

THE LUMBERJACK

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Behind the Black and Blue

African American Center for Academic Excellence Hosts Black and Blue

by Siulolovao Vuna -- Additional reporting by Tina Sampay

For a majority of the night, there was only standing room. A crowd of people at the Kate Buchanan Room spilled out into the entryway as the African-American Center for Academic Excellence (AACAE) hosted the Black and Blue Dialogue.

Director of the AACAE, John Johnson, along with the centers' student coordinators, facilitated what Johnson referred to as a long overdue and much needed conversation between students and faculty of color and local law enforcement.

At the height of conversation and angst, Malcolm Chaniwa took the microphone and paused for a second, almost as to regain silence in the room before speaking.

“One of the first things we should have acknowledged is that as students of color, we’re dealing with a lot of pain, trauma and suffering.” Chanaíwa said. “As someone who wants to be in solidarity with people like me, I feel like I never have the opportunity to just say, ‘I’m sorry, like I feel you.’”

In this moment, the space shifted from a place of dialogue to an important moment of acknowledging the deeply embedded pain and hurt many students of color have had to carry and deal with on their own when they can’t escape or deny the troubled relationship between people of color and law enforcement.

“Before we can talk about unpacking biases or training strategies, I think we should ask ourselves, what are we doing to heal?” Chanaíwa said.

With the damning images and videos of unarmed black men and women

“Before we can talk about unpacking biases or training strategies I think we should ask ourselves what are we doing to heal?”

— Malcolm Chaniwa
Panelist, HSU Student

being killed by police becoming an all too common occurrence in our nation, the Black and Blue Dialogue provided an opportunity for people of color and law enforcement to sit down, talk and listen to each other. The concept seems like simple, common sense, but it is a conversation that isn’t initiated or carried out nearly enough. It was student-led initiative, work and organization of the AACAE that allowed for the Black and Blue Dialogue to happen.

In Johnson’s welcoming words, he reiterated the fact that often, we “look over people.” To ensure the issues being discussed and those most likely to be affected by them weren’t being looked over, the AACAE put together a diverse and representative panel of speakers to participate in the discussion.

A robust 13-person panel occupied



Arcata, Eureka and University Police Chiefs along with students and faculty talk at the Black and Blue Dialogue on Oct. 6 in the KBR. | Race Blackwell

every inch of the front stage. This included Gloria Brown, Malcolm Chanaíwa and Cameron Rodriguez, Humboldt State students and coordinators for the AACAE. From University Police were Chief Donn Peterson and Sergeant John Packard. Adding in a voice for faculty of color at HSU was Corliss Bennett-McBride, Tiwana Barnes, Tina Okoye and Amy Salinas Westmoreland. Joining them from various law enforcement establishments was the police chief of Eureka and Arcata.

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Get Involved! 3 Ways to Positively Contribute.

1. Participate in the Campus Dialogue on Race, November 3-7. Amy Salina Westmoreland and members of the Multicultural Center work all semester long to bring this necessary dialogue to our campus.
2. Eureka Police Chief Andy Mills invited members of the community to march, on Martin Luther King Day, from Arcata police headquarters to the National Association for the Advancement of Colored People (NAACP) headquarters.
3. Stay aware of what’s happening locally and in the world regarding the killing of unarmed citizens.

\$4 Million grant for STEM majors

by Iridian Casarez

Humboldt State awarded a nearly \$4 million grant to increase the number of Hispanic and low-income undergraduate students in the science, technology, engineering and math (STEM) majors.

Matt Johnson is a wildlife professor and Amy Sprowles is a biology professor at HSU. Johnson and Sprowles applied for the grant in May of this year with help from the administration and students.

“Over 60 percent of freshmen are from low-income, first generation or underrepresented groups,” Johnson said. “It’s the new majority.”

HSU will receive more than \$3.9 million over the next five years under the Hispanic-Serving Institutions, STEM and Articulations program.

HSU was established as a hispanic-serving institution in 2013. A hispanic-serving institution is a college or university with an undergraduate full-time equivalent

enrollment of at least 25 percent Hispanic students.

The number of HSU’s Hispanic/Latino and first-generation students has surged since 2015. This year, a record 34 percent of all students are Hispanic/Latino (up from 32 percent), and the total number of underrepresented students rose approximately 2 percent to 46 percent.

Johnson said the grant has four major components. The first component is that the grant will build more place-based learning communities like the Klamath Connection program.

The Klamath Connection program is open to all incoming freshmen that are majoring in zoology, wildlife, biology, fisheries, botany, environmental science and environmental resources and engineering. Students in the Klamath Connection program go on field trips to study the Klamath River.

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Homecoming pep rally



Pages 4 & 5

Alicia Lovejoy performed for the Queer Student Union during the pep rally Friday night in the UC Quad. | Tyler Boydston



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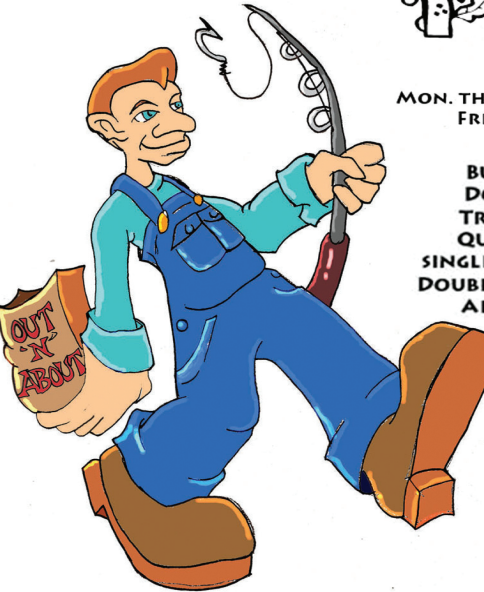
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UPD BYTES

Sunday, Oct. 9. 08:46 Camping Violation

Occurred at Facilities Management on B Street.

Four non-students in a tent were warned for 5200 UCRR - camping/sleeping on campus property and given a 626.6 PC restriction from campus.

They thought that's what on-campus housing meant

Monday, Oct. 10. 21:19 Trespassing

Occurred at Creekview residence halls on Granite Avenue.

Subject violating a housing order is currently on the property, dancing to music playing loudly from his laptop. Arrested.

Shouldn't the music have been coming from a home computer?

Monday, Oct. 10. 16:23 Grand Theft (more than \$400)

Occurred at Sunset Hall on Sunset Court. Bicycle was stolen from bike rack.

Suspect then stole a water pistol.



1

October 7: The U.S. Intelligence Community took an unprecedented move Friday and outright accused the Russian government of hacking into the DNC in order to influence the election. The accusation is another thorn in the strained relationship between Russia and the U.S., which have been trying unsuccessfully to negotiate peace in war-torn Syria.

2

October 10: With less than a month until the presidential election, many key battleground states are opening up early voting for residents. The Clinton camp, hoping to capitalize on the party's push to register voters, hints the election may be all but decided come Nov. 8. The Clinton campaign believes up to 40 percent of voters in swing states may cast their vote by election day.

3

October 11: Samsung and Apple are to appear in front of the Supreme Court this week to settle a battle over patents. Apple sued Samsung and was awarded \$543 million, but Samsung now is filing to receive \$399 million back claiming the initial award was too grand. Past the money, the case looks to settle an age-old kink in the legal system over which party in this type of dispute is awarded money, and what the standard for that award should be.



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The power of student initiatives

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Noticeably absent from the discussion was HSU President Lisa Rossbacher. Some of the concerns that arose in her recent letter were addressed specifically and discussed at length during the Black and Blue Dialogue. Mention of Rossbacher’s letter to the HSU student body and faculty titled “Standing Together for an Inclusive Community,” by Westmoreland sparked insistent chatter and laughter throughout the room. Especially in response to the first line of the second paragraph that states, “I know racism is not the norm on our campus or in our neighboring communities.” Westmoreland made clear this was a misconception.

“Why are we all here if this was not as issue? Why would we all be in this room talking about this?” Westmoreland said.

Westmoreland acknowledged that the intention of the letter was probably positive but the impact did not stand.

“To get a message that this is not happening is disrespectful. It’s disrespectful to the people who are going through it on a daily basis, who see it, who hear the stories -- the people that are encouraging our students to persist in the face of it,” Westmoreland said.

