WEDNESDAY, OCTOBER 21, 2020 | VOL. 117 NO. 8

IGENOUS FOOD SOVEREIGNTY Local food managment practices of the Tolowa Dee-ni', Yurok and other Indigenous peoples by Walker B. True SEE FOOD + PAGE 7

Norene Darnell and Tsinte Steinruck drying smelt on beach grasses.

Photo by Cynthia Ford

COVID-19 isolation increases domestic violence

by Shawn Leon

COVID-19 social distancing has increased the demand on local domestic violence services according to some professionals in the field.

Locally a 27-year-old Asian woman was forced into a car at gun point in Fieldbrook, seven miles north of Arcata, on Aug. 4, and returned safe after the suspect, a 43-year-old George Rose, previously known to the victim, turned himself in after fleeing the state to Oregon.

In nearby Mendocino, Khadijah Britton, a member of the Round Valley Indian Tribes, was forced into a car at gun point on Feb. 7 2018, allegedly by her ex-boyfriend. Britton is still missing and there is a \$50,000 reward for information on her location.

Stephanie Weldon, Humboldt State University social work masters graduate and Yurok Tribe member, was the director of the Yurok Tribe Department of Health and Human Services until August and currently is a consultant for state and federal agencies on tribal social services.

Weldon said the tribe received increased calls related to domestic violence as the shelter in place orders went into place in March, and she has heard anecdotes from clients regarding the challenges that COVID-19 places on an already underserved population of victims.



"Rape culture is very alive and well on [HSU] campus."

-Brenda Bishop, executive director of Humboldt Domestic Violence Services

Brenda Bishop, executive director of Humboldt Domestic Violence Services, and HSU alumna, said "Rape culture is very alive and well on [HSU] campus." The HDVS runs a 24/7 emergency do-

mestic violence hotline which has had a reduction in the number of calls.

Bishop said she suspects this is related to the difficulty for victims to make personal phone calls for help

while living in close quarters with their

Bishop does not believe the reduced number of calls reflects a reduction in domestic violence incidents, and in fact may indicate victims are in increased danger.

Bishop said domestic violence includes intimate partner sexual violence and sex trafficking which may start as intimate partner violence.

"We see a lot of HSU women that get involved in trafficking as well," Bishop said. Usually this occurs through intimate partner violence with non-students, but sometimes with other students as well.

Lundy Bancroft, author of an Amazon bestseller, "Why Does He Do That? Inside the Minds of Angry and Controlling Men," said in an abuser's mind everything is about winning and losing and the woman is not seen as having equal rights, her purpose is to satisfy his needs.

Abusive partners can be even more violent when victims try and leave, or immediately after they leave.

"The attitude abusers exhibit in this type of violence when women attempt to leave their partners is, 'she must have to pay for my unhappiness," Bancroft said.

About double the number of women were killed by current or ex-male partners than US soldiers died in Iraq and Afghanistan between 2001 and 2012,

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THE **LUMBERJACK**

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The Lumberiack is a studentrun newspaper that reports on the campus and community. We strive to report with accuracy, honesty and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate. Views and contents of The Lumberjack are those of the author and not those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Advertising material is published for informational purposes and is not an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

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CDOR continues virtually

The Campus and Community Dialogue on Race returns covering global justice for Black lives

by Mikayla Moore Bastide

The theme for this year's Campus and Community Dialogue on Race will be "Global Justice for Black Lives: Examining the Past and Reimagining the Future." Two guest speakers will present at the end of October and a keynote speaker will be introduced at the beginning of November. This event provides students, staff, faculty and community members a safe space to discuss race.

The events will take place on Zoom and instead of lasting a week, there will be talks and workshops taking place for two weeks from Oct. 26-Nov. 7.

Featured speakers will be on Zoom and will be viewed webinar style, meaning the audience will not be able to view all other attendees, just the speaker.

CDOR has been holding annual events since 1998 and has grown exponentially since then. CDOR gives attendees the opportunity to participate in workshops, have those important discussions and listen to keynote speakers.

Claudia Rankine is the featured keynote speaker for this years' CDOR event. She will be participating in two student engagements. The first will be a book talk at 11 a.m. for her new book "Just Us." Next, is her keynote event taking place in the afternoon at 2 p.m. for "Citizen: An American Lyric," a book loaded with poetry and media that questions racial politics.

