

The Lumberjack

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Vol. 84 No. 24

Wednesday, April 7, 2004

Arcata, Calif.

County renters unite!

Tenants union, formed in part by HSU alumna, protests local landlord.

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'A sense of community'

The Placebo in Manila offers a great alternative to the bar scene for music fans of all ages and persuasions.

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Confessions of a cutter

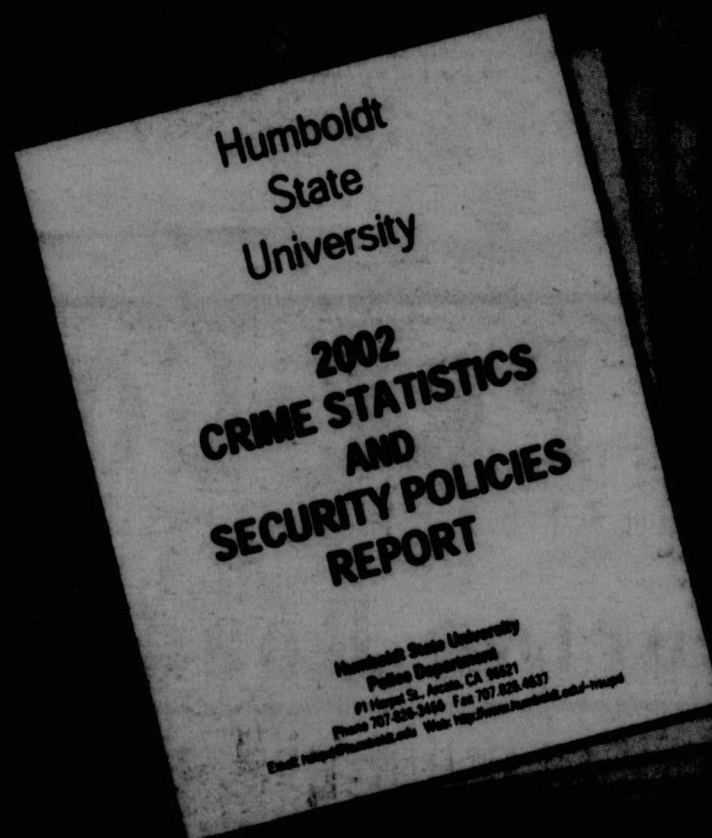
A first-hand account from a student who overcame self-mutilation.

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Win streak snapped

Softball team's run halted at 23, but the 'Jacks still take home some hardware from Modesto tournament.

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HSU Crime 2002	Clery Act Report	CSU Annual Report
Drug Violations	43	131
Weapons Possessions	3	9
Rapes	0	2



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WEDNESDAY, APRIL 7, 2004

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News Editor Matt Kappo Copy Chief Kira Rubenstein
Copy Editors James Egan & Liz Hinchley Layout Editor
Bill Treadwell Assistant Editor Sean Bohman and Matthew
Mats Community Editor Dave Bailey Forum Editor Luis
Molina Sports Editor Sean Bohman Features Editor Karen
Widerson Sports & Rec Editor Sean Quincey Science &
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Photo Chief John-Michael Saiz Production Matt Crawford

Staff Writers Tara Apperson, Peter Bryant, Aimee Cizbe,
Robert Deane, Katie Dando, Stephen Dorman, Brian Hess,
Mikhaela, Sami Lacey, Cameron Langford, Ahrie Ulsky,
Larry Marsh, Pamela Nelly, Bryan Opper, Nick Petros, Becca
Piper, Jordan Plisk, Seyeda Riku, Cat Sish, Amanda Solis,
Rory Williams

Ad Staff Business Manager Jan McFerin Ad Design
Chris Cook & Helen O'Connor Ad Reps Carla Espadas &
Julie Laughlin Classifieds Luis Molina Adviser Mark Larson

Newsroom 707.826.3271 Ad Department 707.826.3269
Fax 707.826.5921 E-mail thejack@humboldt.edu
Subscription \$7.50 / Semester Mailing address Nelson
Hall East 6, HSU Arcata, CA 95521

the cover

Humboldt State University's public records of
crime statistics may not be giving the whole
picture. Cover photo by Cat Sish. Cover design
by Erik Fraser.

the corrections

In a story printed in The Lumberjack last
week under the headline "Queer issues
cross all borders," Jewell Gomez and David
Bracamontes' names were misspelled.
In a story about the entrepreneur fair, student
Intern Donald Son was called a business junior.
He is a senior and majoring in economics.



JOHN-MICHAEL SAIZ

Callista Yocom's sign reads "Where's my toys and home." It was made for her
by her mother Christina Yocom a former tenant of Humboldt Bay Properties.
They participated in the March 31 protest against the company. See page 7.

The Lumberjack is a member of the California Newspapers Publishers Association and the California Intercollegiate
Press Association. HSU is an AAEO institution. The Lumberjack is printed on recycled paper and published
Wednesdays during the school year. Questions regarding editorial content of The Lumberjack should be directed to its
editor. Opinions expressed by guest columnists are those of the authors and not necessarily those of HSU. Advertising
material is published for informational purposes and is not construed as an expressed or implied endorsement or
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by the Instructionally Related Activities fee of Humboldt State University. The views and content of The Lumberjack are
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Campus crime statistics misleading

► **Rory Williams**
Lumberjack Staff Writer

Prospective students, parents and staff interested in safety on campus are not given an accurate representation of crimes occurring because of a complicated legislation.

Rape, arson, and weapons possession are some of the many categories included in the Jeanne Clery Disclosure of Campus Security Crime Statistics Act, which the University Police Department submits every October.

In the year 2002, HSU's Clery statistics displayed zero rapes, when in a different set of crime data, the California State University 2002 Annual Report of Crime Statistics, the total counts of rape in 2002 were two.

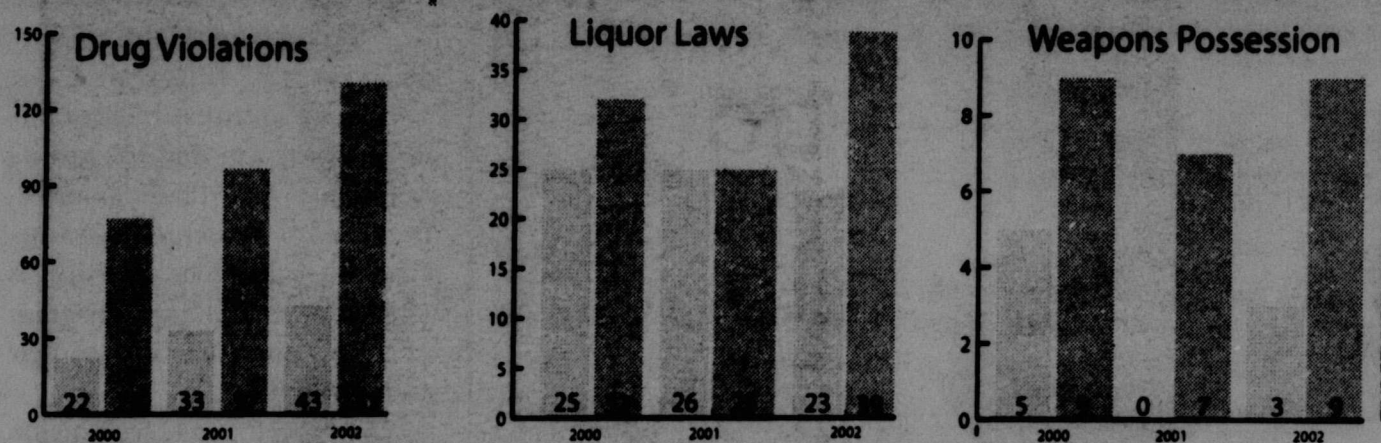
Anne Serene, a psychology major who has taught "Transgendered Lives and Experiences" at HSU for the last three years, was walking behind the Kate Buchanan Room in January 2002.

Assailants who had threatened Serene for months beat and raped her because she was a transgendered person, Serene said.

She was one of two rape victims who went unreported in the Clery statistics for 2002.

"[the University] wants the majority of students to believe this is a happy friendly place where none of this stuff goes on," Serene said. "The reality is—this

Crimes Reported by The Clery Act VS CSU Annual Report of Crime Statistics



kind of stuff goes on anywhere."

Captain Steve Williams of the San Diego State University Police Department, the same department that receives the CSU-ARCS from all campuses in April of every year and submits them to the CSU Chancellor and Department of Justice, said there might be a difference in these numbers due to the location of the crimes committed.

"Clery statistics separate crimes by location," Williams said, "and sometimes you will lose statistics by location."

Clery statistics include locations adjacent to campus (such as the footbridge connecting the campus to G Street, among others).

Data compiled for the other set of crime statistics, the CSU-ARCS, may include locations out of the Clery Act jurisdiction.

Unclear locations make it dif-

ficult to decipher what should be reported in Clery statistics, and crimes handled by UPD that are not in Clery Act jurisdiction are not counted in the report.

"It's up to the integrity of the department supplying these statistics," Captain Williams said.

In the hate crimes section of the Clery Act, which displays crimes against people for their race, disability, ethnicity, religion, gender and sexual orientation—where Serene's case should have been marked — there were nothing but zeros in each category.

Not only were there zeros in place of Serene's case, but zeros were scattered all throughout the spaces for the years of 2000 and 2001.

There was only one mark listed in the hate crimes section under "Nonforcible Sex Offenses" against a gender, in 2002.

"Our public image is staying safe, but internally it's falling apart," Kelley Kiesling, legislative vice president of Associated Students and member of the public safety committee, said. "There have been more rapes than [shown], there have been more hate crimes than [shown]. If it's reported it needs to go in there. Simple as that."

Chief Robert Foster of UPD agreed that there are some faults to the crime statistics within the Clery Act, but said it was a good resource for emergency information and security policies.

"As a legislative act — to ensure accurate reporting in all areas — [the Clery Act] is woefully inadequate," Foster said.

The weapons possession category, stated in the Clery Act as the "sale, purchase, transporta-

▼ see CLERY, pg. 5

What is the Clery Act?

Jeanne Anne Clery was raped and murdered while she slept in her residence hall room at Lehigh University in 1986.

What followed was the Crime Awareness and Campus Security Act of 1990 that made it mandatory for campuses that receive federal funding to make available crime statistics to students and staff.

The act was renamed the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act after revisions in 1998.

Under the Clery Act, campuses must publish and make available an annual report that displays three years of crime statistics.

If a university does not honor the Clery Act, it will lose its federal funding, including financial aid and loans, and will be penalized \$25,000 for every misrepresentation of statistics.

Howard and Connie Clery began a watchdog organization that monitors campuses across the United States called Security On Campus, Inc.

"We learned that crime on campus is one of the best-kept secrets in the country" — Connie and Howard Clery.

Information courtesy of
www.securityoncampus.org



HSU students went to Sacramento attempting to stop cuts.

PHOTO COURTESY OF JAMES CAIR

Students lobby in Sacramento

Health and human services programs to be slashed

► **Katie Denbo**
Lumberjack Staff Writer

Ten HSU students joined human services students and employees from around the state in Sacramento from March 6 to March 8 to lobby against state budget cuts that could affect human service departments.

The group, made up of nine social work majors and one child development major, partook in a weekend of social work and human services workshops before lobbying on March 8 against potential cuts.

Rachel Stephens, a social work junior who traveled with the group, said there were 948 students, teachers, employees and concerned citizens in attendance, most representing the human services fields.

"The workshops were held on Saturday at CSU Sacramento and were put on by social work students," Stephens said. "Sunday was mostly conferences and Monday we all came together to rally."

Stephens said the HSU students paired up to attend as many of the workshops as they

could, including conferences in youth empowering, the U.S. Patriot Act, health care and social justice, hunger, HIV and AIDS and how the budget cuts could affect them.

"(We divided up because) we wanted to take back as much information as we could about the budget and the topics in human services," Stephens said.

The proposed cuts would slash \$440 million this year and another \$1.16 billion in the 2004-2005 budget year from

▼ see SOCIAL, pg. 5

Social Sciences may face suspension

► **Karen Wilkinson**
Lumberjack Features Editor

The social sciences undergraduate program, suffering from slipping enrollment and described as incohesive, may be the first curriculum to be suspended at HSU in 12 years.

"[Social sciences] is an example of a program that has lost its usefulness," Val Phillips, interim dean of undergraduate instruction, said. "The question is whether to maintain a program with no coherence and so few students in it."

The social sciences major, which was started the 1921 to 1922 academic year, has 17 undergraduates as of this spring. There were 21 students in the 2002-2003 academic year.

"Our public image is staying safe, but internally it's falling apart."

possible major suspension until *The Lumberjack* contacted him.

Davis agreed that the major is far from perfect and that some, though not all, students choose it out of convenience, but "it still serves a purpose (and) that shouldn't be counted against us," he said.

The social sciences major allows students to design a program that uniquely prepares them for their careers, according to the current HSU catalogue. Courses to choose from cover a wide range of disciplines, including anthropology, geography, history, political science, psychology and sociology.

Richard Vrem, provost and vice president for academic affairs, said there is a response period of 40 academic days from

Kelley Kiesling
Legislative vice president of associated students

Delores McBroome, the social sciences advisor for the past six years, said current undergraduates would not be affected by the suspension. Incoming students wanting to pursue this degree would no longer have that option.

"I fully support the fact that the program needs major revision and should be suspended," McBroome said.

Four years ago in the fall of 2000, faculty from the College of Arts, Humanities and Social Sciences convened to discuss the viability of maintaining the major. A memo from McBroome to Dean Karen Carlton, dated Oct. 24, 2000, stated, "We agree at present, the social science major lacks academic cohesion and rigor."

"It has been observed that many students wait until they are near the end of their junior year to decide upon a social science major," McBroome wrote. "In many cases, it becomes a default major that enables them to piece together several disparate courses and still complete a major."

"[Social sciences] has a small curriculum and many options," James Davis, a social sciences senior graduating this May, said. In his four years attending HSU he has yet to meet another social sciences major. "There's not too many of us," he said.

Davis hadn't heard about the

March 4 (when the memo was sent out) in which faculty and administration, but not students, have the option to respond. A response document would need to be received by the Office of Academic Affairs no later than Tuesday, May 4, 2004.

Phillips said something substantive, other than "I like social sciences," would have to be argued. Also a proven potential increase in enrollment would also need to be shown.

"Whatever issues were raised (in the original proposal) are the issues that should be raised in the rebuttal," Vrem said.

Phillips said since the major's insignificance was brought to light in 2000, there has been one letter of concern, but he could not comment on its content or submitter.

If the decision to suspend the program goes through (which should be made by Vrem by May 7) it will be for a five-year period, after which the decision to either terminate or redesign the program would be made by an ad hoc committee of the college.

"In order to make a good program (of social sciences) it would have to be redesigned to have more focus," Phillips said. "That's really the problem here—this program has no definition."

Karen Wilkinson can be reached at klw23@humboldt.edu



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▲ CLERY, from pg. 3

tion and concealment" of incendiary devices or deadly weapons, is identical with the CSU-ARCS definition.

Although both the reports are ultimately compiled by the UPD, Clery statistics show fewer weapons possessions than the CSU-ARCS. See table.

Drug and liquor violations are defined as the illegal making, sale, distribution and possession of these products.

Both CSU-ARCS and Clery statistics have different numbers for these categories and the Clery statistics are significantly less. (See table.)

Foster said Clery statistics for these categories are so low because they only represent arrests and CSU-ARCS includes both reports and arrests.

However, Williams said, "In my experience, there is an arrest with every report (regarding the CSU-ARCS). How could you have a report and not an arrest?"

Regardless of how HSU views the accuracy of its reports, an entire set of data for liquor, drug and weapons referrals (offenses handled by other University officials and not UPD) is missing for the year 2001 under the Resident Community column.

The Department of Education does not take missing or inaccurate data lightly.

In a California State Audit performed at six different universities, including SDSU, Elaine

M. Howle, the state auditor, explained the consequences of misreporting.

"If the United States [DOE] finds that institutions have substantially misrepresented the number...it may impose a civil penalty of up to \$25,000 for each violation or misrepresentation and suspend or terminate the institutions eligibility status for Title IV funding."

Title IV funding is a university's privilege to receive all federal aid, including Pell Grants and direct loans.

"Our public image is staying safe, but internally it's falling apart."

Kelley Kiesling

Legislative vice president of associated students

SDSU underwent an audit from the state auditor and Williams said there has never been a DOE audit for the Clery Act at any CSUs to date.

However, there are other universities across the United States that have been found in violation of the Clery Act.

One of these is Moorhead State University in Moorhead, Minn., where HSU's Vice President of Student Affairs Steven Butler worked during the first DOE investigation.

Butler served while MSU was found to be in violation of pro-

viding inaccurate data on its Campus Security report after a program review during the week of April 1-5, 1996.

In a Program Review Report issued by the Region V office of the DOE, it found Moorhead State guilty of estimating crime statistics and that "There was no indication that the institution took any steps to ensure that the estimated data reflected or corresponded to crimes known to university officials."

Prior to the program review, Butler wrote to Gregory McNinis of the Chicago Regional Office and said "Moorhead State University has been, and is, in compliance with the Student Right-to-Know and Campus Security Act."

In the Program Review Report Butler "stated that prior errors had been corrected and the 1995 annual campus security report was correct."

The report concludes the background information on MSU with "Upon arrival at the institution the reviewers found that, contrary to the assurances provided in the University's letters, the corrections to the statistical data had not been made."

After the investigation was over, MSU was given a warning and Butler began teaching seminars to the National Association of Student Personnel Administrators about the Clery Act.

Rory Williams can be reached at rbillius@yahoo.com

▲ SOCIAL, from pg. 3

health and human service programs, amounting to 42 percent of the proposed budget cuts, according to www.pai-ca.org. Stephens said these organizations are ones that concern respite care, medical care, foster homes and many others.

James Carr, a social work junior, said he had many reasons for going on the trip, but the most important was the people.

"Obviously the clientele loss was what made me go," Carr said. "Many local projects, like the Raven Project for homeless youth and other community organizations, are at risk of being cut. That would be terrible."

