

Humboldt State University

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Newsletters

University Archives

9-9-2020

OSL Newsletter

Office of Student Life

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OSL Newsletter

To find out what's going on across campus! You can also access it here: <https://clubs.humboldt.edu/content/weekly-newsletter-0>



Affirmations for a Virtual Semester

affirmations AS WE MOVE INTO DISTANCE LEARNING

The best I can do is my best.

How human of me to feel nervous about trying
something new.

I will give myself the same grace I give others.

I may not be able to control this situation, but I
have control over my attitude.

This is only temporary.

I can do difficult things.

I don't have to have it all figured out to move
forward.

I will make mistakes, and that is okay.

HUMBOLDT COUNTY

WILDFIRE EVACUATION INFORMATION LINE

707-268-2500

Evacuation Maps and Routes available at:

humboldtsheriff.org



@HumCoOES



@HumboldtSheriff



@HumCoOES



*For information on
the wildfires, call
707-268-2500.*

*Please reserve 911
for Emergency calls*

HUMBOLDT STATE UNIVERSITY

GREEN & GOLD

VIRTUAL FRIDAYS

begins Friday, August 28th

USE HASHTAG #HUMBOLDTSTATE

*Green & Gold
Fridays

*Post your selfies with HSU
Gear on Instagram and tag
#humboldtState for a
chance to win some cool
prizes!*

Virtual Game Night

POP CULTURE TRIVIA

FRIDAY, SEPTEMBER 11TH @ 4-5PM

via Zoom & Instagram Live



*Pop Culture Trivia
Night*

Friday,

September 11th

4-5pm

Visit @HSU_SJEIC

on instagram

September						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Add/Drop Deadline Extended

You have until Monday 9/14 to add (with a permission number) or drop classes.

*ADD/DROP
Deadline extended
to 9/14*



Liked by **hsulumbarjacks** and 26 others

hsuregistrar HSU has extended the Add/Drop deadline. You can add courses with a permission number or drop a course until 11:59 p.m. on Monday, 9/14. #humboldtstate



<https://linktr.ee/HSUVotes>



@HSUVotes

Register to Vote in CA

Check your Voter Registration

Out of State Voters: How to Check your Voter Registration

California Ballot Information

Poll Worker Application

To get information on
voting, what's on the
ballot and how to
volunteer, go to
<https://linktr.ee/HSUVotes>

EXTENDED DEADLINES

[HTTPS://PMC.HUMBOLDT.EDU/PORTAL/EXTENDED-DEADLINES-STUDENTS](https://pmc.humboldt.edu/portal/extended-deadlines-students)

○ ADD/DROP DATE - 09/14/20

LAST DATE TO ADD COURSES (WITH A PERMISSION NUMBER) OR DROP COURSES WITHOUT APPROVAL OF A SERIOUS AND COMPELLING REASON TO IS SEP. 14, 2020 BY 11:59 P.M. AFTER THIS DATE, A "W" GRADE WILL BE RECORDED. DROPS AFTER THIS DATE CAN NO LONGER BE COMPLETED THROUGH YOUR STUDENT CENTER.

○ WITHDRAWAL - 09/14/20

LAST DAY TO WITHDRAW ENTIRELY FROM THE FALL SEMESTER WITHOUT APPROVAL OF A SERIOUS AND COMPELLING REASON BY 11:59 P.M. AFTER THIS DATE, A "W" GRADE WILL BE RECORDED AND PERMISSION TO WITHDRAW WILL BE REQUIRED.

○ FINANCIAL AID FREEZE DATE - 09/14/20

ONCE PER SEMESTER, THE FINANCIAL AID OFFICE TAKES A "SNAPSHOT" OF THE NUMBER OF UNITS YOU ARE ENROLLED IN TO ASSESS THE NEED FOR ANY CHANGES TO YOUR FINANCIAL AID PACKAGE.

○ CREDIT / NO CREDIT OPTION - 12/11/20

BEFORE MAKING THE DECISION TO WITHDRAW OR DROP A COURSE, CONSIDER THE CREDIT / NO CREDIT OPTION FOR OPTIONAL GRADE COURSES. ALWAYS CONSULT WITH YOUR ADVISORS ON COURSE SELECTION AND KEEP YOUR DARS DEGREE PLANNER UP TO DATE.

