Wednesday, September 16, 2015 Students serving the Humboldt State campus and community since 1929 Vol. 107 No. 3

THE LUMBERJACK

HSU sees record enrollment
The incoming class of 2019 is the biggest HSU has ever seen.
page 4

Dumbbell doodles
Who is the artist behind the inspirational signs in front of the gym?
page 9

New threads
HSU athletics get new uniforms with help from local community.
page 11

Getting the ball rolling
Coach Karver enlists new players, new staff for fall season.
page 12

Canoe dig it?

by Kevynn Gomez

The new canoe was donated by Marina Del Rey Outrigger Canoe Club. These types of canoes generally cost up to $10,000. | Sam Armanino

Last Friday two white outrigger canoes floated in the water outside of the Humboldt Bay Aquatic Center in Eureka as part of a welcoming ceremony.

"Everything's a living thing. Even though that's a lot of fiberglass in it," Wiyot Tribe member Cheryl Seidner said. "Everything has a spirit, just like this (canoe) has a spirit."

Humboldt State University's Center Activities organized a ceremony to name and bless the six-person Hawaiian outrigger canoe, now named "Ho'omana."

Seidner's blessing of the canoe was a way to unite local indigenous culture with the traditional Hawaiian culture associated with outrigger canoes. Seidner blessed the canoe before it took its' first paddle around the waterfront. Luke Besmer, a local outrigger canoer, was steersman

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HSU fraternity under investigation

Chi Phi's recruiting video showed alcohol drinking and possible hazing

by Miranda Hutchison

Jesse Camarena was left devastated amidst a crowd of students interested in rushing his fraternity as he was handed a letter informing him that Chi Phi must cease communication with prospective students.

Humboldt State's Chi Phi fraternity is suspended and under investigation due to a recruiting video that showed chapter members drinking alcohol and engaging in possible hazing activity.

Camarena, a junior, just began his first year as president of the Chi Phi chapter

continued on page four

Students get their hover on

Should Skywalkers face the same regulations as skateboards?

by Alexandra Turku

Some people call it a segway without handles. Others think it is the closest thing we have to a hoverboard.

The new board is called a Skywalker: a personal, motorized transporter designed to be fun and easy to ride and a quick alternative to walking. Students can be seen around campus rolling uphill, downhill, round in circles and doing tricks on their transporters. Students hover on their Skywalkers when they wait in line at places like the campus bookstore or The Depot.

According to Humboldt State University Code of Rules and Regulations people cannot ride skateboards, scooters or bikes on campus - including the University Center Quad, Jolly Giant Commons and all courtyards.

However, the Skywalker has not been affected by these restrictions.

HSU student Karim Muhammed said the Skywalker is an asset in his everyday life.

"I don't have to walk to classes. If I'm tired I can just roll around," Muhammed said. "It's a conversation starter, a lot of people want to know what it is. I met a lot of people through the board."

continued on page seven

These "Skywalker" boards are unrestricted—allowing people to ride them all over campus. | Gabriel Retzer

Body found by hiker still unidentified

Officers from the Arcata Police Department and a coroner climb a hill in the Arcata Community Forest across the ravine where a body was found on Sept. 10. | Photo by Oliver Cory

by Oliver D. Cory

A hiker found a young woman's body in the Arcata Community Forest before 5 p.m. on Thursday, Sept. 10. The woman's body has yet to be identified but Humboldt County Coroner's Office has determined the death was a suicide by hanging.

The Arcata Community Forest is just east of the Humboldt State University campus. The body was in a ravine near the parking lot that is closest to 14th Street. The trail above the body was closed while police investigated the scene.

The Humboldt County Coroner's Office is hoping the public will be able to help them identify the woman.

Chief Deputy Coroner Ernie Stewart said she looked like she was about 19 to 23 years old. She had medium-length brown hair with blond highlights. She was 5'3 to 5'4 in height and weighed about 125 pounds. She was wearing a shirt that said "gypsy soul" on the front and skinny jeans with a skirt over them.

Stewart said she had a few tattoos that people might recognize.

"On her back she had a thin outline of angel wings that essentially covered all of her back," Stewart said.

He said she also had what looked like a four-sided star tattoo on her back, a large red rose tattoo that covered most of her hip area and a black scorpion tattoo by her lower abdomen.

"We're guessing she was out there somewhere around 48 hours," Stewart said.

The coroner's office has checked her fingerprints and missing person reports but they have not been able to find any matches. They are sending her fingerprints to the Federal Bureau of Investigation.

Stewart said anyone who might know who she is should call the Humboldt County Coroner's Office or the Arcata Police Department.

The number for the Arcata Police Department is 1-707-822-2428. The number for the Humboldt County Coroner's Office is 1-707-445-7242.

Oliver D. Cory may be contacted at thejack@humboldt.edu

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Weather

Thursday	Friday	Saturday	Sunday
67°	67°	68°	65°

Source: National Weather Service

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UPD BYTES

Compiled by Javier Rojas

Sept. 13
2:32-14th Street and LK Wood

Housing staff heard what they thought sounded like a male in distress somewhere near the intersection.

When in doubt just blow the whistle

Sept. 8
11:12- Quad Wall on Laurel Drive

Officer asked student to leave class and he became really agitated and scared Officer.

C,mon bro chill out it's just Week 4

Sept. 14
16:42 - Forestry Building

Graffiti on wall next to stairs. Officer located chalking.
Freedom of expression does not always apply to chalk

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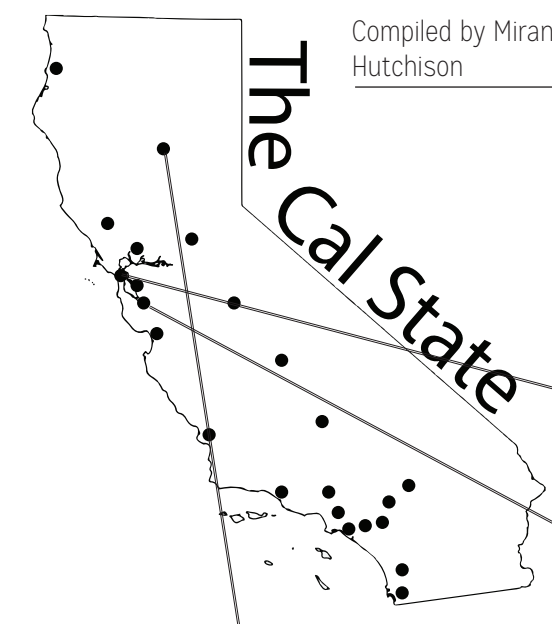
The Cal State

Compiled by Miranda Hutchison



San Francisco State University - *The Golden Gate Xpress*

The California Faculty Association continues its fight for raises with San Francisco State faculty demanding higher wages as they renegotiate the current collective bargaining agreement. The union for CSU faculty and staff is demanding a five percent general salary increase for all faculty as well as a 2.65 percent service salary increase for any eligible faculty for the next two years (Moby Howeidy).

San Jose State University - *The Spartan Daily*

The California State University Board of Trustees voted on and approved a $261,000 executive transition package, which is an executive compensation available to all executives who have five years of service and leave the university in good standing, to former San Jose State President Mohammad Qayoumi on Sept. 9. Qayoumi was SJSU's president for four years before resigning in August to become an adviser to Afghanistan President Ashraf Ghani (Dakotah Zabroski and Matthew Dziak).

California State University, Chico - *The Orion*

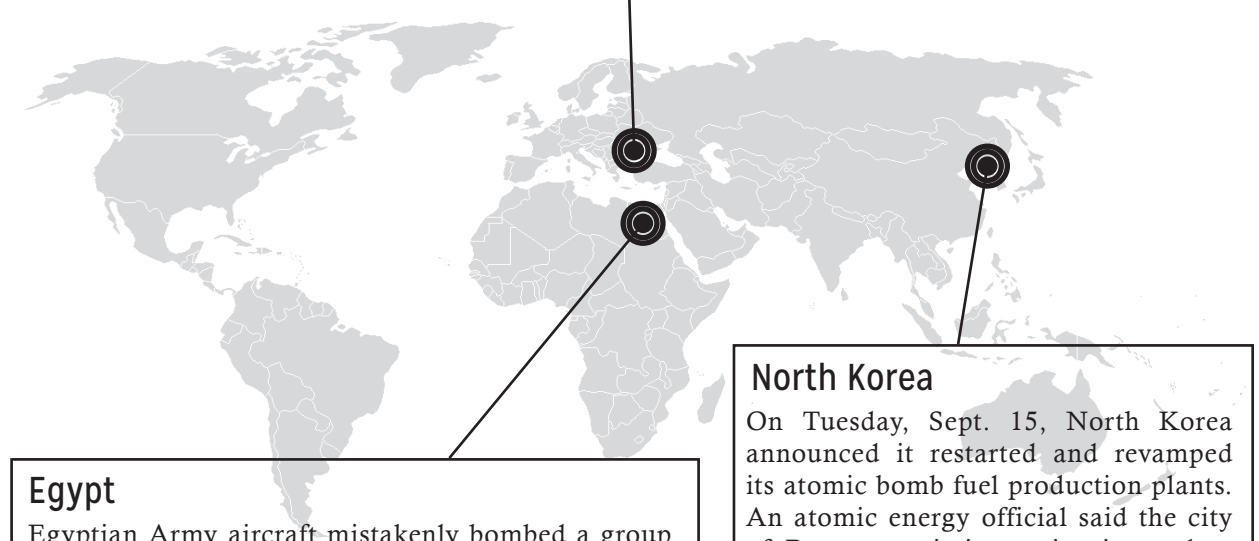
One-third of the entire Chinook salmon population living in the Sacramento River were wiped out. Last year, about 95 percent of the salmon died because the water became too warm. California's current drought has caused prolonged heat and low water levels in the river. To lower the water temperature and keep the river habitable for migrating fish, cold water has been released from Lake Shasta (Austin Herbaugh).

World in Briefs

Complied by Jami Eiring

Hungary

Hungary sealed its border with Serbia with a 110-mile fence because of a new border control law which took effect at 12 a.m. on Tuesday. The law only allows people with passports to enter Hungary and only at official border posts.



Egypt

Egyptian Army aircraft mistakenly bombed a group of mostly Mexican tourists, killing 12 and wounding 10 on Monday, Sept. 14. The group of 22 had parked near a tourist site in the western desert for a barbecue when army aircraft began shooting at them from above. Egypt's interior ministry said the attack was an accident. The aircraft was supposed to be hunting for militants in the desert.

North Korea

On Tuesday, Sept. 15, North Korea announced it restarted and revamped its atomic bomb fuel production plants. An atomic energy official said the city of Pyongyang is improving its nuclear weapons "in quality and quantity." Officials also said North Korea's main nuclear complex at Yongbyon is operating normally. Analysts believe the announcement, in correlation with the threat to launch rockets, is aimed at the United States.

Sources: Al Jazeera, NPR, Reuters

Til' the crack of dawn no more

HSU is concerned about excessive partying

by Connor Malone

Humboldt State sophomore Tara Caso said parties are starting to become an issue for residents in Arcata.

