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4-6-2020

Clubs & Activities Newsletter

Humboldt State Clubs & Activities

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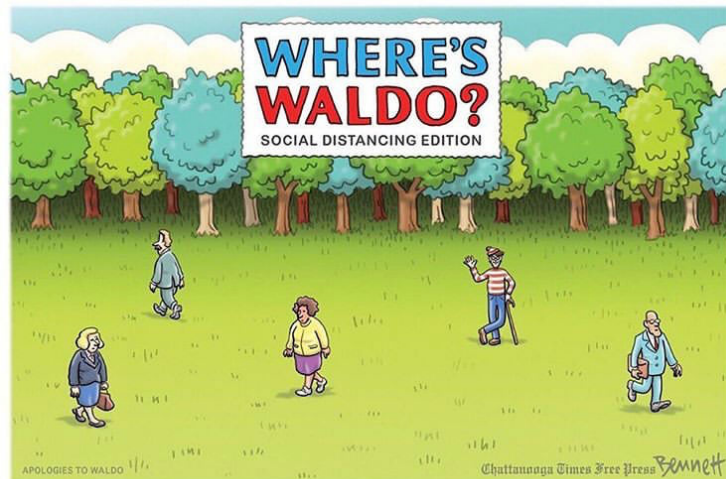
Clubs & Activities Newsletter



Weekly Newsletter for Club Student Leaders

In This Issue:

- Ways Clubs Can Stay Active- 1
- Helpful/Interesting Videos - 2
- Campus Resources-2
- Recipe of the Week - 2
- Weekly Puzzle- 2
- #Instagram and Campus Roundup - 3+



Ways Clubs Can Stay Active While Social Distancing?

WAYS TO HOST MEETINGS:

[ZOOM HOW TO](#)

[SKYPE HOW TO](#)

[GOOGLE HANG OUT HOW TO](#)

ACTIVITIES YOU CAN DO TOGETHER:

[NETFLIX PARTIES HOW TO](#)

[VIRTUAL CLUB ENGAGEMENT EXCEL](#)



“Show me the most damaged part of your soul, and I will show you how it shines like gold” - Nikita Gil

Interesting and Helpful Videos

15 tips for Quarantine:

<https://www.youtube.com/watch?v=AQxpQ94Euic>

Staying motivated for online classes:

<https://www.youtube.com/watch?v=ra35t5JcWC8>

5 methods for effective note taking:

<https://www.youtube.com/watch?v=AffuwyJZTQQ>

Puzzle of the Week



Find as many words in the search as you can!

Hint: cold deserts

*Answer will be available Next Monday,
4/13/20*

For the answer to last weeks puzzle, go to:

<https://www.rd.com/culture/word-puzzles-that-will-leave-you-stumped/>

Campus Resources

- **Campus COVID-19 Updates:**
<https://covid19.humboldt.edu/>
- **Student Health & Wellbeing Services:**
<https://wellbeing.humboldt.edu/>
- **Library Continuity Plan:**
<https://libguides.humboldt.edu/continuity/students>
- **Counseling & Psychological Services:**
<https://counseling.humboldt.edu/coronavirus-caps-modified-services-self-help-material>
- **Oh Snap Food Pantry:** @hsuohsnap on instagram or email ravin@humboldt.edu
- **Dean of Students & CARE Services:**
dos@humboldt.edu
- **Academic & Career Advising Drop in:**
https://acac.humboldt.edu/sites/default/files/Virtual%20Drop%20ins_0.pdf
- **CAPS Self Help Resources:**
<https://counseling.humboldt.edu/self-help-resources>

Recipe of the Week

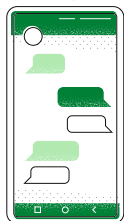


Click here for Chinese Egg
Cake Recipe:

<https://www.chinasichuanfood.com/chinese-egg-cake/>

****Show us your attempts by tagging @ClubsHSU in
Instagram and #HSURecipeOfTheWeek****

If you have a favorite recipe you want us to include in next
week's newsletter, email clubs@humboldt.edu and put
"Newsletter Recipe" in the subject line



Text:

(707) 702-1762



Facebook:

@HSUClubsOffice



Instagram:

@ClubsHSU



Website:

clubs.humboldt.edu



Email:

clubs@humboldt.edu

#Instagram Roundup

Distant for now,
close at heart always.

