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LEGISLATIVE AFFAIRS V.P. FACES POSSIBLE REMOVAL FROM ASSOCIATED STUDENTS FOR VIOLATION OF JOB RESPONSIBILITY

Design: Stephanie Haller

CORRECTIONS

to Portland State University and the correct school should be The University of Portland.

The article said he went to Richmond and John F. Kennedy High school but he only went to John F. Kennedy High School.

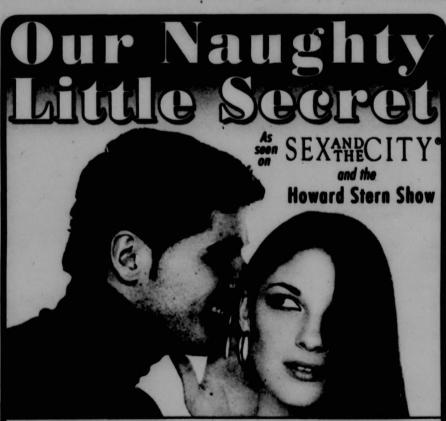
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The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published Wednesdays during the school year. Questions regarding editorial content of the Lumberjack should be directed toward its editor. Opinions expressed by guest columnists are those of the authors and not necessarily those of HSU. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures by the Lumberjack, Associated Students, or HSU. The views and content of the Lumberjack are those of the author and not necessarily HSU.

CSU faces another budget cut



The Budget Committee met on Friday March 7th in the Corbett Conference Room to discuss Humboldt State University budget changes in the wake of California's cuts.

Sara Wilmot **Staff Writer**

Humboldt State University is facing a time of uncertainty in regards to the funding for the 2008/2009 academic year.

Humboldt State was notified last week that it stands to lose \$7,371,100 from its general operational budget for the 2008/2009 fiscal year.

This is the result of Governor Arnold Schwarzenegger's recent proposal of the new statewide budget for 2008. Acknowledging the \$16 billion budget deficit currently facing California, the proposal includes a significant cut in the funding for the entire California State Universi-

Paul Browning, a California State University spokesperson, said the proposal was for a cut of \$386.1 million from the funding for all 23 campuses in the CSU system.

This funding reduction comes after the CSU budget has been reduced by over \$500 million in the last eight years.

Humboldt State was expecting to receive an funding increase of \$4,748,000 for the upcoming academic year, giving Humboldt State a general operational budget of \$80,814,527.

From this anticipated total of over \$80.8 million is from where the more than \$7.3 million reduction

comes. Humboldt State's new general fund allocation from the state is \$73.4 million for the 2008/2009 aca-

"We were expecting an increase [in the budget] for next year," University Budget Director Carol Terry said, at the University Budget Committe meeting on March 7. "We were making plans based on this figure." The general operation fund does

not include the funding that the "We need to archive university ceives from stuwhat efficiencies we dent tuition and

other fee reve-The

governor's proposed budget is not going to fund the normal anincreases that universities face, such as increased costs in

utilities and energy, salary increases and compensation.

Associated Students President Terra Rentz said the student government is concerned. "If departments lose money, they will be looking for new sources of funding and we fear that they might

come to us," she said.

can, then we will

move to make target-

ed cuts; the last thing

we want is program

vice president of Academic Affairs

elimination.'

The Associated Students allocate student fee dollars to 23 student-run programs on campus, such as the YES [Youth Educational Services] House and the Learning Center.

"All the departments on campus host out-of-the-classroom events, such as bringing speakers to campus and department socials. The departments may be forced to find

a new way to pay for these types of things," Rentz

Paul Mann, Humboldt State spokesperson,

said, "We are in a state of flux; the cost of doing business will continue to increase and these increases will not be covered by this new budget. It's a

serious issue and very unfortunate."

Bob Snyder

If the budget cut goes through, each university will have to reformulate their individual budgets. Browning says that this can lead to an increase in student fees, termination of programs and courses, layoffs of faculty, staff and student employ-



photo by Lindsay Brown

Bob Snyder, vice president of Academic Affairs, discusses the \$7.37 million budget deficit at the University Budget Committee meeting on March 7.

ees, and eliminating certain student eliminating, if possible, the recruitservices.

The University Budget Committee has been meeting and is working to prepare for this cut.

At the University Budget Committee meeting on March 7 members discussed the likely budget cut. Bob Snyder, vice president of Academic Affairs, said at that meeting, "We need to archive what efficiencies we can, then we will move to make targeted cuts; the last thing we want is program elimination."

The Budget Committee is taking steps to carry over as much of the 2007/2008 allocation to the next academic year as possible. There has also been discussion of reducing or

ment of new faculty, staff and administrators to the university.

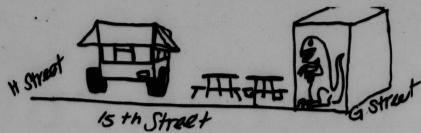
These statewide cuts in funding have many negative outcomes for the CSU system. It will deny access to the CSU universities for more than 10,000 students.

"We just won't be able to afford to enroll as many students as we would like to," Mann said.

Browning said he believes that this could ultimately have negative ramifications for the state's economy in the long run.

"In a way, it's like biting the hand that feeds you. On one hand they want to stimulate the economy and

see BUDGET, page 7







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The flu hits Humboldt State

John Anderson Staff Writer

Uniquely infectious illnesses hit Humboldt State students and teachers in the first half of this semester, disrupting schedules and leaving people feeling miserable.

Rebecca Stauffer, director of the Student Health
Center, said the center has seen more ill students this semester than any of the five years she's been working here. She said that the illnesses felt across campus are a mixture of influenza and other diseases with similar symptoms known as influenza-like-illnesses, or ILI.

"The course of the disease isn't any different, but the number of people affected is. We are impacted here significantly."

Rebecca Stauffer director of the Student Health Center

Numbers compiled by the Health Center show that in the first three weeks of the spring 2007 semester, there was only one diagnosed case of ILI out of 1352 check-ins. In the first three weeks of this semester, 99 cases were recorded out of 1351 check-ins,

and Stauffer said this was but a fraction of the total number of ill students.

"It's currently widespread throughout the county and state," Stauffer said. "The course of the disease isn't any different, but the number of people affected is. We are impacted here signif-

icantly."

Stephanie Burkhalter, assistant professor of political science at Humboldt State, said, "I call it 'Deathbed 2008." Burkhalter canceled three days of classes see FLU, next page

Mediators help clear away emotional haze

Sara Wilmot Staff Writer

Let's just agree to disagree: a compromise many people come to when they find themselves in a conflict that seems to have no solution.

But is this really a good way to solve a dispute? Humboldt Mediation Services doesn't think so.

Humboldt Mediation
Services is offering a training course in conflict mediation, open to all community members.

"I don't just use my skills when I am mediating, what I have learned is applicable in every aspect of my life," said Emily McPhail, a volunteer mediator and office administrator for Humboldt Mediation Services.

Humboldt Mediation Services is a nonprofit organization that was established in 1983. They work to resolve conflicts between people in the community with the goal of diverting people from having to go to court and encouraging people to solve disputes.

"We don't walk in and say 'I'm going to solve your problems,' we focus on having disputants come to their own solutions."

Emily McPhail volunteer mediator

Anda Webb is the chairperson for the Humboldt Mediation Services board as well as a volunteer mediator. She took the mediator training course in 2002 and has been involved with Humboldt Mediation Services ever since.

"I was attracted by the idea of making peace in the world, helping people reduce the conflict in their lives, and finding better solutions for unhappy situations that they may be tolerating," Webb said.

Humboldt Mediation Services' next mediator training session starts March 31. It is a 30-hour, two-week course with classes held Monday and Wednesday evenings and Saturdays at the Arcata Pres-

byterian Church.

Webb is a union representative for most of the staff at Humboldt State University with the California State University Employees Union as well as the chairperson for Humboldt Mediation Services.

She said she has had to separate herself among the two positions. As a mediator she has to be a neutral party to hear both sides of a conflict, yet for her union representative position she is very much on the side of the individuals she represents.

"The things that you learn in regards to communication skills are valuable no matter where you are or what you are doing. The good communication styles that you develop through mediation really help you to speak in a way that people will hear you," Webb said.

The course focuses on teaching what is known as the community

see MEDIATION, page 9

FLU

continued from previous page

and missed a teaching conference in San Jose when she came down with a respiratory infection.

"It's the sickest I've been since I can remember," she said. "Every time I coughed, it felt like my throat was being raked over. The first thing I thought was pneumonia."

Burkhalter said she was bedridden for two days before she started to feel better, and that is because she strived to catch up in her schedule. Still, even a weekand-a-half later she still has not fully recovered. "My weekends aren't for leisure, they are for recovery," she said. "It's so much worse than the 'crud."

Kelly Ridgway, an art education senior, was diagnosed with the influenza virus. "I felt this overall weakness," she said. Her

"It's the sickest

I've been since I

can remember."

Stephanie Butkhalter

symptoms were typical of influenza: fever, coughing, sinus pressure, respiratory difficulties and body aches. She missed four days of classes and work. "I'm worried about a mid-term I just took because I

missed some important lectures," Ridgway said.

"Luckily, so many people were sick that some of the things I missed were pushed back,"

Ridgway said. During the course of her illness, she came to school once to take a history exam.

"I sat in the front corner of the room so I didn't cough on anybody," Ridgeway said. "The girl behind me was sick too, and another person asked if he could have my seat so that he didn't get anyone else sick. Throughout the silence of the test, you could hear people coughing and sniffling all over the room."

The following week, the assistant professor instructing that class, Ben Marschke, canceled two days of classes due to illness. "I've never missed class before," he said, "but I have a lot of

faculty friends who are canceling class too. I don't know what I had, but I was incapacitated."

Marschke said he noticed

many more absences than this time last year. "It's not students playing hooky," he said. "The impact it's had on the school is pretty impressive."

professor of political science

Stauffer said most of the students who come to the Health t lectures,"

Center haven't had their flu shot.

Center haven't had their flu shot. This year the vaccination is effective against 30 to 40 percent

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photo by Roger Tuan

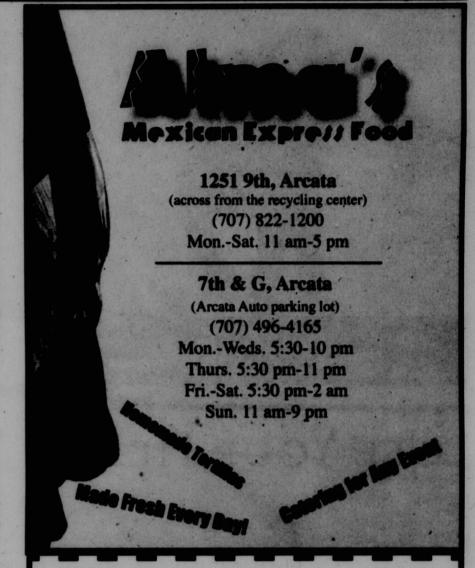
A sign posted on the door of the Health Center warns students.

of the influenza virus strains, according to the Center for Disease Control.

"They have to guess the strains a year in advance [for vaccination], and this year, they were a little off," Stauffer said. She still encourages students to get the vaccination anyway. "All the [Health Center] staff got a flu shot, and our illness rate is very low, especially when you consider the amount of exposure we get."

She said the best precautions are for students to wash their hands regularly, and stay home if they are sick. "The close quarters on campus make it very easy for these illnesses to spread," Stauffer said.

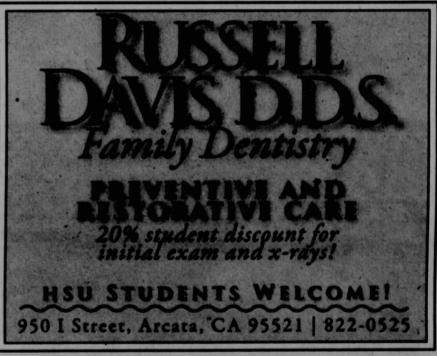
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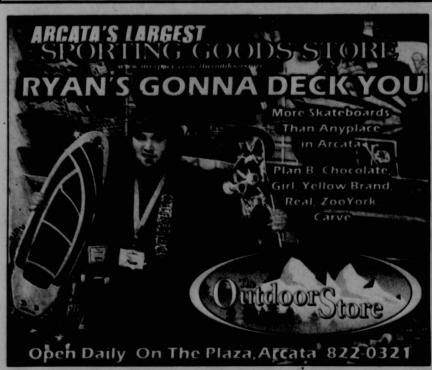




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Associated Students begin process to impeach Robo

Ashley Mackin Editor-in-Chief

Between his time on the quad and his work with AS and NORML, few people don't know or don't have an opinion about Jason Robo.

Associated Students' (AS) opinion of him is that of something less than professional, and they are impeaching him.

Jason Robo, a political science and economics senior, sits on several councils along with serving as legislative vice president for Associated Students, for which he chairs the Associated Students meetings. He sits in on the Academic Senate, University Curriculum Committee, Education Policy Committee, and the Alcohol Drug Abuse Prevention Task Force (ADAPT).

