

No parking, no progress

Study reveals complex campus parking problem with solutions still far-off

by Jen Kelly
SEE PARKING ■ PAGE 3

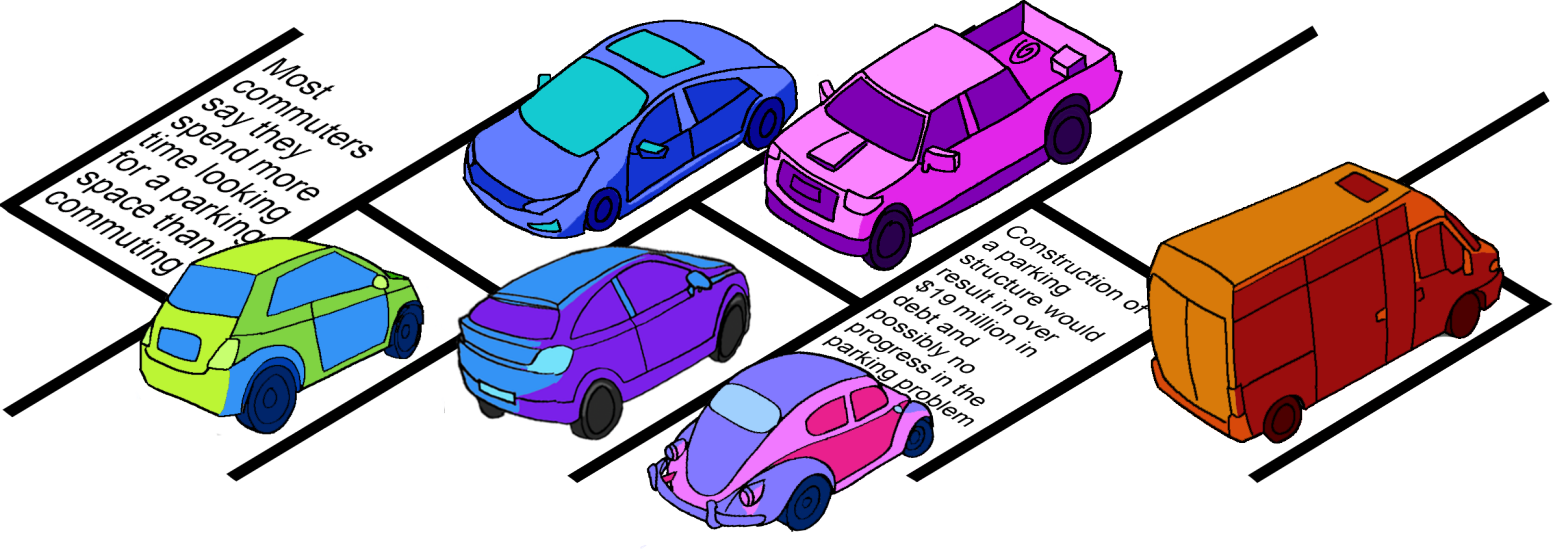
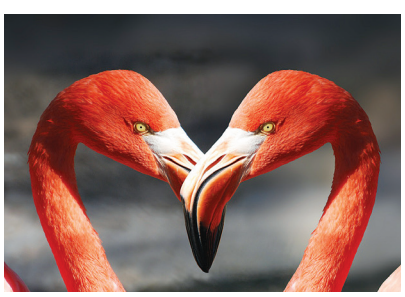


Illustration by Jen Kelly



Birds in love 5



Spike in syphilis 5



Sport directors 6

Flyers allege faculty sex solicitation

Humboldt State University investigation is ongoing
by James Wilde

Growing up in the shadow of Malcolm X

Ilyasah Shabazz discussed her background with loving energy on Feb. 12

by Sarah Blunt

Ilyasah Shabazz, one of six daughters of Betty Shabazz and Malcolm X, came to Humboldt State University Feb. 12 to discuss her book, “Growing Up X.”

Despite the title, the book is not about Malcolm X. Rather, it surrounds the lessons and experiences that of Shabazz as she grew up living in her father’s radical legacy.

“One of the benefits of being my parents’ child is that I grew up with a lot of love,” Shabazz said. “It’s really what drives my work because I realized there are a lot of young people who realize they are not worthy of love, or worthy of a quality education, or worthy of all of these things that life is supposed to provide us.”

In an exclusive interview with The Lumberjack, Shabazz emphasized the importance of love and humanity and the awareness that people are a reflection of one another.

“In high school, I was at a



Ilyasah Shabazz on Feb. 12 in the Great Hall at Humboldt State discussing her book and what it was like growing up as Malcolm X’s daughter.

Photo by Sarah Blunt

prep school and not too far down the street was a group home, so we would go and tutor these young people,” Shabazz said. “I was tutoring them in math and then I started realizing that they didn’t have love—that there was no self love.”

Shabazz dedicated her career to sharing the importance behind love and support being provided at a young age. She began advocating for the younger generation and their educational opportunities.

“As I got older, I started realizing that it was really important for me that young people understood that they were worthy of love—

that they were worthy of a quality education,” Shabazz said. “Because our education curriculum is not inclusive of historical facts, it makes young people feel that they are not worthy.”

Shabazz felt inspired to write books because she wanted to change how children saw themselves portrayed in history. She specifically wanted to change the narrative of Black history and liberation for children.

“That’s why I write my books,” Shabazz said. “So that children could open up a book, learn some history—learn good history—and then see a reflection of themselves in the story.”

Her family’s legacy and the lessons shaped Shabazz into the person she has become today. An activist who has dedicated her life to working and representing the younger generations.

“It’s about recognizing the humanity in everyone,” Shabazz said. “That we’re all brothers and sisters in the fatherhood or family of God or the creator. That we’re interconnected just because we’re human beings. Just imagine how much better life could be if we didn’t have to fight for someone to stop pressing us or, you know, committing these criminal acts on us and seeing them for as they are.”

