

Humboldt State University

## Digital Commons @ Humboldt State University

---

2013

---

1-23-2013

### The Lumberjack, January 23, 2013

The Lumberjack Staff

Follow this and additional works at: <https://digitalcommons.humboldt.edu/studentnewspaper2013>

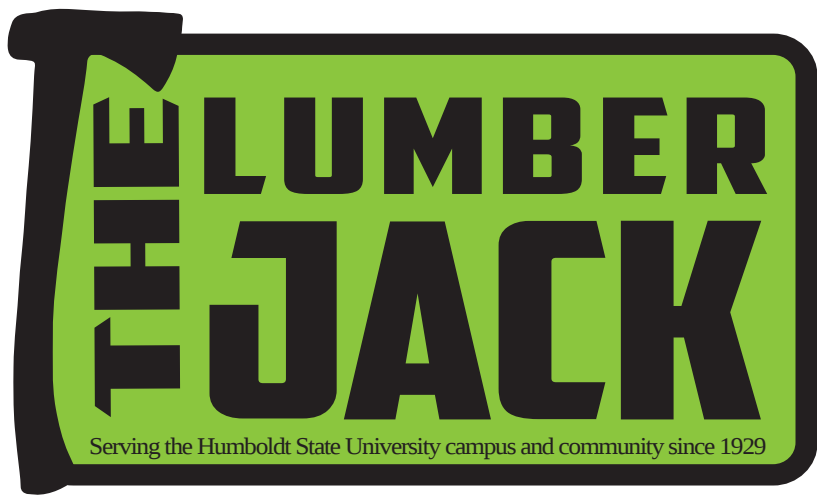
---

#### Recommended Citation

The Lumberjack Staff, "The Lumberjack, January 23, 2013" (2013). 2013. 22.  
<https://digitalcommons.humboldt.edu/studentnewspaper2013/22>

This Book is brought to you for free and open access by Digital Commons @ Humboldt State University. It has been accepted for inclusion in 2013 by an authorized administrator of Digital Commons @ Humboldt State University. For more information, please contact [kyle.morgan@humboldt.edu](mailto:kyle.morgan@humboldt.edu).





Wednesday, January 23, 2012

Vol. 102  
No. 1

www.thelumberjack.org

### See inside for:

««««« Sustainability classes still available  
See page 7

Safe sex tips »»»»» and statistics  
See pages 14 & 15

New Year's »»»»» workout  
See page 19

# HSU counts down to 100

by Lisette Saldana

Spring 2013 begins the 100th year Humboldt State has been a college. The commencement ceremony for the class of 2013 will kick off the events planned for HSU’s centennial celebration.

The first class entered the doors of HSU in April 1914, even though the school was established in June 1913 as Humboldt State Normal School – a teacher’s college. Official events to celebrate HSU’s centennial will begin August 2014.

In 1911 there was a nationwide push for better education and more schools to instruct teachers. The Eureka Chamber of Commerce began a petition to create a teacher’s college in the area. Eureka then appointed a committee in order to get public support

and Sacramento on board with establishing a normal school.

Humboldt State Normal School, as it was first known, received \$10,000 from the state to fund the school, but the



committee needed to find a location where they could get a two-year lease free of charge. Eureka, Arcata and

Fortuna were considered for the location. The Arcata Chamber of Commerce was able to get pledges of donations from residents totaling \$12,000 as well as a two-year lease from Arcata Grammar School and a donation of land from Arcata native William Preston. Thus, Arcata became the home of Humboldt State Normal School.

In June 1913 Gov. Hiram Johnson signed a law which established Humboldt State; the school opened in April 1914. Nearly a year later Humboldt State Normal School celebrated its first graduating class of 15 women.

Since its opening, HSU has changed its name four times. In 1974 it officially became Humboldt State University.

Given the timeline of events which led to the founding of HSU, it was decided that aside from the special recognition of the graduating class of 2013, events celebrating the centennial will be from August 2013 to May 2014.

Frank Whitlatch, associate vice president for marketing and communications, said “The year is going to be a pretty interesting one.”

The Office of University Advancement at HSU has been a major contributor



Lucky the Logger in the 1962 Homecoming Parade. | Photo courtesy of the HSU Library Humboldt Room



In 1927 Humboldt’s first star athlete, Elta Cartwright, broke national track records as a runner. In 1928 she was on America’s first women’s Olympic team, which competed in Amsterdam. | Photo courtesy of the HSU Library Humboldt Room

to the planning of the centennial celebration which has been in the works for nearly two years. Much of the funding and support has come from the Centennial Advisory Group which has provided ideas for the events to take place throughout the year.

In December a centennial

logo was unveiled; it depicts Founders Hall, one of HSU’s most notable buildings, at the foot of the building is the number 100 with “Founded in 1913” just below it.

At commencement ceremonies, graduates of the 2013 and 2014 academic

See “A Century” on page 4

# Clearing the air on clearing the forest



by Lillian Boyd

Many travelers from all over the country come to Humboldt County to do something illegal: hike to Strawberry Rock.

Humboldt State wildlife student Eileen Kitayama first hiked the trail to Strawberry Rock in 2011 by herself—a challenge that took three hours of Google mapping and driving around Trinidad. She revisits the rock to reflect, paint landscapes

and meet new people.

One of Trinidad’s most well known trails, the path to Strawberry Rock is nestled behind a crowded cul-de-sac of young-growth and old-growth Redwoods alongside Highway 101.

“The trail is covered with footprints that I [can] follow,” Kitayama said. “From the top of the rock I [can] see a blanket of redwood forest, snow-covered mountains, the

valley of Mad River, little boats and sea-stack rocks around Trinidad peninsula.”

The path, the rock, the redwoods, the Sitka spruce, and the fir trees all sit on an 80,000-acre site privately owned by lumber companies since the 1900s. Logging company Green Diamond purchased the land from Louisiana Pacific in 1998 and approved its most recent timber harvest plan -- 1-10-137 -- in

March 2011 to cut down trees in portions of land surrounding Strawberry Rock.

HSU forestry lecturer Gary Rynearson manages forest policy and communications for Green Diamond.

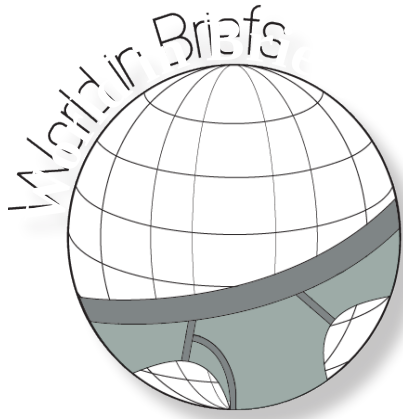
“We take a good hard look at every tree,” Rynearson said. “If they have key features for wildlife benefits they are retained.”

Green Diamond plans to

implement a combination of cable and shovel yarding -- an alternative harvesting method with less impact on the forest floor compared to tractor yarding. Yarding involves a large piece of machinery that transports fallen logs onto the main road. Shovel yarding has wide, smooth padded tracks with low ground pressure compared to tractor yarding. Shovel

See “Logging” on page 3





@ Canada/Global

In Canada, over the past few weeks, a social media movement in the form of memes -- an idea or style shared within a culture that spreads from person to person -- called “Idle No More” has taken over Twitter and Facebook. Both websites are dominant resources for social media communications. The “Idle No More” memes are aimed at the reform of concepts used by Canadians to refer to Indigenous peoples that many Canadians now consider to be offensive.

@ Nat’l/Global

Last Thursday, Bradley Manning -- a U.S soldier accused of releasing confidential government material to Wikileaks -- was denied the opportunity to make a whistleblower defense in his future court martial. This means during his prosecution, Manning, will not be allowed to present evidence for his motives for leaking secret materials to Wikileaks. Manning faces possible charges of life in military custody without chance of parole.

@ Nat’l

On Sunday night hip-hop artist Lupe Fiasco was kicked off the stage he was supposed to headline at Hamilton Live -- the venue for a President Barack Obama inauguration party in Washington, D.C.. The rapper went on a 30-minute anti-war rant slightly directed at President Obama. Three security guards pulled the rapper off stage mid-song. The event organizers released an online statement which said the removal of Lupe Fiasco was due to his poor performance.

Sources: Huffington Post, The Guardian, News.com



University

Police

Dispatches

State of California

County of Humboldt

Nº 101

☒ City

☐ Town

☐ Township

of Arcata

Location: Humboldt State University

Cit. #: Dec. 14, 2012

Description: Kinesiology & Athletics on Gymnasium Ln.

Pool staff observed an unknown female throwing a cellphone into a toilet before leaving the building.

It was undetermined if the phone belonged to her or somebody else.

Location: Humboldt State University

Cit. #: Jan. 13, 2012

Description: West Gym

Three subjects forced open a door to play basketball inside the building. They were warned and escorted out.

Graphics by Ella Rathman

On the cover: Janoah Osborne uses a mixture of sustainable materials to reinforce a retaining wall for CCAT’s organic garden

Photo by J. Daniel Fernandez

State of California

County of Humboldt

Nº 101

☒ City

☐ Town

☐ Township

of Arcata

Location: Humboldt State University

Cit. #: Jan. 15, 2013

Description: Lot FS-6 on Plaza Ave.

Pickup truck possibly stealing landscaping chips.

Location: Humboldt State University

Cit. #: Dec. 30, 2012

Description: Lot Library on Laurel Dr

Mulch pile on the services road south of the Library lot parking lot is smoking.

State of California

County of Humboldt

Nº 101

☒ City

☐ Town

☐ Township

of Arcata

Location: Humboldt State University

Cit. #: Dec. 18, 2012

Description: Redwood Hall

A toaster and coffee maker were stolen from Redwood Lounge.

Location: Humboldt State University

Cit. #: Jan 1, 2013

Description: Laurel Dr. near library

Two subjects possibly trying to steal a bicycle. Two subjects came to the counter and reported that they were not attempting to steal the bicycle, had some questions regarding abandoned bicycles.

WEEKEND WEATHER

THURSDAY

55°

FRIDAY

50°

SATURDAY

49°

SUNDAY

46°

STROMBECK PROPERTIES

Office Location: 960 S. G st., Arcata, CA  
Mon. – Fri. : 9am – 12pm, 1pm – 5pm  
Office Phone: 707.822.4557  
strombeckprop@yahoo.com

LOOKING FOR A PLACE TO LIVE?  
WE HAVE PROPERTIES IN  
ARCATA AND EUREKA!

Studios and 1 Beds Available Now!  
Ask about our School Year Lease

BE SURE TO CHECK OUT OUR  
WEBSITE FOR COMPLEX MAPS  
AND FLOOR PLANS!

WWWSTROMBECKPROP.COM

Our office is located in  
Gist Hall 227 at Humboldt State University,  
1 Harpst Street, Arcata, CA, 95521

- 1st Best Arts & Entertainment Story
- 2nd Place Best Infographic
- 2nd Place Best Photo Illustration
- 3rd Place General Excellence
- 3rd Place Best Orientation Issue
- 3rd Place Best Photo Series
- 3rd Place Best Sports Story
- 3rd Place Best Special Section

Office: (707) 826-3271  
Fax: (707) 826-5921  
Email: thejack@humboldt.edu  
Website: thelumberjack.org

Advertising

Office: 707-826-3259  
Fax: 707-826 5921  
Email: LJNPods@humboldt.edu

Corrections

Lifestyles: Page 7- In ‘Caltrans aims for a safer state Route 299’ the map was placed backward as a mirror image.

If you have any **corrections** or **comments**,  
please contact our office at (707) 826-3271 or thejack@humboldt.edu

www.TheLumberjack.org



# Kimmel versus Richmond

by N. Hunter Cresswell

Last semester, Humboldt State President Rollin Richmond heard about a clip of Jimmy Kimmel, a late night television talk show host and comedian, making fun of the Humboldt Institute for Interdisciplinary Marijuana Research -- a new institute formed by HSU professors to study the environmental effects of growing marijuana. Shortly after that, Richmond spoke with Frank Whitlatch, the associate vice president for Marketing and Communications at HSU. Whitlatch suggested they invite the comedian to campus. Together, Richmond and Whitlatch drafted a letter; they mailed the letter and invited Kimmel to be the 2013 commencement speaker for graduation this May. Sent on Dec. 17, the university never received a response to its letter and chose to publish the letter in a press release.

Jarad Petroske, a marketing and communications specialist at HSU, enjoyed the tone of the letter sent to Kimmel. "It was not so straight laced," he said.

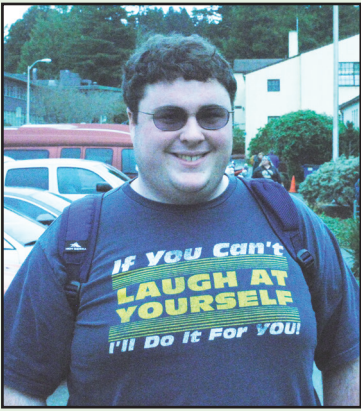
Associated Student President Ellyn Henderson signed the letter. Henderson made a Facebook page earlier this month to show the world the accomplishments of HSU and its students. After a few posts by Henderson about cool things happening with HSU, people started to voice their opinions on the subject; the opinion is split with many for and against Kimmel speaking on campus.

N. Hunter Cresswell may be contacted at thejack@humboldt.edu

## If this was your graduation, would you want Kimmel to be your commencement speaker?



**Meiling Roddam**  
fisheries, graduate student  
"I haven't watched too many of his shows. I'm kinda neutral."



**Matt Terp**  
psychology, junior  
"No, because making fun of our school is disrespectful to me."



**Shane Brown**  
wildlife, senior  
"Yes, I like humour."



Compiled and photographed by N. Hunter Cresswell

Wednesday, Jan. 23, 2013

# Logging company sparks reaction within community

Continued from page 1

yarding does not churn or disturb the soil like tractor yarding does, Ryneerson said.

The timber harvest plan includes harvesting a total of 84 acres in areas surrounding Strawberry Rock. A separate 27.5 acres will be left alone.

Although Green Diamond does not plan on harvesting in 2013, community members are not waiting to voice their opinions against clear cutting. The newly assembled organization Friends of Trinidad Forests met in the Westhaven Fire House on Dec. 15 to discuss the history of the area, possible conservation



Photo provided by Eileen Kitayama

strategies and ways to publicize the issue.

Some community members have taken up tree sitting as a form of protest against clear cutting. Tree-sitters will set up camp on a tree branch using lining to secure themselves from falling. Usually, a team of sitters will alternate between who camps on a branch after a certain amount of time. The idea is to prevent loggers from cutting down the tree or else the tree-sitter goes down with it.

Lillian Boyd may be contacted at thejack@humboldt.edu

GET OUTDOORS!

# Get Out & Ride Snow Sale

**15%** off all 2013 snow board boots and bindings

**Up to 60%** off last years boots, bindings and skis

**20%** Snowboard and ski accessories, winter footwear, snow apparel, goggles and snowboard bags!

Arcata  
7th & G, 822-0321

Eureka  
5th & R, 443-6328

Ukiah  
955 No. State, 468-6474

CHECK IN ON foursquare



# A century of education

Continued from page 1

year will wear decorative green stoles — a decorative cloth that graduates wear over their gowns — that depict the HSU centennial logo. Graduates of the 2013 class will be recognized as the Centennial Class and the 2014 graduates will be the New Century Class.

Events to take place include a Kick off Party which will be at the start of the new school year along with a Centennial Homecoming and Family Weekend in October.

