

THE LUMBERJACK

Serving the Humboldt State campus and community since 1929

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Wednesday, November 19, 2014

Festival of Lights



Humboldt locals and students danced beneath a deity of Shiva at the Diwali celebration in the KBR Saturday. | Henry Faust

Check out the Diwali celebration photo essay on page 7

In line or Online

Community

by Sebastian Hedberg

Rain, cold and bellies full of turkey will not keep millions from standing in line for discounts on the latest must-have gadgets or toys.

Black Friday, the day after Thanksgiving, is both scorned and celebrated. It is a day where stores offer big discounts and deals marking the start of the holiday shopping season.

Arcata is a small community that values products made locally and does not have any big name retailers within city limits. Instead, Black Friday has become a day to celebrate local businesses. Stores like Solutions in Arcata offer discounts to encourage buying local products. The owner of Solutions, Kevin Johnson, is a vocal proponent for keeping money within the region.

"Buying local keeps the dollars within the community and people don't have to stand in crazy lines," Johnson said.

By offering deals on Black Friday, shops in Arcata are starting what Johnson is calling 'buy local day.'

"Instead of having to stand in line at a corporate store, people can relax and walk around Arcata enjoying the experience," Johnson said.

If people want to stand in

continued on page 4

Bittersweet blowout

Jacks end season on winning note for Senior Saturday

Sports

by Rebekah Staub

Defensive lineman Silas Sarvinski pumped his fists and chanted the Humboldt State fight song with his entire team, the Marching Lumberjacks, coaches and cheerleaders. It was the last time he celebrated a victory as a Lumberjack.

"It feels great to be a Lumberjack," Sarvinski said. "And I'm still going to be one."

The Jack's 71-13 win over Dixie State on Saturday was the final game Sarvinski and 20 seniors played for HSU football. The eighth victory made it their highest single-season win since 2011.

"I'm really proud of how we came back," Sarvinski said. "Going out on the field with 11 other guys and being able to trust them is a great experience."

After the team ended their season with a 0-11 losing record last year, senior defensive back Jamarie Sanders said he is proud to belong to a team that ended his last season on a winning note.



The Jacks won their last game of the season against Dixie State 71-13 on Saturday. | Louis Ramirez

"Being a senior for Humboldt is special," Sanders said. "It's a great honor to leave after a great season."

About 3,700 fans witnessed the seniors make history during their last game. The team tied for second with Oregon Tech in highest single game score. The

record is 72 points, set by the Jacks in 1952.

"Being on the field as the clock runs out is great," Sanders said. "You either make it to the last game or you don't."

Fellow seniors Nick Ricciardulli and Cass White made it to their last game and did

not hesitate to showcase their skills on the field. White had 138 yards receiving while Ricciardulli ran 95 yards, adding to his 2,773 career rushing yards that ranks him second in HSU's rushing yards records.

continued on page 10

Word On The Street

What's your favorite Thanksgiving dish?

Pumin McDermott, art, sophomore, 19

"Thanksgiving food is gross. I'm from Thailand so we don't really celebrate it. My family just gets together and shoots guns."

Jasmine Phiengsai, business, senior, 21

"Mashed potatoes and gravy!"

Kimberly Sarmiento, communications, freshman, 18

"There's just so many but definitely sweet breads!"

Daisy Perez, marine fisheries, junior, 22

"I don't even like Thanksgiving. I don't like turkey or stuffing but I guess mashed potatoes."

Chris Rodgers, microbiology, junior, 22

"Chocolate pecan pie. And we taste test different bottles of beer and wine."

Compiled by Sarah Bradbury

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Weather



Thursday

58°



Friday

59°



Saturday

60°



Sunday

60°

Source: National Weather Service

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Doors @ 6p.m. All ages. Free with \$5 food & beverage purchase.

Friday November 21
Kick-Ass (2010)
Doors @ 7:30p.m., Movie @ 8p.m., Film is \$5, Rated R.

Saturday November 22
Random Acts of Comedy
Doors @ 7:30p.m., Movie @ 8p.m., \$6 @ door, All ages.

Sunday November 23
The Wizard of Oz (1939)
Doors @ 5:30p.m., Movie @ 6p.m., Film is \$5, Rated PG.

Monday November 24
Monday Night Football
Baltimore Ravens @ New Orleans Saints, Doors @ 5:20p.m., Game @ 5:30p.m., All ages. Free with \$5 food & beverage purchase.

Wednesday November 26
Sci Fi Night ft. Isle of the Snake People (1968)
Doors @ 6p.m. All ages. Free with \$5 food & beverage purchase.

Friday November 28
Jurassic Park (1993)
Doors @ 7:30p.m., Movie @ 8p.m., Film is \$5, Rated PG-13.

Sunday November 30
The Little Rascals (1994)
Doors @ 5:30p.m., Movie @ 6p.m., Film is \$5, Rated PG.

Monday December 1
Monday Night Football
Seattle Seahawks @ San Francisco 49ers, Doors @ 5:20p.m., Game @ 5:30p.m., All ages. Free with \$5 food & beverage purchase.



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World in Briefs



Japan

Prime Minister Shinzo Abe is calling for an early election in December, two years ahead of schedule in order to push forward new mandates to revive the struggling economy.

Egypt

A second person has died of the H5N1 bird flu in two days. It was the third reported lethal case in Egypt this year.

Kenya

At least three people were stabbed to death in the city of Mombasa by youths protesting the raiding of two mosques.





UPD BYTES

Compiled by John Ferrara

Nov. 16

18:25

Redwood Bowl
Large brown and white dog off its leash running around on the field. Dog was seen lunging at a person. Owner contacted, dog is now leashed and they are leaving.

Nov. 17

23:51

Campus Apartments
Older male/non-resident watching TV in the common area. Subject contacted to leave the housing area and agreed.

23:05

Student Business Services Building
Custodian reporting a spoon in the men's room, believes it is for drug use. Negative drug report, spoon was disposed of.

Yik Jacks



•“What are snails even trying to do?”

•“Who else can’t wait for Thanksgiving food?”

•“I feel like everyone at the health center doesn’t know anything about being a doctor.”

•“I really screwed up. I was messing around with this girl and we both got naked and started doing stuff and she said I had a nice cock. Without thinking I replied ‘you too.’”

Local comments compiled from anonymous social media application Yik Yak.

