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Newsletters

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3-25-2021

OSL Newsletter

Office of Student Life

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HUMBOLDT STATE

Office of Student Life

Newsletter

Find out what's
going on at HSU!

March 25th, 2021

Click [here](#) to access it online

**ANOTHER WEEK,
ANOTHER OSL
WEEKLY
NEWSLETTER!**

Welcome
BACK!

**CLICK ON TO SEE
EVERYTHING WE
HAVE IN STORE FOR
YOU THIS WEEK!**

IN THIS EDITION OF OSL WEEKLY NEWSLETTER:

HAPPENING SOON

UPCOMING EVENTS AND ACTIVITIES

IMPORTANT ANNOUNCEMENTS

ONGOING NOTICES

*****LINKS TO RESOURCES*****

- **CAPS**
- **OhSNAP**
- **LEARNING CENTER**
- **WRITING STUDIO**
- **LIBRARY SKILLSHOPS**



**HAPPENING
SOON**



MAJOR EXPLORATION AND DISCOVERY

ACAC SKILLSHOP SERIES - 2021

TUESDAY, MARCH 16 ▪ FINDING A PART-TIME JOB: CAREER CHAT - 3-4PM

TUESDAY, MARCH 25 ▪ RESUME 101 - 10-11AM

MONDAY, MARCH 29 ▪ KNOWING YOURSELF: FIRST STEP TO EXPLORING MAJORS - 1-2PM
▪ DARS DEGREE PLANNING FOR TRANSFER STUDENTS - 4-5PM

TUESDAY, MARCH 30 ▪ WHAT IS IT LIKE TO BE A SCIENCE MAJOR AT HSU? - 10-11AM
▪ KNOWING YOUR MAJOR: IDENTIFYING MAJORS THAT FIT YOU - 1-2PM
▪ FINDING A PART-TIME JOB: CAREER CHAT - 3-4PM

THURSDAY, APRIL 2 ▪ DARS DEGREE PLANNER DROP-IN WORKSHOP - 10AM OR 11AM
DROP-IN ANYTIME DURING THE 2 HOURS TO LEARN HOW TO USE THE DARS DEGREE PLANNER TOOL.
OPEN TO ALL STUDENTS; IDEAL FOR STUDENTS NEW TO HSU IN SPRING 2021.

MONDAY, APRIL 5 ▪ CREATING YOUR PERSONAL MISSION STATEMENT - 4-5PM

CLICK ON THE LINKS ABOVE OR SIGN UP THROUGH [LIBGUIDES.HUMBOLDT.EDU/SKILLSHOPS/ONLINE](https://libguides.humboldt.edu/skillshops/online)

Academic and Career Advising Center ▪ Explore, Experience, Achieve ▪ acac@humboldt.edu ▪ 707 826-3341

To request disability related accommodations, email acac@humboldt.edu. Accommodations may take several weeks to arrange.

MEET YOUR MENTOR - R.A.M.P MENTOR SPEAKER PANEL

ASK QUESTIONS, LEARN TIPS, AND GAIN FIRST-HAND KNOWLEDGE FOR SUCCESS FROM RAMP MENTORS.

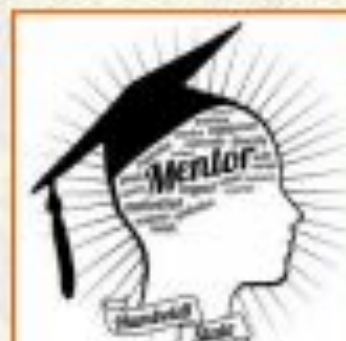
MONDAY, APRIL 5 • 12-1pm ▪ WILDLIFE, ENVIRONMENTAL STUDIES, BIOLOGY, ENVIRONMENTAL RESOURCES ENGINEERING
- PANEL: CALEB, MARY, SARA, VICTORIA, CLAIRE

TUESDAY, APRIL 6 • 1-2pm ▪ MUSIC, INTERNATIONAL STUDIES, PSYCHOLOGY, ART
- PANEL: JAMISON, EMILY, MARIE, TAYLOR, MEL

WEDNESDAY, APRIL 7 • 12-1pm ▪ PSYCHOLOGY, SOCIAL WORK, COMMUNICATION, JOURNALISM
- PANEL: TIMOTHY, SARAH, LESLIE, DELANEY

WEDNESDAY, APRIL 7 • 2-3pm ▪ ECONOMICS, ENVIRONMENTAL STUDIES, ENVIRONMENTAL SCIENCE & MANAGEMENT
- PANEL: WHITNEY, CAM, MONICA

FRIDAY, APRIL 9 • 1-2pm ▪ PSYCHOLOGY, SOCIOLOGY, SOCIAL WORK, ENGLISH, INTERNATIONAL STUDIES
- PANEL: CASSAUNDR, NATALIA, GABRIELA, LESLIE, SPRAD, EMILY



"Meet Your Mentor" is an ACAC and RAMP collaboration.

CLICK ON THE LINKS ABOVE OR SIGN UP THROUGH [LIBGUIDES.HUMBOLDT.EDU/SKILLSHOPS/ONLINE](https://libguides.humboldt.edu/skillshops/online)

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To request disability related accommodations, email acac@humboldt.edu. Accommodations may take several weeks to arrange.



Virtual Passover
Seder
Sunday,
March 28th
at 5:30pm

Join Rabbi Naomi Steinberg for an online seder as we Zoom our way out of the narrow place of Mitzrayim (Egypt) into the wide expanse of freedom and hope.

You might want to have your own holiday candles, wine or juice, matzah and maror at home. Our seder will move through the four ritual cups, and then you may choose to enjoy your meal at home with Zoom socializing in breakout rooms. Passover is a wonderful time to make new acquaintances as we undertake this spiritual journey together.

Temple Beth El, Eureka - A Welcoming Congregation

Zoom link to be announced.

PASSOVER SEDER

Temple Beth El is offering a free Passover meal to HSU students in connection with their Virtual Community Seder.

They'll have a jar of chicken or veggie matzah ball soup, charoset, horseradish, matzo casserole & macaroons available for any interested students.

Students can fill out [this form](#) to sign up for their free Passover meal, and then celebrate with them on Zoom!

Students can pick up their meal at the D Street Community Center on Sunday, March 28th, between 2pm and 4pm.

HSU

OUTDOOR

Bingo



GET

So Many
FREE Prizes

Register
@
Virtual
Quad

OUTSIDE!

March
15-31st



Get the BINGO form, complete the activities, post to #HSUOutdoorBingo, and be entered to Win prizes!

HUMBOLDT STATE UNIVERSITY



centeractivities

707-826-3357

CNTRACT@HUMBOLDT.EDU

REC SPORTS

INTRAMURALS & CLUB SPORTS



The HSU SJEIC Presents

Representation & Accessibility

IN OUTDOOR RECREATION



WEDNESDAY, APRIL 7TH

1:30-3:00pm



with a special presentation by

TEAMONYX

Register



THE ERC PRESENTS...

TRANS RESOURCE EXPO



*Come join us for Trans Day of Visibility! We
will have a number of presentations,
resources and prize raffles!*

- Name Change Workshop!
- LGBTQ+ Resources!
- Trans-literature!
- And more!



