

The Lumberjack

Serving the campus and surrounding communities since 1929

Vol. 84 No. 26

Wednesday, April 21, 2004

Arcata, Calif.

Music for the earth

Andrew Tosh headlines the Sustainable Living Arts and Music Festival this Saturday on the Special Events Field.

► Page 17

Men need direction too

Cunnilingus is one of the most difficult sexual acts to perform successfully.

► Page 19

Tell them goodbye!

Softball closes out the home season in style, crushing St. Martin's in four straight.

► Page 23

The future has arrived



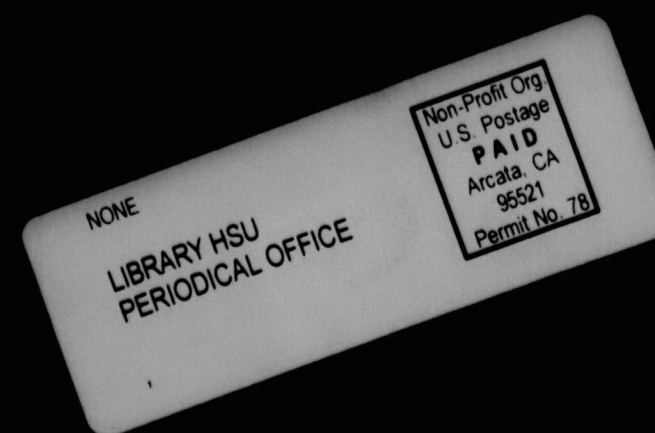
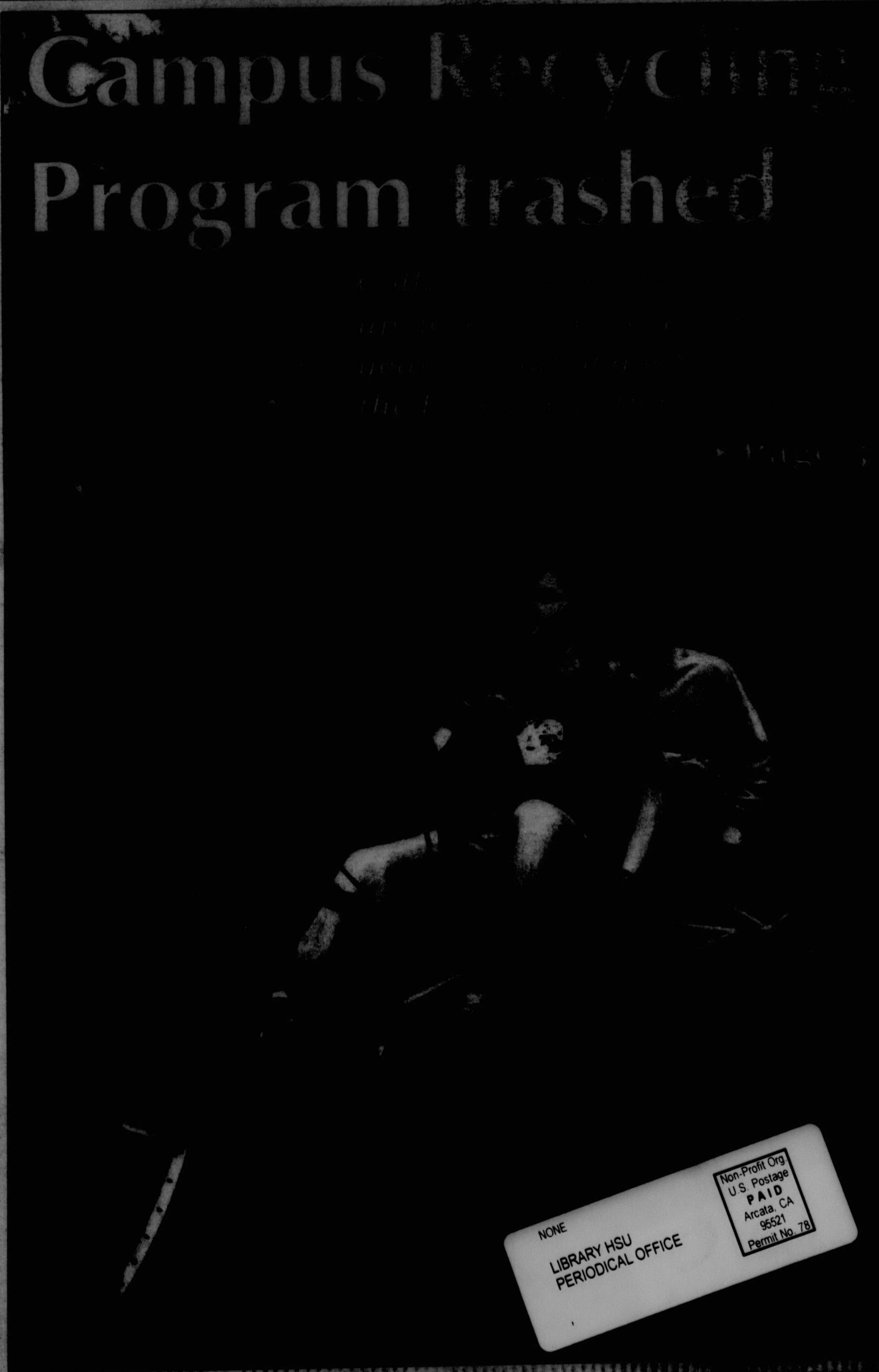
Scientists at the Lawrence Lab in Livermore hope to achieve fusion with the world's strongest laser.

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Campus Recycling Program trashed

Call it a recycling program or a recycling program, but the Humboldt State University's recycling program has been trashed.

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THE LUMBERJACK

WEDNESDAY, APRIL 21, 2004

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the cover

The Ecocycle, driven by Sean McCartney and
Jesse Rathbun, picks up some recycling on
campus, but it may not be able to continue next
year. Cover design by Erik Fraser. Cover photo
by Michael Schnitzer.

the corrections

The May 14 telltale seminar will be held at
Good Relations Lovers Boutique, located at
308 2nd St. in Eureka.

In the "Under the Hood" column last week
"blocks" should not be confused with cinder
blocks. Do not use cinder blocks to prop up
your car.



SEAN M. QUINCEY

Center fielder Andrea Williams (4) waits as Hannah Hanes (19) pitches to a
St. Martin's player on Saturday. The 'Jacks beat the Saints 9-2. See page 23.

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Science to Snack On

The Student Fee Advisory Committee of Humboldt State University is Hosting a HSU Energy Independence Fund Fee Referendum

April 20,21,22 2004: 72 Hour Online Voting
Through an Associated Students General Election

Description and Purpose of Fee

The purpose of the HSU Energy Independence Fund (HEIF) is to meet all of HSU's electricity needs with renewable energy by 2043. The Fund creates a pool of money generated from a student fee of \$10 a student per semester that will make HSU energy independent by funding projects that conserve energy and generate electricity from renewable resources. All projects funded by the HEIF will be designed by students and proposed to the student majority HEIF committee for approval. The committee will collaborate with HSU Physical Services to implement the projects, and completed projects will be owned and maintained by HSU. This fund will provide unique educational opportunities for HSU students, reduce energy costs, and enhance our reputation as a pioneer in environmental sustainability.

The proposed fee would take effect in fall 2004 and would continue until HSU has reached energy independence and is generating all of its own electricity from renewable resources. At the end of three years, the HEIF student fee will be reviewed by the Student Fee Advisory Committee to make sure it is meeting the students' expectations.

Ties to the Academic Mission of HSU

Student involvement is integral to the HSU Energy Independence Fund, as it is students who formulate project proposals, approve projects for funding, and seek outside supplemental funding. The HEIF will not only offer students an unparalleled opportunity to learn about energy conservation and renewable energy technologies, it will allow the students of HSU to see these technologies implemented. This process enables students to apply the knowledge they have gained in the classroom to a tangible and significant project, while providing real-life experience in problem solving.

Ballot Question

"Do you approve an HSU Energy Independence Fund Fee in the amount of \$10 per student per semester with the goal to make HSU energy independent by 2043? The proposed fee will be effective Fall 2004 through Spring 2007. Summer 2007, the fee returns to \$0 unless recommended for renewal by the Student Fee Advisory Committee."

- o YES A Yes vote indicates your approval of the fee.
- o NO A No vote indicates your disapproval of the fee.

Statements in Support of the HEIF Fee

- o Powering HSU with renewable energy is environmentally and fiscally responsible.
- o This fee will give students real-world experience, and let them see their work implemented.
- o A student majority committee ensures that funds are used for the benefit of students.
- o Taking the initiative to fund clean energy here at HSU will make a strong statement of its importance, and will help the transition to renewable energy statewide.

Statements Against the HEIF Fee

- o It is not the students' responsibility to pay for University utilities or equipment.
- o The educational opportunities created by this fee will only benefit some students.
- o An additional fee would limit access to future students and is not in keeping with the mission of the CSU.
- o If students choose to pay for clean energy here, it will reduce the chance that the CSU will fund renewable energy statewide.



MICHAEL SCHNALZER

This is a portion of the 300 tons the Campus Recycling Program processes each year.

No more recycling

Plant Ops cuts mean the end of program

► **Cat Sieh**
Lumberjack Staff Writer

The Campus Recycling Program collects 300 tons of recyclables a year, creates \$30,000 in annual revenue, makes HSU a leader of sustainability and will be eliminated starting July 1—a move that will put the university in violation of state and city waste reduction mandates and potentially cost the city of Arcata \$10,000 a day.

"(HSU) is invariably creating this image as a sustainable leader," said Associated Student President Gretchen Kinney-Newsom. "But if you rip out the backbone of that image, the backbone of the university, then what are we? We're hypocrites."

The budget cut that spawned 21 layoffs in the Plant Operations department on April 8 doesn't just mean fewer custodial staff to clean up the campus. As of July it means Campus recycling Advisor/ Solid Waste Reduction Manager Alec Cooley, and half a dozen other collections workers are out of a job. It means that Jerry Saner will not drive the col-

lection truck to pick the aluminum, glass and plastic that will overflow from more than 350 containers on campus. In effect, it means that the Campus Recycling Program has been canned.

"State Assembly Bill 75 requires all state facilities to meet a 50 percent diversion goal," Cooley said. "Last year we diverted 59 percent—one of the best rates in California."

Cooley said that punishment is rarely enforced on non-compliant universities. However, the City of Arcata must also meet a 50 percent goal under code AB939. Since HSU is a factor in the city's percentage, Arcata could be fined \$10,000 a day if HSU fell short.

"There's no question in my mind that with my position eliminated that we will not divert more than 30% next year," Cooley said.

The program already pays almost completely for itself. In addition to the \$30,000 generated from selling recyclables and service charges to other departments, HSU saves an additional \$30,000 by not having to put that

waste in a landfill. Revenue and disposal savings cover \$50,000 to \$60,000 of the \$80,000 needed to fund the program, Cooley said.

Campus recycling is an Associated Students program run partially by students, partially by state employees. Students only collect five percent of campus recyclables.

Since the recycling program receives its funding from AS, no funds have been directly cut from its program—but by eliminating the position of its advisor and manager, HSU has effectively crippled the ability to continue recycling service.

"If you take away their advisor and you take away recycling on campus, the program will die," Kinney-Newsom said.

When the program was initiated in 1974, students collected the campus recycling themselves.

But in 2001 the program gave responsibility for most recycling collections to the university to focus its attention on education outreach and food composting on campus.

▼ see RECYCLE, pg. 5

New budget cuts 'not proportional'

► **Aimee Clizbe and Matthew Mais**
Lumberjack Staff Writer and Editor

The University Budget Committee's proposed budget for the Student Affairs division has drawn criticism.

"I don't understand how they felt that these cuts were proportional," Associated Students president Gretchen Kinney-Newsom said.

"Every year the Career Center registers 5,000 students, but there are only about 400 students supported by Athletics," Kinney-Newsom said.

The Career Center will be cut by 15 percent or \$70,000, reducing its budget from \$460,343 to \$390,343, and the Athletics Department was cut by 10 percent, which results in a loss of \$294,600, decreasing the money it receives from Student Affairs from \$2,266,156 to \$2,039,54, according to the UBC budget proposal.

"The Career Center has taken a disproportionate cut for the last two years and it's going to affect the number and quality of

service we are able to provide to students," career counselor Barbara Peters said.

"I have never worked as hard as I have this semester," Peters said.

Most of the career center employees have voluntarily given up their paid vacation.

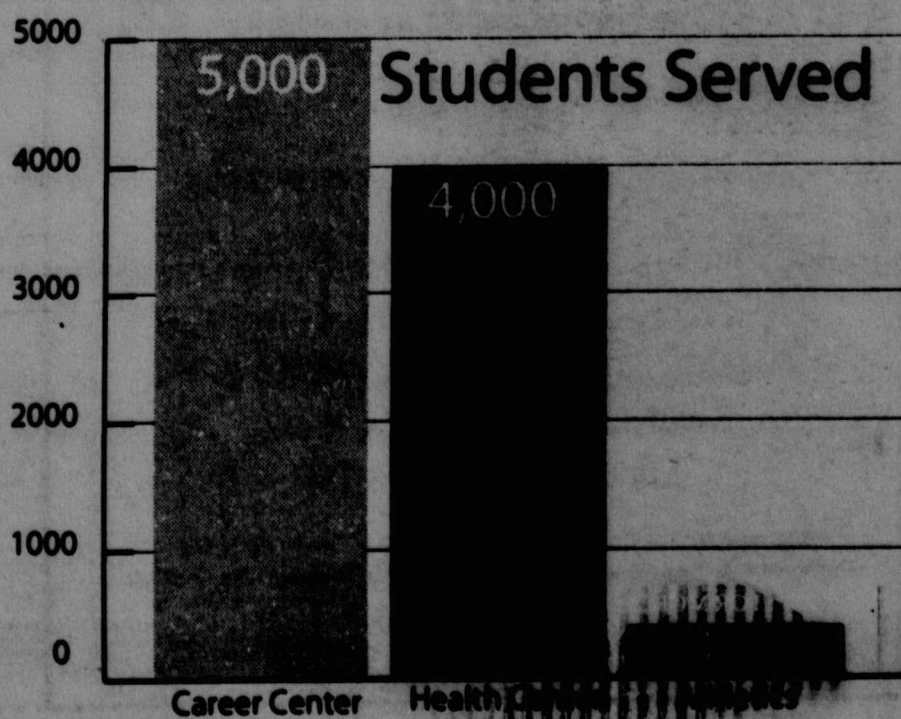
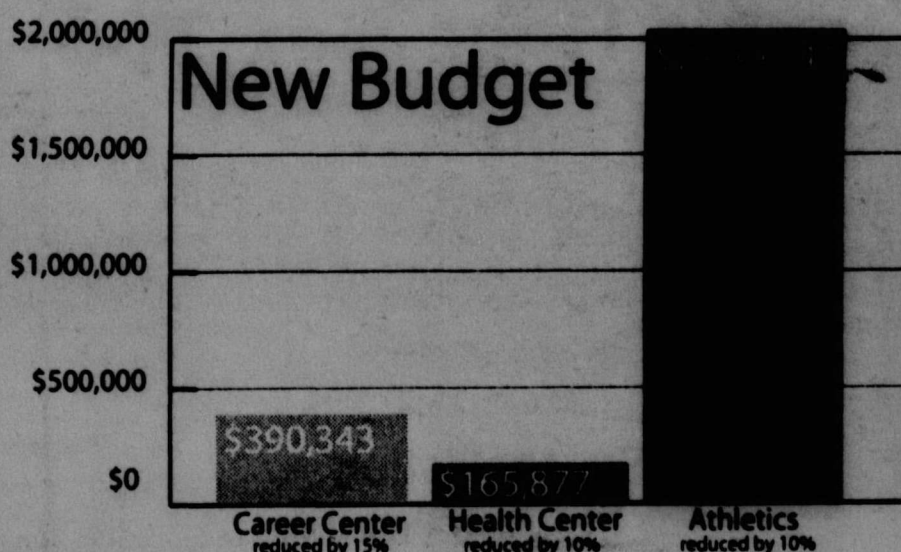
Vice President of Student Affairs Steven Butler proposed the budget.

"We are forced to take into account the value to students and the university...of each program," Butler said. "There is no scale to say that one program is more important than the other."







