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Olivia Brock, junior HSU wildlife major and indigenous peoples natural resource use and the environment minor, lays down at a die-in climate protest Sept. 27 at the Humboldt State University quad. Brock said she sought to fight against apathy, denial and inaction.

# DYING FOR A CAUSE

*Die-in protest advocates for action on climate change*

by James Wilde

Motionless bodies lay in the Humboldt State University quad on Friday.

Junior wildlife major Olivia Brock joined a die-in protest put on by Extinction Rebellion with help from Earth First.

“We want to show them that if they’re gonna kill us, then they have to see us,” Brock said.

A variety of HSU students pretended to be dead on the ground, with many holding flowers in their hands and some wearing face paint. Extinction Rebellion and Earth First advocate and protest for governmental action on climate change and environmental issues.

Junior forestry major Arvel Reeves joined the protest despite not knowing about it beforehand.

“Climate change is something I really worry about,” Reeves said. “It’s only going to get worse.”

Lily Price, HSU botany student, played a morose tune over the protesters’ bodies on a harmonium, an organ instrument that sounds similar to an accordion.

The protest came one week after a global climate strike that saw thousands of protests around the world, including one in Arcata.

Ellis Hanson, a junior wildlife biology major, wanted to help stand



HSU students Vanessa Argonza (left) and Portia Hergera hold hands for a die-in climate protest Sept. 27 at the Humboldt State University quad.

for the earth.

“I did this to do a demonstration,” Hanson said. “To make sure everyone remembers the crisis we’re in.” Students passing by showed mixed reactions to the protesters. Some

stopped and watched. Others took photos on their phones. Others scurried along without a second glance.

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## CAMPUS POLICE

# UPD Chief given vote of no confidence

*HSU officers cast almost unanimous vote of no confidence in police chief*

by Collin Slavey  
& James Wilde

The Statewide University Police Association published a press release on Monday stating that officers of the Humboldt State University Police Department submitted an almost unanimous vote of no confidence in Police Chief Donn Peterson.

Nine of the ten officers in the department cast a “no confidence” vote while one abstained. Peterson has allegedly manipulated crime reports, frequently left the office to go out of state, created a hostile discriminatory work environment and violated labor laws.

In a phone interview with Peterson, he said he does not agree with the allegations. However, he enthusiastically supported the association’s examination.

“I have a profound respect for the seriousness of the allegations and the people who made them,” Peterson said. “So I want to respect that.”

Peterson said he wants to be as transparent as possible, but he hopes to continue to be the UPD Chief.

Associated Students President Yadira Cruz said she was surprised when she learned about the vote on Monday.

“I was genuinely shocked,” Cruz said. “Like what the fuck?”

After thinking about it more, Cruz said she wasn’t all that surprised. Cruz said UPD’s problems probably go beyond the chief.

HSU’s Vice President for Administration and Finance Douglas Dawes sent out a campus memo at 4:50 p.m. on Monday, Sept. 30. Dawes said he has high expectations for all employees within UPD and remains committed to helping them be effective.

“Chief Peterson and his team have enhanced outreach to students through the Chief’s Advisory Panel, created the safety escort program, and worked closely with Equity Arcata,” the memo said. “We will thoroughly investigate all of the allegations brought to our attention.”

While the Justice for Josiah movement previously worked closely with UPD, they also inspired the Chief’s Advisory Panel. On Monday the Justice for David Josiah Lawson Facebook

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THE  
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Oldies & Goodies





# Keep the light on banned books

*Controversial books read aloud in protest and celebration*

by Michael Weber

Humboldt State University students and faculty gathered in front of the HSU library on Tuesday, Sept. 24 for a banned book reading in celebration of Banned Books Week.

Garrett Purchio, librarian for the College of Arts, Humanities and Social Sciences, worked with Marcy Burstiner from the Humboldt Center for Constitutional Rights to host one of many readings held across the country for the campaign promoted by the American Library Association.

“It’s a chance to really listen to different people’s perspectives,” Purchio said. “I think it’s always great to hear, you know, people are reading this book because of the impact it has on them, or maybe it really opened their eyes to the world.”

Readers chose from a rack of more than 50 banned or challenged books, including books of diverse content—defined by the ALA to have content by or about people of color, LGBTQ+ people or people with disabilities.

Purchio said that while many people feel we are at a point in history beyond censorship, literature still faces frequent challenges.

“Every year there’s always a list of new words that are

challenged for different reasons,” Purchio said. “The ALA puts out a list of the top books challenged in 2018, 2019.”

Ocean Campbell, a graduate student in social work, read David Campbell’s Two Boys Kissing. According to the ALA, the book is ranked number 11 for the most challenged and burned book in 2018 because it included LGBTQ+ content.

“I really wish that this book had existed when I was a teenager,” Campbell said. “I think it possibly could have changed my whole life.”

Campbell said the book had a powerful message and brilliant moments that resonated with her. Campbell said any young person who wants the book should be able to have it.

Harriet Burr, a librarian with a master’s degree in community economic development, read For Whom The Bell Tolls by Ernest Hemingway, a book set during the Spanish Civil War.

