



**The Arcata City Council  
adopts an ordinance to limit  
noise on the Plaza.**

**Community, page 9**

**Student artist eats, sleeps and  
drinks her art in Reese Bullen  
Gallery.**

**The Scene, page 19**

# *The* **LUMBERJACK**

**Vol. 74, No. 31**

**Humboldt State University, Arcata, Calif.**

**Wednesday, March 13, 1996**

## **It's election time**



**Californians Against Political Corruption, above, held a rally Tuesday marking the half-way point in a petition drive to place the Anti-Corruption Act of 1996 on the November ballot. The act would limit campaign contributions from outside a candidate's own district, ban corporate contributions, repeal the tax deduction for lobbying expenses, limit contributions made by individuals and mandate campaign spending limits. John Cumming, right, Democratic candidate for state assembly, speaks in favor of the proposed initiative.**

***The Lumberjack gives its endorsements for the March 26 California Primaries .....27***







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## CORRECTIONS

Due to an editor's error, Chechniks were misidentified as Chechens on page one of the March 6 issue of The Lumberjack.

On page 3 of the March 6 issue of The Lumberjack it was incorrectly reported that Queen Esther was not Jewish.

The Lumberjack regrets these errors and any confusion they may have caused.

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TODD WUCETICH/LUMBERJACK STAFF

## Les Ballets Africains

Universally recognized as Africa's most renowned and accomplished dance company, members of Les Ballets Africains work to produce art that deals with universal issues within the context of their cultural perspective. The troupe performed Tuesday night in HSU's Van Duzer Theatre.

# Tenure hiring delayed

By Marolyn Kraener  
EDITOR IN CHIEF

Two empty tenure track positions in the ethnic studies department will not be filled until the academic year 1997-1998, according to Vice President for Academic Affairs Alfred Guillaume.

Guillaume met with members of the Student Coalition for Diversity Thursday as well as Dean of Behavioral and Social Sciences Lee Bowker.

The coalition, which has collected approximately 2,000 signatures from students and faculty in favor of filling the positions, met with Guillaume and Bowker to ask that the university immediately start the hiring process.

A memo to the HSU community sent last week, written by the SCD, stated "How can an ethnic studies department that cancels most of its classes and maintains a single professor, meet the needs of the university and its students?"

Members of SCD say the university has not acted quickly enough to fill the positions.

Guillaume said the ethnic studies department is in need of an external review before any advertising or hiring for the positions can begin. A consultant from Claremont Graduate School, in Southern California was chosen to come to HSU, evaluate the department and give her recommen-

dations to administrators. The recommendations will be used to help guide the search for new instructors.

In the mean time, he said, those two positions will be filled by temporary instructors.

He said this is not an issue of lack of support for diversity at HSU, rather a time to evaluate the program and devise ways of making it stronger.

At the meeting, members of SCD said the goal of the coalition is to get permanent faculty in those positions by next fall.

Guillaume said that will not be possible because his goal is to "solidify the program in the long term" and by hiring in haste he said it would be a disservice to students.

He said he could not promise that the ethnic studies department will not die, but he said "My personal commitment is that I want to see a strong program. That's my assurance to you."

The SCD's goal is to get the two positions filled soon.

Arturo Ramirez, a math junior and member of SCD, said he did not feel any better about the situation after the meeting.

"I don't think it was a productive meeting," he said.

The coalition has to decide what its next step will be. "I'm not sure what to do at this point," he said.

But, he said, "If we keep on them, I think it will happen."

Nathan Smith, chair of the ethnic studies department and its only professor, said, "I've been trying to get the permission to advertise for replacements."

"My dean told me I could not advertise until I had done an internal review of the ethnic studies department."

He said he did the review of the department, which included Chicano studies, Asian-American studies and African-American studies and turned it in to Bowker on Feb. 6. He said Guillaume has not consulted with him about his review or the impending review by the consultant.

Smith said since Professor Luis Arroyo left HSU last fall there have been no Chicano studies courses offered and there haven't been Asian-American studies courses offered for the past couple of years.

"The longer we wait to advertise, the less likely we are to attract a person who would apply for a tenure track position," he said.

"My experience suggests that if we wait too long we will only be able to attract a temporary person," he said.

He said this is a problem also because temporary instructors are hard to find.

There are no people in this area he knows of with the capabilities of filling the temporary positions.

See Hiring, page 6

## Further information wanted for Angelel case

By Teresa Mills  
LUMBERJACK STAFF

Physical education Professor Larry Angelel, who has been in the Humboldt County jail since Feb. 20 for the suspected murder of his wife, is no longer on paid leave, a public affairs official said Tuesday afternoon.

"He is in the process of applying for retirement which he is eligible for," said Sean Kearns, HSU public affairs official.

He said he had no further information on Angelel's employment status.

The 53-year-old swimming professor, who has taught at HSU since 1971, was charged Feb. 20 with the murder of his wife Lonna Rae Angelel and has pleaded innocent since.

On Tuesday Angelel's attorney Bill Bragg said he's going to ask the judge today to postpone his preliminary hearing for about five weeks.

His bail is \$1 million.

The 47-year-old Lonna Angelel had been missing since Dec. 17 and her decomposed body was found Feb. 10 under a pile of brush about two miles from the home the couple shared in Fieldbrook.

Lonna Angelel was in the process of annulling her 15-year marriage to Larry Angelel in order to become a nun at the Our Lady of Mount Carmel convent in San Diego. At the time of her death she hadn't begun her studies to become a nun.

Humboldt county investigators have not thrown out the possibility of another person being involved in the death.

Investigators are currently seeking information about a green pickup truck they believe is linked to the case.

**"We feel that someone had to have helped him move that truck."**

CHRIS THIEL  
detective, Humboldt County Sheriff's Department

have been used in the homicide which brings up the possibility of a second suspect.

"We feel that someone had to have helped him move that truck," said Humboldt County Sheriff's Detective Chris Thiel.

Lonna Angelel's silver-colored 1986 Nissan pickup truck was found the day after her disappearance behind Al's Eureka Truck Terminal

The 1978 green Datsun pickup with a white canopy shell could



PHOTO COURTESY OF HUMBOLDT COUNTY SHERIFF'S DEPARTMENT

This green 1978 Datsun Pickup may be linked to the murder case. Investigators are asking anyone with information about the vehicle to contact them. The truck has a white canopy and stripes on the side.

with human blood in its bed.

On Thursday investigators released a photo of the green Datsun to the media in hopes of finding out more information from anyone who may have seen the vehicle in the weeks prior to Dec. 17.

The vehicle's paint is faded and there is a stripe along the side. The California license number is 1NO8517.

Anyone who may have seen the truck should call district attorney's investigator Eric Olson at 445-7411 or Detective Thiel at 445-7301.



## Think You Might Be Pregnant?

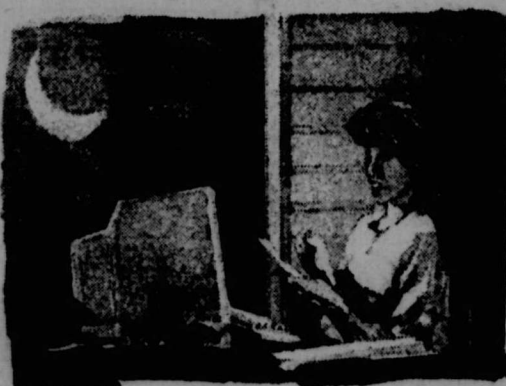
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### UPD Clips



### Unlocked door results in stolen computer system

- March came in like a lion for one Redwood Hall resident. A \$2,500 computer system was stolen from her room when she left her door unlocked March 1.
- An officer's presence was requested in Nelson Hall East Tuesday afternoon while a man was "advised he is no longer in (the) Veteran's Upward Bound Program."
- The rear door window to the Multicultural Center was found broken Tuesday morning. A non-student had requested the door be unlocked earlier that morning, but was not authorized to have keys and was not let in. The person admitted accidentally hitting the window with a chair.
- A ceramic sculpture on display in the Karshner Lounge was found in pieces Wednesday afternoon. The incident is believed to be an accident.
- A suspicious person was seen sitting in an "older maroon van

with wooden bumper on (a) gravel road" leading to the Karshner House Wednesday afternoon. The person is believed to have been seen in the area before waiting for a parking space.

• A homemade bong was seized from a Cypress Hall resident Wednesday night.

• Thursday evening a person, who is restricted from the residence halls by order of President Alistair McCrone, was seen in Redwood Hall. He was booked and released for trespassing.

• About 3 a.m. Friday a complaint of loud bongo drumming on California Avenue was received. The Arcata Police Department located no one, but UPD found three Sunset Hall students in Redwood Bowl. They were told to leave.

### Conscientious tagger hits Jolly Giant Commons

• Graffiti was found on a pillar on the third floor of Jolly Giant Commons Friday afternoon. "No Fear," "Tag" and "Bad Boys Club" were written. No damage was done. The perpetrator used chalk.

• A camp in the wooded area below California Avenue was found Friday evening. A note was left telling the residents to vacate.

• An unresponsive intoxicated

student was found on the second floor of Redwood Hall early Saturday morning. He was returned to his room and turned over to an on-duty resident director.

• Saturday afternoon two skateboarders were seen doing their thing on the second floor hallway of Founders Hall.

• A woman walking on LK Wood Boulevard about 1 a.m. Sunday was seen carrying a beer can behind a bush. When she emerged from the bush she didn't have it anymore and was cited for littering.

• A bong and .3 grams of marijuana was confiscated from a Redwood Hall room early Sunday morning.

• A loud boom or popping sound was heard in the Jolly Giant Commons lot Sunday afternoon. Nothing unusual was noted, but a call was received about a power outage in the Campus Apartments.

• Bolt cutters were found in bushes by the Jolly Giant Commons Monday morning.

• The odor of natural gas was reported on campus Monday afternoon. A natural gas company was working in the area.

• Flames were reported by the Arcata Baptist Church about midnight Tuesday. A man was in the front of the building burning old military papers.

Compiled by Andrew I. Jones

## A Big Thank You

Multicultural Conference

Activities Coordinating Board  
Philip Agee  
Scott Aikin  
Alme Allen  
Joel Allen  
American Indian Alliance  
Hadley Anderson  
Arcata Interfaith Gospel Choir  
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Michael Aimes  
Christine Taylor  
Zoe Vaughn  
Los Bagels  
Safeway  
Northcoast Bakery  
Marci Foster  
Music Department  
Alexis Meyer  
Monique Lau  
John M. Kuebler

and to any one else  
we may have forgotten

Thanks again,  
The Multicultural Center



# CSU enrollment decreases

By Rick Latham  
LUMBERJACK STAFF

HSU and Chico State are experiencing a decrease in the number of incoming applications for fall enrollment.

Applications at HSU have decreased 12 percent and budget cuts could be in the future if the trend continues, school officials said.

Margi Stevenson, director of admissions and records at HSU, said a continual decrease in enrollment applications could lead to a loss of funds, which could lead to a loss of jobs.

Chico State has lost about 500 students from spring 1995, while HSU added 300 students to this spring's enrollment. The number

of transfer students at the two schools has decreased.

"Due to economic reasons, students and parents are taking a different look at education and educational values," Stevenson said. "More students are trying to save money by entering community colleges and staying closer to home."

At College of the Redwoods, the number of prospective student applications for fall enrollment has increased about 14 percent from last year.

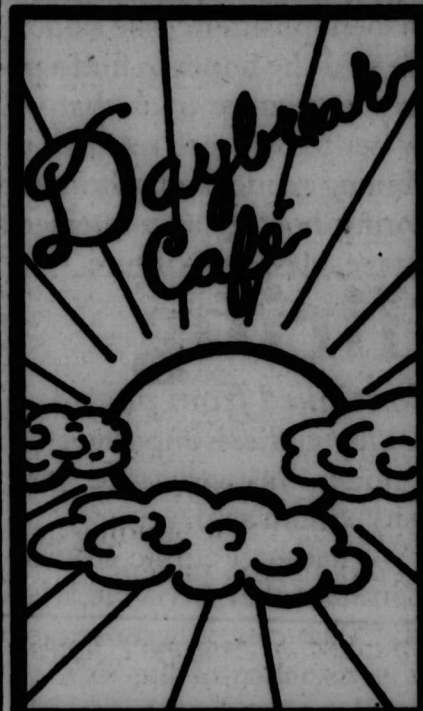
"There has been a long-term decline in the number of incoming applications, although this year the number has increased," said Barry Savage, director of institutional research at CR. "Students are just trying to save money. More stu-

dents are coming into the area to finish their lower division requirements here and using CR as an entry point to HSU."

"There are social and economic factors that influence a student's college decision," Stevenson said. "Finances, locations, preferences and personal relationships can all play a part in the student's decision. A trend or style can even influence a student's final decision."

Recruiting officials at HSU are evaluating the communication between students and the university.

"Recruiting students is not a science," Stevenson said. "But by evaluating communication and student interests we can hopefully garner more applicants and increase HSU enrollment."



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## ~ AN OPEN LETTER TO THE COMMUNITY ~

March 1996

Dear Friend:

We're writing to let you know that we strongly support John Cumming as the Democratic nominee for the State Assembly. As you probably know, Assemblyman Dan Hauser is a victim of term limits and cannot run again.

John Cumming has been an attorney in Eureka for the last 20 years, representing working people and poor people. He has both strong labor and environmental ties in this community. His wife, Nancy Fennkamp Cumming, works at College of the Redwoods and is on the Board of Directors at Planned Parenthood.

John has worked on many grassroots campaigns, and has already put over 20,000 miles on his car getting to know people all over this big Assembly District.

He has deeply felt concerns for education, for the environment, and for the needs of working people, and we think all of us in the community should work to get John elected.

It's less than a month before election day on March 26, and John Cumming is worthy of your support. Please help in any way you can. Thank you.

Sincerely,

Alex Stillman  
FORMER ALCAN MAYOR

Thes Gest  
FORMER ALCAN MAYOR

Julie Fulkerson  
THIRD DISTRICT SUPERVISOR

Jim Teet  
ALCANA COUNCILMEMBER



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**VOTE! March 26th**



# Danish professor brings her niche to HSU

By Christina Begley

LUMBERJACK STAFF

After being in college for a while, students become familiar with the information-regurgitation process that takes place at midterm and finals time for many classes. Information in, information out.

Speech communications instructor Charlotte Krolekke calls this learning "banking," where knowledge is deposited in you and withdrawn from you for tests.

She likes to refer to her teaching methods as a combination of gardener and midwife. As a gardener, she has the nutrients to help students grow but allows them to take their own shape. As a midwife, she helps give birth to new ideas but doesn't control what ideas are formed.

"It is much more exciting to learn using the gardening and midwife methods, and in a sense it would be paradoxical to use old teaching styles to discuss issues that demand a new outlook," Krolekke said.

As a Danish woman, Krolekke, in her second year at HSU, has filled a niche for teaching both intercultural communication and gender communication with personal expertise in both.

Krolekke came to the United States in 1989 after receiving her bachelor's degree in business and economics in Denmark. She changed direction and studied speech communication in the United States, receiving her master's from the University of North Dakota and Ph.D. from the University of Minnesota.

"It has been very exciting for me to come to the United States and be able to improve my language skills and establish knowledge of intercultural communication while practicing it," Krolekke said.

After teaching part time at the



THOMAS HAYES/LUMBERJACK STAFF

Charlotte Krolekke relays some of her knowledge to students in a communication class.

University of Minnesota, the lecturer position opened up at HSU for both gender and intercultural communication.

"What I really like the most in terms of the school is being able to continue working in the two parts of communication I'm interested in and gain more in-depth knowledge," Krolekke said. "The second part of that is that I've been able to continue working on different teaching strategies which I believe to be very important. The third part of that is the relationships I've been able to establish with students and I think these relationships are very unique."

Krolekke uses several different forms of assignments that she said make the learning process more interesting and personal for students. She has students write jour-

nals, engage in "think piece" papers that allow students to voice their opinions on an issue and participate in teaching groups where students are responsible for one class session in which they teach about an issue of importance to them.

Another aspect Krolekke incorporates in her classes involves using video and audio media.

"I am trying to recognize that students have different learning styles and I tend to adjust to as many of those styles as I can," Krolekke said. "I think that is where it really becomes challenging as an instructor because you not only have to know your subject matter in depth, but you also have to have a bag of tricks to relate subject matter to who is in your class."

Another challenge Krolekke has found specifically at HSU is trying to include diversity in a classroom even when there isn't any.

"For instance, teaching intercultural communication when everyone is European-American is difficult. The challenge is to include community and diversity in such a way that it becomes an integral part of the class," she said.

In teaching Women's Studies classes, Krolekke also said she tries to incorporate gender consciousness in a way that is relatable. She said she uses feminist perspectives that steer away from domination toward empowerment, and she tries to not only "talk-that-talk" but then be sure to walk-that-walk in the classroom."

Krolekke said there has been some resistance to her teaching

methods, especially because her classes fill general education requirements and draw students from all majors who may not have had previous experience in these types of classes.

"If I want people to validate my views, I have to validate theirs," she said. "If I said 'If you're not a feminist then you don't count' it would be contradictory to everything I'm trying to teach and it would allow them to discredit my views. The views that aren't feminist do exist and they aren't going to go away by ignoring them."

Krolekke's position as a lecturer is renewable annually and she has decided to make this her last.

"In order to be professionally and personally happy, I need a permanent position," she said.

She said she hopes to find a position on a tenure track that will allow her to do more research on combining gender and culture and exploring how gender intersects with race, class and culture.

## Hiring

• Continued from page 3

Ethnic studies is important for the students as well as the university, Smith said.

"We need an ethnic studies department that is viable," he said. "That can, in a sense, act as a conscience of the university. If there were no ethnic studies we wouldn't have much at all in terms of real diversity," he said.

He said, at this point, he is the ethnic studies department. He said he doesn't think it's fair and the powers that be know that.

"We can't function without these people," he said. "If anyone wants us to function they'd get us these people."

Until further notice, Smith said, he will sit and wait.

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# Mapping North Coast's ocean depths

By Helen Park  
LUMBERJACK STAFF

The Strata Formation on Margins Program, STRATAFORM, is giving oceanography students and staff the opportunity to participate in research that is taking place off the North Coast.

"It's cutting edge research that is happening in our backyard," said HSU oceanography senior Shad Baiz.