Index

- News.....3
- Life & Arts.....4
- Science.....5
- Sports.....6
- Opinion.....7
- Calendar.....8

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HSU invests in students’ mental health

CAPS will provide 36 more appointments per day by next year

by Tiffany Emmons

On Jan. 9, the California State University Office of the Chancellor gave Counseling and Psychological Services a grant of \$150,000 under the California Budget Act of 2019 to provide Humboldt State University students with more counseling services to combat mental health issues.

Director of Counseling and Psychological Services and Associate Director of Student Health and Wellbeing Services Jennifer Sanford was closely involved in the acceptance of the grant.

“I’m most excited about the pilot project to get innovative programs off the ground that’s focused on high-risk students,” Sanford said. “In developing this program we will be doing some specialized training that we’re doing research on now to launch next year.”

Lobby areas will be built to hold more students and allow for an increase in counseling appointments. The grant will also fund two new therapy offices in the Behavioral and Social Sciences building, which will allow therapists to ex-

tend their hours. More tables and chairs will be added to the waiting areas to eliminate standing-room-only appointments. Construction will begin this summer.

The funds are expected to help students learn life skills, cope, regulate stress and manage moods. CAPS says improving these areas can improve class attendance, retention in school and promote graduation. With anti-stigma campaigning, CAPS hopes to make students feel comfortable talking about their problems.

Danele Quijas, a 22-year-old biology major, said students don’t pay enough attention to their mental health.

“Mental health doesn’t get the recognition that it should,” Quijas said. “When you’re not mentally well, your body reacts to that. If you’re stressed out, you’re only going to make it worse. More people should pay attention to it.”

A pilot project of \$25,000 was also accepted by CAPS and will allow the growth of an intensive treatment program for high-risk students with disabling and chronic mental health issues. This treatment



Illustration by Chelsea Wood

plan will include individual and group therapy as well as the highly-researched dialectical behavior therapy. CAPS hopes to continue this growth by providing other California State Universities with the tools to rebuild their own programs to be as effective as possible.

Casey Pederson, a senior majoring in business marketing, said HSU should do more to make resources clearly available to students.

“In a case like this with mental health, there can never be too many resources—so I definitely think it would help,” Pederson said. “I also think

a big issue about it is getting people to know. Like I said, I had no knowledge that this was happening, and the big thing with mental health is the lack of knowledge and getting help. And there are resources available.”

PARKING

FROM PAGE 1

In 2017, Humboldt State University commissioned a parking market demand study which found exactly what commuters knew—there is a problem with parking on campus.

HSU has a total of 2,162 spaces, about 1,000 of which are general parking. These spaces are shared among more than 9,000 students, staff, faculty, visitors and administrators. The study found solving the parking problem might be harder than adding more spaces. Terrain is challenging, space is limited and HSU has a finite budget.

Film student Alice Peterson had a panic attack the first time she had to park on campus.

“It was raining really hard, I was late to class, it was the second or third week, there were no spaces and there was a lot of over-stimulation,” Peterson said. “My fight or flight kind of kicked in and I left.”

Peterson has needed to drive to class more and more ever since. A load of heavy, expensive film equipment makes walking every day impossible. During her time at HSU, she has racked up almost \$500 in parking violations because she is forced to park illegally or in spaces meant for visitors.

David Lieb is the national director of higher education mobility planning at Walker Consultants, the parking consultant firm that HSU contracted to conduct the market demand study. Lieb worked on the study personally and said that although universities are a group of people sharing a common parking problem, HSU faces some unique issues.

“You have a challenging topography,” Lieb said. “Everybody wants to park in a space that’s convenient to where they go, but there’s a limit to the number of spaces.”

There is barely any room on or near campus to add a significant amount of spaces, which is why many students are advocating for a parking struc-



Photo by James Wilde

The G11 and FS9 parking lots during an afternoon on Feb. 18. G11 is the largest parking lot on the south side of campus with a capacity of 287.

ture. But Lieb did not recommend a structure.

“The shortage at this point is such that we don’t believe it would solve the problem,” Lieb said. “The survey suggested that there was more demand out there, but people were saying, ‘Why would I buy a permit if I’m not going to get a space?’ So if you increased the number of spaces, the people who are currently saying, ‘I’m not going to buy one,’ are going to buy one.”

This process means the parking situation would remain the same if a structure was built, but the parking prices would have to increase to pay for the construction.

“By what we calculated, parking prices would at least

double or possibly triple,” Lieb said. “Our company provides design services for parking structures. We would be delighted to design a parking structure for you, but we’re not going to recommend it if we don’t think it’s the right solution.”

Jeanne Rynne, the associate vice president of Facilities Management, and Krista Paddock, HSU’s Parking and Commuter Services program coordinator, are working together to alleviate parking demand. All plans are in preliminary stages of development, but the long-term goal is to limit the number of cars that are brought to campus instead of adding more parking spaces.

“We are looking at potential

park-and-ride lots in the area,” Paddock said.

There are parking lots in Eureka and McKinleyville that stand nearly empty during HSU’s busiest times. Those lots could be used as off-campus parking. HSU could then provide buses to and from the designated lots to limit the number of cars coming to campus daily.

“We’re always trying to promote ride share with the Zip Cars and the Zagster bikes and the Jack Pass program,” Rynne said.

Alternative transportation and ride share programs are already available through HSU. Both Paddock and Rynne said there are no concrete solutions on the table yet. For the time

being, they plan on heavily marketing the programs that already exist.

“We’re always open to feedback,” Rynne said. “We have the Parking and Transportation Committee and there’s two student vacancies.”

Rynne, Paddock and Lieb all agree that parking is an incredibly emotional issue. Finding a space can take a long time. The study noted many commuters take longer to find a space than to travel to and from HSU, and HSU’s lots fill to 100% capacity during peak hours.

Parking is stressful in a special way. No one studying or working at HSU needs additional stress, but money and topography appear to be blocking all the solutions.

Student-run radio programs are back on air

Jam out to your local, community neighbors

by Dakota Cox

Editor’s note: members of the editorial staff of The Lumberjack are part of and have been part of KRFH. The author of this article had no previous affiliation with KRFH.

Following winter break, KRFH has returned with its entirely student-staffed programs, TALX, MIXX and Local LIXX. Each of the programs bring on guests to participate in their show, providing a platform for community members to show off their skills and speak their mind.