The process of impeachment began for Jason Robo last Thursday when he received the first step of the process, the impeachment letter. Terra Rentz, Associated Students president, explained that the process starts when a letter is drafted explaining why the person should be impeached.

The next step is to form articles, citing specifically what the person has done to be impeached. Rentz said, "A person can be impeached for any one of seven reasons." Robo's reason: violation of job responsibility.

Once the articles are drafted, a hearing happens to discuss the points. "The vice chair reads the ar-



photo by Stephanie Haller

Jason Robo at the Sep. 11, 2007 Academic Senate meeting.

ticle, and then [Jason] has a chance to respond," Rentz said, "then the students or community has a chance to offer their testimony, which the council takes into consideration before deciding the penalty."

However, Rentz noted that it is not a debate. Once the council has heard all the testimony from Robo and the students who choose to voice something, they make a decision to address all the articles.

Rentz said that there are different levels of penalties, a verbal warning, being censured, probation, suspension, and expulsions. Rentz said that she and other members of AS had already given him a warning about his job responsibility.

Tiffany Newton, Arts, Humanities, and Social Sciences Representative, helped draft the impeachment letter and said the main problem is that Robo missed meetings. "He had a class conflict, so it was hard for him to get to meetings," she said. "We all voted on a time to have our meeting, and he was there, and didn't say anything to suggest it was a problem."

After the meeting to decide future meeting times, Robo signed up for a class in that same time window, and therefore couldn't make the meetings. He made a motion to change the meeting time, and it was voted down unanimously, Newton said.

Rentz said that this is a tricky situation. "I see it as a failure on my part and our entire part for not being able to work through this, but I feel like there aren't any more options." She said that she had explained some of these issues to Robo in October and November of last year.

Rentz also said she worries about student opinion of AS in times like see ROBO, next page

Impeachment in Associated Students

Any elected or appointed Executive Officer or Council member of the Associated Students may be impeached from office for failing to carry out the duties of their office as stipulated in the AS Constitution. After due process. Executive Officers may be impeached from office for

Continuous Source to after all Council injectings a outron of thinker to report to Council a partituous misuse of executive proved exercise page, the formula of their office without the advice or consent of Council continuous failure to after assigned committee one rings. Colline to maintain regular affice bours or and anterterence in Council complementing de decisions.

The accused may resign anytime before or as the impeachment proceedings commence

Above all else, the accused rights must always be maintained.

he member will be subject to sanctions as stipulated by Council: censure probation, suspension or expulsion

FOR YOUR INFORMATION

Next AS meeting: Wednesday, March 12 at 3 p.m. in the UC South Lounge.

BUDGET

continued from page 3

reduce spending, yet on the other hand the CSU system plays a vital roll providing graduates into the California work force," Browning said.

Even amid all this turmoil, Rentz is able to see a little bit of light in a dark situation.

"Everyone is putting aside their differences and working to find a solution to this problem. It's not just about HSU, it's state-wide. This is our education, and in a lot of ways this is what California is about," Rentz said.

The governor is scheduled to publish a revised version of the budget proposal in May. From there, it will go to the state Legislature for debate.

"People need to get in touch with their lawmakers," Mann said. "If enough people speak up about what is' happening to education in California it could make a big difference in the outcome."

Got something to say about this article? Comment at www.thejackonline.org

ROBO

continued from previous page

this. "There are other things that I've promised the student body that I haven't been able to do because of this," she said.

Robo said he feels the impeachment process is unjustified, starting from where the process begins. It started when he missed two AS meetings. He missed the first one because he sat on a panel for Focus the Nation. The second one was because he has a show on KRFH that ran at the same time.

Robo said, "I tried to pre-record my show so I could make the meeting, but [KRFH] told me I couldn't do that at the last minute." Part of the impeachment letter reads that Robo was "disrupting student government," which he interprets as him missing the two meetings.

Robo also said there are reasons why AS is impeaching him, but doesn't agree with them.

"This student government is made to be ineffective, in that we owe our power to the administrators, and we don't have any real power, and these positions are stepping stones [into future jobs]," he said.

He said he also feels disrespected in that he voices his opinion, and "airs [AS's] dirty laundry on the quad," which people don't like.

"I feel like a piece of furniture, because I can't do my job the way I see it," he said.

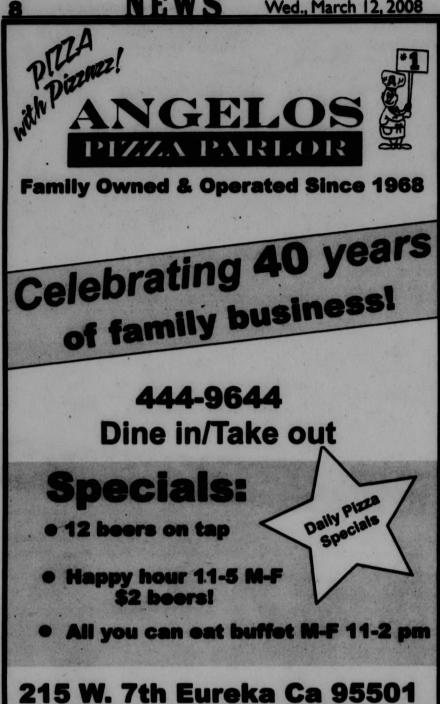
Rentz said that, as far as impeachment hearings go, she hopes it will be as friendly and professional as possible.

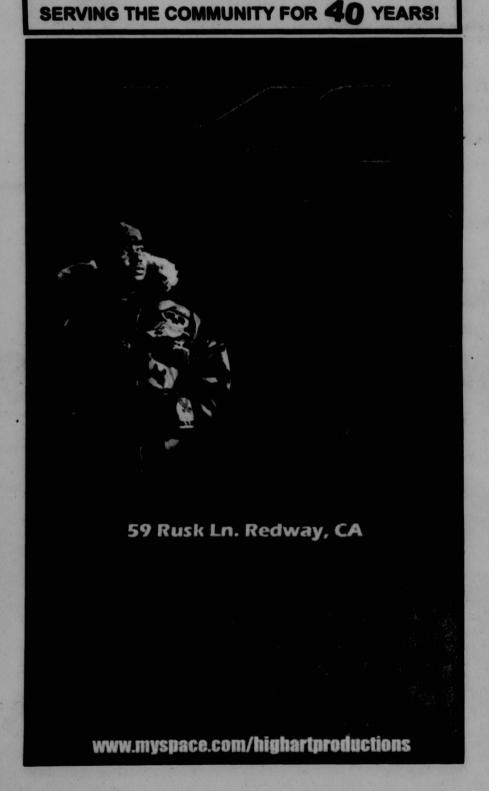
Robo's hearing is a part of today's AS meeting. The last impeachment process did not require a hearing, as AS president Tony Snow resigned instead of having a hearing. This is the first impeachment hearing in over a decade.

Got something to say about this article? Comment at www.thejackonline.org









Marching the perpetual path to peace

Sally Kiefer **Staff Writer**

Some will be there to stand up for ending the invasion and occupation in Iraq. Some will have a more radical stance like calling for the reopening of the 9/11 commission hearings. But the fifth annual Peace March next Saturday in Eureka is an event for everyone, whether the cause is global warming, racism, electoral reform, or just an end to violence and bad

Eureka resident Jack Nounann is an activist in peace and justice, human rights and the environment. He is one of the organizers for the Peace March. He said we will have real justice when people are ready to talk about the truth without any divisions. "Justice is talking about issues. Not hopes and promises. Without active justice, we'll never have peace," he

Nounann said the Peace March is a highpoint of his activist work. It is a reminder for all to make ongoing steps towards real change. "It is a way to see one another and see we are here, we are really alive," Nounann said. "When we're separated in our lives and in our homes, the odds can seem to be

too much. This gives us power. We are a conquered people, but we don't see it. Martin Luther King and Gandhi got people together and showed that we have to be public in our concerns," he said.

"But also we have to do the real work of writing letters, contacting people, having meetings, talking about issues and setting a good example with our lifestyle choices. Otherwise we are just cogs in the wheels of the corporations," Nounann said. "We have to see through the consumption and choices that have been forced upon us."

"We have to do our work because it's the right thing to do. We need to take things personally, that's why I don't drive anymore. We confirm each other by making better choices in how we live. We have to face the suffering like the Buddha says," Nounann said. "Even Jesus was considered a radi-

Arcata resident Becky Luening is an artist and community organizer. She is one of the founding members of the Humboldt branch of the Women's International League for Peace and Freedom. She said attending a peace march is a way of voting, and can even be more powerful. "It is a way to stand up for people in general, around the world. Women and children are the biggest victims of war. There's not just one issue. And this is a way to express what kind of change you want, in a visible way," Luening said. "In the United States we've been conditioned not to come out like this. This kind of action is stronger in other countries."

"It's not a Left-Right thing, it's a top-bottom thing. The people who benefit sit at the top. They want to protect their economic interests. It's like they're shoveling money out the backdoor

Want to participate in the neace march? When: Sat., March 15 at 1:00 p.m. Where: Eureka at the Municipal Auditorium, 12th and F Feel free to bring signs, chants, drums, music and friends.

> house into their cronie's pockets," Luening said. "I come away from a peace march feeling good. It's actually a positive experience. It's a family and community event. It's a great way to teach kids how to make a difference. It's just one

day to come out to confront these issues in a fun and festive way."

McKinleyville resident Larry Hourany is a former professor of psychology from San Jose State University. He is also helping organize the Peace March. "The war in Iraq is just an embarrassment. This is a desperate country. George Orwell had it right in his book "1984." These events are not trivial. I hope people will see how this affects us all," Hourany said.

"Our government officials will have to pay attention sooner or later. There really is a limit to how far people in congress will be bent. Even they'll take action eventually," Hourany said. "The specific issue of the Peace March is that we shouldn't be in this war. It should

The Arcata Interfaith Gospel Choir will kick off the Peace March on the steps of Eureka Municipal Auditorium, singing peace songs like "We Shall Overcome." Later in Old Town, where

the Peace March will conclude, there will be more music. The Raging Grannies will tell it like it is, singing songs like the "Star-Bangled Banner", with new words. There will be old-time Americana music, folksinger Joanne Rand, and an animal activist group will sing. There will be a stage for asking ques-

tions and answers with leaders, and discussion about anti-recruiting petitioning.

Come out with your signs, chants, drums, music and friends. This coming Saturday, March 15, will be the fifth nationwide Peace March. It will start at 1:00 p.m. in Eureka at the Municipal Auditorium, 12th and F Streets.

MEDIATION

Continued from page 4

board method for alternative dispute resolution. With this method, there is a panel of three mediators rather than just one, to hear both sides from disputants.

"We have found this method to be very effective. It brings three different objective views into the problem that can work with the individuals to find a solution," McPhail said.

The training includes case studies, roll playing and coaching. McPhail said that much of the course focuses on roll playing from both sides of situations. People act as the mediators and the disputants.

"This is key to learning the process; you gain empathy for what these people who you are trying to help are going through. We don't walk in and say 'I'm going to solve your problems,' we focus on having disputants come to their own solutions," McPhail said.

Gisele Albertine, volunteer mediator and member of the training committee, describes

the mediation as simply helping people to help themselves.

They offer this course for community members who hold managing positions, business owners, people who work with the public, and individuals who want to obtain the skills in conflict management and communication.

Webb said many of the people who have taken the course over the years have had no intention of being a mediator. "They just want to learn the skill in order to communicate better in their lives," she said.

McPhail described obtaining the skills in conflict mediation as a marketable skill that can help you advance in any career.

The deadline to register is Friday, March 14. The cost for the training is \$250, or \$100 and a commitment to volunteer at least 10 hours of service to Humboldt Mediation Services serving as a volunteer mediator.

To register contact Humboldt Mediation Services at (707) 445-2505. To learn more about Humboldt Mediation Services or the course visit www.humboldtmediationservices.org, the site online.

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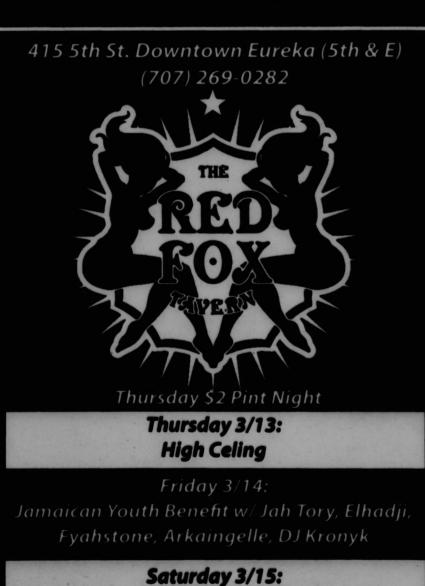
A \$15.00 refundable performance bond is due upon packet pickup for Council positions and \$30.00 for Executive positions.





