

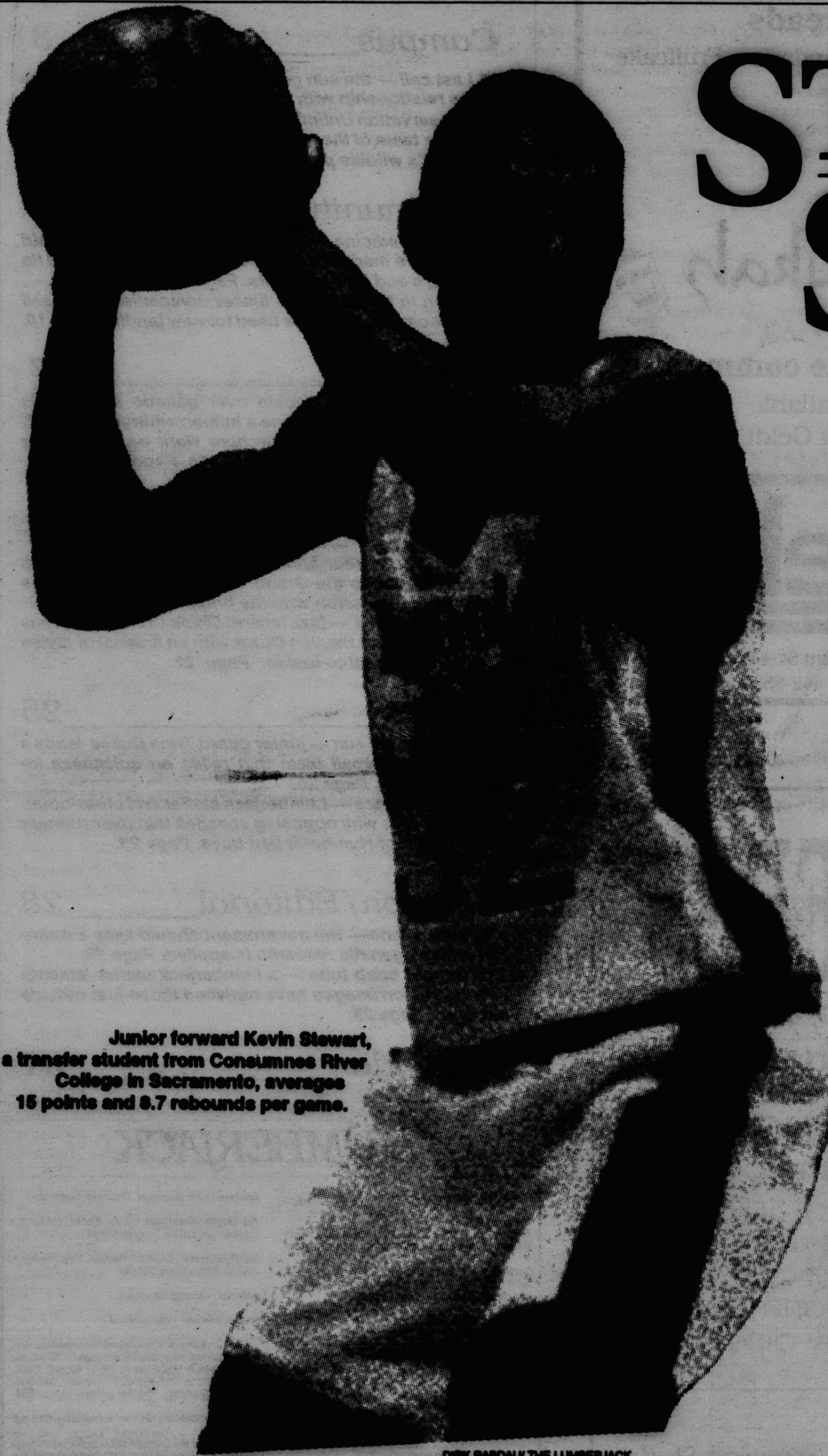


# The LUMBERJACK

Humboldt State University, Arcata, Calif.

Vol. 72, No. 12

Wednesday, Dec. 1, 1993



Junior forward Kevin Stewart, a transfer student from Consumnes River College in Sacramento, averages 15 points and 8.7 rebounds per game.

## STRONG START



*"You've got to go in there and cop an attitude and say 'we belong' and not be content to just play them close."*

**Tom Wood**  
MEN'S BASKETBALL COACH

The men's basketball team continues its tough preseason schedule when it travels to Idaho to play Division I Boise State Tuesday.

*"Of course losing Dawn (Miner) affects our playing style. She meant so much to our team."*

**Pam Martin**  
WOMEN'S BASKETBALL COACH



The Lumberjacks try to rebound after losing two of its tallest players, learning to rely on quickness and outside shooting instead of height.

DIRK RABDAL/ THE LUMBERJACK

# 7

### ALTERNATIVE MEDICINE

Practitioners of herbal medicine praise natural healing methods while opponents claim benefits are nothing more than temporary relief to real problems.

# 21

### BRA BRIGADE

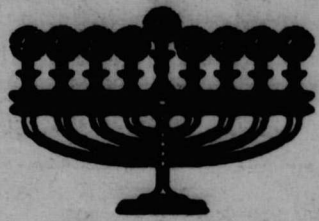
Artist takes "America's obsession" to new heights with his bridge of donated brassieres suspended over the Grand Canyon to poke fun at the Barbie doll ideal.



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Dec. 1, 1993

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## The LUMBERJACK

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# Lumberjack Days canceled for new event

■ Student affairs representative said last night that a new event would replace Lumberjack Days.

By Eric Souza  
LUMBERJACK STAFF

Lumberjack Days has been permanently canceled. At a meeting last night, student affairs representatives decided to create a different, alcohol-free event instead of Lumberjack Days. "There are philosophical questions about any event that's primary glue is alcohol," said Rees Hughes, director for student activities.

The decision is based on the campus alcohol policy, which prohibits alcohol at public functions.

In the past, there have been three exceptions to the rule: Wine was sold at intermission of CenterArts events, beer was sold at halftime of football games, and beer and wine were available at Lumberjack Days.

"The school is trying to be more consistent. With the alcohol policy, there would have to be an exception. Lumberjack Days doesn't warrant consideration otherwise," Hughes said. "Now the exceptions have been eliminated."

The Depot, which sells alcoholic beverages on campus, is run by Lumberjack Enterprises, which is not governed by the school.

Hughes also said Lumberjack Days would not be an exception to the policy because of its high costs and risk

management.

"There's a great potential for underage drinking," he said.

Clubs Coordinator Amber Whaley, a political science senior, said a new event will be set up by early next year.

"We're going to plan an event, but we don't know what it is yet," she said.

Since the Associated Students Council sets its budget in mid-February, the event will need to have a definite outline by then to receive funding.

Whaley said students could appeal the cancellation of Lumberjack Days to University President Alistair McCrone, but she was not optimistic about the outcome.

"For a reversal of the decision to happen, the stars and the moon would have to align," she said. "It's not going to be Lumberjack Days at all anymore."

## University Annex

### State budget delays end to use of historic building

■ Built in 1944 and known as Trinity Hospital for 32 years, the University Annex now houses HSU classrooms and faculty offices.

By Erin Waldner  
LUMBERJACK STAFF

There are times when the Annex is so quiet the soft sound of nurses walking through the corridors can almost be heard.

This sound was not imaginary in 1944. At the time, construction of the Arcata building had just been completed and a small, rural hospital had moved in.

The doors of Trinity Hospital, located between 14th and C streets, remained open until 1972.

"I was sad when it closed," said Rita Leeseman, a registered nurse who worked at Trinity Hospital in 1965.

"I had a lot of loyalty to the hospital." Forty-nine years after it was constructed, the future of the building is uncertain.

Known as the University Annex, the building currently houses several HSU classrooms and offices.

In recent years the university has made plans to stop renting the Annex, which is owned by the American Hospital Management Corporation.

#### Ending lease

According to Dick Giacolini, director of Procurement and Social Services, HSU will no longer lease the Annex once the construction of a new Behavioral and Social Sciences building is completed.

He said the actual construction of the building has been delayed because of California's economic state, but will begin in the near future.

Giacolini said he does not know what will happen to the Annex once the university stops renting it.

"It will be sad if it is torn down," he said.

The history of the Annex actually begins prior to its construction in 1944.

#### Different location

In 1911, Dr. George W. McKinnon, an Arcata physician who is now deceased, decided the growing town needed a hospital.

When McKinnon founded Trinity Hospital that same year, the original site of the building was on the corner of 13th

and G streets.

Several years after it was opened, the hospital was sold to the Arcata Chamber of Commerce and operated by a Catholic order of nuns called the Sisters of St. Joseph of Orange.

The Trinity Hospital McKinnon envisioned in 1911 would not last.

At 2 a.m. February 3, 1943 Trinity Hospital burned to the ground.

The rebuilding of a new Trinity Hospital began one month after the fire, when the Arcata Chamber of Commerce purchased a piece of land for \$2,000.

The site of the new Trinity Hospital, located on 14th street, was the length of one city block.

The Sisters of St. Joseph began the actual construction of the building in July 1943.

#### New location

Once Trinity Hospital re-opened its doors to the public in May 1944, the facility almost never slowed down.

Sister Bertrand Beauregard was an administrator at the original Trinity Hospital and continued her responsibilities at the new facility.

"We were real busy," said Beauregard in a telephone interview from her home at Regina Residence, a Southern California convalescent home for the Sisters of St. Joseph.

"In a little hospital," said the 89-year-old woman, "the nurses did almost everything."

At the time, Trinity Hospital was the only medical facility located between Eureka and Crescent City.

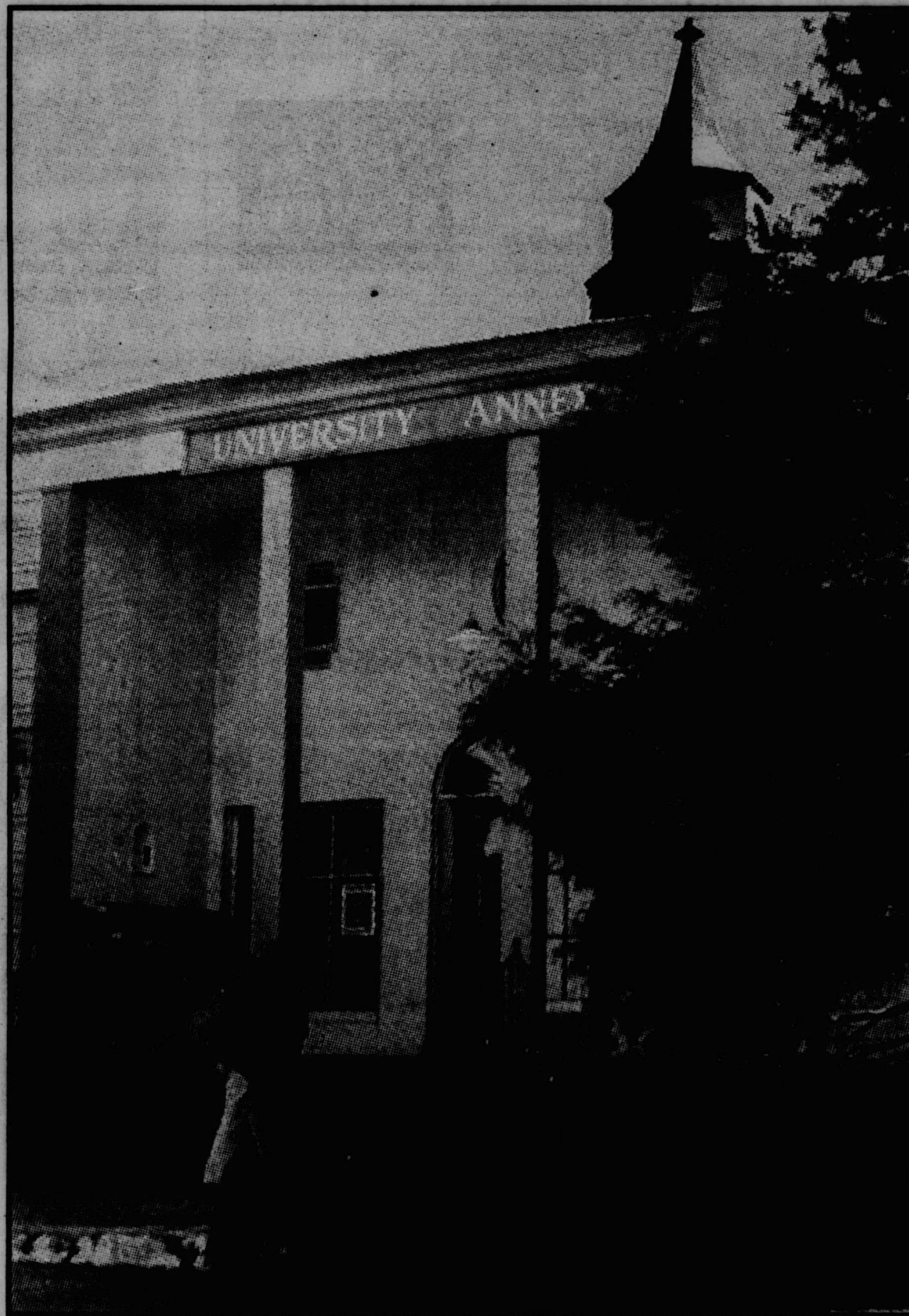
#### Nurses remember

When the hospital experienced a nursing shortage in 1945, Sister Florence Poitras, a retired obstetrics nurse, was sent to the facility by the Sisters of St. Joseph.

"It was a wonderful place," said Poitras, who is 81 and resides with Beauregard at the Regina Residence.

"We loved (the people of Arcata) and they loved us."

Like Beauregard, Poitras remembers Trinity Hospital as a busy facility.



MIKI PETERSON / THE LUMBERJACK

In an attempt to expand southward, Humboldt State College leased the closed Trinity Hospital from Arcata for \$3,957 a month in 1973. Today the Foreign Languages and Religious Studies departments are housed there.

"We had so many emergencies," she said, adding that local loggers, who had been in accidents, were sent to the hospital.

While the hospital made several additions and improvements throughout the

1950s, it remained a small facility.

Leeseman, an HSU nursing graduate who worked at the hospital in 1965, described the building as "small and com-

See Annex, page 5





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## Conservation Unlimited

### Tours from classrooms to wildlife

■ An HSU club tries to give children a new perspective on wildlife with tours through the university's hatchery.

By Virginia Long  
LUMBERJACK STAFF

HSU.

"We're a diverse club not only of wildlife majors, but biology, natural resources and forestry majors as well, that give kids a different idea and perspective of wildlife," said Kim Bossert, a senior wildlife major and president of Conservation Unlimited.

This program allows the children who go on the tour to get an educational experience away from the classroom setting.

Jeff Newman, a senior wildlife major, coordinates the tours and contacts schools interested in the program.

"This tour gives the kids a diversity of species and emphasizes the importance of preser-

See Tours, page 6



Kristen Shreeve, Jennifer Miller, Casey Kessnich, Ellah Horton, Jerad Williams and Rebecca Waters, from left, of Eureka Nazarene Elementary School get a closer look at some of the fish in the hatchery on a wildlife tour given by the Conservation Unlimited club.

VIRGINIA LONG / THE LUMBERJACK

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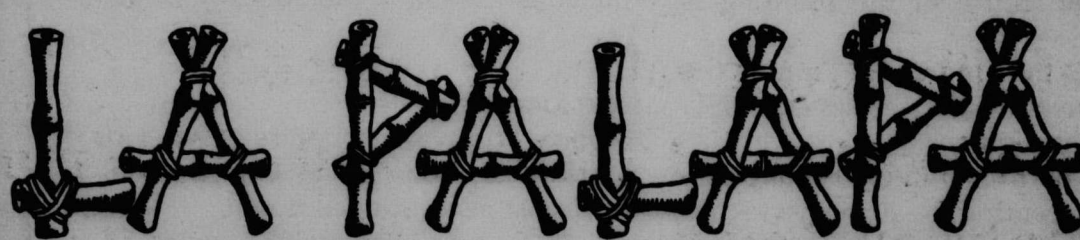
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## Annex: After 10 years HSU still leases from city

• Continued from page 3

fortable. You walked up the front steps and there was admissions."

When Sister Charleen Robinson left Los Angeles to work as a nurse at Trinity Hospital in 1966, she did not find the transition easy.

