

Abortion investigation could be suspended

By TAD WEBER
and TOM TREPIAK
staff writers

The investigation of alleged abortions at the Trinidad Marine Lab could be discontinued or suspended in the next few days, University Police Department Chief C. A. Vanderklis said.

The investigation, begun in December, is in a make-it-or-break-it stage this week, Vanderklis said Monday.

However, new information the investigation has uncovered could prove "fruitful" and warrant continuance of the investigation.

"I don't want to say the investigation will end this week, because I think some information we have will be productive," he said. "But if that information doesn't help us that much, we will have to decide if the case warrants our attention."

"I'm still enthusiastic about the investigation. But at the end of this week or early next week, we will make a determination if we will abolish, suspend or continue the investigation."

The main focus of the UPD investigation is to identify the number and names of the women who allegedly had abortions at the marine lab, he said.

The number of women who allegedly had abortions ranges from three to 12, he said.

"I've heard rumors from the local media that the number of women who had abortions ranges from

Students say it's 'fiction' —p.2

seven to 12," Vanderklis said. "But I emphasize that those are rumors."

"We are investigating the identity of three to four women."

The basis for that number comes from information Tom Wallace, a Lumberjack reporter who first broke the story, gave UPD, Vanderklis said.

"All we know from Wallace is that he is aware of three or four persons who allegedly had abortions,"

Vanderklis explained.

The identity of the women involved has been narrowed, Vanderklis said, to where the UPD has "a 50-50 chance" of finding them.

"The women are remaining anonymous. A lot of our ability to identify these women depends on Wallace's cooperation."

While Vanderklis said patrols at the lab have increased, he couldn't say by how much.

"I don't want to give an idea that we've gone from patrolling the lab once a night to twice a night," Vanderklis said. "It's hard to be definite because our first priority has to be the main campus, and if something happens here that requires our manpower, it can limit the amount of time we can get out to Trinidad."

"I just want to say that a more concerted effort is being made to patrol the lab."

UPD will present security recommendations dealing with the marine lab to the administration by the end of this week, Vanderklis said.

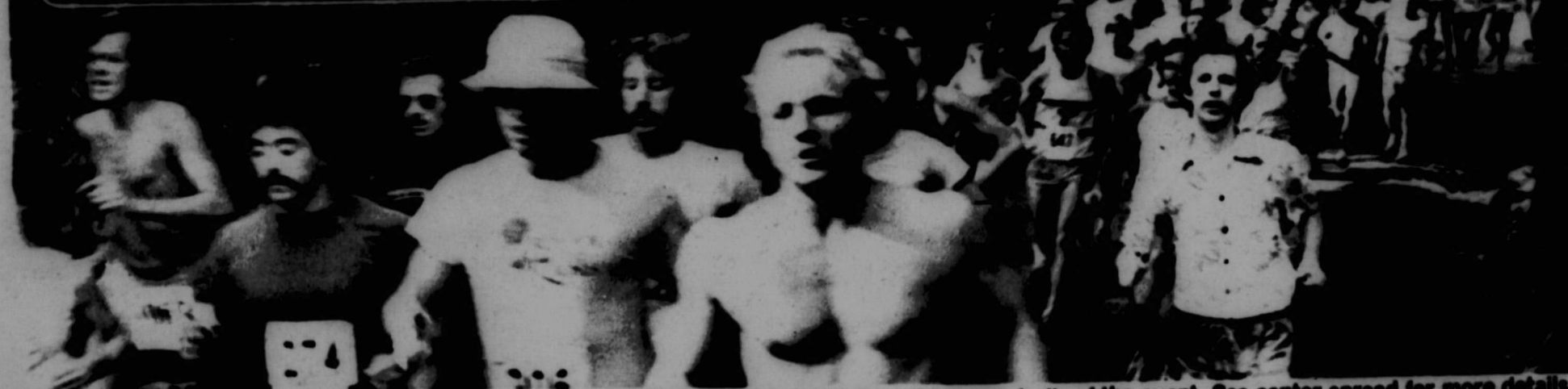
Those recommendations will include suggestions

(continued on next page)

The Lumberjack

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WINDING THEIR WAY through the woods, runners in the 16th Annual Clam Beach Run show popularity of the event. See center spread for more details.

Tom Leavitt

CETA employee dismissal causes unrest

By JEFF DELONG
staff writer

Employee relations problems and allegations of mismanagement in the Humboldt CETA office continue with an appeal on the dismissal of a CETA staff member and a possible Grand Jury investigation.

Complaints by county Comprehensive Employment and Training Act employees of "unfair" disciplinary actions against staff members not adhering to new vacation policies came to a head with the recent dismissal of senior CETA employee Larry Miller.

Miller said he was fired after he allowed an employee under his supervision to take a day off, according to past vacation policy but contrary to policy as determined by new CETA management.

The new policy calls for CETA employees to go through four levels of approval to get a day off, Miller said. In the past, Miller said, vacations were approved by an employee's immediate supervisor.

After approving the employee's vacation, Miller said he received a let-

ter of reprimand from CETA management and "things went downhill from there."

The official reason for Miller's dismissal is "insubordination," he said. "And it's ludicrous."

The controversy over vacation policy is a "small example of some serious problems at CETA," Miller said.

"The current administration has created an adversary relationship with the entire staff," he said. "Their style is one of fear and intimidation."

"That's just an opinion," CETA Assistant Director Preston Pratt said of Miller's charge.

Pratt and Jim Flowers, CETA director, took charge of the local CETA office last year.

Miller's dismissal will soon be appealed through Binding Grievance Arbitration, Jerry Clark, county employee union business agent, said.

"Miller was denied due process," Clark said. "(Miller's dismissal) was in violation of his rights. I believe he's innocent (of insubordination) and in the appeal he will be found innocent."

The appeal will take the form of a tribunal. Clark, representing Miller,

will be one member, and Pratt, representing the county, will be another.

If everything goes as planned, Clark and Pratt will meet to agree on a third neutral party to chair the tribunal. The decision of the chairperson would determine the outcome of the appeal.

In the event that Clark and Pratt cannot agree upon a local individual to act as chairperson, one will be appointed by the State Conciliation Service, Clark said.

One CETA staff member, who asked not to be identified, said the decision for Pratt to represent the county at the hearing has some CETA employees worried.

"I don't have any reluctance to testify before Pratt," the staff member said. "But some employees are concerned that he might take reprisal action after hearing their testimony. He's one of the principals this whole thing revolves around."

Some CETA employees have started action in hopes of having Pratt replaced, and have asked that the appeal be delayed until someone else is found.

Pratt said fears that he would take

reprisal action after hearing testimony are "nonsense."

The whole issue over employee relations problems at CETA has "been blown out of proportion," Pratt said.

The appeal on Miller's dismissal is not the only action CETA employees would like to see taken on alleged management abuses, the unidentified CETA employee said.

Approximately 25 CETA employees have signed a letter to the Humboldt County Grand Jury requesting an investigation into the matter, the staff member said.

Pratt refused to comment on the possibility of such an investigation.

**Ex-'Dead' vocalist
comes to life
in Arcata**

See p. 14

Investigation in make-it-or-break-it stage

(continued from page 1)

to change the lock system at the lab, which is going through a re-keying this week. A building pass system is another recommendation that will be offered.

Restrictions on the use of the marine lab was cited by one student as a regretful possibility.

"The thing I'm afraid of," Russ Gregory, oceanography graduate student, said, "is the biggest repercussion we can imagine, and that's action to restrict usage of the marine lab or to set up some kind of security device."

While admitting that a lack of manpower is a factor in the UPD's ability to patrol the marine lab, Vanderklis turned down an offer from the California State University and College's public system coordinator for additional staff to help with the investigation.

"I felt we could deal with this problem ourselves because it is our responsibility and because of the confidence I have in my own staff to handle the investigation to a satisfactory conclusion," he said.

While UPD's Sgt. Dennis Sousa had been working on the case full time, Vanderklis, who heads the staff of 12 full-time officers, said the department last week cut back the amount of time it would allow for the investigation.

"We cut back on the time for the investigation in part to the difficulty we've had in substantiating the allegations," he said. "To tell you the truth, we haven't been able to establish if a crime has occurred. We haven't been able to talk with anyone."



Jim Warner

HSU MARINE LAB in Trinidad, site of alleged illegal abortions. University police expect to

make a decision within the week on whether or not to continue the investigation.

Sousa is out of town this week and was unavailable for comment. Lt. James E. Hulsebus is heading the investigation in the meantime.

Students are not satisfied with the way the investigation has been conducted.

"(Students) are very upset at the way it's been handled because they felt UPD made charges against them without any evidence," Gregory said.

"Now that these allegations have been made, none

of us feel it's going to get anywhere."

HSU President Alistair McCrone said in a statement that he was "shocked and seriously concerned" when he first heard rumors that abortions had occurred in the lab.

"Should any of the allegations turn out to be factual, you can rest assured that we will take all appropriate action against the person responsible for such illegal acts," he said.

Students call abortion claims 'just insanity'

By TAD WEBER
and TOM TREPIAK
staff writers

Many graduate students in the biology and oceanography departments do not believe abortions ever occurred at the marine lab in

Trinidad.

"We can't believe the story is true. There is no way that we believe that story is true," Russ Gregory, oceanography graduate student, said. "I think it's just so much insanity."

Three biology grad students would not consent to an interview because they believe more publicity will add to the credibility of the abortion allegations.

"The Lumberjack doesn't have any credibility at all with the graduate students or any of the staff or anyone at the marine lab," Gregory said, and stressed he was simply on the "periphery" of events involving the University Police Department investigation.

"The people who are very close to

it don't want to say anything and don't want to talk to The Lumberjack."

Graduate students have unrestricted use of the facility after regular daytime hours (7:30 a.m. to 4 p.m.) while undergraduates use the lab on a restricted basis after hours. About 10-15 of the 72 biology graduate students use the lab regularly.

"It seems remote in the students' minds that something like (abortions) would occur," John De Martini, marine lab director, said. "I believe if people put their minds to do just about any act in any place, that there's a chance the act will be consummated."

A "family atmosphere" and pro-

blems in scheduling were given by Gregory as reasons why most graduate students who work at the lab "feel the whole thing is fiction."

"We keep track of who is (at the marine lab)," he said. "When you're there (at night,) you have responsibility for the entire lab... When you take on that much responsibility, you're going to be damn careful."

Gregory described the students who work at the lab as "family." He said the closeness would not allow someone to perform abortions without others knowing.

"You would have a scheduling problem to do any surgical work there because how would you know you're not being walked in on?" he said.

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Campus fire alarm system gets some heat

Police rely on 'obsolete' setup with manual boxes in buildings



By ANNE K. PALMER
staff writer

The HSU fire alarm system is "simplistic, deficient, outdated and unreliable for the most part," University Police Lt. James Hulsebus said. "The system indicates things besides fires. If something such as an open line occurs, the alarm will sound in UPD headquarters. The alarm will continue to sound until the system is fixed, so it will be silenced," he said.

This can cause problems because the alarm will not sound again once it is turned off. If there is a fire, the only way UPD will know is if someone happens to look at the panel or someone calls.

The alarm sounds in a building when the lever is pulled on the manual boxes. "We are only going to get an alarm when someone is in the building to pull a box," UPD Sgt. Robert Jones said. The buildings are unattended from 1:30 a.m. until 7 or 8 a.m. In the morn-

ing hours, the campus police must wait for a fire to become visible to be alerted.

