

Humboldt State University

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Newsletters

University Archives

11-6-2020

OSL Newsletter

Office of Student Life

Follow this and additional works at: https://digitalcommons.humboldt.edu/campus_pub



OSL Newsletter

To find out what's going on across campus!

You can also access it here:

<https://clubs.humboldt.edu/content/weekly-newsletter-0>



FALL '20 BREAK INFORMATION

November 20 at 8pm – November 29 at 8pm



Housing Operational Hours

Housing Office

Sat. 11/21 - Wed. 11/25
8am - 8pm

Thur. 11/26
10am - 2pm

Fri. 11/27 - Sun. 11/29
8am-8pm

Housing Cashier

Mon. 11/23 - Tues. 11/24
9am - 4pm

Closed 1pm - 2pm for lunch

Wed. 11/25 - Fri. 11/27
Closed

JGC Mailroom

Sat. 11/21: 10am - 2pm
Sun. 11/22: 3pm - 5pm

Mon. 11/23 - Wed. 11/25:
10am - 3pm

Thur. 11/26: 10am - 2pm

Fri. 11/27: 10am - 3pm

Sat. 11/28: 10am - 2pm

Sun. 11/29: 3pm - 5pm

College Creek Mailroom

Sat. 11/21: 10am - 2pm

Sun. 11/22: 3pm - 5pm

Mon. 11/23 - Thur. 11/26:

Closed - packages available at

JGC mailroom

Fri. 11/27: 11am - 3pm

Sat. 11/28: 10am - 2pm

Sun. 11/29: 3pm - 5pm

IF YOU ARE LEAVING CAMPUS ON OR AFTER NOVEMBER 6TH

AND ARE NOT RETURNING UNTIL SPRING

- You **must** submit a **Request to Vacate Form**. The form is available in the "Forms" tab in your [myHousing](#).
- You will be released from the remaining rent and meal plan charges. If you already paid your housing and meal plan charges in full, any credit on your account would be applied to your Spring charges.
- We suggest that you pack and take your items with you, but it is not required if you will be returning to the same room space.
- ALL TRASH AND FOOD MUST BE REMOVED FROM YOUR ROOM.
- If you are leaving after December 1st, your account will not be adjusted.
- When you are ready to leave, you will check out at the Housing Office where they will deactivate your HSU ID card.
- "Campus Apartments ONLY" are required to return their hard key set at that time.

If you are leaving outside of the operational hours you will need to contact us for instructions on how to check out. When you return we will reactivate your HSU ID card and/or return your Campus Apartments hard key set.

Leaving for break, but want to come back?

If you leave the county for Fall Break, but wish to return before Spring you will be required to re-test for COVID-19 quarantine for two weeks. Limited quarantine spaces are available. Please contact us immediately if that is your plan at housing@humboldt.edu. Please contact [Student Health and Wellbeing Services](#) for an appointment.

IF YOU ARE STAYING UNTIL THE END OF THE SEMESTER, DECEMBER 19TH

We will still be here to assist you with any general questions or maintenance requests please call or stop by our office during the operational hours.

If you need staff assistance for lock outs, conduct, or after hours please call the Residence Life staff on duty:

College Creek, Campus Apartments, & The Hill: (707) 298-0178

Creekview, Cypress, & Canyon: (707) 845-6028

You may also contact University Police Department at (707) 826-5555 for assistance.

Dining Services

Limited services will be available during the break. Please refer to their operational hours and plan accordingly. If you like to order a prepared meal for pick up on Wednesday, November 25th, please tell them by completing [this three question form](#).

Feeling Sick during the Break?

[Student Health and Wellbeing Services](#) will be open Monday, Nov. 23rd from 8:45am - 12:00pm and 1:00pm - 4:15pm, Tuesday, Nov. 24th from 9:45am-12:00pm and 1:00pm - 4:15pm, Wednesday, Nov. 25th 9:00am - 12:00pm.

Dining Operational Hours

(Under laboratory noted, regular business hours for all operations will resume November 30th)

The 1

Fri. 11/20: *Closes at 6:00pm*

Sat. 11/21 - Sun. 11/29

Closed

College Creek Market Place

Mon. 11/23 - Fri. 11/27

11:00am - 4:00pm

*Thur. 11/26

Closed

Sat. 11/28 - Sun. 11/29

2:00pm - 7:00pm

Please keep in mind,
all policies &
guidelines are still
in effect during the
break period.

