BLUMBER GELLANDER Wednesday, February 24, 2010 Vol. 96 No. 5

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SU CHANCELLOR GIVES
\$50.9 MILLION
TO THE CSU SYSTEM

BUT WHAT WILL IT DO FOR HSU?

P. 5

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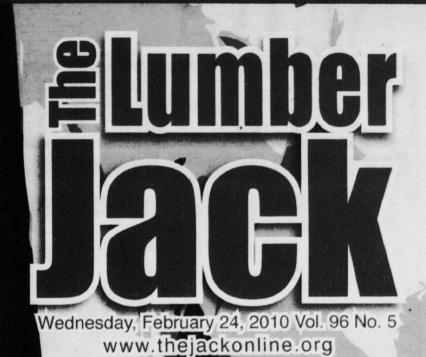
PLUS:

March in March 4 Will students go to Sacramento?

The Writing on the Walls 1 0 Behind the art in the art building

Skeels Ideals 13 When corperations have the power to finance an election Filling Up For The Big Game 14 How can student athletes find the nutrition they need?

SERVING THE HUMBOLDT STATE CAMPUS AND COMMUNITY SINCE 1929



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WHAT'S INSIDE

NEWS

March in March p. 3 Trouble With Taxes? p. 4 50.9 Million Allocated to CSU p.5

FEATURES

Rock With A Budget p. 6 HSU International Culture Festival p. 7

Kink on Campus p. 8 FreQ Nasty and Sia in Eureka p. 9

Art Building Bathroom is a Work of Art p. 10

OPINION

Editorial: Make Yourself Heard p. 12 That's What He Said: Less Kink Than We Think p. 12 Skeels Ideals: Corperate Speech p. 13

SPORTS

Can Athletes Eat Well on Campus? p. 14 Track and Field Opens at HSU p. 15

DISCLAIMER

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published Wednesdays during the school year. Questions regarding editorial content of the Lumberjack should be directed toward its Editor. Opinions expressed by guest columnists are not necessarily those of HSU. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures by the Lumberjack, Associated Students, or HSU. The views and content of the Lumberjack are those of the author and not necessarily HSU. One copy of the Lumberjack is provided free of charge to all community members.

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We strive to act as a watchdog of those instituting policy that affects students and their surrounding communities. We are a newspaper for students, by students. Our goals are honesty, accuracy and originality in reporting. We will hold ourselves accountable for errors in our reporting. We invite all readers to participate.

CONTACT US

Send Letters to the Editor, guest columns, story ideas, press releases, general opinions, and corrections to: Office: 707.826.3271 Fax: 707.826.5921 Calendar: lumberjack.calendar@gmail.com. Opinion: lumberjack.opinion@gmail.com.

Feel free to stop by the office in Gist Hall Room 227 at Humboldt State University, I Harpst Street, Arcata, CA, 95521

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COVER INFO

Design: Adrian W. Emery Photo By: Allyson Riggs

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MPUS ALER

Assault on Granite Avenue leaves two students hospitalized

Zach St. George

Staff Writer

Two nineteen-year-old male resident students were hospitalized early Saturday morning after the second assault on campus in less than a week.

A press release by the University Police Department said students walking along Granite Avenue at about 1:30 a.m., near the Jolly Giant Commons, encountered a dark colored BMW sedan speeding up and down the road. One member of the group yelled at the car to slow down. The car stopped and two occupants got out. They attacked two members of the group with their fists and feet, leaving one student unconscious with head injuries and another with a split chin. Witnesses say the assailants drove away from the scene just before police arrived, and no weapons were reported.

The injured students were briefly admitted to Mad River Community Hospital, and were released Saturday morning. The hospital declined to comment on the condition of the patients. Two female students, aged 20 and 21, were also shoved in the incident but were not seriously hurt.

UPD Chief Thomas Dewey said the investigation is still under way, and that they expect to file charges with the District Attorney before long. UPD has not named the suspects, but described the 'persons of interest' as a white male and a Polynesian male. They are from another part of the county, and were reportedly on campus to pick up an associate from a party. The injuries they

inflicted were so serious that police are considering the attack a felony.

Police arriving at the scene observed a car fitting the description described by witnesses. They did not stop the car, because at that time they weren't aware of its involvement in the attack. However, officers did recognize one or more occupants of that car. Dewey could not say whether either of the suspects have a prior record, although he said, "Our officers pay attention to faces, they pay attention to names."

The police do not think that the attack was in any way related to the assault near the Art Building on Valentine's Day, in which a male student was attacked by four or five men early in the morning hanging out around the south end of the Art-Music fire lane.

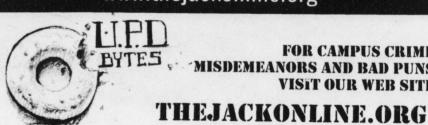
Dewey said, "Statistically, crimes by strangers on this campus are extremely rare." He could not provide exact numbers but said that he believes there is typically an attack on campus committed by a stranger every one or two years. He said that these attacks are usually of a sexual nature, and that this is the first time in recent memory he could remember that a student was beaten by strangers.

UPD can be reached 24 hours a day at (707) 826-5555. Any information about the case will be accepted anonymously by phone or email to hsupd@humboldt.edu.

Zach St. George may be contacted at thejack@humboldt.edu

How safe do you feel on this campus? tell us how YOU feel! Vote in our poll:

www.thejackonline.org



FOR CAMPUS CRIME, BYTE5 MISDEMEANORS AND BAD PUNS, VISIT OUR WEB SITE:

Listen Up, Capitol Hill! Students determined for change

Adriane Stoia

StaffWriter

March will have students from throughout California pressuring legislators to increase funding for higher education. Humboldt State University has two choices: stay here and get "pissed off," or join the activists, says HSU Associated Students President Brandon Chapin.

California State Universities and California Community Colleges will rally together on March 22 in front of the State Capitol.

Aarron Wilyer, HSU California
State Student Association
Representative, is the event
coordinator for HSU. Wilyer says
the thousands that are expected
will meet at Raley Field in
Sacramento for the beginning of
the demonstration. After an hour
rally, students plan to march a mile
to the North Steps of the State
Capital.

Chapin, a senior and Political Science major adds that he, Wilyer and eight other students from HSU California Higher Education Student Summit (CHESS) will have the opportunity to speak with legislators and staff members after the rally.

The march will "show that everybody's angry," says Representative of the College of Professional Studies Courtland Johnson, a sophomore majoring in recreation.

At January's State of the State Address, Governor Arnold Schwarzenegger proposed to the Legislator to eliminate the 32% student fee increase for UC's along with the 20% increase the CSU's faced last year.

With 45% more funding going in to prison systems then higher education, he plans to change the state's constitution to permanently ensure that funds given to prisons will never exceed those spent on higher education. To help fill the \$19.9 billion California state deficit, prisons, health services, transportation and environmental programs will see cuts.

"We need to try to convince our legislatures to increase funding...it's critical for the future of the state," said Provost Robert Snyder.

Chapin says students need to get active and fight the budget cuts.

Call legislatures, write letters and vote to show that the students

are a concerned and powerful force. "We need to have that type of sway," he says.

Chapin says that because the rally is the day after spring break ends, he would be surprised if more then 50 students from HSU attended.

Dawn Balint, a senior zoology major, wants to go but says classes are taking up too much of her time to get involved with the budget protests. She also thinks that HSU needs to promote activities more. "Any events that happen, I find out the day after," says Balint.

However, Wilyer says that the march will be well advertised around campus. Starting next week, he plans to to post flyers and posters and organize a power point presentation in the Jolly Giant Commons. Students can also expect presentations about the march to be given during some larger classes.

Sophomore art education major, Jennifer Duran, says another reason that would hinder her from attending is the availability of transportation. She would like to go but says, "I'm broke."

No buses will take students from HSU to Sacramento however Wilyer says that carpools are being set up.

Along with carpools coming back, a \$300 grant from CSSA will fund buses and food for 75 students after the march. To ensure that no seats are wasted, Wilyer says students must pay a \$10 deposit when signing up, but will get that back once on the bus. "It's a free ride on us," says Wilyer. "If you can get down to Sacramento, then we can get you back up to Humboldt. That's my pledge to you." He also has offered up the four seats in his car.