The research is being conducted on the continental margin close to the Oregon Coast to just south of Cape Mendocino.

"There has been research work done on other continental margins scattered around the world, but not at this scope and this focus of the margin so far," said Jeff Borgeld, oceanography professor and HSU Marine Lab director.

"The idea is to get a state-of-the-art map of what the continental margin and what the sea floor really looks like," Borgeld said. "The big scope of the project encompasses some research that is ongoing in Northern California and New Jersey."

Borgeld is one of about 40 investigators receiving funds. The six-year research project started in October 1995. It is being funded by the Office of Naval Research and has investigators from the United States and Canada taking

part in the effort.

HSU oceanography senior Matthew Fowler began working with the project when the first set of samples were taken by a team from the Woodhole Oceanographic Institute off the Oregon coast.

"As a lowly undergraduate, I've been given an opportunity to meet some high horses," Fowler said. "Through my involvement I've met researchers from very prestigious institutions and I feel that it's opened doors for my future hopefully."

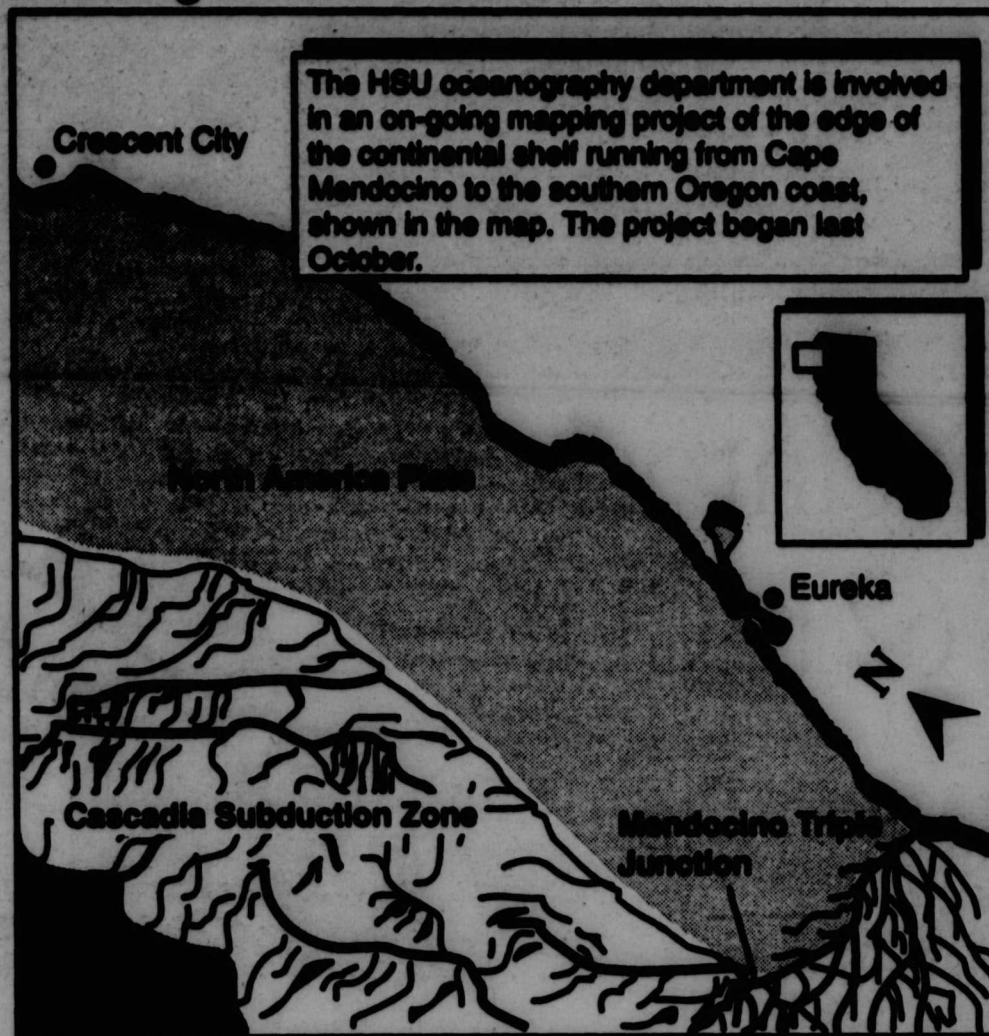
Fowler works 10 to 20 hours a week doing lab analysis. In studying the processes occurring today researchers can see how the ocean layering is effected, Fowler said.

By observing the effects natural events, such as storms and flooding, have on fixed sites, researchers will have an idea how they effect the strata, or sediment layers. The STRATAFORM has rapid response crews to check its sites after storms, Fowler said.

The program is broken up into two year-long phases. In the first phase, sediment samples are being taken "... to see how the bottom has changed over time," Fowler said.

The project has contracted the use of HSU's vessel the R/V Pacific Hunter. Some HSU students that have gone on STRATAFORM

## Charting unknown waters



JACKSON GARLAND/GRAPHICS EDITOR

cruises have become involved in the program through Borgeld.

"I was in Jeff's class and he invited me out on a cruise," said Baiz, who has volunteered for four trips.

Baiz also attended the two week Ocean Science meeting in San Diego, where STRATAFORM re-

searchers shared their data, marking the close of the program's first year.

"This is really exciting for me to hear scientists involved for a long time saying 'we've never seen this before,'" Baiz said. "Intelligent, funded people are doing some cool work."

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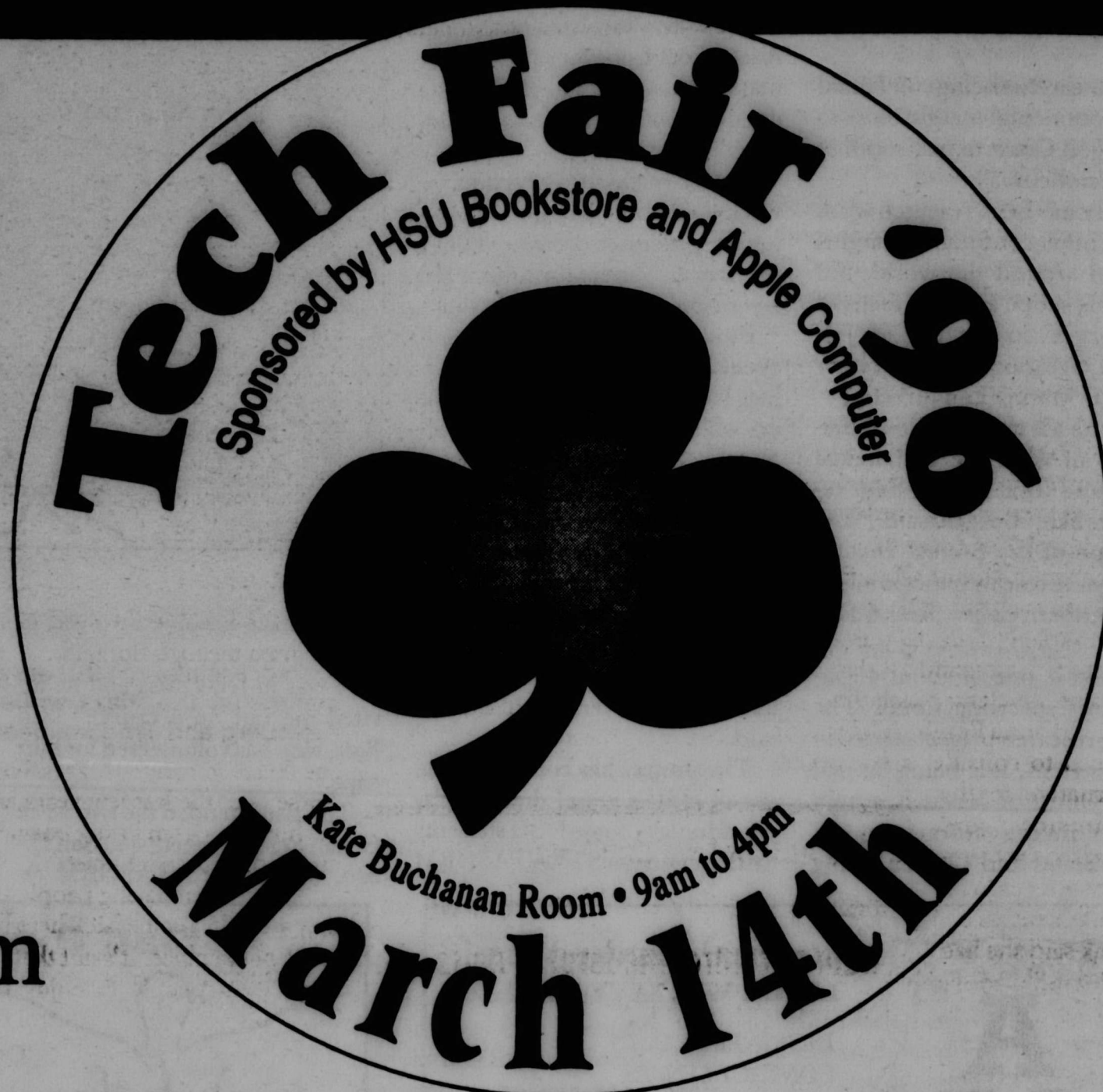
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# Council imposes 15-minute noise limit on Plaza

■ New ordinance responds to complaints of 'excessive noise' by Plaza businesses.

By John Conzemius  
LUMBERJACK STAFF

The Arcata City Council adopted a controversial ordinance March 6 which limits noise volume and the extended playing of instruments on and around the Arcata Plaza.

Mayor Carl Pellatz said the council has been discussing the ordinance for more than three years and that it was a "reaction to people's failure to respect everyone else who uses that space."

The ordinance prohibits anyone from making any loud, unnecessary or unusual noise which disturbs the peace and quiet of the downtown Plaza area for 15 minutes in any 24-hour period. It also establishes separate noise levels for the hours between 10 p.m. and 7 a.m. and 7 a.m. and 10 p.m.

Some residents, including 11-year-old Shira Frank, called for the council to consider a less severe alternative to the ordinance and criticized the council for not publicizing the issue more. Frank said she had collected more than 70 signatures in one day from HSU students and members of the community in opposition to the ordinance.

"I feel that this ordinance is only addressing the business community when it will affect all of Arcata. I would like to see a compromise between both sides," she said.

HSU student Robin Walker also spoke out against the ordinance, saying it goes against the image she has of Arcata.

"I thought of Arcata as this really liberal town that was open to new ideas and new people and in the years that I've lived here, I've seen more and more laws being enacted against a lot of people. These laws have really damaged the diversity of this town ... I'm almost embarrassed to say I'm from Arcata," she said.

HSU alumnus Roland Yartzoff, the only member of the public to speak in favor of the ordinance at the meeting, urged the council to approve the ordinance, calling it "entirely reasonable."

"The point (of the ordinance) is don't invade other people's right to enjoy themselves by having something loud whether it be drumming, beating on trash cans or using jackhammers," he said.

**"It's not that we don't want people to enjoy the Plaza, but we want to control the level of noise to a reasonable level."**

**TOM KEARNS**  
manager of the Arcata Hotel

Tom Kearns, manager of the Arcata Hotel, said in a telephone interview the biggest problem is noise made by people yelling and drumming. He said the problem



HEATHER PARKER/CHIEF PHOTOGRAPHER

Kalindi Kleinberg, HSU art sophomore, plays her mridunga drum and chants the Hare Krishna mantra on the Plaza while anthropology sophomore Carissa Trudeau chimes the cartale. Kleinberg and Trudeau demonstrate not all noise on the Plaza is disruptive.

has been getting progressively worse over the last few years and the hotel has been losing business due to the excessive noise.

"We've been having people say they wouldn't come back here because of the noise. It's not that we don't want people to enjoy the Plaza, but we want to control the level of noise to a reasonable level," he said.

Council member Victor Schaub said the ordinance was "complaint-driven" and would not be enforced unless someone complains about the noise.

"If you're playing the guitar for three hours and it's not bothering somebody, well hey — play for

another three hours and you're not going to be running afoul of the ordinance," he said.

Schaub also said the language of the ordinance, which specifies noise must be offensive to a person of "normal sensitivity," is significant and limits enforcement of the ordinance.

"It means if some wacko who just doesn't happen to like the guitar is not going to get the ordinance enforced," he said.

Schaub said the council was concerned about freedom of expression and spent a long time designing the ordinance to respect the rights of all Arcatans.

"I don't like the fact that we have

to do this ordinance because I like the image of Arcata as being free ... but I am happy to hear from Robin (Walker) that the word's been getting out on the highway that you can't just come to Arcata and be disrespectful and not exercise individual responsibility in our public places," he said.

The ordinance will go into effect 30 days after adoption (Friday, April 5). First-time violators of the ordinance will be given a warning by the Arcata Police Department. The fine for continuing the disturbance is up to \$100, with the second violation up to \$200. Each additional violation within a year carries a fine of up to \$500.



The

## California Prima



# Candidates attempt to secure student vote

■ Congressional hopefuls face-off at forum addressing student concerns about financial aid and environmental legislation.

By Stacy Ford  
LUMBERJACK STAFF

Student loans and Northern California environmental issues topped voters' concerns discussed by First District Congressional candidates at a forum in Founders Hall on Sunday.

Democratic candidates Michela Alioto, Carol Ruth Silver, Monica Marvin, Dennis Chuning and Bill Burton squared-off at the last forum before the March 26 primary election to answer questions from the audience.

During the forum — sponsored by Humboldt Organized for People and the Environment and the Student Environmental Action Coalition — all five candidates said they support student loans and other financial aid programs for students.

"It is important that (education) is one of our priorities," St. Helena resident Alioto said. "We should all ... have the opportunity to achieve our goals."

Healdsburg resident Silver, who put herself through school with student loans, said she is a prime example of a successful financial aid recipient.

"It took 15 years to pay off my loan and I got it at a 3 percent interest rate," she said. "That made it possible for me to go to school. There are lots and lots of young people who need student loans and we must provide it

See Congress, page 10

## Surveying the candidates

					Y = yes N = no U = undecided
Alioto	Burton	Chuning	Marvin	Silver	Issue
Y	U	Y	N	Y	Campaign finance reform 1. Should Political Action Committee contributions to federal candidates be limited or banned?
N	N		N	U	Congressional term limits 2. Do you support term limits for U.S. Senators and Representatives?
Y	Y	N	N	Y	Balanced Budget Amendment 3. Do you support the idea of a Balanced Budget Amendment?
Y	U	N	U	Y	Line-Item Veto 4. Should the president be able to use the Line-Item Veto?
Y	U	Y	Y	Y	Minimum Wage 5. Should the minimum wage be increased?

SOURCE: HOPE Coalition, Student Environmental Action Coalition



# Congress

• continued from page 9

for them."

Marvin, also from St. Helena, said she will "fight adamantly" for the future of student loans and grants in Congress.

"I think it is important for us to know ... many of the students (at HSU) are there because the government gave them student aid and now (the republicans) are trying to pull out the ladder," she said.

Although Churning, who is from Napa, said he believes education issues are "predominantly state and local issues," he also said he thinks student loans should be "greatly expanded" and should be a "primary source of payment" of university fees.

**"I want to see a loan available to any person (regardless of financial position) as long as they pay it back based on their income level after they graduate," Churning said.**

Burton, a Korbels resident and 1978 graduate of HSU, said he supports education on all levels "especially at Humboldt State."

He also said he'll be promoting jobs so students can have something to do in the summer.

Environmental issues were also on the agenda at the forum and all five candidates agreed Rep. Frank Riggs', R-Windsor, views on North Coast environmental issues were damaging.

Alioto said it is important that "we are aware of what (Riggs) is doing," and we should make sure "we're not letting (timber companies) go in and salvage log."

**"It's very important to protect the old-growth forests," she said. "We (also) need to preserve and enforce the Endangered Species Act."**

Silver said she does not support salvage logging and she supports the Board of Forestry's March 5 decision not to let Pacific Lumber Co. build a road into Headwaters Forest.

**"I think we should look into the dreadful things Riggs is supporting," she said.**

Marvin and Chuning both said they agree with the philosophy of sustainable yield and do not support any of Riggs' Headwaters bills.

Chuning said Riggs' bills were more dangerous than good.

Burton said he will not support Riggs' bills and he will not support salvage logging.

"Of course we need to look at the whole forest ecosystem," he said. "We have an opportunity with Headwaters Forest ... to show the world what can work."

"Once the (old-growth trees) are gone, they're gone," he said.

None of the candidates supported a moratorium on listing endangered species and all candidates were in support of preserving the Endangered Species Act.

Among other questions addressed at the forum, were questions on funding for AIDS organizations, which all candidates supported, and corporate welfare, which none of the candidates supported.

