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Humboldt State University
Arcata, Calif. Vol. 83 No. 14

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see Science page 17

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Wednesday, December 11, 2002

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The Lumberjack

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wins Battle
of the Bands.
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PHOTO BY
JAMES MORGAN

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In The Jack 50 years ago

It was reported that Cecil B. De Mille agreed to judge the Semper-virens Sweetheart contest of 1953.

The famous Hollywood director who presented such movies as "The Greatest Show on Earth," and "Sunset Boulevard," chose between 13 HSU lady students contesting to be recognized as the queen of HSU.

Pre-nursing freshman Barbara Anderson was chosen as HSU's sweetheart.

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Theft in residence halls is on the rise

UPD advises students to take all precaution when protecting items

by Ivonne Castillo

LUMBERJACK STAFF

There have been increasing reports of theft in the residence halls in the past months.

A student, who leaves his or her door open when leaving their room, even if it is for a few minutes, can get anything from a disc man to a laptop stolen from their room.

Last month alone there were five laptops stolen from different residence halls. There were also two cell phones and other valuables stolen.

It is typical of theft reports during these months but this year that there have been a significant amount in only the first two weeks of November, Officer Robert Schmeltzer of UPD said.

Last year, in November there were only eight thefts reported from all the residence halls and parking lots. This November there were a total of 21 theft reports, most of which were not forced entries.

Schmeltzer said that it is frustrating because no prints

can be attained since there is really nothing that is touched when the thief makes his or her move. Since the door is already open, thieves only need to go in and get what they see.

Schmeltzer recommends that students lock their doors at all times. He also said there are more thefts anticipated because this is when students begin to run out of money and their stress levels are running high because of upcoming finals.

"There are signs put up around the dorms warning students about the thefts and it seems that doesn't even help students lock their doors," Schmeltzer said.

It is also recommended not to let other students or strangers into the dorms because sometimes these people are parolees and are only looking to see where they can get in.

UPD has increased their patrolling around the residence halls to try to prevent further theft. Police hope that by patrolling more, someone will see something and report it, so an arrest can be made.

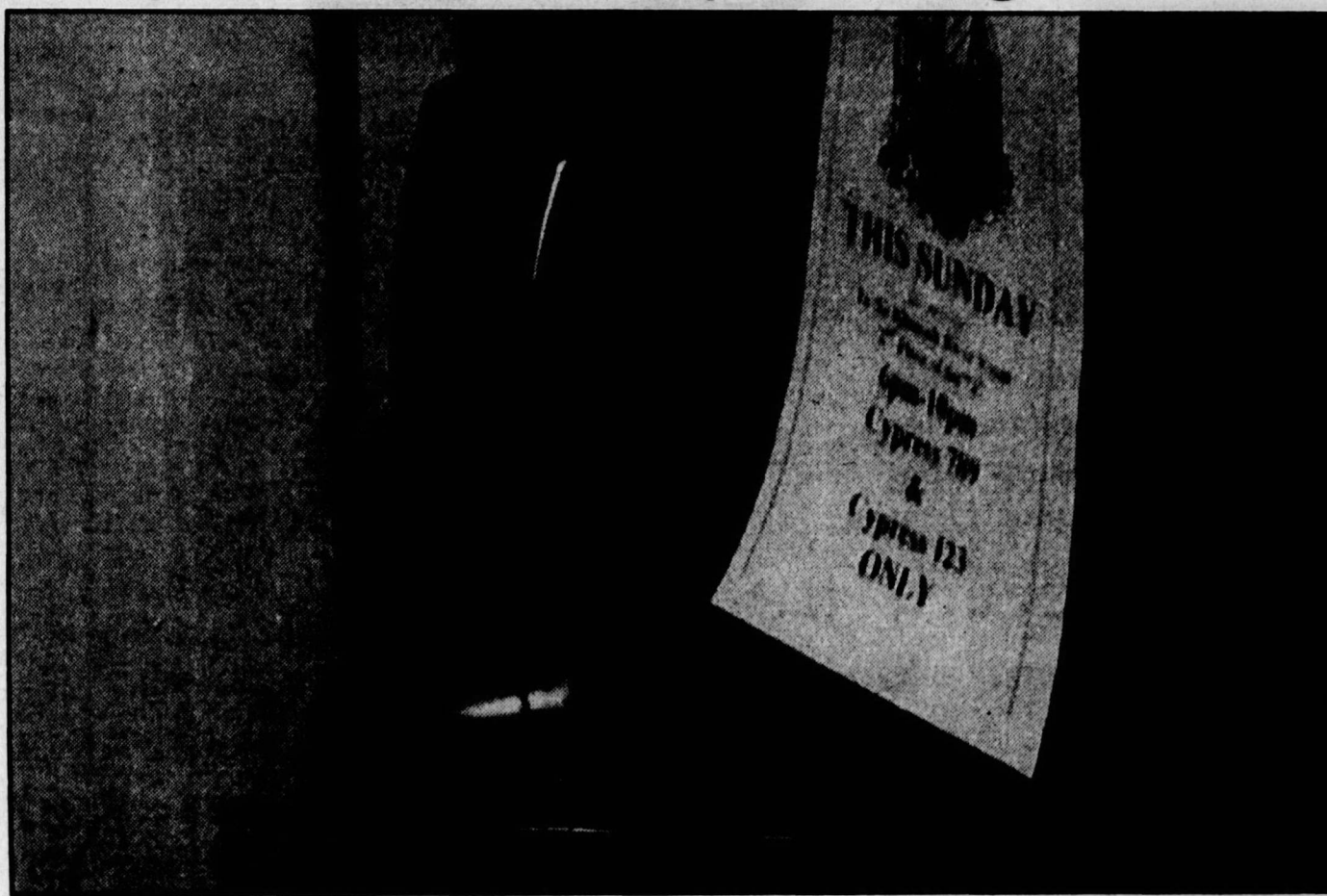


PHOTO BY CHRISTOPHER COOK

New security locks were installed in the residence halls at the beginning of the semester.

There are rumors and some leads but no arrests have been made.

"I don't leave my door open anymore when I go to the bathroom because there was a laptop stolen from our floor in

Tan Oak," Maria Carbajal, liberal studies sophomore, said. "I wasn't aware of the robberies until I read about them in the newspaper. There are no signs up except one on the first floor that tells students not to

let people in without their proper identification card."

There are more security measures this year than previous years, said John Capaccio

See Theft, page 11



PHOTO BY NATHAN RUSHTON

Jerry Reynolds started working in newsrooms in 1957 and began teaching at HSU in 1985.

HSU professor says goodbye

After more than 40 years in the newsroom

Jerry Reynolds decides it's time to move on

by Christine Bensen

LUMBERJACK STAFF

At the end of this semester Jerry Reynolds, adviser to *The Lumberjack* will pass the torch to the department of journalism and mass communications' newest professor Mary Hill.

"I have been in the newsroom since 1957," Reynolds said to the staff of *The Lumberjack*, "soon that all ends for me because it's time."

During Reynolds final critique of *The Jack* he stressed to the staff the importance of responsible reporting. He said in this day-and-age the job of a journalist is more important than it has ever been.

"We're lucky to have Jer-

ry. I think, no, I know he'll be missed," said Howard Seemann, former *Lumberjack* adviser and HSU journalism professor.

Seemann said one of the essential things Reynolds brought to *The Jack* was a strong computer background.

"I know we'll get the journalism background but I worry about the technological aspect," he said.

Reynolds started teaching at HSU in 1985 and became *The Lumberjack* adviser 13 years later, in 1998.

"Jerry was a very hands off kind of teacher," said James Tressler, former *Lumberjack* editor. "He left you alone and let you make your own mistakes. However, he was al-

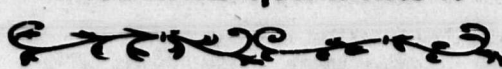
ways there for advice."

The Lumberjack is a two-unit class and after four units students no longer receive credit toward their major. However, many students stay on *The Jack* for more than two semesters.

Tressler who has worked as the government and political reporter at *The Times-Standard* for the last two years said he chose to stay on *The Lumberjack* for two years because of the valuable experience he gained. He said his experience on *The Lumberjack* helped him land his current job.

"Jerry's a treasure of knowledge and experience," Tressler said. "He worked in news-

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After one year, no arrest made

Police say they have a suspect
but lack evidence for an arrest

by Trea Jennings

LUMBERJACK STAFF

More than a year after HSU student Cory Clark was shot and killed in Eureka, police still have not managed to make an arrest.

Detective Dave Parris of the Eureka Police Department said the case was brought to the District Attorney because investigators believe they know what happened to Clark, but there was not enough supporting evidence to make an arrest.

Last April the Eureka Police Department issued a warrant for the arrest of Katie Wantz, 21, of Eureka, the last person to see Clark.

Wantz has been missing since shortly after the murder and the department fears foul play. Parris said she is not believed to be the shooter, but the department suspects her involvement.

Wantz called 911 after allegedly dropping Clark off at the apartment on K Street in Eureka where he was shot in the head. He later died at a local hospital.

"One of my sole ambitions before I retire is to solve this case," Parris said.

There is still a \$4,000 reward for any information about what happened to Cory Clark, Parris said. Anyone with information can call Parris anonymously at 441-4307.

The Eureka Police Department put up a \$2,000 reward shortly after the murder and HSU matched that figure.

Steven Butler, vice president of student affairs, said the university is still honoring the reward and hopes it will help solve the case.

He said the Eureka Police Department led the University to believe the case was nearly solved. He said it has been over a year now and the more time goes by the less likely someone will step forward with information.

Many students at HSU mourn Clark's absence and

"One of my sole ambitions before I retire is to solve this case."

Detective Dave Parris
EUREKA POLICE DEPARTMENT

make it part of their daily life to keep his spirit alive and urge the community to remember what happened.

"I think about him every single day," said Michael "Tech" Williams, a sociology graduate student who said he became very close to Clark several months before he was killed.

"We don't want people to forget about what happened," he said.

Clark's friends are frustrated because the Eureka Police Department claims to know who murdered Clark but are unable to make any arrests.

Williams said a year ago he was very optimistic and hopeful that the case would be solved but as time goes on he is getting more and more frustrated and is losing faith in the justice system.

Williams and several others have started the Cory Clark Coalition as a way to honor Clark. He said the group hopes to become an official club at HSU and hold their first meeting on Dec. 7.

Williams said the most important part of the club is to remember Clark. The group is also very concerned about finding out who killed their friend.

"It's so frustrating playing the waiting game. We're just waiting for someone to snitch on someone," Williams said.

"We don't want this to be swept under the rug. Someone got away with cold-blooded murder and they are just walking around the streets. It's like nothing ever happened. We want this case solved," he said.

Aspiring teachers discuss education

Future educators club promotes educational issues

by Laura Tankersley

LUMBERJACK STAFF

While most students at HSU are trying to finish school, there are some that are working to stay in school as long as possible — and those are the students of the education program at HSU.

Two students in particular, LSEE senior Julie Van Sickle and HSU graduate Doug Knett, devoted to the education program, wanted to promote communication within the education program through the creation of a student-run group.

Thus, in the spring of 2001, Van Sickle and Knett formed the Future Educators club.

After spending its first semester gathering members, the club has grown to include about 350 people, Van Sickle said.

The club mainly consists of students in the elementary, secondary and special education programs, but Van Sickle said the club is open to anyone interested in education.

Van Sickle, who co-chairs the club with Jennifer Bell, said there are three main objectives of the Future Educators club: promoting communication in the education program, gaining information about education and surrounding issues and providing a chance for students to get to know others with similar interests in

education.

"A strength of the club is having the chance for everyone to talk about issues, share their experiences and problem solving," Van Sickle said.

Van Sickle said she would like to see

attendance at club meetings improved.

To promote its meetings, two public relations officers serve on the Future Educators club executive board. Liberal studies/elementary education seniors Marissa Hotchkiss and Alyssa Cooper fill this position.

Hotchkiss said that through making posters, hanging up flyers and having a big mouth, she and Cooper are able to attract at least 15 new people to each of the club's monthly meetings.

Hotchkiss decided to join the club this semester after hearing her classmate — club co-founder Knett — discuss the club's objectives in one of her courses.

"I wanted to get involved in the decisions being made in education and in our program," Hotchkiss said.

Hotchkiss said the club receives a great deal of support from other people in the program.

"It's a good group to be around," she said. She said the club is a way for her to discuss

see Future, page 9



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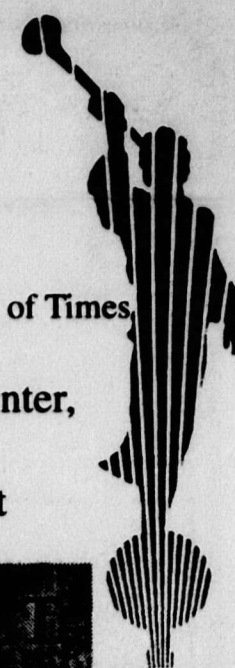
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REFUND INFORMATION

There are three deadlines you need to know:

1. To obtain a 100% refund of registration fees and/or nonresident tuition, less a \$27.00 administrative charge, you must withdraw from all units *before instruction begins* (by January 20, 2003 for spring term 2003).

2. To obtain a pro-rated refund of registration fees and/or nonresident tuition, less a \$27.00 administrative charge, you must withdraw from all units prior to the 60% point in the academic period (by April 3, 2003 for spring term 2003).

*****There will be NO GRACE PERIOD for a full refund once classes begin.**

3. To drop to a lower level of registration fees and/or nonresidential tuition and receive a refund, less a \$27.00 administrative charge, you must drop the units or adjust your schedule by the end of the campus designated drop period, which is Monday, February 17, 2003.

IMPORTANT! Students may owe additional registration fees and/or nonresident tuition if schedule adjustments are made after February 17, 2003. To avoid additional fees, you should make all adjustments to your schedule during the campus designated drop period.

NOTES:

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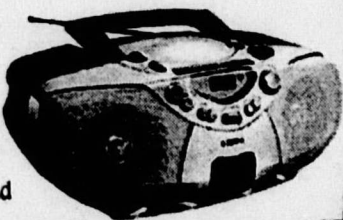
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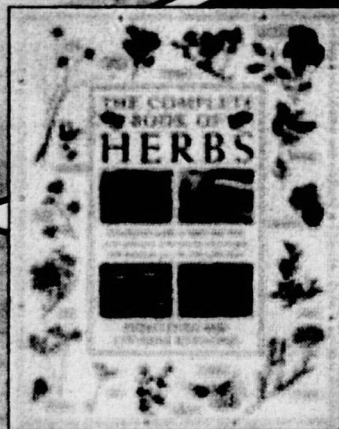
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Student hopes to raise funds to help terror victims in Israel

Liberal studies senior will have to raise about \$2,500

by Hazel Lodevico

CAMPUS EDITOR

Amid constant media reports of acts of terrorism in the Middle East, one HSU student is determined to make a difference.

Liberal studies senior Robert Galambos is pursuing a mission to Israel, where he hopes to perform humanitarian work for those affected by violence in the Middle East.

"I believe in action, not talk," Galambos said, "During these difficult times, Israel needs encouragement, love and support. I believe this was my time to give what I could."

Galambos will be working with the nonprofit organization Livnot, volunteering his time on work such as repairs and renovations to apartments of terror victims, community centers and homes of the handicapped and families in distress.

Other projects include repairing and distributing medical equipment, assisting at First Aid stations, providing day care for senior citizens and working with children who have special needs.

Galambos will be working in Jerusalem, which is con-

sidered the heart of the Holy Land to the Jewish people; and where reports of terrorist violence has consistently occurred.

Galambos acknowledges the danger involved, however he is not concerned about the risk.

"Both of my parents were Holocaust survivors," Galambos said. "I have relatives who have perished along with millions of others in gas chambers. The fact that I'm here today makes me believe in giving back to others."

Galambos said that his Jewish heritage heightens his interest in helping the Israeli people.

"This is my mission, my mitzvah," Galambos said.

Galambos said he hopes to leave for Israel around Christmas and return before the spring semester begins in January.

"When I come back, I want to share what I have experienced," Galambos said. "People need to be aware that there is a great need for support in Israel."

Galambos said several of his friends and family have expressed concern for his safety, however he said they remain supportive.

"I believe in action, not talk. During these difficult times, Israel needs encouragement, love and support. I believe this was my time to give what I could."

Robert Galambos

LIBERAL STUDIES SENIOR

"Robert has a big heart," said extended education student Reuven Moore.

Moore said he traveled to Israel five years ago when the tension of thousands of years of conflict was evident.

"The Israel of today has very much changed since then," Moore said. "We need someone like Robert to go to Israel and be that glimmer of hope during this difficult time. May the angels be with him."

Although Galambos has the determination to go to Israel, he currently lacks the sufficient funds to do so.

Galambos is solely responsible for securing funds totaling \$2,500, which include his airfare, food and shelter.

"Livnot fully funds any volunteer under the age of 25," Galambos said, "Unfortunately for me, I'm over 25."

Although he has received some financial support from

family and friends, Galambos said he still needs a considerable amount.