Extended Deadlines

- Add/Drop date
- Withdrawal
- Financial Aid Freeze Date
- Credit/No Credit Option

Q-BIPOC Talks


Q-BIPOC Talks

Queer, Black,
Indigenous,
People of Color



Every Friday 1-2pm Email:
ct239@humboldt.edu for Zoom link

A space for
community,
education and
**uplifting our LGBTQ+
communities.**



PEER HEALTH EDUCATION
PRESENTS...

MEDITATION WITH SASHA

Free relaxing guided meditation
session for students!

FRIDAY SEPTEMBER 4TH
WEDNESDAY SEPTEMBER 9TH
TUESDAY SEPTEMBER 15TH
THURSDAY SEPTEMBER 24TH

~ ALL WORKSHOPS FROM 5:30-6 PM

Needing some relaxation? Come learn yoga nidra, a relaxing
guided meditation that is done lying down. Bring a warm
cozy blanket, and wear some comfortable clothes!

**PEER
HEALTH**
EDUCATION

Email: jcb43@humboldt.edu to sign up!
Zoom link will be emailed to you.

*Meditation with
Sasha*

*Free relaxing guided
meditation sessions for
students!*

Streaming Pose

Every Thursday 5-6pm

EMAIL CT239@HUMBOLDT.EDU FOR ZOOM
LINK



Streaming Pose
Every Thursday
5-6pm

The Page Turners

A SPACE TO TALK AND CREATE A
COMMUNITY OF BOOK LOVERS.

EVERY WEDNESDAY 3-4PM

EMAIL CT239@HUMBOLDT.EDU FOR ZOOM LINK



*The Page Turners:
A Community for Book
Lovers
Every Wednesday
3-4pm*



SACNAS Talks



SACNAS Talks

Conversations about braiding culture with science, Society for the Advancement of Chicanos, Hispanics, and Native Americans in Science (SACNAS) style.



Every Monday

12-1:30pm

email:ct239@humboldt.edu

for Zoom Link



Devoted to Advancing Hispanics,
Chicanos and Native Americans
in Science.

Campus Oh Snap! Food Pantry



HUMBOLDT STATE UNIVERSITY
OhSNAP!

Go to...



Oh SNAP will be open the following hours starting September 7th 2020:

Tuesday: Noon-2pm & 3pm-5pm

Wednesday: 10am-Noon & 1pm-3pm

Friday: 9am-1pm

LAMBDA THETA ALPHA
Latin Sorority, Incorporated
Epsilon Iota Chapter

Burgundy Invasion

Informational

Monday, August 31st

@5:30pm Zoom

*Traditions: A Peek into the Greek
Community*

Wednesday, September 2nd

@5:00pm Zoom

*Financial Independence
& Budgeting Workshop*

Friday, September 4th

@5:30pm Zoom

*St. Jude Night &
Workshop*

Wednesday, September 9th

@6:00pm Zoom

*A Day in the Life of a
Lambda Lady &
Open Espresso*

Thursday, September 10th

@5:00pm Zoom

*Kahoot Game
Night*

Friday, September 11th

@5:00pm Zoom

*Lambda Theta
Alpha*

Burgundy Invasion

August 31st-September 11th

*For more information, find them on
instagram at @LTA_EpsilonIota*

Why Join Y.E.S

*Y.E.S is our on campus center
for volunteering with our local
community!*



Virtual Volunteering with Y.E.S

**EXPLORE YOUR PASSIONS
WHILE ENGAGING WITH
CHILDREN, YOUTH,
OLDER ADULTS
AND FOOD JUSTICE
PROGRAMS**



Say Y.E.S. to Volunteering

Fall 2020

Volunteer Participation

Attend weekly Y.E.S. program meetings (1-hour)

- Team building
- Reflection
- Social justice & core issues workshops
- Program planning

Engage in virtual volunteer projects

- Related to each Y.E.S. program mission
- Remote connections with Humboldt community
- Make a positive difference from where ever you are

Y.E.S. Programs & Remote Community Engagement Projects

Pen Pal Project

Volunteers will exchange letters with local 5th-8th grade classes.

Help local students improve their communication skills and learn about the college experience!

Respond to interest from local educators!

