

THE LUMBERJACK

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Jacks with Kaepernick protesters sit during the national anthem at HSU's first home game of the season. | Tyler Boydston

The Sunrise Ceremony at the Potowat Garden

by Iridian Casarez

Early Friday morning on September 9, members of the Arcata community gathered at Potowat Garden to send their prayers to the hundreds of Native Americans protesting the North Dakota Access Pipeline. The event was put together by students of the Indian Tribal and Educational Personnel Program (ITEPP) working alongside the community. Marlene’ Dusek, Tanni Zavala and Ty’ithreeha Allen, Native American students at HSU who work at the program, helped plan and coordinate this event.

Each of them also took part in reaching out to the community by starting a Facebook event they shared with friends and family.

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Sitting with Kaepernick

Students silently protest the national anthem

by Tyler Boydston

The Jacks first home game of the season kicked off with an unusual start. A group of Humboldt State students and alumni named “Jacks With Kaepernick” remained seated during the National Anthem.

The silent protest was a sign of solidarity sparked by San Francisco 49ers quarterback, Colin Kaepernick.

Kaepernick sat on the bench during the National Anthem at the 49ers preseason game against the Green Bay Packers and took a knee during their next game against the San Diego Chargers. Kaepernick refused to stand for the National Anthem to draw attention to the oppression of black people and people of color.

Humboldt State alumni Henry Solarez thought it was important to come out and show support to end police brutality for people of color.

“There is a disturbing trend where it’s visible that black lives don’t matter when in reality they do,” Solarez said.

Humboldt State student, Malcolm Chanaiwa, organized the silent protest “Jacks With Kaepernick” through a Facebook event page.

“It’s in occurrence with some of the actions we’ve seen by athletes around the nation, most prominently and first with Colin Kaepernick,” Chanaiwa said. “So we replicated that by sitting down while everyone else was standing up.”

HSU professor Dr. Ramona Bell was asked about the movement, Black Lives Matter.

“The campaign speaks to a particular conversation about injustices in America that other campaigns can’t speak to,” Bell said. “If you look at the disproportionate number of black and brown bodies in prison. If you look at those who have been killed by police, if you look at gender and racial discrimination and if you look at the statistics, they show its mostly black and brown bodies that are being served disproportionately to white bodies. And so, I don’t think that it would be accurate to say Black Lives Matter is inclusive in all lives in a sense from historical relationship of Americans, particularly black Americans to the nation.

Chanaiwa feels it’s necessary to draw attention to reinforcing Black Lives Matter through making it known. He is hopeful for a positive outcome and response after the event.

“If it’s the kind of thing that there is a demand for and a thing



Group organizer Malcolm Chanaiwa poses after sitting for the national anthem at HSU's first home game on Saturday. | Tyler Boydston

people are really responding to I would love to do it again and again at the next home game and the next,” He said.

During the game Solarez talked about the difference between “All Lives Matter” and how it’s taking away from the message they are trying to send.

“All Lives Matter is taking away from the specific conditions in which we have proof that black lives are being taken left and right,” Solarez said. “It’s the way the system selects people of color, black lives in particular, as not worthy of de-escalation and rather it’s just shots fired.”

To Solarez “Black Lives Matter” is standing up for not only black lives but also the need to end police brutality.

“Black Lives Matter is everyone’s fight,” He said. “It’s not just the people getting shot down in the streets or incarcerated. It’s everybody’s thing and it affects us all.”

“Groups have been marginalized, excluded, and not seen as even human,” Bell said. “And so that is what Black Lives Matter speaks to, that both the historical and contemporary injustices that still exist. Black Lives Matter is giving a voice to those who have been voiceless. Those who have been voiceless for the most part have been black lives.”

Headbanger’s ball

by Lindsey Zito

The National Collegiate Athletic Association (NCAA) reports that concussions make up for 7.4% of all injuries in collegiate football. This is why head athletic trainer Shannon Childs suggested that HSU players start wearing Guardian caps. The Guardian cap is an extra layer of padding that players slip over their football helmets.

“The idea is to decrease the amount of sub-concussive blows overtime,” Childs said.

Childs explains that the caps can reduce up to 20-33% of g-force blows a player takes to the head. G-force is the force of gravity on a particular extraterrestrial body or the force of acceleration anywhere. This season, the caps are only worn during practices and players who experience the most repetitive hits wear them.


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Tyler Boydston may be contacted at thejack@humboldt.edu


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Weather

Thursday

64°



Friday

68°

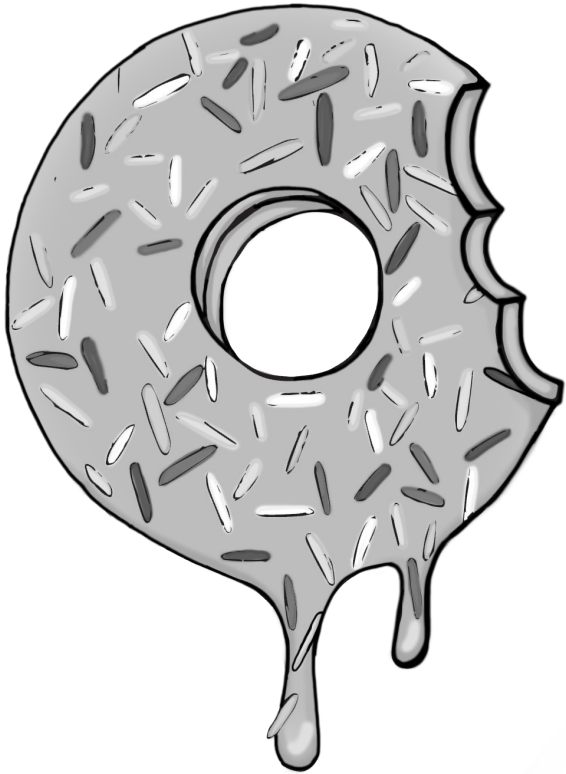
Saturday

66°

Sunday

66°

Source: National Weather Service

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UPD BYTES

Saturday, September 10: Welfare check 18:41

Occurred at Residence Halls Creekview on Granite Avenue, Arcata. RP reporting multiple subjects getting stung by bees. It is unknown if medical is needed. Per the RP, no one is allergic however the patients are in a lot of pain
-These students were too buzzy for their own good

Sunday, September 11: Vehicle investigation 21:51

Occurred at Jge on Granite Avenue, Acrata. RP states there is a vehicle running and it appears no one is present.
Another one of Tesla’s runaways

Monday, September 12: Smoking violation 1:18

Occurred at Redwood Hall on Redwood Fire Lane, Actata. RAVE Eyewitnesses reporting subjects smoking outside of Redwood in the Gazebo.
If it’s a rave, smoking should be the least concern.



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Fri. Sept. 16: Cowboy Bebop - The Movie (2001) Doors @ 8 PM
\$5, Rated R

Sat. Sept. 17: We’re Here to Speak for Justice: Doors @ 2:30 PM
Founding California’s Regional Centers (2000), Film @ 3 PM, Free.

