



*A different perspective on
the most popular Valentine's
Day candy.*

Science, page 17

*Burning Spear to carry its
torch through Humboldt County.*

The Scene, page 21



The **LUMBERJACK**

Humboldt State University, Arcata, Calif.

Vol. 74, No. 17

Wednesday, Feb. 14, 1996



Lonna Angelel's remains found

Campus, page 3

Students defend 2 a.m. curfew
City upkeep and policing chosen as alternatives to an
City Council proposal which would have imposed a 9 p.m.
curfew for the Plaza.

Community, page 11





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FEBRUARY 14, 1996

CAMPUS	3
Angel's remains found near home	3
UPD Clips- A tale of reckless driving.....	6
COMMUNITY	9
Five candidates vie for 1st District spot.	9
Trinity River bill seen as 'step forward'.	10
Arcata City Council leaves curfew as is	11
SCIENCE	17
Chocolate source of extra stimuli	17
Museum offers natural knowledge	18
THE SCENE	21
Burning Spear to light up Club West.....	21
Rants & Raves	23
Eat the Hypo	25
SPORTS.	27
Hoopsters thinking upset over rivals.....	27
February sun lifts softball to sweep	28
EDITORIAL/OPINION	32
Liquid Lunch - Valentine's greeting.....	32
Letters to the Editor	33
THIS WEEK.....	35

CORRECTIONS

The people in the photo on page 12 of last week's edition were incorrectly identified. They are not members of Rough Theatre Collective. They are members of Pretender's Productions.

In the accompanying article the incorrect address was given for the old Arcata Creamery. The correct address is 9th and L streets.

In the Campus section, it was incorrectly reported that events at HSU for Black History Month are being sponsored by HSU. The Black Student Union is sponsoring the events.

The LUMBERJACK

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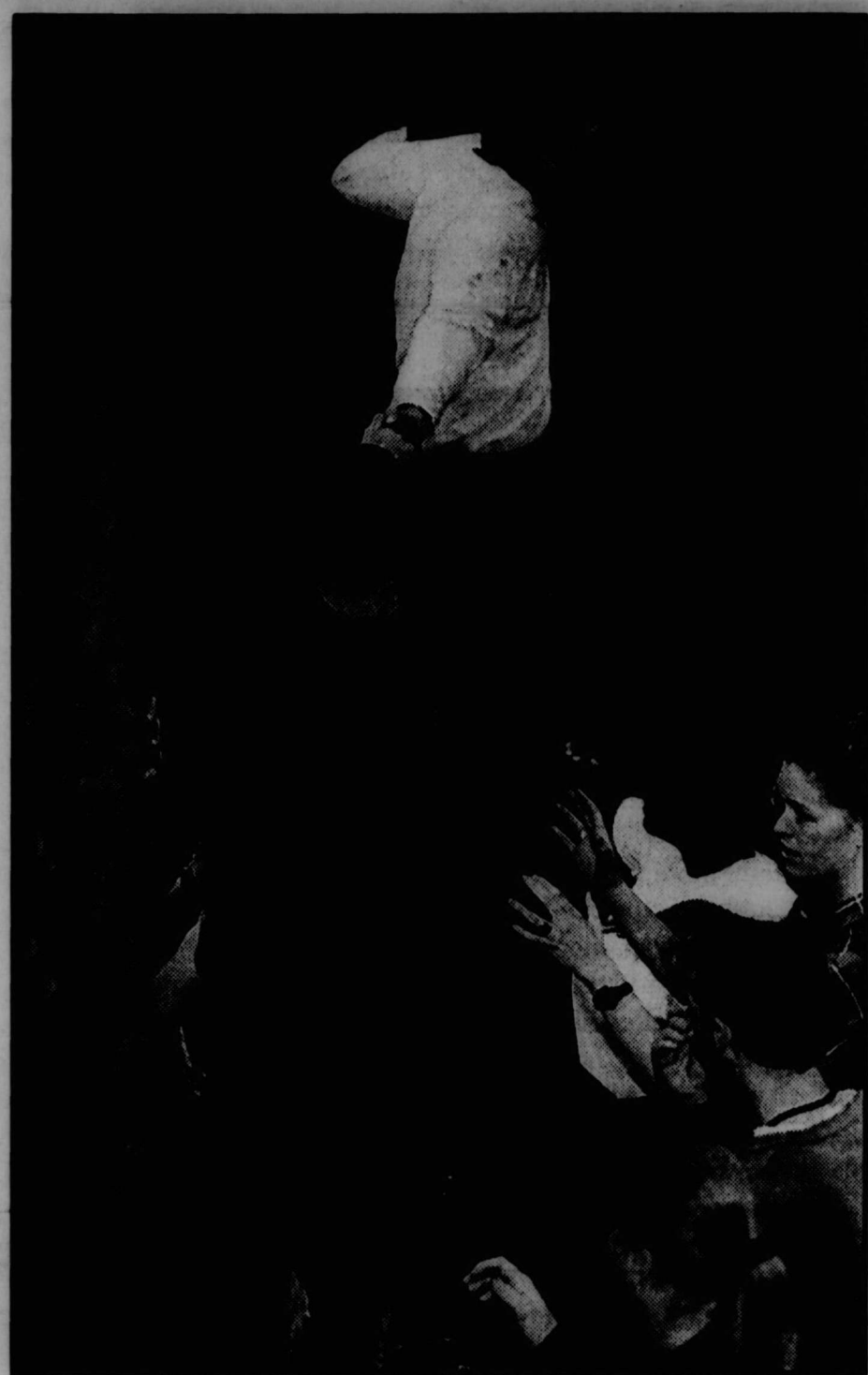
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TODD WUCETICH/LUMBERJACK STAFF

Hang in there

A.S. members Paul Mason (front) and Michael Roundy walk the tight rope at last Saturday's Retreat at Redwood Park. This event emphasized teamwork, trust and positive thinking among the group. Those on the ground would offer verbal support to those suspended above.

Freshman fights to remain alive

By Stacy Ford
LUMBERJACK STAFF

Although still critically ill, Melanie Benn, HSU freshman stricken with meningitis, looks forward to a time when she can return to college.

"Melanie's (well-being) is really very good," her mother Candie Benn said in a telephone interview from San Diego. "She's looking ahead to ... going back to school."

Benn lettered in basketball and diving, sang in the choir and was an honor student at Mount Carmel High School in Rancho Peñitaquitos where she is from.

At 3 a.m. Christmas morning she was rushed to the emergency room and immediately diagnosed with meningococcal infection and given the proper antibiotics, her father Ed Benn stated in a fax.

"This disease acts so quickly that if treatment had been delayed another hour she probably would have died," he stated.

The damage to Benn's body before doctors stopped the growth

of the bacteria was severe.

She had kidney failure, respiratory difficulty and a loss of circulation to her limbs and much of her skin, her father stated.

After two weeks, Benn was stable enough to be transferred to the Burn Center at University of California at San Diego Medical Center under the care of doctors experienced in successfully treating patients with skin necrosis resulting from meningococcal infections.

By this time, Benn's circulatory problems had caused gangrenous conditions in both hands and feet resulting in amputation of both arms below the elbow and both legs below the knee, her father stated. She is still fighting infections from her wounds.

"Her condition changes daily," her mother said. "She has had nine major surgeries and still has two to five more before she can be considered out of the woods."

Larry Frisch, medical chief of staff of the Student Health Center at HSU

See Melanie, page 4

Angelel's body found by Fieldbrook home

By Teresa Mills
LUMBERJACK STAFF

Remains of Lonna Raye Angelel, wife of physical education Professor Larry Angelel, were found Saturday by investigators approximately one mile away from the couple's residence in Fieldbrook.

The Humboldt County Coroner's Office was in the process of doing an autopsy on her remains Tuesday afternoon.

Humboldt County Sheriff's Detective Chris Thiel said at a press conference Tuesday, that he received a phone call at 7:20 a.m. Saturday from someone with evidence that could help investigators trace the location of Angelel, who has been missing since Dec. 17. Although he could not reveal the identification of the caller, he said it came from the Fieldbrook area.

"We ended up at the end of a logging road," Thiel said. "I could smell a foul odor in the area."

Under brush in the area, Thiel said he found what looked like human body parts that had been there for a while and some jewelry.

"Through dental records we were able to identify the body as Lonna Angelel's," Thiel said.

The identity of a suspect was not revealed, but Thiel said an arrest could be made within the next few days or weeks.

testing from Angelel's first husband, whose identity has not been released. In addition, blood samples were taken from Angelel's son, who is from her first marriage and her sister.

Through a process of elimination, the blood samples could help investigators determine if the blood found in the back of Angelel's truck was hers.

Since the disappearance of 47-year-old Angelel, two searches have been conducted on Larry Angelel's property. Rescue dogs were used in a Jan. 6 search of the of the 20-acre parcel in Fieldbrook.

Earlier in the investigation, Thiel said each time the property was searched, investigators found more information on Angelel's disappearance, but said he could not reveal what they found.

Lonna Angelel was annulling her 15-year marriage to Larry Angelel in order to join a monastery in San Diego.

Larry Angelel refused to comment on the discovery of his wife's remains.

"We feel we have 85 percent of the picture."

CHRIS THIEL

Humboldt County Sheriff's detective



Although further investigations need to be done in the case, Thiel said, "we feel we have 85 percent of the picture."

The day after Angelel's disappearance, her 1986 Nissan pickup truck was found abandoned behind Al's Eureka Truck Terminal. Human blood was found in the back of her truck.

Arrangements have been made to obtain a blood sample for DNA

Students get a kick out of class

By Peter Sciacca
LUMBERJACK STAFF

Hwa Rang Do, an ancient style of martial arts, is a new class offered by HSU this semester.

The class, PE 285, marks the first time it will be taught for credit at a university in the

United States.

Hwa Rang Do originated from Southern Korea and was founded more than 1,800 years ago by a Buddhist priest named Won Kwang Bopsa. At the time, Korea was divided into three kingdoms: Paekcha, Koguryo and Silla.

The martial art was created for

the military application of defending the kingdom of Silla. The soldiers who were trained for this purpose, collectively called the Hwarang, gained legendary status. They were intelligent and admired for heroic deeds, earned a reputation for

See Hwa Rang Do, page 8



THOMAS HAYES/LUMBERJACK STAFF

Hwa Rang Do instructor Dan Perez (left) demonstrates his technique to students Brian Schwartz (right) and Chris Kendall. Perez has been studying the art for 22 years.

Seminar slated

A workshop designed to help people cope with the death of a loved one will be offered Saturday in HSU's Health Center Conference Room from 9 to 10 a.m.

Sponsored by County Mental Health, St. Joseph's Hospital and

HSU Psychological Services, the briefing is designed to focus on creative ways to deal with the issues of death, grief, healing and prevention.

For further information call 826-3236.

Checking out books

On Wednesday, Feb. 21, more than 4,500 books, maps and other materials can be permanently checked out of the HSU Library.

The library will be holding a sale to help purchase new books and with the exception of specially priced books, hardbacks will be \$1; paperbacks 50 cents and maps 25 cents or 10 for \$2.

According to Cheryl Hull, information services secretary for the library and one of the sale organizers, the offerings present a "well-balanced variety."

Reference materials and academic books are well-represented, she said. The sale will be held in the library's main floor lobby from 7:30 a.m. to 7:30 p.m.

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Melanie

• Continued from page 3

said there was no known reason why she got so sick. The disease affects one in 100,000 of the population and is spread by contact with the saliva of a carrier of meningococcal bacteria. Twenty-five percent of the population can be a carrier without getting sick.

In the next two to three months of hospitalization, Benn will face more surgeries. She will have her final skin graft surgery next week, her mother said.

Benn might also need a kidney transplant, her father stated. She will face months of rehabilitation, prosthetics and home health care before she can return to school.

"Her condition is still very, very serious ... but she has a very strong outlook," her mother said. "Melanie wants to live. She has fought so hard and is continuing to fight. She never complains. The nurses and doctors are amazed at her strength and perseverance."

"Melanie's new life will be a constant struggle to do what used to be automatic," her father stated.

However, with the support of family and friends "Melanie's spirits have remained undaunted," he stated. "She is confident that she will overcome the disabilities ... and have a meaningful and rewarding life."

Jan. 26 was Melanie Benn Day at the San Diego Blood Bank and many people donated blood in her name, her father stated. The seniors at Mount Carmel High School, where Benn graduated in 1995, held Melanie Benn Day Jan. 29. Students raised money

"Melanie loves getting letters," she said. "There is a big wall (in her hospital room) she looks at and we put up cards. People can send inspirational posters that we can change every day."

"I think it helps a lot," she said.

"The disease acts so quickly that if treatment had been delayed another hour she probably would have died."

ED BENN
Melanie's father

Due to the necessity of a sterile environment Benn cannot receive flowers, balloons or stuffed toys. She does not have the concentration to listen to books on tape.

However, every afternoon Benn's Jessica brings the mail up and they read it to her.

"The letters are her lifeline," her mother said.

Students wishing to send cards, letters or posters to Benn can mail them to Melanie Benn, 13004 War Bonnet Road, San Diego, Calif., 92129. Those wishing to donate to the Melanie Benn Trust Fund can send checks to the Melanie Benn Fund, Unitarian Universalist Fellowship of Inland North County, P.O. Box 27844, San Diego, Calif., 92128. Make checks payable to the church.

"Certainly this was not the kind of fame that Melanie was seeking in her life," her father stated. "But it did happen to her and she is willing to take on the challenges that were imposed on her."

for her rehabilitation and 90 people gave blood.

Former members of the MCHS Girls Basketball Booster Club are planning a golf tournament in her honor this spring and the Unitarian Universalist Fellowship of Inland North County has established a trust fund in her name to help with mounting bills and to help get her back to school.

Insurance does not cover many of the things the Benn's need before they can get their daughter back into college, her mother said. She will need prosthetics, a wheelchair and a voice-activated computer among other things.

Benn can only speak in a whisper right now and she has little contact with the outside world, her mother said. There are only seven people who are allowed to see her in the hospital.

Benn's mother said one thing people in Humboldt County can do to help is send cards, letters and posters.

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Students walk the globe

By Tammy McCarthy
LUMBERJACK STAFF

Geography, global awareness and geography teacher preparation students kicked off their shoes Friday, Feb. 9 to walk around the "world."

Laminated maps arranged like a flattened globe were situated on the floor of HSU's basketball court by the Geographical Society. A small card was placed on top of each country to explain its location, capital, gross national product, and population.

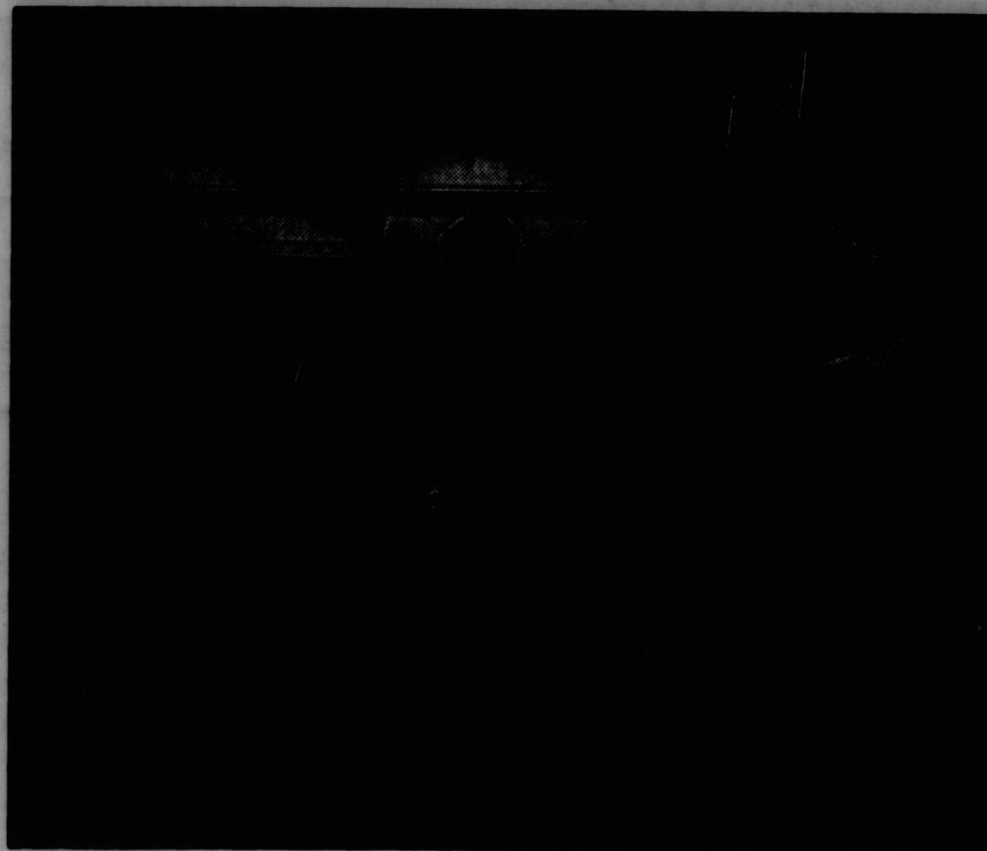
Blue, red and white poker chips represented each country's present population and projected populations for the years 2010 and 2025.

HSU geography professor Paul Blank leads the demonstration every semester but the event took on extra significance this semester.

"The maps are to celebrate 25 years of geography at HSU," Blank said. "In 1971 the first geography student graduated from HSU."

Teacher preparation students used the maps to create new ways to teach geography to various age groups.

"Grades kindergarten through



HEATHER PARKER/CHIEF PHOTOGRAPHER

Geography Professor Paul Blank talks about the giant map.

sixth could use the maps to compare the size of the countries. The maps are an excellent visual aid," said Greg Toleno, a student in the Topics in Geography for Teachers class.

Blank has been collecting the maps for years and first used them as teaching aids four years ago at

Stanford University.

"I wanted to have a way to demonstrate the Silk Road between China and Europe," Blank said. "I decided to use the maps, and they worked very well."

He plans to continue using the maps, with the next demonstration tentatively planned for March.

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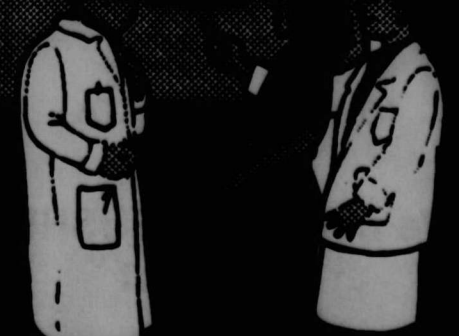
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UPD
Clips

Reckless motorist stopped

Bad driving caught the eye of UPD Officer Tom Babcock while he drove to work Friday evening.

A vehicle traveling on the Samoa Boulevard on-ramp to Highway 101 swerved 15 feet off the road into the grass.

The driver continued on his plush path until slowly reconnecting to the highway when the roadway curved.

Babcock called California Highway Patrol on his cellular phone as he watched the driver travel down 101 toward McKinleyville at 45 mph.

The driver drifted over roadway bumps. Babcock spoke with the driver and a sobriety test was given. A test was given again when a CHP officer arrived.

Although the man had consumed two beers, he was

not legally intoxicated.

"He was just a poor driver," Babcock said.

The driver's performance may have been influenced by not eating for eight hours and going 16 hours without sleep.

• A Juniper Hall resident reported that a man monitors her conversations when she uses her cordless phone. She found out Tuesday when he addressed her while she was on the phone.

Monitoring cordless phone conversations is legal if information obtained from them is not divulged to another person, but monitoring cellular communication is a felony, said Scott Binder, public information officer of the American Radio League.

• Just after midnight Wednesday, two complaints came in of loud bongo drumming in the UC Quad. A Sunset Hall resident agreed to stop for the night.

• Housing reported firecrackers in the Hill Quad Wednesday night. No debris was found and people in the quad said they didn't hear anything.

• The man who assaulted a student on the Cypress trail bridge last week may have been seen at a party in Arcata Wednesday. No one called UPD that night because there was a keg at the party.

• A fanny pack swiped from a backpack in the Associated Stu-

dents office last week was recovered. A checkbook and \$58 in cash were still inside, but \$500 was charged to a missing credit card.

• Several phone calls from a "hostile listener" were received by a KHSU disk jockey about 1:30 a.m. Friday. The caller was upset because his song requests weren't being played on the radio. No threats were made, but the building was checked for security.

• At 1:45 a.m. Friday an anonymous caller from the University Center reported that his coffee had been "altered." No other complaints were received and the circumstances of the event remain a mystery.

• During routine servicing Friday afternoon, three holes from 22 caliber pellets were discovered in the small University Center clock facing the Quad. Damage was estimated at \$50.

• Friday afternoon a Redwood Manor resident needed assistance and called 911. He needed 411 directory assistance. He misdialed.

• A gas station on Alliance Road reported the attempted use of a stolen credit card Friday. The card was stolen at HSU. A juvenile was apprehended, booked and lodged in juvenile hall.

• Friday evening two people were reportedly seen trying to re-

move license plates from a semi at the Theater Arts loading dock. Commercial plates were being placed on the vehicle.

• Fresno County Child Protective Services called UPD Friday with information that a Fresno youth may be living in Tan Oak Hall. Residents said the teenager had been there. The teen was found that evening, taken to the UPD station and released to Child Protective Services in Eureka.

• A Cypress Hall student was seen in the UC quad about 2 a.m. Saturday wearing a bright yellow wind-breaker with "security" written on its back. The student said he had "taken" the jacket from his former high school in southern California. It was confiscated and shipped back Tuesday.

• An anonymous report of a person on the University Center roof yielded four people who had been drinking and gone up there "for the view." They were warned about trespassing and released.

• A student was warned about contributing to the delinquency of a minor when two juvenile relatives, who were not registered guests, were found in a Redwood Hall room. A bong was also seized.

• Obscene phone calls were received by a Living Group Advisor early Sunday morning soon after three residents were "writ-

ten up" for excessive noise during residence hall quiet hours.

• Monday morning a parking officer found a battered parking meter in the library lot. A glass plate was shattered.