According to the CSU website, Gov. Schwarzenegger cut \$584 million of CSU's general fund support for 2009-10. This was a 13 percent reduction in state support from 2007-08.

To close the \$584 million budget deficit in 2009-10, CSU employees have been forced to take two days off per month without pay. In addition to the furloughs, tuition has been raised for students while schools have been forced to stop hiring new staff and have eliminated "non-essential" classes.

William Abrams, a freshman majoring in Native American studies and environmental science feels that funding has been cut in the wrong places and on the wrong things. "We go to college to study what we want, but when there's limitations, it's difficult to follow your passion," he says.

Visiting from San Jose, Gregory Joe and his family toured the HSU campus last week. It is one of the colleges his son is considering after high school.

Joe says his wife has doubts about sending their son into the state system because of the struggle it takes to get classes. With his daughter attending San Jose State University, he has found that the CSU system is "not quite so economical" as they had hoped.

With furloughs and eliminated classes, the budget cuts have made it hard for his daughter to stay on track. "She can't get the classes she needs to graduate in four years," he says.

He hopes that legislators will understand that they need to preserve higher education in California and adds that he supports the students for trying to make it a more "visible" issue.

Almost every CSU, UC, and community college will be holding an event. On March 1, the UC Student Association will kick off the month with a rally at the Capitol. UC President Mark Yudof and other university leaders will join students in visiting legislators that day.

On March 4, CSU East Bay has planned a Campus Walkout and protest at San Francisco Civic Center.

The 4th is a Statewide Day of Action for public education. In early February, the University of San Francisco asked their superintendent to call a disaster day. They want to evacuate the school as a symbolic gesture of the dangers California colleges are facing.

For those who can't make it to Sacramento, the California Faculty Association will be holding a rally on March 4 in front of the Eureka Courthouse. The CFA encourages students, educators and community members to attend from 3:30 to 5 p.m.

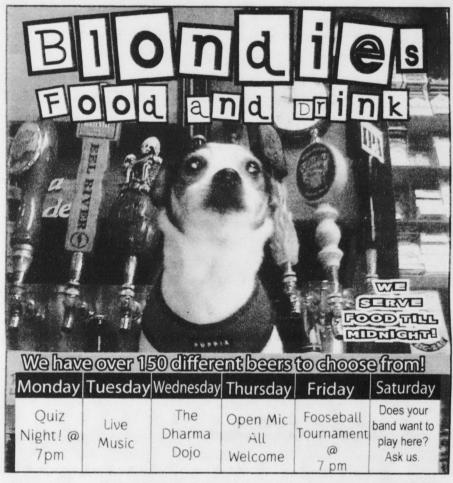
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For students:

http://humboldt.edu/itsurvey/students

For staff, faculty and administrators:

Thank you!

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HSU Information Technology Services

www.humboldt.edu/its

Toiling With Tax Returns

Students can make tax season much less painful for themselves and their wallets

Carly Matson

StaffWriter

The time is now for students and parents to take advantage of commonly forgotten tax deductions as well as some new credits available.

On April 15, tax returns must be filed. Many people will miss out on the opportunity to lower their taxable income or their overall amount due in taxes. Don't be one of them.

Filing taxes can be a pain, but it doesn't have to be. With the help of official websites and legitimate professionals, students can learn the ins and outs of taxes. When done accurately, hundreds (even thousands) of dollars can become untaxed or credited towards education.

One of these benefits is the American Opportunity Credit, which is an upgraded version of the Hope Credit. If parents or students make less than \$80,000 a year (\$160,00 for joint filers) they can receive a credit of up to \$2,500 to help pay for education. It used to be \$60,000 (\$100,000 jointly) or less under the old credit.

This credit can now be claimed for the first four years of postsecondary education, rather than only the first two years.

Even if one doesn't owe any taxes, they can gain the maximum of \$1,000 in credit, which has never been possible before. If students are already paying interest on loans, the Student Loan Interest Deduction will knock off another \$2,500 per year.

Paul Ralphs of H&R Block

said it's crucial to accurately fill out the W-4 (indicates the amount of taxes taken out of paycheck) while paying close attention to the instructions that come with it. He said the major problem is people claim too many exemptions or reductions on taxable income.

"Don't rely on what others are claiming," said Ralphs. Even though students seem to be in the same circumstances, the form is unique to every individual. "The name of the game with taxes is to pay the right amount."

For those who have trouble holding onto their money, Ralphs said they sometimes request an additional amount to be taken out of paychecks (line 6 on W-4) and rely on their return for their savings.

History major Kirk Skully said his father does his returns for him. "It's like you get the forms in the mail with three different papers. One for you, one for federal and another for state. Then wonder, "What do I do with these?"

Fortunately for Skully his dad is an accountant. "I could do the basics but wouldn't know all the details, all the little tiny tax credits like he does," Kirk said.

Students can also collect the Earned Income Tax Credit, which is created for those with a low to moderate salary. The requirements are strict, but figuring out how to qualify is easy.

This credit can range anywhere from \$457 to \$5,666 depending on status, age and qualifying children.

To find out if you qualify for credits and deductions visit hrblock.com or irs.gov

Shelbi Schroeder, fine arts major and transfer student, said she doesn't even know where to start. "I wish they had a checklist to follow, so I know exactly what the hell I'm doing," said Schroeder.

Since she attends HSU through the Western Undergraduate Exchange Program (a program where students receive discounts on tuition if from a western state), Schroeder can't become a California resident. This means she should file a nonresident or partyear tax form.

According to California's non/ part-year resident tax liability law, this does not inflict additional taxes on Schroeder.

Instead, the Franchise Tax
Board would use the "taxpayer's
total income from all sources
to determine the rate of tax and
then use the applicable ratio (or
percentage) to determine the
California tax."

With all these different rules and regulations, it seems impossible to understand. But websites such as irs.gov, hrblock. com and ftb.ca.gov provide answers.

To better understand taxes, the Internal Revenue Service's website has a section for students that teaches the "how" and "why" of taxes. It includes activities and a glossary of tax terms

Ralphs said the best thing to do is talk to a professional about concerns with filing taxes. "Each case is different. It all depends on motives, plans, claims and living situations."

TOAD US INGLADED TO SEE THE SECOND TO SECOND T

That time is coming up again, the time to do all your taxes. | Elizabeth Sorrell

Carly Matson may be contacted at thejack@humboldt.edu

Taking the "Fun" Out Of Funding Chancellor releases \$50.9 million to CSU

Melissa Coleman

StaffWriter

Even with extra funding now available for academics, program elimination continues to gain momentum at HSU.

CSU Chancellor
Charles Reed released
\$50.9 million of federal
stimulus funds this month. The
money, \$1.4 million of which is
allocated to HSU, should "add
critically needed courses and
sections in fall 2010," said Reed in
his memo to the CSU presidents.

The \$77.5 million of stimulus money comes from the Federal Education Stabilization fund, meant to save jobs and help students in the wake of an almost \$20 billion state deficit.

Reed previously released \$25 million in October to provide classes for this spring. HSU kept 112 classes which were previously set for cancellation this semester.

The new funds may save 228 classes this fall, said university spokesman Paul Mann.

The release of the funds came after pressure from the California Faculty Association and their campaign "Free the \$50 Million." Within four days, students and faculty sent more than 600 messages asking Reed to release the funds.

"We applaud the chancellor for making the right choice in releasing this money to campuses," said CFA President Lillian Taiz in the association's response letter. "The question now is how and when this money is going to be used."

"It seems pretty premature for us to undergo program elimination when we have guaranteed funding for this year."

Sue Pak -

The \$1.4 million will cover HSU's current deficit, said CFA representative Sue Pak. "According to Provost [Bob] Snyder, we're short by \$1.3 million this semester, so this stimulus money will cover it."

However, program elimination has been expedited through a resolution passed by the Academic Senate this month in a unanimous decision. Every program is "back on the table," said Snyder at the "Meet the Decision Makers" event last week.

Academic Senate Chair
Saeed Mortazavi said elimination
is necessary despite the extra
funds."The \$1.3 million of
program elimination is going to
be a permanent budget cut," said
Mortazavi. "The \$1.4 million that
the chancellor's office has released
is only one-time money."

