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Changes in Women's Perspective

by **Zulay Perez**

I went from being a little girl and not caring what I wear
To going out and feeling like I'm getting stares
I went from being comfortable living in my body
To turning it into a homebody
Now I'm looking at other women's posts
Seeing what I can change about myself most
Looking at the mirror my nose, eyes, and brows
What I don't like but once loved the most
Getting constantly told to eat more
Or to eat less
Getting up early just to get ready
To make a good impression on others
Why do I even bother
Today in society
The expectation for girls get higher
They once lit up as bright as a fire
But someone had to make a comment popping their tire
Full of self-confidence
Girls began to feel like they aren't worth enough
Just because the others make her feel like she isn't good enough
At the end of the day, she's fed up
But the others tell her to not take it personally and be tough
She doesn't know her true worth
Because she's stuck in the house being so blue
She has no clue of her value