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Less fees with more degrees

Community college program gives more students the opportunity to succeed

Community
by Erica Robinson and John Ferrara

The California Community College Office of the Chancellor reports that the number of students receiving associate transfer degrees has more than doubled in the last year.

The office credits the recent increase in academic success to the "A Degree with a Guarantee" program established in 2010. The program was sparked by the Student Transfer Achievement Reform Act or Senate Bill 1440, authored by California State Senator Alex Padilla in 2010. The bill was unanimously approved by the Assembly Appropriations Committee and signed into law by then Gov. Arnold Schwarzenegger the same year.

Humboldt State Communications major Ceasar Gallargo said he wished he knew about the program while attending Santiago College.

"I was there for three years and I did not get anything out of it except completing my GEs," Gallargo said. "It would have been a better opportunity."

Students who follow the program's degree outlines can receive associate degrees for specific majors which can save student's time and taxpayer's money. The degrees offered vary by community college and fall under the umbrella of an Associate in Arts Degree of transfer or an Associate in Science Degree for Transfer. Both degrees guarantee students priority admission to all CSUs.

The now retired California Community Colleges Chancellor Jack Scott addressed how a simpler

transfer process can benefit the state at the third annual American Association of Collegiate Registrars and Admissions Officers conference in 2010.

"When courses do not transfer from a community college to a four-year institution, students lose valuable time and taxpayers waste a lot of money," Scott said. "My advice to cash strapped states is to invest a small amount of resources into developing common transfer agreements."

According to the CCC Chancellor's Office, a 2007-2008 study by the California Legislative Analyst's Office showed that taxpayers spent \$28 million on excess units taken by transfer students. The chancellor's office also cited past studies showing California community college students transferred with an average of 80 units when only 60 are required for an associate degree.

CSU Spokesperson Elizabeth Chapin said the program has lived up to its expectations.

"The program was created to streamline the transfer admission process between the community college and CSU systems to address challenges faced by transfer students," Chapin said. "This includes difficulties transferring outside their region, earning far more units than needed for transfer and repeating classes at a CSU to meet lower-division prerequisites."

Students have a wide variety of majors to choose from examples include Anthropology, Chemistry, Psychology and much more, adding up to a total of 1,535 associate degrees.

Chapin provided a comment by CSU Chancellor Timothy White on the university system's dedica-



California community college students transfer with an average of 80 units when only 60 is required.

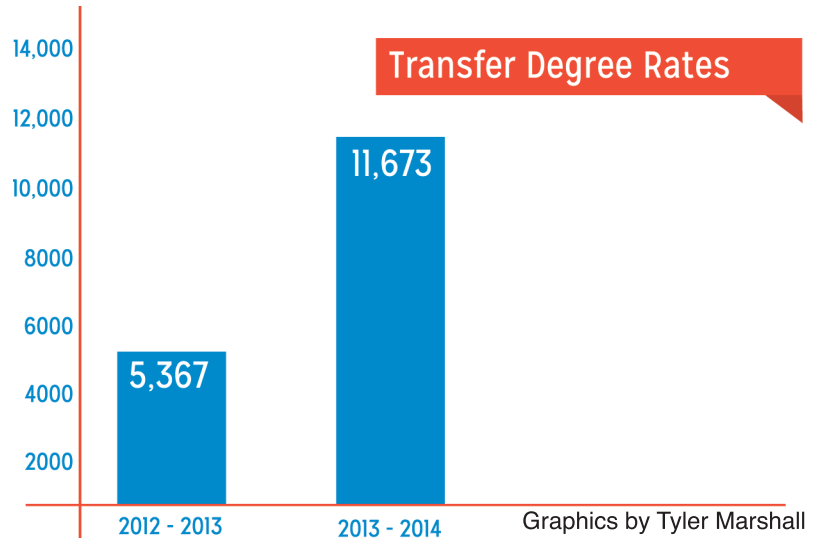
tion to academic success for community college transfers.

"The thousands of students who are earning an Associate Degree for transfer are choosing an excellent path of academic preparation for completing the corresponding baccalaureate programs at CSU campuses," White said. "Serving transfer students is a critical part of the university's mission, and we will continue to work with our community college partners to ensure that current community college students and high school seniors are aware of this fast-track to degree completion."

Erica Robinson and John Ferrara may be contacted at thejack@humboldt.edu



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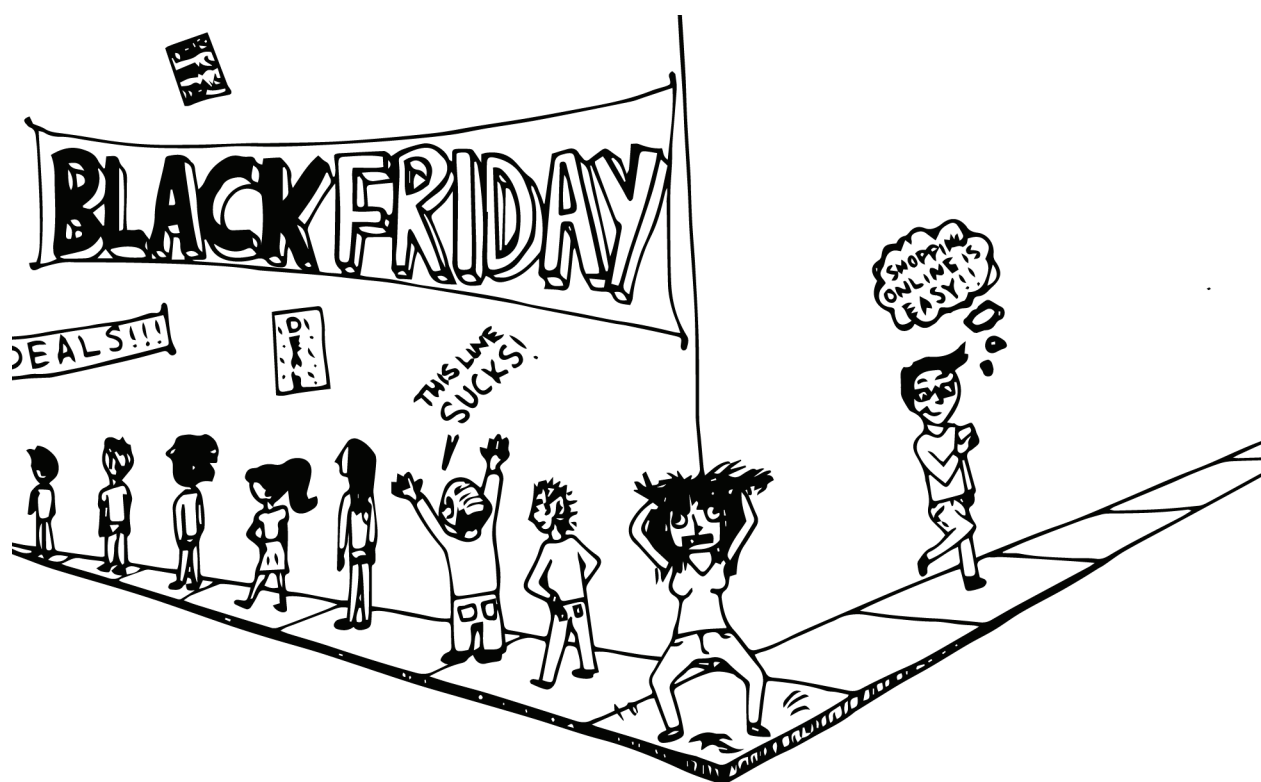
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Arcata's push to make Black Friday about buying locally