• Two men were panhandling Sunday under the LK Wood Boulevard footbridge. One was holding a knife in a non-threatening manner.

Monday afternoon three panhandlers were there with a cup and a sign reading "Why lie, we need beer?" All were told to move on.

• A man was seen firing an air gun in the air from a residence on Granite Avenue Monday afternoon. The Arcata Police Department was notified.

• The library book drop receptacle was damaged by a vehicle Monday afternoon. There are no suspects.

• The UPD Found Property Sale brought in \$1,469 Saturday morning for short-term student loans. Clothes, jewelry, watches and umbrellas were sold for prices as high as \$2.

Compiled by Andrew I. Jones

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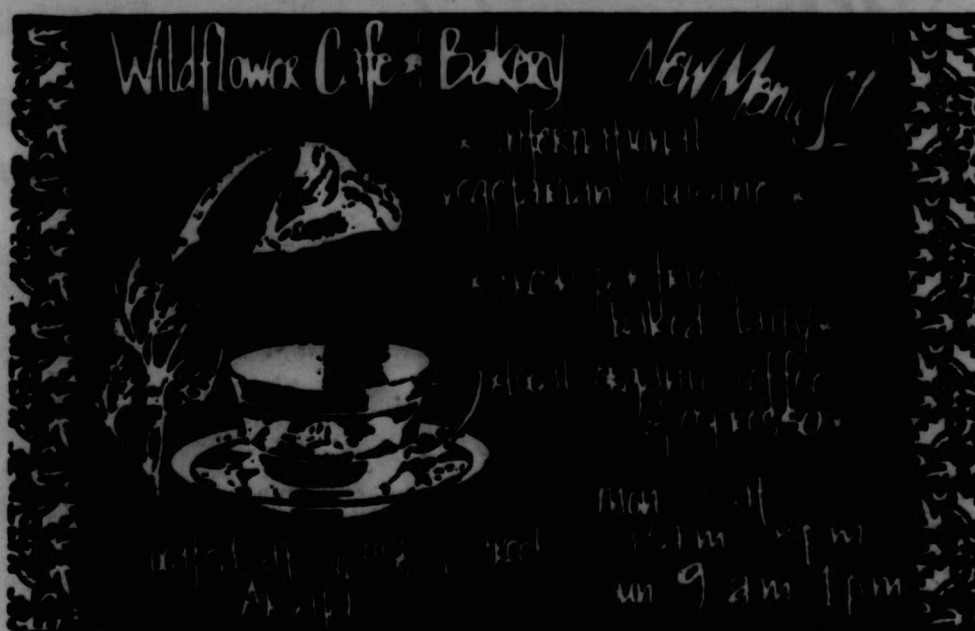
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New ramp built for student use

■ The Information Superhighway is now more available for HSU students, faculty and staff to plug into thanks to 144 new modems in Van Matre Hall.

Richard Latham
LUMBERJACK STAFF

Anyone wondering about the two new ATM-like machines in Van Matre Hall might be pleased to learn about HSU's new on-ramp to the Information Superhighway.

A new Internet provider, SprintLink, was installed last week. Included in the installation were 144 new modems with speeds of up to 28,800 bits per second.

SprintLink brings an Internet carrier guaranteeing users busysignals only 5 percent of the time. Competitive pricing includes a \$12.50 monthly charge giving students and faculty 70 hours of prime-time use (6 a.m. to midnight) and 90 hours of off-time use (midnight to 6 a.m.).

"SprintLink provides a good service for HSU and allows the use of popular browsers like Netscape and Mosaic, which are not available on the student's free service," said Tom Butte, business and eco-

nomics professor.

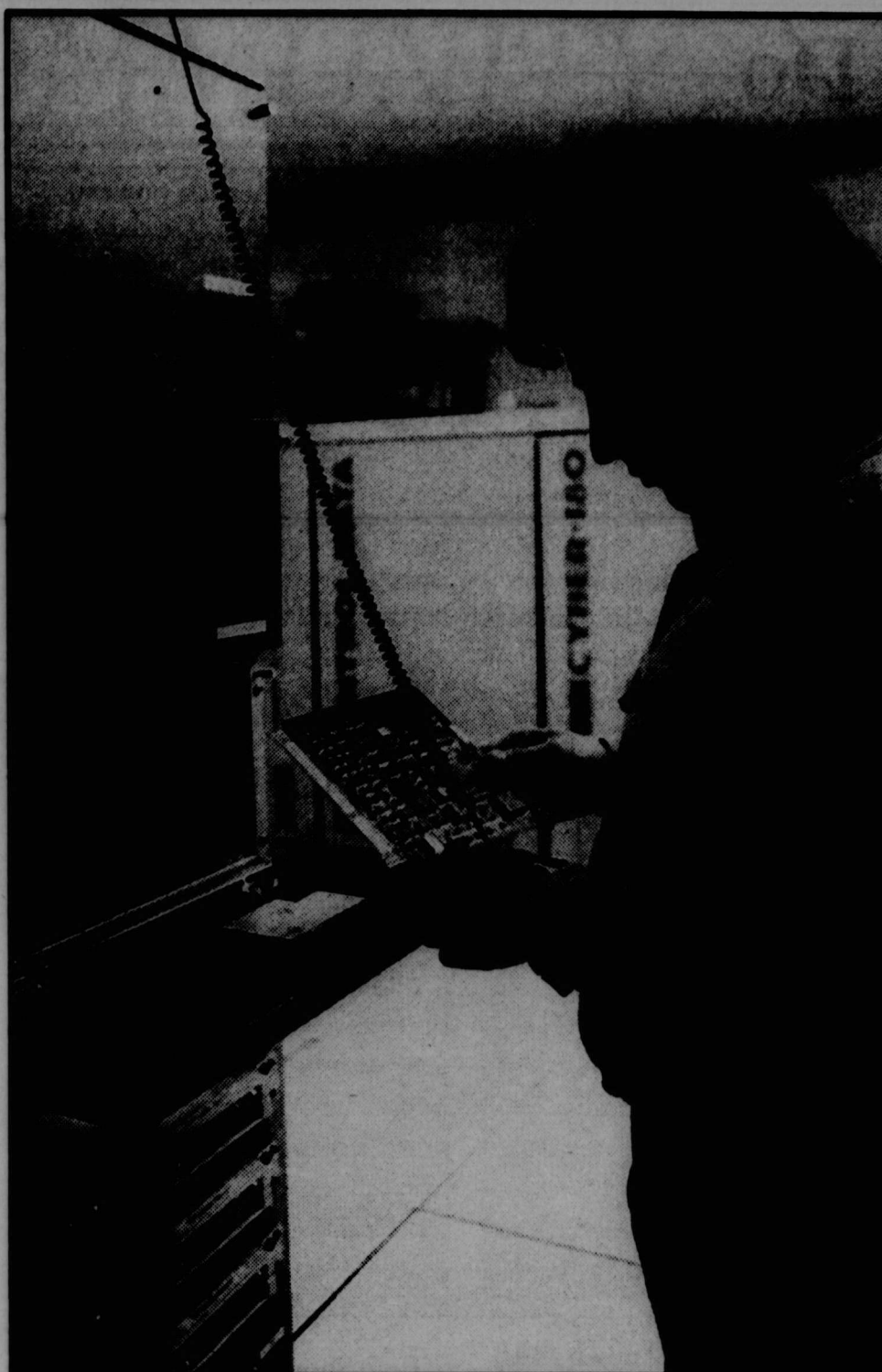
Butte initiated HSU's negotiations with Sprint. He was the first to sign up for the service when it went active Thursday.

"This will allow me to do more work and research at home and hopefully log on with no busy signals."

There are two kiosk machines on campus where SprintLink's services can be purchased. The two kiosks are located in the south lounge of the University Center and across from the University Police Department in the Student and Business Services Building.

Payments can be made by credit card, check or money order.

"A kiosk is just a stand alone information booth where students and faculty can sign up and pay for SprintLink," said Jon Dice, a servicing technician for SprintLink.



MELISSA LUBIN/LUMBERJACK STAFF

Equipment technician Rick Garcia adjusts a piece of the more than 140 computer modems that make up the heart of the SprintLink system in Van Matre Hall.

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Hwa Rang Do

• Continued from page 3

being the most highly regarded fighting sect in Asia and were characterized by a ferocious spirit.

Eventually, Hwa Rang Do proved to be a major factor in unifying the three kingdoms of Korea. However, those who governed Korea during the Yi Dynasty (1392-1910) thought unfavorably of the image created by the warring arts. As a result, the Hwarang was disbanded and teaching of Hwa Rang Do became limited to select individuals in secrecy.

The private practice remained this way for several generations until it was made available to the public in 1960 through the opening of a school in Seoul, South Korea. This school was founded by brothers Joo Bang Lee, the 58th successor to the title of Supreme Grand master, and Joo Sang Lee, the Head Grand master.

Since its conception, little has changed in the art.

Hwa Rang Do is a hybrid of soft and hard fighting styles. The system utilizes kicks, punches, strikes, throws, weapons, ground fighting techniques, pressure point

attacks and vital point strikes.

These techniques, along with other aspects of the art, are grouped into five distinct categories:

- Nae Gong (development of

- In Sul (healing power).

The Hwa Rang Do class at HSU is taught by Dan Perez. He has studied the art for 22 years and began instructing in 1991.

Since 1993, he has owned and operated a studio at the Sunny

said. "There are classes to fit everyone's needs. We have classes solely for women and children."

Perez said through Hwa Rang Do, students learn leadership qualities and kindness toward others. There is also an emphasis on family values.

"There are several schools in California with mine being the school farthest north," Perez said. "The world headquarters is just outside Los Angeles." He estimated there are at least 100 schools in the United States.

"The U.S. has the largest Hwa Rang Do community, but it is also popular in Europe, Mexico, Japan, Holland, the Philippines and Canada," Perez said.

Students of Hwa Rang Do compete in several martial arts tournaments nationally. The three largest tournaments are the Big M.A.C., Martial Arts Fest and the Inter-Hwa Rang Do Tournament.

"Hwa Rang Do uses a color belt system of ranking," Perez said. "The nine belts from beginner are white, orange, yellow, green, purple, blue, brown, half-black and black."

The HSU Hwa Rang Do class meets Tuesdays and Thursdays at 11 a.m. in room 125 of the Forbes Complex.

Hwa Rang Do, which means "Way of the flowering youth," has the goal of developing students to their full physical, spiritual and mental potential. The art is based on a code of ethics and nine virtues.

The code of ethics is:

- loyalty to one's country
- loyalty to one's parents and teachers
- trust and brotherhood amongst friends
- courage to never retreat in the face of the enemy
- justice never to take a life without cause.

The nine virtues are:

- humanity
- justice
- courtesy
- wisdom
- trust
- goodness
- virtue
- loyalty
- courage.

an internal power known as ki)

- Wae Gong (external power channeled through self defense techniques)
- Moo Gi Gong (weapons power)
- Shin Gong (mental power)

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"It is growing every day," Perez

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Philip Agee

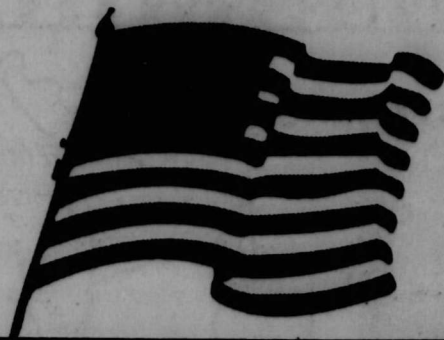
Ex-CIA Officer, international authority on the CIA, and author of "Inside the Company: CIA Diary" Mr. Agee lectures regularly on his experience with the CIA, in addition to many other related issues, such as US Foreign Policy, governmental corruption and social activism. He currently lives in Germany.



Oren Lyons

Faithkeeper of the Turtle Clan; Onondaga Nation, an internationally recognized speaker on Native and Indigenous rights, and a professor at SUNY Buffalo, Mr. Lyons has addressed the UN General Assembly, helped to negotiate various governmental settlements and has been featured on PBS.

There is a \$10.00 fee for this event. One unit of academic credit is available. Lunch will be provided, and childcare upon request. For more information call 826-3364 or come by the Multicultural Center, House. 55



Election

They're off and running

Five democrats to challenge Riggs in primaries



Michela Alioto



Bill Burton



Dennis Chuning



Monica Marvin



Carol Ruth Silver

Profiles by Christina Begley
LUMBERJACK STAFF

After spending the past two and a half years working as a domestic policy adviser for Vice President Al Gore in Washington D.C., Michela Alioto decided to use her political experience and run for Congress. The St. Helena resident worked on both the Clinton-Gore and Feinstein campaigns, as well as holding several positions at the federal level.

After a disabling ski accident in 1981, Alioto has become involved in many disability issues, including the President's National Council on Disability.

Alioto said she feels the needs of this district have been consistently overlooked by current Congressman Frank Riggs.

See Alioto, page 12

North Coast concerns gained a voice when HSU engineering graduate, Bill Burton, now a Korb businessman entered the Democratic primary race.

In a district that stretches through Del Norte, Humboldt, Mendocino, Napa, and Sonoma counties, Burton is the only representative from Humboldt.

"The people of this district need a new voice," Burton said. "I'll represent the people, but I'll also represent the ecosystems of the North Coast."

Environmental concerns top the list of his "Good News Campaign," which includes the preservation of Headwaters Forest. To save Headwaters Forest, Burton proposed a debt-for-nature swap. This would

See Burton, page 12

Candidate Dennis Chuning entered the race with the goal of putting America back to work.

After co-chairing Jerry Brown's 1992 Presidential Election Campaign on the North Coast, Chuning has some similar issues he would like to take to Congress for the 1st District.

"The median income of Americans has become stagnant and there has been an actual decline in wages and household income of those below the median," he said. "There is no doubt the middle-class is shrinking."

Chuning has several specific means to increase job development, including repealing NAFTA and GATT, "substantially increasing" the minimum wage and en-

See Chuning, page 12

St. Helena lawyer Monica Marvin said she entered the 1st District congressional race after years of involvement in politics and after watching Frank Riggs implement policies that she disagreed with.

"As someone who has lived, worked and raised a family in this area, I have a large stake in the future of our district. I want our children to have abundant opportunities and enjoy a good quality of life," Marvin said. "Unfortunately, with Frank Riggs as our Representative in Congress our opportunities are dwindling and our quality of life is declining."

Marvin's main platform revolves around jobs. She plans to increase minimum wage, strengthen the

See Marvin, page 13

Attorney and real estate broker Carol Ruth Silver entered the Democratic primary race saying she was the best hope to oust "freshman Gingrich Republican Frank Riggs."

Silver has been practicing law for more than three decades, along with consistent public service. She was elected to the San Francisco Board of Supervisors in 1977 and chaired many committees, including planning, finance, housing and development and environmental services.

She is making the problem of structural unemployment the centerpiece of her campaign.

"Study after study documents the emergence of a per-

See Silver, page 13

Summer youth program eliminated in county

Due to federal budget cuts, county youth employment program is cancelled.

By Helen Park
LUMBERJACK STAFF

In 1995 the Summer Youth Employment Training Program employed 1,310 participants in California. In 1996, zero participants will be employed.

Federal budget cuts have resulted in the elimination of the SYETP, provided by the Private Industry Council.

A notice regarding Humboldt County's cancellation of the program was released to local schools

and the press on Jan. 24, stating that "unless current efforts to restore summer job funds are successful, the PIC will not be offering the popular jobs program this year."

PIC is a federally-funded employment training facility and has had programs such as SYETP, which helps disadvantaged youth, for over a decade. Participants of

this program, ranging in ages from 14 to 21, were able to earn minimum wage working 20 hours a week.

"We've been providing input to both the local, state and national elected officials to try to provide them with information about the positive effect the program has had."

JOE DAVEY
operations manager at PIC

Davey, operations manager at the Eureka PIC office.

The program provided employ-

Summer youth employment

The following figures provide a breakdown of the funding and participation in the Summer Youth Employment Training Program.

Year	Federal funding	No. of youths served
1995	\$566,340	275
1994	\$565,316	221
1993	\$645,974	290

SOURCE: Humboldt County Private Industry Council

ment opportunities to economically disadvantaged young adults who otherwise may not have been given jobs without the federal funds, which paid their salaries.

"A lot of individuals that might have been having a hard time in

school or weren't interested get involved in our program. We're interested in turning them around," Davey said, adding that one of the most important objec-

See Youth program, page 15

Trinity Reauthorization Act to restore fish population

Humboldt County officials await Senate's OK on wildlife legislation.

By Jonathan Jelsel
LUMBERJACK STAFF

The House of Representatives' approval of the Trinity River Basin Fish and Wildlife Reauthorization Act in December was what local fishermen and environmentalists consider to be a step forward.

They hope the act will return the river to its former status as one of California's premier salmon and Steelhead trout fisheries.

Introduced by Rep. Frank Riggs, R-Windsor, the bill was passed by the House in a 412-0 vote and currently resides in the Senate Natural Resources Committee.

If passed by the Senate, the bill will provide a three-year extension of funding, necessary reforms and cost controls for the 10-year-old Trinity River Restoration Program.

The original program, spawned in 1984 as the Trinity River Basin

Fish and Wildlife Restoration Act, was designed to address problems created by the construction of the Trinity and Lewiston dams.

Built in the 1960s to supply water to Central Valley agricultural and municipal users, the dams ravaged fish populations.

"There were lots of problems with operations of the Trinity and Lewiston dams," said Mark Zuspan, Trinity River specialist for the Department of Fish and Game.

"When the Trinity was dammed, 90 percent of its flow was diverted, and 109 miles of river

dams) changed the river morphology entirely," Weseloh said, referring to the dynamic physical structure of the river. "They changed the river's wide, sloping banks to a U-shaped canal with brushy banks that decreased habitat for juveniles (fish)."

Zuspan and Weseloh also cited sedimentation and the loss of "flushing flows" — fluctuations in water levels that moved gravel within the river — as adverse effects.

The original legislation provided for physical improvements of the river such as digging of side channels to increase fish habitat, selective dredging and restoration of the berm — the transition between water and land where vegetation grows.

It also funded

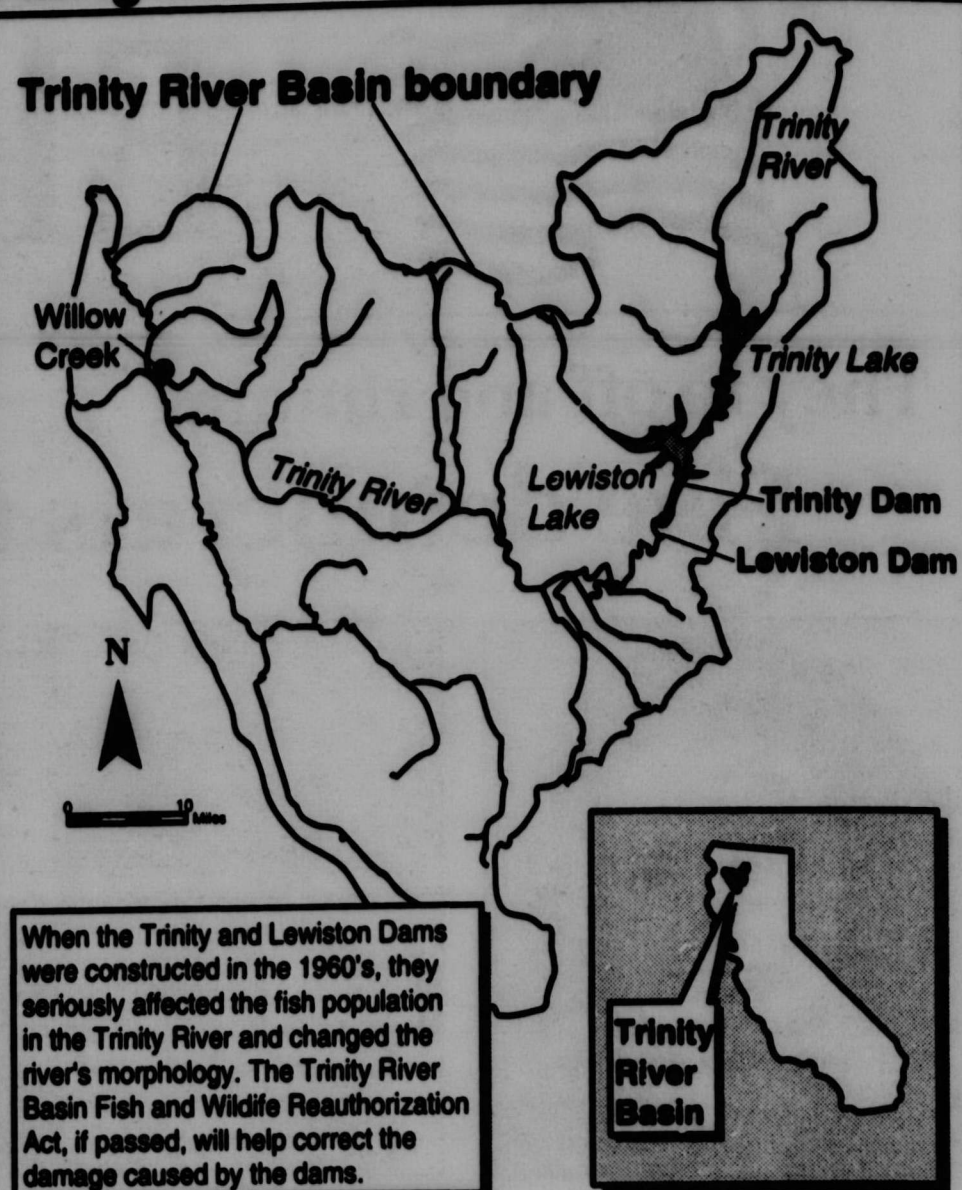
fish population assessments and flow studies, and provided for fish hatchery upgrades and maintenance.

According to Jason Conger, natural resources advisor to Riggs, the original bill contained \$67.5 million of budget authority after indexed for inflation. The window to spend that money expired at the end of September 1995 with \$13 million unspent.

