

The Lumberjack

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Vol. 85 No. 6

Wednesday, October 6, 2004

Arcata, Calif.

-COMMUNITY-

Outreach program faces uncertain future

Caltrans land auction may leave Redwood Community Action Agency projects without a home.

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-SPORTS-

Lumberjacks fell Oaks

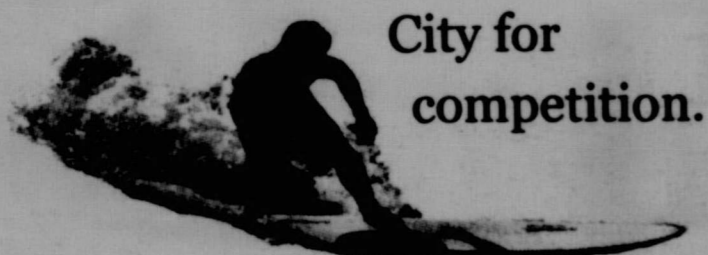
Men's soccer trounces Menlo College 3-0.

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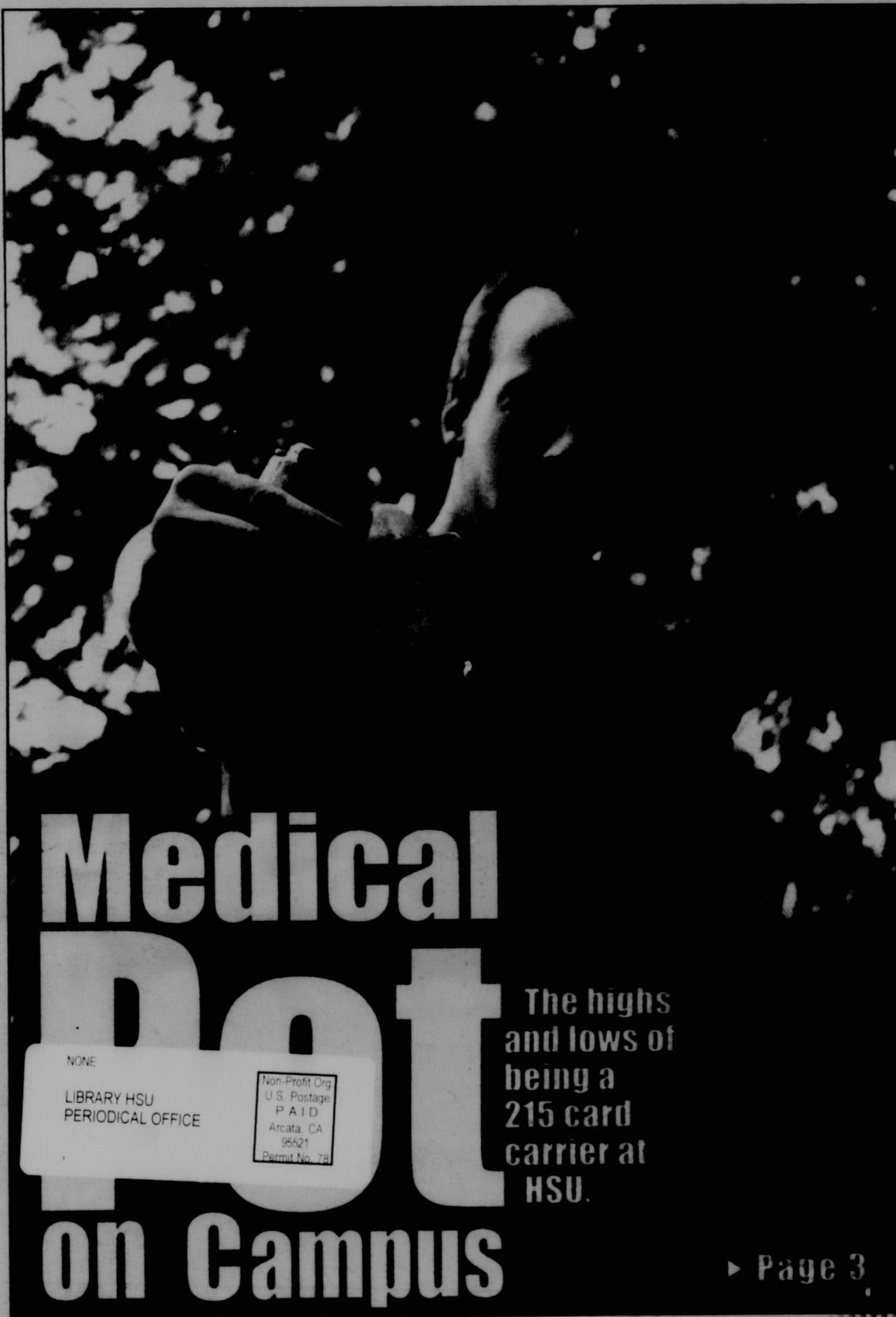
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Medical Pot on Campus

THE highs
and lows of
being a
215 card
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the cover

Photo illustration by Amar Georgeson.
Layout by James Egan.
Surfer photo by Karen Wilkinson.

the corrections

- The Eureka Library story in the community section of Sept. 29 issue had two people's names flip-flopped.
- The students in the Foreign Affairs Q and A in the features section were not "exchange" students.
- The car-stuffing record holder is APASA. The Alternative Transportation Club was the organizer of the event.



Morgan Johnson

Winston Smith rock out at The Depot last Thursday.

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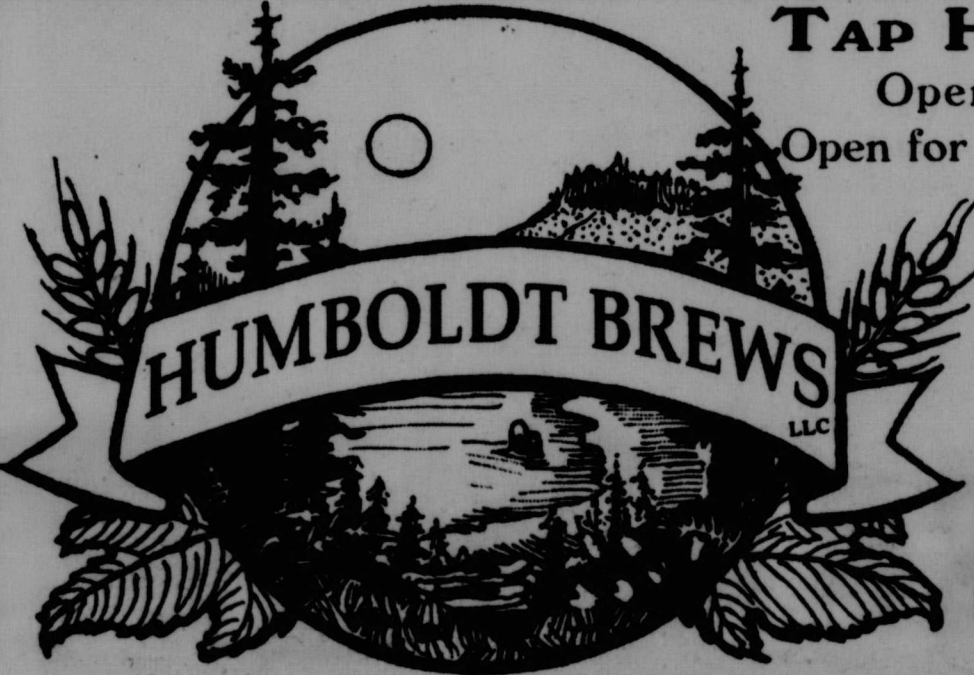
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Pot policy half baked

HSU warns 215 carriers: keep off the grass

Cat Sieh and James Corcoran
Campus Editor and Staff writer

Two days into the semester, minutes into his first class of the day, Andrew Van Nort fell from his chair, foaming at the mouth and shaking uncontrollably.

Twenty minutes later, a semiconscious Van Nort awoke to see University Police Officers John Packer and Melissa Hansen standing over him. The same two officers had confiscated more than an ounce of Van Nort's marijuana on campus last semester—one of the many ordeals he has gone through since becoming a card-carrying medical marijuana user a year ago.

Grand mal seizures like the one Van Nort suffered at HSU have become a reoccurring obstacle for the undeclared sophomore, after an electroencephalogram (EEG) showed abnormal activity in his brain. EEGs play an integral part in diagnosing epilepsy—Van Nort was diagnosed as an epileptic soon after the test.

Six-inch scars on Van Nort's knee and elbow serve as reminders of the chronic pain he suffers after reconstructive knee surgery in 2001 following a motor-scooter accident, and elbow surgery after a fall that dislodged a piece of his bone. Van Nort's neurologist recommended he use marijuana medicinally for epilepsy, accident-related pain and appetite loss.

Without a lawyer, Van Nort has had two court cases for marijuana possession dismissed, using his 215 card (a doctor's recommendation for medical marijuana) as leverage. He has filed complaints against officers who have seized his medicine, petitioned in vain to have it returned, written HSU administrators and met with numerous school officials in an attempt to provoke changes in campus pot policy.

"I'm not trying to grow 1,000 pounds of pot," Van Nort said. "I'm not breaking the law. I'm just trying to get through school."

Eight years after California Proposition 215 legalized the use of medicinal marijuana with a doctor's recommendation, state and federal laws continue to clash, causing confusion among state officials and legal hassles for pot patients.

UPD Acting Chief Tom Dewey said California State University-wide regulations would only allow 215 patients to carry pot on campus with a doctor prescription, not just a recommendation. The semantics of Proposition 215 do not allow doctors to issue prescriptions. Instead, doctors issue written "recommendations," (215 cards).

Dewey acknowledged the law's ambiguity and advised students to follow federal law.

"Keep [marijuana] off campus and make sure to keep proof of your medicinal status at all times," said Dewey.

President Rollin Richmond said as long as federal law prohibits possession on campus, HSU will not allow 215 carriers to possess medication on campus.

"If the federal law or the interpretation of [the law] changes, then I would be willing to think about it," Richmond said.

The line between federal and state law remains hazy, and medical pot patients are left with little security.

Van Nort spent nearly four months sorting out possession charges after Officers Packer and Hansen confiscated his medicine last semester. Hansen stopped Van Nort and two friends for a suspected registration violation as they drove on LK Wood Boulevard. Packer also responded.

Hansen's police report noted she smelled marijuana in the car, and questioned the occupants. Van Nort explained his condition, noted he had a 215 card, and produced

"I'm not trying to grow 1,000 pounds of pot. I'm not breaking the law. I'm just trying to get through school."

Andrew Van Nort

Medical marijuana user, undeclared sophomore



Amar Georgeson

HSU student and 215 card-carrier Andrew Van Nort spent four months fighting charges of possession of pot on campus.

about a gram of marijuana from his pocket.

Hansen charged Van Nort with a misdemeanor of possession of less than one ounce of marijuana, while the driver of the car was charged with possession of another ounce of Van Nort's medicine, which was also in the car.

Van Nort's case was dismissed a month later when he presented the judge with a valid 215 card. The driver's case, however, was not dismissed until late August.

"[The] file reflects that the marijuana in the vehicle belonged to the passenger and they had a valid 215 card," Au-

See POT, p. 4

Zoe

remembered

Vigil held in
memory of HSU
student

Rebecca Elston
Staff writer

Nearly two hundred mourners gathered to comfort each other on Thursday, each with a tiny flame remembering the life of Zoe.

A candlelight vigil to remember HSU student Hannah Chas-

tain-Shannon, better known as Zoe, took place on the Redwood Quad at 7 p.m. Thursday evening.

Friends and family remembered Chastain-Shannon with chalk drawings, artwork, red roses and stories of her positivity, beauty and fun-loving personality.

California Highway Patrol officials said in a press release that Chastain-Shannon and four passengers were driving south on Highway 101 near the McKinleyville Central Avenue overpass at 12:41 Wednesday morning.

Officials said Chastain-Shannon made an "unsafe turn" and

lost control of her 1994 Honda Civic on the wet pavement. The car traveled across the center median, overturned and slid to a rest on its roof on the northbound shoulder.

Department Coroner Charles Van Buskirk said Chastain-Shannon suffered head injuries, and

was pronounced dead at the scene.

All occupants, including Chastain-Shannon were wearing seatbelts. None of the passengers suffered serious injuries. Buskirk said alcohol was not a factor in the accident.

Rebecca Elston can be reached at rie1@humboldt.edu

Amar Georgeson

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Queer without fear

Come out and get your bounce on

Sayaka Rifu
Calendar/ Online Editor

An adult-sized bounce house will greet students and community members on the UC Quad Monday as a part of a series of National Coming Out Day events hosted by the HSU Queer Student Union.

Starting on Monday, a table will be displayed on the UC Quad with pamphlets and flyers filled with queer-related information, as well as a rainbow-colored door for people to walk through and claim their sexuality.

"We are going to take over the quad," said Justin Larmour, journalism junior and QSU public relations coordinator.

A pre-Coming-Out-Day benefit party at 535, the club formerly known as Club West, will kick off a series of events planned for the week. On Saturday, the club, located at 535 5th St., Eureka, will welcome both queer and queer-friendly people with a red carpet at the door.

"I'm all for supporting [QSU]," said the club's general manager Jennifer Davis.

The party's theme color is going to be red, and anyone who wears red will get a \$1 discount from the \$7 cover charge.

Starting at 4:33 p.m. Monday, a reception will be held in Goodwin

Forum. The unconventional time was set to seek attention. Queer and queer-friendly students and faculty will get together and enjoy music, snacks and refreshments while listening to speeches presented by QSU members. It is open to public and attendees of the reception will include Multicultural Queer Studies Program professors such as Kim Berry, the Women's Studies Program Director.

"It's a good time for students to realize there is faculty support on campus," Multicultural Queer Coordinator Rob Christensen, a social science education junior, said. "The whole queer community is going to come together and not worry about anything."

National Coming Out Day is celebrated every Oct. 11 to commemorate the 1987 march in Washington for gay and lesbian rights. Every year, queer and queer-friendly people participate in rallies, speak-outs, workshops and other events facilitated by businesses, schools and churches throughout the United States.

"I think [Coming Out Day] acts as a buffer for queer people," music senior Paulo Dumlaio, who has been a QSU member for four years, said. "They will see we have a strong unity and be encouraged to come out."

Dumlaio said the event gives

people an opportunity to ask questions and be informed.

QSU itself is trying to "come out" of the Multicultural Center to gain visibility and to support the queer community by celebrating this day. The QSU faculty advisor Jeff O'Connor said the events will help to create diversity awareness at HSU and the surrounding community. "[QSU members] are doing some thoughtful planning," he said.

Sociology junior Audrey Liguard said the coming-out process can be extremely frightening for some people. "Society doesn't do a good job in recognizing [queer people's] lives and their struggle," she said.

Liguard also said that she is concerned about queer teenager suicide rates, which are higher than those of heterosexual teens. According to the Planned Parenthood Web site, gay, lesbian, and bisexual respondents were more likely than their peers to have engaged in a variety of health risk and problem behaviors, including suicide attempts.

Liguard said she wants to help queer people in their coming-out process. "To know I can actually help people [through this event] is really special and important," she said.

Sayaka Rifu can be reached at sr26@humboldt.edu

POT: Campus in conflict

Continued from p. 3

gust court minutes said. "People move to dismiss... there is no hold on the evidence, and it may be returned to the rightful owner."

Despite the court order, Van Nort would never see his medicine again. A hearing that took place a month before announced that the case evidence, Van Nort's marijuana, would be destroyed.

Van Nort said he had neither been informed of, nor attended the hearing.

"The whole situation was really screwy," Van Nort said. "They had been trying to prosecute us without any evidence."

Van Nort had gone to the court in the days following the traffic stop for information about how he could request the return of his medicine, only to find the court had not yet received his case information. Van Nort filed complaints against Officers Packer and Hansen for what he said was misleading direction to the court for information about his medicine.

"Nobody would tell me where the evidence was," he said.

