

SERVING THE HUMBOLDT STATE CAMPUS AND COMMUNITY SINCE 1929

The Lumber Jack

Wednesday, March 10, 2010 Vol. 96 No. 7

www.thejackonline.org

STUDENTS JOIN IN STATE-WIDE PROTEST

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SLAM POETRY
competition in
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WOMEN'S
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Victorious at
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PLUS

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We strive to act as a watchdog of those instituting policy that affects students and their surrounding communities. We are a newspaper for students, by students. Our goals are honesty, accuracy and originality in reporting. We will hold ourselves accountable for errors in our reporting. We invite all readers to participate.

This is your newspaper. Be a part of it.

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CORRECTIONS

- In the story "Transfer, Don't Isolate," we misspelled the name Matt Smith.
- Our cover should have read "HSU's Numbers Game."
- Page 18 lacked a number 1 in the graphic. It should have marked the signboards to the left of the number 2

If you have any **Corrections** contact us:

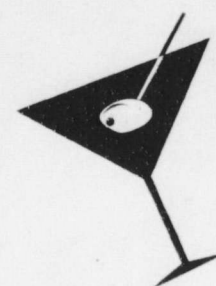
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COVER Design: Adrian W. Emery. Photo: Sarah Hardy

Arcata's Dive Bar Needs Some Love

Carly Matson

Staff Writer



With the front-entrance floor sinking and the walls rotting, reconstruction begins this year on The Alibi Restaurant & Cocktail Lounge.

Philosophy and literature major Joe Levi said he has gone to The Alibi at least once a week for the past two years.

"I love the greasy, heart-clogging food, the stiff drinks and sometimes the bands they have," said Levi. "Plus, they

have Maker's Mark whiskey and a whole menu dedicated just to Bloody Marys."

New plans for the location will expand outward and upward.

Justin Ladd, owner of The Alibi since October 1998, said it will be gigantic. It will expand into the empty lot next door, and there will be an upstairs level.

Both levels will have a bar. The downstairs bar will be 45-feet long. Ladd said it will include a selection of espressos and juices.

The upper-level bar will be in two parts. The back half will have an enclosed bar, and the front half will be an open deck.

Reinforced concrete pillars will replace the current wooden framework. Ladd will reuse the old lumber to make new tables.

"I'm going to recycle everything I can, from the framework to the paneling on the walls to the old-growth Redwood beams," said Ladd.

Even the artwork that has been there since 1954 on the walls will be retouched. The paintings of dogs decked out in suits and fedora hats drinking around a table will hang behind the bar. Black lights will glow above them, an effect they once used years ago.

Ladd said the process will begin sometime between August and December and take a year to complete. The bar will be closed during renovations.

In July, Ladd will open the Alibi 2 in Eureka. The Alibi 2 will take over his current bar, Aunty Mo's. This spot is known as

Humboldt County's only gay bar, which Ladd owned for a of couple years.

There are rumors that moving the Alibi to this location prevents Ladd from losing his liquor license during reconstruction.

Studio art major Holly Burke wishes this wasn't the case. Burke

original location.

Valerie Graham, who works at Toby & Jack's in downtown Arcata, thinks the reconstruction will positively affect the surrounding bars.

"For the most part, we all have our own clientele, but a lot of people like going from one

bar to the other, right down the line," Graham said. She thinks the new Alibi will bring in more people from surrounding areas and

create more business for all the bars on the plaza.

Even though The Alibi will grow, Ladd wants to keep the same vibe. He does not want a new audience or scene. He wants a new-and-improved version of what is already there. The dim lighting, blood-red walls, unusual art work and laid-back atmosphere are not going anywhere.

"We are the dive bar, and I love it that way," said Ladd.

Carly Matson may be contacted at thejack@humboldt.edu

has gone to this venue for the past 12 years. Since Ladd took over business, she said the customer service went down the drain.

"Those fucking bastards," said Burke. "I've probably been to Aunty Mo's six times. I only go for benefits that support gay people and organizations, otherwise, it's a bad place to go for service." Even though Burke thinks the service is awful, she does not like that the only gay bar in town is closing.

The Humboldt "rants & raves" section on craigslist.com has numerous posts about Aunty Mo's.

There are twice as many complaints about poor service, rude bartenders and bad music, than there are approvals on the venue. On the flip side, the LGBT community and supporters are upset to see their gay bar go.

Ladd plans to set-up a temporary Alibi in Arcata during remodeling but does not have a location yet. He said it is difficult to find a place equipped with a kitchen. A kitchen will cost more than \$100,000 to install, and Ladd would rather put money toward renovating the



Don't worry all you Alibi faithful, the Alibi is only closing to remodel. | Christine Garcia

March Forth For Education

Yelena Kisler

Opinion Editor

COVER
STORY



Noah Meisel sat on his father's shoulders and shouted louder than the rest of the crowd: "Shut the prisons! Save my school!"

Josh Meisel, Noah's father, is a sociology professor at HSU. They were there to show their support for increased funding for education.

By early evening last Thursday, March 4, signs saying, "Stop the cuts to my future!" and "Save my education, keep the doors open!" lined 5th Street in Eureka. In front of the Humboldt County Courthouse, protesters yelled, "You say cut back! We say fight back!"

Several hundred teachers, students, parents and concerned citizens took to the streets to demand more funding for education in California.

The protest was one in a series of rallies to put pressure on the legislature to end budget cuts to public education. Students from universities all over California, Oregon and Wisconsin participated. Students and teachers from Cal State Northridge, San Jose State and San Francisco State came together to fight for funding.

One protest in Oakland ended in 150 arrests when demonstrators tried to march down U.S. Highway 880. Humboldt's rally was peaceful.

"The state budget is being discussed this month," said Chris Haynes, a geography professor at HSU and Humboldt County chapter co-president of the California Faculty Association. He said, "We want the public to remind their legislature that education is too important to cut funding."

Humboldt County Schools Teachers Association President Damon Collier said the state already cut \$17 billion from public education, and now, Governor Schwarzenegger has a new proposal that would cut another \$2.5 billion.

Public schools were supposed to see a refund of \$11.2 million. Now, the state says it will not pay it back, Collier said.

Graduate student Dusty Marby said, "Cutting education over other sectors is deplorable." The sociology major added, "This is a major piece of the puzzle in terms of creating real social change."

Marby was joined by Stacie Lyans and Romi Hitchcock-Tinseth, who both work in the admissions department at HSU. They all climbed up the concrete base of the flag pole and raised their signs high in the air.

Stephanie Lane, who also works in admissions, said they can no longer accept any late applicants, and they have to reduce enrollment by 6 percent for the year due to new CSU requirements.

All CSUs have this requirement. "Instead of being accessible, we have to get used to saying no," Lane said.

Phil Glickerson, a worker for the federal government, was there with petitions to increase the portion of the state lottery that goes to education and to stop the state from taking money from city and county budgets.

Kathleen Bryson, a candidate for District Attorney, said she came out because she is a mother and because she has represented minors in court. The lack of funding forces schools to cut programs like detention, which helps keep kids out of trouble. "We have to stop producing criminals," she said. "I am sick and tired of the most vulnerable people getting hurt."

Bryson said, if she gets elected as

D.A., she plans to help support education by taking a 20 percent pay cut from the \$150,000 salary and placing the majority of it into education.

Eureka High teacher Ryan Keller said she was excited to see drivers honk their horns as they passed by. "I love to see the interaction. It makes me glad to see that other people care," she said. The cheers from the crowd swelled each time a driver showed their support. Even an officer in a marked police car honked as he drove by.

In the background, marine biology major Pamela Ward pounded her drum and created a beat for the chants. Protesters danced, marched and shouted.

Ward is tired of seeing her classes cut. "My education is suffering right now because I had to miss physics to be here. I vote, but it doesn't seem to help."

Yelena Kisler may be contacted at thejack@humboldt.edu



Protesters rally outside Eureka city hall on March 4
| Preston Drake-Hillyard



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On Access to EMOTIONAL AND PSYCHOLOGICAL COUNSELING on Campus

There is a Student Health Fee Increase Referendum coming that will support Counseling and Psychological Services (CAPS)

WHY?

CAPS will no longer receive necessary general fund support due to reductions in HSU's budget. CAPS has already undergone significant budget cuts over the last several years and is "bare bones" with a wait-list for counseling 78% of the academic year. CAPS cannot withstand any further cuts without seriously impacting services, and potentially, the health and safety of campus.

THE FEE INCREASE WILL SUPPORT

- Continued counseling at CAPS (individual, couples, & group therapy)
- Continued crisis intervention (same day services for acute & significant problems)
- Continued outreach and educational workshops, consultation services, etc.

THE PURPOSE

The purpose of the student health fee increase is to allow continued operation of Counseling & Psychological Services so that it will meet the basic mental health care needs of the student population.

FEE REQUESTED

A \$45 per semester fee increase to cover CAPS. This would bring the Health fee to \$192 per semester with an annual adjustment based on the Higher Education Price Index.

Join us for an **INFORMATIONAL FORUM:**

April 8 noon-1 p.m. South Lounge
April 14 5-6 p.m. Klamath Room, JGC
April 15 noon-1 p.m. BSS 162, NA Forum

72 Hour Online Voting at
www.humboldt.edu/~hsuas

Tues, April 20 through Thursday, April 22.

YOUR CHOICE

YES: A yes vote indicates that you are in favor of the proposed fee increase.

NO: A no vote indicates that you are not in favor of the proposed fee increase.



The CAPS Staff

PRO & CON STATEMENTS

PRO STATEMENT

CAPS is already short 3.5 counselor positions by international standards, and is more heavily utilized than most university counseling centers.

