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◆ *El leñador* ◆

Cal Poly Humboldt's Student-Run Bilingual Newspaper

FREE | GRATIS

febrero 2024

Vol. 22 Edición 1



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MISSION STATEMENT

El Leñador is an English and Spanish newspaper produced by Cal Poly Humboldt students. Our staff cover and provide news to Latinx and other diverse communities on campus and in Humboldt County. We are committed to providing relevant news and expanding the representations and stories told about people of color and other marginalized groups. Our work helps create more social, political and cultural diversity in local media.

El Leñador es un periodico en español y inglés producido por estudiantes de Cal Poly Humboldt. Nuestro personal cubre y provee noticias a la comunidad Latinx y otras comunidades diversas en el campus y en el condado de Humboldt. Estamos comprometidos a brindar noticias actuales y ampliar la representación y las historias que son contados sobre la gente de color y otros grupos marginados. Nuestros esfuerzos ayudan a crear una diversa presencia social, política y cultural en los medios locales.

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Free emergency contraceptives available to students

by Kimberly Alexandra Madrigal



Coquette Clinical grade Plan B One-Step pills are stocked and ready to save the day at CPH Women's Resource Center. Photo by Joahna Tool

Students now have access to free Plan B One-Step pills, or emergency contraceptives, through the Women's Resource Center and the Peer Health Education Center due to a collaboration with a group advocating for wider access to contraceptives on college campuses nationwide.

"Students don't need to provide anything to get free Plan B or any products the WRC offers," said Isabela Acosta from the WRC.

The WRC has a confidential google form to request their various resources including the Plan B prior to pick up. Peer Health and Check-it offers Plan B no reservation necessary or questions asked, during operating hours.

The medicine is provided by the American Society for Emergency Contraception through their project Emergency Contraceptives for Every Campus, or EC4EC. Their goal is to make emergency contraceptives accessible to all with no barriers or stigma.

The Health Center, along with the Women's Resource Center located in Nelson Hall West room 204, Peer Health Education and Check-it offices, both

located in the Recreation and Wellness Center room 127 and 122, are offering Emergency Contraceptives to students with no questions asked.

As of now there is no "limit" or max a student could receive per semester. Regular use is not suggested.

"Students can receive as many Plan B's as they want, though Plan B shouldn't be anyone's main form of birth control," Acosta said.

Anyone needing more information about birth control, and any more sexual health assistance should contact the health center and peer health education for more clarification and a safe learning space.



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Two men face felony assault charges after brutal attack of Cal Poly Humboldt student on October 2022

by Peyton Leone

Disclaimer: This article is about an ongoing criminal trial. All defendants are presumed innocent until proven guilty.

Emanuel Herrera Cortes and Aldair Ramirez Vera appeared in court on Monday Jan. 22, 2024. Both defendants have been charged with felony assault against Caden Cuevas, a former Cal Poly Humboldt student. Both Defendants have been out on bail since they plead not guilty on March 30, 2023. Their trial has been set for April 2, 2024. They are the main suspects in a brutal assault outside of the Arcata theater lounge in Oct. 2022.

The assault happened before a concert at a popular college venue in Arcata. Before the event, Cuevas was waiting in line with his friend Nathan Cruz when they heard a group of latine people in front of them using the "n" word. When Cuevas told the group not to use the slur,

they began insulting him. While exiting the building after the show, Cuevas was confronted and jumped by the group.

Cuevas recalls five people taking part in the attack. From the crowd of bystanders, only two people came to Cuevas's defense. The attackers fled the scene leaving Cuevas in an unconscious state drenched in a pool of blood. A bystander who called the police alerted them to what they thought was a murder. As a result of the multiple injuries, Cuevas had to undergo an emergency lifesaving surgery.

"I only survived because surgeons were able to take 95% of the blood out of my head," said Cuevas.

Herrera Cortes and Ramirez Vera were identified by Arcata Police Department using security footage from ATM cameras at a bank across the street from the theater.

Cuevas graduated from Cal Poly Humboldt in Fall 2023 with a degree in physics. He hopes to one day complete his

lifelong goal of working at NASA where he has had three internships. Most of all he said he wants to enjoy life.

Though Cuevas is mostly healed from his injuries, he now has titanium plates in his skull that cause discomfort. He has noticed memory issues, sensitivity to light causing headaches, and intense vertigo in the eye that was fractured.

He said the process of getting his case to trial has been hard.

"It was pretty lonely because I had to do everything by myself. I don't have any other family or anything like that, and the cops were not very kind to me and kinda treated me like I was annoying," said Cuevas.

Cuevas' advice to other students is to "stand your ground, don't let people just say stupid things all the time just because you're scared. But also like, be careful because some people just don't care about other people's lives."

Cuevas said the experience has made him realize his strength.

"Even though my left orbital was broken, my head was open, and my neck was fractured. I still went and I still did what I had to do in school and I still got it done, and I did that for myself," said Cuevas. "Life is gonna fucking suck sometimes and its gonna be really hard, but its like as long as you keep trying you know you'll get what you what youre reaching for."

Dos hombres enfrentan cargos de agresión grave después de atacar brutalmente a un estudiante de Cal Poly Humboldt

by Peyton Leone traducido por Tanya Gonzales

Descargo de responsabilidad: Este artículo trata sobre un juicio penal en curso. Todos los acusados se presumen inocentes hasta que se demuestre lo contrario.

Emanuel Herrera Cortés y Aldair Ramirez Vera comparecieron ante el tribunal el lunes 22 de enero de 2024. Ambos acusados han sido imputados por agresión grave contra Caden Cuevas, un antiguo estudiante de Cal Poly Humboldt. Ambos acusados han estado en libertad bajo fianza desde que se declararon inocentes el 30 de marzo de 2023. Su juicio está programado para el 2 de abril de 2024. Son los principales sospechosos de un brutal asalto fuera del Arcata Theatre Lounge en octubre del 2022.

El asalto ocurrió antes de un concierto en un lugar universitario popular en Arcata. Antes del evento, Cuevas estaba esperando en la fila con su amigo Nathan

Cruz, cuando escucharon a un grupo de personas latine frente a ellos usando un insulto que se usa para referirse a los afroamericanos. Cuando Cuevas le dijo al grupo que no usara el insulto, comenzaron a insultarlo. Al salir del edificio después del espectáculo, Cuevas fue confrontado y atacado por el grupo.

Cuevas recuerda a cinco personas participando en el ataque. De la multitud de espectadores, solo dos personas salieron en defensa de Cuevas. Los atacantes huyeron del lugar dejando a Cuevas en un estado inconsciente y bañado en un charco de sangre. Un transeúnte que llamó a la policía les alertó de lo que pensaban que era un asesinato. Como resultado de las múltiples lesiones, Cuevas fue sometido a una cirugía de emergencia para salvarle la vida.