Rankine's talk will take place on Nov. 7 conveniently after the elec-

Corrina Wells, the program coordinator for the Developing Hispanic Serving Institution (DHSI) grant program, explained that Rankine makes these questions about the topic available for her readers.

"What's really powerful about the book is that she, as a Black woman, is making [racial politics] visible for all of her readers," Wells said.

"Ross really focuses on higher education and the ways that racism is perpetuated in institutions of higher education"

- Corrina Wells, proram coordinator for DHSI

They added that Rankine makes relatable content for BIPOC and educational content for non-BIPOC.

The keynote event will also touch on Rankine's process of writing and creating "Citizen," a book-length poem about race in America.

Lawrence Ross will be holding a virtual talk Mon., Oct. 26 speaking on the politics of race in American colleges. This will be a follow-up on the talk he had earlier this year in February addressing campus racism.

Ross will be referencing his book, "Blackballed: The Black and White Politics of Race on American Campuses." The book exposes the racist practices prevalent in university politics that targets and distances students of color from engagement.

"Ross really focuses on higher education and the ways that racism is perpetuated in institutions of higher education," Wells said.

Ross' talk from earlier this year in February is available on the CDOR website on the welcome page.

Bettina Love, Ph.D, will be pre-

senting during the "So You Want To Teach" series all day and cover various aspects regarding white supremacy, incarceration, and abolition on Tues., Oct. 27.

Douglas Smith, the African American Center for Academic Excellence Coordinator, explains that Love's talk is about restoring humanity for children in schools.

Love will be incorporating her new book, "We Want To Do More Than Survive" in her talk.

"Dr. Love focuses on K-12, the overall education industrial complex and the ways that racism happens there," Wells said

CDOR is also a class that gives students credit for helping plan and participate in the events. Indigo Eden, a CDOR peer mentor, expressed great appreciation for this year's event planning.

"I give so much respect to the planning committee and everyone involved," Eden said.

Registration is open and required for all featured speakers and sessions.

Residence Advisors struggle to keep dorm life normal

Due to the transition to online campus life is lonelier than ever this semester

by Ivan Ramirez

Social distancing policies forces Resident Advisors to rely on tools like social media and video-chatting to stay in touch with students. To make up for the lack of in-person events, housing is putting on several Grab-N-Go programs this semester, where students pick up supplies and participate in door decorating competitions from the safety of their dorms.

Generally speaking, RA responsibilities include daily room and floor rounds, enforcing housing policies and providing connections to resources for students in their building.

Stephen St. Onge is the associate vice president for student success at HSU. According to Onge, the RA job responsibilities have not changed, besides the move to online.

The most notable impact of the pandemic on RAs has been on the ability to encourage students to engage with the campus community.

"They are still doing outreach to their residents virtually," Onge said. "They are still doing duty rounds, the programming, they are just doing it a little bit differently."

Victor Garcia Balderas is a second year RA. Balderas feels the blackouts of last fall and the transition to online in the spring has prepared him as an

"Because it is my second year as an RA, I feel I have a grasp of how things work," Balderas said. "I'm flexible and have been hit with so many random events like last year when we had the blackouts."

Last semester, Balderas worked with new students. In contrast, this semester he works with returning and transfer students. Balderas says these students tend to already have established their own communities, making engagement much more challenging.

Director of Residence Life Donyet King believes engaging with students during a pandemic just requires some outside of the box thinking.

"We have to get really creative about it," King said. "Initially when programs were held online, people were still adjusting to the pandemic."

Despite the efforts of housing to fabricate a sense of normality, the single occupancy policy, while necessary, generates an unavoidable sense of isolation for dorm students.

"I've gotten lonely and a little bit sad," Balderas said. "I feel like I am alone."

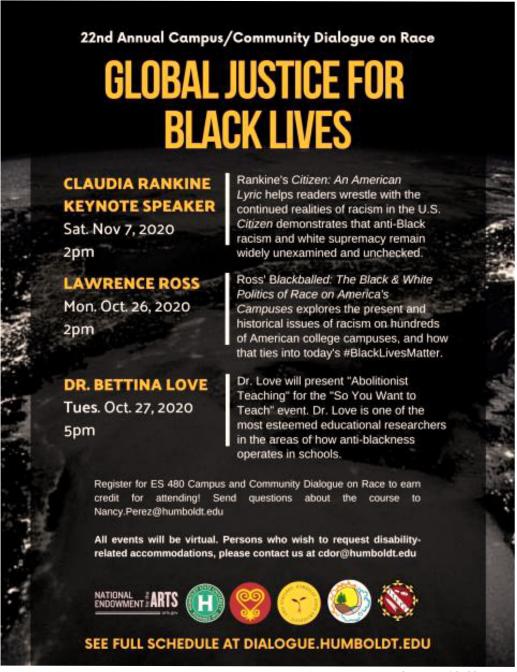


Photo provided by CDOR

VIOLENCE

FROM PAGE 1

11,766 and 6,488 respectively, according to a report by the Huffington Post.