Though University Advancement is in charge of the general coordination of the centennial events, many departments and offices on campus have provided ideas or are working on projects for the centennial celebration.

The Dell'Arte School in Blue Lake and the theater department at HSU are working on an original play about Humboldt life; the art department is working on a new mace for the centennial graduation and the music department is working on a musical composition.

Along with the help of AS Presents, a Centennial speaker series is also in the works, scheduled speakers will be announced at the end of Summer 2013. Deans of different colleges are working on getting speakers that are leaders in their discipline. Whitlatch said there will be between five and six speakers.

Lisette Saldana may be contacted at thejack@humboldt.edu



Humboldt Normal School's temporary quarters in 1914. The building to the right is the Arcata Grammar School. | Photo courtesy of the HSU Library Humboldt Room

# Ice, Ice Baby... Calif. Republicans looking to freeze tuition

by Lashay Wesley

Students have a chance to keep their tuition the same for the next seven years. At least that is what sponsors of a new bill making its way through California are looking to do. The proposal -- Assembly Bill 67 -- will ban tuition hikes for all California public universities and colleges for the next seven years.

The new legislation was introduced just a week after the start of the new year by state Assemblyman Jeff Gorell, R-Camarillo, and state Sen. Anthony Cannella, R-Ceres. Both argue that politicians need to make higher education a top priority and keep tuition at the price it costs now. Gorell and Cannella believe voters made that clear in the November election when they approved Proposition 30.

“As a college instructor, I have seen firsthand how hard it is for so many of my students to afford the dream of a college education,” Gorell said in a press release.

In addition to the new taxes for education provided by Proposition 30, 67 would give voters more guarantees for California higher education. The bill extends Proposition 30 by guaranteeing tuition stays at the same rate for the same

amount of time Proposition 30 is in effect.

“This new revenue needs to go to higher education and make education a top priority,” Sabrina Lockhart, a communications representative from the California State Assembly Republican Caucus, said.

Kathy Lee, a professor in the Humboldt State University Politics Department said it is not likely the Democratic majority will pass a bill from two Republicans.

“It is very interesting, because you have people who really oppose Proposition 30 now proposing that you have this tuition freeze,” Lee said. “It’s probably more symbolic than anything.”

Lee said the proposed bill is a power play to show that Republicans are for higher education and a way to make Democrats look bad if it does not pass.

Republicans may be also trying to get the younger vote. That is what Jesse Hoskins, the California state student representative for HSU said. “California is really starting to realize we are a very valuable resource when it comes to getting votes,” the junior political science major said.

Lee thinks the legislation will not go far, “The idea is

that [Republicans] are going to force them to pass this bill or look bad,” she said.

Lee said the bill looks good on the surface, but if tuition is locked in and and California does not put enough money into higher education there is a chance the quality of higher education will decrease as well.

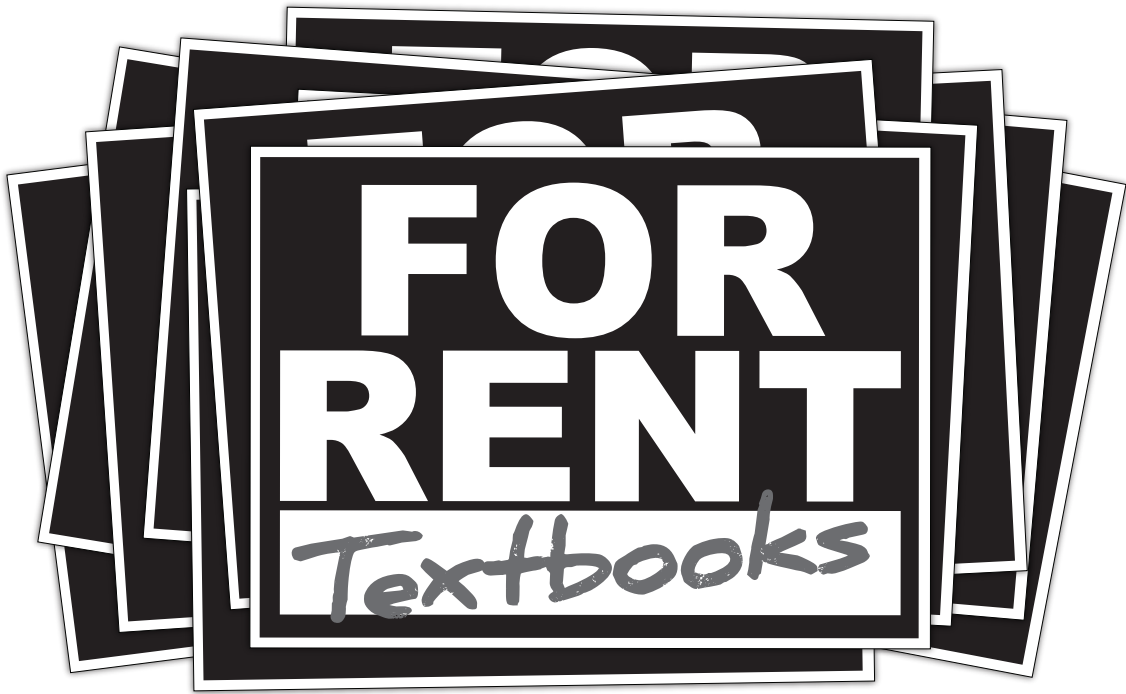
“You’re just going to have the size of the pie frozen. If you have more people that want the slice — you know, more students who are trying to get into college — then you have limited revenue in order to address that,” Lee said.

Das Williams, chair of the California State Assembly on Higher Education, said it is too early for him to take a position on the bill.

“As a chairman of the higher education committee, it would be irresponsible of me to take a position on a bill that will go through my committee before the committee staff has even prepared an analysis,” Williams said.

The bill is expected to be reviewed by a committee sometime in the next couple of months. Only then, if the committee approves it, will it go to a vote.

Lashay Wesley may be contacted at thejack@humboldt.edu



★ **FACT** ★

**SAVE 50%**  
**ON AVERAGE OR MORE**



**\$300 MILLION SAVED & COUNTING\***

\*Savings based on total North American textbook rental savings vs new book price. Individual store savings vary by location. See store for details.

**HSU BOOKSTORE | University Center**  
**WWW.HSU.BKSTR.COM | f /HSUBookstore**







*By Melissa Coleman*

California State  
University Chancellor  
Timothy White will hold  
a student press conference  
on an undetermined date  
during the first week of  
February. The Lumberjack  
will participate and wants  
to hear what you would  
like to know. Submit your

As chancellor, White is the chief executive officer of all 23 CSU campuses. Each campus' president reports directly to him. According to the CSU Chancellor's

White made news in November when he requested to cut his own pay by 10 percent, bringing



"As I join the faculty, staff and students who have experienced cuts, salary freezes, and increased fees, I too must do my part," he wrote to the Board of Trustees in his request. "I hope to send a clear signal to the public at large, elected

— *Melissa Coleman may be contacted  
at [thejack@humboldt.edu](mailto:thejack@humboldt.edu)*

# FRANKLIN'S SERVICE

**OPEN**  
**MONDAY - FRIDAY**  
**8:00am - 5:30pm**




- Smog
- Brake & Lamp Inspections
- Engine, Transmission & Differential Repair
- Tune-ups

- Oil & Filter Service
- Brakes, Suspension & Alignment
- Air Conditioning & Heating
- Computer Diagnostics


**707.822.1975**  
**Call us anytime!**

**1903 HEINDON RD. • ARCATA**  
(Exit Giuntoli-West, Next to Toni's Restaurant)

**mindfulness**



**Find a fresh perspective in our collection of inspirational and spiritual books and items.**

**THE  HOSPICE**

6th & H Streets, Arcata  
826-2545  
Open Mon-Fri 10am-5:30pm,  
Sat. 10am-5pm

**Shop!**

Donations accepted  
Mon-Sat  
Furniture pick-up  
available

**Get Your Grub On!**

**Complete meals starting at \$5.99!**

16 Cheese Steak varieties made with your choice of Steak or Chicken

**PHILLY**

*Cheese Steak*

**SHOPPE**

Vegetarian SOY "Phillies"  
Hoagie Subs, Grinders,  
Salads, Garlic Fries,  
Tastykakes & More!

*Key Ingredients Imported from Philadelphia to Ensure Authenticity*

Open Everyday!  
HSU Discounts  
with ID

**Northtown Arcata**  
Across footbridge -corner of 18<sup>th</sup> & G Streets

**825-7400**


HSU  
C-CARD  
Accepted

**Online ordering coming soon at**  
**[phillycheesesteakshoppe.com](http://phillycheesesteakshoppe.com)**

Like us on facebook!


**If you were appointed as CSU chancellor, what is the first thing you would do?**

“



**Jamielee Larrabee**  
*oceanography, senior*

“Cut my payroll, cut the whole board’s payroll. Just get rid of the whole position.”



**Chelsea Curran**  
*social work, sophomore*

“Lower tuition. Everyone would love me. The chancellor is in charge of everybody. If you have everybody against you, that’s not good.”

**Compiled and photographed by Melissa Coleman**

# MASAKI'S

## Mongolian Grill and Sake Bar

Sides

Small plates

Sake bar

Daily Specials



Experience barbeque like a Mongolian warrior.

707-822-2241      Monday - Saturday      475 I Street, Arcata  
11:30 a.m. - 9:30 p.m.

# The Lumberjack .org



# CCAT classes lose units for credit

## HSU under pressure from budget cuts

by J. Daniel Fernandez

After this semester, Humboldt State will no longer offer classes for units through the Campus Center for Appropriate Technology. Classes such as organic gardening, green building and herbalism — a class for identifying, cultivating and drying herbs, while learning about their applications — are in danger of disappearing.

"We were told [this] semester will be the last time we'll be able to offer 'special topics' classes. We're not sure why they're being canceled, there hasn't been much clear communication," Jake Ferdman said, one of three co-directors of the Campus Center for Appropriate Technology, an Associated Students funded and student run demonstration home where students use alternative technologies to promote sustainable living.

Cindy Moyer, chairperson of the Integrated Curriculum Committee, said the motivation for cutting units are the new financial aid and unit caps imposed by the California State University Board of Trustees. As reported in the Sept. 19, 2012 issue of The Lumberjack, the Board of Trustees reduced the unit cap from 180 to 150 for students receiving state issued

university grant money. This is the equivalent of 10 three-unit classes.

"The question is, 'what should be a class?' People are going to run out of money [or reach unit caps] and they're going to have to decide where they want to spend their resources," Moyer said.

The Integrated Curriculum Committee's Web page explains that it is charged with "the careful consideration and deliberation of all academic planning and curriculum matters." The committee does research and passes the findings on to HSU's University Senate — an elected and appointed group of faculty, staff, administrators and students — who then deliberate on the findings and pass their recommendations on to the administration.

At a Nov. 27 meeting of the committee, Dean of Academic Programs Jená Burges explained a ruling by the CSU Board of Trustees, which decided that no new classes will be added to a department's curriculum. "It's like a budget. There's only so much money to go around," she said. "Later we'll talk about decreases."

The decreases are already being felt by department chairs, such as Ken Fulgham of rangeland resources, who

was forced to downsize his department's curriculum last semester two weeks before the submission deadline for the new HSU class catalog. "This is just not right. That's dictatorial," Fulgham said when informed of his situation during the meeting.

HSU librarian, historian and committee member Joan Berman said, "This is not acceptable. It's making a mockery of [the Integrated Curriculum Committee] process."

One-unit CCAT classes seem to be on the front lines of the CSU Board of Trustees' mandates. But it is not only CCAT classes. Last semester HSU stopped assigning units to club sports like rugby, cycling, and cheer.

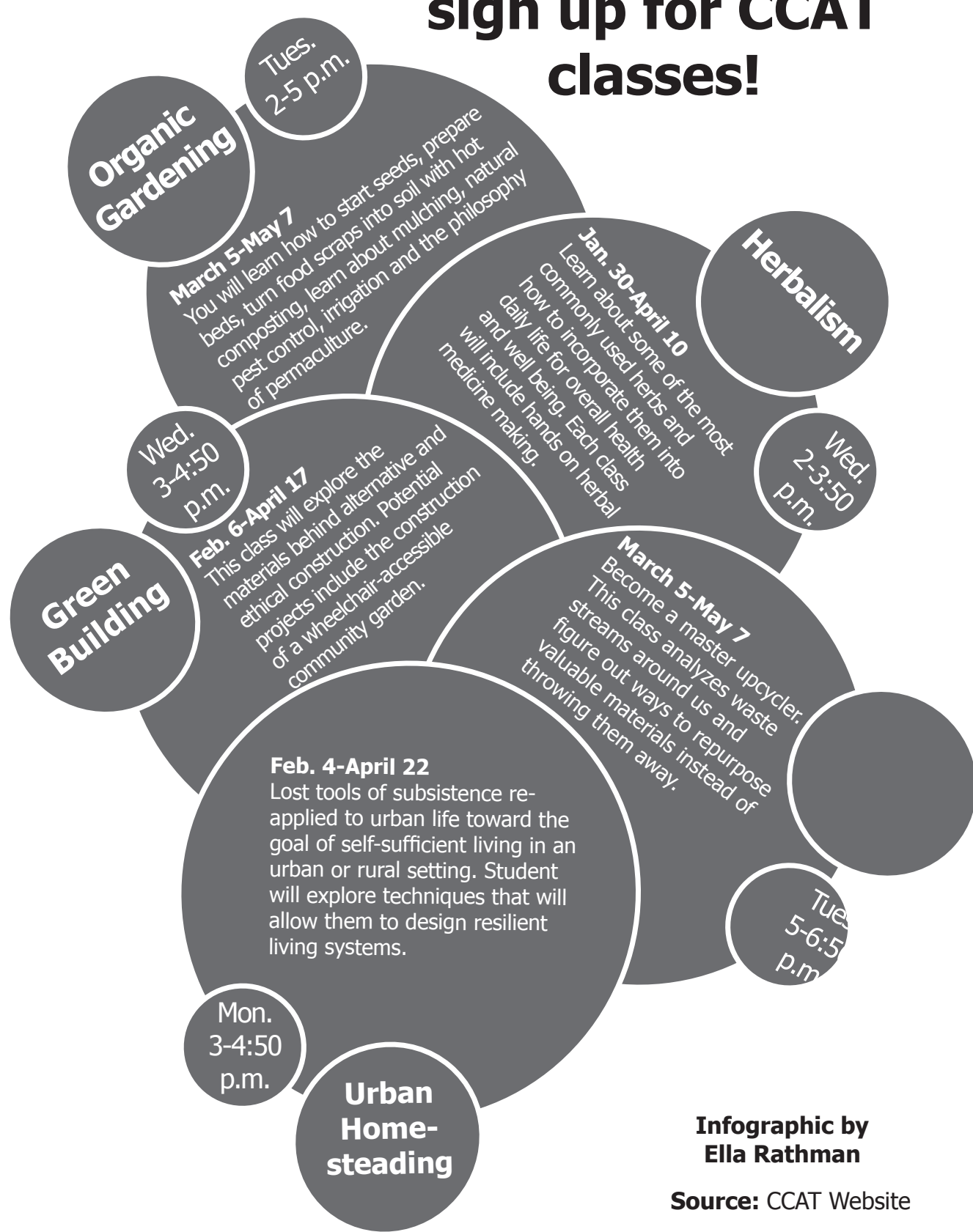
Despite slighted feelings of not being included in unilateral decisions made by administrators, department heads now have to prioritize some classes at the cost of others. Educators that complain about the lack of input in decision making, will now be forced to become the dictators and many classes, like organic gardening, will disappear without student input.