Sun. Sept. 18: Mad Professor Doors @ 9:30 PM
\$15 lim adv tix online @ ATL/\$20 adv tix @ Wildberries/People’s Records/The Works, 21+

Mon. Sept. 19: Monday Night Football Doors @ 7:20 PM
Game @ 7:30 PM, Eagles @ Bears, All ages, Free w/\$5 food & bev purchase.

Wed. Sept. 21: Sci-Fi Night: The Warriors (1979) Doors @ 6 PM
All ages, Free w/\$5 food & bev purchase.

Thurs. Sept. 22: That Indie Night: Housebound (2014) Doors @ 6:30 PM
Film @ 7 PM, Admission \$4, Well Cocktail Specials All Night Long, Unrated.

Fri. Sept. 23: Balkan Beat Box Doors @ 9 PM
\$20 lim adv tix online, \$25 adv tix @ Wildberries/People’s Records/The Works, 21+.

Sun. Sept. 25: Can’t Stop The Serenity Doors @ 5 PM
Movie at 6 PM, Event is \$6, Rated PG-13.

Mon. Sept. 26: Monday Night Football Doors @ 5:20 PM
Game @ 5:30 PM, Falcons @ Saints, All ages, Free w/\$5 food & bev purchase.

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World in briefs



1

September 10, 2016:

The Obama administration temporarily halted the proposed construction of an oil pipeline, which would cut through land sacred to the Standing Rock Sioux Tribe. The news comes as a victory to the protesters who have been actively opposing the installation of the pipeline. The news came following the rejection by a Washington judge of a request from the tribe to stop the pipeline. The pipeline would cross through sacred burial sites and dip into the rivers which the tribe draws their water supply from. Protests are likely to continue into next week, and until a conclusion arrives.

2

September 11, 2016:

Hillary Clinton, hot on the campaign trail, collapsed at an event during the 9/11 memorial. Clinton’s camp cited pneumonia as the cause. Clinton is set to resume her campaign at some point this week.

Jason T. Stuan, D.D.S.

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Students win scholarships *Planning to help their communities*

by Iridian Casarez

The Morongo Band of Mission Indians awarded \$30,000 in college scholarships to three Native American Students in California. Two of those three students attend Humboldt State University.

Gabriella Jarnaghan of the Hoopa Valley Tribe and Ty’ithreeha Allen of the Yurok tribe were each awarded \$10,000 as part of the 12th Annual Rodney T. Mathews Jr. Scholarship .

Michael Fisher, a spokesman for the Morongo Band of Mission Indians says the scholarship program is open to enrolled members of any of the more than 100 federally recognized tribes in California.

“Morongo has provided \$410,000 to 43 Native American Students across the state as part of the tribes ongoing effort to help reverse the trends that left Native Americans as the most underrepresented group in colleges and universities,” Fisher said.

Gabriella Jarnaghan of the Hoopa Valley Tribe applied for the scholarship before her first semester of college. She had originally decided to attend University of California Berkeley but then changed her mind and decided to attend HSU.

Jarnaghan thought that the scholarship was a good opportunity and with guidance of her high school counselor was convinced to apply.

She was driving to the bank with her mother when she saw the acceptance email.

“I was so relieved,”Jarnaghan said. “I couldn’t believe it.”

The scholarship will help Jarnaghan with tuition, books and basic necessities.

Jarnaghan was the Associated Student Body president, California Scholarship Federation president and was on the community youth council in high school.

She is majoring in business and would like

to learn more about business law. Most of her community members want her to return to Hoopa.

“A lot of people want me to go back and help the tribe earn money,” Jarnaghan said. “Part of me wants to, but the other part of me wants to go explore somewhere else.”

Ty’ithreeha Allen is enrolled in the Yurok tribe and is also from Karuk tribe. She was encouraged by her spiritual aunt to apply for the scholarship.

Allen was working at the United Indian Health Service when she received the acceptance call about the scholarship.

“I was so excited I yelled,” Allen said. “I really worked hard for it.”

The scholarship is helping Allen cover tuition and book costs.

Allen volunteered at the United Indian Health Services, at native events and was the president of the Native American club in high school. Allen says her determination comes from her family.

“I have younger siblings and cousins,” Allen said. “I want to succeed for them, I want to give encouragement to the younger generation in my tribal community.”

Allen is majoring in child development and is minoring in American Indian education and psychology.

She would like to start a holistic day care that incorporates Native American culture and traditional values into the curriculum.

“It’s important for me to start this day care,” Allen said. “I want to help my community by providing them a space where their kids can learn and grow in an educational setting that incorporates our Native values and beliefs.”



Scholarship Recipients Gabriella Jarnaghan(left) and Ty’threeha Allen(right) | Iridian Casarez

Iridian Casarez may be contacted at thejack@humboldt.edu

Community stands with North Dokata pipeline protestors

continued from page one

“Everyone felt the same way,” Dusek said. “All the students were feeling the heaviness. We can rely on one another and pray.”

The students involved in the program wanted to help those in North Dakota in any way. The students said they cannot be there physically, but wanted to show their support emotionally and spiritually.

“We all know what it feels like to have something taken away from us,” Zavala said. “We don’t own the land. We protect it.”

Kaitlyn Hernandez is a student at HSU studying wildlife conservation and management. Hernandez attended the ceremony because she was feeling antsy and felt like she needed to support those in North Dakota.

“If we don’t fight now we’re going to lose our chance to do so,” Hernandez said. “And our future generations are going to get the worst of it.”

Ish-Kaysh Tripp is a student at HSU studying environmental resources and engineering. He is from the Yurok and Karuk tribes. Tripp grew up in a community that holds ceremonies for different things and attended this ceremony to show his support.

“I’m here to show my support for the tribes that are fighting for their land,” Tripp said. “Because there aren’t a lot of voices — unity is important. Whether it’s going to protest or coming together for prayer.”

Maya Mollier is a kinesiology major at HSU and is from

the Yurok and Karuk tribes. She grew up in a tribe that lives by a river and have been fighting for the protection of their water and fish which have been affected by the building of dams.

“If I could be in North Dakota I would,” Mollier said. “But, I can’t so this is my way of showing support. The feeling of having more people, being together, is stronger.”

Tim Ochoa is from the Santa Ynez Chumash tribe in central California. Ochoa is a student at HSU studying kinesiology. He believes the ceremony is important because it is a way to give support to those in North Dakota.

“I came to give support for people defending our water at the Dakota Access pipeline,” Ochoa said. “We have to stand up for what we know is right.”

Carley Delcastillo is a student at HSU majoring in environmental studies. She identifies as Mexika, the indigenous people of Mexico before it was colonized. Delcastillo attended the ceremony to stand in solidarity with the people in North Dakota.

“We can’t be there physically but we’re sending our prayers,” Delcastillo said. “This impacts all of us. It’ll inevitably affect us.”



Students pose for photo after morning of protest. | Elder Julian Lang from Karuk people.

Iridian Casarez may be contacted at thejack@humboldt.edu

Aquatic Center paddles to keep HSU’s first place momentum

by Wilson Hartstock

Plastic oars splashing the salty sea softly rang through the Eureka Bay as Humboldt State students paddled and canoed the water just off the dock outside the Humboldt Bay Aquatic Center Sunday, Sept. 11.

The center offered free paddleboard, canoe, and kayak rentals for HSU students that showed up with the Outdoor Nation Application downloaded to their phones.