"Sólo sobreviví porque los cirujanos pudieron sacar el 95% de la sangre de mi cabeza," dijo Cuevas.

Herrera Cortés y Ramirez Vera fueron identificados por el Departamento de Policía de Arcata utilizando imágenes de las cámaras de seguridad de un cajero automático en un banco al otro lado de la calle.

Cuevas se graduó de Cal Poly Humboldt en el otoño de 2023 con una licenciatura en física. Espera completar algún día su objetivo de toda la vida de trabajar en la NASA, donde ya ha realizado tres pasantías. Sobre todo, dijo que quiere disfrutar de la vida.

Aunque Cuevas está prácticamente curado de sus lesiones, ahora tiene placas de titanio en el cráneo que le causan molestias. Ha notado problemas de memoria, sensibilidad a la luz que le provoca dolores de cabeza y vértigo intenso en el ojo que fue fracturado.

Dijo que el proceso para llevar su caso a juicio ha sido difícil.

"Me sentí bastante solitario porque

tenía que hacer todo por mí mismo. No tengo otra familia ni nada de eso, y la policía no fue muy amable conmigo y me trataron como si yo fuera una molestia," dijo Cuevas.

El consejo de Cuevas para otros estudiantes es "manténganse firmes, no permitan que la gente diga cosas estúpidas todo el tiempo solo porque tienen miedo. Pero también, tengan cuidado porque a algunas personas simplemente no les importa la vida de los demás."

Cuevas dijo que la experiencia lo hizo darse cuenta de su fortaleza.

"A pesar de que mi órbita izquierda estaba rota, mi cabeza estaba abierta y mi cuello estaba fracturado. Aún así fui y seguí haciendo lo que tenía que hacer en la escuela y lo logré, y lo hice por mí mismo," dijo Cuevas. "La vida a veces va a apearstar y va a ser realmente difícil, pero mientras sigas intentándolo, sabrás que alcanzarás lo que buscas."



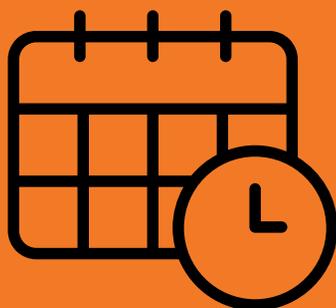
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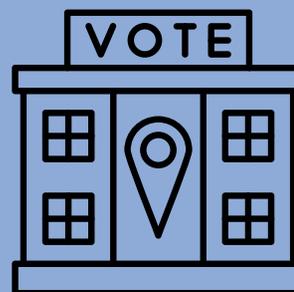
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CFA strike ends after first day: tentative agreement updates

by Maryanne Casas Perez



CFA Humboldt chapter Marisol Ruiz chants along with supporters near the campus library on Jan. 22. Photo by Joahna Tool

After one day of striking the California State University management and California Faculty Association have reached an agreement about the union's new contract. Classes will resume as scheduled starting Tuesday, Jan. 23.

In the tentative agreement the faculty will receive retroactive pay with a 5% increase, raising the salary floor for the lowest paid faculty, an additional increase of 2.65% for 2024-2025, extended parental leave, gender neutral bathrooms, lactating rooms and having a union rep present during police interactions for protection. An additional 5% will be contingent on if the state will be raising funds.

"Parental leave is huge, a lot of people are starting families," said Maureen Loughran, CFA field representative.

However, some faculty will not be eligible for the 2.65% increase, part time professors have to teach at least 24 units in order to be eligible for the 2.65% increase. The increase of salary helps department chairs and helps recruit and attract people to the jobs.

Loughran explained that an assistant professor will be making about 10,000 more and a professor will be making about 14,000 more with this proposed contract.

Fourteenth and B street was packed with professors, lecturers, coaches, librarians and students demanding that CSU come to the bargaining table and reach an agreement about their working contract.

Humboldt's CFA chapter president Marisol Ruiz and supporter Rick Toledo, led a powerful strike with supporters

chanting, "Who's got the power? We got the power! What kind of power? Union power!" and "No justice, No Teach!".

Ruiz quotes Angela Davis to describe the union's fight for better working conditions saying "freedom is a constant struggle."

Multiple groups, consisting of both faculty and students, were striking at the main entrance of Cal Poly Humboldt and by the campus library. The concerns of the faculty are livable wages, parental leave, gender neutral bathrooms and not increasing tuition for the students.

A few of the students expressed different concerns as to why they decided to join the strike and will continue to support the faculty.

Sophomore student Ruben Antilla

came out to support the strike stating, "I love the faculty, that's why I'm here."

Georgina Cerda, an international student came to support the CFA strike because she believes to have a good education you have to have teachers who are paid fairly; it costs to have a quality education. Cerda also shared that she and other CFA supporters had been flooding the CSU management with emails asking the CSU to be fair and give the teachers what they deserve.

Student Steven Carin, who walks with a cane joined in on the strike, because nothing was going to stop him from showing his support.

"Nothing is more important than education, nothing," said Carin.

Loren Cannon was at the bargain-

Huelga de facultad finaliza después de un día.

por Maryanne Casas Perez, traducido por Georgina Munoz-Villanueva

Después de un día de huelga, la administración de la Universidad Estatal de California (CSU) y la Asociación de Profesores de California (CFA) llegaron a un acuerdo sobre el nuevo contrato del sindicato. Las clases se reanudaron el martes 23 de enero.

En el acuerdo tentativo, la facultad recibirá pagos retroactivos con un incremento del 5%, elevando el salario más bajo de los profesores peor pagados, un incremento adicional de 2.65% para el ciclo del 2024-2025, licencia parental extendida, baños de género neutro, salas de lactancia y la presencia de un representante sindical durante las interacciones con la policía para protección. Un 5% adicional dependerá de si el estado recaudará fondos.

“La licencia parental es fundamental, mucha gente está formando una familia,” dijo Maureen Loughran, representante de campo de la CFA.

Sin embargo, algunos profesores no serán elegibles para el aumento del 2,65%. Los profesores contratados a medio tiempo deben enseñar al menos 24 unidades para ser elegibles para el aumento. El aumento de salario ayuda a los jefes de departamento y contribuye a reclutar y atraer personas a los puestos de trabajo. Loughran explicó que un profesor asistente ganará unos \$10,000 más y un profesor ganará alrededor de \$14.000 más con este contrato propuesto.

Las calles 14 y B estaban repletas de profesores, entrenadores, bibliotecarios y estudiantes exigiendo que la CSU se uniera a la mesa de negociaciones y llegaran a un acuerdo sobre su contrato de trabajo.

La presidenta del capítulo de la CFA en Humboldt, Marisol Ruiz, y su partidario Rick Toledo, lideraron una poderosa huelga con sus seguidores coreando: “¿Quién tiene el poder? ¿Nosotros tenemos el poder! ¿Qué tipo de poder? ¿Poder sindical!” y “¡Sin justicia, no hay enseñanza!”

