attached to a baby in the nursery.

While in the hospital, Moriah refused to eat and grew slowly, categorized as "a failure to thrive."

When CWS couldn't place Moriah because of her medical problems, Cooney and her husband renewed their foster care license and welcomed Moriah into their home.

Medical procedures began immediately because Moriah also suffered from muscular skeletal defects, including fused arm bones and "rocker-bottom" feet. Her feet were subsequently casted because they were turned inward. She also had surgery on her cleft palate.

Moriah began physical therapy at 9 months, speech therapy at 21 months, wore an eye patch from age 2 to 7, has worn glasses since age 2 and

continues to see an orthopedist and another specialist because of her scoliosis, or curvature of the spine.

When she began cutting her middle teeth two years ago, they were capped because no hard outer shell existed. Some didn't come in at all.

Attempts failed to reunite Moriah with her birth mother, and a year-and-a-half after Moriah came home with the Cooneys, adoption procedures began.

During this time, Cooney said she learned Moriah's birth mother, a heavy drinker, was unaware she was pregnant with Moriah and continued drinking throughout her pregnancy.

Moriah's birth mother had six other children prior to Moriah, two of whom were also affected by alcohol exposure during pregnancy.

Jeff, 19, had reading problems when younger, but now appears to be all right. However, Pauli, 18, has Fetal Alcohol Effects.

An FAE child, unlike an FAS child, appears perfectly normal, but experiences other problems.

Pauli is developmentally handicapped, hyperactive, reads at a third-grade level and has difficulty with abstract concepts, such as math.

These fetal alcohol effects didn't show up until she was school age.

Pauli is institutionalized in Santa Barbara and will remain there until she is 22, when a group home will be sought out for her to live in for the rest of her life.

"Pauli nor Moriah will ever be able to live independently," Cooney said.

The adoption papers were signed Oct. 7, 1986, when Moriah was almost three years old.



DEVANIE ANDERSON/THE LUMBERJACK

Moriah Cooney, 10, was born five weeks early in Crescent City and diagnosed with Fetal Alcohol Syndrome.

Around that same time, Cooney said Moriah's birth mother died at age 46 of "what I understand to be an alcohol-related disease."

Last year, Moriah's brother Jeff asked that she be told she is adopted.

"Moriah understands that she has a brother and sister that live elsewhere, and that she grew in another woman's body," Cooney said.

Moriah also understands "that she has a hard time learning and is in special classes," Cooney said.

"She understands she's differ-

ent because part of her finger is missing on one hand and one day she asked me why it was cut off," she said. "I had to explain that it wasn't cut off, that she was made that way."

Moriah is in the Glen Paul School system for developmentally handicapped children. She attends an all-day special education preschool, as well as attends a regular second-grade classroom for one hour each day.

Margaret, who has volun-

See Moriah, page 12



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# Damaged

## A pregnant woman harms more than herself when using drugs

■ Neurological impairment and delayed development are some of the problems drug-exposed children can face.

By Russ Williams  
LUMBERJACK STAFF

Drug-exposed infants may face psychological, physiological and social problems that remain with them for their entire lives, according to area experts.

Children experience a wide range of outcomes because of their individual prenatal situations, said Claire Grossman, an HSU special education lecturer.

If substance abuse occurs early and continuously, the child may

experience respiratory distress and cardiac arrest, said Grossman, who worked in a Chicago neonatal intensive care unit for two years.

"That child may have vision impairment, hearing loss, neurological impairment and withdrawal accompanied by seizures," she said.

The chance of long-term effects from exposure to drugs is very high, said Ted Humphry, an Arcata pediatrician.

"Babies that have a history of

intrauterine drug exposure are more apt to have delayed development, learning disabilities, movement disorders and sometimes cerebral palsy," Humphry said.

When an infant exhibits these symptoms, a hospital physician examines the substance-exposed child's need and assesses the parental situation to determine if the mother has been using drugs, said Director of Child Welfare Services Nancy Simcoe.

"If the hospital determines that a child may be at risk, Child Welfare Services is notified," Simcoe said.

"A social worker is sent to the hospital to determine what kind of assistance is required," she said, adding that Child Welfare Services then arranges drug treatment services or, in extreme cases, removes the child from the home, placing them in foster care.

"If services can be provided and we determine it's a safe environment, we want that child to remain in the home," Simcoe said.

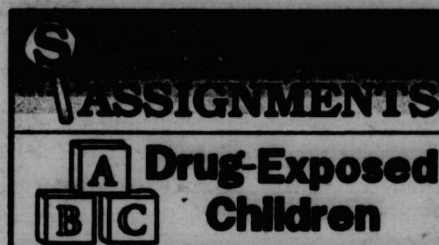
"If a child is removed from the home, we want to return the child to that home as soon as possible," Simcoe said, adding that separating children from parents interferes with the bonding process that is critical during early development.

When a child is born with Fetal Alcohol Syndrome, an abnormal face, awkward gate, small stature, developmental delay and seizures are common, Humphry said.

Exposure to other drugs can also cause serious problems which are symptomatically treated.

"Many babies who have had significant intrauterine drug-

See Damaged, page 14



## Moriah: tough road ahead eased by supportive family

• Continued from page 11

teered at Glen Paul School for the past six summers, said, "It's been good for her intellectually, to be around other kids."

Moriah climbed onto Margaret's lap and cuddled with her as she spoke, "She's so funny and loves a lot of attention. If she says something funny and we all laugh, she repeats it about 10 times."

Moriah insisted on pushing Margaret around in her wheelchair, which she is temporarily using because of a

hiking accident in the Trinity Alps.

"She wants her own way, just like everybody else does," Margaret said. "She's pretty much spoiled, but not enough to hurt her."

"Come on," Moriah said and pushed her sister down the sidewalk.

Megan said Moriah enjoys waking her and Margaret every morning.

"And she loves pretending she's older," Megan said. "She follows us around the house and into the bathroom to watch us

comb our hair.

"She's starting to learn to do chores, like set the table, and if we help her she'll clean her room," Megan said.

Moriah was about a year behind normal development when she was a baby, Cooney said.

When Moriah was 1 year old, she weighed only 13 pounds and didn't speak or sit up until she was 15 months old. She stood at 17 months and walked at 26 months, Cooney said.

"You really appreciate the developmental milestones and the effort she goes through to

achieve these milestones — her gumption and guts," Cooney said.

Moriah will stay in the Glen Paul School system until she is 22, at which time the Cooneys must decide whether they want her at home or in a group home.

"We just take it one day at a time," Cooney said. "Moriah brings as much pleasure as she does grief."

"This is a life-long thing," she said, adding that "it is a fallacy that FAS is outgrown. Like Down's Syndrome, it is never outgrown."

"The idea that we'd have to watch her like a preschooler 10 years after we brought her home just wasn't there for us," Cooney said. "But we love her and she's our baby."

"I can't imagine life without Moriah," Margaret said. "All three of us are really close sisters."

Cooney is also a spokeswoman for a recently formed support group for adoptive or birth parents of children affected by FAS. The group meets monthly at the Easter Seal Society office, 3289 Edgewood St., Eureka, 445-8841.

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PHOTOS BY ANNA MOORE

## Pastels on the Plaza

Though dark and stormy-looking skies hung overhead, fearless pastel artists crouched down and went to work for the Sixth Annual benefit for Northcoast Children Services.

More than 100 artists participated in the benefit for the non-profit organization, which raised approximately \$7,000 in last year's down-and-chalk-dusty drawing event.

Pictures and stories can take you anywhere, with a little help from imagination and, in this case, pastel chalk. Hugh Dalton from the Tin Can Mailman, a used bookstore, illustrates the magic of a good book, top. Autumn mists didn't keep onlookers from perusing the pastel-covered sidewalks, left.

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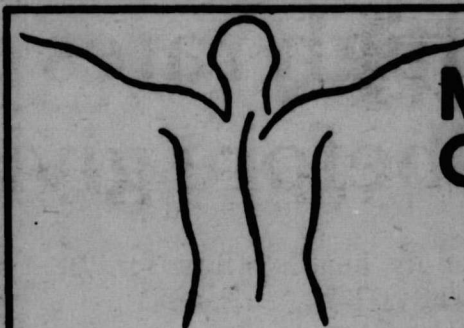
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# Study finds high rates of women using drugs before giving birth

■ Humboldt County shows up high on the list of women who tested positive.

By Andrew Hessel  
LUMBERJACK STAFF

Northern California, including Humboldt County, is near the top of the list in a statewide study of alcohol and drug use during pregnancy.

Compared to the statewide average of about 11 percent, the 10-county Northern California region had a 14 percent rate of women who tested positive for alcohol or other drugs just prior to giving birth.

This translates to approximately 250 drug-exposed infants born each year in Humboldt County.

The study, released last month, is the most extensive on the topic ever conducted in the United States, said Dr. Rebecca Stauffer,

deputy health officer for the county.

The Perinatal Substance Exposure Study, funded with \$1.8 million from the state, was conducted by the UC Berkeley School of Public Health and the Western Consortium for Public Health.

Data were collected last year from nearly 30,000 women when they were admitted for delivery in 202 hospitals throughout the state.

About one in every 15 subjects tested positive for alcohol.

"That is the highest ratio there has been, ever, in this kind of study," Stauffer said.

Because of limits to detecting alcohol traces in urine, the tests only registered positive if the women drank just hours before delivery, she said.

"If they used (drugs) all through the first, second and

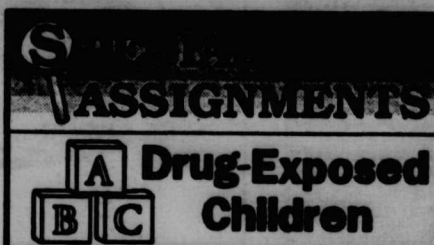
most of the third trimester but were clean at the time of delivery, that will not be picked up in this study. Therefore, these results represent an absolutely lowest possible figure," Stauffer said.

Since the smoking data came from volunteered information, the reported statewide rate of approximately 9 percent is unrepresentative of the actual number of pregnant smokers, she said.

"Humboldt County is very high in all of the tobacco-related cancers, so we know the smoking rate has to be high," she said. "If it's high in Humboldt County, it's high among pregnant women."

Valerie Hunter, clinical director for the county's drug programs, said, "I think, traditionally, rural areas do have a higher

See Study, page 15



## Damaged

• Continued from page 12

exposure will be very jittery and tremorous," Humphry said.

"Many don't feed well; they may be uncoordinated and have trouble maintaining their body temperature," he said. "Some babies have a high-pitched cry, which indicates brain damage."

Sometimes, children exposed to opiates are put on drugs and gradually withdrawn over a period of days or weeks to ease their symptoms.

Additionally, doctors use Thorazine or phenobarbital to withdraw "crack" babies.

"There are some very complex types of medical problems which will continue to follow these children as they mature," said Grossman, who, while working for the March of Dimes, performed primary evaluation of children who were monitored for perinatal risk.

"We've had children who were in the mild to moderate range of drug-exposure in the public schools for years," she said.

Grossman, who also worked with substance-abused children as a mental health consultant for a Chicago Head Start program, cites two reasons why society is becoming more aware of drug problems.

First, drug abuse is spreading and it's beginning to affect classes of people who had previously not been affected.

Secondly, children who normally would not have survived are surviving because of current medical technology.

"We see children with FAS who are severely mentally retarded and will need support their entire lifespan," Grossman said.

"We see cocaine-exposed babies who will have lifelong neurological problems, severe learning disabilities and perceptual problems," she said.

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## Students help create a safe, healing place

By Amy Gittelsohn  
LUMBERJACK STAFF

The Healthy Moms Program not only offers substance abusive mothers a healthier life, but also provides HSU psychology students an opportunity to gain practical experience.

Although the students and children are at work, it looks a lot like play.

"For kids, play is work," said Stephen Lyons, a staff member who provides childcare so mothers can take the courses required to complete the program.

Lyons is pursuing credentials in school counseling and school psychology at HSU.

They don't try to be psychologists to the children, but use a more informal play therapy, Lyons said.

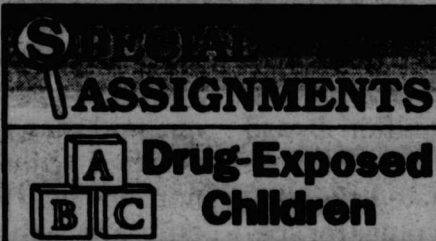
Steffanie Holzke, an HSU graduate student in the psychology department's academic research program, said she enjoys coming up with new activities for the children.

"You don't have to be a psychologist" to see the changes in the children after they and their mothers finish the program, Holzke said.

Although among the minority, some of the children in the class are developmentally disabled due to drug exposure before birth or unknown causes.

Some of them will have problems mainstreaming, but there is still a great deal they can learn, Lyons said.

"We want to create a little place in the world that they can trust," he said.



## Have trash, will travel

■ The county looks at sending solid waste to Utah.

By Eric Souza  
LUMBERJACK STAFF

Not many people come to Humboldt County looking to take home tons of trash.

With five years worth of space left in the county's landfill facilities, the Humboldt County Integrated Waste Management Task Force is looking into the possibility of sending solid waste to Utah by rail.

The East Carbon Development Corporation in Utah is making a pitch to the county to dispose of solid waste in the largest permitted landfill in the United States. The site is located about 150 miles south of Salt Lake City, directly off the Southern Pacific Rail System.

Within the next five years, Humboldt County has to find another landfill space or send its waste to an outside fill. ECDC is offering a 10-, 20- or 40-year transportation and disposal agreement.

Dennis Kalson, a senior environmental health specialist for

the Humboldt County Department of Health and Social Services, said this rail haul is a serious possibility.

"This is just one of several options the county is looking at for its long-term disposal needs," he said.

One of the concerns the county has about hauling waste is when it is removed from the area in which it was produced, it makes the problem less visible to the community. "We have to get out of the disposal mentality," Kalson said.

The situation was handed from the Board of Supervisors to the task force over the summer.

Liz Citrino, the waste prevention coordinator for the Humboldt County Department of Health and Social Services, said while there are good reasons to send the waste to Utah, she is also looking at the drawbacks.

"Most of us have mixed feelings about the whole idea," she said. "It's attractive because they want our garbage, and the site is more suitable than anywhere in Humboldt County."

"Anytime something looks too good to be true, it's time to take a good look at it," Citrino said.

She said any landfill in a wet coastal area is prone to health hazards, while the site in Utah is located in a high desert.

A possible problem is the hauling itself. "Another big concern is the dependability of the rail line," she said.

The cost of solid waste disposal at the Humboldt Transfer and Recycling Center in Eureka is \$69 per ton, one of the highest figures in the state. Citrino said since the landfill has such a short remaining life-span, the cost of solid-waste disposal is higher.

Citrino agrees with Kalson that there is a moral problem in sending the waste out-of-state.

"The further away it is, the easier it is to forget," she said. "People need to take responsibility for the waste that they create."

The county is in the process of looking for possible landfill sites. "A regional landfill is a real hot-potato, because a lot of residents don't want it near them," Citrino said.

She is worried about what the costs might be to send away the waste. "The financial arrangements are the biggest concern."

While the cost of sending the

See Trash, page 16

## Study: smoking rate inaccurate

• Continued from page 14

smoking rate, and in large part, I think it's because of some of the cultural mores.

"Just look at the Marlboro man," she said, calling tobacco "the gateway drug."

"A legal drug, tobacco, is the drug that's associated with drug use," Hunter said.

The study found smokers were 10 times more likely than

non-smokers to use marijuana and over 20 times more likely to use cocaine or amphetamines.

Stauffer said the media focused too much attention on cocaine-exposed black infants, which represented a numerically small portion of the total number of drug-exposed infants.

African-Americans accounted for about 5 percent of California births in 1992, and about 20 percent of the substance-exposed

births, the study estimated.

"Another myth is that it's all poor women who have this problem," Stauffer said.

In the study, women with health insurance constituted over 40 percent of those who tested positive for alcohol and 30 percent of illicit drug detections.

The study found that women who did not receive prenatal care were more likely to test positive for drugs.

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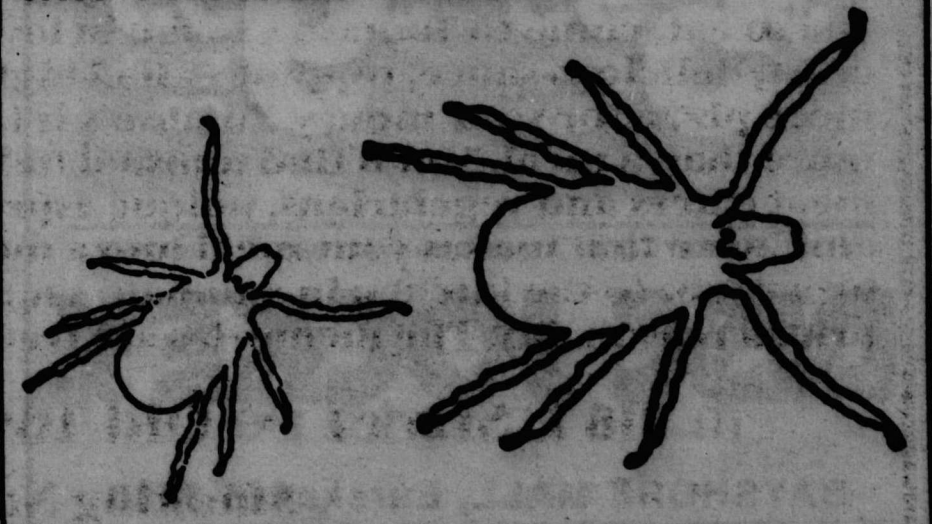
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## Environmentalists respond to Option Nine timber plan

■ While some see the plan as a first attempt to end the "timber war," others are more skeptical of future outcomes.

By Dirk Rabdau  
EDITOR IN CHIEF

Environmentalists are angered about President Clinton's proposed plan for the Northwest forests.

Option Nine — the preference of the Clinton administration — attempts to balance environmental, economic, and social interests in the region covered by the plan.