Local LIXX, the longest running program at KRFH, invites local artists to display their talent live on the radio.

Co-Manager of LIXX, Michael Freire first became part of the program in 2017.

“It’s like a really, really cool special thing to have a fully student-run radio station that is promoting a local music scene in a town that has a surprising number of good musicians per capita,” Freire said.

One of the main focuses at LIXX is to create a diverse program that speaks to all music genres and tastes.

“One of the few limitations is that I obviously only have a view on the part of the music scene that I’m familiar with,”



ChopsJunkie hard at work spinning records on the KRFH MIXX program on Feb. 6.

Photo by Dakota Cox

Freire said. “So I also try to like reach out to as many friends as possible for suggestions of places I can go, ‘cause I don’t want to just put one genre of music or one group of friends on the radio.”

To scout talent for LIXX, Freire attends as many shows as he can, searching for sounds that he feels are a proper fit for the program.

Quentin Wall and his band, Quentin Wall of Sound, were the first guests of the spring semester. This was Wall’s second appearance on the program, but his first with the new band.

“Playing on air is fun,” Wall said. “It’s scary because anything you do, there’s no take-backs. But it’s fun because anyone can listen, and it’s a lot

of people that I would never meet.”

Not to be mistaken for LIXX, the MIXX program currently abides by a first come, first serve policy. This allows the platform to seek out the hungriest, most enthusiastic artists first.

MIXX Manager Alejandro Zepeda is currently in his sixth semester with the radio program.

“It’s really fun to watch the different DJs and their different techniques and how they’re doing it,” Zepeda said. “It’s a really great learning opportunity for myself and anyone else on the MIXX crew if they’re interested in DJing, just because you don’t really get to be this close to the performer usually when you’re

out at an event, and you know there’s all sorts of other stuff going on.”

TALX is the odd man out of the programs. Instead of placing the focus of an entire show on a single guest act, TALX incorporates their guests as part of a larger conversation. Unlike MIXX and LIXX, TALX doesn’t require a guest in order for the show to go on. Instead, students are given direct control of the content they create.

Delaney Duarte is currently in her second semester as manager of the TALX program.

“When you’re in there you’re gonna meet a bunch of other people, and then you kinda create like this bond with everyone,” Duarte said. “Everyone knows you and it’s

“When you’re in there you’re gonna meet a bunch of other people, and then you kinda create like this bond with everyone.”

— Delaney Duarte
Manager of TALX

like a really good community. I love the radio community a lot here on campus.”

KRFH is one of the last student-run free-from radio stations. Students are given complete creative control over their content, so long as they conform to Federal Communications Commission regulations. KRFH programs provide an opportunity, not only for community members to showcase their talents, but for students to express, explore and share their identities.

“There’s just something about being in the booth, something about being in this radio station,” Zepeda said. “It’s calming for me despite all the crazy things that happen, and there’s always something ridiculous happening. It’s my happy place, and I’d like to continue that for other people that need to find something like this in their lives.”

Sovereign Bodies Institute brings awareness

Activist creates new database to track violence against Indigenous women

by Sarah Blunt

Accounts of violence and murder toward Indigenous people is lost in history or left unrecorded. This became an even bigger problem for Indigenous women in places occupied by white men, such as mining or gold rush communities.

The Sovereign Bodies Institute was founded about a year ago by Annita Lucchesi, a Native American and activist. Lucchesi realized the need for a database of violence and murder against Indigenous women after needing one, and it not existing.

“It really bothered me because at that time in my life, I had just escaped a really abusive relationship that almost killed me,” Lucchesi said. “I also was being trafficked through that relationship, so I had a number of experiences where I almost was one of these missing and murdered Native women, so for me it was really personal and it really bothered me that if that had happened to me there was no guarantee that my story would be used to make sure that doesn’t happen to other women or girls.”

Four years ago, Lucchesi



Chelsea Miraflor Trillo (right) and Annita Lucchesi (left) discussing missing and murdered Indigenous women in the Library Fishbowl on Feb. 12 to bring awareness to students and the community about the violence against Indigenous women.

created her own database for missing and murdered Indigenous women, which eventually became the kickstarter idea for the Sovereign Bodies Institute.

Sovereign Bodies Institute’s website says SBI is a home for generating knowledge of how Indigenous communities are impacted by gender and sexual violence and looking into how they can continue to heal and find freedom from such violence.

Lucchesi has acquired around 4,000 missing and murdered Indigenous women

cases in her database. Lucchesi founded SBI with the help of the Seventh Generation fund, an international organization for Indigenous peoples.

Chelsea Miraflor Trillo, an Indigenous woman and participant of SBI, received her masters from Humboldt State. Trillo continues to work with SBI and families of missing and murdered Indigenous women to advocate awareness towards these issues.

“Humboldt County is amongst one of the highest counties of missing and mur-

dered Indigenous peoples,” Trillo said. “Students are usually in the area where community awareness and political action happen.”

According to Lucchesi, Humboldt and Del Norte County hold a third of missing and murdered Indigenous women in California. Lucchesi said the justice system contributes to missing and murdered Indigenous women and the lack of action taken. Lucchesi said Indigenous women are considered non-human, and the justice system refuses to hold non-Na-

tive perpetrators responsible.

Tammy Carpenter is a member of the SBI organization and an HSU alumna. Carpenter was subjected to the mistreatment of Indigenous people personally.

“I, myself, am a mother of a victim that was murdered,” Carpenter said. “It’s still unsolved as of today, so I like to support the organization for the awareness for all women. Not just Indigenous women. All women.”

Sweet songs, fancy feathers, birds bang

The sex life of a bird is no simple thing

by Collin Slavey

Sex is a heck of a thing in the animal kingdom. Species of birds, insects, mammals and fish have developed a whole bunch of strategies to get laid. From mating dances to beautiful plumage to carefully engineered bachelor pads, the birds have come up with all sorts ways to strut their stuff.

