

THE LUMBERJACK

Roads in Repair



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The Lumbercraft: Snow Globe



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Got Herbs?



page 7

Making Her Match



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Seeing the Bigger Picture



Ted Hernandez, Chair of the Wiyot Tribe, passed burning sage in order to cleanse and bless the new mural painted by Randy Sabaque "Saba" on Tuesday, Dec. 1, 2015. | Sam Armanino

Students unveil mural on UC Quad

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Ice Skating is Coming to Town

by Katie Lowe and Hannah Moss

Balancing on thin blades gliding across the ice, Humboldt State student Nathalie Mostrel fell in love with figure skating at a birthday party as a young girl. "It's a sensation like flying," Mostrel said. "I've always had a passion for it." Mostrel now has the opportunity to share this feeling with the children of Humboldt County. The Humboldt Ice Rink will open this Friday in Fortuna at the Newburg Park. It is the first and only ice rink within 100 miles of Humboldt County. Mostrel began figure skating when she was 8 and trained competitively for almost 10 years until she had to leave the rink behind to attend HSU. Until now, she has taken her inspiration onto the stage with the dance program. She is excited to trade in her dance shoes for her freshly stretched ice skates. Mostrel will be teaching children's and private lessons at the rink when she is not preparing for finals. She says there are already a bunch of elementary schools

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The Search is Over

HSU finds permanent provost

by Rebekah Staub

Next semester Humboldt State students might be able to eat lunch with their provost. Dr. Alexander Enyedi, who is currently a professor of biological sciences at Western Michigan University, will begin his role as HSU's provost and vice president for academic affairs on Jan. 11. Enyedi said when he was dean of the college of arts and sciences at Western Michigan University he used to eat on campus at tables that said, "Dine with the Dean." At first, no one would sit with him. He said eventually groups of students started to talk to him about things from their problems with classes to asking where the nursery on campus was. "I'm going to let Humboldt know I'm a very visible and hands-on provost," Enyedi said. "I'm going to be circulating in the environment of the campus." HSU found a permanent provost after going through 90 applicants and bringing 15 candidates to campus over the past year. Enyedi came to campus for an open forum with faculty and students in November. Enyedi said when he first visited Arcata for the three full days, he drove through Eureka and Samoa, stopping to ask people their impressions of HSU. "I had the chance to meet with individuals who have a love and concern with the institution," Enyedi said. "I kind of snuck around the community when I first arrived." Enyedi said some of the things that came from speaking to individuals is a lot of excitement for the new strategic plan, which he hopes to work with HSU President Lisa Rossbacher on. He met two alumni that did not want to leave the community and he said they appreciated the fact that Humboldt is a unique place. "In my role of provost I want to continue to make some positive progress to help Humboldt continue its role in the community," Enyedi said. "We can actually reach more into the community."

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Glenn Tinseth helps his students during a lab for Chemistry 110 on Tuesday, Dec. 1, 2015. | Sam Armanino

Half Brewer, Half Professor

HSU professor recreates IBU formula for beer

by Joanna Quintanilla

Humboldt State chemistry professor Glenn Tinseth focuses on his lectures during the school year. But when students leave for summer, he is a substitute brewer for Mad River Brewing Company in Blue Lake. Tinseth began brewing his own beer at home in his college years after realizing that it was cheaper to make than buy. He put his chemistry knowledge to the test and revisited a formula used to measure bitterness in beer. "Home brewing was great because you could do it different every time," Tinseth said. "It didn't matter how it came out, you wanted it to be good but no one was sitting there expecting it to be extra pale ale or whatever." While finishing his Ph.D., Tinseth looked at the one model available for measuring the international bittering units, or how bitter a beer will be, and felt that it did not make sense. "I thought, well I can test this," Tinseth said. "So when I should have been finishing my dissertation, I was actually over in the hop lab. My boss didn't know but I was trading work for them [to be] able to use their instruments and do my own research."

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Weather

Thursday

Friday

Saturday

Sunday

58°

56°

58°

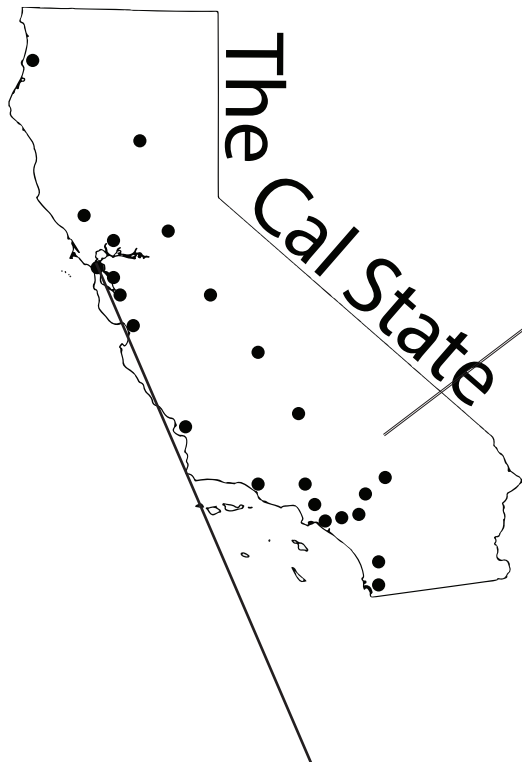
59°

Source: National Weather Service

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Compiled by Miranda Hutchison

California State University, San Bernardino - The Coyote Chronicle

The California Faculty Association filed an unfair labor practice charge against the California State University system. A press release stated the charge was filed because the CSU management’s poor handling of the negotiations has prompted the CFA to raise accusations of bargaining in bad faith. The CSU and the CFA remain at a standstill for a 5 percent raise (Moby Howeidy).

San Francisco State University - The Golden Gate Xpress

Three in four college students with loans believe the debt will impact their post-graduation goals, according to the American Institute of Certified Public Accountants (AICPA). Student loan debt continues to pile up on America’s college graduates, averaging \$29,000 per student, according to the Institute for College Access and Success on Student Debt (Lauren Pratt).



UPD BYTES

Compiled by The Lumberjack

Wed, Nov. 18
16:47 Harry Griffith Hall

Reporting person states there are raccoons in the storm drain and people are stopping to take pictures. Reporting person is concerned someone is going to get scratched.

Whatever will be, will be.

Sat, Nov. 21

15:06 - Redwood Bowl

A very drunk football fan was released to the care of a friend, who took him home.

Going from one Sidelines to the next.

Mon, Nov. 30

20:47 - Wildlife building

Custodian is stuck in the elevator between the first and second floor. The custodian was removed from the elevator and the engineer will put up an out of order sign.

You know what is out of order? My buttohole.

Mon, Nov. 30

21:18 - Library

Subject damaged paper towel dispensers in the first floor men’s restroom and stole all of the paper towels.

Sorry, we ran out of paper to print this newspaper on.

Wednesday Dec. 2
Sci Fi Night ft. Monster from a Prehistoric Planet (1967)
Doors @ 6 p.m., All ages, Free w/\$5 food & bev purchase

Thursday Dec. 3
Ocean Night Film Screening
Doors @ 6:30 p.m., All ages, \$3 donation fee, Free for OC, Surfrider, & Baykeeper members/children 10 & under

Friday Dec. 4
Sleepy Hollow (1999)
Doors @ 7:30 p.m., Movie @ 8 p.m., Film is \$5, Rated R

Sunday Dec. 6
Phutureprimitive
Doors @ 9:30 p.m., \$15 limited tix, adv/\$20 adv tix online @ World Famous Productions, 21+

Wednesday Dec. 9
Sci Fi Night ft. Moon of the Wolf (1972)
Doors @ 6 p.m. All ages, Free w/\$5 food & bev purchase

Friday/Saturday Dec. 11/12
Beats Antique
Two Nights! Doors @ 9 p.m., \$40 lim adv tix available @ worldfamousparty.com, 21+

Sunday Dec. 13
Polar Express (2004)
Doors @ 5:30 p.m., Movie @ 6 p.m., Film is \$5, Rated G

This week at Arcata Theatre Lounge



Compiled by Louis Ramirez

Sources: BBC, Washington Post

United States

1

Russia has been slowly showing that it doesn’t want to partake in a joint campaign with the west to strike ISIS in Syria. Even after France and other western countries have reached out to President Vladimir Putin, he has shown little sign of joining. In the past Putin has called the western coalition illegal because they don’t have permission from Assad’s to launch airstrikes. Putin has also responded to the question by saying that Turkey is clearly not ready to apologize about shooting down one of their airplanes.