| Graphic by Isabella Vanderheiden

Continued from page one

line, they have to travel to Eureka. Some students prefer other methods like online shopping.

Humboldt State studio art junior Lela Blyler, 20, has never voluntarily stood in line for Black Friday. Blyler's only time in line was at the age of 6 when she was forced to wait outside her local Wal-Mart with her family.

"I didn't want to go, but was dragged out of bed," Blyler said. "I shop online now because it's easier, especially when I have to work on Black Friday."

Online shopping also affects local businesses, according to HSU economics professor Beth Wilson. Wilson said online shopping causes competition for local businesses and can lower prices.

Northtown Books in Arcata competes with the online retailer Amazon. The large conglomerate has pushed many books stores out of business. However, Dante DiGenova, the owner of Northtown books, said it does not bother him.

“It is always in the back of our minds,” DiGenova said. “But we know we can’t compete online with Amazon so we focus on what we do best, which is catering to the local

community.”

DiGenova believes Humboldt County's love for buying local keeps them coming in.

"We are so lucky to have customers support local shops," DiGenova said. "This community is pretty special that way."

With more competition for shoppers, many retailers are starting to open much earlier and some are even open on Thanksgiving Day.

Blyler said shopping at stores during Black Friday hurts those that have to go work on Thanksgiving and therefore shops online instead.

"I don't want to interrupt people's Thanksgiving so I choose to shop online," Blyler said. "I think that way, less people have to work and can stay home with their families."

For students living miles from home, buying gifts for the holidays can be challenging. The hassle of packaging and mailing gifts can cost more than some can afford. Online offers easier ways to send those presents, with many dealers offering free shipping if you spend over a certain limit.

“Families are dispersed, so shopping online lets you ship all across the country. This makes buying gifts so much easier,” Wilson said.

Convenience is the key word for online shoppers. Being able to one-stop shop for whatever you want makes it attractive to students who can not always get to the stores.

"I buy many things online; pet toys, books or every day items I can't get nearby," Blyler said. "And during Black Friday, I tend to buy simple things such as make up."

According to the National Retail Federation, during the holiday season more than half of shoppers plan to do some of their buying online. More than 92 million shopped on Black Friday last year according to the NRF.

With Black Friday's popularity growing, Arcata shops hope that offering competitive deals will keep people from traveling to Target or Wal-Mart, and instead they will choose to spend their dollars within the community.

"Instead of flushing your dollars down the toilet, people can choose to buy local and one day it could come back to help them," Johnson said. "We want to make Black Friday fun and relaxing and a community experience and not about standing in line."

*Sebastian Hedberg may be contacted at
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Passing talent around

Open mic gets surprise performance



Skyler Heims juggled to the twang of Rilo Deann's guitar at open mic in The Depot. | Zirui Dang

by Guthrie L'Herogan

Jeremy Rodda walked up to the microphone in The Depot and belted out a cover of Coldplay's "Green Eyes" as jugglers flung clubs, balls and roped implements through the air in other parts of the room.

Humboldt State's Muddy Mic Night, a new weekly social venue for students this semester, had begun. Rodda, a music major, has been a regular performer at the event.

"I'm happy to go every week; it fits the best with my schedule," Rodda said.

The appearance of members of the Humboldt Juggling Society and Humboldt Circus was a first for the event. Chemistry major Forest Heims, the acting treasurer of the Humboldt Juggling Society and older brother of the current society president Skyler Heims, said the performance was somewhat a matter of necessity.

"A lot of clubs got shifted from the clubs office to the recreation office this semester and with that came new rules,"

Heims said.

Heims explained that classification change required new fees to be paid for the club to operate, which they initially resisted.

"We had to pay an entrance fee of \$45 per person so we reached an agreement to perform at the open mic instead," Heims said.

This semester HSU's Office of Clubs and Activities started offering the free open mic night. KRFH 105.1 FM, HSU's student-run radio station, provides MCs and technical know-how to help host the weekly event.

"We have a very musically talented campus, and we wanted to get people out of the residence halls," Molly Kresl, Clubs and Activities coordinator said. "It's so easy to get stuck in there with Netflix."

Performances this week included Rodda's singing and guitar playing, English major Woody Sundberg's original poetry, a guitar and voice duo who called themselves "The Spy" and many types of juggling provided by members of the Humboldt Juggling Society and the

Humboldt Circus.

"I had never been before, but it's a really good idea," Skyler Heims, international business major and president of the Humboldt Juggling Society said.

Skyler Heims juggled at the event while theatre arts major Rylo Deann accompanied him on guitar. Both felt the experience was overall positive.

"This is a great trade-off," Deann said. "I'm totally on board to work off the fees but also people learn about us, it's really a silver lining."

Muddy Mic Night occurs every Friday from 8 p.m. to 11 p.m. in The Depot next to Muddy Waters. It is an alcohol-free event: warm drinks and snacks are available during the event. Sign-up is informal, and anyone is welcome to share their talents or just enjoy people's performances.

Disclaimer: The author has no direct relationship with KRFH but both The Lumberjack and KRFH are produced in part through the Journalism Department.