Van Nort also filed a request for the return of his property to the district attorney's office on May 19, to which the district attorney replied, "Our office has declined to file any charges against you in this

215 CARD

THIS CERTIFYING THAT

Andrew Van Nort

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SYNOPSIS

Van Nort, MD, C11000

Date 11/26/04

Valid until 11/26/04

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I, Andrew Van Nort, do hereby certify that the above information is true and correct, and that I have no other medical conditions that may be affected by the use of medical cannabis. I declare that all the information provided to the physician is true and correct. Each California resident.

Signature Andrew Van Nort Date 11/26/04

Above: Andrew Van Nort's 215 card. Van Nort's neurologist recommended medical marijuana for epileptic seizures, chronic pain and loss of appetite a year ago.

See VAN NORT, next page

VAN NORT: case dismissed

Continued from previous page

matter. If you wish to receive any property you should contact the law enforcement agency that has your property."

Van Nort said he attempted to retrieve his medicine from both the UPD and district attorney's office, who each referred him to the other agency.

"I've been told a number of times that no matter what I did I couldn't get it back," Van Nort said. "It's wrong that they can take this evidence and just make it disappear."

Van Nort was on his way to visit his mother in Texas in December 2003 when he was detained for hours in Las Vegas McCarran International Airport for carrying half a gram of marijuana and six grams of hashish. Van Nort was not arrested or charged, though marijuana possession in Nevada is punishable by up to four years in prison and a \$5,000 fine. Charges were dropped out of court.

Van Nort is not the only one. Van Nort alone said he knows 40 to 50 medical marijuana users on campus. Last semester, The Lumberjack reported anthropology major and California Marijuana Party Representative Ryan King sought to change campus marijuana policy regarding possession and use in the residence halls. Both King and Van Nort continue to pursue marijuana law reform.

"I don't want this to happen again," Van Nort said. "I don't want people in my position to have to deal with this. That's why these laws were written in the first place."

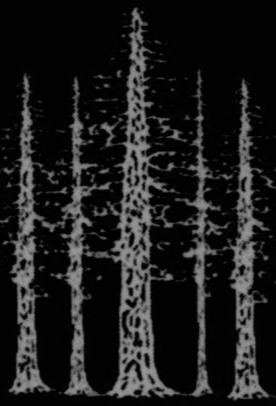
Last year HSU had 94 cases involving possession, cultivation, transportation, distribution and importation of marijuana, UPD said. UPD records did not indicate if any of the cases were 215-related.

Van Nort said his legal troubles will not prevent him from continuing to carry pot on campus.

"I've told Richmond, [former University police chief Robert] Foster, [Vice President of Student Affairs Steven] Butler and Dewey," said Van Nort, "I'm going to carry my medication on campus, and I'm not going to give it to you. If you want to take it from me, you're going to have to illegally search me and illegal seize it, and I am going to fucking sue you."

Cat Sieh can be reached at cms72@humboldt.edu
James Corcoran can be reached at jfc10@humboldt.edu

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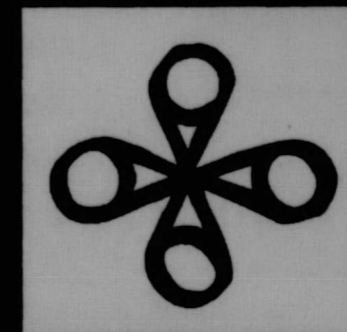
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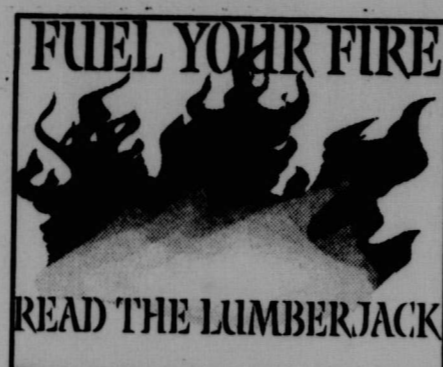
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HSU moon fest draws hundreds

Green and Gold Room hosts Chinese cultural celebration

Sayaka Rifu
Calendar/ Online Editor

More than 200 campus and community members filled the Green and Gold Room last Tuesday when the Asian Pacific American Student Alliance hosted the Chinese Moon Festival.

The Moon Festival, also called the Mid-Autumn Festival, is a Chinese holiday held on the 15th day of the 8th month in the Chinese Lunar Calendar to celebrate the harvest for the year. Traditionally, families unite and celebrate a year of hard labor together.

Students and faculty presented stories based on Asian myths of the moon as participants enjoyed Chinese moon cakes.

The cakes are breaded pastries filled with red bean paste, white lotus paste or mixed nuts. The round shape represents the full moon and the golden brown crust is decorated with symbols of the festival.

Food was laid out before the reception and the moon cakes disappeared in less than half an hour.

"I love that moon cake and the celebration," said Arcata resident Joel Fonner. Fonner said that it was nice to see HSU hosting events like the festival that acknowledge foreign cultures.

Marylyn Paik-Nicely, the chair of the Multicultural Center, said the purpose of the event is to let students know they can have a family celebration at Humboldt State.

"This is a family away from home," Paik-Nicely said.

The Moon Festival was APASA's first event of the year. Sociology junior Sophary Yun, vice president of APASA, said the purpose of the event is "to celebrate Asian culture and bring the community together."

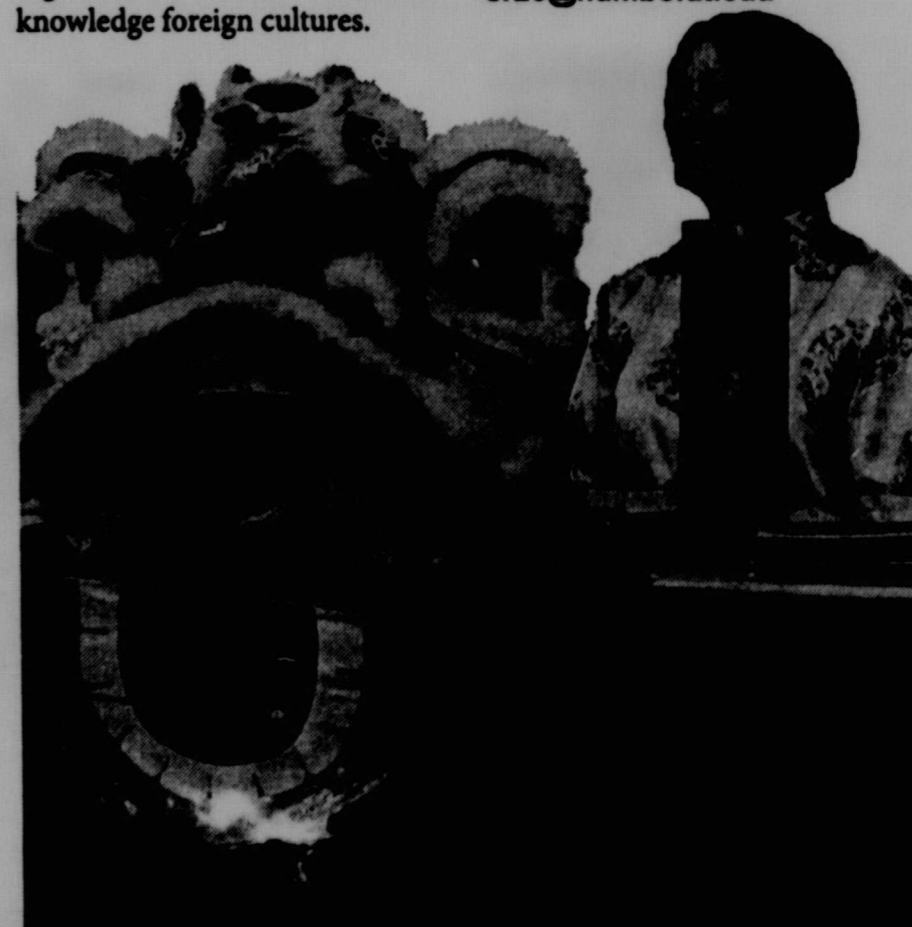
APASA president Pata Vang, a social work junior, said she was surprised and happy to see so many participants.

"It's great that people come to join us and celebrate with us," she said. "It's a learning experience for students and community members."

Paik-Nicely said the event has been going on since she started working at HSU eight years ago. APASA was then called "Asian Student Union," and Paik-Nicely said the event started out very small.

After the reception, participants left to watch the full moon together.

Sayaka Rifu can be reached at sr26@humboldt.edu



Sayaka Rifu

Multicultural Center Chair Marylyn Paik-Nicely, above, listens to one of the stories told at the Chinese Moon Festival. The celebration also offered moon cakes.

UPD



CLIPS

Wednesday, Sept. 29

1:20 p.m. A possible break in at Hutchins Market was reported. The building was found to be secure.

7:13 a.m. A camper was seen in the bushes near the ceramics lab. The camper was gone upon arrival.

9:47 p.m. A UPD unit was vandalized in the UPD parking lot.

Thursday, Sept. 30

1:00 a.m. UPD assisted when a female was assaulted by a male in front of the Valley West Chevron.

6:50 p.m. A suspicious person at the Plaza circle bus stop was yelling obscenities. He was directed to leave campus.

10:46 p.m. A bicycle was reported stolen near the JGC elevator.

Friday, Oct. 1

12:29 a.m. A person was arrested for public intoxication and possession of marijuana on G and 15th Streets. The subject was transported, booked and lodged at Humboldt County Correctional Facility.

1:11 a.m. A woman was arrested for driving under the influence on G and 17th Streets. She was transported, booked and lodged at HCCF.

10:01 a.m. Smoke was smelled but not seen coming from vents in the Theater Arts building. An engineer responded with an officer, but they were unable to locate any smoke.

12:57 p.m. UPD assisted APD with a domestic dispute on Spear Avenue.

9:56 p.m. A person reported that a water balloon was thrown at him while he was riding his bike at the LK Wood Boulevard and Harpst Street intersection. The subjects fled in an older brown sedan and were unable to be located.

10:02 p.m. A strong odor of marijuana was reported in Cypress East. The source was unable to be located.



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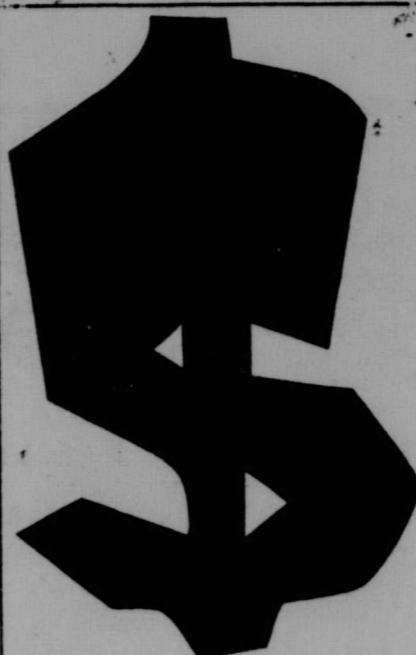
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Kira Rubenthaler
Managing Editor

In an effort to promote the recreational opportunities available on the bay, the second annual Humboldt Bay Paddlefest will take place Saturday and Sunday at Halverson Park in Eureka.

The event will feature boat races, classes, booths, demonstrations, food and drinks and live music.

"I'd like to see Humboldt County become a paddling destination," said Marna Powell, a kayak instructor and race director for Paddlefest. Powell said people of all ages and abilities can enjoy paddle sports, and canoeing or kayaking are great ways to get out in nature.

As well as being important for recreation, Paddlefest has economic significance. HSU President Rollin Richmond said Paddlefest attracts paddling enthusiasts and tourists from out of the area.

"Those are the kind of people I like," Richmond said. "They bring their money here—they leave it here."

Richmond said Humboldt County needs more alternative forms of sustainability, and tourism is an option that causes relatively little harm to the environment.

"The natural resources of Humboldt County are a unique asset that can draw tourist dollars," Angie Schwab, the event coordinator, said. "Paddlefest is an event that will make Humboldt County an eco-tourism destination."

The events begin at 8 a.m. Saturday, lasting until 6 p.m., and then start up again at 8 Sunday morning and run until 4 p.m.

For more information about the event, contact HSU Alumni Relations at 826-3132 or go to www.humboldtbyapaddlefest.com.

Kira Rubenthaler can be reached at krr11@humboldt.edu

Elderly and youth may lose aid

RAVEN Project and Energy Demonstration Center lack land

Rebecca Elston
Staff writer

Two programs that aid homeless youth and the elderly may have to halt services because of the potential of losing the locations they have held for more than 10 years.

The Redwood Community Action Agency's programs on T Street in Eureka, the RAVEN Project and the Energy Demonstration Center, are on land that is owned by state agency Caltrans, which has been urged by the governor to sell the parcels to cut liabilities and extra costs.

For the RCAA, that means the daunting prospect of competing for the purchase of the properties with corporations and business owners in a public auction.

Lloyd Throne, RCAA's executive director, spoke before the Eureka City Council on Sept. 21, urging council members to send letters supporting the sale of the properties directly to the non-profit. The RCAA has already obtained a loan and is prepared to pay Caltrans its asking price for the two homes and lots the RAVEN Project and the Energy Demonstration Center have rented from Caltrans, Throne said.

The city council has been sympathetic in the past and initially planned to purchase the property itself to sell to the RCAA, said Roxanne Fereydouni, the RAVEN Project's program manager. She said the city council had tentatively approved the plan to buy



Rebecca Elston

Roxanne Fereydouni, RAVEN Project program manager, said the outreach group has employed over 50 homeless youth in the past five years.

the properties, but at the Sept. 8 meeting to put forth that plan, community members protested the council's decision, saying it was not the place of the city council to be involved in real estate.

Fereydouni said Eureka businessman Don Davenport objected to the purchase, saying the RCAA's acquisition of the property would not generate high enough property tax rates. Davenport offered to buy the property himself for \$260,000, \$8,000 dollars more than the properties were appraised. Davenport's protests were enough to dissuade the

council from buying the properties, Fereydouni said. Others protested as well, saying the RCAA was receiving special treatment and the capitalistic prospects of the business community were being squashed.

Davenport, who is suing the city for granting a conditional use permit to the Fireside Motel to be used as a transitional living facility for veterans, did not return calls from The Lumberjack.

Throne denied the assertion that the city council's plan to sell the properties to the RCAA was un-capitalistic and cited the posi-

tive impact the RCAA has on the community at the Sept. 21 city council meeting.

"A strong city has to support both the business and the non-profit community," Throne said. "If it doesn't, a strong city cannot exist."

Throne added that the RAVEN Project brings in over \$300,000 from federal and state grants annually, which allows the program to function without relying on the community for financial support.

At the Sept. 21 meeting, Fereydouni, Throne and Val Martinez,

see RAVEN, pg. 9

October raises breast awareness

Nurse says best weapon to fight cancer is early detection

Paris Adkins
Staff writer

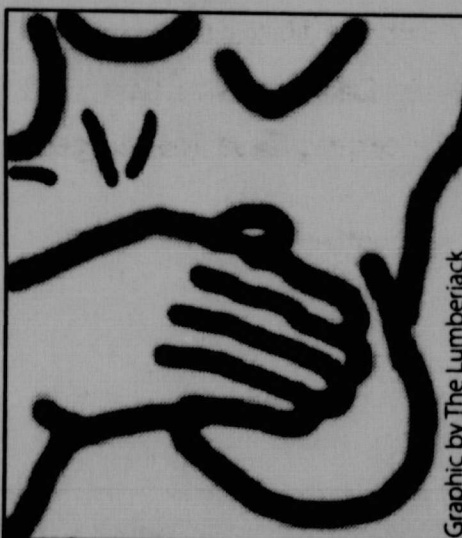
October marks the 20-year recognition of National Breast Cancer Awareness Month—a push from health organizations and cancer programs to encourage women to educate themselves about breast cancer.

"It is very important for women to begin regular self-examination," Louanne Farrell, a retired elementary school teacher, said.

Farrell is a cancer survivor who found out about her condition when she noticed a lump in her breast in 2002. She was 62 at the time.

"If I hadn't found it I don't know how long it would have taken to be detected," Farrell said.