"Coming from an acute city hospital to a rural hospital, it was like stepping backwards in a sense," said Robinson in a telephone interview from Regina Residence, where she is an administrator.

"There were no specialties. Everybody did everything."

By the late 1960s, it became apparent to those working at Trinity Hospital that the hospital's closure was in the near future.

"The hospital was getting too small," said Beauregard. "Our time had come."

The Sisters of St. Joseph sold Trinity Hospital to the American Hospital Management Corporation in 1969, but remained open until 1972, when the corporation built Arcata's Mad River Hospital.

"We felt very bad when we left," said Poitras. "We had been there for almost 50 years."

### Building leased

When the medical facility closed its doors, Humboldt State College was attempting to expand the campus southward, even though there was an agreement with the city of Arcata to not buy any property south of 14th street, including the empty Trinity Hospital.

The college and Arcata had come to a compromise: The school would temporarily lease the site of the hospital for \$3,957 a month.

"We moved into the building

in April of '73," said Giacolini, adding that only some remodeling was necessary.

The college's administrative offices settled in the building, now known as the University Annex.

"My office was the labor room," Giacolini said. "It was interesting to see how many parents brought their kids to (the Annex) to show them where they were born."

Giacolini said the original plan was for the college to lease the building until the late 1970s, when the building which is now Student Services was to be constructed.

This goal could not be met, and the university continued to rent the Annex.

When construction of the Student Business Services building was completed in 1991 the administrative offices, which were located in the Annex, were

moved into the new building.

At that point, HSU decided to remodel Founders Hall.

The university continued to rent the Annex so offices located in Founders Hall could be temporarily moved to other areas of the campus, including the Annex.

Today, the building houses the Foreign Languages and Religious Studies departments, as well as several classrooms, Veterans Affairs and the Center for Environmental Disputes.

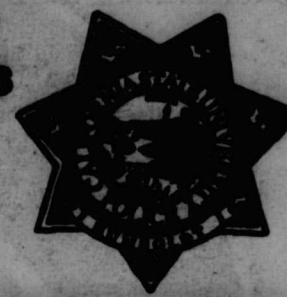
HSU leases the building for \$12,000 per month.

Even though the future of the building is uncertain, Giacolini said he hopes it will not end once the university stops its lease.

"It has a history with the school and Arcata," he said.

Robinson said, "I know the building is old, but I hope it can be preserved."

### UPD Clips



■ A student reported his Toyota Celica was broken into in the Mai Kai parking lot on Monday, Nov. 22. A television, VCR and a hunting knife valued at \$200 were taken.

■ A bong was confiscated from a Willow Hall resident by a living group adviser on Wednesday, Nov. 24. The bong was turned over to the UPD for destruction.

■ A Digital computer keyboard was taken from Siemens Hall 1 Sunday. It is valued at \$90.

— David Link



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## Tours

• Continued from page 4

vation and respect for wildlife," Newman said.

CU is run by HSU students involved in the organization who take elementary and high school students around the wildlife exhibits on campus. The purpose of the tour is to educate young children in learning to appreciate wildlife.

The wildlife building has a "touching case" where kids can get hands-on experience with bones and other stuffed animals. Children can look at red-tailed hawks, owls and even squirrels close-up.

Other parts of the tour are the captive wildlife facility and the fish hatchery, both located outside of the wildlife building.

Sheila Bradley's fifth and sixth graders from Eureka Nazarene school were given a tour on Nov. 17. Jim Dayberry and Douglas John, both senior wildlife majors, conducted the tour.

It began with a discussion on why people study different species and the value of wildlife in our society.

Moving on to the hatchery, Dayberry explained to

the children the process of how fish are released and that the hatchery at HSU stocks salmon and trout.

"This was a very interactive group and I like that," Dayberry said. "Kids are much more open minded (compared to the older groups) and they ask more questions," he said.

The children then went on to the wildlife game pen, which includes fox, deer and other animals. Many of the children were fascinated by one of the deer in the pen with an unusually droopy bottom lip. The deer's name is "Lips."

The goal of the tour is "to provoke (the children's) interest in wildlife," John said. "Running these tours gives exposure to some of the wildlife and relieves certain myths about them."

When the tour was over, Bradley asked the children what they thought. "They all had a real good time and they liked looking at the live animals the best," Bradley said.

"The kids like to see the animals alive and up-close in the wildlife facility and sometimes they get to feed the fish in the hatchery," said Spencer Holmes, a senior wildlife major and treasurer of CU. "They all appreciate the tour."

## Campus clips



### Former professor discusses job at NSC

William Itoe, executive secretary of the United States National Security Council (NSC) gave a lecture in the Van Duzer Theater.

The lecture, titled "After the Cold War: Reshaping American Foreign Policy," was presented Nov. 22.

Itoe, a HSU history professor in the early seventies, stopped at HSU while returning to Washington D.C. after the Asian Pacific Economic Council meeting in Seattle, Wa.

He said there are still issues of human rights and reducing weapons of mass production to deal with, but the U.S. is increasingly operating in a world economy. U.S. jobs depend on foreign markets.

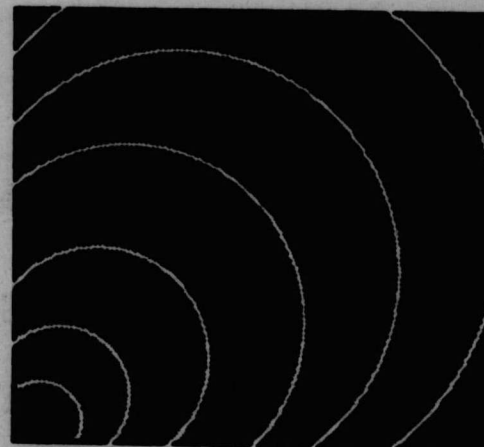
ronment. The disparity of world wealth is behind many of the regional problems such as Haiti.

He said the U.S. is no longer isolated from the whims of the world economy.

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# Alternative medicine

Some health practitioners have doubts, fear for patient safety

■ While some find Eastern medicine effective, others fear short-term cures.

By Amy Gittelsohn  
LUMBERJACK STAFF

To some health practitioners it seems perfectly natural to believe in products that were developed over a period of thousands of years in Chinese medicine — but others would like to take less on faith.

John Yamas, a doctor of oriental medicine, has had his faith reaffirmed many times.

Yamas studied herbal medicine and acupuncture at the American College of Traditional Chinese Medicine in San Francisco and now practices in Arcata.

He uses herbs to treat a wide variety of conditions, including colds, hepatitis and side-effects of chemotherapy.

Yamas said he trusts the ancient techniques because of his own experiences and success in using them on patients. He also has faith in them because they are rooted in a 3,000-year tradition developed in China.

There are skeptics. Jay Davis, a physician with the Student Health Center and the Mad River emergency room, is among them.

"There's some nonsense out there that's alternative (medi-

cine)," he said. "I haven't found any of them that I really believe."

Davis said he can't believe in medicines which are not researched thoroughly with procedures like the double-blind study — with neither subjects nor doctors aware of who gets the placebo and who gets the actual product. Such studies are required by the Food and Drug Administration for the medications it approves.

Davis said the people who are most enthusiastic about alternative medicine tend to be young, and would recover from most illnesses without any treatment.

He said he sees alternative medicine as generally "a harmless sort of thing," except in illnesses such as cancer, where there is only a small window of opportunity. Time wasted on an alternative treatment is dangerous, he said.

Yamas said he refers patients to conventional doctors in certain situations. For example, surgical removal of a tumor is faster than an herbal remedy, he said. He said with cancers, herbal treatment should be complementary to conventional medicine.

As for FDA approval, Yamas said putting a product through the required studies is an expensive proposition.

No company will commit such funds if the product is a root or plant, which can be easily obtained and would be impossible to patent, he said.

"You don't always need that," Yamas said of the FDA testing. If

someone is coming down with a cold or the flu and they have a dramatic recovery after using a medical treatment, then that can be enough proof, he said.

John Harris, a radiation oncologist at St. Joseph Hospital in Eureka, works with many cancer patients. He usually doesn't discourage his patients from also using unconventional treatments.

Harris asks that patients tell him if they are trying another treatment, although he believes that many do not.

He said the two forms of medicine can usually be used together in a complimentary fashion, although "there are some things that can work against each other."

Except in those cases, "you needn't choose one over the other," Harris said. "I think there's more and more of a tendency to recognize that nobody has all the answers."

His concern is that people who believe an alternative treatment is the answer may forego chemotherapy or surgery.

Several women have come to him in advanced stages of breast cancer, because they thought wheat grass juice would cure it. The belief that the juice is a remedy for breast cancer seems prevalent in southern Humboldt County, he said.

Alternative treatments should not be used at the exclusion of all else, Harris said, but that doesn't mean they can't contribute to a patient's well-being. If nothing else, they may give a person with a serious diagnosis hope.

"I think that medical practitioners who ignore that don't do well," he said. "Belief is powerful."



AMY GITTELSOHN/THE LUMBERJACK

John Yamas, a doctor of Oriental medicine who practices in Arcata, prepares a mixture of roots as a remedy for uterine fibroids. The patient

will boil the roots to make a healing broth. Yamas says he does refer patients to conventional doctors in certain situations.

## Macrobiotics: 'a whole world view in your eating'

■ With cancer and heart disease linked to diet, people look for healthier eating habits.

By Pat Kelley  
LUMBERJACK STAFF

Better health through better eating is the goal of Eureka's East West Center for Macrobiotics, a goal that is shared by many nationwide — including the White House.

Designed to promote natural health, macrobiotics is a system of eating condensed from a wide collection of ancient Chinese medical practices.

Macrobiotics is "a way of thinking that includes ecology, economy and a whole-world view in your eating," said Merrideth McCarty, the center's co-founder and author of several macrobiotic cookbooks.

Adhering to a macrobiotic diet con-

sists of eating foods that strengthen the body and preferably are in season locally and organic, McCarty said.

Established in 1977 by McCarty and her husband Patrick, the East West Center offers support to people trying to eat better.

The Center, located at 1122 M St., offers classes on nutrition, stress management and shiatsu massage.

It also offers a vegetarian dinner every Thursday evening. The dinner cost \$12 and provides a wide sampling of macrobiotic foods.

"Macrobiotics is basically vegetarian but not strictly," McCarty said. "When you do eat meat, eat only small portions. Poultry and fish are better than red meat."

The American Cancer Society estimates nearly 70 percent of cancers and virtually all heart disease is linked to

diet.

Most Americans eat large quantities of fatty foods. The American Heart Association estimates the average American gets more than 40 percent of his or her total calories from fat.

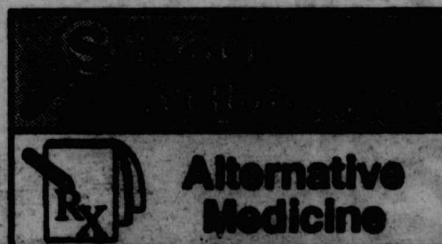
Patrick McCarty coordinated and attended a meeting in July between Hillary Rodham Clinton and Dr. Dean Ornish, director of the Preventative Medicine Institute in Sausalito.

Ornish, author of the book "Eat More, Weigh Less," has designed a system for reversing heart disease through

diet.

The U. S. Department of Health and the American Cancer Society recommend that Americans receive no more than 30 percent of their total calories from fat.

Ornish's program calls for reducing fat intake to no more than 10 percent.



### INSIDE

**MAGIC FINGERS:** the Japanese massage, shiatsu, lets the juices flow. Page 8

**SEARCHING FOR A CURE:** a student balks at Western medicine and looks to the East. Page 9

**QUESTIONING CURES:** the government looks into herbal regulation, and some store owners await a grim future. Page 10

**QUICK TIPS:** Some natural methods to what ails you. Page 11



## Macro

• Continued from page 7

patient's eating habits go unchanged, the conditions that led to the surgery return.

Two weeks after meeting with the First Lady and Ornish, McCarty met with the White House chefs.

"French cooking doesn't need to be what people have in their minds," said Chef Hugbert Keller, in a telephone interview from San Francisco.

Keller was one of the chefs that presented three meals to the White House kitchen staff.

"You don't need a pound of butter and an inch of sauce to get the great taste and texture of French cuisine," said Keller, who operates Fleur De Lys, an up-scale San Francisco restaurant specializing in heart-healthy French cooking.

"The Clintons loved (the presentation)," Keller said.

The insurance industry is also taking note.

In August, the Mutual of Omaha Companies, one of the nation's largest insurers, announced that it will reimburse policyholders that participate

in a test program being set up by Ornish in six American cities.

The two year test will determine if this program will work on a larger scale. The company is also donating \$100,000 to help set up one of the treatment centers.

"The scientific data was the deciding factor in our decision to back the program," said Kathy Olsen, spokesperson for Mutual of Omaha, in a phone interview from Omaha, Nebraska.

Olsen also said that the rest of the insurance industry is keeping a close eye on the program.

Olsen added that her employer said the treatment, which costs \$3,500, could save the company as much as \$58,000 per patient.

The six treatments centers, located in Omaha, San Francisco, New York and three other cities will treat 100 to 120 patients per site.

Terri Merritt, an exercise physiologist on Ornish's staff, said in a phone interview from Sausalito that the program includes a 12-week course in which the patients learn to eat a low-fat vegetarian diet.

## Shiatsu eases tension, stress

■ The Japanese massage opens the body's blocked flow of energy.

By Pat Kelley  
LUMBERJACK STAFF

When shiatsu practitioner Shizuko Yamamoto came to the United States 28 years ago, she found she wasn't strong enough to practice her healing arts on Americans for a full work day.

"People in America were too big and stiff," Yamamoto said. "I had to create ways to use my feet, knees and elbows."

In dealing with this problem she created a new treatment style — barefoot shiatsu. Today her art is taught and practiced across the continent as well as in Europe.

Barefoot shiatsu is an alternative system of health care based on ancient Japanese massage and modern dietary information.

Shiatsu, literally "finger pressure," is an ancient Japanese system of massage that seeks to open the flow of energy in the body.

The massage technique relies on the theory that there is a system of energy channels or meridians in which life's energies travel through the body. If something happens that disrupts the flow of energy, discomfort and disease results.



PAT KELLEY/LUMBERJACK STAFF

Nancy Zee, a student at the East West Center, performs a relaxing massage on patient Grace Morton of Arcata, who suffers from swelling of the joints.

Shiatsu practitioners seek to restore the flow by applying pressure to specific points. In this manner shiatsu is similar to accupressure.

"Shiatsu is often the end of the line—a last gasp hope for many people with chronic conditions," said Patrick McCarty, director of Eureka's East West Center for Macrobiotics. "We treat them and counsel them in how

"Shiatsu is ... a last gasp of hope for many people with chronic conditions."

PATRICK McCARTY  
Director, East West Center

to change their lifestyle. Often it is a simple matter of eating badly that is really the cause of the problem."

As an example, Yamamoto cited Dr. Benjamin Spock.

"His arthritis was so bad that his doctors told him to buy a wheelchair and to have an elevator installed in his home so he could get upstairs," Yamamoto said.

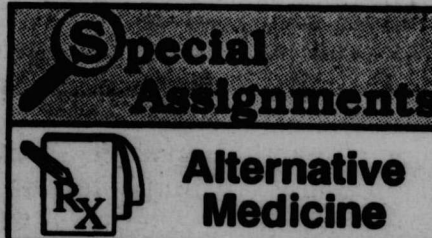
"He came for shiatsu treatments and nutritional counseling because his wife wanted to try it for a chronic condition of her own."

A man of science, Spock was skeptical at first, but eventually agreed it helped, so he stayed with the treatment.

"Today, more than two years later, he is walking without pain and without a cane," Yamamoto said.

Spock wrote the forward for Yamamoto and McCarty's book, "Whole Health Shiatsu."

Yamamoto was in Eureka in September to teach an advance training course for professional practitioners from all over the United States and six other countries. The course was taught at Eureka's East West



ter for Macrobiotics. "We treat them and counsel them in how

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See Shiatsu, page 9



# Across the sea to find a cure

■ After balking at steroids, a student searchers for another aid for her skin condition — even in Hong Kong.

By Diocoro R. Recio  
LUMBERJACK STAFF

When Eva Champagne was diagnosed with psoriasis, a skin pigmentation that causes spots, she was prescribed a skin cream by a dermatologist at the Stanford University Medical Center.

After following the doctors orders, Champagne, a studio arts senior, had little success and quit using the medicine when she found the ointment contained topical steroids.

