

# Postcards from Egypt

see page 9



## Also in this issue:

- UPD urges pedestrians and cyclists to obey traffic laws — Campus, page 6
- 10th Annual Dixieland Jazz Festival starts Friday — Scene, page 17
- Two track-and-field athletes qualify for nationals — Sports, page 23

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Humboldt State University, Arcata, CA • Vol. 80, No. 22

Wednesday, March 22, 2000

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## Postcards from Egypt

by Sean Meisner

HSU student Kevin O'Hara relays his adventures of camels, pyramids and the Nile after spending two weeks in Cairo.

see Community, page 9



## Summer term starts officially in May

HSU becomes the CSU system's first semester school to offer a full summer term for students.

BY MARK BUCKLEY ..... 4

## President McKinley may be impeached

Citizens debate about replacing the Plaza statue of McKinley with a new symbol of the community.

BY CHARLES DOUGLAS ..... 10

## Indoor and outdoor events offered

Classes on yoga and mountain biking are two opportunities available through Center Activities.

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### corrections

- In the March 8 story "CSU in crisis," the correct number of unfilled faculty tenure track positions from last year is six not 50, as was stated.
- The correct address for the McKinleyville Land Trust is [www.mckinleyville.net/mit/](http://www.mckinleyville.net/mit/).
- If you find an error, e-mail [thejack@axe.humboldt.edu](mailto:thejack@axe.humboldt.edu) or send a note to Nelson Hall East 6, HSU, Arcata, Calif., 95521.

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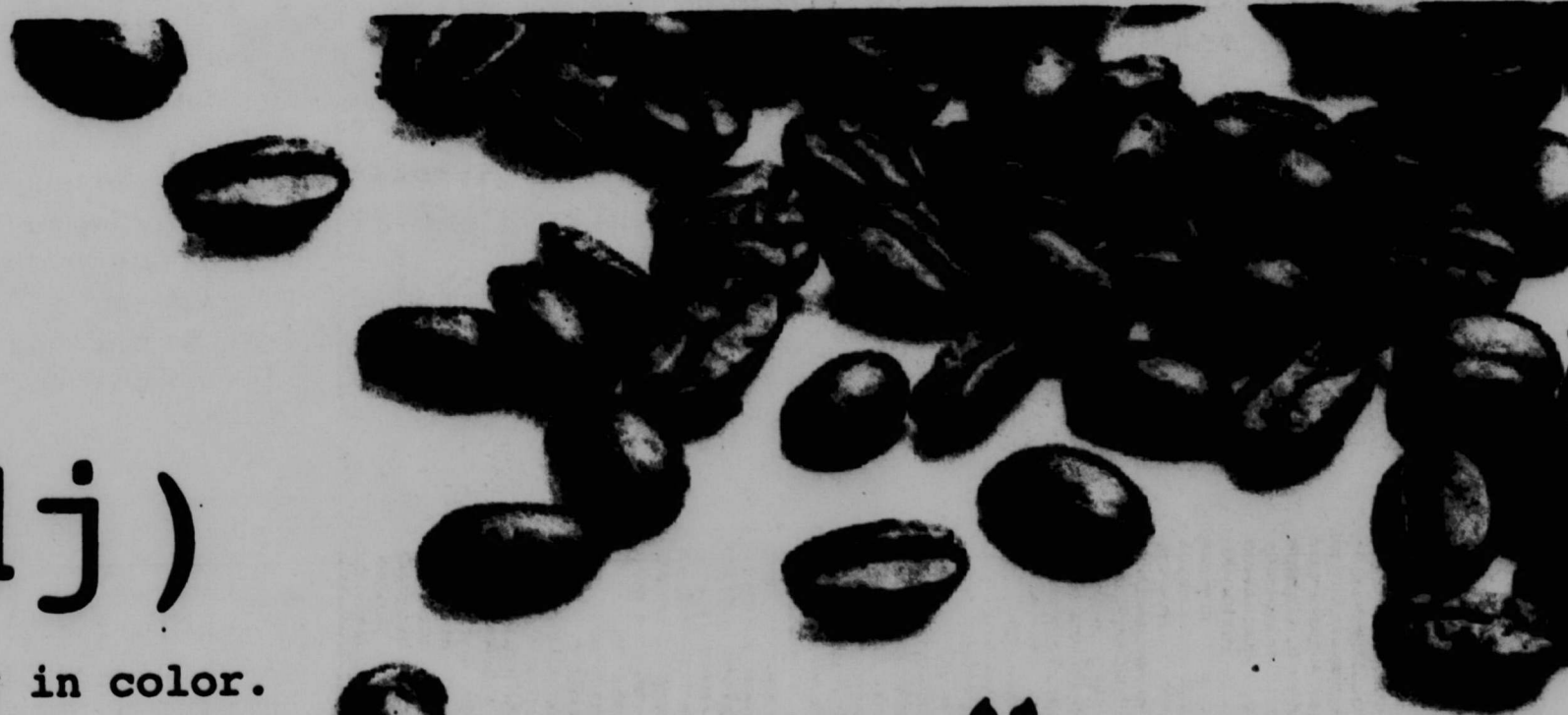
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# Art teacher takes new perspective

BY BETH DOWNING

LUMBERJACK STAFF

Professor Charlie di Costanzo recently returned from a sabbatical that has changed his entire way of teaching, and the way he looks at life.

Di Costanzo has taught art at HSU for nearly 30 years.

This year, he said, his teaching style has undergone some drastic changes as a direct result of the sabbatical he took last fall.

"It gave me time to think, it gave me time to travel and to step outside the box," said di Costanzo.

"It allowed me to go to meditation retreats and various events," he said.

During his leave, di Costanzo witnessed the creation of a Tibetan sand Mandala and attended several retreats at the Mountain Stream Meditation Center in Grass Valley and at Spirit Rock in Nevada City.

The whole point of sabbatical, he said, is to allow for contemplation.

"The main advantage is that it gives you the chance to spend time just contemplating what you've been doing, what you are doing and what you want to do — to let that stuff ruminate for a while," he said.

"I do plan, but I do a lot less of it than I used to. I began to find my future never worked out the way I expected it to anyway."

Now there are no syllabi or rigid

schedules in his classroom.

"I'm working on the whole idea of not planning, of being spontaneous. That's the way I'm approaching my work schedule now, and you know, it works better."

Mimi la Plant, a former graduate student turned colleague to di Costanzo, describes him as "pretty upbeat."

"He embraces things," she said. "He really opens himself up to experiences and people. He's kind of fearless."

She said he has always been like that. Since his sabbatical, however, she said he seems more excited and happy, like he was when she was his student 20 years ago.

He said that the biggest pitfall over time is habit.

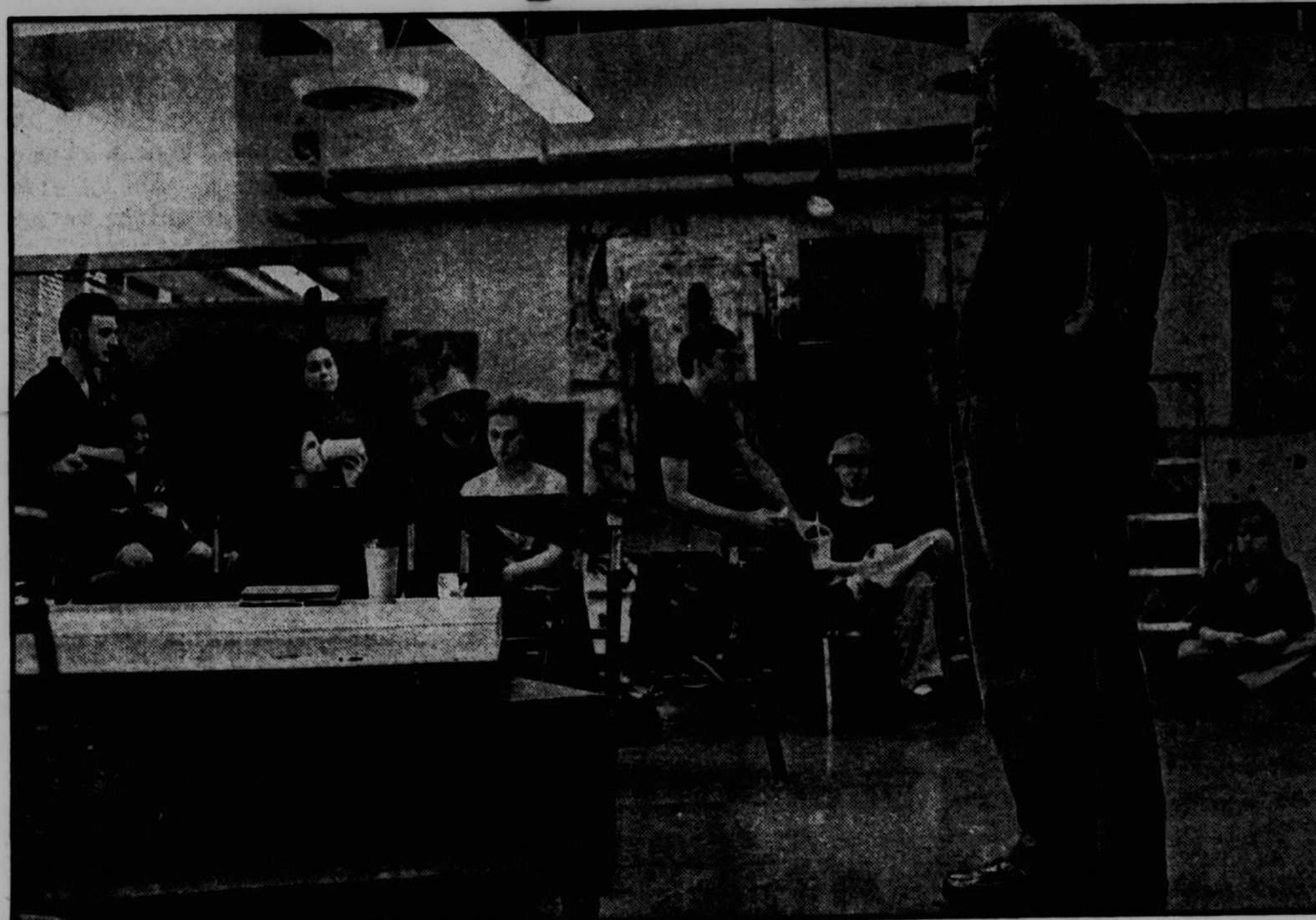
"You get into a habit. You don't even realize that inch by inch you're dying molecule by molecule. How many things was I doing just because I had always done them that way?" he asked.

He said the most important thing he brought back from his sabbatical was more like a quality — a qualitative change that has taken place in his life.

Di Costanzo said he is more able to relax with things, and he now has a greater sense of acceptance.

"I still have the same problems, but somehow they don't seem to be quite as important."

The new class structure is based on his design philosophy which is, he said, "to have the fewest number of rules that offer the greatest



PHOTOS BY DAVE SEQUIRA

**Art professor Charlie di Costanzo stands in front of his drawing class. He acquired new insights into his life and teaching on his meditative sabbatical. With no syllabi or rigid schedules, he encourages spontaneity in his classrooms.**

number of possibilities."

Most of his ideas come from his fascination with Asian philosophy, religion, thought and meditation that he said started when he was in college.

"You couldn't be studying ceramics at Alfred University in the '60s without being influenced by the idea of the Zen potter," he said of the small liberal arts college in

New York where he was first introduced to both art and Buddhism.

"I had grown up in a (Catholicism) culture that was about blind faith," he said, "and all of a sudden I was being told that my intelligence was worth something, and that was very intriguing to me."

"It just seemed right. I liked the fact that (Asian philosophy) appreciates skepticism. That appealed to me; I didn't know what the hell it meant at the time, but the idea was there."

Di Costanzo got his start early in the arts through music, and he even tried theater for a while — the visual arts came later.

"I had a great love affair at 19. It broke my

heart and I decided I was going to be an artist."

He heard from a friend that he could go to Alfred University, home of the New York State College of Ceramics, and study art without paying admissions fees. So off he went.

"I hadn't even heard of ceramics," he said.

He stayed and studied and hasn't stuck with one medium or process for his art since.

"The medium was never of particular interest to me. The medium — music or painting or sculpture, whatever — is the vehicle for the idea."

"The goal is to find out what is the appropriate medium for any given idea. How can I best express this idea that I am trying to express? Does it call for Fiberglas? Does it call for nose whistles — who knows?"

Di Costanzo is fascinated by the relationship between art as a practice and meditation as a practice. He said concentration and perception factor into both.

For the past two years, di Costanzo has practiced Vipassana, a southeastern form of Buddhism that he describes as the perfect vehicle for him to pursue his fascination.

"Vipassana is particularly appropriate and appealing for me because there's an awful lot in that

particular Buddhist canon about perception — about what is actually real — and I find it very interesting."

"Beginning drawing is all about learning what you see," he said.

"In meditation there is the idea of 'bare attention.' You don't add anything; you don't take it away. You just see what's there. That's drawing for me," he said.

"It came at just the right time," di Costanzo said of his sabbatical.

In July 1998, he had a near-death experience.

He was hit by a truck while riding his motorcycle, a Nighthawk 750.

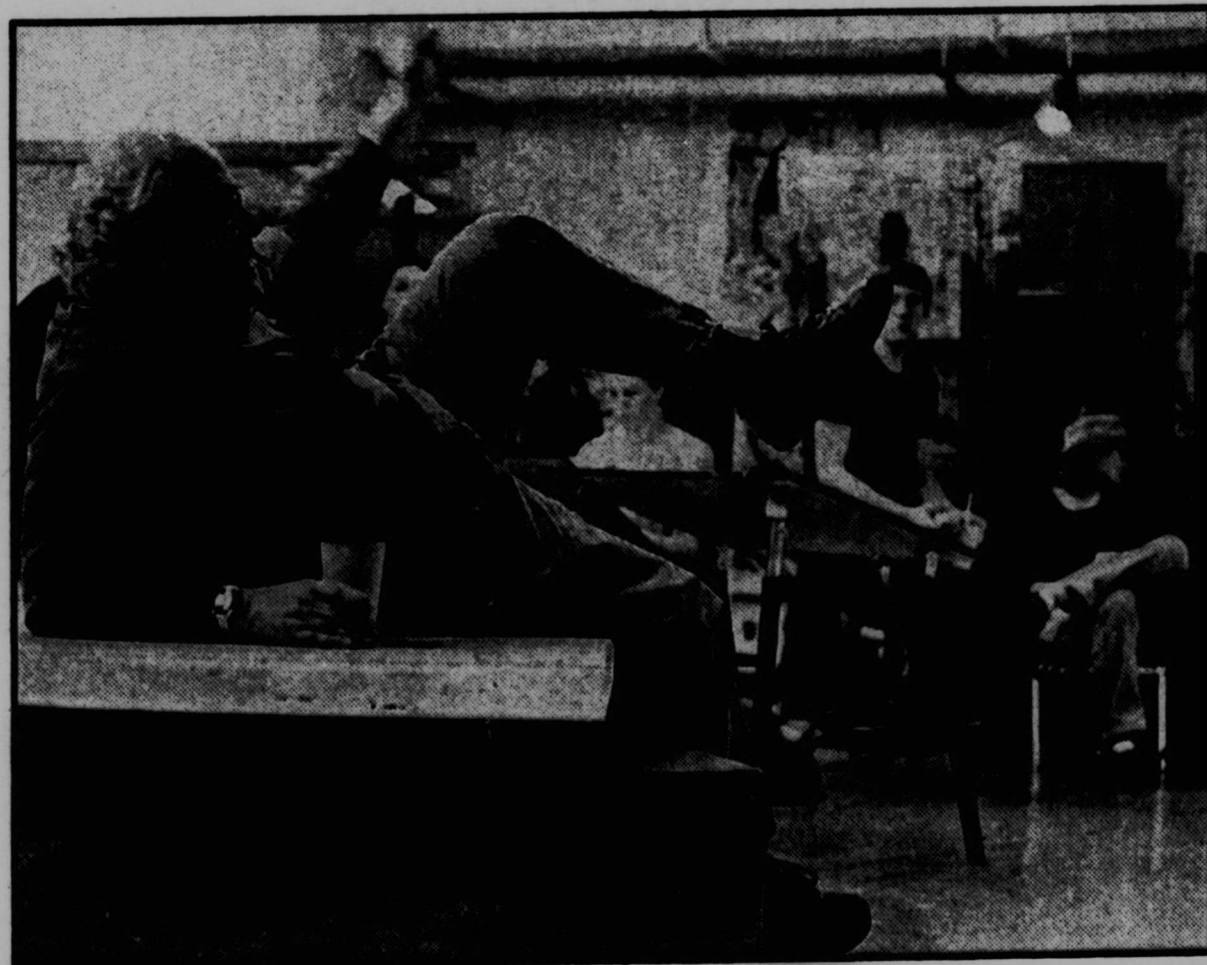
"The realization that you could be hit by a truck, when that becomes more than just a figure of speech, has an interesting effect," he said.

"I was faced with my mortality. It woke me up."

Di Costanzo said he views his sabbatical as the gift that gave him the chance to deepen and continue the process of re-thinking his life which began even before the accident.

He said he came to California because there were some very exciting things happening in ceramics on the West Coast.

"I figured I'd be here for five years. Well it's 27 years later... it's been very good to me and I am so grateful for my life."



**Di Costanzo enjoys a relaxed freedom with his students as he drinks a cup of coffee. Throughout class, he is frequently seen sitting on his desk.**



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## Summer term offers alternatives

*From general to major requirements, classes will have it*

BY MARK BUCKLEY

LUMBERJACK STAFF

For the first time, students at HSU will have the opportunity to take classes during the summer.

"We are proud to be the first (CSU) to offer a general range of summer classes," said Charlotte Stokes, vice president for academic affairs.

"The summer term will allow students to complete their degree more quickly," said Rick Vrem, dean of undergraduate studies.

According to Stokes, the HSU summer session has advantages for students that regular sessions can't offer.

These include shorter courses, smaller classes and specialized courses that can only be offered in the summer.

Courses will vary in length from 10-week sessions to two five-week sessions.

Most courses are Monday through Thursday, giving students three-day weekends.