It took two weeks for Farrell's doctor to diagnose her with breast cancer, and it took two



Graphic by The Lumberjack

Clinics and hospitals will give discounted or free mammograms on Oct. 16.

years for her to recover.

Although there aren't tests that prove causal characteristics or environments for breast cancer, some believe that one is more at risk if a mother, sister or close relative had the disease or if the subject has previously had cancer.

Women over the age of 50 or those who have their first baby after 30 are at risk because the cells in the breast can become incapable of controlling cell growth. The growth is what allows the cancerous cells to keep producing. Some men have the disease as well.

"We [Humboldt County] are number one in the state for breast cancer deaths," Mary Scott, Director of Client Services at the Breast Health Project, said.

Like many women in the county, Scott was diagnosed with breast cancer and fought it off.

"I found a sore on my nipple and I knew something was

see CANCER, pg. 12

RAVEN: Fate uncertain

Continued from pg. 8

energy and environmental services director of the Energy Demonstration Center, explained what their programs do for the community and why their current locations are ideal.

Martinez said that if they have to move, services such as providing firewood and fuel to the elderly who cannot provide those things for themselves would surely be cut.

"If we were to relocate, the elderly program would go right off the top," Martinez said. In addition to the elderly services, the center provides energy education, help in reducing energy bills and energy consumption outreach to needy members of the community. Over the years, the organization has put over \$21,000 into improving the building, in the form of a new roof, flooring and a gas-powered water heater, Martinez said.

"If we were not able to keep the building, we'd have to stop temporarily to relocate, then the overhead staff and services would be limited," Martinez said.

Fereydouni explained to the city council what the RAVEN Project does for youth in the community, and why it is unique.

The RAVEN Project hires youth educators, who take to the streets to give clothes, toiletries and condoms to disenfranchised youth. The educators are trained to be peer counselors who can provide referrals to transitional living facilities and job and home references.

"We are unique because we are a youth-run program that hires from the population we serve," she said. In the past five years the RAVEN Project has employed more than 50 youth, many of whom had never been employed before or were homeless when they were hired, Fereydouni said.

Calvin Davis, 21, a youth educator and street outreach worker, has been working with the RAVEN Project for more than a year. Davis decided to dedicate his time to the project after being a client himself.

"I would hate to work anywhere else," Davis said. "This is a beautiful place—when I walk away I feel fulfilled."

"This is a work of art with its own life beat," he said. "All the artwork is part of the house and if it moved, it couldn't be put back."

Rebecca Elston can be reached at rie1@humboldt.edu

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Scholarly candidates contemplate city council

Phoenix: Consummate activist

Ray Aspuria
Staff writer

Fhyre Phoenix hopes to bring the same tenacity to the Arcata City Council that he has exuded throughout his 37-year stint as a consummate community activist.

Earning his bachelor's in human services from New Hampshire College in 1988 and his master's in human service administration from Springfield College in Massachusetts in 1990, Phoenix, 51, said his education and wealth of community service make him qualified to serve as a council member.

"What makes me stand out compared to other candidates is my 37-year history of being a community activist, having a master's degree in administration, having served in three administrative positions, and being recognized for my community work by a statewide general assembly,"



Amar Georgeson

Fhyre Phoenix has a master's degree in human service administration.

Phoenix said.

The recognition he received was a citation of appreciation from the General Assembly of the state of Connecticut in 1991.

Phoenix's work for communities began when he was very young.

"When I was 14, I organized 14 teenage farm workers to push for a 25 percent raise, from \$1 per hour to \$1.25 per hour," Phoenix said. The success of the wage-increase project prompted him to work on dozens of projects and campaigns to improve the lives of people in communities he has lived in.

In 1997, Phoenix organized a campaign to convince the Humboldt County Board of Supervisors to stop Caltrans from spraying herbicides along the roads in the county. They won by a unanimous vote and there has been no spraying in Arcata or any unincorporated areas of the county since, Phoenix said.

In 2001-2002, Phoenix created and managed "Winter Market," a weekly arts and crafts market to assist self-employed craftspeople, artists, musicians and farmers.

If elected to city council, Phoenix said his main duty would be to carry out the Arcata General Plan.

Some of the areas he would like to focus on are the creation of one or more new dance venues, full employment so there is a job for everyone who wants one, a minimum living wage of \$10 per hour and

see PHOENIX, pg 11

Allen: Civil liberty enthusiast

Ashley Brunn
Staff writer

As an attorney, Greg Allen's whole life has been devoted to helping people and now he is ready to take it to the next level by running for public office.

Allen, 51, is one of 10 candidates vying for three seats in the Arcata City Council. Allen received bachelor's degrees from Stanford in communication and humanities, as well as a master's degree in modern European history. He attended law school in Illinois and is now an attorney for the American Civil Liberties Union and the only candidate currently endorsed by the Green Party of Humboldt County.

Allen has made himself known in the area through his citizen-led initiatives. The initiatives he drafted were the Police Review, Patient Protection and Free Music and Entertainment Acts. Allen's hope is that, if passed, these initiatives will help get rid of "needless layers of bureaucratic red tape."

In short, the Police Review Act would establish a committee to oversee the Arcata Police Department. The Patient Protection Act would permit medical marijuana patients to possess up to 99 plants and 3 pounds of marijuana. The Free Music and Entertainment Act would reduce restrictions on music and dancing in Arcata.

The three major concerns Allen has for the city of Arcata are growth, jobs and civil liberties.

Housing shortage is a big problem for



James Egan

Greg Allen has a master's degree in modern European history.

Arcata, and will only get worse, Allen said, as the population at HSU is expected to rise by 4,000 over the next 20 years. For this, Allen suggests "in-filling," which is creating high-density areas where all buildings would be four stories tall, with two of those designated as residential. His plan would be to build in controlled areas, not in redwood areas or the Bottoms.

Allen is also concerned about the area's high real estate costs. He fears that as prices keep rising, Arcata may lose its cultural diversity and "only mainstream people will be able to live here."

Creating jobs is also very important to Allen.

The focus should not be on tourism, Allen said, but rather on getting more employers here from manufacturing and development. "We need to bring higher paying jobs here," he explained. "We are sending our best and

see ALLEN, pg. 11

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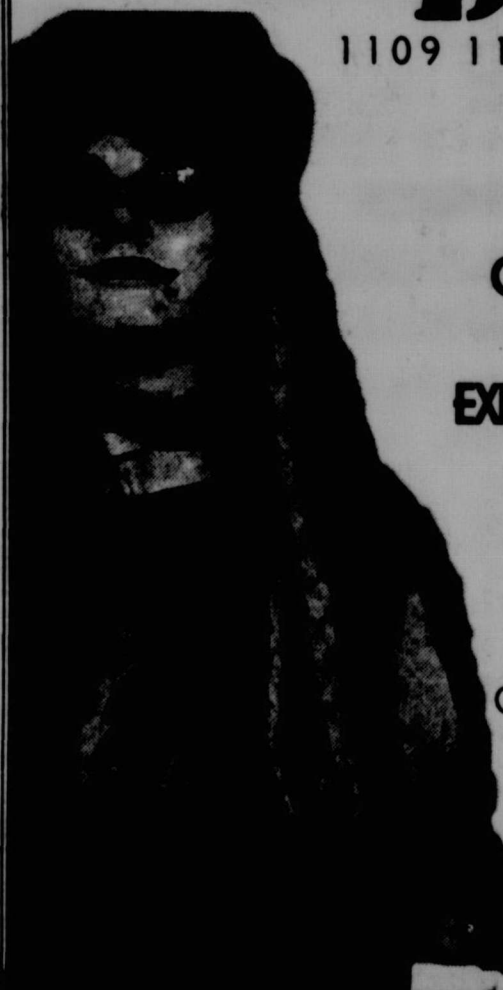
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PHOENIX: Tenacious

Continued from pg. 10

more housing, including more affordable housing for students.

Phoenix wants to focus on more bicycle lanes and increased vehicle and bicycle safety. He also wants to increase safety on the Plaza and for female students.

He also wants to see local food self-sufficiency, the creation of an urban orchard, the conversion of more lawns to gardens and more local productions of food products.

In addition, he wants to connect homeless people with existing services so they have more productive lives.

"I really enjoy creating projects I feel will benefit the community in which I live," Phoenix said.

Ray Aspuria can be reached at acoutic.blues@verizon.net

ALLEN: Pot positive

Continued from pg. 10

brightest away because there are no jobs for them here."

Another solution Allen has considered is to bring in money outside this economy so banks can provide more loans to independent people who want to start their own businesses.

But Allen's main concern is the civil liberties issues facing the citizens of Arcata, the most "flagrant" of which is with the homeless. "The homeless are victims of selective enforcement of laws," Allen said. "Laws passed are disproportionately brutal to the homeless." Allen said there is nothing they can do about it because ordinances passed by the city council are too expensive for homeless people to challenge.

Ashley Brunn can be reached at ashleyramone@hotmail.com



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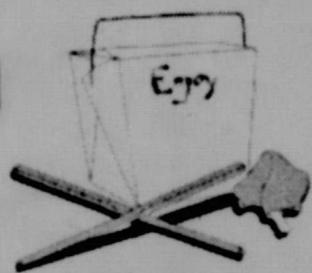
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CANCER:
Education key

Continued from pg. 8

wrong," Scott said. "As a nurse, I didn't know there were different types of breast cancer but I knew my body."

At the nonprofit Breast Health Project, Scott and her staff encourage women to know their bodies "like their neighborhood."

"If a tree fell in a yard," Scott said, "you would know something was different."

Mammograms and clinical tests with a physician equally reflect the percentage of affected women.

"Most lumps found in breasts are by women on themselves," Betty Braver, a nurse at the HSU Health Center, said, "and most lumps are not cancerous."

"It [cancer] crosses all the lines—economic, sociologic and ethnic," Braver said. "The best weapon is early detection."

Cancerous lumps on the breast or under the arm are symptoms of the disease, but early detection does not guarantee successful treatment.

Women with silicon breasts should get regular tests because it

"If I hadn't found it I don't know how long it would have taken to be detected."

Louanne Farrell
breast cancer survivor

is harder to determine a problem. According to breastcancer.org, 85 percent of the women who will develop breast cancer this year do not know they have it. Of those women, 40,000 will die.

In September 1997, President Clinton declared the third Friday in October to be Mammography Day. Clinics and hospitals will give discounted or free mammograms on Oct. 16.

The Breast Health Project is sponsoring a "Circle of Support" in October. Selected businesses like the Plaza Design on Oct. 9 and Woodrose Café on the Oct. 10, will donate 10 percent or more of their profits to the project.

The HSU Women's Center will be handing out pamphlets and information on the disease and domestic violence Fridays on the quad.

Paris Adkins can be reached at
pba2@humboldt.edu

LUMBERJACK EDITORIAL

Eight years after 56 percent of California voters approved a bill to legalize medical marijuana, state and federal governments are still squabbling over regulation of the herb. The state says it's legal for patients to grow and smoke pot. The feds say to hell with what the state and the people want—federal law states marijuana is illegal and, after all, there's a perpetual drug war going on.

What this means: if your granny has glaucoma and wants to smoke grass to ease her pain, federal goons could bust down her door at a moment's notice and haul her off to the slammer.

Our highly democratic government has had eight years to get this straight. Its conclusion seems to be that we the people have ceased to know what is in our own best interest. State power has been repeatedly superceded as the federal government steps in and tells us what's best.

University students are in an especially nasty pickle. If a student using medical marijuana is caught carrying pot on campus, even with a 215 card, his or her medicine will be confiscated. The student will be charged with a misdemeanor (at minimum), taken to court, and be left to deal with months of court dates, explanations and appeals.

The U. S. Supreme Court is due to hear an appeal by the Bush administration of a Ninth Circuit Court of Appeals decision that permitted smoking marijuana under a doctor's orders.

Both President Rollin Richmond and acting Police Chief Tom Dewey have said that the university does not allow medical pot because federal law still prohibits its use and HSU receives some federal funding.

Richmond has said he would consider allowing medical marijuana on campus if federal law were to change. Dewey has said a student could have pot on campus with a prescription, not just a recommendation. Richmond has even said he believes marijuana should be legalized and taxed, like alcohol.

Such a policy is just confusing. Regarding marijuana policy, HSU is like a federal microcosm in the midst of a somewhat-medical-pot-tolerating state law.

Some consistency would be nice.

The medical marijuana laws need to be worked out. The California law already has glitches, and the California State University's diversion from state law does nothing to alleviate the confusion.

Some leaders are willing to try to work out the marijuana laws—so what's stopping them?

California voters approved Proposition 215 by a solid majority, but the will of the people has been tossed around ever since.

It's ridiculous that lawmakers can't figure out how to respect voters' wishes.

**Send letters to the editor
to thejack@humboldt.edu
before 5 p.m. Friday**

The Lumberjack Statement of Policy

•Questions regarding the editorial content of The Lumberjack should be directed to the editor at (707) 826-5922.

•The Lumberjack editorials are written based on the majority opinion of the newspaper's editorial board.

•Guest columns, cartoons and opinion articles reflect the opinion of the writers, not necessarily those of The Lumberjack or its staff.

•The Lumberjack welcomes submissions for guest columns or guest cartoons.

•Letters should be no more than 350

words and guest columns no more than 750 words.

•Letters can be mailed, delivered or e-mailed (preferred) to The Lumberjack, Nelson Hall East 6, Arcata, CA 95521 E-mail: thejack@humboldt.edu.

•Letters must be received by 5 p.m. Friday for next issue consideration. Letters and guest columns must include the writer's name, city of residence and phone number. Include major and year in school if a student.

•Letters from the same author will only be published every 30 days.

LETTERS TO THE EDITOR

Iraq war is just propaganda

Dear Editor:

On Monday night September 27 I attended a presentation by 1st Lieutenant Cameron Renner of the U.S. Marines in the Green and Gold room describing his experiences in Iraq.

I expected to hear blatant propaganda in favor of the war and got exactly what I expected.

He repeated the standard Bush administration arguments in favor of the war:

1. Iraq was an immanent threat to the entire Middle East and to the United States
2. We had credible evidence that Iraq had large quantities of weapons of mass destruction, close ties to Al Qaeda and 911.
3. We didn't find weapons of mass destruction was because of intelligence failures.
4. We invaded Iraq to free the Iraqi people and establish democracy
5. Half the Insurgents are non-Iraqis
6. The Iraqis overwhelmingly favor the U.S. over the insurgents
7. The war is going very well
8. Iran is on the verge of developing nuclear weapons and can only be stopped with force.

The fact that none of these statements is true was pointed out by members of the audience, but was shrugged off by Mr. Renner. He seemed to insert "911" into every other sentence.

I remember the Viet Nam war well and have intense feelings of Deja Vu about this one.

In time, all the lies about that war were exposed and the U.S. suffered a humiliating defeat.

58,000 Americans and 4 million Southeast Asians died in that war.

No matter how many troops the U.S. pours into Iraq this war will come out no better.

The purpose of this war is gaining control of oil to establish U.S. global dominance, nothing else.

The U.S. must announce a date of no later than 12/31/05 for all U.S. troops to leave Iraq and then stick to it.

George Bush will continue this war to the bitter end. John Kerry may or may not do better.

Michael Winkler
Arcata

New HSU mascot: Liberal Nickerbockers

Dear Editor:

A note to President Richmond. Nice speech at the graduation last year you loser, "Save the trees and recycle?"

What ever happened to good luck in the future and don't let the door hit you in the ass on the way out?

But hey, thanks for offending my family with your political subliminal messages.

I forgot to mention, loved the helmet you geek, was that a graduation or were you going hit up the playground after the ceremony.

Do you still use training wheels too? I have a plan.

I am going to become a president of a university and when one of your siblings graduates, I will sport a football jersey and stencil the name HE HATE ME on the back.

You always preach about bringing diversity to this University.

Why is it that this is one of the few universities in the U.S. without a Young Republicans Club?

Or maybe we do have one but we never hear about its accomplishments in your monthly e-mails.

Smiles make woman's day

Dear Editor:

Open letter to the two women coming from the J.

I was coming out of the elevator on the way down to the J with my husband.