For COVID-19 testing, please make an appointment. Testing hours are:

Monday, Nov. 23rd and Tuesday, Nov. 24th 10:00am - 11:30am and 1:10pm - 3:30pm

If you need medical assistance when Student Health and Wellbeing Services is closed, you may call FONEMED, the after-hours nursing advice line, at (877) 256-3534. This service is free to students. You might require immediate medical attention if you have:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness or confusion
- Severe or persistent vomiting
- Flu-like symptoms not improving after 3-4 days or if symptoms return

For more information visit <http://wellbeing.humboldt.edu/hours-appointments>

County Mental Health 24-hour crisis line is open (707) 445-7715

In an Emergency, Call 911

HOLIDAY TREE SPRAYING

You are welcome to have a tree in your room, apartments, or suite; it just needs to be treated with a fire-retardant spray. Please be aware that all sprayed trees will be tagged and any tree found in the falls not tagged will be removed on sight. **Please note that all trees must be removed before semester break! There is a \$50 removal charge for any tree that is removed by Housing Staff if left at semester break.**

The Housing Department is offer FREE tree spraying. Please call the Housing Office Monday-Friday between 8am-8pm at 707-825-3451 to make an appointment. Please feel free to leave a message with your name, room number, phone number to call back, and times you are free.

Heading out of the county for Winter break?

More information will be provided in the Winter Break Memo about what the process will look like.

Not returning to HSU Housing at the end of Fall semester?

If you are leaving and not returning, you **must** submit a **Request to Vacate Form**. The form is available in the "Forms" tab in your [myHousing](#). You are required to give 30-day notice prior to vacating the residence halls when leaving the university. If you are leaving at the end of Fall Semester, **you must vacate that residence halls by Saturday, December 19th at 10:00am.**

FOLLOW US

Like our Facebook page at <https://www.facebook.com/humboldtstatehousing>

Follow our Instagram page at <https://instagram.com/humboldtstatehousing> to find out what fun events are happening in your community.



We put together a virtual toolkit with articles, reminders, and information to help navigate this election cycle! Go to <https://hsu.link/ElectionToolkit> (make sure to capitalize the "E" and "T" in election toolkit)

Toolkit for Navigating the 2020 Election Cycle

Click on the topic below to bring you to the associated page

**General
Recommendations
to Prepare for the
Elections**

**Recommendations
for Faculty to
Prepare for the
Election**

**Recommendations
For Student Leaders
to Prepare for the
Election**

**Important Election
Reminders**

Resource Websites

**Campus Support
Departments**



HUMBOLDT STATE UNIVERSITY
OFFICE OF RESEARCH AND SPONSORED PROGRAMS

Announcing the 35th Annual
**California State University
Student Research Competition**



HSU participants in the 33rd Annual Student Research Competition

This is your opportunity to highlight your research or creative endeavor, represent HSU, and compete for a cash prize! First, you must submit a written summary of your research or creative project through InfoReady to the Office of Research and Sponsored Programs by **Monday, February 1, 2021**.

If you are selected as a delegate, you will compete virtually through Cal Poly Pomona on April 30th or May 1st, 2021. Only students endorsed by HSU may enter the statewide competition.

To see the full HSU Competition Rules and submit your entry, visit:
[InfoReady](#)

For more information, please contact the HSU Campus Coordinator Susan Brater at (707) 845-8933 or sb64@humboldt.edu

This is your opportunity to highlight your research or creative endeavor, represent HSU, and compete for a cash prize! First, you must submit a written summary of your research or creative project through InfoReady to the

Office of Research and Sponsored Programs by Monday, February 1, 2021.

If you are selected as a delegate, you will compete virtually through Cal Poly

Pomona on April 30th or May 1st, 2021. Only students endorsed by HSU may enter the statewide competition.

THE WILDLIFE SOCIETY, SAN FRANCISCO BAY
AREA CHAPTER PRESENTS



ENVIRONMENTAL CAREER DEVELOPMENT WORKSHOP

VIRTUAL WORKSHOP
TWO CONSECUTIVE MONDAYS
NOVEMBER 9 AND 16, 2020
6 PM TO 8 PM

This Career Development Workshop is applicable to anyone in any stage of their career! The Program will be led by three experts in their respective fields including two women who co-founded a coaching business (The Every Person, LLC), where they provide a launch pad for busy professionals to accelerate their career goals. In addition, we will be hearing tips and tricks from a leading environmental guru who has held multiple roles at Caltrans including her current title as the Chief of the Environmental Analysis Branch.