The students' trip was funded with a \$1,000 scholarship given to them by Mary Swanson of the National Association of Social Workers, which paid for their hotel and workshops for the three days. Other ex-

penses, like travel, gas and food, were paid for out of the pockets of the participants. NASW works to enhance the professional growth and development of its members, to create and maintain professional standards and to advance sound social policies, according to their Web site, www.socialworkers.org.

"I spent around \$100 of my own money," Carr said. "But it was for a great cause."

The group spoke with Assemblywoman Patty Berg's legislative aide, Amanda Levy, for nearly 30 minutes about education, social work and policies. In addition, they listened to a speech by state Assemblyman Juan Vargas outside the capitol building during the rally, where he supported the human services fields.

"It was such a great learning experience that gave a face to the issue and made it less intimidating," Stephens said.

"Since the budget hasn't been

passed, we don't know if the lobby had an effect," Carr said. "But a majority of people have been writing letters and things like that to get our cause heard."

Stephens said she felt it was important to take part in the rally and experience it firsthand.

"We talk about things like this in class, but to actually meet the people behind it was great," Stephens said. "It's important to not be afraid of the budget process and we should do it more often, knowing that it isn't as scary as it seems."

"Having done it once," Stephens said. "I feel like I could do it again. Knowledge is key."

On April 18, the group is doing a presentation in its Human Behavior and Social Environment class to share their findings on the trip. Pending approval, the new budget will be passed by July 1 of this year.

Katie Denbo can be reached at katedenbo@aol.com

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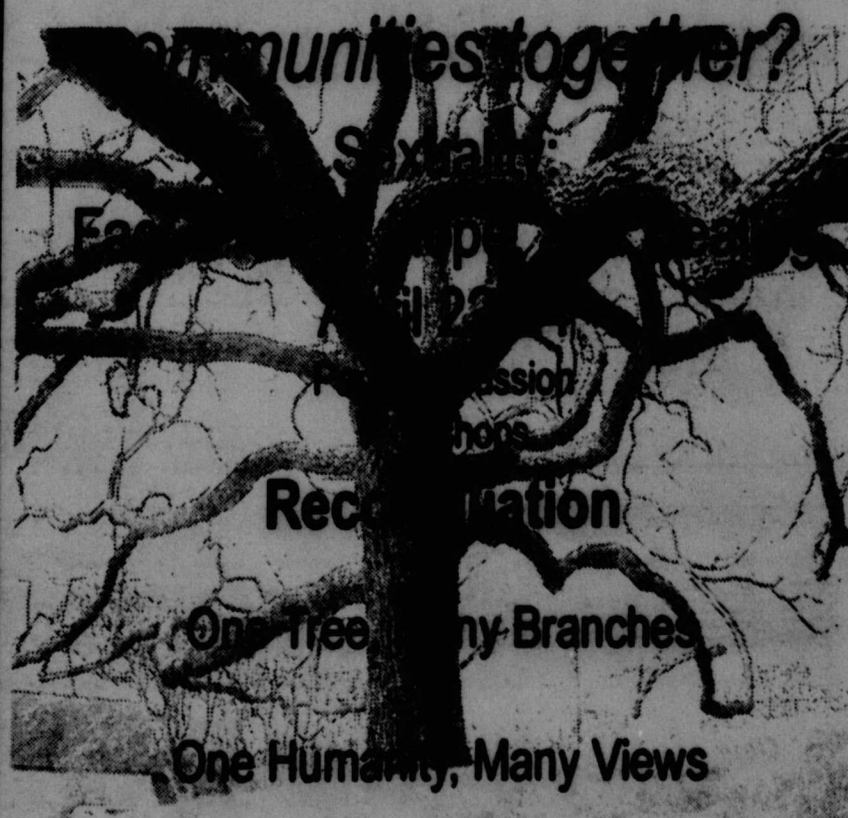
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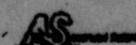


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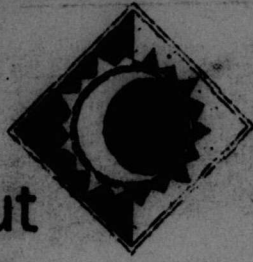
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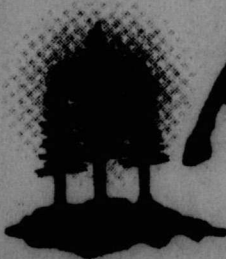
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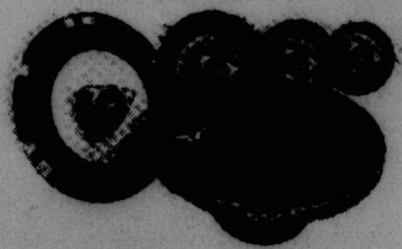
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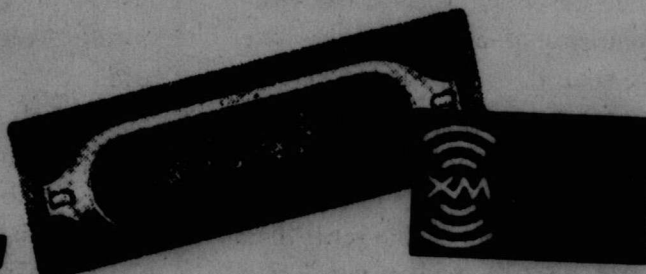
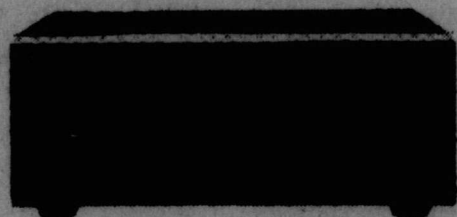


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UPD BYTES

Compiled by
Sayaka Rifu

Saturday, March 27

5:47 p.m. A subject drinking alcohol in front of Pepperwood Hall was reported. When an LGA told him he could not drink there, the subject started screaming obscenities. The subject was gone upon arrival of an officer.

Sunday, March 28

4:55 a.m. A subject was warned regarding yelling behind the Pythian Castle on H Street.

Monday, March 29

7:57 a.m. A subject reported that she heard rumors of another subject threatening her. She was advised to file a report with the Humboldt County Sheriff's Department.

11:08 p.m. A large male following people and growling at them from the art quad to Siemens Hall and then into Nelson Hall East was reported. The subject was banned from access to campus for seven days.

Tuesday, March 30

1:22 p.m. A parking permit was stolen from a vehicle while parked in the tennis court lot.

6:41 p.m. A wallet was stolen from the men's locker room in Forbes Complex.

11:13 p.m. Six or seven subjects banging on cars, yelling and hollering were leaving Arcata on foot. Officers were unable to locate the subjects.

Thursday, April 1

11:54 a.m. A laptop was stolen from the University Annex.

3:56 p.m. Three subjects were contacted regarding a deliberate clogging of toilets in the men's locker room in the Forbes Complex.

Friday, April 2

4:10 a.m. Two males trying to break into a room at the Campus Apartments were reported. Officers were unable to locate the subjects.

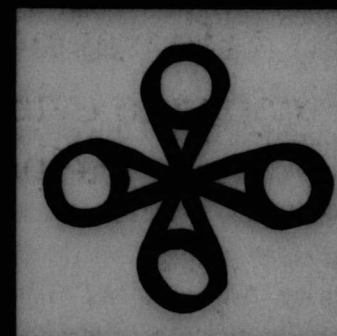
4:32 a.m. A pipe and a bag were found in Sunset Hall. The items were brought to UPD for destruction.

5:30 p.m. A subject tried to remove an item from the library. The item was recovered, but officers were unable to locate the subject.

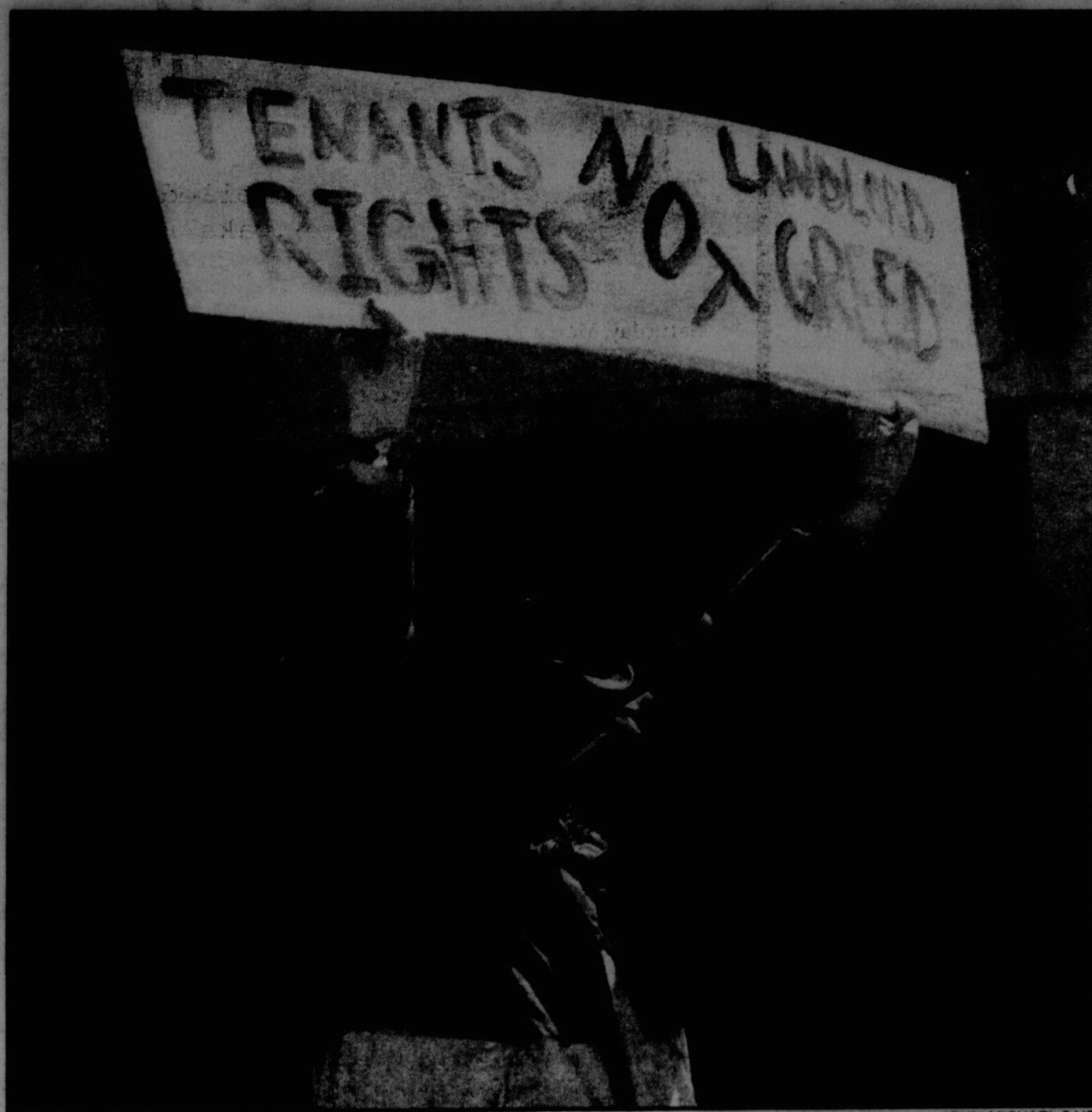
10:28 p.m. Two bike racks in front of the Wildlife building were damaged, possibly ran over.

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JOHN-MICHAEL SAIZ

Randy Fischer, caregiver to a former Squires' tenant, tried to rally support at the protest.

Renters union protest targets local landlords

Illegal evictions, housing repairs cited as issues

► **Ahnie Litecky**
Lumberjack Staff Writer

About 15 protestors converged in front of Humboldt Bay Properties on March 31 accusing the owners, local landlords Floyd and Betty Squires, of refusing to make repairs and conducting illegal evictions.

"He was not making repairs. He chose to evict

me instead of making the house habitable," former tenant Seth Woolf said at the protest.

Woolf, who occupied one of the Squires' buildings in Eureka from 1999 to 2000, said the Squires refused to install a safe

wheelchair ramp at his apartment, his apartment was full of cockroaches, all but one of his windows were painted shut, and the sink was falling off the wall in his bathroom.

"I called him [Squires] multiple times and never received a response," Woolf said.

The Squires, who have been in the real estate business together since 1978, said the few former

Betty Squires said. "We add a lot to the community."

"We're not in this for the short term," Floyd Squires said. "We like it here."

One current tenant said the Squires have always treated him well.

"If you pay your rent then Floyd doesn't bother you," said Gerry Carden, a renter at one of the Squires' properties for the past two years.

"He isn't quick to make repairs, but you've got to understand he owns a lot of buildings."

Seth Woolf

Former tenant of the Squires

The Humboldt County tenants' union sponsored the protest and many of the protesters were members of the union and not tenants or former tenants.

▼ see SQUIRES, pg. 8

Watchdogs question corporate rights

Current laws give corporations the same rights as individuals

► **Tara Apperson**
Lumberjack Staff Writer

When the legal system looks at you it sees a person; when it looks at a corporation it sees the same thing.

Democracy Unlimited of Humboldt County is a project under a non-profit organization in Humboldt County that is trying to activate people to take back their rights from multinational corporations that "have become the governing institutions - determining for us how our food is grown and distributed, how we heat and light our homes and what poisons we breathe, drink and eat," according to its Web site, www.duhc.org.

The organization started in 1996 as a group of concerned citizens who wished to learn the history of democracy and corporate rule. A formal organization evolved with the intention of activating other people to dismantle corporate rule.

Kaitlin Sopoci-Beknap, the director of Democracy Unlimited believes the project needs to be clarified.

"We don't consider ourselves to be anti-corporation; we consider ourselves to be pro-democracy and anti-corporate rule," Sopoci-Beknap said.

Hannah Clapsadle, an HSU English major, is a member of DUHC's steering committee.

"I think an important thing is that DUHC is a resource to get education on corporate personhood and the history of corporations in the U.S.," Clapsadle said.

According to the mission statement on its Web site, DUHC "educates citizens

about the illegitimate seizure of our authority to govern ourselves. We design and implement grassroots strategies that exercise democratic power over corporations and governments. We seek to create a truly democratic society by provoking a non-violent popular uprising against corporate rule in Humboldt County that can serve as a model for other communities across the United States."

Forbes E. Forbes, a retired mechanical engineer and frequent contributor to the Arcata Eye believes corporations deserve rights in our society, just as people do, and that DUHC overlooks several aspects of corporate personhood.

Forbes believes that corporations deserve the right against illegal search and seizure. "Corporations need first amendment protection too," Forbes said.

"Free speech is only one part of it, if they (corporations) were to lose any rights, they would lose rights that are part of the total personhood," Forbes said.

Forbes believes that DUHC does not look at all of the issues facing corporations.

"They (DUHC) are totally overlooking that most churches are corporations, they (churches) hire people, own property, and are subject to corporate law," Forbes said, "if you take away personhood from corporations, then you are taking it away from all corporations."

"I think that their blowing up the dam with out knowing what's upstream," Forbes said,

▼ see DUHC, pg. 8

"We don't consider ourselves to be anti-corporation, we consider ourselves to be pro-democracy and anti-corporate rule."

Kaitlin Sopoci-Beknap

Director of Democracy Unlimited of Humboldt County

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Squires: renters protest landlords

▲ SQUIRES, from pg. 7

Sarah Sherburn-Zimmer said the union asked current renters not to attend the protest because the Squires may evict them for participating.

Sherburn-Zimmer, a 27-year-old HSU graduate, is one of three renters who started the Tenants' Union in the spring of 2000 after repeated problems with landlords. The union has grown to about 50 members over the past four years.

"I've been taken advantage of by landlords before," fellow union member Peggy Smith said. I recognize the need for people to get together in order to have

basic needs met and laws followed."

The union is open to renters and those who want to rent, Sherburn-Zimmer said.

The union provides support for tenants who are having difficulty with a landlord, often in getting timely repairs or preventing an illegal eviction.

The tenants union provides referrals for legal service and helps tenants organize with others in their building to stage protests or make fliers.

"A lot of it is making tenants feel like they're not alone," Sherburn-Zimmer said.

Floyd Squires said the Tenants' Union chose to protest their

business because the union wanted to gain more publicity.

"Unfortunately there are groups that want to make a name for themselves and will do anything to accomplish that," Squires said.

Of the several former tenants that did attend the protest, most said the Squires never made repairs to their apartments, even when they called his office repeatedly.

To contact the Tenants' Union of Humboldt County call 476-1919 or visit its Web site www.humboldtrenters.org.

Ahnie Litecky can be reached at aml42@humboldt.edu

DUHC: challenging corporate rights

▲ from pg. 7

"If they tried to reverse this, it's really reversing centuries of supreme court rulings."

Ryan Emenaker, also a member of the steering committee at DUHC and a graduate student at HSU, believes the project provides a framework for the community to better understand corporations.

"I think what sets Democracy Unlimited away from other groups is that we want to make Humboldt County a model to help inspire other communities. We want to do everything we can to make Humboldt County a model," Emenaker said.

Emenaker said one of DUHC's most noted contributions to the community was its participation in the recall election last March.

"A lot of the way we looked at the issue got out and resonated with the people," Emenaker said.

During the campaign, Democracy Unlimited educated people about Pacific Lumber Co., and members also volunteered at a phone bank to raise money for District Attorney Paul Gallegos' campaign.

Sopoci-Beknap said corporations have changed greatly since the turn of the century. Corporations were created in Europe for colonization purposes in colonial times. They were creations

of the sovereign power (the monarchy) at the time, and were designed to bring in wealth for the aristocrats, but they had no private power, meaning they were controlled by the government.

After the American Revolution, when the United States was trying to set up its own government, corporations were needed because private money was needed. Colonists were very distrustful of the corporations because they feared what we know as corporate rule, just as they feared

"Corporate personhood makes corporations no longer accountable to the people. Right now we are unable to make meaningful laws to restrict corporations because it's against the law."

Hannah Clapsadle
HSU English major

not having individual sovereignty. As a result, restrictions were put upon the corporations. They had to be evaluated based on how well they were serving the public, and state governments had power over them.

