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“Pristine Truth” Ecopsychology: The *Natureness* Remedy

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(A Personal Position and Legacy Article)

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Abstract

As was best seller predicted by ecological science experts in 1949, (2a) most educated people today recognize that in personal, social and environmentally hurtful ways our senselessly abused lives increasingly are breaking our world. Although no core cause or remedy for this catastrophe is known, this “Natureness” article makes both available. Sadly, by continually omitting its special “Pristine Truth,” all the knowledge in the world can’t stop modern humanity’s suicidal mismanagement of Nature’s life as it flows around and through us. (2) Instead, our present-day conquer-Nature worldview teaches us to excessively disconnect from, exploit and illegally war against Nature’s flow (4).

Introduction: This Instant is “Pristine Truth”

The United Nation’s Secretary General has declared (17—see also 12) that we are waging a suicidal war against Nature, that this conflict damages all things as it breaks our world, and that a “Green Switch” must be pulled that stops this catastrophe UN’s Website, “The State of the Planet”:

[...] there is no vaccine for the planet. Nature needs a bailout. In overcoming the pandemic, we can also avert climate cataclysm and restore our planet. This is an epic policy test. But ultimately this is a moral test. The trillions of dollars needed for COVID recovery is money that we are borrowing from future generations. Every last penny. We cannot use those resources to lock in policies that burden them with a mountain of debt on a broken planet.

It is time to flick the “green switch”. We have a chance to not simply reset the world economy but to transform it.

A sustainable economy driven by renewable energies will create new jobs, cleaner infrastructure and a resilient future.

An inclusive world will help ensure that people can enjoy better health and the full respect of their human rights, and live with dignity on a healthy planet.

I’m often chagrined by how my unifying social technology this article presents, has been divided into disconnected and competing cubbyholes that sustain the discord they attempt to remedy. I personally call and define this ongoing catastrophe “Earth Misery.” (4)

Have you ever learned, as have I, that Nature’s life-flow does not produce any garbage or undue abuse? Everything in it is attracted to support or transition into something else that supports its own and Nature’s life, so everything belongs. This means to me, and my 57 years of getting out of the woods by going into the woods, that Nature is its own “Pristine Truth” that expertly self-corrects because it is the fountainhead of authority in how its perfection works. (2)

Nature is the life of the world that is not built by humanity and it is always changing because it's always growing and flowing around and through everything, including us. For this reason, one seldom discovers the source of anything in Nature because it's always changing and it doesn't speak. However, I know I discovered the “Pristine Truth” essence of how Nature works and how it helped me recognize its remedy for Earth Misery that I’ve applied and validated for 57 years and counting. Since it's an ultimate truth, I'll describe it right here and you can be the judge by repeating what I did for yourself and trust your own experience.

Please note that the constructs and terms I use are the unique ways that I explain my established yet private/subjective experiences. I invite you to use them to “green switch” in order to unify your relations.

Ready?

Discovering Nature’s Reality

In 1946, at age 16, I dedicated myself to being an outdoor educator because it was an already successful fix for my 1936-39 childhood abuse as a left-hander. (6) That dedication led to this incident:

On an August day in 1965, a freak thunderstorm compelled me to ask the Grand Canyon Wilderness, where I was backpacking, if it was alive and how its life was different than mine. No surprise, the Wilderness said nothing because Nature’s flow doesn’t use or know words. Soon, however, the answers became obvious then, as right now, too.

"Nature can’t speak and I/humanity can.”

“If Nature dies, I’d die so Nature has to be alive.”

Without knowing it I had created what I call a personal Pristine Truth moment that anybody can repeat and let the flow of Nature’s life demonstrate that it exists and that our words are foreign to it because it’s speechless. This core fact is a key “green switch”: *that is alive and present continually so it can easily be added to anything, anywhere, anytime and correct what ails us and our broken world Earth Misery.* (12)

This article is Pristine Truth creating itself with you here, as Nature has with me. It works because it consistently creates attraction moments that let Nature teach us how to stop our abusive war with Nature’s flow around and through us, and increase well-being. It shares my decades of heartfelt Project NatureConnect methods and materials that my 54-sense contact with Nature has attracted me to create since 1965. (8)

This instant, Pristine Truth is attracting (->) your life to read further, and that is the “Green Switch” attraction to each additional word here. As a helpful reminder, I notate this attraction -> after each paragraph. *Note that it consists of all things at once and it is always wordlessly available in Natural areas, backyard or back country, or simply with your pet.* ->