**Over
\$500 in
prizes!!**

**FRIDAY APRIL 2ND, 2021
5:00 PM ONWARDS
ZOOM ROOM: [835 1495 7754]**

Humboldt State University
Project Rebound & Formerly
Incarcerated Students Club



PROJECT REBOUND
HUMBOLDT STATE UNIVERSITY



Formerly Incarcerated
Students Club

RE ENTRY FORUM:

**Lets Talk About Mass
Incarceration**

**3/2 5PM- HEALING DIALOGUE:
REDEMPTION, FORGIVENESS**

Dialogue & Viewing of Van Jones (CNN): The
Redemption Project w/ Gunner Johnson and
Christian Branscombe

3/2-3/3 ROOT AND REBOUND

3/4 5PM- SCOTT BUDNICK

Producer of Just Mercy and Founder of the Anti-
Recidivism Coalition

**3/9 6PM- LIBERATE THE CAGED
VOICES**

Nube Brown, Keith Malik Washington-Prison Focus/SF Bay
View - PIC Work Inside and Out

**3/11 6PM- CURATING JUST FUTURES:
ABOLITION, REENTRY, & ECOLOGIES
OF LIBERATION**

Renee Byrd Dept Chair- Department of Sociology/Project
Rebound Presents: Abolition, Where to Go From Here?

**3/16 6PM- DAVID HAYNIE:
ABOLISH HUMBOLDT PD**

HuCo Human Rights Commissioner

3/18 6PM- JIMMY SANTIAGO BACA

Award Winning Poet, Novelist, Screenwriter and Educator



**3/23 6PM- CHANGING THE
NARRATIVE IN HIGHER-ED**

Project Rebound Newest Campuses Panel: Changing
the Narrative of the Formerly Incarcerated in Higher
Education CSUN, CSUSM, CSULB, CSUS, HSU

**3/25 6PM- ARTS IN CORRECTIONS:
PELICAN BAY**

William James Association Presentation: Creative
Teaching Inside Pelican Bay State Prison

**3/30 6PM- COLONIZATION TO
MASS INCARCERATION**

Conversation with HSU Faculty in CRGS and NAS
Rain L. Marshall, J.D., and Chief Judge of the Yurok
Tribe Abby Abinanti

DO YOU HAVE WHAT IT TAKES TO BE



HSU
RHA

THE JEOPARDY MASTER

COME JOIN US FOR A TV SHOW
THEMED JEOPARDY APRIL 9TH AT
6PM. IT WILL INCLUDE SHOWS LIKE
THE OFFICE, PARKS AND REC, THE
MANDALORIAN AND MORE

Zoom Link:

[https://humboldtstate.zoom.us/j/87203911686?
pwd=QVhZdU5zaGdWczVXZGhnVmhmBMnJldz09](https://humboldtstate.zoom.us/j/87203911686?pwd=QVhZdU5zaGdWczVXZGhnVmhmBMnJldz09)



Get Published!

REDWOOD ROOTS
DIGITAL MAGAZINE

CALL FOR SUBMISSIONS!

Deadline for consideration for the Spring issue: March 16.

Help us celebrate community engagement at HSU
while getting published in Redwood Roots Digital Magazine!

.....
We are looking for personal reflections, digital stories, creative projects,
and articles that celebrate your experiences in the community.

For complete submission details and past issues, please visit:
ccbl.humboldt.edu/redwood-roots

Email completed submissions to redwoodrootsmagazine@humboldt.edu
by March 16 to be considered for publication in the Spring 2021 issue.

Questions? Please send all inquiries to ccbl@humboldt.edu.

THE CENTER FOR
Community Based Learning
— Learning in Action —



The HSU Office Of Sustainability Presents:

CLIMATE



ACTION



FORUM

HELP SHAPE HSU'S CLIMATE ACTION PLAN 2.0! LEARN ABOUT AND DISCUSS STRATEGIES TO ACHIEVE A CARBON NEUTRAL AND RESILIENT CAMPUS BY 2045.

FRIDAY, APRIL 23 • 1:00 - 2:30PM

Click [Here](#) to Request ZOOM link

WANT MORE INFO? WATCH THE [CAP 2.0 VIDEO](#)

HSU NAS Food Sovereignty Lab & Cultural Workspace Presents:

FREE Food Sovereignty Film Series

March 5 - Good Meat

Beau LeBeau (Oglala Lakota) takes up a traditional Lakota diet of buffalo meat and other Native foods.

April 2 - Return

Native American women reclaim foodways for health and spirit.

May 7 - Gather

Native American pathways to reclaiming Indigenous food sovereignty.

Zoom opens at 5:30 PM
Film begins at 6 PM PST
Registration at:

hsu.link/foodsovlabmovie

GIVEAWAYS | FILM | AFTER PARTY

More info contact: amanda.mcdonald@humboldt.edu
Learn about the Lab: nasp.humboldt.edu/fsl



LEADERSHIP DURING UNCERTAIN TIMES

SPEAKER SERIES

Learn more and register: <https://yes.humboldt.edu/speaker-series>.

Karen Young

Cultural Organizer, Teaching Artist

February 15th - 5pm - 6:30pm

<https://humboldtstate.zoom.us/meeting/register/>



Karen Young (HSU class of 1990 and YES alumna) is a cultural organizer, teaching artist, and organizer living in Boston, MA. Her primary art is taiko (Japanese drum).



Jen Rice

Director, Humboldt Area Foundation

March 22nd - 5pm - 6:30pm

<https://humboldtstate.zoom.us/meeting/register/>

Director of Community Strategies at the Humboldt Area Foundation, Jen Rice has been working and leading in the non-profit sector on the North Coast for almost 30 years.

Leaders from

True North Organizing Network

April 5th - 5pm - 6:30pm

<https://humboldtstate.zoom.us/meeting/register/>



True North Organizing Network supports families, elders and youth of diverse faith traditions, races, cultures, and economic capacities—using the power of relationships and a disciplined community organizing model—to courageously challenge social, economic and environmental injustice in our region.

THE CENTER FOR

Community Based Learning

Learning in Action



YOUTH
EDUCATIONAL
SERVICES

For more information or
accommodations, contact
Youth Educational Services
at yes@humboldt.edu



UPCOMING EVENTS AND ACTIVITIES



**FLEX YOUR SOCIAL
MUSCLES WITH THESE
FUN HSU TO-DOS!!
COMING RIGHT TO
YOUR LOCATION!**



CNCC TWS GRANTS ARE NOW AVAILABLE!

Who should apply?

- Students (undergrad, graduate, PhD, etc.)
 - Researchers
- Organizations or communities seeking to promote local wildlife conservation
 - Those looking for funding for bat or bat habitat projects

What types of projects qualify for grant funding*?

- Wildlife-focused research;
- Wildlife conservation initiatives; or
- Wildlife-related community projects

*Projects must occur with the geographic coverage area of the CNCC (Del Norte, Humboldt, or Mendocino)

When is funding available?

Funding is available for projects proposed for 2021 or 2022

What are the grant application requirements?

- Proposal (3 pages max, 12pt font)
- Resume (2 pages max, 12pt font)
- Research Endorsement (letter, e-mail, or short video from professor, advisor, or community project stakeholder)
- Budget (i.e., How do you plan to use up to \$3,000 of funding on your project?)
- Must be a member of the CNCC (\$10, can sign up at cncctws.org) or the HSU student chapter, Conservation Unlimited (CU); membership may be waived if a hardship

When is my application due?

March 22, 2021 by midnight

When will award winners be announced?

April 5, 2021

What else do I need to do (post-award obligations)?