The 10-week courses run from May 30 to Aug. 8 and the five-week courses run from May 30 to June 30 and July 5 to Aug. 8.

The summer term will offer more than 180 courses varying from American Indian education to wildlife courses.

HSU will offer classes that will be held across the country. There is an anthropology course that will be held in Grenada, Miss. Southwestern natural history will be taught in Arizona.

"These specialized classes will offer students hands-on experience," Vrem said.

Stokes said, "Seasonal classes in biology and forestry will have a real benefit."

Students can register for the summer term at the same time as fall registration which occurs from April 10 to April 21.

The schedule of classes has not yet been released in the bookstore, but it is available online at [humboldt.edu/~records/summer2000](http://humboldt.edu/~records/summer2000).

Financial aid will be available to students depending on how much was used for other semesters. Students interested in financial aid need to make an appointment with a counselor to determine summer-term eligibility.

Both Vrem and Stokes credit President Alistair McCrone as the primary force behind the imple-

mentation of the new summer term.

"McCrone really wanted to provide the students with more flexibility," Stokes said. "Adding a summer term has become a priority for the CSU system to help more students."

The CSU system will grow by more than 130,000 students over the next 10 years according to CSU Chancellor Charles Reed.

"It is a good alternative to building more buildings," Stokes said.

"I was able to graduate early because of attending school in the summer," Stokes said, who attended the University of Washington.

Students will also have the opportunity to live on campus during the summer. Housing and Dining Services is currently accepting applications for the Creekview Apartments.

"HSU is the first semester campus in the CSU system to offer a state-supported, broadly based range of courses in the summer," Vrem said.

Quarter-system campuses that offer a summer term are CSU Los Angeles, CSU Hayward, Cal Poly San Luis Obispo and Cal Poly Pomona.

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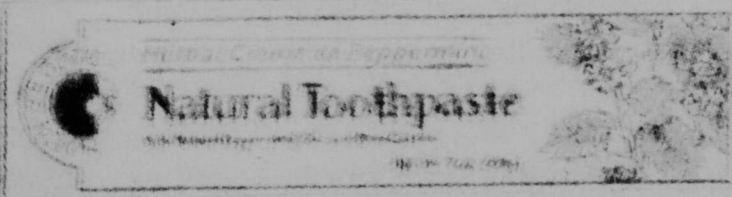
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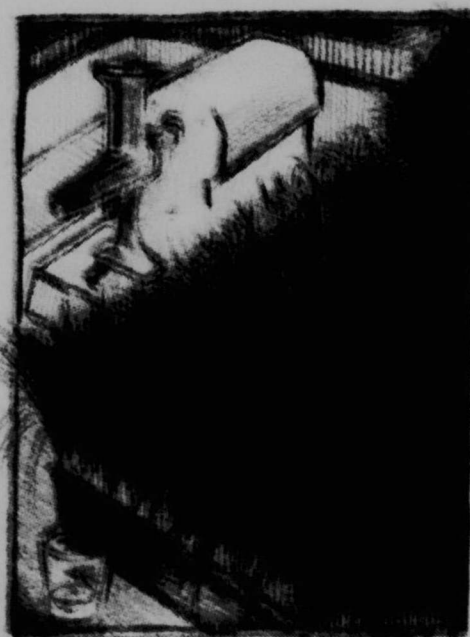
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## Parking gets direction from UPD

BY JEN BOSTWICK

LUMBERJACK STAFF

Bumper-to-bumper traffic is no longer just a big city problem.

HSU traffic congestion is increasing during the peak hours of 7:30 to 8 a.m. As a result, UPD officers are directing traffic to increase safety levels and expedite the drive to campus.

In spite of UPD's efforts, police officers are experiencing problems with roadway users during traffic-control times.

"The roadway is shared," Officer Rick Schulz said.

"Pedestrians have to understand that they have to comply with the cyclists and vehicles, and cyclists have to remember that they have to follow the same rules as any driver," he said.

Cyclists are required to stop at all stop signs unless a police officer directs them through an intersection. It is also against the law for cyclists to ride a bike while under the influence of alcohol or drugs.

The main concern for UPD is that people simply are not paying attention, Schulz said. Officers have come close to being hurt while directing traffic.

"Cigarettes, cellular phones and music tend to cause the most distractions to roadway users," Schulz said.

California vehicle code 27400 states that no person operating a motor vehicle or bicycle shall wear headsets or earplugs in both ears.

"It is very common to see cyclists wearing headsets while riding on



PHOTO BY CLAIRE CUNNINGHAM

**Officers directing traffic need the cooperation of morning cyclists and pedestrians during peak hours.**

city streets," Schulz said. "We want to remind people that this is against the law."

Vehicle code 21954 reminds pedestrians that they do not always have the right of way.

Every pedestrian on a roadway, at any point other than within a crosswalk at an intersection, shall yield the right of way to all vehicles upon the roadway.

This section does not dismiss a driver's responsibility to exercise due care for the safety of any pedestrian upon a roadway.

"Pedestrians don't understand that they are under the same obligation as drivers," Schulz said.

"They have to wait until they have the right of way as well as everyone else."

According to UPD, in addition to the pedestrians and cyclists, drivers are forgetting to use their turn signals.

"It is important for everyone to signal at least 100 yards before an intersection so the officer can de-

termine exactly where the traffic wants to go," Schulz said. "This way we can permit multiple directions to proceed simultaneously."

In the future HSU drivers could expect to experience more traffic frustration from renovations and road construction.

"The problem will only get worse if HSU begins to build a parking infrastructure," Schulz said.

Currently officers are directing traffic at the intersection of Harpst and Rosso streets and on L. K. Wood Boulevard.

Tiffany Maher is completing her second year of the teaching credential program.

"I have noticed traffic moving faster when an officer is directing traffic during the morning rush," she said.

Schulz said, "If cyclists, pedestrians and drivers can work together it will help the UPD, and in the long run morning commuters will be happier."

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# UPD CLIPS

## Monday, March 6

11:38 a.m. New graffiti was reported on the L.K. Wood underpass.

3:13 p.m. A vehicle in the Jolly Giant Commons lot was booted for having at least five unpaid citations.

9:24 p.m. UPD responded to a report of a possible drug overdose in Maple Hall. An ambulance was dispatched and the person was transported to Mad River Community Hospital. The subject was released from the hospital and is reportedly in good health.

## Tuesday, March 7

12:21 p.m. Two subjects were arguing over a parking space in the Karshner Lot. An officer responded and a report was made.

7:18 p.m. Officers responded to a report of a woman with a twisted ankle in the Field House. The woman refused medical treatment.

## Thursday, March 9

1:42 p.m. Officers responded to a report of a strong marijuana odor coming from the third floor of Cypress Hall. UPD was unable to locate any stoners.

9:55 p.m. An officer cited a minor in possession of alcohol in Redwood Hall.

## Friday, March 10

7:13 a.m. A window was broken in the Jolly Giant Commons welding shop on Granite Avenue. Officers responded and were unable to locate any suspects.

6:21 p.m. UPD received a call concerning a report of a resident of Beith Court giving juveniles drugs. The caller hung up before they could be referred to APD. The area was checked but officers were unable to locate the subject. APD was advised of the complaint.

## Saturday, March 11

12:25 a.m. Someone reported six subjects on the roof of Forbes Complex. An officer located the subjects and sent them on their way.

## Sunday, March 12

9:04 a.m. An officer arrested a man for vandalizing the L.K. Wood underpass. The man was transported to Humboldt County Correctional Facility.

## Monday, March 13

1:50 a.m. UPD pulled over a vehicle and arrested the driver for drunken driving and possession of less than one ounce of marijuana. The subject was transported to Humboldt County Correctional Facility.

## Wednesday, March 15

4:49 p.m. A man reportedly entered the Hopkins House and was talking incoherently. An officer contacted the man and sent him on his way.

## Thursday, March 16

5:46 a.m. A resident of Sunset Hall reported receiving obscene phone calls. A case was initiated.

10:21 a.m. A teenager was reported making obscene gestures at a bus full of elementary students in the Harry Griffith Hall lot. A case was initiated.

## Friday, March 17

Officers responded to a report of ammunition found in the men's locker room of Forbes Complex.

## Saturday, March 18

A man reported his truck's window was broken by the girl's softball team during practice.



this week: 0

this semester: 9

## Sunday, March 19

12:10 a.m. Officers responded to a report of a possible firecracker or gunshot in the Jolly Giant Commons lot. The source of the noise was unable to be determined.

3:10 p.m. A ceramic pipe was found in a prescription bottle in the room of a Maple Hall resident who withdrew from school. The pipe was slated for destruction.

~ compiled by Mark Buckley



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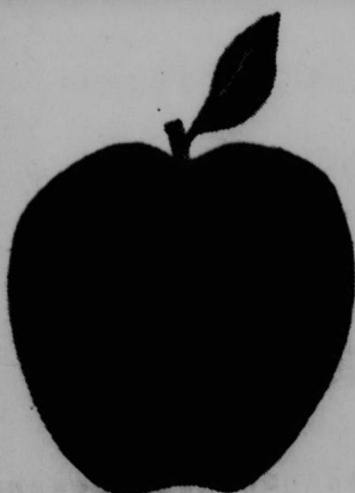
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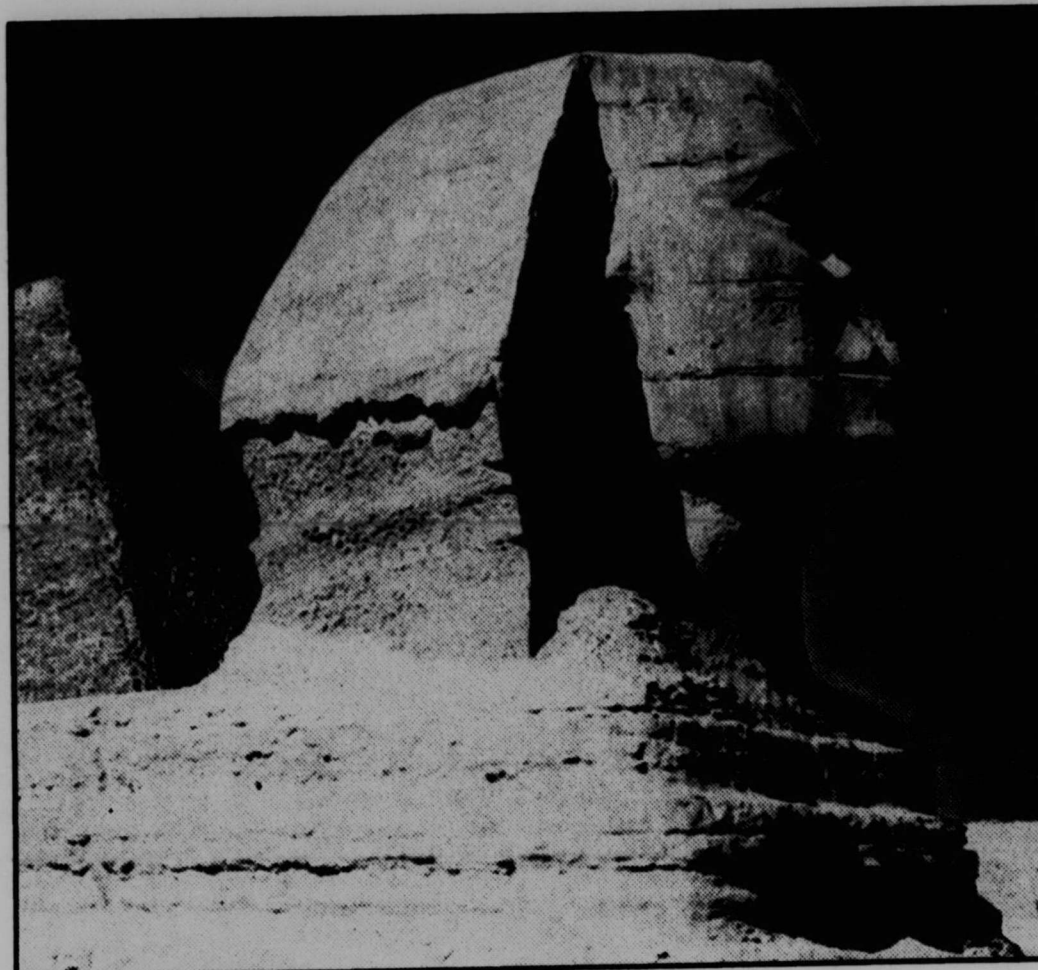
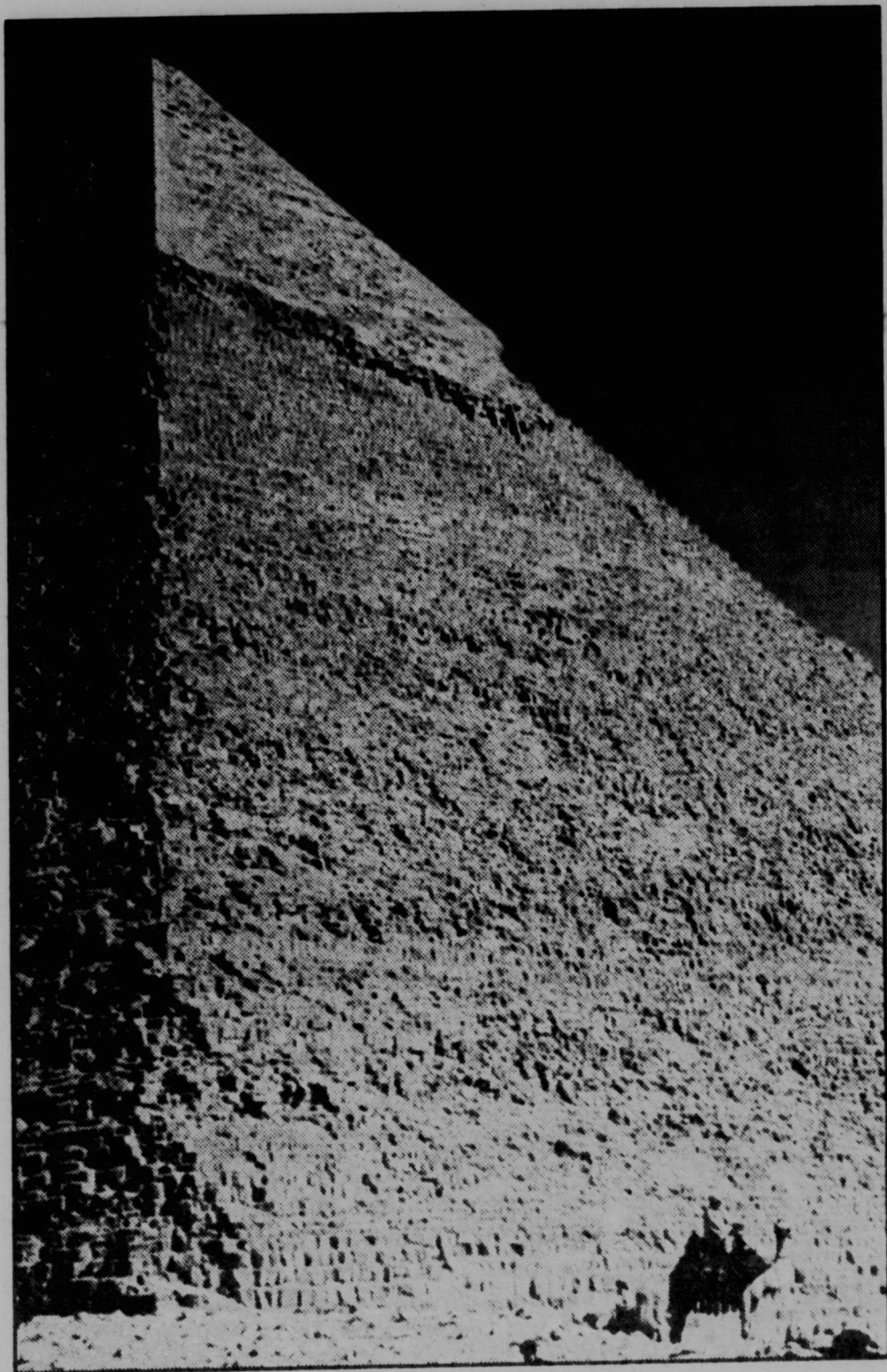
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WEDNESDAY, MARCH 22, 2000

# Community<sup>9</sup>

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The Third Pyramid at Giza (left) is "hot as hell inside," HSU social science junior Kevin O'Hara said. He explored the pyramids on his trip to Egypt during the Winter Break. The Sphinx (above) stares out at nearby Cairo. Riding in a felucca (below) along the Nile gives you lots of time to watch the banks and daydream, O'Hara said.



PHOTOS COURTESY OF  
KEVIN O'HARA

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## From Arcata to Egypt

*HSU student travels to the land of Pharaohs, fulfills lifelong dream*

BY SEAN MEISNER

LUMBERJACK STAFF

While many people were celebrating the millennium during Winter Break by bar hopping or clinking champagne glasses in a hotel room, Social science junior Kevin O'Hara was wandering the streets of Cairo, Egypt.

Those who watched the 'round-the-clock global celebration on TV may have seen the clock strike midnight 2000 at the pyramids at Giza. But O'Hara didn't.

Tickets to the event were too expensive for just about everyone in Cairo that night, he said.

So he went for a walk instead.

As he walked along, O'Hara could smell the flavored tobacco smoke from shisha pipes.

"It's not bad actually," he said.

He said the smells of animals were common because they roam the streets of Cairo freely.

O'Hara came across the opportunity to travel to Egypt while attending summer school last season at Santa Rosa Junior College.

His art instructor, Alison Hinneberg, informed him and other students that she was organizing a trip to Egypt.

O'Hara said he loves to travel and had always wanted to see the pyramids — this seemed like the perfect opportunity to do that.

The trip began Dec. 27 and lasted until Jan. 10.

The trip cost \$2,100 and included travel to several cities, sleeping accommodations and guided tours. O'Hara said everything was covered except for spending money and some meals.