"We are not worried as much about the false alarms we are getting as the fact that the system is down and we don't get a real alarm," Jones said.

The system has been malfunctioning for four or five years, roughly half the system's life.

"I don't think (the university) realized the system was as bad as it is. It really came to light with the Forestry Building," Hulsebus said. The Forestry Building was set afire by an arsonist two years ago.

The problem came to the attention of Jeff Dragila, state fire marshal, six to eight months ago. He said the system meets minimum requirements and appears to be unreliable. He has asked for a list of all the times it has malfunctioned.

He also requested that the system be fixed so it is functional all the time. "It's not an imminent hazard. It does function in all the buildings. But it is a waste of manpower and a nuisance," Dragila said in a phone interview.

Harland Harris, director of Housing and Food Services, said the system has never worked properly. Housing services has a panel which corresponds to the panel in UPD.

Lionel Ortiz, assistant director of plant operations, said the system is as reliable as any system if it is maintained properly.

The system is obsolete, Ortiz said, because it is not automatic. He said the problem is a high-maintenance system.

When the alarm sounds in the police station and there is not a fire, Ortiz said it's because the system monitors itself and finds a problem.

UPD is trying all sources of funding to finance a computerized system. It will have heat sensors and smoke detectors.

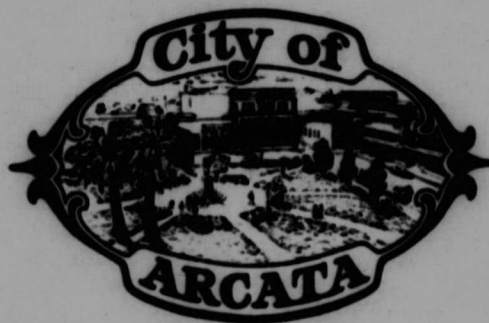
The system will have an intruder alarm and an automatic door-locking device. A controlled-access device will institute the use of cards instead of keys to get into buildings.

The system will have an environmental control device to regulate temperature.

If the new system sounded a fire alarm, it would tell which part of the building the fire was in, and it would also give a computer print-out to tell what steps need to be taken.

Leasing of recreation sites ready

Council to vote on park agreement



By ED BEEBOUT
community editor

The establishment of new park sites in Arcata may be one step closer after tonight's meeting of the Arcata City Council.

The council will vote on an ordinance authorizing an agreement between the city and the Arcata Public Improvement Corporation for the leasing of new park sites.

The proposed lease stems from the 1979 passage of the Arcata Forest

Management and Parklands Initiative. The initiative permits the use of up to \$1.6 million of revenues from the harvesting of timber in city forests toward the formation of new park sites.

The council will also consider an ordinance to adopt a uniform solar energy code.

"This ordinance simply provides technical information and guidelines in regards to the city's solar energy building requirements," City Manager Roger Storey said.

Two more homes will be designated under the city's Historic Preservation Act — 67 E. 11th St. and 68 E. 12th St.

The awarding of a timber sale contract is also on the meeting agenda.

"We will award a saw mill a contract to take deliveries of timber from the community and Jacoby forests over the next five years," Storey said.

The council will also conduct the 1979-80 fiscal year audit.

The meeting begins at 8 p.m. in the council chambers of City Hall at 736 F St.

Student loans available

Your lucky number may be seven if you want to borrow money. Interest rates for guaranteed and insured student loans will rise from 7 percent to 9 percent for first-time borrowers. However, first-time borrowers during this academic year who attended HSU at least halftime during the fall quarter will be able to obtain a loan at the 7 percent rate, as well as any future loans at that rate. For more information contact HSU's financial aid office at 826-4321.

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Let's tell it like it was

The state Department of Parks and Recreation recently awarded almost \$400,000 to Humboldt County — \$400,000 which could be used to perpetuate the ignorance of the county's history.

Eureka has succeeded in securing state funds for the restoration of Fort Humboldt. As an article in last week's Lumberjack explained, the fort played a major role in the removal of Native Americans who inhabited this region until the mid-1800s.

One feature of the fort which has not been scheduled for reconstruction is a corral 80 feet in diameter which was used to imprison Indians. Many Indians died because of overcrowding in the corral. Rape and severe psychological stress were endured by the Indian women, children and men prisoners.

To many white historians, Eureka spokesmen and representatives of Parks and Recreation, the fort signifies the culture and heritage of Humboldt County. They wish to have it preserved as a historical monument.

"The people of Eureka wish to have the fort restored as a historical monument without calling attention to the very disgraceful manner in which the white people treated Native Americans in those tragic times," Eureka Mayor Fred Moore said.

Others wish differently. Jack Norton, professor of Native American studies at HSU, expressed the feelings of many local Indians when he said he and others are opposed to the restoration of Fort Humboldt because of what the fort stood for.

Norton described the fort as a "search and destroy depot, comparable to operations in Vietnam. The corral became the epitome of the attitudes at large, just as Dachau and Buchenwald were manifestations of the Nazi philosophy."

Now the restoration of Fort Humboldt has received state funding. According to Norton, "If the restoration were to proceed, then I would feel, and others would feel also, that the truth and accuracy of the fort be manifested in its completeness, specifically in terms of the corral. There would have to be an insistence on the reconstruction of the corral."

Although Moore and the Department of Parks and Recreation have expressed an interest in the feelings of Indian people regarding Fort Humboldt, any definitive action to incorporate those feelings into restoration plans remains to be taken. The corral is not scheduled for reconstruction.

History can be an educational experience. It can lead people to recognize craziness in the past and take action to avoid repeating it. Sadly, the one lesson we've learned best from history is that we tend to forget it.

We have a chance to change that.

Actual reconstruction of Fort Humboldt won't begin until sometime in 1982. Those involved in reconstruction plans are public servants. As such they are (or should be) responsive to the wishes of the community they serve. If the community wants planners to address "moral issues," then those issues should be considered.

Otherwise, history will continue to roll right over not only moral issues, but also those people most affected by them. And that means everyone.

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Human rights

Editor:

The United States is proud to be a world leader with a policy of respect for human rights. The most basic right is the right to life. Dead people have no use for rights.

The Supreme Court decision of Jan. 23, 1973, legalizing abortion ignored the Declaration of Independence, the absolute value of honoring and protecting the right of each human to live and the scientific fact that individual life begins at conception and is continuous until death.

For many U.S. citizens, this period we are living in is considered a peace time. In fact, the greatest war in our nation's history is now being waged. The war is against the unborn, already a live human being.

The concept of only those who are "wanted" should live has been imprinted in the American mind by Planned Parenthood. Recall their slogan: "Every child a wanted child," with abortion being the solution for the "unwanted."

Planned Parenthood made a projection for 2.4 million abortions in the United States in 1980 alone. Planned Parenthood says that it does not

condone abortion. Planned Parenthood runs an abortion clinic in Eureka every Saturday morning.

Actions speak louder than words!

Planned Parenthood says it is pro-choice. The choices are: life or death. They want the choice of abortion, or death. Would it not be more accurate for Planned Parenthood to be labeled pro-death?

The reality is, though, that the baby, not just the mother, is an essential element in the abortion decision. Most of the time, the baby dies. Some though, don't die immediately. If the mother has given her consent, the aborted baby can be used for experimental purposes. Some survive and are adopted. There are legal cases pending in the courts where the baby survived and the mother is suing for "wrongful life."

The situation of abortion, like slavery and injustice, is a confrontation between the powerful and the powerless. The right to life movement is a civil rights issue of the gravest import.

Abortion is death technology. The acceptance of the use of death technology to solve social problems is a serious threat to society.

Better solutions must be found. Let us put our minds to

work and find them.

Concurrently, we need to re-establish an absolute respect for life. This could be achieved with a human life amendment to the U.S. Constitution.

The human life amendment would protect all human life from conception to natural death — thus eliminating abortion, infanticide and euthanasia.

The human life amendment would stop the war on the unborn and would prevent that war from including the handicapped, disabled, mentally ill and the aged.

A human life amendment is truly a policy of respect for human rights!

Evelyn Antony, R.N.
Eureka

Pro-life challenged

Editor:

The story of alleged abortions by a non-medical person at the HSU lab sure sounds strange. If it occurred, we know that the women must have been ignorant of the safe and legal abortions available in our community.

The story is reminiscent of a time when abortion was illegal. Young women would show up mutilated or dead. They were the tip of the iceberg. There was a huge underground abortion practice, made up mostly of but-

(continued on next page)

The Lumberjack

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The Lumberjack welcomes letters to the editor, provided they meet the following guidelines: All letters should be typed and double-spaced; those which are two pages or less in length are given priority.

Both letters and Views from the Stump (which may be three pages long) must include full name, address, major, class standing and telephone number. They must be hand-signed by the author(s). Addresses and telephone numbers are confidential.

All submissions must be delivered to NH 6 or deposited in The Lumberjack mailbox in the library by noon of the Friday preceding publication.

Letters and columns are published at the editor's discretion.

More Letters...

(continued from page 4)

chers who were in it for the large fees they could charge in secrecy because it was illegal.

There is now a group propagandizing widely for a return to those dreadful times. If the incidents at the lab did happen, I hope that it wasn't the influence of such a group that caused these women to believe that they did not have the right to an inexpensive, professional and safe abortion.

Irene Juniper
McKinleyville

Questions Kasun

Editor:

Jacqueline Kasun's emotional right-wing conservative arguments against everything from abortion to sex education in elementary schools are becoming tiresome.

This time (letter Jan. 28) she is accusing Planned Parenthood of limiting a woman's freedom of choice through their pregnancy counseling. She states that a member of her family was counselled to have an abortion and was not referred to any other agency such as Birthright.

I would like to know: does Birthright refer anyone to Planned Parenthood? Did Planned Parenthood twist her relative's arm? If she was aware enough to seek counseling from one agency, couldn't she have also gone to another very well-publicized agency for counseling (i.e. Birthright)?

Is it or is it not the pregnant woman's final decision to abort and not anyone else's? Was it the pregnant woman (or Jacqueline Kasun) who was distressed by the counseling given?

Kasun is trying to point out that Planned Parenthood is limiting our freedom of choice by trying to influence a woman's decision of whether or not to have an abortion. No matter who influences the decision, be it pro- or anti-abortion groups, the decision rests on the woman herself and, if she has looked into the options available, chances are she will make the right decision for her.

If anti-abortion enthusiasts such as Kasun had their way, freedom of choice would be narrowed to either having a baby or having an illegal abortion, which has been documented as extremely dangerous. Is this freedom of choice, Jacqueline?

Emotional arguments about freedom of choice and groups like Planned Parenthood are not meaningful unless you can show that the argument you support is any better. Can you show me how making abortion illegal offers a woman more choices?

If you are truly in favor of freedom of choice, Jacqueline Kasun, you should support groups such as Pro-Choice instead of favoring making abortion illegal.

Sandy Hawkins
R.P.I. senior

Correction needed

Editor:

This week's Lumberjack article on the Northcoast Water Quality Control Board hearing contains a small, but rather serious, misquote.

I was quoted as saying that "dioxides" are produced when the herbicide 2-4-D is heated. The word should be "dioxins," the term for a group of toxic chemicals.

