



Filling in the fossil record with fungi

Madison Lalica cracks open 400-million-year-old fossils
by Collin Slavey

SEE FUNGI ■ PAGE 5

Photo illustration by Collin Slavey and Jen Kelly

Travel back in time in ARCADA

ARCADA opens soon for lovers of video games and liquor

by Alberto Muro

If you thought Humboldt State University’s parking meters had a strong appetite for your coins, it’s time to put your pocket change to better use, because Humboldt’s first bar arcade is set to open soon.

The team work of Kristen Thompson, “P-Nut,” and Amber Saba went above and beyond to create an establishment for arcade fans. Thompson and Saba are well renowned for running local restaurant A Slice of Humboldt Pie, and the next step was to introduce Humboldt’s barcade.

Thompson and Saba have been working on the ARCADA project for some time. They chose 6th and K Street in Arcata for their location.

“In our minds this project has been in development for five years, but physically we have been working on that building for a year,” Saba said.

Arcada held a preview opening Feb. 23 and invited a limited number of people to check out the establishment. Thompson

said even though their credit card machines weren’t set up, it helped give off an old school arcade vibe.

“Due to our credit card processing company we get to pretend that it’s the 80s,” Thompson said. “So we are only accepting cash transactions.”

The arcade machines are budget friendly, so there is no need to break the bank trying

to finish a level. An urge to break a machine might arise, but that’s the joy of vintage games.

When it comes to playing video games, people tend to enjoy the experience by themselves. Saba had those people in mind while developing ARCADA.

“We have some introverted gaming people in the commu-

nity who are very excited to have a public hangout space,” Saba said. “Where they don’t necessarily have to talk to someone, or if you go alone you don’t have to sit and be awkward.”

ARCADA will be open for business Feb. 26 from 2 p.m. to 10 p.m., so don’t be alarmed if you come across heavy traffic from people waiting to get in.



A Jurassic Park-themed pinball machine to match the vintage theme of ARCADA on Feb. 23.



Kristen Thompson and Amber Saba during their preview opening of ARCADA on Feb. 23.



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Lawson report reveals shortcomings

Investigators make recommendations

by Grace Caswell and James Wilde

The National Police Foundation assessment team reviewed the first 72 hours of the Josiah Lawson homicide case and released a 65-page review on Feb. 20. The report included NPF’s response to the case and feedback for the Arcata Police Department.

NPF said APD responded professionally to the crime scene at 1120 Spear Ave. on April 15, 2017, but the crime scene lacked proper security and management.

“Many basic tenets of crime scene security and management were not followed in this case,” NPF said.

The Arcata City Council commissioned the report in September 2018 for \$30,000. NPF is an independent, non-partisan organization that analyzes police cases.

From August 2018-2019, NPF conducted 24 interviews and reviewed reports, transcripts and court procedures, including 50 hours of recordings and 6 hours of APD dashboard camera video. Due to the ongoing status of the case, NPF couldn’t interview any witnesses or partygoers other than first responders.

NPF said APD personnel weren’t trained or given access to necessary equipment, which are common issues in small law enforcement teams. As a result, APD couldn’t sufficiently manage the crime scene and investigation.

NPF recommended APD do more to communicate and build relationships with the Arcata community.

“The APD chief has an opportunity to institute a culture of ongoing evaluation of the department’s performance—especially in critical incidents or unusual responses,” NPF said. “This is how organizations grow, evolve, learn, and improve.”

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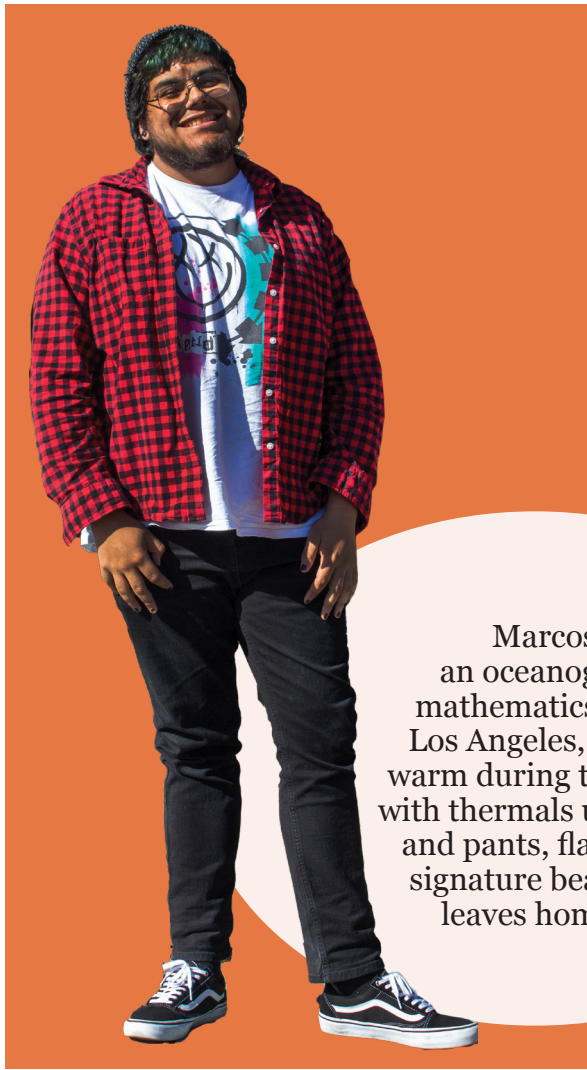
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HAUTE HUMBOLDT



Marcos Moreno, an oceanography and mathematics major from Los Angeles, says he stays warm during the cold season with thermals under his shirts and pants, flannels and his signature beanie he never leaves home without.



Tanis Popp, an anthropology major from Huntington Beach, stays warm by wearing scarves, gloves and a good coat. “Don’t underestimate the importance of good shoes that can deal with water. A good pair of boots is an investment,” Popp said.