- Attend one CNCC board meeting to discuss initial project approach
- Present project findings or results to local wildlife community via a lecture/webinar and via a short report to the CNCC - OR -
 - Present at HSU Student Poster Session (if work is conducted as part of a Senior Project)
- The CNCC must be included in the acknowledgements on any presentations or publications associated with this research



Associated Students

HSU ELECTIONS 2021

SPRING INTO ACTION

RUN FOR STUDENT GOVERNMENT



RISE TO REPRESENT



LET YOUR LEADERSHIP BLOSSOM

**THERE ARE 15 ELECTED
STUDENT POSITIONS.
WHICH ONE IS YOURS?**

- President
- Administrative Vice President
- Legislative Vice President
- Student Affairs Vice President
- Social Justice and Equity Officer
- Environmental Sustainability Officer
- 2 Representatives of Each College (6 total)
- 1 Graduate Representative
- 2 At-Large Representatives



Descriptions of these positions can be
found at <https://hsu.link/as-descriptions>



APPLICATION PROCESS

1. Check out the A.S. Position Descriptions: <https://hsu.link/as-descriptions>
2. Complete the Intent to File Form: <https://hsu.link/as-apply>
3. Receive a full Elections Packet via email
4. Complete the Elections Agreement, Submit you Candidate Statement, Video, and Photo
5. Campaign!
6. Attend Elections Events
7. Vote from April 12th - 16th

A.S. Staff is available to support you through the entire process and answer any questions at as-staff@humboldt.edu

Jewish Family Social Services is looking for 13 in-person volunteers, bi-lingual preferred, and 5 bi-lingual virtual volunteers to serve in the following roles:

On-Call Airport/Greyhound Guide

Help families navigate the ins and outs of transportation by serving as a guide! Guides are responsible for picking up families from their respective hotels, helping them print their boarding tickets, and escorting families through the airport or greyhound station until they are at their boarding gate.

Shifts: 4:00 am – 12:00 pm (4-5 volunteers)

6:00 pm - 10:00 pm (3-4 volunteers)

On-Call Medical Advocate

Help ensure families are treated with dignity and respect while they navigate the medical system! Volunteers are needed to help drive family members to their medical appointments and provide a follow-up report to shelter managers with any updates or future appointments made. Due to COVID-19, volunteers need to remain in their vehicle during the appointment or provide a phone number for nurses to call when the appointment is complete.

Shift: On-call when needed

Shelter Courier

Help pack and deliver meal and hygiene kits! Shelter Couriers are responsible for putting together bags of hygiene items, food, and other supplies at the shelter and performing contactless delivery outside hotel doors to ensure that families get the resources they need while in our care.

Shifts: 10:00 am – 2:00 pm (4-6 volunteers)

3:00 pm – 7:00 pm (4-6 volunteers)

Virtual Opportunity

In addition to the on-site volunteer needs, 5 bi-lingual volunteers are needed to assist with making travel arrangements. You can help with translations from the comfort of your own home! A month commitment is preferred.

Shifts – 20-40 hours per week and shifts are open 7 days per week

If you're interested in helping, please register at <https://jfssd.galaxydigital.com/user/register/>. Once Registered please email sheltervolunteer@jfssd.org indicating a few days/times you are available for a brief phone interview and they will reach out with next steps!

All volunteer positions will require you to adhere to our COVID-19 protocols for the safety of our clients, staff, and other volunteers.

MOVIE
TIME

MOVIE
TIME

MOVIE
TIME

MOVIE
TIME

MOVIE
TIME



Save the Dates:

February 18th, 2021
**Self Care & Wellness
Film Night**

March 4th, 2021
**Social Justice
Film Night**

March 31st, 2021
**Deadline for film
submissions**

April 18 -- 25th, 2021
54th HIFF

See our website:
hsufilmfestival.com
for more info and to RSVP
for upcoming events!

Submit Films Here:
[filmfreeway.com/
HumboldtInternational
FilmFestival](http://filmfreeway.com/HumboldtInternationalFilmFestival)

Interested in joining the Film Festival?

If you're a student at HSU,
you can join the 2-unit class
(FILM 260) or join the club!
We'd love to have you join
us!

You can visit
hsufilmfestival.com for more
info, or email us at
filmfest@humboldt.edu
with any questions you may
have.

Interested in sponsoring the Film Festival?

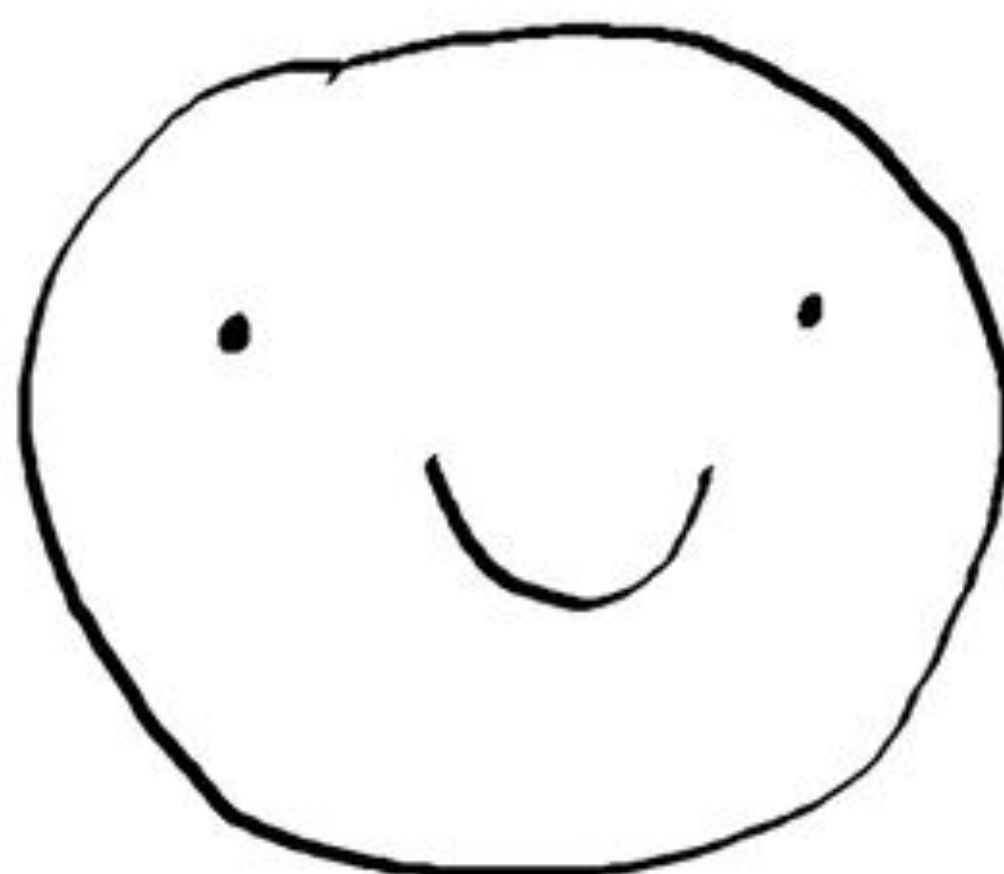
Sponsor the importance and
power of film. Contact us for
more information. Thank you!

Subscribe to our newsletter
at hsufilmfestival.com to
keep up to date with all
things HIFF!



IMPORTANT ANNOUNCEMENTS

IT'S SOME
GOOD
NEWS!





WILDERNESS MEDICINE SPRING 2021

centeractivities

**WILDERNESS FIRST
RESPONDER
MAY 18 - 27**

**HSU STUDENTS: \$675
COMMUNITY: \$750**

**WFR
RECERTIFICATION
APRIL 2 - 4**

**HSU STUDENTS: \$275
COMMUNITY: \$315**

**WILDERNESS FIRST AID
MARCH 6 - 7**

**HSU STUDENTS: \$195
COMMUNITY: \$225**

**REGISTER
ONLINE!
[WWW.CENTERACTIVITIES.
HUMBOLDT.EDU](http://WWW.CENTERACTIVITIES.HUMBOLDT.EDU)
(707) 826 - 3357**

GWPE INFO

All HSU undergraduates must pass the Graduation Writing Proficiency Exam (GWPE) to graduate. Students are encouraged to take the exam in their junior year.