Ruiz cita a Angela Davis para describir la lucha del sindicato por mejores condiciones laborales dici-



CFA Humboldt chapter president Marisol Ruiz leads students and staff on the corner of 14th and B on Jan. 22. Photo by Joahna Tool

endo que “la libertad es una lucha constante.”

Múltiples grupos, compuestos tanto por profesores como por estudiantes, estaban en huelga en la entrada principal de Cal Poly Humboldt y cerca de la biblioteca del campus. Las preocupaciones de la facultad son salarios dignos, licencia parental, baños de género neutro y no aumentar la matrícula para los estudiantes.

Algunos de los estudiantes expresaron diferentes preocupaciones sobre por qué decidieron unirse a la huelga y continuarán apoyando a la facultad.

Rubén Antilla, estudiante de segundo año, salió a apoyar la huelga diciendo: “Amo a la facultad, por eso estoy aquí.”

Georgina Cerda, estudiante internacional, vino a apoyar la huelga de la CFA porque cree que para tener una buena educación, es necesario que los profesores reciban un salario justo; cuesta dinero tener una educación de calidad. Cerda también compartió que ella y otros partidarios de la CFA habían estado inundando a la direc-

ción de la CSU con correos electrónicos pidiendo que la CSU sea justa y dé a los profesores lo que se merecen.

Steven Carin, un estudiante que camina con bastón, se unió a la huelga ya que nada iba a impedirle mostrar su apoyo.

“Nada es más importante que la educación, nada,” afirmó Carin.

Loren Cannon estuvo en la mesa de negociaciones con la CSU el lunes por la noche y señaló que este es un acuerdo por el que planea votar a favor. Aunque no se cumplieron todas las solicitudes como se solicitó originalmente, cree que este contrato es mejor para los profesores peor pagados.

“Nos apegamos a nuestras propuestas originales,” dijo Canon. “Como sindicato es importante tomar decisiones para todos.”

Students in solidarity with CFA strike on L.K wood BLV. Photo by Joahna Tool





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Cultural Centers still without full-time coordinators

by Ben Hernandez

Both the The Umoja Center for Pan African Student Excellence and El Centro Académico Cultural de Humboldt are still looking for professional coordinators.

El Centro is an academic cultural center here on campus which works mainly with students of Latin American descent in developing plans for academic success that honor and respect their cultural values. According to Cal Poly Humboldt's Institutional Research, Analytics, and Reporting (IRAR), in Fall of 2023, about 29% of campus or 1,750 students identified as Hispanic or Latino.

In June of 2023, Fernando Paz left his role as coordinator of El Centro. Paz started in 2017 as an interim coordinator for El Centro, and has since moved on to working as a Campus and Community Coordinator at the Office of Diversity, Equity, and Inclusion (ODEI) at Cal Poly Humboldt.

After Fernando had left, Brianna Rodriguez served as El Centro's academic advisor until Nov. 17 of the same year.

Fernando Paz explained in a recent interview that the role of professional coordinators are essential "to the success of our students in regards to student services and student life."

"I think that the coordinator position is critically important as a Hispanic-serving institution", Paz said. He compared pan dulce to the cultural center itself and the role of a professional coordinator to beans and rice.

"A metaphor that I used a lot was the difference between 'ser pan dulce y el arroz

y frijoles', " said Paz. "Pan dulce is that cultural artifact, 'ah que bonito, sabe rico'. But you can't live off pan dulce. If you eat pan dulce everyday of your life, you're not gonna be very healthy. If you eat beans and rice everyday, that's complete protein. That's gonna nourish you"

Melissa Hutsell, of Cal Poly Humboldt's news account said that the "El Centro coordinator position is currently open and we are actively looking for candidates." At present, the job posting of El Centro Coordinator is still active on Salary.com, with a monthly salary range of \$4,226 - \$6,010 .

Douglas Smith, the previous coordinator of Umoja and CPH graduate, left his position late Oct. 2023. He went on to work for Pasadena City College, where he took on a new position as Black Student Success Specialist at Pasadena City College.

The Umoja center is an academic cultural center at CPH which primarily works with the school's pan-African student population and aims to uplift and support its students academically, professionally and personally through advising and mentorship. Again, according to IRAR, about 158 students identified as being African American out of a student population of 5,976.

Students who are a part of these cultural centers have had to turn to their fellow students for leadership in the meantime. Kaylon Coleman, a student assistant who works at the Umoja center, said, "Before he left (Douglas) was like, 'Keep on

doing what you guys are doing, you know, you've been here, you know the ropes', but in terms of our services, it's been roughly the same."

Coleman said that Douglas shared the reason why he left before he did.

"He said 'If I got some extra compensation so I wouldn't be struggling, I'd be willing to stay, I'd want to stay,'" said Coleman. "But I guess they just couldn't find it in the budget to increase (his pay), and so he had to go somewhere where his talents were appreciated and valued."

Harrelle Deshazier is leading Umoja in an interim capacity as an academic advisor. They said that even though "being an academic advisor requires [them] to be present for students as they navigate their own versions of success semester by semester," that's what keeps them going.

"It is, in fact, the joy that I find in providing that support that has carried me throughout my career as an educator," said Deshazier. "While the position requires me to balance both job titles. I have confidence that I can preserve the bandwidth needed to do the good work that I am called to do, while still finding the joy in it"

Director of the Office of Student Life, Ravin Craig, is filling in as interim coordinator for both El Centro and the Umoja Center. Craig did not comment in time for publication.

"(Cultural Centers) need professional staff that can provide the sustenance that's gonna make students healthy," said Paz. "Whether it's a coordinator or a director,

they need somebody. A director is ideal, but a coordinator is good...There's the ideal and then there's what's possible."



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El Centro & Umoja Timeline

June 2023

Fernando Paz has left his position as coordinator of El Centro Académico Cultural on June 1.

November 2023

Brianna Rodriguez left her position of academic adviser on November 17.

Fall 2022

Both El Centro and Umoja have full-time advisors and coordinators.

October 2023

Douglas Smith officially left his position as coordinator of the Umoja Center on October 20.

January 2024

El Centro coordinator job posted on Salary.com on January 12, 2024.

Mother's Cooking brings a plate of home away from home

by Jacqueline V Espinoza



Mother's Cooking Experience is a Black female-owned state of the art food truck located in Arcata's Septentrio Winery. Cooked from start to finish, they offer a variety of AfroCuban cuisine with gluten free, vegetarian, and vegan options available.

Alby Alawoya and Monique Sutton (also known as Mama Mo) are a skilled mother-daughter duo coming from Los Angeles and have been bringing up a piece of home up to Humboldt for everyone to enjoy since 2020, when they started as side business at Humboldt Bay Provisions Social Club and later a pop-up at Northtown Coffee.

