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THE ARCATA ENDEAVOR'S SPECIAL

shelter serves up turkey and green bean
support from local businesses and institutions

PLUS

PG. 7: Arcata High School's 100th anniversary
PG. 15: Arcata High School's 100th anniversary
PG. 23: Arcata High School's 100th anniversary
PG. 26: Arcata High School's 100th anniversary

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THE LUMBERJACK WOULD LIKE TO
THANK PROF. ESTRADA FOR
HIS YEARS OF SERVICE.



Prof. Estrada, wife Noreen and daughter Allie. | Chris Tufts

Professor George Estrada has been teaching in the Journalism department of HSU for 12 years. He retired at the end of November due to health concerns. His classes will be covered by other members of the journalism faculty.

In addition to his teaching work at HSU, Estrada wrote a weekly column for the Phillipine Times of Las Vegas. His column was later picked up by the California Examiner. He is the author of three books, including the Pulitzer prize nominated *I Have Tasted the Sweet Mangoes of Cebu*.

He is currently living at home with his wife, Noreen, and his two children, George III, 6 yrs. and Alessandra, 11 months.

WE WISH YOU AND YOUR FAMILY WELL



Left: John Shelter, executive director of the Endeavor, tends to companion animals as clients dine during a pre-Thanksgiving dinner. Right: Community members gather for a Thanksgiving meal at the Endeavor Nov. 26. | Photos courtesy of John Shelter

The Endeavor's special November

The shelter serves up turkey and garners new support from local businesses and politicians

Matt Hawk

Staff Writer

Teresa Lemieux doesn't get to sit down and eat with her family that often. But last Wednesday she got to spend the day with her daughter, son and sister thanks to the Arcata Endeavor's pre-Thanksgiving feast.

"This was the topper today. The icing on the cake," Lemieux said. The Endeavor, a walk-in facility for the area's homeless, provided turkey and all the trimmings: pounds of stuffing, heaps of homemade mashed potatoes, and 24 apple pies donated by the North Coast Co-Op.

Director of the Endeavor John Shelter and his volunteers spent the week preparing 18 turkeys for the event. "You just can't beat a home-cooked meal," Shelter said, brimming with the excitement of being able to help those less fortunate. "It's about brotherhood," he said, adding that he is no different than the people he

helps out on a daily basis.

One of those lucky enough to receive help and a warm meal was Cheryl Hilton-Bahu. "The guy that cooks here, you can tell he put his love into it," she said.

"Today was the best meal I've had in a long time. I'm stuffed."

Incorporating the less fortunate back into the community atmosphere is Shelter's game plan for dealing with the homeless issue in Arcata. "It's so natural and innocent," Shelter said, referring to the reasons why people become homeless.

Hilton-Bahu explained who exactly is at risk to become homeless. "Today, with the economics in America, everybody is one check away from being homeless," she said. Everybody includes your brother or sister, father and mother, or even your grandparents.

At 55 years old and still smiling, Hilton-Bahu is what one would call

"experienced" in life. She's run from the cops and hidden in the bushes, because she didn't have anywhere else to sleep. She's visited the Eureka shelter and Sem-pervirens, a psychiatric health facility lo-

cated in Eureka where she participated in treatment for drug and alcohol abuse.

Hilton-Bahu spent many nights on the streets in fear. "You hear horror stories," she said, "about rapes and people getting beat up or robbed." When she visits the Endeavor, however, she feels better about her place in the world. "They don't make us feel homeless here," she said with a pleasant smile.

Shelter said he's tired of homeless people being called 'bad.' There [are] lots of people here who are capable and willing to help." Shelter cites the Endeavor's pre-Thanksgiving dinner prepared by volunteers as an example.

As Shelter sits down to a steaming hot plate of mashed potatoes, stuffing, and turkey smothered in hot gravy, he explained this new philosophy. "The days

"I don't like where they are, but I'd rather have them there than not at all."

- Shane Brinton, Arcata City councilmember-elect.

ENDEAVOR NEXT PG.



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ENDEAVOR, SOMETHING TO BE THANKFUL FOR CONT. FROM PREV. PG.

of just giving out that free meal - sorry to put it this way - are over," he said.

"We've just been handing out an empty promise."

Shelter now requires Endeavor clients to volunteer and help out the community. "The more you invest, the more you get out," Shelter said.

Endeavor volunteers help set up and take down city festivals, as well as the Farmer's Market 32-weeks-a-year. They also clean the Plaza every morning. It is this change in philosophy that recently improved the Endeavor's relations with the area's businesses, especially those on the Plaza.

For a while, many community members were sick of dealing with the patrons of the Endeavor, and some of their practices. They were an unsightly group that met out in front of the building, smoked marijuana and often wandered into the Plaza to panhandle.

Shelter took it upon himself to fix these issues that were damaging the Endeavor's reputation. "It's all about changing stereotypes," he said.

Since the community uproar, Shelter got rid of the crowd in front of his building, personally helps with panhandling complaints, and bends over backwards to help anyone and everyone.

Helen Martin, who previously worked for the Endeavor and is now a clerk at Arcata Stationers, said there are always people who are going to abuse the privileges offered by the Endeavor. The Stationers are located on the Plaza, and have been for several years. Martin said her store's relationship with the Endeavor has improved so much over the past year, it's incredible.

"So many people fear [the homeless] and there is really nothing to fear," she said.

Shelter has even more ideas to help improve relations with local businesses. His latest idea helps deter panhandling.

"I'm going to start handing out stickers for businesses to put in their window that say, 'Please don't panhandle. This business supports the Endeavor,'" he said.

And now, more than ever, businesses do support the Endeavor. Thanksgiving is proof of that. More proof is the increasing amount of donations the program receives for their fundraiser. When Shelter tried to organize a fundraiser three years ago, he was met with cold feelings, receiving only eight donations.

When he organized a pasta fundraiser in October, Shelter received 68 donations - more than eight times the previous amount. "[Local businesses] understand what we do now," Shelter said.

Now, all Shelter needs is a little more understanding from city officials. The Endeavor's lease is up, and they have until April to find a new place to move. Scheduled to move by October, the program did not find a suitable location in time. The city extended the lease so the Endeavor could provide emergency winter care.

Shelter and others in the community aren't convinced that the program should find a new home. Martin said they're tucked away in the corner not bothering anybody anymore. "I couldn't really picture it in a different place. It shouldn't be hard to find," she said.

"What if a struggling mother with five kids was looking for a shelter? She is not going to be able to find it if it's located on the edge of town," Martin said.

Shelter agrees. He recently visited similar facilities in Oregon, and found that they were also located near the business district. Eureka's shelter is also currently located in the Old Town business district.

Shelter said his biggest problem is there might be a few people at the city level who are still "stuck" in viewing homeless people and the Endeavor as "bad."

But things seem to be changing in his favor. As businesses became friendlier to the Endeavor in the month of November, so did the political climate. Arcata City Councilmember Michael Machi is out in January, and in are at least two supporters - Shane Brinton and Michael Winkler.

Brinton said the Endeavor is a vital part of the community. "I don't like where they are, but I'd rather have them there then not at all," he said.

"If the Endeavor is not there there will be a lot of people that need services."

Much like a homeless person, the future of the Endeavor is uncertain. But without funding and a permanent home, Shelter and the program will push on.

"When you have faith like that, I'm sorry, you can't keep us down," Shelter said.

"They don't make us feel homeless here."

- Cheryl Hilton-Bahu

"If the Endeavor is not there there will be a lot of people that need services."

- Shane Brinton,
Arcata City Councilmember-elect

Matt Hawk may be contacted
at mhawk@thejackonline.org

Got an opinion? We want to hear it! E-mail thejack@humboldt.edu your letters!



The empty Mass Casualty Trailer is located in the staff parking lot across from the Student Business Services building Dec. 1. | Torrey Hartman

Are you prepared for an emergency?

Leigh Lawson

Staff Writer

Geology professor Lori Dengler knows first hand how emergency preparedness can save a community.

On the Simeulue Island in Sumatra, she heard stories of how all the citizens of Langi village survived the 2005 Indian Ocean tsunami because their oral history passed down emergency planning. In the US, Dengler said, people depend on technology in emergencies rather than having community or personal responsibility.

HSU, nor the city of Arcata can supply residents with emergency provisions for the nearly 10,000 students, staff, administration, and faculty at HSU, says University Police Department Chief Tom Dewey. Although HSU has emergency plans in place and is currently working on fully stocking the emergency response trailers on campus, students are encouraged to be prepared on their own.

While different emergencies happen on campus, natural disasters are the biggest threat. "By preparing for earthquakes and tsunamis, you are pretty much prepared for everything," says Dengler.

Dengler has done research on natural disasters worldwide. During the 2005 Indian Ocean tsunamis, Dengler saw many communities nearly completely destroyed by the disaster, with 90 or 95% casualty rates. The

Langi Village was an exception with zero fatalities. The reason, Dengler said, was the Langi oral history went through the whole tsunami process, from the earthquake to the tide drawing out to the actual tsunami.

The history explains exactly what each person's task is in the event of the disaster: who grabs which child, where the people go, and what items are stored.

"It is really impressive that with no technology, they saved everybody," says Dengler.

Located behind the redwood curtain, HSU is isolated from the rest of California. In a major earthquake, the roads coming into the area would likely collapse, says Dewey. He predicts this area would probably be cut off from supplies for approximately five days.

Students might think there is enough food on campus if something happens. But Dewey says the J, Depot, and South Campus Market have very small supplies of food which would be gone quickly.

Students may also think there are enough medical supplies for them in an large-scale emergency. Eventually, the green Campus Emergency Response Team trailer, the red Emergency Management Field Logistics Unit and the white Mass Casualty trailer in the parking lots near Student Business Services will be used

Things to put in an emergency preparedness kit:

- Flashlight
- Battery-powered Radio
- Food
- Water
- Medications
- First Aid Supplies

to coordinate an emergency response at HSU.

Right now, the trailers have not received all of their supplies, and the Mass Casualty trailer is almost empty, says Dewey.

The green CERT trailer is for the approximately 30 CERT staff, teachers, police officers and student members to operate basic first aid, such as dressing a splint. The red emergency management trailer contains logistical equipment to set up a command post for the university, should they need equipment outside of a building. The white Mass Casualty trailer will be parked outside the Student Health Center and will provide additional space and supplies beyond their resources if a mass casualty occurs.

The trailers are completely funded by the Department of Health and Human Services, HHS. While the trailers are primarily for the campus, they can also be sent into the community if needed, since they

EMERGENCY, PG. 8

Hey P.D. Staff.

Just wanted to say thanks for the attention to my bridge piercing Friday. I figured Jennifer (you) would like to hear: I've had lots of positive reactions to your work, yeah ALREADY, yep even with fresh blood at the edges; in fact one friend who thought of the bridge as one of the ugliest piercings finds this the first she has ever liked.

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-Satisfied
Jeremy

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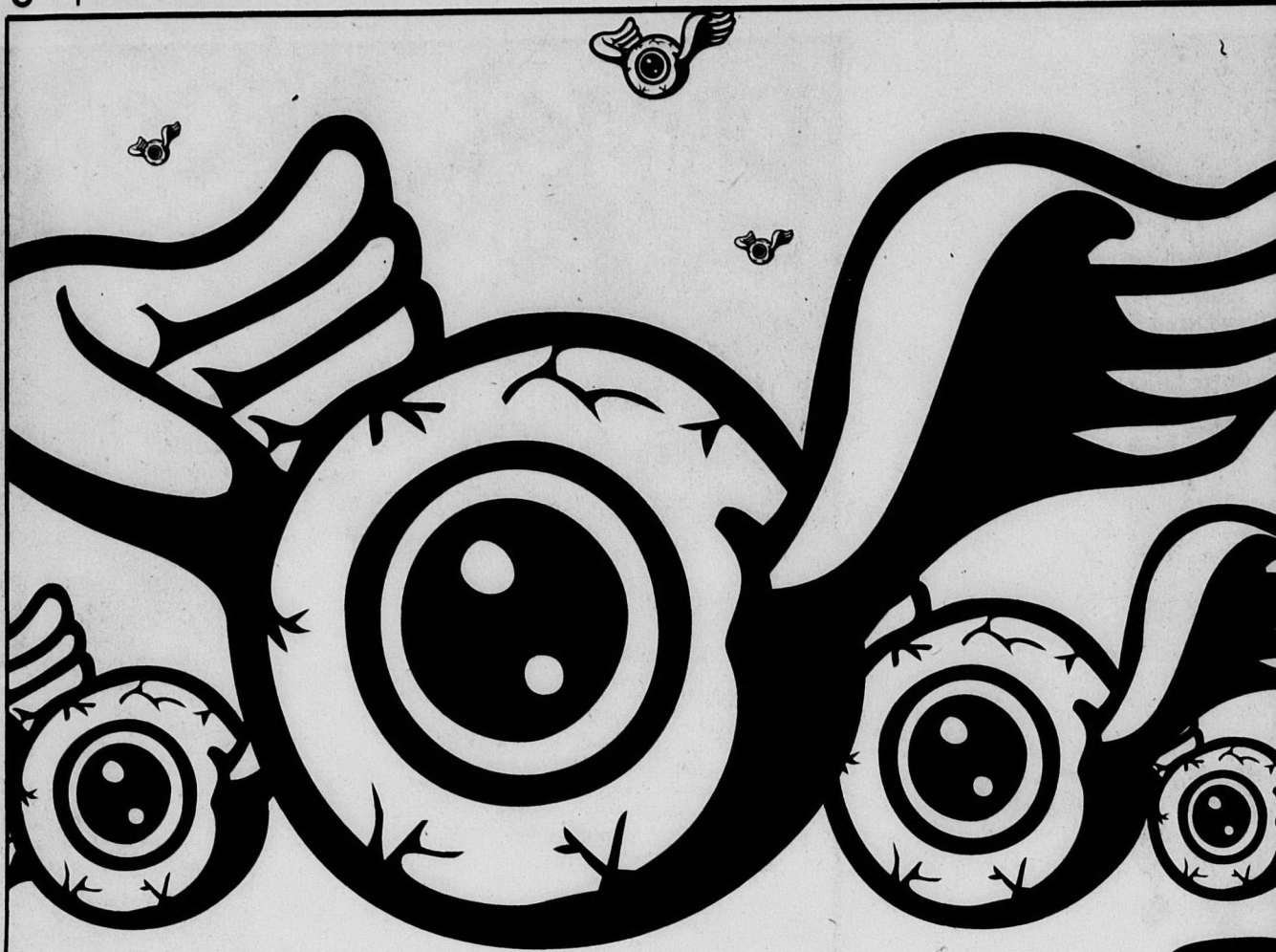
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Construction continues for College Creek Apartments located on the south side of campus. The apartments are scheduled to be completed Fall 2010. | Torrey Hartman