This article accomplishes amazing things because it’s rooted in *the undeniable Pristine Truth that “You are reading these words here and now.”* (2c) The article grows and strengthens from this

absolute fact as it procreates itself along with us in the here and now, the Universe that modern science methods in 1970 identified as our Big Bang space-time Universe. (2a)

The Pristine Truth quote works because it's self-evident existential as was my Grand Canyon adventure. Its words accurately convey exactly what it's doing here and now so, purely, it confirms what we are attractively space-time growing and experiencing. ->

The paragraphs, above, make these very words a trustable, singular, missing anchor for the misleading, limited or conflicting stories that prevent us from, united, acting appropriately in this time of person/planet crisis instead of continuing to increase our troubles. The article achieves this goal because it is justifiably self-substantiating. For, example, it remains absolutely true this new instant that you still know it's a trustable fact that "You are reading these words right now."

In addition, now be aware that you can apply this pristine fact to anything else you do as you do it so that thing is not distorted or misleading. It is reasonable to recognize its obvious authenticity to be a United Nations Green Switch moment. ->

Pristine Truth is Self-Organizing

To achieve this article's Pristine Truth goal, I interview myself here as being a personification of Nature that Nature has taught me to be over my past, reasonable and authentic years "in the woods." In this way, as an Earth avatar, I help others live their great trustable Pristine Truth and its beneficial effects that you can use to evaluate it. (14a)

I accomplish this here because in our space-time Universe the essence and energy of all things is the same as mine or yours every instant. We are all it as part of Nature's space-time essence and how it is attracted to grow, moment by moment. (5) ->

In today's evidence-based, world view, rather than the past millennia's archaic, belief-based paradigm, since 1970 everything is known to happen, be attached and unified as one ever-growing Universal essence that I and others call Nature and I additionally call Pristine Truth in my work. (4a) ->

We will discover what happens as my interview with me progresses and you can be the best judge of its value because you are reading it and involved in it as it is growing right now. Since its words here are creating each Pristine Truth that follows them, I don't know its outcomes any better than you do based on your education and life experiences. ->

What I do know is that, via Pristine Truth, my senses have registered their origins in Nature's flow and I urge you to do the same by visiting a natural area and see if you can sense or feel Pristine Truth moment there as you read this. They will validate what you experience here as we

continue (3). A Pristine Truth moment must be available there because everything is connected and happens at once. That's how I've learned from Nature since 1936. Let's start the interview now while I'm still around. (11) ->

Letting Nature's Flow Speak its Pristine Truth for Itself

Michael J. Cohen (MJC): Hello there. Welcome, I know why you are here. As a prescribed activity in my *Natureness in Action* key article (1), I asked for the consent of an attractive natural area to send me someone to interview me for this IJE article and you were attracted to show up. Wonderful, thank you. This is exciting! You are beautiful and generous, what's your name? ->

Natural Area (NA): I'm the natural area itself that you asked. I'm the reality of what you call Nature. Now, this may sound unreal to readers here until you think hard about it. I, Nature, am the wordless life energy, the Pristine Truth that flows around and through you and everything else. This makes you and all things always connected and part of me and vice-versa. And that how I can participate in this article with these words simply because my essence is sharing them with your essence right now. That makes us kin and this article a valuable form of narcissism. (4a)->

As for my real name, I have none. ->

Your society has placed many names on me like nature, natural world, environment, ecosystem, higher power, spirit, web of life (9) and now Pristine Truth. However, I was born nameless. In fact, it is only you and the rest of humanity that has the ability to produce and attach names to me or anything as you have just done. This gift of yours did not appear until some thirteen or more billion years after the Big Bang non-verbally orgasmed me, Nature, into being matter. ->

Before that I was my nameless attraction to become matter because that was more attractive, stronger and reliable than my raw attraction energy by itself. That's why it mattered then as it also does right now if it's attractive to you. (12) ->

Here in space-time, all things are attracted to happen at once as they stream through the life of our Universe including us. That's the essence of the unified diversity that we sometimes call the web of life. Pristine Truth attraction moments are its web strands or web loves, its unifying glue. (9) ->

MJC: You have been attractive to me since as far back as I can remember, especially when I was enjoying the sun and wind and swaying high up in my backyard Sycamore tree in 1935.

