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Newsletters

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4-13-2020

Clubs & Activities Newsletter

Humboldt State Clubs & Activities

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Clubs & Activities Newsletter



Weekly Newsletter for Club Student Leaders

In This Issue:

- Ways to socialize during quarantine- 1
- Helpful/Interesting Videos - 2
- Campus Resources-2
- Recipe of the Week - 2
- Weekly Puzzle- 2
- #Instagram and Campus Roundup - 3+



Ways to socialize during quarantine

- HOUSE PARTY- FACETIME & GAMES
- NETFLIX PARTIES- WATCH & CHAT
- CREATE YOUR OWN ESCAPE ROOM
- CREATE A COLLABORATIVE PLAYLIST
- CREATE A SHARED STORY
- CREATE YOUR OWN PUZZLE
- LIVE QUIZ/TRIVIA GAME
- ESPORTS TOURNAMENT

FOR MORE IDEAS, CHECK OUT THIS [LINK](#) FROM PRESENCE



"You are a child of the universe no less than the trees and the stars... And whether or not it is clear to you, no doubt the universe is unfolding as it should." - Max Ehrmann

If you have a favorite recipe you want us to include in next week's newsletter, email clubs@humboldt.edu and put "Newsletter Recipe" in the subject line

#Instagram Roundup



Image Description: Student sitting in a classroom with the words "distant for now, close at heart always. We are Humboldt. #Humboldt Connected". Additional images of various students on the bottom of image

HSU Oh Snap Updates

Updates about the services that OH SNAP provides, as there have been some changes.

- Food distribution
 - RWC location is closed.
 - They are offering pre-made food bags.
 - Students can get a bag once a week.
 - Distributions are twice a week on:
 - Wednesdays from 10am - Noon
 - Thursdays from 1pm - 3pm.
 - The distributions are all located at the bottom floor of the JGC, in housing.
 - Oh Snap be taking appointments if folks can't make those times. For an appointment email mira@humboldt.edu
- Cal Fresh & Medi-Cal
 - Still assisting folks with CalFresh and Medi-Cal questions.
 - We are hosting virtual office hours on:
 - Tuesdays and Fridays from 2pm - 4:30pm
 - at this link <https://humboldtstate.zoom.us/j/104376654>.
 - We will also be taking appointments if folks can't make those times. For an appointment email ravin@humboldt.edu

For more information on these services please visit our website at hsuohsnap.org

DEAN OF STUDENTS IS STILL OPEN AND HERE TO HELP



**IT'S OKAY TO ASK FOR
HELP, EMAIL US AND WE
CAN SET A VIRTUAL
MEETING**

Email us @ DoS@humboldt.edu

**Dean of Students
Siemens Hall 211, 1 Harpst Street
Arcata, CA 95521
Phone: 707.826.3504
Fax: 707.826.5207**



[Image Description]

Dean of Students is still open and here to help. It's okay to ask for help, email us and we can set a virtual meeting.
Email us at DOS@humboldt.edu.