New apartments ease student housing frustration

College Creek Apartments to open Fall 2010

Lucas Kadar

Staff Writer

A bicycle storage closet with no windows and a single outlet is not an optimal living space for four people. Geography junior Kaya Dillon found himself living in this uncomfortable situation for the first month of his freshman year at HSU.

That was three years ago. Every year since then he has seen an increase in freshman enrollment. "It was pretty bad then," said Dillon.

"I know the housing problem has only gotten worse."

In response to that problem, HSU is building new dorms, called the College Creek Apartments. Construction began in early November.

The apartments are going up on the south side of campus where a soccer field used to be. The project also includes a new regulation NCAA soccer field with synthetic turf made from recycled tires, said Senior Communications Officer Paul Mann.

The apartments will provide housing for 434 students in four

buildings. Typical units have three double-occupancy bedrooms, two bathrooms and a living area. There will also be a 15,000-square foot state of the art community center, which Mann compared to the Jolly Giant Commons.

Students currently living in

hopes the apartments will help future students avoid such an experience.

The project will cost \$48 million dollars, according to the HSU facilities' management Web site. It is scheduled to be completed and ready to house students for Fall 2010.

The money for the construction comes from state bonds, which are allocated only for "modernization" of the campus, and cannot be spent on other projects.

Over the next year and a half, HSU will see constraints on

parking and vehicular and pedestrian traffic due to the construction. For detailed information about what the effects will be for the campus, check on-line at http://www.humboldt.edu/~facsmgmt/proj_In-Progress.html.

Lucas Kadar may be contacted at lkadar@thejackonline.org

"I know a lot of people who live off campus because they couldn't find housing."

**- Valisha Armstrong,
Marine Biology freshman**

the dorms, like Marine Biology freshman Valisha Armstrong, experience the need for housing first hand. "I know a lot of people who live off campus because they couldn't find housing," she said.

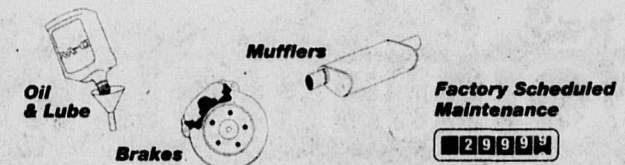
Before Armstrong got a dorm, she experienced a stressful period of being on the waiting list and not knowing whether she would get to live on campus. She

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EMERGENCY, ARE YOU PREPARED? CONT. FROM PG.5

belong to the county. The school is waiting on the HHS to provide the "wishlist" of items such as a pop-up tent, cots, a generator to provide heat, blankets and first aid supplies for the Mass Casualty trailer.

The items will be coming in one-by-one, and Dewey is hopeful that the trailers will be fully stocked by the end of spring semester. The Mass Casualty station would resemble the medical tents in the TV show "M*A*S*H" based on the Korean War, says Jan Marnell, the Emergency Management Administration coordinator.

Students might think UPD officers will organize the campus in an emergency situation. However, there are only two UPD officers on duty at a time.

In a large earthquake, classes will head to the rally points that teachers assign at the beginning of the semester, and then to one of the Emergency Assembly Points. The campus emergency Web site reminds students in the event of a campus shooting, students are not to linger in the

EAP points.

While the police are trained for emergency situations, students, staff and teachers are expected to meet up and organize themselves, since there are so few police officers present, says Dewey. Those classes with

"We're looking for students to develop their own [survival] skills."

-Tom Dewey, UPD Police Chief

an EAP meeting point of the lower soccer field, now under construction, would go to Special Events Field between the Wildlife and Forestry buildings. Police will likely dispense current emergency information by handing out fliers at these EAP points.

Dewey says the biggest misunderstanding is parents treating college like it's summer camp: expecting their kids to be watched over. Instead, HSU is a lot closer to the real world, says Dewey. "We're looking for

students to develop their own [survival] skills."

This is what Matt Tobin, who is training to be a rescue diver, has done. Recreation and Scuba Diving junior Tobin is CPR and First Aid-certified and has rescue training. "I have confidence in my own [survival] skills. But I don't think everyone is in the same boat I am."

To be prepared, students should organize their own emergency kit, said Dengler. These kits can be stored in students' cars, at a friend's house, or workplace, Dengler says. She has a small box with food, water, a radio, and hiking boots under her office desk.

Dewey says the kit should contain non-perishable food and water for at least five days, a battery-operated radio with extra batteries, a blanket and flashlight.

Students and their families should also have a relative out of area they can call to relay messages to each other, because long distance phone service usually works when local service is disrupted, says Dengler. Students can also have a place on campus where their friends and family will meet them if an emergency occurs, as phone and Internet services will likely be down.

Dengler says by preparing a kit and having a plan with friends and family, people can reduce their anxiety about an emergency.

While Dengler says that HSU is the most prepared campus in the CSU system, she says a community is not well-prepared unless everyone in the community takes emergency preparation seriously. She says that HSU has a good start, but the school needs to communicate one plan to students, staff, faculty and administration effectively.

Dengler would like to see all of staff and faculty educate their students about where to go in the event of an emergency. "How can students be involved if permanent employees aren't?"

Leigh Lawson may be contacted at llawson@thejackonline.org

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Richmond appoints interim VP to replace Coffey

Burt Nordstrom might retain position on University Center board

Chris Hoff

Managing Editor

After six years of serving as vice president of Administrative Affairs, Carl Coffey is retiring. Burt Nordstrom, executive director of the University Center, began serving as interim vice president on Dec. 1.

Nordstrom will oversee construction and maintenance of campus buildings, as well as business service departments like accounting and personnel.

NORDSTROM'S RESUMÉ

Nordstrom previously served as vice president of advancement from 2004 to 2006. It is unclear if Nordstrom will continue to serve as UC executive director. That is the board's decision, he said.

Options include hiring a new director or retaining Nordstrom while re-assigning duties to other managers. He explained David Nakamura, manager of Center Activities, could assume some of his responsibilities.

BOARD'S CONCERNS

Some board members have concerns about Nordstrom's appointment.

AS President Sofia Periera sits on the UC Board of Directors. She wants more information about how he was able to previously balance working at the UC while serving as Interim

Vice President of Advancement.

Periera isn't concerned about a potential conflict of interest between working for the university while sitting on the Board of Directors. "Conflict of interest doesn't mean you can't take a position," she said.

"I trust he knows when to stand back from an issue if there's a conflict of interest."

Gabe Shames, AS vice president of Student Affairs, also sits on the board. He wants more assurances. "I think the conflict of interest issue should be taken seriously."

The University Center is independently supported by student fees and revenue from commercial services on campus. Recent plans put forward by President Richmond would have removed control of this revenue from the board. The board and many students opposed the president's plan. Richmond withdrew the plan Oct. 31.

Shames is concerned Nordstrom's new position will allow him to undermine the board's authority. President Richmond's proposal is only one example of a potential conflict of interest between the board and the university.

Crystal Chaney, student-at-large on the board, supports Nordstrom retaining his position as executive director.

"I think he does a good job,"

she said. "He knows the ins and outs of the position."

NORDSTROM'S PLANS

Nordstrom said it is critical to have a university-wide perspective and believes the school has clear challenges to focus on.

"As a campus we need to keep focused on WASC [Western Association of Schools and College Accreditation], the budget and our enrollment management," he said.

"People want this campus to be outstanding and successfully move into the future."

Nordstrom thinks tough choices need to be made and the university needs to adjust to the challenges we face.

"I appreciate the good work Carl Coffey and his staff have done over the years," Nordstrom said.

RETIRING VP

Coffey is retiring due to family health concerns. In his six years at Humboldt State, he focused on facilities management, including construction of the Behavioral and Social Sciences building and the remodel of Harry Griffith Hall.

"The primary focus has been on improving the educational environment," he said. He hopes that will remain the focus.

Coffey sees the budget as the biggest challenge in moving forward. He said a shared consensus of where the university is going is important. He thinks Nordstrom will do a good job.

"I don't think I need to give Burt advice," he said. "He's the perfect fit for the job."

Chris Hoff may be contacted at choff@thejackonline.org



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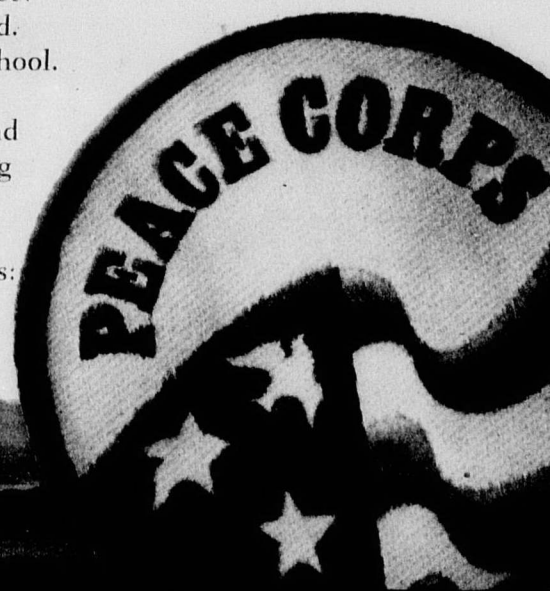
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EMERGENCY, ARE YOU PREPARED? CONT. FROM PG.5

belong to the county. The school is waiting on the HHS to provide the "wishlist" of items such as a pop-up tent, cots, a generator to provide heat, blankets and first aid supplies for the Mass Casualty trailer.

The items will be coming in one-by-one, and Dewey is hopeful that the trailers will be fully stocked by the end of spring semester. The Mass Casualty station would resemble the medical tents in the TV show "M*A*S*H" based on the Korean War, says Jan Marnell, the Emergency Management Administration coordinator.

Students might think UPD officers will organize the campus in an emergency situation. However, there are only two UPD officers on duty at a time.

In a large earthquake, classes will head to the rally points that teachers assign at the beginning of the semester, and then to one of the Emergency Assembly Points. The campus emergency Web site reminds students in the event of a campus shooting, students are not to linger in the

EAP points.

While the police are trained for emergency situations, students, staff and teachers are expected to meet up and organize themselves, since there are so few police officers present, says Dewey. Those classes with

"We're looking for students to develop their own [survival] skills."

- Tom Dewey, UPD Police Chief

an EAP meeting point of the lower soccer field, now under construction, would go to Special Events Field between the Wildlife and Forestry buildings. Police will likely dispense current emergency information by handing out fliers at these EAP points.

Dewey says the biggest misunderstanding is parents treating college like it's summer camp: expecting their kids to be watched over. Instead, HSU is a lot closer to the real world, says Dewey. "We're looking for

students to develop their own [survival] skills."

This is what Matt Tobin, who is training to be a rescue diver, has done. Recreation and Scuba Diving junior Tobin is CPR and First Aid-certified and has rescue training. "I have confidence in my own [survival] skills. But I don't think everyone is in the same boat I am."

To be prepared, students should organize their own emergency kit, said Dengler. These kits can be stored in students' cars, at a friend's house, or workplace, Dengler says. She has a small box with food, water, a radio, and hiking boots under her office desk.