**For more information about candidates and ballot measures, contact:**

**League of Women Voters (707) 444-9252**

**Democratic Party Headquarters (707) 445-3366**

**Republican Party Headquarters (707) 442-2259**

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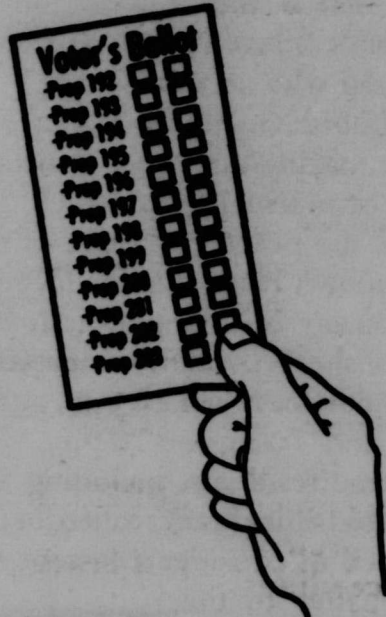
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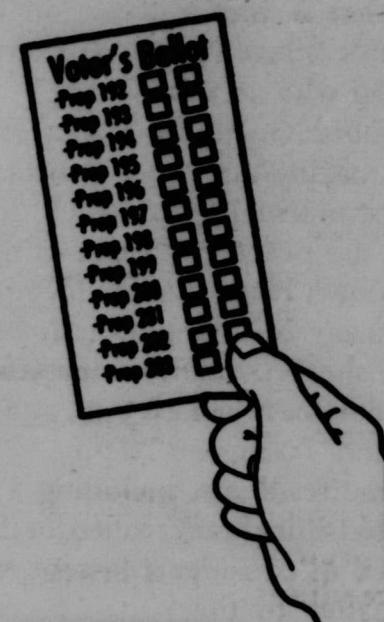
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## The Lumberjack



## Ballot measures

- **Prop. 192:** \$2 billion bond to improve state highway toll bridges for earthquake safety. Would cost taxpayers \$136 million a year for the next 25 years.
  - **Prop. 193:** Would amend the State Constitution to stop new appraisal of property transferred from grandparent to grandchildren.
  - **Prop. 194:** Would prohibit prisoners in a work program from receiving unemployment benefits upon release.
  - **Prop. 195:** To make the murder of a juror or murder during a carjacking punishable by the death penalty or life imprisonment without parole.
  - **Prop. 196:** To make a murder during a drive-by shooting punishable by the death penalty or life imprisonment without parole.
  - **Prop. 197:** Would make the mountain lion unprotected by the state and allow the state Fish and Game Commission and landowners to kill mountain lions posing a threat to public safety.
  - **Prop. 198:** To allow voters to cast ballots for candidates of any political party in a primary election. Would allow Independents, Libertarians and members of the Green Party and Peace and Freedom Party to participate in the election of candidates regardless of party affiliation.
  - **Prop. 199:** To phase out rent control on mobilehomes.
  - **Prop. 200:** To establish no-fault insurance which would require an insurance company to pay all benefits to its customers in a car accident regardless of fault. Would eliminate the right to sue a reckless driver for damages, medical bills and lost wages.
  - **Prop. 201:** Would require a losing party in a class action lawsuit against corporations for securities law violations to pay the winning party's attorneys' fees.
  - **Prop. 202:** Would limit the fees attorneys may collect on a contingency in personal-injury, wrongful death and other tort lawsuits when cases are settled quickly.
  - **Prop. 203:** \$3 billion bond for construction and retrofitting at public schools and colleges.
- 
- A hand is shown holding a ballot card titled "Voter's Ballot". The card lists Propositions 192 through 203, each with a corresponding checkbox for voting.



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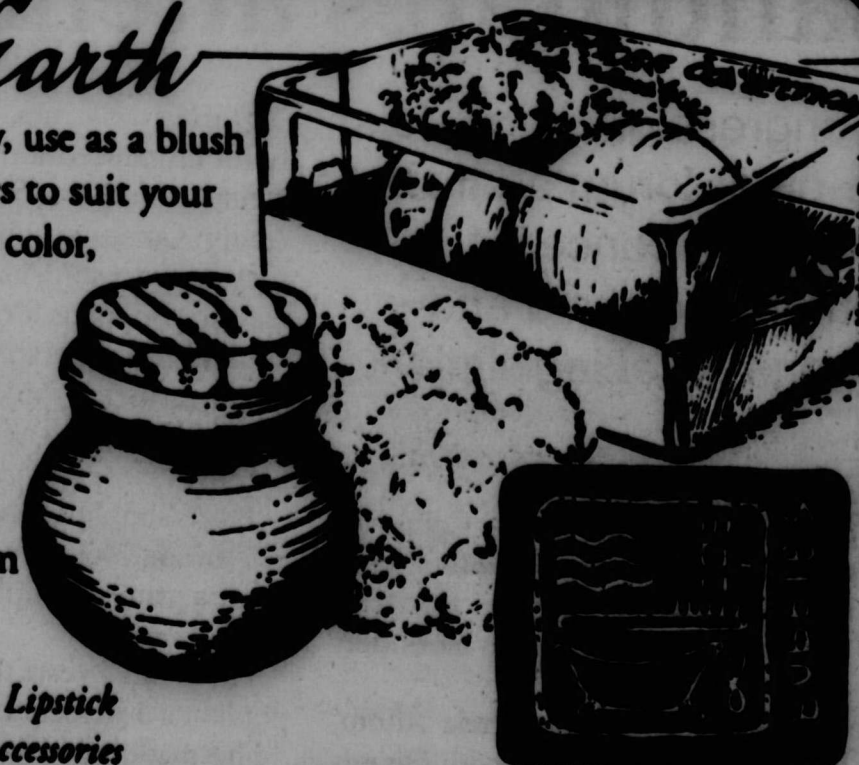
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# County judges warn DA, attorneys not to speak with press

By Teresa Mills  
LUMBERJACK STAFF

Humboldt County judges sent a letter to attorneys last week warning them not to talk to the media or they will be held in contempt of court.

In the letter to all members of the Humboldt County Bar Association, judges cite a rule enacted Oct. 1 — Proposed Rule 980 — stating any participant in the "investigation or litigation of a matter" shall make no statement that has the "likelihood of materially prejudicing" the outcome of a case. In addition, judges not only cite the new State Bar rule, but also a pending regulation that would ban all pretrial coverage. News media would be restricted to covering only what a jury sees and hears.

"If Proposed Rule 980 is adopted in its present form, comments to the media about criminal pretrial proceedings would appear to violate the rule's restriction of coverage to matters observed by the trier of fact in both civil

**"Limits to First Amendment guarantees should be narrowly construed and should be the exception, not the rule."**

**TERRY FARMER**  
Humboldt County district attorney

and criminal trials," states the letter that is unsigned and labeled: "From the Humboldt County judges."

In a memorandum, District Attorney Terry Farmer said he and members of his office "have an obligation to respond to legitimate inquiries from the public and media."

"Limits to First Amendment guarantees should be narrowly construed and should be the exception, not the rule," Farmer stated.

In addition, Farmer responded to a comment that appeared at the end of the memo that singled out his staff's actions, stating that they released too much information to the media.

Judges sent out a memo Friday stating that that part of the letter

was unintentionally published.

However, Farmer was still upset by the statements made in the end portion of the letter.

"It was just inappropriate," Farmer said in a phone interview Tuesday. "Having been let out of the bag it's kind of hard to stuff it back in."

One part of the judge's letter stated, "A District Attorney's Office which wishes to use the media to burnish its image tends to diminish the image of the entire system."

In response, Farmer stated, "The fact of the matter is that I do intend to respond as fully as the law allows to legitimate media inquiries every time this office files a serious felony charge."

None of the judges were available for comment.

Eureka attorney Bill Bragg, who represents murder suspect Professor Larry Angelel, said he would rather not comment on criminal proceedings to ensure defend-

dants get a fair trial.

However, he said the rule that states attorneys should not comment on anything which might influence a jury, as well as the recent proposal that says they should talk to the media at all, is very vague.

"It is open to interpretation," Bragg said. "Attorneys won't know what is and is not acceptable to comment on."

Following the 1986 Supreme Court case Sheppard v. Maxwell, the American Bar Association adopted detailed standards for the courts. Under these standards, the flow of information to the press from law enforcement officers, lawyers, witnesses and other participants in the judicial process, was restricted from the time of arrest until the end of trial.



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# New jail to remedy overcrowding, improve conditions

**■ Addition to jail to open April 29; Supervisors predict positive results.**

By Nora Whitworth  
OPINION EDITOR

Due to overcrowding in the county jail, Humboldt County is expanding its correctional facility to eventually house 350 male and female long-term inmates.

The existing facility holds 156 male inmates, said Capt. Ben Doane, project coordinator for Phase I of the jail transition team.

Phase I of the new jail is a 156-bed unit with a new receiving and booking area on the ground floor. Phase II is a 232-bed unit with new administrative offices, a laundry warehouse, a small public reception area and a medical facility.

The new jail, adjacent to the courthouse on the block bound by

4th, 5th and K streets, is being constructed by Mark Diversified Inc. of Sacramento.

The total price to build the new prison is \$32 million, said Doane. The state provided \$17 million, with approximately \$6.8 million collected in 1991 as a result of the passing of Propositions 52 and 86 — both calling for the issuance of bonds to improve state prison facilities.

In November 1994, the California legislature allocated \$26 million for prisons statewide. Humboldt County was given \$11.2 million.

"Once the first phase of the jail goes into operation, the old jail and the new one will operate as a composite facility," Doane said.

Inmates in the county jail are individuals held at the pretrial or sentencing level, or those who have been sentenced to a year or less, Doane said.

The old cap level given by a superior court in May 1987 was 195 inmates. In December the court ruled the cap level could increase to 215, since Phase I would be open for operation April 29.

In recent years, when the jail went over the cap, inmates were sometimes sent to the Del Norte County Jail, said 1st District Supervisor Stan Dixon.

"Phase I will certainly relieve the pressures associated with overcrowding," Dixon said. "One of the things we had to do in the past to keep under the cap is to release prisoners after they've served eighty percent of their sentence, just so we could move new prisoners in."

The jail will also be a more pleasant environment than the existing facility.

"It will be a much healthier, safer place for the employees and the inmates," said Julie Fulkerson, 3rd district supervisor.

With Phases I and II, prisoner overcrowding should no longer be an issue.

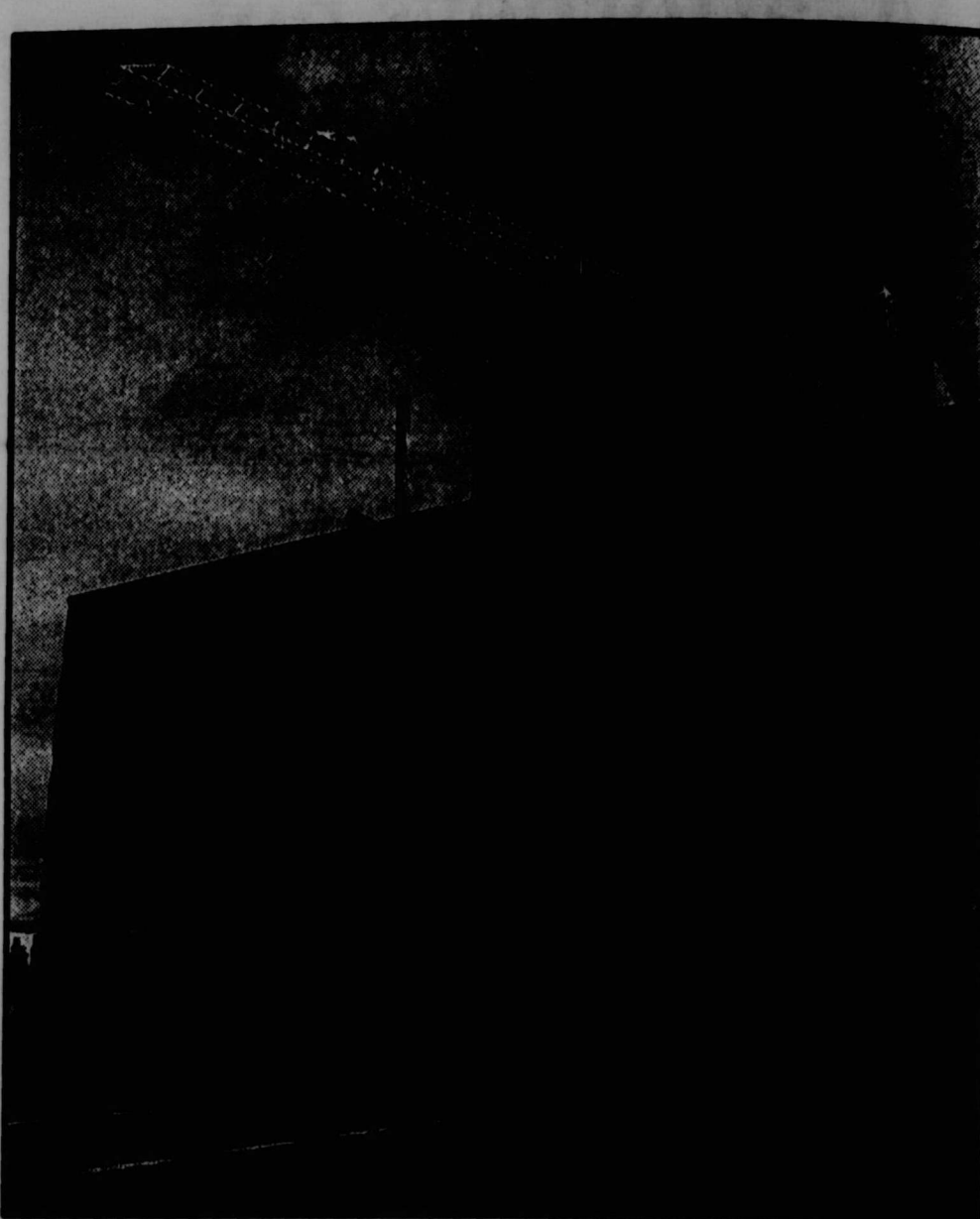
"It will help keep people in jail for the length of their sentence," Dixon said.

The new jail will also offer more opportunities for rehabilitation.

"It will give us an opportunity to redirect criminal behavior," Fulkerson said. "Ultimately we don't want to keep people locked up forever — we want them to be responsible for their own behavior."

Eighty to 90 percent of the inmates are in the jail for petty crimes which stem from drug and alcohol abuse, she said. Fulkerson also said the increase in crimes related to drug and alcohol abuse in Humboldt County can be attributed to the lack of employment and a "troubled economy."

The planning for the new jail



HEATHER PARKER/CHIEF PHOTOGRAPHER

The new correctional facility adjacent the Eureka courthouse and Sheriff's office to provide cells for 388 additional inmates.

began in 1989 and for the next two years the county surveyed three designs and 59 potential sites, Doane said. The concept for the current design was chosen in January 1992 at the American Jail Association Conference in Portland, Ore. The county could not afford the other two designs.

County Supervisors had difficulty finding a site for the new jail. Of the numerous sites surveyed, most were located either on the outskirts of Eureka or near a residential area.

A big concern in finding a home for the jail was the issue of environ-

mental impact — residents not wanting to live close to the jail.

"We couldn't find a place — there were lots of environmental problems and 'not-in-my-backyard' problems," Dixon said.

The Board of Supervisors decided on the parcel of land adjacent to the existing courthouse and jail.

In general, the public has been supportive of the new jail.

"All of us would like to see us get to the point where we don't have to build new jails. We're not there yet — at least not in Humboldt County," Dixon said.



## Residents to rally against 'toxic' plan

The Blue Lake Planning Commission will address residents' concerns about the proposed tire-chip burning permit on Monday at 7:30 p.m.

Members of Blue Lake Neighbors and Californians Against Toxins plan to speak out against the 90-day test permit proposed by Ultrapower 3, a power company in Blue Lake.

For more information about the rally, call 668-1902.

## Keyes to speak in McKinleyville

Republican presidential candidate Alan Keyes will speak at Azalea Hall in McKinleyville on Friday.

HSU's New Federalist Society and the Northcoast Coalition to Elect Alan Keyes will sponsor the event.

A program schedule for the event has not been determined. For more information, contact 825-8042 or 839-2314.

## Police investigate telephone scam

Arcata Police Department is seeking information about a male suspect who has been soliciting money for car repair over the phone.

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# Living smart with trash

■ To save the earth, it's going to take more than just recycling.

By Jonathan Jelsel  
LUMBERJACK STAFF

To many college students, recycling means throwing the just-qualified King Cobra 40-ouncer into a different container than the empty pizza cartons and Top Ramen packages.

The reality is that Californians generate 45 million tons of garbage a year, more. Enough to rank us as the world's fourth-largest waste producer.

Concerned citizen can follow the example set by several HSU students who refuse to be another statistic and eliminate almost all of their garbage output.

The four members in environmental studies senior Scott Ford's household feel strongly enough about reducing waste that they generate only enough garbage to fill a single can once every five weeks.

"It's really not that hard," Ford said. "It's cool that we have one can at the curb every five weeks and the family across the street has two out there every week."

Ford and his housemates use a combination of waste prevention, recycling and composting that Mark Kennedy, adviser to HSU's Campus Recycling Program, calls the "waste management pyramid."

Kennedy said a household that generates two 30-gallon cans of trash a week can eliminate 79 percent of its waste and save \$232 in collection costs by using waste elimination techniques. These include smart shopping, recycling all metal, glass and paper and composting all food scraps and yard clippings.

The annual collection cost in Arcata for a pair of 30-gallon cans is \$295 an average of \$24.60 a month.

"We only spend 75 cents a month," Ford said. "We save a bundle on trash."

Besides keeping money in students' pockets, waste elimination saves trees and landfill space.

HSU students recycled enough glass last year to lay a hypothetical

path of bottles from the campus to Eureka. That glass would have otherwise ended up in a landfill.

The top of the pyramid is eliminating waste before it is created through source reduction. It includes buying products with less packaging, using goods completely or reusing them instead of throwing them away.

"You should look at products to make sure the packaging is recyclable," Kennedy said. "The hardest thing is to be conscious every time you buy something."

Waste prevention is forethought and planning, a different mindset that can eliminate 10 percent of a family's waste, Kennedy said.

"Waste prevention is a lot harder than simply recycling," he said.

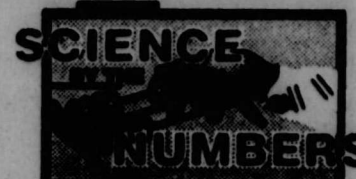
For example, buying fresh rather than frozen vegetables and bringing a cloth bag to carry them home eliminates two forms of packaging.

Gaia Pine, natural resources and applied technology senior and co-director of the Campus Center for Appropriate Technology, agreed that a change in lifestyle is needed.

See Trash, page 14

## Trashy facts

- The average American produces three-and-a-half pounds of trash daily.
- Two billion razors are discarded annually in the United States.
- In the United States, 1.7 billion ink pens are discarded annually.
- In the United States, 3.7 million refrigerators are discarded annually.
- Ten to 20 billion disposable diapers are discarded annually in the United States.
- Fifteen percent of city waste is incinerated in the United States annually.
- Recycling one ton of paper preserves 17 trees.
- Nineteen percent of the world's trash is produced by the United States.
- The U.S. trash industry is valued at \$25 billion.
- Paper makes up 50 percent of the trash in landfills.
- Sixty percent of the paper in a phone bill is made from recycled phone books.
- Two hundred and forty-two million used tires are discarded annually in the United States.



SOURCE: "Rubbish!," "The Handy Science Answer Book," National Geographic

JACKSON GARLAND AND PETE CHENARD/LUMBERJACK STAFF

# Take a pinch of feverfew and call me in the morning

■ Herbs and herbal remedies are a billion dollar industry with few regulations to protect the consumer.