Guthrie L'Herogan may be contacted at thejack@humboldt.edu



Almost half the audience at open mic Friday night were members of the HSU juggling club. | Zirui Dang



Frequent open mic performer Jeremy Rodda brought his guitar and his songs to The Depot Friday night. | Zirui Dang

Fall-tastic cobbler

Berr-ly a challenge

by Katelyn Roudebush

Turkey, stuffing, mashed potatoes and gravy, the list goes on and on. As our stomachs expand and are filled with more and more food it becomes time for dessert. The classics are great, pumpkin and pecan pie, but sometimes it can be fun to change up the menu. This is a simple, delicious recipe and a great addition to your Thanksgiving feast, but can be a year round dish. The recipe only serves about five people but can easily be doubled for a bigger crowd.

Ingredients:

- 3 cups of assorted berries (fresh or frozen) (blueberries, blackberries, strawberries, etc.)
- ½ tbsp of lemon juice
- 1 cup of flour
- ½ tsp of baking powder
- ¾ cup of brown sugar
- ½ tsp of salt
- 1 tsp of vanilla extract
- ½ cup of butter

Instructions:

1. Preheat oven to 350 degrees. Spray a baking dish (round or rectangular works) with Pam or grease with oil.
2. Place berries in the pan. If frozen, defrost first before placing in dish. Drizzle the berries with the lemon juice.
3. Whisk the flour, baking powder and salt together in a medium sized bowl. Set the mixture aside.
4. In a separate medium bowl beat the butter, brown sugar and vanilla until blended thoroughly.
5. Mix the flour mixture with the butter mixture until it resembles crumbs. Drop the dough on top of the berries.
6. Bake for 30 minutes or until fruit is bubbly and top is brown.

Serving suggestion:

Enjoy with a scoop of vanilla ice cream or by itself.



| Patrick Evans

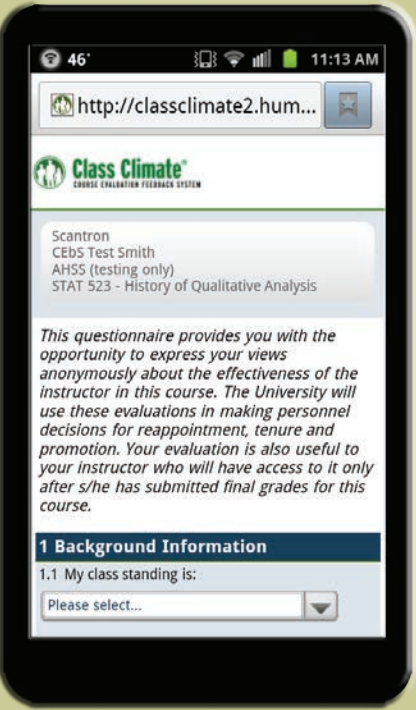


| Patrick Evans

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Festival of Lights

Community gathers at Humboldt State to celebrate Indian culture

by Jonathan Hagstrom

Albert Batista stood at the entrance of the Kate Buchanan Room with a tray of flower petals and spices. To those who were keen to the idea, he would say a blessing, sprinkle petals on their head and rub the spice on their forehead.

This is the second year the Humboldt State MultiCultural Center and other volunteers on campus organized an event to celebrate the Hindu festival Diwali, also known as the Festival of Lights.

Diwali celebrates all things good reigning over all that is bad and the tradition of Diwali is carried throughout the world

by people of Indian descent. It is an official holiday in India and many surrounding countries, and is slowly becoming more commonly celebrated in other regions.

People of all ages gathered to eat exotic food from local restaurants, play, sing and dance together. Activities such as henna body art, tabletop games and candleholder making awaited the entrants before the main event began. Presentations about the holiday informed the crowd, and the snacks, main courses and desserts kept them fed. Booths also lined the wall, as shops from around town showed off related cultural artifacts.

Young children bravely played Indian instruments and sang worship songs before the crowd. Local dance companies performed with traditional Indian dances and wearing traditional dress. The performers then recruited everyone willing to dance to come to the front and join. The crowd merrily swung about, and the chairs were then cleared for even more space for dancing.

Kelly Cave, a volunteer for the festival celebration, explained what is so important about coming together to celebrate and discover other cultures.

“The more we know about other cultures, the less conflict we will have,” Cave said.

Jonathan Hagstrom may be contacted at thejack@humboldt.edu



Albert Bautista places a tika mark on an attendees forehead; a red dot placed on men's foreheads during religious festivals and ceremonies, distinct from the bindi mark worn by Hindu women. | Henry Faust

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Proving they belong

HSU 2014-15 basketball preview

by Miranda Hutchison

Humboldt State’s men and women’s basketball teams are both playing with desire to be leaders of the California Collegiate Athletic Association this season.

They have spent the last two months preparing. There will be a total of 30 conference games for the men and 27 for the women.

The men’s Jacks were 11-17 overall last season and 6-15 in the CCAA. Four players had to sit out due to injuries.

The season is three games in and newly joined freshman point guard Malik Morgan is far from worried.

“We’re going to do big things this year,” Morgan said.

Steve Kinder, head coach for the men’s team, said that there are a lot of strong leaders this year, and Morgan is one of them. In high school, Morgan averaged 13.4 points per game and had 236 assists, which was the program’s record.

Morgan is confident. His leadership position as a point guard is rare for a freshman, since most freshmen do not receive playing time.

The newcomer said there is competition between the freshmen and senior players, but he said it makes preparing easy since they are more experienced players.

“It’s really fun,” Morgan said. “The older guys are asking a lot of us freshmen.”

Earlier this month the Jacks lost against St. John’s University, a team they had lost to last season by 67 points. This season they rematched, and lead by one point at halftime.

Fans can look forward to the men’s team facing Cal State University, San Bernardino on Nov. 22 which Kinder said will

be one of the biggest games of the year. The CSUSB Coyotes are a highly ranked team with three NCAA regional titles.

“Advice depends on the pulse of the team that week and who our opponent is,” Kinder said.

The men’s head coach said this season the men’s team will face opponents as far as San Diego, New York and Alaska.

Head coach for the women’s team, Joddie Gleason said the Jacks are playing at a high level this season. She said she is especially excited for the returning players.

“There is no extra motivation needed,” Gleason said. “They are self-motivated and it’s up to them.”

Returning player and All-CCAA second team center Megan Shields, who is a business marketing major said practices leading up have been intense. The team works on strength and conditioning for six hours a week and practices 20 hours a week. Shields, along with the All-CCAA first team point guard Kersey Wilcox, contributed toward improving the overall wins to a 15-11 record overall and a 12-10 in the CCAA.

