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## Emotions

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### Emotions

By Madison Avila

I was born and raised in Crescent City. I used to live in a small apartment until I was 3 that moved into a smaller house then another house when I was 9, which was a huge change for me and (my) sibling. It was way bigger than my small house. Then moved into a bigger house in Fort Dick. Fort Dick is a small town next to Crescent City. I moved there in December 2019. It was definitely a huge change for me as it was a new environment. I got used to it as time went by and so did my sibling.

I was raised in a (traditional) Mexican household, which means the men have to work long, hard hours. Women stayed home and took care of the kids, the house, and the men. I was always taught that. Now that I think about it, I never wanted to be raised like that in the first place but I had no choice. I didn't know then but now I understand that I don't claim that social construct. And I'm glad I don't.

The biggest thing I went through as a child was figuring out that expressing myself in my Mexican household wasn't going to be easy. Emotions aren't always taken that serious and I think the reason is because it wasn't a big deal and so emotions were pushed away. It was really tough for me growing up knowing that I didn't have a support system there, and now I have a hard time comprehending what I'm feeling. Honestly, it's still tough trying to try to survive my emotions. When I turned 12, I realized that my parents don't really understand that what I need most is them, but I don't blame them because that's the way they were raised. I wish they were there for me but like they don't really understand and think I'm being "sensitive."

The person I look up to the most is my dad. He is the most important person in my life. He inspired me to do the unbelievable. He traveled all the way from Mexico to the United States to get an education which is crazy to me but it's understandable. I'm just so glad you moved over here because that means

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I can get an education too. It's just crazy to think he came to the U.S. to get a better life. I thank him so much for that.