NA: I remember that because that tree was me. It made me, like you, happy because as a natural area I know that your labels about me are usually hurtfully inaccurate and they abandon me because I'm wordless. Remember, without you, I'm non-verbal, not your sentences, stories and images. I'm real, not an abstraction of me. This means that as I flow through you this Pristine Truth moment, you too are real, not just the labels and stories that too often make you a cultural object that your society then enlists to war with me. ->

MJC: Wow, you must be in conflict. To say what you say right now, you are using words while you and they say you are wordless. Doesn't that bother you? ->

NA: Not at all since there is no conflict. As I mentioned I'm borrowing and using your words as I flow through you and begin your and my life's time and space right now. It's what I've done wordlessly with all things since forever, even before the Big Bang. ->

MJC: Before? Who or what were you before it? ->

NA: The same as now, including the same as you now too, this instant, for all is one. I was and am nameless Nature, my wordless attraction to justifiably begin life and love its dance into being, then and now, here, including you and me. Aren't you this instant attracted to continue to live in the next moment? Well then, so is everything else, too, including space-time itself ->

MJC: Yes, but I'm not wordless. ->

NA: True, however, I'm your inborn wordless attraction to live what some call your inner child, and attraction is the essence of love. I loved you into being along with your words, ideas and stories only about 200,000 years ago. I know this for sure because I'm conscious of what I'm attracted to attach to, that's how I know it, just as I know I'm attached to you now so your Pristine Truth ideas and words strengthen and support me.

However, sadly, to our mutual loss, what your words usually omit is that the intent or purpose of our life in common is to supportively grow life in balance every Pristine Truth moment. Isn't doing that attractive to you right now? That's Pristine Truth. I've even heard folks say "Us humans are just words on a stick." ->

MJC: That's not very nice. It demeans our Pristine Truth integrity. ->

NA: They were aware of how un-nice you've been to me since your stories, past and present, listened, talked and schemed with each other while they ignored what I signaled, that I, Nature, needed to survive too. They felt it, but I couldn't say it. The Pristine Truth is that the stress from that separation is what today produces our increasing Earth misery. (7a) ->

That discomfort attracts you to excessively convert me into your artificial means to survive, to exclude me from your life, as you do, now, on average, out of tune with me for 99% of your lifetime. You spend over 95% of your time indoors and the rest of it mostly in your nature-conquering words and stories that fuel the war, not with satisfying Pristine Truth moments with me. (7) ->

Not being able to speak or gracefully guide humanity and all things, as I always love to do, my life has been painfully vulnerable, conquered and exploited. Was or is that the right way to treat my life that continually loves your life into being, then and now, as I stream through you? Isn't that the war and abusiveness you're trying to green switch stop? ->

MJC: Perhaps back then, historically, it was OK because it was not excessive, the planet could recover. Today it's our biggest problem and we have yet to recognize its source, no less Green Switch correct it. What should I put in this article about that? ->

NA: You're doing it right now by making it known, so Pristine Truth moments are recognized.->

MJC: How do you know other folks know it's true by reading it here? ->

NA: Strange question you ask since you know right now that you exist, you're alive, you know that I, your natural essence, is wordless without you, and that in this Green Switch moment both of us are attracted to procreating our next moment of time and space to live in. ->

MJC: Obviously, I and others love to live, survival is my greatest intention, and its essence is wordless you. ->

NA: Thanks for answering your own question. The essence of everything is attached as one thing, so, simultaneously, all things, including other folks know it's true of them if their thinking doesn't deny or block this fact. When they block its love, it's what we say we dislike or is bad about Nature. This makes our personal discontents make Nature's flow be perceived as negative bad or evil. ->

MJC: And thanks for teaching this to me over these many years. Folks are sensing and reading about what their/your life wordlessly loves to green switch right here in this Pristine Truth. If they don't trust what they experience what or who can they trust or love? ->

Gentle readers, the above is happening here and now where words are actually artifacts because as I create this article, it and I are in Earth's wordless atmosphere. We're living in the same oxygen that you inhale while you read this. Oxygen grows from plant life's chlorophyll and

sunshine and the carbon dioxide we and all animal life exhales. Plants exhale it at night, too, because there is no sunlight. Folks are wordlessly registering this phenomenon right now through their presently quiet sensation of respiration. ->

What I do about this at *Project NatureConnect* is have folks hold their breath in silence until Nature signals them to breathe again because that's more attractive than their suffocation fear, or their pain from the potential loss of their life as your life. ->