The decision to eliminate classes despite new academic funding raises Pak's concerns."It seems pretty premature for us to undergo program elimination when we have guaranteed funding for this year. Once a program is eliminated, it's permanent," said Pak

Mann is unsure how much the federal funds would help decrease program cuts. "It won't be known until the spring," he said.



Chancellor Charles Reed came to town last fall. Reed released \$50 million in funds, with HSU getting \$1.4 million coming our way. | Allyson Riggs (stock)

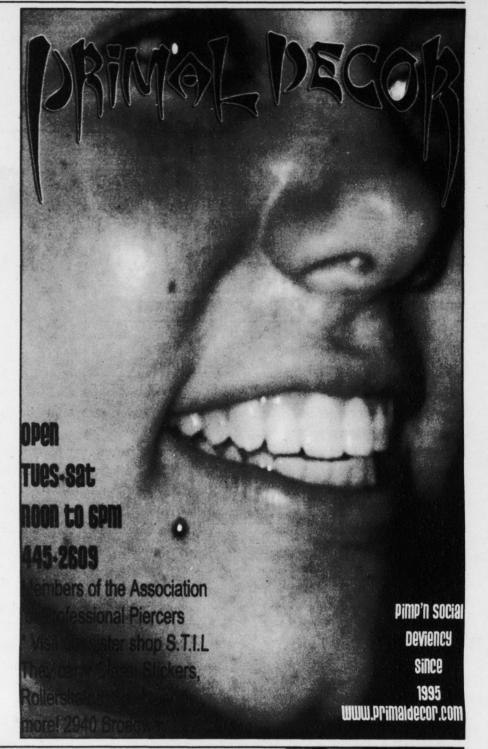
Onlookers like Pak don't understand why elimination is happening when the budget remains a mystery to the school. Not only did HSU receive federal money, but Governor Arnold

Schwarzenegger promised full funding to higher education in his budget plan.

Federal funding or not, program elimination moves forward. "Everything's 'probably, maybe,' so we're going to eliminate programs now when we have no idea what's going to happen?" asked Pak.

"We might have funding for next year, so I don't understand why we're speeding up this process."

Melissa Coleman may be contacted at thejack@humboldt.edu



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Upcoming Shows

Arcata Winterfest!
Fall the Giants
(melodic metal)

The Smashed Glass (Irish Folk punk)
Saturday, February 27

all shows @ The Alibi 21 and over only 10:30pm doors 11:15 pm music Upcoming Shows

The Spittin' Cobras (Punk Rock N' Roll from Seattle) Saturday, March 3

\$5

NEW SOUNDS, CHEAP COVER

Monday Night Budget Rock at Jambalaya

Allison Mayoral

StaffWriter

night? What would mom think? If you have a few bucks and an urge to rock, head down to Jambalaya in Arcata to start the week off on a good note.

Monday Night Budget Rock is exactly what it sounds like. Shows will cost between \$2 to \$3 and will feature a variety of rock bands from as far away as Vancouver, Canada to local acts from Arcata. Bands take the Jambalaya stage at 10 p.m. to rock until last call.

The cheap cover is a way for traveling bands to hopefully build a fan base and return to the area.

Rock and roll on a school For a few bucks, you might as well. It beats sitting home and watching C.S.I. Miami or actually doing homework.

> Reid Cain and his band Red Eye Junction played a budget rock show earlier this month. "It's nice to see a music showcase on a Monday night where you can go check out some music for \$2 and kill tall boys of [Pabst Blue Ribbon] for \$2," said Cain.

> Cheap beer will compliment any band, the classic taste of Pabst Blue Ribbon is enjoyed with rock and roll playing in the background. Most of the acts are losing their



Part of the Budget Rock showcase was the group The Makai. | Tosh Kondo

Arcata music scene virginity with for a huge turn out," said Thomas stops at Jambalaya.

Cain and his San Luis Obispobased country band decided to see what kind of reaction they would get from the Arcata crowd. "I got the feeling a lot of the folks really

of the realities of a band playing in unknown territory. "So we were happy if 20 people showed up."

The Makai was on the bill for last week's show. The Chico, Calif. band has a heavy punk influ-

Show up to Jambalaya on Mondays at nine and give bands passing through town some Humboldt love.

Allison Mayoral may be contacted at thejack@humboldt.

"I got the feeling a lot of the folks really liked what we were doing."

-Reid Cain of Red Eye Junction -

Lead singer Brandon Squyres of The Makai puts on a show during Budget Rock at Jambalya. | Tosh Kondo

Cain of the band's genre of country music. Influenced by country bad boy Merle Haggard, Red Eye Junction created its own version of the honky-tonk "Bakersfield sound." "As a band on the road, it is always nice to find a place to play on a Monday," said Cain.

Empty Space Orchestra played one of the first budget shows this year. Shane Thomas, the group's guitarist, describes their sound as "instrumental space rock band with strong post-rock jazz tendencies." Hailing from Bend, Ore. this was also Empty Space Orchestra's first time in Arcata. "You can't really have super high expectations

liked what we were doing," said ence with elements of black metal and doom, said singer Brandon

> "To be honest being a bar show on a Monday at a city we've never played and don't have any following, we were not expecting a lot," said Squyres. "But that's not stopping us from coming."

> Jambalaya currently has bands booked until the middle of April as part of the budget rock series. All rock genres will be showcased, ranging from Irish folk punk with The Smashed Glass, to garage rock with the band Sugar Sugar Sugar to punk blues from Vancouver band The Pack A.D. There is a little bit of something for everyone.

Monday Night **Budget Rock** Jambalaya 915 H Street, Arcata

21+/9 p.m. doors/ 10 p.m. bands

http://www. myspace.com/ mondaynightrock

Global Village

HSU's International Cultural Festival **Allyson Oken**

Staff Writer

Look at the world through a prism and see the colors that make up our diverse world. HSU's International Cultural Festival is this Saturday, Feb. 27 at the University Center. The Cultural Festival dates back to the 1980s providing more than 20 years of cultural exposure to the community. Faculty coordinator since 1997 Ward Angles said,"The event's gone green."

Angles said the event is special this year because they are working in congress with HSU's recycling program C.R.P. to make this a low to no waste event.

The C.R.P. is a student-funded and student-run organization devoted to cutting down on campus waste with programs like compost squad and zero waste events.

Then, once you've had your fill of everything from sushi to pico de gallo, the floor show will get you moving. Starting at 3 p.m. there will be Flamenco dancing, music, other folk dancers from Costa Rica and Panama and maybe even some martial arts.

Student coordinator Du Cheng said, "This event will present a wide variety of cultures to the community, from Costa Rica to Japan."

Cheng added, "Right now we will provide space for more than 20 countries and now they are nearlly filled. We have already got 10 performances from different countries." Cheng said that each year the event attracts hundreds of people from HSU and the local community to come share and enjoy different

Baily said, "This event struck me because I think it is important to have frank discussions about what is going on in this complex social

International

Cultural Festival

Location: University Center at HSU

Date: Feb. 27, 2010

Time: Ipm-5pm

Admission: Free

If you have ever wished you could travel the world without spending a dime, the International Cultural Festival is a great place to start. In five hours you can go from vibrant Malaysia to the jungles of Vietnam and on to Panama without breaking a sweat.

Allyson Oken may be contacted at thejack@humboldt.edu

"This event will present a wide variety of cultures to the community, from Costa Rica to Japan.

Du Cheng, student coordinator-

Angles went on to say, "We are cultures, shows and food. asking people to bring their own for the environment."

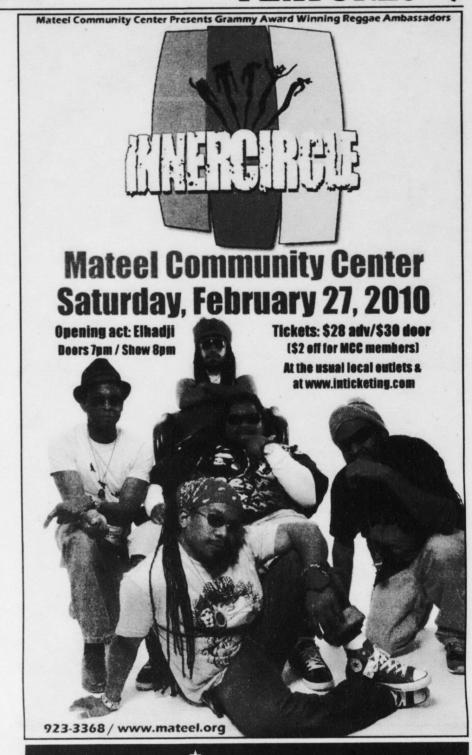
At the festival you can grub on tasty treats from around the world.