Dewey says the kit should contain non-perishable food and water for at least five days, a battery-operated radio with extra batteries, a blanket and flashlight.

Students and their families should also have a relative out of area they can call to relay messages to each other, because long distance phone service usually works when local service is disrupted, says Dengler. Students can also have a place on campus where their friends and family will meet them if an emergency occurs, as phone and Internet services will likely be down.

Dengler says by preparing a kit and having a plan with friends and family, people can reduce their anxiety about an emergency.

While Dengler says that HSU is the most prepared campus in the CSU system, she says a community is not well-prepared unless everyone in the community takes emergency preparation seriously. She says that HSU has a good start, but the school needs to communicate one plan to students, staff, faculty and administration effectively.

Dengler would like to see all of staff and faculty educate their students about where to go in the event of an emergency. "How can students be involved if permanent employees aren't?"

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Richmond appoints interim VP to replace Coffey

Burt Nordstrom might retain position on University Center board

Chris Hoff

Managing Editor

After six years of serving as vice president of Administrative Affairs, Carl Coffey is retiring. Burt Nordstrom, executive director of the University Center, began serving as interim vice president on Dec. 1.

Nordstrom will oversee construction and maintenance of campus buildings, as well as business service departments like accounting and personnel.

NORDSTROM'S RESUMÉ

Nordstrom previously served as vice president of advancement from 2004 to 2006. It is unclear if Nordstrom will continue to serve as UC executive director. That is the board's decision, he said.

Options include hiring a new director or retaining Nordstrom while re-assigning duties to other managers. He explained David Nakamura, manager of Center Activities, could assume some of his responsibilities.

BOARD'S CONCERNS

Some board members have concerns about Nordstrom's appointment.

AS President Sofia Periera sits on the UC Board of Directors. She wants more information about how he was able to previously balance working at the UC while serving as Interim

Vice President of Advancement.

Periera isn't concerned about a potential conflict of interest between working for the university while sitting on the Board of Directors. "Conflict of interest doesn't mean you can't take a position," she said.

"I trust he knows when to stand back from an issue if there's a conflict of interest."

Gabe Shames, AS vice president of Student Affairs, also sits on the board. He wants more assurances. "I think the conflict of interest issue should be taken seriously."

The University Center is independently supported by student fees and revenue from commercial services on campus. Recent plans put forward by President Richmond would have removed control of this revenue from the board. The board and many students opposed the president's plan. Richmond withdrew the plan Oct. 31.

Shames is concerned Nordstrom's new position will allow him to undermine the board's authority. President Richmond's proposal is only one example of a potential conflict of interest between the board and the university.

Crystal Chaney, student-at-large on the board, supports Nordstrom retaining his position as executive director.

"I think he does a good job,"

she said. "He knows the ins and outs of the position."

NORDSTROM'S PLANS

Nordstrom said it is critical to have a university-wide perspective and believes the school has clear challenges to focus on.

"As a campus we need to keep focused on WASC [Western Association of Schools and College Accreditation], the budget and our enrollment management," he said.

"People want this campus to be outstanding and successfully move into the future."

Nordstrom thinks tough choices need to be made and the university needs to adjust to the challenges we face.

"I appreciate the good work Carl Coffey and his staff have done over the years," Nordstrom said.

RETIRING VP

Coffey is retiring due to family health concerns. In his six years at Humboldt State, he focused on facilities management, including construction of the Behavioral and Social Sciences building and the remodel of Harry Griffith Hall.

"The primary focus has been on improving the educational environment," he said. He hopes that will remain the focus.

Coffey sees the budget as the biggest challenge in moving forward. He said a shared consensus of where the university is going is important.

He thinks Nordstrom will do a good job.

"I don't think I need to give Burt advice," he said. "He's the perfect fit for the job."

Chris Hoff may be contacted at choff@thejackonline.org



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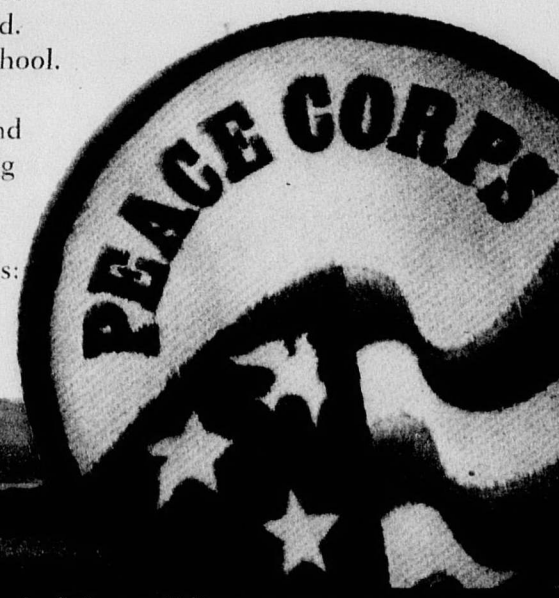
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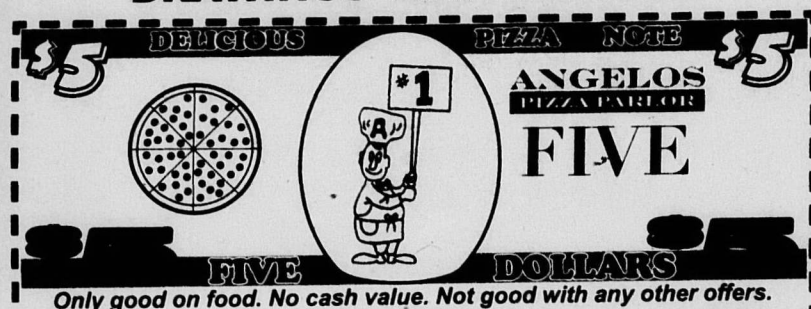
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SAUTEED MATSUTAKES WITH SHALLOTS AND HERBS SERVES FOUR AS AN APPETIZER OR SIDE DISH

- 1 teaspoon olive oil
- 1 pound matsutakes, wiped clean and cut into 1/2-inch pieces
- 1 teaspoon salt
- 2 shallots, minced
- 2 teaspoons unsalted butter
- 1/4 cup minced fresh tarragon, chives, chervil and flat-leaf parsley
- 1/2 teaspoon freshly ground black pepper

In a 12-inch skillet, heat the oil over medium-high heat. Add the mushrooms and season with salt to dry out the moisture. Cook and stir for 2-3 minutes. Add the shallots, butter and herbs. Cook for 1 additional minute. Season with the pepper and serve.

See story on next page

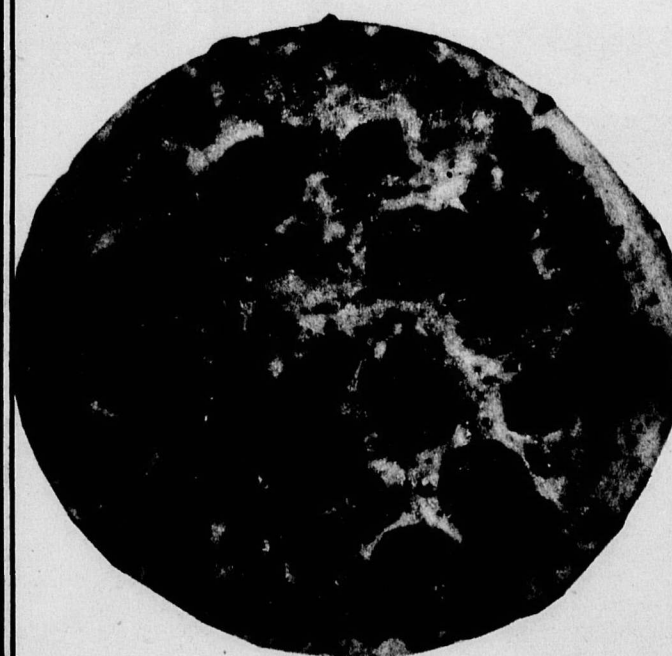
Pizza Hut Donates Leftovers totalling \$5,000 to feeding Eureka's needy

Eureka Pizza Hut, after closing two weeks ago, donated the remainder of its inventory to the Eureka Rescue Mission. The donation of nearly \$5,000 worth of food and beverages will go to helping the Eureka Rescue Mission feed the hungry.

Among the donated items were pizza dough, sauces, and pasta in addition to forks, knives, and napkins that Eureka Rescue Mission can use.

Don and Joann Davenport, who owned the store, told their 16 employees they could take what they wanted of whatever food was in stock. All of them lost their jobs when the business closed.

Check out our story on Pizza Hut closing in next week's Lumberjack!



Fabulous Fungi: 'shroomers come together for weekend event

Allie Hostler

Staff Writer

A mushroom hunter walking in the forest can make a drunk look sober. Head down, staring at the ground, looking for any little bump under the leaves, the hunter is anxious to find the next prize.

No, he's not hallucinating.

About 900 mushrooomers gathered at Redwood Acres Fairgrounds last weekend to share amanitas, puffballs, honey mushrooms, chanterelles and hundreds more fungi at the 28th Annual Mushroom Fair.

Eureka resident and mushroom guru Dave Largent sat behind a table that displayed books he wrote about fungi. "Fungi are intellectually astounding and intriguing," he said.

"You can't help but love them."

Fungi offer more than interesting looks and tantalizing lore. Some claim they have the power to heal the human body. Mushrooms have long been used to help heal various ailments ranging from neurological disorders to low libidos.

Largent, a mycologist who taught at HSU from 1968 to 2002, estimates over 2,000 species grow in Redwood State Park alone. There could be more throughout Humboldt County, but an exact number is unknown.

Mushroom spores can sit for years as they turn from hyphae to mycelium. Mycelium is a fine web-like mass of hypahe that helps trees and

plants receive water and nutrients. Under favorable conditions, hyphae produce mushrooms that complete the cycle by distributing millions of spores.

Enough science. Many people hunt wild mushrooms for dinner. If it won't kill you, tastes good and doesn't make you hallucinate, there is a dish out there that will feature it.

The 'won't kill you' part is important. In January of 1997, nine people in the Santa Rosa area accidentally poisoned themselves by eating the Death Cap, technically known as the Amanita Phalloides. At least one died from liver failure and two more waited for liver transplants.

But millions of Americans pick and eat wild mushrooms every year without getting so much as a belly ache. Ronny Davis, an HSU History junior hunts only one mushroom - the one he knows is safe.

"I got a little sack full of tan oaks over Thanksgiving break," he said. Davis, like many locals, calls the matsutake mushroom a tan oak, but matsutake is Japanese for pine mushroom. They grow mostly in the Pacific Northwest and Japan, however the demand for matsutakes is so high in Japan they are exported from the United States. Top quality matsutakes sell for about \$30 per pound.

Striking it rich off matsutakes is tough. They are not easy to find and require very particular conditions to have a "good year," Largent said. "Last year was a really good year, and this year is pretty good too."

A few were displayed at the Mushroom Fair along with several hundred fungi species. Experienced mycologists were on hand to help amateurs identify their fungi. The Fair also featured cooking demonstrations and booths with mushroom growing kits and books for sale.

Ben Hart, a former HSU student and member of the Humboldt Bay Mycological Society, recommends aspiring mushroom hunters buy a book titled, "All That the Rain Promises and More...A Hip Pocket Guide to Western Mushrooms," by David Arora. The little book conveniently fits inside a normal-sized pocket and can be used to make a preliminary identification.

"Once you get your mushrooms home, you can look them up in the big book-Mushrooms Demystified," he said. "Mushrooms Demystified" is also by David Arora.

When it comes to learning about fungi, no one book will provide all the secrets, but it is important to consult books and experienced mushroom hunters or mycologists before you cook up your harvest.

Fischer asked, "How dangerous is it to drive a car?"

"If you're drunk or careless, it is very dangerous. If you're sensible and pay attention, it is reasonably safe."

Allie Hostler may be contacted at
ahostler@thejackonline.org

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Sports

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HSU vs Sonoma State
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Men's Basketball
Wednesday, Dec. 3
HSU vs Sonoma State
Kinesiology and Athletics
Building
7:30 p.m.

Men's Basketball
Friday, Dec. 19
HSU vs Lewis and Clark State
Kinesiology and Athletics
Building
7:30 p.m.

Men's Basketball
Saturday, Dec. 20
HSU vs Western Oregon University
Kinesiology and Athletics
Building
7:30 p.m.

Taking it to the limit

Overtraining taking its toll on student athletes

Torrin Hults

Staff Writer

It began as a mild pain in the back of Robert Gustas' legs last March.

Two months later an orthopedist told the 18-year-old wildlife freshman that he almost tore both his hamstrings, the tendons responsible for flexing the knee backwards.

"It was an unpleasant surprise," Gustas said.