Dioxins are produced when chlorinated phenols such as the herbicide 2-4-5-T and 2-4-D are heated. 2-4-5-T, for instance, contains traces of the dioxin TCDD (2,3,7,8-tetrachlorodibenzo-dioxin) which is one of the most dangerous chemicals known to man. This is why the Water Quality Control Board specified that no 2-4-5-T be allowed in the water. 2-4-D, when heated, can produce other dioxins such as HCDD (hexa chlorodibenzo-p-dioxin) which causes birth defects, according to the EPA.

As you can see, the word "dioxins" refers to much more dangerous substances than the general term "dioxide."

Nancy Correll
McKinleyville



View from the stump



By DAVE STOCKWELL
copy editor

I got a kick out of the story in this week's Lumberjack about male babysitters at the campus toddler center. The students who work at the center only have to deal with the kids for a certain period of time each day. The real fun comes when you take them home.

You see, my wife Sheryl and I have two kids of our own. I am what some of my fellow staffers jokingly refer to as a "re-entry student." I was drafted so I got a late start in school.

I'm really not that much older than them, but some of them think that if you have a wife and two little kids, you're suddenly "older."

I guess I shouldn't really complain too loudly, though. My wife is the one who deserves the college degree when all this school stuff is over. She works harder than just about anyone I know. Putting up with me is a full-time job in itself.

But when midterms and finals loom heavy on the horizon and "grade panic" hits the household, invariably one of the kids gets a cold, or a new tooth coming in, or a diaper rash, or a case of "the monsters are gonna get me." Dad gets awakened just like mom on nights like those.

But I may have sounded too cynical at the start of this story when I referred to the toddler center babysitters and their limited access to the kids.

They miss out on some of the bad times, but they also miss out on the good times, too.

Double or nothing

My daughter Amy, who will have her first birthday Feb. 11, recently took her first steps. She's got six teeth that seem to have come in all at once.

Amazing things, those teeth. All of a sudden the three-jars-of-baby-food-for-79-cents don't cut it. Now she has to have some of my potato chips, some of my McDonald's french fries, and some of my toast. Who does she think she is?

No, really, I'm just kidding.

My son Corey is 3½ and is at a totally different stage. He wants to know "why" he has to do something when we tell him.

I like to see that, though. Kids need to develop independence. Remember what our parents said? "Sure, develop your independence — just don't do it while you live under my roof."

This summer we went through the stage where the older boys (8 and 9 year olds) taught him the "forbidden language" of youth. We had to convince him that those were "bad words" and if those boys tried to teach him that stuff again, he should just come on home.

It worked. Now the only trouble is that when I occasionally lose my temper, Corey turns to Sheryl and says, "Did daddy say a bad word?"

Kids are fun, but they're also a 24-hour-a-day job. They do say the darndest things (sorry Art) and spark a real pride in you when you hear them say, "That's MY daddy."

You'll see one day, toddler center babysitters, you'll see.

Sid

by Vince Callier



Seismic activity subsides**Shasta area quiet after high quake activity**By BRENDA MILLER
staff writer

More than 100 small earthquakes shook the Mount Shasta area last month, but the seismic activity has apparently subsided, according to a release by the U.S. Geological Survey dated last week.

Mount Shasta, located about 120 miles east of Arcata, is a dormant volcano in the southern end of the Cascade Range. Mount St. Helens is part of this range.

But USGS scientists agree there is no direct relationship between the reawakening of Mount St. Helens and the recent activity in the Shasta area.

The earthquakes, which began Jan. 7, were centered on a fault under the lumber town of Tennant, 20 miles northeast of Mount Shasta.

This is the boundary of the Medicine Lake and Mount Shasta volcanic fields. Scientists placed eight temporary seismic stations in the area to determine if shifting magma was responsible for the quakes.

Magma is subsurface rock which has been liquified by high temperatures. A crack or fault in the earth's crust will enable the magma to move upward and form reservoirs a few miles beneath the surface, according to the book "Fire and Ice: The Cascade Volcanoes," by Stephen Harris.

Ten small earthquakes were recorded Jan. 7 and the level of activity increased during the next several days.

On Jan. 9, 30 quakes were recorded. The greatest activity occurred Jan. 10 when 35 quakes were recorded. Six quakes shook the area during the first four days with magnitudes between 3.5 and 4.0 on the Richter scale.

Geophysicist Rob Cockerham told the San Francisco Chronicle the seismometers should be able to detect whether the epicenter of the quakes was moving to shallower levels. Should this happen, the magma is moving closer to the surface, and a volcanic eruption may be near.

But the release gave no details of

such information being obtained.

The USGS scientists agree there is "no cause for alarm," although it is a region where future eruptions could occur.

In a USGS bulletin entitled "Potential Hazards From Future Eruptions in the Vicinity of Mount Shasta Volcano, Northern California," Dr. C. Dan Miller stated Mount Shasta has erupted about once every 600 years in the last 4,500 years. It last erupted about 200 years ago, his study said.

Miller said future eruptions would endanger the towns of Weed, Mt. Shasta, Dunsmuir and McCloud, with severe damage to agriculture, health and property in those areas. He wrote, "The seemingly quiet mountain is certainly not 'dead' but merely dormant, and should be regarded as a potential hazard. Like Mt. St. Helens, Mount Shasta has erupted repeatedly in the past and is likely to erupt intermittently in the future."

He said Shasta would most likely give premonitory warnings if an eruption were to occur, such as earthquakes, increased geothermal temperatures, clouds of white or gray "steam" rising above the volcano, a glow in the night sky, loud rumblings and darkened snow on the volcano's flanks by tephra fallout.

Tephra is volcanic ash which can include rock particles of all sizes from boulders to dust. He said based on the past eruptive behavior of Mt. Shasta, future eruptions would not likely produce large amounts of ash. The areas most likely to be endangered by ash lay within 50 km east of the volcano's summit.

The greatest danger would come from lava flows, mudflows and pyroclastic flows which would affect areas within 20 km of Shasta. Pyroclastic flows are masses of hot, dry rock fragments mixed with hot volcanic gases. "Pyroclastic flows can be extremely hazardous because of their high speeds and high temperatures. Objects and structures in their paths can be destroyed or swept



SMALL EARTHQUAKES which have shaken the Mount Shasta area recently 'show no relation' to Mount St. Helen's reawakening.

away by the impact of hot debris or by associated hurricane-force winds," Miller wrote.

He suggested plans to reduce the impact of future eruptions, such as evaluation of evacuation routes and preparation of a pamphlet for the public. He urged careful evaluation of plans for future land use of the Shasta

area, with consideration for the effects of future eruptions.

The USGS will monitor the seismic activity in the Mt. Shasta area for several weeks, and will continue geothermal studies associated with all the volcanic fields of the Cascade Mountain Range.



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Family coalition questions educational plan

By LEWIS CLEVINGER
staff writer

A drastic revision of the California educational system could be the result of a plan which will be considered by the state Legislature.

The "Master Plan for Services to California's Children and Youth" is scheduled to be presented to the legislature after revision by the Office

of Statewide Health and Development, possibly sometime in February.

The plan was drawn after the state Legislature divided the state's Health Department into five smaller agencies three years ago.

At that time, the Legislature requested the plan be made to guarantee that child service programs then administered by the Health Department would continue to be provided.

The plan has cost the taxpayers \$400,000.

Meg Grotting, president of the Humboldt chapter of the Pro-Family Coalition, said the organization has serious concerns about the plan.

"We feel (the authors of the plan) overstepped their bounds," Grotting said. "Their assignment was to take care of health services, not education."

A spokesman for the state Public In-

formation Office said in a telephone interview the present revision will correct that problem.

"Alternative Two of the original plan was a way of providing all services, including education, for the children," Derek Pogson said.

Alternative Two has been dropped due to "negative public input," he said, and will not be included in the final proposal.

Grotting is not sure that will happen, and said she fears "the final plan will go to the Legislature without any review."

Although there were public hearings scheduled for the initial draft of the plan, the proposal is being revised for a second time and no further public hearings have been scheduled, she said.

Grotting contacted Assemblyman Doug Bosco about the matter and Bosco indicated he was in favor of more public hearings before the proposal is submitted to the Legislature, she said.

Grotting said parental authority would be eroded if the plan is adopted.

"We don't feel we need a state 'Department of Families' to evaluate the family to see if we're taking care of our children's needs," she said.

"As we read the proposal, (the state) wants control to manage the education of all children," Grotting said.

Pogson denied the state wants to in-

(continued on next page)

Self-care: just what doctor ordered

By JOHN BRUCE
staff writer

"Self-care" is the fastest growing approach to health care in Humboldt County, a clinic doctor said.

Self-care emphasizes active involvement to stay healthy, and participation to recover from illnesses.

Awareness of "nutrition, exercise, lifestyle and stress" is what self-care emphasizes, Norman Bell, pediatrician at Open Door Clinic in Arcata, said.

He said self-care is preventive in nature, and the patient's attitude is important.

Increased popularity of this new approach to medicine, Bell said, is because of "a reflection of consumer involvement in everything." With self-care medicine, "the individual takes on the primary responsibility and concern for their own health care and health professionals act in conjunction."

Self-care medicine should not be thought of as a cure-all, he said. Advocates of this method want persons to know when higher-technology medical



Cher Rowe

DR. OREGON HUNTER, HSU Student Health Center physician, discusses patient self-care.

care should be utilized, and where self-care fits into health care.

"Many people think that doctors can cure everything, and there are some people who tend to go overboard in seeking treatment and medications," Michael Volen,

specialist in general preventive medicine, said.

"People don't realize that ultimately, healing comes from within the body."

The Student Health Center has not implemented self-care programs, although some of this general philosophy is inherent in the health care provided, Oregon Hunter, staff physician, said.

The Open Door Clinic, in cooperation with Mad River Community Hospital, is sponsoring a workshop entitled "Medical Self-Care" on Friday at 7:30 p.m. The presentation is at the Arcata Community Center, 14th and D streets.

Further information and tickets can be obtained by contacting the Open Door Clinic. Free childcare will be provided.

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Males do diapers, dishes at toddler center

Kids offer sitters learning experience

By LAUREEN SCHUMACHER
staff writer

Males in the campus toddler center used to be, on the average, 1½ years old with mustaches of milk. Not any more.

Several men are working at the center as teachers and babysitters.

This is not new, Carla Oliphant, the head teacher at the center, said.

Men often work at the center as fieldwork for psychology and home economics classes, she said.

Several men have come just as workers this quarter.

Parents like seeing men working at the center, Oliphant said, although one mother took her child from the center because of what she called "male influence."

Dan Murphy, who has worked with the children for a year, said the child was never in the presence of male workers for more than a 15-minute staff-transition period.

The morning staff, comprised of Murphy, Tom Gates, Oliphant and another woman, leaves at 11 a.m. The all-female afternoon staff comes to work at 10:45 a.m. Monday, Wednesday and Friday.

Mina Gussin, whose child attends the center, approves of the male influence whole-heartedly.

"I don't want my child to be in feminine viewpoint all of the time," she said.

Four years ago, the first man to work at the center worked with the children, but was mainly given "male" things to do, such as putting up shelves, Oliphant said. That has changed.

The men do everything, including changing



DAN MURPHY enjoys his non-traditional job.

diapers, giving snacks and doing dishes, Oliphant said.