Kinney-Newsom suggested that if the Athletics Department increased its cuts by three percent or \$67,985, it would lessen the blow to the other 10 areas.

"Athletics brings in the most money to the university, and it also brings in more diversity, but the money that it generates goes right back into the [athletics] program. It cannot be divided up and redistributed to other areas

▼ see BUDGET, pg. 4



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VISIT THE CHOICE TABLE AT THE HSU ARTS AND MUSIC FESTIVAL ON SATURDAY, APRIL 24TH

For more information, please contact:

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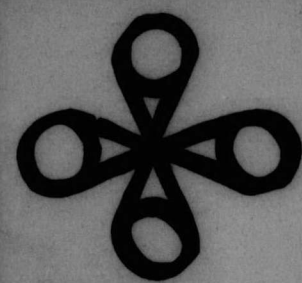
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▲ BUDGET, from pg. 3

of the university," Kinney-Newson said.

"Because Athletics has such a huge budget... if the [Athletics Department] increased its cuts to 12 or 13 percent it would save everyone else's butts, and they wouldn't have to cut so much in other areas like the Career Center, or Student Life, Kinney-Newson said."

Taking another three percent, or \$61,186 from the Athletics budget could possibly affect HSU's standing in the National Collegiate Athletic Association. Currently HSU has 12 NCAA sports. The NCAA requires that all involved maintain a minimum of 10 sports.

"If they had to take increased reduction, it would increase the probability that we would have to eliminate a sport," Butler said. He also said eliminating a sport would have an effect on HSU's Title IV standing.

"[Athletics] impact is not only [on] a large number of students who come up here because of the publicity and name recognition in sports, but it also generates donations and community support larger than any other program on campus," Butler said. "It's not putting one over the other, it's trying to look and see what we can [cut]."

"In the Career Center for example, we have some data that indicates that, in comparison to Chico, we have more staff in the career area, even though they have twice as many students as we have," Butler said.

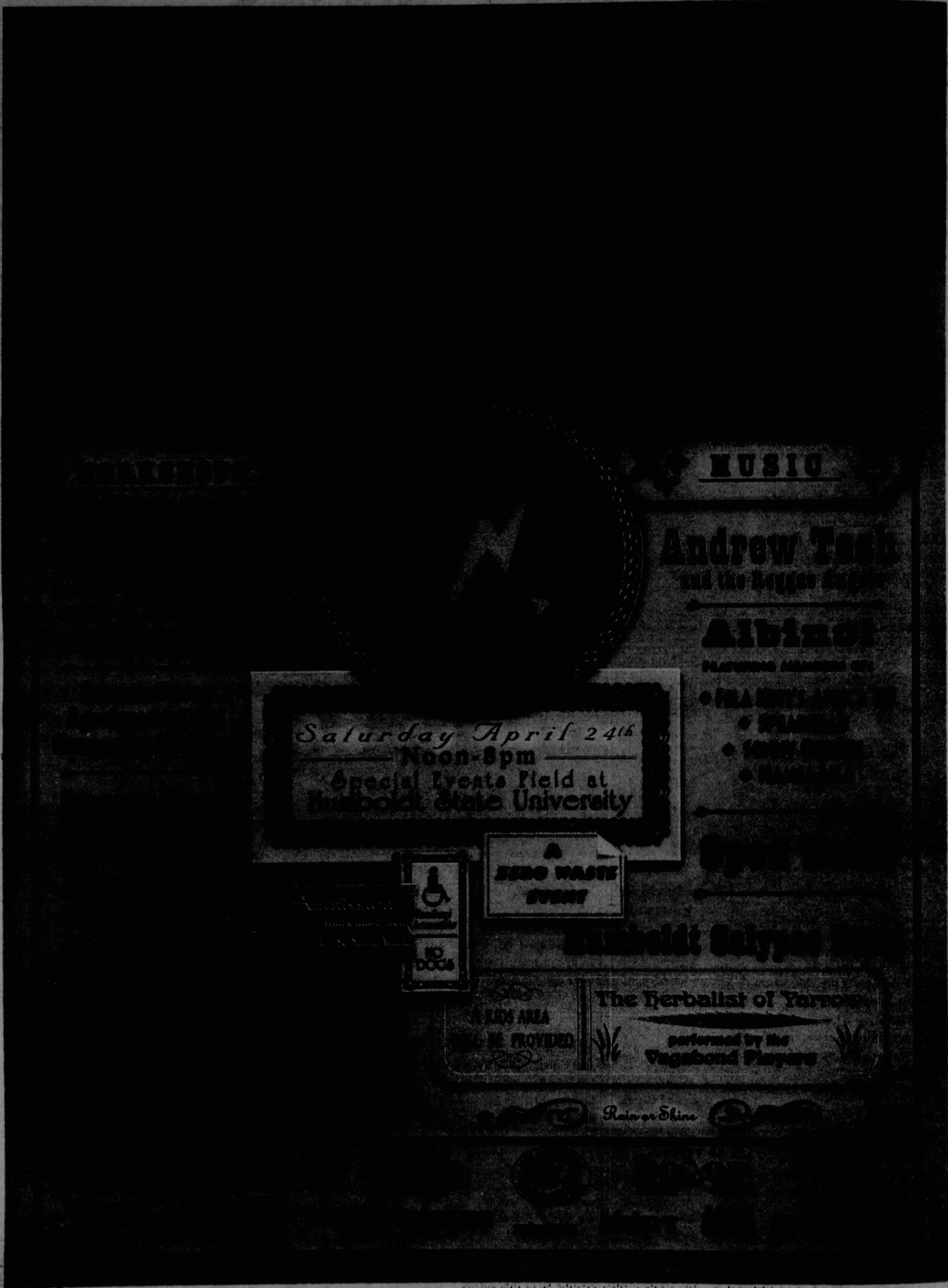
While Chico may have twice as many students, its equivalent to the career center called the Career Planning and Placement Office registers 1,550 students a year comprised only of graduating seniors and alumni, said Leslie Jessee, an employee at the Chico office. Compared to HSUs 5000 students a year ranging from freshman to alumni.

Chico's office is comprised of five full-time employees and two part-time. The Career Center is staffed by one full-time employee and eight that are employed for ten months out of the year.

It is also proposed that the Health Center will be cut by ten percent. The center is utilized by 4,000 students each year, according to its statistics.

"It's tough for everyone [at the university], people are losing jobs and fees are rising," said Bryce Kyburz, assistant director of health promotion and outreach program.

Aimee Clisbe can be reached at alc33@humboldt.edu



MUSIC

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Bipolar disorder

Conference on disorder opens dialogue on issue

► Ahnie Litecky
Lumberjack Staff Writer

Bipolar disorder activists will present a community workshop at HSU's Nelson Hall East room 106 at 6 p.m. next Wednesday. The workshop is titled "Walking the Edge of Insanity: Navigating the world of mental health as a radical in the 21st century."

Presenters Sascha Scatter and Ashley McNamara created the Icarus Project, a Web site designed to inform and support individuals, families and friends dealing with bipolar disorder, also known as manic depressive disorder. The pair, both diagnosed with bipolar disorder, decided to travel the country this spring to encourage open dialogue about the mental illness.

"We are trying to create a middle ground between people with extreme

"We are trying to reframe the way people look at mental illness."

Sascha Scatter
Icarus Project presenter

views of mental illness; whether it's radical views that believe mental illness is a purely social construct or more mainstream views that think we should give Prozac to everybody," McNamara said in a phone interview from Montana. McNamara, 24, is from the Bay Area and was diagnosed with bipolar at age 19.

"We're trying to open up dialogues that aren't happening and create a safe place for people to talk about mental health issues that a lot of us deal with and that aren't being talked about regularly," McNamara said.

"We are trying to reframe the way people look at mental illness," Scatter said in a phone interview from Montana. "We want to inspire support groups to start in different places."

Scatter, a New York City resident, was diagnosed with bipolar disorder at age 18. After writing an article for a Bay Area newspaper about his personal experiences with bipolar disorder in fall 2001, Scatter received letters from many people also dealing with mental illness. One respondent was McNamara, and the two started the Icarus Project.

The project took its name from the

▼ see BIPOLAR, pg. 9



Mike Shapiro's Honda Civic is just a shell of its former self after receiving modifications to enhance its performance.

On your mark, get set, go

Racers speed for glory at the Samoa Drag Strip

Diane M. Batley and
Amanda Soltis
Community Editor and Staff Writer

Since 1955, racers have sped down the second-oldest track in the United States, located parallel to the Eureka Municipal Airport Landing Strip in Samoa.

From supercharged muscle cars to everyday work trucks, local residents turned out in a large crowd on Sunday, April 4, at the Eureka owned public track known as the Samoa Drag Strip for the first of six sponsored drag races.

"I know that we've done paint and graphics [for cars that participate in the legal street racing], Kreation's autobody shop owner Kevin Bradley said. "We've installed wings and body kits."

The Eureka Police Department will host five more "street legal" drag races on the straight quarter-mile strip this spring

and summer in an effort to provide a safe alternative to illegal street racing. According to a 2001 report by the National Highway Traffic Safety Administration, police listed street racing as a factor in 135 fatal crashes, with nationwide statistics showing that 49 people are injured for every 1,000 who participate in illegal street racing.

"We used to have problems with kids illegally racing and now we've had significantly lower numbers."

Traffic sergeant Mike Hislop said there have been no accidents, no drugs and no drinking at the races.

The drag races, which began with two held last year, have been very successful,

bringing not only a large crowd of spectators and racers but also a significant drop in local illegal street racing.

"We used to have problems with kids illegally racing and now we've have significantly lower numbers," Hislop said.

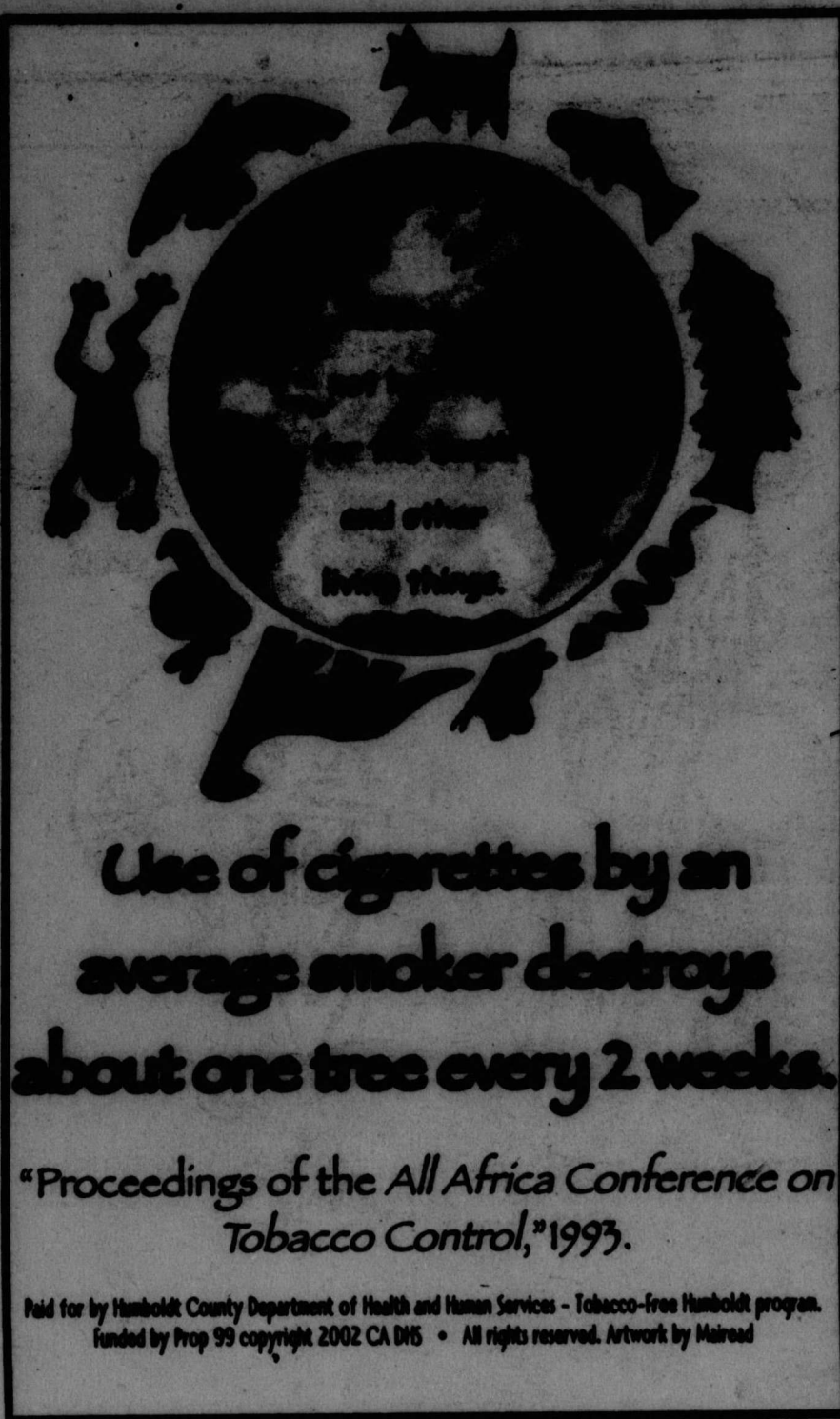
To put an exciting twist on the events, racers can purchase \$5 raffle tickets for a chance to race against an EPD officer.

"Everybody wants to race a police officer," Hislop said. Whether they win or lose, participants who are chosen to race a police officer will receive a T-shirt to remember the event.

Mike Hislop
Traffic sergeant

"Keep the Racing on the Track and off the Street" is this year's theme. The races are open to all street-legal vehicles, though racers who are under 18 years of age must have a liability waiver signed by their parents or guardians before racing. The forms

▼ see RACING, pg. 8



Use of cigarettes by an average smoker destroys about one tree every 2 weeks.

"Proceedings of the All Africa Conference on Tobacco Control," 1993.

Paid for by Humboldt County Department of Health and Human Services - Tobacco-free Humboldt program. Funded by Prop 99 copyright 2002 CA DHS • All rights reserved. Artwork by Mairand

David Kalb Award 2004

A \$500.00 award is available to political science majors and/or any student who has demonstrated personal commitment and leadership by taking an active role in student government.

This award was established by David Kalb, an alumnus of Humboldt State University. He was a political science major and served as President of the Associated Students.

To apply for this award please submit a letter of interest, a resume, and two letters of recommendation to:

David Kalb Award Committee
Department of Government & Politics
Founders Hall 180
Humboldt State University
Arcata, CA 95521-8299

The deadline for applications is Friday April 30, 2004.
A minimum GPA of 2.5 is required.

▲ RACING, from pg. 7

can be picked up at the front counter of the EPD.

"It's just a lot of fun," Hislop said. "It's just good old drag racing."

The remaining races will run on May 15, June 19, July 10, August 14 and September 11.

In addition to the police-sponsored street races, Arcata Auto Supply, Arctic Circle and Eureka Car Stereo are sponsoring "Drags Til Dusk" grudge races on Thursday nights from 6 p.m. until dusk, starting on April 29 and running through the end of September.

Grudge racing consists of races that anyone can enter, and participants are free to choose who they race against. This means that cars, motorcycles and trucks can all race against each other.

"You can match up anyone you want," said Arcata Auto Supply Vice President Patty McDonald.

Shawn Williams, vice president of the car club Humboldt Legal Street Racing said this is the second year Drags Til Dusk has taken place.

"We ran them last year and did all right," Williams said. "We started Friday nights last year and had upwards of 80 people."

Williams also said the first night of the police-sponsored drag races drew 130 cars.

A difference Williams noted

between the police-sponsored races and the Drags Til Dusk races is the sponsors of Drags Til Dusk have to pay for the insurance and costs of having an ambulance on site.

"It costs \$150 in insurance for that night [of racing]," Williams said. It costs \$60 an hour to rent

"It's all for the glory. Sometimes it's the agony of defeat."

Mike Shapiro
Autocross and drag racer

the ambulance.

Williams said \$5 is charged at the gate per car to enter the races. He said there has never been an accident and all entry money received goes to trash removal and upkeep of the track.

HLSR members man the gate and flag the cars at the track.