On Dec. 7, Galambos and several friends put on a fundraiser concert in the Kate Buchanan Room to help fund his trip.

Bands including Galambos' own percussion band performed at the concert, as well as Shoshana and the Lailaa Chandani Dance Ensemble.

Those who attended were asked to give a suggested donation of \$10.

"Not as much people attended as expected," Galambos said. "Right now I would truly appreciate any funds people can donate."

Those who wish to support Galambos may send checks or money orders payable to Robert Galambos, P.O. Box 4576, Arcata, Calif. 95518.

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Reynolds

• Continued from page 3



"Ask the Pastor"

This column is paid for by "Ask the Pastor," a ministry of Arcata First Baptist Church. Please direct comments and questions you'd like this column to address to AskthePastor2@aol.com.

Dr. Clay Ford, Pastor

Question: "How could a God of love send people to an eternal punishment in hell?"

Answer: Many people react angrily at the apparent contradiction between a loving, just God who could send people that didn't agree with Him or want to serve Him to a place of everlasting anguish or torment. It's not a pleasant thought, to be sure, but there are some truths about God and ourselves that can at least help us understand these things better.

- 1 God is love.** He loves every person on this planet (John 3:16). He doesn't want anyone to perish, but desires that every person be saved and come to know Him and His truth. (1 Timothy 2:4).
- 2 God is personal, relational.** We are made in His image, created to be in a love relationship with Him that fulfills, satisfies, fills us with peace, joy, and love. *Sin* has ruptured that relationship with God, but God in His mercy has sent His own Son to take the responsibility and guilt for our sins. By trusting in Christ, we can be brought back into the love relationship with God.
- 3 Heaven and Hell need to be seen primarily in Relational terms.** Heaven is an eternal conscious existence *in the presence of God*, the Being who fills our lives with all that is good – love, joy, peace, meaning, truth. Hell is an eternal conscious existence *apart from God*. The biblical descriptions of hell (lake of fire, outer darkness, weeping and gnashing of teeth) are figurative ways to tell us that eternal separation from God is something horrible. The biblical descriptions of heaven (streets of gold, gates of pearl, no more sorrow or suffering or tears, seeing God face to face) are figurative ways to let us know that eternal life in the presence of God is wonderful, priceless.
- 4 God gave us a free will, and He respects our freedom to accept Him or reject Him.** I have yet to meet a person who would like to give up their freedom to choose. Free will is a precious gift. Of course, however, we can use our freedom in ways that are destructive and have negative consequences, for others as well as ourselves. Like it or not, life has a built-in system of accountability for our actions. We can use our free will to neglect our studies, but the consequence is likely to be failing grades. We can choose to participate in sexual immorality, but possible consequences include herpes, aids, hurting somebody, an unwelcome pregnancy, a guilty conscience. Similarly, we can choose to live our lives apart from God, but we are accountable for that choice and will bear the consequences of it.
- 5 YOU determine whether you will spend eternity with God or apart from Him.** "This is the judgment! Light has come into the world, but men loved darkness instead of light because their deeds were evil" (John 3:19). You and I choose our own eternal destinies. Do I want God in my life, or do I want to be my own god? Will I respond to Christ's love and sacrifice for me, or will I reject Him and choose instead to face God in my sinfulness? Will I choose to follow God's truth as it is revealed to me, or will I turn my back on the truth and pay the consequences? Will I turn from those things that God says are wicked, or will I tell God to "shove it", and lustfully gratify my sinful desires? God respects our freedom to choose, to the point that He does not interfere with the consequences of our choices. If by our desires, decisions, and actions we make it clear that we despise God and want no part of Him, He is not about to coerce us into His presence forever.
- 6 God is fair.** No one will walk away from God's judgment and say that God is unfair. What about innocent children who die? They will be in heaven. What about those who never heard or had a chance? A number of biblical passages indicate that judgment will be based on the amount of light or revelation of God's truth a person had, and what they did with it. There are hundreds of "what if" and "what about" questions one could ask. But the bottom line is, "Is God fair?" And the answer is YES. God is loving and He is just, and we can trust Him to do the right thing in every circumstance and for every person.
- 7 You need to make a decision.** It really comes down to this: You and I need to decide for or against Jesus Christ. God in His love invites us into His open arms. He has a purpose and plan for our lives that is wonderful. But we need to make the choice: "Yes, I want You, God. I thank You for loving me, for sending Your Son to die for me. I receive Jesus Christ by faith. Please come into my life, forgive my sins, and fill me with your Holy Spirit. Help me to live for You. Thank You, God. Amen."

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rooms for 40 years, he spoke from experience."

Leann Whitten, former *Lumberjack* managing editor said, "Jerry quietly steers students the right way. He wasn't in the job because he wanted to produce a great student newspaper. I think he wanted to groom independent, innovative journalists who love the business as much as he does."

Whitten graduated from HSU in May and was hired as a full-time reporter for The Humboldt Beacon two weeks later. She worked on *The Lumberjack* for two and a half years with jobs including reporting and editing a section.

"My experience at *The Lumberjack* educated me in the newspaper business. I wouldn't have the job I have today without it. I wouldn't trade my experience for anything," Whitten said.

Although Reynolds retires as *Lumberjack* adviser at the end of the semester he does not retire from HSU until after spring 2003. Reynolds said he will be around to help Hill get adjusted.

Hill, who began teaching at HSU at the beginning of the semester, came to HSU after working for The Wave as well as writing articles for a variety of acclaimed newspapers including the Des Moines Register and the Chicago Tribune.

Hill, who will begin advising a student newspaper for the first time at the beginning of next semester said, "It's my assignment and I'll do it."

Hill also said she has no real specific plans to change *The Lumberjack*.

As Reynolds retirement draws closer his students as well as colleagues are sad to see him go.

"Jerry has a great gift of being able to share his professional experience to help students feel good about their good efforts as well as their mistakes," said HSU journalism professor Mark Larson.

Larson said Jerry is someone who was always willing to take on a new schedule without complaint.

"I've learned a lot about teaching as well as life from Jerry and I'm really gonna miss him," Larson said.



PHOTO BY JULIE VAN SICKLE

Future educators club discuss issues within the education program while at the same time bond during weekend trips.

Future: Club promotes communication in program

• continued from page 5

and seek advice about particular courses and projects from club members, who are also her fellow classmates.

Elementary education credential student Jen White said another function of the club is to work in the community. Last year the club held a bike safety program at a Eureka school. The program included an obstacle course, a visit from the Eureka Police Department, a carnival and a bike repair shop.

Van Sickle said the program is important because of the number of fatal bicycle accidents that have occurred in Eureka in the past few years. She said the club hopes to hold the program again in the spring.

To pay for events such as these, the club consistently fund raises. One of its main sources of funding is a snack table in Harry Griffith Hall every Monday and Tuesday from 7:30 a.m. to noon. White said the snack table brings in about 40 to 50 dollars a day, excluding expenses.

In addition to the snack

"A strength of the club is having the chance for everyone to talk about issues, share their experiences and problem solving."

Julie Van Sickle

FUTURE EDUCATORS CO-CHAI

table, the club sells crafts and food on the U.C. Quad whenever Associated Students sponsors activities such as last Friday's crafts fair.

The money raised by the students goes towards putting on the community events, as well as an annual weekend trip.

White said the weekend trip gives the club members a way to gain unity and get better acquainted which one another. She said the club consists of a group of friends, with allows them to work well together.

In addition to the weekend trip, a \$200 scholarship is given with money from fund-raising. The scholarship is given each year to a student who attends Future Educators club meetings, along with the completion of an application and an

essay about education.

Van Sickle said the club is currently working on planning and sponsoring the North Coast Education Summit in February, as well as a teacher's panel where local teachers will come talk about their experience and answer students' questions.

Van Sickle said in the spring the club will focus on recruiting and training new executive board members since five of the nine current members are graduating.

She said the monthly meeting dates, usually held on the last Wednesday of the month, may change in the spring. For more information, E-mail fe_hsu@hotmail.com.

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Diversity Conference set for March

The MultiCultural Center will be sponsoring its 9th annual Diversity Conference with two days of dialogue about cultural issues on March 7 and 8.

The conference will include workshops, panels and a keynote speaker.

Students can register for the conference as a one-unit course under ethnic studies, leadership studies or women's studies.

For more information, call the MCC at 826-3364.

Make holiday gifts with CCAT

Learn how to create home-made herbal gifts at a workshop sponsored by the Campus Center for Appropriate Technology.

The workshop will be held Friday from 1 to 3 p.m. at CCAT, located at Buck house behind the forestry building.

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ment and seeks to demonstrate that living lightly upon Earth is neither difficult nor burdensome.

For more information, call CCAT at 826-3551 or e-mail ccat@humboldt.edu.

Student exhibition at art gallery

The artwork of HSU art students, handpicked by art faculty is on display at the annual student holiday exhibition at the First Street Gallery.

The diverse styles and genres of more than 60 students are in this year's exhibit, which runs through Dec. 22.

The gallery is located at 422 First Street in Old Town, Eureka, and is open Tuesday through Sunday from noon

to 5 p.m.

For details, call 443-6363.

Free food served during finals

Come to The Depot for a free late-night breakfast sponsored by Student Affairs and the University Center.

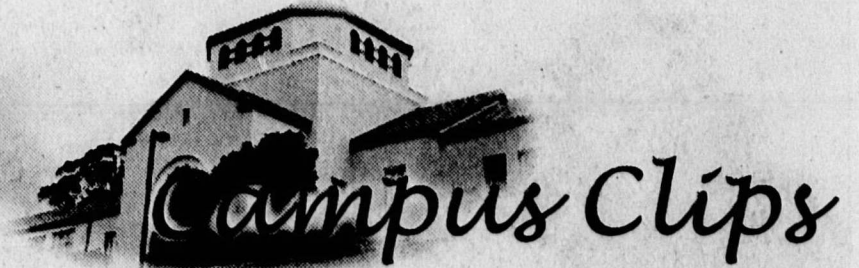
Breakfast will be served from 8 to 10 p.m.

All HSU students are welcome.

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For more information, call the Career Center at 826-3341.

-compiled by Laura Tankersley



E-vals

online

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Theft

•Continued from page 3

"This is my first year here and I can't believe I have to worry about these things."

David Lopez

UNDECLARED FRESHMAN

director of housing. New electronic door locks that not only require an identification card but a password as well were installed at the beginning of the semester.

"The living group advisers are appointed to nightly rounds to make sure everything is fine around the living complexes. There was also bulk mail sent to all students living in the resident halls notifying them of the thefts that had been taking place," said Capaccio.

The thefts in November were thought to be by one individual since there was a pattern in electronic disappearances. So far, there have not been any reports of such activity this month.

Capaccio also recommends that students lock their doors.

The dorms may be home to some students, but you cannot always trust everyone, said Capaccio.

"This is my first year here and I can't believe I have to worry about these things," David Lopez, undeclared freshman, said. "I came from a big city looking to find some peace of mind, not this nonsense. I think that UPD is trying to do their job but they can't be everywhere at the same time. They should patrol on foot like the LGA's do it, or even undercover and maybe they'll get better results," Lopez said.

Schmeltzer said that this is the time when backpacks are stolen from the library and other places. The book buy back is coming soon and students are looking for that extra money they may get. He suggests for students to be careful with their backpacks and not leave them lying around while they take a break from studying.

Students are highly encouraged to report any suspicious activities around the residence halls to the University Police Department at 826-3456.



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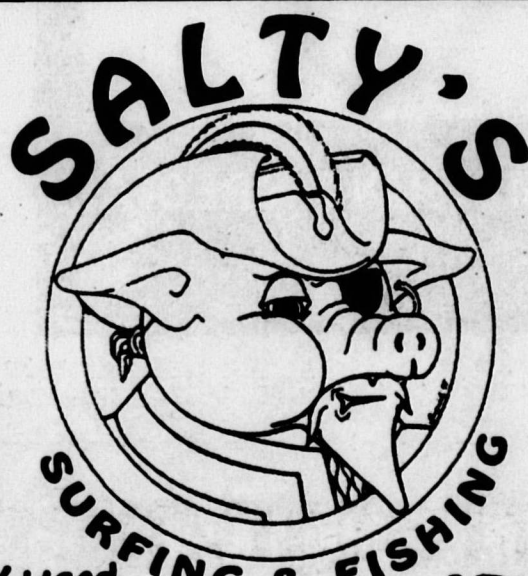
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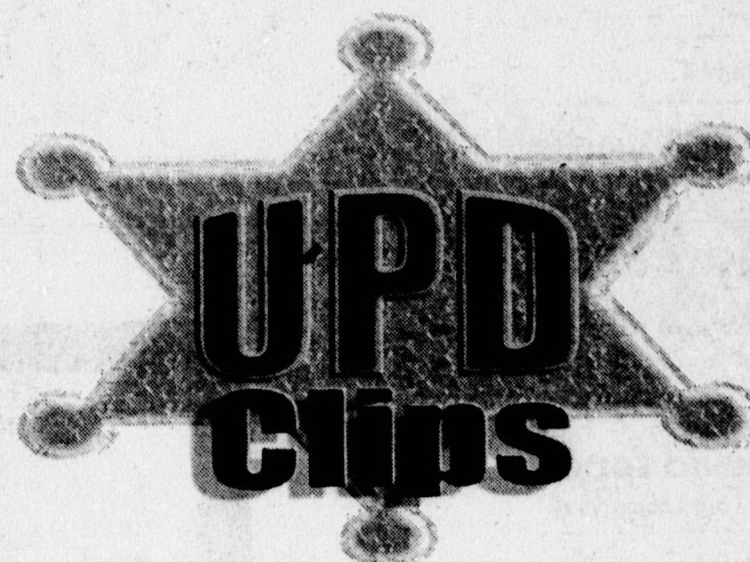
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Sunday, Dec. 1

12:10 a.m. UPD assisted Arcata Police Department at 13 and K streets with a hit and run suspect who was driving under the influence of alcohol.

1:24 a.m. A student was arrested for driving under the influence of alcohol and was transported, booked and lodged at the Humboldt County Correctional Facility.

3:34 p.m. UPD assisted APD with a subject who was brandishing a weapon at 5 and E streets.

8:18 p.m. A man continued out of the Library after he activated the gate. The man was described as a white male, 19 to 23 years old, 5 feet 11 inches, medium build. So far UPD has narrowed the suspect down to one of the 3,500 men at HSU who fit this de-

scription.

Monday, Dec. 2

9:53 a.m. A strong odor was smelled in the Library. An officer and engineer were unable to locate the origin of this unknown scent.

1:05 p.m. A man was arrested for trespassing at the Redwood/ Sunset residence halls. The man was transported, booked and lodged at the Humboldt County Correctional Facility.

1:29 p.m. Officers followed through on a request to file a missing persons report on a person who no one has been able to get a hold of for the last two weeks.

Tuesday, Dec. 3

8 a.m. A biker reported a man driving by the Annex who swerved into traffic and almost hit him on his bike. An officer responded and was unable to locate the early morning swerver.

8:52 a.m. Black spray-painted graffiti was found on a column at Nelson Hall West.

11:40 a.m. A bike was stolen from the racks outside the Library.

5:47 p.m. A pellet gun was removed from the room of a Sunset Hall resident.

Wednesday, Dec. 4

5:03 a.m. A person was reported sitting in a tree in front of the Library.

An officer responded and was unable to locate the tree sitter.

9:35 a.m. A bike that had been parked in front of the Library was stolen. The theft is thought to have occurred the previous day.

4:31 p.m. A non-student showering on campus was detained in the Forestry building for giving false information to an officer as well as trespassing. The subject was released clean and without charges.

Thursday, Dec. 5

12:17 a.m. A minor verbal dispute at the Cypress dorm was reported. The area was quiet upon an officer's arrival and departure.

1:45 a.m. Six subjects in the Redwood Bowl were contacted by UPD and agreed to quiet down.

3:21 a.m. UPD assisted Arcata Police Department with a drunk in public.

10:53 a.m. An assault occurred in room 102 of the Forbes Complex.

11:20 a.m. The smell of marijuana was reported coming from the Redwood/ Sunset quad. An officer responded and was unable to locate the smell.

1:40 p.m. Another tree sitter was reported in a tree by Science A. Officers responded but were unable to locate the Julia Butterfly wannabe.

11:05 p.m. A student in the Redwood/ Sunset quad was transported to Mad River Community Hospital via ambulance after drinking too much alcohol.

-Compiled by Christine Bensen



this week: 0
this semester: 6

Long
Tally

The Lumberjack

www.thejack.org

Naked, trespassing activists in trees

Protestors say PL handled the situation roughly

by Wendy Granberg

LUMBERJACK STAFF

On Saturday, forest defense activists on ground were allegedly attacked and naked male and female tree-sitters were forced out of the redwood canopy and arrested.

Tree-sitters Abstract and Tree, along with other activists who were assembling outside the gates of the demonstration forest — just off the Pepperwood exit — were protesting the logging of a class E marbled murrelet nesting habitat.

The marbled murrelet, a federally listed endangered species, requires old growth eco-systems in order to survive.