J. Daniel Fernandez may be contacted at thejack@humboldt.edu



Jeremiah Johnston and Adam Danger fill sandbags for a retaining wall | J. Daniel Fernandez

## There's still time to sign up for CCAT classes!



**Wednesday Jan. 23**  
**Sci Fi Night ft. The Green Slime (1968)**  
Doors at 6 p.m. | Free | All Ages

**Thursday Jan. 24**  
**Blood Gnome, Shores Galore, Dr. Foxmeat**  
Doors at 8 p.m. | \$5 | 21+

**Friday Jan. 25**  
**Hot Fuzz (2007)**  
Doors at 7:30 p.m. | \$5 | Rated R

**Sunday Jan. 27**  
**Harry Potter & the Half-Blood Prince (2009)**  
Doors at 5:30 p.m. | \$5 | Rated PG

**Wednesday Jan. 30**  
**Sci Fi Night ft. The Matrix (1999)**  
Doors at 6 p.m. | Free | All ages

**Thursday Jan. 31**  
**Random Acts of Comedy**  
Doors at 7:30 p.m. | \$6 | All ages

**Friday Feb. 1**  
**The Big Lebowski (1998)**  
Doors at 7:30 p.m. | \$5 | Rated R

**Saturday Feb. 2**  
**The Big Lebowski (1998)**  
Doors at 8:30 p.m. | \$5 | Rated R

**Wednesday Feb. 6**  
**ATL presents Jorma Kaukonen with Barry Mitterhoff**  
Doors at 7 p.m. | \$36 | 21+

**This week at Arcata Theater Lounge**

**MAD RIVER BREWING COMPANY**  
707-668-4151  
101 Taylor Way, Blue Lake, CA 95525  
Tasting Room and Beer Garden Open Everyday

**The BIG Chili Cook-Off**  
a benefit for  
**Big Brothers Big Sisters of the North Coast**

**This Saturday, January 26th**  
**2pm - 5pm @ the Mad River**  
**Brewing Tasting Room**

**Live Music:** Dog Bone - Feral Jazz

**\$10** gets you a taster of each chili, a bowl of your favorite chili, salad and cornbread

**VOTE** for your favorite chili!  
People's Choice Awarded at 4pm

**HOPPY HOUR ALL DAY!!**

**Tasting Room Hours**  
**M-F:** 1pm - 9pm **Saturday:** 12pm - 9pm **Sunday:** 12pm - 7pm  
All Ages Welcome



# Which price is right?

*by Rebecca Gallegos*

## Opinion

Wednesday, Jan. 23, 2013

There is nothing worse than spending a ton of money on textbooks and hardly using them – or not using them at all. The Humboldt State campus bookstore can be pretty expensive, but it is not the only option for purchasing textbooks.

The bookstore can be convenient if the book you need is on the shelves. But it can be pricey.

When you buy a book, you have two business days to return it for a refund. After that, the only way to get a refund is by dropping a class and showing the bookstore a drop slip.

Here are some websites that can help you get the books you need, when you need them and at a fraction of the cost.

While sometimes it is not possible to weasel your way out of spending a couple hundred dollars on textbooks, if you shop around you will get some great deals.

Mostly everyone has heard of Amazon, and if you do not need the latest edition of a textbook, you can find older editions pretty cheap. If you buy your book from Amazon itself and not a user

selling the book, at the end of the semester you can trade in your textbook for an Amazon gift card. The amount of the gift card varies from book to book, but one time I got a gift card valued \$5 more than what I paid for my book.

Amazon also lets you rent textbooks. The prices vary depending on the textbook, but the prices are usually reasonable.

If you find Amazon too expensive, try Chegg.

Chegg is a website that rents and sells textbooks. It also has a 21-day return policy. So if you drop a class within the 21 days you will get a refund on the book you bought.

When your rental period is almost up, Chegg will send a shipping label to your email address so you will not pay for shipping.

The amount you pay for shipping varies, but it is usually pretty reasonable. There have been times where I expedited shipping and still paid a decent price for the book.

Bookrenter is a website similar to Chegg. Bookrenter allows students to highlight and take notes in the textbooks. This website offers the same 21-day return policy and offers free

standard shipping.

Collegebookrenter, different from Bookrenter, offers one of the largest book rental inventories available. This website will also buy your textbooks back. You can exchange the book for credit on your account or trade it for cash.

Campusbookrentals offers a 30-day any reason return policy. If you refer a friend to this website, you will receive \$5 off your order. Your friend will also receive a 5 percent discount. This website also lets you highlight and make notes in the books you rent.

Valorebooks is another website that offers a 30-day refund policy and has one of the highest buy-back rates for textbooks.

If you do not want to search these websites individually, go to Textbookrentals. On that website you search for the book you need and the website will compare prices for you.

Searching these websites may take more effort than one stop at the HSU bookstore, but if you shop around, you can save money.

*Rebecca Gallegos may be contacted at thejack@humboldt.edu*

### Math 210 requires:

Calculus: Multivariable by James Stewart

HSU bookstore: rent used \$107.52

Chegg: rent for \$55.49

Bookrenter: rent for \$54.86

### Chemistry 109 requires:

Chemistry by Steven S. Zumdahl

HSU bookstore: rent used for \$125.65

Chegg: \$78.89

Bookrenter: \$41.83

### Art 103 requires:

Art: Brief History by Marilyn Stokstad

HSU bookstore: rent used for \$82.79

Chegg: rent for \$47.99

Bookrenter: rent for \$56.33

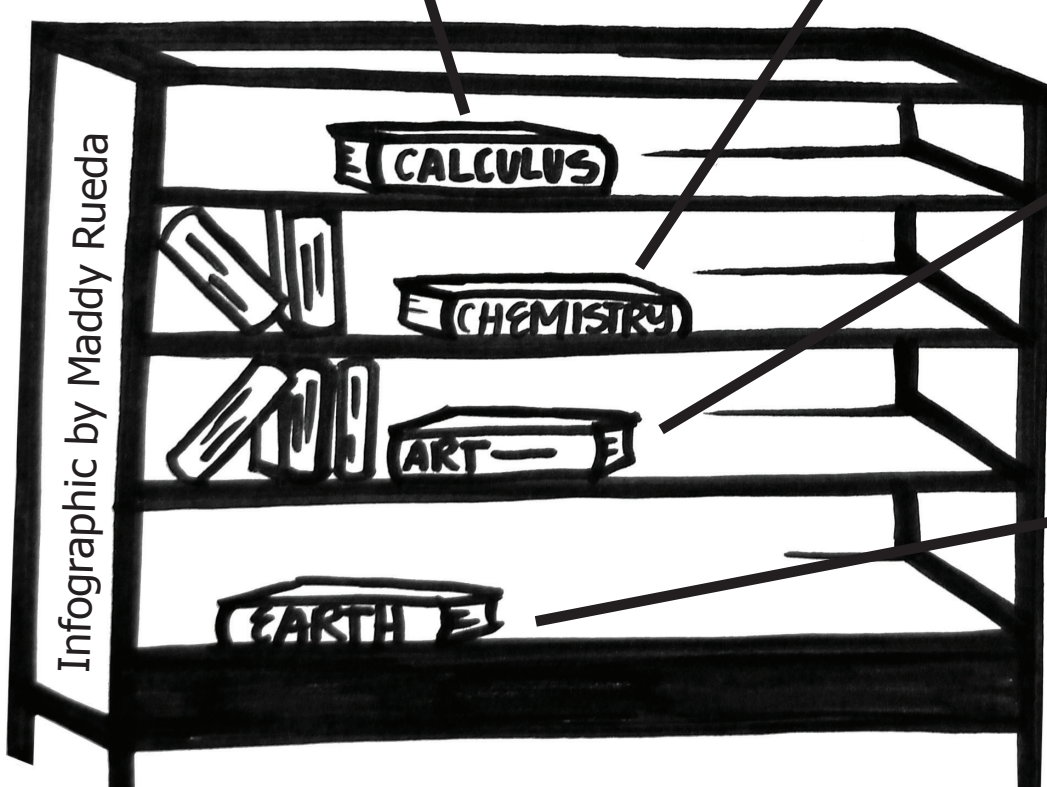
### Geology 109 requires:

Earth: Portrait of a Planet by Stephen Marshak

HSU bookstore : buy new for \$140.00

Campusbookrentals: rent for \$56.68

Bookrenter: \$54.64





# Earn the right to complain

by Helen Hwang

University and community college campuses are a portal for progressive ideas because students bring forth their variety of experiences and perspectives. Humboldt State more often than not gladly shares this characteristic, given the diverse backgrounds and upbringings within the student body, but with a multitude of great ideas and multiple perspectives to share, most of it remains in limbo.

It is one thing to recognize the obstacles a majority of us face, like being able to pay for school or what to do after graduation, but it is another to sit around and contemplate on whether or not one should do something about it. Being on a campus is a resource in itself, to tap into the student body and faculty

in order to bring our ideas into reality.

There are students who do not recognize this, so they continue to complain about the disadvantages they face and not seize the opportunity to change it. Some utilize the option of social networks by posting their complaints on Facebook or Twitter. Although using social networks is one method of communicating issues to a wide audience, it is not the only one to rely on. With the countless number of clubs and organizations partnered with the campus, there should be no reason for someone to not become engaged.

The Roosevelt Institute is a nationwide organization focused on reforming higher education, healthcare and economic policies. With a variety of

student networks on campuses throughout the nation, including HSU, opportunities to propose policy reform is plausible. There are regional directors and teams that cater to help sculpt the desired, precise policy and even connect you to other sources of partnerships that allow the policy to gain attention.

The organization and club on campus is not one that lays out a single goal they wish to reach, but runs on the philosophy of maintaining an open door to all new ideas that improve and innovate from all angles. The environment is set to think freely and find a cause that you deeply support, with the backing of other like-minded individuals who crave positive change.

Sitting in a room with

family, friends or co-workers and talking about such concerns is a first step. But taking the next one, like joining the Roosevelt Institute at HSU, is a way to increase the volume of your voice. Not only does it ameliorate the angst of not being able to act, it presents a compelling feeling of belonging to a community, with members who share and believe in the similar causes you find yourself willing to fight for.

Complaining about outrageous tuition costs, lack of health care, or unequal pay is not enough when you can join the institute, or any other club or organization for that matter to be a part of a movement for change.

Helen Hwang may be contacted at thejack@humboldt.edu

## The Lumberjack Submission Policy

Send submissions to Opinion Editor Rebecca Gallegos at rmg83@humboldt.edu

Include "Attn: Opinion" in the subject line for email submissions.

Guest columns may not exceed 750 words.

New contributors may be given preference over returning contributors.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations.

HSU students: please provide major and class standing.

We also welcome cartoons, spoof articles and other items.

Send letters to the editor to thejack@humboldt.edu

Include "Attn: Letter" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

All submissions must be received by 4 p.m. the Friday preceding publication.

All letters and columns may be edited for grammar, spelling, and clarity.

We reserve the right to edit pieces that contain libel, slander, hate or discriminatory speech and pieces that may incite violence.

# Going ape for animals

by Jack Nounnan

Some of us are just learning about the unbelievable practice of cosmetic firms who test their products on precious creatures resulting in untold misery, suffering and death for thousands.

We are told each cosmetic product requires 2,000 to 3,000 tests on animals. To begin to compute such figures is staggering. What of our so - called watchdog agencies we hire to see that such practices that have persisted through generations never begin?

We are brought up to understand that this

government condones such practices as simply normal procedures. For example, the military has its own record of using animals for target practice and/or medical tests. The latest practices, we are told, involve the legs of live goats being cut off for research for better medicine.

The first question raised is why such practices go on at least by those who are aware. Or could it be that there is a far deeper malady that too many people are no longer able to find their own values, having been conditioned by this system to simply carry out its orders? Anything

which gets in the way of our habits, our luxuries or our consumptions, is not a matter of deep questioning.

But it is called domestic terrorism, by environmental/Earth and human rights activists who have their hands full attempting to begin campaigns of educating awareness for each and every issue. Each issue needs to reach enough mass public numbers for people to rise up and stop such atrocities! What will it take to urge Americans to see the dilemmas they enable, which allow such strange nightmares to go on? Such is the situation of a culture that has

slipped far beyond any credibility or integrity: respect and compassion so necessary for having Earth- life go on!

Too many humans will not consider it in these terms. Such terms begin the process of self disillusioning and makes for questioning the whole system's conditioning process, from our origins on through years of system schooling as OK'd by this same government. It does not leave much room for self search to find our own truth.

Jack Nounnan may be contacted at thejack@humboldt.edu

### Mission Statement

The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty, and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

This is your newspaper. Be a part of it.

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students, or Humboldt State University.



# EDITORIAL

Since 1913, Humboldt State has been an institution that fosters learning and original thought. Founded as Humboldt State Normal School, it offered credential programs to teach kindergarten through 12th grade. The school had 78 students and five faculty members.

As HSU nears its centennial, some accomplishments stand out.

U.S. News & World Report ranked HSU 12th last September among public regional universities in the west.

HSU is known for its science programs and has an oceanographic research institute with a fully equipped marine lab and oceanic vessel for undergraduate research.

One of HSU's 20 research facilities, is the Schatz Energy Research Center. It specializes in energy efficiency, hydrogen energy systems and renewable energy.

In 2008, SERC opened a Hydrogen fueling station that powered a hydrogen-fueled Toyota Prius. The fueling station has since been updated and the Toyota Prius can now be fueled to travel up to 400 miles, connecting it to hydrogen fueling systems in the Bay Area.

HSU has more than 180 clubs spanning from an American Fisheries Society to an Archery club.

In 2012, HSU launched the Humboldt Institute for Interdisciplinary Marijuana Research. It takes no stance on legalization or decriminalization but serves to study marijuana, to conduct research and analysis on marijuana and the environmental effects of growing the plant.