Police historically do not treat domestic violence as a crime but as a private matter meaning many incidents are not reported. Victims have expressed that they feel their reports are not taken seriously by police.

Entrenched sexist bias is compounded by race. Weldon said, "You can't talk about trauma without talking about race. How can you talk about a mission to wipe [Native American] people out, without talking about the impact that has had on those communities?"

The structure of tribal police, which rely on US police to cross-deputize the force and certify criminal charge procedures, aren't able to collect tax revenue that could improve investigative work.

"You go from no response and no intervention to overreaction where a ton of [non-tribal] law enforcement shows up because it's a known family name," Weldon said.

According to the Institute For Women's Policy Research, Black women are two and a half times more likely to be murdered by men than their White counterparts.

Meanwhile, according to the study "Race and the Likelihood of Intimate Partner Violence Arrest and Dual Arrest," non-white female victims of intimate partner violence are less likely to have their perpetrators arrested by police.

Guns in the home increase the deadliness of domestic violence incidents. According to Giffords Law Center, "Guns kept in the home are more likely to be involved in a fatal or nonfatal unintentional shooting, criminal assault or suicide attempt than to be used to injure or kill in self-defense. Rather than conferring protection, guns in the home are associated with an increased risk of homicide by a family member or intimate acquaintance."

Bishop encouraged victims to call the 24/7 hour HDVS hotline for resources and emergency help.

Bishop believes the most important thing for people in domestic violence situations is to feel supported and hear affirmation.

"We believe you," Bishop said. "And the longer you've been in abusive relationships the harder it is to make that call."

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|--|---|---|------------------------|--------------------------|---|--|--|
| 9/29 | 9/30 5:23 p.m. | 10/1 6:13 p.m. | 10/2 3:03 p.m. | 10/5 12 p.m. | 10/7 | 10/8 5 p.m. | |
| Admin send out SJSU email to athletics, emergency op- erations, staff, etc. | HSU sends school-wide email about hosting SJSU | HSU sends school-wide email about hosting SJSU | SJSU arrives at HSU | SJSU press conference | LJ publishes editorial and "Spartans arrive at HSU despite campus con- cerns" (article | LJ publishes editorial and article #1 goes online | |

LETTER TO EDITOR

Editor,

There are some issues of context and accuracy in the recent story about SJSU and HSU Athletics (<u>HSU Athletics Department left in dark about SJSU</u>, Thomas Lal, Oct. 15). This headline is not an accurate description of events or the conversation that took place regarding SJSU's arrival to campus.

Athletics Director Jane Teixeira's quote was taken out of context. The follow-up clarification that occurred in the same interview was ignored and was not reflected in the article, leading to the headline and story being wrong. Athletics was NOT "in the dark" about the plans. I have included a transcript of the conversation, taken from the zoom recording, which clarifies that there was discussion about dates and the shared planning that happened before notice went out to campus.

Athletics leadership, along with leadership from the divisions, was notified of the plans to support SJSU on the afternoon of Tuesday, Sept. 29. The campus community as a whole was notified Wednesday, Sept. 30 around 5:30 p.m.

While this all happened quickly, there was collaboration across campus. The leadership in Athletics and in other areas of campus were fully aware and involved in planning BEFORE the general campus and community were notified, unlike what was reported. Correcting this discrepancy is very important to the accuracy of this article.

Thanks to the cross divisional collaboration and leadership, SJSU was able to safely conduct practices on campus. Three tests--one prior to SJSU's arrival and two administered here-returned zero positive cases. In addition, it is important to note that there are currently ZERO known active cases among HSU students.

We remain committed to assisting sister campuses and their students when we are able, while maintaining safety and operations at HSU. I would like to share that, in a similar way, SJSU recently housed UC Santa Cruz students displaced by fires. The needs and aspirations of students--in this community and beyond--are worthy of support.