YES Programs involved:

- ART
- Environmental Education
- Hand-in-Hand
- Puentes
- Youth Mentoring Program

Program Specific Engagement Projects

Golden Years: remote connections with elders (letter writing or zoom)

JHRP: research or remote programming related to incarcerated youth

QMAP: zoom connections with local high school students in GSA or diversity clubs

Study Buddies: virtual tutoring sessions with elementary/middle school students at Jefferson Community Center in Eureka

Additional projects may be developed



50 years of community building

Check out our website: HUMBOLDT.EDU/YES
Email us: yes@humboldt.edu



Say Y.E.S. to Volunteering this Fall 2020

Attend weekly Y.E.S. program meetings (1-hour)

- Team building
- Reflection
- Social justice & core issues workshops
- Program planning

Engage in virtual volunteer projects

- Related to each Y.E.S. program mission
- Remote connections with Humboldt community
- Make a positive difference from where ever you are

Flu Vaccine Clinic

Student Health & Wellbeing Services has partnered with Safeway Pharmacy to offer the convenience of on-campus free flu vaccinations for fully matriculated HSU students and to staff and faculty for \$34 check or credit card on-site.

Flu Vaccine Clinics

Thursday, Sept 10th 1-5 Outside JGC

Tuesday, Sept 29th 11-3 HSU Quad

Friday, Oct 16th 11-3 HSU Quad

Flu vaccinations are strongly encouraged!

Please remember to wear a face covering and following social distancing guidelines. Read the Health & Safety guide of the Campus Ready website for more details. And don't forget to bring your student ID.

Contact Mira Friedman for more information mira.friedman@humboldt.edu.

<https://pmc.humboldt.edu/portal/flu-vaccine-clinics-students-and-employees>



VIRTUAL Graduate & Professional SCHOOL FAIR

Thinking about Graduate School? Meet with graduate and professional schools via Handshake to learn about programs, deadlines and the selection process.

1. Go to humboldt.joinhandshake.com > Events > Career Fair;
2. Sign up for group presentations or to meet directly with your selected schools;
3. Check back regularly for new schools and sessions;
4. Attend Fair:

Wednesday, September 23
between 11:00am to 3:00pm
on humboldt.joinhandshake.com



**academic
& career**
ADVISING CENTER

Contact ACAC for more information or to schedule an appointment with a career advisor.
707.826.3341, acac.humboldt.edu, ZOOM Virtual Front Desk:
humboldtstate.zoom.us/j/97010890619

*Graduate and
Professional
School Fair*

*September 23rd
11am-3pm*

How to Register for Virtual Graduate & Professional School Fair

The **Academic and Career Advising Center** is hosting its first ever Virtual Graduate & Professional School Fair. Registration is now open for students!

Virtual Graduate & Professional School Fair
Wednesday, September 23rd, 11am to 3pm
on Handshake!

Click the link below to register and sign up for 1:1 and group meetings with attending employers (check back regularly as schools open new sessions):

humboldt.joinhandshake.com > Events > Career Fair

As you prepare for the fair, it's important that you register for group and one-on-one sessions in advance. You can only attend sessions you registered for. Check out this article to learn [how to register](#).

Here are some additional resources to help you prepare for the fair:

[Handshake's Guide to Success at Virtual Career Fairs](#)

<https://acac.humboldt.edu/students/graduate-and-professional-school>

If you're looking for more guidance on navigating the graduate school search, we are here for you! The Academic and Career Advising Center team is available to help you before, during, and after the fair. Don't hesitate to email us any questions or schedule an appointment with your career advisor acac@humboldt.edu or visit us at

Register to Vote Tab in Student Portal

In the MyHumboldt
Account on the Right Hand
side there's a "Register to
Vote" tab under the Student
Records Section.

▼ Advisor

Program Advisor



[Details ▶](#)

▼ Admissions

[Orientation](#)
[Housing Information](#)
[Admission Office Website](#)

▼ Financial Aid

[Financial Aid Office Website](#)
[Scholarships](#)
[Applying for Financial Aid](#)

▼ Student Records

[Register to Vote](#)
[HSU Course Catalog](#)
[Student Representation Fee](#)

▼ CSU Initiatives

[CalFresh](#)

1-3pm Mon. - Fri.

12-1pm Tue. & Thur.

Zoom with HSU Library Staff & Faculty



*Need Help from
Library Staff &
Faculty? Check out
their zoom office
hours*

CREATE
CONSENT
CULTURE

Fall 2020

Beginning Sept. 11

Create artwork, engage in social
media outreach, plan events,
develop resources, and more!

