

# Classless Fridays are a thing of the past

by David W. Hill

Students who have been looking forward to scheduling their spring quarter classes so they can have three-day weekends can forget it.

An all new scheduling system, designed to eliminate class-free Fridays and, therefore, provide better utilization of existing classroom space, will be implemented spring quarter.

The new system will schedule five-unit classes on MWF in 80-minute periods or MTWTHF in 50-minute periods. Four-unit classes will be scheduled on TTH in 100-minute periods or MWF in 70-minute periods.

Three-unit classes will be scheduled on TTH in 75-minute periods on MWF in 50-minute periods. Two-unit classes will be scheduled on TTH in 50-minute periods.

Richard Ridenhour, dean of academic planning and affairs, devised the new scheduling system.

In an interview last week, he said, "I guess I'm as much responsible for this proposal as anyone."

Ridenhour said a need for proper utilization of existing classroom space was the basis for the change.

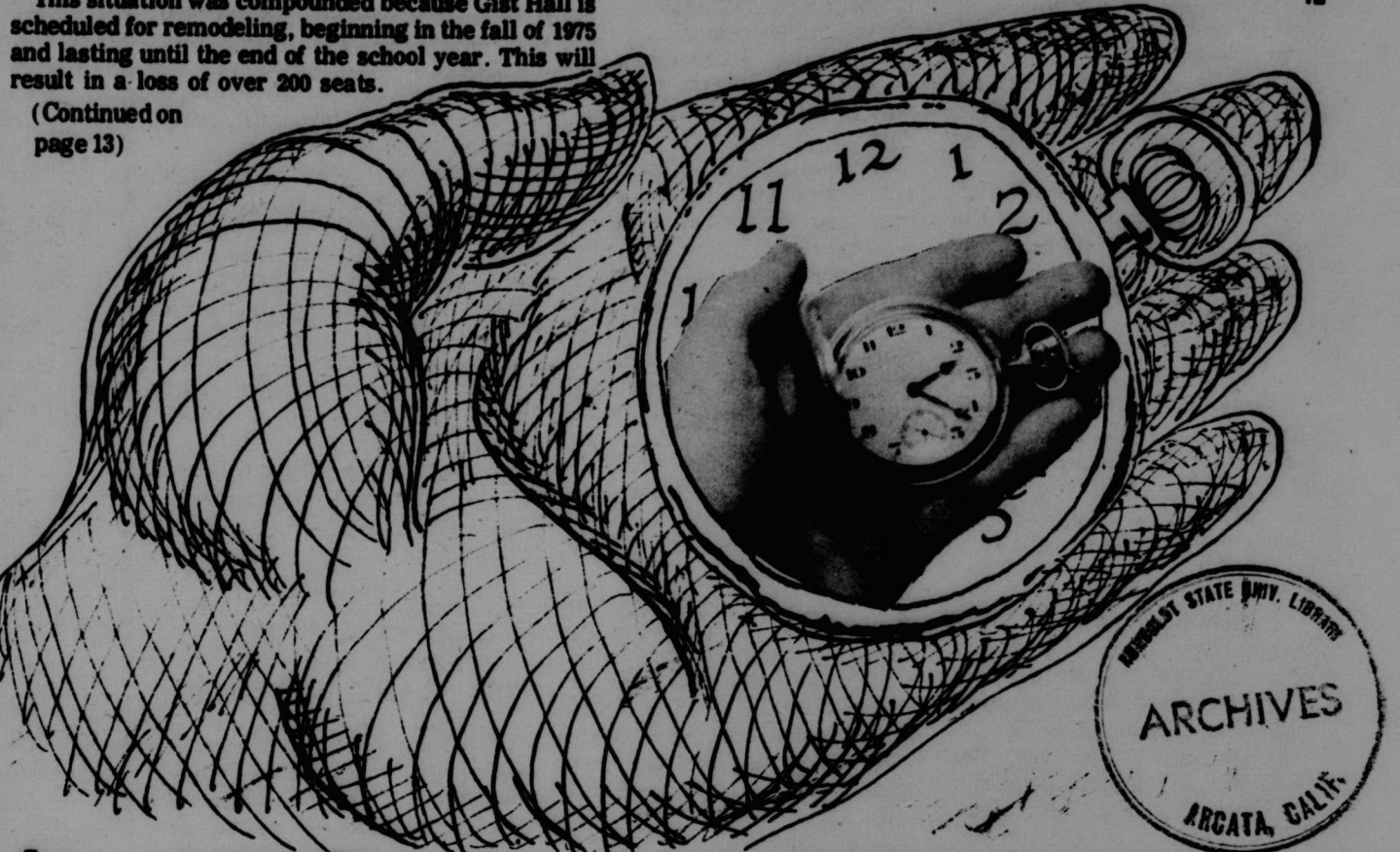
"Presently, we are only using about 4,700 classroom-seating spaces out of a possible 6,000."

He said the circumstances which acted as the catalyst for the new system was the inability of HSU to get approval from the chancellor's office to obtain new lecture facilities.

The reason for that refusal, according to Ridenhour, was based on the fact that HSU could not justify more lecture space when it was not using all its existing space.

This situation was compounded because Gist Hall is scheduled for remodeling, beginning in the fall of 1975 and lasting until the end of the school year. This will result in a loss of over 200 seats.

(Continued on page 13)



## 75 per cent of grades given at HSU: A's, B's

by Paul Herron

Of the 18 other schools within the California State University and College System, 16 give fewer A's and B's than HSU, according to a report released last January.

The report, compiled by the Office of Institutional Research for the system, shows that 74.8 per cent of the grades given at HSU spring quarter 1973 were either A's or B's.

Only two state universities, Sonoma and Chico, gave more A's and B's in undergraduate courses. A's and B's accounted for 82.2 per cent of the grades given at Sonoma and 75.2 per cent of the grades given at Chico.

At Pomona, with the lowest grade percentage in the system, A's and B's were 64.5 per cent of grades given.

The system-wide average was 69.1 per cent.

The report also stated that, throughout the system:

-Academic grades vary substantially by discipline, major and department.

-There is variance in academic grades from term-to-term, with

spring averages tending to be higher than fall.

-There is variance by level of student and level of instruction. The higher the level, the higher the average.

-In general, the larger the percentage of credit-no-credit grades, the higher the grade averages have been.

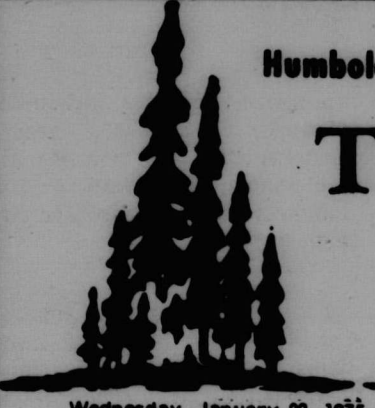
-With some exceptions by program and class level, women earn higher grades and GPA's than men.

Although specific and solid comparisons are not available, across the state and nation: average grades are up, cumulative GPA's are up, use of credit-no credit is up and, interest-concern-change in approaches to grading-assessment-achievement is up and increasing."

The report notes not all campuses within the system follow the same grading policy. About half of the campuses endorse a comparative system, using the C grade as a standard of average performance, with other grades ranging above or below.

The rest of the campuses, including HSU, use a grading

(Continued on page 13)



Humboldt State University      Arcata, California 95521

# The Lumberjack

Wednesday, January 22, 1973      Vol. 50, No. 12

## Local drug prices vary widely

by Keith Till & Mike Goldsby

Jack and Jill went up a hill to fetch a pail of water.

Jack fell down and broke his crown—a gold crown over his left molar that cost him \$300.

The next day, Jack went into Arcata to see his dentist. The dentist completed the first stage of the crown replacement, then wrote a prescription for empirin compound (roughly, aspirin) with codeine.

Jack is a bit short of money, but the pain is severe enough for him to want the highest quality drug available.

He decides to shop around for the store charging the lowest prices.

A consumer's guide to various drug stores in Eureka and Arcata, listing the prices charged by the different stores for seven different drugs, is being circulated at HSU.

ACCORDING TO THE consumer's guide, Jack might pay as much as \$6.95 if he buys the empirin and codeine at Modern Pharmacy in Arcata. However, if he buys the drugs at Value Giant a few blocks away, he may pay as little as \$3.28 for empirin with codeine.

But the decision may not be as simple as that. Maybe one store doesn't stock drugs that are of the same quality as the generic equivalent sold in other stores. A pharmacist in one store may prefer stocking brands that aren't as reliable as those sold in another store.

According to Dr. Norman Headley, director of the health center at HSU, there may very well be a difference between drugs sold in different stores.

"IT'S JUST LIKE the difference between restaurants. One may or may not have good food," Headley said, adding that some pharmacists are more conscientious than others.

Whether a drug store has delivery service, if it accepts Medical, if it has emergency service and whether it accepts credit cards are among other aspects an individual must consider before

choosing a store from which to buy drugs, the consumer guide indicates.

In some cases, the large chain member stores are able to provide the least expensive drug service because they can profit on other merchandise they sell in the store. Few services may be provided in the pharmacy department, which may only exist as a means of getting customers into the store to see and buy other goods, Headley said.

IF A PERSON wants to be assured he can get emergency service or delivery, he would benefit taking his business to a smaller, more expensive store that does provide these services.

"I have my home phone number on the door of the shop, so customers can call me in case of emergency," Dan McLean, owner of Sunny Brae Pharmacy in Arcata said. He serves regular customers most often and has, on occasion, refilled prescriptions for customers without their physician's knowledge.

"Of course, I only do that when I know the customer, and I only give them enough to hold them over until they can see their doctors and have their prescriptions renewed," McLean said.

SOME OF THE independent pharmacists in Arcata and Eureka have been around long enough to know many of their customers and their personal needs. Pharmacists in the chain stores tend to be transient and never get to know customers in any given location, Headley added.

Another consideration when buying drugs is choosing a brand.

The generic name of a drug is the scientific name under which it is registered with the Food and Drug Administration. Generic equivalents are sold under a less publicized name and are therefore cheaper, according to the consumer's guide.

While in some cases the generic equivalent is as good as a more expensive brand name

(Continued on page 14)

Getting high  
(legally) in  
Humboldt  
see  
pages 8 & 9



# Students lend hand to business

by Dick Ohnsman

HSU students are telling some local merchants how to run their businesses.

That's the approach of the Small Business Institute (SBI), explained John F. Hofmann, director of HSU's program.

"HSU is perhaps the last Cal-State school to implement the program," said Hofmann, explaining that SBI was only introduced last fall. It is part of the federally funded Small Business Association (SBA), headquartered in San Francisco.

A small business may apply either directly to SBA or through the HSU business department. After a review of the application by SBA, HSU is sent a list of clients and two or three students are assigned each case.

Students picked for SBI must be highly qualified. The future success of the program depends on the recommendation of satisfied clients to others.

At the initial interview, the team discusses the client's needs and problems as he sees them and decides the information needed for an investigation. Usually, the client is asked to

open his books for an accounting major to review them.

"Too little income is usually the problem," Hofmann explained. "Many businesses don't know how to interpret their financial data."

The team presents a conclusion to the client which states its findings and suggested solutions. The report is then sent to the SBA file in San Francisco.

Hofmann said the program has been "very successful" and "three of the five clients were very satisfied and felt they had learned a great deal from the students."

Aside from the 3-unit credit and a good addition to their transcript, students found there was much that couldn't be taught in the classroom.

The program is not without problems. Often the clients are somewhat casual in their obligations. Hofmann cited one instance where he and the consultants "cooled our heels for an hour. When the client did show, he apologized, but was again a half-hour late the next time."

He said he thinks this is due to the "no-cost" element.

"It costs the client nothing,"

stated Hofmann, "and some of them treat the results like you treat anything that's free—with some skepticism."

"One client disregarded the advice of the team and I understand he is now bankrupt."

Hofmann is enthusiastic about the program despite its problems. One of its biggest advantages is in the area of campus-community relations.

"Too often the merchants are apprehensive of the students," while on the other hand, he said that many of the students regard the merchants as "rip-off artists."

He hopes the program will be a step in breaking down some of these barriers.

## CNPA award to Lumberjack

The Lumberjack will receive either first or second place award in a competition against weekly newspapers of 4-year colleges and universities in California.

The yearly competition was sponsored by the California Newspaper Publishers Association (CNPA). The winners will be announced at an awards luncheon in San Francisco Friday, Feb. 6.

Linda Fjeldsted, former Lumberjack editor, and Lumberjack reporter Debbie Cantwell will be there to accept the award.

"Shit, I'm flabbergasted," Fjeldsted said in an interview Monday. "This will put old Humboldt State on the map."

## Human Events

Today

Noon Lecture by Gayle Southworth and David Landis of the Union of Radical Political Economists. Multipurpose Room. Topic is "Contemporary Economic Crisis."

7:30 p.m. Richard Stepp HSU asst. prof. of physics, "Ominous Changes in World Weather." 135 Science Complex.

7:30 p.m. Arica Open House. Multipurpose Room.

8 p.m. Coffeehouse Concert, Humboldt Harmonaires and Sweet Adelines. Rathskeller. Admission 75 cents.

Thursday

Noon Lecture by Al Weinrub and Gayle Southworth of the Union of Radical Political Economists. Topic is "The Energy Crisis." Multipurpose Room.

7:30 p.m. Lecture by Gayle Southworth, Al Weinrub, Lori Helmbold and David Landis of the Union of Political Economists. Topic is "Contemporary Crisis of Monopoly Capitalism." Multipurpose Room.

8:30 p.m. Arica Open House. Internal School.

Friday

Last day to add, drop or withdraw from classes.

Film Co-op movie "The General" with Buster Keaton and Marion Mack. Founders Hall Auditorium. Admission \$1.

Saturday

10 a.m. Arica experience. Internal School. Cost \$20. Bring lunch and a cushion.

6 p.m. Film Co-op movie "The Little Princess" with Shirley Temple. Founders Hall Auditorium. Admission \$ .25

7:30 and 9:30 p.m. IRC film "Walkabout." Recreation lounge, Jolly Giant Commons. Admission \$1 general; 10 cents members.