Christian Boyd, a political science major from Los Angeles, stays warm with turtlenecks, boots with warm socks, and lots of big coats with fur. Her tip for staying warm is to buy a portable heater for your room or dorm.

Photos and captions by Sarah Blunt

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Students test out the voting waters

Mock election prepares HSU students for local issues on the Super Tuesday ballot

by Jen Kelly

Humboldt State University’s Associated Students held a mock election with the help of the Politics Club Feb. 24 in the University Center Quad. On the ballot were candidates for both the Democratic and Republican primaries, as well as local election measures.

“We’re gathering data from the student population about what would happen if we held the election today,” Legislative Vice President of Associated Students Jeremiah Finley said.

The mock election gave students the opportunity to take a closer look at which candidates were on the ballot. When the results are released, students can gain a new insight into the perspectives of other students.

“We’re trying to make sure our students at HSU are more educated about the decisions that they’re making,” Finley said. “This will give the students the opportunity to go back in and really investigate.”

Tashenea Young is a computer science and math education major who felt more informed about the upcoming

election because she participated in the mock elections.

“Some of the measures that were posted—I was like, ‘What is this?’” Young said.

Young said mock elections like the one on Monday are a step in the right direction for helping to inform the student body, but events like the mock election need more publicity to reach more people.

“It’s better than nothing,” Young said.

Real measures weren’t the only questions on the ballot. It also included a mock referendum on fluoridated water, a contentious issue for locals.

Paul Hilton, an HSU politics major and member of the Politics Club, helped organize the mock election. He was curious about how students would vote concerning fluoride. He said that although there wouldn’t be a referendum on fluoridated water on the ballot in March, it was close to being on the ballot in November.

“It was a step away from Arcata putting it on the Arcata ballot,” Hilton said. “After a whole lot of community city hall meetings and discussions,

it was a 3-2 vote to not put it on the ballot.”

Hilton hoped the mock election would help professors as well as students.

“One of the questions was, ‘What day of the week is worst for you when it comes to night-time deadlines?’” Hilton said. “So, one of those actually has informative results that we’ll tally up that might be able to go to professors.”

Although Hilton was glad for the mock election, he thought there was room for improvement. The ballots were printed on colored paper and didn’t resemble voting material. Hilton said this may have discouraged potential voters.

“People are more likely to pick up a pamphlet,” Hilton said. “If I was just going by, I’d be like, ‘What’s this kid’s construction paper kind of stuff just hanging out? I’m not interested in this.’”

California votes Tuesday, March 3. Associated Students are now more experienced for their real elections, and students can take more knowledge on local issues to the polls.



Photo by Sam Papavasiliou
Associated Students Public Relations Officer Cassie Caudillo attends to the mock election table in the UC Quad on Feb. 24.

Environment takes center stage at Huffman town hall

Huffman talks greenhouse gases, sea level rise, salmon and more

by Kris Nagel

Jared Huffman, representative to California’s Second District, held a town hall at Eureka High School on Feb. 21 to engage his Humboldt constituents. After touting the progressive platform he’s pushing in Washington, D.C., Huffman answered questions spanning from immigration reform to the 2020 election—but the prevailing concerns surrounded the climate crisis.

“You got about a decade—less than a decade—to dramatically transform the global economy to put us on a path of decarbonization that gets us to net-zero greenhouse gas emissions by the year 2050,” Huffman said.

Huffman sits on the House Select Committee on the Climate Crisis along with 14 other representatives. Authorized in January of last year, the committee is set to release policy recommendations on March 31. The report will steer the current and upcoming Con-

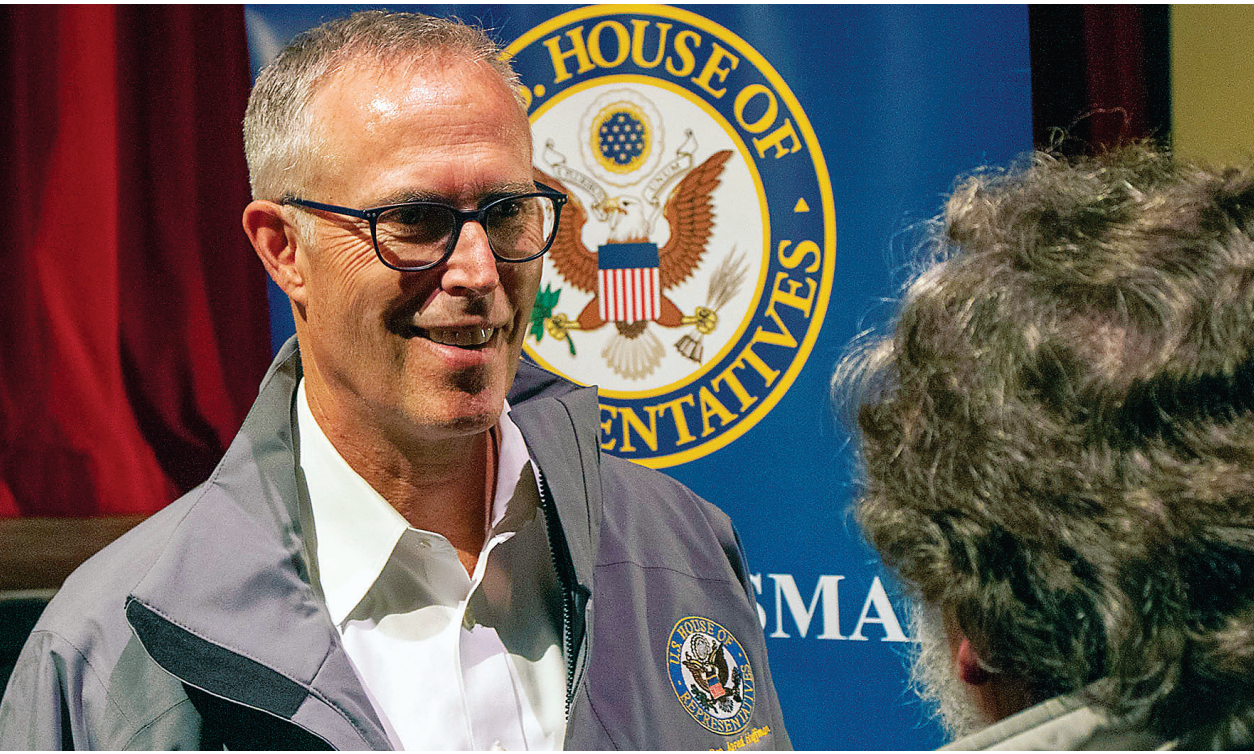


Photo by Kris Nagel
Jared Huffman stands at the front of the auditorium to meet audience members after answering questions on Feb. 21.

gress on legislation regarding the changing climate.