HSU has a significant lead over the others school’s on the Outdoor Nation’s leaderboards with a 7,000 point lead above the second place slot.

Operations Supervisor, Deserie Donae, explained the importance of student retention at HSU and how events like Paddlefest gets students involved and more likely to stay.

Paddlefest usually takes place in September of the school year and yields turnouts large between 250 and 400 students. Student employees said that this event’s turnouts was a little smaller, but meant that paddlers could go out for extra sessions if they wanted.

“We just replaced Paddlefest with this event,” said Donae. “We wanted to take these resources and put them towards the outdoor nation app.”

Donae stated that the center is all about educating boat safety and that the outdoor nation app could potentially provide them more resources to further their goals.

Since the Outdoor Nation Campus Challenge ends in Oct., Paddlefest isn’t

going anywhere and this event was the center’s way to hit two birds with one stone.

Activities Manager, Bridget Hand, says the app isn’t what motivates the event but rather a nice tool that could potentially help score new equipment for the center should HSU maintain it’s first place lead.

“What we’ve been doing this whole time is trying to get students out on the water,” Hand said. “For me, it’s a nice synergy for our current goals as they are.”

Students differed in their opinions about the app’s motivation to get people outside, but showed up to the event purely because it was free, regardless of their views.

Stephanie Lemon, 20, is a Theatre Arts major and thinks that the app could be good.

“I think it’s a pretty good way to get people who would normally sit in their room, to go outside,” Lemon said. “I’m a pretty big advocate to use technology to like, cure our aversion to nature.”

Christian Lesko, 23, is a Music Major who graduated last year and says he takes a more cynical approach to the app.

“I would rather just be outside riding my bike and not doing it to get points, Lesko said. “For me who already likes cardio and being outdoors, this is just kinda like, well good for people who wouldn’t normally be doing this.”



Paddle Boarder’s return from their 30-minute paddle session in the Humboldt Bay just outside the Aquatic Center Sept. 11, 2016 in Eureka, California | Wilson Hartstock

Wilson Hartstock may be contacted at thejack@humboldt.edu

Scratched for life

by Megan McDaniel

From bedrooms and sketchy hotel rooms to living room couches, scratchers are making their way across town. Scratchers are homemade tattoos given by self taught tattoo artists. Being a scratcher is becoming more accessible with the use of sewing needles to legit tattoo guns purchased online. People have been experimenting with scratchers more.

Danielle Miller, Humboldt State student artist has been giving tattoos to her friends for about three years. She felt encouraged and inspired by her friends and other artists to give tattooing a try.

“The whole tattoo thing came about organically with my friends wanting tattoos,” Miller said.

Miller began by ordering all the supplies off the internet; from sterilized needles to plastic tubes and soap. She became blood pathogen certified and described the certification as similar to a food handler’s card but for tattoos. You have to know the basic sterilizing procedures when doing a tattoo.

“I have done a lot of interesting pieces from little tattoos, big tattoos, to butt tattoos. You name it,” Miller said.

Elise Kallweit, Humboldt State student, got a tattoo of a coconut sprout at Hotel Arcata. The tattoo was inspired by a trip to Hawaii where she worked on a farm. Everyone that worked on the farm received the tattoo from the same artist.

“The tattoo connects me to that time and space with those people in my life,” Kallweit said. “Even if it wasn’t in Hawaii, it is still important.”

Kallweit said the tattoo was not painful and scratchers really depend on

the person giving it and what kind of tattoo.

“If the person is drunk, do not get a homemade tattoo,” Kallweit said.

Madison Smith, HSU senior, tried giving herself a tattoo of a kite on her foot in high school. She described the experience as an adrenaline rush.

“First I sterilized a sewing needle and tied it to a pencil using embroidery floss, then began by dipping the needle in tattoo ink and started poking my skin,” Smith said.

She cautioned people who get scratchers to know their bones.

“I started my kite and realized it was directly on my bone and proceeded to be in terrible pain and had to stop,” Smith said. “Now I have this ugly ass triangle on my foot.”

Jake Burns, HSU senior, has five tattoos, four of them made at home with a tattoo gun. He got his first tattoo of the Star of David when he was 16 at his sister’s friend’s house. Burns described his scratchers as a cheaper and better experience.

“The intense pain of the tattoo creates a weird bond, it’s hard not to be friends after,” Burns said.

*Miller’s name has been changed to protect her identity, due to California Healthy and Safety Code 119300 to 119328 which states that, “The California Conference of Local Health Officers shall establish sterilization, sanitation, and safety standards for persons engaged in the business of tattooing, body piercing, or permanent cosmetics.”



A sun and moon tattoo done by Miller | Megan McDaniel



Elise Kallweits coconut sprout | Megan McDaniel



Madison Smith’s scratcher of a triangle | Megan McDaniel

Megan McDaniel may be contacted at thejack@humboldt.edu

The birds and chameleon of Sunset Hall



Tina Arthur and her cockatiel birds, Sunny and Trisket | Rigmor Angel Sorenson

by Rigmor Angel Sorenson

Tina Arthur, Humboldt State student and zoology major, went through a tough time last summer dealing with a medical condition. When she returned to Humboldt State last fall, she brought along with her Sunny and Trisket; two 15 year old Cockatiel birds. She's owned the birds since she was seven years old and her parents encouraged her to find out what the school's policy was for living with emotional support animals on campus.

"I didn't think my medical condition was critical enough," Arthur said.

Being able to come home to her feathery friends makes a huge difference.

"The birds being there for me was very affectionate," She said.

Down the hall from Arthur and her colorful Cockatiels, Teresa Boatman, Humboldt State student and zoology major, shares her living space with Clementine. Her two year old chameleon. Boatman rescued her chameleon from Petco. When she first got Clementine, the chameleon was low on calcium.

Housing does not require cold blooded animals, such as Clementine, to be specially approved to live in housing. The only requirement for cold blooded animals is that they have to fit in a 10 gallon tank.

Boatman has gotten to know a lot of people who are curious about her chameleon but constantly being the center of attention can have deadly effects on the little creature.

"Taking her out a lot can shorten her lifespan," Boatman said.

Students interested in having an emotional support animal live with them on campus need approval from Housing. The Student Disability Resource Center, located in the Learning Commons next to the HSU Library, is where students can fill out the application for on-campus living with an emotional support animal. A doctor's note confirming the need of an emotional support animal is also required. Additional requirements include the animal be in a crate, potty trained (if necessary), and in

control of the owner at all times.

Steve St. Onge, director of Housing and Residence Life at Humboldt State, shared that a student once applied to have a rat on campus as an emotional support animal.

"He argued that rats are pack animals," St. Onge said. "But we declined."