8 p.m. Film Co-op movie "The Little Foxes" with Bette Davis. Founders Hall Auditorium. Admission \$1. Chamber music program, Music Recital Hall. Tickets required.

8:15 p.m.

Sunday

10 a.m. - 5 p.m. Arica experience. Internal School.

8:15 p.m. CSU Fullerton Concert Choir, Music Recital Hall. Tickets not required.

8:30 p.m. IRC film "Walkabout." Jolly Giant Commons. Admission \$1 general, 10 cents members.

Monday

8:15 p.m. Student recital, Music Recital Hall. Tickets not required.

8:20 p.m. Euell Gibbons lecture at College of the Redwoods Forum. Admission free.

Tuesday

8:30 p.m. Lecture by David Brower, president and founder of Friends of the Earth. East Gym. Admission 90 cents for students, \$1.50 general.

## Fullerton choir to sing at HSU

A special choral music program is scheduled at 8:15 p.m. Jan. 26 in the Music Recital Hall.

The program will be presented by the CSU Fullerton choir and will include motets, madrigals and American folksongs and

spirituals.

The choir has made two tours of Europe, toured Canada and performed before several music instructor's conventions. It has also performed in the Dorothy Chandler Pavilion of the Los Angeles Music Center.

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# Governor's budget cuts \$1 million Union St. plan

by Larry Parsons

Governor Brown's economizing efforts to keep the 1975-1976 California budget within what he calls "realistic limits," may keep the HSU campus within its present boundaries, at least until 1976.

The governor's budget, which Brown submitted to the state legislature Jan. 10 for review and re-working before legislative adoption in July, contains nearly \$500 million in support funding for the California State University and Colleges (CSUC).

HSU's piece of California's largest budget proposal ever is \$16.5 million, a half-million dollar increase over this year's allotment. But \$1 million in capital outlay funds for HSU land acquisition the CSUC Board of Trustees had requested in its budget proposal to the governor are not included in Brown's proposal.

THE \$1 MILLION was planned for land purchases on Union Street, between 14th and 17th Avenues. Whether or not the chancellor's office can buy the land for HSU this year depends on what changes the governor and state legislators can be convinced to include in the finalized mid-year budget during the next few months. Brown has proposed that no new major construction or land-purchases be undertaken in the coming year by any state agency.

The governor's budget does include \$134,000 the trustee's had requested for HSU's Marine Lab extension and conversion of the Laboratory School.

HSU President Alistair W. McCrone told the Lumberjack last week it was a "major surprise" to him to find the land-buying funds missing from Brown's budget plan.

McCrone said, "It is crucial we get the capital outlay funds in order to provide facilities which would allow HSU to reach its full potential."

McCRONE SAID funds for land-purchases apparently were low on the governor's priority list but that he hoped Brown's initial, unnegotiated proposal "would not foreclose the possibility of buying the land."

Brown has talked of a general bond issue which would be put to the voters as an alternative way of funding CSUC higher education capital expenditures.

CSUC Chancellor Glenn S. Dumke said last week he hopes to discuss Brown's proposed building moratorium with the governor in the next few weeks.

"Strong exceptional cases can be presented for a number of our requests to meet needs unrelated to growth," Dumke said.

"We've got to make our case," McCrone said, expressing his hope that the trustees can get funds for the Union Street properties approved in the legislature's amended budget.

THE WOOING OF legislators, requests to Brown for second-thought budget inclusions and the answer to the HSU growth question, will begin to take shape Jan. 28-29 at the trustees' meeting in Sacramento.

McCrone said that generally Brown's budget "enables HSU to sustain its present status and carry on offering its rather distinctive academic program. It is not a 'growth budget,'" he said.

Brown's plan would also keep HSU students with their eyes on pursuing their education abroad, in California instead.

Brown included no funding for CSUC International Programs in his budget.

McCrone said, "The only thing cut completely was the international programs. The other things were just rolled back."

HE SAID there is a definite need to negotiate for the reinstatement of the foreign studies program and expressed hope for what he termed "a worthy program of considerable academic importance."

Another point of contention certain to arise at January's trustee meeting is a marked cut-back in funding for faculty promotion in Brown's first budget.

The Board of Trustees requested funds for almost 1,200 faculty promotions. Brown included monies for only 310 in his plan.

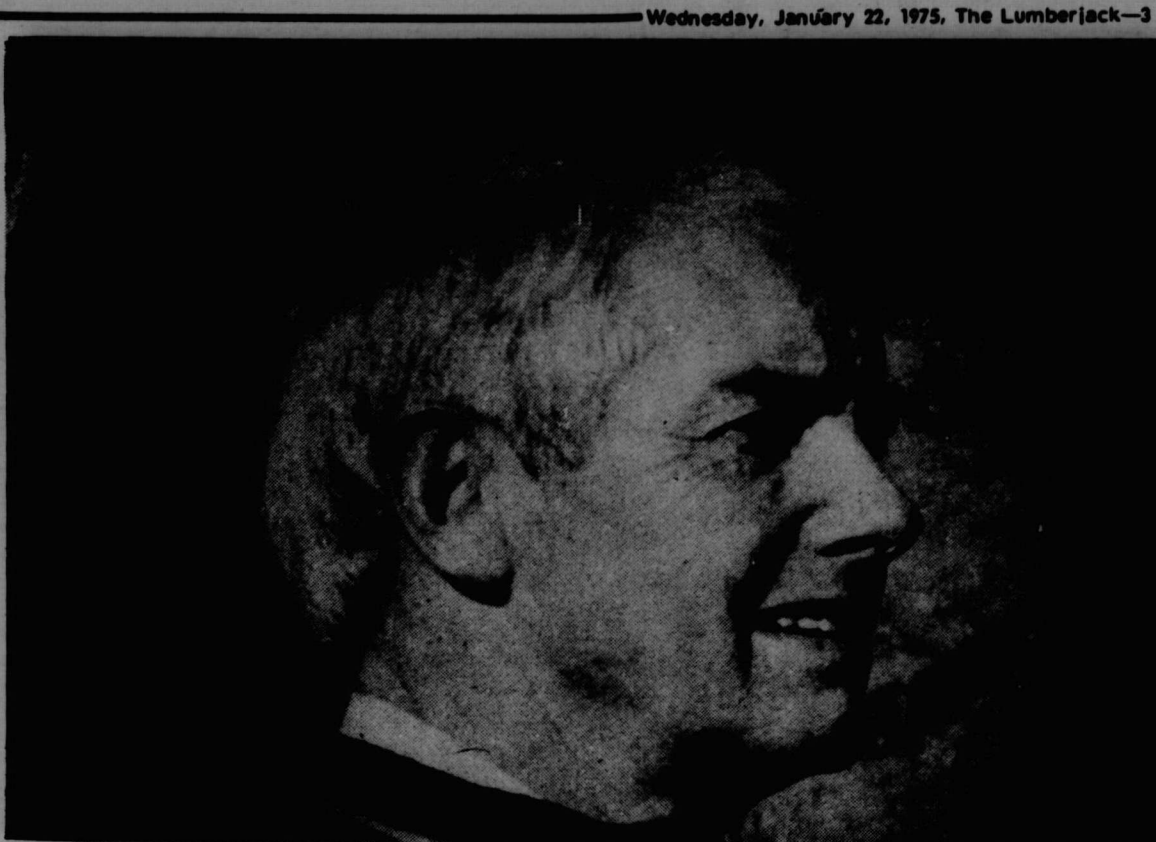
Dumke said curtailment of promotion funding was cause for concern because it "is an area which represents an edge for assurance of quality teaching."

McCRONE CONSIDERED the paring of promotion funds as "very, very important. We must recognize and promote merit. We must support the faculty," he said.

"I'm sure the chancellor will be fighting for the promotions and I'll be right in there," McCrone said.

McCrone expressed confidence that negotiations would restore the promotion monies to the budget because of "Brown's deep commitment to higher education."

"It's just not Brown's style to slam door in the face of Califor-



Conservationist David Brower is scheduled to speak in the East Gym next Tuesday. The founder and president of Friends of the Earth, an international organization devoted to environmental research and education, Brower began his career as

a volunteer in the Sierra Club. He was involved in the establishment of Kings Canyon National Park, Redwood National Park and the Point Reyes National Seashore and is famous as editor of the Sierra Club book series.

nia's higher education system," McCrone said.

This was the first state-financed budget proposal McCrone has seen since coming to HSU from University of the Pacific (UOP) last summer. He said the process was different at UOP in "the private sector where money is a lot tighter."

"MY REACTION TO the

general state budget is that it demonstrates California's continuing commitment to higher education," McCrone said.

An indication that money is getting tighter in the public sector due to declining enrollments at some of the 19 CSUC campuses is indicated in a reduction of the number of positions for instructional

faculty in Brown's plan.

There is a trimming of 70 positions from this year's funded statewide faculty number.

But HSU, based on enrollment projections that call for an additional 100 FTE (full time equivalency) students in 1975-76, receives money for 4.7 added instructional positions in Brown's budget.

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## Editor's viewpoint

### In Favor of Dogs

Dogs sometimes bite, smell funny, make messes and look sad when left alone on leashes, but a recent recommendation by Donald Strahan, HSU vice-president for administrative affairs, is no answer to the problem.

Strahan asked the Arcata City Council to modify an ordinance so unattended dogs could be picked up on campus and taken to the pound.

He is right when he says it "will result in a decrease of animals" (on campus), but he offers no alternative action for pet owners.

There is no cheap dog-sitting agency in the area, and it is cruel to leave animals locked in cars or alone at home where they might tear things up.

The Arcata City Council was correct in tabling the matter as an in-house issue between students and the university.

Strahan, whose committee has no student representative, was wrong to bring up the issue with so little prior publicity and student input.

Unless a practical, inexpensive solution can be provided, dogs should be allowed to spend the day at school.

## Longer classes, longer weeks

No more three-day weekends! Longer classes! Weird hours!

These are the most unappealing characteristics of the new scheduling system for class hours that will start next quarter.

In addition to those objections, so little student input went into the development of the new schedule that Associated Students (AS) President Rich Ramirez heard about it for the first time last week.

This situation tends to raise students' suspicions that the new system was sneaked up on them. And those suspicions lead to bitterness and resentment toward the system.

Too bad, because once the emotionalism surrounding Friday classes and longer class periods is out of the way, the new schedule is not as terrible as it sounds.

Those who have had five-unit English or sociology classes know that classes do not always last the full 110 minutes.

Also, students who do not take two-unit classes could be rewarded with totally free Tuesdays and Thursdays.

Ideally arranged, this type of system can increase utilization of campus facilities, without necessarily increasing the total time spent on campus by individual students and teachers.

And this system will mean that campus buildings will be used more on Fridays, increasing the effective classroom space for some departments as much as one-fourth, and helping HSU to qualify for more facilities.

Of course, the scheduling system is no great joy. It means longer (although hopefully not duller) classes and longer weeks, and it seems to be another mess of red tape that we'll have to get used to.

But in the long run, the system sounds like a workable way of extending campus utilization. In a time of deep concern about waste, it is hypocritical to let campus facilities go unused.

Perhaps the governing powers of the California State University and Colleges System will eventually come to the conclusion that the best utilization of facilities is to use them seven days a week, year round.

That would really increase facility utilization and add to the flexibility of scheduling for students and teachers alike, letting them attend or teach classes according to their needs.

The Lumberjack welcomes all letters of fewer than 200 words (20 typed lines), free of libel and within reasonable limits of taste. All letters must be signed and students identified by year and major, faculty and staff by department and title and local residents by city.

## Prisoners

Although the existence of detention and torture of civilian political prisoners in South Vietnam has been denied by the U.S. State Department, there is much evidencing its reality. Estimations of the number of such political prisoners vary from 36,000, (the official Saigon figure), to 200,000 (an approximation of various groups, including South Vietnam's National Liberation Front). An educated calculation places the number certainly above 70,000-75,000.

While such discrepancies exist concerning the number of political prisoners, the problem is clear: literally tens of thousands of persons are being held for possessing political ideologies differing from those of the government in power. Many of these persons are imprisoned without any trial and are being physically and mentally abused with the most brutal, sadistic methods. Most of the prisoners are innocent victims of inaccurate intelligence practices. The majority have neither advocated violence nor supported communism, even though they bear the label of "communist civilian detainees."

Arrests are carried out in a ruthless and indiscriminate manner. The police training and funding is partially the result of U.S. aid; an end product of our "obligations." The Special Police (plain clothes division of the National Police), is allegedly under the control of the CIA.

Despite the government's refusal to acknowledge such conditions, there still exists the need

for further investigation, and relief for such victims. Amnesty International, a worldwide organization dedicated to freeing non-violent political prisoners and abolishing torture, provides means for fulfilling such needs.

For more information regarding Amnesty International, and how you can help, call 822-8034.

Kathy Pettersen  
English major

## Children

Editor:

This letter is in response to Joanne Gable's letter in the Dec. 4, 1974 issue, in which she stated that upon arriving at the door of Gist Hall auditorium, she was advised not to bring her 2½-year-old daughter with her. Having been in several theater productions, I understand and applaud the person who turned her daughter away.

I wish the same thing would have been done in plays that I was in. Anyone who brings a small child to a play, musical or a symphonic concert is being extremely inconsiderate to both the audience and the actors on stage. Keeping character on stage or performing a difficult piece of music requires a lot of concentration. Imagine yourself on stage...you're getting into a very dramatic part, and out comes a "Waaaaaaahhhhhhh" from the audience. The effect you have presented is immediately shattered. This has happened to me on several occasions either as an actress or a member of the audience.

So I ask anyone who is planning on attending a theatrical production and wants to bring a small child, "Please don't!" for the sake of everyone in the theater.

Kitty Coyle  
Theatre Arts

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Photographers .....	Kenn. Hunt
.....	Jon Kranhouse
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Published weekly by the Journalism Department of Humboldt State University, Arcata, Calif. 95521. Phone (707) 826-3271. Office: Nelson Hall 6.  
Opinions expressed are those of The Lumberjack or the author and not necessarily those of the Journalism Department.  
Subscription is free to students, available on campus newsstands. Mail subscriptions are \$3.50 for 28 issues. Advertising rates available upon request.