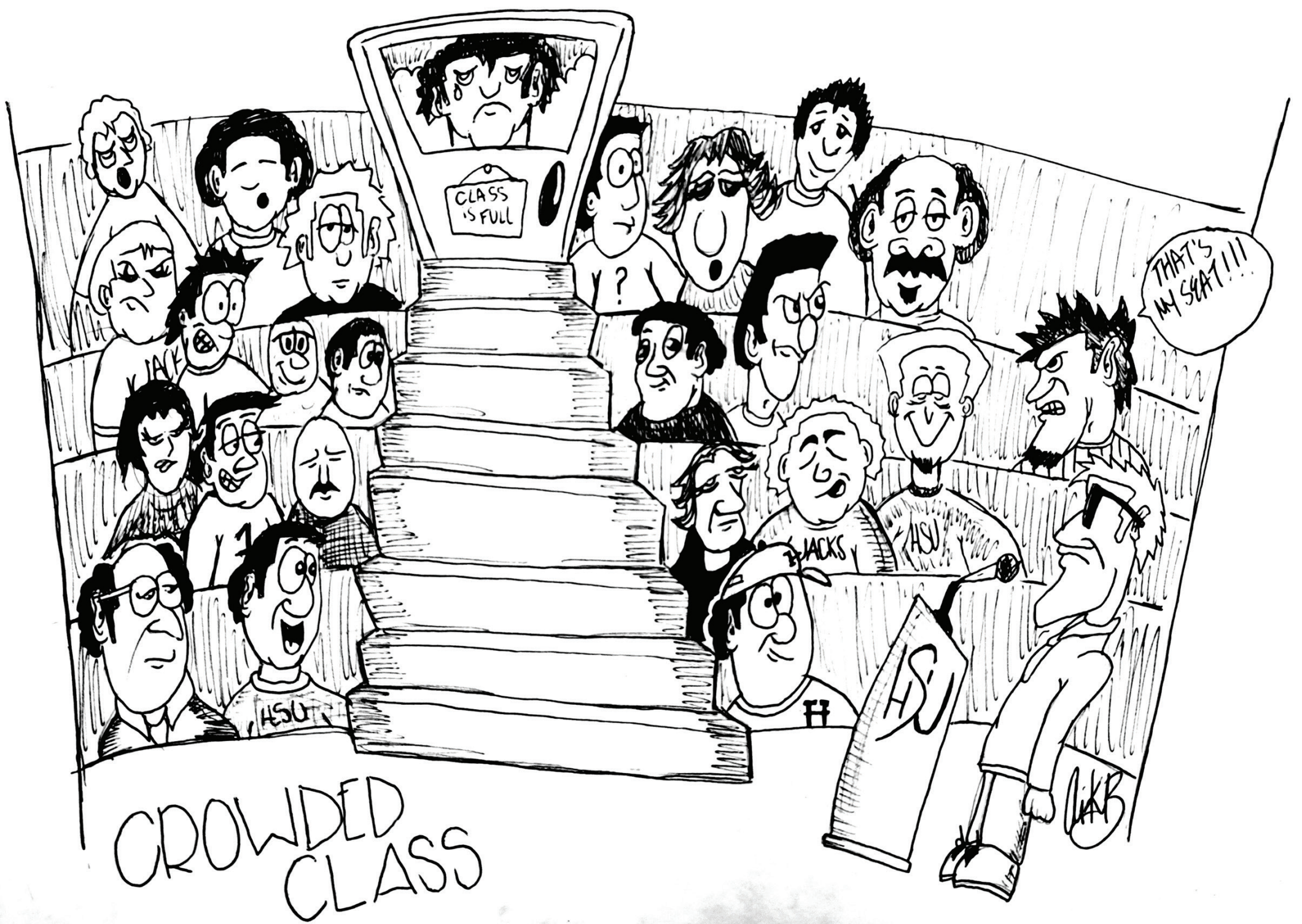
As HSU looks toward the next 100 years, what will it accomplish?

The launch of the HIIRM sets the groundwork for more understanding and discoveries about marijuana.

Perhaps HIIRM will lead to the de-stigmatization of marijuana. HSU could catch less flack about being full of stoners and avoid any future Jimmy Kimmels from poking fun at HSU.

With 20 research facilities, it is likely that HSU could discover new innovations in renewable energy and eco-friendly technology.

With a student body of 8,000 students and a record number of more than 10,000 applicants for fall 2013 HSU is equipped to build a better future.



**Illustration by Aizik Brown**



# Where’s Rollin?

It is hard enough to find Humboldt State President Rollin Richmond in real life ... but can you find him in The Lumberjack?

Cartoon Rollin is hidden somewhere in the paper. If you find him, email the answer to thejack@humboldt.edu with the subject “ATTN:Where’s Rollin?”

Winners will be picked by a lottery system and announced along with the prize in next week’s edition.

Last Issue’s Winner: **DEBRA HERRIOTT**  
You won a \$5 gift certificate to Arcata Scoop. We ask that you pick up your prize in our office, located in Gist Hall 227.

# Where is this?

The following photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject “ATTN: Where is this?”

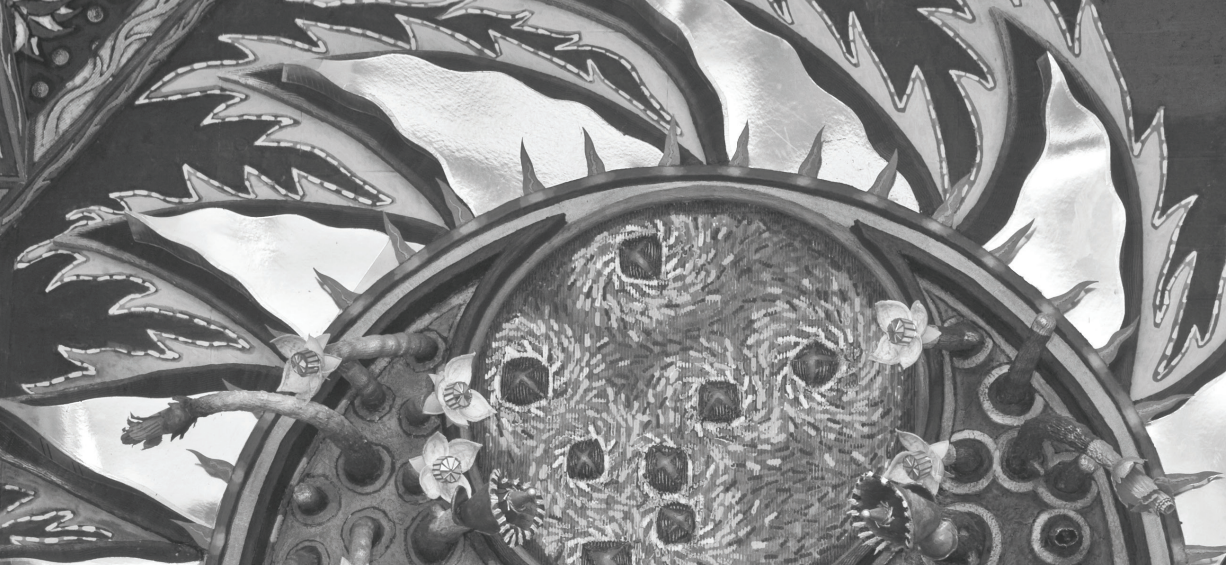


Photo by Preston Dake-Hillyard

## Weekly Sudoku

Difficulty: easy

		5		3		8		
			7		1			
6		3				9		5
	7		9		4		5	
9								7
	4		5		2		6	
5		4				2		6
			3		6			
		2		1		7		

## HUMBOLDTJUMBOLDT

by Melissa Coleman

Rearrange the letters to form a word. Set aside the double underlined letters on the line below. Rearrange those letters when all words are solved to find this week’s answer! Plurals allowed, no proper nouns though final answer may be a proper noun. See solutions at thelumberjack.org

LVATE

STAIV

CUENO

SEBOO

RSUAA

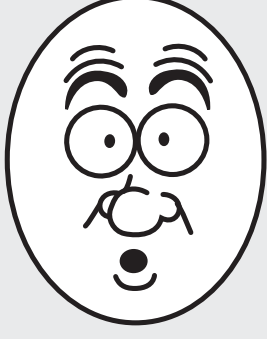
==

==

==

==

==



,

??!

ANSWERS TO LAST ISSUE’S PUZZLE: PUREE, KEBAB, WHELP, SNAFU, NICHE

FINAL ANSWER: Are you ready for FINALS WEEK?

### BOOKS

TIN CAN MAILMAN BUYS BOOKS, including TEXT-BOOKS for cash or trade credit. Huge selection, open daily. Corner of 10th & H Arcata .Buyer on duty 11-4 Mon-Fri

### RENTALS

ARCATA 3BD/2BA HOUSE Close to HSU. Garage, W/D, patio and big back yard. \$1450. month/ dep. required. Available now. No smoking/pets/ growing. 707 499-7942

*Falafel*

*Handmade pita*

*Brighten a gray day with Mediterranean Cuisine*


*Salads*

*Seasoned fries*

Wednesday - Friday 11:30 a.m. - 2 p.m.

1251 9th Street, Arcata Near the Arcata Playhouse

Text or phone your order to: 707-326-9803 | www.naturesserving.com



**NATURE'S SERVING**  
WORLD FOOD, FAST!

**Use this \$1 OFF Coupon**  
on any sandwich or platter order

## Wildwood Musto

www.wildwood.ws

Instruments  
Electronics  
Recording Gear  
Strings, Books  
Percussion  
PA, Amps,  
Expert Advice

Welcome Back Students!


1027 I St. Arcata, CA 822-6264 M-F 10:30-5:30 Sun 12-4

*Jason T. Stuan, D.D.S.*

Preventive and Restorative Care

20% Student Discount  
for Initial Exam and X-rays

950 I St. Arcata 822-0525



### Sonia R. Bautista, DMD Inc.

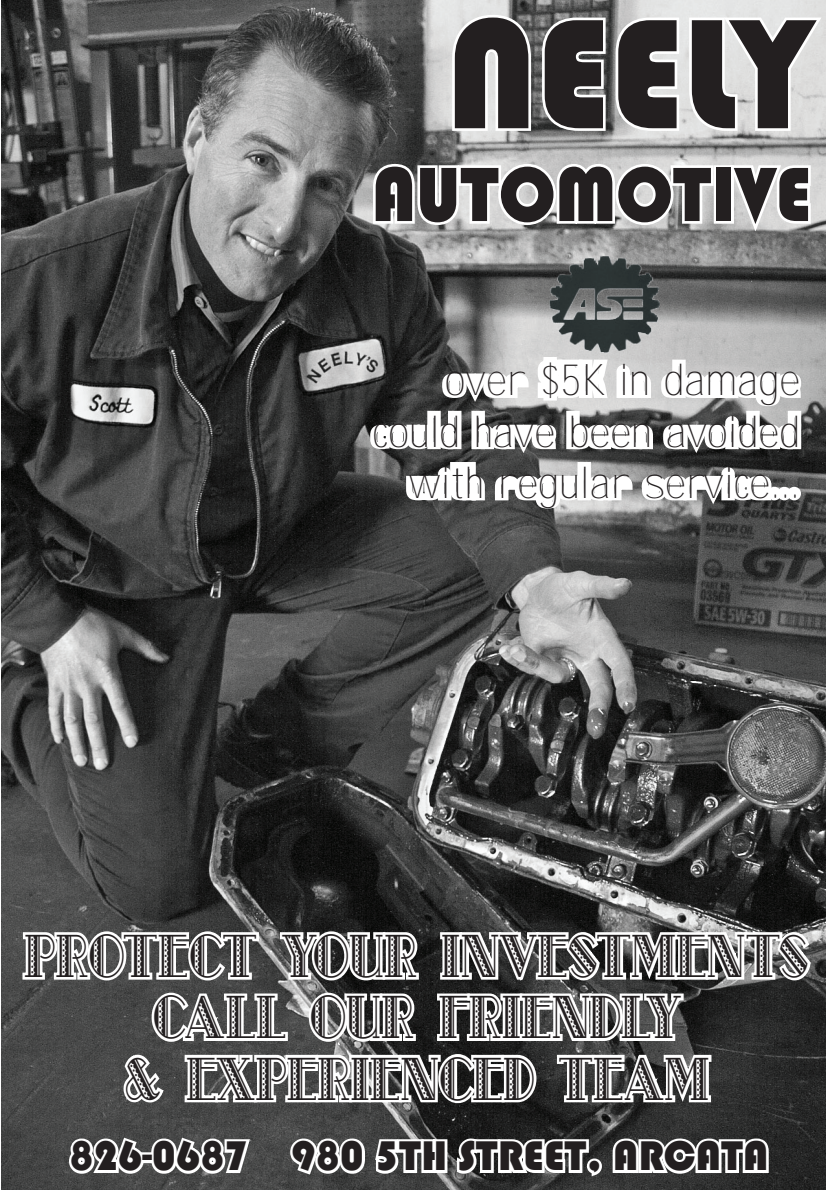
#### Dental Offices

Cosmetic Bonding  
Extractions  
Root Canal Treatment  
Ultrasonic Cleaning  
Mercury Free Fillings  
No Metal Crowns (Ceramic)  
Oral Conscious Sedation  
Emergency Care

Arcata Dental Office  
801 Crescent Way Suite #1  
822-5105

Eureka Dental Office  
615 Harris Street  
443-5105

New Patients Welcome  
We Accept Most Insurance Plans



## NEELY AUTOMOTIVE

ASE

over \$5K in damage could have been avoided with regular service...

PROTECT YOUR INVESTMENTS  
CALL OUR FRIENDLY & EXPERIENCED TEAM

826-0687 980 5TH STREET, ARCATA

www.TheLumberjack.org



# Weekly Events



**Friday, Jan. 25**

“The Mobilization of Bias: Exploring the Institutional Dynamics of the Same-Sex Marriage Debates in America,” presented by Joseph Mello, politics faculty candidate.  
**1 p.m.**  
**Founders Hall, 111**

**Tuesday, Jan. 29**

“Data Shadows of the Underground Economy,” presented by Monica Stephens, geography department. Installment of the Humboldt Interdisciplinary Institute for Marijuana Research speaker series.  
**5:30-7 p.m.**  
**BSS, 162**

**Saturday, Feb. 2**

Pianist Winston Choi performs selections from Bach’s “The Art of the Fugue?”  
**5:30-7 p.m.**  
**BSS, 162**

**Monday, Jan. 28**

**Associated Students grant writing workshop**  
Learn to write an AS event grant before the Feb. 1 deadline.  
**11 a.m.-2 p.m.**  
**Nelson Hall East, 120 Career Center**

**Wednesday, Jan. 30**

**MBA Info Session**  
Info session about Humboldt State’s new one-year MBA program.  
**Noon-2 p.m.**  
**University Center Banquet Room**

**Thursday, Jan. 31**

“The Joy of Mathematics,” math colloquium presented by Dr. Kemble Yates of Southern Oregon University  
**4-5 p.m.**  
**BSS, 166**

## Campus

**Saturday, Jan. 26**

**Trinidad State Beach English Ivy Removal Day**  
**9 a.m.-noon**  
Meet at the Trinidad State Beach parking lot in Trinidad

**Monday, Jan. 28**

**Nicotine Addiction Recovery Meetings**  
**7-8 p.m.**  
**American Cancer Society Conference Room, 2942 F Street, Eureka**