WE ARE HUMBOLDT

#humboldtconnected



VIRTUAL CLUB ENGAGEMENT

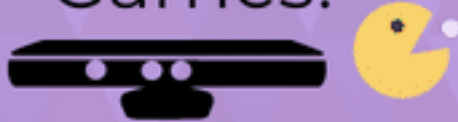
Club Communication:

- Telegram
- Group me
- WhatsApp
- Google voice

Video Conference

- Zoom
- GoToMeeting
- Skype
- Google hangouts

Games!



- Bingo nights- bingomaker.com
- Jackbox.tv games!
- Steam
- Omgmobc.com
- Yourturnmyturn.com
- Kahoot Trivia

Group Self Care



- Group vent session- safe space for no judgement
- Pinterest vision boards
- Provide Resource contact information (Available on Covid19.humboldt.edu)
- Self care TED talks
- Journal prompt and share
- Positivity social media challenges

Stay Fit!



- Host training/exercise session on zoom
- Live stream yoga classes
- Track hikes on AllTrails

Academics

- Book club
- Trivia on Kahoot
- Quizlet sharing
- Zoom study sessions
- Zoom coffee and conversation
- Multiple people working on a google doc (There is a chat function!)



Miscellaneous

- Learn a language online (ex: DuoLingo)
- Cooking lessons online
- Become a naturalist
- Spirit weeks
- Virtual open mic
- Share your craft on social media- facebook, tik tok, youtube
- Learn an instrument
- Online religious services or Bible/Koran/Torah study groups
- Boredom busters- what to do when you're bored
- Pjlibrary
- Community service
 - Knitting hats for NICU babies, Homeless community, etc.
 - Making face masks for those working the front lines
 - Cleaning up trash on hikes or walks and posting to Social Media
- Netflix watch parties
- Weekly Zoom lunches
- Animal crossing activities
- Cooking lessons online and post attempts
- Deserted island scenario



humboldtpblc

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Virtual Tutoring

1. Visit the Learning Center's website: learning.humboldt.edu
2. Click your desired subject
3. Once in the Google doc, open the Zoom link under the course and time you need



Math
Tutoring Lab

Calculus Tutoring

Stats & R Support

Algebra, Trig, & More



Science
Tutoring Lab

Chemistry Tutoring

Physics Tutoring

Biology & Botany Tutoring



ERE
Tutoring

ERE Drop In- Starts 4/1



Writing
Studio

How to Schedule

Make Zoom Appointment

Make Email Appointment

Login for Appointment



General
Tutoring Lab

How to Schedule

Make Zoom Appointment

Classes Offered SP 2020

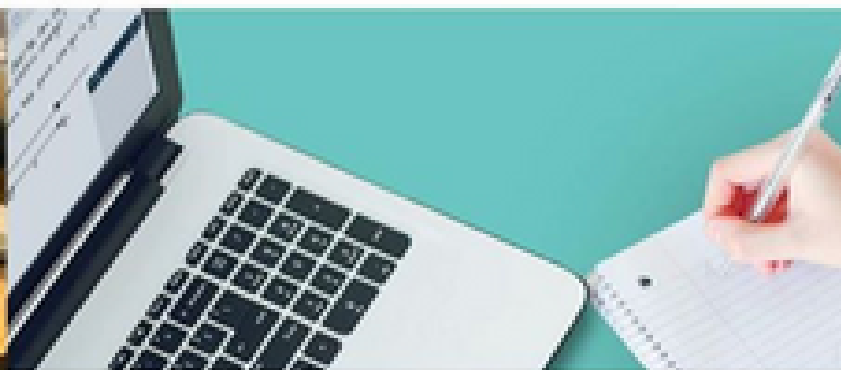
Login for Appointment



Supplemental
Instruction

Access Canvas

SI Information



Liked by hsubrainbooth and 8 others

humboldtpblc Need some study help? The Learning Center is open for tutoring through Zoom!

Check out: [Learning.humboldt.edu](https://learning.humboldt.edu)



ENGLISH

FALL 2020 ADVISING

What is offered

CORE CLASSES: ENGL 120, 220, 225, 320, 490

WRITING PRACTICES: ENGL 211, 315, 319, 422, 460

LITERARY STUDIES: ENGL 240, 350, 370/570, 420/620

LANGUAGE ARTS: ENGL 232, 328, 336, 426

*Apply for graduation 3 semesters before
you will graduate.*

Complete DARS planner

Communicate with your advisor

RESOURCES

SPECIAL TOPICS

BLACK BRITAIN

THE LIFE OF A COMMUNITY IN LONDON
1945-1965

From the 1940s to the 1960s, London was home to a large and vibrant Black community. This book explores the lives of the people who lived in this community, and the challenges they faced.