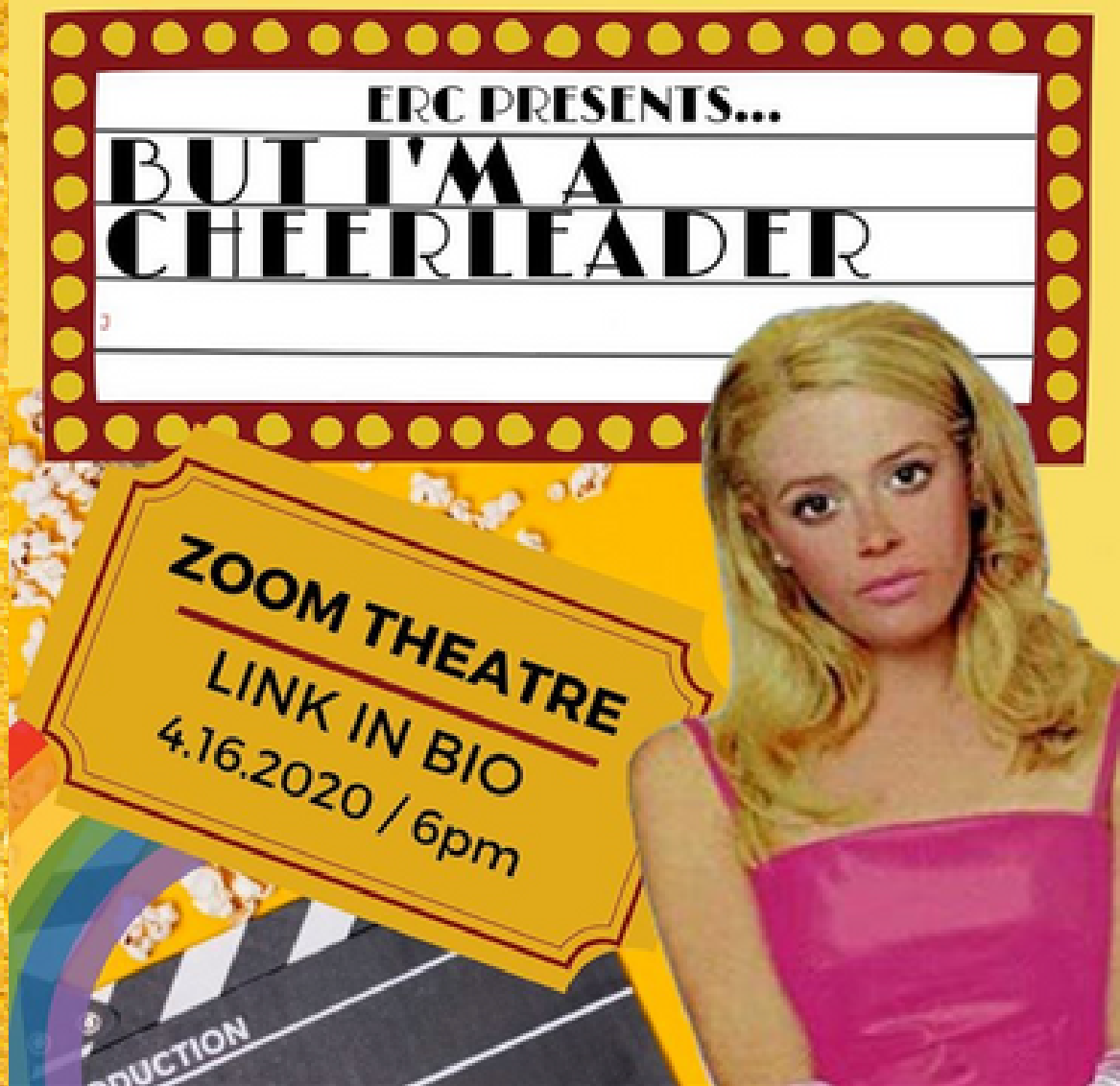
Dean of Students

Siemens Hall 211, 1 Harpst street, Arcata, CA 95521

Phone: 707.826.3504 fax: 707.826.5207



erc_hsu



Liked by hsu_adpic and 32 others

erc_hsu Join us Thursday April 16th for But I'm A Cheerleader on zoom! Bring a snack, get comfy at home, and chat with new friends.

#humboldtstrong #queerantime #humboldtstate
#humboldtconnected

[Image Description]

ERC Presents... But I'm a Cheerleader

Zoom Theatre | Link in Bio | 4.16.2020/ 6pm

erc_hsu: Join us Thursday April 16th for "But I'm A Cheerleader" on zoom! Bring a snack, get comfy at home, and chat with new friends. #humboldtstrong #queerantime #humboldtstate #humboldtconnected


Trashion Show

An Online Fashion Show Competition That Promotes Fashion Creativity, Waste Reduction, and Sustainability.



Image or Video Submissions with an explanatory paragraph are Due Sunday, April 19th at Midnight to greenhsu@humboldt.edu. Voting will be done online. Submissions will be posted online for Earth Week and winners will be announced Friday April 24th at 4:00pm.



 Liked by **ccathsu** and 3 others

greencampus_hsu Bored at home? Looking for something fun to do that could win a prize? The 4th annual Trashion show will be happening online! Any and all Trashion submissions will be posted online during Earth Week where students and faculty will vote for their favorite part outfits! Check out our website for a description of the event and pictures from previous years! greencampushsu.weebly.com

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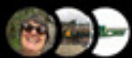


Online workshop

This online live workshop will teach you how to turn images into animated gifs using Giphy. No previous experience necessary. All are welcome!



**Tuesday
April 14th
3-3:50 pm**



Liked by **hsuinterimprovost** and **23 others**

hsulibrary Sign up for this fun workshop next week. You can register right up until the session starts, stay for as little or as long as you'd like. #hsumakers #hsulibrary #gifs #hsu #learningbymaking

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Sign up: <https://hsu.link/makeagif>



ROCK'N HSU



Need some
craft
inspiration?



<http://libguides.humboldt.edu/rocknhsu>



Liked by hsuinterimprovost and 8 others

hsulibrary Search for Rock'N HSU to find the guide online
and to get inspired to craft while sheltering in place

#rockpainting #rocknhsu #humboldtstate #hsulibrary
#covid19crafts #quarantinecrafts #makers

[Image Description]

Rock'N HSU

Need some craft inspiration? <https://libguides.humboldt.edu/rocknhsu>

@hsulibrary: Search for Rock'N HSU to find the guide online and to get inspired to craft while sheltering in place. | #rockpainting #rocknHSU #humboldtstate #hsulibrary #covid19crafts #quarantinecrafts #makers



Virtual CAFÉ CON CHISME



**EVERY FRIDAY
11:30AM-1PM**

*email : celene.gonzalez@humboldt.edu for more
information*



131 views · Liked by thenickster03 and
hsuinterimprovost

elcentrohsu 🌟 Café con chisme is going virtual 🌟 we
invite all of you to join us every Friday 11:30am-1:30pm 🍲
*this is a drop in space those who cannot attend the full
time are still welcome :)* ✨ email
celene.gonzalez@humboldt.edu to receive a zoom invite ✨

[Image Description]

Virtual Cafe con Chisme

Every Friday 11:30am-1pm | email: celene.gonzalez@humboldt.edu for more information

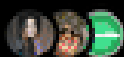
@elcentrohsu: Cafe con Chisme is going virtual. we invite all of you to join us ever Friday 11:30am-1:30pm

this is a drop in space those who cannot attend the full time are still welcome :) email

celene.gonzalez@humboldt.edu to recieve a zoom invite



Spanish media minor coming to HSU!



Liked by **thenickster03** and **65 others**

ellenadornews Registering for classes soon? A Spanish media minor is coming to HSU starting fall 2020! The minor will be geared toward students who are strong Spanish speakers and have an interest in applying their skills to media. For more details on the minor and people behind it, head to our site to read "Departments collaborate to create Spanish media minor" by Nancy Garcia. Link in bio 📌

[Image Description]

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To join Psychology Club!!!