Gustas suffered from overtraining, a condition that afflicts athletes who push themselves too hard for too long. It's a sneaky, insidious problem, affecting athletes before they realize it. It's a particular problem for long-distance runners who know taking time off from running can hurt their times and cardiovascular ability. If they decide to slow down, recovery can be a long road.

Gustas, then a senior at Irvington High School in Fremont, Calif., trained for the Mission Valley League Finals on his school's cross country team. He ran 8 to 10 miles per day, averaging 40 to 50 miles per week, preparing for a two-mile race.

When the pain began, Gustas dealt with the pain-worst when his legs were fully extended by icing his hamstrings.

"It got worse and worse," Gustas said.

Two weeks before his finals, Gustas ran his best two-mile race of the season, doing it in 10 minutes and 15 seconds. After that, he noticed something peculiar in training. Runners that he normally left behind were catching up. Not believing other runners were getting faster, Gustas checked his times. The pain was slowing him down, affecting his times and his legs.

"[The pain] went from being uncomfortable

“Pushing it every day took a toll on my body.”

- Camrin Dengel, Cross Country team member

to my muscles not working as well," Gustas said.

At finals, he ran his worst time of the season for his event - 10 minutes and 47 seconds, over 30 seconds slower than two weeks before. Thirty seconds may not sound like much, but in a sport where a hundredth of a second can mean the difference between first and last place, it counts.

Running is more than a sport to cross-country runners. It's a ritual, an obsession, something they do daily without question. They run no matter what, through bad weather, aches and pains. So, when a runner starts to feel worn down by training, it's a frustrating decision: to run or rest?

Camrin Dengel, 19, said, "It's really hard to tell when to back off or push through." The environmental resources engineering freshman is a runner on Humboldt State's women's cross country team, who is red-shirting this year due to an injury. (Red-shirting is the college athletic practice of suspending participation so that an athlete may continue to be eligible for athletics at a later time. The athlete may practice with the team, but cannot compete.) Dengel is out because of pain in her leg that she attributes to overtraining.

In high school, Dengel said she ran an average of 20 miles a week; when she

started running for Humboldt this season, the increased pace and mileage of college athletics surprised her. She said she just wasn't ready, straining herself to keep up with the rest of the team.

"Pushing it every day took a toll on my body," Dengel said. But she was frustrated; she didn't want to stop running, knowing that it would hurt her performance.

The pain in her leg traveled up and down, sometimes lodging in her hip, other times in her knee. Though she didn't want to, she had to stop.

"Some part of your body gives in," she said.

Overtraining doesn't only tax a runner physically, there can be a mental toll as well. It's one that Assistant Cross-Country Coach Jason Lewis knows-he's been there himself. In an e-mail, Lewis said, "I would just get to the point where I didn't want to run practice; there was nothing wrong (with me) physically, just mental exhaustion."

As a coach, he watches his runners for signs that they might be overdoing it. He said he looks for someone who might be suffering from shin splints, stress fractures, chronic excessive muscle and/or connective tissue pain-so-called "overuse" injuries. He also looks for a runner who just doesn't seem interested anymore, or seems fatigued all the time. Lewis said that other factors, not just pushing it physically, could lead to overtraining.

"Nutrition and rest also play a huge role," he said.

OVERTRAINING, NEXT PG.

'Jacks beat Colorado Springs and continue winning streak

Hilary Lebow

Staff Writer

The HSU men's basketball team defeated the Colorado Springs Mountain Lions Saturday at the Mac Martin Tournament in Chico, Calif. The final score, 98-91, raised the 'Jacks to 6-2 overall, and kept Colorado Springs winless at 0-5.

Throughout the game, the momentum shifted back and forth between the 'Jacks and the Mountain Lions. In the last minute, HSU held steady, 9 points ahead of their competitors. Then, Colorado Springs bounced back with a three-point shot and interfered with the Jacks' attempt to pass the ball. The Mountain Lions narrowed the gap to 95-91 just 30 seconds before the finish.

To keep their opponents at a safe distance, the 'Jacks scored two more times before the clock ran out. In the end, HSU prevailed with their sixth straight win of the season. The previous day, the 'Jacks also beat St. Cloud State, 91-86.

Guard Efrén Del Río, a business administration senior, says the 'Jacks pressured their opponents with tough plays to wear them out quickly.

"Relentless is a word I would use to describe our team," he says.

"We would keep throwing fresh bodies in the game. Five in and five out."

Rio says during practice the 'Jacks will prepare for upcoming matches by analyzing game footage in order to learn from their mistakes.

Another strategy, Rio says, entails numerous running drills and "causing havoc, but in an organized fashion."

Head Basketball Coach Tom Wood says the team is a work in progress.

"We're a very young and inexperienced team," he says.

"But, each passing game we get more and more comfortable with our teammates."

The men's basketball team will compete at home in their first league game Wednesday against Sonoma State University at 7:30 pm in the Lumberjack Arena.

Last year, HSU played against the Sonoma State Seawolves twice, and the Jacks won both times. The Seawolves will arrive in Humboldt with 3 wins and 1 loss so far this season.

"Sonoma State has turned into quite a rival for us, so I think our guys are excited," Wood said.

Hilary Lebow may be contacted at
hlebow@thejackonline.org

OVERTRAINING, DON'T PUSH YOURSELF TOO HARD FROM PREV. PG.

After Gustas ran his race in May, he stopped running and went to see his doctor. That's when he found out about his almost-torn hamstrings. He went to an orthopedist who prescribed four weeks of physical therapy, with sessions twice a week. The therapy comprised of heat packs to loosen up his muscles and a procedure to break down the scar tissue that formed on his hamstrings.

"I had so much scar tissue you could hear it popping," he said. After that, electrical stimulation to his legs helped with the pain he experienced and he also took Ibuprofen as an anti-inflammatory.


A week before starting at Humboldt this semester, he got the OK to start running again.

His last race this season was the Charles Bowl Invitational in Salem, Ore.

Looking back to when the pain first started, he regrets not slowing down and trying other physical activities. He said he should have done some work in the pool or the weight room. Although his coaches always say if there's pain, athletes should tell them, he thought he could handle it.

"It's hard to step back," Gustas said. "It takes experience to know."

Torrin Hults may be contacted at
teh9@humboldt.edu




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L 8:54	S 3:92	L 10:02	S 3:73	L 11:15	S 3:30	L 12:23	S 2:62	L 13:23	S 1:75	H 7:11	S 7:04	H 7:52	S 7:49
H 14:14	S 5:81	H 15:12	S 5:37	H 16:24	S 4:95	H 17:49	S 4:69	H 19:15	S 4:68	L 14:16	S 0:79	L 15:05	S 0:15
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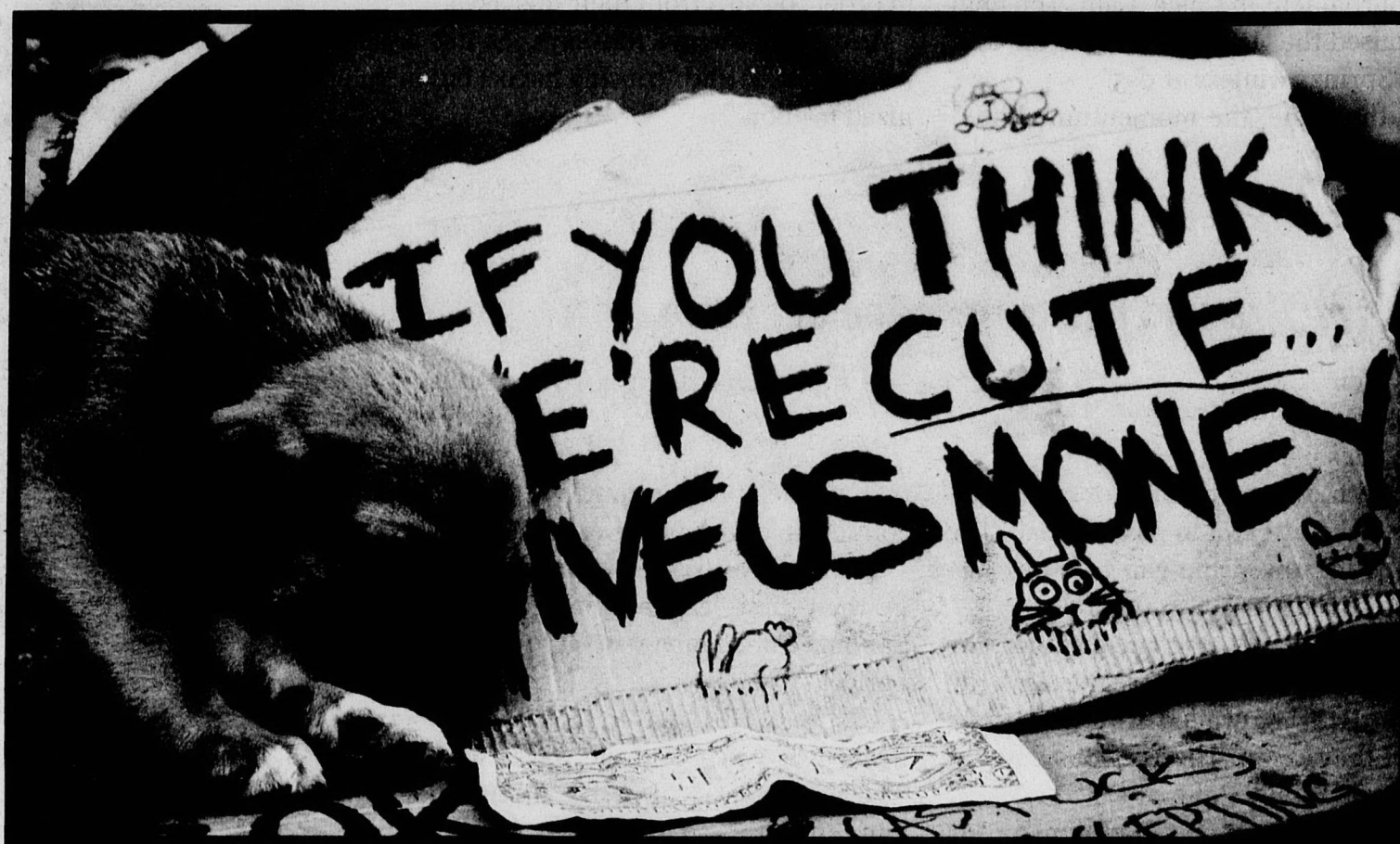
Features

WHAT'S GOIN' ON?

Bone Marrow Donor Drive
Wednesday, Dec. 3
Nelson Hall East Rm. 106
8:00 am - 12:00 pm
1:00 pm - 4:00 pm

Winter Karaoke Skate
Friday, Dec. 5
Blue Lake Roller Rink
6:30 pm - 9:30 pm
\$5 adults, \$4 children

UIHS Winter Arts and Crafts Fair
Saturday, Dec. 6
UIHS Potawat Health Village, Arcata
10:00 am - 5:00 pm



Saint Ides at 6-weeks-old takes a nap in Margaret Seldeen's guitar case last month as they wait for food money. | Stephanie Haller

You won't give him money for food, but what about his dog?

Derek Lactaoen

Arts and Features Editor

Susan Schroer visited the Arcata Endeavor last month for two things: peanut butter to feed her pregnant dog Jersey, and a plastic tub for Jersey to deliver in, so she wouldn't get blood on the floor of her tent.

Schroer is a homeless Arcata resident that owns two dogs, who she says are her companions, her protection and even her thermal heating units.

She is one of many of the city's homeless who own dogs as pets and more importantly, as friends.

"I stand on a corner for hours asking for money to get food for them," Schroer said.

"Coming to the Endeavor is my last resort."

Owning a dog while living on the streets adds

array of difficulties to the lives of the homeless. Homeless dog owners can't get on the bus with their dog, can't go into overnight shelters with their dog and can't go shopping in stores with their dog.

And while it is more difficult to see change in their circumstances, it is often easier to see change in their personalities.

For some of the homeless, owning a dog keeps them grounded in reality and is a connection to a love that they might not normally feel.

Brent Ferguson, program coordinator for the Humboldt County Animal Shelter in McKinleyville, said the biggest concern for homeless dogs is getting them vaccinated.

Other potential problems he sees include poor diets and keeping the dog warm. Shorter fur coats usually mean cold nights compared to dogs with longer, thicker fur.