With three students from his art class and nine other students from

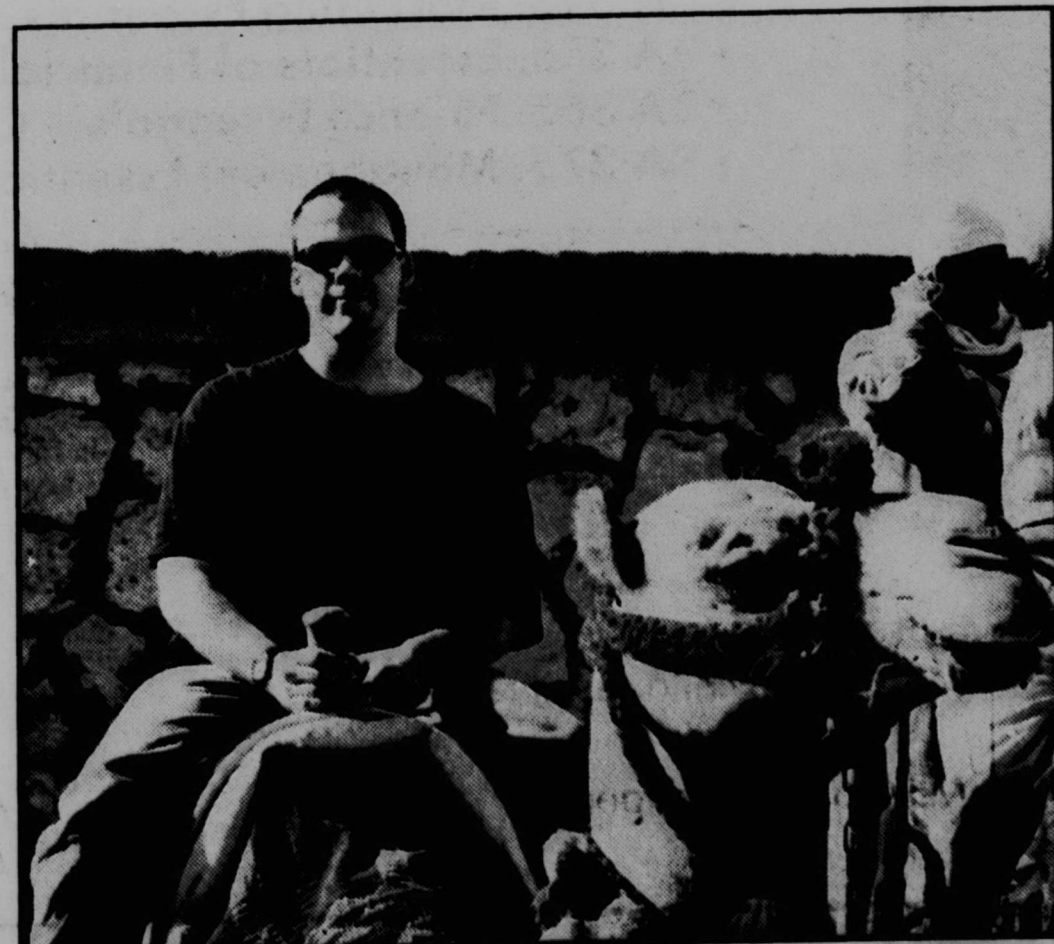
the school, O'Hara left San Francisco for New York. They then flew to Cairo, the capital of Egypt, where they spent the first seven days of their trip.

"Cairo was the biggest city we visited. It had tall buildings and street lights but it was very crowded as many of the larger cities were," O'Hara said.

The group also traveled to other major tourist sites in Egypt such as Alexandria, Aswan, Luxor, Edfu, Komomba and all along the Nile River.

Bus was the main mode of transportation for the group, but the students also traveled by train, small planes and by boat.

O'Hara said tourists could take a plane to many of the cities in Egypt for anywhere between \$50 to \$100. He also noticed that many



O'Hara says no amount of research can prepare you for the actual experience of being in Egypt.

SEE EGYPT, PAGE 12



# McKinley statue excites debate

*Arcata citizens say Plaza space could be put to better use*

BY CHARLES DOUGLAS

LUMBERJACK STAFF

Efforts are stirring among Arcata citizens to again change the face of the Plaza, but this time the statue of President William McKinley may be on the chopping block.

About 90 people attended a Feb. 17 Arcata Town Hall meeting to discuss the use and design of the downtown area in general, and the Plaza in particular.

A report on the meeting issued just before Spring Break by the Arcata Downtown Business Community detailed the group's feelings

on topics ranging from downtown parking to the addition of a bandstand in the Plaza.

Concerning the statue, the report stated that "McKinley has seen kinder audiences."

Of all the ideas submitted for discussion, the idea to remove the statue received the most support

under the group's consensus process, according to the report.

"The statue has been there for nearly 100 years, and is reflected in the overall design plan," said Michael Behney of the Arcata Downtown Business Community. "I wonder what people would talk about if he wasn't there."

One area media outlet has launched a project dedicated to facilitating the statue's removal.

The Arcata Journal ([www.arcata.org](http://www.arcata.org)), an online news and opinion site, says it's time for a change to "help end the present

SEE MCKINLEY, NEXT PAGE



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# McKinley: Voters could decide statue's fate

• CONTINUED FROM PREVIOUS PAGE

McKinley age and begin an age of justice and peace upon the Arcata Plaza."

The project's coordinator is Mark Tide, an investigative correspondent for the Arcata Journal. He said he thinks that the meeting provided the political consensus necessary to take action.

"The community would rather see McKinley gone," Tide said. "We stand at a pivotal point between populism and plutocracy. We're depending on the community to come together."

Tide said that the statue of President McKinley is a symbol of what has gone wrong in America. An essay written by Tide on the Arcata Journal Web site calls McKinley the Ronald Reagan of his time.

"We need to bury McKinley — so deeply — after exorcising his legacy in the proper way," Tide wrote in his essay.

"Is this Arcata's idol?" said Michael Stowell, an Arcata resident and community activist. "If not, I wouldn't mind sending it to McKinleyville, and replacing it with a plaque dedicated to the great sacrifice of the Wiyot people."

At least one HSU student agrees.

"I think instead of a statue of McKinley, we should have a statue of a Wiyot Indian," said Jon Schneider, a philosophy senior. "There has to be a process of humiliation for a cleansing of the community."

Another student had a more practical suggestion.

"I just look at McKinley and I feel like a Communist," said Jenny Cruz, an English senior.

"I think they should have a public bath because a lot of people in this town need a bath," she said.

Obviously not all Arcata residents are ready to give the boot to McKinley.

"I'll lay down in front of the bulldozer," said Kevin Hoover, editor and publisher of the Arcata Eye.

"The statue represents frivolity, tradition, and is a perfect non sequitur for a silly and wonderful place," Hoover said.

In fact, Hoover said he moved to Arcata after reading in the magazine National Lampoon about someone stuffing cheese in the statue's nostrils.

"I think the debate is desultory and a waste of time," Hoover said. "The statue is not going anywhere, it's there for keeps. We should spend our civic energies discussing real issues."

There are differing ideas on what to do with the McKinley statue if



PHOTO BY CLAIRE CUNNINGHAM

**Jack Durham, editor of the McKinleyville Press, says if the statue were removed he would temporarily keep it on his front lawn.**

it were removed. At the town hall meeting some suggested moving McKinley to a Ninth Street location, or elsewhere in Arcata. Then again, there's always McKinley's namesake, McKinleyville.

Jack Durham, the editor and publisher of the McKinleyville Press, has offered his front lawn as a temporary refuge for the statue. He said he would be happy to have McKinley cross over the river and spend some time in a "McKinley 2000" tour.

"I would be serious about keeping him on my front lawn, or we could rotate it," Durham said.

"People could adopt McKinley for a week at a time, although he might be difficult to move.

McKinley's welcome, I just don't want him to overstay his welcome."

Durham suggested the logical long-term spot for the statue would be Pierson Park on Pickett Road in McKinleyville where there is a community center, park and playground.

"McKinleyville doesn't have a town center per se," Durham said.

It has been suggested in the past that McKinleyville swap its famous totem pole for the statue of its namesake.

This has not drawn favorable responses from some McKinleyville residents.

"We don't want to give up our totem pole. No swap," Durham said.

Area business leaders are awaiting comment from the Arcata City Council before continuing with redesign efforts.

"This is the first step in a long process," Behney said. "We like to look at things from a larger perspective."

Tide suggests the City Council take direct action to remove the statue.

If not, Tide proposes that citizens take action. In particular, Tide said a petition with several thousand signatures from Arcata voters could put the issue in an initiative for the Arcata ballot in November.

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# Egypt: HSU student experiences kindness and wonder in an ancient land

• CONTINUED FROM PAGE 9

of the people who live in the cities take taxis to avoid the traffic in the streets.

"It was interesting to see people crammed into one taxi with their arms hanging out the windows because it was so packed," O'Hara said.

O'Hara said he often compared images of Egypt to Arcata.

"The people are very affectionate compared to (Arcata) and almost anywhere that I have been. In Egypt it is not uncommon to see two straight men walking down the street holding hands," O'Hara

said.

The people also appear to be much healthier than people in the United States, he said. He said this may be because their religion forbids drugs.

Alcohol is also too expensive for many of the people to afford, he added.

He said he noticed that shopping at the market was different from a Farmer's Market on the Plaza because people bargained for their items.

And some things were just unidentifiable.

"I saw kinds of meat there that I never knew existed," he said.

O'Hara said from what he noticed, there are two different cultures in Egypt.

There are those who live in the cities, such as Cairo, that have a quality of life very close to cities in the West.

But, he said, by journeying down the Nile, a whole different Egypt is seen.

The banks of the Nile are mostly farms, with children outside helping their parents with work. The children ran along the shore and waved to the group as they passed, he said.

Even though he was admittedly, "observing culture from a dis-

tance," O'Hara said it seemed to him that the farmers were different than the people in the cities.

The adults were not very talkative, and the children would beg from the tourists. He said he gave them pencils and other objects he had with him.

O'Hara said drifting down the Nile on a felucca, an Egyptian sailing vessel, with a cool breeze blowing and the weather at a consistent, dry 80 degrees, is what he remembers best from his trip.

There was a lot of time between destinations to sit on the felucca, look out at the banks of the Nile and daydream, he said.

**"They were really easy to talk to. They were very interested in America and what I had to say. These were the nicest people that I have met anywhere."**

KEVIN O'HARA  
social science junior

"I couldn't get over the fact that I was there, floating down the longest river in the world."

Although it isn't necessary to have a guide, O'Hara recommended having one to learn about the country.

He said he and his group would tell the guide what they wanted to visit. The guide would not only get them there but would also explain to them the significance of what they were seeing.

O'Hara said he did his own research on Egypt before he went because he wanted to know for himself what he was seeing.

Only half the time is spent with the guide, while the rest was spent doing whatever the group wanted to do.

"A lot of my time was spent walking the streets and talking to the people," O'Hara said.

The Islamic holiday, Ramadan, was taking place while the group was visiting. The holiday lasts for one month and the people fast from sunrise to sunset.

O'Hara said during Ramadan many of the people are in high spirits and good moods.

"They were really easy to talk to. They were very interested in America and what I had to say. These were the nicest people that I have met anywhere," he said.

O'Hara said many of the people in Egypt speak English as well as Arabic and usually another language such as French or German.

"I was fascinated with how well educated the people were, not only in their own culture but in American history. Many of the children are well educated and often more than their own parents," O'Hara said.

O'Hara said that when he first planned on going to Egypt, everyone he knew was afraid for him. They told him horror stories of tourists getting kidnapped by terrorists.

He said that in the days before his journey he started to "freak out a little bit" because he started to absorb his friend's fears.

"But once I got off the plane in Egypt, I knew it wasn't going to be like that," he said.

"It's something you have to experience for yourself. That's what I recommend — everyone should go to Egypt!"

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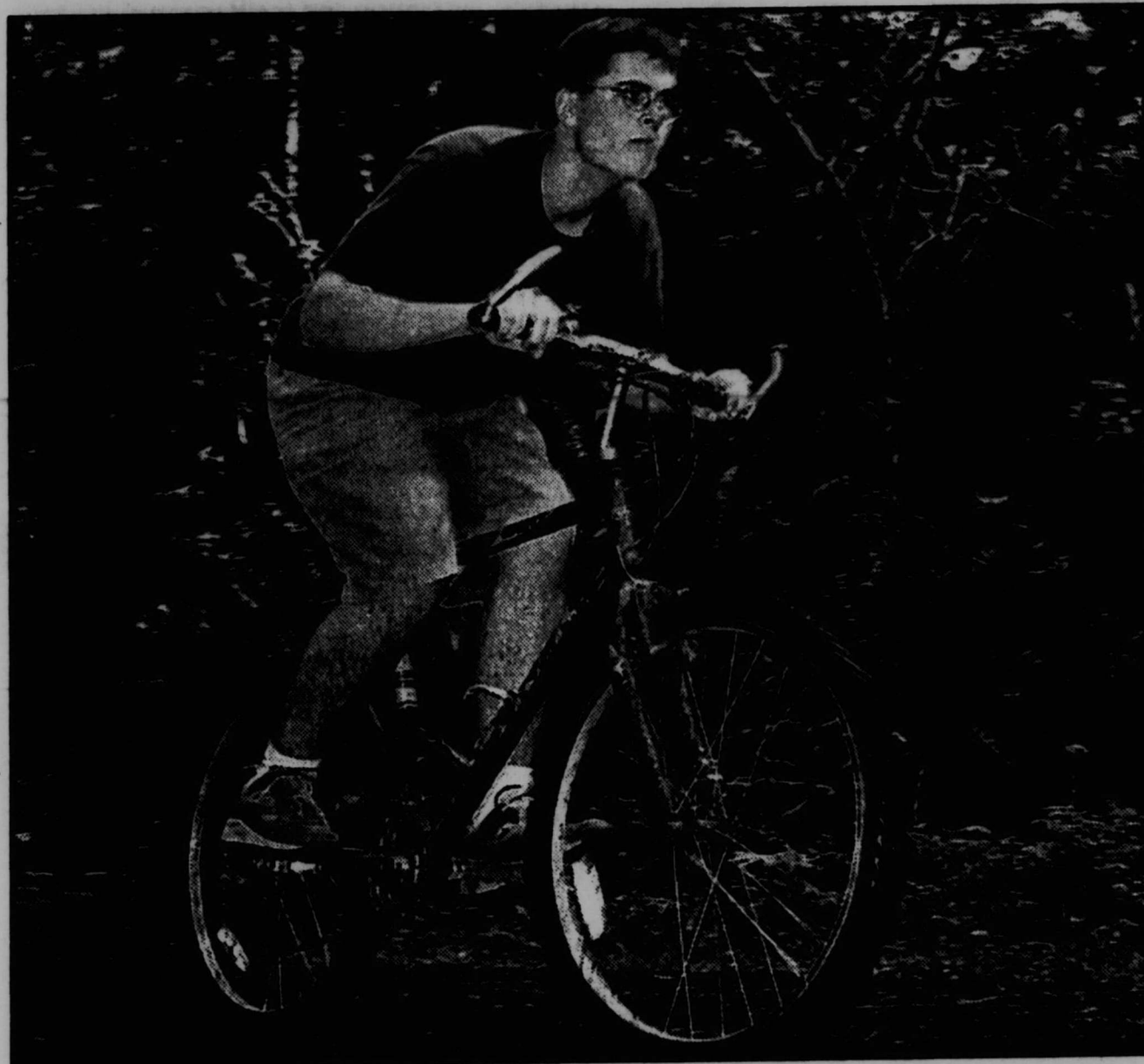


WEDNESDAY, MARCH 22, 2000

# In Depth <sup>13</sup>

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## Forest trails — a biker's haven



Matthew Prather, undeclared sophomore, rides on the trail behind campus. He may not ride with a patch kit but he always has water.

BY LEANN WHITTEN

LUMBERJACK STAFF

Center Activities offers a beginning mountain bike skills clinic open to HSU students and the community. Students pay a discounted price and the fees go toward instruction, instructional materials and a day trip.

Although the April 15 class is filled, instructor Justin Brown said there are many other avenues to learn the sport. Those interested should look for the class in the fall.

According to area mountain bikers, the seldom-traveled trails and backroads of Humboldt County are worth taking advantage of.

Brown, manager of Revolution Bicycle Repair in Arcata, has been riding for 15 years. He is an expert-class mountain bike racer and is currently racing for Revolution Bicycle Repair/Kona mountain bikes. This is his first year teaching the course.

"I actually broke my nose on my first ride, I've been hooked since then," Brown said.

Brown moved from British Columbia to Humboldt County 10 years ago. He said his favorite place to ride is Tish-Tang Ridge near Willow Creek.

"Ride prepared so you don't break down," he said.

Spare tubes, a patch kit, the proper cloth-

ing and a tool kit are essential for every bike ride, he said.

"I will be teaching braking techniques, balance, bike-handling skills and quick-emergency maintenance," Brown said.

Shane O'Neill, a natural resource planning freshman, has been mountain biking for about four years.

"I use to cut (high) school and mountain bike all day, and laugh because everyone else was in school," O'Neill said.

O'Neill said he usually frequents the trails near campus.

"I love plants, and I need scenery when I go riding. There aren't that many rocks in the forest, which is good. Smooth trails tend to be muddy, though. But that's OK," he said.

"I always wear something I don't care about getting dirty," O'Neill said. "I wear sunglasses but I would prefer to wear clear glasses or yellow tint ones. Sunglasses enhance the shadows and take away from my perception of the ground."

O'Neill said he wears flexible rugged tennis shoes, a helmet, gloves and depending on the weather, a rain jacket.

"I wear a helmet — always. It gives me more confidence," he said.

As far as technique goes, O'Neill said the most important thing is balance.

SEE BIKERS, PAGE 14

## A 6,000 year cure-all

*Practice yoga and relax into a healthier mind, body and spirit*

BY MORGAN KING

LUMBERJACK STAFF

Yoga is commonly associated with Madonna, Los Angeles, and is thought of as another trend, like fad diets and tofu. However, yoga has been practiced for more than 6,000 years and is thought to be relaxing exercise, and a cure-all.

Those who practice yoga reap the benefits in mind, body and spirit, said Lorna Brown, the HSU Center Activities yoga instructor.

These benefits include: a slowing of the aging process, reduced blood pressure, a strengthened cardiovascular system, and alleviation of chronic ailments such as fatigue and back and neck problems.

Yoga is a Sanskrit word meaning the union of the mind, body and spirit.