The Exam

- General information about the GWPE and how to register: <https://gwpe.humboldt.edu/fees-registration>

Date: Friday, April 9

Time: 1 pm - 3 pm

Location: Zoom

Register now

In this interactive Zoom workshop, we will review the purpose, format, and scoring of the GWPE, and then practice strategies to help you perform your best on exam day.

NOTE: The workshop does not include a full-length timed practice exam. After the workshop, you are encouraged to complete a timed exam on your own and then meet with a Writing Studio Consultant for personalized feedback. If you can't attend either workshop, you can come to the Writing Studio for help preparing for the exam. Zoom or email consultations available. Schedule a session through tutortrac.humboldt.edu or by going to the Learning Center Virtual Front Desk.

DINING ADVISORY COMMITTEE

The purpose of the Campus Dining Advisory Board is to provide student input to Campus Dining senior leadership and the HSU Associate Vice President for Student Success as they work to advance the mission and service of Campus Dining.

MEMBERS WILL BE EXPECTED TO:

- Collaborate with the HSU Dining leadership team to develop programs to educate the student body.
- Provide input on student-focused issues and needs as it pertains to the operational functions of HSU Dining.
- HSU Dining leadership team will provide education and information to the Advisory Committee on the development and progress of new initiatives and the functions of HSU Dining.
- Make suggestions to, and engage in discussion with, the HSU Dining leadership team regarding
 - customer service
 - nutrition
 - trending food culture
 - student-focused initiatives

If you are interested, email Stephen.StOnge@humboldt.edu



Applicant information

- Up to 10 student members – Must be an HSU Student
- Must have a dining meal plan (of any type)
- Looking for a diverse group of participants involved in areas such as Residence Life, Athletics, Student Clubs and Organizations, and Off-Campus Students.



APPLY NOW!

COMMUNITY-BASED LEARNING MINI GRANTS

Are you participating in a community-based learning class this semester? Could you use assistance with costs related to your experience? Awards of up to \$250 are available to eligible students on a first-come, first-served basis to provide support for expenses related to Service Learning, Academic Internships, and field placements.

tinyurl.com/CBLminigrant



**For more information contact the Center
for Community Based Learning at
ccbl@humboldt.edu**

MAKE NEW GOALS IN 2021

HSU Men's Lacrosse

Are you interested in playing the fastest growing sport in America? The Humboldt State men's lacrosse team is recruiting players that are dedicated to practice and traveling with the team.

Our coaching staff's goal is to promote "the fastest game on two feet" at HSU by introducing the sport to new players while also advancing the skills and competitiveness of experienced ones.



JOIN NOW!

For more information, contact the HSU coaching staff at 707-440-9107 or email humlax@humboldt.edu



ONGOING NOTICES



WRRAP

Waste Reduction Resource Awareness Program

Est. 1988 'Campus Recycling Program'



WRRAP is online *and* OPEN on campus SPRING 2021 HOURS:

Bicycle Learning Center (BLC) - Monday 11-1pm, Wednesday 11-1pm, Thursday 11-3pm, Friday 11-3pm or schedule an appointment by emailing hsublc@humboldt.edu

The BLC is located adjacent to Center Activities, and RWC, under the stairwell to the West Gymnasium and Forbes Gymnasium.

Reusable Office Supply Exchange (R.O.S.E.) - Monday 9am-12pm, Wednesday 9am-12pm, Friday 9am-12pm.

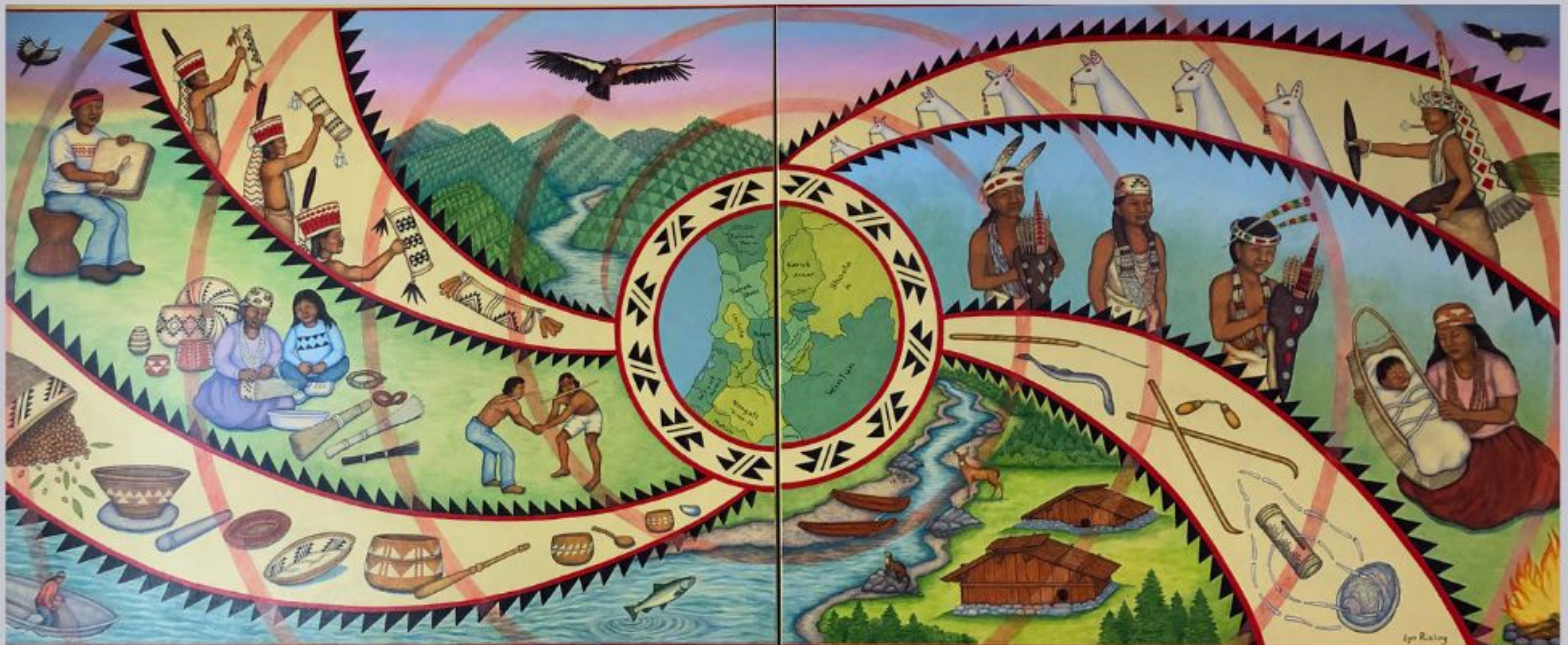
The R.O.S.E. House is located at Warren House 53 on Laurel Drive between Campus Apartments and Gist Hall.

Compost - email wrrap@humboldt.edu with the Subject line "Compost Bucket Request" for on-campus residents or departments. Check out the map of permanent compost bin locations below!

“

Indigenous communities are recovering agricultural traditions linking past to present and future- and in the process, restoring spiritual practices related to foods, while strengthening community health and self-determination.

WINONA LADUKE
ACTIVIST AND SCHOLAR



Mural by Lyn Risling located at Humboldt State University
<https://justgiving.com/campaign/NASFoodLab>

HSU NAS Food Sovereignty Lab & Cultural workspace

Why are we Crowdfunding?



.To dream for the future students who have yet to come to Humboldt State.



.For local native youth to pursue higher education at Humboldt State.



.To meaningfully dedicate space to cultural revitalization and community and global collaboration through Indigenous pedagogies to help address issues facing our world around climate change, food security, and environmental injustices.