Wed., March 12, 2008





St. Patrick's Day Bash w/ Subliminal Sabotage

Tuesday 3/18:

Animal Farm (hip-hop)

All Shows are at 10 PM

Eureka Assemblywoman wins Legislator of the Year Award

Derek Lactaoen Staff Writer

Assemblywoman Patty Berg (D-Eureka) received the California Assisted Living Association's Legislator of the Year Award for her work with California's assisted living programs, especially those dealing with hospice care.

Berg, a Humboldt County resident for more than 30 years, represents the 1st Assembly District, which includes Del Norte, Humboldt, Lake, Mendocino and Trinity Counties as well as parts of Sonoma County.

Larona Farnum presented the Assemblywoman with her award at her office in Sacramento on March 4.

Farnum is a director on the board of CALA and executive director at Timber Ridge, a local assisted living facility in Eureka and McKinleyville, Calif.

"She makes good decisions and is a compromiser; that's all you can ask for in a good legislator," Farnum said.

The main qualification for the Legislator of the Year Award was Berg's carrying Assembly Bill 749, which allows hospice residents to make their own decisions about where they spend their remaining time rather than being institutionalized.

For this work and her continuing efforts in the issues of the elderly and aging, Berg received the award, her press secretary Maria Aliferis-Gjerde said...

"Her life's work has been in aging and aging-related issues,"



www.assembly.ca.gov/Berg **Assemblywoman Patty Berg**

Aliferis-Gierde said. "She's honored to receive the award."

She also said that Berg advocates for more programs that offer more choices for those in assisted living as to where they live and how they live.

"She makes good

decisions and is a

compromiser; that's

all you can ask for

in a good legislator"

Larona Farnum

Berg's specificalstems ly from her work with AB 749 in the spring of 2007; however CALA also recognizes her ongoing work with assisted living and aging issues.

became Berg the founding executive director of the Area 1 Agency on Aging, which serves Humboldt and Del Norte Counties. For 19 years, she worked with the agency to pro-

vide services to older adults and

to spread information about the choices that aging adults have in where they live and what types of assistance they receive. She also founded the Senior Citizens Foundation in 1987.

Within the California Assembly, Berg has chaired the Assembly Committee on Aging and Long Term Care for the past six

Berg also released the nation's first policy agenda to help California deal with the changes that will come as the baby boom generation emerges into old age.

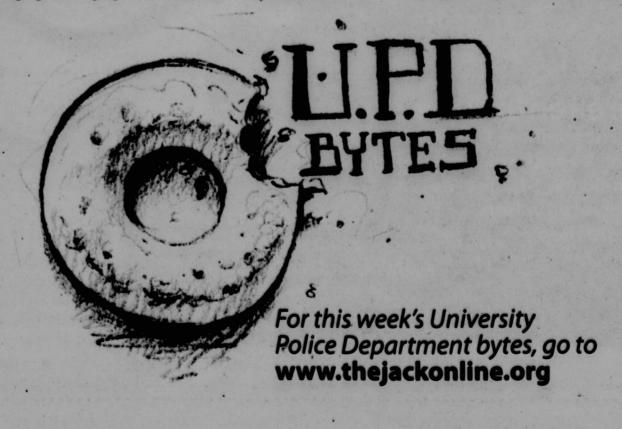
Creating ways to deal with this influx of older adults receiving assisted living services is just one way that Berg has been a part of aging issues, and another reason why she received this award, Farnum said.

Heather Harrison, vice presi-

dent of public policy for CALA, said that Berg has been, "instrumental in changing state policy to allow residents who are on hospice, who are living in assisted living, to be able to Board of CALA and executive director at Timber Ridge remain there even if they get to the

point where they are bedridden and can't walk by themselves."

Last year, CALA awarded Assemblywoman Noreen Evans (D-Santa Rosa) with their annual Legislator of the Year Award.



Editorial

Go 'Jacks!

he Lumberjack would like to congratulate the men's basketball team for a fantastic season and for reaching the West Region Tournament in Alaska.

If you've been fortunate enough to attend any of the men's basketball games over the past four months, you're aware that this group of players exemplifies the best qualities in team athletics: hard work, determination, focus, selflessness, and the will to never give up. Tickets to these games were hard to come by, and with the way the team played, it's easy to see why so many people made the East Gym the place to be on Thursday and Friday nights this past fall and winter.

The 'Jacks finished the regular season with a 20-7 overall record, and was 15-5 in the California Collegiate Athletic Association.

The individual accomplishments were just as, if not more, impressive. Grayson Moyer, Will Sheufelt, and Cy Vandermeer were named to all-conference First and Second teams. Devin Peal took the conference's highest honor by winning the Most Valuable Player award. Peal's achievement marked the second consecutive season in which the MVP award has gone to a Humboldt State player.

These achievements did not come easy. The team battled through several injuries and lost games that would shake the confidence of most teams. But the 'Jacks aren't like most teams. Even when the outlook was bleak, this team found a way to overcome the challenges and prove why it was consistently ranked near the top of the West Region this season. And now, the 'Jacks are just five wins away from the national championship game.

To the players and coaches who work hard to put together one of the top programs on the West Coast, thank you for making the final season in the East Gym one that Humboldt State basketball fans won't soon forget.

Good luck in Alaska. Go 'Jacks!

Opinions expressed in Lumberjack editorials are determined by a majority of The Lumberjack editorial board. They do not necessarily express the opinions of the university, the Associated Students or the Department of Journalism and Mass Communication. Made
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NEW FORUM RULES!

- Address submissions to Joseph Clerici, Forum Editor
- To be considered for the next issue, we must receive your submission by Sunday at 5 p.m.
- Please include "Attn: Forum" in the subject line for e-mail submissions
- Letters to the editor: No more than 350 words
- Guest Columns: no more than 750 words
- Letters and columns are edited for grammar and spelling.
- We reserve the right to edit profanity and obscenity, and to hold content for any reason. New contributers will usually be given preference over returning ones.
- Please include your name, telephone number and city of residence, plus affiliation with relevant campus or community organization(s). HSU students, please indicate major and class standing.
- We also welcome cartoons, spoof articles, and just about anything else.

Let them eat cake!

There is something

about yet: that big,

fat, flatulent elephant

in the living room -

this

be economist

that

learned

would-

anything

just

Andrew Tamburin Letter to the editor

aving read the forum section of the Jack for the last issue, I felt I needed to respond to "Raising minimum wage hurts workers" by Jerilyn Gashi. This claim that raising the wages of our lowest-paid workers actually hurts workers is a fantastic leap of ill logic and shows a lack of understanding of basic economic principles.

She bases her entire argument on an anecdotal story of her Ramone's Valentine's Day cake-

buying experience and her call to who someone works at Ramone's and makes the claim that they had to raise their seems not to have prices due to the 50-cent raise in the minimum wage. She also blames the higher cost of fuel and food on **INFLATION!** this wage increase as well, even saying the high gas prices are due to the this. There

is something that this would-be economist just seems not to have learned anything about yet: that big, fat, flatulent elephant in the living room- INFLATION!

In 2001 when Bush was inaugurated, the euro was trading at 94 cents to the dollar, gold was \$266 a troy ounce, and oil cost about \$23 dollars a barrel. Today, nearly 8 years later, the euro trades at \$1.52, gold at \$985 an ounce, and oil has gone over \$104 a barrel. You are in college, you should be able to do the math. Let's see: they make gasoline from oil, the oil price has skyrocketed, so gas prices go up; pretty simple economics. The paltry 50-cent raise for the poor fools that have to take minimum wage jobs due to the lack of economic opportunities has a negligible effect on gas prices.

Did you know the price of wheat, the basis of our food supply, has increased 88 percent in the past year. In fact, if you look at all commodities, you see similar price increases. We live in a GLOBAL economy and the

United States is losing its position as uncontested top dog. The rising middle classes of China and India are increasing demand for energy and goods and the inability for the United States to dominate and control Iran and Venezuela to extract cheap oil are much more to blame for Jerilyn's cake price increase than Ramone's having to pay its wage slaves \$8 an hour. Even the numbers she uses in her ill thought-out rant don't add up. Her previous \$6 cake went up to \$7.95 in her first paragraph

> then she later by \$1.50. Did Ramone's make just 45 cent profit increase or is her basic economic model not glued together right?

> Do not blame a rise in the, minimum wage for the decline of the U.S. dollar and general inflation. Our country is in real crisis and you will

watch it get worse. Our country cannot afford to pay its debts and finance its military empire any longer. Your food and gas prices will increase a lot more this year; however, the minimum wage is definitely not to blame. Inflation is really a tax on all of us that none of us can avoid paying. The privately owned Federal Reserve prints more and more U.S. dollars to cover our country's massive debts to the world.

While this shores up the imploding financial system temporarily and keeps the rich bankers and Wall Street happy, it causes the decline in the strength of the U.S. dollar, and subsequently inflation and higher prices for us. The rich can buy gold and invest in other currencies and countries to keep getting themselves richer while the rest of us, in the words attributed to Marie-Antoinette, may have to "eat cake."

Andrew Tamburin is a Humboldt State University alumnus.

Praise and criticism for the 'Jack

Stephen Wieland Letter to the editor

Tfind great humor in your March 5 issue. First a bright picture of something which took me a while to figure out what it is. It's still that "while," [is it] a cup or trash can? The bright colors are nice and all, but it looks as if the student-run Lumberjack got swept up by globalization and outsourced to the preschool. A light, fluffy article about reducing (very important), reusing (awesome!) and recycling (a commodity shipped all over the world). I think reducing and reusing are the most important, and feel that "recycling" is doing more harm than good. Most heavy metals that get recycled get shipped a few hundred miles offshore and loaded onto giant Chinese-owned container ships that just float out there and do all the processing right there. Then all the toxic byproducts get dumped into the ocean because there are no environmental laws in international waters. We should stop buying stuff that we really don't need. We can't buy our way out of global warming.

I think that banning military recruiters from contacting minors is a good idea. However, we should be writing our declaration of sovereignty from the U.S.A. The war in Afghanistan and Iraq is unjust, unconstitutional and violates many international laws. Plus the kicker is we INVADED countries, an act of aggression based off lies from our political leaders (dictators.)

Let's talk about some real solutions. First thing y'all need to do is clean up your formatting a bit, like reducing bold headlines and bold "ran out of room..." Having giant quoted text with huge empty spaces is kinda annoying. More importantly, do some investigative

Go to the source of the problem. There are a lot of closed door meetings going on at this school amongst administrators. This is benefiting them and their corporate agenda to turn you all into sheep.

reporting. A lot of space is being wasted in your paper because you print articles with inaccuracies, then have to print a letter that points out inaccuracies. Go to the source of the problem. There are a lot of closed door meetings going on at this school amongst administrators. This is benefiting them and their corporate agenda to turn you all into sheep. They don't want to make Humboldt State better, they just want to

make their resumes better and bank accounts bigger. The forum is the only interesting part of your paper and I hope the challenging and informative letters keep coming.

I find it interesting that people are calling for censorship when we have such great freedoms in this country (which are in the process of being shredded.) We are better off than a lot of countries, yet people are starting to sound like the Chinese Communist Party. Why does Jason Robo have so many one-hour quad times reserved? To express his opinions, something entitled to us in this. country. I am sure that he would be more than willing to give the microphone over to anyone that would like to speak. The problem is that there is only a one-hour time slot to actually be able to express opinions and that block has to be reserved pretty much during the first week of school. We need more "free speech blocks." In fact, the quad should be a free speech zone anytime of the day. Start questioning the administration and demand things from them. It is our school, we pay to come here to be educated, and we should make or at least have a voice on the rules and policies.

Stephen Wieland is a geography senior at Humboldt State University and a member of HSU NORML.

nline Poll Results:

"Was the test of the emergency notification system a success?"

Next Week: Myspace or Facebook?

To vote, visit www.thejackonline.org

Yes, I heard the bell, received a text message, and felt safe.

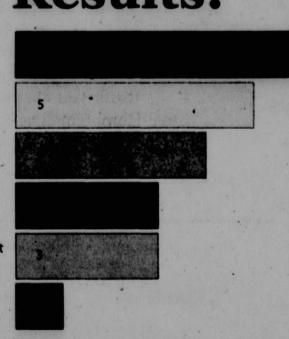
What test?

No, I didn't hear anything and got my text message too late.

No, I'm not signed up for text messages and didn't hear the

Kind of, I heard the bell but got my text message late.

I heard the bell but was not signed up for a text message.



Response to "...racism" editorial

Harold Muade Letter to the editor

Hello, I am writing this in response to your editorial, "The Reality of Racism."

I feel it important for you to first and foremost, before any and all dialogue, [recall that] you as a publication and a voice for students, faculty, and community at HSU admit your role in the destruction of native lands, and holding native lands hostage to allow privileged kids from around the nation to advance their personal americanized, indoctrinated education as well as lining the pockets of President Richmond.

Now that we have squared that away, let's have some dialogue.