"When I found out that steroids were in the cream, I started freaking out," said the 24-year-old. "Doctors are intimidating; I never thought to question them because I trusted them."

Because the use of steroids didn't sit too well with Champagne, she sought numerous

opinions regarding her condition — both domestically and in Hong Kong.

"I went to a Chinese doctor who performs acupuncture and he suggested I try acupuncture and tinctures," she said.

Tincture (or herbal extracts) is an alcohol or water solution soaked with herbs to form a healing liquid that is consumed in drop-lets with tea.

Different ailments require different herbs, Champagne learned.

"Herbs are potent in vitamins and minerals," she said. "Whenever I get a headache or feel sick, I first think of why I feel this way and secondly, what herbs I can take to feel better."

Although she has no glaring signs of psoriasis, Champagne, who has been using herbs for medicinal purposes for four years,

said there is no cure for her condition and it could act up at any time.

She said in healing, it is important to realize you are working with your body and you have to have the right approach to the problem.

"I do what's best for my body and realize that my natural state is to be peaceful and strong," Champagne said.

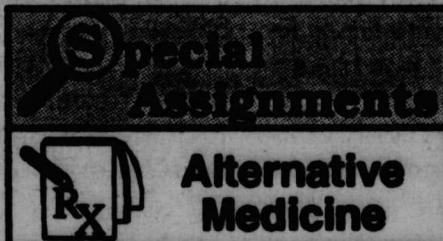
For now, Champagne remains optimistic and buys a variety of herbs at the Arcata Co-op or Moonrise Herbs to ease her health concerns.

Moonrise Herbs, an Arcata store that sells herbs and vitamins for alternative medicinal purposes and dietary supplements, caters to a large population.

"We're a real aid to the community," said owner Sarah O'Leary. "There are a lot of people who rely on us."

O'Leary said she isn't completely sold on Western medicines because the use of herbs and vitamins have been used for thousands of years without question.

"Sure there is a place for chemical medicines, but they are over-used in terms of addressing minimal ailments," she said.



## Shiatsu: part of a bigger program

• Continued from page 8

Center for Macrobiotics.

"We incorporate modern macrobiotic diets to give a complete health treatment," McCarty said.

"The students are all professionals and are here learning more in-depth treatment," McCarty said. He said lifestyle and macrobiotic nutritional counseling are also part of the curriculum.

"We check the pulse and do

abdominal palpitations to determine any major problems," said Ava Fisher, a student from Germany.

Next comes the actual shiatsu treatment, which is administered with the patient on a floor mat. The entire body is treated, but special attention is given to areas of concern.

After the massage there is a counseling session.

"We try to encourage them to eat well," said Nancy Zee, a student from Colorado.

"Refined sugar is poison. Use natural sugar, fruit or vegetables for sweetness," Yamamoto said. "If we don't eat right, how can we possibly resolve our health problems?"

She recommended a low-fat, vegetarian diet, such as macrobiotics. She also suggested exercise, proper rest and breathing.

"I try to help people in a positive way," Zee said. "People get treatments and come back and say it helped. That makes it good for me, too."

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# Herb stores could be facing government regulation

■ An herb store owner responds to proposed labeling.

**Dioscoro R. Reico**  
LUMBERJACK STAFF

Moonrise Herbs store owner Sarah O'Leary feels that the Food and Drug Administration is trying to pull the roots out of the herbal industry.

In January, labeling will be required nationwide on all dietary supplements sold over the counter at alternative medicine stores like Moonrise Herbs in Arcata.

"I'm worried about it," O'Leary said. "It could have a profound effect on my business."

Because of the National Labeling and Education Act of 1990, the FDA was required to inspect the possible benefits and side effects of dietary supplements, which include minerals, amino acids, herbs and vitamins on the human body.

There has been much concern that the FDA is trying to make herbs and vitamins illegal, when in turn it has just

proposed labeling as a means of informing the consumer.

"We haven't even mentioned the word illegalization," said Janet McDonald, FDA public affairs specialist, in a telephone interview from her San Francisco office.

"You can call it propaganda," McDonald said, "but I'll call it a flat-out lie."

The biggest concern for O'Leary is how the labeling will have an effect on her business.

O'Leary said she wasn't

quite sure how the labeling would be implemented, because it has yet to be formulated.

McDonald, who fields several calls a day on the subject, said she acknowledges the benefits of dietary supplements. However, her biggest concern centered around dosage.

"Right now, there is no limit on what amount (of vitamins and herbs) people can consume. We just want to make it a safer market," she said.

McDonald said that herbal manufacturers will be responsible for providing labels and informing consumers.

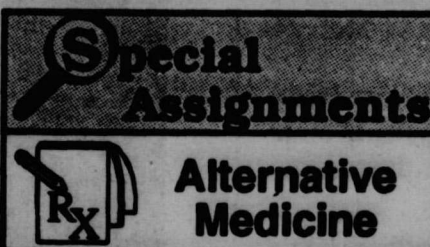
She said the FDA will conduct random, unannounced in-

spections of herbal industries to investigate compliance with the NLEA.

"(The FDA) is slanted towards the pharmaceutical industry," O'Leary said. "The American public should be able to use their own judgment."

"Herbs have been used for thousand and thousands of years to cure sickness," she said.

Spokespersons from the offices of Congressmen Dan Hamburg, D-Ukiah, and Congresswomen Lynn Woolsey, D-Santa Rosa, said they are both supporting the Hatch Bill, which, if passed, would overturn the National Labeling and Education Act.



## Landfill: timber companies won't sell recommended lands

■ PL and L-P want to keep the lands for future development.

**By David Courtland**  
LUMBERJACK STAFF

Louisiana-Pacific Corp. and Pacific Lumber Co. say the companies aren't interested in selling lands a Humboldt County citizen's advisory committee recommended for use as a new landfill.

The committee voted 8-1 on Nov. 15 to name L-P's McKay Tract its preferred loca-

tion for a landfill. Two alternative sites owned by PL were also named. All three sites are located about three-and-a-half miles east of Eureka.

Both timber companies have notified county officials in writing that they aren't interested in selling any of the sites, which are all in production.

"The McKay Tract is one of the most productive sites that L-P owns. We just couldn't see taking that out of production," said Bill Windes, public relations manager for L-P.

Windes said a landfill on the site could conflict with future development plans for the area.

"We're not interested in eroding our land base; those are good growing lands that provide jobs," said David Galitz, public affairs manager for PL. "We're opposed to any reduction of the sustained-yield land base."

County Solid Waste Manager Ilene Poindexter said timber company opposition wasn't unexpected, and the process of selecting a site would continue.

"We hope to be able to negotiate with the timber companies to everybody's satisfaction," Poindexter said. "If you talked about putting it on people's home sites, there would be opposition as well. Nobody wants it."

The Humboldt County Board of Supervisors are expected to receive the committee's recommendations in February. The sites will undergo testing to meet criteria sometime next spring, Poindexter said.

Poindexter acknowledged that claiming the sites through eminent domain was a possibility, but said other options, such as expanding the current landfill and shipping garbage to Redding by rail, were also being explored.

The current county landfill on Cummings Road, which was found to be leaking toxins into groundwater in 1986, will close in 1995. The county is searching for a replacement that will last 100 years.

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# World AIDS Day is today

Gini Berquist  
LUMBERJACK STAFF

The sixth annual World AIDS Day happens today with the theme "Time to Act!"

World AIDS Day 1993 adds a sense of urgency to themes of the past. The first World AIDS Day in 1988 focused on encouraging governments, communities and individuals to talk about AIDS.

In 1989 and 1990, World AIDS Day focused on the needs of women and youth; in 1991, on sharing the challenge of fighting AIDS; and in 1992, on community commitment to fighting

## AIDS

In conjunction with World AIDS Day, the U.S. Postal Service will issue an AIDS awareness postage stamp, featuring a red ribbon.

The stamp will be made available here in Humboldt County.

Locally, students from the residence halls at HSU will distribute red ribbons in commemoration of the event.

Jeff Bernstein, health education specialist from the North Coast AIDS Project, will speak on KHSU-FM 90.5, at 4 p.m. today.

The World Health Organization estimates that 14 million people

worldwide are HIV positive.

WHO also estimates that by the year 2000, between 30 and 40 million people will be infected with the HIV virus. The projected cumulative total of adult AIDS cases in the year 2000 is close to 10 million.

In recognition of World AIDS Day, the White House will dim its lights for fifteen minutes to commemorate the day and pay tribute to those affected by AIDS/HIV.

As of Nov. 18, 1993, there were 117 cases of AIDS in Humboldt County and an estimated 1,000 HIV-positive people.



## An afternoon of stories, songs

Local storytellers and readers will perform multi-ethnic stories

and songs at the fourth annual "Holiday Stories from Around the World" on Sunday.

The event is sponsored by the Eureka Inn and the Humboldt Literacy Project, a local organization for the advancement of reading skills in children and adults.

Events will be held at the Eureka Inn Sunday, with shows at 12:15 p.m. and 1:30 p.m.

Admission is free, but donations will be accepted. Refreshments will be provided. More information is available at 444-0406.

## The Welcome Inn welcomes band

The Jewish Wedding Band will deck the halls of The Welcome Inn for KHSU's Monday production of the monthly live performance radio special.

The show can be heard and/or seen the first Monday of every month on KHSU-FM 90.5 in Arcata and at Casa de Que Pasa.

More information is available at 826-6081.

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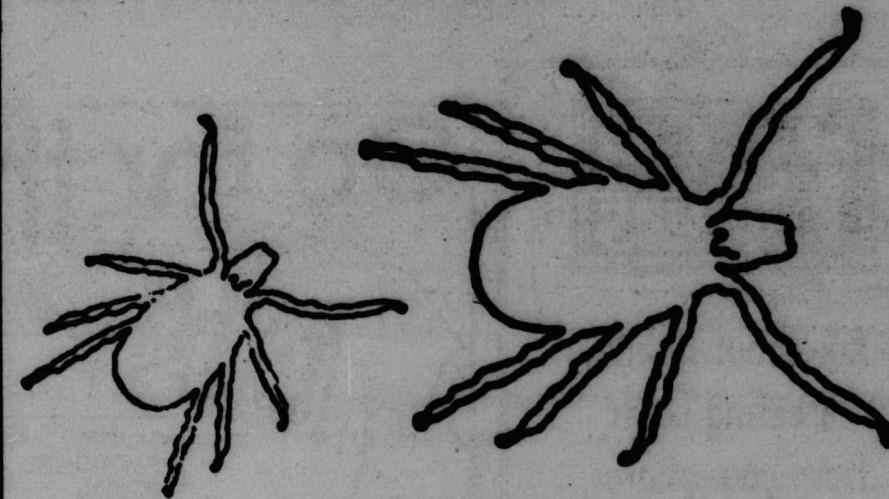
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Chanukah Lights: Dec. 13, 12:30 pm

Exploring the Jewish holiday experience.

Caribbean Christmas: Dec. 17, 3 pm

Puerto Rico, the Dominican Republic, Venezuela, Haiti, Trinidad, Jamaica.

Imagination Workshop: Dec. 18, 1:30 pm

An off-the-wall look at the Christmas season.

New Fashioned Christmas: Dec. 19, 7 pm

John Fahey, B.J. Cole, the Turtle Island String Quartet, Plunderphonic, more.

Windham Hill Christmas: Dec. 19, 11 pm

Nightnoise, Liz Story, and Alex de Grassi.

Jazz Piano #4: Dec. 21, 3 pm

Tony Bennett hosts Harry Connick, Jr., Steve Allen, Geri Allen, Ray Bryant.

Winter Solstice: Dec. 22, 9 pm

The sellout concert by the Paul Winter Consort.

Hot Ticket to the Holidays: Dec. 23, 3 pm

Inventive song stylists, including Jane Siberry, Holly Cole, Victoria Williams.

Simple Gifts: Dec. 25, 1:30 pm

Two holiday radio dramas.

New Year's Eve Capitol Steps: Dec. 29, 3 pm

A hilarious year in review.



Your Window to the World





# Contra dancing — movement New England style

By Diocoro R. Rocio  
LUMBERJACK STAFF

When Michael Mulderig calls, people respond.

Mulderig facilitated traditional New England dance steps at the Nov. 12 Contra dance at the Arcata Veterans Hall.

"It's a lot of fun," said the 41-year-old Arcata resident who moonlights as a carpenter. "I like to look out on the dance floor and see everybody's smiling faces."

Approximately 60 residents of all ages participated in dances similar to square dances. They emphasize dosey-doeing your partner, forming arches and having other couples traverse under-

neath, hopping and skipping in large and small groups.

"I love to dance," said Vasala Manaloor, an HSU natural resources graduate student who has been attending the biweekly dance for three years. "You don't have to bring a partner, because you end up dancing with everybody."

Manaloor said people who are shy about dancing need not worry about it at the Contra dance, because "you don't have to be a ballerina to participate."

During a break, Jane Bardolf said she felt a little dizzy from all of the twirling, but was ready to resume once the music started.

"I'm exhausted, but it is a happy

kind of exhaustion," said the Hayfork resident, who works for the National Forest Service. "Dancing is a good social recreation."

The Contra dance, which utilizes the formation of two lines, one of females and one of males, features controlled movements that resemble modern square dances. It has been an Arcata tradition since Mulderig's arrival 15 years ago and is sponsored by the Humboldt Folklife Society.

The music that inspires the movements is powered by the Contra Dance Band, which is made up of a revolving door of local musicians. Saturday the band consisted of a fiddler, pia-

nist, guitarists and a squeeze box player.

"The music came from Ireland, and the dances came from Ireland, England and France, which got mixed up when immigrants came here on the boats," Mulderig said. "Since then it has become typically New England."

Mulderig, who learned the dances when he was in college in New Hampshire, said some of the dances he was taught are much more intricate, but the ones he teaches are simpler. As caller, his job is to make sure that everyone, including beginners, get the footwork down properly.

"It's a very friendly and social atmosphere," he said. "I see people

who meet at the dance and get hitched up in pairs, and I never see them again sometimes. I'd say about 20 percent of the dancers are beginners, so there are always new faces."

First-timer Scott Toro, a 1990 HSU journalism graduate who now works at local television station KJEM, said he enjoyed himself even though his date didn't show up.

"It's a lot more fun being on the dance floor than it is sitting down," he said. "The dances are fairly easy — anyone can come out and do it."

Toro said that he will attend the Dec. 11 Contra dance, hopefully in the company of a date.



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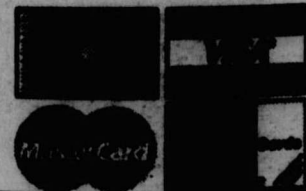
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# Hwarang-Do blends deadly skills with Buddhist ethic

■ A former HSU student with a black belt brings an ancient Korean martial art to the North Coast.

By Teri Carnicelli  
COMMUNITY EDITOR

The room resembles a dance studio, with an exercise mat on the floor and one wall covered with giant mirrors.

Although what the students in this room are doing has a certain grace and elegance to it, you wouldn't call it dancing.

With intent expressions and wearing formal dopos — a vest-like garment — over long-sleeved dobaks tied with white sashes, the students of the North Coast Hwarang-Do dojang are learning an ancient martial art from Korea that can seriously damage another person.

But they are also learning an ethic, handed down from the original Buddhist master of Hwarang-Do, that dictates both when and when not to use force.

"It's more than just a martial art," said Daniel Perez, instructor of the dojang that opened in June in Arcata.

"It's not just a system of kicking and punching and fighting; that's just a small aspect of it," he said.

The purpose of the art, according to Perez, is not to produce fighters, but "to help people grow into outstanding citizens."

Perez said there are both literal and interpretive meanings to the Hwarang-Do Meng Sae, the code of ethics.

Though the ethics are drawn from Buddhist religion, Perez said the teaching is much more secular now.

"We don't invoke religion on anybody," he said. "We teach people of all ages, creeds and colors."

Ultimately, what is being

See Hwarang-Do, page 14



TERI CARNICELLI/THE LUMBERJACK

North Coast Hwarang-Do student Vincent Callanger, left, leaps at the kick bag held by instructor Daniel Perez while student Keith Friedman prepares for his turn.

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# Hwarang-Do: students learn how to both hurt and heal

• Continued from page 13

taught is how to defend yourself in an attack, especially for beginning students.

"If somebody attacks you, assess the situation," Perez said. "If it's a life-and-death situation, maybe you'll have to take that life if your life is threatened. If not, you use only the amount of force that is necessary to render the situation safe."