Give today and impact the lives of future students!

<https://justgiving.com/campaign/NASFoodLab>

We need your help to raise \$25,000 for equipment!



To our community partners:

hou' | ts'ehdiyah | wokhlew | yôotva | shu'-shaa-nin-la

Thank You

-  Blue Lake Rancheria Food Sovereignty Garden
-  UIHS Potawot Health Village Garden
-  Wiyot Tribe Cultural & Natural Resources
-  Trinidad Rancheria Cultural Department
-  Native Women's Collective
-  Yurok Tribe Environmental Program
-  HSU Environmental Studies

Working together to build a better future
revitalizing Indigenous Food Sovereignty

Give a gift today and see your
contribution build something great!

<https://justgiving.com/campaign/NASFoodLab>



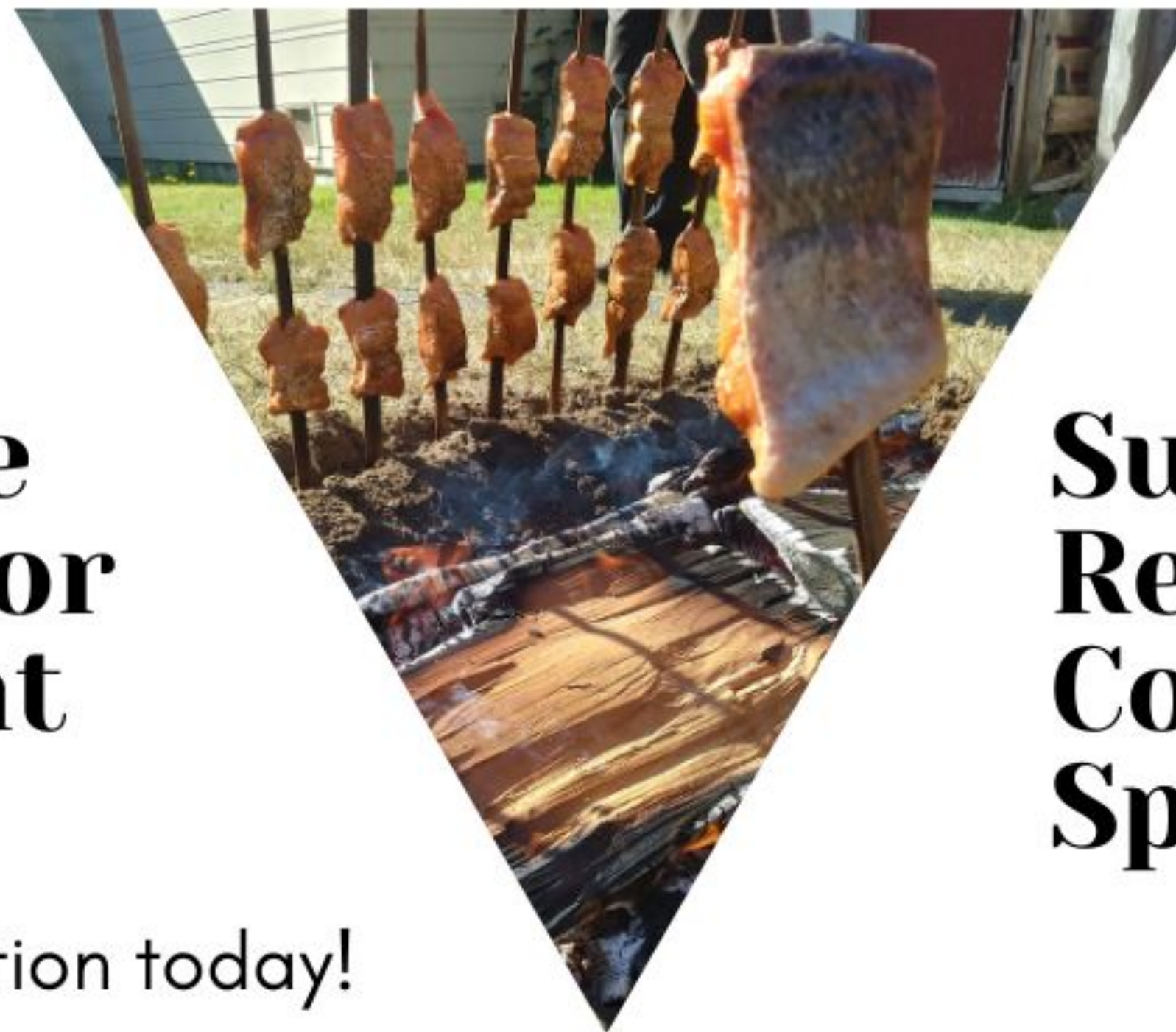
HSU NAS FOOD SOVEREIGNTY LAB & CULTURAL WORKSPACE
MARCH FRIEND-RAISER



**Help raise
\$25,000 for
equipment**

Make your donation today!

<https://justgiving.com/campaign/NASFoodLab>



**Support
Research &
Community
Space**



HSU NAS Food Sovereignty Lab
& Cultural Workshop Space

March Friend-Raiser!

Raised \$4,000



Goal \$25,000

Donate today, and help build stronger networks for
accessible, culturally appropriate foods.

<https://justgiving.com/campaign/NASFoodLab>





LatinoNet is seeking new Board members!

LatinoNet formed in 2000 as a network of social service and health care providers, educators, leaders, employers and community residents working to improve the quality of life for Spanish-speaking families of the North Coast through networking, information, collaboration, and advocacy.

Overview of Board Duties:

- Seeking representatives from the Spanish-speaking, social services, medical, non-profit, education and businesses communities;
- Elected by the membership for a 2-year term;
- Attend monthly board meeting from 12:00-1:00 p.m. currently on the third Monday of the month in Eureka or via teleconference;
- Assess the needs of local Spanish-speaking families and professionals and help coordinate quarterly presentations on topics of interest held in Eureka on the 2nd Friday of January, April, July and October from 12:00–1:30 p.m.;
- Occasional committee activities for membership development and marketing;
- Bilingual highly preferred but not necessary;
- Desire to work with other committed members to positively impact our community.
- Elections April 9, 2021. **Nominate yourself or someone else by April 2, 2021.**
- Send biography and interest statement (one paragraph only please) to info@latinonet.org. For questions, call (707) 599-5604.



LatinoNet busca nuevos miembros para la mesa directiva!

LatinoNet se formó en 2000 como una red de proveedores de servicios sociales y de salud, educadores, líderes, empresarios y residentes de la comunidad que trabajan para mejorar la calidad de vida de las familias de habla hispana de la costa norte a través de redes, información, colaboración, y la promoción.

Descripción general de los deberes de la Junta:

- Buscando representantes de las comunidades de habla hispana, servicios sociales, médicos, sin fines de lucro, educación y negocios;
- Elegido por la membresía por un período de 2 años;
- Asista a la reunión mensual de la junta de 12: 00-1: 00 p.m. actualmente el tercer lunes del mes en Eureka o por teleconferencia;
- Evaluar las necesidades de las familias y profesionales locales hispanohablantes y ayudar a coordinar presentaciones trimestrales sobre temas de interés en Eureka el 2do viernes de enero, abril, julio y octubre de 12:00 a 1:30 p.m.
- Actividades ocasionales del comité para el desarrollo de membresía y comercialización;
- Bilingüe muy preferido pero no es necesario;
- El deseo de trabajar para impactar positivamente en nuestra comunidad.
- Las elecciones serán el 9 de abril de 2021. **Nomínese a usted mismo o a otra persona antes del 2 de abril de 2021.**
- Enviar biografía y declaración de interés (un párrafo solo por favor) a info@latinonet.org. Si tiene preguntas, llame al (707) 599-5604

Make a difference,
wherever you are
learning this semester!