The plan, which includes parts of northwest California, western Oregon and Washington, represents a significant change in priorities for the 22 million acres of federal forest lands.

Tim McKay, director of the Northcoast Environmental Center, said the Portland forest summit in July represented the first attempt at quelling what he described as "the timber war."

"It's not unlike the Israelis and the PLO," he said.

Timber harvests in the region covered by the Option Nine plan produced approximately 4 billion board feet per year during the 1980s. Under the plan, that number is pared to 1.2 billion board feet per year.

Key elements of Clinton's plan must be approved by Congress. The \$1.2 billion package of government programs is aimed at restoring watersheds, retraining timber workers and subsidizing timber-dependent communities. All must receive congressional

approval.

Many environmentalists preferred Option One, which would have all but guaranteed the survival of species associated with old-growth forests by reducing harvests to 200 million board feet per year.

Scientists estimated the likelihood of four outcomes for species associated with old-growth forests in the report of the Forest Ecosystem Management Assessment Team. These outcomes ranged from a well-distributed species to extinction. The projections covered the next 100 years.

Under Option Nine, the vulnerability of many species is increased, especially mollusks and lichens. Certain species of bats, fish and fungi also face a risk of extinction under the Option Nine plan.

A 90-day comment period on the draft supplemental environmental impact statement wraps up at the end of the month.

Since the the plan was proposed, timber companies in California have repeatedly claimed that timber regulations are already the toughest of any state. "These laws have never been enforced," McKay said.

McKay said claims by California timber companies regarding the tough regulations is just a ploy.

Environmentalists are also

angered that forests in eastern Washington and eastern Oregon are not covered by the plan. Many are afraid that this will cause accelerated logging in the region.

"East of the (Cascades) range, a lot of forests are being logged in the name of salvage," said Randy Ghent, coordinator of HSU Earth First!

Ghent, a political science junior, said many of these trees are afflicted with diseases that are not serious. He said forest officials are selling these trees to timber companies for a bargain price.

"Option Nine is not ecosystem management," he said.

Clinton hopes his plan will lift many of the injunctions that have all but halted federal timber sales since 1989.

The Ninth Circuit Court of Appeals and U.S. District Judge William Dwyer in Seattle issued these injunctions after ruling that federal agencies were in violation of the Endangered Species Act, the National Environmental Policy Act and the National Forest Management Act.

McKay said these injunctions could be lifted if the bench agrees "that there has been compliance with the law."

The Clinton administration has asked some of the plaintiffs in the cases to consider dropping their cases as an act of good faith.

But Ghent believes that Option Nine is still in violation of the Endangered Species Act. He said Earth First! favored a no-action policy which would have left the forests alone.

## Trash

• Continued from page 15

waste to Utah rivals the cost of building and maintaining a new landfill in Humboldt County. "There are substantial costs besides that," Citrino said.

She said a transfer station is one of the large costs it would take to send the waste to Utah.

"So far, all these money figures are just guesstimates," she said. Although the rail-haul option is being considered, there are other options the county is considering.

There have been nine proposed locations for a new landfill in Humboldt County. Four sites in Freshwater, about three miles east of Eureka, were given the highest ratings based on economic, environmental and sociological effects, according to the October issue of The North Coast Journal.

The list will be shortened to three sites at the county advisory committee meeting on Oct. 18. The county will consider the recommendations in late December or early January.

Kalston summed up the situation by noting: "Any decision is a long way off."

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## October is AIDS Awareness Month

The theme of AIDS Awareness Month in Humboldt County is "Faces of AIDS: Facts of Life."

Since 1985, 111 people have been diagnosed with AIDS in Humboldt County. Estimates are that approximately 1,000 people have HIV in the county.

Beginning in 1989, Humboldt County has passed yearly proclamations endorsing AIDS Awareness Month, which is a nationally recognized event.

The purpose of October AIDS Awareness Month in part is to encourage and support the North Coast community to learn more about HIV/AIDS.

Some scheduled events this month include:

- The "Tuesday Night Talk Show" on KHSU will feature a discussion about AIDS later in the month.

- Jeff Bernstein, the health education specialist from the North Coast AIDS Project will be on campus Oct. 14 distributing free condoms and information.

- Red ribbons are encouraged to be worn.

In California, AIDS is now the leading cause of death in men between the ages of 25 and 44; and the fourth leading cause of death among women the same age.

Seventy-five percent of world AIDS cases are believed to be attributed to heterosexual sex.

More information is available from the North Coast AIDS Project, 441-5632.

—Gini Berquist

## Slide show of PL land unhindered

Environmental activist Doug Thron presented his slide show critical of Pacific Lumber Co. Sunday night, despite threats of legal action from PL.

"I accomplished what I wanted to do," Thron said of the show, which was attended by about 200 people.

PL alleged some of Thron's slides were taken while trespassing on the company's property.

Mary Bullwinkel, public affairs spokeswoman for PL, said the company has "not made a decision yet as to what our next step will be. We'll make our decision based on the law and on what's in the company's best interest."

Thron is promoting a plan by Rep. Dan Hamburg (D-Ukiah) for the federal government to purchase or trade land for about 44,000 acres of PL timberland.

"We are willing to negotiate on the sale of 4,500 acres at fair market value and no more," Bullwinkel said.

—Andrew Hessel

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## Taste Humboldt County's culture

■ A cookbook reveals past and present cuisines from local kitchens.

By Michelle Van Aalst  
LUMBERJACK STAFF

"Adobe Oven Bread," "Rutabaga Casserole" and "Banana Slugs Sauteed" are just some of the dishes you will find in the book, "A Taste of Humboldt."

Now in its second printing, "A Taste of Humboldt" was first published in 1987 and has made more than \$50,000 for the Youth Educational Services Trust Fund.

The fund uses the interest from the money raised toward scholarships for directors of Y.E.S.

"Part of the mission of Y.E.S. is to develop leaders who understand cultural pluralism, so it's nice that our cookbook educates our whole community in a small way," said Joy Hardin, executive director of Y.E.S.

Marjorie Fitzpatrick, chair of the Cookbook Committee, thought of the idea for a cookbook fund raiser when she was

visiting her mother in Alabama. "There was a county cookbook there. I thought it would be nice to have one here that would have the county history and the different ethnic backgrounds," she said.

Fitzpatrick wanted a fund raiser to help the whole community rather than a small section.

"Y.E.S. was the logical place to give the idea of the cookbook. They serve all types of people," she said.

"A Taste of Humboldt" has recipes ranging from various Native American tribes to Southeast Asian cuisine.

Selling 5,000 copies in its first printing, the collection of recipes is not only a cookbook, but a historical overview of Humboldt County.

"It really isn't a recipe book," Fitzpatrick said. "I think it kind of tells you about the folks in Humboldt County and the people who have developed it."

Before the recipes, the book discusses the different ethnic groups in Humboldt County and continues with brief explanations of communities that run from Southern Humboldt to Trinidad.

The recipes were obtained from the entire county.

"We put out thousands of

recipe blanks in post offices and country stores and asked for your favorite family recipe from your tradition," Hardin said.

The recipes are also from different time periods in Humboldt County. One recipe in the book is titled "The First Recipe in Humboldt County" and its only ingredients are an eagle, a raven, and a dead fish. The directions: "Put into pot for supper."

"We received some submissions that were really weird," Hardin said. "They didn't fit under any category, so we made this new section."

Under the section titled, "Miscellaneous," one can find such delights as "Roast Raccoon" and "Seaweed."

The book also offers readers more tame dishes such as "Scottish Shortbread," "Zucchini Nut Bread" and "Black Bean and Rice Stew."

"If you were looking for a meaning behind some recipes then this would be a good cookbook to have," Fitzpatrick said. "But I think it's more than a cookbook — it's a taste of Humboldt."

Dedicated to the people of Humboldt County, this \$11.95 book is for sale at the HSU bookstore.

## Book funds aid Y.E.S.

By Michelle Van Aalst  
LUMBERJACK STAFF

A local cookbook not only provides unusual and tasty recipes, but also gives participants in the Youth Educational Services program a chance to keep on dishing out help.

The Y.E.S. house serves both students and community by providing work experience for students in areas of peer counseling.

Thanks to funds raised from sales of the "A Taste of Humboldt" cookbook, approximately \$3,000 is available to qualifying students each year.

Each director can receive a maximum of \$500 per semester.

This semester, Y.E.S. has received application requests totaling \$3,200. Only \$1,500 is available for directors.

To receive funding a student must be a co-director of a program, after being a volunteer, and spend between 10 and 20 hours a week working on a program.

"Y.E.S. sometimes lost their directors because of financial troubles," said Marjorie Fitzpatrick, chair of the Cookbook Committee.

"The (directors) were being cheated because they weren't able to use their talent to help their community, (and) the community was being cheated as well by not having the resources of these directors," Fitzpatrick said.

In the past, some Y.E.S. programs were threatened when students could not put in the necessary time to accomplish their goals because they had a part-time job.

"The classic line is, the students have to go flip burgers instead of changing kids' lives," said Joy Hardin, executive director of Y.E.S.

Erika Merklin, a social science senior, received funds for fall 1992 and spring 1993 totaling \$1,000.

"It enabled me to dedicate time to volunteer work in the community by helping me financially," she said.

Nafisa Sekandari, a first-year grad student at HSU, was involved with a program called "The Big Show." The purpose of the program was to send underprivileged children to Marine World in Vallejo, Calif.

Sekandari and her volunteers raised \$6,000 in two months and were able to send 68 kids to the theme park.

"I was putting a lot of time and energy into the project," she said. "The fund really helped me out. It saved me."

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# Salmon run low

## Experts converge on Woodley Island to net problem

■ Locals bemoan a drastic three-year drop in fish returning to spawn.

By Pat Kelley  
LUMBERJACK STAFF

"There are several possible reasons why the salmon runs are low," said biologist Patrick Higgins.

Higgins, representatives from organizations in California and Oregon, federal agencies, commercial fisherman and the Hoopa and Yurok tribes met at Eureka's Woodley Island Marina last week to discuss the problem.

The possible reasons include effects of drought, an El Nino condition in the late 1980s, over-fishing and the release of too many hatchery fish.

"Basically we're getting low spawning escapement on the Klamath River for the last three years," said John Coon, an Oregon member of the Pacific Fisheries Management Council. Spawning escapement describes the number of fish that survive the rigors of heading downstream as young fish, spending three to five years in the ocean and then returning up stream to spawn.

Natural predators, adverse habitat conditions as well as sport and commercial fishing contribute to low spawning escapement.

A floor, or minimum, of 115,000 adult wild fish returning to spawn, was set by the Pacific Fisheries Management

■ Salmon overcome natural obstacles to reproduce. Page 22.

Council in 1979.

It was assumed this level would guarantee the run would be preserved.

In 1982, under pressure from fishing organizations, the floor was reduced to 85,000 fish and then to 68,000 fish.

In 1986 the Council reduced the minimum 35,000 fish return. Many biologists think this number is too low.

Even with these limits, the number of returning fish plummeted.

In 1990 only 15,536 fish returned to the Klamath River. The figure was down to 11,499 in 1991 and 11,120 in 1992.

One problem discussed was the number of fingerlings being released by the hatcheries.

The hatcheries had been releasing up to 12 million young salmon each year from 1986 to 1989.

"Releasing this many hatchery fish is a two-edged sword," Higgins said.

**RICK HARRIS**  
Eureka General Manager  
Pacific Choice Seafoods

"Salmon are a thing of the past, at least until the stocks rebound."

"It's a matter of density-dependent mortality," he said, referring to the death-rate in relationship to population density.

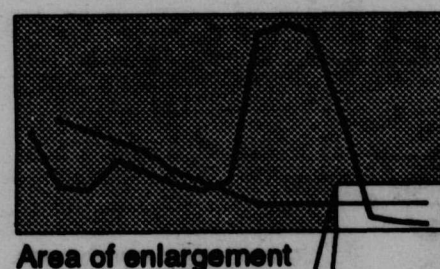
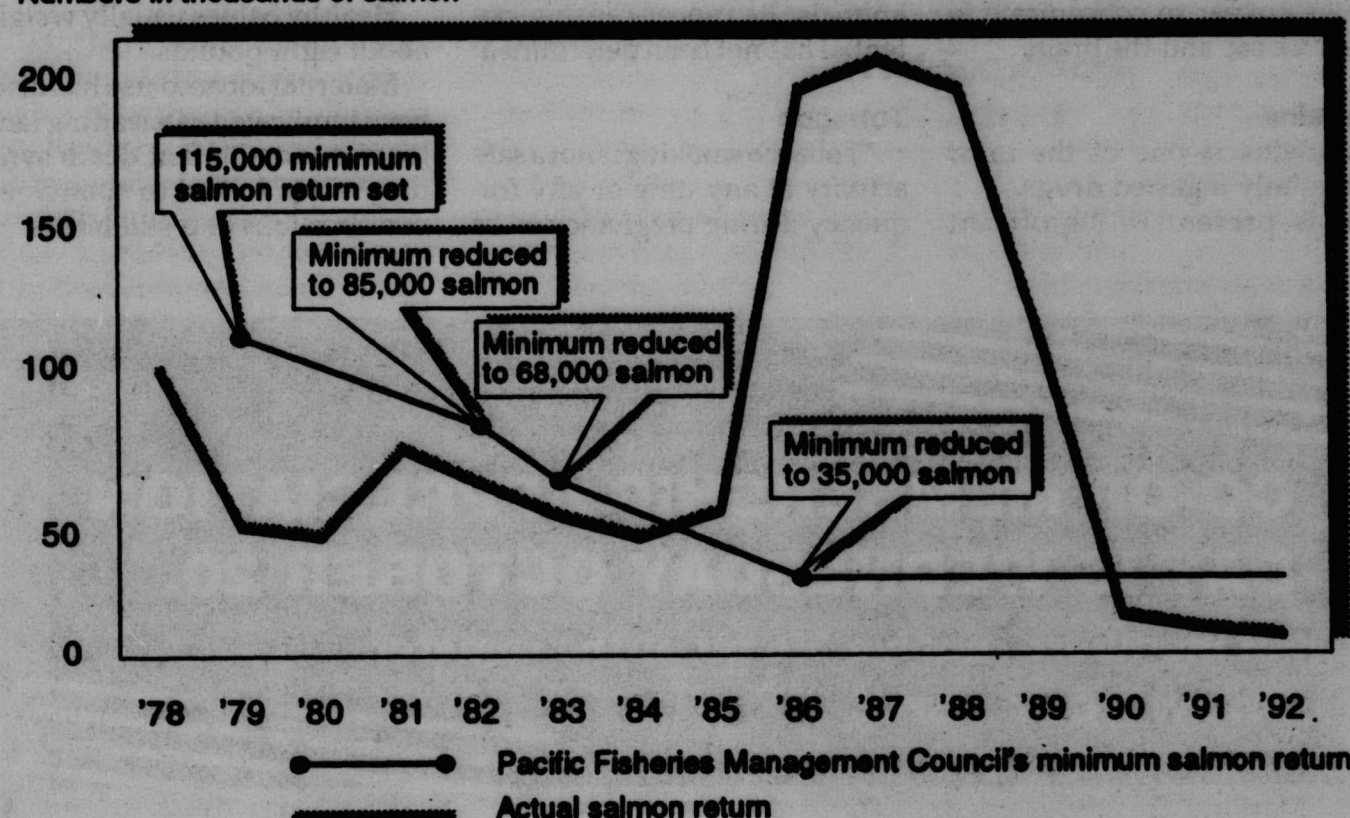
Higgins said if the harvest quota is set high enough to take enough hatchery fish out of the stock to prevent them from simply overwhelming the low number of wild fish, then too many wild fish will be removed for a successful run.

"When harvesting fish at sea you basically can't tell the wild stocks from the hatchery stocks," said HSU fisheries Professor Terry Roelofs.

He said there were other factors, including the fact that wild fingerlings would move out to sea over a period of time, whereas the hatcheries release their fingerlings enmass and

### Klamath River salmon runs

Numbers in thousands of salmon



SOURCE: Pacific Fisheries Management Council and The Lumberjack archives

RAY LARSEN / THE LUMBERJACK

they migrate out to sea in a tight group.

"They simply overwhelm the wild stocks," Roelofs said.

Other possible culprits are low water flow during the drought years, effects of the El Nino condition that occurred during those

years or an unidentified problem with the ocean habitat.

Because salmon are out to sea for three to five years, researchers have to look at the habitat's former condition.

Another problem may be over-fishing.

"The salmon fisheries are seriously overharvested," said HSU fisheries Professor David Hankin, who is a former member of the Klamath River Fall Chinook Review Team.

See Salmon, page 20

## Mothers' vices are trouble for next generation

■ The placenta can be a dangerous highway for drug transference.

By Andrew Hessel  
LUMBERJACK STAFF

When a mother smokes, drinks or takes any drug, in effect so does her fetus.

The main route of drug transfer is by way of the placenta, the membrane by which the fetus is joined to the mother's

■ Drinking during pregnancy can cause birth defects and other problems. Page 21.

uterus.

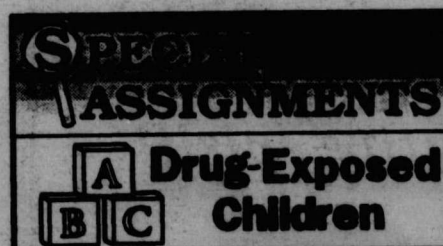
"There's no known safe limit (during pregnancy) for alcohol or any illegal drug," said Dr. Rebecca Stauffer, deputy health officer for Humboldt County.

"For a lot of people, it's hard to do just a little," she said.

Before birth, the fetal membranes and placenta provide the fetus with protection, nutrition, respiration and excretion.

At birth, they separate from the fetus and emerge as the "afterbirth."

The main mechanism of drug transfer



is diffusion, or spreading, across the placenta.

In diffusion, the rate of transfer is proportional to the surface area and thickness of the membrane.

Some chemicals reach the fetus mainly after the placenta converts them into a form which is more transferable.

Changes in the flow of maternal blood to the placenta affect how much of a substance is available for transfer over a given period.