The methods taught to keep oneself safe as well as metally and morally have been handed down from a tradition begun nearly 2,000 years ago.

## Birth of an art

The original Korean system of hand-to-hand combat, Hwarang-Do was started by Buddhist priest Won Kwang Bopsa. He based much of the philosophy behind the art on the Korean Buddhist interpretation of the governing laws of nature, uum and yang, the balance of strength with softness.

Bopsa taught a select group of young members of the royal family of Silla in the martial arts, as well as in math, science, religious studies, and recreational arts.

Those young men and women were to become the statesmen and leaders as well as the defenders of the king-

dom in the years to come, and were collectively known as the Hwarang, or "the flowering youth."

Hwarang-Do translates roughly into "the way of the flowering youth."

"They were legend ... the fiercest fighting men and women throughout the region at that time," Perez said.

However, the prevailing governing force of the Yi Dynasty (1392-1910) disliked the image of the warring arts and disbanded the Hwarang, forcing training to be conducted to a select few secretly in the remote Buddhist monasteries.

In the mountains the art was carried on from master to student up to the present day, when two brothers, Joo Bang and Joo Sang Lee, received permission from their teacher, the Supreme Grandmaster Suahm Dosa, and the necessary sanctions from the Korean government to teach selected individuals in public.

In 1960 the Lee brothers opened the first public school of Hwarang-Do in centuries in Seoul, Korea.

When Dosa died in 1969, the title of Supreme Grandmaster was passed on to Joo Bang Lee. It was from Lee that Perez received much of his training — and his passion — for the

art of Hwarang-Do.

## Student and master

"When I was about 13 years old I saw the Grandmaster demonstrate at a tournament," he said. "I didn't know who he was, or what style it was, but I remember being very much impressed with him and wanting to learn from him."

A few months after the tournament the school Perez was attending closed down, and was coincidentally replaced by one of Lee's schools. "I signed up, and I've been with them ever since," Perez said.

## Bringing the art North

Perez graduated from HSU in 1987 with a bachelor of arts in music and a multiple subjects teaching credential, but decided to pursue his interest in the martial art instead. He undertook advanced training with Lee, and finally decided to open his own dojang.

Perez said he chose the North Coast as the location of his first school because "I really love this area, and I thought the people here would really appreciate Hwarang-Do."

There is a dojang in San Francisco, but Perez said the Arcata school is the farthest north in the state.

In terms of community sup-

port and response, Perez said, "This is a very artistic community, and people appreciate martial arts of all kinds. And they seem to especially appreciate Hwarang-Do."

When choosing a martial art, Perez said "there are several things that are important (like) the style that best suits your body structure as well as what you want to get out of it mentally and spiritually."

"Unlike most martial arts, Hwarang-Do is both a hard and soft style," Perez said. "We have both straight linear movements, as well as circular movements." Again he traced the dichotomy back to the Buddhist philosophy of balance; hard and soft, light and heavy.

"And in keeping with this balance, Hwarang-Do is also a healing art," Perez said. "We believe if you are able to cause injury to somebody, you should also be able to heal that person."

In the upper ranks of the black belt, students learn acu-

puncture, acupressure, bone-setting, and herbal and natural medications in the tradition of oriental medicine.

Perez said both Lees are doctors in oriental medicine, as well as licensed acupuncturists.

**"This is a very artistic community, and people appreciate martial arts of all kinds."**

**DANIEL PEREZ**  
Instructor, Arcata  
Hwarang-Do dojang

Besides holding regular classes in the martial art and oriental medicine, the Hwarang-Do Association also sponsors seminars for such things as women's self-defense and techniques for police to use in self-defense. Perez taught a self-defense seminar for

women in early spring in Blue Lake.

Beginning next year, seminar teams will be travelling north from the international headquarters for Hwarang-Do in Downey (north of Long Beach) to conduct classes in oriental healing, men and women's self-defense and more.

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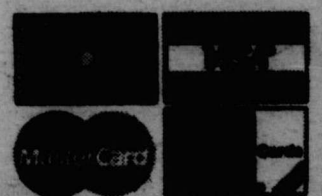
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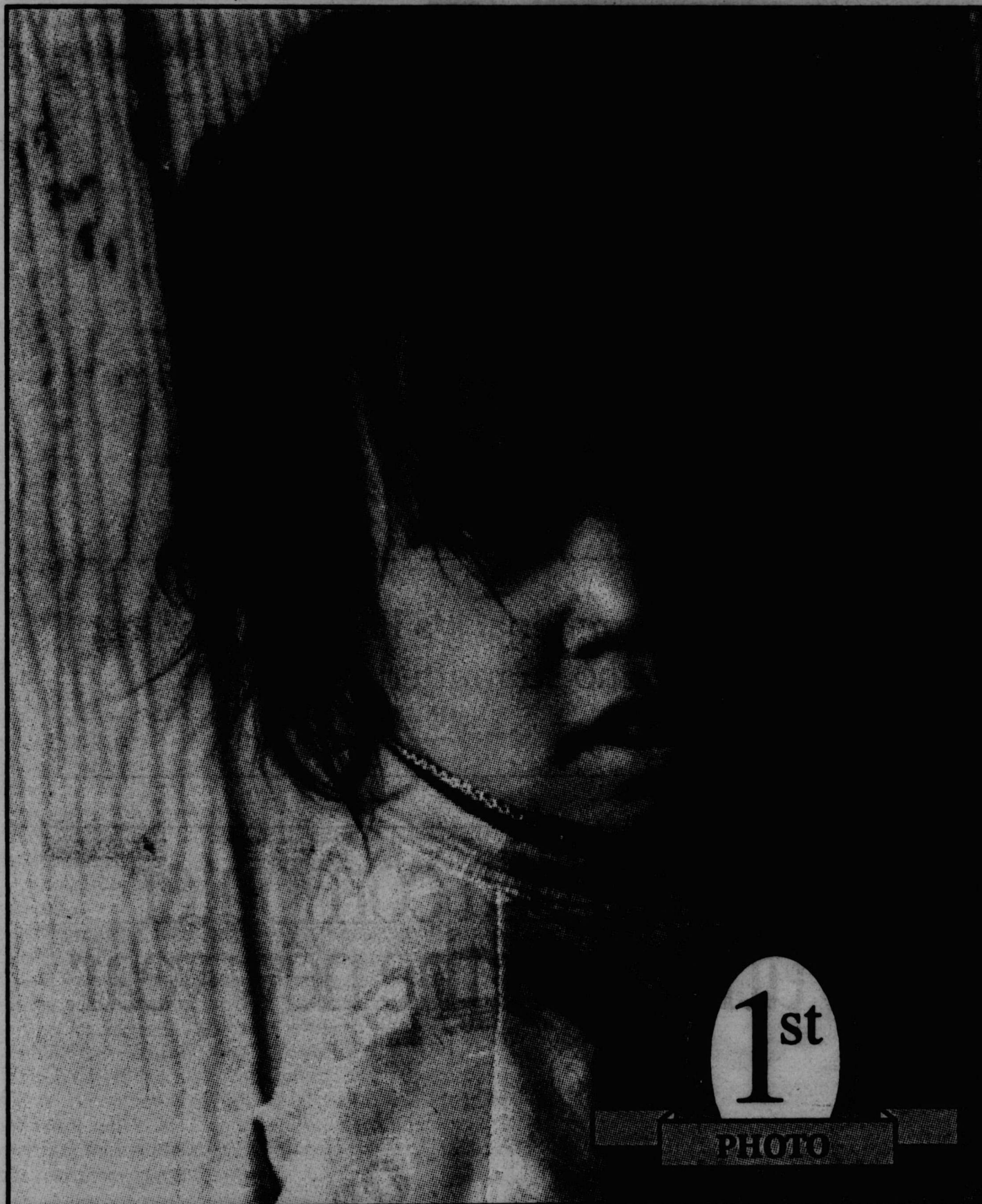


The Lumberjack

# FINE-ARTS CONTEST

Wednesday, Dec. 1, 1993

17



2:10 A.M.

lie in bed at night or is it early morning  
1993  
thank my god myself for motivation  
thank my mind for holding on  
fighting the human condition  
fighting conditions  
human? why even bother asking again  
there is no answer  
is that bad conditioning? where do you draw the line?  
I can't draw worth shit  
even if i could i would trip over the line  
in minnesota probably, there are cows there  
i went to scotland last summer  
there are cows there too  
there must be geographically required differences  
different geographies have different features  
humboldt has clearcuts. scotland has sheep ... and cows  
minnesota has lakes  
it even makes me happy even i smile  
los angeles has tall buildings ... some red some white  
england's got a black one  
i hear there's all kinds of buildings  
here and elsewhere  
different architects i guess ... are architects artists?  
yes yes yes yes  
i'm glad i like such different artwork otherwise  
i'd have to blow up the buildings wouldn't i?  
shoot them down in the streets or  
tear them down with my own two hands  
maybe just one kind though ... maybe the black ones ... maybe  
red ... yellow ... white

— Geoffrey R. Case

## FIRST-PRIZE PHOTO PROFILE

**Name:** Des Stone  
**Major:** Geography  
**Discipline:** Photography  
**Year:** Senior  
**Title:** Hmong American



- **About his photo:** "I've worked with Hmong refugees in Cutten with the Refugee Extension Program through the (Youth Educational Services) House. I've known this girl for a year. Her family could jump in my lap, she'd still be afraid of me."
- **Why he chose to enter his photo:** "It was my favorite photo I've ever done and I've gotten a lot of positive feedback from this print."
- **The future of his photography:** "In July, I'm going to go to Japan. I will be there for three years and I want to make a book showing the American point of view in Japan. I'm going to be teaching English to students there and I'll be able to travel throughout Asia. There are a lot of ways changing."
- **The print:** "I cropped it that way so nothing would distract from her face. Faces always tell a story."

## FIRST-PRIZE POET PROFILE

**Name:** Geoffrey R. Case  
**Major:** Theater Arts  
**Year:** Senior  
**Title:** 2:10 A.M.  
**Age:** 22



- **About his poetry:** "Writing is just a process of letting things out of me. I guess. A lot of thought went into '2:10.' A lot of what I've been thinking about lately came out in that poem. '2:10' I wrote a month ago. While 'Secrets' (the fourth-place prize winner) I wrote my first year here — eons ago. 'Secrets' came when my friends and I were sitting around and it just came to me."
- **What poetry does for him:** "For me writing poetry enhances my ability to think unconsciously and consciously. Any art can add to another. I can't say that's always true. Well actually it is true, very true."
- **The process:** "It varies. Writing poetry is something done intentionally on a nightly basis. I just wrote one this evening. I have a lot of cynicism and seriousness to keep myself from wanting to stop writing."

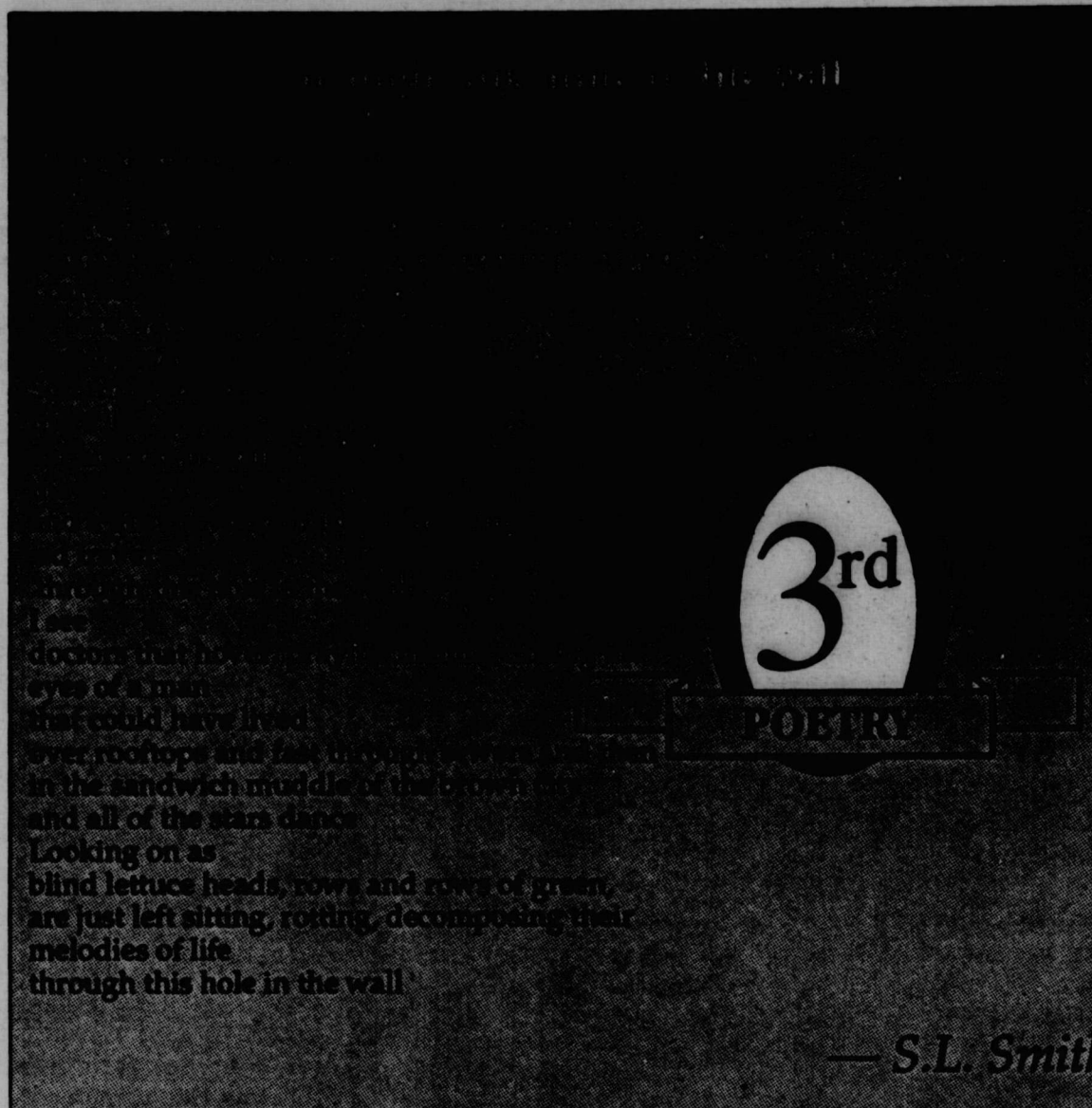




### Open Doors

I drink caffeine  
to keep my heart beating  
because it wants to be still  
without you.  
Poets in Math class  
see parabolas like open legs  
being penetrated  
by linear equations.  
I become easily angered  
by closed minds  
standing in my open doors  
blinded by lights  
they think are visions  
while I fill holes in my heart  
with words and Philosophy  
and when you enter  
it will all overflow  
spilling creative life blood  
all around us  
and it will continue  
like an endless river  
flowing through my heart

— Kris Paul



### The Secrets of the Universe

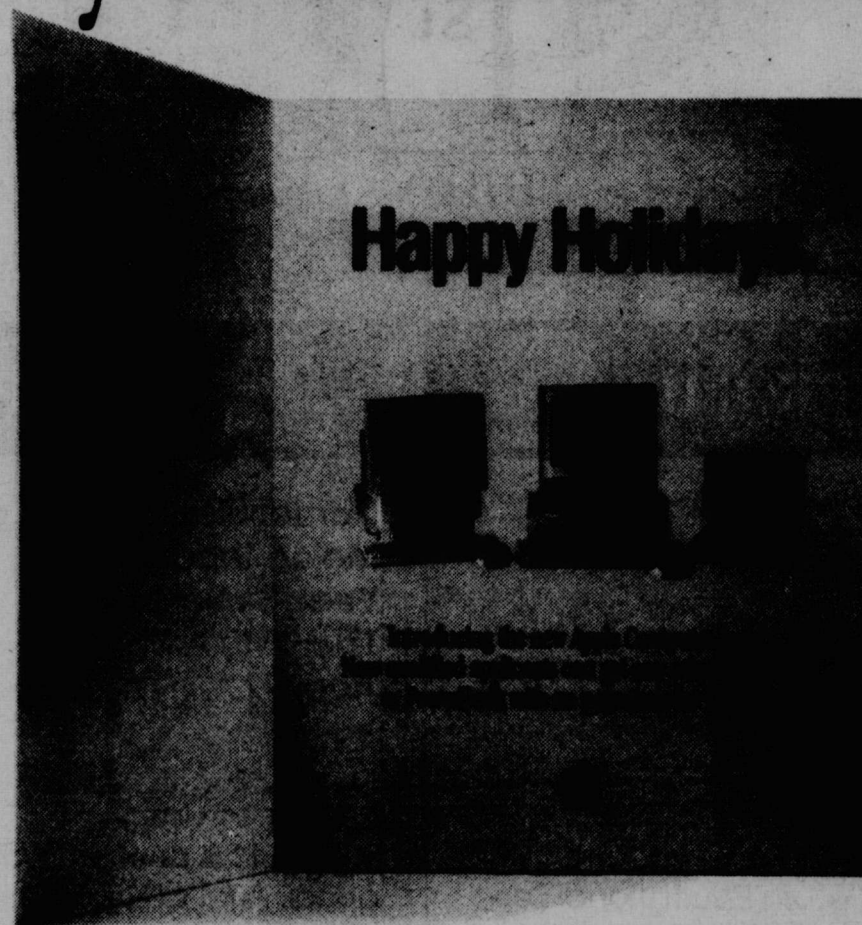
There is a drop of water  
upon the leaf  
As there is a leaf  
amidst the tree  
There is a tree  
within the forest  
As there is a forest  
within the land  
There is a land  
upon the earth  
As there is an Earth  
amidst the galaxy  
There is a galaxy  
within the universe  
As there is a universe  
within the drop of water

— Geoffry R. Case

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# Bring in the clones — 29010 011 ni gniirB

■ George Washington University scientists make history and invite controversy by cloning humans.