"It's like a driver's license. If you're a bad driver, you don't get a license," Sopoci-Beknap said.

Despite public opposition, corporations became "neutral persons" under the protection of The Bill of Rights and the 14th Amendment through a series of Supreme Court rulings. Through various proceedings, corporations gained rights that protect

them from illegal search and seizure, as well as the right to make contributions to organizations, including any political party.

Clapsadle and Sopoci-Beknap attributed this to the rising connection between government officials and railroad companies.

"There was no public debate on whether corporations should be considered persons-the judges just decided, and corporations gained equal protection at a time when women and black people couldn't even vote," Sopoci-Beknap said.

"Corporate personhood makes corporations no longer accountable to the people," Clapsadle said. "Right now we are unable to make meaningful laws to restrict corporations because it's against the law."

The goal of Democracy Unlimited is to educate people about what they can do and steps they can take to change current laws regarding corporate personhood.

"I found this organization is a really good way to feel like I'm practicing good citizenship," Clapsadle said. "It's a way to look at overall programs in the U.S. It's an effective and common sense lens."

"You would hope Humboldt County would serve as a model to take back the right of sovereignty," Clapsadle said.

Tara Apperson can be reached at tmapppa@hotmail.com

World Report



**~Compiled by Matt Kapko
and Erik Fraser**

Anarchy, unrest flourish in Iraq

Violence and unrest continue to increase in Iraq after last week's series of violent outbreaks. Last Wednesday, four American contractors were brutally killed in Fallujah—their bodies burnt beyond all recognition, decapitated, dragged behind cars on the street, smashed to bits and hung upside down on a bridge that crosses the Euphrates River.

Video captured during the incident shows some children getting involved, flashing peace signs while they smashed the bodies with a metal pipe. The large crowd surrounding the scene cheered on the brutality, laughing and jumping up and down as the contractors were splashed with gasoline and set alight.

One Fallujah resident said grenades were thrown at the contractors' cars before they were dragged from them, begging for their lives.

Reporting for The Indepen-

dent from Baghdad, Robert Fisk wrote: "Only a day earlier, Brigadier General Mark Kimmitt, the American deputy director of military operations in Iraq, was boasting that the U.S. Marines in Fallujah were encountering fewer security problems and were 'quite pleased with how they are moving progressively forward.'"

Since then, however, the entire country of Iraq has fallen into deeper unrest. "The British took three years to turn both the Sunnis and Shias into their enemies in 1920. The Americans are achieving it in just under a year," Fisk wrote. "Anarchy has been a condition of our occupation from the very first days when we let the looters and arsonists destroy Iraq's infrastructure and history. But that lawlessness is now coming back to haunt us."

~Sources: "Atrocity in Fallujah," (April 1) and "Iraq on the brink of anarchy" (April 6) by Robert Fisk in *The Independent*.



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Christ is Risen!

Some people have complained about the brevity of the Resurrection scene in Mel Gibson's film, "The Passion of the Christ." But for me, it was powerful and perfect. After Jesus experienced such brutality and murder at the hands of human sin, it was extremely gratifying to see Him rise from the dead, no matter how short the scene. How powerful! First the camera focused on the grave clothes softly settling to the ground – empty! Then we see the living body and the face of Jesus. The look in His eyes – not gloating triumphalism, yet clear triumph, and determination... resolve. As He stood to His feet, we see the nail-scarred hand. He takes His first step into the NEW ERA... It has begun! There are nations to be won, people to be rescued from death, darkness, despair. Hope abounds. Christ is Risen!!

His Resurrection speaks volumes. Good has overcome. His death was not in vain. His sacrifice of love has been fully accepted. He is declared "Son of God"! His teachings and self-claims are fully authenticated. His call to repentance and belief must be heeded. All other claims find their place, or demise, in the Light of His. Of Him! He is the standard – of Truth, of Goodness, of Right. He is the Source of Life and Godly power. He alone is the One deserving of worship, allegiance, loyalty till death. Only Christ. No one loved us as He did. No one lived like He did. No one died for us, in our place, for our failures, as He did. And, certainly, no one ever rose from the dead as He did. No one! No one compares to Jesus. No one, no where, no time. Nobody. Only Jesus, the Christ.

He is risen. And His Resurrection is God's exclamatory stamp and seal of approval. Jesus Christ is the real thing. He is who He said He was. His works are true. His life is true. He is Truth incarnate. All who receive Him walk in the light of life. And they will be raised from death with Him. There is no other hope. There is no other way. Only Jesus.

Prayer: Lord Jesus, Risen One, I receive You. I believe in You. I trust in You. Thank You for loving me, for dying in my place, for my sins. Thank You for forgiveness, for salvation, for the gift of eternal life. Please fill me, Lord, with Your resurrection power and help me to shine for You. Amen!

Happy Resurrection Day! Come celebrate the Risen Christ with us this Sunday. Beautiful music and singing, mime, dance, and relevant preaching. Services are at 8:00AM, 9:15AM, and 11:00AM, and all services are in the GYM up the steps behind the sanctuary. Refreshments and Children's Ministry provided at all services.

Music sharing legal in Canada

In a major setback to the recording industry, a judge in Canada has ruled that that sharing music online is not a violation of the country's copyright law.

In denying the industry's request to reveal the identities of several Internet users who were swapping music files, the judge affirmed the Canadian Copyright Board's ruling that downloading music is not illegal because copying files for individual use is generally not considered copyright infringement.

This is partially because Canada taxes media such as blank tapes, CDs and mp3 players, and distributes the tax revenue to copyright holders to compensate them for lost sales.

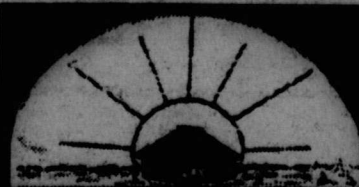
The judge also ruled that simply making files available to download was not illegal either. He cited a recent case that found that libraries were not guilty of copyright infringement simply because they put copy machines near books.

In both cases, the providers could assume that the facilities would be used for legitimate purposes and were not responsible for abuse. Users would have to actively distribute the music to be in violation of copyright law.

~Source: MSNBC News Online
(<http://www.msnbc.msn.com/id/4639920/>)

Let's talk about sex

<http://www.humboldt.edu/~vine/conference>



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Take The Placebo You won't be let down

With so many great bands in this area and a sizeable college crowd incessantly demanding live music, you'd think that there would be all ages venues cashing in all over Arcata and Eureka. But alas there is a local source for all ages musical escapades, The Placebo located in Manila.

For those who have yet to go, The Placebo is much more than a venue. It is a hub for international independent music.

Another aspect of The Placebo that is unique is the fact that it is democratically run.

This is a characteristic that we at *The Lumberjack* hold close to our hearts, because we too are a transparent democratic organization of young people.

Borrowing from the goals of The Gilman (924 Gilman), The Placebo asks that all who attend its shows pay an annual-membership fee, signing an agreement not to ruin the respectful atmosphere at the venue.

The club's founders pride themselves on providing a safe escape for local youth and promote a drug-free place to enjoy an eclectic selection of music.

We would much rather see good music at a sober venue than the sub-par music that often saturates the local bar scene.

The Placebo's D.I.Y. approach to providing music inspires us and reminds us that change is much more powerful when it comes from outside of a profit-driven venture.

These young kids are determined, and against all odds consistently bring in artists from far-off places at a low cost.

It is unfortunate that The Placebo didn't get the support they needed in Arcata to flourish.

We are confident that one day The Placebo return, but the outpouring of support that it receives in Manila may be exactly what it needs right now.

The momentum and tremendous success that it embodies, will undoubtedly take the organization onto greater things. It's hard to say how far it can go from here.

We fully support The Placebo and encourage it to continue testing the limits and expand on the powerfully fresh voice it carries.

Letters to the editor

LGA says respect my breathing air, don't pollute it with pot

Dear Editor,

After reading the article by Cat Sieh regarding marijuana policies on campus in the March 10th issue, I had to write in. I've been a Living Group Advisor in the residence halls for almost two years. I have confronted my share of incidents involving students smoking marijuana in the halls.

I want you, lumberjack readers, and residents to know why it is important for LGAs to enforce the marijuana policies in the halls.

First of all, marijuana smoke has an extremely pungent odor. I know many people who

have mild to severe reactions to the transient smoke, including migraines, asthma attacks, and insomnia. Not only that, but it is really hard to study when you're getting a contact high.

Residents are not allowed to smoke cigarettes in their rooms because of health hazards to the people who live around them; it's the same thing for marijuana.

It is unfair to ask the numerous residents who don't smoke to be subject to these hazards.

That would be violating their rights. Secondly, all students who live in housing must sign a

contract that states they will follow the community guidelines.

The community guidelines state that residents cannot burn or smoke anything in doors. My job is not to enforce state and federal law, but those guidelines. If people cannot follow the contract they agreed to, there are plenty of housing opportunities off campus. Honestly, as a person, community member and LGA, I don't care if people choose to smoke marijuana off campus. It's their business and I'm not their mom.

However, smoking on campus, particularly

in their room is disruptive to the community. I propose a simple solution for those who choose to smoke marijuana in the residence halls: GO OFF CAMPUS!

Just walk the 50 to 100 yards it takes to go past the campus boundaries so other people are not bothered by the smoke.

Then I won't have to deal with it and other residents won't have their rights to a peaceful healthy community violated.

Sincerely,
C.L. Brady

Senior Living Group Advisor

Guilt plagues conscience of people who say they are diverse

Dear Editor,

About a week ago I went with a friend who is Mexican to the flea market in Eureka. Ignoring the sign that said "Do Not Touch Without Assistance," we started handling one of the displays. The man in charge of the display tapped the sign and looked straight at my friend. "Don't worry," he said, "Most of my other Indian friends can't read either."

I'm not sure which is worse the comment from a poor, old, white man that doesn't know any better, or opening up the Lumberjack week after week to find "progressive" white students that should know better saying the same kind of stuff.

Now that "racial tensions" have surfaced again on campus, a lot of attention has been focused

on the hate flyers that were put up shortly after the Lumberjack printed a story about two Black women being arrested.

But we don't need hate flyers to make students, staff and faculty of color feel unwanted on campus. Most of the regular white folks (and white "liberals") are doing a swell job already.

A good example is the miscommunication that surrounded the planning meeting for an April 9th forum that was held on March 24. Several people have been organizing this from step one. I was totally appalled that President Richmond sent out an e-mail that made it appear that he and Helen Jones (the white woman who is the new diversity director) were organizing the event and that the President himself was going to be there

when in fact the President was scheduled to go to the basketball game the whole time. Then, the Lumberjack writes this story that again glosses over the work done by Issac Carter, Ryan Mann, Rama Rawal, Jyoti Rawal, Marylyn Paik-Nicely and others. The article interviewed Helen Jones and ignored the fact that the real organizers of the event did an excellent job of facilitating the 200 people that showed up and had to reschedule the meeting they had planned for a later time.

At the March 24 meeting, I tried desperately not to be frustrated as I again watched people of color who were trying to speak out in the small groups, be interrupted and their experiences denied by white folks. But then again, it's not the first time

see GUILT, pg. 13

Send letters to the editor to TheJack@humboldt.edu before the Friday afternoon deadline

Letters will be printed exactly as sent without revision or proofreading.

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• Opinions appearing in the editorial columns of *The Lumberjack* should be directed to the editor at (707) 824-1022.

• The Lumberjack editorials are written based on the majority opinion of the newspaper's editorial board.

• Guest columns, cartoons and opinion articles reflect the opinion of the writers, not necessarily that of *The Lumberjack* or its staff.

• The Lumberjack welcomes subscription inquiries from all.

• The Lumberjack has no more than

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Class changes minds

Exploring the Cosmos here from Earth

Guest Column

Mohamed Jemmali
Student/lecturer

"Why choose? And why not BOTH?" Stone Brusca argued in his Cosmos course. After all, "Science alone, without a religious or metaphysical perspective, is lame," he said, quoting Einstein.

In Cosmos, Brusca addresses what he calls the ultimate why-question: "Why does the universe (U) have such a rich natural beauty? Why were the physical properties of our U just right for all processes leading to our beautifully-complex U? How did our natural surroundings come about?"

Cosmos didn't just give me a conscious-thought answer to this question; far more important is my subconscious response, my deepest feelings about the existence and history of our natural surroundings.

This class made me feel like a child peacefully listening to grandma's bedtime story and hoping it never ends, except that this one is more dimensional, realistic and detailed.

Just stand outside and watch the students leaving the classroom. They look dazed, wandering around as if they woke up and couldn't recognize the world surrounding them. As Brusca's textbook says: "The U is an unsettling big place, a fact that most people tend to ignore for the sake of leading a quiet life" (by Douglas Adams).

I have a hard time trying to describe to my friends the feeling that you get when you're in

class listening to Brusca as he literally reconnects the neurons in your brain, or to explain in a few minutes something that took us 15 weeks to finally be able to say: "Of course. I get it. It all makes sense now."

Brusca designed Cosmos for students with non-science majors in order to overcome the math obstacles that some students avoid. Around lunchtime in the 144-seat dark classroom, you never hear a person snoring or even a stomach growling or somebody closing their book during the last couple minutes of lecture. All attention is on Brusca's magical stories, pictures and experiments until he leaves the classroom. No wonder there are rarely empty seats, whether it's sunny, raining or the last day before Thanksgiving break.

Brusca has a PhD and has been teaching at HSU for over a decade, and as a beginning instructor at HSU, I couldn't help being inspired by Brusca's teaching methods.

But what strikes me most about Brusca is his personality. He has the left brain of a mad scientist. He spends most of his time between his lab and nature. It is through that wonderful combination that we learned Cosmos with Brusca: "You'll be gently weaving your personal, inner, cerebral cortex patterns.

Your left-brain thoughts, if guided by conscience and moderation, can truly be another

friend to open you up to deeper 'trips' in nature."

Cosmos is an adventure of the mind and spirit.

On the first day of class, Brusca promised that we would feel the neurons in your brains reconnecting to each other, and leave this course with more questions.

Personally, the course has broadened and strengthened my view of the world and the meaning of life, and after completing a bachelor and master degrees at HSU I categorize Cosmos as the most interesting and most popular course at HSU. From now on, I'll divide the courses I've taken into two categories—the ones I took before Cosmos and those taken after. I strongly recommend Cosmos to everybody of all ages.

Until you begin your own Cosmos journey, I encourage you to check out some amazing pictures and stories on the Cosmos introductory

Web site at www.humboldt.edu-cosmos.

So, are you ready for the Red Pill yet? Get ready for a voyage of exploration into the true Matrix of your existence:

The class will study the U's present structure, and learn about modern physics & Einstein's mind, in order to comprehend the birth of the U. Cosmos is an upper GE (area B) course and it's only offered in the fall, so don't miss the bus!

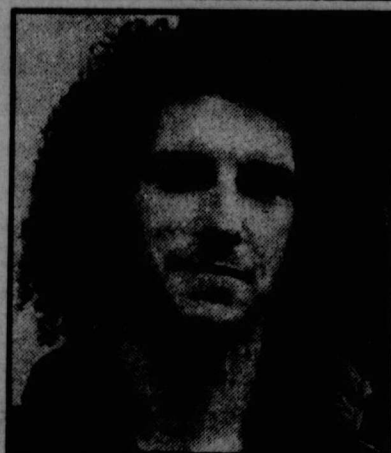
**"Cosmos is an
adventure of the
mind and spirit."**

Mohamed Jemmali
student/lecturer

HEARING HUMBOLDT

What do you think?

What is the worst housing condition you have experienced?



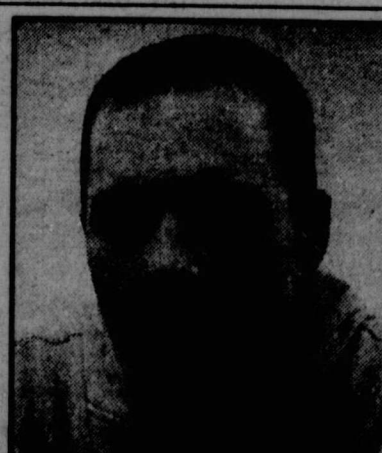
Julian Vau
geography senior

"It was when I lived in Maui, Hawaii. It's expensive to live in Maui so I had to live in a shoddy spot, but I was close to the beach."



Alana Abatecola
English senior

"It was when I was in Americorp. While working for habitat, I lived in a house with 11 people and one bathroom."



Adam Dotson
forestry senior

"First dorm room when I got here — which was somewhere in Redwood. I had a room designed for 2 people and there was three of us. One smelled."



Elyce Petter
English/Journalism junior

"When I was like 7, my house was infested with crickets. They were on my door when I was trying to go to sleep."

▲ GUILT, from pg. 11

...speak out in the small groups, be interrupted and their experiences denied by white folks. But then again, it's not the first time I've seen white people who, while talking about diversity and issues of race, step on the voices of non-white people.

An incredible amount of liberal pride and speechifying seems to be involved; for example, when folks who work at the Lumberjack that I imagine do not intend to be racist, refuse to take any sort of responsibility when it was pointed out that printing a certain photo may have prejudicially skewed public opinion against two respected Black students.

As a white student who is trying to be an anti-racist ally, I would like to share some of the things that I believe can be done by white folks who feel ashamed by any of the above

incidents.

*Make an issue of the hate mail that was posted to Rashida Smith's letter on the on-line Lumberjack forum and the hate mail that was received by the HSU Women's Center regarding their support for people of color.

*Attend the April 9th forum on these issues, LISTEN, and trust what students, staff and faculty of color have to say.

*Help STOP the elimination of students and staff of color on campus: say no to threats to cut EOP and the refusal to hire a Native American to teach Native American Studies.

*Get over yourself "racism is bigger than your guilty conscience and you might not be as 'progressive' as you think."

Sincerely,
Jessica Whatcott
Political Science major

**Send letters to the editor to
TheJack@humboldt.edu before
the Friday afternoon deadline**

ASK THE BAND SERIES
THIS WEEK
JULIO 10/13/04

Dear Julio and Ted,

I just started dating this girl and she's a vegetarian. I invited her to my house for dinner without thinking about the vegetarian part and now I'm not sure what to do. I've never known or hung out with a vegetarian. What should I cook? Can I wear leather? Should I take down the fake, talking fish trophy that I got at the hardware store?