Racing vehicles are sometimes modified to increase power and to increase visual appeal.

Autocross (time and precision racing through cones) and drag racer Mike Shapiro said modifications are expensive. Shapiro said his 1992 Honda Civic hatchback "was an expensively modified car." Shapiro said Honda Civics are popular to modify because "they are lightweight and easy to handle and cheap to get into and inexpensive to modify."

Shapiro does not race to win money and no prizes are offered for winning a grudge race. "It's all for the glory," Shapiro said. "Sometimes it's the agony of de-

feat."

Racing is popular among a broad spectrum, Shapiro said. He said he has seen people from ages 18 into their 50s racing.

As far as safety concerns go, Shapiro said, "I think it's safer than on the street. There are no intersections."

Like other city-maintained roads, the Samoa Drag Strip is in need of repairs.

"It's in dismal condition and badly in need of paving," Shapiro said.

"The upkeep to having fast cars is expensive," Williams said.

Williams uses a quarter of a tank of gas in his Mitsubishi Eclipse for each quarter-mile race. He said this costs him about \$6 per race.

Regarding potential negative environmental impacts on the nearby coastal environment from the races, Hislop said, "There's no environmental impact and I haven't heard anything."

The Coastal Commission office was not aware of any environmental impacts from the car races.

For more information on drag racing go to www.samoadragstrip.com

Diane M. Batley can be reached at dbatley@cox.net

Amanda Soltis can be reached at ads10@humboldt.edu

Legal Consequences of Illegal Street Racing

(Laws may vary in some areas)

- You can be arrested and have your car impounded for 30 days.
- Your driver's license can be revoked.
- Your car insurance may be cancelled or the rates dramatically increased.
- If convicted of street racing or aiding and abetting a street race, you can be imprisoned for up to three months and fined up to \$1,000. Spectators are subject to penalties as well.
- Cars in and around illegal street races are often issued equipment violations.



▲ BIPOLAR, from pg. 7

myth of Icarus, a boy with wax wings who flew too close to the sun and fell to his death when his wings melted. Scatter said Icarus is a metaphor for people with bipolar disorder. The manic heights of bipolar can lead someone to fly too close to delusion and the resulting crash can be dangerous.

Bipolar disorder is a mental illness characterized by periods of mania and depression, usually diagnosed in adulthood. According to the "Diagnostic and Statistical Manual of Mental Disorders" released by the American Psychiatric Association, manic episodes often include symptoms such as irritability, high self-esteem, a feeling of invincibility, racing thoughts or outrageous behavior such as shopping sprees or excessive sexual activity.

While in a depressive episode a person may have very low energy, sleep a lot or too little, be very sad, not be able to function in work or school or have suicidal thoughts.

Treatment for a person with bipolar disorder can include therapy, medication and self-managing techniques, said Emily Sommerman, staff psychologist for the Counseling Center. Sommerman said the disorder often makes normal functioning difficult in relationships and work. HSU does not keep statistics of students diagnosed with bipolar disorder.

"I think it's (bipolar disorder) not something people typically think about unless they have it or someone they love has it," said Sommerman. "They may not understand the behaviors of people who have bipolar disorder. They may attribute behaviors to someone's character."

Heather Meader-McCausland, a women's studies junior at HSU, worked with the Icarus Project to bring it to Arcata. She was diagnosed with bipolar disorder in 1997.

Meader-McCausland said one goal of the Icarus Project is to encourage people to look at bipolar disorder as "a dangerous gift that needs to be taken care of and not eliminated." "This project is really important because we're seeing this illness from the eyes of people who are bipolar as well as brilliant activists," Meader-McCausland said.

For more information on bipolar disorder visit the Icarus Project Web site at www.theicarusproject.net

Ahnie Litecky can be reached at aml42@humboldt.edu

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Ashland Mine Productions presents: **No Big Names III** a "grassroots whitewater movement" of no-big-name kayakers running Big Drops all around the world.
An **Eel River Conservation and Restoration** presentation from Jeff Hedin and Sydney King of Piercy Watersheds Association.
Klamath Forest Alliance presents **Salmon On The Backs Of Buffalo**.

Huge Benefit Drawing:

Grand Prize: **Pyranna Kayak** from Adventure's Edge. Dozens of other prizes. Drawing tickets are \$2 - available in the HSU Quad or at River Night.

4th Annual River Art Show: Artwork of all mediums will be on display at Muddy Waters Cafe from 4/12-4/19.

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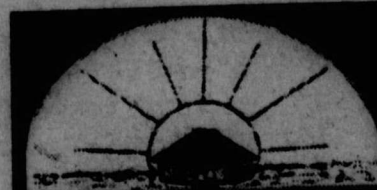


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Band-aid recycling

Recycling is good, but it's also bad, very bad. We love recycling on Mondays, Wednesdays and Saturdays, but all other days we despise it.

Recycling is kind of like pouring human waste into the ocean, or pissing straight into our fresh water supply. All those stinky chemicals and melting toxins can't be good for our air.

Recycling is just a feel-good band-aid for all the crap that we Americans consume.

The real answer is composting and making use of our own shit, like the kids at CCAT do. Be like all the eco-geeks. You too can carry an eco-friendly coffee mug to school. And Nalgene bottles only cost 10 times as much as your run-of-the-mill alternatives. But, wait, those are made of plastic too, and that's bad, very bad.

The plastics used to fashion these little gems has been known to cause birth defects in pregnant women.

See, the problem with recycling is that all those materials have to be melted down before making their way into new plastic toys. Plastic isn't really recyclable then, is it?

Tons upon tons are shipped off to East Asia to be melted down in factories far away from human rights protections. Thousands of young kids have to swallow those toxic fumes as they melt the plastic down. Then we buy the plastic crap back from them.

It's a vicious cycle really. So instead of going through load after load of plastics, metals and glass, quit bowing to convenience and drink out of the faucet every once in a while. Or better yet, buy your goods in a bulk, unpackaged fashion.

Maybe, just maybe, if we Americans took it upon ourselves to stop exploiting 60 percent of the world's resources, we could make a few more friends. And we need more friends than ever right now.

While recycling is a good start, it will never solve our problems with waste. If we continue to consume on the level that is uniquely American, our environment will only degrade further.

Like all things American, we only want a quick fix. We need to be more determined and willing to look into the source of our problems. Only from that can we glean a strategy for a solution.

So when the Campus Recycling Program got scrapped last week, we had mixed results. Nothing good can come from less recycling, but at the same time we feel it's pertinent that we search for alternatives, of which there are plenty. These are just a few of the more ridiculous ones.

Letters to the editor

White female student experiences sexual discrimination

Dear editor,

I agree with the recent dialogue on campus that non-white people are facing attitudes, which can make them feel unwanted and not safe at HSU. But from my experience, there are two sides to this issue. I, as a white female, have been made to feel unwelcome on campus by the actions of people of minority ethnic status.

In the fall of 2002, a male instructor tried to connect with me in one of my classes because he was separated, getting divorced, and lonely. Although he seemed a nice person, I didn't want to get involved because he was technically still married, undoubtedly on the rebound, and appeared overly eager to get re-involved too soon. The situation became so difficult I dropped the class and took a lower grade. Undoubtedly from a sense of rejection, he proceeded for a year to threaten me, trash my reputation, and retaliate in different ways. The instructor isn't white: he is Latino. He has

suffered from the power of the dominant white culture yet used his authority to cause suffering to a white female student. I don't feel safe regarding sexual harassment at HSU from either white or non-white instructors.

Several black female students on campus have hatefully accused me of being a white privileged girl who knows nothing about discrimination or prejudice. They do this without taking even 5 seconds to get to know me or learn my name. I'm 54 and have faced a lifetime of discrimination because of my gender; it

would take pages to list it all.

In spite of the actions of the above people, I would like to see more diversity on campus because I'm used to living in a more diverse environment and refuse to become anti-male or anti-nonwhites because of the actions of few. I think we should all try to judge people on an individual basis and remain open to having positive relations with people of all backgrounds and work at treating each other with mutual respect and honor.

Sharon Michaels
NAS Major

PL hire not convicted of spousal abuse

Dear editor,

As an alumni of Humboldt I was horrified to read the story titled "PL uses alleged wife beater to extract tree sitters" by Sam Lacey. I don't understand how you could allow this story to be printed. Under what circumstances does an individual who was not convicted of any crime be thoroughly bashed in the story? Understand that when you make this knowledge known everyone assumes that this man

was guilty of the crime. This information at a minimum can impact his position in the community, church, and family not to mention keeping his current job and prospects for future jobs. Thanks for punishing the man above and beyond his experiences with the local authorities. Your paper has achieved a new low at the bottom of the campus recycling trashcan.

John Watterson
HSU Alumnus

Iraq slowly turning into another Vietnam

Dear editor,

I am an ex-marine Vietnam combat veteran who witnessed the torture and murder of civilians in Vietnam. In the U.S. occupation of Vietnam, a "Siege Mentality" took hold of U.S. troops, resulting in the massacre of elders, women and children. I see this same "Siege Mentality" taking hold of U.S. troops in Iraq.

In Vietnam there was an unwritten law among U.S. troops — that for every U.S. soldier killed, many Vietnamese would die. The same is happening in Iraq today. On the ground in Vietnam when U.S. troops were killed; Revenge

took hold, and retribution was taken out on the villagers: often it was "The Slow", elders, mothers, and children that died as a result.

Among the perpetrators of 911 there was not one Iraqi, yet thousands of Iraqis have died in this war. In the name of the innocent victims of 911; we must stop this illegitimate war before more of our own troops die and atrocities against the Iraqi people escalate the Iraq war into another Vietnamlike Moral Catastrophe.

Rob Hepburn
Arcata

Women need jobs

Dear editor,

Of the many messages sent by the recent heavy round of layoffs to sweep through Plant Operations, the one that smacks of sexism is very disturbing. Facilities Management has successfully put women back in 'their place.' At this point, only Custodial and Secretarial jobs are held by women. Why this is especially disturbing is with only the deletion of two permanent positions aforementioned has been achieved. The message is clear to me in my layoff notice. The campus is dominated by white men and will continue to be.

The Only Female Gardening Expert

Dawn-Ann Rypkema

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U.S. SOLDIERS

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IRAQIS

Straight couple has gay query



Melinda Myers
Guest Columnist

My boyfriend and I are arguing over whether people decide to be gay or they're born that way. I say they decide to behave that way, and he says that it's genetic. Who's right?

You're not entirely right, nor are you entirely incorrect. Human sexual individuality is a complex and highly varied pattern of behaviors and feelings that are influenced by both our biology and our environments.

Many times people mistakenly believe that our genes are most responsible for driving our sexual behavior. However, to demonstrate the fallacy of this line of reasoning, imagine this for a minute: Think of everyone you noticed in the last three weeks who you thought was attractive. Go ahead, close your eyes, no one's looking...OK. I imagine you came up with at least a few, right? How many of them did you attempt to have a sexual experience with? If it were your biology that drove your behavior, that number would be much

higher, wouldn't it?

There are more important things embedded within your question, though. First, how are you defining "gay?" I would bet it's based on what people say they are, like which box they check on a survey. That only measures one aspect of orientation, and there are at least three and probably more like seven factors related to orientation that can stay constant over someone's life or change radically.

For simplicity's sake, three of these factors are identity (which box you check), attraction (who makes your hands sweat and your heart beat fast), and behavior (what you actually do and with whom). Many people feel they were queer from birth, and many others feel like their attractions have been fluid over time. Some studies show that men may know earlier on average, than women. Others (Diamond, 2002) show women having fluid behaviors and identities, but fairly stable attractions over time.

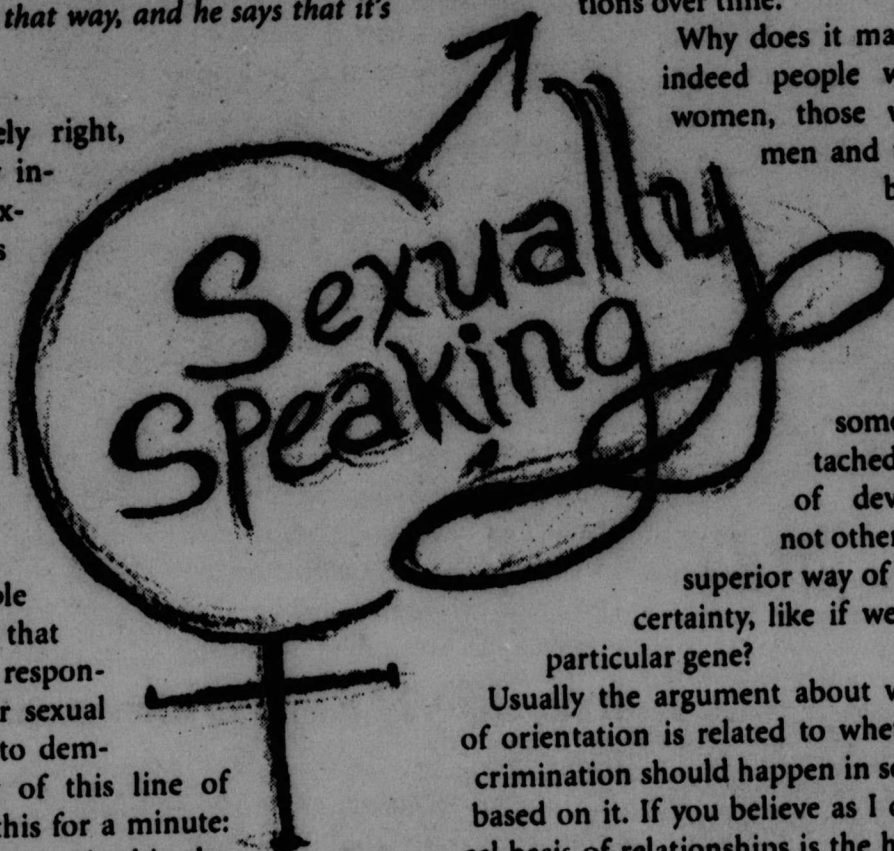
Why does it matter? There are indeed people who love only women, those who love only men and those who love

both, and any of those people can be members of any gender or sex. Is there

some legitimacy attached to one avenue of development and not others? Is there some superior way of "knowing" with certainty, like if we can find some particular gene?

Usually the argument about what is the root of orientation is related to whether or not discrimination should happen in some social arena based on it. If you believe as I do that the ethical basis of relationships is the honesty, integrity and equality inherent within them, it really doesn't matter a whit what someone's preferences or sex or gender are, nor whether he or she is complementary or congruent. What matters is how people treat each other and whether or not the relationship is growth enhancing or stifling.

Melinda Myers is one of Humboldt's highly regarded lecturers and has been teaching at HSU for 10 years. A fifth-generation native of Humboldt County, she brings to her profession a neighborly and ultimately straightforward approach to teaching sexuality. She lives in the community with her two teenaged sons to whom she lectures frequently about choices and consequences. E-mail her at mm3@humboldt.edu.



Conserve recycling

Guest Column

A. King, R. Milligan, A. Caldwell, S. McCartney, J. Mahmoudi
Campus Recycling Board of Directors

Like in many colleges and universities across the country, students built the recycling and waste reduction program at HSU, developing it into the nationally recognized model that it is today. This program is now faced with elimination if announced cuts at Plant Operations go forward on July 1.

With all positions for recycling collections and program development cut, materials like paper and beverage containers may go in the trash along with the efforts of hundreds of students over 15 years to build and institutionalize recycling and resource conservation on this campus.

Though a modest paper recycling program had been in place since the early 1970s, it was a student project begun through CCAT and YES in 1987 that set out to develop a comprehensive, integrated approach to recycling and reducing the 1,200 tons of garbage Humboldt generates every year.

This effort led to the creation of the Campus Recycling Program (CRP) as an Associated Students program in 1989. For the next 13 years, CRP collected recyclables across campus while simultaneously working to educate the campus community on the importance of reducing, reusing and recycling.

The success and dramatic cost savings from reduced garbage disposal persuaded the university administration in 1992 to create the position of Solid Waste Reduction Coordinator under Physical Services. The position was given the mandate to work with students,

staff and faculty to implement programs that not only recycled materials, but also looked for ways to reduce wasteful consumption on campus.