Get involved, network, lead!

Officers needed for Fall 2020 and Spring 2021

Email hsupsyhclub@Humboldt.edu if interested * Feeling social? Check us out on Instagram @hsupsyhpsichi



Liked by hsuwritingstudio and 8 others

hsupsyh Psychology Club is an excellent way to get involved in psychology on campus, make new friends, and advance your career in psychology! Follow @hsupsyhpsichi and email hsupsyhclub@humboldt.edu to get involved 🎉

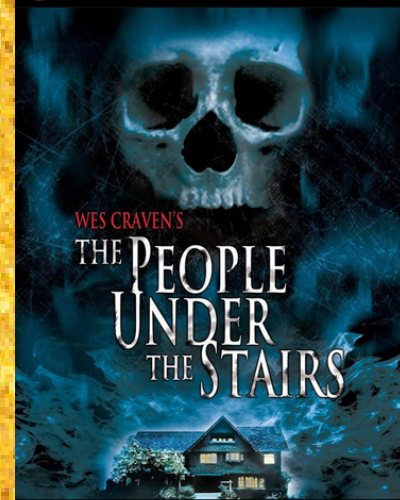
[Image Description]

WE NEED YOU to join Psychology Club!!!

Get involved, network, lead! Officers needed for Fall 2020 and Spring 2021

email hsupsyhclub@humboldt.edu if interested *feeling social? Check us out on Instagram @hsupsyhpsichi

@hsupsyh: Psychology Club is an excellent way to get involved in psychology on campus, make new firends, and advance your career in psychology! Follow @hsupsyhpsichi and email hsupsyhclub@humboldt.edu to get involved



[Image Description]

Movie Recommendations

Bored at home? Swipe Left >Uncorked >The People Under the Stairs > The Wiz > Hidden Figures > Cadillac Records

@aacaehsu: Hey Ya'll! If you find yourselves with too much time on your hands, we've put together a list of must-see movies y'all can check out! What are some of the movies you're watching this quarantine #stayhome #blackexcellence



CLASS REGISTRATION SUMMER AND FALL 2020

IMPORTANT DATES & DEADLINES

- Now through April 10: Registration Advising
- April 13 through April 24: Early Registration
- June 29: Unit Cap Increase from 17 to 19
(reserved seats will be released as well)



academic
& career

ADVISING CENTER

acac.humboldt.edu • 707-826-3341 • acac@humboldt.edu

[Image Description]

@hsu_academicandcareeradvising

Class Registration | Summer and Fall 2020

Important dates and deadlines:

Now through April 10: Registration Advising | April 13 through April 24: Early Registration | June 29: Unit Cap Increase from 17 to 19 | (reserved seats will be released as well)

Academic & Career Advising Center | acac.humboldt.edu | 707-826-3341 | acac@humboldt.edu



hsucaps

...

CAPS PRESENTS THE DROP-IN VERSION OF



Defense Against Distorted Thoughts

OF ANXIETY AND DEPRESSION

WEDNESDAYS 3:30-4:30PM

LEARN ABOUT:

WHAT HAPPENS IN THE BRAIN

METAPHORS FOR UNDERSTANDING ANXIETY &

DEPRESSION

WAYS TO COPE AND REDUCE THE MOST COMMON

SYMPTOMS

CHECK OUT [COUNSELING.HUMBOLDT.EDU](https://counseling.humboldt.edu) FOR MORE INFO

[Image Description]

@hsucaps

CAPS Presents the Drop in Version of: Defense Against Distorted Thoughts

Wednesdays 3:30-4:30pm

Learn About: What happens in the brain, metaphors for understanding anxiety & depressions, ways to cope and reduce the most common symptoms

Check out counseling.humboldt.edu for more info



hsucaps



HARM REDUCTION

FROM ALCOHOL AND OTHER DRUGS

A supportive group where you can discuss
your relationship with substances and
discover strategies to make changes

ABSTINENCE NOT
REQUIRED! SHOW UP
AS YOU ARE!

WEDNESDAYS
11-12PM

FOR MORE INFORMATION VISIT
COUNSELING.HUMBOLDT.EDU

[Image Description]

@hsucaps

Harm Reduction from Alcohol and other drugs

Supportive group where you can discuss your relationship with substances and discover strategies to make changes | Wednesdays 11-12pm | for more information visit counseling.humboldt.edu

Abstinence Not Required! Show Up As You Are!



CAPS PRESENTS THE DROP-IN GROUP

Mindful Living

REDUCE STRESS, STABILIZE YOUR MOOD,
INCREASE COMPASSION TOWARD YOURSELF
AND OTHERS, AND ENHANCE CONCENTRATION

Wednesdays
3-4 pm
4/8, 4/15, 4/29

FOR MORE INFO CHECK OUT
[COUNSELING.HUMBOLDT.EDU](https://counseling.humboldt.edu)

[Image Description]

@hsucaps

CAPS Presents the Drop-In Group: Mindful Living

reduce stress, stabilize your mood, increase compassion toward yourself and others, and enhance concentration

Wednesdays 3-4pm 4/8, 4/15, 4/29

for more info check out counseling.humboldt.edu



hsucaps

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CAPS PRESENTS THE DROP-IN GROUP

SEEKING SAFETY

Learn about the effects of trauma and post-traumatic stress, and shift to safer and healthier coping in a supportive environment