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India

2

The southern Indian city of Chennai has been hit with fresh rain that has resulted in serious flooding. The flooding has managed to cancel many flights and trains leaving people stranded and without power. Last month, it rained for a week straight and it killed at least 188 people. The rain is predicted to continue for the next three days, according to the meteorological office.

United States

3

The newly elected mayor of Juneau in Alaska, Stephen Fisk, has been found dead in his home and police are investigating the cause. Fisk was found by his son on Monday. He had just taken office. Results of an autopsy are expected within days, but police have dismissed rumours that he was assaulted as “speculation” and said there was no evidence of forced entry.



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The Road Maintenance of Arcata

by Alexandra Turku

Humboldt State student Jeff Ward uses his car to get around Arcata and to work. He has noticed that there are some roads in need of more repair than others.

“A lot of the sideroads are in disrepair,” Ward said. “You always have to maneuver around pot-holes.”

In Arcata, many of the main roads are in good shape but there is still work to be done on many sideroads.

Ward thinks the Arcata City Council is doing their part to look

after the streets.

“They’re doing well, they could always do better but it would cost a lot of money,” Ward said. “There’s a lot of one-way roads that are in disrepair. But if you’d close them off it could mean a lot of detours and that might not be worth it.”

The annual budget for road projects is around \$1 million, which is enough to renovate around five blocks worth of roads. Restoration of roads and potholes can be done through the use of

“slurries,” a thin mixture used to seal holes and dents in the asphalt.

Arcata’s City Engineer Doby Class said any road faulties which may cause “genuine safety concerns” will be prioritised and fixed. But choosing what roads to completely restore or change will sometimes be a matter of prioritising which road is more impor-tant.

“Our focus is on preserving what we have not letting it get so bad,” Class said. “There’s over \$100 million of asphalt [in Arcata]. You’ll never have perfect roads, especially not in a city like this. It is a balance.”

According to Forbes, the price of asphalt has increased over the years, while the tax put on gaso-line which is supposed to pay for infrastructure and road changes has not been raised in the last 20 years.

“We look at what other proj-ects we have and we can some-times bundle them together,” Class said. “The gas tax hasn’t increased. It has not kept up with the needs of the roads.”

The bigger main roads which



Cars driving across the intersection of Stewart and Chestnut Ave. often slow down when driving over the large cracks and potholes. | Aren Fikes



The intersection between B and 14th street right next to Humboldt State University campus. | Aren Fikes

are more frequently used tend to get more road maintenance.

“There isn’t enough money for all the roads,” Class said. “It is no small task to keep your roads in a good condition given the econom-ic situation.”

Arcata resident Troy Turner has seen changes around town which has helped to ease the traffic.

“Roads have improved within the last year around Arcata,” Turn-er said. “For instance, the pothole that was over by 14th Street and LK Wood Boulevard is now paved

over nicely and smooth.”

There have been projects to help ease traffic and make it more convenient for drivers, such as the roundabout near Sunset Avenue.

“The new roundabout on Sun-set with the added sideroad has improved traffic flow over there and [there’s] less traffic in the resi-dency. But it did take out the field that was there and it takes away the nature in that part.”

Alexandra Turku may be contacted at thejack@humboldt.edu

Humboldt State University Says Timber to Another Tree

Large cypress tree to be cut down at HSU Marine Lab in Trinidad

by Desiree Back

A large cypress tree is going to be cut down at the Humboldt State Marine Lab in Trinidad.

Kimberly Tays is an HSU alumna who attended HSU from 2003-2006, still living in Humboldt County. Tays said the tree is important to the Trinidad community because it is a natural beauty to look at. Instead of looking at the Marine Lab building, for both the Trinidad residents, and others visiting the nearby Trinidad beach and hiking trails, Tays said the tree is a much better view.

“A coastal advocate is what I call myself,” Tays said. “I’ve been working on coastal issues for over 20 years.”

HSU Director of Sustainabil-ity and Grounds Management, TallChief Comet, said the tree at the Marine Lab is being cut down because it is causing a number of problems.

“The tree has been trimmed num-erous times over the years to keep the canopy manageable,” Comet said. “But it has come to a point of not just being a trimming issue.”

Comet said the tree is causing damage to the building’s infrastruc-

ture, the pavement on the street and curb, the disabled parking spots and the storm drain system. He also said the tree causes prob-lems for the laboratory weather sta-tion and flag pole.

Tays, how-ever, believes there still might be oth-er solutions to the prob-lems the tree is causing, besides cut-ting it down. Tays said she wrote an email listing the solutions to both Direc-tor TallChief Comet and President of HSU, Lisa Rossbacher, but said neither re-sponded.

“[HSU] says they are going to listen to the community and they don’t,” said Tays. “Why can’t [they]

just take a few minutes to respond-a few words?”

Comet said the reason some trees are be-ing cut down is because an overall assessment of trees nee-ding maintenance on the HSU campus was done in fall 2014. The assessment was not only to decide which trees needed to be removed from cam-pus, but also to decide which ones simply need-ed some work done on them. The outcome of this assessment was that several trees needed to be cut down for safety reasons.

Comet also said there are cur-rently plans to replace the trees that

“I thought about leaving [HSU] money in my will,” Tays said. “I have removed HSU from my trust, because they don’t have my trust.”



illustration by Aren Fikes

were removed from the Siemens Hall lawn, on the HSU campus, with a less problematic tree species.

For those who are upset over the removal of some trees on the HSU campus, Comet said the campus is an artificial environment, one that has been made by campus staff, not one that is naturally occurring. The campus is managed for multiple uses that are not all weighed equally. He said that the people upset should have a certain level of trust that the decision to make changes to cam-

pus environment are decided with a lot of different viewpoints in mind.

Tays does not feel a level of trust however, and even said that she feels disrespected by not receiving a response to her emails, so much so that she has now changed her plans to leave money to the school in her will.

“I thought about leaving [HSU] money in my will,” Tays said. “I have removed HSU from my trust, because they don’t have my trust.”

Desiree Back may be contacted at thejack@humboldt.edu

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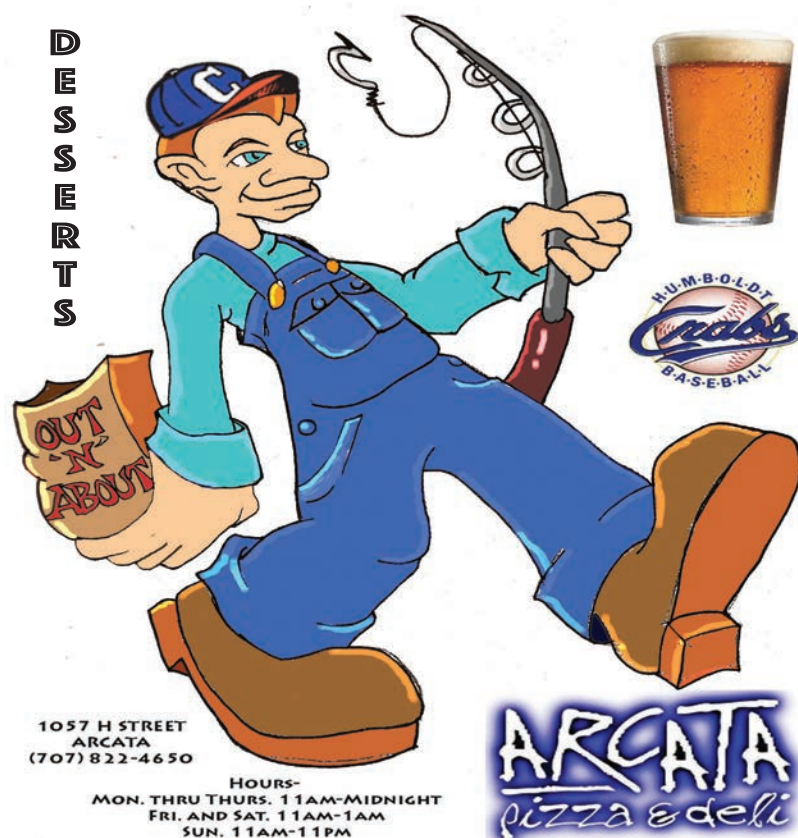
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Dr. Alexander Enyedi, who is currently a professor of biological sciences at Western Michigan University, will begin his duties as Provost and Vice President for Academic Affairs at Humboldt State University in January. | Photo provided by Alexander Enyedi

continued from page one

Enyedi said he is also aware that people are concerned about parking, on-campus housing and that there is a concern with respect to getting classes the students need to graduate on time.