Volunteer

Gain experience.
Meet new friends.
Build community connections.



Learn More: yes.humboldt.edu



Say Y.E.S. to Volunteering

Spring 2021



Make a Positive Impact in the Community

hands-on learning, career exploration, friendship & connection

This spring, Y.E.S. students will engage in remote volunteer projects with local schools and community organizations.

Learn more at upcoming virtual Y.E.S. outreach events:

* Y.E.S. Tabling Fair: Tuesday, 1/26 (12:00-1:00) Zoom: <https://humboldtstate.zoom.us/j/84948280655>

* Y.E.S. Open House: Thursday, 1/28 (4:00-5:00) Zoom: <https://humboldtstate.zoom.us/j/85049942437>

Semester-long volunteers must enroll by Monday, 2/8/21



YES | YOUTH
EDUCATIONAL
SERVICES

50 years of community building

Check out our website: HUMBOLDT.EDU/YES
Email: yes@humboldt.edu



YOUTH EDUCATIONAL SERVICES (Y.E.S.)

52 YEARS OF COMMUNITY BUILDING

DONATE TODAY, AND SUPPORT STUDENT-LED VOLUNTEER PROGRAMS

Help us raise \$5,000 and champion the long standing legacy of Y.E.S.

<https://hsu.link/YESsp21>





Y.E. S. Spring Fundraiser

**52 years of student-led
volunteer programs & community building**

Help us raise \$5,000 to support
leadership training, volunteer screening,
and program supplies.

Give today!

<https://hsu.link/YESsp21>





*“I wish I’d started volunteering here sooner!
This has been a wonderful place to meet new friends,
make a positive impact in the community,
and grow as a person and leader.”*

- SARAH KIVELA, LEAP DIRECTOR (SPRING 2018)

Support Y.E.S. volunteer programs
and student leadership

Make your donation today!

<https://hsu.link/YESsp21>



<https://hsu.link/YESsp21>

Y.E.S. Spring Fundraiser

Support student-led volunteer programs

Donate Today

Your gift will create opportunities
for future YES students!

<https://hsu.link/YESsp21>

Youth Educational Services (Y.E.S.) Fundraiser

DONATE TODAY
AND SUPPORT
STUDENT-LED
VOLUNTEER
PROGRAMS AT
Y.E.S.



HELP US RAISE \$5,000
TO SUPPORT
LEADERSHIP TRAINING,
VOLUNTEER SCREENING,
AND PROGRAM SUPPLIES



<https://www.justgiving.com/campaign/YESsp21>

DIVERSE MALE SCHOLAR INITIATIVE,
SJEIC, AND ASSOCIATED STUDENTS

Men, Masculinity, and Love: A Book Series

"To open our hearts more fully to love's power and grace we must dare to acknowledge how little we know of love in both theory and practice." - bell hooks

EVERY OTHER WEDS 5:30PM-6:45PM

STARTING FEB. 3 2020

REGISTER AT: [HTTPS://HSU.LINK/ZIU](https://hsu.link/ziu)

We will be virtually gathering to read three books by bell hooks: *All About Love*, *The Will to Change*, and *Communion*. We intend to seek growth and pursue radical internal change for the purpose of community and personal wellness.

We invite men of color and masculine aligned persons of color to enter together into a mutually-supportive space.

- Readers of all levels welcome
- Staff and faculty welcome
- **Books will be provided**
- Constant attendance not mandatory
- Video not mandatory

QUESTIONS REGARDING ACCESSIBILITY OR FOR MORE DETAILS
EMAIL RES130@HUMBOLDT.EDU



CREATE
CONSENT
CULTURE

Spring 2021

Beginning Feb. 5

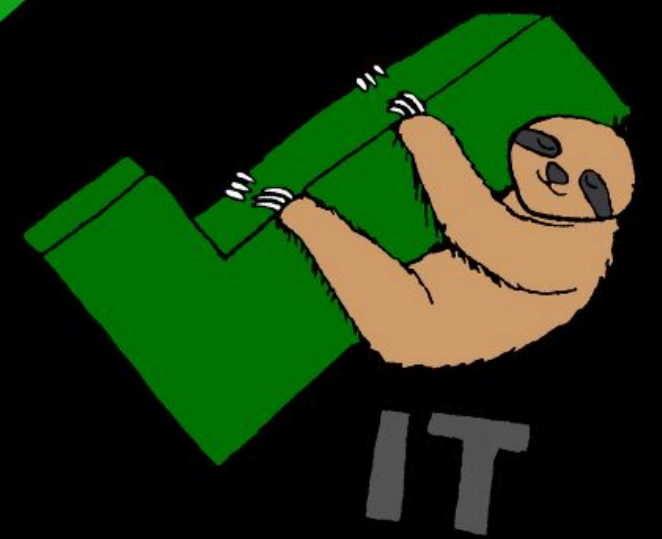
Create artwork, engage in social
media outreach, plan events,
develop resources, and more!

CHECK IT VOLUNTEER MEETINGS

Fridays @3-4pm

Zoom mtg link:

tinyurl.com/checkitmtg



Email mss62@humboldt.edu for a calendar invite

LOVE KNOWS
BOUNDARIES

MAKE SURE TO SHOW SOME LOVE TO THE LEARNING CENTER!



**CLICK TO CHECK OUT THEIR BRAND
NEW NEWSLETTER:**

https://www.canva.com/design/DAEQjoVHsMM/vlAbwFv73w65C01jmu0MzQ/view?utm_content=DAEQjoVHsMM&utm_campaign=designshare&utm_medium=link&utm_source=sharebutton#1

An Unapologetic Book Circle

starting February 9th

**TUESDAYS & FRIDAYS
5-6PM**

Join us for an open, safe discussion of Sonya Renee Taylor's, *My Body is not an Apology*, to get in the spirit for her Keynote on March 5th for our 27th Annual Social Justice Summit.

Attend only on Tuesdays, or only on Fridays, or both! The two days are to make this experience accessible to as many people as possible.

If you have any questions, or need reasonable accommodations, please reach out to Q. Medina at sjeic@humboldt.edu