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- Black Britain
- Black Britain
- Black Britain
- Black Britain



[DARS](#)

[How to Register](#)

[ENGLISH Course Rotation](#)

[Class Schedule](#)

[Applying for Graduation](#)

[ENGLISH Catalog](#)

[Requirements](#)

[Department Website](#)



hsuenglish It's mandatory advising time!

Be sure to check in with your advisor this week and plan ahead for Fall!

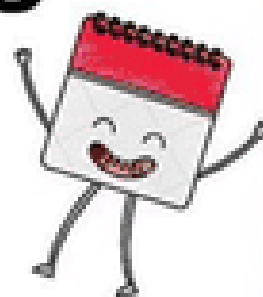


hsu_business



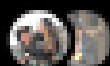
Reminders

**MEET WITH
ADVISORS**



**CR/NC
EXTENTION
TO MAY8**

Reminders



Liked by emmamarie.13 and 3 others

hsu_business Hellooooo! Just wanted to give a quick reminder to meet with advisors to lift that hold, and to keep in mind that you are able to changes corsees to cr/nc! Stay safe & stay positive 💖



EOP DROP-IN VIA ZOOM

We miss you all!

Join us via Zoom on
TUESDAY, APRIL 7th
at 11am so we can hear
how you're doing and see
your lovely faces.

Join here: [https://
humboldtstate.zoom.us/
j/475956242](https://humboldtstate.zoom.us/j/475956242)



1 like

hsueopsss We miss you all! Especially the daily visits to Hadley House to tell us about your day and lives. Do you miss it? Join us for our EOP drop-in via Zoom next week! See the Zoom link on this flyer or click on the link in our IG bio. We are here! 💚💛 Your EOP/SSS Family!

Drop in link:

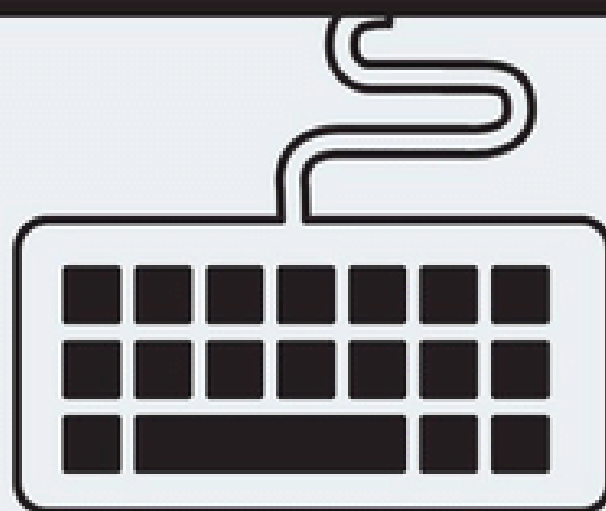
<https://humboldtstate.zoom.us/j/475956242>



CENTRO DEL PUEBLO

Online Meeting on Friday

Information and Q&A about COVID-19



Liked by equityarcata and 14 others

ellenadornews Latinx group, Centro del Pueblo will host an online meeting in English and Spanish on Friday, April 3. The goal of the meeting is to answer questions about COVID-19 and provide help for those in need. Link in bio

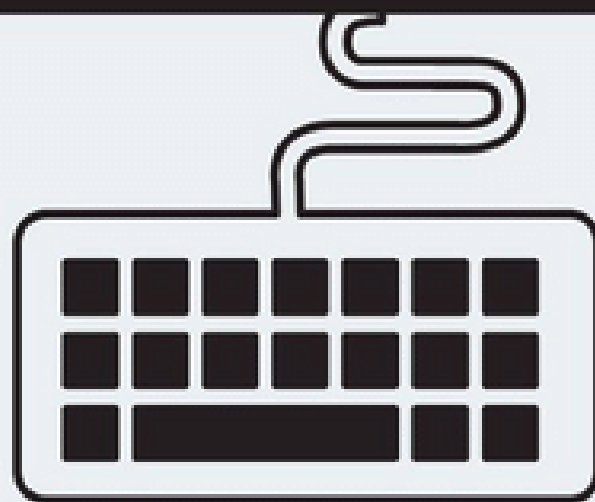
Grupo Latinx, Centro del Pueblo inicie una reunión en línea en inglés y español el viernes, 3 abril. El objetivo de la reunión es para responder preguntas sobre COVID-19 y brindar ayuda a los necesitados. Para obtener más información enlace en bio. .



CENTRO DEL PUEBLO

Conferencia en línea el viernes

Información y preguntas sobre
COVID-19



Liked by equityarcata and 14 others

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humboldtstatespirit

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TRY-OUTS



EXTENDED TO MAY 8TH!