The AACAE deliberately guided the dialogue in such a way that encouraged productive listening, learning and conversation. They prepared a list of questions beforehand, intended for either law enforcement or community members on the panel. Questions directed toward law enforcement focused heavily on what changes, if any, are being made systematically to ensure that police killings of unarmed citizens stop.

Questions for HSU students and faculty of color encouraged them to share their feelings and perceptions of law enforcement. This granted community members and law enforcement



Ketly Sylla- “The Black and Blue Dialogue was set in place for bridging that gap between law enforcement and us as a community so we decided to have this dialogue because it was necessary especially with the event occurring right now with Black Lives Matter. We wanted to hear their input and what they thought about these different issues. We wanted a neutral setting, which it was and that was good.”

a glimpse into each other’s experiences.

A recurring sentiment in the responses given by community members was the underlying fear they have for themselves and loved ones when it comes to dealing with police.

“It’s difficult to wake up and see all the things on the news and then when you are in the presence of an officer, you’re apprehensive and don’t know what to do,” Barnes said. “You’re like, these people followed the rules and they still ended up dead, so what do I do?”

Barnes is now the Title IX investigator for HSU, but her journey started in New York City where she described the police presence as heavy and constant.

During the two hour dialogue, local law enforcement went over police de-escalation tactics, the use of body cameras, the need for more cultural sensitivity and diversity training within law enforcement and the amount of education and training it takes to become a police officer.

UPD Chief Peterson spoke candidly when asked what suggestions he has for students of color when dealing with police.

“It’s hard for me to answer just as a pure cop. I tell myself, yeah but you are white and I don’t know if I’m qualified to speak to Malcolm about how [they] should act in a traffic stop,” Chief Peterson said. “I think to do that is offensive. I don’t want to make this a dialogue where we’re blaming the victims, we’ve all

Student Opinions - compiled by Siulolovao Vuna



Danielle Dickerson- “It was very informative. It gives us, students of color a lot more space and something to work with from what we’ve been presented with. Power creates possibility so the more students of color who know about police brutality and know about its effects and consequences the more we can create change.”



Gloria Brown-”I’m really glad that I was able to be a part of it [the panel]. I definitely think it’s a step in a direction it was something that really needed to happen and I wish it can happen more in other marginalized communities.”

seen situations where police have murdered [i n n o c e n t] people.”

Along with the questions the AACAE prepared, they provided the audience with a phone number to text additional questions to and an email for testimonials about racial violence. A text question received from the audience asked how rigorously UPD documents racially-motivated attacks against students on the HSU campus and surrounding community.

“We are required by the Department of Education to submit a comprehensive report on crime on campus,” Chief Peterson said. “Anything and everything to include hate crimes, bias crime, sexualized violence. We attempt to be completely transparent.”

The 2016 annual security report, which documents reported crime, has little mention of racially-motivated attacks and/or incidents on the HSU campus. Racially-motivated incidents are classified as hate-motivated crimes, as defined by the 2015 Annual Security Report. There is brief mention of racially motivated violence or anything specific to how many students on campus are experiencing and reporting these incidents.

What Now?
4 Things to Take Away From the Black and Blue Dialogue.

1. Cultural sensitivity and diversity training will enhance how effectively law enforcement serve and protect communities of color.

2. De-escalation tactics and training along with the use of bean bag guns and body cameras are intended to lessen the unnecessary killing of unarmed citizens.

3. There are misconceptions about law enforcement and people of color that need to be addressed and acknowledged.

4. The African American Center for Academic Excellence will compile the testimonials they received during the dialogue to present to school administration. They are still accepting testimonials at aacae@humboldt.edu.

The event came to a close after each panelist shared what they took away from being in dialogue with each other. The take-away varied from person to person. Some were humbled by the experience, while others vowed to make a greater effort to not prejudge certain groups of people and situations.

Arcata police Chief Tom Chapman relayed how he wanted his officers, who were dressed in plainclothes and sitting amongst the audience, to really understand and hear the experiences and concerns, and to think of these concerns as they police in the community.

“Every member of our community has the right to feel welcomed, safe and not excluded,” Chapman said.

Last to share her thoughts on the panel was Bennett-McBride. Her voice came booming out of every speaker in the KBR, reiterating the importance of not assuming.

“When you see four or five black men on the corner chillin’ it doesn’t always mean they’re up to no good,” Bennett-McBride

said. “I felt that it was a great meeting. I know the students wanted to stand up and hammer down, but I liked the setup because it kept things organized without people going off and taking up time,” McBride said. “I do believe there needs to be another meeting where students can share their experiences with law enforcement.”

When asked what was next, McBride noted the importance of focusing on the home front, which entails making sure UPD understands the various experiences of students of color in Humboldt County.

Anyone naive enough to think the two hours given to the Black and Blue Dialogue would yield definite answers and solutions to such an overtly complex issue, probably came away from the dialogue disappointed. What was apparent was the student leadership of the AACAE, along with the willingness of local law enforcement, set an example for how important it is to acknowledge and listen to people’s experiences in order to implement change.

Siulolovou Vuna and Tina Sampay may be contacted at thejack@humboldt.edu

Opportunities to grow

continued from page one

Johnson said the students enrolled in the Klamath Connection program have done better in classes and tests and have taken more units. Johnson also said retention rates for Hispanic, African-American and Native American students went up for students who were in the Klamath Connection Program.

The next place-based learning community is under establishment and will be focused on incoming freshmen that are majoring in chemistry, physics and geology, Johnson said.

“These place-based learning communities are changing the freshman year experience,” Johnson said.

The second component of the grant is expanded tutoring. The grant will help establish more major-based tutoring for all STEM majors and expand the learning center in the library.

The third component of the grant will help change math remediation. Instead of students taking math remediation and a math prerequisite for a certain class, students would take a corequisite

supplemental math and regular math, Johnson said.

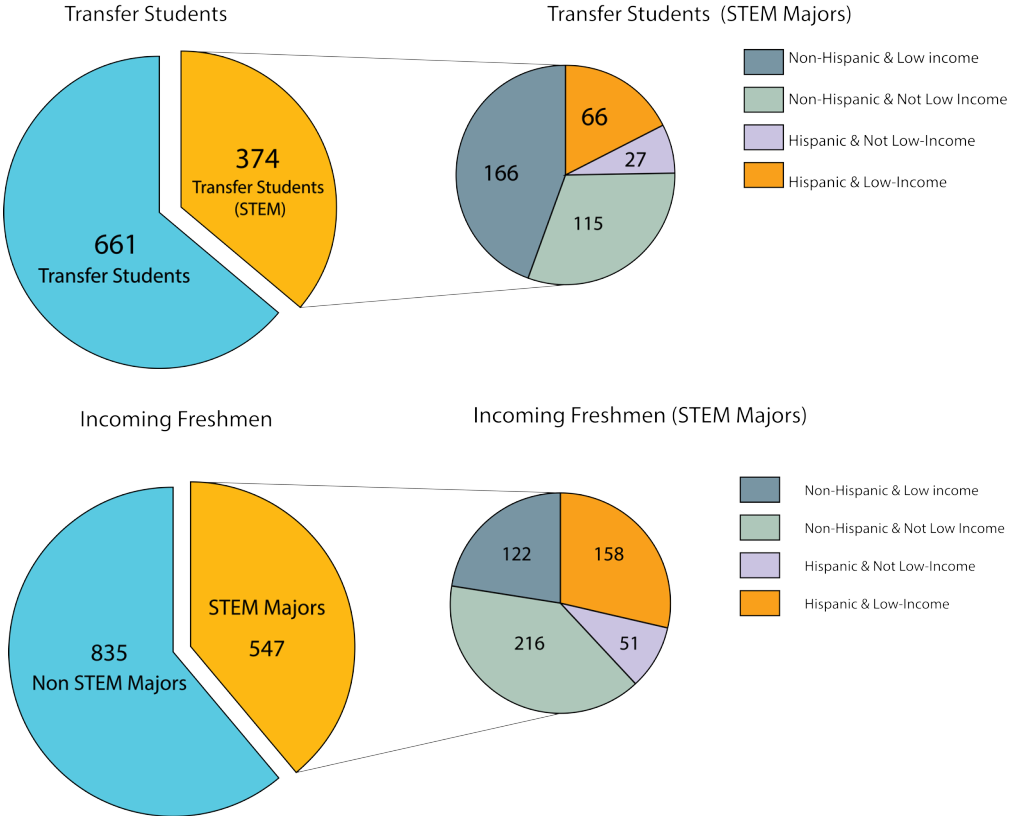
”It puts students behind, it becomes this long chain of prerequisite after prerequisite,” Johnson said. “We’re trying to make it better, eventually for everyone.”