"We used to live by a family that had to move out of the neighborhood because people had been getting around their house because it had been by the plaza," Caso said. "They came up on their porch and broke a of bunch bottles. They had a little girl so they had to move."

HSU Dean of Students Randi Darnall Burke and Associate Dean for Student Rights and Responsibilities Ben Witt also think parties are becoming an issue. On Sept. 1 Burke and Witt sent a memo to the HSU community concerning large, dangerous parties around Arcata.

Caso is not the only student to notice partying is becoming a community issue. Freshmen Malia Haley said students do not consider how their actions impact other residents.

"I have seen kids running down the street all the time smashing bottles and screaming." Haley said.

In an email Witt said there were seven nuisance complaints concerning large, off-campus parties during opening weekend at HSU. Burke added that fighting broke out at three of these parties, based on reports from law enforcement.

"Families and individuals in the community are being impacted and are frankly, getting fed up," Witt said.

University Police Department Sergeant Janelle Jackson said there is usually a surge in parties as the fall semester begins. This time of year the department also receives a large number of marijuana and alcohol-related calls from on-campus housing, though the frequency of these calls tends to diminish as the semester goes on.

Jackson said marijuana has been an issue ever since she first joined the force ten years ago. More recently she has noticed an increase in alcohol-related complaints, as well as violent incidents relating to parties.

"We go to parties because people are complaining," Jackson said. "I don't know what people think when we come to parties. We didn't invite ourselves and we're not coming because we had nothing better to do. We have lots of better things to do and calls to go on."

Madison Smith, a junior, said parties are a necessary social event for college students but thinks they can become dangerous as more students come to HSU.

"I think they [parties] can become an issue just because the school is getting so large, and so many other people are going and piling into those little houses," the studio art major said.

Sgt. Jackson said the Arcata and University Police Departments cooperate on calls. UPD will often back up APD when they respond to house parties. She said the first time police arrive they will usually give a warning by asking hosts to keep people inside, turn down music or to disband the party.

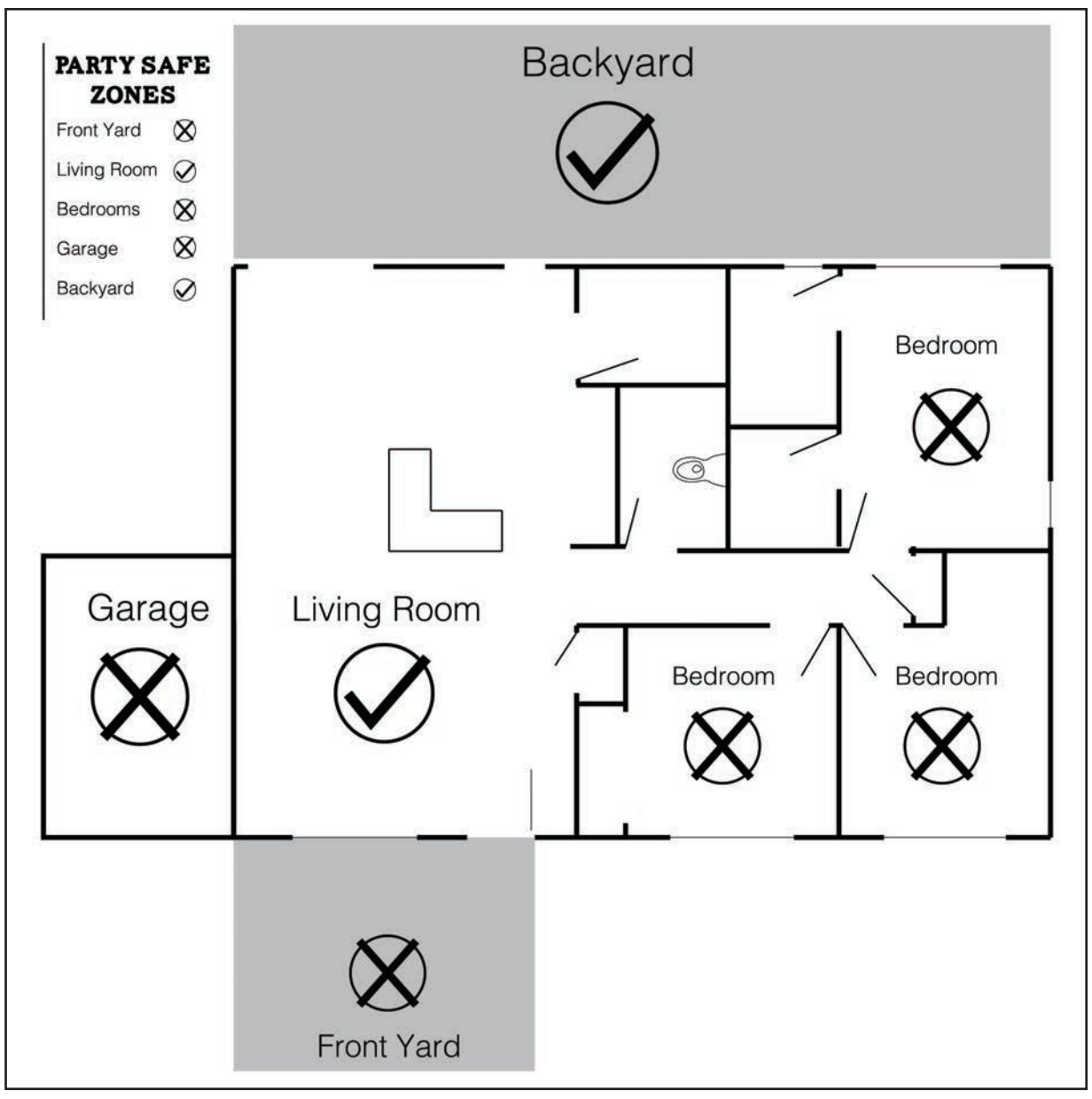
If they have to return to a party a second time, a citation will be issued. Hosts will also be charged for the officers' time running at three dollars per minute, per officer. Jackson said usually a minimum of three officers will respond to a nuisance call, though larger parties will sometimes require up to ten.

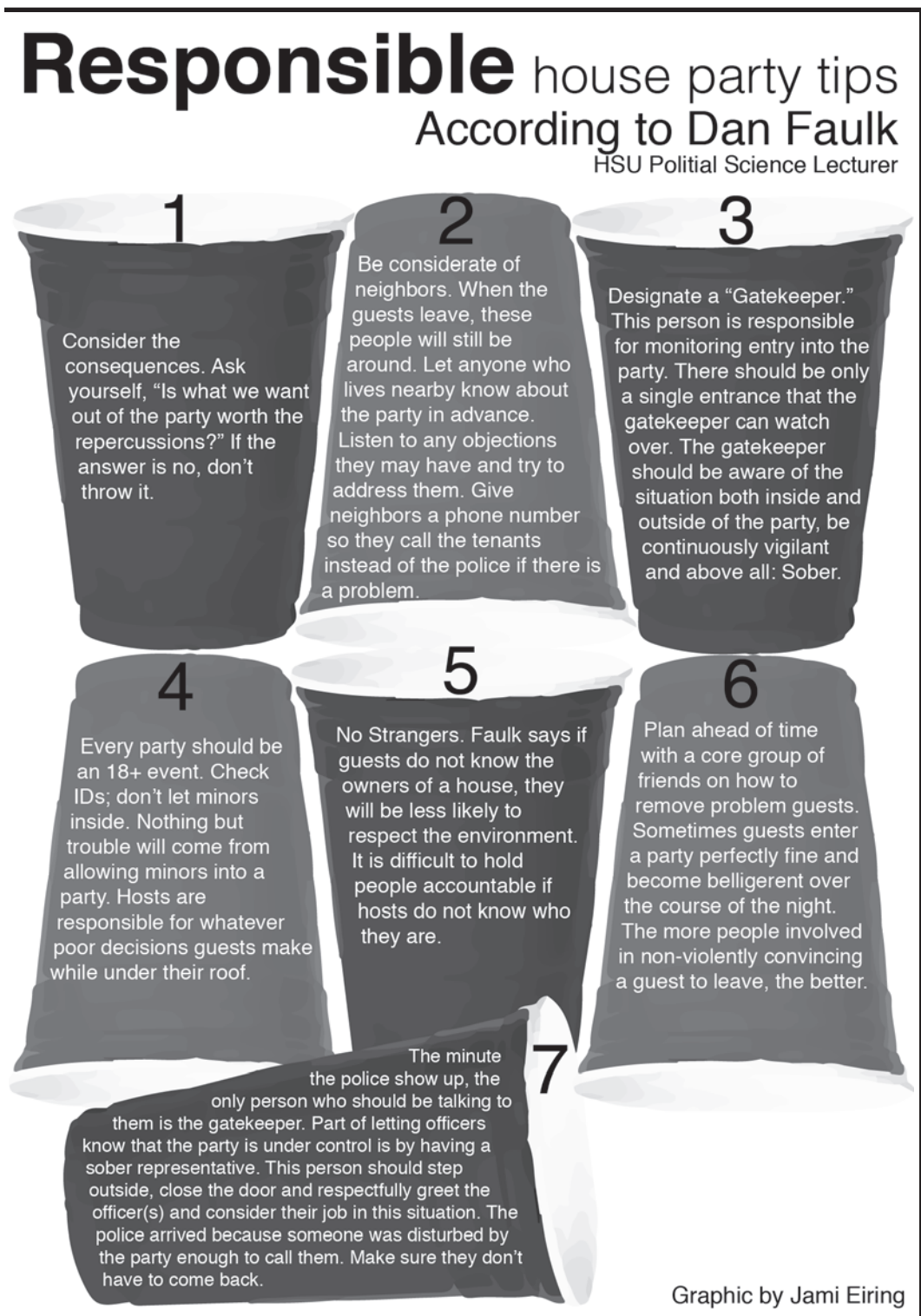
One of the key ways to stay safe when partying is never go alone nor uninvited, Jackson said. She also said a person should not drink alcohol that was not opened or poured themselves, never leave a drunk friend alone at a party, never drink and drive and never get into a car with a drunk driver.