"Tom (Gates) is really good with the kids. He takes a full caseload (four children), but he won't change diapers," Oliphant said.

But Gates gives his children constant attention, she said.

He plays games with the older children that "challenge their brains," Gates said. The games help develop thought-processes and communication skills.

The children range in age from 10 months to 2½ years. To be accepted into the center, the children

must be able to walk, or almost know how to walk. Diapering is actually fought over.

Oliphant and Murphy said it provides one-to-one contact with the children.

"Diapering is snuggle-up time; time when you can talk to them," Oliphant said.

Sheril Mahan, another of the women workers, said she enjoys working with the guys.

"Some of the best caretakers I've ever seen have been guys. The girls are fine with the children, but often seem to take them for granted. Guys, however, aren't around them as much so they seem to take more interest in them," she said.

"(The center) . . . makes you realize what kind of work you have to go through when you have kids. They're not just a bundle of joy. Some people think they are and have a couple, only to find out they can be holy terrors," Gates said.

He said he enjoys working with the kids even though some of them don't recognize him after they see him in the center all quarter.

Joshua Winant, who started work this quarter, said he enjoys working with the children.

"I enjoy taking them for walks and trying to show them what you read in books in the real world, especially," he said.

He has trouble, though, when more than two cry at the same time, because he feels he should do something and he can't.

David Bricker, a psychology major, enjoys watching the children develop. In the center, he can watch the children learn new words, get toilet-trained and learn to walk.

"It doesn't seem like a job. You sit around playing with a bunch of kids and get paid for it. It's a good job," he said.

State school program 'oversteps bounds'

(continued from page 7)

terfere with parental authority.

The plan deals only with services, Pogson said, and would come into contact with education only "when those programs directly interfere with school needs."

The state would intervene only if a child was not receiving an adequate education, proper health care or was being physically or emotionally abused, Pogson said.

Grotting said she was successful in getting the issue placed on the agenda of the Eureka City School Board two weeks ago.

Edward Del Biaggio, chairman of the school board, said in a telephone interview the board had discussed the plan, but no official position was taken.

Although the first draft has been out for some time, Del Biaggio said no one — legislator or public official — has come out in support of the plan.

"I feel it's pretty much of a dead

issue," he said.

Pogson said right now he had no definite date when the revision might be released and does not know what form the final draft might take, other than the deletion of Alternative Two.

The original draft called for two possible options.

"I feel it's pretty much of a dead issue."

The first option allowed a revision of the present system with emphasis on improvement of administration, cutting down waste, and better coordination between agencies providing services to ensure all California children have access to the services.

The second option, which has been dropped, Pogson said, would have divided the programs into age groups, 0-12 and 13-18, with separate service programs available to each.

Alternative Two would also have given the families the further option of selecting between a "neighborhood-based system" or a so-called "family-managed" system.

Under the neighborhood-based system, the board of supervisors of each county would specify limits of neighborhood boundaries comprising between 500 and 2000 students. All health and welfare services provided by federal, state and county agencies would have been based within those boundaries.

This would have made all services available to children within those

neighborhoods and more accessible to all children.

For those who would not want to participate in the neighborhood system, the family-management option would enable them to develop or purchase their own programs, consistent with state guidelines.



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Minority students to be 'actively' recruited

By MARCOS MARTINEZ
staff writer

A report released by the CSUC central administration last quarter placed HSU near the bottom among the 19 campuses in ethnic diversity.

HSU is trying to increase its minority enrollment through its Core Student Affirmative Action program.

"In the past, the university hasn't taken a very active role in the recruitment of minorities," Carole Korb, a recruiter for HSU's Upward Bound program, said.

There are signs of change though. Campus programs such as federally-funded Upward Bound seek students with college potential who might otherwise not apply.

The Educational Opportunities Program recruits and provides support services such as peer counseling and tutoring to EOP-eligible students. To qualify for EOP, students must come from an economically or academically disadvantaged background.

The admissions office started last quarter to recruit students with a minority recruitment specialist, Daryl Chinn. This quarter Chinn has been moved into the Student Affirmative Action outreach-counselor position.

Chinn said his new job is similar to the old one, and he has "more flexibility and more personal contact with students."

The goal of the affirmative action program is to increase minority enrollment by 10 percent. In order to increase the percentage of minority students, the university has been granted about \$95,000.

The affirmative action plan is broken into these components: recruitment, retention and enhancement.

The recruitment unit seeks to enroll more minority students at HSU. The affirmative action proposal focus is for the recruitment of natural resources and women students.

The retention unit seeks to ensure

that students who are recruited through affirmative action don't drop out. Affirmative action recently hired Susan Weyl to serve as a retention specialist through the learning skills center.

Weyl's job encourages affirmative action-eligible students to take advantage of the special services available to them.

"These services include free tutoring, use of the learning skills lab and workshops on test-taking, note-taking and research skills," Weyl said.

The third component, enhancement, is coordinated by Al Burrows.

The aim of the enhancement component is "to keep in touch with students by providing them with close advising and keeping them motivated. The enhancement component also seeks to coordinate the activities of affirmative action with other units on campus," Burrows said.

HSU severely lacks minority enrollees. Lynwood Wall, director of the special support services, said more minorities don't come here because "people simply don't know about the school."

"Past experience has shown that minority students don't have access to all the information they need," Betty Sundberg, affirmative action director, said.

The tendency is "for minority students to not make use of the services available," Burrows said.

Part of the enhancement plan Burrows works with seeks to create a more comfortable environment for minority students. For this, \$1,500 was earmarked for a multi-cultural campus event in the spring.

In addition, affirmative action is planning workshops with faculty, to show what the program offers. One such workshop was held in December for natural resources faculty.

The workshop was "attended by people who were sensitive," Burrows said, and while "it went very well, it



IRIS Luiz and Susan Weyl of CORE

could've been better." Additional workshops with other faculty are planned.

Reasons for the low number of minority students at HSU, Wall said, include these:

—HSU is isolated from the major urban centers where most minority people live.

—There are not sufficient support bases in the community or campus which could help to retain minority students.

—HSU is known mostly for its



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ecology-related studies, and other successful departments that might attract minorities aren't well known.

Other successful departments also aren't included in the affirmative action recruitment drive, which has drawn criticism from other campus recruiters.

Upward Bound "has been instrumental in getting a good portion of the ethnic people on this campus," Korb said.

Upward Bound reaches students in high schools and provides an annual summer program. During the six-week session, about 75 high school students live on campus and attend classes.

Participants go on weekend field trips, which include the Shakespeare festival in Ashland. They also are provided with academic and personal support from Upward Bound resident advisers and other participants.

"If the university is serious about recruiting minority students, it shouldn't limit recruitment to natural resources," Korb said.

This is "typical of the university meeting university needs, not the needs of minority students," he said.

The recruitment guidelines for natural resource majors and women "are the basis from which I will work," Chinn said. He will also recruit minorities for other academic fields.

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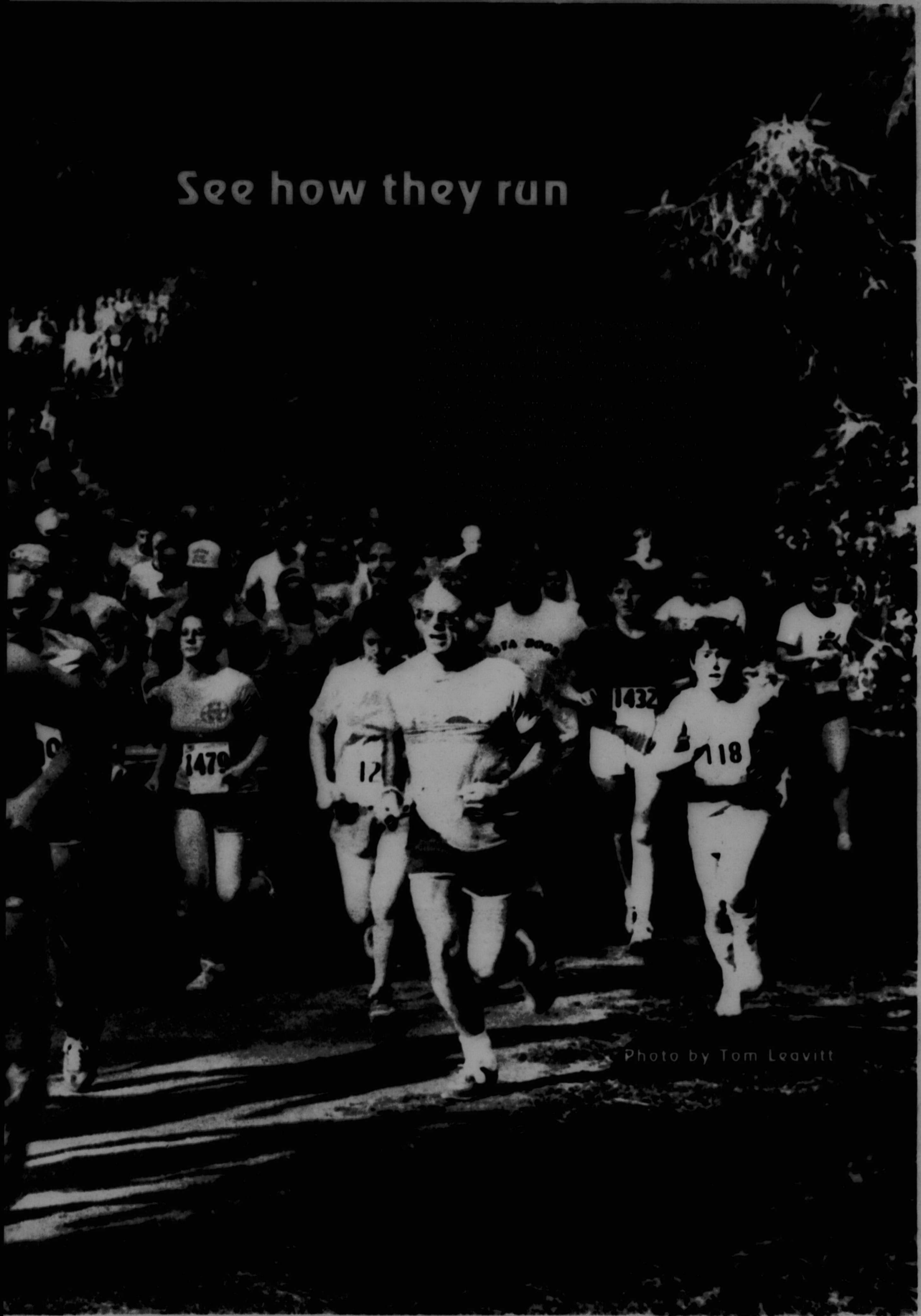


Photo by Tom Leavitt

Latins get support in joining 'mainstream'

By TAD WEBER
staff writer

To most Humboldt County residents, the words Latin American Project don't mean a thing.

But for the approximately 4,700 Spanish-speaking people in the county, the Latin American Project signifies jobs, education and help in becoming part of the American mainstream.

"The Latin American project began two years ago after a survey was taken by area leaders who found that there was a sizeable population of Latin Americans in the county," Debbie Nazario, director of the program, said.

"The project resulted from the belief that this population had needs that weren't being met with the existing government agencies."