"They can't be separated," Brown said.

"Through yoga, the mind and emotions calm down — it's not only physical," Brown said.

"After 11 years, I am still incredibly impressed with the benefits

**"People have lost weight and gone off anti-depressants. Yoga also helps with neck and back problems and heals chronic disorders..."**

LORNA BROWN  
Yoga instructor

people get. Yoga is very powerful.

"People have lost weight and gone off anti-depressants. Yoga also helps with neck and back problems and heals chronic disorders; digestive problems and (helps) you sleep better," Brown said.

Aside from teaching yoga, Brown is an artist and designer for the Germane company in Arcata, and a teacher's assistant in the HSU graphics department.

"I spent a fortune at the chiropractor, but after I started yoga I haven't looked back," she said.

Brown said to "glean new insights on postures" she frequently attends yoga workshops.

Brown starts each session with easy stretches to warm the body, then moves into the "meat" of the class with a complete routine to treat the whole body.

During class she gives explanations and a brief history of yoga, but tries to keep lectures at a minimum.

"I try to focus on tension areas like the shoulders, back and neck," Brown said.

"We're like bubble gum, we have a weight of flexibility," she said.

During each class participants stretch and relax from head to foot.

"My body feels the way it's supposed to, everything is in balance," said Bert Taylor, a yoga student who is in the HSU over-60's program.

"It's all about opening up (the body) and strengthening and lengthening," said Korina Bechtold, a Spanish senior.

Bechtold also emphasized the importance of breathing techniques taught in yoga, and the

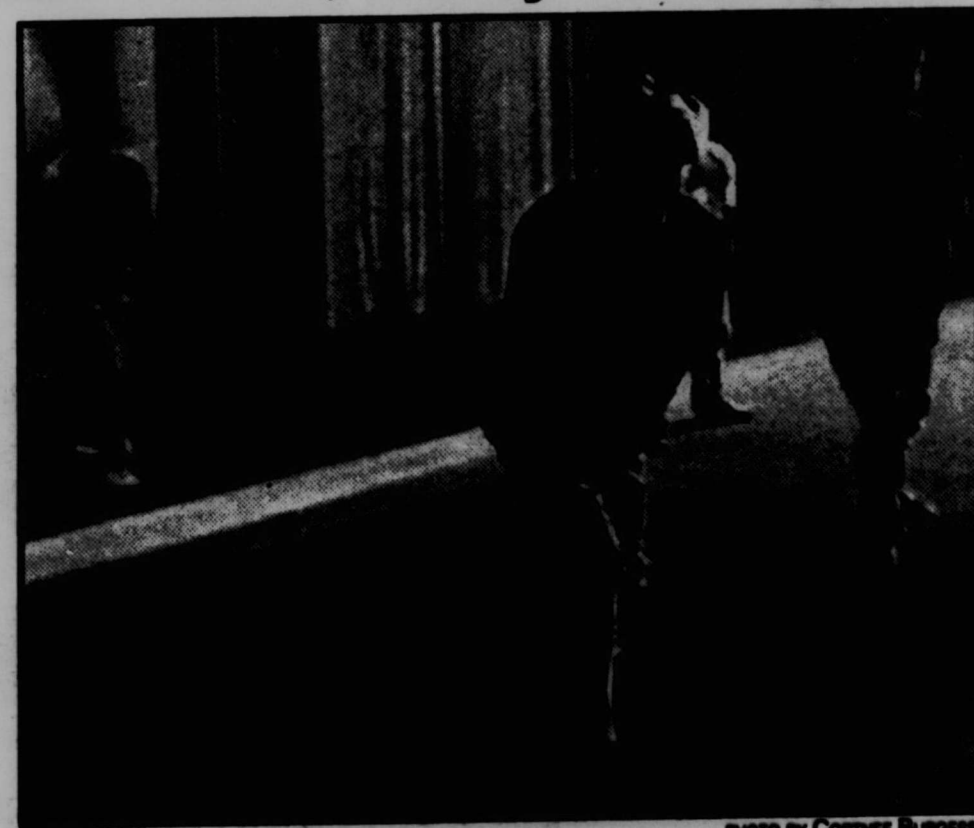


PHOTO BY CORTNEY BURGESS

**Mondays, Wednesdays and Fridays in the Goodwin Forum, instructor Lorna Brown takes participants through an hour and a half of yoga exercises.**

health benefits she has experienced.

"You have to breathe through the stretches. Release on the exhale and you feel yourself being able to go further. As long as you breathe in a pose, you soften into it."

The last 20 to 25 minutes of class

is a guided relaxation "and the most delicious part of the class," Brown said.

Brown turns off all the lights and everyone lays, back flat, palms open upward. Her soothing voice

SEE YOGA, PAGE 16



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• CONTINUED FROM PAGE 13

"Pretend like the bike is a pogo stick and focus on one point for your center of balance," he said.

O'Neill said although he is more experienced than a beginner, there is always room to improve and he may attend a different session of the clinic since the April 15 is already filled.

"There could be a few things I could use, little secrets that I haven't thought of. I'd have to go and see for myself," he said.

Matthew Prather, an undeclared

**Bikers: Always ride safe and prepared**

**"Pretend like the bike is a pogo stick and focus on one point for your center of balance."**

**SHANE O'NEILL**  
Natural resource  
planning freshman

sophomore, but declared beginner rider, is interested in the clinic but tried to sign up after it had already

been filled. He said he enjoys the trails near campus and always brings a water bottle or two.

There are a few guidelines for riding public trails set by the International Mountain Biking Association and the Responsible Organized Mountain Pedalers.

The most important rules include riding on open trails only, controlling the bicycle, always yielding for hikers or equestrians, and planning ahead. For a list of rules visit [www.romp.org/rides/beginnersguide..](http://www.romp.org/rides/beginnersguide..)

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## Yoga : Guided relaxation equals sleep

• CONTINUED FROM PAGE 13

guides the mind through a mental check. The mind leads the body into a state of relaxation from head to toe while focusing once again on breathing techniques and maintaining mental awareness.

"Most people don't know how to relax," Brown said.

The guided relaxation teaches the mind and body to relax while fully awake and conscience, she said.

"Time is a mental concept," Brown said. Being conscience of the present, not the past or future will allow the mind to fully relax, she said.

"Twenty minutes of a conscience relaxation is worth two and a half hours of sleep. And if you stay conscience, then it's a deeper rest.

In sleep you're often scaling walls and chasing dragons, and more exhausted," Brown said.

Brown refers to the benefits of a guided relaxation as her beauty tip: "The more you stay in the moment, the less you age, because time ceases to exist."



PHOTO BY CORTNEE BURGESS

**Participants in Lorna Browns yoga class stretch to improve their mental and physical health.**

**"Twenty minutes of conscience relaxation equals is worth two and a half hours of sleep."**

LORNA BROWN  
Yoga instructor

"I used to be pear shaped like my mother," said Brown who is physically fit, with a tall, slender body.

She compares guided relaxation to day dreaming.

"Day dreaming is an elevated state. It's not random, you focus

on one thing. The mind lets thoughts calm down and you're able to travel.

"It's a totally different mental concept — an expansion that has nothing to do with time or space," Brown said.

According to Brown, being able

to tap into relaxation of the mind and body is vital to our survival, especially today.

Our culture teaches us to do more and be more than we can handle, she said.

"Our minds are scattered. The media promises us the very thing that pulls us away from happiness, instead we get scattered and tension," Brown said.

Yoga teaches mindfulness.

"Pay attention to what is right — without judgment. Judgment divides you into good or bad instead of what is, and that creates separation besides unity," Brown said.

For more information pick up a spring 2000 booklet from the Center Activities office or call 826-3357.

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# Scene<sup>17</sup>

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## Jazz festival celebrates 10 years

*With many different musicians, the annual event brings all ages*



PHOTOS COURTESY OF DIXIELAND JAZZ FESTIVAL

**With music, food and dance available all times of day and night, many residents buy tickets for all three days of fun at the Dixieland Jazz Festival, held this weekend. The festival is celebrated at several different venues throughout Eureka featuring many jazz artists.**



BY KIM HORG

LUMBERJACK STAFF

The 10th annual Dixieland Jazz Festival is almost here. The festival starts Friday and will last for three days. It runs Friday from 3 to 11:45 p.m., Saturday from 10 a.m. to 12:30 a.m. and Sunday from 9 a.m. to 4:30 p.m.

A dance contest will kick off the festival on Saturday at the Eureka Municipal Auditorium from 1 to 5:15 p.m.

"There are three different age groups that are determined by combining the ages of both of the partners in the contest. There is a 50-and-under group, 50-to-99 group, and a 100 and over group," said Kelly Sanders, the festival's director.

"There is a variety of food vendors," she said.

"The Samoa Cookhouse will be serving food for breakfast, lunch and dinner at the Simpson tent. Roy's Club will be serving Italian subs at the Masonic Lodge. The Humboldt Senior Resource and the Farthest West Chapter Women's Association will be serving food to raise money for various causes at the waterfront tent."

None of the food and drinks are included in the price of admission.

McKinleyville resident Judy Daniels said she has been to the festival a number of times and has had a blast every year.

"My daughter gave me tickets for my birthday the first year I attended," Daniels said.

"Then I volunteered with the McKinleyville Senior Center and worked in food booths at the Simpson tent. In return I got to see the bands for free; it was fun."

Daniels said the greatest part of it all is the Sunday service held every year as part of the festivities.

"The highlight is when I went to the municipal auditorium for the Sunday morning service, it was really neat."

Supervisor of the Samoa Cookhouse, Jeff Brustman, said, "Around the time of the jazz festival we get more customers. They book events in our banquet room and make more reservations than usual."

Brustman said the restaurant is much busier than usual because so many people come from out of the area.

This event is a nonprofit fundraiser. Sanders said, "The proceeds go to benefit seniors of Humboldt County and youth music education for local area schools."

"Last year we raised \$245,000 for seniors and \$20,000 for youth music education," Sanders said.

There is a free shuttle bus that will stop at 12th, Seventh and F streets in Eureka to take people to the various locations of the event.

"Friday is opening ceremonies at the Bayshore Mall Café Court at noon, this is a free event," Sanders said.

"The opening bands are the Titan Hot 7 and the Salomon Smith Barney All-Star Big Band."

The Titan Hot 7 is one of the headliners of this event. It is a Dixieland swing band that is performing for the first time in Eureka. The Salomon Smith Barney All-Star Big Band is made up of 17 high school students from throughout the area.

"There is at least one kid from each of the local high schools," Sanders said.

"There are 14 headliners that play eight times, seven local bands that play two sets, six youth bands that play once and two guest artists — Steve Lucky and the Rhumba Bums, and Koko Taylor — who will be giving special performances," Sanders said.

A popular San Francisco swing band, Steve Lucky and the Rhumba Bums will be performing Friday and Saturday night at 10 p.m. at the Eureka Municipal Auditorium.

Blues artist Koko Taylor will play one time only Saturday night.

"There is something going on in all the venues, at all times," Sanders said.

"Last year there were 13,500 people in and out of the venues in three days," Sanders said.

An adult ticket is \$50 for all three days and a youth ticket (ages 13-20) for the three days is \$20. Single-day tickets for adults on Friday are \$20, Saturday is \$30 and Sunday the price is \$15. Children under 12 get in free.

### Festival Headliners:

- High Sierra Jazz Band
- Marine Corp Dixieland Band
- Night Blooming Jazzmen
- Royal Society Jazz Orchestra
- Zydeco Flames



# 'Texaco Star' makes a gas station uplifting



PHOTOS BY CLAIRE CUNNINGHAM

*The actors (above) prepare for each performance by stretching and getting into character. The dressing room is always busy as actors Jen Belt, Zachary Preston, Jill Coffey and Lynette Borelli get ready for the show. This tender moment (left) between Preston and Belt help the actors prepare for their on-stage act.*

BY CHRISTINE BENSEN

LUMBERJACK STAFF

"Texaco Star," is based on a couple stranded in a gas station. The play, which runs until Saturday, is a warming story about interrelationships.

The play is about a married couple, Phil and Liz, who are on their way to a funeral when their car breaks down and they are stranded in a gas station over night. While stranded, the couple deals with a family-related situation that has been haunting them for 14 years.

"Texaco Star" was written by Margo Haas, a Cleveland playwright, and is being performed at the World Premier Theatre in Eureka.

"My husband and I were stranded in a gas station for 16 hours and the story is based on that," Haas said. "Although we didn't have a Zack," she said referring to one of the characters in the play.

Haas, who has written five other plays, said she is happy to see "Texaco Star" performed.

"This is the first serious production of this play. I'm very pleased

and excited," Haas said.

Haas, who traveled from Cleveland for the performances, said she wasn't sure how the play would turn out.

Director Tisha Sloan, a graduate student majoring in theater production, has taken on "Texaco Star" as her final thesis project.

Sloan said she chose this play because it "focused on female issues and has a female playwright." She also said she sees directing this play as an "opportunity to do something in the community."

Sloan kept in close contact with Haas via phone and e-mail during the rehearsal period.

Haas said there were some minor changes.

"I think one of the actors added a line, but I like it," Haas said.

The five-person cast of "Texaco Star" consists of all HSU students including Sloan's boyfriend, Zachary Preston, a theater senior who plays Phil.

Preston said although he wasn't sure how it would be working under his girlfriend's direction, he is really enjoying the whole experience.

"I like it a lot — it's a really fun

SEE STAR, PAGE 22



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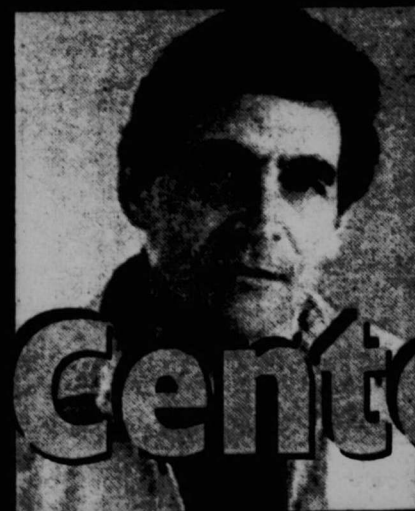
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## One-man show brings in humor

BY RACHEL SATHRUM

LUMBERJACK STAFF

The premiere of international performing artist Rudi Galindo's latest work, "Pachuco Moon" will be this Saturday at 8 p.m. in the Dancenter at 824 L Street, Eureka.

The proceeds of this show will benefit Galindo's next expedition of laughter to Soweto, South Africa.

Galindo's performances are a unique blend of physical theater. They are marked by stylistic elements such as mime, circus and vaudeville.

"Pachuco Moon" is told with comedy and sensitivity. Galindo said, "It is an ominous sort of tale."

"The show is a departure of my style of doing tricks. I have scaled down the props and gotten down to the bare essence," he said.

He is moving away from the circus world and into dance.

"It's more about expression rather than impression," he said.

Galindo said the piece is semi-autobiographical, drawing from

his own experiences and Latino roots.

The performance touches on themes of life, death and the struggle of oppression. It is a non-linear piece which begins with a death and moves into life. Galindo also ends up killing himself 10 times in a two-minute segment. "It's a way of demystifying death," he said.

The piece is an "experience that exists alone," Galindo said. Unlike other shows, Galindo does not plan on performing "Pachuco Moon" in a series of weekend presentations.

"The audience is crucial because of their participation rather than their response. It's the kind of theater that challenges audiences on different levels: physically, emotionally and comically," Galindo said.

Last year Galindo was able to take his shows to Chiapas, Mexico, to work with people who have been living under government oppression. He said he hopes to develop a more permanent presence

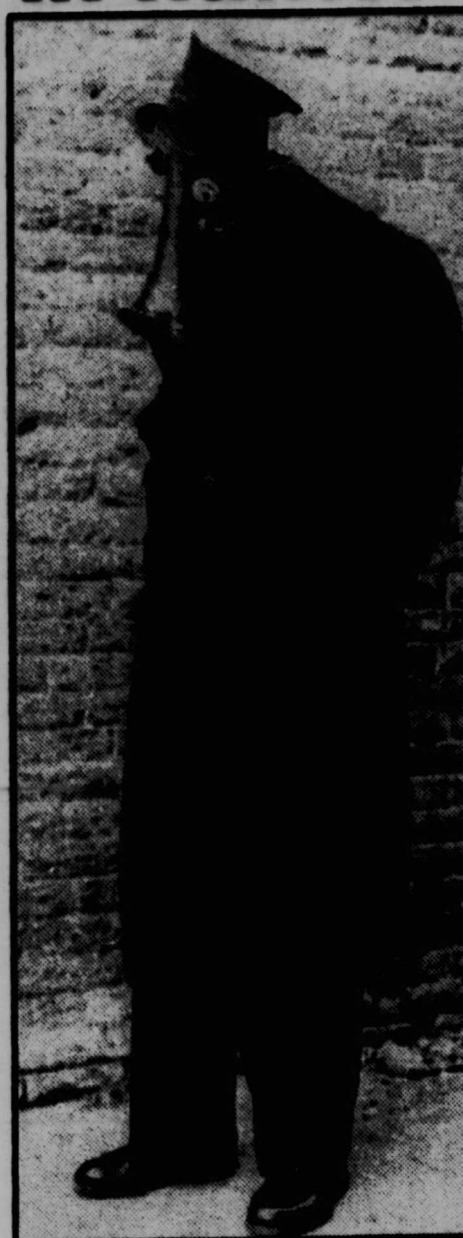


PHOTO COURTESY OF RUDI GALINDO  
Rudi Galindo plays many characters including "The Saxophone Man."

SEE RUDI, PAGE 21

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## Mars mission only worth price of matinee

BY JENNA DANIELS

SCENE EDITOR

Based in 2020, the movie "Mission to Mars" is about a team of astronauts who travel to the fourth planet from the sun. The whole pretense isn't the initial adventure to the planet but rather the recovery of a survivor, and the discovery of a new way of life after the shuttle lands on the planet.

The main actors work well together on screen. They really defined their characters well while still creating a sense of similarity regardless of their identical astronaut suits.

Tim Robbins played the Commander Woody Blake; Connie Nielsen played his wife, Dr. Terri Fisher; Jerry O'Connell played scientist, Phil Ohlmyer; Gary Sinise played Jim McConnell; and Don Cheadle played Mission Commander Luke Graham.