"Class-E marbled murrelet nesting habitat is supposed to be protected, but because of the incidental take permit, Pacific Lumber has the right to go in and cut indigenous species habitat," said Lindsey Clifford, 24, forest defense activist.

The incidental take permit was developed during discussions with PL company repre-

sentatives as well as Federal agencies — including the National Marine Fisheries Service and the U.S. Fish and Wildlife Service — said Mary Bullwinkle, public relations official for PL.

"There is a definition of take that is more than just kill. It includes harming or harassing, which could be modifying their habitat, which could impact whatever species is there," she said, "That is allowed."

Activists protesting on Saturday expected to be able to peacefully assemble on public land without feeling threatened by persons other than police officers.

As a condition of the out-of-court settlement from the wrongful-death civil lawsuit, regarding the death of David "Gypsy" Chain, by a MAXXAM/Pacific Lumber employee on Sept. 17, 1998, PL must follow a new policy regarding contact with activists.

"If our employees are to encounter people who are trespassing — breaking the law — they are to notify their supervisors and, in turn, the su-



PHOTO BY WENDY GRANBERG

A forest defense activist sits in a tree surrounded by supplies. Forest defenders are protesting the Pacific Lumber Company's refusal to stop logging near a marbled murrelet nesting habitat.

pervisor will notify law enforcement," Bullwinkle said.

Still there remain allegations that persons other than law enforcement have taken it upon themselves to enforce laws.

Early Saturday morning about 13 activists gathered at the front gates of the demonstration forest. They held hands at the gate in an attempt

to make the loggers aware that there were people sitting in the trees, to generally slow down their work in order to save even one tree, Clifford said.

According to a declaration written by Jason Wilson, a forest defense activist, Saturday morning, after splitting up into two groups to cover two gates, one group of activists was approached by a few

pickup trucks. Some of the activists engaged the workers in conversation about corporate-industrial logging practices.

More trucks began to arrive, and two men approached the line of activists holding hands and unlocked the gate. The people continued to hold hands.

According to Wilson's declaration, the two men, one of see Sitters, next page

Murder suspect to appear for arraignment

by Matt Crawford

SPECIAL PROJECTS EDITOR

A 17-year old boy, arrested in connection to his father's murder, is scheduled for arraignment today.

Benjamin Woods is scheduled to enter a plea on charges of murder, use of a deadly weapon, first-degree robbery, vehicle theft and the special circumstance of committing a murder during the course of a robbery, at 1:30 p.m.

Woods is being tried as an adult and if he is convicted on all charges he could face life in prison without the possibility of parole, according to a press release from the District Attorney's office.

Woods' last scheduled arraignment, on Dec. 4, was postponed because the lead prosecutor in the case, Deputy District Attorney Max Cardoza, was out of town because of a family emergency, Deputy District Attorney Worth Dikeman said.

The arraignment was also postponed because

Greg Rael, the attorney representing Woods, had not obtained a police report on the case, Dikeman said.

"There were some discovery issues," Dikeman said.

Cardoza is not expected to return until today and the arraignment might be postponed again, Dikeman said.

Proposition 21, approved by California voters in 2000, allows for Woods to be tried as an adult without proceedings in Juvenile Court.

"We can direct file and skip any type of juvenile proceedings with certain charges," Dikeman said.

According to the official summary on the California Online Voter Guide for 2000, Proposition 21 primarily focuses on gang-related crime, such as carjacking, witness intimidation and drive-by shootings.

The proposition requires adult trial for juveniles 14 or older who are charged with murder or specific sex charges.

Woods was arrested without incident on Nov. 19 in Siskiyou County, 40 miles north of Weaverville, in connection to the murder of his father, John Woods.

A friend discovered John Woods' body on Nov. 15 at his home, according to Arcata police.

Humboldt County Coroner Frank Jager said he was hit on the head with a blunt object, similar to a pipe, more than four times.

Jager said the murder weapon has not been found or identified and the results of a toxicology test has not been returned.

According to his obituary, John Woods was one of the founders of Youth Educational Services at HSU and help author the acronym Y.E.S.

He also helped form the Redwood Community Development Council and he was an original member of the Arcata Co-op.

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Sitters: Protestors jailed...

• continued from previous page

which whom was positively identified to Wilson as Ed Lewis, owner of Lewis Logging Co., and another man dressed in camouflage began grabbing activists and dragging them from public to private land.

The line of activists holding hands was broken and trucks began to move through the gate, with drivers allegedly pushing the activists with their trucks.

Wilson pulled out his address book and began writing down the license plate numbers of the trucks that he had witnessed pushing his fellow activists, in his opinion, endangering their lives.

Wilson said that the man in camouflage noticed that he was writing down the license plate numbers and attacked him, trying to steal Wilson's address book.

"I just went limp and let him drag me," Wilson said.

"He grabbed me by the hand, neck and head. I felt him trying to get my address book, he was on top of me, wrenching my neck with his body," Wilson said.

Activists pleaded for him to stop, yelling, "Stop, he's non-violent."

Wilson said that minutes later he freed his address book

from the man's grip, and the man gave up.

Activists called the Humboldt County police department and two officers responded, but allegedly didn't help the activists, but simply instructed them to move from the property or be arrested.

Later that morning, while continuing their protest to protect ancient oldgrowth and endangered species, Abstract and Tree were pulled out of the redwood-canopy, while both naked, by a male climber who was allegedly hired by PL.

That was their decision to be naked in the tree, Bullwinkle said.

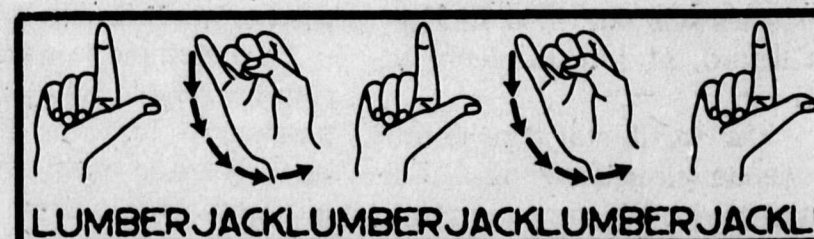
Activists questioned the decency of the male climbers actions in handling a naked female.

Bullwinkle said that he was simply doing his job.

"It is his job as a professional to remove people who are breaking the law by illegally sitting in trees," she said.

Both Abstract and Tree remain in the Humboldt County Correctional Facility.

Abstract's bail has been set at \$100,000 and Tree's at \$50,000.



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Arcata Endeavor serves public interest Shelter wants to expand services for those in need

by Rich Macgurn III

LUMBERJACK STAFF

In preparation for the Tuesday afternoon food pickup, a group of cheerful volunteers filled large paper bags and cardboard boxes with bread, canned goods and other foodstuffs donated by local stores and community members.

"This is the most quiet this place has been for weeks," said Sandi Paris, the director of the Arcata Endeavor with a relieved laugh.

With her feet running, Paris took over the operations six months ago, when long-time director Carla Ritter left the Endeavor.

It is located behind the service center across from the Mad River Transit bus station.

The Endeavor's mission is to help individuals and families in need.

The Endeavor was established 17 years ago as the Arcata Food Endeavor by the First Presbyterian Church.

Originally it was little more than a food shelf where people

could get food they couldn't afford.

The expansion of the Endeavor into a larger facility and broader services was spearheaded by two formerly homeless women, volunteer Kelley Barret and Director Carla Ritter.

In 1999, with the help of the city, the Arcata Service Center opened.

The Endeavor now routinely serves hundreds of people a day, offering hot lunches,

showers and laundry as well as many counseling and training services.

There are four full-time employees, including a life skills and substance abuse counselors at the Endeavor.

There are another two part-time employees as well.

The life skills counselor, who helps people get into the job market, was able to place nine people in jobs last month alone.

Even though the center is more official then it was in the past, it is still a grassroots or-

see Endeavor, next page

"It is really hard to serve people during the day and then have to send them out into the night."

Sandi Paris

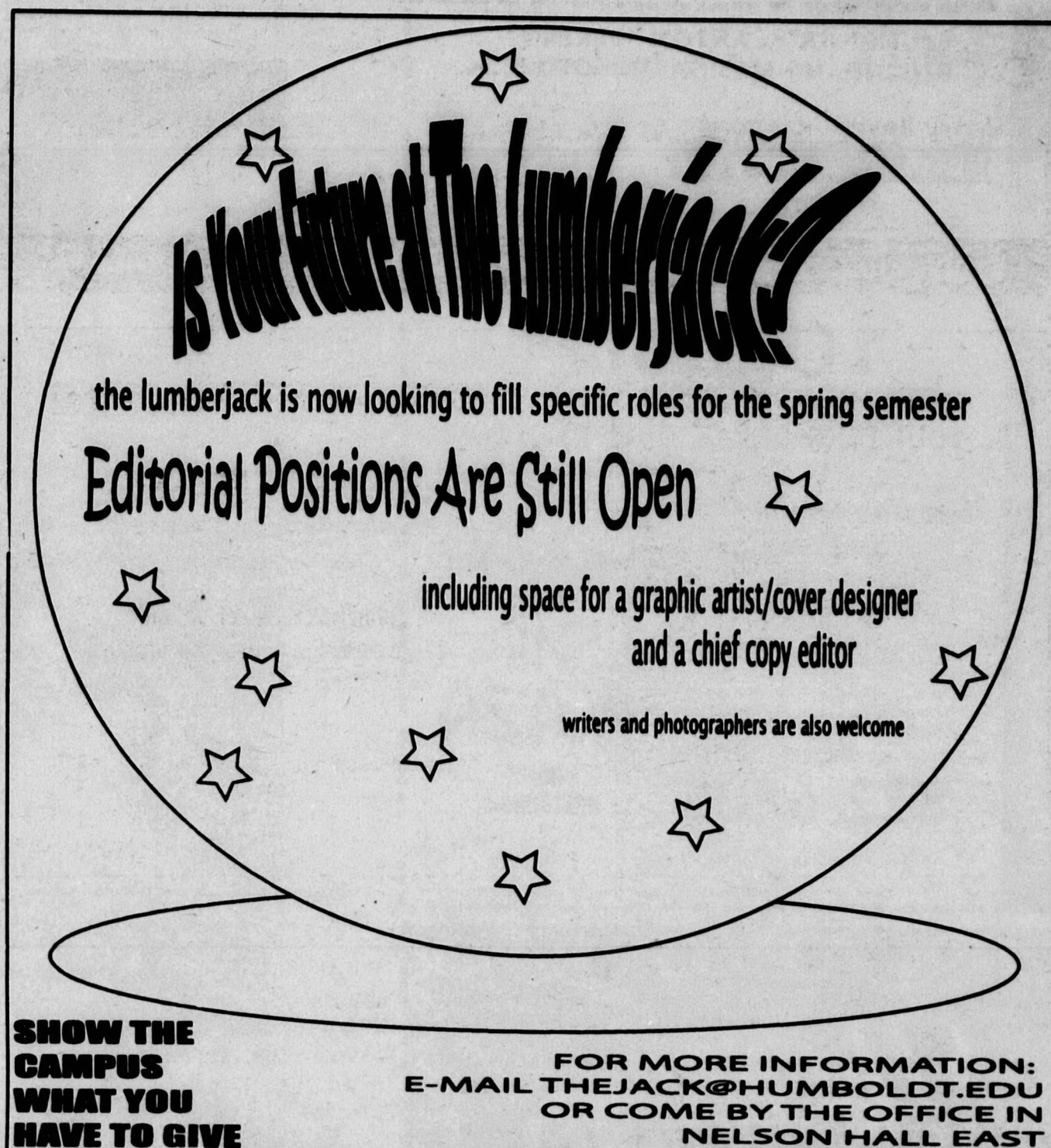
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Endeavor: Other needs waiting to be met

• continued from previous page

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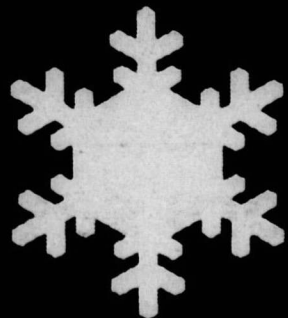
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PHOTO BY CHRIS COOK

Volunteers serve food at the Arcata Endeavor. The shelter offers food, showers, and other services to individuals and families in need.

ganization.

"It is the volunteers that keeps this place running though. We get at least 10 people a day that come in and do hard labor," Paris said.

Paris said the Presbyterian Church still contributes.

Its members often join with other churches and cook food and bring it over to the Endeavor.

The Endeavor recently made headlines when it signaled to the city of Arcata that it would not be able to spend all of the federal block grant funds, which make up a large portion of its operating budget.

The grant, which is distributed by the city, must be applied for on a yearly basis.

A failure to use the federal funds in the proper time frame would threaten future funding.

To meet the obligations, the terms of the contract have been changed to allow the Endeavor to contract out with other agencies.

Paris said that the problem had been largely resolved within the program.

They were also working on a contract with the Arcata House, which runs a transitional housing program.

Paris would like to see a night shelter built in Arcata and a campground built so that people would not trash the forest.

City council members such as, Dave Meserve, have also said that they would like to see resources redirected from patrolling the forest into creating a safe campground.

"It is really hard to serve people during the day and then have to send them out into the night," Paris said.

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SCIENCE

Wednesday, December 11, 2002

17

The Lumberjack

www.thejack.org

Study says self-harm and art are related

Survey says
HSU students
get tattoos and
scars because it
causes euphoria

by Nolan O'Brien

MANAGING EDITOR

A recent psychology department study has shown a relationship between the artistic modification of one's body and the infliction of deliberate self-harm.

Psychology seniors Kristina Schmukler, Sarah Haag and Jennifer Smith conducted the study. Psychology professor Christopher Aberson and adjunct faculty member Jennifer Taylor advised the seniors.

"I used to work at a school for emotionally and mentally disturbed children," said Schmukler. "I worked with teenagers who would cut themselves."

The study found that participants with body modifications were significantly more likely to report engaging in self-harm.

"It's a fine line," Schmukler said. "We're not saying that someone with a modification is doing something wrong."

"I went with my mom to the tattoo parlor, and we both got our first tattoos," she said. "It's an OK thing, people like to decorate their bodies. '90210' did an episode on it. Princess Diana was a self-mutilator."

The study categorized body modification into four areas: piercing, tattoo,

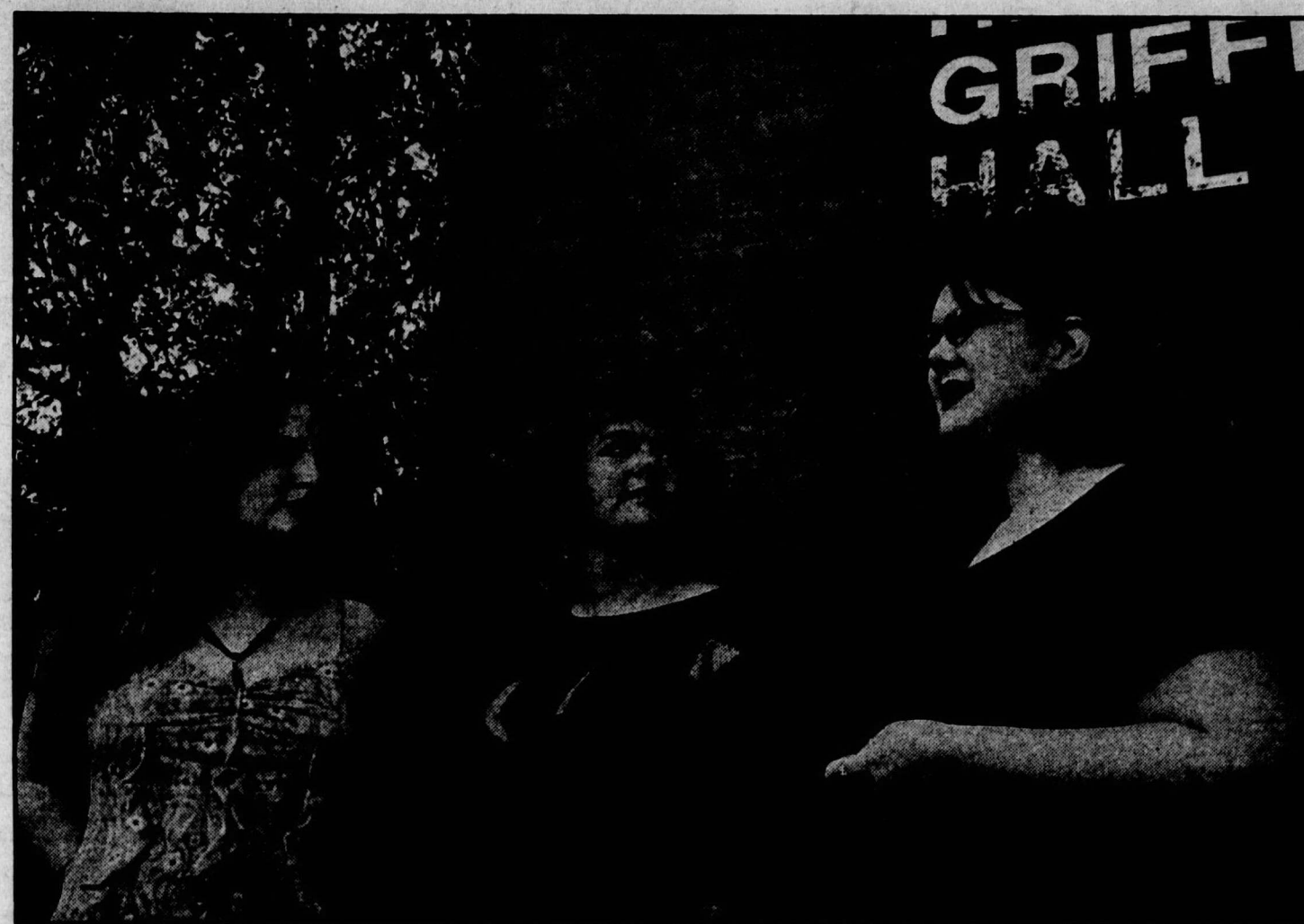


PHOTO BY NOLAN O'BRIEN

Psychology seniors Kristina Schmukler left and Sarah Haag right surround Jennifer Taylor, faculty adviser, as they talk about the body modification study they conducted on HSU students.

burning and scarification.