Enyedi has a background in environmental biology, receiving a degree in plant physiology and doing research on the environmental affects humans have on plants. As a biologist working as a professor, he had the opportunity to serve as chair of the Department of Biological Sciences at Western Michigan University College of Arts and Sciences.

He was the dean for five years, which he said in some ways was accidental.

"Typically when you are confident you tend to get noticed," Enyedi said. "It's not a linear path, I can tell you that."

Because of his efforts, West-

ern Michigan University now offers a minor in climate change and a sustainable craft brewing program which for some reason, he says, seems like a very popular program.

"I enjoy getting things done," Enyedi said. "I like to see programs grow and expand and give students the best possible experience they can get."

Theodora Kalikow has been HSU's temporary provost since August. Kalikow said HSU is at a really interesting point in its history.

"There's a lot of potential for change and there is a lot of change that's been started," Kalikow said. "We have a bunch of students that are eager to succeed here, yet we throw them into an environment where sometimes it's hard to make connections. It's all moving in a positive directions, it just needs to be more focused."

Kalikow said there is work

to be done about how we do the budget process and how we schedule classes, which are all things incoming provost, Enyedi, can say are important.

"I think he's a good man," Kalikow said. "I think he has a good heart which is really important."

HSU President Lisa Rossbach, who has the final say of who will be provost, said she hopes Enyedi will help her align our university budget and our strategic plan, as well as help develop specific plans for helping increase diversity in faculty.

Kalikow said she thinks Enyedi needs to meet a lot of people, to get a little bit of a feel about the students and the place and the particular issues on campus.

"You never know until it happens but I think he has all the tools," Kalikow said. "He has all the experience. I am looking forward to his success."

Rebekah Staub may be contacted at thejack@humboldt.edu

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FUN FACT

HSU's new provost, Alexander Enyedi, said in his spare time he likes to fly airplanes.

"I've been a pilot since I was 16 years old," Enyedi said. "Being a pilot is really good training for many, many aspects for life."

Students Unveil Mural on UC Quad

continued from page one

Mother Earth stood watch as a mural created by Humboldt State students and a graffiti artist was inaugurated on Dec. 1.

The work was revealed to students, staff and community members on the UC Quad. The finished mural, touting multi-cultural imagery, is visible from nearly any point in the quad and is the result of two years of collaboration between students and administration.

Ted Hernandez, chairman of the Wiyot Tribe, and Genie McCovey, an elder of the Yurok Tribe, spoke at the event, giving context on the history leading up to the project and its significance for students and the wider community. Hernandez blessed the mural by burning angelica root.

The project stemmed from controversy surrounding a painting titled “Super Taco” created by former HSU art student Ryan Spaulding, depicting Latino restaurant employees at work. In 2013, the painting was the recipient of the Presidential Purchase Award and was displayed in the dining room of the J cafeteria. Students speaking at the mural unveiling ceremony said the painting quickly generated controversy, ending in its relocation to the second floor in the HSU library.

Three student groups met with the HSU Art Department to create more constructive de-

pictions of students of color on campus. Students belonging to Find Resources and Empowerment Through Education, Black Student Union (BSU) and Movimiento Estudiantil Chicano de Aztlán (MECHA) collaborated with administrators in figuring out the nature and location of the new work.

Randy Sabaque, who goes by Saba, was the lead artist involved with the mural. He is based in New Mexico and made the trip to HSU in order to lend a hand. Saba said the final design of the mural stemmed from endless conversation between students.

“There were tremendous feelings from deep inside,” Saba said. “With a community-run project, you have to listen to the community.”

Saba said each of his projects are special in their own way, though with this mural he wanted to make some statements clear.

“Being from an indigenous perspective, we are still here,” Saba said, “This is our way of saying that.”

For Saba, a few parts of the mural stand out in particular.

“I like the stump with the baby tree growing out of it,” Saba said, “If you cut us down, we’ll grow back.”

Freshman DeAna Brownfield, a member of MECHA and BSU, was one of the several artists who contributed to the mural.

She said the woman she painted growing from a tree stump symbolized oppression and growth. Despite the difficulty of painting in the cold, she’s happy with the way it turned out.

“I really think it’s beautiful,” Brownfield said.

HSU President Lisa Rossbacher attended the event and was happy to see the finished product.

“I am thrilled to see it come together,” Rossbacher said. “It’s been a long process.”

Gregory Xavier Rodriguez, Native American studies major and member of MECHA said the students involved felt frustrated by having to seek approval from the administration for each draft.

“It messed up the process,” Rodriguez said, “It wasn’t as fluid as it should have been.”

Rodriguez said administrators interrupted the creative process which highlighted a lack of respect and representation of Native American students.

“Students don’t feel welcome, included or appreciated on campus,” Rodriguez said. “We don’t think the administration really cares about us.”

Still, Rodriguez is happy with the final product.

“It’s been a process,” Rodriguez said. “The mural we have to show for it is very beautiful.”

When Saba leaves HSU to return to New Mexico he hopes the mural will leave a lasting impression and will help to resolve



Ted Hernandez, chair of the Wiyot Tribe, holding a bundle of burning sage in order to bless the new mural, painted by Randy Sabaque “Saba”, in Humboldt State University’s UC Quad on Tuesday, Dec. 1, 2015. | Sam Armanino

some of these issues.

“I hope they make a friend out of it,” Saba said.

Saba said the project should serve to inspire more student work.

“They’re the ones that made it happen,” Saba said. “They can do it again.”

Connor Malone may be contacted at thejack@humboldt.edu



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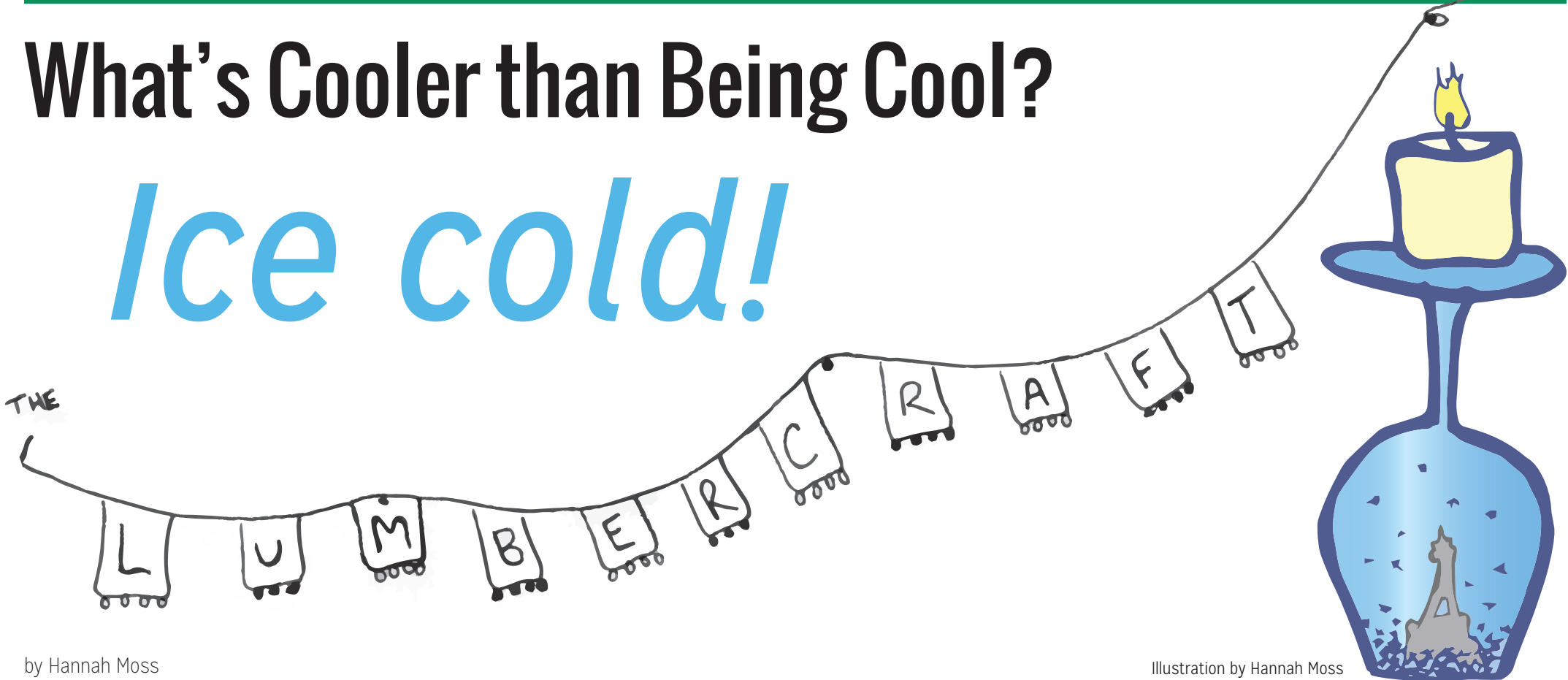
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What’s Cooler than Being Cool?
Ice cold!



by Hannah Moss

Illustration by Hannah Moss

If you’re allergic to the cold and snow like me, the ice rink may not be the place for you. It’s cool though, pun intended, we can stay in and make crafts while figuring out the IBU of wine. If you can’t calculate the IBU because you’re drinking the wrong alcohol, we can just get drunk and make a sner glerb. Or you can drink juice, because not everyone is 21 and not everyone drowns their stress in cheap merlot while they search the Internet for terrible puns to use as headlines...