“We’re fired up and ready to go,” Shields said. “It’s about keeping it fun and staying focused.”

The veteran center said she gets her mind ready to play by leaving everything out there. It is just her and the ball, her lay-ins and shots. Last season the Oregon transfer blocked a total of 63 shots, which averaged out to 2.4 blocks per game.

Before every game, Shields said the team dances and sings while listening to music in the locker room. They huddle together and shout, “I got your

back! You got my back!” to prove their dedication.

“Our core values are to be team oriented, and unselfish,” Gleason said. “We’re working hard to make quick transitions up the court.”

Last Thursday, the team left at 7:30 a.m. for Seattle, Wash. They played their first game against Western Oregon University last Friday and won 98-88. On Saturday they played against Seattle Pacific University, who Gleason called a powerhouse team. The game was close, but the Jacks lost 74-83.

“Obviously we want to win,” Gleason said. “But I’m concerned with how we’ve played and executed the game plan. As long as we do all of those things well, I will feel positive.”



Senior Megan Shields blocked 63 shots on basket last fall. | Sarah Bradbury



Freshman Malik Morgan will start his first season at HSU as a point guard. | Sarah Bradbury

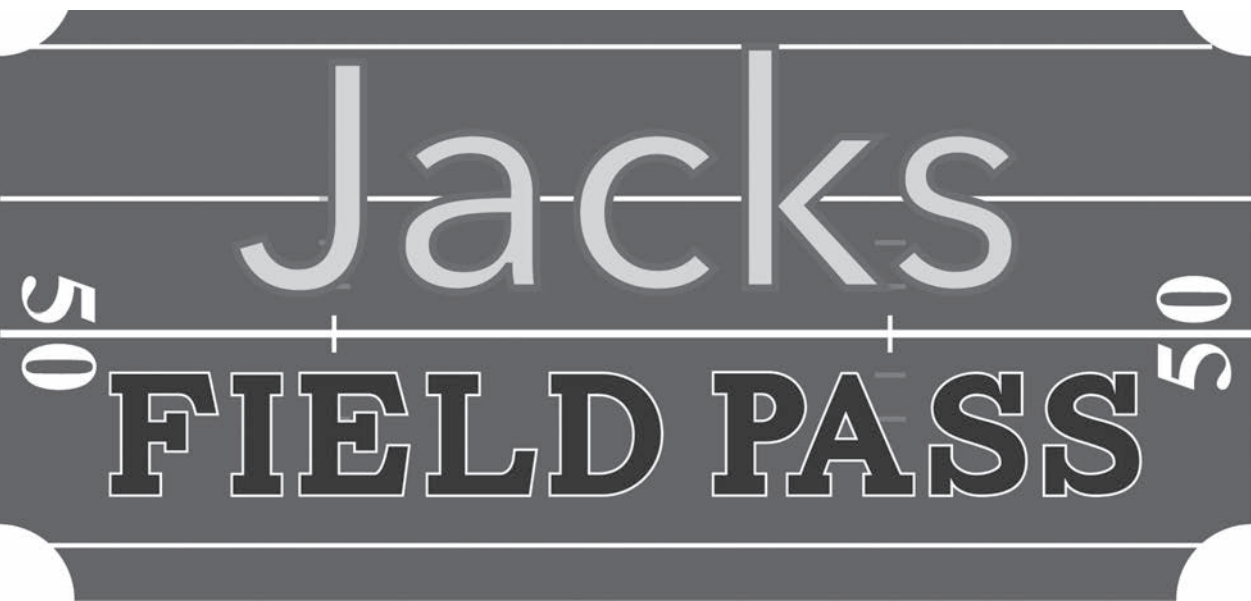
Coach Kinder said there are anticipation factors they must always remember. He agreed with Gleason that every game has the potential to be a let down. This will be key for both teams heading into what

should be a promising season.

“It’s like a marathon, with ups and downs. The team must stay on their feet, unlifted emotionally and not get sideways when things get bad. And to not over celebrate,” Kinder

said. “I don’t want them to end up surprised. I want us to play like we’re in New York City on ESPN.”

Miranda Hutchison may be contacted at thejack@humboldt.edu



Bringing you the games to look out for and what to know about everything Jacks this weekend.

by Javier Rojas

Mens Basketball (1-0) vs Bristol University - Wednesday 6 p.m. Lumberjack Arena

Mens Basketball (1-0) vs

Cal State University, San Bernardino - Saturday 7 p.m. Lumberjack Arena

This will be the last non-conference game the men’s team will face this season. The Jacks blew out Simpson University

last week 110-77 and showed why many project this to be a big season for men’s basketball. On Saturday the Jacks play their first conference game against Cal State University San Bernardino. This should be a tightly contested game as San Bernardi-

no is one of the tougher teams in the California Collegiate Athletic Conference.

Football Recap

This season showed a strong turnaround for the Jacks football team which went 8-2 this year. The season was filled with various accomplishments for the team that had a dismal 2013 season when the team went 0-11. This year was marked with many memorable moments for the Jacks including a big 30-10 win at home against conference rival Azusa Pacific University. Also having the best single season turnaround in Great Northwest Athletic Conference history. The future is bright for the Jacks football team even with 20 seniors leaving the team after this season. With freshman quarterback Robert Weber and running back Ja’Quan Gardner returning next season there should be optimism and a chance to compete for a GNAC title.

Volleyball Recap

The Lady Jacks had an impressive season where they competed for a chance in the CCAA playoffs. Even though their bid for a playoff spot ended on Saturday against Cal State Los Angeles after a 3-0 loss, they have positives going into next year. The team was nationally ranked for the first time in 24 years this season and HSU ended its season at 17-9, the program’s best since 1995 (18-9). Leaving the team after this season are seniors Ashley Owen, Erin Mitchell and Colleen Noonan.

Congrats to both football and women’s Volleyball on great seasons. Go Jacks!

Javier Rojas may be contacted at thejack@humboldt.edu

Setting in the right direction

Season over but best Jacks season since '95



HSU junior outside hitter Nicole Bewley records a kill in Saturday's loss to CSULA. | Alexander Woodard

by Guthrie L'Herogan

With the bleacher stomps and cheers of the crowd ringing in their ears, Humboldt State was ready to fight for their season on Saturday against Cal State Los Angeles.