**Saturday, Feb. 2**

**Arcata Winter Farmers Market**  
**10 a.m.-2 p.m.**  
**Arcata Plaza**

## Community

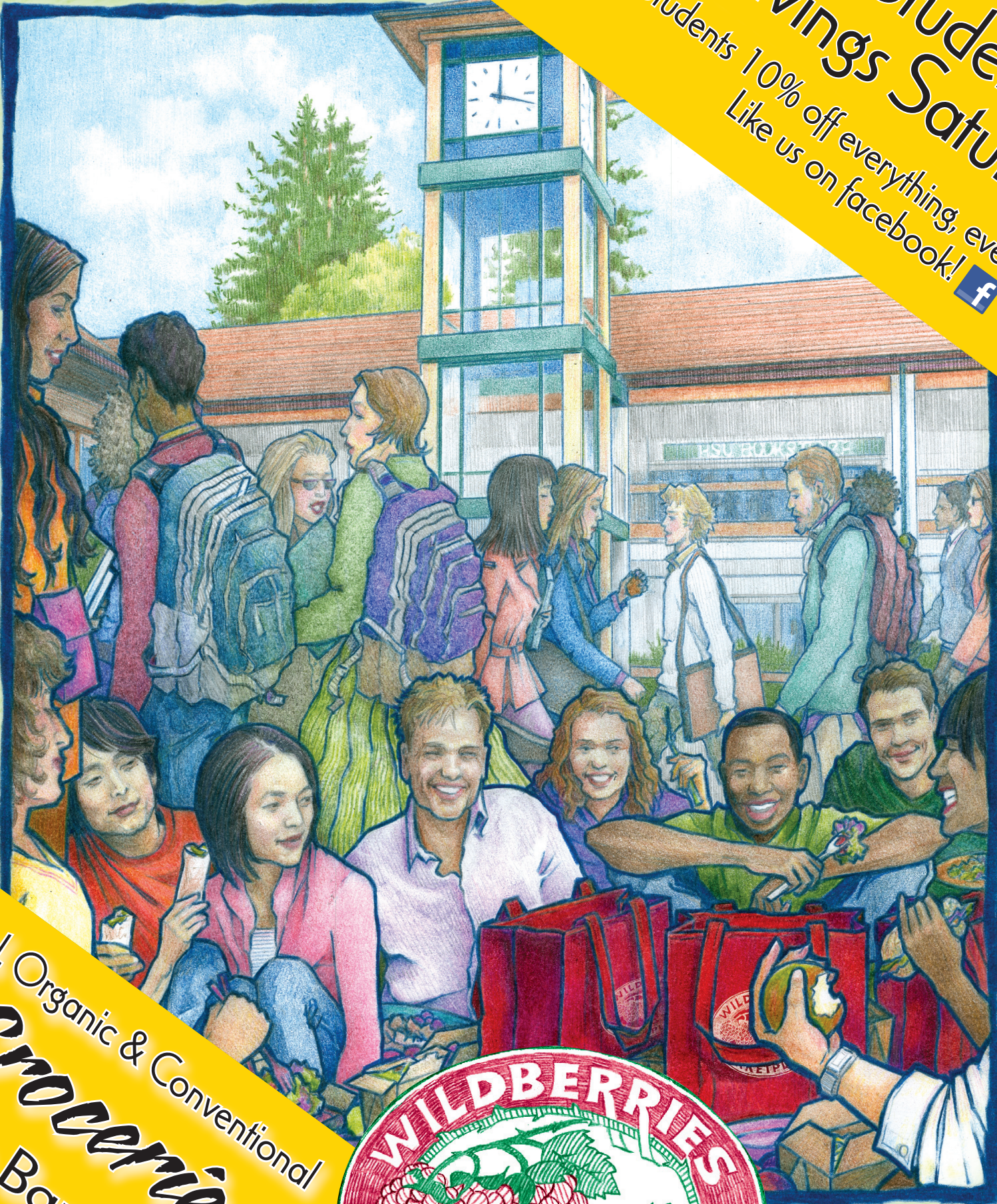
**Saturday, Jan. 26**

**Second Annual Tree Planting at Salmon Creek**  
Volunteer at the Humboldt Bay National Wildlife Refuge.  
**10 a.m.-2p.m.**  
**1020 Ranch Road, Loleta refreshments provided**

**Monday, Feb. 4**


**Blondie’s Quiz Night**  
Every Monday  
**7-10p.m.**  
**Blondie’s Food and Drink**

THE STUDENTS' STORE · THE STUDENTS' STORE · THE STUDENTS' STORE · THE STUDENTS' STORE · THE STUDENTS' STORE



Student Savings Saturdays

HSU Students 10% off everything, every Saturday!!!

Like us on facebook! 

Wildberries Marketplace

Natural, Organic & Conventional Groceries Juice Bar & Café!

OPEN TIL' MIDNIGHT!

TOP OF THE HILL G ST. • ARCATA

www.wildberries.com

ATM, VISA, MC, AMEX, DISCOVER

THE STUDENTS' STORE · THE STUDENTS' STORE · THE STUDENTS' STORE · THE STUDENTS' STORE · THE STUDENTS' STORE

www.TheLumberjack.org



# Student advocates for change

by Marie F. Estrada

Imagine a world where a college application could reveal your family’s biggest secret: no citizenship.

You could file paperwork stating that you would become a citizen, but your family would still be in danger. Few loan and scholarship options would be accessible, while staff and faculty would know little of your troubles.

Humboldt State senior Jennifer Alejo knows this world, and she intends to change it. The double major in political science and international studies formed Finding Resources and Empowerment through Education – an HSU club that encourages low-income and undocumented students to come to HSU and leave with a diploma.

“Our campus is not very open,” Alejo said. “We like to say [we’re] open-minded but I don’t think we are when it comes to these issues.”

The club wants HSU to create more resources for low-income students and students who qualify under Assembly Bill 540. Their overall goal is to make HSU an institution that is AB 540 friendly and aware.

Last semester Alejo attended a diversity conference on AB 540 students hosted by CSU Fullerton. At the forum, Alejo found out that some CSUs are more AB 540 friendly than HSU.

At CSU Fullerton for example, the campus has someone students can talk to when filling out and filing AB 540 documents.

## What is AB 540?

- Signed into law by Gov. Gray Davis on Oct. 12, 2001, Assembly Bill 540 permits students who are not residents of California to pay in-state tuition if they attended a California high school for more than three years and received their diploma or GED certificate.
- All AB 540 students are undocumented — they do not have citizenship — but not all undocumented students are qualified to participate in AB 540.
- AB 540 helps undocumented students attend a California university as a “resident” of the state. Otherwise, the student would pay the non-resident tuition.

At the forum Alejo also met Miguel Zavala, an assistant professor in the department of secondary education at CSU Fullerton.

Zavala, who is passionate about Chicano studies, said the common misconception is that undocumented students are taken care of — when in reality they face immense tuition and housing costs that they do not have the resources for.

Though they may be eligible for private loans, Zavala said there is no way to prompt private organizations to give loans to AB 540 students.

“Common requirements [for private loans] are citizenship or a social security number,” he said. “If they don’t have those then they’re running into walls with no advice.”

Though Zavala knew little about HSU before he met Alejo, he did know that the school was not well prepared for its AB 540 students.

“Five to six years ago HSU was late in having a person for AB 540 law,” he said. “That person would be who students [and others] go-to for more information and for help with forms.”

Today, there is still no AB 540 specialist.

Last semester Alejo submitted a proposal for the Institute for Student

**Infographic by**  
**Ryan Nakano,**  
**Marie F. Estrada**  
**and**  
**Ella Rathman**



**F.R.E.E.**

**Time:** Every Monday  
8 p.m.

**Location:** Breno  
House #93 (ITEPP  
House) Right next to  
the Y.E.S. House

**Club Email:**  
free@humboldt.edu

**\* Information courtesy**  
**of AB540.com and**  
**Miguel Zavala of CSU**  
**Fullerton.**

Success — a one-day event attended by HSU staff and faculty.

Melissa Meiris, assistant director of the Office of Diversity and Inclusion at HSU, was impressed with Alejo’s decision.

“It’s unusual to have a student submit a proposal but the committee felt that supporting undocumented

See “Undocumented” on page 16

Wednesday, Jan. 23, 2013

# HSU cleans up carbon footprint

by Jessica Snow

Humboldt State recently implemented a variety of new programs aimed at increasing the sustainability of the university.

The two newest programs are the Green Room Certification and the Sustainability Tracking And Rating System, according to a university press release from earlier this month.

The Green Room

Certification is a program where students living on campus are encouraged to fill out a checklist online about their sustainability practices. If they score at least 20 points, they receive a certificate to post on their door.

The checklist lists different ways that students can decrease their energy usage, including using florescent light bulbs, unplugging electronic devices when not in use, turning down the thermostat and taking reusable

bags to the store.

Jeremy Davis, the assistant director of Housing, said students have already taken an interest in it.

“The program was launched this past fall semester and over 50 people have completed

the assessment,” Davis said.

STARS is a program in which staff and faculty members report their findings about campus sustainability, and at the end of the year a report is compiled and HSU receives a sustainability rating.

Morgan King, HSU’s sustainability and waste coordinator, also

Graphic by Maddy Rueda

## Applying to grad school? Worried about taking the GRE? REGISTER NOW: Graduate Record Exam (GRE) PREPARATION CLASS

Admission to graduate school is more competitive than ever. A good score on the GRE is important. In this GRE preparation course, you’ll learn to attack all types of GRE questions – including algebra, analytical writing and more. You will take practice tests in class, and after the course ends, you’ll have a year of online access so you may continue practicing from home. Cost includes text, practice tests and more.

Full 4-week Session at HSU: ..... **Sat., Feb. 9-March 2** ..... 9 a.m.-5 p.m., \$395  
Math only: ..... **Sat., Feb. 9 & 23** ..... 9 a.m.-5 p.m., \$250  
Verbal only: ..... **Sat., Feb. 16 & March 2** ..... 9 a.m.-5 p.m., \$250

Call HSU Distance & Extended Education for more info and to register:

**707-826-3731** or visit

**www.humboldt.edu/extended/gre** • VISA/MC/Discover accepted

**HUMBOLDT STATE UNIVERSITY**



**ARCATA**  
pizza & deli

1057 H STREET  
ARCATA  
(707) 822-4650  
HOURS-  
MON. THRU THURS. 11AM-MIDNIGHT  
FRI. AND SAT. 11AM-1AM  
SUN. 11AM-11PM

BURGER 3.75 W/CHZ 4.25  
DOUBLE 5.50 W/CHZ 6.50  
TRIPLE 7.25 W/CHZ 8.75  
QUAD 9.00 W/CHZ 11.00  
SINGLE GARDEN 5.50 W/CHZ 6.00  
DOUBLE GARDEN 8.00 W/CHZ 9.00  
ADD MINI FRIES ONLY 1.75

1057 H STREET  
707 822-4650  
OPEN LATE!



HUNAN ~ CANTON ~ PEKING  
SZECHUAN ~ MANDARIN ~ DIM-SUM

We have the largest  
**VEGETARIAN MENU**  
in town!

Daily  
Special Combination  
Lunch Plates

*Fine Chinese Cuisine on  
the Plaza.....*

*761 8th Street  
On the Arcata Plaza  
( next to the Jacoby Store House)*

**822-6105**  
Call for take out orders  
or reservations

**Open Tuesday - Sunday  
Closed on Mondays**

**HUNAN**  
  
**PLAZA**  
**RESTAURANT**



**HSU  
NEWMAN CENTER  
CATHOLIC CLUB**

**Eucharist  
Eucaristía**

**Education  
Educación****Prayer  
Oración**

**Service  
Servicio**

**Join Us For:**

- **Friday Dinners and Mass 5:30PM 700 Union St.**
- **Sunday Catholic Mass at 5:30PM 151 E. 16th St.**  
(the Lutheran Church of Arcata)

 Find us on  
Facebook



**Contact Us:**

- **(707) 822-6057**
- **WWW.HSUNEWMANCENTER.COM**

**Need Housing? We've got it!**



**KIC I kramer investment corp.**  
**707-444-2919**  
**www.kkramer.com**

# The not-so-sexy look at Sex

by Ryan Nakano  
and  
Ella Rathman

King Henry VIII, Magic Johnson, Freddie Mercury — they all created legacies; they all contracted sexually transmitted infections. If you think you are immune, you should think again.

If these three individuals had the opportunity to educate themselves in safe sex like we have today, they might have avoided the discomfort and stress involved with carrying a sexually transmitted infection.

However, despite present-day knowledge and advancements, STIs, commonly referred to as STDs, continue to be a problem.

A recent article from CBS news revealed new cases of antibiotic-resistant gonorrhea reported in the Journal of the American Medical Association on Jan. 7. Nine out of 133 patients recently treated for gonorrhea in Toronto were unresponsive to the normal dose of the commonly used oral antibiotic cephalosporin.

With more and more cases of antibiotic resistant STDs discovered, it is imperative for sexually active individuals to take every precaution necessary to stay safe.

In a 2010-2011 survey, the Center of Disease Control, or CDC, estimated that there are 19 million newly reported STDs per year in the United States. People aged 15 to 25 make up half of those reports even though young adults only represent 25 percent of the U.S.'s "sexually active" population. Young adults, particularly women, held the highest rates of chlamydia and gonorrhea infections in Humboldt County, according to a 2011 California Department of Public Health data summary.

A 2007 San Francisco Chronicle article states that in the past decade the Bush administration gave over one billion federal dollars to state-run abstinence-only programs. Although abstinence is the most effective way to avoid catching an STD, the CDC believes a solely abstinence-based program is ineffective in lowering the transmission rate of the diseases.

Out of the schools that do choose to teach methods of safe sex other than abstinence, over 100 sex education programs in California recently lost funding. This includes a local program called Teen-Adult Partnership for Enhancing Strategies Toward Responsible Youth, or TAPESTRY, the Times-Standard reported.

Amy Bruce, Six Rivers Planned Parenthood director of education, said that schools with puberty education programs face challenges. "Schools are under cuts, which means less hours for nurses to teach puberty education, which is where it starts," she said.

Six Rivers Planned Parenthood's peer education programs luckily missed out on cuts.

The Humboldt State campus hosts Six Rivers Planned Parenthood three times a week. This allows college students to benefit from safe sex programs and services as well. "Outreach on campus provides one-on-one education with students," Bruce said.

Many other local programs exist to help in the areas of sex and safety including the Humboldt Open Door Clinic in Arcata and McKinleyville and the Eureka Community Health Center. Be smart, educate yourself.

————— *Ryan Nakano and Ella Rathman may be contacted at thejack@humboldt.edu*

**SOURCE:** Six Rivers Planned Parenthood, HSU Health Center, Center for Disease Control

Layout and graphic by Ella Rathman

**THIS SATURDAY!**

**Slightly Stoopid**  
**Winter Tour**  
**2013**

**PLUS**

**KARL DENSON MARLON ASHER LOS RAKAS**

**JANUARY 26TH**

**MATEEL COMMUNITY CENTER**  
**59 RUSK LN REDWAY CA 95560**

**Rebelution**  
**WINTER GREENS**  
**TOUR 2013**

**WITH SPECIAL GUESTS**  
**J BOOG AND HOT RAIN**

**THURSDAY MARCH 21ST**

**MATEEL COMMUNITY CENTER**  
**59 RUSK LN REDWAY CA 95560**

TICKETS ON SALE @ [WWW.EVENTBRITE.COM](http://WWW.EVENTBRITE.COM)  
ALSO AVAILABLE AT PEOPLES RECORDS, ARCATA

[www.TheLumberjack.org](http://www.TheLumberjack.org)



## YES:

The Lumberjack has provided information to help you make the right sexual choices.

## NO:

- If you are not sexually active, then you most likely are not in danger of contracting an STI unless you have been exposed to hypodermic needles.
- BUT, just because you are a virgin does not mean you are not sexually active. If you practice oral or anal sex you are can still get infected.

## To use a condom or to not?

- When you use a condom you can lose sensation, but this does not outweigh the risk factors involved in not using a condom.
- Is the pleasure of not using a condom really worth the stress and discomfort of contracting an STI?
- "In the U.S. if a guy carries condoms around with him, he's seen as trying to get some! But in Europe, he's seen as caring and prepared."  
- Jermaine Brubaker, Six Rivers Planned Parenthood medical outreach coordinator

## Get tested

- Less than half of people who should be screened receive recommended STD screening services.
- Many STIs can be asystematic, meaning the symptoms aren't detectable.
- So, when it comes down to it, if you're sexually active you should get tested every so often.
- BUT, remember that in order for tests to be most effective it needs to be at least two weeks since your last possible exposure.

## Get treated

- "If you are affected by one STI you are statistically more susceptible to contract another."  
- Amy Bruce, Six Rivers Planned Parenthood director of education
- Each year, untreated gonorrhea and chlamydia cause at least 24,000 women in the U.S. to become infertile. Untreated syphilis can lead to serious long-term complications, including brain, cardiovascular, and organ damage.
- BUT, be careful: The most common occurrence of the antibiotic not working is when the patient does not stay abstinent for about two weeks after the antibiotic was given, however the abstinence period varies depending on the STI.