Over the past dozen years, this program has been hugely successful. Working with CRP students and engineering classes in the early 1990's, the Solid Waste Reduction Coordinator developed a forward-thinking waste management plan that led to HSU being recognized by the State of California as a model for other universities to copy.

Based on this plan, the program has gone on to develop projects and activities ranging from yard waste composting to junkmail reduction, from special collection of used phone books to establishing the Reusable Office Supply Exchange (ROSE) Program, from educating new students in the residence halls about recycling to writing the grants that created a food waste composting program using worms.

At the end of each year, the recycling and waste reduction program works with departing students in the residence halls to donate nearly three tons of clothing, appliances and non-perishable foods to local non-profit charities.

Most recently, research and planning by the program's manager was central to setting the goal of recycling over 75 percent of the waste to be generated during construction of the five story BSS building.

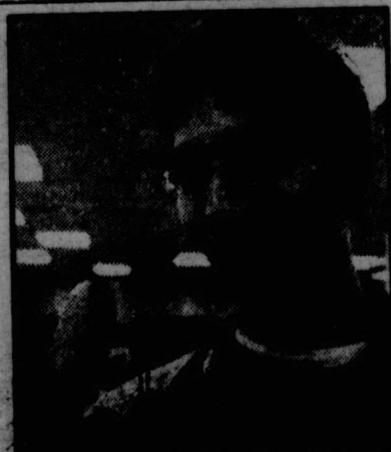
With each of these activities and dozens more, it has been a partnership between the Plant Operations-funded Solid Waste

see RECYCLING, pg. 14

HEARING HUMBOLDT

What do you think?

How did you learn to give oral sex?



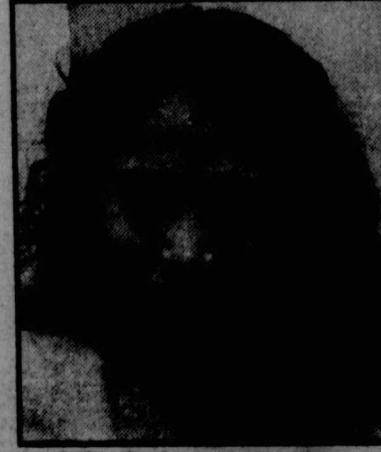
Aaron Perlstein
dance junior

"Lots and lots of practice. I have given diagrammed lessons for friends."



Shannon Stalder
natural resources junior

"Through friends and magazines."



Lori Cortez
interdisciplinary dance center

"I still haven't learned."



Logan Mason
film undergraduate

"Through a book called 'Extended Sexual Orgasm,' practice and drugs that enhance your sensibility."

RECYCLING, from pg. 12

Reduction Coordinator and student interns that allowed them to go forward.

This partnership has allowed students to gain valuable experience in developing and operating programs that have moved Humboldt toward the sustainable vision we all hold for this school. Of the hundreds of students who have been involved with recycling on campus over the years, many have gone on to work professionally in the field.

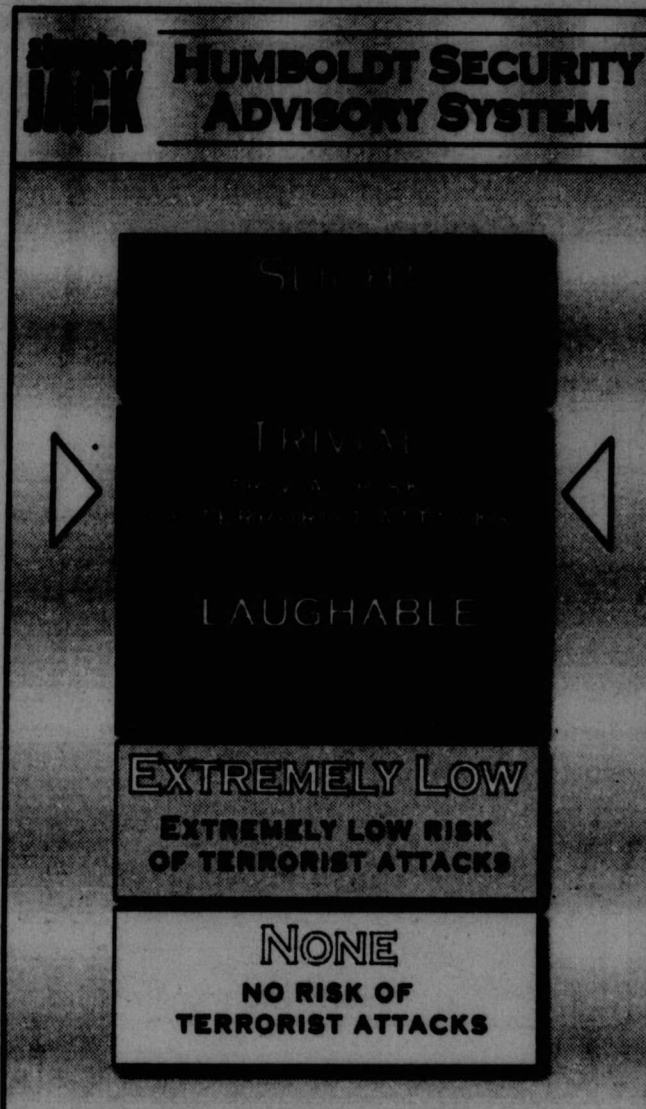
Though the Campus Recycling Program, as an AS-funded group no longer does the physical recycling (with the exception of the Eco-Cycle that is used to pick up cans and bottles), it is still directly tied to and dependent upon the Plant Operations recycling staff for technical support and mentorship.

The Solid Waste Reduction Manager position is important for providing the continuity and institutional knowledge needed to keep CRP viable as each generation of student recyclers graduates and leaves the program.

It is reasonable to ask whether any of these student projects or CRP itself can continue in the future without an advisor who is grounded in recycling. And besides, what's the point of a student Campus Recycling Program if we're not even recycling on campus?

Over the years, HSU's recycling and waste reduction program has shown how student initiative, enthusiasm and determination can literally take garbage and turn it into a thriving, money-generating program that teaches students leadership skills and

gives them real-world experience. The program is not just a model for how recycling can be done on college campuses, but for how students can get directly involved with making this university a better, more sustainable place to get an education.



Arcata, rally around my stuff

The Skinny

Lucas Cebulski
Staff Writer

I appreciate the fact that Arcata is a socially and globally conscious community. I think it's great that we live in a place where we can all openly express our opinions on any issue and even organize rallies and marches in support of these opinions. When I hear about record-breaking attendance at peace marches in Eureka, women's movements like "Take Back the Night" and the defeat of unjustified recall elections, I'm elated. But I think that we have all set our sights a little too high.

Blinded by our lofty goals of changing the world, we've let some smaller, yet very important community issues slip under the radar.

Take, for example, the issue of who the fuck broke into my truck and stole all my CD's? Should we be focusing all our communal energy on stopping the war when thievery is taking place right in my own neighborhood?

A few weeks ago I awoke to another beautiful Arcata morning. The air was crisp and the sun

was shining as I left my house to go to work. But upon opening my truck door, I found the cab ransacked and 75 of the greatest albums ever produced, gone.

I ask you, how can we, as a community, spend so much time and effort trying to stop Bush from being reelected when stuff like this is happening just outside my front door?

My first reaction was to track down the guilty party and beat my music collection out of him with a cinderblock. After I had a few hours to cool down I remembered that violence is never the answer.

The way I figured, it would be much better to let this criminal believe that he'd gotten off scott free. Let me explain my rationale. I made no attempt to catch the villain in the hopes that he would become more confident in his thieving abilities. My plan for redemption requires patience you see.

If I were to report the robbery and the thief were caught, all the punishment he would receive would be a slap on the wrist for petty theft. Plus, I probably wouldn't get my CDs back. My hope is that without the deterrent of being caught, this hood might dig his grave a little deeper.

er.

His head swollen by all the backpacks and Walkmans he's swiped, he may think it's within his capacity to graduate to larger crimes. With a huge, crooked ego and britches four sizes too large, he'll swagger into a liquor store someday and hold it up with a cap gun. But this time he'll be caught...because he's a MORON.

After the police link him to a string of bike thefts, coupled with the charge of armed robbery, he'll be sent to a real prison where he'll spend the next few years of his life grabbing his ankles and biting a mop handle against the pain.

This plan might take months or even years but revenge has always been a dish best served cold.

Like I said, I find it admirable that our community takes an active role in making the world a better place to live. It's wonderful that such a diverse and large group of people can unite in support of so many worthy causes. But come on folks, we've got to get our priorities straight. World peace or the security of my stuff?

Luc Cebulski can be reached at luc1@humboldt.edu.

Dodger fan on Bonds



Rants of a Moron

Luis Molina
Forum Editor

"Bonds on 'roids! Bonds on 'roids! Bonds on 'roids!" yelled my youngest cousin at Chavez Ravine last summer during a meeting of the great rivals before he started chanting "Kick his ass C-Bass!" to a Dodger fan heckling a Giant fan.

His encouragement only increased the fan's odium. I was fine with that. I, much like my cousin, am a true-blue-blooded Dodger fan. But, before we rooted for the Dodgers, we became a baseball fans.

These two factions collided in my brain most of last week, with the exception being the weekend when the Dodgers and Giants faced each other in San Francisco in the greatest rivalry in baseball.

Is Bonds going to pass his godfather before the rivalry series? Is he waiting to humiliate us again? Doesn't he know wearing his earring that long went out of style as the same time L.A. Gears went out of style? I wondered this most of the week until he passed him.

Bonds' run at Henry Aaron's record is bigger than when Mark McGwire and Sammy Sosa battled it out for 62. It won't be as entertaining as that chase, but it will be remembered for longer. Even Bonds shattering McGwire's record will be a footnote to his career homeruns. The season record was too young when Bonds broke it to be as monumental as his new chase.

Nothing that has been done lately, which hasn't been outdone, can compare.

Cal Ripken Jr. finally played more consecutive games than Lou Gerigh. But is that really an achievement? All he had to do was stay healthy, train and eat right. If a minor-league player was told that he will be playing everyday and would end up in the Hall of Fame and those were the only things he had to do, the Hall of Fame would be busier

than Leonard Nemoy (Spock) at a dork a convention.

Ripken may have been an All Star all his life, but he never really put up impressive numbers. It took Ripken almost as twice as long to get to 3,000 career hits as it took Tony Gwyn or Wade Boggs. He played longer and more games than Rafael Palmeiro, yet he has less homers.

Gerigh's records stood for a long time, but take a look at the people Bonds is passing. He just passed Willie Mays, his godfather. "Say Hey" is 73 and hasn't played an inning since the '60s. Up next is Babe Ruth who is the first ever sports super star and legendary home run hitter.

Bonds stands to reestablish American culture by breaking this record. The stories and myths of George Herman Ruth have been so ingrained in our collective psyche that he is a Herculean-type god for modern America. He has weaknesses N mostly alcohol, kids, women and Ty Cobb N but has no flaws. Even though he can be hurt, he can never die.

To this day, everyone is compared to the Bambino. If a player is the epitome of a sport, he said to be the Babe Ruth of the sport.

Bonds could knock down our god with a swift swing of his small bat.

After Ruth crumbles, Hammering Hank will be next. The tone set by Aaron's career has been a benefit to Major League Baseball and society. Never being the conventional power hitter, Aaron consistently averaged 20 homeruns a season for more than 15 seasons. He did have a couple 40 plus seasons but, those were rare and far in between. His slow-but-steady career eventually led to a record-setting career and established a culture of hard work. Because he did it slowly N and because in the '60s Major League Baseball and society still hadn't been truly integrated a Black man couldn't bring down the god N is why his record has an asterisk next to it.

Will Bonds' asterisk be steroid-use accusations? It is strange that Bonds got better at an age where most players' skills begin to decline. Did he find a magic genie? Was his genie in bottled labeled Balco? I don't know.

One thing is for sure, it is exciting seeing history made in our lifetime. If Bonds ever breaks the record, I'll stand up but, I won't clap for a Giant.

Luis Molina can be reached at lmf7@humboldt.edu.



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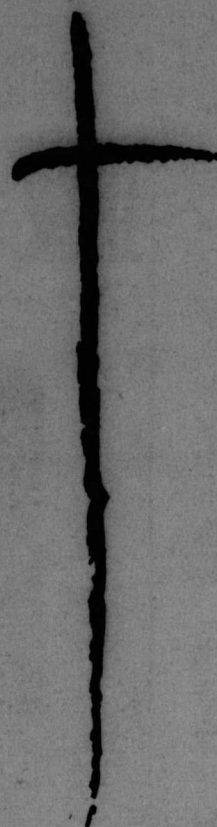
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FAVORITE MUSIC:
Punk

FAVORITE EATERY:
Arcata Pizza and Deli

DREAM JOB:
Lotto winner

PHOTO COURTESY OF NUCLEUSMUSIC.COM



Nucleus, pictured here, will perform at Mazzotti's this Friday.

Nucleus is musical mitosis

Local band comes together for show at Mazzotti's

► **Larry Marsh**
Lumberjack Staff Writer

After years of touring around the country, a need to unwind is what Nucleus had in mind when the trio chose Arcata as their permanent home.

"This will be our first summer where we aren't going on tour from coast to coast," Nucleus' drummer Pete Ciotti said.

While living here, the band has plans to "chill," play local venues and record songs for a third release at the small farmhouse they recently bought in Arcata, which is ideal for recording sessions without bothering neighbors.

Nucleus feeds on its energy from the audience, and every show the band institutes will be different. It may appear hard rock is the band's core element, but sounds of jazz, blues, dubs and world rhythms also surface through improvisation. Bassist Steve Webb said the music doesn't stoop in any designated direction.

As the guitarist, Piet Dalmolen enjoys how it offers him a chance to legitimately explore his ideas whether he's inside nightclubs or bars.

Webb said he's drawn to the bass instrument because "you don't have to be in the spotlight the whole time." He also enjoys how there's a lot of power behind the chords.

Three years of touring provided a fun lifestyle, as Nucleus met all kinds of new friends throughout the country. Friends often accommodate the band with places to stay and often provide food when traveling.

The band is experimenting on lighting installation with the help of an inexperienced friend. Ciotti said professionalism doesn't matter, as it's about building a community, and Nucleus welcomes anyone who's willing to promote its music. Simple objectives such as posting flyers on bulletin boards are rewarded with a free CD, T-shirt or other goodies.

It's up to listeners to find messages in the songs.

"It's going to mean something different to everybody," Ciotti said about the tunes. "If it does that then the music has definitely done its job."

Ciotti thinks of drums as an instrument that conveys feel, and he always dances along with the drumbeat. He has heard the saying that it's best to keep still and calm behind the drum set, but Ciotti cannot prevent his whole body from flowing to the instrumental rhythms.

On the business front, as an independent band Nucleus has freedom to choose what music route it believes is in its best interest.

Advice sometimes emerges from the band's manager, but the band is inclined to pick its own course.

The three friends went to the same high school together in Ithaca, New York, and learned instruments together approximately in the 11th grade. When they first moved across the country to the small town of Arcata, they knew it was perfect for constructing a band.

So, in 1999 they officially became Nucleus and two years later moved to New York to attract more spectators to the music before retreating to Arcata again three weeks ago.