“How many of you learned about the Spanish Civil War in school?” Burr said. No hands raised in the audience. “Why don’t we teach this?”

Burrsaidpeopleareunaware of a lot of history, in part due to purposeful obfuscation. Burr blamed former President Franklin D. Roosevelt and the



Photo by Michael Weber

Executive Director for Humboldt Center for Constitutional Rights Jeff Schwartz reads from a podium while Librarian for the Arts, History and Social Sciences Garret Purchio listens on Sept. 24 during a banned book reading in front of Humboldt State’s library.

Catholic Church for ignoring the Spanish Civil War.

Purchio said people ban or challenge books because they feel threatened by a work and have a desire to respond. He said the book reading celebrates the freedom to read.

Marcy Burstiner, who is also a HSU journalism professor, added a similar sentiment.

“You can threaten the writers, but the book will go on,” Burstiner said.

According to the ALA, it launched Banned Books Week in the 1980s after a United States Supreme Court case ruling said school officials could not ban books in libraries because of their content.

**“I really wish that this book had existed when I was a teenager. I think it possibly could have changed my whole life.”**

**-Ocean Campbell  
Social Work Graduate Student**

Since then, the ALA has compiled lists of challenged books each year. The ALA also posts additional information on banned books on their website.

“It’s still happening,”

Purchio said. “It’s important to keep this band going, because it’s good to show that even though censorship exists in the world, there’s some people who champion freedom of speech and freedom to read.”

## CHANGE FROM PAGE 1

Brock hoped the visual nature of the protest would draw attention.

“We want to make the people of Humboldt County see the future we’re being handed,” Brock said.

Heri Hawthorn, a local activist, helped create some of the signs and banners for the protest. Hawthorn held a sign above the protesters while they lay still.

“There’s nothing else to do except support others and curb what’s happening,” Hawthorn said.

Early on, when a University Center employee took down an unpermitted protest banner. Brock took notice.

“Don’t you care about your children?” Brock asked the employee. “The earth is dying!”



Protestors gather in a circle after a die-in climate protest on Sept. 27. in the Humboldt State University quad.

Photo by James Wilde

## CHIEF FROM PAGE 1

page posted a call to action in regards to the news.

“Who is going to protect our students, because it is obvious Humboldt State does not give a damn about their safety?” the post read. “It’s time to start cleaning house President Tom Jackson, get rid of the slackers. Put OUR students first.”

The press release noted that the vote does not automatically oust Peterson. However, UPD Officer Billy Kijisriopas hopes a new chief will take Peterson’s place.

“The damage to morale and the risk to campus safety is too great,” Kijisriopas said in the memo. “It’s past time we had a new chief.”

**The full press release is printed below:**

Arcata, CA. According to officials with the Statewide University Police Association (SUPA), its officers at the Humboldt State University Police Department have cast a vote of no confidence in the Department’s police chief, Donn Peterson. Nine of 10 officers who completed the survey voted against the Chief, while the remaining voter abstained.

SUPA conducts annual

leadership surveys at each CSU campus. The most recent nearly unanimous vote of no confidence in Police Chief Donn Peterson is in line with previous year’s results. Chief Peterson took the job at HSU after leaving his former post with Florida’s Broward County Sheriff’s Department amid scandal. Peterson still regularly spends time out of state with his family in Florida.

According to HSU Officer Billy Kijisriopas, “Chief Peterson’s frequent, extended bouts of time out of state leave the department in the hands of a Lieutenant who also spends an unusual amount of time away from campus.

Our officers look to the Chief for guidance and leadership, but he has fallen short of the standards they and the University community deserve.”

According to Officer Kijisriopas, absenteeism is only a fraction of the failure in leadership the Department has seen since Peterson came to HSU in January 2015. Among the Chief’s other offenses, Kijisriopas cites manipulation of crime statistics reporting, creating a hostile work environment including making racial slurs aimed at minority officers, multiple violations of the Public Safety Officer’s Procedural Bill of Rights

Act and blatant violations of labor laws that include a derogatory, anti-labor letter which Peterson authored and posted publically [sic].

Says SUPA president Jeff Solomon, “Our members in the Humboldt State University Police Department have consistently reported absenteeism, mismanagement and more in departmental leadership. When you have a department united like this, clearly there is a problem.”

When asked what steps he and other HSU officers would like to see, Kijisriopas replied, “The damage to morale and the risk to campus safety is too great – it’s past time we had a new chief.”



# Free fresh food at Oh SNAP! farm stand

*Campus organization keeps pantry of nonperishables full and offers produce twice weekly*

by Alberto Muro

Oh SNAP! is an on campus resource with a goal of helping Humboldt State students get food. During the fall semester, weekly stands of fresh-picked produce are available to students. Cooking a nutritious meal can be financially strenuous, but Oh SNAP’s farm stand is available twice a week.

For students like HSU junior and microbiology major Matthew Peter it was their first year using Oh SNAP! to get their groceries.

“This is technically my third time,” Peter said. “Now I’m trying to make an effort in coming.”

The farm stand wasn’t the only service that Peter used, he was also familiar with the Oh SNAP! food pantry which provides nonperishable ingredients to make full meals.