Defined as the intentional creation of a scar for the purpose of adorning the body, scarification was the least popular method of modification — as reported by just more than 10 percent of the 338-student sample.

Five of the study's 34 questions addressed deliberate self-harm.

"Self-harm is not culturally sanctioned," Schmukler said. "But what's considered self-harm and adornment is culturally decided."

More than 50 percent of the students sampled in the study reported participating in one of five self-harm activities: cutting, peeling of skin,

burning, scraping and the prevention of a wound from healing.

"People say they participate in self-harm as a therapy and they usually report euphoria," Schmukler said. "They feel a psychological detachment and they cut themselves as a way to make them feel real."

Of the 338 non random, anonymous responses, 85 percent fell between the ages of 18 and 25, with 68 percent of them being female.

"With sampling techniques, there can be a lot of bias," Schmukler said. "We worked really hard to get enough students to make it sound. The most significant thing is for counselors to be

able to use this information to start a conversation about self-harm."

They presented the study at the American Psychological Association Conference in Chicago this August.

The 34-point questionnaire may be distributed to other college campuses in the future.

"We still have a lot of work to do," Schmukler said. "Right now, we are working... a measure of self-harm."

Schmukler and Haag are working to publish their findings in a peer-reviewed journal and plan to present related research at the American Counseling Convention in Anaheim in March.

Healthy sleep patterns may stop insomnia doctors say

by Evan Cassada

LUMBERJACK STAFF

Doctors say all the pressure of cramming during finals week can be stressful, causing anxiety in students and often leading people to be restless when trying to sleep.

While studying and taking tests, the learning process and memory retention can be adversely challenged by staggered sleeping patterns.

"One of the problems that can result in insomnia is lousy sleep hygiene. And during finals week the cycle is even worse," said Dr. Jay Davis, a doctor at the HSU Student Health Center.

The National Institute of Health defines insom-

nia as "the perception or complaint of inadequate or poor-quality sleep."

It is not the number of hours of sleep a person gets during the night, according to the institute.

Davis said finding statistical information on insomnia is difficult because it is often a symptom, and not the disease itself.

Sleep problems are most common among babies and people over 50 years of age, because they have no sleep cycle, he said.

"What students do is not get enough sleep, and most of the time it's because they do it on purpose, or because they're worried," said Jim Dupree, an HSU psychology professor.

According to a report from the National Institute of Health, short term difficulty sleeping, known as primary insomnia, can be caused by noise, temperature, changes in surroundings, sleep scheduling problems, medicinal side-effects and stress.

Looking first at the easy changes a person can make to his or her sleep often treats primary insomnia better. Adjusting a person's lifestyle, such as not drinking caffeine, alcohol or exercising before bed can help, Davis said.

"If a student is lying in bed anxious about a test the next day, the student should make a note of whatever


see INSOMNIA next page



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Insomnia: finals and anxiety make students stay up late

• continued from page 18

is keeping the mind awake," Dupree said. "By making a note of the distraction, it is easier to let the thought go."

"Another easy way to recondition a person into associating the bed with rest is to not use it for anything but sleep and sex," he said.

According to the Health Institute, a person should try to stick to a strict sleep/wake schedule every day. Other methods of fighting insomnia include relaxation and sleep-restriction techniques.

If the basic changes don't work, doctors often recommend over-the-counter drugs or prescription medicines, such as Qualadrapines or Zanax.

"The problem with prescription sleep aids is you forget what you're trying to learn while you're on them, and they're habituating," Davis said.

Long-term insomnia, also known as secondary or chronic insomnia, can be more complex to treat and is often the result of underlying physical or mental disorders, according to the Health Institute.

There have been several accidents in the past years where drivers fell asleep at the wheel.

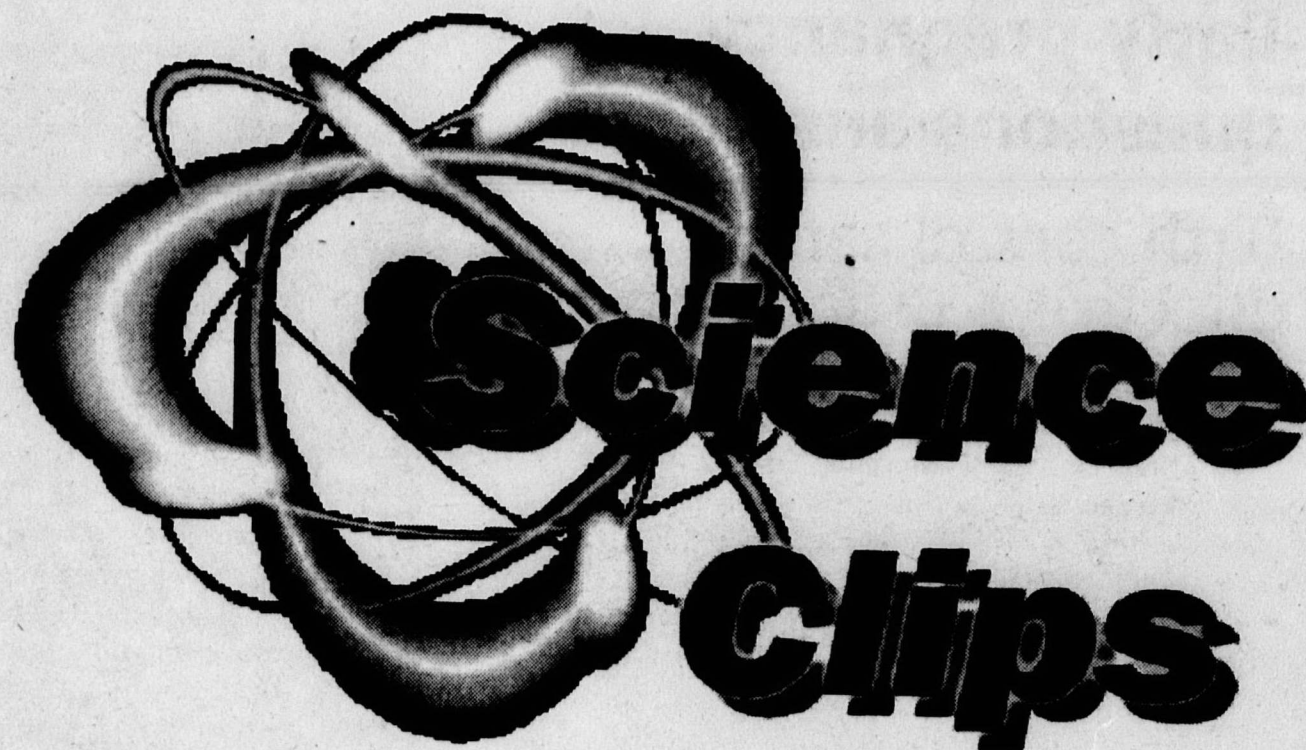
Davis said students shouldn't drive after depriving themselves of sleep.

"The Exxon Valdez oil spill was not caused from a drunken captain," he said. "It was caused by the third mate who was driving the ship while deprived of sleep."

There are several doctors researching human sleep patterns.

Dupree said he expects sleep research to gain momentum in the next 10 years, and that he has a student working on a study of sleep, in which HSU students will participate during the spring by filling out a questionnaire.

Students who wish to get help with sleep disorders can contact the accredited sleep clinics, which are operated through Humboldt Neurology and St. Joseph's Hospital.



Debate over the America's first language continues

The findings of Olmec objects dating back to around 650 B.C. has raised the question if the Olmecs are the group who inspired the Maya language, which began 250 years later. Opponents of the findings said it is hard to find any resemblance to grammatical writing in a few designs.

Summer heat causes record-breaking ice melt in Arctic

This summer, Greenland glaciers and Arctic ice water have melted in levels not seen in years, scientist said. Scientists said this provided an example of quick Arctic warming, which is attributed to natural climate warming.

Court to hear case on perfect DVD dubbing

According to the New Scientist Web site, a court in California will hear the case of 321 Studios based in St. Louis. The company has cre-

ated software that can make perfect copies of protected DVDs.

Yahoo! tests human and computer intelligence

A Yahoo! scientist has developed the technology that can distinguish between human and artificial intelligence. The software developed by Umi Manber, Yahoo! chief scientist, has its roots in a 1950s book that posed the dilemma of human and artificial intelligence.

Russian programmer in court for hacking Adobe

Dmitry Sklyarov, 27, Russian programmer, was arrested in Las Vegas last year in a hacker's convention. He developed technology for Elcomsoft Co. Ltd. of Moscow that can decode encrypted Adobe software. Sklyarov's case is the first brought to court by the Digital Millennium Copyright Act. The company said it has sold Microsoft, Lotus and WordPerfect decrypting software to the CIA, FBI and the Internal Revenue Service.

-compiled by Luis Molina

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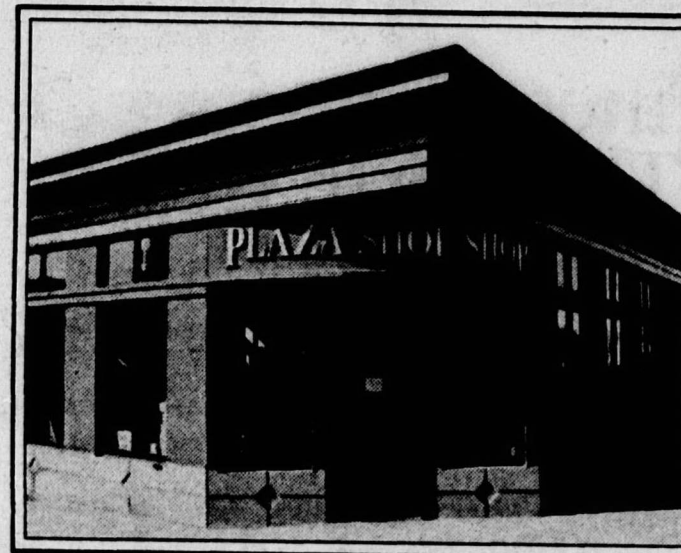
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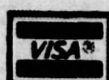
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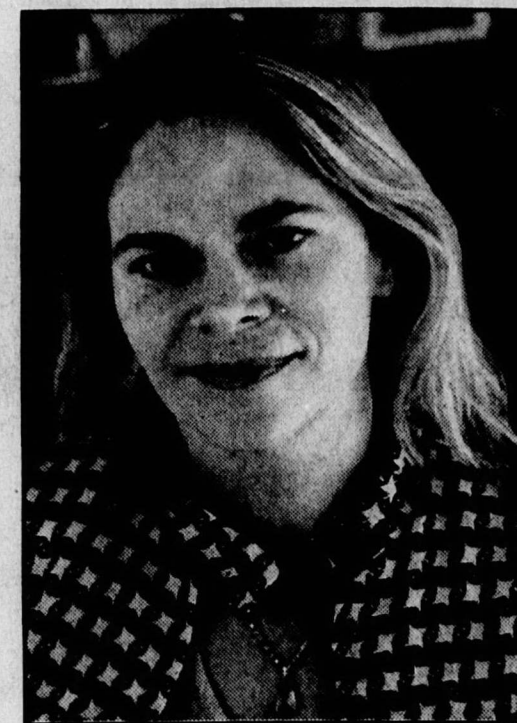
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Early pregnancy questions answered

Birth control can be effective if used properly

Melinda Myers is a teacher of psychology and women's studies at HSU. She also owns Good Relations, a lovers' boutique, in Old Town Eureka and is the mother of two boys. She will be teaching a pair of seminars titled Choices and Changes in Sexuality Sept. 29th and Oct. 5th through the psychology department. If you are interested in attending or have questions you would like answered, e-mail her at: mm3@humboldt.edu



by Melinda Myers

REGULAR COLUMNIST

Q: I had a couple of questions I'm hoping you can answer. How soon does morning sickness start after you're pregnant? How often does birth control not work? Are there any reasons that could cause it to not work? What are other early symptoms of pregnancy?

Also, I've heard that the first time a girl (sic) gets pregnant, her body will abort the baby is that true?

A: Wow. Important questions. Some of your questions have been answered in earlier columns, but I'll repeat the information briefly, because nobody should have to wonder about these things.

Morning sickness doesn't always happen, and it can begin at any time during pregnancy and last anywhere up to the entire 40 weeks. Most commonly, it begins somewhere around 8 to 14 weeks (6 to 12 from the last period), and lasts during the first trimester.

By "birth control," I'm assuming you mean combination oral birth control pills. Taken correctly, the answer is virtually never. Unfortunately, they are rarely taken absolutely perfectly, and anytime a woman messes up taking

them, pregnancy is a more likely result.

By correctly, I mean one a day, at roughly the same time each day, not with grapefruit juice, not while taking antibiotics. Once a woman misses a pill, she is advised to take two the next day. If she misses more than one, she is advised to use an alternate method of birth control for the rest of that cycle.

Other symptoms of early pregnancy are a missed period and tender breasts that sometimes are also enlarged. Once a period is missed, the home tests should be pretty accurate. There is a blood test that can be done at the Health Center even before a woman misses her period.

Also, pregnant women don't always miss their periods. If you're worried, you should get a test. The earlier you know, the more options you have and the better decision you can make. This would be a really bad time to bury your head in the sand.

It is a myth that a woman's first baby will be miscarried. Lots and lots of women have perfectly healthy pregnancies (and babies) having had sex only once, let alone having been pregnant only once. Of all the women, I know who have ever been pregnant, the vast majority have never miscarried.

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~Compiled from Health Center birth control literature.

The Lumberjack

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BATTLE OF THE BANDS

Seven bands,
four hours,
two winners,
one broken
string

Review by James Wynn

SCENE EDITOR

This past Saturday a myriad of local talent came together to compete in the AS Presents Battle of the Bands.

The event, held to raise funds so that KRFH can continue to have a site on the Internet, took place in the Kate Buchanan Room at HSU. While attendance never seemed to get above 50, it was still a high energy show (with a few exceptions of course) which saw HSU students getting down with they bad selves next to high scholars, kids and at least five people above the age of forty. It was, as boasted, an all ages event and those in attendance, all 50 of them, jammed, shook, waved their arms, nodded their heads, or stood against the wall to a wide range of music from punk rock to reggae to folk guitar.

AS even provided entertainment for the times between the entertainment when the outgoing and upcoming bands took about ten minutes or so to set up their instruments. While most people meandered out of the Kate Buchanan room during these intermissions, those who stuck around were able to hear the

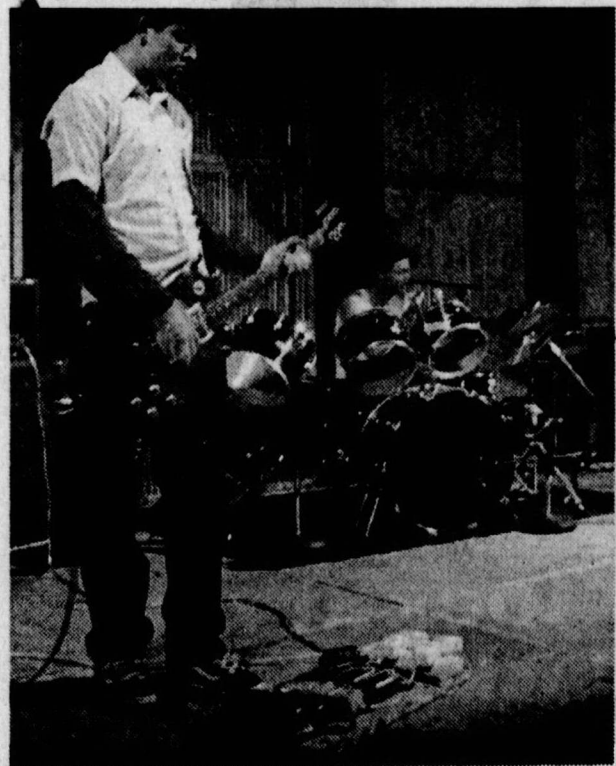


PHOTO BY JAMES MORGAN

The Sleeze played rock hard and fast.