The fourth component of the grant is to forge new relationships with three community colleges in California that have historically sent the most Hispanic and low-income students to HSU. The schools are College of the Canyons in Santa Clarita, Reedley College in Bakersfield and Santa Rosa Junior College in Santa Rosa. The grant will streamline the transfer process and will work with counseling. The grant will also help send student ambassadors to those specific colleges to inform about HSU.

Maribel Perez Espinal is a biology cellular molecular student and was part of the Klamath Connection program last year.

“I really liked it, it gave me the opportunity to make connections with my teachers,” Espinal said. “It put me over the top.”

Espinal said these place-based learning communities are really going to help incoming freshman with their classes.



Graphic created by Devyn Sessions

She also said the grant will bring forward a stigma that there are not a lot of Hispanic STEM majors. Espinal said the opportunities the grant will offer will give them that push.

Xeromino Castañeda identifies as Chicano and is in his second year at HSU’s

wildlife graduate program. Castañeda heard about the grant through his advisor, Matt Johnson.

“It’s great. It’s a good first step onto bringing in people of color into STEM,” Castañeda said.

Iridian Casarez may be contacted at thejack@humboldt.edu

Life by gaming

by Wilson Hartssock

I often wonder what my roommates think when they walk into my room on a Saturday night. My body sits at my desk opposite the door, silhouetted by the blue hue of my monitor. My big bulky headset and the mechanical clicks of my keyboard follow the tempo of my punk music. Meanwhile, my voice is serious but cackles chaotically. I must sound like a madman. If you add about 200 pounds and load my desk with Doritos and Mountain Dew, I'm pretty sure that's what the average person thinks the gaming stereotype is. But let's get this straightened out now. According to the Entertainment Software Association's findings in 2015, the average gamer is 35 years old, and the most frequent female gamer is 44 years old on average, out of the 150 million people who play games regularly in America. If you take this research and apply it to the Pew Research studies, just about half of all gamers are women. These studies demolish the gamer stereotype given by non-gamers. Now, let me paint you that picture of this past Saturday night through my eyes and ears. I'm at my desk playing World of Warcraft, my most recent game addiction. I'm speaking with two of my best friends in Sonoma County.

We are discussing the social and political consequences of merging our guild with another. We lead our guild as a high council and rely on each others' advice before making any decisions. Our guild is low on people and on the verge of failing. To save it, we need more healers and damage dealers before we can begin to progress through the end of the game. Merging would mean that we bring their guild leader aboard our council, giving him some control over how we run things. But we'd also gain the healers and damage dealers he and his wife have on reserve. Yes, they run their guild as a married couple. With our 20 reliable players and their 17, we'd have a combined force of 37. But that means our Saturday raid nights would include 10 more strangers from around the world that we'd have to cooperate with. And just like in real life, people can be very unpredictable. Especially virtually. After talking for three hours with their leaders and a 2-1 vote, we merged. I don't believe that I've never learned some sort of skill from playing video games. This weekend was fun, but it also felt like work because

I was doing something I had never done before. Before I knew it, I was getting a crash course in diplomacy and the politics of leading, something I never learned in all of my group projects in college. Video games taught me something new. I could also make a strong argument that Starcraft (PC) taught me how to read efficiently. Or how Mass Effect (PS3) made me better at making on-the-spot judgement calls. Hell, these two games alone have taught me more about story structure than any literary class I've ever taken. But I get it. It looks like a waste of time, spending hours at a desk messing around with strangers on the internet. Often times it's equated with watching television or movies. Personally, I equate it with sports. There's a big difference between watching and playing. There's a cheesy quote that floats around the gaming communities that goes, "I am a gamer. Not because I don't have a life, but because I choose to have many." *And every life gifts an opportunity to learn. *Guilds are player-created communities for other players; a place where friends and strangers can come together to accomplish all tasks, from crafting to defeating the most challenging bosses.*

Wilson Hartssock may be contacted at thejack@humboldt.edu

What happens next? Life after college

by Chelsea Medlock

The fear of life after college is a constant thought that concerns us all at some point. Once we graduate from undergrad, we hope to take on something that will support us more financially or academically, and lead us toward independence. College is merely the first step into what is familiarly known as the real world. Being full-time students or part-time students with jobs can overwhelm anyone from our true dreams. Luckily, there are people who have been in our shoes and can relate to the current anxiety you might be feeling. After all, it is not the transition, but how you prepare and cope with it. Montaria Pierce, a zoology major, was very determined to complete her education at Humboldt State. Pierce took part in college bound programs and

advanced placement classes that scored her ahead of most high school students in her age group at the time. Pierce's method of preparedness and readiness landed her in a four-year university as a freshman at 16 years old. She was the youngest freshman at HSU's incoming freshman class of 2013. "I was young and overwhelmed with the level of freedom, which caused me to lack discipline and focus on my academics," Pierce said. After college, Pierce relocated back to the Bay Area with uncertainty of direction. Luckily, she had a family support group and mentors who encouraged her. Pierce discovered her passion for women's health after realizing zoology studies limited her to only animals, and she wanted to include people too. Shortly after

realizing this, Pierce returned to college in the Bay Area, redirecting her focus on becoming a midwife.

I was young and overwhelmed with the level of freedom, which caused me to lack discipline and focus on my academics," Pierce said.

— Montaria Pierce Humboldt State zoology major

he had the support of a faculty member to reach out and steer him toward a clearer path. He prepared to enter the real world after talking with director of The African American Center for Excellence, John Johnson. "Dr. Johnson, or Dr. J, someone who looked like me, gave me so much hope and faith," Williams said. Furthering his education, Williams utilized his degree by going to grad school, now attending Arizona State University. Chrystal Johnson, a pure math major, is currently spending her last semester at HSU after crossing the graduation stage last spring. Her goal is to work for the Lego company next. "Hunting down a job after graduating seems like the most intimidating bit because there are so many questions and I don't

have the answers to all of them," Johnson said. Johnson admits that her prime goal is to use her free time and could thus focus on work instead of balancing work and school like most students do. More importantly, she would like to relieve herself of student loan debt. Six months after students graduate, the federal government requests incremental payments on the money you borrowed. That includes subsidized and unsubsidized, plus interest. It's hard not to say don't become overwhelmed, but definitely prioritize and plan for the future. No matter what life throws your way, things always get better with persistence.

Chelsea Medlock may be contacted at thejack@humboldt.edu

Rally to pep Jacks first pep rally of the season

by Megan McDaniel

Sparkly lights, energetic spirits and party music filled the UC quad at Friday night's pep rally. The rally was put on by Clubs & Activities and the athletics department to create excitement for Saturday nights homecoming football game. The rally kicked off with the Marching Lumberjacks, followed by a drag queen performance, which excited the audience but frightened the football team. When the football team was handed the microphone they yelled, "Pack the bowl!" and the crowd got louder. James Bain, a criminology major and football player said the pep rally was awesome. He also said his favorite part was all the random dancing and the Marching Lumberjacks. "I am ready to pack the bowl tomorrow night," Bain said. "I am looking forward to the team becoming a true family this season." Humboldt State Demolishion Dance team had all eyes on them when they performed. Brizhane Sam, from Demolishion dance team, said she was

excited to perform and be a part of the rally. "We didn't have a lot of time to practice for this performance, but we got it down in time and are really excited," Sam said. The music never stopped throughout the rally, which kept everyone on their toes. Music was provided by student DJ Jeff Haggy who was hired by Clubs & Activities to DJ the rally as well as the tailgate event. "I am really glad to see a lot of students here who look like they are having a good time," Haggy said. The HSU Circus team also got the chance to perform a piece. Tzveta Stoimehova, a member of Circus Club, really enjoyed the dancing and great music. She also mentioned that the circus performance was super spontaneous but it all worked out. "I like the community around football-like events," Stoimehova said. "Like this one where more and more clubs are able to be involved."