Wildlife junior Hannah LeWinter commented on how much effort birds put into reproducing. She remarked on the McGregor bowerbird’s tower—a three-foot-tall structure made of carefully placed twigs, attesting to the bird’s dedication.

“When we think of animals, we assume they do the basic things like mate and get food and make shelter, but they really do have complex [behaviors] too,” LeWinter said. “They make these intricate structures to impress females to say that they are the best suitors but those structured serve no purpose besides attracting a mate.”

Commitment to the craft is just the first step of courtship. The picky female bowerbird inspects her suitor’s structure, carefully judging sturdiness of the construction before joining the male on the forest floor.



Graphic by Collin Slavey

Then, the show really starts.

The male bowerbird possesses the ability to imitate sounds and begins a showcase of what he’s learned. His voice can emulate everything from birds and animals in the forest to the sounds of human civilization.

Once she’s satisfied with his performance, the male begins his dance. A chaotic shuffle from one side of his tower to the other, darting towards the female while flashing a bright orange haircut at her. Once he’s done with his groove, she submits and they do their thing.

“We like to think we’re the

only people or the only species who do that,” LeWinter said. “We think of animalistic sex of doing it only because you need to reproduce, but there are these animals that create these gestures like a pebble or a structure or a dance.”

The McGregor bowerbird works every year to maintain his tower, but there is no expectation in the species to mate with the same female every year. Jeff Black, a wildlife professor at HSU who studies birds, published a collaborative book with 20 other ornithologists titled “Partnerships in Birds: A Study in Monogamy.”

“We asked the question, ‘How special are bird partnerships or pair bond?’” Black said. “We asked, ‘How long do mates stay together?’ ‘Are they really faithful?’ ‘Do the faithful ones fare better than the ones that alternate and are less monogamous?’”

The answer: it depends. Black and his fellow ornithologists quantified bird fidelity on a sliding scale ranging to very faithful to not at all faithful. They also investigated the behaviors between social pairs—pairs who spend their time together raising the young, foraging and nesting together—

and genetic, or mating pairs.

“Birds lay their eggs in a basket,” Black said. “When you look at all the 10,000 different types of birds, some birds even though they’re monogamous, when you look at their babies, the genes come from someone else.”

Faithfulness or lack thereof may have a couple of purposes, although the hypotheses are not totally fleshed out. One hypothesis is that, if a female searches for a new male mate, she may be looking for a more fit male than her social partner, and engage in what Black called extra-pair copulation.

HSU River Ecologist Alison O’Dowd explained fitness is a measure of the ability for an individual to pass on their genes. Similar to natural selection, sexual selection is when a female looks for certain characteristics in their male partner, ranging from vibrant feathers to well constructed towers to perfectly executed dances.

Black endorsed fidelity in birds. He said in geese and swans for example, more faithful pairs are more likely to successfully reproduce. Their offspring are also more fit for when they’re looking for a mate of their own. There may be a case for faith yet.

“When you look at all the different studies, you can plot out how faithful they are,” Black said. “Swans are 100% faithful, the jays would be about in the middle and other species are just having sex everywhere.”

Syphilis rates spike in Humboldt

Though prevalent, there are many free treatment and prevention options

by Jen Kelly

Syphilis rates are spiking throughout California, and Humboldt County is no exception. If left untreated, syphilis can cause a brain condition that resembles dementia, heart problems, skin ulcers and blindness.

Nurse Practitioner Andrea Shoup is taking an active role to better inform the community about risk factors, prevention and treatment of syphilis.

“It’s totally treatable,” Shoup said. “People don’t really get tested. If they do, it’s not enough.”

Syphilis can manifest, but then seem to disappear. If a person doesn’t get regularly tested, they may never know they have it and spread it without knowing. There are also risk factors that increase the likelihood of contracting syphilis. Men who have sex with other men are at a higher risk than men who only have sex with women.

“It’s just the butt hole,” Shoup said. “The anus tears more easily than the vagina.”

Other risk factors include finding sexual partners using social media, which can create a false sense of trust between

partners. Methamphetamine use is also linked to high rates of syphilis. People under the age of 26 are also more likely to contract syphilis than any other age group.

“That just comes down to promiscuity,” Shoup said. “It’s true in my own life. I kind of doubled down at 20.”

Dr. Teresa Frankovich, the health officer for Humboldt County, said she is not surprised about the local rate of syphilis.

“I somewhat expect we would see the same trend as elsewhere,” Frankovich said. “There’s ultimately a large amount of people at-risk.”

Though the actual number of cases are going up, Frankovich thinks there’s more to it.

“Part of it is we’re doing a better job at screening individuals,” Frankovich said. “We’re catching more cases of it.”

There is a lot that can be done to limit the risk of exposure to syphilis. Frankovich suggested limiting partners. Abstinence and monogamous relationships are ideal for limiting exposure to STDs. Condoms are available at most medical treatment facilities, including the Student Health



Illustration by Sam Papavasiliou

Center on campus. Condoms are also available by prescription.

Shoup says condom prescriptions, though important for limiting STD rates, still cause controversy.

“I had some Republican coworkers that were all, ‘I’m paying for people’s pleasure,’” Shoup said.

Along with condom prescriptions, yearly screenings are recommended. Since syphilis and other STDs such as chlamydia can go unnoticed,

there is no way of knowing the STD status of a partner without a test.

“Notifying your partner if you have a positive test is really important,” Frankovich said.

Frankovich acknowledged that communicating with past partners about syphilis can be a challenge for many, which is why the Public Health division of the Humboldt County Department of Health and Human Services provides a service called the Partner Services

Program. Public health will assist in contacting partners and inform past partners in order to jump the hurdle of uncomfortable situations.

The Student Health Center, the Open Door Clinics, Planned Parenthood and any general practitioner can help with preventative measures, testing and treatment.

“Really it’s a lot of bad things that you don’t want,” Shoup said. “You don’t see the consequences until much later.”

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Three athletic director candidates compete for job

Allan Jones

by Thomas Lal

Allan Jones is one of three candidates in the running for Humboldt State University’s next athletic director. While speaking to open forum attendees, Jones said investing in the community and working with the community members is one of the keys to making a successful athletics program.