Laying on the floor and contemplating life, you may notice that, while looking at a wine glass from upside down, it looks like a perfect candle holder. You may even come to the conclusion that an empty wine glass could make a beautiful snow globe AND a candle holder, and that you may or may not have come up with the best holiday gift of them all. Or you may have just had one too many glasses and shouldn’t be handling a hot glue gun any time in your near future.

YOU WILL NEED:

- A wine glass (choose the last survivor of a set or check out 25 cent thrift shop deals)
- Cardboard (use a cereal box)
- Pen, sharpie or pencils
- Scissors
- Crazy nick-nacks (hit the dollar store or check your junk drawer. Choose an alien, I dare you)
- Hot Glue Gun
- Glitter! Because life is better sparkly. Be unconventional. Make it snow neon green.
- A candle roughly the size of the foot of the wineglass

- THE HOW-TO:
1. Flip your wine glass upside down on top of the cardboard and trace the circumference.
 2. Cut out the cardboard so it fits nicely on top of the wine glass.
 3. Choose your figurines or nick nacks carefully so they fit well inside the wine glass. You may even make a pop out photo by gluing the same photo to the back of another. Carefully glue your nick-nacks to the center of the cardboard or in whatever arrangement matches your aesthetic.
 4. Add 3-4 teaspoons of glitter into the wine glass.
 5. Carefully hot glue the border of your cardboard, then lay on the rim of the wine glass, making sure it is centered. You can balance a game of Jenga on top of the cardboard while you wait for it to dry.
 6. Flip your wine glass upside down and make it nasty. I mean make it snow.
 7. Place somewhere safe and balance your candle on the foot of the glass. You may want to melt a few drops of wax onto the base to help the candle stick to it.
 8. If you want to make a real snow globe, I suggest using a thick plastic, perhaps a croissant container from Safeway or something thicker. Add glycerine to make your snow float for longer. Actually, you know what? Just use a pickle jar if you want to use water. It works the way you think it will.

Hannah Moss may be contacted at thejack@humboldt.edu

Ice Ice Baby

continued from page one

signed up to take their students to the rink.

“This is the only opportunity a lot of people will have to get to learn ice skating,” Mostrel said.

The Humboldt Ice Rink began with the collaboration of six community members. Nicole Genaro, local shop owner, is one of the members on the committee.

“It’s bringing a magical winter wonderland to Humboldt County,” Genaro said. “It’s new and unique.”

Genaro and five other shop owners believed the rink would be a perfect addition to the Newburg Park tree lighting and holiday open house. The committee started organizing for the rink during September of last year. Instead of hiring employees, the rink offers community groups the opportunity to staff the rink to fundraise.

Although enthusiastic, none of the members of the committee know how to ice skate. They are thankful for volunteers such as Mostrel for reaching out when word spread on the rink.

Buy a ticket, hit the snack stand, rent some skates and follow the magic to Fortuna.

The Humboldt Ice Rink, located at Newburg Park, Fortuna, will be open Dec. 4 to Jan. 17, \$12 for adults and \$5 for students.

Katie Lowe and Hannah Moss may be contacted at thejack@humboldt.edu

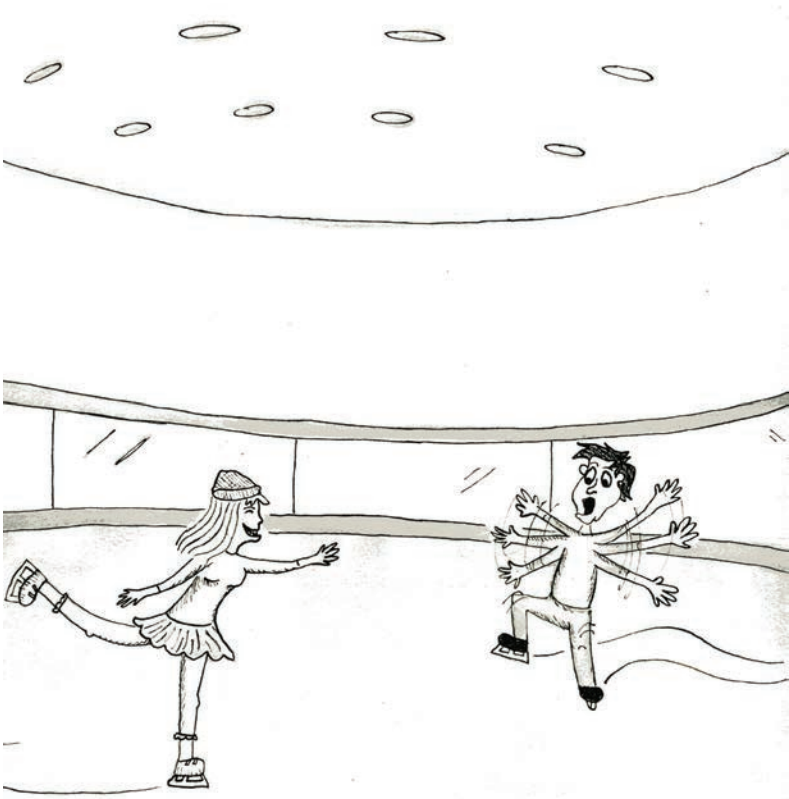


Illustration by Aren Fikes



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Where Can I Get That Herb?

Moonrise Herbs provides herbs to the Arcata community



Nekia Wright compares the herbal tea blend "Migraine Melter" to a different herbal blend. | Aren Fikes



From acai powder to valerian root and herbal tea blends such as "Luscious Love" and "Migraine Melter", Nekia Wright shops for herbal supplements to aid in her overall well-being. | Aren Fikes

by Caitlyn Kaifer

Many herbs are scientifically proven to have curative effects on the human body. For those that wish to indulge in natural, holistic self care, Moonrise Herbs provides a wide selection of herbs that even a shaman would be envious of.

Boasting an inventory of 300 plus herbs, Moonrise Herbs provides organically grown or ethically wildcrafted herbs (harvested from natural ecosystems) to the Arcata community. Many of these herbs are provided from Oregon or local vendors. Introduction and intermediate herbalism classes are taught at the local shop as well. Lessons can include field identification, herbal first aid and the use of medicinal preparations.

Since 1985 Moonrise Herbs has served the Arcata community. On Nov. 2 Moonrise Herbs celebrated its 30th anniversary. The store hosted an '80s themed birthday bash complete with live music.

Purchased by Irene Louis 12 years ago, Louis first became interested in herbalism while studying at Columbia J.R. College.

"I was taking natural resource classes and I started learning about Native American uses of plants," Louis said. "I would come upon the plants I read about and started using them."

Louis has been studying herbalism for the past 25 years through literature, workshops, conferences and apprenticeships. She has taught at conferences such as the Women's Herbal Symposium. Louis has even instructed stress management to staff at Humboldt State. During

beauty week Louis taught HSU students about the natural options available to them such as herbal lotions and lip balms.

Herbs serves as a less costly, natural alternative to pharmaceutical drugs. From providing the human body with essential vitamins to treating cold and flu viruses, herbs have a number of uses.

Emely Velez, a customer of Moonrise Herbs, has been using herbs for years. "In my household, herbs have always been used as a natural alternative to treat ailments," Velez said.

Nettle is one of the shop's top-selling and nourishing herbs. The plant contains silicon, potassium, protein, chlorophyll and vitamins A and C. It also helps with allergies and has anti-histamine and anti-inflammatory properties.

Bethany Bowers, an employee at Moonrise Herbs, believes the shop is an important part of the community.

"There are not many places around the country that stock herbs," Bowers said. "I think it's important for people to have a place to think for themselves and heal themselves."