It was the biggest match in 20 years determining not only who went home, but who got a shot at the NCAA Division II Volleyball playoffs. A rough first set (17-25) and unshakeable pressure from the Cal State Los Angeles Golden Eagles had the Jacks fighting them every step of the way.

Nearing the end of the second set (21-25) Cal State L.A. lead had grown and the tone of the cheering had changed. "Let's go Jaaacks, let's go!" rang with a hint of urgency and was punctuated with a tone of pleading.

Unfortunately L.A. could not be stopped, ending the match 3-0 with three consecutive set wins in what was a tremendous season for the HSU volleyball program.

"I don't have a whole lot

of positive comments to make about this last match. I mean we fought and gave it our all but we didn't play our best volleyball," head coach Kelly Wood said. "[Cal State] LA came in and I was impressed with their ability to come out after a long road trip and play as excellently as they did."

A few takeaways for the HSU volleyball team is three leaving senior players, Ashley Owen, Erin Mitchell and Colleen Noonan all had a strong senior seasons. They also gained new fans who cheered for them all season long at Lumberjack Arena.

"Yeah, it was bittersweet," senior setter Erin Mitchell said. "It was a phenomenal season and I'm so proud to be a part of this team but it's a huge bummer losing the last match in three and our dreams of playoffs."

Finishing the season 17-9, the best season since 1995, the HSU women's volleyball team will place fourth in the California Collegiate Athletic Association and is nationally ranked for the first time.

"They did a really amazing job," Danielle Carson, an art education/studio art major and former volleyball player said. "Fourth place is a new record for the school and they played with heart so you got to give it to them."

The senior players had a strong showing as outside hitter Ashley Owen led the Jacks with seven "kills" or legal points that the opposing team could not return and Setter Erin Mitchell lead the team in assists with 11.

"I'm going to graduate in a couple semesters and then go on to get my teaching credentials to try and teach elementary school," Mitchell said. "I'm not sure where specifically I'm going to go but I'm down to move around."

The future beyond the last match of the season is in the minds of the players and coaches too.

"I have high hopes for next season and I have hopes for the future in general you know," Wood said. "But I'm not thinking too much about next season right now."

Guthrie L'Herogan may be contacted at thejack@humboldt.edu

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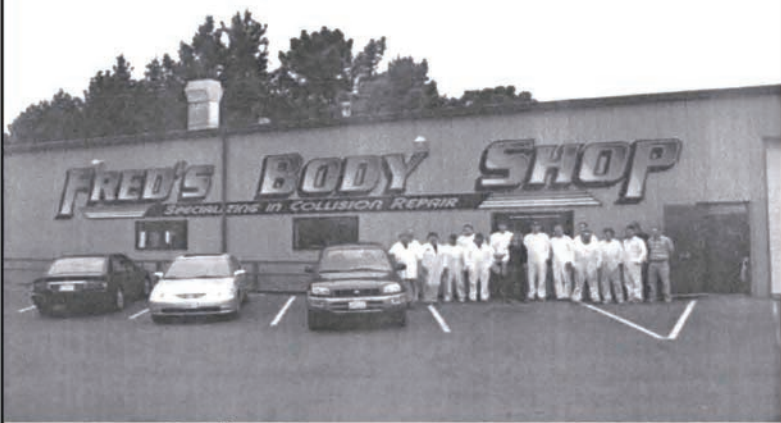
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Football finishes on a high note

Jacks end season with big Senior Saturday win



Senior defensive linemen, Silas Sarvinski #90, had the support of his family at his last game as a Humboldt State Lumberjack. | Louis Ramirez

Continued from page one

“Football gave me skills that I’ll be able to use for the rest of my life,” Ricciardulli said.

HSU scored three touchdowns in the first quarter of the game when quarterback Robert Webber passed the ball 18 yards to White and 17 yards to Ricciardulli. Sophomore Chase Krivashei added to the senior’s efforts with a two point conversion and a nine yard drive to the end zone.

With 30 seconds left in the second quarter, senior Kelechi Nwadibia dove for a touchdown, leading the Jacks 43-13 in the first half.

“To think it might be my last college touchdown and to share that with my team was bitter-sweet,” Nwadibia said.

The Dixie State Red Storm could not gain during the second half with the Green and Gold defense in their way. Senior defensive end Alex Markarian earned a team and conference record of 14 sacks. The game had a total of three interceptions and a forced fumble.

Freshmen Mark Parson and Richard Doctor added three touchdowns to the scoreboard, making the Jacks take home their best offensive game of the season with 607 yards. Webber became one out of four quarterbacks in school history to throw five touchdowns in a game.

Despite the excitement of breaking records and dominating Dixie State, Nwadibia admitted football had given him experiences he will not find anywhere else.

“I’ll miss it,” Nwadibia said. “Even the 20 hour bus trips.”

Senior cheerleader Caren Jaras said she was proud of her team for hitting their performance at halftime, but she could not help but be sad.

“It’s great to cheer for a winning team, that’s the college dream,” Jaras said. “But everything seems different. It’s really sad, the last performance.”

When the clock ticked down to the last minutes of the fourth quarter, Ricciardulli shook the

hands of teammates, coaches and staff that witnessed him play his last college game.

“I can’t describe exactly what I’m feeling,” Ricciardulli said. “You come in as a boy and the coaches make you leave as a man prepared for life.”

Most seniors said football taught them how to manage time and work for a team, but nothing compared to the camaraderie and support they have gained throughout their football career.

“I have 100 brothers on this team that will be my brothers for life,” Ricciardulli said. “Just having that gives me comfort for what’s next.”

As the sun gleamed through trees surrounding the Redwood Bowl, Nwadibia watched the Jacks linger on their home turf to take pictures with their family, fans and each other.

“Our motto was rise up,” Nwadibia said. “And that’s what we did.”

Rebekah Staub may be contacted at thejack@humboldt.edu



your voice matters



submit your **opinion** to
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EDITORIAL

If you watched something on a screen in the past few days you probably saw someone get killed, raped or shot at. At least someone was berated — followed by laughter.

Media violence can be a vicious cycle. Fear of violence leads to violence. The publicity surrounding the rise of gun sales in Ferguson is a perfect example. People hear that gun sales are up, and gun sales increase more because people are scared from the news. Missouri Governor Jeremiah Nixon declared a state of emergency as of Nov. 17 for 30 days. The only homicide in Ferguson this year was from police killing Michael Brown. The fear is legitimized.