Cheng said, "This is an excelutensils and plates to do their part lent opportunity for students to receive education and global awareness outside the classroom."

HSU graduate student Aaron



Visitors enjoy the many representatives from different cultures and the color flags over their heads. | Anthony Barstow





FEBRUARY 24 WHOMP WHOMP WEDNESDAYS with Kode X

> FEBRUARY 25 AFTERSHOCK THURSDAYS with FootClan

FEBRUARY 28 AKABOOM REGGAE PARTY SUNDAYS

MARCH 2 **BIG JOHN BATES & VOODOO DOLLS** (rockabilly meets burlesque)

MARCH 6 CHAM SOULJAH FEYVVA SELECTA PRIME

> MARCH 24 BLOWFLY

MARCH 27 **CHALI 2NA** MEDUSA

APRIL 19 **COLLIE BUDDZ &** PHIFE DAWG (a tribe called quest)

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707-442-6736

KINK ON CAMPUS CLIMAXES

Pleasure Party and Liue Bondage Demo

Ruby Johnstone

StaffWriter

Brightly colored circles placed in the quad and library intrigued the eye and invited sexual thoughts. To promote healthy relationships and an open dialogue about sex, the Women's Resource Center held a three-day event called Kink On Campus. Posters dawned the Depot asking students to describe their sexual fantasies. On an anonymous piece of butcher paper people poured their erotic desires.

Kink On Campus began on Wednesday, Feb. 17 with a poetry performance by Tara Hardy. Hardy is an active writer and teacher in Seattle. She is also the Founder and Art & Education Director of Bent, which is a writing institute for lesbian, gay, bisexual, transgender, intersex and questioning (LGBTIQ) people.

Hardy also appeared on Thursday afternoon to hold a writing erotica workshop; a discussion panel regarding polyamorous relations was held later that evening. The final day of the event, Friday, Feb. 19, a workshop about consent took place followed later by a pleasure party and live bondage demonstration.

Originally to be held in Gist Hall, the pleasure party had to be relocated at the last moment; due to furloughs the event coordinators were unable to get a key. The last minute change enhanced the communal energy of the gathering. Moved to the Multicultural Center, House 55, it seemed it was the natural location from the start. The

room fostered warmth, the walls echoing red and yellow tones, accented by love-making music melting into the background of erotic discussion. Walking in you were greeted by delicate deserts: kinky cookies, penis pastries and nipple bearing delicacies.

By 6:30 the party was ready to begin but the room was swollen with roughly 60 people. Soon all the chairs were cleared out to make more space for everyone. As many people as possible were snug on the floor although it was eventually decided that the group be broken into two. One to participate in the pleasure party while the other group would watch the bondage demonstration and then switch. The result was a menagerie of casual intimacy and open discussion about fun, healthy, consensual sex.

Good Relations hosted the pleasure party which is typically an affair reserved for birthdays and bachelor/ette parties. It is an opportunity to learn about products such as lube, vibrators, toys, handcuffs, etc. In a phone interview before the event, Meghan Riley, Good Relations Manager and Sex Educator, explained that the event was intended to be educational.

"A lot of these people are here to learn," said Riley. As an employee at Good Relations for more than three years Riley explained the joys of her job. "I get to make people feel comfortable about sex and that's really rewarding," she said.

Riley and Bianca Johnston-



Students peruse sex toys at a Kink On Campus event. | Travis Turner

Marquez hosted the pleasure party on behalf of Good Relations bearing lubes, condoms, vibrators, books, nipple clamps, butt plugs, cock rings, and toys, some beyond your kinkiest imagination. Johnston-Marquez began the discussion by asking for a "respectful silence" in order to encourage a comfortable environment. The intention was to make everyone feel at ease and happy talking openly about a topic that some consider taboo.

The talk began with a comparison of water-based or siliconebased lubes. An open dialogue on anal play followed a crash course in vibrators. Safety was the first point addressed, "If it hurts you are doing it wrong," said Riley. "If done correctly it can be really fun." This incited a discourse on the difficulty of defining "pain" in the sexual world. Restraints, bondage, feeling the lack of control can be the most erotic and pleasurable component to an individual's sex life; although the need for communication and consent is vital to having a healthy and fun sexual relationship with your partner.

Up the spiral staircase a live bondage demonstration was held. As two young men were willfully bound to chairs in creative and sexy bondage designs, two girls casually explained the different types of rope. Cotton ropes are less expensive and are perfectly acceptable



More than sixty students cram into a room at the Multi-Cultural

Center to learn about sex toys. | Travis Turner

See KINK, Bottom page 9

FREQ NASTY AND ANA SIA SHAKE THROUGH EUREKA



Jackie L. Sugihara

Features Editor

Red, blue, and green strobe lights flick across the crowd. White fur coats, sequined stretch pants and animal ears are visible for an instant before the lights move on. On stage, a DJ named Ana Sia is rocking out.

Ana Sia and FreQ Nasty played at Eureka's Nocturnum on Saturday night. Both play a futuristic style of electronic music combined with elements of dubstep, glitch hop and breakbeat.

San Francisco native Ana Sia said, "I am inspired by passion."

Ana Sia began exploring mixing and virtual beats five years ago as a hobby. "I have been doing it seriously for three or four years now." Once she began performing on stage she did not want to stop. "Being able to conduct music and experience is something that I love," said Ana Sia.

The majority of Ana Sia's fan base is concentrated in the midwest. Her dream is to become an international star. Ana Sia said that she loves the "romantic idea of

playing abroad and connecting to people through music and beats."

FreQ has released five albums. The most recent one came out in 2008 and is called FabricLive.42.

Before FreQ came onstage, the crowd was excited. HSU senior art major Shawnee Santos is a fan. "There is diversity within pulse, within rhythm, lyrics, all of it," said Santos of why she enjoys FreO's music.

FreQ walked onto the stage and the music started slow. Behind him, images of dim sum restaurant signs, rainbow colored ballroom dancers and silhouettes of break dancers moved to the music. Then the beat dropped.

Born in Fiji, FreQ is an international star. Playing a show in Eureka is not one of his bigger stops. Maybe this is the explanation for his lack of enthusiasm on stage. FreQ stood on stage motionless except for when he switched the tracks. He did not dance along to his music.

Although Ana Sia was well

Links: www.anasiamusic.com www.freqnasty.com

received by the crowd, not everyone was pleased by FreQ's performance. Alphee Salas came to see FreQ play because he heard that there would be great beats and lots of girls to dance with. "Honestly he's not as good as everyone was saying," said Salas as he left the concert early.

Some enjoyed the concert more than others and towards the end of the night FreQ put forth more effort and seemed to enjoy himself.

The night was not a total bust, Ana Sia was enthusiastic and entertaining and FreQ grew on the crowd as the night progressed.

> Jackie L. Sugihara may be contacted at thejack@ humboldt.edu

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KINK continued from page 8

for bondage. While good at holding knots, they are not safe for suspension because cotton will stretch. The best rope is actually hemp, which is strong and made of sensual material.

Safety was a constant element of the demonstration. The most common death in bondage is autoerotic asphyxiation; caused by cutting off oxygen to the brain for pleasure. Eventually the lungs fill with fluid and suf-

focation occurs. To prevent this from happening never leave your partner tied up and/or gagged alone, and have a safety word or signal prepared in advance. To prevent nerve damage never tie ropes on joints, such as the knees or neck. Bondage or restraint in a consensual relationship can build trust between partners as well as the erotic experience.

Under the umbrella of Kink On Campus, a gathering of open minded and sexually confident individuals created a sensual atmosphere of inspiring erotic educational dialogue. Qaiel Peltier, a sociology and psychology double major, commented on the amount of people who showed up stating that it was "a good thing for these events." When asked about the best part of the evening Peltier said, "Bondage, of course."