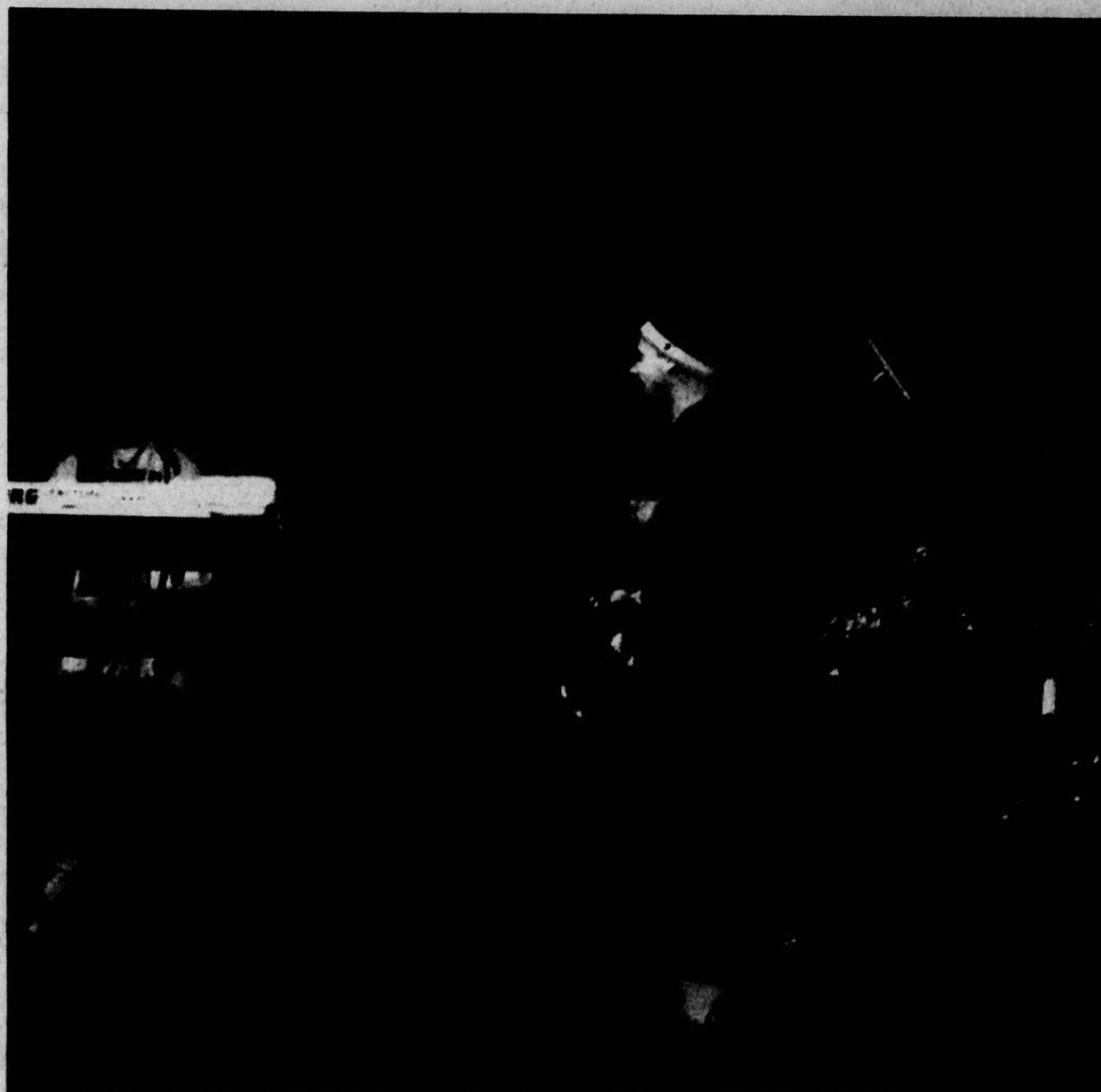


PHOTO BY JAMES WYNN

Massagana rocks it steady with grooves tinged with political messages.

driving, and often loud, dance hall reggae rhythms mixed with a bit of house provided by DJ Dub Cowboy.

The night was kicked off by Talent Show, a three chord punk band that was anything but standard, or three chord. The crowd got revved up and ready for the night by hearing hard, fast and tight punk rock songs involving a nominal amount of swearwords, Pete Townsend guitar poses, and singing that would have made Henry Rollins proud. Apparently there wasn't supposed to be any covers of any songs, however, Talent Show's cover of Stepping Stone was fantastic and well worth any beatings they may have received as a result.

Next up was the six-member band Real Eyes (if you say their name fast enough it sounds like realize) who enticed the crowd to "shake what their momma's gave them" after two minutes of intro "check 1-2's". Real Eyes had some good solid playing, with catchy rhythms and smooth beats. The lyrics left a little to be desired, particularly when it came to an impromptu freestyle session where as long as words sounded the same, they were spoken into the microphone.

I have never heard "shit" rhymed with "bullshit" before.

Third on stage was Joan Baez - esque songbird Penny Gunn, whose folky renditions of peace and love were welcomed by the crowd. Gunn's songs were easy on the ears and the type of music that you would catch yourself involuntarily tapping your foot to.

Gunn had good chord progressions and meaningful, if sugary, lyrics. A tragedy was narrowly averted on stage when halfway through her second song a string broke on her guitar. Another guitar was quickly found, proving that folk music will never die at HSU.

Massagana, reggae band elite and co-winner of the \$300 dollar cash prize, rocked the hiz-ouse with rock-steady-fused dub-reggae beats. When Massagana moved, the crowd moved with them. I have never seen a group play so easily to a crowd, nor a crowd take to a band the way they did. Massagana was a fired up band with soft changes and smooth beats. Their rendition of "Waiting in Vain" by Bob Marley was phenomenal.

see Bands, page 28

What's
Going
Down
In the
Scene?

Nothing But
Reviews

The Last Review
of Wendy Lautner,
Scene Editor
Extraordinaire

Grand Buffet
A Review
(no its not chi-
nese food)

Snoop Dog Gets
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The New 007,
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Was Lisa "Left
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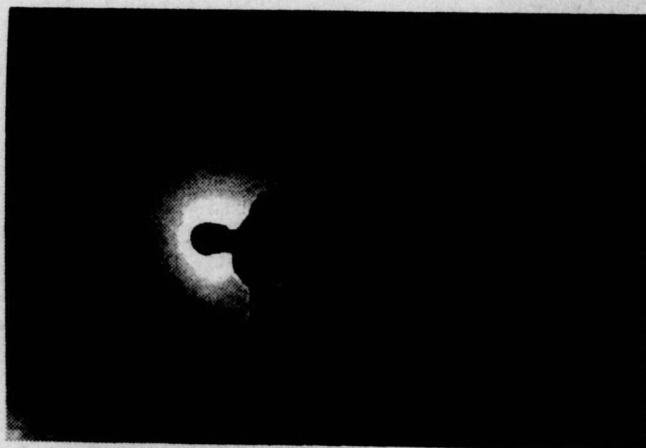


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Grand Buffet a little under the weather

review by Matt Crawford

LUMBERJACK STAFF

Grand Buffet returned to Humboldt County on Saturday for a performance with JPG, DJ Thanksgiving Brown and Manifest at Six Rivers Brewery in McKinleyville.

The night got off to a rough start after the PA arrived late, but things got rolling quickly after Thanksgiving Brown rocked the tables (without headphones!) with hip-hop classics along with a couple of new ones like Justin Timberlake's latest single. His scratching skills over Motley Crew's "Girls, Girls, Girls" was equally impressive.

After it was clear that Brown had enough, JPG jumped behind his massive synthesizer and beat machine.

The Southern twang in his voice mixed well with the bass heavy beats and phony scratching noises emanating from his machines. Shit got hectic when he jumped on top of a large speaker sitting next to stage and spurted out his raps.

It was obvious that the audience not ready for JPG's mastery. A lone stood in the open space between and the audience, absorbing his the large crowd cautiously performer.

Grand Buffet hit the for a short set that seemed to some of the excitement and been apparent at previous County performances.

Nevertheless, the duo still proved to be entertaining during performance in Humboldt in nearly

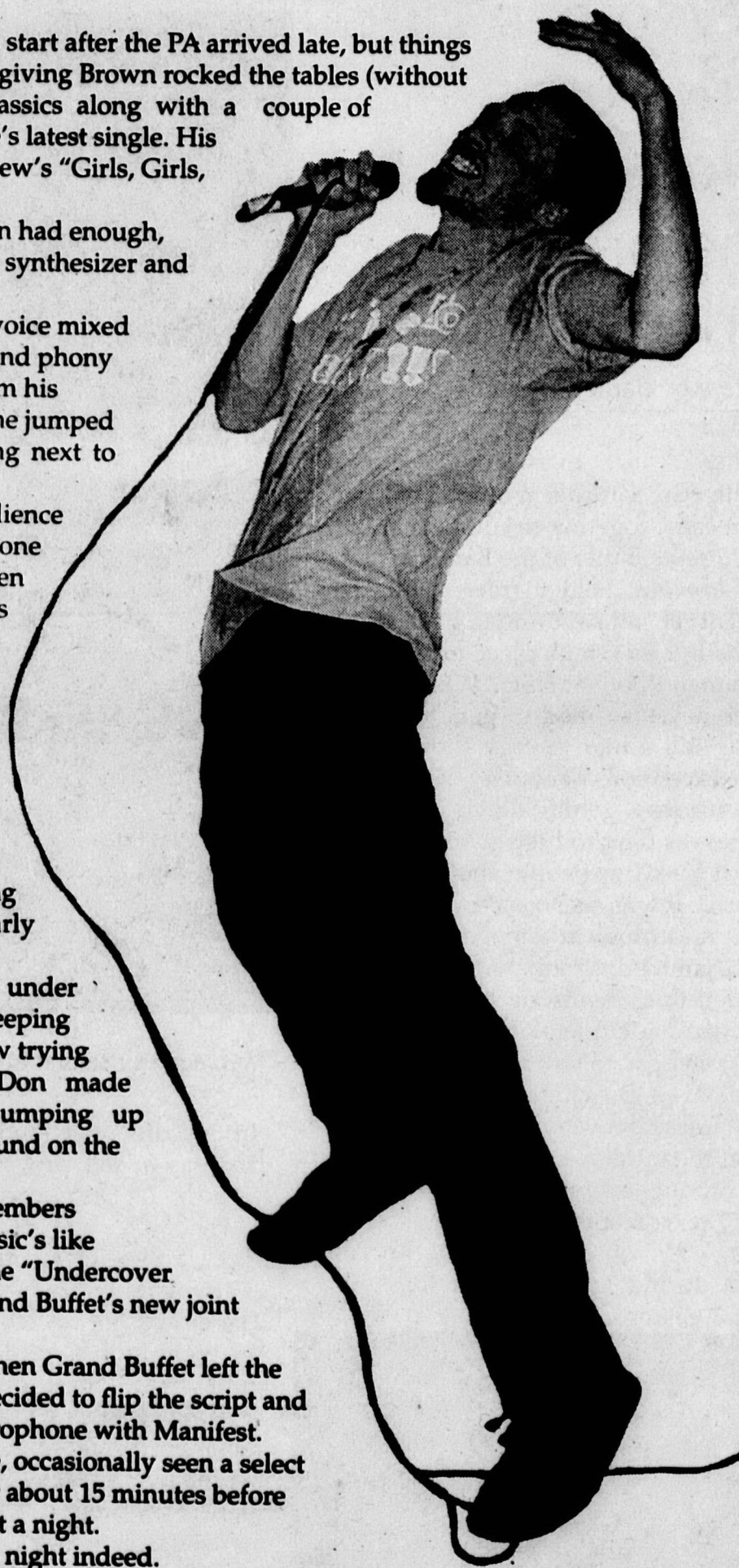
During the show, you could tell Lord Grunge was a little under weather — apparently he was sleeping in the parking lot before the show trying to fight off a cold. Grape-a-Don made for any lack of energy by jumping up down furiously and dancing around on the hardwood floors of the Brewery.

By the end of the set both members were going full throttle with classic's like "Let's Go Chase the Cat" from the "Undercover Angels" album and songs of Grand Buffet's new joint "Cigarette Beach."

The clock was still ticking when Grand Buffet left the stage, so Thanksgiving Brown decided to flip the script and rock a couple of jams on the microphone with Manifest.

An enthusiastic performance, occasionally seen a select venues, Brown spat out lyrics for about 15 minutes before wrapping things up and calling it a night.

For a \$5 cover charge, a good night indeed.



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the 'jack

Music Reviews



First they showed us how to be "Oooooohhh... On the TLC Tip" and that they "Ain't 2 Proud 2 Beg". However, this just intrigued the world to know more. Nevertheless in a couple of years, no one thought that they would explain a Red Light Special and how to chase Waterfalls, but we left knowing that these 3 ladies really were Crazy/Sexy/Cool.

When the fans inquire another time they advised, through Fanmail, not to worry about being Unpretty, because they were taking No Scrubs.

Finally, TLC, the best-selling female group in music history, has come back with another album, this time in 3D. Their fourth album, 3D, shows that there's no rust on Tionne "T-Boz" Watkins, Lisa "Left Eye" Lopes, or Rozonda "Chilli" Thomas.

3D shows that they are indeed back, following the April 25th death of founding member Lisa "Left Eye" Lopes in a car accident in Honduras.

So what is the new album all about? Here is the low down: although, Left Eye only appears on 5 songs, this album is truly a tribute to her. Left Eye might not have been TLC, but her spunk, enthusiasm and her rapping is what made the group special.

Now don't get me wrong. I'm not saying you're getting half an album. T-Boz and Chilli most certainly do their thing to make this a fun and revitalizing album that will take you back to the first time you heard their music.

The tracks are laid out great and just when you begin thinking that something is missing you get a taste of a little rap or a holla and you're set back at ease.

The new album shows the growth of the group since 1991 when the group first stepped into the spot light. And if this is the final album its not like they will ever fall off. 3D gives you what TLC gives you best, some music to show you just what women talk about in the bathroom and how to really be an independent woman.

-James Payton

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The Motet brings musical fusion from all points of the globe

Wendy Lautner

LUMBERJACK STAFF

Dancing feet will find a beat tomorrow when The Motet and Sambda join forces to take over the Kate Buchanan Room.

"Sambda is the best Brazilian music we've ever seen," The Motet drummer Dave Watts said in a phone interview from Portland, Ore.

Sambda is a six-piece Brazilian samba band from Santa Cruz. Coupled with The Motet's six-piece ensemble, Watts said there may be times during the performance when there are 12 musicians on stage.

"The goal is to get people dancing," Watts said.

Saxophonist Jon Stewart, who has played with the Charlie Hunter Quartet and Deep Banana Blackout, is joining The Motet on its three-week West Coast tour.

The Motet's music emerged from Boulder Colo.'s musical Mecca scene in 1998. "We used to have a ranch where Tony Furtado, members of String Cheese, Keller Williams and many other great musicians all hung out," Watts said. "It was such a great creative space."

In addition to Watts on drum kit, New Orleans native Scott Messersmith plays percussion. Mike Tiernan plays slide and jazz guitar and keyboard-

ist Greg Raymond plays the Fender Rhodes, which is an electric piano. Newcomer Garrett Sayers plays bass guitar.

The sound is an intricate weave of West African percussion, Brazilian beats, blues riffs, jazzy transitions and swampy New Orleans style funk.

"It's very percussion based, it's very rhythmic," Watts said.

The Motet musicians studied Bata drumming as a group in Cuba under renowned Afro-Cuban Bata player Regino

Dave Watts

DRUMMER FOR THE MOTET

Jiminez, Watts said.

"We spent five hours a day everyday for two separate six week-long visits just soaking up as much as we could," Watts said.

Bata drumming is considered a sacred music used to communicate with the spirits during Santeria's religious ceremonies. The origins of Bata drumming extend to West Africa and the Urubu culture of Nigeria.

The Motet's former lead singer Jans Ingber studied Bata drumming in West Africa and greatly influenced the band's style and skill. Ingber is an expecting father and will not be touring with The Motet this year.

Watts said The Motet is hoping to extend its musical horizons even further by making a trip to Brazil later this year.

see The Motet, page 27

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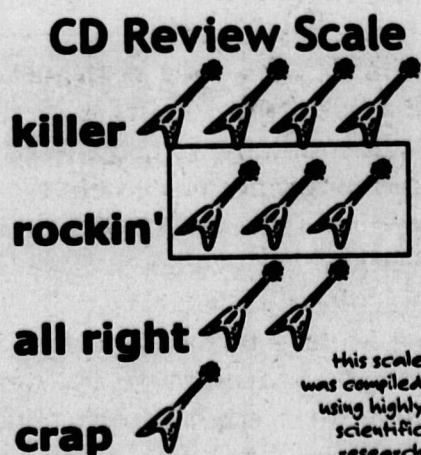
Snoop Dogg's latest CD is entitled "Paid tha Cost to Be da Boss." And if Snoop means this the sign on his door that reads "God's House - Leave the bad outside" to his giving up of weed and alcohol to never putting another album out on No Limit Records again, he has paid the cost and is backing it with a wicket tounge.

