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### College Corps: Big Brothers Big Sisters College CORP Experience

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#### Recommended Citation

Browning, Ivory, "College Corps: Big Brothers Big Sisters College CORP Experience" (2024). *IdeaFest 2024*. 26.  
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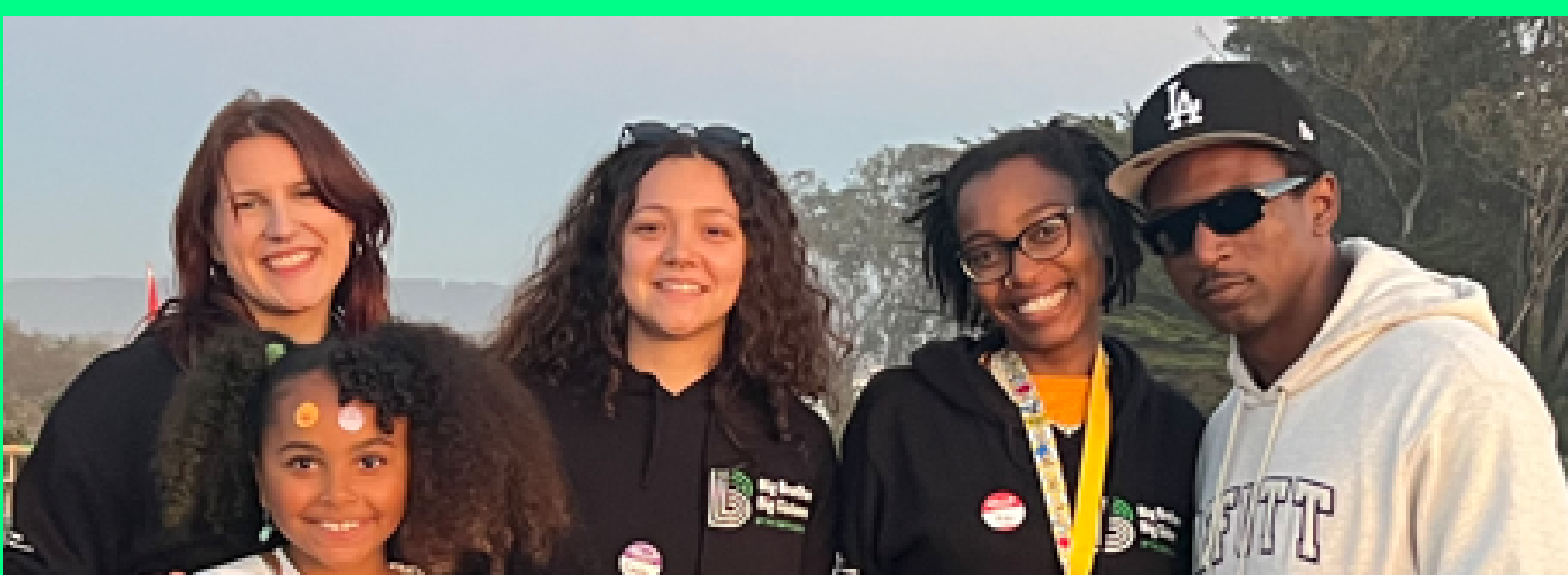
## What is BBBS?

Big Brothers Big Sisters is a youth mentoring program that facilitates one-to-one relationships between community members and children 6-18. Each one-to-one relationship is called a Match. The Mentor is referred to as a Big and the mentee, a Little.



## What does a Match look like?

A match is a minimum of one school year for site based and one year for community based matches. The Big and Little are carefully matched by our Match Support Specialist through a series of interviews/self assessments. Once matched the Big and Little spend time at their afterschool care program or out in the community together!



## Why one-to-one relationships?

It takes 5 to thrive, 5 healthy relationships for a child to thrive. Committing to long term relationship building models healthy relationships for our youth. It provides a safe space for our Littles to be seen and heard, apart from busy family members, mentors and/or friends. It also enables some of our more underserved youth to get out & explore the community in ways they may not get to otherwise.



In the community based program, my Little and I go out and explore different aspects of our community. He provides a space for me to let out my inner child, and I provide a space for him to let out his energy in healthy and productive ways. I feel this match brings both of us enjoyment and opportunities to grow as individuals.



Lunch Buddies program allows my little and I to spend time together during the most vulnerable time of the day (Lunch time.) My presence as a Big encourages my Little to be engaged socially with me and others while they eat, until it is time to hit the playground! Noticeable improvements in my Littles behavior regarding coping and improvements in her reading! She used to dislike reading but has recently said she loves to read!