By Jackson Garland  
LUMBERJACK STAFF

The cloning of human embryos, which are the earliest stages of human development in the uterus, has finally become a reality.

It started in 1799 with a pregnancy reported from artificial insemination.

In 1949, researchers discovered glycerol can be used to freeze sperm for later use. In 1970, mice embryos were cloned. Three years later, the first calf was produced from a frozen embryo.

In 1978, embryo research was focused on humans when the first test-tube baby, Louise Brown, was born in Britain.

Finally, 15 years later, George Washington University researchers have cloned human embryos.

A team led by Robert Stillman and Jerry Hall reported to the American Fertility Society on Oct. 13 they had successfully taken a group of 17 microscopic human embryos and multiplied them into 48.

Once the news was out that human embryos had been cloned, a large ethical debate was immediately sparked in the scientific community.

A Time/CNN poll taken in the first week of November suggested that Americans found the idea of human cloning deeply troubling: 3 out of 4 disapproved and 90 percent surveyed said if they conceived a child, they would not be interested in cloning the embryo.

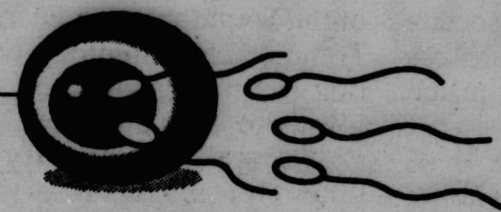
An argument has been made that the embryo cloning could increase the chances of infertile couples conceiving a child, but the survey showed only about 45 percent approved the continuation of embryo cloning for that reason.

Stillman and Hall began their experiment with 17 flawed human embryos. These abnormal embryos resulted from the union between a single human egg and more than one human sperm. Such embryos, according to the Oct. 30 issue of Science News, contain too much genetic material and therefore are not viable.

First, the researchers used a chemical solution to strip the young embryos of their tough outer coating, called the zona pellucida. This shell-like coating protects the embryo, which at this stage has started to divide and consists of two to eight cells.

## Cloning of the human embryos

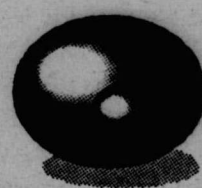
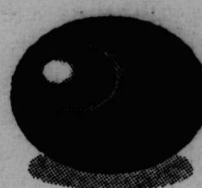
Zona pellucida (a coating that promotes normal cell division)



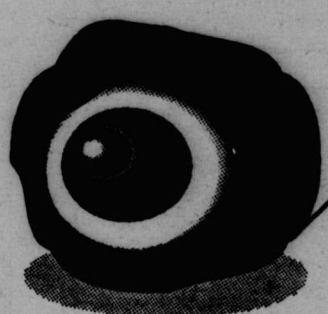
1. As part of a fertility treatment, eggs were removed from a woman and artificially fertilized. Some of these eggs were fertilized by more than one sperm — an abnormal condition.



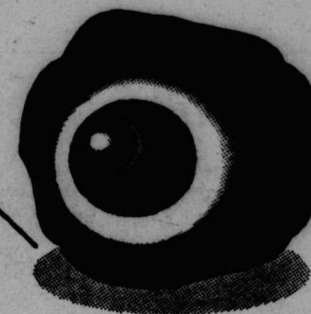
2. One such abnormal cell divided in two as the first step in development.



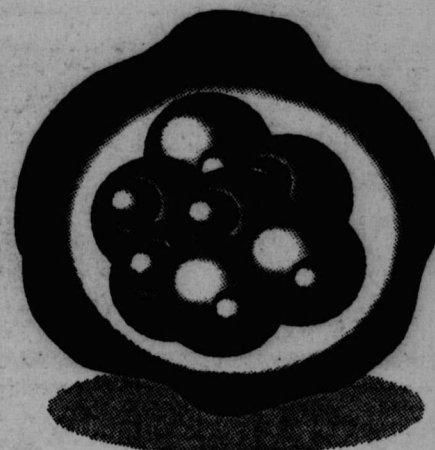
3. The coating was removed with an enzyme, and the two cells were separated.



Artificial zona pellucida



4. Artificial zona coatings were added, allowing development to proceed.



5. The cells continued to divide, forming genetically identical embryos. Development stopped after six days, partly because the embryo was abnormal.

SOURCE: TIME magazine

RAY LARSEN / THE LUMBERJACK

See Clones, page 20

## Cars have researchers working on air HSU scientists driving toward a miracle

■ California universities join forces to harness the power of hydrogen.

By Pat Kelley  
LUMBERJACK STAFF

A team of HSU researchers is working to use water's primitive elements to power cars.

The project is working to design a hydrogen fuel cell system that will provide energy to an electric car.

A team at UC Davis is designing the drive train and electrical system.

"Fuel cells are quiet and non-polluting," said Peter Lehman, environmental resources engineering professor and the project head. "Hydrogen fuel can be made from solar energy. It can be made here in America so it's a secure source of energy — a practically inexhaustible source of energy."

Hydrogen power is already working at the Schatz Solar Hydrogen Project at the Telonicher Marine Laboratory in Trinidad. Both projects were founded by grants from L. W. Schatz, a Tacoma, Wa. businessman.

Lehman said the fuel cell will power a 20 Kilowatt electric motor which will generate around 27 horsepower. He said this is equivalent to a typical small car engine.

"It won't win any drag races, but it won't be gasoline's weak sister either," Lehman said. "This will be a freeway usable car."

Lehman said that unlike conventional battery powered cars, this system can be refueled in minutes instead of needing to be recharged over night. The car will have a range of around 200 miles at 65 mph. By comparison, a battery car would have a range of 60 to 80 miles.

Lehman said that the fuel cell's smaller size and lighter weight give designers more flexibility in design. The Impact,

General Motors' new electric car, has a battery system that weighs about 1,000 pounds, about twice what the hydrogen storage system and fuel cell would weigh.

Lehman believes the fuel cell is safer than the internal combustion engine.

"I'd rather carry pressurized hydrogen than gasoline any time," Lehman said. He said that when you have a leak of gasoline you end up with a lot of heavy, highly combustible vapors hanging around the area. This vapor could ignite at any time.

Lehman said that hydrogen is so light that the gas dissipates into the atmosphere extremely fast. In fact, it dissipates so fast Lehman said that they had difficulty deliberately setting off a sensor they have installed in their workshop.

"The gas dissipates so quickly that even in the closed room we had to hold the hydrogen hose right up to the sensor," Lehman said. "I think it's much safer than gasoline."

"There are several types of fuel cells," said Thomas Herron, an environmental resources engineering graduate student working on the project.

"There are several differences that we think make our fuel cell better," Herron said. "Most cells operate at high temperatures and with the fuel gas under pressure. We are trying to produce a system that will run at relatively low temperatures and at normal atmospheric pressure."

Herron said that by using non-pressurized gas, you can build a safer system. It would also be cheaper because you wouldn't have to pay for compression of the gas or for the heavy duty equipment to store and use it.

Herron said that hydrogen gas passes through the cell on one side of a moist Teflon membrane. Air passes through on the other side. When the hydrogen comes

See Water, page 20



# Clones: Opening Pandora's box

• Continued from page 19

Next, the researchers carefully separate the individual cells and coat each with an artificial shell. The team created 48 embryos using this technique.

Cells split from a two-cell embryo appeared best able to divide, with some reaching the 32-cell stage of development, Hall said at a press conference the week of Oct. 24.

That finding suggests researchers could create viable embryos with this process, although the abnormal embryos used in this experiment would not grow even if implanted. They were discarded after six days, Hall said.

If scientists go forward with this technique, the Science News article said, it could be used to split a normal human embryo, one in which a single sperm has fertilized the egg. Therefore, a researcher could fertilize one egg, let it divide, and then sepa-

rate the cells, thus creating two, three or more embryos, all carrying identical genetic material.

However, 78 percent of those surveyed in the Time poll said they disapprove of the potential for parents to use the embryo cloning technique in order to have genetically identical twins at a later date.

Michael Bowes, an associate professor of biological sciences at HSU, feels that not much progress has been made.

"Their particular work is so far away from what else is going on that it's not in the same league. I'm not even sure I'd call it cloning. Their research didn't go very far," Bowes said.

On an appearance on CNN's Larry King Live, Stillman and Hall tried to keep the discussion focused on the facts of their experiment, but the majority of calls they received from viewers questioning the ethics of the experiment.

"We have set out to provide

some basic information," Hall said on the show. "It's up to the ethicists and the medical community, with input from the general public, to decide what kind of guidelines will lead us in the future."

The general public seems to be making its opinion clear, though. Jeremy Rifkin, founder of the Foundation on Economic Trends, a biotechnology-watchdog group in Washington, organized protests outside of George Washington University and other reproductive-research institutions.

"This is the dawn of the eugenics era," Rifkin said at one of the protests which called for a ban on human embryo splitting.

He invoked visions of Aldous Huxley's cloning novel "Brave New World," saying that scientists were on their way to creating "standardized human beings produced in whatever quantity you want, in an assembly-line procedure."

# Water: drip drive

• Continued from page 19

in contact with a catalyst it oxidizes down to a proton and an electron.

The proton passes through the membrane and the electron travels an external wire to combine with oxygen on the other side. The flow of electrons along the outside circuit is electricity.

The system produces only a small amount of water as a by-product, thus it meets the legal standards for a "zero emission vehicle." California law requires that 2 percent of all new vehicles sold in the Los Angeles basin be ZEVs by 1998.

"You could optimize efficiency by designing a car from the ground up," said David Swan, head of the team at UC Davis. "Because we are testing the system we will want a

known quantity."

He said that they will most likely reoutfit a car already in production so they can make an accurate comparison. Swan said it would likely be a car like the Ford Escort or a similar small car.

Lehman said that he didn't like putting the project on a time line, but he did say that they hope to have a functional commuter vehicle by 1997.

He said that Ballard Power Systems of Vancouver has made a fuel cell bus. Lehman said they could do this because the weight restrictions on the cell systems are much less strict on a bus. He added that the bus has an excellent safety record.

"Right now we're trying to make a fuel cell that weighs less than 100 kilograms," Herron said. "We're also trying to make it affordable."

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# Bras across the Grand Canyon

By Brenda Bishop  
LUMBERJACK STAFF

Think you're abreast of the latest trends — think again.

The burning brassieres of the women's movement has taken a new bounce — Bras Across Grand Canyon.

That's right — you can donate a bra to "America's obsession" with breasts, breast implants, the Barbie doll syndrome, victimizing and endangerment of women's health — and have it hooked up across a four-mile stretch of the canyon.

Really, you can transfer your bra into an instrument for social change — cross my heart.

Artist Nicolino, 53, promoter, director and owner of Lasagna Sculpture Works in Point Richmond is attempting to collect 10,000 bras. The organization has received 1,500 donations so far.

"It is a heroic environmental sculpture," Nicolino said in a telephone interview from his studio in Point Richmond. "The idea actually started as a joke with some of my women friends while we were trying to define what soft porn was while

**Blowin'** examining a Macy's underwear ad."

Nicolino builds sculptures from his passion based on



Nicolino sculpts artwork such as his glass breast piece, above, based on what he calls "America's obsession."

Americans' obsession. Several guests at a recent opening in Mendocino County unstrapped and donated their bras on the spot.

Nicolino said America's obsession has its origin in our puritanical heritage. He claims this leads to strange behavior, such as a woman's self-identity and self-worth tied to her breast size, the pornography industry on the ramp, the cosmetic surgery industry raking in fortunes from breast implants and, Nicolino's

favorite, steamy bra ads in Macy and Victoria Secret catalogs.

"Grandpa had his Sears catalog," Nicolino said. "Yet if a woman takes her top off at the beach in America, there's a low pitched rumbling of tit pandemonium — she might even be arrested."

Nicolino said the popularity of this project is the humor associated behind it.

"We ought to be able to be culturally animus," Nicolino said. "Humor works as a healing process. It enables us to look at things to a broader section of

our culture."

BAGC has 50 "bra agents" stretching from the East Coast to California — where a majority of donations are coming.

Agents stockpile donations in their areas by making their home an official "Bra Drop-off Station." They also encourage friends to become agents, help with any other support such as logistical planning, media, construction services and fund raising for the exhibit that is scheduled to open next summer.

Agents range from business

professionals, teachers to homemakers, including men as well as women.

"Broad media coverage is obviously a popular appeal to the success of such an event," Nicolino said. "Social interaction helps us to understand the importance of social change."

Nicolino, who has a 14-year old daughter, said it is important little girls make a healthy connection with the shape of their body. He adds that a positive self-esteem can help to eliminate the huge breast implant industry and the implications it puts on women.

Half of all financial proceeds of BAGC will go to victims of breast cancer via the Susan B. Komen foundation in Texas or the American Breast Cancer Society.

"They are both conservative foundations," Nicolino said. "I'm not sure they would appreciate the national coverage associated with this project."

Two other benefits are scheduled before the big event at the Grand Canyon. One is the "Nicolino Whistle-Stop Bras Across Grand Canyon." Nicolino will board a train in California starting on the winter solstice. He will start with stops in Texas and return with stops in Arizona, New Mexico, Colorado, Utah and Nevada.

"I'll make all major station stops to momentarily meet new bra agents," Nicolino said. "It's like old time politics." He plans an East Coast route in May.

The second benefit begins the "last day of winter" at

Stinson Beach where a two-mile sand castle of 21,000 breasts will be casted in wet sand.

Nicolino stressed the emphasis of the project is on women's health issues and not "the bra burning of the sixties."

"It is conceptual art and a humorous social commentary on a very serious subject," he said. "It is a gentle statement against sexism."



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## Corea electrifies jazz enthusiasts

By Brenda Bishop  
LUMBERJACK STAFF

Stan Getz, Mongo Santamaria, Willie Bobo, Herbie Mann, Sarah Vaughan, Miles Davis and Blue Mitchell are all recognizable legends of jazz. Yet another music commonality they share is their creative contributions to the forerunner of today's modern jazz — Chick Corea.

No matter what kind of music he's playing — from solo piano quartet to big band — or whether his concept requires an electric or acoustic setting, Corea has earned his venerable niche in jazz history through constantly evolving artistic parallels to the changing times.

Born Armando Anthony Corea in Chelsea, Mass., in 1941, Corea began studying piano at the age of 4. He was tutored by his father Armando, a lifelong professional musician.

While his interest in jazz was nurtured by recordings of jazz icons Charlie Parker, Dizzy Gillespie and Bud Powell, it was his extensive listening to the classical masters such as Mozart and Beethoven that spurred the compositional instincts that have guided his career.

Corea's first compositions were recorded during his three-year stint with trumpeter Blue

Mitchell from 1964 to '66.

By the late '60s, after a year of playing piano for Sarah Vaughan, he joined the Miles Davis band on the landmark albums "In Silent Way" and "Witches Brew."

Corea's dramatic change of direction in jazz, a musical mixture of avant garde "free" improvisation, created his group Circle.