I was in tears. It had been the week from hell, but you didn't know that.

You both just smiled at me and told me you hoped I felt better soon. You can't know how much that touched me.

Thank you. I wish for you all the good karma you both deserve.

Karen Burgess
Arcata

Why don't we just change our mascot to the Liberal Knickerbockers, or the Left Wing Michael Moore Supporters?

Why is it that all of the Lumberjack and Times Standard news paper articles always have a liberal perspective?

Doesn't anyone in Arcata appreciate their freedom?

Oh wait, I forgot, this is HSU, and almost everyone here hates our country because they can't think for themselves.

Go live in a third world country for a day and then we will see how much you complain.

And Students: Take a shower before you go to class, and stop using patchouli oil.

I am a firm believer that if what YOU do does not affect me, it is ok, but when you come to class smelling like B.O. and I can't concentrate on what the professor is saying because of your retched stench, that is rude and extremely offensive.

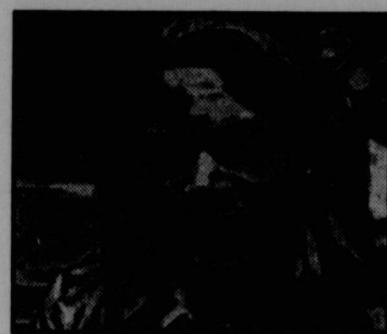
Lastly, STOP FEEDING THE "TRAVELERS." If you want to feel good about yourself for doing a good deed, help a child learn.

Theodore Henry Cabaniss
Business Administration
Graduate Student

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Premature ejaculation can be solved by talking

Melinda Myers
Guest Column



I am a 23-year-old student here at Humboldt State, and I have a request for some advice. I don't know if you've addressed this or not, but it's probably a common problem.

I should tell you that I have had this problem since my first serious girlfriend in high school, all the way until now. It's a problem with chronic premature ejaculation. If I don't do something about this soon, the relationship with my girlfriend may come to an end.

I care about her very much and if the reason for us splitting up after this long is because of this problem of mine I just don't know what I'd do. She tries to hurry up, but this doesn't work at all. If I've been drinking, I can sometimes last a little longer, but it isn't worth it. Cialis has worked OK, too.

So is this psychological or physical? What can I do?

As I'm sure you can imagine, I receive a number of letters each week. Nearly all of them are related to just a couple of issues, and this is one of them.

Most of the time coming too quickly in a 23-year-old man is a learned response related to anxiety. If I were you, though, I'd read that and say, "So what? How does that help me?" It can help you to understand where the problem is coming from, because it can lead you more quickly to a permanent solution.

Anxiety is a frequent culprit in sexual dysfunctions of

all kinds. It can result from internalizing unreasonable expectations about sexuality, feeling conflicted about being sexual, not having comfortable, private surroundings or any number of other things.

The biggest issue is frequently the problem itself. Once you're experiencing premature ejaculation, every time you make love you worry that it will happen again, which increases your anxiety, and makes it more likely that it will. It's a vicious circle. The general guidelines for treating this or any sexual dysfunction are pretty standard. First, identify any areas where you are feeling bad about sexuality.

Identify and work through the ideas you might have about being sexual that aren't working for you. A good therapist that is comfortable with sexual issues is a great place to work on this stuff.

Next, make time for sexual connection. It sounds kind of simple, but many people, especially students, are trying to fit sex into a complicated roommate, school and life situation. Make lovemaking a priority. Set aside time, plan for privacy, and you will likely reduce your difficulty.

In the case of premature ejaculation, in particular, it helps to relieve some of the performance pressure surrounding being sexual.

This can be worked on through good communication, and specific self-help techniques. Talking with your partner about how you feel, and listening to how she feels is paramount. I suggest you have lots of talks, at times other than when you are being sexual. Go for walks on the beach, for example. You need privacy, and it needs to be in

a situation that isn't sexually charged.

As you become more comfortable talking about sexual matters, you can begin to communicate better during sex.

Practice talking to her and letting her know where you are sexually. Spend lots of time pleasuring her, and ask her to let you know when she's ready to move further. Try to get out of your head, and just experience the intimacy.

It generally doesn't work very well to try to fight the sensations. You can try stopping, and letting them subside (which will happen very quickly).

Make sure she knows what you're doing, though, because she may be at a point where stopping doesn't feel good to her.

This might be easier the first few times if you try it while she is pleasuring

you with her hand or her mouth. Then, once you are more familiar with how you respond, you can try the same thing during intercourse.

Think about what you do afterwards, too. If you go to some self-absorbed place feeling bad about yourself and what just happened, that is something you can change.

There are many ways to make love with your partner. If your penis doesn't cooperate, I'm sure you can find lots of other ways to have a satisfying experience.

Melinda Myers has taught Human Sexuality and other courses for the Psychology and Women's Studies Departments since 1994. She owns Good Relations Lovers' Boutique, a sex-positive store in Old-Town Eureka. She is a single mom, with two sons to whom she lectures frequently about sex and relationships. Myers can be reached at mm3@humboldt.edu

Police still boggled by race and racism

Issac M. Carter
Guest Column

In the Sept. 22 issue of Humboldt State University's Lumberjack, there was an article entitled "Students on trial for alleged police assault."

The Lumberjack reported that Randy Mendoza, Chief of Police for Arcata does not believe the incident was racially motivated. He said "My officers are not biased against people."

Mendoza was also quoted as saying, "They are out there doing their job. And it's a hard job at that. It could be that there were already racial issues going on [at HSU]. I don't understand how people on campus were making this a race issue. It boggles my mind."

Chief Mendoza's statements are problematic and disconcerting, and illustrate not only the pervasiveness of personal power and privilege, but the unctuous and ubiquitous nature of institutional oppression as well.

In short, his comments can be viewed as racist and supportive of the racism that may be occurring within his department.

When the chief of police does

not, will not or cannot understand the concept of race and racism and its various manifestations on the cognitive, behavioral and emotional characteristics of a person's or officer's personality, we should all be alarmed, frightened and take notice.

Chief Mendoza's statements make it explicit that race and racism are not taken seriously by the Arcata Police Department.

More specifically, the community of color on campus and within Humboldt County should regard these statements as a direct threat to our safety and security.

The carelessness and recklessness of Chief Mendoza's statements cannot be understated.

There is no shortage of information, documentation and data concerning police misconduct, discrimination and prejudice in this country, California or Humboldt County.

Amnesty International USA, the American Civil Liberties Union, the U.S. Commission on Civil Rights and the Human Rights Watch have all provided countless amounts of information

regarding racial harassment, excessive force and a lack of police accountability all directly pointing to the racist administering of justice in our country.

In 1994, one in three Black men, ages 20 to 29, were in prison, jail, on probation or on parole.

In 1995, 47 percent of state and federal inmates were Black, the largest group behind bars.

Chief Mendoza's statements made it explicit that race and racism are not taken seriously by the Arcata Police Department.

Black men were seven times more likely than white men to be in prison.

Native Americans are 10 times more likely than whites to be imprisoned.

Latinos are the fastest growing group behind bars.

In 1970, there were 5,600 women in federal and state prisons.

By 1996, there were 75,000. 60 percent of that population are Black and Latina.

In 1993, the overall incarceration

rate for juveniles was 221 per 100,000; for Latino youth it was 481 per 100,000; and for Black youth it was 810 per 100,000.

Juvenile arrests fell by 4 percent in 1995, but only after a 64 percent rise in the previous seven years.

This information comes from www.wildforhumanrights.org/dl/criminalized.pdf

With overwhelming evidence to the contrary, for Chief Mendoza to even insinuate that it would be impossible for any one of his officers to behave in a biased manner toward any member of the community is insulting.

His unwillingness to acknowledge the inherent bias in all of us, including his officers, indicates that he is voluntarily blinding himself to issues that are of critical importance in our community.

Choosing to ignore the fact that even within Humboldt County there is potential for racist actions only increases the risk of further racist actions to take place in his/our community.

To find any comfort in Chief Mendoza's statements regarding

the non-biased, good nature of his officers would mean ignoring the racist inception of this country, the continued prevalence of racial injustice and the proliferation of the hegemonic forces sustaining the current social order.

If Chief Mendoza indeed made these statements, we as a community should be outraged and plan to take action.

Participation in community forums, community policing initiatives, cop watches and letter writing campaigns are all measures that can be taken on independently by the community of color and its allies to address the criminalization, media misrepresentation and safety of people of color.

Chief Mendoza and any others who may share his views cannot continue to be allowed to use conjecturous propaganda to mask their ignorance and their "however well intended" harmful and damaging words and actions.

Issac M. Carter, A.B.M.

Carter works as an administrator in the Division of Student Affairs and as a lecturer within the ethnic studies department at Humboldt State University.

Activists banging heads against the wrong tree



Luc Cebulski
Scene Editor

Hippies have the right idea a lot of the time. For example, world peace would be awesome. Being groovy to one another is a great idea. Cops are a drag and, yeah, trees are cool.

I can dig most of their philosophy. The ideas are pretty easy to get behind. But sometimes hippies get kinda carried away and need some advice on how to get their auras to jive with all the squares, suits and normals that run the world. Especially when the cops are involved.

Here's the thing. Cops are a pain in the ass. They ticket folks for stupid stuff like skateboarding or smoking pot. They rough you up when you're drunk in public just because they can. When they toss you into the back of the cruiser they're sure to warn you to watch your head right after they

bounce it off the side of the door.

Cops are nothing but trouble and as a general rule, it's best to avoid them at all costs. Apparently that's a rule hippies have a hard time wrapping their chi around.

Case in point: Lundberg et al. vs. County of Humboldt et al. (the highly publicized pepper spray case). In protest to Pacific Lumber's logging in the Headwaters forest, the plaintiffs (hippies) in this case walked into a congressman's office, slipped on metal sleeves to make it hard for the cops to pull them apart and then refused to leave.

As a result of that act of civil disobedience, the cops showed up and pepper sprayed the crap out of them. For some reason the protesters were surprised by the actions of the cops.

Being surprised by police violence toward protesters is like being surprised that someone was mauled after covering himself in honey and penis-slapping a bear.

Yeah, getting pepper sprayed sucks but what did these protesters expect? Did they think the cops were going to establish a non-violent, non-confrontational, eco-groovy dialogue in order to resolve the matter in a way that would be least damaging to all

humans involved? Shit no!

The cops are gonna smear something painful in their eyes and call it a day. Attention is what the protesters wanted and attention is what they got.

For the sake of argument, let's give the protesters the benefit of the doubt. Let's assume that the pepper spray didn't surprise them. Let's assume that they expected and even wanted some violent response from the cops in order to stir up media coverage for their anti-logging cause.

In the public eye the protesters have ceased to be defenders of the forest and have become plaintiffs in a case trying to prove that cops are mean.

They're still missing their own point. The whole point of the demonstration was to put a spotlight on the poor logging practices of Pacific Lumber, right? Well, that was achieved as soon as the incident took place.

The pepper spray story went national immediately and the anti-logging message rode piggyback. Boom! Objective achieved!

The voters were informed of the forest issues and the cops

looked like assholes. By dragging out this pepper spray thing, the protesters are diverting attention away from their anti-logging goals. In the public eye the protesters have ceased to be defenders of the forest and have become plaintiffs in a case trying to prove that cops are mean.

Meanwhile, Pacific Lumber is logging its little heart out in the forests and the general public is paying no attention. All that aside, the whole basis of the protesters' lawsuit is pretty weak.

They're claiming that the cops violated their Fourth Amendment rights. Fourth Amendment? What?

The Fourth Amendment secures specifically, "The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized."

It doesn't say dick about not pepper spraying people who are trespassing on private property and making a general nuisance of themselves, no matter how just their cause.

Add in the fact that the protesters are seeking compensatory and punitive damages for civil rights violations and they look just as greedy and money grubbing as the evil logging companies that they abhor.

If they're really concerned about the forest why aren't they asking for compensation in land rights? Back in elementary school, the first thing that the teacher asked after breaking up a fight was "Who started it?"

Society works a lot like an elementary school and if you pick a fight, whether it's waving signs in a cop's face or plopping yourself down in somebody's office without invitation, you're going to be the bad guy.

Wait for your opposition to make an obvious attack before fighting or you'll be blamed.

And if you're going to make a martyr of someone, make sure they've suffered more traumatic events than getting high powered salsa in their eyes.

If the forest defenders want a martyr they should look to David "Gypsy" Chain, who was killed when loggers felled a tree toward protesters. He's dead and it's hard to argue with that.

Luc Cebulski can be reached at locebulski@hotmail.com

Get out of the car and use your legs, drunkards



Tara Apperson
Copy Chief

We live in a culture in which alcohol is the dominant form of entertainment for a lot of people. We might as well still be in high school with all the drunken belligerence I've seen lately (including a little of my own). It isn't funny anymore.

I'm sick of seeing people get wasted at bars and parties and do things like eat all of my food without asking, take beer out of my fridge without asking, pass out on my bed, puke in my bathtub, and then leave in the morning without so much as cleaning up their beer cans.

I had imagined that by this time my peers and I would have evolved to a state of not needing to get "shit-faced" every time we go out.

More than any of the aforementioned annoyances, the biggest problems stem from the dangerous activities that can take place when one is "uninhibited."

According to the U.S. Fatality Analysis Reporting System (FARS), of 42,643 vehicle-related deaths in 2003, 17,013 were alcohol related.

It's doubtful that any of the people driving those cars started the ignition and thought to himself or herself, "I'm going to kill someone tonight." No matter what you think, it can happen to anyone.

I just have to ask why. Why are we killing ourselves and others as an indirect result of trying to have fun?

The National Institute for Alcoholism and Alcohol Abuse states that about one in 13 adults are alcoholics. If this is true, about 594 students here at HSU (assuming the majority of us are over 18) are alcoholics. Scary thought.

A study that was done here at HSU by the Student Health Center in 2002, with a sample size of 1,000 students, showed that 37 percent of students drove after drinking in the 30 days before the survey was taken. When applied to the whole student population, it means that in one month about 2,700 students were out on the road after drinking.

Drunken driving, however serious, is not the only thing to be concerned about. The study also showed that 32 percent of surveyed students regretted actions done while drinking last year, and one of the most alarming statistics showed that 2 percent of students experienced forced sex after drinking in the past year. That equals about 146 students. I mean, hello... wake up.

Tom Dewey, acting police chief at the University Police Department, said alcohol is a problem at HSU. "My opinion is crime is worse because of alcohol in both frequency and intensity," Dewey said. "Our job would be a lot easier without alcohol on campus."

Dewey mentioned that the consequences for drunken driving and public intoxication are high (consequences can include a fine of up to \$3,000, suspension of license and outrageous insurance rates). He would like to see a campus free of alcohol and drugs in the future and said he

Why are we killing ourselves and others as an indirect result of trying to have fun?

thinks it is important to have a designated sober person in any situation where alcohol is being consumed, even if no one is driving.

Rebecca Stauffer, M.D., the director of Student Health and Counseling and Psychological Services, said she believes students need more than just education. She thinks there needs to be a student voice in opposition to drinking, and enforcement for minors and those who sell to them.