## Where to get help on campus

### Six Rivers Planned Parenthood

at HSU Health Center  
Monday and Wednesday  
**1 - 4 p.m.**

at the "J" Mezzanine  
Thursday  
**5 - 7 p.m.**



## Fiesta Grill & Cantina

3525 Janes Rd Phone: 822-4600 Bar: 822-1413  
M, T, W: 11-9 Th, F, S: 11-10

The **Fiesta Grill & Cantina** is open for lunch and dinner and has its "family" of staff offering excellent service and great food.

**WELCOME BACK STUDENTS!**

**We have over 200 tequilas, from silver to añejo.**

Choose from one of our 14 beers on tap:

- Mad River Pale Ale
- Boont Amber
- Fat Tire
- Sierra Nevada
- Pacifico
- Modelo Especial
- Negra Modelo
- Dos Equis Amber
- Steelhead Extra Pale Ale
- Organic Eel River Porter
- Organic Eel River IPA
- Torpedo IPA
- Lagunitas IPA
- Great White

Check out our sports bar with TVs and Dish Network.  
Also available for special occasions.

**Thank you students and community for supporting us!**  
Students get 10% off with I.D.

Mateel Community Center Presents The Annual

# Black & Red Ball

Featuring:

## Karlensons tiny universe

**Mateel Community Center**  
Redway, CA

## Sat. Feb 2, 2013

Doors & dinner 7pm / Music 8pm

Tickets at the usual outlets & online at [mateel.org](http://mateel.org)  
**27 adv./ 30 door (\$2 off for members)**

**Dress in your finest & funkiest black & red!**

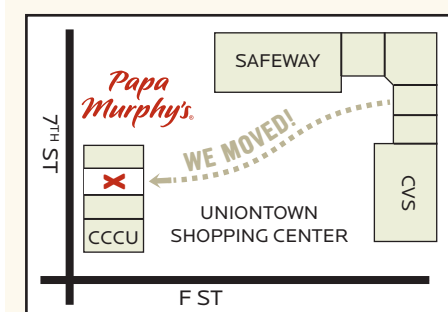
For more info visit [www.mateel.org](http://www.mateel.org) or call 707 925-3368

Students get a whole lot of pizza  
**FOR JUST A LITTLE DOUGH.**



## 15% STUDENT DISCOUNT:

Use it with specials and coupon offers!



**ARCATA**  
Across from CVS  
**822-6220**

**EUREKA**  
**443-9977**

**MCKINLEYVILLE**  
**839-8763**

**Papa Murphy's**  
TAKE'N'BAKE PIZZA

**Support your favorite non-profit by eating pizza**

(this is for real).



Ask about  
**Papa Murphy's Peel-a-Deal Fundraiser**

OVER \$30 VALUE for just \$5

Example only. Actual offers may vary.



# Lecturer Thomas Bruner dies at 42

## A teacher, a traveler, an inspiration

by Isak Brayfindley

Thomas Leland Bruner, a long-term lecturer in the Humboldt State University Economics Department, died Dec. 24, 2012 at Stanford University Medical Center from heart failure; his mother was with him. He was 42 years old.

He taught Economics 104 — Contemporary Topics in Economics — for eight years and inspired students with his knowledge and his relatability.

Daeng Khoupradit, an HSU alumna, remembers being enrolled in one of Bruner’s first classes. “[He] stood out — he was engaging ... he gave the classroom examples of real world experiences,” she said.

“He reminded me of what a good teacher is,” Khoupradit said. “A lot of students felt comfortable going to him for help.”

Jan Mueller worked with Bruner in the economics department. “He loved teaching that class,” she said. “He was so passionate about what he did ... he has been a big factor for bringing in students.”

His sister, Anne Nash, agreed that he was driven to teach. “[He felt] economics affected every facet of life and he felt that it was important for everyone to at least understand it,” she said. “Economics wasn’t just a class to him ... it was everything.”

“He can be charming and stubborn,” Nash said.

In kindergarten he once packed his own lunch and put beer in his thermos. No one knew until he spilled it on the police chief’s daughter.

“The rules were just guidelines for him,” Nash said, but he did follow the important ones. Most of all, he was caring.



Photo provided by Anne Nash and Barbara Bruner

Bruner loved world travel, economics and finance and he was able to bring all those loves together within his teachings.

In 2002 Bruner received a heart transplant and a second chance at life. Before the transplant his health was declining, so he had an internal defibrillator to shock his heart back into rhythm.

“It was painful [for him] ... he used it almost once a week,” Nash said.

After the transplant Bruner became more active and

healthier. “He did a lot of outdoor activities and traveling and had a lot of fun doing them ... he had big plans. [He was] full of life and looking forward to doing much more,” Nash said. Shortly after his heart transplant he got a tattoo of the Chinese character for life on the inside of his right arm.

Bruner was at the Stanford University Medical Center in order to receive dialysis and begin the process to get on the transplant list for a kidney and heart when he suffered from

fatal heart failure and could not be resuscitated.

Nash said her family was shocked by his sudden death. “It was the hardest thing for us to even imagine ... we knew he’d just come through a life threatening situation, much to the surprise of his doctors. He was still making plans for the next semester and future trips,” she said.

Isak Brayfindley may be contacted at thejack@humboldt.edu

# Undocumented students at HSU

Continued from page 13

students was important,” Meiris said. “I think there’s a definite lack of knowledge on this topic.”

On Jan. 17 Alejo and Zavala led “Leveraging our Institutional Roles,” a discussion about what HSU staff and faculty can do to support undocumented students on campus.

Alejo reached out to Zavala and asked him to help with the forum because she remembered how effective his lecture at CSU Fullerton was.

Zavala said most people are opposed to funding AB 540 student education because they feel that these students are usurping resources from Calif. residents.

“I think these are mythologies pushed by the media,” Zavala said. “[Migrants] are actually the most exploited labor force.”

Alejo hopes the campus will be open to a committee about AB 540 and scholarships for AB 540 students.

“The first time I proposed an AB 540 committee a lot of people wondered who would sit on it,” Alejo said. “It would be for recruitment, admissions and financial aid — those are the organizations that [are most troublesome] for students.”

Alejo envisions the committee as a way to train faculty and staff so that students have someone to talk to.

Meiris agrees.

“It could be as simple as putting ‘I’m AB 540 friendly’ on a syllabus,” Meiris said. “That would be a huge step in the right direction.”

Because of the work the club has done, they have made connections with many AB 540 students and advocates.

“The first thing people ask me about Humboldt State is ‘is it AB 540 friendly?’” Alejo said. “I say ‘No, not yet.’”

Marie F. Estrada may be contacted at thejack@humboldt.edu

### To qualify as an AB 540 student, undocumented students must:

1. Have attended a California high school for three or more full academic years between grades nine through 12. They do not need to be consecutive years.
2. Graduate from a California high school or have attained a GED certificate, or received a passing mark on the California High School Proficiency Exam.
3. Register or be currently enrolled at an accredited institution of public higher education in California.
4. File or plan to file an affidavit — a voluntarily written sworn statement of fact made under oath — as required by individual institutions, stating that he/she will apply for legal residency as soon as possible.
5. Not hold a valid non-immigrant visa

Serving Breakfast, Lunch & Dinner  
Restaurant hours: 8am-10pm Lounge Open 8 am-2 am

On the Plaza 744 9th Street  
822-3731 Phone Orders Welcome

**www.thealibi.com**

**Trailer Park Mondays**  
Hamburgers  
Hush Puppies, Corn Dogs,  
Deep Fried Dill Pickles, Hot Wings,  
Bud in the Can, Jello Shots,  
\$1 off all tap beer

.....•••••**Upcoming Shows**•••••

upsidedowncross  
presents  
**Saturday, January 26th**  
**Miasmie**  
(Eureka black metal)  
+  
**Satya Sena**  
(technical grind duo from Oakland)

Humboldt Free Radio  
presents  
**Saturday, February 2nd**  
**La Plebe**  
(SF punk rock)  
+  
**Cliterate**  
(cowgrrrl riot grunge)

**@The Alibi**  
10:30doors  
11:30pm music  
21+  
\$5 cover

**40th ANNIVERSARY SALE**  
25% OFF  
All regularly priced merchandise  
Thru January 31st

Open 7 Days  
1031 H St. • Arcata • 822-3450  
www.bubbles-arcata.com

Six Rivers  
**Planned Parenthood®**  
Medical Outreach Team  
@ Humboldt State University!

**Mondays • 1:00-4:00 pm • Student Health Center**  
**Wednesdays • 1:00-4:00 pm • Student Health Center**  
**Thursdays • 5:00-7:00 pm • “J” Mezzanine Level**

**Offering Drop-In Health Services**  
No appointment needed!

- Birth control: pill, patch, ring, shot
- STD Testing & Treatment
- HIV Testing (results in 10 mins)
- Pregnancy Testing
- Emergency Contraception
- Condoms & other supplies

is not enough...



# Get knotty at the new home for campus recreation

by *Emily Hamann*

Imagine you just found an awesome new coffee table at the thrift store, and the only way to get it in your car is to tie the table to the roof. Do you know what knot to use?

Luckily, Humboldt State Center Activities is teaching a free knot tying class as well as an outdoor ethics class at the new Recreation and Wellness Center. Victoria Anweiler, the outdoor program coordinator for Center Activities, said knots can come in handy in outdoor activities and daily life, from “I want to tie this stuff in my truck down,” to “I want to go to the climbing gym.”

Center Activities offers two chances to attend this class, on Jan. 29 and March 5 from 6 to 7 p.m.. The center also offers classes about “Leave No Trace,” a set of principles that teach outdoor adventurers how to enjoy the outdoors while making a minimal impact on the terrain. There are two opportunities to take this class, on Jan. 30 and March 6, from 6 to 7 p.m..

Both classes will be held in the new Recreation

and Wellness Center — located in the old Forbes Complex building behind the Redwood Bowl and facing the back of Science Building B. The center now houses Center Activities, the recreational sports department, and the wellness center.

“We’re trying to make it a more friendly accessible place for people to come,” Anweiler said.

Jan Henry is the director of recreational sports, which includes both intramural and club sports. She thinks the new center will be more convenient for students. “Now we are a one stop recreation shop,” she said.

The renovated complex includes a student lounge with a computer station and a new TV, as well as space for students to play board games and hang out. “The west gym is [now] under our direction,” Henry said, which should make the space more available to students for sports and drop-in fitness classes.

— *Emily Hamann may be contacted at thejack@humboldt.edu*

## Know your knots

Whether you are climbing a mountain or hiking through the woods with friends, you never know when a knot will come in handy.

TJ Balogh, a sophomore wildlife major and Eagle Scout explained some of the knots that will be taught how to make at Center Activities and what they are used for:

← **Figure-eight:** The figure-eight knot can be used to tie two pieces of rope together.

**Figure-eight follow through:** When rock climbing, tie the figure-eight follow through on the end of your rope so it does not slip through the carabiner — the clip that attaches the harness and the rope.

← **Clove-hitch:** The clove hitch is tied around something, like a log or post. If done correctly, it will not come out, no matter how hard you pull on either end.

### Bowline:

The bowline knot makes a loop that will not tighten or loosen. This can be used in emergencies to pull an injured person out of a hole or tight space.

### Two half-hitch:

The two half-hitch is a moveable knot. It is used most often in pitching tents, to tighten the rope holding the tent to the stake.

Infographic by Ella Rathman

## A greener campus, one program at a time

Continued from page 13

the Green Event Certification, the new Climate Action Plan and an expansion of the recycling program on campus among HSU’s new green measures. The Green Event Certification is similar to the Green Room Certification: the coordinators of events who demonstrate zero-waste measures will be given a certificate to display.

“This semester we are developing a greenhouse gas inventory for the university, from which we will develop a Climate Action Plan for HSU,” King said. “New

recycling bins and signage will start to appear on campus this semester, thanks to a grant we were awarded by CalRecycle.”

Davis mentioned that Housing has many different programs designed to increase student’s sustainable activities while living on campus. There is an area of the dorms dedicated to students wishing to live an eco-friendly lifestyle.

Students can trade their incandescent light bulbs for a fluorescent one, free of charge, at the Housing Desk.

Students are encouraged to recycle. Volunteers from

WRRAP — the university’s waste reduction program — are present during move-out days in order to collect unwanted items.

“Last year over 21,000 pounds of donations were collected for local charities. WRRAP also collects coat hangers at the end of each semester and then provides them to residents the next year during move-in. Last year, about 5,000 coat hangers were reused on campus,” Davis said.

— *Jessica Snow may be contacted at thejack@humboldt.edu*

arcatastay.com

Walk to Campus and the Plaza

10% Discount for HSU Families

In-Town Studios, 1,2,3,4 Bedroom Lodging Options

Network Owned by HSU Alumni

Arcata's finest overnight accommodations favored by students' families and campus visitors.

Welcome back students!

NORTHTOWN BOOKS

957 H STREET ARCATA  
(707)822-2834

books & ebooks available at: northtownbooks.com

LA DOLCE VIDEO

is for the most DIVERSE selection of movies in Humboldt County.

is for OFFBEAT classics you won't find ONLINE or at OTHER stores.

is for the LONGER time we let you keep movies out, resulting in LESS LATE-FEES.

is for CONVENIENTLY CLOSE to CAMPUS. And for CRAZY CHEAP.

is for EURO-HORROR, EASTERN martial-arts EPICS, EIGHTIES teen comedies, vintage EROTICA, ETC.

Get more KICK for your buck at:  
1540 G STREET ★ ARCATA ★ 822-P613 ★ LDVFLIX.COM

AS Presents

Blue Scholars

with Missing Link's Matt & Adam and JtheSarge & Itchie Fingaz

43

Only \$10.00 for HSU Students!

9:00 p.m. Wednesday January 30 Van Duzer Theatre

THE WARRIORS

WITH A SPECIAL PRESENTATION OF THE WARRIORS HISTORICAL ROYALTY SWEEPSTAKES

with DJ Dub Cowboy

Only \$5 for HSU Students!

Call 826-3928 for tickets and information  
www.humboldt.edu/as/presents

Funded by Associated Students

www.TheLumberjack.org



# Sports

## Road to redemption

By Lorrie Reyes

The men’s basketball team will try to get back on the winning track when they visit California State University, Los Angeles and California State University, Dominguez Hills on Friday Jan. 25 and Saturday Jan. 26.

After splitting their two home games to end winter break the Humboldt State men’s basketball team find themselves in last place of the California Collegiate Athletic Association with a conference record of 2-8.

Their second win came against the San Francisco State University of California Gators on Thursday, Jan. 17, when they returned to Lumberjack basketball form on the advice from former coach Tom Wood. Current head coach, Steve Kinder, had HSU play full-court defense and up-

tempo basketball for 40 minutes.

The Lumberjacks forced the Gators to turn the ball over 20 times and four players scored in the double digits, including senior and junior forwards Darren Turpin, 18 points, and Deaundray Robinson, 16 points, to give the Lumberjacks a much needed team victory.

“We know we are capable of winning. We know we’re a good team,” Robinson said in a press conference after the win. “We just have to find a way to put all of it together — all the pieces — all the players and play as one unit.”

The Lumberjacks continued to play their style of basketball against Sonoma State University of California on Saturday, Jan. 19 forcing the Seawolves into 12 turnovers in the first half.