Racism here in Humboldt County is prevalant. It is organized. Our Organization Redwood Curtain Anti-Fascist Action has been monitoring fascist/neo-Nazi activities for some time now. We offer many services to the community, but due to lack of membership we spread ourselves thin. Some services we offer:

- Hate graffitti removal
- A log of fascist/neo-Nazi activities
- self-defense training
- access to anti-racist critique, theory, and action literature, etc.

The point is that many people have been experiencing racism physically and verbally.

We have removed a neo-Nazi symbol from the fence next to the La Chiquita taco truck.

We have confronted neo-Nazis who have symbology painted on their clothing.

I think it is up to you to be on top of things like this. Report and investigate. The Lumberjack is a respected publication, do something with it other than vaguely referencing racism and fascism in Humboldt County. REPORT IT! ACT AGAINST IT!

Harold Muade is an Arcata resident

What's on your mind?

Politics • Government • Education • Environment •
 Community • Drugs • Economics • Religion • Poverty •
 War • Peace • Racism • Sexism • Homophobia • Propaganda • Alcohol • Animals • People • Television • Sports • Music • Gambling • Men • Women • Family • Justice • Injustices • Immigration • Technology • Science • Equality • Atonement • Violence • Profanity • Abortion • Housing • Food • Gas • Homelessness • Obesity •
 Anorexia • Life • Death • Meaning • Philosophy • Poetry • Health care • Employment • Pollution • Art • Oil • Terrorism • Legalization • Freedom • Corruption

We want to hear from you. Send your submission to thejack@humboldt.edu

One love, brother, one love

Leah Ozeroff Guest columnist

I'm all about Arcata. I love what we've got going on herethe feel, the philosophy... the love. Admittedly, I don't venture out terribly often, but when I do, I'm usually excited about it and somewhat proud of myself for socializing at all-let alone for socializing with some of California's finest. Tonight was such a night. Or rather, tonight began as such a night.

To preserve the identity of those involved, I will simply say that the party I excitedly attended was at a house (a house on Spear near Alliance) commonly referred to by its' color, which resembles a pinkish colored fish. Solely out of respect for the tenants, I will not specify what type of fish the house is named after (I will simply say that the particular species belongs to the Salmonidae family).

By the time my friend and I got to this house, the police had already been out there for a noise complaint. Yet, with dedication and determination, the DJ played on. It was a scene out of any college movie, only the bleached-blonde actors had been replaced

by Humboldt dread-heads and the frat boys throwing the party were exchanged for long-haired non-frat boys of Arcata. We all danced at a slower pace and with a little less rhythm than in the movies, but that was about it. Everything else of the evening was straight out of any movie... that is, until he fell.

When my friend pulled his

I fully respect that for one reason or another, many people prefer not to send the police an invitation to their home. That being said, in an emergency situation, all reasons for failing to make that call fall short of adequate.

hand out from the back of his unconscious brother's head, the blood was real. The pool forming beside the cement step where he hit was not a prop.

Immediately the dancing stopped and a circle began to form around them, yet no one called an ambulance despite our pleas to do so. The urgent yells not to call 911 started the second I was finally handed a cell phone, and never really stopped.

The background sounds were chaotic, but I registered someone's story about when they were drunk and hit their head and it wasn't a big deal. I could hear one of the guys who lived there asking in an angry and accusatory voice about who was calling the police. I said I was and that I needed the address. My request was met with more shouting. After doing my best to explain the location of this fishcolored house to the dispatcher, I assured my friend that the paramedics were on their way. It was at this point that the demands to get him out of there began.

Unconscious with a potential spinal injury (and bleeding from the head), he shouldn't have been moved at all. But the cries to get

him out of there continued with increasing persistency. Eventually a group of people picked him up and carried him out of the barn like an injured dog. Even after the group stumbled over something in the driveway and he fell a second time, the enraged cries of one of the gracious hosts for the group to hurry continued.

The police did show up with the paramedics, but they also left just as soon as he was placed safely in the ambulance- harassing no one in the process. Although the party was right near the hospital, not one person bothered to show up there, even if just to ask if he'd. be all right. We spent the next four-and-a-half hours there. At some point during this time, my friend came out of the ER redeyed and white-faced to explain that his little brother had flatlined from losing so much blood, but had since come to and would ultimately be all right.

Unlike those of Bradley Jameson, Mike Pietrzac, and Patrick M. Woehnker (each of whom died under similar circumstances within the last 6 months), his story had a happy ending. Nevertheless, it would have been difficult to handle the situation any worse.

I fully respect that for one reason or another, many people prefer not to send the police an invitation to their home. That being said, in an emergency situation, all reasons for failing to make that call fall short of adequate. Actively trying to dissuade someone from calling 911 was stupid and selfish. Demanding that he be taken from the house was dangerous and inhumane

This article is not intended as an attack, but rather as a criticism of the actions of a few and the inaction of many. It is a message to drunk people everywhere that deluding reality does not make it any less real.

Tonight I saw the dark side of Arcata. Tomorrow night I will likely stay in.

Leah Ozeroff is a resident of

A Presidency in denial

Tom Jones Guest Columnist

f the March 3 Lumberjack's report accurate concerning President Richmond's responses to questions about the Bill of Particulars; about Professor Wieand's assessment of his failure to deal forthrightly with the University Budget .Committee; about his contempt for students; about Professor Stepp's March remarks concerning the shenanigans surrounding the termination of track coach David Wells; about his disrespect for

We've heard all this

before.ItisRichmond

at his deceptive best:

faculty complaints

are all about budget

reductions. But here,

in contrast and word-

for-word, are the

eleven

the

Particulars.

complaints

Bill

Professor Brusca and the mindless 'you-can't-be-agood-teacherunless-you-area-good-scholar' slogan he had invoked to justify his public insult of Brusca,-then should be clear to even the staunchest of his defenders that for Richmond, it's business as usual: obfuscation,

condescension, distraction, prevarication and ad hominem

innuendo. To address just one of these

responses, the following is what Richmond had to say about the **Bill of Particulars:**

"I found the Bill of Particulars a little hard in the sense that I think this is a hard time for the university....The fact that we've been struggling in the years that I've been here with budget reductions from the state...I think the campus as a whole needs to, as much as possible, work together to solve these problems."

Note the claim: Faculty complaints about me are not justified. I am faultless here. Their complaints reflect problems stemming entirely from budget reductions over which I have no control and which I have had to address ever since arriving at HSU. I have been doing my best, but the campus just will not work with me to solve them.

We've heard all this before. It is Richmond at his deceptive best: faculty complaints are all about budget reductions. But here, in

contrast and word-for-word, are the eleven complaints of the Bill of Particulars. President Richmond, it is charged...

(1) has not articulated a vision in which the faculty members can share for the future of Humboldt State University.

(2) has not properly supported Academic Affairs-the central and most important part of our university-by allocating larger and larger portions of the budget to other branches of the university

> to the detriment of academics.

> (3) has not taken steps to counter the perception that the university is over-administered or to justify the administrative hires that have been made.

(4) has allowed Humboldt State University to lose its identity and focus in a move to create an urban, corporatemodel university at which the "bottom

line" determines all decision-

(5) has not honored the principles of shared governance, which should be upheld in both good times and bad, has not consistently engaged and consulted with the faculty in finding solutions to the problems, budgetary and otherwise, that confront our university, has displayed a general unwillingness to follow the wishes of the faculty in matters large and small, and has lost touch with both students and faculty members.

(6) does not value and respect faculty members who, while remaining current and competent educators in their respective fields of expertise, have minimized their efforts in research and scholarly activities.

maintained (7) has not the correlation between how Humboldt State University is marketed ("a high-quality private school education for a public school price") with what Humboldt State University has become in reality.

[Richmond] has not . honored his pledge to make the budget process an open, collaborative, and transparent process.

has developed the appearance of being a champion for the Chancellor's Office rather than being a champion for **Humboldt State University.**

(9) has allocated resources to expenditures that are not directly related to the core mission of the university: The quality education of students.

(10) has not honored his pledge to make the budget process an open, collaborative, and transparent process.

(11) has not followed through or followed up with the strategic planning processes that have been initiated for the university.

It will be noted that only the second is specifically about the budget, and even it is about the president's decision to favor nonacademic areas and projects at the expense of academics. And while the fifth, ninth and tenth allude to budgetary matters, their actual complaints are about lack of consultation, neglect of HSU's core mission, and secrecy. Similarly, the remaining seven complaints have nothing whatever to do with 'hard times'! And Rollin Richmond knows that.

11 Open Forum, through the 79 no-confidence votes recorded on Professor Flashmann's faculty blog, the 156 to 60 majority favoring a no-confidence vote in the October 18-22 General Faculty poll, the 370 comments on the ballots of that poll, to these 11 generalized complaints of the Academic Senate's Bill of Particulars, the man has learned absolutely nothing. His is a presidency in total denial.

Tom Jones is a professor of European Cultural Histoy at Humboldt State University.

Parking: FAIL

Two HSU students propose solutions to parking crunch

Offering more on-

line courses at HSU

would not only free

up parking spaces

and classrooms but

take the classes they

genuinely need to

also allow

students to

would

more

graduate.

Ashley Mackin Editor-in-chief

Stephanie Haller Art director

One morning, one of the authors of this column made the terrible mistake of showing up on campus at 8:45 in the morning for a class. Why is that a mistake? The Student Business Services parking lot was full. The smaller lot next to it was full. B Street was full. The lot behind Harry Griffith Hall was full, and the lot behind the Behavioral and Social Sciences building had a small handful of

spaces closer to the park than the campus.

The other author, on another morning, showed up at 9 a.m. only to find a completely full lot near Behavior and Social Sciences. This author opted drive back home, frustrated at the lack of parking and the subsequent result of not finding a spot: missing class.

 We came up with a game plan. From faculty expressions of Rather than yell, scream, and or ant, we should be asking certain questions - in hopes of coming up with a solution that benefits the students who are forced to circle the lots each and every day. Congratulations to HSU for setting an increased enrollment goal and meeting said goal. But we must ask: what is the campus doing to accommodate these students? The university has planned to increase enrollment for some time, but no new parking structures have been built nor has the amount of parking spaces increased.

> Each morning, students and visitors buy daily parking permits. Many of these students and visitors buy the parking permits before they attempt to park. What

happens if there are no spots available? What is the university's policy on unused parking permits as a result of a lack of parking? Are those students forced to eat that cost? How much income is generated from the sale of unused parking permits? Therein lies another problem: does the lack, or lack of publication, of a refund policy a tactic to make the semester permits more appealing?

What can Humboldt State do to mitigate this problem? It can be said that one of the biggest reasons for a lack of parking is the need to be on campus for nearly every class. For the Spring semester, 2008 Humboldt State offers seven online classes and 6 language labs. For the same semester, Chico

State offers over 60. College of the Redwoods offers 23, including transferable courses such as western civilization, statistics, american institutions, and intro Offering more to sociology. online courses at HSU would not only free up parking spaces and classrooms but would also allow more students to take the classes they genuinely need to graduate.