Any advice will help.
Thanks,
Seth in Arcata

Dear Seth in Arcata,

Vete a la orilla, chiquilla, vete a la orilla del mar. Vete a la orilla, frijoles y queso. El primer beso que distes, nunca lo vas a olvidar. Yo soy el que tengo la casa muy, muy fresca para ti y tomates up the yin

yang. En addition, soy soy soy! And I mean soy like the bean, not the verb tense. Y de la tierra soy fruto. Que creció con la sequía, que maduró entre campos. De trigales y de olivas y que arraigó por las cumbers. And further more, yo soco mi pocho, hermana, hermana, por la leche o no? Su Amigo,
Julio

Dear Seth in Arcata,

I'm not sure I understand your question. For one thing, what the hell is a vegetarian? Does that mean she also likes girls? Cause that's pretty cool. Maybe I'll write a song about that. "A couple vegetarians and a fun lovin' man, the three of us make a good match. Let's get in the back of my van and give the cats a scratch!" Yeah, that's one for the next album. I just came up with that off the top of my head. But back to your question. First things first, you've got to invite another vegetarian over, pronto.

What's one vegetarian with-

▼ see BANDS, next page

Drugs and activism have changed my home town

Staff Column

Katie Denbo
Staff Writer

The Arcata City Council really irritates me.

My family has lived in Arcata for nearly 100 years, and there is no doubt in my mind that my great-grandfather, who was instrumental in the development of this earth-friendly city, is rolling over in his grave from the direction the area has taken. Arcata used to be a logging town. Yes, the same Arcata where residents love to hug trees was built by the people who used to cut down trees for a living.

I remember my senior year of high school, when my government class required us to attend a city council meeting. After numerous arguments between the council members and a particularly long-winded protest by one resident against some environmental topic that no one could really figure out, the slamming of shoe upon bench echoed throughout the chambers with one of the members yelling, "Stop! Enough! Sit!"

The unprofessional nature of that incident dumbfounded many people, but for me it pales in comparison to the national actions the council has been taking

in recent months in lieu of local ones. These include trying to first impeach, then censure, President George W. Bush, ordering citizens and law enforcement not to comply with the Patriot Act, and passing resolutions against global warming and unilateral war in Iraq.

Most recently, a letter was written to Attorney General Bill Lockyer in regards to Proposition 22, requesting that it be challenged on constitutional grounds.

It's not that I have a problem with Arcata taking a stand for what they believe in, but I don't think the council represents the greater Arcata population. I've had many conversations with people over the past few weeks about their concerns of what issues the council is taking on, and nearly every single person said they thought the council was "a joke," "a waste of time," or "not doing what the people voted them to do." One person visiting from Florida went as far as to say the council was making a mockery of Arcata. Despite their strong opinions, not one person would allow their names to be printed.

I have to give credit to the voters who elected the council members, most of whom were "transplant" residents from other areas of the state and country

who had no knowledge of Arcata or its people, history or economics. Those voters practiced the essential process of democracy, set their sights on what they wanted and voted to get it. To those who are unhappy with the council's actions, research and voting are essential. Last ballot there were candidates who wanted to restore Arcata to the normalcy it used to maintain but they did not receive enough votes.

To satiate my need to know what the city council is up to on a local level, I spoke with Mayor Bob Ornelas and Council Member Dave Meserve. Both said that the city council is doing a great job and it is pushing Arcata forward to newer, better levels. Meserve mentioned that he strives to make the city green, because "Arcata needs to be less dependent and more self-sufficient." Ornelas said, "We do a great job maintaining environmental qualities, we have acquired several acres of forest that we restored, and do protection of the wetlands. I'm proud of what we do." I don't think that focusing on impeaching Bush or making Arcata sustainable is bettering the city the way it needs.

Arcata has a very noticeable homeless problem that causes many county residents not to come to our city, especially the Plaza. I spoke to one person re-

cently who said she is actually afraid of the people in Arcata. This homeless problem may or may not be partially an effect of the exorbitant housing prices that do not appear to be slowing down.

Meserve said it embarrasses him that many city employees can't afford to live in the city.

Perhaps the biggest, most infamous issue that residents would like to see taken care of is that of the road conditions and potholes that plague our tires every day. "We live in a wetland," Ornelas said, "potholes are going to happen." Somehow, I don't think that answer will satisfy many people.

According to Meserve, later this spring City Hall will finally have some long-awaited solar panels installed onto its building, which should make it more sustainable. The council wants to talk about some of the aforementioned issues as well, he said, but, with the homeless issue in particular, cannot agree on how to do it. Instead, it appears that it is easier to challenge the constitution and censure the president.

I am going to take the opportunity here to speak on behalf of all the people in Arcata who don't feel like their side is being heard. First, not everyone wants to impeach Bush; in fact, many people voted for him and would

do it again. Second, most people are more concerned with maintaining a safe and pleasant family atmosphere in Arcata than passing resolutions against global warming. Lastly, if the city was not sustainable, not many people would be bothered.

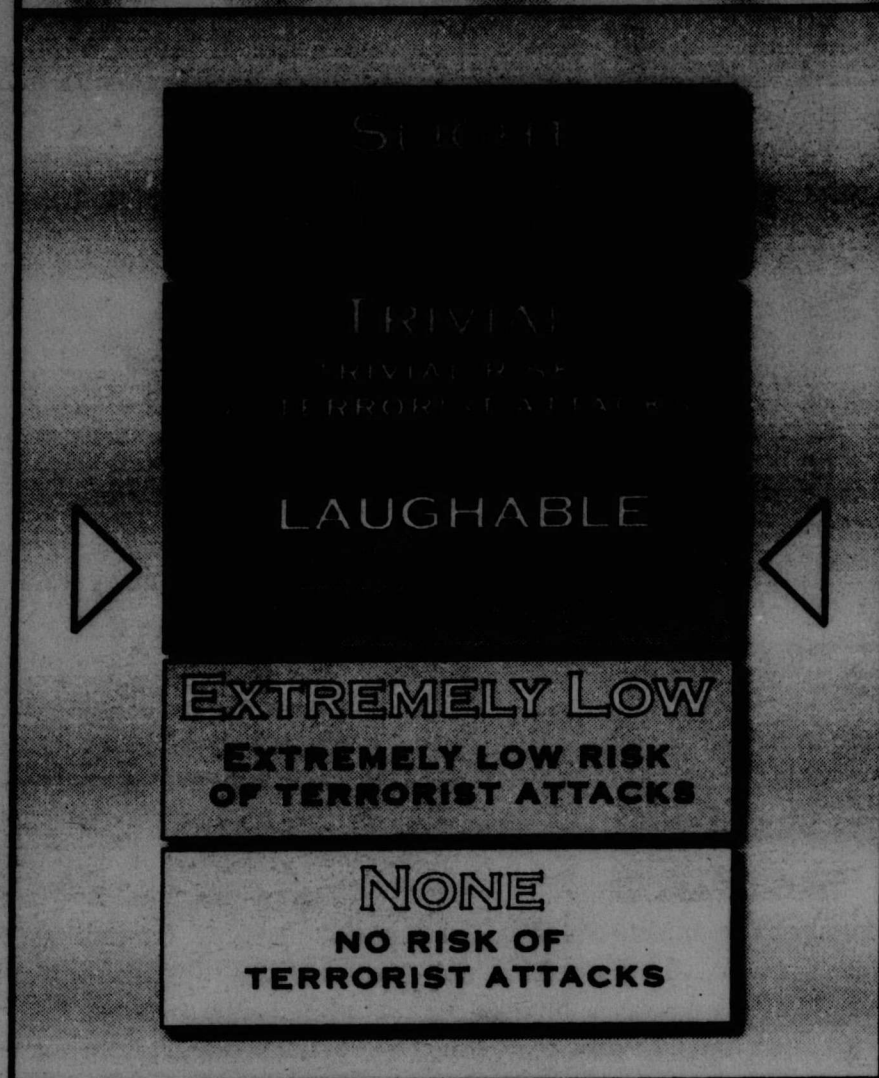
Meserve said the city council has never sacrificed city business to talk about national issues, and I don't believe they have.

The problem lies in the fact that only a minority of the city is being heard. This is not the same Arcata I grew up in, where I could once take a walk on the Plaza or at the marsh with my family and not be asked if I wanted to buy a nugget, or I could drive and not get flipped the bird by someone because my car is emitting fumes into the atmosphere. When I was 12-years-old and my sister was 10, we attended HSU's basketball camp together. A guy actually asked my sister if she had a needle he could borrow. Way to steal a child's innocence.

I want to live in the simple city my family and I once lived in years ago, without the drama and attention that accompany taking on national issues.

So do other people who have raised generations of families here. Is that too much to ask?

Katie Denbo can be reached at
katedenbo@aol.com

THE JACK**HUMBOLDT SECURITY ADVISORY SYSTEM**

Chance of Terror Skyrockets: Daylight Saving Time to blame

The Humboldt Security Advisory System's terror level has been elevated to code medium gray, indicating a laughable risk of terrorist activity, in lieu of the recent Daylight Saving Time change.

The loss of an hour of sleep, which comes as a result of the time change, has a profound psychological effect on the human mind.

Public levels of confusion, nausea, anger and frustration increase drastically during the days surrounding the time change.

The stress that comes along with experiencing these symp-

toms is enough to drive even the most calm Humboldt citizen to commit an act of terrorism.

Thanks to this, Humboldt's risk of a terrorist attack has increased quite substantially.

Until the threat subsides, *The Lumberjack* advises you to stay indoors, preferably underground.

If you do choose to venture outdoors, it would be wise to wear a helmet and goggles, along with any other protective padding available to you. Just make sure it doesn't inhibit your ability to run, in case the terrorists pursue you on foot.

Design and text by James Egan

▲ BANDS, from last page

out her vegetarian friends? A waste, that's what. It's a good thing you got a hold of me cause you were about to blow it. In regards to the leather, yes, definitely...especially the pants. And for dinner...I don't know...a steak and green beans? On second thought, ditch the green beans. Just eat your steaks and get right to that sweet vegetarian action. Best of luck to ya brother. I'm gonna go write that song now.

Disclaimer

The ideas and opinions above

are not necessarily the opinions of the "Ask the Band" staff. We don't know what the hell Mr. Iglesias was saying and if you think Mr. Nugent is kind of a whack job on stage, try meeting him in real life.

As far as next week goes, we had Marilyn Manson's band lined up. Unfortunately Mr. Nugent noticed them wandering around the office and shot them...all. So next week is a little up in the air. But you should all still send your questions to jackedadvice@hotmail.com.

Muir, Half Dome and the condor California's coin reminds me of Fresno



Rants of a Moron

Luis Molina
Forum Editor

The new state quarter was unveiled last week and I was as giddy to see the coin as Homer is when he sees a donut. It's California's turn to get commemorated on a piece of metal, which will have George Washington's face on the other side.

Woo hoo!

George Washington wasn't the first leader of this nation. Did you know that? That isn't what this rant is about.

About this coin I speak of, a giant John Muir walks gingerly toward one of his favorite places on earth — Half Dome in Yosemite. A condor swoops down seemingly unnoticed by this John Muir who is so big in the quarter he can gracefully jump over El Capitan and the mountain climbers if the condor doesn't eat them first.

We could have done better. We could have done worse, but none of those things make me think of California.

Big factories, congested freeways, beach dwellers, unusable beaches, suburbs as far as the eye can see. That is California's track record when it comes to protection of the environment.

The North Coast is nice and so are the rest of the national parks in the states. But most people think Yosemite is somewhere in Montana. The average Californian probably hasn't heard of Half Dome, let alone of famous conservationist John Muir.

And haven't we killed all the condors yet?

Does the state need to remind people what its policies have done? Worst part of all, whom ever designed this quarter highlighted the Fresno area because it's the closest big city in driving range. At least it wasn't Needles, Calif. Or Willits.

Fresno is known for what?

It took me 30 minutes to come up with this next sentence. Edmund Kemper III, the Co-ed killer, was born and raised in that area. That was the best I could come up with besides George Lucas, who was born in Modesto but left the area to move to Los Angeles. Now that is a place that most people associate with the state of California.

I am not saying put the Hollywood sign up there. But some reference to something down south, which represents the state in the minds of a lot of Americans around the country, would be nice. The Golden Gate Bridge has been done to death, but how about the redwoods? We have a lot more to work with than the other states coming out next year — Minnesota, Kansas, Oregon and West Virginia. We have all that smog and reality TV shows filmed here.

How about putting something dealing with money, that our state is good at? The state can put the gold rush and a VHS on it. We put Washing-

ton's mug on there so not to look weird, but we have "In God We Trust" spelled in Armenian, Chinese, Ebonics, English, Dutch, Korean, Japanese, and Spanish and in Braille. Or we get rid of it and acknowledge that Californians have different beliefs.

California's quarter won't be released until next year. It is Michigan's, Florida's, Texas', Iowa's and Wisconsin's time to shine in the limelight.

Next year also expect Minnesota's quarter. I am banking on the Great Lakes and Kirby Puckett raising his fist.

Kansas is going to have something about wheat. It is Kansas. Even the flag is boring. Oregon, which also comes out next year, might dazzle us with its scenic beauty and no self-serve gas pumps. West Virginia will come out next year also. Who knows what's in West Virginia?

By the way, the first leader of this nation was Peyton Randolph (Sept. 5, 1774 to Oct. 22, 1774 and May 20 to May 24, 1775) as President of the Continental Congress when the country was called The United Colonies of America.

Luis Molina can be reached at lfm7@humboldt.edu



Not actual size

▲ GOD, from pg. 12

tion) for which Darwin is credited for observing.

I have only touched broadly on actual scientific issues because I have found that there are only details. People are only interested in what they know will follow their bias, so to convince you with my "evidences" would be pointless.

Coming full circle again I am still a creationist. I know there are other ideas out there, but I chose what made sense to me and my experiences.

The theory of self-originating life and spontaneous new variation from one organism to another is purely theoretical and places faith in mutations and accidents.

Here my road diverges. I place my faith in design.

To me the miracle of life is not an accident, but a design that is purposeful. This is based on my bias that I believe in the sense of this world.

Here my Christian faith is based on what I understand in science.

Life comes from Life. I do not have all the details worked out, but I have found peace. I believe that if there is a God He can be found, and I found Him all over again through Jesus Christ.

He had to prove Himself to me.

STUDENT SPOTLIGHT



AMY KEENAN
Recreation Admin. Sophomore

HOMETOWN:
Seattle

FAVORITE CLASS:
Human Sexuality

LEAST FAVORITE CLASS:
Critical Thinking

FAVORITE MOVIE:
All Indiana Jones

FAVORITE MUSIC:
Alabama

FAVORITE EATERY:
Japhy's

DREAM JOB:
Climbing bum



CLIFF MISTRETTA
Communication Senior

HOMETOWN:
Madison, Conn.

FAVORITE CLASS:
Lunch

LEAST FAVORITE CLASS:
Anything academic

FAVORITE MOVIE:
The Usual Suspects

FAVORITE MUSIC:
Country

FAVORITE EATERY:
Treasures

DREAM JOB:
Stunt cock

CAT SEH



Get Affected by The Placebo

Meet Manila's all-ages music venue

► **Cat Sieh**
Lumberjack Staff Writer

The Placebo, an all-ages, youth-run, drug-free music venue in Manila, is typically highly addictive. Side effects include general carousing, hardcore dancing and a slough of musical talent ranging from punk rock to hip-hop, from indie to experimental.

"It's not like a bar or a club where people go to get drunk or be seen. If you go to The Placebo, if you go to an all-ages show, you're really going for the music," said Ryan Carlile, an HSU anthropology senior and longtime Placebo board member.

Around here kids do the talking, the singing, the booking and the security, though you'll be hard-pressed to run into a "bouncer" over 6 feet. More likely, she'll be a 16-year-old named Rose Goodwin. She'll wear a shy smile, check your membership card, and stamp your hand with a thick blue "Placebo" that will stay with you through a few showers. By the way, kids also pay the rent, unlock the doors and dedicate much of their time to keeping the underground music scene alive for the youth of Humboldt County.

"[The Placebo] is dedicated to the music," said Abraham Ray, an HSU philosophy senior and co-founder of the original Pla-

cebo in 1999. "It's a place to hear music you don't get to hear on the radio."

The Placebo throws two to three shows a week and has hosted groups such as Brooklyn oi band The Krays, Canadian eclectic hardcore band Submission Hold and Chicago rockers Joan of Arc.

"Instead of telling kids to 'just say no' we're giving them a reason to say no," said Ryan Emenaker, an HSU political science graduate student and bassist for local hardcore band Winston Smith. "[The Placebo] is a creative outlet that fills in the cracks where the school system falls short, and it gives kids a reason to stay sober."

So it's an old "soundproof" classroom in the Manila Community Center. So what?

After five years of struggle with the zoning permits, fundraising, grant writing and countless other logistical hurdles, The Placebo is still the only local venue to offer a space for people of all ages to see live music.

"It's a really great experience," said Samantha Fox, 17-year-old Arcata High junior and bassist for local punk band Talent Show. "I've gotten to hear all kinds of new music."

With an estimated 1,000 or more members, The Placebo's appeal is not in the glamorous equipment or fancy stage (there isn't one). It's in the D.I.Y. atmosphere,



Left: Oakland's Oma Yang rock out. Above: Marc Riot of Modesto punk band Thought Riot leaps off the drum set.

the unorthodox audience and the tunes that will leave your ears aching for more.

"[The Placebo] has a sense of community among all participants: the people who work there as well as the audience and those who are performing," said Emenaker, also a longtime Placebo organizer.

Located at 1611 Peninsula Drive, it's a five minute drive or about a three-mile bike ride from Arcata or Eureka. To get there, take Hwy 255 (Samoa Boulevard) to Manila. Turn west on Pacific Avenue, then left on Peninsula Drive. The Placebo is on the right. On weekdays, Redwood Transit Buses stop at The Placebo going southbound at 7:00 p.m. and northbound at 8:00 p.m. On weekends RTS buses stop in Manila at 6:00 p.m.