But in the second half Sonoma State slowed the ball down and the Seawolves overcame an 11-point deficit to defeat the Lumberjacks 58-62.

“A little lapse in crucial minutes result in a momentum swing, a breaking of confidence and



Deaundry Robinson shoots over San Francisco State forward Max Fodor on Thursday, Jan. 17. | Qinjin Yang

eventually a loss,” Kinder said. “That is the game of basketball. It gets magnified when you play [uptempo] style.”

Junior forward, Rakim Brown led the Lumberjacks with 16 points in their loss to Sonoma State.

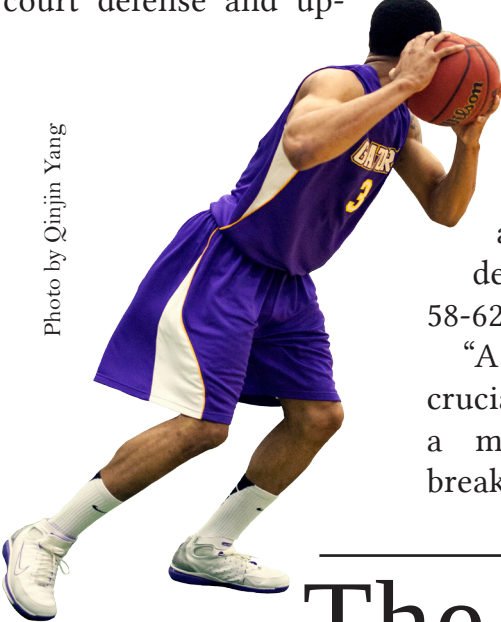
After losing their eighth game, the team knows

there is no more room for error.

“We understand that losing is not acceptable and that we have to turn it around,” Brown said in a press conference after the loss. “We all believe we can, we just have to do it.”

Lorrie Reyes may be contacted at thejack@humboldt.edu

Photo by Qinjin Yang



## The comeback team

By Lorrie Reyes

Senior guard Lisa Petty and the Humboldt State women’s basketball head coach Joddie Gleason embraced each other in a hug after beating Sonoma State University of California 66-58 on Sat. Jan 19

in Lumberjack Arena.

The win broke a five-game losing streak and added some confidence back into the HSU women’s game.

“It is so stressful when you keep losing,” Petty said in a



Freshman forward Tiana Maxwell battles against San Francisco States Nicole Hicks on Thursday, Jan. 17. | Qinjin Yang

press conference after the win. “We are all ecstatic that we got this game out of the way and now we can hopefully create a winning streak.”

The Lumberjacks moved to 4-6 in the California Collegiate Athletic Association on a night where Petty scored a career high 31-points and moved to the sixth highest scorer in HSU history. With a total of 1,108 career points and 132 3-pointers made, Petty is in HSU’s top 10 of HSU 3-point shooters.

Prior to breaking the five-game losing streak the Lumberjacks were defeated by San Francisco State University of California 59-52, despite having a three point lead,

with five minutes and twenty seconds left in the game.

“Our veteran players didn’t make plays and their’s did. We didn’t play winning basketball,” Gleason said. “We expect more out of our veteran players and we need to have them step up and make plays.”

Gleason said the Lumberjacks need to have at least three starters in double figures so their opponents do not only focus on stopping Petty.

Junior forward, Kelly Kime, had a career high of 14 rebounds, along with 11 points made, and junior center Elle Anderson had 12 points and 10 rebounds.

“If I am able to have a good

game or Elle can I think it relieves the pressure off Lisa and she doesn’t feel like she needs to do it all,” Kime said. “And nor should she. We are a team.”

The Lumberjacks will travel to face California State University, Los Angeles on Friday, Jan. 25 and California State University, Dominguez Hills on Saturday Jan. 26.

“It’s a long season, but we can’t keep counting on time,” Petty said. “It’s always great to steal at least one on the road. We should take care of business and pull out these two wins.”

Lorrie Reyes may be contacted at thejack@humboldt.edu

# WELCOME BACK STUDENTS!

Wednesday Jan. 23

Hot Buttered Rum

Friday Jan. 25

Liquid Kactus wsg's Farmhouse Odyssey

Saturday Jan. 26

Earphunk & Klozd Sirkut

Tuesday Jan. 29

Water Tower wsg's The Trouble

Wednesday Jan. 30

Beer & Buffet Lagunitas Brewing Co.

Friday Feb. 1

Hillstomp No Good Redwood Ramblers

Saturday Feb. 2

Tempest Vanishing Pints

Sunday Feb. 3

**SUPERBOWL** Sunday on the Big Screens!

Tuesday Feb. 5

Nicki Bluhm & The Gramblers / Broth Comatose

LUNCH SPECIAL!

12-3 PM 15% off!

MUST MENTION AD

LIMITED TIME ONLY

Meet The Rockin' Humbrews Crew!

Follow us on facebook

20 BEERS ON TAP!

10% Off Your Order W/ Student ID!

All Ages Until 10pm

856 10TH ST. ARCATA 707.826.2139

WWW.HUMBREWS.COM

www.TheLumberjack.org



# The HSU stairmaster

Utilizing the stairs on campus can help with your New Year’s resolutions.

*By Cassie Klein*

As a result of our holiday snacking, a common New Year’s resolution is to exercise and lose weight. Humboldt State students, faculty and staff can get a jump start on their New Year’s resolutions now by registering for classes and taking the stairs.

Depending on which classes you register for this term, you may find yourself in an unexpected exercise regimen, like HSU senior and psychology major Amanda Hurley did during the Fall 2012 semester.

Twice a week Hurley traveled down the stairs from the Behavioral and Social Sciences building -- located on the south end of campus -- and up the flights of stairs to Founders Hall on the north end of campus for four months.

And she did it in less than 10 minutes.

“It’s like getting kicked in the stomach while getting the air sucked out of your lungs,” Hurley said.

Hurley did not plan for her fall 2012 class schedule to double as an exercise regimen, but it did. She lost 10 pounds

last semester just trying to get to class on time.

Justus Ortega, associate professor of the kinesiology department, said HSU is a great campus for exercise.

A popular Japanese technique is to lead a walking lifestyle and focus on a goal of 10,000 steps a day. This 10,000 steps concept started nearly 40 years ago. Many universities such as Harvard, University of Tennessee and Montgomery College have since conducted studies that affirm walking 10,000 steps a day has a huge impact on body fat

and thinner waist and hip measurements.

Climbing stairs forces you to exercise because you have to raise your foot a certain height to climb a stair. This is unlike walking up a hill, because you can choose to shuffle your feet rather than raise them to a specific height.

“The stairs on this campus make your steps a more rigorous form of exercise so you actually need less than 10,000 steps,” Ortega said.

The hills and stairs at HSU provide different ways for students to exercise different parts of their bodies.

When taking the stairs you work out your calves and hips. The foot is flexed more when walking on an incline, such as hills, providing a work out for the calf.

“Many faculty and staff use the campus at lunch for exercise,” Ortega said.

Stephen Cunha, geography department chair said, “[HSU] is my Stairmaster.”

Twice a week Cunha takes the stairs from

Founders Hall down to the Redwood Bowl stairs and then walks a lap around the track. Cunha said he sometimes goes for a walk when he feels tired in the middle of the day. “If you go outside for 10 minutes it is better than any cup of coffee,” he said, “and you don’t have to pay for it.”

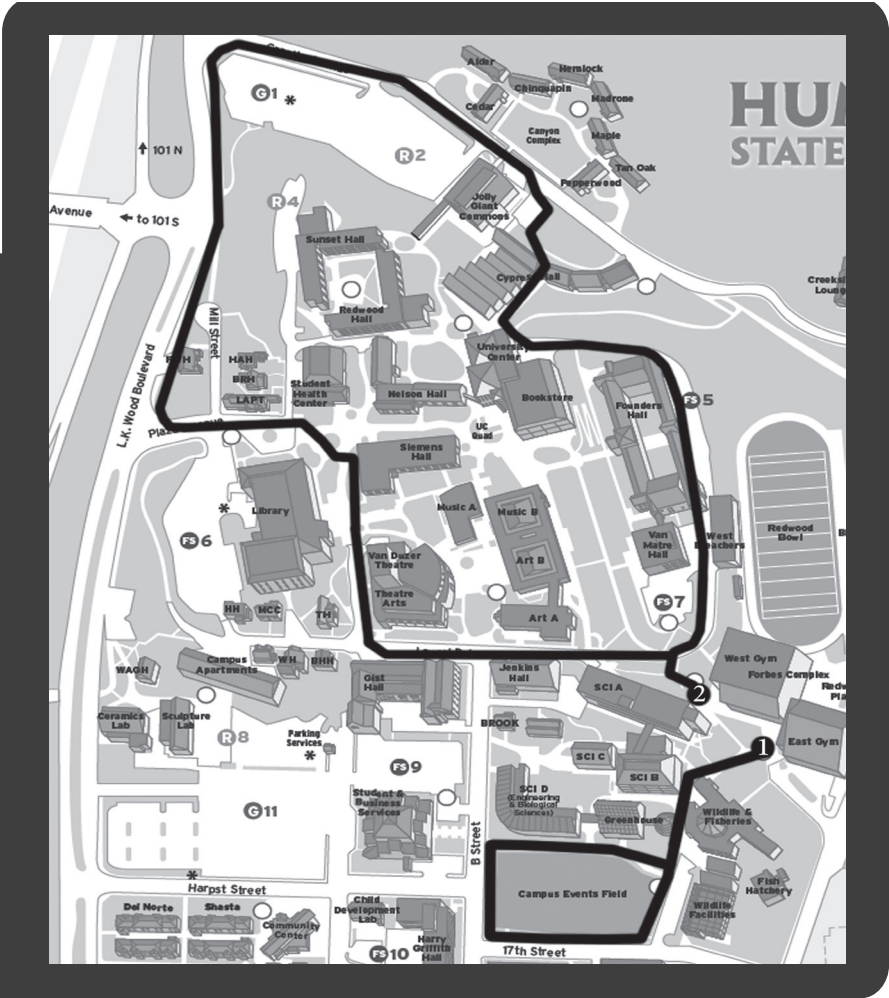
Cassie Klein may be contacted at thejack@humboldt.edu

**ROUTE #1:**  
**Time:** 10-15 min max.  
**Mileage:** Approx. 1/2 mile  
**Intensity:** Light

**Terrain:** Starts with a down hill section, then flat the whole way and ends with a flight of stairs back to Forbes. Excellent for those who are beginners, and those who want to start out easy.

**ROUTE #2:**  
**Time:** 30-40 min  
**Mileage:** 1 3/4 miles

**Intensity:** Moderately challenging depending on fitness level  
**Terrain:** Begins with a short flight of stairs continues with flat lands, progress to a long flight of down-hill stairs, resumes flat land once again, progresses to a moderate, incline, and ends by walking through campus near the book store, back to Forbes. A very aerobic workout. Does include considerable amount of downhill stairs thus not advisable for individuals with serious knee problems.



Infographic by Maddy Rueda

## Customers of the Week

Sailor Jerry 1.75 L  
only \$20.99

Crown Royal 750 mL  
only \$19.99

Kraken 1.75 L  
only \$20.99

**Hutchins Grocery**  
1644 G Street  
Arcata, CA  
822-1964

**Arcata Liquors**  
786 9th Street  
Arcata, CA  
822-0414

Alumni Owned and Operated



- In 2013 -

Be the change  
you want to see  
in the world.

ARE YOU SEEKING A COMMUNITY with more caring and compassion? Consider helping to create one.

Become a patient care or grief support volunteer with Hospice of Humboldt and help a patient or family at a time when it matters most.

Our volunteer training will acquaint you with the hospice team philosophy and provide information on how you can volunteer in programs like Pet Peace of Mind, We Honor Veterans and Grief Companions.

A free eight-hour introductory training is offered Saturday and Sunday, Jan. 26 & 27, 10 a.m. to 2 p.m.

For more information call 707-445-8443, ext. 355.



HOSPICE OF HUMBOLDT  
[www.hospiceofhumboldt.org](http://www.hospiceofhumboldt.org)



GLASS HOUSE  
GLASS BLOWING  
SUPPLIES

1264 Giuntoli Lane  
Suite B Arcata  
(707) 822-1374

Located in North  
Arcata, next to the  
Country Store on  
Giuntoli Lane

Titanium  
Nails  
On  
Sale!

# ATHLETE OF THE WEEK

By Dennis Lara-Mejia

Humboldt State’s cross country captain, Austin Huff, consistently shows that he wields the skills and temperament necessary to become an Olympian.

Mike Williams, a running enthusiast and owner of Jogg’n Shoppe -- a running and athletic equipment store in Arcata -- holds Huff up to the likes of Mark Conover, a former marathoner from HSU who ran in the 1988 Summer Olympics.

“I predict Austin will be the next big marathoner to come out of Humboldt,” Williams said. “It takes a time of two hours and 20 minutes [in a marathon] to [qualify for] the Olympic trials. Austin can do that.”

Williams’ claim does not go unfounded. Last spring, Huff ran 10 kilometers with a time of 29:37.8 -- the fourth fastest time on record at HSU. Williams hopes to see Huff qualify as a marathoner for the 2016 Summer Olympics.

Huff, a senior geography major, said his passion for running will lead him to pursue a spot in the Olympic trials. For now, he prepares himself for the upcoming track and field season this spring.

“In the preseason months, I have been getting as many miles in while staying healthy,” Huff said.

Huff runs at least 100 miles a week, which may sound like

an unfathomable amount to some.

“Anyone can do it, as long as you’re consistent,” Huff said. “That’s how you get to the next level of being a runner besides just running [around].”

Huff’s teammates and competitors admire his humble attitude.

“He doesn’t care if someone beats him during practice,” Williams said. “He can come in fourth or fifth and not get upset. But when it comes to real races, you better expect him to be number one.”

Huff ran in the 10-kilometer event at the NCAA Division II National Championships in Missouri. He clocked in with a time of 30:23.1. This earned him the All-American honor, which goes out to the top 40 racers.

Williams keeps a photograph of Huff from that race on display in the Jogg’n Shoppe storefront. The photo shows a sweaty Huff neck in neck with another racer.

Adrian Sherrod, a marathoner from Chico State’s cross-country team, is the other racer in the photo.

Huff and Sherrod raced side-by-side between the fourth and fifth mile. Sherrod said that he and Huff helped one another by trudging through that leg of the race together.

“When you’re that tired and you’re towards the end of the race, it’s hard to dig deep to find the strength to finish the



Photo provided by HSU Athletic Department.

race,” Sherrod said.

Sherrod went on to earn a time of 30:09.9, ranking 11 places higher than Huff.

But the two relished in the fact that they accomplished something that they love to do. This is because anyone running alongside Huff will forget that they’re putting their bodies through grueling physical exertion.

“When I’m next to him -- whether it be behind or in front -- so long as I’m near him, I know that I’m doing good,” Sherrod said.

—Dennis Lara-Mejia may be contacted at [thejack@humboldt.edu](mailto:thejack@humboldt.edu)

# Stand Up and Lead!

Associated Students is seeking students to fill the following leadership positions:

## Council Positions

### College of Natural Resources & Sciences Representative

- Represents students enrolled in the College of Natural Resources and Sciences
- Voting member of the AS Council
- Liaison to an Associated Students Program
- Sits on a University or AS Committee

### At Large Representative

- Represents all HSU students
- Voting member of the AS Council
- Liaison to an Associated Students Program
- Sits on a University or AS Committee

## Committee Positions

Students who serve as Committee Representatives represents the student body or a variety of committees and boards that affect the student experience at HSU.