Besides extending the restoration in progress another three years, the reauthorization also contains amendments designed to improve the overall process.

"There's no certainty that the original program would be continued as it was," Conger said. "There was high administrative overhead that was very wasteful, and little money was getting through for res-

Fixing those dam problems



SOURCE: Trinity River Basin Fish and Wildlife Management Program

JACKSON GARLAND/GRAPHICS EDITOR

"The reauthorization is important. It would be the federal government restoring their responsibility for the Trinity River, since they destroyed it with the dams in the first place."

STAN DIXON

Humboldt County supervisor

upstream of the dams were lost forever," said Tom Weseloh, north coast manager of Cal Trout, a statewide conservation organization representing sport fishing. "Fish production went down the toilet."

Down river habitat was affected as well.

"The new flows (released by the

toration.

"We put in language to see that the object is a restored fishery, not just spending on restoration."

Besides the streamlining of administrative spending, the advisory task force that Riggs created to help craft the legislation will be expanded to include more private "stakeholders" such as commercial and sport fishermen, Native Americans and local government. The group was previously composed primarily of federal agencies.

"There was a meeting of various interest groups a year ago, where Riggs told us to come up with a consensus and he'd get it through the House," Weseloh said. "The fact that the groups actually cooperated is almost bigger than the act itself."

Humboldt County Supervisor Stan Dixon was impressed with Riggs' effort, but expressed concern over another bill that threatens to undermine the reauthorization.

See Trinity River, page 15

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Plaza curfew to remain 2 a.m., new ordinance focuses on broken glass

By Vanessa L. Payne
COMMUNITY EDITOR

After hearing pleas from more than 30 Arcata residents, the City Council unanimously decided to remove from a new city ordinance a proposed 9 p.m. curfew on the Arcata Plaza.

In addition to striking the new curfew, the council amended the ordinance to establish a prohibition on glass alcohol containers on the Plaza rather than all glass containers, as was originally suggested.

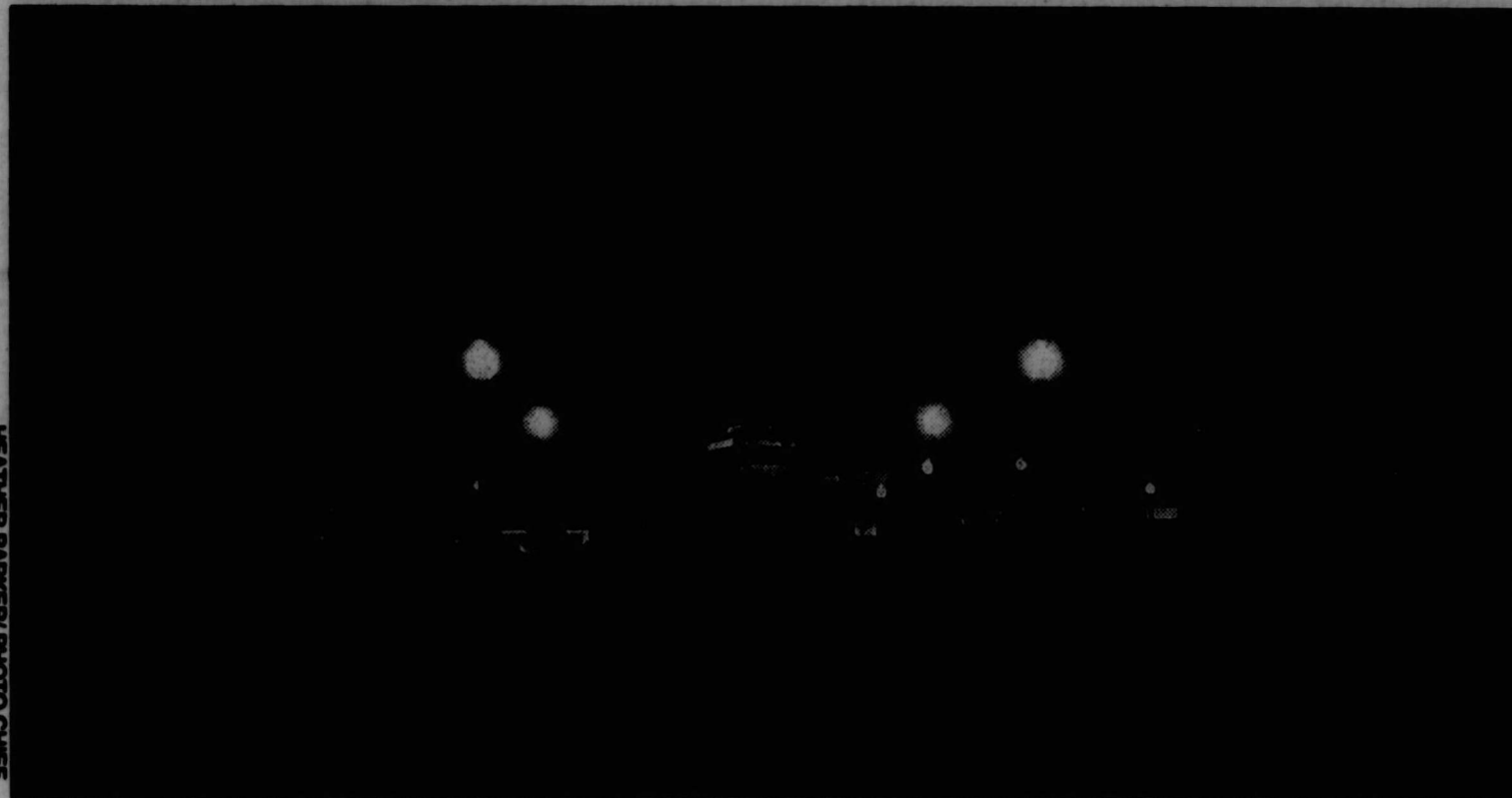
Residents angered by the proposed curfew change packed City Council chambers Wednesday to protest the ordinance.

Representation of the community was diverse, from junior high school children to business owners to the homeless who frequent the Plaza.

The proposed ordinance, written by the city's Department of Parks and Recreation, was recommended to the council for its consideration as a response to many complaints from businesses and residents regarding noise and violence.

Included in the proposal were three key components which the Department of Parks and Recreation believed would alleviate the problems currently affecting businesses surrounding the Plaza:

- imposing a 9 p.m. curfew
- prohibiting glass containers



Citizens can walk through the Plaza after 9 p.m. but are subject to fines for having glass alcoholic beverage containers.

- designating a drug-free zone.

According to Police Chief Mel Brown, the city has had a difficult time finding solutions to the increasing problems of noise and unlawful activity on the Plaza.

"The problem with the plaza is we have a city park next to someone's house. And in addition to the noise from the bars you have this city park where people get drunk, make noise and end up sticking each other with knives," Brown said.

Many of the complaints about the Plaza have been from the management of the Arcata Hotel, where many of its visitors have complained of excessive noise. Councilman Jason Kirkpatrick said he has spoken with three nighttime employees in the last two months about the noise situation and how the hotel is losing clientele because of it.

In addition to complaints about the noise from restless drummers, many residents and business owners have noticed an excessive amount of litter, particularly broken glass.

"Unfortunately, part of the litter on the plaza is broken glass and our crews constantly have major clean-up problems," City Manager Alice Harris said. "This presents dangerous condition, especially for a child."

Mayor Carl Pellatz addressed the issue of increasing violence on the Plaza, noting he has been frightened at times to walk across it.

"I've been afraid on that plaza for the last year," Pellatz said.

The mayor said he was tired of having the issue resurface every year or two and that it was about time the community as a whole to work together to help solve the problem.

"You people have come here and challenged this so we're depending on you," he said. "You have to be the impetus to change things on the plaza. If you say you're going to police yourselves than do it and prove me wrong."



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Alioto

• continued from page 9

"Extreme partisan ideology in Congress is driving the debate in Washington. Left out of the discussions are the very real needs of the thousands of working families in the North Coast," she said. "Republicans and Frank Riggs are making it harder for seniors to afford health care, harder for students to go to college, harder for working people to get good jobs, and harder for us to protect the environment."

As a candidate, Alioto is "vowing to be a legislator who will be attentive to the needs of her constituents." She said she has a long family history in the area, which she hopes to continue. In the 1920's, she said, her great grandfather established fishing businesses in Eureka, Crescent City, and Fort Bragg. Her family history is also full of political members, including her grandfather Joe

Alioto, a two-term mayor of San Francisco, and her aunt, Angela Alioto, who is a San Francisco Supervisor.

"I am running for Congress because I believe that we need programs that will help people get back on their feet: Medicare for seniors, financial aid for students, and tax

"Congress should work with people to help them achieve their goals."

MICHELA ALIOTO
1st District candidate

relief for middle income families," Alioto said. "Congress should work with people to help them achieve their goals."

Alioto also commented on her experiences in the last few years.

"In Washington D.C., I watched in frustration as Frank Riggs and Newt Gingrich turned their backs on the needs of millions of Americans," she said. "In doing so, they deny individuals the very tools they need to achieve their own independence and success."

Chuning

• continued from page 9

couraging collective bargaining and unions.

"America is being bled to death by the flow of traditional working and middle class jobs to foreign countries," he said.

"The current rate acts to create a class of working poor and artificially holds down the wages of all workers. The taxpayers of America are subsidizing all employers who pay a substandard wage," he said, explaining if a family can't be supported on these wages they turn to government programs for help. Ultimately, Another issue Chuning

has activated within the primary race is campaign spending. He has proposed a campaign spending

"It is time the people of the 1st District have an opportunity to decide who to vote for based on the issues."

DENNIS CHUNING
1st District candidate

agreement to the other candidates which would limit total expenditures in the race to \$30,000, with

not more than \$5,000 from personal funds, not more than \$5,000 from Political Action Committees

or Corporations and not more than \$100 from individuals. At press time, the other candidates had not

signed onto the agreement.

"All the candidates have expressed an interest in campaign finance reform. Here is an opportunity to put their money where their mouth is," he said.

"It is time the people of the 1st District have an opportunity to decide who to vote for based on the issues," Chuning said. "In over 90 percent of the races the winner is decided by who can raise the most money. Voters are not aware that money raised most often comes from those whose interests are in direct conflict with ordinary citizens."

Burton

• continued from page 9

allow the government to obtain the land from its owner by taking the land instead of the money involved in the lawsuit the owner is currently defending. Headwaters, he said,

"needs to be preserved, without damaging the good people who have preserved this forest to date."

Burton, a licensed timber operator, also supports sustained yield forestry practices.

"Sustained yield timber operations are appropriate on the North Coast, only harvesting the amount of timber that grows back," he said, adding that his work has shown him "forests can be productive and protected at the same time."

Job development is also a big issue for Burton, who said that last year he brought more than

\$2 million worth of work to the community.

"Our communities in this district are characterized by hard working workers, many have been displaced from timber and forest jobs," he said.

Burton said he hopes he can work on job development in the electric vehicle market.

"We have at least three companies producing electric cars here, some of which are the

highest quality in the world," he said. "This knowledge could result in many long term jobs and businesses here."

Burton said education is also a critical part of his platform.

"We have a lot of resources available, if we would just start thinking about education and kids," he said. He hopes to cre-

"The people of this district need a new voice. I'll represent the people, but I'll also represent the ecosystems..."

BILL BURTON
1st District candidate

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Silver

• continued from page 9

manent underclass of unemployed former members of the American middle-class," Silver said. "Technological advance have turned them out of manufacturing jobs, and corporate re-engineering is rapidly cutting them out of the service sector."

Using recently announced corporate cuts as an example, Silver said, "When AT&T 'sheds' 40,000 workers, Wall Street cheers, but when 40,000 families lose a breadwin-

"... a commitment to that which is right and good, rather than that which is popular."

CAROL RUTH SILVER
1st District candidate

Other campaign issues include jobs, small business development, universal health care, affordable housing for all and environmental protection. Silver differs from many Democrats by supporting the Second Amendment's right to bear arms.

She refers to these positions as "a demonstrated independence of thinking and a commitment to that which is right and good, rather than that which is popular."

Silver has openly opposed many "Republican follies." Among those issues she opposes are thefts and giveaways of public trust lands, up to and including the Alaska tundra; cuts in student loans and all educational programs and the proposed \$245 billion tax cuts "for the wealthiest few."

"We're paying the price for pollution, global warming, ozone depletion and the depletion of our natural resources."

"We've got to close the widening gap between rich and poor and create more good-paying middle-class jobs."

"We must view our environment not as something to be exploited for short term economic gain. We must plan for the long-term use and preservation of our resources," she said. "This is essential for balanced economic growth and ensuring a high quality

"I want our children to have abundant opportunities..."

MONICA MARVIN
1st District candidate

various law firms before opening a private practice in 1986.

"As a former public school teacher I know the importance of a good education, and I know the problems our teachers face," she said. "I will be a strong advocate for increased funding for education and will fight against the Republican cuts in student loans and other programs."



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- Humboldt County Teen Court Judge.
- Vice-Chair California State Bar Committee on Rules & Procedures.
- Past Member, California State Bar Committee on Juvenile Justice.
- Member, Sunrise Rotary Club of Arcata.
- Board Member Humboldt Educare (preschool).
- Member, American Association of University Women, Humboldt County & League of Women Voters of Humboldt County.
- Past Board Member, Humboldt County Rape Crisis Team; Humboldt County Family Service Center; Butler Valley, Inc.; & American Heart Association, Humboldt County.

"Joyce and I have worked together,
and I have no hesitation in supporting her
as our Judge."

William Daniel, professor, Humboldt State University

"Knowing Joyce personally, I see her
connected to her children and family.
She is able to balance all aspects of her life
and does so with a lot of personal integrity."

Audrey Maynor, student/athlete, Humboldt State University

"I strongly support Joyce. Her commitment
to all in the community makes her an
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Mark Colwell, professor, Humboldt State University

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City Council reviews goals, programs for next year

By S.L. Salamone
SCIENCE EDITOR

A teen center, a drug dog and the encouragement of major retailers to the area were just a few of the goals discussed for the city of Arcata and the coming fiscal year.

The City Council met last week for its yearly discussion and review of city activities and goals. Public input came from the Hope Coalition with a request for low-cost housing as well as low-cost, safe campgrounds for the homeless.

All Youth Combined was also there with an impassioned plea for a youth facilitator for the Arcata Youth Center. A facilitator would help to build trust between community youth and authority, an

AYC official said.

"I work with these kids," said Christy Snyder, an AYC volunteer. "Part of the crime problem in this city is that kids don't understand the political process. A go-between, between kids and authority could help a lot."

Many of the goals discussed were started in previous years and were on the list for a progress report.

The wastewater project, started in 1994 to limit and reduce wastewater into city sewers, is on schedule and slated for completion next year.

A heated debate took place between Councilman Jason Kirkpatrick and City Manager Alice Harris when Kirkpatrick suggested the city budget funds for the teen center in an effort to move the

stagnant project along.

"The city cannot budget funds for the center. It's a grant sponsored project," Harris said. "Money for parks and recreation centers has dried up. It's not surprising the money for this project isn't there. The state takes a half million in revenues every year."

Another loud discussion took place over the recruitment, which the council later changed to "assisting" of major retailers to the area.

"We're losing our sales tax dollars to Eureka," Councilman Carl Pellatz said. "You end up going to Eureka for all your major purchases."

Some council members were opposed to any kind of major re-

tailer coming to the area saying it wasn't in keeping with the city's image. Harris summed up the situation by saying the city has been facing an image problem for years.

"What we need to ask ourselves is what do we want to become. And then become that," she said.

Under the category of improving the appearance of the city, it was suggested that a park "host" (an attendant) and a drug dog for the Plaza would help control the crime and drug problem and make the park more accessible to the general community.

APD already has two drug dogs, Kirkpatrick said. He questioned the expense of acquiring another one just for the park.

There is no guarantee that the

goals discussed or even listed will be slated for execution. Depending on the amount of money the city receives for its annual budget, to be determined next month, the council will pick and choose from the proposed list.

The goals are given a four-year target range for completion. Those that are ultimately chosen to receive money from the city have a starting date of July 1 and are slated for completion by the year 2000.

Other goals discussed and listed included:

- Enforcement of sidewalk repair and maintenance
- Support for an industrial park
- Disaster preparedness with neighborhood emergency service teams.



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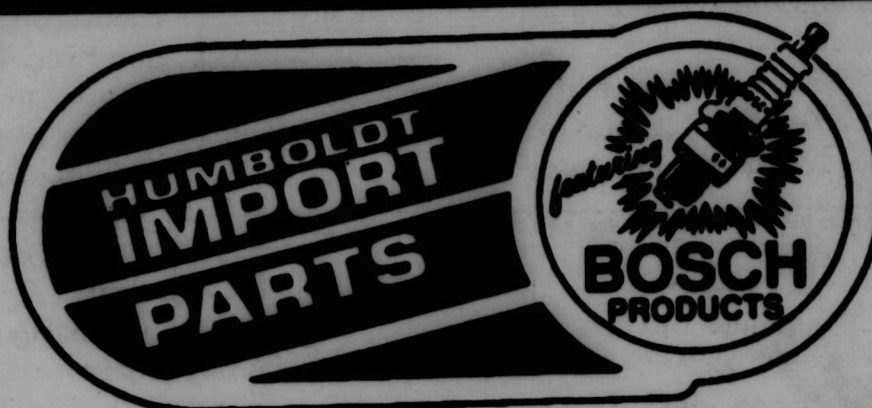
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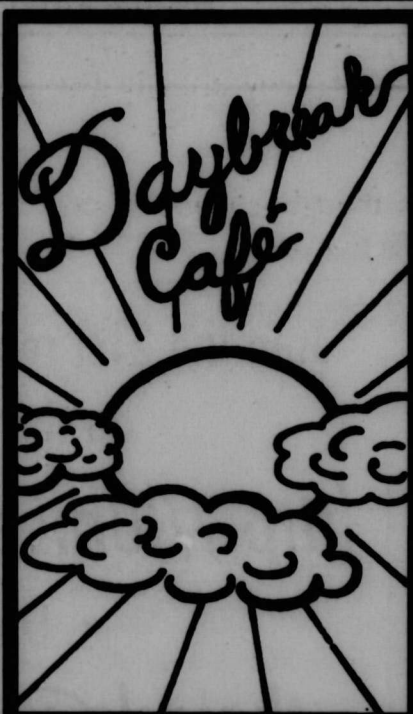
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Youth programs

• continued from page 9

tives of the program was to build on the abilities of young people and to put an emphasis on their education.

Davey attributed the budget cuts to "Congress's effort to have a balanced budget by cutting social programs rather than military funding or subsidies to large businesses."

PIC also has year-round programs that have taken some cuts and Davey is "anticipating bigger hits."

Jobs available in the program are varied according to the interests of the participant. One project in the last few years that gained students' attention was a health occupations program. Classroom

instruction was combined with on-the-job training relevant to the course and students were able to go to class in the mornings and jump into the field in the afternoon at a doctor's office or clinic.

In the past, the SYETPhas employed people at the Natural History Museum and the Petting Zoo in Eureka.

Participants received on-the-job training with the possibility of a permanent position continuing after the summer. The program

opened the door for many young people lacking experience and con-

the program served 275 people in Humboldt County area and the federal government supplied PIC with \$566,340 for the program.

Funding would be difficult to access through private or community channels because many of the employers who participated in the program were either public fa-

cilities or non-profit organizations. The benefits and experience gained from working at an actual job cannot be substituted. "It certainly helped a lot of students that

have been involved academically and financially," Bob Munther, associate principal at Eureka High, said.

In addition to earning a salary for their work with the program, students were able to earn academic units for their participation, Munther said.

Efforts to restore funding have been made throughout the state by PIC.

"We've been providing input to both the local, state and national elected officials to try to provide them with information about the positive effect the program has had," Davey said. "We want to make sure that the people in power know both sides."

"It certainly helped a lot of students that have been involved academically and financially."

BOB MUNTHER

associate principal at Eureka High School

tacts in the community.

Without federal funding, it is highly unlikely opportunities such as these will arise for young people in the years to come. Last summer,

Trinity River

• continued from page 10

"Congressman Riggs did a good job of bringing together diverse groups," Dixon said. "It wasn't just a slam-dunk — it was clearly a negotiation, and not an easy one."

"It's important to see him deliver the same leadership against the Central Valley Project Reform Act as he did to pass the reauthorization."

Many people involved in the Trinity restoration shared the opinion that the CVP bill, introduced by Rep. John Doolittle, R-Roseville, would undermine restoration efforts.

"The CVP bill does nothing for the Trinity — it threatens it," Weseloh said. "It could wipe out everything we've fought for with the authorization."

Weseloh indicated that the CVP bill would lessen the amount of water earmarked for the Trinity basin by delaying decisions on flow levels.

"Doolittle wants more time to

figure out how to deal with using less water, but he knows the flow decision's been coming for years," he said. "In my opinion, water is the basic thing — without it, restoration would be futile."

Dixon believes there is a substantial difference in the Trinity and CVP legislation.

"The reauthorization is important," he said. "It would be the federal government restoring their responsibility for the Trinity River, since they destroyed it with the dams in the first place."

"Doolittle's bill is a payoff to corporate interests that put money in his campaign coffers," Dixon said. "These are not mom-and-pop farms — they're owned by big Wall Street corporations that often don't have anything to do with agriculture — it's just in their portfolios."

Doolittle could not be reached for comment.

Dixon said that Riggs' support is crucial to the rejection of the

CVP bill.

"If Newt Gingrich takes interest on behalf of Doolittle, he can pull some votes," Dixon said. "On the other hand, Riggs is the senior congressman on the House Appropriations Committee, and obviously a powerful committee can pull some opposition."

According to Conger, Riggs intends to oppose the CVP bill.

"Mr. Riggs is flat-out opposing the (CVP) bill right now," Conger said. "We feel pretty strongly that if (Riggs) opposes it, it won't go anywhere."

Conger thought chances of the reauthorization passing were "100 percent."