Several Humboldt residents questioned Huffman about protecting infrastructure from rising sea levels. Much of the county would be at risk if the sea rose. Low bridges and roadways are at risk as well as economic infrastructure like fisheries and farmland.

“Sea level rise and resiliency in coastal communities like this are just a huge part of the

climate crisis,” Huffman said. “We are gonna have to do a lot of planning and prioritization for critical infrastructure.”

Huffman also sits on the Transportation and Infrastructure Committee. Huffman aims to focus some of the funding for infrastructure on coastal communities that would be impacted by rising seas.

Some audience members expressed concern about Pa-

cific Gas and Electric’s role in California’s power supply. After months of sporadic power outages, many Californians are looking at the possibility of de-privatizing the utility company.

“I’d be fine if [PG&E] were reinvented into some type of not-for-profit entity as well,” Huffman said. “It would be nice to take that profit motive out of the situation to convert it from an investor-owned util-

ity, where they gotta meet Wall Street’s expectations, to something that was publicly-owned or possibly a cooperative.”

Huffman then shifted his focus to the diversion of water from the tributaries that feed into the Trinity River to farmland in the San Joaquin Valley. The Trump administration is working to release a new biological opinion that will allow for significantly more water to be diverted from flowing down the Trinity. This would override the previous finding that diversion of water would drastically impact the salmon population.

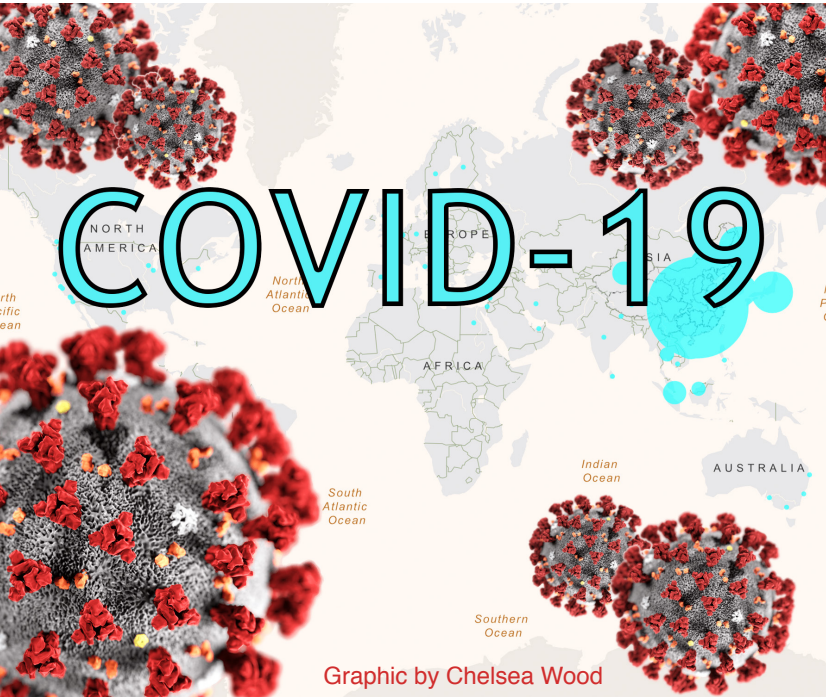
A similar decision was made by the Bush administration in 2001. Restrictions on the natural flow of water down the Klamath River led to the mass salmon kill in 2002.

Huffman is hoping to hold the previous finding up long enough for a new administration and Congress that would prioritize protecting native species.

“You get the picture, right?” Huffman said. “The deck is pretty stacked right now against protecting our rivers and fisheries here on the North Coast. And it’s a fight I will continue to fight.”

Humboldt County coronavirus case update

Department of Health and Human Services quells concerns



by Walker B. True

The Humboldt County Department of Health and Human Services informed the public Feb. 20 via press release they had received confirmation from the California Department of Public Health and the U.S. Centers for Disease Control and Prevention of one confirmed case of coronavirus in Humboldt County. A close contact of the confirmed patient has symptoms and is also being tested for the disease. The DHHS has since been fielding questions from the concerned community.

The Lumberjack spoke with Hava Phillips, the supervising public health nurse at DHHS. If you are concerned that you may have contracted the disease, she asked you call them

before visiting their department. For now, the county is not considering this a public outbreak, and the ill individuals are self-isolated and under close watch by the Public Health Communicable Disease Surveillance and Control Unit. This doesn’t mean they’re not prepared for the disease to spread.

“We are making sure we have the infrastructure in place if this were to become a larger outbreak,” Phillips said. Because it’s also flu season, people should be following basic precautions to prevent the spread of communicable diseases of all varieties, summed up by these tips from the DHHS press release:

Stay home when you are sick. If you have a fever, stay home or go home if you are

already at work or school, and stay home for at least 24 hours after you no longer have a fever (without the use of fever-reducing medicine).

Wash your hands frequently and particularly before eating or drinking and promote good hand hygiene in your home by educating household members and making sure soap, hand sanitizers and tissues are available.