CHECK IT VOLUNTEER MEETINGS

Fridays @3-4pm

Zoom Mtg. ID:

97039761146

Link: <https://humboldtstate.zoom.us/j/97039761146>



Email mss62@humboldt.edu with any questions

*Check It Volunteer
Meetings
Fridays from
3-4pm*

CA National Forest Safety Update



centeractivities
Humboldt State University

...

Safety Update



US FOREST SERVICE TEMPORARY CLOSURE OF ALL CA NATIONAL FORESTS

Due to unprecedented & historic fire conditions throughout California



centeractivities
Humboldt State University

...

U.S. Forest Service
Pacific Southwest Region
1323 Club Drive
Vallejo, CA 94591
[Web: www.fs.usda.gov/r5](http://www.fs.usda.gov/r5)

News Release

September 9, 2020
Media Contact: Jonathan Groveman
(707) 562-8995
jonathan.groveman@usda.gov



Forest Service Temporarily Closes All National Forests in California

VALLEJO, Calif., September 9, 2020 – Due to unprecedented and historic fire conditions throughout the state, the USDA Forest Service Pacific Southwest Region is announcing a temporary closure of an additional ten National Forests, meaning all eighteen National Forests in California are now closed. The closure of the additional ten forests will be effective at 5:00 pm today. These additional forests include the Eldorado National Forest, Klamath National Forest, Lassen National Forest, Mendocino National Forest, Modoc National Forest, Six Rivers National Forest, Plumas National Forest, Shasta-Trinity National Forest, Tahoe National Forest, and Lake Tahoe Basin Management Unit. This decision will be re-evaluated daily as conditions change.

We had closed eight National Forests on Monday evening, Sept. 7, 2020. Explosive growth of fires throughout California during the day and late evening of Sept. 8th led to this updated decision.

"The number of large fires and extreme fire behavior we are seeing across the State is historic," said Regional Forester Randy Moore. "These temporary closures are necessary to protect the public and our firefighters, and we will keep them in place until conditions improve and we are confident that National Forest visitors can recreate safely. I ask all Californians and visitors to take these closures and evacuations seriously for their own safety and to allow our firefighters to focus on the mission of safely suppressing these fires."

The Forest Service thanks our partners and the public for their cooperation and understanding of this monumental fire threat. It is critical that all Californians and national forest visitors follow these important closures and restrictions for their own safety and the safety of our firefighters. Citizens with specific questions within their area may call their local forests for more information.

The Forest Service manages 18 National Forests in the Pacific Southwest Region, which encompasses over 20 million acres across California, and assists forest landowners in California, Hawaii and the U.S. Affiliated Pacific Islands. National forests supply 50 percent of the water in California and form the watershed of most major aqueducts and more than 2,400 reservoirs throughout the state. For more information, visit www.fs.usda.gov/RS.

Fire Preparedness Resources



wrrap_hsu



HUMBOLDT COUNTY

**FIRE
PREPAREDNESS
RESOURCES**

HUMBOLDT ALERT

**Humboldt
ALERT**

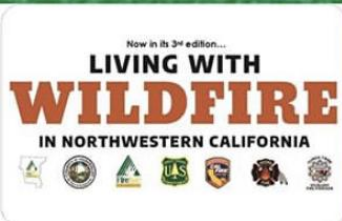
- **Receive emergency notifications about severe weather, wildfires, flooding, evacuations, and other local incidents**
- **You will receive time-sensitive messages to whatever contact methods you specify** 
- **Only need to give a name and email to sign up on the Humboldt County Office of Emergency Services website**

Fire Preparedness Resources

HUMBOLDT COUNTY FIRE SAFE COUNCIL

Exists to:

- Share fire-safety information
- Assess fire risk
- Promote community fire-safe planning and coordination
- Link fire-prevention program



LOCAL NEWS

- Lost Coast Outpost
- Redheaded Black Belt
- Eureka Times Standard
- North Coast Journal
- Redwood News



Fire Preparedness Resources

WHAT OTHER STEPS CAN YOU TAKE?