Additionally, the busiest time on campus is between 10 a.m. and 2 p.m., as that is when the majority of classes are held. If classes were staggered between 8 a.m. and 8 p.m., there would be less of a parking jam and more time spent in the classroom. Staggered classes would create a flow of parking spaces instead of

see PARKING, next page

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			MARKET AND STREET				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8	All the tunes you need to start your week. A mix of popular and	Carpo Diom DJ Marisa, You Bring the Booz,	My taste in music is pretty broad so you can count on having variety.	Dr. Thiele's Old Timey Radio	Mismoster Tiffanie	NEWS UPDATES AT 3PM • 5PM • 7PM On-Air Booth: 707.826.6077 webcam • www.krfh.net • send messages	
9	underground mellowness. Requests and call-ins welcome.	underground mellowness. Requests and call-ins welcome.	BJ Dub Courboy	BJ Citicho with Exciting Boredom	Feder - Ald eclectic music		
ó	It Right Just Sound Familiar? An eclectic mix of 60s, 70s, and new wave.	DJ Kate Mixtapers of the world, unite!	two hours of new reggae & dancehall music more info at massiverespect.com	The Best Party Sver	Justin helps you through that last day before the weekend.	Secretarian Controller	DJ BluSky
4	An eclectic mix of 60s, 70s, and new wave.	DJ Nicky Nick will make you shake it like a Polaroid picture.	DJ BluSky The Hea-Sequeter You'll never guess what's next	DJ BluSky The ties-Security I'll never guess what's next	The Best Party Ever Part Boux	Dr. Thiele & Mixmaster Tiffanie	OJ BluSky You'll never guess what's next
t	Thug Life w/DJ Autumn & Juli	DJEOB Water Senge Step into the string theory.	Rendem Radio Neur w/ DJ AOD	Lunchtime Satisfaction: Justin makes sure there's plenty	Indie pop, folk punk, alternative rock.	With Rob Elliott	Mahada Pada Baha in the Corne
٠	R&B + hip hop	self explanatory R&B + hip hop DJ Anni Staccato Speciation Reside	RESitteded Redio- Cot Elevated of good music in your diet.	of good music in your diet.	High Walters Book and Bull	Music, Thoughts, and Challenges.	Have the time of your life with Jason Robo
0	A Search for the Lest Chard. With Icculus Jah, Love, and Local Agriculture.	With Steam-o Steve	Mad underground hip hop, funk, reggae, and other things to get you where you need to be. Elevation is a right, not a privilege. Here at KRFH, everyone gets a ride	Here at KRFH, everyone gets a ride	It will charge your life force.		and the only prescription, is
J	Jeffe Megle Heur It's Magically Delicious	Old rock, folk rock, alt & indie, good jams.	Have the time of your life with Jason Robo	Classic Rock Block Power Hour	Great dinner time conversation - and hopefully, some music - with Ben & Nate	DJ Psy-Fi Lest in Dace Breaking beats in hours space.	I'm Mister Hand.
4	It is What it is.	The Legend of Magic Under The Table and Breaming w/ BJ KduB Four for you Gien Coco!		Playing whatever listeners wish upon a star			BJ Beckle's Head Trip Repry M. Your mind will literally explode. Just kidding. But seriously.
R	Albiotics Anonymous	Breaking beats in hours space.	KRPH Randomicar	DJ Blackbeard The Show That Should Not So Hard rock, how you want it.	Chill out for a 2 hour session with eclectic music from electronica to soul hosted by a weirdo.	Basslines to get your legs wobbling. Basslines to get your legs wobbling. Basslines to get your legs wobbling. Canada To The Center Take requests. Don't take smack. Music that's level-headed and breaks down our views on what genre really means.	Dr. Thiele & Mixmaster Tiffanie
0	Come get your sports fix.	Two Hours of Jonatalia: Jenatalia Strikes Back					
7	DJ Jackson Got County and Listen to 2 hours of anything & everything plus all the requests you want!	Your favorite radio show's	Everything Brilliant Hilarious	LOCAL LIXX live on-air performances. oh yeah.	Your mind will literally explode. Just kidding. But seriously.		
0	2 hours of anything & everything plus all the requests you want!	The Political Vertex with Steve & Allen		Mixtage Masterpless Mixtagers of the world, unite!	Rock Labeter		New soul & the old school jazz/ funk/ r&b that it spawned from
•	Mismoster Tillania	Scarves and caps and sweaters for your listening pleasure.	DJ Bloopscoop West Coast Radio	All the best music you've never heard of.	With Marisa & Kate (deep sea divers) It's a whole lobstah buffet of love!	DJ Viscera Corobrel Sendoper Underground techno and underground metal.	Signis' into the Stack
5	From Depeche Mode to Eazy-E, & everything in between with DJ Jeanne	Storm in a Port with Capt. Peppersteak	A smaller and condensed version of KHSU's Reaper Radio.	Underground rock, indie, experimental, and prog bands, plus talk and interviews. Your rants on any topic welcome.	l've got a levah Beckriotty with Philob Eclectic electronica.	I Brive A Bodge Strates Share a meal with	with Pat & Dylan
1	All music, mostly rock, theme show.		Oh, hella dawg Nasty eclectic confusion, built to grind.	The Asylum with BJ Balirious			The Red Dush Alternative, metal, industrial,
0	DIY radio featuring punk/ hardcore/ metal & hopefully live sets from bands.	Rehab with BJ Bellrious		BJ 4dB on drowning in the marning Thursday and Friday hazed hip-hop	DJ Bloopscoop West Coast Radio Playing Hip-Hop, R&B music and talking about sports & entertainment.	Alternative, Metal, and Classic Rock	ska, psychobilly, rockabilly.
	The Red Byo Late night music fix- eclectic style/ mix.		Hour of Stoce Hip Hop with Flo				Manaster Titlania

PARKING

continued from previous page

a four-hour block of cars parked end-to-end.

It seems that a small sacrifice on everyone's part would invoke change. Students, take classes in the morning. Classes at 8 a.m. will not kill you. Granted, no one wants to wake up early, but you would get a parking spot. Instead of driving, walk to the nearest bus stop. While buses don't come that frequently, consider it an opportunity to take the time to eat your lunch, finish up that last assignment, or even better: read a book or the newspaper! With a little schedule manipulation,

carpooling works too. Work with your roommates to see if you have classes that overlap or you could take together. Fun elective classes are usually offered at night. Take a night class – you'll usually get out a little early anyway.

Administrators and faculty: space out your classes so there are more in the morning and late afternoon. While we understand that the parking fees pay for parking lot maintenance and the building of future structures, if we have to pay it, there should be some advantages for us as well.

Our fees are going toward future graduating classes - shouldn't we get something out of that deal?

No one wants to sacrifice their mornings or early nights, but when you weigh what matters and what causes the biggest headache, there IS a parking solution in the hands of students. It's unfortunate that if a solution to a campus problem is developed, the students themselves usually are the ones to develop it. So here are some solutions from two students to hundreds of others.

THE JACKONLINE DOTORG



TSALL F R THE KIDS

Over 70 community members jumped into Humboldt Bay for the Discovery Museum's annual fundraiser, the Perilous Plunge, on Saturday, March 8.

Braving a 51-degree Humboldt Bay, many of the plungers came dressed up in costume, ranging from Snow White (bottom right) to the Suessian Superheroes (bottom middle) from Ridgewood Elementary School. One of the final

plungers, Derrol Nys (bottom left) climbs out of the water and echoes what many others were saying, "it's worth it - it's all for for the kids." After they jumped, each of the plungers were treated to a V.I.P barbeque lunch,

complete with Bloody Marys, sandwiches and a warm spot in the hot tub.





Photos and Photo Essay Stephanie Haller



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What is this thing called the APP!



"The APP is an international non-profit association dedi-cated to the dissemination of vital health and safety information related to body piercing, piercers, health care providers and the general public."

So what! right. Well we went on a Mission to find out what all the Hub-bub was about.

Did you know that there is no such thing as a "certified piercer" The State of California requires shops to pay a 75 dollar fee to the Environmental health department for each artist and thats it.

The state does not require Piercers to be trained nor does it include the piercing gun in any of its blood borne patho-

It include the piercing gun in any of its blood borne pathogen legislation.

Lete Gareta -International Liesen for the APP

What we have found is that The APP (The association of Professional Piercers) Requires a set of guidlines for thier members. If you go to an APP shop you know they pierce with the best jewerly, they test thier autoclaves, they take classes annually, their piecing members have at least 2 years experience and much much more. We want to bring you this controversial information so when you read things like " Certified piercer or Hospital grade sterilization " you know that its up to you to ask the right questions, The APP does not certify its members. Buyer beware it your body do not compromise! it your body do not compromise!

Check out www.safepiercing.org Or you can check them out on mypace: http://www.myspace.com/safepiercing for your bill of rights and questions to ask next time you go into a shop.

Did you know there is Roller Derby in Humboldt!

Primal Decor is at it again!



"Holy @#^*! why would someone want to do that to

themselves" When we asked Primal Staff if this was a regular occurance at thier place of business we were told they do not pierce and tell.

What they did tell me that that while they do a lot of Navels and Nostrils, they have 13 years of more hard core body art under thier belts. " we might not always be able to accomidate every project but we will help anyone explore thier darker more devient side" says Jennifer. Primals Motto-Its all for the love of body art no matter which way your taste lie you should not judge.

Visit www.humboldtrollerderby.com . They are having a coming our party @ Aunty Mo's March 21st . Go online to find out where to buy tickets!

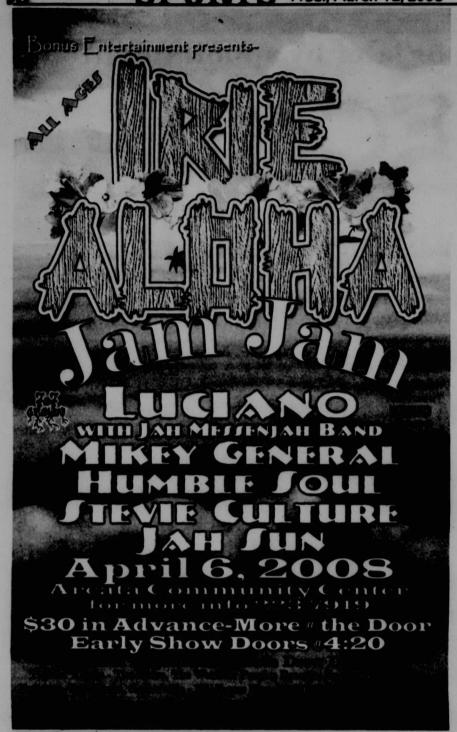




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TWO OF A KIND

Women's basketball seniors' leave court life behind, for now

> **Rory Smith** Staff writer

Not only is the Humboldt State women's basketball team losing two remarkable athletes next season, it is also losing two wonderful individuals.

Seniors Jessica Haayer and Kayla Henry both played their last game for the 'Jacks on Tuesday,

16-12 overall record and a playoff birth in their final collegiate

While Haayer came here as a freshman, this was Henry's first season with the team. Henry went to Grossmont College in her hometown of San Diego before transferring to New Mexico State. After deciding that New Mexico State was not right for her, she transferred to Humboldt State for her senior year.

She had the opportunity to transfer to Humboldt State right out of Grossmont and said, "I wish I would have come here right off the bat."

Haayer is from Ontario, Calif., and attended Don Lugo High School before coming to Humboldt State University. When asked why she chose Humboldt, she said, "I got a really good feel from the community; the whole program seemed very familyoriented."

Haayer blew out her knee during her sophomore year and was allowed to red shirt that season. She has already graduated from Humboldt, earning a degree in kinesiology with an emphasis in teaching/coaching. She is currently working towards her teaching credential and plans to finish next year.

Henry graduates from Humboldt State in May and will earn her degree in women's studies. She plans to move back to southern California and join the referee association with hopes of

photo illustration by Lindsay Brown working as a referee at the college level. She said it is going to be difficult to leave Humboldt as she is just getting used to it here.

When asked what she is going to miss about Humboldt, Henry said the loving environment within the basketball program has been great and called it, "her family away from home."

For Haayer, the development of the women's basketball program from a team that only won four games her freshman year into a playoff team during her final season has been the most memorable part of her experience

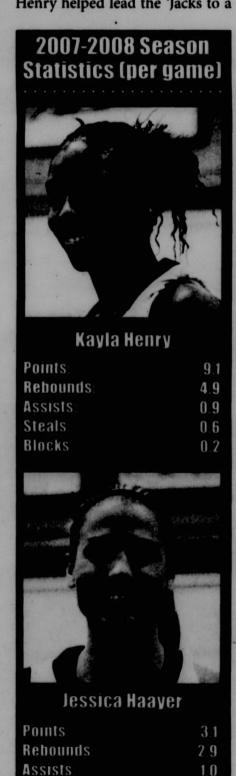
Humboldt State. She said she has also met a lot of amazing people on and off the basketball

When she is not playing basketball, Haayer said she enjoys watching movies and sleeping. The team even gave her a pillowcase with their photo on it as her senior present.

Haayer said she likes the outdoors and enjoys wakeboarding and snowboarding in her free time.

Both women started a majority of their games for the 'Jacks this season. Henry led the team in scoring in two games and averaged 9.1 points and 4.9 rebounds on the season. Haayer earned the team best defender award for her efforts in the 2003-04 season, and averaged 3.1 points and 2.9 rebounds during her senior year.

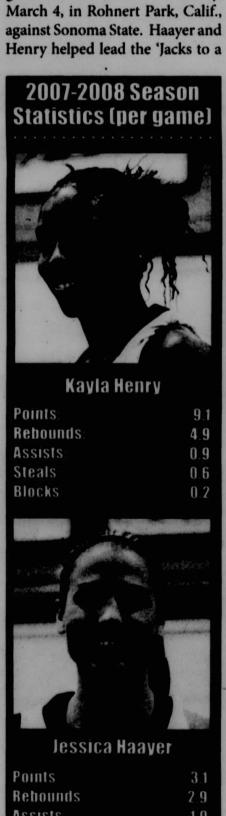
Got something to say about this article? Comment at www.thejackonline.org



Steals:

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Final CCAA Basketball Standings

Men's Basketball

School	CCAA	Overall
Humboldt State	15-5	22-7
CSU San Bernardino	15-5	20-8
UC San Diego	11-9	18-11
CSU Dominguez Hills	11-9	17-11
CSU Los Angeles	11-9	17-11
San Francisco State	11-9	17-12
CSU Monterey Bay	11-9	12-15
Cal Poly Pomona	10-10	13-15
Sonoma State	7-13	11-15
CSU Stanislaus	5-15	6-21
Chico State	3-17	7-20

Women's Basketball

School	CCAA	Overall
Chico State	17-3	27-5
CSU San Bernardino	15-5	21-7
UC San Diego	14-6	24-9
Sonoma State	13-7	20-9
Humboldt State	12-8	16-12
San Francisco State	11-9	14-14
Cal Poly Pomona	8-12	12-16
CSU Dominguez Hills	7-13	13-15
CSU Los Angeles	6-14	9-17
CSU Stanislaus	5-15	7-19
CSU Monterey Bay	2-18	3-24

CCAA To	urnament results		
Quarterfinals Cal Poly Pomona 57, CSU San Barnardino 52	Semi-finals UC San Diego 57, Sonoma State 55		
Chico State 62 CSU Dominguez Hills 45	Chico State 78, Cal Poly Pomona 74		
UC San Diego 59, San Francisco State 56	Championship Chico State 69, UC San Diego 63		
Sonoma State 65	UC San Diego 63		

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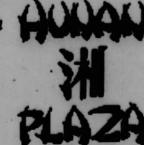
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CCAA Tournament results

Quarterfinals Cal Poly Pomona 73, Humboldt State 70

UC San Diego 63, CSU San Bernardino 59

San Francisco State 60, CSU Los Angeles 57

CSU Dominguez Hills 56, CSU Monterey Bay 53

Semi-finals UC San Diego 72, San Francisco State 65

Cal Poly Pomona 66, CSU Dominguez Hills 61

Championship UC San Diego 64, Cal Poly Pomona 56



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WHAT IS A CO-OP?...