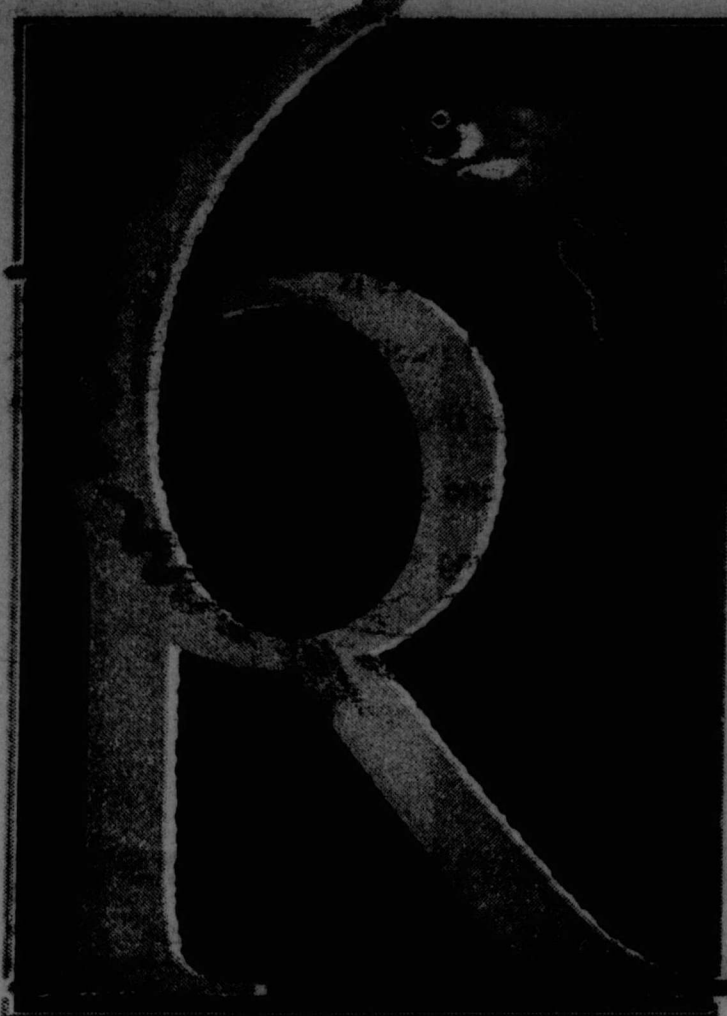
An unreleased version of the band's third CD, "The Vibe: Vol. 1," may be purchased if you ask a band member for a copy. Be forewarned that it's "a quick throw together" while surprisingly containing 60 to 70 minutes worth of instrumental improvisation abridged with some computerized tracks. Other editions can be found at The Metro, The Works and on www.homegrownmusic.net.

Nucleus will play at Mazzotti's Friday at 10 p.m. for \$6, 21 and up.

JUST THE GIST

Who: Nucleus
Where: Mazzotti's
When: Friday, April 23
How much: \$6
What time: 10 p.m.

Larry Marsh can be reached at larryjrao@aol.com



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RE VIEWS

► VIDEO GAME
Sonic Heroes
PS2/GC/XBOX

Through teamwork the Sonic clan is out to prevent Dr. Eggman's mysterious robot from attaining the power to destroy the world.

Prepare to speed through adventurous levels designed like roller coasters with twisted obstacles and robotic enemies that try to throw you off the path. Teamwork is a must as you cruise through the game. Each game involves a team of three characters obtaining special attributes that must be used throughout each level.

Once you master many of the characters' moves, the game becomes much less frustrating, and its beautiful graphic landscapes can be enjoyed.

One minor disappointment worth pointing out is how the camera angle zooms out when running onto the loop, making it mighty difficult to not lose your balance. One of the team members in your control will often fall and drown in the murky sea,

forcing you to restart from the previous save point.

For fans of the Sonic series, "Team Sonic" with Sonic, Tails and Knuckles will be preferred over the three other teams to choose from. It just isn't as authentic when an airheaded, overweight feline can stand in place of Sega's renowned mascot, Sonic.

Those new to the franchise will have a far greater time than those who played Sonic during Genesis' 16-bit heydays. It's the same traditional style where collecting rings keeps you alive and passing levels is based on hurrying to complete them. Although it was cool to reminisce, within an hour this reviewer wanted to see something out of the ordinary rather than predictable landscapes.

A rental is suggested to decide whether "Sonic Heroes" is worth your hard-earned money.

Larry Marsh

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Living sustainably with arts and music

Ninth annual festival at HSU

► Sean Bohrman
Lumberjack Scene Editor

When it comes to understanding the Sustainable Living Arts and Music Festival, people get the arts, people get the music, but what is this sustainable living?

"Sustainable living is a side of living where you try to reduce your waste and you try to concentrate on local products," said Adam Yates, an environmental biology senior and director of the sustainable living portion of the festival. "All the energy you use you try to use from renewable energy sources."

The ninth annual Sustainable Living Arts and Music Festival kicks off Saturday at noon with music to titillate the ears and workshops to enrich the mind.

This year's festivities will feature headliner Andrew Tosh, the son of Peter Tosh who was famous for being one of Bob Marley's Wailers, as well as the Humboldt Calypso Band, Open Road and returning for the second time to Humboldt County, Albinol.

"Our band is an original Afro-beat project," said Nathan Endsley, one of the founding members of Albinol. "Our general vibe up on stage, I've heard from many, many audience members, is that they can feel the energy of us."

In addition to music, workshops will be held covering topics such as building urban gardens, converting vegetable oil into biodiesel, information on how to convert your car into one

that is powered by electricity and whether the California State University system is actively pursuing sustainability or not.

"I think as of yet the CSU, as a whole, has talked about sustainability but they haven't as yet put their money where their mouth is," Yates said. "So we hope that they actually put forth some actual activities and money into moving away from the grid and having solar energy."

The workshops will be taught by members from the community as well as CCAT and the Biodiesel Road Show, who will

be presenting a slideshow of some of the trips they've been on and experiences they've had.

This year's keynote speaker will be Derrik Jensen, an author and activist who comes to

Arcata from his home in Crescent City. He has written such books as "The Culture of Make Believe," "A Language Older than Words" and "Listening to the Land."

"He's done a lot of writing on sustainability and I think he'll be a great addition to the festival this year," Yates said.

The festival was started in 1995 "by two students (one a Center Arts employee and the other a member of the Associated Students council) in response to a lack of large outdoor events on campus and the cancellation of Lumberjack Days a few years earlier," Michael Moore, event coordinator for Center Arts, said in an e-mail.

In previous years the sustainable living portion of the festival

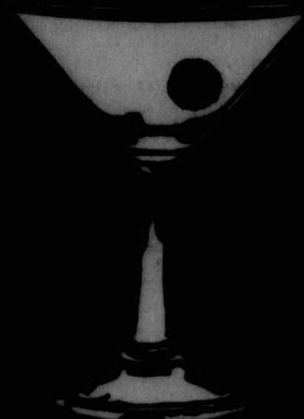
JUST THE GIST

Who: The Sustainable Living Arts and Music Festival
Where: Special Events Field at Humboldt State
When: Saturday, April 24
How much: \$3, free to HSU students with ID
What time: Noon to 8 p.m.

▼ see SUSTAINABLE, pg. 18

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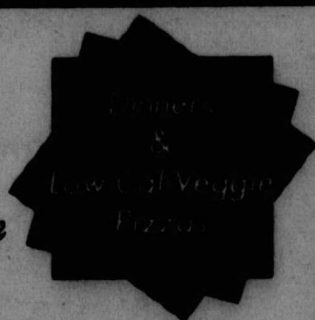
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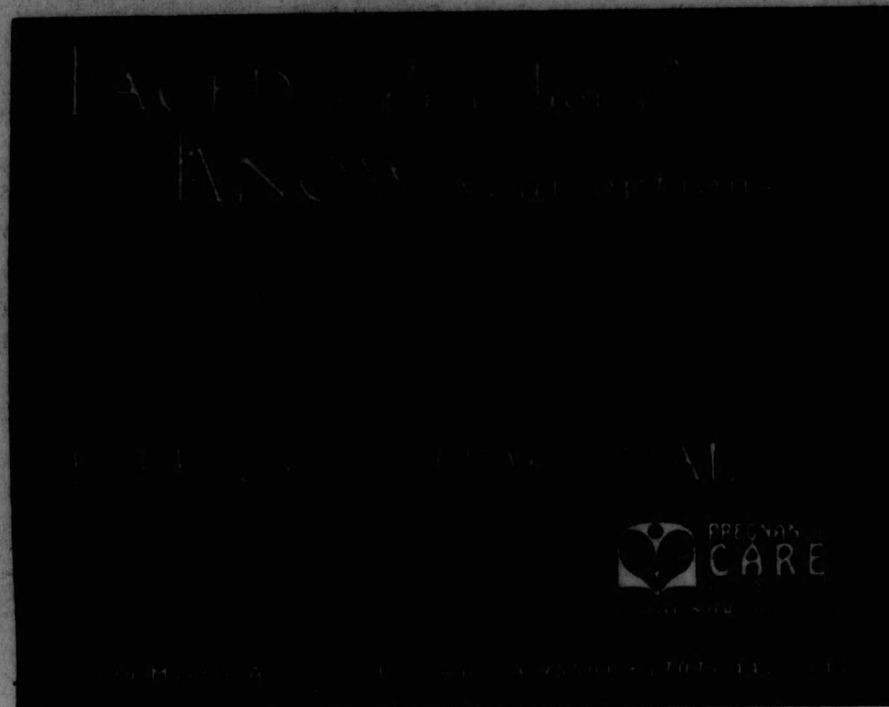
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▲ SUSTAINABLE, from pg. 17

has been separate from the arts and music.

"Last year it was really integrated, but not fully under one name and with the directors really sharing the workload," Yates said. "This is the first year that that has happened."

Lisa Hand and Emilia Patrick serve as the two other co-directors dealing with the arts and music division of the festival.

"Traditionally we get several thousand people who come from the Arcata community, Eureka and the university campus," said Hand, a communications senior. "We project 3,000 [people attending], depending upon the weather."

The festival will also be a zero-waste event.

All of the vendors will be required to use biodegradable plates, utensils and napkins, which will be provided by the festival workers.

"The goal at the end of the day is to have our trash cans be empty," Yates said. "Last year we had one 40-gallon trash bag of waste."

"It's almost impossible to be a completely zero-waste event," said Patrick, a biology senior. "I think we do better than I've seen just about anybody else do with this idea."

The main stage of the event will be run off of a biodiesel generator powered by oil that is collected from around town and turned into biodiesel, which is comparable to regular diesel fuel. The workshop tent will be powered by a solar panel which generates electricity from the sun.

Patrick said the entire event costs about \$16,000 to put together, with a large portion of the money going toward paying performers.

Funding comes from Associated Students, who puts \$8,100 into the festival, and other donations come from businesses from around the area.

The Sustainable Living Arts and Music Festival will be held Saturday from noon to 8 p.m. on the Special Events Field of HSU at the corner of B Street and 17th Street. The price of admission is \$3 and free to HSU students with an ID.

An after party featuring Albino! will be held at Mazzotti's at 10 p.m. Tickets can be purchased for \$6 at the HSU Ticket Center or \$10 at the door. 21 and over.

Sean Bohman can be reached at doktorrevahaw@hotmail.com

SEE ME FEEL ME TOUCH ME

By Ken Henderson and Karen Wilkinson

Going down isn't easy. It takes refined skill combined with patience, healthy free-flowing communication with one's partner and energy for the long haul.

Cunnilingus, "muff diving," "eating pussy" or whatever you want to call it is one of the most beautiful and intimate activities to grace this planet. Compared to penetrative sex, oral sex performed on a woman results in a greater likelihood of orgasm, if done correctly. Many women prefer it to intercourse because they find it the easiest way to come aside from masturbation.

Only about 30 percent of women actually reach orgasmic heights during intercourse alone. This more likely than not is a result of miscommunication between partners, or the dominant/patriarchal belief that women have a lower sex drive.

It can also be one of the most elusive practices to successfully perform. Some women find themselves uncomfortable being the center of her partner's attention, or more often women get frustrated with having to put up with unsatisfying results. And oftentimes some men find themselves lost and bewildered, not knowing what to do, where to go or how to do it.

Gini Noggle, who teaches classes through Good Relations in Eureka, said when women get uncomfortable with discussion of oral sex they tend to get quiet and not vocalize it. Men on the other hand over-react and make everyone else in the group uncomfortable.

Noggle said a couples party, where everyone knew each other, would create more open dialogue. "We're trying to figure out the best way to do it," she said.

The art of pleasing one another should not be so secretive and evasive.

Since there currently are no forums for this highly underrated act, herein lies a path to a more fruitful experience.

Here's

how:

A great time to initiate is during

ing a heavy kissing session. Slowly kiss and lick your way down her torso, making sure to hit all the sensitive areas such as the neck, breasts, belly button and inner thighs.

Whilst disrobing, talk dirty to her. Or just simply talk. It's been said that the mind is the biggest sexual organ. This is key. Stimulation of the body follows shortly behind stimulation of the mind.

Many assume that techniques, which may have worked successfully with a previous partner, will transfer over easily to the next. "A lot assume that if one person enjoyed it everyone else will," Mimi Pepper-Day, an art studio senior, said.

Every woman is different and not just their personalities. The vagina is like a fingerprint—no two are the same.

Most of the things you hate about oral sex she probably won't like either, i.e. teeth, licking with out really sucking and whiskers. You should also be aware of your partner's non-verbal reactions and cues.

Start slow. You want to consciously work her toward the explosive climax so that you'll leave a deposit in her sexual memory bank. And if done right, she will not forget you.

Assuming you've been granted access, you're at the vagina. Start by kissing and licking it all over but slowly putting more and more emphasis on the clitoris and surrounding hood, the mecca of all female sexual pleasure. Compared to the penis, which contains roughly 4,000 nerve endings, the clitoris is a pea-sized powerhouse, containing 8,000 tightly-packed-together nerve endings just waiting to be titillated.

Love the clit:

Think of the clit as a mini Tootsie pop—you want to suck and lick your way to the tasty goodness in the center (not biting of course).

Cradle the clit and hood in your mouth, cover your teeth with your lips, and gently suck while simultaneously caressing the clit with the tip of your tongue—nod your head slightly up and down. If done correctly your partner should be writhing in anticipation of what's to come.

Try varying your tongue-teasing techniques. Maybe start out with an up and down motion and transition into a figure eight. Use both the tip of your tongue and

SEXUAL ASSAULT

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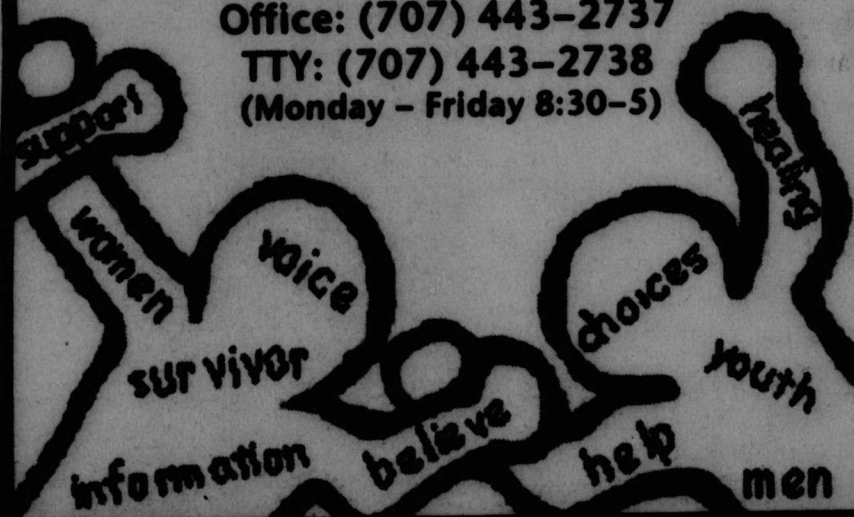
*It's not something you asked for.
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MAZZOTTI'S

▲ TEASE, from pg. 19

Continue reading for the ultimate 'shocker'!

the flat top portion to modify the texture and thus her receiving pleasure. Or try tracing the letters of the alphabet, her name, a poem or whatever across her genitals and clitoris. It may sound tedious, but seeing how you're going to be there for a while anyhow, it might be best to make productive use of your time.

Communication is key

Tongue technique all depends on your partner's likes vs. dislikes. This is where good COMMUNICATION plays a huge role!

Be not afraid to ask what exactly she would like you to do. Hopefully she's comfortable enough with you and herself to layout the road map. If not, just experiment with finding her hotspots. Judging from her responses you should clearly be able to define what's working and what's just not up to par.

"In general, when it's not good, that's why," Mimi Pepper-Day, an art studio senior said.

Pepper-Day says it's important to be verbally communicative early on during a new sexual relationship. "Variations of what people like vary across the board," Pepper-Day said. "Learn their little movements or certain ways they look."

There are women who are just not vocal. But other ways to detect if she is enjoying your performance are in sight. Tightened legs and torso are indications that you're doing something right.

Pay attention to what she's doing with her hands as well. Are they clenched, touching other parts of her body, or lying limply at her side? Ideally she should be squirming, breathing heavily and reaching ecstatic volumes.

She literally will not be able to stay still or silent if this is done right.