FAQ



Email hsucheer@humboldt.edu with questions



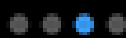
humboldtstatespirit



LUCKY AUDITIONS ARE ALSO OPEN!



DM FOR DETAILS!



Email hsucheer@humboldt.edu with questions

Semestre otoño 2020



Únete al personal de *Toyon*!

Toyon plurilingüe revista académica de literatura y arte busca un grupo diverso de artistas, editores, diseñadores, traductores y promotores para crear y publicar su próximo número.

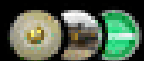
Aprenda sobre la evaluación de manuscritos, adquisiciones, edición de textos, diseño de libros, composición tipográfica y carreras en publicaciones.

Buscamos hispanohablantes para una colaboración literaria especial con una publicación hermana en Oaxaca.

Registrarse

ENGL 460: Edición literaria
lunes y miércoles
5pm - 6:50 pm
Abierto a todas las
especialidades.
No se necesita experiencia
editorial

Más información



Liked by hsugradstudies and 5 others

hsuenglish Hey HSU students!

Want to be a part of a multilingual journal of Literature & Art?

Sign up for Toyon for Fall 2020! Register for ENGL 460: Literary Editing.

Open to all majors!

Fall 2020



Join the *Toyon* staff!

Toyon Multilingual Journal of Literature and Art seeks a diverse group of artists, editors, designers, translators, and promoters to create and publish their next issue.

Learn about manuscript evaluation, acquisitions, copy-editing, book design, typesetting, and careers in publishing.

Spanish-speakers wanted for a special literary collaboration with a sister publication in Oaxaca.

Register

ENGL 460: Literary Editing
Mondays and Wednesdays
5pm - 6:50pm
Open to all majors
No publishing experience
necessary

More info



Liked by hsugradstudies and 5 others

hsuenglish Hey HSU students!

Want to be a part of a multilingual journal of Literature & Art?

Sign up for Toyon for Fall 2020! Register for ENGL 460: Literary Editing.

Open to all majors!



Food Resources On Campus

The Oh Snap! Pantry will have a table near the Health Center with food to distribute Friday, 3/20, 2-4pm, Wednesday, 3/25 10am - 12pm, and Thursday 3/26, 1pm-3pm (if supplies last).



- Friday, March 20:
 - College Creek Marketplace 7:45am - 6pm
 - The Giant's Cupboard (1st Floor JGC) 5 - 9pm
- Saturday, March 21 - Sunday, March 22
 - The Giant's Cupboard (1st Floor JGC) 1pm - 9pm
- Starting Monday, March 23
 - College Creek Marketplace 9am - 2pm
 - The Cupboard (1st Floor JGC) 5 - 9pm



Liked by **hsueats** and 49 others

humboldtstatehousing Staying at HSU? There are some Dining locations available on-campus:

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Friday, March 20
College Creek Marketplace 7:45am - 6pm
The Giant's Cupboard (1st Floor JGC) 5 - 9pm

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Saturday, March 21 - Sunday, March 22
The Giant's Cupboard (1st Floor JGC) 1pm - 9pm

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..
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#humboldtstate #hsuhousing #hsuohsnap #hsudining

hsueats We're extending our hours at College Creek next week M-F 8am-4pm.





hsucaps



Humboldt State

COUNSELLING
AND
PSYCHOLOGICAL
SERVICES

IS GOING
DIGITAL!

CAPS Appointments are still
available and hosted online! Even if
you're out of the area!

We're here for you. Email us at
hsucapsehumboldt.edu with any
questions!



Liked by [hsu_adpic](#) and 34 others

hsucaps Our offices might look a little different, but CAPS still has your back! Send us an email at hsucaps@humboldt.edu and leave us your phone number and we'll give you a call back. Some of our groups are still going and we're looking at offering more. Also one on one sessions are still available. [#humboldtstate](#) [#mentalhealth](#)

Email hsucaps@humboldt.edu with questions



erc_hsu



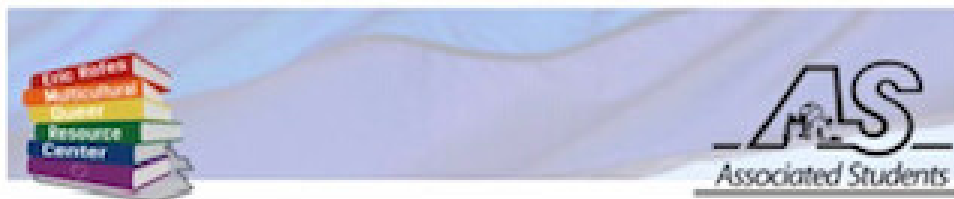
WE'RE HIRING AT THE **ERIC ROFES MULTICULTURAL QUEER RESOURCE CENTER**

The ERC is hiring for a **Volunteer & Resources director** for the spring 2020 semester. This student position allots for approximately 9-10 hours a week at \$13/hr.