Frank Whitlatch

Vice President, University Advancement

Portion of transcript from Zoom meeting

- Thomas
- 03:13

For sure. And could you speak a little bit more to the involvement of the Chancellor's Office and the decision you reached out to by San Jose State first or was it the chancellor's office or how did that kind of

- 03:23Have to like get
- 03:25I guess the first information that this was
- Jane
- 03:27 I got the same information at the same time that everybody else got the information on campus so
 - Thomas
- 03:32 Just to clarify that would be I think that was the 30th. Correct.
 - Jane
 - 03:36 I don't remember the dates Christie, remember the date.
 - Cris
 - 03:39 Last Tuesday. And the day is when I'm
 - 03:44 Staff found out
 - Jane

- 03:48My days run together so
- Thomas
- 03:49Yeah yeah you know
- Cris
- 03:51It was
- 03:52 It was at the end of the day, on Tuesday. So by the time we really had an opportunity to get together, start talking about what that meant it was Wednesday for saying right out the gate.
 - Thomas
- 04:04 Okay. And was it. So was it the chancellors office that notified you or was it President Jackson, or how did that kind of just, you just get the email basically had to figure it out from there. I'm just going to clear that up a little bit.
 - Jane
- 04:15 Yeah, I was told, like the rest of the staff and institution was told through various channels between the president's office and campus leadership.
 - 04:26 Okay, for sure.

EDITORIAL RESPONSE

HSU admin attempts to discredit the Lumberjack

Insensitive communications between Humboldt State University administration and student newspaper, the Lumberjack, includes inaccurate accusations and degradation comments directed at the LJ's reputation.

A Lumberjack editorial represents both the majority opinion of the student newspaper's editorial board, nine editors, as well as the overwhelming majority of Humboldt State University's student body. Collectively, an editorial echos, embodies and advocates for community beliefs.

In a letter submitted to the Lumberjack's editorial board for publication, Vice President Frank Whitlatch claims the student-paper intentionally printed false information. The letter targets four specific points within the article, "HSU Athletics Department left in dark about SJSU," by Sports Editor Thomas Lal, published in print on Wed., Oct. 7 and online the following day.

According to Whitlatch, the four issues within Lal's article include accuracy, context, claims of purposeful ignorance towards follow-up quotations and headline language.

Whitlatch's claim that Jane Teixeira, HSU's athletic director, was misquoted in regards to the Athletics department's knowledge of San Jose State University's arrival is completely inaccurate. The second paragraph of Lal's article clearly states HSU Athletics was notified late Tues., Sept. 29.

"With the notice coming late on Sept. 29, the first chance that the department had to discuss matters was the following day with the Spartans roughly 24 hours away," Lal wrote in his article.

The information reported in Lal's article directly matches the information stated in Whitlatch's letter to the editor. There is no inaccuracy. Lal, in fact, did not ignore the information as the letter suggests. Whitlatch attempts to use this baseless claim to delegitimize the entire article.

While the letter states HSU Athletics was not in the dark about the team arriving, our editorial staff does not believe a few hours of advanced notice would significantly impact the department's ability to prepare for the team's

Whitlatch attached transcripts from Lal's meeting with Teixeira in his letter claiming the Lumberjack ignored context surrounding Teixeira's quote. Cris Jones Koczera, emergency management coordinator, however, further supported the information reported in Lal's article.

"It was at the end of the day, on Tuesday [when they found out]," Koczera said in the interview with Lal. "So, by the time we really had an opportunity to get together, start talking about what that meant it was Wednesday first thing, right out the gate."

In a Zoom meeting with the Lumberjack editorial staff on Thurs., Oct. 15, Grant Scott-Goforth, HSU's communications specialist, echoed Koczera's statements that SJSU's arrival at HSU was in fact a last-minute affair.

"The Athletics Directors and our emergency operations team and myself I think found out several hours before the rest of the campus did," Scott-Goforth said. "So, that was a scramble. I mean, that was a huge scramble."

In addition to Scott-Goforth's confirmation, he claimed the diction used



in the Lumberjack's editorial, "Humboldt State administration cash in at student expense," was strong, misleading and accusatory language that promoted a Humboldt brand of xenophobic behavior towards students from big cities by stating SJSU was stealing HSU student resources.

"I just felt that was a little bit misleading because again you know this is a decision that's made by the President's versus the student athletes who are coming here so they could practice but it wasn't exactly their choice," Scott-Goforth said. "I grew up in Humboldt County and I feel there's this weird kind of specific Humboldt County brand of xenophobia that I see over and over again, and often is about HSU students coming from the big cities and it's a scary thing."