Teresa Boatman and her chameleon, Clementine | Rigmor Angel Sorenson

Rigmor Angel Sorenson may be contacted at thejack@humboldt.edu

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Music Review: Isaiah Rashad - “The Sun’s Tirade”

by Selena Rose

Kendrick Lamar’s newest signee on Top Dawg Entertainment, Isaiah Rashad, dropped his first solo album, “The Sun’s Tirade,” on September 2. Rashad’s first EP, “Cilvia Demo,” came out over two years ago. Post “Cilvia Demo,” Rashad was abusing Xanax and alcohol to the point where he was almost dropped from his label three times. The struggle to overcome his substance use allowed Rashad to pour his heart and soul into 17 tracks that validate his undeniable talent. The time between the two albums was a turning point in Rashad’s life; it transformed his music and is reflected in his newly extraordinary work of art. David Nurick, Humboldt State student, listened to the album when it came out. “The thing I like most are the beats, they are so soulful. The beats really throw it back to the days of R&B,” Nurick said. The intro track, “where u at?” is a voicemail from Rashaad’s buddy, letting him know everyone is waiting for his next album. In a matter of 44 seconds the track depicts fan’s emotions toward the long anticipated project. The album continues with the next couple of tracks, “4r Da Squaw,” “Free Lunch,” and “Rope//rosegold.” Each song has a similar vibe with mellow jazzy instrumentals, making it a perfect transition of songs for late night drives to clear the mind. “The Sun’s Tirade,” has features from Kendrick Lamar, Jay Rock, SZA, Syd (from the Internet), Zacari, Deacon Blues and Kari Faux. The music video for “4r Da Squaw” dropped the same day as the album. In the video Rashad’s rapping on a pier, the people in the video have a dollar amount over their heads with the value constantly changing. Jackson Stafford, HSU student, thought the video had a cool concept. “What I got [from the music video] was his ability to

look past the concept of money. All the people have dollar counter things that fluctuate,” Stafford said. “No matter what their sum is, dollar totals should be irrelevant to the actual physical, mental state and worth of an individual.” Next on the album is, “Wat’s Wrong,” featuring Zacari and Kendrick Lamar. Rashad’s flow speeds up and really shows a huge presence of Lamar’s style throughout the song. The song stands out because of the combination of this trio’s talent. The track ends with a skit where Rashad gives his dad his own “Cilvia Demo” EP. A couple songs down the tracklist is “Silk da Shokka,” the album’s love song. The intertwining of voices between Rashad and Syd, where she follows his every word on each of the verses is what makes this song so soulful and full of emotion. Another song to stand out is “Tity and Dolla” where Rashad gets extremely cocky and confident on the track. This is definitely the banger of the album and what makes it so well-rounded. HSU student Greg Specht said this was his favorite track. “I love the production, it’s super laid-back, where his lyrics are braggadocious and forward in comparison,” Specht said. “Also, Jay Rock kills the feature!” The song “AA” has a similar trap/hip-hop style that is a noticeable trend towards the end of the album. This album is a combination of neo-soul as well as old school hip hop, conscious rap mixed with a little trap. You can tell by listening that Rashad was inspired by the elders in the game and a lot of influences are apparent throughout the project. If you are into Kendrick Lamar, you’ll definitely like this album.



Selena Rose may be contacted at thejack@humboldt.edu

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Word on the Street

Students react to Kaep’s National Anthem sit-down

by Reyna Wilcoxon



“It’s your constitutional right to sit down if you don’t believe in [standing for the National Anthem] It’s not personally harming anybody directly.” -McKenna Rayburn, Environmental Engineering major, sophomore

continued to website for more

North Country Fair strives for zero waste

by Nathan Owain

Zero Waste Humboldt is on the forefront of the zero-waste movement. The organization is integrating community efforts into the local governments, schools, businesses and entire culture of Humboldt County to spread the message that something does not become waste until someone decides that it no longer serves a purpose. As students of Humboldt State, we need to accept and adopt this philosophy in an attempt to reduce our waste production. Zero Waste Humboldt is an organization intent on becoming a part of a growing movement to create new uses for our used materials.

Currently, Zero Waste Humboldt is recruiting volunteers for the 43rd Annual North Country Fair to be held on September 17 and September 18 in the Arcata Plaza. Volunteers are needed to assist fairgoers with properly sorting and disposing of compostable and recyclable materials.

“It’s all about prevention,” Gainer said. “Prevention, prevention. Let’s start first by asking the right questions. Could I have avoided using this product in the first place?”

Maggie Gainer is one of the founding members of Zero Waste Humboldt. According to Gainer, recent years have seen 84 percent of the potential trash from the fair diverted away from the landfill and either recycled or composted responsibly.

“A huge success,” Gainer said. “It’s all about prevention, prevention, prevention. Let’s start first by asking the right questions. Could I have avoided using this product in the first place?”

Gainer goes on to emphasize the importance of recognizing the need for a change in humanity’s management of our waste production problem.

“We are in a period of very thoughtful reassessment with how we handle unwanted materials,” Gainer said. “Recycling began in the early 1970s and now is the time to take a look and see what and how we can do better. The paradigm shift is away from the landfills and into sustainable material management.”

The North Country Fair is free, family-friendly and features local arts and crafts along with live music and food. At the newly designated Zero-Waste Craft Zone, kids and adults can create hats and masks from reusable materials provided by SCRAP Humboldt.

Alec Howard is a former HSU student who is now

an active board member of Zero Waste Humboldt. He describes the fair as, one of the longest on-going events in Arcata. Every year, Zero Waste Humboldt strives to reduce waste a little bit more.

“Will it be recycled in California and turned into a new plastic doodad, or is it gonna be sent to China?” Gainer said. “Recycling is a really gray area. Just because something is recyclable doesn’t mean that it’s going to be.”

“Last year, we had five different zero-waste stations where volunteers help people sort their materials into the right bin. That ultimately determines the end use of that product, which is important,” Howard said. “Is it going to go to the landfill? Is it going to become a soil amendment that our farmers will use? Will it be recycled in California and turned into a new plastic doodad, or is it gonna be sent to China? Recycling is a really gray area. Just because something is recyclable doesn’t mean that it’s going to be.”

Isabel Sanchez is a junior at HSU majoring in business and minoring in natural resources. After she graduates, Sanchez plans to establish an urban farm. She considers volunteering with Zero Waste Humboldt as a way to actualize her goal. Sanchez represented Zero Waste Humboldt last year at the North Country Fair as a volunteer and is planning on doing the same this year.

“Learn some, share some, it’s an all around great event. We want more volunteers, it’s a great experience,” Sanchez said. “Talking with locals and helping them sort [their trash] was nice. They would educate us while we would educate them. I picked both days last year, I really enjoyed it. Throughout the entire event, we were trying to figure out if dairy was compostable or not.”

You can help be a part of the solution for responsible waste management at the fair in shifts of three to four hours in length. Students can sign up to volunteer for one or both days of the fair. Email contact@zerowastehumboldt.



The informational poster for the 2016 North Country Fair was designed by Gina Tuzzi. | Poster courtesy of Nancy Stevens, Zero Waste Coordinator at The North Country Fair & Zero Waste Humboldt

org with your schedule availability or visit Zero Waste Humboldt at Facebook/ZeroWasteHumboldt.

Zero Waste Humboldt urges all potential fair-goers to bring their own refillable water bottle for water and reusable pint cup for beer. Reusable products are the name of Zero Waste Humboldt’s game at this year’s North Country Fair; the earth will thank you.