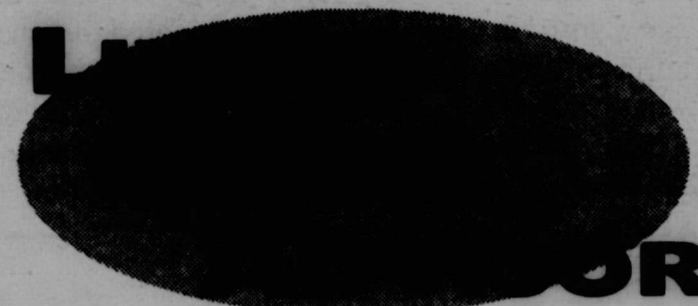
Tim McKay, director of the Northcoast Environmental Center, also expected the reauthorization to pass over the CVP bill.

McKay said, "There's more bipartisan support for the reauthorization, and the CVP bill is a reform measure that is more radical."

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MT. SHASTA SKI PARK

Dangling shoes are a source of consternation for some

■ Cox Cable and PG&E officials say shoes on power line near Track House are bothersome and costly.

Andrew Jones
THIS WEEK EDITOR

A high-wire shoe-balancing act across Arcata's utility poles is drawing mixed reviews.

At 11th and C streets, about 25 pairs of tied-together shoes dangle in front of the HSU "Track House," a hang-out for running enthusiasts and home to eight residents.

"We've never had anybody complain (about the shoes)," said Jason Dressler, Track House resident and environmental resources engineering senior.

Dressler said the shoes are new since he moved to the house in the fall of '94.

He's never thrown any up, but said some of the shoes "definitely" come from people in the house or who are associated with running.

Shoe dangling is nothing new, but Dave Brown, technical supervisor for Cox Cable, said the phenomenon in Humboldt County is "mostly prevalent in Arcata."

Cox Cable shares use of utility poles with Pacific Gas and Electric (PG&E) and Pacific Bell. A two to three-block radius around 11th and C streets is known by the three companies as a shoe intensive area.

A few months ago, the footwear spurred Arcata City Councilman Jim Test to complain about the sight at a council meeting. He later called the shoes a "childish prank" and "tacky."

A neighbor near the Track House, who asked to remain

"You can throw them away or ... throw them up there," he said.

The neighbor, who has never complained to the Track House residents, disagrees, but said "I don't feel judging or angry about the situation. I can live with it."

Another neighbor, Heidi Claasen, pre-nursing sophomore, said the shoes show spirit for the track team and community.

"I smile when I see (the shoes) and get a feeling of their excitement and pride. It's hard these days to express that to other people."

Surveying the scene from a step outside his house, Bob VanKirk, retired HSU natural resources professor, finds the shoes amusing.

"I was a college student once ... I hope I don't ever get old enough to think that's not humorous," VanKirk said.

VanKirk said the shoes were also thick on the lines a couple blocks away before being cleared off last spring.

None of the utility companies classify shoes as a hazard.

Craig Porter, PG&E's Humboldt district manager, said a large collection of shoes could "conceivably" cause resistance in heavy winds and make the lines sway enough to make contact with an

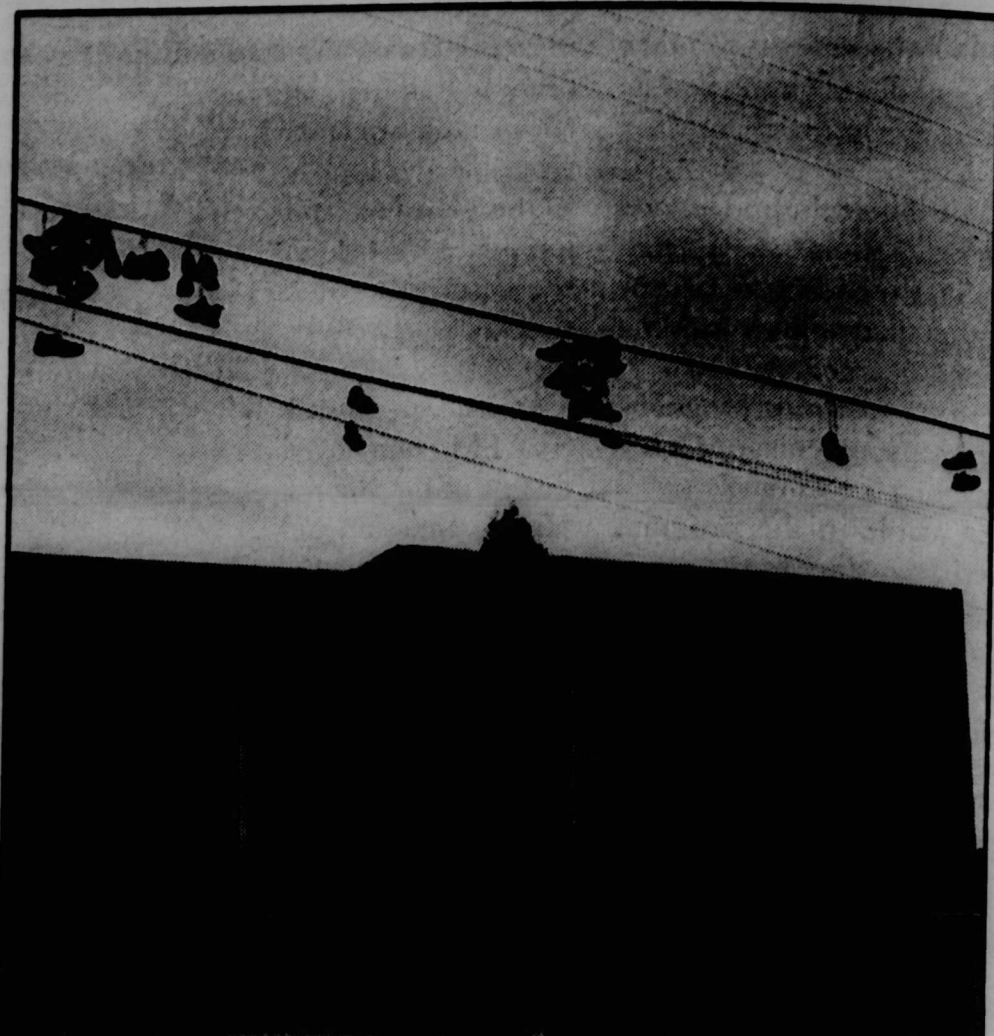
I smile when I see (the shoes) and get a feeling of their excitement and pride. It's hard these days to express that to other people."

HEIDI CLAASEN
pre-nursing sophomore

anonymous, said the shoes are "unsightly, unnecessary, and I don't care for it ... I could care less about the notoriety (they bring to the neighborhood)."

The neighbor said the shoes could be donated to a charity.

Dressler said if the shoes are like his own, they have thousands of miles of running on them and are worn out to the point of being "worthless."



Several pairs of old running shoes adorn the power lines in front of the Track House at 11th and C streets.

adjoining line, causing a power outage.

In his two years living in the county, he's seen no evidence of this happening.

Typically, PG&E's lines are at the top of a utility pole. Cox Cable runs parallel underneath and Pacific Bell runs on the bottom.

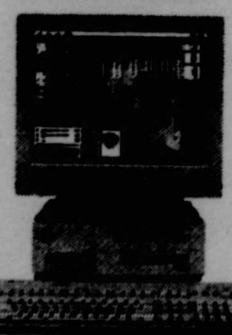
A utility company usually only removes shoes that reside on its

own lines.

The C Street shoes were removed once in May by Cox Cable. A technician for the company said they are usually only cleaned off once a semester because the lines just get filled again.

Pacific Bell and PG&E estimated removal costs for one cleaning at \$100 to \$200 for travel, equipment and employee costs.

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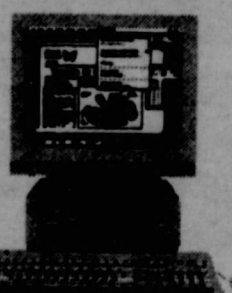
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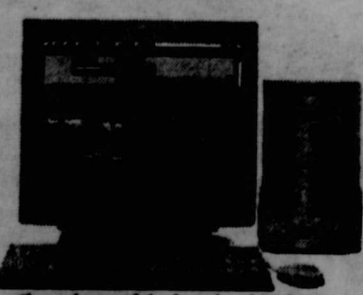
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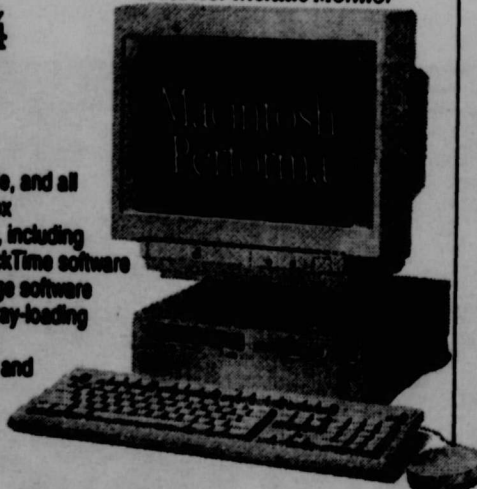
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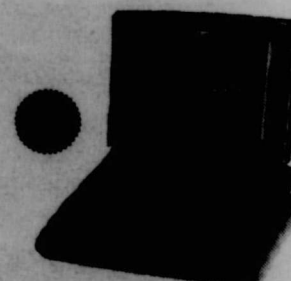
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Authorized Reseller



Try some chocolate covered happiness

■ Research explains how chemicals in chocolate stimulate the brain to the point of excitability and beyond.

By S.L. Salamone
SCIENCE EDITOR

Pick up a chocolate and the aroma hits you well before it gets to your mouth. Bring it to your lips and dimethylpyraine and other chemicals waft up your nostrils and stick to receptors in the back of your nose, issuing the first chocolate signals to the brain.

This is an example of how taste affects more than just the tastebuds according to *Discover* magazine.

An olfactory rush occurs once the chocolate is in your mouth. As it melts and slides down your throat, more chemicals stream up the back passage, linking the mouth to the nose, leaving a path of chocolate covered neurons and receptors.

In a Homer Simpson-ish trance you utter, "Mmmm chocolate."

It's smooth, it's rich and it's oh so creamy, is it any wonder that chocolate is the most commonly craved substance in North America?

Chocolate is more than just popular it's international said Zeke Branca, head baker for Dining Services at HSU. "It's so versatile, anything made with it is a winner."

Geared for the chocolate lover, chocolate accounts for at least half of everything that is baked for the Depot and the "J," Branca said.

That includes espresso brownies, cookies and muffins. In fact, anything with chocolate chips is popular and sells well.

"It's the drug of choice when you're going through the Depot," Branca said.

With its popularity has come a lot of hype. It's reported to stimulate and induce euphoria. There are even claims it's a sex substitute, but the hype isn't new and nei-

ther is chocolate.

Jonathan Ott documented the history of chocolate in his book, "Chocolate Addict." According to Ott, in 1519 Hernan Cortez and his men stumbled across the Aztecs and discovered they were using cocoa beans as money.

The Aztecs were also using the seeds and the fruit of the cocoa tree to make a liquor which they drank at rituals and made them inebriated.

There is evidence however, that the Aztecs were mixing sweetened crushed cocoa beans with other plants and possibly psychoactive mushrooms. This may be where so many of the myths surrounding chocolate arose.

An explanation of where chocolate comes from and how it is processed is documented in, *New Scientist*.

Chocolate comes from the beans of the cacao tree *Theobroma cacao* which are harvested and roasted at between 140 and 150 degrees Celsius and then cracked open to separate the "nib" or center from the shell which is later ground up for mulch.

The nib is ground into a liquid and cocoa butter is extracted. The liquid is called cocoa liquor and is mixed with sugar and cocoa butter to make dark chocolate. Chocolate powder is made by pulverizing the mixture and milk chocolate is made by adding condensed milk to the base mixture.

Chocolate gets its creamy texture from the extracted cocoa butter. Cocoa butter is a highly saturated vegetable fat and like all fats provides that important, "mouth appeal" of "rich" desserts.

Pharmacological studies of chocolate are well documented and state that it's chemistry that makes it so appealing.

The Department of Psychology at the University of Pennsylvania stated in the

study on cravings that, "Chocolate craving has been attributed to rewarding effects of phenylethylamine or magnesium."

Every 100 grams of chocolate contains five milligrams of methylxanthine and 160 milligrams of theobromine. Both are caffeine-like substances and together they act as a mild stimulant, but that's not all.

Every 100 grams also contains about 660 milligrams of phenylethylamine — a stimulant closely related to the body's own dopamine and adrenaline.

These substances raise blood pressure and heart rate slightly and greatly elevate blood sugar levels.

Leonard Hamilton and C. Robin Timmons explain in their book, "Principles of Behavioral Pharmacology" that these substances are xanthine derivatives which are widely used stimulants.

To varying degrees they decrease fatigue and drowsiness, increase speed and efficiency and also increase the ability to do physical work. These derivatives are also found in coffee, tea and cola.

However, the study concludes that a purely physiological basis, "for the causation or satiation of chocolate craving have been criticized on the ground that they are not adequately supported by evidence."

The study explains that, "Chocolate cravers themselves usually account for their craving simply as a desire for the experience of chocolate."

What isn't well documented is the heightened sensation chocolate is said to produce as well as a euphoric high and a sense of well-being that has been compared to being in love.

"The evidence just isn't strong enough to support documentation," said John M. Morgan, professor of psychology at HSU. "If

you're feeling yucky and blue and you take a stimulant — of course you're going to feel better."

Morgan said the chocolate hype could possibly be different interpretations of feeling better based on an individual's past experiences, needs and wants.

"It's not a universal effect," Morgan said. "Some people are not affected by coffee or tea or chocolate."

In other words, some people can drink a whole pot of coffee just before bed and still fall asleep while others drink half a cup and bounce off the walls all night.

Perhaps someone out there eats a candy bar and experiences something close to orgasm.

Belief or disbelief in the hype won't stop you from enjoying that next piece of chocolate, (of course, some of us will enjoy it more than others.)

Branca said he wasn't sure about any of the claims surrounding chocolate, but said, "It sure goes good with coffee."

"If you're feeling yucky and blue and you take a stimulant — of course you're going to feel better."

JOHN M. MORGAN
HSU psychology professor

The other chocolate

White chocolate is a confection made from a cocoa butter base. Cocoa butter is the fat removed from ground cocoa beans.

None of the dark chocolate liquor, which is also derived from ground cocoa beans, is used and this is why white chocolate is white.

Also, because the stimulants found in chocolate are present in significant amounts only in the liquor, consumption of white chocolate will not have the same physiological effect.

This might explain why white chocolate is not as popular as the more traditional kind.

Poisoned pets

Chocolate treats can kill

■ Care should be taken to keep large amounts of candy away from animals.

By Pete Chenard
LUMBERJACK STAFF

It may be Valentine's Day, but no matter how much Fido begs, chocolate could mean the death of a pet.

A chemical in chocolate called Theobromine is toxic if consumed in large enough quantities.

Pet owners shouldn't feed chocolate to animals, said an official at the Arcata Animal Hospital.

It's toxicity comes with some very serious consequences that would put some very well-intentioned pet owners out in the dog house of guilt, officials said.

Over-dosing on chocolate can cause disorientation, vomiting, seizures, coma and death.

The McKinleyville Animal Care Center (MACC) suggests that if an animal ingests a significant amount of chocolate, that vomiting be induced with four tablespoons to a half cup, depending on the size of the animal, of hydrogen peroxide.

Baking chocolate is the worst because it's such a concentrated form of chocolate, an official at MACC said.

If an animal does happen to consume, say a box of chocolate hearts, a bag of Hershey's Kisses or a batch of brownies, their digestive systems should be purged and their condition monitored, officials said.

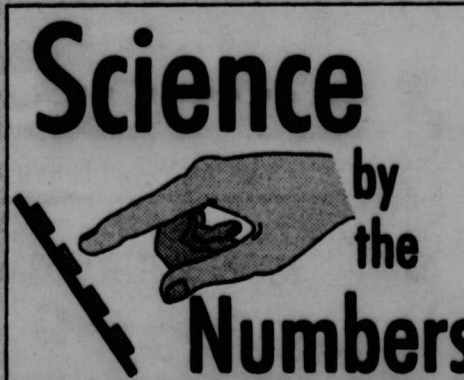
Chocolate dog treats like Herschews — which are chocolate flavored rawhide chew sticks — contain less Theobromine than chocolate for human consumption and are therefore safe for pets.

Valentine's Day factoids

- There is a 40 percent increase in condom sales during the week before Valentine's Day.
- A typical drug store shelf holds 1000 to 1500 pounds of Valentine's Day candy during the weeks prior to the holiday.
- An Arcata florist expects to sell 1400 long-stem roses this Valentine's Day.
- A Hershey's Kiss melts at 97 degrees Fahrenheit.
- A two-pound bag of Hershey's Kisses without almonds contains 136 kisses.
- A two-pound bag of Hershey's Kisses with almonds contains 144 kisses.
- The maximum speed at which a Hershey's Kiss moves through the small intestine is 20 inches per second.
- A person must eat a half a pound of chocolate in order to acquire the same amount of caffeine contained in a cup of coffee.
- Women aged 25 to 44 consume two-thirds of all chocolate produced in the United States.

SOURCES: "The Human Body Explained," "Atlas of the Body," The New York Times, Newsweek, Payless Drugs, Safeway, Country Living Florist

JACKSON GARLAND/GRAPHICS EDITOR



Creatures come alive at Natural History Museum

By Tammy McCarthy

LUMBERJACK STAFF

Across from Wildberries Marketplace on G Street is a part of HSU some students may not know exists. It's the Natural History Museum.

The museum houses Cambrian trilobites, a California king snake and an aquarium with native fresh and saltwater invertebrates, fish, reptiles and amphibians.

"The purpose of the museum is to educate the community about the natural world," said Melissa Zielinski, director of the museum.

The star of the museum is a fossil collection acquired in 1989 from a married couple in the business of buying and selling fossils. Three-fourths of the collection was purchased by HSU from Hilda and Tom Maloney of Willows, Calif. for \$100,000.

The collection is made up of fossils from Egypt, Germany, New Zealand, Australia, France,

Mexico, the Dominican Republic and other countries. The collection is estimated to be worth more than \$400,000, said Pat Morris, a museum volunteer.

The collection includes fossils from the pre-Cambrian, 1.9 billion years ago, to the Neogene period, 24 million years ago.

There are dinosaur bones and teeth on display as well as bones of smaller reptiles and fern fossils. There is also a dinosaur bone that visitors can touch. Fossils, however, are not all the museum has to offer.

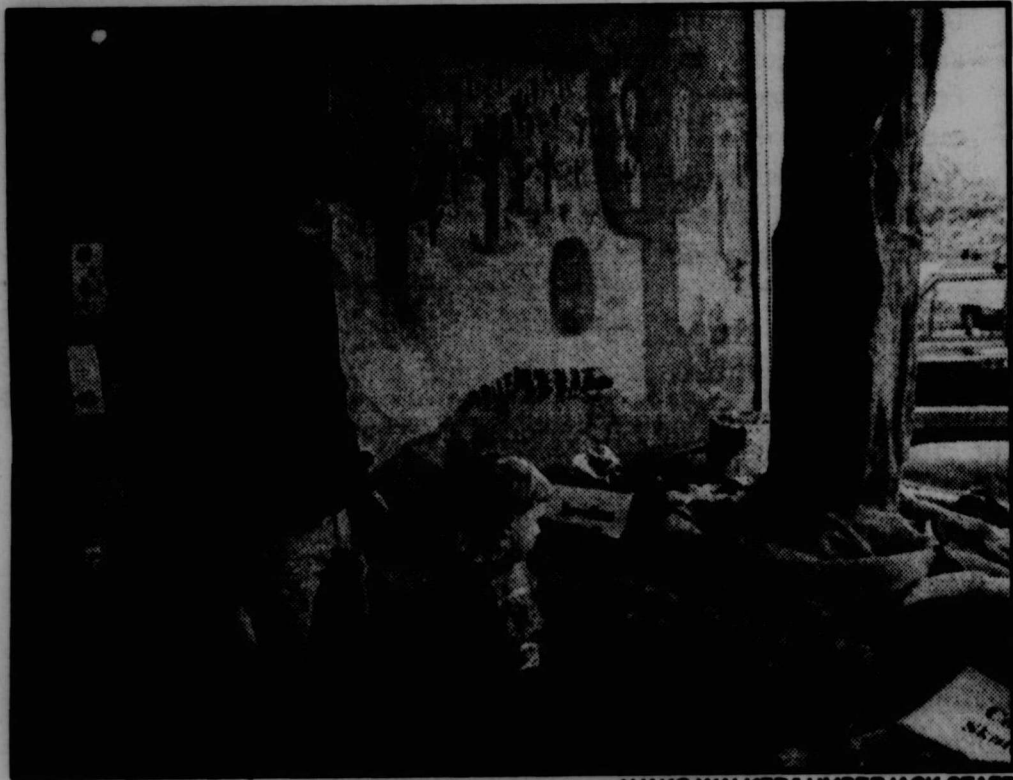
"The museum is trying to expand its natural history and get away from the fossil emphasis," Morris said.

On Dec. 16, 1995, the museum debuted a new exhibit called "Animals of the North Coast" and featured a live aquarium exhibiting animals such as Western toads, tide pool creatures, a spiny sea cucumber and red abalone, which are all natives to the North Coast.



AYAKO WALKER/LUMBERJACK STAFF

Paper mache creatures, like this praying mantis, were created by children attending classes at the museum. Workshops and nature programs are available for children and adults.



AYAKO WALKER/LUMBERJACK STAFF

Visitors at the Natural History Museum view one of the newest exhibits, The Lifespan of a Saguaro Cactus.

In addition to the displays and exhibits, the museum puts on workshops for children and adults. Treena Joi, museum assistant and HSU student said, "We do kid's nature programs, special arrangement groups and adult workshops."

Milton Boyd, professor of biology at HSU, has his students attend lectures at the museum.

"I strongly recommend my students go to the Natural History Museum to study specimens and to work on student projects," he said.