# Student researchers resent reception

The time for periodic self-evaluation for accreditation for HSU is upon us and a social research class has been contracted as a research team to survey the student community. The purpose of the survey is to determine whether or not HSU is serving the goals of the student as stated in the Faculty Handbook (appen-

dix D) under Purposes of the University.

Various classes on campus were randomly selected for response to a 60-statement survey which was designed to elicit individual feeling regarding the adequacy of HSU in meeting student goals.

Various faculty members re-

sponded in a very curious way when approached by survey team members arranging a convenient survey time for their classes. The response manifested itself in the form of paranoia to the survey instrument and (as one faculty member put it) the "invasion of my class by twenty long-haired apes." This remark was evidently precipitated by the fact that the research team resembled the majority of students and younger persons in dress and hairstyle.

I am pleased to announce that the majority of faculty contacted were extremely cooperative and helpful and realized the legitimacy and importance of the survey. Their assistance was greatly appreciated and unlike the paranoid crew, they did not make phone calls or send memos to the administration or the testing center describing an invasion or unfounded charges.

What is of paramount interest to me is that the research teams consisted of no more than three persons, therefore, the invasion of twenty long-haired apes must have been an apparition or the reflections of a very paranoid personality.

Preliminary results of the survey seem to indicate that HSU should again receive accreditation despite implications that the researchers should resign academic pursuits and audition for "Planet of the Apes."

Earl Bootler

## Perspectives

The Perspectives Page is reserved for opinion matter from anyone about anything. The Lumberjack regrets that due to the increased popularity of the page, it is unable to publish all of the material submitted. Each week, a selection of opinions will be printed. Opinions expressed are those of the author and not necessarily for The Lumberjack of the Journalism Department. Written matter may be up to 300 words (30 typed lines), typed and double-spaced. Deadline is Friday before publication. All opinions must be signed and include year and major for students, department and title for faculty and staff or city for local residents. Libelous, tasteless or overlength material may not be used.

# HSU growth should stop

by Jerry Goetsch

## Campus Planning Committee

Recently we have been told that we must increase our projected Full Time Equivalency (FTE) from a previously questionable 8,000 to a presently ridiculous 10,000. It is highly doubtful if we ever can or ever should accept these monstrous figures. As of this fall, total enrollment was 7,592, with approximately 6,600 of these FTE, or full-time. To these figures we must add a staff of 10 per cent of FTE, or about 660, and 1,000 part-time. Using this as a projection for 10,000 FTE, we might then expect almost 13,000 bodies on campus when this requirement is met. Can we physically handle this incredible onslaught of humanity?

Even if the 85 acres we hope to get to the east of HSU, the McDowell property, were completely flat, which it obviously is not, our total acreage with a desirable slope of 0-5 per cent for buildings and parking lot construction would not greatly exceed 130 acres. We might compare this with Bakersfield or Santa Barbara with approximately triple this but with only 20 per cent more required FTE. To be able to know anything definite we have asked for an environmental impact report. Unfortunately this study will not be prepared in time to submit a new master plan.

If we ascertain that we could accommodate 10,000 FTE, such a proposal seems to me a direct threat to the quality of education at this institution and uncomfortably analogous to an assembly line. All this talk about using 10,000 for planning purposes only, that we may never reach such a figure, and that we will only have 7,500 FTE by 1984, and so on, is confusing the issue, which is quality education, and seriously jeopardizing rational thought.

Major decisions upon the old (8,000 FTE) master plan and policy decisions made by our committee up to this point include the following:

1-securing a committee resolution not to exceed 10,000 FTE.

2-requiring an environmental impact study to justify 10,000 FTE.

3-favoring the purchase of the McDowell property and simultaneously rejecting the notorious system of establishing priorities of acquisition.

4-reducing the on-campus student housing from 40 per cent to 25 per cent to encourage off-campus construction. We should not expect any reaction from the community to this under existing financial conditions.

5-accepting the impossibility of student housing construction in the Jolly Giant Canyon area, despite inadequate geological tests which would take two years. There is the possibility of such construction on the proposed 83 acres to justify acquisition.

6-allowing the corporation yard to remain at the 14th Street entrance to campus.

7-expanding fisheries and, due to drainage in the area, allowing the proposed lake to remain at the south west corner of the campus.

8-allowing the proposed administration building to remain in the Mai Kai area and show covered walkways.

9-make any possible accommodations for the handicapped.

10-locating the proposed 1500-seat auditorium south of the Education-Psychology Building.

11-using the Baptist Church for a child care and possibly for an Indian studies center.

12-making every attempt to save residential-type houses or to relocate those presently on campus that conflict with future space needs. Some will undoubtedly be relocated in a cluster college near Union Street if we are able to purchase the area we need. Such houses that we elect to keep will be marked, as is the Art Building, as temporary. Some will be deleted since they are too far gone.

13-multi-level parking is being considered in some cases in lieu of two-level parking. Much of this decision is weighed by cost, multi-level being much more expensive. As a result, an uncomfortable portion of the campus will soon be geared to the automobile.

14-forming a subcommittee to come up with ideas for an established graphics policy.

15-locating new Science, Art, and Industrial Arts Buildings in the south east corner of campus.

16-considering the location of additional kiosks and a main information center at the new administration building entrance.

With the resolution of what issues we have yet to decide upon, including student housing, we should have a plan to handle an increased student body. Participation in all the measures discussed above and others that may be of interest to the campus community will be welcomed at an open hearing in the near future. Our meetings are open to the public and held every Friday in Ad Building. I hope that we might receive participation from those who feel an active concern to these and other related issues.

## outsider's opinion

by Tim Martin

### Stationary Fireman - Plant Operations

Webster's wordbook describes "art" as the use of skill and imagination in the production of things of beauty. For the record, I'm no art connoisseur by a long ways. In fact, I wouldn't know a Rembrandt from a Schultz (Charles), but I have to question a few of the various pieces of art I have seen here at Humboldt. The first work of art that had me rasping my noggin was one entitled, "Salmon Fishing on the Trinity River." I was sauntering through Nelson Hall when I first saw it in the art gallery. It's title was very deceptive. It was a mysterious maze of ropes, pulleys, sand and condoms. That's right condoms! On this strange exhibition were plastered no less than a half-dozen contraceptive protectors. No fishing poles, no spinners, not even any salmon. Just condoms. The more I stared at it, the more I seriously questioned the artist's knowledge of salmon fishing. Or could it be that his days on the Trinity were so much different than mine?

Though I fail to remember the caption on the next piece, I find it quite hard to forget its composition. On a simple weaving of wooden slats were dozens of what looked to be the outermost portions of a female reproductive system, each one identical to the next. Every individual vagina was fastened to the weaving of wood and propped in an upright position. It was very easy to understand what the artist had on his mind when he created this masterpiece.

Yet another piece of art that I disputed was on display in a section of the Art Building. This work was made of plaster and was sculptured into the shape of an outlandish looking harp. In fact, the piece was entitled, "Cock Harp." The sculpture couldn't have been more appropriate for its unusual title. Picture if you can its appearance. The upright portion of the harp was actually a five-foot model of a phallus. The section of the harp coming off the bottom of this monstrosity was made to resemble the long neck and head of a rooster. And from the wide-spreading mouth of this rooster emerged an arm and hand, which had a death-like grip on the erect phallus. And to put the topping on the entire thing, the penis was made to appear it had just completed the act of orgasm. In all authenticity, the only way the creation resembled a harp, was because there were a number of wires stretched vertically along it's entirety. As I stood there attempting to figure out exactly how much skill and imagination was involved in it's making, a girl standing beside started to giggle and two male students over in a corner snickered loudly as they undoubtedly discussed the one-of-its-kind harp.

Alright, so now the word is out. Everyone at Humboldt knows that I don't understand the first thing about art. But the more I think of that odd looking harp setting on it's pedestal in the art building, I don't think I want to learn anything about it.

## humboldt graffiti

by Michele Drier

In May, 1960 the House of Un-American Activities Committee held hearings in San Francisco. Students from the University of California at Berkeley and other colleges in the area demonstrated at the hearings and HUAC made a film purporting to show that the students were Communist-inspired. This led to demonstrations and debates on other California college campuses.

At Humboldt State College the film was shown in the spring of 1961, complete with a debate between two politicians, and drew a capacity audience in the then-new Sequoia Theatre—the extent of political activity on the campus.

1960-61 was a big year on the HSC (as it was then known) campus—then. President Cornelius Siemens welcomed the 2,000 students; football was king; fraternities held rush twice a year; women students were informed that pants were not to be worn on campus; men wore crew-cuts, chinos and white shirts, every student had had a mail box in either Founder's Hall or Nelson Hall.

Awards were big that year also—Playboy of the Year and Best-Dressed Woman drew a lot of response as did the various sweethearts: Tau Kappa Epsilon, Delta Sigma Phi Dream Girl, Homecoming Queen, Freshman Sweetheart and Sempervirens Sweetheart.

Sempervirens, the college yearbook, did homage to King Football with a color cover photo of team members with Coach Phil Sarboe.

That year the Lumberjacks had won all 10 games, were the Western Regional champions of the National Association of Inter-collegiate Athletics and played in the Holiday Bowl in St. Petersburg, Fla. for the National Small College championship (they lost, 14-15). In recognition of this feat, the student body presented a new car to Coach Sarboe.

That year also, the new cafeteria opened (now the site of the Student Union) and people living in the dorms had a couple of riots over the food. Students played pinocle and drank coffee in the cafeteria and the Campus Activities Center on the ground floor of Nelson Hall. The second floor rooms were still used as dorms.

With the influx of students the campus was growing. New buildings included Administration, Language Arts, Psychology and Education, Music, the small Art Building, Physical Sciences addition, Student Health Center and ground was broken for the new Library (The existing one was in the Engineering Building next to Founder's Hall).

I started at Humboldt in the fall of 1960, a product of the Eisenhower '50's. The school was also a participant in the quiet decade and still reflected it. Having missed the demonstrative '60's, when I returned in the winter of 1973 I expected big changes and found a mixed bag. The sweethearts are gone, football scrambles for money, college population hovers near 7,000, ground is broken for an addition to the Library.

There are still complaints about the food in the dorms and cafeteria, parking remains a problem, the business department still wears ties, the English and theater arts departments still sport the casual tweedy look and smoke pipes, the Natural Resources people have their caulk boots.

Changes are here though. With the 18 year-old vote, students constitute a larger voting populations than the city of Arcata and have used this block in elections in the last year. Individuality is accepted and conformity downplayed or ignored.

Despite cries of apathy, students of the mid-'70's seem to be taking charge of their own lives. However fine it looks in retrospect, living "American Graffiti" was deadly dull.



# more Perspectives...

## headley's health hints

by Norman C. Headley, MD  
Director, Student Health Center

Is there any connection between bladder infections and sexual intercourse?

There certainly is! Nearly all cases of bladder infection (cystitis) in women begins within 24-48 hours following sex. This is because any kind of love-making is a pretty juicy event with lots of fluids being produced (lubrication, saliva, semen) in an area near the urethra (located just south of the clitoris). This urethra is only 1-1½ inches long in women (much longer in males—yeah!) and it's easy during sex for rectal and other bacteria to get started up the tube to the bladder, where they begin to multiply. Two days later the bladder is inflamed and hurts when it is stretched with urine. Symptoms of frequent, painful urination—sometimes bloody—are produced.

Treatment is usually easy with antibiotics, but chronic infections develop which are very difficult to treat if antibiotics are used only until symptoms are relieved. If you get cystitis take your medication faithfully until it is all used up. Don't stash it until the next infection!

How to prevent it? The best way is to urinate immediately after all sex play and any clean up, such as washing or douching, is finished. In other words, the last thing is to wash out the urethra with urine so that any bacteria which may have landed there are forced to leave.

Also, if you get cystitis and get it treated, be sure to return to the health center for follow-up in about two weeks to be sure the condition hasn't become chronic.

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# THIRD WORLD

by Eduardo Pahlán Foronda

As a supposedly better opportunity for college and university enrollment of Third World People exists, it is wise to assume that the present educational system can no doubt be an authoritative weapon used towards "Americanizing" or assimilation of Third World youth. This is obvious, based on the fact that there are virtually no colleges or universities in this country which cater to Third World People and that the token ethnic perspective curriculum is in constant turmoil and conflicting to the ideas of the elitist power structure. These token bits of crumbs which have been swept towards the direction of Third World are constantly jeopardized by CIA-style tactics from the reactionary administration which does not warrant the seriousness of the ethnic perspective curriculum nor advocate its development into an autonomous and progressive Third World school.

Naturally, at Humboldt State, the present regime has no interest in ethnic teaching, even in the tidbits of token courses that have so arduously and tediously been struggled for by Third World students. Furthermore, the present administrative clique has distorted the true meaning of affirmative action to the extent that it only meets their personal interests. At the present crucial time when Third World People seek recognition in all departments to cater to our needs of identification and understanding, the sham and graft of affirmative action has infiltrated our much sought-after goal.

The ornamental administration, not only at this so-called university, but throughout all so-called colleges and universities, are threatened by Third World progress and persist that Third World People should pacify and graduate as "respectable members of society," that is, whitewashed and aspiring to become bourgeoisie at all costs. Only the muddle-headed become whitewashed and aspire to become bourgeoisie at all costs, because Third World People realize that after getting that piece of paper, we must totally accept Anglo-American culture or inevitably face unemployment and poverty wages, regardless of all the talk about sham equal opportunity, sham minority recruitment, sham this and sham that. Third World People do not want to become merely "respectable statistics" of white society, but truly respectable Third World People who have not turned our backs on our people, culture, and pride.

Puppet educators further profess that Third World People merely want to become bureaucrat capitalist exploiters and pursue trivial equal opportunity as being in television commercials and other meaningless and menial tasks. This is a fallacy. We simply want a multi-cultural, multi-lingual, liberated democratic non-feudal and autonomous life-style in which we, as Third World People, ARE NOT EXPLOITED and DO NOT EXPLOIT others.