By Mark Winner  
LUMBERJACK STAFF

An herbal aphrodisiac killed several people in New York City and a soybean extract remedy for depression killed 38 and injured more than 6,000 people all over the country in the late 1980s. Despite incidents like these, sales of herbs and herbal remedies topped \$2 billion last year.

However, a scientific study showed ginger root very effective for nausea and preventing motion sickness and the herb feverfew reduced the occurrence of migraine headaches by 25 percent.

"There's an awful lot of mythology involved with herbs especially from China. Some people in China think you ought to take an herb if the shape of the leaf is the same as the organ you want to affect. That's nuts," said John Renner, a family physician and official with the National Council Against Health Fraud.

In a phone interview from Independence, Mo. Renner said, "I am very much for sensible, knowledgeable use of herbs."

There are a lot of positive uses for herbs — and a lot of misinformation.

Frank Holliday, an HSU biology graduate and employee of Moonrise Herbs in Arcata agrees there are some myths about herbs but insists American doctors have myths too. He said some doctors are blind to the positive effects some herbs have.

"Some physicians are very closed minded ... We have got to find some sort of middle-ground. You can't convince me just because you cross the ocean that people over there are off-the-wall in thinking these herbs can be beneficial."

An herb is any plant with medicinal qualities, Holliday said, but some mushrooms qualify too and the definition is somewhat vague.

Renner said humans have used herbs throughout history. In fact, 30 to 40 percent of all medicines come from plants.

But buying herbs can be tricky because many people who pick herbs do not know what they are doing.

Many herbs sold in the United States come from Asia, where child labor is used.

"You have to know the time to harvest. Do you use the berry, the stem, the root or the leaf? Some plants have good things in some parts, bad in others," Renner said. That fact alone accounts for a lot of

the problems with herbs, he said.

Another problem is lack of knowledge on the part of the buyer. "If you want ginseng you gotta

**"Most of the ginseng sold in Asia comes from Marathon County, Wis."**

JOHN RENNER

official at the National Council Against Health Fraud

know ginseng. Korean ginseng is quite different from American."

Many Americans buy herbs because they are exotic.

Most of the ginseng sold in the Asia comes from Marathon County, Wis. Renner said.

"Ginseng is kind of a generic word. You really have to get down to what type you want. What is the concentration of the individual genus within the ginseng? It's very, very complicated. There are 800 species of it and half of them have no ginsenosides (the active ingredient) in it at all."

Renner cautioned against using

Asian herbs. "If you buy an herb from India you have about a 65 percent chance of having very high levels of heavy metals in it."

The problem of contaminated herbs is so bad, "China just issued a statement. They are going to burn down all the unregistered, amateurish, home-remedy places because so many people are dying."

Rossanne Philen, section chief

They certainly make a lot of money off of this and are in a position to generously support their lobbies. In recent years the laws (regulating herbs) have actually been weakened."

Renner and Philen both said the major problem with herbs in the United States is the lack of regulation.

Herbs are classified as nutritional supplements. The herb industry does not have to prove to the Food and Drug Administration that herbs do anything.

Contrary to what most people think, it doesn't have to prove they are safe. It doesn't have to prove that what is on the label is what is in the package.

Moonrise Herbs however, does clearly label all herbs which the FDA said could be dangerous. The only restriction on herbal companies is that they

## Helping and hindering herbs

### Helpful herbs

- Feverfew is used for migraine headaches.
- Garlic has been shown to lower cholesterol levels up to 20 percent.
- Ginger is used for nausea and prevention of motion sickness.
- Ginkgo increases blood circulation to the brain and legs.
- Hawthorn lowers blood pressure and dilates blood vessels.
- Valerian is used as a sleep aid.

SOURCE: "The Honest Herbal"

### Harmful herbs

- Comfrey has been shown to damage the liver and could cause death.
- Ephedra causes heart palpitations, nerve damage, possible stroke and memory loss.
- Lobelia lowers the blood pressure while increasing heart rate, possibly causing coma and death.
- Chaparral has been shown to cause liver damage.

JACKSON GARLAND/GRAPHICS EDITOR

of environmental hazards-epidemiology, at the Centers for Disease Control, said in a phone interview from Atlanta that, "There are powerful lobbies out there now who support the herbal industry.

cannot claim their herbs cure specific illnesses.

They are not allowed to say echinacea cures colds, but they

See Herbs, page 16



# Internet providers clash as market grows

■ Long-distance phone companies enter on-line service market.

By Andrew I. Jones  
THIS WEEK EDITOR

When corporations enter a service market held by local businesses, "the little guy" usually loses.

But there may be room for both in a new type of service — providing Internet connections.

MCI, American Telephone and Telegraph Co. and Sprint began selling Internet access to the public this year.

Users, formerly charged about \$20 for 40 hours of use a month with Humboldt County providers, now use between 75 and unlimited hours for the same price.

Phone companies average \$10 less for similar hours.

Pam Olson, owner of Humboldt Internet, isn't concerned about corporations entering the market.

She said she's "doing it" because she loves getting people excited about the Internet.

But she didn't take the competition lightly before starting her business in November. "I thought about this before plunking down \$100,000 and saying, 'let's mortgage the house.'"

Local providers say service prices aren't the key to continued success.

"The real Achilles' heel of the industry is technical support ... if you can't work it out on the phone, that's that," said Larry Goldberg, owner of Northcoast Internet, the first provider in the county.

A telephone company's technical support is a staffed telephone "help desk."

"We have people coming in (to Northcoast Internet) constantly... technical support is far more involved (than a phone call)," Goldberg said.

Customers can bring in their computers to have software installed and can speak directly to Goldberg.

"When's the last time you walked into a Pacific Bell storefront?" he said.

Karyn Vaughn-Fritz, AT&T spokeswoman, disagrees.

"AT&T is known around the world for customer service. We have every intention of upholding (our) customer service and customer care," she said.

Help desks are open 24 hours, while local companies close in the late evening.

Matt Fuller, MCI marketing manager, said quality service is also an MCI goal.

The biggest advantage of sub-

scribing to a phone company is cutting out the middle-man, he said. A local provider is usually reselling its Internet connection from a "backbone" provider like MCI.

Sprint, which began selling its service through on-campus kiosks in February, already has 500 subscribers. Northcoast Internet has 1,000, Humboldt Internet has 750 and the most recent local provider, tidepool.com, has 200.

Websites of local providers tend to address more specific questions about their services and links to community sites and software.

Local providers are "coming at it from the point of what the end users want ... (corporations) see the Internet as another source of revenue," said Dalas Gundersen, owner of tidepool.com in Arcata, which opened in January.

The long-term future for local Internet companies "remains to be

seen," Gundersen said.

In two years, local service may become a niche market for people with specific needs, if the phone companies capture the market, he said.

"We may have to cater to select groups with special needs," Gundersen said. He has even recommended some students sign up with other services that better suit their needs.

A niche market may already exist for local providers. Users who want their own homepages can only find the service at local providers. Students will be able to have pages on a campus network by mid-March, but they must follow an appropriate use policy.

"There will always be a market for a corner store as opposed to a great big Safeway," Olson said.

Service rates for 'net providers are available on the Web at <http://sorrel.humboldt.edu/~hug/>.

## Trash

• Continued from page 13

"Everything I do is couched in that way of thinking," she said.

Pine and Ford buy most of their food in bulk from the Arcata CO-OP and bring their own bags.

When a product isn't available in bulk, they look for reusable packaging that can be used later for different purposes.

They wash and save bread bags and use cardboard ice cream containers for potted plants and general storage. Pine buys milk in refillable glass bottles.

Kennedy explained that it is better to choose truly multiple-use products that can be recycled indefinitely, such as aluminum, over items like plastic bottles. While plastic can be made into sleeping bag fill or clothing, it can only be used once.

The plastic cups that can be seen hanging from students' backpacks are a good start at

reducing waste away from home.

Ford and Pine also suggest bringing containers and utensils when eating at restaurants that use disposable dishes.

"We use a lot of Tupperware," Ford said.

Students can reduce 46 percent of their waste when they recycle all materials currently accepted by CRP, Kennedy said. Even recycling a single aluminum can will produce enough energy to run a television for three hours.

CRP's 1995 addition of mixed paper recycling to their former repertoire of white and newspaper collection means "almost every kind of paper there is" can be recycled and containers are located throughout the campus.

Composting is the controlled decompo-

sition of organic material such as vegetable matter, grass clippings, leaves and twigs. The nutrient-rich soil that results from successful composting can be used in place of fertilizer or mulch to improve soil conditions in gardens.

"By composting, you're speeding up

"I wonder how to make people start caring."

SCOTT FORD  
environmental studies senior

down," Kennedy said. "It's nature's way of recycling."

Composting is usually practiced outdoors in open piles or in bins.

"It's not unsightly or smelly if you do it

right," Pine said.

Dorm or apartment residents with no backyard space can still receive similar benefits by practicing vermiculture — composting with worms.

Garrett Dempsey, interdisciplinary studies senior is coordinating setup of a vermiculture bin for residents there that will dispose of most of their food wastes.

"When it's established, people will be able to take out (finished compost) as well as put in," he said. "It's a good working model for when people leave the halls."

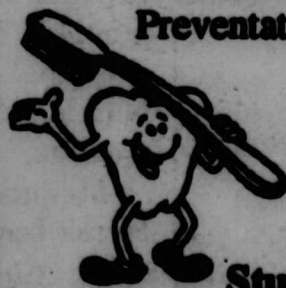
Ford and Pine said that eliminating waste works best when practiced in a group.

"I look at all that trash that people are throwing away and wonder how to make people start caring," Ford said.

"It's just a matter of everyone doing it together," Pine said that subtle pressure works best in convincing people to adopt waste elimination measures.

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## Movie Reviews in the Web

■ Silver screen reviews are coming to a computer screen near you.

By Pat Cheneard  
EUREKA STAFF

Avid film fans or just casual moviegoers can browse through movie reviews on the World Wide Web and get acquainted with the workings of this rapidly growing area of the Internet.

There's something for everyone — from quickie reviews to in-depth film biographies for the connoisseur.

Browse the following sites by typing in the bulleted bold print at the "Ara and Entertainment/Movies" search prompt in Netscape or enter the (http:// address) below:

- Internet Movie Database (http://www.madonna.edu/movies) is a comprehensive database of movies, including the best of the Web for movie information.

• The Movie Database (http://www.movie.com) is a comprehensive database of movies, including the best of the Web for movie information.

Information like movie quotes, award won, running time, viewer response ratings and bloopers. Moreover, it's linked with reviews from Time Magazine and the San Francisco Chronicle.

- Mr. Showbiz's Movie Critic (http://showbiz.starwave.com:80/showbiz/moviecritic) includes a thermometer graphic which indicates how good the movie is on a scale of 0 to 100. "Nixon," hit 84 degrees. "Showgirls" froze at 0. Television, theater and book reviews are also found at this site.

- USpan Movies Online (http://useattle.uspan.com/u-movies.html), provides the user with a "Circle of Critics" who've got more movie hating attitudes than Ebert and Ebert. This critics' circle doesn't sugar coat its criticisms. Looking for edgy, punchy reviews? This is for you.

- Movietimes.com (http://www.movietimes.com), is designed as a movie guide for the Bay Area and sets itself apart with its "Little Guy in Chair Movie Reviews," which are sibling to the popular quick peek capsule criticisms from the San Francisco Chronicle.

Ratings are determined by the response of a little guy sitting in a

movie chair, if he's jumping for joy, it's worth seeing. An empty chair means don't waste your time.

- The Film Zone (http://www.filmzone.com) is one of the best sites for information and reviews of foreign and independent films. It features personality profiles and reviews of pre-90s movies and rock videos.

- MovieLink (http://www.movielink.com) provides movie information by geographical location. Click on Seattle, for instance, and you find out what movies are currently playing at which theater.

Chat groups and a parents' guide explaining why a particular movie has been given its rating sets this site apart from the others.

- Premiere Magazine (http://www.premieremag.com) from the entertainment magazine of the same name — it features behind-the-scenes articles, reviews and trailers of soon-to-be-released flicks. It is a Web site version of "Entertainment Tonight."



SANDRA REDMOND/LUMBERJACK STAFF

## Sweet Veronica



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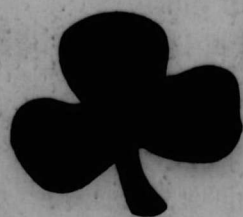
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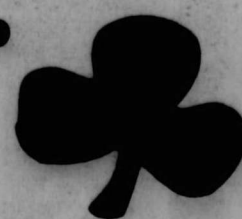
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## Herbs

• Continued from page 13

can say it, "promotes well-being during the cold season."

In an interview with Derek H. Hall, chief executive of Nature's Way said, "We're learning to use the thesaurus. We can't use the words 'cure' or 'prevent.' We can use 'maintains.'"

Philen takes complaints from consumers about herbs but she had no statistics on how safe any herbs may be because no one knows how many people use herbs.

"So we can't tell you if 1 percent or 10 percent or one thou-

sandth of a percent of people may be adversely affected by an herb."

Holliday defends the use of herbs because when a substance in an herb becomes an accepted drug its structure needs to be changed a little so it can be patented by a corporation. "It's not exactly the same as it was in nature," he said.

Philen agrees, "They think these things are safe and natural. In fact natural does not mean safe. I mean, snake venom is natural — it is also quite lethal.

Some of these drugs have been changed. Sometimes it turns out if you make a very minor change to the chemical structure you can

really enhance the desired properties."

In other words, the foxglove plant does not produce digoxin because it knows it will help human hearts.

There is a need for the plant to develop this compound and it is not related to the human use of it. There is no need to assume that the way a substance occurs in nature is the best way, she said.

Holliday, Philen and Renner agree more research and regulation is needed, but they are not sure if more regulation will come. "It all depends on how many people die," Renner said.

## Tips for consumers

• Herbal products should never be used by pregnant or nursing women. There is evidence of fetal deaths from herb usage.

• Children should not be given herbal products. Children metabolize drugs differently than adults.

• Take a minimal dose of the herb for a short amount of time.

• Try one new herb at a time.

• Be aware of side effects.

SOURCE: National Council Against Health Fraud



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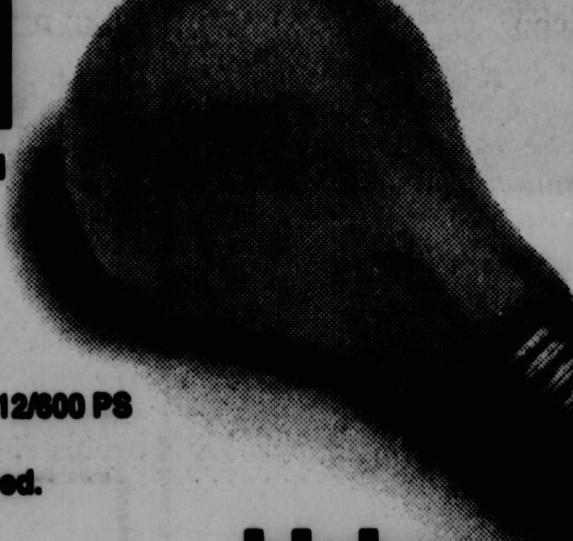
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William Daniel, professor, Humboldt State University

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She is able to balance all aspects of her life  
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## Irish band to play Van Duzer

## Altan not just a second-fiddle band



Peter Sciacca  
LUMBERJACK STAFF

Altan, a traditional style Irish band, will play at the Van Duzer Theatre on Friday as part of a 32-show U.S. tour.

All of Altan's members are from counties in Ireland that include Ulster, Donegal, Derry and Fermanagh.

Cirran Tourish, who plays second fiddle in the band said, "Most of us (in the band) were friends for years. We gradually developed and expanded musically."

Altan's music combines the melody of Irish music with the power and drive of Scottish music. Most of the band's repertoire consists of modernized versions of traditional songs originating in County Donegal, the Northwest corner of Ireland. Some of the songs are at least 200 years old.

The instrumentation of Altan consists of two fiddles, an accordion, a guitar and a bouzouki, which is a Scottish instrument simi-

lar to a mandolin. Accompanying these instruments is the voice of singer Mairead Ni Mhaonaigh who sings both in her native Gaelic and in English.

The band got the name Altan from a lake located in the mountains above Mhaonaigh's home.

Tourish said, "Altan's music is vibrant and fast. We are influenced greatly by Donegal (music) but don't restrict ourselves to it."

There have been some line-up changes over the 10 years Altan has been together. The most recent one was the addition of Dermot Byre in 1990. He is considered one of the best accordion players in Ireland.

Altan has released four albums with the last two being 1990's "The Red Crow" and 1992's "Harvest Storm."

"The Red Crow" was rated top folk album by The London Telegraph and Q Magazine. "Harvest Storm" spent 12 weeks in the top 10 of Billboard's World Music charts. It was also voted Best Traditional album in an annual poll conducted by the Irish Echo.

Altan has a new album scheduled for release on June 11 titled "Black Work." It was recorded last summer in Dublin for Virgin Records.

Tourish said, "I have been in-



COURTESY OF CENTERARTS

Altan brings its traditional style of Irish music to Van Duzer Theatre Friday.

spired by many older Donegal fiddle players such as Johnny Doherty and James Burns. I play with some of them when I get the chance. I also like bluegrass play-

ers from the States."

Altan will be doing shows in California for two weeks. Aside from the HSU appearance, they will also perform in Santa Bar-

bara, Palm Springs and San Louis Obispo.

"The U.S. tour has gone brilliantly. All of our shows have been sold out so far," Tourish said.

## Diversity, emotions to be celebrated at film festival

By Christina Rice  
LUMBERJACK STAFF

Movie lovers can challenge their perceptions about women and celebrate diversity at the Sixth Annual Women's Film Festival at the Minor Theatre in Arcata this weekend.

The festival is a fundraiser for the North Coast Rape Crisis Team. It showcases five films written by and about women of different countries and cultures.

The films are selected by a group of Rape Crisis Team volunteers.

Bonnie Orris, administrative coordinator for the Rape Crisis Team, said this year's films "leapt off the pages" of the catalog provided by Women Make Movies, a nonprofit organization in New York.

"Saar" by Selina Williams is one of the films and "arguably the first drama directed by an African-Canadian woman," Orris said.