FRIDAYS 10-11:30AM

*CHECK OUT
COUNSELING.HUMBOLDT.EDU
FOR MORE INFO*

[Image Description]

@hsucaps

CAPS presents the drop-in group: Seeking Safety

learn about the effects of trauma and post-traumatic stress, and shift to safer and healthier coping in a supportive environment

Fridays 10-11:30am

Check out counseling.humboldt.edu for more info



hsucaps

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ERC & CAPS PRESENTS THE ZOOM DROP-IN

SEXUAL IDENTITY SUPPORT GROUP

A safe space for anyone
seeking support to explore
issues regarding sexual
orientation and identity

WEDNESDAYS
12PM TO 1PM

Check out
counseling.humboldt.edu
for more info

[Image Description]

@hsucaps

ERC & CAPS Present the Zoom Drop-in: Sexual Identify Support Group

A safe space for anyone seeking support to explore issues regarding sexual orientation and identity
wednesdays 12pm-1pm

Check out counseling.humboldt.edu for more info



aacaehsu

...



VIRTUAL

Q-POC Talks!



EVERY FRIDAY FROM 2-3:30 PM

DM US, OR EMAIL: LCAE@HUMBOLDT.EDU
FOR THE ZOOM LINK!



Liked by equityarcata and 11 others

aacaehsu In collaboration with @elcentrohsu ,we will still be having our weekly Q-POC Meetings! DM or email @elcentrohsu for the ZOOM Link! See you this Friday at 2-3:30 pm 🏳️‍🌈

[Image Description]

@aacaehsu

Virtual Q-POC talks!

Every Friday from 2-3:30pm | DM us, or email: lcae@humboldt.edu for the zoom link

@aacaehsu: in collaboration with @elcentrohsu, we will still be having out weekly Q-POC meetings! DM or email @elcentrohsu for the Zoom Link! See you this friday at 2-3:30pm



HSU Clubs & Activities



Posted by Molly Kresl

12 mins • A small globe icon representing a public post.

Check out this weeks "Coffee with a side of Tea" interview with Dr Sarah Jacquette Ray! Learn a bit about who she is, what she does, and how she is navigating the quarantine!

<https://youtu.be/9Z0SPjSqDTg>



YOUTUBE.COM

Coffee with a side of Tea- Interview with Dr. Sarah Jacquette Ray

[Image Description]

HSU Clubs & Activities

Check out this weeks "Coffee with a side of Tea" interview with Dr. Sarah Jacquette Ray! Learn a bit about who she is, what she does, and how she is navigating the quarantine | <https://youtu.be/9Z0SPjSqDTg>

CAPS Services During Covid-19



CAPS (Counseling and Psychological Services) wants to make sure that our campus community knows that our counseling services remain open to students for individual and group counseling (all conducted via zoom). We added many drop-in groups to support our students in navigating life during this Covid-19 time

Here's the link to see our group offerings:

<https://counseling.humboldt.edu/groups-workshops-during-coronavirus>

Here's the link to understand our serves at large during Covid-19: <https://counseling.humboldt.edu/coronavirus-caps-modified-services-self-help-material>



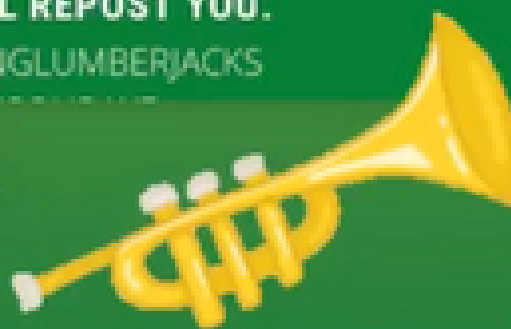


INSTRUMENTATION SENSATION TUESDAY.

DO YOU PLAY AN INSTRUMENT?
SHOW OFF YOUR INSTRUMENT
OR MUSICAL SKILLS!

TAG US AT
@MARCHINGLUMBERJACKS
AND WE'LL REPOST YOU.
#MARCHINGLUMBERJACKS

@marchinglumberjacks



[Image Description]

Instrumentation Sensation Tuesday.

Do you play an instrument? | Show off your instrument or musical skills | tag us at @marchinglumberjacks and we'll repost you. | #Marchinglumberjacks |@marchinglumberjacks



@toyonhsu



@toyonhsu

[Image Description]

Fall 2020 | Join the Toyon Staff!

Spanish-speakers want for a special literary collaboration with a sister publication in Oaxaca | ENGL 460

@toyonhsu

Semestre otoño 2020 | Únete al personal de Toyon!

Buscamos hispanohablantes para una colaboración literaria especial con una publicación hermana en Oaxaca,

Engl 460



Even Though
WE'RE APART



You're in
MY HEART



Liked by hsu_as and 6 others

hsustudentlegallounge Update! We're adding "C19 News" and "C19 Resources" highlights to our instagram. Then, on our instagram story any news and resources with these topics will be noted in orange (news) or green (resources) at the top. This way, if you're overwhelmed enough with Covid-19 information you can quickly tap past it. Just know we're collecting it here on our page in case you accidentally lose track of anything. We highly recommend screenshotting all the helpful resources you might see online to save them immediately into your phone's gallery!

[Image Description]

@hsustudentlegallounge

Even though we're apart you're in my heart #stopthespread

@hsustudentlegallounge Update! We're adding "C19 News" and "C19 resources" highlights to our instagram. then, on our instagram story any news and resources with these topics will be noted in organge (news) or green (resources) at the top. This way, if you're overwhelmed enough with Covid-19 information you can quickly tap past it. Just know we're collecting it here on our page in case you accidentally lose track of anything. We highly recommend screenshotting all the helpful resources you might see online to save them immediately into your phone's gallery!