Alicia Lovejoy performing for the Queer Student Union during the pep rally Friday night in the UC Quad |Photo by Tyler Boydston

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Pep to rally

Photos By Tyler Boydston



The HSU marching band made an appearance during Friday night's pep rally in the UC Quad



Lambda Theta Alpha salut and stroll during Friday night's pep rally in the UC Quad



Demolition during their dance routine in the UC Quad at HSU's homecoming pep rally Friday night



DJ Noxly performing during the pep rally Friday night in the UC Quad



Crowds of HSU students and other bystanders enjoyed themselves Friday night during HSU's pep rally for homecoming weekend in the UC Quad.

Megan McDaniel may be contacted at thejack@humboldt.edu

Adventure Awaits!

by Rick Elice

Music by Wayne Barker

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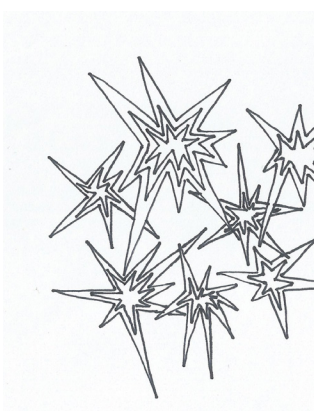
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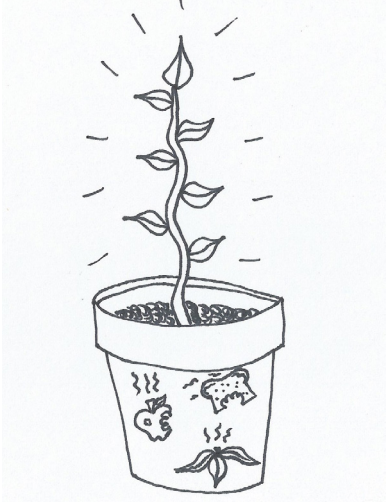
Climate - Hurricane Matthew lights up the sky

Fortunate photographer Frankie Lucena was in the right place at the right time when he captured an image of a rare phenomenon known as a sprite while taking photographs of Hurricane Matthew last Saturday. Sprites, not to be confused with the soda pop brand, have a variety of appearances and are a type of electrical discharge. They only exist above active thunderstorm activity and NASA estimates their flash to last for a mere one thousandth of a second. Sprites result when positive lightning is discharged from a thundercloud to the ground below and are described as the inverse of a lightning bolt.



Food - Growth through waste

A pair of researchers are in the midst of tackling a two birds, one stone scenario. The two birds? Food waste and food production. The stone? An aquaponics system powered by methane produced from - you guessed it - food waste. Elena Timofeeva is a chemistry professor at the Illinois Institute of Technology in Chicago and John Katsoudas is a researcher in the field of physics. The two, who are married, noticed how expensive an electricity-powered aquaponics system proved to be when they attempted it in their home basement and received a staggering electricity bill. This is what set off the quest for an off-the-grid aquaponics system. Timofeeva and Katsoudas designed the system to be mobile, building it within a 45-foot shipping container. Methane is produced through inputting food waste, or biowaste, into a contraption called a biodigester. The biodigester behaves much like a stomach to process the methane into gas, which is then used to power a generator controlling the light sources and water sources of the aquaponic system.



Physiology - Nobel in the cell

Though microscopic in size, cells work hard on the daily to maintain the structures that make up our living world. Like all hard workers, cells create waste, but their waste recycling process was not clearly understood until recently. On Monday, Oct. 3, Japanese cell biologist Yoshinori Ohsumi was announced as the recipient of the 2016 Nobel Prize in physiology or medicine for his in-depth research during the early 1990s on the processes of autophagy. Autophagy is essentially how the cell takes apart proteins and other materials that are no longer needed and recycles them into useable components. Though scientists have been aware of autophagy since the 1960s, it was not until Ohsumi incorporated the use of baker's yeast through a series of experiments that key autophagy processes, previously too small to study, became observable. He was able to identify specific genes and metabolic pathways associated with autophagy, furthering the understanding of how cells function and earning Ohsumi the prize.



Health - A limited lifespan

Advancements in technology, medicine, and overall understanding of the human body have all resulted in longer lives for people over the years. However, scientists say that humans inevitably come with an expiration date, regardless of the modern marvels of medical science. This is due to the fact that old age takes numerous tolls on the body which cannot all be continuously mended. The oldest confirmed person, Jeanne Calment, lived to be 122 years and 164 days old before passing in 1997. Calment was born in 1875. Though the life expectancy of the average person is still projected to increase in coming years, researchers suspect the chance of someone surpassing Calment's age at death to be less than one in 10,000. Our ancestors in the 18th century saw an average lifespan of about 35 years of age; as for the folks of today's 21st century, scientists project that the average age of death has leveled out at about 115 years of age and is not expected to increase anytime soon.



Wildlife - A fading buzz

On Friday, Sept. 30, the United States Fish and Wildlife Service announced that seven species of yellow-faced bees, the only native Hawaiian bee species, have qualified for listing on the Federal Lists of Endangered and Threatened Wildlife and Plants. Contrary to what has falsely circulated through social media outlets, this listing does not include all bees as an insect class. However, the fact remains that this is the first time in history that any species of bee has been labeled as endangered within the United States. The Xerces Society, a nonprofit organization advocating for the protection of pollinators and invertebrates, credits habitat destruction and introduction of nonnative species with the yellow-faced bees' plight. The listing will go into official effect on Halloween, adding to the spooky possibility of losing more pollinators in the future.



Food - Hop into hoppy beer

Good news has bubbled up for all of you hoppy beer lovers - your taste in the bitterest of brews may be having positive impacts on your health. Aside from their antimicrobial properties, role in keeping your beer fresh and combatting sweetness, hops, the flowers of the plant *Humulus lupulus*, are your liver's new best friend. A study conducted on mice by researchers from Friedrich Schiller University Jena in Germany found that hops may have the ability to lessen the amount of harmful compounds exposed to the liver. These compounds, known as reactive oxygen species, can result in the damage of cell structure. The presence of hops allows for less fat buildup on the liver. How's that for an excuse to get another round?



Claire Roth may be contacted at thejack@humboldt.edu

Humboldt State's first Zero Waste Conference

An open letter from WRRAP

by Anne Maher, Zero Waste director

The concept of waste has retained increasing dialogue across our campus and the expanding community in recent years, more frequently including various people and groups. With the upcoming Proposition 67 bag ban, France phasing out single-use dishware and our own university's single-use coffee cup policy, it is an issue of growing awareness and conversation.

To promote this discussion, the Waste Reduction and Resource Awareness Program (WRRAP), a student-funded and student-run club on campus, is hosting the Zero Waste Conference this October. Held with the slogan, "Fusing Power and People to Achieve Zero Waste," the two day conference aims to bring together various groups and people both on and off campus to talk about waste-related concepts.

Last March, WRRAP hosted the Zero Waste Banquet, a free dinner to students and the local community to raise awareness on waste issues. Three experts came from across Oregon and California, including our own Maggie Gainer from Zero Waste Humboldt, to speak.

This semester, the banquet has expanded to the Zero Waste Conference, and incorporates workshops, keynote speakers, forums, free food and ends once again with a free banquet. The schedule, available on the group's Facebook and webpage, includes Oh Snap speaking on food insecurity, Dining Services

speaking on HSU's Zero Waste Plan, environmental justice and creative reuse workshops and a KRFH live music event.

The event is free to students and RSVP is only required for the banquet, where Michael O'Heaney will be representing the Story of Stuff, a non-profit based in over-consumption and its effect on communities.

"California State Universities recently adopted a sustainability policy where all CSU campuses are required to meet an 80 percent diversion rate by 2020," states WRRAP's Education Director Shohei Morita, who is one of the leaders in the conferences planning. "The Zero Waste Conference is a good starting point to start exploring how we can collaboratively work towards meeting this requirement and then to zero waste, and to engage the campus community in practicing zero-waste principles."