The film is appropriately rated "PG." The violence was kept to a minimal and vulgarity was virtually nonexistent.

However, the movie's plot wasn't simple enough for children to understand. Two children sitting next to me in the movie sang to them-



PHOTO COURTESY OF TOUCHSTONE PICTURES

**Gary Sinise (left to right), Connie Nielsen and Don Cheadle view sparks from a simulation of a Mars explosion. The secret event at the end of the movie includes a new way of looking at how Earth was formed.**

selves during the first half, gave up toward the end of the second half, and one child fell asleep.

The multifaceted plot touched on memories of a lost love, a new discovery on Mars, death, commitment, personal achievements and goals.

The set was one of the biggest ever made for a motion picture.

Sculpted from sand dunes it stretched over 55 acres and was sprayed with a form of concrete. Red, environmentally friendly paint was used to cover the terrain.

The movie was a series of engagement and boredom. Big eye-catching visuals grasped the audience's attention, only to have a substandard dialogue complete each scene.

The movie had wonderful computer animation with bright colors, realistic imagery and interesting special effects.

The space-walking scenes were filmed while the actors hung from wires with a blue screen behind

them. The screen created surface images that made it look like they were on the surface of Mars or in a star field.

This live-action sequence alone took 25 digital artists to compose, more than 170 shots to film and three months to complete.

There was also a cartoon-like character in this movie with intriguing beauty and an interesting message.

The movie was based in 2020 on purpose — it is the same year experts predict man should be able to land on Mars.

Brian de Palma, producer of

SEE MARS, PAGE 22



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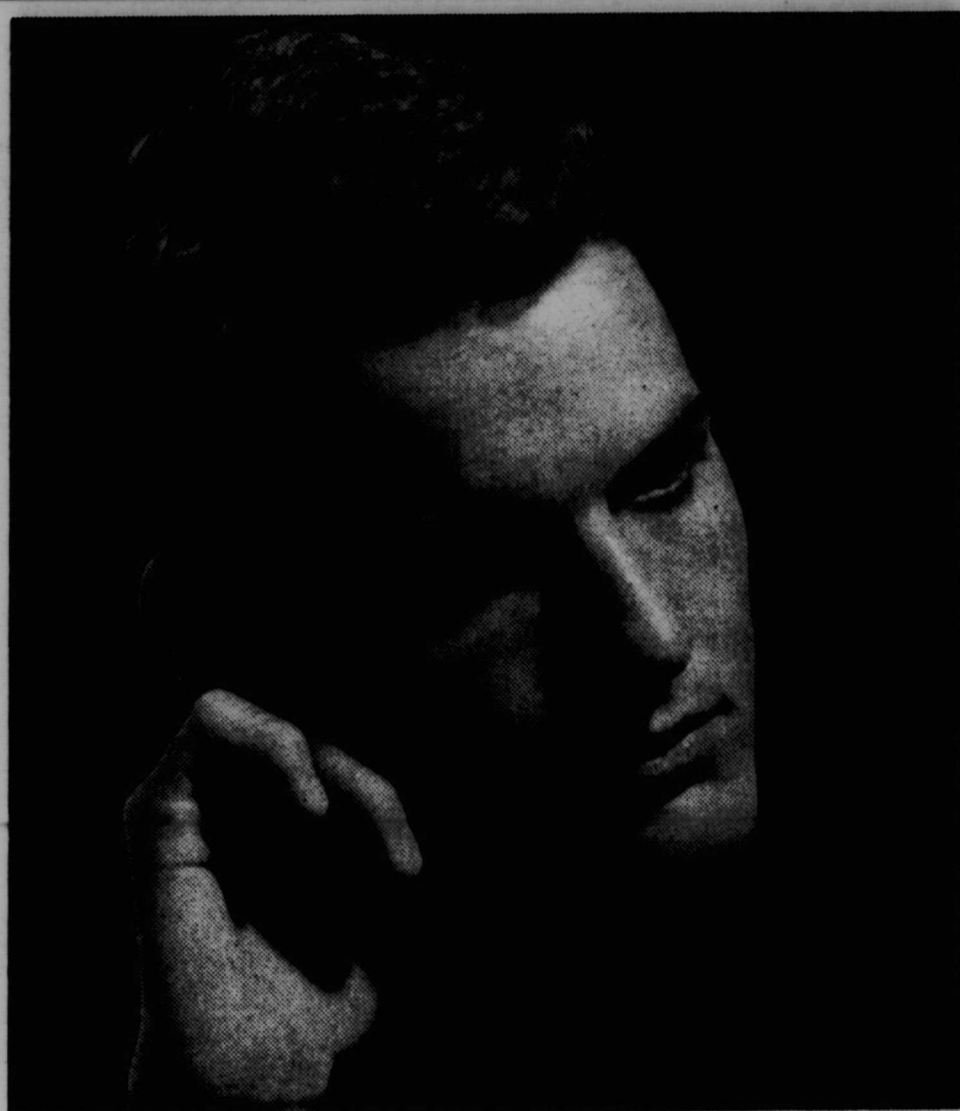


PHOTO COURTESY OF JOHN MILBAUER

### Piano concert with faculty artist

Pianist John Milbauer will perform on campus Saturday night at 8 in Fulkerson Recital Hall. Milbauer is a first year instructor at HSU, and has traveled and taught throughout the world. The show is part of the HSU Music Faculty Artist Series. Tickets are \$6 for general and \$2 for students/seniors. Tickets are available at the University Ticket Center.

## Rudi: Community helps produce theater

• CONTINUED FROM PAGE 19

there by sending various artists to Chiapas year round.

To raise the money to visit Chiapas, Galindo held his first benefit performance in the community. It's a home-grown way of garnering support instead of getting grants, he said. The community has been supportive of his live theaters and expeditions of laughter, he said.

"The Arcata Co-op and Los Bageles have been incredibly generous in supporting me to produce a show," Galindo said.

This year Galindo is again seek-

ing help from the community.

"I have been invited to perform in South Africa," he said.

The invitation was extended to him by Arts Alive, an international

organization that will be sponsoring a theater festival in Johannesburg this September.

Galindo plans to be in South Africa for two weeks.

In addition to participating in the festival, he will perform in the slums, schools and townships around Soweto and Johannesburg.

Galindo began performing 20 years ago when he was a theater arts student at HSU.

"I cut my teeth here," he said.

He said he found that the best way to get involved in theater is to start performing. He has since given his shows in more than 17 countries and to more than a million people. Most of his shows have been in rural communities.

"Physical theater is an extension of me. My ability to have an impact in people's lives...it is incredible to make people forget that they are poor or hungry," he said.

Galindo has taught physical theater at Sunset School in Eureka and is currently teaching in Trinity County.

A second and different benefit performance is scheduled for May 20.

"Pachuco Moon" will be held at the Dancenter at 8 p.m. Tickets are available at the Arcata and Eureka Co-ops. The cost is \$8 general and \$5 for students and seniors. For more information call 822-1730.

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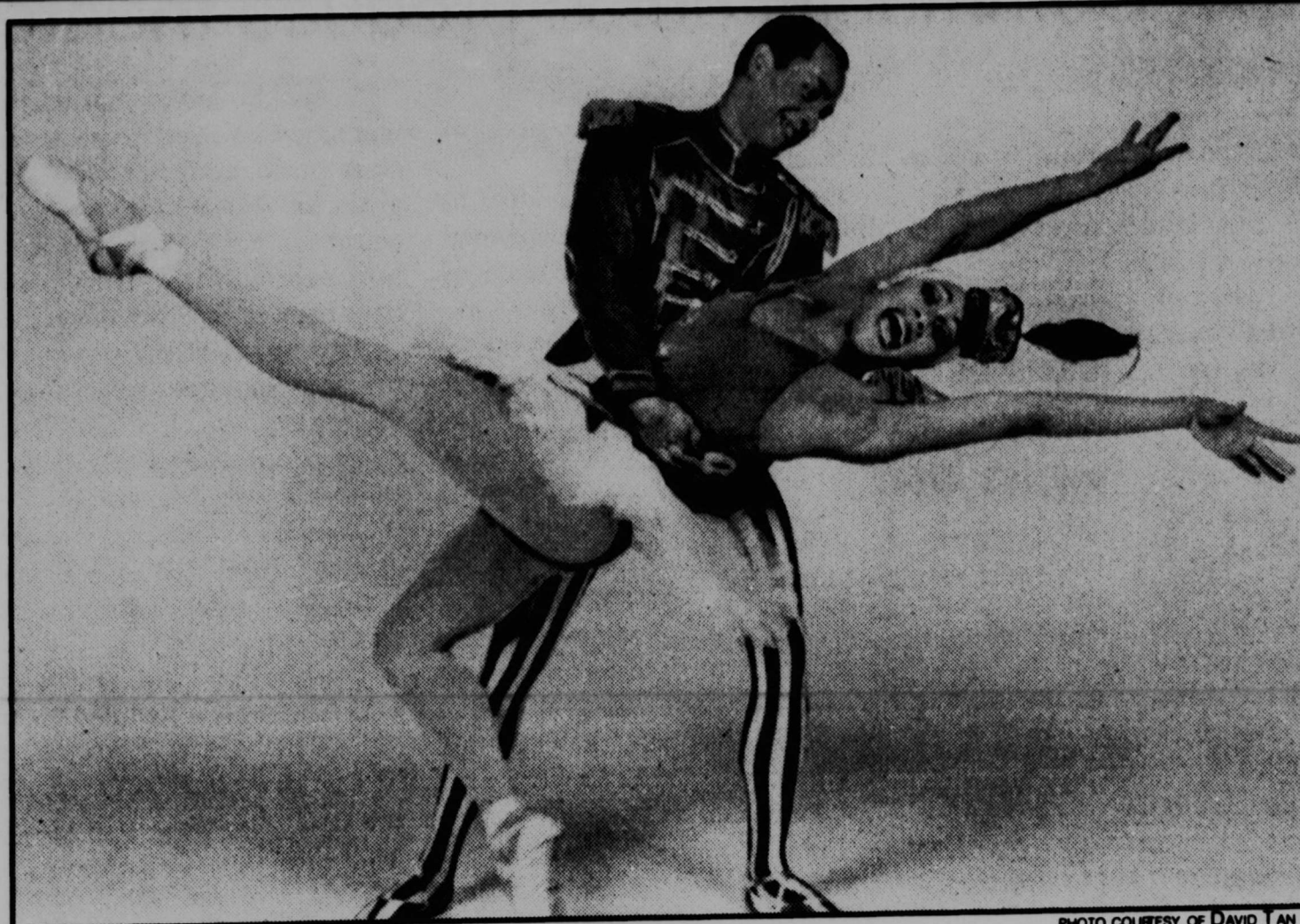


PHOTO COURTESY OF DAVID TAN

## Comedy dance troupe performs tonight

Center Arts presents the internationally known "Les Ballets Trockadero de Monte Carlo Inc." The all-male comic ballet will perform tonight at 8 in the Van Duzer Theatre. The female interpreters work to please the audience with their dance moves and comic routine.

Tickets are \$20 for general admission and \$17 for students. Tickets are on sale in the University Ticket Center, The Metro and the New Outdoor Store. For ticket information call 826-3928.

## Mars

• CONTINUED FROM PAGE 20

"Mission to Mars," said in a press release that all of the props, space vehicles and electronics used in the film are either real NASA equipment or are from the drawing board.

De Palma said the movie isn't based on science fiction.

"We can, in fact, go to Mars if we wanted to now. We've reached the 21st century and I think there's going to be a tremendous amount of excitement about visiting Mars," de Palma said.

This make-believe world of Mars created on the big screen was at times a real treat. The realistic atmosphere of the movie, mixed with illusion and mystery, treats the audience to an edge-of-the-seat story.

Typical to this genre, there was weak dialogue at times and an unbelievable ending that frankly almost ruined the whole movie experience.

This top-rated movie would be an evening adventure, but I would say it's only worth the price of a matinee.

For information call your local theater for show times or check out [www.missiontomars.com](http://www.missiontomars.com)

## Star

• CONTINUED FROM PAGE 18

show. I've never done a realistic story so it was a challenge," Preston said.

In addition to Preston the cast consists of Liz played by Jen Belt, a playwright graduate student; Stephen Kyle, a social science sophomore, plays 16-year-old Zack who works at the gas station, Lynette Barrelli, a theater graduate student, plays Vanessa, Zack's overzealous cheerleader girlfriend; and Jill Coffey, a theater/English junior, plays Alana, Liz's sister.

"This is my first play in college. The people I am working with are great. My favorite thing about it is having fun, and at the same time being able to entertain people," Kyle said.

Coffey said she also felt welcomed by the cast.

"This is my first show up here and I was very surprised everybody was very welcoming, accepting and supportive. They're like a family," Coffey said.

"In this theater it's been wonderful. People get their things done. They're on the ball."

Coffey said her only complaint was that the theater could use more funding.

"But theaters usually need more money," she said.

The play will run through Saturday at the World Premiere Theatre.

For more information call 443-3724.

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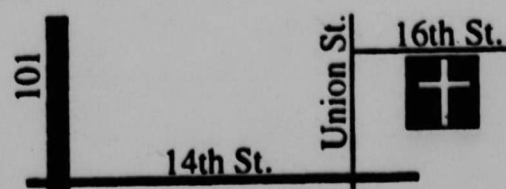
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## Informational



## Meeting

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WEDNESDAY, MARCH 22, 2000

# Sports<sup>23</sup>

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Senior Barbara Weaver set two records and ranked No. 2 in the nation in the hammer throw. Javelin is the only event she didn't win last week.

## Weaver, Miller set big numbers

BY TOMMY LAWLER

LUMBERJACK STAFF

In the first home meet of the year the HSU men's and women's track teams showed just why the coach is so excited about the upcoming season.

The men's team finished first with 87 points to eclipse Oregon Tech's 55. All-American senior Tim Miller led the way clocking 14 minutes, 47.15 seconds in the 5,000 meters. The time improved Miller's chances of earning his third trip to the National Championships.

"He ran a smart, even-paced, tough race," HSU Coach Dave Wells said. "He had a national qualifying mark in the steeplechase in our season opener, so it's the second qualifying time he has posted in two weeks."

Not to be overshadowed was the performance of standout senior Barbara Weaver. Weaver broke a pair of records when she heaved the hammer 157 feet, 1 inch to win the event. The throw not only established an HSU record and an all-time Redwood Bowl record, but it was also a personal best surpassing the 152-6 throw she set a year ago.

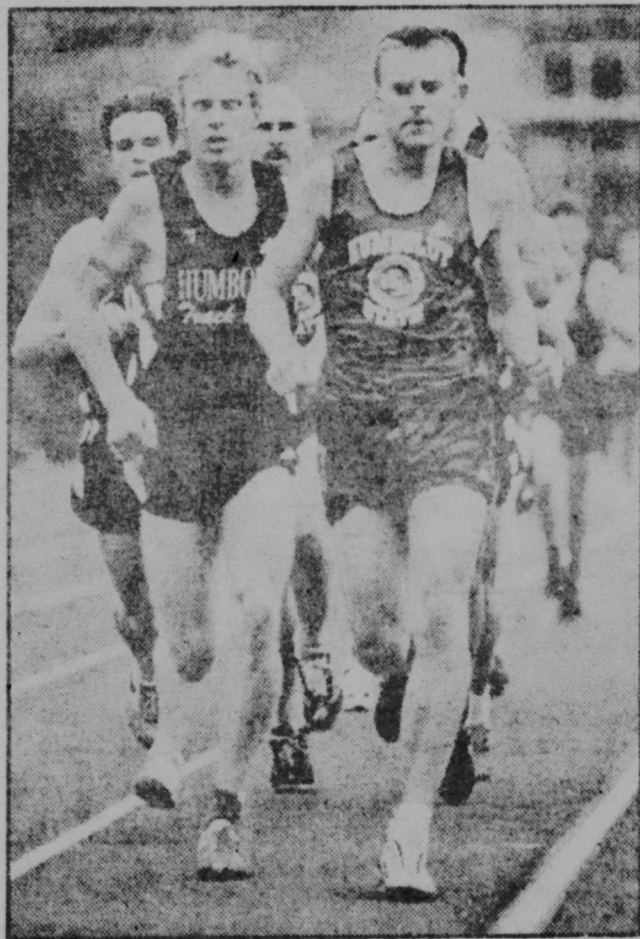
The record-breaking throw earned her a provisional qualifying mark for the NCAA Division II Track and Field Championships.

Weaver is now ranked No. 2 in the nation in the hammer throw.

"We changed her technique from a two-turn throw to a three-turn throw," Aaron Stewart, assistant coach, said. "It's the beginning of the season and she's just getting her rhythm. There's a lot more in there."

By winning the shot put with a distance of 41-6 and the discus with a throw of 129-7, Weaver helped the women's team finish second to Sonoma State with 46.8 points.

HSU's middle-distance athletes also



Senior sprinter Tim Miller led the pack at last week's track meet.

showed fine early-season form, posting wins in the 800 and 1,500 meters. Junior Nick Gai earned the 800 victory with a time of 1:57.05 and Louie White claimed the 1,500 at 3:58.90.

In the sprints, HSU's former wide receiver Jamely Austin won the 100 meters in 11.43 seconds followed by Sherman Clayton at 11.52. HSU also swept the top spots in the 400 as Eric Lisk won the event with a mark of 50.67, and Jason Kurnow took second at 51.07. Eric McGee earned the 400-hurdles victory in a time of 58.77.

It was also a clean sweep in both relay events for the HSU men. The 400-meter event was won in 43.42 seconds and the

SEE TRACK, PAGE 26

## Champs lose one, drop to No. 2

BY KENDRA D. KNIGHT

SPORTS EDITOR

HSU softball has one loss in 20 games. Although that loss was a 1-0 decision to NCAA Division I Saint Mary's College, it was enough for the 'Jacks to drop from first in the preseason poll to second in the regular-season poll released on March 15.

Georgia's Kennesaw State moved up from third to take over the No. 1 ranking as the Owls, who got off to their best start in school history at 20-0, hold a 27-1 record.

The Owls moved up two places after receiving 198 points and six first-place votes in the last rating. The defending HSU national champion (19-1) dropped from the top spot to No. 2 after getting 193 points and the remaining two first-place votes.