Nathan Owain may be contacted at thejack@humboldt.edu

Environmental Studies explained

by Emily Owen

The Humboldt State environmental studies program officially grew out of infancy last spring after its first wave of students who began as freshmen and continued through the program until graduation officially received their diplomas. With almost all of these 23 graduates already holding jobs in their chosen fields of study, it’s clear that environmental studies is on the right track in encouraging its graduates to hit the post-collegiate ground running. Despite the success and passion the program has instilled upon its students, the major itself is still shrouded in confusion for much of the general public.

Kylie Mossbacher, a recent environmental studies graduate, credits the program with completely changing her college experience by providing her with new capabilities she was previously unaware of. Mossbacher refers to the major as the perfect overlap between activism and academia.

“For me, it was the missing component in my education,” Mossbacher said. “It provides the answers to all the questions and synthesizes it all. It’s fundamentally not a science and it should be allowed to be exactly what it is, as it improves cross-discipline communication.”

The disciplines Mossbacher references are two that seem to be continuously at odds: the sciences and the humanities.



Environmental students attending the March for Real Climate Leadership in Oakland during spring 2015. | Photo courtesy of Ivan Soto

At its core, environmental studies offers an interdisciplinary perspective on environmental and social problems. Its curriculum focuses on social justice and preparing students to fight for what is right.

Samantha Stephens, a senior environmental studies student, wants people to know that it’s not all just translating the sciences.

“We are on both sides of the coin, understanding and communicating. You

come out of this program with such an all encompassing and comprehensive skill set. You can take it anywhere and adapt it to anything. Environmental studies gives students the opportunity to make an actual impact on really pressing issues.”

Sarah Ray, environmental studies program lead and associate professor, is trying to stake a claim for the humanities in the never-ending plight of the natural world.

“There are other ways of studying the

environment,” Ray said. “We’re clearly at a place here at HSU where being ‘science-like’ isn’t valuable. We have the possibility to bridge what is happening in environmental stuff on campus, of which there’s so much in the sciences, with all of the social justice and environmental justice work happening all across campus. Environmental studies has already proved that it can be that hub.”

Even though it is the newest and one of the smallest majors at HSU, environmental studies has taken steps towards becoming more involved in the campus community. With a host of affiliated faculty from more than 10 different departments, environmental studies offers its students a wide range of lenses and angles with which to perceive, assess and tackle environmental issues. The fabric of the program itself is a perfect example of how important it is to integrate all perspectives and find common ground in order to reach a sustainable solution.

Nicholas Graham, a junior transfer student new to HSU and the major of environmental studies, commented on how crucial the humanities are in the landscape of addressing environmental justice.

“Environmental studies is inherently important,” Graham said. “There’s no point in having a degree on a dead planet.”

Emily Owen may be contacted at thejack@humboldt.edu

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Big hopes, big loss

Lumberjacks lose second game of season

by Ermelo Albert Rebosura

The sellout crowd in the Redwood Bowl were on their feet. The Lumberjacks defense got a crucial stop giving the offense the ball with three minutes left. An interception returned for a touchdown silenced the sellout crowd Saturday night ending the Jacks comeback attempt losing to Azusa Pacific 38-27.

“Our defense gave us a shot and that’s all you can ask for at the end of the game,” left tackle Alex Cappa said. “You want the ball, you want a chance to win and you just got to execute.”

Quarterback Robert Webber struggled protecting the ball losing a fumble and throwing three interceptions. Last week’s GNAC offensive player of the week connected with John Todd on a high arching deep pass for a 40-yard touchdown for his only touchdown of the night.

The experienced offense couldn’t find a rhythm against Azusa. That didn’t help the young defense which showed progress after surrendering 45 points the first game.

“The offense has to help them



Jacks linebacker Connor Cox chases an Azusa ball carrier. | Jared Funk

[the defense] out,” Head Coach Rob Smith said. “This wasn’t a good offensive night.”

It was the smaller facets of the game along with the turnovers that had the Jacks playing from behind for most of the game.

“We helped Azusa tonight by poor kickoff coverage,” Smith

said after the game. “We had the fumble from Rob in the first half and we had the interception late -- you can’t do that.”

Running back Ja’Quan Gardner had another standout game with 159 yards rushing, along with six catches for 31 yards. He now has 407 yards from scrimmage and

five touchdowns in the young season.

“It was a real intense battle. We knew it would be a hard fought game coming in and we ended up on the wrong side of it,” Gardner said. “We’re ready to bounce back and get the ship going back in the right

direction.”

The Jacks next game is this Saturday at 6 p.m. in British Columbia against Simon Fraser University.

Ermelo Albert Rebosura may be contacted at thejack@humboldt.edu

An attempt to reduce concussions in football

continued from page one

HSU football center Lucas Govan, who has had two concussions over 14 years of football, is one of these players.

“I don’t mind wearing them,” Govan said. “I’ve noticed that my neck is not as sore as usual.”

Other players such as senior defensive line, David Jones thinks the caps don’t make much of a difference.

“I don’t see how two inches of foam is going to stop a concussion,” Jones said. “It’s not something I enjoy wearing but if the training staff says I need to wear it, I will.”

A concussion by definition is the deceleration of the head where the brain either hits or gets moved around in the skull. While the Guardian caps are intended to reduce the number of concussions, they are not guaranteed or expected to eradicate them all together.

“If you have a strong enough blow to the head, that could still cause a concussion,” Childs said.

In the past six months universities such as Tennessee State, Georgia Tech and Oregon State have all implemented the Guardian caps. Other programs like Clemson



HSU football players wear concussion resistant helmets during practice September, 13. | James Towney

University, Louisiana- Lafayette, and Georgia State have been using the caps for the past two to four years now.

“You can’t really predict concussions,” Childs said. “Hopefully when they’re done playing here they’ve had less of the blows that might affect them later in life.”

The Guardian caps cost the school \$45 a piece. The football coaches, athletic

director and Childs all agreed it was a good investment. The caps have a lifetime warranty, which means that if a cap gets damaged or breaks down over time, the manufacturer will repair or replace the damaged product.

“I feel good knowing that if there’s something that might help,” Childs said. “We should be doing it.”

I don’t see how two inches of foam is going to stop a concussion.

— David Jones
HSU Defensive Lineman, Senior



HSU player runs while wearing a concussion resistant helmet. | James Towney

Lindsey Zito may be contacted at thejack@humboldt.edu



A huge crowd roared in the Redwood Bowl and an early morning run through Patricks Point State park capped off another week for the Jacks. While Saturday saw two home openers, three teams were on the road. All teams are now underway in their seasons. The Jacks are off to a good start.

The Jacks hosted Azusa Pacific on Saturday night in their first game in the Redwood Bowl this season. In another offensive battle the Jacks came up short with a minute left in the game. The final score of Azusa 38 - Jacks 27, resulting in an overall 1-1 record for the Jacks to start the season. They travel across the border to face Simon Fraser for their next game.

The Women's volleyball team is 5-3 as they look to begin CCAA play against Cal State San Bernardino on Saturday. They are coming off a five set win in their final game at the DII West Region Volleyball Showcase.

The team opened their season with the Humboldt invite which was held in Patrick's Point State Park in Trinidad, CA. It will be their only home event they have this season. The women took third place in their race while the men took home fourth. Both teams will travel to Minnesota for their next event Sept. 24.