A co-op is a business that is owned and controlled by the people who use it. A co-op's purpose is to fill the needs of its members. You're not just another customer at a coop, you're a member, an owner.

Co-ops are responsive to the interests of their members. A co-op is a community based business that is democratically controlled.

HOW THE CO-OP BEGAN...

North Coast Cooperative, Inc. (the Arcata and Eureka Co-ops) began as a "buying club". In 1973, a group of HSU students - tired of paying high prices for poor quality foods in supermarkets - banded together to buy staples like organic flour, rice and beans in bulk direct from suppliers. They split the cost and divided the food. This led to pooling their resources and renting a storefront in Arcata. As others became members by investing in the little

ocally Committed to Good Food

COMMUNITY STORE

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store, the Co-op was born. The Co-op has grown through many changes over the past 35 years, but members today still support the same ideals on which the Co-op was founded:

· Support our local economy by focusing on locally grown and produced foods.

• Promoting a clean world and good health through organic farming.

· Reduce waste by providing foods in bulk.

Provide nutritional information for consumers.

THE CO-OP CARES...

North Coast Coop is dedicated to the environment and sustainable market practices. Their support for organic and natural farming techniques contributes to a healthy habitat and well as wholesome foods. The recent construction of the new Eureka Co-op is a prime example of new green building technology that

emphasizes recycling, 49% of the old Fluer Bakery building itself was reused! An integrated approach to the store design was used, allowing for exhaust hot air to heat the store and water. Exhaust cool air is recaptured to cool the store, in addition skylights as windows allow maximum available interior lighting.

IT'S WORTH JOINING THE CO-OP! In addition to supporting the principles of the Co-op, other benefits of membership include:

· Check cashing privileges.

- Receive the informative Co-op's Newsletter.
- 10% Off Storewide every 2nd Wednesday!
- Vote in Co-op elections.

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6am - 9pm

· Serve on the Co-op Board of Directors.

AND IT'S EASY TO JOIN!

Just pick up an application at any register or the customer service window, complete the application and return it with a minimum investment of only \$25. Join the Co-op!... recently voted the area's Best Health Food and Green Friendly Store!

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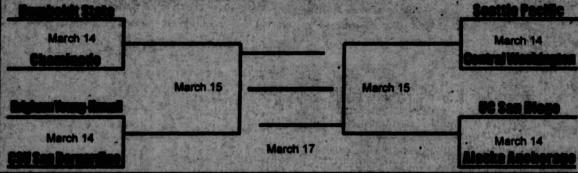
Men's basketball earns trip to West Region Tournament

The Humboldt State's men's basketball ended their regular season tied for first place with San Bernardino, after losing their first games in the CCAA (California Collegiate Athletic Association) tournament. Due to a tiebreaker by the CCAA, Humboldt State came out shead.

Now ready for the post-season NCAA tournaments, Humboldt State is ranked number 6 out of 8 with a record of 20-8. This will be the Jacks seventh appearance

in eight years. The tournament begins on

The quarterfinals are held in Anchorage, Alaska. There, Humboldt State will take on number 3 seed Chaminade University, who has a record of 20-7. The winners of the quarterfinals advance onto the semifinals which is held on Saturday, then from there is Monday's championship game. The games are single elimination, so one loss and they're out.





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Rescue group gives ho

Ashleigh Nieman **Staff Writer**

The sight of a starving and neglected animal always pulls at our heartstrings and persuades us to take action.

Heart of the Redwoods Horse Rescue (HRHR) is a nonprofit organization that rescues and finds homes for the abused and neglected horses of the community.

They only take on as many horses as they can help to ensure that every horse has enough individual care to be rehabilitated. Their mission is to promote responsible horse ownership, and they do that by educating and supporting local

Sara Isaacson is a co-founder of the local Horse Rescue and sits on the board of directors.

The program began in 2003 after Isaacson and her husband bought a young quarterhorse that had been abused.

When they first saw the horse, Sonny, he had gashes across his chest from being whipped.

"There were flies sticking to the dried blood and in the wounds," Isaacson said.

She credits Sonny as the true founder of Horse Rescue. To report abuse and neglect, Horse Rescue recommends first making sure the horse is in danger.

Contacting the owner can be useful in determining if they are aware of the conditions and if they are able to take care of the animal.

Then, contact the Livestock Control Division of the Humboldt County Sheriff's Department.

They will investigate further. It is advised not

to trespass and not to feed the horse, both could be dangerous. Call Horse Rescue and explain the situation to them.

Heart of the Redwoods Horse Rescue also has a strict set of guidelines for adopting a rescued

Adopted horses cannot be used for breeding, resold, or given away, and they cannot be relocated from the original approved facility.

The horses must also go to families that already have one or more horses.

As well as providing volunteer and membership opportunities, the organization hosts a number of horsemanship workshops, clinics, and other educational events.

Members of the association receive a monthly electronic newsletter, discounted clinic fees, and access to their equine library.

They have a number of memberships ranging from individual to business or student.

Their volunteer program ranges from membership sales to grant writing, and even construction for stalls.

Pre-vet zoology senior, Amy Abbott originally volunteered with Horse Rescue because she missed her horses back home, but it became something more.

"I am inspired by the people and horses that I work with, and I wouldn't trade the experience for anything," Abbott said.

As a nonprofit organization, Horse Rescue

see HORSES, page 23



photo by Lindsay Brown

Regal, a Peruvian Paso horse, was abused by its previous owner and showed some resistance during the Saturday clinic with trainer, Duane Isaacson.

Fun, safe space for children eases parents

"I'm a stay-at-home parent so it's

nice to meet other stay-at-home

parents, because it can get very

isolating otherwise."

Heather Birchard Staff Writer

arenting is not an easy task, but welcoming parents." North Coast Parents eases the stress by providing safe, fun, and free activities for pre-kindergarten children in Humboldt County.

North Coast Parents formed in 1989 when a group of parents saw a need for a support group for parents. Humboldt Child Care Council in Eureka originally funded North Coast Parents.

Now funding comes from membership dues at \$30 per year, plus annual raffle fundraisers.

North Coast Parents also offers scholarships for low-income families. There are currently 50 families involved with North Coast Parents coming from a variety of ages, backgrounds and professions.

Katie Shiavo, director for North Coast Parents, said, "At North Coast Parents, it's easy to come to events and meet friendly and

Most parents come into this program to meet other families in the area and to arrange weekly social activities for their young children. The dates and times of the activi-

ties vary to accommodate the differing schedules of families within the program.

have "We wonderful group of families who are interested attending safe and fun activities for their children. Because of this common goal,

parents cooperatively watch over and play with our children while connecting with each other. This helps the greater Humboldt County area feel a bit more like a small village

for our families," Shiavo said.

Allison Bronkall

As the director, Shiavo oversees the organization of activities, events, and board meetings. Allison Bronkall is the small group coordinator and is grateful for this program.

"I'm a stay-at-home parent so it's nice to meet other stay-at-home parents, because it

> can get very isolating otherwise. This has become a social network for support," she said.

North Coast Parents offers various throughout the community to of the members member of North Coast Parents group. "There are park days, pony rides

once a year, discovery museum meetings, and jump start gymnastics (for a small fee)," Bronkall said.

In addition, there are also holiday-themed

parties, hikes, and parents' night out, Shiavo said. The challenging aspects of North Coast Parents stem from a lack of board members, and a difficult time spreading the word about

'Right now, there are a lot of families in the program, but not enough are in leadership positions, which can make things stressful," Bronkall said.

"Involvement in this program is rewarding because the children gain social skills by being around other children their age. They also keep physically active at all the different activities that North Coast Parents offers. Most importantly, many children also form their first friendships through the group," she

The children aren't the only ones who benefit from the work of North Coast Parents. "For parents, the benefits are many," Bronkall

see CHILDREN, page 25





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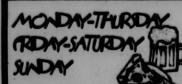


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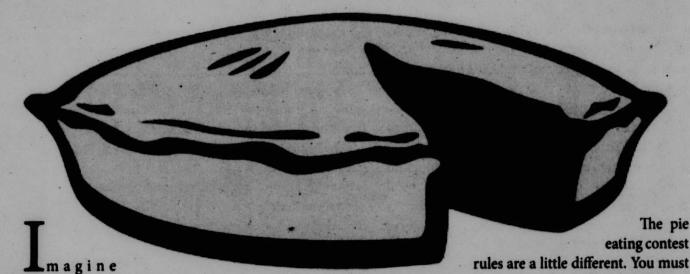
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Pie eating contest to help independent living

Ashleigh Nieman Staff Writer



the feeling of warm apples, coated in cinnamon and sugar and wrapped in a pastry crust, exciting your taste buds.

On March 16, there will be a pie baking and eating contest at the Bayside Grange from 11 a.m. to 3 p.m. to satisfy those cravings.

Hosted by Tri-County Independent Living, the day will hold many activities for families and avid pie lovers alike.

The event, Humboldt Pie, will include activities such as a pie walk for prizes, cow pie bingo, a pie toss, live entertainment, pie and ice cream for sale, and of course the traditional pie baking and pie eating contests.

Humboldt Pie is a fundraiser for Tri-County Independent Living.

The organization is a nonprofit agency that serves people with disabilities in Humboldt, Trinity, and Del Norte

It has been in action for the past 30 years and provides information and referral services, independent living skills training, assisting technology aid and other services to the disabled.

Tri-County Independent Living is also in the process of developing new programs to further help people living with disabilities.

These include a residential wheelchair ramp construction program, assisting technology equipment loan program, and increased outreach to the more rural areas.

This is the first year that the

Humboldt Pie event has been held.

Glenn Reed is the outreach and resource development coordinator at Tri-County Independent Living.

When coming up with fundraiser ideas they were looking for something original.

"Everybody loves food. I looked around and said, 'What food isn't being covered?' One day I said, 'pie!" Reed said.

He said planning for the event was exciting and scary, but he has high hopes for a good turnout.

The pie baking contest will be judged in three different categories:

"Everybody loves food. I looked around and said, 'What food isn't being covered?' One day I said, 'pie!'."

Glenn Reed

outreach and resource development coordinator at Tri-County Independent Living

fruit, cream, and nut.

There is an adult division for over-18 bakers and a youth division for those under 18.

The fee to enter is \$6 for adults and \$5 for youth, and entries will be accepted at Humboldt Pie no later than 11 a.m.

All pies must be prepared twice, once for taste and once for appearance, and all pies must be accompanied by a recipe.

be four participants per round. The three fastest times recorded after all the rounds will receive

parent signature if under 18.

No hands or utensils allowed. Register fast because only 24 par-

be over 14 years of age and have a

It is a timed event and there will

ticipants are allowed, and the fee for registration is \$5. Applications can be picked up for both events at Tri-County Independent Living's address on Harris Street in Eureka.

One of Humboldt Pie's sponsors is Wildberries Marketplace in Arcata. The president and general

> manager of Wildberries, Phil Ricord, said they have been supporters of Tri-County Independent Living for many years.

> "One of our main goals is to support nonprofit agencies that directly benefit the local

Tri-County Independent Living has long been active and we have supported many of their fundraisers over the years," Ricord

Sociology senior Anthony

Moreno is a big pie fan. Moreno said he will not be baking, but will be entering the pie eating contest.

"I'm glad they're having an event like this, I can't wait to go and stuff myself," Moreno said.

HORSES

continued from page 21

relies on donations and members to help in the rescue of abused and neglected horses.

Individuals and businesses from all over the community have donated time, money and other

things. Hay, lumber, pasture time, and discounts at the North Coast Veterinary Clinic are a few examples

Wildlife junior Casey Zarnes is also a volunteer at Horse Rescue.