Zielinski explained that the museum is funded by donations and memberships. HSU pays to maintain the building, which was donated by the Arcata Wells Fargo Bank in 1989.

HSU also contributes "discretionary funds" for a small percentage of operation and salary costs. However, the museum is no longer included in HSU's operating budget because there are no staff positions at the museum. Zielinski said she would like to see a return of at least one HSU staff position at the museum.

Charles and Barbara Parke volunteer as the manager and assistant manager in the museum store. He has been a volunteer since the museum opened and she has been a volunteer for six years.

"We work every day that we can," she said. "The most rewarding thing about working at the museum is meeting wonderful people."

The museum needs more vol-

unteers, Zielinski said. Volunteers are needed to help feed the animals. Joi said, "The museum could use anyone who wants to be a part of education. We need both scientific and artistic energy. Other people who might want to get involved include liberal arts students and those who would like to teach and entertain children."

"I love my job, and the most rewarding thing is when I get to teach — especially when I see people discover something new or see something in a new way," Zielinski said.

The museum is open Tuesday through Saturday 10 a.m. to 4 p.m. and admission is free. For more information about children's classes or volunteering, call the museum at 826-4479.

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Science Shorts



Native plant society meets

For botanist wannabes and eco-warriors, the Friends of the California Native Plant Society is a club that meets every Tuesday at 5 p.m. in Science D, room 155.

Friends to uproot non-native plants

Friends of the Dunes are out to eradicate non-native plants from the Lanphere-Christensen Dunes Preserve by sponsoring the 18th Annual Lupine Bash. Rain or shine, Friends will go

out to the dunes Feb. 24 from 10 a.m. to 2 p.m. RSVP 822-6378.

Biology students sell Darwin mugs

The Biology Graduate Student Association has coffee mugs for \$5. The mugs are black with a gold Darwin design and are filled with "Darwin Blend" coffee. Mugs can be purchased at the BGSA coffee stand located in Science Building B, weekdays from 10 to 11 a.m.

Fridays are garden days at CCAT

Students demonstrate how to grow organic herb and vegetable gardens and promote self-reliant, energy efficient living every Friday from 9 a.m. to 5 p.m. in Buck House number 97.

Compiled by S.L. Salamone



MELISSA LUBIN/LUMBERJACK STAFF

CCAT weekend workshops

Amy Anderson, botany senior and Jenni Simpson-Ackerman, interdisciplinary studies senior, demonstrate how to make herbal tinctures, which aid digestion, using vodka and parts of flowers, plants and orange peel at a workshop held Sunday.

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Internet censorship contested

Censorship on the Internet took a big step last week with the passage of the Telecommunications Reform Bill.

The censorship is similar to existing standards for television and radio in that provisions of the bill restrict electronic transmission of "indecent" information.

Lawsuits have been filed to block enforcement of the policies, which include a clause illegalizing discussion of abortion.

Reuters news service carries free daily world news and keeps tabs on technology issues at <http://www.yahoo.com/headlines/compute/>.

World WideWeb Valentines

Learn 250 of the "1001 Ways to Be Romantic" from a book by Gregory Godek part of an on-line promotion.

Sections to browse include "Words of Love," "Satin and Lace" and "Do it in Public." Check it out at <http://www.godek.com/1001.html>.

The love-lorn can linger at the "Valentine Be Mine" page. Designed for the "romantically dysfunctional," the site provides gift suggestions, recipes, links to romantic poetry and a historical lesson.

What do third century wolves ravaging Rome have to do with Valentine's Day? Find out at <http://www.america.net/valentine/>.

"Aphrodite's Love Palace" offers more poems and tips and even audio files of exotic kisses at <http://www.dircon.co.uk/purplelet/love.html>.

The "Valentine Day Game" page presents a series of trivia questions. Answer correctly and you win a poem by a famous dead poet. The better the score, the better the poem at <http://equity.stern.nyu.edu/Valentine/>.

Black History Month on the 'Net

"The African American Haven" is a starting point linking African-American resources from business and history to art and music at <http://www.auc.edu/~tpearson/haven.html>.

Comprehensive categorized links for Black History Month can be browsed courtesy of Yahoo at <http://www.yahoo.com/Society-and-Culture/Cultures/African-American/History/Black-History-Month/>.

New library resources help students

Student aides are now helping people use the HSU Library's databases. Help hours are 10 a.m. to 2 p.m. weekdays and 1 p.m. to 5 p.m. on weekends.

New databases have been added, such as Periodical Abstracts, which contains the fulltext of more than 500 journals. Documents can be saved to disk or sent to an e-mail address. Another database, Uncover, faxes documents for a fee and sends a journal's weekly table of contents by e-mail.

Netscape 2.0 upgrade finally here

The long-awaited upgrade for Netscape Navigator 1.2 to 2.0 is now available. New features include improved bookmark management and an integrated e-mail client and newsgroup browser. Java-equipped Web pages using animation and interactive programs can also be viewed. Download a copy at <http://home.netscape.com/comprod/mirror/index.html>

Road conditions and weather on the 'Net

Before traveling Highway 101 or Route 299, check road conditions at the California Department of Transportation's Web site. Road conditions of all California highways and routes are updated hourly and listings of roads with the new 70 mph speed limit are available. Users can even check roadside snow depths at four summits along Route 299. Test drive now at <http://www.dot.ca.gov/hq/roadinfo/>.

While you're on-line, grab regional California weather reports linked on one handy page. Courtesy of the Silicon Valley Public Access Link and the University of Michigan's weather server, get the latest at <http://www.svpal.org/weather.html>.

Compiled by Andrew I. Jones



SANDRA REDMOND/LUMBERJACK STAFF

Some pine cones like it hot



Bromeliaceae (*Achmea pineleana minulu*) is blooming in the campus greenhouse. Commonly known as Little Red Pine Cones, the Bromeliaceae is a large plant with short, stiff and spiny leaves. The "pine cone" is bright to deep orange with tiny, yellow blossoms at the end of the "needles." Various species of Bromeliaceae produce fibers which can be used for making cloth, cords and rope.

Date

Feb. 14-16
Wed-Fri.

Time

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3 p.m.

Place

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Burning Spear to sail through Eureka



By Matt Krupnick
SCENE EDITOR

If roots reggae was an empire, Winston Rodney would most likely be the emperor.

Better known as Burning Spear, Rodney brings his award-winning sounds to Club West Saturday in the midst of a 10-day tour in honor of Bob Marley's birthday.

Rodney said in a phone interview from Chico that his entrance into the reggae music scene in 1969 was a culmination of reggae music establishing itself in his head.

"(Reggae) must develop itself within you," he said. "Then you can present it to the people."

Burning Spear has presented his music to the people since he debuted with "Door Peep" on the now-legendary Studio One label 27 years ago. His career has seen him receive five Grammy nominations and he won an unprecedented four International Reggae Music Awards in 1995 for his latest release, "Rasta Business."

The '90s have established themselves as a good time for reggae,

Despite the return to an older style of reggae, Rodney said many of the new artists are young Jamaican musicians.

"Culture is doing good work," he said. "There are a lot of young artists doing clean reggae music."

Rodney said real reggae only comes from Jamaica.

"Jamaican people are the soul of reggae," he said. "Other countries try to play reggae, but it is only a copy of the original."

"Sometimes a copy can look so close, but it is not the original."

Burning Spear's music is

only different from other artists' music in terms of lyrics, he said.

"What I do is universal," he said.

Rodney said reggae music has no central defining aspect.

"All the parts are good," he said.

"When you listen to a Burning Spear record you listen to Burning Spear."

"Reggae music is popular, popular, popular, popular."

BURNING SPEAR
reggae musician

Rodney said.

"Everything is going back to the original," he said. "It is starting to look in the right direction."

"Reggae music is popular, popular, popular, popular."

Rodney said much of the reason for the upswing in roots reggae is the downfall of dance hall reggae.

"Dance hall is danced out," he said. "People get wet and sweaty and tired. They should relax and gain something from it."



COURTESY OF CENTERARTS

Winston Rodney, above, began his career in 1969 with his first album, "Door Peep." He took the name Burning Spear from Kenya's first head of state, Jomo Kenyatta, who was referred to as Burning Spear while a freedom fighter.

'Willingness' brings Walsh back to Arcata



By Pete Chenard
LUMBERJACK STAFF

Classical guitarist Michael Walsh, an Arcata native and HSU alumnus, returns to Fulkerson Recital Hall to perform a free solo guitar concert.

Fresh out of the San Francisco Conservatory of Music, where he received his master's degree in December, Walsh plans on using the concert to prepare for the Portland Guitar Competition in March, where he has been selected as a semi-finalist. The two-part concert will feature works by S.L. Weiss, Barrios, Castelnuovo-Tedesco, Ponce and Turina.

"The pieces I've selected are very rich with texture," Walsh said in a telephone interview from his home in San Francisco. "They are songs I will be playing in Portland and include one of my new guitar transcriptions titled 'Obsession,' and a 25-minute piece by Ponce with 20

variations on a musical theme by J.S. Bach. It is one of the great pieces in the guitar repertoire and will take up the entire second half of the performance.

"The first half will be an ebullient array of Spanish pieces that should lead the mind and the soul into weaving a tapestry from which the audience can learn from and grow with."

Walsh, who attended Bloomfield Elementary, Sunny Brae Middle and Arcata High schools, finished his education locally with a degree in music under the tutelage of HSU music Professor Don Henriques before heading to San Francisco to begin work on his master's degree with instructor David Tanenbaum.

"Don provided me with the discipline and desire I needed to become successful at this art form," Walsh said. "Without his direction I might still be playing electric guitar in some rock band."

For Henriques, Walsh was also an instrumental inspiration.

"Michael is the most outstanding guitarist I've worked with," Henriques said. "He's given back to me a greater gift than I could have ever anticipated."

In his first year at HSU, Walsh won the annual Concerto/Aria Contest. He was also a semi-finalist in the Corpus Christi Young Artists Auditions, the 1994 win-

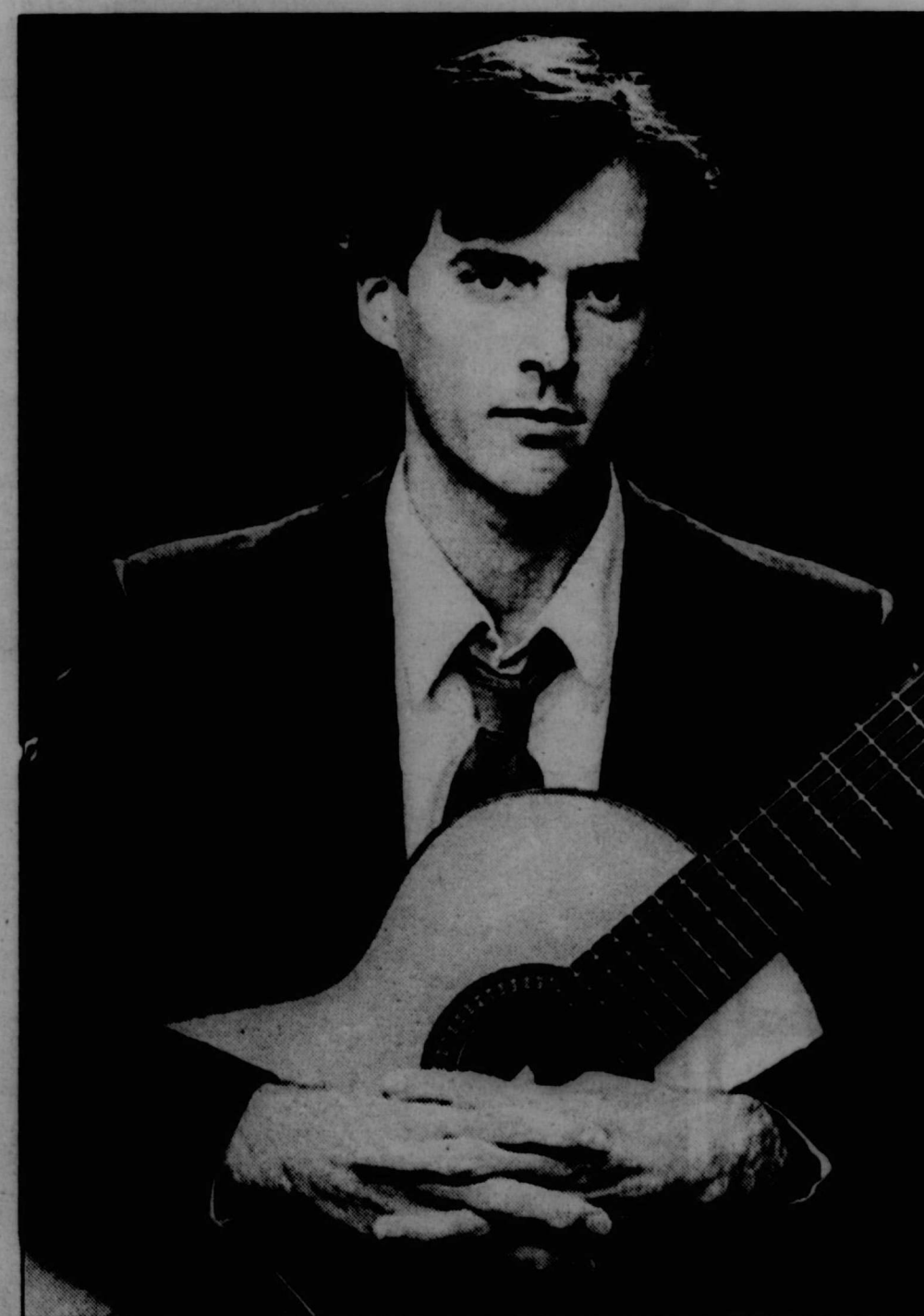
ner of the American String Teachers' Association Bay Area Regional String Competition and he was a founding member of the Humboldt Guitar Quartet before he moved on to San Francisco to continue his education and teach.

"I started playing clarinet with the school band at Bloomfield Elementary, then saxophone in middle school, and got into electric guitar in high school," Walsh said. "I became seriously interested in solo acoustic guitar after realizing I could be more successful at it."

Walsh said he made the transition from playing electric to solo acoustic guitar because he found it to be a purer means of self-expression.

"My love for the guitar could best be expressed by my willingness to take it one step forward — beyond the rock-band hype — and into a realm of emotional realism that only performing solo can provide," Walsh said.

"Arcata holds a special place for me. My mom, dad and brother still reside there so I always look forward to coming back. Besides, I'd like to show everyone how far I've come. And I'm bringing my wife Kanae with me who just arrived back from Japan. So, I have many things to look forward to."

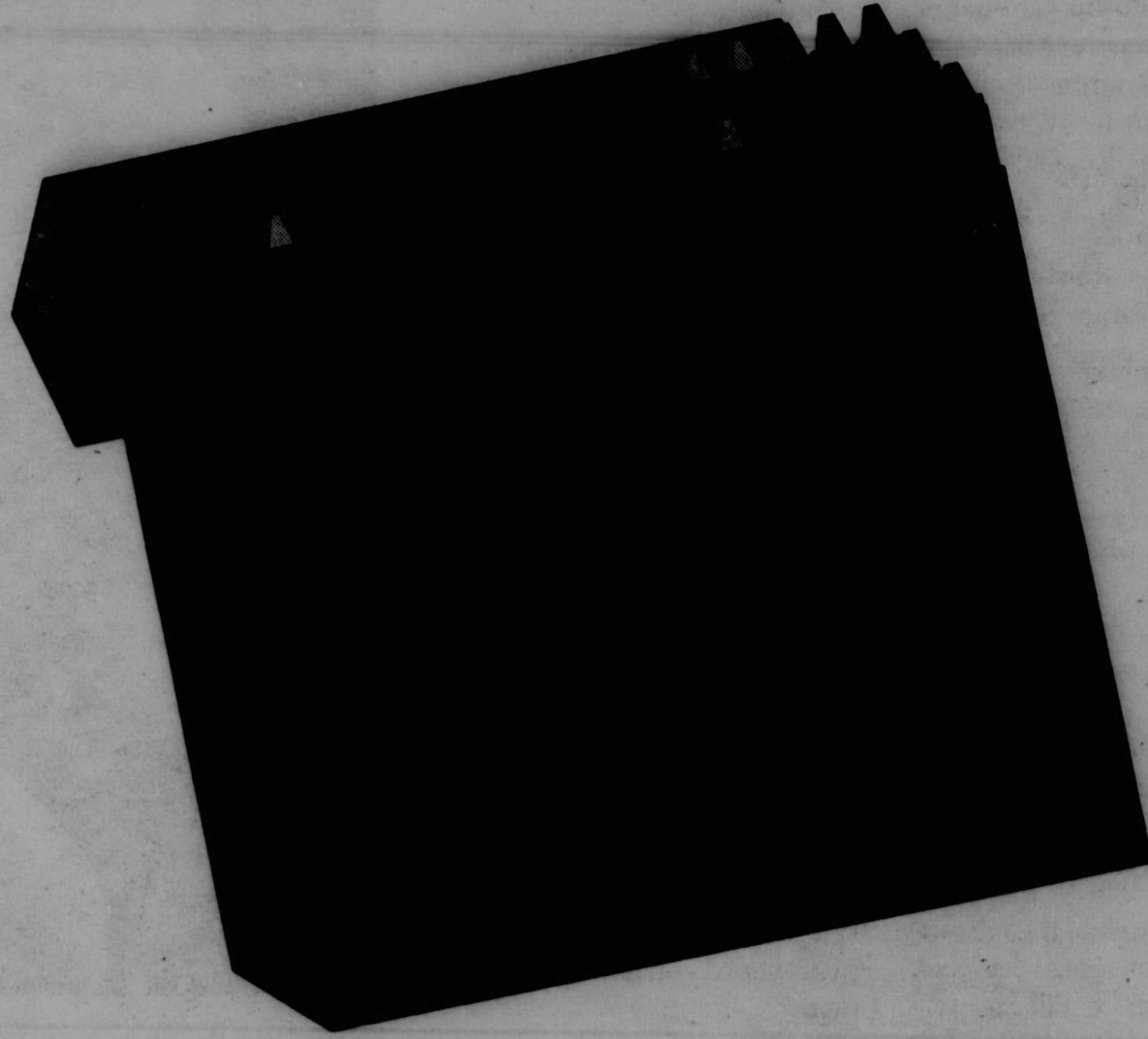


COURTESY OF MICHAEL WALSH

Michael Walsh, above, will hold a triumphant homecoming as he returns to his alma mater for a free concert.

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The Lumberjack is looking for a few good artists to join its ranks and assist in producing superior and enticing art to adorn the pages of Arcata's only weekly newspaper. If you are interested, please call us at 826-3271, drop us an e-mail message at "thejack@axe.humboldt.edu" or stop by Nelson Hall East 6.



CENTER ARTS

Burning Spear

Burning Spear is a Jamaican reggae band that has been active since the 1970s. They are known for their roots reggae sound and have released several albums. This performance is part of the Center Arts series.

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Dancers & Musicians of Bali

A group of dancers and musicians from Bali, Indonesia, performing traditional Balinese dance and music. The performance will feature a variety of traditional dances and musical instruments.



Joshua Redman

Joshua Redman is a jazz saxophonist and composer. He has released several albums and is known for his innovative sound. This performance is part of the Center Arts series.

Christopher Parkening

Christopher Parkening is a pianist and composer. He has released several albums and is known for his innovative sound. This performance is part of the Center Arts series.



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Rants & Raves

The Scene's Exclusive Ax Rating System

TTTTT

• Worth chopping down an old-growth forest over.

TTTT

• Almost worth a clear cut.

TT

• Let the little creatures keep their homes over this one.

T

• Timber! Look out below for this bomb.



Dadawa
"Sister Drum"
Sire

TTTT

East meets West on the newest album by Dadawa, and what a peaceful coexistence it is.

The best way to describe this 25-year-old enchantress is by labeling her as the Chinese Enya or the Asian Madonna. Her vocals are soothing and the background sounds paint an acoustic landscape for listeners.

Although there are only seven tracks, the listener is left more than content, with most bits of this spiritual journey lasting five minutes or longer.

The music is filled with bells, flutes, drums, throat singing and is entwined in traditional and mysti-

cal Tibetan spiritualism.

"Sister Drum" is bound to please even the most skeptical world or new age music fans. It would be great for meditation or visualization exercises or just to do homework to.

— Carrie Bell



The Levellers
"Zeitgeist"
Elektra

TTTT

Watch out — the British are coming!

"Zeitgeist" is the fifth album by The Levellers and it is filled with the same stuff as the first four — political activism, fiddle face-offs and high amounts of energy.

The band garnered some critical and popular acclaim in the states in the early '90s with the single "One Way," a U.S. tour and an album titled "Levelling the Land."

This CD isn't as good, but has some clever in-your-face lyrics and folk-inspired melodies. Although there is method to its madness, the band manages to find a nice median between apathy and fanatical preaching.

"The Fear," "Exodus" and "Hope St." will have you toe-tapping and glass-raising whereas "4 a.m." and "P.C. Keen" exhibit the ferocity of early British punk.

Be prepared to dance a jig when the stereo finds "Just the One" or "Haven't Made It."

Look out Counting Crows, Hootie & The Blowfish and Dave Matthews Band.

— Carrie Bell

Various
"Beautiful Girls" soundtrack
Elektra

TTTTT

This just might be the "Big Chill" soundtrack for twenty-

some things. It is an eclectic mix of songs about life, love and all those times in between.

This isn't just a soundtrack geared to hit No. 1 or invade MTV. It is comprised of songs listeners might actually relate to or use as their special "couple" song especially the classic choices like Billy Paul's soulful "Me and Mrs. Jones" or The Spinners "Could It Be I'm Falling in Love."

"Girls" will also make one eat up the high-cheese factor of Neil Diamond, love Fine Young Cannibal Roland Gift's jazzy "That's How Strong My Love Is" and gain a new appreciation for alterna-rockers The Afghan Wigs. The latter band turns out a new version of Barry White's "Can't Get Enough of Your Love Babe" that will make you crave some puddin' and whines pleasantly on "Be For Real."