Initially, she explained, the project was a referral center. From that beginning, the program has branched out into three other areas:

—Translating documents and other bureaucratic information, as well as anything else, from English to Spanish.

—Teaching English as a second language.

—A third dimension of the Latin American Project is its immigration service, which helps Latin Americans understand and fill out immigration forms by translating those forms.

The project is the only entity in the county that deals with immigration, Nazario said.

"Our immigration service is set up to help anyone, not just Latinos,"

Nazario said. "We've helped Cambodians and Chinese with immigration problems also."

"The same goes for our English-as-a-second-language program. It started out as a way to help the Latino population in Fortuna learn English. But now we will help anyone learn English."

A recognition of needs precipitated the development of the divisions of the program, she said.

"As the needs were recognized, we responded by expanding the project to fit those needs," she said. "The program also began with the county's Portuguese residents in mind. We were providing the same services for Portuguese residents as for Latinos."

"But we lost our staff member who handled Portuguese matters, and due to a tight budget, we've been unable to replace that person."

When discussing the program's budget, Nazario's eyes reflected frustration. The project, under the auspices of the Redwood Community Development Council, got only half of what it requested for this fiscal year. This is because the project, with a budget of \$35,000, is set to end in March, she said.

"I would like to see the project continue because I think we've satisfied a lot of needs," she said. "The Latin American population in the county will only increase during this decade. The same problems that exist now will be around in the future."

Nazario is no stranger to encountering the unique problems minorities

must confront. A Puerto Rican born in the Bronx of New York City, she grew up in an area known as Fort Apache, in reference to the violent nature of the area.

"I grew up with violence and the dregs of society," she recalled. "The area I grew up in had historically been where the immigrants had lived. My family's apartment had no closets because it was easier to squeeze more immigrants into a room if there were no closets taking up space."

"Fortunately, I was able to go to Fordham University, (a college in the Bronx), and get a bachelor's degree in Spanish Literature. So I was able to get out of the area. I went back a few years ago and saw my old apartment building. It was nothing more than a burned-out shell. The area looks like it's been through a war."

From New York, she moved to San Francisco and then Eureka. When she heard about the Latin American Project, Nazario decided to see if she could help out.

"They needed someone to teach the English classes," she said. "I had tutored Spanish in college, so I figured I could teach English."

Learning English is a great benefit to Latin Americans in their job situations, she said.

"Most of the Latinos in the county work in either mills or are in the fishing industry," she said. "It surprises a lot of people that there are even Latinos up here."

"What happens is one family will go

to an area, settle in, and form a beachhead. That family will then write back home and tell others to come. That's how Humboldt County's Latino population was created."

Since Latin Americans are a minority in the county, Nazario said the project has put an emphasis on cultural events.

"We've worked hard to foster cultural events," she said. "We organized Cinco de Mayo (the fifth of May which is a celebration of a major Mexican battle) last year. We also had some booths at the Fourth of July festivities in Eureka last summer."

In an outlook for the Latin American population in the county as well as California, Nazario sees the Latino population increasing. Will racial tensions develop?

"As long as there is the potential for upward movement economically and socially I don't think things will get violent," she said. "I see drive and determination happening, not hostility or negative revolt."

"Latinos aren't going to be complacent, though. They will want to work into the mainstream. Hopefully, programs like the Latin American Project will be around to help."

The project is located at 2928 E St. in Eureka. The phone number is 442-4564.

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Marine lab students, staff feel 'victimized'

(continued from page 2)

De Martini said he did not know why someone would want to use the marine lab for abortions.

"I see rationales that people are scared and don't want to have something public."

"If these kind of things did hap-

pen," Gregory said, "it's possible there's someone out there who does have a serious mental problem . . . We've got a menace."

"We don't feel anyone amongst (those who work at the marine lab) would do such a thing. Now you're dealing with a total outsider who isn't

sure when someone is going to be walking in on him.

"If he is such a menace and he's willing to take those chances, he's going to do it somewhere else. You haven't stopped him," Gregory said.

Faculty and students feel "victimized" by the investigation and press reports, De Martini said.

"I've heard other faculty members who utilize the lab say they've had to put up with various remarks from people in the community about 'That's what goes on at the marine lab,'" he said.

"I cannot say that this issue has made me become inefficient," De Martini said, "but I certainly know that it hasn't added to my efficiency."

"A lot of the students were victimized by the whole thing," Gregory said. "There were charges made: 'We think you did it.' There wasn't that kind of evidence to say something like that."

"We would much rather have it dropped from the public eye," he said.

Security at the lab has not been a major problem, De Martini said. The only time UPD has investigated possible misuse of the facilities was when

several students used fishtanks as hot tubs in September.

Other security problems have been minor ones, such as a missing microscope which was eventually found, he said.

Security problems at the 14-year-old lab have not been anything beyond those of the main campus, C.A. Vanderklis, campus police chief, said.

"The security problems at the lab have been equal to the minor problems we've had at the main campus," he said. "Crimes in general are acts of opportunity. If the opportunity is presented, there is a possibility a crime will be committed."

"Perhaps a person or persons who have expertise with abortions, while not on a medical level, chose the marine lab because it was available."

"I still maintain that although allegations have been made, it's not confirmed that abortions have taken place," he said.

Vanderklis concurred with Gregory regarding the close relationship students who use the lab have with one another.

"The staff and students are proud of the facility and are very dedicated."

Kate Buchanan dies at 76

By GARY ROGERS
staff writer

Kate Buchanan, dean emeritus of HSU, died of cancer at her Arcata home Monday. She was 76.

Buchanan came to HSU in 1946 as an English professor. She was later appointed dean of women, and held that position until her retirement in 1968.

In 1977, the University Center multipurpose room was designated the Kate Buchanan room in honor of her activity in both campus and community affairs.

"She was a very beloved person," Virginia Rumble, secretary to President McCrone, said. "She was very warm and caring."

Buchanan was born in Humansville,

Mo., and was educated at schools in Oregon and Washington. A 1922 graduate of Ashland High School in Oregon, she received her bachelor's degree from the University of Oregon and her master's from Washington State College.

Buchanan is survived by sisters Gayle Karshner of McKinleyville, and Kee Groves and Lova Young of Oregon. She is also survived by nephews Gary and Warner Karshner. She was the sister of the late William Edgar Buchanan, a film and television actor.

Funeral services are scheduled at 1:30 p.m. this Saturday at Paul's Chapel of the Redwoods in Arcata. Contributions may be made to Hospice of Humboldt.

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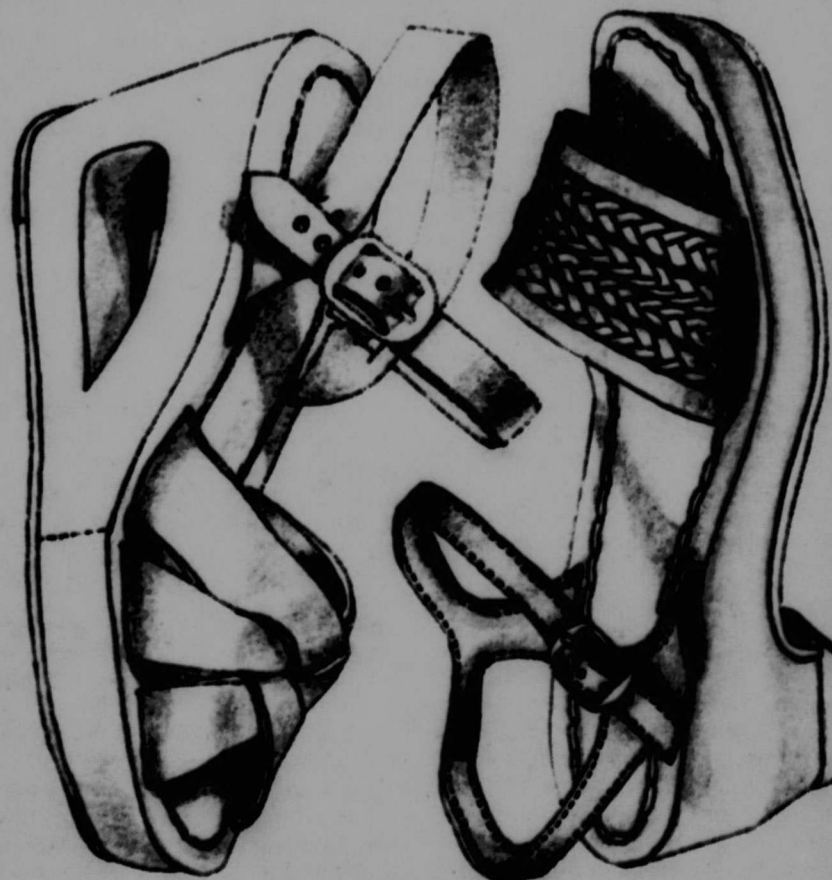
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DALYS

Godchaux

By BRENDA MILLER
staff writer

*Strangers stoppin' strangers
just to shake their hand;
Everybody's playing in the heart of gold band
heart of gold band..." Robert Hunter, Jerry
Garcia*

Written on a bathroom wall: "Old deadheads never die, they just don't fade away." Donna Jean Godchaux, former female lead vocalist with the Grateful Dead for eight years, has returned to the public eye after a two-year hiatus.

It is certainly good to have her back. Godchaux and her Heart of Gold Band ap-

Muse-ments

peared last week at the Jambalaya, their second public performance since the formation of the group.

Only one element was missing. Keith Godchaux, Donna's late husband and former keyboard player with the Dead, was killed last July in an auto accident.

But I'm sure his presence was on stage with the band, for any gaps in the music which may have been created by his death were more than adequately filled.

The music, much to the delight of the deadheads in attendance, still carried some strains of Dead influence. But Godchaux has evolved into a unique musician and performer in her own right, easily belting out rock'n'roll one minute, and her special form of the blues the next. She virtually radiated her passion for the art.

I remember watching Godchaux the first time I saw the Grateful Dead at San Francisco's Winterland in November 1978. Even then, her

Former Grateful Dead lead female vocalist comes into own with Arcata performance



DONNA GODCHAUX casts a furtive glance during her performance last week at the Jambalaya.

stage presence was dynamic, as she balanced out Bob Weir's harsh machismo vocals. She seemed to symbolize the Earth Mother figure, and as she implored "C'mon children, C'mon children, C'mon clap your hands," we were more than willing to accommodate her.

And now, more than two years later, that ability to capture the minds and hearts of her listeners is still there. When she walked out alone onto the small Jambalaya stage and sat down at the piano, she pushed her long, brown hair over her shoulder, smiled rather nervously and said in that characteristic southern drawl, "It's really beautiful up here, you guys."

Then she dove into a song she said she wrote three months ago entitled, "How Could I Have Been So Right?" It was an upbeat, jazzy love song

that set one's feet moving under the table and clearly foreshadowed the jubilant spirit of the rest of the show.

They performed two songs from the Jerry Garcia Band album "Cats Under the Stars" — "Rain" by Godchaux and "Gommorah" by Jerry Garcia and Robert Hunter. Both songs brought back fine memories of the Dead years, especially "Rain," which still brought tears to my eyes.

During "Gommorah," guitarist Steve Kimock, formerly of the Goodman Brothers, played the first of several excellent guitar solos. He displayed an ultra-fine sensitivity to his instruments (he played both electric and acoustic guitars) and his sense of identification with the music was superb. He is one of the best new guitarists on the music scene.