It is a dramatic short about six African-Canadian women gathering together seeking to define their cultural motivations and experiences in the wake of news reports of the killing of a Somali by a Canadian soldier, a press release said.

"Saar" has a very powerful message," Orris said. "Though it is based in Canada, it is very easily applicable to our country. It's a wonderful film — very life affirming."

"Great Girl," Kim Su Theiler's first film, is another piece in the festival. Theiler drew from her own experiences to create a "poetic drama" about a woman's return to Korea looking for her birth mother, after living in America as a child adoptee.

"Finding a personal history and cultural identity is the theme of this one," Orris said.

"Mother Love" by Midge Mackenzie "captures" the essence of "I Stand Here Ironing," a classic feminist short story by Tillie Olsen.

In this film, a mother reminisces about the joy and pain of raising her daughter alone.

This year's longest film is the 43-minute documentary "Cancer in Two Voices" produced, directed and edited by Lucy Massie Phenix.

This documentary is about a woman, who learns she has advanced breast can-

cer, and her partner.

"The two women talk about their identity as Jewish women and as lesbians and they speak openly about the difficult issues each is facing," a press release stated.

Orris said she believes "Cancer in Two Voices" will be "emotionally tough to see."

The Northcoast Breast and Cervical Cancer Control Program is sponsoring "Two Voices" and will have a representative at the festival available for people to talk to.

The festival will close on a lighter note with Katrin Barben's film "Bar Jeder Frau/ The Bad Girl Bar."

This film is a lesbian bar scene where the rules for correct conduct are broken.

Orris said the growth of the festival is a good sign.

"Our hope is that the film festival will continue to grow," Orris said.

She said the first festival raised \$46 and last year it made more than \$1300.

The show will begin at 11:30 a.m. and will last until 1:30 p.m. Admission is a \$5 donation in advance or \$6 at the door. All proceeds will be used to provide services to the community through the North Coast Rape Crisis Team.



COURTESY OF NORTH COAST  
RAPE CRISIS TEAM

"Great Girl" is one of five films to be featured this weekend at the Sixth Annual Women's Film Festival.





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## Strictly touring

Reggae band Strictly Roots will play Thursday in the Kate Buchanan Room at 9 p.m. From Santa Cruz, Strictly Roots has performed with such reggae legends as Ziggy Marley, Steel Pulse, Eek-A-Mouse and Inner Circle and has played at Humboldt County's Reggae on the River festival. The band is touring in support of its latest album, "Last Daze," the name of which implies that mankind is headed on a path that will eventually lead to the destruction of modern civilization, according to a press release. Tickets are \$7 in advance and \$10 at the door and are available at The Works in Arcata and Eureka.

<http://lumberjack.humboldt.edu>

# CENTER ARTS

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Folkloric Dance  
Ensemble

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Sha Sha Highby

Diane Ferlatte



Sonny Rollins  
826-3928



## Student artist lives in gallery

## Living with her artwork — literally

By Lee Kamm  
LUMBERJACK STAFF

Sharon Thompson is living in the Reese Bullen Gallery at HSU. On Monday she moved her couch, bed, hot plate, refrigerator, clothes and books into the gallery and it wasn't to save on rent.

"Art, like life, involves exploring unknowns, challenging yourself and taking risks in order to grow," said Thompson, a 23-year-old studio art senior at HSU.

Thompson invites the general public to come and see her live, work and create in the gallery.

"Artists must be willing to expose themselves publicly and deal with answers that are never black or white," she said.

Thompson will graduate in May and then in the fall will enlist in the Peace Corps. But this current exhibition is a big step for her.

"I call the installation 'Exploring the Whole' and inside the gallery I'll have a timeline of photographs of my life on the walls. I'll be exploring my life and conceptual art in public which is a challenge, but growth only comes by overcoming challenges," she said.

But it hasn't always been a smooth

trip for the Redondo Beach native.

"Summing up my 23 years and reviewing the big picture, I can say that my life has been painful. But it's also been full of joy and putting it out there for people to experience will help me move towards discovery."

She has already come a long way from a youngster who played with Barbie dolls.

"My parents weren't artists but they valued creativity in their own way. My father was a millwright who was very good with his hands and my mother was a seamstress and quiltmaker," Thompson said.

Her 19-year-old brother and 21-year-old sister are also showing artistic instincts.

"They're doing some exploring," Thompson said.

If people think that artists are different, Thompson agrees that they probably are.

"One difference between people trained in art and those who are not is that we take the time to see reality in terms of light, value and composition. We see shapes that make pictures, the negative space surrounding objects and even what abstract ideas are made of," she said.

But how does an interested beginner begin?

"I look at some art and I get frus-

trated because I just don't get it. I mean, what is the artist trying to say? You have to treat art as a foreign language and what I'm trying to do is help everyone see what I'm trying to create and also the creativity in their own lives," she said.

Thompson's self exploration and art also have a pragmatic side that may afford her the means to live in a material world.

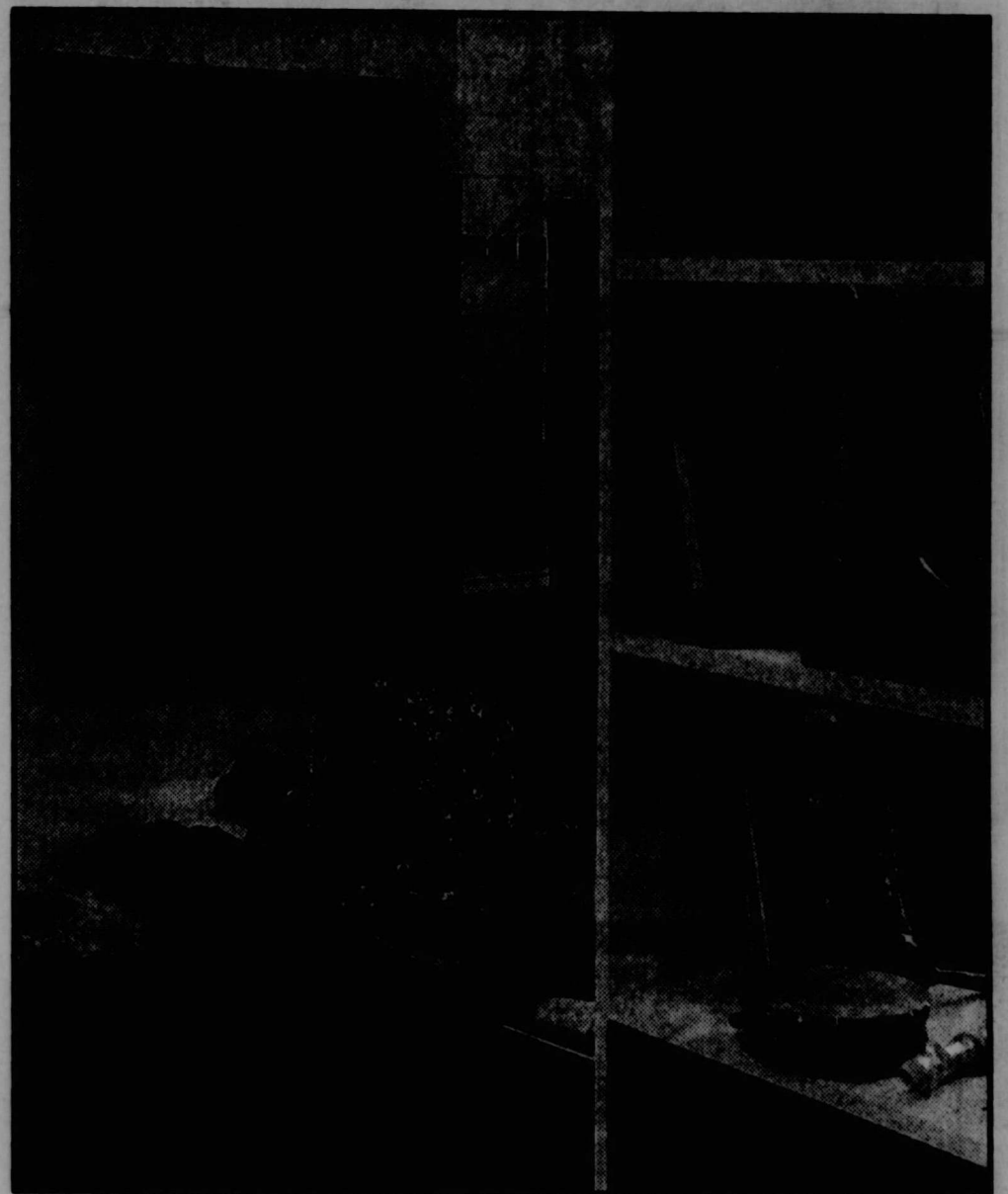
"I'm interested in art therapy as a career because a person's art is really a mirror of their inner thoughts and conflicts. If I can help a person express a problem through art, then they can begin to deal with it," she said.

What she may lack in experience she more than makes up for in determination.

"I went through hell getting to do this," she said referring to the myriad of staff and department approvals and the complicated logistics involved. "And that's not counting all the security measures I had to take."

"Starting with Michael, a different friend will stay with me each night," she said. "I have a telephone and the campus police said they will cruise by every once in a while, but I don't know..."

"I still have to go down the hall to the bathroom."



Studio art senior Sharon Thompson, in bed, examines her artwork with teaching credential graduate Erin Shafkind in the Reese Bullen Gallery. Thompson is living in the gallery this week to promote her exhibit.

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- HEAT R  
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Robert DeNiro
- BRAVEHEART R  
Mel Gibson
- THE AMERICAN PRESIDENT PG-13  
Michael Douglas  
Annette Bening



• Actor, physician and activist Dr. Haing S. Ngor was shot and killed outside his home in Los Angeles' Chinatown section on Feb. 25.

The police have not determined a motive, though there is speculation that it was in response to Ngor's efforts to bring justice for the atrocities committed under the Khmer Rouge regime.

Ngor is most well-known for his role as news assistant Dith Pran in "The Killing Fields," for which he won an Oscar.

• A Rachel by any other name just doesn't get the part.

Fox executives turned down Jennifer Aniston for the part of Christian Slater's love interest in the action-packed "Broken Arrow." They thought the chemistry between the two was lacking and that she was "too pretty" and "too whiny" to play the intelligent park ranger.

Misery loves company though. Lauren Holly and Helen Hunt were also turned down.

• Eat, drink and be saved in half?

Now it's possible at the magical theme restaurant that the lord of illusions himself, David Copperfield, is opening.

• Kiss is going to "Rock and Roll All Night" once again. The band has reunited and an album and tour is already in the works.

— Carrie Bell

## The Scene's Exclusive Ax Rating System

TTTTT

• Worth chopping down an old-growth forest over.

TTT

• Almost worth a clear cut.

TT

• Little the little creatures keep their homes over this one.

T

• Timber! Look out below for this bomb.

## Rants & Raves



Everything But the Girl  
"Amplified Heart"  
Atlantic

TTTT

Recent heavy radio play makes this review of the reissued fourth CD by Everything But the Girl better late than never.

Tracey Thorn, also famous for her appearances with Massive Attack, is definitely one of England's finest voices. One can feel her passion especially when she moans softly in musical silence after visiting an ex-lover's old apartment in "Missing."

Those who purchase the album now are also in for treat with a remixed version of this hit dance single.

But don't expect much of the same synchronized beats throughout the rest of "Amplified Heart." Do expect more soul-searching by Thorn, soft, saxophone- and piano-filled music and well-written lyrics. Also the group calls on fellow Brit Richard Thompson's able guitar for "25th December."

Thorn's voice is often complimented and sometimes overpowered by cohort Ben Watt's golden cords which will remind listeners of other British male power-pop idols like the boys of Oasis or the Charlatans UK's Tim Burgess.

Fans of Joni Mitchell, the Indigo Girls or Edie Brickell should give this CD a whirl.

— Carrie Bell

Various  
"Cocktail Mix" Volumes 1-3  
Rhino

TTTTT

Rhino takes back the lounge and makes it a really nice place to visit.

Volume I, "Bachelor's Guide to the Galaxy," is 18 songs of instrumental space-age pop

See Rants & Raves, page 21

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## Rants &amp; Raves

• Continued from page 20

from the likes of Les Baxter, Felix Slatkin and the Bobby Hammack Quartet. The Three Sons add a nice flavor to "Fever" although one will yearn for the fire-and-ice voice of Peggy Lee. Baxter and Russ Case's percussion will have even the shyest listeners tapping their toes.

Volume II, "Martini Madness," is the perfect soundtrack to any future party with wild tracks from big stars like Mel Tormé, Quincy Jones and Dick Hyman. Latin beats inspire Perez Prado, Pucho & the Latin Soul Brothers, Cal Tjader (hear that vibraphone go) and Sergio Mendes. This volume also capitalizes on the mistresses of Muzak with "Call Me" by Nancy Wilson, Connie Francis, Trudy Pitts and the ultra-seductive Miss Ann-Margret.

Elegance and soul intertwine

on the third volume, "Swingin' Singles." It is the most jazz-inspired with the tracks from legends such as Sammy Davis, Jr., Louis Prima, Stan Kenton and Count Basie. Lovers will find finger-snappin' serenades by Sarah Vaughan, Rosemary Clooney, Bobby Darin and a fabulous duet between Louis Armstrong and Ella Fitzgerald will make one swoon. Ah, the subtle sexuality.

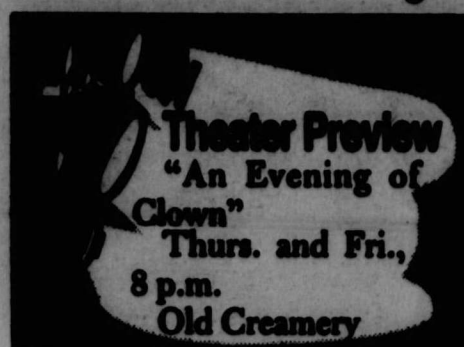
We also get to follow the saga between Rex and Doris with each volume carrying the story one step further. Light a cigarette, grab the vermouth and get lost in imagination.

Each CD also has extensive liner notes leaving no stone unturned in the history of the easy listening of the '50s and '60s. About the only things missing are Esquivel, Ol' Blue Eyes and Johnny Mathis.

This is music for your listening pleasure. Remember one can never have enough cheese in his or her musical diets.

— Carrie Bell

## Clowns to invade Creamery



Students of the Dell'Arte School of Physical Theatre, based in Blue Lake, will present "An Evening of Clown" Thursday and Friday at the Old Creamery Building in Arcata.

The performance features 21 students from countries such as Denmark, Sweden, Great Britain, Australia and Canada. The humor will range from slapstick to sublime and is suitable for all ages.

"We hope people who have never had a chance to see clown theatre come by to see this year's group," school administrator Peter Buckley stated in a press release. "They're very talented and very funny."

The Dell'Arte program is the only full-time program in physical theatre in the United States. The school includes the study of acrobatics, yoga, dance, mask, melodrama, clown, commedia, mime and movement.

The Old Creamery is located on 9th Street. For more information, call Dell'Arte at 668-5663.

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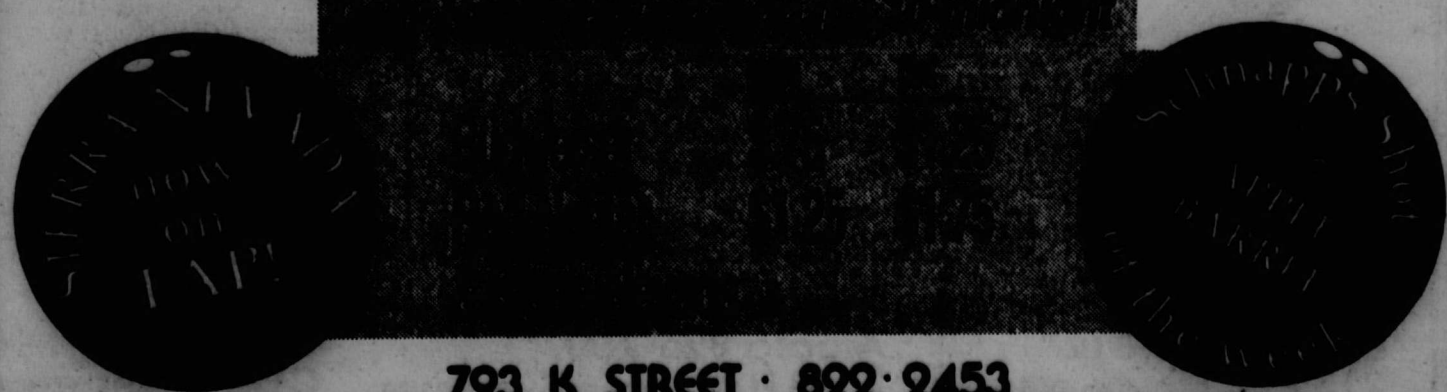
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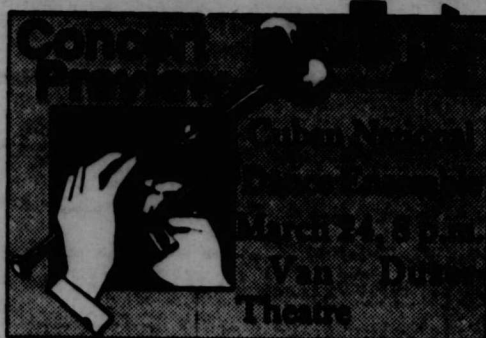
957 H Street, Arcata  
(near the plaza)

822-2834



# Cuban dance troupe to mamba into Van Duzer

■ Group returns to stage after 15-year absence.



HSU will host part of the largest cultural exchange between Cuba and the United States in 35 years on March 24.

The Cuban National Folkloric Dance Ensemble will perform in the Van Duzer Theatre as part of its 40-city U.S. Tour.

Comprised of 40 musicians and dancers, the troupe was founded in Havana in 1962 and has toured 53 times in 43 countries. The tour will showcase dances dedicated to the deities of the Afro-Cuban Santeria religion, as well as country dances, rumbas, guajiras, the cha-cha, the mambo and the despelote.

Tickets are \$17 general, \$13 for students.



The Cuban National Dance Ensemble, under the artistic direction of founder Rogelio Martinez Fure, will perform at HSU.