By 1971, after three years with Circle, Corea created the now famous samba-flavored Return to Forever band, featuring Stanley Clarke, Lenny White, Joe Farrell, Airto and the haunting vocals of Flora Purim.

Corea's forging on the Moog synthesizer spearheaded the mid '70s fusion movement with RTF's innovative albums, "Where Have I

Known You Before," the Grammy-winning "No Mystery" and "Romantic Warrior."

When RTF disbanded in 1975, Corea delved into a diverse series of recordings with Herbie Hancock and Gary Burton.

By the mid 1980s Corea had formed a new partnership with the formation of the 'Elektric Band,' earning him five more Grammy-winning projects.

Since 1986, Chick Corea's Elektric Band has been the creative focus and "most interesting experience" of his career.



Corea



### Concert Preview

Who: Chick Corea  
Where: Van Duzer Theatre  
When: Tuesday  
Tickets: \$13 students, \$17 general

However, in 1991 the group disbanded and members pursued other music interests.

Saxman Eric Marienthal is the only remaining member of the "old" Elektric Band. The new ensemble—Chick Corea Elektric Band II consists of Mike Miller on guitar, Jimmy Earl on bass and Gary Novack on drums. With the new band combination comes the recently released album "Paint The World."

Another of Corea's lifelong goals has been the creation of "Stretch Records," a production label committed to stretching musical boundaries and focusing on freshness and creativity than musical style. The formation of "Stretch Records," founded with Corea's manager Ron Moss, has earned Corea a Grammy nomination for Best Contemporary Blues Album for "Robben Ford & The Blue Line."

"I enjoy new music immensely," stated Corea in a CenterArts press release. "Our approach this time out is much looser. As you listen, I think you can hear the story of a new group coming together."

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Jeff  
DeMark



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# Good humor man DeMark twists memories in solo act



By Jackson Garland  
LUMBERJACK STAFF

Looking for diverse and original storytelling? Then look no further — Jeff DeMark has arrived.

DeMark, a native of Racine, Wis., brings his storytelling show, "Writing My Way Out of Adolescence," to HSU's Kate Buchanan Room Sunday at 8 p.m.

DeMark's show allows him the opportunity to wax nostalgic about his days as a youth in Wisconsin where he had encounters with a one-eyed, limping nun, stole a car with two of his friends and drove to a nudist colony and carried on a hot/cold relationship with his father.

"It's pretty much all autobiographical," DeMark said, who lives in Arcata, "but with some twists and additions. Someone told me that after two or three years, it all becomes fiction anyway."

"Your perspective definitely changes over 20 years, but the stories don't let you go."

The centerpiece of DeMark's show is his tale of attending the University of Wisconsin in Madison in 1969.

"In high school, everything was like a dream. In Madison,

See DeMark, page 24

PHOTO COURTESY OF CENTERARTS  
Jeff DeMark creates associations between his stories, props and audiences in his solo show "Writing My Way Out of Adolescence."

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## DeMark

• Continued from page 23

everything was exploding. It all changed when I went to college, and it was a radical change. UWM was one of the heaviest anti-war campuses in the country."

Without giving too much of the story away, it deals with DeMark's relationship with his father, which took a dramatic turn at the time.

DeMark started storytelling after dropping out of college in 1974 and traveling extensively.

He was inspired to begin writing and telling his stories after attending a Bob Dylan and Grateful Dead concert.

"That show was incredible," he said. "It was an inspiration."

DeMark started publicly telling his stories in a sandwich shop that had relatively nothing going on Sunday nights across from the apartment he was living in.

He struck up a deal with the store's owner and went on from there.

"Writing is a way to make sense of all the stuff in my life," DeMark said.

DeMark has collaborated with some rather popular bands, including Paul Cebar and the Milwaukeeans and the Violent Femmes.

"My brother grew up with Victor Delorenzo, who became drummer for the Violent

## Theater Preview

What: Jeff DeMark  
 Where: Kate Buchanan Room  
 When: Sunday at 8 p.m.  
 Tickets: \$5 general, \$3 students

Femmes. Right before they started getting really big, I opened up for them at this club in Milwaukee. I told stories and they backed me up musically on three of my stories."

DeMark first performed "Writing My Way" at the Mad River Festival last summer.

"I found the festival more comfortable than before," he said, "Mainly because I had direction. Previously, I'd do all these shows and get worked up. It was really unpredictable — the show and myself. Now I feel more in control."

DeMark uses several props throughout his stories, including a children's school desk and old photos.

"In one of the stories, I get pissed at my dad and cut his pants legs off with scissors. I was 9 years old at the time. One of the props I have are cut off pants legs."

"Other props include album posters and record covers. Music played a large role in my youth. I think that props help the audience create their own associations with the stories. It helps the communication."

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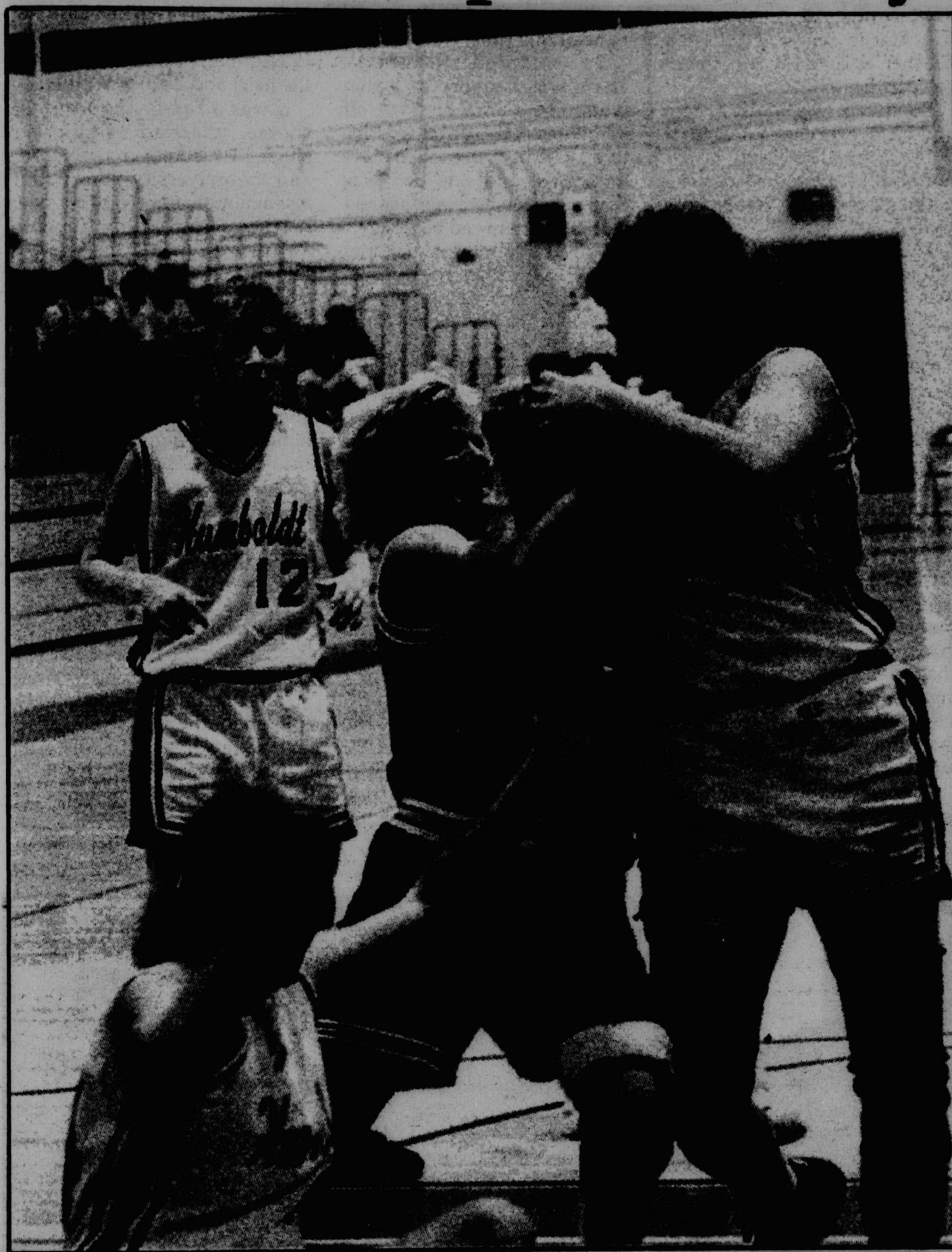
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# Women hoopsters ready to shoot for title



DIRK RABDAL/ THE LUMBERJACK

HSU Senior forward Julie Mack wrestles for the ball against senior guard Lorinda Filkkema in the Lumberjacks' 69-67 victory Saturday over Seattle Pacific University. Mack leads the conference in field goal percentage and is third in both scoring and rebounds.

■ **Lumberjacks must recover from loss of star players to vie for the conference title.**

By Ryan Dunne  
LUMBERJACK STAFF

The HSU women's basketball team enters this season a couple of players shy of the team that proved last year that it could contend for the conference championship.

The Lumberjacks finished third in the NCAC last season with an 8-4 record while compiling an overall record of 12-14.

The 'Jacks won eight of their first nine conference games, but they ran out of steam down the stretch.

With six returning players and the addition of some talented transfers, the Lumberjacks will try to cope with the loss of Dawn Miner.

Miner finished her career last season by setting school records for scoring, rebounding, and free-throw shooting percentage.

She was named to the all-conference first team and was selected the West-Martin Sportsman of the Year.

"Of course losing Dawn affects our playing style," Coach Pam Martin said. "She meant so much to the team."

Also missing from the team this season is center Siri Larson. Larson was all-NCAC honorable mention last season and her presence in the middle will be sorely missed.

"Any time you lose a big body like that, especially a sophomore who had development in her, it hurts," Martin said.

The loss proved to be very painful last week as the team she transferred to, Southern Oregon

State, defeated the 'Jacks 74-72.

Martin is hoping to overcome the loss with a strong outside shooting game combined with solid rebounding.

Transfer center Julie Mack, a 5-11 senior, has stepped out of the pack to be one of the team's leaders.

After five games, Mack is among the top three in the NCAC in scoring, rebounding, and field goal percentage.

"Julie brings her experience with her," Martinsaid. "She has all-around skills which makes her a multiple threat."

Mack, a native of McKinleyville, transferred from Cal State Stanislaus where she was an important member of the 1990-91 NCAC championship team.

Joining Mack on the frontline is returnee Molly Skonieczny.

Skonieczny, a 5-8 junior, was the Lumberjack's most prolific three-point shooter last season finishing third in the conference with 32 made.

"Molly has developed into a serious perimeter threat," Martin said.

Skonieczny said that it is exciting how well the team is coming together. She said she was a bit concerned at first but so far the new faces have fit in well with rest of the team.

"We've got a legitimate chance to win the conference," she said.

So far this season, she is third in the NCAC again in three-pointers made and is averaging 10.8 points per game.

An added perimeter threat has proved to be freshman Sarah Trobee.

The 5-10 forward is 13 of 28 from three-point range so far and her 12.8 points per game places her sixth in the conference.

Forwards Mica Saferite and

See Women, page 27

## Rough road ahead for ailing men

By Jonathan Chown  
SPORTS EDITOR

The men's basketball team is getting an idea of what it would be like to compete at the Division I level.

Last week the men played the University of Oregon, losing to the Ducks, 90-67. The Lumberjacks pulled within six points with just over eight minutes left in the game before Oregon took control down the stretch.

"I think it was a missed opportunity. We certainly could have played better," Coach Tom Wood said.

Coach Wood was disappointed that his team was not able to react well to the pressure defense the Ducks applied. He said that there were far too many errant passes and bad shots.

"We did a horrible job of getting our offense started," he said.

This week the men begin another road trip, playing Southern Oregon State at

Ashland on Saturday, Oregon Tech at Klamath Falls on Sunday. Then the team travels to Boise, Idaho to face their toughest challenge of the year on Tuesday, Boise State.

Boise State made the NCAA Division I National Championship Tournament last year qualifying them as one of the elite Division I programs in the nation. Wood said that while it was definitely very exciting to play such a team, his team should not be satisfied with just being on the same court.

"I don't think you can over-respect them," Wood said. "You can't go in there and be in awe of them, or you'll be down by 20 before you know it. You've got to go in there and cop an attitude and say 'we belong' and not be content to just play them close."

Redshirt freshman Vince Zinselmeier has that attitude.

"I feel pretty confident about it," he said. "They're players just like us. We

played the University of Oregon well and I think we can play Boise tough too."

The Lumberjacks face a real uphill battle on the roadtrip as injuries have already started to hurt the team. Senior starting point guard Scott Betts is out for the season with a torn ligament in his knee and Eric Aitken may be out two to six weeks with an injured hand.

"Scott was the heart and soul of the team. I could always say, 'I want you to play as hard as Scott plays. Now I've got to find someone else to use as the example,'" he said.

Aitken will return to the team but it is indefinite when. Aitken ran into teammate Matt Trepinski during the game against University of Oregon and deeply bruised his hand and may have strained a joint.

"He can't catch the ball. He can't throw the ball. He can't shoot the ball. Those are pretty important things to do if you're a basketball player," Wood said.

## Wild weekend at national meet

By John Coxford  
LUMBERJACK STAFF

Shut up and run.

These are the first words an HSU distance runner must understand.

Next, a guideline: Eat fresh fruits and vegetables daily.

Finally, a maxim applied to out-of-town, end-of-season celebrations: Don't do it in your hotel room.

Which brings us to room 806 of the Riverside Sheraton on the night of Nov. 22.

To put this in the proper perspective, approximately 12 hours earlier seven men and one woman represented HSU in the NCAA Division II Cross Country Championships.

See Nationals, page 26





## CONGRATULATIONS TO THE 1993 SUPERTEAMS CHAMPION!! - WHO KNOWS

### Overall standings:

1. Who Knows	37pts.
2. Hitless Wonders	36
3. Suds	35
4. Foul Play	27
5. Clueless	24
6. Schtumpy	24
7. Twisted Sister	13

A special thank you to all the sponsors of the Super Teams Tournament. Eureka Baking Co., Eureka Golf Course, Tom's Sourdough Pizza, Westwood Market, United Grocers, Redwood Yogurt, Larry's Market, Greenview Market, Bubbles, Westwood Video, Bold Images, American Deli, Willow, Tiffany's, Humboldt Surf Co., Humboldt Coffee Co., Safeway, Kinkos, Ramone's Bakery, Life Cycle, HSU Bookstore, HealthSport, Eureka Shirt Circuit, Sport & Cycle, General Nutrition Centers, Pepsi, Michaelangelo's Pizza, Dancing Dragon Designs, Lost Coast Brewery, Murphy's Pizza & Round Table Pizza.

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29-Dec. 1.

## Nationals: Wild times reminisced

• Continued from page 25

The men placed 11th in the competition; the woman, Denise Walker, placed eighth in her race, earning All-American status. Martin Smith, HSU's top finisher, also won an All-American certificate.

Room 806 was Squirt's room and he let everyone know it.

"My name is Squirt!" he announced to the crowd of post-nationals revelers. "Respect my room!"

The whippet-thin distance runner from Bloomsburg, Pa., was drunk. He stood precariously on a chair, trying in vain to restore a sense of order.

"Siddown, Squid!" yelled one party-goer. But Squirt was a ham, out to impress the lovely women from Indiana University. They regarded him as a louse.

Squirt was pulled off the chair and a teammate took his place.

"Hey, I just wanted to say that I'm an All-American and my freakin' team blew it today!" he said.

"What the freak?" Squirt was chagrined; not only was he being insulted, he was being upstaged. So he went straight to the bottom of a 40-ounce Magnum.

At one point in the evening, a group of women from Augustana College in San Diego filed in. Squirt welcomed

them and reminded them to respect his room. They turned around and left, laughing.

Don't do it in your hotel room.

The boys of Bloomsburg University would have done well to heed this rule.

By midnight the smoke alarm was hanging by a thin wire and the closet door was off its hinges. The carpet was littered with beer-drenched playing cards, and one bed was stripped of its sheets and stained with a pungent red beverage.

Now, in the past, two words would have fallen from the lips of NCAA officials, hotel bigwigs and coaches from Washington to Florida: Humboldt State.

It's true. There were some incidents at past national meets, some code of conduct violations. A reputation for craziness developed.