Ruby Johnstone may be contacted at thejack@humboldt.edu

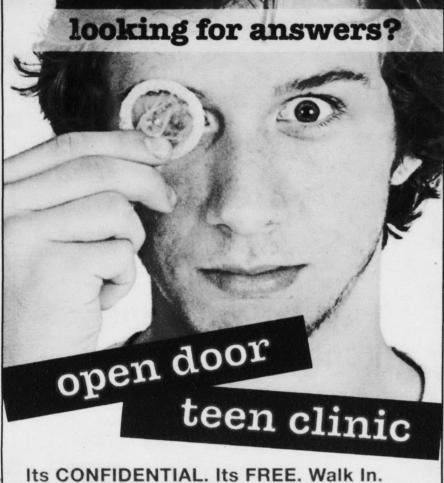




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HUES OF T



A snake hangs on one of the walls, ironically with t eyes. This snake has a ponytail, which came from HSU David White's head back in 1989. A part of the western looks like an octopus garden, red tentacles intertwined other. One of the corners is plastered with white lace pe with shotgun shells, referencing a shotgun wedding. An part displays Mt. Fuji, which was done before White we live in Japan for 15 years. Each part of the hallway is di and has its own story.

This dreamlike hallway is located inside the Reese Gallery on campus."By walking through it, you become of the art," said White, the artist who created the hallwa

It all started back in 1989 when White was enrolled Masters Art Program. A friend filmed a show he had in Gallery, which is a student gallery on campus. This frie art professor Don Anton. As a favor, White offered to de Anton's office door. But when he reached the hallway, ' found that there were two doors on the same wall. He fe couldn't just design one door and leave the other untouc White snuck into the building on a Friday night and ass piece of art that covered the entire eastern wall.

From there, White kept adding to the hallway, which master thesis. He put in the bench that now lies along the wall in the mouth of a snake, teeth hanging overhead.

"The gallery houses the university's permanent coll art," said JoAnne Berke, Art Department Chair.

The Reese Bullen Gallery has been on campus since is named after a founding art professor. Student artwork throughout the entire building. Most instructors exhibit done in studio classes after a critique.



FTHE HALL

Loyatby & Sorrel

Nick Preciado

StaffWriter

Ils, ironically with two dice for ch came from HSU alumnus A part of the western wall ntacles intertwined with each d with white lace peppered notgun wedding. Another one before White went to of the hallway is different

ed inside the Reese Bullen ough it, you become a part to created the hallway.

White was enrolled in a ed a show he had in the Foyer on campus. This friend was ext. White offered to decorate eached the hallway, White the same wall. He felt that he eave the other untouched. So Friday night and assembled a eastern wall.

to the hallway, which became his

to the hallway, which became hi hat now lies along the western hanging overhead. hity's permanent collection of tment Chair.

seen on campus since 1970. It ssor. Student artwork hangs at instructors exhibit artwork

"Artwork is really made to be seen, like music is made to be heard," said Berke.

The Foyer Gallery gives students the chance to not only display their artwork, but to learn the behind-the-scenes production of a professional gallery said Berke.

Currently, students from the ceramics classes have their crafts displayed.

"You get to see your creations and thoughts come to life," said Alex Caballero, a student at HSU who is constantly working in the ceramics room. "That's the greatest thing about it."

There are two other student art galleries on campus, one near the bookstore above The Depot, and the other in the SBS building.

Just before the hallway are two doors that lead to the men and women's restrooms. From just looking at the door, they appear to be normal restrooms. But once inside, you realize it is far from normal. A stencil of a monk in full lotus is sprayed onto the inside door. Graffiti covers almost every inch of wall space. On one side of a urinal, a man's face has been drawn to look like it's watching the person using the urinal.

While the hallway was only supposed to stay up for six months, White returned to Arcata in 2004 to find it still standing and popular among students and staff alike. But it was in need of some refurbishing.

"At that point I had to either take it down or rebuild it," says White.

He embellished the hallway, re-painting and re-texturing the recycled material that the structure is made of. That took about a year. Today, it proudly stands in the Reese Bullen Gallery as a fine work of art.

"It has the power to be uplifting and brighten your day," says White.

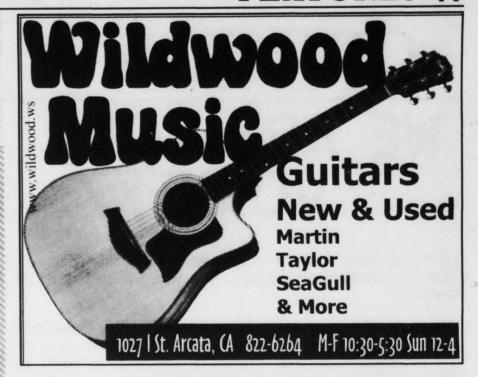
Nick Preciado may be contacted at thejack@humboldt.edu



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WE ARE YOUR VOICE

Students: you have a megaphone at your disposal. The Lumberjack. It is run by students and it is for students.

Yesterday afternoon, Students for a Quality Education attempted to protest their lack of a student voice to the Academic Senate. Three protesters showed up amid attendees at the meeting. Three.

The fact that Humboldt State is not inviting students' opinions, outside of the Associated Students, on program elimination is absurd. It is also old news.

This institution is our school: why shouldn't we speak up? We have problems with the way this school is being run. We don't want to lose classes, we don't want to lose teachers, we don't want to lose our education.

On March 4, we can join student activists in a march in Sacramento and tell our legislature that California's schools need the money. We can join the Students for Quality Education and protest on this campus. We can write our school administration. All it takes is an email.

If you have a problem with the way our administration is running the show or if think you have a solution, we can put it into print.

Had the Lumberjack known about the protest well ahead of time we would have helped spread the word, as we try to do with all student events.

However, we cannot be your voice if you as the student body don't tell us what you think is important.

Our names and pictures are online, we can't and we won't hide from you. Talk to us, write to us, give us a call.

This is your newspaper, be a part of it.

THAT'S WHAT HE SAID!



Kinkless on Campus

By: Travis Turner

Courage friends, courage. You will now read a series of possibly disturbing words.

Dildos. Butt plugs. Anal beads. Edible underwear. Flavored condoms. Penis rings.

Has anyone heard of these sexual sensation tools? Are you uncomfortable hearing about these portable playthings? Do you know anyone who likes to grab a ten-inch dildo and head into their room for a little afternoon delight solo style? I do. Not a big deal really. To each his own right, or no? In a ten minute argument with Multicultural Center student organizers I came to understand how immature and fearful people are about these things.

On Friday night in a small room that would have made a fire inspector freak out, more than 60 students were crammed together with only one exit. The scene looked like 12-year-olds about to smoke daddy's cigarettes in the

pasement. Nervous smiles were exchanged and quiet giggles were heard when words like penis were used. Meanwhile organizers are arguing with me about my right to be there and take pictures. "Some people get fired from their jobs when bosses find out that they are into kink," said one agitated organizer. "We are trying to provide a safe environment for people to learn about being kinky," said another. It could be argued that the organizers were trying to keep a very widespread use and interest in sexual toys in the closet, not knowing that the only way to change public opinion is by courageous people standing up for what they believe in, in the face of adversity.

My disappointment continues in our scared community of undergraduates.

Have you heard about letting your freak flag fly? That was the call to arms in the seventies. We are all freaks in our own way or in our own head. It is in honestly communing with others and the distribution of information that we are able to accept our freakiness as we realize that most people are just as freaky as us. It is okay to be different, kinky, flamboyant, shy, embarrassed or in this case the same as a lot of other people out there. It is not okay to hide who you are just because you live in fear of the consequences.

As I walked out the door disgusted on Friday night, I told one organizer that she should look into the Constitution and the freedom it allows us. There is a price however. We must be brave to fully glean the benefits of freedom. We must be unafraid. We must challenge societies ideals, not keep them locked away in a little room. The organizer disagreed. She said, "I don't give a shit about that piece of paper."

Sadly, I think she was telling the truth.

Opinions expressed in Lumberjack editorials are determined by a majority of the Lumberjack editorial board. They do not necessarily express the opinions of the university, the Associated Students or the Department of Journalism and Mass Communications.

Travis Turner may be contacted at thejack@humboldt.edu

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LETTER TO THE EDITOR

SKEELS IDEALS

THE PRESIDENT **BROUGHT TO YOU BY:** PEPSI

By: Kaitlin Skeels

"It overturned previous precedents, and made a mockery of our Constitution," said Junior political science major Tilton Fifield."The decision was based on the already precarious and disputed idea of corporate personhood."