Assimilation through education is intellectual bribery. In fact, Third World People should not be compelled to assimilate, but are a necessity in educational institutions TO EDUCATE THE WHITE RACE. It is the prevalent bigotry in education which perpetuates white ignorance and Third World suffrage.

Because of institutional bogus proposals, one faction of the Third World Movement is working outside of the system. Through the use of massive strength and unity, Third World can independently educate and offer the proper perspective to the white masses through media, seminars, lectures, etc. Hopefully through our continued efforts of independent struggle, we can stop culture rape and eventually attain our goals. Through proper education, we might once and for all prevent an armed Third World War in this county.

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## more letters...

### SLC innovation

Marilyn Taylor  
Math senior

SLC Representative

At every Student Legislative Council meeting held on Thursday nights at 7, there is a General Forum session for 15 minutes. This is a time which the council has designated solely for anyone to address council. Those of you who have questions or problems that you would like to tell us are invited to attend. General Forum is usually held within the first half hour of the meeting. We are here to represent you and need your input.

### An experience with Arica

by Charles (Kit) Mann  
Geology junior

For me it was simply a great way to spend a weekend. It's a treat for your essence, a way to make real contact with a group of people and a way to enjoy your self. Arica is not a thing, it's a dynamic group process that relieves tension, brings closeness between people, and raises energy levels. And it can be a real life-changer.

Fifty people shared an Arica weekend here at the Internal School in November and generated a lot of high energy. Besides having a generally good time, we worked on ourselves in a blending of Eastern and Western ways that led to greater awareness of self and others, and nurtured a fluidity of consciousness and movement. The response was so positive that another weekend will be held this weekend, the 25th and 26th.

An open introduction to Arica offering information and a taste of what happens at the weekend is happening free tonight in the Multipurpose Room at 7:30, and tomorrow at the Internal School at 8:30. Friday evening there will be a class on Sufi singing and Dancing also in the Internal School. All are welcome.

### Ecology effort needs volunteers

Artists, writers and interested persons are needed to volunteer their time to work on a brochure about Emerald Creek and one about Redwood National Park.

The Emerald Creek Committee is coordinating the effort. Persons wishing to volunteer should contact Rudolf Becking in NR 214 or call extension 3535.

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## Cheaper than pinball

# Thrift shops allow students to browse

by Jeanne Sapunor

"I go to thrift shops to browse. It's cheaper than playing pinball. The only thing I ever bought at one was a deck of cards. Well, it wasn't a deck...it only had 38 cards in it," said Ken Kraus, sophomore fisheries student.

While students do go to thrift shops for entertainment purposes, others make a sincere effort to find clothing. Which can be frustrating sometimes for people like Larry Parsons, 6-foot-4-inch journalism senior.

"Everytime I go to a thrift shop, I think a bunch of midgets have just unloaded their clothes," Parsons said.

"Thrift shops? No, I never go to them. I can't afford it," said Karen Rufener, senior sociology major.

Usually, when the economy gets bad, the thrift shop business gets better. But with the present state of economy, the ladies working at the thrift shop run by the Arcata Presbyterian Church say business hasn't picked up at all.

The women said business has been the same, "sometimes not so good."

"Business everywhere has dropped off. You can see it downtown," said one of the two volunteers, as she looked out the curtained window towards H Street.

The ladies do most of their selling after payday. Students usually come in looking for clothes. They said many people will buy sweaters and dresses to reuse the material.

"And I don't know if you should mention the nationality, but I've noticed a lot of Portuguese people come in and buy clothes to send to relatives in Europe," said one woman.

People have told them they have the lowest prices, but low prices still can't guarantee customers.

"I'm anxious to find out how we do this year. Things can't get much tighter than they are now," said the other volunteer.

David Parker, owner of "Ritzy Rags" in Arcata, considers himself an advocate of used merchandise. While the clothing in his store are what he terms "luxury items," part of his mornings are spent at the thrift shops looking for merchandise he can sell.

Parker said the Presbyterian thrift shop does indeed have the lowest prices, while St. Vincent de Paul has the highest prices as well as the best furniture.

If one finds a price too high at St. Vincent's, most of the time they will find that trying to lower the price is a wasted effort.

"When I set a price, I stick with it. The only way I come down is if I priced the item and I overlooked a tear or something else wrong," said the clerk at the Arcata store, who wished to remain anonymous.

"Business hasn't really changed. It's the same as it was last year," she continued.

Students, she said, usually come in to buy cooking utensils, plates, cups and furniture. She added that they sometimes return the furniture when they've gotten enough use out of it.

She wasn't sure how St. Vincent's compared with other store prices, but had heard stores up here were cheaper than Bay Area stores.

"A woman came in looking for a used bra. She was surprised ours were so cheap (25-50 cents). She told me that in San Francisco used bras were about two dollars. I said, Geemineez! You can buy a new one for that price at a five-and-ten."

Keeping in mind that thrift store prices are usually cheaper than your friendly discount retail store price and the advice of Parker to be patient, especially when looking for a particular size, a visit to local stores could be beneficial, interesting and cheaper than pinball.

Salvation Army, Arcata—a big name in non-profit thrift shops with medium prices. Women's clothing is usually home-sewn and 10 years old. There is an ample supply of street-length dresses along with negligees, jackets and blouses. Formals, in pastel colors and empire waists, run from \$1.25 to \$6. There is a fair selection of men's pants, shirts and shoes, as well as a few heavy coats, sans buttons, for medium prices.

The rest of the floor space is devoted to children's clothing, stuffed animals and jigsaw puzzles. (Who uses them more than once?) Among the shelves of dishes, cups and spoons one might find a hair dryer or waffle iron for a reasonable price. The store has a few pieces of furniture.

Salvation Army, Eureka—if you are in dire need of a wooden crutch or a mannequin, this branch may have it. Bins full of coffee filters and faucet heads take up most of the first-floor space, sharing the limelight with appliances (most electrical appliances have been checked) and a few dingy couches and lawn chairs.

Clothing is found upstairs. The thing to watch is the poor lighting, which may conceal a few rips or stains. Pants have been cleaned and pressed and sorted into neat order. Women's sweaters, dresses and shoes can be found in various sizes, although everything looks the same color in the light.

Saint Vincent de Paul, Arcata—the workers here are label and fad watchers, as a Livingston Brothers suit will run \$7.25. The clothing seems to run smaller and shorter than in most stores. Men's suits are sized and in fairly good condition with prices at an average of \$2.50. In the rear of the store one can find assorted shoes, books, dishes, mattresses and a few Perry Como albums.

Saint Vincent de Paul, Eureka—perhaps the most orderly store with the widest selection. There are three long racks of dowdy dresses in matronly sizes for an average price of \$1.50. The store has a good supply of both military (our side) and waitress uniforms and even a few fur pieces. Men's jackets and suits are sorted into small, medium and large sizes and in fair condition. Upstairs there is an entire floor of chairs and couches. Some may require a face-lift or two, but for the most part worth about \$20. Dryers, washers and stoves have all been okayed and cost from \$45 to \$80. Lots of mattresses to choose from.

Thrift Shop, Arcata—located in a small house—the prices are low, but this store requires a lot of patience as far as finding something specific. There may be a ladies' blouse in the men's section and a dress pattern in the toy box. Providing you're willing, there may be a bargain under all the confusion.

Horel's, Eureka—while this store is neither exclusively thrift nor non-profit, it has some good furniture in the back, past the antiques. The prices are higher (\$40 for a loveseat), but the item is usually in better condition. There are a few bargains among the collection of tin pie plates, state fair souvenirs (no particular state) and hardware.

And there was the store across the street from Horel's—"SELLING OUT TO THE BARE WALLS." Seems there was a surplus of life jackets and school desks. Everything is going for \$2 with the exception of the store parrot, who may go for a higher price since it not only says, "How are you?" but also, "Why won't you talk, lady?"



Photo by Gail Westrup

Oversized coats, cracked mirrors and an occasional bargain are just some of the joys of thrift shops, as Mike Morales discovered at the Arcata Salvation Army store.

## Dance sessions to feature slides

A Hungarian folk dance workshop will be held Saturday in the multipurpose room.

Two sessions, from 10 a.m. to 12:30 p.m. for beginning and intermediate dancers and from 2 to 5 p.m. for review and advanced dancers are offered.

Slides of Hungary will be

shown, and a pot luck party will follow the last session.

Admission is 75 cents per session and 25 cents for the pot luck, or \$1.25 for all three events.

Csaba Palfi, a Stanford doctor of ethnology, will teach the sessions, sponsored by the International Folk Dancers Club.

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# Rock climbing becoming unique sport in Humboldt County

by Debbie Rutte

Humboldt County is far from being a rockclimber's paradise, but there are a few good areas for those who want to try, according to local experts.

Patrick's Point State Park offers the best rockclimbing in the area, according to Richard Pietrelli, a junior wildlife major and former instructor with the Sierra Club Basic Mountaineering Training Corps.

There are two types of climbs in the park: the seacoast cliffs and the Ceremonial Rock area.

"Brochures are available at Arcata Transit Authority about

the climbs at Patrick's Point," Pietrelli said.

Most of the climbing in this area falls into the bouldering classification.

"Bouldering is a kind of practice. It can go from a simple level where you don't even have ropes up to the point where you have a rope and a guy on top of the rock belaying you," Dave Lester, a freshman english major and member of the rockclimbing special interest group of Cypress Hall, said.

Pietrelli added that bouldering is usually considered any climb using less than 120 feet of rope.

The length is not vertical height, but includes zig-zagging on the rock.

Claudia Clark, a junior biology major, estimated most of the local climbs at 20-30 feet in vertical height. "We do most of our climbing in Class 5, which is technical climbing with the use of a rope," she said.

Climbing routes are divided into two types, free climbing and direct-aid. For direct-aid routes, it is necessary to drive something into the rock such as a piton or bolt.

According to Pietrelli, any aid climbing in this area is pre-nailed

so climbers usually won't have to use their own equipment.

Equipment for rockclimbing can be quite expensive. For this reason, Pietrelli, Clark, and Lester all advise the beginner to make sure he enjoys the sport before buying the needed equipment.

"The beginner shouldn't go out by himself. He should find somebody who climbs and has equipment and tag along. That way, the beginner doesn't have to buy anything until he is sure he likes climbing," Pietrelli said.

Clark said the basic things a beginning climber needs to start

with the right clothes. A lightweight pair of hiking boots is needed or, for some climbs, tennis shoes can be used.

"Most kinds of tennis shoes I really wouldn't recommend. Some, like Adidas, work pretty well though, and for the beginner are fine," Lester said.

Clothing should be loose and warm, and Pietrelli recommends layering of shirts.

"It is best to use layers, like a t-shirt and a warmer shirt over that. Then, you'll be warm and you can take one off if it gets too hot," he said.

For those who do get involved with climbing, it will take about \$200 to get started with equipment. The most important part of this will be the climbing rope.

"The important thing about a rope is not how strong it is, but its elongation points. The rope has got to stretch to absorb the shock if a climber falls," Pietrelli said.

"If you try to go rockclimbing with a clothesline or a manilla rope, the first thing you are going to do is break your neck," Lester said.

People interested in rockclimbing should not just go find a rock and try it. Coastal areas can be dangerous because of loose rocks.

"It is very important that you climb with someone who knows what he's doing," Clark said.