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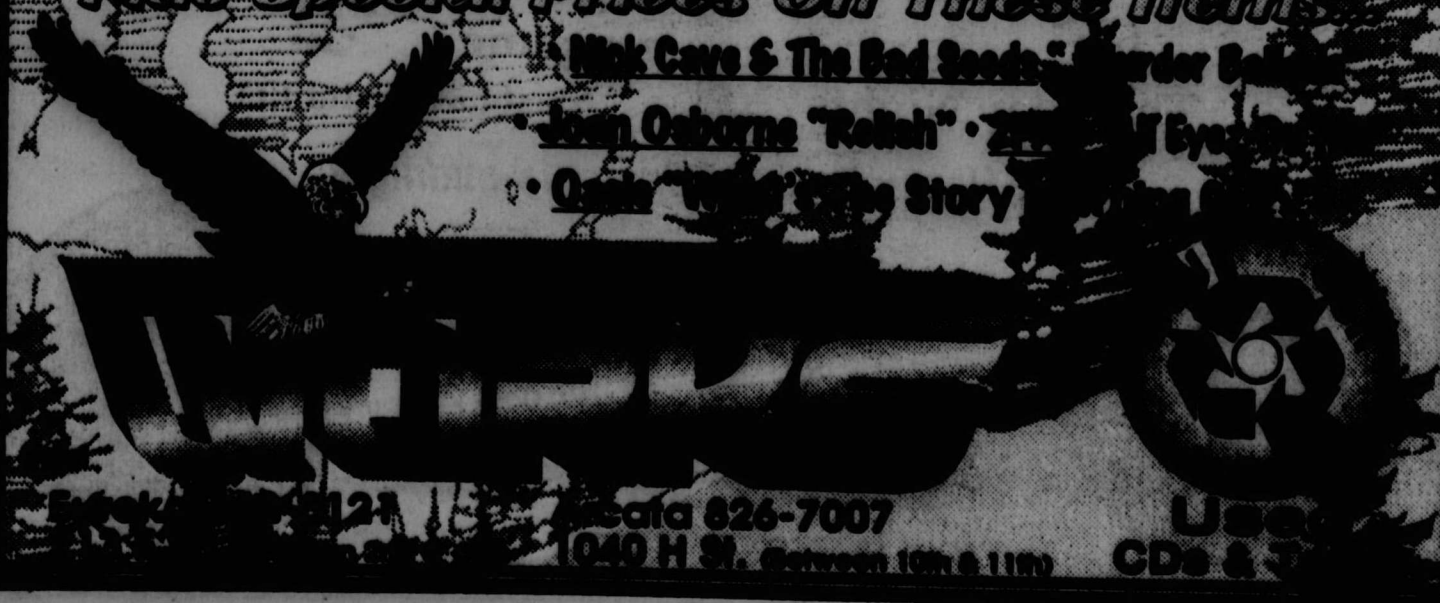
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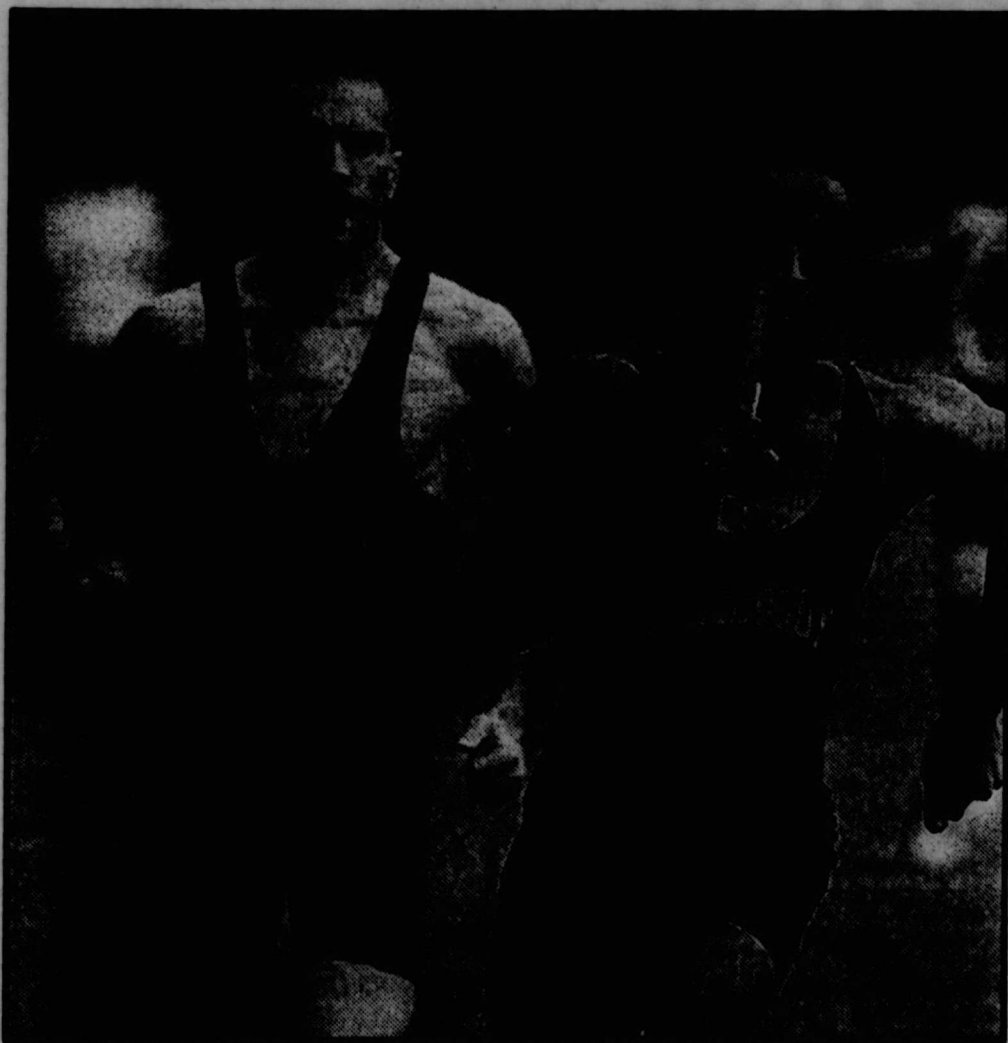
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KEITH SHEFFIELD/SPORTS PHOTOGRAPHER

Left to right, Clover Codd, Marti McCoy and Anna-Marie Hird participate in the 100-meter hurdles during Saturday's meet. McCoy won with a time of 16.85 seconds.



KEITH SHEFFIELD/SPORTS PHOTOGRAPHER

Eric Scott, right, and Brent Tocher lead the relay team to victory.

## HSU shines at home meet

■ Track and field team beats Chico, 20 qualify for NCAC.

Pete Chenard  
LUMBERJACK STAFF

Responding to the pre-season predictions for a successful season, the HSU track and field team posted 20 conference and two provisional qualifying times at its first of two home meets last Saturday.

Held in the Redwood Bowl, HSU beat Chico State in the dual meet 104-51 for the men and 70-60 on the women's side.

Sara Flores and Rio Anderson each ran a provisional qualifying time in their prospective events earning a chance to go to the national meet in Riverside held this May.

The first collegiate competitors

across the finish line in the 3,000-meter was Flores and Anderson in the 5,000.

The overall winners of each race included two HSU graduates and Olympic hopefuls: Scott Pesch in the 5,000 and Melissa Martel in the 3,000.

Flores' provisional qualifying time of 10:01 in the 3,000 places her atop the Northern California Athletic Conference list in the event.

"I'm real happy with where I am at this point in the season," Flores said. "My times are faster (than last season) but I'm still looking to improve."

Flores, who also leads the conference in the 5,000, is the conference "Athlete of the Week" for the second straight week.

Running two other events, she set two personal bests: 1:01 as the anchor leg in the mile relay and a 2:16 conference qualifier in the

800.

"I was listening to my legs when they said, 'go faster,' so I just responded," Flores said.

For Anderson, who leads the conference in the 800, 1,500 and 5,000, there's one event remaining in his repertoire and it's his strongest event—the steeplechase.

For Coach Dave Wells, Anderson has yet to reach his full potential.

"Granted, he's the 1993 conference champion in the event," Wells said. "But, currently he's running strategically sounder than ever before, and the steeple is a very tactical race that should play into his hands nicely."

Other conference qualifiers in women's distance events include Carrie Mangiapane in the 3,000 and 800, Courtney Cannizarro, also in the 800. Kim Souza won

See Track and field, page 26





## ANNOUNCEMENTS

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\$80 Community

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call 426-0011 for more information.

## SCOREBOARD

### Softball Standings

Standings	NCAC			Overall		
TEAM	W	L	Pct.	W	L	Pct.
Sonoma St.	6	0	1.000	14	4	.778
HSU	7	1	.875	18	3	.857
UC Davis	7	1	.875	16	5	.762
CSU Chico	2	6	.250	3	12	.200
CSU Stanislaus	1	5	.167	5	11	.313
CSU Hayward	1	7	.125	3	12	.200
SF State	0	4	.000	3	10	.231

NCAC Pitcher of the Week:  
Brenda Scally (Sonoma St.)

NCAC Player of the Week:  
Courtney Watson (HSU)

### Batting Average

1. Andrea Ennis (Hay)-.465
2. Cathy Juarez (SF)-.455
3. Trisha Reinhardt (Davis)-.419
6. Courtney Watson (HSU)-.395

### Scores:

HSU 2-0 vs. CSU Hayward (6-0, 2-0)  
HSU 1-1 vs UC Davis (0-2, 2-1(8))  
Sonoma St. 2-0 vs. CSU Stanislaus (6-1, 3-1)  
UC Davis 2-0 vs. CSU Chico (2-1(8), 3-2)  
CSU Hayward 1-1 vs. CSU Chico (6-2, 1-11)

### This Week in Conference:

UC Davis at CSU Stanislaus  
HSU at Sonoma St.  
CSU Chico at SF State  
Sonoma St. at CSU Chico  
HSU at SF State

### Women's Track and Field Leaders

#### 100-meter

1. Cori Evans (Davis)-12.61
2. Marti McCoy (HSU)-13.15
3. Laura Mumolo (Davis)-13.48

#### 800-meter

1. Julia Demby (Davis)-2:14.48
2. Sara Flores (HSU)-2:16.69
3. Lisa Wallace (Davis)-2:16.98

#### 10,000-meter

1. Kim Sousa (HSU)-38:39.45
2. Kelly Vanhornek (Chi)-41:13.00
3. Rachael Moeller (Chi)-43:02.00

#### 200-meter

1. Celise Carroll (Davis)-26.08
2. Marti McCoy (HSU)-26.59
3. Laura Mumolo (Davis)-27.61

#### 3,000-meter

1. Sara Flores (HSU)-10:01.63
2. Jodi Dailey (SF)-10:18.90
3. Kristen Kabo (Davis)-10:26.40

#### Hammer

1. M. Gallagher (Stan)-136-07
2. R. Schacker (Davis)-128-04
6. Kaci Childers (HSU)-111-00

#### 400-meter

1. Jamila Demby (Davis)-58.03
2. Marti McCoy (HSU)-58.86
3. Cathy Prater (Davis)-59.87

#### 5,000-meter

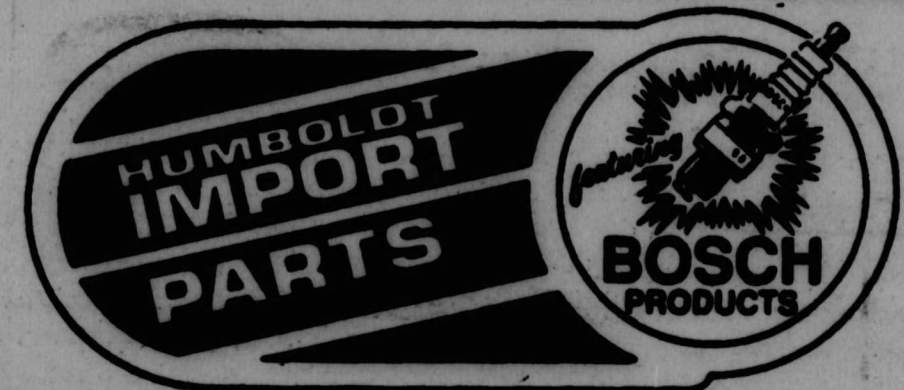
1. Sara Flores (HSU)-17:26.04
2. Kristen Kabo (Davis)-18:08.39
3. Erica Greene (Stan)-18:36.99

#### Long Jump

1. Angela Orlando (Davis)-18-02
2. Keeta Zimmerman (HSU)-18-00
3. Anna-Maria Hird (HSU)-17-05

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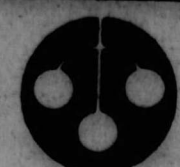


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# On the road again

■ Softball team to spend break amid tough competition.

By Jeff Viera  
SPORTS EDITOR

The HSU softball team is going to have to get aquatinted with life on the road.

While HSU students leave in mass exodus from Arcata, the 'Jacks will spend their version of spring break on a six-city, nine-day road trip.

Beginning with Sonoma State on Friday and ending with UC Riverside next Saturday, HSU will visit San Francisco State, Cal State Bakersfield, California Baptist and Cal State San Bernardino in between. The first two games will be conference games.

"It's a long trip, but our players come up here to play, so we will be ready for it," Coach Frank Cheek said.

The 'Jacks will see plenty of good competition this week.

In addition to the two conference doubleheaders, HSU will play Bakersfield which ranked in the top 10 in the nation and is traditionally tough to beat at home.

In addition, Riverside, who the 'Jacks face in their only scheduled triple header March 23, has won

two out of three from Bakersfield. Friday's game with Sonoma will be crucial.

The Cossacks, who are undefeated in Northern California Athletic Conference play, sit at the top of the standings with HSU and UC Davis breathing down their necks.

"It's going to be a three-team race to win the conference," Cheek said. "Sonoma plays us and then plays Davis. This weekend will tell us who is going to lead the pack."

The 'Jacks, who are 18-3 and 7-1 in the NCAC, split a doubleheader with UC Davis last weekend and then swept Cal State Hayward.

In the 2-0 loss to Davis, the 'Jacks were only offensive production was a double by Jamie Peterson.

In the nightcap, Courtney Watson singled home the winning run to help beat the Aggies 2-1.

Dawn Valenta picked up the victory running her record to 6-0. Heidi Lantry collected two hits to lead HSU.

In Saturday's 6-0 win over Hayward, Watson continued to produce at the plate as the junior from Fremont had two RBI's including a solo homerun—the first of the year for HSU.

Jessica Rose and B.J. Helfrich combined for a three-hit shutout. Peterson, Jennifer Fritz and Lantry each had two hits.



KEITH SHEFFIELD/SPORTS PHOTOGRAPHER

All-American Jennifer Fritz, will be counted on to lead the 'Jacks on the roadtrip starting Friday.

Pitcher Erin Rathke relieved Valenta in the third-inning of game two with the bases loaded and nobody out.

The freshman got the 'Jacks out of the inning unharmed as HSU

rolled to a 2-0 win.

Rathke improved her record to 9-2.

"We played pretty good defense all weekend," Cheek said. "A lot of our success will be determined on

a matter of execution. Who hits and who makes the errors will be the difference in the outcome."

HSU will not play another home game until April 6 against Cal State Stanislaus.

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Associated Students Council

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5:30pm - 7:00pm  
7:30pm - 9:00pm


444-2846

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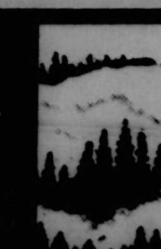
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\*Package price is per person double occupancy; includes one adult all-day lift ticket and one night's accommodations. Ticket voucher/lodging valid midweek, non-holidays only. Restrictions apply to Christmas Holidays, Dec. 18-Jan. 1.

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20 Rooms. Remote cable TV with HBO; coffee in room; direct dial phone; king and queen beds; family suites; kitchenettes and refrigerators. Hot tub; non-smoking rooms. AAA approved.

**CAVE SPRINGS/DUNSMUIR CABINS** \$35.00\*  
4727 Dunsmuir Ave., Dunsmuir, CA 96025 916/235-2721  
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14 Rooms. Clean, comfortable and quiet. Cable TV, direct dial phones, kitchen units available. Ten new mountain view units and sauna scheduled to open in Spring '96. All major credit cards.

**McCLOUD HOTEL** \$42.50\*  
408 Main Street, McCloud, CA 96057 800/964-2823  
17 Rooms. The area's newest and finest lodging facility is beautifully restored and offers large rooms, private baths, suites with whirlpools, full breakfasts and historic hospitality. Special 2-day packages available.

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**SWISS HOLIDAY LODGE** \$35.56\*  
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20 Rooms. Clean, quiet Mt. Shasta view from your room or hot tub. Complimentary continental breakfast or use our community kitchen. Enjoy free popcorn, cable TV/HBO. Close to Ski Park. AAA rated ++.

## Coordinator goes to WLAF

Steve Carson, who served as defensive coordinator for the HSU football team this year, has left the 'Jacks to take an assistant coaching position with the Rhein Fire, a Dusseldorf, Germany based franchise of the World League of American Football.

Carson replaced Doug Adkins as HSU's defensive coordinator in August shortly before fall practice began.

The former defensive backfield coach from Rutgers University of the powerful Big East Conference, directed the Lumberjacks to the top of nearly all the defensive statistical categories recorded in the Northern California Athletic Conference.

HSU won the conference with an 8-1-1 overall record.

HSU has already begun a search for his replacement. A pool of finalist should be determined in May, with a target hiring date of early summer.

The 'Jacks will play its final season as a member of the NCAC.

The conference will be forced to disband after next year because only three schools still have their football program intact.

Several options remain on where HSU will play after next year. Among the possibilities is becoming a Division II independent or joining a league with Oregon and Washington schools. A drop to Division III is a remote possibility.

## Track and field

• Continued from page 23  
and qualified in the 10,000.

In the sprints, Marti McCoy qualified in the 400 and 200.

On the men's side, the distance events saw Luke Roundy, Jason Dressler and Marc Dube all qualifying for conference in the 10,000.

Sprinters Joe Waters and Eric Scott qualified in the both the 400 and 200 while Brent Tocher qualified in the 400 hurdles.

In the field events, Dave Pearson qualified in the javelin, Chuck Vacin in the shot put, and Tyler

Epting and Rusty Burnett in the discus.

"The team is measuring up to its potential," Head Coach James Williams said. "We're showing versatility in areas we didn't know we had."