The stage of fetal development is also

important in determining the transfer rate through the placenta. In some cases, the transfer rate is highest in early pregnancy.

The placenta is not efficient at metabolizing, or breaking down drugs; this is, however, the liver's primary function.

Once a bypass through the liver called the ductus venosus develops, some blood from the placenta passes almost directly from the umbilical cord to the heart.

This reduces the flow of blood to the fetus' liver.

The products of metabolism may be as harmful, if not more, to the fetus as the

See Drugs, page 20



# Drugs: Fetal tissues can become toxic dumping ground

• Continued from page 19

original drug. Additionally, metabolites which have a hard time crossing the placenta can accumulate in the fetus if they can't be eliminated by another route.

Drugs might also be stored in fetal body fat or bound to proteins in tissue or plasma.

Drugs and their metabolites can target specific tissues. Many drugs appear to concentrate in the yolk sac and the brain.

## Caffeine

Caffeine is one of the most commonly ingested drugs. It is present in significant

amounts in coffee, tea, soft drinks, chocolate and many over-the-counter remedies for headaches and upper respiratory tract infections.

"There's just not good data on caffeine and pregnancy," Stauffer said.

Caffeine readily crosses the placenta. Its half-life in the blood is from two to six hours.

In very high doses, it causes mutations in the offspring of animals. Its cancer-causing potential has not been determined.

## Tobacco

"Tobacco smoking is not a safe activity at any time or any frequency during pregnancy — or

at any time in one's life," Stauffer said.

Smoking cigarettes during pregnancy can result in retardation of fetal growth and low birth weight, which can be fatal to the baby.

Depending on how much a mother smokes, she has a 54 percent to 130 percent greater likelihood of a baby under 5.5 pounds — the technical definition of low birth weight.

Healthy babies usually weigh about eight pounds.

Maternal tobacco use has also been implicated as a leading factor in sudden infant death syndrome and linked to spontaneous abortions and still births.

Some researchers have tentatively linked nicotine use to hyperactivity and learning disabilities. These disabilities could also be caused by the carbon monoxide in cigarette smoke, which deprives the brain of oxygen.

**"Tobacco smoking is not a safe activity at any time during pregnancy — or at any time in one's life."**

**DR. REBECCA STAUFFER**  
County deputy health officer

ties.

Stauffer said marijuana use is more prevalent in rural areas, and most studies of fetal substance exposure are done in large metropolitan hospitals.

"Just because there are not good studies, that

does not mean it's safe," Stauffer said. She said pregnant women should "absolutely" avoid marijuana.

## Alcohol

Alcohol consumption during pregnancy can lead to a broad spectrum of fetal alcohol effects, FAEs, or fetal alcohol syndrome.

FAEs, including growth deficiency or alterations in the central nervous system, may result from only moderate drinking.

Fetal reaction to a particular dose of alcohol can vary greatly, Stauffer said. There is no scientific consensus on a "safe" level of alcohol consumption during pregnancy, she said.

## Marijuana

Marijuana smoke contains more carbon monoxide than tobacco smoke.

Placental transfer of marijuana diminishes as pregnancy progresses. However, THC, the main psychoactive chemical in marijuana, is stored in the body's fatty tissues.

A single dose takes up to 30 days to leave the body. Because of this, it accumulates during chronic use.

Few reliable studies have investigated the effects of marijuana on human fetal growth, with conflicting results.

Research suggests that, as with tobacco, marijuana smoking during pregnancy can cause low birth weight.

There are also indications that it may produce infants with sleep disorders and learning disabili-

## Cocaine

The plight of "crack babies" has garnered a lot of attention in recent years.

"The media has really overdone it," Stauffer said, noting there are fewer babies born exposed to cocaine than to other drugs.

Cocaine metabolism is generally lower in the fetus, as well as in pregnant women and people with liver disease. Since decreased metabolism prolongs exposure, the fetus may be more sensitive to small doses of cocaine.

"It's pretty hard to measure what the fetus is getting," Stauffer said.

Among the effects linked to fetal cocaine exposure are low birth weight and head size, urinary-tract and genital abnormalities, limb deformities, heart lesions, seizures and central-nervous-system and eye malformations.

One study found that among cocaine-exposed infants showed impaired orientation and reflexes, even when their mothers stopped using drugs in the first trimester.

Stauffer said potentially serious long-term effects, as well as more subtle effects, of these and other drugs may not be confirmed for years.

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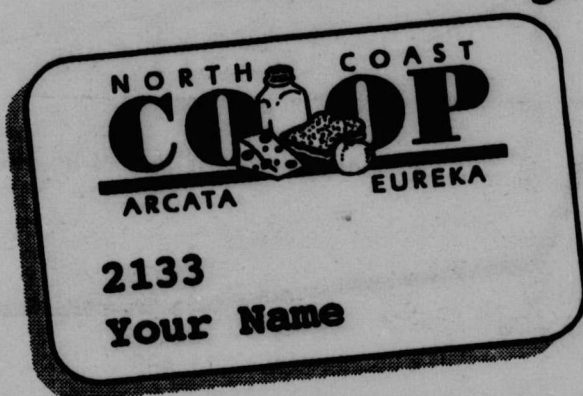
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Arcata. As others became members by investing in the little store, the Co-op was born. The Co-op has grown through many changes over the past 20 years, but members today still support the same ideals on which the Co-op was founded:

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## Salmon

• Continued from page 19

"It's not just the Klamath that is in trouble," Higgins said. "In the 1930s the Shasta River had some 80,000 fish. By the end of the '70s it was 60,000. By the late '80s it was down to 15,000 fish in the Shasta River. In the last three years it has been down to less than 500 salmon."

Area fisherman, already strapped by restricted fishing seasons, are worried.

Some of the possible solutions suggested at last week's meetings include reducing the number of hatchery released fish, marking all hatchery fish and further restricting the fishing season.

"Last year we had basically no season and we really only got

September this year," said Jim Caito, a fisherman from Fort Bragg.

"It's a species that does a lot of good for the economy of the North Coast," said Rick Harris of the \$100,000 per year salmon fishing industry.

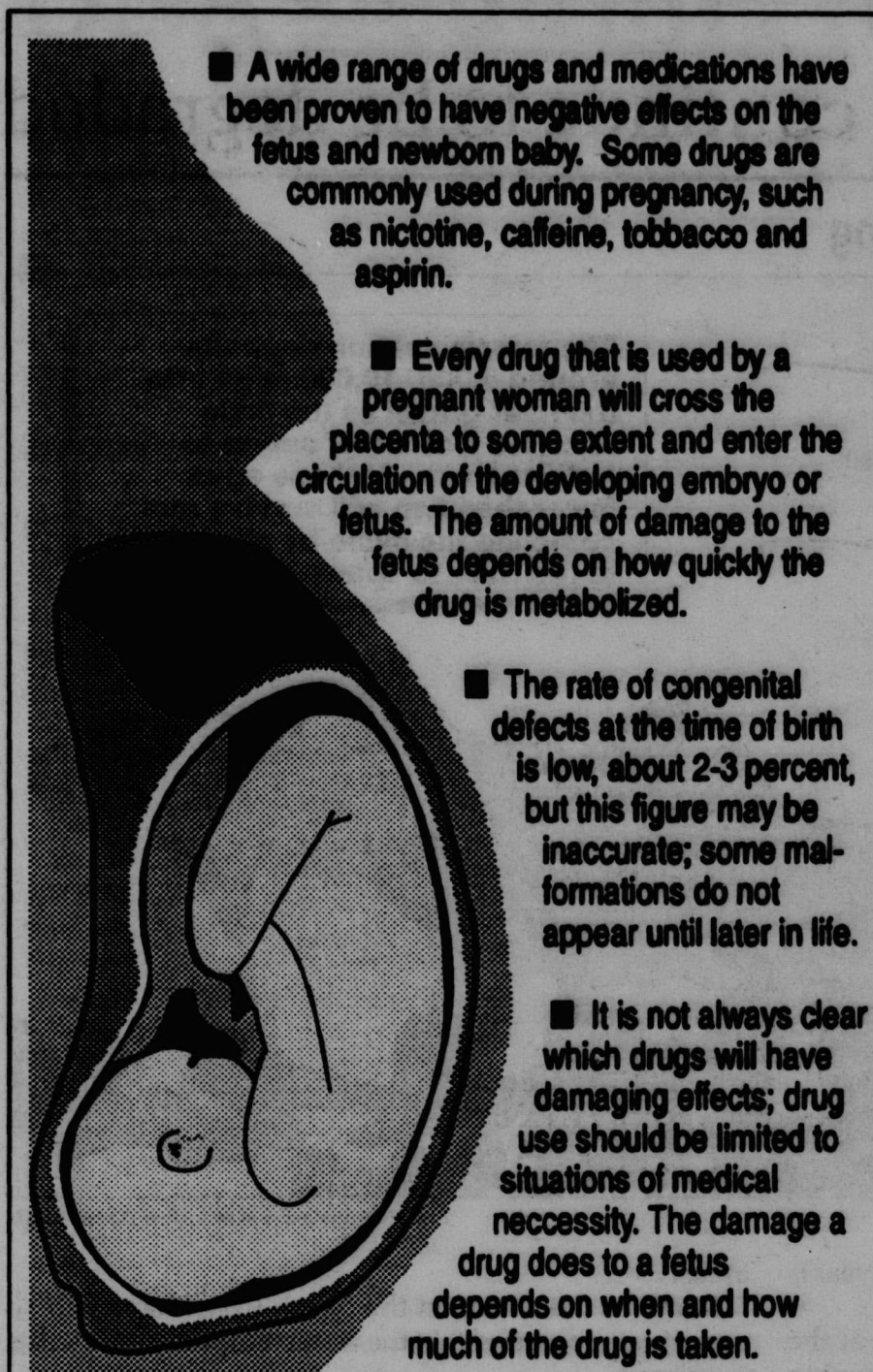
"Salmon used to be big, but we basically don't budget for time for it now," Harris said, the general manager Pacific Choice Seafoods in Eureka. "Salmon are a thing of the past, at least until the stocks rebound."

"None of these things happens in a vacuum," Roelofs said. "We could, by marking hatchery fish, set differential harvest quotas. We could have a lower quota or even no quota on wild fish."

Last week's meeting produced no policy decisions. A report is due in December.



## Drug use during pregnancy and lactation



SOURCES: Pharmacologic Basis of Perinatal Addiction; Biological Foundations of Human Sexuality

MIKI PETERSON / THE LUMBERJACK

## Birth defects caused by pre-natal alcohol abuse

## ■ Moderate drinking during pregnancy spells trouble for child.

By Andrew Hessel  
LUMBERJACK STAFF

Mothers who drink large amounts of alcohol during pregnancy may give birth to children with fetal alcohol syndrome, characterized by a pattern of growth deficits, mental retardation, behavior problems and physical abnormalities.

"It is the leading preventable birth defect and the leading known preventable cause of mental retardation," said Mike Goldsby, director of family recovery services at St. Joseph Hospital in Eureka.

Offspring exposed to only moderate doses of alcohol during pregnancy may exhibit only a few FAS symptoms.

Beside dosage, research indicates the variability may be due to different patterns of exposure, exposure during difference phases of development or differing vulnerability to the effects of alcohol.

"Unfortunately, studies have

not been able to determine a safe level" of alcohol consumption, Goldsby said.

In the United States, the problem began gaining recognition in the early 1970s.

The term fetal alcohol syndrome was coined in 1973.

In November 1989, Congress passed legislation requiring alcoholic-beverage containers to have warning labels.

Minimal criteria for diagnosis of FAS, recommended in 1980 by the Fetal Alcohol Study Group of the Research Society on Alcoholism, include: retardation of growth before or after birth; neurological abnormality, developmental delay or intellectual impairment; and facial anomalies or small head size.

Delays in motor development, hyperactivity and sleep disturbances have been observed in FAS patients.

Other symptoms include distractibility, short memory span, temper tantrums and perceptual difficulties.

Some researchers have found

the severity of a child's mental disorder seems to correspond to the degree of facial disfigurement, Goldsby said.

The first major report on adolescents and adults with FAS was published in 1991.

The faces of the patients, who ranged in age from 12 to 40 years, were not as charac-

teristic of FAS as they had been in childhood.

The average intellectual level for the patients was in the mildly retarded range, although some were severely retarded and others had normal intelligence.

Almost half had an IQ of 70 or more, not technically classified as mentally retarded.

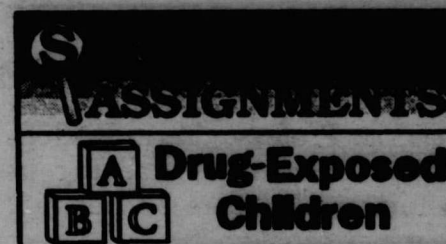
The average academic ability of these patients was at the second to fourth-grade level.

Some read and spelled at a fifth-grade level or beyond.

In general, arithmetic skills were most deficient.

Despite an average age of 17, the patients had an average "adaptive behavior" develop-

See Alcohol, page 22



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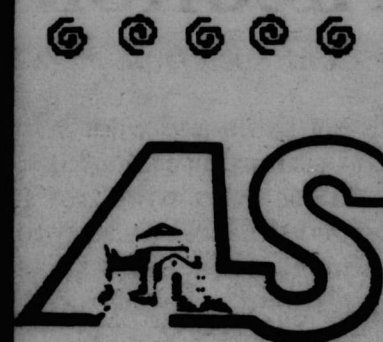
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# Spawn or die

## Salmon stocks take a dive as rivers continue to be degraded

■ North Coast anglers are not in the pink as fish populations struggle against the tide.

By Philip Pridmore-Brown  
LUMBERJACK STAFF

Drought, dams and increased amounts of silt all contribute to the decreasing salmon populations on the North Coast, said HSU fisheries Professor Terry Roelofs.

"Road construction and timber harvest both cause silt to enter the river," Roelofs said. "If there is not enough water to flush it out it is a major problem."

Salmon need clean, silt free, gravel to spawn. The fish digs holes in the gravel for its eggs, using its tail, called redds.

The salmon then cover the eggs with six to eighteen inches of gravel to keep them from washing away.

The eggs must have water washing over them constantly to provide oxygen and keep them cool. If silt fills in the redd the eggs will suffocate.

Roelofs said the salmon stocks in the area are only 20 percent of what they used to be.

If the spawning areas continue to be destroyed this trend will continue.

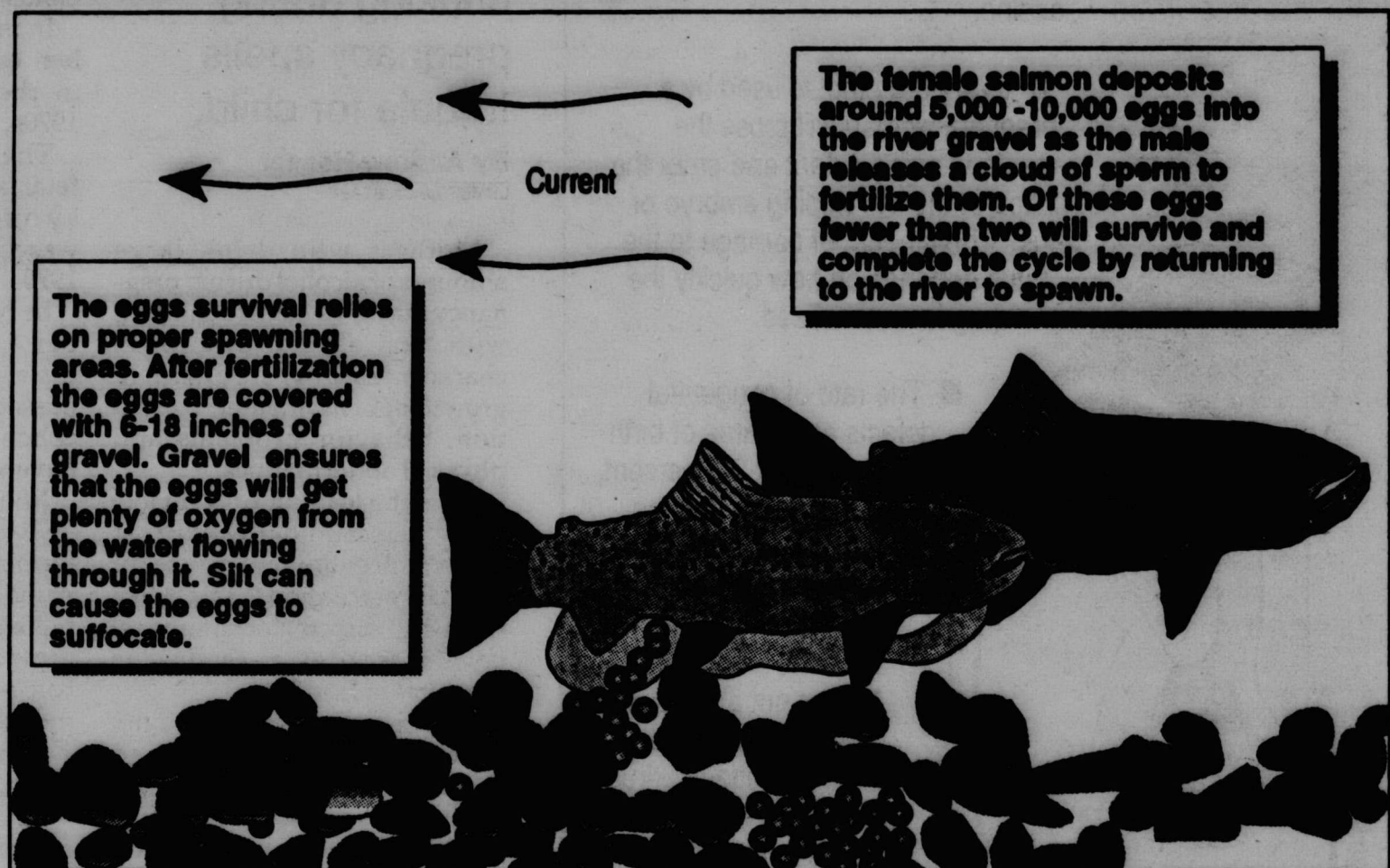
Roelofs cited several other factors that contribute to the problems with salmon spawning, including water quality, water temperature and grazing.