By supporting the fee, CAPS would maintain all counseling services and would not have to reduce services to "crises only." This means that ALL students would have access to counseling when they needed it, not just the well-insured or the wealthy (who could likely afford the \$90-\$125 per session for off-campus therapy). CAPS would continue to play an important role in facilitating campus safety through counseling & consultation (e.g., by addressing issues of violence toward self or others) and would continue to serve as a "safety net" for all students. As revenue builds over time, CAPS would plan to hire an additional therapist in order to better meet the demands for counseling. Though it is regrettable to have to ask for this fee increase, CSU student fees remain among the lowest in our national university system (for example, they are \$3245 less than the UC fees) and are covered by student financial aid for those who use it.

CON STATEMENT

In the last five years, cost of attendance at HSU has already increased by \$1999 for a FTE undergraduate California resident. Only students who use counseling services should have to pay for those services (though this cost would be very high at \$250/session).

A Voiceless Faculty

General Faculty Association faces elimination

Melissa Coleman & J. Daniel Fernandez

Staff Writer

News Editor

Some faces of the cabinet:

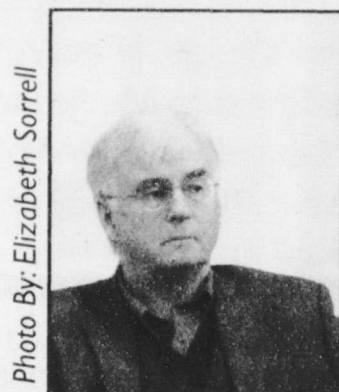


Photo By: Elizabeth Sorrell

John Wooley
former Humboldt County Supervisor

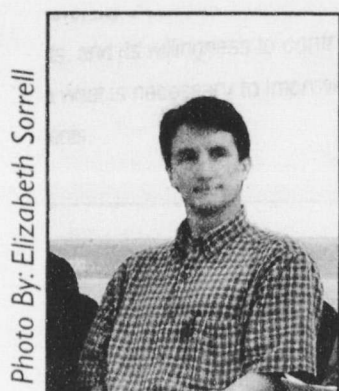


Photo By: Elizabeth Sorrell

Philip Rouse
Quality Improvement Analyst,
Business Services



Photo By: Elizabeth Sorrell

John Meyer
Department of Politics Chair



Photo By: Elizabeth Sorrell

Adrienne Colegrove-Raymond

Interim Director, Student Academic
Services Outreach & Educational Talent
Search

Get ready for a fight. HSU's faculty and administration are in a power struggle.

A 2008 report by the consulting firm Keeling and Associates found that HSU leadership is internally split and ineffective. In 2008, the Western Association of Schools & Colleges' (WASC) accreditation team shared the same sentiments.

The Cabinet for Institutional Change (CIC) was created to set goals for reform and to recommend ways to accomplish those goals. The cabinet has 13 members: five faculty, two students, two staff members, two administrators, one community member and the provost. The majority of the cabinet members attend or attended HSU.

The Cabinet's final report, released in February, calls for the General Faculty Association's (GFA) elimination. The General Faculty Association of HSU will disappear if a recommendation by the Cabinet for Institutional Change (CIC) is implemented.

Every faculty member, coach, counselor and librarian belongs to the GFA by default. The roughly 370 members vote for a general faculty president who speaks for the entire faculty. This is a similar model to the president of Associated Students for whom students vote.

"[The report] does not say, 'abolish the student and staff associations,'" said Senator Martin Flashman during a special meeting of the Academic Senate on March 2. "There's a lot of restructuring in the Senate and for the students, but there is no administration restructuring."

Provost Robert Snyder said the elimination will be beneficial for HSU. "The faculty is the group with the power on this campus. To say 'woe is me' is to ignore the power differentials," he said to the Senate.

Flashman said the recommendation is an attempt by the administration to decrease

"We don't have the power to dislodge the president, and we don't have the power to disagree."

- John Powell -

faculty power. Flashman said it is retribution for the GFA's vote of no-confidence in HSU President Rollin Richmond.

In a largely symbolic effort last May, members of the GFA voted 128-4 to have Richmond step down from his position within two months. Ten months later, Richmond remains president.

General Faculty President John Powell said, "We don't have the power to dislodge the president, and we don't have the power to disagree."

Provost Robert Snyder said the GFA president does not represent the faculty because he can vote however he wants without consulting the faculty. But, as Flashman pointed out at the March 2 meeting, "The faculty voted for the no-confidence, not just John Powell."

During an interview with The Lumberjack, Powell added, "I think it is ironic that the Provost accuses me of not being accountable for my actions. I'm elected by the faculty. I help give the faculty a visible public voice."

Academic Senate Vice Chair Michael Goodman also spoke at the March 2 meeting and pointed out that Powell has been elected twice. "The GFA is accountable. It elects a president. That's the accountability," he said.

One stipulation in the recommendation concerns Senator David Heise. It calls for the representatives of the students, staff, faculty and administration to each have a vote on the university-wide senate. The number of representatives has not been decided yet.

In particular, Heise worried about the administration having a vote. "They already make the final

See CIC, page 7

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+
Wah-Wah Exit Wound
(heavy prog from Seattle)
Wednesday, March 13
\$5

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10:30pm doors
11:15 pm music

Upcoming Shows

Splinter Cell
(local rock)
+
Watch It Sparkle
(garage rock from Seattle)
Saturday, March 20
\$5

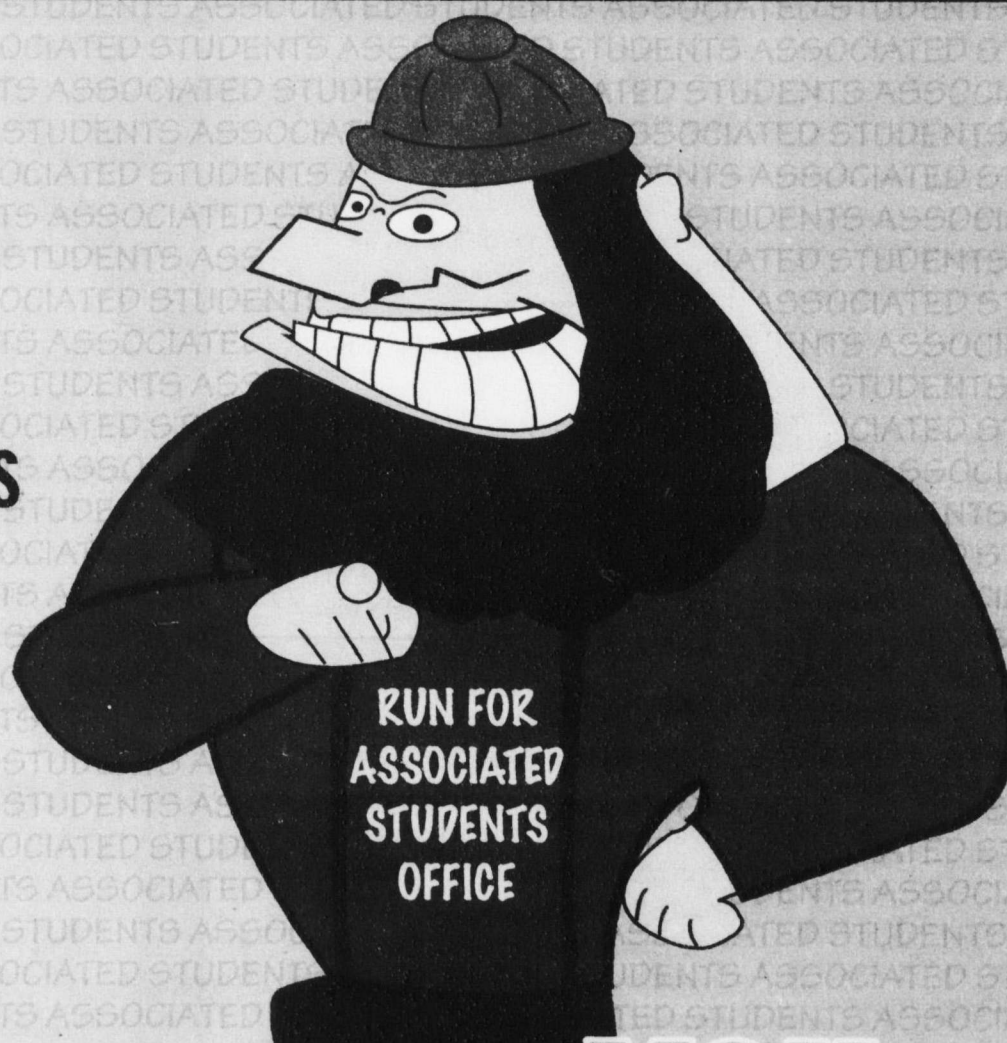
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CIC continued from page 5

decision," he said.

Academic Senate President Saeed Mortizavi continued on the same thread. "Every day I am reminded who makes the decisions," he said, referring to the administration and the recent actions against the Academic Senate's recommendations to keep the German and Applied Technology programs.

Senator Jay Verlinden said, "I don't know how this is any business of the Academic Senate. The administration is meddling in something they shouldn't be."

Flashman agreed. "Let the faculty restructure itself," he said. "To eliminate [the GFA] goes beyond what's appropriate."

Senator Daniel Faulk took it one step further. "The CIC did not address institutional change. It didn't change the administration. It's just an illusion, not real change."

Faulk asked, "Why is the CIC only concerned with the senate?" Faulk said he heard the administration threaten the senate if it did not do what administration wanted.

Senate Finance Officer Scott Paynton was one of the dissenters. "The bulk of conversation is about getting rid of the [GFA]. That's like putting the cart before the horse," he said.