Avoid touching your face, particularly your eyes, nose and mouth. Encourage proper cough etiquette. Cough or sneeze into a tissue, sleeve or arm. Do not use your hands.

Perform routine surface cleaning, particularly for items which are frequently touched such as doorknobs, handles, remotes, keyboards and other commonly shared surfaces.

Kirby Moss illustrates the significance of Black joy

Journalist and Professor Kirby Moss, Ph.D., presents new book on Black joy

by Rachel Marty

Editor’s note: Kirby Moss is a professor in the journalism and mass communication department. Moss has taught and currently teaches members of the editorial staff of The Lumberjack. The author of this article is a journalism student, but has not had any classes with Moss.

Kirby Moss, a mass communication professor at Humboldt State University, held a talk on campus about black joy Feb. 20, a topic he is currently researching for his new book, “Black Joy.”

Moss’s first book, “The Color of Class,” discussed the paradox of privilege and talked about race and class in ways that aren’t often discussed.

The assumption that white privilege comes along with the absence of poverty is a significant topic in his book.

“We don’t normally associate poverty with whiteness,” Moss said. “We don’t normally associate joy with Blackness.”

In his new book, Moss rejects the assumption that Blackness consists of unhappiness and tragedy.

Toni Maggi-Brown, an HSU student who attended the discussion, supported Moss’s emphasis in liberating the narrative that surrounds Black culture.

“It’s so much more than overcoming a group of oppressors or getting past what they’ve categorized us as,” Maggi-Brown said. “It’s overcoming stuff within ourselves and being able to appreciate

moments of joy and share those moments of joy.”

Moss acknowledged the struggles in his life, but argued that ultimately it’s been full of joy.

“I’ve had a lot of fun times, joyful times, right in the midst of the hood,” Moss said.

Moss’ focus is the unacknowledged pleasures of being Black, but he also talked about how his joy is sometimes seen as weakness or is unacceptable by his culture.

“I ain’t Black enough because I’m talking about joy,” Moss said.

Moss questioned the way we measure Blackness. With his new book, Moss is attempting to shed light on the joys of Blackness while emphasizing that embracing joy doesn’t make you any less Black.



Photo by Rachel Marty
Anthropologist and journalist Kirby Moss, Ph.D., speaks about Black joy during his campus discussion Feb. 20.

Final Fantasy music rendition fills Fulkerson

Pianist Ryan McGaughey performs fan-favorite tunes from Final Fantasy VII

by Walker B. True

In the intimate waiting area of Fulkerson Recital Hall, long-time fans of the Final Fantasy games and their parents or children milled around Feb. 21 waiting to hear piano renditions of the iconic music of “Final Fantasy VII” performed by pianist Ryan McGaughey. The game’s original music was written by Nobuo Uematsu, but the particular arrangements for piano were written by Shiro Hamaguchi.

Mark Castro, an archaeologist for the Cultural Research Center at Humboldt State University, made a habit of attending orchestral concerts at Sonoma State University while he was working on his master’s degree. Castro said he hadn’t played Final Fantasy VII since high school, but he was excited to go to the concert and reminisce on forgotten songs.

“Those are always the ones I gravitate towards,” Castro said. “The ones with a story.”

Ushers collected raffle tickets for a giveaway of the new Final Fantasy VII remake set to come out in April. As everyone found their seats, the lights dimmed and silence fell upon the room like a blanket.

McGaughey took the stage and dove into the familiar runs of “Prelude,” a song that begins almost every Final Fantasy game. A projector screen beside his piano ran through a compilation of footage from the Final Fantasy games as well as the 2005 animated movie.

The projector depicted a depressing, industrialized world with pollution and machinery as the piano fluttered along with the hopeful brightness of “Prelude.” “Main Theme” was a more intense, swelling piece accented by intense battle sequences between vigilantes and armed guards of this alternative future city.

In between songs, McGaughey took to the microphone with a charming, slight



Photo by Walker B. True
Ryan McGaughey playing songs from Final Fantasy VII arranged for piano by Shiro Hamaguchi in Fulkerson Recital Hall on Feb. 21. The projector beside him cycled through footage from the Final Fantasy games and movie.

stutter, thanking everyone for coming out to see him perform. Using an online survey he created and his own powerpoint slides, he had audience members participate in a contest that mirrored the game’s turn-based combat system.

McGaughey brought the event to a close with a fan-favorite, “One Winged Angel,” a song accompanied by a battle with the main antagonist played at the end of Final Fantasy VII. It is a technical, epic

and anxiety-inducing battle march with twinkling runs interspersed throughout.

In an exclusive interview with The Lumberjack, McGaughey talked about why he enjoys playing video games and their music.

“It’s like watching a really good film or reading a really good book, but you’re actually able to interact in it,” McGaughey said.

Before he left the stage, McGaughey picked out a winner

of the raffle for the Final Fantasy VII remake.

Psalms Palmer, a music major at HSU and longtime fan of the Final Fantasy games, won. She remembered loving the music from the moment she heard it. Throughout the performance, Palmer reflected on playing the game with her sisters when she was a kid.

“If you can tell the story through music,” Palmer said, “you don’t have to do anything else.”

REVIEW

Polish performer melds magic and music

A dream of illusions and piano prowess with Igor Lapinski

by James Wilde

A yearning for home carried Polish pianist and magician Igor Lapinski’s performance.

“Your free will,” Lapinski said in an almost-cliché line that sounded much more convincing with his Polish accent and navy suit, “is just an illusion. A dream.”

He then pulled a signed dollar bill out of an unopened kiwi.

Lapinski’s performance revolved around the concept of belonging. He interlaced illusions with piano pieces by Frédéric François Chopin, the Polish composer. Lapinski, originally from Poland, teaches as an assistant music professor at the University of Oklahoma.

Magic, Lapinski said, lives on the border between dreams and reality. I couldn’t help but feel I had just attended a dream by the end of his Feb.