This time around, though, Snoop don't have his usual production by Dr. Dre, but has his album laced with beats from the Neptunes (big surprise, who doesn't get thier beats in here), Hi-Tek and his old pal Nate Dogg. Speaking of old friends, Snoop has made a lot in his career and he made room on his new album for over 25 of them. Ranging from Jay-Z, to Redman Ludacris, he also shows love to the old school with Warren G, The Lady of Rage and RBX, but he dosen't stop there. Some of your parents favorites from The Dramatics to Charlie Wilson also made appearances.

What would a Hip Hop CD be these days unless you call someone out. On Pimp Slapp'd, the Big Dogg goes at Marion "Suge" Knight, C.E.O. of Death Row Records, Snoop's old label. To make this beef short, I guess Suge still owes snoop money from the first single he put out on Death Row and just the plan old hate between the two may have both of these Los Angeles ex-gang-bangers going at each other not just on CD (but on the real, can't we just all get along or at least stop threatening each others kids?).

In the end, Snoop has paid the cost, making this a satisfactory album. Defiantly better then anything he has put out on No Limit Records (although that's not saying much) I finally have another Snoop album good enough to put next to Doggystyle. Snoop Doggy Dogg iz stilz da Bo\$\$!

-James Payton-



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Movie Review



Die Another Day

Die Another Day was pretty much exactly what you'd expect from James Bond (played by Pierce Brosnan). The smooth attitude, the gorgeous women, and more one-liners than you thought they could actually fit into one movie. All in all, the film was really entertaining.

In the beginning of the movie, a briefcase full of C4 and diamonds explodes in the face of one of the villains. He shows up a little later looking like he was soaked in a tub of bleach and for some reason he still has the diamonds stuck in his face.

Halley Berry makes her appearance as "Jinx" in a slow motion, stride out of the

ocean scene. As always she looked great but her acting wasn't the most convincing.

As for Bonds car, it had all the standard missiles, guns, and toys you'd expect but this one had a new cloak-ing device. If you've seen the movie "I Spy", then

you've seen what happens. Push a little button and the car disappears. I think they're running short on car ideas for spy's these days.

Die Another Day kept me entertained for all 133 minutes but doesn't anyone else think they should bring Sean Connery back for maybe just one more 007 movie?

-Matthew Donner-



Health Dialogues

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PHOTO COURTESY OF THE MOTET
The Motet in action

The Motet:

• continued from page 24

"Playing with new people is a great experience," Watts said. "Everyone has something new to add. Colorful things come out of playing with new people, it's just like traveling — you have to be open to whatever is coming your way."

Cross-cultural communication is essential to The Motet's groove, at Thursday's performance all of the lyrics to the songs will be sung in Spanish. "Everyone in the band sings," Watts said.

"Once you really dig into a music style, you see that it's all the same language," Watts said. "Playing different types of music makes it easy to be bi-lingual."

In the future Watts said the band plans to extend its recording experimentation beyond the sterile environment of a studio and instead play a couple of nights a week at the same club in Denver and record those shows.

"These nights will be an opportunity to remove all boundaries and give some space to let a stream of consciousness flow," Watts said.

Watts said The Motet is looking forward to playing in Arcata.

"Arcata is always one of our favorite spots. The energy is always high and everyone's got a really open spirit," Watts said.

Tickets are \$8 for HSU students, \$10 in general and can be purchased at the HSU University Ticket Office. The show starts at 9 p.m. tomorrow.

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Colombelle.....\$5.75
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Music Review



When I first popped in this CD, I didn't like it. In fact, up until the moment I sat down to write about "Phrenology" (about 2 minutes ago), I was ready to rip the album to shreds.

Then I listed to the track 3, appropriately titled "!!!!!!".

Most hip-hop heads probably had a heart attack when they listened to this, rock 'n' rollers probably got a boner.

This 25-second song sums up the essence of The Roots. It pushes boundaries, it ends cliques and it says Fuck You to anyone who dares to question the legitimacy and originality of Black Thought and company.

"!!!!!!" opened my eyes and made me real-

ize the greatness that exists in this album. This is not your run of the mill, eggs and bacon hip-hop.

This shit is spicy. It is real, and it sounds good.

In a sea of electronically produced beats, bling bling, ruff ryders and cash money, The Roots get back to the basics.

These guys are live (literally). Hip-hop groups rarely use live instruments, and when they do the final product usually reins supreme.

Tune in.

-Matt Crawford-

Bands do battle for money, glory and fame:

• continued from page 21

I have always been of the opinion that the only person who should sing songs by Jim Morrison is Jim Morrison. This was reinforced with Chicken and the Defenders cover of Break on Through by the Doors. This however, means nothing concerning their talent, which was tight, solid and well suited to their classic rock, funk inclinations. Their rendition of Janis Joplin's "Take Another Little Piece Of My Heart" was second to none, including Janis herself.

Next up were the Coolies, another reggae band that was, quite possibly, the least animated musicians I have ever seen. They had spider-webs on them by the time they left the stage. Their music, however, was solid and smooth, with standard reggae rhythms that allowed people to focus on rocking steady. The Coolies were well adapted to play-

ing together and it showed in their change-ups and solos.

Taking the end and rocking the room right on out, was the other co-winner, the Sleeze. They were a mix between the John Spencer Blues Explosion and Black Flag, but uniquely and devastatingly original. These guys were raw and gritty but they jammed together well and were well liked and known by the crowd. Sleeze is a garage band and proud of it. They had strong, granite sounding songs, with a flair for writing lyrics that most people only think about when they get drunk.

All in all, AS Presents, Battle of the Bands was an event that far too many people missed. Rarely does the opportunity come along to see seven bands for only two dollars. Even more rare is when you feel those two dollars were worth it.

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The Lumberjack

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PHOTO BY JAMES MORGAN

Senior point guard for the 'Jacks, Jeremy Robinson, defends freshman point guard Kevin Tyner of Western Oregon. Robinson kept Tyner quiet for most of the evening, holding him to three points and forcing four turnovers while scoring 11 points and dishing out six assists.

'Jacks extend winning streak to five

Men's Basketball team brings its home winning streak to 20

by Joe Coppolino

LUMBERJACK STAFF

The HSU men's basketball team hopes to add to its undefeated record tomorrow night when it plays host to the 3-0 Gators of San Francisco State.

"We're going to come out hard, we expect to win," said junior forward Fred Hooks of his upcoming game.

The 'Jacks escaped what would have been a disappointing loss when they defeated the Wolves of Western Oregon in a come from behind victory last Saturday night in the East Gym.

It was also the 'Jacks first Great Northern Athletic Conference match-up of the season.

The Wolves came out strong initially, scoring the game's first points on a three-pointer. The 'Jacks had some difficulty finding the basket, and the Wolves went on a 9-0 run before Hooks made his first shot to get HSU started.

The Wolves had the hot hand most

of the night. Sophomore forward from Grand Junction, Colo., Sean Kelly hit three of his five three-point attempts and finished the game with 28 points, 15 of those coming in the first half. The Wolves as a whole hit eight threes to HSU's three.

"It was the first big game we've had so far this year," Hooks said. "It took us all the way until the second half to get into the groove."

The 'Jacks rallied back in the end of the first half when junior forward, Austin Nichols hit a three with 33 seconds left to bring to score to 41-39 and give the 'Jacks their first lead of the game. Western Oregon point guard, Chris Olson hushed the crowd, answering Nichols' three with one of his own, bringing the score to 42-41 at the half.

"We're going to come out hard, we expect to win."

Fred Hooks
JUNIOR FORWARD

The second half started much like the first. Western Oregon came out strong, many times dishing the ball out the Kelly, who had the hot hand all night. He was much of the reason the 'Jacks were down 63-49 with a little over 14 minutes left in the contest. Western still had a 12-point lead with only 10 minutes remaining.

Coach Tom Wood knew that adjustments needed to be made if the 'Jacks were going to have any chance at coming back. He assigned Hooks to sharpshooting Kelly, who held him scoreless for the remainder of the evening.

"Our senior leaders, Greg (Cutler) and Jeremy (Robinson) reminded us

that we haven't lost at home, and we are not going to start," said Hooks.

As far as offense went, the 'Jacks fed the ball in to Trey Shannon, who scored with 5:12 minutes remaining to tie the game at 74-74. The Wolves fought back and reclaimed a two-point lead. The 'Jacks then went back to Hooks, whose lay-up put them ahead for good.

The 'Jacks, who were down by 14 points at one point, ended up winning the game 88-78. This improved the 'Jacks to 5-0 overall and 1-0 in Great Northwest Athletic Conference play and brought the home winning streak to 20 games.

Hooks' 22 points led the 'Jacks. He also added eight rebounds. Shannon had a career in points and rebounds with 19 and 11 while Nichols had 15 points, seven rebounds and zero turnovers. Robinson added 11 points and six assists.

Humboldt State University

2002-2003

Men's & Women's Basketball



300 HSU student tickets are available at the HSU Ticket Office for each home game.

Tickets are available the Monday of the week of the game.

One ticket per ID.

This ticket will guarantee students a seat at the game.



Gates open @ 5 p.m. for all home games.

All Jacks games are broadcast on ESPN Radio 1340 and via the internet at www.hsujacks.com

All men's and women's Saturday home games are televised on Cox Communications channel 12 or 77

2002-03 Men's Home Schedule

Nov. 23	Holy Names College	W (99-62)
Dec. 7	*Western Oregon	8 PM
Dec. 12	San Francisco State	8 PM
Dec. 14	Dominican College	8 PM
Jan. 4	Notre Dame de Namur	7 PM
Jan. 9	*Northwest Nazarene	7 PM
Jan. 11	*Seattle University	7 PM
Jan. 23	*Western Washington	7 PM
Jan. 25	*Seattle Pacific	7 PM
Feb. 13	*Central Washington	7 PM
Feb. 15	*Saint Martin's	7 PM
Feb. 27	*Alaska Anchorage	8 PM
Mar. 1	*Alaska Fairbanks	8 PM

* Great Northwest Athletic Conference game
Home games played in East Gym

2002-03 Women's Home Schedule

Dec. 5	*Seattle Pacific	7 PM
Dec. 7	*Central Washington	6 PM
Dec. 12	Dominican College	6 PM
Dec. 14	Chico State	6 PM
Jan. 16	*Alaska Fairbanks	7 PM
Jan. 18	*Alaska Anchorage	7 PM
Feb. 6	*Seattle University	7 PM
Feb. 8	*Western Washington	7 PM
Feb. 22	*Western Oregon	7 PM
Feb. 28	*Saint Martin's	6 PM
Mar. 1	*Northwest Nazarene	6 PM

* Great Northwest Athletic Conference game
Home games played in East Gym



PHOTO COURTESY OF HSU SPORTS INFORMATION

The HSU women's cross-country team crowds the starting line at a meet.

Device measures athletes' potential Women's x-country team tests skills

Jaime Crippen

LUMBERJACK STAFF

While elite athletes hope for invitations to the Olympic training center to be tested by the VO2max test (maximal aerobic capacity), the Humboldt State women's cross-country team is exposed to it now.

The men's team already had its testing done last year.

"You have these top athletes being invited to the training center for the test, and we have it here at HSU," women's cross country coach Jesse Torres said.

Torres said it allows you to determine the athlete's functional capacity or ability to consume oxygen per kilogram of weight per minute.

"Basically, it is to see how fit a person is and to categorize them," Torres said.

The test works as a baseline for athletes who are trying to be fit or someone who already is.

"The athletes create a profile of themselves to determine their functional capacity, and then we examine them from a physiological point to see their adaptations to exercise," Torres said.

Electrodes are placed on the athletes as well as a mask on their face as they run on a treadmill.

The speed and grade of the treadmill is increased every two minutes until an athlete can't continue.

The electrodes monitor their heart as they run to see how fast it beats, and how it reacts to an increase in workload.

The mask is connected to a med cart, which measures the amount of oxygen taken in and how much carbon dioxide the athlete expels. A ratio is given to the amount of each and this determines the athlete's aerobic threshold.

"Basically, it is to see how fit a person is."

Jesse Torres

WOMEN'S CROSS COUNTRY COACH

"It's very awkward, because you have all these things attached to your body," exercise science major Kelly Cronin said.

Torres said the test is based on the fact that the aerobic threshold is the biggest indicator of the potential to run fast or to do certain exercises.

"One will be barely holding onto the treadmill, but they keep going because they want to get the best results they can," Torres said.

For an endurance athlete, expanding their VO2max to the greatest possible extent is very important to their success. The test recognizes the point at which an athlete's capacity to process oxygen swells and the ability to exercise without fatigue greatly increases, Torres said.

"We can make workouts based on tests that show the potential of an athlete and see what's working or not working for the athlete," Torres said.

Torres said he feels confident working with the VO2max because it allows him to take a scientific approach to coaching instead of guessing.

"It is very interesting because I can see my capabilities," Cronin said.

As the women are exposed this year, the coach is testing the respiratory exchange ratio to determine if an athlete has a higher ability to run faster than the athlete is already running.

"When you can get an athlete to think they can go faster, they usually do," Torres said.

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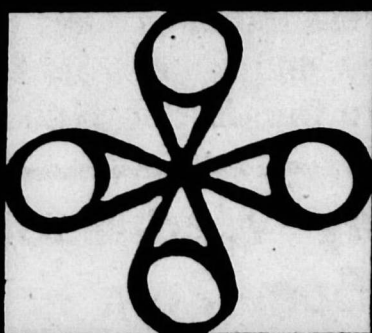
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60 martinis!The Alibi Crew cares about you!
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Women's basketball drops back-to-back home games

by Gabriel Jackson

SPORTS EDITOR

The HSU women's basketball team will try to snap its three-game losing streak against Dominican College tomorrow in the East Gym at 6 p.m.

It was a rough weekend for the Lumberjacks as they suffered home losses against their first two conference opponents.

A crowd of 729 fans witnessed the HSU women's basketball team drop its third straight game, on Saturday, falling to the Central Washington Wildcats by a score of 87-74.

The 'Jacks displayed a new look of gold and green uniforms, but they had the same old problems, turnovers and rebounding. HSU couldn't recover from its many first half turnovers and while CWU out-rebounded HSU 33 to 31, it had four more on the offensive rebounds.

"I thought we pulled it together at the end," said senior forward from Windsor, Charlene Murphy. "We had 18 in the first half, eight in the second half."

The Wildcats finished the game with 21 turnovers to HSU's 26.

The Wildcats were up the majority of the game, leading by as many as 14 points, but the 'Jacks chipped away at CWU's lead cutting the deficit to four early in the second half with 17:22 remaining. That was as close as they would get.

HSU missed a number of shots and continued to turn the ball over, preventing any hopes of a comeback.

The 'Jacks out shot the Wildcats from the floor, from three-point land and from the free-throw line, but CWU had four players reach double-digits in scoring while HSU had only three.

HSU applied a full court press, but when they failed to get back on defense, the more seasoned Wildcats quickly turned HSU's press into a rain parade of three point-field goals.

"We need to learn to play better defense, we were down by nine at half, but we lost by 13," said Murphy. "We can score a lot of points, but every team is able to score a lot of points on us because we're not playing any defense."

Sophomore Nicole Lynch tied with fellow sophomore Jackie Kolesar for a team-high 18 points. Lynch added seven rebounds and Kolesar had six assists. Murphy had 15 points and six rebounds. Sophomore point guard from San Diego, Kristen Earhart had a team-high seven assists, and freshman reserve point guard from Arcata, Ashley Johnson, came off the bench to drop nine points.