- **Create a Wildfire Action Plan for your household**
- **Create a Family Communication plan to have an out of area point of contact**
- **Follow designated evacuation routes**
- **Keep an emergency supply kit**



A GOOD EMERGENCY SUPPLY KIT

- **Three to five day supply of food (non perishable) and water per person/pet**
- **First aid kit (including masks)**
- **Whistle, batteries, flashlight, and wireless phone charger**
- **Toiletries (toothbrush, soap, etc)**
- **Blankets or sleeping bags**
- **Extra clothing**



SJEIC Present

Pre- Discussion on Race

WHAT IS RACE? WHERE DID THE IDEA
OF RACE COME? WHY IS IT AN ISSUE?
DIFFERENCE BETWEEN RACISM,
STEREOTYPE, DISCRIMINATION ETC..

Join us for an open discussion on Race. InstaLive Discussion
Sep 10, 2020 @ 7PM



Liked by ccathsu and 10 others

hsu_sjeic Join us here tomorrow, September 10th at 7pm
on Instagram Live to have a small pre-discussion to work
through thoughts and feelings regarding race.

Pre-Discussion on Race
September 10th
@ 7pm

**grief
&
loss**

therapy group

STARTS END OF SEPTEMBER
TUESDAYS FROM 2PM-3PM

DM TO SIGN UP OR LEARN MORE

INFO ON THERAPY GROUPS IN THE BIO ^^^



2 likes

hsucaps Experiencing feelings/lack of feelings around loss in your life? Loss of a loved one? Loss of a relationship, partnership or friendship? Grief about losing your in-person classes, community, plans and activities? This is a group where we can openly connect and share about loss, grief and the tidal wave of emotions that can come with either (or the tidal wave that doesn't come, but you can tell it's in there waiting to crash). DM for more information, to sign up, or because you want to say hi.

*Grief & Loss Therapy
Group
Presented by CAPS*

JOIN OUR VOLUNTEER TEAM!



CHECK IT VIRTUAL VOLUNTEER TEAM RETREAT

Sat. Sept. 19 @10am-2pm

To attend, please register by emailing mss62@humboldt.edu.



*Check it Virtual
Volunteer Team
Retreat
Sat. Sept. 19th
10am-2pm*



hsu_sjeic

Dialogue on Racism, White Supremacy, and Anti-Racism Confirmation

**Thursday,
September 10 at 3pm**



• MUST REGISTER TO ATTEND •

Facilitators:

DEAN OF STUDENTS OFFICE, OFFICE OF DIVERSITY, EQUITY & INCLUSION, LIBRARY,
HOUSING, THE CULTURAL CENTERS FOR ACADEMIC EXCELLENCE, THE LIBRARY,
ADMISSIONS, OFFICE OF STUDENT LIFE, AND COUNSELING & PSYCHOLOGICAL SERVICES

YOU CAN FIND THE EVENT AT:

pmc.humboldt.edu > All Campus

*Dialogue on
Racism, White
Supremacy, and
Anti-Racism
Confirmation
September 10th @
3pm*

LET'S TALK
ABOUT THE
MIDDLE EAST

Film series and discussion with HSU professor
Leena Dallasheh

FOR SAMA

(SYRIA, 2019)

In this moving and heartbreaking documentary, Waad al-Kateab documents the reality of shattered lives amidst the conflict in Syria. Starting from the early demonstrations against the Assad regime in 2012, it follows Aleppo as it falls under siege and turns into rubble. But amidst this devastation, the film also tells a story of life, love, and glimpses of hope.



TRIGGER WARNING: VIOLENCE

SEPTEMBER 24
AT 5PM

Please RSVP using this link
<https://forms.gle/eniGUFubnDNUGj3A7>
to receive Zoom link and password

*Let's Talk about the
Middle East

*Film Series and
discussion with
HSU Professor
Leena Dallasheh*

Resources Available for our Student Leaders this Virtual Semester



ON Campus Printing Options

When face-to-face instruction begins, we will have 6 print kiosks open in the following locations:

- JGC (Klamath room)
- KA
- FOR
- NR
- SciA
- GH

Unfortunately, we do not have any on-campus printing available for these first two weeks, which is causing quite a problem. Housing is working on moving the JGC print kiosk to the Klamath room. These printing kiosks are mainly for students when they are on campus, and we encourage students to avoid coming to campus, unless they live on campus or it is for a class



HSU Campus Ready: What to Expect Fall 2020

What to Expect for Fall 2020

**HSU will look quite different this
semester to keep everyone safe and
support the success of our students**

22nd Annual Campus/Community Dialogue on Race

GLOBAL JUSTICE FOR BLACK LIVES

CLAUDIA RANKINE
KEYNOTE SPEAKER

Sat. Nov 7, 2020
2pm

Rankine's *Citizen: An American Lyric* helps readers wrestle with the continued realities of racism in the U.S. *Citizen* demonstrates that anti-Black racism and white supremacy remain widely unexamined and unchecked.