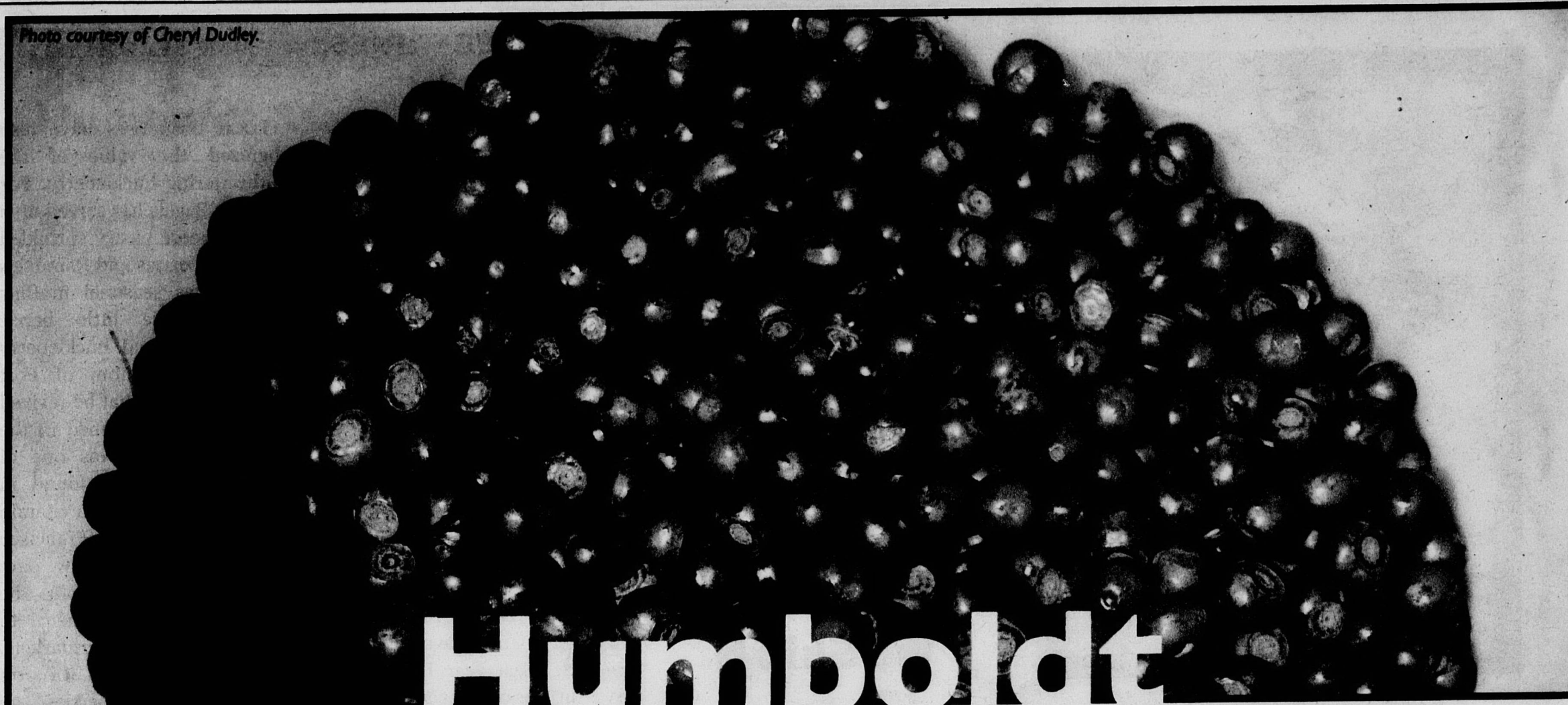
But just because a dog does not have a home, does not mean the animal is not taken care of and loved. "It's not that big of a deal, providing they can raise the animal correctly, it's just like anyone else," Ferguson said.

NORMAL VS. HOMELESS

Homeless dogs, unlike some dogs with owners who have houses, are constantly with their owners. Through cold nights, coastal winds and the

DOGS, PG. 19

Photo courtesy of Cheryl Dudley.



Humboldt HUCKLEBERRIES

Allie Hostler

Staff Writer

Think of a secret place that you might visit. Somewhere on the south side of Northern California's Bald Hills, down a deserted dirt road and beneath a thicket of oak and fir trees is your huckleberry patch.

You can't tell anyone exactly where, or it won't be a secret.

Judging by the black, berry-filled scat on the ground and the chatter in the branches above, a bear and squirrel claim your spot too.

On a good day with dry and crisp air, you gather your plastic containers and head to the bramble in search of fall's best bounty-huckleberries. There are black ones, blue ones, red ones, little ones, big juicy ones and sometimes there are none.

The best berries begin during winter when blankets of snow smother mountaintops. As the spring sun warms, berry brush gets a drink of snow. Snow pack determines the amount of moisture that must be rationed by competing roots throughout the dry summer months.

Humboldt State Botany professor for the past 31 years, Michael Mesler said there are two *Vaccinium* species that grow locally: the red and black huckleberry, also known as *Vaccinium ovatum* and *Vaccinium parvifolium*.

Closely related to the blueberry, huckleberries are usually smaller, but boast a more robust flavor and slightly higher antioxidant content.

Unlike blueberries, huckleberries are not likely to be found on any berry farms. They grow best in the wild.

Nature's recipe for good huckleberries is more sensitive than recipes for pies or muffins laden with the little berry.

Timing is everything. Mesler said huckleberry yield

Karen Middleton's Huckleberry Pie

4 1/2 cups of huckleberries

1 tablespoon of flour

1 1/2 cups of blackberries

Dash or two of cinnamon

3/4 sugar

Prepare your favorite double pie crust. Gently mix all ingredients and spoon into crust. Bake at 350 degrees for about an hour.

Note: Willow Creek resident Karen Middleton wouldn't share her secret huckleberry picking spots, but she did share her family recipe. The pie is a holiday tradition.

a variety of forests, and they mostly grow in the understory or in an open patch of a forest. He suggests the yield might be greater along the edge of a road or break in trees where the brush receives more sunlight, allowing it to photosynthesize efficiently and attract pollinators.

Robin Bencie is an HSU botany lecturer as well as the director of the campus herbarium. "It's hard to say what makes a good huckleberry year," she said. But Bencie believes pollination timing and the process is the key to huckleberry yield. She said bees use a special pollination technique called buzz pollination on huckleberries, and others in the *Vaccinium* species like blueberries and cranberries. Only 8 percent of the world's flowers are pollinated by buzz pollination.

After the melted snow and bees do their job, it's time to watch carefully for the tiny white blossoms to wither. The BB-bullet size berries emerge and gradually change from green, to red, to blue and sometimes to black. They ripen anytime in early to late August and can hang on the branches well into November depending on the year.

The higher the elevation, the later the berries ripen and the less time they are available. A strong winter freeze signals the end of huckleberry season.

Winter is the perfect time to preserve your berries. While the rain has you trapped indoors, you can try baking with them, canning them or drying them. Whatever you do, this delectable berry requires rationing and self-control. It's common to have a blue tongue and empty bowl before you can even get your harvest home.

“About 300,000 to 400,000 pounds of huckleberries go unpicked each year.”

Eric Schramm,
self-proclaimed huckleberry expert

depends on the amount of moisture available at the right time and the yield largely depends on pollinators.

"*Vaccinium* is heavily reliant on honeybees," Mesler said. "If a heavy rain knocks the blossoms off before the bees come, there will be fewer berries."

Mesler said Huckleberry brush can be found in

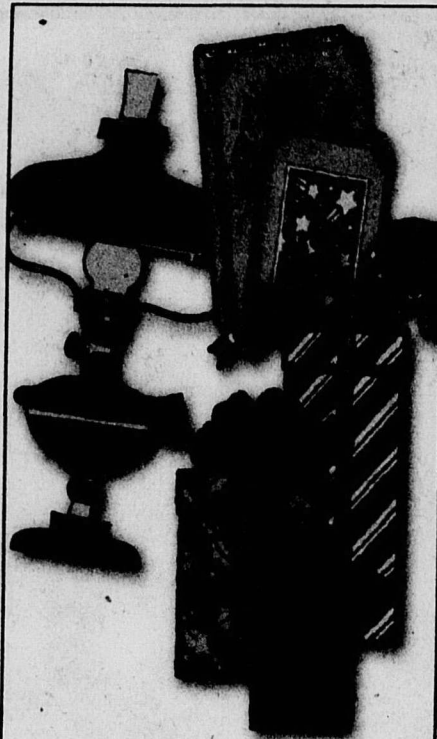
HUCKLEBERRIES, PG. 16



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HUCKLEBERRIES, IN PRIME SEASON PG. 15

For some, the berries are a sweet and tart finish to an herbal tincture.

Indigenous people of the Pacific Northwest region used huckleberries and brush for thousands of years. Mary Jane Risling is a resident of Arcata and member of the Hoopa Tribe. She gathers huckleberries for eating and also to brew a "blood purifying" tea. The tea is used to curb hunger and malnutrition during purifying fasts. She said the tea delivers a vitamin C infusion and helps balance the body's acid and alkaline levels.

"If you gather the leaves when the berries are ripe, you'll get a nice flavorful tea," she said. "Last year I gathered leaves in the off-season and my tea tasted something like hay."

The huckleberry's close relative, the bilberry (some people claim they are the same thing), is widely renowned as one of the world's most potent antioxidants. Winston Craig, Ph.D., is the chairman of the department of nutrition at Andrews University in Michigan. He wrote an article published in a November 2003 issue of Vibrant Life Magazine about the *Vaccinium* species. He said the european bilberry is just like the huckleberry, smaller than a blueberry, but with intense pigments through the entire berry, not just the skin.

It's the pigments that led scientists like Craig and Natives like Risling to value the *Vaccinium*'s healing power. The berries contain anthocyanidin pigments that protect the light-sensitive pigments in the retina. "These pigments help facilitate better vision in dim light," Craig said. "Bilberry extracts appear to improve circulation within the capillaries of the retina of the eye and inhibit cataract formation in the lens."

Scientifically the berry is best known for helping eye problems, like glaucoma and cataracts, but it also ranks high as an anti-inflammatory. Craig said the antioxidants, such as flavonoids and phenolic acids, help relax blood vessels, improve blood flow and inhibit blood clots. They can also help reduce LDL cholesterol levels and improve the immune system.

Local businesses have also recognized the value of the mouthwatering huckleberry. For years, Los Bagels has served up a flavorful cheese pastry sprinkled with huckleberries and Ramone's bakery serves seasonal muffins laden with the little berry.

Self-proclaimed huckleberry expert Eric Schramm of Fort Bragg, Calif., said that he revived an industry that boomed in the 1800s. Because it was one of the only fresh fruits found in Northern California with vitamin C, it was shipped to San Francisco and sold. Schramm now pays pickers \$3 a pound, cleans the berries and resells them to restaurants and supermarkets.

"About 300,000 to 400,000 pounds of huckleberries go unpicked each year and literally rot on the vine," he said.

But huckleberry habitat is shrinking rapidly. A 1972 U.S. Forest Service study estimated that 200 to 300 acres of huckleberry habitat was lost each year in Washington State alone. Enthusiasts agree.

Clark Davis, a Washington huckleberry-er for 40 years, has no doubt that berry fields are shrinking. He blames development and over-picking. "The growth of commercial picking over the past 10 to 20 years is significantly reducing the number of berries left for others," Davis said.

Davis loves the huckleberry's combination of sweetness and tartness, a flavor that can be bought at many supermarkets by way of jam and syrup. But nothing can replace huckleberry pancakes from berries he and his family pick themselves. "I enjoy the experience of eating and picking a wild berry in the woods," he said.

If you are lucky enough to have a berry patch in your backyard, or if you are energetic enough to travel to Elk Head, Trinidad or Redwood Park, try adding huckleberries to one of your favorite recipes. Or, simply pull them directly from the branch to your mouth and indulge in a healthy treat.

Allie Hostler may be contacted at
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The journey of a lifetime

Humboldt State students take on Tibet

Danielle Holt

Staff Writer

For most students, the month of August meant the start of school. But not for nine students at Humboldt State University.

Each year, a group of students travels with Geography professor Tony Rossi and his wife, Gail Rossi, to Tibet.

This year, these adventurous geography students trekked from one end of Tibet to another, spending some nights in hotels and others in strangers' kitchens.

Rossi takes these students every year to help them learn more about Tibet.

"Tibet is undergoing a great transformation which may have a serious impact on its fragile environment," said Rossi.

"It's also rewarding to see how some students go well beyond the program expectations and get really involved with some aspect of Tibet."

The group traveled further west than ever before. They headed west along the Southern Friendship Highway to the towns of Gyantse and Shigatse, stopping to visit the holy Mount Kailash, where they hiked up to visit a nearby monastery and were treated to "breathtaking" views of the Himalayas.

"We weaved across treacherous, but beautiful landscapes to Tsaparang, an ancient ghost town built into the side of a cliff," said Geography senior Arnold King.

Rossi said the group was also lucky enough to meet the endangered Tibetan Antelope.



The geography students trek along Mt. Kailash Kora to get to a monastery.
| Submitted photo

The group stopped in remote villages along the way. "These were the most valuable stops for me, playing with the kids in those places and having the opportunity to teach at a school are experiences I will never forget," said King.

Fellow Geography senior Corinne Cogger agrees. "It was worth every hoop and hurdle. It was the coolest thing I have ever done," she said.

The trip is about much more than just having fun though. Students who undertake this trip receive eight units of credit, but as King said, "It's worth more than that."