The team started its Spring Break with two wins (2-0, 11-1) over San Francisco State before splitting with Saint Mary's.

It was a day of firsts when HSU sustained its first loss of the season to Saint Mary's as the team won the first game played on its new field.

"They were fired up about playing in their beautiful facility," HSU Coach Frank Cheek said. "We're a little beat up, but we'll get on the plane tomorrow morning and get ready to play some more games."

The doubleheader was not boring as two HSU players suffered injuries, and the Saint Mary's coach and a Gaels' player were ejected from the game.

The only run of the first game came in the third inning when the Gaels' Jessica



Senior outfielder Taiisha Pleasant has hit seven home runs this year.

Hanaseth singled to center field to drive home Jenn Fawkes.

HSU took the lead in the second game when Taiisha Pleasant hit the first home run in the Gaels' new park.

Saint Mary's rallied to tie the game in the bottom of the inning with a pair of singles off of junior right-hander Karen Limon and an RBI hit off of junior left-hander Jessame Kendall. The All-American entered the game with one out.

Kendall pitched the final 3 2/3 innings to earn the win.

In the fifth, Saint Mary's Fawkes tried to score the go-ahead run, but was thrown out

SEE CHAMPS, PAGE 25

## Former 'Jack goes pro

Mari Jr. will play for the Oklahoma Wranglers

BY BEN MATTHIAS

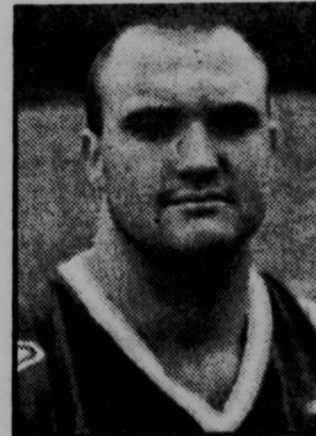
LUMBERJACK STAFF

Ex-HSU football star Mike Mari Jr. has been through hell and back.

The 23-year-old kinesiology graduate has had to overcome incredible odds and obstacles to get where he is today. The former HSU football offensive lineman will finally get the chance to make his professional football debut on March 25.

"I have dedicated so much of my time to reaching my goal of playing pro football," Mari said. "I just can't believe it's been this tough."

The first bump in the road came in high school. Mari played at St. Bernard's High School in Eureka which has a minuscule



Mike Mari, Jr.

enrollment of 200. Mari was a lone bright spot for the team that only fielded 15 players and competed in a football section with little recognition. Mari worked hard

that season and was named as an All-State defensive lineman—the first in the school's history.

After his senior season, the phone was not ringing off the hook from any prominent colleges because he played behind the redwood curtain. Mari, unfazed, used up his savings from his job at an area supermarket so he could play football at HSU.

"I thought my chances of playing again were over," Mari said.

Mari arrived at HSU slightly undersized, but that would soon change. After working hard and following the advice of

SEE MARI, PAGE 26



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# SPORTS

## CLIPS

### Mad River Youth holds fund-raiser

Anyone who has been looking to help out a nonprofit youth sports groups or to win \$1,000, now has a chance.

Mad River Youth Football and Cheerleading will be holding a Muffin Madness contest to raise money to help pay for field costs, new equipment, re-certification of old equipment, insurance and coach background checks.

Tickets are available for \$5 a square and if the cow "piles" in your square, you win.

Second place wins a cord of wood.

The event will be held April 15 at 1 p.m. at 2720 Alliance Road in Arcata.

For more information, call Jean, the Mad River Youth Football and Cheerleading secretary, at 822-5619.

### Rowing regatta held Saturday

The 17th annual Blue Heron Redwood Sprints Regatta will be held Saturday on Humboldt Bay.

HSU's only home event of the season will begin at 7:50 a.m., with the last race starting at 1:20 p.m. HSU's intercollegiate women's team and the men's club team will participate.

Other teams scheduled to compete at the event are from Saint Mary's College, Mills College, Willamette University, Seattle Pacific University and the Cal Berkeley lightweight program.

HSU's boathouse at the foot of D Street in Eureka will be the staging area. The finish line will be nearby.

Fans can watch from the finish or further south along the course near the new fisherman's building on Commercial Street.

### Football recalls 1960 bowl game

Highlighting the 2000 football schedule is a game against Lenior Rhyne who defeated HSU in the Holiday Bowl, 15-14, to win the NAIA National Championship in 1960.

The teams will play in the Redwood Bowl and both teams from 1960 will be honored at half time in a special celebration of its 40-year anniversary.

Former HSU Coach Fred Whitnire was the starting quarterback for the 'Jacks in the game that sold out Redwood Bowl 40 years ago.

The 'Jacks will play 11 games next season as they filled the bye week with Lenior Rhyne.

Also on the 2000 schedule is Montana Tech, Montana State Billings, Saint Mary's and Azusa Pacific.

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# Champs: post 19-1 record with hot bats, quick speed and stellar pitching

• CONTINUED FROM PAGE 23

at the plate. Her flagrant slide caught HSU catcher Shelli Maher in the face. Fawkes was ejected from the game and Maher was sent to the hospital for stitches in her nose.

Following this play at the plate, HSU first baseman April Tursky picked up the ball and fired to third to catch the runner and end the inning with a double play.

With a long single off the fence, Pleasant drove home pinch runner April Sall with the game winner in the sixth. Sall got a big break from first, slid under the tag at home, and Saint Mary's Coach Chelle Putzer was ejected for arguing the call.

Freshman second baseman Cierra High was aggressively knocked down and had to be removed from the game.

It was smooth sailing for the 'Jacks from there as the team won the remainder of its Spring Break games outscoring its opponents 47-6.

CSU San Bernardino was the first victim losing 9-1 and 7-1 to the reigning national champs.

In the fifth inning, freshman Lacey Cope ripped the first grand slam of her HSU career to lead the team in game one of the doubleheader.

Cope gave Kendall all she needed to leave the mound in the sixth inning with the win. She struck out two and scattered five hits to get the win before freshman pitcher Joanna Nelson took over in the seventh.

The story in the second game was not the

Lumberjacks, but the Coyotes — Coyote errors that is. CSU San Bernardino committed seven errors while Limon picked up the win for the 'Jacks.

"We were the better team today," Cheek said, "but when you're starting five freshmen like we are, the outcome is always uncertain."

The next day, it was Cal State Dominguez Hills' turn to take a shot at the 'Jacks. They were unsuccessful as HSU scored four runs in both games for the sweep. Kendall held the Toros scoreless on six hits, striking out three. Limon struck out six and the only Toros point was an unearned run.

"Our pitching staff has been solid, there's no doubt," Cheek said. "They're like clockwork, and Maher is doing a great job behind the plate."

Maher not only does a good job behind the plate on defense, but on offense as well as she drove home two runs on three triples. Tursky also hit well for the 'Jacks with a double and a triple.

Concordia took its turn with the champs on March 15. Again, the 'Jacks pulled through with 4-0 and 6-1 wins.

The story of the day was HSU's double steals — two of them.

Concordia had hold of a 1-0 lead in the bottom of the third inning.

In the fifth inning, Kelly Sosinski led off with a double, and Pleasant singled two outs later to give the 'Jacks runners on second and third. They pulled off a double steal to score one run, and Maher drove home another with a single to give starting pitcher Limon

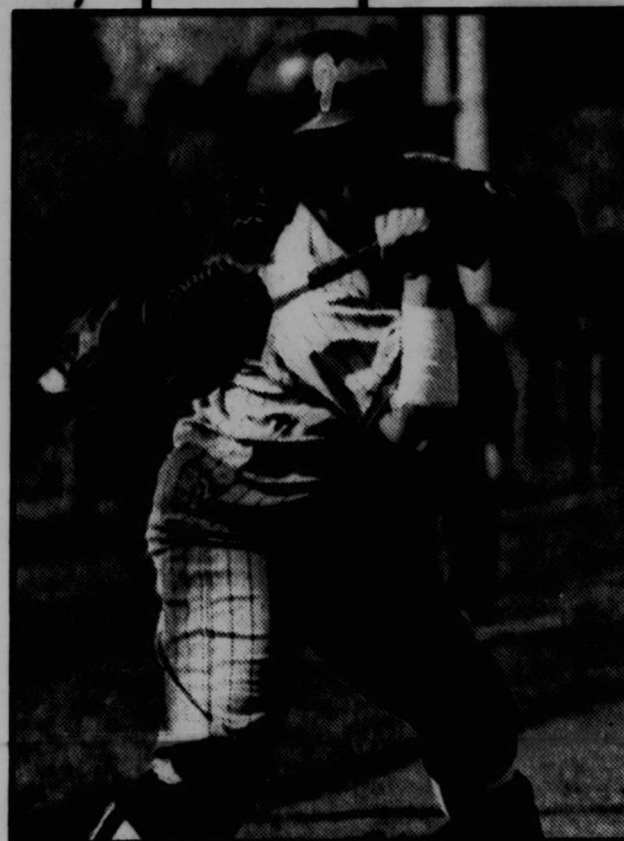


PHOTO COURTESY OF HSU SPORTS INFORMATION

**Senior catcher Shelli Maher has given the 'Jacks a big lift.**

the lead.

HSU added four runs in the sixth inning including a second double steal with Kelly Morgan stealing home and Pleasant taking second.

Limon finished with seven strikeouts while shutting down Concordia over the final three innings.

This being the last game of the preseason, HSU headed into conference play against Central Washington two days later.

The Lumberjacks wore green on St. Patrick's Day, and the luck of the Irish was

with them as they scored two lucky No. 7's in the twin-bill sweep of CWU.

Kendall claimed the first game 7-0 before a 7-1 decision in HSU's favor added a win to Limon's record. Neither pitcher allowed an earned run in the game.

The 'Jacks stole 13 bases and Pleasant hit a distant home run, showing both speed and power for HSU.

"We ran wild on them," Cheek said. "And Taiisha's home run was as far as I've seen a ball hit this year. She cleared the 225-foot fence with a lot of room to spare."

Pleasant had four hits in four trips to the plate as the team totaled 13 hits. Maher and Tursky each hit three.

Kendall allowed five Wildcat hits, but struck out eight batters and only walked one.

In the second game, Limon struck out six, giving up four hits.

The 'Jacks played without senior short-stop Terry Marroquin after she injured her ankle in the game against San Francisco State. Marroquin leads the team and the Pacific West Conference with a .593 batting average. Her playing status is questionable for this week's games.

The final doubleheader (against Seattle) of the 14-day, nine-city roadtrip was rained out, leaving HSU with a 19-1 overall record and 2-0 in the PacWest.

The 'Jacks will play at NCAA Division I Santa Clara tomorrow before defending their two-time championship at CSU Hayward's Pioneer Classic in Fremont.

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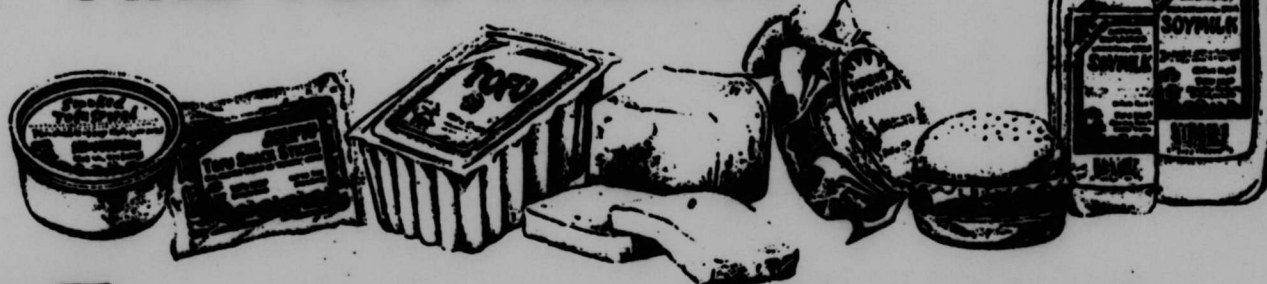
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# Mari: Former HSU star shows persistence pays off

• CONTINUED FROM PAGE 23

HSU's strength and conditioning coach, Drew Peterson, Mari made weightlifting a religion. It paid off. His regimen, along with his hulking 6-foot-3, 300-pound frame helped him secure the starting nod at guard his freshman season. He would hold this position as a starter for the next four years.

Doing so wasn't easy. Early in Mari's sophomore season he slightly tore his medial collateral ligament. This knee injury is notorious for ending careers, but Mari said he wasn't buying that. After a strenuous rehab he came back at the end of the sophomore campaign and earned all-conference.

"Mike is an overachiever," Peterson said. "He takes all of his preparation to the extreme."

Mari came back his junior year in terrific shape and once again dominated on offense and received his second all-conference selection.

His accomplishments were celebrated, but they came at a price. Mari's job at the supermarket, along with football and school, was taking its toll.

He said he was getting a measly 25 hours of sleep a week. Football practice and weightlifting cost him valuable working time and in return, he had little money saved to pay for tuition.

However, he got a break. The HSU athletics department was finally able to give scholarships to athletes.

Mari received enough money to help him compete his senior season. Once again he was a stalwart on offense and received his

third all-conference. Mari's work in the weight room that season also paid off. He was honored as a National Strength and Conditioning Association All-American.

"Mike's work ethic and genetic traits make him one potent individual," Peterson said.

"I have to give a lot of credit to my dad and Drew for helping fulfill my dreams," Mari said. "They put endless amounts of time in getting me to this point."

Mike Mari Sr. and Peterson searched and found a professional team that would give Mari a tryout. The San Jose Sabercats of the Arena Football League gave Mari a chance last spring.

At the tryout Mari impressed the coaching staff and was in the running to be on the roster. Suddenly his chances were dashed. During a drill he tore the same ligament he had during his sophomore season.

"That knee injury was very disheartening," Peterson said. "Mike, though, came back from it better than ever."

Mari rehabilitated his knee and was once again ready for another tryout this fall.

Fortunately, former HSU standout Chris Butterfield, who was playing for the Portland Forest Dragons in the AFL, convinced the head coach to give Mari a shot. Mari tried out and made the team.

Finally, Mari was going to suit up as a professional football player, and play only eight hours from his family and friends. Or so he thought.

Unfortunately in the fall, the franchise moved to Oklahoma City and became the Wranglers.

That was only a minor disappointment to what Mari would learn in mid-February. The team owners in the AFL decided to cancel the season because they could not reach a salary agreement with the new player's union.

"The move to Oklahoma was one thing, but when I found out the season was to be canceled, I was in shock," Mari said. "I was hoping that something would pan out soon."

Mari's hopes were answered. Like all of his setbacks, they always end happy. On Feb. 28 the AFL owners decided to play this season.

Mari will play this season at guard. He hopes eventually teams from the NFL will give him a chance. If not, he is more than content playing in the AFL.

Mari's triumphs over adversity have shown his brothers Travis, 21, and Dustin, 19, that perseverance pays off. Both have followed his footsteps and now play on the HSU football team.

"Mike's been down a long, long road," Dustin said. "Mike won't let anything stop him, that's for sure."

Mari said he has no clue what's in store for him, but knows that whatever stumbling blocks may come before him, he can overcome them.

Mari also knows that there is a guy out there who once was in a similar situation — Kurt Warner.

The 1999 NFL Most Valuable player started stocking store shelves for cash, got a shot in the AFL and then became a Super Bowl champ and MVP.

## Track

• CONTINUED FROM PAGE 23

1,600-meter relay in 3:38.13. After recently claiming indoor All-American honors, junior Paul Chapracki was the lone field event winner after clearing 14-6 to take the pole vault title.

On the women's side, other HSU highlights included Crystal Johnson's 800-meters victory at 2:21.64, and senior Molly Alles' winning time of 5:00.48 in the 1,500-meters.

Sophomore Jennifer Ruff beat out the field as she captured the pole vault title with a clearance of 9 feet, 6 inches.

"I'm pleased with the competitiveness everyone showed coming off Spring Break," Wells said. "It would have been easy to let down, but everybody came in ready to compete at a level higher than the coaches expected."

The long-distance runners will travel to the Stanford Invitational on Saturday.

Miller is expected to do well at the meet that will have many elite athletes competing.

"(Miller) doesn't have a hard time getting up for the big races," Stewart said. "He doesn't let what's going on and who's around him bother him. He has the ability to deliver."

The remainder of the team will stay home to work the Co-op/Humboldt Invitation on Saturday. Events begin at 11 a.m. with 11 to 14 high schools expected to be in attendance.

# Scoreboard

## Schedule

### THURSDAY • 23

Softball at Santa Clara University  
1 p.m.

### FRIDAY • 24

Softball at Pioneer Classic  
HSU vs. CSU Stanislaus, noon  
HSU vs. Sonoma State, 6 p.m.  
Fremont Central Park

### SATURDAY • 25

Softball at Pioneer Classic  
HSU vs. Menlo College, 11:15 a.m.  
HSU vs. Chaminade, 1:15 p.m.  
Fremont Central Park  
Women's Rowing Blue Heron  
Redwood Sprints Regatta,  
Humboldt Bay, 8 a.m.  
Track and Field at Stanford Invitational, 9 a.m.

### SUNDAY • 26

Softball at Pioneer Classic  
Championship games, TBA  
Fremont Central Park

~compiled by Kendra D. Knight  
Source: HSU Sports Information



### 'Jack of the week

Recognizing the top HSU performer during the last week

**Barbara Weaver**  
SR • Women's Track

Barbara Weaver won three events, and set a new school and stadium record of 157-feet, 1 inch in the hammer throw at HSU's home track and field meet on Saturday. The senior from Citrus Heights broke her own school record in the event and earned an NCAA provisional qualifying mark. She also earned victories in the discus and shot put.

## SOFTBALL

### SPRING BREAK RESULTS

Humboldt State 2, San Francisco State 0  
Humboldt State 11, San Francisco State 11-1

Saint Mary's College 1, Humboldt State 0  
Humboldt State 2, Saint Mary's College 1

Humboldt State 9, CSU San Bernardino 1  
Humboldt State 6, CSU San Bernardino 2

Humboldt State 4, CSU Dominguez Hills 0  
Humboldt State 4, CSU Dominguez Hills 1

Humboldt State 4, Concordia 0  
Humboldt State 6, Concordia 1

Humboldt State 7, Central Washington 0  
Humboldt State 7, Central Washington 1

## TRACK and FIELD

### LAST WEEK'S RESULTS

#### WOMEN

Sonoma State 73.4, Humboldt State 46.8, Oregon Tech 35.8

#### Top HSU Performers:

Barbara Weaver: Hammer throw of 157 feet 1 inch set HSU and Redwood Bowl records. Provisionally qualifies her for NCAA Division II Track and Field Championships.