Zarnes volunteers because of a sincere interest in helping horses within the community.

But she also helps for the simple reason of loving them.

"Just being next to one of these animals, cleaning its poop or whatever...settles my heart and mind," Zarnes said.

Got something to say about this article? Comment at: www.thejackonline.org

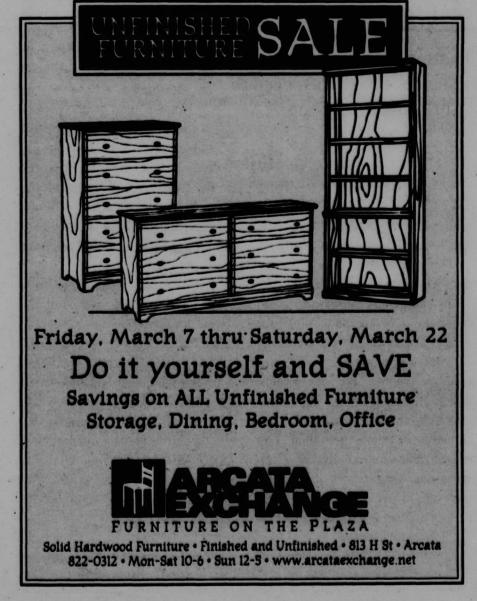


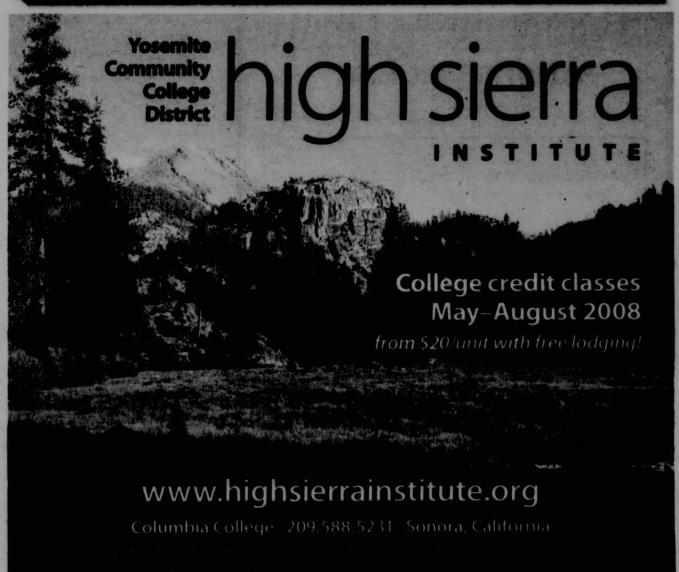
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Sunshine week:

Encouraging the use of the Freedom of Information Act for public access

Staff Writer

here's an old joke that our federal government is the government furthest from the people," U.S. Rep. Mike Thompson said.

What's so funny about that?

Washington used to be hard to reach because it was so far from most people, Thompson said, but technology has fixed the problem. Fixed must mean five phone calls, credentials, and three days of waiting to speak to your congressman for 10 minutes.

Thompson said that when he wanted information on salmon in the Klamath, getting it with a Freedom of Information Act (FOIA) request couldn't have been easier. Yet a group of Florida newspaper editors in 2005 had so much trouble accessing public records that they started a movement.

Sunshine Week, an annual nationwide media campaign beginning Monday, March 16, hopes to change the status quo by inviting dialogue about the openness of government and freedom of information, local contact Sherolyn Hutton said.

"I think it's so important," Hutton said. "I want people to be informed."

Hutton said, both Arcata's city council and the county board of supervisors have claimed March 16-22 Sunshine Week. There won't be any specific events, she said, but local media will have an editorial focus on transparency in government.

Hutton, president of Humboldt's League of Women Voters, said there's a big worry about the FOIA being amended because of security concerns. Since the terrorist attacks of 2001, she said, there have been many instances where information previously available to the public became classified.

"If you had wanted to get it before 9/11 and could," Hutton said, "it seems worthless now for the government to say that you can't

The goal of Sunshine Week is to let people know that they can still find public records in the wake of the USA PATRIOT Act, a law giving the government expansive surveillance powers, Hutton said. She hopes to get people interested in attending public meetings, requiring accountability, and being aware of what they have a right to know.

"Getting information takes persistence," Hutton said. "People just need to know the rules better."

Humboldt State government lecturer Dan Faulk said the FOIA request process has changed so much in the past seven years that it has become prohibitively difficult

"Getting information takes persistance. People just need to know the rules better."

> **Sherolyn Hutton** local contact for Sunshine Week campaign

and confusing, effectively restricting the public domain.

"Information is critical to the democratic process," Faulk said. "How can people be accused of being politically apathetic if they're denied access?"

Low voter turnout and disenchantment with the government aren't only caused by an uniformed citizenry, but also by one conditioned to feel their individual votes are inconsequential. By redistricting, redrawing maps of electoral districts to ensure uncompetitive races, Faulk said democrats and re-

publicans across the country have colluded to turn our democracy into a one-party system - the incumbent system.

"No more than 17 congressional seats out of 535 are considered competitive, so the system becomes apathetic," Faulk said. "If you believe you can't do anything, you disengage civically and accept authority."

The lack of options in elections discourages authentic debate about community issues among candidates, Faulk said, throwing the political system out of alignment. When people feel they don't have options, they're more right than they think.

"The singular defining aspect of democratic government is trans-

parency," Arcata Eye Editor Kevin Hoover said. "No one should have any exclusive hold on information."

Hoover said that people need to confront collusion by public officials and private interests whenever it obscures the truth. With few exceptions, such as personnel matters and private property negotiations that everything not marked private should be public.

"We obviously need to use our brains," Hoover said, "but we should always err on the side of disclosure."

Back in Washington, California's Rep. Thompson agreed that there has to be a balance between what is public and what is private, but maintained that our government is very much an open book.

"You know what they say," Thompson said, "you don't know what you don't know."

CHILDREN

continued from page 21

"Joining North Coast Parents was the best thing I ever did for my mental health as a new parent, because I got to get out of the house with my baby and meet other parents of babies and young children."

North Coast Parents also offers a week of free meals to parents with a new baby, and a free babysitting co-op. Corinne Miller, an English major with an emphasis in secondary education at Humboldt State University, found the idea of the baby-sitting co-op especially interesting.

"If I had kids, I would totally be a part of this program, because

it would give me insight on how to raise my own children by meeting other parents who are going through the same things.

"How many other groups are there in Arcata that do these kinds of events for children? I haven't heard of any so far. This gives a chance for both parents and children to grow socially. Socialization is important for young children because if they aren't socializing at a young age, they'll be at a disadvantage later," she said. Both Shiavo and Bronkall strongly encourage parents who are interested to join or to ask for more information.

"We are happy to have the support of the community at large, and always welcome help in many forms, "Shiavo said.

Got something to say about this article? Comment at: www.thejackonline.org







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March 17 - Mobile Chiefing Unit

March 18 - In The Mix - Local DJ's

March 20 - Zygoats, Nipplepotamus and 33 1/3 - Alternative Acid Rock

March 21 - Ahma Baraka and the Livingman Band - Nogoo

March 22 - Play Dead - Grantel Dead Tripute

March 24 - Open Mic - 8:30 - FREE!

March 25 - In The Mix - Local DI's

March 27 - ALBINO! - Workshore

March 28 - Miles Ahead - Miles Davis Tribute

Check www.humboldtbrews.com for latest music info

Love and forgiveness main focus of art show

Melinda Spencer
Culture Editor

he Open Heart Art Show will be on display at The Ink People Center for the Arts in Eureka through the month of April.

This show focuses on cultivating love, forgiveness, and on heroes of social justice.

Open Heart officially opens Saturday, April 5, from 6 p.m. to 9 p.m., coinciding with Arts Alive.

The opening night will feature multi-media performances including live music, sketches and skits, a short film, and spoken-word poetry.

The show will feature artists from all around Humboldt County, from amateur to professional.

Megan Workman is the curator of Open Heart, as well as the gallery coordinator of The Ink People Center for the Arts.

"Our goal is to create a diverse dialogue of what love and forgiveness are and what they mean to people," she said.

"We want people to use their experience with love and forgiveness, and to express that through whatever medium they're comfortable with," Workman said.

The love and forgiveness themes came from a campaign put on by the Humboldt Area Foundation and KEET-TV.

"They did a campaign about love and forgiveness, and we jumped on the idea. We felt everyone has something to say [about love and forgiveness] and everyone says it differently. We want people to do it through artwork," Workman said.

"The social justice element of the show evolved out of love and for-giveness. Social justice just speaks to those themes, for example, many great heroes of social justice promote love and forgiveness in their lives and their work," Workman said.

There are already a wide variety of submissions for the show.

"We have several collaborative projects doing installations and

Open Heart Registration

Registration is Free!

Register your artwork by March 15 by contacting Megan Workman:

(864) - 353 - 4029

email:
workman.meg@gmail.com
FOR YOUR
INFORMATION

performance pieces. There is an interactive piece by groups of students focused on the color of love. It's interactive because the audience can add on to the piece," Workman said.

All of the performance pieces will take place on opening night.

"The performances lined up are all really creative. For example, there's a group doing a piece in a talk-show type of format. This type of performance is very engaging with the audience," Workman said.

Jen Prather is a 23-year-old art graduate of the University of California at Santa Barbara.

She now teaches art at Pacific Coast High School, and she's getting her students to get involved.

"We're doing a video/poetry project where all students will write a poem, and will choose their favorite line from the poem. Next, we'll compile and record all best lines as a poem of its own," Prather said.

"We didn't want to do something that would be used once and forgotten. A lot of people collaborated on this, so we felt that we could put it up on YouTube and share it with the world," Prather said.

If you can't make it to the opening night, the Raven Project, a Youth Service Bureau street outreach program for at-risk youth, will document the Open Heart show as a 'zine, or miniature magazine.

The magazine will feature images of the 2D and 3D submissions, as well as transcribed text and poetry from the opening night.

Shin Loung is a volunteer coordinator for the Raven Project.

"We thought it would be a good way to capture what the community feels about the Open Heart show. We produce 12 or 13 'zines here, so we have the resources to make something special to accompany the show," Luong said.

"We really want this to be a communal contribution from the artists and their supporters," Luong said. "We think it's important to document what can be learned from the artists' experiences."

If you are an artist and you have a piece inspired by love, forgiveness, or social justice, Open Heart is still accepting artwork.

The deadline to register your 2D, 3D, or performance artwork is March 15.

Got something to say about this article? Comment at: www.thejackonline.org

WANTED... volunteers for Peace Corps

Emily Buckley Staff Writer

If you have ever wanted to travel, help people in need, and experience another culture, the Peace Corps may be for you.

Humboldt State University career coordinator Celeste Robertson said, "The best time to apply is the beginning of your senior year." Last week was National Peace Corps week.

Meetings throughout the week informed students about steps to apply.

Robertson shared her experiences in the Peace Corps, when she served on the Ivory Coast of Africa.

Marci Fradkin, the new program coordinator for study abroad programs, worked in Kenya for her service, as well as at Peace Corps Headquarters for 4-and-a-half years.

Fradkin and Robertson addressed fears students typically have before applying: safety, health care, and dealing with culture shock.

"The biggest danger in the Peace Corps is the likelihood of a car accident," Fradkin

said. The application process isn't simple.

For students earning degrees in liberal arts subjects, at least thirty hours of supplemental volunteer work is necessary. Additional volunteer or internship work must be relevant to the program to which you apply.

This also depends on your interests.

Programs for liberal arts majors include: teaching English, health education, community development, and agriculture programs.

"The Peace Corps love science students, which is probably why so many Humboldt State students get in," Fradkin said.

Humboldt State ranks number 20 out of 30 in our nation for mid-size colleges who join the Corps.

"If you're not a go-getter, don't join the Peace Corps," Fradkin said.

If applicants are clueless of where to start, Michael Insalaco, Humboldt State Peace Corps coordinator, can point you in the right direction. "The Y.E.S. house is a good place to volunteer," Insalaco said.

Y.E.S. [Youth Environmental Services] provides many volunteer opportunities throughout the community. Robinson recommended resourceful Web sites with listings of volunteer positions and internships available throughout the United States and abroad.

Sophomore film major Jordan Bernhardt said, "I'm so glad I went to this meeting. I had no idea that I had to start now if I want to join when I graduate."

The Peace Corps Web site says that the application process takes around four months. This is assuming that everything goes smoothly. The first step is filling out an application.

This includes: obtaining school records, finding three solid references, submitting your resume and completing a medical questionnaire.

If everything checks out, you will be interviewed by a recruiter, who will try to

find out more about you and your skills.

If this process goes well, you will be nominated to a country and program.

Before you can be invited, a medical, legal, and sustainability review must be completed.

The process may take longer than you anticipate.

Roberston said this may be a costly part of joining, because dental and medical procedures may become expensive.