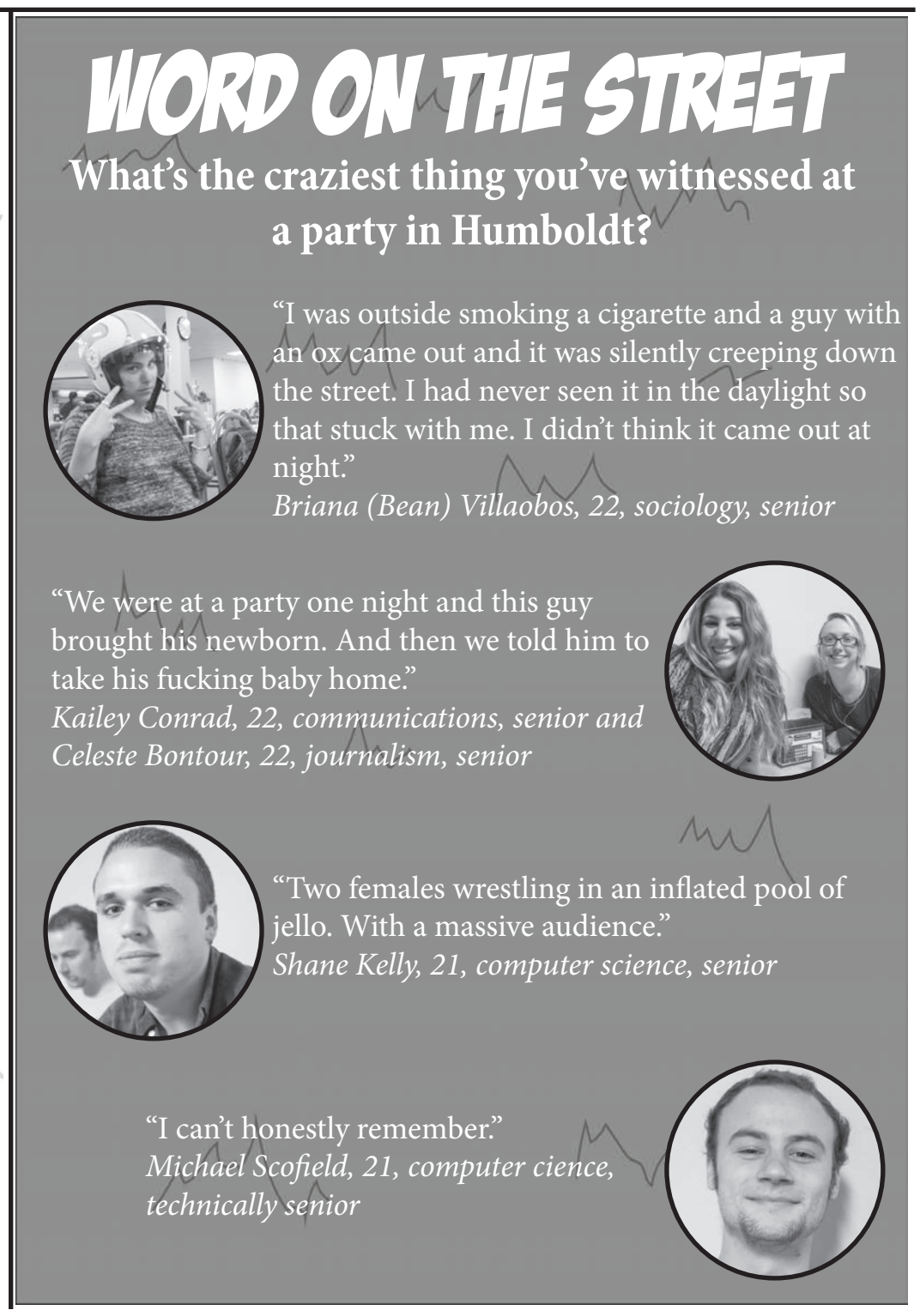
Senior kinesiology major, Yvo Cortez, has noticed that parties around Arcata have been getting bigger but not to the level of some party schools.

"We are actually child's play compared to everyone else," Cortez said.

Connor Malone may be contacted at thejack@humboldt.edu







Wednesday Sept. 16
Sci Fi Night ft. The Gorgon (1964)
Doors @ 6 p.m. All ages, Free w/ $5 food & bev purchase.

Thursday Sept. 17
Locally Delicious Presents: Fresh (2009)
Doors @ 7 p.m. $5 donation.

Friday Sept. 18
The Big Lebowski (1998)
Doors @ 7:30 p.m., Movie @ 8 p.m. Film is $5, Rated R.

Sunday Sept. 20
Monsters, Inc. (2001)
Doors @ 5:30 p.m. Movie @ 6 p.m. Film is $5, Rated G.

Monday Sept. 21
Monday Night Football
Doors @ 7:20 p.m., Game @ 7:30 p.m., Jets vs. Colts, all ages, FREE w/ $5 food/beverage purchase.

Wednesday Sept. 23
Sci Fi Night ft. The Giant of Metropolis (1961)
Doors @ 6 p.m. All ages, Free w/ $5 food & bev purchase.

Friday Sept. 25
Demolition Man (1993)
Doors @ 7:30 p.m., Movie @ 8 p.m., Film is $5, Rated R.

Saturday Sept. 26
Random Acts Of Comedy
Doors @ 7:30 p.m., Hilarity @ 8 p.m., $6 @ door, Ages 10+

Sunday Sept. 27
Big Hero 6 (2014)
Doors @ 5:30 p.m. Movie @ 6 p.m. Film is $5, Rated PG.

Monday Sept. 28
Monday Night Football
Doors @ 4:20 p.m., Game @ 4:30 p.m., Chiefs vs. Packers, all ages, FREE w/ $5 food/beverage purchase.

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Soul Night #46
9:00pm $5
Friday Sept. 25th
An Evening with Brother Ali
Hosted by Abstract Rude
9:30pm $20
facebook www.HumBrews.com

HSU fraternity under hazing investigation

contiuned from page one

after pledging two and half years ago. He said fall is the most important time for rushing new students.

"We're (Chi Phi) strong," the political science major said. "We're a family away from family and we're here to help each other."

Due to the fact that the fraternity is under review at this time, Camarena said he could not comment on the details of the video. However, he said he was never hazed when he pledged Chi Phi.

HSU's Dean of Students Randi Darnall Burke said the video was reported to Associate Dean of Students Ben Witt on Sept. 3. A staff member reported it after attending Greek Information Night the night before, which is when the video was shown by the fraternity.

Burke said the video shows what appears to be alcohol use during fraternity events as well as actions that could be identified as hazing, but could not comment further on the details.

HSU's Anti-Hazing and Initiation Policy defines "hazing" as both physical harm and personal degradation or disgrace resulting in physical or mental harm, voluntarily or by force.

Camarena said there are photos shown in the video that are between three and six years old, which may prove such activity is no longer taking place at Chi Phi events.

"The University has to respond this way because there have been many deaths associated with hazing in the past in other places," Burke said. "Students health and safety comes first. That's where we are coming from."

For example, Burke said there was a hazing incident a year ago at California State University Northridge where a nineteen year-old student, Armando Villa, died from dehydration during a hike in Angeles National Forest while pledging for CSUN's Pi Kappa Phi chapter. The incident is suspected to be hazing-related and the fraternity has since been shut down.

Although HSU's administration has 60 days for review, Burke said she expects this review will only take a few weeks and expulsion is unlikely. She said the school is following HSU's Student Code of Conduct and Disciplinary Procedures, which is a CSU-wide procedure, which can be found online under HSU's club policies page.

Camarena thought the video showed poor taste, but Chad Bundy, Chi Phi's public relations chair, said he thought the video was blown out of proportion.

Camarena said the fraternity, whose core values are truth, honor and personal integrity participated in more than 400 hours of community service last semester. If this incident is resolved, he hopes to continue working with Arcata wildlife, Boys & Girls club and begin work with HSU's Check It program -- a program that advocates for sexual consent on campus.

Camarena said he was busy with baseball and studying before a friend convinced him to check out a fraternity. Now, Camarena said Chi Phi has given him a sense of family bond that he had not had before.

Bundy, a business major, said he joined the chapter a semester after Camarena did, hoping to find a similar bond to what he had in Boy Scouts. The senior said the fraternity supports one another like family and are ready for a review.

"We didn't grow up with each other but we grew with each other," Bundy said.

Miranda Hutchison may be contacted at thejack@humboldt.edu

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*Must meet the minimum qualifications to be a student office holder.

HSU Sees Record Enrollment

Increase in Students from LA and Bay Area

by Nick Garcia

Humboldt State's incoming class of 2019 is the biggest the university has ever seen.

This is HSU's sixth consecutive year of growth. A preliminary count of 1,429 new students brings overall enrollment around 8,600, a record-setting number for the Lumberjacks. Official numbers will come later in the semester with the 2015 fall census.

"The freshman classes have been getting bigger every year I've been here," kinesiology major and native of the Bay Area Reid Napoleon said. "It's nice to see more characteristics in people and diversity in the new students."

Vikash Lakhani, HSU associate vice president for enrollment management, said HSU is growing in a limited fashion which she thinks is a part of the school's strategic plan.

"We have numerous recruitment strategies and communication strategies," Lakhani said. "We make sure we target certain areas that might get us the biggest bang for our buck."

According to data from the Office of Institutional Research and Planning, women dominate the new freshman class, making up 64 percent to the male's 36. As nearly two thirds of new students are female the overall female population at HSU has risen to 56 percent, up from 54 percent in 2014.

"Those numbers are preliminary," Lakhani said of the female filled freshman class. "But it is a national trend, it's not something we are just experiencing here. It's been going that way for quite a few years."

In addition to the university being heavily populated by females, 38 percent of the new class hails from the Los Angeles area, with the Bay Area coming in second.

"For the past three years, the trend has been going up from the Los Angeles area as well as the Bay Area," Lakhani said. "We do have specific recruiters in place that work out of those areas so they certainly help with their recruitment. And, of course, there are large college-bound populations there."

Anthropology major Martin Vazquez is originally from East Los Angeles. The freshmen said he is glad to see students like himself represented at HSU.

"There's a growing number of Latino students who are dedicated to school and want to focus on moving away from negative stigmas," Vazquez said.

Last year HSU was designated a Hispanic Serving Institution and this year's freshman class boasts a 44 percent latino population.

While the university holds the title of an HSI (Hispanic Serving Institution), it is still not completely clear what changes that title will bring. Lakhani explained that the administration is still finding out what comes with the new status.

"The official designation provides us with opportunities to apply for different types of funding that may be restricted to HSI's," Lakhani said. "But, there are other things that come with being designated as a Hispanic Serving Institution which the campus is still in the process of learning."

Nick Garcia may be contacted at thejack@humboldt.edu

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Humboldt's Fallen Deputy

Humboldt County Sheriff's office pays tribute to deceased officer

Loleta residents paid their respects as the procession dedicated to the fallen sheriff, Cpl. Richard Dean Schlesiger III, passed by. Schlesiger patrolled the Loleta area before passing away on Monday Sept. 7, 2015 from a long fight against brain cancer. Loleta, California on Sept. 13 2015. | Louis Ramirez

by Louis Ramirez

Last Sunday the Humboldt County Sheriff's Office held a memorial service after losing one of their deputies to cancer. Cpl. Richard Dean Schlesiger III, 45, passed away on Sept. 7 after battling brain cancer.

The memorial service started with a procession that began in Eureka, Calif. and passed through Loleta, finishing at the River Lodge in Fortuna, Calif. Hundreds of people came to pay their respects to a man they described as a mentor, friend, husband, brother, uncle and father.