Jobs duties include (but are not limited to):

- Recruiting/Main point of contact for volunteers
- Creation & Keeping track of resources (i.e pamphlets, safer sex products, etc)
- Maintenance of ERC Website and Library

To apply, send your resume to erc@humboldt.edu by April 17th




Liked by [hsu_adpic](#) and 11 others

erc_hsu Hey all! Come join our team as Volunteer and Resource Director for Fall of 2020. Send a resume and cover letter out way by April 17th. Shoot us an email or dm if you have any questions! 🙌

Apply by emailing erc@humboldt.edu
by April 17th

Sustainability Championship Nominations



HSU is accepting nominations for its third annual Sustainability Champion Awards program, to recognize individuals whose practices have deepened a culture of sustainability, have furthered the integration of sustainability into academics, student life or campus culture, and/or reduced HSU's environmental footprint. Complete the nomination form by Friday, April 17, 2020 to nominate a student, staff or faculty member for an award. Winners and their nominators will be notified on Earth Day, Wednesday, April 22, 2020.

The award is open to students, staff and faculty who have worked to advance sustainability. Self-nominations are accepted.

The nomination form is available
at <https://forms.gle/q81yPEAFfjCAyMiu8>

Questions? Contact Morgan King, Climate Action Analyst,
at mpk9@humboldt.edu.



HUMBOLDT STATE UNIVERSITY
OhSNAP!

OH SNAP FOOD DISTRIBUTION

**PRE PACKAGED FOOD BAGS WILL BE
AVAILABLE ON CAMPUS.
VEGETARIAN AND MEAT OPTIONS**

**TABLE WILL BE IN FRONT OF THE STUDENT
HEALTH CENTER. LOOK FOR THE OH SNAP VAN!**

**WEDNESDAYS, 10-NOON
THURSDAYS, 1-3**



**IF YOU CAN'T MAKE THESE TIMES, OR CANNOT COME
TO CAMPUS, PLEASE EMAIL MIRA@HUMBOLDT.EDU**



Spring 2020 Academic and Career Advising

The Academic and Career Advising Center will conduct business for the remainder of Spring 2020 via Zoom, email, or telephone starting Wednesday, March 18.

Please call our front desk at (707) 826-3341 to leave a message, or email us at acac@humboldt.edu with questions or to schedule an appointment. Be sure to indicate your preferred method of contact: Zoom, phone, or email. Please be patient as we transition to virtual services. We will do our best to accommodate everyone in a timely manner.

Phone messaging: (707) 826-3341

Email: acac@humboldt.edu

Website: acac.humboldt.edu

We encourage you to download Zoom. If you have any questions, please visit <https://ctl.humboldt.edu/content/keep-learning> for more information.

academic
& career
ADVISING
CENTER

HUMBOLDT STATE UNIVERSITY



Liked by hsboldtstate and 18 others

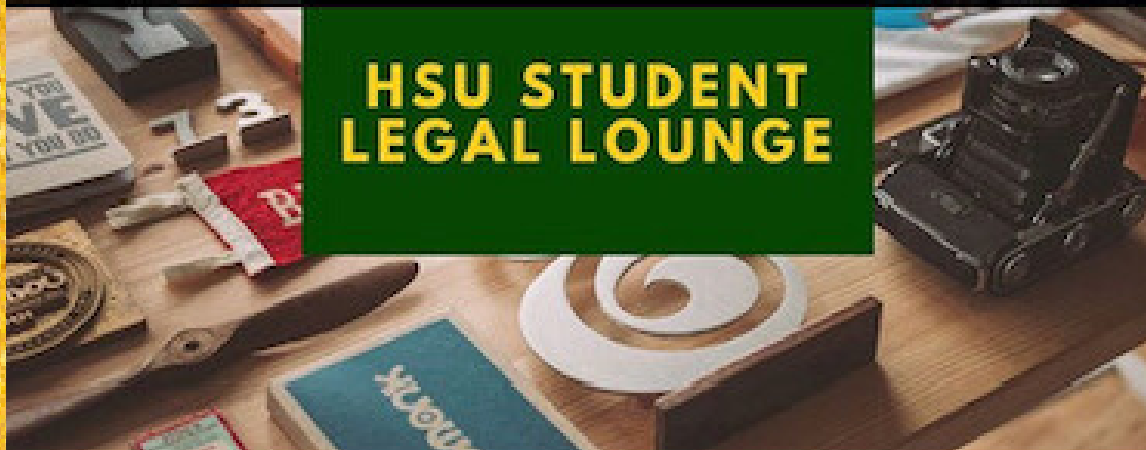
hsu_academiccareeradvising Stay safe, everyone! ❤️💛
#humboldt