The door will always open at 7 p.m. with music at 8:00 p.m., and the show will cost you \$4 and require a \$2 yearly membership card. The card will have your signature on the back, agreeing not to drink, use drugs, vandalize or dance aggressively while attending a Placebo event.

The venue's organizers meet at 5:30 p.m. at The Placebo on the first and third Sundays of every month. The casual meetings are based on a collective system of youth input and exchange and are open to peo-

UPCOMING SHOWS

Who: Angry For Life, Late Drop, Response and Ember Eternal
Where: The Placebo
When: Friday, April 9
How much: \$4
What time: 8 p.m.

Who: Arta! Manila featuring Michel Sargent, Turbo 400, 8-Bit, 2 Men, Teenage Marieta, The Juveniles
Where: The Placebo
When: Friday, April 16
How much: \$6
What time: 8 p.m.

Who: Jodie Merston, Robert Arellano, Mike Conway
Where: The Placebo
When: Saturday, April 17
How much: \$4
What time: 8 p.m.

Who: Placebo's First Annual Punk Rock Prom featuring E.L.F.S. and The Jan Faye
Where: The Placebo
When: Friday, April 23
How much: \$2
What time: 8 p.m.



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▲ PLACEBO, from pg. 15

ple of any age, race, sex, gender or creed, addressing everything from monthly revenue to band schedule. The highly democratic format of the meetings leaves the slate wide open for questions, comments or input from anyone interested.

An umbrella organization to The Humboldt County Youth Arts Program, the nonprofit was created in 2001 with The Placebo in mind. The Ink People is a Eureka-based arts organization that helps develop community-generated arts and cultural programs.

But The Placebo hasn't always been a solid foundation for youth development and musical enjoyment. Arising from the hopes of Ray and friends Thoren Vadala and John Koch, the original Placebo was housed in an old warehouse on South G Street in Arcata and lasted three months before being shut down for legal and safety issues. Despite efforts to raise money to keep the space open, The Placebo began a two-year dormancy.

The second search for a venue in Arcata began in 2001, lasted nearly two years more and saw

10 or more possible Arcata venues fall through.

"A lot of people have perceptions that youth want to destroy things," Emenaker said. "The challenge is convincing them that what we're doing is beneficial to the community, and breaking down the perceptions of youth associated with rock music."

After renting out a room at the Community Center on a show-by-show basis for months, The Placebo has been at its current location since last June.

Placebo devotees continue to gain momentum.

Ray would like to eventually move The Placebo to Arcata.

Emenaker hopes to remain and integrate into the Manila community.

"We need to find out what services Manila needs and try to provide for them," he said.

For updates, booking information and a complete listing of upcoming shows, call 445-1363 or e-mail theplacebo@hotmail.com.

Cat Sieh can be reached at cms72@humboldt.edu

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All aboard the Lunar Gravy train

Jam band plays at the Humboldt Brews this Saturday

► **Larry Marsh**
Lumberjack Staff Writer

Despite the fact that long-distance relationships usually don't last very long, jam band Lunar Gravy is committed to stay on track and launch energetic shows with beats that soar beyond imagination.

The four-member group originated in Mount Shasta in Siskiyou County. Bassist/vocalist Kevin Patrick and guitarist/vocalist Jason Scruggs created Lunar Gravy in 1998. A year later, the addition of guitarist/vocalist Shawn Bridges helped implement more variety. The band failed to find an adequate drummer until 2003 when Spencer Adkisson filled the void.

Even though a departure seemed inevitable for the band as Bridges moved to McKinleyville and Adkisson relocated to Arcata, they resumed their roles in the group. As for Patrick and Scruggs, they continue to reside in Siskiyou County.

Since Mount Shasta doesn't have a university, Bridges decided HSU was in his best interest for pursuing a music degree.

"It's a little tough because we don't really get a chance to rehearse anymore," Adkisson said. "We used to come up with new stuff all the time. Now basically our gig is our practice. We played enough in the past, but when we do an improvised jam it's burning with energy."

Bridges, an HSU music senior, is prepared to skew from his college education to tour if it will bring in enough money.

"If we were to really hit it off and if touring could pay for my loan payments and my bills, oh, I would love to perform and just postpone my education," he said.

The band recorded its 2003 live debut, "Just Another Day," in one take. Although on stock, it's currently being refurbished by SoundLab chief engineer Paul Elliot, who will enhance it to provide an overall better sound.

Patrick said the recording

process was tiring because the band jammed through more than an hour of songs in one suspended setting.

"We played it all live and recorded it all at once, so it didn't leave much room for errors," Patrick said. "Playing long songs does get fatiguing sometimes, especially for drummers because they got four limbs moving the whole time."

Drumming used to bother Adkisson's hands, as blisters would callous from using large drumsticks as he played. The pain dissipated after switching to 7A sticks. The small sticks permit him to play for hours on end and not even grow sore.

Scruggs sees playing the guitar as an essential form of communicating and expressing himself beyond the human language.

"I was always interested in guitar since I started playing in junior high school," he said. "I never had a lesson, I self-taught myself the entire way."

Don't be surprised if the band plays non-stop through a show for two-and-a-half hours. Adkisson believes an intermission is plausible for theater venues but when playing at bars an intermission can cause some people to leave for another bar scene, so to avoid withering the audience the band will often perform without any breaks through the entire night.

When the group last held a gig in Humboldt, Feb. 7 at Old Town Six Rivers Brewery, Adkisson said his experience was simply relaxed. Normally he has the pre-show jitters, but in Humboldt it's the complete opposite.

"I couldn't be more calm," Adkisson said. "It's like I am playing in front of my family. It gives us a lot of freedom."

Lunar Gravy performs Saturday at the Humboldt Brews (former Humboldt Brewery) at 9 p.m. for \$3 for 21 and over.

Larry Marsh can be reached at larryjrao@aol.com

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REVIEWS

► FILM

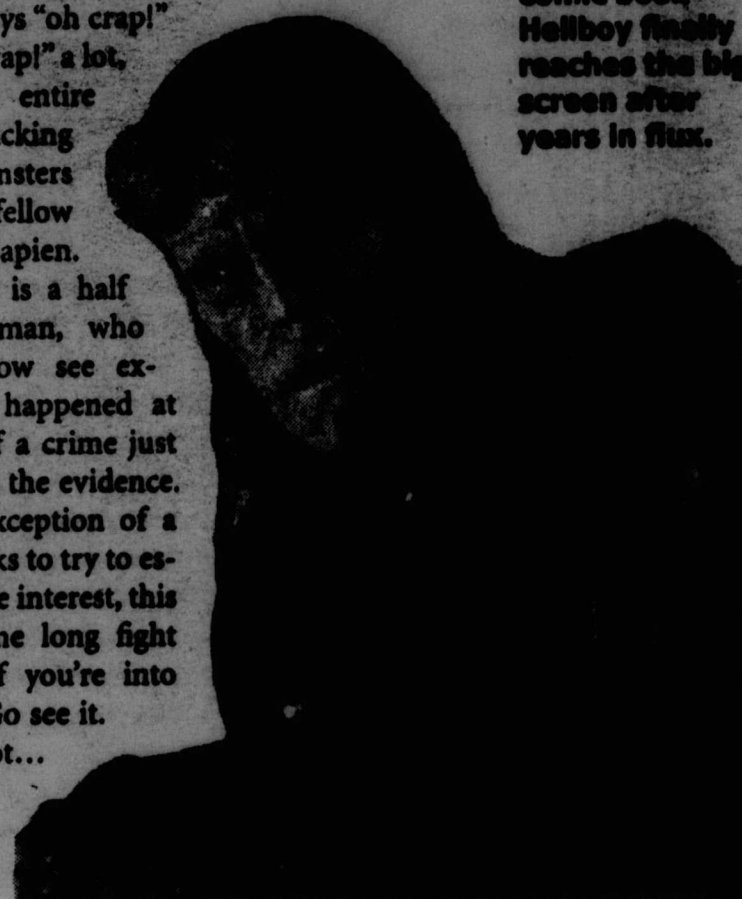
Hellboy
Dir. Guillermo del Toro

The Nazis are back. But don't worry, this time all they want to do is create a bunch of snarling monsters for no particular reason. Luckily, Hellboy is around to stop them. Hellboy was sucked through a hell-earth portal when he was just a baby demon and was rescued by a kindly professor. I'd go into more detail but that's about all the movie gave me. If you haven't read the comic that this movie is based on, you're going to miss a lot of the little jokes and the plot is going to seem very weak in spots...like what do the Nazis intend to do with the monsters that they have laying eggs all over the city?

But for a movie with no recognizable direction, this one is pretty good. The characters are all entertaining. Hellboy, a loner

hero who says "oh crap!" and "holy crap!" a lot, spends the entire movie tracking down monsters with his fellow freak, Abe Sapien. Abe Sapien is a half fish, half man, who can somehow see exactly what happened at the scene of a crime just by touching the evidence. With the exception of a couple breaks to try to establish a love interest, this movie is one long fight scene. So if you're into that, cool. Go see it. If you're not... don't.

Mike Mignola's comic book Hellboy finally reaches the big screen after years in flux.



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FEATURES

19

Cutting to cope

*A girl's self-harm is a cry for help
that often goes unrecognized*

By
JENNIFER
WILSON

When a young woman cuts her arms, it's often a cry for help that goes unrecognized. The act of self-harm, which is often done with a razor or sharp object, is a way of coping with emotional pain. It's a way of saying, "I'm hurting, and I need help." The act of cutting is often done in secret, and it's often done in a way that causes little or no pain. The act of cutting is often done in a way that causes little or no pain. The act of cutting is often done in a way that causes little or no pain.

The act of cutting is often done in a way that causes little or no pain. The act of cutting is often done in a way that causes little or no pain. The act of cutting is often done in a way that causes little or no pain.

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▲ MUTILATION, from pg. 19

let anyone see the cuts or scars. I avoided any social situation which would require wearing anything sleeveless, lest anyone see the angry red keloid scars that now covered my right arm. My own guilt and shame was consuming me.

It was my roommates at the time who intervened. After calling the cops on me and threatening to send me away, I received an ultimatum. I could go seek my own help, or they would make me. Grudgingly, I went to Counseling and Psychological Services. I kept telling myself I didn't need to be there, because I didn't want to be there. With all my years of faulty communication skills, this went against everything I knew. I had to sit and talk to counselor, a stranger, about my feelings. I was uncomfortable and I was ashamed. I resented being forced to reveal my dirty little secret. I felt violated when he asked me to show him my arms, but I did, and somewhere inside it felt good to finally have someone see. I realized that I didn't want to do this anymore, and I didn't want to be isolated. I wanted to do something about it.

It's been nearly a year now since I last cut myself. I slowly began learning how to express myself in healthy ways, including keeping a journal to help me express my thoughts and feelings. I joined online groups, where I could talk about my problems with others who've been there, without being judged. I've also quit drinking heavily. My communication skills with my parents are still lacking. They still don't know about my self-injury, and they may never know. If they've ever suspected what I was doing, they've never mentioned it.

All I ever wanted was to be understood. My first step to recovery was feeling that I would not be outcast once I came clean.

Amanda Soltis can be reached at
ads10@humboldt.edu

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DIVE BAR DETOURS

The mission of this series is to explore local dive bars and remind us all that alternatives to the predictably depressing bars on the Arcata Plaza do exist. Let's be honest: as a newcomer, the first visit to the bars on the plaza takes some bravery. With this confidence well established we set out with an extra inkling of adventure. We wonder: What more will be required of us to experience the obscure, off-the-main-road alternatives? Rather than strictly adhering to dummed-down newspeak—we forewarn: personal, memorable experiences are included herein.

20 Beers on Tap, Plenty of Fish to Fry

► **Matt Kapko and Michael Schnalzer**

Tavern Trailblazers

WHALER'S INN—Fields Landing isn't exactly the place you want to be during the next tsunami, but this quaint homage to life on the sea — especially the mast and old hemp rope decorating the bar — lets you know this place just might be the next Noah's Ark.

But instead of two of each animal inside, this place seems to be the gathering Mecca for all refugees looking for an escape from the hustle and bustle.

"I'm just trying to get from point A to point B, but apparently everyone else is too," said a man with an alleged six-figure income who was "checking out the simple life."

Dan was his name, and with his wife's selfless blessing allowing him to venture into amateur night at The Tip Top Club, he couldn't have been a happier man.

He had stopped into the Whaler for a shot of Jager and offered an invite to the bartender to test the waters across the highway.

"I need a girlfriend, not a girlfriend for two hours," replied the bartender.

And that's just a tidbit of the wisdom coming at you from the other side of the bar down at the Whaler.

A few days later a bartender by the name of Dozer gave us a dose of what tavern life was like for him when working at the now-defunct Town Club.

"Every man and woman came in there knowing what they were getting. It was awesome, way before AIDS," he said.

The Whaler's Inn isn't exactly that scandalous now, although Dozer did say it used to be a whore house.

Nope, nowadays the Whaler tailors mostly to a regular crowd of surly patrons in search of something different, yet real.

Dude, and there's nothing more real than a bar fashioned to look like the starboard side of ship, complete with a mast-head. Watch your drinks on the far ends of the bar though, the concave design might slide your drinks down to the center.

And speaking of drinks, tell Dozer to go easy on the heaping scoops of horseradish

in your Bloody Mary. One patron recommended a roll of Roloids to go with this spicy libation.

To help you put the fire out, the Whaler's Inn offers breakfast, lunch and dinner consisting of mostly, surprise, fish entrees.

The calamari sandwich and fish and chips are definitely worthy of the bar's name and its patrons' love of fishing.

Another transplant from a less simple place, Pete, enthusiastically gulped down pint after pint of Budweiser while stating his opinion of the difference between Northern and Southern California.

"If those girls up here went to the beaches down there, they'd have to sound the shark alert," he said in between boisterous laughter.

Pete told us his tale of struggling with the mundane, clique ways of this county. Rather than just raising a glass to better times gone by, he ripped off his shirt, displaying a tattoo memorial of seven friends' lives cut short.

Noticing the mural of artistically enhanced dollar bills on the wall, Pete devised a plan to further immortalize his fallen comrades.

With a magic marker in hand and seven dollar bills, Pete was determined to replicate the memorial on his shoulder in stapled fashion on the bar's ceiling.

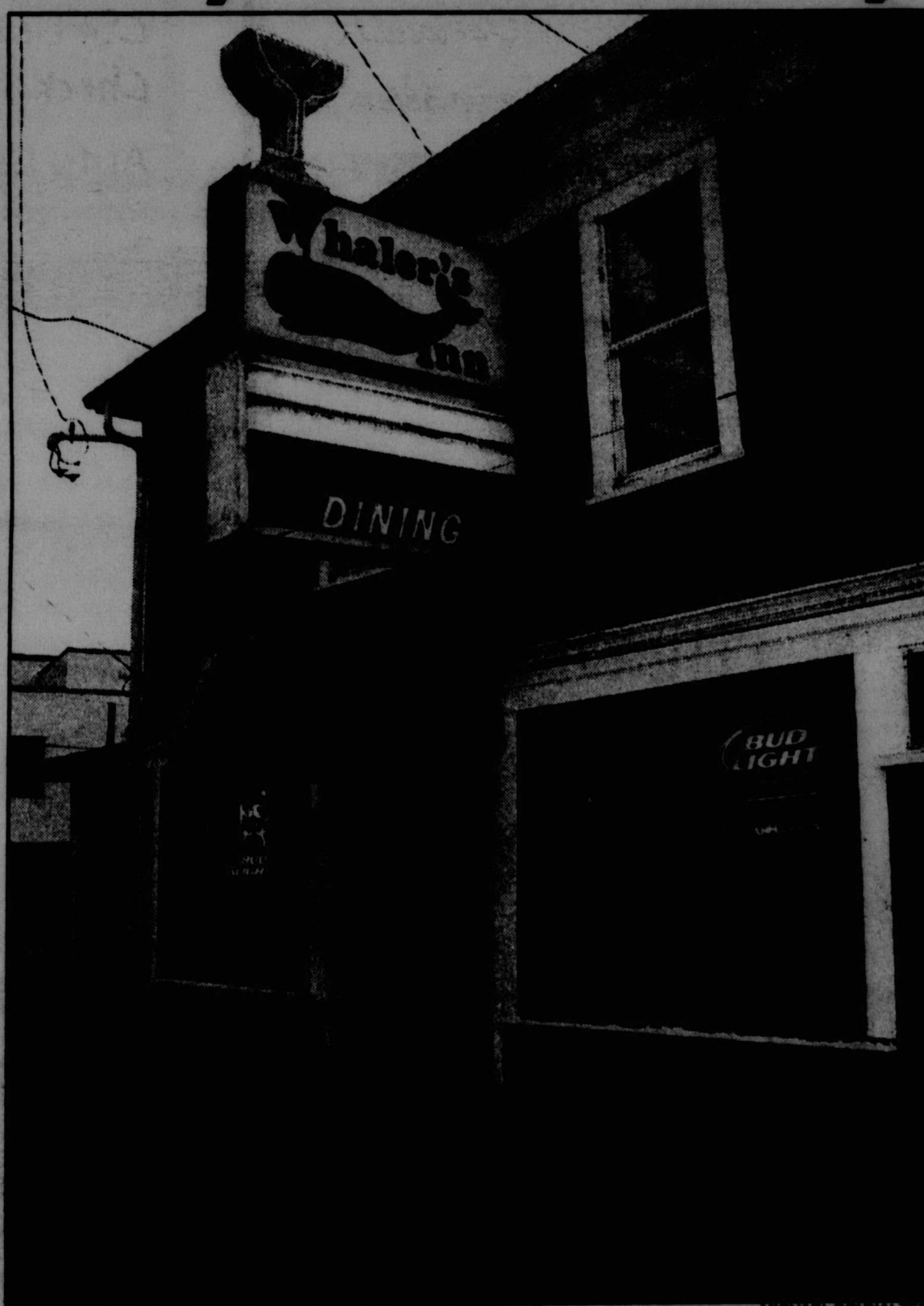
After adorning each bill with one of his friend's names, and with a little help from Starsky's gangly reach, Pete honored his boys — Whaler Inn style.