“We’re going to be heavily involved in this community asking for support,” Jones said. “But in order to do that we need to be invested as well. Not just our student athletes, but our coaches, our administrators, our staff.”

Jones, originally from a small community in Conyers, Georgia, pointed to his additional work in the Waco, Texas area as an example of what he would hope to bring to HSU.

“There’s a reason why I’m on the Rotary Club of Waco,” Jones said. “Why I’m on the little league board for base-

ball and softball in Waco and why I’m on the Museum Association Board of Waco, and it’s because I need people to know that when I’m out in the community asking for their support, that there’s a return on that investment.”

Jones comes to the table with 20 years of experience in college athletics, most recently working with the Texas Sports Hall of Fame in Waco as the president and CEO. Jones has also held positions at Arizona State University, University of North Texas, University of Louisville, University of Maryland and Georgia Institute of Technology.

Coming to HSU having held positions at several major universities, Jones was confident that his experience there and at smaller schools would help him improve the programs at HSU.

“I want to bring those best in class practices and successes we’ve seen and measure those to scale here with Lumberjack athletics,” Jones said. “So I think those experienc-

es at the bigger schools and bigger institutions mesh with having been at places that were smaller, that were rural as well my background having grown up in the second smallest county in the state of Georgia.”

On the subject of HSU football, which was cut under the previous administration, Jones was open to having the conversation of a return in the future, but he stressed being able to support athletes as a whole.

“I’m comfortable having a conversation down the road about football,” Jones said. “But what it needs to be is a very open, honest, transparent discussion as someone who’s actually brought a sport to a full time NCAA status, understanding not just the scholarship cost, but recruiting, travel budget—all the other things that go in.”

In regard to existing programs on campus, one big facilities issue that Jones sees at HSU is the condition of the softball field, which of-



Photo by Thomas Lal
HSU athletic director candidate Allan “Cooper” Jones talks with attendees at an open forum in the Grand Hall on Feb. 7.

ten becomes unusable when it rains. He said the softball field would be at the top of his list of things to address if he is hired.

“As I understand, left field has got an issue four feet down that it won’t drain,” Jones said. “Well, why would we put \$1 million into that when we’re

going to have to go back four years later and build a brand new stadium? Let’s be strategic. Let’s figure out, is there a Band-Aid approach that gets us through this next three to four months? And then let’s have the best softball complex between San Francisco and Portland.”

Marcus Manning

by Thomas Lal

Marcus Manning is the second of three candidates for Humboldt State’s athletic director position. Manning, who began his athletics department work in recreation at Southern Illinois University, Edwardsville, said he saw the opportunity for HSU to excel in intercollegiate athletics and recreational sports.

“The vision that I have for Humboldt State athletics and recreation is to be a premiere program both in intercollegiate athletics and recreation,” Manning said. “Providing opportunities for our students that involve personal development, academic success and competitive excellence.”

Manning has also had experience at University of California, Irvine, Indiana University South Bend, and the National Association of Intercollegiate Athletics in Kansas City, Missouri. Manning also has experience at Maryville University, the BASE Foundation in St. Louis, Missouri and Centenary College.



Photo by Thomas Lal
Humboldt State athletic director candidate Marcus Manning talks with people at a public forum before he gives a presentation in the Great Hall on Feb. 10.

Manning was confident that the future of sports has great potential at HSU. He said the department should look toward students for what direction to take. One example he gave was the possibility of backing esports on campus.

“Young people have led us to competitive gaming,” Manning said. “They’ve shown us the way and so that’s an opportunity for us to look at that and say, ‘Okay,

can competitive gaming—can esports—happen at Humboldt State University?’”

Manning said it would be a collective effort to involve student athletes in the campus and make sure they are an active part of the community.

“That means everyone within the campus community all-in in terms of that type of experience,” Manning said. “Our alumni base and

surrounding community also playing a part in that student experience.”

When asked why he thought he would be the best candidate for the job, Manning pointed to his years of experience with athletics as a base for his merit.

“Seventee years of broad-based experience,” Manning said. “I got a chance to work at University of California, Irvine in recreation, but it

was under athletics. So I was director of club sports and specialty events. When you look at this unique opportunity at Humboldt, it includes recreation. I cut my teeth on rec sports and I had a blast.”

He also mentioned that he’s added programs for universities in the past and that he could do that for HSU too.

“I was charged with adding programs to help increase enrollment and doing that with strategic speed,” Manning said. “Also from a fundraising standpoint, taking our fundraising budget from a negative \$11,800 to making sure we were in a surplus of \$1.3 million.”

Manning said the signs he saw while researching the Humboldt area pointed to potential.

“Just doing homework. I’ve seen some of the new things that occurred in terms of partnership with local schools and scholarship opportunities,” Manning said. “Seeing those opportunities that Dr. Jackson has talked about, so that really put me on notice to say, ‘Okay, these are some potential opportunities that we can really take advantage of.’”



Photo by Alberto Muro
The third candidate for HSU’s next athletic director, Jane Teixeira, speaking in the Great Hall on Feb. 11.

Jane Teixeira

by Alberto Muro

Jane Teixeira intends on bringing her 25 years of experience working with higher education as an administrator, coach, student-athlete and leader to Humboldt State University. Upon her arrival, Teixeira personally greeted everyone in attendance and

made them feel comfortable. In return, staff took it upon themselves to show her the view of the College Creek Field from the Great Hall balcony.

Once everyone got to their seats, Teixeira introduced herself and began speaking on the importance of establishing a connection with student athletes.

“Cultivation is important. I’m a relationship builder and I have constructed my career on that,” Teixeira said. “I want

to know about people I interact with. I want to know what you bring to the table and how I can help.”

Athleticism is not the only concern Teixeira spoke about. She also reached out to student athletes at HSU with concerns of life outside of their sports. Whether the concern is athletics or socializing, Teixeira has shown that she can incorporate her goal of unification between students and the community.

“I spoke with student athletes yesterday about job interviews,” Teixeira said. “I told them, remember the skillset you bring. Time management and organization as athletes are beneficial in the workforce.”