Photo by James Wilde
Piano-playing magician Igor Lapinski performing his routine in the Fulkerson Recital Hall at Humboldt State University Feb. 22. Lapinski combined sporadic piano playing with audience-involved illusions.

22 show.

“He’s going to do something I think we haven’t seen in Humboldt,” music Professor Daniela Mineva and former teacher of Lapinski said before he took the stage. “I’ve been waiting 18 years to bring him here.”

The crowd of mostly older locals sat in a semicircle on the Fulkerson Recital Hall stage around Lapinski and his piano. Rather than have the crowd sit in the hall seats, Lapinski had chairs placed around him on

the stage for a more intimate experience.

Lapinski fluctuated between musical pieces of unrest and pieces of warmth. He rapped on “a haunting desire to belong.” In a three card monte-style routine with red solo cups and a single metal spike, he noted the opposing potentials within people.

Hands, he said, are capable of both the sublime and the violent.

He then shrugged off the thought and smashed his and

an audience member’s hands down onto the cups in a game of Russian roulette.

Multiple effects relied on the appearance and disappearance of letters—mostly written by Lapinski, with one supposedly written by his mother. The letters framed the performance in the idea of belonging, as Lapinski brought the audience along on an imaginary plane ride and read letters from home.

I have to confess, I’m not a good judge of magic. I spent about two of my teenage years learning magic tricks. I know the basics, and I can recognize standard sleight of hand moves.

I’m no longer what magicians call a layperson. Even when I don’t know exactly how a trick is performed, it’s imaginable. It’s rare for me to see something inexplicable. But it does happen.

Any attendee of Lapinski’s show can expect to exit with a smile on their face, or at least, a warm feeling in their mind. I can, unfortunately, deduce how Lapinski performed his effects—but several of them I can only grasp loosely. For a layperson, his performance may be miraculous.

A magician ultimately seeks

for a trick to be inexplicable. The central argument of “Designing Miracles,” a well-regarded book by magician Darwin Ortiz, is that a magician should seek to produce an effect that doesn’t make the audience ask, “How do they do it?” Instead, the goal is, “How is that possible?”

It’s slight, but this marks the difference between a trick and a miracle. A trick is a matter of deception that can be explained by a magician’s actions. A miracle is just that: pure magic that a magician merely facilitated. In the ideal, the performance transcends trickery and becomes magic.

In the moments after Lapinski’s show, the audience agreed on his excellence.

“He’s totally amazing,” a woman behind me said.

“He’s a delight,” Mineva, the professor, said.

“He’s hilarious,” a man beside me said. “He’s great.”

At the very least, you can escape into a dream for just over 60 minutes. Lapinski finished with one last letter and one last piece by Chopin.

“And so with this piece,” he said, “I wish you all a good night.”

The night, indeed, was good.

What you need to know to forage sea lettuce

Learn to harvest sea lettuce for sustenance

by Chelsea Wood

Learning to forage for sustenance is a convenient and exciting way to spend a day. In Humboldt County you can find your next snack or meal on the coast or in the forest—if you know what to look for.

One easy item you can forage for is sea lettuce, an edible green algae scientifically known as *Ulva lactuca*. Sea lettuce looks similar to garden-grown lettuce, as it has ruffly, thin leaves that bunch together, forming a head.

This vibrant green algae is found along coastlines worldwide, typically in tidal zones on rocks and docks. Ollie Relfe, a British blogger and self-professed nutrition expert, says sea lettuce offers antioxidant qualities and is a great source of vitamins A, C and E, to name a few.

Sea lettuce thrives in areas with high levels of nutrients or pollutants, which makes har-

vesting for consumption depend on water quality. A bushel of sea lettuce from a remote beach is surely more pristine than a bushel harvested from the mouth of a boat harbor.

According to Capital Regional District, a Canadian governmental sustainability organization, sea lettuce is a valuable food source to numerous creatures. Grazing sea animals, including snails, amphipods and sea urchins, all rely on seaweeds like *Ulva lactuca* to provide nutrients. Too much sea lettuce can inhibit the growth of other seaweeds, especially when large, floating blooms block sunlight from reaching other oceanic plants below the surface.

As sea lettuce decomposes, it releases hydrogen sulfide, a chemical compound which smells like rotten eggs. The United States Occupational Safety and Health Administration says this toxic gas can be harmful to humans and animals alike, and can even be deadly in high amounts.

When foraging for anything, it's important to take only as much as you need. Harvest-



Sea lettuce attached to a rock at Luffenholtz State Beach on Feb. 15. Photo by Chelsea Wood

ing sea lettuce is no different. However, foraging for sea lettuce can help reduce its decomposition and subsequent toxic contamination.

It's important to verify the safety of any body of water you plan on foraging in. You can do so by checking local biotoxin warnings. During hotter months, steer clear of consuming coastal collections due to

potential red tide contamination.

You don't need a fishing license to recreationally collect seaweed in California. The daily limit is 10 pounds of wet seaweed, and you must carry a scale with you to ensure you're within regulation standards.

To collect sea lettuce, one needs a sharp knife and a bucket. Only harvest bushels that

are large enough to leave some behind after collecting. Be sure to leave a good amount to ensure you don't affect the holdfast of a sea lettuce head so the algae can grow back next time.

Before heading out to the coast to collect sea lettuce, check local regulations and make sure you aren't harvesting on protected land.

FUNGI

FROM PAGE 1

Madison Lalica is a junior botany major researching ancient fungi in fossilized plants over 400 million years old. She is filling in the blanks of the fungi fossil record with her unique research.

"Given their importance in current ecosystems, I support [that fungi] must have had such a fundamental role in ancient ecosystems," Lalica said. "And that is what I'm trying to prove with fossil research."

Lalica said she had the privilege to work with a huge box of rocks on loan from the Smithsonian Museum filled with fossilized plants. The fossils came to Humboldt State University by way of the Smithsonian, but they were collected in the 1960s by a paleo botanist named Francis Huber at a rock formation called Battery Point in Canada.