The nostalgic tone set by our new drinking buddy Pete paralleled a feeling we had had all day long. It had been 10 years to the day since Kurt Cobain shot himself.

Not only did the 10 year mark make us feel old for the first time in our lives, but also gave us a new perspective, albeit a morbid one, on the life of the greatest songwriter of our generation.

So, we poured one for Kurt and we'll end on his words: "In my eyes, I'm not lazy. In my face, it's not over. In your room, I'm not older. In your eyes, I'm not worth it. Gimme back my alcohol."

Michael Schnalzer can be reached at mschnalzer@hotmail.com, and Matt Kapko can be reached at write@mattkapko.com



Whaler's Inn, located in Fields Landing, will wet your whistle. MICHAEL SCHNALZER

Top Shelf: Chivas Rigal, Glen Morangie
What's on Tap: Ravensbraugh Porter, Boonville ESB, Budweiser, Bud Light, Great White, Lost Coast Wheat Ale, Sierra Nevada Pale Ale, Sierra Nevada Brown Ale, Coors Light, Natural Light, Red Seal, Fosters, Alaskan Winter Ale, Miller Genuine Draft, Acme IPA, Eel River Russian Imperial Stout, Eel River Wheat Ale, Anchor Steam, Fat Tire, Guinness

Scare Factor: As long as you can shoot the breeze with the riff raff and take a manly grip on the shoulder, you should be fine.
Recreation: The idiot box, dice games and artistically improving a dollar bill to staple to the wall.
Directions: Take the 101 South through Eureka to the Fields Landing exit. Go straight at the stop sign and look for the Whaler on your right.

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Herb's the Word

this week's feature: *salvia divinorum*

► Karen Wilkinson
Features Editor

Its effects range anywhere from a mild, elated state to the hallucination of traveling to other places, planets or times, all within the realms of your own psyche.

Salvia divinorum, which contains a powerful psychoactive chemical known as Salvinorin A (the most potent natural psychedelic discovered to date), remained almost unknown in the Western culture until the mid 1990s when self-experimentation and research began while sales of the leaf over the Internet boomed.

"It's an alternative smoking blend to use besides illegal substances," Ari Kushman, an employee at S.T.I.L. (Stuff That I Like) in Eureka, which carries the herb, said. "(It is a) euphoric, very relaxing, out-of-body experience. Not to say I've necessarily had one."

"(Salvia is) new to the recreational drug scene," Ronnie Swartz, a social work professor at HSU who teaches a course "Drug Use & Drug Abuse," said. Long-term effects are unknown, according to Swartz, as not much research on the subject has been done.

Salvia is legal to possess and sell in the United States, as it is an unscheduled substance, chemically different from any other matter. It is not yet listed in the Controlled Substance Act, according to the Drug Enforcement Administration Web site.

Native to southern Mexico, salvia (a member of the mint family) has been used traditionally by the Mazatec shamans for healing, divination, meditation and consciousness exploration.

"It's not something you do to have fun," Jason Whitcomb, owner of S.T.I.L. and Primal Décor, said. "Ideally it should be used for spiritual purposes."

"Salvia definitely isn't for everyone," Rick Hepting, owner of Theatrum Botanicum in Laytonville, which sells rare and strange plants over the Internet, said. "Different people like different drugs."

The most common, quickest hitting and thus Western way to ingest salvia is via smoking the dried leaf or extract through a water pipe. There is no precise recommended dosage, as different people's body chemistries react differently to substances.

Swartz said when smoking any substance there is a higher risk of abuse because the active chemicals enter the bloodstream faster. "Also just smoking anything is bad for your health," Swartz said.

Kushman recommends that first-timers start light, from .25 grams to .5 grams, smoking just the leaves until the desired effect is achieved.

"It's unlike anything you've tried in the past,"

Kushman said. "As with anything that can alter your state of mind, be careful with it."

Hepting said to use caution when vaporizing the extract. "(Salvia) is very powerful in the extract form," he said.

Traditionally the leaves are chewed and kept inside the cheek and ingested through the saliva, which takes longer to feel the effects but makes for a much longer, more intense experience. Whitcomb said making a tea from the leaves is also an option, but not common.

Both Whitcomb and Kushman stressed the importance of being in a comfortable setting and having a "sitter" (someone with experience) around in case you attempt to stand up and move around during the experience.

"Like any hallucinogen, it all depends on the setting," Whitcomb said. "People describe (the experience) many different ways."

Hepting said the ideal environment would be dark, quiet, comfortable and familiar.

Kushman said mixing the leaf with the extract is not suggested. "It's a one or other type of thing," he said. "It would be like degrading the extract of the salvia."

Whitcomb said being in a positive mindset is imperative to fully enjoy the plant's psychoactive

qualities. "It has more to do with what you bring to the table. If you're in a bad place in your life it's not a good idea (to do)."

"When people don't think about why they want to experiment you leave yourself open to a bad experience," Swartz said. He recommends becoming fully conscious of exactly what it is you're ingesting, ask yourself what you hope to get out of it, research how the plant was traditionally used and tracking its source.

"We can reduce negative drug experiences if people thought about what they're putting themselves into," Swartz said.

Salvia's effects in the open field test in mice and locomotor activity tests in rats are similar to mescaline, according to the DEA Web site.

Unlike nicotine and other addictive substances, salvia is not known to be either physically or psychologically addictive.

"I don't find people do it on a regular basis," Kushman said. "It's nice every now and again (and) more of a treat for people."

"It's something you want to respect and be aware of the consequences," Whitcomb said.

Hepting says salvia is not a party drug. "This is a very strong hallucinogen," he said. "Use it with care and do research before using it."

Karen Wilkinson can be reached at
kiw23@humboldt.edu

Salvia divinorum

What does the L.A.M. say?

- Salvia is legal to possess and sell in every state.
- There have been several attempts at outlawing salvia, both at the state and federal levels. A bill was written and circulated around Congress in 2001-2002, but it never passed. Two bills were introduced in Oregon but both were struck down.
- St. Peter's, Missouri is the only place in the country to have passed a law restricting salvia sales to those over 18 only.

Safety tips

- Never drive when taking salvia.
- Beware of heights and naked flames.
- Ensure environment is quiet, peaceful and free of interruptions.
- Lie down to experience effects.
- Smoking anything is detrimental to one's health.

For more information:

www.GrowSalvia.com, www.sowid.org

www.salviaforum.org

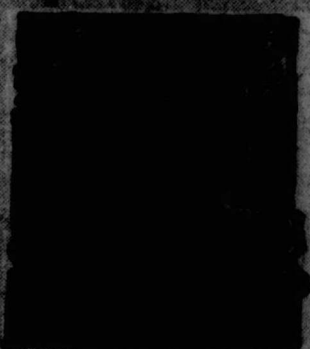
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Part 1 of the series:
Studies show steroid
use begins as early as
junior high **pg. 24**

Find out who this
week's Jack of
the Week is. **pg. 26**

Club rugby wins
big, headed to
Elite Eight. **pg. 25**

Clarett could pan out



Clarett
Clarett

So Clarett finally worked out. It turns out he may not be such a bad choice after all in this draft.

It turns out that he's not such a fat, overweight, out of shape slob so many of us thought he was. At his workout he weighed in at 213 pounds, down 22 from his mid-not-playing-season weight of 235.

It turns out, while he's not the fastest running back in the draft his 4.64 40 time he ran for scouts is something NFL teams can work with. Besides, with the type of runner he's shown himself to be he won't need that Portis speed. Bettis wheels are fine. He ripped 225-19 times. While it could be higher, those also are NFL numbers.

His workout easily boosted his standing and should be a solid second round pick, perhaps to a playoff-bound team that can afford to have a drafted RB sit for the majority of the year.

Hey, I heard a team in Denver wouldn't mind a new RB.

Win streak snapped, still win Silver

A look at

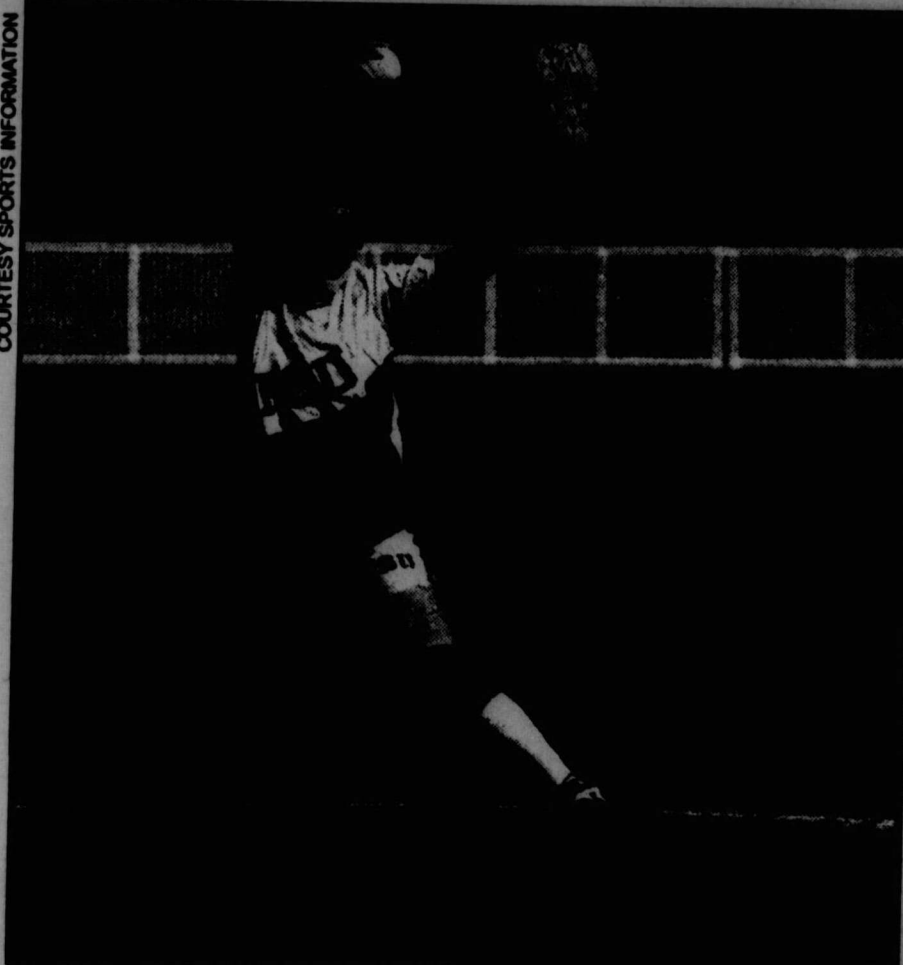
Bats lack at Easton Tournament of Champions

► **Brian Haas**
Lumberjack Staff Writer

Player	AVG	HR	IP	SO
Scott	.362	.428	1	23
Williams	.355	.314	7	34
Harbeson	.353	.396	0	18
Ray	.350	.310	4	24
Pitcher	ERA	W-L	IP	SO
Motzny	1.67	16-3	123.2	61
Hanes	2.29	8-0	55.0	32
Roberts	3.51	3-3	59.0	27

The HSU softball team went 3-3 in the Easton Tournament of Champions in Modesto over the weekend capturing the silver bracket championship.

COURTESY SPORTS INFORMATION



P Tracy Motzny is the Lumberjacks' ace and has a 16-3 record on the season as a freshman. Her 1.67 ERA is tops in the conference as well as 14 CG and the six shutouts she's thrown.

More than 20 of the Western Region ranked teams competed in the third annual ETOC.

The 'Jacks were successful their first game of the tournament on Friday, shutting out Chico State, but had their 23 game win streak broke in the second when Grand Canyon made a come from behind victory.

"Any time you lose a game by one run, (the problem's) coaching," said head coach Frank Cheek.

HSU didn't have much luck the following day, dropping consecutive games to Cal State Dominguez Hills and Cal State San Bernardino.

In both games the 'Jacks held early leads, but dropped them in the late innings.

Cheek felt like he was responsible for the losses that the 'Jacks suffered over the weekend, because there were a couple of questionable calls, that had he appealed might have changed the outcome of the game.

"All these games were winnable," said Cheek. "If I had done my job we would have won the ball games...We were the best team on paper, we just weren't getting the calls."

The 'Jacks were put into the

consolation bracket called the "Silver Bracket" for Sunday, and avenged their losses, beating GCU and Montana State Billings to claim the Silver title.

Despite losing three games, Cheek still sees a positive experience out of the weekend. With six freshman starting, two being pitchers, Cheek said that he finally saw the newcomers gain a lot of confidence over the weekend, and realize that they can win that national championship.

"We looked like a million dollars on Sunday," said Cheek.

Senior Centerfield Andrea Williams earned an all tournament team selection.

"She stole bases, she made great catches, she was a great leader," said Cheek. "She was the best player in this tournament bar none."

Williams had six hits over the weekend, and drove in three runs.

This weekend the 'Jacks play four important GNAC games, two against second place Seattle University on Thursday, and a pair against third place Western Washington on Saturday.

Brian Haas can be reached at BMH19@humboldt.edu

'Jacks break school record: Streak extended to 23 with wins over Nazarene

► **Sean Quincey**
Sports & Recreation Editor

Speed kills. Everybody knows it, and so do the San Diego Chargers, who sent a scout to the Redwood Bowl last Friday, March 26 to evaluate the speed of some HSU football players.

JOHN DOE, the Chargers scout traveled to Arcata to time the players' 40-yard-dash, an all-out 40-yard sprint that is measured down to the hundredth of a second. A player's performance in this single test can dramatically alter their standing in the eyes of scouts, coaches and other players alike. Roy Williams, a wide receiver from the University of Texas was recently timed at running

the 40 in 4.32 seconds, catapulting his standing in this year's draft and could be one of the first players taken; a potential multi-million dollar difference in his contract.

"The combination of height, weight and speed is important," DOE said. "Because of the speed and size of players in this game, an athlete has to be competitive to be successful."

Seven present and former Lumberjacks walked to the sidelines of the football field for the session that began just after 12:30 p.m. It was an overcast, 50-degree day that had the players run on a soggy field, some in track shoes with the metal spikes missing. As no accident the players did not receive the lightning-fast times they would have liked.

"We had just come back from spring break and I decided to run [in the 40] just a few days before we tested," Tim White, the 'Jacks' starting middle linebacker last sea-

see SCOUT, pg. 24

SEAN QUINCEY



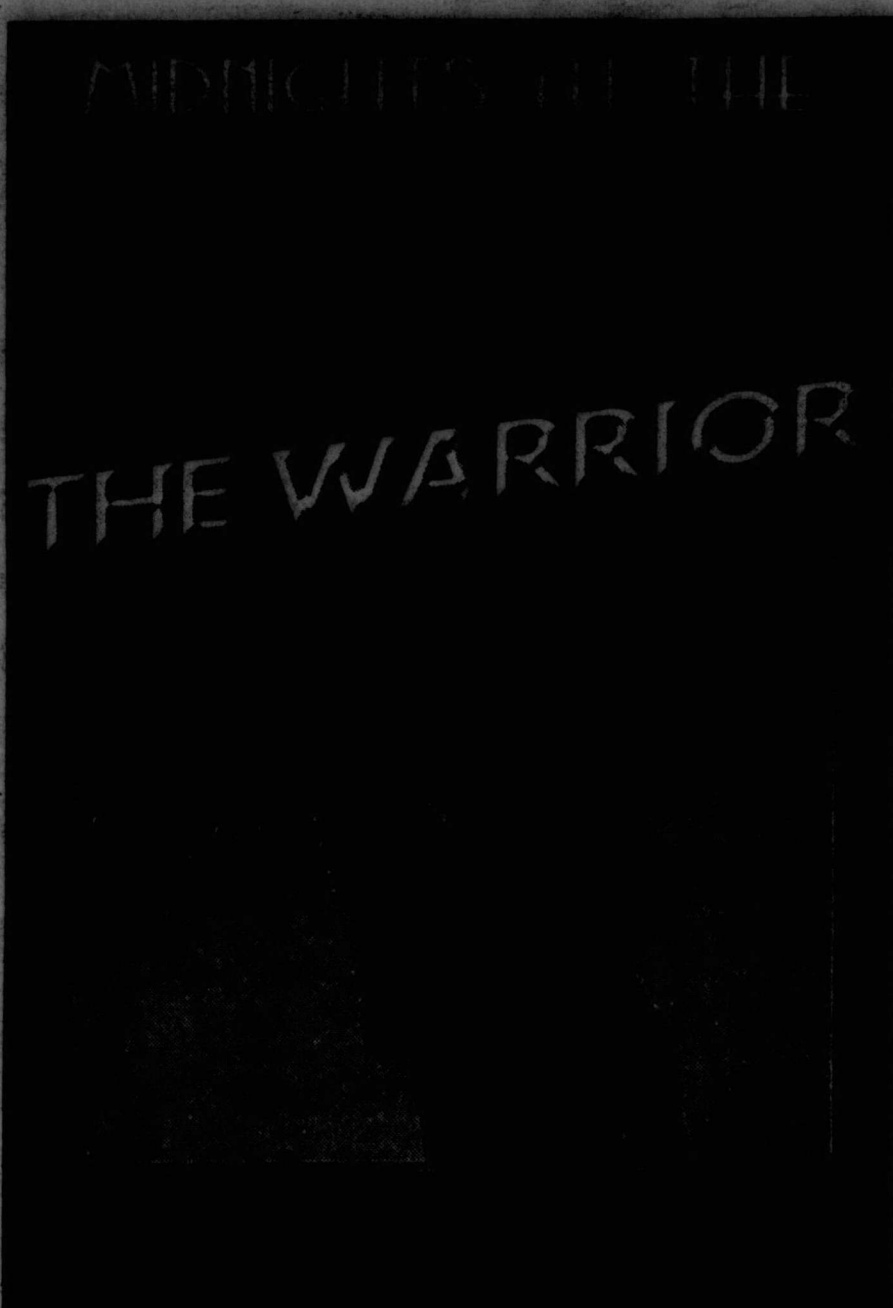
HSU's 2003 shut-down CB, Duval Seamster runs for the Chargers.