Print, audio, video, interactive media — video games and news are all ways the word media is used. Media is an umbrella term, it can mean any one or all of these things.

Commercial media creates an environment where violence hides in plain sight. Debate about what violent media does to people distracts from the point. It does in fact harm everyone. The only legitimate debate is how bad it is. The same tactics of doubt were used by tobacco companies, and are used for climate change.

The scientific consensus on media violence is in. The American Psychological Association

said media violence desensitizes people to violence. The body of over 300,000 psychologists asserts violent media harms the public, especially children.

The APA states children become less sensitive to the suffering of others, fearful of the world around them and behave in aggressive or harmful ways.

We are not all children. It would be naive to say what works psychologically for children suddenly stops when they turn 18.

Some people believe that violence is part of human nature, something we are forced to do. Catharsis and Media Violence: A Conceptual Analysis by Douglas Gentile says otherwise.

Acting aggressively is not something we must do, Gentile explains. We do not die from a lack of aggression. Aggression is not like eating and drinking. Media violence does not provide an outlet for repressed urges, it arouses repressed urges.

Commercial media focuses on fear and revenge emotions. The bad guy always has justice served to him. Empathy for the good guy or bad guy is not a central theme. It may be that pity and empathy just do not sell if plots are not revenge and fear focused. Sales should not be dictating morality.

It is probably offensive that something people do often is harming us and the society we

live in, especially something as seemingly harmless as consuming media. We try to make exceptions and reason that there is a need for violent media. It is hard to admit when you are essentially addicted to something horrific.

Many people make it a point to avoid violent media but this does not eliminate it. People avoiding violence will still see it eventually. To actually negate the effects of violent media people need to act directly against it. Avoiding violence allows things to continue as they have, just without certain individuals.

It is disappointing that researchers have been looking for the media's ability to steer us away from violence for over 50 years, only to come up empty handed when it comes to empirical evidence. Hundreds of studies demonstrate people become more aggressive from media violence, not less.

If someone is provoked right after viewing violent media, Gentile's and other's research shows they are likely to react aggressively. Despite possibly feeling relaxed or purged by watching something violent, it still increases the chances for a violent reaction. Violent media allows and reinforces aggressive thoughts to become more active in someone's mind.

"We do not become less likely to learn something by practicing it, reading it, or seeing it one more time. Every repetition increases learning," Gentile wrote.

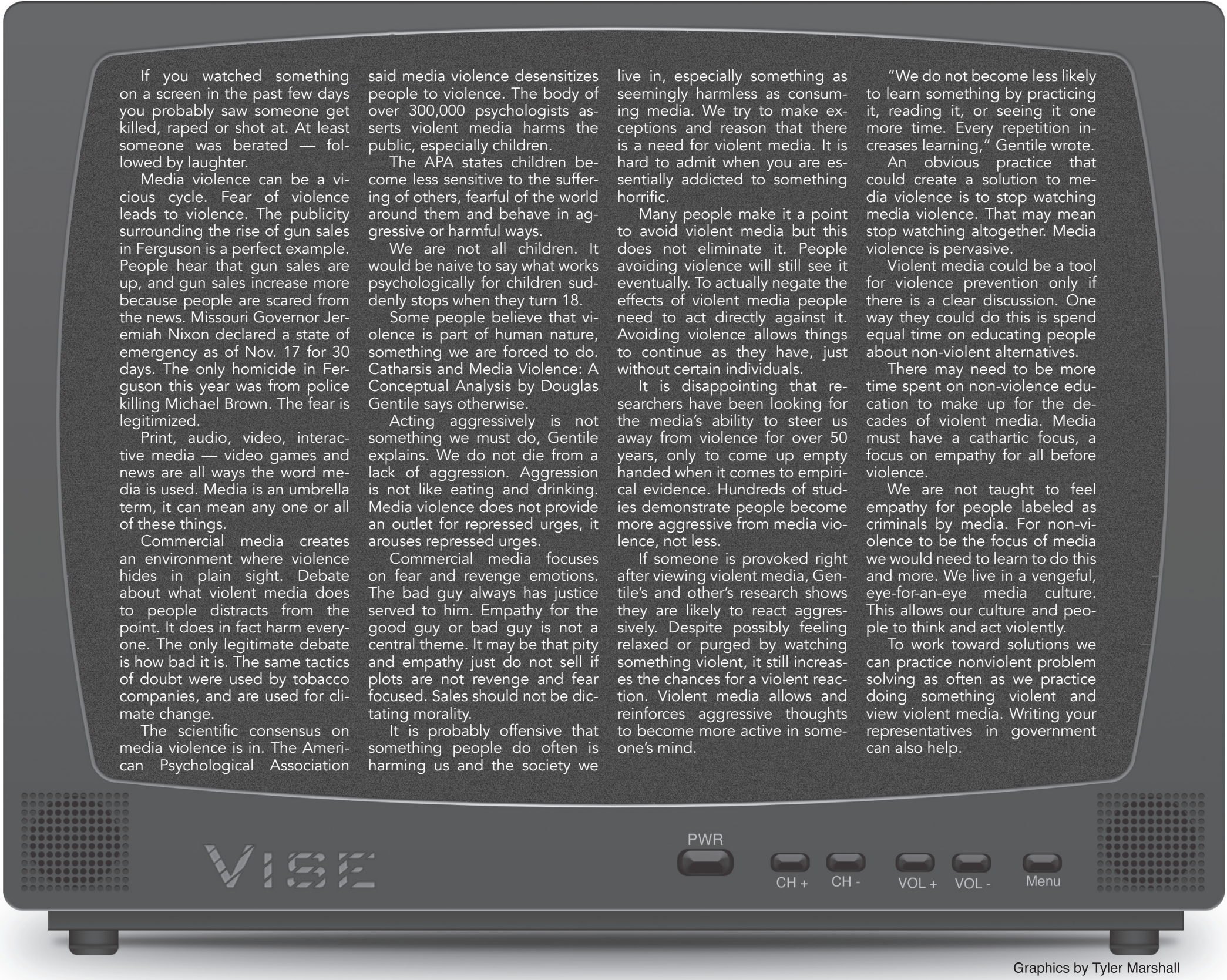
An obvious practice that could create a solution to media violence is to stop watching media violence. That may mean stop watching altogether. Media violence is pervasive.