Also don't focus solely on the clit—though it is the source of 80 percent of all women's orgasms. Mix it up a little and improvise—see what works and what doesn't.

Hands also play a fundamental role in mind-blowing cunnilingus, how much of an aspect depends on you and your partner's preferences.

Again start slow. With one finger gently caress the inner labia and slowly insert it into the moistened vagina. Now that it's in, gently massage the upper wall of the vagina in a come-hither motion

while still catering to the needs of the clitoris.

Also if one finger just isn't doing the job, using multiple fingers simultaneously can have her biting, screaming and seething for more.

Above all else, remain patient and receptive. Go in with the mindset that this is a learning adventure for both of you. This is about fulfilling her needs and if that's too much to focus on, you really shouldn't bother.

A little shock

What comes next is really up to what you and your female friend are comfortable with.

The vagina isn't the only sensitive entrance point of the female body. Great care needs to be taken in going this route. Permission before entering is definitely necessary.

Before inserting anything you want to make sure the anus is properly lubricated. You have a couple ways of accomplishing this—you can use a rim job (licking the anus), saliva or good ol' fashioned lube.

Gently insert a finger (or two) into the vagina and the anus (usually the pinky). You are now performing what is called the "shocker." Using this technique while performing cunnilingus will greatly increase the stimulation your partner feels.

If all is done right what should come next will be Earth shattering for the both of you.

No matter what happens, try to maintain your rhythm until she makes it clear that it isn't necessary. Keep your tongue flitting until she makes you stop.

Some women may stop you after five seconds from the start of their climax, while others may be able to roll right into another orgasm if you continue.

Come up for air, give your tongue a break, but keep in mind her excitement does not drop off as sharply as yours does.

Don't be discouraged if it doesn't happen for you the first go around Rome wasn't built in a day.

Ken Henderson can be reached at kendoktor@yahoo.com
Karen Wilkinson can be reached at klw23@humboldt.edu

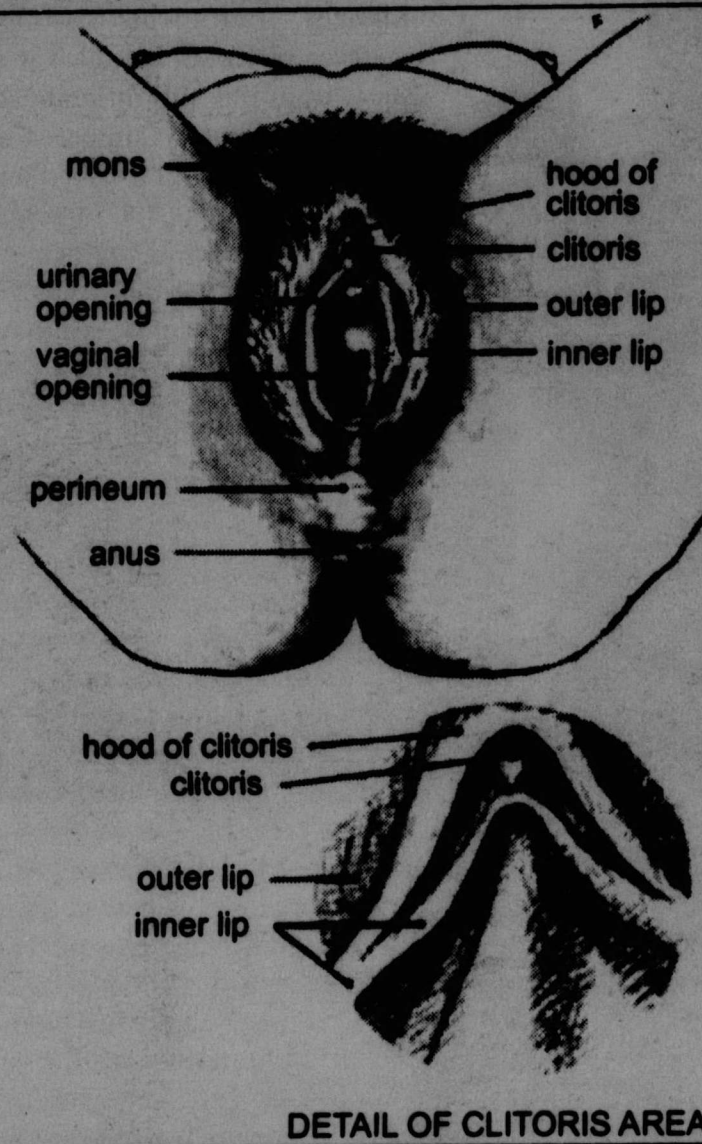


photo courtesy of www.circlet.com

► Oral sex was illegal in Georgia until 1996.

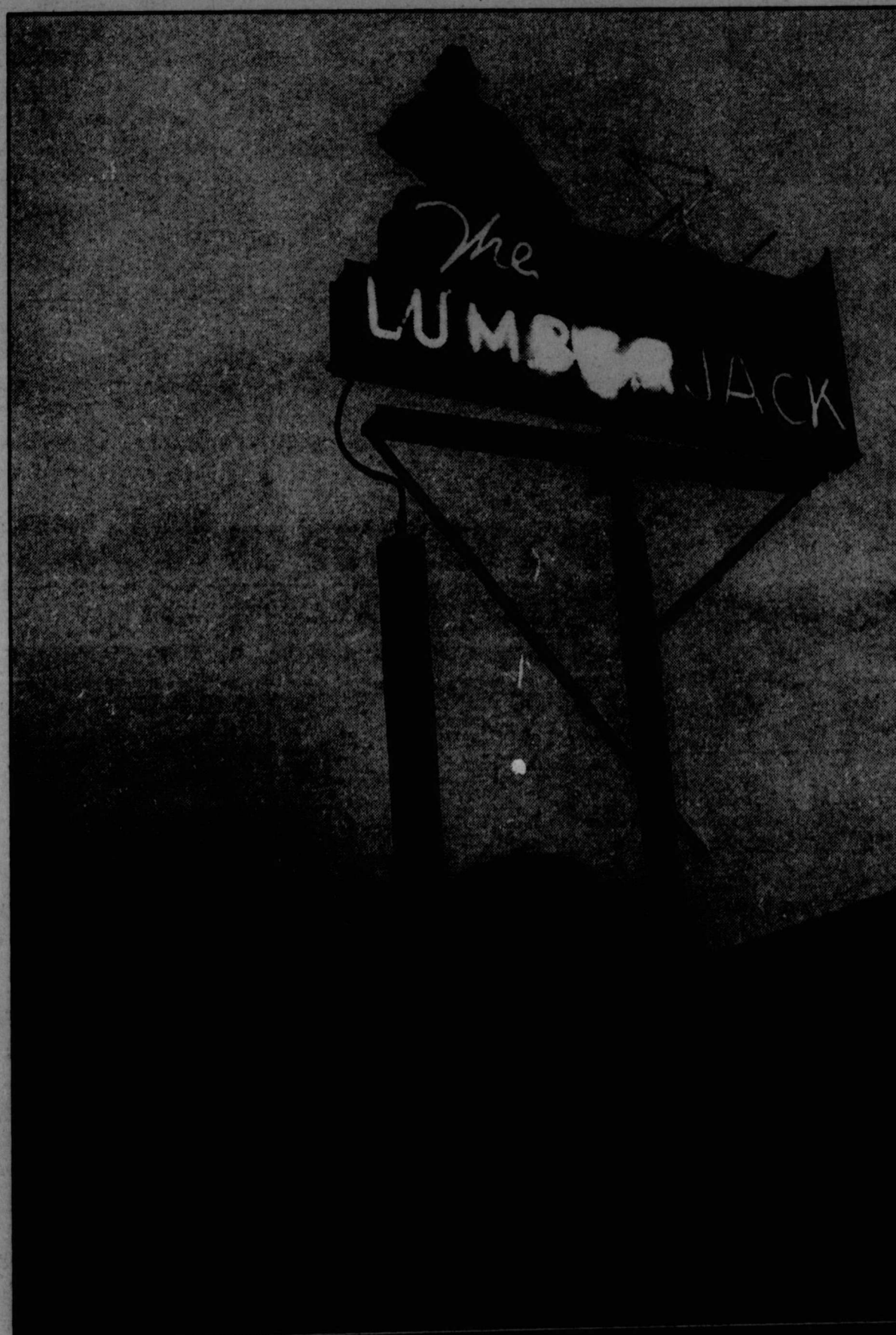
► There is an alcoholic cocktail named the "Cunnilingus."

► The Chinese Empress Wu Hu demanded visiting dignitaries to lick her chin before any discussion took place.

► The Jehovah's Witnesses say any form of oral sex is "against nature" and therefore sinful.

DIVE BAR DETOURS

One Last Drink at The Lumberjack



► **Matt Kapko and Michael Schnalzer**

Tavern Trailblazers

CRIVELLI'S and THE LUMBERJACK — Our car cut through the sheets of rain and howling winds of change as we embarked on what would be the final chapter in this series of Dive Bar Detours.

We'd seen the dives of Humboldt County in its urban centers and more populated areas, but we had yet to venture very far off that main road we'd been trying to escape.

True, we'd survived the nether regions of Eureka, and explored as far south as Rio Dell, but something was lacking.

Something was calling us North, away from our bubble, to seek out those dives we may have missed. So we headed for the golden bears that guard the bridge over the Klamath River and beyond the county line.

What we found in Klamath and Orick was humble, and fitting for our final bow.

These two historic yet often overlooked bars appeal almost exclusively to locals.

Cozying up to the wood stove is commonplace, and stoking up the fire is a right, not a privilege.

Crivelli's sits on a lone hill, miles from the highway, in the southern reaches of Del Norte.

At first glance the bar is as uneventful as the road leading there, but once inside you realize that its simplicity is what makes it so peaceful.

People keep to themselves at this place and little can happen without the rest of the world hearing about it first.

In a twist, we got a sign from the Dive Gods. Heading for the door, the lights went out and someone blurted, "here we go again."

We didn't know what to think of it except that maybe the Dive Gods had pulled the plug or perhaps one of the patrons staged the whole thing just to scare us away.

Whatever the case, we moved on to The Lumberjack, primarily for its namesake, but also for its appropriate location in the burl capital of the world.

Man oh man, either the vibe from Crivelli's followed us or Monday's just ain't what they used to be.

This place had even more cigarette smoke than the last and aside from a couple quiet regulars, we had the place to ourselves.

The big L-shaped bar has plenty of chairs though, probably enough to dedicate one to each of the local drunks; and what better than a cold one after all that chainsaw carving?

On this quick road trip to the north we'd found some of the area's most isolated bars.

Not only do they resemble the genuine old school ways of this county, but also a simple, effortless way of life.

So that was it. Somewhat of an anticlimactic end if you ask us. No drunken shenanigans, no overly friendly patrons and not even one disgruntled bartender.

But never fear this isn't really the end. The Tavern Trailblazers are fully prepared to continue this trek to the ends of the earth and back again.

More booze will be consumed, more stories will be told and even more debauchery will be had. Stay tuned folks divebardetours.com is comin' at cha!

Michael Schnalzer can be reached at mschnalzer@hotmail.com, and Matt Kapko can be reached at write@mattkapko.com



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Rugby returns from Elite Eight tourney. Find out how they did next week.

This

SOFTBALL

BASEBALL

WOMEN'S BASKETBALL

Going, going,

C Jessica Padilla ripped this one over the center field fence in the Jack's 10-2 win over Saint Martin's this weekend.

SEAN M. QUINCEY

Gone are the 'Jack's home games for the year as well as the days of counting Coach Cheeks' wins with three digits

► Sean M. Quincey
Sports & Rec Editor

After the fourth game was over and HSU had 8-run ruled Saint Martin's for the second time in two games, head coach Frank Cheek takes a seat in the dugout on a fold-out iron chair.

"I don't have the stamina I used to have," Cheek said in a phone interview. "I'm missing

the ligaments in my knees...they ache from the bone-on-bone rubbing."

An old wrestling injury he suffered while coaching HSU's wrestling team is a reason why Frank Cheek does not dwell on his achievements too long.

"In victory are some of the seeds of defeat," he said. In wrestling moreso than in softball,

Cheek noted a person cannot relish in their victories because "you've got to get right back out there and do it again."

This weekend Coach Cheek surpassed the 1,000-win milestone and now rests at 1,003, good enough for tops in the GNAC. He has 261 wrestling wins and 742 softball wins.

see 1,000, pg. 25

Three women's bball head coach candidates remain

► Brian Haas
Lumberjack Staff Writer

The three finalists for the Humboldt State head women's basketball coach position held a series of open forums last week in which they answered questions from students, faculty and staff. Here is a rundown of the three finalists.

Dennis Jones

Jones is currently in his sixth year as serving as the head women's basketball coach at Holy Names College, which he has held for the past six years. He previously served one year each as assistant men's and assistant women's coach at that same school. Jones has won six conference titles with HNC. Jones said he would not come in and completely change everything immediately if he gets the job, because "cleaning house would not be beneficial to anyone."

He wants to be able to build the confidence of the team up, because he said if the teams has confidence it will win them at least another eight games.

Carol Harrison

Harrison has been the interim head women's basketball coach

for the past three years at Humboldt State, and was the program's assistant coach from 1988-2001. Harrison had been involved with HSU athletics for the past 16 years, and prior to coaching women's basketball she worked in the HSU sports information office.

She played basketball at Encina High School in Sacramento, and played three years of collegian volleyball and basketball at UC Davis. Harrison then went to UC Berkley where she was a student assistant on the women's basketball team and got a graduate degree in Journalism.

Harrison said that one of the things that attracted her to HSU was the fact that she would be able to teach and coach.

Harrison has a all time record of 20-60 as head coach of the Lumberjacks, but has had a team that has been ridden with injuries.

Joddie Vossler Gleason

Gleason is currently in her fifth year as head coach of the Butte Valley JC women's basketball team. She played basketball at Chico State and graduated with

Brian Haas can be reached at
BMH19@humboldt.edu

Women's crew ends home season in second-place

Coach's future and future of boathouse are up in the air as end of season draws near

► Robert Deane
Lumberjack Staff Writer

The Humboldt State University's Women's Crew team took a pair of second place finishes at the 21st annual Blue Heron Redwood Sprints on Saturday in Eureka.

In the Lady 'Jacks Varsity eight boat, mechanical problems (an oar popped free) caused the 'Jacks to fall behind eventual winner Willamette University. The Varsity eight-boat finished 25 seconds and two points (36-

34) behind in the overall. Despite the close loss and the realization for four senior that they had just raced their final home regatta, the team's spirits were still high.

"We were disappointed to lose the event by two points, but were very pleased with the overall finishes," said head coach Robin Meiggs. "Our novice athletes have been gaining speed all semester, and had great performances in

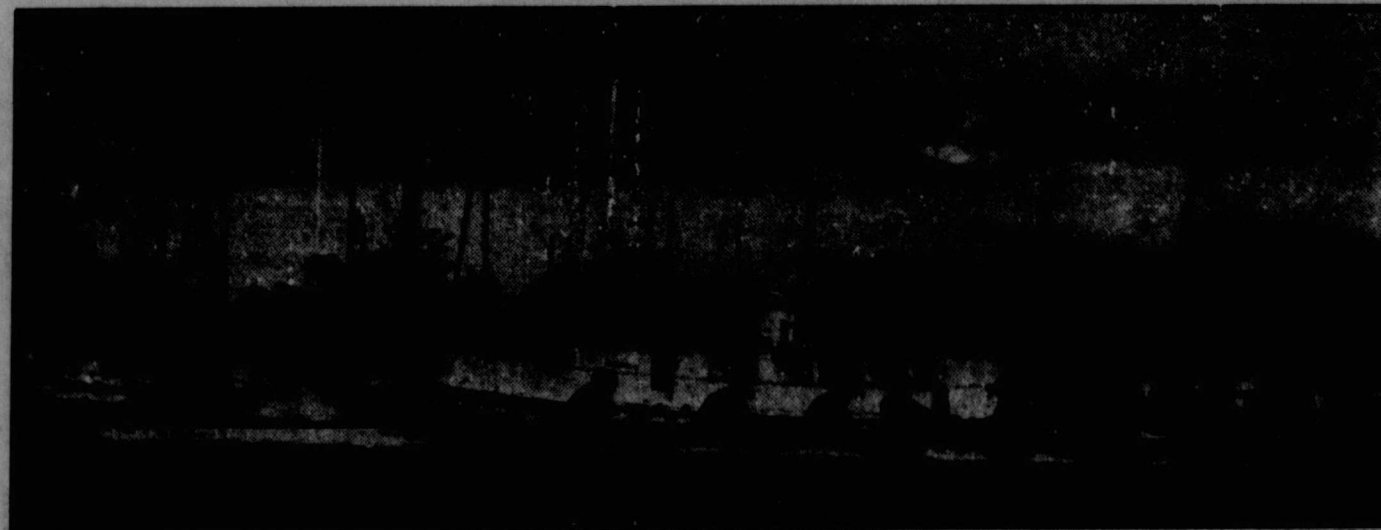


PHOTO COURTESY HSU CREW TEAM

The women's varsity eight rows before the start of their race. The weather and water was crisp and smooth during most of the day until their race Saturday on the Eureka Bay.

all events, which is what we hope to achieve when heading into the conference championships."