Her next talking point was about being competitive—whether it’s on the field or in the classroom. Student athletes at HSU experience obstacles such as going on the road for games, which hinders their focus on academic work. Teixeira also talked about championships, but not in the tone of filling trophy cabinets.

“I also want to see us build

championships, not only from wins and losses, but being a champion in the community,” Teixeira said. “And by that I mean leadership.”

After introducing herself and the ideas she has planned if she were to become athletic director, Teixeira began taking questions from the audience. The first question involved her unique experiences that she would bring to HSU.

“I have worked with 14 institutes and their presidents, their athletics directors, SWAs, their coaches and student athletes on various levels,” Teixeira said. “My claim to fame was cleaning the Reggie Bush mess, not only by myself.”

The Reggie Bush mess she mentioned involved University of Southern California football player and Heisman Trophy winner Reggie Bush and basketball player O.J. Mayo accepting gifts from agents. This act resulted in Bush relinquishing his trophy. Sanctions were also placed on USC athletics.

The next question focused on the discontinuation of

HSU’s football program and the effect it has had on homecoming. Other sports are capable of hosting the event, which would alleviate any concerns. Teixeira responded with alternatives to homecoming.

“You can center it around any sport, or any big time of the year for the community,” she said. “Humboldt State Day would be great and you can have it at the plaza or the quad.”

For the last question, Teixeira was asked if non-traditional sports like esports would have a place at HSU. She said she believes technological growth is important and she wouldn’t disregard esports.

“Esports is a hot trend right now,” Teixeira said. “In fact the Peach Belt Conference is the first NCAA Division II conference as a whole to have esports. I believe there are six or seven institutions in that conference and we have to be on that innovative technology side. We don’t know if it’s good or bad unless we try it. I’m gonna have to learn it too so it’s exciting.”

EDITORIAL

We need the wisdom of Wikipedia

Wikipedia shows collaboration is crucial for accuracy

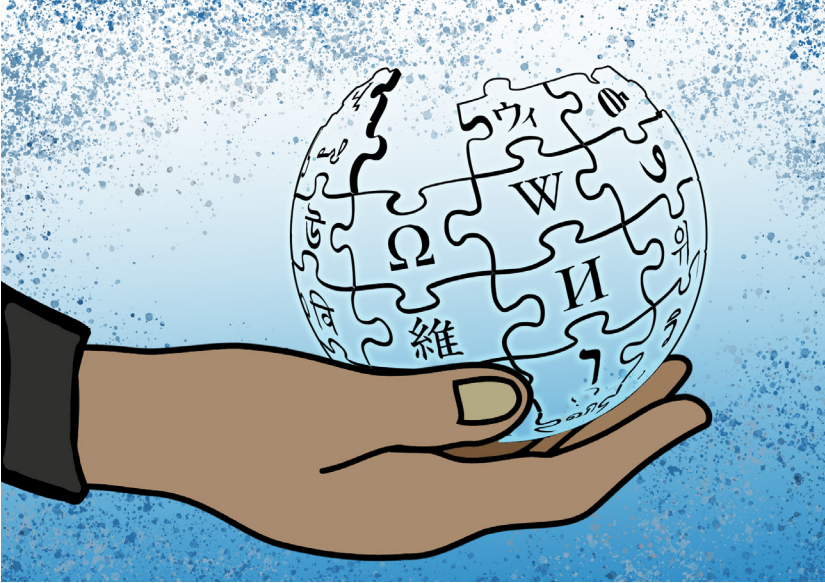
by Editorial Board

We’ve all been there. You’re sitting in a class. Your professor wants you to write a paper on the different types of asexual reproduction of the *Sanderia malayensis* jellyfish or some other arcane drivel. Your first reaction is to hit up Wikipedia. Then comes the kicker. You can’t cite Wikipedia. You scowl and snarl under your breath.

Wikipedia is cool and it is useful. Turning a blind eye to Wikipedia as a reliable source is shortsighted and has implications beyond the realm of encyclopedias. Distrusting Wikipedia represents academia’s unwillingness to open the gates of collaborative truth-knowledge.

Contrary to what your professors may tell you, Wikipedia, as a source, is statistically just as accurate as published encyclopedias for most of its content. A 2005 study by the Nature research journal, “Internet encyclopaedias go head to head,” found errors in both encyclopedias, but among the entries tested, the difference in accuracy was small.

Wikipedia, in their signature



Graphic by Chelsea Wood

self-aware style, has reported on their own reliability as well. Wikipedia does not guarantee validity, but it is an invaluable research resource.

Inaccurate information on Wikipedia is usually corrected quickly. Hyperlinked citations back up nearly every claim made on an entry. The *Sanderia malayensis* jellyfish’s page hosts six sources from international professionals, biologists and a handbook on poisonous jellies.

Scientific papers, meanwhile, are far from perfect. Soft sciences have suggested cures to unhappiness or boosts to confidence through simple behavioral change, but as other researchers try to replicate the experiments, their conclusions are significantly different. This indicates a serious error in the scientific method. If science isn’t replicable, science is null.

In the last few years, a plethora of papers have fallen under criticism after researchers have failed to reproduce their results—it’s been called the replication crisis. The crisis may have a few sources.

First, it’s not hard to get published. The University of World News said in 2018 that too much scientific research is being published. It estimated nearly 30,000 scientific journals are in circulation, publishing approximately two million articles each year. They said the volume burdens the peer review system and makes it dysfunctional.

Second, the media likes to be the first to report on news, including science news. Journalists can be wrong and often are when it comes to reporting on science, especially when they’re grasping to be the

first to report on new findings. These bad practices report inaccurate, unconfirmed, flawed science to their audience before the study can be replicated. Mistakes happen on Wikipedia too and it is always essential to be critical of anything read. Search around, find supporting articles for any claim made and be aware that there may be flaws. But be able to recognize valid and sound knowledge.

Critical review by the editors of Wikipedia—who can be any person—is what makes Wikipedia so powerful and so accurate. It’s the world’s largest encyclopedia—about 50 times larger than Britannica—with over six million entries and over 200,000 contributors. Wikipedia should serve as a banner for collaboration—especially between diverse groups.