"From Rio's 5,000 meter performance to Sara's relay split, I'm real happy with the way things are going."

The 'Jacks will host their last home meet on Saturday against San Francisco State and the Sonoma State Women's Team.

*the*  
**Shasta**  
on the  
River

**Thursday Night Specials**

	glass	pint	pitcher
Miller High Life	\$0.75	\$1.50	\$3.50
Thomas Kemper	\$1.25	\$2.25	\$5.50
Weizenberry Lager			

**Friday Night Special**

	glass	pint	pitcher
Anderson Valley	\$1.25	\$2.25	\$5.50
India Pale Ale			
Bottles of Steelhead Stout.....	\$2.25		

**Weekend Specials**

**Saturday & Sunday ALL DAY!**

	glass	pint	pitcher
Killian Red	\$0.75	\$1.50	\$3.25
Green Beer	\$0.75	\$1.50	\$3.25
Guinness Cans.....	\$2.75		
Shots of Bushmill's, Jamison's, and Irish Cream.....	\$2.50		
Madori Drinks.....	\$3.50		





# The California Primary



## 1st District Assembly Seat

### Democrats

☒ John Cumming

☐ Doug Bosco

☐ Richard Marks

☐ Karen Scott

☐ Virginia Strom-Martin

### Republicans

☐ Bonnie Neeley

☐ Margie Handley

☐ Steve Henricksen

## Board of Supervisors District 3

☒ John Woolley

☐ Sam Pennisi

☐ Carl Pellatz

### Congressional Representatives

☐ Dennis Chuning

☒ Michela Alioto

☐ Bill Burton

☐ Monica Marvin

☐ Carol Ruth Silver

## Yes No BALLOT MEASURES

☒ ☐ • Prop. 192: Seismic Retrofit Bond Act of 1996

☒ ☐ • Prop. 193: Property appraisal exception, grandparent-grandchild transfer

☒ ☐ • Prop. 194: Prisoners, Joint Venture Program, unemployment parole benefits

☒ ☐ • Prop. 195: Punishment, special circumstances, carjacking, murder of a juror

☒ ☐ • Prop. 196: Punishment for murder special circumstances drive-by shootings

☐ ☒ • Prop. 197: Amendment of the California Wildlife Protection Act of 1990 (Proposition 117), mountain lions

☒ ☐ • Prop. 198: Elections, open primary

☐ ☒ • Prop. 199: Limits on mobilehome rent control, low-income rental assistance

☐ ☒ • Prop. 200: No-fault motor vehicle insurance

☐ ☒ • Prop. 201: Attorneys' fees, shareholder actions, class actions

☒ ☐ • Prop. 202: Attorneys' contingent fees, limits

☒ ☐ • Prop. 203: School Bond Act

## Two girls for every 5,280 guys: how to make celibacy an exciting part of an otherwise depressing existence

As much as I despise using math in a practical context, it's pretty obvious that the male-female ratio in this town is just a few digits better than your average federal penitentiary or rugby team.

I could be wrong. My numbers may be off or they could be filming a Dogg Pound video across the street and I was just never told, but for some reason I think there are just too many friggin' guys in this town.

The irony of this staggering statistic is you would think that women would like to go out and have their pick of the litter. Okay, you would think they would like to go out and have their pick of the huge, drunken and inefficiently-tattooed mob of guys who take to the streets on a perplexing-regular basis\*.

If you are a woman and can't meet guys in Arcata you are doomed to perpetual celibacy. You will never again have such a selection of men in desperate need of sexual attention. It's not fair, but when I move to Rio de Janeiro I'll forget all about it.

It all comes down to diversity. There is nothing more politically incorrect than a bunch of guys in flannels playing darts and re-enacting hockey scuffles.

At this point it's not even about sex, it's about severe conversational monotony.



## Liquid Lunch

David Chrisman

For example, here is the conversation I had about 10 times this weekend.

Some guy: "Hey Dave, what's going on?"

Dave: (finishes beer, orders another) "Not much."

Some guy: "Where are the girls at?"

Dave: "If I knew where the girls were, I wouldn't be sitting here talking to some guy, would I?"

Some guy: "Wanna dance?"

Dave: "Maybe after this beer."

We sit in awkward silence, wishing life was just a little more like a beer commercial and a little less like the movie "Deliverance."

Life could be so much more exciting if women actually went out now and then. Have you ever overheard a conversation

between a hotty and a wanna-be mack daddy? It's like a friggin' job interview.

Mack daddy: "Hi. You know, you're the most beautiful girl in the bar, and I even looked in the women's room."

Hotty: "Thanks, I'm drinking Jagermeister."

Mack daddy: (ignoring subliminal alcohol request) "Wow. That's great. You know I have heaps of chest hair. Look."

Hotty:

(ignoring

chest

groping

request)

"Yeah,

um, my

husband's

sup-

posed to

be here and he's mad because I gave him herpes and now we have to pull one of our kids out of school."

Mack daddy: (ignoring herpes/husband/kids line) "Do you want to go home with me? Ever have sex in a trailer?"

OK, maybe it's not "When Harry Met Sally" or whatever, but it's a start. Maybe it's pointless for an underpaid and poorly groomed columnist to instigate social evolution, but dammit, it's worth a try.

Maybe Humboldt County is the black hole of procreation where minor social inadequacies like eyeboogers or liberal use of the word "hella" are preventing thousands of people from having sex like jackrabbits on guarana.

\*perplexingly-regular basis: members of Arcata's drinking community have permanently skewed what normal humans

Maybe Humboldt County is the black hole of procreation where minor social inadequacies like eyeboogers or liberal use of the word "hella" are preventing thousands of people from having sex like jackrabbits on guarana.

define as a "weekend." Because Thursday is so gosh-darn close to Friday, and Friday is so undeniably close to Saturday (an internationally recognized work-free day), we now begin our weekends on Thursday. Since Wednesday is so friggin' close to Thursday, we like to get really drunk to start off our "perplexingly-regular weekend" on Wednesday night or afternoon.

Chrisman is a journalism senior.



## Campus Voice



## Are you voting in the local primary elections?

"No, I'm not voting. I'm disillusioned with hierarchical structures."



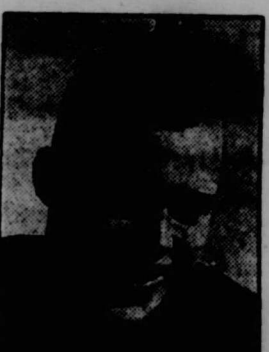
**BENJAMIN OFF**  
English sophomore

"Monica Marvin, because she's local."



**DARRELL READYOFF**  
NRPI senior

"I'm registered. I don't know if I'm voting yet or not."



**TYLER DUNIVANT**  
undeclared freshman

"I don't really know if I'm voting yet or not."



**ADRIA ZIMMERMAN**  
English junior

"No, I'm not too in tune with local politics. I just registered to vote a couple of weeks ago in Humboldt County."



**BENJAMIN MARCKMANN**  
botany senior

"I'm not voting. I have social and political anarchy."



**BRIAN MCCLAIN**  
CIS junior

## Letters policy

Letters and columns to The Lumberjack must be received by 5 p.m. the Friday before publication date. Items can be mailed, delivered, faxed or e-mailed to:

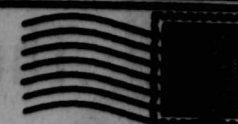
The Lumberjack  
Humboldt State University  
Nelson Hall East 6  
Arcata, Calif. 95521  
Phone: (707) 826-5271  
Fax: (707) 826-5921  
E-mail: thejack@axe.humboldt.edu

Letters and columns are subjected to these guidelines:

- They must be typed or neatly printed.
- Letters are limited to 250 words, columns are limited to 600 words. Longer items will not be considered.
- Items must be verified before they're published. They need a signature, address and phone number. Students must include their major and year in school.
- Anonymous letters will not be published.
- Items are subject to editing for style and grammar, and may be condensed to fit available space.
- Publication is not guaranteed.



## Letters to the editor



## HSU needs to support cultural diversity

It has been brought to my attention that there are two open positions in the ethnic studies department for two full time tenure track positions. These positions have been open since the beginning of the semester and there has been no effort whatsoever by the administration to fill them.

I feel that a lack of a strong Ethnic Studies program does nothing to promote ethnic diversity on campus. Ethnic Studies courses are important because they promote a better sense of cultural diversity and bring a different perspective other than the "western" point of view, as well as promote global awareness.

It is about time that the administration hires the teachers students need. The administration is supposed to work for the students, and it is because of the students that the administrators have jobs.

A small group of students has united to form the Student Coalition for Diversity to fight for rights and get the teachers that are needed. We know what we want and we are not going to stop until we get it!

**Paul Zarate**  
English teacher prep junior

I am writing this letter in strong support of the mission and goals of Humboldt State as proclaimed in the 1995-96 University Catalog: "The university welcomes challenges and opportunities of a diverse and rapidly changing society. To end this, it is a community striving to value diversity, to be inclusive and to respect alternate paradigms of behavior and value systems."

These are highly respectable and attainable goals. I am writing as a member of the Student Coalition for Diversity to remind the university of these commitments.

We request the advertising moratorium on the two vacant positions in the ethnic studies department be lifted. It is our goal to reinforce the university's beliefs in an inclusive college community which recognizes rapid changes occurring on campus and reacts accordingly.

The existence of a strong ethnic studies department is critical to the education of students who live in a society forced to deal with ethnic similarities and differences. I ask the university to recognize this and react accordingly.

**Stephen J. Smith**  
liberal studies major

It seems HSU boasts that fact that it is diverse and "open-minded." Oh yes, we have our "different" people, but how many of African-American, Native-American, Chicano and Asian descent?

For all of us here, we did not become a bongo drumming, self-esteem seeking, members of groups. We were born how we are. I for one notice HSU is not diverse. Some may argue "we try to keep you folks up here, but you do not last." OK, that is true, but the question is why?

I would say with a straight face that retention rates are low for the "real" diverse people at this campus because the professors, staff and faculty are not from the same backgrounds, beliefs and attitudes. Yes, there are some excellent informed professors at this institution who are not of the same backgrounds but are effective as mentors, etc. ... but not enough.

The lack of diversity at HSU will continue unless more effective, diverse faculty and staff are hired on to help bring HSU into the 21st century. Times are changing for the good... will HSU?

**Vincent Felix**  
psychology sophomore

I am writing this letter in behalf of the Jewish Student Union at HSU, in support of the actions of the Student Coalition for Diversity.

This coalition was formed in reaction to the news that the two vacancies in the ethnic studies department created by the resignation of two professors would not be filled immediately. A moratorium has been placed on the positions by the vice president for academic affairs.

The JSU strongly believes in the need for increased cultural and ethnic awareness at HSU and the need for a strong ethnic studies department.

Although we understand the Provost's wish for an external review of the department, we ask that the moratorium on the two open, tenure tract positions be lifted so these positions may be filled in time for the fall semester. Only by being aggressive in our needs for education will these needs be met.

**Kelly Flynn**  
president, Jewish Student Union  
interdisciplinary studies senior

## Everyone encouraged to vote in primary elections

This is just a reminder that Tuesday March 26 is election day. I urge everyone to get out and vote!

We can only have true democracy with an informed and involved citizenry. Read the independent analysis for each measure published in the California Ballot Pamphlet and decide for yourself which measures or candidates to vote for or against.

If you have trouble understanding the legalese in the pamphlet or if you need assistance reading in between the lines of slick advertising campaigns, Student Environmental Action Coalition has published a voter guide and they will be distributed it on campus until election day.

**Nancy Kampus**  
environmental resources engineering senior



## Letters

### Prop. 203 will provide funds for local schools

On the March 26 ballot there is a measure that has a significant impact on education and the work force of the future in California — the public Education Facilities Bond Act of 1996.

Proposition 203 will provide bond funds to help upgrade Humboldt County schools, College of the Redwoods and HSU.

If passed, this \$3 billion bond act will improve California K-12 schools, community colleges and public universities by providing funds for school construction, restoration and earthquake safety. Proposition 203 will help students in Humboldt County keep pace with technological advances from kindergarten through college, thereby enhancing their future and a growing area economy.

With enrollments beginning to climb significantly and many older buildings in great need of seismic upgrades or improvements in their technological capability, the need for capital funding has never been more critical.

More than two-thirds of the funds from Proposition 203 will go toward K-12 school projects with community colleges and universities receiving \$975 million over a two-year period.

HSU will receive funds to renovate the 41-year-old Wildlife and Fisheries building, plan renovation of the Physical Education Complex, provide improvements to the telecommunications and campus infrastructure, and seismically upgrade the West Gym, Field House and Theatre Arts building.

Humboldt County has always had a tradition of providing the best education our citizens can offer. The passage of Proposition 203 would help to continue that partnership with Humboldt County public schools, CR and HSU.

Alistair W. McCrone  
HSU President

### New representatives for art and humanities

Attention all arts and humanities students! You now have a voice on the Associated Students Council, the organization which helps protect your rights and interests as HSU students.

Your two representatives were appointed on Monday, March 4th.

Michael Duffy is a philosophy and German senior and Janet Duynstee is a speech communication senior.

Our decision to fill these positions is based on our concern that arts and humanities students did not have adequate representation within A.S. Your needs and concerns are important to us and to the A.S. Therefore, we encourage all arts and humanities students to stop by and just say hello or discuss any issues you have.

Duffy will be available on Tuesdays and Thursdays from 1 to 2 p.m. and Duynstee holds office hours on Mondays 1 to 3 p.m. in the A.S. offices which are located in the South Lounge in the University Center. Messages can

be left at 826-4221. We look forward to meeting you. Let your voice be heard!

Michael Duffy  
philosophy and German senior  
**Roller blades belong in Arcata skate park**

I would like to see roller blade skating at Arcata's new skate park. As proposed, the Arcata skate park will only allow skateboarders, not roller bladers, to use the park.

Because this park will be on public land, I think as many people as possible should be able to use this facility.

If you are interested in supporting roller bladers at this new park, please come to the meeting on Saturday, March 16 at the Arcata Community Center, 14th & D streets, from 5 to 7 p.m.

Thanks for your support.

Jeremiah Hendren, age 11  
Eureka resident

### H.R. 2566 will reform campaign funding

We of the H.O.P.E. Coalition are deeply concerned by the fact that the 1994 congressional election was the most expensive in history, with candidates for the House and Senate raising a total of nearly \$741 million to fund their campaigns, and the effect this is having on public confidence in our political system. We want Congress to act now to restore public confidence in our political system.

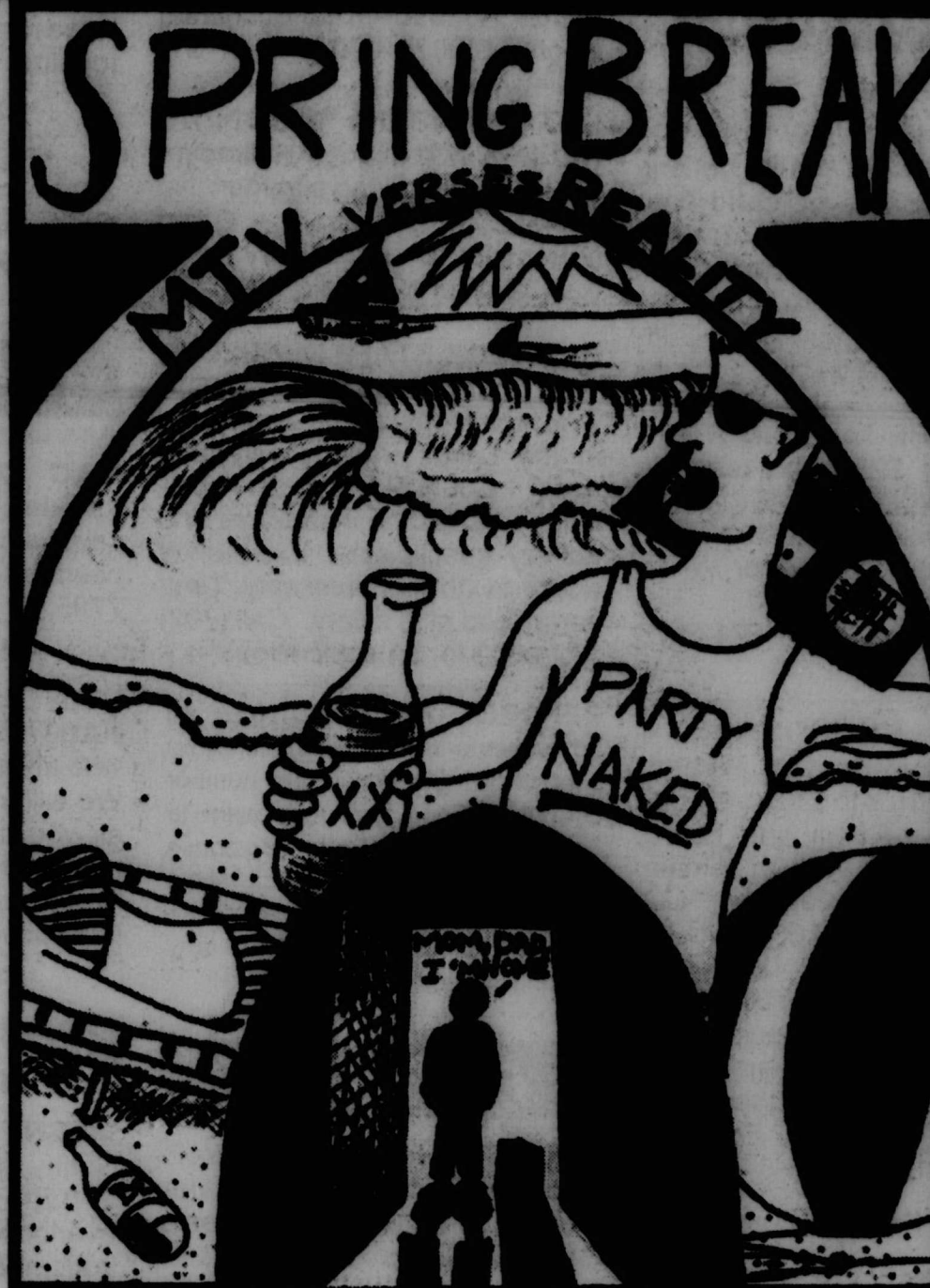
Fortunately, legislation recently introduced in the House of Representatives would correct some of these problems. Representatives Christopher Shays, R-Conn., Martin Meehan, D-Mass. and Linda Smith, R-Wash. have introduced H.R. 2566, a strong, comprehensive campaign finance reform bill.