Peter says he enjoys the farm stand because he feels canned goods can go to students that need it.

“I feel veggies are more volatile, for lack of a better term,” Peter said. “If there’s any leftovers they will have to be used that day, whereas cans

can be stored for later.”

Since the farm stand sets up twice a week, students have the opportunity to attend both days which Peter says he has started doing.

Unfortunately, not all students are aware of the Oh SNAP! program. Valerie Hernandez, a HSU senior and art major, says this was the first year she is using the program and didn’t recall it being mentioned during orientation.

“Some people think they need to fill out paperwork, but no, it’s easy for students,” Hernandez said. “All you need is your student ID. I forgot mine at home but they can still help you.”

If you accidentally forget your ID, like Hernandez did, don’t be alarmed because the volunteers at Oh SNAP! can still pull up your information.

HSU senior and social work major Pand Moua volunteers at the Oh SNAP! farm stand every week and says the program also assists students in applying for alternative ways of getting food.

“We have a ton of resources for students on campus,” Moua said. “We even help with Cal-Fresh applications and faxing.”



Photo by Alberto Muro

HSU Students check out corn to take home from the Oh SNAP! pantry.

Cal-Fresh is a resource that alleviates complications for students who do not have time to access the food pantry or farm stand.

The Oh SNAP! food program is located at room 114 of the Recreation Wellness Center. Moua says that for students with disabilities, the location

can be difficult to access but there are resources on campus to help.

“Disabled students can use the Students Disabilities Resource Center for transportation and come get whatever they need.”

The services provided by Oh SNAP! goes beyond food

distribution, it also ensures the well being of HSU students.

The growing season for local farms affects the operational days for the farm stand, but the program should be accessible for students even after finals. The academic calendar on HSU’s website has the farm listed until the end of the year.

# 6 modern board games you've never heard of

by James Wilde



### For the actor: Monikers

Charades but with a reliable set of cards to act out. To make things better, Monikers offers three rounds of increasing difficulty. In the first round, you can do anything and say anything but the title of your card to try to get your friends to guess what’s on the card. In the second round, you get one word. In the third, you get only your miming ability. Monikers makes you laugh.

### For the detective: Sherlock Holmes Consulting Detective

This game hands you a pamphlet for a crime mystery and tells you to go solve it. You and your friends work together, going to locations on a map to find clues or reading from facsimile newspapers to find leads. The goal is to use as few clues as possible to solve the case. The game is reading-intensive and the cases often involve illogical jumps, but if you’ve ever wanted to be a detective this is probably the closest you can get without actually becoming one.



### For the artist: A Fake Artist Goes to New York

This game begins with everyone secretly receiving the same object to draw. However, one player, the fake artist, has no idea what they’re supposed to be drawing. Everyone goes around in a circle adding one line to the same drawing, and the players must then suss out who the fake artist is, before the fake artist successfully guesses what the object is. Bonus points to this game for coming in a tiny box.



### For the talker: Funemployed

Like a riff on “Monikers.” You get a hand of cards with varying words on them. When it’s your turn, you have to “apply” for a job determined by a card drawn from a deck. Essentially, you’re giving your pitch in front of your friends. The catch is that in your pitch, you have to include the terms from all of the cards in your hand. Good luck fitting “Fifty Cats” or “Scientology” into your pitch for that internship. Another game that’s guaranteed to make you laugh, so long as you play with people comfortable ad-libbing and talking a lot.



### For the gambler: Lords of Vegas

Makes you into a prospective businessperson setting out to build Las Vegas. Compete with your friends to buy lots, build casinos, and talk your way into questionable trades to win the game. It’s also very probable that at some point you’ll gamble your money at another player’s casino and lose everything. This game is basically what Monopoly should be. It’s also a little more complex than other games on this list.



### For the storyteller: Tales of the Arabian Nights

A choose-your-own-adventure book on steroids. You and your friends traverse around a map while reading from a booklet of stories and then choosing your reaction to said stories. There’s not much of a game here. Mostly, there is lots of room for laughs as your character gets captured by fire worshippers, turned into an elephant or has some other bizarre encounter. I recommend using the app to streamline the choose-your-own-adventure part





OUTDOOR COLUMN

#Explore Humboldt

Hammond trail and North Coast

by Jett Williams

Hello and welcome to the #ExploreHumboldt column, the HSU student source for the most stunningly scenic natural areas close by. For this week’s column, I’m doing something a little different.

Instead of giving you one condensed area to check out, I’ll be going over some of my favorite spots along the stretch of coastline just north of here. This article barely scratches the surface of what’s out there, so as always use this as a guide for your own adventures.

It all starts with the Hammond Trail. This 5.5-mile, mostly paved line follows the coast up from the Arcata bottoms to Clam Beach, just north of McKinleyville. To get there, take Janes Road to Upper Bay Road, and turn right onto Mad River Road. Follow this until you come to the trailhead.

Hammond Trail starts at an old footbridge spanning the Mad River, decorated with typical Humboldt graffiti and a series of padlocks attached to the rusty chain-link fence. The trail was voted “Best Place to Walk, Jog or Bike” in a Times-Standard poll, and alternates between roads and paved pedestrian trail as you make your way through McKinleyville.