For the seniors on the team there was a bit sadness that this

would be their last chance to row at home but also it was a time to reflect on the past and what they had accomplished in crew, in their four years with the team.

"I have many, many memorable moments but the most memorable one is our home regatta last year," said HSU senior and

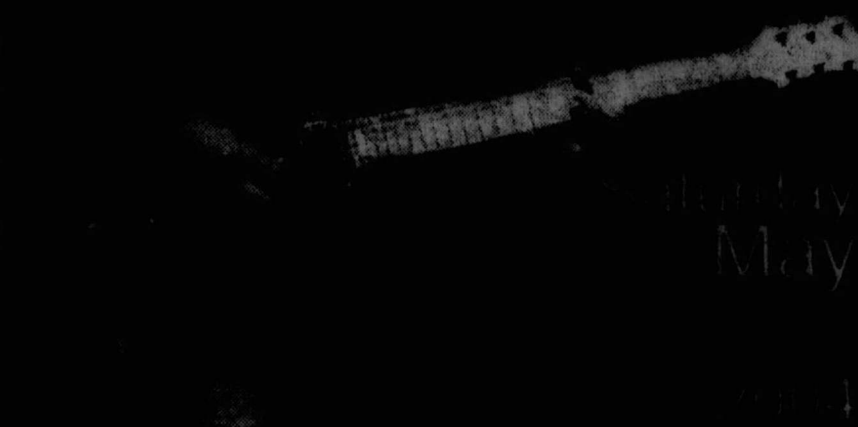
see CREW, pg. 24

BRITISH BLUES LEGEND
JOHN MAYALL
 AND THE BLUESBREAKERS



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▲ CREW, from pg. 23

crew team member Constance Stevenson. "We had just moved into our new boathouse, and we were able to hose that race from a location other than the mud pit next to the Adorni Center, where we had been located for the past two and a half years."

As the season nears its ends and the Northwest Rowing Championships coming this Saturday, the 'Jacks' hope they can improve on their third place finish in last year's conference championships.

"Our trip to nationals, and finishing third last year was a big step forward for us," Stevenson said. "Hopefully we will get back there this year and do even better."

However, even with their success this season the crew team faces uncertainty in where their new boat house facility will be next year if it's built at all and the added uncertainty that their coaches may not be returning.

"Hard to say," Meiggs said about the possibility of returning to coach crew next year. "Humboldt is currently running a national search, so it's anyone's guess."

Meiggs said she didn't think the new boat house facility would be open at least for another four or five years. The skepticism over a new boat house seems shared by the team as well.

"As far as the 'boathouse' goes, I won't believe it until I see it," said Attallah. She also voiced her opinion on the possible dismissal of the crew coaches and how it may affect not only the team, but the university and the community as well.

"Robin Meiggs is not only our coach but also our mentor. She and Pat Hyland have built this team into the power house that it is."

For senior Constance Stevenson the experience of being a member of the

Crew team has been a wonderful learning experience.

"It has definitely taught me a lot about myself, and what I can do if I put my mind to it," Stevenson said. "It has also taught me not to listen to the opinions of other people when they say I can't do something. If you it bad enough you can make it happen."

It's this competitive spirit that the senior members of the Crew team have left with their underclassmen who will undoubtedly pass it on to the next group of future Crew team members.

Robert Deane can be reached at
 RWD6@humboldt.edu

DORMAN'S

DRAFT

Imagine getting paid millions of dollars right out of college. That'd be nice, huh? Well, these dudes here are about to become rich because they have mad skills on the football field. Now forget the so-called experts like Mel Kiper Jr., Peter King and Chris Berman, this is *The Lumberjack's* mock 2004 NFL Draft, the real version of which can be seen live on ESPN at 9 a.m. Saturday morning.

#1 Eli Manning, QB, Ole Miss. This is a bad decision by the Bolts. What they need to do is acquire more picks by trading down with the Giants at No. 4, then trade down again a few spots and pick up QB Philip Rivers (N.C. State), who will be the best quarterback to come out of this draft five years down the line. Instead they'll go with the safe choice and get a quality guy in Manning. Peyton's little brother completed 829 of 1,363 passes for 10,119 yards, with 81 touchdown passes and 35 interceptions in his college career. *San Diego*

2 Ben Roethlisberger, QB, Miami, Ohio. The first surprise of the draft. I just can't imagine Al passing on a guy like Big Ben (6'4", 240 pounds) and his cannon of an arm. Let's face it, Rich Gannon is nearing 40 and coming off shoulder surgery, and Marques Tuiasosopo is rehabing a ruptured knee. It's QB time. *Oakland*

Robert Gallery, OT, Iowa. Didn't allow a sack in his final 36 games. Ironically, he's 6'7", 323-pounds.

3 Kellen Winslow Jr., TE, Miami. If you're going to run the West Coast offense you need a tight end that can catch the ball. Nobody does it better than Winslow, who might - dare I say it - be better than his father was. *Detroit*

4 Reggie Harris, DT, Oklahoma. The Falcons must build a defense that finished last in the NFL in 2003. A good starting point? Right up front, of course. *Atlanta*

5 Vince Wilfork, DT, Miami. With an improved defense, the Texans' future looks bright. *Houston*

6 Steven Jackson, RB, Oregon State. Clinton Portis is gone and Jackson will serve as his replacement. The 6'2", 230-pound bruiser averaged 4.9 yards-per-carry in college. *Denver (from Cincy)*

7 Williams, LB, Miami. Aside from being a star linebacker, Williams rushed 18 times and caught 12 balls in his collegiate career. *Minnesota*

8 Michael Jenkins, WR, Ohio State. Unbelievably, the champs got Corey Dillon and still have six picks in the first four rounds. *New England*

9 Chris Gamble, CB, Ohio State. Seattle ranked No. 27 in the league last year defending the pass. *Seattle*

10 Bryan Odom, DE, Alabama. Because Green Bay is expected to trade for Browns quarterback Tim Couch in the near future, it can afford to spend the pick on defense. *Green Bay*

11 Jody Starks, DT, Maryland. The Freak's in Philly and fellow defensive lineman Robaire Smith got big money from the Texans, so it's time for the Titans to make a move. Starks had 201 career tackles as a Terrapin. *Tennessee*

12 Nathan Vilma, LB, Miami. Led Miami in tackles in three consecutive years. *Indianapolis*

13 Vernon Carey, OG, Miami. That makes six Hurricanes selected in the first round. *Carolina*

*** Note:** Stephen Dorman has spent the last year of his life covering the NFL for KPFL.com. He rarely sleeps, shaves or turns in his news stories on time.

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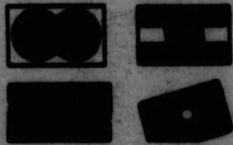
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1,000: Softball coach is HSU leader in total wins



1,000, from pg. 23

Cheek remembers his love for coaching springing from his days as a 15-year-old when he would teach baseball to eight-year-olds in what used to be called the "Little Potato League." In his first season his squad went 15-1 and they won the league title. That's when he said he got the "bug to coach."

This "bug" has infected many softball players who have come through the HSU program, freshman pitcher Tracy Motzny included.

"He's helped me a lot with my mechanics," Motzny said. "I came in thinking I knew all I needed to know about the game and he taught me that softball is a lot more mental than I thought it was."

SO FOR NOW Coach Cheek

remains standing through the innings HSU is at bat, yelling across the diamond, constantly teaching his players. In between innings he can be seen seated on his iron chair watching the games. Some take this as a sign that he's an old man losing enthusiasm for the game. Don't be fooled. He's just resting his knees.

Sean Quincey can be reached at SMQ1@humboldt.edu

Ellen Roberts throw for five innings over two games this weekend versus Saint Martin's. She gave up 7 hits and 4 earned runs while striking out 7 of the 23 batters she faced. Jessica Padilla (22) caught all pitchers the entire series.

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Stadium-sized laser bombards pill

World's strongest laser takes its aim at fusion

► Joseph Freeman
Lumberjack Staff Writer

A stadium-sized laser, already the most powerful in the world running at a small fraction of its power, will produce nuclear fusion, a process previously only found in stars and thermonuclear explosions by 2008.

A plasma laser beam shot into a pill-sized, gas-filled target recollects stories of interplanetary wars.

Though some of the features seem fictional, the laser being built and tested at Lawrence Livermore National Laboratory (LLNL) is not made up at all. The Department of Energy (DOE) is funding this project, with the intent of testing nuclear reactions without having to detonate bombs. In addition, when it is completed the laser will become the site of what Berkeley nuclear engineering professor Edward Morse calls a moving feast of fusion research.

With the military uses, and the renewed investment in fusion and other forms of alternative energy by President Bush, NIF will be a feasting ground for scientists all over the world. As of now, even Lawrence Livermore is sending its scientists to a Rochester New York laser that will not be nearly as powerful as NIF when it is finished.

As a principal investigator for NIF and a professor, Morse supports the project for its potential to provide good careers for his students, and fusion research.

The Holy Grail of power is "an almost limitless supply of energy in a safe and environmentally friendly way," said LLNL spokesman Bob Hirschfeld.

Schatz Energy Research Cen-

ter engineer Michael Winkler said it is unlikely that a nuclear fusion reactor will be operational in the next 50 years, and would rather focus on energy efficiency.

Hirschfeld said it will be several decades before the information obtained in the tests could be used to implement fusion as an energy source. He said this is a vital step in the much-needed process of understanding and using fusion as a viable source of energy.

"Until [scientists] test the laser and figure out the science involved, they can't go on to the next step," Hirschfeld said.

Morse points to another route to fusion that is more promising for energy applications called Tokamak.

Many scientists working on, and following the success of the NIFF laser are excited about its scientific potential.

"What [scientists] are finding is stuff that hasn't been done before," Hirschfeld said. But complete testing of the laser is still years away and initially will be dedicated to testing nuclear explosions.

The National Ignition Facility, a division of the DOE, began this project in 1997 following the ban of underground nuclear tests in 1992, which left the U.S. nuclear stockpile dormant. The DOE, in charge of monitoring the stockpile of about 10,000 nuclear weapons, has now developed a safe way to ensure the reliability and effectiveness of the warheads.

When the lasers are operational, the DOE will create a thermonuclear burn with conditions of extreme temperature and pressure present in nuclear weapon

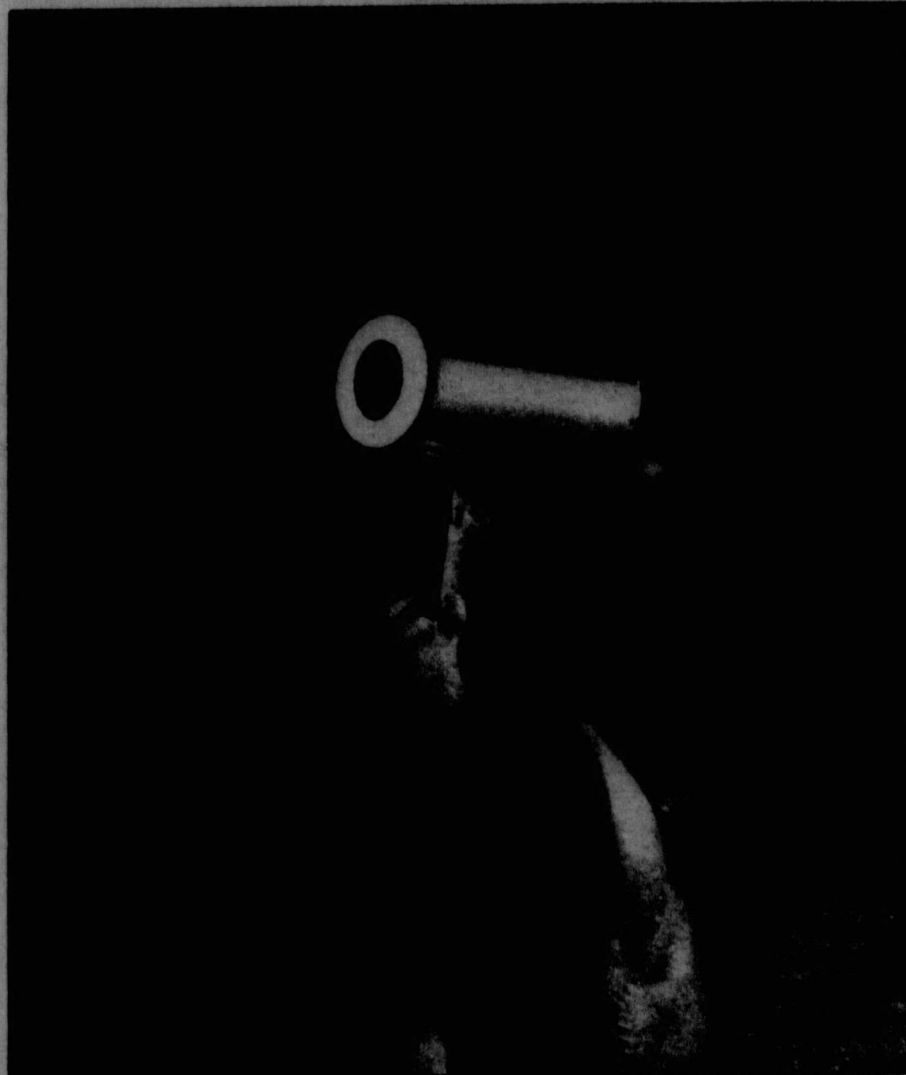


The 30-foot interior of the NIF target chamber, which weighs one million pounds.

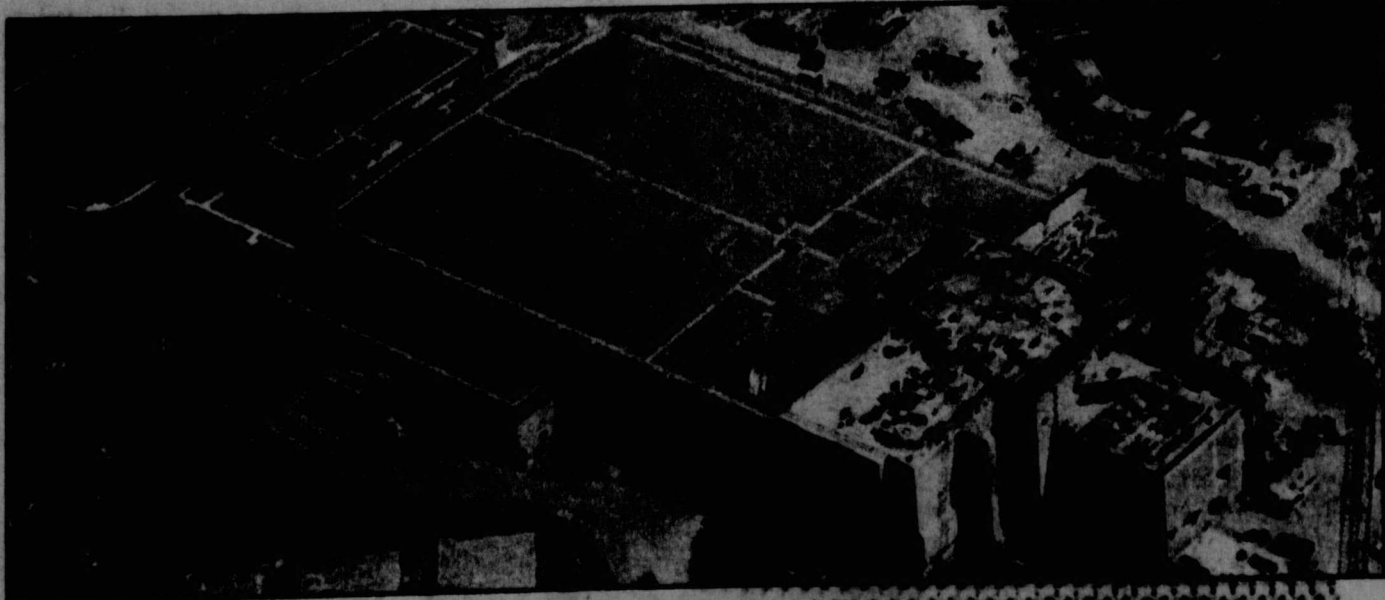
explosions. The scientists, with data they obtain with those tests, will determine the safety and reliability of the nuclear weapons, some of which were built in the 1970s, Hirschfeld said.