Caitlyn Kaifer may be contacted at thejack@humboldt.edu



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HUMBOLDT STATE UNIVERSITY

Brewfessor

Glenn Tinseth's IBU formula

(IBU = International Bitterness Units)

$$\text{IBU} = \frac{U * \text{ozs hops} * 7490}{\text{Volume of finished beer in gallons}}$$

U represents the utilization of hops (conversion into iso-alpha-acids)

U = bigness factor (wort gravity) * boil time factor

wort gravity = relative to the density compared to water

iso-alpha-acids = alpha acids in hops are isomerized when heated to form iso-alpha-acids

continued from page one

In the following months, Tinseth brewed multiple batches of beers and collected samples, added different amounts of hops and brewed it different times and eventually figured out that the model was wrong.

"Yes this is cool!" Tinseth said. "I was right, all these years of my parents paying for my education has paid off!"

It wasn't until Tinseth posted his findings on a homebrewing newsgroup, an online discussion and help group, that the formula gained popularity.

"It kinda just exploded," Tinseth said. "Early Internet was almost all engineers and universities- because that's the only people who had access, so we were all geeks. It got very popular and got included in a few homebrewing books. [It's] more of a model, the way it's laid out is it's just parts per million of a certain compound but we really can't measure that perfectly so we measure it in an instrument that kind of comes really close to measuring that."

HSU student Erik Daniels is new to the homebrewing scene but finds the measurements of brewing helpful.

"You don't typically want to have a very bitter beer with

"I was right, all these years of my parents paying for my education has paid off!"

a high IBU if it's gonna be a pale ale or something from a region that doesn't typically have hops," Daniels said. "That's actually something I look up – it's more so when I'm buying beer I look at IBU's 'cause at an amateur level it's kind of hard to track the exact amount."

Following the spread of Tinseth's formula, he made a webpage and learned Javascript to create a calculator that allowed people to input their information easily.

"It's a terrible webpage now, but in 1994 it was pretty cool," Tinseth said. "I've just left it 'cause it's kind of a historical site."

For Daniels having someone who is part of homebrewing history at HSU is something to brag about.

"That's actually incredibly cool," Daniels said. "I know that the Rec and Wellness Center offers beer brewing classes on campus, but that's really cool that there's an integral part of brewing history at Humboldt State University. I wish that was more well known, so I could brag to my other homebrewing friends at other colleges."

Joanna Quintanilla may be contacted at thejack@humboldt.edu

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Keep Your Head in the Game

Women's soccer player Caitlin Plese plays a mental role as goalkeeper

by Joanna Quintanilla

Breaking the record for the 100 saves mark, the goals against average and placing second in the single-season shutout, Caitlin Plese has left the impact that her coach, Paul Karver thought she intended to.

As the women's soccer season comes to an end, senior goalie Plese, 22, has not failed to make her mark despite falling short by one point for the playoffs.

"For [Plese] records are some-

thing that she's used to shattering, she's a special kid," Karver said. "That was one of the things that when she came here she wanted to make an impact- a positive impact on the program."

Plese played at Portland State University for four years before coming to Humboldt State to pursue a master's degree in sociology. As a redshirt her first year at Portland State, Plese practiced with the team, but did not compete in games. However, this allowed her to maintain eligibility to play soc-

cer another season.

"You have four years of eligibility [to play] and five years to complete those," Karver said. "When [Plese] was at Portland she red-shirted her freshman year."

Plese has been playing since she was seven years old and was recruited in college and will end her college career on a high note.

"I was excited to have done something and to have my numbers show how much work I've been putting in and been able to showcase the defense as well," Plese said. "I don't play for the records so it was a nice accomplishment. It shows that I'm doing my job."

The role of goalkeeper is much more than just stopping a soccer ball; a goalie has to be just as involved as the players on the field.

Plese says that as a goalkeeper the sport is about organization and remaining mentally invested throughout the game.

"It's a mental role, it's keeping the team calm and composed and organized - just be that calming factor 'cause it can be pretty hectic on the field sometimes," Plese said. "It can be that you can not touch a ball the whole game and



Megan Wade, back up goalie for Humboldt's womens soccer team, warming up for the game against California State Stanislaus on October 25, 2015. | Gabriel Retzer

then have one shot and you have to make the save in order to win the game."

Coach Karver, who just finished his third season coaching at HSU, expressed how Plese's leadership was vital to the team's confidence this season.

"The goalkeeper position is so leadership oriented," Karver said. "You see the entire field, you're barking orders all the time, you're communicating with your back line and people as they go

forward. For her to have experience [knowing] if something goes wrong, Caitlin's probably gonna be able to take care of it for us."

For Plese, winning is as much about the mentality as it is about the performance.

"You have to have the mental ability to be like: 'I'm gonna win this and I'm not gonna go in soft,'" Plese said.

Joanna Quintanilla may be contacted at thejack@humboldt.edu



Caitlin Plese, Humboldt State's goalie, passing the ball in a game they won 1-0 against California State Stanislaus on October, 25, 2015. | Gabriel Retzer

Recap and What's Coming Up



by Berenice Ceja

Here is a recap of what you missed during the fall break and what is coming up these last few weeks of classes.

Football:

The Jacks traveled to Maryville, Missouri to play against Northwestern Missouri State University on Saturday for the National Collegiate Athletics Association (NCAA) playoffs.

The Bearcats dominated the scoreboard and the beat the Jacks with an end score of 54-7.

The results of this playoff game loss concluded the Jacks amazing and historic fall season.

The Jacks kicked off their historic season when they faced Simon Fraser University and won a share of the Great Northwest Athletic Conference Title.

After winning to Simon Fraser 57-0, Dixie State University was the only thing standing in the way between the Jacks and the championship.

The Lumberjacks traveled to Utah to face Dixie State and claimed the GNAC title for the first time since 2011 with a victory 57-14.

Basketball:

Both the women's and men's teams played three games during the break. The women's team traveled for all of them and the men's team had three home games.

Women's

The Jacks traveled to San Rafael, California to face Dominican University (L 73-76) on Wednesday. The Jacks also played Holy Names University (W 72-47) on Saturday.

Men's

The Jacks hosted William Jessup University in the Lumberjack Arena on Wednesday (W 110-23). They then hosted Pacific Union University (W 115-91) on Saturday. The Jacks had great results during the break winning all three games.

What's coming up next?

Event Schedule for the last three weeks of the fall semester:

Week of Nov. 30 - Dec. 6

12/3 Men's Basketball @ Cal State San Marcos

12/3 Women's Basketball @ Cal State San Marcos

12/5 Men's Basketball vs. Cal State Los Angeles

@ Lumberjack Arena

12/5 Women's Basketball vs. Cal State Los Angeles

@ Lumberjack Arena

Week of Dec. 7 - Dec.13

12/11 Men's Basketball vs. Sonoma State @ Lumberjack Arena

12/11 Women's Basketball vs. Sonoma State @ Lumberjack Arena

12/12 Men's Basketball vs. San Francisco @ Lumberjack Arena

12/12 Women's Basketball vs. San Francisco @ Lumberjack Arena

Week of Dec. 14- Dec. 20

12/14 Men's Basketball vs. Fresno Pacific @ Lumberjack Arena

12/19 Men's Basketball vs. Simpson @ Lumberjack Arena

12/19 Women's Basketball vs. Western Oregon @ Lumberjack Arena

What you missed during break



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A Brief Breakdown of the Jack’s Historic Season



Marquise Deadwiler, Humboldt State's wide receiver, catches an outside pass for a positive gain on Nov. 21, 2015 in the Redwood Bowl in Arcata, California. | Sam Armanino

Nov. 7 – Jacks win Great Northwest Athletic Conference, first time since 1968



Oct. 31 – Jacks clinch a share of the Great Northwest Athletic Conference title with victory against Simon Fraser

Chase Krivashei catches a touchdown pass in the second quarter of the game against Simon Fraser, a Canadian football team, on Oct. 31, 2015. | Gabriel Retzer

Nov. 14 – Jacks host the first playoff game since 1960



Humboldt State's running back and wide receiver, Ja'Quan Gardner and Chase Krivashei, celebrate after Gardner ran for a touchdown on Saturday, Nov. 21, 2015 in the Redwood Bowl in Arcata, California. | Sam Armanino

Nov. 21 – Jacks beat Augustana University and capture first postseason win after 47 years



Humboldt State's wide receiver and punt returner, Chase Krivashei, returning Augustana's punt after the Lumberjacks held them on 4th down on Saturday, Nov. 21, 2015 in the Redwood Bowl in Arcata, California. | Sam Armanino

Nov. 28 – Jacks play against Northwest Missouri in the second run of the NCAA playoffs and end their season as they loose to the Bearcats 54-7



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Thursday Dec. 10th
Sallie Ford
9:30pm \$15

Saturday Dec. 19th
Soul Night
9:00pm \$5
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Friday Dec. 4th
Midnight North
Wild Otis
9:30pm \$10

Sunday Dec. 6th
Mipso
8:00pm \$10

Friday Dec. 18th
March Fourth
9:30pm \$20

Thursday Dec. 31st
Absynth Quintet
9:30pm \$17

EDITORIAL

Power Down for a Brighter Future

Right now world leaders in Paris are discussing climate change and the future of the planet. Politicians, scientists, and climate activists will sit together for the next two weeks to try to form agreements about cuts in CO2 emissions, responsibility for historical emissions, the feasibility of carbon credits and more.