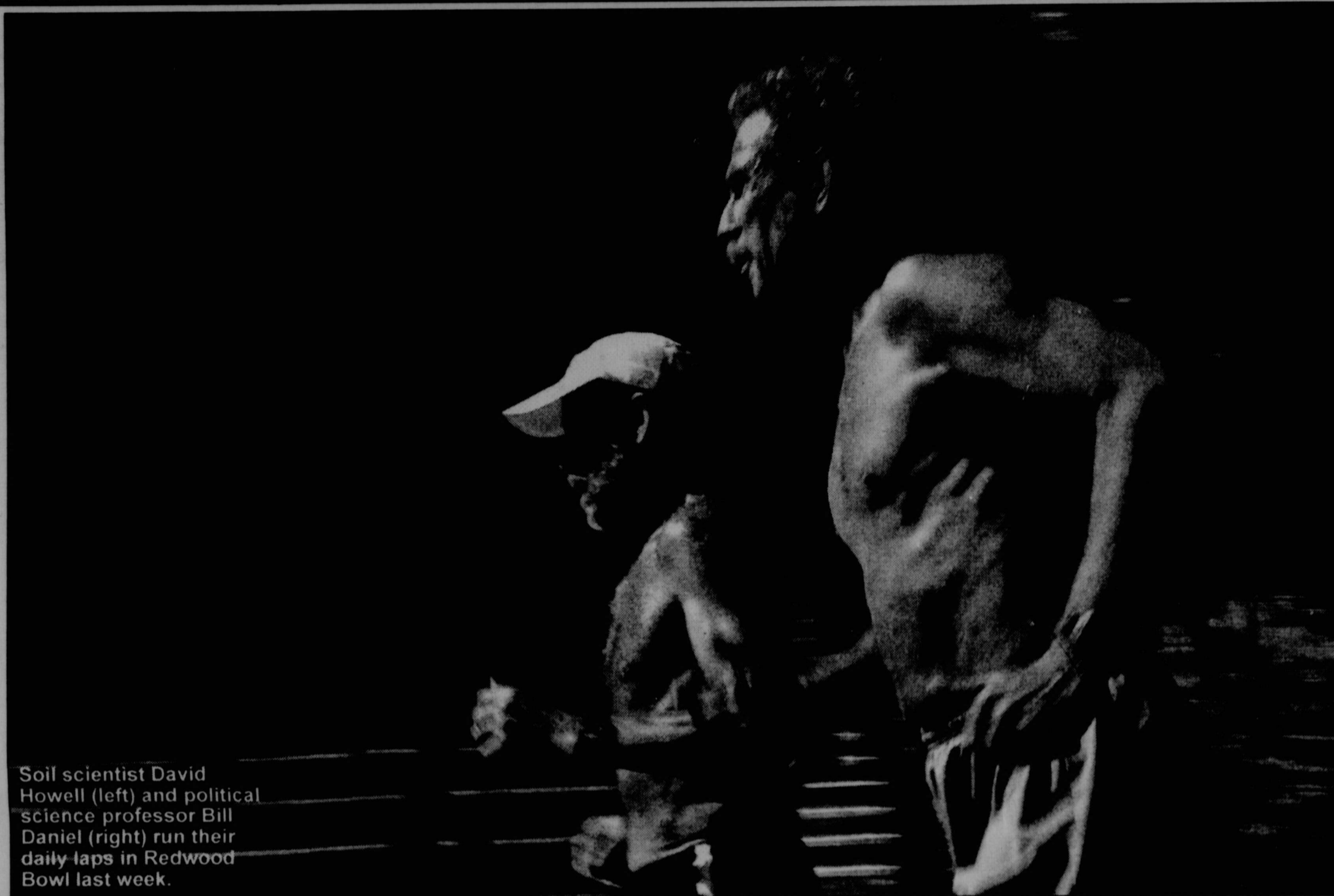
There are solutions. Number one (though it may be more like a fantasy) is that there could be a government-funded free shuttle all night long so people at least don't drive drunk. I know some of you are probably asking if this would counteract and actually promote more drinking, and why would the government ever sponsor this.

But it's surprising that George W. Bush hasn't thought of it himself, seeing as how he could have used something like it when he was driving under the influence.

The other solution I have to offer, and trust me, this can be quite enlightening, is to go to a party or a bar sober and observe the people around you. Watch as they start to get a little tipsy and a little louder and listen as they start to slur.

You very well may have an epiphany not to ever drink again, because you will (hopefully) see what idiots we look like. No wonder there aren't many friendly bartenders in this town.

Tara Apperson can be reached at tmapp2@hotmail.com



Soil scientist David Howell (left) and political science professor Bill Daniel (right) run their daily laps in Redwood Bowl last week.

Amar Georgeson

Faculty run to the moon and back

Five Humboldt State professors find camaraderie in jogging laps

Tiffany Newton
Staff writer

More than 400,000 miles, just shy of the distance to the moon and back, is the current collective odometer for five Humboldt State professors.

These jogging addicts have been hitting the track 3 to 5 days a week for the past 22 to 54 years.

Journalism Professor Mac McClary, languages teacher Valerie Budig-Markin, political science professor Bill Daniel, math faculty member Yoon Kim, and retired oceanography professor George Crandell are the fab five who hit the track almost every day at noon.

The oldest member of the group is Crandell, who has been

wearing out tennis shoes since 1950.

With over 75 marathons under his belt, the retired 72-year-old puts 45 to 50 miles on the track each week and runs the Avenue of the Giants Marathon each year. In his younger years he said that he would do up to 100 miles a week and some of the more interesting races he entered were a grueling 100 miles.

Crandell said that with running a person starts out easy but

"We have a lot of fun [running] and we 'BS' a lot."

George Crandell
retired oceanography professor

for 37 years at HSU and running for 27.

He ran over 21 marathons between 1979 and 1989 including the Boston Marathon and others

in Honolulu, Northern California, and Helsinki, Finland.

He was only an hour and a half behind the female world record holder at the Boston Marathon.

He said the sound of him running behind her is what scared her to the record.

McClary said he got into teaching when he was invited to speak at journalism classes in Los Angeles.

He ended up in Humboldt because it was the first place to offer him a tenured teaching position, and he and his wife wanted to move to a smaller town.

Budig-Markin has been run-

ning since 1976.

She started in Eugene, Ore., as a graduate student and teaching assistant.

She has run three marathons including a personal best of 3 hours, 12 minutes at the Avenue of the Giants in 1985.

Budig-Markinteaches in both the French and women's studies programs on campus.

"The best part of running is the long-term friendships built around the training and the mutual support of running friends," she said.

She credits Crandell and McClary with giving her the push to run the long distances month after month.

Kim, an HSU math professor,

has been running since he was a graduate student back in 1982.

He runs over 60 miles a week and has entered more than 17 marathons since 1997 including the Avenue of the Giants Marathon in May, Humboldt Redwoods Marathon in fall, and the Napa Valley Marathon.

"We have a lot of fun [running] and we 'BS' a lot," said Crandell when asked what he likes about running with the other professors.

All of the professors commented on the great camaraderie to be had with fellow runners.

So if you feel like you could use a little exercise and some great conversation you should hit the Redwood Bowl track at noon on weekdays. They would love to see you.

Tiffany Newton can be reached at sunny_rose16@hotmail.com

Lumberjacks struggle on the road with big football loss

Central Washington capitalized on several early Humboldt State mistakes, jumping out quickly and cruising to a 45-0 Great Northwest Athletic Conference football victory over the Lumberjacks on Saturday.

Humboldt State continued its pattern of home turf success and road failure, evening its overall record at 3-3 and falling to 1-1 in the GNAC.

"We're a whole different team when we go on the road," HSU Head Coach Doug Adkins said. "I'm not sure how to overcome it. I'm grateful that we have a bye week to figure it out before we travel again."

The Wildcats first found their way in the end zone less than five minutes into the game on a three yard run by Emilio Iniguez that was set up by a HSU fumble on

the 'Jacks' 21-yard line. The 'Jacks gave the ball up four of the five fumbles they committed.

Humboldt State senior quarterback Jason Baughman finished the game 19-for-31 for 240 yards, six of his completions to senior wide receiver Dustin Creager. Senior Christian Hodges led the HSU defense, recording 12 tackles and an interception in the loss.

In the league's round-robin format, the Lumberjacks will get another chance to face Central Washington when they host the Wildcats in Redwood Bowl on Oct. 23.

"There's still a long way to go and we're still in (the conference race)," Adkins said. "We'll be motivated when they come down to our place."

Courtesy of Sports Information

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Men's soccer uproots Menlo Oaks

Sayaka Rifu
Online/Calendar Editor

The Lumberjacks got no splinters in their hides from the Oaks on Monday, when they chopped down their opponent with three goals.

The Humboldt State men's soccer team had a 3-0 shutout against Menlo College, improving its record to 6-8 on the season, while the Oaks fell to 3-9.

The 'Jacks dominated the whole game, creating numerous chances throughout, resulting in 17 attempted shots in total.

HSU's first goal in the eleventh minute was called back because the referee noticed a hand ball. Despite the disappointment, the 'Jacks' sophomore forward Ryan Parker was able to screw the ball into the Oaks' goal 20 minutes later.

The latter half of the game saw more action, especially on the side of the 'Jacks.

"[The 'Jacks] deserved to win the game," Menlo College head coach Len Renery said. "They

looked more dangerous than we did, and they kept coming and coming, and didn't stop."

Renery substituted keeper Beck Jarin to have keeper Ramiro

Rios in as a fielder. Renery said he decided to move Rios up front because he provides energy

on the field, which was what the Oaks were lacking.

However, the rotation of play-

ers didn't affect the enthusiasm of the 'Jacks.

Half an hour into the second half, junior midfielder Tomoya Fujita earned a second goal with a grounder shot from the top of the center box, assisted by senior midfielder Luke Scott.

Just four minutes before the end whistle, the 'Jacks' freshman forward Trel Mangarin collided with the Oaks' goal keeper Jarin

who then received a yellow card, giving HSU a penalty kick.

Cumbo called the sophomore keeper Nick Raisch to kick the ball. Raisch successfully nailed the ball into the Menlo goal.

"Nick [Raisch] has some of the best foot distribution on the team," HSU head coach Andy Cumbo said. "And he deserved [the penalty kick]."

Cumbo said the team has a lot of injured players on and off the field. The 'Jacks started the game without two leading sophomore players, midfielder Keith Lovell and defender Dane Valadao.

"We need to go on a winning streak right now," he said.

Cumbo said mature and experienced players, such as senior defender Dustin Kaatz and junior defender Julian Fulwiler, led the team to victory.

The 'Jacks will hit the road this week to play Cal State Maritime before returning home on Nov. 7 to play Monterey at 11 a.m. in the last game of the season.

Sayaka Rifu can be reached at sr26@humboldt.edu

Andy Cumbo
HSU men's soccer coach

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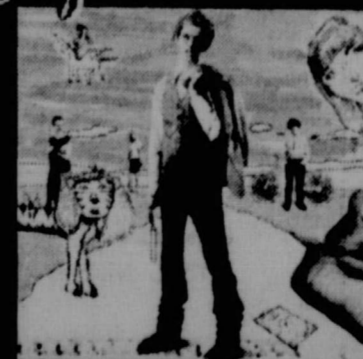
G

Gene Wilder

Jack Albertson

Napoleon Dynamite

He's out to prove .
he's got nothing
to prove.



ON THE CALENDAR...

Thursday, Oct. 7
Women's Soccer vs.
Northwest Nazarene
Nampa, Idaho, 4 p.m.

Volleyball vs.
Western Washington
East Gym, 7 p.m.

Saturday, Oct. 9
Men's & Women's
Cross Country at Western
Washington Invitational
Bellingham, Wash.
Men's 8K & Women's 5K,
10 a.m.

Women's Soccer vs.
Western Oregon
Monmouth, Ore., noon

Volleyball vs.
Seattle Pacific
East Gym, 7 p.m.

Have an event to add?
E-mail the sports section
at kad32@humboldt.
edu. Submissions must be
received by 5 p.m. Saturday
for publication in the next
issue.

HSU's Peach, Campbell debut strong at Bowles

HSU sophomore Jasper Peach made his 2004 cross country debut an impressive one, finishing eighth overall to place Humboldt State in the Charles Bowles Invitational hosted by Willamette University in Washington on Saturday.

Peach, who missed HSU's opening meet two weeks ago because of another commitment, led the Lumberjacks to 10th place overall and second among the NCAA Division II teams competing in the field of 28 schools. HSU's score of 332 points edged out the 348 posted by the second-ranked team in the West Region, UC San Diego.

HSU Head Coach Sandy Moran said. "Our top three men all made huge improvements over their times they had run in other years at this race."

With a time of 24:36, Peach knocked more than a minute off of his performance from last year on the same 8K course, while HSU's number-two runner, junior Brian Kostock, finished 51 seconds better than the effort he posted two years ago. Senior Matt DeShazo, the 'Jacks' number-three man, made a 45-second improvement.

In the women's race, HSU senior Nicole Campbell was also the 'Jacks' top finisher in her season debut, placing 76th overall in 19:18 on the 5K course. Coming off of a knee injury, Campbell joined the team's workouts this past week and was comfortable in running the Bowles meet as a controlled workout.

"I had her go out conservatively and treat it as a tempo run," Moran said. "She's still just a little off where she was last year. It was a tough workout and she ran well."

In the team standings, Humboldt State's women placed 21st overall in the field of 31 schools. The 'Jacks' effort was boosted by the finish of senior Sadie Solem, 127th in 20:03, and freshman Heather Moulton, 128th with a time of 20:05.

Another runner representing the 'Jacks for the first time this fall was senior Megan McDrew, placing 158th place. HSU's final scoring athlete was senior Betsy Peterson, who placed 174th in the field of 271.

Humboldt State heads back on the road next weekend, traveling to Bellingham, Wash., to compete in the Western Washington University Invitational where the 'Jacks will face many of their conference rivals on Saturday.

Courtesy of Sports Information



Happy Birthday!
to Ahnie
from the staff of The Lumberjack

HUMBOLDT STATE UNIVERSITY FOUNDATION & COLLEGE IMPROVEMENT FOUNDATION COMBINED STATEMENT OF FINANCIAL POSITION June 30, 2004

	Humboldt State University Foundation	College Improvement Foundation	Totals
ASSETS			
CURRENT ASSETS			
Cash & Cash Equivalents			
On Hand & in Commercial Accounts	\$ 137,188	\$ 12,933	\$ 150,121
Savings Accounts	4,286,602	88,393	4,374,995
Total Cash & Cash Equivalents	4,423,790	101,326	4,525,116
Time Certificates of Deposits, etc.	318,226	-	318,226
Total Cash	4,742,016	101,326	4,843,342
Receivables			
Sponsored Programs	1,209,995	-	1,209,995
Other Receivables	69,610	1,200	70,810
Total Receivables	1,279,605	1,200	1,280,805
Indirect Costs Receivable from Other Funds	111,634	-	111,634
Refundable Deposits	316,601	-	316,601
Prepaid Expenses & Deferred Charges	64,893	-	64,893
TOTAL CURRENT ASSETS	6,514,749	102,526	6,617,275
LONG-TERM INVESTMENTS			
Investments in Financial Institutions			
Marketable Securities			
Restricted	5,817,520	350	5,817,870
Unrestricted	300	1,215	1,515
Mutual Fund Investments			
Unrestricted	3,898,763	-	3,898,763
Unrealized Gain/Loss on Investments	(554,692)	-	(554,692)
Total Investments in Financial Institutions	9,161,891	1,565	9,163,456
Investments in Real Estate			
Restricted	715,000	-	715,000
Unrestricted	1,527,830	-	1,527,830
Total Investments in Real Estate	2,242,830	-	2,242,830
TOTAL LONG-TERM INVESTMENTS	11,404,721	1,565	11,406,286
FIXED ASSETS			
Equipment, Furniture & Fixtures	1,192,867	-	1,192,867
Less: Accumulated Depreciation	(287,047)	-	(287,047)
TOTAL FIXED ASSETS	905,820	-	905,820
CASH HELD FOR INVESTMENTS			
Cash & Cash Equivalents - Permanently Restricted	3,774,462	215,993	3,990,455
TOTAL ASSETS	\$ 22,599,752	\$ 320,084	\$ 22,919,836
LIABILITIES & NET ASSETS			
LIABILITIES			
Current Liabilities			
Accrued Liabilities	\$ 301,604	\$ 86	\$ 301,690
Payable to Other Funds	-	-	-
Due to Other Funds	111,439	195	111,634
Indirect Costs Payable	413,043	281	413,324
Total Current Liabilities	413,043	281	413,324
TOTAL LIABILITIES	413,043	281	413,324
NET ASSETS			
Unrestricted Net Assets	12,389,687	103,460	12,493,147
Restricted Net Assets	9,797,022	216,343	10,013,365
TOTAL NET ASSETS	22,186,709	319,803	22,506,512
TOTAL LIABILITIES & NET ASSETS	\$ 22,599,752	\$ 320,084	\$ 22,919,836

SCENE

20

Which professor do you think needs to smoke some pot?