Mother's Cooking Experience carries "diverse cultural stories from our families crafted with love and care on a plate and I hope each time somebody interacts with us, each time someone eats our food, they feel the feeling of nostalgia in home," said Alawoya. "Whether they had a mom cooking them food all the time, whether it was their auntie, whether their friends, mom, anyone."

Alawoya, 30, is a restaurant-ur who graduated from Cal Poly Humboldt in 2017. With her National Business degree she is resilient in making her mark in the Humboldt community. Today she continues her career in business as the passionate project manager for Mother's Cooking Experience, as well as her personal project of giving back to the community and "feeding towards a bigger picture."

The head Chef Mama Mo currently runs a one woman show in the kitchen

where she encapsulates her years of cooking experience. After working with Network for a Healthy California and finishing culinary school at Los Angeles Trade Technical College, Mama Mo is bringing culture to Humboldt with her contagious smile and laugh. She says she truly wants a "space for people to come feel at home."

Together they offer a burst of multicultural dishes to their menu such as maduros (sweet fried plantains), vegan cornbread, and their most popular the Havana bowl which is offered in a variety of protein options including mojo garlic chicken thigh or pork, portobello steak, and Ted's special (fried egg). Their Sunday brunch presents lemon ricotta pancakes, buttermilk fried chicken, and some lively tunes from DJ L Boogie. The duo not only believes that everyone has a right to good food but also a space to jam out and attain opportunities.

In honor of supporting their community, this upcoming February they will host their annual Black Hall Marketplace on the 18th and 25th where Black and Brown vendors/creators can have a safe space to sell or promote their creations. Along with the marketplace there will be a free first come first serve cooking demo for children at 4pm with limited spots only on the 18th. They've made both events completely free to sign up for, as well as the ability to provide tabling if needed.

Although there's no fee to vendors, donations would be greatly appreciated



Above: Alby Alawoya and her mother Monique Sutton "Mama Mo" pose in unity in front of their food truck Ja

Left:

as the funds will go towards future Black Humboldt events. To sign up visit @BlackHumboldt or @motherscooking_humboldt on instagram and click their linktree.

You can taste Mother's Cooking Experience at 650 6th St Arcata, CA 95521 every Wednesday-Saturday from 3-8pm for dinner or Saturday-Sunday from 11:30-3pm for brunch. They are available now on Doordash and offer catering that can be found on their website motherscooking-experience.com.



Mothers Cooking trae un plato de hogar lejos del hogar

por Jacqueline V Espinoza traducido por Lila Salinas



in. 28 in Arcata. Photo by Lila Salinas



"Ted's Special" order at Mother's Cooking in Arcata. Photo by Jacqueline V Espinoza

Mother's Cooking Experience es un moderno camión de comida, propiedad de mujeres negras, ubicado en Septentrio Winery en Arcata. Ofrecen una variedad de cocina afrocubana, cocinada desde cero, con opciones sin gluten, vegetarianas y veganas disponibles.

Alby Alawoya y Monique Sutton (también conocida como Mama Mo) son un hábil dúo madre e hija procedente de Los Ángeles, quienes han traído un pedazo de hogar a Humboldt para que todos disfruten desde el 2020. Comenzaron como un negocio secundario en Humboldt Bay Provisions Social Club y luego como un puesto temporal en Northtown Coffee.

Mother's Cooking Experience transmite "diversas historias culturales de nuestras familias elaboradas con amor y cuidado en un plato, y espero que cada vez que alguien interactúe con nosotros, cada vez que alguien coma nuestra comida, sienta la sensación de nostalgia de su hogar," dijo Alawoya. "Ya sea que tuvieran una mamá cocinándoles comida todo el tiempo, su tía, sus amigos, su mamá, o cualquiera."

Alawoya, de 30 años, es una empresaria de restaurantes, graduada de Cal Poly Humboldt en el 2017. Con su título en Negocios Nacionales, muestra su capacidad de dejar huella en la comunidad de Humboldt. Hoy continúa su carrera en los negocios como la apasionada gerente de proyectos de Mother's

er's Cooking Experience, además de su proyecto personal de retribuir a la comunidad y "alimentar hacia un panorama más amplio."

La jefa de cocina, Mama Mo, actualmente dirige un espectáculo de una sola mujer en la cocina donde encapsula sus años de experiencia culinaria. Después de trabajar con Network for a Healthy California y terminar la escuela culinaria en Los Angeles Trade Technical College, Mama Mo está trayendo cultura a Humboldt con su sonrisa y risa contagiosas. Ella afirma que realmente quiere un "espacio para que la gente venga a sentirse como en casa."

Juntos ofrecen una explosión de platos multiculturales en su menú, como maduros (plátanos dulces fritos), pan de

Su brunch dominical presenta panqueques de ricotta y limón, pollo frito con suero de leche y algunas melodías animadas de DJ L Boogie. El dúo no solo cree que todos tienen derecho a una buena comida, sino también a un espacio para disfrutar y aprovechar oportunidades.

En honor al apoyo a su comunidad, el próximo mes de febrero organizarán su Black Hall Marketplace anual los días 17 y 25, donde vendedores y creadores negros y latinos tendrán un espacio seguro para vender o promocionar sus creaciones. Junto con el mercado, habrá una demostración gratuita de cocina para niños a las 4 p.m., con cupos limitados solo el día 17. Ambos eventos serán completamente gratuitos para inscribirse, así como la posibilidad de proporcionar



Cooking cuban food has just been second nature in my household - Alby Alawoya

maíz vegano y su más popular platillo, el tazón Havana, que se ofrece en una variedad de opciones de proteínas que incluyen mojo, ajo, muslo de pollo o cerdo, bistec portobello y Ted's especial (huevo frito).

Black Liberation Month Calendar

Feb. 1- 29, 2024

1 Thursday

BLM Kick off/Open House

from 4-6pm

Nelson Hall East 206

Umoja Center for Pan African Excellence

Come join for both an open house and Kick off to Black Liberation Month!

Radio Takeover at 6pm on Humboldtair.org

Join every Thursday for a radio take over featuring local Black artists and Community and all their favorite tunes!

Women's Resource Center and black Humboldt hosting screening of "The Beauty of Blackness"

7pm, CPH Library room 209

3 Saturday

"A Liberated People" Exhibition

Opening Celebration from 5-8pm Free Community event at The Sanctuary 1301 J St, Arcata. Black Liberation Month Exhibition Celebration of Black History, present and future through Black and Brown Art creation. Enjoy Live music, performers, and local bands

9 Friday

Black Friday Movie Night!