Humboldt County Department of Health and Human Services was not advised prior to SJSU's arrival, the Lumberjack was purely reacting to student and community concern regarding health endangerment in the midst of a pandemic, not due to SJSU coming from a more populous county.

news organization. We have enjoyed a healthy, working relationship with the HSU Athletics Department and did not purposefully ignore facts provided in an interview. Implying that we would attempt to mislead our readers is entirely incorrect and harmful to the reputation of this publication and its reporters.

Through a very complex set of circumstances, the Lumberjack has aimed to provide the most accurate information available to students and the community while working with Athletics to obtain that information.

As a part of the California State University system, Humboldt State is subject to the same rules and limitations as other public universities. This includes court cases that set a precedent for the protection of student produced media under the First and Fourteenth Amendments.

By publishing your letter to the editor, we have maintained our position as a public forum by allowing a fair and open space for all to voice their opin-

While the Lumberjack may receive The Lumberjack is an independent funding from the university, like many

student-run programs on this campus, Bazaar v. Fortune, 489 F.2d 225 (5th Cir. 1973) ruled this does not grant the administration the right nor the permission to control the contents of the campus paper.

In addition, Tinker v. Des Moines Independent Community School District 393 U.S. 503 (1969) ruled that actions of censorship cannot be taken against a paper for content unless the school can prove the content would "materially and substantially interfere" with operations.

Like any other publication, the Lumberjack is protected as a member of the free press. Our duty is to serve the interests of our students and surrounding community by informing them with timely and accurately reported information. While the HSU administration may take issue with our editorial, we stand by our position and how it accurately represents the voices of HSU's student body.

We will not be retracting our story and will continue to support the efforts our reporters make to ensure the voices of the student press on this campus are not silenced, censored or intimidated.

COVID-19 hits student parents with a hurricane of obligation

Humboldt State students with children carry the weight of multiple educations this semester

by Dakota Cox

Carrie Tully is a single mother in the graduate program at Humboldt State University. Having completed all of her course work in the spring, Tully holds down two jobs and assists in her daughter's education while completing her own graduate thesis.

"I haven't been doing very much thesis work at all," Tully said. "Things are really not going as according to what I thought my plan was gonna be when I entered grad-school."

Tully's daughter attended pre-school last year through HSU's Children Center. This year, she's attending Fuente Nueva Charter School where all of her instruction is online.

"It's hard for her, it's hard for me, of course. Children her age need socialization and that's mainly what they are supposed to be doing in school right now," Tully said. "It's really nearly impossible for them to do that via Zoom."

Beyond her daughter's quality of education, Tully is stressed about her daughter's emotional education suffer-

"I don't have the financial or mental ability to be able to be 100 percent present for her all the time," Tully said. "That's the hardest part. She needs attention, I need space to do good work and it clashes."



Graphic by Dakota Cox

Between Tully's two jobs, her thesis project and playing a leadership role in HSU's food sovereignty lab project, she spends the majority of her day in Zoom meetings. After a full day, Tully has little energy to give her daughter and she is usually greeted with an explosion of

"Cars, toys, cards, books, stuffed animals everywhere," Tully said. "That's when parents have mini-panic attacks. Like, I've been on Zoom all day long and I just need to take a break and sit down but I can't because my couch is covered

Tully said the lack of personal space in constantly being around each other also proves challenging at times.

said. "You need to be able to be apart in order to really appreciate that love."

Between managing work and her daughter's progress in school, Tully has had to sacrifice a great deal of time she originally planned to spend on her thesis.

"To me, the most important thing that I need to be focused on right now is my child's education," Tully said. "Because I'm in my mid thirties and I have my education. I have my career things that I'm working on. I can go with the flow.'

Sayde Mendes is a business major and mother of three children, ages two and a half, nine and 11. The transition to online classes, on top of parenting "Just like any relationship," Tully responsibilities and pursuing her own

education, Mendes in addition has to provide an education for her children.

"No matter how much teachers try and how much they do," Mendes said. "There's still quite a hefty reliance upon parents."

In her senior year of high school, Mendes was date-rapped and suffered a brain injury when she was rehydrated too rapidly at the hospital. The injury caused her to lose control of her motor skills and forced her to relearn all functions virtually. Mendes also suffers an intellectual disability, impairing her power to both pursue her own education and her children's.

Mendes' husband spends majority of his waking hours at work, leaving her with little time and energy to complete her own responsibilities like work, school and providing for her children.