Name: Danny Wong

Year: Senior

Major: Wildlife

"Dave Kitcher because he needs to calm down"



Name: Chiara Landsman

Year: Freshman

Major: French

"Yun Kim because if he smoked he would be funny. It'd be awesome."



Name: Gregory Harris

Year: Sophomore

Major: Undeclared

"Yo Nagai because he's under 30 and hasn't experienced enough American culture."



Name: Hannah Haas

Year: Junior

Major: Sociology

"Manual Callahan because he's just too intense."

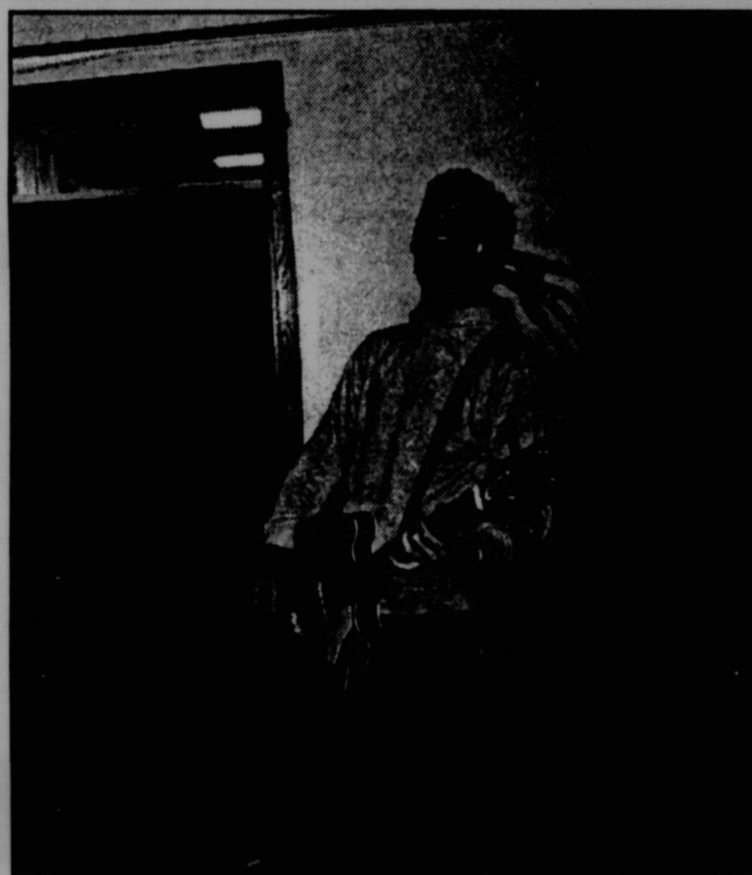


Name: Gordon Eitzen

Year: Senior

Major: Art

"Nadia Raza because she talks too fast."



photos by Cat Sieh

Winston Smith perform their unique style of political punk rock at the AS Presents free Depot show last Thursday night. (top) Tim Miller on lead guitar and vocals. (bottom left) Ryan Emenaker on bass. (bottom right) Willoughby Arevalo on drums.

AS Presents free shows in The Depot

Winston Smith and Ape Launcher rock second installment

Ashley Brunn
Staff writer

There's nothing better than a high-energy punk rock show on what would otherwise be an uneventful night, unless the show is free, all ages and beer is served! (only to the people of age, of course). Such a show took place last Thursday at the Depot.

The show, the second in a series of five from Associated Students Presents, featured local bands Ape Launcher and Winston Smith, who brought loud, fast excitement to a town with little else to do at night.

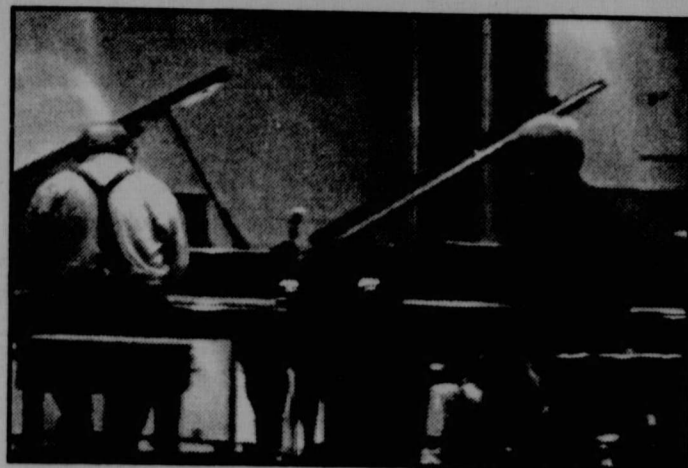
"[The AS Presents free Depot series] is absolutely amazing," said Ryan Emenaker, graduate student and bassist for Winston Smith. "There is such a lack of stuff for people to do around town where all ages can go."

The atmosphere was dark and cozy and there were colored

lights pouring over the bands. The crowd of about 75 people was eager for the music to begin, standing as close to the band as possible even though the sound quality was less than professional. It was very loud. The bass could be felt vibrating heavily inside your chest and the drums were clapping so loudly they could be heard swimming in your head for hours afterward.

Ape Launcher was very well received. It seemed as though everyone in the audience knew at least one person in the band and it was obvious everyone was having a good time. A mosh pit even broke out suddenly, knocking one girl over and spilling at least a few cups of beer. It felt like a real punk rock show, and all of the musicians were clearly gifted. The bassist's style sounded much like Les Claypool of Primus, the bass-driven alt-metal band of mid '90s fame. Ape Launcher even covered a

see **FREE SHOWS**, pg. 22



photos by Luc Cebulski

(clockwise from top) Guest artist and teacher John Perry demonstrates, explains and conducts during a one-on-one lesson with HSU music major Ryan MacEvoy-McCullough Sunday in Fulkerson Recital Hall.

Master pianist plays to full house at Fulkerson Hall

John Perry lends his expertise to HSU's music department.

Luc Cebulski
Scene Editor

Internationally renowned pianist John Perry executed a flawless performance of Beethoven's final three sonatas to a full house Saturday night as part of the HSU music department's Faculty Guest Artist Series. The turnout at Fulkerson Recital Hall was so great that extra chairs had to be arranged on stage to accommodate the overflow of spectators.

Perry's interpretations of Opus 109, 110 and 111 displayed the powerful emotion of each piece while maintaining the detail and precision required of classical compositions.

One minute he would attack the keyboard, producing thunderous crescendos to long building melodies. The next minute he barely touched the keys, affecting a quiet, somber mood that flowed seamlessly, despite it's being in stark contrast to the excitement that had immediately preceded it.

In addition to being an astounding performer, Perry is a professor at the Thornton School of Music at the University of Southern California, a faculty member at the Colburn School for the Performing Arts in Los Angeles and a guest teacher at the Royal

"He's incredible. He takes all the emotion [of a piece of music] and just focuses it."

Ryan MacEvoy-McCullough
music major

Conservatory of Music in Toronto. He made his teaching services available to several HSU music majors during a master piano workshop held Sunday morning in Fulkerson Recital Hall. Ryan MacEvoy-McCullough, an HSU music major and recognized pianist himself, took the opportunity to learn from Perry.

"He's incredible," said MacEvoy-McCullough. "He takes all the emotion [of a piece of music] and just focuses it."

Perry said that he was very impressed by the performance of the music students here at HSU and was very happy with the amount of interest shown in his concert and the class the following morning.

After seeing and hearing Perry perform, it's hard to believe that he might make a mistake, but when asked if he ever goofs up or has to improvise he said, "We're all human. We're not machines."

"Anything can happen," he added with a laugh. "Someone might open a candy wrapper at a sensitive moment."

Luc Cebulski can be reached at
locebulski@hotmail.com



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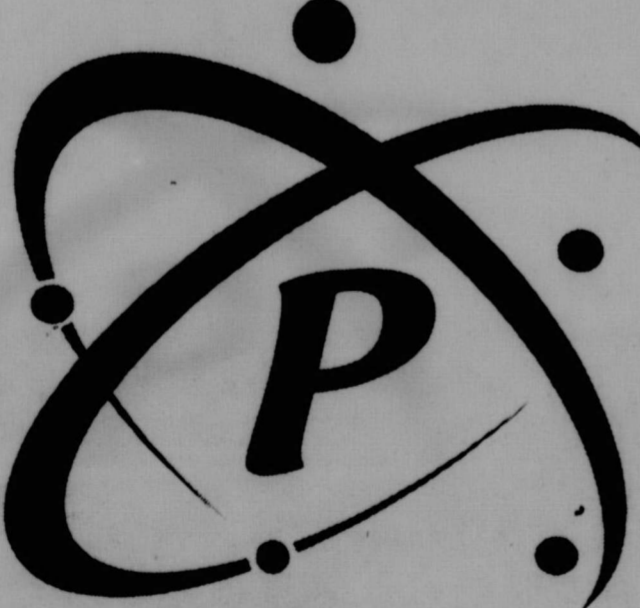
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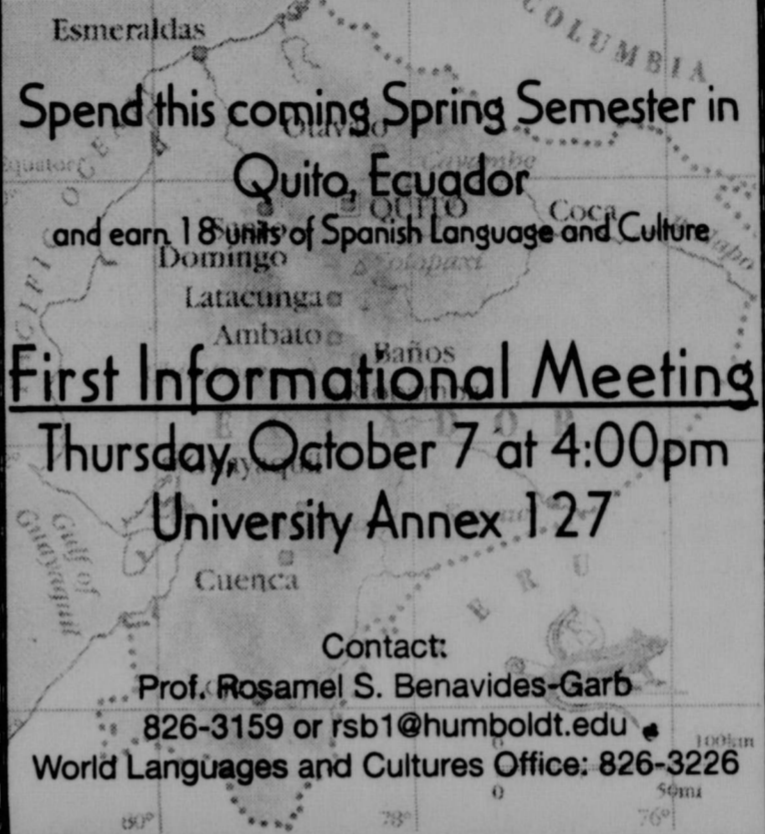
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FREE SHOWS

continued from pg. 20

Primus song, which was the most popular tune of the whole night.

"They don't usually play that kind of music," said soil science senior Will Roberts. "It was a nice surprise."

In the short down time between Ape Launcher and Winston Smith, the crowd thinned out significantly. But Winston Smith came on with full force, pulling the pack right into their political punk rock music.

Emenaker described Winston Smith as "bantam-weight metal, not hard enough to be heavy metal." But they were heavy enough to get the crowd moshing again.

Overall, the bands were impressive. The musicians were all having a great time, which helped loosen up the audience and really get everyone into the music.

Unfortunately, there will not be as many of these shows this semester as there were during last semester. Last spring brought the birth of AS Presents' free shows, which were held every other Thursday. Now, with less space available, AS Presents was only able to set up five free shows for the whole semester. The first show was the Swedish jazz trio E.S.T. and on Oct. 22, Papa Mali and the Instagators from Texas will be playing. AS Presents advisor Michael Moore Jr. describes Papa Mali's music as "a bluesy, funky, southern thang."

The bands for the last two shows have yet to be determined, but Jesse Jonathon, who does booking for AS Presents, said that he hopes to get different kinds of music to represent the different folks of HSU.

"Naturally, we are trying to promote as much of a variety as we can, since this campus is very diverse in its tastes," Jonathon said.

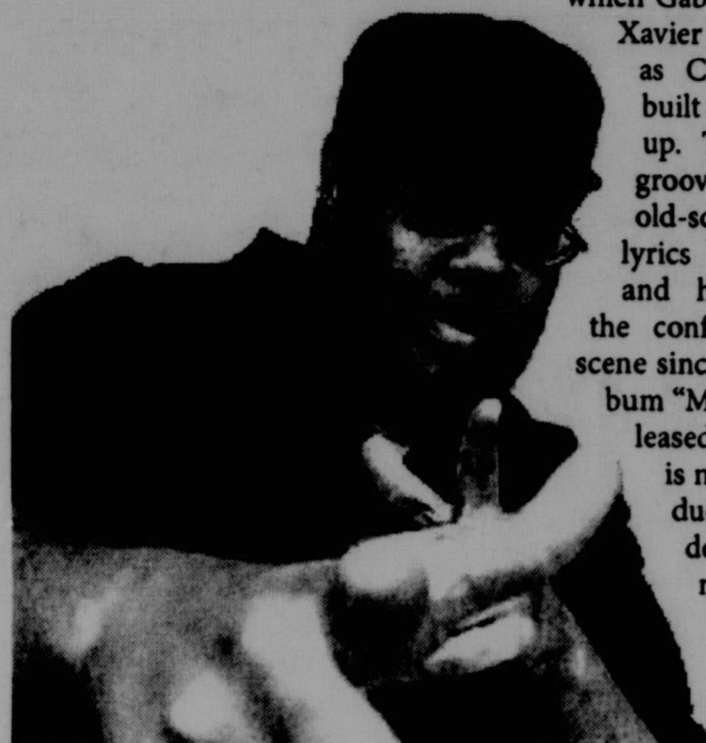
AS Presents is an Associated Students-funded program created three years ago to "strengthen the student's role in programming entertainment on this campus," said AS Presents advisor Michael Moore Jr.

Moore hopes that this series will help students to unwind at the end of the week with a fun, free event on campus.

So far, the free shows have had a good turnout, with high-energy crowds that seem to be enjoying the music immensely.

"There's certainly something about free music that attracts people," Jonathon said.

Ashley Brunn can be reached at
ashleyramone@hotmail.com



The Gift of Gab

Hip-hop pioneer shares gift with HSU.

Shyama Kuver
Staff writer

Los Angeles native and San Francisco resident Tim Parker, aka The Gift of Gab, has a style all his own. Some call it a gift.

He is a member of the Bay Area hip-hop group, Blackalicious and can seamlessly weave complicated rhymes into a flood of beats, whether he's freestylin' or in the studio. With a commanding presence, Parker will bamboozle and astound audiences with nothing but his words. That's why Parker has "The Gift of Gab" and will be using it to get HSU hop-pin' Thursday Oct. 14 when he performs in the Kate Buchanan Room at 9 p.m.

His gift has led him to be widely known as one of today's leading underground hip-hop artist. Amid continuous touring with Blackalicious throughout 2002 and 2003, Gab worked on "Fourth Dimensional Rocketships Going Up," his solo debut album. This album is all hip-hop and it's definitely all Gab.

It can be considered The Gift of Gab's temporary departure from Blackalicious, the group

which Gab and his partner Xavier Mosely, known as Chief Xcel, have built from the ground up. The group's funk grooves and futuristic old-school beats and lyrics are soul filled and have challenged the conformist hip-hop scene since their debut album "Melodica," was released in 1994. There is no doubt that the duo will continue to defy mainstream music throughout the upcoming years.

When Blackalicious came to HSU in fall 2002, Gab made his presence known. Rocking the crowd, Blackalicious was ruth-

less and it was obvious they were the reigning kings of the underground scene.

"I love the guy. I admire his life's work. The style in which his work is done and the delivery," said Nick Mathis, appropriate technology junior. "He went through a lot of trials and tribulations and transferred them into celebration."