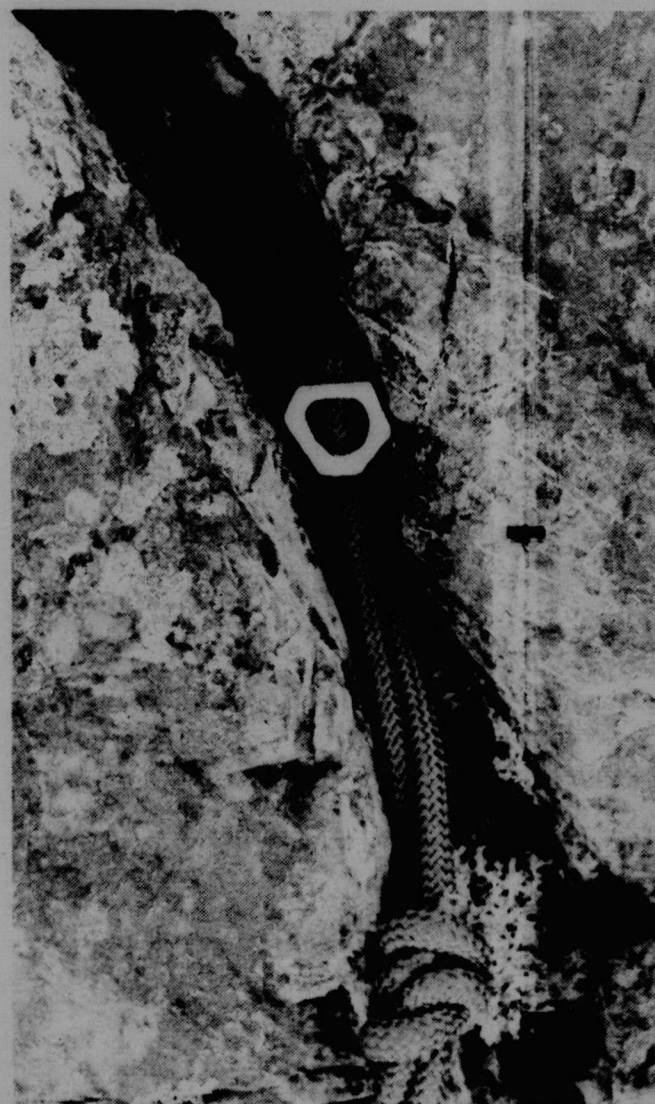
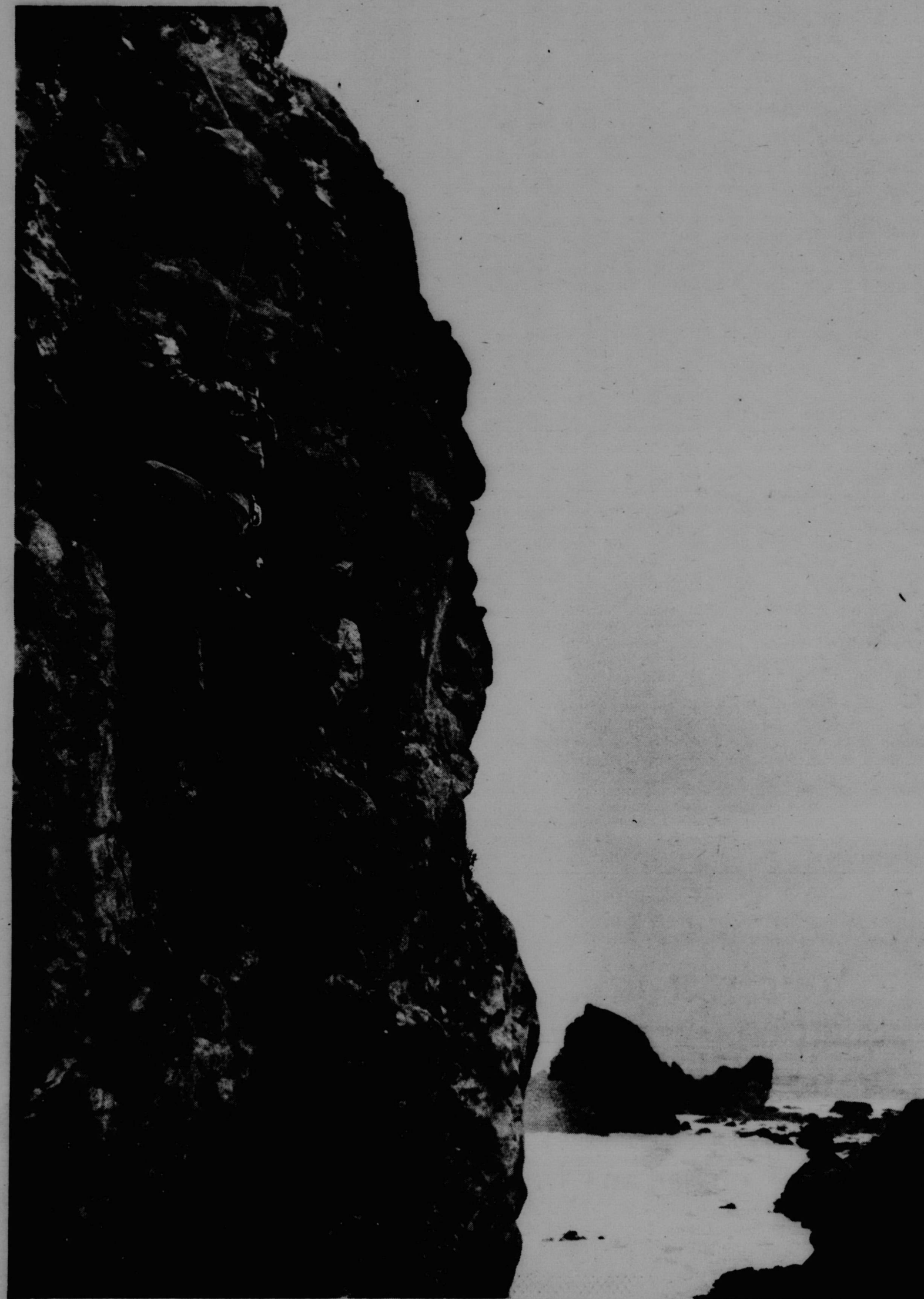
The rockclimbing special interest group of Cypress Hall will be offering instruction in the spring quarter. There will probably be an equipment fee and the instructors will be qualified climbers.

"Most of the people teaching class have gone through either the Sierra Club or Yosemite mountaineering schools," Lester said.

Rockclimbing is becoming a very popular sport and the enthu-

siasm of climbers is a contributing factor. Lester said this way:

"Rockclimbing is a sport in that you twine intimately tied together team effort, but then a you're on that rock, two inches away from that's all there is."



Chocks are wedges to put in rock cracks. Ecologically beneficial, they leave no permanent scars in rocks.



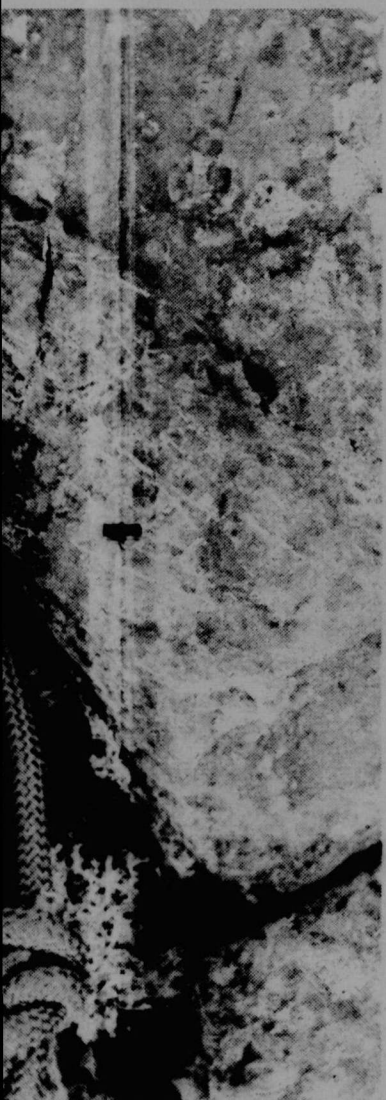
'When you're on that rock, you're like two inches away from it and that's all there is.'

Photos by  
Gordon  
Worley



siasm of climbers is a contributing factor. Lester explains it this way:

"Rockclimbing is a unique sport in that you two are intimately tied together and it's a team effort, but then again, when you're on that rock, you're like two inches away from it and that's all there is."



put in rock cracks. they leave no permanent

## 'On belay'... 'Belay on'... 'Ready to climb'... 'Climb ahead'... 'Climbing'

by Gordon Worley

(Editor's note: Worley is a Cypress Hall resident who took the photos on these pages and gave us this description of his sport.)

Standing at the base of a high cliff, the rock slanting vertically up and away into the blue sky, I sit and enjoy the view of a small valley.

"Slack," calls a voice from above.

I let out about four feet of the rope that runs around my waist and up the mountainside. Eighty feet above me, my climbing partner, Dale Zraggen, moves out onto a difficult section of the rock. Reaching a secure stance on a wide ledge, he calls out, "Off belay."

I release my grip on the rope connecting us and follow him up. The rope runs from around my waist up the rock to Dale's climbing harness. Along its path, the rope passes through several points of protection.

Every 15 to 20 feet up the mountainside, there are artificial chock stones, placed in cracks and connected to the climbing rope by means of wire or nylon slings and snaplinks called carabiners.

If Dale were to fall, he would only fall twice the distance from his last point of protection, plus the length of rope I would let out to cushion his fall.

Dale takes up the slack between us and I call out,

"On belay." He replies from above,

"Belay on."

"Ready to climb."

"Climb ahead."

"Climbing." He is ready to catch me in case I slip or fall.

I follow the route he has just climbed, removing the chocks he placed and hanging them on a sling over my shoulder. Reaching Dale's position, I collect all the hardware he didn't use and hang it on the sling, which is called a rack.

I take over the lead and continue up the rock, placing protection as I go. Just below the summit, I find a stretch of rock lacking any holds or cracks, except for a small crack about an inch wide and about 16 inches above shoulder level. I reach up and jam my left fingers into the crack—a technique aptly known as finger-jamming—and lean back so that the friction of my boot soles against the rock allows me to "walk" across the blank section. I gain an easy ledge and climb up

a wide chimney to the summit.

I anchor myself to a tree that has had the perseverance to survive in the soil of the shallow cracks criss-crossing the rounded top of the rock. This is a safety measure that would protect me if Dale were to fall.

Belaying is the process of running the rope around your body or through a mechanical device, to create enough friction to allow you to hold it in case of a sudden load, such as a fall.

I belay Dale up. His head appears over the edge and he climbs until he stands beside me.

"Belay off."

"Off Belay."

We coil the rope, reorganize our rack and survey the view.

After a light lunch, we sign the register, take a few photographs and prepare to descend. Since we are situated on top of a rock with more or less sheer sides, climbing down is neither safe nor advisable. So we will rappel, a method similar to a belay, allowing a controlled descent on a rope.

We make use of the lonely tree again and dangle the rope down the mountainside so the ends are more or less even.

Dale attaches a descending device, made of several carabiners, to his climbing harness, which supports both his waist and legs. The rope passes through the descender to create friction, and a prussik loop is attached.

This is a knot which, while slack, will slide freely on the rope, but grips under a load. It acts as a self-belay in case of a slip or fall.

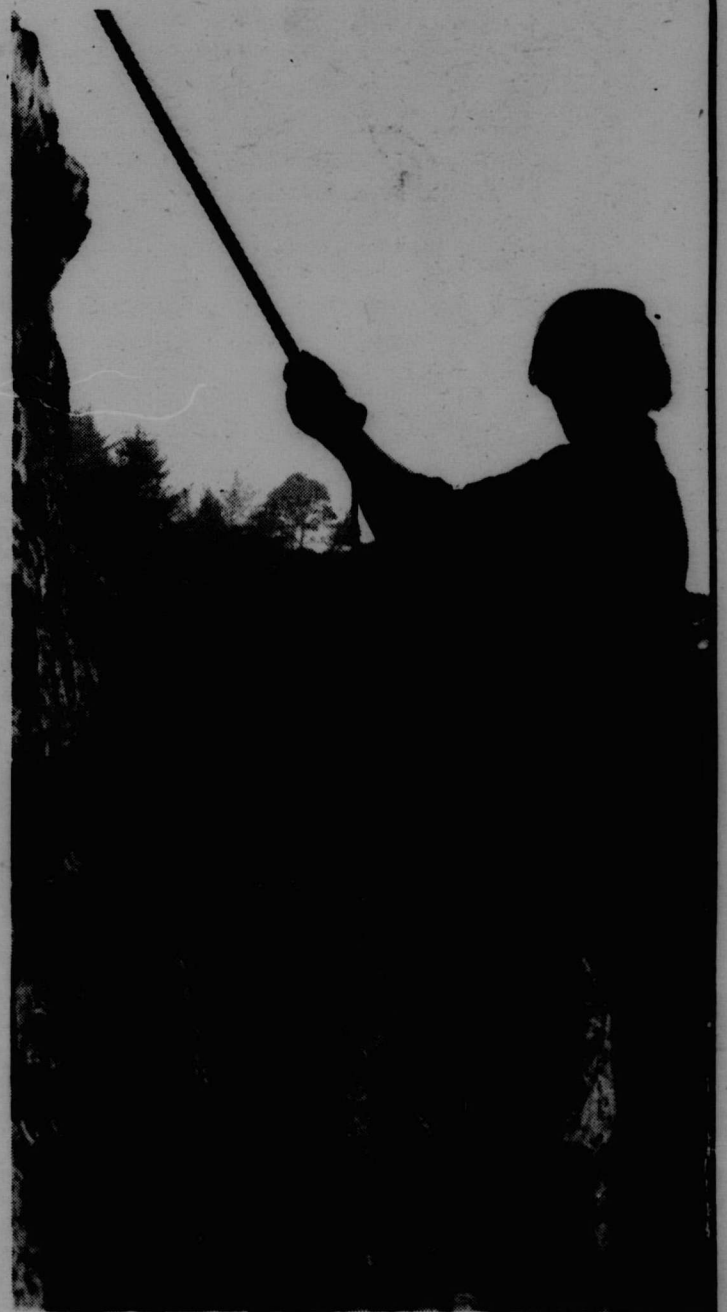
Dale disappears over the edge and a short time later calls out.

"Off rappel." I take one last look around and follow him.

He is sitting on the ledge from which he belayed me on the first pitch of the climb, the rope trailing 12 or 15 feet below him. I disengage myself from the rope and we pull it down to us.

We attach the rope to a fixed pin, or bolt, which was left by some previous climber. (The use of bolts is generally considered bad form, reducing the "wilderness experience," but is usually accepted for use as anchor points in areas of heavy use.)

A short rapel and pull down the rope, a pleasant walk to the car and a long ride home. Already we are discussing where to go next weekend.



Rapeling is sliding down a rope, to create friction and help control. Cypress resident Arden Anderson rappels down Wedding Rock.



# End is in sight for IRA fund distribution

by Don Bradner

Distribution of funds received by HSU from AB 3116, the instructionally related activity bill, is nearing completion.

Milton Dobkin, vice president for academic affairs, said that a committee he chairs has made a number of recommendations to the president, which have been accepted.

HSU received an allocation of \$57,793 to be used from Jan. 1 until the end of the academic year, Dobkin said. The bill became effective Jan. 1.

Over \$30,000 of the allocation

will be used to fund activities at the level which they would have received from the ASB.

"No activity covered by this bill will receive less this year than it was budgeted by the students," Dobkin said.

The president has also accepted the committee's recommendation that several activities not funded by the ASB should receive money.

Those activities and amounts are: golf, \$1,026; swimming (men's), \$1,580; forensics, \$1,670; the Osprey, \$960; Toyon, \$600;

forestry conclave, \$300; range conclave, \$200, and wildlife conclave, \$185.

At the president's request, Dobkin said, the committee considered the question of parity in the funding of men's and women's athletics. As a result, women's athletics were granted \$2,096 in additional funds.

The committee is considering a number of requests for additional funds and will make its recommendations to the president shortly.

Rich Schiffrers, ASB general manager, said the transition

from ASB funding to state funding is proceeding smoothly.

"We started early and anticipated most of the problems, so we are ahead of most of the campuses in the system."

Other aspects of AB 3116 still remain to be completed. ASB officers and members of the Student Resources office staff are making plans for a referendum on ASB fees, required by the bill.

The referendum will be held simultaneously on all of the state university and college campuses during the week of Feb. 24.

## Prison petition support denied

by Don Bradner

Support for a "Petition for the Release of Americans Incarcerated in Mexican Prisons" was rejected by the Student Legislative Council Thursday night.