"I feel like I have to kind of push them away sometimes, because I need to be present for my class," Mendes said.

While HSU only offers tutoring to students and not their children, the Childcare Center continues offering its services to student parents five days a week at approximately 50 percent capacity, to meet COVID-19 protocols.

Grants are available to students whose incomes qualify for reduced or no cost for childcare, through California's Early Head Start program.

According to Director Steve St. Onge the most challenging part of operating during the pandemic is keeping the children in line with regulations.

"I gotta tell you, having a two and three year old wear masks is not easy," Onge said.

Onge's daughter attends kindergarten two days a week for two hours, leaving him as the majority role in his child's education this year.

"I think I would speak for many of us parents of children in school that are also working," Onge said. "Our days start earlier and end later. We're still getting the job done, it's just taking us a lot longer to do it."

Arcata Plaza hosts a Halloween car parade

by Becca Laurenson

Arcata has adapted to COVID-19 guidelines in order to host a Spooky Plaza car parade in support of a social distant Halloween. Arcata Main Street is a non-profit organization hosting this year's COVID-19 friendly, Halloween in Arcata Plaza.

The car parade will be hosted at Arcata Plaza on Oct. 31 from 7 to 11 p.m. All the spooky features and characters can be seen while inside the vehicle.

Each part of the inner sidewalk of the plaza will have a different theme with characters and decorations. The event was thought of in late August and planned through September.

tant and volunteer with Arcata Main Street assured people it will be safe to participate as long as community members follow guidelines and protocols.

"The event is to substitute for our usual Trick or Treat on the Plaza that gathers several thousand people over the course of several hours," Shoshanna said. "So this time we have a decorated plaza with a limited number of volunteers being characters on the plaza and then people drive around."

To discourage people from the outer sidewalks from walking over the barricades into the plaza spooky area, moni-

Rose Shoshanna Anthony a consul- been implemented to make sure the in their vehicles around the plaza." event stays in accordance with COVID-19 protocol.

> The drives starts on the corner of the Tri County bank and finishes by exiting at the Jacoby Storehouse.

> Ceva Courtemanche, board member and vice president for Arcata Main Street, stated that the non-profit organization was determined to host a Halloween event.

> "We wanted to not fully give up on Halloween but we wanted to make sure it was gonna be safe for everybody," Courtemanche said."So, we put together a plan of doing an open spooky haunted

tored volunteers and traffic control have house where participants will be driving

Lee Lazon, a volunteer for Arcata Main Street, has been working on graveyard and spider props for the haunted drive-by.

"This year has been anything but normal and this is a favorite event for a lot of people and families," Lazon said. "So, I think a lot of people are very interested just because there's an opportunity to bring back at least a little bit of normal."

For more information about the Spooky Plaza car parade visit Arcata Mainstreet.com and check out their Facebook for info on signing up to volun-

The class of 2021 scrambles to reach the finish line

by Brianne Beronilla

Mary Swisher is a senior Humboldt State University athlete and an elementary education major who's been impacted tremendously by the pandemic.

"It's honestly quite heartbreaking that this pandemic ended my collegiate career early," Swisher said. "I also haven't seen my family since coming to school in August because of the rules that Athletics has put forward."

Previously, Swisher's education involved fieldwork and equipped in-person classrooms now, classes are strictly on Zoom and involve limited interaction with others.

"All of the rules are in good meaning and are necessary," Swisher said. "But I haven't seen anyone but my roommates in months."

Madison Kiser, an HSU senior, was most worried she would miss social interaction with peers. To her surprise, Kiser is grateful for Zoom classes and the ability to interact with classmates.

"I still get to be my social butterfly self thanks to Zoom and other ways to spend time together virtually," Kiser said.

Despite her frustration, Kiser is grateful her professors have been understanding with the situation.

Danica Grier, senior softball player for HSU, had her final collegiate season cancelled after last year was cut short but is thankful for being able to complete school work on her own time and the deepened her bond with her roommates.

"I was able to go home early where I met my boyfriend," Grier said. "I was also able to get a puppy during this time since I was going to be home for the Southern California lockdown."

Alex Kandalaft, an HSU senior, stopped working when the pandemic began and made the decision to move back in with her family.

"I moved back home, which is something that I did not expect to do in my wildest dreams, my last year of college,' Kandalaft said. "It's definitely weird not being able to go out to bars on the weekends and social stuff like that but I'm making the most of it."