RS DEPT. STUDENT SPOTLIGHTS

CALL FOR STUDENT TESTIMONIALS!

Send us a photo of yourself and share your favorite
things about being a Religious Studies student!

Email: rsclub@humboldt.edu
Instagram: @RSClubHSU



8 likes

rsclubhsu Hi RS community, we think you're pretty great
and want to share it! 🌟

We'd love to hear from you about what being a religious
studies student means to you! If you need some inspo,
check out the second photo for a templet.

Shoot us a DM or an email at rsclub@humboldt.edu. Happy
writing!

[Image Description]

RS. Department Student Spotlights: Call for Student Testimonials

Send us a photo of yourself and share your favorite things about being a religious studies student! |email
rsclub@humboldt.edu |instagram: @rsclubhsu

@rsclubhsu: Hi RS community, we think you're pretty great and want to share it! We'd love to hear from you
about what being a religious studies student means to you! If you need some inspo, check out the second photo
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hsuohsnap



IN RESPONSE TO COVID-19 YOU MAY GET AN

INCREASE IN CALFRESH BENEFITS

If your household is not currently receiving the maximum amount of CalFresh benefits each month, you may see an increase in benefits for April and May. The maximum benefits are as follows: for a household of 1 is \$194, 2 is \$355, 3 is \$509, and 4 is \$646.

The April benefits will be put on EBT cards on 4/12/2020. May will be on 5/10/2020.



21 likes

hsuohsnap If your household is not currently receiving the maximum amount of CalFresh benefits each month, you may see an increase in benefits for April and May. The maximum benefits are as follows: for a household of 1 is \$194, 2 is \$355, 3 is \$509, and 4 is \$646.

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Remember we're still helping with CalFresh Apps! Zoom meetings on Tuesday and Friday from 2 to 4:30, link in the bio. #humboldtstate #humboldtconnected

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**Need support? Book and
appointment with the AACAE's
Coordinator**

Follow the link to Book an

Appointment

<https://dos60.youcanbook.me/>



[Image Description]

Office Hours with Douglas Smith

Need support? Book an appointment with the AACAE's Coordinator
Follow the link to book an appointment: <https://dos60.youcanbook.me/>



hsu_as



A.S. Candidate DEBATES

2020



8 likes

hsu_as HAPPY MONDAY! 🌟 Got a question you'd like answered by a candidate? Submit it to us through the comments, messages or email! 📧 We're looking for questions that range from serious to light-hearted ones. #humboldtstate 🍏🍏

[Image Description]

@hsu_as

A.S. Candidate Debates 2020

@hsu_as: HAPPY MONDAY! Got a question you'd like answered by a candidate? Submit it to us through the comments, messages, or email! We're looking for questions that range from serious to light-hearted ones #HumboldtState

LOVE KNOWS BOUNDARIES

Question/Answer 5 Day Challenge for partner(s)

Communication and setting and respecting boundaries are key to every relationship! Grab a cup of coffee or tea and learn more about each other virtually or in person and reflect on your relationship(s).

The challenge: Each day, share with one another your responses to the questions. If someone isn't comfortable answering a question, that's okay! This is all about consent so feel free to skip any questions and stop at any time.

Includes a mix of fun, random,
serious and meaningful questions



Liked by **hsu_adpic** and 20 others

checkithsu Complete our 5 day challenge and learn more about your partner(s) and reflect on your relationship 💕. Looking for more healthy relationship activities to do with your partner(s)? Check out our activities page on our website: checkit.humboldt.edu. Let us know how it goes! #loveKNOWSboundaries #healthyrelationships

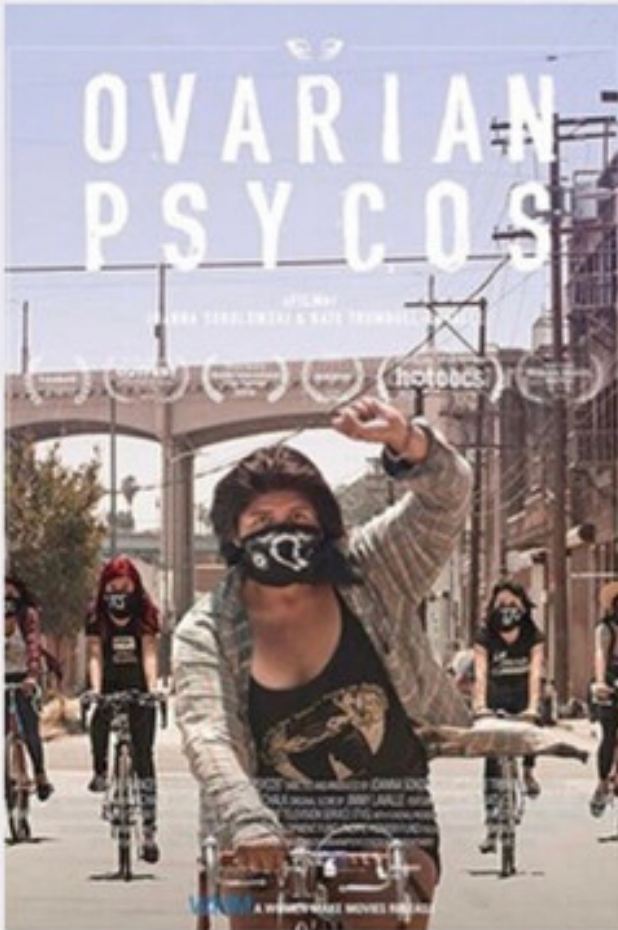
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@checkithsu: complete our 5 day challenge and learn more about your partner(s) and reflect on your relationship. Looking for more healthy relationship activities to do with your partner(s)? check out our activities page on our website: checkit.humboldt.edu. Let us know how it goes! #LoveKNOWSboundaries #Healthyrelationships