In 1991 Schlesiger began his law enforcement service in Siskiyou County, which is in the northernmost part of California. He was later transferred to the Humboldt County's Sheriff's Office. He served as a deputy sheriff, permanent investigator, SWAT team member and sheriff corporal. He was forced to medically retire on December 30, 2014.

William Frederick Honsal III, Humboldt County's undersheriff, was asked to speak at the memorial service by Schlesiger's family. Honsal said Schlesiger started to delve into his spiritual life after being diagnosed.

"Having cancer and facing that challenge made him (Schlesiger) think about his faith," Honsal said. "So for the past year and a half he was on a journey to understand who God was and what he was all about."

Louis Ramirez may be contacted at thejack@humboldt.edu

Law enforcement officers march together in single file lines towards the River Lodge, located in Fortuna, Calif, were the memorial ceremony was held. Fortuna, California Sept. 13, 2015. | Louis Ramirez

Humboldt County's Undersheriff, William Frederick Honsal III, holds a pair of earphones that Cpl. Richard Dean Schlesiger III used to listen to the bible on his phone. "The family chuckles as I take out these headphones because if you ever visited Rich he would have them on because he listen to the bible all the time." Honsal said. "He fought to the end believing he was going to be the cancer." Fortuna, Calif Sept. 13, 2015. | Louis Ramirez

Sheriff Coroner Michael T. Downey gives Richard Dean Schlesiger III's family an American flag in honor of the service he gave Humboldt County and Sheriff's Office. Fortuna, Calif Sept. 13, 2015. | Louis Ramirez

DON'T GET HOOKED BY A PHISH.

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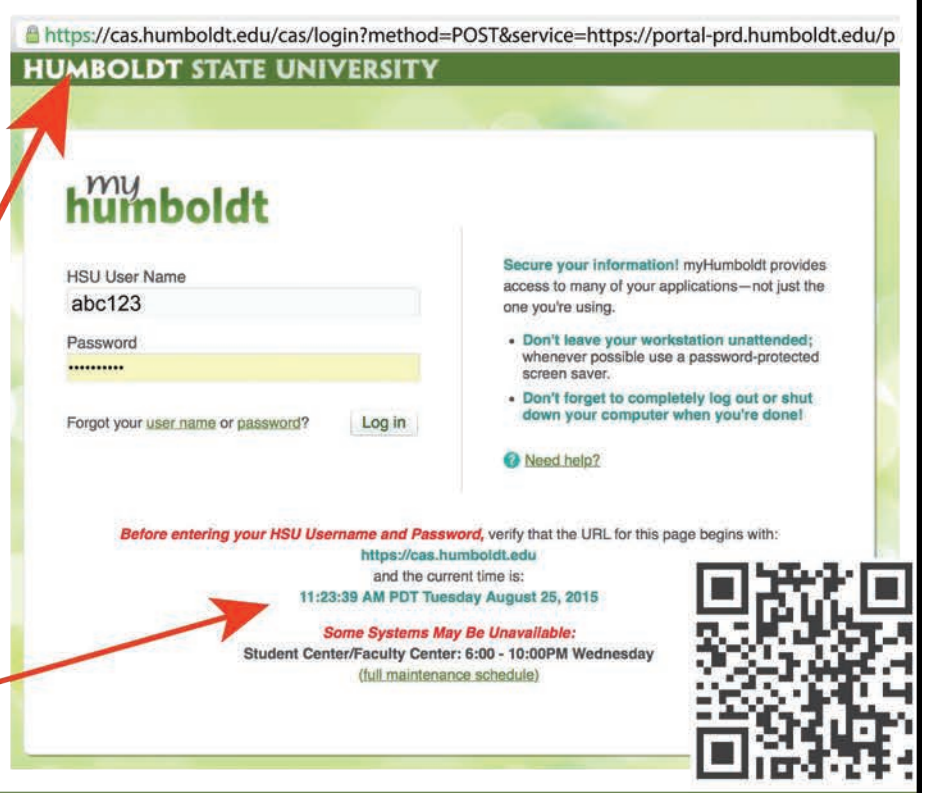
Before entering your HSU Username and Password, verify that the URL for the webpage begins with https://cas.humboldt.edu and the date and time are current.



Information Technology Services humboldt.edu/its/dont-get-hooked

Catalog confusion

HSU delays release of 2015-2016 University Catalog

by Banning Ramirez

Humboldt State University's Office of the Registrar has yet to release printed versions of the 2015-2016 university academic catalog. As of now an online draft is on the registrar website.

For Aukina Bowman, first-year criminology major, the registration process without the updated catalog was not as confusing as he previously thought.

"My roommate helped me find last year's catalog online," Bowman said. "(The registration process) was straightforward. I was able to get all the classes I needed but English."

Raleigh Tomlinson, a student ambassador coordinator for the Orientation and Preview Programs office, said she thought the catalog would be printed before orientation began in August at the latest.

"This year's orientation had to be more of a digital experience with students using their cell phones and looking at last year's catalog," Tomlinson said. "It totally changed everything."

Vikash Lakhani, associate vice president of enrollment management, sent an email to HSU's department chairs on Sept. 4 stating that he and the Office of the Registrar understand the complications and inconvenience this has caused their respective departments.

On HSU's Human Resource website, the position in charge of "coordinating academic-related publications and communications in the Office of the Registrar" has been vacant for some time. The position, which was formerly filled by Kate Nishi, will go under first review of applications on Friday, Sept. 18.

"We had a vacant position for a while now, but (the registrar) has been stepping in to help," Lakhani said.

Lakhani said printed copies of the catalog should be sent to print soon. He hopes to have the Publications Specialist position filled by November.

Marissa Mourer, director of Orientation and Preview Programs, trained the orientation student staff with last year's catalog. The staff used it to help incoming students register for classes.

"I wasn't as impacted as other departments. We made it work fine," Mourer said. "There is always something unanticipated that we have to manage, and this was one of those things we managed."

Banning Ramirez may be contacted at thejack@humboldt.edu

WHAT DOES A 20% REDUCTION in water use look like?

Save Our Water

City of Arcata

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INSTALL DRIP-IRRIGATION saves 15 GALLONS each time you water

ADJUST SPRINKLER TO WATER PLANTS, NOT DRIVEWAY saves 12-15 GALLONS each time you water

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Save Our Water

It's a bird. It's a plane. It's a Skywalker.

Karim Muhammid rollin through campus on his "Skywalker". | Gabriel Retzer

Chris Hannible eats a pizza while balancing comfortably on his "Skaywalker" board. | Gabriel Retzer

contiuned from page one

The battery-driven boards can go up to 10 mph which raises the concern of whether there should be regulations for them.

"It could be dangerous. If you go really fast and you fall over, it can roll over you," Muhammed said. "But overall it is pretty safe. It doesn't go too fast, so there won't be much damage."

Other students feel that there is an inequality between skaters and Skywalkers. Andrew Oliver is a skater at HSU and said the rules should be the same for all transporters.

"If I can't ride my skateboard, they should not be able to ride their little hoverboards," Oliver said. "They seem kind of unsafe."

Housing and Dining services are currently looking into how Skywalkers and other motorized transporters are affected by the current regulations. The Skywalker may soon face the same treatment as skateboards.

Chris Hannible borrows his friend's Skywalker to get around campus. For him it is not hard to multi-task while on the Skywalker. He spins around in circles with ease while eating a slice of pizza.

"They are easier to control than a bike or a skateboard," Hannible said. "Once you get the hang of how to turn, it's actually pretty easy. The hardest part is getting on and getting off."

Alexandra Turku may be contacted at thejack@humboldt.edu

Eric Paoplao hangs out on his "Skaywalker" in front of the SRC gym. | Robert Perez

WORD ON THE STREET

Should there be a regulation on Skywalkers?

"What is the regulation for bikes and skateboards? I feel like it should just be the same as those."
Tossa Hayward, 20, recreation administration, sophomore

"Yeah, there should because they're obviously faster than people. It could be a danger to pedestrians." Patrick Southland, 23, history, junior

"They can do the same amount of damage. It might be easier to stop but they're still a vehicle." Chad Bundy, 21, business, senior

"The average person can sprint at about 12 miles per hour so that's pretty fast. I would say no because skaters and bicyclists don't adhere to regulations so I feel like if we tried to impose regulations on those things they might not listen anyways." Chad Seligman, 21, computer science, junior

HSU center activities welcomes "Ho'omana" to Humboldt

contiuned from page one

of "Hana Hou."

"We're going to go make history," Besmer said as he welcomed people into the canoe to paddle in the bay alongside "Ho'omana."

Besmer is a member of the Humboldt Outrigger Canoe Club and hopes having a second outrigger canoe will increase interest in the Polynesian sport. Besmer said the sport is a physical workout and forces paddlers to use all their core muscles.

"Our whole goal is to grow this club and get people paddling all the time," Besmer said. "On a nice day, it's a lot of fun."

The purchase of "Ho'omana" is notable because it is the first outrigger canoe to be funded by the California State Parks Division of Boating and Waterways. Six-person outrigger canoes can be expensive, costing up to $10,000.

Center Activities plans to use the canoe as part of community and youth recreational programs. Bridget Hand, assistant manager and one of the coordinators of the waterfront ceremony, said the name "Ho'omana" translates to the act of spreading positive lifeforce energy in all our intentions and actions.

Han'Hou is the name of the canoe which is translated into "encore" or "one more time" in Hawaiian. | Sam Armanino

Seidner performs blessing ceremonies for organizations using condor feathers and her own medicines. HSU center activities employees requested Seidner perform the blessing as a way to unite local Wiyot culture with traditional Hawaiian culture. The naming ceremony represents the larger desire by center activities and community members to make outrigger canoeing more popular.

Outrigger canoeing is highly popular throughout the Pacific where it originated. It has also found a niche market in California. Dedicated outrigger canoe clubs in California and beyond give fans a chance to practice. Much of the practice is meant to gear paddlers up for competitive racing.

"In Hawai'i, every little town has a canoe club," Besmer said.

Competitions can take place for one-person canoes up to six-person canoe teams. Besmer said that some races can include over 40 outrigger canoes at one time.

"We need to be aware of other cultures. It takes all cultures to make up this world and that's part of who we are," Seidner said. "We always welcome people."

Kevynn Gomez may be contacted at thejack@humboldt.edu

Delightful Dahlia Day

Story and photos by Mackenzie Viereck

Dahlia flowers filled the Turf Room at the Humboldt County Fairgrounds. The tufts of bright, round flowers in red, lavender, yellow and pink was reminiscent of a scene from Dr. Suess' "The Lorax."

Doug Almand, co-owner of Almand Dahlia Gardens and host of the Redwood Coast Dahlia Show, said he has seen these flowers ranging from one inch in diameter to 19 inches in diameter.

"They are the most diverse and unique flower," Doug said.

Doug and wife Nicole put on the Dahlia Festival in Ferndale on Sept. 12 where dahlia growers from all over Humboldt County showed off their most recent combinations of dahlias.

Nicole said this season her and Doug's farm have made 1,000 new varieties of dahlias. She said she loves dahlias because they are Doug's passion.