Respiration and suffocation sensations are two of our senses that you intelligently use to love folks into being and growing. There are fifty-two additional senses that also do this. In 1986 Guy Murchie told me he spent sixteen years identifying them in science journals, and he found many more in the rest of nameless you. I then emulated him and got the same results. For example, ultra violet light or high energy sound waves that only dogs can hear. All live and contribute to this Green Switch Moment. ->

NA: Yes, accompanied by the essence of all other things, they diversely evolved with me as everything attached to all things, including you, when you recently arrived. For example, the sensation of thirst appeared to connect animals to water as they began living on land. ->

MJC: That's why I use the senses of respiration and suffocation to start my *Natureness in Action* book (1). In it, what your, and my life sense in any moment is, as here, my and anybody's Pristine Truth if we want to continue to exist and live.

To be reasonable, that truth can't be today's Nature, Gods, Love or Honesty because they continue to be at war with you. It disastrously conquers you mostly because it omits what we are discovering and sharing in this Green Switch Moment. (16) ->

Think about this kind reader, if we didn't exist or live, all the things we're sharing here now would be lies because they wouldn't exist either. That's a Pristine Truth that fulfills our attraction to live, it's your attraction to reading these words in this Green Switch Moment. After all, you could have stopped reading anytime. That truth is, whenever you acknowledge it, your natural essence is attracted to survive via the survival of all things. It's our inner child and Pristine Truth in action when you want all things to help you. ->

NA: So, Mike, now please trustfully explain to folks here how I helped you beneficially apply our undeniable Pristine Truth tool, anywhere, onsite or online so, at will, any moment can include a single word that instantly Green Switches folks into making peace with Nature's flow around and through us. And be sure to have folks keep in mind that the constructs and terms you use are the unique ways that you explain your established yet private/subjective experiences and that they are urged to use them to green switch unify their relations.

MJC: My yearlong expedition groups, for 16 years, applied, while researching it, the Pristine Truth phenomenon. They lived it as they sustained and created anew what was cited as utopian, America's first revolutionary expedition education school. It worked because it embraced the original principles of science, to trust a thing in Nature as a fact it must be repeatable, not mystical or supernatural, and valued by its outcomes. The school continued to operate for several decades in cooperation with Lesley University and the National Audubon Society as the National Audubon Society Expedition Institute. (13) ->

Today, as a preventative and remedy for Earth Misery, every Pristine Truth includes its possibilities whenever it is chosen to be part of the next Green Switch moment. That, as aforementioned, is how space-time attraction works. It includes in the moment all things, past present and future. We benefit from it simply by choosing to create moments that add it to any relationship because then it procreates the next Pristine Truth moment, ad infinitum. (3) ->

NA: Yes, we struggled for years, as now, to invoke and share its authenticity. ->

MJC: *What was and is needed is a single commonly understood term for each Pristine Truth of Nature's flow so that word remedies our present destructive outcomes. Then all that is additionally required is funding to promote that tool. ->*

Because you, Natural Area, are pristine, especially when unadulterated, I used the term "Pristine Truth" to help stop our society's ongoing prejudice against nature. I define that prejudice as "An unreasonable, pre-judging attitude that is, due to bonding, unusually resistant to sensible influence" and was asked by the National Audubon Society to write my book "Prejudice Against Nature" about it. (14)

Pristine Truth is classic. It consists of all the various 54-sense attractions I and others have first-hand experienced these past 57 years since my original Grand Canyon epiphany. It is authentic because any space-time moment includes, unites and makes available all things past, present and future so they can be instantly applied or updated to restore their original unity. ->

To this same end, I used the term "Natureness" to represent the self-correcting essence of Nature's flow around and through us. As aforementioned, *all the constructs and terms I use here are the ways that I explain my private/subjective experiences in natural areas. ->*

"Ess means 'to exist,' or 'to be,' and adding ess to Nature activates "Natureness." As Nature's self-correcting essence, it consists of essential, Pristine Truth facts about Nature that restore our broken world. ->

Natureness is significant because it activates wordless Nature. For example, consider gravity's attraction energy. It is profound, available and consistent since its origin in the first moment of the Big Bang, where it was accompanied by the attraction energies of bosons, gluons and electromagnetic particles. Although this instant they continue to hold the life of our Universe together as it grows, they are completely vulnerable to humanity's excessively nature-disconnected words and their painful effects. ->