With the offense still struggling the Jacks dropped their last two games rounding out their record to 1-4. The Jacks have only scored one goal in all those games combined. The young team is fierce on the defensive side but need to find the back of the net more often. Their next match against San Bernardino on Sept. 16 at the College Creek Field on campus.

The men's soccer team has already surpassed their win total from last season with two. The Jacks are now 2-1-1 with a win over Upper Iowa on Sept. 10. They will look to add to their record Friday Sept. 16 in their first home game of the season at College Creek Field.

Brian Cohen may be contacted at thejack@humboldt.edu

If you read my online article
last week, I told you.

by Ermelo Albert Rebosura

Last week, the players I suggested to start, sit and add, validated my years of fantasy football knowledge.

I said to start Matthew Stafford over the likes of Tyrod Taylor and Philip Rivers. Stafford scored 25 points over Taylor's five and Rivers' 13.

I said to sit Coby Fleener because of his lackluster play in the preseason and his grasp -- or lack thereof -- of the playbook. He had one catch for six yards, on a day when Drew Brees threw for 423 yards.

I said to add Spencer Ware regardless if you had Jamaal Charles. I said that he was going to be a threat in the run and pass game. He rushed for 70 yards and caught the ball seven times for 129 yards. He was the highest scoring running back with 25 points going into Monday's games.

But before I proclaim myself the fantasy football guru, I'm well aware that not all my predictions will go as swimmingly as it went last week. That being said, I'm pretty damn confident that I know more about fantasy football than you.

So I'm issuing a challenge every week to prove and establish that I'm better than you in fantasy football. This week's challenge is in standard scoring, which team's running backs will have the most fantasy points. I'm choosing the Detroit Lions.

Tweet me @ErmeloAlbert with your choice and I'll share how I did in next week's column.

That being said, here are my players to start, sit and add for week two.

Jason Witten

You're probably already starting him in deeper leagues but for those who have him on your bench, start him this week. He had nine catches for 66 yards last week. Witten was targeted 14 times and was reliable for the young Dak Prescott. They play the Redskins this week and expect Josh Norman to give Dez Bryant a hard time getting open. Witten is poised for a big day.

Demariyus Thomas

This week he has a favorable matchup against the Colts. But with a young Trevor Semien at quarterback, a run-first offense and a minor hip injury, Thomas won't be the threat he's been his whole career. Last week he had four catches for 48 yards against Carolina's tough defense. But the Panthers secondary, without the aforementioned Norman, isn't as strong as last years. Which isn't a good sign for Thomas. Sit him this week.

Matthew Stafford

I talked him up last week. I'm going to talk him up again this week. Stafford is must add for the rest of the season and he's only owned in 81% of Yahoo! leagues. He's playing the Titans this week who allowed 236 passing yards to the Vikings' Shaun Hill. Stafford definitely isn't Shaun Hill. Stafford will be a top-10 quarterback this season and he needs to be owned in every league.

Ermelo Albert Rebosura may be contacted at thejack@humboldt.edu

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Lumberjack sits with freedom of speech

This past weekend, Humboldt State had its first home football game of the season. During the singing of the national anthem, a group of students were seen not standing or singing. These students sat in solidarity with Colin Kaepernick, the NFL player who made national headlines recently for kneeling during the national anthem at the San Francisco 49’s pre-season games.

When asked about his silent protest, Kaepernick explained how he couldn’t stand and pay homage to a flag that claims liberty and justice for all when this is not happening for everyone in the country. Kaepernick spoke specifically about the continuous murders of black people by police and the police officers never being prosecuted.

Through an online article written by the Lost Coast Outpost, along with social media sites such as Twitter, Kaepernick became aware of HSU students and their solidarity with him concerning the national anthem.

Political activist Shaun King and Zellie Imani shared the story to their social media platforms, highlighting the HSU students.

Kaepernick even went as far as retweeting the article which was shared with his 940,000 twitter followers.

Controversy erupted following Kaepernick’s protest with various views on why his actions were disrespectful to America, specifically those who have fought, died and received injuries to protect the very ideals that America claims to hold so dearly -- freedom, liberty and justice for all.

The backlash Kaepernick has received is less about veterans and more about people of color being attacked for voicing their experiences and views on racism in America; and this deep level of opposition they receive when doing so.

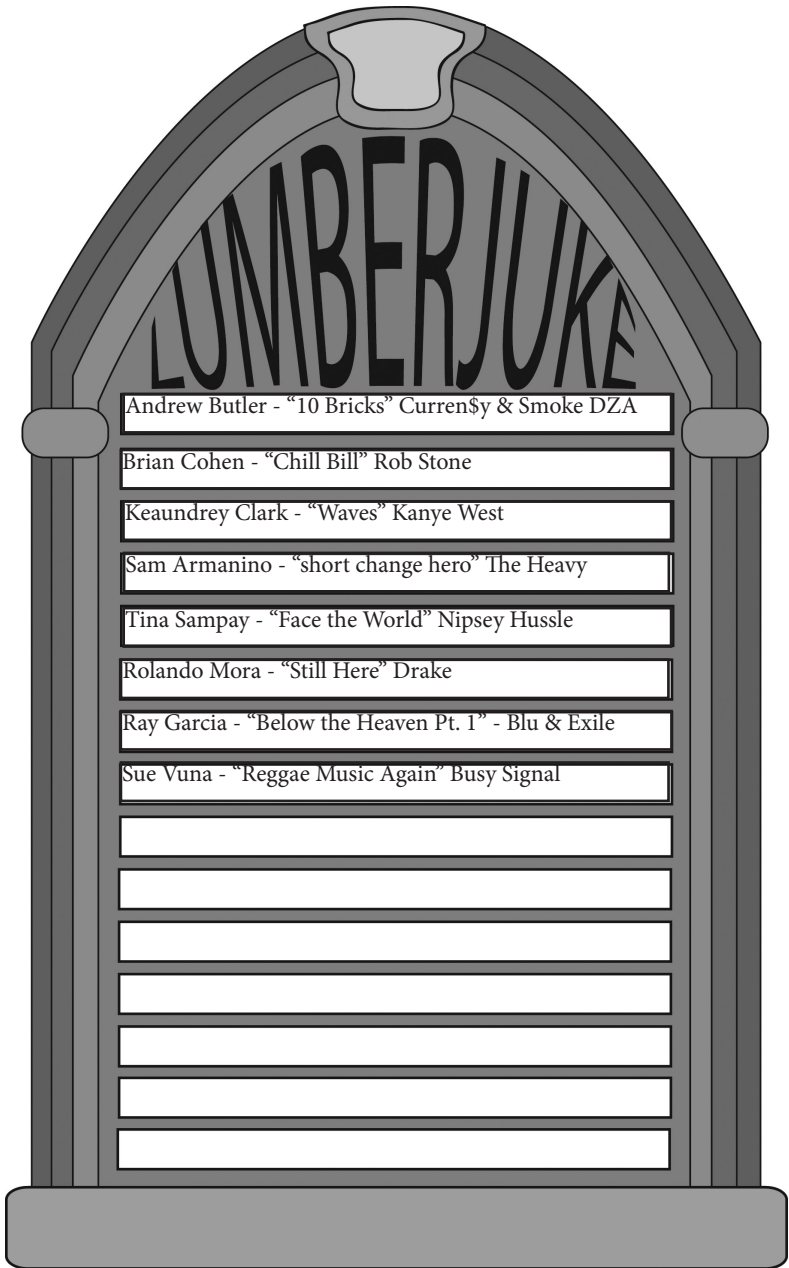
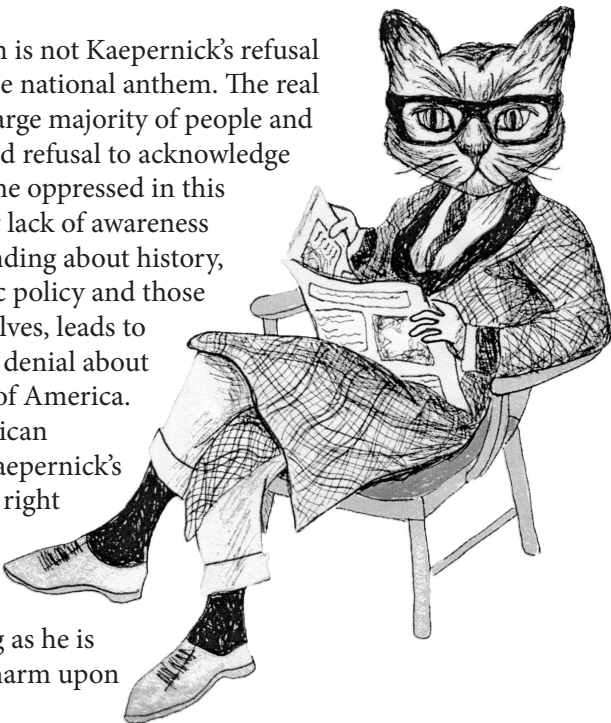
The problem is not Kaepernick’s refusal to stand for the national anthem. The real problem is a large majority of people and their continued refusal to acknowledge the plight of the oppressed in this country. Their lack of awareness and understanding about history, politics, public policy and those unlike themselves, leads to their constant denial about the true state of America.