There is also something for fans of the new bluesy folk-rock explosion with the title song by Pete Droge, "Suffering" by Satchel and tracks by Howlin' Maggie and Ween. The CD is rounded out by Kiss, King Floyd and The Dia-

• See Rants & Raves, page 25

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Music company offers fame, fortune to North Coast Bands

■ **Disc Makers** wants local bands for national contest.

By Stacy Ford
LUMBERJACK STAFF

An East Coast music manufacturing company is offering a \$25,000 prize package to the unsigned Northern California musician or band who wins its promotional contest in March. Disc Makers, a manu-

facturer for the independent music industry, is holding its third event for all unsigned artists in the greater San Francisco/Northern California area, playing original music in any style.

"We like to have a nice, diverse array of bands showcasing," Warren Moliken, Disc Makers Northern California contest promoter said in a telephone interview from his New Jersey office. "It runs the gamut from hardcore underground rap to punk to country, Christian and Native American music."

About six musicians from Arcata and seven from Eureka have called for more information but nobody has submitted

an application, Moliken said.

To enter the contest bands must send in a minimum two-song demo tape or compact disc and \$15. The deadline is Feb. 22.

All submissions will be screened and judged on originality, songwriting, musicianship and "over all vibe," according to a press release. Six finalists will be chosen.

A showcase of the six finalists will take place March 21, at The

"We like to have a nice, diverse array of bands showcasing."

WARREN MOLIKEN
contest promoter

Great American Music Hall in San Francisco. A panel of music in-

dustry judges will choose one grand prize winner.

The winner will receive:

- 30 hours of 24-track recording time from the Music Annex in San Francisco
- complete mastering package
- design and manufacturing of 1,500 compact discs and 500 chrome cassettes from Disc Makers
- one music video from Major Productions Motion Pictures
- mailing of CDs to over 100 U.S. radio stations coinciding

See Contest, page 26

Out of Hand displays work by local metalsmiths

Alex Woodie
LUMBERJACK STAFF

A group of artists and metalsmiths calling itself Out of Hand is holding its 2nd Annual Invitational Show.

The Out of Hand show is being shown in collaboration with an exhibit by Humboldt Handweavers & Spinners Guild. The two shows are being sponsored by The Ink People, a non-profit organization that sponsors art shows and workshops in the community.

The Ink People's gallery is located at the Old Winship School at 411 12th St. in Eureka. Gallery hours are 11 a.m. to 4 p.m. Tuesday through Saturday.

People are attracted to jewelry for different reasons, said jeweler Dave LaPlantz, HSU art professor and Out of Hand member. Some people like the way that jewelry looks and feels against their skin, while others wear it to show off their wealth.

Out of Hand spokesperson and HSU graduate Ling-Yen Jones said that jewelry has both artistic and functional qualities.

"It's very easy to carry around,

and it's easy to change into cash," she said. "It's got this flexibility and yet it also has this value to it because it has history."

Out of Hand member Betsy Roberts doesn't like to classify jewelry, or any art, into categories.

"A lot of the Western world has been hung up on this real split between mind and body, art and function, and between the sweet and the useful."

BETSY ROBERTS
Out of Hand member

She said that functionality, wearability and kinetic qualities are important to jewelry.

"A lot of the Western world has been hung up on this real split between mind and body, art and function, and between the sweet and the useful," Roberts said. "But I believe that that's erroneous and that makes us hurt the world because we forget that it's all sort of one big organism."

LaPlantz, who encourages all artists to sell their work, has a unique method for starting the cre-

ative process. When someone wants LaPlantz to make a piece of jewelry, LaPlantz asks him to tell them a story about something that happened to them. With the experience in mind, he creates a piece which he feels will convey the meaning of the experience.

Out of Hand member Kate Christensen wrote: "...each piece of jewelry embodies a small portion of my ongoing journey. When I begin a piece, I do not know what it will become."

Out of Hand began just over a year ago as a forum for metalsmiths and jewelers to communicate and support each other. The group, which started with nine members, now has more than 30 members and is gaining momentum. Next month, Out of Hand is planning to put some of its best pieces on display at the Phantom Gallery at 414 4th St. in Eureka. Most of the group is made of former students from HSU and College of the Redwoods.

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Rants & Raves

• Continued from page 25

The band utilizes analog recording and many tracks are really low-fi showing off its post-punk influences. The band is definitely more swallowable when the tempo and vocals are slowed down and the meaning shines through as on "Twister."

Remy Zero also experiments with layering and lots of it. Sometimes it gets a little confusing, but the technique works well on the eerily languid "Water."

— Carrie Bell

Hype

• Continued from page 25

Cronkite, 79, and Hugh Downs, 74, hardly have a leg to stand on these days.

Both underwent knee replacement surgeries in January. Cronkite had the right knee fixed after injuries stemming from athletic overuse.

Downs, a coanchor for ABC's "20/20," topped him by replacing both knees after an auto accident and being thrown from a horse. I guess he knows a good story when he feels it since he had the surgery taped for a future episode.

— Carrie Bell

Benefit

• Continued from page 25

Ken Ayoob, an assistant music professor, said, "HSU ensembles are well-known around the state for their high quality."

His hope is "that people would come out to enjoy one thing, say the Calypso Band, and find that they enjoy the Symphonic Band."

The Symphonic Band, conducted by Val Phillips, will perform "Porgy and Bess" selections by George Gershwin, arranged by Robert Russell Bennett. From Gershwin's folk opera about life on "Catfish Row," several songs included

"HSU ensembles are well-known around the state for their high quality."

KEN AYOOB
assistant music professor

o' Nothin" are planned.

Performing music by Manhattan Transfer, Voicestra and Roger Treece will be HSU's Mad River Transit Singers, a vocal jazz group directed by Harley Muilenburg.

The Calypso Band, which Ayoob said "always makes an immediate connection with the audience," will perform "Samba de Arcata" and "PAN," both composed by Ray Holman and directed by Eugene Novotney.

The PM Jazz Big Band will perform "A Night in Tunisia"

by Dizzy Gillespie, "I Want a Little Girl" arranged by Les Hooper and "Machito Forever" by Tito Puente. Gil Cline will be directing.

The Humboldt Symphony Orchestra, conducted by John Brecher, will perform Shostakovich's "Festive Overture, Op. 96" and Ravel's "Introduction and Allegro" with harp soloist Michael Rado from the San Francisco Opera Orchestra.

Rado is the principal harpist for the San Francisco Opera Center and Western O-

phony and the Anchorage Opera Orchestra. He has been a member of the Sacramento Symphony and Ballet Orchestra since 1988 and appears consistently with the San Francisco Opera, Ballet and Symphony Orchestra. He currently serves on the faculty of the San Francisco Conservatory of Music.

Ayoob said of Rado's harp playing, "If it's a sound you haven't heard, you need to."

For those who attend the concert there will be a reception at the Fulkerson Recital Hall.

Contest

• Continued from page 24

with an article about the band in a national radio promotion magazine,

• radio and promotion distribution package,

• Yamaha electric bass and guitar

• and an article in a circulation 100,000, quarterly music business newsletter.

Disc Makers will also make a compilation CD of the top 16 acts.

They are anticipating over 700 entries, Moliken said.

Interested musicians should contact Warren Moliken at 1-800-468-9353.

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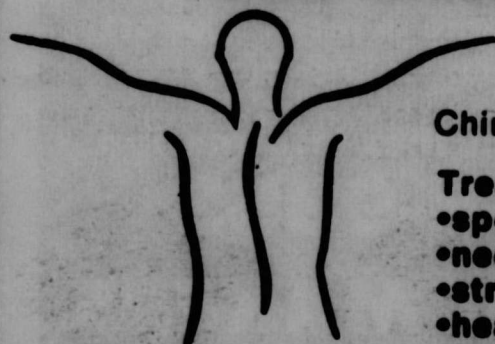
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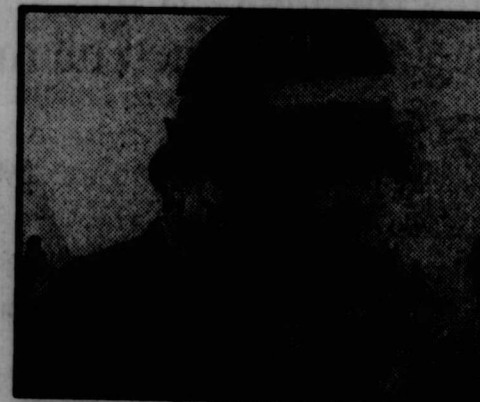
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Upset minded 'Jacks to host big games

■ Hoop teams face tough test in Davis and Chico State

By Jeff Viera
SPORTS EDITOR

A plethora of basketball excitement is on the horizon.

With the playoffs less than two weeks away, both the men's and women's basketball teams will get a taste of probable post-season opposition when the 'Jacks host UC Davis and Chico State this weekend.

Davis, the 'Jacks opponent Friday night, is in first place on both the men's and women's division.

Saturday's game with Chico State is "Senior Night." The Wildcats are second place on the women's side and tied with the 'Jacks for third on the men's side.

Women's Basketball

The Aggies dropped its first two games of the season and since then has won 20 straight games.

Currently they are ranked 12th in the nation.

Its scoring defense is second in the nation.

In Northern California Athletic Conference play, the Aggies are outscoring their opponents by 29.2 points a game.

"Heads and tails they are better than anybody in the conference," Coach Pam Martin said. "I've been watching films and we need to play with a lot more intensity than the

first time."

Chico State (9-2) is led by 6 foot three inch center Iseth Cowan who averages 16.9 points a game and is fifth in the nation with 3.3 blocks a game.

"The last few weeks, we have been playing in the 5-10 and under league," Martin said. "This weekend we will be playing in the 6-2 and over league. We need to box out and not give up a lot of two-foot baskets."

The 'Jacks clinched the playoff birth with two victories last weekend.

In Friday's 65-50 win over College of the Notre Dame, Keri Rocha continued to be hot from the three point range as she connected on five of seven, finishing with 18 points.

In Saturday's 72-57 victory over San Francisco State, four players reached double figures.

Sarah Trobee came off the bench to score a combined for 36 points.

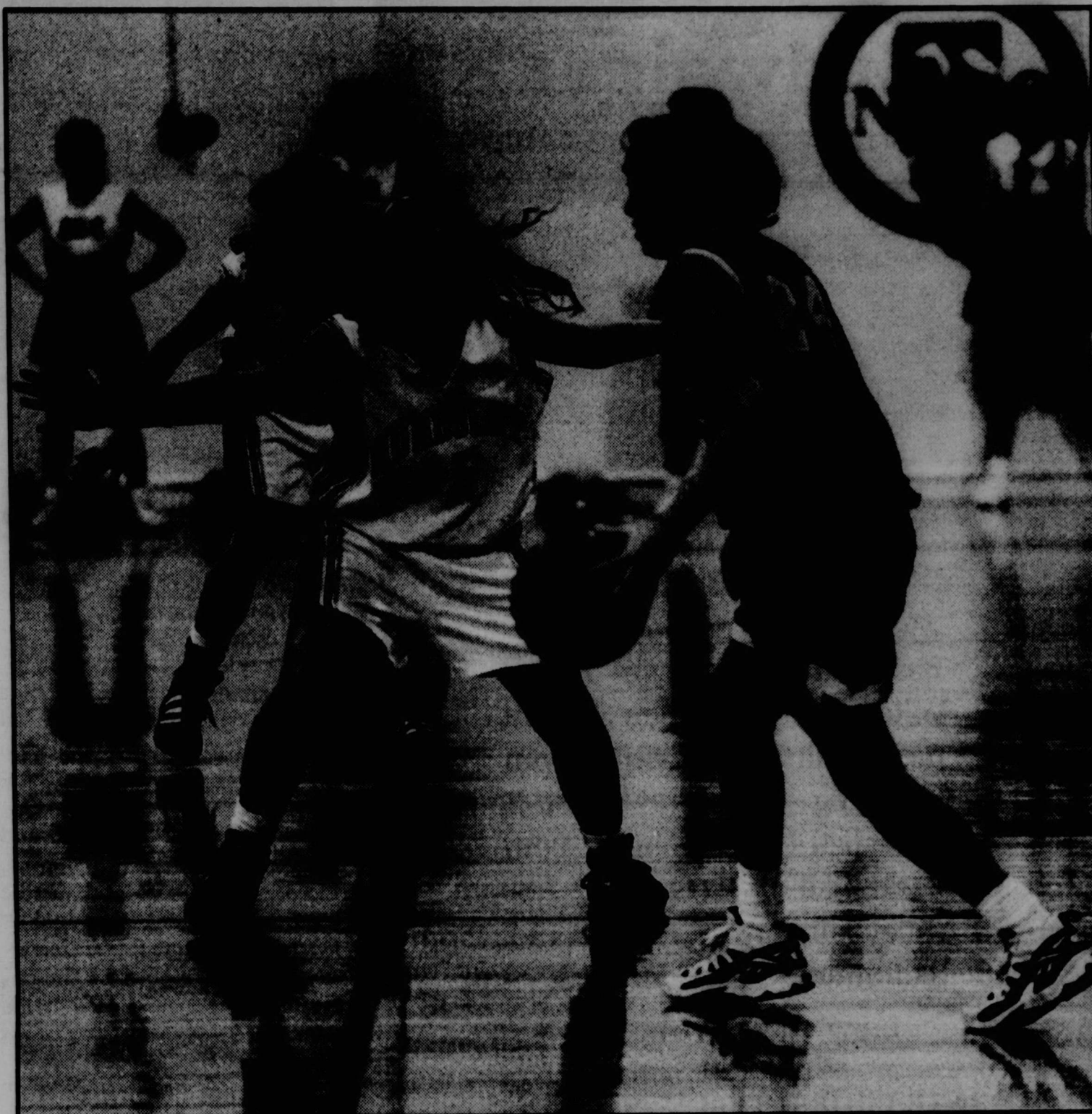
Men's Basketball

UC Davis brings a 24 game conference winning streak into Friday's game.

With three Aggies averaging double figures in scoring and Davis possessing the top defense in the nation, the 'Jacks will have its hands full in attempting to win the game to clinch a playoff spot.

"We are going to try like crazy not to be number 25," Coach Tom Wood said about the streak.

See Hoops, page 31



KEITH SHEFFIELD / LUMBERJACK STAFF

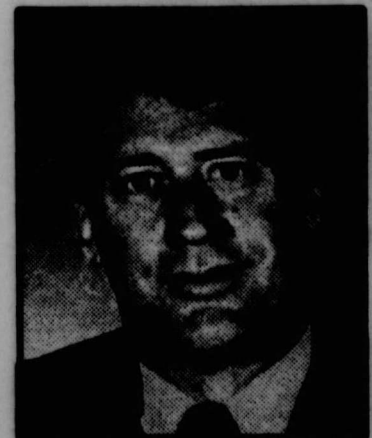
Keri Rocha (15) and teammates will have to play good defense to pull-off upsets this weekend.

Former athletic director adjusting well to new job

By Dirk Rabdau
LUMBERJACK STAFF

Montana State University is gambling that a former HSU athletic director can turn its program around.

Chuck Lindemann, 47, resigned from HSU six months ago to become



athletic director at the Division I University in Bozeman, Mont.

Since then, he has

spent the majority of his time canvassing the state by plane. A consummate politician, he shakes hands and talks with alumni and boosters in every corner of Montana.

"You fall into one of two camps here," Lindemann said in a telephone interview. "You either root for the Grizzlies of Montana or the Bobcats of Montana State. There

is nobody else."

Because only two major universities exist in the state of 800,000, Lindemann finds himself a celebrity of sorts. Where his decisions at HSU made the sports pages, he now is front-page news.

"One of the things I enjoy about the people of Montana is their straight-forward approach," he said. "There's no deceit, no deception. They don't mince words as long as you are forthright with your response."

The challenge he faces is to orchestrate a turnaround at Montana State comparable to the one he achieved at HSU. Once considered the most influential man in NCAA Division II, Lindemann begins his Division I job amid high expectations.

"Here, men's basketball won 21 games last year but were beaten by the Grizzlies three times," Lindemann said. "It didn't matter that we won 21 games we got beat three times by the Grizzlies. You could not consider yourself successful losing three times, you just could not."

The rivalry has state-wide im-

Tale of two campuses

Former HSU athletic director Chuck Lindemann recently moved to Montana State University. The following is a comparison of the two institutions:

	HSU	Montana State
University	Humboldt	Bozeman, Mont.
Location	Arcata, Calif.	
Enrollment	7,200	11,000
Nickname	Lumberjacks	Bobcats
Affiliation	NCAA Division II	NCAA Division I
Conference	NCAC	Big Sky Conference
NCAA teams	12	14
Scholarships	0	170

SOURCE: HSU athletic department, Montana State athletic department

plications. More than just a game, he said, it is almost a bitter hatred, tantamount to the Hatfields and the McCoy's. "We beat the Grizzlies and literally everybody is a little cheerier and walking a little taller."

In a region noted more for its mining and agrarian interests than sports, it is not unusual for fans to

make a five-hour trip every week to attend a contest.

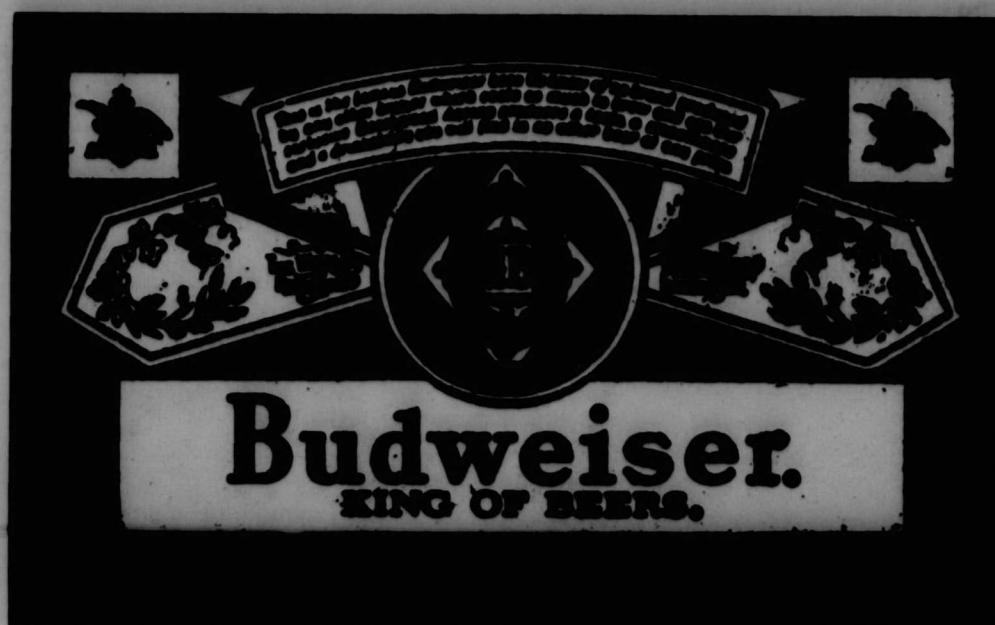
"People involved in this program want to build a future worthy of its past," Lindemann said. "It's going to take a little time but it's an exciting process. Virtually everybody is part of what we are doing."

Lindemann is credited with rebuilding an HSU program that had

fallen on hard times. During his 10-year reign, every sports team claimed at least one conference title — a feat unmatched by any other school in the league.

Politically savvy, he counted the most influential figures on campus, including President Alistair

See Lindemann, page 31



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Date	Activity	Location	Time
Feb. 12	Basketball	West Gym	7-9pm
Feb. 13	Volleyball	West Gym	7-9pm
Feb. 14	Basketball	West Gym	7-9pm
Feb. 14	Kayaking	Pool	7:30-9pm
Feb. 15	Volleyball	West Gym	7-9pm
Feb. 18	Basketball	West Gym	12-2:30pm
Feb. 18	Volleyball	West Gym	12:15-2:45pm
Feb. 18	Badminton	East Gym	2:30-5pm

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KEITH SHEFFIELD/LUMBERJACK STAFF

Kathryn Hutchings, wearing helmet, slides into second base during Monday's home opener.

Softball team wins home opener

By William Martinez
LUMBERJACK STAFF

Under normal circumstances, a team as young and inexperienced as the HSU women's softball team would not be expected to win consistently.

But for Coach Frank Cheek and the 'Jacks, nothing is ever normal.

This was proven Monday as the team swept an afternoon double-header from Simon Fraser University of Vancouver, British Columbia, 5-4 and 2-1, in their home opener at the Arcata Sports Complex.

"These are quality freshmen," Cheek said. "But they're still learn-

ing."

In the first game, HSU stormed out to a 4-1 lead thanks in large part to the sun and some miscues by the Simon Fraser outfield. But the 'Jacks could not hang onto the lead, as Carrie Kennedy singled to drive in two runs to cap a three-run inning for the Clan and a 4-4 tie.

But HSU came back with its more experienced players in the bottom of the inning, as senior outfielder Eva Garcia singled home Jennifer Fritz with the winning run.

"The seniors won the first ballgame," Cheek said.

But the nightcap was a completely different event in itself, as Simon Fraser used timely bunting

and solid pitching to take a 1-0 lead into the sixth inning.

However, not all would turn out so positive for the Clan, as they committed three errors in the bottom of the sixth, setting up Garcia's RBI double as HSU took the lead for good.

"The sun played a major role in the outcome of these games," Cheek said.

HSU will play in its first major tournament this weekend in Turlock.

"Our goal is to win the tournament," Cheek said. "I think it's possible for us to do it as long as we believe we can. We're as good as anybody in the field."

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Lone junior starter becoming a complete player

■ Tollack putting together impressive first season at HSU.

By Les Kamm
LUMBERJACK STAFF

As the only non-senior starter on the men's basketball squad, Toby Tollack has impressed Coach Tom Wood.

"He's obviously one of our main guys," he said.

Tollack is currently ranked 8th in the Northern California Athletic Conference in scoring (14.1 points per game), 5th in free-throw percentage (76 percent) and 7th in rebounds (6.7 rebounds per game).

"Coach likes me to trail the break and go to the off-side opposite the point guard and look for my shot or a hole in the defense to drive through," Tollack said.