The council's pool committee had recommended approval of the petition's contents.

Reasons given by council members who opposed support of the petition were varied.

Mack Provart said that he felt the SLC's committees should "concern themselves more with things affecting the campus."

Burt Nordstrom and Associated Students (AS) President Rich Ramirez objected on the grounds that the conditions alleged in the petition were happening in Humboldt County, "but nobody is doing anything about it."

Chairman Richard Rodeman told Marilyn Taylor, a supporter of the petition, that she could provide individual support without official backing.

Ramirez asked for and received council authorization to use \$425 in presidential travel funds that had been frozen in the original 1974-75 budget.

He indicated that he would use part of the money to fund some travel by SLC members.

Ramirez reported to the council about the administration's request to the Arcata City Council to change the city ordinance on dogs. He said that there had been no consultation with students prior to Wednesday's city council meeting.

The result, he said, was that administrator's would "sit back and say, 'the city did it, not us,' but who in the hell asked them to pass the ordinance?"

Ramirez said that, at his request, the matter was tabled until Feb. 5 to allow students to provide input.

Pending legislation which might affect students was discussed by Ramirez.

Specific bills mentioned were AB 153, a constitutional amendment to lower the drinking age to 18, and AB 311, which would provide for primaries to be held in September instead of June.

In other action, the council:

--Approved intents-to-organize for the Rock 'n' Roll Record Freaks and the Humboldt State Society of Individual Psychology.

--Approved the appointment of John Slater, sophomore political science major, to the SLC seat vacated by the resignation of Steve Gallant.

--Heard a report from David Kalb, community affairs committee chairman, on possible HSU cooperation with proposed transit systems.

## SLC introduces open agenda

The Student Legislative Council has established a new agenda item called General Forum.

This item is for members of the audience to address or ask questions of the council on any matter.

The SLC meets each Thursday night at 7 in NH 106. Students are invited to attend.

# WHAT IS AB 3116?

## \$2,600,000

has been appropriated by the Legislature to assist in the support of instructionally related activities on the nineteen California State University and College campuses.

At Humboldt State University, instructionally related activities presently include: Intercollegiate athletics, student produced radio, film, music and dance performances, drama and musical productions, art exhibits, publication, and forensics. These activities here-to-fore have been partially funded by student fees. Additional activities associated with other instructional areas may be added in the future.

Programs such as major campus concerts, lectures, and movies do not come under the IR umbrella, nor do Y.E.S. programs like legal aid, car pools, Community Calendar, tutorial, CONTACT, adopt-a-grandparent, juvenile hall recreation, and day camp. Children's Center, EOP, the marching band, and others are not included either.

In February you will be asked to vote in an advisory referendum election to decide whether to maintain student fees at their present level or to cut ASB fees. State money has been allocated to fund some programs previously funded by ASB fees. The portion of the current fee which is being spent on instructionally related activities is 41.57%. You can advise the University president and the Board of Trustees to maintain the current fee level at \$20 or to cut the fee 10-50%.

## IT'S UP TO YOU.....

If you want further information or if you feel strongly about this issue and want to know how to make your feelings known,

Come to:

Student Resources Room 204 Nelson Hall

Call:

826-3310



## City council considers birth center; canines at HSU

by Emily Kratzer

Seats were hard to find in the crowded Arcata City Council chambers last Wednesday, as supporters of the People's School of Medicine Birth Center overflowed the room.

After finishing preliminary agenda business, the council changed the order of old business to consider the birth center's request for support before other items.

At the Jan. 8 meeting of the council, Bill Fisher a spokesman for the People's School of Medicine (PSM) had asked the council to send a letter of support for the birth center to the Humboldt County Medical Society and the Humboldt County Health Department. He said the center was under political attack by the local medical field. (The PSM Birth Center trains mid-wives and gives pre-natal and birth care).

Hospitals in the area, the medical society and the health department were notified about the consideration of the birth center's request so that representatives of those groups could speak to the council.

Fisher read a statement to the council and cited the need for a facility to serve pregnant women who wanted to give birth at home.

Part of the statement read, "We feel your support can be influential at this time in obtaining hospital privileges for the birth center. Privileges must be procured in order to insure that all emergency situations can be dealt with quickly and safely."

At the Jan. 8 council meeting, Fisher had read a letter from area pediatricians, which said that they would not treat premature home-birth babies, but would refer the cases to San Francisco.

Members of the audience who spoke on behalf of the birth center related positive experiences with the center; one woman, a retired registered nurse and public health nurse from Pasadena, told of her daughter's birth experience with the center.

In this case, the daughter was in labor 24 hours before being taken to Mad River Hospital, where it was discovered the baby was in breech position, which the nurse said is usually spotted and corrected early in pregnancy.

Fisher, who usually attends center births, responded that in this case he had been told not to come to the birth, and that midwives are instructed to obtain medical help if labor extends beyond 15 hours.

A similar case of breech birth was recounted by another audience member; that case occurred in a New York hospital.

Dr. Barry Dorfman, head of the county health department, turned up at the meeting although he said he didn't really know why he was there.

"If you say there's a lack of health education, I agree. If you say there's isolation, I agree. If you say we need more control over the institutions which serve us, I agree. But you should apply for privileges under licensing laws," he said.

Henry W. Schoenlein, of the State Department of Health Facilities Licensing Section said, "I wish to state that there are regulatory functions of the state which apply to licensing, though I am not saying we're not sensitive to the needs of people."

(After the issue had been dealt with by the council, he said he had been aware of the existence of the birth center for about a day.)

The audience applauded Dorfman when he said he thought there was a need for an alternative (to hospital care during pregnancy and at birth).

"I feel progress should be done within the law, the same laws as apply to doctors," he said. "I feel strongly about this. When I came here I talked with Fisher. There has been a feeling that people in a suit and tie are no damn good."

Ward Falor, administrator at the Mad River Community Hospital said, "I don't object to what these people pretend to do. In Mendocino they have a shortage and have chosen the same route as you have here. But the people who headed it up took time to get licensure."

"I don't object to what Fisher is doing, but we get his messes. I think what he's here for tonight is to force the hospital to take the problem cases."

There are several irregularities in the birth center's operations, and one is that the building it operates out of is improperly zoned for such activity, accord-

ing to Storey. (It is zoned for a single family residence).

Council member Daniel E. Hauser summed up the situation when he said, "If we're going strictly by our area of expertise, we should only consider zoning. I don't feel the issue should be before the city at all."

Council member Wesley Chesbro introduced a resolution which in effect affirmed a woman's choice to have her baby at home or in a hospital, and urged the medical society and county health department to attempt to work with the birth center to "develop an adequate and safe program for home delivery."

"I think it's important to get the two sides together—there are two sides. I got a letter recently from the county saying there was only one side," Chesbro said of his resolution.

The resolution passed with minor changes. Council member Paul Wilson cast the only "no" vote.

After this action, Mayor Alexandra Fairless called a five-minute recess while some 130 people who came to support the center left. (The posted occupancy load of the room is 64).

The council also considered a request by Donald Strahan, HSU vice president for administrative affairs, to modify a city ordinance so unattended animals could be picked up on the campus. The ordinance applies to the Arcata Plaza at present.

Strahan proposed, in a letter to City Manager Roger A. Storey, that animals be picked up and held at a retention center on campus until 4:30 p.m., when the Arcata poundmaster would take unclaimed animals to the city pound.

"If this has effect, it will result in a decrease of animals," he said. "The rule now is no dogs except seeing-eye dogs. The plan is modeled after one at Chico."

"We want to start off with no fines. There's been no problem with dropping off dogs for holding at Chico—we hope our students are as responsive and responsible."

Rich Ramirez, Associated Students (AS) president, told the council the plan had been made over vacation when students were out of town. He believes the

issue was "an in-house issue and should be between the university and the students."

Lloyd Dinkelspiel, ASB treasurer, said, "I feel the ordinance would encourage leaving dogs in cars all day long with windows rolled up completely, and I don't think that's very humane."

"As far as a retention center goes, you should have a place to check dogs in—it would cost as much as holding them."

Commenting on this, Chesbro said, "The point of facilities is well taken. The energy expended would be about the same. I think it would be a good idea for the Student Legislative Council (SLC) to consider."

The council agreed with Ramirez about the problem being in-house, and held the issue over until the Feb. 5 meeting.

In his report to the council, Storey said he was working on specifics of city preparedness for emergency services, such as civil defense or disaster response.

"I tried to find out the responsibilities of responding to disasters

and emergencies," he said. "This includes civil disorder and enemy attack, though I figure any enemy attack on us would just be practicing."

Storey is preparing emergency ordinances for the council to consider.

In other action the council: —adopted a city bike path system.

—adopted an ordinance which set a moratorium on condominium developments and conversions from Jan. 15 to Dec. 1, 1975. The action was taken to allow the General Plan Review Committee to plan for future condominium development.

(At the Jan. 8 council meeting the council authorized the conversion of the apartments at 8th and K Streets to condominiums. This conversion is expected to take place over the summer.)

—voted to fund the North Coast Environmental Center, matching \$600 of funding approved by the SLC. (Chesbro, as an employee of the center, abstained from the vote.)

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# County food stamp program teaches patience to new recipients

by Mark Weyman

"Our employees must call police if threatened or sworn at."

This citation from the California Penal Code greets all prospective food stamp applicants at the Humboldt County Welfare Department office, 211 Fifth St., Eureka.

Patience is definitely the watchword for newcomers to the

According to Beckwith, November figures show almost 10 per cent of Humboldt County residents are food stamp certified. She said there are 400 more cases this year than last involving 600 persons.

As of May, 1974, 63 per cent of county recipients were students.

Beckwith is one of two supervisors in the non-assistance food

The major abuse of the program seems to be self-abuse, according to Beckwith. She said many persons purchase junk foods rather than nutritional items such as milk, fresh vegetables, meat or eggs.

"Actual abuse," said the eligibility supervisor, "comes where persons would probably not be eligible if they told the whole story of their living situation."

Presently, a student is eligible if he or she is enrolled at least half-time and:

- 1) lives in Humboldt County,
- 2) No household member has access to a credit card in the name of a person not a household member,
- 3) Has some means of meal preparation,
- 4) Financial resources do not exceed maximum limitations,
- 5) Is not receiving social security income.

She noted some changes she would like to see in the program, one of them being an increase in benefits by numbers of recipients. Beckwith said her sympathies lie with students. She would like to see the whole system changed so students could get food coupons through their school.

Many recipients of food stamps have recently had to pay more for their monthly allotment of stamps because of changes in federal regulations. These increases have come in spite of the fact that allotments and income maximum are increased every six months.

President Ford would like to see an increase in the cost of food stamps. Happily, for food stamp users, Congress and consumer groups have registered strong displeasure with his November proposal.

their stamps can expect a visit within the first four months of certification. Every food stamp recipient is visited during each year of certification or recertification.

Students are required to provide the name and address of parents or guardians. The supervisor said regulations allow the welfare office to communicate with parents.

Refusal to cooperate with eligibility workers making a home visit can be the basis for denial of certification.

An informal poll was taken of some local grocery store managers and yielded few complaints about the food stamp program. In fact, Bill Kuhlwein, manager of Sunnybrae SENTRY Market, thinks the program is a good idea.

"I pick up extra business," he remarked, "from people who couldn't afford to buy if they didn't have stamps."

Kuhlwein said approximately 25 per cent of his gross daily income comes in the form of food stamps during the school year.

Jim Phillips, manager of Westwood Market, said "The only hassle is that it is a little slower in line because many people don't know what they are allowed to buy."

Arcata Safeway manager Bob Palmrose registered no objections, except for a little extra paper work. "It's money," he said.

Palmrose added that some shoppers have accused the store of harassing them because they used food stamps. He said there is no truth to the accusation, noting that until recently, stores were not allowed to accept large denomination (\$2 and \$5) coupons if detached from the coupon book.

An example occurred recently when one of the checkers asked a man to show his coupon book. The numbers didn't match those on the stamps, and the checker refused them. The man swore at her.

The National Observer article noted more than twice as many Americans are eligible for food stamps than are receiving them. The \$4 billion-a-year program is showing unforeseen growth because of rising unemployment.

Information is available from the Humboldt County Welfare Department on procedures for appeal if certification is denied. There is also nutrition information for obtaining the greatest benefit from food-stamp purchases and information on qualifying for food stamps.

County food stamp information states that garden seeds and plants to produce food for personal use are allowable purchases.

In spite of more stringent and less ambiguous federal regulations, the national trend in the food stamp program seems to be toward making eligibility available to a broader spectrum of incomes and living situations.

**President Ford revealed plans Friday to cut allocations to the federal food stamp program by \$426 million.**

Rosemary Beckwith, eligibility supervisor for the Humboldt County food stamp program, could not be reached for comment on the repercussions that would be felt by local recipients if Congress should approve this budget cut.

If such a large paring of funds occurs, it seems certain that food-stamp recipients will pay more for their monthly allotments.

Humboldt County Food Stamp Program. According to an article in the Jan. 18 issue of National Observer, almost 250,000 Americans are certified every month to receive food stamps.

Rosemary Beckwith, Humboldt County food stamp eligibility supervisor, said that by February, "No one should have to wait more than 10 days to get food stamps if they are certified."

However, food stamp recipients have grown in number nationally from 3.5 million in 1968 to almost 16 million, according to the National Observer. Lines at the Humboldt County welfare office reflect this trend as well as growing unemployment.

stamp program. Under new federal authorization, the staff at the Eureka office will ultimately comprise 35 personnel. They will only handle food stamp applications from persons not receiving any other form of welfare (excluding unemployment compensation).

It is a common misconception to think of the food stamp program as a welfare program. The county welfare department and the U.S. Department of Agriculture Food and Nutrition Service, which administers the program, clearly state the stamps are a food program.

The purpose of the program is "to help low income people eat better," according to welfare department brochures.



Non-students must be registered for work with the department of employment.

Several items will be deducted from an applicant's gross monthly income to determine if the net income exceeds the maximum. Tuition, mandatory educational fees and child care costs necessary for employment are among deductible items.