Lalica looks at a fossil specimen from the Battery Point Formation in Tomescu's lab Feb. 25. She uses a dissecting microscope to decide what part of the specimen she wants to process before going in for closer inspection. Photo by Collin Slavey

all those millennia ago, their form was preserved as the sediment solidified over millions of years. The fine particles, though, essentially printed the fossils in high resolution with so much detail that Lalica found what she was looking for: ancient fungi.

Lalica is scanning and investigating these plant fossils for any evidence of fungal material. Spores, fungal tendrils called hyphae and scars from fungal infection are some indicators she has found. Specifically, Lalica is working on identifying the fungi glomeromycota, a fungal group intimately symbiotic with plants today. She wants to learn how similar the ancient fungi are to modern fungi.

"The plant and animal fossil record is really well understood," Lalica said. "Like they have a pretty clear timeline of 'This happened and then this

happened,' but for fungi it is so sparse and incomplete that they have no idea what goes before what."

Lalica's faculty advisor Alexandru "Mihai" Tomescu has made it his life's work to figure out what goes before what. Tomescu explained that exploring the fossil record is important because fossils offer us the only way to look directly into life in the past.

Tomescu was Lalica's botany professor before she had switched majors, but she said she fell in love with the world of paleobotany after his instruction. Showing interest in the subject, Lalica took the opportunity to begin her own research as soon as Tomescu offered her the chance.

"Why do you want to know about extinct life, then, one might ask," Tomescu said. "And to be honest, it is a pretty philosophical pursuit I guess.

In the most direct sense, learning about extinct lifeforms helps us understand how the living lifeforms that we see around today evolved."

The 400 million year old specimens are interesting to Tomescu and his team of researchers because the plants themselves represent the first wave of vascular plants, or plants that move water through special tissues, that evolved on Earth. Vascular plants constitute nearly every modern land plant, so these ancestors are significant. Fungi, too, are significant to life on Earth and may have been part of its foundation.

"Fungi are probably, almost certainly I think, older than actual plants," Tomescu said. "Fungi are a lot older. But because they're just hyphae, since they're flimsy, their fossil record is not that great."

Tomescu has been recruit-

ing undergraduate students to research these fossils in his lab. Tomescu explained that HSU hosts a botany program that attracts a lot of students, but also that the students are enthusiastic to participate in research. He said HSU has students who are interested in the grey areas. Lalica was one of those students.

Moving forward, Tomescu and Lalica are preparing to publish a paper about her year-long investigation into the fossils. This summer, she is presenting her research at the Botanical Society of America's annual conference.

"It seems like in Humboldt opportunities are like, if you talk to the right person or if you become friends with the right person, it just kinda happens," Lalica said, "And it just so happened that I fell into the world of paleobotany."

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Remembering Evelyn: a ray of sunshine in Humboldt



Photo by Thomas Lal

Members of the community rally to celebrate the life of Evelyn Andrews

by Thomas Lal

When Evelyn Andrews came to Humboldt State University, she had already beaten cancer once. In her senior year of high school, Andrews successfully fought off lymphoma and made the decision to red-shirt her freshman year to recover fully. She expected to be back on the field for her sophomore season.

Things changed in late September when a bad hop at practice hit Andrews in the face, causing continuous bleeding. After spending time at Mad River Hospital, Andrews went to University of California, Davis, where she was diagnosed with acute myelogenous leukemia.

Andrews underwent chemo treatment and beat leukemia. Following the treatment, she went back to the hospital for 10 days due to a blood infection that caused additional blood clots throughout her body. An-

draws died after being taken off life support Feb. 17.

Roommate and teammate Morgan Brant took Andrews to the hospital after the injury at practice and knew her since they were both 12 years old.

“It crushed her to redshirt her freshman year,” Brant said. “She was just the type of person to put her head down and work and to get the job done. She was always there. She gave you the brutal truth even if you didn’t want to hear it. But you then found out that it was coming from a place of love and a place of compassion. She wanted the best for everybody.”

Brant said that this was even more clear knowing Andrews off the field.

“She would just go into a room and light it up,” Brant said. “She had the best sense of humor. She had the best smile and she was just like everybody has said, like a ray of sunshine. She really held a lot of love for everybody in her heart.”

One thing Andrews brought to the team that has been embraced by the whole organization has been a ‘Don’t Suck’ mentality. Brant said this is something that originally came from Andrews’ family and spread to the rest of the team.

“It was kind of like a thing that they said when she was struggling at bat,” Brant said. “She said it to Shelli one time and it just kind of became her thing. It was her thing since she was little kid and it just kind of stuck with the team and it showed that brutal honesty. Don’t suck as a person, don’t suck as a player and then you’re going to be successful.”

Head Softball Coach Shelli Sarchett said the ‘Don’t Suck’ mentality has really been accepted by the whole team, especially when Andrews began cancer treatment for the second time.

“Once this happened to her we adopted it as a team,” Sarchett said. “It doesn’t mean don’t suck, don’t be afraid to lose. It just means go out there and give your best. And even if your best isn’t good enough at that time, doesn’t mean that you did wrong.”

As her coach, Sarchett also observed Andrew’s ability to be caring and honest with people as she interacted with her teammates.

“She was the first person to hug you when you were down and the first person to kick you in the ass when you needed it,” Sarchett said. “She was a role model pretty much and she’s a



Photo by Thomas Lal

Members of Evelyn Andrews’ family applaud after a speech at her celebration of life ceremony at Lumberjack Arena on Feb. 23.

superhero in our books. She’s a fighter and I think we could all take a little bit from Evelyn and learn about her spirit and use it to our advantage and to help us be better people.”

Another thing that stood out to Sarchett was how much Andrews cared for the people around her, whether that was her parents and brother or her teammates.