LAWRENCE ROSS

Mon. Oct. 26, 2020
2pm

Ross' *Blackballed: The Black & White Politics of Race on America's Campuses* explores the present and historical issues of racism on hundreds of American college campuses, and how that ties into today's #BlackLivesMatter.

DR. BETTINA LOVE

Tues. Oct. 27, 2020

Dr. Love will present for the "So You Want to Teach" event. Dr. Love is one of the most esteemed educational researchers in the areas of how anti-blackness operates in schools, Hip Hop education, and urban education.

Register for ES 480 Campus and Community Dialogue on Race to earn credit for attending! Send questions about the course to Nancy.Perez@humboldt.edu

All events will be virtual. Persons who wish to request disability-related accommodations, please contact us at cdor@humboldt.edu



SEE FULL SCHEDULE AT dialogue.humboldt.edu

Learn more about our
Campus & Community
Dialogue on Race! This
year's Topic:
Global Justice
for
Black Lives

** For accessible version of this flyer, go to
<https://dialogue.humboldt.edu/flyer-information> **

Eviction Prevention Program

There are two programs providing rent and mortgage assistance. One is through the City of Eureka, and one is through the county. If you live in the city limits, you apply to the city program. If you live outside of Eureka city limits, you use the County Program.

The contact person for the City of Eureka program is Kristen @ 707-441-4209. You don't have to provide a social security number to apply. You do have to prove a decrease in hours/pay due to COVID. You also have to show proof of employment which could be a pay stub or a letter from the employer. They have applications in Spanish. To have an appointment in Spanish you need to schedule in advance to ensure interpretation services are available. This program offers up to \$2500.

The number for the County of Humboldt Program is 1-877-410-8809. It is through social services. This program provides up to \$5000.

Here is a website with more information:

<https://humboldt.gov/2824/Eviction-Prevention-Program>

Here is an article on Lost Coast Outpost:

<https://lostcoastoutpost.com/2020/aug/7/cant-pay-your-rent-or-mortgage-theres-county-fund/>

The Learning Center online!

Learning Center Online



The Learning Center is meeting students where they're at
--in class, on Zoom, by email, or through chat.

The Learning Center has new resources and services to support students online. The most significant updates are below. Visit our website or contact us to learn more.
We'd love to meet with your department or student group.

The Learning Center online!

- Academic Peer Coaching
- Peer to peer coaching is now available to help students identify and use effective academic strategies in their practice. Coaching is offered on a first-come, first-served basis.
- Connected Tutoring -
Tutors are now paired with specific courses and sections so students can get to know and find their course's tutor easily. In addition, the ERE department is partnering with the Learning Center to offer embedded tutoring for select courses.



The Learning Center online!

- [The Writing Studio](#) will continue to offer student writing support through Zoom, email, or chat. Students can make an appointment from the Writing Studio's webpage or can Zoom with our front desk staff.
- [Supplemental Instruction](#) - Supplemental Instruction (SI) will offer synchronous SI courses via Zoom two days a week. In addition, the SI program is partnering with the Philosophy Department to support Phil 100 (Logic) with an SI course, Phil 198.



The Learning Center online!

- [Embedded Supplemental Instruction \(SI\) leaders in Intensive Math Courses](#) - The Learning Center's SI program is partnering with the Math Department to run SI within Math 101I, Math 103I, and Stat 108I courses.
- [Math Tutoring Lab Hours](#) - Since math and statistics classes will be supported with connected tutors and embedded SI leaders, the Math Tutoring Lab will have limited drop-in hours in the fall to support quantitative skills.





**Welcome to the
most unique year,
ever!**

**We're in it with you
<3 CAPS**

CAPS

2020 is a special year. Lots of hardships- but also lots of strength building as we face our fears, and move through them. This year is different than any other. And we know how challenging change and different ways of doing things can be. If you want to talk about it, explore what this new semester is like, or see what's going on with our groups and programs- give us a call. 707-826-3236. We got you.