The Hammond Trail starts at the Mad River Bridge, in the Arcata bottoms.

Photo by Jett Williams

After meandering along for roughly 5 miles, you will make your way to Clam Beach County Park. This spot offers sandy beach access, paid camping spots and scenic picnic tables with BBQ pits. A solid destination for a weekend excursion, or a nice rest spot during a run or bike ride, but the best locations are still further north.

Unfortunately, this is as far as the Hammond Trail goes. To get to the real goods along the aptly-named Scenic Drive, you can take your vehicle of choice onto the freeway at the end of Clam Beach Drive, then take the first exit for Westhaven Drive. Turn left, then right to continue north on Scenic.

If you’re on foot or don’t feel like biking on 101, it’s probably better to park in Clam Beach, walk the trail, then come back and drive to Scenic. There are plenty of places to park once you reach the road.

Alternatively, you could park in Trinidad and ride a bike down the road from there.

It should be noted that taking a bike on the freeway carries a whole host of extra risks, and should not be done frivolously. Wear bright colors and use a daytime taillight to ensure that you’re seen by motorists, never take longer on the freeway than you absolutely have to and don’t forget your helmet!

Scenic Drive is aptly named, and first-timers will find it difficult to keep their eyes on the road as they’re treated to vista after vista of rugged northern coastline. But sections of the road turn unexpectedly to gravel and it becomes single-lane in a few areas, so it’s best to keep your wits about you.

Around every corner are turnouts and parking lots for the many beaches and access points along the road. One of

my personal favorites is Baker Beach. This secluded beach is dotted with monstrous coastal boulders, scalable at low tide but inaccessible when the waves roll in. Baker Beach is also clothing-optional, but you won’t get kicked out if you prefer to keep it in your pants.

Near this beach are two of my favorite spots, a hidden swing that looks to the southern coast, and a treehouse platform with two chairs that looks to the north with mind-blowing views of Trinidad Head. Not all spots are for everyone, so I’ll leave the details of the exact location up to you to find. If you get out to the beach, finding these locations is fairly straightforward as long as you look around.

After Baker Beach, it’s a short jaunt along Scenic Drive

to get to Trinidad. While you’re there, check out The Lighthouse Grill. I recommend the Mashed Potato Cone (a Lighthouse Grill staple) and the Jalapeño Jelly Burger (an acquired taste).

The best thing about this stretch of coastline is its different options. You can park in Trinidad and bike south along Scenic, park at Clam Beach and jog or walk south or leave from Arcata and ride the whole thing.

Whatever you decide, the point is to do something. Make these days count, as soon we’ll be trapped under an oppressive sheet of rain. Find some time, and don’t forget to #ExploreHumboldt.

Seal Level Raises Risks in Humboldt Bay

Humboldt Bay is ground zero for sea level rise

by Jerame Saunders

Humboldt is experiencing the fastest rate of water elevation on the West Coast, but that is only one of the many problems facing the bay.

The sea level has risen 18 inches in the last one hundred years. This the most rapid rate of sea level rise on the West Coast.

Humboldt County Environmental planner Aldaron Laird has 30 years of experience and spent ten years mapping and analyzing Humboldt Bay through a series of vulnerability assessments to help prepare our community for the inevitable impacts of sea level rise.

“All the damage is going to occur with two and three feet of sea level rise. It doesn’t really matter when that’s going to occur. We basically have to prepare for that now.”

Laird reported that the rate of rise will continue to increase. A two or three foot increase in the average elevation of high water will breach the miles of diked shoreline as early as 2030.

“When we go from two feet to three feet of water elevation change, it’s the tipping point in Humboldt Bay,” Laird said. “The 23 diked hydro logic units that we have on the Bay, all of them will be over topped when we go from 2 to 3 feet. So everything behind that will be impacted.”

The land behind the dikes is privately owned agriculture,

residential areas, business parks and industrial assets, not to mention municipal water lines, PG&E gas lines, wastewater treatment lines and electrical transmission towers. The threat is legitimate and significant.

“The major urban areas that are most at risk are King Salmon and Fields Landing,” Laird said. “They are at risk straight from sea level rise. Half a meter to a meter, and those areas will be underwater. They aren’t behind dikes.”

Linda Gill is the manager of Gill’s by the Bay, a restaurant located on the King Salmon waterfront. Gill said she hadn’t thought too much about the threat her restaurant faced as sea levels continue to rise.

“Right now we are just going with the flow,” she said in a phone interview.

Wave energy had been diverted by the north and south jetties to an area called Booner Point, the site of an old PG&E nuclear power plant. There are still nuclear fuel rods stored there.

“They decommissioned it, and they stored all the nuclear fuel rods 115 feet back from the bluff on their property with all that wave energy focused on that bluff,” Laird said. “It’s experiencing the highest rate of erosion anywhere on Humboldt Bay, and those nuclear fuel rods are going to be there forever. It’s probably the stupidest place on Humboldt Bay to locate a nuclear fuel storage site.”

Jennifer Kalt, the director of

Humboldt Baykeeper, said the county needs to be prioritizing protection rather than considering potential hazards.