Film Screening & Q+A with Las Ovas



Join Us
April 17 @
7Pm



Register in advance:

<https://humboldtstate.zoom.us/join/register/tJYrdeGpqT4i9uiiGTRZYAPDV SsXtYSqRg>



Liked by hsu.wrc and 35 others

elcentrohsu 🎉 Join us April 17 @ 7PM On Zoom, we will be screening the Ovarian Psychos documentary !!!! Las... more

[Image Description]

Film Screening and Q & A with Las Ovas

Join us April 17 @ 7pm | Ovarian Psychos | register in advance:

<https://humboldtstate.zoom.us/join/register/tJYrdeGpqT4i9uiiGTRZYAPDV SsXtYSqRg>

@elcentrohsu: Join us April 17 @ 7pm on zoom, we will be screening the ovarian Psychos documentary!!!

2v2 Tournament ROCKET LEAGUE®



April 18th at 12 PM

Sign up with a friend using the
link or QR Code



[Image Description]

2V2 tournament | Rocket League

April 18th at 12pm | sign up with a friend using the [link](#) or QR Code

Sponsored by :Clubs & Activities of Humboldt State

HSU Health & Wellbeing Services Presents

Staying Healthy (Body and Mind) While Quarantining: a Q&A

Join a Student Health Physician Assistant, a Counseling and Psychological Services Therapist, and the campus Health Educator to have your questions answered about staying well in the campus residence halls and beyond.

Wednesday, April 15th, 5-6pm

Zoom:

<https://zoom.us/j/372191626>



Stay home and Stay Connected
#HumboldtConnected

Student Health & Wellbeing Services 

HUMBOLDT
STATE UNIVERSITY

[Image Description]

HSU Health & Wellbeing Services Presents: Staying Healthy (Body and Mind) While Quarantining: a Q & A
Join a student health physician assistant, a counseling and psychological services therapist, and the campus health educator to have your questions answered about staying well in the campus residence halls and beyond.

Wednesday, April 15th, 5-6pm | Zoom: <https://zoom.us/j/372191626>

Stay home and stay connected # HumboldtConnected | Student Health & Wellbeing services |
Humboldt State University



Liked by hsujournalism and 35 others

hsulumberjack See what The Lumberjack student staff is watching, reading, playing and doing on our site in a collection of unedited reviews and recommendations. | 🖼️ : @chelseawoodart

[Image Description]

@HSULumberjack: See what The Lumberjack student staff is watching, reading, playing, and doing on our site in a collection of unedited reviews and recommendations. Art by @chelseawoodart [image is 6 boxes of people doing various at home activities such as reading, working out, etc]



clubshsu



0:54



[View Insights](#)

[Promote](#)



95 views · Liked by [sarah_dipodomys](#) and [mari92013](#)

clubshsu Meet Pam, Clubs Office Manager, and find out more about how she is coping with the Quarantine! Full video at our YouTube: <https://hsu.link/ClubsOfficeYoutube> (link in our profile!)

[Image Description]

@ClubsHSU: meet Pam, CLubs Office Manager, and find out more about how she is coping with teh Quaranting! FULL video at our YouTube: <https://hsu.link/ClubsOfficeYoutube> (link in our profile)



Lumberjacks!, wear your HSU gear and tag #GreenAndGoldFriday and #HumboldtConnected Every Friday



[View Insights](#)

[Promote](#)



Liked by [hsuinterimprovost](#) and 55 others

clubshsu Every Friday we want our lumberjack Community to show their remote #HumboldtState pride by posting photos and tagging #GreenAndGoldFriday and #HumboldtConnected so we can continue to show solidarity even when far apart! #WeMissYou #stayhome

[Image Description]

Lumberjacks!, wear your HSU gear and tag #GreenAndGoldFriday and #HumboldtConnected Every Friday
@clubshsu: Every Friday we want our lumberjack community to show their remote #humboldtstate pride by posting photos and tagging #GreenAndGoldFriday and #HumboldtConnected so we can continue to show solidarity even when far apart! #WeMissYou #StayHome



JOIN THE AACAE IN...

Virtual Talking Drum!



Come join your fellow peers in an open space for conversation about challenges and joy during these isolating times!

EVERY TUESDAY @ 3PM

**April 14th, 21st , 28th
May 5th and 12th**

USE THE LINK TO JOIN ZOOM MEETING

**[https://humboldtstate.zoom.us/j/706669168?](https://humboldtstate.zoom.us/j/706669168?pwd=QVlqZERSVTZ5eGpjS2NzWjBLTGvHUT09)
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**Email tsm9@humboldt.edu or Douglas.Smith@humboldt.edu
for meeting password**


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Sustainability Championship Nominations



HSU is accepting nominations for its third annual Sustainability Champion Awards program, to recognize individuals whose practices have deepened a culture of sustainability, have furthered the integration of sustainability into academics, student life or campus culture, and/or reduced HSU's environmental footprint. Complete the nomination form by Friday, April 17, 2020 to nominate a student, staff or faculty member for an award. Winners and their nominators will be notified on Earth Day, Wednesday, April 22, 2020.