- **SF BAY CHAPTER MEMBERS: \$40**
 - USE CODE MEMBER2020
- **NON-MEMBERS: \$55**
 - Includes One Year Chapter Membership
- **STUDENTS: \$20**
 - USE CODE STUDENT2020; *must demonstrate enrollment after registration*

This workshop would normally cost hundreds of dollars but we are offering it at a large discount.
Don't miss out on your next great adventure!

REGISTER ONLINE AT:

<https://www.sfbaywildlife.org/events/environmental-career-development-workshop>

DESIGN YOUR FUTURE TO FIND A JOB THAT SUITS YOU

LEARN HOW TO NETWORK AND
INTERVIEW LIKE A PRO!

DEVELOP SKILLS & RECEIVE TOOLS TO
EARN YOUR DREAM ROLE!

This workshop will be formatted into two 2-hour
Zoom Meetings held one week apart. The topics
for each meeting are:

MONDAY NOVEMBER 9

- Intro to Career Planning/Goal setting
- Prepare for a Job change/Promotion
- Q & A with an Industry Expert

MONDAY NOVEMBER 16

- Improve your Resume and LinkedIn profile
- Applying for Jobs and Interviewing
- Tips from an Industry Expert

The Zoom information and all associated
handouts/packets to help facilitate the
workshop will be e-mailed out after registration
and prior to the meetings.

REGISTER ONLINE AT:

<https://www.sfbaywildlife.org/events/environmental-career-development-workshop>

Send questions to Molly at tws.sf.workshops@gmail.com



A woman with long dark hair, wearing a light-colored shirt, is smiling and using a measuring tape to measure a rock formation. The background is a natural, rocky landscape.

FIND YOUR FUTURE

MANAGER'S ASSISTANT FELLOWSHIP IN UKIAH, CA

The MANO Project (My Access to a Network of Opportunities) provides internship and fellowship opportunities that offer unique, PAID work experiences that connect, build and develop thoughtful Latino leaders. In partnership with some of the nation's most well-known agencies and organizations, these opportunities provide extensive training, mentoring and professional development support to help students succeed.

PREFERRED SKILLS

- Skills needed in oral and written communication for producing news releases, briefing papers, communication plans
- Organizational skills needed to coordinate and participate in community events and public meetings
- Research abilities needed to collect information for various outlets
- Able to provide excellent customer service to partners
- Independently develop public engagement and interpretation products

DEADLINE

Nov. 13, 2020 - MANAGER'S ASSISTANT FELLOWSHIP

BASIC ELIGIBILITY

- Current college students or graduates ages 17 and up!
- Possess U.S. citizenship or permanent residency
- Driver's license required
- Communications, Anthropology, Natural Resources, Public Relations, Environmental Science and/or Creative Writing or similar majors preferred, but open to a variety of Bachelors or Masters degrees and recent grads with strong writing skills
- Bilingual in Spanish preferred but not required
- And bring passion to your work!

APPLY NOW AT MANOPROJECT.ORG



MANOPROJECT.ORG

THE MANO PROJECT IS AN INITIATIVE OF HISPANO ACCESS FOUNDATION

TRANS DAY OF REMEMBRANCE 2020

LIVING ZINE

event: november 20th @5pm

zoom code: 214 362 5853

Send submissions by
Sunday, November 15th

call for submissions

TDoR is a day to share grief, illuminate injustice, and find community.

Submit poetry, visual art, music, photography, dance, and other stuff via the google form in our bio



Trans Day of Remembrance 2020: Living Zine

This is a call for artwork, poetry, dance, music, drag performance, photography, etc. submissions for TDoR 2020. TDoR is a day to share grief, illuminate injustice, and find community. Please send all submissions via the google form by November 15th (late submissions will be accepted).

Trans Day of Remembrance is a day to mourn and find healing together. We have lost 32 transgender people to acts of direct transphobic violence in the united states during 2020 alone, mostly Black trans women. As we illuminate injustice and remember the lives we have lost, we also want to highlight trans survival, resistance, and life.

The event is on Friday, November 20th @ 5pm and the zoom code is 214 362 5853.