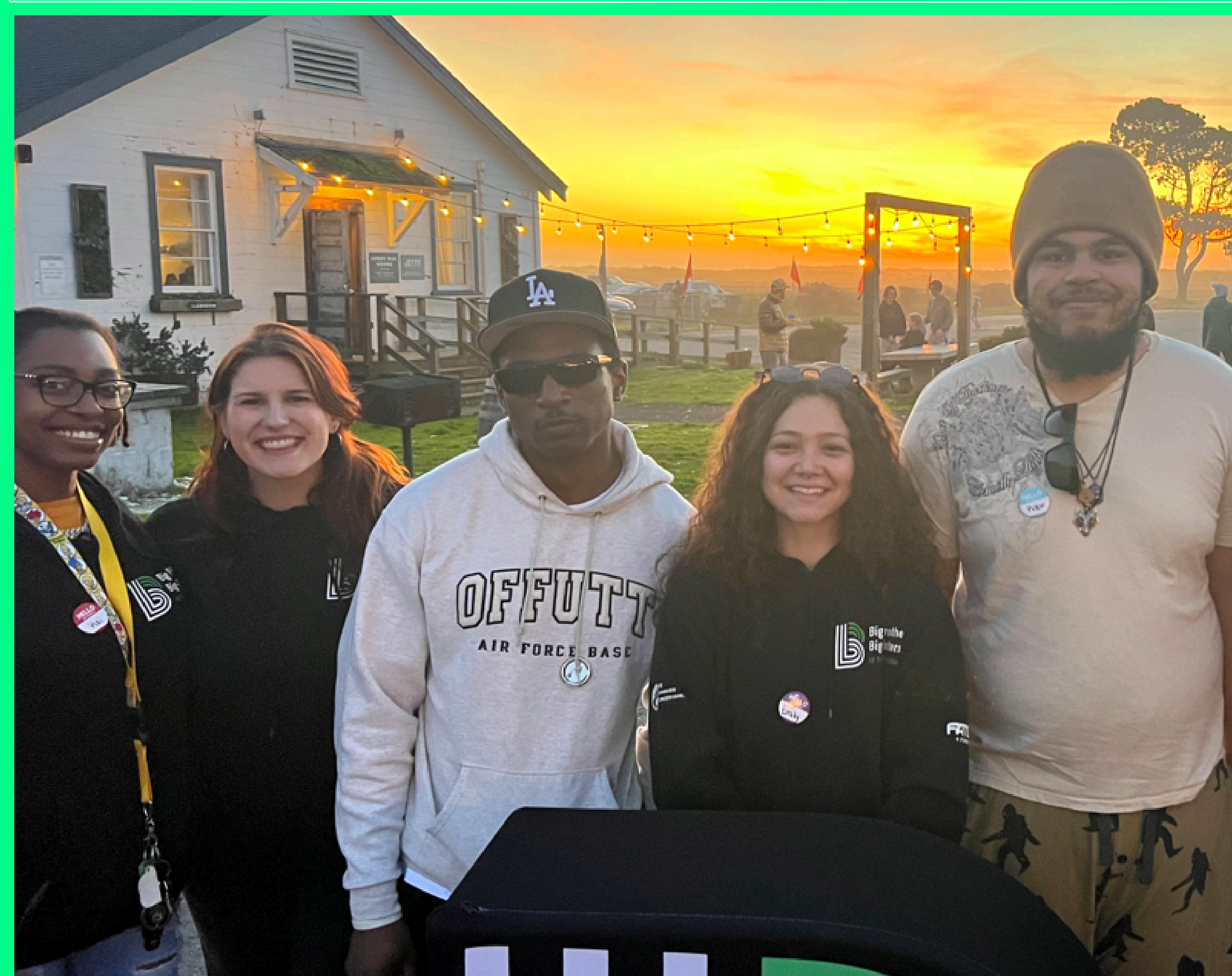
In the Site based program, my Little, Mei and I have bonded quite a lot. We spend time together at their afterschool care program. Sometimes we do the activities there, sometimes I bring loom bands for us. Mei has improved so much with communicating with friends, especially when their overstimulated. We have a lot of fun joking around. I love getting close to them and learning more and more about them and their dreams.



#CaliforniansForAll

College Corps

FEATURING BIGS: IVORY ROSE, KAI JONES, EMILY MARTIN (ALL CAL POLY FELLOWS)



HUMBOLDT COLLEGE CORPS 23-24 AY COHORT