With the obstacles this semester has presented, Kandalaft wishes that she is

given a proper ceremony to close out the end of her college career.

"You never expect to experience your graduation in sweats, back in your hometown, watching a video recording over YouTube," Kandalaft said.

The virtual commencement for the class of 2020 sat poorly with the graduating class. As of Oct. 20, the format of

Graphic by Dakota Cox graduation for the 2021 class is undecid-

"If graduation would be online I would be really hurt," Kiser said. "I know that the pandemic is serious and we don't want any outbreaks. I think if we follow guidelines and think outside the box, we can have a rewarding in person gradua-









Photos clockwise from top left: 1. Marva Jones holding a bag of gathered acorns. Photo provided by Marva Jones. 2. Salmon & Elk meat being cooked on redwood poles in the traditional manner of the Tolowa Dee-ni'. Photo by Cynthia Ford. 3. William Bommelyn Jr. and Jaytuk Steinruck fishing for smelt along the coast. Photo by Cynthia Ford. 4. Prescribed burning in White Oak Grove. Photo by Cynthia Ford.

Editor's note: A source in this story, Cynthia Ford, is the aunt of the Lumberjack writer of this story, Walker B. True

When colonizers landed on the North American continent after their long voyage they were greeted with a land of plenty where deer roamed huge open pastures, and wild fruits and vegetables grew in plenty. Colonizers viewed this landscape as a wild, untamed, underutilized and untouched landscape of economic opportunity.

In fact, ecosystems across North America were meticulously managed by indigenous peoples across the continent. Their traditional resource management practices have come to be known as a stewardship model.

As defined by the Oglala Sioux Tribe of South Dakota in Marlon Sherman's essay Wilderness: Scared of the Sacred, the Lakota Ecology Stewardship model states that "All beings, both living and nonliving, were related in that all shared and depended on Mother Earth for survival. The Lakota believe that humans were the newest nation on Earth, and as such were instructed to learn from the older nations: the rocks, animals, and plants. Thus, natural laws and relationships were carefully observed and emulated."

Locally, the Tolowa Dee-ni' nation as well as the Yurok tribe made use of practices like prescribed burning to treat pests and to create better habitats for deer and elk to graze on. This form of management was used throughout the continent and began to die out as the land upon which they were practiced was colonized. These colonized lands were stripped of their resources and left in the hands of private landowners or The US

government who had little to no understanding or care over the complex ecological systems at play.

The stewardship model and the food practices of Indigenous people have been limited by land acquisition programs and environmental devastation since the colonizers first set foot in America. Through the fight for their food sovereignty, Indigenous people are also fighting for their tribal sovereignty.

Cynthia Boshell is a program specialist working with the Rights of Mother Earth initiative through the Northern California Tribal Court Coalition since 2015 and is continuing to do work for from the Native American Agricultural Fund to do an assessment of tribal food systems under the stress of COVID-19 and fires. This project will be performed by the Rights of Mother Earth Initiative spending the next year surveying tribal communities and their food system in order to understand how tribal food producers can be better supported to produce more for their tribe.

Boshell sees food sovereignty less as a concept and more as a vehicle and a process of bringing Indigenous communities where they want to be in regards to their food systems. Whether that be entirely relying on local indigenous food systems,

ities to the tribe, she is also the wife of a Tolowa tribe member and the mother of 3 Tolowa children who she supports with traditional foods harvested locally. These include acorns in the fall, berries in the spring, a variety of seafoods like smelt, seaweed and salmon as well as deer and

"The Tolowa people were rich, very food rich, there was a large variety and great diversity of foods year round to eat from" said Ford

For Ford, food sovereignty means having the ability to access her own healthy, and sustainable foods.

"That food security is really important for the tribe because that's the basis for making us a healthy community" said Ford.

Without the ability to access these local food sources that have, historically speaking, always been available to them, tribe members are left without access to any healthy foods.

"Our ancestral territory goes well into Oregon and covers a vast coastal area and into the Applegate watershed" Ford said. "but here right now in Smith River where our modern day reservation lies, we have the Dollar General and a fuel mart, we don't even have a grocery store."

Alongside poor access to healthy foods from local stores, traditional food practices like fishing have been impacted by commercial farming practices that threaten the smith river's estuaries with pollution from pesticides.

According to the California Water Board "The Regional Water Board's water quality monitoring documented the presence of several pesticides used in lily bulb cultivation in some of the coastal tributaries of the Smith River during storm events."