Cattle on the Shasta River system have caused the river banks to erode allowing silt and runoff to enter and muddy the river.

The annual run in the Shasta River has been reduced to a few hundred fish.

Roelofs said the entire Eel River system has had so much water diverted and timber harvested from its watershed

### Conditions for salmon spawning



PHILIP PRIDMORE BROWN / THE LUMBERJACK

that the water temperature during much of the year is lethal to fish.

The fish are forced to hold in cooler water at the mouths of tributaries, thus restricting their spawning

areas.

Many of the rivers on the North Coast have had so much water diverted that the water temperature is lethal to salmon.

## Alcohol: FAS can haunt its victims if left unchecked

• Continued from page 21

living skills and poorly in socialization and communication skills.

Those who were not technically retarded still lacked ability to consider consequences of action, to take initiative and to respond to subtle social clues.

Researchers concluded the wide variation in intellectual levels shows diagnosis of FAS brings no guarantees about IQ

or academic achievement.

On the other hand, Goldsby said, studies like this show it's not just a childhood disorder.

Since full-blown FAS patients tend to be born to alcoholic mothers, Goldsby said, their family environments tend to be remarkably unstable.

If not diagnosed as infants or young children, they are usually raised and taught by people unaware of their dis-

ability.

Because of this, it can be difficult to separate the biological aspects of FAS from environmental factors related to parental alcoholism.

"It's hard to tell which one is the bigger cause because they're both so serious," Goldsby said.

"Women have a number of barriers to entering treatment that men don't have," he said.

He said men tend to be more able to afford and have time for drug abuse treatment.

He also said the social stigma attached to alcoholic or drug-addicted mothers prevents them from seeking treatment.

Some have been charged with fetal child abuse.

"I'm very frightened by the current trend to criminalize pregnant mothers for using drugs," he said.

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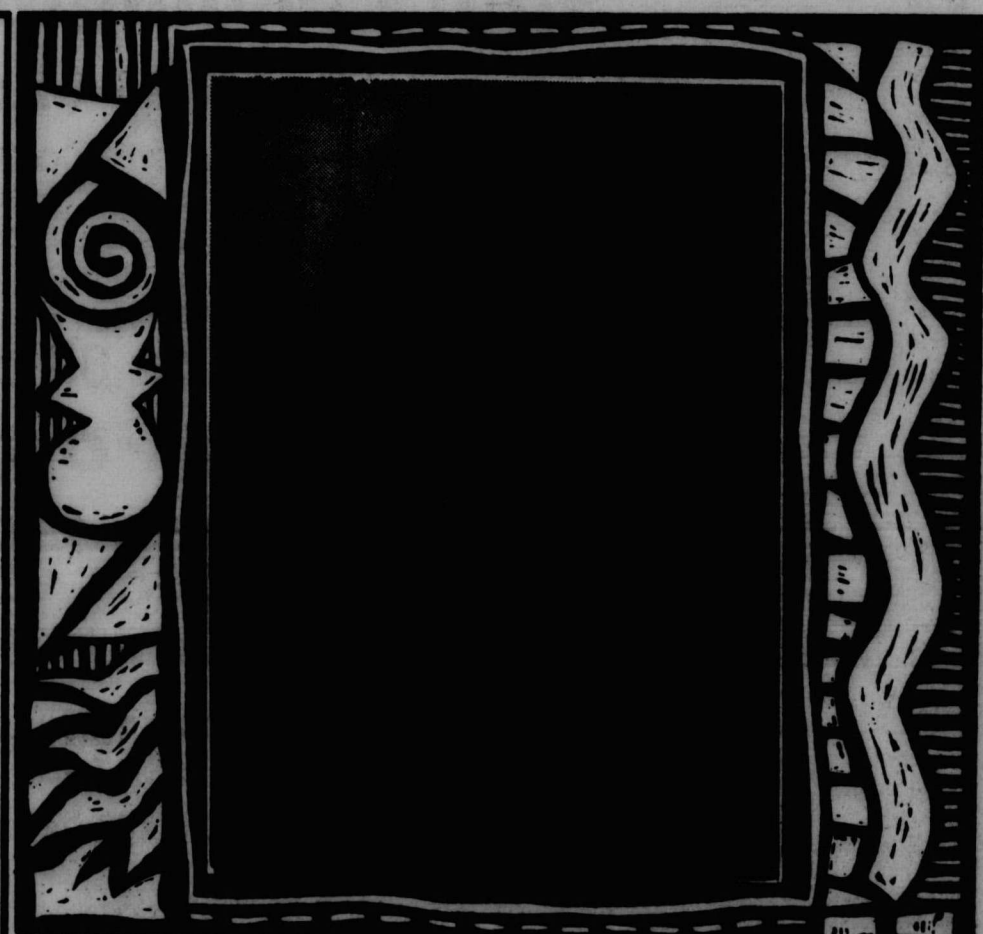


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# DNA sleuthing now nabs poachers red-stranded

■ "Blood and guts" investigations go high-tech to protect wildlife reserves.

By Harry Kassakhian  
LUMBERJACK STAFF

California's Department of Fish and Game is following a trail of blood to catch thieves.

The DFG launched a program that uses DNA samples from animal carcasses to convict poachers.

Jim Banks, the DFG's chief wildlife pathologist said in a telephone interview from the DFG's Forensics Laboratory in Rancho Cordova, "When we have gut piles or blood we can compare the two samples (suspected poacher's animal's and the carcass's) to determine if they came from the same animals."

He said DNA sampling will improve the conviction rate of poachers tremendously.

"Now all we can say is that it may have come from that animal," Banks said. He said poaching is rampant in California.

"There are only 291 Fish and Game wardens for the whole state of California; they need all the tools they can get," Banks said.

Banks said the first step in the program the DFG will sample the deer herds to establish background DNA samples.

DNA samples are also used in cases that involve humans.

"About five or six years ago it (the use of DNA samples as evidence) became quite popular in England in solving crimes," Banks said.

Banks said the U.S. Fish and Wildlife Service lab in Ashland, Ore., helped the DGF obtain its first poaching conviction using DNA analysis.

"The enforcement case resulted in the conviction of a Shasta County man who killed a trophy-quality mule deer buck that resided on a couple of eastern Shasta County ranches — one owned by actor Clint Eastwood," stated a DFG press release dated Sept. 9.

The release stated that federal laboratory scientists were able to match tissues collected from a gut pile left on the ranch with those of a large buck found in

the suspect's garage.

"The federal government can't continue to do it (DNA sampling). It can only do it on a limited basis," Banks said.

The DFG official said federal wildlife law enforcement had to do both national and international work.

He said the situation necessitated the creation of California's DNA sampling methods.

"We started submitting proposals so we could use DNA for not just forensics but also to complete a genetic map for the state of California," Banks said.

He said the program couldn't get state funding because of the state budget cuts. But private funds filled the gap.

The McConnell Foundation awarded the DFG's sampling program a grant of \$119,000; Emmett Burroughs, a wildlife consultant, contributed \$56,000.

The rest of the funds were contributed by the Rocky Mountain Elk Foundation and the Sacramento Safari, for a total of \$180,000.

"This will support a three-year program," Banks said.

The samples will be analyzed at UC Davis Medical school.

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# Man *behind the* Accordion

*Returning to the squeezebox after 35 years, Joseph Byrd adds a few Disney tunes and smiles to the Plaza.*

By Michelle Van Aalst  
LUMBERJACK STAFF

Amid the blackberry honey, zucchini squash and fresh-cut flowers at Farmers' Market you will find the Accordion Man.

Every Saturday morning sitting on a balance chair, Joseph Byrd plays his 45-pound instrument to patrons and merchants on the Plaza.

Byrd owns two accordions, one he can play while moving around a room and a larger one he plays at the market.

"I use that instrument at the Plaza because it's such a loud instrument," he said.

Byrd, who has been performing at the market since 1989, likes the idea of his accordion not being electronically amplified.

"It seems to me, to be amplified is to lose the intimacy that I have with the people," Byrd said. "Especially with the kids. I mean nobody wants to go up and make a casual remark if they're on mic. This way I'm able to talk to people while playing."

Now 57, Byrd has been playing the accordion on and off for 10 years. To keep his mind off a broken heart, Byrd's mother introduced him to the accordion at age 12.

"It was my first love affair. She was 14 and I was not mature enough for her," Byrd said. "After about a month she dropped me and went on to older boys."

At 17, Byrd went to the University of Arizona and stopped playing the accordion because it was "very definitely not cool."

Byrd went on to receive his master's degree in music at Stanford University and his doctorate in music at UCLA.

In the '60s Byrd started one of

the first bands that combined "performance art, electronic sound, and rock." His band, United States of America, made two albums with Columbia Records.

"When we performed live we would dress up as Japanese soldiers or priests," Byrd said. "We were into doing things like fog effects and neon signs flashing on and off. It seems very tame today but at the time no one else was doing that."

Byrd eventually went into the commercial music business in Los Angeles. He scored the film "The Long Riders" and did television commercial jingles such as Pontiac's "We Build Excitement."

After 25 years in Los Angeles, Byrd and his wife Beni came to Humboldt County because the music business "just wasn't fun anymore."

Byrd lived in Humboldt County for two years before he decided to take up the accordion again.

"It's not like riding a bicycle. You have to start over again," Byrd said. "You have to make those fingers do stuff that they haven't done in a while."

One day in 1989 Byrd decided to add music to the market to liven up the atmosphere.

"I went to Farmers' Market, put a stool down and played."

Since then Byrd has acquired a repertoire of 15,000 songs.

"I get requests all the time for songs I have never heard of," Byrd said. "They love to stump me with requests."

The most requested songs come from children and are, "A Friend Like Me" from the film "Aladdin" or "Under the Sea" from "The Little Mermaid."

Most of the songs adults request are from Broadway musicals.



DEVANIE ANDERSON THE LUMBERJACK

Joseph Byrd entertains admirers with "The Gypsy Song" from "Aladdin."

Byrd tries to keep his selection of music up to date.

"When the song 'Achy Breaky Heart' became popular I learned it and no one ever asked for it."

The market pays Byrd a small amount and he depends mostly on tips.

"The maximum I've made in tips in one day is \$50, but that's only when the market is in full swing and people are in a festive mood," Byrd said.

Byrd enjoys performing in front of the public and has met many people at the market.

"It's been a wonderful chance to meet the real characters of Humboldt County," Byrd said. "For example there is a woman who is a retired physician who used to play the trumpet."

"Every once and a while she comes down and brings her trumpet and says 'OK, can you play 'Camptown Races?' and I say, 'Yes ma'am what key?'"

Byrd is listed in the yellow pages under musicians as "Accordion Man" and can be hired to play functions.

Byrd also plays at the Chapala

Restaurant in Eureka and is the leader of the Jewish Wedding Band which combines Jewish and jazz elements and popular tunes from the '30s and '40s.

"We're a hot band and we play old-style music," Byrd said. "It's not a rock group, although we do play 'Blue Suede Shoes' in Yiddish."

The band, which won first place at the Battle of the Bands at the Humboldt County Fair last August, will have its next public performance Dec. 12 at the Adorni Recreation Center.



# Show, don't tell

## Theater group animates children's literature

By Jennifer Dwinell  
LUMBERJACK STAFF

After years of inspiring children by bringing "literature to life," Chamber Readers will celebrate its 19th anniversary today.

Chamber Readers perform narratives to an audience while other readers act out the dialogue and plot.

Readers theater combines reading skills with acting skills to entertain all grade levels.

Jean Wagner, a retired English and speech professor at College of the Redwoods and HSU, founded the Chamber Readers with Bonnie Mesinger, speech communications professor, in 1975.

The group has been performing in Humboldt County since its beginning.

"We are now a regular adjunct part of the language arts curriculum in the school," Wagner said.

Some of the literature the Chamber Readers use for its programs are classics, poetry, contemporary stories and scenes from plays.

"We can create our own scripts,

using our voices and bodies as our only props," Wagner said. "We can go anywhere with four stools and four scripts and we're ready to go."

This year Chamber Readers consists of eight readers, several directors and Wagner as the general director.

"Our readers are all experienced performers or speech and literary enthusiasts," Wagner said.

The readers are divided into two groups.

Each group must learn the same reading list so they can interchange between groups when a reader has a conflict with a performance.

Each group is given an age bracket to work with, either kindergarten through third or fourth through high school.

The groups sometimes perform at HSU. Mesinger invited the two groups to perform for her speech classes in early December.

Chamber Readers send out a reading list every year to all the schools in Humboldt County, from one-room school houses to HSU.



JENNIFER DWINELL / THE LUMBERJACK

Chamber Readers' member Nancy Beall reads "Winnie the Pooh" while Gavin Lyall climbs out of a rabbit hole.

Instructors receive the list of readings with descriptions of each story and pick out which stories they would like the readers to perform for their class.

Chamber Readers perform

about 130 times during the school year.

The group performs about three mornings a week at different schools.

The group will be at Sunset

School in Arcata today.

Chamber Readers offer its audience seven choices for stories, including "Tear-water Tea" by Arnold Lobel and "The Tale of a One-Way Street" by Joan Aiken

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# Simple sounds shake airwaves from Boulder to Arcata

By David Link  
LUMBERJACK STAFF

A Colorado-based band that is quickly gaining a loyal following throughout the country is coming to Arcata.

Acoustic Junction, a band from Boulder, will stop at the Jambalaya tomorrow as part of a 20-show tour which takes the group through Colorado, Arizona, California and Oregon.

The band started playing four years ago in Cambridge, Mass., where some of the members are from, then relocated to Boulder. As a result, Acoustic Junction has a large following on the East Coast as well as in Colorado.

The group has a sound that reminds many people of Crosby, Stills and Nash, but it is by no means just an acoustic band.

"The name kind of confuses people. Acoustic just means sound, we're just going to have to inform the masses that acoustic just means sound, we're the sound junction, a fusion of sounds shaking the air waves as we speak," said Reed Foehl, rhythm guitarist and vocalist in the band, in an interview with the Hartford Advocate.

The group does seem to be shaking the air waves. After four years of touring and the release of two compact discs, the band

now has 6,000 people on their mailing list — people who want to be kept updated on where the band will be playing its approximately 200 shows per year.

"Our tactic is the road for sure. We're not just going to sit around and wait for something to happen. It would be nice to be home a little more [but] it's been fun," Foehl stated in the article.

Acoustic Junction's first CD, "Love It for What It Is" was released in 1991, generating many positive reviews. Its second CD, "Surrounded By Change" was released

earlier this year and received more positive reviews and has sold about 1,500 copies since May.

The group is Foehl, Yoshiyuki Aono on lead guitar and mandolin, Matt Coconis on drums, Curtis Thompson on vocals and bass and Tim

Roper on vocals, keyboards, flute, harmonica and fiddle.

The group's music relies on vocal harmonies, acoustic instruments (sometimes plugged in) and lyrics which speak of freedom and stopping war and prejudice. The band also has the ability to cut loose and jam.

"We are different in that we use so many instruments that aren't found in many rock bands. We have the capability to get out there and jam for 40 minutes but we put a lot into our lyrics. We'd rather people



PHOT COURTESY OF ACOUSTIC JUNCTION

Acoustic Junction hits the road performing about 200 shows a year.

get our message in our songs. We're not really a psychedelic band, but we can be," Foehl told The Red and Black, a student newspaper for the University of Georgia.

Acoustic Junction has played universities and nightclubs across the country, as well as large venues like Red Rocks Amphitheater near Denver and Great Woods Amphitheater near Boston. The group has played with many bands, such as The Band, Blues Traveler and Widespread Panic.

The fact that Acoustic Junction sometimes plays long, improvisational jams and lets fans tape live performances has led critics to call the group a '60s band — a label the group doesn't appreciate.

"We are very much aware that it is the '90s. We don't consider ourselves a '60s band. It just seems that a lot of bands had a lot of spirit to the music, really heartfelt stuff, and somewhere along it became mechanized and synthetic. We're just looking to get the spirit back," Foehl said.

## Concert Preview

Who: Acoustic Junction  
Where: The Jambalaya  
When: Thursday at 9 p.m.  
Tickets: \$3 cover charge

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# Chowderhead Band explores alternative to alternative music

By Meri Thompson

LUMBERJACK STAFF

One year ago, a band was determined to play a type of music that wasn't a cliché and wasn't predictable.

That band is Chowderhead.

Chowderhead's lead singer, songwriter and rhythm guitar player, Xeff (pronounced Jeff) Scolari, and bass player Tom Frank — the guy with two first names — explained who they are and what the future holds for their band.

"I was sick of hearing music that was absolute crap, so I figured instead of complaining about it, I could do something about it by forming a band," Scolari said.

Chowderhead has only been together for a year, so the band is still relatively new to the community.

"A lot of people know the name Chowderhead, but not the music," Scolari said. "Most people think we're a punk band, but that's because they've never heard us. I don't want to categorize our music, but a proper description would be 'stoney.'"

Not a lot of people have heard the band play live since there are only a handful of places to play in the Arcata and Eureka areas.

"There is a limit to the number of people who can come to hear us because most places are only for ages 21 and over," Frank said.

"That eliminates certain people from being able to come and listen to the music — people who may enjoy our music," he said.

"I think people enjoy our music because of our style," Scolari said. "We try to avoid clichés as much as possible, we don't repeat the chorus to hell and we believe in and are serious about our music. We may start off the show playing a mellow song and then go into something really heavy. There is something for everyone."

Chowderhead's influences stem from the psychedelic music of the late '60s and early '70s, yet the music is unpredictable due to all of the dramatic changes in the tunes.

In mid-October, Chowderhead will begin to record its first CD, tentatively titled "Houses of the Stoney."

"We want to send it (the CD) places that will take the band one step further, whether that be touring, being signed or broadening our fan base through sales," Scolari said. "It's been a goal that I've set for myself. I want to turn on MTV and see a Chowderhead video come on 'Beavis and Butthead' and have them say, 'Yeeees!! It's about time they played something cool!'"