If this process goes well, you will be invited to your host country.

Then all you do is accept their invitation, and a plane ticket is sent to you.

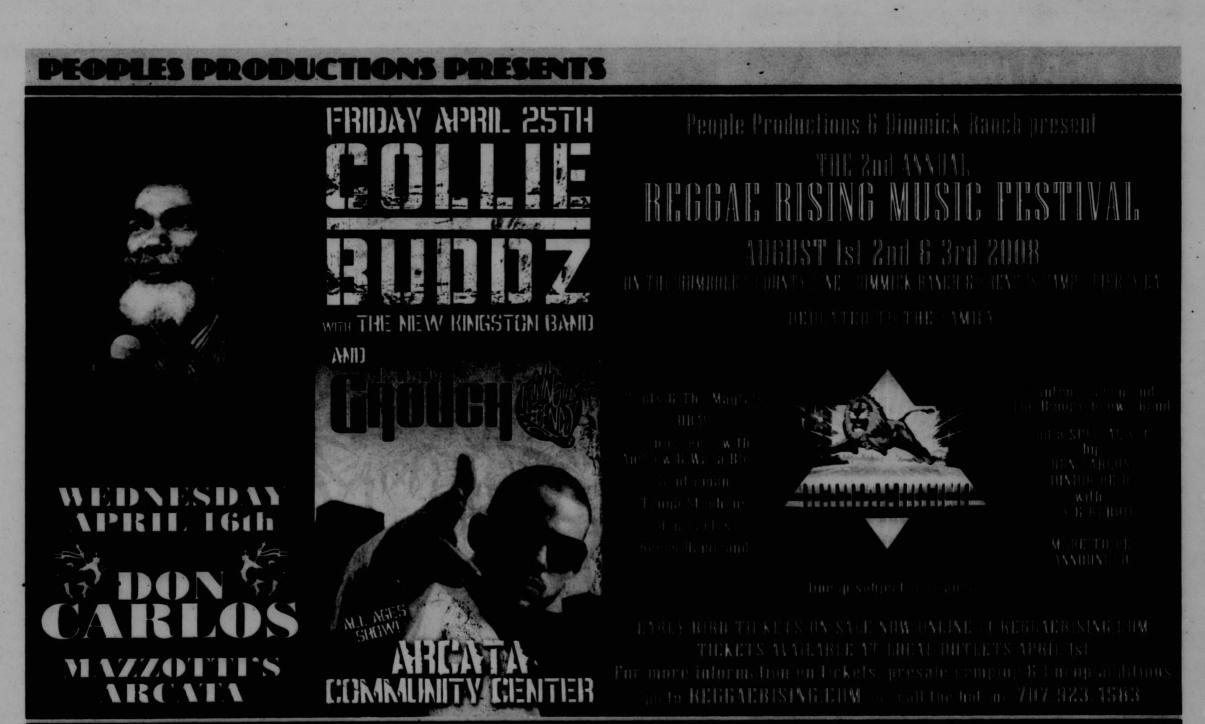
The Peace Corps program is a two-year-long experience.

Upon completion, you receive a \$6,000 stipend, to aid you in adjusting back to the United States.

The Peace Corps aims to instill in an individual the essence of another culture.

"I think I got more out of the Peace Corps than Kenya did," Fradkin said.

Got something to say about this article? Comment at: www.thejackonline.org

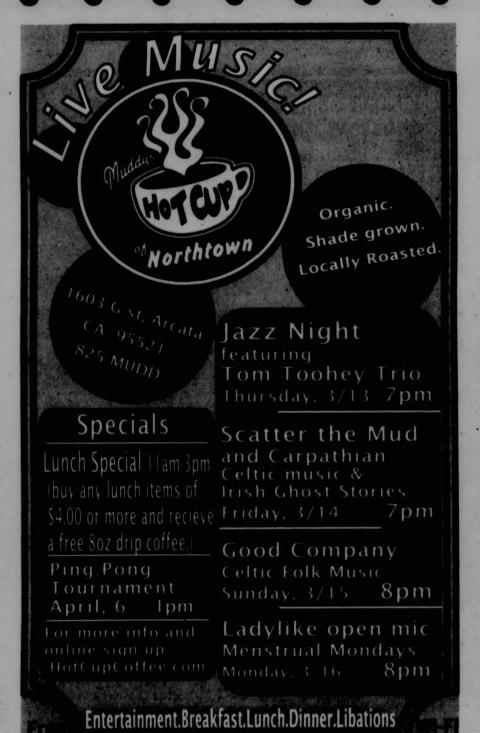


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Bloody Mondays give women an open mic

Miriam Alatorre Staff Writer

It's a Monday night. After a long day of sitting in class or work or both, the last thing one wants is to be home alone and bored. Is there anything to do that's free, fun and possibly satisfying?

Monday nights from 8 to 10 p.m. offers free live music, a seat, and a cup of coffee at Arcata's Muddy's Hot Cup on G Street. It is a weekly open-microphone collective of female musicians, poets, music appreciators and performers called Wandering Menstrual.

"It's an amazing opportunity for women to share voice bonding," said Dani-Joy Smithsen, an occasional performer, community member and regular of open mic. "There should be more places for women's voices to share."

Walking in, one finds a warmly-lit room adorned with hardwood floors, a dozen or so tables and two bar stool areas. There is a deli/ coffee counter up in front for drinks and snacks. The room is filled with people, mostly girls, laughing at the joking antics of the MC up on well-lit stage in the

Wandering Menstrual was established in October 2006. At first it was just three Humboldt State University students, Carmen King (Economics/Environmental Resource major), Melody Walker (Music/voice major), and Nola Victrola, who just wanted to have their own band as another outlet for their musical expression.

"After much playing around with different names we came up with Wandering Menstruals, and I said OK," said Carmen King, a fourth year student majoring in Economics. "So we started setting up at Eastside Deli, and it sort of turned into an open-mic. We became kinda too popular for that spot, so now we are here at Mud-

With the collective collaboration of music, poetry, dance, food, comedy and creative community participation, not to mention Carmen's dildo jokes, Wandering Mentruals provides a safe comfortable forum for women to express themselves.

"I look forward to Bloody Monday at Muddy's," said Arcata resident and Humboldt State graduate Rebecca Olka, "This brings a warm relaxing flow to my day. Plus it's a fun crowd."

"Carmen is the most charismatic MC I have seen in my whole life," said Carmen King, Humboldt State graduate and Muddy's Hot Cup barista. "She has stage presence she should take to the screen."

The harmonious strumming of guitars, sharing of songs, poetry and voice in the night kept the ambiance strong. Some women shared the poetry based upon the mood of their hearts from love to woes, but always relating what is in their souls.

A girl named Ms. Gina shared an A Capella song about the sweetness of what it is like to be kissed and be in love.

Those who did not get up to share on stage expressed their thoughts in writing. The ladies of Wandering Menstrual keep a feedback notebook for those who wish to share their thoughts concerns, or simply concerns and

One feedback notebook entry read: "Menstrual Mondays my vagina bleeds to you." Another entry read: "There is only one way to get practice."

There is no sign-up sheet, and it is open to anyone who wants to be expressive, you can go whenever you feel it. There are no holdsbarred, a girl could even come and bring cookies as a form of expression.

The Wandering Menstruals have a MySpace page to check out: www.myspace.com/wanderingmenstruals for anyone who wants to know more about this weekly collective of expressive and respectful energies.

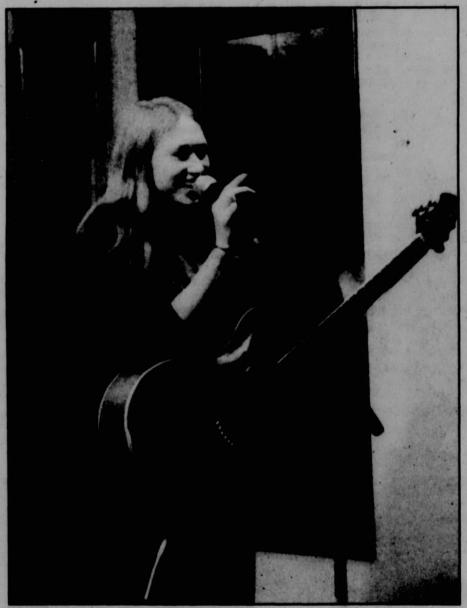


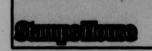
photo by Heather Birchard

Carmen King, an economics major, plays guitar for Wandering Menstruals at Muddy's Hot Cup.

Wednesday, March 12th



Broken Scones 8 PM • Free

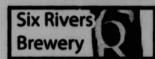


Wallflower Wednesday Walk • 5 PM



Whale Watching 10 AM • Free

Thursday, March 13th



Soldiers of Shangri-La 9 PM



Compost Mountain Boys



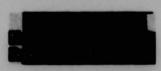
Dr. Mark Colwell • 7
PM • \$2 members
and HSU students, \$4
for non-members



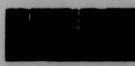
"I Live Suddenly" • 8 PM Pay what you can.



Karaoke with DJ Marv



All's Well That Ends Well • 8 PM • \$13.00



Redwood Technology Consortium's 5:30 PM

Friday, March 14th



Orjazzmic



All's Well That Ends Well • 8 PM • \$15.00



Bump foundation CD release party



Un-Dam the Klamath Benefit Dinner and Concert • 7 PM • \$15-50 sliding scale

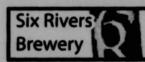


Mostly Harmless



"I Live Suddenly" • 8 PM • \$7 general, \$5 for student / seniors

Saturday, March 15th



Rooster McClintock and Delta Nationals • 9 PM



Workingman's Ed feat.
Stu Allen of JGB
(Grateful Dead, Jerry
Garcia Covers)



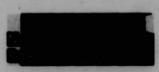
March for the anniversary of the beginning of the Iraq war • 1 PM



"I Live Suddenly" • 8 PM \$7 general and \$5 for students/seniors



Hip Hop Dance Party with DJ Ray



All's Well That Ends Well • 8 PM • \$15.00



common vice and arrogant hare



"Antiques & Collectibles" • 10 AM



Inferknow benefit show: Green Day 2008 • 6 PM

Sunday, March 16th



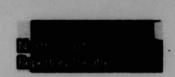
"Antiques & Collectibles" • 10 AM



Moonshine • 8 PM



Free Pool • 11 AM
Open Jam with Jason Trevino • 9 PM

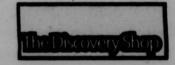


All's Well That Ends Well • 8 PM • \$13.00

Monday, March 17th



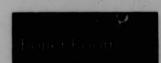
Mobile Chiefing Unit



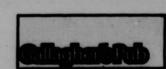
"Antiques & Collectibles" • Noon



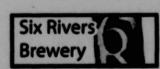
Starving wierdos and ex-cocaine and religious knives



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4th Annual St. Patrick's
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Emerald Coast Irish
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the Mud • 6:30 PM



4th Anniversary Party with The Pine Box Boys • 11:30 AM

Tuesday, March 18th



In The Mix



8 ball Tournament • \$5



Sunny Brae Jazz Quartet • 8 PM

Wednesday, March 12th

Legalize it 2008 • 4 PM **Kenny Engels** 4:20 PM



Jack herer, Eddy Lepp 6 PM Firedancing 8 PM Music • 9 PM



Summer Internship meeting

Thursday, March 13th



Running Things Democratically • 7 PM • Free



Alternative Spring Break benefit sushi dinner • 6 PM • \$4 in advance • sliding scale \$5-\$10 at the door

Friday, March 14th



Bill Allison and Darius Brotman • 8:00 PM \$8 general, \$3 students and seniors.



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Blind Boys of Alabama 8 PM · General \$38 · Child/Senior \$35 **HSU \$32**

Saturday, March 15th



Juggling and Unicycle Festival • 7:30 PM

Sunday, March 16th



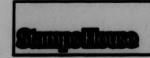
Juggling and Unicycle **Festival**

Monday, March 17th



NORML meeting: 7 PM

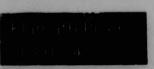
SATURDAY Football ickonline.org/calen Game Concert WEDNESDAY Nature Walk Lecture MONDAY Karaoke Dance Class Film



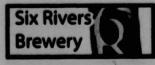
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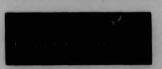
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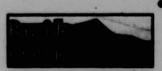
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3534 Broadway, Eureka 707 443-5464



915 H Street, Arcata, 822-4766



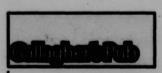
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1120 F St, Eureka



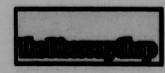
1185 11th St, 822-8091



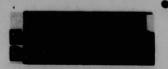
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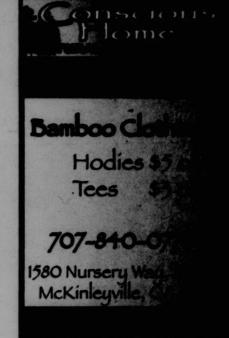
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