Humboldt State, however, has been ahead of the game. Just before fall break an initiative called Power Down HSU swept campus. On Nov. 17 facilities management, in coordination with Power Save, turned the heat off in several buildings while dining facilities and teachers alike agreed to turn off lights and projectors.

Molly Daly, one of the people in charge of the initiative, said Power Down HSU was a culmination of student-lead activism and administrative support and it made a real impact.

While Power Down HSU only lasted four hours, HSU saved \$175.93 in PG&E expenses, saved 1,466 kilowatt hours of energy, and prevented 801 pounds of CO2 from being emitted into the atmosphere.

That is a big impact. On top of this particular initiative, groups like Power Save, Waste Reduction and Resource Awareness Program, Campus Center for Appropriate Technology, as well as Green Campus and the Sustainability Coalition, among others, are working hard to move us away from waste, emissions, and a culture of unsustainable practices.

Despite these programs, we often hear criticisms from campus members and the community about touting ourselves as a green school when we should not. Or we hear that the minimal things we

are doing do not really make a difference.

In four hours we saved 801 pounds of CO2 from entering the atmosphere. That is a big impact.

Too often we criticize initiatives without realizing the full impact they can have.

Any time we turn a light off we are saving energy. Yes, big polluters, gas companies, and corporations are still polluting, but that should not stop us from making a difference in any possible way that we can.

Luckily, the students and staff working on these programs do not let the naysayers stop them from trying to make a difference.

“You can’t do everything,” Daly said. “What’s important to me is to pay attention to sustainability in our everyday lives. I have a lot of hope [for Power Down] honestly. It’s not realistic to do this every day all day, but It’s extremely feasible to do it once a month.”

In four hours we prevented 801 pounds of CO2 from entering the atmosphere. Imagine what we could do every month of every year.

While some people may want to leave the decision-making to our world leaders in Paris, groups here at HSU are making a real and immediate impact in our community.

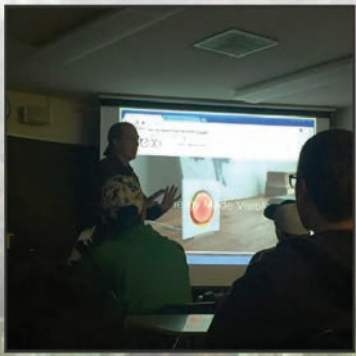
Want to be involved in climate activism here at HSU? There will be a presentation by California Clean Power on Wednesday, December 9th at 5 p.m. in NHE 106 to discuss Community Choice Energy Aggregation, a community energy model.



Ron Rudebock (Director of Dining Services) provided "Do It in the Dark" t-shirts to students and staff working in the Depot. This certainly helped spread awareness as well as make the event fun in the Depot.



Michael Le (Research Assistant) turned off the lights and worked in the dark to save energy.



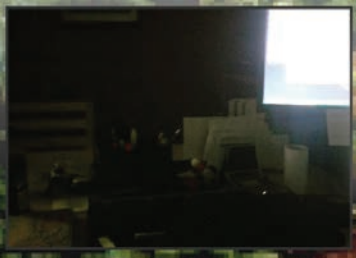
Sean Armstrong (Lecturer) turned off the lights and discussed energy and resource consumption with his students. He then transitioned to showing effective ways to save energy including Nexi - a device designed by a team of HSU students and Lonny Grafman.



Ronnie Morton (Assistant Manager for Dining Services) helped save energy by dimming the lighting in the Marketplace.



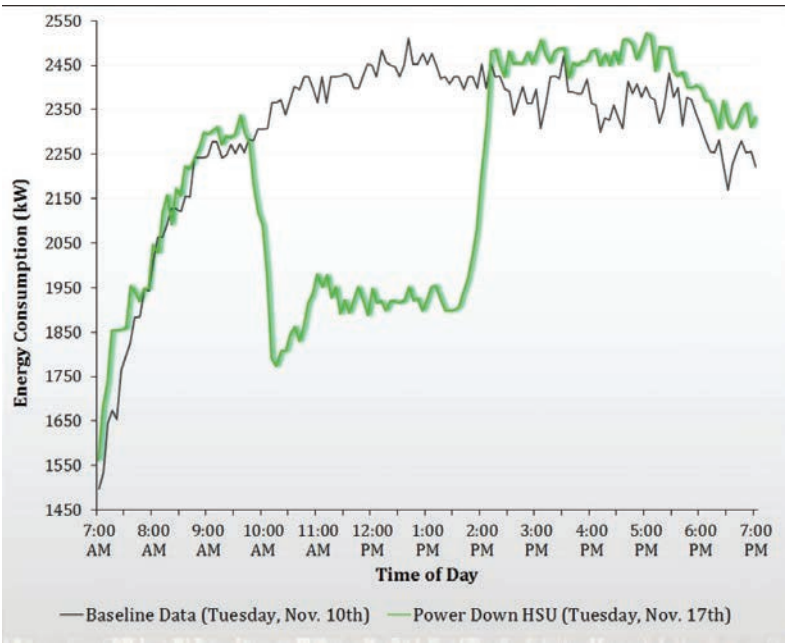
Vicky Armstrong (Manager for Dining Services) helped save energy by dimming the lighting and unplugging in the Depot.



Valerie Rios (Assistant Leisure Program Coordinator) turned off the lights and worked in the dark to save energy in Center Activities.

Graphics by Molly Daly

Amount of Power Saved During Power Down



Favorite 90's Song

LUMBERJUKE

Rebekah: "Lucky" - Britney Spears

Miranda: "Karma Police" - Radiohead

Louis: "Show Me Love" - Robin S

Hannah: "No Scrubs" - TLC

Berenice: "Wannabe"- Spice Girls

Ciara: "Wonderwall" -Oasis

Sam: "Lake On Fire" -Nirvana

Tyler: "Every you every me" - Placebo

Jeff: "Tonight, Tonight" - The Smashing Pumpkins

Banning: "My Heart Will Go On" - Celine Dion

Marissa: "One Week" - Barenaked Ladies

Nikki: "Keep Ya Head Up" - Tupac

Aren: "Bonita Applebum" - A Tribe Called Quest

Jami: "Mr. Jones" - Counting Crows

Javi: "Steal My Sunshine" - Len

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From a Vienna Hostel

by Ian Bradley

I’ve learned more about life since I left college than I did in it.

I graduated from Humboldt State last May and I left the United States in September. I’ve been on the road for... 86 days now and 22 until I’m back home. When I say “on the road” I mean backpacking through Europe, not the speed-fueled way Kerouac meant it.

I’ve been traveling solo, on and off. Sleeping in hostels, staying with old friends living abroad, friends on their own travels or new ones met in bars, pubs or anywhere else that serves alcohol. I don’t mean hookups, get that thought out of your head.

Traveling holds a lot of lessons, some that are hard to put into words. Some paths just have to be walked.

I’ve learned plans are great, but be ready to abandon them when life says ‘nah’. Three months ago I planned to be in Italy right now. Instead I’m in Vienna. The flying spaghetti monster doesn’t care what you want. It’s noodly appendage will nudge you away from your best laid plans toward something unexpected but ultimately rewarding, if you can see it for what it is. Screaming and crying is trying to fight the current taking you where you belong.

Stay positive and learn to laugh. If things start getting bad, just remember it is a story you can tell your friends later - you survived! I was supposed to go to Budapest. Unbeknownst to me, the Hungarian government closed their borders the day before because of the immigrant crisis. I spent an anxious few hours finding a place to sleep and a last minute flight out of Croatia. The flying spaghetti monster strikes again. I just mean, it is all perspective - the worse it gets, the better the story, right?