House party (2023) from 7-9pm at Gutswurrak Student Activities Center 225

Pizza Dinner Provided

11 Sunday

Mothers cooking presents the

Black Hall every sunday from

11-3pm at

Mothers Cooking Experience. 1603 G St Arcata CA

Eat brunch, shop black and local and connect with community

13 Tuesday

Unpacking Black Joy

SAC 131 Banquet Room at

5pm with Kirby Moss to share in

discussion on unpacking what black joy is, and what it isn't.

5 Thursday

Black Culture Trivia Night

Gutswurrak at 7pm

Student-lead trivia night based on Black history, pop culture, and media. There will be prizes and refreshments!

17 Saturday

"Kemet Yoga" workshop

with Bamiedle 10am The Sanctuary 1301 J St Arcata

"Intentional Rest" with Levia

Love, Come to practice being intentional about your rest! at 10am Bling Brow Bar 531

Summer St Suite A Eureka

18 Sunday

Black to the land: Paddle Out

Humboldt Bay Aquatic Center

from 11am-3pm This will be an

Umoja-exclusive event for students signed up for Academic Services in the

Umoja Center. Lunch provided To register email

Umoja@humboldt.edu

Free "Rustin" Screening with

Queer Humboldt, 11am Minor

Theater H st Arcata

20 Tuesday

FD Signifier- Native Forum in

CBSS classroom 162 at 6:00pm

Hosted by Umoja, Speaker F.D.

will dissect his journey as a content

creator and ways in which he has

experienced liberation as a

Black content creator.

22 Thursday

Karaoke Night: BLM

Takeover Gutswurrak student

Activities center 250-South Lounge

Pay tribute to Black musicians,

songwriters, and producers as we

enjoy a night of Karaoke from

7-9pm

24 Saturday

Black Joy Bash at 4-7pm

Gutswurrak Student Activities

Center 225 Kate Buchanan Room.

For students to come and celebrate

Black Liberation Month and Black

Culture. Music, dancing, games,

food, and more!

NAACP 52th Annual Charles

Washington Soul Food Dinner

at Eureka Womens club 1531 J

street

General \$20 Cr and CPH students,

and children under ten \$10

from 4-7pm

Writing Workshop with

Marlene at 1PM Mas River

Grange-Bluelane CA Free

community wide

25 Sunday

Mothers Cooking class at

Septentrio Winery, 4pm

This workshop will span about 2

hours, where they will explain the

African origins of Kemet (Ancient

Egypt), and Kemet Yoga, that will

go through a full session

29 Thursday

Black out game! Black staff and

faculty recognition at the

Lumberjack Arena,

Athletics ODEI

Womens game at 5:30pm Mens

game at 7:30pm

Half-Time that will be recognition

of Black Staff and Faculty and

their contributions to campus.

By, Alexis Consuelo

Punks for Palestine benefit show on Feb 10 at 7pm

by Jordan Pangelinan

The four local punk bands T.I.C.K, The Groomers, Heart Eyes 707 and Vegan Slaughterhouse will be performing at Outer Space Arcata on Feb. 10 with the goal of donating money to help those in crisis in Palestine and their surrounding areas. Entrance is on a sliding scale from \$5 to \$10, further donation is encouraged but not required.

Funds raised will go to the American Near East Refugee Aid, a group whose mission is to provide "humanitarian assistance and sustainable development to advance the well-being of refugees and other vulnerable communities in Palestine, Lebanon and Jordan."

Brendon McNaughton, a senior at Cal Poly Humboldt studying social work was inspired to organize the event after learning how he can make a difference from a Palestinian classmate.

"I have a dear friend and classmate who is Palestinian and has been doing bril-

liant work in the local community organizing around the liberation of Palestine and calling for a ceasefire," said McNaughton. "And while unfortunately a lot of needed aid isn't getting into Gaza, they told me there could still be room for fundraising."

Though he had never put a show together before, McNaughton wanted to put on an event like ones that have been happening around the country.

"I really felt that there was a need for Humboldt punks to show up for this issue and show their solidarity with Palestinians," said McNaughton. "The show will also be about the community coming together and expressing the deep pain over this genocide, turning pain into artistic expression, and collectively calling for a free Palestine."

McNaughton said that even though the show means a lot to him as a punk and an advocate for the liberation of all people, he feels that the show is bigger than himself.



"I may have initiated it, but this show and this cause belongs to everyone," said McNaughton. "Palestine will be free."

Outer Space Arcata is an all ages venue that builds community, empowering youth, and understanding of oppression through education and creative expression.

Heart Eyes is one group performing at the Punks for Palestine show on Feb. 10. Photo provided by Kianna Znika

El Centro Academico Cultural

Upcoming Events:

| | | |
|----------------------------|----------------------|---|
| <p>FRI. FEB 09</p> | <p>@ 4:00 PM</p> | <p>Café con Chisme : <i>WHAT IS CHISME?</i></p> |
| <p>WED. FEB 14</p> | <p>@ 5:30 PM</p> | <p>Dia del Amor y la Amistad : <i>A Pronoun Education Event</i></p> |

**Open: Monday - Friday
9 AM - 5 PM**

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MAR 1
VIERNES

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RICHARDSGOAT.COM



Left: "Nusu Nusu" by Charis Pulei

Right and Below: Pied Crow, Guinea Fowl and Superb Starling



Student artist journals her life experiences through art

by Peyton Leone

Charis Pulei was born in the U.S before her family moved to Arusha, Tanzania. She works as a resident assistant on campus and her dorm room is like a living gallery that displays her work. Paintings on the wall, ceramics on the table, and pile of yarn show how her process of creation takes many forms.

She says her art is a way for her to tell a story or to create a piece to decorate her space.

Pulei painted birds from Tanzania on the sides of her night stand. The pied crow, guinea fowl and superb starling are scavenger birds that are surviving climate change.

"The fact that these are the three main birds that I think of when I think of home for me says a lot about what climate change is doing," Pulei

She remembers beginning art during a time when her mother was a teacher and her father a philosophy professor. She found that art coloring books were a way to entertain herself during her parent's lectures which they would often take her to.

Her painting "Ndoto ya Moyo", which means "Dream of the Heart" in Kiswahili, is a large cut wooden board with acrylic and oil paints and symbolizes her relationship with her father and the Maasai tradition.

"Being biracial, it was kinda hard to have my tribal culture be taught to me sometimes, because my mom is white. A lot of the times there was family conflicts on my dad's side about how much I was really entitled to learn and welcomed into," said Pulei.

"The fact that I'm allowed to have long hair is not something that would be tribally normalized... Having my father braiding my hair in this painting symbolizes a lot of love and acceptance and intercultural development."

Her father is painted with full Marrai (Massai Warrior) regalia, wearing a shuka, braided Cuffs, braided hair, a staff and feathers. At the bottom of the painting is a broken spearhead which represents the breaking from tradition.

"As much as my father did try, he

also isn't really connected to his culture because of governmental things that were happening due to colonialism in Kenya when he was growing up. A lot of children his age were being forced to go to school instead of being allowed to have their cultural education, and my father was unfortunately one of those kids," said Pulei.