Paynton wanted the Senate to accept the recommendations in principle and hash out the details

Cabinet for Institutional Change Vision Statement:

Humboldt State University will be the campus of choice for individuals who seek above all else

- (1) to improve the human condition and our environment.**
- (2) We will be the premier center for the interdisciplinary study of the environment and its natural resources.**
- (3) We will be a regional center for the arts.**
- (4) We will be renowned for social and environmental responsibility and action.**
- (5) We believe the key to our common future will be the individual citizen who acts in good conscience and engages in informed action.**
- (6) We will commit to increasing our diversity of people and perspectives.**
- (7) We will be exemplary partners with our communities, including tribal nations.**
- (8) We will be stewards of learning to make a positive difference.**

later, all in the spirit of solidarity.

Goodman added, "I want to thank the CIC for their hard work and for their efforts to create civility."

After the discussion, the Academic Senate voted in favor of letting the general faculty vote to decide its own fate. In addition, the Academic Senate will be restructured into a university-wide senate.


Powell said it's implausible that the faculty will vote to eliminate the GFA.

Powell quoted Kathryn Corbitt, the only surviving member of HSU's first GFA, who said, "I can't see this as anything more than a power grab."

Our writers may be
contacted at
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How does the Cabinet for Institutional Change effects Students,
Staff, and Administrators?

See our stories in next week's issue.


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FEATURES

March 10, 2010
THE LUMBERJACK

8

SLAM POETRY

Come, be heard, be judged

Anthony Barstow

Copy Editor

In the bathroom at the Apollo Theater, an attendant will greet you with a bar of chocolate, and a gold toilet seat will greet you in the stall. At least, that is what slam poet Vanessa Pike-Vrtiak experienced.

Pike-Vrtiak co-founded A Reason to Listen, a Eureka-based slam poetry team, and helped open a forum in Eureka for local poets to perform.

On March 11, she will perform at the Accident Gallery in Old Town Eureka in the third of a series of four monthly competitions. The top three poets from each month will compete against each other in May. The winner of the final competition will represent Humboldt County in the Individual World Poetry Slam, the national championship of slam poetry.

The road to the Accident Gallery is not free from controversy. Pike-Vrtiak says that in slam poetry you can judge art on a comparative basis. A slam is, by definition, a competition in which poets per-

form, receive points and someone wins. Someone also loses.

This does not sit well with some in the poetry community.

Megan Davis, a 22-year-old "student of life" as she says it, is one of the founders of the local poetry slam scene. When she was in high school, she and her friends did workshops and performances at the local juvenile hall.

With help from her high school teacher Therese Keslin, whom she calls a "guiding light," Davis' senior project was to put together the first poetry slam in Eureka.

Davis opposes the point system and says, "I don't think art can really be judged like that."

Davis says the need for judgment is an instinct. "It's extremely prevalent in this country to be fueled by competition," she says. "It's a competitive world."

HSU art professor James Moore says the most challenging thing in teaching art is the grading, which he calls the antithesis of what art is.

Moore holds out hope for the future and for the current generation of artists he teaches. When he speaks about his students, he talks with the excitement of a parent de-

scribing his child's first steps.

"There is an intolerance for hypocrisy and a demand for genuineness. If it means we have to re-evaluate the way we judge art," he says, "then so be it."

In an attempt to please all parties, beginning in June of 2009, the Accident Gallery stopped hosting slams, while continuing to offer space to poets wishing to perform.

Pike-Vrtiak says, "[The competition] was ruining the venue." But, over the seven months without a slam, she received requests to start again.

Brad Wilson, one of the core members of A Reason to Listen, is realistic about what the slam means to the community.

"We were torn for a while. People are fundamentally opposed to the competition part," he says but concedes, "When we have a slam, more people come." Slams began again on Jan. 14, 2010. About 80 people went to the event.

The goal of A Reason to Listen and the Accident Gallery is to offer space in the community for poets to share their experiences. There is time available at the beginning of the night to perform out of competition, but the organizers encourage

everyone to participate in the slam.

Davis says the danger comes in performers tailoring their poetry to the competition. She says that the poems with political or social content tend to score better than more introspective and personal poetry.

"Sometimes the writing is compromised for the message," she says. "I would never consider myself a slam poet. I'm a poet."

Pike-Vrtiak recognizes the pitfalls inherent in competition but says, "If you're a poet and you want to be recognized, you have to slam."

The Eureka slam is a stepping stone to the Individual World Poetry Slam. Pike-Vrtiak and Davis have been there before.

In 2006, A Reason to Listen performed at the Apollo Theater in New York City.

The Apollo Theater opened in 1914 as a venue for unknown artists in Harlem. Billie Holiday, James Brown, and Lauryn Hill all got their starts at the venue. The slogan of the Apollo Theater is, "Where Stars Are Born and Legends Are Made."

Davis calls it the highlight of her experience with slam poetry.

When it came time to perform, the team did away with the rules. Everyone got on stage together. They performed a poem conceived specifically for the occasion. It was a blend of the work they had all put in as a team.

Davis says, "It wouldn't have been right otherwise."

She explains the responsibility of the slam poet as the reason the team broke the rules. The performer must let go of the competition and say what needs to be said. She must speak the truth when all eyes are on her.

For Pike-Vrtiak, poetry was never about competition. It is about the love of words, a love that began when she checked out books from her elementary school library and held them to her chest in an effort to take the words straight into her heart. She wrote her first poems in the fourth grade.

Poetry means as much to her now as it did then because she writes about what is important to her. "My purpose is to share what I know with my community," she says. "And, that's my heart."

Anthony Barstow may be contacted at thejack@humboldt.edu

And without hesitation, Understand that, this too shall pass. -from a poem by Vanessa Pike-Vrtiak

A Reason To Listen
The Accident Gallery
210 C St.
Old Town Eureka
March 11 at 7:30 p.m.

ANATOMICAL HEART IN A BOX

Native Women's Contemporary Art Show

Allyson Oken

Staff Writer



Brittany Britton is one of the artists showcased in the Native Women's Art Gallery. | Allyson Oken

Artist, native rights activist and HSU student Brittany Britton calls her art her "body of work." Most of it is abstract disembodied, human organs.

This is just one of the many styles of art you can see at the opening of the Native Women's Contemporary Art Show this Thursday. This show will be the first native wom-

en's show ever on HSU's campus.

The exhibition is in the new gallery in the Behavioral and Social Science (BSS) building and will show the work of students and artists from the indigenous community. The Native Women's Contemporary Art Show features 2-D and 3-D works by event founder Brittany Britton, Marlette Grant-Jackson,

Melitta Jackson, Mona Mazzotti and Rosemary Pimental.

Britton's cousin, HSU student and contributor to the event, Tess Cervantes, said it's not the typical show with old photos and woven baskets. "It's art with a contemporary twist on traditional native designs," she said.

See ART, page 9

ART continued from page 8

Event: Native Women's Contemporary Art Show
Date: March 11, 2010
Time: 4:00 pm - 6:00 pm
Price: Free
Where: BSS 104 Native Gallery

Event founder Britton said, "I like to work in mixed mediums, using ceramics and sculpting to create something interesting." Britton described one of her works called an "Anatomical Heart in a Box."

Britton said, "It's a heart that is cut in half and sewn up the middle with little compartments inside containing various objects."

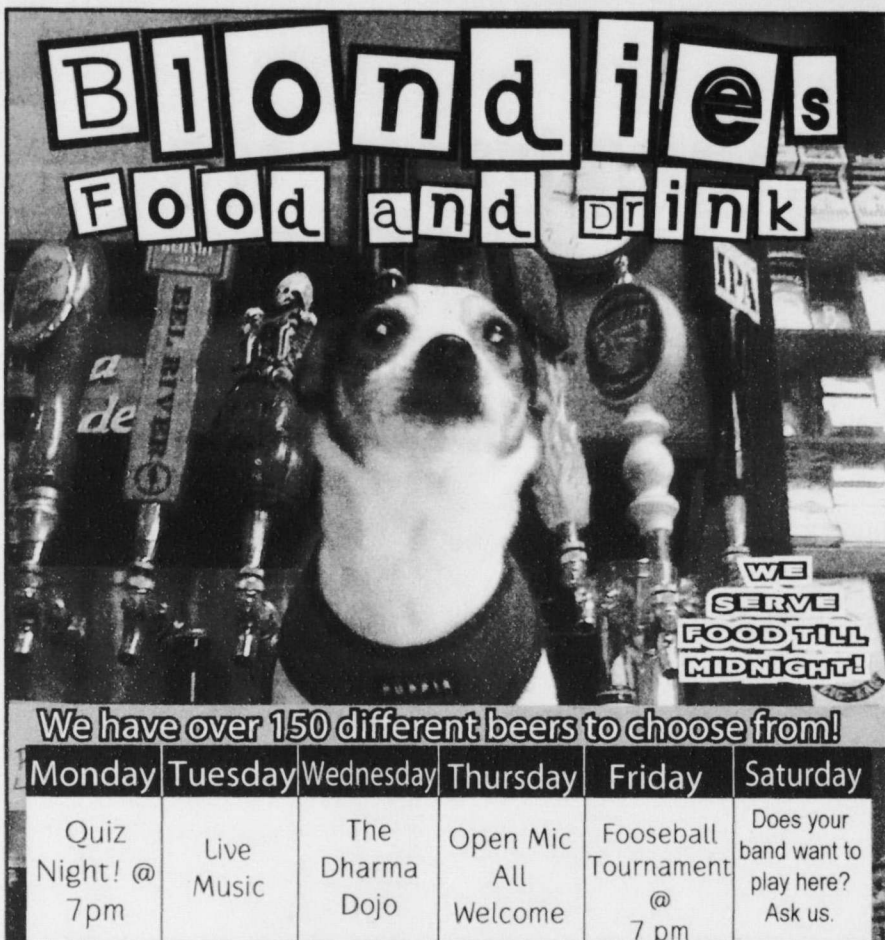
Britton said that this art exhibition will be the first time these native women have come together to create an event at HSU on this scale. She said it was the joint effort of the artists and the two prominent HSU native outreach groups, the Indian Teacher and Educational Personnel Program and Center for Indian Community Development.