"I want to at least have our music out on a high-quality format. We are all looking forward to the CD," Frank said.

The CD will most likely be finished in the spring or summer.

"We don't want to cut any corners," Scolari said.

Scolari and Frank discussed exactly how far they want to go with the band.



## Concert Preview

Who: Chowderhead  
Where: The Celler in Garberville  
When: Friday at 10 p.m.  
Tickets: \$3 cover charge

Scolari said, "I at least want to be able to have music be my job. I want to be able to support my family through music. Anything else is a bonus."

Frank is a music sophomore at College of the Redwoods.

Scolari was a multiple subjects major but dropped out of HSU in 1989 to pursue music and he "does not regret it one bit."

The other members of Chowderhead are Kevin McBride, the drummer, and lead guitarist Jeremy Cruz.

All of the band's members have played in other bands and are basically self-taught musicians.

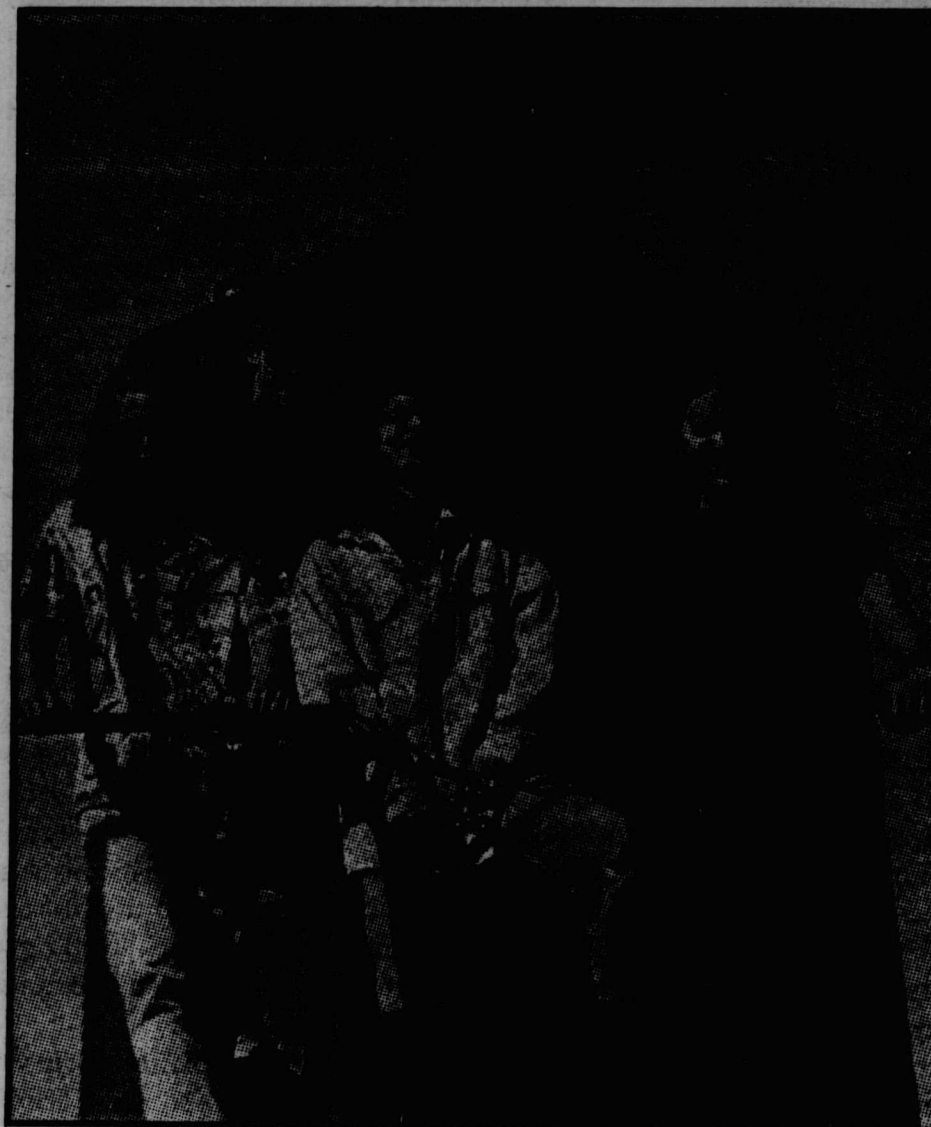
Scolari has been playing the acoustic guitar and writing songs for six years.

Frank has been playing the bass for five years.

Each band member adds a powerful style to Chowderhead's sound, be it McBride's precision, Scolari's harmonies and rhythmic pulse, Cruz's "tasty" leads or Frank's melodic bass lines.

The members seem to be very enthusiastic and serious about the music.

"We practice at least twice a week and usually gig on the weekend," Frank said.



MERI THOMPSON THE LUMBERJACK

Chowderhead members Kevin McBride, left, Tom Frank, Xeff Scolari and Jeremy Cruz play on a train between rehearsals.

Scolari and Frank said the band's strength is performing live.

"We have a good time playing," Scolari said. "We like to mess with each other as much as possible."

Chowderhead recently started

performing outside of Humboldt County.

"We had a gig in Redding a few weeks ago and it we had a good response," Frank said.

Chowderhead will perform live Nov. 13 on KHSU between 8 and 10 p.m.

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## Chomsky rivets viewers Heavy load for average mind

By Jackson Garland  
LUMBERJACK STAFF

If you want to see a movie to help you escape the rigors of real life in the everyday world, then go see "The Fugitive" or some other mainstream Hollywood flick.

But if you are looking for a compelling and thought-provoking picture, Noam Chomsky is right up your alley.

More than three hours in length, "Manufacturing Consent: Noam Chomsky and the Media" is a brainful. It chronicles the works of Noam Chomsky, a linguistics professor at the Massachusetts Institute of Technology and arguably, "the most important intellectual alive."

The documentary, directed and produced in Canada by Mark Achbar and Peter Wintonick, is split in two sections which attempt to categorize Chomsky's views.

Part one, "Thought control in a democratic society," deals with several aspects of Chomsky's work. It gives an illustrated history of his background, including his protests against the Viet-

nam War, shows him at work in his university office and introduces his views of the media, which are followed up with more detail in the second segment of the film.

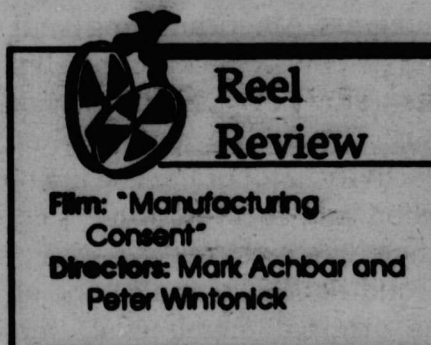
Chomsky is shown going against college audiences, political officials and news analysts, even holding his stance against William F. Buckley.

The first portion of this segment seemed fragmented and long-winded in parts but soon acquires full focus when Chomsky presents a case study about a policy of genocide for which the United States is responsible.

In 1975, Indonesia invaded the eastern part of the small island of Timor, just off the north coast of Australia. The island contained one of the only native populations remaining in the world that retained its original culture.

The United States aided Indonesia by continuing to sell the country arms, knowing the atrocities that were being committed.

Chomsky attacks the press coverage given to the invasion in the United States, stating that the



Film: "Manufacturing Consent"  
Directors: Mark Achbar and Peter Wintonick

entirety of the almost nonexistent coverage focused solely on the pentagon's perspective. An estimated one million Timor natives died in the invasion.

Chomsky called it "probably the worst act of genocide since the holocaust."

The second segment of the film hits the mark and hits it hard. In it, Chomsky attacks the American press on several levels. Mainstream press is criticized and small, alternative press is praised for their different coverage of events that affect and involve Americans.

Overall, the film provides both a good introduction of Noam Chomsky to those who are not familiar with his works and also an adequate expansion and interpretation of his beliefs to those who are familiar with him.

## ARTIST PROFILE



Name: Timaree McCormick

Major: Theater arts

Discipline: Set design

Year: Completing MFA

Show: Set designer for

"The Shannon Doyle Incident," opening Oct. 14.

• **On past schools:** "I graduated from HSU with a BA in 1976. Then I moved to Los Angeles and did film for 15 years."

• **What she did during those 15 years:** "I was a set director and prop master for films and television." She worked on "Flatliners," "Soapdish," and "Promise Land."

• **On leaving the job force:** "You have to maintain such a high style of living ... you never know when you can make your next payments, so I decided I would go back and teach."

• **Why she returned to HSU:** "I still have dear friends here. I could buy a house. I thought it could be so easy. I would just whiz through in three years..."

• **On getting ideas:** "I've always thought of it like photography, where it's out of focus in my head and you just keep playing around with it and it suddenly comes into focus."

• **Career achievement:** "I was the first woman prop master, legitimate, on a feature film that got credit for it that I know of..."

• **Set design preference:** "I can't stand children and I can't stand children's theater, but I'm actually beginning to appreciate it. It's where the opportunities are." Her next set design is "Charlotte's Web."

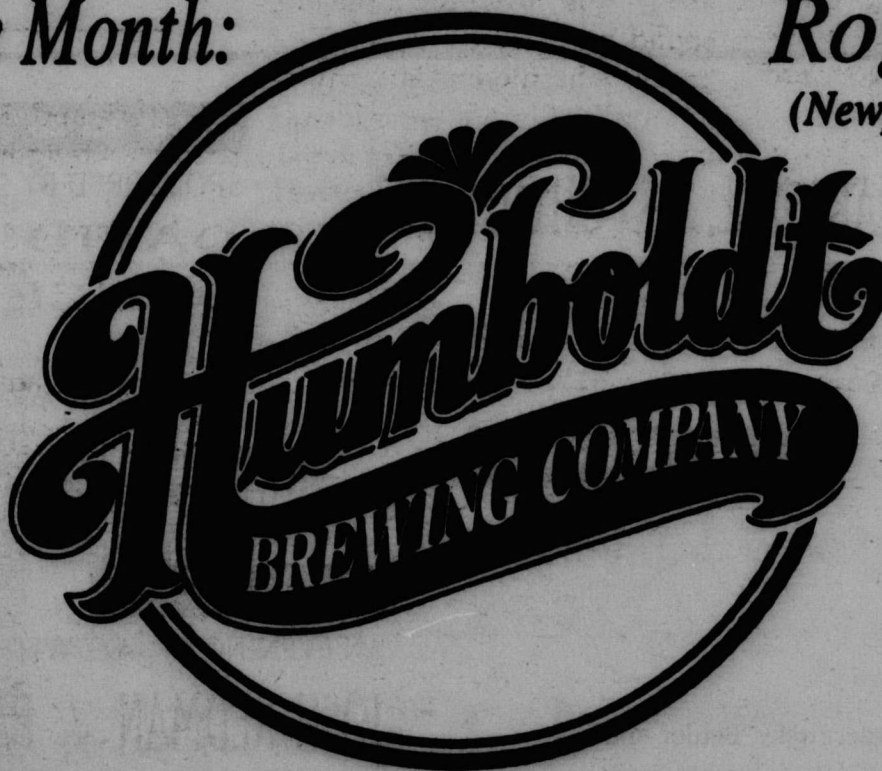
— Reported by Brenda Bishop

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# Bluegrass blends with jazz in Psychograss

By David Link  
LUMBERJACK STAFF

What is Psychograss? It's not a new kind of marijuana, nor is it a crazy plant. It's a newly formed, four-person improvisational bluegrass band playing at the Kate Buchanan Room Friday.

Psychograss is Darol Anger, Mike Marshall, Joe Craven and Todd Phillips, who all have extensive backgrounds in bluegrass music. They have all played with mandolin maestro David Grisman, who is considered by most bluegrass musicians and fans as the best in his field.

Darol Anger's start as an eclectic musician began in high school where he played classical violin with the high school orchestra. He started studying jazz and bluegrass in Santa Cruz, where he also met Grisman.

They formed the David Grisman Quintet, in which Anger was a member for 10 years, playing improvisational violin. He left the group and joined the acoustic group Montreux, which also featured Mike Marshall on fiddle and mandolin.

Anger's latest group is the Turtle Island String Quartet. Anger has made six albums with

the group.

"Psychograss comes from a bluegrass, American string band and folk music background. It's also a study of classical and jazz music. There is a high level of reactivity, a lot of intense interaction and a lot of fun," said Anger in a press release.

Todd Phillips was also one of the original members of the David Grisman Quintet, adding a jazzy flavor to the band with his acoustic bass. Phillips also played with the acoustic Montreux band.

Mandolin and fiddle player Mike Marshall came from

Florida to Northern California in the late '70s and joined the Grisman Quintet in 1978.

Anger was in the band at the time and he and Marshall have had a musical partnership ever since. Marshall's latest project is the Modern Mandolin Quartet.

Percussionist Joe Craven is the only member of Psychograss still playing with the David Grisman Quintet as well as heading two other bands, Way Out West and Mumbo Gumbo.

Craven has also recorded two albums with the Jerry Garcia-David Grisman band and joins



## Concert Preview

Who: Psychograss  
Where: Kate Buchanan Room  
When: Friday at 8 p.m.  
Tickets: \$12 general, \$8 students  
Available: New Outdoor Store, University Ticket Office

the band for its infrequent live appearances.

Psychograss has just released an album of the same name and is in the middle of a West Coast tour.

"The most disgustingly hilarious movie ever made...you want to race out of the theatre and recommend it to your sickest friends right away."  
LOS ANGELES TIMES

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# Humphreys to start against Azusa Pacific

■ Coach Whitmire gives freshman quarterback the nod this weekend in an attempt to jump start the Lumberjacks' struggling offense.

By Ryan Dunne  
LUMBERJACK STAFF

Freshman Larry Humphreys has continued his march to the top of the quarterback pack by being named the starter for Saturday's game against Azusa Pacific at Redwood Bowl.

The Lumberjacks have hit a three-game skid, having faced their three toughest opponents of the year in a row.

Last week the 'Jacks were outplayed by UC Davis 45-9.

The 'Jacks need a win this week to get on track for conference play which starts the following week. More importantly, the team needs to start scoring touchdowns.

The Lumberjacks will shake up their offense by starting Humphreys as quarterback.

He started the season as the third-string quarterback and has improved enough to make Head Coach Fred Whitmire give him the nod.

"Larry has improved throughout the weeks and he's worked really hard," Whitmire said. "He showed progress against UC Davis and I think he deserves a start."

Humphreys is excited about his chance to start, especially

since he is a freshman.

"I have gradually been getting more playing time and I'm thankful for this opportunity," Humphreys said. "Hopefully I can open up the field to help out our running game."

Humphreys' teammates are also thrilled that he is being given a chance to start.

Senior defensive tackle Mike Rigby thinks Humphreys adds a spark to the offense.

"He is a good leader out on the field," Rigby said. "He seems to really pick up the team when he's out there."

"That's the kind of player I am. I like to get everyone into the game," Humphreys said.

Luckily for Humphreys and the Lumberjacks, the Azusa Pacific Cougars are a definite step down from the Lumberjacks' last three opponents.

The Cougars are 1-3 and compete in the NAIA which is one level below Division II.

Last year the 'Jacks defeated the Cougars 24-7 at Azusa, raising their head-to-head record to 4-1.

Azusa quarterback junior Jack Manu is a weapon whether he is passing or running.

Last week, during a 45-36 loss to CSU Hayward, he threw for



JONATHAN CHOWN/THE LUMBERJACK

Offensive line coach Scott Ricardo instructs his players. The line will have an easier time protecting first-time starting quarterback Larry Humphreys against the Cougars Saturday.

273 yards and three touchdowns while rushing for 79 yards and another touchdown.

One of Manu's main targets is senior wide receiver Ian McBay who also doubles as a kickoff returner.

Junior running back Bill Zernickow leads the team in rushing with 284 yards.

Whitmire said the Cougars are more of a running team, which plays into the hands of the 'Jacks. The Lumberjacks lead the NCAC in rushing defense with 109 yards per game.

"There will be no real change on defense," Whitmire said. "We

match up very well against them, but we'll still have to execute."

The Cougars' offensive and defensive lines are much smaller than the Lumberjacks have seen the last three weeks.

Assistant coach Lamonte Love admits Azusa Pacific is a nice change of pace for the 'Jacks, but he insists the Cougars cannot be taken lightly.

"For them, we are a big school," Love said. "I'm sure they'll be pumped up and ready to play. They won't come all the way up here to give us the game."