The court case of Citizens United v. Federal Commission was a landmark 5-4 decision by the United States Supreme Court. It resulted in the recent decision that corporate funding of independent political broadcasts in the elections can't be limited because it is not compliant with the First Amendment.

This all began with a non-profit corporation Citizens United's case before the court regarding whether the group's film about Hillary Clinton could be defined as a campaign advertisement under the 2002 Bipartisan Campaign Reform Act. The act prohibited broadcast ads that name a federal candidate within 30 days of a primary or caucus or 60 days of general election and any such ad paid for by a corporation. The act also didn't allow national political party committees to raise or spend money not subject to federal limits, even for state and local

races. It is absolutely of the Supreme Court, which is supposed to be above the rat race that is politics." atrocious that will corporations be allowed to give

unlimited amounts toward federal campaigns. This will most certainly result in the muffling of the average American's voice. Corporations should not be granted the equal rights of an individual.

"As if voters were not bombarded enough, they will now have to make sense of an unlimited number of issue ads that may mislead and at the very least, polarize the candidates," said Fifield. "I think this decision undermines the integrity of the Supreme Court, which is supposed to be above the rat race that is politics."



President Obama reprimanded the decision during the 2010 State of the Union Address saying that, "The Supreme Court reversed a century of law to open the floodgates for special interests including foreign corporations - to spend without limit in our elections. Well I don't think American elections should be bankrolled by America's most powerful interests, or worse, by foreign entities."

"We are moving to an age where we won't have the senator from Arkansas or the congressman from North Carolina, but the senator from Wal-Mart and the congressman from Bank of America," said Executive Director Melanie Sloan on the Citizens for Responsibility and Ethics in Washington (CREW) website.

It most definitely is not a comforting feeling knowing that the next president could be backed by Pepsi and the governor could be sponsored by Doritos."Corporations don't want what the people want," said Payton Baughman, freshman history "This decision undermines the integrity

major. "Usually what corporations want has a negative effect on everyone else."

Worse, this opens the door for foreign

influence on our elections. Foreign corporations will be allowed to give money to support campaigns based on their own interest, not the best interest of America.

> Kaitlin Skeels may be contacted at thejack@humboldt.edu

GET REAL!

I'm writing in response to the [column] titled "A Different Kind of Streetwalker." This article implied that the tweekers, daytime acid trippers, street kids, and raving derelicts that wander the streets are one of the aspects that makes Arcata unique and interesting.

Well, I must say that you're absolutely right. Curbside turds and hypodermic needles are unique and interesting.

I couldn't believe the subtle implications of this article. The author was basically justifying the bizarre and often scary behavior of our ever growing homeless population as almost a work of art to be respected and adored. Unbelievable.

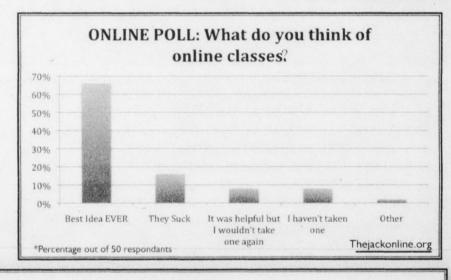
Yeah, I must say that the other day as I watched a man punch himself in the face I thought, "How unique and interesting, isn't Arcata such a great place!" "Oh shit, I think I stepped in human shit! Awesome!"

Get real. I'm sure since the author enjoys these people so much they have no problem inviting them over for hippie dinner. You know, the kind that is devoid of protein and looks as it tastes, like ass. Just make sure you serve a bottle of 'Thunderbird' slightly chilled. Oh what's that, you don't like bed bugs and syphilis? Next you're going to tell me that you don't like smoking crack-rock either?

This article makes me long for the lobotomizing sights and sounds of daytime television. At least Ricky Lake is upfront with her bullshit. What I really liked about this article was the rhetorical question in reference to streetwalkers as, "Would we have it any other way?"

Actually, I would.

Tyler C. Purvis **HSU** Graduate Student



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Send submissions to: Opinion Editor Yelena Kisler at yelena.kis@gmail.com

Include "Attn: Opinion" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

Guest columns may not exceed 750 words.

All letters and columns may be edited for grammar and spelling.

We reserve the right to edit profanity and obscenity and may hold content for any reason.

New contributors may be given preference over return contributors.

Please include your name, telephone number, city of residence, and affiliation with relevant campus or community organizations.

HSU students should provide their major and class standing.

We also welcome cartoons, spoof articles, and other items.

All submissions must be received by 4:00 p.m. the Friday preceding publication.

Student-Athlete's Nutritional Necessities: "Slim Pickin's" On-Campus

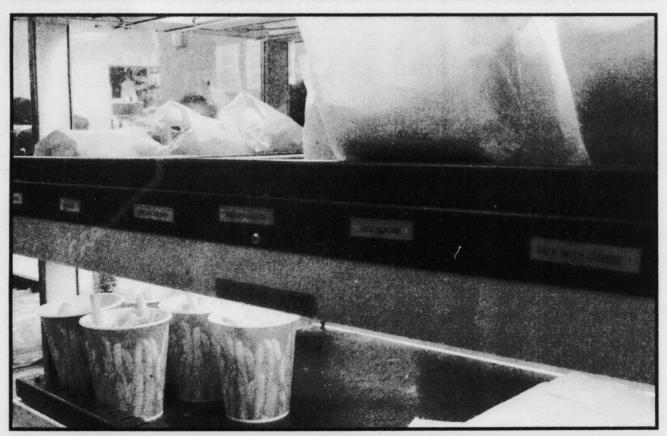
Kim Carroll

StaffWriter

It's game day. You're in class, pressed for time and looking for that perfect pre-game meal. If you chose to search for that ideal portion of food here on campus, you better look carefully.

HSU's campus divvies out "slim pickings" for student-athletes looking to get a balanced

HSU CALLACTURE Delica WRAPS
WRAPS



The Depot is a quick stop for food on the go, a choice for many students. But if you are a student athlete, how do your choices compare on campus? | Elizabeth Sorrell

meal before a big game, a training session or just a hard lift in the weight room.

When asked what nutritional food options are available for athletes here on campus, Head Athletic Trainer Shannon Childs replied, "None!"

With The Depot, one of HSU's main eating establishments, serving up an array of french

fries, meat-packed burritos, quesadillas and pizzas, there isn't much left for a gameready athlete. "There is just too much crap on campus," said Childs. One portion of the fried chicken served up at The Depot's "California Wraps" will leave you with 1900 calories and a new found need to hit the gym.

With a more optimistic view of campus food selection, Assistant Men and Women's Coccer Coach Brenden Bourdage points out the sandwich bar at The Depot. Careful thought is necessary, however, when selecting your beloved condiments and toppings.

"Stay away from too much mayonnaise, mustard and cheese. Lean meats like turkey as opposed to roast beef is a much better option," said Bourdage.

So if the ideal pre-game meal can't always be found here on campus, where can you find that energy-packed serving needed before working up a sweat? Take notes: HSU's Head Strength and Conditioning Coach Drew Peterson created an online athlete-based grocery list (www.humboldt.edu/strength.)

The list breaks down everything from food types and preparation to a set eating schedule necessary to maintain a healthy diet. Peterson classifies each kind of food and highlights a number of products that suffice as healthy choices. For example, if your roaming down the cereal isle, Peterson suggests Kellogg's Honey Bunches of Oats or some Quaker's Toasted Oatmeal Squares.

"Eat the meal at least three hours before an event to allow for proper digestion. Choose a meal that's high in starch, it's easy to digest and helps steady the levels of blood sugar. And always make sure to stay hydrated," said Peterson of some key pre-game ingestion guidelines.

Peterson's nutrition-packed manual may be your best bet, but some athletes can't always take advantage of grocery store options and stick to what they know right here on-campus. Especially when the campus is your home.

Current senior and former HSU soccer player Amy Androsko recalls her freshman year in the dorms and her on-campus eating habits. "The trainers were always getting mad at me for my diet. I would cramp up all the time because of a lack of calcium," she said.