Gab deserves the props that he has received. He makes even the most egotistical, hipper-than-hop sort retreat into a frenzy of dance and rhythm.

Blackalicious' "Blazing Arrow" album was their first major label debut. As it reached a wider audience than ever before and kept them busy on the road, The Gift of Gab was furiously working on "Fourth Dimensional Rocketships Going Up."

This album boasts diverse and inspiring, intricately constructed beats. It was produced by Seattle's underground leading men, Jake One and Vitamin D, giving the album an even more unusual spin. Fans of Blackalicious should not expect that signature sound from The Gift of Gab's solo concert. In fact, it is a musical departure

from anything Gab has ever done as part of Blackalicious. Instead of rocking with unfettered, clatter-filled funk-soul, songs flow smoothly along with the warm thickness of pounding bass and soft, melodic artisanship.

Gab's delivery of poetry at his concerts is full and complex. During the Blackalicious concert at HSU in 2002, they brought their force, and the spectators felt it in full effect. This upcoming week Gab will surely bring his own original flavor of hip-hop music that enlightens the soul and brings the transference of en-

ergy to the audience.

Hip-hop guru KRS-One once said, "Rap is something you do. Hip-hop is something you live. People talk about 'representing' hip-hop, but if you represent something, then you're not the real thing. You have to say, 'I am hip-hop,' and live it everyday."

"Fourth Dimensional Rocketships Going Up" is proof that The Gift of Gab is no mere representation of hip-hop, he is hip-hop. He spits the gift like an experienced veteran.

This upcoming concert can only be anticipated as a gift from

the gifted. In a market where hip-hop has been lessened into a commodity to be mass produced and sold Parker brings light in times of darkness. He has opened this box of light through years of soulful introspection. Buy your ticket to the show because this is one rocket ship that you must take a ride on.

Tickets are still available and prices are as follows: \$17.50 General advance, \$20 General door. \$15 HSU advance, \$17.50 HSU door.

Shyama Kuver can be reached at ark11@humboldt.edu

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DON'T TELL MOM!



Photos by Karen Wilkinson

Longboarders prepare to paddle out to compete in the waves of South Beach for the ninth annual Noll Longboard Classic this past weekend.

Karen Wilkinson—Features Editor

The restless Pacific leveled the playing field for surf addicts and corporate executives alike this past weekend. Competitors came together united by one shared love—the ocean.

The ninth annual Noll Longboard Classic, held at South Beach in Crescent City, attracted waveriders and viewers of all sizes, ages, personalities and states of mind. The 260 competitors ranged in age from 6 to 65.

The Classic, founded by Beverly and Rhyann Noll, owners of Noll Surf and Skate in Crescent City, was created in 1996 with the intent of extending the tourist season, developing a positive, family-oriented event, and giving ordinary, non-professional surfers a venue to compete.

The late Rell Sunn, a Hawaii native, top-ranked woman on the longboard and international surfing champion, was honored by being this year's theme. She surfed for the last 14 years of her life with breast cancer. "She's totally one of our heroines," Randy Bancroft, a 53-year-old surfer and employee of Noll Surf and Skate, said.

"I love it—I can't think of a better way to live," Bancroft, who has enjoyed the waves since he was 15 years old, said. He said surfing, along with practicing yoga and his vegetarian diet keeps him healthy. "[Surfing] keeps pushing your level."

"If you fall in love with surfing your life starts to revolve around it—it can ruin [it]," Bancroft said. "I'd say watch out because surfing can be addictive."

An estimated 2,000 people attended the weekend's event, with attendees originating from San Diego to Washington state, organizers said.

This year's turnout was solid and expanded from last year's, Bancroft said. There was a 10 to 15 percent increase in assemblage, which he attributes to the warm and sunny weather Saturday.

Sunday was another story, however, with thick gray fog overshadowing the sky and forcing the judges to step

down from their booth and up to the shore to better see the contestants.

"The judging is hard [normally] and extra hard when there's fog," Bancroft said.

Robert Rube, a 40-year-old Target Corp. department executive and surfshop business owner "in the real world" from Corvallis Valley, Ore., said surfing is a sport everyone should try once.

"We're different people on land, but once you get in the water you're there to enjoy the waves [and] the ocean," Rube, who took first place Saturday in the Midlife Cruisers division, said.

He had to get up to compete again at 7:30 a.m. Sunday. "[It's a] challenge to get up when it's dark and climb into a wet wetsuit again," Rube said.

Clearly having a connection to the ocean, Rube started surfing at 11 when he lived in Miami, Fla. "I was self-taught," Rube said. "I've always been around the ocean ever since I was a grommet."

After moving to Oahu, Hawaii, Rube bought a \$10 surfboard and "just kept bugging my parents to take me [to the beach]."

He routinely played hooky with his friends only to hop on the city bus, surfboard in hand, to paddle out on Hawaii's infamous waves.

The greatest thing about going to the beach and riding is "you just hang out," Rube said. "You always meet new people."

Most challenging is the ocean, Rube said. "You have no control over good luck getting back in the water. It takes a lot to get that fear factor out."

Rube said Hollywood hasn't come out with a true depiction of a real surfer and the movies that depict surfing perpetuate old, cliché stereotypes. The worst is "that we're a bunch of drugged-out Jeff Spicoli," Rube said. The character stems from the film, "Fast Times at Ridgemont High," in which Spicoli plays a surfer-stoner. "[That character] did more damage than anything else," Rube said.

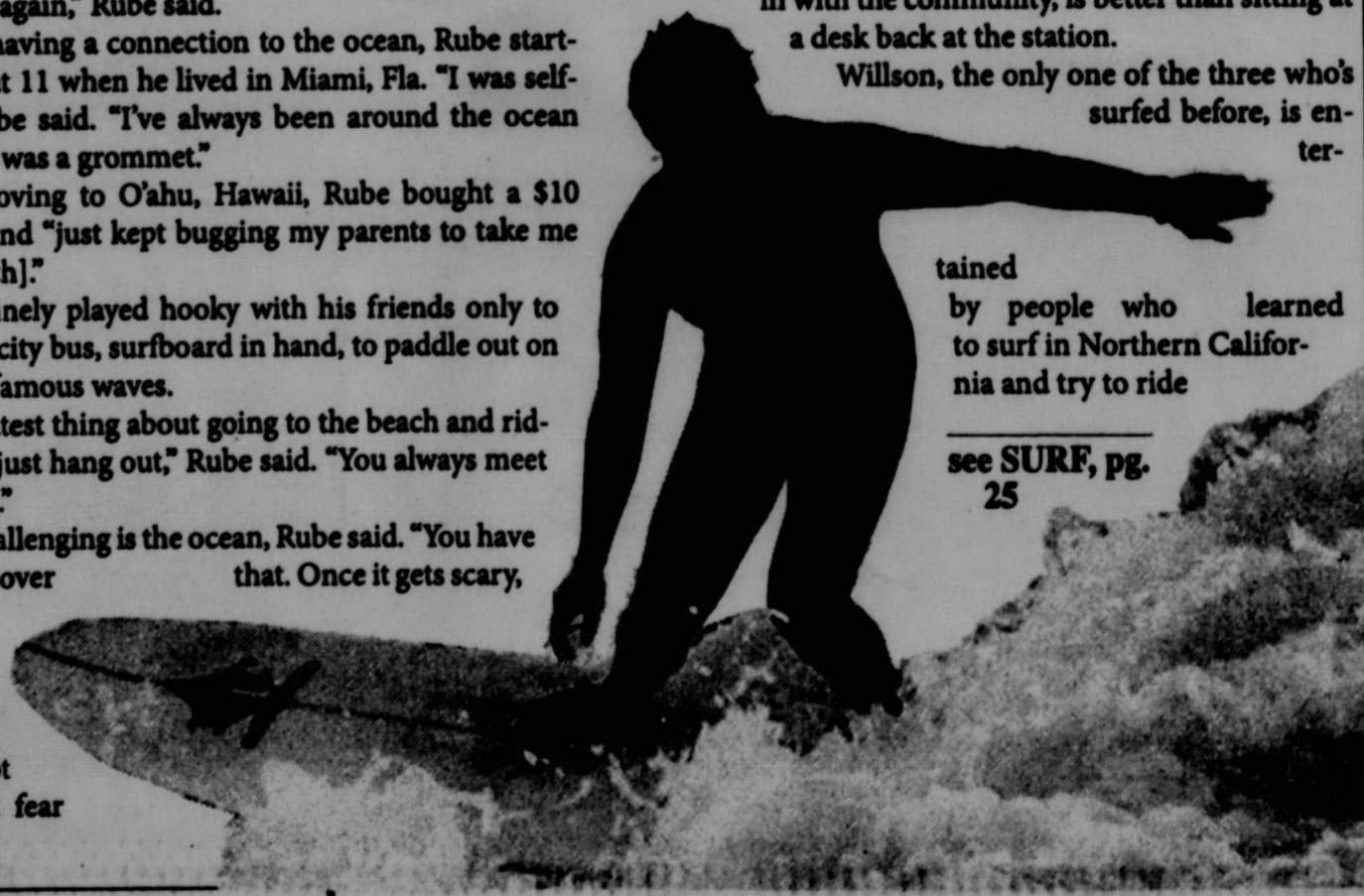
An employee with the California Department of Forestry and Fire, Daniel Willson, was out at South Beach Saturday along with two co-workers to "do a little PR work."

They stood back from the beach, closer to the road than the tide, talked among themselves and observed the abundance of people. With the fire engine parked about 50 feet away, they said being at the beach, even just to pop in with the community, is better than sitting at a desk back at the station.

Willson, the only one of the three who's surfed before, is entering

tained by people who learned to surf in Northern California and try to ride

see SURF, pg. 25



SURF: paddle power

Continued from pg. 24

bigger waves elsewhere, such as down south, only to get overwhelmed and taken under.

"I guess that's part of surfing," Willson said, "almost drowning."

Evading question after question and answering with another, it took until the end of the interview to get a name out of Craig Speen, a 55-year-old surfer who would only allude to being from "within this freezing-ass cold area." He spent the better half of the weekend sipping off a keg of Sierra Nevada out of the back of a Subaru.

Speen's favorite thing about surfing is "the actual thought." He surfed Saturday but didn't make it to the finals held on Sunday.

"There's a fine art in dance," Speen said, "and in longboarding, that's what it's all about."

When asked what his worst experience in the ocean was, he answered, "Ever do an [online] search

and you can't find what you're looking for? I'm still searching."

Continuing to refill his plastic beer cup and getting up to go across the street to urinate in the bushes, this high-energy character was extremely interesting, jamming melodies on his acoustic guitar and singing about surfing.

When did he start surfing? "When there was driftwood from here [the parking area] to the sand," Speen said. "No one was at the beach when I learned to surf."

This baseball cap wearing, gray-haired man with a purple towel around his shoulders, dark sunglasses and flip flops continued to strum, sing, drink and smoke before almost not making his way back from relieving himself.

"Sometimes you gotta fight your way back from being passed out in the bushes," Speen said after taking longer than usual this time to return.

Karen Wilkinson can be reached at klw23@humboldt.edu



Tandem surfers share a longboard Saturday at South Beach in Crescent City. Karen Wilkinson

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Apperson reflects upon her dietary change this week. "I think that my biggest problem is that I just got thrown into this and made an impulsive decision."

Karen Wilkinson



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I have come to the conclusion that I may be insane. This past week (for once) has been a little slower than usual for me. I've had a little time to reflect on things going on in my life. One of which, of course, is being vegan.

When I really sat down and thought about it, it hit me. In a month and a half I have intentionally turned my lifestyle upside-down. I have to ask myself "who does this?" When I really dissect what has been happening, it all just seems ludicrous. I mean there I was, a meat eater in August, and a vegan by September. Talk about one giant leap. I have honestly just been walking blindly and picking up tidbits of information as I go.

It's frustrating because I know there is all this information at my fingertips, but for some reason I just don't have the time, or maybe the motivation to really seek it out. I think that my biggest problem is that I just got thrown into this and made an impulsive decision. I like that I'm learning about animal cruelty, and I don't think I'll go back to eating meat, or drinking milk, but I just don't feel 100 percent into it.

For instance, a friend of mine had this amazing dark honey from the 70s made from bees in some California hills that only pollinated a certain type of wild flower. I wanted to try it so badly (I didn't), and I really didn't have any qualms about it because I guess I honestly don't feel that bad for bees.

I actually don't feel that bad for other things like shellfish or animals that are raised on truly "happy" farms. I just feel like there is this fine line between vegan and non-vegan, and I'm not sure I know how to walk it.

I want to feel bad for animals, but I feel like I'm making myself feel bad. I know I should, but there is just something that is so ingrained in me that eating meat is OK. I have to reverse the brainwashing, and I'm not sure it's possible.

Part of the problem is that I expected to feel physically healthier, but I feel pretty much the same so far, which somehow makes me question if I really am making any sort of difference. I guess it's like religion—it's hard to have faith in something you can't actually see or feel. And I'm non-affiliated.

For the record, I'm not giving up. At least not yet. I just feel like I've been putting on a front of sorts because my life has been a whirlwind of deadlines, assignments, little sleep, and a bit of social life. And I've just been going with the flow.

Not to mention I have the added pressure of having to write about my experiences every week. I thought I would just let any readers out there know that it's nowhere near as easy as I have made it out to be, especially since I've never had the ideals of animal rights activists, and I'm so new with all of this.

Tara Apperson can be reached at tmapp2@hotmail.com

Mocha Mint Liqueur

Ingredients:

- 8 oz. coffee, coarsely ground
- 2 cups unbleached cane sugar
- 3/4 cup cocoa
- 2/3 cup fresh peppermint leaves, packed
- 2 T. vanilla
- 1 Quart vodka

How-to:

1. In a non-stick skillet, toast the coffee until it is fragrant.
2. Sift together the cocoa and sugar to remove any lumps.
3. In a glass quart jar with a tight-fitting lid, combine the coffee, sugar mixture, peppermint, and vanilla.
4. Pour the vodka over the mixture, and seal for 1 week.
5. Shake the container occasionally to help dissolve the sugar-cocoa mixture.
6. Strain the liqueur through a coffee filter.
7. Transfer the liqueur to a quart bottle, or several smaller bottles, and seal.
8. Label and date the bottle or bottles.
9. Store in a cool, dark place for 2 weeks to age.
10. Use to flavor coffee, specialty drinks, or desserts.
11. Store in the refrigerator after opening.

Yield: 1 Quart

Wireless gaming at HSU

James Corcoran
Staff writer

Humboldt gamers may be looking forward to the release of the Nintendo DS (double screen) this holiday season, but by spring semester they may find its wireless capabilities limited on HSU.

The DS is a new portable gaming device from Nintendo that will be released in the United States on Nov. 21 for \$149.99.

An integral part of the DS is the built-in wireless networking component with a headset jack, which allows the DS to connect to a LAN via wireless connection. This is the part of the DS that may not work on HSU.

While the DS will be able to run the old Game Boy cartridges, the DS also uses new cartridges that are roughly the size of the media cards that are used with Palm Pilots and digital cameras. The system will use a rechargeable battery that is estimated to last roughly 10 hours. The lower screen will also act as a touch screen much like a Palm Pilot.

"The headset will allow gamers to use the DS as a phone handset enabling free phone calls."

Boris Markovich
TNI securities analyst

Terra Nova Institutional Securities (an institutional brokerage firm) analyst Boris Markovich, in his weekly memo, said, "The headset will allow gamers to use the DS as a phone handset enabling free phone calls over wireless network hotspots."

He thinks this will be the DS's most compelling attribute.

If the campus wireless Internet would support the DS students could call anyone else for free, provided they too own a DS.

HSU Telecommunications and Network Services Manager Richard Garcia said the DS could be capable of working on the WiFi (wireless functionality) hotspots, but he isn't sure if the device will work on the network.

"[Telecommunications and Network Services] is responsible for integrity of the network, security, and to ensure bandwidth is available for education," Garcia said.

Several ports of the campus network have had the bandwidth limited greatly as a response to file sharing and to ensure the security of the campus network.