Scoring has been a major prob-

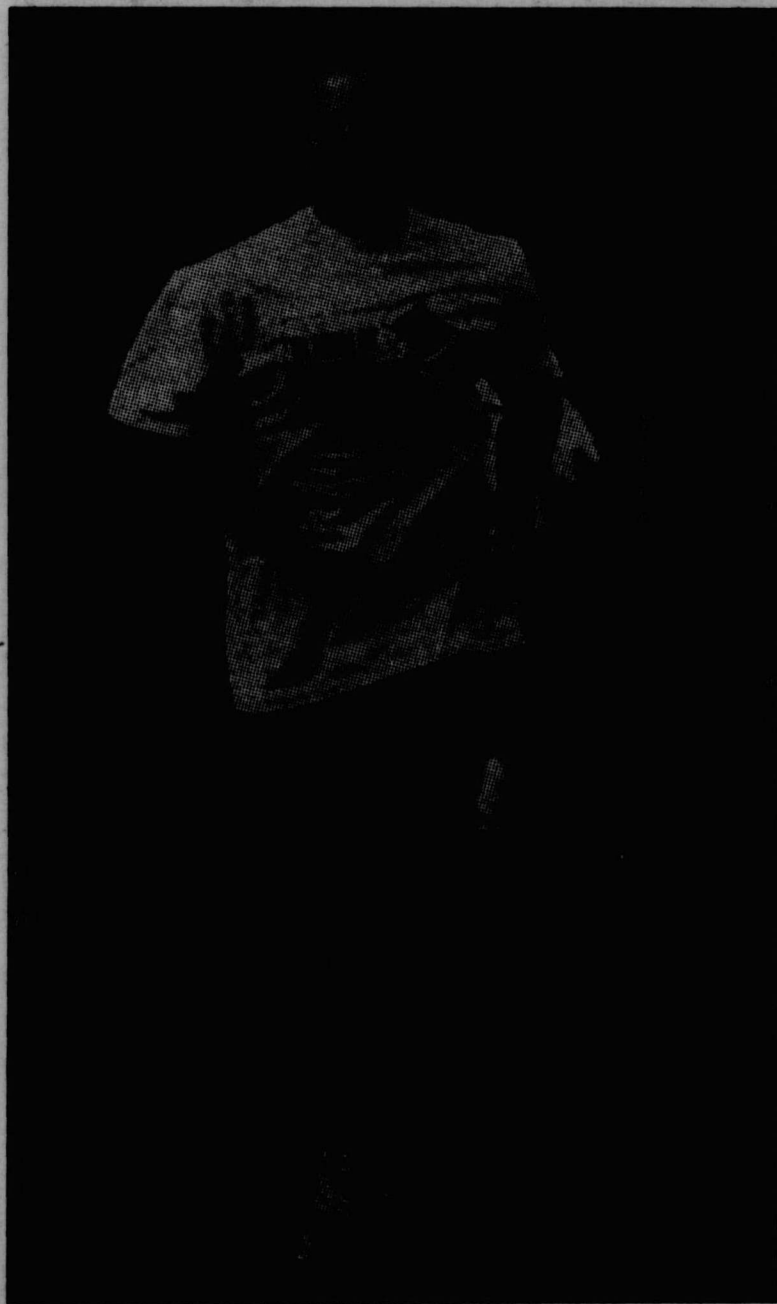
lem this season for HSU, whose 11.6 points per game average ranks it last in the NCAC.

That average should increase this weekend as the team faces an Azusa Pacific defense that gave up 666 total yards last week to CSU Hayward.

"We're glad we will be playing teams of our caliber," Whitmire said.

"We learned a lot in those three games, so hopefully we can use what we learned. We definitely need to score some touchdowns," he said.

See Humphreys, page 33



TANIA ELLIOTT/THE LUMBERJACK

Karin Merritt finished 7th at the Willamette Invite.

## Cross country team has Merritt

■ A transfer student finds HSU to be the perfect place to pursue her childhood dream of running.

By Susan Deuel  
LUMBERJACK STAFF

Like many children, HSU junior Karin Merritt got a glimpse of her future at an early age.

"When I was younger, about seven or eight, I used to race all the little boys in my neighborhood," Merritt said. "It was great because I'd beat most of them and I decided that when I grew up I was going to run."

These days the 22-year-old Merritt is still running, now as a member of HSU's cross country team, bringing with her the competitive spirit she had as a child.

"When I was really young my dad used to run quite a bit, and that and just being in the playground (influenced me)," Merritt said. "I'm pretty competitive I guess."

Merritt, a physical education major, transferred to HSU last year after taking about a year off from college. She had previously attended Butte College and before that Clackamas Community College in Oregon.

Born Dec. 1, 1970, in Kotzebue, Ala., she lived most of her life in Estacada, Ore., which she said is "kind of a small logging town."

Merritt said she decided to come to HSU after she visited the campus with a friend who was being recruited for the cross country team. The visit really impressed her.

"It's a great place to run, and it's beautiful," Merritt said. "I think it's the perfect place to train."

In fact, there's not much about Arcata she doesn't

like. Merritt said the atmosphere and the people in the town are great, and the weather is almost perfect.

"And the hills are great," she said. "I think we're a really tough team because we can't get away from the hills."

As far as her running is concerned, Merritt said that the year she took off slowed her down a little, but training over the summer has helped.

"This summer I just continued running; I've got this base of just staying in shape and running every day," Merritt said. "I've been running for almost a full year now, with maybe two or three weeks off total. The way I look at it is that I can't take a break; I just have to keep improving."

Coach Dave Wells said that Merritt's training program has made her better than before.

"She's taken cross country to a whole new level from where she was," Wells said. "She worked really hard over the summer and it's really paying off for her. She was tough last year and she's tougher now, mentally and physically."

Wells added that in cross country it's really easy for runners to fit into a kind of "pecking order" where they assume they can only beat competitors they've beaten before. But Merritt didn't do that.

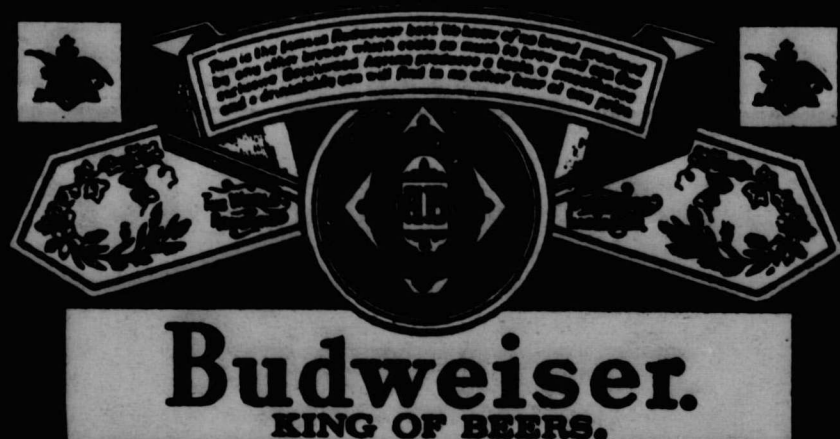
"Karin disregarded everything that happened last year and she's beating people she lost to last year," Wells said. "It's hard to break out of that kind of thing. It takes a lot of confidence to do that."

Merritt said that her goals for this season are to break 18 minutes in a race and to just be happy with every performance.

"I also want the team to make it to nationals," she

See Merritt, page 34





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### NCAC football standings

	Conference					Overall				
	W	L	T	Pct.	PF	PA	W	L	T	Pct.
S.F. State	0	0	0	—	0	0	3	2	0	.600
HSU	0	0	0	—	0	0	2	3	0	.400
Chico State	0	0	0	—	0	0	1	2	0	.333
Hayward State	0	0	0	—	0	0	1	4	0	.200
Sonoma State	0	0	0	—	0	0	0	4	0	.000

Last week's games:  
HSU lost to UC Davis 45-0  
S.F. State defeated British Columbia 32-20  
Chico State lost to St. Mary's 27-15  
Sonoma State lost to Cal Poly SLO 53-13  
Hayward defeated Azusa Pacific 45-38

Saturday's games:  
HSU hosts Azusa Pacific, 7 p.m.  
S.F. State at Cal Poly SLO, 7 p.m.  
Chico State hosts UC Davis, 7 p.m.  
Both Hayward and Sonoma are idle.

### NCAC men's soccer standings

	Conference					Overall				
	W	L	T	Pts.	GF	GA	W	L	T	Pct.
Sonoma State	4	0	0	8	12	1	9	0	0	.909
S.F. State	3	1	0	6	3	3	4	4	1	.611
HSU	3	1	0	6	7	4	5	3	2	.611
UC Davis	2	1	0	4	6	2	4	4	1	.611
Chico State	2	3	0	4	3	3	3	6	1	.333
Stanislaus	1	2	0	2	3	6	4	4	1	.444
Hayward State	1	3	0	2	3	5	1	7	0	.125
Notre Dame	0	5	0	0	2	14	3	6	1	.333

Last week's games:  
HSU beat College of Notre Dame twice, 2-0 and 3-2  
Chico State defeated Hayward 1-0, lost to Stanislaus 2-1  
UC Davis defeated College of Notre Dame 3-0, lost to Sonoma State 2-0  
San Francisco State lost to Sonoma 3-0, defeated Hayward State 1-0  
Stanislaus defeated Colorado School of Mines 3-0

Saturday's games:  
HSU at San Francisco State, 2 p.m.  
Sonoma State hosts Hayward  
College of Notre Dame hosts Chico State  
Stanislaus hosts UC Davis

Sunday's game:  
HSU at San Francisco State, noon.

### NCAC volleyball standings

	Conference			Overall		
	W	L	Pct.	W	L	Pct.
UC Davis	3	0	1.000	8	1	.889
Chico State	2	0	1.000	14	7	.667
Sonoma State	2	1	.667	8	4	.667
HSU	2	2	.500	4	15	.211
S.F. State	1	1	.500	7	10	.412
Haywards State	0	3	.000	4	16	.200
Stanislaus	0	3	.000	3	10	.231

Last week's games:  
HSU defeated Hayward State 3-0, lost to Sonoma State 3-0  
UC Davis defeated Sonoma 3-1, defeated Hayward State 3-0  
Chico State defeated W. Texas A&M 3-0, beat S.F. State 3-1, beat Seattle Pacific 3-1  
Stanislaus lost to Fresno Pacific 3-0, lost to Sonoma State 3-0  
S.F. State beat Seattle Pacific 3-0, beat W. Texas State 3-2, lost to Portland State 3-0

HSU games this week:  
Friday: at Southern Oregon State College, 7:30 p.m.  
Saturday: hosts San Francisco State, 7:30 p.m.



### Spikers split

The HSU women's volleyball team is 2-2 in NCAC conference play.

The lady spikers knocked off Cal State Hayward 3-0 Friday before dropping a match by the same score to Sonoma State on Saturday.

Humboldt ranks 4th in the conference in team blocks with an average of 1.97 per game. The 'Jacks are 5th in kills with 7.49 per game, 5th in assists at 6.89 and 5th in digs with 11.13 per game.

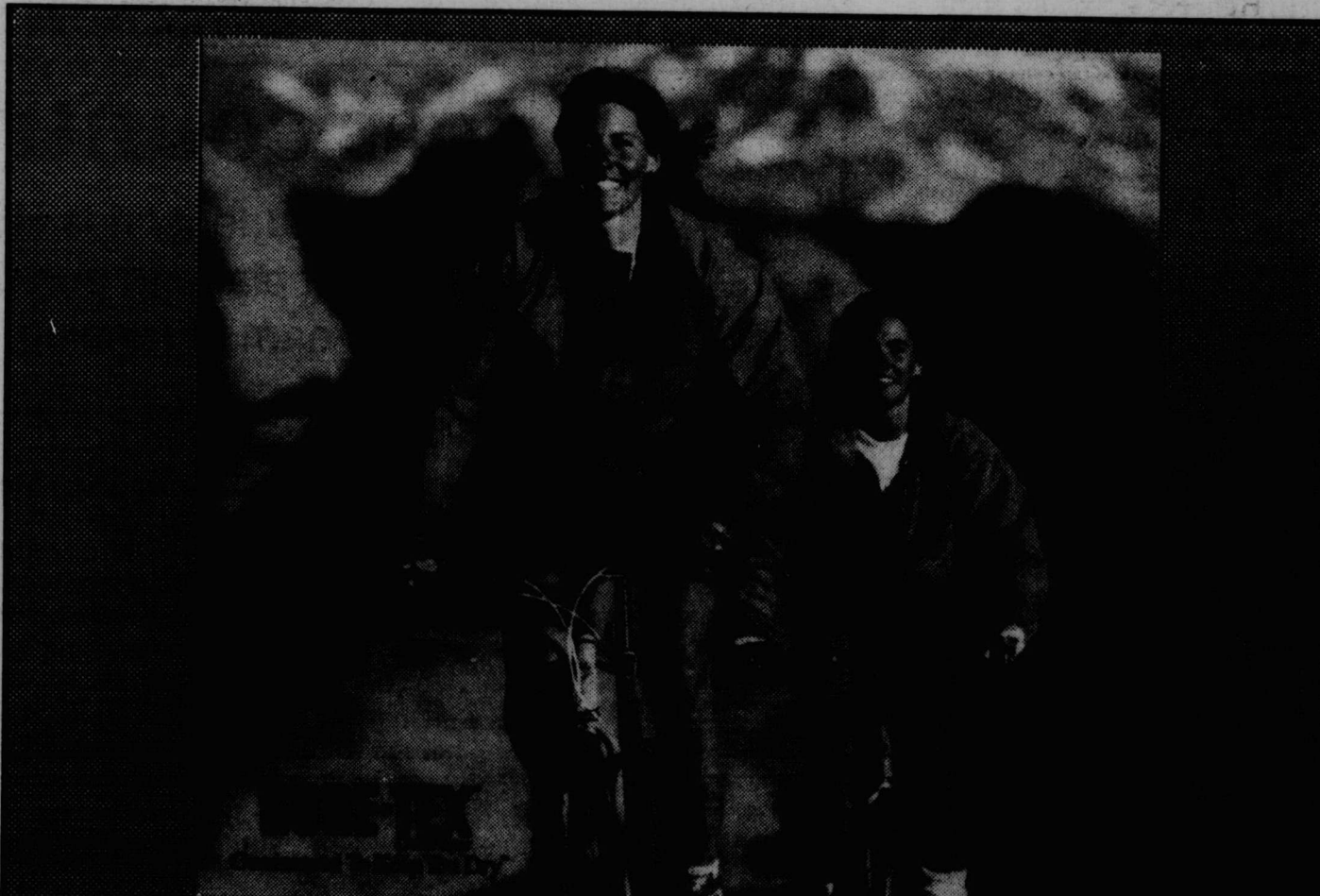
### Redwood Ride

Redwood Sports Velo Productions will sponsor Tall Trees and Trails this weekend in Orick.

The two-day mountain biking event will take place in both Redwood National Park and Prairie Creek State Park. Both trails will take cyclists through old growth Redwood trails.

Redwood National Park will open registration at noon Saturday for a 24 mile ride that starts at the trail entrance to Lost Man Creek. The event is part of the park's 25th anniversary celebration.

The fun continues Sunday with a 20 mile ride that begins in the parking area of Prairie Creek State Park, about five miles north of Orick.



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PHOTO: JOHN LAPTAD



# Defense keeps soccer near top

By Dirk Rabdau  
EDITOR IN CHIEF

If the best offense is a good defense, then the HSU soccer team has little reason to worry.

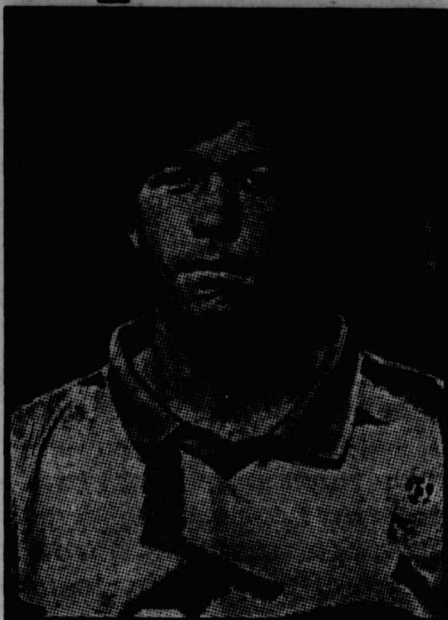
With one of the top defenses in their conference, the Lumberjacks are tied for second place despite possessing an offense that has scored only 11 goals.

The Lumberjacks defense is anchored by junior goal keeper Jason Irion. In his first year as a starter, Irion has allowed an average of just under one goal per game, including three shut-outs.

When the season started, Coach Alan Exley said he expected Irion to vie with Terry Nickerson for the starting goalie position. When Nickerson broke his leg, Irion became the starter.

"I am thrilled with the way Jason is playing," Exley said. "He's under a lot more pressure than most goal keepers. He knows we would like to get through the season without using any of our freshmen goal keepers and preserve their eligibility."

Irion, a transfer from Stockton, said he feels pressure to



Jason Irion

live up to the standards set by past goalies.

"It pushes you to become better because you know you have a lot of expectations to live up to," he said.

These expectations center on the fact HSU has produced six all-conference goal keepers in the past eight seasons.

He gives his teammates credit for his success thus far.

"The defense has played really well. I don't feel that much pressure because they keep the ball out of the box," he said.

However, his performance has impressed teammates.

"Jason's good, really good," sophomore defender Brian Jordan said. "He's made some key saves for us. If he wasn't in there, we probably would have lost at least three of those games."

Jordan combines with juniors Scott Martin and Josh Bradley as the crux of the defense.

"Everybody says the goalies are the strange ones of the sport," Martin said of the soft-spoken goalie. "That's OK with me as long as they do their job, and Jason has been doing his job."

Irion's job may become a little easier if the team can capitalize on its shot opportunities.

Through the first six games the team averaged six shots per contest. In the past four games they have averaged nearly 20.

This weekend the Lumberjacks travel to San Francisco State (3-1-0 in conference, 4-4-1 overall), which is tied with HSU for second place.

Exley said the team must win if they are to compete for the conference title with Sonoma State. The Cossacks (4-0-0 in conference, 9-0-0 overall) have allowed two goals in nine games.

## Humphreys

• continued from page 31

The brightest spot on offense this season has been senior placekicker Raul De La Flor who leads the nation with 24 field goals per game.


De La Flor has scored in 12 of 15 attempts, including a 49-yard kick last weekend.

He needs just three field goals to break the school record and eight more to break the conference record. He also leads the NCAC in scoring with 38 points.

"Having Raul is a great asset because he gives us a chance to score every time we penetrate into our opponent's territory," Whitmire said.

Other NCAC leaders include freshman running back Percy McGee and senior free safety James Holland, who lead in rushing yards and interceptions respectively.

Saturday's game against Azusa Pacific starts at 7 p.m. at Redwood Bowl and can be heard on KRED, 1480 AM.



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## Merritt

• Continued from page 31

said. "I believe the girls can do it if we all work really hard."

This weekend the team is heading to Mills College in Oakland, but Merritt and teammate Denise Walker won't be going with them.

"Coach asked Denise and me to stay here and take a break this weekend - we're in shape already," Merritt said.

"Right now each meet is important but I don't need to go to every meet."

Merritt said the time off will help prevent her from getting too tired of racing and that Coach Wells knows the importance of saving the runners from burnout.

"He's giving me a little break so I can be prepared for conference and regionals and nationals," she said.