If you have never experienced local native culture, the Native Women's Contemporary Art Show is a great place to start. The exhibition opens at 4 p.m. on March 11 with refreshments on the first floor in the lobby of the B.S.S. building.

Pam Grant, an HSU senior and local tribe member, said it should be a great time. "I'm really excited to see the influence of indigenous women's art on the HSU campus."

Allyson Oken may be contacted at thejack@humboldt.edu

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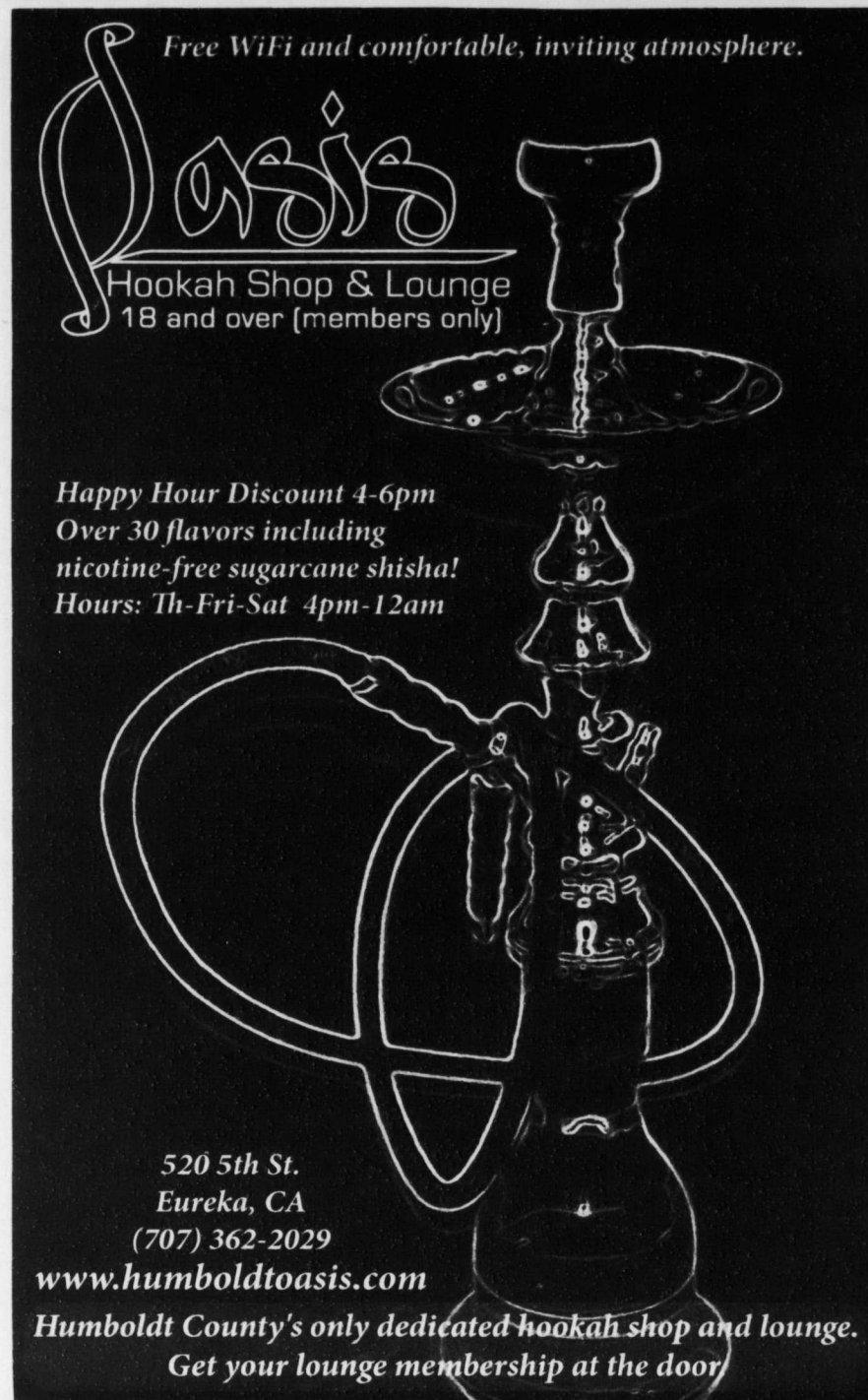
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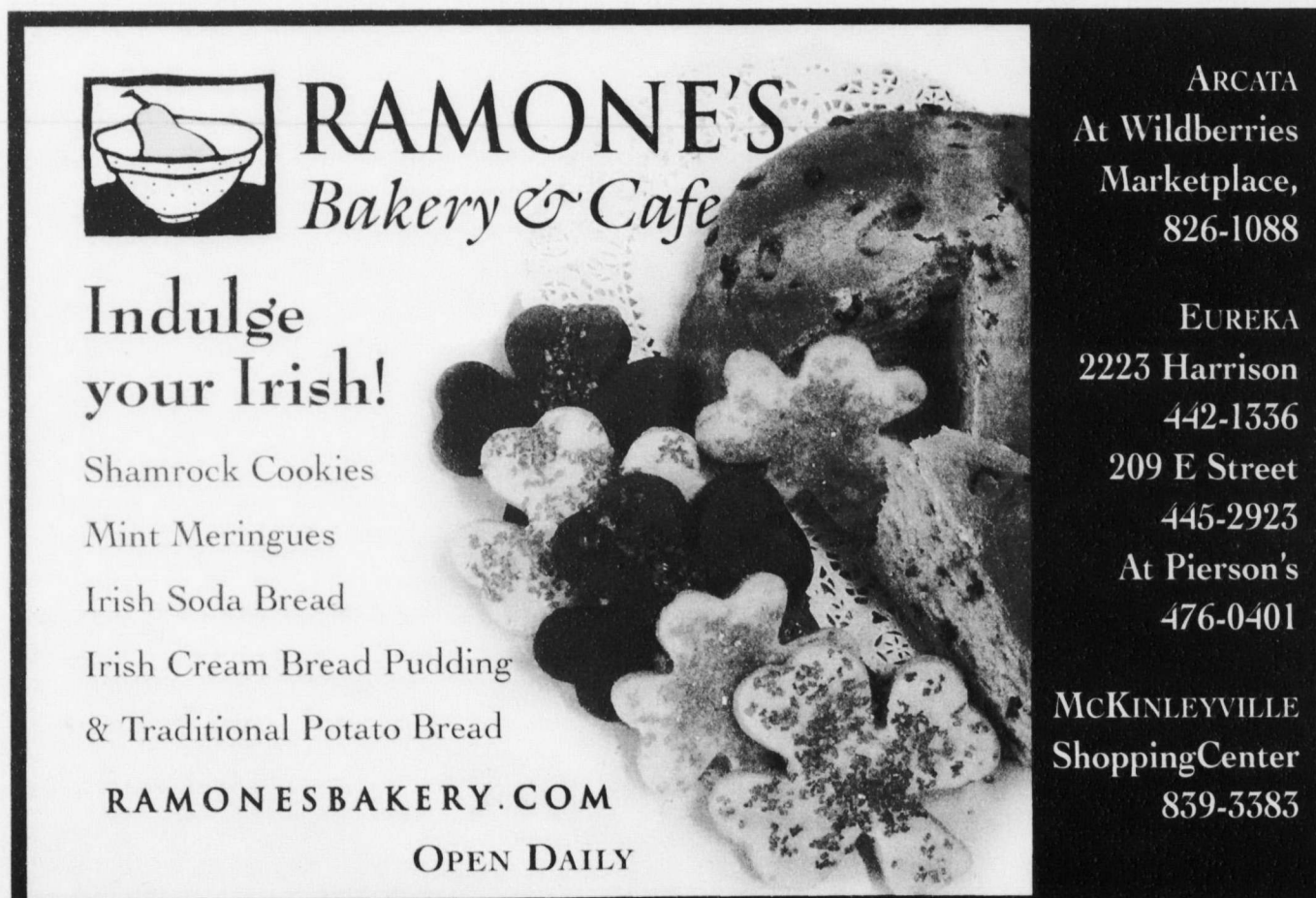
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Saturday 3/6
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 doors at 9:30 p.m. \$10 21+

Saturday 3/6
Social Justice Summit presents Fair Game
 Hosted by Tim'm West 1 p.m. all ages

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Obscura Illuminati

HSU photography student exhibition at Arts!Arcata

Ruby Johnstone

Staff Writer

This weekend at Arts! Arcata the work of Don Anton's advanced photography class will be shown at the Upstairs Art Gallery in the Umpqua Bank. The collection, titled *Obscura Illuminati*, is the work of 14 HSU students. The diversity of the photos is representative of each photographer's idiosyncratic eye.

An exhibition oriented around HSU's advanced photography class has not taken place in two years. The show is the result of the efforts of Joseph Wilhelm, director of Meridian Fine Art, HSU photography professor Don Anton and the students of advanced photography.

"I value the student perspective," said Wilhelm. "There is an edginess to student art. They have different concerns." A 1989 HSU graduate with a degree in studio art, Wilhelm has remained active in the Arcata art community. Wilhelm understands the challenges of bringing the university and the community together. He views Arts!Arcata as an event that could bridge that gap.

Umpqua Bank provides an in-

timate space for a gallery. As you walk up the stairs to the second floor, the building transitions from a bank into the Upstairs Art Gallery. As a small regional bank, Umpqua

black. The contrast provides an environment that is conducive to Wilhelm's work and emulates the divergence of dark and light in his photography.

"There is an edginess to student art, they have different concerns."