Her excuse? The food provided right here on campus. With little variety and easy pre-made options at The Depot, what's a girl to do? Androsko and a handful of current HSU freshman athletes can attest to the fact that the school is attempting to pick up healthier options, though. Fresh fruit and yogurt at The Depot and a salad bar at the "J" are part of these improvements.

So whether you're stuck scrounging the on-campus eating sites or making a quick stop to the market before you take the field or hit the gym, remember to replace the greasy, the fatty and the sugary with the carbohydrates, the starches and that H2O. You'll head into that match nutritionally stalked and ready to go.

Kim Carroll may be contacted at thejack@humboldt.edu



GREEN AND GOLD OPENER

Evan Pugh StaffWriter

Saturday's scrimmage for the Green and Gold opener was a way to "start out the season in a relaxed way," said to track and

field Coach Sandy Moran.

Players brought their pets and played frisbee on the field of Redwood Bowl while they weren't preparing or competing.

"It was a good tune up," said Sophomore Michael Radenbaugh.

Although the mood was relaxed, coach Moran and assistant coach Gunner Argo watched eagerly with stop watch in

hand, trying to gauge their team in the early part of the season.

"It's early, but I feel good about the team this year," said Moran.

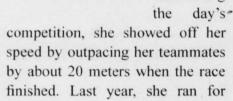
The season will be a long and brutal one. only two of the 15 races are here in Arcata. Coach Moran and the team will have to endure long roadtrips to places like

Eugene, Or. and Palo Alto.

"They're long weeknds," said Radenbaugh. "Hard on the body." Olivia Juarez, who Moran says is their main sprinter, began running in middle school, and is an-

> other key to the teams success this year.

> > "I became sprinter because I don't have very good endurance and really bad asthma so that doesn't make for a very good endurance runner." During



Southwestern Junior College.

Coach Moran made mention of Brittaney Peterson, a pole vaulter who earned all conference honors in 2008 and her 12 foot pole vault



Gabriel Milbauer runs down the track, preparing to vault during the green and gold open. | Christine Ciarcia

The Jacks come into this sea-

son with a roster loaded with talent.

Although suffering from the loss of

All-Americans Kelsey Lemke and

Brian Belue who graduated last

spring, coach Moran can still rely

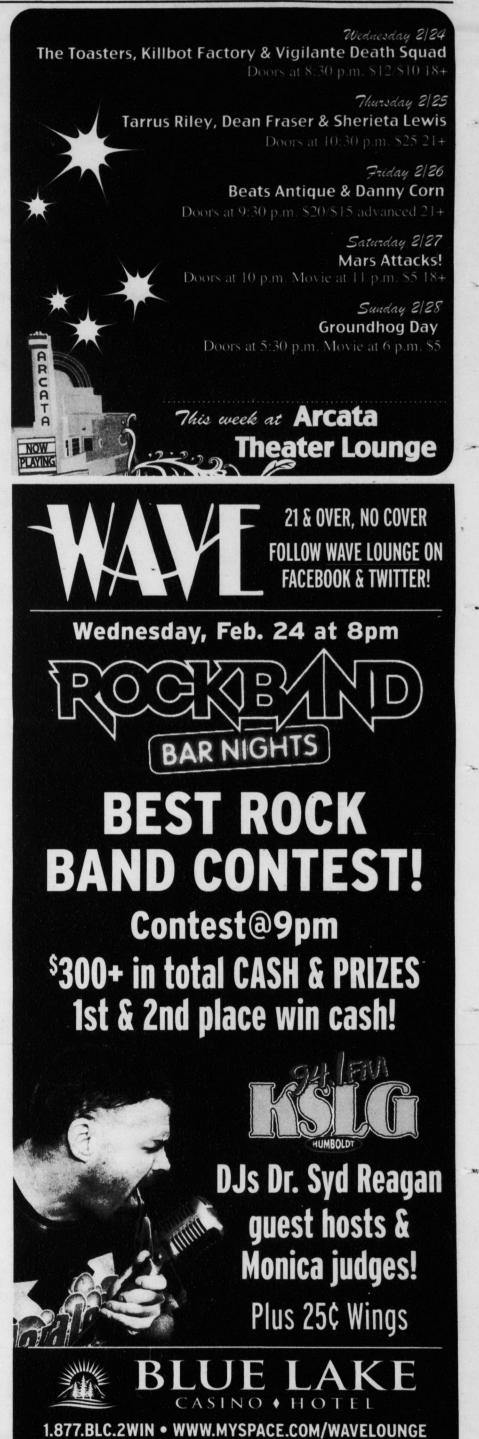
on Senior leaders like distance run-

ner Megan Rollands and Jumper

Melissa Murillo.



Sophmore Stuart Bailey edges over the bar during a high jump event in the Redwood Bowl.| Christine Ciarcia



record is a school record. In spite of that, she still holds the school record with a time of 10:49.91.

"Our team's gonna have a lot of national qualifiers," said Middle Distance runner Michael Radenbaugh.

"We're gonna do big things," he said with confidence.

The actual season begins on the 27th of February at Cal State Chico with the "Wildcat Relays." The 2009 CCAA Champion Wildcats will look to make it seven conference champi-

"We're gonna do big things."

-sophomore Michael Radenbaugh

onships in a row as they start their 2010 campaign at home. Chico finished ninth in the nation and will be returning four All-Americans from last years squad.

"[Chico] are a powerhouse," said Radenbaugh. "It will be an early indicator of how good we are this year."

Evan Pugh may be contacted at thejack@humboldt.edu

Weliness Week March 1st - 5th

Monday, March 1 Tai Chi 12-1

Quad

Massage 1-2 Nelson Hall East 106

Cardio Belly Dance 5-6 Nelson Hall East 102

Tai Chi 3:30- 4:30 Nelson Hall East 102

Tuesday, March 2

Arcata Forest Walk 12 - 1 Meet @ Student Rec Center

Marching Lumberjacks 12-1

Quad

Massage 1-2 Nelson Hall East 106

Puppet Making 3-4 Nelson Hall East 106

Meditation 4-5 Nelson Hall East 106

Wednesday, March 3

Tai Chi 11-12 Nelson Hall East 106

Learn Massage 1-2 Nelson Hall East 106

Five Element Acupuncture & Traditional Chinese Herbals 3-4 Nelson Hall East 106

Wednesday, March 3 Meditation 5-6 BSS 508

Thursday, March 4

Tai Chi 10-11 Nelson Hall 106

Zumba Fitness 12-1 Demo on Quad

Marching Lumberjacks 12-1 Quad

Learn Massage 1-2 Nelson Hall East 106

Qi Gong 3-4 Nelson Hall East 106

Meditation 4-5 Nelson Hall East 106

Friday, March 5 Biofeedback 10-11 Nelson Hall East 106

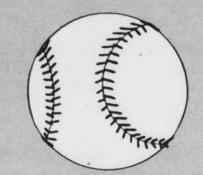
> Climb the Rock Wall 11-12 Student Rec Center

Friday FUN 1-2

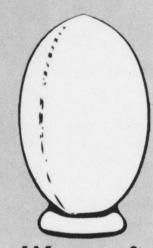
Student Rec Center Field House Kick your stress away with a soccer ball, New Games, Ultimate Frisbee...options are endless

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Special thanks! Student Health Center, Counseling & Psychological Services, Glenda Hesseltine, Humboldt Wellness Center, Jade Dragon Medical Spa, Marla Joy, Center Activities, Arcata School of Massage, & Sara Sunstein.



HSU vs. San **Francisco State** Feb. 26 at 1pm HOME



Women's Rugby HSU vs. UC Santa Cruz Sat., Feb. 27 at I I am AWAY



Men's Track and Field HSU vs. Wildcat Relays Sat., Feb. 27 at TBD **AWAY**



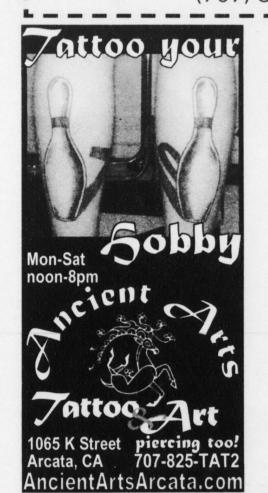
Men's Basketball HSU vs. UC San Diego Fri, Feb. 26 at 5:30pm AWAY

TIRED OF HUMBOLDT STATE BEING UNDER FUNDED?