BLACK LIBERATION & HERITAGE
MONTH 2021

PLANNING COMMITTEE



*We look forward to
connecting with y'all
on Friday
afternoons.*

*African American Center
for Academic Excellence*



RSO LEADER & CLUB INFO SUPPORT HOURS

DATE/TIME:

MONDAY: 3-4PM

WEDNESDAY: 5-6PM

FRIDAY: 10-11AM

Drop into our office zoom:

link.humboldt.edu/

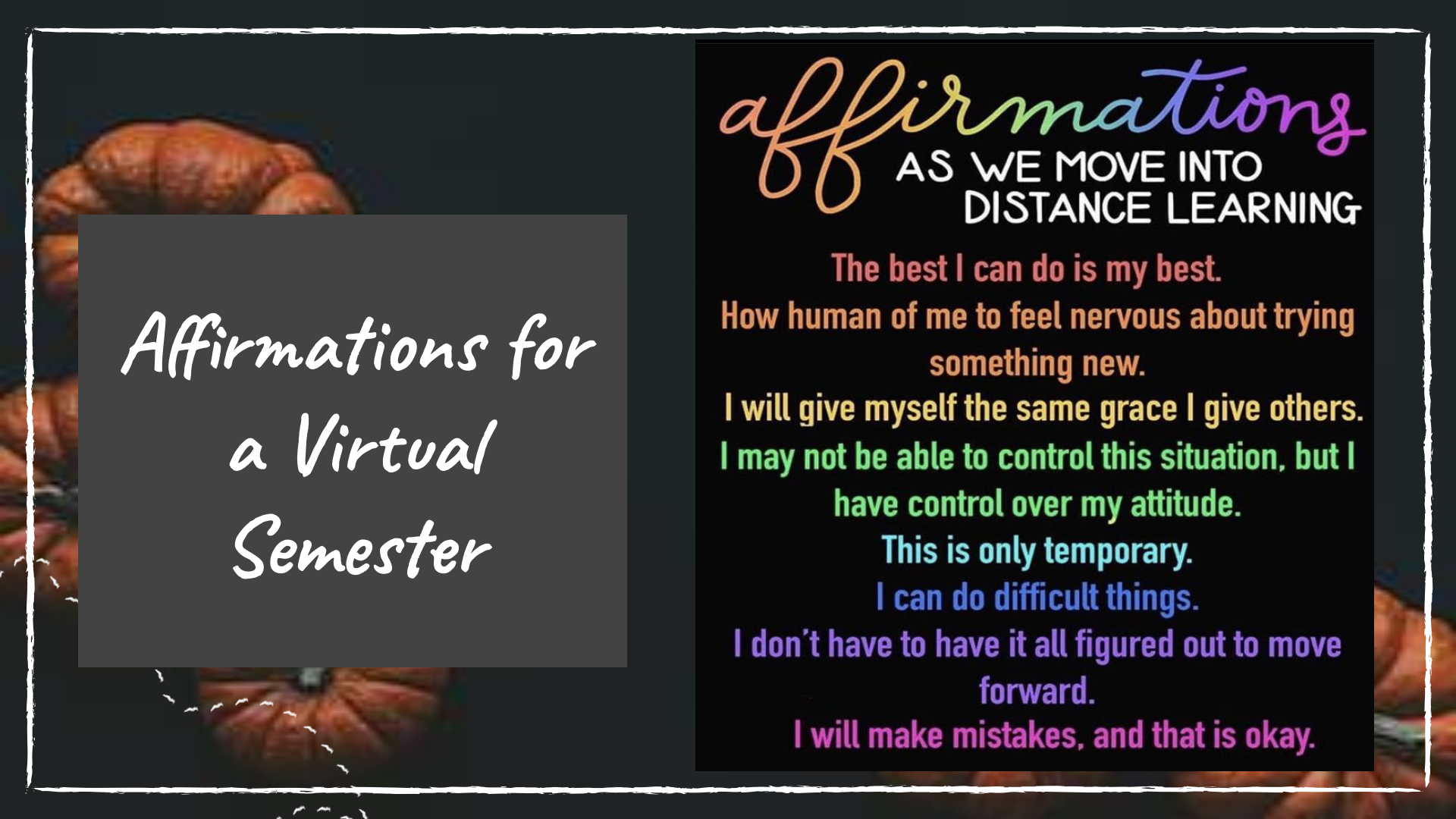
[RSO20_OfficeHours](#)

If you are not available any of the times above and need to chat with us, email clubs@humboldt.edu to schedule a time

*So you're an RSO
officer, now
what??*

*Get the answer to all your
questions and MORE at RSO
leader Office Hours!*



The background of the entire image is a dark, textured surface with several pumpkins visible, particularly on the left and bottom edges. The pumpkins are orange and have a ribbed texture.