All the band members proved themselves as excellent musicians. They are: Mark Adler on piano, David McKay (founder of the Tasmanian Devils) on bass, drummer Fred Anton, and backup vocalist Greta Rose. Each one shone individually, yet worked smoothly with the others to create a fine cohesion. At moments, it seemed the music would explode in its intensity and power.

They performed a highly electrifying version of Bob Dylan's song "Watching the River Run." Donna's own music stayed right up there with the established tunes, and she seems to have found a style which brings together the varying musical influences in her life, and takes it all home.

Godchaux first entered the professional music world as a Nashville back-up singer and then became second singer with the Muscle Shoals Rhythm Section. She appeared on albums with Elvis Presley, Neil Diamond, Dionne Warwick and Joe Tex before joining the Grateful Dead in 1971.

During the Dead years, she also sang with Bob Weir and Jerry Garcia on their individual albums, notably Weir's "Ace" and Garcia's "Cats Under the Stars."

Often, a solo comeback can be disappointing when a performer has long been associated with a well-known group. This was definitely not the case last week. Donna Godchaux and the Heart of Gold Band left behind smiling faces and joyous hearts, for they brought the "gold of sunshine" into a rainy weekday night.

By RICHARD NELSON
staff writer

Some things in life are so graceful, that when they are performed, their beauty can be appreciated by everyone. The art of mime, when performed by Zwi Kanar last Friday night, is a perfect example.

Kanar, who played before an enthusiastic full house at Van Duzer Theater, performed 11 creative acts, ranging from a humorous portrayal of Charlie Chaplin, to a moving performance of an old woman dreaming of youth.

In his acts, Kanar's mannerisms and movements seemed magical. His ability to create and remind us of the good and bad qualities of humanity is a prized quality. Although the comedy acts such as "Remembrance of Charlie Chaplin" and "The Symphony Orchestra" were enjoyed, the intensity, compassion, and seriousness of "An Old Woman's Dream" and "Before and After the Atomic War" made them the the show highlights.

In "Before and After the Atomic War," Kanar vividly displayed both the apathy and self-destruction of humans. With a surreal, scary quality, he let us witness what so many people already realize, that our future — unless we change — is highly questionable.

"People enjoy the comedy,"

Kanar said in an interview after the show. "But the base of mime is tragedy. For me, mime is very serious," he said. "We live in situations that are comical, but the tragedy is always there."

Kanar, who lives in Belgium, arrived at HSU after three months of performances in New York.

"I love New York," he said. "There are so many people, so many races living together. I enjoy watching all the people."

"Mime is my life; it's observing

acts have moments of brilliance. In "Remembrance of Charlie Chaplin," he captured perfectly the movements and expressions of the late silent comedian. Adorned in the famous derby, moustache, and cane, Kanar momentarily brought the comic back to life.

In "An Old Woman's Dream," Kanar again entered a serious genre. He portrayed an old woman to perfection — Kanar took her from her sad, lonely life into a dream of being a lovely, young southern

I used to imitate everyone — my grandfather, my father — everyone. And in Israel, I studied theater in the Kibbutz."

Kanar's big influence came when he saw Marcel Marceau perform in Paris. "Marceau was shocking. After I saw him, I went to talk with him. Marceau became my teacher. He and Etienne Decroux taught me techniques. Marceau was also a student of Decroux."

Another great influence for Kanar was Charlie Chaplin. "Chaplin had an influence before Marceau. I loved movies with him and also Laurel and Hardy and Buster Keaton. But Marceau, Chaplin and Decroux all were my big influence," he said.

Although the influence of all those men are a big part of Kanar's past, the actual performance was the creation and art of only himself.

"Mimes must have a technique. Marceau and Decroux taught me techniques and (techniques) are my language. But to be creative is to speak, to tell something. To create something is also an art."

Kanar used his techniques in his performance. His language was the fluid movements of his body and his graceful human expressions. With his creativity, he gave people the chance to look at themselves and laugh and think. With his passion and creativity, Kanar spoke.

Mime Zwi Kanar says craft tragedy-based

and watching people. Even if I don't observe, my eyes do."

Kanar, who spoke in understandable but broken English, told of the serious and comical aspects of his art.

"As an artist, I show people life. I love the comedy and so does the audience, but life is not comedy — we play it, but we fight at life," he said.

"I do not have favorite acts. Each one is like a baby; you create it, and it is a part of you. I enjoy them all."

Both Kanar's comedy and serious

belle. As she flaunts and flirts, Kanar masterfully displays her feminine qualities. From her lovely dream, she fades back to the life of the elderly, where youth is but a dream.

Kanar's serious view of life most likely stems from his past, as he spent the majority of his youth in concentration camps. After the war he went to Israel, where he studied theater.

"All my life I wanted to perform," he said. "As a small boy,

Chicago-style blues jam revitalized in Eureka

By DAVE STOCKWELL
copy editor

Blue Mondays, the Chicago-style blues jam revitalized in Eureka by Paul DeMark, have quickly become a major influence on the local music scene.

Held once every two months at the Old Town Bar and Grill, Blue Mondays feature the Street Rhythm Band. Although the Jan. 26 show was not its usual sellout, the band gave the audience the high energy music needed to keep them dancing from 9:30 p.m. until 2 a.m.

The first two of three sets alternated blistering Memphis Soul, classic New Orleans R&B, and '40s and '50s Jump music with slow-burning Chicago blues.

The third set featured other local musicians invited onstage to jam. They turned out in battalion force for the occasion that has gained popularity since Blue Mondays began two years ago.

The Street Rhythm Band, a collection of local musicians featuring Dr. Harry Duncan from San Francisco, is like a who's who of Humboldt County talent:

—Dan Vineyard, guitarist/vocalist, is an ex-Airhead and Rockhouse member. He released his own superb album last year, "Lookin' For An Out."

—Charles Horn, sax/harmonica player and vocalist with Caledonia (formerly with Rockhouse), was featured on Vineyard's album.

—Chuck Garrett is Caledonia's bassist.

—Steve Horton plays trumpet with the local

band The Tomcats.

—Leonard Crawford and Don Hunter (alias White King D.), are the former bassist and vocalist, respectively, with Rockhouse.

—Paul DeMark, drummer with Caledonia, Rockhouse and other local bands, has toured with harmonica player/vocalist Duncan behind Albert Collins, Sunnyland Slim, Mike Bloomfield and Eddie "Cleanhead" Vinson. Both are Chicago Blue Mondays' veterans.

The rain-streaked windows and red brick and wood interior of the club made me feel as though I were in a Chicago blues bar after hours.

The loose, jamming quality that makes Blue Mondays also makes it difficult to review. Most of the band members took turns "fronting" the group and no emphasis was placed on any individual.

But if any member can be singled out for a superlative performance, vocalist Hunter clearly reigned over the festivities.

Introduced by Duncan as "Humboldt County's most precious natural resource," Hunter displayed a rare talent for pushing himself to the edge of uncontrolled passion without falling. He sang with a whiskey-coated throatiness that revealed flashes of interpretive brilliance.

Hunter belted out blues classics by Howling Wolf, Junior Wells and Junior Parker. During a slow Little Johnny Taylor tune, Hunter stalked the dance floor, mike in hand, howling, "I feel like I've got to love somebody's baby." Clinging couples smiled nervously, unsure if he would attack.

(continued on next page)



DON HUNTER (alias White King D.) displays his own brand of blues singing with the Street Rhythm Band at Blue Monday.

Comic duo erratic in Jambalaya performance

By LORIN RATLIFF
staff writer



STRUCKER AND CARACCILO croak it up during their Jan. 24 show. The comedy team will perform again tonight at the Old Town Bar & Grill.

I was disappointed during the first skit of the comedy team Strucker and Caracciolo at the Jambalaya Jan. 24—probably because I didn't have a glass of cold milk and cereal to eat while watching the "cartoon."

The team entered the stage dressed in ridiculous costumes playing typical cartoon music (Lee Strucker played the clarinet and Nadine Caracciolo played the kazoo), which they periodically interrupted to sing silly lyrics.

After this first skit I was ready to leave the crowded bar room; however, I stayed to watch the show "We're Not From Here."

The one-hour show was a combination of vaudeville and avant-garde slapstick.

I found nothing funny about the first few skits. I did laugh—but I was laughing at the team's foolishness, not its comedy.

I managed to overlook the foolishness and discover two skillful and versatile performers.

The show, written and choreographed by Strucker and Caracciolo, —

which will be performed tonight at 8:30 p.m. at the Old Town Bar and Grill in Eureka—consisted of character sketches, pantomime and songs. The team's competency in these areas proves to me that both comedians are remarkably talented, even though some of their material is not funny.

The costumes made the skits lively. Even though most of the costumes were simple in design, they added character to the overall performance and helped to accomplish the team's goal—to entertain.

Strucker and Caracciolo gave the audience only a 10-minute break halfway through the show. I took advantage of the break to evaluate the entire first half.

My biggest complaint was the skits were too long and lacked humor. Each appeared to begin with great comedic potential, but became more foolish the longer they went on.

I liked the way Strucker and Caracciolo revolved the skits around the local area, and how they involved the audience. It helped the show, but the skits still lacked humor.

During the break I did not hear many persons comment on the performance. I do remember hearing

laughter during the first half, but I am uncertain if the audience laughed with Strucker and Caracciolo or at them, like I did.

As the lights went out and the second half began, I anxiously awaited the end of the show. It seemed like it didn't take anytime at all before the lights were on.

Once again I was disappointed, but this time because the show was over. I enjoyed the skits during the second half so much that I wanted to see more. Strucker and Caracciolo finally entertained the crowd.

I believe the best skit was the last one performed by Caracciolo, where she characterized a substitute school teacher.

This skit was hilarious because it lacked formality.

At one point, a member of the audience threw a paper airplane onto the stage. Caracciolo, in character, ad-libbed a few lines when she saw the plane.

Strucker and Caracciolo ended the show the same silly way they began. Even though I was laughing, it was not from this foolish cartoon image, but from the prior skit.

Muse-news

Wed., Feb. 4

COMEDY TEAM: Strucker & Caracciolo perform "We're Not From Here." 8:30 p.m., Old Town Bar & Grill, Eureka. \$2.
SKI FILM: "White Winter Sunshine." 7 & 9 p.m., Founders Hall Aud. \$2.

Thurs., Feb. 5

FILM: "Koko — A Talking Gorilla." 8 p.m., Kate Buchanan Room. \$1.75 general, free for senior citizens.

FRIENDS OF THE RIVER: Movie and slide presentation about British Columbia's rivers by Doug Dobyns. 7:30 p.m., Humboldt Federal Savings building, 1063 G St., Arcata. Free.

POPULAR DANCE MUSIC: J.D. Borman Band. 9:30 p.m. Old Town Bar & Grill. Thurs. Ladies Night — Women admitted free.

Fri., Feb. 6

LECTURE: "Decision Making Under Conditions of Uncertainty," by Fulbright Scholar Dr. Ruth Beyth-Marom. 7-9 p.m., Goodwin Forum. Free.
CINEMATHEQUE: Katherine Hepburn in "Summertime." 7:30 p.m. \$1.50.

LATE SHOW: "Jimi Hendrix." 10 p.m. Founders Hall. \$2.