HSU's inexperience played against the team as it suffered a panic attack in the game's clos-

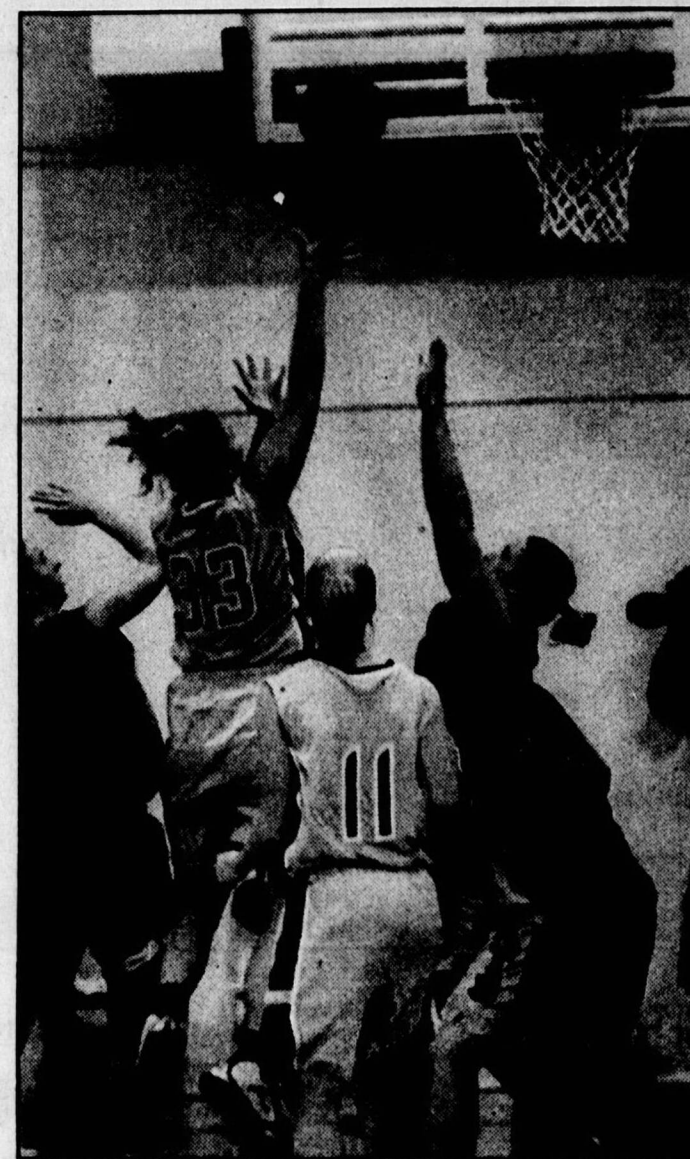


PHOTO BY JAMES MORGAN

Sophomore center Nicole Lynch (33) follows up a rebound while sophomore guard Laura Berreth (11) looks on.

ing minutes, when the 'Jacks missed a hand-full of layups. As a result, they were forced to foul, which allowed the Wildcats to extend their lead with bonus free throws.

"If you compare our defense to theirs, we got outplayed," said Murphy.

"If you compare our defense to theirs, we got outplayed."

Charlene Murphy

SENIOR FORWARD

On Thursday, HSU fell to the Seattle Pacific University Falcons, who were ranked 6th in the nation, by a score of 98-76.

The Falcons had a number of second-chance opportunities as they out-rebounded HSU 40 to 33.

It didn't help that SPU had a balanced scoring attack, shooting 46 percent from three-point land, hitting six of 13 shots from

behind the arc.

The 'Jacks applied a press, but it didn't help.

The closer it got to the end of the first half, the uglier it got.

The 'Jacks had a trio of players reach double digit figures. Lynch had 21 points and nine rebounds, while Kolesar added 15. Johnson, had 12 points off the bench along with four assists, but also had five turnovers. Junior forward for HSU, Peni Vaefaga had nine points and six rebounds in the losing effort.

SCOREBOARD

33

Wednesday, December 11, 2002

The Lumberjack

www.thejack.org

2002 MEN'S BASKETBALL (5-0, 1-0 GNAC)

DATE	OPPONENT	TIME
NOVEMBER		
23	HOLY NAMES COLLEGE	W, 99-62
29-29	at Mac Martin Invitational	
28	vs. Westmont College	W, 76-69 (OT)
29	vs. Chico State	W, 87-69
DECEMBER		
3	at Southern Oregon	W, 90-72
7	*Western Oregon	W, 88-78
12	SAN FRANCISCO STATE	8 p.m.
14	DOMINICAN COLLEGE	8 p.m.
28	at UC San Diego	1:30 p.m.
30	at CSU Dominguez Hills	7:30 p.m.
JANUARY		
4	NOTRE DAME de NAMUR	7 p.m.
9	* NORTHWEST NAZARENE	7 p.m.
11	* SEATTLE UNIVERSITY	7 p.m.
16	* at Saint Martin's	7 p.m.
18	*at Central Washington	7 p.m.
23	* WESTERN WASHINGTON	7 p.m.
25	* SEATTLE PACIFIC	7 p.m.

2002 HSU WOMEN'S BASKETBALL (2-3, 0-2 GNAC)

DATE	OPPONENT	TIME
November		
23-23	Chico Tournament	
	v.s. UC Davis	W, 70-68
	v.s. Chico State	L, 81-103
30-30	Holy Names Tournament	
	v.s. Holy Names	W, 76-69
	v.s. Southern Oregon	L, 80-83
DECEMBER		
5	* SEATTLE PACIFIC	L, 76-98
7	* CENTRAL WASHINGTON	L, 74-87
12	DOMINICAN	6 p.m.
14	CHICO STATE	6 p.m.
21	at Sonoma State	6 p.m.
29-29	UC San Diego Tournament	
	UC San Diego	8 p.m.
	Western New Mexico	6 p.m.
JANUARY		
9	*at Western Washington	7 p.m.
11	*at Seattle University	7 p.m.
16	* ALASKA FAIRBANKS	7 p.m.
18	* ALASKA ANCHORAGE	7 p.m.
25	*at Western Oregon	5:30 p.m.
30	*at Northwest Nazarene	7 p.m.

HOME GAMES IN BOLD

All home games are in the East Gym

*Great Northwest Athletic Conference game

Schedule shown through January

HUMBOLDT STATE **JACKS** OF THE WEEK



Trey Shannon, a junior from Yuba City, came off the bench to score 19 points and grab a team high 11 rebounds, in a come from behind victory over Western Oregon University on Saturday in the East Gym.



Nicole continues to be a headache for any defender she faces. Lynch, a sophomore from Danville, is the conference leader in scoring with 20.6 points per game and her team in rebounds with 8.6 per game. Over the weekend Lynch had 21 points and nine rebounds against Seattle Pacific followed by 18 points and seven rebounds. Both were losing efforts.

The Lumberjack Editorial

Thank you, Jerry.

You will be missed, and never forgotten

In general, this is the space that we, as the ed-board of *The Lumberjack*, save for saying what is most controversial, though based in fact.

And on those occasions when there is nothing too controversial to take a stand on, we just lean to what is most important.

Well, there were a lot of important items, and even controversial ones, that went into this paper this week. But from time to time, there are more important things to take care of.

For us at *The Lumberjack*, the departure of our adviser, Jerry Reynolds, is as important as self-mutilation, teenage pregnancy and the various violent crimes.

As journalists, we rely on the ones who have come before us to show us about the way things have to be done. A journalist has a lot of power, by the nature of our position in society (some thing Reynolds has taught us).

And that kind of power cannot be taken lightly.

But we aren't very far removed from our youth. It's easy to overlook the weight we carry. But it's never easy to overlook the contributions to our responsibilities that a professor like Reynolds has given.

Reynolds has allowed us to learn for ourselves. He has given us the tools, and then trusted us enough to try and show that we know how to use them.

And more than that, Reynolds has always been there for us when we did not know how to use those tools. So many the Monday night, when a devoted *Lumberjack* staff sits in the basement of Nelson Hall East, Reynolds has listened for frantic phone calls or even made the trip back to the university to help bail us out of a difficult situation.

On top of that, Reynolds has been there for us on Thursday to tell us where we went wrong with the paper and, more importantly, where we can go right with the next issue.

His devotion and understanding are uncommon. And the gratitude we feel toward him is just as uncommon. So it seems most appropriate to, in an uncommon fashion, reserve this space for our thanks to him.

Most likely, the old school of journalism would take this editorial as being unprofessional, and certainly it is not a sign of the way things will be. But it is important to remember the people who taught us how to be professional. So thank you Jerry. Thank you for what you have given us, and what you have given to those who came before us.

Statement of Policy

Questions regarding the editorial content of *The Lumberjack* should be directed to the editor at (707) 826-5922.

- *The Lumberjack* editorials are written based on the majority opinion of the newspaper's editorial board.

- Guest columns, cartoons and opinion articles reflect the opinion of the writers, not necessarily those of *The Lumberjack* or its staff.

- *The Lumberjack* welcomes submissions for guest columns or guest cartoons.

- Letters should be no more

than 400 words and guest columns no more than 750 words.

- Letters can be mailed, delivered or e-mailed (preferred) to *The Lumberjack*, Nelson Hall East 6, Arcata, CA 95521. Email: thejack@humboldt.edu

- Letters must be received by 5 p.m. Friday for next issue consideration. Letters and guest columns must include the writer's name, city of residence and phone number. Include major and year in school if a student.

- Letters from the same author will only be published every 30 days.

Letters to the Editor

Students should show respect to their nation's flag

Recently I heard comments made by some HSU students concerning our country's flag. Some comments voiced were things like "the flag means nothing" and "it's a worthless symbol that should be done away with."

I am a veteran of the US Air Force, a proud citizen of the United States and a fellow student of those who have no respect for the symbol of our flag. When I hear comments made similar to the ones made by some disrespectful students, I want to laugh and cry.

I laugh because if it were not for the freedom we have in this country — fought for, defended and preserved by hundreds of thousands of men, women and children for more than 200 years — those students would not be free to make those statements.

They could not express those sentiments against their country's symbol of nationality, unity and freedom.

Nor would they be free to be students — men and women of all nationalities, cultures, ethnicities, backgrounds, religious beliefs and heritages — here at HSU or at any other college of their choice wherever and whenever they choose.

Don't forget the financial aid monies, which the government of this country pays so all students can afford to go to college.

Yes, there are shortcomings to having freedom in our country under the symbol of the American flag of the United States. But those shortcomings are very insignificant in com-

parison to the overwhelming majority of the world outside the walls of the United States.

I hurt and I cry because of the embarrassment and insult people, who show no respect for our symbol of freedom and "liberty for all," display and convey in their thoughts and actions. It saddens me to know that they have no respect for our American flag or our National Anthem.

This country — our America — is a freer, more pleasant place to live, work and follow our dreams than it has ever been.

We have done things wrong in the past and we will probably do bad things in the future as well.

But you cannot deny that America is the best place in the world to live, be a citizen and raise our children.

We are a united people, a diverse people, who have freedom to be who we want to be.

Be proud of your flag, be proud of your country and be proud to be an American.

If you can't do those things, then maybe you need to be living in an impoverished nation — a large part of the world — wondering if you're going to be eating a next meal or if you'll survive a warring tribe or coup's invasion of your home and family.

Under one flag I freely stand and pledge my allegiance to this country, will you?

Marc Cooper
LSEE Senior

If you get it — Morning After pill provides protection

Condoms break, partners flake, accidents happen.

So it is that many a Monday morning finds young women visiting the Health Center, requesting "The Morning After Pill."

A regimen of pills twelve hours apart, "The Morning After Pill" must be taken within three days to be effective, and it is more effective the sooner it is taken.

But what's a person to do if the accident happens Friday night, and there is no Health Center available until Monday or — if a Monday holiday — until Tuesday?

One easy solution is to get the pills before they're needed — like stocking flashlights before the power failure.

For those who don't like to purchase something they might never use, there is another option. The State of California permits pharmacists to dispense "The Morning After Pill" directly to patients.

Not all pharmacies provide this service (none in Arcata), but Myrtle Towne Pharmacy and Henderson Center Pharmacy — both in Eureka — do. And Henderson Center pharmacy is open on Saturday, from 9 to 5.

So if Friday night's a bust, you still have an option.

Jay David, MD
Student Health Center



Celebrities and crime seem to mix well

Community service, paying fines isn't enough for their punishment



I'm sure most people have heard of the recent case of Winona Ryder and her shoplifting spree at the expense of the very high-priced Saks Fifth Avenue, but has everyone heard the outcome of her court date for sentencing last Friday?

The actress was sentenced to three years supervised probation, ordered to perform 480 hours of community service before the end of April 2003, undergo counseling and pay a large fine of \$3,700.

Supposedly this was her first offense, so prosecutors had not asked for jail time. She would have faced three years in jail had the full extent of the law been imposed on her, but that didn't happen.

Ryder lifted more than \$5,500 worth of merchandise from the store and are we really sure if this is the first time she has performed such a feat? I for one feel that it's not and it will most likely not be the last. Did she actually think she wouldn't get caught? Please.

As I watch the daily dramas of celebrities' lives, I really feel a good deal of them think they are above us 'normal'

people and the laws we have to follow.

Much talk has circulated about the fact she has been made an example of by the judge because she is a celebrity and is expected to hold herself to a higher standard. This may be true, and it's about time.

We all remember the O.J. Simpson fiasco of a trial. Most of the world feels he's guilty and that hasn't changed, but since he's a celebrity he got a much better outcome than a normal everyday working person would have gotten.

Don't forget the drama of Robert Downey Jr., the multitude of hip hop and R&B artists

and countless other names in show business in the past that have all gotten away with getting little or no punishment for their crimes, simply because they were celebrities.

As for Ryder, her lawyer suggested in court that she had been through enough because of the constant public scrutiny and pressure since the crime

was committed.

Did he happen to watch a recent episode of Saturday Night Live like the rest of the nation?

Ryder blatantly trivialized her situation with a comedic skit that made light of the possibility of her going to jail.

During Friday's court proceeding, the episode was mentioned in court and anyone watching the judge could tell that he found it less than amusing.

I also found it non-humorous and thought it was poor taste to do such a thing when she had not even been to trial for sentencing yet.

Ryder still has not publicly accepted that she has done something wrong and

has refused to admit that she's guilty.

She needs to take a cue from actress Halle Berry. Berry owned up to her mistake and took full responsibility almost as soon as she could. Consequently, she has been seen in a better light since.

While Ryder has done good in the community with The Polly Klass Foundation and work with American Indian

causes, her community service will include none of these organizations.

She has been ordered to work for 240 hours with the City of Hope Medical Center, 120 hours at the Foundation for the Junior Blind and 120 hours with the Caring for Babies with AIDS Foundation. These organizations will be new territory for Ryder and it will be good for her to do something that she's forced to.

I am a person who always believes in a second chance because let's face it, none of us are perfect and I have done some pretty stupid things in my life, but I have taken responsibility for my actions and will always continue to do so.

Until Ryder owns up to what she did publicly, I can't see cutting her any slack.

Being in the public eye and having a celebrity status, she needs to remember that like it or not she is a role model.

So far, she's not doing her job as a good one.

Heather Sundblad is the opinion editor and while she is very far from perfect, she feels that honesty gets people a whole lot further in life.



Managing editor says goodbye to 'Jack

Working her way up, Bensen thanks the many people who helped



Well this is it. At least for *The Lumberjack*. Three years, six semesters and 84 issues later, I am finally saying goodbye to the college newspaper.

I realized I wanted to be a journalist during the first semester of my freshman year. I promptly signed up for beginning reporting and sophomore

year I started as a reporter for HSU's, *The Lumberjack*.

As my love for *The 'Jack* grew, my semesters on staff continued to accumulate and my love for the journalism profession blossomed.

During my time here at HSU, I have had the privilege to be taught by professors with years of experience in the field. I have learned so much, and in May, I get to prove it by getting a real job.

I so look forward to this, but I only hope I will be able to work with people half as cool as the people I've worked with here.

Being in a college newsroom has taught me that idealism can fade with age, but only if you let it.

As I look back at my pursuit to do the right thing, I think I did a pretty good job. I may have fallen short once or twice or even made a few mistakes on the way, but that's all part of the college newspaper experience.

During my time on *The 'Jack*, I have been fair and

accurate and I've always been true to what I think, even if it pisses a few people off.

But most of all, being on *The 'Jack* has taught me that journalism is not always a profession that comes with many physical rewards. The salary usually isn't great and journalists do not get the respect they deserve. But the high you get from pursuing a story and then seeing it in print and being read by thousands of people is unexplainable.

So as I look forward to moving on, I know I will miss being on staff. I will miss the late Monday nights and discussing the editorials. I will miss the closeness that I have felt with my fellow editors, and I will miss having friends who understand the importance of capitalizing the continued from and putting a keyline on their photos.

From my fellow editors, reporters and especially my adviser, Jerry, I have learned so much here at *The 'Jack* that I now feel brave enough to go out and find a job as a journalist.

So now as I wrap up my last *Lumberjack* column, I want to take a minute to give some shouts out.

My *Lumberjack* friends, thank you for all that you have done for me. My *Lumberjack*, mom thank you for always listening and for giving me advice. And Jerry, I want to especially thank you for your guidance and for sharing your knowledge. Your instruction during the

last three years has helped shape me into the writer I am today.

Matt Crawford — way to be there, man — and to the rest of the editors, it has truly been a pleasure.

Boyfriend, thank you for your support and for helping me chill. And of course mom and dad, thank you for your continual support and for encouraging me to follow my heart.

I look forward to writing for years to come, and I want to thank everyone who has inspired a column. Alan, Dan and Sonali, I think my strongest inspirations came from you.

So for now I won't say goodbye, only see you soon. It's been

a pleasure serving you.

I remember my first day on staff and sitting nervously during my first critique and now I remember my last critique and how tears welled up in my eyes as I realized, I'm done and off to bigger and better things.

So for now later, I'm out 2003!

Christine Bensen is the former managing editor and is ready to embark on her chosen career, even though she will miss the gang at The Lumberjack.



War or violence not the threat, we are



It's often easy to look at violence or a violent environment and make general calls about right and wrong.

But right and wrong are theories. They do not work the same in a real life situation. Because of the nature of real life and its many complexities, right and wrong seem like luxuries that we often can't afford.

So when you look at a case like that of Benjamin Woods, who is accused of killing his father, judging right and wrong seems largely out of place.