The legislation contains the essential elements for reform. It sets voluntary spending limits for House campaigns. It provides reduced-cost ways for candidates to communicate in more responsible ways with the public. It puts new controls on "soft money" contributions, which operate outside the limits of federal law. And it controls special interests by limiting large individual contributions and cutting political action committee donations.

We of the H.O.P.E. coalition call upon the citizens of Humboldt County to ask Rep. Frank Riggs to cosponsor H.R. 2566. Too much is being spent on these congressional races, and H.R. 2566 will help change this deeply flawed system.

Here is how Rep. Frank Riggs can be reached at the capitol:  
1714 Longworth Bldg.  
Washington, DC 20510-0001  
(205) 225-3311  
fax: (205) 225-3403

Rudy Ramp  
Arcata resident



## Turn off the TV and turn on your mind

When I was a child, I watched thousands of hours of cartoons, sitcoms and commercials which have blended together into one memory with a few distinct characteristics.

I usually watched by myself, or at least I felt like I was in my own world. I ate non-stop while I watched, discreetly munching candy from a warehouse-sized box. I "surfed" between shows until my mother got mad at me for not coming to the table for dinner. And when I finally turned the TV off, I felt bad about my insouciance toward academia.

While I watched, I had to be ever alert for my dad's footsteps. My father defined diligence with his own profession, hobbies, sports and perpetual projects. He was an architect for perfection and wished it infectious. He loathed the passivity TV wrought upon children and insisted I read a book and avoid having my brain "jellified" by the tube.

In all, I probably watched as much television as my friends. But as I grew I remembered his critique of excessive viewing, vacuous shows and passivity in general.

But it took an awareness of the burgeoning numbers of hate crimes, gang activity and violence for me to consider television as a root source of children's problems.

If children learn more from what they're shown than what they're told, how could television not have a tremendous impact on their behavior? Could it really affect their academics as well? What were kids learning during their (average) four hours of daily viewing? Would cartoons, especially shows like "The Simpsons" and "Beavis and Butthead" reinforce the notion that dumb is cool?

Jane Healy's book "Endangered Minds: Why Our Children Don't Think and What We Can Do About It," helped me understand how TV and its "culture" affect growing brains. Simply, the brain, like muscle, can be developed especially dur-

### Staff Column by Pete Chenard

ing the critical growing years between birth and age six.

Mental stimulation — new experiences, reading, conversation, exploration, sports, sensory stimulation and play — all cause the young brain's nerve cells to send out new dendritic branches, resulting in a more "plastic," more capable brain.

Television, for a variety of reasons, is not as mentally stimulating as these activities and thus doesn't cause as much dendritic branching. Chronically understimulated brains are less developed, less flexible. The classic "television zombie" look on a child's face confirms this.

Maybe my father, in his own way, was right about me jellifying my brain if I watched too much television. But I was lucky. Shunning the auspices of his watchful eye, I set myself up for failure, but adapted to the rigors of scholastics and prospered despite a schedule centered around "prime time."

What is too much television? Try six times more TV than homework, or an average of 5,000 hours by the time a student enters kindergarten. That said, by the time young people finish high school, they've spent more time watching TV than sitting in a classroom.

Too much TV is a central part of the problem. Most people are so chronically enmeshed in their daily viewing routine that they can't see its effects. It's easier to watch the tube than to take an active part in life as a doer rather than a viewer.

Turning off the TV is a simple, sensible act with the potential to improve family life in dramatic ways. Eschew mental atrophy and try a week without television. It would make my father proud.

Chenard is a journalism senior.



# CLASSIFIED

## OPPORTUNITIES

**CRUISE SHIPS NOW HIRING—** Earn up to \$2000+/month working on Cruise Ships or Land-Tour companies. World travel. Seasonal & full-time employment available. No experience necessary. For more information call 1-206-971-3550 ext. C60473. 5/8

**TRAVEL ABROAD AND WORK** Make up to \$25-45/hr. teaching basic conversational English in Japan, Taiwan, or S. Korea. No teaching background or Asian languages required. For information call: (206) 971-3570 ext. J60473. 5/8

**ALASKA EMPLOYMENT—** Students needed! Fishing industry. Earn up to \$3000-\$6000+ per month. Room and board! Transportation! Male or female. No experience necessary. Call (206) 971-3510 ext. A60473. 5/8

**ATTENTION ALL STUDENTS!** Over \$6 billion in public and private sector grants & scholarships is now available. All students are eligible. Let us help. For more info. call: 1-800-263-6495 ext. F60471. 3/8

**FAST FUNDRAISER —** Raise \$500 in 5 days — greets, groups, clubs, motivated individuals. Fast, easy — no financial obligation (800) 862-1982 ext. 33

**EXCELLENT PAY!** homeworkers needed! Over 400 companies need homeworkers/distributors NOW! Amazing recorded message gives details. 814-489-5404 Ext. 139, 24 hours.

**COMING SOON! Tech Fair 96—** March 14, 1996—Kate Buchanan Room—9:00 to 4:00 3/13

**ENTHUSIASTIC PAINTERS NEEDED,** with a good attitude for full-time work during summer. No experience necessary. Great opportunity to earn money. Call 822-8255 for more information.

**SUMMERR STAFF NEEDED IN THE SIERRA NEVADA MTNS:** One hour northwest of Lake Tahoe in the Lakes Basin Recreation Area. Counselors, supervisors, lifeguards, canoe instructors and activity specialists. Experience working with girls necessary. Tent/camp food plus salary. Call (702) 322-0642 for an application.

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## FOR SALE

**MACINTOSH LCIII, 4/160,** color monitor, Stylewriter II printer, modem, and tons of programs. Great simple computer. Will train on use. \$1000 OBO Kelly 822-7456 (evenings)

**TWO GRAPHING CALCULATORS—** 1. Hewlett Packard 48 SX \$300, new, \$150 OBO; 2. Casio 7700 \$50; Image Writer printer for Mac \$50. Call Lee @ 825-7083

**2 PANASONIC DOT MATRIX PRINTERS** for sale. \$100 OBO call Jennifer at 822-9889

**COMPUTER TABLE 30"x48" \$50.** Knee rest office chair \$35. Will sell together for \$75. 822-6167

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**MAC COMPUTER PARTS:** Looking for color monitor keyboards, mice, printers, software needed for Mac LC's. Alan, 822-7795.

**WANTED FOR RESEARCH PARTICIPATION: COUPLES** who are in romantic relationships. We will interview you on camera as you talk together about your relationship. Call Professor Lou Ann Wieand in Psychology at 826-5263 or send email to law3 or sln1

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## Music

**"Rants and Chants,"** a benefit for the Humboldt International Film Festival starts 8 p.m. Thursday at Celebration Hall in Arcata. **Shake 'n' Bake, The Pockmarked Fisher Women, Sand Box Bully** and **Greedo's Bounty** perform. Admission is \$3. 826-4113.

• **Strictly Roots** performs reggae 9 p.m. Thursday in the Kate Buchanan Room for those 18 or older. Hosted by KRFH 610AM, advance tickets are \$7 at The Works in Arcata and Eureka.

• **Altan**, an Irish traditional band, performs 8 p.m. Friday in Van Duzer Theatre. Tickets are \$15 general, \$10 students and seniors. 826-3928.

• **Green Earth Weekend** hosts reggae with **Boom Shaka, Live Wire** and **DJ Sister Yasmin** at the Mateel Community Center in Redway 8 p.m. Saturday. Admission is \$10. 884-4703.

• **Club Latinos Unidos** hosts a spring dance with **Los Kings** 9 p.m. to 2 a.m. Saturday at the Loleta Fireman's Hall. Admission is \$13, \$6 for students. 442-1486.

• **People Productions** hosts **J.J. Cale**, guitarist, singer and songwriter, 9 p.m. March 23 at the Garberville Theater. Advance tickets, \$20, are advised. 923-4599.

• **Café Mokka** hosts the Eastern-European music of the **Bigfoot Family Folkdance Band** 8:30 p.m. Saturday. No cover charge. 822-2228.

• **Deep Forest Pizza** hosts **Graffiti** 9 p.m. to midnight Saturday and the soft jazz of **Marimba Magic** 7 p.m. Sunday in Blue Lake. 668-5933.

• **Eureka Inn** hosts the **Darius Brotman Jazz Trio** Friday and **Primal Drone Society** Saturday 8 p.m. to midnight in the Palm Lounge. **Doug Vanderpool** and the **Swamis of Soul** perform 9:30 p.m. to 1 a.m. Friday and Saturday in the Rathskeller. No cover charges.

• **Humboldt Brewery** hosts **Blue Moon** swing Friday and **Northern Lights** Saturday. Show time is 9:30 p.m. Cover charge is \$3. 826-2739.

• **The Jambalaya** hosts **Disclaim** Thursday. Show times vary; expect to arrive by 9 p.m. Cover charges average \$4-5. 822-4766.



## On Stage

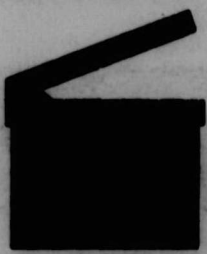
The **Cuban National Folkloric Dance Ensemble** performs 8 p.m. Sunday in Van Duzer Theatre. Tickets are \$17 general, \$13 students and seniors. 826-3928.

• **"Oleanna,"** a play about alleged sexual harassment at a university, plays 8 p.m. March 22-23 and March 29-30 at Celebration Hall in Arcata. Hosted by the Pacific Art Center, admission is \$8. 442-1533.

• **"The Crucible"** a play set during the Salem witch trials, runs 8:15 p.m. Thursdays, Fridays and Saturdays through March 30 at the Ferndale Repertory Theatre. Tickets are \$6-10 at The Works in Eureka and Arcata. 725-BEST.

• **"Rose Colored Glass"** a play about two women's struggle to bring a Jewish boy to the United States during World War II, runs 8 p.m. Thursdays, Fridays and Saturdays through March 21 at the World Premiere Theatre, 615 Fourth Street in Eureka. Tickets are \$6, \$5 students and seniors. 443-3724.

• **"Esther: A Woman of Courage,"** a play by The Purim Players, will be performed free at three churches in Arcata and Eureka March 23-25. 442-9419.



## Films

Documentaries **"Feminist Visions of the Future"** and **"Eyes on the Prize #6"** show 3:30-5:30 p.m. Saturday at the North Country Clinic counseling room.

The films are courtesy of Couch Potatoes for Diversity, "the last person's study group." 822-9045.

• Three episodes of **Shelock**

Hewlett Packard printer will be given away.

• A **Skate Park Design Meeting** for the proposed Arcata Skate

## Picks of the week

### Music

The **Kingston Trio** performs at The Mill Casino in North Bend, Ore. 7 p.m. Sunday. Admission is \$15 advance, \$18 at the door. Reserved seating and dinner buffet are \$25. Advance tickets are recommended at 1-800-953-4800.

### Beer

The 9th annual **Beer and Bread Tasting Benefit** for the Pacific Art Center runs 5:30-7:30 p.m. Friday at the Veteran's Memorial Building in Arcata. Primal Drone Society will perform Irish music. Admission is \$10.

### Clowning around

**"An Evening of Clown,"** by the Dell'Arte School of Physical Theatre, will be performed 8 p.m. Thursday and Friday in the Old Creamery Building. Admission is \$3 for adults, \$2 children. For more information call 668-5663.

**Holmes** show 7 p.m. Friday in Founders Hall 118, courtesy of the HSU Literary Society. A \$2 donation is requested. 822-2191.

• **"Ben Hur,"** the 1956 classic with Charlton Heston, shows 6 p.m. March 29 in Science B 135, courtesy of the Lutheran College Fellowship.



## Grab Bag

A tour of the **Sunfrost Factory**, which produces energy-efficient refrigerators, runs 3-5 p.m. Thursday. The Campus Center for Appropriate Technology hosts the tour, meeting at the Sunfrost Factory next to the Old Creamery Building in Arcata. 826-3551.

• **"Tech Fair '96"** runs 9 a.m. to 4 p.m. Thursday in the Kate Buchanan Room. Representatives from Hewlett Packard, Apple, U.S. Robotics, Adobe and Sprint will be present. Door prizes and a

Park runs 5-7 p.m. Saturday at the Arcata Community Center. Skaters will provide ideas for desired features of the park. 822-7556.

• A **Redwood Wild River Run** 10 miles northeast of Crescent City, hosted by the Six Rivers Running Club, runs March 23. A 15k run and a fun run will be held. Registration is required at the Jogg'n Shoppe in Arcata. 464-3779.

• A hike to **Hidden Beach** in Redwood National Park, hosted by the Sierra Club, starts 9 a.m. March 23 in the Uniontown Shop-

ping Center. Bring a lunch for this day-long event. Heavy rain cancels. 442-5890.

• Author **Jerry Martien** signs copies of **"Shell Game: A True Account of Money in North America"** 4-6 p.m. March 24 at Northtown Books. The book details the use of wampum beads, the first currency of the American colonies. 822-2834.



## Work shops

A **biodynamics workshop** runs 6-8 p.m. Wednesday at the Campus Center for Appropriate Technology. 826-3551.

• **"A 500 Year Approach to Global Forest Protection,"** a talk by Randall Hayes, executive director of the Rainforest Action Network, will be held 2 p.m. Thursday in Goodwin Forum.

• The Learning Center hosts a **time and study management workshop** 3-5 p.m. Thursday and a **California Basic Education Skills Test workshop** 3-5 p.m. March 25. Registration is requested at 826-5188.

• The Career Center hosts an **interviewing techniques workshop** at noon Thursday in Nelson Hall West 232.

• A **Composting Privy Workshop**, demonstrating design of composting toilets, runs 6-8 p.m. March 26 at the Campus Center for Appropriate Technology. 826-3551.

## Women's History Month

• The 6th annual **Women's Film Festival** runs 11:30 a.m. to 1:30 p.m. Saturday and Sunday at the Minor Theatre. Tickets are \$6. **"Cancer in Two Voices," "Saar," "Mother Love," "Great Girl,"** and **"The Bad Girl Bar"** will be shown. 443-2737.

• A **fashion show** representing all women's shapes runs noon to 5 p.m. March 25 in Goodwin Forum.

• A **positive body workshop** runs 5 p.m. March 26 in the Multicultural Center, House 55. Leela Zion speaks and shows the film **"Still Killing Us Softly."**

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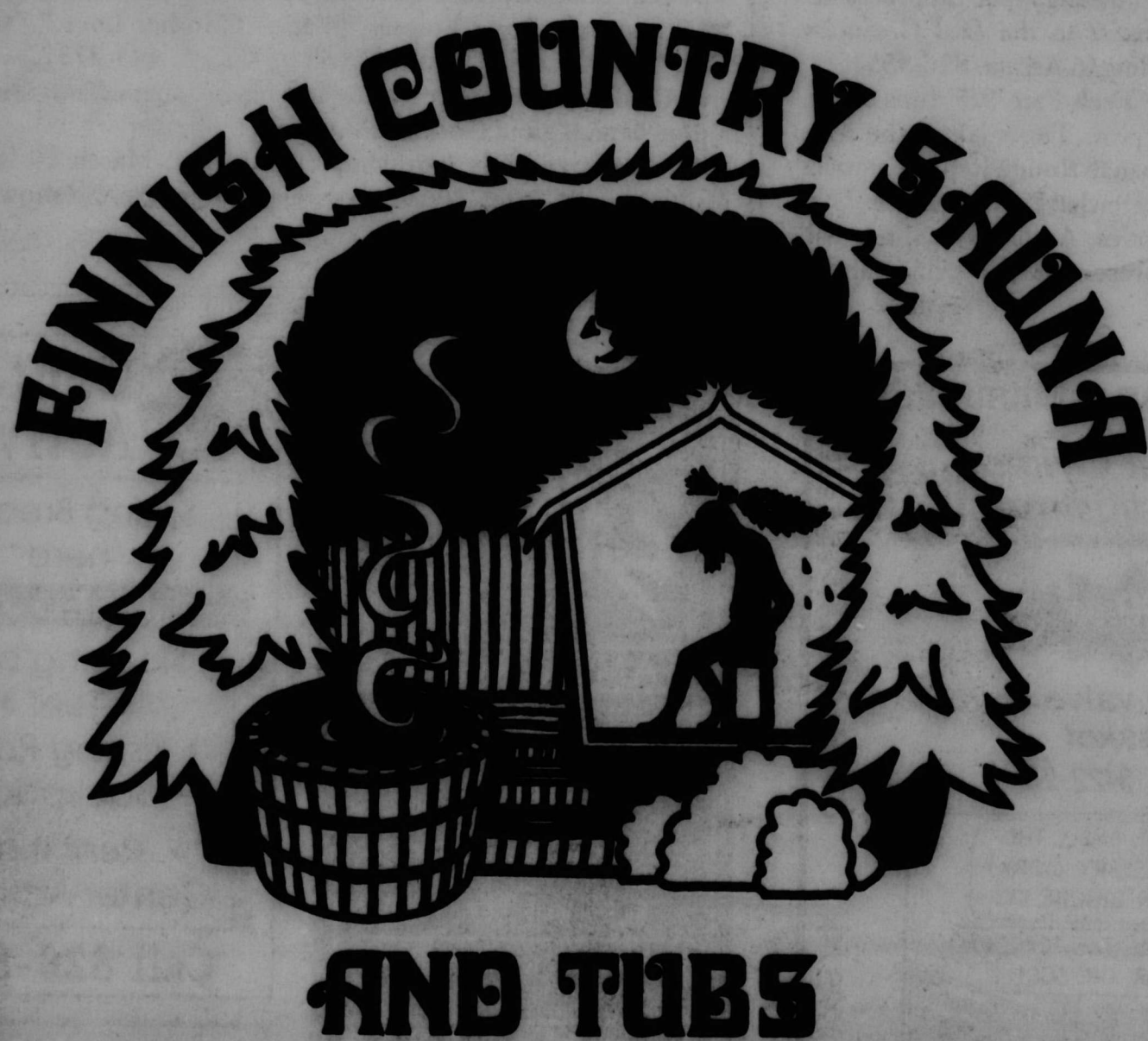
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