Math education freshman Daniel Rarex hopes to get a DS and said he would be disappointed if it failed to work on campus.

Rarex a redwood hall resident was also upset at the frequent disconnections from the Internet on campus and is now paying \$26 a month for DSL in his room so he can play his games.

WILDLIFE & FISHERIES HSU's other reputation Team wins national Quiz Bowl again



Front row (left-right): Dominic Bachman, Braden Hogan, Meadow Kouffeld. Back: Rob Fowler, Jeremy Todoroff.
Patrick Brown
Science Editor

Dominic Bachman spends a lot of his life in the quiet of the outdoors studying wildlife, so it was a fun change for him competing in front of a crowd of over 1,000 as he turned into dominator Bachman at the national Wildlife Society conference.

Bachman said the crowd was shocked at how quickly he answered the questions, but he wasn't a fan favorite at Quiz Bowl 2004.

"At the end, not even our own team cheered for us when it was 300 to nothing," he said.

The team of five carried on a tradition of excellence for HSU in this semester's Quiz Bowl held in Alberta, Canada, winning 360-40 in the nationwide contest of wildlife, biology, and ecology knowledge. Having gone nearly every year since 1965, HSU is 25 for 36 in that span.

Teammates described team captain Jeremy Todoroff as a strong generalist. They called Rob Fowler the team "bird nerd." He is also a veteran, and describes his expertise as "all things with wings." Braden Hogan, this years alternate, is a generalist, with a special emphasis on waterfowl. They are all senior wildlife majors. Meadow Kouffeld is the only teammate new to the major.

The team rookie owes much of her knowledge to growing up with parents who taught her about the outdoors. She was able to answer a wide variety of questions.

"I knew a little about a lot," she said.

In fact she was the one person Bachman said he could picture winning on a game show like Jeopardy.

"For someone who hasn't taken any wildlife classes, she knows an amazing amount," he said.

In order to earn a spot behind the buzzer in Canada she had to compete with the other 21 members of the HSU Wildlife and Fisheries Conclave Team, most of whom are farther along the wildlife curriculum.

The Conclave team practiced three times a week jeopardy-style under the direction of wildlife professor Dave Kitchen. Those who answered most consistently got a spot.

Their preparation paid off, because at the Quiz Bowl, decked out in camo hats and HSU Conservation Unlimited club shirts, the team was able to hit the buzzers before the other teams and answer correctly.

An example of a question to the team was what is the function of the rhamphotheca on a bird's beak?

Given a plant they had to identify it, or given a skull, they had to answer questions about the dead animal. The questions covered biology, ecology, mammals, birds, fish and other topics.

First to the buzzer got to answer, and if that person got it right, the whole team participated in a four-part bonus question.

The Quiz Bowl winners felt that, while the drubbing they have given other schools didn't offer fans the thrill of a close match, it did gain nationwide respect for HSU, which is already known for its natural science departments.

At the national conference of the Wildlife Society, more than 1,000 professionals, and students gather to present their work, and share new technology and breakthroughs in the field of wildlife.

"It's not all about the Quiz Bowl," said Bachman.

Humboldt sent 14 students and one professor to this event so they could meet potential employers and hear some of their wildlife colleagues give talks. Some, like Bachman, went to give talks. Bachman presented his work studying the Aleutian Canadian Goose at the Humboldt Bay Wildlife Refuge.

"When people heard we were from HSU, we got instant respect."

Jeremy Todoroff
wildlife senior

"When people heard we were from HSU, we got instant respect," he said.

The school, in recognition of the Conclave's success, and because the conferences are good learning and schmoozing opportunities for HSU wildlife students, helps fund the trips for the Quiz Bowl participants and the other conference-goers.

The team meets year round, and goes to two conferences a year by plane.

Bachman said the team gets more money from the school than some sports.

"We treat it with a lot more respect than other schools."

Todoroff said there was a rumor that

see QUIZ BOWL, pg. 28

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Courtesy of Kellie Jo Brown

HSU Wildlife and Fisheries Conclave Team members meet with President Richmond. At top is Brian Mulligan, and from left to right is Meadow Kouffeld, Deborah Cook, Kelly Leshar, Orlando Rocha, President Richmond, and Ashley Parsons.

QUIZ BOWL: Students gain exposure and knowledge

Continued from pg.27

some teams backed out of competition this year after HSU won big last fall.

Hogan, who is a five-semester HSU Conclave Team veteran, said he would not be scared to go up against HSU if he went to another college.

"Give me four teammates from

another college and I'll take you guys on," he said to Fowler and Todoroff.

There has been tough competition in the past including Idaho State, which beat HSU at the Western Regionals in Texas last spring. The Western Regionals will be held at HSU this spring.

The team attributed their success to the school's support, and could not say enough about the Wildlife-Biology department at HSU.

"I love that its not so much a research institute. They focus on teaching," said Bachman.

This is not to say that research opportunities don't exist for students. Even as the Conclave met with President Richmond and ate cake in celebration, just inside the Wildlife building, students were hard at work in a lab opening up deer heads trying to study Chronic Wasting Disease, a disease that is infecting deer in the Rocky Mountain area.

In addition to the school's classes, the team pointed out that the ecosystem in Humboldt offers a perfect opportunity to study a wide variety of life.

For instance, the migration of hundreds of thousands of Aleutian geese to Humboldt each spring, allowed Bachman to study them, and ultimately present his work in front of his peers.

Next fall, the national meeting is in University of Wisconsin-Madison, a place that wildlife enthusiasts reverently refer to as the birthplace of wildlife conservation, and many of the members of this years Conclave team are looking forward to going even if they have graduated from HSU already.

The Wildlife Conclave Team is sponsored by the Conservation Unlimited club on campus. This club is open to students of all majors. It meets in the Wildlife and Fisheries Building, Room 258 on the 1st and 3rd Wednesday of every month at 5pm.

Patrick Brown can be reached at pdbrownca@yahoo.com

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HSU gets new genetic tool

Gene sequencer will be used by fisheries department

Robert Deane
Staff writer

The fisheries department has added a new research tool that will make its genetics laboratory cutting edge.

The new device is the CEQ 8000 gene sequencer. The device allows geneticists to sequence DNA and conduct other genetic experiments, such as studies of micro-satellites (genetic markers found in DNA.), said fisheries professor Andrew Kinziger.

Kinziger, an ichthyologist and geneticist, is now starting his second year as a professor at HSU. He is one of many professors making use of the department's new tool.

"We've got several projects going," said Kinziger.

One such project is to genetically differentiate fall and spring-run Chinook salmon and hybridization between steelhead and cutthroat trout for the purpose of maintaining fish stocks of the two species, which is especially important for the endangered cutthroat trout. Kinziger also has some of his students using genetics to do evolutionary relationships with Irish lourdes and sculpins.

Sculpins are a species of bottom-dwelling fish that have no

scales but have a broad and flat body with a shape that allows them to stay motionless while living in streams. The Irish Lourdes is a new species of fish that is very similar to sculpins, through evolution having nearly all of the same characteristics.

Kinziger said the questions being answered by this research include the description and classification of new species, such as the Irish lourde, and help to uncover the biodiversity in the area.

Fisheries student Michael Sutter, a senior biology major who works with Kinziger on the gene sequencer, concurred, saying, "In FISH 499 we're sequencing DNA of different fish species and comparing them."

Helping to manage resources, such as maintaining the fall and spring runs of the Chinook salmon and making sure they can be told apart from the steelhead salmon, are important goals that Kinziger said the department has in using the new gene sequencer.

An area that Kinziger in particular wants to study is the evolutionary process of fish, like the sculpin and Irish lourdes and their transition from living in marine to freshwater habitats.

Kinziger believes that learn-

ing how to use the sequencer is important for HSU students, especially those majoring in fisheries or biology. Kinziger believes these students would benefit from learning how to use the sequencer. "It will definitely open doors for them in these fields," Kinziger said. "They would definitely use these skills in the future." Kinziger has made teaching these skills one of his objectives.

"My goals at HSU are to continue to develop our genetics program and to make sure students are trained with these techniques to help them in the future and to help uncover the biodiversity that has not been lost yet (studying and classifying of new species)," Kinziger said.

And it would seem that Kinziger has already begun to achieve these goals.

"I think he's doing a great job teaching and explaining new material to students," Sutter said. "I had him as my professor for ichthyology last semester and I really enjoyed the class. I think he is very open to students and there isn't such a big teacher-student barrier that I've experienced with most other teachers."

Robert Deane can be reached at rwd6@humboldt.edu



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CALENDAR

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Wednesday 06

Kundalini Yoga
Green and Gold Room, HSU
1 p.m., free
Meets every Wednesday.
Facilitated by Religious Studies Club.

Discussion of the Role of Sport in Modern Society
UC Banquet Room, HSU
4 p.m., free
A panel discussion moderated by Professor Dick Stull. Refreshments will be served.

Indigenous Zapotec Weavings Exhibit and Sale
Ink People Center for the Arts,
411 12th St., Eureka
6:30 p.m., free
Hosted by WILPF Humboldt. All sales benefit the cooperative.

Spiritually Gay
UC South Lounge, HSU
7 p.m., free
A panel discussion addressing the conflicting issues regarding homosexuality and religion. Snacks and drinks will be provided.

Left of Seven
Six Rivers Brewery,
1300 Central Ave., McK.
9:30 p.m., \$3 (21+)
Jam-band performance.

Jammer's League w/ Sambaphonic
Mazzotti's,
773 8th St., Arcata
9:30 p.m., \$5 (18+)
Choose a style game.

Thursday 07

Zen Meditation
Goodwin Forum, HSU
10 a.m., free
Meets every Thursday. Facilitated by Religious Studies Club.

Mathematics Colloquium
Siemens Hall 128, HSU
4 p.m., free
Pre-colloquium tea at Library 56 at 3:30 p.m. "Landmine Clearing: Robot Control, Mapping, and Verification" by Ken Owens.

Vox: Voice for Planned Parenthood Weekly Meeting
The Depot, HSU
6 p.m., free
Meets every Thursday.

Queer Student Union Weekly Meeting
Multicultural Center, HSU
7 p.m., free
Meets every Thursday.

"Hijacking Catastrophe: 9-11," "Fear and Selling of the American Empire" and "Bush's Brain"
The Democratic Headquarters,
129 5th St., Eureka
7 p.m., free
"Bush's Brain" starts at 8:30 p.m.
Presented by Humboldt County Democratic Central Committee.

"On the Golden Pond"
Ferndale Repertory Theatre,
447 Main St., Ferndale
8 p.m., \$12 (\$10 students, seniors)
A humorous, touching story of love written in 1970s. Also playing on Oct. 8 and 9 and 10 (2 p.m.).

Brandford Marsalis Quartet
Goodwin Forum, HSU
8 p.m., free
Meets every Thursday. Facilitated by Religious Studies Club.

Left of Seven
Six Rivers Brewery,
1300 Central Ave., McK.
9:30 p.m., \$3
Jam-band performance.

The Hitch w/ Diesto
The Alibi,
744 9th St., Arcata
10:30 p.m., \$3 (21+)
Pounding mountain metal and heavy noise rock from Portland, Ore.

Friday 08

2004 Presidential Debate Open House
The Democratic Headquarters,
129 5th St., Eureka
5:30 p.m., free
Watch debate and discuss politics with your neighbors.

Hot Cross w/ Winston Smith
The Placebo,
1611 Peninsula Drive, Manila
7 p.m., \$6 (\$4 members)
Also featuring Candy Muscle.

Shannon West
Hank's Coffee Shop,
1602 Old Arcata Road, Bayside
7 p.m., free
The dynamic vocalist of Speakeasy.

Roller Disco Party
Blue Lake Roller Rink,
310 S Railroad St., Blue Lake
8 p.m., \$6
Featuring DJ Christian Clark and E.L.F.S.

Wrangletown w/ Absynth
Muddy Waters,
1603 G St., Arcata
9:30 p.m.
Come listen to old-timey music.

Blue Turtle Seduction
Six Rivers Brewery,
1300 Central Ave., McK.
9:30 p.m., \$4
Bluegrass performance.

Saturday 09

Humboldt Bay Paddlefest
Halverson Park,
Eureka waterfront
8 a.m., free
Registration starts at 7:30 a.m. Call 826-3132 for details. Also on Oct. 10. Read related story on page 8.

Residential Fire Sprinkler Trailer Exhibit
Arcata Fire Department,
631 9th St., Arcata
10:30 a.m., free
Feel the heat of the actual fire and experience the result of a sprinkler.



Presidential Debate 2004



Second presidential debate:
Friday, Oct. 8

Washington University, St. Louis, Mo.

Third presidential debate:
Wednesday, Oct. 13

Arizona State University, Tempe, Ariz.

The Humboldt County Democratic Central Committee is facilitating a public viewing of the presidential debate on Friday, Oct. 8, at the Democratic Headquarters in Eureka. HSU students can also watch the debate on campus at the bottom floor of the Jolly Giant Commons.

Medieval Festival of Courage
Big Lagoon School,
269 Big Lagoon Park Road
10:30 a.m., \$3
Interactive games, activities and food for families. Come in costume.

7th Annual Discovery Ride
Elk Prairie,
Newton Drury Scenic Parkway
10 a.m., \$25-75
Bicycle ride among ancient Redwoods and along the ocean. Call 464-6101#5300 for details.

Friends of the Eel River Open General Meeting & Party
Benbow Lake State Recreation Area,
Highway 101, Garberville
1 p.m., free (\$10 donation for food)
A general meeting and celebration. Salmon dinner starts at 5:30 p.m.

"Share the Community" Workshop, Contra Dance & Pot-luck Dinner
Arcata Veterans Hall,
14th and J St., Arcata
4 p.m., \$7 (\$6 members)
Workshop starts at 4 p.m., potluck at 5:30 p.m., and dance from 7:30 p.m. Call 822-7190 for details.

Pre-National Coming Out Day Benefit Party
535,
535 5th St., Eureka
9 p.m., \$7
Benefits HSU Queer Student Union. Read related story on page 4.

The Living Rooms
Six Rivers Brewery,
1300 Central Ave., McK.
9:30 p.m., \$4
Acoustic-folk performance.

Sunday 10

Humboldt International Short Film Festival Presents: Winston Smith, Optimistic Populists, Ape Launcher w/ Chronicles of Lemur Mutations
Kate Buchanan Room, HSU
7:30 p.m., \$5 (18+ or HSU students)
With a screening of the film, "Hour of Furnaces," a three-part documentary about U.S. intervention in Argentina.

Donny Barnyard & the Dust Devils
The Alibi,
744 9th St., Arcata
10:30 p.m., \$2 (21+)
Traditional outlaw country music.

Monday 11

Lotus
Bayside Grange,
2297 Jacoby Creek Road, Arcata
8 p.m., \$8 (\$6 adv.)
Organic, ambient, trance-funk music from Philadelphia. Presented by HumVote.org.

National Coming Out Day: Creating Community Reception
Goodwin Forum (NHE), HSU
4:33 p.m., free
Presented by Queer Student Union. Read related story on page 4.

Poetry on the Plaza
Plaza View Room,
8th and H St., Arcata
8 p.m., \$1
An open-mike, poetry-reading event. Sorry, no music. All ages welcome.

Tuesday 12

Co-Generation: Electricity and Heat
CCAT, HSU
5 p.m., free
Join HSU Chief Engineer George Wright for a presentation on the campus' new co-generation unit. Call 826-3551 for details.

Gillian Welch w/ David Rawlings
Kate Buchanan Room, HSU
8 p.m., Tickets are sold out.
A gifted singer, songwriter, and multi-instrumentalist presented by CenterArts.

Spirit of Guthrie Tour
Six Rivers Brewery,
1300 Central Ave., McK.
8 p.m., \$16 (\$14 adv.)
Words and music inspired by the ideals of Woody Guthrie.

To see your event listed in this calendar, e-mail the date, time, price, location and a short description of the event to thejack@humboldt.edu, or call (707) 826-3271 by 5 p.m., Friday prior to the event. Publication is not guaranteed.

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