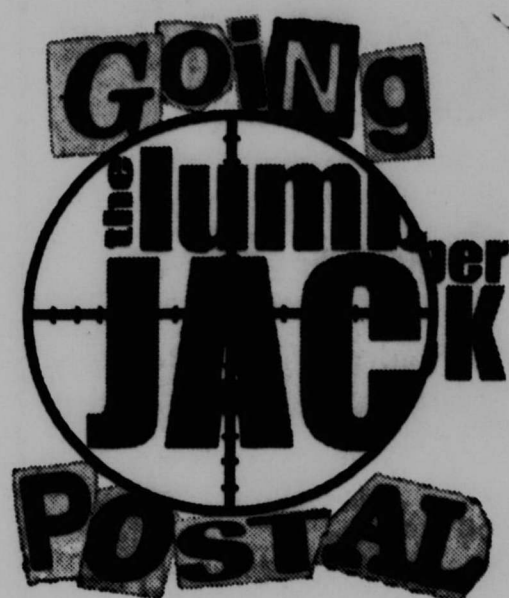
#### MEN

Humboldt State 87, Oregon Tech 55

#### Top HSU Performers:

Tim Miller: Provisionally qualified for NCAA Division II Track and Field Championships with a time of 14 minutes, 47.15 seconds in the 5,000-meters.





## Readers respond to voter's guide

I have to ask what has happened to *The Lumberjack* since I graduated last year. The "voter guide" printed in the March 1 issue almost perfectly mirrors that of the California Communist Party!

When the "students' paper" falls this far out of touch with its students, it is time for the students to TAKE BACK YOUR PAPER!

David LaRue  
social work graduate

Thank you for printing your voter's guide. I didn't agree with all of your picks, but it did lead to more critical thinking about the different measures on the ballot.

I was a little disappointed that it received so little coverage inside, though.

Looking at the front page, I was expecting more.

For the next election, people should know that they need to be registered at their current address 29 days before the election to be able to vote in it.

They can go to the DMV or the county library, call 1-800-345-

VOTE, or download the application on the Web from a link on the League of Women Voters' home page.

In reference to the parking problem, HSU students can buy books of 10 one-way tickets for the Humboldt Transit Authority buses for \$5 in the bookstore.

Maybe more people would take the bus from Eureka and McKinleyville if they knew it only cost 50 cents each way, instead of \$1.45.

Erin Croteau  
environmental science junior

## Protest Web fees; request refunds

In the Feb. 23 article "Fees charged for Web page access," President Alistair McCrone stated that he would not act on any complaints regarding professors charging students access to university-based Web sites because he had no formal, written complaints.

I sent him a formal letter asking him to prevent professors from charging students to access Web sites. I am currently enrolled in professor Kai Chu's "Computers and Social Change" course and was charged \$25 for what Chu called an "electronic book."

The site consisted of the syllabus and quizzes on material from another book I was required to purchase for the course.

In other words, I am being charged for basic services that I have always received "free" from my other instructors.

Not only that, it was only in late February that I was finally able to access the site because of technical problems. To date, there are

still problems with the site.

I have urged McCrone to set up a policy forbidding instructors from charging students for basic services, such as taking exams, and to have Chu refund fees that were charged to students for the privilege of looking at the syllabus and taking quizzes.

Though I appreciate Chu's attempt at trying something different in his courses, it is nonetheless wrong to charge students for basic services.

I urge students to formally protest such fees before they become commonplace and to request refunds for fees already charged.

It is a fair request, and it should be honored.

Barnabas Keister  
history junior

## Reader's rebuke comes under fire

Travis Fulton's letter in the March 8 issue of *The Lumberjack*, entitled "Doctor's humor is inappropriate," shows that he is seriously misguided on who he is offended with.

Instead of being enraged at a professional helping to prevent sexual attacks, he should be more concerned with those who do the sexual assaults.

Nobody can eliminate the chance of being raped, but there are some precautions one can take to minimize the risk.

Travis, are you saying that you shouldn't be aware of your environment? You're a sexual-assault prevention worker?

Being aware of your environment is extremely important in reducing the risk of becoming a target. If a

woman were drunk by herself with a bunch of men she barely knows, that would be classified as an unsafe situation one can and should avoid.

Saying that she chose to put herself in an unsafe situation is not saying or implying anyone has the right to rape her.

It holds true for men.

They wouldn't want to put themselves drunk in a train station or an abandoned alley at 2 a.m.

A man might find himself beaten and robbed. That's not saying the criminals are justified because someone is vulnerable.

Dr. Jay Davis is saying (in the March 1 issue) that he cares enough about someone that he doesn't want him or her to become a statistic.

Clearly Davis isn't advocating sexual assault when he says that it is a fact that men take advantage of women sexually when they are impaired by alcohol.

Davis is mainly saying that it is very common in our society. If you don't believe me, look around. I have spent years in and out of clubs and bars.

Although I have never and would never take advantage of women, I have seen many men try.

Your statistic that the majority of rapes are by people the women know is only enhancing the argument Davis makes — the majority of the criminals are people we know, many of whom get you drunk and take advantage of you.

People in society will be criminals.

That is a sad fact we have to face, but there are precautions we can take to save ourselves.

Luke Tuttle  
broadcast journalism junior

Travis Fulton's response to my letter shows how miserably I failed to make a point that is very dear to me — not merely as a physician, but as the father of two daughters.

Let me try again.

Despite Fulton's suggestion that I am "disempowering" women by warning them about the dangers of alcohol, the facts are these:

In this society it is usually the young male who is the sexual aggressor. Rare is the woman who needs to get her man drunk so that he'll have sex with her.

Now consider this: The organisms that give men a bothersome discharge produce permanent sterility in women; the wart that is a cosmetic annoyance on a man's penis can kill a woman from cervical cancer. And AIDS — the mother of all STDs — spreads far more easily from male to female than vice versa. In the matter of sexually transmitted disease, there is NO gender equality.

Fulton's comment that not all men are rapists is self-evident.

I did not claim that men ply women with alcohol in order to rape them (although that is always a possibility).

Rather I was warning about alcohol-induced stupidity. Alcohol reduces inhibitions, which are arguably the essence of civilization, and makes fools of us all, men and women alike.

But when irresponsible sex occurs, damages are not assessed equally: it is the woman who generally pays the ransom.

So let me again make my plea. In a potentially sexual situation, don't get intoxicated. The only safe sex is sober sex.

Dr. Jay Davis  
Student Health Center physician

## Professor sets record straight on tenured positions

In the Feb. 23 issue of *The Lumberjack*, I was quoted as saying that 50 tenure track positions went unfilled at HSU last year. I have subsequently checked with my original source and found that I misheard what was said.

What was said was that 50 percent of tenure track offers for that year went unfilled. I missed hearing the "percent" part of the statement, and I apologize for my mistake.

There is still some uncertainty about the issue. The 50 percent figure was given by Vice President Charlotte Stokes in a meeting with faculty in the College of Natural Resources and Science.

Meanwhile, another administrator has

informed me that the number of unfilled offers was four out of 23, which is closer to 20 percent. I am sure that there is an explanation for the difference in the two figures, but I will not speculate here.

What is important not to lose sight of is the problem — already half of the 19,000 faculty in the CSU system are part-time or temporary. (Imagine what would happen if this were the case in K-12!)

California has one of the highest cost-of-living indexes in the United States. The CSU faculty salaries are 9 percent behind the so-called comparable institutions where this figure is not adequately adjusted for the cost of living, and this figure is adopted by the trustees themselves.

According to the former and current

chancellors, the teaching workload in the CSU is one of the highest in the nation. Thousands of faculty are retiring across the nation and in California in huge numbers as a result of the heavy hiring in 1969 through 1971.

CSU is facing Tidal Wave II, a huge increase in students eligible to attend CSU. The CSU is currently in no position to compete with the rest of the nation for the new faculty who are needed.

This is more evident to the south than at HSU. But it is also starting to happen here, something previously thought impossible.

Is there a plan to get the best and the brightest to come teach in the CSU? The answer is quite simply NO.

Instead there is a plan to discourage new faculty from coming here. It is called the Faculty Merit Incentive program.

It requires new faculty, who are loaded with debt from graduate school, to compete with tenured associate and full professors for salary increases while they are simultaneously going through the separate, and more valid, merit-based reappointment, tenure and promotion process for as long as six years.

It is a sad, sad thing that is happening to the CSU, its students and faculty. If something is not done quickly, expect limited access, overcrowding, larger classes, heavier teaching workloads, inferior quality and even more part-time faculty.

It is a sad day when California's state system cannot compete with Mississippi.

James Derden Jr. is an HSU professor of philosophy.

Guest  
Column  
by James Derden Jr.



## Angry boys, go home!

*Doser eliminates anger, reminds of karmic cycle*

Since my last dose, I had the privilege of spending a weekend at the City of 10,000 Buddhas, a monastery outside of Ukiah.

Of the many virtues and spiritual practices I learned during my stay there, the Buddhist definitions of the "three psychological poisons: greed, ignorance and anger," have allowed me to open my eyes and take a look at how my existence has been tainted by one or all of these poisons at various times in my life.

I had a revelation while I was there — anger has been the most prevalent poison in my life. I am ailed by this intense and ugly emotion.

In contrast to my righteous trip to the monastery, I also had the misfortune of encountering angry strangers on two separate occasions within the past month.

Sadly, these two incidents stirred a rage in me that I thought my Happy-Jennyland mentality would never allow to culminate.

**Incident 1:** I was sitting at a table with a friend at the Arcata Bowl's Pin Room, anticipating the audio pleasure I would soon experience from one of my favorite punk bands. In came another friend with a couple I had never met. They sat down at MY table.

The two were super-hardcore, death-metal/punk-rock assholes. They couldn't even say hello to me.

Everyone left the table except for Punk-Rock Guy and my friend.

Punk-Rock Guy started talking about how he and his girlfriend beat each other up.

I delivered a simple, "Sounds like a healthy relationship."

That was the end.

Big, ugly, scary Punk-Rock Guy stood up and put his middle finger in my face. With his eyes piercing through mine, he roared "FUCK YOU" so close to my face that I gagged. I've yet to determine if this was because of his offensive breath or the state of shock I was in.

I said nothing to him after. I don't know why.

**Incident 2:** (Again a bar scene — imagine that) My friend and I were at Marino's. A guy who I watched hit on a girl right in front of her date an hour earlier came up to us.

He asked, "Why are you ladies sitting alone?"

I already knew this guy's story, so I appropriately responded with a, "Because we know what's good for us."

He tried to push it.

"If you don't have anything good to say don't say anything," he said.

So I looked away from him in silence.

He didn't like that either.

He raucously suggested that next time I should be prepared to spread my legs and take it in the ass. Then he walked away.

Again, sick and in shock, I said nothing. I don't know why.

I know I have a smart mouth. It is a quality that many of my friends and family would say they love me for.

However, it was a completely invalid excuse for these two animals to disrespect me in a threatening manner.

I'm angry. I'm angry with the two men who used intimidation tactics to make me feel inferior because of their own insecurities. I'm angry that I didn't say anything back. I'm angry that I didn't punch them then kick them while they were down. I'm angry that I could even desire inflicting physical harm on someone.

I'm angry that when I tell my friends about these two incidents, my face turns red and every other word out of my mouth is f\*\*k, f\*\*king or f\*\*ker. I'm angry when my friends tell me to "just let it go." I'm angry that I let two people I don't even know get to me so much. I'm angry that I'm angry.

Why, one might wonder, would I choose to recount these personal experiences for a public I don't know for the most part?

Perhaps I need to vent some more.

Maybe, but in actuality I believe anger is a relevant topic to almost anyone who cares about anything, and therefore experiences this psychological burden.

I worry about us. People are allowing their pain to cause pain in others. Anger is one of the most recycled emotions of the human race, Buddhists excluded.

It takes a lot of strength to be unaffected by another's negative words or actions. Negativity feeds negativity.

Anger is like a plague. It sits and festers within people who, in turn, expose their lovers, friends, family and strangers to the mentally crippling infection. Some have immunity to this poison. Some do not.

Congratulations gentlemen, you've managed to get under my skin and light a fire under my ass that makes my heart ache, my head burn and my fingers type with vengeance. You're lucky I don't know your names or have pictures of you.

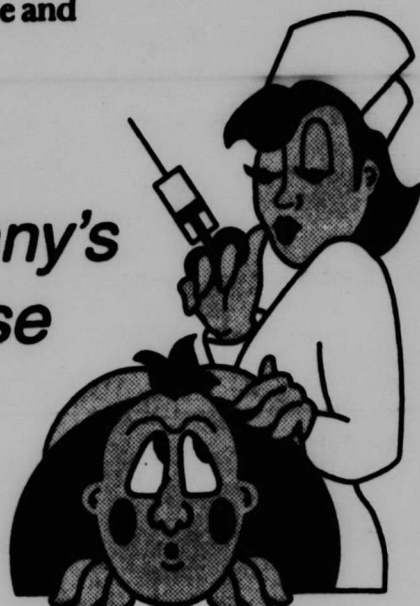
Yeah, I'm angry, but I'll get over it. I always do.

As for the two of you, I pray that the deep-rooted ugliness that eats at your souls may be treated with a decade or two of therapy. More so, I pray you never seriously injure another soul, mentally, physically or spiritually.

A final note from the Buddhists and myself, boys — it's all about karma. You will get yours. Have a nice day.

*Jenny Walker is photo chief and a bi-weekly columnist. She'd like to thank the young man in Monday's photo class who looked down at his hands and smiled sweetly to himself while the rest of the class vaguely stared at a television screen. It brought her joy to see joy in him.*

### Jenny's Dose



by J.J. Walker

# Editorials

## McKinley doesn't fit Arcata

Arcata citizens are attempting to replace the statue of President William McKinley that has overlooked the Arcata Plaza for almost 100 years because they think that McKinley does not reflect the mentality and activism of the city.

We agree with their efforts.

"The Idol of Ohio" was the first president of the 20th century.

His politics helped to expand the power of the presidency and government in general. He was part of the stranglehold that American businessmen held over their workers in the twilight of the Industrial Revolution. Troops he dispatched killed Americans who sought to unionize for better working conditions and pay.

American imperialism is embodied in the post-Spanish-American War acquisition of Cuba, Puerto Rico and the Philippines during his presidency. Every one of these countries is still in economic and societal turmoil.

He also sent troops to China to put down the Boxer Rebellion in a bloody "police action."

It has been suggested that a statue in remembrance of the plight of the Wiyot Indians should take McKinley's place, and this seems infinitely more appropriate.

Even the suggestion of a public shower for vagrants makes more sense than a statue of a president whose politics clash with Arcata's community-oriented and reform-minded atmosphere.

McKinleyville residents changed the town's original name after McKinley's assassination, so it's a much better place for the statue.

Jack Durham, editor of the McKinleyville Press, said that in the event the statue is removed, he would temporarily keep it on his lawn.

Mr. Durham, you can keep it.

## Summer session needs review

The summer session is a good time to receive close attention from an instructor, but the term is experimental, and there is room for improvement.

Because the summer session is considered a full term, classes don't have limits on them. If there are five students in a class, the class will still be taught. In hands-on classes such as Desktop Publishing, this can be a real benefit.

However, students may not be able to get ahead, even though Charlotte Stokes, vice president of Student Affairs, said the session is designed that way.

There are only 212 classes being offered in 49 majors. The average number of classes offered for each of those majors is only 4.3. Time conflicts add to students' inability to take them all, so many students who are trying to get ahead won't be able.

With so few classes being offered (many of them are electives), there probably aren't enough classes being offered that fit graduation requirements — if any at all.

If this is the case, it isn't worth it for most people to stay in town during the summer.

Living at home with our parents so that we don't have to incur living expenses over the summer, eating that good home cookin' and mom doing laundry far outweigh the benefit of taking one or two classes.

If HSU really wants the summer session to be successful, students need more core classes to choose from — more classes that fit graduation requirements.

HSU is the first CSU on a semester system to offer a "full" summer term, but without the classes its students need, holding the session is futile.

## Statement of policies

- Questions regarding the editorial content of The Lumberjack should be directed to the editor.
- The Lumberjack editorial is written based on the majority opinion of the newspaper's editorial board.
- Guest columns and opinion articles reflect the opinion of the writers, not necessarily those of The Lumberjack or its staff writers. The Lumberjack welcomes submissions for guest columns. Submissions must be typed and less than 600 words.
- Letters to the editor can be mailed, e-mailed or delivered to The Lumberjack, Nelson Hall East 6, Arcata, Calif. 95521; e-mail: thejack@axe.humboldt.edu. Letters must be received by 5 p.m. Friday and must be 200 words or less. Letters and guest columns must include the writer's name, city, phone number, major and year in school if a student. They are subject to editing for grammar, style, content and length.



## Time for energy efficiency

*Republicans seek to despoil wildlife refuge for oil*

As gas prices have jumped into the \$2 per-gallon range in recent weeks, politicians in Washington have begun stumbling over one another to see who can help boost oil production both here and abroad.

On the Democratic side of the aisle, President Clinton and his administration have been badgering the biggest oil-producing nations to increase supply.

Republicans, on the other hand, have been pushing for increased domestic production, even in pristine wilderness areas on Alaska's north slope and along our coastal shorelines.

In early March, Republican Alaska senators Frank Murkowski and Ted Stevens introduced legislation to open the 1.5 million-acre coastal plain of the Arctic National Wildlife Refuge to oil development. The refuge is home to abundant animal and plant life and is a haven for some of the most magnificent natural vistas in North America. Moreover, it plays an integral part in the lives of the Gwich'in people, who depend on migratory caribou and other animals for their survival and cultural identity.