"No two look alike," Nicole said. "Like a humans they are all genetically different."

Almand Dahlia Gardens has been a business since 1964 when Doug's great uncle's started company. At the festival growers competed for categories like best large bloom of 8 inches, best medium bloom between 6-8 inches, best small bloom from 4-6 inches, and best miniature 1-4 inch dahlia.

Next year the two are opening up their local festival to people from Oregon, Washington and the Bay Area.

Mackenzie Viereck may be contacted at thejack@humboldt.edu

The goal of the festival is to expose people to the wonderful world of dahlias. | Mackenzie Viereck

Nicole Almand, co-owner of Almand Dahlia Gardens, said her
renowned. "People are really digging our Dahlia's," Almand sa
12. | Mackenzie Viereck

The Redwood Coast Dahlia Show featured different varieties of dahlias that are currently being grown in Humboldt County. | Mackenzie Viereck

Leonardo "Da Vinci" Hernandez

Who is the student behind HSU's gym art?

by Jeff Gardner

As Jake Morrison approaches Humboldt State's Student Recreation Center gym for his workout he is greeted by a dry-erase board with a drawing of a mouse doing bench-presses on a rat trap. The sign reads, "what doesn't kill you makes you stronger."

"I see them every week," Morrison said. "It's a nice pick-me-up to see before going to the gym."

The face behind the art is 21-one-year-old zoology major Leonardo 'Lenny' Hernandez. Hernandez has been working as a receptionist at the gym for a year and has been drawing its signs since the beginning of summer.

Choclate Chips are the cookie monster's pre-workout, what is yours? | Robert Perez

"I usually think of a character I'd like to draw first and then try and think of ways to relate them to the gym, that usually involves getting help from whoever I'm working with," Hernandez said. "I like drawing all the ones that are old cartoon characters or from little kids' TV shows."

Hernandez said he usually sees people stop and take pictures or point the sign out to their friends.

One of Hernandez's favorite reactions to a sign was a man concerned over a drawing of a toilet which read, "Oh, I see you did legs today." Hernandez said he had to explain to him that it was a joke and doing squats did not give you diarrhea.

However, Hernandez is not the first artist for the gym. When he started drawing, he took the place of one of the assistant supervisors at the gym, Michelle Succow, who had been drawing for a few years up until the end of last semester.

"I had helped her draw a few beforehand, and we switched at summer," Hernandez said. "She's the one that would make all the ones with a crazy amount of detail. She was really patient and all of her drawings had so much detail. She focused on each single stroke."

Hernandez hopes to continue making the drawings in the future and said the one he is most proud of was a rendition of Johnny Bravo, with the caption "The originator of skipping leg day."

From Princess Peach to the Cookie Monster, the witty drawings garner quite a bit of attention.

"I appreciate them for their comedic value," nineteen-year-old theater major Ivan Gamboa said. "If you're going to do something like go to the gym, don't do it in a bad mood."

Jeff Gardner may be contacted at thejack@humboldt.edu

Princess Peach can turn up more than you at the gym. | Sam Armanino

dahlia farm produces hybrid dahlias that are world
aid at the Dahlia Festival in Ferndale on Saturday, Sept.

All flowers needed to be open half to three quarters of the way with no open center showing in order to qualify. | Mackenzie Viereck

Finished reading this copy of the Lumberjack?

Don't throw it in the trash!

Please recycle this newspaper when you are finished reading it.

Beer the Change You Want to See in the World

by Hannah Moss

Come on now, let's be real. Parties are overrated. I'd much prefer a kickback or a potluck at a friend's house. When I have people over at my place we always have a raffle. One thing, however, that will never be overrated is beer. I love beer. I love it so much, I'm even willing to put a ring on it.

Introducing the beer bling! Now you have a cutesie little decoration to remember one sweetheart from the next, no matter how inebriated you may become. Hell, you can even put your name on it if that is what suits your fancy. This DIY can be as cheap as $2.25 if you want it to be.

You can even set up a craft table at your party so people can make their own; it is so easy even a drunkie can do it. This bling can also be secured to the tab on a beer can or around the stem of a wine glass, depending on your personal taste.

Give the party-goers something more to do than awkwardly follow the cat around the house, unless that is only something I do...

YOU WILL NEED:
-A two-inch silver or gold plate hoop (75c*)
-About 50 pony beads (sold individually for 3c or in an assorted tube for $3.00*)
-Flat nose pliers
OPTIONAL: Any assortment of other charms or beads, I used an 'H' bead for mine.

*Prices specific to Heart Bead, located at 830 G St. on the Arcata Plaza

THE HOW TO:

1. Thread a simple or intricate pattern of beads onto your hoop.

2. Put some other charms on it if you want to get super fancy, or get super simple and choose just one cool design for yourself.

3. Clamp the tail end of the hoop with your pliers, or ask a cashier at Heart Bead to do it for you.

4. Close the hoop by inserting the now bent edge through the hole on the other side of the hoop.

5. Show off your new beer bling so all your friends get jealous and read the Lumbercraft... what?

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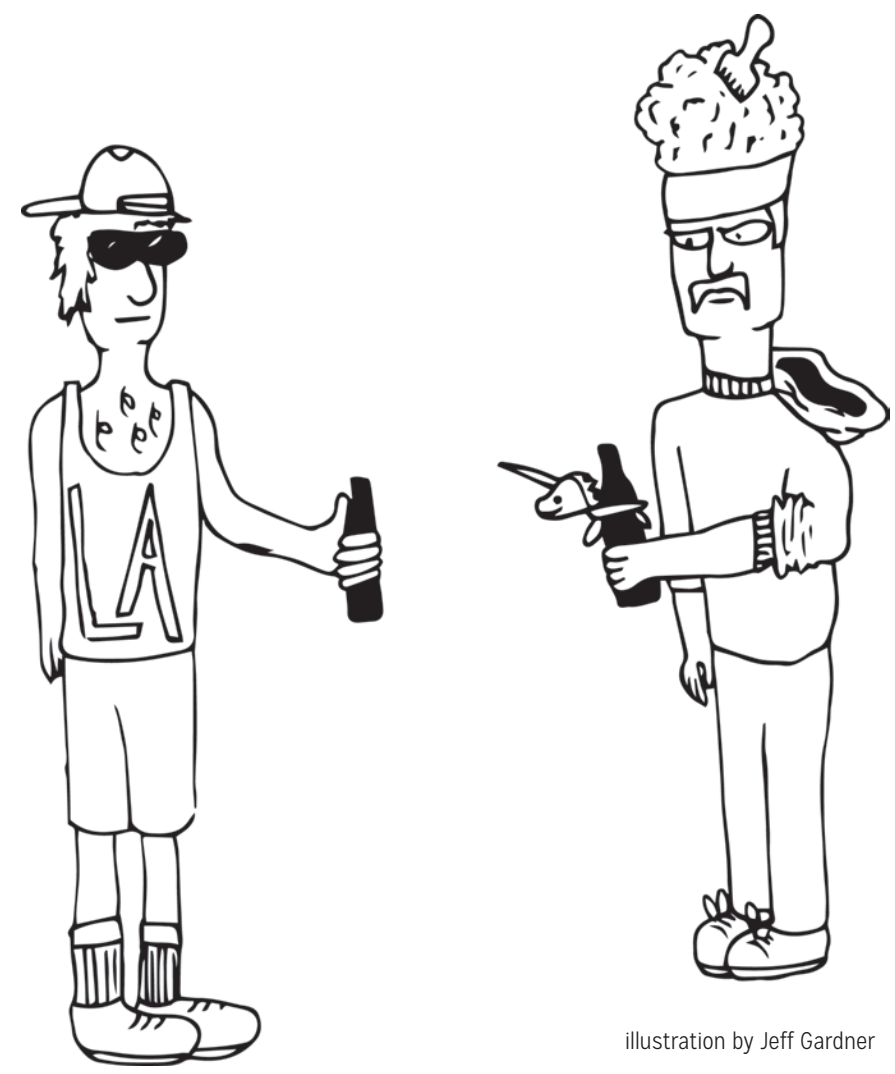

illustration by Jeff Gardner

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How one HSU student broke two California records

Powerlifter aims to beat official American record

by Caitlyn Kaifer

For 21-year-old Humboldt State student Diana Hernandez-Avalos, breaking powerlifting records has been a breeze. Breaking two CSU records during her first competition in June, Hernandez has set herself apart from her competitors.

During competitions Hernandez-Avalos is competing on her own. Her journey and success through powerlifting has been shaped by her own personal team since the very beginning.

Hernandez-Avalos' interest in powerlifting sparked during a typical training session with her rowing teammates. As part of the team's conditioning, members must practice weightlifting on land, which is where Hernandez-Avalos began to notice her true passion for strength sports.

"I don't think it's about individuality because it's still a team effort," Hernandez-Avalos said. "Without my coach, the guys that I work with and the football team that's always working out and cheering me on, that's my team even though I'm the only one playing. I couldn't do it without them."

Soon after discovering her passion Hernandez-Avalos voiced her interest for the sport to her strength conditioning coworker at a local gym. Her coach then proceeded to put Hernandez-Avalos through an exercise program to train her for competition.

Her first competition took place on June 27 in Midtown Sacramento where she broke two state records in the 72 kilo class. Powerlifting was Hernandez-Avalos' division which consisted of squats, bench presses and deadlifts.

Although it was Hernandez-Avalos' very first time competing, breaking a state record was on her mind. Opening with a 275 lb squat, Hernandez-Avalos shocked even the most seasoned powerlifters. She then proceeded to do a record breaking squat weighing in at 327 lbs.

"I just showed up and wanted to have fun," Hernandez-Avalos said. "And I had a lot caffeine, I was a little too amped for my own good."

While Hernandez-Avalos had planned on winning one state record that day, the second one came as a pleasant surprise. Encouraged by her Powerlifting Coach Matt Bickford, Hernandez-Avalos benched 170 lbs that day breaking yet another state record. She had never lifted that much weight before.

"She (Hernandez-Avalos) is incredibly gifted but at the same time she is a newer lifter," Bickford said. "She doesn't have a competitive background and before we started training she hadn't done any formal programming. She got really strong and pretty good at her craft just by showing up and kind of randomly slamming weight on the bar."

Hernandez-Avalos went home after the competition and immediately looked up the American record to push herself even further. Currently for Hernandez-Avalos' age and weight class the next record she has set her sights on is a 347 lb back squat.

Then she began training for that record. Although not proven in competition yet, Hernandez-Avalos' hit 365 lbs a month ago in training, surpassing the current American record by 18lbs. It also takes the all time women's record at HSU across all categories.

Her next goal is already lined up at a 400 lb squat. On Dec. 6 she will aim for the official American record in competition.

Hernandez-Avalos said there is no such thing as failure, it is all about the fun of the sport. Her only failure would be not treating her body right. With that in mind Hernandez-Avalos has chosen to keep her training simple, straying away from overly demanding exercise schedules.