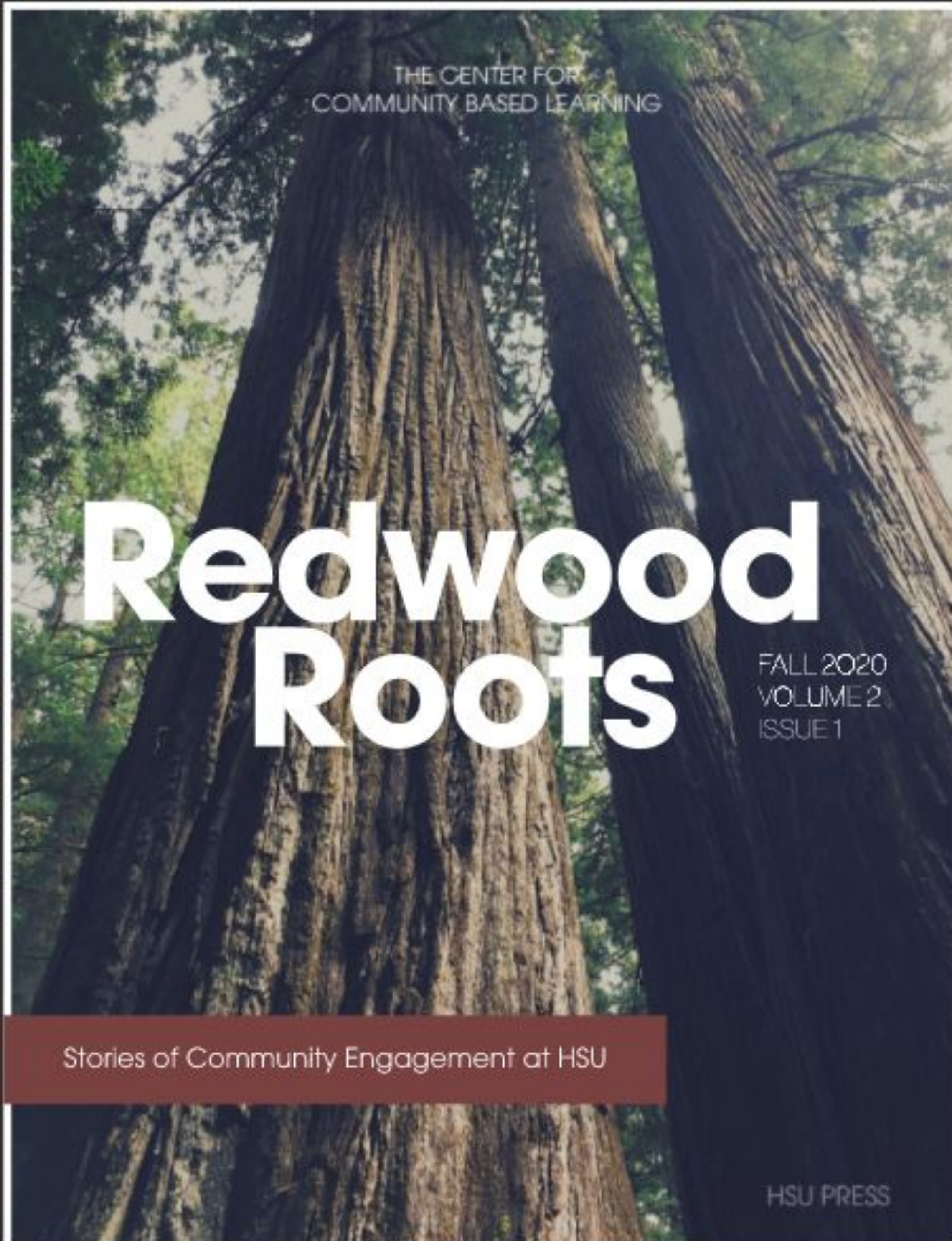


Click on link below
to register



first 20 HSU students to register will receive a free copy of the book!

[https://humboldtstate.zoom.us/meeting/register/tZwpc-2hrDwjH9RPcm0MlydulSWSl5slhDUh](https://humboldtstate.zoom.us/j/849123456789)



We are pleased to announce the release of Volume 2, Issue 1 of Humboldt State University's [REDWOOD ROOTS Digital Magazine](https://tinyurl.com/RedwoodRoots2-1). Redwood Roots highlights the many wonderful ways that students, faculty, and community partners are engaging in community-based learning practices in and around Humboldt County.

Redwood Roots is a collaboration between the Center for Community Based Learning and HSU Press. We publish stories that promote deep and enriching connections through learning, and enhance inclusivity within the community through efforts and examples of social and environmental justice. Redwood Roots is a magazine of place and community.

<https://tinyurl.com/RedwoodRoots2-1>

<https://digitalcommons.humboldt.edu/rr/>

HSU COVID TESTING

Registration and Scheduling Information

Staff and Faculty, Students Who Live Off Campus, Student Athletes, and
Students Who Live on Campus, Athletes, and residents will be emailed a
separate link to a website to schedule an appointment.

Starting Feb 23, free COVID-19 testing will be available to students, staff, and faculty
at the Great Hall, Tuesdays–Thursdays, 9:30 a.m.–4:30 p.m. You must register to
schedule an appointment.

**** SYMPTOMATIC STUDENTS** should contact the Student Health Center at (707) 826-3546
as soon as possible for testing.

- If youAn HSU ID will be required and
HealthQuest will bill insurance directly. No
co-pay is needed. Testing is also free for
those without insurance.

Please remember to wear a
mask at all times (except when
advised by the test collector to
remove your mask) and to stay
6 feet apart from others while
waiting for your test.

Vaccinations:

Humboldt County Public Health has begun vaccinating educators, including all K-12 educators and childcare workers. Higher education staff and faculty vaccinations are expected to follow. Timing depends on the number of doses available to the county and can change quickly. Humboldt State University continues to work closely with County Public Health on vaccination plans. Based on state and county vaccine priorities, the University will first vaccinate employees who are physically working on campus during the spring semester.

Remember: Stay Healthy and Safe! It's critically important to remain vigilant about protecting yourself and others from spreading illness. Please continue to follow basic health and safety precautions (i.e., wear a face covering, practice social distancing, etc.), don't forget to do a daily wellness self-check before coming to campus, and follow these guidelines if you fail your wellness check. Go to [Campus Ready](#) for comprehensive information about HSU pandemic planning, preparedness, and operations. Find more information about the county's COVID-19 vaccine planning on the [Humboldt County Public Health website](#).

All Humboldt County residents who want to receive the vaccine can submit their contact information through an online form to be notified when doses are available for their tier. Fill out the [COVID-19 Vaccine Interest form](#) and read more about the COVID-19 vaccine from the CDC.

Staff and faculty who want to be vaccinated should complete a survey.



Join the Pre-Medical Society at HSU!

**Go over MCAT
preparation!**

**Make new friends with
shared interests!**

**Connect with local
physicians!**

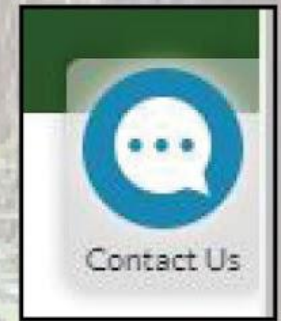
**Meeting times: biweekly on
Mon. 5:00-6:00**

**Email
premed@humboldt.edu
to get involved!**

Meeting topics:

- MCAT preparation
- Applying to Medical School
- Physician and Medical Student speakers
- Game night!!
- Answering your questions about the Pre-Med Track

Live Chat OPEN 9am-4pm, M-F
acac.humboldt.edu



Phone messaging: (707) 826-3341



Email: acac@humboldt.edu

Zoom Drop-ins OPEN 10am-1pm, M-F
humboldtstate.zoom.us/j/88296161353

FOR MORE INFORMATION VISIT: ACAC.HUMBOLDT.EDU/STUDENTS/SCHEDULE-APPOINTMENT

Connect with the Academic & Career Advising Center today!

- Live Chat OPEN 9am-4pm, M-F:
acac.humboldt.edu
- Phone messaging: (707) 826-3341
 - Email: acac@humboldt.edu
- Zoom Drop-ins OPEN 10am-1pm, M-F:
humboldtstate.zoom.us/j/88296161353

For more information visit:

acac.humboldt.edu/students/schedule-appointment



HERMANAS UNIDAS DE HUMBOLDT STATE

General Body Meeting

ZOOM ID: 829 3046 0642

MONDAYS @ 5PM

IG: haudehsu

Interested in joining?