According to the U.S. Fish and Wildlife Service, opening the refuge to oil production would cause a substantial loss of the 129,000 porcupine caribou that now dwell there, and as much as 50 percent of the area's oxen, wolverines and snow geese could vanish forever.

Unfortunately, such impacts from the oil industry are not merely hypothetical.

Oil companies that have intruded upon nearby Prudhoe Bay have already released tens of millions of gallons of waste water into the surrounding tundra, and regional drilling has destroyed thousands of acres of habitat for a diverse array of free-roaming animals.

In his infinite wisdom, Sen. Murkowski declared that opening the refuge to development would be the best way to reduce our dependence on foreign oil and would lead to lower prices at the pump, the Anchorage Daily News reported.

Never mind that the U.S. Department of the Interior estimates that there is only a 21 percent chance of locating an economically recoverable supply of oil deposits there. Even more outlandish is the fact that only six months worth of domestic consumption would ever likely come out of the area, a recent assessment by the U.S. Geological Survey concluded.

Of course, even if significant reserves were made available, they wouldn't go to market for years — rendering such a plan entirely irrelevant to our present circumstances.

Yet Republicans apparently see domestic oil scouting as a potential campaign issue in this fall's presidential and congressional elections. Speaking Sunday on NBC's "Meet the Press," House Majority Whip Tom Delay, R-Texas, said the Clinton administration has "completely devastated our ability to explore and produce more oil in the United States."

One wonders how many dollars our es-

teemed whip received from the oil industry to make him utter such nonsense. As *USA Today* reports, oil from the refuge "would replace just 20 percent of what the U.S. imports and would do little to overcome the long-term decline in U.S. production."

So much for the silver lining from Alaska.

Fortunately, U.S. Energy Secretary Bill Richardson and President Clinton have thus far opposed efforts to open the area. But the cornerstone of their energy strategy is to coerce OPEC countries to put more oil onto the world market.

Sadly, the fundamental problem with our energy economy — namely, an over-reliance on fossil fuels and an obsession with inefficient private vehicles — has been completely lost in the debate.

According to the Colorado-based Rocky Mountain Institute, the United States received more than four times as much new energy from efficiency savings as from all new domestic energy supplies since the 1973 oil embargo. On its Web site ([www.rmi.org](http://www.rmi.org)), it says that Americans achieved this through home weatherization, more efficient cars and millions of other energy-saving measures.

Since transportation vehicles burn nearly two-thirds of all oil, increasing efficiency in this sector is the key to reducing our dependence on fossil fuels. A dozen automakers worldwide have already shown that comfortable, fast cars that are two to four times as efficient as today's models can be produced.

Unfortunately, the Reagan administration rolled back light-vehicle efficiency standards, slashed alternative-energy programs and cut the print run of the government's car-efficiency guide by two-thirds in the 1980s.

These actions, combined with a progressive decline in miles per gallon among U.S.-manufactured automobiles, has made our nation more vulnerable to oil shocks and dependent on imports.

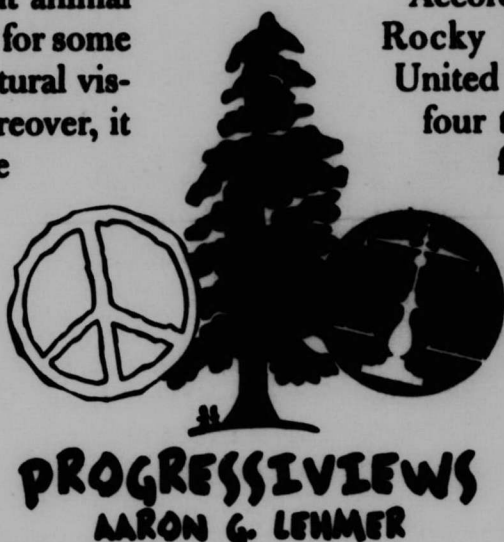
So why aren't our elected leaders prioritizing higher fuel-efficiency standards and research into viable energy sources like solar power and wind? Perhaps because too many of them are bought and paid for by oil-industry executives.

Even so, we have an opportunity to prevent this refuge from exploitation. "The Morris K. Udall Wilderness Act," a bipartisan bill authored by Rep. Bruce Vento, D-Minn., would permanently protect this crown jewel of America's wildlands by designating it as wilderness.

Please call your representative today (Capitol switchboard: 202-224-3121). In Arcata, that's Rep. Mike Thompson. Urge your representative to support this bill and to promote higher fuel-efficiency standards and alternative energy.

Our environment depends on it.

*Aaron G. Lehmer, The Lumberjack's Online editor, is a graduate student in globalization and the environment.*



# Public Opinion

compiled by Jenny Walker

**If the statue of President William McKinley was removed from the Arcata Plaza, what would you like to see instead?**



"Michael Jordan. He's a tribute to the human experience."

**Jeff Soderburg**  
religious studies senior

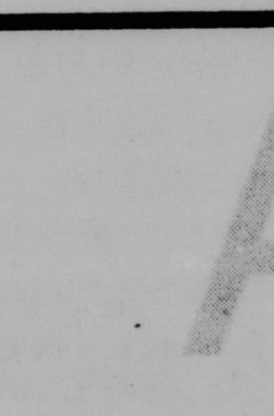
"I want a giant oak tree to climb. I miss climbing trees, and having a place to read a book 30 feet off the ground would be nice."

**Brian Lorensen**  
psychology junior



"Maybe a changing art piece every month or so."

**Simcha Mendle**  
child development freshman



"Tim!!!!!!"

**Tim Ballard**  
social work sophomore



"A covered central meeting place so people wouldn't have to loiter in front of local businesses when it rains."

**Steve Picha**  
liberal studies junior





# 30 Classifieds

WEDNESDAY, MARCH 22, 2000

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Before responding to advertisements requesting money to be sent or giving a credit card number over the phone, you may want to contact the local Better Business Bureau to verify the authenticity of the company. The Lumberjack is not responsible for the validity of any offers advertised.

## ANNOUNCEMENTS

**WORMWOOD:** Regard this as a final warning. Church of the Holy Family still meets Sundays at 11a.m., 1757 J, Arcata. - SCREWTAPE.

**GABRIEL:** Make a joyful noise. Church of the Holy Family meets Sundays at 11a.m., 1757 J, Arcata. - MICHAEL.

**CASINO GAMBLERS:** Learn the real truth why gamblers can never win. Send \$5.00 for the Jaadd Report, PO Box 860065, Shawnee Mission, KS 66286.

Whoever you are, wherever you are on your Spiritual Journey, you are welcome to Living Enrichment Circles. Share an hour or two weekly with supportive friends in discussion, affirmation, prayer and meditation. Call Dwight 822-9869 or djw1@humboldt1.com. More info see <http://www.lecworld.org>

## FOR RENT

Looking for a place to live? [www.humboldthousing.com](http://www.humboldthousing.com)...Your move off campus! Search for apartments. Free roommate sublet listings.

Available APRIL 1: Room for rent in a 2-bedroom duplex in McKinleyville. \$270/mo., \$400 deposit, water/garbage paid. To share with student and one cat. 839-4142.

**ARCATA TOWNHOMES:** Applications are now being taken for one, two and three bedroom units that will become available June 1, 2000. Walk to HSU. Range, ref., micro. and dishwashers. Garages and two full baths with all two and three bedroom units. Coin operated laundry on site. One mature cat OK with increased security deposit. References, deposit and one-year lease required. For more information please call 707-822-3322 or e-mail [elcock@northcoast.com](mailto:elcock@northcoast.com).

## FOR SALE

**USED** wetsuits, surfboards, skateboards. Buy and sell. North Coast Sports. 418 3rd St., Eureka. 442-6044. Since 1973.

**RUMMAGE SALE:** Sun., March 26, 9 a.m. - 2 p.m. to benefit the HSU Geographic Society and Model Arab League. 145 12th St., East Arcata.

**COMPUTER:** Intel 400MHz, free Internet with purchase, word processor, Win98 ready. \$450 (computer repairs/upgrades available). 442-7803.

**GREAT DEAL!** 1997 GMC Sonoma pickup, low miles, gold seal warranty, \$7,900. Call Jason at 677-3036.

## HELP WANTED

**CAREER OPPORTUNITIES:** Farmers Insurance has agency openings in the Eureka, Crescent City areas. Degree preferred. Will train. Call Kerry at 263-9603.

**FRATERNITIES, SORORITIES, CLUBS, STUDENT GROUPS:** Student organizations earn \$1,000-\$2,000 with the easy campusfundraiser.com three hour fundraising event. No sales required. Fundraising dates are filling quickly, so call today! Contact [campusfundraiser.com](http://campusfundraiser.com), (888) 923-3238 or visit [www.campusfundraiser.com](http://www.campusfundraiser.com)

**YMCA CAMPTULEQUOTA** has summer openings for counselors, life-guards, program specialists and maintenance personnel on Sequoia Lake near Kings Canyon National Park. On-campus interviews, Thurs. 3/30 and Fri. 3/31. For more information, call the HSU Career Center at 826-4175 or contact the Visalia YMCA at 559-627-0700.

**FEMALES WANTED** for nude modeling. \$100/hour for three hour studio session. No experience required. See [www.webadult.com](http://www.webadult.com) for complete details or e-mail [modeling@webadult.com](mailto:modeling@webadult.com)

**RECEPTIONIST/SECRETARIAL POSITION:** \$6.30-6.95/hour beginning Fall 2000 (approximately 20 hours/week). Training period during Spring 2000 (4-8 hours/week). Serves as receptionist for Associated Students offices and takes minutes for Associated Students Council meetings. Submit cover letter and resume to A.S. Business Office by Wednesday, April 5. For more information, contact Valerie Andres, A.S. Office Coordinator, 826-3771.

## NOTICE

**HELP US REDUCE WASTE!** If you are receiving a The Lumberjack Newspaper in the mail and would like "not" to, please call Pam at 826-3259.

## OPPORTUNITIES

**SUMMER CAMP JOBS!** Roughing It Day Camp. Traditional outdoors children's camp in SF East Bay. Hiring full season: Group Counselors; Instructors: horsebackride/waterfront/swim/sports/crafts/rockclimb/mtn. bike/ Refs/ Exper. 925-283-3795. Email [jobs@roughingit.com](mailto:jobs@roughingit.com)

*"Reality is being canceled due to lack of interest."* - Bill Schmitt

## Informational



## Meeting

March 29, 2000  
Humboldt Co. Office of Education  
901 Myrtle Ave. Eureka  
(Burre Center)  
7:30 - 9:00 p.m.  
<http://www.tidepool.com/~afs>  
Or Call 822-5522

## PERSONALS

All ads of a personal nature must be placed at The Lumberjack's advertising office, located in Nelson East. Advertisers must present proper ID when placing ads of a personal nature. No ads of a personal nature will be accepted through the mail. No telephone numbers, addresses or last names can be used in ads of a personal nature.

## SERVICES

**TYPING SERVICES** - Fast, accurate, reasonable rates. Extensive experience with university-related documents. Contact Patty Lindley, (h) 442-6642.

Attention  
**WORK FROM HOME**  
\$500-\$5000+/MO PT/FT  
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Placing an ad in The Lumberjack classifieds: less than a double-nonfat soy latte and scone.

Finding a loving home for your 1946 molded plywood chair: priceless.



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\$3 for 25 words  
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**TIN CAN MAILMAN** buys books, including textbooks, daily from 10-6. Cash or trade credit - your choice. Corner of 10th & H. Friendly staff, wonderful books. Since 1972. 822-1307.

*"The learned fool writes his nonsense in better language than the unlearned; but it is still nonsense."* - Ben Franklin

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WEDNESDAY, MARCH 22, 2000

# Calendar <sup>31</sup>

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## This Week

**22**  
Wednesday

### Workshop

"The Transgender Revolution," a free video screening and discussion of transgender issues, will be held at 6 p.m. in FH 163.

### Music

Center Arts presents "Les Ballets Trockadero de Monte Carlo" at 8 p.m. in the Van Duzer Theatre. Tickets are \$22 general, \$17 for students. Call 826-3928.

**23**  
Thursday

### Meeting

Mothers Against Drunk Driving is having a general meeting at 6 p.m. at the Red Lion Inn in Eureka. Guest speaker will be Special Agent John Proveaux. Call 443-5072.

### Workshop

CCAT is having a "Genetically Modified Organisms" workshop at 3 p.m. regarding genetic engineering in the food supply.

### Speaker

Author Thomas M. Bonnicksen will speak about America's ancient forests at 7 p.m. in NR 101.

**24**  
Friday

### Blood Mobile

The Northern California Community Blood Bank will be on the UC Quad at HSU from 10 a.m. to 2 p.m.

**25**  
Saturday

### Event

The Humboldt County Historical Society features Wiyot artist and basket maker Leona Wilkinson and Cheryl Seidner, tribal chair of the Table Bluff Reservation. The free presentation starts at 2:30 p.m. at the Humboldt County Library in Eureka.

### Music

The Humboldt Bay Coffee Company, 211 F St. in Old Town Eureka, is having a free show featuring musician Adam Beverly from 7 to 10 p.m.

### Music

The HSU Music Faculty Artist Series continues with a concert by pianist John Milbauer at 8 p.m. in the Fulkerson Recital Hall. Tickets are \$6 general and \$2 for students and seniors. Call 826-3928.

### Music

A concert with music by All in the Family, Resistance, Paris, and Christian and Sean will be held in Veterans Hall, 14th and J streets in Arcata. Tickets are \$5 to \$10.

**26**  
Sunday

### Event

The HSU Geography Society and Model Arab League is having a rummage sale at 145 12th St. in Arcata from 9 a.m. to 2 p.m.

### Benefit

The Humboldt Arts Council presents the third annual Academy Awards Gala. The benefit starts at 5 p.m. in the historic Carnegie Building in the Morris Graves Museum of Art in Eureka. Tickets are \$10 in advance and \$12 at the door. Call 442-0278.

### Music

Center Arts presents Cubanismo! at 8 p.m. in the Van Duzer Theatre. Tickets are \$22 general and \$17 for students and seniors. Call 826-3928.

### Art

Expressive art classes will begin Sunday and will continue until April 7. The six-week series uses movement, sound, art and meditation as tools for health and transformation. Call 826-1823 to register.

### Conference

WINS will hold a discussion "Perspectives for fulfillment and success in your field" in the KBR from 9:30 a.m. to 2 p.m. Connie Stewart, mayor of Arcata, and others will speak at the three panels.

**27**  
Monday

### Music

Center Arts presents The Big Wu at 8 p.m. in The Depot. Doors open at 7 p.m. Admission is free.

**28**  
Tuesday

### Film

The free showing of "PickAxe" is at 7 p.m. in Science Building B 133.

## Ongoing

### Theater

Plays-In-Progress presents its first new play of the millennium, "Texaco Star." The show is Friday and Saturday at 8 p.m. at the World Premiere Theatre in Eureka.

### Poetry

The Fortuna Garden Club presents its 25th annual daffodil show on Saturday from 1 to 5 p.m. and Sunday from noon to 4 p.m. at the Fortuna River Lodge. Admission is free.

### Fair

The Spring 2000 Tech Fair is offering 12 technology-related workshops on Tuesday, March 29 and March 30 from 11 a.m. to 6:30 p.m. in the KBR and various computer labs.

### Film

A weekend of Spanish films with English subtitles will be shown tomorrow, Friday and Saturday from 6 to 10 p.m. at the Arcata Minor Theatre. Each film is \$6.50 general and \$4 for students and seniors. Call 826-3731 to inquire about receiving college credit for attending.

### Meeting

The Bicycle Learning Center meets every Wednesday from 5 to 6 p.m. in NHE 115.

### Event

The Rhododendron Retreat Center will hold classes in relaxation and meditation techniques the first Saturday of each month at the Samoa Women's Club from 9:30 to 11:30 a.m. Donations are welcome. Call 268-1388.

### Meeting

Nicotine Anonymous meets on Thursdays from noon to 1 p.m. in NHE 118.

## Clubs

### Campus Greens

Meets Thursdays at 5 p.m. in NHE 119.

### Asian Student Alliance

Meets Wednesdays from 5 to 6 p.m. in TA 114. Come meet Asian students and learn about Asian culture.

### Golden Years

Meets Wednesdays at 7 p.m. on the main floor of the YES House.

### Preview

The Lumberjack is planning a special "Humboldt Preview 2000" issue to be published on April 5. If interested in advertising, call 826-3259 before March 31.

Send event listings to Heather Harle c/o The Lumberjack. Deadline for submissions is 4 p.m. the Friday before desired publication. Publication cannot be guaranteed.

### Café Mokka

Saturday — Kefi, 8:30 p.m., free

### Muddy Waters

Thursday — Ethan Davidson, 8 p.m., free  
Friday — Hearth, 8 p.m., free  
Saturday — Something Different, 8 p.m., free  
Sunday — Pat and Tami, 10:30 a.m., free  
Havilah, 8 p.m., free

### Sacred Grounds

Thursday — Open m.c., 8-11 p.m., free  
Friday — Mr. Lunch, 8-11 p.m., free  
Saturday — Primal Drone Society, 8-11 p.m., free  
Sunday — Howdy Emerson, 2-4 p.m., free

### Six Rivers Brewery

Wednesday — Downstroke, \$5  
Thursday — LazyBones and Mudd Puddle, \$2  
Friday — All in the Family, \$2  
Saturday — DJ Keon, \$3

### Club West

Friday — Liquid DJ, 9 p.m., \$10  
Saturday — Redwood Coast Dixieland Jazz Festival, 9 p.m., \$10  
Sunday — Club Triangle, 9 p.m., \$10

### Café Tomo

Wednesday — The Young Dubliners, 9 p.m., \$10  
Thursday — Bay to Bay Hip-Hop, 10 p.m., \$10  
Friday — Groove Juice Special and Dr. Jive Slice, 9 p.m., \$4  
Saturday — Cool Water Canyon with DJ Red at 11:30 p.m., \$3





# REPRESENT!!!

Represent

## Election packets now available!!!

### Associated Students:

Funds programs like MCC and CRP

Fights for student rights

Expresses the student opinion



Deadline to turn packets in is April 18th!

Elections held Tuesday, April 18th through Thursday, April 20th.

For more info, e-mail [aspr@humboldt.edu](mailto:aspr@humboldt.edu) or call 826-2228



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