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Steroids are getting younger



Steroids are taken orally, injected and even through ointments and skin patches.

Studies show that steroid use starts as early as junior high

► **Robert Deane**
 Lumberjack Staff Writer

The secret of steroid use is becoming more disturbing as studies have shown that steroid use starts as early as high school and even junior high school.

The amount of knowledge that many young users have often times makes them oblivious to the dangerous, even deadly side effects that comes with the use of these drugs.

"There probably are (differences in the effects and side effects when it comes to age) because the junior high school/high school athlete and non athletes are still growing and the college athlete and non athletes are in that transition stage of maturity," Bruce O'Gara, Assistant Professor of Biological Sciences at Humboldt State University said.

According to information obtained from the National Institute on Drug Abuse (NIDA), the Office of National Drug Control Policy, and other government-funded agencies dealing with drugs, the most common side effects of ster-

oids on the human body include:

Adolescents experience many of the same effects as adults but there are other, more permanent ones that young adults may experience. Youngsters may damage the growth plates in the bones, which, unlike some side effects in adults that can be reversed if the user stops using steroids, is not reversible because once the growth plates are damaged to the point that they close they will never reopen again. The result is that an adolescent steroid user will remain permanently shorter for the rest of his/her life.

"Steroids don't automatically begin working (in the body), you must work out to begin to see the effects," said Bruce O'Gara.

Steroid use appears to be starting in either junior high or high school a recent survey by the Centers for Disease Control and Prevention in 2001 called the Youth Risk Behavior Surveillance Survey, all but confirmed this.

In that survey, five percent of all high school students said that they had used steroids/pills/

Effects of Steroids

► **MEN** In men the even possible shrinking of the testicles, reduced sperm count, impotence, premature baldness, enlargement of the prostate gland (causing a greater risk of prostate cancer), gynecomastia (breast enlargement), difficulty or pain in urinating and an increased possibility of heart attacks, and liver cancer along with higher cholesterol levels.

► **WOMEN** For females the effects include: Growth of facial hair, change in or cessation of menstrual cycle (periods), deepening of voice, enlargement of the clitoris, and breast reduction and even some male-like baldness.

shots for their entire lifetime (starting in junior high) without a doctor's prescription. When divided up by class the percentage of steroid use in high school athletes looks like this: 5.8 percent by freshmen, 4.9 percent by sophomores, 4.3 percent by juniors and 4.3 percent by seniors.

A 2002 survey of young adults (ages 19-28) done by the CDC reported that 1.6 percent had used steroids at least once in their lives, an increase of 1.2 percent from the year before. This use then often carries on into college due to the lack of funding put into testing for anabolic steroids.

Drug tests of this sort can cost as much as a teacher's salary (about \$40,000+) making some high schools unwilling to take up the extra cost for the testing.

Until proper education and testing can be done for junior high students and high school students on the dangerous effects of steroid usage the problem may continue to rise and put into question the not only the great accomplishments of athletes at the professional and college level in sports but also in high school as well.

Robert Deane can be reached at RWD6@humboldt.edu

Scout: HSU players make a run for Chargers

▲ from pg. 23

son said. "It was definitely a reality check. This kind of thing motivates me, though, to train harder."

According to DOE, NFL scouts routinely err on the side of slowness when timing an athlete so they don't make a player seem faster than he actually is. Also, while the FieldTurf (artificial grass) in the

Redwood Bowl is the material most comparable to grass, weather is a factor in how a fast player runs.

"Heavy air at sea level is different from and 85-degree day in Boulder, Colorado," DOE said.

After the 40, they went into the coaches' office with the scout to watch film of their past games.

"I was glad he actually had a chance to see me play the game," one player said who, because of NCAA rules cannot have his name disclosed. "I was looking for any advice he had for me. It's a process and I'm always learning."

Sean Quincey can be reached at SMQ1@humboldt.edu

Basketball *who?* Rugby moves on to Elite Eight in tournament

► **Michael Schnalzer**
Managing Editor

After finishing the regular season with an undefeated record of 7-0, the HSU Men's Rugby team stormed into the playoffs and dominated the Pacific Coast Championship in Utah over the weekend.

"It was awesome. Everything came together and our back line really stepped it up big," said senior lock David White.

The team destroyed Western Oregon in the first round on Saturday, shutting them out 76-0. While Santa Rosa beat Utah Valley State 42-17 on Saturday, setting up a rematch between the top Division II teams.

Sunday's championship match up with Santa Rosa was a hard fought battle, reminiscent of their game at the end of the season. But Santa Rosa was no match for Humboldt's defense, which held the team to only 16 points. The final score was 28-16 and thereby clenched the championship for HSU.



MICHAEL SCHNALZER

HSU rugby remains a step ahead of every competitor they face. They beat W. Oregon 76-0 over the weekend and

"We're making history," White said. "We're knocking on the door of the National Championship and we feel confident."

Men's Rugby now heads to Nashville, Tenn. for the Elite Eight Championship on April 17-18. The four winners from those games will advance to the National Championships held at Stanford University.

Rugby Scores

Humboldt 76
W. Oregon 0

Humboldt 28
Santa Rosa 16

Sports

HSU rowing takes first in women's four

They were oversized and their roster was not as deep as squads they were competing against yet, the HSU women's four (the number of girls in the boat) took first place in their heat this weekend at the Northwest Collegiate Rowing Conference Invitational Saturday on Vancouver Lake in Vancouver, Wash.

"That was a huge confidence booster for us," HSU head coach Robin Meiggs said. "We lost our focus against Santa Clara last week when we let them come back and beat us...it motivated us to keep our focus this week and let our girls know they could win."

The varsity eight, ranked No. 2 in the nation behind Western Washington finished third in their race behind WWU and UC San Diego with a time of 7:16.4.

Other squads were not as successful as one team had a seat break on their boat and another missed their start leaving them at a 200-meter disadvantage from the start of their race.

The 'Jacks head to Salem, Ore. this weekend to race in the Governor's Cup Regatta. -S.Q.

Runners turn in lifetime-best performances

At the March 6 meet, about three-quarters of the track squad ran lifetime-best times. Then, a week later, a majority of the runners again broke their lifetime-bests. On Saturday, for the third time in a month, HSU track members again ran faster times than they've ever run before in their lives.

At the Willamette Invitational over the weekend Doug Hamilton posted a 3:55.20 performance in the 1,500-meter race.

"This is the focus [Hamilton] showed in the conference championships and national qualifiers last year," HSU head coach David Wells said.

Matt DeShazo ran 1:58.63 with Jasper Peach on his heels clocking a 1:58.77 in the 800 meter race. Two other runners finished within two seconds of DeShazo.

"We use the intrasquad rivalry in a good way," Wells said. "If your teammate is running fast, there's nothing prohibiting you from running fast. It makes you want to run faster."

HSU's final home meet of the season, the Gold and Green meet will take place this weekend beginning at 10 a.m. -S.Q.

Club baseball wins

The HSU baseball team was victorious in its latest out-of-state attempt, on March 27 and 28. The club baseball team ventured out to Logan, Utah that weekend to take on Utah State and Montana State in a tournament.

It slugged through two decisive wins: a 10-4 win over Utah State and an 11-4 win over Montana State; however, a second match against Utah State the following day ended in a 5-7 loss.

The Jacks traveled the 15-hour ride home with their first pair of wins overall, and a first place finish in the three-team tournament.

Still lacking a win in their conference (comprised of HSU, U.C. Santa Cruz and U.C. Davis) though, the Jacks are anticipating a three-game series against UCD at home this weekend.

Following that, the team will take UCSC on at home for a final rematch — hoping for revenge after its three losses to the Banana Slugs last weekend.

The Jacks are anxious to play these teams at home, as they battle to rise above their last place standing in the conference.

-Matt Adams

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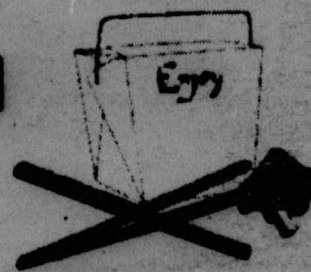
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Softball

Standings

as of 4/04

	GNAC	
	Conf. Total	Pct.
Humboldt	10-0 35-0	.795
Seattle	5-1 12-8	.600
W. Washington	4-2 15-12	.556
C. Washington	4-4 14-11	.560
NW Nazarene	2-6 7-20	.259
St. Martin's	2-8 6-18	.250
W. Oregon	1-7 4-21	.160

Easton Tournament of Champions hosted
by CSU Stanislaus

Grand Canyon 3, Humboldt 2
Humboldt 2, Chico State 0
CSU Dominguez Hills 2, Humboldt 1
CSU San Bernardino 3, Humboldt 2
Humboldt 4, Grand Canyon 1
Humboldt 3, MSU-Billings 0

(4/02)
Grand Canyon 3, Humboldt 2
Humboldt 2, Chico State 0

Game 1
Grand Canyon..... 000 001 2 - 3 9 1
Humboldt State..... 010 100 0 - 2 9 1
Humboldt State..... 000 101 0 - 2 5 0
Chico State..... 000 000 0 - 0 4 2

Humboldt both games

	AB	H	R	RBI	BB	SO	PO	A
Williams	8	3	0	0	0	0	5	0
Rothballer	6	0	0	0	2	3	20	0
Harbeson	7	0	1	0	0	2	2	0
Scott	6	1	1	0	1	1	2	7
Padilla	5	3	0	0	1	0	3	0
Block	0	0	1	0	0	0	0	0
Harrison	6	1	0	1	0	5	3	9
Ray	5	2	1	2	1	1	1	0
Barberia	5	1	0	0	0	1	0	0
Sutherland	1	0	0	0	0	1	0	0
Cameron	6	3	0	1	0	1	6	3
Nielsen	1	0	0	0	1	0	0	2
Motzny	0	0	0	0	0	0	0	0
Pitching	IP	H	R	ER	BB	SO	AB	BF
Hanes	5.1	6	1	1	1	0	21	22
Cree	1.2	3	2	0	0	0	8	8
Motzny	7.0	5	0	0	0	3	25	25

Win-Motzny(15-2) Loss-Cree (6-2)
LOB HSU - 19; SB Williams 2, Barberia 2; Ray 2; Block; Cameron

(4/03)
CSU Dominguez Hills 2, Humboldt 1
CSU San Bernardino 3, Humboldt 2

Game 1
CSU Dominguez Hills... 000 011 0 - 2 6 0
Humboldt State..... 100 000 0 - 1 5 1
Humboldt State..... 002 000 0 - 2 8 2
CSU San Bernardino... 000 002 1 - 3 9 0

Humboldt both games

	AB	H	R	RBI	BB	SO	PO	A
Williams	6	2	1	1	2	0	1	1
Rothballer	7	2	0	1	0	0	20	0
Harbeson	6	1	0	0	0	1	1	0
Scott	6	2	0	0	0	0	1	6
Padilla	4	0	0	0	2	1	6	0
Nielsen	0	0	0	0	0	0	2	0
Harrison	5	1	0	0	1	1	1	2
Block	0	0	0	0	0	0	0	0
Ray	6	1	0	0	0	1	2	0
Sutherland	0	0	1	0	0	0	0	0
Barberia	6	3	1	1	0	2	0	0
Cameron	6	1	0	0	0	0	2	6
Hanes	0	0	0	0	0	0	0	3
Motzny	0	0	0	0	0	0	0	1
Pitching	IP	H	R	ER	BB	SO	AB	BF
Hanes	5.1	5	1	1	0	6	23	23
Cree	1.0	4	2	2	0	2	7	7
Motzny	7.0	6	2	1	2	3	27	29

Loss-Hanes (6-1), Motzny (15-3)
LOB HSU - 12; SB Williams, Barberia 2; Block 2

(4/04)

Humboldt 4, Grand Canyon 1
Humboldt 3, MSU-Billings 0

Game 1

Grand Canyon..... 010 000 0 - 1 8 2
Humboldt State..... 021 100 X - 4 7 0
MSU-Billings..... 000 000 0 - 0 3 0
Humboldt State..... 200 100 X - 3 11 1

Humboldt both games

	AB	H	R	RBI	BB	SO	PO	A
Williams	4	1	2	2	0	0	6	0
Rothballer	7	3	1	1	0	0	19	0
Scott	6	4	0	2	0	0	3	6
Padilla	7	0	0	0	0	1	2	0
Ray	6	4	0	1	0	1	2	0
Harbeson	6	1	2	0	0	0	1	0
Harrison	5	2	1	0	0	0	3	4
Barberia	4	1	1	1	2	0	0	0
Cameron	6	2	0	0	0	1	6	5
Roberts	0	0	0	0	0	0	0	1
Motzny	0	0	0	0	0	0	0	5
Pitching	IP	H	R	ER	BB	SO	AB	BF
Motzny	7.0	8	1	1	0	2	28	28
Roberts	7.0	3	0	0	2	0	23	26

Win-Motzny(16-3), Roberts (5-3)
LOB HSU - 15; SB Williams 2, Barberia 2;
Ray 2; Cameron

Rowing

Governor's Cup Regatta at
Willamette University, Salem, Ore.

Varsity 8

	Times
W. Washington	7:05.6
UC San Diego	7:14.42
Humboldt	7:16.46

Women's 4

	Times
Humboldt	8:08.5
W. Washington	8:09.2
UC San Diego	8:17.4

Varsity 8

	Times
W. Washington	6:55.7
UPS	6:58.7
Lewis & Clark	7:05.3
UC San Diego	7:10.9
Humboldt (missed start)	7:25.0

2nd Varsity 8

	Times
UPS	7:08.3
Orange Coast	7:25.6
W. Washington	7:31.0
Humboldt	7:50.0
Willamette	7:51.3

Junior Varsity 4

	Times
Orange Coast	7:59.3
UPS	8:01.5
Seattle Pacific	8:04.1
Humboldt	8:16.5
U of Portland	8:30.4
Lewis & Clark	8:37.1

Novice 4

	Times
Willamette	8:21.5
Lewis & Clark	8:22.5
Humboldt	8:23.9
U of Portland	8:38.0
Mills	8:52.4

Track

Willamette Invitational
@Salem, Ore.

Women's 800 Meter Run

Player	University	Times
Metcalfe	Portland	2:12.69
Andrews	Willamette	2:12.69
Bielenberg	Port. State	2:13.31
27. Rendon	Humboldt	2:50.34

Women's 4

Player	University	Times
Smith	Portland	4:44.96
10. Campbell	Humboldt	4:51.68
12. Bronson	HSU TC	4:59.07
27. Rendon	Humboldt	5:30.20

W 3000 Meter Steeplechase

Player	University	Times
Peterson	Port. State	11:29.30
Hall	Gonzaga	12:14.60
Squires	Willamette	12:59.18
Solem	Humboldt	13:11.52

Women's 5000 Meter Run

Player	University	Times
Rumore	Willamette	17:30.43
Holbert	Willamette	17:37.88
Kawasaki	Port. State	17:46.38
16. Cronin	Humboldt	19:08.73

W 10,000 Meter Run

Player	University	Times
Bergman	Humboldt	37:38.98
Semenza	Gonzaga	38:17.34
Lindsay	unattached	38:29.88
11. Wyner	Humboldt	43:25.02



PLAYER OF THE WEEK

**JULIE SMITH, LISA
MCDONNELL, SANDRA
PERRY, JESSIE LEVI
AND MELANY ROWSY**

CREW WOMEN'S 4

After going up against a bigger opponent, the women's four crew squad left the Governor's Cup Regatta with Humboldt's only win of the weekend. Racing a time of 8:08.5, the team defeated the No. 1 ranked university in the nation by less than a second. This was the squad's first outright win of the season.

Dangerous animals of Humboldt

Mountain Lion

► **Sayaka Rifu**
Lumberjack Staff Writer

A student saw a mountain lion on campus seven weeks ago, according to UPD.

A visiting professor climbed a peak, and saw a mountain lion chase a dog out of the forest. The lion stopped chasing the dog when it turned to fight. Minutes later, the mountain lion sat watching as two hikers saw their dog come running up to them. They had no clue any of this was taking place.

Such is the nature of the mountain lion. It is rarely seen if it does not want to be.

Despite the recent mountain lion sightings and the attack in Orange County, one is more likely to be attacked by a dog according to local fish and game officials.

Karen Kovac, an employee at the Eureka office of the Department of Fish and Games (DFG), said sightings of mountain lions have increased, though.

"Problem with mountain lions is that

they live too close to large urban areas," Kovac said.

On Jan. 8, two bicyclists were attacked by another mountain lion and one was killed in Whiting Ranch Wilderness Park. The department could not define the cause of the incident.

"What triggered the attack, we probably will never find out," Kovac said. She also said it might have been because the bikers were crouched down to fix their vehicles and that the position made them look like their prey such as deer.

At the end of January, the DFG has issued recommendations for avoiding encounters with a mountain lion, as well as what to do if attacked by one.

Face-to-face encounters and attacks

by mountain lions are reported to the DFG. The 24-hour dispatch center can be reached at (916) 445-0045.

However, mountain lions usually avoid human encounters, Kovac said.

"They hate us, and they avoid us," she said. "I can't blame them."

"When parents call in concerned about their kids, I tell them 'I'd be more worried to lose your child in Disneyland.'"

Kovac also said the department constantly receives false sighting reports.

"People mistake gray foxes and big tomcats as mountain lions all the time," she said. "You'd be surprised."

When property owners report losses such as killed cattle, the DFG visit the site



Courtesy of the Washington Department of Fish and Wildlife
Cougars maintain the deer population but are rarely seen.

and try to determine if the source of the loss is really done by the mountain lion. This procedure needs to be quick so that the department could pinpoint the animal.

"When a goat is tied onto something, you're asking for trouble," Kovac said. "That's perfect for the lions."

▼ see LION, pg. 29

Meet the locals

Humboldt County is still wild in places, and full of wildlife. These animals can be deadly to the unaware. So take care, know they are there, the lion, shark, spider and bear.