Affirmations for a Virtual Semester

affirmations AS WE MOVE INTO DISTANCE LEARNING

The best I can do is my best.

How human of me to feel nervous about trying
something new.

I will give myself the same grace I give others.
I may not be able to control this situation, but I
have control over my attitude.

This is only temporary.

I can do difficult things.

I don't have to have it all figured out to move
forward.

I will make mistakes, and that is okay.

HSU SAFER CAMPUS SURVEY

Open: Oct. 26th-Nov. 6th

Your voice matters and can make a difference. The data from this survey will be used to assess and improve prevention efforts and response to sexual violence at HSU.

Check your HSU email for the survey link

The survey is collecting information about sexual assault, dating violence, stalking, harassment & bystander intervention.

Contact Kim.Berry@humboldt.edu with any questions. If you are interested in accessing survivor support resources you can contact HSU's Campus Advocate Team at 707.445.2881.



*Sexual Assault Prevention
Committee's Safer Campus
Survey is going out to students.

*The data from the survey will
be used to assess and improve
prevention efforts and
response to sexual violence at
HSU.*

APPLY NOW!

COMMUNITY-BASED LEARNING MINI GRANTS

Are you participating in a community-based learning class this semester? Could you use assistance with costs related to your experience? Awards of up to \$250 are available to eligible students on a first-come, first-served basis to provide support for expenses related to Service Learning, Academic Internships, and field placements.

tinyurl.com/CBLminigrant



For more information contact the Center for Community Based Learning ccb1@humboldt.edu

Student Dialogue to Discuss the Election

Has this election cycle caused you Anxiety, Stress,
or Frustrations? Join us to talk, decompress, and
identify possible actions

Register at:

osl.humboldt.edu/HSUVotes



October 27th @ 5pm

November 4th @ 5pm

November 12th @ 12pm





centeractivities
Rentals Now Open



COME RENT GEAR!



Wednesdays & Fridays

12:00pm - 4:00pm

Located at HSU RWC Gear Room

By Appointment Only



Email:
cntract@humboldt.edu

Phone:
(707) 826 3357

Rental Returns: Tuesdays & Thursdays 11:00am-1:30pm

Oh Snap Virtual Cooking Classes



Oh SNAP is looking for folks who are interested in hosting our cooking classes! You would provide the recipe and host a live zoom session (facilitated by Oh SNAP) of you cooking the recipe. We would provide the ingredients to you and student participants who would follow along! We can also provide some recording equipment if needed!

There are a few specifications for the recipes, so if you're interested please email me, ravin.craig@humboldt.edu. And I'll follow up! Please feel free to forward this to anyone who might be interested!!



Our mission:
Cru is a caring community passionate
about connecting people to Jesus.

Cru at H**SU**

Come join us as we gather in
fellowship to build our relationship
with each other and with **Jesus**.

Weekly Activities:
Women's Bible Study
Men's Bible Study
Friday Meetings
(with fun After Activities!)

Connect with us for more information!

Join us on [Lumberjack Link](#)

Email: cru@humboldt.edu

Insta: [@hsu.cru](#)

FB: [Cru at Humboldt State University](#)



MENTAL HEALTH TOOLBOX

Only 1 hour a week for 3 weeks total!

No intake need to attend.

Multiple opportunities each week.



Liked by **hsu_adpic** and 20 others

hsucaps Try a workshop that has helped students across several CSU campuses walk away with their own toolbox of thought exercises and mindfulness skills that will give you a better sense of your personal values and how you want to focus your energy. This is a three-part series done best in order: Recognition, Insight, and Openness. No need to complete an intake appointment at CAPS in order to attend, just click the zoom links on the CAPS Groups & Workshops webpage and download the MHT (RIO) Student Workbook before beginning.

This series is offered during three different time slots: Tuesdays 12-1 pm and 1-2 pm, and Fridays 10-11 am. Just choose your preference based on which times work for your schedule.





CAPS PRESENTS

HARM REDUCTION FROM ALCOHOL AND OTHER DRUGS

ABSTINENCE NOT
REQUIRED! SHOW UP
AS YOU ARE!