For more information on how to use Zoom, go to <https://ctl.humboldt.edu/content/keep-learning>



hsustudentlegallounge

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NO SET OFFICE HOURS FOR SPRING 2020

Since we will be working remotely, you can email studentlegallounge@humboldt.edu any legal questions and get a zoom meeting set up!

EMAIL US AT STUDENTLEGALLOUNGE@HUMBOLDT.EDU
WEBSITE AT STUDENTLEGALLOUNGE.HUMBOLDT.EDU
IG @HSUSTUDENTLEGALLOUNGE



Liked by [romanthompson3827](#) and 2 others

hsustudentlegallounge We will still be working throughout this semester! Contact us via email at studentlegallounge@humboldt.edu! Stay safe everyone.



wrrap_hsu



Liked by hsu_adpic and 40 others

wrrap_hsu Out of toothpaste but don't want to run to the store? There's a zero waste solution for that!

One part baking soda and one part warmed coconut oil (you can add peppermint or other tastes for flavor) and you got yourself DIY toothpaste!

#wrrap #hsu #humboldt #arcata #zerowaste #diy



LJ **hsulumberjack** It accumulates like there's no tomorrow, unleashing its inner animal at every turn. No damp area is safe from the monster of mold. What can students do to fight it?

The rainy season is still around in Humboldt. Lurking amidst the hundreds of buildings students live in—and may be stuck in—is a hidden and nasty phenomenon—mold. Visit our site for more. | ✍️: @gkim99 🖼️: @caffidraws



Things you can do to save energy at home
(electricity & natural gas)

There are several things you can do to save energy and resist this potential increase in your PG&E bill:

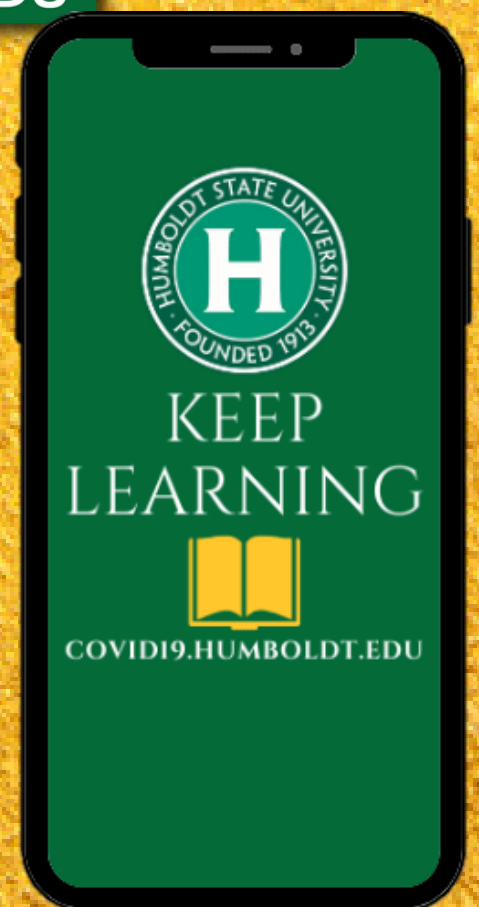
- Open drapes/let natural light into your house on sunny days to avoid having lights on
- Be conscious of not leaving lights on in rooms that are unoccupied
- Make sure to unplug appliances when you are finished using them (coffee makers, microwaves, hair straighteners/curlers, etc)
- Try to wear more layers when you get chilly instead of turning on the heater
- If you have AC, open windows instead of turning on your AC when you get hot
- Try to take fast showers to limit the amount of hot water your natural gas water heater must heat
 - BONUS! Have a competition with your friends to see who can take the shortest showers! Or, compete against yourself to see if everytime you shower, you can beat your previous time!
- Instead of watching TV or playing videogames, read a book to save on electricity
 - BONUS! Do homework/study instead of using your TV (I know we all need that online class motivation 😊)



Liked by hsubrainbooth and 23 others

greencampus_hsu Yesterday we let you guys know that, with people staying home more often, your PG&E bills might increase. Here's a list of things that might make your PG&E bill increase, and then a list of things YOU can do to resist this potential increase.