The size of a household is determined by the number of residents sharing living, eating and food preparation facilities. All members of a household are considered for certification of a food stamp allotment. Persons living together can no longer apply individually.

Food stamp allocations do not increase by the number of persons per household, Beckwith said. With each additional person, the increase becomes smaller.

Those who envision wheels of fortune spinning out easy money, should know that fraudulently obtained food stamps carry a penalty of up to five years in prison and/or \$10,000 in fine.

In addition, the county welfare department is required by law to visit the home of every recipient for a personal, in-depth interview.

According to Beckwith, the home visit is made to verify income, residence and number of persons in the household.

"We are not required to give prior notice," said Beckwith, "but, as a courtesy, the welfare department in Humboldt County will attempt to make contact by phone before making a home visit."

Persons paying nothing for

## KHSU will air classical music and basketball games

Humboldt's chamber music concerts and symphony programs will be aired on KHSU-FM.

Programs air at 90.5 on the FM band and will correspond to regularly scheduled music programs on alternate Saturdays and weekdays at 8:15 p.m..

Specific times are in KHSU's free program guide available at the station LA 305.

Lumberjack home basketball games will be broadcast live on KHSU-FM. Senior journalism majors Steve Pegg, Doug Silveri, and Steve Smith will be calling the play-by-play actions during the four home games remaining.

The sports broadcasting team will also write and produce a weekly sports-rap show highlighting local sporting events that will air Friday evenings at 7.

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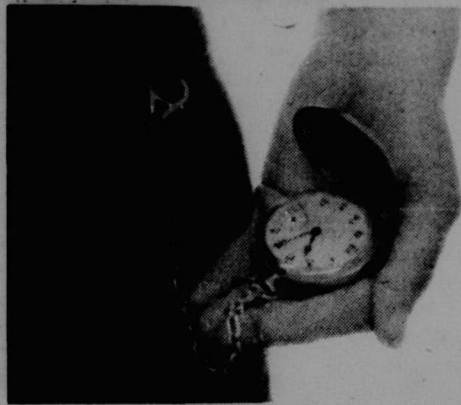


# more spring schedule...

(Continued from page 1)

That makes spring quarter the only feasible time to try out the new system and still have a margin of seating safety, Ridenhour said.

"If we keep going the way we have been (with regard to scheduling), while having some growth, we stand to lose lecture facilities with no chance of replacing them," Ridenhour said.



The criterion used by the chancellor's office and Ridenhour to determine whether or not HSU is properly utilizing its classroom space, are use standards.

"These standards are preventing us from getting more space because they point up the inherent lack of use of existing classrooms," he said.

Traditionally, Fridays are the days on which classroom space is most available and least used. Ridenhour said this lack of use is caused by four-unit classes that meet for an hour Monday through Thursday.

The four unit class is a carryover from the semester system of scheduling he said. "This Friday situation is a result of going from semesters to quarters."

Ridenhour denied that the new scheduling system was a first step in returning to the semester system.

"People may become so discontent with it (the new system) that they will want to go back to semesters,"

he said, "but that was not the intent."

When asked if the new system was brought about as an effort to force HSU's faculty to remain on campus for five full days, Ridenhour said, "No, but it will have that effect."

How will the new scheduling system increase class utilization? "What it all amounts to is picking up one class everyday," he said. "Every little bit helps." everyday," he said. "Every little bit helps."

Asked if proper class utilization could possibly be reached by increasing night school enrollment, Ridenhour said, "It is hard to pick up the unused seats at night because students and faculty feel they have put in enough hours between 8 a.m. and 4 p.m."

He said there were other possible solutions to the problem: altering the number of units from four to three and restructuring the curricula of all those classes or running four-unit classes on a round-robin classroom scheduling basis.

"Obviously, there are other solutions," Ridenhour said, "but I feel the one that was picked is the most practical and least difficult to implement."

In regard to the concern that has been expressed over the feeling that the new system will create more scheduling conflicts for students who are required to take labs, he said, "We will try to have classes break evenly at 11 a.m. and 2 p.m., to help avoid such conflicts."

Ridenhour explained this when he said a student can take a 70-minute lecture class in the morning at 9:40 and be out in time to pick up a three-hour lab at 11. The 2 p.m. break will be used in the same way.

In a recent interview, chairman of the wildlife department, James Koplin, expressed the same belief as Ridenhour about the effectiveness of breaking classes at 11 a.m. and 2 p.m. to avoid lab and lecture conflicts.

"This (new system) will only have a minimal effect on the wildlife department," he said. "Most of our courses are three hours of lecture and three hours of lab anyway."

"Some scheduling conflicts are inevitable, but I

don't think it will be widespread," Koplin said.

During an interview last week, Robert Burroughs, chairman of the English department, said classes which are offered every other day (as proposed under the new system) can be beneficial to students.

"English is the kind of subject where this is needed," he said. "It allows time between classes for students to absorb the material and reflect on it."

Burroughs also said, "I think the system is good, but I am skeptical of any system that imposes uniformity on everyone."

Also skeptical of imposed uniformity is Nick Mousouris, chairman of the math department.

Mousouris said last week, "We (the math department faculty) feel math is most effectively taught in little doses, spaced closely together."

He said the basic objection of his department to the new system, is the additional strain lengthening class time will have on the attention span of students.

"We feel the best solution would be to go back to the semester system and change four-unit classes to three-unit classes," he said.

Mousouris said his department will go along with the new change, "but we won't like it."

Ridenhour said he is aware of the objections of some departments, such as math, but he said he can't make any exceptions.

"We need the cooperation of all departments, under the new system, so the necessary flexibility will exist, so better classroom utilization will occur."

"We are going to test it out this spring," he said. "If it creates more problems than it solves we'll have to try something else. Fall quarter is still wide open."

The most "compelling reason" for dropping the new system would be the inability of students to get adequate schedules, Ridenhour said.

"I'm fairly confident it will work out," he said. "I don't think it will be as bad as these odd ball hours imply—I hope!"

If things work out, some students may end up with two days off, Tuesday and Thursday, instead of the previous one, Friday.

And the alternative seems to be Friday.

## Class Lengths for Spring

2 units		Th 50 min., starting at the hour
3	MWF 50 min., starting at the hour	Th 75 min., starting at 8:10, 9:35, 11:10, 12:35, 2:10 and 3:35
4	MWF 70 min., starting at 8:15, 9:35, 11:15, 12:35, 2:00 and 3:20	Th 100 min., starting at 8:00, 10:00, 12:00, 2:00 and 4:00
5	MWF 80 min., starting at 8:00, 9:30, 11:00, 12:30, 2:00 and 3:30 Daily 50 mins, starting at the hour	

## more HSU grades...

(Continued from page 1)

### Percentages of Undergraduate A's or B's Spring 1973

Sonoma	82.2
Chico	75.2
Humboldt	74.8
San Francisco	74.4
Stanislaus	73.1
Sacramento	71.1
Fresno	71.7
San Bernardino	71.5
Bakersfield	70.8
Dominguez Hills	70.3
Fullerton	69.8
San Luis Obispo	67.9
Northridge	67.6
San Diego	67.2
San Jose	66.4
Hayward	66.1
Long Beach	65.9
Los Angeles	65.2
Pomona	64.5

entering students and grade point averages given by nine of the schools within the system. Our ACT scores were high. Our GPA's were high." By this analysis, it could be said that Sonoma was grading too easily, and Long Beach too tough. The rest of the schools, Humboldt included, represent only random deviations from the mean.

"In other words, we are grading fairly and correctly."

It is not only between campuses within the system that grades vary. At HSU there are wide distributions of grades between departments in the same schools.

In the Spring Quarter of 1974 one department gave 77.5 per cent A's. In the rest of the departments in the same school A grades ranged from 34.3 per cent to 18.7 per cent.

Grades vary by course and instructor. Within a single department in the spring of 1974 one instructor gave A grades to 36.8 per cent, 46.7 per cent and 58.3 per cent of the three classes he taught. A fellow instructor gave A to 13.3 per cent, 12.8 per cent and 0.0 per cent of his 3 classes.

Some departments are more consistent. In the spring of 1974 in the School of Science, the chemistry department gave the smallest percentage of A's, the smallest percentage of B's, and the highest percentage of C's, D's and F's.

"We grade realistically," Robert A. Wallace, chairman of the chemistry department, said in an interview.

Chemistry is an inherently difficult subject, requiring a strong background in mathema-

tics. A lot of the problem is that incoming students have a poor math background. I'm not at all surprised at the percentages."

Grading at Humboldt may be too lenient or too difficult, but the C average, on this campus, has not existed for years. Spring Quarter 1974, the average undergraduate GPA was 2.99.

Barratt said, "It gets to be a complicated question the more you look into it. There are no easy answers."

## Weekend Elvin Bishop rock concert cancelled

The Elvin Bishop concert, scheduled for this weekend, has been canceled.

University Program Board (UPB) sponsors were informed of the cancellation by concert promoter Norman R. Cheney, who said Bishop was ill.

Ticket refunds are available at all ticket outlets, the University Center Information Office and Recordworks in Eureka and Arcata. Tickets must be presented for refund.

The UPB is investigating possible legal action as well as a

change in arranging concerts.

There will be a "serious review of the entire concert structure and procedure," said UPB Chairman Milton Phegley. "We have a reputation to uphold."

## CLASSIFIED

Tap-Jazz dance classes now forming in Arcata. Call 822-4947 for information.

MODERN DANCE CLASSES Wed., 4:30-6:00, Interhal School 1251 9th, Arc., Thurs. 6:7-30 1011 H St. Eureka. Beginning Ballet Class Tues. 6:7-30 Dance Co-op 10th & H Arcata, 442-6317.

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## more drug survey...

(Continued from page 1)

product, this isn't always the case, Headley said. As the food carried by different restaurants, brands of drugs carried by various stores differ.

"YOU HAVE TO HOPE the pharmacist stocks only things of good quality," he said.

When a physician writes the generic name of a drug on a prescription, a person is entitled to ask his druggist for the least expensive, generic equivalent of a more expensive brand name drug.

Or the patient may ask for the expensive brand, pay a bit more, and go home wondering if it would really have been a risk to buy the less expensive generic equivalent.

"It probably wouldn't be taking a risk, but you might not get as good a product if you don't get the well-known brand," Headley said.

Dr. Henry Simmons, former director of the FDA, disagrees.

"BASED ON MANY years of experience, we are confident there is no significant difference between so-called generic and brand name products on the American market," Simmons said.

McLean, the only pharmacist at Sunny Brae

Pharmacy, says there is sometimes a difference between brands of drugs and that he relies on certain companies who produce them.

The consumer's guide indicates pharmacists have confidence in certain drug companies. Consumers should ask their doctors to write the generic name of the drug he is prescribing, then ask the pharmacist for the least expensive drug that is the generic equivalent and of the same quality as the brand-name drug. The problem, naturally, is then the pharmacist's in deciding which drugs are, in fact, the best.

Headley said this decision should be the physician's.

"If you're a little short of beans, tell your physician and maybe he can prescribe a less expensive brand of drug if he considers it adequate."

This would be better than waiting and asking the pharmacist, who may be like a car mechanic who can't work well when the customer watches and questions his work.

When a patient asks his physician to prescribe the least expensive brand of a certain drug, judging which brands truly are the generic equivalent of more expensive brands of drugs is the physician's duty.

## Nader sparks spirit of consumerism here

by Mike Goldsby and Keith Till

The Consumer's Guide to Local Pharmacies is a product of Ralph Nader's visit to HSU last year.

When consumer advocate Nader spoke at HSU, he urged formation of a volunteer Public Interest Research Group (PIRG). Earl Bootier, a senior in social welfare at HSU, was one of the founders of the Humboldt County PIRG.

"We were not witch-hunting or picking on anyone in this survey," Bootier said. "All of the information is public record."

Lloyd Dinkelspiel, a junior in Chemistry and associated students treasurer at HSU, said the drugs used in the survey "are representative of the drugs most commonly sold." The list shows drugs from the categories of tranquilizers, pain killers, antibiotics and contraceptives.

Dinkelspiel said each drug store is required by law to post a list of 100 commonly used drugs and the price the store charges for each drug. The prices of the 100 drugs were averaged.

Both Bootier and Dinkelspiel said the guide was no substitute for shopping. Since every customer's needs differ, they said a pharmacy should not always be selected by price alone.

How do the pharmacists feel about the survey?

"I think, for older people especially, it is very relative," said James Barham, pharmacist at Value Giant, Arcata. "They come in here with a \$60-Social Security check and buy almost \$50 of drugs. I don't know how they do it."

Ray Elliott, pharmacist and owner of Modern Pharmacy in Arcata, called the survey "misleading. My pharmacy and others were quoted incorrectly."

Elliott said the prices attributed to his store in the survey were his "ceiling, my maximum price." He said the wholesale prices of drugs are changing day to day.

He said he does not have time to constantly change the chart, so he posted his ceiling but charges customers lower prices.

"My prices are higher than the large stores," said Elliott, "but I can offer more services and personal attention."

James Barham, the pharmacist of a large store, Value Giant, said, "The large stores provide a much needed service, but so do the small stores."

Barham said, "I can't hold a guy's bill for three months until he gets back to work. I can't spend time explaining laxatives. I can't deliver. The independents can offer these types of services."

But a local independent, Northtown Pharmacy, recently went out of business. And the pharmacies in chain stores are packed with customers.

Like the small family grocer, the independent is feeling the pinch.

"The large chains stock all of the merchandise, including drugs, to fit the needs of, say 80 per cent of the people, said Arcata dentist Peter Ball. "It would be sad to lose the independents."

Losing the independents can affect the consumer whose most difficult task remains selecting a pharmacy. Efforts to make the selection easier, like publishing the consumers' guide, take time.

"This project was about two months in the making," Bootier said. "I hope one outcome will be to generate more interest in our future projects."