A supportive group where you can
discuss your relationship with
substances and discover
strategies to make changes

FRIDAYS 11AM-12PM

Email ned.peck@humboldt.edu for zoom link and c



hsucaps



Same day sessions at CAPS!

WEB-IN WEDNESDAYS AT CAPS

Call us on Wednesdays,
no appointment needed,
first come-first served!
Call early in the day for best
availability.

WEDNESDAY 9AM-4:30PM



Liked by [hsu_adpic](#) and 37 others

hsucaps This is a single session of therapy focused on a specific goal. You can also schedule a single session by appointment, if preferred. Our number is 707-826-3236.

If you decide you want to be assessed for ongoing therapy services, you can make an intake appointment after your session.





Associated Students

STUDENT RESOURCE TOWN HALL

TWO TOWN HALLS HOSTED BY A.S. FOR
STUDENTS TO VOICE THEIR NEEDS FOR
CAMPUS RESOURCES

TO REGISTER FOR EITHER TOWN
HALL, PLEASE REGISTER USING
THE FOLLOWING LINKS:

NOV. 17TH @ 4PM

<https://hsu.link/srth1>

DEC. 3RD @ 3:30PM

<https://hsu.link/srth2>

HSU English Department Visiting
Writer Series Presents:



BOOK OF THE YEAR:

"CITIZEN: AN AMERICAN LYRIC"

BY CLAUDIA RANKINE



Claudia Rankine Talks

Nov 7th @ 11am & 2pm

Book Circles:

www.literaryhumboldt.org





CAPS Resource:

Managing Anxiety and Maximizing Wellness

Wednesdays 1-2:30 pm,
starting 9/16/20

Managing Anxiety and Maximizing Wellness

Ever wonder why your anxiety
doesn't seem to go away, and why
those stress management
strategies you read about don't
seem to work?



hsucaps

Wednesdays at 2:30pm

Stay Connected with Recreational Sports!

Sport Clubs may not be practicing but, now is a great time to join a team, meet the players, and join in virtual activities. Clubs are hosting movie nights, cooking over zoom, game nights, and many other fun virtual activities to keep you connected and socially engaged! Check out our website to learn about the 15 different club sports. Whether you're an experienced athlete or want to learn how to play a new sport, we have a spot for you on the team! Email the club president (information found on our website) to join.

Website: <https://recsports.humboldt.edu>

Follow @hsu_sportclubs on Instagram for the latest info and updates!

HUMBOLDT STATE UNIVERSITY

Student Pen Pal Program

Sponsored by: Housing & Residence Life; National Hall Residence Honorary;
Residence Hall Association; Student Life; Social Justice, Equity, & Inclusion Center

**Campus Wide
Pen-Pal Program
to help us stay
close while we are
apart**

Please complete the
"Pen Pal Connection"
Form to Participate:
hsu.link/PenPal2020

Sign up at

hsu.link/PenPal2020



HUMBOLDT STATE UNIVERSITY

GREEN

&

GOLD

VIRTUAL FRIDAYS

begins Friday, August 28th

USE HASHTAG #HUMBOLDTSTATE

*Green & Gold
Fridays*

*Post your selfies with HSU
Gear on Instagram and tag
#humboldtState for a
chance to win some cool
prizes!*



PEER HEALTH EDUCATION
PRESENTS:



SHAMELESS SEXUAL HEALTH

AN UPLIFTING WORKSHOP COVERING TOPICS RANGING
FROM BIRTH CONTROL TO STI INFORMATION AND
PREVENTATIVE PRACTICES TO HEALTHY
COMMUNICATION TO HUMBOLDT COUNTY RESOURCES!

WHEN:

SEPTEMBER 17TH @ 3PM
OCTOBER 15TH @ 3PM
NOVEMBER 12TH @ 3PM

FOR UPDATES
FOLLOW US ON
INSTAGRAM
@HSUPHE



hsuphe

Sexual Health Workshop with PHE ***

Every month from September to November



ARE YOU RECEIVING HUMBOLDT ALERTS?

ALERTS ARE USED TO NOTIFY
YOU ABOUT THREATS
TO PUBLIC SAFETY
VIA EMAIL, PHONE CALL,
OR TEXT MESSAGE.