"You got your 10 acres and your mule and you're gonna harvest your land right?" Ford said. "But it doesn't work that way because what you do on your land affects what I do on my land."

"You got your 10 acres and your mule and you're gonna harvest your land right? But it doesn't work that way because what you do on your land affects what I do on my land."

-Cynthia Ford, habitat and wildlife manager for the Tolowa Dee-ni' Nation

tribal food sovereignty.

"When we are talking about food sovereignty what we are really doing is saying we are reclaiming our relationship to the foods" said Boshell "not just the foods but if you are going to reclaim your relationship to the food you also have to reclaim your relationship to the land"

In the past the The Rights of Mother Earth initiative has helped enact ordinances and other regulations in order to protect the natural resources of the tribes a part of the NCTCC (Yurok Tribe, Hoopa Valley Tribe, Karuk Tribe, Tolowa Dee-ni' Nation, Trinidad Rancheria and the Bear River Band of the Rohnerville Rancheria).

Recently, the NCTCC received a grant

or only partially, each tribe should have the agency to choose that for themselves.

"Food sovereignty is not really a native concept, it's more of a description of how we are reacting to a colonial system" said Boshell.

Cynthia Ford is a Habitat and Wildlife Manager for the Tolowa Dee-ni' Nation in Del Norte County. Her job involves educating community members, and advocating for tribal food sovereign-

"We work with agencies and partners locally, like the forest service and the parks and local landowners to help come up with strategies to protect and perpetuate our resources." said Ford.

Alongside her vocational responsibil-

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Life through the eyes of the sensational banana slug

by Elise Fero

Found in the forests of Northern California lie one of nature's strangest fascinations: The Ariliomax, or better known as the banana slug. This magnificent creature is given its name based on its vibrant yellow color, sometimes looking like a banana that's been sitting on the counter for too long.

The banana slug is quite the creature, with a coat of slime and shiny reflection of a thousand stars, and according to National Geographic it can conquer the world six and a half inches per minute. Now that's fast!

The banana slug is quite the fighter, as predators often can't handle the taste of slime. Snakes are too stupid to roll them in the dirt to neutralize them first before they strike.

Everyone has a best friend, and for the bananas, it's a plump blackberry. These are catnip for the slugs, according to my research which is simply seeing lots of them in blackberry bushes.

So why don't Californians like them in their gardens? The world may never know. It's definitely not because they eat everything...

How to be a banana slug for Halloween

A perfect costume for staying distant

by Elise Fero

It's October, which means only one thing: Halloween. While the actual holiday gets closer and closer, you've probably been contemplating your costume. A TikTok ghost? Dwight from the Office? Or the scariest of all, that essay you haven't written yet?

Put your contemplation to rest, because today your dreams are coming true. When you tell your friends about your costume, they will all be jealous. That's why we're only telling you, a reader of the Lumberjack, about this phenomenal idea.

Your costume is going to be... a banana slug! We know, we know. How exist? It may be hard, but we're here to help you through it.

The first step is to dress in all yellow, in your brightest yellow clothing, head to toe. Dye your hair yellow, wear a yellow turtleneck, yellow socks, yellow pants, yellow makeup, yellow everything. Feel free to use a banana scented perfume as well.

Then get wire and three bananas. You're going to wrap the wire in a circle around your head like a crown, then add two long wires that stick straight up and two shorter wires that lean slightly forward. Stab a banana on each of the long wires, and cut a banana in half for the two shorter wires. These are your antenna.

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Get two yellow rain jackets and put one on normally and for the other, stick your legs through where the arms should go and zip it up. Tap seran wrap to your back that leads all the way to the floor with an extra foot or so that drags behind. That is your slime.

Your slime isn't done yet though, as you need to get petroleum jelly and put it over your whole costume and body, even your hair. Really gloop that stuff on. You're trying to create the slimy mucus effect that humans were sadly born without.

Your costume is now complete, and while you may never be as perfect as a banana slug, at least you tried. Recan you, a human, disguise yourself as member to only crawl everywhere on one of the most beautiful creatures to your stomach otherwise the effect will be ruined. Make sure the gravel sticks to the petroleum jelly just like it does on slugs. Don't forget to bring extra petroleum jelly as well if you get stepped on so you can create the oozing effect.

> Lastly, just enjoy your night as safely as possible. Oh, and eat tons of banana laffy taffy.

> > **Slug Fact: Banana** slug slime is harmful to predators who have to roll the slugs in the dirt before eating them

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