“Instead of fighting, local governments and state agencies need to work together to make a plan,” Kalt said.

Kalt said the planning process seems to have reached a stalemate as local and state jurisdictions fail to agree on a comprehensive plan. The unique issue about Humboldt Bay is that the California Coastal Commission has first and final say on improvements to the shoreline.

“So we have this conundrum on Humboldt Bay that I think the Coastal Commission has really never faced anywhere else in California,” Laird said. “The entire shoreline of Humboldt Bay is in state jurisdiction. If the county said they wanted to rebuild all the dikes, they couldn’t. They would have to ask the Coastal Commission and the Coastal Commission could say no.”

Laird has submitted the final sea level vulnerability assessments. Now the individual actors need to come together in unison to take action and move beyond the planning phase and into the action phase.

“Anything that can be moved should be moved,” Laird said. “Anything that can be hardened, redone or redesigned so that it can accommodate being submerged in saltwater should happen.”

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# Bodies clash and teammates reunite

*Men and women rugby players participate in annual alumni game over the weekend*

by Alberto Muro

Humboldt State’s alumni rugby games began with women’s teams. To advance during plays, players must use their upper body strength to block others and throw the ball.

During the first half, HSU student and kinesiology major Libby True helped her team gain yards, but defensive plays and staggering hits from the alumni team prevented the students from making points.

During the second half, HSU junior Zelaya Ceja attempted to make a recovery during a kick-off. She managed to gain momentum and maneuver around the alumni defense, but multiple alumni players closed in on Ceja and thwarted her possession of the ball which allowed a recovery for the alumna.

Multiple occasions of yards gained and ball possession helped the alumni seal a concluding victory over the students. A loss for one team did not diminish the clubs spirit. After the game, they lined up for a traditional handshake and got together.

When asked, True said she took the game as a learning experience.

“The alumni always win,” True said. “That’s part of it, but this is the best game of the year because we learn from it.”

The women’s rugby season doesn’t start until spring 2020. For now, they look forward to training and fixing problems they encountered during the game against former players.

Some alumna keep in touch with the younger

generation of HSU players to help them work on their plays. Rugby is a tough sport, and HSU women’s player Hailey French knows that tackling is crucial.

“I’m definitely pleased with the alumni today,” French said. “I’m impressed with the girls too, but they need to work on their tackling.”

Delivering hits the right way ensures that players do not experience injuries early on in the game.

During the men’s game, alumni Ricky Gomerio gained possession of the ball and moved his team down the field. It was another well-executed run and pass technique that seemed endless before the students delivered a hit causing the alumni to lose possession.

In what looked like a stack of bodies piling up, the fight for possession of the ball continued as both teams delivered hits.

HSU senior and psychology major Glenn Denning was injured during the play, but instead of worrying about his foot he quickly had it wrapped up and went back onto the field.

While the alumnus put up a fight, they eventually fell to the students. After the game, they lined up for handshakes and shared advice with one another.

“Rugby is a lot of chemistry base,” Denning said. “It’s all about cohesion and commodity as a team. You gotta know where your partner is gonna be at.”

Positive team chemistry has an impact on any sport. Rugby can be tough, but a clear head is what makes the experience enjoyable.



HSU Junior Zelaya Ceja taking on the alumni.

Photo by Alberto Muro



Current HSU rugby players and alumni players participate in the annual rugby game out at College Creek Field.

Photo by Patrick McGown

Gomerio graduated last year, but his dedication to return for an alumni game drove him to play hard and have fun. Before the match, Gomerio was in Colorado playing in the Aspen

Ruggerfest 52nd Annual Rugby Tournament.

“I just got done playing the Ruggerfest in Aspen last week,” Gomerio said. “I figured I needed to come and give the boys support.”

Gomerio plans to head back to the University of Boulder to pursue his graduate degree in law. He also gave some advice to all future graduates of HSU, to make sure to live life and love it.

# Club baseball doubles down for double-header weekend

*Jacks scrimmage against local teams and win Saturday games, but rainy weather cancels their games on Sunday*