“She loved her family,” Sarchett said. “It was all about family for her. Whether it be her actual family or her softball family. She defines that sense of family, that culture that we want here when it comes to family and she’s the daughter that everybody should want. If my daughters have half the heart she does, I’ve done pretty well.”

Sarchett also said she had never been through anything like this before, but the support from Humboldt State Athletics and the softball community as a whole has been fantastic as herself and the team work through this hard time.

“It’s been amazing. The outpouring of support from not only the community but the softball community in general,” Sarchett said. “How many coaching colleagues of mine reached out to me and to my assistants. And former coaches of my players reached out and

her story has gone a long way, and we can only hope that it’s a lesson in just how to fight for things.”

Andrews never got the chance to take the field for the Lumberjacks for a game, but her memory will remain with the people she played with and interacted with during her time among the redwoods. Brant was confident that she would remember Andrews for the rest of her life on and off the field.

“I think we should remember Evelyn as a ray of sunshine,” Brant said. “We were saying it all last weekend when we played Chico. We were playing home games in February. We don’t do that here with the rain. So we really knew that she brought out that sunshine for us and she’s just this positive light and this big ball of energy. She had this beautiful smile and a beautiful mind and she was just always happy. I want people to remember that.”

Brant pointed out that Andrews wouldn’t have wanted to be remembered as a patient.

“She wasn’t a cancer patient,” Brant said. “She was someone who just fought cancer. So separating that from who she was as a person was very important to her. She was a ball of life, a ball of sunshine.”



Photo by Thomas Lal

Members of the Humboldt State softball team and other programs comfort each other at a celebration of life for Evelyn Andrews on Feb. 23.

EDITORIAL

We still need to talk about consent

Consent is crucial, but some just don't get it

by Editorial Board

Sexuality, sex awareness and sex etiquette are constantly in the spotlight, and yet, we still need to talk about consent.

Humboldt State University recently experienced a disruption in its supposed safe space when allegations arose against a faculty member by a student. The investigation into that case is ongoing. Unfortunately, violations against consent aren't limited to our own campus.

Convicted rapist Harvey Weinstein's case reveals consent still isn't understood in the modern world. Weinstein was convicted of taking advantage of and sexually assaulting multiple women.

Consent isn't complex, but its idea continues to perplex those who fail to understand its simplicity. Yes means yes, and nothing else qualifies as a confirmation unless a yes is explicitly given.

Affirmative consent needs to be practiced, not just by sexually active people, but by all people, whether or not it pertains to sexual activity. The ability to revoke consent also needs to be understood.

Consent is far from a one-and-done response. It can be withdrawn at any moment.

Even in professions where



Graphic by Chelsea Wood

one uses their body for monetary gain, the right to revoke consent at any time remains. The refusal to take further action is linked to the right to control one's body without interference from another.

Everyone is born with this right. This universal entitlement to ownership of one's body transcends all differences between individuals. All communities are entitled to their own bodies and to define consent in their own ways.

In cases where verbal consent isn't an option, written consent can suffice. Those in deaf and nonverbal communities can look to signing or reading a partner's physical signals to help prevent confusion and

facilitate mutual, nonverbal consent.

It's important to remember proper sex etiquette at all times. The following examples illustrate the ways in which consent is given and revoked:

Always ask your sexual partner if they're ready and willing to engage in a sex act, without coercion.

You should cease sexual activities when someone says "Stop" or any other iteration of "No." Expressing discomfort with an act is also a sign of hesitation, and should be considered before proceeding.

Anyone can withdraw consent at any time, even when a sex act is underway.

You should only engage in

sex when all parties involved are in a coherent headspace, without the involvement of drugs and alcohol.

Body language doesn't indicate consent to an act. Sexual arousal isn't confirmation.

Do not use your position of power to persuade someone into any type of sex act. Professors, bosses, managers and even counselors have a responsibility to conduct themselves professionally, without sexual desires or encounters.

Regardless of the circumstance, consent is crucial. One can never be too presumptive when asking about someone's comfort. You can never be too cautious when verifying consent.

OPINION

My hair is not a dress code violation

Natural hairstyles keep hair healthy and represent one's culture



Graphic by Chelsea Wood

by Alexis Parra

"You would look so pretty if you straightened your hair," is something I heard a lot growing up. So much so that for two years I straightened my hair everyday. It took three years of haircuts and deep conditioning treatments to get my hair back to normal.

That comment along with others like, "Your hair gets in the way," seem small but take a toll on an individual's self esteem. A lot of care goes into textured hair. Someone tearing it down hurts.

"It's discouraging to know that there are not a lot of people that like or can handle your

hair," Humboldt State University student Dimitri Mark said.

There are still some schools in the United States that ban natural hairstyles such as braids or dreadlocks because they violate dress codes. I'm not sure how they violate dress codes—these hairstyles keep your hair back and can even keep your hair healthy.

In 2018, a video surfaced on the internet of a 16-year-old boy crying as his dreadlocks were cut off for him to participate in his wrestling match—it was either that or forfeit.

Girls have also been suspended, sent home or given detention in Boston, Atlanta and Terrytown, Louisiana for

their hairstyles.

At the 2015 Oscars, Zendaya sported dreadlocks to go with her hairstyle. Giuliana Rancic, a host on "Fashion Police," wasn't a fan of Zendaya's locks, which she said smelled "like patchouli oil and weed." This comment almost led to the end of Rancic's career. Rancic's prejudiced words hurt, and they caused a riot against her.

The reason natural hairstyles such as big curly hair, afros, dreadlocks, braids and twists are a problem is because they're considered dirty. Things like accents are considered dirty too, unless they're coming from a blue-eyed,

white boy. Many places in Africa, Italy, and Greece once considered braids to be a sign of wealth. Braid-making hairdressers were worshiped and highly trusted.