SIGN UP NOW AT
humboldt.gov.org/alerts



Q-BIPOC Talks

Q-BIPOC Talks

Queer, Black,
Indigenous,
People of Color



Every Friday 1-2pm Email:
ct239@humboldt.edu for Zoom link

A space for
community,
education and
**uplifting our LGBTQ+
communities.**

Streaming Pose

Every Thursday 5-6pm

EMAIL CT239@HUMBOLDT.EDU FOR ZOOM
LINK



Streaming Pose
Every Thursday
5-6pm

The Page Turners

A SPACE TO TALK AND CREATE A
COMMUNITY OF BOOK LOVERS.

EVERY WEDNESDAY 3-4PM

EMAIL CT239@HUMBOLDT.EDU FOR ZOOM LINK



*The Page Turners:
A Community for Book
Lovers
Every Wednesday
3-4pm*



SACNAS Talks



SACNAS Talks

Conversations about braiding culture with science, Society for the Advancement of Chicanos, Hispanics, and Native Americans in Science (SACNAS) style.



Every Monday

12-1:30pm

email:ct239@humboldt.edu

for Zoom Link



Devoted to Advancing Hispanics,
Chicanos and Native Americans
in Science.

Campus Oh Snap! Food Pantry



HUMBOLDT STATE UNIVERSITY
OhSNAP!

Go to...



Oh SNAP will be open the following hours starting September 7th 2020:

Tuesday: Noon-2pm & 3pm-5pm

Wednesday: 10am-Noon & 1pm-3pm

Friday: 9am-1pm



**DO YOU HAVE A PASSION FOR
COOKING OR A FAVORITE RECIPE
THAT YOU'D LIKE TO SHARE WITH
OTHERS?**

OH SNAP! WILL BE HAVING VIRTUAL COOKING
CLASSES SOON!

WE ARE LOOKING FOR "GUEST CHEFS" WHO
ARE WILLING TO HOST A QUICK AND EASY
COOKING TUTORIAL VIA ZOOM.



IF INTERESTED, YOU CAN DM US ON OUR IG
@HSUOHSNAP OR EMAIL US AT
OHSNAP@HUMBOLDT.EDU

THIS IS NOT A PAID POSITION. VOLUNTEERS ONLY



hsuohsnap

*Oh SNAP is looking for folks who are
interested in hosting our cooking
classes! You would provide the recipe
and host a live zoom session
(facilitated by Oh SNAP) of you
cooking the recipe. We would provide
the ingredients to you and student
participants who would follow along!
We can also provide some recording
equipment if needed!*

1-3pm Mon. - Fri.

12-1pm Tue. & Thur.

Zoom with HSU Library Staff & Faculty



<https://hsu.link/Z3w>

*Need Help from
Library Staff &
Faculty? Check out
their zoom office
hours*

CREATE
CONSENT
CULTURE

Fall 2020

Beginning Sept. 11

Create artwork, engage in social
media outreach, plan events,
develop resources, and more!

CHECK IT VOLUNTEER MEETINGS

Fridays @3-4pm

Zoom Mtg. ID:

97039761146

Link: <https://humboldtstate.zoom.us/j/97039761146>



Email mss62@humboldt.edu with any questions

*Check It
Volunteer
Meetings
Fridays from
3-4pm*



Fire Preparedness Resources

wrrap_hsu



HUMBOLDT COUNTY

**FIRE
PREPAREDNESS
RESOURCES**

HUMBOLDT ALERT



**Humboldt
ALERT**



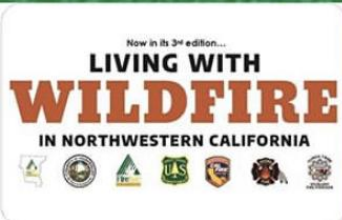
- Receive emergency notifications about severe weather, wildfires, flooding, evacuations, and other local incidents
- You will receive time-sensitive messages to whatever contact methods you specify 
- Only need to give a name and email to sign up on the Humboldt County Office of Emergency Services website

Fire Preparedness Resources

HUMBOLDT COUNTY FIRE SAFE COUNCIL

Exists to:

- Share fire-safety information
- Assess fire risk
- Promote community fire-safe planning and coordination
- Link fire-prevention program



LOCAL NEWS

- Lost Coast Outpost
- Redheaded Black Belt
- Eureka Times Standard
- North Coast Journal
- Redwood News



Fire Preparedness Resources

WHAT OTHER STEPS CAN YOU TAKE?