"He has a knack for scoring and we'd like to get him the ball more," Wood said.

The 6-foot, 6-inch Tollack mirrors his coach's confidence.

"I'd like to get the ball with the game on the line," Tollack said. "But we have a lot of talented players and what I try to do is help the team win any way I can."

Tollack is a Southern California native who likes to snow ski, surf and play baseball and basketball.

He played basketball at Mira Costa College in Oceanside where he was an all-league first team selection.

"Basketball won out because it's exciting. The crowd really pumps me up and we've got great crowds here at HSU," Tollack said.

Growing up next to the warm waters near Carlsbad, might make adjusting to the weather in Humboldt County difficult.

"The campus is great and rain doesn't bother me at all," he said.

"I'm carrying 16 units for a business major so there's not much free time during basketball season."

So what does he do with his free time?

"I like to watch basketball and football on television," he said. "I'm a Lakers and a Chargers fan."

"I go up in the woods and hike around or down to the beach just to spend some quiet time alone."

His girlfriend, who attends Sonoma State, visits him a couple of times a month. "When summer comes, we'll go back down to San Diego."

But he isn't going back for the weather.

"I miss my mother's tacos and chimichangas," he said. "She also makes great Italian food."

One of Tollack's main concerns over the summer is to prepare for next season.



KEITH SHEFFIELD/LUMBERJACK STAFF

Toby Tollack, in middle, has been a force in the post as well as the perimeter for HSU this season.

"I've got to work on my inside moves and I'll need to gain some weight if I'm gonna muscle inside against some of these big forwards and centers," he said.

He plans to lift weights, keep active, play some ball and make his mother happy by eating.

"I weighed 195 when I first came

up here and now I'm up to 205 but I plan to bulk up with a weight training schedule and by eating a lot," he said.

Coach Wood also has some concerns. "He's got to work on his defense but then, who doesn't?"

Tollack is aware that all the starting players will have graduated by

next semester and he will be looked on as one of the team's leaders. However, his main focus is a fast finish for this season.

"We've got a good team, much better than our record," Tollack said. "Maybe things will come together for us the last part of the season when it really counts."

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SCOREBOARD

MEN'S BASKETBALL

Standings		NCAC			Overall					
TEAM	W	L	Pct.	W	L	Pct.	Off.	Def.	Streak	
UC Davis	11	0	1.000	18	5	.783	70.0	59.3	Won 11	
Sonoma St.	8	3	.727	12	11	.522	74.8	72.9	Won 7	
CSU Chico	7	4	.636	14	9	.609	83.6	81.3	Won 4	
HSU	7	4	.636	13	10	.565	75.4	75.0	Won 2	
CSU Hayward	4	7	.363	7	16	.304	67.2	75.8	Lost 2	
SF State	3	8	.273	6	16	.273	68.0	76.7	Lost 4	
CSU Stanislaus	3	8	.273	5	18	.217	68.0	80.6	Lost 4	
Notre Dame	1	10	.091	4	19	.174	66.6	73.7	Lost 9	

Conference Results:

HSU 76, Notre Dame 64
 HSU 99, SF State 91
 UC Davis 70, CSU Hayward 55
 CSU Chico 75, CSU Hayward 74
 CSU Chico 78, CSU Stanislaus 73
 Sonoma St. 99, Notre Dame 78
 Sonoma St. 86, SF State 61
 UC Davis 84, CSU Stanislaus 73

NCAC Player of the Week: Darryl Chambers-UC Davis

Upcoming games: UC Davis at HSU, Friday at 8 p.m.
 SF State at CSU Stanislaus
 CSU Chico at Sonoma St.
 Notre Dame at Hayward
 CSU Chico at HSU, Saturday at 8 p.m.
 Hayward at SF State
 UC Davis at Sonoma St.
 CSU Stanislaus at Notre Dame

NCAC Average Per Game Leaders (All Games)

Scoring Leaders

1. Jay Harrie (Chico)-18.5
2. Bryant Tyler (Chico)-16.3
5. Chuck Logan (HSU)-14.7

Assists Leaders

1. Rick Mayhew (HSU)-5.7
2. Jay Harrie (Chico)-5.4
3. Danny Yoshikawa (Davis)-5.2

Rebounding Leaders

1. Bryant Tyler (Chico)-10.3
2. Justis Durkee (Davis)-8.4
7. Toby Tolleck (HSU)-6.7

Steals Leaders

1. Malcolm Turner (Sonoma)-2.8
2. Jay Harrie (Chico)-2.4
3. Rick Mayhew (HSU)-2.0

WOMEN'S BASKETBALL

Standings		NCAC			Overall					
TEAM	W	L	Pct.	W	L	Pct.	Off.	Def.	Streak	
UC Davis	11	0	1.000	20	2	.909	76.4	53.1	Won 20	
CSU Chico	9	2	.818	18	5	.783	69.6	54.9	Won 4	
HSU	8	3	.727	10	12	.455	67.9	71.3	Won 5	
CSU Stanislaus	6	5	.545	10	15	.400	66.4	71.9	Lost 2	
SF State	5	6	.455	12	11	.522	63.9	67.37	Lost 1	
Sonoma St.	3	8	.273	6	16	.273	54.8	65.2	Won 1	
CSU Hayward	2	9	.182	6	16	.273	52.3	66.4	Lost 5	
Notre Dame	0	11	.000	5	16	.238	49.5	55.9	Lost 4	

Conference Results:

HSU 72, Notre Dame 57
 HSU 65, SF State 50
 UC Davis 71, CSU Hayward 43
 CSU Chico 63, CSU Hayward 46
 CSU Chico 78, CSU Stanislaus 61
 Sonoma St. 61, Notre Dame 52
 SF State 72, Sonoma St. 55
 UC Davis 89, CSU Stanislaus 65

NCAC Players of the Week: Jennifer Gross-UC Davis
Michelle Wenzler-SF State

Upcoming games: UC Davis at HSU, Friday at 6 p.m.
 SF State at CSU Stanislaus
 CSU Chico at Sonoma St.
 Notre Dame at Hayward
 CSU Chico at HSU, Saturday at 6 p.m.
 Hayward at SF State
 UC Davis at Sonoma St.
 CSU Stanislaus at Notre Dame

NCAC Average Per Game Leaders (All Games)

Scoring Leaders

1. Iseth Cowan (CSU Chico)-16.9
2. Tami McCanless (HSU)-15.6
3. Angela Colombani (Stanislaus)-15.5

Assists Leaders

1. Shana Youngblood (Hayward)-4.5
2. Tasha Henneman (Chico)-4.3
6. Tami McCanless (HSU)-3.9

Rebounding Leaders

1. Jann Thorpe (Sonoma)-12.7
2. Yolanda Minor (Hayward)-9.1
9. Ellen Wahle (HSU)-7.0

Steals Leaders

1. Sandra Pinto (Hayward)-3.8
2. Jennifer Gross (Davis)-3.3
3. Tami McCanless (HSU)-3.0

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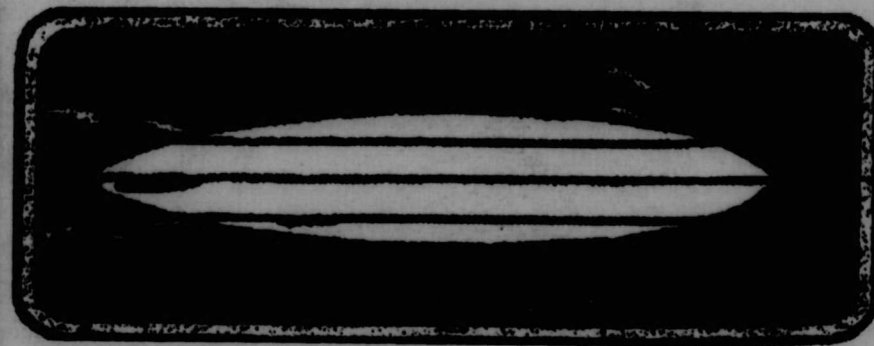
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Lindemenn

• Continued from page 27

McCrone and a host of vice presidents as allies. His ceaseless stumping shielded the athletic department from many of the cutbacks that afflicted dozens of athletic programs across the state during the late 1980s and early '90s.

He helped develop the sports auction and other fund-raisers designed to augment the athletic budget, which raises in excess of \$200,000 a year.

His tenure, however, was not without its hardships. The department dropped wrestling and women's swimming because of financial strains.

"When I first came to Humboldt they were struggling," Whitmire said. "It took us a while, we went through two football staffs before finding Fred. It was a tough time for us. We were still trying to find our niche."

The successful transformation of football from doormat to legitimate power was the final caveat Lindemenn needed before moving on. "I was ready to move up and move on. I really felt that I had done all that I can do there. It was probably time for a new person to get a look. You do see things differently and see opportunities where the previous person didn't see them."

"That's why I am a firm believer that there should be a term limit for athletic directors," he said. "After 10 years, let somebody else have a chance."

Lindemenn's duties at Montana State include refurbishing an aging athletic infrastructure. The renovations, which include work to its domed stadium, are expected to cost about \$20 million.

"It is a university priority here," he explained. "In the California State University system where ath-

letics doesn't have the same priority, athletic-specific renovations would be virtually impossible. The system just won't allow it. Here it is practically a requirement."

The financial obligation, said Lindemenn, distinguishes the two university systems. Montana State's budget is approximately \$6.5 million — more than five times that of Humboldt.

"The biggest difference is money and things you can do as a consequence," Lindemenn said. "(We have) bigger revenue and much larger expenses."

"I nearly fell off my chair when I saw the football equipment budget here," he added. "It was twice the equipment budget for all the sports at Humboldt."

"Here they paint football helmets before every home game. At Humboldt we might do that once a year. It's just a different environment here. When I look at some

expenses they are extravagant in areas where we don't need to be. We need to get our budget under control."

Lindemenn's \$75,000 salary is a slight increase from what he received at HSU. But the job isn't without its perks — the use of a new car, country club membership and a generous expense account.

More importantly, he said, is the proximity to the ski slopes — only a 15 minute drive.

"I absolutely love it. I can get up in the morning and drive my (kid) to school, ski for three hours, and get to the office by noon," he said.

His family has had little trouble making the adjustment to bitterly cold Montana winters.

Lindemenn insists Montana State will be the last move of his career before retirement. "I turn 48 this year. I don't plan to be working when I'm 58."

Hoops —

• Continued from page 27

Chico's up-tempo style (83.6 points a game) will be lead by Jay Harrie and Bryant Tyler who sit number one and two in the NCAC scoring race.

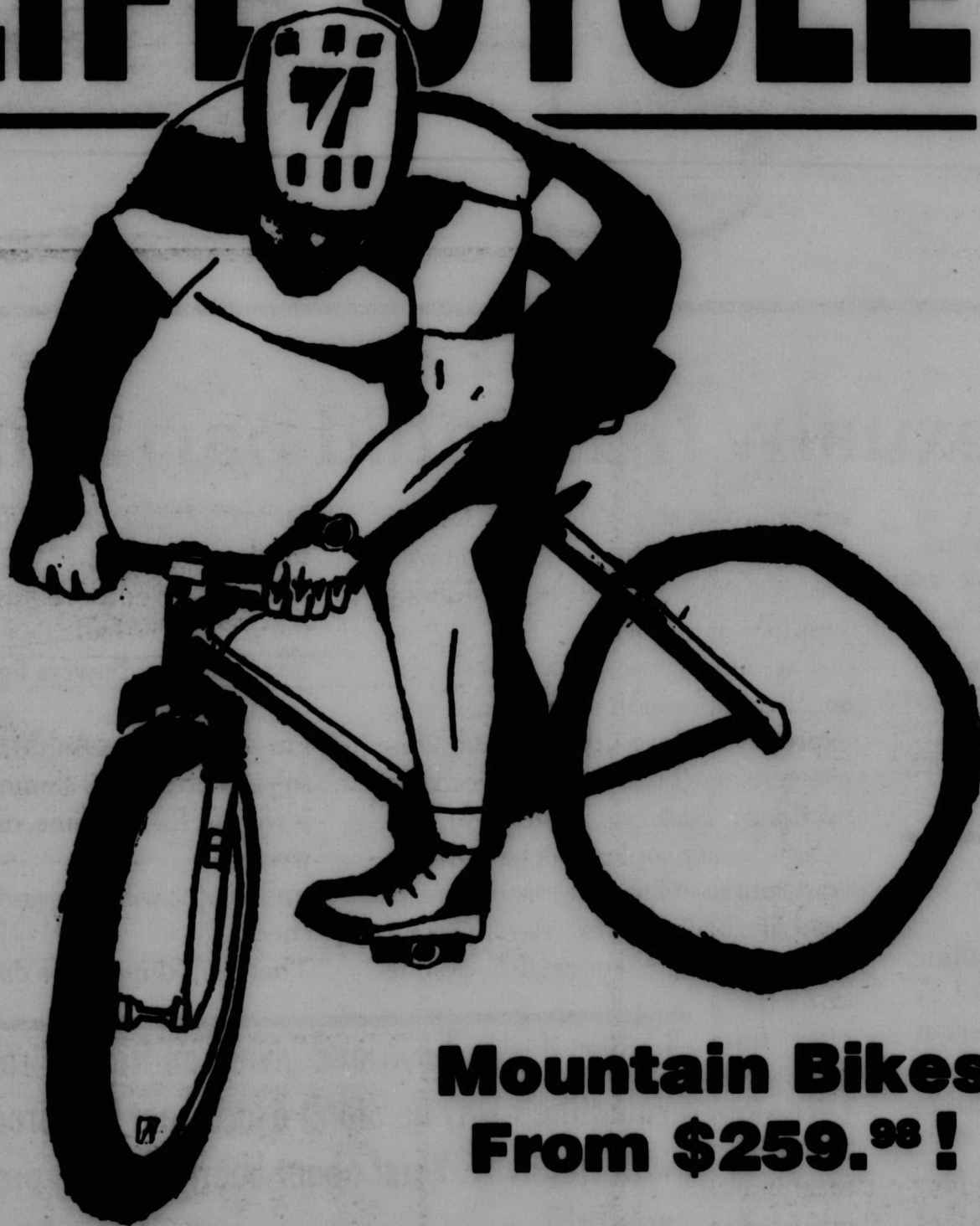
"It's hard to focus on a Saturday game with a game on Friday," Wood said. "I've been here quite a while and HSU and Chico is quite a rivalry. I've never had a team show up flat to play Chico."

The 'Jacks might have solved the "one night wonder" riddle which has plagued them for much of the season.

Last Friday, the 'Jacks beat College of Notre Dame 76-64 and then beat San Francisco State 99-91.

Rick Mayhew set a school record with 14 assists against the Gators on Saturday.

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Plaza safety is responsibility of all Arcata residents

Last week the Arcata City Council upheld the 2 a.m. Plaza curfew, acknowledging the 32 residents who spoke at the meeting in opposition the proposed 9 p.m. curfew.

The council also approved an ordinance to ban glass alcoholic beverage containers and declared the Plaza as a drug-free zone.

The council should be commended for listening to the citizens of Arcata and for allowing an atmosphere of cooperation between the council and the citizens.

Arcata citizens should also be acknowledged for taking responsibility for the Plaza by offering to police the area for broken glass.

Crime and noise continue to be a problem in the Plaza, and safety is a concern for all Arcata residents. The 9 p.m. curfew was an unrealistic proposal. Although people could walk through the plaza after 9 p.m., no one could stop and visit on the plaza.

With a number of bars and restaurants surrounding the Plaza which are open later than 9 p.m., the curfew would punish local businesses and their patrons.

Late night noise ordinances and an extended police presence suggested by council members are realistic actions to make the Plaza a safer place.

The prohibition of glass alcoholic beverages on the Plaza and the drug-free designation to the area are more logical responses to crime problems. If travelers through the area are the main trouble, then a community-wide intolerance to such behavior is the only solution.

Visitors and locals alike must realize what the Plaza is for; a place to socialize, relax and to enjoy Arcata. If the community keeps glass off the ground and sets an example of appropriate use of the plaza, crime will surely become less of an issue.



Valentine's Day

A message of love for sexually frustrated partialists

Today is Valentine's Day and if you have fallen into the "she loves me not" category, you are probably in the unhappy majority.

I suppose this could also be interpreted as the "he loves me not" category, but I'm a heterosexual male so, for argument's sake, we'll assume that "she loves me not."

Since today is Valentine's Day, statistically, not enough people are having sex.

Call me a pocket-pinball-playing pervert, but I personally think that Valentine's Day should be a free-sex day.

It's depressing that there are an equal amount of males and females on this planet, yet so many of them are going to go home to a Tortino's Pizza and a Victoria's Secret on the one day everyone should be having thigh-cramping, buck-booty naked sex.

It's not like St. Patrick's Day where everyone with an I.D. or elder sibling can get three-sheets-to-the-wind, rip-roaring piss-drunk.

Valentine's Day has its own special curse that most males have been trying to break since adolescence: In order to have sex, you must have a partner.

There's no way around it and if there was, I would have figured it out by now. That thing where you cut off circulation



Liquid Lunch

David Chrisman

to the brain just doesn't cut it and I've got bruises to prove it.

For those of us who are "spending quality time alone" this Valentine's Day (see photo), we should take a moment or two to remember exactly what we're not missing (like we have anything else to do).

First of all, we're not blowing a paycheck on roses. If I'm going to pay \$20 bucks for something that's going to die in three weeks, it better be something I can decapitate, throw on a friggin' barbeque and eat with my bare hands.

If I'm going to pay \$20 for something that smells good, it's going to come in a bucket with buttermilk biscuits and its initials will be KFC.

I mean, let's be honest, do roses even cut it anymore? Can you give a woman roses and still maintain the surprise element?

Ladies, if your boyfriend gives you

friggin' roses this Valentine's Day he didn't exactly get his forearms wet with creativity. What about beer, cleaning products or goldfish?

The only way to really make a reasonable impression on a woman is to express your love in simple and concise verbiage (but don't use a word like "verbiage" because I made it up).

Now most people don't have the literary lubricant I have resonating in my head like bacon grease, so I'll make it easy. Here's a great poem that, despite

countless offers from publishers, I refuse to copyright. Steal it and give it to the one you

love before she gets a chance to read this and please don't mention my name:

Roses are red,
violets are blue,
or aren't they supposed to be violet,
does this make sense to you?
If cherries are cherry and greens are green,
a violet should be violet,
damnit,
do you know what I mean?

Or maybe violets are blue because they're sad.

But I've seen nothing but happiness in the violets I've had.

So until these flowers figure out their dilemma,

I'm buying you a ButtMaster™, so your booty gets slimma'.

It will last for a lifetime, or at least a few weeks

and people will stare and admire your cheeks.

There's nothing more disturbing,

Ladies, if your boyfriend gives you friggin' roses this Valentine's Day he didn't exactly get his forearms wet with creativity. What about beer, cleaning products or goldfish?

nothing more crass, than a girl with twelve roses and a poorly kept ass. So if you don't like it, I saved the receipt, or I could give it to the rugby guys who live down the street. It doesn't make a difference because I love you all the same, and I'll buy you all the violets you want, if they can choose a better name. Chrisman is a journalism senior

Campus Voice



What is your most memorable Valentine's Day experience?

"When I got a Valentine from my mom which said, 'no matter how old you are you'll always be my baby.'"

MARIANNE BARLOW
liberal studies multiple subjects senior



"I cooked dinner for my mom. I gave her a day off."



KAI GEER
geology senior

"I honestly can't remember, but hopefully it will be this Wednesday."

TIM ELFERS
oceanography senior



"My mom made me a Robert Redford cake."



KAT BERGMAN
interdisciplinary studies senior

"Going camping with a boyfriend on the Smith River and waking up with ice on the outside of our tent."

BECKY LEE
HSU alumna



"Prime rib."



EDDY HARVEY
psychology senior

Compiled by Heather Parker and Nora Whitworth

Parents still worry about college-aged children

Parental concern is astronomically annoying. I honestly thought my parents' and my relationship would change after leaving home. I've been gone four years, but mom and dad are apparently under the assumption it's just a matter of time before I spontaneously combust or end up panhandling on the streets because I dropped a class.

Granted, I don't always appeal to rationality when making decisions and this is epitomized by the fact that I chose this campus because it reminded me of "Twin Peaks."

So here I am, 12 hours from home. At least that's how long my parents think it takes. A lot of people say they chose HSU because it was the farthest they could get from home without paying out-of-state tuition, but realistically it doesn't matter.

Dad worries about everything, but mom's basic concern is whether or not my diet conforms to USDA regulations.

In those packages sent from home that we all love, a flood of coupons and articles flutter to the floor as I search for money she may have hidden underneath a cardboard flap. If I find any, it pays for dinner at an obscure restaurant where I can't identify if my parents call to ask the waitress if I've touched the salt shaker.

They should know by now I don't cook... I spent the holidays with a friend, and one night he forced me to make tomato soup. I knew how to open the can, but then just dumped the contents into a pan and began to stir. He added a can of water and mumbled, "I'm surprised you're still alive," as he wandered out the door. The soup was good, but it needed salt.

Dad wrote a newsletter to our relatives, claiming one of my resolutions was to cut my daily coffee intake to about three gal-

Staff Column by Kim White

lons, except during times of stress, like, when I go to class. True, a lot of the money goes to Starbucks because I'd rather drink coffee than eat. It's easier and the kitchen doesn't get messy.

Due to expenses like coffee, tuition, books and rent, my wallet is like the Bermuda Triangle. In high school, my dad and I had a conversation about females and money, but the topic turned anthropological... since women did a lot of gathering while men were out killing things, he postulated, there's an evolutionary inclination for us to graze at Nordstrom's. Little did he know this conversation would come back to haunt him as my last line of defense.

Another New Year's resolution was to try to explain to my dad, once again, why skiing is more important than attending class. There's truth to that because I broke my leg in August, and if my parents are really concerned about my health they should understand that a ski trip would do wonders for strengthening my leg.