As an American citizen, it is Kaepernick’s constitutional right to voice his opinions and act on his beliefs, as long as he is not bringing harm upon anyone.

Kaepernick said that his sole purpose was to bring awareness to the issues black people face in this country, especially being murdered by police. Within his position as a NFL player, he faces major risks by speaking on these issues if they are not considered done in the “politically correct” way.

The scrutiny faced is why major athletes and entertainers usually shy away from these topics. They risk losing endorsements and sponsorships, which affects income or worse: being cut or black-balled from the industry for their beliefs.

When asked if he believes he will be cut for his actions, Kaepernick responded, “I don’t know. But if I do, I know I did what is right and I can live with myself at the end of the day.”



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Planet over profit

Protesting against the dakota access pipeline

by Kayla Lindeman

The 3.7 billion dollar Dakota Access Pipeline has sparked large protests due to issues of climate change, usage of fossil fuels, hazardous oil spills, and the protection of ancient, sacred land belonging to Native American tribes.

The permit for the Dakota Access Pipeline passed in July and would run 1,168 miles through Iowa, Illinois, North Dakota and South Dakota. It was schemingly passed through Nationwide Permit 12, which gave the Army Corps of Engineers a fast track to the approval process with little to no environmental examination and public input. Because of this, the construction site has seen thousands of rightfully stubborn protesters camping alongside it in refusal of this disastrous occurrence.

History has shown us that it is a matter of time until pipelines leak and this is not under the posed question of “if” as businessmen like to believe. This April, the Keystone line leaked 16,800 gallons of oil. In May, Shell’s pipeline leaked nearly 100,000 gallons of oil into the Gulf of Mexico. In June, the Ventura line spilled 210,000 gallons. Toppling this recent evidence, the U.S. Department of Transportation claims there are 92,993 miles of high risk pipelines in the United States. These oil leaks always happen and they aren’t getting any better.

The Army Corps of Engineers approved and granted the permit for the Dakota Access Pipeline and ill-advisedly claimed that these lines provide safe means to transport oil. However, this is contradictory to the pipe’s violations of The Clean Water Act, The National Environmental Policy Act and the already contaminated waterways littered throughout the U.S.

So what is the driving force between supporters and protesters?
How do some simply turn their heads to these threats, while others not?
The gap relies heavily on motives. Our institutions are at a constant tug-of-war

between economic superiority and humanitarian based morale. This can be seen in our current presidential election with extremism shown in the red, blue and green parties.

Laboriously conservative businessmen and policymakers make an excessive amount of profit from these pipelines, and therefore refuse to rationalize with the facts above because it works against the rising of their income.

Although the repercussions of the Dakota Access Pipeline directly affect the purity of our environment, it isn’t going to hit the backyard of big business per se, like it would to the Native American Standing Rock Tribe and can thus be brushed off leisurely and without empathy.

This motivational gap between profiteering and the repairing of our neighborhoods is the tangled heart surrounding modern day politics.

The production of fossil fuels seen in the Dakota Access Pipeline are destructive and fatal to our water, Standing Rock sacred burial sites and the existence of future generations. Not only would this oil-import destroy ancestral lands and continue the aloof oppression of Native American tribes, but it presents serious dangers to the livelihood of our planet.

The Dakota Access Pipeline that will run underneath the Missouri river will break over a matter of time, contaminating the river and preventing it from further use. We rely on such sources for water and survival (which is the thematic message of environmentalists during this movement, running the phrase “Water Is Life”) and Earth’s natural resources are not unlimited. We must advocate for the saving of our species and support these protestors who are not only being activists for the conservation of their land but for the rescuing of ours, too.

Kayla Lindeman may be
contacted at thejack@humboldt.edu

The word on words

The effect and power of slang

by Domanique Crawford

He spots the insurgent on the map and circles back. Nothing moves and no one seems to breathe as he lines-up his shot. Revenge! Kill! Win!

“Quick, somebody call SVU, that fool just got raped!” My brother screams as he and his friend battle it out on Call of Duty. Laughter fills the room.

According to Urbandictionary.com, the slang term for rape means to utterly defeat another person in any form of competitive activities.

The thing about words are that the definitions are constantly evolving, and sometimes not for the best.

Once at a party as my friends and I cross the dance floor, a masculine voice yells out, “Yo bitch! Come here, let me holla at you for a minute.”

Red flashes in my eyes with instant anger. My friends and I turn to look at the man, astonished to see the woman he was yelling at walk over with an inviting smile on her face.

Then proceed to flirt with a man who called her a bitch upon first greeting.

The Oxford English Dictionary traces the etymology of the word bitch to around 1000 A.D., meaning “female dog.” According to Dictionary.com around the year 1400, the word morphed into a term generally disparaging women as malicious or unpleasant.

Laughter and the pitter-patter of feet pounding on

pavement drifted down the street as I crossed the park entrance.

A group of boys were playing a friendly game of basketball. As I passed by the court one of the boys looking all of nine-years old, lunged to steal the ball away from his opponent while screaming, “Aye little nigga, give me that ball!”

Pop culture has adapted the N- word as a slang term for endearment. Every year numerous songs are released coining the N-word as a term for your best friend. YG’s popular song, “My Nigga,” describes the bond of friendship the word brings.