FILM: "Koko — A Talking Gorilla." 8 p.m. (See Feb. 5.)

SHORT COURSE: "Marketing for Success," given by business administration Professor Jerome Guffey. Meets 7-10:30 p.m. Friday & 8 a.m. to 12:30 p.m. Saturday. \$20 fee if pre-registered before Feb. 6. \$25 at first meeting. For more info call HSU Continuing Education Office, 826-3711.

POPULAR DANCE MUSIC: J.D. Borman Band (See Feb. 5.)

Sat., Feb. 7

CINEMATHEQUE: James Stewart in "You Can't Take It With You." 7:30 p.m. \$1.50.

LATE SHOW: "Jimi Hendrix." (See Feb. 6.)
CONCERT: Charlie Musselwhite. 8 & 10:30 p.m. Rathskeller. \$4.50.

VOCAL JAZZ CONCERT: 8:15 p.m. Van Duzer Theater. Free.

FACULTY RECITAL: With Hubert Kennemer, pianist. 8:15 p.m. Fulkerson Recital Hall. Free.

SHORT COURSE: "Marketing for Success." (See Feb. 6.)

POPULAR DANCE MUSIC: J.D. Borman Band. (See Feb. 5.)

Sun., Feb. 8

CINEMATHEQUE: "20,000 Leagues Under the Sea." 7:30 p.m., Founders Hall Aud. \$1.50.
LATE SHOW: "Jimi Hendrix." (See Feb. 6.)

Mon., Feb. 9

PLAYS: "The Respectable Prostitute" and "Deluge." 8 p.m., Studio Theater. Free for students and seniors. \$1 general admission.

CONCERT: Student Recital. 8:15 p.m., Fulkerson Recital Hall. Free.

PG&E INFORMATIONAL PRESENTATION: The Geysers, Sonoma County's geothermal electric plant. Given by PG&E information officers Jack Trotter and John Genzer. 7:30 p.m. Kate Buchanan Room. Free.

LECTURE: "Philosophical Perspectives on Psychic and other PSI Phenomena." Given by Dr. Susan Armstrong of the HSU Philosophy Dept. In collaboration with the HSU Philosophy Club. 5 p.m. NHE 119. For further info call Phil. Dept. 826-4124.

Tues., Feb. 10

PLAYS: "The Respectable Prostitute & Deluge." (See Feb. 9.)

CONCERT: Preservation Hall Jazz Band. 8 p.m. East Gym. \$5 students & \$7 general.

FILM: "Woyzeck." 8 p.m., Buchanan Room. \$1.75.

BLUES: Albert Collins & the Icebreakers. Old Town Bar & Grill, Eureka. Call 445-2971 for time & price.

POETRY READING: Featuring Gary Snyder, Jim Dodge and Jerry Martien. 8 p.m. Van Duzer Theater. \$3 donation at door.

Galleries

"OLD FACES, NEW FACES": An exhibit of traditional and contemporary masks. College of the Redwoods art gallery. Feb. 4-25. Opening reception Feb. 4, 7-9 p.m.

ART: A show of Tom Pulaski's watercolors and Mark Dube's monotypes. Pulaski's landscapes of the Humboldt Bay area, while Dube's monotypes make comment on contemporary life. Runs Feb. 6-27, Northcoast Gallery, Arcata.

Preservation Hall Band to jazz up East Gym

By MICHAEL SHAFFER
staff writer

*Shine your shoes on the cuff of you pants,
Stand up, put your heart in it and
Let your fingers dance!*

Grab your spoons and release your rhythm because the Preservation Hall Jazz Band will arrive in town high on the soulful strains of its very own music.

HSU will feature this famous group of musical peddlers on Feb. 10 at 8 p.m. in the East Gymnasium. The band brings a historical distillation of

music that originated among the dockworkers in turn-of-the-century New Orleans.

Not to be confused with Dixieland Jazz, Preservation Hall Jazz is an improvisational eruption that synthesizes blues, spirituals and ragtime played in the streets, saloons and riverboats of old Louisiana.

Trumpeter "Kid Thomas" Valentine fathered the tradition of Preservation Hall Jazz in the 1950s when his band began playing at an old art gallery in the heart of the French Quarter.

Preservation Hall, a ramshackle building built around 1750, housed a

tavern during the War of 1812, became a center for creative writers and musicians, was an art gallery, and today is an American institution, home of New Orleans jazz.

Kid Thomas sounds his trumpet with rather prestigious company. Performing with Kid since the start of Preservation Hall is clarinetist Raymond Burke who began his musical career with the harmonica at age 6. After teaching himself to play on a \$3 clarinet, he went to work with many jazz artists, retaining his own distinctive style.

Worthie G. Thomas acquired the nickname "Showboy" during a 13-year stint with the Rabbit Foot Minstrels. He cut his teeth on drums but later became famous as a trombone player, touring with Robert Taylor's Knee High Review, followed by performances at carnivals, minstrel shows and traveling circuses. Showboy abandoned the road shows for a satisfying career with New Orleans' Finest.

Joseph (Twat) Butler has enjoyed an enviable career with numerous jazz immortals and is related to Louis Armstrong. Butler made his first "bass" from a cigar box, broomstick and a single wire. From such humble origins, he eventually came to join Kid Thomas Valentine's band, and has been a member for 35 years.

Butler's specialty is his "Big Lunch Blues," a series of soloquies in which he serves up musical memories of his Depression days.

Saxophonist Emanuel Paul played violin in a church band, switched to banjo to net dance jobs and eventually joined the famous Eureka Jazz Band. Sinking roots firmly into the New

Orleans sound, Paul joined Kid Thomas in 1945 and has been a Preservation Hall fixture ever since.

Alonzo Stewart is one of the youngest band members (a mere 62), but has a distinguished history with the big bands. A native of New Orleans, Stewart eventually brought his drums and pipes to the French Quarter.

The piano man for the Preservation Hall Jazz Band is Dave "Fat Man" Williams, who started banging the ivories before he was 5. He performed in public during the Depression at social gatherings, but received his first formal training after World War II, along with much practice in New Orleans nightspots.

Williams, who also writes music, has played in virtually all the clubs along Bourbon Street. His latest recording is "I Ate Up the Apple Tree."

Emanuel "Manny" Sayles has played banjo and guitar since jazz was spelled "jass." He has performed with a host of jazz celebrities, played the riverboats, recorded on several labels and has been associated with Preservation Hall since its founding. Manny's vocal blues and spirituals are a favorite with audiences of jazz music.

Manny and the rest of the gang promise to leave your hands stinging and your head ringing with a evening of truly inspiring, totally spontaneous music.

Tickets, \$7 for general admission and \$5 for students and senior citizens, are available at the University Ticket Office, Barnes Drugs in Arcata; The Works or Windjammer Books in Eureka; or at Music Mart in Fortuna.

Chicago-style blues revitalized

(continued from page 15)

In a Howling Wolf song, "Evil," Hunter stood at the edge of the stage, eyes closed, hand shaking threateningly as he sang "I am warning you brothers/you had better watch your happy home." Advice well taken.

DeMark provided a steady, hypnotic backbeat throughout the varied material. He sang on occasion such obscure bebop tunes as "Kidney Stew" by Eddie "Cleanhead" Vinson, and one song from Albert Collins' new album, "If You Love Me Like You Say."

Duncan displayed his vocal and harmonica prowess on songs like Sonny Boy Williamson's "Don't Start Me Talking," (dedicated to his visiting father in the audience), and Junior Wells' "Little by Little."

He preached his own brand of medicinal gospel introducing "Rocket 88," telling the crowd "it's a proven medical fact that dancing helps stop cancer" and it may turn the tide of

Reaganism. There was dancing in the aisles.

The red "Smoke" painted on Vineyard's blue '66 Telecaster predicted his playing. Vineyard alternated Steve Cropper-like guitar lines and burning leads on "Snatch It Back and Hold It" by Junior Wells and Willie Dixon's "Don't Go No Further."

Other highlights included Allen Toussaint's "Shoorah, Shoorah," featuring Horn; Junior Parker's "Let the Good Times Roll," with a tasty sax/trumpet trade-off solo; and The Meters' "Fire on the Bayou," a raucous, percussion-dominated tune that sounded like a cross between early Santana and War.

Due to time limitations, not all the local musicians were able to jam. Among those who did were vocalist Bishop Mayfield — from the recently-defunct local band Flex, who sang a stirring "Stormy Monday" — and Raul Ochoa, a solo artist, who sang an appropriate blues tune about inflation.

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Jack's Facts

HSU whips Davis

men's basketball

Dropping a 74-69 heartbreaker to Stanislaus State Saturday night darkened the cloud already hanging over the heads of the men's basketball quest for the FWC championship.

With a 2-4 conference mark, the HSU hopes of a silver lining will depend solely on their ability to win their remaining six games.

Last weekend the team shot an icy 37 percent. Even 29 Stanislaus turnovers failed to produce a win. Leading scorer for the green-and-gold was 6-6 junior center Carl Kirk with 14 points.

The weekend looked promising Friday night when the 'Jacks handled UC Davis 84-72, getting a combined 40 points from seniors Steve McNutt and David Reese, who also added 13 rebounds.

The 'Jacks host conference leader Chico State (5-1) in the East Gym Saturday night. Tip-off is 8 p.m.

women's basketball

An impressive offensive display by center Vicki Ferris enabled the HSU women's basketball team to split a pair of conference games last weekend.

The 5-10 sophomore scored 26 points in Saturday's 75-47 win over Stanislaus State. She also tallied 19 points in a losing cause (80-66) to UC Davis the previous night.

Saturday's win halted a three-game losing streak and improved the team's Golden State Conference record to 2-5.

wrestling

The Lumberjack wrestlers dropped a 24-9 decision to No. 1 ranked Bakersfield State College last Thursday night in San Francisco. However, Coach Frank Cheek said he was not unhappy with the 'Jacks performance.

"I'm not upset with (the loss). They're the No. 1 team in Division 2; we wrestled them tough," he said.

Mike Arms wrestled exceptionally well, Cheek said. The 190-pound

The Lumberjack Sports

junior beat BSC's Mark Loomis, who was previously 15-0 with 15 pins.

The following night, HSU took fourth place in the California Collegiate Championships. Arms came home with the second-place trophy;

All-Americans Marty Nellis and Adrian Smedley captured thirds and Keith Hawks placed fourth.

Bakersfield State, winners the previous night over the Lumberjacks, were the champions.

swimming

Even though the nationally ranked Chico women's swimmers brought half its team for last Saturday's contest in the HSU pool, they still defeated the Lumberjack swimmers, 90-48.

The HSU swimmers will host Southern Oregon State Saturday at 10 a.m.

"We really want to win this one," coach Pam Risenweaver said.

Last weekend's loss to Chico was the third conference defeat for the 'Jacks. They've defeated San Jose State for their only victory of the season and have yet to win a meet in Golden State Conference competition.

baseball

The baseball team lost its three-game series against Chico State last weekend. The team played one game Saturday, losing 10-7, and went on to lose both Sunday doubleheader games, 3-2 and 7-1.

Last weekend the 'Jack's games against University of Pacific were rained out.

Today, the 'Jack's play College of the Redwoods in a scrimmage game. This weekend they will play a three-game series at Sonoma State.