This is the first Zero Waste Conference, and the largest event that WRRAP has ever held. They have incorporated several campus grants to fund the project and stated they hope to continue and expand the event for future years.

The Zero Waste Conference is Oct. 14 and 15 in the Great Hall, KBR and Karshner Lounge. The schedule is available at humboldt.edu/wrrap. For questions, call WRRAP at 707-826-4162 or email wrrap@humboldt.edu.

Fantasy Football
101

Making fantasy
football great
again

by Ermelo Albert Rebosura

There are clowns trying to take over the world. There are clowns fighting to become our next president. There are also clowns who run fantasy leagues that are repetitive and boring.

You may think fantasy football is fun. But is it as fun as you think it is? Believe it or not, it can be better. With my help, I will change your fantasy leagues for the better. I will build a wall that will keep bad commissioners out of fantasy leagues. I will show how your current commissioner has been lying to you and deleting emails. Most importantly, I will make fantasy football great again.

I've been in a variety of different leagues and commissioner of my league for five years. Here are some things I've learned over the years that keeps leagues fun, different and better than all other leagues.

Auction drafts are the way to go. Standard drafts are archaic. With auction drafts, you have a hypothetical \$200 to spend creating your team. With this type of draft, you can have combinations of players that would never be possible in standard drafts. It's also fun trying to outbid your friends.

Ditch the waiver wire system with the free agency acquisition budget. This long-worded term is like an auction draft. You have \$200 to spend on waivers for the whole season. With this budget, you don't rely on the waiver order to acquire players. If you want a player, you can make sure you get that player.

The \$200 you spend in auction drafts and the free agency acquisition budget is play money and not actual money. But one of the more common ways to spice up your league is to up the ante. Make it a high stakes league. This makes leagues exponentially more competitive. This makes everything you do more important and makes every week a must-win.

Trophies are a must. In my league, we have a WWE-style championship belt for the winner. But we also have a Dallas Cowboys kid's costume for the worst team in the league. At our draft, we all take a league photo and the last place player has to squeeze on the helmet -- we are almost all 49ers fans so it's humiliating. The extremes are great. When you win it's glorious but when you lose it's the absolute worst.

Fantasy football to me is more than just a game, it's a lifestyle. With my proposals, I will make make fantasy football great again. But it doesn't end there. I will turn your fantasies into reality.

Benchwarmer blues

My time as a Humboldt softball
player



Colorado world series championship May 21, 2016. | NCAA Jamie Schwaberow

by Lindsey Zito

I am a benchwarmer. Well, at least I used to be. I was never a terrible athlete during my time on the team, but I was in no way some softball superstar either. It was always such a weird place to be in. The sport I had been playing and excelling in my whole life suddenly became a constant struggle just to be a fourth string player for a position I didn't even play. But I loved the sport, so I endured it all. It's a particularly odd feeling; being so angry at something that has been the love of my life since 6 years old.

I am a benchwarmer. Don't get me wrong, I made some of the best memories of my life as part of that team. I made some amazing friends along the way as well. Some of the best I've ever had. Being a part of a collegiate team is such an amazing experience. It's a group of women, with all sorts of personalities, backgrounds, and experiences that all share one common passion. Playing softball. It was that sort of passion that really molded us into such an amazing unit. We were truly a family, bickering and all. While I, myself wasn't doing as much of the playing, most of the time it was completely worth it. As long as I got to be a part of this amazing family, I was having the time of my life. But as life goes, there is always that dark cloud that ruins a sunny day.

I am a benchwarmer. My whole life I was raised to believe that if I worked hard enough, my efforts would be rewarded. It's something

all coaches like to preach. You know, the whole "I would rather give playing time to a person who always gives 100% rather than a person with natural talent who doesn't," but sometimes that's just not how things are. It was something that became incredibly difficult for me to comprehend. I couldn't understand how some of my teammates who always worked their hardest, would end up having to sit every game behind some all-star prodigy who had never had to work even half as hard. There were girls, including myself, who quite literally shed their blood, sweat, and tears everyday just to get a shot to maybe pinch run for someone. The ugly truth I had to learn quickly was that no matter how much a coach will preach about players giving 100%, when it comes down to playing, the ultimate goal is winning. In terms of success, that's what matters most I guess. That's what gets us regional titles, division titles, and ultimately takes us to nationals.

I am a benchwarmer. Some can do it. They can keep a positive attitude with a smile on their face while dragging themselves through hell, and that was just something I couldn't do any more. I commend my fellow teammates who could, it's an incredibly admirable trait I wish I possessed. With every passing day I found myself resenting every practice, every game, and every other outing that involved the whole team more and more. I felt irrelevant. I was just that girl who kept her head down in practice and who always cheered the loudest during games. I found myself doing it

just to keep from breaking down. The louder I cheered, the more frustrated I really was. I couldn't control my playing time, so I did the only thing I could control, my positivity. But that was something I couldn't do for my team anymore. I couldn't do it to myself. But I also couldn't be the one responsible for a negative attitude in the dugout, because no matter what anyone says, a negative attitude is absolute poison in the dugout. I've seen it first hand.

I am a benchwarmer. The decision to quit the sport I love so much was one of the most difficult decisions I've had to make in my young adult life. The experiences and memories I've made while being a student athlete is something I will always cherish. I wouldn't have wanted to spend the first two years of college any other way. I miss the game every now and then, but as much as it hurt to leave, it was the right thing to do for me. I have never been happier. The life as a mediocre student athlete wasn't always so glamorous, but the time I was given is something that I wouldn't ever change. I wish everyone got experience the joys of being a part of something as big as a nationally ranked team. Whether I played or not, my experience was unforgettable. It's now time for the next chapter of my softball-less life to begin, and I'm loving every page.

I was a benchwarmer.

Lindsey Zito may be contacted at thejack@humboldt.edu



A Humboldt State Rugby player laying a hard hit on a Cal Maritime rugby player. | Sam Armanino

Butting heads

Playing rugby while concussed

by Keaundrey Clark

The pressure was on. The crowd cheering as the game is close. Pale and sweaty as he lines up on defense. The play starts, he barrels down on the ball carrier, while going in for the tackle suddenly a sickening crack sound enters his head. Dazed and confused, he has taken a knee to the head. He was taken out and evaluated by the trainers and was allowed

to return. Something wasn't right though.

This was junior Zach Smith two years ago after a rugby match. He tried to play concussed but was ineffective.

"It felt like my brain rattled, I could feel it," Smith said.

When Smith went to his trainer, he was given a concussion test. The baseline test is a computer test where a person is asked questions that assess and measure reaction time, memory capacity, mental

processing, and functioning of the brain. They record baseline concussion symptoms and provide information about the athlete's history with concussions.

Smith answered the questions within seconds of being asked.

The initial baseline testing that Smith was given did not stop him from getting back in the game. He could have suffered further damage.

continued on page eight

continued from page seven

“My teammates said I stumbled off the field like I was hammered drunk,” Smith said. “When I went back into the game after being “all cleared” they said it was one of the worst games I’ve ever played.”

Smith tried to go to class the same week but things didn’t feel right.

“When I was in class later that week, I could not focus and had my hands on my head the whole class period,” Smith said.

His teacher thought Smith had symptoms of a person who had been drugged. He knew this was serious and went to see a doctor.

“After going to see the doctors and doing the test with North Coast Concussions Program, I stayed out for a few weeks,” Smith said.

Beth Larson, coordinator for NCCP tests athletes on campus for concussions. She says this

type of thing used to happen a lot. Since the social conscience about concussions has increased, the risk of going back into the game and taking further damage as decreased.

“If anyone who is aware of recognized signs of concussions, they should take that person out of the game and keep that person out,” Larson said.

Smith retested till he was able to show improvement in his scores and overall health.

David Hobbs, an incoming freshman on the rugby team knows concussions are a part of such a physical game.

“Our coaches teach us the proper way to tackle, where to put our heads so when we hit the impact isn’t severe,” Hobbs said.