Each student undertakes a research project while abroad. This year's projects included a look into the modernization of food, renewable energy sources and China's manifest destiny.

"The opportunities given to students while in Tibet are very unique," King said. "You wouldn't be able to do the same things as a common traveler."

Cogger agrees. "We were no tourists...we were wanderers, nomads, pilgrims," she said.

"It's easy to read a book and learn about a place, but it is nothing compared to going there and experiencing it yourself."

But as on any trip, no matter how scholastic, strange things are bound to happen.

King tells of a large yak skull given to fellow student Religious Studies senior Marc Pederson. "It still had some hair on it and the nose hadn't fully disintegrated, but our drivers tied it to the back of one of our land cruisers and we sported it across Tibet," said King.

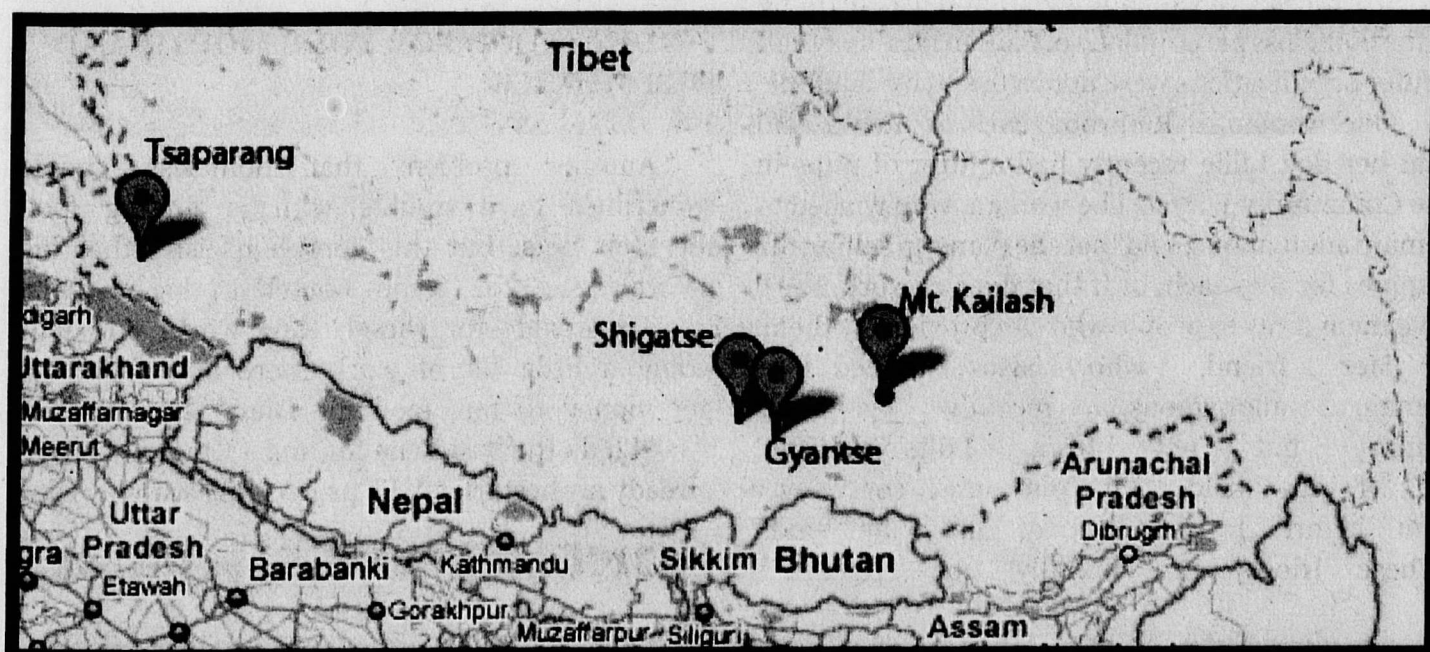
The travelers returned on Nov. 3, the day before the 2008 presidential election.

"It was a pretty extreme transition coming back to the States just in time for the most American event," said Cogger.

"But," she adds, "I think most people on the trip would do it again."

King's words sum up the trip best. "Lots of free yak butter tea, high altitude symptoms, a runny nose and a lifetime of experience packed into a few weeks."

Danielle Holt may be contacted at
dholt@thejackonline.org



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DOGS, POSE PROBLEMS FOR HOMELESS PG. 14



Diesel is Nathan King's 14-week-old Saint Bernard puppy. King said all of Arcata is Diesel's backyard. | Stephanie Haller

Humboldt rain, homeless dogs only know the comfort of their owners. Schroer might argue that her dogs, like others that belong to the homeless, benefit from living unlike 'normal' pets.

"[When you're homeless] you don't leave your dogs by themselves in the backyard for eight hours a day while you're at work," she said.

Nathan King, another homeless Arcata resident, agrees.

"People tell me 'Get a house with a yard,'" said King. "And I tell them, 'My dog has the biggest yard in town!'"

Diesel is King's new Saint Bernard puppy, now about 14 weeks old. King got Diesel from an owner who wasn't in a position to care for a litter of puppies.

"It wasn't something I planned on doing. I saved him from a worse life," King said. Homeless dogs often come from other homeless dogs whose owners can't afford to keep them or simply don't want the added responsibility.

It is unclear how much unfixed animals contribute to the homeless pet population. Calls to local spay and neuter organizations were not returned by deadline.

One woman at Redwood Park in Arcata said that her dog Lillie recently had a litter of pups in the Community Forest. The woman, who wished to remain anonymous, said that she plans on selling the puppies for \$25 each, or if that doesn't work, she'll give them away to people who can provide for them.

Her friend, who also wished to remain anonymous, recently got a puppy, but not from Lillie's litter.

"If it's cold, I'll put my coat over him before I put it over me," he said. "These [dogs] are literally our children."

WEATHERING THE WEATHER

Soon, Arcata's homeless and hopefully their pets can have a place to go when the weather turns ugly. The Extreme Weather Shelter program combines different agencies like the Arcata Endeavor with groups interested in helping the homeless, like churches. Ideally, they work together to set up places where the homeless can go in the winter when temperatures, rain or wind get to an intolerable point.

John Shelter, Arcata Endeavor executive director, would like to see some of

these places open up their doors to dogs as well, something that the Extreme Weather Shelter program is currently having a hard time doing.

Shelter said that their difficulties come from health issues—mainly not being able to let people and dogs that may carry diseases sleep together.

"We'll never stop finding solutions to our problems," said Shelter. "That's what we do."

FINDING FOOD FOR YOUR MOUTH AND HER MUZZLE

Another problem that homeless people sometimes have trouble with is finding food for their pets. But this "problem" isn't that big of an issue for some homeless dog owners.

To provide for Diesel, King works odd jobs doing a little bit of work "here and there" to get money to buy food for Diesel and himself.

"I'll do the best I can for him," King said. "He's already my best friend. I'll protect him with my life."

HOMELESS DOGS, NEXT PAGE

**"Dogs eat first.
That's a rule."**

- Jacek Mudry

DOGS, POSE PROBLEMS FOR HOMELESS PREVIOUS PAGE

Margaret Seldeen, 18, passed through Arcata last month on her way to Fresno, Calif. As she headed south, her group of six turned to eight as they picked up two German Sheppard-Boxer mixes. Seldeen travels in a group, which makes it easier for them to get food since someone can stay outside the store with the dogs.

While in Arcata, Seldeen played her guitar to buy dog food as her puppy, Saint Ides, took a nap in her guitar case. Saint Ides, now almost 10 weeks old, is her "sweet little tweaker," a term of endearment that she and her friend Jacek Mudry, 19, use for the puppy.

"Street kids" take better care of their dogs better than themselves, said Mudry. "Dogs eat first. That's a rule."

Genevieve Frederick is the executive director and founder of Feeding Pets of the Homeless, a national charity based out of Carson, Nev., that collects and distributes dog food for homeless individuals. Other than her work to feed homeless animals, a lot of what Frederick does is to help inform people about what issues actually face the homeless and their dogs, and to distinguish those from stereotypes.

Frederick said a portion of homeless individuals have some sort of mental disorders, whether it be mild depression or severe schizophrenia.

Frederick and Shelter, along with other professionals who deal with the homeless and their animals, distinguish between a service dog and a care dog.

Both require licensing. Service dogs help people with vision and hearing impairments, or some other disability where a dog can help that person get along easier. But a care dog is for therapeutic purposes. Shelter said that these dogs, prescribed by a doctor, can help with anxiety or depression.

Service dogs can enter buildings that normally

"I'll do the best I can for him. He's already my best friend."

- Nathan King

don't allow dogs, and some places will allow care dogs, but not always. Having these service tags can help homeless people to better provide for themselves and their animals, but the problem

is how to get them.

The solution for some, like Seldeen and Mudry, is to fake the tags for their dogs so they can take them wherever they go.

Seldeen said that the fake tags will last until they can get St. Ides properly trained and registered.

DOGS AS MEDICINE?

Frederick said for a lot of homeless people, a pet is their connection to reality. "When they walk in a park, people now look at them, where before people treated them as invisible," Frederick said.

"They're making a connection with society."

The idea that pets can help people maintain contact with the world around them isn't new. Boris Levinson,

late professor at Yeshiva University in Bronx, New York, wrote a book on the subject, titled "Pet-oriented Child Psychotherapy."

Levinson wrote that a pet that responds to care and affection and that response to care can mean the difference between contact with reality and withdrawal into fantasy.


This interdependent relationship, regardless of a roof, is something that anyone can benefit from. After all, a home isn't a house; it's where you want to be; and for many of Arcata's homeless pet owners, that place is right next to their dog.

Derek Lactaoen may be contacted at dlactaoen@thejackonline.org

"We'll never stop finding solutions to our problems."

- John Shelter, executive director of Arcata Endeavor

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We strive to act as a watchdog of those instituting policy that affects students and their surrounding communities. We are a newspaper for students, by students. Our goals are honesty, accuracy and originality in reporting. We will hold ourselves accountable for errors in our reporting. We invite all readers to participate.

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Be a part of it.

EDITORIAL

It's all about

December is here, which means that 2008 is drawing to a close and another new year is just around the bend.

This was a tough year for all of us. Our economy looks bleak and many are unsure what the future holds. Even when we endure hard times, the good times continue to make them worthwhile.

The Arcata Endeavor has faced its share of hardships with worries of being shut down, and now has until April to find a new place of operations. Still, last Thursday it was able to open its doors to help others.

With help and donations from community members and local businesses, those in need were still able to have their turkey dinners and know that people still care.

Gestures of kindness remind us that sometimes the simple things balance out all the bad.

With this in mind this holiday season, try to reach out just a little bit more. Even if you cannot afford to make donations to local shelters or non-profit organizations, volunteering your time is enough to show you care.

When times seem challenging, it is easy to lose perspective on what is important. But if we just take a moment out of our hectic lives to stop, take a breath and look around, we will see how lucky we are to be able to help each other.

Want to volunteer?

Arcata Endeavor - <http://www.arcataendeavor.org/>
Humboldt CASA - <http://www.humboldtcasa.org/>
Humboldt Big Brothers/Sisters - <http://www.bigbrothersbigisters.ca/humboldt>

Send your submissions to our new Opinion Editor Rose R. Miller at rcm28@humboldt.edu

Letters to The Editor

Thank you and goodbye

Dear Editor,

For the last six years, it has been my great honor to represent this area in the State Assembly. It has been an extraordinary 6 years. We have been through a lot. We fought for road projects and river protection. We have struggled to close budget deficit after budget deficit. We have been through terrible forest fires, and have literally weathered the storms.

I have tried to help in big ways and small. I worked on the individual needs of those who sought my help. I wrote laws to protect our environment, to safeguard our senior citizens, to bring opportunity to our school children, to ensure patients' rights, and to help local government better care for people in need.

This really has been the opportunity of a lifetime, and I am eternally grateful for the privilege that has been afforded me, and the endless support I have enjoyed.

It is not easy to leave the Legislature, mainly because there is so much work left to be done. It has always been my nature to stick with projects until they are finished.

Dear Editor,

This is my 100-word wish list for President-elect Obama:

1. Prosecute the 20 top U.S. war criminals, starting with Bush and Cheney.
2. Reduce military spending by 80 percent; end the export of weapons.
3. Release 500,000 non-violent, non-sex crime prisoners from U.S. prisons.
4. Decriminalize marijuana.
5. Forgive all existing student loans.
6. Cap credit card interest rates at 3%, no exceptions.
7. Cap the U.S. population at current level, decreasing by one-half percent per year.
8. Eliminate homelessness by mandating basic housing for all.
9. Guarantee health care for all.
10. Guarantee employment for all who want it.
11. Convert the U.S. to a non-expansion-based economy.
12. End the manufacture and use of plastics.
13. Ensure a thriving, natural environment.