Please feel free to comment any questions you have!

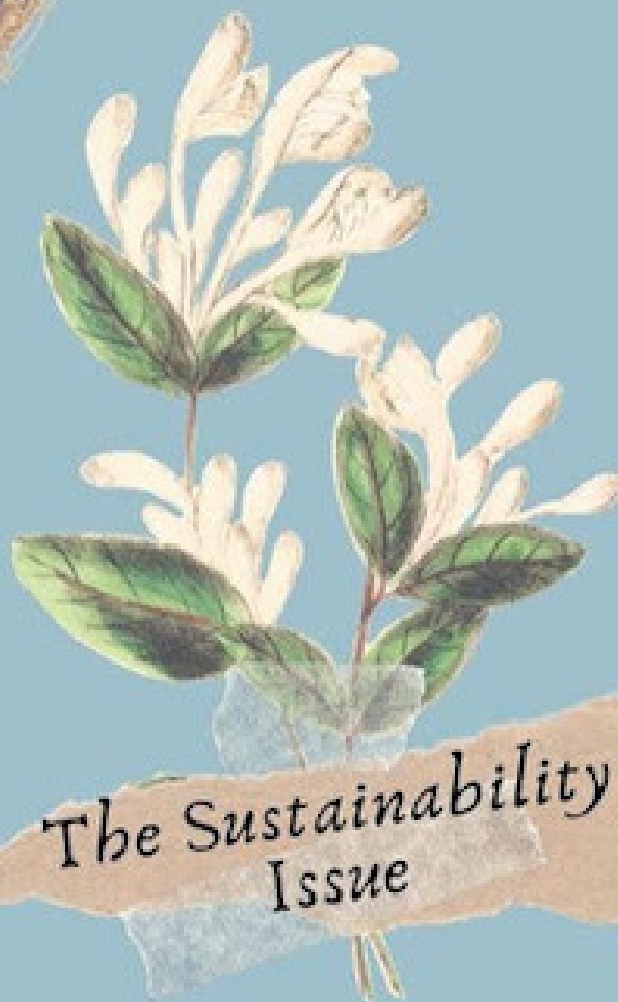




hsu_mcc

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Cultural Times

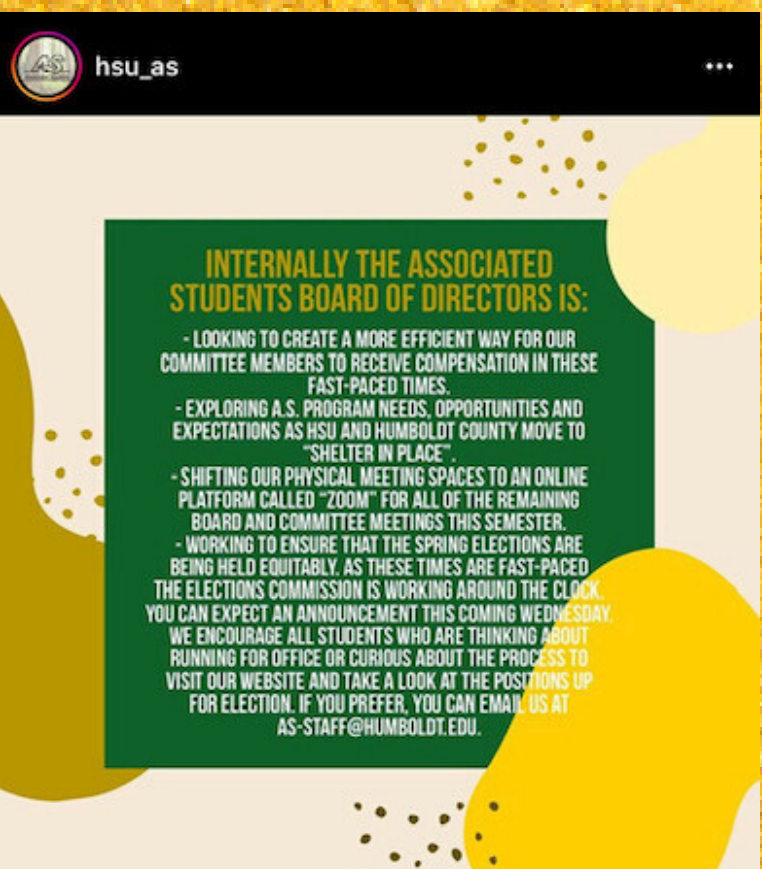
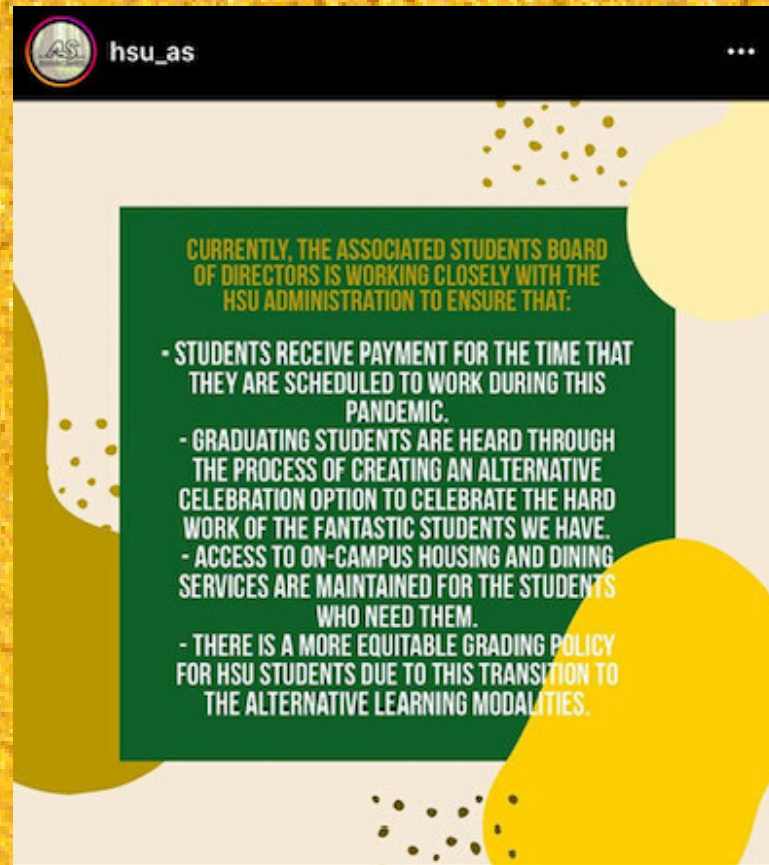


The Sustainability
Issue



Liked by hsuinterimprovost and 46 others

hsu_mcc Do you have a lot of free time during this social distancing / spring break? The MCC is still accepting submissions of poetry, writing, recipes and artwork themed around your relationship with sustainability. The deadline is April 10th and you can your submit to the MCC email! Stay safe everyone 🌻🌻 //



Registration dates from the Office of the Registrar

Day of the Week	Reg Group	Start Date	Start Time
Mon	PBAC Priority Groups	4/13/2020	8:30 AM
Mon	PBAC (2BA) Priority Groups	4/13/2020	8:30 AM
Mon	UGRD Priority Groups	4/13/2020	9:00 AM
Tue	PBAC Continuing Students	4/14/2020	8:30 AM
Tue	PBAC (2BA) Continuing Students	4/14/2020	8:30 AM
Tue	Continuing Senior	4/14/2020	12:00 PM
Wed	Continuing Senior	4/15/2020	8:30 AM
Thur	Continuing Junior	4/16/2020	8:30 AM
Fri	Continuing Junior	4/17/2020	8:30 AM
WEEKEND			
Mon	Continuing Sophomore	4/20/2020	8:30 AM
Tue	Continuing Freshmen	4/21/2020	12:00 PM
Wed	Continuing Freshmen	4/22/2020	8:30 AM

Enterprise Information

With colleges & Universities announcing campus closures in response to Coronavirus (covid-19) concerns, Enterprise wants to make it easier for students to get home to their families by reducing the age minimum and waiving the young renter fees for rentals through May 31, 2020. Some additional conditions may apply.



More information is available to students by visiting enterprise.com/studenttravelassistance or by calling (1-844-624-4412).

Please reach out to Megan Herring at megan.f.herring@ehi.com / (916) 787-4748 or Lisa Holmes at Lisa.m.holmes@ehi.com / (916) 787-4733 if you have any questions.



hsuartdept Art in Quarantine series by
HSU Art Students

Ryan Coffey

Illustration II

Lunch Time pre-Invasion

Being one of my many drawings of
fictional, U.S. super soldiers serving in
the line-of-duty, with this being two
soldiers (boyfriend and girlfriend) on
their lunch-break, next to their tank.

[#artinquarantine_humboldtstate](#)