Keaundrey Clark may be contacted at thejack@humboldt.edu

Jacks

FIELD PASS

by Brian Cohen

Homecoming week held a lot of exceptions for the Jacks. The Redwood Bowl was packed on Saturday with 6,000 plus wanting to see a victory. The excitement was buzzing on Friday on College Creek Field with women’s soccer dominating performance. The energy continued at the homecoming pep rally Friday night. All events lead up to the Saturday afternoon tailgate party, before ending in the Bowl. Here is a look at what happened in Lumberjack sports this week:



By James Towney

Volleyball

The Jacks spent most of the weekend on the road as they entered a six day road trip. They played Chico on Friday, Stanislaus on Saturday, and Monterey Bay on Tuesday. Against Chico State the Jacks fell 3-1 in four sets. The quick turnaround to Stanislaus State did not play in their favor. The Jacks were swept in three straight sets. Their next game is Friday October 14 in the Lumberjack arena against Sonoma State.



by Jared Funk

Women’s Soccer

After a scoreless first half the Jacks found the back of the net for a season high four goals. Their win at home was their second one of the season. The move to 3-8-1 on the year.



by Robert Perez

Men’s Soccer

The Jacks had an off week from competition. They practiced all week at the College Creek Field as the get ready to host their next two games there. They play Oct. 14 against San Francisco State and Oct. 16 against Monterey Bay. Both games will be played at 3pm.



by Jared Funk

Football

In their third home game of the season the Jacks came out hot. They started attacking early and got off to a 17-7 halftime lead. The Jacks also saw the return of a few offensive pieces they were missing last week. The defense played in the first half could also be said to be the team’s best half of defensive ball all season. It was a completely different story in the second half. Central Washington shut out the Jacks and only allowed 65 total yards in third and fourth quarters. The Wildcats offensive was also able to find the endzone five times in the second half. Central Washington won the game by a final score of 42-17. The Jacks remain winless at home this season and fall to 3-3 on the year. Their next game will be Saturday Oct. 15 as the travel to Azusa Pacific.

Cross Country

The Jacks raced at the Gator Invite in San Francisco. The event is held in Golden Gate Park. Both the women and men raced and placed. The women’s team placed first in the event with Tatiana Gillick finishing third overall. Megan Alfi and Annie Roberts also placed in the top 10 finishers. The men took home fourth place in their event. Chase Wheeler, Ben Stalheim, and Daniel Tull helped the men finish fourth. The Jacks next race will be Oct.22.

GO JACKS!

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IN THE KATE BUCHANAN ROOM

Editorial

Racialized violence & discrimination in Humboldt County

Thoughts of racialized violence and discrimination in Humboldt County may have never crossed your mind. However, maybe you are a student or faculty of color who has experienced this.

With Humboldt County being such a rural environment many like to believe that we have escaped the smog of racism & white supremacy. What Humboldt inhabitants fail to realize, is no matter how far we are from large cities and sites of major protest and conflict, Humboldt County still lies within the realm of America.

And this smog of racism although invisible, is thick; looming over all cities, states and counties while permeating every American institution.

There have been many concerns raised to administration and faculty regarding the experiences of students of color in the outside community of Humboldt State. There are cases where students have been harassed off campus with racial epithets and bottles hurled at them by cars passing by, in addition to other forms of violence

Questions were raised at the University Senate meeting last Tuesday October, 6th, where the senate hoped to pass a resolution on how to effectively offer assistance to its students and faculty of color who are experiencing racism and biases at the hands of community members, businesses, property managements and realtors.

Various members of the senate noted HSU's stated commitment to diversity issues and being advocates for social justice and its student of color population, with very little follow through.

The senate spent a good amount of time on the language and words to be used in the resolution which would hold HSU more accountable to be actively involved and committed. Rather than just releasing statements on the issues at hand, which only goes as far as showing solidarity.

Showing solidarity is what president

Rossbacher attempted to do with an email sent by her office the same day as the senate meeting. In the email Rossbacher details how she "knows racism is not the norm on campus or in our neighboring communities."

Yet in the same paragraph she mentions the continued "overt-racism" and biases experienced by HSU students and faculty.

Many at HSU feel as though it was a slap in the face. A lackluster attempt to touch on the issues at hand, while dancing around them. Rossbacher failed to interpret and address the problem of racialized violence and discrimination in its entirety, which does a complete disservice to the experiences of students and faculty of color.

It is true. Humboldt is a "caring place, with many thoughtful, open-minded, and well-intentioned people." But Humboldt County still lies within America. The same America that is built upon and revolves around the concept of white supremacy.

It is this system that we live under, which indoctrinates people's beliefs about others and labels people as "others."

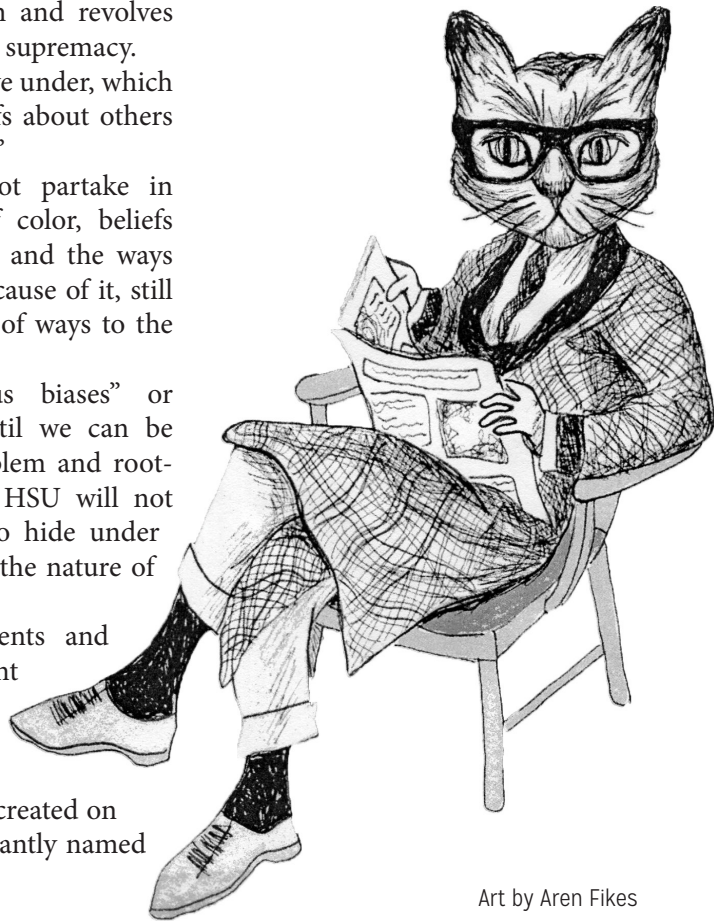
Although many may not partake in violence against people of color, beliefs held about people of color and the ways people respond to them because of it, still affects them in the utmost of ways to the micro-level.

Call them "unconscious biases" or whatever you will but until we can be honest about the true problem and root-causes of these problems, HSU will not get far while it attempts to hide under the guise of liberalism and the nature of Humboldt County.

The frustration of students and faculty with president Rossbacher's email prompted swift action from students. An online campaign and hashtag was created on Facebook and Twitter, brilliantly named

#POCNORMHSU. This allows students and those within the HSU community to use social media to share their experiences of violence, discrimination and racism experienced in Humboldt County. They also have listed demands which include a public apology from president Rossbacher.

Overall for a school that prides itself on social justice, there is a dry involvement by its lead representative(s). An event that discussed police dealings with people of color at such a crucial time in our country, did not grant the presence of our university president. Leading many to speculate on her understanding and overall commitment to the issues.



Letter from the President

Standing Together for an Inclusive Community

Dear University community:

In a number of incidents this fall, members of our University community have been subjected to racial bias as well as racially motivated acts of violence. Many of us, our colleagues, and our friends have suffered emotional and physical harm. Meanwhile, ongoing issues at the national level have intensified the sense of injustice and the frustration that our society has not made better progress.

I know that racism is not the norm on our campus or in our neighboring communities. This is a caring place, with many thoughtful, open-minded, and well-intentioned people. Yet I also know that we hear too many stories about HSU students, staff, and faculty experiencing acts of overt racism and enduring on-going bias.

As a University with a deep commitment to social justice, we must re-dedicate ourselves to creating a more welcoming and inclusive community for our Students of Color and for all People of Color in Humboldt County. We all share responsibility for addressing inequity and for preventing racist ideas from taking root.

You can positively participate in many ways, including taking action in your daily activities at the University and in your neighborhood.