## Distance runners honored

Denise Walker and Martin Smith both earned cross country athlete of the week honors by leading their teams at last week's Willamette Invitational.

Walker ran 5 kilometers in a season best of 17:35.14 and placed second overall to lead HSU to victory over a 12 team field.

Smith placed 10th overall with a time of 25:10.42 in the 8K run. He started out pacing himself with olympic steeplechase runner Danny Lopez. Although reality caught up with Smith, the majority of the opposition could not.

"Martin is not an olympian and was definitely over his head but he hung on really well," Coach Dave Wells said.

The men placed second, finishing just seven points behind the University of Oregon.

This weekend the men stay home while the women compete in the Mills College Invitational Saturday. The women will be without their top runners, Karen Merritt and Denise Walker.

"They're in fantastic shape and they don't need the development that comes with another race," Wells said. "The others are racing themselves into shape and we need to see how they respond to the challenge."

Wells is very happy with both teams' progress this season. Wells said the team is really showing toughness. Kim Souza suffered from food poisoning last Friday but ran anyway finishing 31st overall.

"It's inspiring to know that a person is really feeling crummy and still goes out and performs," Wells said.

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## Inside A.S.

Hello Humboldt Nation, just a few words from your student council.

• Is it not odd that Munitz is pondering CSU-president salaries when the Environmental Resources and Engineering department at HSU can't afford supplies for its faculty?

This question was asked friday at a press conference held by your concerned council reps.

• A.S., CenterArts and LJE present a new late-night coffee house in the Depot, for java-and-entertainment starved Arcata. Kiva CoffeeHouse opens with Jambay, Sat. at 8pm. Free! Hours: Sun-Thurs. 8pm-midnight.

• Several committees HSU has for determining policy still need a student voice. Come by the A.S. offices for an application.

• Wendy Belding, our CSSA rep, has been pushing hard for a bill regarding the distribution of financial aid and Cal Grant Awards. If you're a recipient of Cal Grants or Financial Aid you may be interested in sending a letter of opinion. A.S. will fax it for you.

The A.S. offices, located in the South Lounge, are always open for questions and comment.

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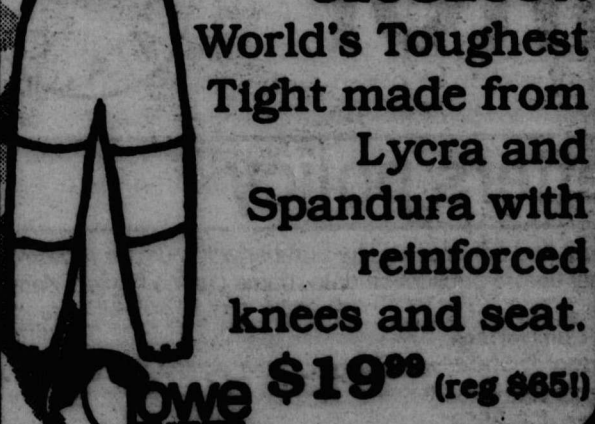
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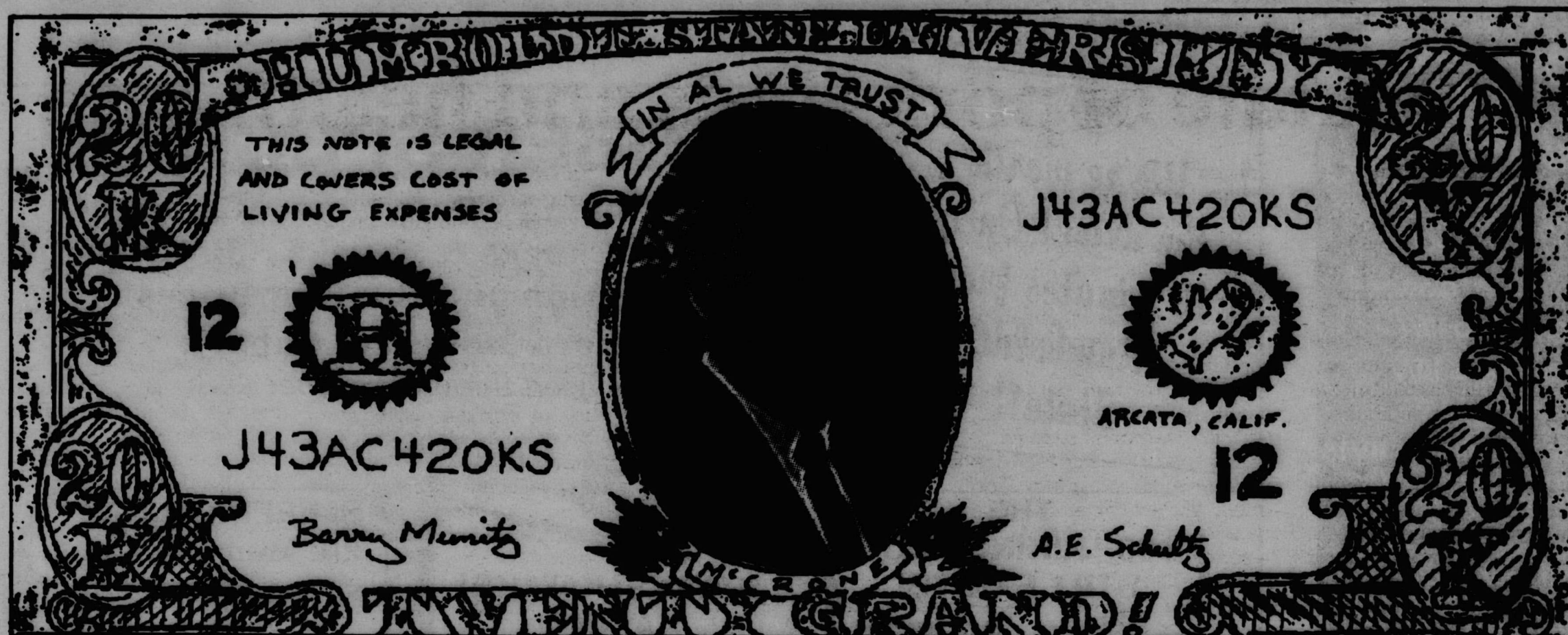
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## Money should go to schools, not presidents

At a time when the CSU Board of Trustees and, to a greater extent, the government are talking sacrifice, the only people seemingly held accountable for these sacrifices are the students.

The trustees approved an increase to CSU presidents' salaries to match those of comparable institutions. This could mean that their salaries could be increased by more than \$20,000 per year.

The Lumberjack does not oppose a modest raise for the CSU presidents, but \$20,000 is not a raise — it's a starting salary.

True, the prestige that comes with being a university president is no longer

enough to attract the most qualified candidates.

But when students continue to pay more fees for fewer courses, a decision needs to be made — should more money go to the CSU system or to its presidents?

Ever-sensitive to public opinion and the conditions facing the CSU system, the trustees managed not only to approve lavish pay increases for the presidents but also had the gall to propose yet another fee increase.

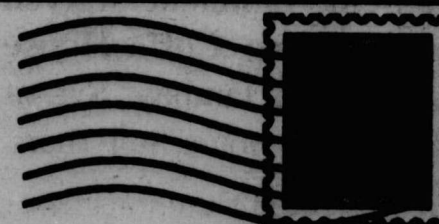
At a time when more students than ever are leaving the state to pursue their education elsewhere, news of the pay

increases and fee hikes only undermines what little confidence is left in the system.

The trustees could have done the system some good by taking the bulk of funds for presidents' raises and instead using it to replace desperately needed faculty and staff. Granted, the money would have only replaced a handful of positions, but it would have been a start.

When the trustees meet in November to determine the specific size of the CSU presidents' raise, The Lumberjack demands they consider the overall financial condition of the CSU system and the continuing needs of students.

## Letters to the editor



### Displaced growth

On Wednesday we all learned President McCrone will be receiving an 18 percent increase in his salary beginning next year.

This news comes on the heels of two years of unprecedented fee increases for students, across the board departmental cuts (and complete removal of some departments) and a 12 percent decrease in the size of the student body.

Our administration is growing as our university shrinks.

What's happening? Simple. CSU Chancellor Barry Munitz is appointed by Gov. Pete Wilson and that appointment is approved by the CSU Board of Trustees.

The Board of Trustees are themselves appointed by Wilson so they have an understandable allegiance to the administration (as we see with the case in point).

If we want our university to make decisions that benefit the students and faculty, then we need a Board of Trustees that is elected by us and held responsible to us.

The California legislative government has the power to make this change. The question is, will we?

Keith V. Gaudet  
senior, geography

### Set an example, Al

I wish to express disappointment and anger in the CSU Board of Trustees' unanimous decision to increase our president's salary by the enormous amount of \$22,000, a 17.98 percent increase.

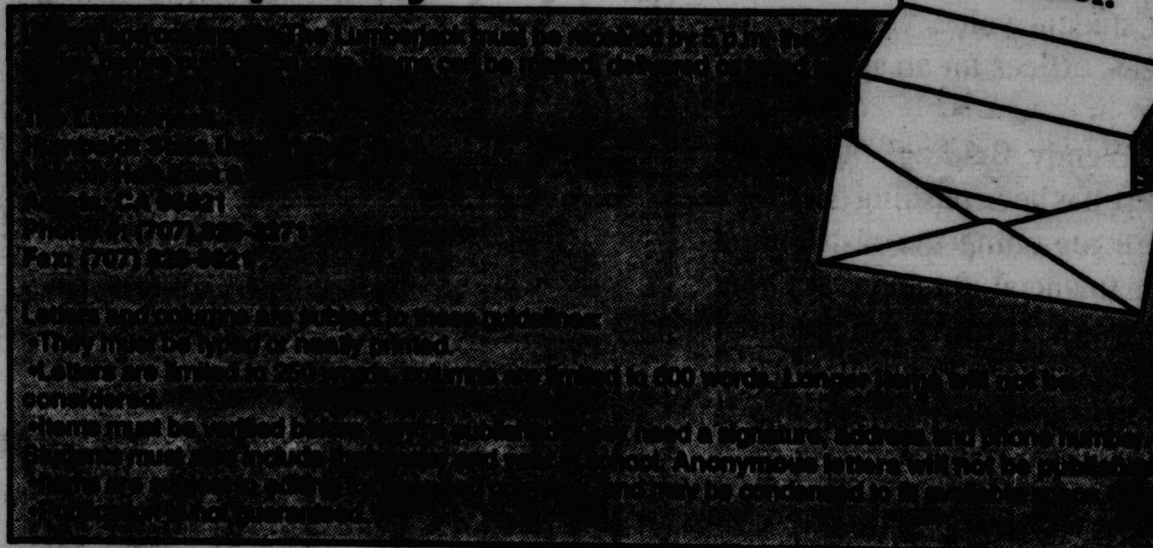
I have nothing personal against our president, however, I believe he is making too much money.

I have always believed and advocated that an educational institution is a place to develop innovative and practical ideals that improve our world.

Modeling is a very effective technique in promoting a behavioral change for others.

I philosophically agree with the political stance offered by A.S. President Jason Kirkpatrick, "Get the Hierarchy Out of

### Letters policy



Higher Education" in the upcoming leadership conference. I also believe we, as students and faculty, can serve best as examples that create effective priorities and innovative change through modeling.

This increase in income is neither an

example of effective priorities nor innovative change, especially in a time where our institutions and students are strapped for cash.

I beg those students and faculty who

See Letters, page 37



# Canada vs. United States

## Tall tale of pork rinds and health care

By Harry Kassakhian

I decided to talk to a conservative friend, who left Canada because of gun control, about his country's health care system.

"All the doctors in Canada are so poor that they have to play harmonica in the streets to make the payments on their Jaguars," said my friend.

He claimed that people in Canada died of illnesses while waiting in line to fill out the Canadian government's forms.

"The government bureaucrats shout at you from megaphones that there's no God and that the workers of the world must unite. They have pictures of Stalin and Mao-Tse-Tung on the walls," said the refugee from that last bastion of zany socialism,

Canada.

I discussed with my friend that the problem in the United States is that a lot of people work full-time and pay their taxes but can't afford health care.

My friend was vehemently opposed to universal public health care.

"People eat beef, pork and taquitos. They kill themselves, and you want the tax-payer to subsidize that," he said. I paused for a moment and quickly retorted that everyone could be issued a debit-card that would record what you bought at the supermarket. A purchase of more than one gallon of cheese-spread or a cart of pork rinds would instantly strip the citizen of their health-care benefits.

My Canadian friend was suspicious but gradually was

warming to my idea.

"But there's other factors to consider, like the rise of herbal therapy and acupuncture. With the rising cost of health care, the poor can get a guy in a mask to shake a rattle at them, and the rich can get CATSCANS and heart transplants. Hell, the poor could be bred so the rich can buy their kidneys," said the Canadian. "It's the free-market way. The survival of the fittest."

"If the Canadian system is so oppressive, then what do you do when people have diseases?" I asked.

"Euthanasia," said my conservative Canadian friend. "If it works with horses, then why not people? If you can't cough up 10 grand for chemo-therapy, then maybe a slug from a .45 can do the job. It'll keep costs down.

"It's a question of government staying out of people's business."

I wondered, wouldn't that increase malpractice suits?

And what kind of a society would that be, to know that if you had breast cancer and worked at Jack in the Box that you'd be put to sleep like an ugly dog at an animal shelter? Contrary to popular myth, even wolves take care of their wounded.

"What about incentives and the profit-motive? If you regulate and install price controls on healthcare then quality will decline. It's communism I tell you," said my friend.

"But what about the Hippocratic oath to heal and cure? If doctors are in it for the bucks, then why won't they purposefully prolong illnesses so as

to get the most money?" I asked. Shouldn't doctors be doctors to help people?

The first hospitals were started by monasteries and religious orders during the Middle Ages. The words "hospital" and "hospitality" have the same root.

There has to be a solution, even if it meant adopting Canada's dreaded system. All of Europe has socialized medicine, and they still make damned good calculators.

"You'll learn the hard way. When they force you to learn the metric system, play soccer and ride the metro in a concentration camp, then you'll know what freedom was all about. But it will be too late," said my friend, and departed for his yearly pilgrimage to Yorba Linda.

Kassakhian is a journalism senior

## Letters

Continued from page 36

find themselves troubled with our current educational facilities to scream out, "Change!"

Speaking out and organizing public forums are still effective ways to take it upon ourselves and facilitate priorities that reward professors and students by allocating the funds and equipment necessary for innovative and effective learning.

Daniel Bixler  
junior, psychology

### Beware the UPD

As encouraged by the Academic Senate, I would like to voice a concern with the University Police Department.

I feel that there are students who will be interested in the tactics it claims to be ordinary procedure.

On Sept. 7, I was stopped by UPD Officer Pablo Jimenez for not making a complete stop at a stop sign on my bicycle.

He then proceeded to run my driver's license and birthdate through the national crime investigation computer via the Arcata Police Department. I have a hard time accepting the UPD's justification to run warrant checks on students. I feel strongly that this is an issue of our civil rights as students here at HSU.

I came to this school in need of improving myself as a member of society. The UPD is here to serve the students, not hinder their educational progress. That is why I am attending school here, for education, not reform.

My financial problems are separate from the school's police department. Perhaps without our recent increase in school expenses in the CSU system I would have been able to take care of a \$500 traffic violation in Garberville. It is not the right of any branch of HSU to pry into my legal business.

May I suggest being very careful on our campus if you have any unpaid tickets.

There is nothing stopping them from ruining your college career and taking you to jail.

Andrew Kejmar  
junior, recreation administration

### Paper ignores negative

Whom does The Lumberjack count among its readers? Last year it ran a story and photo on Mock Rock, a residence hall lip sync contest that drew about 200 residents. Can I assume that the roughly 1,000 residents on campus are a substantial portion of your readership?

Last week a letter was sent to The Lumberjack, signed by 12 residents, pointing out incidents by Living Group Advisors during pre-September Stomp activities that blatantly broke the rules LGAs are supposed to enforce.

These incidents easily woke up several hundred residents, be it by the LGAs blowing horns or the LGAs that went through the halls pounding on the doors of residents at 8:00 a.m. on a Saturday morning.

Five days later a letter was issued by the LGAs stating they had made an "oversight."

Why were these events not given mention in The Lumberjack? Dorm entertainment is worthy, but if it's negative, it's not published?

In the September 29th issue you found space to print another lengthy mascot suggestion, but not this. Whose interests is The Lumberjack writing for?

Andrew I. Jones  
junior, journalism

### Fix stinky cars, please

Here's the scene: I'm riding my bike to school, huffing and puffing. Somebody drives by, pedal to the metal, and I'm consumed by a cloud of toxic exhaust, my lungs gasping for a breath of fresh air.

What a nice way to start a day.

This is a plea from somebody sick and tired of breathing exhaust from cars that are obviously out of tune and really stink! Please seek other forms of transportation or repair your car. I know that it might be a hardship to ride a bike, take the bus or fix your car.

Please have some consideration for other people. Remember, we all share the same air.

Ken Borkoski  
senior, environmental resources engineering

## 'Victims' in sheeps' clothing

By Dave Swenk

The Lumberjack has written shocking articles during these last three years I have gone to HSU, but your series of reports on police misconduct finally did it. I usually laugh at Lumberjack reporters who slant articles to fit their political agendas but your descriptions of the myriad of police brutality cases were so misconstrued, I have to question the capabilities of your investigative talents. Students at HSU endure endless tirades of antiestablishment journalism and it's time to say, "Enough."

These last three school years I have worked for the Sheriff Department as a part-time officer. I know the officers in all of the departments that serve in Humboldt County and I am proud to serve my community as they do. Your slanted views don't even try to get the officers' sides, but use official statements from administrations and so-called experts who perpetuate the image of the aggressive cop.

You only show the "victim's" side. Of course it would seem there is abuse. No one would admit they were combative to an officer.

Our police professionals are overworked, underpaid and expected to be holier than heaven. You seem concerned with abuses of police but why don't you report on attacks on officers, or on officers on medical leave? How about overcrowding of the jail or the understaffing problems?