- Elections Commission (4)
- HSU Sponsored Programs Foundation (1)
- International Advisory Committee (1)
- Public Safety/Parking and Transportation Committee (1)
- Student Health Center Advisory Committee (3)
- Academic Policies Committee (1)
- University Space and Facilities Committee (2)

To apply, please bring a cover letter and resume to the Associated Students office.

Open Until Filled  
First Review of  
Applications is  
Jan. 28th at 5pm

Must meet Minimum Academic Qualifications to be a Student Office Holder

UC South Lounge  
(707) 826-4221

for more information go to:  
[www.humboldt.edu/Associatedstudents](http://www.humboldt.edu/Associatedstudents)



# On pitch for a new season

By Lorrie Reyes

The Humboldt State softball team has not won a NCAA Division II National Championship in five years. They have also not appeared in a California Collegiate Athletic Association postseason since 2009.

Last season, they had their first losing season under head coach Frank Cheek. They finished 18-38 overall with a CCAA conference record of 9-27.

But it was not for a lack of offense. The 2011-2012 softball team hit 64 home runs, which tied a CCAA league record.

“Prior to the last three years, we were the top dog,” Cheek said. “We did not have good pitching in the last three years and everybody got even.”

But this year, the 2012-2013 team intends to get back to the postseason on the strength of their offense from last year and their three new pitchers.

Kinesiology major Hannah Williams transferred to HSU from California State University, Fresno last spring to help HSU’s pitching woes.

“I thought [HSU] needed pitching. Everyone could tell

they were lacking in that area,” Williams said. “Being a pitcher, I thought I could make a big difference.”

Coach Cheek thinks Williams will make a difference.

“Williams is going to be our bread and butter this year,” Cheek said. “We’re going to use her more than anyone.”

Williams made the move to HSU for more playing time and a chance to play with her high school teammate and Lady Jacks senior, Chrissy Stalf, again.

Williams and Stalf live a half mile away from each other at home and grew up together. They played softball together at Freedom High School in Oakley, Calif..

“I know what I can expect from her [Stalf] and she knows what she can expect of me,” Williams said. “We both work hard and we have that attitude and determination and it makes our friendship really easy.”

Stalf is determined. She is an All-American first baseman, a three-time CCAA All-Conference player and Lady Jacks co-captain.

“Stalf is the best first baseman in the country [in Division II].

Bar none,” Cheek said. “She can play Division I. She’s got the power and the brains and above average speed.”

As a senior, Stalf wants to win a national championship but would like to at least get to the playoffs.

“All of the seniors want to do well,” Stalf said. “We haven’t really had a great year in our four years so we want to do well and turn it around.”

The road to a third national championship begins on Feb. 2 when the Lady Jacks host The Academy of Art University of San Francisco, Urban Knights, on the HSU softball field.

Sophomore left-fielder Danielle Randall would also like to win a national championship but knows there is a lot to prove this season.

“A lot of us have a fire under our butts,” Randall said. “Knowing that we have pitchers



Senior first baseman Chrissy Stalf runs drills during practice on Friday, Jan. 18. | Lorrie Reyes

gives us more confidence that we don’t have to just keep hitting. I think it’s going to be a big turn around.”

The pitchers do have an added pressure to produce and help HSU get back to a winning record.

“You choose to be a pitcher. You know there is going to be pressure. If you win the game you’re the hero but if you lose the game everyone blames you,” Williams said. “That’s why I love [pitching]. I love

the pressure and love thriving under it.”

Cheek’s goal for the season is to get back to a national championship.

“We’ve gone to more national tournaments than anyone in the west [region]. But we’ve faltered the last three years,” Cheek said. “We used to have a fear element [over opponents]. It is time for us to regroup and attack.”

Lorrie Reyes may be contacted at thejack@humboldt.edu

# NorCal fans celebrate 49er Super Bowl

By Lorrie Reyes

With their win in the NFC Championship, the San Francisco 49ers have their Northern California fan base on lock.

With many Humboldt State students from the Bay Area, Humboldt rejoiced in the close

victory, including senior Mark Cobbler.

“It’s fucking amazing. It is absolutely amazing that [the 49ers] are in the Super Bowl,” Cobbler said. “You can never count them out.”

The 49ers defeated the Atlanta Falcons 28-24 on Jan. 20 in the Georgia Dome to

secure their spot in Super Bowl XLVIII.

Niner fans at the Arcata Theatre Lounge in Arcata watched frantically with every possession until the game ended.

After being down 17-0 in the first quarter the 49ers crawled their way back into the game in the second quarter with two touchdowns, making the score 17-14.

Frank Gore, 49ers running back, scored two touchdowns in the second half while the Niner defense held the Falcons scoreless.

HSU business major, Sam Barton, is from the Bay Area and is relieved that the 49ers are back in the Super Bowl after 18 seasons.

“I’m [a] born and bred Niner fan. They were really good before I was born,”

Barton said. “So I have been following the Niners through some tough times.”

Barton has pictures of himself when he was a baby in Joe Montana outfits and thinks the Niners have a good chance to win a sixth championship.

“They can do it. This is an exciting team to watch,” Barton said. “They just have so many weapons. It is just nice to actually have a team where we feel dominant in every position.”

The 49ers will face the Baltimore Ravens in Super Bowl XLVIII on Feb. 3.

The Super Bowl is being called the “Harbaugh Bowl” since the two teams’ head coaches, John and Jim Harbaugh, are brothers.

The 49ers coach, Jim, is the younger of the two by 15 months.

“I feel that older brothers always have the advantage,” Cobbler said. “I think we would have a better chance if we played the [New England] Patriots. At least the 49ers are in the Super Bowl.”

With the success of a team there will always be bandwagon fans who bask in the glory.

“I’m indifferent about bandwagon fans. I wish they would stick with a team even in the hard times,” Cobbler said. “But [the 49ers] will take all the support they can get.”

Northern California football fans, whether die-hard or bandwagon, will likely be in support of the only California team to make the Super Bowl in the last decade.

Lorrie Reyes may be contacted at thejack@humboldt.edu



Betsy Iddings, visiting from the San Francisco Bay area, watches the final minutes of the game with hopeful suspense. | Lorrie Reyes.

# One Little App



DOES ALL THAT!

Coast Central Credit Union members...

Download our new app **FREE** at your app store (search Coast Central Credit Union) & get started!\* You must be enrolled in online banking and enable mobile banking to use the app. Simply call or go to our web site [www.coastccu.org](http://www.coastccu.org) to get started. Online and mobile banking are free services to our members.

If you're not already a member, it's easy to join.  
Come in today to any of our convenient locations!

**24 Hour Convenience. Anytime, Anywhere.**

**707.445.8801**  
**Two Arcata Locations!**  
1551 Giuntoli Lane  
Uniontown Shopping Center

Follow us on  

\*App available for iPhone, Androids, and iPads.

*Belonging Never Felt Better™*  
**Coast Central Credit Union**  
[www.coastccu.org](http://www.coastccu.org)



## BONGO BOY

**Multi-Track Studio Recording & Mixing, CD Mastering, Graphic Design, CD & DVD Replication Experienced Engineer**  
e-mail: [bongoboycd@sbcglobal.net](mailto:bongoboycd@sbcglobal.net)  
website at: [www.bongoboystudio.com](http://www.bongoboystudio.com)  
Celebrating 10 years in Humboldt County!

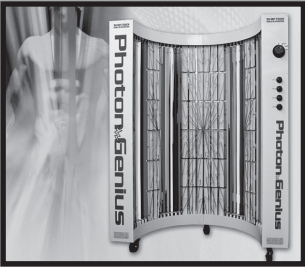
**(707) 839-5090**

---

## Energy Life Center

Alternative & Holistic Health

The Photon Genius uses infrared and noble gases to produce harmonic frequencies that assist the body in detoxing and regeneration!



Monday-Friday, 11 a.m. - 7 p.m.  
616 Wood St. Eureka  
In the Henderson Center  
707-442-5433



Chancellor under fire for ties to business

By Cora Vay

This week’s article was originally printed on Sept. 4, 1991 in the first issue of volume LXIX of The Lumberjack.

Head of the world’s largest public university system, chancellors of the California State University system are subject to scrutiny — this is one chancellor’s story of how his corporate ties ignited revolt across the state.

At this time, president Alistair McCrone led Humboldt State, enrollment totaled 7,824 students, Associated Students enforced a “Columbus Myth-Free Zone,” and former student Alann Steen was freed after five years in the Lebanon hostage crisis.

Barry Munitz, the 23rd CSU chancellor inducted into office on Aug. 1, 1991, was immediately met with criticism from students and educators, calling for resignation the day his candidacy was announced.

Despite extensive experience in academia, a Ph.D from Princeton, chancellor of the University of Houston and author of numerous writings on the state of education, Munitz’s reputation was tainted by financial disasters during his time as a top-level manager for Texas financier Charles Hurwitz — a corporate empire specializing in real estate, investment and natural resource ventures.

Led by Munitz, the company took over Pacific Lumber Company in 1986, one of California’s major logging and sawmill operations based in Scotia. The controversy? Munitz financed the buyout of PALCO with junk bonds — high risk loans issued by corporations seeking to raise capital quickly.

To pay back debt from the buyout, Munitz cut 195,000 acres of PALCO land and depleted \$62 million of employee pension plans. This sparked pension nightmares and numerous lawsuits from PALCO workers.

Munitz was quick to separate himself from this deal, stressing that he was not involved in PALCO’s daily operations — yet as a top-level manager, he approved the takeover.

After his resignation from all corporate positions to fill the CSU chancellor spot, Munitz held an hour long informal meeting on June 30 at HSU to address criticism following his appointment.

Munitz told The Lumberjack:

“I’m prepared to answer some questions about my past, and I’ll decline to answer others,” Munitz said. “I’m much more interested in the future.”

Dan Close, a fisheries major at HSU and former Associated Students vice president, told The Lumberjack:

“I feel Munitz’s appointment was a set up by the CSU Trustees,” Close said.

“It was set up by trustee J. Gary Shansby — a corporate raider in San Francisco who deals in junk bonds. The other candidates were pigeons, there to steer the choice toward Munitz.”

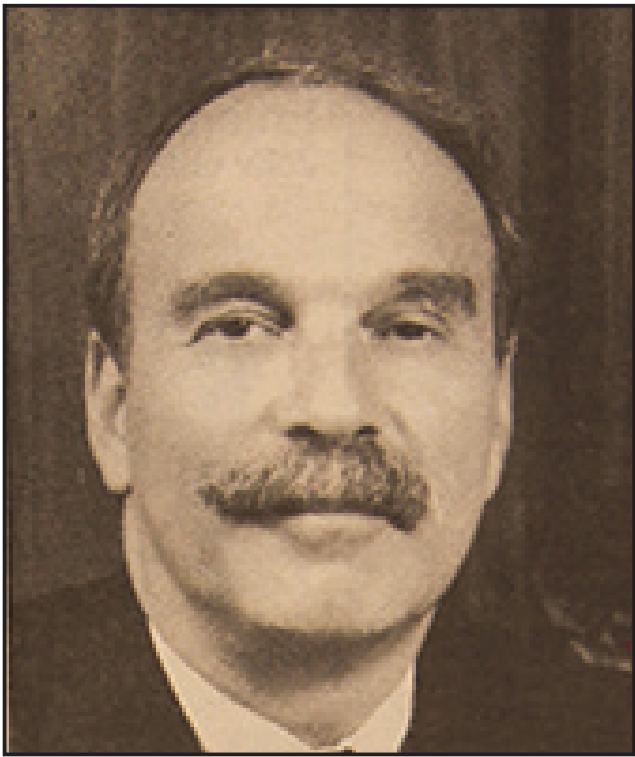
On Dec. 11, a petition signed by more than 10 percent of HSU’s student body called for the resignation of Munitz.

Other CSU’s who took a notable stance: CSU Stanislaus’ student council passed a resolution for the California State Student Association to investigate Munitz, San Francisco State’s student council unanimously passed a resolution expressing discontent with Munitz’s appointment, and 87 percent of San Jose State students cast “no confidence” votes on Munitz.

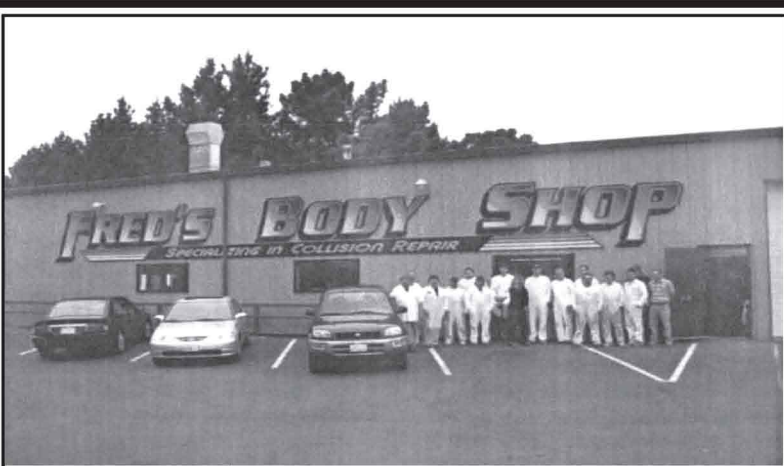
Munitz served as CSU chancellor until 1998. By the end of his term, Munitz integrated management practices from the corporate world by tying faculty salary raises with performance reviews, evaluating CSU presidents on their ability to fundraise from private sectors, and enforcing a financial and data management system in all CSUs.

After Munitz’s reign as CSU Chancellor, he secured the position of president and CEO of the J. Paul Getty Trust — the wealthiest art institution in the world.

Cora Vay may be contacted at thejack@humboldt.edu



Lumberjack stock photo: Sept. 4, 1991. The first issue of volume LXIX.



FRED'S BODY SHOP  
Specializing in Collision Repair

651 Indianola Cutoff  
Between Arcata & Eureka  
(707) 442-2258

Open from 8am -5:30pm Mon-Fri

Family Owned and operated in  
Humboldt County since 1973



Union Labor  
Force #1596

I-CAR Certified

NOW SERVING MILKSHAKES!

**ARCATA**  
pizza & deli  
822-4650

**OPEN LATE**

M. - T. 11 AM-MIDNIGHT  
FRI. & SAT. 11 AM- 1 AM  
SUN. 11AM-11PM

1057 H STREET  
707-822-4650

PRIVATE OUTDOOR HOT TUBS • TRADITIONAL SAUNA CABINS

**FINNISH COUNTRY SAUNA AND TUBS**

**Cafe Mokka**  
COFFEEHOUSE  
CAPPUCCINO  
JUICE BAR  
PASTRIES

Sunday - Thursday  
noon to 11 pm  
Friday & Saturday  
noon to 1 am

**OPEN EVERY DAY INCLUDING SUNDAYS & HOLIDAYS**  
corner 5th & J, Arcata • 822-2228 reservations

Got Rain Gear?

Students get 10% off with Student ID!

**We Do.**

- Rain Jackets and Pants
- Umbrellas
- Pack Covers
- Fenders

By Sierra Designs, Patagonia, and Showers Pass.

650 10th Street  
Arcata  
822-4673

125 West 5th Street  
Eureka  
445-1711

Open daily mon-sat: 9-6 sun: 10-5

adventurededge.com