On campus, please consider participating in a number of upcoming activities. A "Black and Blue Dialogue" will be held this Thursday, Oct. 6 from 6 to 8 p.m. in the Kate Buchanan Room. The event will be presented by students from the African-American Center for Academic Excellence. The Office of Diversity and Inclusion is developing a series of workshops on "Living in Humboldt" and a new Book Circle. For more information, contact that Office and watch for updates on their website.

A variety of other efforts are on-going. For example, a discussion of diversity and cultural sensitivity was added to new student orientation this year. A group of students recently shared their concerns with the Arcata City Economic Development Committee, which has led to plans for additional dialogue. The Office of Diversity and Inclusion is working to create a Student Advisory Council, which will advise the office and also assist with community outreach. And HSU is working closely with other organizations in the county, including the Humboldt Area Foundation, on an initiative called the Equity Alliance of the North Coast, an 18-month effort highlighted by special speakers and training.

In addition, a resolution is being considered today by our University Senate. It expresses the Senate's outrage at racial violence as well as its commitment to the safety and well-being of students, faculty, and staff of color.

At Humboldt State University, we are committed to the goal that everyone here will feel welcome and included. We have made real progress in living up to this ideal. Despite our shortcomings and despite the disheartening acts we aren't able to prevent, I know we will continue to engage with one another to do even better.

With best wishes,
Lisa A. Rossbacher, Ph.D.
President



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This is your newspaper.
Be a part of it.

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

Why Gary Johnson is not the answer

by Kayla Lindeman

Just a few weeks ago I saw a message written with chalk on campus that stated, “Trump for Psych Ward, Clinton for Jail, Johnson for President.”

It is no doubt that our choices have slimmed after Bernie Sanders left the presidential race. This unfortunate event has left us with unfavorable options, but that is no excuse to vote for Gary Johnson.

This isn’t just an opinion of some Humboldt State students. Libertarian Gary Johnson has taken the lead in the 18 to 24 demographic over Trump, Clinton, and Stein. While it is true that Donald Trump is a tyrannical misogynist and Hillary Clinton has been involved in sneaky, unmarked governmental territory, Gary Johnson is not the answer to our problems.

He has proved himself time and time again to be riding alongside the team of deplorables. Since millennial’s interests heavily leaned towards those represented by the Sanders campaign, I thought it’d be useful to debunk the myth of Gary Johnson being an adequate alternative.

Johnson doesn’t believe in having a minimum wage and wants to eliminate the 78-year-old standard altogether. He claimed in an interview with CNN that “Libertarians are fiscally conservative.”

This is accurate, but nowhere near Bernie Sanders socialist, equalist ideals that gained widespread support.

He strives for zero gun control and calls for an end to gun-free zones. He has said,

“Restricting guns makes things less safe, that’s the camp that I’m in.”

He wants to repeal ObamaCare as unconstitutional and cut Medicare and Medicaid spending.

This is surely not the pathway to providing healthcare for all citizens.

Johnson’s plans do not support creating a system that keeps all people, regardless of income, at the same priority.

He doesn’t want to lower the costs of college tuition. He actually wants to eliminate the Department of Education entirely, which funds most of our financial aid.

He couldn’t recall the city of Aleppo, the largest city and capital of Syria. This is a country that we have had involvement in during their five-year-long civil war, and a country that has remained a symbol of extreme suffering in the world.

During an interview with MSNBC he couldn’t name one foreign leader and claimed he was having a “brain freeze.”

To put it generously, our options for presidential candidates are not ideal. There is a whopping dissatisfaction among millennials because it is thought that neither Trump or Clinton will make for a good president.

But ladies and gentlemen, Gary Johnson is not the answer.

At the diabolical state our election is in, a protest vote is highly justifiable. Although, if you’re thinking that Johnson would fulfill even satisfactory standards, I would rethink your strategies.

Kayla Lindeman may be contacted at thejack@humboldt.edu

Your body is not the problem

by Rigmor Angel Soerensen

I got my belly button pierced last week. Not because I want to show off my fat stomach, but as a trophy for myself.

Since my early teens I have always wanted a belly button piercing. Friends of mine got theirs pierced, but I couldn’t. Not because I wasn’t allowed to but because my stomach wasn’t flat and pretty enough.

Last week I realized that it was time to take a step further in life. To start practicing love for the body I’ve had for 22 years and will have the rest of my life. If I always wanted a piercing, who was to stop me?

Tired of society’s impossible standards, I decided to get pierced as a statement to myself. A statement saying that I’m proud of my body. And that I will try to love it the best I can the rest of my life.

I met with three freshmen who told me about their relationship with their bodies. Two of them were not happy with their bodies, while one was.

The happy owner is Elisabeth Nirschl. “I have good hips to carry some juicy babies in the future,” Nirschl said. “Women with curves look beautiful.”

Alexia Morrison is one of the girls who is not satisfied with her body. She does not like her double chin and dark stretch marks. “It looks like I got attacked by a bear,” Morrison said. “I don’t feel like people judge my body. I’m just not happy with it.”

The third girl in the triangle is Bailey Hale. She does not find her cellulites attractive. Hale also thinks that her stomach sticks out, and would rather be more muscular. “I don’t want to be super skinny, just fit” Hale said.

I’ve lived in a diet culture as long as I can remember. When I was 10-years-old, I became one of the “fat kids.” I was sent to a nutritionist that worked for the government to lose weight. I barely lost weight even if I followed her tips about eating carrots if I was hungry between meals.

I weighed around 200 pounds when I quit seeing the nutritionist and started exploring the diet culture myself. I didn’t start losing weight before I quit playing soccer and stopped eating bread and pasta at the age of 13-years-old. I will never have a ‘perfect body’ that will live up to society’s standards.

I asked the girls when do they feel they will be happy with their bodies. Only one could see this happening.

“I’m hoping to look the way I want next year,” Morrison said. “If I continue to work hard.”

Nirschl doesn’t believe that anyone is ever truly happy with their body. “When you fix some things you don’t like about your body, you will find new parts you want to fix,” Nirschl said.

Hale agrees with Nirschl and said that even people with amazing bodies want something changed. “We’ll never be good enough,” Hale said.

At the age of 22, I’m slowly approaching 200 pounds again. But something has changed. I eat what I want. I’ll eat that dessert if I want too. Instead of starving myself to what society defines as normal and pretty.

My goal is to have a body I am proud of and comfortable living in the rest of my life. It doesn’t matter if my weight is on the 100-scale or 200-scale.

Rigmor Angel Soerensen may be contacted at thejack@humboldt.edu

An unconstitutional culture

by George Clark

Whether you are an HSU student employee picking up a financial aid check or being sworn-in as president of the U.S., you will join millions of others required to sign allegiance to the U.S. Constitution, our nation’s preeminent and least read document.

Its principles are summarized in the preamble, “We the People...promote the general welfare and secure the blessings of liberty to ourselves and our posterity...”

Words that should generate intense debate just as they had when revolutionary patriot Thomas Paine was ostracized for asking uncomfortable questions about slavery and power, a fate still imposed upon courageous Americans.

Those who command the peremptory structures of power today have no use for questions from prophetic voices of dissent being censored by the press, government officials and academia.

(Censorship no longer requires the threat of a monarch’s guillotine).

Isn’t our surveillance-state akin to slavery not liberty? Historically surveillance is always abused against dissidents, both real and imagined.

A sobering reality considering the deployment of face-recognition satellites, street monitors, body-cams, drones and the militarization of city police used to repress civil disobedience and infiltrate community organizations. While the trillion dollar NSA, FBI, CIA and Homeland Security have access to every American’s email, telephone and web-search.

Is the U.S. “promoting the general welfare” by divesting in human resources? Jobs, education, affordable housing and universal healthcare–filling cities with desperation, homelessness and unemployed youths.

Where are the vociferous debates over U.S. income disparity and incarceration rates for men, women and children that are the highest in the industrialized world?

Doesn’t the word “posterity” in the Constitution sound a lot like “sustainability” and the Native American’s “Seventh Generation?”

Shouldn’t our public institutions be promoting and facilitating lifestyle changes commensurate with climate change and the full-employment of a green economy? Instead of squandering the lives and treasury of “We the People” on unconstitutional, unending wars-for-oil?