Pulei says that she wants to push against commodifying her life experience in her work as a Kenyan and Tanzanian person. The stories she tells in her art are deeply personal to the story of her life and who she is.

"I want my art to detail more of a personal element and be more specific to myself and my experiences rather than a commentary on the entire diaspora, because that just feels like a payout."

One painting hanging on her wall is titled "Mshukuru Mungu kwa wakati wote" which means "You have to thank god for the little moments" in Kiswahili. It is styled like a Kanga cloth and has a locket and ivory ring on it representing the

mixing of her parent's cultures.

Pulei created a ceramic chess set where each piece represents the dark and light side of different emotions. The white knights are joyful puppies and the black knights are owls.

"Back home owls are actually taboo, they are considered the bringers of death," said Pulei. "Putting them as the little intermediaries between the dark and light sides of the chess set was just something I felt like was important to me."

Artista que registra sus experiencias a través del arte

por Peyton Leone traducido por Lila Salinas

Charis Pulei nació en los Estados Unidos antes de que su familia se mudara a Arusha, Tanzania. Trabaja como asistente de residencia en el campus y su dormitorio es una galería de arte en donde exhibe su obra. Las pinturas en la pared, la cerámica en la mesa y una pila de hilo muestran cómo su proceso de creación toma diversas formas.

Ella afirma que su arte es una manera de contar una historia o crear una pieza para decorar su espacio.

Pulei pintó aves de Tanzania a los lados de su mesa de noche. El cuervo pío, la gallina de Guinea y el estornino soberbio son aves carroñeras que actualmente sobreviven al cambio climático.

"El hecho de que estas sean las tres aves principales que pienso cuando pienso en mi hogar dice mucho sobre lo que el cambio climático está haciendo," dijo Pulei.

Recuerda que comenzó a trabajar en el arte cuando su madre era maestra y su padre, profesor de filosofía. Descubrió que los libros para colorear eran una forma de entretenerse durante las conferencias de sus padres, a las que a menudo la llevaban.

Su pintura "Ndoto ya Moyo", que significa "Sueño del Corazón" en la idoma Kiswahili, es una gran tabla de madera cortada con acrílico y óleo, y simboliza la relación con su padre y la tradición masai.

"Al ser birracial, a veces era difícil que me enseñaran mi cultura tribal, porque mi madre es blanca. Muchas veces hubo conflictos familiares por parte de mi padre sobre cuánto realmente tenía derecho a aprender y ser aceptada," dijo Pulei.

"El hecho de que se me permita tener el pelo largo no es algo que es aceptado tribalmente... Que mi padre me trence el cabello en esta pintura simboliza mucho amor, aceptación y desarrollo intercultural."

Su padre está pintado con todos los accesorios, con pulseras trenzadas, un bastón, cabello trenzado y plumas. En la parte inferior de la pintura hay una punta de lanza rota que representa la ruptura con la tradición.

"Por mucho que mi padre lo intentara, él tampoco está realmente conectado con su cultura debido a cuestiones gubernamentales que sucedieron debido al colonialismo en Kenia cuando él estaba creciendo. Muchos niños de su edad fueron obligados a ir a la escuela en lugar de permitirles reci-



Close up of Pulei's piece "Ndoto ya Moyo"
Photo provided by Charis Pulei

bir educación cultural, y desafortunadamente, mi padre fue uno de esos niños," dijo Pulei.

Pulei dice que quiere oponerse a la comercialización de su experiencia de vida en su trabajo como keniana y tanzana. Las historias que cuenta en su arte son profundamente personales, con la historia de su vida y de quién es ella.

"Quiero que mi arte sea más un detalle más personal y que sea más específico para mí y mis experiencias en lugar de un comentario sobre toda la diáspora, porque eso simplemente se siente como un pago".

Una pintura que cuelga en su pared se titula "Mshukuru Mungu kwa wakati wote," que significa: "Debes agradecer a Dios por los pequeños momentos" en Kiswahili. Está diseñado como un paño Kanga y tiene un relicario y un anillo de marfil que representan la mezcla de las culturas de sus padres.

Pulei creó un juego de ajedrez hecho de cerámica donde cada pieza representa el lado oscuro y claro de diferentes emociones. Los caballeros blancos son cachorros alegres y los caballeros negros son búhos.

"En casa, los búhos en realidad son tabú, se consideran portadores de la muerte," dijo Pulei. "Colocarlos como pequeños intermediarios entre los lados oscuro y claro del juego de ajedrez fue algo que sentí que era importante para mí."

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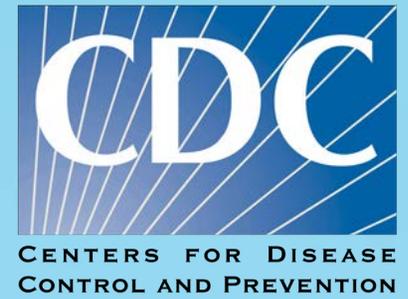
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25th annual Latino film festival at Mill Creek Theater

by Maryanne Casas-Perez



El vigésimo quinto festival de cine Latino

por Maryanne Casas-Perez traducido por Georgina Munoz Villanueva

El vigésimo quinto Latino Film Festival de este año tomará lugar en el cine de Mill Creek del 27 al 29 de febrero. El evento, organizado por Cal Poly Humboldt y College of the Redwoods, tomará lugar de 6 p.m. a 10:20 p.m. y la entrada será gratuita.

El tema es Problemas Ambientales en Latino América, y tres películas que mostrarán son:

A Million Miles Away

Esta película hispanoamericana cuenta la historia de un joven Mexicano-Estadounidense que aspira a ser astronauta.

El abrazo de la serpiente

Esta película habla sobre el tema de violencia en el bosque de la Amazonia en Sur América.

Nostalgia de la Luz

Esta película se centra en tomar responsabilidad por acciones pasadas en un ambiente político corrupto en el desierto de Atacama en Chile.

Este evento fue coordinado por los profesores de español, Francisco de la Cabada de Cal Poly Humboldt y Kristy Carlsen de College of the Redwoods. El festival fue una colaboración iniciada por la profesora Anna Maria Romo, quien asistirá al festival este año como parte del panel.

El festival consistirá de una introducción detallada de los elementos de la película a cargo de la ponente principal Myrna Santiago, la proyección de la película y un panel de discusión al final. El panel incluirá una sesión de preguntas y respuestas en donde los participantes pueden hacer preguntas sobre las películas.

Parte de la experiencia es analizar la película, lo que hace que el festival de cine Latino sea diferente a ir a un cine común y ver una película. De la Cabada dijo que el objetivo es hacer del festival de cine una experiencia interactiva.