As Natural Area mentioned, we, like isolated, conquering foreigners, create and can apply words. They help or addict us to excessively conquer gravity by excessively engaging in things like the airline industry or kite surfing. Meanwhile, ignored, are whole life satisfactions for our excessive stress and anxiety via backyard or backcountry *Pristine Truth Natureness* contacts with attractions there along with attractions to the hidden *Pristine Truth Natureness* of our human acquaintances. ->

If you are now attracted to implement some of these truths you have expanded your *Pristine Truth Natureness* here to your advantage. ->

I encourage myself, and you, to enjoy being a personification or avatar of Nature's flow by simply adding "ness" to all thing's names including people, thoughts and sensations.>

For example, I, *Mikeness* (Mike plus *ness*, my essence) is writing these words. This strengthens *Natureness* because in any moment, I can convincingly add "ness" to the name of Nature's things so a tree becomes treeness, rocks rockness, gods godness, happy happiness etc. Then, as equals that include speech, Nature's flow and we can create attractions that increase well-being for all things. ->

This lets anyone beneficially relate to the *Natureness* of any and all thing's always share. The personal and global well-being created by doing this is a significant remedy for Earth Misery, a remedy that our Society negligently omits. ->

It works because anything that improves or injures Nature's flow around us does the same as it flows through us. What we do to it, we do to ourselves. This explains why our ever-increasing personal, environmental and social disorder rates parallel each other. ->

Because in *Natureness* everything grows as one wordless, living, ness thing, moment-by-moment, when you see a natural area, you are looking at your subconscious mind growing without your words. When you touch or walk through it you are touching or walking through your wordless self and can give its things there their correct ness name. Do this (15). Feel your *Natureness*, integrity and awareness grow. Recognize your sense of gravity relating to gravity attraction energy to keep you standing in balance. ->

Today, *when Pristine Truth is missing, the world is either “Word Life” or “Wordless Natural Life.”* With the science and arts of *Natureness* absent, like a self-fulfilling prophecy, our stories ethical and moral deceptions make us excessively conquer Nature’s flow and produce our broken world. ->

For example, gravity attracts a river to flow downhill. To get an image of it we can place in it a camera whose presence changes its current so we get an inaccurate, camera-adulterated, picture and impression of the current. *Pristine Truth* works because, instead, it lets us sense become the river’s essence and know its flow by our flow being it and speaking it as *Usness*.

Natureness works because we already are the river and it frees us from being buried in non-river words that separate us from its self-correcting *riverness* so we suffer from limited or distorted relationships and feel isolated. ->

Conclusions

Gentle reader, *Youness* alone know best what to conclude from the *Natureness* methods and materials in this narrative since it is supported by the integrity of your attraction to create moments that add the *Pristine Truth* of *ness* to everything and replace *Earth Misery* and its abusiveness with our love for life. In general, since all things at once are this space-time moment, as we excessively grind *Nature* into money, and as we are or have been abused, so we, desensitized, abuse the wordless life of *Nature’s* flow around and in us. ->

It is this moment’s choice to continue to *ness* or not *ness*. That is the question. Whether we are involved with an addictive neurotic trend that attaches us to abusive, nature-disconnecting words, or is this phenomenon an incurable psychosis? I conclude the former since I’ve demonstrated *Natureness* stops it and some *Native* societies don’t create or suffer our *Earth Misery*. (10) ->

Postscript

For the Washington State San Juan Island Grange meeting opening song this week, I had the members sing the 1848 Shaker Village song ‘Simple Gifts’, with the Gift knowingly being today’s *Pristine Truth* space-time. The Grange members then closed their eyes, while each pictured in their mind a natural area that they love. Then together we sang the song again, each in our remembered special natural area space. ->

'Tis the gift to be simple, 'tis the gift to be free,
'Tis the gift to come down where we ought to be,
And when we find ourselves in the place just right,
'Twill be in the valley of love and delight.

When true simplicity is gain'd,
To bow and to bend we will not be asham'd,
To turn, turn will be our delight,
Till by turning, turning we come round right. ->

During the meeting I told them about an earlier visit by Cynthia Brunold and George Conesa to the Grange and this article. They were enthusiastic about it. At the meeting closing I had them form a circle and sing the Simple Gifts song to each other, with eyes open. That moment, as they knew that Nature's air flowed around and through them, they became the Gift.

Adding *Natureness* to any of our relations strengthens and unifies all of life, including us.



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