- **Create a Wildfire Action Plan for your household**
- **Create a Family Communication plan to have an out of area point of contact**
- **Follow designated evacuation routes**
- **Keep an emergency supply kit**



A GOOD EMERGENCY SUPPLY KIT

- **Three to five day supply of food (non perishable) and water per person/pet**
- **First aid kit (including masks)**
- **Whistle, batteries, flashlight, and wireless phone charger**
- **Toiletries (toothbrush, soap, etc)**
- **Blankets or sleeping bags**
- **Extra clothing**



**grief
&
loss**

therapy group

**STARTS END OF SEPTEMBER
TUESDAYS FROM 2PM-3PM**

DM TO SIGN UP OR LEARN MORE

INFO ON THERAPY GROUPS IN THE BIO ^^^

Grief & Loss Therapy Group Presented by CAPS



2 likes

hsucaps Experiencing feelings/lack of feelings around loss in your life? Loss of a loved one? Loss of a relationship, partnership or friendship? Grief about losing your in-person classes, community, plans and activities? This is a group where we can openly connect and share about loss, grief and the tidal wave of emotions that can come with either (or the tidal wave that doesn't come, but you can tell it's in there waiting to crash). DM for more information, to sign up, or because you want to say hi.

ON-CAMPUS FLU VACCINATIONS

Free for students*

Costs covered for students by your pre-paid health fees

Staff & Faculty welcome!

\$32 on-site cash or credit payment

Wednesday, Sept 11 11am-5pm UC Quad **

Wednesday, Oct 16 9am-6pm UC Quad **

Tuesday, Oct 22 12pm - 6pm UC Quad **

Monday, Nov 18 12pm - 6pm Library

*Fully matriculated

**Recreation & Wellness Center if rain

<https://wellbeing.humboldt.edu/>



sdrc_hsu



*Free student
vaccinations*

*On campus at the
UC Quad*



Go to

associatedstudents.humboldt.edu

for the link



A.S. PRESIDENT HERE TO
TALK ABOUT CAMPUS, THE
SENATE, A.S. FINANCES,
STUDENT FEES & MORE!

VIRTUAL WALK-IN HOURS

EVERY WEDNESDAY AT 5-6PM
AND THURSDAY AT 10-11AM
ZOOM LINK IN BIO



**JEREMIAH
FINLEY**



hsu_as

FILM SERIES

Let's Talk about the Middle East

Dr. Leena Dallasheh

September 24, 5PM: **For Sama**

October 8, 5PM: **74: Reconstitution of a Struggle**

October 22, 5PM: **10 Days before the Wedding**

November 5, 5PM: **Advocate**

To join the screening, please

RSVP <https://forms.gle/eniGUFubnDNUGj3A7>

So you can receive Zoom link and password



hsugesasa



Resources Available for our Student Leaders this Virtual Semester



The Learning Center online!

Learning Center Online



The Learning Center is meeting students where they're at
--in class, on Zoom, by email, or through chat.

The Learning Center has new resources and services to support students online. The most significant updates are below. Visit our website or contact us to learn more.
We'd love to meet with your department or student group.

The Learning Center online!

- Academic Peer Coaching
- Peer to peer coaching is now available to help students identify and use effective academic strategies in their practice. Coaching is offered on a first-come, first-served basis.

- Connected Tutoring -
Tutors are now paired with specific courses and sections so students can get to know and find their course's tutor easily. In addition, the ERE department is partnering with the Learning Center to offer embedded tutoring for select courses.

The Learning Center online!

- [The Writing Studio](#) will continue to offer student writing support through Zoom, email, or chat. Students can make an appointment from the Writing Studio's webpage or can Zoom with our front desk staff.
- [Supplemental Instruction](#) - Supplemental Instruction (SI) will offer synchronous SI courses via Zoom two days a week. In addition, the SI program is partnering with the Philosophy Department to support Phil 100 (Logic) with an SI course, Phil 198.

The Learning Center online!

- [Embedded Supplemental Instruction \(SI\) leaders in Intensive Math Courses](#) - The Learning Center's SI program is partnering with the Math Department to run SI within Math 101I, Math 103I, and Stat 108I courses.

- [Math Tutoring Lab Hours](#) - Since math and statistics classes will be supported with connected tutors and embedded SI leaders, the Math Tutoring Lab will have limited drop-in hours in the fall to support quantitative skills.