Black Bear

► **James Egan**
Lumberjack Copy Editor

The phrase "It's probably just as afraid of you as you are of it," seems to have been coined specifically for the black bear, the only species of bear that can be found in Humboldt County.

Although black bears are more than able to maul and mangle a full-grown human, they are much more likely to run away when they spot people. Black bears are described by the Natural Research Science Laboratory Web site as shy and easily frightened. No fatal black bear attacks have ever been recorded in the state of California, and black bear-related injuries are few and far between.

"In probably 99.9 percent of cases, [black bears] run away," said Karen Kovacs, the senior biologist supervisor with the Eureka Fish and Game office.

Black bears, which can be black brown, silver-blue and even white, are omnivorous scavengers more fit to hunt bugs, nuts and berries than to stalk live prey. Black bears usually weigh around 350 pounds; the heaviest ever recorded was 802 pounds.

There are believed to be 18,000 to 23,000 black bears living in California, and many reside in Humboldt County.



Courtesy of the Washington Department of Fish and Wildlife
Unlike the brown bear, the local black bear rarely confronts humans.

"We probably have some of the highest concentrations of bears," Kovacs said.

However, the presence of a black bear shouldn't be taken lightly. Although they are pacifists by nature, black bears have been known to become aggressive in situations where their cubs are threatened, or when they believe food is being withheld.

When camping in bear territory, avoid leaving food in your car and tent. Even something as small as a Mcnugget can be enough to draw a bear to your tent.

If you see a bear, keep calm and make

sure it knows you are there by making noise because bears don't like to be surprised. If the bear stands upright, don't panic, it's probably smelling its surroundings. Don't try to approach the bear, but don't run. Black bears are known to run up to 35 mph and are great at swim-

ming and climbing trees.

If you find yourself in the extremely unlikely situation of being in a physical struggle with a black bear, the best course of action is to fight back. Forget everything you've heard about playing dead, that's for grizzly attacks. The best thing to do if you're struggling with a black bear is to try to scare it off by being loud and putting up a big fight; use sticks, rocks, anything you can get your hands on. Make the bear pay.

James Egan can be reached at jtea@humboldt.edu

Great White

► **Kira Rubenthaler**
Lumberjack Copy Chief

In addition to frigid temperatures and rogue waves, those who dare to go off shore in Humboldt County also risk injury by sharks in rates comparable to the frequency of attacks in more populated counties.

There have been nine confirmed shark attacks in Humboldt County since 1926, according to data from the Florida Museum of Natural History, part of the National Shark Research Consortium, which collects data on shark attacks around the country. None of these attacks were fatal, but Humboldt tied with Marin County for the second-highest amount of attacks during that time period, after San Diego County with 10 attacks.

In November 2000, HSU student Casey Stewman was attacked by a shark while surfing alone in the north end of Humboldt Bay. Casey was bitten twice on his legs and dragged off his board before the shark left him alone. He was taken to Mad River Hospital and continues to surf today.

In an article he wrote about the attack for The Adventure Sports Journal, Stewman said, "The ocean has magical abilities to ease my mind and calm me down. The ocean is also a place where you can

have run-ins with dinosaurs that can eat you."

John Mello, a marine biologist with the Department of Fish and Game, said Humboldt County is home to only one dangerous shark, the white shark, also known as the great white shark or the white pointer shark.

White sharks can reach lengths of 20 feet. An average white shark measures 13 to 17 feet in length and can weigh more than 4,000 pounds. Their teeth range from 1 to 2 inches in length. The life span of a

white shark is unknown, but it is thought to be fairly long-lived, possibly surviving for 100 years.

White sharks primarily feed on seals and sea lions and are often found around these mammals.

"It's not uncommon to see a white shark in this area," Mello said.

According to data from the Department of Fish and Game, of eight shark attacks that took place in Humboldt from 1976 to 1997, three happened at Moonstone Beach. Five were attacks on surfers.

Mello said he heard a second-hand account from a few months ago of a white shark banging into a surfer's board in the water near Trinidad. The surfer was not injured.

Mello said the silhouettes of surfboards may look like seals to sharks, and they will often give up an attack on a human after



Courtesy of SharkDiver.com
The great white shark can attack the surface with little warning.

▼ see SHARK, pg. 29

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When the Discovery Channel is interested in increasing its ratings it typically will host specials like, "Shark Week!" or "Fangs, Claws and other Appendages that will Shred your Flesh to Ribbons." In focusing on large, well known, as-seen-in-the-zoo type animals they are overlooking a real change to give people a nightmare for the rest of their lives.

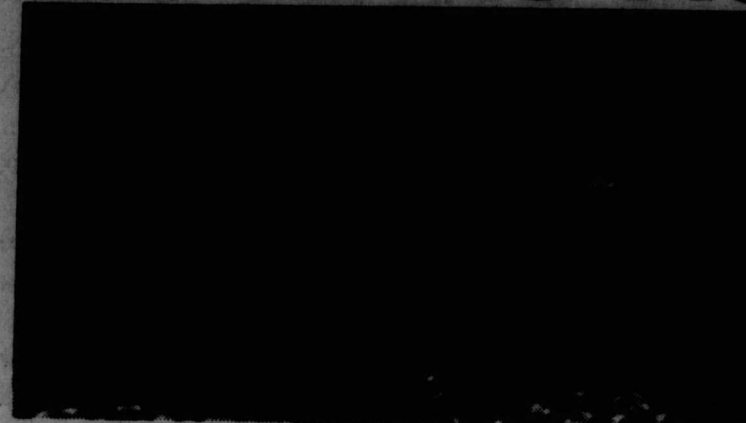
Hailing from the flood-prone shores of the Amazon River is a fish too fearsome to be believed. At first sight it might not look so bad. It is only a small catfish, 1-2½ inches long, nearly transparent in appearance, with a collection of backward-pointing spines located around its head. Don't be fooled though; compared to this sinister little vampire a run in with a piranha would seem as pleasant as cake.

It is the peculiar genius of the candirú, as this fish is known, to swim up the urethra of unsuspecting human bathers, gorging itself on blood and tissue. Once it has begun to feed, the spines spread like an umbrella, mak-



COURTESY OF THE ACADEMY OF NATURAL SCIENCES
Researcher William Saul prepares for candirú research.

Fearsome Fish



COURTESY OF THE ACADEMY OF NATURAL SCIENCES
The infamous candirú can inflict a world of pain.

ing it virtually impossible to remove. The experience—as you can imagine—is so outrageously painful the preferred method of treatment for most male victims is amputation. And yes, that means exactly what you think it means.

To be fair to this slippery little Silurian, the whole wriggling into the body cavity thing is rather a mistake since it generally causes death of the fish—if not the human as well. To locate a fish host—its normal prey—the candirú senses the stream of water coming from the gills of a fish, swims against the current to insert itself inside the gill flap.

According to www.angelfire.com/mo2/animals1, "Spines around its head pierce the scales of the fish and draws blood while anchoring the candirú in place. The candirú then feeds on the blood by using its mouth as a slurping apparatus and while rasping the long teeth on its top jaw.

So voracious is its desire for blood that, according to the above reference, "one scientist, while holding a candirú, accidentally let it enter a small cut on his hand. It could be seen writhing under the skin toward the vein." In the book "Piranhas—Fact and Fiction" the author relates several incidences involving candirú. One of these relates the finding of the fish in the bodies of drowned mammals. It states candirú "can hollow out the entire body and when these mammals are pulled to shore, the candirú fall out!"

The fish has few natural enemies (which hardly seems surprising). Thankfully they are only found in the Amazon and Orinoco Rivers. For the people

of these areas, however, this fish is a terror and is given a worse reputation than the piranha. And I'm sure the fact that there are no vampire catfish in the Klamath doesn't make them feel any better about the situation.

Indeed, after a candirú has followed a stream of urine up in to some pitiable soul's urethra, the options for dealing with the predicament are not rosy. Surgical removal is extremely expensive, painful and not accessible for many victims. A folk remedy involves inserting the Xaquia plant and the Buitach Apple up the urethra, this will kill and dissolve the fish. However, considering the smallness of the opening, this is not a pleasant or easy thing. Frequently pain causes shock and death in the victim before the fish can be removed. This is perhaps why penectomy is, as mentioned before, the method of treatment most commonly followed by male victims.

Lest you think nothing good could come of this vampire, I read of one report where a "fish-based security system" had been proposed. The idea is to stock the moat surrounding your house (assuming you have one) with candirú, piranha and electric eels to deter any would-be thieves. "Should the housebreaker fortuitously not be attacked by the electric eels or the piranha then there is a good chance that he will suffer invasive penetration of the candirú in to the urethra." In spite of the cleverness of this suggestion, it was not a serious one. All the same I believe I'll think twice before the next time I decide to wade through a moat or swim in a South American river.

Special thanks to Mike Cammann of the biology department. Danielle can be reached at dav7@humboldt.edu.

Black Widow

► **Joseph Freeman**
Lumberjack Staff Writer



Courtesy of kaston.transy.edu

Hiding in crawl spaces in garages and other cluttered and undisturbed areas of houses in Humboldt County, the black widow spider can be found hunting its prey of mostly insects. For the most part, the black widow will not willfully attack humans, but if provoked, the spider can inflict a mighty bite.

Though the black widow's venom is 15 times as toxic as a

common prairie rattlesnake's venom, it only releases a small amount of toxin into its victim.

"The poison can be life threatening to a very small child, but in adults a bite won't be fatal," said Melissa Zielinski, director of the Humboldt State University Natural History Museum.

The spider is known for its shy habits and usually only leaves its nest when disturbed.

Outside, the black widow will take cover in woodpiles, under stones and other tight, protected spaces.

A female black widow is among the easiest spiders to identify. With its large, shiny black body of about 1/2-inch in length, and long spindly legs, the widow can be spotted quickly if its underside is exposed. The dead-sure sign of a black widow is its bright red hourglass mark-

ing on its belly. This mark can sometimes be separated or even only a single mark.

The male spider, brown and about half the size of the female, ceases to develop poison sacs upon maturity and, if the female doesn't eat him, will live off of her catches.

But the female widow's bite, though upon contact can be painless, almost immediately becomes quite painful. The pain will reach its maximum power within 1-3 hours and after about 12-48 hours it subsides, though the bite has a slight chance of being fatal.

The major symptoms of a black widow bite other than the pain include increased body temperature and blood pressure, profuse sweating and nausea.

Joseph Freeman can be reached at jcf29@humboldt.edu

▲ SHARK, from pg. 27

one bite. However, this bite can sometimes be fatal.

"There really isn't too much defensive-wise you're going to do against an animal that size," Mello said.

Mello said the best way to prevent a shark attack is to avoid

swimming around marine mammals.

"One shouldn't really be afraid to go in the water because the odds [of a shark attack] are really low," Mello said.

Stewman recommended never surfing alone or after dark and not peeing in your wetsuit. He said you should avoid surf-

ing river mouths during fish runs and be aware of changing tides and seal and sea lion actions.

He said it is more dangerous riding in a car than being in the ocean around Humboldt.

Kira Rubenthaler can be reached at krr11@humboldt.edu

▲ LION, from pg. 27

The department calls a federal trapper who then brings in dogs to track down a cougar.

Recently a mountain lion killed two full-grown llamas on the same night on Bayside road. The mountain lion was tracked down and shot.

Mountain lions are also dep-

redated from neighboring area of elementary schools in order to reduce the danger of the predator attacking small children whose squealing voices could encourage the attacks.

Cougars are essential to controlling the deer population. They are covered with ocher fur and has black-tipped ears

and tail. Adult males may be more than 8 feet long and usually weigh between 130 and 150 pounds. Adult females are generally about 7 feet long and weigh between 65 and 90 pounds.

For more information, visit www.dfg.ca.gov/lion.

Sayaka Rifu can be reached at sayarifu@hotmail.com

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CALENDAR

Wednesday | 7

Buchanan
Six Rivers Brewery, McK
9 p.m., \$3
Indie rock band from Los Angeles returns to Humboldt for the first time in six months.

Orjazmic
Humboldt Brews, Arcata
9 p.m., \$3
This jazz combo hopes to leave you weak in the knees.

Maldin' Music Karaoke
Saffire Rose, Eureka
9 p.m., free
Come claim your 15 minutes of fame and probably make a fool of yourself.

Comedy Night with Del Van Dyke
Red Lyon Hotel, Eureka
7 p.m., \$20 gen., \$7 stu.
A night full of laughs to benefit the HSU engineering department.

Levins Morales
Kate Buchanan Room, HSU
6:30 p.m., free
Author and poet will read from her work concerning the current state of the world from the perspective of a Puerto Rican feminist Jew.

Gilberto Flores
Marsh Commons, Arcata
7 p.m., free
Honduran activist will speak about the political situation in Honduras within the contest of corporate globalization and U.S. foreign policy.

Thursday | 8

HSU Softball
HSU Softball Field
1 p.m., free
HSU softball faces off against Seattle University.

Totimoschi and Dragged By Horses
The Alibi, Arcata
9 p.m., \$7
There's plenty of rock to go around at the plaza.

Compost Mountain Boys
Humboldt Brews, Arcata
9 p.m., \$7
Bluegrass and beer, what more could you ask for?

Locust Furnace, Manic and Cycle of Violence
The Scooner, Eureka
9 p.m., \$3
It's metal night at The Scooner; you'll need a neck brace after this night of headbanging.

Groove 101 with Ruben Diaz
Muddy Waters, Arcata
9 p.m., \$15
Local guitar master will perform with Bobby Vega of Sly and the Family Stone fame. Expect an evening of Latin, funk, blues and rock music.

Ladies Night at The Depot
The Depot, HSU
6-8 p.m., free
Local goddesses to perform poetry and music.

Friday | 9

An Evening in "The Twilight Zone"
Glat Hall 02, HSU
4 p.m. & 8 p.m., free
Performances of cult classic episodes featuring Episode 81: Nothing in the Dark and The Hands That Play.

Hipstop Record Shop Grand Opening Celebration
Sunny Brae Center
7-9 p.m., free
Performances from Caveman, Jah Theory and Reason, DJ Area One, DJ Brooklyn Science and DJ Rek. Sushi and drinks.

Wrangletown, Slewfoot
String Band and Korby Lenker
Clam Beach Inn, McK
8 p.m., \$3
Dust off your boots and get ready for some good ol' country tunes. "It'll be a hoot!"

Blue Yonder
Rumours, Eureka
8 p.m., \$5
Vaudeville performances featuring Silas Knight The Glass Walking Fool, The Amazing Bed of Nails, Sword Swallowing and much more. Hosted by Pronoun Berrythrone.

The Clint Warner Band
Blue Lake Casino, Blue Lake
9 p.m., free
Don't forget to bring your dance shoes to this rockin' blues show.

Bump Foundation
Six Rivers Brewery, McK.
9 p.m., \$4
Drinks some brews and get your funk on.

Saturday | 10

HSU Softball
HSU Softball Field
11 a.m., free
HSU softball faces off against Western Washington.

Kulica
Dell'Arte Theater, Blue Lake
8 p.m., \$5
This is your last chance to catch this staple of Humboldt until next fall.

Women of Juarez
South Lounge, HSU
2 p.m., free
International guest Rosa Rodriguez sharing personal experiences of working in maquiladoras and perspectives on the mass murder of women in Juarez, Mexico.

Deep Groove Society
Rumours, Eureka
8 p.m., \$3
DJs Moksa, Sequoia and Brian will keep the beats coming for you on the dance floor.

Locust Furnace, Manic and Cycle of Violence
Saffire Rose, Eureka
9 p.m., \$3
It's metal night at Saffire Rose. Hope your neck is healed from Thursday night at The Scooner.

Arcata Free Press Presents Gilberto Flores
Goodwin Forum, HSU
7 p.m., free
Honduras activist speaks about human rights in Central America, followed by music from Paris McClusky, Response, The Dean and Stereochromatic.

The Rubberneckers and Que la Chinga
Muddy Waters, Arcata
8 p.m., \$3-\$5 donation
All ages show with acoustic sets from both bands to benefit the Sustainable Communities Bio-Diesel Roadshow.

Sunday | 11

Karaoke Night
The Alibi, Arcata
10 p.m., free
So what if you can't hold a tune.

Monday | 12

BANFF Mountain Film Festival
Kate Buchanan Room, HSU
7 p.m., \$7 adv., \$9 door
Come check out the "Best of the Festival" world tour featuring the best in extreme mountain sport films.

The Dt's and The Midnight Evils
The Alibi, Arcata
10:30 p.m., \$3
Rock 'n Roll from Washington and Minnesota straight to the plaza.

To see your event listed in this comprehensive calendar e-mail your events in advance to thejack@humboldt.edu



(Top) Bay Area rockers Totimoschi will play at The Alibi on Thursday. (Middle) The BANFF Mountain Film Festival will be shown at the KBR on Monday and Tuesday. (Bottom) The rapper known as Caveman will perform at Hip-stop Record Shop on Friday.

CLASSIFIEDS

31

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Need fingerprints - Arcata Police Department has after hours availability: Tuesday and Wednesday's by appointment only. 822-2428

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Fraternities - Sororities Clubs - Student Groups Earn \$1,000-\$2,000 this semester with a proven CampusFundraiser 3 hour fundraising event. Our free programs make fundraising easy with no risks. Fundraising dates are filling quickly, so get with the program! It works. Contact CampusFundraiser at (888) 923-3238, or visit www.campusfundraiser.com

Open House at Center Activities! Free donuts, bagels, and coffee! Enter our drawing to win a free Outdoor Adventure trip! BANFF Mountain Film Festival ticket sales! Join us Friday, April 9 from 10:00 a.m. to 3:00 p.m. at Center Activities in the South Lounge, just beneath the H.S.U. Bookstore.

Don't Miss the BANFF Mountain Film Festival, this April 12 and 13, 7:00p.m. in the Kate Buchanan Room at HSU! Join us for the "Best of the Festival" World Tour, featuring extreme mountain sport films! Tickets are available through Center Arts: \$7 in advanced, and \$9 at the door.

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Want more info? Come visit us! We will be on the quad from 11-2 pm on April 8th. You may also sign up at the Career Center for interviews that will be conducted on April 22nd.

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Banff Mountain Film Festival

TWO NIGHTS

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