- Joseph Wilhelm, Meridian Fine Art, Director-

For some students, this will be their first exhibition. "It's been pretty exciting because it is my first show,"

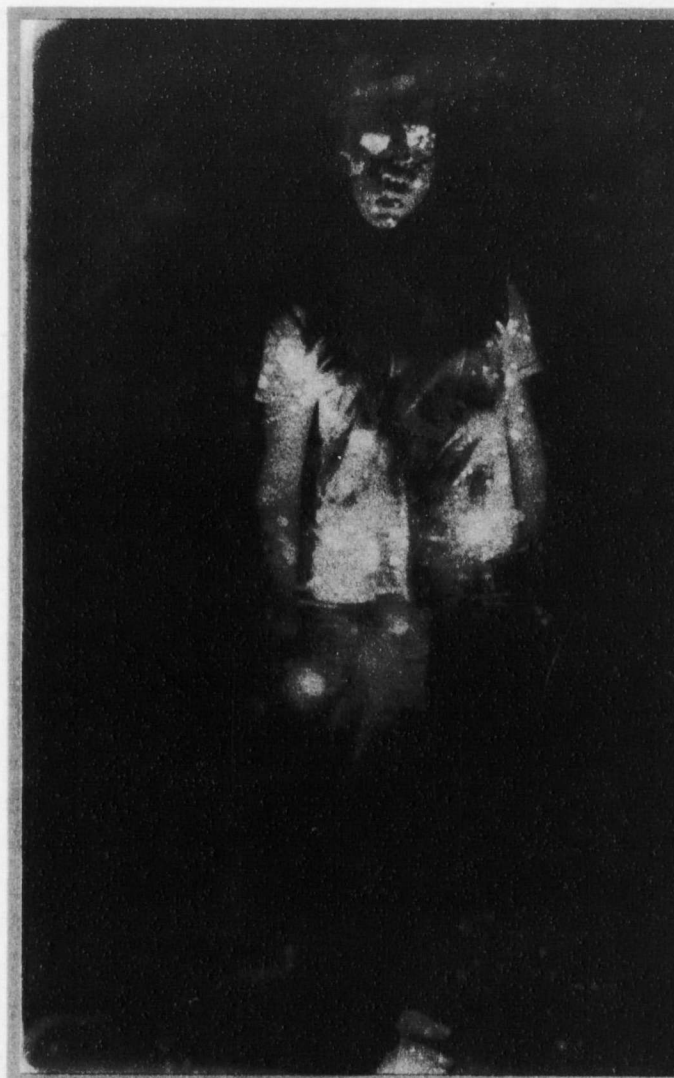
said studio art major Joey Hiller. Hiller spoke of the pressure that comes with displaying a single photograph that represents a larger body of work. Hiller explained that his photograph, titled "Looking Into Myself," is part of a series "illustrating the process of why I take the photos I do."

A week before the unveiling of *Obscura Illuminati*, eight of the 14 photography students gathered in Wilhelm's personal studio. They discussed the logistics of the exhibition and took a closer look at Wilhelm's work. Located in a remote region of Blue Lake, the studio is spacious. The initial space is pure white. Deeper in the studio, the walls turn

Anthropology major Nicholas Seckington's photographs will also be on display at the gallery. Concerned with the union of HSU and the Arcata community through art Seckington said, "the exhibition was a beautiful collaboration of the two." Seckington went on to say that the exhibition will "bring HSU artists out into the community where they normally wouldn't be seen."

Obscura Illuminati is an opportunity to view the world through the intimate eye of 14 artists. Anton said, "The images on display are as diverse and meaningful as the photographers who've created them." In a flyer about the event, he said, "They give us a significant perspective on the issues confronting our next generation of artists."

Ruby Johnstone may be contacted at thejack@humboldt.edu



All Photos by Nicholas Seckington

Bringing The Song And Dance To Politics

Capitol Steps bring political comedy to HSU campus

Kjell Dreher

Staff Writer

Comedy relief is a necessity in the political world. Just look at how big shows like the Colbert Report and the Daily Show are. Now, humor for the politically active is coming to HSU in the form of the Capitol Steps.

Capital Steps, a comedy troupe, consists of many former congressional staff. They are bringing their brand of political humor to the Van Duzer Theatre this Friday. They perform skits based on the current political climate in the country including Off-Broadway musical numbers and spoken-word comedy. Each of their performances has five performers and one pianist. In one skit, two of the comedians impersonate President Barack Obama and Secretary of State Hillary Clinton and perform "Ebony and Ovaries" to the tune of "Ebony and Ivory."

"I really like the impressions," said Miguel Henderson, an HSU student and fan. "Some are really exaggerated."

During their performances, they sing and dance to familiar tunes including a version of "Mamma Mia" called "Obama Mia." In one act they dress up as Supreme Court justices and perform "Staying Alive." The troupe always updates the satire and adds new skits. Writer Mark Eaton said, "Cast members always have to keep on their toes."

The Capital Steps started in 1981 during a Christmas party.

When they could not perform a nativity skit, they decided to make fun of their boss. Since then, the troupe has grown into 25 cast members in all. All together, the cast has held a variety of positions on Capitol Hill, such as legislative assistants, staff directors, lobbyists and press secretaries. It is also a pretty even political view.

"We're a little like America," said Eaton. "Half liberal, half Democrat and some in between."

Another type of skit they have is the Lirty Dies. These are spoken words and commentaries on scandals past and present done in an original way. It is called a "spoonerism" when they switch around the letters in the beginnings of the words to add a comedic spin such as, "One day, J.O. deaved bastardy."

"He and his bright Wonco were cased by the chops all over the

A.L. weefrays" and "Haris Pilton is fitch and ramous for being...Haris Pilton, who's fitch and ramous. Heiress is a Paris."

Eaton said that the goal of the Lirty Dies is to make it sound as dirty as possible without being dirty. "That's why sex scandals are always great."

The Capitol Steps are always on tour across the country and radio stations feature their skits when they travel. Here, it can be heard on KHSU.

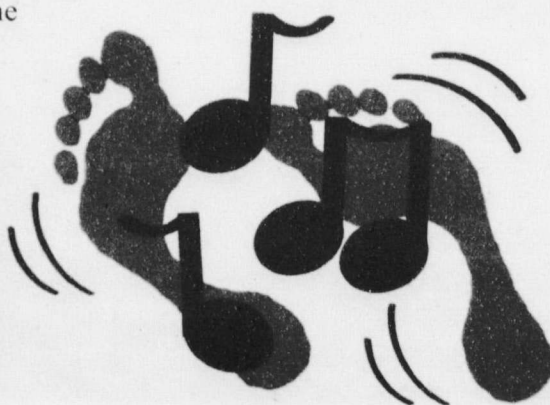
Bill Hurd, a press secretary for the Capitol Steps, said, "It's really for the politically minded and the politically active." Audiences who lean in any political direction can enjoy it as well. "It's as applicable in D.C. as it is in Arcata," he said.

Kjell Dreher may be contacted at thejack@humboldt.edu



Courtesy of Capitol Steps

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EDITORIAL

MARCH ON!

On March 4, several hundred students, HSU faculty and staff spent a few hours of their Thursday to protest in Eureka. The turnout was impressive; it shows our state government that we will not stand to have our education cut out from under us. This sentiment was echoed across the state. Other CSU campuses poured out to demand funding.

However, some notable faces were missing. President Rollin Richmond, Vice President of Student Affairs Steven Butler, Vice Provost Bob Synder. Were they too busy with something else, perhaps?

Here was the chance for our administrators to lead us in one unified voice. Instead they were a no-show.

These are the same men who say they lead HSU and that they make the best decisions possible for our university. How can they lead when they don't even stand with us?

Instead, as always, it was up to the students, parents, faculty and staff to save the very institution which give these men their jobs in the first place.

We took it to City Hall. Now, it's time to take it to the State Capitol.

On **March 22** there will be a protest in Sacramento. Now is the time to take it outside of the windows of Governor Schwarzenegger's office.

Perhaps some of you are planning to spend your spring break in the area of Sacramento. Well, we humbly suggest that if you are going to be in the neighborhood you should take the time to stop over at the capitol building and tell the governor that you will not stand for more cuts. Thousands of students from all over California will be with you.

If you **ARE** planning on being in Sacramento:

- 1) TAKE PART: Paint a sign, start a chant, or just show up and be present. Every body counts!
- 2) GIVE A RIDE: Help students get there. Not to mention carpooling is good for the environment.
- 3) MAKE A BANNER: Paint your message in big letters and hoist it high!
- 5) TELL US ABOUT IT: Take pictures, tell us your stories.

If you **AREN'T** planning on being in the area:

- 1) WRITE A LETTER: Forty one cents for postage is a small price to pay for letting the state legislature know how you feel.
- 2) MAKE A PHONE CALL: Chancellor Charles Reed can be reached at (562) 951-4700.
Governor Schwarzenegger can be reached at (916) 445-2841.
California State Students Association President Steven Dixon can be reached at (562)-951-4025.
- 3) CHANGE YOUR PLANS: If you don't have anything better to do this break, consider making a road trip with some of your friends down to Sacramento.

When we marched in Eureka, we made a statement. We can't afford to stop now.

Opinions expressed in Lumberjack editorials are determined by a majority of the Lumberjack editorial board. They do not necessarily express the opinions of the university, the Associated Students or the Department of Journalism and Mass Communications.

Opinions expressed by the columnists do not necessarily represent the opinion of the The Lumberjack.

Humboldt is not alone!

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SKEELS IDEALS

STIR IT UP!

By: Kaitlin Skeels

On March 4, the blaring sound of honking from passing traffic was a glorious sound of support. HSU students, professors, teachers for K-12 and students of all ages who support the California school system rallied on the steps of the Eureka courthouse to pressure the

legislature for more funding toward education.

March 4 was a day of statewide protest. Students, teachers, staff, parents and workers from all over California organized and participated in protest of low funding to schools. The rally made me proud of my classmates and community members. It shows that people are learning to work as a team to solve this problem. This is not something that we can fix over night without a cohesive group effort.