CONTACT US

WWW.HSURA.ORG

FB & Youtube:

HSU Men's crew

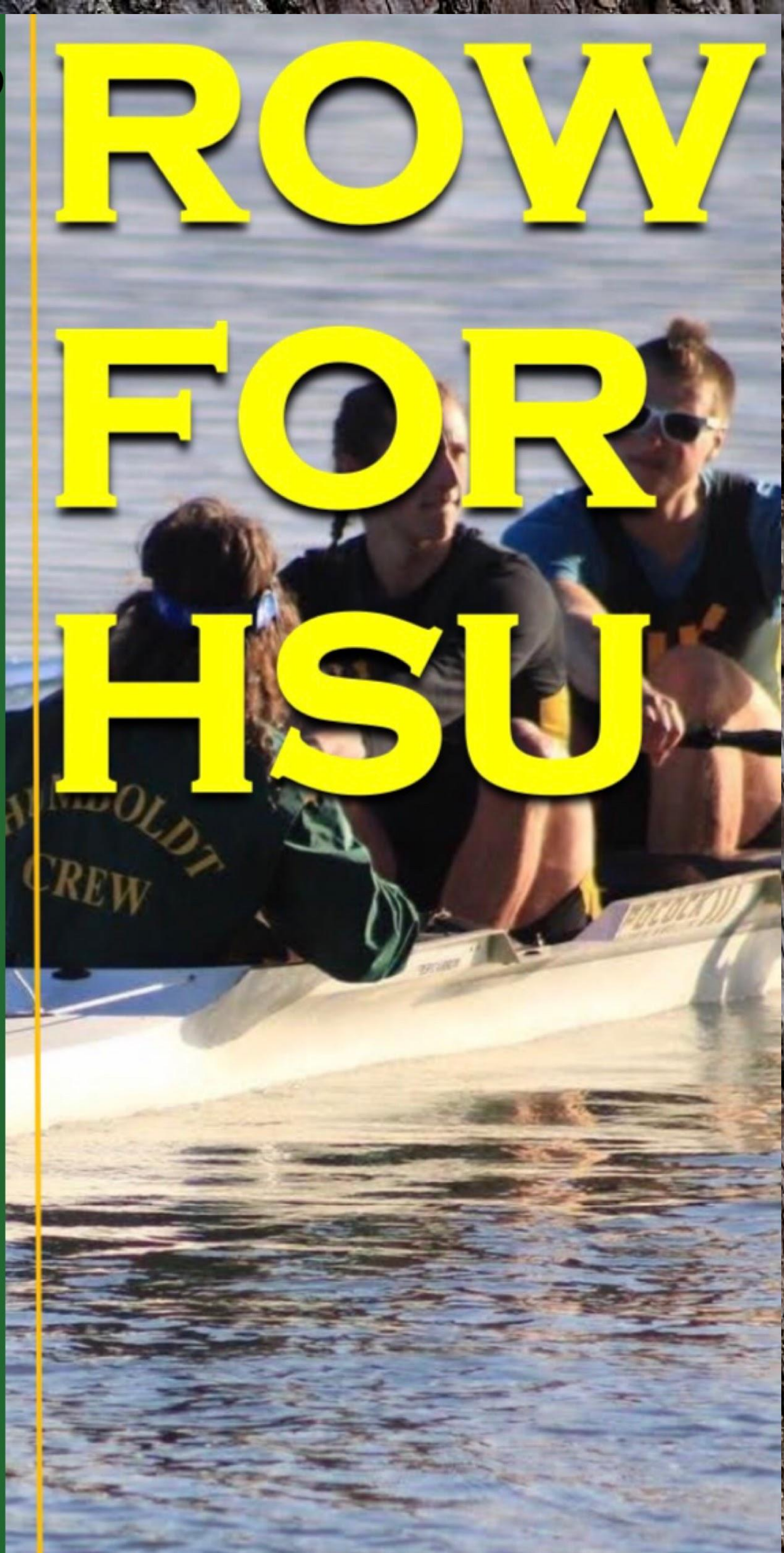
Insta & Twitter:

@hsumenscrew

JOIN THE FAMILY WORKOUT
DIGITALLY
THIS SEMESTER!

Mon, Wed, & Fri
6:30 - 7:30 am

ROW FOR HSU



JOIN HSU'S MEN'S CREW
TEAM OR FOLLOW THEM
ON SOCIAL MEDIA!!



Attention all Clubs & RSOs

Apply for

A.S. CLUB GRANTS

**TURN IN YOUR REQUESTS ANYTIME VIA
THE FORM LOCATED AT:**

<https://hsu.link/clubgrant>

**REQUESTS ARE REVIEWED BY THE
A.S. FINANCE COMMITTEE**

*Meets weekly on Thursdays at
2:30pm via Zoom*

<https://humboldtstate.zoom.us/j/97235330682>

MEETING ID: 972 3533 0682



Associated Students

HSU ELECTIONS 2021

SPRING INTO ACTION

**RUN FOR STUDENT
GOVERNMENT**





RISE TO REPRESENT.

**FIND THE INTENT TO FILE
FORM, COMPENSATION
INFORMATION, AND ACADEMIC
REQUIREMENTS AT:**

<https://hsu.link/join-as>

**THERE ARE 15 ELECTED
STUDENT POSITIONS.
WHICH ONE IS YOURS?**



- Available Positions -

- **President**
- **Administrative Vice President**
- **Legislative Vice President**
- **Student Affairs Vice President**
- **Social Justice and Equity Officer**
- **Environmental Sustainability Officer**
- **2 Representatives of Each College (6 total)**
- **1 Graduate Representative**
- **2 At-Large Representatives**

Descriptions of these positions can be found at
<https://hsu.link/as-descriptions>



APPLICATION PROCESS

1. Check A.S. Position Descriptions
 - <https://hsu.link/as-descriptions>
2. Complete the Intent to File Form
 - <https://hsu.link/as-apply>
3. Receive an Elections Packet via email
4. Complete the Elections Agreement
5. Campaign!
6. Attend Elections Events
7. Vote from April 12th - 16th

A.S. Staff is available to support you through the entire process and answer any questions at as-staff@humboldt.edu

We are here!

STUDENT LIVE CHAT

MONDAY TO
THURSDAY:
9AM-TO 11AM
3PM TO 5PM

FRIDAY:
2PM TO 4PM



GO TO:
[OSL.HUMBOLDT.EDU](https://osl.humboldt.edu)

We help answer
questions about:
Student Life

●
Clubs &
Organizations

●
Fraternity/ Sorority
life

●
Youth Educational
Services &
Volunteering

●
Campus Events
And More!

Meet the OSL Student Staff!



Alondra



Drew



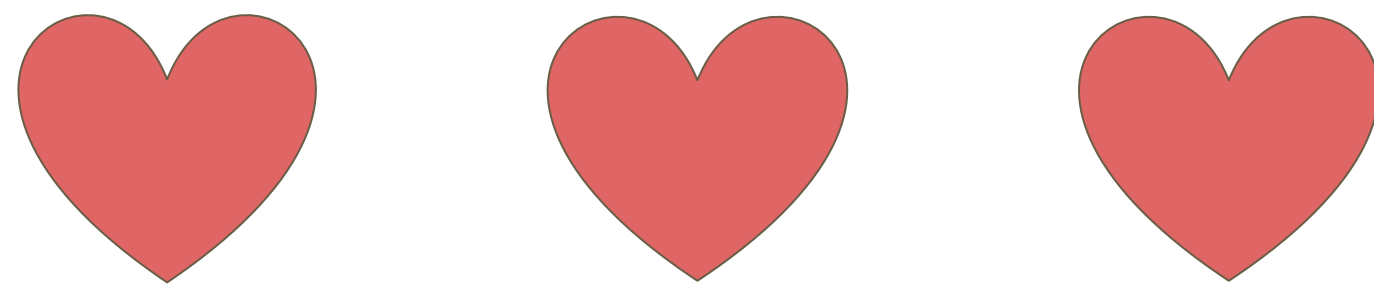
Hina



Madi

For more about us, go to:
<https://clubs.humboldt.edu/content/clubs-support-staff>

**THANKS FOR
TAKING A LOOK!**



**REMEMBER: NEW
EDITIONS COME
OUT EVERY
THURSDAY!**

THURSDAY