There are mornings I have woken with thoughts of home -- friends, family, familiarity -- easy, ingrained rhythms that count the beat of everyday life. More commonly, I have fallen asleep smiling,

head spinning from the unexpected path my evening has taken me down (and maybe a few beers). Say yes and mean it - you’ll go places you never planned.

I’ve slept in the homes of strangers I now call friends. I drove across France with a band I didn’t know, climbed the German Alps, slamdanced in a Belgian moshpit, and spent the night in the Rome airport - all of which happened because I said ‘yes’ to going somewhere unexpected.

Travel is one of the best things to spend your money on. Leave behind your perspective and see something new. I do not mean taking pictures of old buildings and famous art. Talk to locals. Find the hole in the wall cafe, the spray painted alley, the little things that will never make it into a guidebook, things you do not want to see in one because it will tell everyone else. To me, travelling means making a personal connection to a foreign place. There is a Thai restaurant in Amsterdam I pray will always be there, because it is one of my favorite spots in the city, and I picked it at random! You can always find places to call your own.

Everyone knows the Eiffel Tower, the Colosseum, and the Berlin Wall, and while they are worth seeing, they will always be there. Things will change around them, explore while you can. You are only around for a limited time, you really want to spend precious hours waiting to see a world famous painting you have known since you were a child? It is underwhelming, I promise.

Meet people. Learn how they live, and question your assumptions. We all want food, shelter and safety, who cares what form it takes? Differences should be celebrated. It is all an opportunity to learn and grow.

Go forth and explore. Confront your ignorance. To quote Isaac Brock, “Everyone’s life ends, no one ever completes it.” If you think education ends with a degree, then stay in school.

Ian Bradley may be contacted at thejack@humboldt.edu

Tips for Traveling

1. Don’t be a dick. People will see through you and then you really will be traveling alone.
2. Ask for help. Directions, customs, sights, a bed... People are willing to help, especially other travelers... if you are following tip #1.
3. Pay it forward. If someone helps you it is probably because someone helped them when they needed it. Return the favor when you can.
4. Put down the camera. It hurts my soul to watch people snap a picture and move on. You do not see anything when there is a lens in front of you. A picture is not a memory.
5. Forget what you have heard. Leave your stereotypes and assumptions behind. Be a blank slate.
6. Leave behind the familiar. Yeah, you want to try the ‘Royale with cheese’, but go next door and eat local food. Your money is more appreciated and you will enjoy yourself more.
7. Make the attempt. Learn enough to ask if someone speaks English. It will go miles, regardless of how bad your pronunciation is.
8. Do not do it for the likes. No one wants to see your cliché photos (holding up the leaning tower??). Take pictures to help remind yourself, not brag to others.
9. Talk to strangers. They know things -- things you do not. You might learn some stuff.
10. Do not lose perspective. You are no better than anyone else who follows rule #1, I do not care where you’re from. Humility is key to success.

Got Space?

by Jay M. Davis

Today is the Thursday before Thanksgiving break.

My first appointment at the Health Center was at 1 p.m., but I arrived on campus half an hour before, in hopes of finding a parking place. To my delight, there were half a dozen spots to choose from. I considered myself fortunate indeed.

Hungry, I went to the Depot to grab a quick lunch before starting to see patients. Luck was my companion again. Only two people were ahead of me in the burrito line. Absent was the usual crowd of ten-deep people jammed in the space between the various food vendors.

At the checkout line my luck continued: only one person stood between me and the cashier. All in all, it was a wonderful experience.

There was something eerily familiar about the experience, but until I got back to my office I couldn’t express it. Then came the “Aha!” moment: this is exactly what HSU used to be like. A person did not need to spend 20 minutes in a desperate search for a parking place; food lines were short and sweet; the campus did not teem with humanity and

buses to and from school were not stuffed with people.

It was not so long ago that HSU had an enrollment around 7,000. Now there are 8,300—but the physical campus has not grown, and support services have not kept up.

At the Health Center, for example, we have no more physician hours than we did in 1985. I cannot speak for the rest of the campus, but I suspect the situation prevails in other places as well. It certainly does at the Depot.

Sad to say, the situation will get worse. Reliable sources advise that enrollment is going up: 500 more next year, with steady increases toward a goal of 10,000.

When I was a college student—long ago—we were told of an experiment with flour beetles. Reliably, if you introduced a few beetles into a jar filled with flour, they would increase their numbers until they overpopulated their environment and destroyed it.

The insects don’t know any better.

Do we?

Jay M. Davis may be contacted at thejack@humboldt.edu

Creed or Rocky VII?

by Slauson Girl

Over Thanksgiving break I saw the movie “Creed.” I was interested when I heard the movie was from the director of “Fruitvale Station,” Ryan Coogler. Ryan Coogler showed once again not only his directing, but also writing capabilities.

I have been following young writers and directors for a while because I know they are the ones who are setting the cinematic stage for our generation. I became a fan of Ryan Coogler because I admired the choice of subject for his first film, “Fruitvale Station.” “Fruitvale Station” was based on the real-life murder of Oscar Grant at Fruitvale Station in Oakland, California.

“Creed” is a very interesting movie, especially when you look at it in terms of continuing the “Rocky” movie series. “Creed” follows the life of Adonis Creed who is the illegitimate child of Apollo Creed. Apollo Creed was initially introduced as the undefeated champion in “Rocky.” Ryan Coogler, being a huge fan

of the “Rocky” series, creates a plot where his main character seeks out the direction of none other than a retired Rocky Balboa. The movie follows Adonis as he relocates from Los Angeles to Philly and achieves his first obstacle: getting Rocky to agree to train him. Adonis does this through persistence that was not annoying but rather inspiring. It represented a person who had visions and goals, who knew that with the proper guidance, they could achieve their desired outcome.

The tenacity that Adonis Creed portrayed throughout the movie was a trait that had me in awe of the character development. I am not someone who is a fan of boxing or boxing movies. I never saw the movie “Rocky,” but I knew the importance of the movie and what the plot was.

Within all of this, I found myself very intrigued with the movie “Creed.” I felt the storyline was good along with the writing and directing. The aspect that I found most dope, however, was

how Ryan Coogler and those that helped him bring his vision to fruition, were able to merge an idea into something that was already established and great.

What I mean by this is “Creed” could be considered apart of the “Rocky” franchise. On one hand we have Ryan Coogler watching “Rocky” with his pops as a young boy and on the other, we have Ryan Coogler present day, directing Sylvester Stallone as “Rocky” in a movie plot that he envisioned. The meeting and merging of the two worlds was done very tastefully and I would suggest anyone who is a fan of the “Rocky” series to check out the movie. Even if you are not a fan of boxing I believe you will still enjoy the movie.

Shout out to Ryan Coogler and all the young writers and directors on the rise. Your dedication and art are truly inspiring and appreciated by me. Thank you.

Slauson Girl may be contacted at thejack@humboldt.edu

puzzles page

by Jami Eiring

Where is this?



This photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject "ATTN: Where is this?"

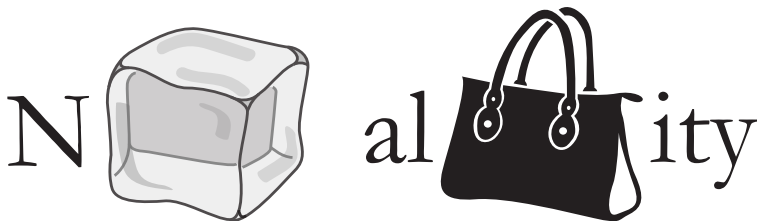
Last week's image was located outside the East exit of Art A.

Please send us your selfie at the location!

Stumping Lumberjacks

Weekly Brain Teaser

Game created by Ian Bradley
Compiled by Jami Eiring



Use the image to guess the word or phrase. Pay attention to the size and position of the clues (top/bottom/left/right), repetition, direction (up/down/backwards/forwards), and the style.

Examples: "P walk Ark" would be "walk in the park" or "DEAL" would be "big deal"

Email your answer to thejack@humboldt.edu with the subject "ATTN: Stumping Lumberjacks"

Last issue's answer was "Jaws" ... and it was delicious!

Weekly Sudoku Difficulty: HARD		8			6		5
	6			7		8	9
			6		2		
				5	8	9	7
	9		7	4	3		2
				9			
	5		8		7		3
	1			5			7

Last Issue's winners

Where is this?
Robert Garcia



Stumping Lumberjacks
Steven Howard

Trivia
Justin Alvarez

Email your answers to thejack@humboldt.edu

Winners get a \$5 gift certificate from Arcata Scoop. Winners can pick up their prize in our office located in Gist Hall 227.