The weekend prior to this year's race, Humboldt-centered conversations were overheard by the Lumberjacks. These conversations, usually whispered in hotel elevators or in the lobby, generally went something like, "Hey, it's HSU — and there's that crazy guy with the hair!" or "I wonder if they brought buds!"

Some coaches, it was rumored, went so far as to distribute four-color brochures educating their teams on the sinful ways of the Lumberjacks.

That may be stretching it a bit, but what's obvious is that most people didn't realize this was an altogether different squad of runners.

In fact, only two had national meet experience: Dave Wasserman (the crazy guy with the hair) and Denise Walker.

It was a fun-loving team, of course, unafraid of running single-file through grocery stores and the university library, but also a calmer, more cautious one.

It was a team with an appetite for frisbee, haiku, the Smiths, Blind Melon and blueberry bagels.

Road trips with the Lumberjacks were all this and more: massages, pasta, bad jokes, Mokers (a card game), male bonding, female bonding, male-female bonding, reminiscing, studying, leg-shaving ...

Enter Bloomsburg (burp).

From what transpired Nov. 22, it is apparent that this team — a team obsessed with cheap beer and the word "freak" — is the new black sheep of the NCAA.

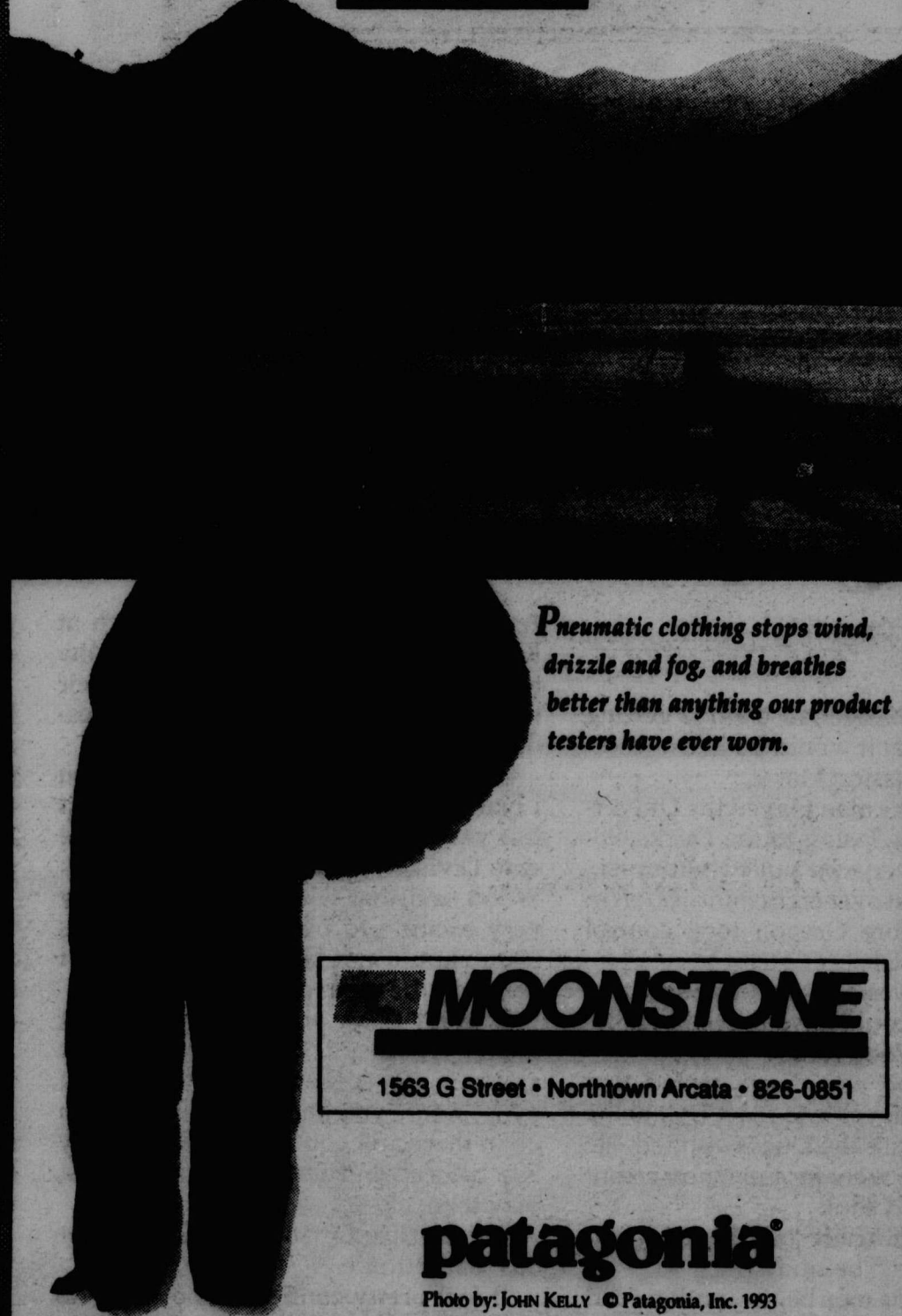
Has a changing of the guard occurred? If so, let it be known throughout the nation.

As for the Lumberjacks, whose epitaph for the 1993 season may be "They ate fresh fruits and vegetables daily," perhaps it's time to shed the rowdy image once and for all.

This was the team that shut up and ran.

## THE MORE YOU SWEAT, THE BETTER IT WORKS

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Photo by: JOHN KELLY © Patagonia, Inc. 1993



## Women: It's a whole new season

• Continued from page 25

Tonia Coleman are both juniors who will contribute in back-up roles.

Saferite was all-state first team last season at Santa Barbara City College and Coleman is an All-American track and field runner whose athleticism and strength will be hard to match up with on the court.

Point guard Trina Dukes will run the floor once again and the addition of a good jump shot will make her a better player.

Dukes was all-NCAC honorable mention last year and was among the leaders in assists and steals.

"Trina has added perimeter shooting to her game, so if she's not defended tightly, she can pull up and shoot," Martin said.

Dukes is leading the NCAC in assists and she is third in steals while averaging 11 points per game.

**"She (Miner) meant so much to the team."**

**PAM MARTIN**  
Women's basketball coach

Off-guard Anna Bonomini, a 5-4 junior, joins Dukes in the backcourt. A good ball-handler, Bonomini made 20 three-pointers last season.

Returning sophomore Keri Rocha and transfer junior Nichol Lake will provide depth at the guard spot.

So far in the early season, the 'Jacks are 3-2 including a 85-62 victory over last year's NCAC champion Chico State.

As a team, the Lumberjacks lead the NCAC in scoring offense and three-point field goals made.

The added depth should prove to be beneficial to the 'Jacks because last season they were tired at the end of the season.

"We will be able to bring fresh players into the game more often which will make our press more effective," Martin said.

The Lumberjacks play a double-header against UCSanta Cruz this Saturday.

The first game starts at noon and the second game starts at 7:30 p.m.

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## Genetic risks ahead

In Aldous Huxley's "Brave New World" humans are no longer born, but genetically engineered to fill pre-determined roles in society.

While modern science has not yet reached the sophistication to produce made-to-order humans, it has made significant strides in genetic research.

In October, researchers announced the cloning of a human embryo, the fertilized egg that contains the genetic code of life, or DNA.

This development raises the question of how far should science go? Undoubtedly, scientists should be encouraged to perform genetic research. However, even though scientists are not yet able to successfully implant these embryos so that they grow into human beings, the Pandora's Box has been opened.

Progress has its price. If scientists develop a cloning technique that can produce a viable, implantable embryo, how long before the genetic code can be manipulated?

The thought of parents being able to "design" their child according to a set of physiological and intellectual preferences creates a new ethical dilemma.

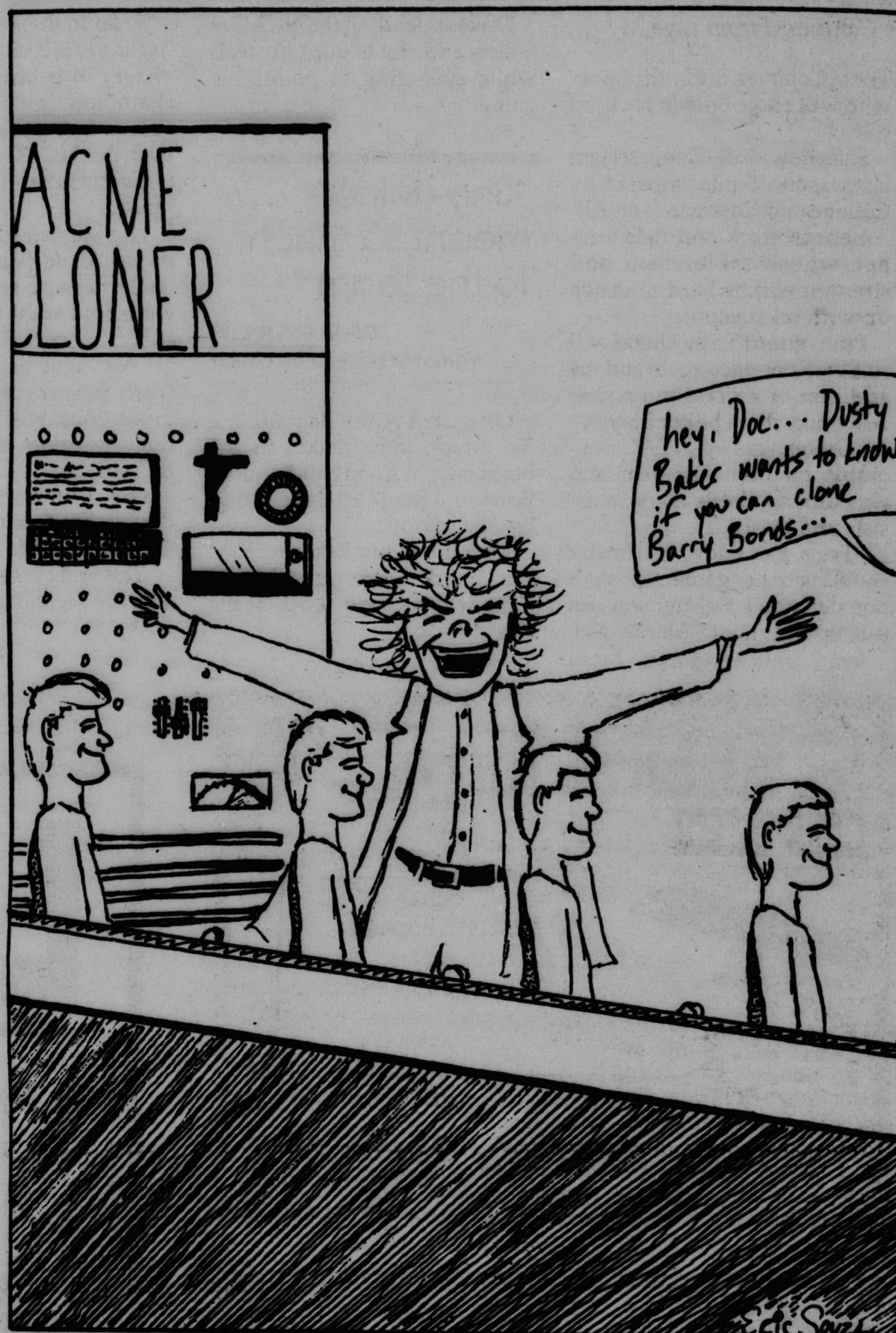
When does genetic engineering begin to violate the realm of mother nature? Natural selection and random chance should dictate the genetic composition of a person, not science.

Certainly research into the prevention of certain genetically-related diseases such as Alzheimer's, cataracts and some forms of cancer is important. If the genes that control these conditions could be isolated, scientists could prevent them from being passed on.

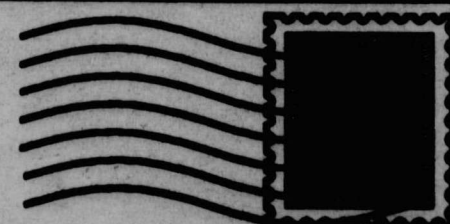
However, if anyone could promise prospective parents their child would have blond hair, blue eyes and high intelligence, tremendous profits would be reaped.

There is no federal body charged with setting policy regarding artificial-fertilization. The last Congressional committee empowered to debate this changing technology was disbanded three years ago.

The Lumberjack recognizes the value of genetic research, but urges the government to regulate the application of these technologies. The misuses of these cloning procedures could create a new class system, where a person is judged not by the content of the heart, but by the quality of genes.



## Letters to the editor



### Portuguese pride

I'm writing to hopefully clear up any misconceptions readers may have after what Debbie Toste had to say about the Portuguese last week.

Toste said, "You never really see Portuguese kids doing well (in school)."

Really? All through my education I had As and Bs. I also graduated from high school with a 3.2 GPA. I'm also attending this university. I'm not an exception, either. I know several other Portuguese people continuing their education, many going to HSU, also. They seem to be doing well.

She also thinks the Portuguese don't care about their children's educations, that they should work to earn a living and that a lot of the parents don't want to pay for their kids' education.

It's true that many of the Portuguese that came here from the Azores lacked an education. In their time, they were required only four years of school, then would have to pay for a secondary education. Most people of the Azores weren't wealthy, so, in order to make a living, they worked.

My parents came to America to make better lives for themselves and provide

their children a decent education. My parents have always cared about my education.

They pay for my schooling because they can and want to.

I'm proud of my culture and I hate to see it put down that way. Ms. Toste has a right to her opinion, but when she insults the Portuguese, she's also insulting herself.

Good luck at West Point.

Helena Garcia  
sophomore, multiple subjects

### No 'No Panhandling'

The Nov. 3 issue of The Lumberjack had a column written by a journalism major by the name of Harry Kassakhian. The article was called "Things Change—Magic Fades" and had a reference to the Arcata Co-op in it.

I would just like to point out that although it is true that the Co-op does discourage panhandling in the parking lot, the signs that Mr. Kassakhian referred to do not say "No Panhandling" but instead say "(Please) No Dogs Zone—Smoke Free Zone (Thank You)."

I hope by the time Mr. Kassakhian graduates from HSU as a journalist, he

### Letters policy



understands the importance of researching his facts.

Tami Glenn  
Co-op worker/member

### Auto-flush fascism

We think the toilets in the University Center suck and should be removed immediately.

They are a blatant example of fascism in the nineties. Besides the fact that due to

their poor design they splatter all over the place when you urinate in them, they sometimes subject us to forced termination of our bodily functions before we're finished.

Whatever happened to freedom of flushing? What if we don't want to destroy the environment by promoting water abuse? We guess that's not an option anymore here at the supposedly "en-

See Letters, page 29



## Letters

• Continued from page 29

vironmentally aware" HSU.

Now that we don't need to think anymore we can wear velcro shoes, eat TV dinners and start using "Auto-Flush" on a daily basis.

We can finally bask in the pleasure of knowing that we have fully removed ourselves from all that connects us with our physical world, even if it's only a toilet handle.

In order to counteract this auto-flush problem, we have developed the marvelous technique of urinating from a distance so that our bodies don't set off the automatic sensor. Of course, it's a little messy sometimes when you miss, but hey, somebody's got to be a martyr.

We highly encourage others to do the same.

Perhaps if we are persistent in this technique we can get back our old urinals.

Shame on the UC for this travesty of justice. Shame on the UC for taking away our God-given right to flush at our own recourse.

Mike Elliott  
senior, psychology

Peter Wilson  
senior, environmental biology

### Bureaucratology 101

Disappointed to read your editorial stance against Proposition 174 and for increased taxation. This demonstrated to me that at your young age, you have been indoctrinated to put the well-being of the bureaucracy ahead of that of the individual.

When 50 percent of the U.S. population cannot even read or write, why would you support the "edu-cratic" status quo?

When only 50 cents of each dollar of education funding finds its way into the classroom in our state, why support the waste?

When the average American is totally ignorant of the ocean of government corruption because the government sponsored "education" does not prepare them to understand their plight, why not vote for liberation?

Also, when the American public pays 43 percent of income to aggregate taxes, only to receive declining social conditions (more homeless, prisons, gangs, etc.), why not call for a new major to study "bureaucratology," to understand the waste, instead of simply calling for more taxes?

Lastly, instead of carping about small potatoes like the head bureaucrat's salary at the university as a cause of tuition increases, why not drop your PC blinders and analyze how illegal immigration is draining the state coffers, resulting in higher fees for us all and a lower standard of living.

You are supposed to be learning how to think, not what to think.