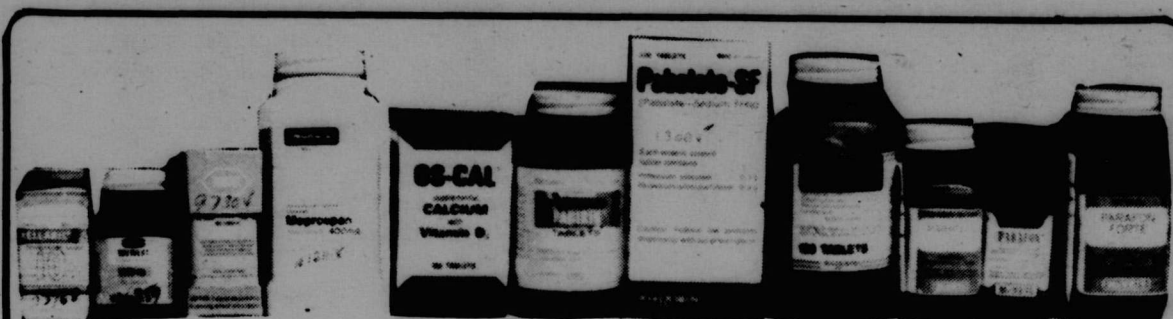
Bootier said the subjects of future projects are not definite, "But we are looking at the possibility of surveying the large apartment complexes."

## Speech center aids children

The Speech and Hearing Center has openings for children in its Child Language Development program.

The program is for children who need assistance with language and speech.

For further information contact Walter L. LaDue, director of the Speech and Hearing Center, extension 3476.



The price relations shown are based on a theoretical "average" drug store. A rating of -10% for a pharmacy would mean that the pharmacy is 10% less expensive than the "average" price charged by the drug stores in the survey area. Also, a rating of plus 10% would mean that the pharmacy is 10% more expensive than the "average" store.

Pharmacy	percent	Valium 5mg. (30 pills)	Darvon 65mg. (30)	Elixir Compound with Tylenol 3 (30)	Tetracycline 250 mg. (30)	V-cillin-K 250 mg. (30)	Orbidon 1/50-21 3 mo. supply	Norlestrin 21 3 mo. supply	Services offered*
1 Value Giant, Eureka	-39.08	\$4.35	\$3.90	\$2.70	\$1.60	\$5.75	\$4.89	\$4.50	1, 2, 4, 5, 6, 8
2 Value Giant, Arcata	-37.30	4.35	3.90	3.28	1.60	5.75	4.89	4.50	2, 4, 6, 8
3 Long's Drug Store, Eureka	-34.27	4.75	4.40	4.00	1.85	4.30	4.99	4.98	2, 4, 6, 8
4 Payless Drug Store, Eureka	-19.61	5.55	4.95	3.45	2.73	5.55	4.89	4.59	(as of Jan 1), 2, 3, 4, 5, 6, 8
5 Cloney's Pharmacies, Eureka	-14.47	5.80	5.80	4.00	4.25	5.85	6.00	5.25	1, 2, 3, 4, 5, 6, 7, 8, 9
6 Baza'r Pharmacy, Eureka	-11.90	5.99	5.99	4.29	3.49	5.59	4.95	4.95	2, 4, 5, 6, 8
7 Sunny Brae Pharmacy, Arcata	-11.08	6.13	5.88	4.80	3.25	6.08	6.95	6.95	1, 2, 3, 4, 5, 6, 7, 8
8 Ron's Villa Rexall Pharmacy, McK.	-10.01	6.00	6.00	4.40	3.00	6.55	6.50	6.50	1, 2, 3, 4, 5, 6, 7, 8, 9
9 Myrtle Towne Pharmacy, Eureka	-5.01	6.75	6.00	4.50	4.00	6.10	6.75	6.50	1, 2, 3, 4, 5, 6, 7, 8, 9
10 Mad River Pharmacy, Arcata	-1.20	6.55	6.00	4.70	4.00	6.10	6.00	6.00	1, 2, 3, 4, 5, 6, 7, 8, 9
11 Barnes Rexall Drugs, Arcata	-0.93	6.85	6.00	4.70	5.05	6.10	6.95	6.50	1, 2, 3, 4, 5, 6, 7, 8
12 Buxton's Drugs, Eureka	2.09	7.65	6.75	5.65	3.95	6.90	7.45	7.45	1, 2, 3, 4, 5, 6, 7, 8, 9
13 Henderson Center Pharmacy Inc., Eur	6.48	7.95	7.40	5.60	4.40	6.55	7.95	7.50	1, 2, 3, 4, 5, 6, 7, 8, 9
14 Green's Fortuna Pharmacy, Fortuna	11.96	8.95	6.15	5.35	5.40	7.65	6.75	6.75	1, 2, 3, 4, 5, 6, 7, 8, 9
15 Cooper's Pacific Pharmacy, Eureka	15.28	8.70	7.85	5.70	6.20	9.50	7.25	7.25	1, 2, 3, 4, 5, 6, 7, 8, 9
16 Bowman's Rexall Drug Store, Fortuna	16.86	8.35	7.50	5.85	5.45	7.65	7.25	6.25	2, 3, 4, 6, 8, 9
17 Redwood Drugs, Eureka	17.89	8.95	7.50	4.95	6.50	7.95	7.95	7.95	1, 2, 3, 4, 5, 7, 8
18 Ritchie Woods Rexall Drugs, Eureka	39.29	9.80	8.85	6.70	7.50	9.70	7.50	7.50	1, 2, 3, 4, 5, 6, 7, 8, 9
19 Modern Pharmacy, Arcata	46.90	9.75	7.90	6.95	4.90	7.95	10.50	10.50	Not known

## Americans spending \$7 billion yearly on drugs

by Mike Goldsby and Keith Till

Americans spent over \$7 billion last year on prescription drugs, according to an article in the "New Republic," June 2, 1973.

In the article, New York Rep. Ben Rosenthal (D) said, "American consumers are forced to pay over a billion dollars annually in

unnecessary drug costs because of prohibitions on retail ads, overprotective patent laws, exorbitant expenditures by industry and unreasonable markups."

Rosenthal said, "The drug retailer is able to benefit from manufacturers' vigorous price competition, but he denies the same right to the customer."

A study in 1970 by the Social Security Administration reported the drug industry spends more

than \$1 billion a year on promoting their drugs. This equals almost twenty five cents of every industry sales dollar.

However, only six cents of each dollar is devoted to research and development. And to top it all off, the article said almost half of the research consists of finding new ways to mix old drugs and call them new and improved.

Does all of this pay off? For the drug industry, the answer is yes.

The Federal Trade Commission has pointed out that drug industry profits were up 59 per cent in the past five years. Fortune magazine reports pharmaceuticals showed profits second only to those of mining.

The drug industry emphatically denies any charges of monopoly leveled against it. Yet for years it has effectively kept domestic drug prices high.

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# Sports Roundup

by Laura Lee

The wrestling team turned in Humboldt's only victory last weekend by defeating Oregon College of Education 31-6. Hal Morris pinned his man in two-and-a-half minutes to score six team points for the 'Jacks.

In the featured doubleheader last Friday night, both the basketball and wrestling teams were defeated by UC Davis. The men's basketball team lost 63-54. The 'Jacks beat Davis from the floor, scoring 25 field goals to their 24, but Davis capitalized on the 'Jacks 24 personal fouls and scored 15 points from the free-throw line while HSU scored only 4. Bruce Fernandez led all scorers with 25 points.

The wrestling team trailed Davis by 3 points going into the 190-pound division, but lost to Cal 24-12, despite Brent Wissenback's last-minute effort for a pin.

On Saturday the men's basketball team lost to Stanislaus State 76-57. High scorer for the 'Jacks was Clyde Spears with 18 points and 10 rebounds. Mike Johnson scored 10 points and pulled down 12 rebounds in his first start of the year.

Bruce Fernandez continues to lead the 'Jacks in scoring, averaging 19.7 points per game. Bruce Matulich has most rebounds with 71, averaging 6.5 per game and Ron Holcomb

leads in assists with 48.

The women's basketball team dropped two games to Chico State last Saturday in their opening game of the season. The A team lost 81-34 and the B team was defeated 65-30.

High scorer for the A team was Shirley Logwood with 10 points. Robin Roistacher and Sharon Bodman contributed 7 points each. Theresa Boling led the scoring on the B team with 10 points. Laura Lee added 8 in the losing cause.

The women have a break in competition until Saturday, Feb. 1, when they play Cal State Hayward at 10 a.m. in the west gym.

The men's basketball team plays Portland State University tonight in Portland, and the wrestling team is in San Francisco playing San Francisco State. Tomorrow the wrestling team plays Cal State Fullerton in San Francisco, and the basketball team travels to Washington to play St. Martin's College in Olympia.

The men's swimming team will be away this weekend playing Sacramento State on Friday night and UC Davis on Saturday morning.

The wrestling team will be in San Francisco this weekend for an invitational tournament.

The basketball team returns to Washington to play the University of Puget Sound in Tacoma.

## KHSU Introduces New Schedules

by Terrance Rodgers

Radio station KHSU has dispensed with the seniority system of giving veteran disc jockeys their preferred time slots.

According to Greg McVicar, who described his duties at KHSU as "public access director," the disc jockeys this quarter were allotted air time by a selection committee that sought "sound continuity."

Sound continuity is the station's policy of having disc jockeys presenting a variety of music to all types of audiences.

Brian Prows, the station manager, chose the committee of three women and four men.

"The selection committee," said Tom Cairans, the station's music director, "was made up of people who had put time and effort into the station."

Four criteria determined a dj's position in the rotation:

- (1) The type of music the person wanted to play,
- (2) His cooperation and contributions to the station,
- (3) The person's knowledge of the music he or she played,
- (4) The person's style (how the show is to be presented).

McVicar said there were other considerations for deciding a disc jockey's program. "We wanted more women in prime time hours, because radio has been a boy's club for a long time. We also wanted a ratio of men and women on alternate shows. The result of the new system is that just because a veteran disc jockey has been doing a show at a particular time, doesn't mean it's going to be his till he gives it up."

Both McVicar and Cairans said a few people who have been with the station for more than a year were displeased with the selection committee's decisions. Some veterans got shows late at night or early in the morning. Some did not get shows at all.

Carol Mann, who does the "Moonbeams" show from 3 to 6 a.m., was asked during her show last Friday if she was unhappy with her shift. "I'm more than happy I got a show to do at all," she said, explaining that she was new to the station and wanted experience.

## 'Swimming Builds Character'

Photo by Gail Westrup



by John Diaz

A reprieve from the perennial Humboldt County rain has been offered and it seems to have made a big splash with some HSU students.

Between 25 and 35 people choose to forfeit some sleep every day and trek to the university pool and swim laps between seven and eight in the morning. There they find a heated pool, no rain, a sign to remind them "Swimming Builds Character" and a surprising number of other early-morning swimmers.

The program, new to HSU this quarter, was implemented to give students an opportunity to swim laps. It is not to be confused with the student recreation swimming offered Wednesdays from 7-9:30 p.m. and Sundays from 12:30-4:30 p.m..

Varsity swim coach Larry

Angeles reserves the two center lanes for his swimmers during the hour. Angeles termed the new program "successful," but money and pool availability will determine how long the program continues.

"Swimming is one of the best activities for cardiovascular fitness and it exercises every muscle in the body," Angeles said.

Some students were there for other reasons.

"It was a ride to school," explained Terry Helm, a junior nursing major.

Don Loughrey, a senior physical education major, said the morning swim helps him "get going" in the morning.

The program has also benefited from a backwash of discontent with other sports.

Guy Genning has embraced the daily ritual because he ran

track and cross country for five years and is "tired of running." The sophomore speech major took his first plunge last Wednesday and hopes to continue.

Some have used the morning swim as an extension of their search for inner sanctum.

"My roommates and I were getting up early to pray, so we thought we'd swim afterward," said Laurie Hickenlooper, a sophomore wildlife major.

A brave, bearded diver was preparing to take the big dip when he was interrupted in mid-air by Angeles.

"Take a shower!"

"That's something I have to remind students all the time," Angeles said later, "another problem is males with shoulder-length hair not wearing swimming caps."

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## You've come a long way, Wolfie

by Jane Bannerman

Scott Sway, with the help of Wolfie, would like to change the public's image of the wolf.

Wolfie is a 2½-year-old 60-pound Canadian timber wolf from the MacKenzie River Valley area. She was given to Sway by the North American Association for the Preservation of Predatory Animals, for the purpose of educating the public.

Sway and Wolfie, his "public relations wolf," have presented programs at local schools and in 21 states.

"I've spoken to groups from rest homes to Rotary clubs and every kind in between," he said.

Sway, a sophomore wildlife major, talked to more than 150 persons at a Conservation Unlimited meeting last week.

Sway cautioned the audience that Wolfie is shy.

"You have to act more like a wolf than a human when you approach her. But Wolfie loves children and women," Sway said.

He said Wolfie was born a "submissive wolf." Studies have shown that wolves born with slower heart and respiration rates are more submissive than those with rapid rates, he said.

The number of wolves in north America has steadily declined. Sway said there are an estimated

800 to 1,000 in Minn., 5,000 in Alaska and 25,000 in Canada.

Wolves will usually kill sick, deformed or wounded animals first, because they are easier to run down, Sway said.

Contrary to folklore, there has been no documented case of a healthy wolf attacking a person, he said.

Wolves also control their own population. Sway said only the dominant male and female of the pack will breed. Packs usually number 7 to 10 wolves.

Although Wolfie is as playful as a dog, Sway stressed that wolves do not make good house pets.

They can't be housebroken, taught to sit, heel or stay and they won't return on command, he said. When Wolfie isn't in her pen, Sway keeps her on a double chain leash.

Another problem of owning a wolf is "their love to destroy things," Sway said.

Once Wolfie ate her way through a 2-inch door to enter the living room. She ransacked the room and destroyed a couch, chair and television set, he said.

All in all, he said wolves are very demanding pets. Wolfie is persistent and can play the same "game" all day, such as "ambushing" a young dog playmate.



Photo by Kenn. Hunt

Wolfie, a 2½-year-old Canadian Sway, who owns Wolfie, calls her his timber wolf, makes friends with "public relations wolf." He has given audience members at last week's Conservation Unlimited meeting. Scott in 21 states.

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