

CouRaGeouS Cuentos: A Journal of Counternarratives

Volume 5 *CouRaGeouS Cuentos: A Journal of Counternarratives*

Article 22

2022

You Are Powerful

Amelya Madrigal
Cal Poly Humboldt

Follow this and additional works at: <https://digitalcommons.humboldt.edu/courageouscuentos>



Part of the [Bilingual, Multilingual, and Multicultural Education Commons](#), [Chicana/o Studies Commons](#), [Civic and Community Engagement Commons](#), [Community-Based Learning Commons](#), [Creative Writing Commons](#), [Curriculum and Instruction Commons](#), [Domestic and Intimate Partner Violence Commons](#), [Educational Sociology Commons](#), [Ethnic Studies Commons](#), [Feminist, Gender, and Sexuality Studies Commons](#), [Gender and Sexuality Commons](#), [History Commons](#), [Inequality and Stratification Commons](#), [Latin American Languages and Societies Commons](#), [Latina/o Studies Commons](#), [Modern Literature Commons](#), [Politics and Social Change Commons](#), [Race and Ethnicity Commons](#), [Reading and Language Commons](#), and the [Theory, Knowledge and Science Commons](#)

Recommended Citation

Madrigal, Amelya (2022) "You Are Powerful," *CouRaGeouS Cuentos: A Journal of Counternarratives*: Vol. 5, Article 22.

Available at: <https://digitalcommons.humboldt.edu/courageouscuentos/vol5/iss1/22>



This work is licensed under a [Creative Commons Attribution-NonCommercial 4.0 License](#)

© 2016 Department of Critical Race, Gender & Sexuality Studies (CRGS) at Humboldt State University.

This Counternarratives and Reflections is brought to you for free and open access by the Journals at Digital Commons @ Cal Poly Humboldt. It has been accepted for inclusion in *CouRaGeouS Cuentos: A Journal of Counternarratives* by an authorized administrator of Digital Commons @ Cal Poly Humboldt. For more information, please contact kyle.morgan@humboldt.edu.

You Are Powerful

By Amelya Madrigal

I wish
I wish
a lot

I wish to
understand,
to be closer
to my roots

But then
I remember
I am as close
as
I can ever be,

I am living proof of my roots,
of my ancestors

Let me not forget
how hard I fight

Let me not forget
how hard my family
has fought
And my ancestors
before them.

I will not let anyone
take my identity

away from me
Nor should I feel
ashamed or
embarrassed
anymore

I am my father's daughter,
I am my mother's daughter
I am Indigenous
I am Mexican
I am black
I am
Who I am