Chief Steward of Academic Professionals of California Donna Clark was ecstatic about the turn out at the courthouse. "Student clubs are starting to get more involved and show support," she said. "I haven't seen people this riled up since the anti-war protest for Iraq." She said, "The political process is where we need to take action. Without education, how can our democracy move forward?"

The financial situation frustrates students, but they just are not sure what to do about it. "All students are getting fucked," said Victor Espinosa, an environment and community major. "We need to agitate, get people pissed off."

This event showed that a little organization can help students utilize their energy in a positive way to improve the situation. Students care. They just need a little guidance. I tip my hat to everyone that took the time to show up at the courthouse. Hopefully, there will be more events like this to come. March 4 showed that we have heart. Now, we just have to keep it beating.

One student who definitely had some heart was freshman studio art major Jake Ferdman. He carried a home-made sign that showcased his great art skills. It depicted a distorted face with the word "HELP" in the person's mouth. When asked how he felt about the turn out, Ferdman said, "No way! There needs to be way more people here, and there aren't near enough students. People don't know what to do or where to get information, but events like this are their chance."

There are plans for a protest at the state capitol on Monday, March 22, for any students who are looking to move forward in supporting funding for education. It's time to stir it up, get a little excited and show that education is important.

Kaitlin Skeels may be contacted at
thejack@humboldt.edu

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Women's Basketball Deserves a Crowd

To all student fans, community supporters of Humboldt State athletics and student athletes:

On March 6, the Humboldt State woman's basketball team played in The California Collegiate Athletic Association's finals. We, as a school, were lucky enough to host this tournament and be able to watch our two great teams compete for the championship at home. The men's team, unfortunately, lost in the semifinals on Friday night. But, that night and throughout the season the men quite often had an advantage that the women did not—a packed gym.

Now, I am a huge sports fan and a believer that having our support does a lot for the players. I imagine it must be disheartening to be a woman student athlete and, game after game, see barely a crowd for your game, only to watch the gym fill up later that night for the men's game. An example is the nationally televised men's game that happened last month. I had never seen that many fans in the Lumberjack Arena. But, the crowd dwindled before the ladies game afterwards, leaving a very stark contrast. Startlingly enough, according to the statistics listed on the athletic program's website, at home, the men's games have about *800 more spectators in attendance than the women's games.

I have heard some reasons for why there is lower attendance at the women's games. One is that women's basketball is slower paced and less exciting than men's basketball. To me, that is dead wrong. We have a very exciting and talented team of women, whose average points per game is only two fewer than their male counterparts'. Another reason why attendance may be lower is the fact that the women's games always take place earlier in the evening at maybe a more inconvenient time. This makes me wonder why the athletic program doesn't switch the game times around periodically to give each team an equal chance of high attendance.

To those of you who missed it, our ladies won their first ever CCAA championship that Saturday night, securing a berth in the West regional finals. Congratulations ladies, good luck at regionals, and I hope next year there is a larger crowd to greet you at home.

-JanaLee Janzen
HSU sophomore, social work major

*Editor's Note: Average attendance for men's home games: 1,359
Average attendance for women's home games: 548

Examine Your Opinions, Honor Free Speech

It's been a rough couple of weeks for diversity in the Lumberjack Opinion pages. Travis Turner's (2/24) paternalistic blast of Kink organizers and Kaitlin Skeels' (3/3) declaration that politically correct speech is "unacceptable" and worthless did not meet expected standards for a university newspaper. Opinion columnists are not excused from educating themselves on a topic, and the quality of your newspaper would be improved if columnists examined their opinions before typing them up.

Turner and Skeels cited First Amendment free speech rights as justification for instructing various minority groups on proper conduct. Skeels even insisted that groups stick with names that have been chosen for them rather than those they have chosen for themselves. Turner and Skeels advise these groups that this will improve members' situations and explain that free speech rights are in jeopardy if group members continue in their present course of self-determination.

The beauty of the First Amendment is that those who are not members of the predominant group and who are not privileged have had some success accessing these rights (though the struggle continues). Rather than rant about being forbidden to photograph a workshop on Kink (especially odd since Ruby Johnstone's informative article on Kink, in the same issue as Turner's column, contains two photographs) or bemoaning the inconvenience of social constraints on the use of the term "retarded" to describe a human being, opinion columnists should set aside privilege and listen to what members of diverse groups say about their experiences in the U.S. under the First Amendment. We should all listen. That is how to honor free speech.

-Roxanne Ritter, BSW
HSU Alumnus

* Editor's note: Roxanne Ritter is the mother of a Lumberjack staff member.

The Lumberjack

Submission Policy

Send submissions to: Opinion Editor Yelena Kisler at yelena.kis@gmail.com

Include "Attn: Opinion" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

Guest columns may not exceed 750 words.

All letters and columns may be edited for grammar and spelling.

We reserve the right to edit profanity and obscenity and may hold content for any reason.

New contributors may be given preference over return contributors.

Please include your name, telephone number, city of residence, and affiliation with relevant campus or community organizations.

HSU students should provide their major and class standing.

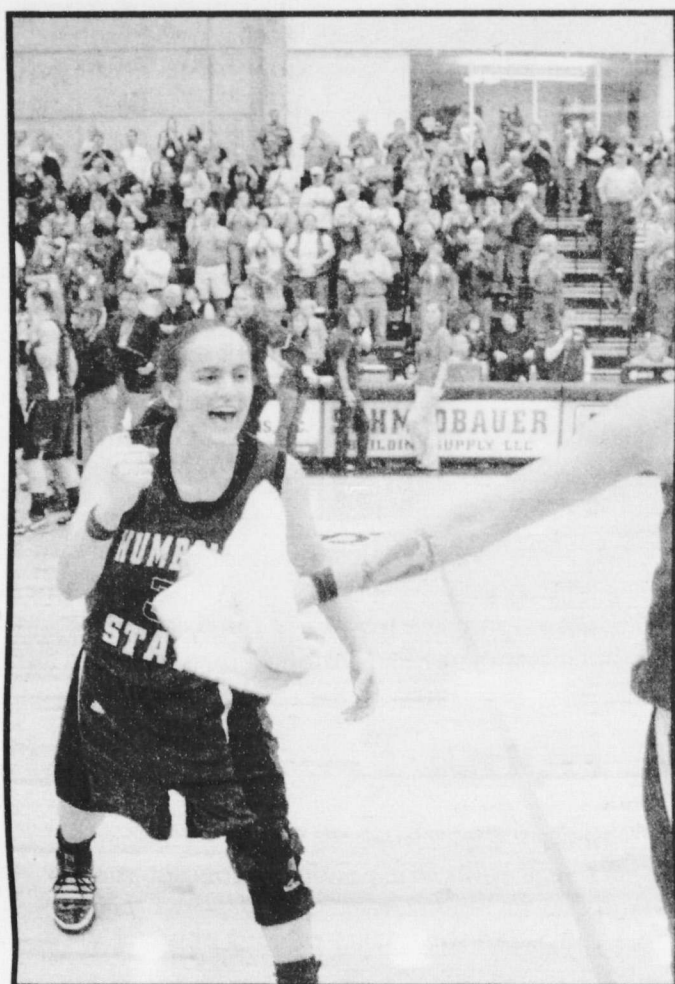
We also welcome cartoons, spoof articles, and other items.

**All submissions must be received by 4:00 p.m.
the Friday preceding publication.**

Jacks Crowned Conference Champions

Ahron Sherman

Copy Editor



Andrea Bobic celebrates her team's victory on Saturday. | Tosh Kondo

Tears streamed down HSU point guard Paige Peterson's face as she came out of Saturday's conference championship game with 25 seconds left and her team up 30 points.

"All I ever wanted in my life was to go to a great college and play basketball for a winning team," said Peterson.

The host Lumberjacks beat the Chico State Wildcats 85-55 to claim the CCAA championship. The feat earns them a spot in next week's NCAA Division II West Region tournament in Seattle and puts them six wins away from a national championship.

The celebration was brief for head coach Joddie Gleason. The next day she made travel arrangements for the West Region Tournament.

"We'll rest in April," she said with a grin.

After losing six of their last eight regular-season games, the odds of the Lumberjacks winning the conference championship and extending their season seemed slim. But wins against CSU Monterey Bay on Tuesday, UC San Diego on Friday and Chico State in the championship put all doubts to rest.

"We did everything we could to get this win," said Peterson. "The losing streak hurt our hearts, but we knew what we needed to do, and we worked so hard to do it."

Center Brittney Taylor, a senior, agreed. All of the losses built character, said Taylor. Now, the team is playing with confi-



Done with the CCAA; the Jacks will head to the NCAA. | Tosh Kondo
dence, which was not the case two weeks ago.

All four of the team's seniors said they were not ready for their careers to end. It showed on the court throughout the tournament. HSU made 38 3-pointers out of the 72 they shot.

Seniors Andrea Bobic, Luiza Osborne, Paige Peterson and Brittney Taylor accounted for 26 of them.

CSU Monterey, UC San Diego and Chico State's defenses forced the Lumberjacks to fight for every basket in the tournament. But, in the championship's second half, the Lumberjacks' hard work paid off. With only a four-point lead, they went on a 24-4 run and outscored Chico State 52-26 in the half.