You need not talk to more than a few people in Arcata before you start to hear unsubstantiated rumors that his father beat him. And if you dig in a little, you will hear that the child is a little bit of a hood.

One could take this all at face value and just say that violence begets violence, or that it's either the nature or the nurture. But why would anyone make excuses for violence, right? Wrong.

If there is one thing that is clear

about our society, our nation, our race (meaning human), or life in general, it's that we can make excuses for violence.

I mean, if someone tries to punk you, they need to suffer. We do have values that outweigh our desires for peace and nonviolence. You hear them all the time when we discuss this war on terrorism.

Maybe we would choose freedom over life, and therefore violence over peace. Maybe we want real concepts of justice to reign supreme. And so a person who denies another of their life should have to face some violent end.

And we save that sort of justice for the real criminals, the Osama bin Ladens, if you will. We certainly don't think that Woods should have to lose his life for what he allegedly did to his father. He is a child. I don't know about you, but I would hate for a decision I made when I was 17 to

cost me my life.

No, the question in the Woods case, from an ethical point of view, is whether or not a person can be driven to violence by violence, and if so, what the punishment should be.

And really, I don't even want to attempt to answer that. There are far too many details that won't come out until a trial. The question I want to address revolves around this circle of violence.

We as people are going to have to address our violent natures. You see, it's not war or violence that presents the threat. We, based on our spirituality, have an approach that we take to complex issues.

And we try to identify motives and whatnot to properly assess those complex issues. Call it what you will, but we rationalize what we would think is wrong if confronted with only the situation at hand.

I don't want to condemn this way

of thinking. In fact, I think it's most beneficial to the survival of humanity. And we should always do what is most beneficial to the survival of the species.

But we should never accept stepping blindly into this circle of violence. The point is this, violence is often too complex to subject it to some right-or-wrong ethical system. We need to use this rationalization to our benefit. Dare I say, it would be wrong not to do so.

With that, we wait for rational-minded people to give direction based on facts. We wait for juries to make informed decisions when talking about the life of a young man. And we wait for more than just a hunch or a grudge to send thousands of young men to fight for freedom.

We can't afford to step any further into the circle of violence. And I'm not sure I can afford to step any further into this line of reasoning. So I will just stop now.

James Morgan is the editor of The Lumberjack, and he really hopes nobody actually reads this crap.



CSU will raise student fees in 2003

Board of trustees say proposed increase to balance large deficit

Hey, got an extra \$72? You better, if you want to attend a CSU this spring semester. That's right, the CSU board of trustees is about to balance California's budget deficit right on our back.

On Dec. 16, the board of trustees is holding a special meeting to vote on a proposal to increase student fees 10 percent effective this spring.

That means that you will be asked to throw \$72 a semester (\$144 a year) of your money into a sinkhole, the gap in the CSU budget that the governor has not adequately funded.

To attend HSU, a full-time undergrad pays \$1,891 annually — \$1,428 of that money is the State University Fee. This fee goes strictly to academic costs and represents about one-third of what it costs to educate each student for a year.

The remaining two-thirds are covered by the state from the General Fund as part of the CSU's annual budget.

This year, with California facing a budget deficit upward of \$20 billion, the governor did not provide the CSU budget

with enough money to cover the 2/3 of our academic costs, effectively handing the board of trustees an ax, and forcing student fees up onto the chopping block.

The trustees, and proponents of increases in student fees, are blowing some sweet-smelling hot air to try and justify their proposed increase.

It is important, now more than at any time in the past decade, to call supporters of this proposal out on the falsities they are perpetuating.

First to the idea that because student fees in the CSU system are low when compared to other public university systems, this fee is justified.

This idea is a betrayal of the legislature's intent when it formed the CSU system. Part of the CSU system's mission, is "to encourage an provide access to an excellent education to all who are prepared for and wish to participate in collegiate study."

This fee increase is an insignificant burden to some, the equivalent of a weekend at the bars.

But for those working the

hardest for their education, those for whom this increase will make all the difference, this fee will be a very real bar, a bar too high for many to hurdle — blocking deserving students from access to a college education.

The whole idea behind having a public university system like the CSU is that the investment made to have an educated California is an investment that will see a 10-fold return.

The fact is the UC and CSU graduates have been the force and leaders behind the economic boom that has put California on the map as the fifth largest economy in the world.

California will only continue to grow and prosper with the efforts of our college grads, and the higher the bar to access higher education, the few-

er qualified professionals we will have to guide us through our next budget crisis.

In the early '90s, California faced a budget crisis similar to the one we are in now.

By the time the dust had settled student fees in the CSU system had been increased by 58 percent, while the median household income and disposable personal income of California residents remained stagnant, raising only 6 percent between 1990 and 1999.

This means that students were forced to go into greater debt than ever before to complete their education.

This is no way to try and build a qualified work force to run and guide our future, but the governor through the board of trustees is about to repeat the mistakes of 10 years ago, and send us down that very same path.

This is only the beginning.



Guest Column

Once student fees are on the table as an acceptable form of revenue generation, they will continue to be exploited until the memory of access to the CSU system is but a memory.

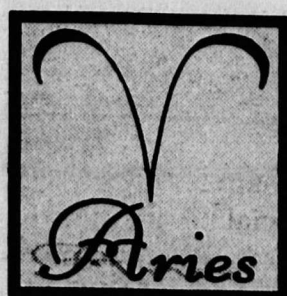
Our alma maters will overcharge students for an education that will be shrinking in value all the time, and the value of our degrees will degrade along with the CSU system.

There is hope, and there is action that we can all take. Contact the Associated Students office in the University Center.

Your president is Gretchen Kinney, your student affairs vice president is Manolo Platin, and your California State Student Association representatives are myself and David Riesenfeld.

Any one of us will be happy to answer your questions, address your concerns and direct your energies any time.

Caitlin Gill
California State Student
Association representative



Mar. 21 - Apr. 19

Element: Fire

You seem to be spending lots of money lately, a trend that will continue until Jan. 16. You do not usually let money slip this easily through your hands, there must be a reason you have gone to town, maybe too many visits to the watering hole. With the deeply spiritual feelings at play this month, take time to pray, meditate or to write in a journal. Just try not to be so overbearing.



April 20 - May 20

Element: Earth

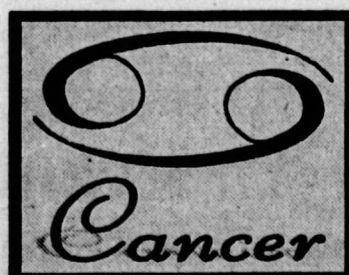
You are looking for new ways to use other people's money to your advantage. Since your sign is very wise about financial matters, you will be able to exercise your flair for financial management. Sell those books back for more money. After all, your notes in the margins may help other people's grades.



May 21 - June 20

Element: Air

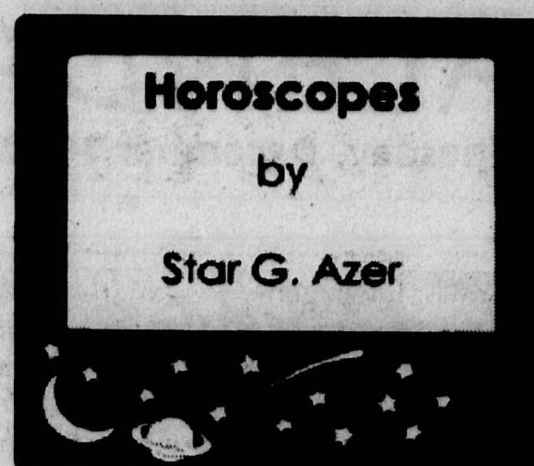
Life will be busy at work. There'll be no rest for you this month. But there's good news — this week holds excellent romantic possibilities. The presence of four planets brings positive energy your way. However, a life-altering decision seems imminent. Hmm ... to study or not to study?



June 21 - July 22

Element: Water

You may be feeling somewhat tired and fatigued this week. And as the full moon approaches on the 19th, you may feel a bit emotional. Don't worry. It's nothing that a good pint of beer or a tray of Jell-o shots can't solve.



Horoscopes

by

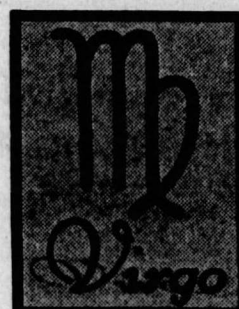
Star G. Azer



Jul. 23 - Aug. 22

Element: Fire

This should be one of the most magical Decembers on record for you. Forget about your career, money and all the other mundane things, because this month is to be enjoyed. A current project could become a springboard to enormous future success, so go out and celebrate.



Aug. 23 - Sept. 22

Element: Earth

With Venus and Mars being reunited this month, your love life will improve. These two celestial lovers have not seen each other for more than a year, which is a shame because they are happiest when they are together. If you are single, traveling can increase your chances of meeting that certain someone.



Sept. 23 - Oct. 23

Element: Air

If you are taking a test at the full moon just before you leave for Christmas vacation, study hard, but don't worry yourself sick because you are going to do well. Take a deep breath. Knowing that the stars are behind you should help calm you down a little. Now don't get too cocky, you will still have to study.



Oct. 24 - Nov. 22

Element: Water

Mars is bringing many options your way, and you will feel like you want them all. Rather than listen to the advice of others, use your instinct. Some things can only be decided by you. If you are confused, you will become more confident as you get closer to Dec. 18, your lucky day.



Nov. 23 - Dec. 21

Element: Fire

You are quite lucky to have four planets in your own sign this month. Although unanticipated events will come your way, you will see each intrusion as a breath of fresh air. At the moment, you seem to be the cosmos' favorite child. Enjoy it while you can.



Dec. 22 - Jan. 19

Element: Earth

You are a natural leader, used to being out in front, but you enjoy the advantages to playing the bystander from time to time. This week is not the time for sitting on the sidelines. Get out there, get down with your bad self and let your voice be heard.



Jan. 20 - Feb. 19

Element: Air

You should not turn down any invitations to social outings. Attending these events can't help but improve your social life, but can lead to career opportunities as well. So do not be afraid, it's okay to leave your house, even with finals being next week. You may find that even your professors are out celebrating too.



Feb. 20 - Mar. 20

Element: Water

You are about to be given a career offer that you can't refuse. Do not pass it up because you may not get the opportunity again. This month's eclipse can be the cause for any tension in your life, so do not blame yourself. Of course, nothing is ever your fault.

WEDNESDAY 11**Wesley Willis**

8 p.m. at the North Coast Rep
 Wesley Willis returns to Eureka
 to bring to you his antidotes. DJ
 Thanksgiving Brown will open.
 Cost \$7.

THURSDAY 12**Kulica**

9 p.m. at Six Rivers Brewery in
 Old Town.

The Motet

8 p.m. performance in the Kate
 Buchanan Room. SambaDa opens.
 Must be 18 or older. Cost is \$10
 general and \$8 for students.

FRIDAY 13**Back Seat Drivers**

Acoustic blues at Muddy Waters
 from 8 to 10:30 pm. Back Seat
 Drivers plays delta blues and
 original music, featuring Amanda
 Gray on vocals, Alan Glaseroff
 on guitar, Frank Anderson on
 harmonica and Ann Lindsay on
 bass. There will be a \$5 cover
 charge.

Book Signing

Northtown Books: from 7-9 p.m.
 six local children's book authors
 will feature their works. Barbara
 Kerley, Joan Dunning, Natasha
 Wing, Mary Nethery, Terry
 Miller Shannon and Tim Warner.
 Refreshments will be available.

SATURDAY 14**Conscious Community**

7 p.m. at the Old Arcata

**The Motet**, Boulder, Co.'s

funky afro-cuban jam band, will
 perform in the Kate Buchanan
 Room Thursday night at 8

Community Center. Featuring
 music by The Sisters of the
 Revolution, The Oxygen
 Collective and hip hop with
 Realize.

Special guests include the
 Shadow Performance Group
 and special guest speaker Rod
 Coronado.

\$5 for concert only, \$10
 suggested donation for dinner
 and show.

SUNDAY 15**Digging Up the Dirt**

1:30-3PM, on KMUD, 88.3 FM,
 two, 45 minute interviews,
 starting with the public policy
 advocate on cancer issues, Dr.
 Samuel Epstein.

The subject will be the politics
 of cancer. Next up, an interview
 with the leading investigator
 on the real causes behind the
 9-11 terrorist attacks, Michael
 Ruppert. For more information
 call Dave at 825-8767

MONDAY 16**HSU String Studio Recital**

The performance is at 8 p.m. in

the Fulkerson Recital Hall at HSU.
 The event is free.

TUESDAY 17**Interviews**

1:30-3 p.m., on KMUD, three
 half hour interviews starting
 with author, Nancy Snow, on
 the history of propaganda in the
 U. S. followed by an interview
 with author, Ross Gelbspan, on
 climate change/global warming.

The event will end with an
 interview with peace activist and
 Vietnam veteran, Brian Wilson,
 who will speak on solutions
 to the political, economic and
 environmental problems facing us
 today.

Got An Event?

E-mail listings to Jaime Crippen at
thejack@humboldt.edu or send them to
 The Lumberjack office at:

Nelson Hall East #6
 Humboldt State University
 Arcata, CA 95521

Event listing forms are available
 outside of The Lumberjack Advertising
 Office or at the Clubs Office on the
 second floor of the University center.
 Deadline for submissions is 4 p.m. the
 Friday before desired publication.
 Publication cannot be guaranteed.

CLASSIFIEDS

Wednesday, December 11, 2002

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The Lumberjack

www.thejack.org

CAVEAT EMPTOR

Before responding to advertisements requesting money to be sent or giving a credit card number over the phone, you may want to contact the local Better Business Bureau to verify the authenticity of the company.

The Lumberjack is not responsible for the validity of any offers advertised.

FOR SALE

SWEET VIBRATIONS SALE Over 100 adult toys and lotions, cost or below. New videos, 3 for \$20 and more (ex: \$75 remote for \$13). E-mail sweetvibrationswest@hotmail.com for catalog photos or come by 434 Second St. (Old Town) Eka. 444-2260.

HELP WANTED

WANTED CHINESE TUTOR Needed. \$10/hr. Call Mike at 822-4577.

FOR RENT

UNIQUE, NEW 1 BEDROOM duplex on 2nd floor of watertower. Hardwood floors, dishwasher, office/study, washer/dryer, \$675/month includes utilities. \$1,000 security deposit. No smoking, no pets. Available now. 839-3329.

ANNOUNCEMENT

Fraternities • Sororities Clubs • Student Groups

Earn \$1,000-\$2,000 this semester with a proven CampusFundraiser 3 hour fundraising event. Our programs make fundraising easy with no risks. Fundraising dates are filling quickly, so get with the program! It works. Contact CampusFundraiser at (888) 923-3238, or visit www.campusfundrasier.com

THRILLS

HUM-BOATS Sailing, Canoe and Kayak Center: Year-round tours, lessons and rentals on Humboldt's Bays, estuaries and lagoons. Sailing Lessons, High Tide guided paddles. Motor boat Bird Tours. Licensed, certified professionals since 1994. Hum-Boats On Woodley Island, Eureka. 443-5157.

OPPORTUNITIES

BARTENDER TRAINEES needed. \$250 a day potential. Local positions. 1-800-293-3985 ext. 263.

BAY, BIRDS & BOATING Loons, Cormorants, Grebes and more winter Bay Birds. See them from the deck of Hum-Boats Water Taxi. Naturalist Captain Jay can take you there. see humboats.com or call 444-3048, Hum-Boats Sailing, Canoe and Kayak Center, Woodley Island Marina.

SERVICES

ESTUDIOS PROFESIONALES de la composición, la improvisación y el trombón con Marco Katz, un músico bilingüe. 825-1142 www.sydmusic.com/marco

MR. MECHANIC MOBILE SERVICE Promoting auto awareness, repair and maintenance. 50% off shop quotes, plus parts. For estimates, call Marcus at 822-1546.

SERVICES (cont'd)

GIVE OLD LAMPS new life. Traditional restoration of lamps and more. Magnificent new finishes, safe complete rewiring, professional handcrafted shades. treeguardino@msn.com 269-0544.

PERSONALS

All ads of a personal nature must be placed at The Lumberjack's advertising office. Advertisers must present proper ID when placing ads of a personal nature. No ads of a personal nature will be accepted through the mail. No telephone numbers,

PERSONALS (cont'd)

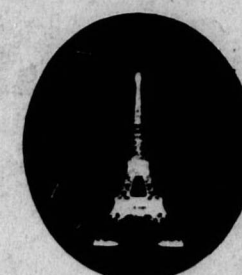
addresses or last names can be used in ads of a personal nature.

HEALING MASSAGE classes taught during December. Learn Shiatsu, Thai and other varieties. Reasonable student rates. Classes held near HSU. Call Danesha Dawn, LMT, for times, location and other details at 1-888-726-0187.

See your classified ad here! \$4/students and nonprofits; \$6/all others. Call 826-3259, e-mail ply7001@humboldt.edu or come by NHE 6.

Congratulations to the new editorial board for The Jack! Good job, guys!

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