Her current workout routine consists of two and a half hour sessions, three times a week. During each session she does three sets of five and moves on to the next day, adding five pounds to her squat each time.

Last August Hernandez-Avalos attended an Olympic training center in Colorado Springs after becoming certified as a USA weightlifting coach. While there she trained and met with the top 10% of USA weightlifting coaches from all around the nation.

Diana Hernandez-Avalos and Head Strength and Conditioning Coach Drew Peterson standing underneath the HSU Weightlifting Record board shortly after Hernandez-Avalos all time squat of 365 lbs.

"I gained a bunch of coaching cues," Hernandez-Avalos said. "It ranged from something I would tell a beginner to something more complex I would tell someone that already knows what they're doing."

Hernandez-Avalos loves her sport so much she plans on becoming a strength coach at the collegiate level.

"I pray that powerlifting stays in my life as long as I can," Hernandez said.

Caitlyn Kaifer may be contacted at thejack@humboldt.edu

New Threads

HSU Athletics rolls out new uniforms for fall season

by Joanna Quintanilla

What do Humboldt State's football, softball, men's basketball, men's soccer and women's soccer all have in common? New team uniforms!

This fall season the aforementioned teams will be sporting partially or completely new uniforms for either their home or away games.

Teams tend to change their uniforms every couple of seasons based on general wear and tear. If the uniform does not keep up with the player it can be a problem.

Environmental science major Carlos Cruz who is a member of HSU's cross country and track team said he overall liked the new threads.

"I liked the shirts more than the shorts," Cruz said. "I felt the shorts could have been a little more dynamic but overall I liked them."

Head Coach of HSU's women's basketball team Jodie Gleason said they had a uniform-related issue for the upcoming season.

"We had to replace our traveling uniforms," Gleason said. "They failed. We got them a year ago and then there were problems."

Fortunately the uniforms were under warranty, which allowed them to be replaced without costing the team. Gleason said that the uniforms started showing wear and tear so Adidas replaced them.

The home uniforms, which were the only uniforms that the team had been planning on replacing this season, were acquired with help from the local community.

"A booster of the program donated money to help us get new home ones," Gleason said. "Because those were the ones we needed the most."

John Dostal, HSU Athletics equipment manager, believes that the quality and condition of the player's uniform is vital to the game.

"Any time you can keep a player dryer and cooler, it's not only safer for them, but you know if they're not losing fluids as rapidly, they're staying hydrated," Dostal said. "It's a safety feature and it's also a performance enhancer for the athletes."

The new men's and women's basketball and soccer uniforms for this year. | Sam Armanino

The new material for the uniforms is meant to help the performance of the players. Uniforms have also evolved from being just polyester or nylon.

"The cloth that they're making the uniforms out of are made to breathe better, stay cooler, dry quicker," Dostal said. "The materials are changing quite a bit, especially in contact sports. Football game cloth for instance is very stretchy. A lot more lycra, a lot more specialty sewing."

The look and feel of an uniform is not just important for the game and performance, but for recruiting new players for a team.

"How you look and the look of your uniform is a huge recruiting tool," Dostal said. "Probably the first question any recruit will ask you is about the uniform."

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Run Ben, Run

HSU alumnus continues to race in ultra marathons

HSU alumnus Ben Stern winning and setting the course record at the Siskiyou OutBack 50 Miler on Mt. Ashland on July 25, 2015. | Photo provided by Ben Stern

by Katie Lowe

It is nearly 7:30 a.m. on Aug. 29 as the Bay Area fog covers the sky. Nearly 250 cross-country runners are preparing to take part in the USA Track & Field Championship: Tamalpa Headlands 50k. Among the runners is former HSU cross-country athlete Ben Stern.

"It's always been a goal of mine to be an ultra-marathon runner. I've been running since junior high," said Stern. "Now that I'm not running for a team, it is a good time for me to pursue that goal now that I have the time and energy."

Stern is an HSU alumnus in environmental resource engineering. Since graduating, he has competed in five ultra-marathons. Ultra-marathons are any race over the standard 26.2 miles of a marathon. He has competed in races that are anywhere from 50k (31 miles) to 100k (62 miles), winning first place in three out of the five.

Stern gives credit to college friend and teammate Austin Huff for encouraging him to chase his dream of becoming the extreme long distance runner that he is today. The two met on the HSU cross country team and have competed in races together since then.

"I was done training for a marathon and Ben was done training with the team and was just getting healthy after some injuries. We decided to give it a shot," Huff said. "We got into it together, but he's really taking off with it."

According to Stern, he spends an hour a day during the week and three hours a day over the weekend doing distance running when he is not recovering from a race. To prepare for the hilly trail-like terrain of Tamalpa Headlands Stern spent many of his hours in the Arcata Community Forest.

"Since this was a championship race, it was very competitive. It was exciting and motivating to see the person in front and wanting to pass him and the person behind me and not letting him pass me," Stern said. "In the other races I have ran, I have been out in front or other racers have not been in sight."

Stern finished in seventh place at Tamalpa Headlands: better than his ninth-place start. After his recovery period he will start training for his next race on Dec 5. It is a 50 mile race with a grand prize of $10,000.

Stern continues his legacy at HSU as the Track & Field and Cross-Country assistant coach alongside Head Coach Scott Pesch.

"It's nice to see his (Stern's) revolution of running these past five to six years," Pesch said. "When he was an athlete at HSU, he was a leader on the team. That is why we took him on as a coach, his perspective and leadership quality. We are lucky to have him."

Katie Lowe may be contacted at thejack@humboldt.edu

Women's Soccer Gets the Ball Rolling

New players, new staff

by Nick Garcia

Humboldt State women's soccer began their season on the road in Seattle on Sept. 3. Seven days, four games and two countries later, they have an even record.

After a 0-2 loss to Seattle Pacific and a 1-3 loss against Simon Fraser University in British Columbia, the Jacks returned to Arcata for back-to-back victories. On Wednesday they beat the seventh ranked team in the nation Western Washington University. Thursday brought another win as they defeated Dixie State.

Head coach Paul Karver led a squad of relatively young Lumberjacks and a fresh coaching staff this season.

"It's a group we've been looking forward to having," Karver said. "We're young in terms of the mentality of the group, and we're young in terms of the age of the group."

One new addition to the team is senior goalkeeper Caitlyn Plese who is a fifth-year transfer student from Portland, Oregon.

"I competed four years at Portland State, graduated and ended up coming down here," Plese said. "It was kind of spur of the moment. I wasn't really planning on playing my fifth year and then the opportunity came about."

In Portland Plese was Big Sky Goalkeeper of the Year in both 2013 and 2014. She also broke the record for shutouts in a single season at PSU with 11 in 2013. Now she is working toward a masters in sociology while playing for HSU.

Plese and the rest of the goalkeepers are working with a recent addition to the staff. Abigail Steele is the new assistant coach. While they are both new to HSU Plese and Steele have history together.

"I played against Abby at Portland State when she was at Oregon, so we kind of knew each other from there," Plese said. "She's great. She's been working really hard with us goalkeepers making sure we're being smart in how we play."

Steele ended her tenure as a record-setting goalkeeper at the University of Oregon in 2014. As a highly decorated player she spent her time with the Ducks making school history. She ranks first in career goals allowed average with 1.14 and in shutouts with 17. In 2015 she kept the ball rolling.

"Coming in, I didn't know if this was going to work, but I was excited to work with her because she's done a lot of good things in Oregon, and I've seen her play and I've played against her and I knew she was good," Plese said of her former opponent and current coach, Steele.

Steele's addition to HSU's staff comes as she adjusts to another new role as a goalkeeper for Seattle Reign FC, currently the number one ranked team in the National Women's Soccer League. A recent college graduate, she was brought on to the Reign to add depth to the roster as goalkeeper Haley Kopmeyer recovers from a foot injury. Karver is excited to have her as a resource for the team.

"She understands what it's like at the highest level," Karver said. "The way she can relate as a young coach to a group of players is so important, because they are going to listen to her."

The connection between Karver and Steele precedes their Humboldt State affiliations. Steele spent four seasons in Oregon playing for the Ducks. Karver acted as Oregon's assistant coach for one of those seasons. Karver said Steele is a fantastic player and he was lucky to have coached her when she was in college.

Steele is not the only fresh face on Karver's coaching staff. He also enlisted Amber Woolcock to serve her first season as an assistant coach after being the Jacks' goalkeeper for four seasons.

"Abby and Amber both, they love the game," Karver said. "They love interacting with people, they love helping people just be better in the classroom, in the community, on the field and off the field, so the relationship among the staff has been wonderful."

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EDITORIAL

Humboldt is not home for everyone

Imagine walking around Humboldt State's campus everyday trying to remember where the safer bathrooms are. Imagine being misgendered and outed in every class that takes attendance. Imagine fighting for acceptance just to be who you want to be.

During Pride week last week the community celebrated the struggles and strides of the LGBTQIA community. There were movies, festivals and parades where everyone got together in support of each other. Now that it is over, transgender students on campus still face the same struggles and lack of awareness from HSU's student body as ever before.

"I feel targeted as fuck," transgender student Leon Garcia said. "That includes in the gym and the restrooms. People really need to fucking get it. Because I look female I'm not supposed to be lifting?"

Aside from the gym transgender students often have to memorize where the gender neutral bathrooms are on campus. For a lot of students these bathrooms are out of the way of their classes and they must plan to use them ahead of time.

Students can also be constantly outed in classes and programs on campus. For instance the Humboldt Orientation Program makes students wear name tags with their legal names on them. A legal name change in California can cost over $500 and needs to be advertised in a local paper.

Many people are unable to legally change their name because of these difficulties. They may face being outed unless they are successful in getting their preferred name accepted with the registrar. This can also be difficult.

Even with all of these issues many students on campus who need support find it hard to get into Counseling and Psychological Services due to overflow. Finding rides to off-campus services can be even more challenging.

These problems with policies here at HSU and statewide are exacerbated by a campus culture that is both intentionally and unintentionally transphobic. While being an ally can mean a lot of different things, the basic principle that we as a community should be operating on, is kindness.

We should be making a point to ask someone what their preferred gender pronouns are (i.e she, he, ze, they, etc.). Just because that person in The Depot might look like a woman to you does not mean that they identify as one.

"I think we live in a world where you need to be more aware," Garcia said. "Ask. Don't assume. I'm asking for respect."

The Lumberjack editorial board supports last year's Associated Students resolution 2014-15-22 that advocates for more gender-neutral bathrooms on campus. Additionally, we advocate for a campus community where any person can be themselves without social consequences.

While some of us may never experience what it is like to be transgender we can certainly try to create a supportive community for more than one week a year. We all deserve a space here at school where we can live our lives the way we want. Garcia often wonders why people say they are proud of him.

"Proud of me for what?" Garcia said. "Surviving?"