The award is open to students, staff and faculty who have worked to advance sustainability. Self-nominations are accepted.

The nomination form is available
at <https://forms.gle/q81yPEAFfjCAyMiu8>

Questions? Contact Morgan King, Climate Action Analyst,
at mpk9@humboldt.edu.



hsu_adpic



THE ASIAN, DESI, & PACIFIC ISLANDER COLLECTIVE



 **HUMBOLDT STATE UNIVERSITY**



Liked by **adriennebanh** and **14 others**

hsu_adpic Today on Zoom! Please DM us for the link.

#HSUadpic #HumboldtState

[Image Description]

@hsu_adpic: The Asian, Desi, & Pacific Islander Collective | #StayHome #StaySafe #SaveLives | Questions? Contact us adpic@humboldt.edu | ADPIC's virtual Zoom Meetings | please join us for our weekly check-ins on zoom and let us know how you're doing! |

Mondays 3-4pm | Humboldt State University

@hsu_adpic: Today on Zoom! Please DM us for the link | #HSUadpic #HumboldtState



the.hill.hsu



VIRTUAL ESCAPE ROOM

**visit the link in our bio to take
A Walk in the Woods**



47 likes

the.hill.hsu Take a break from studying and take A Walk in the Woods. Can you find your way out of this sticky situation? Visit <https://hsu.link/escape> to test your skills in this Virtual Escape Room!

#StayHome #hsuhousing #hsuhousingandreslife #thehill #escaperoom

[Image Description]

@the.hill.hsu | Virtual Escape Room | visit the link in our bio to take a walk in the woods
@the.hill.hsu: Take a break from studying and take a walk in the woods. Can you find your way out of this sticky situation? visit <https://hsu.link/escape> to test your skills in this Virtual Escape Room! #StayHome #HSUHousing #HSUHousingandreslife #TheHill #EscapeRoom

FREE! Online Esport FREE! **High School Invitational**



April 24, 2020 | 5-9 p.m.

Games start at 5 p.m. | Double Elimination brackets | Bracket Winners will receive 1,380 RP!

REGISTRATION INFO: link.humboldt.edu/esports

HIGH SCHOOL STUDENTS: Register as singles or teams of 4 to be paired with Humboldt State Students

Register by April 22

[Image Description]

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League of Legends | April 24, 2020 | 5-9pm | game starts at 5pm | double elimination brackets | Bracket winners will receive 1,380 RP!

Registration info: link.humboldt.edu/esports

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Register by April 22



**CAREER
PLANNING
IN THIS TIME**



How can we
prepare ourselves
to find meaningful
employment opportunities
in this time?

**HOSTED BY
NORA MONTOYA &
LOREN COLLINS**

**HSU ACADEMIC CAREER & ADVISING CENTER PRESENTS
A WEBINAR SERIES FOR ENGLISH MAJORS**

Meet on Zoom:

**BUILDING A SKILLS-BASED
RESUME**

Mon. April 13 3:00-4:50pm

**WRITING A PERSUASIVE
COVER LETTER**

Mon. April 20 3:00-4:50pm

**HAVING A GREAT
CONVERSATION IN YOUR
JOB INTERVIEW**

Mon. April 27 3:00-4:50pm

**MAKING USE OF
LINKED-IN**

Wed. April 29 3:00-4:50pm

**EMAIL JA2828@HUMBOLDT.EDU
WITH QUESTIONS
OR TO REQUEST [LOGIN INFO](#)**



**OPEN TO ALL HSU ENGLISH MAJORS
ATTEND ONE OR ALL SESSIONS**

[Image Description]

@hsuenglish: Career Planning in this time> how can we prepare ourselves to find meaningful employment opportunities in this time

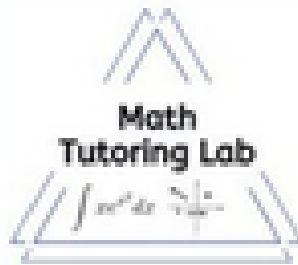
HSU Academic & Career Advising Center Presents: A webinar Series for English Majors

Meet on zoom: Building a skills-based resume- Mon. April 13 3-4:50pm | Writing a persuasive cover letter- Mon April 20 3-5:50pm | Having a great conversation in your job interview- Mon April 27 3-4:50pm | Making use of Linked-in- Wed April 29 3-4:50pm

email ja2828@humboldt.edu with questions or to request login info | open to all HSU english majors. Attend one or all sessions

Virtual Tutoring

1. Visit the Learning Center's website: learning.humboldt.edu
2. Click your desired subject
3. Once in the Google doc, open the Zoom link under the course and time you need