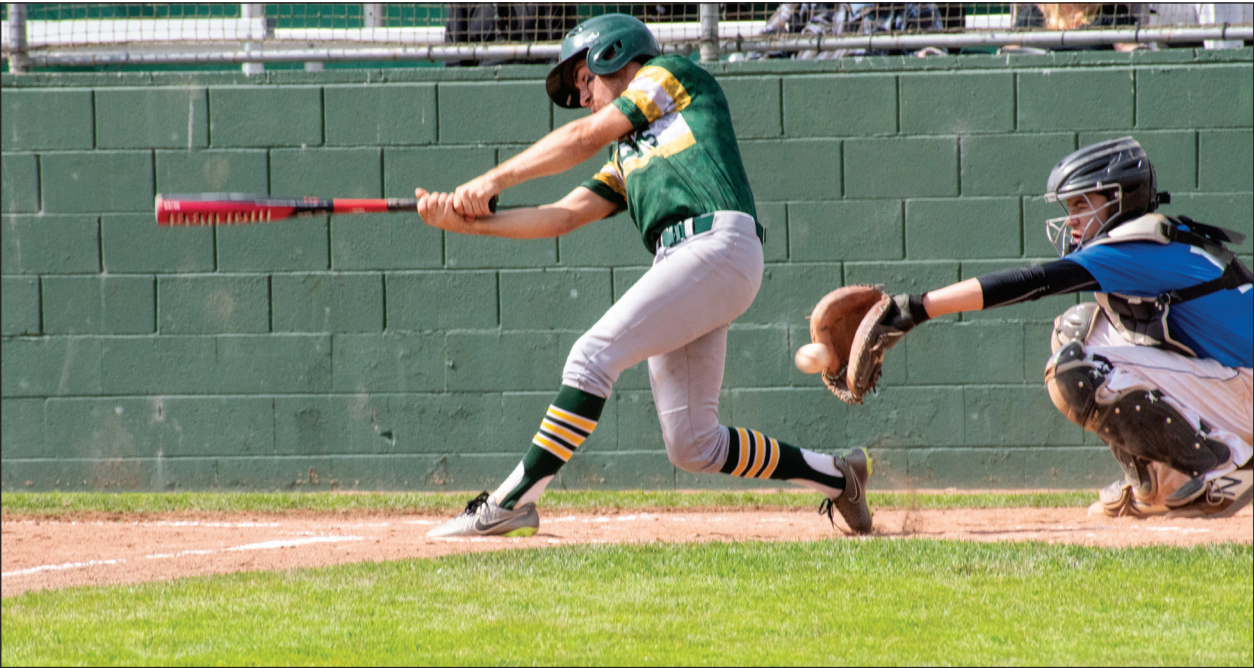
by Liam Warner

The Humboldt State club baseball team was scheduled to play a doubleheader on both Saturday and Sunday at the Arcata Ballpark. They swept their doubleheader on Saturday under sunny skies, but wet and cold weather conditions on Sunday forced the Jacks to cancel the rest of the home-stand after only playing two and a half innings.

The fall season is about development and chemistry building before the team begins its competitive season in spring, but the players were happy with the results of their doubleheader.

The Jacks played two scrimmages against local teams mostly comprised of high school players from around the county, the Northern Humboldt Giants and the Humboldt Eagles. The two teams proved to be good competition for the Jacks.

Pitching and defense was the theme of the day for Saturday’s games. Nick Marvolas started game one for the Jacks against the Northern Humboldt Giants, only giving



Jacks hitter Ryin Alexander swings and misses at a pitch. HSU baseball played a doubleheader against local teams at the Arcata Ballpark.

Photo by Liam Warner

up two runs in three innings pitched.

The Jacks started scoring in the third inning when catcher Alejandro Carvalho ripped a line drive into right-center field giving the Jacks a 1-0 lead. Unfortunately, Carvalho was tagged out trying to advance to third base on the play. After the Giants took a 2-1 lead in the third inning, the Jacks responded

in the fourth when Christian Amador hit an RBI single and then scored on a wild pitch to give the Jacks a 3-2 lead. In the seventh inning, Xander Gonsalves scored on a steal of home and the Jacks won game one by a score of 4-2.

The second game of the day against the Humboldt Eagles followed a similar pattern.

Carvalho started the game on the mound for the Jacks

and put together a spectacular performance against the Eagles hitters. He went five innings, allowing no runs despite allowing five hits and three walks. Christian Amador pitched the last two innings, only giving up one earned run. Offensively the Jacks made the board early again and took a 1-0 lead in the second inning as Willie Cestarollo drew a walk with the bases loaded.

The Jacks added three more runs in the fourth inning with the aid of a Justin Miller triple and a Lorenzo Hernandez double. A couple of runs came across in the seventh for the Eagles, but the Jacks held on for another 4-2 win.

On Sunday, in the typical Humboldt spirit and despite the downpours and the chilly weather, the Jacks attempted to play their first game against the Humboldt B52’s. After two and a half innings, the weather conditions forced the teams to cancel the rest of the day’s action.

Despite their homestand getting cut short, the Jacks were happy to be out on the field playing. For Jacks’ first baseman Chris Friedley, who grew up in Humboldt County, being able to play on the same field that he watched his baseball heroes play on when he was growing up made the whole experience special.

“I’ve been playing on this field since sophomore year of high school,” Friedley said. “Having my family be able to come out and watch, honestly it’s a gift.”



EDITORIAL

SENATE DON'T FAIL US AFTER IMPEACHMENT

Speaker of the House Nancy Pelosi announced a formal impeachment investigation against President of the United States Donald Trump on Sept. 24. The motion to charge the president is long overdue and the Senate must not fail us when the time comes to remove Trump from office.

The U.S. has been teased with impeachment since the Mueller report and the investigation into Russia's interference with the 2016 presidential election, however, it took until now to initiate the formal process.

This time, the abuse of power that pushed the democrats and Pelosi to act was a whistleblower complaint regarding a controversial phone call between Trump and Ukrianian President Volodymyr Zelensky from July.

The White House released a manuscript on Sept. 25, laying out how Trump abused his position of presidential power by asking Zelensky to investigate former Vice President Joe Biden and his son Hunter Biden. At the time of the call, Trump was withholding millions of dollars worth of military assistance from Ukraine.