“Es importante trascender el aislamiento a través de la conectividad,” dijo De la Cabada. Él cree que eventos como este brindan a las personas la oportunidad de hacer preguntas y reflexionar sobre la importancia del mensaje de una película, en lugar de simplemente ver una película sin comprender realmente el significado detrás de ella.

El profesor De la Cabada explicó que el escoger las películas que se proyectarán es un proceso, el cual se reduce a accesibilidad y calidad. Las películas son socialmente relevantes para la vida y las comunidades del público.

This year's 25th annual Latino Film Festival will be held at the Mill Creek Cinema from Feb. 27-29. Organized by Cal Poly Humboldt and College of the Redwoods the event will be from 6-10:20 p.m and there will be no entry fee.

The topic is Environmental Issues in Latino America three films during the event featuring three movies;

A Million Miles Away

A Million Miles Away is an hispano-american movie telling the story of a young Mexican-American man who aspires to become an astronaut.

El abrazo de la serpiente

El abrazo de la serpiente touches on the topic of violence in the South America Amazon forest.

Nostalgia de la luz

Nostalgia de la luz focuses on accountability for past actions in a corrupt political atmosphere in the Chilean Atacama desert.

This event was coordinated by Spanish professors, Francisco de la Cabada from Cal Poly Humboldt and Kristy Carlsen from College of the Redwoods.

The film festival was a collaboration initiated by Professor Anna Maria Romo, who will be attending the festival this year as part of the panel.

The film festival will consist of an introduction detailing the elements of the movie by keynote speaker Myrna Santiago, the viewing of the film and a panel discussion at the end. The panel will include a Q and A where attendees can ask questions about the films.

Part of the experience is to analyze the film, making the Latino Film Festival different from going to an ordinary theater and watching a movie. De la Cabada said the goal is to make the film festival an interactive experience.

“It is important to transcend isolation through connectivity,” said De la Cabada. He believes events like this one give people the opportunity to ask questions and ponder on a film's significance rather than just watching a movie without really understanding the meaning behind the movie.

Professor De la Cabada explained it is a process to pick which movies will be played, it comes down to accessibility and quality.

The films are socially relevant to the audience's lives and communities.



Humboldt Hip Hop mic check

By Lila Salinas

To be an emcee is to tell a story, an experience, or use words to express your feelings. I've been writing songs and poetry in Spanish and English since I was 13 years old. Writing helped me get through the times I spent at Juvenile Hall and during my young adulthood. Through Hip Hop, I found the calm to my storm. The evolution of Hip Hop is everlasting. I remember hearing about Humboldt's Hip Hop scene and how a lot of Hip Hop artists gravitated towards the area for its abundance and quality of Cannabis. I came in as a transfer student in July 2023. I researched the scene for Hip Hop events and even asked around but was told Hip Hop is dead and non-existent. I came across a flier promoting a concert with Talib Kwali and a Cypher (open-mic). I was thrilled to see Hip Hop was still alive. I caught up with the promoters, Hip Hop Humboldt (HHH) to get a feel of what had happened to the huge hip hop that once dominated Humboldt nightlife.

"KEEPING HIP HOP ALIVE IN HUMBOLDT"

Hip hop Humboldt is a collective of artists and hip hop enthusiasts coming together to produce events and spaces for other hip hop artists to express themselves and share their music. David Haynie, of HHH, began producing a bi-weekly hip hop podcast in October 2021 with the mission to give unknown artists a platform to introduce themselves to the world.

Humboldt's Hip Hop Movement

Being a part of the Humboldt Hip Hop scene for over 10 years, David is familiar with the fluctuation of the Hip Hop genre within the Humboldt community. "20 years ago, Potluck was here" throwing shows with the support of "the cannabis industry" - which used to fuel the economy and its hip hop shows, now it's supported by artists," said Haynie.

According to Haynie, after the legalization of marijuana, the hip hop scene dried out. "No one was doing what HHH is doing. Hip Hop brings unity and love not violence. Same thing that reggae and spoken word brings," said Cameron "Hiet" Ellis, member of Hip Hop Humboldt.

Zach "Zigzilla" Lehner of Area Sound and Hip Hop Congress (Humboldt Chapter) and DJ Burnt Reynolds contribute keeping hip hop alive by throwing the "Fatbol Cypher" - an



From left, David of HHH, Flow J Did It, Sequoyah Faulk, and Area Sound. Photo by Lila Salinas

open-mic event hosted monthly by Humbrews. Creative spaces like these allow Humboldt's aspiring artists to shine and be heard.

"For 90% of the artists, this is their first media exposure," added Haynie.

Events like these are unique. It's rare to see an all-ages hip hop cypher that is welcoming to novice rappers.. "The youth out here need that therapy and outlet", added Ellis.

"There's different artists from different genres. We have Fire shows, Burlesque dancers, graffiti artists. We're curating shows because there is a lack of opportunities for new artists. We are a real community. Our last show was flooded out. We still came together afterwards and got together as a community," said Ellis.

HHH takes a three-pronged approach. Aside from their podcast, they offer video production services where artists can get the visuals they need for their music projects and throw local hip hop shows featuring prominent artists like Talib Kwali and Planet Asia. Notably, HHH habitually collaborates with other groups to produce hip hop showcases where artists get the opportunity to perform their songs backed up by a live band.

"Hip hop comes in waves in Humboldt. With students coming and going, there is a lot of music coming and going moving in and moving away,"

said Hiet.

Another group in the area is Hip Hop Congress, an international non-profit organization geared towards the evolution of hip hop culture while inspiring activism and social action.

According to LA native, rapper Albert "Al.Bear" Aguilar of Hip Hop Humboldt, "There's a lot of acceptance here. Back home, there is more violence. I do music to escape the streets. In SoCal, you're constantly looking over your shoulder, here you don't have to". Arcata is a small community but it offers different outlets for music enthusiasts to enjoy events from genres like EDM, Yoga Sound Baths, jazz and now hip hop, once again.

Humboldt's Premiere Producer

Humboldt native, Eli "Juice" Kalis, is a Mexican American artist who founded Juicebox studio. He learned the bulk of his skills by being mentored by Blake "Blakebleezy" Harden, a Los Angeles Music Engineer whose music catalog includes major artists like, Travis Scott (Birds in the Trap sing McKnight Album) and Kendrick Lamar (Damn Album). Juice is currently engineering music for singer, Emani Etrnl of Humboldt. Emani Etrnl is an RnB artist with jazzy catchy melodies that hold a Humboldt essence in her music videos.

Juice explained, "I want to offer a professional studio where Humboldt's artist can come and get an industry standard recording. Before Juicebox opened, there was a lack of recording spaces for Humboldt's artists. There are studios in town but they're very exclusive," added Juice about other recording studios in Humboldt.

For more information on hip hop events in our community, please visit HipHopHumboldt.com and juicebox-audio.square.site.