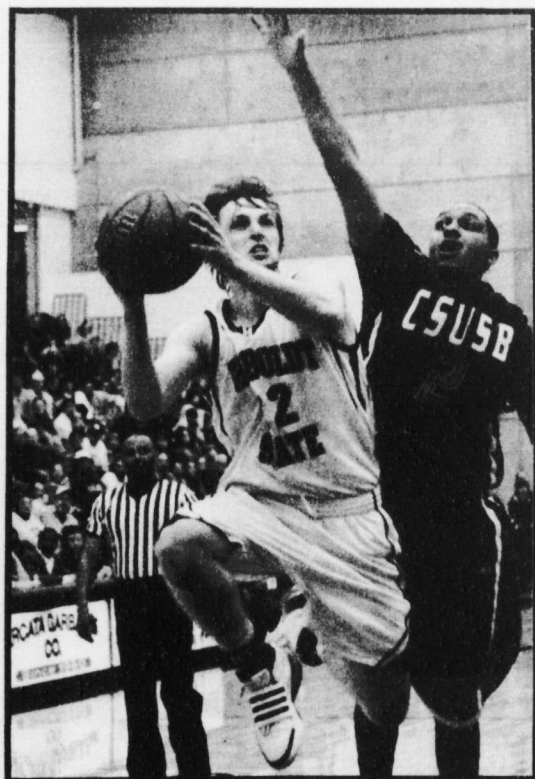
See Women's Basketball, page 17

SHOTS DON'T FALL FOR JACKS

HSU men's hoop team comes up short in CCAA Semi-Finals

Kim Carroll

Staff Writer



Zach Tiedman's game face wasn't enough for the Jacks to overcome the CSUSB offensive last Friday. | Tosh Kondo

Missed shots led to the downfall of the HSU men's basketball team in Friday night's California Collegiate Athletic Association (CCAA) semi-final match. The Jacks lost to the eventual tournament champions, Cal State San Bernardino, 64-55.

San Bernardino's Corey Caston led his team with 20 points. Brian Morris led HSU with 16 points. Kevin Atkins added 12, and Zac Tiedman had 10 points with 10 assists for the Lumberjacks.

Leading the Jacks, Morris picked up the pace in the second half and helped build momentum for a come back. Morris said his movement in the second half helped his scoring efficiency. He managed to tally 16

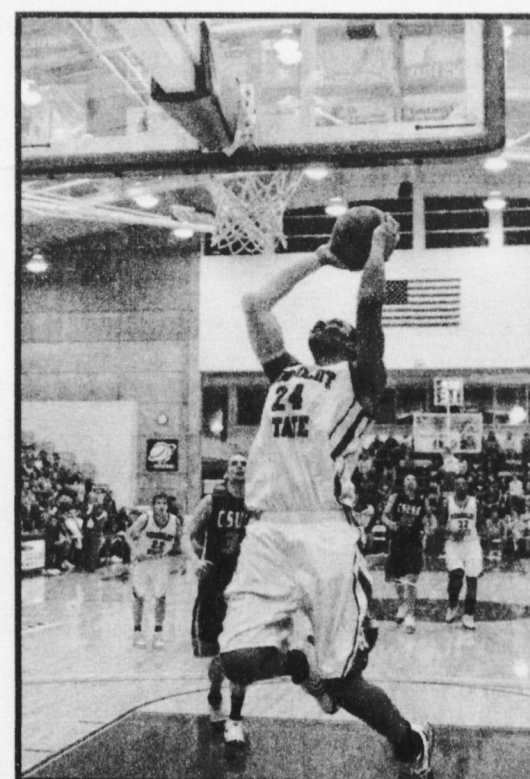
points and six rebounds while fighting off two Coyotes' defenders.

"They had two guys on me the whole time. I just tried to keep moving to get open, but they played some good defense," said Morris.

When asked about the Jacks' trouble shooting, senior forward Kevin Atkins replied, "That's why they call it shooting not making."

The Jacks did a lot of shooting but sank 29 percent in the opening half. On the other side of the ball, the Coyotes' 3-pointers pulled them away from the Jacks and secured the win in the final seconds of the game.

The Coyotes took the lead early and held it most of the match. But, the Jacks never lost sight of the game. They took the lead in the second



Kevin Atkins goes up for shot during Friday's game. They put on a good show, but the Jacks were unable to move forward in the CCAA tournament. | Tosh Kondo

See Men's Basketball, page 16

SQUAT 'TIL YOU DROP

HSU Workout Guide: Part Two

Kim Carroll

Staff Writer

Meet the king of all exercises: the squat. Strength and conditioning coach Drew Peterson and other weight-lifting experts agree that squats are vital to gain strength in the weight room. Paired with isolation exercises, the squat will work your legs and build the majority of your body's muscles in part two of the Lumberjack Iron Workout.

Squatting is a simple free-weight exercise using a 45-pound bar. The bar is placed on the back of the shoulders, followed by a squat into slightly lower than a 90-degree angle and back up into the standing position.

"Take a look at your knees to your hips. Two-thirds of your body's muscle is found in this area," said Peterson. This makes that portion of the body the most vital to strengthen. Squats do just that.

Just beginning in the weight room? Have no fear. Peterson has a tip for newcomers. Master the overhead and front squat and you will be able to accomplish almost anything in the world of weight lifting. These variations on the normal back squat involve different placements of the bar, either above your head or in front of your chest. The overhead squat provides balance and flexibility, while the front squat gives you core stability. All these elements are crucial to improving your performance in other lifts.

Strength and conditioning assistant coach Angela Dendas also has tips for those who are just getting started. She suggests beginning your squats with three sets of 10 reps to build a foundation of strength.

"After a couple weeks of getting comfortable with the exercise, you can then start to transfer that foundation of strength by doing higher weights for five sets of five reps," said Dendas.

Abiding by Peterson's golden guideline, "transfer not isolate," isolation exercises are the perfect follow up to your squat in order to transfer the strength your building throughout the legs. Russian dead lifts, glut-ham raises and lunges are great supplemental exercises to accompany squats. Most of these workouts cannot be mimicked on a machine, which makes them vital to building muscle in the legs.

Peterson refers to a powerful group of muscles in your body that squats and these isolation exercises target. This is your posterior chain, which consists of your hamstrings, gluteus maximus and lower back muscles.

"This is like one huge chain link inside your body. There is so much muscle in this area," said Peterson. "So, if you're looking for someone to help you move out of your house, don't look for the guy with the huge biceps. Look for the guy with the big hamstrings and a big booty."

Technique is something that should never be sacrificed for weight. A regular problem regarding technique is the male ego, said Peterson. Sometimes people need to swallow their pride and lower the weight if they want to benefit from the workout.

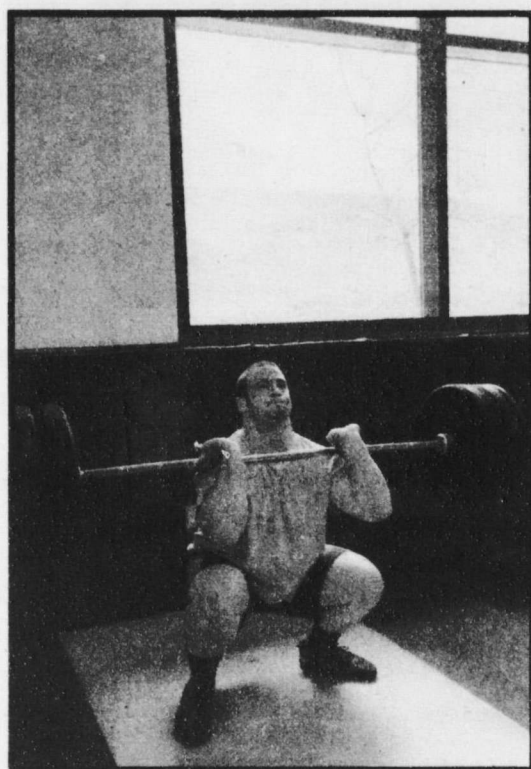
Junior HSU soccer player Sawyer Gordon recalls some of the first advice she received as a newcomer to the Lumberjack lifting program. "We were always taught to do deep squats in order to work all the muscles in the leg," said Gordon. "If you put too much weight on, you're probably not going to do the exercise right."

As mentioned in part one of the HSU workout guide, Peterson's online lifting schedule accommodates the squat along with upper-body workouts and core exercises that create four complete days of a weekly lifting plan. The personalized lifting guide can be found on HSU's Strength and conditioning website under "Conditioning Programs."

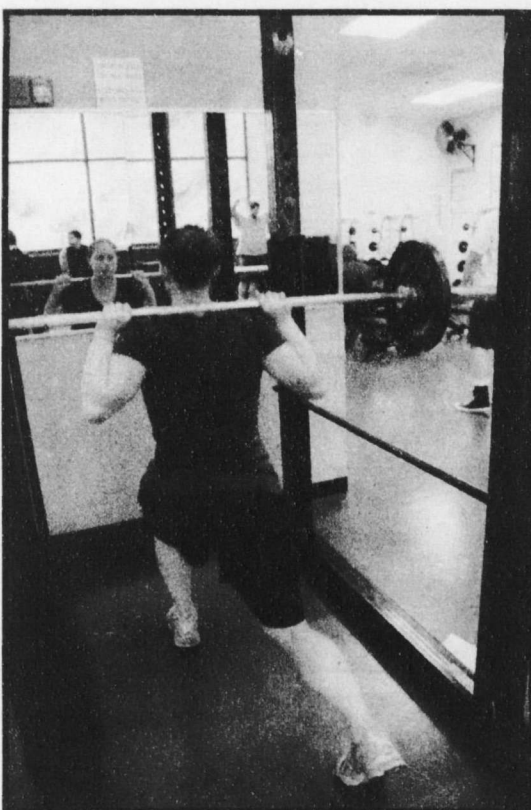
As the king of its weight room domain, the squat provides you with strength throughout your whole body. The results may not be bulging muscle out of your thighs, but rather embedded throughout your body's core strength. As Peterson puts it, "It's not the muscles you see in the mirror. It's the muscles that your opponent sees behind you, guarding you in a game."