State Capitol and send a message along with students from other CSU's, UC's, and Community Colleges, that higher education is a priority! Associated Students is providing a FREE return trip from Sacremento on March 22nd—the day after spring break! Limited seats available. Stop by the Associated Students office to sign up. Deadline is Wednesday, March 10th at 5:00 p.m. \$10.00 refundable deposit required. Lunch will be provided.



Associated Students - University Center, South Lounge (707) 826-4221 - www.humboldt.edu/~hsuas - hsuas@humboldt.edu



Arcata Stay LODGING NETWORK

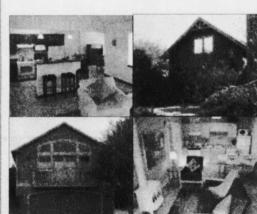
ARCATA'S FINEST OVERNIGHT ACCOMMODATIONS
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10% discount for HSU families

Network owned by HSU Alumni







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Your Humboldt tide

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ARCATA WHARF TIDE REPORT													
Wed	2_24	Thurs	2_25	Fri	2_26	Sat	2_27	Sun	2_28	Mon	3_1	Tues	3_2
L 1:39 3.7'	L 15:22 -0.1'	L 2:58 3.3'	L 16:14 -0.5'	L 4:03 2.7'	L 17:01 -0.8'	L 5:00 2.0'	L 17:44 -0.8'	H 0:11 6.8'	H 11:55 7.8'	H 0:47 7.2'	H 12:48 7.5'	H 1:24 7.6′	H 13:41 7.0'
H 7:54 7.3'	H 22:11 5.2'	H 9:02 7.6′	H 22:54 5.7'	H 10:03 7.8′	H 23:33 6.2'	H 11:01 7.9'		L 5:54 1.3'	L 18:25 -0.6'	L 6:45 0.7'	L 19:05 -0.1'	L 7:36 0.3'	L 19:45 0.5'

856 10th St. Arcata, CA 707-826-2739

WED.FEB.24@9:00 ▶





ALL Shows 21 & up

Redeye Empire

THUR.FEB.25@8:30 →



SAT.FEB.27 2:00am ⇒ 2:00pm

WINTERFEST

13 bands, 3 venues



facebook

Check www.humboldtbrews.com for latest music info.

ade Anniversary Sale! March Ist - 5th DEPOT ONLY Bagel, CC & Lox \$ Veggie Delight 33

EVENTS



G Love & Special Sauce w/ Redeye Empire 9p.m. \$25 **Humboldt Brews**

Karaoke w/Chris Clay 8 p.m. The Boiler Room

> Free Tai Chi Class 4 - 5 p.m. Humboldt Wellness Center

The Toasters, Killbot Factory **Vigilante Death Squad** 8:30 p.m. \$12 Arcata Theater Lounge

THURSDAY February

Open Mic Nite 8p.m. Blondies Food & Drink

Karaoke Night 8p.m. Bear River Casino

Sing to Me Through **Open Windows** 8 p.m. \$10 Arcata Playhouse

Clowns Without

Asylum Street Spankers (Acoustic) 8:30 p.m. Humbrews

DJ Ninja, Retro Dance

FRIDAY February

Giovani String Qartet 7 pm. Arcata Library Doors @ 6:30 Suggested Donation \$5-10 Reception Afterwords with food from wildberries, Los Bagels, Nonna Lena and Friends of the Arcata Library

Borders

Clowns Without Borders A Benefit for Haiti 2 pm

Party A Benefit for Haiti 10 p.m. Aunty Mo's Lounge 6 pm Old Creamery Dancenter 1251 9th St. Acata



Library Book Sale 10 a.m. - 3:30 p.m. Humboldt County Library

Old Creamery Dancenter 1251 9th St, Acata

8p.m. \$13 Ferndale Repertory Theater

Wait Until Dark



Soul Food Dinner 6 pm Kate Buchannan Room \$5 HSU and CR students \$7 General \$4 kids 7-12 Proceeds support 2010 Black Graduation More info 707-826-3369

Open Mic 7 p.m. Mosgo's Arcata Deep Groove Night 9p.m. Jambalaya



Quiz Night 7p.m. Blondie's Food and Drink Muddy's Open Mic 8 p.m. Muddy's Hot Cup

Humbrews' Open Mic 10 p.m. Free Humboldt Brews



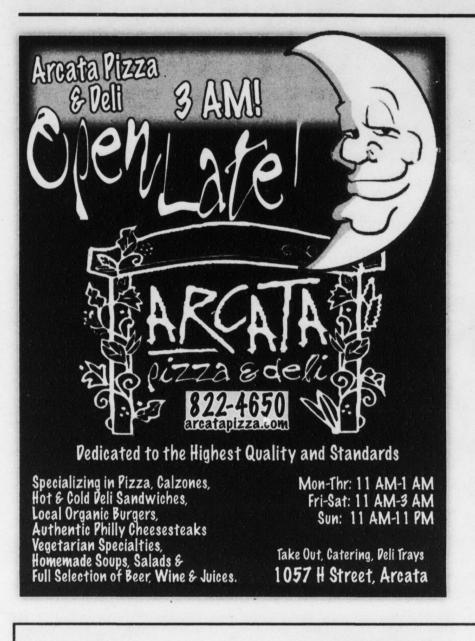
Progressive Drink Night W/ DJ Dub Cowboy 10 p.m. **Sidelines**

North Coast Jazz 7 p.m. Six Rivers Brewry

Big John Bates & The Voodoo Dolls (Punk Blues) 7 p.m. Old Town Coffee & Chocolates









careere

AND VOLUNTEER FAIR

career center

Friday, February 26th 10:00am to 2:00pm West Gym - Forbes Complex

Go to www.humboldt.edu/~career and log onto "Springboard" and select "Career Events" for an up-to-date participant's list.

Employer On-Campus Interviews:

U.S. PIRG - Info Session: Wed. Feb. 24 @ 7 pm, NHW 232; Interviews: Thur. Feb 25 FUND for Public Interest: Sat. Feb. 27

Camp Tulequoia: Thur. March 4 & Fri. March 5

Workshops in NHW 130:

Resume Prep for Career Expo - Tues. Feb. 23 @ 4:00 pm

How to Find an Internship - NR & the Environment - Wed. Feb. 24 @ 5:00 pm How to Find an Internship - All majors & interests - Tues. Feb. 25 @ 5:00 pm

Tabling on the Quad - Wed. Feb. 24 from 10-2 pm Information Session - Thur. Feb 25, 6:30 pm, FH 163

Future of Your Profession Speaker Series

Careers in Education - Wed. March 2 @ 11:00 am, Goodwin Forum Careers in Green & Sustainable Fields - Thur. March 4 @ 11:00 am, Goodwin Forum

Register for events on SPRINGBOARD: www.humboldt.edu/~career

HEALTH



COSMIC MIND YOGA

Cosmic Mind Yoga, kundalini yoga bares great fruit. Guided visual meditation classes in manifestation and maintence, quantum physics, time and ages, traveling in the inner worlds.Call for appointment. 442-6829

Miscellaneous



Time Traveler Gift Shop

Herbal spice incense, assorted aromas. The Time Traveler Giftshop. 1020 8th Street, Arcata (behind the Co-Op). Open Wednesday through Saturday 12 'til 5 p.m., since 1986.

WANTED



TIN CAN MAILMAN

BUYS BOOKS, including TEXTBOOKS for cash or trade credit. Huge selection, open daily. Corner of 10th & H Arcata 822-1307

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WELL ESTABLISHED CAFE



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\$149,000 (Large down payment is a must!) Long Term Lease \$2,500/ Mo. Muddy's Hot Cup of Northtown Approx. \$400,000/year gross revenue Perfect location on

a busy street in the middle of town Walking distance from Humboldt State University, Arcata High School and Hwy 101. Charming historic building fully modernized and converted for commercial use Plenty of seating indoors, tables, counters for laptop users, and small stage area. Outdoor seating includes newly constructed front deck and back patio w/ ping pong Top of the line "La Marzocca" espresso equipment with all maintenance records. Commercial kitchen with 2 convection ovens and induction burner. Beer cooler with six taps. Computerized POS cash register to track and analyze sales. Loyal customer base and popular menu.

Serious inquiries only forsale@hotcupcoffee.com