My music is also available on all streaming services under "Squinkla".



Photo provided by Lila Salinas



photo provided by "Juice"

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Los reclamos basados en actos u omisiones del Deudor que ocurrieron antes del 21 de agosto de 2023, deben presentarse antes del 20 de febrero de 2024, incluso si tales reclamos no están ahora fijos, liquidados o ciertos o no han vencido o se han fijado, liquidado o ciertos antes del 21 de agosto de 2023.

Para obtener más información sobre cómo obtener y presentar un formulario de prueba de reclamación y los documentos asociados, visite <https://omniagentsolutions.com/RCASE>, o póngase en contacto con Omni Agent Solutions, Inc, el agente de reclamaciones del Deudor a través del correo electrónico RCASFinquiries@omniagnt.com o por teléfono en el 888-480-6507 (llamada gratuita en EE.UU. y Canadá) o 747-293-0084 (internacional), entre las 9:00 a. m. y las 5:00 p. m. (hora predominante del Pacífico), de lunes a viernes.

****Si usted tiene preguntas sobre el caso de bancarrota presentado por *the Archdiocese of San Francisco*, por favor visite también el sitio web en <https://sfarch.org> y siga los enlaces para la presentación del Capítulo 11****

Where



are
central.



NCUA

Coast Central Credit Union es un equipo de personas interesadas en el bienestar de la comunidad y dedicadas a ayudar a sus miembros a lograr su versión de éxito financiero.

Conviértase en miembro en coastccu.org/join

Coast Central
Credit Union

Directory

Resources for the Latinx Community | Recursos para la comunidad Latinx

Bilingual News

El Leñador

Distributed in Fortuna, Eureka, Arcata, McKinleyville and Trinidad

Social Services

Paso a Paso

Provides FREE programs and services, including CalFresh and Healthy Kids Humboldt, childbirth education, breastfeeding support, and parenting classes. Call for an appointment.

Proveyendo a las familias con programas y servicios incluyendo CalFresh y Healthy Kids Humboldt, educación sobre el parto, apoyo a la lactancia materna y clases para padres. Llama para una cita.

2200 Harrison Ave, Eureka
(707) 441-4477

Food for People

Offers food assistance programs including food pantries, produce markets and nutrition education.

Programas de asistencia incluyendo despensa de alimentos, productos agrícolas y educación sobre la nutrición.
307 W. 14th St., Eureka
(707) 445-3166

Church

Sacred Heart Church

Catholic mass
Misa católica
2085 Myrtle Avenue, Eureka
(707) 442-6151

St. Joseph Parish

Catholic mass
Misa Católica
14th and N St., Fortuna
(707) 725-1148

Chabad of Humboldt

Synagogue
Sinagoga
413 Bayside Ct., Arcata
(707) 633-8770

Temple Beth El

Synagogue
Sinagoga
PO Box 442, Eureka, CA 95502
(707) 444-2846

Education

College of the Redwoods (CR)

Offers free ESL courses at Eureka, Fortuna and Del Norte sites.
Ofrece cursos gratis de ESL en sus sitios de Eureka, Fortuna y Del Norte.
525 D Street, Eureka
(707) 476-4500

English Express

Free ESL and citizenship classes for adults in person and online. Registration not required.
Clases gratis de ESL y ciudadanía para adultos en persona o en línea. La Registración no es requerida.
(707) 443-5021

Fuente Nueva Charter School

Bilingual school K-12
Escuela bilingua K-12
1730 Janes Rd., Arcata
(707) 822-3348

Cal Poly Humboldt Cultural Centers

Umoja Center for Pan African Student Excellence

Nelson Hall East 206
(707) 826-4588

El Centro Académico Cultural

Nelson Hall East 205
(707) 826-4590

Native American Center (ITEPP)

1 Harpst Street, Brero House #93 Arcata, CA 95521
(707) 826-3672

Asian, Desi & Pacific Islander Collective (ADPIC)

Nelson Hall East 215/216

Social Justice, Equity, and Inclusion Center (SJEIC)

1 Harpst Street NHE 215 Arcata, CA 95521
(707) 826-3364

Entertainment/Arts

Arcata Playhouse

A cultural art hub for the community.
Un centro de las artes para la comunidad.
1251 9th St, Arcata, CA 95521
(707) 822-1575

Latino Outdoors

An inclusive community that empowers people to explore the outdoors.
Una comunidad inclusiva que empodera a la gente a explorar la naturaleza.

North Coast Repertory Theatre

300 5th St., Eureka, CA 95501
(707) 442-6278

Grocery Markets

Little Japan

2848 F St., Eureka

Oriental Food & Spice

306 W Harris St., Eureka

Asia's Best

2085 Myrtle Avenue #8, Eureka

La Pasadita Market

420 N St., Eureka

El Pueblo Market Panaderia

312 W. Washington St., Eureka

La Chaparrita Market

520 Summer St., Fortuna
(707) 617-2570

El Buen Gusto

802 Broadway St., Eureka
(707) 798-6290
1640 Main St., Fortuna
(707) 725-8880

Legal Services

The Superior Court of California | County of Humboldt "Self Help Center"

Legal rights information regardless of income.
Información sobre derechos legales a pesar de ingreso.
421 I St., Eureka CA 95501
(707) 445-7256

Legal Services of Northern California

Serving clients with civil legal issues.
Ayudando a clientes con asuntos de la ley civil.
123 3rd St., Eureka
(707) 445-0866

Scholars Without Borders

Cal Poly Humboldt club that supports undocumented, DACAmented and AB540 students
Balabanis House 55 Room 203
707-826-3368

California Indian Legal Services

Deliver effective, high-quality services to uniquely respond to the needs of the Native American community.
324 F St., Eureka
(707) 443-8397

Cal Poly Humboldt Student Legal Lounge

Center for peer mentoring and legal resources for academic, activism, discrimination, housing, Title IX and DACA Centro
1 Harpst St, Arcata, CA
(707) 826-4221

Community Groups

True North Organizing Network

Supporting individuals from diverse backgrounds.
517 3rd St., Suite 16, Eureka

Seventh Generation Fund

Devoted to Indigenous peoples self-determination and the sovereignty of Native Nations
2355 Central Ave., Suite C, McKinleyville

Centro Del Pueblo

A safe space for the raza/indígena community to prosper culturally, politically, and practically on the North Coast
cdphumboldt@gmail.com

HAPI

Humboldt Asians & Pacific Islanders in Solidarity builds and empowers community.
hapi.humboldt@gmail.com

NAACP

Working to ensure the political, educational, social and economic equality of rights of all persons and to eliminate race-based discrimination.
P.O. Box 1434, Eureka, CA 95502
707-502-2546

Black Humboldt

The mission is to enlighten, empower and entertain our Black community.
627 3rd St Eureka CA 95501
(707)-840-4641