It's understandable why schools have certain dress codes, but hair shouldn't be part of them. If a school said I had to have my hair in a ponytail everyday, I'd probably fight it everyday and then get kicked out. Hair comes in many different textures, lengths and colors, and should always be taken care of and accepted. Hair doesn't get in the way. Get over it and stop trying to pick on people of color.

ASK

EVERGREEN

RESPECTFUL

REJECTOR

Dear Evergreen,

How do I learn to say no?

Dear Respectful Rejector,

Sometimes it's hard to say no for fear of disappointing someone or seeming incapable of accomplishing a task. But saying no is a healthy way to protect yourself from unwanted stress. There are a few ways you can retrain yourself to accept the art of rejecting.

You shouldn't feel ashamed to say no, no matter the question. You don't have to please everyone, so don't worry about letting someone down. You aren't being selfish by declining a request. You're being self-considerate.

Have a solid reason for why you can't agree to do something. We all experience apathy from time to time, but don't let laziness be the cop-out for stepping away from an activity. Maybe you've spread yourself too thin and just need a chance to collect your thoughts. Remember to not overbook yourself by agreeing to things before recognizing the reality of your limited time and energy.

It's important to set boundaries when it comes to limiting your willingness to participate in activities you'd rather not do or don't have the time for. Express your discomfort at a request. Maybe you don't feel safe doing a task, or the person asking for assistance doesn't truly appreciate you for your work. It's okay to put yourself first.

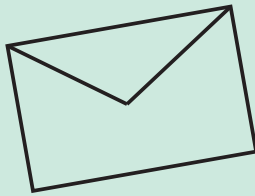
Don't let people take advantage of you for favors, and don't let people continue to do so just because you've agreed upon things in the past. Be kind and assertive with your decline, and make sure they understand how they're making you feel obligated.

Always remember you have the power to say yes or no to whatever you choose. Anyone who undermines your decisions or tries to convince you otherwise is a manipulative force who shouldn't be allowed to deviate your conclusions.

No, you can!

Sincerely,

Evergreen



Send questions to:
contactthejack@gmail.com



WEEKLY CALENDAR

<p>Thurs. 2/27</p> <p>Clothing Swap</p> <p>Time: 10 a.m. - 2 p.m. Where: Art Quad Description: Recycle lightly-worn clothing and bring home new-to-you threads. You don't need to bring clothes to take clothes home.</p> <p>Open to all students.</p> <p>Well-being & Stress Management w/ Brain Booth</p> <p>Time: 2 - 3 p.m. Where: Library 201 Description: The Library Brain Booth is an informal, experimental space to learn about the mind body connection and optimize learning, recognizing and addressing the need for mindfulness and reflection in our society.</p> <p>Learn to mitigate stress and focus on self-care.</p>	<p>Fri. 2/28</p> <p>Swing Dance Lesson</p> <p>Time: 12 - 1 p.m. Where: UC Quad Description: Swing lessons in preparation for the Hepcat Ball on Feb. 29.</p> <p>Learn the history of swing and some key moves.</p> <p>Womxn of Color Appreciation Night</p> <p>Time: 6 - 8 p.m. Where: John Van Duzer Theatre Description: Guest speaker, Modi, will facilitate a conversation aimed at "validating the lived experiences of women of color and empowering them to practice feminism in a way that speaks true to their identities, backgrounds and political beliefs."</p> <p>Tickets are free and available at UC Ticket Office.</p>	<p>Sat. 2/29</p> <p>Wildlife Tracking Workshop</p> <p>Time: 9 a.m. - 4:30 p.m. Where: Natural History Museum 107 Description: Join mountain lion biologist and senior tracker, Phil Johnston, in the field to look at the signs our local wildlife leaves behind.</p> <p>Students \$15 General \$25</p> <p>Artists Dismantling Capitalism</p> <p>Time: 9 a.m. - 5:30 p.m. Where: Arcata Creamery District Description: 16 participatory workshops will be facilitated by artists, community members and others. Vegan lunch is included and child care will be provided upon request.</p> <p>Donations appreciated but not required.</p>
<p>Sun. 3/1</p> <p>Discovery Sail</p> <p>Time: 10 a.m. - 1 p.m. Where: Humboldt Bay Aquatic Center Description: This program allows participants to discover the excitement of sailing a small vessel, using sailing lingo, a stronger understanding of wind orientation, water safety and boating basics. Please register by Feb. 27.</p> <p>Students \$55 General \$70</p> <p>Basketball Drop-in</p> <p>Time: 11 a.m. - 1 p.m. Where: West Gym Description: Bring your student ID to play for free. All others pay \$2 per visit or can buy a pass online.</p>	<p>Mon. 3/2</p> <p>Sanctuary Cities: The Politics of Refuge</p> <p>Time: 5:30 - 7 p.m. Where: Siemens Hall 108 Description: Loren Collingwood explores the history and religious roots of sanctuary policies. Collingwood examines how the media frames these policies, the predictors of public support or opposition and the effects on crime. Particular attention is paid to the Humboldt County Measure K sanctuary vote.</p> <p>Mother-Earth/Mothership Art Show</p> <p>Time: 6 -8 p.m. Where: Arcata Playhouse Description: A collection of artworks created by our local community. The application is open to all ages and mediums. Work will be hung for the duration of the Womxn's Festival.</p>	<p>Tues. 3/3</p> <p>"How Do I Become a Guide?"</p> <p>Time: 6 -7 p.m. Where: Rec & Wellness Center Room 124 Description: Learn about topics such as certifications, guide responsibilities and different pathways for you to become a guide for free.</p> <p>Social Justice Summit Speaker: Abby Abinanti</p> <p>Time: 5 p.m. Where: Kate Buchanan Room Description: Abby Abinanti, Yurok Chief Judge and an enrolled Yurok Tribal member. She was the first Californian tribal woman to be admitted to the State Bar on California. Abinanti will speak on creating justice by implementing change.</p>



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HSU Community Comics



By: Phoebe Hughes

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