"We want to see what happens in thermonuclear explosions on a microscopic level," said Hirschfeld.

In 2008, when the project is complete, scientists will aim NIF's 192 laser beams of ultraviolet light at a capsule the size of a pill containing isotopes of hydrogen. The expected result when all the beams make contact with the



The NIF laser, housed in a stadium sized building (left), will direct all of its power at this hohlraum (above), a hollow gold cylinder containing a BB-sized plastic sphere of fuel. Laser beams enter the two ends of the hohlraum, reflecting off the walls and creating X-rays that compress the fuel to produce a fusion reaction.



▼ see LASER, pg. 29



BAY VIEW

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Baby Steps

The "What About Bob" movie demonstrated hilarious baby steps toward recovery. Baby steps are small steps of progress toward a goal, a change or recovery from any issue, hurt, addiction or hang up. Examples: Flossing 1 tooth, losing 1 pound, refusing 1 drink or sex, attending one social event alone, calling 1 friend, saving 1 dollar. Baby steps are important. They indicate effort, progress and lead to more steps and success. The Bible says "For who has despised the day of small things?" Zech. 4:10

It is important to reward yourself for every baby step you take. Tell yourself and someone else how good that was. Reward yourself with food (unless you're overweight), go to a fun event or buy yourself something special. The reward could be related to progress in that area. E.g., If you jogged, buy jogging clothes etc.

Find accountability partners to encourage you in your new goal/direction. Tell them to encourage you and not be too hard on you if you take a step backward. No matter how much you mess up, look for what you did right and focus on that.

We are powerless over our issues. Ask God to help. He sent His Son Jesus to die on the cross to forgive our sins and to empower us. "I can do all things through Christ who strengthens me." Phil. 4:13. Tap into his power by praying and asking Jesus into your life. He will help you with your baby steps and carry you when you can't do it. At those times you will see one set of Footprints in the sand - His.

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SCIENCE TO SNACK ON

Do you ever find yourself in the midst of truly odd conversations? The other day I realized some friends and I had just spent the last fifteen minutes brainstorming the various situations that will cause your nose to run.

Our list was quite impressive. Your sinuses may turn on the spigot if you are too cold, too dry, crying, eating spicy food, exercising, enduring allergies, enduring a cold, or drinking a hot beverage. Heaven help you if all these things are happening at once. Since your nose is poised and ready to gush at the slightest provocation, it's no wonder that tissue manufacturing is a multi-billion dollar industry. (Financial hint: Invest in Kleenex stock.)

Your nose makes about one coffee cup worth of mucus (phlegm) every day. Mucus is even in academic communities, as when the brilliant writer within your brain goes to work in writing a paper or in the all too common case of a nosebleed.

So, the next time you find yourself in the midst of a conversation that is truly odd, remember that your nose is working hard to keep you healthy and comfortable.

Do you ever find yourself in the midst of truly odd conversations? The other day I realized some friends and I had just spent the last fifteen minutes brainstorming the various situations that will cause your nose to run.

CALENDAR

Wednesday | 21

Knitting & Crocheting
CCAT, HSU
2 p.m., free
Bring your own hooks and needles (CCAT has some supplies).

Assata Shakur Video Interview & Discussion
Redwood Peace and Justice Center, Arcata
7 p.m., free
Hosted by Northern California Coalition for Women Prisoners.

Slewfoot String Band
w/Hillstomp
Rumours Lounge, Eureka
8 p.m., \$3
Original blues and rock.

Makin Music Karaoke
Saffire Rose Cafe, Eureka
9 p.m., free
Karaoke with Makin Music.

Thursday | 22

Laughing Wild
The Ink People Center for the Arts, Eureka
8 p.m., \$10
Non-profit program directed by Denise Ryles.

Dead Night w/ David Scott Yates
Rumours Lounge, Eureka
9 p.m., \$3
Live Greatful Dead cover performance in a dance hall.

High Grade Sound
Mazzotti's, Arcata
10 p.m., \$5
Reggae DJs.

The Spiders w/Blackball
The Alibi, Arcata
10:30 p.m., \$3 (21+up)
Hard rock and punk metal.

Friday | 23

March for Parks
Arcata Marsh parking lot
9:45 a.m., free
Join the rally for local parks.

Toyon Literary Magazine Release Party
Green & Gold Room, HSU
2 p.m., free
Free food & readings provided.

Infotainment Poese
Mateo Community Center
6 p.m., \$18 (\$15 adv)
Takes the "ick" out of politics.

Matt Jacobs
Old Town Coffee & Chocolates, Eureka
7 p.m., free
Blues, folk music and more

Night Watch
Ferndale Repertory Theatre
8 p.m., \$12 gen,
\$10 students and seniors
A thriller by Lucille Fletcher. Also playing on 24 & 25 (2 p.m.).

Tamaras
w/ Cemetery Love Club
Sacred Grounds, Arcata
8 p.m., \$3
Political rock and dreamy duo.

Madame de Squeeze
Cafe Mokka, Arcata
8 p.m., free
Accordion performance.

Checkered Demons
Clam Beach Inn
9 p.m., \$3
Hot rockin' blues.

Vegetable Stew
Muddy Waters, Arcata
9 p.m., \$2
All ages welcome.

A Special Late Night Show
Old School House, Arcata
9:30 p.m., \$6
Puppet shows & musical interludes.

BIAS
Rumours Lounge, Eureka
9:30 p.m., \$3
Great rock and blues.

Nucleus
Mazzotti's, Arcata
10:30 p.m., \$6
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(Read the story on page 15.)

Saturday | 24

Sustainable Living Arts and Music Festival
Special Events Field, HSU
noon, free for students
suggested donation \$3
Featuring keynote speaker Derrick Jensen, musical headliner Andrew Tosh with Reggae Angels, HSU Calypso Band and the Albinol

Wildlife Discovery Day
Natural History Museum
1 p.m., free
Join HSU wildlife students to celebrate the museum's 15th birthday.

Poetry Night
Jolly Giant Commons, HSU
6 p.m., free
Author Michael Lyons will give out his publication.

National Puppet Day Celebration
Arcata Style
Arcata Ballet
6:30 p.m., \$4-7
A puppet show for all ages.
Bring your own pillow.

Creator w/ Nobody's Star
Teen Center, Eureka
7 p.m., \$5
More bands to be announced.

Sari Baker
w/ Mike Craghead
Saffire Rose Cafe, Eureka
7 p.m., free
Clear vocals and acoustic guitar.

Musalc
Cafe Mokka, Arcata
8:30 p.m., free
Eastern European Folk music.

Tall Dogs
Clam Beach Inn
9 p.m., free
Alternative country swing.

Albinol
Mazzotti's, Arcata
10:30 p.m., \$10 (\$8 adv)
All-star afrobeat ensemble.

Sunday | 25

Slew Foot String Band
Lost Coast Brewery, Eureka
2 p.m., free
Free party.

Makin Music Karaoke
The Alibi, Arcata
10 p.m., free
Karaoke with Makin Music.

Monday | 26

An Evening
w/ George Estrada
South Lounge, HSU
5 p.m., free
HSU journalism professor reads from his new autobiographical novel, "I Have Tasted the Sweet Mangos of Cebu."

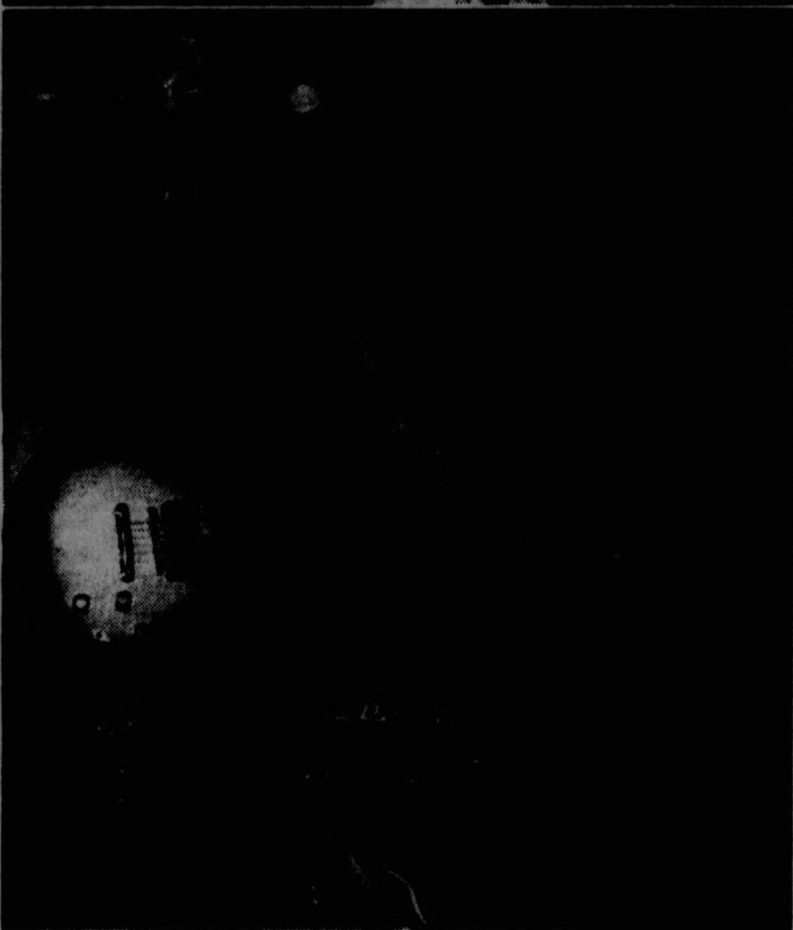
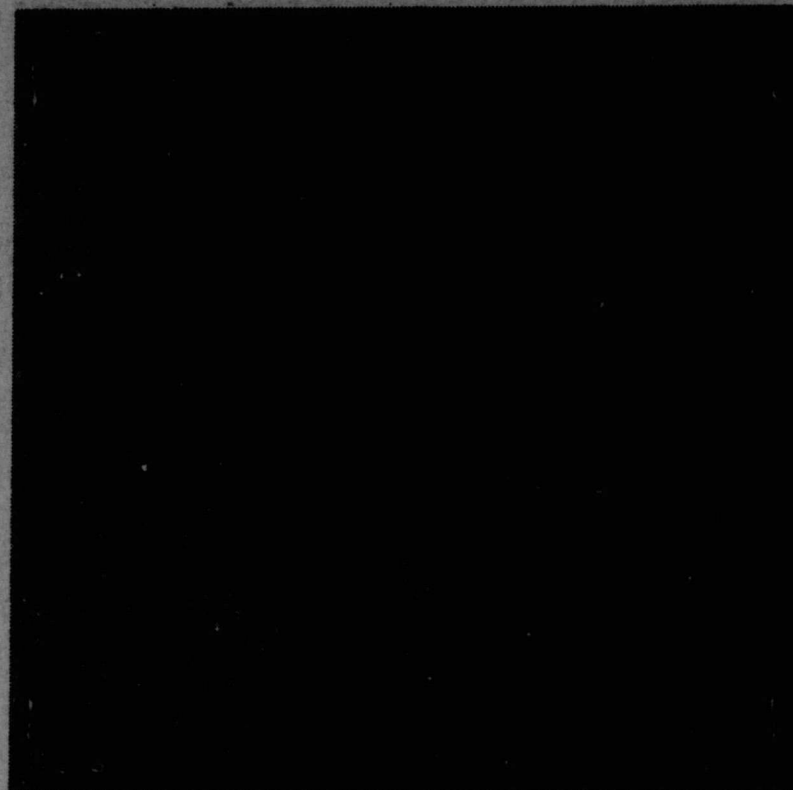
Para Sa Isangmahal.
Fulkerson Recital Hall, HSU
8 p.m., free
Speech performance by Filipina artist Nicole Frantilla.

Tuesday | 27

"Daughter From Denang"
Founders Hall 118, HSU
5 p.m., free
Film screening and discussion.

Helen Zia
Kate Buchanan Room, HSU
7 p.m., free
Asian American journalist and activist discusses the challenge of current dynamic era.

To see your event listed in this comprehensive calendar e-mail your events in advance to thejack@humboldt.edu



(Top) The cover of The Spiders' album, "Giltzkrieg," released from Acetate Records. (Middle) Christopher Benedict, the rhythm guitarist and the vocalist of the rock'n'roll guerrilla band. (Bottom) Benedict and the bassist Karl Toft rock the stage.

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Loaders needed for Steve Kimock Band, Saturday May 1, Six Rivers Eureka email lincolnw@cox.net.

Bay boats rides, rentals & lessons. Sail, row, kayak and Water Taxi tours, clinics and classes ongoing for young and old. Tour Humboldt Bay's sloughs and islands from Woodley Island Marina. Click on humboats.com or call Hum-Boats: 707-444-3048

ROCKY HORROR PICTURE SHOW Midnight- Friday April 30, Eureka Theatre 610 F Street, Eureka. All seats \$6. Also Live on Stage "Psychotic Cabaret."

Going Out of Business Sale! Video/gift store closing in Arcata. All fixtures for sale-- mirrored and laminate slat wall, glass and wire shelving, counter, register stand, rotating card rack, island and wall unit shelves, bookshelves, tables, glassware, picture frames, clothing, jewelry, books, gift items, electronics and much more! Leaving at the end of April, so come see us and find a great deal!!! 160 Westwood Market Shopping Center, Arcata (707) 822-6224 M-Sat 10-5pm

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What is HSU's energy future?



OCAA, Jesse Gibb, Laramie power plant

Like the rest of California, HSU is powered by polluting, non-renewable energy.

More than 90 percent of the electricity we use comes from both nuclear energy that creates radioactive waste and from fossil fuel-burning power plants that pollute the air and hasten global warming.

The rest comes mostly from large dams in the Pacific Northwest that damage river ecosystems and harm salmon fisheries.

Less than 1/2 percent is generated by wind and solar power.¹

As individuals, we have little power to alter the unsustainable course of our state's and nation's energy development.

OR



National Renewable Energy Laboratory

But as a community of students, we have the power to create the HSU Energy Independence Fund (HEIF) that will put HSU on a new course toward conservation, clean energy and energy independence by 2043.

Although it is not our responsibility to pay for HSU's utility infrastructure, we can make a compelling statement to the CSU system by showing that a clean-energy future is so important to us that, even in the face of higher tuition and fees, we're willing to fund conservation and renewable energy.

12 hour online voting. Link from HSU home page

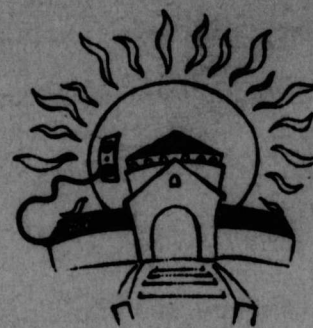
¹ Pinnacle West Capital Corp., Dec. 31, 2003, quarterly report; PacifiCorp, Dec. 31, 2003, quarterly report.

On April 20, 21 and 22
you get to decide

Voting For The HSU Energy Independence Fund will:

- Implement only projects designed by HSU students.
- Create a model of sustainable energy systems for college campuses nationwide.
- Create a pool of money to fund conservation and renewable energy projects at HSU.
- Cost each student \$10 per semester — less than a movie with popcorn.
- Allow all students to learn about renewable energy and conservation technology.

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