Kim Carroll may be contacted at thejack@humboldt.edu

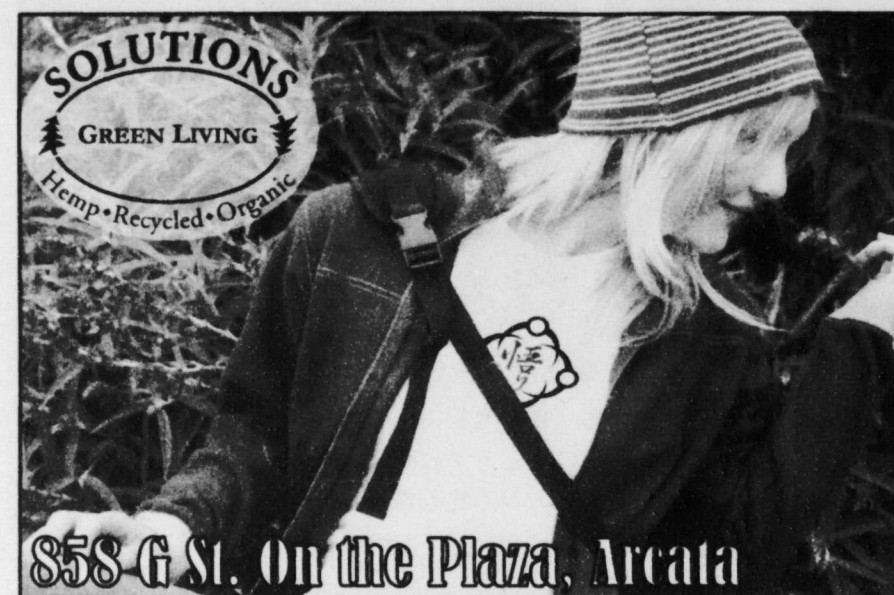
Remember to stretch before AND after you lift to avoid injury.



Joe Casey illustrates the basic start of a variety of squat exercises. | Sarah Hardy



Morgan Ober demonstrates a lunge squat. | Sarah Hardy







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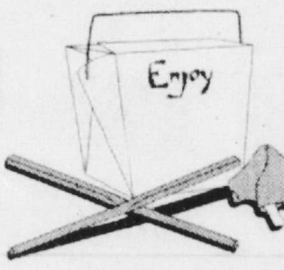
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Men's Basketball continued from page 14

half when senior guard Zac Tiedeman hit a jumper with eight minutes left to make the score 46-45.

San Bernardino's Caston responded to Tiedeman's shot with a jumper of his own, a free throw and a 3-pointer to put his team back on top by five with 7:23 left to play.

"[Caston] was a quick player and did a good job getting to the rim," said Tiedemen of the Coyotes' stand-out player.

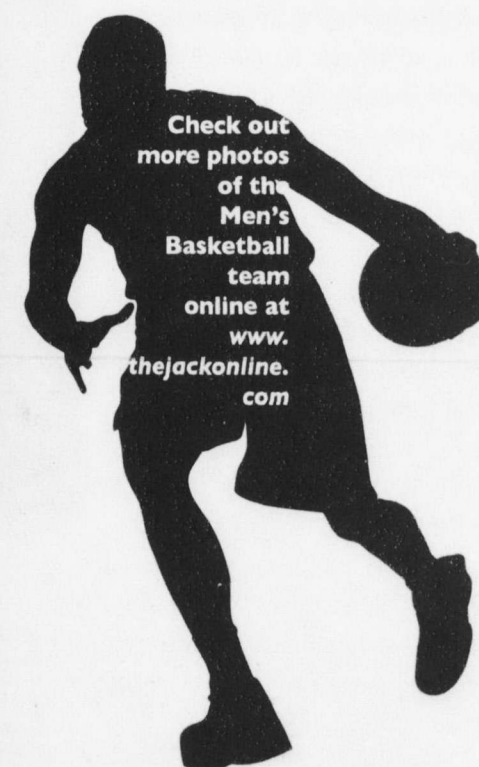
The game remained close until the final seconds. Atkins hit a 3-pointer that put the Jacks within two points with 47 seconds remaining. But, Caston responded and the Coyotes took the win.

The defenses on both ends of the court kept both teams' shot percentages down. The Coyotes denied the CCAA's top 3-point shooting team and kept HSU's count from behind the arc to four of 16 in the opening half.

"Our shots just weren't going in. And, second half, same story," said Tiedeman.

Though the loss kept the Jacks out of the CCAA championship game, they are already preparing for their second trip in two years to the NCAA Western Regionals in Bellingham, Wash. Tiedeman and Atkins both agree the Jacks will bounce back from the loss and be ready for the upcoming games.

Atkins said, "Overall, it was a great season. We had a lot of good wins, and we still have regionals to look forward to."



Kim Carroll may be
contacted at
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Women's Basketball continued from page 14

Peterson ran the show by dishing out 11 assists, while tournament MVP Andrea Bobic knocked down all but one of her shots. Taylor dominated the post by scoring 23 points, blocking four shots and snatching six rebounds. Osborne, as usual, was all over the court snatching rebounds, starting fast breaks and hitting timely shots.

The arena erupted every time the Lumberjacks scored.

When the crowd gets that loud, sometimes players can lose focus. But Bobic, who finished with seven 3-pointers (one short of a conference record) and 25 points, said HSU kept its composure. "That was a ridiculous second half," said Bobic. "I hope we take the momentum into next week. We're playing our best ball."

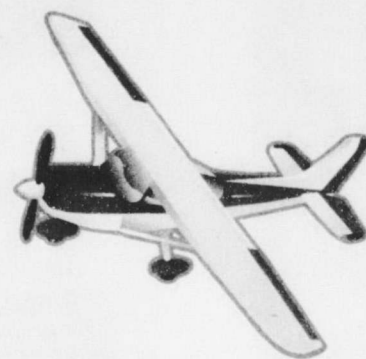
Although the Lumberjacks hope to continue their run for a National Championship, last Saturday's win was an important accomplishment for them. In the words of Luiza Osborne, "Good Lord, that was amazing."

Ahron Sherman may be
contacted at
thejack@humboldt.edu

**Good luck
against UCSD in
Washington
Jacks!**

-The Lumberjack

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L 2:28 3.6'	L 15:36 0.7'	L 3:29 3.2'	L 16:19 0.6'	L 4:18 2.8'	L 16:55 0.5'	L 5:00 2.3'	L 17:27 0.6'	L 6:39 1.8'	L 18:57 0.7'	H 1:14 6.3'	H 13:13 6.3'	H 1:39 6.5'	H 13:53 6.2'
H 8:20 6.2'	H 22:28 5.2'	H 9:18 6.3'	H 22:59 5.4'	H 10:08 6.4'	H 23:25 5.7'	H 10:52 6.4'	H 23:49 6.0'	H 12:34 6.4'		L 7:15 1.4'	L 19:25 1.0'	L 7:51 1.1'	L 19:54 1.3'

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March

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Wise Sound**
(Reggae)
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Jambalaya
915 H St.
822-4766

Latino Film Festival
6 p.m. \$ 6
Minor Theater
Arcata

Sci-fi Movie Night
6 p.m. \$ 5
Arcata Theater Lounge
1036 G St.
599-1668

11

THURSDAY
March

Kindred Spirits
6 p.m. - 8:30 p.m.
Mad River Brewing
195 Taylor Way,
Blue Lake,
707-668-5680

**Compost Mountain
Boys**
8:30 p.m.
HumBrews \$2
856 10th St.
Arcata

Thirsty Thursday
DJ Accurate Productions
9 p.m./No cover
Central Station
McKinleyville
839-2435

12

FRIDAY
March

**Humboldt Helps
Haiti**
6:30 - 7:30 p.m.
Plaza View Room
Jacoby's Storehouse
Arcata Plaza

**Ash Reiter, Monster
Women, Mister
Moonbeam**
9 p.m. /\$3
Lil' Red Lion
1506 5th
Eureka

**Kraddy
(hip-hop)**
10 p.m. \$15
Mazzotti's Arcata
773 8th St.
Arcata
822-1900

13

SATURDAY
March

**Humboldt Surfrider
Benefit**
6 p.m. \$6
Arcata Theater Lounge
1036 G St.
599-1668

**Indian, Wah-Wah
Exit Wound (hard
rock)**
10:30 p.m. /\$5
The Alibi
744 9th St.

**The Wake and Bake
Tour**
9 p.m. / \$10
Red Fox Tavern
415 5th St.
Arcata

14

SUNDAY
March

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Bottom Milk Run**
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Ferndale
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**Bright Lights Big
Cities Fashion
Show**
2 p.m. /\$15
Arcata Community
Center

**Great American
Taxi**
10:30p.m. /\$15
Red Fox Tavern
415 5th St.
Eureka

15

MONDAY
March

The Smashed Glass
9 p.m. /\$2
Jambalaya
915 H St.
707-822-4766

Quiz Nite
7 p.m. / \$2 Pool
Blondies
420 E. California Ave.
707-822-3453

**Open Jam with
King Bee**
8 p.m.
Boiler Room
3534 Broadway
Eureka
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16

TUESDAY
March

Blues Night
9 p.m. /\$2
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Itchie Fingaz**
10 p.m. No cover
Red Fox Tavern
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5:30-6:30 p.m.
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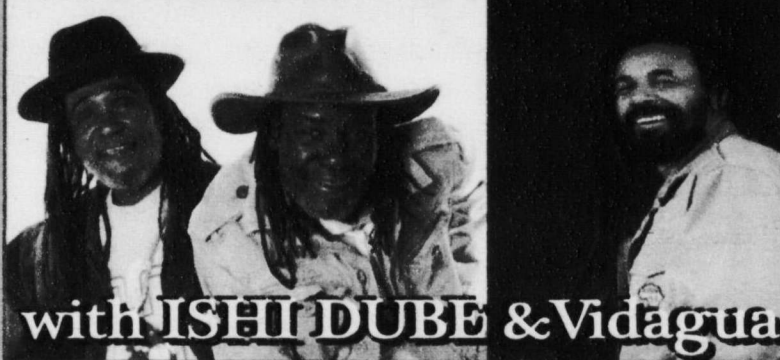
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