This is a clear act of bribery. Asking a foreign power to dig up dirt for the sake of reelection is a clear abuse of power. But does it matter?

In order to be impeached from office, according to Article 2 Section 4 of the constitution, "the president, vice president and all civil Officers of the United States, shall be removed from Office on Impeachment for, and Conviction of, Treason, Bribery, or other high Crimes and Misdemeanors."

The impeachment of a president is rare and has only happened twice in U.S. history. It's important to understand that impeachment does not mean removal.



Photo Illustration by Megan Bender

The 17th President of the United States Andrew Johnson was impeached for removing an appointed official without the consent of Congress in Feb. 24, 1868. Johnson was acquitted based on a Senate vote.

The 37th President of the United States Richard Nixon faced imminent impeachment but became the first president to resign in August 8, 1974. In a "you can't fire me because I quit" fashion, Nixon left office before he could forcibly booted after the infamous Watergate Scandal where he facilitated political spying to aid with reelection.

The 42nd President of the United States Bill Clinton was "impeached" but not necessarily removed. The House of Representatives impeached Clinton but just as with Johnson, the senate did not come to the necessary 2/3 majority agreement.

Fast forward to 2019 and the recently exposed phone call.

"...There's a lot of talk about Biden's son, that Biden stopped the persecution and a lot of people want to find out about that so whatever you can do with

the Attorney General would be great," Trump said in the phone call. "Biden went around bragging that he stopped the prosecution so if you can look into it... It sounds horrible to me."

This refers to Hunter Biden's employment with Burisma Holdings, a Ukrianian gas company, back in May 2014. Trump states Joe Biden used his influence and wealth to persuade Ukraine to remove the prosecutor investigating Burisma and Biden's son. Trump then says the prosecutor was replaced within hours of the request.

The House of Representatives claims the phone call was a turning point for many Democrats, who, after reading the transcript, began to consider impeachment seriously.

The House initially bet on the Mueller report to initiate an impeachment inquiry, but the report failed to surface any firm presidential wrongdoings. Additionally, Pelosi wanted to be mindful of the approaching 2020 election, making an effort to not popularize Trump's platform or sway voters.

The process seems to be moving along quickly, but the

trial is postponed until security surrounding the whistleblower's identity and safety is finalized.

House Intelligence Committee Chairman Adam Shiff announced the whistleblower will testify "very soon." Meanwhile, Schiff, House Foreign Affairs Chairman Eliot Engel and House Oversight Chairman Elijah Cummings issued Rudy Giuliani, Trump's lawyer, a subpoena.

"You [Giuliani] acted as an agent of the President in a scheme to advance his personal political interests by abusing the power of the Office of the President..." the subpoena said.

The subpoena requires that Giuliani present "...communications, and other related documents, to the Committees in order to determine the full extent of this effort by the President and his Administration to press Ukraine to interfere in our 2020 presidential election" by Oct. 15.

We can only hope the Senate will pull through this time and formally remove the 45th President of the United States from office.

OPINION

Vaping epidemic overshadows opioid crisis

by Grace Caswell

With Hollywood actors and prominent public figures accessorizing day-to-day life with a JUUL in hand, vaping was quick to enter the teenage party scene and develop a reputation amongst the younger crowd.

Years ago, public disapproval was primarily aimed at the advertisements vaping companies released. The younger crowd became the target audience with the promotion of sweet, tempting flavors, and the original audience, adults who were looking to quit cigarettes, quickly became a secondary target.

In late August, seven deaths in relation to vaping were confirmed. Beyond that, 530 cases of lung illness found in young adults have been attached to vaping with the numbers on the rise. Regardless of whether marijuana or nicotine cartridges are being used, an unrelated chemical substance is being singled out. Vitamin E acetate, a common diluent used



Photo courtesy of Sarah J

Vaping from a JUUL is meant to look glamorous as it intentionally markets toward a younger audience.

in vaping cartridges to cut the product and increase shelf longevity, appears to be the cause.

Vitamin E comes in many forms and is most commonly known for its moisturizing and adhering quality. Physicians are dumbfounded by the idea of smoking it. Medical officials compare smoking Vitamin E acetate to "[s]aran wrap around your lungs" as the tocopherol element adheres to the lungs liner fluid, blocking oxygen travel.

The light on vaping has cast a shadow on a much older and somehow less prominent issue affecting our country, the opioid epidemic. Since the '90s, medical officials began distributing pain relievers at a higher rate after pharmaceutical companies assured them of their non-addictive quality. Proven to be false, this ultimately resulted in over 700,000 people dying from a drug overdose within the 1999 to 2017 time period. And according to the

CDC, 400,000 of the deaths were due to overdose involving opioids, prescription and illicit.

Since then, an estimated 130 people die daily from opioid-related drug overdoses. Unlike the vaping "epidemic," officials are aware that 40% of opioid overdose deaths are connected to a prescription but refuse to take action and put restrictions on pharmaceutical companies.

Focus continues to surround vaping. Measures are being introduced to limit access to vaping devices. Meanwhile, the country has been at war with drugs since the '70s with little to no improvement.