Every "victim" you wrote about claimed they didn't do anything to warrant "being attacked." In my three years with the department, I have never seen an officer beat on someone. I joke all people in jail are innocent. They blame their crimes on their spouse, on society, on anyone but themselves. They look toward any means to improve their situation. One of those is sympathy by means of charging brutality.

I have seen people come into jail, drunk or on drugs and looking to fight. In the process of doing searches that person has turned on the officer. Yes, I have been attacked by suspects. I have the right to protect myself. I have had to use force to subdue them. But we use the right amount to control the situation and no more. I have seen people bang their heads against the walls, start fights with others and strike themselves. The next morning, these people claim the injuries they suffered were induced by the officers.

I am not saying all officers are innocent of all misconduct. The problem is out there and needs to be addressed. However, your article tries to make a case of rampant brutality. Your articles were so slanderous to some officers, they should be talking to an attorney. As journalists, you have an obligation to show both sides of the issue, not muckrake for the sake of sensationalism. Your interviews of the "victims" were taken as fact without checking their accuracy. One of your examples never informed of a possible reason why the police reaction to him might have been caused by an earlier incident involving his raising of a shotgun at an officer. His explanation of the incident to me consisted of his bragging that he could have "wasted that idiot cop."

Students are impressionable and your attempts to make mountains out of molehills works against the concept of law and order. Your cartoon depicting a wolf as an officer over a mutilated victim was not only offensive, but irresponsible. These people you attack are out there protecting your family against great odds. The police officers you're criticizing could be the only thing that stands between you and our real enemy: the criminal. Try to remember that the next time you choose to berate them.

Swenk is a forestry senior.



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## FOUND

**BIG WHITE DOG** found on Sunset Ave. Sept. 27. Lab/hound mix (?) Loose-skin faced male. Call 442-1782 (Humane Society).

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**HAVE YOU BEEN DIAGNOSED WITH LYME DISEASE** in the last seven years, and are you between 18 & 64 yrs. old? Your experience can help our research. Please call Dr. Jim Knight, 826-3573. 12/8

## FOR RENT

**GREAT ROOMS FOR RENT** starting Jan 1. 5 min walk to school, big clean house, yard, hardwood floors. Find your new room now and relax. Call 822-2006. 10/2

## THRILLS

**I'M LOOKING FOR 1 OR 2 BACKPACKING PARTNERS** for a trip over this winter break to walk cross-country from Badwater, Death Valley, to Bishop, California in approx. 20 days. For more details, call Brian at 826-0632 after 5:30.

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**WHAT TO DO THIS WEEK-END? GET OUT!** Center Activities is offering, for Oct. 8-10, Marble Mtns. Backpacking. For the 9th thru 10th: Rock Climbing I, Kayak Seminar I and Laser Sailing. Oct. 9th offers Intro. to Sea Kayaking and Windsurfing. And Sea Kayak Roll Session and Intro. to Canoeing for Oct. 10th. For more info please call 826-3357 or stop by Center Activities located in the University Center.

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## CLUBS &amp; ORGANIZATIONS

**OPEN HOUSE AT Y.E.S. THURSDAY!** Come check out the house, learn about our 12 volunteer programs, and sample "The Food That We Grew Up With." 4-6 p.m., House 91, near the Health Center and the footpath to L.K. Wood.

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**Deadline for items submitted to Calendar is 5 p.m. Friday. Information should be typed or clearly printed, include phone number, full address of event and contact person. Submission does not guarantee publication. The Lumberjack is located in the basement of Nelson Hall East.**

## Wednesday 6

### Music

•**Folkrock: The River Rock** at Eli's, 9 p.m. Smoke-and alcohol-free atmosphere. More information is available at 441-9318.

### Ei Cetera

•**AIDS Awareness Month:** Humboldt Central Laboratory is offering free HIV testing. Lab hours are 6:30 a.m. to 6:30 p.m. More information is available at 442-3747.

## Thursday 7

### Music

•**Irish Music:** Traditional Irish folk music with **Primal Drone Society**, 8:30 p.m., at the Chelsea Lounge. More information is available at 826-0217.

### Ei Cetera

•**Poetry Discussion:** HSU's Literary Society presents "Poetry About Language" and "Reading from and Commenting on a Personal Anthology of Poems That Take Language Itself as the Topic." Discussion led by Victor Golla, at 1215 M St., Arcata. More information is available at 822-4829 or 822-0778.

•**Open Mic:** Storytelling and poetry featuring **Bill Harger**, at the Humboldt Cultural Center, 422 First St., Old Town Eureka. Sign ups begin at 7:30 p.m. More information is available at 442-0278

## Friday 8

### Art

•**Ceramics: Heidi Webb** will exhibit her

ceramic work in the Foyer Gallery in the Art Building. Gallery hours are 8 a.m. to 11 p.m. More information is available at 826-4149.

•**Paintings: Chela Fielding** will exhibit her paintings in the Foyer Gallery in the Art Building. Gallery hours are 8 a.m. to 11 p.m. More information is available at 826-4149.

### Music

•**Jazz Band:** The HSU P.M. Jazz Band will perform 1 p.m. in the Depot. More information is available at 826-5441.

•**Psychograce:** New acoustic music featuring members of **Turtle Island String Quartet**, **Montreux**, and **David Grisman Quartet**, in the Kate Buchanan Room, 8 p.m. More

information is available by calling CenterArts at 826-3928.

•**Live Music:** Eli's presents **Herpy's**, 9 p.m. More information is available at 441-9318.

•**Live Blues:** **Doug Vanderpool** at the Chelsea Lounge, Hotel Arcata, 9 p.m. More information is available at 826-0217.

•**Live Music:** At the Jambalaya, **Teddy Bear**, 5 p.m. to 7 p.m. More information is available at 822-4766.

•**Rock and Roll Review: The Right Touch** at Brahmas in McKinleyville. More information is available at 839-1400.

## Saturday 9

### Music

•**Live Jazz:** **Darius Brotman Quartet** at the Chelsea Lounge, 9 p.m. More information is available at 826-0217.

•**Live Music:** **Widdershins** at Eli's, 514 Second Street, Eureka, 9 p.m. Smoke-and alcohol-free environment. More information is available at 441-9318.

### Sports

•**Football:** Lumberjacks vs. Azusa Pacific in Redwood Bowl, 7 p.m. More information is available at 826-3631.

•**Women's Volleyball:** Lumberjacks vs. San Francisco State in the East Gym, 7:30 p.m. More information is available at 826-3631.

•**Soccer:** Lumberjacks at San Francisco State, 2 p.m. More information is available at 826-3631.

•**Men's and Women's Cross Country:** Lumberjacks at Mills College Invitational. More information is available at 826-3631.

### Ei Cetera

•**Contra Dancing:** The Humboldt Folklife Society presents local Caller **Michael Mulderig** at the Arcata Veterans Hall. Dancing is scheduled from 8:30 p.m. to 11:30 p.m. More information is available by calling Ken or Kathleen Love at 822-8835.

## Sunday 10

### Sports

•**Soccer:** Lumberjacks at San Francisco State, noon. More information is available at 826-3631.

•**Run for Goodwill:** Cox Cable will hold its 4th annual run to benefit Redwoods Ombudsman and

Humboldt Connections. The course begins at the Gazebo in Old Town Eureka and continues through Eureka's historic waterfront area. Participants can choose either a 2-mile walk, 2-mile run or 10K run. More information is available at 443-3127.

### Ei Cetera

•**Hebrew Classes:** Temple Beth El is offering beginning Hebrew located at Hodgson and T St., Eureka from 3 to 5 p.m. Pre-registration is advised. More information is available by calling Gigi Floyd at 826-2085.

## Monday 11


### Music

•**Live Music:** At the Jambalaya, **Jan Roberts Jazz Trio**, 9 p.m. More information is available at 822-4766.

## Tuesday 12

### Comedy

•**Desperate Acts:** At the Jambalaya Comedy, improvisation and mutations of theatre of the absurd, 9 p.m. More information is available at 822-4766.



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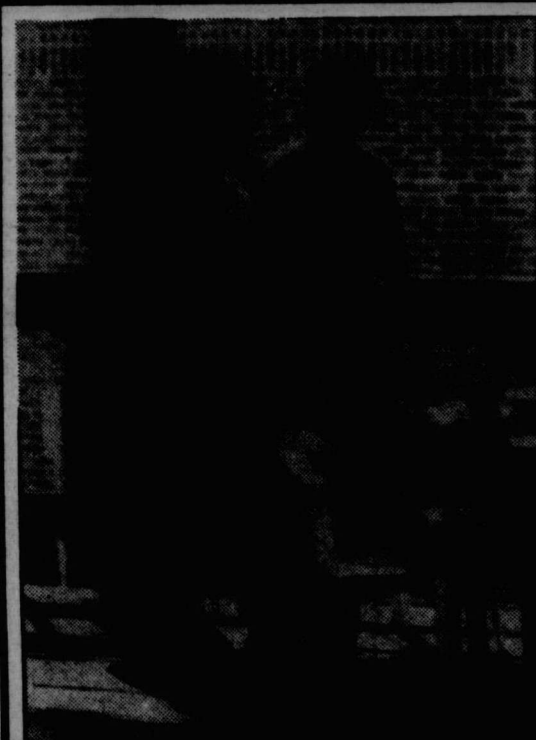
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# The LUMBERJACK

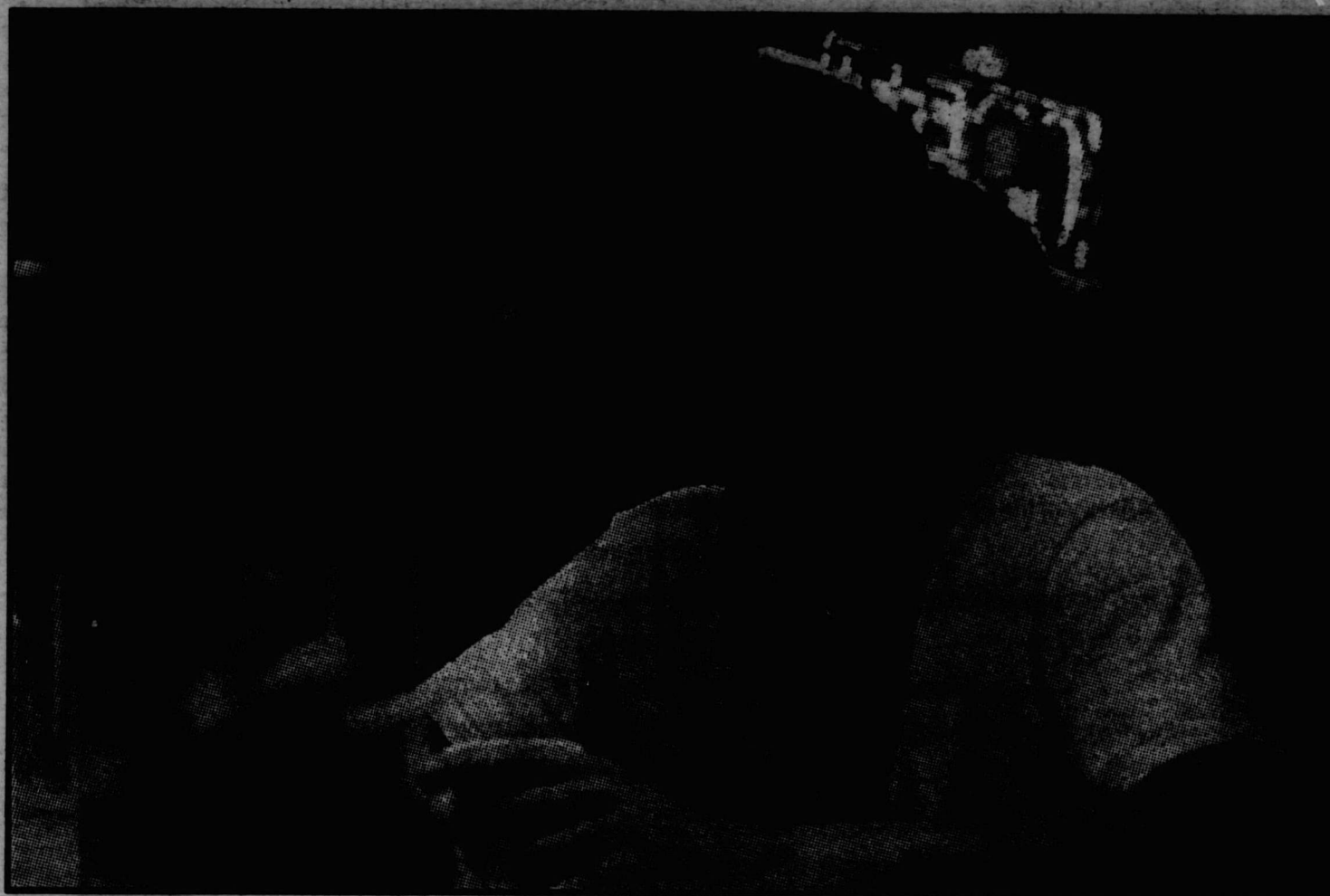
Humboldt State University, Arcata, Calif.

Vol. 72, No. 8

Wednesday, Oct. 13, 1993

## No butts about it

Ordinances in Arcata and around the country have restricted smoking in public places. Once a fashionable habit, smoking is now the target of even further legislation.



HSU student Kevin Powell enjoys a drag off his cigarette at the Village Pantry in Arcata. Powell, a range management sophomore, said, "Smoking cleans your intestines."



Eureka-based anti-tobacco coalition attempts to derail tobacco companies' efforts to entice both ethnic minorities and youth to take up the habit. Page 11



Two of Arcata's most popular restaurants — both located in the Jacoby Storehouse — have banned smoking despite the risk of losing patronage. Page 12



Small business owners in Arcata and statewide are split over the effect anti-smoking ordinances have on their businesses. Page 14



Statistics from the Environmental Protection Agency attribute approximately 37,000 U.S. deaths a year from heart disease caused by passive smoking. Page 21

# 19

### CHRONIC FATIGUE

A mysterious illness that can sap the vitality out of its victims has scientists puzzled and at least one HSU student looking for answers.

# 25

### BEATNIK THROWBACK

Students can now take a break from the books and partake in a poetry reading or listen to some cool jazz at Kiva, the new coffeehouse open 'till midnight in The Depot.



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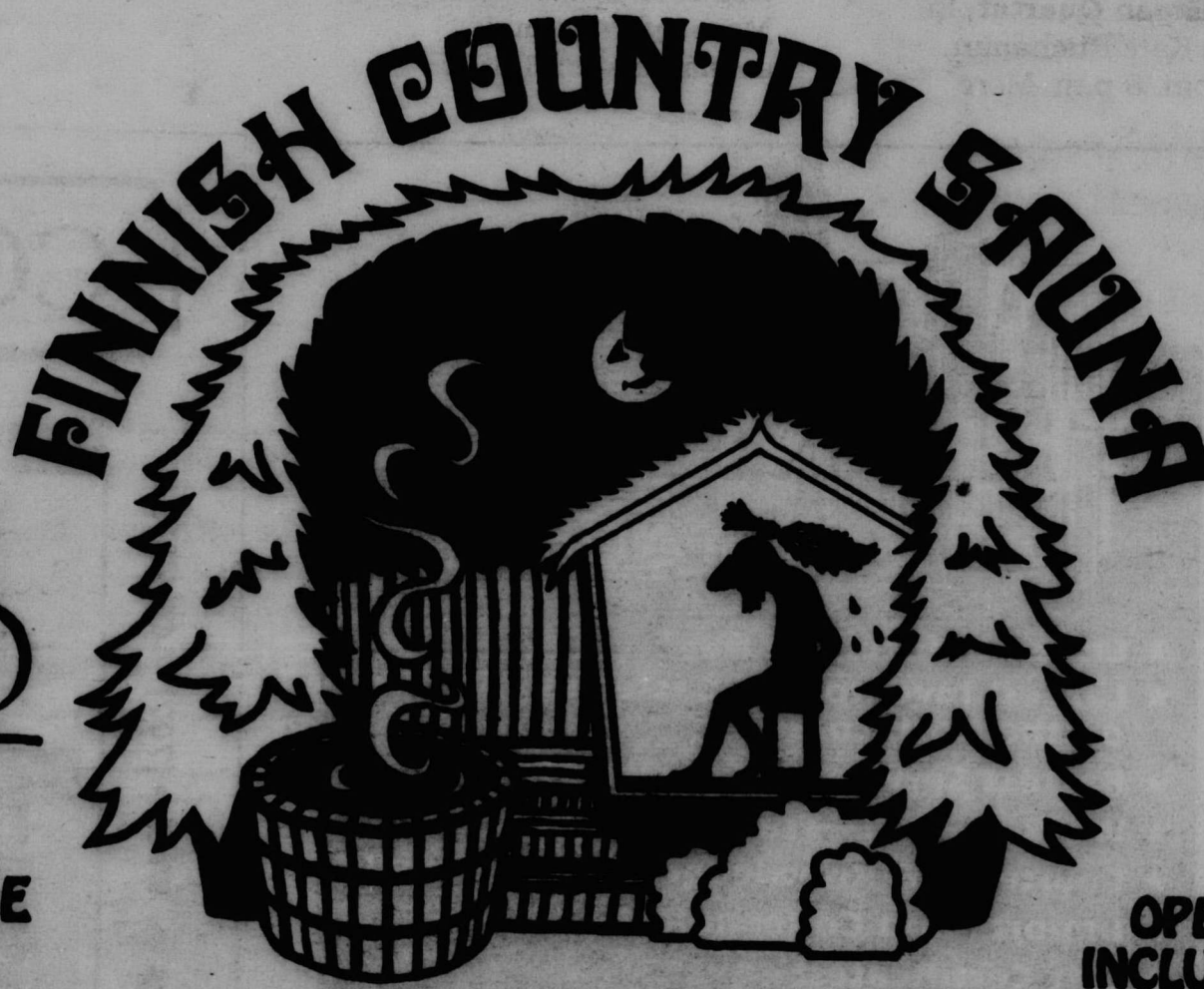
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