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Miedo

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Miedo

Griselda Valdez, Mayra Meza, and Gina Cerda Salvarrey

Fear of not being enough
Fills my thoughts
Overwhelms my mind
Fear of failure paralyzes me
And leaves me behind

El miedo se mueve y nos envuelve
Miedo al miedo
A la parálisis
A dejar de luchar y parar
A ser borrada y que mis gritos se pierdan en la nada
A dejar que la injusticia se eleve

Confront the fear
Transforma el miedo
Sacudiéndolo, hablándolo
Looking for my inner peace
Being now and here
Para poder actuar
Y encontrar la paz within me
Because I am enough