Violent media could be a tool for violence prevention only if there is a clear discussion. One way they could do this is spend equal time on educating people about non-violent alternatives.

There may need to be more time spent on non-violence education to make up for the decades of violent media. Media must have a cathartic focus, a focus on empathy for all before violence.

We are not taught to feel empathy for people labeled as criminals by media. For non-violence to be the focus of media we would need to learn to do this and more. We live in a vengeful, eye-for-an-eye media culture. This allows our culture and people to think and act violently.

To work toward solutions we can practice nonviolent problem solving as often as we practice doing something violent and view violent media. Writing your representatives in government can also help.



Graphics by Tyler Marshall

The Lumberjack Submission Policy

Send submissions to Opinion Editor Jake Wetzstein at jtw229@humboldt.edu

Include "Attn: Opinion" in the subject line for submissions.

Guest Columns may not exceed 750 words.

New contributors may be given preference over returning contributors.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations

HSU Students: please provide major or class standing.

We also welcome cartoons, spoof articles and other items

Send letters to the editor to thejack@humboldt.edu

Include "Attn: Letter" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

All submissions must be received by 4 p.m. the Friday preceding publication.

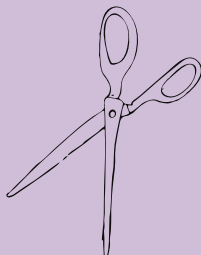
All letters and columns may be edited for grammar, spelling and clarity.

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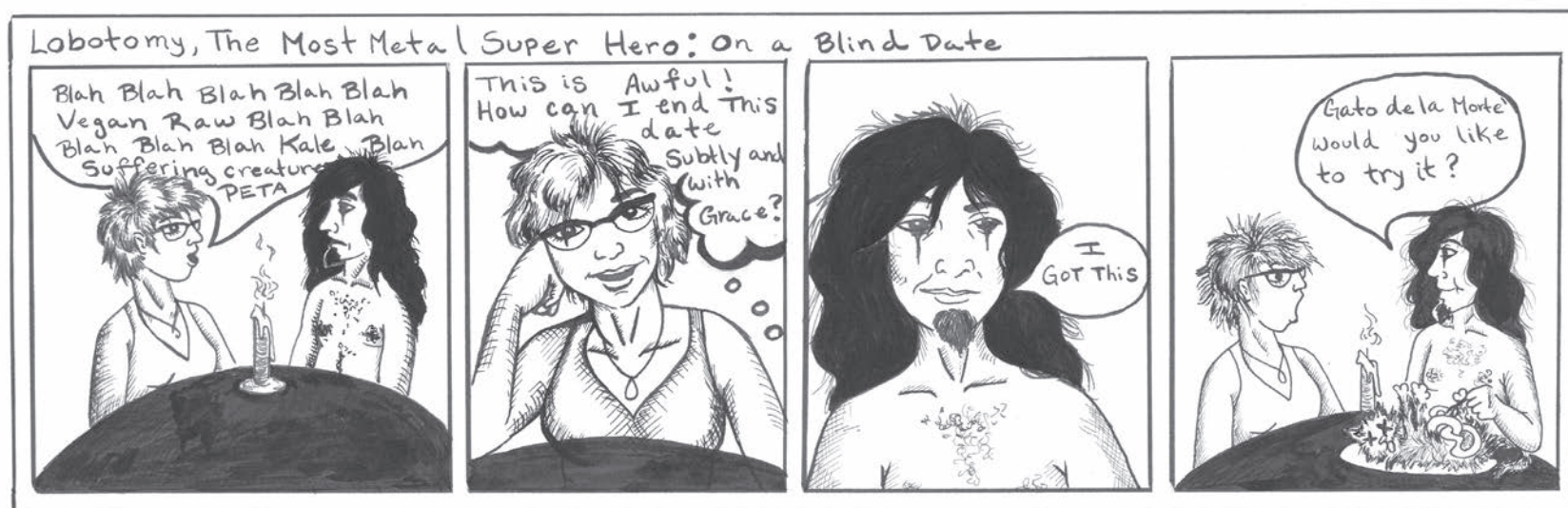
Wish list

The Lumberjack is a student-run publication on a limited budget. While we are able to distribute the paper every week, there are still a lot of things we need and could use. Any donations of scissors, highlighters, cameras and camera lenses, tripods, computers, a new couch, food, sleep, a red Ferrari and a group vacation to the Bahamas would be greatly appreciated. Donations can be brought by the office on Humboldt State campus at 227 Gist Hall, or email us to set up an arrangement at thejack@humboldt.edu.

Thank you for your continued support.



THE STRIP



| Provided by HSU Art Department



| by Anna Neubauer

PHOTO OF THE WEEK

To submit your photo of the week send them to thejack@humboldt.edu

All Photos should be in JPG, TIFF, or DNG format and be at least 150 dpi



Fresh sprouted mushrooms in the Arcata Community Forest | Thomas J. McBrinn I

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Puzzles Page

Weekly Sudoku
Difficulty: very hard

6			5		2		7	
			4					
5				6		3		
7		1				8		
	8	2	6		4	7	5	
		5				6		2
		7		8				9
					3			
	5		2		7			6

Stumping Lumberjacks
Weekly Brain Teaser
By Ian Bradley



Stomach

Use the image to guess the word or phrase. Pay attention to the size and position of the clues (top/bottom/left/right), repetition, direction (up/down/backwards/forwards), and the style.
Examples: "P walk Ark" would be "walk in the park" or "DEAL" would be "big deal"
Email your answer to thejack@humboldt.edu with the subject "ATTN: Stumping Lumberjacks"

Last week's answer was "High Priced"

Where is this?



This photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject "ATTN: Where is this?" Last week's photo was a statue behind the ceramics workshop.

HUMBOLDT JUMBOLDT by Melissa Coleman

Rearrange the letters to form a word. Set aside the double underlined letters on the line below. Rearrange those letters when all words are solved to find this week's answer! Plurals allowed, no proper nouns though final answer may be a proper noun.

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MHA

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”

DON'T BE RUDE

Compiled by Ian Bradley

Trivia Questions

1. According to a 2007-2008 study, how much did taxpayers spend on excess units?
2. Who owns Northtown Books?
3. Who are the three senior players leaving the HSU volleyball team?

Last week's winners

Where Is This?
Lauren Lester

Stumping Lumberjacks
Matt Brinkman

Trivia
Leslie Farrar

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