JOE HASH shoots a jumper from the left side during last weekend's game with Davis. The 'Jacks whipped the Aggies 84-72. This weekend the team hosts Chico.

John Cassidy

Clubs support themselves

Have funds, will travel

By JOHN MAZZACANO
sports editor

Besides long hours of work on the athletic field, several sports on the HSU campus also require work off the field.

Several of the teams, not officially recognized by the university, must find their own ways to fund the seasons which they participate in just like any recognized sport. Most of the clubs do this by having fund-raising events.

Just last weekend, the men's volleyball club raised just over \$800 during their spike-a-thon. This should handle most of the traveling expenses for the club for most of the season.

Some time ago the women's soccer team received a \$50 donation from a local merchant. This should cover taking half the team to Chico. Hopefully another merchant's donation will be able to bring them back.

Speaking of fund-raisers, last weekend I was the proud winner of the Women's Booster Club raffle, in which I won a week's free admission to the Ramada Inn Health Spa. Many thanks to the HSU Women's Booster Club and to all those who pronounced my name wrong during the game that evening. Don't worry, most people still think it's Japanese.

But I was really glad to win. That is until they told me second prize was a basketball. Don't get me wrong, I like winning. I also like to stay in shape playing basketball.

That's the reason I entered the raffle in the first place.

This academic year will probably be remembered as The Year of the New Coach. That coming from the fact there are more new coaches in the athletic departments than ever before.

Several of the other new coaches include Diann Laing and Roz Goldenberg (women's basketball), Al Figone (baseball), Michele Nance (women's tennis) and Dave Wells (track).

Probably the best quote I heard in a long time came from the new women's track coach Dave Wells a couple of weeks ago when he was asked how long the team would remain undefeated this season.

"We'll remain undefeated for the next two weeks until we have our first meet," said Wells. "And we should remain undefeated after that because that's our green and gold meet."

Now that the Clam Beach run is history (at least for now), it is always amazing to hear people talk of it. It is also interesting to note how many people who run in the race for the first time make it a hobby from then on.

You wouldn't know it if you heard it.

"I was hurting after that race," I overheard one student say. "My feet were numb after hitting the river and I even saw one person pass out along the way. At one point, I felt like passing out myself."

"But it was great. I'm going to do it next year even harder."

And another distance runner is born. Just remember that those who say that running adds 10 years to your life will usually spend 10 years running — or get hit by a train in the process.

The armchair fans now have equal time.

Is there life after a basketball career at HSU?

There may be in the near future. But this season two former 'Jacks basketball players tried out for two clubs in the NBA.

Daryl Westmoreland and Ray Beer, members of the HSU squad that hosted the playoffs last season, tried out for the Los Angeles Lakers and the San Diego Clippers respectively.

I can see it in the future. The public address announcer at Madison Square Garden — "From Humboldt, number — Humboldt....where's that?"

Beware, professional sports fans, Humboldt State may donate its representative into the pro ranks in due time.

Women's soccer team: when it rains, it pours

By KAREN OSSENPORT
staff writer

"I've gone from begging people to come out for the team to trying to be tactful in asking them to leave the team because there are just too many players," Brian Wiesner, HSU women's soccer coach, said.

Twenty three persons are on the team, but five have to be cut. League regulations limit roster size to 18.

"It's so frustrating because everyone's doing quite well. Where do I make the cut?"

Wiesner may have that question answered for him Saturday when the HSU women host UC Davis at McKinleyville High School at 11 a.m. for their first confrontation this season.

HSU was defeated last year by Davis in "a Humboldt County storm at Davis," Wiesner said.

"We didn't play well at all. We had just had a tough game the night before against Berkeley and stopped to play Davis on the way back, and the weather was terrible."

"Davis is a pretty good team. They have a dynamite forward. Give her the ball and she scores. We'll have to work on her."

"We're ready, though. We're strong in passing and fluid play. This year we have good shooters and good runners which we've lacked in the past."

"We push all the time. We have a pretty strong and effective off-sides trap. It's a unique system and we're ready to use it."

Wiesner said practices have been good and no one player has been a standout.

"That's what is so frustrating. I need to let some (of the women) go. There's plenty of talent and they want to play and represent the school. I have enough good players now for two full teams."

"There are 10 returning players and 13 new players. All of them are talented. It's not like in the past when I've had some ladies out for the team who knew next to nothing about the game. This year it's next to impossible to let people go."

Women's assistant basketball coach low-key

Goldenberg looks for learning, not winning

By MARK SILVA
staff writer

Roz Goldenberg is not a "win or else" fanatic. She loves to win, but is low-key about won-lost records.

Even without the philosophy many coaches live by, Goldenberg does quite well as the HSU women's assistant basketball coach.

She has coached at Burbank and Encino Holy Martyr high schools in Los Angeles. Goldenberg, 23, took the job at HSU while working toward her master's degree in physical education.

She sees herself as a teacher, providing basketball insight, while helping players develop as students.

"Coaching is the ideal teaching

situation," she said. "You have a small number of students during a long period of time."

Goldenberg grew up in Southern California. Her parents encouraged but did not push her into sports — nor did they overemphasize competition.

Several years ago she began her keen interest in basketball. She began to learn what qualities to look for in a player. She also learned coaching techniques and ideas.

In high school, she played on the Sun Valley High School girls' basketball team in Los Angeles. She averaged 20-plus points a game over two seasons. She received a basketball scholarship to Cal State Northridge in Los Angeles.

She continued to play basketball while majoring in PE at Northridge.

After graduation in 1979, she coached a girl's team at Encino High School in Los Angeles.

"My first coaching job was a real experience for me," she said. "I was only 19, and made a lot of mistakes. I tried to be one of the 'girls' rather than being a coach for the girls to learn from. I would never make that mistake again."

Goldenberg enrolled at HSU after passing through the area one summer.

"I was just driving through this area a couple of summers ago and decided to stop and check out the campus. Like many people, I fell in love with the beauty of the area and decided to come back and work on my master's here," she said.

Goldenberg said her role as assistant coach is a challenge.

"I have a lot of respect for Diane," she said, referring to Diane Lang, HSU women's basketball head coach. "I've learned a lot about coaching since I've been here."

Goldenberg also officiates local high school basketball games.

"I feel I've become a better coach through officiating games," she said. "I can tell my players what officials do and don't look for during game situations."

Though the HSU women's team has a 1-6 record this year, Goldenberg said the team has become emotionally close because of competition.

"I think all the girls would agree this year has been a good experience. They've learned a lot about basketball and themselves, but I hope they don't limit themselves to basketball. I hope they broaden their horizons. They are all individuals, but their problems, frustrations and goals are often the same."

Goldenberg is not sure she has a "coaching philosophy."

"Why you are coaching has a lot to do with your attitude toward the



ASIDE FROM OFFICIATING basketball games, Roz Goldenberg is also working on her masters in physical education. She is also assistant coach of the women's basketball team.

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JIMMY W. Who did you sleep with to get this job?

PETE Thanx for my tape. It's great. 4 a.m. was good. Zappa will be great. A kiss from MS and Big "O" to you. Say Hi to the Iguana. Love the Mongoose.

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YOU Out to the back you have gone Others now fill my senses Of what we shared is still there What I want is you to be and me to be one together separately.

HAPPY 21st TUNA May the piece you get be sweeter than birthday cake. Much love, one of the other Hookers. oxox.

HEY PEPPER AND DUSTY-- are you behaving yourselves? And how about you "little" brother? Yes lamplighter and rabbit (hee-hee), this is from me. Remember, while you sit in the sauna I sit in the rain! Love, me.

MY DARLING BUM You know I will have a lot of nights free now since I won't be in "the basement," so how about some midnight rendezvous? I bet you get tired first!! Your sweatie.

TRIGGER AND JOHN Thanks for all. Hope your future together is full to bursting with love. I love you. Moon unit.

DEAR T.K. This distance is tearing me apart. Can we talk? Feeling forcefully inept, J.T.B.

TYPIST: See? Thinking of you always. Don't you love the new worlds? I love you more than the foreigner does. Forever. Promise Love, Dr. Suess.

RENE: Thanks for 9 years going from the depression of Death Valley to the happiness of Mt. Whitney. It just keeps getting better and better. I love you for encouraging me to be me. Jim.

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All that jazz!

Dance, smile, jazzercise for fun, fitness, figure

By DEBRA FLEMING
staff writer

Whooping, hollering, stretching and smiling. Students, housewives, businessmen, and even the Cleveland Browns are doing it.

It's Jazzercise, a body conditioning program created by Judi Missett of La Jolla in 1972. The professional dancer was teaching a movement class at a Southern California YMCA when the craze caught on.

"It's contagious," Mary Claire Gunderson, Jazzercise instructor in Arcata, said.

After experiencing the involvement of music and energy Missett's class provided, Gunderson knew she wanted to be part of the program. Last January Gunderson, a Loyola-Marymount nutrition graduate, brought Jazzercise to Humboldt County.

The program has grown from 40 to 700 students. Gunderson has selected three students from her classes to help keep up with class demand. Linda Guild, Suzi Hendry and Lynnette Zelezny were recently certified as instructors. They teach classes throughout the county, from Rio Dell to McKinleyville.

Jazzercise is not Gunderson's first involvement with dance.

"Ballet was great for composure, but not my real pleasure," Gunderson said. "I couldn't get crazy. Jazzercise lets you get down and get funky."

The program uses energizing and peppy dance movements to turn what could be painful and boring exercise into fun.

"It's a good, fun way to workout," instructor Linda Guild said. "You don't realize just how much you are doing or how fast time goes by."

Routines are choreographed in the 45-minute class to energizing music from "rock to ragtime." Each routine

is choreographed for a specific purpose.

The first two warm-up routines are followed by a peak period of 15-20 minutes of cardiovascular work, and then a cooling down period. The program contains standing routines and floor routines, working on body alignment and conditioning. The instructor works students to the floor and then up

for one more standing routine to get the circulation going again.

"We like to leave on a happy note," Guild said.

Jazzercise provides mental and emotional fitness no other program offers, Gunderson said. The class allows students to release tension and create a sense of well-being through moving and vocalizing, she said.



ALL TOGETHER NOW—about 500 people attended the first anniversary of Jazzercise in Humboldt County held last Saturday in the HSU West Gym. Mary Claire Gunderson leads the group.

Sophi Buetens



Miki Hyland

JAZZERCISE INSTRUCTOR Lynette Zelezny leads a class last week in the Kate Buchanan room. A microphone helps convey her enthusiasm to the group.

"It's a 45-minute mental vacation," Guild said.

The instructor is a performer as well as a teacher, Gunderson said. Taking a follow-the-leader approach, the instructor faces her class, making eye contact and verbalizing with her students. This personal touch sets an example and gives everybody permission to let go.

"We are concerned with breaking down our students' inhibitions about their bodies and themselves," Gunderson said. "We strive for a non-competitive atmosphere. We remind the students to pace themselves, tune into their bodies."

A two-hour "wild and woolly" jazzercise workout was held last Saturday to celebrate the program's first anniversary in Humboldt County. A "sea of people," men as well as women, participated in the anniversary celebration, Guild said. Five hundred bending bodies filled the HSU West Gym.

"A lot of people were exposed to the program for the first time. Women brought their husbands, other students brought their friends. Everybody had a great time," Guild said. "We expect even a bigger turnout next year."