In “The wisdom of polarized crowds,” a 2019 study from Nature Human Behavior, researchers found politically-diverse teams created more accurate entries than teams with less political diversity.

Wikipedia comes in clutch, often. Using it as a source may be frowned upon by professors, but a short chat with most of them and they’ll say Wikipedia is an excellent place to start. The website is a tool, not a cheat code. It would be ignorant to ignore it, but if it’s used appropriately, maybe, just maybe, we could learn something about jellyfish.

OPINION

Parking predicaments piss me off

The trials and tribulations of finding parking on campus

by Sam Papavasiliou

Parking on campus sucks. And I’m not the only one that thinks so.

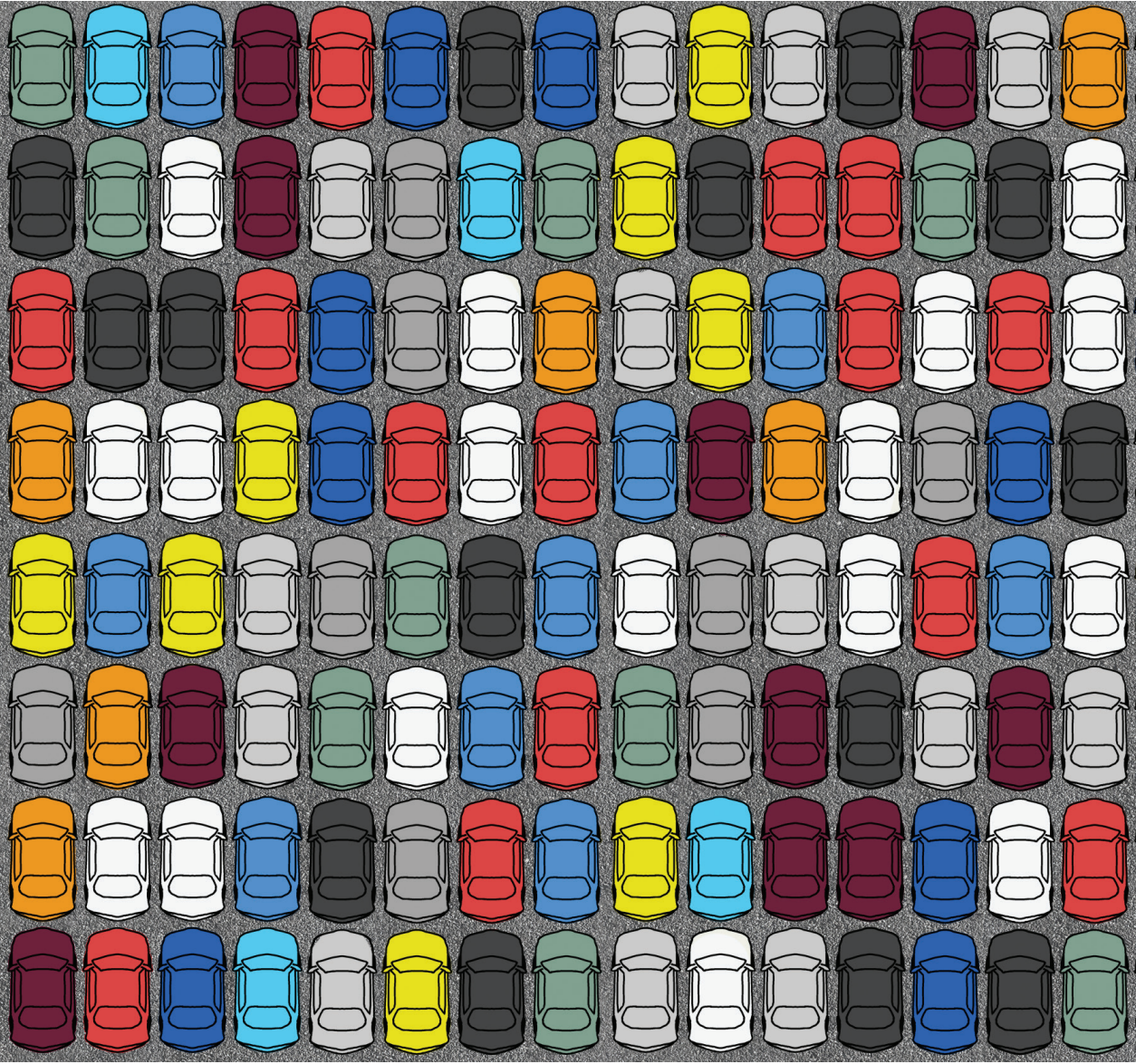
I try my best to walk or take the bus whenever I can. Sometimes I’m just too slow in the morning and have to drive to avoid being late. The problem is that between the hours of 9 a.m. and 3 p.m. it’s ridiculously hard to find an open parking spot on campus.

Usually I end up parking on a residential street nearby. To put that into perspective, my apartment is a 21-minute walk from campus according to Google Maps. From where I usually end up parking, it’s an 11-minute walk to get to class. When I add the four minutes it takes to drive there, I only end up getting to class six minutes faster. Sometimes, that’s exactly what I need to make it to class on time.

A 2018 study by Walker Consultants included an anonymous survey on the state of parking on campus. The full results of this study are available, and boy, a lot of people were mad about parking.

“Prices as they are, are already ridiculous. One should not have to pay \$315 a year to only find parking between 7:00-8:00 a.m and after 5:00 p.m.,” one person wrote.

The survey had multiple



Graphic by Sam Papavasiliou

respondents to the parking issue.

“If people have to pay even more for parking permits there HAVE TO BE SPOTS AVAILABLE FOR THEM TO PARK IN,” another person wrote.

In addition to the sentiments behind these two comments, a large number of the comments suggested building both on-campus parking structures and off-campus parking with shuttles to campus.

One question on the survey struck a nerve with many

respondents when it suggested the cost of parking passes may have to be raised in order to meet the demand. Many of the answers to this question were filled with colorful language.

“What in the world do you do with all the money that you are unable to sustain the program without raising prices again?” one of the less expletive-prone respondents wrote.