It took less than two months for legislators to begin discussions on vaping issues and introduce more than 200 bills to combat it. In almost half a century the opioid epidemic has claimed more than 400,000 lives, with 47,000 in 2017 alone, and leaves 1.7 million people suffering from substance disorders relating to prescription opioid pain relievers.

The more urgent issue is somehow the least prominent thought in any officials mind.

Before jumping into the next news-worthy drug epidemic, let's overcome the current opioid battle we've been struggling with for almost 50 years and relieve the pain of over a million people before forgetting them altogether.

ASK EVERGREEN

ENDING THINGS EASY

Dear Evergreen,

How do I let someone down easy?

Dear Easy-ENDER,

It's never easy to let someone down, whether you're ending something romantic or platonic. However, there are always civilized ways to cease a connection no matter how strong the bond. If you're trying to end a toxic relationship, an uninteresting connection or a friendship with someone who is no longer a positive influence, remember these things: be straightforward with your reasoning, be the bigger person and be a badass if you need to.

Try to understand the reasons why you want to end something. Finding reason can help you cut the connection. Don't end things hastily, hatefully or immaturely. You can weigh the pros and cons of the situation to understand how continuing things will affect you and the person you're connected to. Ask yourself why you want to end it and how you'll be better if you do.

You don't always owe people explanations for why you no longer want to have ties to them. If you're letting someone down that you've met on a dating site, or someone you've gone out with several times but no longer have interest for, you can leave things with simply saying, "I'm no longer interested." Don't worry about patting someone's ego before bidding farewell, and don't make excuses for why it's more your fault than theirs. No one's at fault, you just don't have a connection with that person anymore.

If you're trying to end a relationship with a long-term partner, you may want to put in more effort to your parting words. Your goodbye to a partner could be cordial or crude depending on your situation and reasons for ending a relationship. You could use more energy by getting angry at them or save your energy and invest it in yourself. Remember, your happiness and well-being come first. Don't bother appeasing people if they aren't going to listen to how you're feeling in a situation, and don't lose your cool trying to get them to listen. You're better off focusing on yourself and your healing process.

You've got this!

Sincerely,

-Evergreen



# WEEKLY CALENDAR

## Wed. 10/2

### Oh SNAP Farm Stand

**Time:** 11 a.m. - 1 p.m.  
**Where:** Outside Recreation and Wellness Building  
**Description:** Free fresh veggies and fruits. Bring your student I.D. and a bag

### Undocuweek Keynote: Freedom for Immigrants

**Time:** 5-7 p.m.  
**Where:** Founders Hall 118- Lecture Room  
**Description:** Local pianist Bill Allison and friends will perform

### The Growlers

**Time:** 8 p.m.  
**Where:** Van Duzer Theater  
**Description:** Tickets: \$35, Watch The Growlers perform

## Thurs. 10/3

### Oh SNAP Farm Stand

**Time:** 11 a.m. - 1 p.m.  
**Where:** Outside Recreation and Wellness Building  
**Description:** Free fresh veggies and fruits. Bring your student I.D. and a bag

### Middle East Film Series

**Time:** 5:30-8:30 p.m.  
**Where:** Off-campus: Richard's Goat Tavern & Tea Room  
**Description:** Film discussion series by HSU History professor, Dr. Leena Dallasheh

### The Humboldt Poetry Show

**Time:** 7:30-9:30 p.m.  
**Where:** The Siren's Song Tavern in Eureka  
**Description:** \$5, Come watch poets both new and experienced take the stage and perform their pieces

## Fri. 10/4

### Blue Lotus Jazz

**Time:** 6 p.m.  
**Where:** Larrupin Cafe  
**Description:** Free event, Feel the blues with soothing jazz performances

### Trinidad Art Nights 2019

**Time:** 6-9 p.m.  
**Where:** Trinidad Town Center  
**Description:** Free event, An evening of art, performance and youth activities

### DJs

**Time:** 10 p.m.  
**Where:** Sidelines  
**Description:** 21+, A "plaza ass shaking"

## Sat. 10/5

### Medieval Festival of Courage

**Time:** 10 a.m.- 5 p.m.  
**Where:** Christie Ranch in Blue Lake  
**Description:** Tickets: \$6 adults, \$3 kids 12 and under

### Paddlefest

**Time:** 11 a.m. - 2 p.m.  
**Where:** Off-campus: Humboldt Bay Aquatic Center  
**Description:** Paddle kayaks, canoes and stand up paddle boards for FREE!

### Arts Alive

**Time:** 6 p.m.  
**Where:** Eureka  
**Description:** FREE, Eureka's monthly attempt at getting everyone together! Artists, exhibits and performances

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# IF IT LOOKS TOO GOOD TO BE TRUE, IT PROBABLY IS

~~NEVER BELIEVE ANYTHING~~

*^Almost certainly*

## Fraud is everywhere these days.

## Be on the lookout for:

- **Work from home job offers that hire over email**  
*(especially if they pay in advance and ask you to pay others)*
- **Houses for rent at low rates**  
*(especially if they have for sale signs, or the landlord says they had to leave the area suddenly)*



Images: freepik.com

Information Technology Services

[hsu.link/phishing](http://hsu.link/phishing)