Fhyre Phoenix
Student

But the work of public service, by its nature, is never completed. It constantly calls to the next person and to the next generation to come lend a hand, to share the responsibilities of community life.

To those of you who would step forward and serve your community, I wish you well. And to all of you, please accept my sincere and heartfelt Thank You.

Patty Berg
State Assemblywoman

The Lumberjack Submission Policy

Submissions must be addressed to our **Opinion Editor Rose R. Miller** at **rcm28@humboldt.edu**.

Include "Attn: Opinion" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

Guest columns may not exceed 750 words.

All letters and columns may be edited for grammar and spelling.

We reserve the right to edit profanity and obscenity and may hold content for any reason.

New contributors may be given preference over return contributors.

Please include your name, telephone number, city of residence, and affiliation with relevant campus or community organizations.

HSU students should provide their major and class standing.

We also welcome cartoons, spoof articles, and other items.

Perspective from the war front

Dear Editor,

Regarding recently reported events of misguided ignorance targeting returning veterans. And the recent attempt to educate the student body, community, administration and faculty by the Veterans Enrollment and Transitional Services Center, regarding veterans' unique issues, experiences, concerns and goals, and the sparse attendance.

Returning veterans are not looking for any handouts or special favors. Simply open mindedness and an attempt at understanding. You might be grateful and supportive, or disagree with the Government's decision to wage this war. The veteran had no say in whether or not she or he went to war, or where, for that matter. Folks join for a myriad of reasons and yet most of them are financial, personal issues, a desire to learn a job skill and to receive educational assistance for college. Those who join the National Guard never intended to go to war, necessarily.

Consider this, adopting a vet, you may make a lifelong friend and definitely the most loyal of

companions and friends you will ever know. There is one in each of your classes and they just want to be taken for who they are, and would appreciate your understanding of their potential difficulties attending college. Veterans are usually older and worldlier than their peers. Veterans, depending on their range of service, may have been in combat, combat like situations, near combat or exposed to some horrendous incident.

Adopt a vet, befriend a classmate, welcome them home, and appreciate their service, or at least their willingness to sacrifice all for your safety, without even knowing you. Remember us, and please treat us with the same dignity and respect that we would treat you.

Just as the Vietnam War effected an entire generation, so will the current conflicts in Iraq and Afghanistan. Therefore, I would think a prudent individual would want to inform themselves as best they could as to the issues and concerns surrounding the conflicts and there effects on individuals, world views and cultures.

During the spring semester and throughout the upcoming school year there will be a series of informative events regarding veterans. I would strongly suggest folks plan to attend. Help our warriors' transition home; it is to the entire communities benefit.

Respectfully,

Marc B. Knipper
MSW

All submissions must be received by 4:00 p.m. the Friday preceding publication.

Wish list to Obama

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Arts & Review

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Bella Swan (Kristen Stewart) and Edward Cullen (Robert Pattinson) in Summit Entertainment's "Twilight." | Summit Entertainment

'Twilight' sucks without fangs

Stephanie Haller

Editor-in-Chief

Twilight is kind of a big deal. The book sold a gazillion copies, the leading man is a hunky unknown from England and the merchandise is spilling out of Hot Topic like blood from an elevator in "The Shining."

For those who have been living six-feet-under, "Twilight" tells the tale of a vampire in love with a human girl. If you're expecting a story woven as delicately as Buffy and Angel in Joss Whedon's "Buffy the Vampire Slayer," you will be sorely disappointed.

Author Stephenie Meyer's vampire world lacks fangs and features dazzling, sparkling vampires - not exactly the stuff nightmares are made of. While the writing of the four-book series at times reads like bad fanfiction, the series has sold over 17 million copies. Its success, likened to that of the 400 million Harry Potter novels sold world-wide, was enough for Summit Entertainment to greenlight the film adaptation.

Bella Swan (played by Kristen Stewart from "Into the Wild") moves from Phoenix to the wettest little town in America: Forks, Wash. There she meets the mysteriously pale and handsome Edward Cullen (played by Robert Pattinson, most famously known as Cedric Diggory in "Harry Potter"). Edward is not like anyone - or anything - Bella's ever met. Edward is a 'vegetarian' vampire - his vampire family chooses to drink animal blood rather than feed on humans. Complicating Bella's love life is Jacob Black (Taylor Lautner) - a Quileute whose tribe has history of bad blood with the Cullen family.

Bella and Edward fall in love almost instantly, with Bella representing what Edward's waiting for in his 90-plus years of being undead: a mate. As Edward and Bella grow closer, trouble brews just behind a thunderstorm with a new clan of vampires arriving in Forks.

TWILIGHT

Rated PG-13 for some violence and a scene of sensuality

MINOR THEATER: (3:45), 6:30, 9:15
MILL CREEK THEATER: (3:10), 6:00, 8:50
BROADWAY: (12:20), (3:10), 6:00, 8:50
FORTUNA THEATER: (4:10), 6:30, 7:00

"Twilight" is no award winner. With a lackluster script, cheesy special effects and sub-par acting, "Twilight" feels more like a network movie than a feature film.

Anyone who looks for a perfect adaptation from book to film will be sorely disappointed, as it's impossible to visually translate every written word. Former "The O.C." writer Melissa Rosenberg's

TWILIGHT, PG. 25

Want to get into the Arts calendar? Fill out the form online at thejackonline.org/calform



In this undated photo, the Golden Dragon Acrobats perform one of their circus acts. | Asian Artist Productions

Chinese acrobats jump through hoops for their audience

Lye Landau

Staff Writer

The Golden Dragon Acrobats are best known for stunts such as stuffing their entire bodies into vases and juggling tables with their feet.

As part of their 30th anniversary tour, the Golden Dragon Acrobats presented "Cirque D'Or" live on Tuesday, Dec. 2, at Van Duzer Theatre. "Cirque D'Or" is French for Gold Circus, and is likely a reference to the similar productions performed by Canadian acrobatic troupe "Cirque du Soleil."

The acrobats' routines are appropriate for entire families. Scott Turnbull, an Arcata resident, said he was attending the show because, "I wanted to bring the girls," while gesturing to his two young daughters, Briana and Isabella Turnbull. Isabella said, "I've seen them twice. Once with my mom and once with my class."

She said when she saw the Golden Dragon Acrobats perform with her class, she was sitting near the aisle and some acrobats in a dragon costume scared her. "It came close to me and it was like, 'RAWR!'" said Isabella. She said she enjoyed everything else in the show.

Arcata resident Grace Cogswell had never seen Chinese acrobats perform before. She said her dad gave her the tickets, and she didn't know what to expect, but had not yet seen a bad performance at HSU. "It should be a surprise.

"[I'm here] just to see people running around doing flips and stuff."

- Matt Scott

It should be really cool."

McKinleyville High School students Matt Scott and Matt Ware attended the performance with their drama club. Scott said, "We [the drama club] have a special thing where we go see performances together."

"[I'm here] just to see people running around doing flips and stuff." Scott also hoped to be called up on stage.

Ware, who saw the Golden Dragon Acrobats when he was in elementary school, explained the acrobats brought a lot of people on the stage so no one would feel singled out. "They show people what to do for drum circles and musical parts."

With more than a dozen athletes, dancers and contortionists, the Golden Dragon Acrobats go beyond ordinary circus acts.

They wear colorful costumes and perform stunts that demonstrate their strength, agility and self-discipline. Some of the techniques like tightrope walking are ancient, while others, such as several performers riding on a single bicycle, are more modern.

They continue the tradition

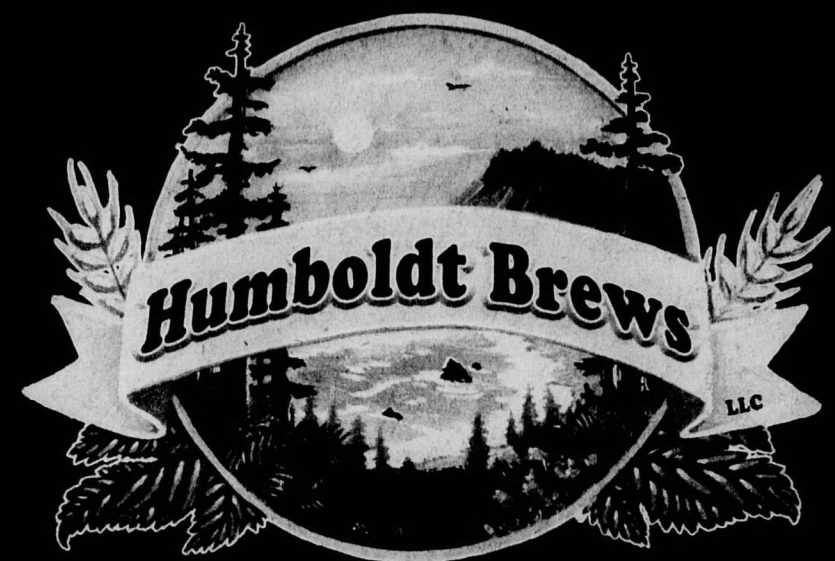
of Chinese acrobatics that became widely popular more than 2,000 years ago. Ancient acrobats would use everyday items such as tables, chairs and parasols as props to entertain each other. This leisure activity evolved into a theatrical art with musical accompaniment, unique lighting and backdrops.

The performers are from Cangzhou, Hebei Province in China. They begin training in early childhood to develop the strength and flexibility required for Chinese acrobatics.

Children usually begin training at the age of four, and can start practicing in a performing troupe between the ages of six and eight. Within the first six months, young acrobats must be able to do a handstand against a wall for half an hour at a time or they will not be able to continue training. Chinese acrobats generally start performing on stage when they are fifteen or sixteen years old.

During the last 30 years, the team toured in more than 65 countries and in every state in America, according to their official Web site. The acrobats literally bend over backwards to present their hard work to the world and promote cultural exchange between western nations and China.

Lye Landau may be contacted at llandau@thejackonline.org



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DEC. 4 - Compost Mountain Boys

DEC. 5 - Afrommassive - WorldFunk

DEC. 6 - Kim Manning of P-Funk Allstars

DEC. 10 - On The One & Moo Got 2

DEC. 11 - Absynth Quintet - GypsyJazz

DEC. 12 - Bloco Firmeza

DEC. 13 - Ripple Effect - Grateful Dead Tribute

DEC. 17 - Ya Ho Wa 13 - Psychedelic

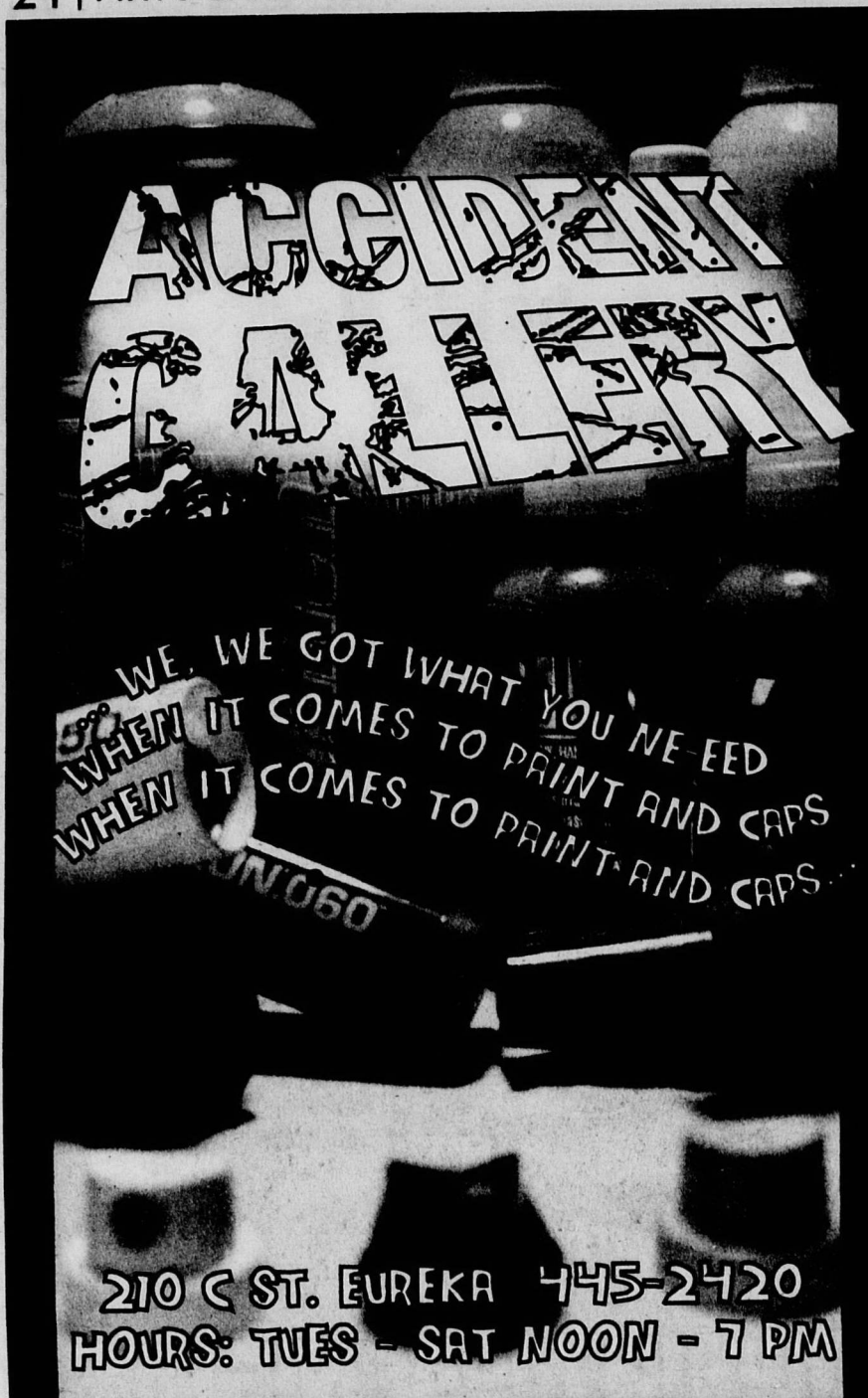
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James Franco stars as real-life gay rights activist Scott Smith in Gus Van Sant's 'Milk,' a Focus Features film. | Phil Bray

James Franco's star rises with 'Milk'

OFF THE WIRE

Caitlin E. Moore | The Eagle

He's played everything from a stoner drug dealer to a 10th-century lover to a Hollywood icon. He's one of those actors whose name you can't necessarily place but whose face you immediately recognize. James Franco -- perhaps best known for his role as Harry Osborn, Peter Parker's best friend in "Spider-Man" -- discussed his newest film and his career during a phone interview with The Eagle.