Another respondent offered to try and get the extra funds themselves.

“Perhaps we can lobby the state for funds? I’ll go to talk to

Jerry on behalf of HSU. Dunno if he’ll see me, but I’ll go,” wrote the hopeful respondent.

Unfortunately, Jerry Brown is no longer our governor, so if this respondent had it in with Jerry Brown, that won’t work anymore. Even more unfortunate is that this is an issue that is going to take a lot of work from the school if it’s going to be fixed. It’s also likely that even if it is fixed, it’ll take longer than many of our students will be here. In the meantime, it’s still a great excuse for being late to class.

ASK EVERGREEN BUSY BEE

Dear Evergreen,

How do I manage my time when my schedule is jam-packed with work and school?

Dear Busy Bee,

It’s always good to be productive and a hard worker, but don’t run yourself ragged by foregoing a much needed break. You can schedule in some “you time” by organizing and maintaining a healthy and punctual schedule.

Do your homework before relaxing and turning on Netflix. You should reward yourself only after accomplishing certain tasks. Set realistic goals for yourself, like reading two pages from your textbook before checking your phone notifications.

Find a space where you can feel comfortable and concentrated. If you are able to complete your school work in a stress-free environment, you might power through it faster and be able to relax sooner.

Don’t go home straight after class if you know you won’t work on homework once you get there. It’s easy to get distracted or lazy in a home-setting, so make sure you commit yourself to finishing, or at least starting, assignments before you leave campus.

When it comes to work, don’t work more hours than you possibly can. We all need money, but don’t sacrifice your time by working more and focusing on school less.

Communicate with your boss or manager about your time restraints because of school. Don’t agree to work more and neglect your school priorities. Give yourself time to breathe in between work shifts and classes.

If your employer isn’t as forgiving to you as a student, then it could be wise to find a more respectable employer. If that isn’t an option, you should still set boundaries, even if that means taking less hours or bad shifts at work.

The ultimate time management tool is a planner. You can plan your weekly schedule hour by hour to see when you’ll have downtime to get other things out of the way or even relax.

Write down your class times and work schedule, and fill in the gaps with study sessions and break times. If you can visualize your week, you’ll be able to discern the best times to be productive or peaceful.

Don’t waste the little free time you may already have. Use your free time wisely by getting ahead of assignments. Chip away at projects bit by bit when you have the chance. You’ll thank yourself later when you’re in a time crunch.

You’ve got this!
Sincerely,
Evergreen

Send questions to:
contactthejack@gmail.com

WEEKLY CALENDAR

Wed. 2/19

Dr. Kirby Moss on Black Joy

Time: 5 - 7 p.m.

Where: Nelson Hall 102

Description: Dr. Moss facilitates a discussion about the research he is conducting for his book on Black Joy.

Funky T-Rex & Jaymorg, Soul PartCrew

Time: 6 - 7:30 p.m.

Where: University Center 124

Description: Free dance party with local DJs and Arcata Soul Party Crew founder Jaymorg and Funky T-Rex.

Thurs. 2/20

Urban Griots

Time: 6 - 8:30 p.m.

Where: Nelson Hall East 106

Description: Pierre Tchétgen leads an interactive evening of African drumming, rhythmic sounds, movements and computer multimedia designed to enhance early literacy skills.

CHECK IT Anniversary Party

Time: 7 - 10 p.m.

Where: Kate Buchanan Room

Description: A celebration for all the consent centered work students have been doing around campus.

Free food and t-shirts with a DJ and interactive booths.

Fri. 2/21

Men's Lacrosse

Time: 10 a.m. - 7 p.m.

Where: College Creek Soccer Field

Description: Humboldt vs. UC Davis at 11 a.m. and UC Davis vs. Portland at 4 p.m.

Intro to Indoor Climbing

Time: 11 a.m. - 1 p.m.

Where: Student Recreation Center 181

Description: This course cover basic safety considerations, climbing techniques, using equipment, basic knots and rappelling. No experience necessary and register before Friday.

Sat. 2/22

Men's Lacrosse

Time: 10 a.m. - 2:30 p.m.

Where: College Creek Soccer Field

Description: Humboldt vs. Portland at 12 p.m.

International Guitar Night

Time: 7 - 9 p.m.

Where: Music B - Fulkerson Recital Hall

Description: Uniting some of the world's foremost acoustic masters to perform their latest compositions and exchange musical ideas. This cast of acoustic guitar luminaries performs solos, duets and quartets highlighting their virtuosity and the diversity of the instrument.

General: \$49 | Student: \$10 | Senior: \$49

Sun. 2/23

Learn how to be a Wikipedia Contributor

Time: 1 - 1:50 p.m.

Where: Library 302 - Humboldt Scholars Lab

Description: Learn the guidelines to editing Wikipedia, what the "Five Pillars" of Wikipedia are and how to get it set up. Please bring your own laptop or check on out at Library.

Featured Speaker: Lawrence Ross

Time: 6 - 8 p.m.

Where: Kate Buchanan Room

Description: UCLA's Lawrence Ross breaks down the issues of racism on college campuses in his book, "Blackballed: The Black and White Politics of Race on America's Campuses." Free copies of books distributed to the first 100 students. Tickets are free at UC Ticket Office.

Mon. 2/24

Kemetic Yoga

Time: 5:30 - 7 p.m.

Where: Gist Hall 102 - Dance Studio

Description: Kemetic Yoga is an Afrocentric yoga practice originating from the Kemetic people in Egypt. A system of Yoga enlightenment based on the principles of physical movement, controlled breathing and meditation for healing and regeneration.

Knot Tying

Time: 5:30 - 8:30 p.m.

Where: Recreation & Wellness Center 124

Description: Free seminar covering the essential outdoor knots including hitches, bends, loops and other important knots to know.

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HSU Community Comics

By: Phoebe Hughes

MnS #1




You got any more toilet Paper?



Hm?

Honey, wake up. You're sleep-Summoning again



Want to show off your comics?

Email us JPGs of your best and most appropriate comics for a chance to be featured in our next issue.

contactthejack@gmail.com