“You know I’m down with the niggas down for me. I got two words for you, love and loyalty.”

Each generation coins their own definition of terms. Twisting terms to fit popular slang by re-defining racial slurs, curse words, and criminal acts, while lightening meanings to affect positive change is a tricky business.

“I don’t like that those words are being utilized because people become conditioned to think that it is okay,” Vanessa Cota, HSU political science major said.

The inner group [the ones being insulted] try to own the word and make it their own. As Feminists’ did with the term bitch and Black Americans with the n-word.

“You’re still making these things social norms through jokes. When you do jokes you think it is okay,

but it’s not,” Cota said.

We have to ask ourselves are we fostering positive change by normalizing these words, or are we cementing degradation by making light of words that carry a negative connotation and a dark history?

“I think it depends on which group uses it and how they use it,” said Valerie Tepetlanco, who is a HSU international studies major.

These messages being broadcasted by the outer group [the group not subject to insult] become popularized and we tend to forget the underlying message the inner group is trying to enforce.

“The inside group [using slang] are attempting to make it positive attempting to own the word. Outside of the inner group, you want to use it because it is a fad,” Candace Young, Black Student Union president said.

Subconsciously, we are reinforcing these mixed messages by not fully understanding the difference between the insult and the reclamation of the word.

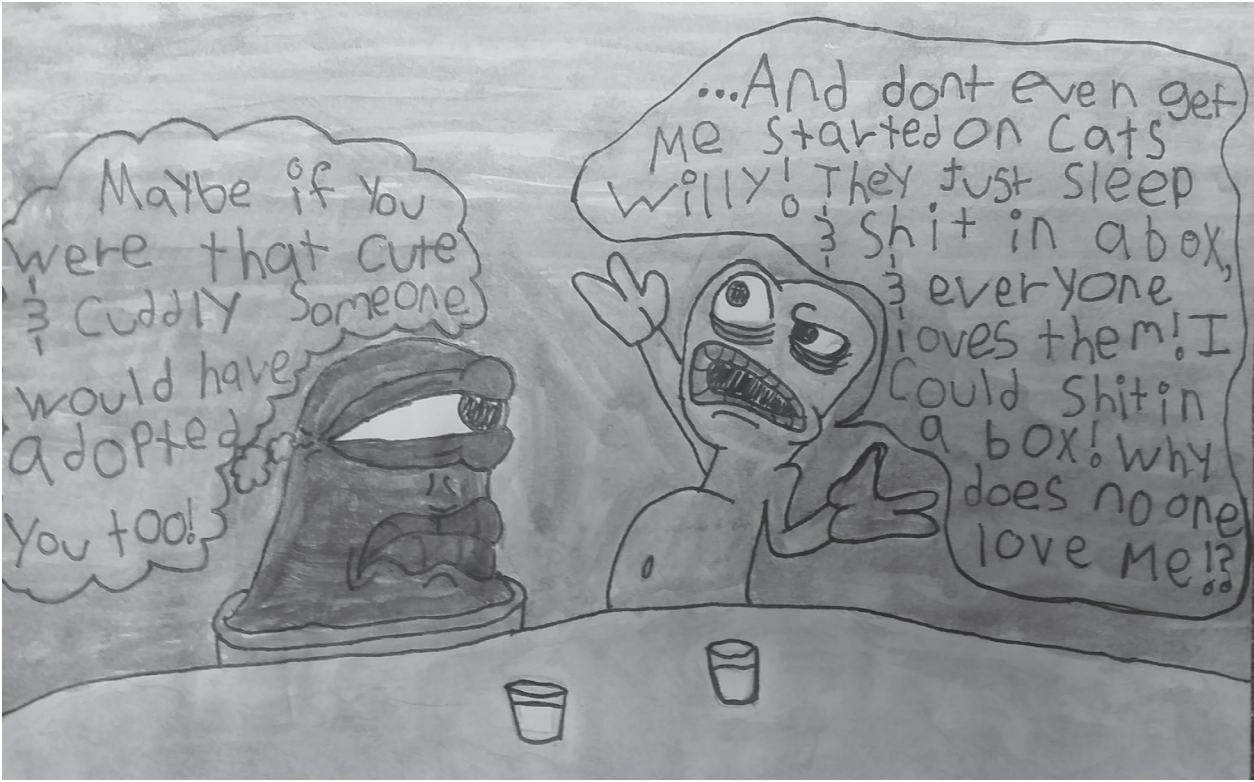
It might seem like a simple thing- owning words, but when the outer group doesn’t understand both the etymology and the evolution of these terms so casually dispersed as slang, the negative messages subconsciously reinforced are damning to our cultural understanding of how we relate as people.

Domanique Crawford may be
contacted at thejack@humboldt.edu

Read more on thelumberjack.org

puzzles
page

Cartoon created by Cody Machado!



TRIVIA

- How much force can the guardian cap take on impact?
20-33%
- Who won the Morongo Scholarships?
Gabriella Jarnaghan and Ty'ithreeha Allen
- What was protested at the first home football game?
Jacks with Kaepernick in race issues
- How much has the Dakota Access Pipeline been as
sessed to be worth?
3.7 billion dollars

JOKES

- HOW DO YOU KILL A
VEGETARIAN
VAMPIRE?

-With a steak to the
heart
- WHY DOES SNOOP
DOGG CARRY AN
UMBRELLA?

-Fo' drizzle

Weekly Sudoku

Difficulty: hard

	1			5	2			8
		7	1			2		
				9		3		
			7					6
7	6						3	9
8					6			
		9		3				
		4			8	1		
6			5	7				8

RIDDLE

- WHAT LOSES ITS
HEAD IN THE
MORNING?

-A pillow

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Please contact the Prairie Creek Redwoods State Park Volunteer Coordinator at: Leslie.Reyes@parks.ca.gov (707)465-7352

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CALENDAR

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-The Invisible Boy (1957)
Arcata Theatre Lounge @ 6 p.m.
\$5

-CFM, Dosidcus
Richard’s Goat Tavern and Tea Room
9 p.m.-12 a.m., \$5, 21+

September 15

-Tastin’ Trinidad
Saunders Park @ 5:30 p.m.

-Del the Funky Homosapien
Humboldt Brews @ 10 p.m.
\$25, 21+

September 16

-Rocker-T, Berel Alexander, Irie Rockers
The Jam @ 9 p.m.
\$10, 21+

-McKinleyville Arts Night
McKinleyville Business District
6p.m.-8 p.m.

September 17

-The 43rd Annual North Country Fair
Arcata Plaza
10 a.m.-6 p.m.

-Cheech and Chong
Blue Lake Casino and Hotel @ 8 p.m.

September 18

-The 43rd Annual North Country Fair
Arcata Plaza
10 a.m.-6 p.m.

-Hexengeist, Imperial Destructo, Bonewalker at the Lil Red
Lil Red Lion @ 7 p.m.
\$5, 21+

September 19

-Aber Miller and Drew Mohr
Sushi Spot McKinleyville @ 5 p.m.

-Friendship Circle Dance
Humboldt Hill Grange @ 7 p.m.
\$4

September 20

-Iron and Wine
Van Duzer Theatre @ 8 p.m.
\$49

Compiled by Vanessa Rodriguez



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