Joshua Kinch  
Eureka resident

### Fair Share reconsidered

The Instructionally Related Activities committee met on Oct. 22 to discuss the Fair Share Initiative, which students voted for last semester.

All students contribute \$22 per year to the IRA fund.

The Fair Share Initiative was written because 48 percent of the IRA's budget was going to HSU's intercollegiate athletics and some students felt that this was not equitable.

The Fair Share Initiative received 64 percent of the student vote in the largest election turnout in many years.

President McCrone withdrew money from the IRA Reserves to cover what Athletics would have lost from their budget request and asked that the IRA Committee reconsider the Fair Share Initiative.

Although the committee has not yet decided exactly how to implement it, the initiative will be taken into account when determining the IRA budget for 1994-95.

Our committee is meeting regularly so that we may have a more proactive agenda in the coming years.

We will try to make funding equitable and also make sure that the athletics program is not unduly hurt in the process.

This committee is chaired by the student body president and is comprised of five students and five faculty/staff.

If anyone has any further questions or comments, please drop a line in the Instructionally Related Activities mailbox at Associated Students or call the Associated Students at x4221.

Jason Kirkpatrick  
chair, IRA Committee

### Ban recreational riders

The Humboldt County Board of Supervisors has authorized the Humboldt County Beach and Dunes Management plan for the north and south spits to go before the California Coastal Commission in mid-December for approval, modification or denial.

Because recreational vehicle riders are unhappy with the plan, we expect them to campaign intensively to persuade the Coastal Commission to bring back waveslope riding north of Samoa to the mouth of the Mad River, which is banned in the present version of the plan.

The state OHV Commission, listening to riders' complaints, has threatened to deny any funds for mitigation or enforcement unless waveslope riding is restored to the plan.

Please write the California Coastal Commission.

Tell them you want beaches free of recreational riders.

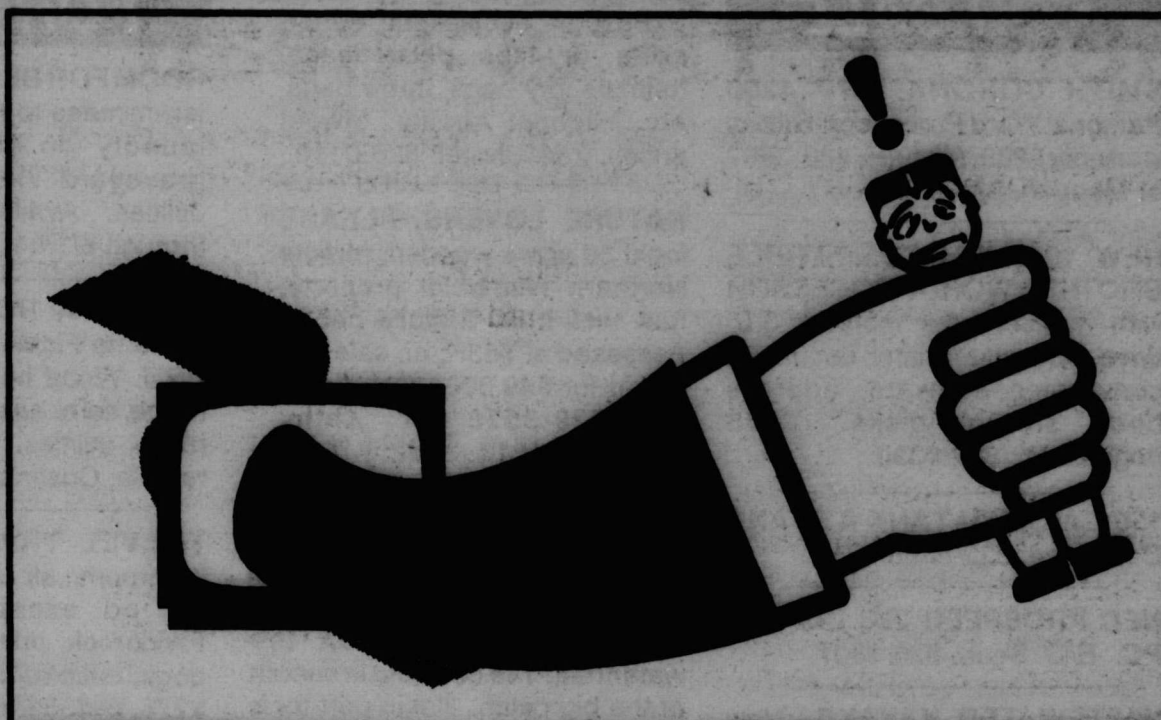
Ask them to amend the plan, which now allows waveslope riding on the South Spit to stop riding at least during the threatened snowy plover's nesting season.

This July, the first snowy plover nest found on the South Spit in ten years was run over by a vehicle and the eggs broken.

We thank everyone who testified, phoned supervisors or wrote in favor of a plan to get vehicles off the beaches and dunes. Without your input, a reasonable management plan would never have come so close to final adoption.

For more information, write us at P.O. Box 714, Eureka, 95502 or phone us at 442-1538 or 822-5079.

Barbara Kelly  
Humboldt Coastal Coalition



DAVID COURTLAND / THE LUMBERJACK

## Images and reality

# TV sucks brains dry

By Tammy Wittler

Images, images, images ... Humans consume and experience countless images in their lifetime. From sunrises, to pictures in magazines, to cats crossing the road, to people we pass on the street to sunsets, humans are drawn to sights everyday and instinctively make up stories about select vivid images that catch their eye.

Have you ever seen a family playing at a park and wondered who they are? Most have experienced this and hence have made up stories about the images they take in daily.

This is not a profound realization but it is something people may not often think about.

I was browsing in a second-hand store today. The owner said she noticed me looking at the children's books. She then told me a story about a few memorable books she has sold over the years, one of which was particularly fascinating. This book only had pictures, no words — the storyteller had to make up the words to go with the images.

Think about television — a technological tool that has successfully exploited this idea of making up stories to go with images. This powerful tool has welded the stories people have in their heads into a little cage with no opening. Is this any way to treat our creativity — to deprive it of expression?

Given, TV serves its valuable purpose to provide people with images and information that may otherwise be unseen without it, but some people lose touch with the amazingly beautiful images and real-life experiences that await them just outside their front door.

They depend on this box to dictate to them how their lives should or shouldn't be. They watch shows and commercials that tell them that they're too fat, they smell, they should walk, talk, act and dress a different way and countless other spoon-fed images that suck them into a reality that constantly demeans and humiliates them.

People are bombarded with images of fictional situations that, quite possibly, may happen in real-life. But if all these things are happening already, before your eyes then what's the point of devouring all of these fictional images when you can find real images outside?

Television is creative in that it provides for the viewer images and stories about the images. Those who have lost themselves in TV have, in affect, willingly said to the TV, "Here is my creativity, all wrapped up in a nice little cage ... here, create for me." Or, for the child who doesn't know any better, he or she has said "I guess you can have my creativity, I don't really need it anyway ... besides, look at all the neat violence and beautiful people (who I wish I could be like because commercials tell me that I'm not acceptable the way I am) I can watch, and I don't even have to think."

Sadly, this is true — they do not have to think.

But what happens when children go out into the real world? Will they be able to appreciate the sunset or the rain feeding the earth or the people they encounter daily, or will they just look past it all and look forward to what's going on in that fictional box? Will they be so sucked in that they won't be able to gaze out the window on a rainy day and imagine themselves jumping and playing in the puddles?

And what about the book with no pictures? They may find themselves expecting the images to come alive for them rather than making them come alive with their own imaginations — with their own stories.

Wittler is a sociology junior.



## CLASSIFIED

## FOR SALE

**SMITH CORONA PWP 4200** Personal Word Processor. Still on warranty \$285. Michele, 443-3987 or Meagan, 826-0391.

**NEW 1993 IBM COMPATIBLE BROTHER WORD PROCESSOR** with monochrome monitor, 3.5" drive, typewriter/printer, document conversion software, address book, storage disks. \$275 negotiable. 822-9330.

**150 GAL FISH TANK & STAND** Call Blaze, 822-6685.

**NEC PROSPEED 285 LAPTOP PC.** B/O. Sean, 826-1807.

**WHITEWATER KAYAKS**—New starting at \$400, used starting at

\$295. Lightning Paddles, Extrasport Lifejackets, spray-skirts, dry-tops, polar fleece, helmets, dry bags, throw bags, etc...Highest quality, lowest prices, free advice! 826-0110.

**NATURE LOVERS, PLEASE** look! 30 acres wooded, remote Northern Humboldt property, has well-built 2-story cabin. Assessed at \$63K, on sale this winter for \$49,000. Call Sonja (916)829-3576 or Kathy (707)445-4514. Ming Tree Realty.

## PERSONALS

**LYNN R.**, We met on the waterfront. I've been out in search of the big catch. I'm in port for a while. Call me at 826-9525, Dano.

## FOR RENT

**ROOM FOR RENT.** 3 bdrm house, ten minutes to HSU, dishwasher, laundry on site, quiet area, graveyard view. \$230/mo + utilities. Available 1/1/94, lease through 6/1/94. Call 822-8539.

**I NEED A ROOMMATE!** Nice place up Fickle Hill Rd. 5 min. to HSU. Wood heat, big bdrm, gas range, semi-rural setting. \$187.50/mo + utilities. Share with one female. Cristina, 826-9529.

**TRAVEL TRAILER, 8' x 21'**, bathroom, all utilities incl. cable TV pd except propane. In Fieldbrook, private property. No dogs; cat/bird/fish OK. 1 person, \$275, 2-\$350/mo + \$300 deposit. No drugs. 829-5944. No answer, leave message.

## NOTICES

**PI GAMMA MU Honor Society** for the Social Sciences will be collecting canned and packaged food for those in need. Donate in the South Lounge or Karshner Lounge today!

**HAVE YOU BEEN DIAGNOSED WITH LYME DISEASE** in the last seven years, and are you between 18 & 64? Your experience can help our research. Please call Dr. Jim Knight, 826-3573.

**CHRISTIAN FACULTY/STAFF CONTINENTAL BREAKFAST.** Thurs., Dec 2, 7-7:55 a.m., Athenaeum. Speakers: Don and Noreen Marchant, Missionaries, World MAP. (\$3.75/ea). Call 826-3268 reservations.

## CLUBS &amp; ORGS

**CHARTER CAMPUS MEETING.** Students' input is crucial. Come educate yourself about the issue. Students working with students. Every Thurs. 5:30, FH 235.

**PSCICLUB FILM FESTIVAL** You won't believe your eyes or your government. Dec 3/4, 6-10 p.m., FH118. Free admission w/\$2 raffle ticket purchase at door. (826-3911)

## WANTED

**LOOKING FOR MOTORCYCLE** to borrow for DMV test. Experienced rider. Will pay \$20. Must have insurance and registration. Vern, 822-1030.

**HOUSE-SIT OR SUBLET WANTED.** After 20 years of long distant calls, my parents (both retired teachers) have decided on an extended visit to Humboldt. They'll be here mid-Dec. to early Jan. and will need a place to stay. Do you have a quiet, lovely abode in the Arcata area? (Even a week or 2 would help.) Please leave a message at 822-6918 for Joanie or call me at home! (916) 629-3921 (Willow Creek). Thanks!

## AUTOMOTIVES

**SICK CAR?** Don't get angry, get M.A.D., the Mobile Auto Doctor. Vehicles repaired/serviced at your home or mine at reasonable rates. Danny—839-4615, 839-4946.

**'85 4 WHEEL DRIVE CHEVY BLAZER;** very good condition, just tuned, 90,000 miles; A.C.; lots of brand new parts; \$5000; 822-8443.

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**THE CAMPUS CENTER FOR APPROPRIATE TECHNOLOGY (CCAT)** is currently accepting applications for one co-directorship position beginning January, 1994. Deadline is Friday, December 3. For information contact CCAT at 826-3551.

**MATH ANXIETY? LOSING SLEEP? LOSING WEIGHT? Oh, No!** Get instant relief. Get a qualified, pleasant MATH TUTOR. 826-7787.

**SPRING BREAK '94**—City of Lake Havasu, AZ is seeking responsible campus reps to promote largest Spring Break in the West. Earn \$\$\$ + Free trips! Ron (415)382-9463 or (800)4HAVASU.

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**ALASKA SUMMER EMPLOYMENT** fisheries. Many earn \$2,000+/mo. in canneries or \$3,000-\$6,000+/mo. on fishing vessels. Many employers provide room & board and transportation. No experience necessary! Get the necessary head start on next summer. For more information call: 206-545-4155 ext. A8047.

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## Public Access Program Schedule

THIS WEEK  
A variety of programs!

### Thurs., DEC. 2

7:00 Shortchanging Girls,  
Shortchanging America  
7:30 Writing Fiction that Sells

### Sat., Dec. 4

7:45 Tide of the Heron  
9:00 Impulse with  
Duke Santiago

### Sun., Dec. 5

2:00 Arcata Children Write  
Letters to Santa  
4:00 Conscious Aging—A  
Creative Spiritual Journey

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THINKING WHILE  
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## CALENDAR POLICY

Guidelines for items submitted to the Calendar:

- Must be received by 5 p.m. Friday before publication date
- Typed or neatly printed
- Must include full address of event, a contact person and a phone number
- Items are subject to editing for style and grammar and may be condensed

PUBLICATION IS NOT GUARANTEED



### Thursday 2

#### Et Cetera

•Career Events: A workshop in resume writing techniques will be presented by the Career Development Center, noon in Nelson Hall West 232. More information is available at 826-3341.

### Friday 3

#### Music

•Madrigal Singers: Caroling, revelry and dance will transform Fulkerson Recital Hall into an evening of Christmas merriment at 8 p.m. More information is available at 826-3531.  
•Messiah Sing Along: Lee Barlow conducts a participatory performance of

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Fax: (707) 826-5921

Handel's Messiah for  
community singers 7:30  
p.m. at the Humboldt Arts  
Council, 422 First Street  
in Eureka. More informa-  
tion is available at 442-  
0278.

•Calypso Band: In Van  
Duzer 8 p.m. More infor-  
mation is available at  
826-3566.

#### Et Cetera

•CCAT: Campus Center  
for Appropriate Technol-  
ogy will be hosting a tofu  
making workshop from  
noon to 4 p.m. More  
information is available at

826-3551.

### Saturday 4

#### Theater

•Dell'Arte: The opening  
performances of the  
Dell'Arte Holiday Tour  
1993 "Shadow Catch-  
ers" 7:30 p.m. at the  
Dell'Arte Studio Theater.  
Admission is free. More  
information is available at  
668-5663.

#### Music

•Humboldt Symphony:  
An eclectic concert of  
selections representing  
the classical, romantic,  
French impressionistic  
and 20th century period  
of music in Fulkerson  
Hall at 8 p.m. More  
information is available at  
826-3531.

•Kid's Holiday Concert:  
Lisa Monet, Lynn  
Sclarotta and the Silly  
Songsters will perform in  
a benefit for Children of  
the Redwoods Infant-  
Toddler Center 3:30 p.m.  
at the New Unitarian  
Fellowship, 3471 Jacoby  
Creek Road. More infor-  
mation is available at  
822-8020.

#### Et Cetera

•CCAT: An electric vehicle  
workshop will be hosted  
by Campus Center for  
Appropriate Technology  
from noon to 4 p.m. More  
information is available at  
826-3551.

#### Sports

•Women's Basketball:  
Lumberjacks host UC

Santa Cruz. Game 1  
begins at noon; Game 2  
begins at 7:30 p.m. in the  
East Gym. More informa-  
tion is available at 826-  
3631.

### Sunday 5

#### Music

•Jazz Bands: A.M. Jazz  
Big Band and Jazz Com-  
bos will perform works of  
John Coltrane, Dizzy  
Gillespie, Wayne Shorter,  
Horace Silver and Mongo  
Santamaria in Fulkerson  
Hall at 8 p.m. More  
information available at

826-3531.

#### Et Cetera

•Peace through Medita-  
tion: Music and medita-  
tion at the Kate Bistrin  
Center, 6 p.m. More  
information is available at  
826-0151.

### Tuesday 7

#### Et Cetera

•Career Events: How to  
Find a Summer Job over  
Winter Break, noon in  
Nelson Hall 232. More  
information is available at  
826-3341.

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#### Christmas Caroling...

on a hayride! We'll pick up your group  
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Hours: 8:30-4:30 • Ages 5 & up  
Hayrides, games, hay forts, feed baby calves,  
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