Worldwide biodiversity collapse and 70 million refugees from U.S. wars and climate change represent the expanding global cost of archaic imperial cultures like ours; organized to enrich entrenched privilege, power and its unsustainable and predatory industries.

America’s second revolution began immediately after its first, marked by over two centuries of protests and transient reforms. Many of FDR’s “New Deal” programs are divested or gone. In just one generation LBJ’s “Great Society” has seen its Medicare program partially privatized, diminished and confusing beyond our parent’s and grandparents recognition.

Civil Rights reforms have been circumvented by mass incarceration, compulsory prison labor, decades-long solitary confinement and unaccountable murder by authorities.

“Public” universities are graduating our best and brightest into debt peonage.

Catalysts for revolution are accelerating while revolutionary history vanishes from classrooms, and with it, important citizenship skills. Prerequisites in negotiation and diplomacy, labor history and most importantly, public speaking, assertiveness, advocacy and activism which should be tailored to every degree.

Our revolutionary Constitution was influenced by the remarkably similar separation of powers governing the Iroquois nation for millennia. An appropriate strategy against unbridled concentrations of wealth, power and the tyranny needed to retain them.

However the Constitution’s separation of power is insufficient today, due to money-corrupted elections and unparalleled advances in peremptory weapons systems. Technology, propaganda, surveillance and subversion

increasingly used against individuals and organizations who become effective advocates for change.

Today’s challenges require the radical separation of power used by the Apache. Distinguished as the only Native people undefeated during Spain’s invasion of the “New World,” Apache communities organized separately from each other with volunteer leaders (“Nant-an’s”), fighters and independent tactics.

Like the Apache we have the capacity and the responsibility to assert ourselves within each community to return public decisions and wealth to serving a constitutional commitment to posterity.

Ending campus and municipal investments in outdated, unsustainable industries.

Passing ballot initiatives requiring city and county governments to dedicate one percent of their annual budget for homeless and low-income housing.

Reducing consumption of unsustainable, toxic commodities processed by children thousands of miles away and courageously imploring friends and family to enjoy building paradise at home.

Instead of one person consuming 2,000 pounds of fossil fuel (about the same quantity used by an average U.S. commuter annually) for a voyeur’s experience of Venice. Before it’s completely submerged, due to its frivolous consumption.

Regardless of an oath to honor the U.S. Constitution, this planet’s living posterity depends upon your individual choices becoming a flood of enduring social, environmental and economic change if humanity is going to survive Earth’s nascent Anthropocene Period.

Use the revolutionary separation of power wisely.

George Clark
HSUC Accounting Technician 1979-1989
HSU Liberal Arts, class of ‘82
HSU Teaching Credential, 1993

George Clark may be contacted at thejack@humboldt.edu

Read more on thelumberjack.org!

Corrections

The photo captions on page seven are incorrect. The captions for Brandon Black and Jesus Echevarria are switched.



TRIVIA

- 1.) How many cups of oatmeal do the best chewy chocolate chip oatmeal cookies need?
- 2.) When was HSU established as a hispanic-serving institution?
- 3.) How should you feel about your body?
- 4.) What diversion rate will CSU’s be required to meet by 2020?
- 5.) What should you do if you have a concussion?

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letter word
containing
thousands of
letters

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JOKES

Q: What did the dad buffalo
say to his son on the first day of
school?
A: Bison

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Wed. Oct. 12: GRIZ, Doors Doors @ 8:30 PM
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Thurs. Oct. 13: Love Potion 69 Doors @ 7 PM, Show @ 7:30 PM
18+

Fri. Oct. 14: Bram Stoker’s Dracula (1992) Doors @ 7:30 PM, Movie @ 8 PM
Film is \$5, Rated R

Sun. Oct. 16: Goosebumps (2015) Doors @ 5:30 PM, Movie @ 6 PM
Film is \$5, Rated PG

Mon. Oct. 17: Monday Night Football Doors @ 5:20 PM, game @ 5:30 PM
Jets @ Cardinals, All ages, Free w/\$5 food & bev purchase

Wed. Oct. 19: Sci Fi Night: The Island of Lost Souls (1932) Doors @ 6 PM
All ages, Free /\$5 food & bev purchase

Fri. Oct. 21: The Craft (1996) Doors @ 7:30 PM, Movie @ 8 PM
Film is \$5, Rated R

Sat. Oct. 22: TAUK Doors @ 9 PM
\$20 @ Door, \$15 adv tix @ Wildberries/People’s Records/The Works, 21+

Sun. Oct. 23: The Goonies (1985) Doors @ 5:30 PM, Movie @ 6 PM
Film is \$5, Rated PG.

Mon. Oct. 24: Monday Night Football Doors @ 5:20 PM, game @ 5:30 PM
Texans @ Broncos, All ages, Free w/\$5 food & bev purchase.

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Current Positions Available for the 2016-17 AS Council:

AS External Affairs Representative - A student-at-large, not a member of the AS Council. This non-voting AS Council position represents HSU students on the California State Student Association and leads the Association Students lobbying and voter registration efforts.*

College of Arts, Humanities, and Social Sciences Representative - A voting member of the AS Council. Be an official voice for your college as a voting member of the AS Council.*
*(All position have a non-compensatory stipend)

To Apply: Please deliver a cover letter and resume to the Associated Students Office, Room 246 in University Center. Positions open until filled. Must meet the minimum qualifications to be a student office holder.

Questions?

Call (707) 826-4221 or visit:
www.humboldt.edu/associatedstudents



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WHAT IT DO?

OCTOBER 13

Polyrhythmics @ Humboldt Brews
9 p.m.-1 p.m., \$15, 21+

OCTOBER 14

Arts!Arcata @ Businesses on and around the Plaza stay open from 6-9 p.m. featuring local art and music

Embracing the Return of the Wolf @ Six Rivers Masonic Lodge 7:30-9 p.m
FREE

Yogoman’s Rock Steady Revue @ Humboldt Brews 9:30 p.m.

Decomp Dbeat, Ultramafic, Bonewalker, Death Crush @ Lil Red Lion 7-11 p.m.
\$5, 21+

The Bigger and Badder Tour w/ Kristine Levine and Mishka Shubaly @ Richard’s Goat Tavern
9 p.m., \$15, 21+

Trying to get into the Halloween spirit?

Haunted Mill Tour @ Blue Ox Millworks
7:30-11:55 p.m., \$12

The Rocky Horror Picture Show @ Ferndale Repertory Theatre 8-10:30 p.m.
GA \$18, Students/seniors \$16, 18+

OCTOBER 16

Trying to get into the Halloween spirit?

The Rocky Horror Picture Show @ Ferndale Repertory Theatre 8-10:30 p.m.
GA \$18, Students/seniors \$16, 18+

OCTOBER 17

REALLY Cheap Bowling @ Harbor Lanes
\$1.75 per game

OCTOBER 18

Paint Night Out: The Art of Painting and Drinking @ Lost Coast Brewery Cafe 6-8 p.m.
\$35, 21+

Open Dialogue Forum: “What’s Next” @ Bottom of the Jolly Giant Commons 6 p.m.
*Every Tuesday

Compiled by Vanessa Rodriguez

OCTOBER 15

Arcata Farmer’s Market @ Arcata Plaza
9 a.m.-2 p.m.

6th Annual Fall Fever Bierfest @ Redwood Curtain Brewing Company
Noon-Midnight, FREE, All ages

Barn Dance @ The MGC 4:30 p.m.-8 p.m.
GA \$10, Seniors/students/ HFS member \$5, Children under 12 FREE

Kikagaku Moyo, Paint Shadows @ Richard’s Goat Tavern 9 p.m.-1 p.m.
\$10, 21+

Diego’s Unbrella, Peach Purple @ Humboldt Brews 9:30 p.m.
\$15

Fall Splendor: Desert Dwellers @ Mattel Community Center 10 p.m.-1 p.m.
\$25, 18+

Trying to get into the Halloween spirit?

Haunted Mill Tour @ Blue Ox Millworks
7:30-11:55 p.m., \$12

The Rocky Horror Picture Show @ Ferndale Repertory Theatre 8-10:30 p.m.
GA \$18, Students/seniors \$16, 18+

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