Math Tutoring Lab

Calculus Tutoring

Stats & R Support

Algebra, Trig, & More



Science Tutoring Lab

Chemistry Tutoring

Physics Tutoring

Biology & Botany Tutoring



ERE Tutoring

ERE Drop In- Starts 4/1



Writing Studio

How to Schedule

Make Zoom Appointment

Make Email Appointment

Login for Appointment



General Tutoring Lab

How to Schedule

Make Zoom Appointment

Classes Offered SP 2020

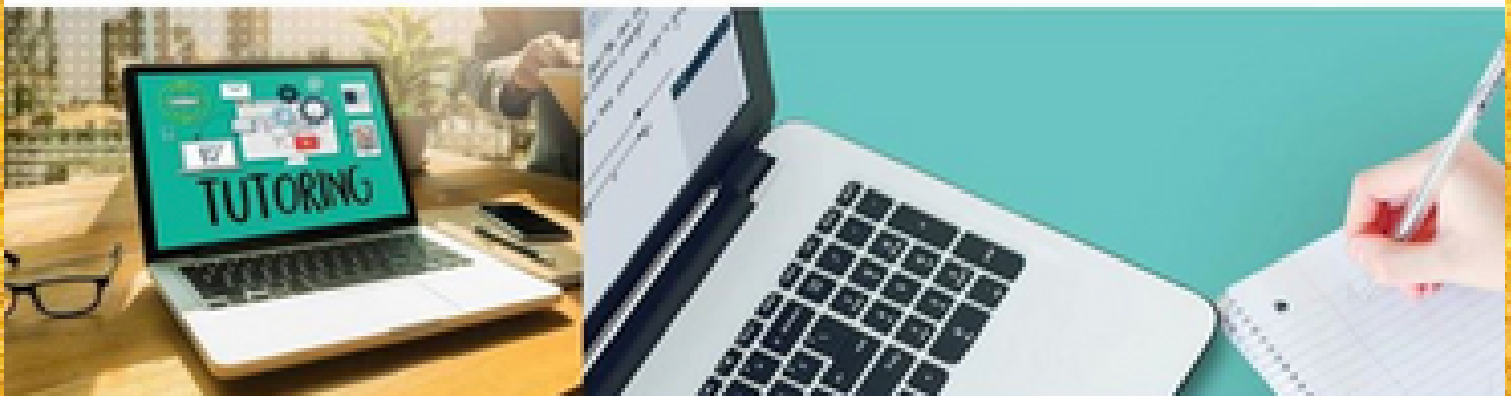
Login for Appointment



Supplemental Instruction

Access Canvas

SI Information



Check out: [Learning.humboldt.edu](https://learning.humboldt.edu)

[Image Description]

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Math tutoring | Science Lab Tutoring | ERE Tutoring | Writing Studio | General Tutoring Lab | Supplemental Instruction



Reminders

**MEET WITH
ADVISORS**



**CR/NC
EXTENTION
TO MAY8**

Reminders



Liked by emmamarie.13 and 3 others

hsu_business Hellooooo! Just wanted to give a quick reminder to meet with advisors to lift that hold, and to keep in mind that you are able to changes corses to cr/nc! Stay safe & stay positive 💖

[Image Description]

@hsu_business

Reminders: Meet With Advisors | CR/NC extension to May 8

@hsu_business: Hellooooo! just wanted to give a quick reminder to meet with advisors to lift that hold,, and to keep in mind that you are able to change courses to cr/nc! Stay safe & stay positive

 humboldtstatespirit

TRY-OUTS



EXTENDED TO MAY 8TH!

FAQ  

 humboldtstatespirit

LUCKY AUDITIONS ARE ALSO OPEN!



DM FOR DETAILS!

[Image Description]
@humboldtstatespirit

Tryouts extended to may 8th | go to instagram for more details | Lucky Auditions are also open | DM for details
|email hsucheer@humboldt.edu with questions



WE'RE HIRING AT THE ERIC ROFES MULTICULTURAL QUEER RESOURCE CENTER

The ERC is hiring for a **Volunteer & Resources director** for the spring 2020 semester. This student position allots for approximately 9-10 hours a week at \$13/hr.

Jobs duties include (but are not limited to):

- Recruiting/Main point of contact for volunteers
- Creation & Keeping track of resources
(i.e pamphlets, safer sex products, etc)
- Maintenance of ERC Website and Library

To apply, send your resume to erc@humboldt.edu by April 17th



[Image Description]

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To apply, send your resume to erc@humboldt.edu by April 17th

Registration dates from the Office of the Registrar

Day of the Week	Reg Group	Start Date	Start Time
Mon	PBAC Priority Groups	4/13/2020	8:30 AM
Mon	PBAC (2BA) Priority Groups	4/13/2020	8:30 AM
Mon	UGRD Priority Groups	4/13/2020	9:00 AM
Tue	PBAC Continuing Students	4/14/2020	8:30 AM
Tue	PBAC (2BA) Continuing Students	4/14/2020	8:30 AM
Tue	Continuing Senior	4/14/2020	12:00 PM
Wed	Continuing Senior	4/15/2020	8:30 AM
Thur	Continuing Junior	4/16/2020	8:30 AM
Fri	Continuing Junior	4/17/2020	8:30 AM
WEEKEND			
Mon	Continuing Sophomore	4/20/2020	8:30 AM
Tue	Continuing Freshmen	4/21/2020	12:00 PM
Wed	Continuing Freshmen	4/22/2020	8:30 AM

[Image Description]

Go to the registrars website for more accessible list of deadline: <https://registrar.humboldt.edu/academic-deadlines#/i=1>

Enterprise Information

With colleges & Universities announcing campus closures in response to Coronavirus (covid-19) concerns, Enterprise wants to make it easier for students to get home to their families by reducing the age minimum and waiving the young renter fees for rentals through May 31, 2020. Some additional conditions may apply.



More information is available to students by visiting enterprise.com/studenttravelassistance or by calling (1-844-624-4412).

Please reach out to Megan Herring at megan.f.herring@ehi.com / (916) 787-4748 or Lisa Holmes at Lisa.m.holmes@ehi.com / (916) 787-4733 if you have any questions.