Gender Neutral Bathrooms on Campus:

Brero House, also known as House 093. Located north of Library Circle
Bret Harte House, also known as House 052. Located on Laurel St. next to Gist Hall
Brookins House (between Jenkins and Science D - first floor): open M-F 8-5
Buck House (CCAT), also known as House 097. Located behind the BSS bldg.
Eric Rofes Center (ERC), Warren House 53: M 12-2, Tue & Wed 10-12, Fri 1-2
Forbes D (Accessible Outside)
Founders Hall: 2nd floor, first right after going up the stairs, open 8-5 M-F
Feuerwerker House
Gist Hall (near Van Duzer Theatre): two bathrooms in the basement near the theatre in room 002
KRA - two are located between the Women's and Men's locker rooms on the bottom floor. You will need the door code from Mira Friedman (836-5234).
Hadley House: (behind Library) 1st floor, open 8-5, M-F
Hagopian House
Jensen House
Little Apartments
Multicultural Center: House 55 (behind Library) 2 bathrooms on the 1st & 2nd floors open daily from 8-5
Nelson Hall East: (near the University Center) open 8-5 M-F
Schmidt House
Telonicher House
Van Matre Hall (Building 26, next to Founders Hall): 2 bathrooms on the 2nd floor, accessible M-F 8-5
Walter Warren House (INRSEP)
Wagner House
Warren House #53 (Eric Rofes Multicultural Queer Resource Center): open 10-12 Mon-Fri
Wildlife Facilities (Game Pens) room 10

`Do you ever find yourself standing quietly at a party. You're thinking about leaving. But then. Oh, yes. Then that one song comes on and your foot starts to tap. Pretty soon your head is bobbing. And all of a sudden you can't help but move your body in every direction. It's that song. You're song. Oh man! The song that comes on at a party and makes you go buck.

Corrections

In "Sym-pie-otic Relationship" from the Sept. 9 issue, the Cider Co. is not involved with The Local Beer Bar or The Local Cider Bar. BitterSweet is an expansion of The Local Beer Bar located on F Street in Eureka.

There is an incorrect statement from "Jacks Chop Down Wolves" from the Sept. 9 issue that says that the Jacks won't play at home again until Oct. 10. They will be playing at home on Saturday, Sept. 19 against Dixie State.

Ja'Quan Gardner's name was misspelled in a caption from "Jacks Chop Down Wolves."

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The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

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CULTURE SHOCK

Lost in Germany

by Ricardo Cruz

Okay, children. Sit down, it is story time.

Make sure you have the right newspaper. Look to your left, now look to your right. Two out of three of you will not finish this article. When you last heard from me I was in a pretty tough spot. But having spent a few weeks here I can say with complete confidence that these Germans be crazy.

But what is really cool is right now, as I am writing this, I am not in Germany. I am in Milan for the World´s Fair. This is what is really amazing about Europe. You are easily connected to so many different cultures.

The World´s Fair, or Universal Expo, is an event held every few years somewhere in the world. They usually have a theme around which the different pavilions are organized. This year's theme was "Feeding the Planet, Energy for Life." I was lucky enough to have a connection that was able to get me a fastpass ticket for two of the pavilions.

I, of course, paid special attention to the German and United States pavilions. I have to tell you guys, the US pavilion was not good. The German pavilion, along with many others, offered interesting insights and solutions to the growing global food crisis, but the American pavilion felt like a propaganda message about how much the US invests in agriculture technologies.

I am not here to lecture anyone, but I want us all to think about how we are using our resources, and about how we view our place in this world as a country. Germany recycles and I mean really recycles. The joke we call "recycling" in the United States is not even close. Where do you take your bottles here? To the grocery store, which gives you credit to spend in store, and the return adds up. For most bottles you get 25 cents (in euros) back. They separate their trash into four different compartments. This emphasis on efficient use of resources underscores something I think our country lacks: awareness of our impact on the world and how we are connected.

Touring around Milan really got me thinking about my country and how uninformed about the world we are. Did you know a vast majority of European students study abroad? It is completely normal for them. But only 1-2 percent of Americans study abroad.

The news here is also incredibly eye-opening. They have 15-minute news cycles. The first five minutes is purely domestic and European news, the second five minutes is a very detailed coverage of international news, and the last five minutes is always entertainment and weather. It might surprise you to know that the fire in California is big news here. Everyone talks about it.

Do you know anything about what's going on in Germany? Did you know their drought has severely impacted shipping along their rivers which is hindering the economy of certain regions? The answer is probably no.

So what I am really getting at is the difference between our isolated country and Germany, which is so connected to the world. I did not think of the states being isolated but being here I can tell you with utter surety that we do not know much of what is happening in the world. I think realizing how little I know of the world when the world seems to know so much about me has been the most profound culture shock of all.

Ricardo Cruz may be contacted at thejack@humboldt.edu

Baggage claim

by Jacob Cheek

After you get off a plane at the airport, what is the first thing you do? You go to the carousel and claim your baggage. It circles around as you wait for your bag to come out. When you see what might look like your bag you go to grab it, but that is when you realize that it is someone else's.

They say, "That is my bag, not yours." It is tough to recognize your baggage, but it is important to claim it.

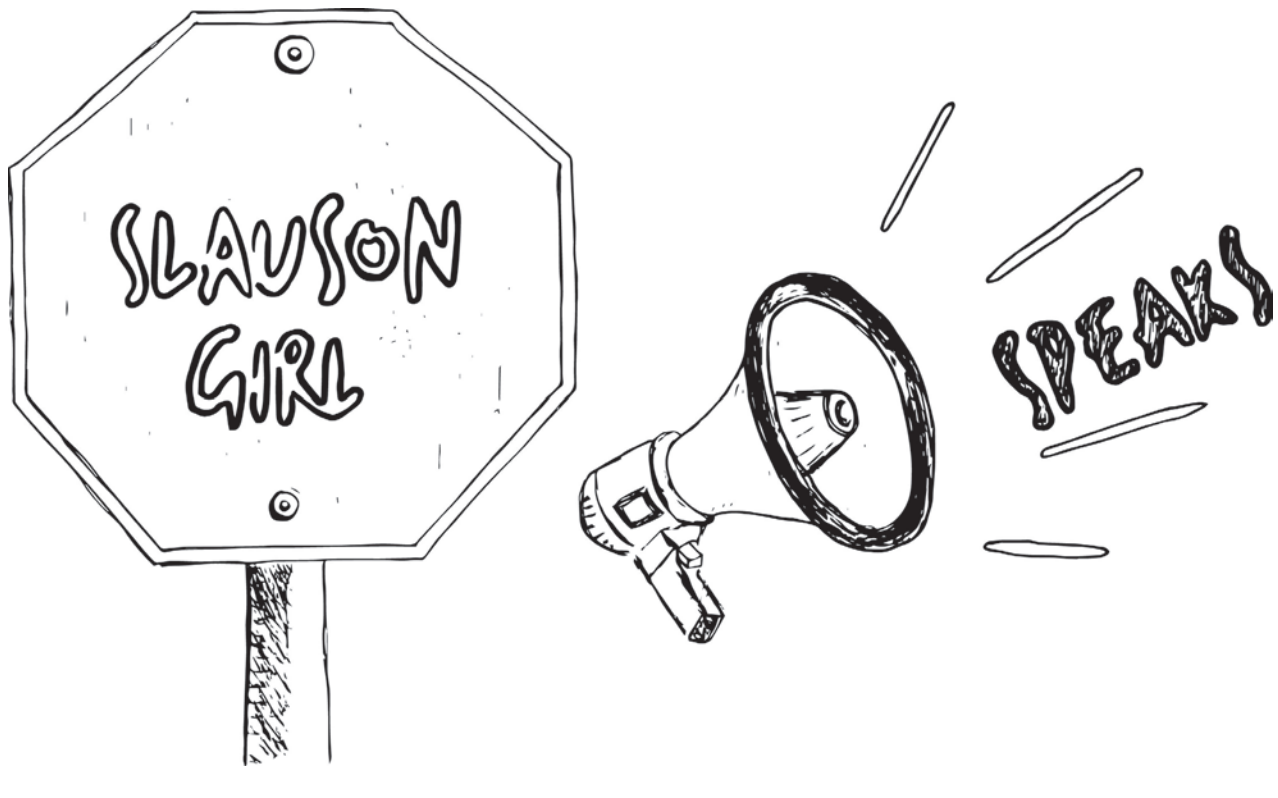
Baggage can be known as the luggage at the airport but it could also mean your negative or unfavorable habits or traits. While we are not necessarily proud of our baggage, we are human. Some of us just have more than others. Everyone has a bit of it.

For some reason people are quick to criticize other people on the baggage they carry. Is it because they are trying to hide their own baggage or misfortunes? It is like a really messy person constantly telling someone to clean up after themselves. Being messy might be part of their baggage, but is it part of yours too?

Do not hold the double standard. Before harping at somebody ask yourself if you are guilty of it.

We need to hold ourselves accountable for the baggage we carry. If it has your name on it, own it. Work on trying to take the pieces out of your baggage instead of adding more to someone else's.

Jacob Cheek may be contacted at thejack@humboldt.edu



Centers for academic excellence: racist or right on time?

by Tina Sampay

I am not insulted by the idea of an African-American center on campus. I am insulted at the way Humboldt State University brought about these centers. HSU sent out a search to bring two qualified (minority) professionals to campus. Students were invited during the interview process, which was also the first time students ever heard of a center happening on campus.

My initial problem with the center was the way the university labeled them: two centers, one for Latino students and one for African-American students. Together they are called the "Centers for Academic Excellence."

Why as an African-American student on HSU's campus, is my "academic excellence" confined to some room in Nelson Hall? Do I not attend Humboldt State's campus as a whole?

Where are the "Caucasian Centers For Academic Excellence?" Or is that the whole campus?

HSU does a good job at making their minority students feel like the "other" while wondering why their retention rate sucks and students do not graduate from here. It is not that students of color are dumb. Most just choose not to deal with the culture shock of Humboldt and being looked as something different.

HSU never had a solid vision for the centers and instead decided to bring minority professionals to campus to pick their brains and run these centers. These centers apply for grants on campus just like student clubs to put on "events."

Do these centers not have their own budget? Is the center not going to be doing academic advising, although they are labeled "academic" centers?

A desk, computers, posters, TV and a couch are the "resources." It is supposed to be a "safe space." I totally get it. But the Multi-Cultural Center had all of that already and and students were not separated by race in rooms. At the MCC I was chilling with Hispanic, Black, White and Pacific Islander students.

Coincidentally, these centers were hastily brought about right after Dr. Jacquelyn Bolman, a Native American INERSEP director on campus, who many students felt was wrongfully terminated last semester, spoke out about the lack of diversity on campus. This forces me to believe that these centers and the reasons they were implemented so swiftly, were nothing but politics being played by the university.

The school does not know what students of color need on this campus. Nor do I think the people higher up really care. These minority staff will be the buffer between the Black students and the all White administration who hide in Siemens hall and scatter like roaches at 5 p.m.

I began to call these centers the school's ghetto project. Being from the inner city I call my neighborhood the hood because it lacks resources that are found in real neighborhoods that allow one to thrive. The university knew it needed to do something and quick. But it dropped the ball tremendously.