This campus, I might add, isn't conducive to crutches. Founders is a bitch, but when you need help moving furniture, break a leg, because a benefit of infirmity is parental sympathy. They came up to help, but immediately had to leave and mom wasn't able to cook anything.

My parents' anniversary is coming up, and where else would they choose to memorialize 25 years together but Disneyland? I just hope they remember to bring jackets because it gets cold whirling around in the teacups.

White is a journalism senior.

Letters to the editor



1996 year of the rat

Gong Xi Fa Cai means Happy New Year in Mandarin Chinese. In 1996, the Chinese New Year occurs on Feb. 19. On this day begins the Year of the Rat, according to the Chinese Zodiac. The 12 animals whose years occur in sequence represent certain characteristics thought to mark individuals born in those years.

The most important trait for those born in the Year of the Rat is charm. Rats are adaptable, creative, quick-witted and able to negotiate complex, detailed situations — which tends to make rats easily sociable and gregarious.

This can disguise a crafty and opportunistic character, who may have a penchant for "using" friends, although by no means is the Chinese rat always a skulking villain. In contrast to the unpleasant connotations of the word "rat" in English, in Chinese the same word is used for mouse, mole, hamster and a number of other small furry creatures.

Rats can make financial affairs more interesting than necessary. They will cut corners and make do with little in lean times, but can be lavish spenders when there's money around.

Rats are bright and chatty, but their deeper complexity may not be readily apparent. They are adept with calculations and have a good command of abstract

notions.

Rats often end up with careers in sales, or as writers, critics, or publicists.

Famous rats include William Shakespeare, Wolfgang Mozart, Truman Capote, Winston Churchill and George Washington. By the way, I am a rat as well.

Daoshuai Zhang
Eureka resident

UPD clips report inaccurate cause of fire alarm

As a request from residents in Pepperwood Hall, please note the following error which took place in the last edition of the Lumberjack.

It was stated that Pepperwood residents set off a fire alarm by throwing water balloons at the nearby sensor. This reason was submitted by the LGA (Living Group Advisers) in an attempt to limit the amount of fun and games taking place in the hall, when in fact it was blatant fraud.

It was known that evening that an inflatable blimp hovering on the ceiling was the cause for hitting the fire alarm. An apology from the LGA will not be necessary, we only want the truth to be known.

Lars Samson
senior psychology

Letters policy

Letters and columns to The Lumberjack must be received by 5 p.m. the Friday before publication date. Items can be mailed, delivered, faxed or e-mailed to:

The Lumberjack
Humboldt State University
Nelson Hall East 6
Arcata, Calif. 95521
Phone: (707) 826-3271
Fax: (707) 826-6921
E-mail: thejack@axe.humboldt.edu

Letters and columns are subjected to these guidelines:

- They must be typed or neatly printed.
- Letters are limited to 250 words, columns are limited to 600 words. Longer items will not be considered.
- Items must be verified before they're published. They need a signature, address and phone number. Students must include their major and year in school. Anonymous letters will not be published.
- Items are subject to editing for style and grammar, and may be condensed to fit available space.
- Publication is not guaranteed.



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TIRE OF POLITICS AS USUAL? Send Clinton a message. Register Green—vote for Nader March 26th. See where Nader stands <http://www.rahul.net/cameron/nader>. Green Party meets Tuesdays 7pm N.E.C. back door. Info. 822-1835

SUMMER CAMP JOBS AT CAMP TAWONGA. interviewing on campus 3/6/96. If you love Yosemite, kids, and making a difference, join our summer staff team. NOW HIRING: counselors, wilderness leaders, maintenance, life guards, prep cooks, arts and crafts and more. Call (707) 826-4175 for an application and to schedule an interview. A service of the Jewish Community.

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PIPES, PIPES, PIPES, PIPES, pipes, pipes, pipes, smoke, smoke, smoke, smoke, smoke. The Time Traveler gift shop, in East Arcata at Sunnybrae Center (Samoia Blvd. at Buttermilk Lane). Arcata's coolest little gift shop!

18 SPEED FREE SPIRIT IRON MOUNTAIN BIKE for girls for sale, \$75. Practically new, moving, must sell immediately. Please call soon for details, great buy! 826-9738

MAC IIcx, 12mb RAM, 730mb hard drive; Apple 14-inch monitor, Radius Precision Color Pro 24xp video card; external 2x CD-ROM drive; LocalTalk ImageWriter II; System 7.5, \$1,500. 822-6580 or 826-4486.

PERSONALS

WORMWOOD— Another disaster on your watch. Church of the Holy Family, Sundays at 11, 1757 J Street, Arcata—SCREWTAPE

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McKINLEYVILLE, 2 BED APT. \$495, 2 bed townhouse \$525, 3 bed townhouse \$775. On bus line water and garbage paid. 839-1227

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- Place ads at University Ticket Office, Nelson Hall East
 - \$5 for 25 words.
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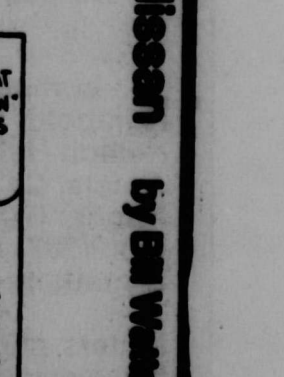
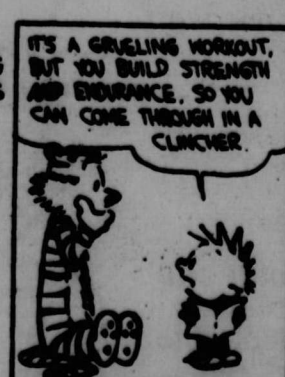
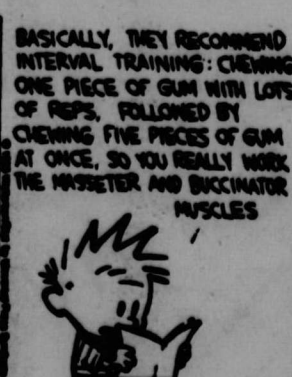
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Music

The 10th annual **Scholarship Benefit Concert** starts at 8 p.m. Saturday in Van Duzer Theatre. Acts include the HSU PM Jazz Band, Calypso Band, Symphonic Band, Symphony Orchestra and the Mad River Transit Singers. Tickets are \$7 general, \$4 students and seniors. 826-3531.

• **Blue Diamond Door** performs original rock 'n' roll free in The Depot 8 p.m. Thursday.

• **Alumnus Michael Walsh** performs classical guitar 8 p.m. Friday in Fulkerson Recital Hall. Free admission.

• **Burning Spear**, five-time reggae Grammy nominee, is hosted by Center Arts 9 p.m. Saturday at Club West (for a larger audience capacity). The **Wailers**, **Jimmy Cliff** and **Toots & The Maytals** also perform. Tickets are \$17 general, \$13 HSU students. 826-3928.

• **Café Mokka** hosts **Bigfoot Family Folkdance Band** 9 p.m. Saturday. No cover charge. 822-2228.

• **Club West's** regular Friday **Power 96 Retro Revival Show** has doors open at 8 p.m. and Sunday's **Club Triangle** for alternative lifestyles opens at 9 p.m. Both events are for ages 18 and over. 444-CLUB.

• **Deep Forest Pizza** hosts **Banana Split's** mix of reggae, rock and the Grateful Dead 8:30 p.m. to midnight Saturday and **Marimba Magic** 6:30-8:30 p.m. Sunday in Blue Lake. 668-5933.

• **Eureka Inn** hosts the contemporary folk rock of **Kerrie Hillary** 8 p.m. to midnight in the Palm Lounge. **William Archer** and the **Quivers** perform New Orleans rhythm and blues 9:30 p.m. to 1 a.m. in the Rathskeller. Both per-

formances are on Friday and Saturday. No cover charge.

• **Proyecto Fama** performs at a **Club Latinos Unidos** dance 9 p.m. to 2 a.m. Saturday at the Loleta Fireman's Hall. General admission is \$12, \$6 students and seniors. 442-1172.

• **Humboldt Brewery** hosts the rock 'n' roll fun of **On Tap** Friday and the hard driving rock of **Forty Fingers** Saturday. Showtime is 9:30 p.m. Cover charge is \$3. 826-2739.

• The **Jambalaya** hosts the rhythm and blues of **Night Train** Friday and Saturday, and **Back Row Kings** perform Sunday as a benefit for the San Francisco A.I.D.S. Foundation and California A.I.D.S. Ride 3. Times vary, expect to arrive by 9 p.m. Cover charges average \$4-5. 822-4766.

• **Mateel Community Center** hosts **Clan Dyken** 9 p.m. Saturday in Redway. Tickets are \$8-10 at the door on a sliding scale.

• **Sunnyside Pub and Eatery** hosts **Rachel Howe's** acoustic mix of rock and folk Sunday. Cover charge is \$1. 822-5493.

On Stage

"**Conversations of my Mothers**," a play about the lives of five women spanning 100 years plays 2 p.m. Thursday, Friday and Saturday at the North Coast Repertory Theatre. Tickets are \$7-9. For reservations call 442-6278.

• **Center Arts** presents the **Dancers and Musicians of Bali**, performing at 8 p.m. Feb. 21 in Van Duzer Theatre. Bongos, chimes and dancing highlight the Bali communal ritual and ceremony. Tickets are \$17 general, \$13 students and seniors. 826-3928.

Grab Bag

Crescent City's 31st annual **World Championship Crab Races** run 11 a.m. to 5 p.m. Saturday at the Del Norte Fairgrounds. A crab feed and children's games will also be had. Admission is \$9. 800-343-8300.

• **Humboldt Poultry Fanciers** **Winter Show** runs Saturday and Sunday at the Ferndale Fairgrounds. Birds from across the country will be in attendance for contests including a chicken calling competition. 822-3527.

• A **collectibles sale** runs 10 a.m. to 4 p.m. Saturday at Celebration Hall in Arcata. 822-1070.

• **HSU basketball** hosts UC Davis Friday and Chico State Saturday. Women's games start at 6 p.m. and men's at 8 p.m. in the East Gym. Admission is \$5.50, \$3 for students. 826-3631.

• **Six Rivers Running Club** hosts a **Sequoia Park** fun run in Eureka Sunday. A two-mile run starts at 1 p.m. and a five mile starts at 1:45 p.m. 445-2911.

• The **Reese Bullen Gallery** shows "**Lovers in Antiquity**," a pastel-with-acrylics art exhibit of HSU Professor **Demetri Mitsanas'** colorful work, on display 11 a.m. to 4 p.m. through March 8. The **Karshner Lounge** has a group show by **Nancy Tobin**, **Nate Eckman** and **Beth Albertson** running through Friday.

• A new **faculty support group** for teachers developing **World Wide Web** pages for courseware or departments starts at 4 p.m. Thursday in Nelson Hall East 113. For more information call Howard at 826-3544 or e-mail hls2@axe.humboldt.edu.

Workshops

"**Loss, Suicide and Survival**," a workshop about death, grief, healing and prevention runs 9-10:30 a.m. Saturday at the HSU Student Health Center second floor conference room.

• A **stop-smoking class** is offered Thursday evenings at the HSU Student Health Center, tentatively set for Feb. 22. Fee is \$5. To register, call Jenny at 826-5123.

• **Build a bird house** at the HSU Natural History Museum 1-3 p.m. Saturday. Cost is \$6 per house for adults and children 6 and older. Children must be with an adult. 826-4479.

• The **Career Center** runs job workshops through February. "**Interviewing Techniques**" runs today at 4 p.m. in Nelson Hall West 232; "**Job Search Strategies for Graduating Students**" 4 p.m. Thursday in Nelson Hall West 241; "**Job Search Strategies for Teachers**" 1 p.m. Monday in Nelson Hall East 106 and "**Resume Writing for Teachers**" 3-4:30 p.m. Monday in Nelson Hall East 120. 826-3341.

Films

"**Manufacturing Consent**," with **Noam Chomsky**, a documentary about corporate mass media shaping our lives shows at 8 p.m. Thursday in Founder's Hall 118, sponsored by the Free Arcata Festival. Donations welcome.

• "**All the President's Men**," shows at 7 p.m. Friday in Science B 135. **Robert Redford** and **Dustin Hoffman** delve into the Watergate

scandal in this film, sponsored by the HSU chapter of the Society of Professional Journalists. Donations welcome.

• "**The Color of Fear**" and "**Long Walk Home**," show this week. See **Black History Month** entries.

• New on home video today are "**Dangerous Minds**," "**Virtuosity**," and "**Amazing Panda Adventure**." On release Tuesday are "**Copycat**" and "**To Wong Foo, Thanks for Everything!**" **Julie Newmar**.

Black History Month

"**The Color of Fear**," a gripping documentary on racial prejudice shows at 3:30 p.m. Thursday in the Kate Buchanan Room. A panel discussion follows. 826-4781.

• **Music and its Influence on the '60's Movement** will be addressed by guest speaker and HSU alumnus **David Littleton** at 3:30 p.m. Friday in Founders Hall 118.

• The film "**Long Walk Home**," will show at 6:30 p.m. Monday in Founders Hall 118.

• **Big names in black music** appear 6 o'clock weeknights through February in chat sessions on the World Wide Web. Scheduled guests include **Barry White** today, **Babyface** Thursday and **TLC** Friday. Tune in at <http://www.loci.com/HO/events/nbc/clubnoir.html>.

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Sunday Morning Symphony
Eclectic Rock with Matt

1 - 3pm
Mel's Mellow Alternative
Mostly Alternative, Rock and Punk

3 - 5pm
Turn Up the Volume
Punk to Funk, Rap to Rock, anything but country with Brad

5 - 7pm
Granola Straight No Chaser
With DJ Mark

7 - 9pm
The Lights Out Groove
Smooth grooves, Acid Jazz, Techno and Modern Jazz with Pete

9 - 11pm
Hop on the Bus
An Eclectic mix of Punk, Ska, Jazz, Rock, and show tunes with Tami

11pm - 1am
Catharsis
A music and spoken word program that celebrates the psychotic with David

Monday

8 - 11am
Roots is Taken Over
Dread music for the positive soul with Scott

11am - 1pm
Poetry and Prozac
Rare grooves from the player's club with Jefe and Phil

1 - 4pm
Whatever Sounds Good
Whatever you want, whatever TJ wants. It's a good time

4 - 6pm
Request Lines Are Open
Listen to a wild mix with your host Smitty

6 - 8:30pm
Staying Crunchy in Milk
From thunderstorms to lullabies, the cornflake girl is part of a complete breakfast

8:30 - 10:30pm
The Rise Up Lounge
Chaotic Punk, Funk, Hip-Hop and a touch of Roots, Rock, Reggae

10:30pm - 1am
In Search of the Slinguatch
Big hairy Ska, raw stinky Punk, and phat Hip-Hop with the Gelling

Tuesday

8 - 11am
Espresso A Go-Go
Let Dawn fuel your day with music to get you going

11am - 1pm
The Cecil Show
Cecil's taking over!

1 - 3pm
The Brandy of the Damned
Intoxicating rhythms served up at 120 beats/minute with Aaron

3 - 5pm
The Show with Flow
Tunes that are groovin' to keep your booty movin' with DJ Rick

5 - 7pm
No Experience Necessary
Reggae, Jazz, Blues, Alternative, Rock, and Folk with Mike

7 - 10pm
Torquid Station
Climb aboard, light the incense and take a trip into the Dead and beyond with Jeff

10pm - 1am
Homicidal Heart Thumps
Gothic and industrial tunes to comfort your darkened heart with St. Steven

Wednesday

8 - 10am
People Granges and Tricuits
Music for the morning munchies with Carol

10am - 1pm
The Grateful Dave Show
Rock, Rhythm and Blues. Radio like you've never heard it before

1 - 3pm
Cynical Decadence
Post-Punk Eclectic with a Jazz & Blues influence with DJ Mark

3 - 5:30pm
Cultural Rhythms
Roots Riddims with DC

5:30 - 7pm
KRFH Presents: The Live CD of the Week

7 - 9pm
Guy Styler's Mega Dose
Kind grooves, from Guy's head to yours

9 - 11pm
Annabelle's Muppet Show
100% pure homp: for listening purposes only. Hosted by Anna

11pm - 1am
Nightbirds at the Door
A late night at a greasy diner with Peter as your waiter

Thursday

8 - 10am
Bubba's Morning Smeal Ride
Start your day the Humboldt Way. Roots, Rock, and Rips with DJ Bubba

10am - noon
Good Day Sunshine
A magical mystery tour of Beatles yesterday and today with Jeff

noon - 3pm
Rockin' with Henry
Turn it up and rock out

3 - 5pm
Interplanet Janet's Supershow
Special treats to brighten your sad life

5 - 7pm
Cassidy's Smoke Shop
Punk, psychedelic rock, blues, and reggae with a touch of jazz

7 - 8pm
Local Licks
Live in studio performances by local artists

8pm - 10pm
The Jones Experience
Mixed up madness for the mixed up masses with The Joneses

10pm - 1am
The Revolution will not be Televised
Revolutionary Hip-Hop, Reggae, Jazz, Funk & more with DJ Tullin

Friday

8 - 10am
Battlerock Battling
Rock, Funk, Ska, Folk, Rap, and anything else Joe likes

10am - noon
The 3rd Chamber
Join the Few 1 as he spins slamin' tunes from the dungeon

noon - 3pm
The Myster Music Show
Whatever gets you through the night... with Mark

3 - 5pm
Just All
Music I like, pretty much anything and everything

5 - 8pm
A Wolf in the Red Coat
Classic rock and your requests

8 - 11pm
DJ Double M
Hip-Hop and you don't stop... Rap in the mix plus more

11pm - 1am
Rare Grooves
Jazz, Funk, the midnight comedy hour and other random stuff with Chris

Saturday



REQUEST LINE:
826-6077

11am - 1pm
Blues, Funk and Other Junk
A superb selection of soulful tunes from all genres hosted by Mike

1 - 3pm
The Private Session
Listen to the radio succumb to insanity with DJ Matt

3 - 6pm
KRFH Chaos
Random DJs at random times to get you thru your Saturday

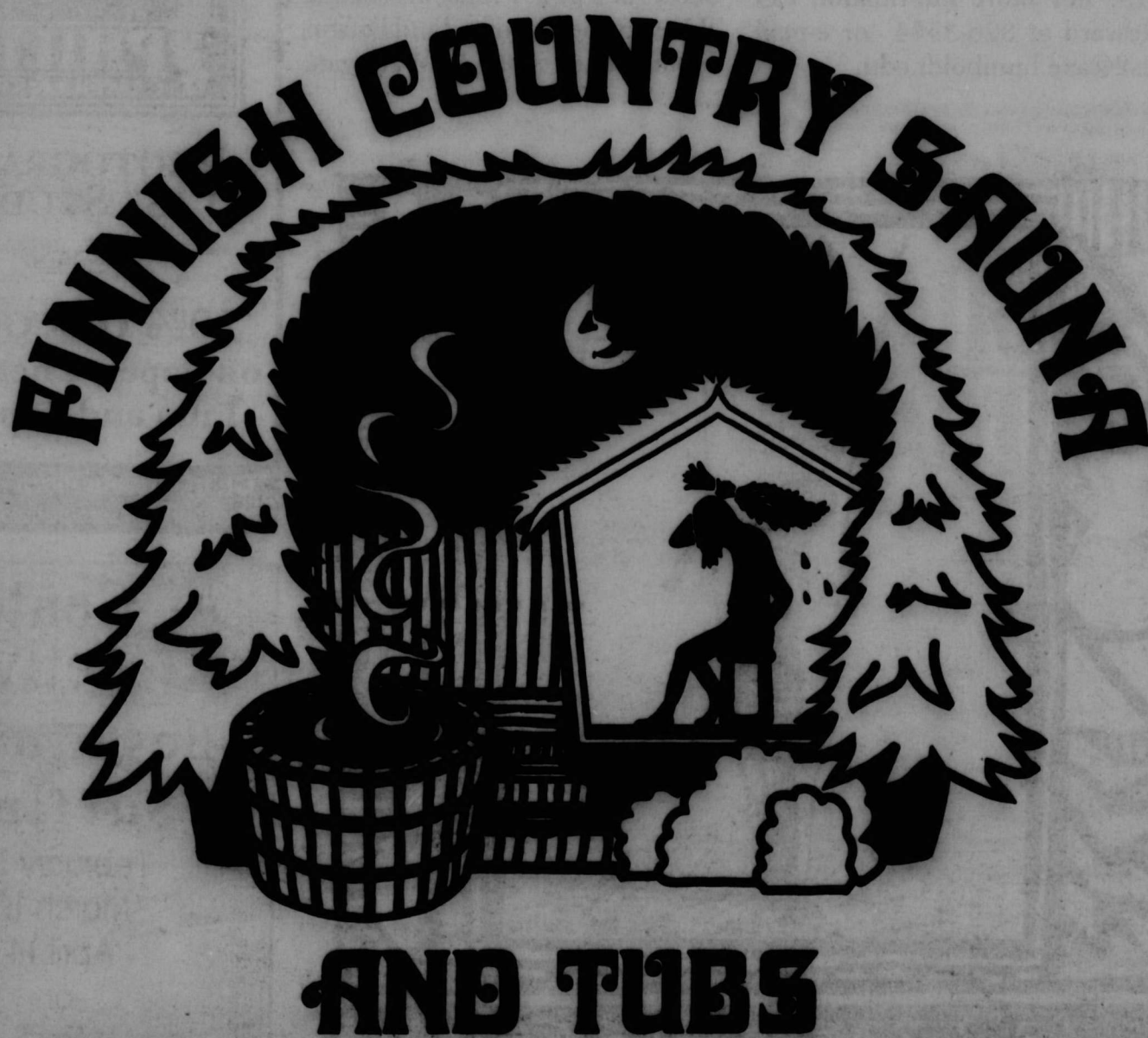
6 - 9pm
The Green Machine Show
Music you can bug-out to with MC Steve

9 - 11pm
Jimmy Dean's Sausage
Anything greasy, served up by Steve

11pm - 1am
Houses of the Holy
Hot melting vinyl and your requests

KRFH OFFICE
826-6077
GUEST HALL 10-10

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