Franco has been in the movie business for nearly a decade. Though he started out in teen comedies like "Never Been Kissed" and "Whatever It Takes," Franco first found critical success in the Emmy-winning but short-lived television series "Freaks and Geeks." Since then, Franco has garnered a varied résumé that has included a Golden Globe-winning turn in the titular role for "James Dean," as well as a supporting actor in the "Spider-Man" franchise.

After the success of this summer's "Pineapple Express" and the critical buzz surrounding the upcoming release of "Milk," it's hard to deny Franco's rising star status.

Recently named GQ's 2008 "Screen Idol of the Year," Franco's next film, "Milk," is already garnering critical acclaim and Oscar talk. The movie is based on the life story of Harvey Milk (played by Sean Penn), the first openly gay man to be elected to public office. Franco plays Scott Smith, Milk's most serious boyfriend and longest lasting relationship.

Franco had some apprehension about his love scenes with Penn but insisted it was like kissing anyone else and this role was like any other job.

"It's not like I was like, 'Hey Sean, we should practice that love scene. In my hotel room,'" Franco said. "It's just a part of the job."

The recent passage of Proposition 8 in California, which bans people from marrying someone of the same gender, has helped highlight the social and political relevance of "Milk." Some articles have speculated about whether or not an earlier release of "Milk"

would have changed the results of the vote.

Because "Milk" details events of a similar political action in the 1970s to today's Proposition 8, it may have helped to sway the vote a little, Franco said. However, because of its limited and rolling release in theaters, the film would had to have been released in the late summer to reach general audiences in time for the November election, he said.

With the exception of the 2008 summer comedy hit "Pineapple Express," Franco is usually seen in dramatic roles like "Annapolis" and "James Dean." Though he honed his comedy chops on the set of 1999's "Freaks and Geeks," Franco insists the show didn't seem like a comedy at the time.

"I think it was more of an instance of these dramatic characters being put in comedic situations more so than the show itself actually being a comedy," he said.

Though lauded for his hilarious performance in "Pineapple Express," Franco said both comedic and dramatic movies have different advantages.

"With 'Pineapple Express,' it was like having fun on the set with your best friends everyday," he said.

"Pineapple Express" was the third teaming of Franco with his old friend Seth Rogen, as well as with current comedic directing phenomenon Judd Apatow, who directed Franco in "Freaks and Geeks" and in a cameo bit in "Knocked Up." The camaraderie of the trio is quite evident in Franco's enthusiasm when talking about the Apatow crew.

"I would do a movie with those guys again in a second," he said.

Franco is certainly one to watch out for in the months to come. He has already written and directed three of his own movies and recently graduated from the University of California, Los Angeles, with a degree in English.

Franco is now currently attending both Columbia University and New York University for graduate school while he continues to promote and film for his current movies.

TWILIGHT, FILM HAS NO BITE PG. 22

adaptation reads and flows like that of a bad television show instead of a feature film.

"Twilight" barely glances at key characters, relationships and crucial plot points. The Cullen family is neglected and thrown to the wayside for Bella's high school friends, who's sole purpose seem to be comic relief.

"Twilight" fails to build up the crucial relationship between Bella and Jacob, which dominates the second book and soon-to-be film, "New Moon."

The poor adaptation is the least of Director Catherine Hardwicke's problems. The casting of Kristen Stewart as the clumsy but beautiful Bella Swan was one of Hardwicke's biggest blunders. Stewart portrays Bella with hardly any stumbling and actual acting - unless you count her awkward hand gestures, stuttering sentences and eyebrow movements.

"Twilight's" skimpy \$37 million budget isn't quite what Hollywood blockbusters are made of and it shows. The action scenes are downright laughable and the makeup could have been done by beauty school drop-outs.

One of the most anticipated scenes of the film - Edward stepping into the sun in the meadow - is cringe-worthy, with Edward looking as if he had collided with a glitter display in a craft store. The effect was weak, with Meyer commenting during a recent interview to

Entertainment Weekly, "People make realistic CGI dragons, so you wouldn't think making people sparkle would be that hard."

But not all of "Twilight" is worth trashing. Robert Pattinson's performance as Edward Cullen is promising, minus a few awkward phrases and stiff movements. At times, Pattinson comes across as too human - the difference in mortal and immortal isn't as apparent as it should be.

Visually, "Twilight" is stunning. Almost exclusively shot in Oregon and Washington, "Twilight" gives us the Pacific Northwest at its finest with sweeping shots of sprawling forests and sparkling waters.

With the sequel "New Moon" partially based in Rome, one can hope there is room in the budget for an overseas location shoot.

"Twilight" is not nearly as bad as one might have expected. But don't go expecting top-notch acting, stunning special effects and a half-way decent book adaptation.

What you will get is an engaging teen romance that is all but neutered by a looming metaphor for celibacy. The result is a flaccid vampire romance with no biting or boning.

Stephanie Haller may be contacted at editor@thejackonline.org. Views expressed do not necessarily represent the views of the Lumberjack.

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Dec. 3 - Dec. 9

campus.community.music.film.theater

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WEDNESDAY

December 3

HumTunes presents Ukexperience and A Farewell Device

Where: Humboldt Brews, Arcata
Time: 10pm

Bone Marrow Donor Drive

Where: Nelson Hall East 106
Time: 8am-12pm, 1pm-4pm

CR Clay Club Winter Ceramics Sale

Where: CR admin building
Time: 8am-5pm

101 Eureka Arcata Corridor Improvement Project Open House

Where: Wharfinger Building, Eureka
Time: 5-7pm

Biltzen Trapper

Where: Red Fox Tavern, Eureka
Time: 8pm
\$12

THURSDAY

December 4

Compost Mountain Boys (Bluegrass)

Where: Humboldt Brews, Arcata
Time: 10pm

CR Clay Club Winter Ceramics Sale

Where: CR admin building
Time: 8am-5pm

Prezident Brown with The Solid Foundation Band

Where: Red Fox Tavern
Time: 10pm
\$20 at door

Author Antonia Juhasz

Where: Northtown Books
Time: 7pm
Author presents new book "Tyranny of Oil"

FRIDAY

December 5

Afrommassive (WorldFunk)

Where: Humboldt Brews, Arcata
Time: 10pm

Winter Karaoke Skate

Where: Blue Lake Roller Rink
Time: 6:30 - 9:30pm
\$5 adults, children \$3 - \$4

Author John Zerzan

Where: Northtown Books
Time: 7pm
Author presents new book "Twilight of the Machines"

HSU Symphonic Band

Where: Fulkerson Recital Hall
Time: 8pm
\$7 general, HSU students free

Southern Squares at Bayside Grange

Where: Bayside Grange
Time: 7:30 - 11pm
\$7

SATURDAY

December 6

UIHS Winter Arts and Crafts Fair

Where: UIHS Potawat Health Village, Arcata
Time: 10am - 5pm

Moonalice

Where: Red Fox Tavern
Time: 10pm

Percussion and Calypso Band

Where: Van Duzer Theatre
Time: 8pm
\$7 general, HSU students free

Kim Manning of P-Funk Allstars

Where: Humboldt Brews, Arcata
Time: 10pm

Dance Extravaganza

Where: Sacred Palace, Eureka
Time: 8pm
\$5, \$3 students

Why Hunger? benefit concert

Where: Kate Buchanan Room, HSU
Time: 8pm

SUNDAY

December 7

Inner Space Talks

Where: Plaza Grill, Arcata
Time: 5pm

Jazz Piano Brunch

Where: Muddy's Hot Cup
Time: 11am

HSU Madrigal & MRT Jazz Singers

Where: Fulkerson Recital Hall
Time: 8pm
\$7 general, HSU students free

MONDAY

December 8

Community Forum to Promote Safety for Cyclists

Where: D Street Neighborhood Center, Arcata
Time: 6-8pm

Open mic

Where: Humboldt Brews, Arcata
Time: 8:30pm

TUESDAY

December 9

Anat Cohen Quartet

Where: Kate Buchanan Room, HSU
Time: 8pm
\$15

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1- Bedouin; 5- Summary; 10- Nephrite; 14- Deride; 15- Eat away; 16- Up and ...; 17- Church principles; 20- Confine; 21- System of social perfection; 22- Like; 23- Air bubble; 24- Place side by side; 28- Burn the midnight oil, studying; 29- Hanoi holiday; 32- Feudal vassal; 33- "Brockovich"; 34- Sea-going eagle; 35- Empiricism; 38- Hollow cylinder; 39- Thick cord; 40- Exhaust; 41- Yoi; 42- Routine; 43- Fix beforehand; 44- Nota ...; 45- ...pitch softball; 46- Nut; 49- Almond-flavored liqueur; 54- Typical instance; 56- Thick slice; 57- Stradivari's teacher; 58- Chip in; 59- Leander's love; 60- Ventured; 61- Golf pegs, northern English river;

Down
1- Antiquing agent; 2- Starchy food grain; 3- Rudiments; 4- Waist band; 5- Recoil; 6- Writer Jong; 7- Layer of paint; 8- Spots; 9- Peevish; 10- Son of Isaac; 11- Take ... from me; 12- Lucie's father; 13- Austen novel; 18- Rubber; 19- News bit; 23- Salt water; 24- First letter of the Hebrew alphabet; 25- Sprite; 26- Energetic; 27- Gothic-type arch; 28- Classy pancake; 29- Attempts; 30- Come afterward; 31- Entice; 33- Chew the scenery; 34- Otherwise; 36- Unbreakable; 37- Roman goddess of the dawn; 42- Harvest; 43- Tranquil; 44- Inept person; 45- Strike hard; 46- Interlock; 47- Wheel shaft; 48- Become closer to; 49- A long way off; 50- Coup d' ...; 51- Fork feature; 52- Carry; 53- Change for a five; 55- ... little teapot...

Classifieds

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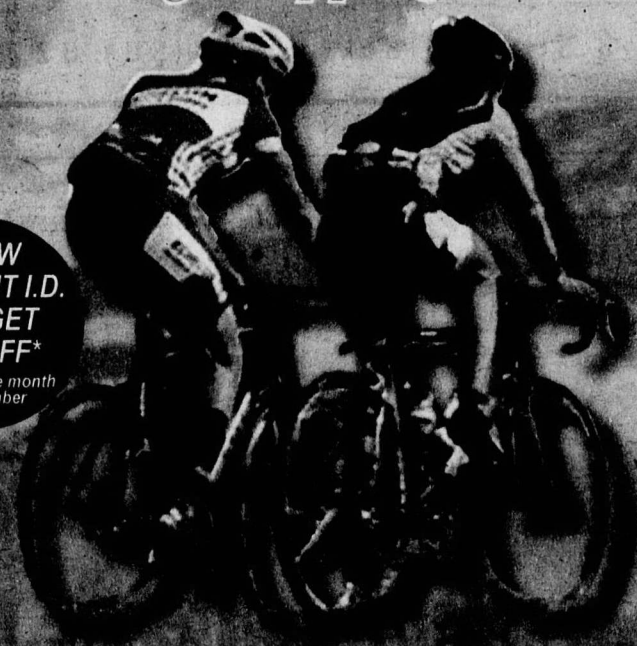
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