I still have no clue what the centers will do for inclusion, which is a major problem on HSU's campus. All I do know is, as a Black student, I do not need to be delegated to the Black corner of campus.

TIna Sampay may be contacted at thejack@humboldt.edu

puzzles page

Where is this?

This photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject "ATTN: Where is this?"

Last issue's photo was located on the Library on the South wall next to the stairs.

Please send us your selfie at the location!

Trivia Questions

1) About what percent of the salmon died last year in the Sacramento River?

2) How fast can skywalker boards go?

3) How much did Diana Hernandez-Avalos' record breaking squat weigh?

CLASSIFIEDS

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Wednesdays, 6-7 p.m. at Isis Healing Centre, 44 Sunny Brae Centre, #48 (upstairs), Arcata. Donation requested to cover cost of room rental: $2. 707-825-8300.

Stumping Lumberjacks

Weekly Brain Teaser

Game created by Ian Bradley
Compiled by Jami Eiring

Pete Pete
Pete Pete
ache

Use the image to guess the word or phrase. Pay attention to the size and position of the clues (top/bottom/left/right), repetition, direction (up/down/backwards/forwards), and the style. Examples: "P walk Ark" would be "walk in the park" or "DEAL" would be "big deal" Email your answer to thejack@humboldt.edu with the subject "ATTN: Stumping Lumberjacks"

Weekly Sudoku

Difficulty: medium

						2		
4	9		1					
	5		3	7	6			
8			7	2			6	9
2		3		8		7		4
9	7			1	4			3
			8	9	1		4	
					7		3	2
		4						

Last Issue's winners

Where is this?
No winner

Stumping Lumberjacks
Gary Lester

Trivia
No winner

Email your answers to thejack@humboldt.edu Winners get a $5 gift certificate from Arcata Scoop. Winners can pick up their prize in our office located in Gist Hall 227.

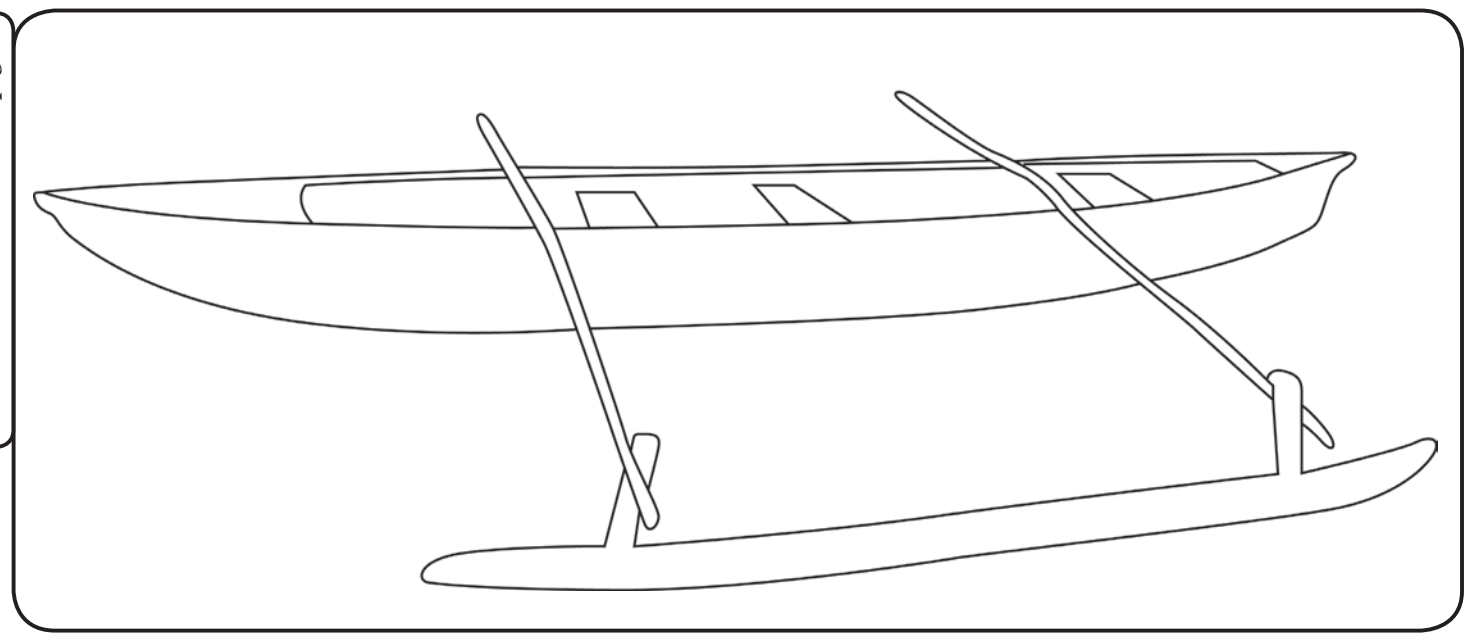
NEW CHALLENGE

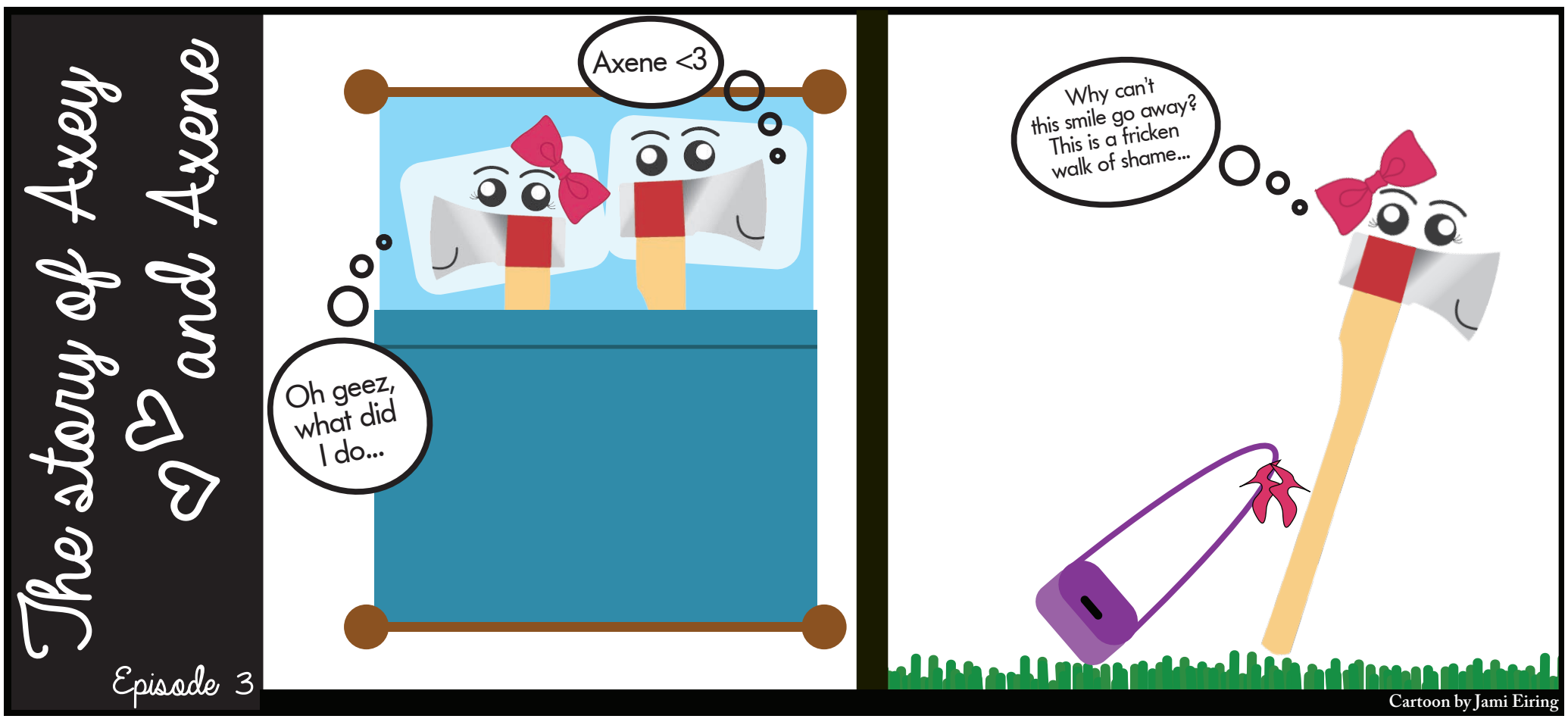
We challenge you to take a selfie with President Rossbacher and send it to thejack@humboldt.edu

First to submit a selfie with the president gets a $5 gift certificate for Arcata Scoop and will be featured in the next issue of *The Lumberjack*!

Color Me In

check out the story on the outrigger canoe donation on the front page





Cartoon by Jami Eiring

Humboldt Friends Meeting (Quakers)

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Calendar

Wednesday, Sept. 16 - Sunday, Sept. 20

Wednesday, Sept. 16

Check It Workshop
Come learn ways we can CHECK IT by highlighting the importance of consent on our campus and everywhere. Learn ways to prevent harm to others and respond in the moment to violence we may witness.

Founders Hall Room 163 | 5 p.m. - 6:30 p.m. | FREE

Thursday, Sept. 17

Garberville Street Cleanup!
Come help clean up the streets of Garberville and Redway to make Humboldt less polluted. You will need gloves, brooms, trash bags, a pail and a garbage grabber (if you have one).

Garberville Town Square | 3:30 p.m. | FREE

Friday, Sept. 18

Wild Lungs Album Release
Before Wild Lungs go on tour they will be at the Arcata Playhouse with the release of their debut album which features Shaggy Sample and Nipplepotamus.

Arcata Playhouse | 9:30 p.m. | $5

Free Skate Night!
What is better than roller skating at the rink? Free roller skating at the rink!

Blue Lake Roller Rink | 6:30 p.m. - 9:30 p.m. | FREE

Saturday, Sept. 19

California Coastal Cleanup Day
Do your part in caring for the wonderful environment you live in and help pick up trash at the beach. Volunteers will meet at the Humboldt Coastal Nature Center at 220 Stamps Lane in Manila. Tools, gloves and snacks provided. Be sure to bring appropriate clothing and water.

Humboldt Coastal Nature Center | 9 a.m. | FREE

Humboldt State vs. Dixie State
Come support HSU and watch the Jacks take on Dixie State at the Redwood Bowl on Saturday!

Redwood Bowl | 6 p.m.

FREE for HSU students with ID
General admission $10

Saturday and Sunday, Sept. 19-20

North Country Fair!
Since 1974 locals and visitors have enjoyed the North Country Fair for two days out of the year on the Arcata Plaza. The fair will host crafts, food, two parades, two stages and a lawn performance area. Humboldt's Zero Waste program will make the fair as environmentally friendly as possible.

Arcata Plaza | Saturday and Sunday 10 a.m.
Samba Parade - Sat. 1 p.m.
FREE | All Species Parade - Sun. 1 p.m.

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