CHALLENGE

We challenge you to take a selfie with President Rossbacher and send it to thejack@humboldt.edu

First to submit a selfie with the president gets a \$5 gift certificate for Arcata Scoop and will be featured in the next issue of *The Lumberjack*!

Trivia Questions

- 1) Who is HSU's new provost?
- 2) Where will the ice rink be located?
- 3) How many home games did men's basketball play over break?

CLASSIFIEDS

BOOKS

TIN CAN MAILMAN BUYS BOOKS, including TEXT-BOOKS for cash or trade credit. Huge selection, open daily. Corner of 10th & H Arcata .Buyer on duty 11-4 Mon-Fri

Mark A. Hise, MS, DDS

Root Canals Ceramic Crowns
Extractions Cosmetic Bonding

White (Non Mercury) Fillings

Emergency Care



NEW Patients Welcome

HSU-Arcata
1225 B Street
826-0444

Eureka
1600 Myrtle
442-0444



Associated Students

*Decisions are being made.
What do YOU have to say?*

Represent the students perspective on issues that are important to YOU!

-Work towards eliminating sexualized violence on the Sexual Assault Prevention Committee.

-Register students to vote and develop relationships with elected officials on the Associated Students Lobby Corps.

-Review and award grants to campus clubs, initiatives and programs on the A.S. Event Funding Board, Humboldt Energy Independence Fund and the Diversity Program Funding Committee.

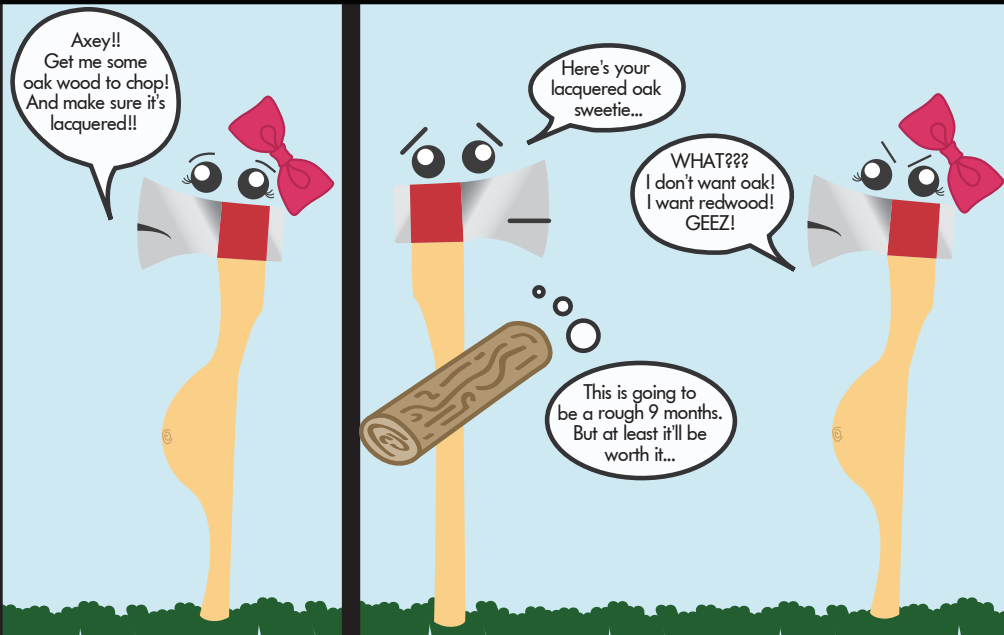
-Gain experience as a board member on the HSU Advancement Foundation or Sponsored Programs Foundation.

-Determine budgets of student fee money on the Instructionally Related Activities Committee or AS Board of Finance.

* All students must meet the minimum academic qualifications to be a student office holder.*

Episode 12

The story of Axey and Axene



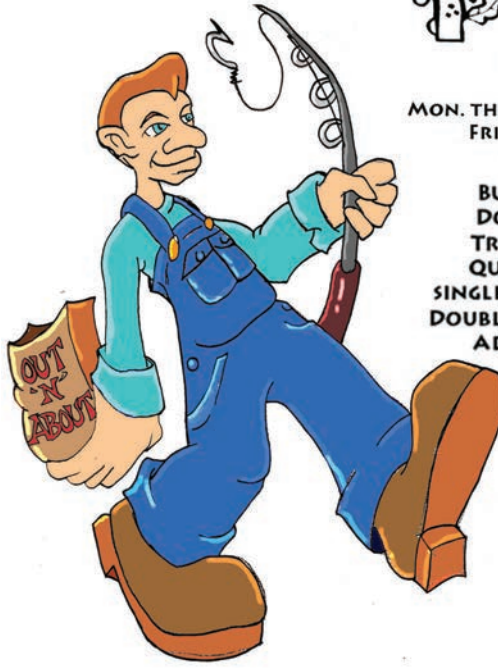
The fall 2015 Lumberjack staff

WE NOW HAVE
8 BEERS ON
TAP!



1057 H STREET
ARCATA
(707) 822-4650
HOURS-
MON. THRU THURS. 11AM-MIDNIGHT
FRI. AND SAT. 11AM-1AM
SUN. 11AM-11PM

BURGER 3.75 W/CHZ 4.25
DOUBLE 5.50 W/CHZ 6.50
TRIPLE 7.25 W/CHZ 8.75
QUAD 9.00 W/CHZ 11.00
SINGLE GARDEN 5.50 W/CHZ 6.00
DOUBLE GARDEN 8.00 W/CHZ 9.00
ADD MINI FRIES ONLY 1.75



1057 H STREET
707 822-4650
OPEN LATE!

Calendar

FRIDAY
DECEMBER 4

Open House and Ceremony for the Season of Wonder & Light with Arcata Main Street

Families and friends are invited to the Arcata Plaza to join traditions both old and new. Come fill the holidays and the world with peace, love, joy, health, wonder... and light! A new lighting ceremony - stories, songs, blessings and the lighting of the trees - will feature a mix of guests and entertainment with both adults and children in mind. Santa and Mrs. Claus will arrive at 6 p.m. via horse-drawn carriage for jolly conversation and photo ops.

5 - 9 p.m. Arcata Plaza (G Street side) FREE

SATURDAY
DECEMBER 5

Help restore the dune ecosystem

Volunteers will be removing invasive plants to make room for native plant diversity. Tools, gloves and snacks will be provided. Please bring water and wear work clothes. Meet at Pacific Union School, 3001 Janes Road in Arcata to carpool to this protected site.

9:30 a.m. - 12:30 p.m. Lanphere Dunes Unit of the Humboldt Bay National Wildlife Refuge FREE

SATURDAY
DECEMBER 5

Author Deb Klingel Book Signing Event

Klingel, a resident of Eureka, California, will be available to sign copies of her books, “The Jelly Bean Green Thing” and “The Jelly Bean Green Thing 2.” What is that jelly bean green thing? Rabbie and Squeak need to find out. They start on a journey to find Darla, the wise deer. When they arrive at the meadow, all the animals of the forest park are there, but Darla is missing. Did the jelly bean green thing take her?

6 p.m. Eureka Books, 426 2nd St. Eureka, CA 95501 FREE

SATURDAY
DECEMBER 5

Hike with The North Group Sierra Club

The North Group Sierra Club invites the public to an easy five mile hike in the Arcata Community Forest and Redwood Park. Carpools meet at 9 a.m. in the Arcata Safeway parking lot or 9:15 a.m. at Redwood Park’s 14th Street parking area. No dogs. Bring water and lunch. Se habla poco Español. Heavy rain cancels.

9 a.m. Meet at Safeway Parking Lot FREE

SUNDAY
DECEMBER 6

Welcome home party

The Golden Rule Peace Boat is home in Humboldt Bay from her maiden voyage to San Diego and back. Join us for a welcome home party with the crew - slideshow, lasagna dinner and live music by Kingfoot.

4 - 8 p.m. Redwood Coast Montessori School, 1611 Peninsula Dr., Manila \$25 suggested donation

FREE Pancake Dinner!



Join us for our 23rd Annual Pancake Dinner!
Students eat a free meal prepared by the University staff and faculty.
Monday, December 14th; 8PM - 10PM
At the J Cafeteria in the Jolly Giant Commons

PRIVATE OUTDOOR HOT TUBS TRADITIONAL SAUNA CABINS



Cafe Mokka
COFFEEHOUSE

Sun-Thurs: noon - 11pm
Fri-Sat: noon - 1am

OPEN EVERY DAY
INCLUDING SUNDAYS & HOLIDAYS
CORNER 5TH & J. ARCATA
822-2228 FOR RESERVATIONS